



The Selkirk Record

THURSDAY, APRIL 15, 2021

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**Biz Awards
are back!**

RECORD PHOTO BY BRETT MITCHELL

Selkirk Biz takes the time to celebrate some of the business leaders in our community. Left to right- Winners Buck Anderson, Parker Pelletier Selkirk Biz spokesperson, Nandan and Veena Vijayan, Katie and Mackenzie Hartle, David Truthwaite, and Sheri Skalesky the executive director of the Selkirk Biz. Learn more on page 3.

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Recognizing resiliency through a global pandemic

Selkirk Biz Awards honours four local businesses

By Nicole Buffie

Another year of the Selkirk Biz Awards has arrived, highlighting local businesses and their achievements. However, since 2020 was a unique year to say the least, the Selkirk Biz put a unique spin on their awards.

While the Biz has been recognizing the hard work of businesses in the area for the last decade, this year they decided to direct their focus to those who proved resilient through the pandemic. Sheri Skalesky, executive director for the Biz, said four businesses were awarded for pushing through the challenges posed by the novel coronavirus and continuing to adapt to changing circumstances.

"The areas that we focused on were resiliency, so businesses that were looking at a non-traditional way or being creative so they can remain open. And another area was how they handled taking care of their staff, keeping them safe and employed. Another area was being an uplifting partner, so displaying support for other businesses," she said of the selection process.

About a dozen businesses were nominated and four were chosen to receive an award, announced by the mayors of Selkirk, West St. Paul, St. Clements and St. Andrews via video to ensure everyone's health and safety. The Selkirk Record caught up with the recipients to chat about receiving the prizes.

Glow Fitness

The woman-based gym in Selkirk was no exception to the closures of the pandemic, yet Katie Hartle, owner of Glow Fitness, was determined to still provide the gym's services to her

members.

During closures, the gym tried to embody their mantra which they set out at the start of the pandemic which was to 'keep glowing'. They offered virtual classes, then outdoor yoga when the weather permitted. Currently, the gym is doing a 30-day chal-

lenge where each day participants are to do some form of exercise to keep busy.

"People are, I think, a little bit tired of the pandemic, a little burnt out," Hartle said. "So we're kind of trying to adapt our role of keeping people inspired and motivated because we don't want people to lose all that health and wellness that they've worked so hard for in the past."

This is the second Selkirk Biz award

the gym has received, yet Hartle said this one feels special.

"It's really nice to be recognized because it wasn't an easy year," she said.

Gaffers Restaurant & Lounge

In the nearly four decades David Truthwaite has been in the restaurant business, he says he's never experi-

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RECORD PHOTOS BY BRETT MITCHELL
Above: President of the Selkirk Biz Jim Pelletier giving an award to Nandan and Veena Vijayan of Vinnie's Hot Foods. Right: Katie and Mackenzie Hartle with Jim and Parker Pelletier in front of Glow Fitness for Women who also won an award.

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PG. 3

enced something quite like the COVID-19 pandemic.

As a sought-after location for food and drink in Lockport, the restaurant was forced to pivot their business model to that of take-out and delivery after public health orders shuttered the restaurant.

"The pandemic came on quick. And suddenly, the business plan that you're used to following and using on a daily basis didn't work anymore," Truthwaite owner of Gaffers said of the changes he had to make.

"We had to find other avenues and other revenue streams to try and keep my staff working and keep the business open."

While the public health orders have allowed for the reopening of restaurants and lounges for now, Gaffers will soon be in another tight position as the Lockport Bridge will be undergoing repairs causing a partial closure. But Truthwaite says he's prepared for it.

"Without the social media push and



the local print media push we certainly would not have come through

last summer as strongly as we did," he said. "So, yeah, I believe that the efforts that we made to reach out have worked and they have helped us to succeed so far to date."

Vinnie's Hot Foods
It's been over

RECORD PHOTO BY BRETT MITCHELL
Buck Anderson receiving his award for the Metis Music Van.

one year since the doors at Vinnie's Hot Foods have been open for patrons to dine in with their favourite South Indian cuisine, yet the business is still alive and well.

Like many restaurants, Vinnie's pivoted to a take-out model to keep the business afloat while receiving applicable grants to help with cash flow. But when they were given the green light to reopen, the owners decided to remain closed as an effort to slow the spread of COVID-19.

"One thing is we don't want is that experience of the opening and closing kind of thing, for us, or for our staff,

or for our customers," said Veena Vijayan, co-owner of the restaurant with her husband Nandan.

In addition to offering take-out versions of their menu, Vinnie's took it upon themselves to offer free meals to anyone in need, no questions asked. To date, they've served over 1,300 meals to members of the community. The couple also make the effort to order from a local restaurant every week to do their part in keeping the industry alive.

"We do it because we have been in that situation, we know what's happening."

Selkirk Local and the Metis Music Van

If you live in Selkirk or a surrounding area, you have probably seen Buck Anderson and his decorated van driving the streets and projecting the sound of fiddle music for residents to hear.

The idea for the mobile music van came from a lack of events usually held in the summer including Canada Day and Indigenous-specific celebrations held across the province. So, Anderson took matters into his own hands and brought the festivities to the people.

"I'm doing this to spread my culture and heritage," he said of the idea behind it.

The van has quickly gained traction in the area, with incoming requests

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> BIZ, FROM PG. 4

to do drive-bys for birthday parties and appearances at schools teaching about Metis history and culture. Anderson hopes the idea will inspire other vans to mobilize and share the music and heritage of the Metis people across the province.

"I've been handing out little Metis flags to the youngsters when I drive by. Now when I go by again, the kids are out there waving these Navy flags and attempting to jig and dance. So that tells me I'm doing my job; when they hear the music they relate to the flag, when they see the flag they relate to the music and that's what it's all about."



RECORD PHOTO BY BRETT MITCHELL

President of Selkirk Biz Jim Pelletier with winner David Truthwaite owner of Gaffer's Restaurant.

Fishing licences available online

By Staff

Manitobans can get their 2021-22 fishing licences online ahead of the season's start next month.

Agriculture and Resource Development Minister Blaine Pedersen reminded Manitobans last week that the province's e-licensing portal launched last year is open for business.

"Our online e-licensing portal has made it easier than ever for Manitobans to purchase their angling licenses from their own homes," he said. "Our government is continuing to modernize the way we deliver services while decreasing our carbon footprint."

The recreational angling season officially opens on May 15 in Manitoba's southern region, and May 22 in the northwest and north central regions. The northeast region remains open to angling year round.

The 2020 angling season officially closed at midnight on April 4 in the southern division. It ends on April 30 in the northwest and north central divisions.

All anglers are required to obtain an angling licence to fish in Manitoba, unless exempt.

Licences are available online 24 hours a day, seven days a week, and can be immediately purchased and printed at home.

For more information and to purchase an angling licence, visit www.manitoba.licensing.ca.

Twenty fisheries, forestry, and wildlife applications have also been added to the e-licensing portal this year, ranging from competitive fishing events to taxidermy. Check out the website for details.



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Stricter restrictions loom as COVID numbers rise

By Ashleigh Viveiros

More restrictions could be on the way if Manitoba's COVID-19 numbers continue to rise.

Public health officials announced 114 new cases of COVID-19 on Monday, making it the sixth straight day of triple digit increases.

"Today we're strongly advising people wear masks as much as possible, and this includes even when gathering outdoors," said Dr. Brent Roussin, chief provincial health officer. "Gatherings of any kind are not without risk, certainly if we're not following the fundamentals such as distancing.

"We know the variants of concern are much more transmissible and we're starting to see the B117 variant become more and more prevalent in Manitoba," he said, noting other jurisdictions have reported transmission of the variants of concern even when outdoors.

Manitoba reported a total of 1,370 active cases of COVID-19 on Monday. The province only updates its variant tracking data from Tuesday to Saturday. As of Saturday, the number of

variant cases was a 412.

The number of COVID-related deaths was at 949. There were 135 people with COVID-19 in hospital at press time, 33 in intensive care.

The increasing number of new cases of the virus coupled with the more infectious variants have health officials very concerned, especially since contact tracing is showing many people have been holding large private gatherings in their homes of late.

"We're seeing house parties, we're seeing playdates, we're seeing sleepovers," Roussin said. "We're seeing cases with many more contacts then we saw in the recent past and we're seeing this contribute to the transmission of the virus.

"If we don't act now, we will be right back into stricter restrictions very soon."

That could include mandatory masks outdoors and a tightening of indoors gathering restrictions in the near future.

Roussin again urged Manitobans to stay home when ill, even mildly ill, and to get tested if showing any

symptoms of COVID-19.

"We continually hear of cases that have multiple unnecessary contacts because they're out and about while symptomatic," he said. "We have people who have delayed getting testing for quite some time because of mild symptoms.

"Even mild symptoms, even if you're not sure, get tested. Isolate pending results. This is one of the best ways that we could avert a third wave, which is pending."

By the numbers

Interlake-Eastern Regional Health at press time had 25 active cases of COVID-19 and four hospitalizations, two in the ICU. A total of 2,441 people in the region have recovered from the virus; 37 people have died.

In the Interlake-Eastern region reporting active cases on Monday included Stonewall/Teulon (four) and the Unknown district (four), with all other districts recovered.

Budget includes \$1.2B for COVID-19 response

By Lorne Stelmach

The provincial budget introduced last week includes nearly \$1.2 billion to continue protecting Manitobans through COVID-19 as well as to prepare for future pandemic and economic needs.

Making the announcement last Tuesday in advance of unveiling the full budget, Finance Minister Scott Fielding and Health and Seniors Care Minister Heather Stefanson noted the majority of the funding includes amounts for the health care system and the full year cost of the vaccine program as well as support that may be required for the K-12 education system and additional personal protective equipment and related supplies.

"Our pandemic response has re-

quired unprecedented government support," said Fielding, who noted their top financial priority over the past year has been to direct critical funding to the front lines. "Obviously, COVID-19 of course is the front and the most important aspect of our provincial budget ... our government's main priority is to protect Manitobans and to really advance Manitoba."

The COVID-19 funding includes:

- \$230 million for personal protective equipment, testing and vaccine site infrastructure, contact tracing and other preparations.
- \$350 million for additional health care systems costs in preparation for a potential third COVID-19 wave.
- \$160 million to support school and education needs.
- \$100 million for the vaccine pro-

gram.

• \$40 million for Manitoba Restart Program capital initiatives at the municipal level.

The remaining \$300 million will be set aside as a contingency for currently unbudgeted expenses, explained Fielding, who noted Manitoba to date has committed a total of \$3.2 billion to address COVID-19 including investments to address and mitigate the ongoing impacts of the pandemic and future-year spending to help recovery.

"Budget 2021 will support the health, education and financial needs of Manitobans and prepare for potential future waves of COVID-19 or other emergencies that arise," said Stefanson.



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“It’s a two-way street”: council grapples with internal complaints

West St. Paul conducting lengthy and costly investigations

By Nicole Buffie

The municipality of West St. Paul is being forced to reckon with a divide among council members as code of conduct complaints filed in the last five months have resulted in a near \$10,000 investigation on the taxpayer’s dime after mediation and informal resolution of the complaints could not be done.

Multiple complaints have been filed against Mayor Cheryl Christian, Coun. Dorothy Kleiber (Ward 3) and Coun. Eleanor Link (Ward 1) since the passing of the RM’s Code of Conduct By-Law 2020-10 on Oct. 26, 2020. Since then, council agendas have been piling up with votes on recommendations from intake officers and third-party reviewers, updates on who has filed the latest complaint and discussions resulting in great lengths of time spent off the record and away from the public’s eyes and ears during meetings, known as taking the meeting in-camera. According to council agenda meetings and minutes, an initial code of conduct complaint made by the mayor against Kleiber was forwarded to an independent intake reviewer on Nov. 25, 2020. The complaint cited multiple code of conduct violations and recommended that it be accepted and resolution or further investigation be done. Council voted the matter be forwarded to a third-party investigator to be looked at further.

After Christian’s complaint was filed, Kleiber made a series of complaints against the mayor for violations of the council’s code of conduct by-law. The intake reviewer in the intake reviewers report recommended the complaints be dropped as they were seen as “frivolous” and having “no informal resolution of the matter was attempted”.

Council voted to dismiss all complaints against Christian.

The complaint made against Coun. Link by Coun. Giorgio Busceti (Ward 2) and Coun. Stan Parag (Ward 4) is still under investigation.

At a Feb. 11 Planning Meeting of Council, council voted to move the initial complaint against Kleiber to a third-party investigator to conclude whether the complaint did, in fact, contravene any code of conduct by-laws and if so, recommend applicable sanctions to the affected party.

After one month of investigation into the matter from People’s First HR, a Manitoba-based company, and

the third-party assigned to look into the complaints, it was found that Kleiber did act out of accordance with the code of conduct to be followed by all members of council. Council voted 3-2 in favour of the findings.

In an interview with the Selkirk Record, when asked why the complaints between herself and Kleiber were not resolved informally before seeking input from an independent party, Mayor Christian said the two do not see eye to eye, therefore it was sent directly to a third party to be looked at further.

“There’s no agreement between Councillor Kleiber and myself on any issues, and that’s why we’ve gotten to this point,” Christian said.

“I did not feel mediation was an option. We have gone through so much team-building that at a certain point that, unfortunately, that was not an option.”

Since the election of the current council in 2018 council has undertaken numerous team-building exercises including one as recent as October 2020 before By-Law 2020-10 was updated and passed as municipal law.

Cited in a report on a complaint filed by Kleiber against Christian forwarded on Dec. 30, 2020 the findings state the intake reviewer found Kleiber’s complaint of harassment and bullying from the mayor to be “ironic”.

“Councillor Kleiber alleges Mayor Christian filed a code of conduct complaint against her as an act of reprisal, harassment and bullying. We find that allegation to be extremely ironic. Councillor Kleiber filed this complaint with the CAO on December 23, 2020. In advance of filing the complaint she sent BC Advisory Group an email on December 22, 2020 at 10:14 PM entitled ‘Recent code of complaint - Cheryl Christian against Councillor Kleiber’, the first sentence of which reads: “I will be filing my own complaint in regards to this matter.” In our opinion this is, by legal definition, vexatious. In addition, the filing of legitimate code of conduct complaints does not, in and of itself, constitute bullying or harassment,” read the intake reviewers findings of the complaint.

As for consequences for Kleiber after People’s First HR found she broke municipal law, sanctions including a seven-day freeze of power, a formal apology and code of conduct training were recommended. While council voted 3-2 in favour of the sanctions

during a Mar. 25 meeting of council, Kleiber cited The Municipality Act states in order for sanctions to be imposed on a councillor there must be a vote of majority plus one. While that was not achieved in the vote, council declared the resolution passed and the sanctions be implemented.

Then, in an email blast sent out to all West St. Paul Connect subscribers and posts to the RM’s social media, a statement regarding the situation was released by the RM highlighting the code of conduct violation. It mentioned that the RM conferred with its legal team and concluded it would not impose the previously recommended sanctions as per the act. It made no mention of Kleiber’s initial comments during discussions highlighting the mistake.

Coun. Kleiber told the Selkirk Record that as a councillor she strives to ensure proper process is followed and argued it was not followed in this situation.

“In order for our process to be fair, the process has to be followed properly; we either follow the rules or we don’t follow the rules. It’s very simple. And the rules weren’t followed,” she said.

From an outsider’s perspective,

some may see the complaints as mere bickering, but Christian maintains there is no room in council for harassment and bullying.

“If we have working conditions that aren’t safe, and there’s harassment and bullying, which is now not an allegation, but proven fact, that needs to be addressed,” she said.

Coun. Kleiber says spirited debate is a norm for all councils.

“I have a right to voice my opinion. I have a right to represent the people that elected me and it all comes back to the people,” she said.

“People elected me to do a job, I’m trying to do that job. I’m trying to represent their views on Council. So, when I bring those views forward, they should be respected views, it’s not about arguing with them.”

While no sanctions were ultimately imposed on her, Kleiber said she is willing to work with council and Mayor to ensure the harmony and effectiveness of council.

“I’d like to put it behind us, I think we have a lot of work to do in West St. Paul. We can function as a council and we have been functioning as a council,” she said.

“It’s a two-way street.”

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Manitoba 

Questions about Bill 64's impact locally answered

School Board's town hall gave clarity to confusion about impacts of provincial education bill

By Katelyn Boulanger

After receiving many questions from residents about how Bill 64, the Education Modernization Act, will affect education in our area, the Lord Selkirk School division's board of trustees hosted a virtual town hall to help provide answers to residents.

Lena Kublick, chair of the board, started the meeting by explaining the history of how this bill came to be after an education review was undertaken by the province in 2019.

"As a result of this review, there were 75 recommendations that were made by the Commission and the link for that is on our website if you'd like to review the entire document," said Kublick.

She then turned the meeting over to the Vice-Chair of the board Jack Bogaski who went through the proposed changes that the provincial government is planning to make as stated in the 306-page document, particularly the new governance model which will affect the school division the most.

The division used slides provided by the provincial government to show the differences between the current and proposed models.

"Bill 64 essentially is a complete overhaul of the educational system as we know it. Seventy-five recommendations that were proposed by the \$1 million K to 12 educational review and report are not reflected, for the most part in this document," said Bogaski.

The current structure of the school system has 37 divisions with their respective school boards, four associations that have a hand in influencing education in Manitoba – the Manitoba Association of Parent Councils, the Manitoba Association of School Superintendents, the Manitoba Association of School Business Officials, and the Manitoba School Boards Association.

In the newly proposed structure, there would be a newly formed provincial education authority which would be governed by a board of 11 appointees, school boards would be eliminated and replaced by 15 regions, our region would be an amalgamation of the LSSD and the Interlake School Division. The four associations would also be eliminated and the Manitoba Benefits Administration Corp would take over to take care of teacher's pensions. The Division Scolaire Franco-Manitobaine (DSFM) will continue

in accordance with obligations under the Charter to protect minority language rights. There will also be a Parent Advisory Council on Education created comprising of 15 parents from school community councils and a trustee from the DSFM.

"One cannot help but wonder what criteria were used to determine these [new] regions. If you look at the top, our current school divisions and Interlake have been combined into one large region, which will be made up of 247 schools with 100,368 students. If you contrast this the Seine River [division] at the bottom, which remained relatively unchanged, it has 15 schools with 4,513 students," said Bogaski.

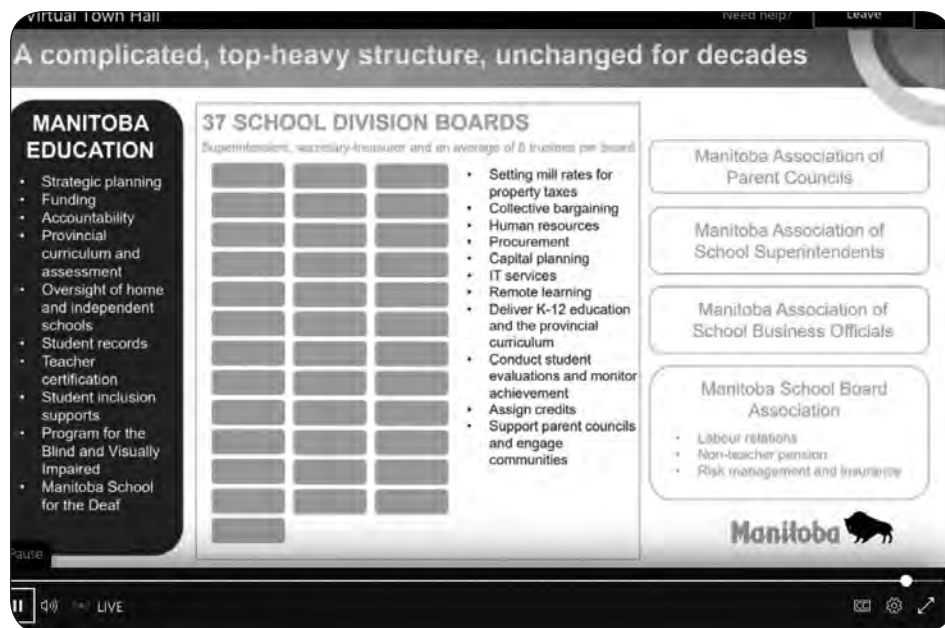
Another major change would see the current divisional structure of a superintendent and nine trustees in the LSSD and a superintendent and seven trustees in the ISD eliminated and replaced by a regional director for both divisions.

Some concerns that the school board had heard about the new structure concern the lack of engagement of our communities with the new system. For example, under the proposed structure each school will be required to have a school community council but there is no language in the bill allowing anyone besides parents and caregivers to be voting members on those councils. As it stands, that will mean grandparents and other community members that may also be invested in our community's education don't have many options to participate in the system. This also means that for our new proposed region that there will be one parent from one school's council representing 100,368 students which has called into whether there will be balanced representation on the Parent Advisory Council on Education.

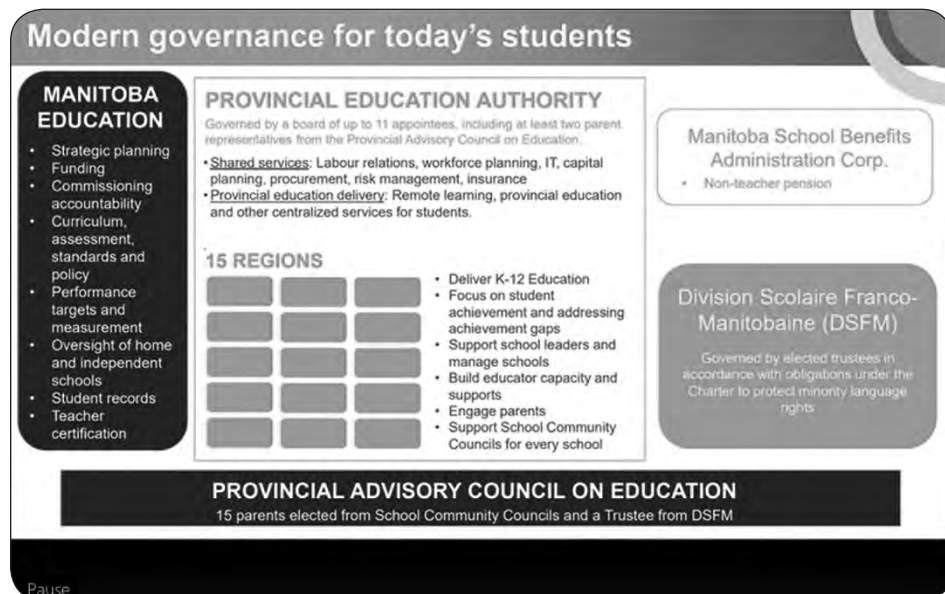
"It could be said that 37 school boards are being replaced by 794 school community councils, one for each public school in the province. It should be noted that school boards are accountable to the electorate and the community," said Bogaski.

He does encourage parents to participate in the discussion surrounding this bill.

"It is interesting to know, the government is now planning to consult with parents after the plan has already been in place and not before. But we should note, parents still are



RECORD PHOTOS BY KATELYN BOULANGER
Above: Current school structure. Below: Proposed school structure under current Bill 64.



being given the opportunity to be heard and should take advantage of this opportunity and get involved as much as possible in the consultation process," said Bogaski.

The bulk of the night was spent on a question and answer period where residents were able to ask board members and superintendent Jerret Long how they believe that the proposed legislation may affect the future of education in our area.

One resident asked what would happen if there weren't parents to take on roles.

Long responded saying that, that was "A concern that we don't have a lot of answers for right now."

Another person asked if this could mean language programs like the Ukrainian language program and French immersion program in our region were at risk.

Long said, "Our understanding from the wording is that our rich Ukrainian bilingual history along with our

French immersion, programming, as well would be maintained."

A resident asked specifically how the centralization of the procurement might affect local businesses.

Secretary-Treasurer John Speidel took this question saying, "It's usually very much of a regimented process that they go through and it's usually the lowest bid wins. So local services could be at a disadvantage."

An attendee asked if the parent positions would all be volunteer positions to which Kublick noted that there is nothing in the current bill to indicate that they would be remunerated positions.

A question was asked about whether this could cause schools to close.

"Currently, we are governed by the Education Act of Manitoba, as well as the Public Schools Act of Manitoba, Bill 64, will replace the Public Schools Act and in the Public Schools Act,

Selkirk to receive funds for sustainability advocate

City to partner with Efficiency Manitoba to create energy-saving programs

By Nicole Buffie

The City of Selkirk will become the first municipality in the province to see the hire of an employee whose specific job will be to ensure residents, businesses, and the city as a whole reduce their energy consumption with the help of a grant allocated by Efficiency Manitoba.

The funding from Efficiency Manitoba amounting to \$80,000 will be to bring an Energy Efficiency advocate on board with the City to consult and create a plan to be more sustainable over two years.

Amy Tuck, program lead for the Energy Efficiency Program for Efficiency Manitoba, said the program is designed to help municipalities stay environmentally conscious and save money at the same time.

"It's one of those programs or enabling strategies that can provide a municipality the opportunity to look at reducing their energy consumption, their natural gas consumption, their electricity consumption at a whole community level," Tuck said. She said the decision behind choosing Selkirk for the grant was the leadership they've already displayed in reducing emissions in the city as a whole.

"[Selkirk] seems to be a real leader

in conservation, sustainability and energy efficiency."

Efficiency Manitoba, previously known as the Power Smart program, is a new crown corporation and an extension of Manitoba Hydro. The program is designed to be a guide for residents on how to save money on their energy bills in a sustainable way. The program became functional in April 2020.

Tuck said Efficiency Manitoba and the City will join to provide training to an advocate that will eventually create an efficiency program that can be implemented by residents and businesses.

Duane Nicol, CAO for the City of Selkirk, said the grant and advocate hire will be an extension of the work council has already done in keeping the environment in mind while creating new infrastructure in the city.

"Climate change is the number one pressing concern that the entire globe faces, and we've focused a lot of efforts there," he said.

"This person really will be an ambassador and connect those people who care and want to do something with the tools that will help them do it."

Nicol said the City has implemented



RECORD PHOTO SUBMITTED

Cash from Efficiency Manitoba will go towards the creation of programs to further the City of Selkirk's goal of sustainability. Efforts already made include the installation of solar panels at the Rec Centre.

numerous conservation efforts and residents have been supportive of the initiatives implemented. Initiatives include adopting a plan to reduce the amount of Greenhouse Gas emissions released into the environment, implementing a Climate Change Adaption Strategy and purchasing electric buses which will become part of Selkirk Transit's rotation. Nicol said he's confident residents will welcome the new advocate and the resulting programs with open arms.

"Most people want to do the right thing; they want to save those dollars, they want to be good environmental stewards, they care about protecting the earth and making things better for their children and their grandchildren," Nicol said.

Hiring for an Energy Efficiency Advocate is currently underway and will be announced in the near future.

Car club is cruising for a local cause

By IERHA

The Lily Pad Cruisers have donated funds to support palliative care in Selkirk, to help provide comfort and quality of life for individuals and families facing life-limiting illness. This year, they are donating \$1,500 to the cause. The club has donated to a variety of local organizations including the Selkirk food bank, soup kitchens, and the MS Society.

Dale Hiscock from the Lily Pad Cruisers says the club has been supporting palliative care since 2003.

"We have donated a total of \$2,675 towards Selkirk Palliative Care between 2003 and 2008. We are pleased to donate \$1,500 to the program this year."

The Lily Pad Cruisers established their car club in Petersfield in 2000.

It started with seven members and grew to more than 80 very quickly. Members meet throughout the sum-

mer and their annual car show on the second Saturday each July in Petersfield attracts more than 130 cars. The public is always welcome to stop by and admire the vehicles.

Executive director of the Interlake Eastern Health Foundation Pamela McCallum acknowledges the group's work and is grateful for their generosity.

"We couldn't be more grateful for the Lily Pad Cruisers' generosity. Each and every donation the foundation receives is hard at work enhancing local, dedicated patient and resident care."

Interlake Eastern Health Foundation's mission is to raise funds that support health care in the Interlake-Eastern health region. For more information visit www.iehfc.ca or contact Pamela McCallum, executive director at (204) 785-7044. For more information on the Lily Pad Cruisers please visit www.lilypadcruisers.ca.

> BILL 64 TOWN HALL, FROM PG. 8

there is language around a moratorium on school closures. In Bill 64, there isn't any language to suggest that," said Kublick.

A resident asked if there were any other examples of provinces that had done similar things in the past.

Bogaski took on this question indicating that Nova Scotia had some similar but not the same legislation that they had found to be expensive. PEI and New Brunswick also previously eliminated school boards but ended up bringing them back.

The proposed changes are currently scheduled to go into effect on July 1, 2022.

The proposed Bill 64's vote was delayed by the official opposition, the Manitoba NDP, until at the

soonest next fall.

The Manitoba Liberals also issued a statement asking for a referendum to be called on the proposed bill.

You can view a full recording of this meeting at https://www.youtube.com/watch?v=LTf_6pJVzxY and questions to the LSSD board can still be submitted to https://forms.office.com/pages/responsepage.aspx?id=HfRNJJ_FqEy3Fe4nUpJv-FOeS-2W36Y5FsqcNTOViF-wNURjA3VUc0NVFaSIVIVUo-2QURPREZITDJVUS4u.

The LSSD's website with information about the school division is accessible at lssd.ca and a copy of Bill 64 is available at <https://web2.gov.mb.ca/bills/42-3/b064e.php>.

Springtime snow



RECORD PHOTO BY BRETT MITCHELL

Annabelle and Everest building their "Snow-woman" in Selkirk during last Monday's big snowfall. With the temperatures hovering around zero, the conditions were perfect snow sculpture making.

Police looking for help with investigation

Red River North RCMP investigate collision which resulted in property damage

By Manitoba RCMP

On March 24 at approximately 7:25 a.m., Red River North RCMP responded to a report of a single-vehicle collision on Highway 9 at the intersection of Parkdale Road, in the R.M. of St. Andrews.

A witness who was driving by called police to report that there was a white pickup truck in the west ditch at that location. When officers arrived the truck was gone, and there was sig-

nificant damage to the traffic controller cabinet. There was a truck cap at scene that is believed to belong to the vehicle involved in the collision.

Police are asking anyone with information on this collision to call Red River North RCMP at 204-668-8322, call Crime Stoppers anonymously at 1-800-222-8477, or secure tip online at www.manitobacrimestoppers.com.



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City to receive cash for wastewater upgrades

Funds will go towards \$3 million project

By Nicole Buffie

A grant announced by the provincial government will see over \$1 million funnelled into Selkirk projects as part of a \$500 million program announced on Apr. 8.

Dr. Alan Lagimodiere, MLA for Selkirk, and Mayor Larry Johannson made the announcement from the site of Selkirk's new Industrial Park in the city's West End which is currently under construction.

"We've allocated funding for \$750,000 for the business park to put the infrastructure into this area needed for economic growth in the region. The second project is a [cash] input from the Manitoba government to help upgrade the sewage treatment plants in Selkirk," Lagimodiere said last Thursday morning.

The business park area is part of the City of Selkirk's expansion plans that will see the construction of businesses, homes and parks. Johannson said the upgrades to the wastewater treatment plant and the cash for the Industrial Park will be a necessity for attracting new businesses.

"We've got more commercial than we've ever had and more housing options than we've ever had. The medical services here are second to none. I'm just so pleased, I really am and this just keeps it moving along," he said.

"With this infrastructure, we're not

looking back."

The plan for the cash will be to install a sewer system from the Business Park across Easton Drive to the lift station at the Rec Complex. The lift station was built in 2018 to reduce demands on the system and support the future growth into almost 750 acres. The underground infrastructure will be done this year, and in a separate project in 2022 Wersch Street will be extended from Phase 1 of the Business Park into Phase 2.

The extension of sewer and water services allows Selkirk to take firmer control of its economic destiny and to build a strong and stable local economy. In a press release, CAO Duane Nicol said the construction is a strategic move.

"We've had plans for the development of Phase 2 of our Business Park ready and in place for some time now and with the Restart funding we're able to move quickly and put in infrastructure that is crucial to the growth of our city," Nicol said.

The funding for the projects comes from the \$500 million Manitoba Restart Program, an economic stimulus package to assist in recovering the provincial economy due to complications from the COVID-19 pandemic. In addition to Selkirk's grant, over 40 projects will receive cash for their projects across the province.



RECORD PHOTOS BY NICOLE BUFFIE

An Apr. 8 announcement by MLA Dr. Alan Lagimodiere and Mayor Larry Johannson will see a significant grant funding to assist in the development of expanded wastewater services in the West End development in Selkirk.

MMF increases supports for HELP housing repair program

Submitted

Low-to-middle-income Métis families are getting a bump in the amount they can receive to make needed home repairs. David Chartrand, President of the Manitoba Metis Federation (MMF) and Will Goodon, Minister of Housing, announced today that the Home Enhancement Loan Program (HELP) will be increased from \$15,000 to \$18,000.

"The costs of lumber and other construction materials have risen substantially in the last while," said Minister Goodon. "The HELP program has received a lot of interest since we announced it almost a year ago, but we are finding that some

houses need that little bit more."

HELP is the MMF's forgivable loan program that allows Métis families to maintain and improve their homes. To help address this challenge, the program allows for up to \$25,000 in forgivable loans for Métis families living above the 53rd parallel.

"The cost of materials and transportation leaves Métis families in the North at a disadvantage," said President Chartrand. "Citizens who live in these regions can't get the same amount of work done for the same amount of dollars as those who live in the South. This increase for the North will allow for warmer and safer homes for many families."

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Selkirk gets first recreational cannabis dispensary

Essential Cannabis Co. hopes to create community around cannabis

By Nicole Buffie

Like many residents in the Selkirk and surrounding area, Jeremie Sala waited anxiously for a cannabis shop to open its doors following the legalization of cannabis in Canada. But, when residents waited with bated breath and no grand openings happened, Sala and his wife, Shannon, took matters into their own hands.

"During the shutdown there around Christmas time we decided to just close [our other business] for a couple of weeks and take it easy, but we were bored," said Shannon from the recently opened Essential Cannabis Co. shop on Manitoba Ave.

"As soon as we realized cannabis was an essential service, we got right on it."

Since the legalization of marijuana in Oct. 2018 cannabis dispensaries have popped up around all parts of Manitoba, yet none have offered the recreational drug in Selkirk. So, during the latest provincial code red lockdown due to the novel coronavi-

rus, the Salas were looking to open up while their food truck and trailer construction business, UC Trailers, was slow for the winter.

In only a few months, the pair found a storefront, received proper licensing and opened their doors on March 26 at 4:20 p.m.

The business, while providing recreational cannabis in many forms, also sells many CBD products. CBD is a component in marijuana that provides medicinal benefits without the high associated with pot. It's been touted as relieving anxiety, pain and helps with sleep. The shop has been busy with customers inquiring about available products.

As time goes on and new ways of consuming cannabis become popularized dispensaries are following the trends. In addition to the traditional ways of smoking pot, THC can be consumed in canned drinks, chocolate, gummy treats, to name a few. Essential Cannabis Co. has something for everyone.



RECORD PHOTO BY NICOLE BUFFIE

Jeremie and Shannon Sala, owners of Selkirk's first recreational cannabis dispensary, seek to make their products widely accessible to the city and surrounding communities.

"They don't have to go to the city anymore so everybody's coming here even from the surrounding areas," she said. "Because now they don't need that extra step [of driving into Winnipeg]."

The Salas goal with their new business venture is to serve the community that they live in and make their product accessible for anyone wishing to have it.

"This is for us, for our community," Shannon said. "So I think it's very important to have the community involved in what's coming out here."

"Selkirk is that type of community where [residents] do support local and they will support local over a big

corporation."

In the spirit of encouraging local purchasing Essential Cannabis even went as far as to not sell any accessories used for cannabis consumption as their neighbour on the downtown strip, The Cheeky Leaf, already does. Shannon said she wanted to ensure their neighbour wasn't affected by their opening and could actually benefit from it, further solidifying the community mindset they had when opening the shop.

"This is our home, and we want to help make this community as good as we can," she said.

In the spirit of making their products widely available, the Salas plan to start an eventual in-house delivery service.

They said as residents of East Selkirk, something as little as having a pizza delivered to their home can be difficult and they want to be as accessible as possible for customers.

As for the stigma associated with recreational marijuana, the Salas say they hope to change the mindset of those still not on board with pot.

"Everybody has a reason for using it, it's not just 'Hey, let's go party,'" she said. "So all we can do is talk about those reasons and when possible, what their options are. We just give [customers] the options. Ultimately, the decision is up to them."

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Lawn watering and fertilizing techniques

A lush, green lawn is a sight to behold. Many variables are involved in growing and maintaining grass, and water and fertilizer are among the most important components.

Knowing how much water and fertilizer to apply and when to apply it can make a big difference in the appearance and health of a lawn. That's because a well-fed and watered lawn will develop a better root system, which makes the lawn less vulnerable to stressors like drought, mowing, foot traffic, and heat, according to the Scotts® company.

Fertilize

There is no magic formula governing when to fertilize a lawn. The type of grass and how well-established a lawn is must be considered. Experts suggest having the soil tested to determine its pH levels and if any nutrients are lacking. A fertilizing schedule can then be developed after testing.

Keep in mind that overfeeding a lawn will not make it grow any better and actually can damage the turf. Several small applications of fertilizer during the lawn's most active growing period may be helpful, advises the home improvement resource Tools Around the House. An annual application (late spring for warm-season grass or fall for cool-season grass) may be all that's needed.

Certain fertilizers need to be applied and watered in. Others may be combined with weed-control products and must be set on top of damp grass. Read packaging to determine the right application.

Water

The right watering schedule and techniques can help a lawn thrive. Scotts® says adjusting for climate and nature can help grass to grow strongly. A lawn that has a grayish cast or appears dull green is telling an owner that it needs water. Another test is to step on the lawn. If footprints disappear quickly, the grass blades have enough moisture to spring back.

Water the lawn in the morning before 10 a.m. when it's cooler and the winds tend to be calm so that the water can soak in. For those who must water at night, do so in early evening so that the water can dry before nightfall and will not contribute to disease.

Scotts® says to water an established lawn until the top six to eight inches of soil is wet. Most lawns need one to



1.5 inches of water per week from rain or a hose to soak the soil that deeply.

Newly established lawns may require more water to keep the soil moist but not soggy.

Visit Selkirk Home Hardware Building Centre for more information on watering the type of lawn for your area or visit www.scotts.com for additional tips.

Learn the right ways to clean lawn and patio furniture

Once the days begin to grow a little bit longer and the numbers on the thermometer creep a tad higher, outdoor entertaining season is right around the corner. Homeowners may be anxious to once again return to the comforts of their backyards. However,

Continued on page 14

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How to prepare a garden for spring planting

The final weeks of winter, and even the first few weeks of spring, are still chilly in many parts of the world. Despite those last vestiges of winter chills, late winter is a great time to begin preparing gardens for the coming planting season.

Gardens may have to withstand months of harsh weather each winter, and such conditions can take a toll. Gardeners can consider the following tips as they try to restore their gardens and get them ready for spring planting.

- Disinfect your tools. It's common to clean tools in late fall or whenever they're typically placed in storage for the winter. But cleaning and disinfecting are not necessarily the same thing. If tools were not disinfected at the end of the previous gardening season, disinfect them before doing any work on the garden. Doing so can ensure any lingering bacteria or fungi on tool surfaces are killed prior to



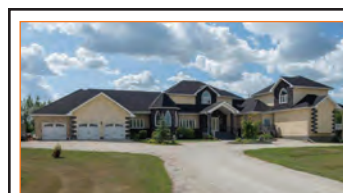
the beginning of gardening season. According to the University of Minnesota Extension, plant pathogens, including bacteria and viruses, can be transferred to and infect plants through bits of soil and plant debris left on shovels and pruner blades. Thoroughly disinfecting such tools prior to using them in the spring is a great way to reduce the risk of disease in your garden.

- Clear debris from garden beds. Leaves, twigs, sticks, and other debris may have gathered in the garden over the winter. Such debris can inhibit the growth of plants and vegetables, so make sure all of it is removed prior to planting. Weeds might even begin to sprout up in late winter and early spring, so remove them before they go to seed.
- Test the soil. Testing the soil prior to planting can help

gardeners determine what their gardens will need to thrive in the coming months. Garden centers and home improvement stores sell home testing kits that are effective and easy to use. Once the results are in, speak with a professional at your local garden center about the best time to amend the soil.

- Loosen compacted soil. Soil can become compacted over winter. If compacted soil is not loosened prior to planting, plants will have a hard time getting the water and nutrients they need to thrive. Loosening the soil also provides another opportunity to inspect the garden for any underlying issues, such as fungi or weed growth, that you may have missed when clearing debris or testing the soil.

Late winter is a good time to assess a garden and address any issues that developed over the winter so plants and vegetables can thrive come the spring planting season.



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> CLEAN, FROM PG. 13

their patio furniture may not be ready for lounging just yet.

Some simple cleaning strategies make it easy to brighten outdoor furniture made of metal, glass, wood, and plastic. Before homeowners know it, their backyards will be ready for outdoor entertaining season.

Proper storage

Storing outdoor furniture during the colder months of the year is a great way to protect items from the

elements. This may involve careful shrink-wrapping and keeping items outdoors, or by moving furniture indoors to a shed or garage. Cleaning the furniture one last time before storing it also can be handy.

Remove stuck-on debris

Inspect furniture and be prepared to remove any stuck-on debris, such as bird droppings, sticky food residue or even cobwebs and insect nests. Be sure to use a cleaning tool that is safe for the material you are cleaning. Test an inconspicuous area of the furniture

first to ensure your tools don't damage the furniture. For example, many scrub brushes can scratch glass or aluminum.

Make a thorough cleanser

Clean stains off of furniture with a versatile cleanser. A mild cleaner can be made by mixing 1/2 cup baking soda with 1 gallon of warm water, according to the experts at Better Homes & Gardens. Regular dishwashing detergent also can be mixed with water, as it has a mild bleaching agent. This cleanser can be used on plastic resin furniture or metal furniture,

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6 steps to organize your home office

Remote working has become popular in recent years, but the “working-from-home” economy bloomed exponentially as the world was forced to confront the COVID-19 pandemic. The need for home office spaces has increased as more people work from home. Many people have retrofitted various spaces around their homes into areas to get work done. More organized home work spaces can increase productivity. Individuals can follow these guidelines to create effective, organized home offices.

Begin with the desk

The desk is the primary spot where work will take place. The right desk accessories can provide visual appeal and also serve practical purposes. Have cups for holding pens and pencils, baskets and bins for larger items, and store whatever you can elsewhere so it does not lead to clutter on the desk. Store wireless printers in a cabinet or even on a bookshelf so it doesn't take up real estate on the desk.

Create a printing station

While you're moving that wireless

printer elsewhere, designate a space to serve as the central printing hub. This way children who need to print assignments for school will know where to go as well. Printer supplies like extra ink cartridges and printer paper can be kept in decorative storage boxes nearby.

Increase your shelving

Shelving can help keep items organized and off the desk in home offices without closets or drawers. Look for shelves that blend in with decor but are sturdy enough to be functional.

Organize paperwork

Figure out a system that works for you to help tidy up papers you choose to save. While some papers can be scanned and stored as digital files, color-coded file folders can organize statements and other important documents. This makes it easy to find the folder you need when looking for certain documents.

Establish a charging station

Repurpose certain items, such as a desk organizer, into an easily accessible electronics charging station where phones and tablets can charge at one time.

Make essential binders

HGTV suggests making binders that can store the most important papers for easy access - even in an emergency. Set up a binder for automotive paperwork, including repair receipts, a medical binder where key medical records are kept, a binder for manuals for devices in the home, and one to store financial planning documents.

These organizational tips can help remedy common problems around a home office.



> CLEAN, FROM PG. 14

which are popular patio furniture materials.

Patio fabrics

Check the cleaning instructions of outdoor fabrics, as there might be specific instructions on the tags. In some cases, fabric may be removed and washed in a washing machine on a gentle setting. A solution of dish soap and warm water also is a gentle way to clean outdoor fabrics. Once items are clean, HGTV advises applying a water-repellent fabric protector to minimize staining and maintenance.

Strip or sand

Wood furniture may need specialized care. If stains cannot be removed with a mild cleanser, then hard woods like teak can be surface-sanded to restore items' original look.

Pressure washers can often do more harm than good to patio furniture, so it's best to look for an alternative way to clean them. Usually a bit of elbow grease and a cleanser is all that's needed. Give the cleaning product time to work. Wipe down and dry the furniture thoroughly to prevent the growth of mildew.

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Home Hardware launches cancer fundraiser

Business seeks to support cancer research when fundraising has become more difficult

By Katelyn Boulanger

Selkirk's Home Hardware, which has been in our community for 35 years, wanted to support the more than 6,000 Manitobans, many from our own community, who receive a cancer diagnosis every year. To do that, they decided to give residents a chance to donate to CancerCare Manitoba through their Home Hardware Helping Fight Cancer in All Colours campaign this month.

"We have a lot of staff members that over the years have all had some type of cancer in some shape or form and we felt that we couldn't just support one specific type of cancer, because we've all been touched by so many different types in this building. There's no way that we can do just one colour because every cancer has a different colour ribbon and we couldn't just pick one. So, we said, we're going to do all colours," said event coordinator Krystal Laferriere.



This is their first year hosting the event, which was prompted by a need for more fundraising that they felt from the community with COVID-19 restrictions making typical events more difficult.

"A lot of the traditional runs and stuff that typically gets done during the year can't really be done. So, I felt that we needed to do something," said Laferriere.

There are a few different ways that Home Hardware is giving residents to

support this effort in our community. Firstly, you can purchase a butterfly at the store which will be put on a large wall to create a cancer support mural. There will be a raffle that residents can get tickets for which will put your name in for a prize basket with items from Home Hardware and The Flower Child. There will also be some shirts from Friday's apparel which will be for sale. Finally, Danny's Whole Hog food truck will be stopping by May 8, subject to COVID-19 restrictions, and

with every combo plate that they sell a dollar will be donated. For this first year, Home Hardware has set a goal of \$500 of fundraising for the event and Laferriere hopes to smash it out of the park. She wants residents to know that Cancercare Manitoba helps to fund many amazing services in our community like breast screening, research, and other services. "I think everybody needs to help out as much as they can. Because one day if they haven't been affected, they will be and I think that it would be really nice to not have [cancer] in the future," said Laferriere.

RECORD PHOTO BY BRETT MITCHELL

Home Hardware employees marking the beginning of the Home Hardware Helping Fight Cancer in All Colours campaign.

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Across from Rec Centre by Selkirk Veterinary Services

Easton Place

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Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

The Selkirk Record

Selkirk's Manitoba Ave. trends as worst road

CAA's worst roads competition comes back after 2020 break

By Katelyn Boulanger

Manitobans are taking advantage of their ability to vote for the worst roads in the province once again in CAA's Worst Roads campaign.

The worst roads campaign is an online engagement campaign aimed at drawing attention to our province's most derelict and unsafe roads. At the end of the campaign, the results are given to government leaders so that they can read over and discuss the feedback from residents.

In this year's campaign, Manitoba Ave. in Selkirk has started to trend as one area of concern in our community. While not garnering the level of feedback that some roads, particularly in places with larger communities, have received it's something that Heather Mack, CAA's government and community relations manager has noticed.

CAA decided not to continue with last year's campaign due to the uncertainty of COVID-19. This year's campaign is focused much more online than previous campaigns as a way to keep road users safe while collecting feedback.

"We're asking Manitobans, to tell us

what they think the worst road is. So it could be because of crumbling infrastructure. It could be that it's unsafe, it could be missing infrastructure, really, it's, however you want to define it. We [also] want to hear from all road users — a cyclist might have a different perspective than a driver. We also want to hear from people that use public transit," said Mack.

She suspects that the pandemic has also changed the roads that they are seeing a trend this year due to the changing priorities that Manitoba's are experiencing because of provincial COVID-19 restrictions.

"A year later, I think people really appreciate our transportation infrastructure, a lot more. We're thinking more about the supply chain and we thinking more about our local roads. Even as governments are encouraging us to travel just within Manitoba. What's interesting is we're seeing roads trend this year, that we've never seen before and I wonder, it's just my theory but, I wonder if a couple of these roads are due to Manitobans, spending more time in the province, and just noticing and looking for different tourist spots," said Mack.



RECORD FILE PHOTO BY KATELYN BOULANGER

Manitoba Ave. during previous construction.

Manitoba Ave. in Selkirk is right now getting the most votes in the area with Eveline St. and Highway 9 following in second and third place.

"[As far as Manitoba Ave. goes] mostly we're seeing potholes and crumbling curbs, but also quite a few votes from cyclists in Selkirk saying there's inadequate infrastructure for cycling," said Mack.

The city owned portion of Manitoba Ave. has been improved with work having been done last year and Eveline St. is going to see upcoming

improvement with the City of Selkirk posting the results of its Eveline Street reconstruction project survey last March.

This year's CAA's Worst Roads campaign will last until April 18 when the vote will be counted and the worst road will be declared.

If you think there are worse roads than Manitoba Ave. in our region or want to add your voice to feedback that will be given to our local leaders you can participate in the conversation at caaworstroads.com.

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LGCA 3819-RF-35380

2021 forecast for crop-feeding grasshoppers; RM Rockwood at risk

By Patricia Barrett

Manitoba Agriculture is predicting certain areas in the Interlake region could be at moderate to severe risk of grasshoppers this year.

Adult grasshopper counts were completed in August 2020 from 132 locations in Manitoba, and form the basis of this year's forecast. Counts provide estimates of the egg-laying population, weather conditions – which help determine whether females are capable of laying an optimum number of eggs – and recent trends in grasshopper populations, according to the department's grasshopper forecast webpage.

The highest count showed an average of 19 grasshoppers per square metre (the severe risk category) in the Municipality of Rockwood, the department states.

Two of the severe risk areas are located in the southern Interlake and two are in the central region of Manitoba, but other than Rockwood, they

aren't specifically named.

Some areas within the Municipality of Bifrost-Riverton and one area in the Municipality of Fisher are shown at risk of moderate and/or severe grasshopper populations, according to the 2021 forecast map showing affected areas.

About two thirds of the 2020 counts (89 out of 132) were in the very light risk category (0 to 4 grasshoppers per square metre). Twenty-seven counts fell into the light risk category (5-8 grasshoppers per square metre), 12 counts were in the moderate category (9-12 per square metre) and four counts were in the severe risk category (13-24 grasshoppers per square metre). There were no "very severe" risk categories.

All grasshoppers are plant-eaters. Some species feed on crops while other species don't or will rarely nibble on crops. Older crop-feeding grasshoppers can do the most damage because they can travel greater distances than younger insects.

The dominant species counted in 2020 in the Interlake region were the two-striped variety, which feeds on non-crop and crop plants. Nine species are found in Manitoba, including the migratory grasshopper, which feeds on non-crop and crop plants, the clear-winged, which is primarily a grass feeder, and the Carolina, a non-pest species.

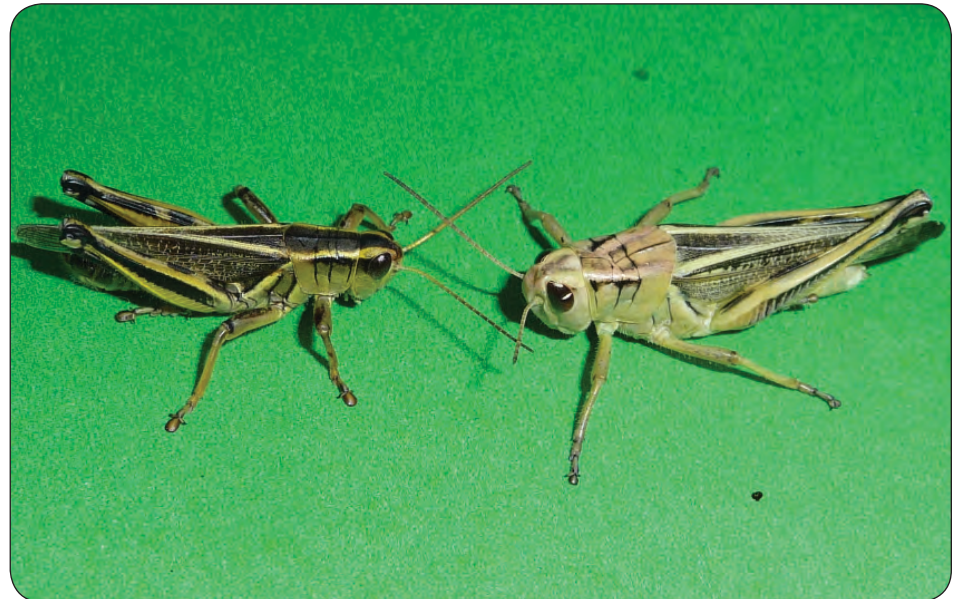
Any grasshop-

per that flies before June is not a crop pest, states the department. Any grasshopper with hind wings highly visible in flight (red, yellow, orange or black) is also not a crop pest. Any grasshopper that sings, clacks or clatters, likewise, is not a pest.

Factors affecting grasshopper populations include natural predators such as bee flies, field crickets and species of blister beetles, which all eat grasshopper eggs. Weather is another fac-

tor. Over the past few years, grasshopper populations have had "more successful development" during dry years and generally increase over a series of dry years, according to the department.

For more information about grasshoppers and monitoring, contact entomologist John Gavloski at (204) 750-0594 at the Manitoba Agriculture office in Carman.



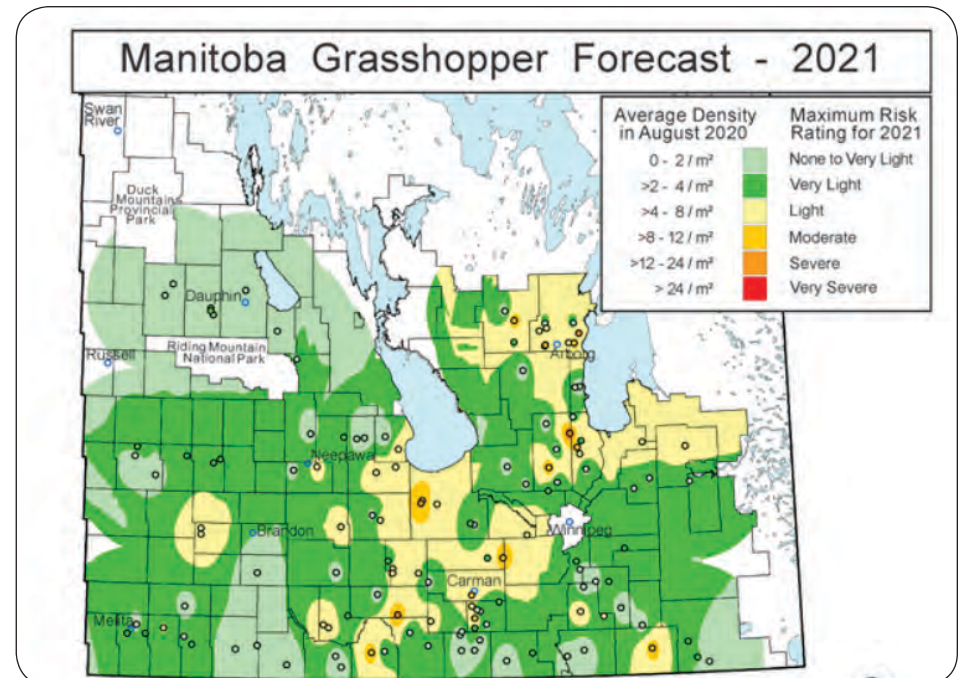
The two-striped grasshopper is the dominant species in the Interlake.

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RECORD PHOTO BY MANITOBA AGRICULTURE

The 2021 grasshopper forecast map shows affected areas across Manitoba.

NOTICE OF ANNUAL GENERAL MEETING MEMBERS OF SUNOVA CREDIT UNION

Please take notice that the Annual General Meeting of Sunova Credit Union Limited will be by telephone conference at 7:00 pm on April 29, 2021. Members must contact Sunova Help HQ no later than 5:00 pm on Friday, April 23 at 1.833.378.6682 to pre-register for the meeting and to receive the call-in information.

THE PURPOSE OF THE MEETING IS TO:

1. Receive and consider the annual report;
2. Receive and consider the financial statements and report of the auditors;
3. Appoint auditors;
4. To announce election results and;
5. Transact such other business, including Special Business, as may properly come before the meeting or an adjournment thereof.



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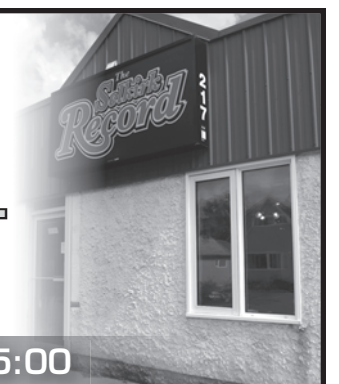
The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline **Mondays at 4 p.m.**

Office Hours: **Monday-Friday 9:30-5:00**



get inspired

> MEAL IDEAS



Pastry Brunch Cups



Servings: 18
 2 tablespoons butter
 2 tablespoons flour
 1 1/2 cups milk
 1 cup shredded Swiss cheese
 2 sheets puff pastry
 18 eggs
 2 cups diced ham
 chopped fresh green onions

Heat oven 375 F.
 In small saucepan, melt butter. Whisk flour with butter. Gradually pour in milk, whisking each time. Bring to simmer, whisking until mixture starts to thicken. Remove from heat; stir in Swiss cheese. Set aside.

Use rolling pin to thin out puff pastries. Cut each into nine squares. Line pastry squares in muffin cups, pressing bottoms down firmly and moving pastries up sides for edges to come up just over muffin tins. Fill each cup with 1 teaspoon cheese sauce. Crack one egg into each cup and sprinkle each with diced ham.

Bake 10-15 minutes until eggs set. Sprinkle with chopped green onions.

Breakfast Burrito



1 Silver Fern Farms New Zealand 100% Grass-Fed New York Strip Steak (10 ounces)

oil
 salt, to taste
 pepper, to taste
 1/2 onion, finely chopped
 1 red bell pepper, sliced lengthwise
 4 large mushrooms, sliced
 1 teaspoon cumin
 1 teaspoon paprika
 1/2-1 teaspoon chili powder
 1 tomato, finely chopped
 8 eggs
 1/2 cup milk
 4 large tortillas
 1 cup spinach
 1 1/2 ounces feta cheese, crumbled
 1/4 cup cilantro
 1 avocado
 lime wedges (optional)
 hot sauce (optional)
 Remove steak from packaging and set

aside 10 minutes. Once steak reaches room temperature, heat pan over medium-high heat.

Rub steak with oil and season with salt and pepper, to taste.

Cook until medium-rare, approximately 3-4 minutes each side. Remove from pan and cover loosely with tinfoil to rest 5 minutes.

Reduce heat to medium and add splash of oil. Add onion; cook 1 minute. Add red bell pepper and mushrooms; cook 1 minute.

Add cumin, paprika and chili powder; stir through.

When veggies are tender (about 2 minutes), add tomato and cook until soft. Season with salt and pepper, to taste.

In large bowl, whisk eggs, milk and salt and pepper, to taste.

Heat pan to medium heat and add splash of oil.

Pour egg mixture into pan and cook, lifting and folding eggs until thickened and no visible liquid egg remains. Do not stir constantly.

Lay tortillas on flat surface or plate.

In center of tortilla, add cooked veggies and top with thinly sliced beef. Add handful of spinach, scrambled eggs, crumbled feta, cilantro and avocado. Fold bottom of tortilla and roll.

Serve with lime wedges and hot sauce, if desired.

How to hit your fat loss goal fast!

Submitted by Julie Germaine

Though it may not quite feel like it, given the snowfalls we experienced at the end of March, summer sunshine is coming! I've noticed the gyms are busier than ever and that means we all have weight loss on the mind, shedding those COVID-19 pounds to feel like our early 2020 selves again.

Burning off excess fat is undoubtedly challenging, so it's important to take steps to lose weight while keeping a positive mindset. Having realistic goals will keep you feeling good about your progress, which will push you to continue on your fitness journey. If you expect to drop five inches from your waist in two weeks, you're setting yourself up for disappointment and could potentially give up.

Choosing a program that fits with your schedule will ensure you don't become overwhelmed with the process. To slim down, start by incorporating resistance training workouts 2-3 times per week for 30 minutes, and match that time commitment with equal sessions of cardiovascular activities, like walking or bike riding. This makes for a total of 2 to 3 hours of exercise each week – totally manageable! If you want to try my home and gym workouts absolutely FREE, sign up at www.sweatwithjulie.com

Adjust your diet to include at least one gram of protein per pound of bodyweight. This may take some planning, but it is worth the effort because you'll find your feel more satisfied after each meal and will likely decrease your total daily caloric intake by filling up on protein-rich foods such as eggs, chicken, seafood, and low-fat dairy products. If you aren't about counting calories, then just be sure to prioritize your protein during each meal, and gauge your hunger level often to avoid over-eating.

Start cooking with coconut oil! This healthy fat has been shown to reduce belly fat and tastes delicious. Not a fan of coconut? Opt for a flavourless version. You should also reduce your



Health and Wellness Fitness expert Julie Germaine

intake of refined sugars, such as milk chocolate. If you're like me and have a sweet tooth, check out my Sugar Free Peanut Butter Cup recipe on my blog to enjoy a treat every evening (bonus: this recipe uses coconut oil!).

I am passionate about helping men and women achieve their fitness goals! Please visit my website for information on my virtual personal training and nutrition programs, including my 30 Day VIP Fat Loss Challenge and one-on-one live video workouts! www.juliegermaine.com

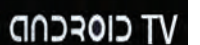
Julie Germaine is a 2x Pro Fitness Champion, Certified Nutrition Expert and Specialized Weight Loss Coach. She has helped thousands of men and women achieve inspiring body transformations through her virtual coaching since 2005.

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Coaches crushing Manitoba Sport Awards

Reagan Croy, Dave Lipchen, and Tanya Pilat take home provincial honours

By Katelyn Boulanger

Three coaches from our region, Reagan Croy, Dave Lipchen, and Tanya Pilat showed that national-level coaching is available in our neighbourhoods with each recently winning 2021 Manitoba Sport awards for their coaching prowess.

Reagan Croy

Croy, who coaches out of Selkirk, came home with the Train to Train Janet Arnott Memorial Award which recognized her coaching at the Canada Games.

"I knew that I was nominated a couple of weeks ago, you never know how these things will go, but I was super excited and honoured when I when I saw that I had won it," said Croy.

She has become a coach you can't miss in the region's Special Olympics training community with positions as Head Coach of Interlake Athletics and Assistant

Coach for Team Manitoba Snowshoeing at the 2020 Special Olympics Canada Winter Games.

When the weather warms up she

switches gears with her athletes from snowshoeing over to track and field and has been coaching in the region for seven years.

Last year, before the COVID-19 pandemic, she, with the help and support of the Special Olympics Manitoba staff and volunteers, organized one of the region's first snowshoe competitions in a long time with athletes from all over the Interlake coming to Lord Selkirk Regional Comprehensive Secondary School to participate.

Her best advice when coaching is to follow your athlete's leads.

"I've gotten to where I am in coaching just by following their goals and working with them towards that and putting my athletes first when it comes to what they want to do and how I can best help them get there," said Croy.

Her advice to athletes is to give their coaches their best.

"I don't want them to go into practice and not work but I also don't want them to come to practice and have it be too much work. I want them to still

enjoy what they're doing, but I want them to make sure that they're giving me they're all," she said.

Dave Lipchen

Lipchen, who grew up in St. Andrews and coaches out of East St. Paul, brought home one of two Learn to Train Konica Minolta Dr. Jack Hunt Awards for his work developing competitive skills in his athletes and preparing them for competition.

"It's very special to get something where it's more recognized by all the other coaches [in many different sports] as well and [receiving that feedback] saying that you're doing a really good job with what you've got going on," said Lipchen.

He's been coaching triathlon for 21 years first with Triathlon Manitoba and then at the Windburn Multisport Academy, which he established in 2014 so that he could continue to expand on what he was doing already.

In addition to coaching athletes at a variety of levels in the region, he developed the Manitoba Youth Triathlon Association in its entirety in 2008.

He's also won the Triathlon Manitoba coach of the year award five times.

His best advice for other coaches is to make sure that what you are doing

is super fun for athletes.

"Obviously, you want to work these guys really hard, because that's what they're there for, as well but make sure you keep your head in the game for the basics and [that boils down to the fact] that we're all here because we really love the sport and we want to get as far as we can in it," said Lipchen.

His advice to athletes is to sharpen up on their perseverance skills along with their athletic work.

"You're going to hit some sort of plateau and it's the athletes that seem to be able to get their head around that when the work of the sport becomes the only way they're going to get to the next level, [who succeed]. That's what starts separating the athletes that are going to be very good from the guys that are extremely good," said Lipchen.

Tanya Pilat

Pilat, coaching out of East St. Paul, came away with the other Learn to Train Konica Minolta Dr. Jack Hunt Award recognizing how she prepares her athletes for competition and develops their competitive skills.

Continued on page 21



Dave Lipchen



Reagan Croy



Tanya Pilat

Baseball Canada strikes out Women's Invitational in Stonewall

By Brian Bowman

For the second consecutive year, Baseball Canada has cancelled the Women's Invitational baseball tournament in Stonewall due to the COVID pandemic.

The announcement was made April 6.

"I wouldn't say that I was surprised given the increase in variants and what's been happening with increasing numbers across the country," said Gail Langlais, the chair of the tournament's host committee, last Friday afternoon. "Our priority is to always keep the athletes safe and we did look at the potential of a bubble scenario."

The bubble concept was deemed too expensive, said Langlais, especially for a tournament run by volunteers.

"To cover the cost of COVID testing and things like that, it just became another reason why we couldn't move forward," she said.

The news of a national championship being cancelled in our community is a disappointing one for the players, coaches, and fans. It would have been a great opportunity to showcase the sport of women's baseball here in Manitoba.

"It's huge. We were going to be pairing this tournament with westerns so the young players could play during the day, and then on their breaks, they could watch the senior women's team to see what's out there for them with respect to baseball," Langlais said. "We're disappointed that we can't move forward but it's something we can't change, of course."

There is a possibility that Stonewall will try to host the Women's Invitational in 2022. But Baseball Canada has the final say as to which community will get the opportunity to host the elite tournament.

Langlais, meanwhile, is hopeful that the women will have an opportunity to play some baseball this summer.

"Hopefully, the young adults will still get to play in their province and still see the field this year," she said. "They won't be able to come together but I know many of them stay connected virtually throughout the year so they will keep their connections that way. But to say they aren't disappointed wouldn't be true. I'm sure that they are very, very disappointed that they can't come together and play."

Baseball Canada cancels 2021 National Championships

From Baseball Canada

Due to the ongoing concerns surrounding the Covid-19 pandemic and taking into consideration the realities of hosting national level competitions for communities, Baseball Canada's Board of Directors have made the difficult decision to cancel all 2021 Baseball Canada National Championships scheduled for August and September.

"The health and safety of all of our members is our first priority and with that said we felt that there was no other choice but to cancel all of our national tournaments for 2021," said Baseball Canada President Jason Dickson. "When you consider all of the elements that go into a national championship including provincial qualification events, inter-provincial travel, shared accommodations and the strain that running championships in a safe manner would entail for host committees, this was the best decision for all parties involved."

Although Baseball Canada has made the decision to cancel national championships for a second consecutive year, the federation would like to clearly state that baseball is not cancelled by any means across the country.

"Our provincial members and local associations proved in 2020 that by working with their local health officials in providing a safe environment that a baseball experience can be enjoyed for participants," added Dickson. "We are confident that our membership can enjoy our sport again in 2021."

The excitement for baseball across the country has not waned over the past year and it has been encouraging to see the teamwork and creativity that people have displayed in order for the game to be enjoyed.

The Major League Baseball season is now underway and our partners, the Toronto Blue Jays through the Blue Jays Baseball Academy, have provided

some excellent resources for families including a "League Finder" interactive map to make it easier to find where baseball is played in Canada.

Baseball Canada will now focus its national championship efforts on the year 2022 where we anticipate the return of our full slate of championships that will be highlighted by the Canada Games baseball competition in the Niagara region.

"We realize that the decision to cancel our championships for a second time in as many years is not ideal for the athletes and teams that have been working hard with the goal of playing in them," said Dickson. "We encourage you all to stay focussed on the things that you can control and create an environment that will still allow you to achieve your individual and team goals."

"We look forward to the day that our championships can resume."

Mariners' Minor Baseball program expects to be bigger, better in second season

By Brian Bowman

The St. Andrews/Selkirk Mariners' Minor Baseball program was a huge hit in the community in its first year last summer.

They expect to hit a home run in their second season.

The Mariners' program is open to boys and girls aged four to 18.

"I was just looking at the numbers and we're already up 30 more people than last year," said Selkirk convenor Michael Buffie last Thursday after-

noon. "We had about 100 participants last year and we already have 130 registered this year. We continue to grow, which is really, really exciting."

Buffie said the program will not cap the number of kids that can register.

"We have awesome fields at the Rec Complex that we can use so we're going to get as many teams as possible to grow the program as much as we can," he said. "The more the merrier, we want as many people as possible."

Last year, the program started in July

and ended in August due to COVID restrictions in the province. The plan this year is to run from early May through the end of June.

"This is what our season was supposed to be, May and June, and some of the higher-level teams in the older ages go into July a bit more," Buffie noted. "But with the younger kids, we want to end when the school year is done. That way people can do their vacations or whatever they do during those two months in their summer

holidays."

The goal of the program is to have each individual player improve their skills over the year or, hopefully, several years.

"It will be interesting to see what the program looks like five, six, seven years from now," Buffie said.

Registration for the Mariners' program is open until April 23. Any information regarding registration prices and age groups can be found on their website at sasbaseball.ca.

> MANITOBA SPORT AWARDS, FROM PG. 20

"I was surprised when I found out I was nominated [for the award]. I wasn't expecting that in the first place. But I was very happy and surprised," said Pilat.

She has been a certified Skate Canada coach for 29 years, an NCCP Level 3 National Trained coach and has taken on the role of Program Coordinator at the East Saint Paul Skating Club for over a decade.

In addition to winning this award,

Pilat has been awarded the Vince Leah Award for Coaching Excellence, as well as Female Coach of the Year by Sport Manitoba. She was also nominated for this same award last year.

Her biggest advice to athletes is to make sure to have difficult yet achievable goals for your sport.

"Make sure that it's something that they can reach for and work for but you obviously don't want to go with anything that's really far-reaching,

Also, look at your circumstances. The way my athletes had to look at this past year, when all the competitions and all of their testing opportunities, all of that was taken away we had to really adjust how we set our goals and what we set those goals to," said Pilat.

Her advice for other coaches is to make sure that you are present for your athletes when you are guiding them, to be flexible with your coaching, and to be aware of the differing needs of your athletes.

She feels that this year in particular coaching has achieved a new level of interconnectedness that wasn't there before.

"It was really inspiring to know that coaches around the world were really working together to keep their athletes motivated and working towards their goals. Even though pretty much the world was shut down last spring here in Manitoba, [I appreciate] the way we've networked as coaches," said Pilat.

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Buyer for all farm-yard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

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BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HELP WANTED

FT/PT driver for light duty deliveries in Selkirk and surrounding area. Mon-Fri, occasional Saturday. Must have valid Class 5 Drivers Licence. Driver abstract required at time of hire. Mail resume to: Employment Opportunity, PO Box 10016, Selkirk South PO, Selkirk MB R1A 0P5. Only successful applicants will be contacted.

HELP WANTED

Grain farm north of Beausejour is looking for a truck driver with class 1 license. Full or part time. Mechanical experience, good work ethic and a positive attitude are an asset. More info 204-268-0262.

Grain Farm north of Beausejour is looking for a part or full-time machine operator. Mechanical experience and ability to operate large, modern equipment are an asset. More info 204-268-0262.

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WATER TREATMENT

Waterite dealer. Water softeners 30,000 grain \$598. All sizes. Five stage reverse osmosis systems \$246. Filter 10" sediment \$3.40 and 10" carbon \$6.40. Greensand iron/odour/manganese removal filters \$780. All Seasons Furnishings 204-661-8581.

MISCELLANEOUS

BN never used; still in box, bendable gooseneck table or desk STUDY LAMP, EWO \$15; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BNCIEC pr. sz. 9 Men's WORK BOOTS/SAFETY SHOES w/ laces & steel caps over toes, \$100; red, white & black lined WINTER SUITCOAT OVERCOAT fits a men's sz. XL, well insulated winter overcoat, has been dry cleaned, \$100. Ph. 204-785-8598.

MISCELLANEOUS

For sale: wheelchair \$275, Commode \$50, both in excellent condition. Please call Bernice 204-482-8270.

Spring Sale? Re-opening for the season? Want people to know? Advertise it in the 37 MB weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 340,000 homes! It's a great way to connect with our 37 weekly member newspapers and their readers! For as little as \$189 + GST, get your important messaging out! Call us at 204-467-5836 to book or email classified@mcna.com for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. www.mcna.com

NOTICES

Urgent Press Releases - Have a newsworthy item to announce? A cancellation? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab or Email classified@mcna.com for more details.

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PERMANENT FULL-TIME POSITION

The South Interlake Fifty-Five Plus, Inc., Stonewall, MB, has an opening for an **Executive Director**.

The Executive Director position is a full time position responsible for the overall management of the Centre including program planning and administrative duties. Schedule of work may be variable.

Required Qualifications:

- Proficient skills in Computer Technology and online platforms; willingness to learn new skills
- Proven skills in administrative and staff management
- Ability to work in a fast paced environment and effectively work under pressure to meet challenges; ability to multi-task & prioritize
- Excellent verbal and written skills and solid mathematical skills
- Demonstrated problem solving skills and ability to work with limited supervision
- Job duties include physical movement of equipment & supplies
- Certification in First Aid & CPR an asset
- Salary dependent upon qualifications
- Anticipated start date: May 25, 2021

For a Full Position Description, Visit:

http://www.si55plus.org/employment_opportunities.html

Deadline for Applications: Tuesday, April 20, 2021

Applications accepted by email only: si55plus@mts.net

Only those selected for an interview will be contacted within 5 days of deadline.

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SELKIRK WEED CONTROL DISTRICT PUBLIC NOTICE

Public Notice is hereby given that the Selkirk Weed Control District, which includes the City of Selkirk, Town of Winnipeg Beach, R.M. of St. Andrews and R.M. of St. Clements, intends to conduct the following pesticide control programs during 2021 as necessary, depending on infestation.

1. To control noxious weeds and unwanted vegetation where necessary on municipal/town/city property including parking lots, landfills, public works yards, ROWs, ditches, boulevards, parks, trails, cemeteries, and other public property using 2,4-D, Flumioxazin, Glyphosate, Picloram, Simazine, Dicamba, Imazapyr, Mecoprop, Metsulfuron-methyl, Aminopyralid, Aminocyclopyrachlor, amatro, Sulfuron-methyl, triclopyr, (FeHEDTA), Acetic Acid, and Lactic Acid.
2. To control aquatic vegetation/algae in and around retention ponds and lagoons using Diquat ion.

The projected dates of application will be from May 15 to October 31, 2021. Requests for property buffers must register annually. The public may send written submissions within 15 days of this publication of this notice to:

Manitoba Sustainable Development
 Environmental Approvals Branch
 1007 Century Street, Winnipeg, MB R3H 0W4



Aterra Aggregates requires full and part-time **Class 1A and 3A End Dump Operators** for local work for the upcoming construction season.

Must be reliable and available to work long hours. Asphalt experience an asset.

Call 204-482-8888 or email info@aterra.ca



PUBLIC NOTICE

Regarding the 2021 Financial Plan

The Council of the City of Selkirk has scheduled a Public Hearing to be held at:

**The Selkirk Recreation Complex Banquet Hall
 180 Easton Drive
 Tuesday, April 27, 2021 at 7:00 pm**

to present the 2021 Financial Plan

At the Public Hearing, Council will hear any person who wishes to make a presentation, ask questions, or register an objection to the financial plan.

Following government guidelines surrounding COVID-19, protocols will be in place to protect both visitors and city representatives. We will be enforcing physical distancing measures and monitoring occupancy.

Anyone wishing to attend the hearing is asked to register ahead of time for contact tracing purposes at www.myselkirk.ca/financialplan2021. Those without access to online services are asked to call **CitizenSupport** at 204-785-4900.

Copy of Plan: The financial plan can be downloaded and printed online at: www.myselkirk.ca/financialplan2021.

Dated at the City of Selkirk this 1st day of April, 2021, and issued pursuant to Section 162(2) of The Municipal Act.

Kevin Richter, CPA, CMA
 Director of Finance
 City of Selkirk

Classifieds



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HEALTH

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LIVESTOCK

Black Angus bulls, 2 year olds, registered, not overfed, semen tested, reasonably priced. Phone Ross Jerney 1-204-768-3900, Ashern.

NOTICE TO CREDITORS

In the matter of the Estate of JOSEPH SMITH, late of Selkirk, Manitoba, Deceased. All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Marlene Klimchuk, Estates Administration, at 155 Carlton St Suite 500, Winnipeg MB, R3C 5R9 on or before the 20th day of May, 2021. Dated at Winnipeg, Manitoba, this 8th day of April, 2021. NICOLE HAMILTON Public Guardian and Trustee of Manitoba

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PUBLIC NOTICE

REGARDING THE 2021 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the RM of West St. Paul intends to present its financial plan for the fiscal year 2021 at a public hearing, hosted virtually and available live through YouTube, on **Thursday, May 6, 2021 at 5:30pm.**

Interested parties are requested to pre-register for the public hearing by contacting the municipal office at 204-338-0306 or info@weststpaul.com by 2:00pm the day of the meeting to register to speak, or to register as for, against, or for information. Questions or comments can be emailed to admin@weststpaul.com during the meeting.

Persons wishing to view the municipality's financial plan may view the documents on our website at www.weststpaul.com or by contacting our office at 204-338-0306 to make viewing arrangements.

Dated this 15th day of April, 2021.

Carol Rempel, CPA, CGA
Acting Director of Finance
RM of West St. Paul



R.M. OF ST. ANDREWS SUMMER EMPLOYMENT Office Clerk

The RM of St. Andrews www.rmofstandrews.com will be accepting applications from post-secondary students for a summer position located at the Municipal Office in Clandeboye, MB from May 3 – September 3, 2021. The work term is for 18-weeks at 35 hrs/wk.

The role will be responsible for a variety of tasks for all departments, including in person customer service, handling of cash, tax receipting, word processing, data entry, photocopying, scanning, filing, research and other day-to-day administrative duties.

This opportunity is available through a Manitoba Metis Federation grant and is open to any applicants of Metis, Non-Status or Inuit decent. Grant requirements specify that applicants must be students between the ages of 15-30 who attended school full-time during the preceding year and who intend to return to school on a full-time basis in fall 2021 (part-time and distance educations students do not qualify).

Applications will be accepted until **Friday April 23rd, 2021 by 4:30 pm.** Those interested should apply as soon as possible with a cover letter and resume to Colleen at acao@rmofstandrews.com or fax to 204-738-2500. Thank you to all who apply, however, only those candidates selected for interviews will be contacted.

RURAL MUNICIPALITY OF ST. CLEMENTS

PUBLIC HEARING NOTICE

REGARDING THE 2021 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to Subsection 162(2) of *The Municipal Act*, that the Council of the Rural Municipality of St. Clements intends to present its Financial Plan for the fiscal year 2021 at a Public Hearing in the Council Chambers of the R.M. of St. Clements on **Tuesday, May 4th, 2021 at 7:00 p.m.**

Seating at the financial plan will be limited to accommodate social distancing. We ask that you contact our office to register your attendance so that we can ensure adequate physical distancing seating. Alternatively, we will be live streaming the public hearing with interactive chat. A link to the hearing will be made available on our website.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the Financial Plan as provided.

If you wish to do one of the above, please submit in writing prior to 4:00 p.m. on Tuesday, May 4th, 2021. Your written submissions can either be emailed to info@rmofstclements.com, dropped off at our office by using the mail slot at the south door of our building or mailed to our office if time permits.

Any person who has questions, needs clarification or requires further information, either prior to or following the hearing, is encouraged to contact Shannon Plischke, Finance Officer at 204-482-3300.

Copies of the 2021 Financial Plan will be available for review after April 27, 2021 at the Municipal Office located at 1043 Kittson Road, East Selkirk or on our website at www.rmofstclements.com

Dated this 9th day of April, 2021.

Deepak Joshi
Chief Administrative Officer



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PUBLIC NOTICE

REGARDING RESIDENTIAL SPRING CLEAN UP

2021 Spring Clean Up Week will take place from Monday, May 10th to Friday, May 14th (unless COVID restrictions prohibit).

Further information will be published closer to Spring Clean Up Week.

For further information, please call **CitizenSupport** at 204-785-4900



R.M. OF ST. ANDREWS SUMMER EMPLOYMENT

Community Service Ambassadors

The RM of St. Andrews www.rmofstandrews.com will be accepting applications from post-secondary students for 2 summer positions located at various locations within the municipality from May 3 – September 3, 2021. The work term is for 18-weeks at 35 hrs/wk.

The students will work as a team and be responsible for performing community service requests on behalf of the municipality related to: Recreation Facilities - helping not-for-profit organizations with tasks associated to maintenance and upkeep of buildings and outdoor green space; and Special Projects - public education on recycling programs, community volunteer clean-up initiatives and goodwill/volunteer promotions. A valid driver's license and vehicle are required to get to job locations.

This opportunity is available through a Manitoba Metis Federation grant and is open to any applicants of Metis, Non-Status or Inuit decent. Grant requirements specify that applicants must be students between the ages of 15-30 who attended school full-time during the preceding year and who intend to return to school on a full-time basis in fall 2021 (part-time and distance educations students do not qualify).

Applications will be accepted until **Friday April 23rd, 2021 by 4:30 pm.** Those interested should apply as soon as possible with a cover letter and resume to Teresa at recreation@rmofstandrews.com or fax to 204-738-2500. Thank you to all who apply, however, only those candidates selected for interviews will be contacted.

Announcements *The Selkirk Record*

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Farm Equipment Auction for Art Enns Boys, Arnaud Manitoba, Jct 200 and Mile 21 N. Timed, online, closing Saturday, April 24, 10 am. Payment and pickup is Monday, April 26 9 am to 5 pm. Nice line of farm equipment. See www.billklassen.com all info right there. 204-325-4433 or cell 204-325-6230

See our website www.billklassen.com for list and pictures!

Bill Klassen Auctions Ltd.
Ph: (204) 325-4433
Cell: (204) 325-6230
Fax: (204) 325-4484

ANNOUNCEMENT

BIRTHDAY



Happy 50th!!!
Leslie Still
April 20, 2021
This Jets Fan
Scored the Big '50'!!!
-Love Auntie Sandy,
Family and Friends

ANNOUNCEMENT

ANNIVERSARY



Laurie & Diane Youzwa
Happy 25th Anniversary
April 2021

ANNOUNCEMENT

IN MEMORIAM



Pat Smolinski
April 16, 2020
Our hearts still ache with sadness,
Often a silent tear will fall,
Saying goodbye to you a year ago,
Was the hardest thing of all.
We miss you everyday Mom.
Thank you for all the special memories.
Always and forever in our hearts,
-With love,
your family

ANNOUNCEMENT

IN MEMORIAM



Walter Starodub
November 7, 1922 - April 14, 2005
May the winds of heaven blow softly,
And whisper in your ear,
How much we love and miss you,
And wish that you were here.
Forever in our hearts.
-Love, your family

ANNOUNCEMENT

CARD OF THANKS

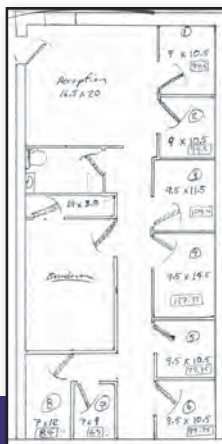
The family of Lynda Plunkett wishes to send out our gratitude for all the support and love they received at this difficult time. Thanks for the cards, flowers, phone calls and food. It was much appreciated. A big thank you goes to the congregation of the Selkirk United Church. A very special thank you goes to the four men from the church who answered our call for help to finish up a big job. We still hope to hold a celebration of Lynda's life later this year.

CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:
BIG Real Estate
204-485-0010 email bigandcolourful@mts.net

Don't forget to send your special wishes to your friends and family.

Selkirk Record

Call 785-1618 Today!



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317 First Avenue,
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Respond by email to: nordals@mymts.net

Automotive Mechanic (prefer Journeyman, but not required)

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Announcements *Selkirk Record*

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OBITUARY



Brian W. Brown
December 12, 1949 – April 7, 2021

We are saddened to announce the passing of our husband, Dad and Pops at dawn on April 7 at the Selkirk Regional Health Centre. Brian's valiant fight with cancer is now over.

Brian is survived by his wife of 47 years Linda; daughter Victoria (J.P.); grandchildren Keegan and Kate (Dave); great-grandson Hunter and his constant companion Ruby.

Linda and Vicki wish to thank Dr. Sexton and the medical staff on Medicine 2 for their loving care of Brian.

As per Brian's wishes, cremation has taken place with no service to follow.

Love you more.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Chantelle Aurora Fawn Bredin-Talarico
April 16, 1990 - April 6, 2021

It is with saddened and heavy hearts that we announce the sudden passing of our beloved, Chantelle Bredin-Talarico.

She is survived by her two children Aiden and Ryder Talarico, mother Cheryl Bredin, father Sean Talarico, stepfather and stepmother Rick Bredin and Crystal Mahoney, sister Shay-Ann Bredin, uncle Chris and aunty Coni, grandparents Eleanor and Peter Gowen, Darcy Orestes and Tom Talarico, and great grandmother Hazel Birt. As well as numerous aunts, uncles, cousins and friends.

Chantelle was a radiant soul that touched many lives with her compassionate nature. Her presence shone in every room she walked into. May we remember her for her many talents, beauty, and grace. She was poetry in motion. Chantelle would want anyone

who mourns her to embrace whatever it is that makes them unique.

Until we meet again, Bella Ciao.

Cremation has taken place and a private memorial service will be held on Friday, April 16, 2021 at 10:00 a.m. and can viewed via the link in her obituary at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Kipp Christian Kocay
March 16, 1987 – April 7, 2021

Kipp Christian Kocay, beloved son of Ulla Liljegren and William Kocay, passed away suddenly on April 7, 2021. He is survived by his parents, grandmother Shirley Kocay of Clandeboye; grandparents Aimo and Anneli Liljegren of Finland; sisters Sheila Gagnon and Sanna Kocay, and numerous aunts, uncles, cousins, nephews, and nieces.

Kipp was a giant creative musical talent, with hundreds of friends. We all miss him enormously.

Private funeral service will be held on Friday, April 16, 2021 at 1:00 p.m. and can be viewed at www.gilbartfuneralhome.com

Condolences maybe left on his tribute wall at www.gilbartfuneralhome.com

gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Annemarie Peukert

Peacefully, on Sunday, April 11, 2021, at the Selkirk Regional Health Centre, Annemarie Peukert, aged 85 years, beloved wife of the late Fritz, passed away.

Full obituary to follow.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Joseph (Joe) Winston Lenchuk
December 8, 1941 - April 8, 2021

It is with great sadness we announce the passing of our Dad, Joe Lenchuk, at the age of 79 years.

Surviving are daughter Shelly Wright (Tim Wright); son Darryl Lenchuk (Anne Morin); grandchildren Blair Colles, Brooke Colles (Troy Byzuk), Morgan Lenchuk and her mother Nita Jackson, great-grandchildren Sequoia Mayo, Zyrach Mayo and their mother Melissa Mayo, Colbie Byzuk. Also left to mourn sister Elaine Lenchuk; brothers Lawrence (Larry) Lenchuk (Diane), Glen Lenchuk (Ev); sister-in-law Pat Lenchuk; as well as numerous neices, nephews, cousins, friends.

Predeceased by life partner Dagny Lenchuk; father Johann (John) Lenchuk; mother Mary Lenchuk (nee Wawrykow) and brother Karl Lenchuk.



Dad was born in Gimli and raised in St. James area in Winnipeg. Dad was a carpenter by trade and known in the Interlake area for his carpentry and vinyl siding skills. Dad's younger years were spent working in the far north. Dad built three homes for his family. The first home was in Headingly, then Clandeboye and then his retirement home in Petersfield/Matlock area. After working for various construction companies Dad decided to go independent and started Joe Lenchuk Construction. Dad hired local helpers and made new friends through his helpers and customers all over the Interlake area. Dad's life lesson to us kids was, you have to work hard to get what you want.

Dad enjoyed travelling to many areas in Canada. Dad and Mom enjoyed time in Florida, and especially his time on a Caribbean Cruise. Although travel was enjoyed Dad mostly enjoyed the peaceful lifestyle of living in the Interlake and being close to home. Favorite pastimes were fishing, hunting, trapping, gardening, berry and mushroom picking and birdwatching. Dad was always excited to show his grandchildren and great-grandkids how to call the birds and feed them from your hand. Dad enjoyed holiday dinners when all the family was together. Dad was a good cook and took pride in his bread making and Saskatoon recipes he created. In retirement dad enjoyed working and selling his Saskatoon berries which he planted and took meticulous care of. Dad's musical talent was his guitar which we grew up listening to and singing along as a family. Dad's knowledge of history, trees, nature and birds was passed on to all of his family. He was happiest when he was being productive. Using his tractor to cut and split wood was more of a hobby than work to him. Dad was a very hard working independent man. Your work is done, now it's time for rest Dad.

In keeping with Dad's wishes cremation has taken place. Due to COVID an immediate family only service will be held at Gilbart Funeral Home in Selkirk, Manitoba on Wednesday, April 14, 2021 at 1:00 p.m. Those wishing can watch the service live streamed through Gilbart's web site at www.gilbartfuneralhome.com

The family wishes to thank Dr. Zahari, Dr. Ian Alexander and staff on Medical 2 at Selkirk Regional Health Centre as well as the staff at Red River Place in Selkirk.

Dad you will never be forgotten and always missed and loved. XOXO

Our loss is heavens gain!

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Ernie Pawluk
March 19, 1936 – April 1, 2021

Peacefully with his wife by his side Ernie Pawluk passed away on April 1, 2021 at the age of 85.

Ernie leaves to cherish his memory his beloved wife of 65 years Phyllis; sons, Todd (Norma), Scott (Lynne), and daughter-in-law Sharon; his grandchildren, Ashley (Johan), Shawna (Matt), Trevor (Missy), Chantal (Paul) and TJ (Taylor); as well as his great-grandchildren, Harlan, Hudson, Blair, Kyler and Emmett. Ernie is survived by his sisters Elsie and Sophie (Clarence). He is predeceased by his son Bradley; parents John and Anne, six brothers and five sisters.

Born on March 19th, 1936 in Melnice on the family farm, Ernie was the 13th child of 14 siblings. On October 6, 1956 he married Phyllis and together they raised three sons on the farm. Ernie spent

many of his years farming, which he loved. His passions were gardening, golfing, hunting, travelling, supervising, and especially spending time with his family. Ernie also spent time as a plumber's helper with his longtime friend Dick Cain.

He continued to enjoy the farm until 1999. They later moved to Aspen Park where they made many lifelong friends. In 2010 they moved to Winnipeg Beach where he spent the rest of his years closer to family.

Ernie and Phyllis spent many years travelling together. Ernie's dream trip was to go to Alaska, which they joyfully experienced in the summer of 1993. He truly enjoyed making memories travelling, road tripping, camping with his family, close friends, and people he met along the way. Ernie's many adventures made for the best stories that could only be told by him.

He was the family foreman and always took on the supervisor role while doing work with Brad, Todd and Scott. Dad always oversaw what the boys were working on, whether they liked it or not and his famous last words were always, "that's good enough." Now that he is reunited with Bradley they can start their own garden together.

Gigi loved his grandchildren and great-grandchildren tremendously, his eyes lit up every time he saw them. He was a good Santa, a great sports fan and the best Gigi.

Ernie met Phyllis at Tomko's hall on the dance floor and they continued to dance their way through life together. Whether it was in a hall, at a social, in a garage or during a card game Ernie loved to dance. Ernie, thank-you for the lifetime of memories we made together, until we meet again.

In lieu of flowers, donations can be made to Cancer Care Manitoba. Cremation has taken place and a private service may be held at a later date.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Gimli in care of arrangements.



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495 Henry Road,
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HH TEAM **PENDING**

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452 Donald Rd,
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HH TEAM **NEW**

\$365,500

869 Petersfield Rd,
Petersfield

HH TEAM **NEW**

\$170,000

325 Taylor Ave,
Selkirk

HH TEAM **PENDING**

\$255,000

525 Nelson Ave,
Selkirk

HH TEAM **6-10 ACRES**

\$469,800

90 Pierson Drive,
Tyndall

ASHLEY **SOLD**

\$54,900

82 Van Horne Rd,
St. Clements

HH TEAM **PENDING**

\$54,900

79 Tom Prince,
Petersfield

HH TEAM **2 ACRES**

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723 Edith Avenue,
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10 Sunset Boulevard, Gimli HHTEAM
723 Edith Avenue, Petersfield HH TEAM
15 Lakeshore Drive, Bifrost HH TEAM
61, 67, 73 Tom Prince Drive, Petersfield HH TEAM
Creekfront - 0 Kimberly Road, East Selkirk ASHLEY
Creekfront - 1.48 Acres - George Street, East Selkirk ASHLEY
Ole Joe Monkman Road, St. Clements Lots #2, 3, 4, 5 HH TEAM
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