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VOLUME 9 EDITION 11

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**Matcha madness**

RECORD PHOTO BY BRETT MITCHELL

Talia Bloom, pictured left, holds up a chocolate mint matcha latte and a canister of chocolate mint matcha and Laurina Unrau, right, holds an iced raspberry lemonatcha as well as pistachio and matcha flavoured macarons by Jenna Rae Cakes inside Three 6 Tea last Thursday. The Selkirk tea shop, located at 351 Main St., is celebrating St. Patrick's Day and Matcha March with all kinds of green goodies. Jenna Rae Cakes has also created a caramel white chocolate matcha macaron for the occasion.

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# 'This budget will impact many of our schools'

## LSSD budget could lead to staff cuts

By Lindsey Enns

Staff cuts could be on the horizon within the Lord Selkirk School Division (LSSD) after trustees approved their 2018-19 budget along with a 3.62 per cent tax hike last week.

LSSD Supt. Michele Polinuk said a two per cent decrease in the division's provincial education funding for a second consecutive year, combined with the division's declining enrolment will lead to a decrease of 7.75 full-time equivalent teaching (FTE) and 2.5 FTE support staff positions.

"When we're looking to make cuts, we look at all lines and all aspects of the budget but when it comes down to it ... salaries were a big piece of it," Polinuk said, adding teachers have until the end of April or May to give notice of their retirement dependent on when they were hired. "It's hard to know what will happen until we can get those notices."

"This budget will impact many of our schools in some way."

Polinuk added this is also a property



RECORD PHOTO BY JUSTIN LUSCHINSKI

Lord Selkirk School Division board trustees approved their 2018-19 budget along with a 3.62 per cent tax hike during their regular board meeting last Tuesday evening.

reassessment year and for the first time since 1993, the area saw a decline in assessment of 1.2 per cent.

"That's very significant," she said.

"In our area here we depend so much on residential assessment versus the

commercial and farmland and it's the residential portion that has gone down significantly."

Polinuk said the division continues to struggle with a declining enrolment. The division's projected enrolment is estimated to be 117 fewer students when compared to last year.

"We are continuously, for the past seven years, losing students," she said. "Our enrolment continues to go down significantly so that's why school's are impacted."

"This is a trend in the province ... but our schools are still of an OK size to keep open. We're not considering closing any of them yet."

Brian Spurrill, LSSD secretary-treasurer, said the three major things that impacted this year's budget included a declining enrolment, a decrease in provincial funding and less of an assessment base to work from.

"When you look at all of those ... they definitely have a negative impact,"

### Budget expenses breakdown

- Regular instruction: \$33,913,433
- Student support services: \$10,193,645
- Maintenance: \$6,464,270
- Transportation of pupils: \$2,714,185
- Divisional administration: \$1,974,465
- Instructional and other support pupil services: \$1,546,125
- Fiscal: \$1,020,000
- Adult learning centres and community education: \$778,295
- Capital Contribution: \$373,446
- Total: \$58,977,864**

Spurrill said. "In order to get our expenditures lower, we had to look at reduced staffing."

Spurrill added the LSSD supports a review of the province's current education funding formula and is looking forward to what that will look like in the future.

"That will help the education side make longer term decisions," he said. "Right now we're going on a year to year basis and we know the current government wants to look at the funding formula but when exactly that will happen we don't know the time line on that yet."

Polinuk said the four community forums the division held late last year also help shape their decision making. Some of the emerging themes from the forums included a focus on mental health, Indigenous education, vocational education, early years and French immersion.

Polinuk added for the first time, she is visiting every school in the division and polling groups of students to gather feedback about their school. That feedback will be shared with the school's principal at a later date, she said.

Continued on page 3

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## Pancake breakfast serves up smiles



RECORD PHOTO BY JUSTIN LUSCHINSKI

Ella Chenkie, pictured left, and Peggy Holt, right, smile for the camera while enjoying a pancake breakfast at the Gordon Howard Centre last Saturday morning. Volunteers served up pancakes and sausages to around 50 community and area residents last Saturday.

## Glow Fitness hosts grand opening



RECORD PHOTO BY BRETT MITCHELL

Glow Fitness For Women owner Katie Hartle, pictured far right, helps a customer during the grand opening of her new facility, located at 217 Clandeboye Ave. behind the Selkirk Record, on Sunday. For more information about the women's-only gym and yoga studio, visit [glowfitnessforwomen.ca](http://glowfitnessforwomen.ca).

## > LSSD BUDGET, FROM PG. 2

"The students tell us like it is and they're the ones in the classrooms and they tell us what their needs are," Polinuk said.

Polinuk said some of the highlights of their 2018-19 budget include increased staffing support for school counselling, extra support for technology initiatives including replacement of aging stu-

dent laptops and classroom projection systems as well as continued support for major upgrades and replacements of school security cameras, intercoms, and building access systems to enhance safety and security.

New division and school websites will also be developed to help communicate news and events with parents and community members. Visit [lssd.ca](http://lssd.ca) for more information about the 2018-19 budget.



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## Manitoba Budget 2018

# Carbon tax will have real impact on all residents, local leaders say

By Lindsey Enns

Manitobans will be paying more at the pump once the carbon tax kicks in on Sept. 1.

The provincial government revealed more details surrounding the upcoming carbon tax in their 2018 budget, which was tabled on Monday at the Manitoba Legislature.

Although local leaders say the carbon tax will have a real impact on all residents, the province plans to return that revenue to Manitobans through tax reductions over the next four years.

"Everybody from homeowners to municipalities will be impacted," West St. Paul Mayor Bruce Henely said. "The province tried to provide a balanced approach to the budget. Money is best invested in our province, it's best invested in our local communities and we want to ensure that every single day that local infrastructure is the highest priority in municipalities."

For the average family, the Conservative government said carbon taxes will cost an extra \$240 annually through gasoline and natural gas.

Gasoline will see an increase of 5.32 cents per litre and natural gas will increase by 4.74 cents per cubic metre.

The carbon tax will also affect diesel and propane prices but marked fuel used in agriculture, mining and forestry will be exempt. The province says it is expecting to generate \$250 million in revenue from the "Made-in-Manitoba" carbon tax over 12 months.

"They continue to work on slaying the deficit," Henley said.

Budget 2018 gives small and medi-

um-sized businesses a break by raising the small business income tax threshold to \$500,000 from \$450,000.

By 2020, Manitobans also won't have to pay taxes on their first \$11,400 of income. This is expected to remove an estimated 30,000 Manitobans from the tax roll.

"That's going to put money in the pockets of the hard working men and women in Manitoba," Selkirk Mayor Larry Johannson said. "It will be a little bit of relief income tax wise."

The budget also takes a further step towards slaying the deficit. Budget 2018 reduces the deficit by \$319 million from Budget 2017, Finance Minister Cameron Friesen said.

"Manitobans face challenges of rising hydro rates, increased federal and municipal taxes, and interest rates rising. They deserve a break," Friesen stated in a release on Monday. "With this budget, and the biggest tax cut in Manitoba's history, we are giving them a break by taking money from the cabinet table and putting it back on the kitchen table."

The budget also includes a reduction in ambulance fees to \$340 from \$425, which the Tories promised during the 2016 election.

Johannson said he was pleased to see that the budget maintains a \$16 million annual investment in the film and video tax credit.

"We lobbied hard on that. I think it shows the government took a second look at the return on that investment," Johannson said, adding the recent CBC series, *Burden of Truth*, which was shot in Selkirk last year, brought in

approximately \$1 million in revenue for the city. "We've seen huge economic spin off of it."

As for how rising fuel prices will impact Selkirk and area in terms of tourism is still yet to be determined, Johannson said.

"Any time fuel prices rise, it has an affect, it has an affect on tourism, things suffer," he said. "There's a lot of people going pay cheque to pay cheque."

Even though cannabis will be legal this budget year, the province is not budgeting for any pot revenue.

"I think the cannabis revenue is going to be high and I think it's going to come at a time when municipalities need that money," Johannson said. "We need this trickle down from cannabis."

"It's a wait and see from the province."

The province is also investing \$13.7-million in education funding and the confirmation of the construction of five new schools: Seven Oaks (kindergarten to

Grade 5); Waterford Green (kindergarten to Grade 8); Southeast Brandon (kindergarten to Grade 8); Pembina Trails Waverley West (kindergarten to Grade 8), and Pembina Trails Waverley West (grades 9 to 12).

Henley said West St. Paul, which falls under the Seven Oaks School Division, is continuing to grow at a rapid rate.

"We're pleased the province is recognizing that growth that we're seeing," he said.

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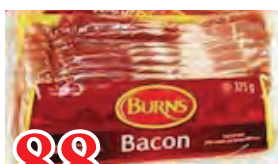
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# Affordable housing, gov't assistance concerns for seniors: Council prez

By Justin Luschinski

The Kildonan-St. Paul Seniors Council had their third public hearing last Saturday.

The council, initiated by Liberal MP MaryAnn Mihychuk (Kildonan-St. Paul), was created to listen to the concerns of St. Paul and Kildonan's aging population. The council is hosting six town hall style meetings to collect issues and comments from the seniors, which will then be put onto a list of recommendations and handed to the

federal government.

Although the turnout for last Saturday's meeting was low, Bob McIntosh, president of the seniors council, said hearings have been going well and they are starting to notice some common trends.

"Some common issues we've been hearing are affordable housing, government assistance, people who keep their loved ones at home as they age," McIntosh said. "People are obviously concerned. We need to recognize that

we're all going to be seniors at one point, whether you're 20 or 60. What we're doing here will have an effect on future seniors."

McIntosh wants to encourage more people to attend the next few hearings. He said this is a chance to have their concerns taken seriously by the government.

Elsie and Lyle Harkness, who attended last Saturday's meeting, have lived in West St. Paul since the 1970s. They were able to buy five acres of land for a good price, and they've lived a good life. But now, they say that the school tax is draining what little savings they have left.

"The school taxes are killer, it's way more than the municipal tax. We're fine with taxes, but the school tax is

hurting us," Lyle said. "I understand that kids need schools, but why tax seniors, who are on a fixed income. We live a good life, but we see the day coming where we'll have to move."

The next Kildonan-St. Paul Seniors Council public hearing will take place on Sunday, March 18, at 1 p.m., at 535 Leila Ave.

The public can also send concerns and comments via email to [kpsenior-council@gmail.com](mailto:kpsenior-council@gmail.com), or by mail at 1575 Main St., Winnipeg, Manitoba, R2W 3W5.

The council is hoping to compile their final report by May 15.

For more information about the Kildonan-St. Paul Seniors Council, call 204-984-6322 or email MaryAnn. Mihychuk@parl.gc.ca.



**RECORD PHOTO BY JUSTIN LUSCHINSKI**  
The Kildonan-St. Paul Seniors Council listens to concerns during their third public hearing last Saturday. Their next meeting is scheduled to take place on March 18.



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# Canada Reads viewing party to celebrate Canadian literature

By Justin Luschinski

Two Interlake residents are hoping to get Selkirk and area community members excited about Canadian literature.

Marcia Desmedt and Lorie Fiddler are organizing a Canada Reads viewing party on Monday, March 26 to help kick off the Canada Read Debate at the Gaynor Family Regional Library.

The Canada Reads Debate pits five Canadian celebrities against each other, as they debate on which book all Canadians should read this year. Books are voted off one each day until one book is chosen. The debates, which will run from March 26 to 29, will be broadcast on CBC Radio One, CBC and online at CBCbooks.ca.

Desmedt said she originally wanted this to be a small viewing party at someone's house, but now it's become a celebration of Canadian writers.

"Originally we were going to have a big viewing party at someone's house, but now the library is involved, and we're really excited," Desmedt said.

This year's theme is "One Book to Open Your Eyes." This year's contenders and their books include: Mozhdah Jamalzadah, defending The Boat People by Sharon Bala, Tahmoh Penikett, defending American War by Omar El Akkad, Greg Johnson, defending Precious Cargo by Craig Davidson, Jeanne Beker, defending Forgiveness by Mark Sakamoto, and Jilly Black, defending The Marrow Thieves by Cherie Dimaline.

Fiddler said they want this viewing party to encourage more Manitobans to appreciate Canadian literature.

"We want Canadian authors to be more respected. We have many great Canadian authors. This is such a great way to say 'read,'" Fiddler said. "I'm proud that a lot of these authors are



**RECORD PHOTO BY JUSTIN LUSCHINSKI**  
Lorie Fiddler, pictured left, and Marcia Desmedt, right, are helping organize a Canada Reads viewing party at the Gaynor Family Regional Library on March 26 to help celebrate Canadian literature.

from Canada. We're always looking outside for art, buying American books, American music, instead of looking at what we have in our own backyard.

"This is about supporting the great art and culture that we have here."

Fiddler and Desmedt say their favourites to win are Precious Cargo by Craig Davidson, and The Marrow Thieves by Cherie Dimaline.

The first viewing party takes place on March 26 at 6 p.m. at the Gaynor Family Regional Library. The evening will begin with a group discussion, followed by watching the CBC show at around 7 p.m. Desmedt said everyone

is welcome to attend.

The Gaynor Family Regional Library is located at 806 Manitoba Ave. For

more information about the Canada Reads event, contact the local library by calling 204-482-3522.

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## Be prepared while out on winter ice

Hi gang. It was a bright, yet chilly morning as I rolled to a stop at the edge of the ice pack on Shoal Lake north of Stonewall. Coming toward me I saw a couple trudging through the snow pulling a sleigh loaded with fishing gear. They bent forward; their steps measured, never stopping until they reached the shore line beside my truck. The lady, who I later learned was Dorothy Braun, busied herself stowing their belongings in their truck while Bill Massey introduced himself saying they were from Grosse Isle.

Bill was a well-spoken engaging sort, who graciously took the time to share a fishing experience before leaving. Bill recalled when he, his father and his son, Erin, flew out of Riverton to fish at a camp in northern Ontario. It was warm their first morning on the camp lake. A mist was mixed with the smell of camp smoke. Their small boat wobbled in the small waves as they spotted themselves at the narrow mouth of a small bay. Their lines went in the water and while Bill and his dad enjoyed the pure solitude, young Erin broke the silence exclaiming, "Nothing's happening!" "Just wait son," Bill urged. Young, spindly, blond-haired Erin tightened his line then cried out, "I'm snagged on a log!" Instinctively he hauled up on his rod but his "snag" began coming toward him. Erin cautiously reeled in. The load on the line was heavy until suddenly a sleek meter long jackfish arose beside of the boat rolling lazily over. The boy was beside himself and again purely by reflex pulled up hard on his rod to the shocking sound of his line breaking. Dad, having seen this happen before, sprang into action and as the jack lay in the water for an instant, Bill took his big net and thrust it under the freed jack hauling it into the boat!

Not long ago, on the Red River downstream of Selkirk I noticed the biggest hard wall ice shack in the area and decided it might be nice to visit the owner. The chap you see in this weeks' picture by the name of Les Yas-



**RECORD PHOTO**  
Les Yasinsky of Winnipeg with a nice pickerel he caught on the Red.

insky met me at the door and we were no sooner sitting inside, darned if he didn't catch the pickerel he's holding up. As we talked of fishing experiences Les happened to mention he had heard the North Red Waterway Maintenance outfit was going to stop ice breaking on the Red. I called Darrell Kupchik who runs NRW and he said the rumors aren't true. Ice breaking will continue.

I was talking to angler Kerry Thomas of Balsam Bay a few weeks ago and he gave us a story that lends itself to being careful out on the winter ice. Being a local boy this fit, forceful fellow, said he's usually the last one off the lake there in the evening. Not long ago he was coming off the ice on his sled when he saw lights flashing out of the corner of his eye. He turned around and made for the lights which turned out to be a truck stuck deep in a snow bank. He gunned his sled up the drift to the drivers' window in the darkness and dismounted sinking knee deep in the snow. He struggled to the window and could just make out two shivering anglers lightly dressed inside. The driver lowered his window slightly. "Are you guys ok?" Kerry shouted, "Do you have a shovel, where's your

heavy clothes?" He could tell they were not prepared to be out here. "Come on," he called out, "get on my sled; we'll go to my place." At home he made them lunch while they warmed up then they called friends to come fetch them. Good job Kerry! Oh, by the way Kerry's' ice shack, painted up like a volcano, won Shack of the Week in The Selkirk Record ice shack contest.

Now, let's go back to Shoal Lake where I got a funny little story in the oddest way before I met Bill and Dorothy. I was rounding the curve in old red before the Erinview church and almost ran into a white truck. I smiled in relief at the other driver while approaching side-by-side with him. We rolled our windows down and he gave us this story. He said he was Tom from Balmoral and went fishing with his daughter nine year old Telesa off Chalet Beach where she caught one master walleye after another in a very lucky ice hole. Neighboring anglers watched in disbelief. When they could stand it no longer they walked over and offered the girl one hundred and fifty dollars for her fishing hole to which she responded, "No way!"

See you next week, bye.



### > CONTACT US

By phone: **204-785-1618**  
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,  
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

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or call our office at 204-785-1618

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

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# Beausejour area artists bring their pieces to Gwen Fox Gallery

By Justin Luschinski

Two artists from the Beausejour area who draw inspiration from two very different themes are teaming up for this month's art exhibit at Selkirk's Gwen Fox Gallery.

Michele Campbell and Autumn Robbie-Draward's show entitled "Artistic Soulz" runs until March 31.

Robbie-Draward's paintings represent her values, things she loves or lost, while Campbell's work is an expression of anger towards global warming.

Robbie-Draward said through her pieces, she's putting herself on the canvas. One of her pieces is a tribute to an aunt she remembers fondly.

"The painting over there is called Remembering July Release. I have quite an extensive flower garden, where I would grow lilies in (the summer). I had this aunt who lived to be 100-years-old. Back when I still worked in the city, I would take a big bouquet of lilies to her," Robbie-Draward said. "I walk up to her house, and here she is, 95-years-old, sweeping her step at 7:30 in the morning. When I look at a lily, I'm just connected to her."

Robbie-Draward said that much of her work comes from a very personal place. She created a few paintings around her cats, because they make her laugh and smile all the time. She also created a series of works around teddy bears, as her mother used to create bears out of old fur coats.

Campbell's work, however, imagines the world after global warming has taken its toll.

"My (work) is mostly polar bears, and revolves around global warming. I remember in 2011, Coca-Cola said that for each can they sold, they would donate to help save the polar bears," Campbell said. "I was angry, because I wondered what they were going to do with the money, you can't bring back the ice. I visualized global warming and how it would change our environment."

Campbell's work uses a lot of flowing colours, some of which depict a burning red-hot environment with a polar bear walking through the land-



RECORD PHOTO BY JUSTIN LUSCHINSKI

Michele Campbell paints inside the Gwen Fox Gallery last Tuesday afternoon. Campbell and Autumn Robbie-Draward have brought some of their pieces to the Selkirk gallery as part of this month's art exhibit, which runs until March 31.

**"I VISUALIZED GLOBAL WARMING AND HOW IT WOULD CHANGE OUR ENVIRONMENT."**

scape. Campbell said that the colours represent how global warming is changing our environment.

A closing reception for the exhibit will be held on Saturday, March 31 from 1 p.m. to 3:30 p.m. at the Selkirk gallery.

The Gwen Fox Gallery is located at 250 Manitoba Ave. in Selkirk. For more information, visit [gwenfoxgallery.com](http://gwenfoxgallery.com).

## Welcome to the Team!

### New veterinarian joins Selkirk Veterinary Services

Dr. Klug, Dr. Penner and the rest of the staff at Selkirk Veterinary Services (SVS) are pleased to welcome Dr. Shantel Munro to their team.

Dr. Munro graduated from a four-year program at the Western College of Veterinary Medicine in 2016 with an award in clinical excellence. Dr. Munro's love for animals started at an early age even though her parents wouldn't let her have any pets of her own.

"I have wanted to be a veterinarian since I was very, very young," she said.

Today, she has three pets of her own, a Jack Russell named Sadie, a Lab named Maddy and a senior cat named Tess.

Originally from Winnipeg, Dr. Munro started practicing in Russell, MB, before moving closer to her family and choosing Selkirk as her new place to practice veterinary medicine. When asked why she chose Selkirk, Dr. Munro replied, "SVS basically has everything I was looking for in a veterinary practice. Their focus and their emphasis was really where I wanted to go in my career. The biggest thing for me was how much focus is on the dental care, they have an excellent dental set-up and training. I really want to focus on animal dentistry and SVS is really good for that."

Going forward and growing her practice, Dr. Munro is hoping to gain dental experience and branch out into complicated surgeries while treating the wide range of conditions they see daily at SVS. When asked what her best advice to pet owners is when it comes to taking care of their animals' teeth, Dr. Munro says prevention is the best medicine.

"Start early, the number one thing is to always have a look at your pet's teeth. Just occasionally lift the lip and have a look, look for fractures or lots of tartar. Talk about your pets teeth with your vet and start early, this can prevent a costly and serious procedure down the road."

Although the doctors at SVS treat all types of companion animals, Dr. Munro finds ferrets fascinating.

"I love ferrets and welcome clients to come visit us with any ferret concerns," she says. "The small exotic mammals in general, rabbits and guinea pigs, I really like those as well."

Selkirk Veterinary Services is located at 6 Wersch St. in Selkirk. To book an appointment, call 204-482-5720. Dr. Klug, Dr. Penner or Dr. Munro look forward to helping all your beloved, furry friends.



Dr. Shantel Munro

**The Selkirk Record**

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline

**Mondays at 4 p.m.**

Office Hours: Monday-Friday 9:30-5:00





## Selkirk to host Daffodil Days for cancer society on March 23, 24

By Lindsey Enns

A group of dedicated volunteers are once again teaming up to sell fresh bouquets of daffodils for a good cause.

Volunteers will be at Canadian Tire and The Marketplace in Selkirk on Friday, March 23 and Saturday, March 24 selling daffodils and daffodil pins for the Canadian Cancer Society.

Diane Smolinski, a Canadian Cancer Society volunteer who lives near Clandeboye, says this will be her third year helping out with Daffodil Days. She said since she's a cancer survivor herself, the fundraiser is near and dear to her heart.

"It's just something that I strongly believe in," Smolinski said, adding it wouldn't be possible for the fundraiser to keep running in Selkirk without the help of a dedicated group of nine volunteers. "It would just be impossible without them."

Local businesses have also always been very supportive as well, she

said.

"Marketplace and Canadian Tire have been absolutely wonderful about it," she said. "They have been so supportive."

"They've just been really awesome people to deal with."

Daffodil Days volunteers will be at Canadian Tire and The Marketplace in Selkirk from 11 a.m. to 7 p.m. on Friday, March 23 and from 10 a.m. to 2 p.m. on Saturday, March 24.

A bunch of 10 daffodils will be \$7 or three bunches for \$20. Daffodil pins will be available by donation. All the funds will be going to the Canadian Cancer Society.

Those interested in placing a pre order can contact Diane Smolinski directly by calling 204-738-4408.

The Canadian Cancer Society's door-to-door daffodil campaign will also take place throughout the month of April across Manitoba, Smolinski added.

Last year Daffodil Days volunteers raised nearly \$300,000 in Manitoba.

## Manitoba Safeway workers expected to strike later this month

By Justin Luschinski

Safeway workers in Manitoba could be walking off the job later this month.

Members of the United Food and Commercial Workers (UFCW) Local 832 have voted 98 per cent in favour of a strike mandate. The union represents roughly 2,200 Safeway employees and stores across Manitoba, including Winnipeg, Selkirk, and Dauphin.

Jeff Traeger, UFCW Local 832 president, says Safeway, which is now owned by Sobeys, is looking for major concessions in the collective agreement and they're doing what they can to protect their members.

"The company is looking for major concessions in benefits, wages, vacations, among other things," Traeger said. "This will have a devastating effect on our members. They've said that they will be closing stores, we don't know which ones ... They're definitely trying to intimidate us into accepting a substandard agreement."

Traeger said he hopes the strike mandate will help move the negotiations further along, so they can build

a contract that benefits both employees and employers. The strike vote started on Feb. 26 and Traeger said it was the largest vote turnout ever for the union.

Although Sobeys could not be reached for comment before press time on Monday, Jacquelin Weatherbee, a Sobeys spokesperson, told *CBC News* in early February that store closures are based on a number of factors including revenue, customer need and operating costs.

Traeger said their members are also nervous about the company bringing in a new store franchise, which will cause employees to lose their jobs.

"The company has said they will be bringing a number of FreshCo stores to Manitoba. I know some of our members are nervous about that. Once the company makes an announcement, we'll let the employees know first," Traeger said.

The union said it will be in a legal strike position on March 18.

The collective agreement for current employees expires at midnight on March 17.

## Viola Desmond, human rights museum featured on Canada's new \$10 bill

Submitted

A prominent image of the Canadian Museum for Human Rights (CMHR) will be featured on the new \$10 bank note as a symbol of Canada's ongoing pursuit of rights and freedoms, the Bank of Canada revealed last week.

The front of the note displays a portrait of Viola Desmond, whose defiant stand against racial segregation is featured in an exhibit housed in the CMHR's Canadian Journeys gallery.

An external façade of the CMHR, overlaid on an image of its glowing alabaster rampways, will be portrayed on the back, alongside an excerpt from

the Charter of Rights and Freedoms and an eagle feather representing the continuing struggle for recognition of the rights of Indigenous Peoples in Canada.

The note was officially unveiled by Stephen Poloz, Governor of the Bank of Canada and the Honourable Bill Morneau, Minister of Finance, at a ceremony in Halifax, Nova Scotia. A reveal event in Winnipeg was held beside the Viola Desmond exhibit, in front of an audience of surprised and delighted elected officials, visitors, donors, members and business and community leaders last Thursday.

"It's hard to put into words how proud and excited I was to learn that our Museum would be featured

on this historic bank note," said Dr. John Young, speaking at the Halifax ceremony. "Viola Desmond's courage has inspired our visitors by demonstrating that one person can make a difference. Hers is a story that all Canadians need to know and one that we are honoured to share."

When the new \$10 bill begins circulating in late 2018, Desmond will become the first Canadian woman to be portrayed on the front of a regularly circulating Canadian bank note. The CMHR will become the first museum ever pictured on a Canadian bank note.

"This is an incredibly proud day for everyone who contributed to building the Canadian Museum for Human Rights," said Gail Asper, a member of the CMHR's Board of Trustees and National Campaign Chair of the



SUBMITTED PHOTO

The Canadian Museum for Human Rights along with a portrait of Viola Desmond are featured on Canada's new \$10 bank note.

Friends of the CMHRs capital fundraising campaign. "This Museum has become a place of inspiration for visitors from across Canada and around the world."

For more information on the visual elements and security features on the new \$10 bank note, including some 360-degree views inside the CMHR, visit the Bank of Canada's website.



# RAFFLE

**Draw to be held**  
**Saturday, April 7th, 2018**  
12:00 noon at Smitty's Family Restaurant, 168 Main St., Selkirk, MB

**1st PRIZE**  
Eskimo Quickfish 3  
Pop-up Shelter

**2nd PRIZE**  
Rapala Cyclone 33cc  
8" Auger

Lic. #05-18  
2000 Tickets Printed

**Tickets: \$2.00 each**

**Tickets Available at:**

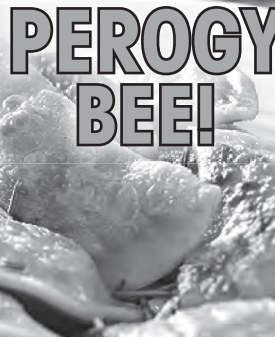
• Jad's (Arnes)	• Domo (Winnipeg Beach)	• Big Dollar (Selkirk)
• Zan's (Arborg)	• Ford's Store (Wpg Beach)	• Westside Honda (Selkirk)
• Shop Easy (Riverton)	• #9 Roadhouse (Wpg Beach)	• Selkirk Record (Selkirk)
• J & J Fraserwood Store	• Matlock Store	• Lockport Grocery
• Fry Days (Teulon)	• Petersfield Hotel	• Wavers (Scantbury)
• Gimli Snowmobile Centre	• Petersfield Store	• Sherwood Groceries
• Home Hardware (Gimli)	• Clandeboye Store	(Gull Lake/Stead)
• Gimli Small Engines	• Smoke n' Fish (Selkirk)	

**For Info Call: 204-641-6110 or 204-641-2210**

**Gordon Howard Centre**

- Pre-order your perogies by calling the Centre at 785-2092
- Perogies are \$5.00 per dozen
- Perogy filling is potato, cheese and onion
- Orders will only be available for pick up after 2:00 p.m. on Tues., March 20

# PEROGY BEE!





# West St. Paul to add inflatable zip line to Canada Day celebrations

## Staff

There may still be snow on the ground, but West St. Paul isn't wasting any time when it comes to planning this year's Canada Day celebrations.

The RM will once again host a family party on Sunday, July 1 and it'll have some new exciting features that are sure to make you think sunshine and warm, outdoor fun.

West St. Paul Fire Chief Ryan Yackel says the RM's Canada Day committee has connected with Tag'Em Entertainment to bring several new attractions to the party, held annually at the Sunova Centre.

Highlights of the new attractions include an inflatable 85-foot zip line, foam machines and mini golf.

"We're always looking for new things for Canada Day. We're super excited about bringing these new features here to West St. Paul, and we think the kids, and even adults, are gonna love it," Yackel said.

West St. Paul Mayor Bruce Henley said these new attractions will build on what has become an extremely popular event over the years.

"July 1st in West St. Paul has certainly become one of the must attend events in the Capital Region," Henley said. "We have the local community and so many other families from the region that attend, and they keep coming back year after year as it truly is a great family event. Everyone, young and old, can celebrate Canada Day in a safe, secure and fun, family environment."

Ty Worthington, the Chief Fun Offi-



SUBMITTED PHOTO

The RM of West St. Paul will be adding an 85-foot inflatable zip line, foam machines and mini golf to a long list of attractions during this year's Canada Day celebrations at the Sunova Centre.

cer from Tag'Em Entertainment, said the zip line is one of only a couple available in Western Canada, and it is a ton of fun.

"We're the only ones in Manitoba/Saskatchewan to have it," Worthington said. "It's phenomenal. The majority of the events that take it in, it's usually the talk of the event. If you ask any kids that have been on it, it's their favourite inflatable to go on."

Worthington said it's safe, using the exact same technology that stuntmen use to fall on.

This is the second year Tag'Em has had the zip line and Worthington said

it's already being requested for Canada Day 2019.

"It's extremely popular."

The foam machine with a foam pit is also very enjoyable, Worthington said, as is mini golf.

The show and shine has been a staple of West St. Paul's Canada Day activities and this year Yackel said they're partnering with Manitoba Mopar Association to make the show bigger and better.

"We're excited to be partnering with the Manitoba Mopar Association and to be bringing in potentially several hundred different and new cars to the

show," Yackel said.

And, the show is also a fundraiser for The Movement Centre of Manitoba, with a \$10 fee for those who enter their cars in the show going to the Centre.

Manitoba Mopar Association's Paul Kun says the show is known as the Mopar and Friends Canada Day Car Show and this year will be the 21st anniversary of the show. It was previously held in Kildonan Park.

Kun said the club has a mandate to do community support work and over the past 10 or so years, they've raised just over \$20,000 for The Movement Centre, a non-profit organization committed to improving the physical health of children and adults with physical disabilities.

The show is open to all years, makes and models of specialty and collector vehicles.

"It's open to all makes and models, we don't really discriminate, as long as it's some sort of specialty vehicle and we're pretty loose with that interpretation. There's everything from '20s all the way up to altered, modern cars," Kun said.

You don't have to be a member of the Mopar association to enter.

All the other fun activities will be back as well, including the kids candy scramble and live entertainment as well as the spectacular pyrotechnic musical firework show that closes out the evening.

More information on West St. Paul's Canada Day Celebrations will be announced in coming months.

## Manitobans reminded to buy health insurance when travelling outside province

## Staff

Thinking of taking a trip this spring? The province would like to remind you to purchase travel insurance before travelling outside Manitoba.

It is recommended Manitoba residents explore private insurance options to supplement provincial health insurance plan coverage while out of the province whether travelling in or outside Canada.

If a Manitoban is admitted to a hospital in another province or territory, benefits are paid at the rates established by the health insurance plan of that province. Payments will be made directly to the hospital through reciprocal agreements between provinces.

When a Manitoban is required to see a Canadian health provider, payments will be made at the rates of that province.

Medical practitioners billing through the reciprocal agreement between provinces, accept their provincial fee schedule as payment in full. Medical practitioners who elect to bill the patient or

who bill the patient's 'home province' directly may charge additional amounts. If charged, these additional amounts remain the responsibility of the patient.

Private Canadian clinics may charge patients directly for the use of the facility as well as for any drugs, materials or

supplies used. These charges are not insured benefits under the provincial health plan when provided in a private facility and the patient will be responsible for these costs.

In addition, ambulance services are not insured services. Manitoba residents

are responsible for these costs unless the resident has purchased travel insurance. For more information on health care coverage when travelling, visit [gov.mb.ca/health/mhsip/leavingmanitoba.html](http://gov.mb.ca/health/mhsip/leavingmanitoba.html).

### STATE OF THE REGION ADDRESS



HENLEY



FIEBELKORN



PIKE



JOHANNSON

**Next Wednesday March 21<sup>st</sup>,  
11:45 am**

**Doors open at 11:15 am.  
Gaffers Sunset Room in Lockport**

**Door Prize:** Two tickets to the Winnipeg Comedy Festival which will be taped for TV.



### BROWN AND SONS CONSTRUCTION

#### The Waterproofer FOUNDATION REPAIR SERVICES



#### The Waterproofer says:

Warmer weather is on its way. It's time to prepare your foundation by removing as much snow as you can around your house. In the springtime water from melted snow can get into cracks and voids in your foundation wall. With the rapid freeze/thaw cycle at this time of year the moisture freezes in cracks and expands making a crack a little bigger each time. This is why you hear people saying that the basement didn't leak until spring. The more snow you move away from your house, the less chance you have of creating cracks or making existing cracks longer. We can help you with this. If you have any foundation problems or questions call Arnie at Brown and Sons Construction for a free quote. Benefit from our two decades of experience.

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204-785-9468 • 204-227-3796



## Bombers, Manitoba Justice face-off at friendly basketball game in Selkirk

By Lindsey Enns

School spirit was on full display during a friendly basketball game between current and former Winnipeg Blue Bombers and members of the province's justice department last week at École Selkirk Junior High.

"Throughout the year we try to make it out to as many community events as possible playing basketball," said Andrew Barbour, co-ordinator of emergency services for Manitoba Justice. "Sometimes we'll go against high school students or the Winnipeg police but we've been doing a lot with the CFL guys recently and it's great to just get out to interact with our youth in a positive way."

"Let them know that even though we work for Manitoba Justice we're just regular people out living healthy lifestyles."

Barbour, who was also playing during last Wednesday afternoon's game, said it's a great way to get local youth involved with sports. He added although Manitoba Justice has been taking part in this initiative for the past three years, this was their first time stopping in Selkirk.

"We put on a show for the kids, have some fun and hopefully encourage some of our youth to get out and play sports."

Keith Landry, head of the school's phys-ed department, said they were excited to host the game at their school this year. He added some of their students also got a chance to play on the Bombers team.

"It matches up with our basketball season. Our season as a school is wrapping up," Landry said. "So we're having a little pep rally intertwined with this as well."

He added that four of the school's basketball teams have made it to the junior high school finals, which was set to take place at the Comp on Tuesday.

École Selkirk Junior High principal Daryl Loeppky said the game was a great way to get their students excited about the basketball finals.

"It was great for the Bombers and Manitoba Justice to come out and put on a great display of athleticism and get the kids excited about basketball," Loeppky said. "We certainly are excited to have all our four teams in the finals this year."

The final score of last Wednesday's game was 56 for the Bombers team, which included running back Andrew Harris, and 42 for the Manitoba Justice team. Loeppky added the event wrapped up with an impromptu slam dunk competition.



RECORD PHOTOS BY LINDSEY ENNS

Winnipeg Blue Bomber running back Andrew Harris, pictured above centre, makes his way up the court during a friendly basketball game between current and former Bombers and Manitoba Justice members at École Selkirk Junior High last Wednesday afternoon.



## 39th annual Interlake Juried Art Show accepting submissions until April 3

Staff

Organizers behind this year's Interlake Juried Art Show is putting out a call to local and area artists.

Artists over the age of 12 are invited to submit their works to the 39th annual Interlake Juried Art Show hosted by the Gwen Fox Gallery and taking place from April 7-29 at the Banquet Hall inside the Selkirk Rec Complex.

Artist entry forms can be found online

by visiting [gwenfoxygallery.com/page/ijas2018](http://gwenfoxygallery.com/page/ijas2018) or by stopping by the Gwen Fox Gallery in Selkirk during regular gallery hours.

The deadline to enter is April 3.

Joanie English, a Gwen Fox Art Gallery volunteer, says the art show is an excellent opportunity for local artists.

"Hosting this event will promote the growth of culture by providing opportunities for emerging visual artists

and crafts people to exhibit their work, maintain and develop camaraderie and develop critical skills by having their work critiqued by adjudicators," English said. "There are 10 different categories, for both the youth and adults."

English added there will be a group of youth and adult jurors on hand to judge all of the works.

The Interlake Juried Art Show is part of a series of art shows that take place

in the six regions of Manitoba each year. The winner of each 10 categories are then invited to enter into a regional level show, which is hosted in Winnipeg at a later date.

"Last year our area won Best of Show for Manitoba, and also the Best in the Sculpture Category in Manitoba," English said. "Both artists will be entering into this year's Interlake Juried Art Show."







# get inspired

> MEAL IDEAS

THE Marketplace  
AT SELKIRK



## Dark Chocolate Soufflé

Prep time: 10 minutes  
Cook time: 18 minutes  
Servings: 2  
1/2 tablespoon Filippo Berio Extra Light Olive Oil, plus additional for coating pan

1/4 cup granulated sugar, plus additional for coating pan  
4 ounces 70 percent cocoa dark chocolate  
1 ounce 30 percent heavy cream  
3 egg whites  
2 egg yolks  
pinch of cream of tartar  
Heat oven to 375 F. Grease two 6-ounce ramekins with olive oil and

dust with sugar.

In double boiler, melt chocolate, 1/2 tablespoon olive oil and cream; let cool. Using electric mixer, beat egg whites until soft peaks form.

Whisk egg yolks into cooled chocolate mixture; fold in egg whites, 1/4 cup sugar and cream of tartar. Pour into prepared ramekins; bake 15 minutes.

Tips: This recipe can be easily doubled. Garnish with fresh berries, if desired.

## Double-Chocolate Olive Oil Cake with Salted Chocolate Caramel Icing



Recipe courtesy of Chef Sharon Sanders

Prep time: 15 minutes  
Cook time: 35 minutes  
Servings: 8-10  
1/2 cup, plus 2 tablespoons, Filippo Berio Extra Light Olive Oil, divided, plus additional for coating pan  
1 cup all-purpose flour  
1 cup granulated sugar  
1/4 cup unsweetened cocoa

1/2 teaspoon baking powder  
1/4 teaspoon baking soda  
1/4 teaspoon table salt  
1/2 cup half-and-half  
1 teaspoon pure vanilla extract  
1 large egg, lightly beaten  
1/4 cup, plus 1/3 cup, mini dark chocolate chips, divided  
1 cup canned dulce de leche  
flaky sea salt (optional)  
Position rack in center of oven and heat to 350 F. Lightly coat 9-inch round cake pan with olive oil and line bottom with parchment paper. Lightly coat parchment with olive oil.  
In large mixing bowl, combine flour, sugar, cocoa, baking powder, baking

soda and salt. Stir in half-and-half, 1/2 cup olive oil and vanilla. With electric mixer, beat in egg until well blended. Scrape batter into prepared cake pan and sprinkle top with 1/4 cup mini chips.

Bake cake 25-30 minutes, or until toothpick inserted into center comes out clean. Place cake on cooling rack 10 minutes then turn cake out onto rack and let cool completely.

In medium saucepan, heat dulce de leche over medium heat, stirring occasionally, until softened. Add remaining olive oil and chocolate chips and stir until chocolate has melted and mixture is smooth. Remove pan from heat.

Transfer cake to serving plate. Pour icing over cooled cake, sprinkle with flaky salt, if desired, and serve.

## Double-Chocolate Biscotti

Prep time: 30 minutes  
Cook time: 25 minutes  
Servings: 40  
3 cups all-purpose flour  
1/2 cup cocoa powder  
1 1/2 teaspoons baking powder  
1/4 teaspoon ground cinnamon  
1/4 teaspoon salt  
1/2 cup Filippo Berio Extra Light Olive Oil, plus 1 tablespoon for coating pans  
1 cup packed light brown sugar  
2 eggs, plus 1 egg yolk  
1/3 cup milk  
1 tablespoon balsamic vinegar  
1 cup semisweet or bittersweet

chocolate morsels  
On sheet of waxed paper, combine flour, cocoa powder, baking powder, cinnamon and salt; set aside.  
Using electric mixer, beat olive oil with sugar until smooth and light. Add eggs and egg yolk, one at a time, beating until smooth. Add milk and vinegar; beat until smooth. With mixer on low speed, gradually add flour mixture, beating until just combined. Stir in chocolate morsels with large spoon; cover with plastic wrap. Refrigerate at

least 4 hours.

Heat oven to 325 F. Grease two large baking sheets with 1/2 tablespoon olive oil each. On lightly floured surface, divide dough into quarters. Roll each piece of dough into log, about 1 1/2 inches in diameter. Place logs on baking sheets, leaving space in between. Bake about 30 minutes, or until golden and set. Transfer to rack; let cool 10 minutes.

Reduce oven temperature to 300 F. On cutting board using serrated knife, cut each log into 3/4-inch-wide slices diagonally. Place slices, cut-side down, on

baking sheets. Bake 15-18 minutes, or until toasted. Transfer to racks; let cool.



**BINGO**  
SUNDAY NIGHT BINGO  
Pots are as follows:

4	\$1177 + LOONIE POT	4
4	\$28,284 + POKER FLUSH	4
19/53	\$3400 + JACKPOT In 51 Numbers	19/53
19/53	\$2645 + BONANZA In 52 Numbers	19/53

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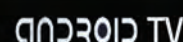
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# Faceless Doll Project sheds light on number of MMIWG in Canada

By Justin Luschinski

Comp students and community members are teaming up to make 1,500 faceless dolls to represent the hundreds of missing and murdered Indigenous women and girls (MMIWG) in Canada.

The Faceless Dolls Project aims to show Manitobans the sheer number of Indigenous women and girls who have either gone missing or were murdered, represented by faceless felt figures. The project was modeled after a program at the Native Women's Association of Canada, and more than 50 people gathered at the Comp last Friday evening to help make the dolls. The room was filled with teachers, students, school division staff and trustees as well as various community members.

Shawna Whiteside, an English teacher at the Comp, said she was blown away by the amount of support the event received.

"The enthusiasm that students have ... is breathtaking. This is definitely not just an Indigenous issue, this is a world issue, it's something we need to be more aware of," Whiteside said. "These are our mothers, our daughters, our nieces, and we need to be aware that they are going missing or being murdered."

Among the crowd was Comp students Jessica Roberts and William Miller who said the event affected them in different ways, but they both wanted to come together and help show how tragic the MMIWG issue is.

"I feel like as a woman specifically, this impacts me, because it's women and girls who go missing," Roberts said. "But it's not just about me, these people lost family and friends. This affects not just our community, but everyone in Canada."

Miller said he was happy to see the community come together to shed some light on this issue.

"It shows the strength we have," Miller said. "I find that the dolls give you a way to understand the huge number of lost lives. Anyone can say 'oh, there's 2,000 people who have died' but you don't understand it until it's right in front of you."



Comp students Jessica Roberts, pictured left, and William Miller, right, were busy making faceless dolls out of felt at their school last Friday evening as part of a Faceless Doll Project, which aims to shed light on the hundreds of missing and murdered Indigenous women and girls in Canada.

RECORD PHOTOS BY JUSTIN LUSCHINSKI

Nova House in Selkirk has also been working on a faceless dolls project for nearly five years. Originally they had hoped to collect 1,200 dolls made out of felt but they have reached nearly 1,500. Anna Pazdzierski, the shelter's executive director, said plans are in the works to have their dolls displayed at the Canadian Museum for Human Rights later this year.

"We're just so happy that the high school is doing it as well," Pazdzierski said.

The Comp will also be hosting a commemorative event for their project on Thursday, March 22 from 5 p.m. till 9 p.m., where the dolls will be displayed. There are also plans for keynote speakers as well as a showcase of projects from other students.

**"THIS IS DEFINITELY NOT JUST AN INDIGENOUS ISSUE, THIS IS A WORLD ISSUE, IT'S SOMETHING WE NEED TO BE MORE AWARE OF."**

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# Tri-S House League SOCCER Registration 2018 for players born in 2000 to 2015

## Petersfield (for info [www.cdrasports.com](http://www.cdrasports.com))

March 15th 5:30-7pm and March 16th 9:30-11am  
at William S Patterson School in Clandeboye.

## East Selkirk (for info <http://eastselkirk.net> or email [tjkawaja@gmail.com](mailto:tjkawaja@gmail.com))

Registration has already taken place please contact TJ if questions

## Selkirk (Contact [chris-downey@hotmail.com](mailto:chris-downey@hotmail.com))

March 21st, 22nd and 28th (late Registration) 6:00-8:00PM  
at the Selkirk Rec Centre Lobby 180 Easton Drive

If you wish to register online and pay by Credit Card you may at  
[www.trissoccer.com](http://www.trissoccer.com) from March 15th to March 21st,  
A \$8 extra fee will be charged to cover transaction fees

**Late registration a \$35 late fee will be applied**

\* Cash or Cheques only at live registrations \*

## St. Andrews (contact- [standrewssoccer@yahoo.com](mailto:standrewssoccer@yahoo.com))

Registration open February 17th - April 2nd.

Register online [www.standrewsrec.com](http://www.standrewsrec.com)

April 2nd 6:00-8:00 pm-

Live payment/registration night at St. Andrews community club

**\* Late Registration Fees apply in all areas and range from \$20 - \$35**

### REGISTRATION IS FOR PLAYERS BORN IN:

4 & under CO-ED 2014 & 2015	local games only	Dates Pending Per Area
6 & under CO-ED 2012 & 2013	local games only	Monday & Wednesday
8 & under 2010 & 2011	All Areas, teams travel	Monday & Wednesday
10 & under 2008 & 2009	All Areas, teams travel	Tuesday & Thursday
12 & under 2006 & 2007	All Areas, teams travel	Tuesday & Thursday
15 & under 2003 to 2005	All Areas, teams travel	Monday & Wednesday
18 & under 2002 to 2000	All Areas, teams travel	Tuesday & Thursday

\* All age groups, times, same gender or co-ed teams, field size, format of game, etc. are subject to change. It is a decision of the Tri-S House Committee so we can provide a place for as many players to play and enjoy soccer as possible. The above age groups are only a guideline. 18U is usually COED.

### IMPORTANT DATES:

Season Starts the week of April 30th (conditions permitting)

Tim Horton's Jamboree (6 & under, 4 & under) June 23rd and 24th

8U-18U Windup Tournament June 22nd, 23rd, 24th

**VOLUNTEERS ARE REQUIRED FOR COACHING AND REFFING  
SIGN UP AT REGISTRATION SO THE PROGRAMS CAN CONTINUE  
(NO COACHES, NO REFS = NO SOCCER!)**

### CONTACT:

Selkirk - [chris-downey@hotmail.com](mailto:chris-downey@hotmail.com)

East Selkirk - [tjkawaja@gmail.com](mailto:tjkawaja@gmail.com)

Petersfield - [cdsraosoccer@outlook.com](mailto:cdsraosoccer@outlook.com)

St. Andrews - [standrewssoccer@yahoo.com](mailto:standrewssoccer@yahoo.com)

# East St. Paul woman plans to retire early after \$1M lotto win

## Staff

A lucky East St. Paul woman says she plans to retire early after winning \$1 million during the March 3 Lotto 6/49 draw.

Brenda Scheller says she's been dreaming of a Lotto 6/49 win for nearly 25 years and earlier this month that dream became a reality.

"I just couldn't believe it," Scheller stated in a release last Thursday. "I scanned the ticket once, then again and again, every time counting the zeros. I really couldn't believe I won \$1 million!"

Scheller said her win will help her make another long-time dream come true.

"I'm going to retire early," she said. "With this, I can retire early and not have to worry about a thing."

The soon-to-be retiree said she hopes to help her kids with their stu-



**BRENDA SCHELLER**

dent loans. She's also thinking about possible travel destinations.

The happy winner purchased her winning ticket at Luckypeggers, located inside the Superstore at 1-1578 Regent Avenue. Her guaranteed prize draw number -21877749-01 - exactly matched the winning number drawn that night.

# Winnipeg Folk Fest unveils 2018 lineup



**RECORD FILE PHOTO**

This year's Winnipeg Folk Festival at Birds Hill Provincial Park lineup includes Sheryl Crow, Bahamas, Courtney Barnett, The Strumbellas, Elle King, A Tribe Called Red and many more.

## Staff

Folk Fest fans will get a chance to soak up the sun with Sheryl Crow this summer at Birds Hill Provincial Park.

There may still be snow on the ground, but the Winnipeg Folk Festival unveiled its exciting lineup last Wednesday.

This year's main acts include Sheryl Crow, Bahamas, Courtney Barnett, The Strumbellas, Elle King, Passenger, John Butler Trio, Natalie MacMaster, A Tribe Called Red and more.

"It truly is a banner year for programming at the Winnipeg Folk Fest with a great variety of headliners and emerging artists from across musical genres," said Chris Frayer, artistic director of the Winnipeg Folk Festival. "We're thrilled to celebrate our 45th edition by doing what we do best, sharing spectacular music with our

audience."

This year's Folk Fest will take place from Thursday, July 5 to Sunday, July 8. The festival will feature nine stages throughout the festival site, daytime workshops and family festivities.

The festival is run annually by 18 permanent and contract positions, overseen by a volunteer board made up of 14 people. Every year more than 2,700 volunteers help run the four-day festival.

Early bird tickets are on sale now until April 30. For more information and for the full list of performers, visit [winnipegfolkfestival.ca](http://winnipegfolkfestival.ca). Tickets can be purchased online or by calling 1-888-512-SHOW (7469) through Front Gate Tickets or in person at the Winnipeg Folk Festival offices located at 203-211 Bannatyne Ave. in Winnipeg.





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## 2018 PROGRAM

# JOIN US AND HAVE SOME FUN!

Phone 785-7312 [www.selkirkconed.com](http://www.selkirkconed.com)

- All classes run subject to enrolment.
- Please register early to avoid cancellation and disappointment!
- All classes held at the High School unless noted.
- Classrooms may be subject to change.

#### REFUND POLICY

- Refunds must be requested **three days prior** to course start date less \$15 admin fee.
- For courses cancelled due to insufficient enrollment you will be notified and money will be refunded in full.
- Please note start date, time and location of course. You will **not** be sent a confirmation of registration **unless** registering on-line. You will be contacted **only** if the course is cancelled due to insufficient registration.

## CONTINUING EDUCATION PROGRAMS REGISTER NOW!

### Swim Registration Begins: March 20th

Continuing Education ~ Lord Selkirk School Division  
221 Mercy St., Selkirk, Mb. R1A 2C8 Phone: 785-7312

Registration Hours: 9:30 – 4:00

Melissa Nietrzeba ~ Program Director • Janine McNiven ~ Assistant

Check out our CLASSES at [www.selkirkconed.com](http://www.selkirkconed.com)



## YOUTH

### BABYSITTING SAFETY

**\$55**  
Ages 11-15  
Saturday, Apr. 21  
9:00 am – 5:00 pm  
(1 sessions)

Youth ages 11 - 15 come learn to be a safe, Red Cross Certified Babysitter. Class includes textbook and laminated wallet certificate. Bring a bagged lunch.

**Library**



### HOME ALONE

**\$40** Ages 8 & up Tuesday, Apr. 24  
6:00 – 8:30 pm (1 session)

The Home Alone Program is designed to provide children with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied. Topics covered include, establishing a routine, house key is your responsibility, strangers, telephone, emergencies, basic first aid and internet safety. Kids 8 and up can attend however, the Canadian Gov't recommends kids under the age of 10 should not be left home alone.

**Room 145**

### DANCE

Ages 6 - 12 \$70  
Mondays, Apr 9 – Jun 4  
**NO CLASS: May 21**  
5:00 – 6:00 pm  
(8 sessions)

Come move to the groove with Gabby! Introduction to Jazz, Ballet and Hip-hop dancing. Performance for parents on the final evening!

**Cafeteria**



## LANGUAGE

### BEGINNER SPANISH

**\$80**  
Wednesdays, Apr. 11 – May 30  
6:30 – 8:00 pm  
(8 sessions)

Designed for adults who want to learn Spanish but have no previous experience. Learn basic vocabulary and sentence structure. Each class will have a listening component where students will have the opportunity to practice listening and speaking in Spanish.

No experience necessary.

**Room 153**



### BASIC FRENCH

**\$115**  
Wednesdays, Apr. 11 – Jun. 13  
**NO CLASS: Jun. 6**  
6:00 – 8:00 pm  
(9 sessions)

Learn to speak French in a fun and stress-free setting!

Our experienced teacher, Marie-Lyne, will help you develop a strong foundation of the French Language. The course focuses on oral comprehension and production. Participants will have lots of opportunity to practice and become confident using their French skills. This course is ideal for parents with children in the French Immersion program or anyone who would like to learn French. No prior knowledge required.

**Room 282**

## SAFETY FIRST

### BOAT SAFETY \$70

Saturday, April 21  
OR  
Saturday, May 12  
8:30 am – 4:30 pm  
(1 session)

ALL boat operators are now required to possess a Pleasure Craft Operator Card (PCOC) regardless of age of the operator or size of boat operated. Attend our Transport Canada approved course just before the boating season starts. Minimum age to attend – 8 years old. Course includes your Transport Canada test and competency card (PCOC). Manual may be purchased from instructor day of class for \$13.00.

**Room 148**



### FOOD HANDLERS \$115

Includes work book  
Saturday, May 12  
9:30 – 4:00 pm  
(1 session)

Recommended for anyone looking for a job or presently working in the food services industry. Learn the principles of safe food handling and upon successful completion, receive a Province of Manitoba Level 1 Food Handling Certificate (valid for 5 years). There is a short lunch break (30 minutes).

**Room 141**

### RE-CERT \$70

Exam only  
3:00 – 4:00 pm  
**Room 141**

### STANDARD FIRST AID \$135

Includes Canadian Red Cross First Aid & CPR Manual  
Saturday & Sunday, May 12 & 13  
9:00 am – 5:00 pm  
(2 sessions)

Certification is valid for three years and includes CPR C and AED. Canadian Red Cross Certification is recognized by all employers.

**Library**



### HUNTER EDUCATION \$70

Saturday, Apr. 14  
9:00 am – 5:00 pm  
(1 session)  
Minimum Age 10

In Manitoba, thousands of hunters take to the field each year. Hunter education courses have contributed to a significant decrease in hunting accidents and an increased understanding of the responsibilities each hunter accepts while hunting. The primary goal of the Hunter Education Program is to help you understand the important role you, as a hunter, have in wildlife management and conservation. Equally important is the safe use and handling of firearms and the ethical and responsible behaviour of all hunters. Students are required to pass the exam to acquire the Hunter Education Card.

**Room 149**



### CANADIAN FIREARM SAFETY COURSE (CFSC/PAL Course)

**\$100**  
Saturday, Apr 14  
8:30 am – 6:30 pm  
(1 session)  
Minimum Age 12

All students need to bring ID and a lunch. Students age 12-17 need to have consent from their parent. To be eligible to apply for a Possession and Acquisition License, classroom participation in the full CFSC is mandatory for first-time license applicants. Once the course is completed, individuals will then have to pass the tests. For full course information please visit [www.selkirkconed.com](http://www.selkirkconed.com) or call the office at 204-785-7312.

**Room 141**



## FITNESS & SPORTS

### ZUMBA and ZUMBA TONING

**\$70 for One (8 classes)**  
**\$120 for Two – Save \$20 (16 classes)**  
**ZUMBA CRAZY BONUS - \$160 for ALL Three (Best Value! Save \$50) (24 classes)**

### ZUMBA

Mondays, Apr. 9 – Jun 4  
**NO CLASS: May 21**  
7:00 – 8:00 pm

### AND/OR

Thursdays, Apr. 12 – Jun 7  
**NO CLASS: Apr. 19**  
6:00 – 7:00 pm

Ditch the workout, join the party! Zumba is a dance-fitness class that incorporates Latin and international music and dance movements, creating a dynamic, exciting, exhilarating and effective fitness system in a party like atmosphere. No dance experience necessary.

\$10 Drop ins Welcome!

**Cafeteria**



### ZUMBA TONING

Mondays, Apr. 9 – Jun 4  
**NO CLASS: May 21**  
6:00 – 6:45 pm

Party while putting extra emphasis on toning and sculpting to define those muscles! Adding resistance by using lightweight maraca-like Zumba® Toning Sticks, helps you focus on specific muscle groups, including arms, core and lower body, so you (and your muscles) stay engaged! Please bring maximum 3 lbs. dumbbells.

**\$10 Drop ins Welcome!**

**Cafeteria**



### ON TRACK TRAINING

**\$80**  
Mondays, Apr. 9 – Jun 4  
**NO CLASS: May 21**  
5:15 – 6:15 pm  
(8 sessions)

We will incorporate running on the track indoors and outdoors once weather permits, as well as, strength training using kettlebells, and mobility work. Ages 18+ please.

**Indoor and/or Outdoor Track**

### STRONG AND LEAN

**\$100**  
Tuesdays, Apr. 10 – Jun. 5  
6:30 – 7:30 pm  
(9 sessions)

Complete and total body workout, utilizing resistance and cardio training, which masterfully combines resistance, intervals, power and plyometrics - all of these components will help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective. Great for all fitness levels.

**Cafeteria**

### MUAY THAI KICKBOXING

**\$100**  
Saturdays, Apr. 14 – Jun. 2  
10:00 – 11:00 am  
(8 sessions)

This exciting new class will be dedicated to providing you with an intense workout while you learn the "art of eight limbs", the martial art known as Muay Thai. Our instructor has over 15 years of experience in the fighting arts and has competed for 7 years. We look forward to providing everyone with a safe, fun, engaged and energized environment. Let's kick start your day properly! Ages 12 and up - come out, throw some kicks, feel amazing and have fun! Students will need to purchase a pair of gloves for the second class.

**Indoor Track**



### GOLF for Beginners

**\$75**  
Age 14 & up  
Wednesdays, May 2 – 30  
6:30 – 7:30 pm  
(5 sessions)

Interested in Intro to the Game of Golf at an affordable price? Your instructor will guide you through the basics of the game including stance, grip and swing. Students will get an opportunity to practice all the skills of the game including putting, chipping, approach shots and driving. Will be open to all but tailor to beginners.

**High School Gym and Field (Please Meet in Gym)**



## HEALTH & WELLNESS



### FOUNDATIONAL \$85

Mondays, Apr 9 – Jun 11  
**NO CLASS: May 21**  
6:45 – 7:45 pm  
(9 Sessions)

Formerly (Beginners). First time to yoga or returnees, learn the foundation of yoga poses in a safe, intelligent manner with compassion towards ourselves.

### HATHA YOGA

**\*Bonus – Save \$20 When You Register for Both Monday and Thursday! \$140**  
Bring a Yoga Mat!  
**Library**

**BEGINNERS \$75**  
Thursdays, Apr 12 – Jun 14  
**NO CLASS: Apr 19 & May 24**  
6:00 – 7:00 pm (8 Sessions)

Gentle (Basic) this class is slow moving with long holds in a Yin or restorative style, inviting the body and mind to respond. Coming home to within. Please bring small blanket or large towel.

### FLOW

**\$85**  
Mondays, Apr 9 – Jun 11  
**NO CLASS: May 21**  
5:30 – 6:30 pm  
(9 sessions)

Formerly (Continuing Beginners). For those who are familiar with yoga poses continuing to work on strength, stamina and refinement in a Vinyasa or flow style.



## CREATIVE SIDE



### \*NEW - SCRAPBOOKING \$35

Sunday, Apr. 22  
1:00 - 3:30 pm

All Supplies Included!

Join Susie in a fun, creative, relaxed environment! We will make a stack of 12 birthday cards (the cards that everyone always needs) 3 designs....4 of each design. If time permits, we will make matching gift tags.  
Room 175



### INTRO TO SEWING \$70

Mondays, Apr. 16 - May 28  
NO CLASS: May 21

7:00 - 9:00 pm  
(6 sessions)

Learn the fundamentals of sewing. Including, learning to thread a bobbin, thread the sewing machine, sew a straight seam, and overcast seam, blind hem, installing a zipper. Bring your own machine or try out a school machine if you don't have one yet. No experience necessary.

Room 175

## PAINTING

**Bob Ross Oil Painting. Beginners always welcome, no experience required. All supplies included.**

Room 162

**BONUS\* - Register for Both Same Day Classes and Save \$5!**

### EMERALD WATERS \$70

16" x 20" Stretched Canvas

Saturday, Apr. 14  
9:00 am - 12:00 pm



### LEATHER WORKS with Amber Cook

All Premium Supplies included! Many different material choices! See Website for Full Class Details. Group Instruction, Please Be On Time

Room 149

### FRINGE BOOTS \$140

Thursdays, Apr. 12 - May 10  
NO CLASS: Apr. 19  
6:30 - 9:00 pm  
(4 sessions)



### WRAP BOOTS \$145

Thursdays, Apr. 12 - May 10  
NO CLASS: Apr. 19  
6:30 - 9:00 pm  
(4 sessions)



### FRINGE BAG \$160

Tuesdays, May 15 - Jun. 5  
6:30 - 9:00 pm  
(4 sessions)



### \*\*NEW - LEATHER BURNING WORKSHOP \$55

Saturday, May 12  
12:00 - 3:00 pm  
(1 session)

In this workshop students will learn how to burn into leathers, and learn which leathers are the best for different projects. We will also cover where to find designs, how to transfer them so that students can continue making their own custom projects and honing their skills. **\*All Premium Materials included!**

~Students Equipment required. Students are required to bring a wood burning set (contact Amber for specific type and where to purchase), scissors, ruler, and marking tools. leatherlady@outlook.com

Room 233

### NORTHERN LIGHTS \$70

10" x 20"

Stretched Canvas

Saturday, Apr. 14

1:00 - 4:00 pm



### OCEAN SCENE \$70

10" X 20"

Stretched Canvas

Saturday, May 26

12:00 pm - 4:00 pm



## PERSONAL INTEREST



### SMALL ENGINE REPAIR \$120

Tuesdays, Apr. 24 - May 29

6:00 - 9:00 pm

(6 sessions)

Come with lawn equipment such as weed whacker, lawnmower or tiller.

Hands on maintenance for beginners. Learn in a few easy lessons how you can save on repair and maintenance. Covers basic operating principles and trouble shooting in a relaxed environment. Must be a take home project each week.

Please bring a ratchet set, oil, gas, a flat screwdriver, rags, flashlight and pencil.

Room 199 Power Mech. Lab

### WOODWORKING at E.S.M.S \$110

Tuesdays, Apr. 10 - May 15

6:30 - 8:30 pm

(6 sessions)

Ages 18 to 95, and for all levels of skills. First class covers safety and project plans. Includes instruction on the safe use of the table saw, band saw, drill press, planer, air nailer, jigsaw and all hand tools for woodworking. Projects will be up to you, make what you like or copy the instructor's project. Material cost not included.

Please bring safety glasses.

Woodworking Lab at East Selkirk Middle School

### WELDING \$130

Wednesdays, Apr. 11 - May 16

6:30 - 8:30 pm

(6 sessions)

For Males/Females ages 18 to 95! No Experience Necessary!

You will learn how to do basic welding procedures in Gas + Mig, plasma cutting, & brazing. Shape metals and weld them together to make a project to take home. Please wear clothing that you don't mind getting holes in and dirty, or coveralls. The welding material you will be using can be purchased through the instructor or can be brought from home. Will be discussed at first class.

Safety glasses and welding glasses #5 or 6 need to be brought to 1st class.

Metals

Shop



### DIGITAL CAMERA FUN with Brent

Smile - Bring your camera!

**BONUS: Take \$5 off second class!**

### TIPS & TRICKS \$35

Thursdays, May 3 & May 10

7:00 - 9:00 pm

(2 sessions)

Basic knowledge & procedures to take great photos & saving/printing pictures.

Room 142

### TAKE IT TO THE NEXT LEVEL \$35

Thursdays, May 17 & May 24

7:00 - 9:00 pm

(2 sessions)

You've mastered the basic settings; now seek its full potential. Explore creative settings, lighting techniques, composition & studio photography. Bring camera, take photos & make prints for a homework assignment.

Room 142



### DOG OBEDIENCE

Wednesdays, Apr. 25 - May 30

(6 sessions each)

Please see website or call the office for full course info.

Dogs must be up to date on shots, please bring proof of vaccinations to the first class. Please come equipped with a well fitted collar, 6 foot leash, and lots of tasty treats. No Flexi-Leashes allowed.

The Pit

### PUPPY CLASSES \$75

6:00 - 7:00 pm

### BASIC DOG OBEDIENCE \$75

7:00 - 8:00 pm

All ages are accepted. But recommend very young dogs do a puppy class first.

## COMPUTERS

### QuickBooks TRAINING \$75

Tuesdays, Apr. 10 - May 1

7:00 - 9:00 pm

(4 sessions)

QuickBooks, Canada's #1 accounting solution for small business, saves time on invoicing, bookkeeping and billing. If you run a small business, or are a rental property owner, and are looking for an easy, streamlined, up to date business managing tool, this course is for you! Introductory course covering the basic operating systems and procedures for the most recent version of QuickBooks online. Basic computer skills essential.

Room 284



### MS OFFICE \$100

Wednesdays, Apr. 11 - May 9

6:30 - 9:30 pm

(5 sessions)

Gain a basic overview and learn the functions of the powerful suite of MS Office programs, including Word, Excel, Publisher and PowerPoint. Receive a certificate upon completion of the course to add to your resume.

Room 277

### EXCEL \$80

Wednesdays, May 16 - Jun 13

NO CLASS: Jun 6

6:30 - 9:30 pm

(4 sessions)

Learn the basics of this important program in this evening session. Through handouts, as well as examples we will cover cell formatting, templates, basic functions and formulas, as well as charts.

Room 277



Spring  
2018 PROGRAM



# S.C.P. Selkirk Community Pool

## SCHOOL - COMMUNITY - POSSIBILITIES

### 2018 Spring Programming

The Comp 221 Mercy Street | Selkirk Mb | 204 785 7310

Registration On Line March 20, 2018 6:00am  
[selkirkcommunitypool.weebly.com](http://selkirkcommunitypool.weebly.com)  
/in person/phone March 22, 2018  
Pool Closed May 20 & 21, 2018

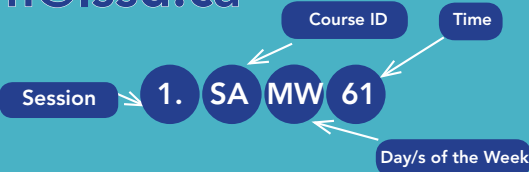
Questions or concerns contact pool manager. [mstamm@lssd.ca](mailto:mstamm@lssd.ca)

Registration: Please note call if there is a discrepancy in courses advertised and those open for registration.

Step 1: Prior to registering >Select the activity – Learn to swim level that best suits the participants needs.

Step 2: Prior to online registering > search for and note the course codes for courses of interest.

Step 3: Select the course you want to register for and register.



## Red Cross Swim Schedule

<b>Monday &amp; Wednesday</b> <b>2-4 week sess.</b> 1. April 4 - April 30 2. May 7 - June 4 No class May 21	<b>Tuesday &amp; Thursday</b> <b>2-4 week sess.</b> 1. April 5 - May 1 2. May 8 - May 31	<b>Friday</b> <b>8 Weeks</b> April 6 - May 25	<b>Saturday</b> <b>7 Weeks</b> April 7 - May 26	<b>Sunday</b> <b>8 Weeks</b> April 8 - June 3 No class May 20																																																																									
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### Programs

Pool Rentals available on  
Saturday and Sundays throughout the year.  
Contact the Pool office for times  
{\$100.00 +gst per hour lifeguard included}

### Lap Swim

Morning, evening weekend lap swim  
Mon - Fri 7:00-8:30 am  
Tues Thur afternoon 4:00-5:00pm  
Tues & Thur pm 7:30-8:30pm Sat 11:00-1:00

### Open Swim

Friday Toonie Swim 7:30-8:30pm  
Saturday 1:00-3:00pm  
Sunday 2:30-4:00pm

### Special Programming

**Spring Board Dive Camp**  
**Early Riser, Morning, Evening**  
**and Saturday AquaFit**  
**Friday Night Adult**  
**Workout Party.**  
**Teen and Adult swim classes**  
**Manitoba Swim Ability**

### Follow us for flash updates!

[SelkirkCommunityPool.Weebly.com](http://SelkirkCommunityPool.Weebly.com)

Are you interested in a membership please contact [mstamm@lssd.ca](mailto:mstamm@lssd.ca) to leave a comment?

**Lap Swim passes** purchase online or at the pool.

10 visits - \$27.50  
20 visits - \$47.50  
30 visits - \$65.00

Lifeguard must punch your pass for entry to the pool.  
Drop in \$10.00 AquaFit  
Drop in \$5.00 Lap swim.

**NEW AquaFit passes** purchase online or at the pool.  
no need to commit to one class use your pass for any class.

10 visits -\$70.00  
20 visits - \$130.00  
30 visits - \$180.00

**Open Swim (Exact change)**

Adult or Student	\$ 5.00	18+
Preschool child	Free	0 – 4yr
Child	\$ 2.00	5 – 12yr
Teen	\$ 3.00	13 – 17yr
Family	\$10.00	

(For purposes here, we define a "family" as an adult and their immediate children to a maximum of 5).

### Professional Development

National Lifesaving Course • Bronze Medallion  
Bronze Cross • Bronze Star  
Water Safety Instructor  
Red Cross Lifeguard program.

### Unsure what level to register for?

Contact [mstamm@lssd.ca](mailto:mstamm@lssd.ca) or call 204-785-7310 to schedule a screening

### Public admission entry requirements:

Limited unlocked lockers available. Do not leave valuables in the locker or change room. The facility is not responsible for loss or damage to belongings. Children under 7 who cannot swim must be accompanied by Parent, Guardian/Caregiver and over 16. 1:4 ratio.

Children 7 and older who are not 44" tall must also be accompanied as noted above. Children 7 and older must change in gender specific change rooms. Lifeguards have complete authority – safety first. Lifeguards are to provide a safe and enjoyable experience at our pool. The primary function is to provide accident prevention through patron education, awareness and directing patrons' behaviour. They are to work with patrons to ensure they understand the pool rules, entrance requirements and identify potential risks and to be water smart at the pool.

No credit after start of classes. No refunds after start of class. 3 day prior \$15 admin fee. No transfers.

**Pool Rentals**  
The pool is available on a first come /first serve basis for birthday parties, windups and private functions. The rate is \$100 per hour plus GST. This includes 2 lifeguards. For rentals, please contact Michelle at 204-785-7310 or email [mstamm@lssd.ca](mailto:mstamm@lssd.ca). Booking requests available on-line [selkirkconed.com](http://selkirkconed.com)



# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Maintain indoor air quality all year long

Millions of people anxiously anticipate the arrival of spring. Months spent cooped up indoors as temperatures outside dip below freezing can take their toll, and those first warm, sunny days of spring can be just what people need to kick the winter blues.

Winter can be dreary for people confined to indoors as temperatures drop, and poor air quality in a home can add to that dreariness while adversely affecting individuals' health. Air quality tends to suffer most in winter, but there are ways to ensure the air inside a home stays healthy all year long.

Inspect and address any sources of carbon monoxide. Carbon monoxide, or CO, is an invisible, odorless gas that can contribute to poor indoor air quality and a host of health problems if it goes undetected in a home. According to the U.S. Centers for Disease Control and Prevention, potential sources of CO in a home include improperly vented natural gas appliances, such as stoves and water heaters, gas-powered tools that are used indoors, clogged chimneys, or blocked heating exhaust vents. Men and women can periodically inspect potential sources of CO and address any issues they find while also making sure all CO detectors are properly installed and functioning optimally.

Inspect HVAC ducts. Ductwork is used to deliver warm or cool air in homes with heating and air conditioning systems. The U.S. Environmental Protection Agency notes that much of the dirt in air ducts adheres to the duct surfaces without ever entering living spaces. However, the EPA notes that homeowners should consider having their ducts cleaned if an inspection uncovers substantial visible mold growth. In addition, the EPA recommends homeowners consider cleaning if ducts are infested with vermin or clogged with excessive amounts of dust or debris.

Avoid chemical cleaning products. Chemical cleaning products may be great at disinfecting dishes, countertops and other areas in the home, but such items may be toxic and adversely affect indoor air quality. For example, chemicals such as bleach and ammonia, which are used in many commercial cleaning products, can linger in

the air, irritating the eyes, nose, throat, and lungs. Homeowners concerned about the quality of air in their homes also can avoid scented products, such as air fresheners and scented detergents, which the National Institute for Occupational Safety and Health notes may release volatile organic compounds into the air.

Inspect bathrooms for mold growth. Mold can grow on surfaces that are routinely wet, and that makes poorly ventilated bathrooms common sources for home mold infestations. Mold can adversely affect indoor air quality when mold spores are released, potentially triggering allergic reactions, asthma attacks and respiratory conditions. After bathing in bathrooms without vents, men and women can open windows so the room dries before mold can grow. In bathrooms with vents, make sure vents are running during baths and showers and afterward until ceilings, walls and floors appear dry.

Poor indoor air quality can be easily addressed to ensure individuals stay healthy throughout the year.



Ducts may need to be serviced by professionals in homes where indoor air quality is poor.

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Pine Ridge, 1240sf updated 3 bed, 1 bath, heated porch & 1/at garage.  
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310-65 Main St. Building has elevator, suite  
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**RIVERFRONT BUILDING LOT**  
80 Daken Rd. St. Clements -  
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**BUILDING LOT 3** Houghton BAY Road,  
Petersfield - private beach/boat  
launch access! **\$42,500**

**1305 SF UNDER 200K! GREAT LOCATION!**  
743 Eaton Ave. Selkirk - Fenced yard,  
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13 Rowley Pl. St. Clements - 4 acres,  
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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Preparing garden beds for spring and beyond

Gardening enthusiasts may have been thinking about their landscape plans throughout the winter, eager to once again get their hands dirty with soil. Whether a home gardener is making preparations for edible crops or beautiful flowers, he or she must take time to make the soil amenable to planting. To establish hearty, durable plants, gardeners can focus on three main areas: addressing soil composition, cultivating and adding nutrients.

### Soil composition

Many gardeners prefer growing a

variety of plants in their gardens. Such an approach requires taking inventory of the type of soil in one's garden and making the necessary modifications so that the types of vegetables, herbs, shrubs, or flowers that will be planted can grow in strongly. In fact, according to the plant company Proven Winners, the most important step to developing good roots is preparing the soil.

Take a sample of the soil and examine it to see what is present. If the soil is too full of clay, too sandy, too dense, or too loose, that can lead to problems



Begin preparing garden bed soil early for new plants.

where plants cannot grow in strong. Work with a garden center to add the right soil amendments to make a rich soil. This may include organic compost or manure, which will also add nutrients to the soil.

### Cultivation

Cultivating the soil can involve different steps. Removal of weeds, errant rocks, roots, and other items will help prepare the soil. Mother Earth News

suggests working on garden soil when the soil is damp but never wet; otherwise, garden soil can become messy and clumpy. Use a digging fork or shovel to lightly turn the soil when it's mostly dry. Gentle tillings also can open up the soil to incorporate the nutritional amendments and relieve compaction that likely occurred from freezing temps and snow pressure. Tilling also helps with drainage

Continued on page 24

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Your Local Community  
**Home Real Estate Section**  
HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



# Getting to know succulents

Succulents can be just what indoor or outdoor gardens need. Even though succulents are becoming more popular, there are still some people who are unaware of their attributes. By learning more about succulents, people may become devotees of these unique plants.

The word "succulent" brings to mind juicy, savory foods. But succulents aren't meant to be consumed. In fact, they get their mouth-watering name from their uncanny ability to store water in fleshy stems or leaves. That means they do not require frequent watering like other plants might. Succulents also may prove more durable in the face of drought and are a handy plant for forgetful gardeners or those who travel often and want something more hands-off in their gardens.

According to the succulents resource Succulents and Sunshine, most succulents prefer warm temperatures and are not very cold-tolerant. However, there are some varieties that can survive freezing temperatures. Still, for most succulents, it's best if they are kept in warm, moderately sunny conditions. The DIY Network says succulents grow best in bright light, but not always in full, hot sun.

Succulents also may attract gardeners thanks to their diverse looks. Better Homes & Gardens says that color variations of succulents are quite varied and include green, yellow, burgundy, white, blue-green, pink, red, and variegated combinations. Their shapes can be just as diverse, with



Succulent plants can enhance gardens, and they require minimal care and water.

many having pointy, rounded, spiky, or ruffled leaves.

People may be particularly familiar with one type of succulent: cacti. These traditional desert-dwellers are prized for their water-retention abilities, but some seem downright scary with their prickly exteriors. While all cacti are succulents, it's important to note that not all succulents are cacti. Less needle-like succulents include aloe, jade, snake plant, and agave. Hens and chicks (sempervivum) and wax plant (hoya) are other succulents to consider.

Searching for succulents online is another great way for gardeners to discover these wonderful plants.

View our listings...[www.teammoyer.ca](http://www.teammoyer.ca)



304 Stanley Avenue - \$164,900



NEW PRICE  
99A Van Mol Rd \$108,900



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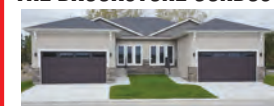


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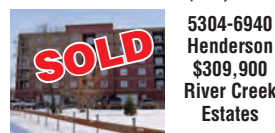
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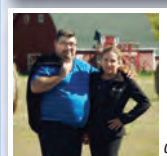
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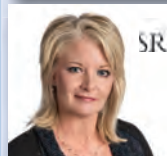
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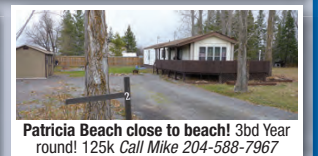
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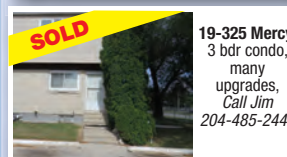
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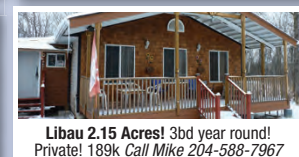
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rest of the yard. This helps promote drainage away from the home and helps the weeping tiles from becoming overwhelmed during periods of

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### > GARDEN BEDS, FROM PG. 22

and oxygen delivery to roots. The DIY Network suggests turning over soil at a depth of 12 inches to work the soil - about the length of a shovel spade. However, the resource Earth Easy says that existing garden beds have a complex soil ecosystem and simply top-dressing with compost or manure can be enough preparation for planting. Gardeners can experiment with the methods that work best for their gardens.

eral weeks before planting. Soil tests will determine just how much fertilizer to add to the soil. Complete fertilizers will have equal amounts of nitrogen, phosphorous and potassium. Individual fertilizers can amend the soil with only these nutritional elements that are needed.

Top-dressing empty beds with a layer of mulch or compost can prevent weed growth and preserve moisture until it is time to plant. If existing shrubs or plants are in garden beds, use more care so as not to disturb roots or dig too deeply.

Preparing garden beds takes some effort initially, but can be well worth the work when plants flourish throughout the growing season.

#### Nutrition

Testing the pH and the levels of certain nutrients in the soil, namely nitrogen, phosphorous and potassium, will give gardeners an idea of other soil additions that may be needed. Soils with a pH below 6.2 often can benefit from the addition of lime sev-

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Royals iced at boys' hockey provincials

By Brian Bowman

The Selkirk Royals boys' hockey team was very excited to get a chance to compete at the 2018 Milk AAAA Provincial High School Hockey Championship.

But that excitement quickly turned to disappointment.

Selkirk failed to make the playoffs after losing both of its pool games. The Royals lost 6-1 to Brandon's Vincent Massey Vikings and then was doubled 4-2 by the Sturgeon Heights Huskies.

Both losses were against pretty good teams.

"I thought (Vincent Massey) should have been a higher seed," said Royals' head coach Brad Hrymak. "They're the better team and we couldn't finish against them. But I don't think we had enough scoring chances against them."

Vincent Massey led 3-0 after two periods and did not allow Selkirk to claw back into the game. Grafton Hopkins scored the Royals' lone goal and was named Selkirk's game star.

Against Sturgeon Heights, Selkirk played the Huskies well throughout the entire game.

"It was a better effort, I think, as a team," Hrymak said. "We came out

more relaxed because we had to win by a few (goals). We had a tough go but the kids handled it well. The kids gave it their all and that's all that you can ask for."

Royals' goaltender Brady Hrymak was very good, making 30 saves to be named Selkirk's game star.

"I think the shots were two to one against us," Brad Hrymak noted. "(Brady) held us in...but considering we got outshot, we had still had quality chances against them."

Sturgeon Heights scored the game winner with about five minutes remaining in the third. The Huskies then added an insurance marker.

Reece Tessier scored for Selkirk. The other Royals' goal scorer was not known at press time.

Selkirk will lose nine players due to graduation from this year's team. That's a lot of players – and a whole bunch of talent – that won't be wearing a Royals' jersey next season.

"The Grade 11s will need to pick it up," said the Royals' head coach, noting he had a great bunch of players to work with this season.

"This year, we had the players that could score the goals. We had some exceptionally talented players...and we had some good support players,



RECORD PHOTO BY ANNALIESE MEIER

Royals' goaltender Brady Hrymak made 30 save against the Sturgeon Heights Huskies. Hrymak was named Selkirk's game star.

too.

"This was a really good team – it's

too bad that it didn't work out for them."

## Fishermen slip past St. Malo in Game 1

By Brian Bowman

Game 1 of any playoff series is always important.

But it's even more important when that Game 1 is on home ice.

The Selkirk Fishermen desperately didn't want to lose home-ice advantage against the St. Malo Warriors in their Keystone Junior Hockey League best-of-seven semifinal series.

And Chad King made sure that didn't happen as he whacked in the overtime winner, assisted by Travis Spratt and Brady Thompson, to lift Selkirk to an exciting 4-3 win Saturday evening at the Rec Complex.

"Dodging a bullet is the best way to say it because the way the series is set up, we go for two (games) in a row in their neck of the woods right after Game 1," said Fishermen head coach Chris Poponick.

"(We could have been) down one with two games in their barn and

we could've been down three coming home. It was a big bullet that we dodged."

King also scored a first-period goal while Drayton Mendrun and Dawson Courchene also tallied for the Fishermen.

Spratt and Horanski each finished the game with two assists.

King, an East Selkirk product, picked a perfect time to score two goals in a game. He last accomplished that feat way back on Oct. 20 against Fisher River.

"It's kind of funny when you think about it," Poponick said. "So many teams get to the playoffs and they cut their bench down. (Chad is on our) so-called fourth line and they played really well. Travis Spratt was an AP from the high school team and that line played really well the whole game. They didn't give up any opportunities defensively and they created oppor-

tunities offensively."

Tyrel Bueckert had two power-play goals for St. Malo while Dustin Wiebe added a single.

Riley Bannerman made 26 saves for the win.

Game 2 was played this past Tuesday in St. Malo but no score was available at press time. It's tough to win on the road in mid-week games during the playoffs. "We've played them well in

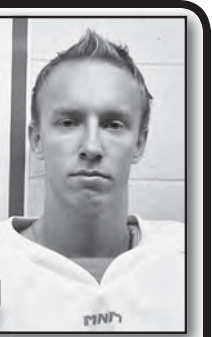
their building so we just hope that we can do the same thing," Poponick said.

Game 3 is set for this Saturday in Morris while Game 4 will be played Sunday in Selkirk.

If necessary, Game 5 of the series is slated for Selkirk on March 22, followed by a Game 6 in St. Malo March 24 and a series-deciding Game 7 on March 25 in Selkirk.

All of the remaining games in the series will start at 7:30 p.m.

In the other KJHL semifinal series, Peguis leads Lundar 2-0 heading into tonight's Game 3 of their series.

PLAYOFFS! Round 2 vs St. Malo		 <b>Meet the Fishermen</b>  #35 Riley Bannerman, Goalie
<b>Game 3</b>	Sat. Mar. 17 7:30pm vs St. Malo (played in Morris)	
<b>Game 4</b> Home Game	Sun. Mar. 18 7:30pm in Selkirk	
<b>Game 5</b> Home Game	Thurs. Mar. 22 7:30pm in Selkirk	



# Steelers earn huge playoff win Sunday

By Brian Bowman

The Selkirk Steelers needed a win in a huge way on Sunday evening.

Trailing the Virden Oil Capitals 1-0 in their best-of-seven first-round series, Selkirk had little interest going down two games before heading to Virden for Game 3 this past Tuesday evening.

"It was an uphill battle but our goalie was really good, our special teams were OK...and we found a way to battle back in the last 40 minutes," said Steelers' head coach Nick Lubimiv after Monday's practice.

"We scratched and clawed our way to a 'W.'"

Selkirk's Shanan McFadden scored two goals – including the game winner at 2:42 of the third period – to lift the Steelers to a 4-3 victory at the Rec Complex.

"He's kind of our sparkplug," Lubimiv said. "We plug him in on any different line and whatever line he seems to be on is usually one of our better lines. Nobody works harder than him and he knows his way to the crease and he gets the dirty (goals)."

The Oil Capitals' Ben Dalke opened the game's scoring midway in the first period. But McFadden and Dawson Martin replied early in the second to give the home side a 2-1 lead.

Dalke scored his fourth goal of the series at 7:09 of the middle frame before Selkirk's Carter Barley and Virden's Marco Creta traded goals late in

the period.

Dalke, a LaSalle, Man. product, has been tough to stop so far in the series.

"(Dalke's) line is one of the best lines in the league," Lubimiv said. "Everybody struggles with them and we're no different. They have a really good power play and, for us, we can't turn the puck over."

Hayden Dola made 52 saves for the well-deserved win.

The Oil Capitals opened the series Saturday with a hard-fought 4-3 victory in Virden.

Virden scored twice to start the first period and then added two more in the beginning of the third for the victory.

Dalke gave Virden a 2-0 lead when he scored at 2:30 and 14:35 of the opening period.

Selkirk's Nico Labossiere cut that lead in half, though, when he tallied on the power play at 16:18 of the first period. Connor Barley and Skyler Thorsteinson assisted on the goal.

Steelers' forward Nate Halvorsen then tied the score at 2-2 when he tallied just 1:31 into the second period, assisted by Carter Barley and Ryan Gardiner.

Virden's Tyler Kirkup made it 3-2 early in the third and then Kyle Salaway, on the power play, put the Oil Capitals up two goals at 7:16 of the period.

Labossiere notched his second goal of the game while Selkirk was short-



RECORD PHOTO BY BRETT MITCHELL

The Steelers' Dawson Martin scored early in the second period to give Selkirk the lead against Virden last Sunday.

handed at 12:47. Labossiere was named the game's third star.

Dola was peppered with 54 shots in the loss.

Game 3 of the series was played this past Tuesday in Virden but no score was available. Game 4 is set for Friday in Selkirk while Game 5 will be

played Saturday in Virden.

If necessary, Game 6 will return to Selkirk next Tuesday and a series-deciding seventh game would be played the next night in Virden.

The remaining games in the series will start at 7:30 p.m.

## ANAVET Cup returns after brief hiatus

Submitted by the MJHL

The Manitoba and Saskatchewan Junior Hockey Leagues are pleased to announce that the two leagues have renewed the ANAVET Cup series.

The winner of this best-of-seven series advances to the RBC Cup.

MJHL commissioner Kim Davis and SJHL president Bill Chow announced last week that ANAVET Cup play will take place in late April.

"Both leagues look forward to the renewal of the ANAVET (Army, Navy, Airforce Veterans) Cup," Chow and Davis said jointly in a media release. "The ANAVET Cup has a long and deep history going back to 1971."

"To be able to have the symbol of the ANAVET's associated to the MJHL and SJHL and, in a way of recognizing our Veterans for their dedication for the freedom that Canada has today, is

a huge honour."

The return of the ANAVET Cup was initiated after the former regional Junior "A" championship, the Western Canada Cup, was not renewed by the four partner leagues (BCHL, AJHL, SJHL and MJHL).

Subsequently, a renewal of the ANAVET Cup for Manitoba and Saskatchewan was negotiated by the two leagues and the ANAVETS.

The ANAVET Cup will begin on April 27 at the home arena location of the MJHL champion. The remaining games of the ANAVET Cup championship will be communicated to the public after each of the league playoffs get underway and a final schedule for the entire event is approved.



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■ Selkirk at Virden Sat., Mar 17<sup>th</sup> 7:30 pm

■ Virden at Selkirk Tues., Mar 20<sup>th</sup> 7:30 pm

■ Selkirk at Virden Wed., Mar 21<sup>st</sup> 7:30 pm



*These are scheduled games at press time - check [www.selkirksteelers.com](http://www.selkirksteelers.com) for any updates*

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Local athletes perform well at Manitoba Winter Games

### Staff

Team East had a real good showing at the 2018 Manitoba Winter Games in Thompson, bringing home 83 medals to finish third among six areas.

Thirty-five of those medals were gold while 23 were silver and 25 were bronze.

Winnipeg Gold was the top area squad with 156 medals (47 gold, 56 silver, 53 bronze), followed by Winnipeg Blue (108 medals), South (53 medals), West (53 medals) and North (21 medals).

The Larry Desjardins Sportsmanship Award was presented to Team North for demonstrating sportsmanship and respect before, during, and after the competition.

The J.A. Ernst Spirit of the Games Trophy was won by Winnipeg Gold. The award was presented to the region that showed the greatest enthusiasm, support, spirit, and cheering during the Manitoba Games.

Local athletes did fantastic in figure skating as St. Clements' Cali Boychuk, 12, captured gold in the Juvenile Female Free Skate.

She also recently competed at the StarSkate Championships in Juvenile U12 at Hazelridge and won the event.

Boychuk received her personal best mark of 24.49 at the Hazelridge competition and is currently on the Skate Manitoba Development Team. She will move up to the High Performance Team this upcoming season.

Meanwhile, East St. Paul's Emmet Dewar, 13, won a bronze in the Juvenile Male Free Skate.

In alpine skiing, West St. Paul's Lauren King, 13, won a silver medal in female parallel slalom and bronze in slalom.

The archery competition saw Selkirk's Ryder Wilson, 11, win a bronze in the recurve individual cadet male category.

In gymnastics, East St. Paul's Kaylee Huminuk, 12, was terrific, winning gold in all around provincial stream. She captured gold in the vault and balance beam and bronze in the uneven bars.

East St. Paul's Kaitlyn Steinberger, 14, earned gold in the uneven bars (13-17) while East St. Paul's Rhea Salvaggio, 17, was tops in the floor exercise (13-17).

St. Andrews' Maya Mousseau, 14, earned a gold medal in floor exercise regional stream (13-17) while Matlock's Lolita Duschinger won a bronze

in floor exercise regional stream (13-17).

St. Andrews' Avery Bowen, 14, sped to a silver medal in the 3000m relay U18 mixed speed skating final.

Meanwhile, Garson's Aaron Riehl and Selkirk's Jakob Dainard, both 12, skated to a silver-medal performance in the 2000m U14 male relay final (along with a Winnipeg athlete).

In the swimming pool, West St. Paul's Eric Dupre, 12, was fantastic in his junior male races. He captured gold in the 100m backstroke, 100m butterfly, 200m individual medley and 50m backstroke.

He also won silver medals in the 50m butterfly and 50m freestyle.

East Selkirk's Sapphire Johnson, 14, won gold medals in youth female 100m breaststroke, 100m individual medley and 50m breaststroke.

East Selkirk's Jill Smuttell, 14, nabbed a silver in the youth female 50m butterfly.

East St. Paul's Sofia Paunovic, 14, won a silver in both the youth female 100m breaststroke race and the 50m breaststroke. She also raced to bronze medals in the 100m freestyle and 50m freestyle.



**RECORD PHOTO SUBMITTED**  
Cali Boychuk captured gold in the Juvenile Female Free Skate.

## Hawks to battle Cougars in Bantam AAA provincial championship

### Staff

The Winnipeg Hawks Bantam 1 boys' hockey team is looking to extend their 12-game win streak this weekend when they face the Southwest Cougars for the provincial championship.

The winner of the best-of-three series at East End Arena will represent Manitoba at the Western Championships in Kamloops, B.C. from March 29 to April 1.

The Hawks won the city championship recently after sweeping the first-place Winnipeg Sharks in their best-of-seven final series (winning games by scores of 7-5, 3-2, 7-2 and 6-4).

In the semifinal series against the

Winnipeg Monarchs, the Hawks cruised to victories of 3-2, 7-6, 7-0 and 5-2 to win that series in just four games.

During the regular season, the Hawks finished third in the East Division with a 26-8 record. They scored a league-leading 234 goals while allowing just 97 against.

The Hawks finished their regular season on a four-game win streak.

Local players Nate Goodbrandson, Ryland Kuczek, Kyle Follhoffer and goalies Dominic Jacobson and Cole Plowman all significantly contributed to the Hawks' success.



**RECORD PHOTO SUBMITTED**  
Local players led the Winnipeg Hawks to the Bantam AAA City Championship after a four-game sweep over the Sharks.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Royals bounced in JV girls' basketball provincials

By Brian Bowman

The Selkirk Royals' junior varsity girls' basketball team was up against a pair of opponents in their opening-round game of the MHSAA "AAAA" provincials.

One opponent was wearing the Sisler Spartans' uniform. The other was the officiating crew.

Selkirk was on the wrong end of many questionable calls in their hard-fought 64-58 loss to Sisler on Friday at Elmwood High School.

"I don't blame a lot of games on bad reffing, but it was one of the worst refed games that I have ever seen, if not the worst," said Royals' head coach Amanda Hallson on Sunday afternoon. "It was absolutely ridiculous."

Sisler came out making its shots and were, as expected, aggressive on defence. Selkirk had trouble adjusting to that pressure and committed more turnovers than usual.

"Most of the time we take care of the ball pretty well," Hallson said. "But when you have three girls hanging off of you as you're trying to bring the ball up, it's really tough not to make any mistakes."

Despite the lopsided officiating, Selkirk played well enough to lose by just six points. The Royals were flagged for 24 fouls, according to Hallson, to the Spartans' 12.

"The girls played tough," Hallson noted. "And they played to the best of their abilities. They left it all out on the floor."

Abby Benson played a strong game for Selkirk, hitting outside shots while finishing with 19 points.

With the loss, Selkirk's tremendous season is now over. The Royals have plenty to be proud of in a season where they lost just five games.

"This is one of the best seasons that I've had coaching-wise," Hallson said. "These girls were a pleasure. They worked really hard and they always came out with good attitudes."

"It was a lot of fun. It was sad the way that it ended because we definitely thought we would have gone further than we did, but we still had a banner season."

Hallson is confident that these Royal players will have successful varsity basketball careers.

"They will be joined by a couple of really strong Grade 12s and I think that they will be able to transition nicely to the varsity game," Hallson predicted. "They already play tough-minded and they're smart out there. They just need to keep working hard at it and they will be contenders for the next (couple of) years."

In closing, Hallson wanted to thank her coaching staff – which included



RECORD PHOTOS BY BRETT MITCHELL

The Royals' Taylor Barron (24) is closely guard by a Sisler player during MHSAA "AAAA" junior varsity girls' provincial action.

her mother, Trish Hallson, Jodene Kowalchuk, and Ashtyn Hodges – for their tremendous work this season

"They were awesome all season helping out," Amanda Hallson said.

## Huskies hammer Royals at basketball provincials

By Brian Bowman

The Selkirk Royals were hoping to get off to a good start against the Sturgeon Heights Huskies in their opening-round game of the MHSAA "AAAA" varsity girls' basketball provincial championship.

But that didn't happen. In fact, the exact opposite occurred.

Selkirk stumbled badly out of the game – allowing Sturgeon Heights to grab a commanding 27-2 first-quarter lead – in a 74-38 victory in Winnipeg.

So, why the atrociously slow start?

"I don't think we were mentally prepared," said Royals' head coach Sue

Gilmour. "We knew Sturgeon was going to be good but I don't think we were mentally prepared for them to come out flying that hard out of the gate."

The Huskies' top player, Anna Kernaghan, hit a trio of three-pointers in the first quarter while under pressure from Selkirk defenders. It became clear early that it was going to be one of those games for the Royals.

"Our defence was decent," Gilmour noted. "I wouldn't say we left players with wide open shots. We challenged everything, which was our goal. (Anna) is just that good of a shooter

that it doesn't matter if you have a hand in her face defensively, she's still going to hit the shot."

Julia Ignagni led Selkirk with 12 points while Annika Loeppky added nine.

No. 5 Sturgeon Heights later defeated Dakota 69-57 to advance to the semifinals.

The Royals, meanwhile, will lose six players – Caitlin Eames, Ignagni, Loeppky, Renee Partyka, Kelsian Warmington and Charlotte Wilmott – due to graduation.

Those players brought a lot of talent and experience to the Royals' varsity

program.

"A lot of these kids played club outside of school ball," Gilmour noted. "So, there's that level of experience through club basketball, which is a huge advantage. They are multi-sport athletes (and) most of these girls also play a high level of volleyball as well as ringette."

The MHSAA "AAAA" provincials resume tonight at the University of Manitoba with games slated for 6 p.m. and 8 p.m.

The final is set for Monday at 6 p.m. at the U of M.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Damien Ekosky wins gold in Vancouver

Submitted by the Selkirk Judo Club

Damien Ekosky of the Selkirk Judo Club competed at the 2018 Pacific International Judo Championship in Richmond, B.C. from March 3-4.

Ekosky won gold in U21 men under 73 kg on March 3.

He won four straight matches by a full point (ippon) to claim top spot in his age division. Ekosky defeated Brendan Jolley of Victoria in the final.

He also competed in the Senior Men age division on March 4. After a bye through the first round, he won two matches and lost two (including a closely-fought match against an opponent from Tokai University).

Ekosky finished seventh out of 26 competitors.

"Damien fought very well in Vancouver. The Pacific International is one of six Canadian-circuit events and is a challenging competition. This is a good step in his program leading up to the national championships in May," said Brian Jones, one of the Selkirk club's coaches.

There were approximately 500 entries in this competition from across Canada, the United States, and a team from Tokai University in Japan.

The Selkirk Club competed at the Edmonton International at the West Edmonton Mall last weekend. Joining Damien on the Selkirk team were Justin and Sarah Ekosky, Bailey Malinowski, Schaelyce Kopp, Lennon Kuch and Connor Macfarlane.



RECORD PHOTO SUBMITTED

The Selkirk Judo Club's Damien Ekosky won gold in Vancouver earlier this month.

## Thunder girls' tackle football registration next week

Staff

The Interlake Thunder girls' tackle football registration will take place March 19 and 23 from 6 p.m. to 8 p.m. at the Ice Palace in Stonewall.

The junior division is for girls born from 2005 to 2008 while the senior division is for girls born in 2001 to 2004.

All athletes must first register with Football Manitoba and bring proof of such to the club registration.

Visit [www.footballmanitoba.com](http://www.footballmanitoba.com) and click on registration forms and then MGFA.

For more information on the Thunder girls' program, visit [www.interlakethunder.org](http://www.interlakethunder.org). If anyone is unable to attend one of the Thunder's registration events, please contact Joel McDonald at [president@interlakethunder.org](mailto:president@interlakethunder.org).

## Wesmen men's volleyball season ends with UBC loss

Staff

The University of Winnipeg Wesmen men's volleyball team's season has ended with a loss to the UBC Thunderbirds.

The Thunderbirds defeated Winnipeg 3-1 (25-17, 28-26, 20-25, 25-20) in the Canada West bronze-medal match Friday evening in Vancouver.

Setter Mikael Clegg, a former Selkirk Royal, had four block assists and a solo block. Clegg also had a team-high 11 digs.

With the win, the No. 3-ranked Thunderbirds secured the conference's final berth into the national tournament that begins this week in Hamilton.

Last Friday's loss put to an end a season that started real well as the Wesmen won 10 of their first 12 games.



Mikael Clegg



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Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

## PROPERTY SERVICES

Silver Dog Property Services. Demolition, clean ups, and custom cartage. What can I do for you? Call after 1 p.m. Harv 204-485-1234.

## APARTMENT FOR RENT

Beautiful spacious 2 bedroom apartments available immediately in Tollak Apartments rent starting at \$918 + \$39 for parking. All utilities included in the rent. Please call 204-485-0246 for rental information.

Century Selkirk, 165 Main Street. Currently we have 1 & 2 bedroom suites for rent. Rent includes heat & water. Close to all amenities & bus route. Onsite laundry & parking available. Rents start at \$950. No pets & no smoking. Please contact Karen at 204-482-5019 for suite viewings.

## HOUSE FOR RENT

4 bedroom, 508 Clan-deboye Ave. Selkirk. Avail. April 1/18. \$950/ mo. plus utilities. Call Darryl, cell 1-204-338-3290.

## COMMERCIAL SPACE FOR RENT

505 Sophia Street, Selkirk - 675 sq. ft. commercial office with fenced compound. Fresh renovation: paint, furnace, HWT, lights, doors, central vac, alarm. Perfect for trucking, courier, construction, car dealer, etc. on annual lease. Matt 204-485-4988.

## WANTED TO RENT

Wanted by senior lady - a clean & quiet bachelor suite or 1 bdrm. apt. in Stonewall or Selkirk. Walking distance to Main St. Reasonable rent. Call Marjorie 204-467-7251.

## FIREWOOD

Last 3 cords of well seasoned hardwood \$335. - \$375. Call 204-485-0706.

## HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

Full-time Assistant Manager required at Pizza Den Restaurant & Lounge, Stonewall. General supervision, team leader, hands on position includes making pizza dough, pizzas & working the pizza oven. Days, evenings, week-ends. Work experience required. Apply with resume robert.magnifico@gmail.com

## HELP WANTED

LOCKPORT GROCERY-Now hiring for FT/PT CASHIER. Must be able to work evenings, week-ends & holidays. Friendly, mature & reliable applicants with customer service experience will be at the top of the list. Will train all viable applicants. Apply in person with resume & references.

Caretaking couple required for 95 suite apartment complex. Must have maintenance experience in plumbing, painting, electrical and all other types of repair. Also must be conversant with computers and office equipment. Vehicle is a must. Salary plus 2 bedroom suite. Please reply to D-7 Property Management at [grace@d7management.com](mailto:grace@d7management.com), or 204-989-4211.

## HELP WANTED

Grand Marais Community Central & RV Park are accepting applications for a Customer Service Representative. This is a seasonal, part-time position commencing April 30, 2018 with a potential for year round employment. For details please check our website: [www.GrandMarais-CommunityCentral.ca](http://www.GrandMarais-CommunityCentral.ca). Salary(s): \$11.15 to \$12:50 per hour, DOQ. Closing date: March 30, 2018. Please Apply to: Susan Prohaska - General Manager of the Grand Marais Community Central and R.V. Park 204-792-0992 Email preferred: [Manager@GrandMaraisCommunityCentral.ca](mailto:Manager@GrandMaraisCommunityCentral.ca) or mail to: Box 146, Grand Marais, Mb. R0E 0T0

## MISCELLANEOUS

Red, white and black lined winter suit coat, overcoat fits a men's sz. XL, has been dry cleaned EC \$100; BN never used and still in box, student desk study lamp EWO \$15; Sunbeam 2 slice toaster EWO \$15; LN sz. 9 safety shoes EC \$60. Ph. 204-785-8598.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 [www.batteryman.ca](http://www.batteryman.ca)

## MISCELLANEOUS

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, MB. 1-888-685-3127.

If you need affordable, quality, Manitoba made cabinets, prompt service with free design, and professional installation try Fehr's Cabinet Warehouse. We have province wide service and more. Phone 204-746-2223 or email [office@fehrscabinets.com](mailto:office@fehrscabinets.com)

## WANTED

Wanted: old tube audio equipment. 40 years or older. Amplifiers, stereo, recording & theatre sound equipment. Hammond organs, any condition. Call toll free 1-800-947-0393.

Wanted: reward paid on info leading to purchase of 426 Hemi motor from 1970 Road Runner serial # N-RM27R0G15756 also 1970 Road Runner/ GTX/Satellite/Charger complete or parts car. Also old advertising/ dealership signs. antique gas pumps, etc. Call 306-221-5908 or 306-369-2810.

## FURNITURE FOR SALE

Love seat, beige, brown, flowers design, good condition, asking \$40. Ph. 204-482-6943.

## WATER TREATMENT

New Waterite water softeners, 30,000 grain/\$580. All sizes avail. Reverse osmosis systems, \$225. Undersink water systems, \$70. Paterson iron removers/\$530. Greensand iron odour removal systems, \$730. Discounts on all water filters. All Seasons Furnishings 204-661-8581.

# take a break > GAMES

## SUDOKU

	5							
6		1		8				2
	8					6		
		4	2	3				7
8					4			
	9					2		
		2	9		7	1		
					1			7
	1				8	3		

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	6	8	9	7	9	1	7	
7	9	9	1	2	8	7	6	
7	8	1	7	9	6	2	8	5
9	7	2	9	1	8	7	6	8
8	1	6	7	7	9	5	2	8
9	7	8	6	8	2	7	9	1
1	9	9	2	6	7	8	8	7
6	2	7	8	9	5	1	7	9
8	8	7	9	7	1	6	5	2

Sudoku Answer

G	N	V	H	P	S	V	D	S	T	E	T
V	H	E	S	S	K	N	I	E	S	V	E
T	V	V	B	S	E	V	B	L	V	H	B
S	E	T	V	H	E	D	O	W	G	V	N
X	E	T	S	O	V	S	M	O	A	W	U
S	A	V	S	D	E	H	N	L	V	N	E
V	L	H	O	V	H	V	O	S	E	V	S
S	N	V	O	W	T	V	O	I	L	N	E
S	I	H	V	S	L	E	G	H	H	E	
E	A	W	V	D	S	E	H	O	S		
S	N	V	O	W	T	V	O	I	L	N	E
V	N	E	T	H	V	W	V	S	I	T	V
B	V	H	V	T	I	V	J	N	V	I	H
V	O	V	D	S	R	W					

Crossword Answer



# CROSSWORD

## CLUES ACROSS

- Punctuation mark
- Married woman
- Nocturnal rodent
- Suffix
- A way to disappoint
- Saddle horse
- West African country
- Philippine island
- "Girls" creator Dunham
- A type of twin
- Groans
- Infections
- What a beaver makes
- Thou
- Make a mistake
- Receive
- Dresses
- Burn the surface of
- Where coaches observe
- Ceremonial offices
- Paddle
- The body's main artery
- Altered the original state
- Alleges
- Short-billed rails
- Northern Thai province
- Albanian monetary unit
- Who the Wolverines play for
- Oath
- Astronomical period
- A single unit
- Presides over
- Spoiled tot
- Hillside
- Fertility god
- Assuage
- Signs a contract
- Ancient Greek war dance
- Allows
- Lunar crater
- Crash a motorcycle (Brit. slang)

## CLUES DOWN

- Loose-fitting undergarment

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16					17					18			
19				20					21				
			22					23				24	
25	26	27		28				29				30	
31			32		33		34					35	
36				37		38				39			40
	41				42				43		44		
		45						46		47		48	
49	50			51			52			53			
54		55				56					57	58	59
60					61					62			
63					64				65				
66					67				68				

- Western Roman city
- Unit of length
- Type of electricity
- Article
- Mothers
- Monetary unit
- Single Lens Reflex
- Tan-colored horses
- Region
- Cautious in spending money
- Belittle
- Sarcastic
- Fathers
- Clothes
- Opera's Callas
- Lentil dish
- Energy-saving module
- Make sense of a language
- Hurries through
- Songs to one's lover
- Name given to plant groups
- Improves
- Patriotic women
- Inflamed swelling on the eyelid
- Instrument in Indian music
- Request
- Make into leather without using tannin
- Defies
- Neither
- Flower cluster
- Phonological unit
- Leaves in water
- Cavalry-sword
- Famed American cartoonist
- Messenger ribonucleic acid
- Scarlett's home
- Make
- Stony waste matter
- What to do at auction
- Incorrect letters



# Classifieds *The Selkirk Record*

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## UPCOMING EVENTS

Grand Marais Recreation Association General Annual Meeting, Monday, April 16th, 2018, 7:30 p.m. Positions up for re-election: President, Vice President (1 yr. term), Treasurer, and Directors – Bar Manager, Canteen Manager, Bingo Coordinator, Youth Coordinator, and Fundraiser Coordinator. These positions are 2 yr. term. Please if interested, come out and support your community club.

## UPCOMING EVENTS

Grand Marais Recreation Association Fish Fry, Saturday, March 24, 2018. Dinner: 5 p.m. – 8 p.m. 50/50 draw, live entertainment – Bruce Bell & Friends. Adult ticket - \$17, child ticket (10 & under) - \$5. For tickets call Dwight 204-492-7488.

**News Tips?  
Story Ideas?**  
call the Record  
204-785-1618

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@myrnts.net](mailto:stonewoodelkranch@myrnts.net)

## FARM MACHINERY

7700 Ford tractor, 86 HP with cab, asking \$14,000 obo; 22 ft. White cultivator with wings; bale spear for front end loader. Ph 204-322-5614.

## HAY

Small squares, 2nd cut Alfalfa, small square Alfalfa June Grass and Oat straw. Leave message 204-482-5101.

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## PUBLIC NOTICE

Public notice is hereby given that the Mars Sandhills Golf Course property intends to conduct the following Pesticide Control Program during 2018.

1. To control noxious weeds on the Mars Sandhills property. The project dates of application will be May 1, 2018 to October 20, 2018. The herbicides to be used: Par III, Super Spreader Sticker, Mecoprop, Oracle, Banvel VM.
2. To control fungal diseases on the Mars Sandhills property. The projected dates of application will be from April 25, 2018 to November 30, 2018. The fungicides to be used include: Iprodione, Daconil Ultrex, Instrata, Heritage Maxx, Banner Maxx, Eagle WSP, Renovo, Velista, Civitas, Medalion, Tourney, Roundup.

The public may send written submissions within 15 days of the publication of this notice to the department below:

Manitoba Conservation and Water Stewardship  
Pesticide and Hazardous Waste Section  
123 Main Street, Suite 160  
Winnipeg, Manitoba R3C 1A5

**THE Half Moon DRIVE IN**

**Now accepting applications for  
PART TIME EMPLOYEES  
for all positions.**

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Half Moon Drive Inn  
6860 Henderson Hwy., Lockport  
204-757-2517



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Crew Cab, 5.3 V-8, 2nd owner, excellent shape, have recent repair bills, 238,000 km's, fresh safety, \$8500.00

Call Ed. 1-204-785-0741

**SURVIVOR'S HOPE CRISIS CENTRE**  
[www.survivors-hope.ca](http://www.survivors-hope.ca)

**SARAH**  
**Program Volunteer Training**

We are looking for volunteers to support victims of sexual assault in  
**Selkirk, Beausejour, Pinawa and Powerview Pine-Falls**

Volunteers will complete 40 hours of training over six days:

- April 15 (Selkirk)
- April 21 & 22 (Selkirk)
- April 28 & 29 (Selkirk)
- May 5 (Winnipeg)

For more info call 204-753-5353 or email [director@survivors-hope.ca](mailto:director@survivors-hope.ca)

## McSherry Auction

12 Patterson Dr.  
Stonewall, MB

**Estate & Moving**  
Sat March 17 @ 10:00 AM

**2 Day Gun Auction**  
Fri March 23 @ 4:00 PM  
- Ammo & Reloading  
Sat March 24 @ 9:30 AM  
- Guns & Accessories

**Spring Service Station & Coca Cola Collectibles Auction**

Sat March 31 @ 10:00 AM  
Call to Consign - Trucking Available!

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(204) 467-1858 or  
(204) 886-7027  
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Fax: 204.727.6651  
Or submit an online application @ [www.renaissancetrans.ca](http://www.renaissancetrans.ca)



strengthening our roots for a brighter community

Join us to learn more about the proposed amalgamation with  
**Sunova Credit Union** during our:

**Information Session** | **March 15<sup>th</sup> 7PM**  
Springfield Collegiate Institute

Have a say in your community [oakbankcu.mb.ca](http://oakbankcu.mb.ca) [sunovacu.ca](http://sunovacu.ca)



# Announcements

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*The Selkirk Record*

ANNOUNCEMENT  
BIRTHDAY



Theresa Belanger  
March 17, 1928  
Happy 90th Birthday Mom  
-Love your children, grandchildren and great-grandchildren

ANNOUNCEMENT  
IN MEMORIAM

In Loving Memory of  
Bill Purvis  
Beloved Husband, Dad,  
Grandpa, and Great-Grandpa  
July 14, 1935 – March 8, 2015  
Deep are the memories, precious they stay;  
No passing of time can take them away.  
Quietly today your memory we treasure;  
Missing you always forgetting you never.  
-Love always,  
wife Bev and family

ANNOUNCEMENT  
IN MEMORIAM



Don Pearson  
March 14, 2013  
-In loving memory,  
Brenda

ANNOUNCEMENT  
IN MEMORIAM



Alexander (Sandy) Field  
March 28, 2016  
It's not the years in your life that count,  
It's the life in your years.  
When someone you love becomes a memory...  
That memory becomes a treasure.  
Always loved, sadly missed.  
-Tanis, Kerry, Robert and family,  
Tara and Jason

ANNOUNCEMENT  
IN MEMORIAM



Joe Wyspinski  
October 27, 1929 – March 15, 2013  
He never looked for praises,  
He was never one to boast;  
He just went on quietly working,  
For the ones he loved the most.  
He was there – our firm foundation,  
Through all the storms in life;  
A sturdy hand to hold onto,  
In times of stress and strife.  
A true friend we could turn to,  
When times were good or bad;  
One of our greatest blessings,  
The man that we called Dad.  
-Lovingly remembered by  
wife Elsie, children and grandchildren

ANNOUNCEMENT  
IN MEMORIAM



Inez Mayo  
March 18, 2012  
Linda Johanson  
Heavenly Birthday  
March 10th  
I found this picture of the both of you  
That I hadn't seen in a while.  
I held it gently in my hands lost in that  
moment.  
May the winds of Heaven blow soft,  
And whisper in your ears,  
How much we love and miss you both,  
And wish that you were here.  
-Love Lisa and family

ANNOUNCEMENT  
IN MEMORIAM



William Gamble  
December 18, 1969 – March 15, 2005  
Always in our memories.  
Forever in our hearts.  
-Love Mom, Dad, Tracey, Bryan,  
Holly and Clair

ANNOUNCEMENT  
IN MEMORIAM



Margaret Sterzer  
February 20, 1930 - March 18, 2017

I met the love of my life,  
And soon we became husband and wife;  
The days, weeks and years passed by,  
67 years in the blink of an eye.  
The joys and fun were temporarily taken away on that fateful day.  
We said goodbye,  
With tears in our eyes;  
As she walked away she stepped aside and waved her hand  
And there was a beautiful angel holding her other hand,  
Leading her to the promised land.  
As I waved and smiled that day,  
I knew we would be together one day.  
As the days they pass by,  
Being without her at my side brings tears to my eyes,  
Evenings are real bad  
When she is not there to keep me from being sad.  
I often look at her chair to see if she is there...  
Even imagining there are two of us in the room  
Helps drive away the gloom.  
I know my time is coming pretty fast  
And we will be together again at last...  
So my lover and wife, comrade and friend,  
If you still want me in the end,  
I am just down the road around the bend  
And I know we will be as one again, to that I say, AMEN



# Announcements

The Selkirk Record

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## OBITUARY



### Peter Edward Thorsteinson

Peacefully on Wednesday, March 7, 2018, Peter Thorsteinson passed away at the age of 68.

Leaving to mourn are his daughters Lori and Tamara; grandchildren Tristin, Alexis, Camilla, Ryan and Keira; his brother Calvin and the mother of his children Rhonda.

Peter was predeceased by his parents Pete and Mae Thorsteinson; brother Stuart and son Tommy.

Peter was always a mechanic. Starting at Kelly's garage and ending at Mandak, retiring in 2012.

He had a passion for competition whether it was floor hockey, baseball, horseshoes and cards (especially cribbage). Many Wednesday afternoons were spent at the Army and Navy for their weekly tournament. Peter was also a trivia fanatic and music lover.

Funeral services were held on Tuesday, March 13, 2018 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk, MB. Lunch followed at the Army Navy in Selkirk.

Condolences, pictures and videos may be left on Peter's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Julianne (Judy) Margaret Kuzniak

Suddenly, at her residence in Lockport, MB, Judy Kuzniak, aged 76 years, beloved wife of the late Peter, passed away.

A memorial service will be held on Monday, March 19, 2018, at 11:00 a.m. in the Gilbert Funeral Home, Selkirk, MB.

Condolences, pictures and videos may be left on Judy's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Anna Ciupak

December 31, 1934 – March 6, 2018  
(83 years of age)

Peacefully on the morning of March 6, 2018, Anna passed away and will be sadly missed by family and friends.

She was predeceased by her husband, Stanley of 53 years and her sister, Jean Hardy. She is survived by her two sisters, Florence Bince, Evelyn McLaughlin and her brother William McLroy of Toronto. Left to cherish her memory are her four children, daughter Linda (Garry), son Gerald (Debbie), daughter Cynthia (Richard), and daughter Susan. Grandchildren Dale, Nadine, Ashley (Tony), Amanda (Ryan) and Brittney; great-granddaughters Sylver, Kara and Kacie; and great-grandson, Patrick.

In keeping with her wishes, cremation has already taken place. A private family celebration of her life will be held at a later date.

## OBITUARY

### James Smith Garnett

December 11, 1923 - March 7, 2017

James (Jim) Garnett passed away peacefully at the Selkirk Regional Health Center on March 7, 2018 at the age of 94 years. He was a resident of Woodland Courts for the last eight years.

Jim was a lifelong resident of Selkirk and married Reba Keppy in 1946. For most of their married lives, they lived at 208 Dorchester Avenue. Reba passed away in 2011. Jim has one son, Robert who is married to Donelda (LaRoque) where they reside in East Selkirk. There are two grandchildren, Jeffrey Garnett who lives in Dauphin and Debra Kuzminski in Winnipeg. Debra is married to Paul Kuzminski and they have four children: Matthew, Joshua, Jenna, Ashley.

Jim worked at the Manitoba Rolling Mill for 43 years with most of his service being spent in the melt shop. During that period he spent time in the Canadian Navy during World War II and serving on several ships. He served on the Atlantic until victory in Europe was declared and then moved to the Pacific Ocean until victory over Japan was declared. During this time his ship was sent to Vancouver where he met his wife to be, Reba Keppy.

Jim was involved in many community activities. Notably was his church. He was an elder in Knox Presbyterian Church for many years and later joined Lockport Community Church. His faith was an important aspect of his life right until his death.

Jim was a long serving Boy Scout leader. He was a leader with the 1st Selkirk Boy Scout Troup for almost 25 years taking part in local, regional and national activities. These activities provided many quality learning experiences for many boys in the Selkirk and area communities.

A memorial service was held on Tuesday, March 13, 2018 at 2:00 p.m. in the Gilbert Funeral Chapel in Selkirk, Manitoba with a luncheon to follow in the Gilbert Reception Centre.

Condolences, pictures and videos may be left on Jim's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Carol Ann Witkowski

1950 – 2018

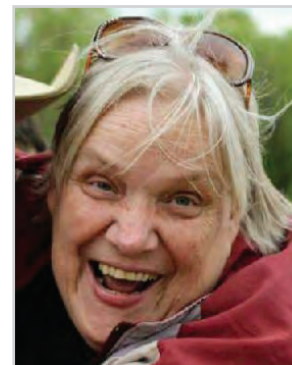
It is with broken hearts we announce the passing of Carol Witkowski, aged 67 years, after a brief, courageous battle with cancer, on Saturday, March 10, 2018 at Beausejour Hospital.

A Come & Go Viewing will be held on Carol's birthday, Tuesday, March 20, 2018, from 7:00 – 9:00 p.m. at Sobering Funeral Chapel, 1035 Park Ave. E., Beausejour, MB.

Longer obituary to follow.

SOBERING FUNERAL CHAPEL & CREMATORIUM,  
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268-3510 or MB Toll Free 1-877-776-2220  
[www.soberingfuneralchapel.com](http://www.soberingfuneralchapel.com)



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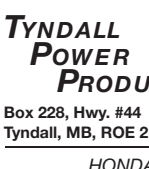
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