



# The Selkirk Record

VOLUME 12 EDITION 6

THURSDAY, FEBRUARY 11, 2021

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RECORD PHOTO BY MICHELLE BALHARRY

Selkirk sweetheart Adora Ward shows off The Love Basket prize pack sponsored by Big Dollar. Look inside to find the hidden cupids for your chance to win. For more details see page 20.

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# Mayor creates video to promote literacy at Daerwood

## I Love to Read month virtual for 2021

By Katelyn Boulanger

When February rolled around this year, Selkirk mayor Larry Johannson didn't want to miss encouraging the next generation of students to do some reading. So, he teamed up with teachers at Daerwood School to keep his yearly tradition of reading to students alive in a safe socially distant way by creating a video where he read a Robert Munsch book.

"Normally, I would be going to four or five schools to read to the students in person. This year, Daerwood reached out to see if we could do something virtually, we [made the video of me reading] at City Hall and they will show it to all the students. This is just a small example as to how we can still keep the practice of reading in February going, but do it in a safe way for all," said Johannson.

In past years when he went to the schools, Johannson would be able to sit down with students chatting at first, then reading a story to them, then allowing them to ask him questions.

"I'm always amazed at some of the questions I would get and really impressed with the questions from the students. From grade one, right up to grade six, the questions are always really, really thoughtful. I hope I've given them some insight as to a little bit of what we do at City Hall and that they're a little bit more informed," said Johannson.

This year because the video had to be pre-recorded there wasn't the same opportunity for chatting and questions, however, according to Penille Frost, the librarian at Daerwood School the video did come with some benefits too.

"The nice part about the virtual readers is I can use it as many times as I want, instead of having to book

appointments, and someone coming in to read," said Frost.

She finds that it benefits her students to see members of the community like Johannson come in and promote reading because of him being a positive role model for students.

"A lot of kids may know who he is. So it's nice to see that he's coming in and promoting reading and reiterated the importance of reading," said Frost.

Kristine Friesen, Daerwood's principal added, "I think that the other thing is it sharpens their listening skills because they know that this is actually somebody that you may have seen in the community that they know, you know, they're actually attentive and engaged a lot more when somebody is reading or somebody that they know."

Friesen says that the reason that literacy is emphasized so much in education is that it has so many benefits. There are the commonly known ones like its ability to improve writing, comprehension, communication and connecting skills as well as giving students the ability to learn on their own, however, it has also been shown to help with things like empathy, stress reduction, and a student's ability to focus.

In addition to Johannson, the school will also have members of the Fire Department, the Selkirk Steelers, and even older students making videos of themselves reading to inspire others to pick up a book.

Johannson hopes that by making the video and reading, the students who watch it make time in their lives for more books, and, as a grandfather of six, he encourages all grandparents to also take the time to make reading fun for the little ones in their lives even if it has to be done by video call right now.

"I think it's really, really important.



RECORD PHOTO SUBMITTED

Mayor Larry Johannson made a video for students where he read a Robert Munsch story for I Love to Read Month.

It's good bonding time. It's a good quiet time and it shows the children the importance of getting away from the computer for a while getting away

from the [video] games, and settling down and actually reading," said Johannson.

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# BIG DOLLAR



# Business owners “cautiously optimistic” on opening

## Provincial restrictions likely to be lifted by Feb. 13

By Nicole Buffie

With the Feb. 4 announcement by the provincial government that businesses such as restaurants, gyms and tattoo parlours forced to close during code red restrictions may be able to open as soon as Feb. 13, many of those businesses are eagerly preparing to open their doors to customers.

However, some establishments are more excited than others to welcome back guests.

“I’m cautiously optimistic,” said Doug Poirier, owner of Riverboat

Family Restaurant and Selkirk city councillor.

Poirier, the 33-year owner of the staple establishment in Selkirk, said while he looks forward to the possibility of serving his signature dishes to patrons once-again, he worries opening up the economy too quickly will cause a third lockdown.

“I understand the worry about the economy,” he said. “But at the same time, you can’t have an economy without a healthy workforce.”

Chief Provincial Public Health Of-

ficer Dr. Brent Roussin stated in his announcement that if the province is to go forward with the proposed changes to the public health orders, restaurants would need to operate at a 25 per cent capacity.

“25 per cent means we can have possibly five tables open,” said Poirier.

He said during the last year of restrictions, the restaurant has had to drastically change operations including creating a website, starting a delivery service and most recently laying off 13 of his staff.

Despite seeing a 60-70 per cent loss in revenue, Poirier said he would rather wait until March and infection rates have lowered to reopen businesses. However, some owners already have the ball rolling, ready to get the green light from the province.

Tom Pachal and Matt Evans, co-owners of Iron Image Fitness, already have their date and time of reopening posted on their website.

“We’ll be sleeping here the next week getting everything ready,” Pachal joked.

For the last three months, the gym has offered free at-home workouts for clients in lieu of training sessions at the Robinson Ave. warehouse, something they brought to the table after saying they felt useless during the first lockdown last year.

“At first, we were in [the gym] for

16 hours a day, going stir crazy trying to think of what we could do,” Pachal said. “So we knew a more [we needed a more] structured way to approach it this time around [so] that we didn’t burn ourselves out in the process.”

While the duo looks forward to welcoming back their approximate 300 members, they say they wish they could be given more notice.

“They announce things can reopen, but they give us a day to prepare,” Evans said. “It’s incredibly frustrating.”

Between ensuring all health protocols are up to standard and they’re stocked up on sanitizer and masks, Evans and Pachal said it would be ideal to have at least three days’ notice.

“My phone has been blowing up since [the announcement],” Evans said.

While the gym owners say they will be ready as soon as they’re able to open, Poirier said he will take a few days to get everything in order before allowing guests back.

“I wouldn’t be here without my loyal customers, and I want to properly prepare for it,” he said.

While the province has only proposed the loosened restrictions, a formal announcement is expected on February 11 on whether the affected establishments can get back to business.



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RECORD PHOTO BY NICOLE BUFFIE



Tom Pachal and Matt Evans will be working around the clock to ensure their gym, Iron Image Fitness, will be safe for members to return to.

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## Residents come together to maintain trails

A photograph of two young women ice skating on a frozen pond. They are both wearing dark winter coats, brown knit hats, and ice skates. The woman on the left is wearing black pants and black skates, while the woman on the right is wearing brown pants and red skates. They are surrounded by a snowy landscape with bare trees in the background.

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# get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

## Province to take a cautious approach to reopening: Roussin

By Lorne Stelmach

The province was poised to further ease restrictions this week, but the chief public health officer continued to stress a cautious approach while COVID-19 case numbers continue to improve in Manitoba.

Dr. Brent Roussin acknowledged the increasing pressure to more widely reopen the economy at the Monday update, but he reminded Manitobans about our recent history when the second wave of the virus hit in the fall.

"We can't undo all of this hard work by simply opening everything up again," said Roussin. "We know there's hope on the horizon with the vaccine. We know there's hope because our numbers have been coming down as well, but we have to continue to be cautious.

"We can see that the restrictions that we have in place are quite tough. They affect Manitobans to different

degrees, but they are working," he continued. "In a lot of circumstances, people have stepped up and done a great job, but we've been here before.

"We continually hear about how safe everything is to open up and operate, but our numbers don't describe that; our numbers in October show it's not safe to open everything up all at once, and our restrictions show that they work.

"Our numbers today are again trending in the right direction. These numbers are the lowest we've seen since early in the fall ... this is all a result of the work of Manitobans."

On Monday, public health officials reported a third consecutive day of the lowest case counts since the fall.

The Interlake-Eastern total case breakdown by district as of Monday, was as follows: A total of 2,32 cases, up 89 cases from Feb. 1: 240 active cases, 2,057 recovered, 18 currently in the

hospital with one of those in ICU and 35 deaths.

Arborg/Riverton 69 recovered cases; Beausejour 136 recovered; Eriksdale/Ashern 17 active cases, 140 recovered and 7 deaths; Fisher/Peguis 26 active cases and 325 recovered, 3 deaths; Gimli 29 recovered; Northern Remote 177 active cases, 289 recovered and 4 deaths; Pinawa/LacduBonnet 53 recovered; Powerview/Pine Falls 10 active case and 142 recovered and one death; Selkirk 93 recovered and 2 deaths; Springfield 161 recovered and 11 deaths; St. Clements 90 recovered and 1 death; St. Laurent 17 recovered; Stonewall/Teulon 145 recovered and 4 deaths; Unknown District 199 recovered and 1 death; Whiteshell 25 recovered and Winnipeg Beach/St. Andrews 4 active cases and 14 recovered and 1 death.

## Manitoba rivers and lakes basin conditions update

Submitted by Manitoba government

Future snow and spring rain will determine Manitoba's 2021 spring run-off and potential for high water situations across many of the province's watersheds, Infrastructure Minister Ron Schuler announced Friday.

The Manitoba Hydrologic Forecast Centre's mid-January basin conditions assessment indicates drier than normal conditions for much of the southern and central Manitoba basins. The Red, Souris, and Assiniboine river basins continue to receive below average precipitation since August 2020. However, northern Manitoba basins, including the Churchill and Saskatchewan river basins, continue to receive average to above-average precipitation since July 2020.

"Our government continues to strengthen its' efforts to protect Manitobans in response to high water events; to achieve that, we must always be prepared," said Schuler. "We will monitor watershed condi-

tions closely despite low levels of precipitation last fall and this winter. We continue to maintain our inventory of flood-fighting equipment and we have several procurement measures in place for equipment and supplies so we are able to respond quickly and effectively in the event of high water activities."

The province maintains an inventory of flood-fighting equipment, which includes over two million sandbags, six sandbag-making machines, 18,000 super sandbags and 43 kilometres of cage barriers into which sand or other heavy material is placed. In addition, 65 kilometres of water-filled barriers, and 59 mobile pumps and heavy-duty steamers to open clogged drains are in reserve.

Through an open tendering process, the province has five standing agreements for the purchase of materials such as sand, gravel, riprap, sandbags and pumps. It also has eight standing agreements for rental of various types

of equipment to supplement existing resources such as water pumps, generators, mobile lighting plants, heavy equipment and other support machinery.

Last spring the province introduced new safe work procedures for sandbagging and water-filled barrier operations that municipalities can implement to ensure the safety of high water response workers during the COVID 19 pandemic. A high water response activity document was created, which provides a clear and concise process on sandbag production, the construction of two types of sandbag dikes, as well as the installation of water-filled barriers.

"We will continue to monitor conditions and will release the first Spring Thaw Outlook in late February," noted Schuler.

To view the province's safe sandbagging procedures, visit [www.gov.mb.ca/emo/](http://www.gov.mb.ca/emo/).



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# You don't know what you got 'til it's gone

This line from Joni Mitchell's 1970 hit, *Big Yellow Taxi*, applies to most of us right now. If nothing else, the pandemic has made us appreciate some of the simple freedoms that we have taken for granted and given us pause to consider what is really important in our lives.

2020, *annus horribilis* that it was for everyone around the globe, was even more acute for me. Not only did I lose those little freedoms, I also rather suddenly, lost my wife, best friend and soulmate, to that horrible beast: cancer.

Which brings me to half of that line "...that you don't know what you got..." and how it applies to all of us here in the Interlake Eastern Health Region.

Before Cynthia became ill, I was aware that we had a beautiful brand-new hospital here in Selkirk. Thanks to a run-in with a table saw, and visits to a few friends who were briefly hospitalized, I even had the opportunity to see the inside of it. But this snazzy new facility was just the "tip of the iceberg" so to speak.

When Cynthia was diagnosed in June, she embarked on chemotherapy treatment. She was immediately deeply impressed with the professionalism, dedication, and compassion shown by the staff of the Selkirk Cancer Care unit. It almost made the chemo bearable. I say "almost" because, after two months, the side effects were wreaking havoc on her body and mind. We knew her prognosis meant her remaining time was limited, so together we decided she would forego further treatments.

Cynthia chose to spend her final days at home and it was at this point we were introduced to the Palliative Care Program. The mission of the program is to provide comfort and help patients and their families maintain the best quality of life during their final days together. So, from the beginning of October until her passing on Dec 29, our home was a healthcare facility.

Unless you've had a family member in the program, you can't imagine what a compassionate, caring group of talented professionals make up the Palliative Care Team. In all, the program brought to bear the skills of more than eleven professionals in her care and I can't say enough about the quality of that care. Our team was led by a doctor and nurse who not only took a genuine interest in caring for Cynthia but in the mental health of our entire family. Under their guidance, I became a healthcare provider

too and part of the team. Our family doctor was also in constant contact, providing support when needed. We had weekly visits from our team leaders, frequent phone consults, and nursing care several times a day ensured Cynthia's comfort through those difficult three months.

I quickly learned the Team was responsive 24-7: I e-mailed the program manager late one Saturday night thinking the message would be received after the weekend. Not so! A thoughtful reply came the next morning and our concern was resolved first thing Monday.

I also learned that if you needed something and you reached out, your needs would be satisfied. Whether it was equipment and supplies, home care, prescriptions, or counselling, everything was made available when it was needed.

Perhaps what impressed my family and me the most was the genuine compassion of the members of the team. They took Cynthia's health, and ultimate passing, to their own hearts. A text from the team's doctor the day Cynthia passed brought me to tears: "I'll give you some space today," she said, "I'll connect with you in the next day or two. Hugs go out to the whole family." Imagine my reaction a week later, when our family doctor called, "just to see how you are managing", and chatted for about twenty minutes, assuring me that if there was anything she could do to help going forward, that I just needed to call.

The past year has caused us all to scrutinize the medical services available to us. My family's experience tested those services to the max and I believe we have some of the very best right here in our region. We are truly fortunate to have so many dedicated and talented people serving our local



## RECORD PHOTO SUBMITTED

Bob Turner would like to thank all of the health care workers who helped him and his wife Cynthia during their time of need.

healthcare needs, and we are especially blessed to have this outstanding Palliative Care Program. The word that comes to mind is "excellence".

I cannot praise these caregivers enough and I cannot thank them enough. Our family and friends are now establishing a modest endowment in support of the program, not only to honour that lovely lady no longer with us but because we don't want to wait "...til it's gone".

Life can't always be planned and it is comforting to know that if you need compas-

sionate end-of-life care, it is available here. I know this wonderful Palliative Care Program will continue to provide the same attentive care that Cynthia received, as long as the necessary resources are available.

- Bob Turner



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# The Selkirk Record



The 2021 budget is expected to be released by the end of February, although no date has been set as the province is still awaiting further information on money allocation from the federal government.

"Our government recognizes that there is still a lot of work to be done against the fight of COVID-19 and will continue to take the necessary precautions for the health and safety of all Manitobans."

- Submitted by Dan Juzkiw  
St. Andrews, MB



# Greatest Love Story of All Time

## Spreading the love for all to hear

By Staff

Valentine's Day is a time to tell the people that mean the most in your life just how special they are to you.

This year, with the community having lost the ability to connect in person as we would before the pandemic, we asked our readers to submit their love stories to bring a little extra Valentine's Day joy in what we're calling the "Greatest Love Story of All Time Contest".

### First Place

#### The Twilite Drive-In 1961

I had just got my first car, a 1950 Monarch convertible. It was a sight to behold, a whip aerial topped with a raccoon tail, cruiser skirts, shiny moon discs with spinners and a paint job that had seen better days!

This was my baby, and that night I was taking my Sweetie to the Twilite on our first date in the car.

I roll up to her place, with enough Brylcreem on my ducktail to lube an entire fleet of city buses and enough aftershave to gag the entire crowd at a Rolling Stones concert!

Top down, man... what an impression I'm gonna make tonight! Out she comes, slides over beside me, cuddles up real close and off we go.

As we near the drive-in, it's already dusk, and the show had just begun. No problem. I cruise in, making a Grand Entrance, to find the only parking remaining is in the very front row. No worries. We pull in, hang the speaker on the window and settle in to watch the flick. What could be better than this?! My first car, my honey squeezed up beside me, and two bags of buttery popcorn.

In spite of getting motion sickness from being too close to the screen, I'm enjoying myself immensely. "Wait, what's that?!" Pitter patter, pitter patter, the rain starts coming down! "Hey, I'll just put the top up." I pull the knob. Nothing. The top won't come up!!! "Noooooo!"

The rain increases to a downpour. Into the back I jump, standing on the seat, frantically trying to haul the top up by hand, working against gravity and the crappy hydraulics of the Old Bomb!

Suddenly, with horns honking, all the headlights of the cars behind me come on with the intensity of an A-bomb flash! I'm silhouetted on the screen like a drowning man flailing in the water, trying to grasp a nonexistent life preserver! The crowd is no longer watching the movie, but filled with mirth and glee, at the misfortune

of this poor dude who is trying to save his love life and stop his car from becoming a rolling hot tub!

"Look Daisy, ain't this great? Two shows for the price of one."

Finally, soaking wet, exhausted, and much to the disappointment of the other moviegoers, I get the top up! The lights die down and the horns grow silent. We settle in to watch the rest of the show, with a widening pool of Brylcreem and Old Spice aftershave lotion accumulating on the floor by my feet, reminiscent of the oil slick left by the Exxon-Valdez disaster!

All in all, I guess it wasn't so bad. She never said anything about the old Monarch and she is still beside me to this day, three kids, two houses and 55 years of marriage later.

I hope you enjoyed this story. Maybe it will give you a good laugh and remind you that every downpour is usually followed by a rainbow.

P.S. I wish I still had the car!

- Submitted by Steve & Muriel Pow  
Petersfield, MB

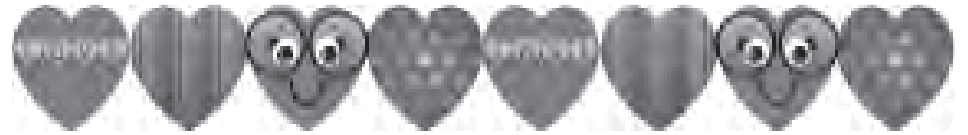
### Second Place

#### A long time coming

I met the woman who eventually would become my fiancée back in the mid 1990's, however, at that time, our lives ended up going in separate directions. After many years had passed, we reconnected through a mutual friend in May of 2015. Even though we both lived in Winnipeg, I had decided that for our first date we would take a drive to Gimli to go out for a late lunch/early supper.

After eating, we drove around Gimli and Winnipeg Beach, and I told her my plans to one day, move to the area. If she was interested in making the move with me one day (I thought), this may just work out. I asked her, and she loved the area just as much as I did.

Fast forward to December of that year. Still living in Winnipeg, we drove downtown to attend the Santa Claus parade. She told me how much she enjoyed going and I was only too happy to take her. As we stood on Portage Avenue and watched as the floats went by, I couldn't help but stare at her as she jumped up and down waving at all the people in the parade. But most of all was the smile on her face. It was as bright as the sun. I knew right then and there; it was meant to be. We finally bought a place in Winnipeg Beach and got engaged. We had a 2020 wedding planned, but with COVID restrictions, it was put on hold. We



RECORD PHOTO BY LUCY KOWALCHUK

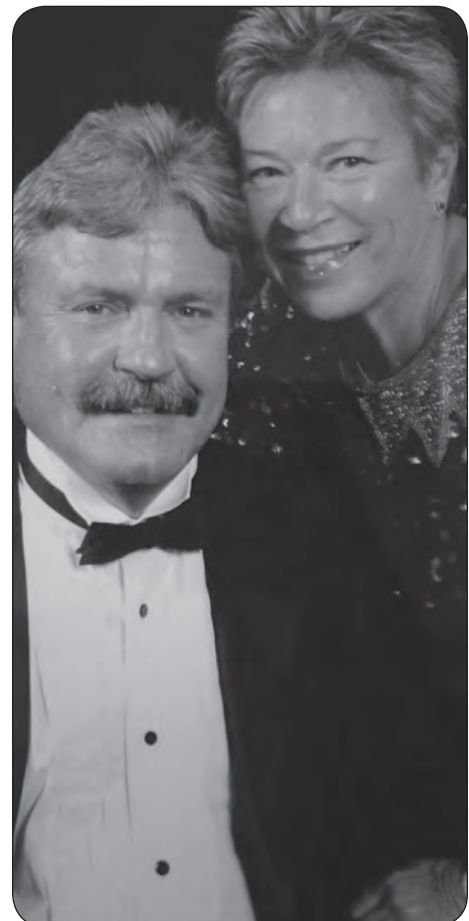
A 1950 Mercury Monarch convertible pictured at a drive in. Steve Pow could have only hoped his paint job shone like this, as his was baby blue in colour and quite worn. The paint job and the rain didn't stop Muriel's heart from falling in love with the ducktail slickster.

are holding out hope and have now planned it for spring 2021.

- Submitted by Tod Turchinski  
Winnipeg Beach, MB

### Third Place Short and sweet

I met my husband on the beach in Barbados in February 32 years ago. Later on that day we danced at a nightclub and met Mick Jagger and Keith Richards. We were married a year later and since then we have travelled to 123 countries. Now we



RECORD PHOTO SUBMITTED  
Dougall and Connie McCormick  
who met in Barbados.

have been retired for 26 years and we have been together 24/7. We are still best friends and he still makes my heart skip a beat.

- Submitted by Connie McCormick  
Gull Lake, MB

We would like to thank everyone who submitted their stories to us and wish all residents in the region and their loved ones a Happy Valentine's Day.

### Notice of Environment Act Proposal

Manitoba Conservation and Climate has received a proposal pursuant to The Environment Act regarding the following operation and invites public participation in the review process:

**10019489 MANITOBA LTD. (GRAND PALMS RV RESORT) - EXPANSION OF HOLDING TANK SYSTEM - FILE: 6085.00**

An Environment Act Proposal has been filed by Grand Palms RV Resort for the construction, expansion, and operation of an onsite wastewater management system that will serve the Grand Palms RV Resort which operates on a seasonal basis on portions of NW 16-18-7 EPM in the Rural Municipality of Alexander. Wastewater will be disposed of into a holding tank network system with truck hauling of wastewater to licensed or permitted wastewater treatment facilities. The campground has 171 existing sites and the proposed campground will include 324 new campsites.

Anyone likely to be affected by the above operation and who wishes to comment on the proposal should contact Asit Dey, Environmental Engineer, in writing or by email at [Asit.Dey@gov.mb.ca](mailto:Asit.Dey@gov.mb.ca), not later than MARCH 4, 2021. Further information is available from the Online Public Registry: [www.gov.mb.ca/sd/eal/registries](http://www.gov.mb.ca/sd/eal/registries)

Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry established in accordance with Section 17 of The Environment Act.

**Environmental Approvals Branch**  
Manitoba Conservation and Climate  
1007 Century Street  
Winnipeg MB R3H 0W4  
Toll Free: 1-800-282-8069  
Fax: 204-945-5229

Website: [www.gov.mb.ca/sd/eal/registries](http://www.gov.mb.ca/sd/eal/registries)





# Students say I Love You

William S. Patterson School grade 4 students show their appreciation for the special people in their lives

Submitted by William S. Patterson  
School's Grade 4 class

Dear Edwin,  
Greetings, how are you and the fam? For the record I miss you and your cooking, I miss your toys gifts and house, I also miss the pets and your happy smiles, your food is great and company too! I miss the tractors and deer, moose, elk, and wolf heads too.

I miss you a lot and I want to see you soon, but I can say how much I appreciate you, you're like one of the best cousins I've got, I hope to see you soon, I hope this letter makes you feel good and happy, I love you.

Love Philip Hallson

Dear Ella,  
Hi! How are you? I know right now is a hard hard hard time. I really miss you

You're my best friend because you make me confident and you don't let me down. If I am sad then you try not to bring it up and you try to change the subject, which I love. Ella, you make my life a lot better than you think you do. I know that you know me, and when I am at your house you don't let me down at a sleepover with your pancakes. Another thing I couldn't live without is when some-

body is mean to me you protect me, and I really appreciate you doing that for me a lot! Ell, I'm just saying this letter might go on forever because nothing about you should change because you are perfect just the way you are! Something else I love about you is you make the funniest noises ever (cute). I will die if you didn't have the sense of humour that you do, because you are hilarious and I love your sense of humour!!

I really appreciate you Ell and I hope this letter makes you happy and reminds you how much you mean to me when you read it, and I hope you have a wonderful day!!

Love, Olivia Sousa

Dear loving mom,  
Hello! How are you? I'm good but... I'm really missing you like LOT.

You really make me feel loved!! You take care of me a lot. You are there when I need you that's why I really love you. You make me feel important because you allowed me to get a cat when I wanted to. When I'm scared you make me happy, it's like you care about more than I thought and I appreciate having you in my childhood.

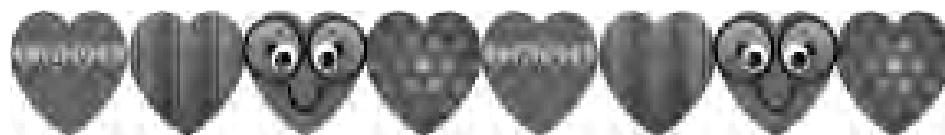
I don't get tell you how much you mean to me.

I really love and appreciate you Mom, I hope this letter reminds you how important you are to me.

Happy Valentine's Day!  
Sincerely, Summer

Dear Lucas,  
Hi, How are you? I am good. I miss when I can't play Fortnite with you because we are in school. I like your red hair because you're the only one with it in the class. I miss when we can play tag. I like when we win in Fortnite. I miss going to your house and I like when you make me laugh.

I appreciate how



much you play Fortnite with me. Every minute I smile, and I enjoy it when we play together. I hope we can play tonight.

From, Logan Fielbelkorn

Dear Michael,

Hello, how are you doing? I am doing fine. What have you been doing? Did you know you make me feel excited and happy? I would miss playing tag together if we weren't in the same class. I really love and appreciate you and I hope you appreciate this letter.

Happy Valentine's day.

From Bentley Gorda

Dear mom,

Hi, how was your day? I am fine. I love you so much. Something I miss doing with you is going you the mall and your big closet of clothes always reminds me of you. Something I love about you is your long hair. You make me feel happy and calm. Your Christmas spirit is one thing I love about you. I love that you help me set up my loft bed. You buy me clothes and gluten-free food. I always enjoy when you do family challenges. One thing I forgot to tell you is that I love following in your footsteps, that is why I love you.

You are loved a lot for everything you do. You mean so much to me. Hope you enjoy this letter and I appreciate you so so much, xoxo love you.

Happy Valentine's Day

love, Ella Bilan

Dear mommy and daddy,

I want to know how you are doing. I'm doing good. I think about you guys every day at school. I appreciate everything you do. Like the food and water you give me and the COMFY bed you guys got me. The hugs and kisses you give me every night. How you bring me to the cabin. I play fighting and baking with you. I especially love love love LOVE the love you guys give me.

I hope this letter brings you joy and I really do appreciate you guys because of all the stuff you do for me!!!!

Love, Chloe Brown

Dear my loving Dad,

Hi Dad! How are you? I'm just here to say I really appreciate you being a firefighter. You are really good at fixing stuff and when you built stuff for us like the rink and the snow hill. I also remember when you showed me how to drive the quad. The best thing I LOVE doing with you is feeding cows. I LOVE getting the gate for you and lowering the bale in the hay buster for you.

I hope this letter lets you know how much I love you and how much I can't live without you.

Love, Juliana Peterson

Dear Olivia,

Hello! How is your day going? I want you to know if we did not see each other on school days I would definitely miss the talks that we have on the phone. I miss your grandma's Malassadas. I especially would miss your great hairstyles. I would miss having dance parties or playing mini sticks with you. I also would miss your awesome humour and hilarious laugh. Most of all I would miss watching you do gymnastics. If I ever have children, I want them to be just like you.

I really appreciate you. I want you to know how important you are to me. You mean the world to me.

Happy Valentine's Day!

Xoxo

Brjnn Palsson

Dear uncle,

Hello! How are you and the babies? I miss you. I hope we can go sledding soon. You make me feel confident and smart. I miss when we go swimming after the cabin in the summer. Can we meet up for a walk someday in the park? I miss going for lunch. Can we go for lunch when you come over once Covid-19 is done please? I hope this letter reminds you of the stuff that we did at the cabin and at home. Hope to see you soon. Hope you can write back.

Love, Lucas Dovzuk

Dear Uncle Shawn,

How are you doing? I am doing good, but I really miss you. I miss going fishing, I wish you could come ice fishing with me. I wish I could come back to your place, play outside and with Castleton, and shoot the bow.

I hope this letter reminds you how much I appreciate you as my uncle.

Sincerely

Michael Czarnecki

Dear Mom,

Hello! How are you? I'm good. If we weren't together, I would miss your hugs and kisses and making food and crafts. I like going to the hotel. You make me feel happy, loving, kind, good, brave, and I can't live without the food and water you give me... I would miss your sense of humour too.

I hope you appreciate this letter and I hope this letter brings lots of joy to you.

HAPPY VALENTINE'S DAY.

From Chloe Boyer



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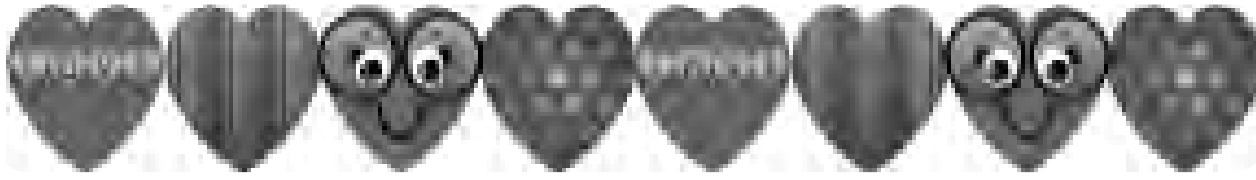
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# Celebrating the people who are important

Robert Smith School students say I love you to those they care for most

Dear Selkirk Record,

I love my family because they cook for me and my brother. I love my mom because she cooks good stuff to eat. I love my dad because he plays hockey on the PS4 with me. I like to help my grandma. I like to play with my brother. Happy Valentine's Day!

From,  
Mikey

Dear Selkirk Record,

I love my dad because he plays video games with me. I love my mom because she makes me happy. I love my little brother Max because we do fun things together. My family is nice. Happy Valentine's Day!

From,  
Paul

Dear Selkirk Record,

I love my cousin and my Auntie because they make me happy. I play video games with my cousin. My Auntie cooks for me. I love my mom because she takes care of me. I like doing puzzles with my mom. I like to watch TV with my brother. Happy Valentine's Day!

From,  
Jerrick

Dear Selkirk Record,

I love my mom because she cooks me food. She loves me. I love my dad. I like to play with my sister and brother. We play tag and hide and seek. I love to play my ps4. I like to play patty cake with my baby sister. My family is happy. Happy Valentine's Day!

From,  
Lexi-Dawn

Dear Selkirk Record,

I love my mom and dad because they make me happy. I love my sister because she is generous. I love my dog because he keeps me safe. I enjoy playing Roblox with my sister. I also enjoy playing video games with my other sister. My family is kind. Happy Valentine's Day!

From,  
Jerilyn

Dear Selkirk Record,

I love my mom because she let me have a new tv and I played a fun game. She kisses me before bed. I love my brother Alex because we play Roblox. It is so fun! I love my dad because he keeps me safe. I love my sister because she plays games with me. Happy Valentine's Day!

From,  
Diontae

Dear Selkirk Record,

I love my mom because she is the best. She is fun. She makes me feel happy. I like to play Monopoly with her. I love my sister because she lets me do Tru Tok with her. I love my brother. I like to play outside with him. Happy Valentine's Day!

From,  
Bee-Jay

Dear Selkirk Record,

I love my mom because she always cuddles me and plays with me. I love my sister. We always like to play together and colour. I love my Kookum because she is fun and makes yummy dinners. I love my dad because he makes me smile. I love my papa because he always makes funny jokes. My dog is cute and fun. My family is nice and sweet. Happy Valentine's Day!

From,  
Charity

Dear Selkirk Record,

I love my mom because she makes me happy. She tucks me in. She kisses me to bed. My mom makes me smile. She makes dinner. My mom makes me safe. I love my mom because she hugs me. I love my sister because she makes me happy. I love school because it is fun to me. Math is fun. Happy Valentine's Day!

From,  
Sara

Dear Selkirk Record,

I love my sisters because they love me. My sister carries my sled. She is the youngest. I love my dad because he takes us on trips to Matheson Island. Daisy is my dog, and she is from Matheson Island. She is six months old. I love Daisy because she is so playful. She is half border collie and half tab. Happy Valentine's Day!

From,  
Journey



# Immunization plan put to the test with residents

By Nicole Buffie

As Manitoba prepares to ramp up vaccine campaigns to get the ball rolling on the province's ambitious goal of vaccinating all residents by the end of 2021, a town hall gave those with questions and skepticism a chance to be heard.

Over 22,000 callers tuned in to the Feb. 2 telephone forum to pose questions about the proposed immunization plan to the province's top doctors and health minister.

As of Feb. 3, all eligible residents of licensed Personal Care Homes in the province have received their first doses of the vaccine. The province says they plan to deliver second doses to all PCH's by the end of February.

The same day, the province announced they hope to administer 20,000 doses of COVID-19 vaccines every day between April and June, amounting to 1.5 million shots if the number of doses becomes available amid supply chain disruptions of the Pfizer and Moderna COVID-19 vaccines. Two supersites to help achieve those numbers are slated to open as early as Mar. 1, one in the Interlake-Eastern health region, the other in

Southern Health-Santé Sud. The exact location or capacity of the sites is yet to be announced.

The previous evening during the telephone town hall, residents focused many questions on the proposed age-based vaccination plan. Vaccinations, once available to the general public, will be administered on the basis of age, starting at 95+ then working downwards.

Dr. Joss Reimer, medical lead of Manitoba's COVID-19 vaccine implementation task force, provided a rationale for the age-based approach.

"We looked at modelling from around the world, but also from within Canada and it was very clear that in order to capture the people who are at highest risk of severe outcomes, the age-based approach was by far the most effective mechanism to do that," she said. "I recognize that this is not going to include everybody who's at the highest risk, but it was the best way that we could get the highest proportion of all of those high-risk people in Manitoba."

While those living in personal care homes and congregate facilities such as shelters and prisons will be priori-

tized in the vaccine rollout, the question of how those of older age and at high risk not living in those settings will get access to their shots.

The province announced on Feb. 2 they will partner with organizations representing physicians and pharmacists to recruit those eligible to inoculate residents to do so when newly approved vaccines that do not require special storage or transportation become available in Manitoba, meaning residents will not have to travel to a supersite to receive their shot.

Another question raised during the virtual meeting surrounded the government's plan for re-opening the province now that a plan for vaccination has been established.

Chief Provincial Public Health Officer Dr. Brent Roussin said while he knows Manitobans are looking

towards post-pandemic life, it's too early to know where the province is headed.

"We see this vaccine as hope that we're going to be able to vaccinate a significant proportion of our population, that we're going to start seeing that effect at the population level of decreased transmission of the virus, and that we'll be able to start that cautious return to our lives pre-COVID," Roussin said.

However, while Roussin said the province is being cautious in their plans to return to normal, the vaccine plan is a testament to the work that has been done on a global scale to fight the novel coronavirus.

"To have an effective vaccine like that in less than a calendar year, I think it is that glimmer of hope that we all need."

## Shoppers shares love



RECORD PHOTO BY BRETT MITCHELL


Proceeds from the Shoppers Drug Mart Growing Women's Health program and the November Cosmetics Beauty Mingle, a virtual event, were shared with Nova House this year. The COVID-19 pandemic has propelled an increase in awareness for domestic violence against women and this was the first time that the Growing Women's Health program focused on one issue nationally.

CELEBRATING


# Louis Riel

DAY

F E B R U A R Y 1 5



**Alan Lagimodiere**  
MLA for Selkirk  
alanlagselkirkmla@mymts.net



**Jeff Wharton**  
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- Helen M





# Lawyer brings talents back to hometown

## Opening firm during pandemic proved successful

By Nicole Buffie

When Andrew Hnatiuk decided to come back to his hometown to continue his legal career and open his own business, he didn't anticipate it would be in the middle of a global pandemic.

"When COVID first hit, the market really, really changed quite a bit," the sophomore lawyer said. "So, because of that, we weren't sure how fast things would pick up when we opened a new office."

Despite some minor hiccups and the usual pains of opening a storefront, he welcomed clients to Hnatiuk Law in July, and it's been business as usual since.

Law firms have been one of the few types of businesses allowed to keep their doors open amid restrictions and lockdowns enforced by the province during the last 11 months. For Hnatiuk, it's worked out in his favour.

According to a report from the Manitoba Real Estate Association, July 2020 set a record for sales in Manitoba with 2,060 residential properties taken off the market. The year accounted for over \$5 billion in real estate sales.

"We really seemed to hit the ground at just the right time when real estate started to pick up again," Hnatiuk said. "The other thing that really triggered things was we also saw mortgage rates continue to drop lower and lower, so there were some people who maybe would have held off longer, but seeing the mortgage rates where they were, they could afford a new house, so they jumped on it."

Specializing in real estate, estate planning, land transfers, among other areas, Hnatiuk's expertise fit the bill as exactly what the community needed at this time.

A Selkirk-area native, he said it was

important for him to bring his family back to the town where he grew up and met his wife.

"It really was about moving back to be closer to family and having that support in place," he said.

After 13 years between living in Southern Manitoba and Winnipeg, Hnatiuk said coming back to Selkirk and reconnecting with old friends and schoolmates has helped him stay in touch with the community.

"All along, even in Southern Manitoba, we sort of treated our office like a community-based law office; you were always dealing with the same people that you'd see at the grocery store or the parents of your kid's classmates," he said. "We were sort of building those friendships along the way as we practiced."

In an effort to continue to build those relationships, Hnatiuk hosted real estate seminars and workshops for the communities he practiced in. Now back in Selkirk, he wishes to do the same by partnering up to host estate planning seminars.

With restrictions due to COVID-19



RECORD PHOTO BY BRETT MITCHELL

Andrew Hnatiuk brought his law profession back to Selkirk after stints in Winnipeg and Southern Manitoba.

halting those plans at the moment, Hnatiuk said his free time is filled with keeping his children occupied, spending time with family...but not golfing.

That's right, he says there is no known relation to the professional golfer hailing the same name and hometown.

"The worst is when people ask for

golf tips, I'm not a very good golfer," he joked.

## PICTURE 2020, WHAT DO YOU SEE?

Manitoba teachers saw students. In class and online.  
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# Library kicks it up a notch this month

I Love to Read month sees many new activities for residents to enjoy

By Katelyn Boulanger

The Gaynor Family Regional Library wants to give residents a few new ways to celebrate I Love to Read month this year with a bunch of new options for the whole family to participate in.

To get more people in our community reading this month, the library had to tackle the added challenge of COVID-19 restrictions keeping the building's physical space closed to the public. One way that they have done that is by offering residents a blind date with a book.

"We buy hundreds of new books in a month and we're seeing that they're sort of sitting on the shelf a little bit longer. People that are going online to do curbside are going with the authors that they like and have read in the past," said Katherine Anderson, Information Technology/Public Services Coordinator for the Gaynor Family Regional Library.

To avoid having these titles sit on the shelves the blind date with a book op-

tion allows library staff to pair readers with books that are in the same genre as other books that they've enjoyed in the past. The idea is that it might spark a love of another author that was not on your list to read originally.

Additionally, sometimes we do judge a book by its cover so they are making sure that the covers of the library's new books are on full display in the library's newsletter to see if one sparks your interest, and, should you already have a book ready to be taken out, it may come with an insert talking about another similar book so that readers can branch out to find new material.

Because of how much of a hit it was last holiday season the library has decided to bring back their secret story. This month there are four secret stories to choose from that have been favourites when they've visited schools in the past. The only way to access the secret story is after hours when residents are invited to give them a



RECORD PHOTO BY KATELYN BOULANGER

Gaynor Family Regional Library has fun new activities for I Love to Read month.

ring and see what happens. (Hint: Try pressing 5,6,7 or 8.)

The secret story isn't the only puzzle to solve at the library this month. They've also put together Once Upon a Time....Mystery. An online Escape room mystery that has you save the day from bad people that want to ruin I Love to Read month.

"I would say [Once Upon a Time....Mystery] would be for all ages. You know, obviously, adults can read along but you could also have a parent and child scenario where the parent can read [and ask] what do you think we

should do next, which we should we go? You know it can be done as, as sort of a family," said Anderson.

Find the Once Upon a Time....Mystery at <https://forms.gle/XJgAk7S-GrqZGGLhg8>.

The library also still has all of its wonderful regular offerings available including the ability to hold a book for curbside pick up at [gfrl.org](http://gfrl.org) and for any other questions, reserving books or to discover library secrets give them a call at 204-482-3522.



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# CELEBRATING MANITOBA FAMILIES

While spending time with loved ones, let us remember that February 15 marks a special day to embrace the legacy of Manitoba's first Premier, Louis Riel. The work of Louis Riel is remembered and continued through generations with special thanks to indigenous youth for their advocacy to recognize this holiday. The value of family and community connection is a vital part of Métis culture but is also essential to the quality of life for all Manitobans. Your Métis government wishes you and your loved ones health and happiness, as we celebrate Manitoba families.

## LOUIS RIEL DAY FEBRUARY 15, 2021









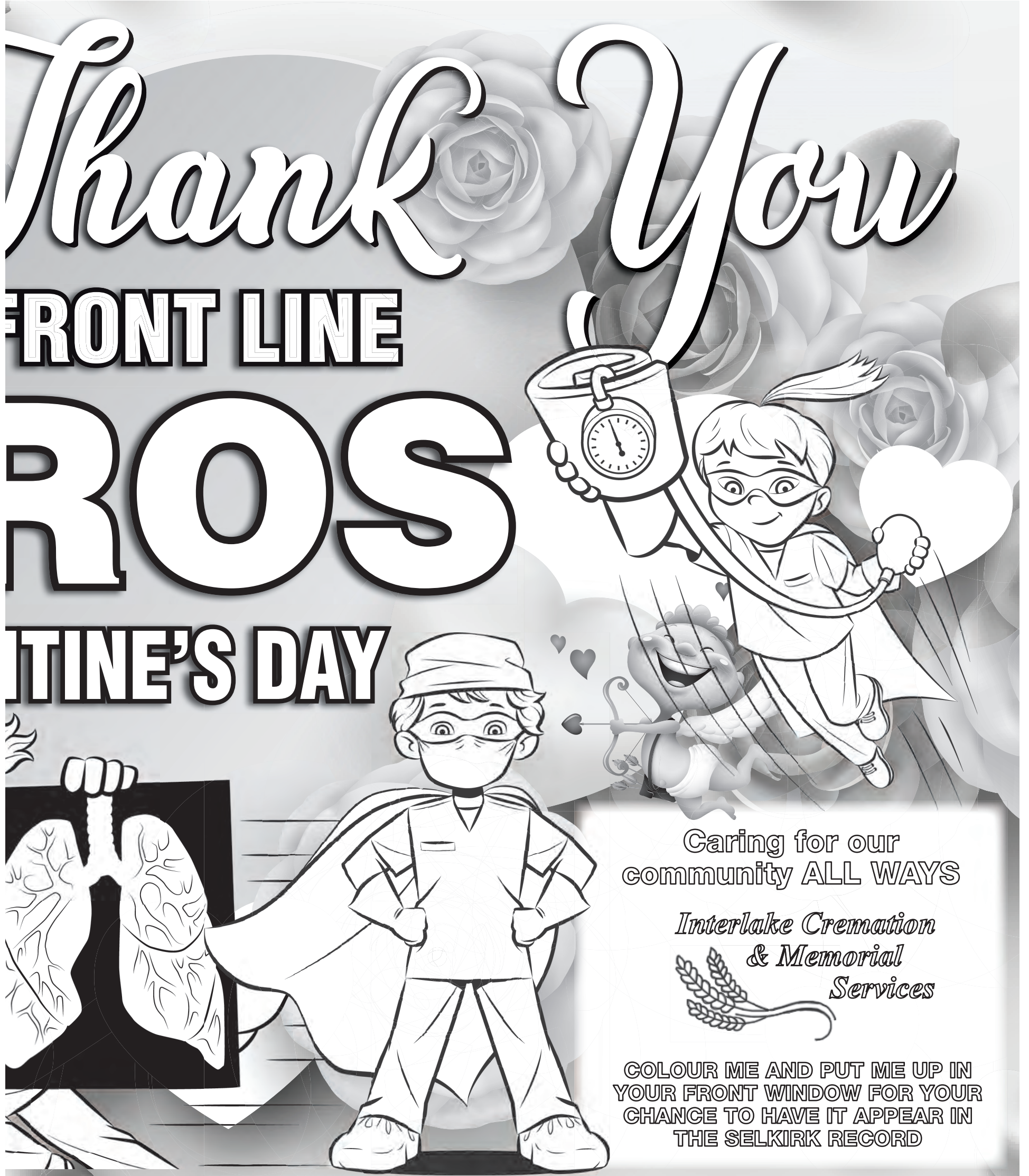
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THE SELKIRK RECORD



# Bringing the Chautauqua Tour into the classroom

## In-person program goes digital for 2021

By Nicole Buffie

While Theatre Projects Manitoba cannot offer their usual in-person programming due to the novel coronavirus, they have adapted operations to continue to provide free programming to the Interlake community.

The company brought arts, culture and workshops to the Interlake area in 2018 in the form of a Chautauqua tour.

"We have a big focus on Manitoba stories and homegrown stories," Emily Solstice Tate, associate producer of Theatre Projects Manitoba. "So it was about leaving the city and going out into the land and finding a connection

with all Manitobans, and including rural stories and perspectives into the work of theatre projects."

The idea for the project came from an early 20th century group of entertainers who travelled through Canada and the U.S. performing shows and offering lectures, including the Interlake area of Manitoba. The theatre company revived the concept in 2018.

During the last Interlake Chautauqua tour, the artists visited communities including Arborg, Eriksdale, Teulon and Steep Rock. This year, the digital programming will premiere their projects in Arborg, Eriksdale, Riverton and Selkirk in June if public



RECORD PHOTO SUBMITTED

Associate Producer for Theatre Projects Manitoba and performer Emily Solstice Tate will be offering her artistic expertise to classes in the Interlake region for the 2021 Chautauqua Tour, now dubbed the Micro Digital Arts Exchange.

health orders allow it.

As the COVID-19 pandemic halted many in-person events, Theatre Projects Manitoba pivoted the Chautauqua tour to offer it in a digital medium, rebranding it as the Micro Digital Arts Exchange.

"We were totally caught in the planning stage of like, trying to understand what's going on in the world," Solstice Tate said. "How do we keep moving forward with plans? How do we keep people safe? How do we keep people feeling safe, not just doing it, but actually ensuring that people felt comfortable?"

She said the company had two goals after that: offer some sort of programming free of charge, and continue to stay in contact with the communities they planned to visit.

"Since 2018 this has been about creating genuine connections and dialogue with the communities and seeing what they're interested in art-wise," said Solstice Tate. "And the other thing is, the continued desire to engage artists during the pandemic and engaging with communities and trying to create a hub of resources for both artists and community members."

Instead of taking their talents on the road for week-long stints at community centres and backyards, the team of artists will instead pair with teachers and classrooms in the region to provide workshops for students based on their needs and skills. Artists work with students virtually

over one week to create art projects and premiere in the summer months.

The dedicated team of artists include painters, actors, playwrights, among others to create a diverse roster of options for those looking to sign up.

Tanner Manson, administrative and outreach associate for Theatre Projects Manitoba, said after the theatre company pivoted to the online platform, the outreach from artists wanting to participate was overwhelming.

"Everyone's been very happy and excited to have something ongoing and to know that people are reaching out and thinking of us," he said.

In addition to the arts exchange program, the theatre company is providing online workshops featuring the same artists called Winter Warm-up Workshops at no cost. They include sign painting, creative writing and music production.

Solstice Tate said with the digital offerings it gives those who wouldn't usually have access to these programs the chance to explore their creative sides, while also giving space to artists that wouldn't normally get recognition.

"I think that's a strength for us just to learn in general, can you give access to everyone to the arts? And that's really important to us," she said.

Teachers or individuals interested in the programs or looking for more information can email [tanner@theatreprojectsmanitoba.ca](mailto:tanner@theatreprojectsmanitoba.ca) or call 204-989-2400.

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Heartfelt

to all

Frontline Workers

"including our team!"






# Interlake-Eastern RHA COVID vaccination super site details not available

By Patricia Barrett

The provincial government announced the implementation of a COVID-19 vaccination super site in the Interlake-Eastern Regional Health Authority (IERHA) last week, but hasn't yet released any details about it.

The Express reached out to the province about the inoculation facility; questions were acknowledged, but no information was provided.

Geographically, the Interlake-Eastern region is vast with 61,000 square kilometres and 10 per cent of Manitoba's population. The province was asked whether there will be two sites established for each half of the region and whether physician offices and pharmacies will be helping inoculate residents.

In its COVID-19 Vaccination Task Force Update document released Jan. 27 – and viewed Monday for updates – the province said it would be launching “immunization hubs” and “pop-up sites” to reach smaller population centres in rural and northern areas. The document states a “limited launch” is to start this week.

The IERHA has 10 hospitals, 17 community health offices, one QuickCare clinic and a mobile clinic. (2019 data). Whether these facilities will be utilized in the inoculation effort is yet to be seen.

Lauralou Cicierski, communications

lead for the IERHA, said last Thursday that the health authority is “in the process of working with the province to finalize the location” of the vaccination super site.

The province currently has three super sites, one in Winnipeg at the RBC Convention Centre, a second in Brandon at the Keystone Centre and the third in Thompson at the Thompson Regional Community Centre. Pop-up sites are scheduled to begin this week in The Pas and Flin Flon.

Both super sites and pop-up sites are inoculating people who meet the current eligibility criteria, which includes healthcare workers, long-term care workers and home care workers.

As of Monday, over 106 million people worldwide have been infected with COVID-19 and 2.3 million have died. Canada has had 809,000 infections and 20,760 deaths. Manitoba has had over 30,000 infections and 846 people have died (data: Johns Hopkins University, Feb 8).

The province had been experiencing a delay in the roll-out of vaccines, but the situation changed Monday when it was informed that it can expect to receive 3,510 doses of the Pfizer-BioNTech vaccine this week and 15,210 doses next week.

According to the task force update, the government plans to execute “large-scale deliveries once vaccine



RECORD FILE PHOTO BY PATRICIA BARRETT

Selkirk Regional Health Centre Emergency Entrance.

scarcity is addressed.”

The task force also noted that there are three vaccines (unnamed) “in development” that could be suitable “if approved for use” for doctors and pharmacies to administer to the public.

Questions from the Express about the names of those vaccines weren't answered. The province has already inoculated Manitobans with COVID vaccines from Pfizer-BioNTech and from Moderna.

Recent research on vaccines already on the market has found some lacking

protective effects against mutations of the COVID-19 virus.

The Oxford-AstraZeneca vaccine, for instance, was found to have 10 per cent efficacy against the South African variant. Pfizer-BioNTech said its vaccine is “likely to be effective” against the United Kingdom strain of COVID, which is currently the most common strain circulating in Canada. Cases of the South African and Brazilian COVID strains have also been identified in Canada.

## Years of denture frustrations are being fixed

By Elisha Vador

Over the past 5 years of working alongside Brock, whether at reception, in the lab, or hiding in the back writing these articles; I must tell you, I have seen countless people come in with all kinds of denture problems, or even just denture questions, and leave just so happy they came. Sometimes their dentures were old, lots of times they were loose, other times they didn't even have dentures yet. But no matter what, we hear stories like these every day and are so encouraged to keep working hard doing what we do best, making people smile! I wanted to share just a couple of those stories today, hopefully to encourage you as well, that denture help is out there. Actually, right in your neighbourhood!

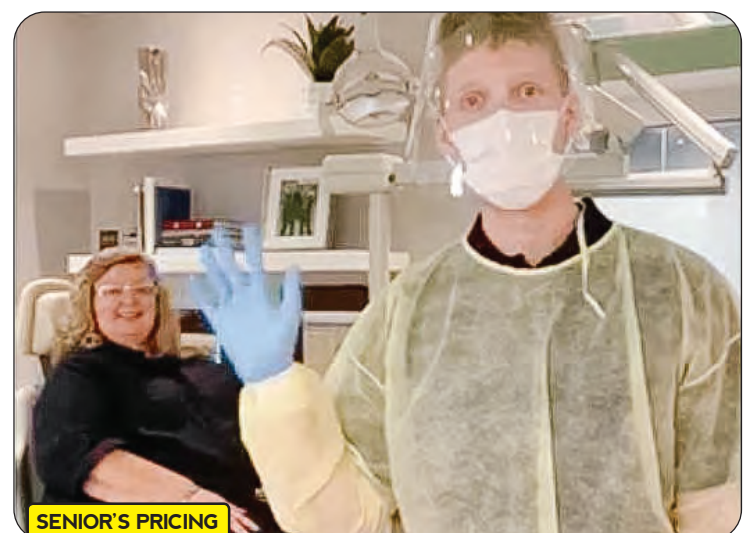
The first one is from Irma. She says, “I received my first

dentures in 2016 and basically since then I have not been able to eat properly due to ill-fitting dentures. I can relate to anyone who is dealing with the discomfort and the pain due to ill-fitting dentures. What I would recommend to anyone dealing with the same issues, is to go see Brock. He is friendly, professional and most importantly, he knows what he is doing. I had four appointments while he was making the new denture, but it was well worth it. All adjustments are done with you in the room, which I had not experienced before. He explains to you what he is doing while he is making his adjustments. I can't thank him enough for his patience and expertise. The staff are unbelievable! The professionalism and friendliness of Vador staff is the best. I will recommend Brock and his staff to anyone I know! Thank you

for everything!” - Irma

The next one had us in tears. Here is Joannie's story, “I had a full denture that I never really liked before. I stopped smiling, but my dental insurance wouldn't cover for me to get a new one. Brock did major changes to my denture, which basically made it brand new. I can't say enough about what a difference it is. Thank you Brock! Finally I can eat properly. My smiling confidence and self-esteem is way up there. Seriously look this fantastic team up. They're very caring, professional staff. They changed my life with teeth.” - Joannie

If you've lost hope, become fed-up, or wondering about your teeth replacement options, just book a consultation with us. It's absolutely free. Who knows, you could be so happy that we all take a picture in the end like Brock and Doris did!



Happy patient Doris waved her lower denture frustrations good-bye when she decided on a dental implant solution.

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# SDCF grant creates community connection

## Win-win helps those in need with groceries and social isolation

Submitted by Selkirk and District Community Foundation

When you think about it, the folks at Growing Years Family Resource Centre have an incredibly important job.

The title says it all, but it's one of those things that sometimes is so recognizable, so ingrained in our day-to-day familiarities, that you don't do the deep dive and really think about what goes on inside.

And of course, in 2020, all the good stuff that happened within their Manitoba Avenue building stopped when COVID came knocking.

And so, they did what all superheroes do in times of turmoil – they put on their capes and went out and helped, wherever they could.

Connecting with families, children, playing a key role in those formative years and sometimes, just being there to listen to a new mom who is finding the day a little too long and a little too overwhelming.

Among their numerous initiatives to stay in touch with families when a worldwide pandemic was telling us all to stay at home and stay away from others, was a Growing Years food delivery service.

Shawna Cromie, Director of Growing Years, said they learned very

quickly that food may have been the main course, but the human element was the perfect side dish and maybe even more fulfilling.

"We noticed early on this wasn't just about the food. People were as happy with being able to connect with us as they were with getting the food," Cromie said.

A \$7,000 grant from the Selkirk and District Community Foundation allowed for Growing Years to deliver essential food and hygiene items to clients, and Cromie was thankful beyond words for the support.

"Knowing that it's community members who donate to the Community Foundation, who in turn provide that gift back to the community members that need it the most is just such a beautiful full-circle moment," Cromie says.

"We had to shift how we support the families and that required some extra thinking and extra money, that's why we're so thankful to the Foundation, to allow us to really meet the needs of the people."

The deliveries, which started way back when the weather was nicer, were a truly joyful experience.

"The deliveries were nothing extravagant, just those basics to get people by," Cromie says.

"But that connection piece is 100 per cent elevated by being able to go and connect with these families in a safe, outdoor, socially distanced one on one, where you get to see their faces on the doorstep with their kids.

"The biggest part that we found they appreciated, and we found so gratifying, was that they were as happy with being able to connect with us as they were with getting the food."

It was a win-win, and so important during the pandemic.

"If you ever talk-



RECORD PHOTO SUBMITTED

A SDCF grant helped Growing Years deliver food to families. It's been a learning experience – food is essential, so too is human contact, even from an acceptable social distance

ed about feeling like what you're doing is making a difference, these girls here, holy cow, (it was) so rewarding to see that play out that way."

Bev Clegg, Executive Director of the SDCF, said the grant to Growing Years shows how important every donation to the Foundation is, and how every dollar does so much.

"In the grand scheme of things, \$7,000 isn't that much money, but it's been worth its weight in gold to Growing Years and the families that make use of their services," Clegg says.

"These are the stories, the real-life stories, that put a smile on your face and make you proud of your commu-

nity, the community that supports the Foundation so it can turn around and throw that support right back."

Growing Years received its grant through the SDCF's Community Grant Program. Applications for the next Community Grant Program are due by March 1.

Applicants must be a registered charity with Canada Revenue Agency and be located and providing services in the City of Selkirk or the RM's of St. Andrews or St. Clements.

Grant guidelines and applications are available by visiting [www.sdcf.ca](http://www.sdcf.ca) or you can call 204-785-9755 or email [selkirkfoundation@shaw.ca](mailto:selkirkfoundation@shaw.ca).

## FIND THE HIDDEN CUPIDS CONTEST

**Find the 3 hidden Cupids in this week's edition and enter to win a Valentine's prize.**

*They are tiny cupids hidden deep within the paper... so search with all your heart!*

Email or call us with the page numbers you found the cupids on and be entered to win.

Find the cupids that look like this

Prizes for kids too!

*P.S it's not the cupid on this page, and they won't be in any ad!*

**Contest deadline**  
Feb 15, 2021 at  
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# get inspired

> MEAL IDEAS



## Baked Parmesan Chicken

4 boneless, skinless chicken breasts (about 4 ounces each), all visible fat discarded, flattened to 1/4-inch thickness

Preheat the oven to 400 F. Lightly spray a 13-by-9-by-2-inch baking dish with cooking spray.

In a shallow dish, whisk the egg, water and oil. In a separate shallow dish or pie pan, stir together the crispbread, Parmesan cheese, parsley, oregano and pepper. Dip the chicken in the egg mixture then in crumb mixture, turning to coat at each step and gently shaking off any excess. Using fingertips, gently press the coating mixture so it adheres to the chicken. Arrange the chicken in a single layer in the baking dish. Lightly spray the chicken with cooking spray.

Bake for 15-18 minutes, or until chicken is no longer pink in the center and the top coating is golden brown.

Recipe courtesy of Know Diabetes by Heart

Prep time: 15 minutes  
Cook time: 18 minutes  
Servings: 4 (3 ounces chicken per serving)  
Cooking spray  
1 large egg  
1 tablespoon water  
2 teaspoons olive oil  
1/3 cup finely crushed, low-sodium, whole-grain crispbread  
1/3 cup shredded or grated Parmesan cheese  
2 tablespoons minced fresh parsley  
1/2 teaspoon ground oregano  
1/4 teaspoon pepper



## Ham and Broccoli Frittata

(uncured, nitrate/nitrite-free), cut into 1/4-inch cubes

1/4 cup fat-free milk  
1/4 teaspoon pepper

Preheat the oven to 400 F.

Lightly spray a medium ovenproof skillet with cooking spray. Heat over medium heat. Remove from the heat. Put the potatoes in the skillet. Lightly spray with cooking spray. Cook for 4-5 minutes, or until potatoes are golden brown, stirring occasionally.

In a microwaveable bowl, microwave the broccoli, covered, on high for 3-4 minutes, or until tender-crisp. Drain in a colander. Stir the broccoli into the potatoes.

In a medium bowl, whisk the egg whites and egg. Whisk in the ham, milk and pepper. Pour the mixture over the potatoes and broccoli; stir well.

Bake for 15-18 minutes, or until the eggs are set.

Recipe courtesy of Know Diabetes by Heart

Prep time: 10 minutes  
Cook time: 25 minutes  
Servings: 4 (1/4 frittata per serving)  
Cooking spray  
2 cups frozen fat-free potatoes O'Brien, thawed  
6 ounces small broccoli florets, rinsed in cold water, drained but not dried  
8 large egg whites  
1 large egg  
4 ounces lower-sodium, low-fat ham



## Green Beans with Mushrooms and Onions

Recipe courtesy of Know Diabetes by Heart

Prep time: 10 minutes  
Cook time: 10 minutes  
Servings: 4 (1/2 cup per serving)  
Water  
8 ounces green beans, trimmed  
2 teaspoons olive oil  
4 ounces sliced mushrooms, stems discarded  
cont. on next col.

## Improve your sleep quality naturally

How much sleep did you get last night?

There are so many reasons to ensure at least eight hours of sleep every night, one of which being you are more likely to make good choices when it comes to nutrition if your mind is functioning optimally thanks to a good night's rest. Your workouts will also be more effective when you have energy to push harder, so you will enjoy much better overall fitness results.

Your body recovers and repairs during rest, particularly during non-REM sleep when your pulse and blood pressure are lowered. Getting 8 hours of quality sleep each night is very important, whatever your fitness goal!

Here are three ideas to help you improve your ability to rest and promote the body's recovery, which will help you maintain a healthy weight:

1. Having a toddler has taught me the importance of a strong nighttime route, and this is something that us adults can also greatly benefit from! Amelia enjoys her bath time so perhaps relaxing in the tub can work for you, too! Bath bombs, bubbles, or Epsom salts with a nighttime scent like lavender seem like an indulgence, but they are part of self-care, and paying attention to your overall health. The heat is also soothing for your sore muscles and joints, and eases aches and pains which not only feels great, but promotes healing in the body.

2. It's tempting to stay up later on the weekends, however being consistent with your sleep schedule will pay off. Your biological clock gets thrown off when you sleep in on Sundays, because you will not be tired that evening, and will wake

1/2 cup thinly sliced onion  
1 medium garlic clove, minced  
1/8 teaspoon salt  
2 teaspoons fresh lemon juice  
1 pinch pepper

Fill a medium saucepan 3/4 full of water. Bring to a boil, covered, over high heat. Cook the green beans, uncovered, 5 minutes, or until tender-crisp. Drain well in a colander.



Health and Wellness Fitness expert Julie Germaine

for your week feeling unrested and moody. That's not a good start for anyone on a Monday morning. If you need to catch up on sleep, do allow yourself a little extra time on the weekend, but set an alarm so you're not over-doing it.

3. Exercise, of course, helps your body in so many ways, and you'll find that aerobic activity, like walking, running, or cycling, at least 4x per week helps reduce the amount of time it takes to fall asleep. You can also do some quick plyometric workouts in your living room to sweat off fat cells and prepare your body for rest. Avoid exercising late in the evening.

If your fitness goal is to lose belly fat for good, I would love to support you! My passion is helping men and women lose weight and keep it off for good. Please visit my website for information on my virtual personal training and nutrition programs, including my 30 Day VIP Fat Loss Challenge and one-on-one live video workouts! [www.juliegermaine.com](http://www.juliegermaine.com)

In a medium nonstick skillet, heat the oil over medium-high heat, swirling to coat the bottom. Cook the mushrooms, onion, garlic and salt 5 minutes, or until the mushrooms are soft and lightly browned, stirring frequently. Stir in the lemon juice, pepper and cooked green beans.

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# Saving Lake Winnipeg's kidney for healthier water

## Red River Basin Commission restoration project hoping to get licensing in 2021

By Nicole Buffie

The Red River Basin Commission's project to restore the Netley-Libau Marsh, a few years in the making and nearly a decade since the ideation stage, is hoping to get off the ground in 2021.

The largest coastal wetland in North America and one of the largest on the planet acts as a filtration system for Lake Winnipeg and has been in the decline for decades due to flooding and climate change.

"Consider it the kidney of the lake," said former St. Clements Mayor Steve Strang, now managing director of the RRBC's Manitoba chapter.

As water flows from the Red River into Lake Winnipeg, the plants and grass in the shallow water catch debris, materials and chemicals detrimental to water systems to keep it from entering the lake. As the years have passed, high water levels and flooding of the Red River has flooded the marsh, preventing new growth of plants to keep the marsh healthy.

"Instead of a marsh, now it resembles a shallow lake," Strang said. "We've lost, you know, 70 to 80 per cent of our wetlands out of the basin."

To restore it, the team plans to dredge the bottom of the marsh to kick up dirt and produce more sediment islands, allowing the growth of new plant species. It would also help improve the water flow which could lead to fewer ice jams and less flooding in areas surrounded by the Red River.

Richard Grosshans, a researcher and member of the Netley Marsh Restoration project team, has been documenting the decline of the marsh

since 2001.

"It was just a dramatic loss in habitat, erosion of small channels and small bays," he said of his initial findings. "Netley-Libau Marsh used to be a mosaic of open water and islands and smaller channels and vegetation, and that was all that just completely gone by 2001 already. And that decline continued."

Grosshans, however, said in 2003 a dry spell in the summer months dried the area which helped bring vegetation back to the marsh in places that would usually be flooded.

"It really showed us that the marsh can restore itself if we just give it a chance," he said.

Similar dredging projects have been conducted on Lake Manitoba and south of the border in Louisiana, which acted as a reference for the RRBC's project of Netley-Libau Marsh.

While the team wanted to kick-off the project in 2018, Grosshans said federal red tape and permitting have prevented that thus far. With the hope that dredging can begin this year, the researcher

said time is of the essence.

"If we don't do anything about Netley-Libau Marsh now, it might be too late," he said. "It'll continue to erode. And it'll just get much more complicated and much more expensive to try to help that system."

Without proper filtration from the marsh, materials that end up in Lake Winnipeg affect the water health, causing increased periods of algae. Increased flooding of the marsh also eradicates bird and wildlife species crucial to the habitat.

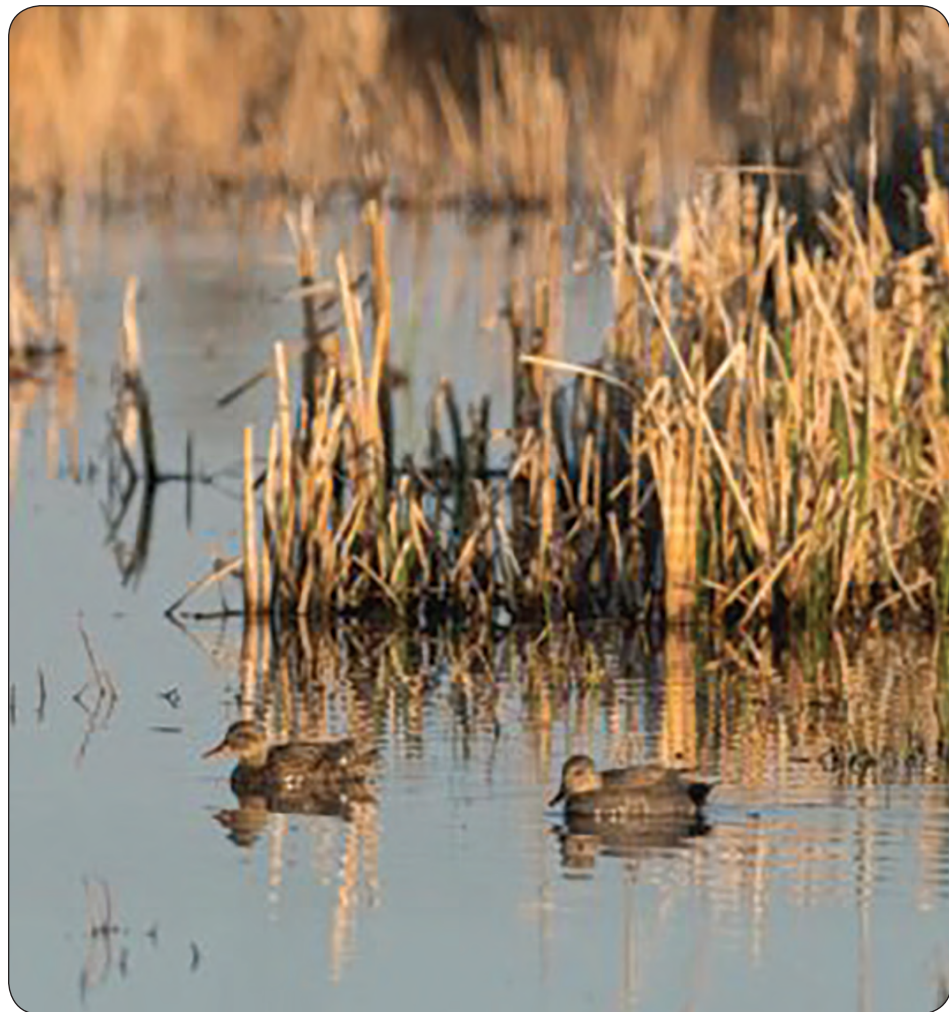
While getting licensing to access to a dredger for the project continues to be

in the works for the team, Infrastructure Minister Ron Schuler announced on Dec. 30 a contract to Winnipeg Environmental Remediations Inc. was awarded to begin a five-year ice-jam mitigation project to break up ice on the Red River from Selkirk to Netley-Libau Marsh, hoping to reduce the risk of flooding each spring.

Strang said it's projects like this that keep organizations like the RRBC in

operation and on the mind of residents who live around the province's waterways.

"Maybe a long time ago, people weren't as focused on Lake Winnipeg because it's not sitting in your backyard," he said. "It's been amazing how many ears have perked up and the people that are following that issue, and the desire to get it done."



RECORD PHOTOS SUBMITTED

The Netley Marsh Restoration Project team hopes to bring back wildlife with their dredging project. Below: The Red River flows north into Lake Winnipeg through the Netley-Libau Marsh, making the marsh the 'kidney' for the lake.



*The Selkirk Record*

office will be closed on  
Monday, February 15th  
in honour of Louis Riel Day.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Grahame wins Dr. Dale Iwanoczko Memorial Volleyball Scholarship

### From the MHSAA

The Manitoba High Schools Athletic Association and Volleyball Manitoba announced the 2020-21 recipients of the Dr. Dale Iwanoczko Memorial Volleyball Scholarships last Friday.

These \$1,000 scholarships are awarded annually in memory of Selkirk, Manitoba volleyball player, Dr. Dale Iwanoczko.

Dale began his volleyball career playing for Lord Selkirk Regional and the University of Manitoba Bisons where he was named a five-time All-Canadian. He was selected as the CIAU (U SPORTS) Most Valuable Player in 1990 and led the Bisons to a national championship title in 1991.

He also played on Manitoba's Provincial and Canada Games Teams. Dale was selected as Valedictorian, Governor General Award winner, and Athlete of the Year at Lord Selkirk Regional (Grades 11 and 12). He obtained his medical degree from the University of Manitoba in 1993 receiving the Family Medicine Award, then completed a specialty program of internal medicine and had begun a subspecialty in infectious diseases.

Dale sadly passed away at the age of 30, after succumbing to Hodgkin's disease, a battle he had fought valiantly for 14 months. Several of Dale's friends have continued to raise funds for this scholarship which is named in his honour and memory.

To be eligible for this scholarship a student must be proceeding to a post-secondary institution and have a minimum 75 per cent academic average. The individual must have proficiency in volleyball, while academic standing, and involvement in their school and community are also considered.

This year four student athletes have been selected:

Spencer Grahame, Lord Selkirk Regional Comprehensive Secondary School – is a multisport athlete participating in volleyball, soccer, and basketball. He holds an academic average of 97 per cent, is a member of the school's student council, band, and choir. Spencer has coached grade seven volleyball teams and with Special Olympics. He is involved in the Take 3 for Climate Action group and is a youth tutor in the community. Spencer was a member of the 2020 Youth National Team, was ranked 9th on

the Winnipeg Sun's top 10 Volleyball players as a grade 11 and played on Team Toba at the 2019 Western Canada Games. He has committed to playing for the University of Manitoba men's volleyball team and plans on pursuing a Bachelor of Science towards Electrical Engineering.

Paige Wright, Warren Collegiate – is her volleyball team's captain and setter. She is planning on attending the Canadian Mennonite University to pursue a Bachelor of Science degree. Paige holds an academic average of 94 per cent and is a member of the school's yearbook committee and student leadership team. She is a multi-sport athlete, participating in volleyball, basketball, badminton and track and field. She coached the school's junior varsity team and helped coach at the local volleyball club. She has received two all-star awards at MHSAA Provincial Volleyball Championships and was a member of the Western Canada Summer Games championship team in 2019. Paige also finds the time to volunteer in her community alongside her team members at fall suppers and ran a coin drive to raise money for the Interlake Food Bank.

Faye Murray, St. Mary's Academy – is a multisport athlete, takes time to volunteer and holds an academic average of 95 per cent. A power hitter, she was a Provincial and National club volleyball champion in her respective age category and has won various club volleyball tournaments within and outside of Manitoba. Faye competed with Team Manitoba at the USA High Performance Championship and won the Western Canada Summer Games championship in 2019. She volunteers with various community and school activities including fundraising, children's programs, assisting the needy and disabled while also playing piano and harp in her free time. She plans on attending and playing for Mount Royal University pursuing a Bachelor of Science and then applying for an engineering program afterwards.

Owen Dyck, Westgate Mennonite Collegiate – has made a commitment to the Vancouver Island University men's volleyball team and plans to pursue an Engineering or degree. He was the setter for his high school team, a multisport athlete participating



RECORD PHOTO SUBMITTED

The Selkirk Royals' Spencer Grahame was one of four recipients of this year's Dr. Dale Iwanoczko Memorial Scholarship.

in volleyball, basketball, track and field, and ultimate, and holds an academic average of 95 per cent. Owen volunteered at Donwood Manor, is a member of student council, and has done work for shelters, food banks and soup kitchens. He was a member of the school's AAA Provincial Varsity Volleyball Provincial Championship team in 2019-2020 and JV Provincial Champion the previous year, has won a club volleyball provincial championship, has played in the Volleyball Manitoba beach league, and for the Manitoba Provincial team the last couple summers.

The Manitoba High Schools Athletic Association and Volleyball Manitoba work in co-operation to support the academic and athletic endeavors of Manitoba's high school student athletes.

## World women's curling championship cancelled

### Staff

The LGT World Women's Curling Championship, scheduled to take place March 19-28 in Schaffhausen, Switzerland, has been cancelled following a decision by the Swiss Local Health Authority not to support the event.

The announcement was made this

past Monday.

"Our staff and the local organisers had worked tirelessly to ensure the safety of all our athletes, officials, staff and volunteers working at the event," said World Curling Federation President Kate Caithness.

"We are extremely disappointed that the athletes who have worked so

hard to compete for a World Championship title will not have that opportunity for the second year in a row due to the cancellation of the event.

"We will be evaluating all the options available to us in order to complete the Beijing 2022 Olympic Winter Games women's team qualification process and do everything we can to

ensure that it's carried out on the ice in competition."

Canada's national Scotties tournament is set to take place later this month in a bubble format in Calgary.

Camp Morton's Kerri Einarson is the defending Canadian women's champion.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Canada Basketball cancels 2021 U15 championships

From Basketball Manitoba's website

Canada Basketball announced last Thursday the cancellation of the 2021 15U Men's and Women's National Championships due to the ongoing coronavirus (COVID-19) pandemic.

Canada Basketball, in consultation with the National Championships Committee, which is made up of PTSO members, local hosts and partners, reached the decision to cancel this summer's championships.

Despite the cancellation, Canada Basketball will continue to work with the National Championships Committee on alternative options for 15U and 17U identified provincial team athletes. Canada Basketball will share additional details on these options, as well as announce the hosts for the 2022 Canada Basketball 15U Men's & Women's National Championships at

a later date.

"As we continue to work together in the fight against COVID-19, in consultation with basketball and medical leaders from across Canada, we've arrived at the difficult decision to cancel the 2021 Canada Basketball National Championships," said Glen Grunwald, President & CEO of Canada Basketball.

"We will be exploring options to bring the basketball community together safely this summer and are already looking forward to resuming nationals in its traditional format in 2022."

Basketball PEI was to host the 2021 Canada Basketball 15U Men's & Women's National Championships from Aug. 1-8, 2021 in Charlottetown, Prince Edward Island, while the 17U age group was originally scheduled

to compete at the Canada Summer Games.

However, last fall, the Canada Games Council and Niagara Host Society announced that the Canada Summer Games in Niagara had been rescheduled for Aug. 6-21, 2022.

"While we're disappointed to not be able to host a marquee event like the 2021 Canada Basketball National Championships, we understand that the pandemic has significantly altered the sport landscape and event schedules across the world," said Joshua Whitty, Executive/Technical Director, Basketball PEI.

"We look forward to being back in a position to safely host nationals in the future and welcome players from across the country to Prince Edwards Island."

Basketball Manitoba Executive Di-

rector Adam Wedlake added, "It's been a tough year for basketball and the community as a whole and we are empathetic to the athletes and coaches that will be impacted by this. We will work closely with the Manitoba public health authorities to provide as many basketball opportunities in the coming year while still respecting and following the guidance in place to ensure a safe return to the court."

The health and safety of all athletes, coaches, officials, support staff, volunteers and spectators is of primary importance and was a driving factor behind making this difficult decision. Additionally, significant disruptions to athlete training and preparation over the last year, along with uncertainty surrounding travel and event hosting logistics were also considered.

## Hockey Canada cancels 2021 national championships

Submitted by Hockey Canada

Due to the ongoing COVID-19 pandemic, the decision has been made to cancel all spring 2021 national championships, including the Esso Cup, TELUS Cup, Centennial Cup, presented by Tim Hortons, and Allan Cup.

The announcement was made last Friday.

The following is a statement on behalf of Hockey Canada from Tom Renney, chief executive officer, and Scott Smith, president and chief operating officer:

"Despite a strong desire to work with four great communities to host the top players at various levels across the country this season, the health and safety of all participants and the

communities at large continues to be of the utmost importance to Hockey Canada. The ongoing pandemic, coupled with the fact that many regions in the country are not currently playing organized hockey, left us with no other option. We believe the decision to cancel our spring 2021 national championships is the safest decision given the ongoing uncertainty of the pandemic at a local level, as well as the uncertainty around each region being able to compete for a national championship.

"Hockey Canada is grateful for the continued support of local host committees and event partners, including B.C. Hockey, Hockey Alberta, the Saskatchewan Hockey Association, the Ontario Hockey Federation and

the Canadian Junior Hockey League, as well as the communities of Penticton, B.C., Prince Albert, Sask., Calgary, Alta., and Dundas, Ont., and all local and provincial funding partners. Our organization is appreciative of the commitment and support of all stakeholders and we look forward to show-

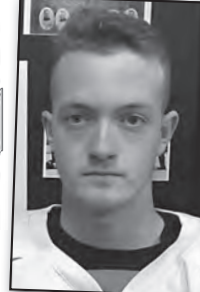
casing our national championships and all participants to fans next year."

Hockey Canada will continue to work with event stakeholders to host the spring 2022 national championships with a confirmation of all 2022 host communities to be announced in the coming months.

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 live message or cell at 204-861-2031.

## SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

## PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

## APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

## HOUSE FOR RENT

House for rent in Selkirk. 2+ bedrooms, \$1,300 a month plus utilities. Please call 204-482-1276 for more info.

**Do you have a UNIQUE SERVICE you would like to advertise? Get the word out with an ad in the Record!**

## HELP WANTED

SEASONAL HELP WANTED - SEARLE GREENHOUSES LTD. LOCATED IN EAST SELKIRK, MB IS ACCEPTING APPLICATIONS FOR FULL-TIME SEASONAL POSITIONS STARTING IN MARCH 2021. NO EXPERIENCE IS REQUIRED AS TRAINING IS PROVIDED. STARTING WAGE IS \$11.90 PER HOUR. APPLY BY EMAIL TO: IWANTTOWORK@SEARLEGREENHOUSES.COM OR FAX: 204-482-8968 ATTN: KRIS.

**Don't forget to send your special wishes to your friends and family with a message in the**

**Selkirk Record**

**News Tips? Story Ideas? call the Record 204-785-1618**

**The SELKIRK WEED CONTROL DISTRICT is searching for a SEASONAL WORKER/PESTICIDE APPLICATOR for summer 2021 (14 weeks).**

Must have valid Manitoba Class 5 Driver's License. Must have or be willing to obtain MB Pesticide Applicators License (Rural Municipal), fees covered. Must be able to operate equipment including: Truck and ATV with sprayer, and, 100 hp tractor with rotary mower. Able to work outdoors, overtime and early mornings if necessary. Assets: previous experience in equipment operation or pesticide application; mechanical skills with any of the following: trucks, mowers, ATVs, or, tractors; weed ID and use of herbicides. Wage \$17-20/hr based on qualifications/experience. Students may apply. Training provided. Possibility of advancing to seasonal 20+ wks in the future with benefits.

Send resumes before **March 1, 2021** to the SELKIRK WEED CONTROL DISTRICT, 630 Sophia St, Selkirk, MB, R1A 2K1; fax: 204-785-2331; email: [slkweed@gmail.com](mailto:slkweed@gmail.com). More info at 1-204-785-3638.

**Display and Classified booking deadline for our February 18th Edition is Friday, Feb 12th at 4 p.m. due to Feb 15th holiday.**

## Red River North Tourism ANNUAL GENERAL MEETING

Via Zoom  
7:00pm,  
March 24, 2021

[www.redrivernorthtourism.com](http://www.redrivernorthtourism.com)



## LORD SELKIRK SCHOOL DIVISION



## We are training and hiring Spare School Bus Drivers!

*Let us help you get your Class 2 driver's licence.*

*We are planning a training session for mid March 2021.*

To become a Spare Bus Driver, you must:

- Hold a valid Class 5 driver's licence.
- Have a clear driver abstract for 2+ years driving.
- Have the ability to read and follow maps.
- Be able to communicate in English (both written and oral).

For more information and to apply, please visit Employment Opportunities on our division web page at: [www.lssd.ca](http://www.lssd.ca)

## EMPLOYMENT OPPORTUNITY

### Temporary Receptionist/Clerk (Full-Time)

For complete advertisement and position profile please visit [www.rmalexander.com](http://www.rmalexander.com)  
Written applications will be accepted on or before 12:00 p.m. (local time) Wednesday, February 24th, 2021.

## EMPLOYMENT OPPORTUNITY

### Municipal Officer (Full-Time Permanent)

For complete advertisement and position profile please visit [www.rmalexander.com](http://www.rmalexander.com)  
Written applications will be accepted on or before 12:00 p.m. (local time) Tuesday, February 16th, 2021.

## take a break > GAMES

### SUDOKU

6					5			
			8	1		2	7	
	3		7					8
5		8			6			7
	2						6	4
	4					9		
			2		9	8		
	1			5				

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	4	9	1	8	5	7	2	
2	3	7	4	9	6	1	8	
1	5	8	6	2	7	9	4	
9	8	6	7	2	1	9	4	5
4	9	8	6	5	1	2	7	
7	2	1	9	3	4	8	6	5
8	6	7	9	4	2	3	1	
9	2	3	1	8	7	9	6	
3	1	9	2	4	7	6	8	5

Sudoku Answer

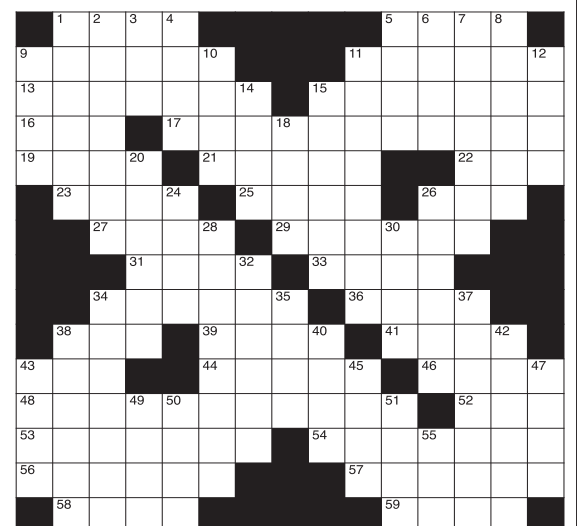
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D
S	E	L	K	I	R	K	R	E	C	O	R	D

Crossword Answer

## CROSSWORD

### CLUES ACROSS

- Composed
- Lesotho currency
- Ethnic group associated with Hungarians
- Gains knowledge of
- Gradual destruction
- Purchase
- Pharaoh of lower Egypt
- Where you're going
- The 6th letter of the Greek alphabet
- Fishing net
- Midway between south and southeast
- A way to sort
- C C C
- Popular sports podcast (abbr.)
- Discount
- Consumes tobacco
- A way to run
- Popular musical awards show
- Pertains to the male sexual organ
- Supplements with difficulty
- Green veggie
- Deep-bodied freshwater fish
- Holy fire
- Usually has a lid
- Being of use or service
- Have a yen for
- Unknowningness
- Dry white wine drink
- Unwinds
- Traveling by sea
- Outdoor entertaining areas
- Stringed instruments
- Redgrave, actress
- Moves earth



- Progressive decay of a bone or tooth
- Burrowing rodents
- French/Belgian river
- A professional cleaner
- A Russian river
- Kiln
- True statements
- Most private
- French city
- Masses of fish eggs
- Apart from others
- Monetary unit of Samoa
- Nanosecond
- Film
- Men's fashion accessories
- Flowering shrub
- North Carolina university
- Former monetary unit of Spain

- Foodies
- New Zealand parrot
- Makes very happy
- A payment required for not fulfilling a contract
- Emerald Isle
- The act of terminating someone's employment
- Gland in some mammals
- Commoner
- Large animals
- Belch
- Employee stock ownership plan
- Work units
- Wagon
- Nerve fiber
- Proclaimed
- Japanese delicacy

### CLUES DOWN





## NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF ALEXANDER

Pursuant to subsection 367(7) of *The Municipal Act*, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **17th day of March, 2021**, at the hour of **10:00 AM**, at Rural Municipality of Alexander, 1 Bouvier Trail, St. Georges, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
41650	ELY 420 FEET PERP OF SLY 520 FEET PERP OF SW 1/4 17-17-9 EPM EXC ALL MINES AND MINERALS TOGETHER WITH THE RIGHT TO ENTER, LOCATE, PROSPECT, MINE FOR AND REMOVE MINERALS AND ALL OTHER ESTATES, RIGHTS AND INTERESTS RESERVED TO THE CROWN UNDER THE CROWN LANDS ACT - 49076 ROAD 98N	L -\$15,200 B -\$163,600	\$9,161.56
152300	ALL THAT PORTION OF LEGAL SUBDIVISION 13 OF SEC 3-19-7 EPM WHICH LIES WEST OF A LINE DRAWN WEST OF, PARALLEL WITH AND PERP DISTANT 49.5 FEET FROM THE CENTRE LINE OF THE LAND TAKEN FOR THE RIGHT OF WAY OF THE CANADIAN NATIONAL RAILWAY PLAN 2509 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN - 39001 BELAIR RD	L -\$22,100 B -\$133,600	\$10,630.86
161760	LOT 7 BLOCK 2 PLAN 32528 WLTO EXC ALL MINES AND MINERALS AS SET FORTH IN INSTRUMENT NUMBERS 645297 WLTO AND 1931626 WLTO; IN NW 1/4 23 AND SW 1/4 26-19-7 EPM AND IN CLOSED GOVERNMENT ROAD ALLOWANCE. 23 AUGUSTA WAY	L -\$19,800	\$5,404.94
162489	LOT 12 BLOCK 4 PLAN 18804 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN NE 1/4 OF SECTION 25-19-7 EPM - 106 EASTLAND DR	L -\$18,100	\$2,376.27
204807	LOT 7 BLOCK 5 PLAN 19833 WLTO SUBJECT TO THE SPECIAL RESERVATIONS CONTAINED IN THE GRANT FROM THE CROWN IN SE 1/4 36-19-7 EPM 67 LYNNWOOD DR	L -\$18,000 B -\$15,900	\$3,363.68
204895	LOT 6 BLOCK 1 PLAN 14964 WLTO SUBJECT TO THE RESERVATIONS AND PROVISOS CONTAINED IN THE GRANT FROM THE CROWN IN SW 1/4 36-19-7 EPM 63 TURCOTTE DR	L -\$54,800	\$4,302.64
207900	THE SW 1/4 OF SECTION 19-19-8 EPM, EXC FIRSTLY: THE NLY 1320 FEET PERP, AND SECONDLY: ALL MINES AND MINERALS AND OTHER MATTERS AS SET FORTH IN THE CROWN LANDS ACT - DESC SW19-19-8E	L -\$72,400	\$30,242.31

### The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in **cash, certified cheque or bank draft** to the Rural Municipality of Alexander as follows:
  - The full purchase price if it is \$10,000 or less; OR
  - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
  - A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 11th day of February, 2021.

Managed by:



Don Dowle  
Chief Administrative Officer  
Rural Municipality of Alexander  
Phone: 204-367-6170  
Fax: 204-367-2257

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Moving, must sell: 19HP Craftsman lawn mower, 42" cut, Hydrostatic Drive; Princess Auto pull behind chemical week sprayer for a yard; Solid maple dining table and chairs; Couple of weed wackers; Assortment of chains and load binders; I.H.C. Rototiller and a small new rototiller; Wine making equipment, bottles, filters & pump; Golf balls and other misc stuff. Please phone 204-338-7877.

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#### MISCELLANEOUS

Having a virtual event in Manitoba? Need registrants? Advertise it in the 37 MB Weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's **AFFORDABLE** and it's a great way to increase and connect with our 37 weekly member newspapers. For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 to book or email [classified@mcna.com](mailto:classified@mcna.com) for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. [www.mcna.com](http://www.mcna.com)

#### NOTICES

Urgent press releases or media advisories service. Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for **ONLY \$35 + GST/HST**. Call MCNA 204-947-1691 for more information, or email [classified@mcna.com](mailto:classified@mcna.com) for details. [www.mcna.com](http://www.mcna.com).

Do you have any News Tips? Story Ideas? call the Record 204-785-1618

#### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@myrmt.net](mailto:stonewoodelkranch@myrmt.net)

CLEAN OUT YOUR HOUSE  
**MAKE EXTRA CASH**  
ADVERTISE YOUR ITEMS FOR SALE IN THE RECORD

## MORTGAGE SALE

The building and land known as **76117 Road 37, Tyndall, MB**, in Title No. 1773876/1 will be sold at an auction, by a licensed auctioneer, on Wednesday, the 3rd day of March 2021 at 10:15 A.M. via online process (telephone or video conference or both).

The vendor is informed that property consists of Two storey home built in 2013 (2067 SF), 4 bedrooms, one 2 piece bathroom, one 3 piece bath and one 4 piece bath, living room, dining room, kitchen, office space, sunroom, full basement, attached double heated garage and deck. Lot size 5 acres.

**Prior Encumbrances:** Caveat Nos. 2563762/1, 2563767/1, 2574102/1

**Taxes:** Paid to December 31, 2017 subject to any outstanding water accounts and/or property maintenance fees which may or may not have yet been added to the tax roll.

**Terms:** Deposit of \$52,000.00 in form of bank draft OR certified cheque and the balance according to conditions to be announced at the sale payable to Pitblado LLP. **Reserve Bid** to be announced prior to the auction sale. Please note the property is sold "as is where is" in accordance with Auction Sale Conditions.

**Terms of Online Auction:** To obtain a link for the online bidding process, any interested bidder must pre-register with the law firm prior to the sale date and provide valid contact information. The successful bidder must then provide to Pitblado LLP the signed Auction Sale Conditions and original guaranteed funds deposit within **24 hours** of the auction sale.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit [www.teranetmanitoba.ca](http://www.teranetmanitoba.ca).

**Directions:** From PTH 44, drive 3 ¾ miles north on Road 37E. Property located on right-hand side.

**Road 37E is two miles east of Tyndall, MB.**

Contact:

**PITBLADO LLP** (Winnipeg)

Lawyer: Catherine E. Howden ([howden@pitblado.com](mailto:howden@pitblado.com))

Paralegal: Donna Riedel ([riedel@pitblado.com](mailto:riedel@pitblado.com))

Phone: 204-956-0560

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# Classifieds

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\$1445 - \$1645/mth plus utilities.  
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@ 7:00 PM

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@ 7:00 PM

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# CITY OF Selkirk

## PUBLIC HEARING

### Regarding the City of Selkirk withdrawing from the Red River Planning District (RRPD)

The Council of the City of Selkirk has scheduled a Public  
Hearing to be held:

**Virtually (Online)**

**[MySelkirk.ca/RRPDhearing](http://MySelkirk.ca/RRPDhearing)**

**Tuesday, March 23, 2021 at 6:00 pm**

To hear representation from citizens about the potential of the City of  
Selkirk withdrawing from the Red River Planning District and establishing  
an independent department to deliver planning services such as  
development and secondary plans, zoning by-laws and building permits.

Following the public hearing, Selkirk Council will consider the matter  
and will determine whether to make a formal application to the  
Minister of Municipal Relations to be removed from the  
Red River Planning District.

Adhering to current public health orders due to COVID-19, this Public  
Hearing will be held virtually and live-streamed on our website at  
[mySelkirk.ca/RRPDhearing](http://mySelkirk.ca/RRPDhearing).

Any person who wishes to make a presentation, ask questions or register  
an objection to Council during the Public Hearing must register online at  
[mySelkirk.ca/RRPDhearing](http://mySelkirk.ca/RRPDhearing) prior to 4:00 pm on March 22, 2021.

Registrants will be contacted by email with information on how to join  
virtually and with a 10-minute time slot in which they may present.

Those without access to online services are asked to call CitizenSupport  
at 204-785-4900 where arrangements may be made on a case-by-case  
basis.

Written statements can be submitted in advance of the hearing and sent  
by email to [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com), or by mail to:

200 Eaton Ave  
Selkirk, MB  
R1A 0W6

Dated at the City of Selkirk this 29th day of January 2021 and issued  
pursuant to Section 27(2) of the Planning Act.

Duane Nicol  
Chief Administrative Officer  
City of Selkirk



**Don't Forget Your Loved Ones**  
**WITH AN ANNOUNCEMENT IN THE**  
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# Announcements

## ANNOUNCEMENT

### 100TH BIRTHDAY



**Jean Guenter**  
 Congratulations on this amazing milestone.  
 May this day be filled with Sunshine and Smiles,  
 Laughter and Love.  
 Have a very  
 Happy 100th Birthday  
 on February 9th!  
 -Love all your grandkids

## ANNOUNCEMENT

### IN MEMORIAM



**Marge Clarke**  
 June 14, 1937 - February 14, 2018  
 Everyday in some small way,  
 Memories of you come our way.  
 Although you are gone,  
 You are always near,  
 Still missed, still loved and always dear.  
 -Love your family

## ANNOUNCEMENT

### CARD OF THANKS

The Cove Family - Loretta, Brian and Karen, would like to thank our families, friends and neighbours for all the messages of condolences, cards, phone calls, text messages, flowers and gifts of food. They were very much appreciated. Also thanks to Rev. Murray Still for his prayers, blessings and comforting words, and most of all for being there for us, in our time of need. Thanks to Rev. G. Mawejji, for his understanding and assistance. We would also like to thank the doctors and staff involved in Allen's care at the Selkirk Regional Health Centre, as well as CancerCare, Selkirk Unit, and Interlake Eastern Palliative Care Team. Your dedication, compassion and caring was much appreciated. Thanks to Gilbert Funeral Home for all your assistance.

## ANNOUNCEMENT

### IN MEMORIAM



**Andrew Bosko**  
 August 7, 1929 - February 15, 2020  
 Those we love don't go away,  
 They walk beside us every day;  
 Unseen, unheard but always near,  
 So loved, so missed, so very dear.  
 -Lovingly missed by Julia and all your family

**Express your thanks**  
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# Selkirk Record Announcements

## OBITUARY



### Gloria Jean Turchyn (nee Dunk)

After a lengthy battle with cancer, Gloria peacefully passed in her sleep at home, on January 23, 2021, Selkirk Manitoba.

Gloria was born to Arthur and Hazel Dunk on June 20, 1944 in Fort William, Ontario. Growing up with sisters, Joan (Joe), Gayle, Deloraine (Mike) and Dayle. Gloria loved to swim in the Neebing River, play tennis in the summers and dig snow tunnels and skating on the outdoor rinks in the winter.

Gloria worked as an operator for Bell telephone in Thunder Bay which is where she met and married her wonderful, loving husband, Leonard George Turchyn (1942-1999). Leonard and Gloria had four children, Brad (Meloney), Brent (Tammy), Tamara (1972-1973), Joanna (Jeff).

Gloria had great style and taste. Whether it be clothes or house décor, she knew how to make everything beautiful! In addition to

being a dedicated and loving mother, Gloria loved family gatherings. Christmas was her favorite. Gloria knew how to make a house a home, and loved watching her grandchildren playing games such as, guess how many candies in each jar, while surrounded by her children.

Gloria also enjoyed summers at the cottage. After working part of the day on cottage life, Gloria liked to relax by the lake, beach fire and fireworks and sip a cool gin and tonic. Even on the beach in Lundar, Gloria still kept it classy.

Shortly after moving to Stonewall from Charleswood, Gloria began what would be a 24 year career with Manitoba Hydro serving the Stonewall and later the Selkirk area. Gloria was a dedicated and professional employee who loved her job, her co-workers will always remember Gloria as an energetic and fun lady.

Not long after her retirement from Hydro, Gloria found a new love, Oakley. He is an energetic, fun loving Shih Tzu, who loved to cuddle with Gloria, especially in her final days.

Gloria also leaves behind nine grandchildren, Edyn, Lily, Nick, Ethan, Julia, Alexandra, Tatyana, Kali and Drew. Gloria never missed a Christmas concert and tried to split her time between soccer and volleyball as best she could. Granny loved them eternally and will be missed by all.

Special thanks to the doctors, nurses and medical staff at SMHC and HSC, who helped take care of mom with skilled and respectful care.

When COVID allows, a Celebration of Life will take place.

In lieu of flowers, donations in her name can be made to Cancer Care Manitoba.



## OBITUARY



### Dennis Muller

On the weekend of his 60th birthday in Yuma, Arizona we lost our dad, life partner, brother, uncle, cousin and friend Dennis Muller.

Dennis had a colourful personality and a hearty laugh that would fill a room. He was a loving, charismatic person who had a unique perspective on life. He had a gift for connecting with people, a fascination with their stories and a way of making you feel like part of the family.

Dennis loved his family more than anyone could imagine and did everything he could to take care of them. His unwavering love for his wife of 33 years, Nancy and his sons Dylan and Jay (Taryn), filled him with happiness and were his pride and joy.

Dennis was a proud underground miner. He dedicated 33 years to underground hard rock mining in Balmertown, Ontario. His passion for quality, safety and mentoring led him to mine rescue and supervisory roles, which he put his heart and soul into. Dennis loved classic rock, dancing, and watching his boys play hockey. He passed his love for the outdoors onto his sons through boating, snowmobiling, fishing, golf and other adventures. He had a passion for classic cars, working in the garage with his boys, and helping others when they needed it.

At 55, Dennis was suddenly laid off. This blow led him into a depression, with his anxiety and PTSD, a deadly combination. Even surrounded by love, he grew to rely on alcohol and tobacco as a way of coping with the physical and emotional changes he was experiencing. This included discomfort and limited use of his hands and feet due to loss of peripheral circulation. This lifestyle damaged his body further, and he succumbed to a sudden upper GI hemorrhage. He wasn't planning to leave us now. Nancy would like each of you to take this moment to make one small positive change in your life toward self care.

Dennis' family would like to thank the Addictions Foundation Manitoba (AFM) and the Rapid Access Addictions Medicine (RAAM) Clinic in Selkirk for their ongoing support. We are ever grateful to those he loved all over this beautiful world who supported him. In Dennis' honour, learn more about mental health and addictions. Reach out when you need to; these diseases do not discriminate.

Cremation has taken place and a celebration of life will be held at a later date.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



### Edith Morgan (nee Hemming)

June 21, 1930 – January 30, 2021

In the early morning hours in the company of family, Mom passed peacefully in her sleep at the Selkirk Regional Health Centre. Mom's incredible capacity to love and accept people was beyond compare. Her love embraced young and old, those who were near and far, and she leaves a legacy of many small things that are so big to the people who knew her.

Survived by sons Gregory (Bonnie) Morgan and Grant (Carol) Morgan; daughters Gayle (Boyd) Halliwell and Gerilyn (Bill) Mekish; and special extended family Nellie (Dave) Guy. Her grandchildren: Stephen (Kelly) Morgan, Jeremy (Stacey) Morgan, Amber (Daryl) Kereluk, Jan DuMontier, Lynn (Jemahl) Zanidean, Sam (Janell) Morgan, Lee-Ann Mekish, Daryl Mekish (Jillian Malowney). Her great-grandchildren: Kyleigh and Avery Morgan; Ava and Lily Kereluk; Emilie and Jasper DuMontier; Kaitlin, Sarah and Leah Zanidean; Samson and Wolfgang Morgan; Malcolm, Marcus and Kianna Brown; Faith Harawa; Colton Syrenne. She also leaves her sister and best friend Grace Steski, her brother Frank Hemming, special niece Brenda Thomas, and many more nieces, nephews, cousins, their families, and a wide circle of friends.

Predeceased by husband Marshall (Ernie) Morgan, mother and stepfather Hulda and John Carlson, father and mother-in-law Samuel and Mildred Morgan, brothers and sisters-in-law Clarence (Clara), Stanley (Ruth), and Marge Hemming, sister and brother-in-law Beatrice (John) Solarz, and brothers/sisters-in-law Frank Steski, Sam (Dot) Morgan, Mildred (Jack) Bastable, Joe (Crystal) Morgan, Frank (Olive) Morgan, Molly (John) Craig, and Eleanor (Bill) Barrett.

Mom grew up in the Teulon area, moving to Winnipeg as a teen. To avoid COVID, she moved into her daughter's home in East Selkirk 10 months ago.

In lieu of flowers, donations to the Interlake-Eastern Health Foundation (Palliative Care) in Mom's memory are preferred. PO Box 5000, Selkirk R1A 2M2.

A private family service will be held. It can be viewed live stream on the Neil Bardal website under Edith's obituary at [www.neilbardalinc.com](http://www.neilbardalinc.com) on Saturday, February 20, 2021 11:00 a.m., and will remain available on the website to watch at a later date.

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## OBITUARY



### Bjarni Thorleifur Peturson

June 19, 1931 - February 4, 2021

It is with heavy hearts that we announce the passing of our dad, grandfather, brother, and uncle on February 4th, 2021, at the Selkirk Regional Health Center, with family at his side. He leaves behind to lovingly remember him his daughters Melody Clemons (Lynn) and Karla Weir (Jeff); his grandchildren Janelle Clemons-Welsh (Skyler), Tana and Shyloh; brothers Anton Peterson (Valdine) and Ken Peterson (Arlene); sister Frederica Borys (Al) and many nieces, nephew and friends. He was predeceased by his beloved wife Linda; his son Jonas Martin, in infancy; his parents Thorleifur and Snjolaug; in-laws Jonas and Thura Olafson; sister Lillian Wlosek; sister-in-law Eleanor Peterson; brother-in-law Victor Wlosek; and nephews Troy Tomchuk and Michael Peterson.

Bjarni (Buddy) grew up in Arnes where as a teenager his first job was commercial fishing with his dad. After that he moved to the city and worked for Hall's Associates learning building and carpentry skills. That led to a construction job in the north building the Dew Line. When that was completed he worked at Advance TV for a while. His next venture brought him back to Lake Winnipeg where he worked as an engineer on the Goldfield Motor Vessel. That experience got him interested in Coast Guard work and he began his training in Thunder Bay and Halifax. After acquiring his Marine Emergencies and Marine Engineering Certificates he started his career in Thunder Bay and in a couple of years transferred to Selkirk where he worked until retirement.

Over the years he learned and excelled at many different jobs. He was a skilled and meticulous carpenter. Repair jobs never fazed him whether it was plumbing, electrical, technological or car maintenance. He was a life long learner and avid reader, especially of history. He enjoyed the lively book exchange when his sisters visited. He never forgot the Icelandic language of his youth and relished any opportunity to practice it.

After retirement Bjarni had more time to enjoy his violin, especially when his violin-playing friend, Glen, came over to do some country and western fiddling with him. As a youth, Bjarni had learned violin repair and maintenance skills from his violin teacher. He resumed that hobby, which turned into a small business and soon his home was overrun with violins needing repair. He took pleasure in searching ads, garage sales and auctions for old damaged violins and enjoyed restoring and refinishing them to perfection.

Bjarni was a kind, generous person with a wonderful sense of humor. He made the best coffee for his visitors and always looked for something to give them when they left. He was noted for his independent nature and was determined to stay in his apartment and look after himself. He overcame his mobility problem by getting a scooter. This enabled him to do his errands and enjoy the outdoors.

The family wishes to express their appreciations for the excellent nursing care Bjarni received at the Selkirk Regional health Center. Special thanks to Dr. Prematilake and Dr. Koulack (Health Sciences). Their compassion and kindness during this difficult time will always be remembered.

As Bjarni wished, cremation has taken place and the family will hold a private interment ceremony at a later date.

Donations in his memory can be made to: The Heart and Stroke Foundation, 1379 Kenaston Blvd., Wpg, R3T2P5, or The Marine Museum, 490 Eveline St., Selkirk, R1A1E6

We will miss you

And always love you, Dad.

Goda Nott Elskan Minn

Gilbart Funeral Home, Selkirk in care of arrangements.





OBITUARY



**Barbara Eileen Kelcey**  
(nee Noble)  
1949 - 2021

Barbara passed away early on Tuesday, February 3rd in Selkirk, Manitoba.

She is survived by her sons Sean (Janne) of Selkirk, MB and Brian (Lindsey Wiebe) of Winnipeg, and grandsons Duncan, Morgan and Nicholas.

Barbara was born in London, England to a military family, living in Germany, Canada and Britain before marrying her late husband Nelson Kelcey in Toronto in 1968. While her sons were in school, she earned two degrees in history from the University of Victoria before earning a PhD in History from the University of Manitoba. Her academic work helped to revive the memory of a generation of forgotten women and their contributions to the history of Canada's

North. Barbara lived her last four years thanks to a liver transplant from an unknown donor, leaving family and friends grateful for dedicated care from Selkirk Hospital, Selkirk's Tudor House, hospitals in Winnipeg and Toronto, and especially for patient help from neighbors and friends across Canada.

Cremation has taken place. A graveside service and interment will be held (at a date to be confirmed later in 2021) at St. George's Anglican Church, Wakefield, MB alongside her husband's gravesite.

Condolences, photos and videos may be left on Barbara's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



**Earl Theodore Klatt**  
July 24, 1933 - February 5, 2021

Earl Klatt, self appointed mayor of Beaconia passed away peacefully on the morning of February 5th surrounded by love both near and far.

Earl was predeceased by his parents Adolf and Audrey; siblings Melford, David, Ralph, and Chrissy; and his daughter Lynette. He leaves behind his sisters Lorraine and Dorothy; brothers Lenny and William (Karen) and his children Verlin (Dianna), Norine, and Charlotte; many grandchildren, great-grandchildren, and great-great grandchildren. He was looking forward to meeting another 5th generation grandchild in May. He also leaves to mourn many nephews, nieces, and many, many friends.

Earl was a proud Metis man who was loved by everyone who crossed his path. He was natural entertainer, successful trapper and commercial fisherman, and drove everything from a semi-truck to a limousine. He loved gathering with family and friends. Music, bocce, and dancing is what he loved to do most. Homemade wine was another passion of his, as he enjoyed making many different kinds. A party wasn't a party without a bottle of Earl's homemade wine.

Due to COVID restrictions a celebration of life will be held at a later date.

Earl, rest in peace chum, we will always remember you as the man, the myth, the legend, until we meet again, we don't say goodbye, we say so long.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

**Ben Phelan 1970 - 2021**



With immense sadness, we say farewell to our beloved Ben. He died unexpectedly in his sleep in the morning of Jan 28, 2021.

Ben is survived by his parents Bill and Patience; brother and sister-in-law Conan and Asheya, their children, and his cherished companion Carol. He is missed by his uncle and godfather David and uncles, John, Chris, and Michael; aunts Jo, Robin, Jill, Lynda and especially his aunt Leona, as well his many cousins, other relatives, and friends.

Ben was born in and lived most of his life just outside Selkirk. He could scarcely walk half a block of the city without exchanging a friendly greeting with someone he knew. Ben also lived in Gimli for several years and often returned to visit.

Ben had a lifelong love of music and derived great joy from going to concerts, the bigger and louder the better! He was an avid

bowler and loved karaoke. Ben valued doing practical, useful work and he was essential to operation of the family farm where he lived most of his life.

In lieu of flowers we encourage a random act of kindness.

Because of public health measures no gathering is planned at this time. However, we encourage everyone to share memories of Ben on his Tribute Wall at <https://www.gilbartfuneralhome.com/obituary/Benjamin-Phelan>.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

**Lorraine Edna Harbour**  
(nee Davidson)  
September 13, 1937 - February 2, 2021



It is with heavy hearts that we announce the passing of our beloved mother, Nan, sister and friend on February 2, 2021 peacefully at home after a short battle with cancer.

Lorraine is predeceased by her husband Harry Harbour.

Lorraine is survived by daughter Laurie (Brad), son Gary precious grandchildren Brady, Connor, Jamie, Marley, brothers and sisters-in-law and numerous nieces, nephews, cousins and friends and of course her constant companion, Benny the rabbit!

Lorraine will be remembered for her selflessness, compassion, along with an amazing sense of humour. Most of all though she will be remembered for her unconditional and unwavering love of family.

As we grieve the passing of Nan we are comforted knowing that she is once again with her husband Harry. This time for eternity.

Lorraine's family kindly request that her friends and relatives take a few minutes to honour her memory by visiting her tribute page on the Gilbart Funeral Home website.

The family would like to thank Palliative Care Interlake, especially Susan Barnett, Dr. B A Anderson and Dr. S Ahmed at Cancer Care Manitoba as well as family Dr. Venter. A special mention to the Palliative Care Ambulance attendants.

A family service will be held at a later date.

In lieu of flowers the family asks everyone to do a random act of kindness.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

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Box 368, Clandeboye, MB R0C 0P0  
204.795.9123

## LANDSCAPING CARPENTRY

Rough/Finish grading  
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Excavating  
Bobcat service  
Stump grinding  
Posthole auger  
Dump truck services  
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Fences  
Decks  
Sidewalks  
Stairs  
Concrete  
Forming  
Framing  
Snow Removal

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Residential • Rural • Commercial

SELKIRK'S #1 REAL ESTATE TEAM



Based on 2020 MLS R14 cross-property sales.

**Century 21  
Advanced Realty**

255 Main St. Selkirk  
204.202.1922

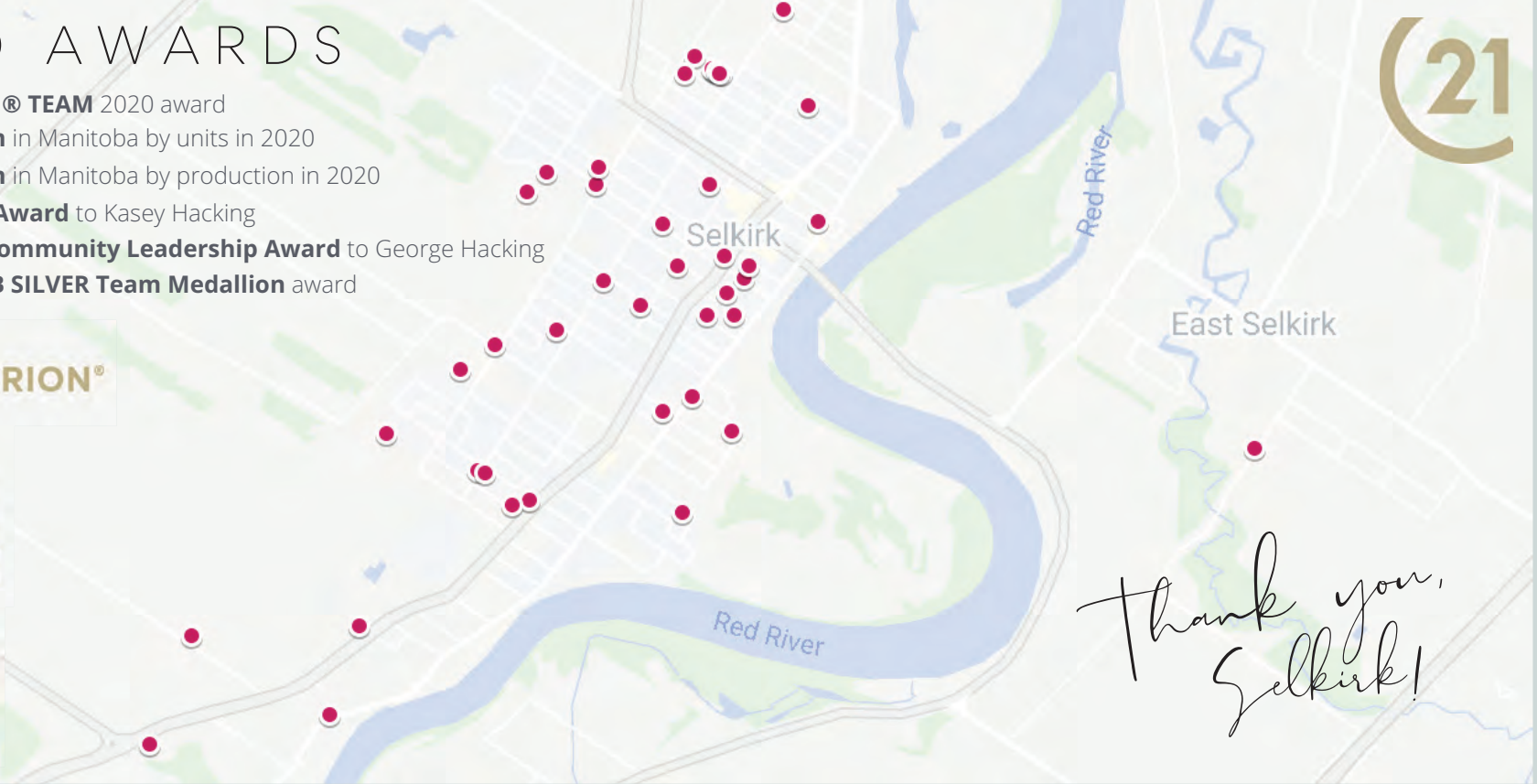


PROUD TO BE SELKIRK'S #1 REAL ESTATE TEAM IN 2020

Based on 2020 MLS R14 cross-property sales.

2020 AWARDS

- CENTURION® TEAM** 2020 award
- #2 C21 team** in Manitoba by units in 2020
- #3 C21 team** in Manitoba by production in 2020
- Rising Star Award** to Kasey Hacking
- C21 Cares Community Leadership Award** to George Hacking
- 2020 WRREB SILVER Team Medallion** award



*Thank you,  
Selkirk!*

F O R S A L E

**RESIDENTIAL**  
MEZZO HOMES! COMING TO GIMLI SOON!  
Driftwood Bay Lot 4 & 5 HH TEAM  
Driftwood Bay Lot 6 HH TEAM

Starting at  
\$229,900 -  
\$239,900

- 260 3rd Avenue, Rapid City HHEAM
- 105 St. Andrews Road, St. Andrews HHEAM
- 90 Pierson Drive, Tyndall HHEAM
- 128 Proctor Street, Woodlands HHEAM
- 34 Murdoch Drive, Petersfield HHEAM
- 43 Johnston Crescent, Thompson HHEAM
- 32067 Rd 90N, St. Clements ASHLEY
- 5114 Rebeck Rd, St. Clements HHEAM
- 452 Donald Rd, St. Andrews HHEAM
- 39 McAulay Rd, Clandeboye HHEAM
- NEW! 237 Donohoe Crescent, Petersfield ASHLEY

\$179,900  
\$560,000  
\$498,800  
\$219,900  
\$727,000  
\$289,900  
\$344,900  
\$459,500  
\$549,900  
\$439,800  
\$209,900

**COMMERCIAL**  
255 Main Street, Selkirk HH TEAM  
1 Acre Property & Building - 613 Manitoba Avenue, Selkirk  
10 Dubas Drive, Lockport HH TEAM  
C-201 Melrose Avenue E, Winnipeg HH TEAM

\$549,000  
\$1,100,000  
\$550,000  
\$99,900

- LAND**  
NEW!! 320 Acres of Farmland! Contact George Hacking  
NEW!! 232 Acres of Farmland! Contact George Hacking  
10 Sunset Boulevard, Gimli HHEAM  
965 Whiskey Ditch Road, St. Andrews HH TEAM  
723 Edith Avenue, Petersfield HH TEAM  
15 Lakeshore Drive, Bifrost HH TEAM  
PENDING!! 0 Brimacombe Road E, Clandeboye HH TEAM  
61, 67, 73, 79 Tom Prince Drive, Petersfield HH TEAM  
Vacant land #B 463 Henry Road, Netley HH TEAM  
Creekfront - 0 Kimberly Road, East Selkirk ASHLEY  
Creekfront - 1.48 Acres - George Street, East Selkirk ASHLEY  
Ole Joe Monkman Road, St. Clements Lots #2, 3, 4, 5 HH TEAM  
2 Wesley Drive, St. Clements ASHLEY  
508 Corrine Avenue, Petersfield - .34 Acres HH TEAM  
NEW! 239 Donohoe Crescent, Petersfield ASHLEY

\$89,900  
\$189,900  
\$54,900  
\$24,500  
\$35,175  
\$54,900  
\$39,900  
\$79,900  
\$129,900-\$139,900  
\$129,000  
\$40,000  
\$47,500

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 @hackinghometeam

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M E Z Z O H O M E S

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