



# The *Selkirk Record*

THURSDAY, APRIL 29, 2021

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RECORD PHOTO BY KATELYN BOULANGER

May sees a new art exhibit come to the Gwen Fox Gallery with contributions from Brenda Hedberg, Pat Findlay, Pat Johnson, and Mia Fournier. Read more on page 4.

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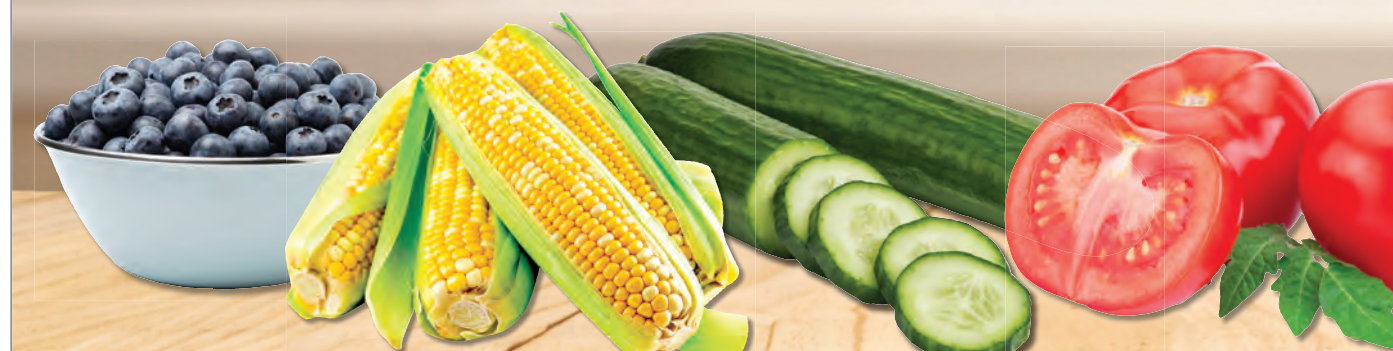



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# East St. Paul releases climate change plan

Implementation Plan lays out how climate change will be tackled in RM for years to come

By Katelyn Boulanger

The RM of East St. Paul has passed a milestone with its climate change plan having approved and released the final of three reports that outline how they will handle climate change to come and what they will do to mitigate its effects ahead of time.

The plan has been many years in the making with East St. Paul Mayor Shelley Hart saying that it started before her time in office with previous councils recognizing that there was a need to prepare for what was to come.

"It'll take us years and many small actions to change our trajectory. So it's important to understand them, address them, identify them, and then put money and commitment behind," said Hart.

Though the seeds of the climate change plan occurred many years before, the initial steps towards this particular plan started with Climate Change Local Action Plan For Greenhouse Gas Reduction, which was released in 2017. This initial plan was instrumental in the RM getting a grant from the Federation of Canadian Municipalities to hire help in creating this new plan, which goes more in-depth about tackling climate change than the initial 2017 plan did.

The first document that was produced as part of this new plan was The Risk and Vulnerability Assessment, which was adopted by council on December 15, 2020.

This assessment identified the areas of concern with regards to climate change impacts in the community and, though all parts of the plan included input from residents, RM employees, council, and business owners, this one

also took into considerations from a survey that had 163 responses from people expressing their worries about what would affect them the most.

Some of the main concerns that were identified by the RM in this report was the changing of overall temperature with more days of +30 degrees Celsius weather and fewer days that will drop below -30 degrees Celsius which could have an impact on pest and virus spread, increased precipitation overall but with changes in weather patterns that result in more larger precipitation events that occur less frequently which means there is increased likelihood of more drought and longer periods without rain in the summer months. The combination of the previous two findings is also a concern resulting in the development of extreme weather events such as flash floods, destructive winds, and ice storms.

The findings from this first report were used in the development of the second report which is The Resiliency Plan which was adopted on March 23 of this year.

"It's built on the first report and it proposes some short and long term actions that our RM staff can do to undertake to better prepare our community and so some of the proposed actions in that plan, were developing new design standards for the RM infrastructure, land drainage study [plans], to develop plans [for] upgrading building components for our buildings and maintaining our tree maintenance programs," said Hart.

The second report also contains a timeline of methods and responsible parties associated with these actions,

which are further fleshed out in the third report which is The Implementation Plan.

The final report, which was just adopted on April 13, is the component of the plan that lays out how everything will get done. It creates a set of actions

to occur over seven years, which coordinates with a general recommendation for re-assessment of the plan on a five to ten year timeframe. The seven years are further broken down into

Continued on page 7

## Celebrating Earth Day



RECORD PHOTO SUBMITTED

The RM of East St. Paul is one of five Canadian municipalities invited to launch Earth Day Canada's Tree Planting Relay this year. Mayor Shelley Hart virtually joined leaders from Mississauga, Ont., Ville de Brossard, Que., Ville de Varennes, Que, and New Glasgow, Nova Scotia to show their commitment addressing climate change and pursuing sustainability by planting at least 50 trees as part of the relay. To see the video that the RM made about this project visit [http://www.eaststpaul.com/notices\\_detail.asp?notice\\_ID=1947](http://www.eaststpaul.com/notices_detail.asp?notice_ID=1947).

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# May brings new art to Gwen Fox Gallery

Artists Brenda Hedberg, Pat Findlay, Pat Johnson, and Mia Fournier bring variety of new art to gallery

By Katelyn Boulanger

The artists of the region have come together once again to create a space where people can find inspiration and take a break to look at some art created by our talented residents. This month the gallery has gotten more variety with fibre, woodcarving, acrylic, watercolour, and many mixed media pieces created by the exhibiting artists.

## Brenda Hedberg

Hedberg has been painting since she picked up her brushes in 2012 and began to take art classes in Teulon's Green Acres Art Centre. Living just outside the community, she takes a great deal of her inspiration from the region specializing in bringing beauty to impressionistic renderings of the area's ditches and finding the fun in many painting of clotheslines which she is well known for.

"You start putting paint on paper and it gives you a really good feeling. Colour does that for me. So, from then on, I've been painting it was like a totally brand new experience for me," said Hedberg.

She feels that she hasn't been impacted as badly as other people by the effects of the COVID-19 pandemic as she is used to living and working in

isolation in the country, and so has used her time to continue to create and has focused on experimenting with art.

One of her most recent experiments has been allowing herself to be influenced by some of the old masters particularly Monet and Vincent van Gogh.

One of her paintings that will be up this month is a portrait painted in a similar style to van Gogh and another is an image that she took at the Imagine Van Gogh exhibition which she chose to paint on fabric to stretch her creativity.

"At first, I did it on fabric thinking, 'Okay, I'm going to make masks out of it,' Once I spent all that time on it, there was no way I'm going to cut it up," said Hedberg.

Hedberg, who is also the Volunteer Coordinator, is glad to be exhibiting this month as she has missed not being able to take art classes or participate in the gallery like she has been able to in previous years.

## Pat Findlay

Findlay is a mixed media fibre artists and has been playing with textiles since she was about four years old but has really started to give it her full attention in the past 20 years.

"I retired from my regular job in 2001 and, as of that, I started doing this full time. In the beginning, there were not very many fibre artists around now that the



RECORD PHOTOS BY KATELYN BOULANGER

Above: Brenda Hedberg with her latest lily pad piece. Below: Pat Johnson with her carved mermaid and angels.



genre has exploded, and they're all

over the place," said Findlay.

Her art is a mixture of mediums on fabric incorporating skills from watercolour, dyeing, calligraphy and much more to create unique pieces that draw you in with colour then keep you looking with their delicate complexities.

"Often, I will have a title before I have the piece and then allow that phrase or [thought] to percolate in my brain for a while until I'm ready to do something [with it]. Then I'm driven by colour. I love colour and everything I do is [impacted by] colour in some way. That is my happy place. So then, I select everything I can find in my colour frame — from beads to tape, to

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## > MAY ART EXHIBIT, FROM PG. 4

paint, to actual fabric itself. Most of my pieces start with white fabric," said Findlay.

Findlay's best advice for new fibre artists is to make friends with other artists.

"That is what this gallery gives me. Most of them are painters, but they've accepted me as a fibre artist. I like to think my work follows the same elements of art. You can't just jump in, you've got to study your art, you've got to practice your art and the best way you're going to find out these things is by associating with other artists."

Though she lives in Winnipeg, Findlay feels the community at Gwen Fox Gallery is worth the drive to Selkirk so much so that she has been a member for 15 years.

### Pat Johnson

Johnson in addition to being the Gallery Coordinator is a prolific multidisciplinary artist who says she's been making art from day one and doesn't like to have idle fingers.

"I was always making something out of nothing, you know, like anything I could lay my hands on. And I'm still that way. I still have to keep my hands

busy when I'm sitting," she said.

In this month's exhibit that adaptability really shows with watercolours, acrylic collage, and woodburning pieces being sprinkled throughout the gallery in addition to the lovingly carved angel and mermaid pieces that are some of the artwork that she's most well known for.

New mediums that she's tried recently are wood burning, which she used to make a walking stick celebrating elements of her Ukrainian heritage and textiles that are not featured in this exhibit, but may make an appearance in a future all members show.

She's also active in volunteering not just at the gallery but also at the Gordon Howard Centre where she teaches art classes.

"My students, I'm so proud of them, because each one of them has produced lovely pieces. You know, with lots of perseverance," said Johnson.

### Mia Fournier

Fournier's art rounds out this month's exhibit with acrylic on slate and cedar and watercolour pieces that brings softness and tranquillity to the show.



RECORD PHOTO BY KATELYN BOULANGER  
Pat Findlay with one of her large mixed media/fiber pieces.

Her pieces clearly reflect her travels abroad and in Canada featuring lakes and forest environments as well as the creatures who live there.

Residents visiting the gallery should remember to follow all COVID-19 protocols when in the building including mask-wearing and physical

distancing. They are also asked to use the hand sanitizer at the door and need to sign in the guest book for contact tracing purposes.

The Gwen Fox Gallery is open Tuesday to Saturday from 11 a.m. to 4 p.m.

# Mayor gets shot



### RECORD PHOTO SUBMITTED

Selkirk Mayor Larry Johannson rolled up his sleeve for his COVID-19 vaccination last week and wants to encourage other area residents to do the same to help curb the mounting cases of the illness in the province. Johannson also wanted to acknowledge the amazing work of the employees at Selkirk's vaccination super site who got him in and out in less than a half hour.

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# Dementia presentation gives residents tools for future

Gordon Howard Centre hosts zoom session that helps people learn care for their loved ones

By Katelyn Boulanger

Residents with family members with dementia were able to learn more about the ways that they can help their loved ones during a virtual presentation hosted by the Gordon Howard Centre.

The presenter for this meeting was Samantha Holland, Regional Coordinator for the Alzheimer Society for Interlake Eastern Health Authority and she started out the meeting giving an overview about the dementia behaviours that would be discussed in this meeting, which included repetition, sundowning, hallucinations and delusions, and wandering.

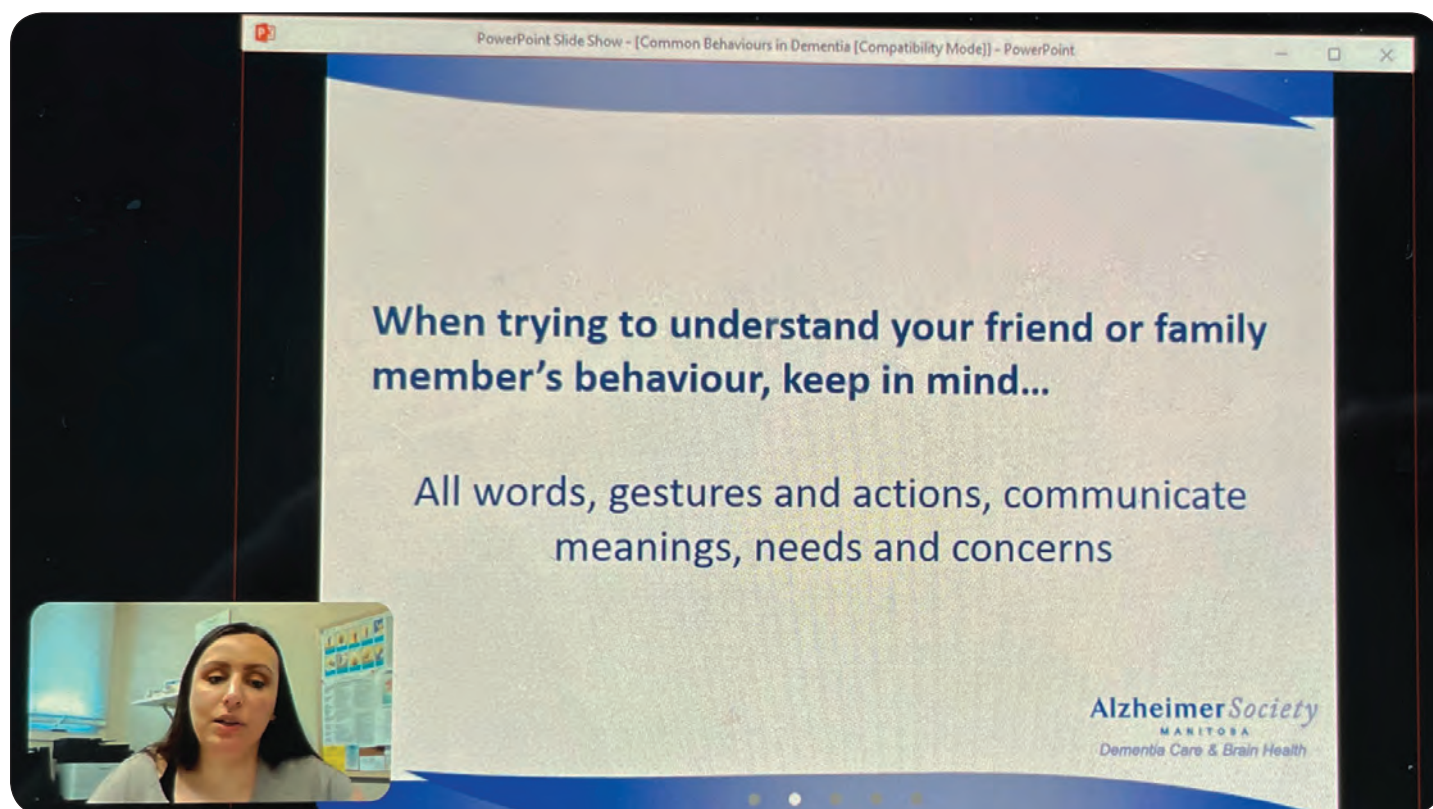
"Dementia in and of itself isn't a disease, it's a collection of symptoms, sometimes called a syndrome, resulting from diseases of the brain. These diseases are many and very diverse. There are over 100 different types. The ones on the screen are the most common ones and Alzheimer's disease is the most common [of all encompassing] two-thirds of all cases," said Holland.

Before she jumped into the presentation she urged the participants to approach their loved ones with dementia with patience and understanding, as even if their behaviours don't make sense to us there is a reason for them.

"When trying to understand your friend or family member's behaviour, keep in mind that all gestures words, and actions, communicate meanings, needs, and concerns. More broadly put, all behaviour has meaning whether it's a facial expression or a gesture, there's always something behind that. The person can't often communicate their needs, clearly — what might be wrong — and what we can do to help so it's important for us to take a step back and think about that," said Holland.

She then discussed communication for those with dementia because many of the behaviours of those with dementia stem from the changes to the communication areas of their brains.

"Imagine or maybe you don't have to imagine, you know what it would feel like to know that something is wrong, and not be able to pinpoint what ex-



RECORD PHOTO BY KATELYN BOULANGER

Samantha Holland giving a presentation about helping with dementia behaviours.

actly is wrong, or relay that to others," said Holland.

Tips that she gave to improve communication were to use dementia-friendly signage, which would include more direct ideas like clear photos in bright colours. Another way is to give the person extra time to communicate because dementia can slow how quickly they can process information. She also suggests introducing yourself when speaking in person or on the phone so that they don't feel pressure to remember, starting conversations on a positive note, and slowing down as speeding through things can create stress for them.

The first behaviour that Holland discussed was repetition, which she described as the repeating of a sound, a word a question, or an action and it can sometimes seem like the person experiencing it is stuck in a loop.

She suggested that this can sometimes be due to short term memory loss.

"It might suggest a need for information. It might suggest an emotional need. And it might be, you know, a wish to communicate, but difficulty formulating other thoughts," said Holland.

One of her suggestions was responding with memory aids. An example of this could be creating an information station with a clock that gives information about the date and time as well as things like a calendar and anything else that might help them find the answers they may be looking for.

She then spoke about sundowning which is a state of confusion occurring in the late afternoon and continuing into the evening, or even overnight. The hallmarks are anxiety, agitation, aggression, restlessness, pacing, wandering and exit seeking.

Though there isn't a known cause of it, it seems to be triggered by a loss of routine, by changes of medication or even too much sound or shadows in the evening.

"Something to try [is] journaling the changes that you notice, this can help to provide collateral information for the doctor, for the people that are with us that are working in long term care," said Holland.

She also suggests increasing activity during the day, restricting caffeine and sugar and joining groups like Minds in Motion.

The third behaviour Holland spoke about was dealing with delusions and hallucinations.

"I know this is a big one. For a lot of people, and it's, it's going to be kind of a more difficult one to give suggestions about because everyone's hallucinations are so different. And their delusions are so different. And what they respond to is, is heavily and highly individual," she said.

Though everyone is different Holland's tips are to see if the person needs new glasses or hearing aids as a bad prescription can cause problems. She also among other things suggests responding to the feelings that the person is expressing and not the

words.

She then spoke about wandering behaviours and how to keep people safe. "Sixty per cent of people with dementia will wander at least once and it can happen at any stage," said Holland.

Some of her suggestions are to let neighbours know what's going on so if they see their neighbour outside looking confused they can help. She also says hiding jackets and shoes and putting business cards in jacket pockets are good ways to avoid triggering wandering and making it easier for the person to ask for help if they do wander. She also mentioned GPS locating options but said that that was an ethical question that each family would have to approach for themselves.

When talking about all of these behaviours she also mentioned making sure to keep your doctor and care team aware of what's going on so that they can change medication when needed and help out where they can.

Holland also reminded participants that the next virtual Minds in Motion session starts this week and more info can be found at [https://secure2.convio.net/alzmb/site/Ecommerce?store\\_id=2021](https://secure2.convio.net/alzmb/site/Ecommerce?store_id=2021).

You can also contact Holland with dementia related questions or topics which might make good future presentations at [alzne@alzheimer.mb.ca](mailto:alzne@alzheimer.mb.ca) or 204-268-4752.



# Meals on Wheels never hit the breaks

By Katelyn Boulanger

This year has been a difficult one for many volunteer organizations and with last week being national volunteer week we wanted to feature one more of the many organizations that are kept going by their amazing volunteers. Meals on Wheels is run by Services to Seniors in Selkirk and continued to provide hot food for seniors in our community throughout the entire year despite pandemic restrictions which required adaptation and extra care from everyone who gave their time.

"We are following all of the provincial regulations. What's happening is we are using hand sanitizer, trays are disinfected at the hospital, we're making sure that there isn't germ transfer. [Trays] are in the very far back of the volunteer's vehicles when we pick up the dirty trays. For some clients [when delivering] we put the trays on a chair outside of their homes but we do make sure that they are there to pick the tray up," said Helen Brosowsky, manager at Selkirk Services to Seniors.

The service delivers about 350 meals a month to seniors in our community with a rotation of volunteers who give an hour of their time to the delivery process.

"It's all ages. It's, you know, basically from the younger generation to the older generation," said Tina Case,

community resource coordinator for Services to Seniors.

The women feel that this service is very important in our community and prioritized keeping it going despite difficulties caused by the social changes that have happened in the past year.

"There's people who are no longer able to [cook]. Their stoves may be decommissioned because of confusion or dementia, but they still live independently. There's the isolation factor, they may not be seeing anybody and having a meals on wheels volunteer coming and delivering to them, that meal could be a social contact," said Brosowsky.

She also says that the nutritional component of the meals is also a factor as cooking a healthy meal can be difficult at the best of times.

"They're not kind of just eating, you know, tea and toast or ramen noodles. [We deliver] soup or salad, their entire and dessert. It's something for them to look forward to just having something good to eat three days a week," said Brosowsky.

Both Brosowsky and Case say that they get plenty of positive feedback from their volunteers that it is fulfilling.

"We have many of [the volunteers] that call each month that want to pick up weeks to do [deliver meals]. They love the interaction with the seniors, when they are able to see them, and



**RECORD PHOTO SUBMITTED BY DARRELL DUNNING**  
Volunteer Val Dunning delivering a meal to Beverly Beck.

they just love the idea that they're helping out, especially at a time like this," said Case.

Just because Services to Seniors has amazing volunteers does not mean that they aren't looking for more people wanting to help out however.

"A lot of times it's the same people and you know, they do get burnt out as well. And, you know, they need a break," said Case.

Case and Brosowsky encourage anyone wanting to join up to contact them and try it out.

The best number to call to see about volunteering is 204-785-2737.

"Our volunteers are so precious and appreciated. We couldn't run our program without our volunteers," said Brosowsky, "Having them step up and do this for us is just amazing."

## > ESP CLIMATE CHANGE, FROM PG. 3

actions that can happen in the immediate future, mid-term and long-term and acknowledgement is made that budget requirements and staff time are rough estimates as many of the short term actions will provide greater clarity for long and mid-term actions.

Some of the actions that Hart is most excited about are the ones that allow the RM to connect to its residents as well as creating more spaces with native plants, and possible workshops that could be provided to residents.

"I'm [also] really excited about things that we're doing to improve our water retention ponds. Honestly, I didn't know until I got into this business, how important those are to our drainage system. They hold water back from flooding our sewer systems and so those become water features. But, they also provide a very important function to our drainage and so I'm excited about

improving those retention guidelines," said Hart.

One thing that the RM made sure to incorporate into the plan was funding and possible funding actions to support the climate change projects.

"Anything you do costs money. So if you don't actually have funding behind any initiatives, you don't really have a strong initiative. Unless you've got massive volunteer groups that are giving their time and energy to something that doesn't take a financial contribution, you can say you're doing all sorts of things in your community but if you put money behind it, then the community knows we're doing it," said Hart.

To learn more and read the three reports for yourself see the climate change plan at [http://www.eaststpaul.com/main.asp?fxoid=FXMenu,8&cat\\_ID=2&sub\\_ID=92&sub2\\_ID=94](http://www.eaststpaul.com/main.asp?fxoid=FXMenu,8&cat_ID=2&sub_ID=92&sub2_ID=94).

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EDITORIAL > VIEWPOINTS > LETTERS

## Tighter gathering restrictions in effect Wednesday

By Ashleigh Viveiros

Stricter public health orders go into effect this Wednesday, April 28, as Manitoba tries to stem the third wave of COVID-19.

Officials on Monday announced plans to further restrict gathering sizes after seeing the province's COVID-19 case counts rise by the hundreds daily over the previous week.

"Despite our best collective efforts ... Manitoba's case numbers, our test positivity rates have been rising and our hospitalizations have been going up somewhat as well," said Premier Brian Pallister, noting the more contagious variants of concern are spreading rapidly.

An overburdened health care system puts not just COVID patients at risk, the premier noted, but anybody who may need care for other serious ailments and injuries.

And so, new public health measures have been added to the existing code red restrictions.

Until May 26, no visitors are allowed in private households, either indoors or outside, with certain exceptions allowing one visitor for people who live alone.

No indoor gatherings are allowed and outdoor gatherings in public spaces are limited to 10 people.

Faith-based gatherings are limited to 25 per cent capacity or a maximum

of 10 people, with indoor mask use now required at all times.

Patio dining is restricted to groups of four people, with no household restrictions. Indoor dining remains capped at 50 per cent and people may only dine with others from their household.

Food courts in malls and shopping centres must close.

Gyms and fitness centres continue to be limited to 25 per cent capacity, but everyone inside is required to maintain physical distancing of nine feet from one another.

Spectators at outdoor sports and recreation facilities are limited to one parent/caregiver spectator per youth participant, so long as physical distancing of six feet is maintained.

Dance, theatre, and music schools continue to be limited to 25 per cent capacity, but the new orders limit the maximum number of people on site to 10 with one parent/caregiver spectator per youth participant, all physically distancing.

Personal service businesses can continue to operate at 50 per cent capacity, but appointments are required.

Day camps are permitted to have up to 10 children indoors and outdoors.

Retail stores are limited to 25 per cent of the capacity of the store or up to 250 patrons, whichever is lower, while malls are limited to 25 per cent

of the facility's capacity.

"To all Manitobans I say this today: stay at home if you can, significantly limit your close contacts, and get your vaccine as soon as you are eligible to get it," Pallister urged.

The vaccine eligibility requirements continue to change rapidly. As of Monday, anyone age 50 years or older and First Nations people age 30 and up can book an appointment at the vaccination super sites.

The province has also expanded eligibility to allow all front-line police officers and firefighters age 18 or older to be vaccinated at the super sites.

Manitobans 18+ who live and work in what the province has deemed high-risk communities are also able to be vaccinated. Right now that list includes several neighbourhoods in Winnipeg and the entire Northern Regional Health Authority.

Meanwhile, any Manitoban age 40 or older can book an appointment at a pharmacy or medical clinic offering the AstraZeneca/Covishield vaccine.

For up-to-date vaccination eligibility and booking information, head to [protectmb.ca](https://protectmb.ca) or call 1-844-626-8222.

## 210 new cases announced Monday

Health officials on Monday announced 210 new cases of COVID-19 and a test positivity rate of 7.6 per cent provincially and 8.2 per cent in Winnipeg.

There were 2,093 active cases of the virus at the start of the work week. A total of 34,747 Manitobans have recovered from the virus since last spring. The number of people who have died is 968.

COVID-19 hospitalizations were at 148 Monday, including 37 people in intensive care.

Breaking it down by health authority, Interlake Eastern was reporting 106 active cases, eight hospitalizations, and two ICU patients. The region has lost 38 residents to the virus.

In the Interlake, Gimli's active case numbers are up to 28, Winnipeg

Beach/St. Andrews 20, Arborg/Riverton 1, Eriksdale/Ashern 6, Fisher River/Peguis 7, Selkirk 7, St. Clements 13, Stonewall/Teulon 10, Unknown 6. Meanwhile in the east, and Beausejour 2, Springfield 2, Pinawa/LacduBonnet 2 and Powerview/Pine Falls 2. Meanwhile, Whiteshell and Northern Remote recorded none.



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# St. Clements FD helps handle blaze



RECORD PHOTOS BY KATELYN BOULANGER

The East Selkirk Detachment of the St. Clements Fire Department lent a hand to neighbouring Scanterbury Fire Department in battling a fire that occurred on April 25. The firefighters were called in at about 11 a.m. to help control the blaze which was mainly South and South West of Scanterbury on the West side of Highway 59. Luckily, the wind worked to the firefighter's advantage as they employed a back burn strategy. The fire was under control by about 5 p.m. the same day.



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# Manitoba partners with N.D. to get truckers vaccinated

By Lorne Stelmach

Government and industry officials last week heralded a partnership that will allow Canadian truckers to get COVID-19 vaccinations across the border in North Dakota.

North Dakota Governor Doug Burtrum and Manitoba Premier Brian Pallister welcomed the Essential Worker Cross-Border Vaccination Initiative as an opportunity to support the integrated economies by co-operating on the vaccination of individuals who work in both jurisdictions.

The Manitoba Trucking Association (MTA) and its members identify and co-ordinate with eligible individuals and work with North Dakota to schedule vaccination appointments for truck drivers during their routine trips to the U.S. over the next six to eight weeks.

The North Dakota Department of Transportation's rest area near Drayton will initially serve as the vaccination site, which will also be open to North Dakotans ages 16 and older to get vaccinated. Vaccinations will take place from noon to 8 p.m. on Wednesdays, Thursdays, and Fridays.

The state and province are establishing a joint-operations group to manage the initiative. The North Dakota Department of Health will provide nurses and other staff to administer the first and second doses of the vaccine to provide full immunization of truckers. There is no cost to the state or province as the U.S. government supplies the vaccine and reimburses the costs to administer.

It remains to be seen how many truckers may take advantage of the opportunity, although officials are estimating roughly 2,000 to 4,000 Manitoba drivers could participate.

"When it comes to the COVID vaccine, the most important question is not where can one get it but when can one get it?" noted Bernie Driedger, president of Portage Transport in welcoming the initiative.

"To see Manitoba and North Dakota coming together to creatively collaborate on a vaccination strategy that will expedite the vaccination of Manitoba truck drivers working to or through North Dakota is excellent news. This move protects these important essential workers and their families, while also freeing up vaccination spots back in Manitoba. A genuine win/win."

The shared goal of this initiative is to create a model of continental co-operation as the governments aim to safely reopen the shared border. Officials noted Manitoba and North Dakota will consider further joint initiatives

to vaccinate other essential workers and Manitobans.

"As Manitoba faces the third wave of the pandemic and the significant challenges associated with variants of concern, our number one limiting factor in protecting Manitobans is the availability of COVID-19 vaccines," Pallister said.

"Manitoba is proud to partner with North Dakota on this innovative strategy to provide life-saving vaccines to Manitoba's essential workers delivering the goods and services Manitobans, Canadians and Americans rely on," he added. "Manitoba and North Dakota have enjoyed a strong relationship of mutual respect and friend-

ship, and I want to thank them for their willingness to support Manitoba through this joint vaccination effort."

But not everyone is so excited at the prospect of heading south for vaccination.

"I'm not sure of the logistics, but it would require an extra trip for myself," said Jon Martens, a Winkler trucker.

It seems like a good idea in theory, but there are issues with it, he suggested, noting that his driving takes him across the border regularly but usually not to the rest area on Interstate 29.

As well, Martens noted it is his understanding that an extra trip such

as this without transporting product is not allowed under existing restrictions.

"So right now, I would have to take a day off work along with taking a trip that's not allowed, and that's on top of the fact that I'm in the percentage of people that doesn't quite trust the vaccine yet, although I could be convinced by my family," he said.

"If I should decide to get vaccinated, I think it would be much simpler if they would open it up to my age or my employment to get vaccinated locally here."



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# Going up



RECORD PHOTO BY BILL NEWZMAN SMYTH

The Selkirk Fire Department did their part to be prepared should they be needed while the Selkirk water tower is being painted. Last week they took the time to work with the project's contractor to make a plan to get quick access to the top of the tower in case of emergency.



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# Keep vehicles free of debris

## RCMP respond to collision caused by ice on vehicle

By Manitoba RCMP

On April 19 at approximately 1:20 p.m., Stonewall RCMP received a report of a chunk of ice flying off a truck on Highway 6 and going through the windshield of a nearby minivan, injuring the driver. When officers arrived on scene, EMS was providing care to a male with serious, non-life threatening injuries.

Investigation determined a van was southbound on Highway 6, approximately four kilometres north of the Perimeter Highway when a dump truck passed it. When the truck was approximately two car lengths in front of the van, a chunk of ice flew off the back of the truck and then came through the windshield of the van striking the 68-year-old male driver in the face, rendering him unconscious.

The passenger, a 61-year-old female, was able to handle the steering wheel until the vehicle came to a stop, thereby avoiding a collision.

The male was transported to hospital in Winnipeg, where he remains in serious but stable condition. Both occupants of the van are from East St. Paul.

The female passenger is very thankful for the help provided to her by other motorists who stopped to assist as well as the first responders who attended to herself and the driver.

The RCMP would like to remind everyone to ensure their vehicle is clear of snow, ice, and any other debris before heading out on the road. At highway speeds, debris on a vehicle can become a deadly force.



RECORD PHOTO SUBMITTED

Damage to vehicle after impact from debris.

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# Alzheimer Society challenges you to Walk Your Way in May

Walk, run, bike, or ride to raise awareness for dementia research

By Daniela Wenger

The Alzheimer Society challenges you to Walk Your Way in May by participating in the IG Wealth Management Walk for Alzheimer's online. Go for a walk, run, bike ride or create a fun challenge! The sky's the limit because together we CAN make a difference for Manitobans living with dementia and their families.

The Walk is the Alzheimer Society's largest annual, nationwide fundraiser. Last year, Manitobans showed their support by joining the Walk online and raising crucial funds that allowed the Society to shift many of their services online, continuing to meet the needs of people living with dementia and their caregivers.

"We're calling on all Manitobans to show their support by walking online," says Wendy Schettler, CEO, Alzheimer Society of Manitoba. "It's critical that we all get behind this cause and raise as much as possible so the Alzheimer Society can continue to help those affected overcome the challenges of dementia and live to their fullest."

By 2031, the number of Canadians with dementia will increase by nearly 70 percent and we have yet to find a cure. More funds are required to meet the growing demand for life-changing programs and services, including education, support groups and community programs for people with dementia and their caregivers.

One family plans to head out on a beautiful, winding trail near Beausejour for this year's Walk. "We're planning the greatest time ever, and we'll make some amazing memories while we do it. That's what my dad would do!" says Cristy Law, whose entire clan will gather in honour of their patriarch, Terry Law, who has Alzheimer's disease.

er's disease.

The Society is excited to see the unique ways that people are participating online. While we can't all participate in the same place for this year's fundraiser, we can still come together virtually to support families living with dementia.

"IG is proud to support the Alzheimer Society and their efforts to raise awareness and funds to find a cure," says Damon Murchison, President and CEO, IG Wealth Management. "We all know someone who has been touched by dementia and are aware of the significant impact it can have on those coping with the disease, their families and caregivers. Our employees and consultants look forward to the Walk every year and are committed to supporting the communities in which we live and work."

No one should have to face this disease alone. By joining the IG Wealth Management Walk for Alzheimer's, you make a positive difference in the lives of people living with dementia and their families. Get involved:

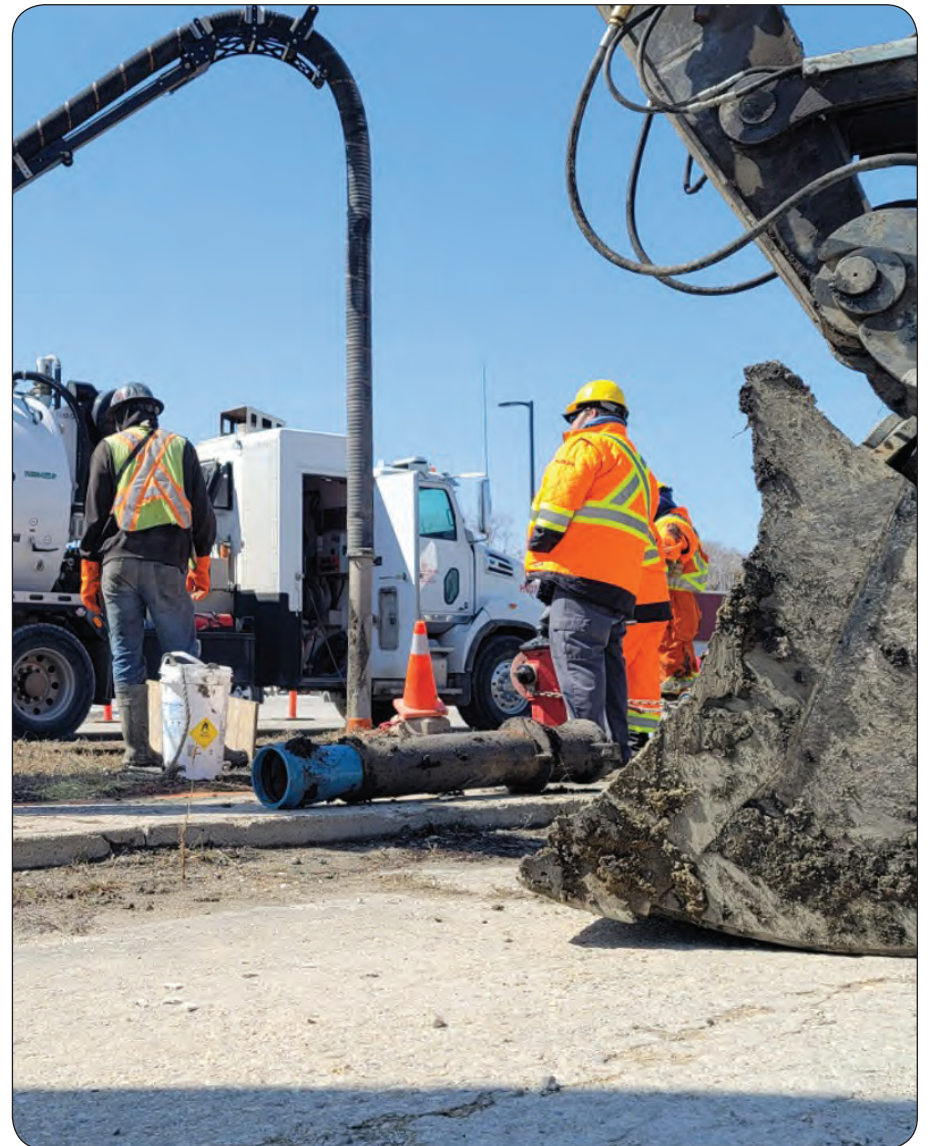
- Sign up individually, with your family, or create a team at [WalkForAlzheimers.ca](http://WalkForAlzheimers.ca)

- Take a photo or video, upload it to social media and include the hashtag #IGWalkForAlz.

- Join the live broadcast on the Alzheimer Society of Canada's Facebook page on Sunday, May 30 where we'll share stories from walk participants across the country and celebrate together.

- Most of all, have fun raising money for a fantastic cause!

## Detour on Manitoba Ave.



RECORD PHOTO BY BRETT MITCHELL

A water main break on Manitoba Ave. between Mercy St. and Easton Dr. caused the rerouting of westbound traffic while repairs took place April 21.

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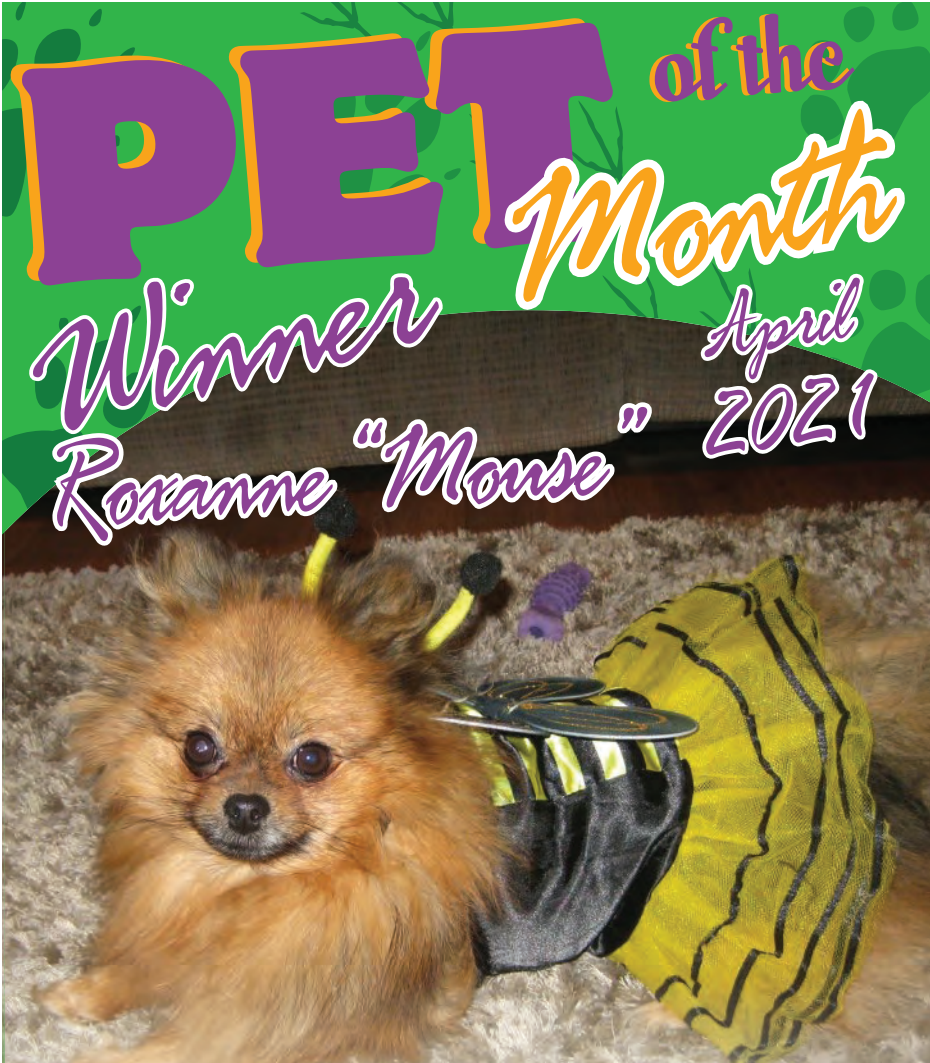
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*Fun Fact: Roxanne is an 11 year old Pomeranian. This little bumblebee is ready to celebrate the arrival of spring. Roxanne is very tiny and only weighs 5.5 lbs. She also makes a "squeaking" noise when she is excited and for these reasons her nick name is "Mouse".*

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*To submit your pet for the Pet of the Month 2021 contest, send a photo and a fun fact to: [ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)*

## U.S. government lifts pause on J&J COVID-19 vaccine

### Vaccines benefits determined to outweigh risk of developing a clot

By Patricia Barrett

The U.S. Centers for Disease Control and Prevention (CDC) and the Food and Drug Administration (FDA) lifted an order that had put a hold on the use of the one-shot Johnson & Johnson (Janssen) COVID-19 vaccine after determining the vaccine's benefits outweighed the risk of developing serious blood clots and potentially dying.

The two agencies had paused the use of the vaccine on April 13 after over 6.8 million doses had been administered in the U.S. Blood clots had occurred in 15 women between the ages of 18 and 59. Three women died. The onset of symptoms occurred between six and 15 days after being inoculated.

Despite evidence linking the vaccine to the blood clots, the agencies lifted the pause on April 23, saying people should be warned of the possibility of developing blood clots and low platelet levels.

"Safety is our top priority. This pause was an example of our extensive safety monitoring working as they were designed to work—identifying even these small number of cases," said acting FDA commissioner Dr. Janet Woodcock in a joint statement issued April 23. "We've lifted the pause based on the FDA and CDC's review of all available data and in consultation with medical experts and based on recommendations from the CDC's Advisory Committee on Immunization Practices."

The agencies said they conducted a risk-benefit analysis and concluded that the potential benefits of the vaccine outweighed the risks.

"We are confident that this vaccine continues to meet our standards for safety, effectiveness and quality. We recommend people with questions about which vaccine is right for them have those discussions with their health care provider," said Dr. Woodcock.

Two days before the pause was lifted, the FDA reported it found unsanitary conditions and possible contamination at the Baltimore-based Emergent BioSolutions manufacturing plant, which makes both the Johnson & Johnson and the AstraZeneca COVID vaccines.

Emergent had earlier been forced to dump 15 million doses of the Johnson

& Johnson vaccine.

The FDA's inspection report cited "multiple failures" at Emergent BioSolutions, including possible cross-contamination of vaccine drug substances, loose debris, peeling paint and some sort of dark residue coating the walls. It also found flaws in the size and maintenance of the manufacturing facility and determined that workers did not follow proper procedures to prevent contamination.

Doses of the Johnson & Johnson vaccine that Emergent had in reserve will be tested by the FDA for quality.

"In the case of Emergent BioSolutions, we are working with the company to address the conditions identified. At the agency's request, Emergent BioSolutions has agreed to pause new production while it works with the FDA to resolve potential quality issues," said acting FDA commissioner Dr. Janet Woodcock and director of the FDA's Center for Biologics Evaluation and Research Dr. Peter Marks in an April 21 bulletin. "For the vaccines already manufactured, the products will undergo additional testing and will be thoroughly evaluated to ensure their quality before any potential distribution. We will not allow the release of any product until we feel confident that it meets our expectations for quality."

Health Canada had already given interim approval in March to the Johnson & Johnson vaccine before the blood clot events and deaths occurred. It made an agreement with Johnson & Johnson to receive up to 38 million doses of its vaccine. A shipment to Canada is expected this week.

Canada's chief public health officer Dr. Theresa Tam said she didn't know the specifics of the report on Emergent BioSolutions, but Canadians shouldn't worry if they received an AstraZeneca vaccine that was made there as Health Canada has measures in place to ensure safety.

"As far as I understand, what is happening in the U.S. right now does not impact us in the vaccines we have already received and that's being deemed of high quality and met the regulatory standards as we receive them," said Tam during a virtual meeting with media last week.

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# National Day of Mourning April 28 for workers killed or injured

## City of Selkirk to issue proclamation

By Patricia Barrett

Workplaces across Canada, including the City of Selkirk, will be remembering workers who were killed on the job or suffered an injury or illness in the workplace on the annual National Day of Mourning April 28.

The day also marks a renewed commitment to improve health and safety in workplaces, protect workers and prevent further tragedies.

Susan Smerchanski is president of the Selkirk and District Labour Council, a union representative for the Manitoba Federation of Labour in Selkirk, a representative (Area 5) on the Safety, Health & Environment Committee of the Manitoba Government and General Employees' Union (MGEU) and teaches about workplace safety and health. She has been a safety and health advocate for 20-plus years.

She would help organize a walk in Selkirk on April 28 each year "to fight for the living and mourn for the dead," but COVID cancelled the event last year. There won't be a walk this year either.

But she said the Manitoba Federation Labour (MFL) and its president Kevin Rebeck will be hosting an online vigil that day to remember and honour those who died at work.

"MFL will be doing a virtual presentation about the Day of Mourning to

recognize Manitobans that have been killed or injured on the job. In Manitoba there are typically between 30 and 40 deaths from work-related incidents or accidents, ranging from exposure to asbestos that later develops into cancer to being killed in an accident at work," said Smerchanski by phone last week. "This day is to remind people about how important it is to be safe on the job, make sure your staff have the proper training and equipment and watch out for each other."

The federal government enshrined a National Day of Mourning into law in 1991. It's observed on Parliament Hill by flying the flag at half mast. People across the country observe the day in a myriad of ways, including laying wreaths, lighting candles, holding walks and pausing for a moment of silence to remember workers who've lost their lives on the job or became injured or ill. The event has spread around the world, marked by countries such as the U.S., Iceland and England.

The City of Selkirk issues an official Day of Mourning Proclamation every year to recognize workers.

"I've been doing the walk in Selkirk for a number of years," said Smerchanski. "We didn't do it last year and won't be doing it this year because of COVID-19, but I'm still advocating for safety. And the City of Selkirk will be

doing its proclamation."

COVID is now considered a workplace safety and health hazard, according to the MFL. Data from a Workers' Compensation Board report shows there were over 1,200 confirmed cases of workplace transmission over the past year. Manitoba's frontline workers, such as health-care professionals, have died from COVID.

That's why the MFL has been advocating for paid sick leave for those who contract COVID. Instead of having to make a choice between a paycheque or coming to work out of necessity while infected, employees would be able to isolate at home.

Non-unionized employees have the same rights as unionized employees under the Workplace Safety and Health Act. And COVID-related workplace issues are becoming a growing concern as they're affecting both our physical and mental health, said Smerchanski.

"Right now, the big focus in any workplace and the talk on the street – especially because of COVID – is the mental health part of workplace health. It's huge," she said. "People have always thought it's about steel-toed shoes, hi-vis vests and safety glasses and you're safe. But the health part includes mental health. It's about your whole wellbeing – your body, mind and spirit – that's supposed to be protected at work."

In addition to COVID, a number of other issues can affect people's well-

being in the workplace, she said. Those include harassment, bullying, having to work extra hours, having to work faster, pressure to take on unpaid extra work when there are staff shortages and excess pressure to produce more work – all of it can affect people's mental health to varying degrees or even lead to disability or post traumatic stress disorder.

"It's all about the dollar in a lot of workplaces," said Smerchanski. "Workplace health and safety is an international issue and it affects people every day."

Date from the Association of Workers' Compensation Boards of Canada show there were 925 work-place fatalities in 2019.

The Manitoba Federation of Labour's online candlelight vigil will take place on April 28 starting at 11:30 a.m. The event will be hosted via Zoom. Call the MFL at (204) 947-1400 for information on how to register or visit its website and search for Day of Mourning 2021.

For more information about mental health in the workplace and resources, visit MGEU's Healthy Minds at Work campaign at [www.healthy-mindsatwork.ca](http://www.healthy-mindsatwork.ca)

## MB joins eTick platform for expert identification

By Staff

The snow on the ground this past week makes tick season seem a ways away still, but the creepy crawlies will be out before you know it.

To help Manitobans stay safe while out exploring the great outdoors, the provincial government has joined the eTick platform to help people better determine their risk of Lyme disease.

"More and more Manitobans are exploring nature and the outdoors during the pandemic. While this is a safe, healthy way to connect during the pandemic, we also want people to pay attention to reduce their risk of Lyme disease and other tick-borne illnesses," said Health Minister Heather Stefanson in making the announcement last week. "The eTick program will ensure people can access rapid tick identification and distribution maps, while enhancing the surveillance of tick species in Manitoba."

Manitobans can submit pictures of ticks they might find on themselves, a loved one, or a pet to the eTick program for experts to identify.

Developed by Bishop's University and funded by the Public Health Agency of Canada, the program is useful in figuring out if a given tick belongs to a species capable of transmitting the bacteria responsible for Lyme disease.

In addition to learning what species of tick users have found, identified specimens are mapped to better outline the distribution and seasonality of the various tick species. This information will help Manitobans understand where and when ticks have been found in precise areas of the province.

A new mobile application has been developed to facilitate and streamline the submission of tick observations in Manitoba. It is now available for free download under the name eTick on the Apple App Store and Google Play.

Don't want to download the app? You can also submit your tick observations directly on the eTick website at [www.etick.ca](http://www.etick.ca).

Blacklegged ticks, which can carry anaplasmosis, babesiosis and Lyme disease, are most commonly found within and along the edge of forests and in areas with thick, woody shrubs and other vegetation. These ticks are typically found between April and November (from snowmelt through snowfall), with adults most active in the spring and fall months.

To learn more about blacklegged ticks, tick disease, and prevention, visit [www.gov.mb.ca/health/publichealth/cdc/tickborne](http://www.gov.mb.ca/health/publichealth/cdc/tickborne).

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Dining & Takeout



# Winnipeg Beach mom and Shenanigans restaurant raising funds for St. Amant Centre

By Patricia Barrett

A Winnipeg Beach mom, whose son died from COVID last year while he was living in the St. Amant Centre in Winnipeg, has raised a considerable amount of money for the organization and has received some help from a Beach restaurant.

Odette Carreiro said she has raised over \$100,000 for St. Amant, which cared for her son Mark, through her popular "Bidding Wars for St. Amant" Facebook page. And the non-profit organization stands to benefit even more now that local restaurant Shenanigans on the Beach created a BLT platter in Mark's honour.

Shenanigans two co-owners had called Carreiro after Mark passed away, offering to donate half of the proceeds of the platter to St. Amant until the end of the year.

"Oh my God, I just went crazy," said Carreiro by phone last week. "Even though Marky passed away, his name is still alive here in the Interlake. There are businesses that want to do something to help."

Shenanigans' co-owners told her they sold about 69 Marky burgers in April (as of last Thursday), raising \$409 for St. Amant, said Carreiro. Hundreds of people also sent donation cards directly to St. Amant after Mark's passing. Robin's Donuts in Gimli also pitched in last month to help raise funds.

Mark was born healthy in 1984, but after he received his first baby vaccination for pertussis (whooping cough), he had seizures.

"I had never heard of contraindications with vaccines," said Carreiro. "And then Mark got the second vaccine when he was six months old and the reaction was so much more severe. He was hospitalized all the time with seizures. He would have 50 to 60 seizures a day. Unfortunately, it caused



Shenanigans is donating half of the proceeds from the 'Marky' burger platter until the end of 2021 to the St. Amant Centre.

severe brain damage. His brain was totally fried. He couldn't even hold a toy."

According to the U.S. Centers for Disease Control and Prevention, side effects of the pertussis vaccine can include rare adverse reactions such as chronic neurological problems.

Carreiro cared for Mark at home for the first 15 years of his life, taking him to medical appointments and therapy programs, and also running a special needs childcare in her home, she said. When he moved into St. Amant, she would visit him nearly every day.

"As a mom of a special needs child, you're very protective and you want to be there with your child all the time," said Carreiro. "I used to go to St. Amant four or five times a week."

She said she came up with the idea of the fundraising page for St. Amant a few years ago.

"I took all the stuff in my house that I didn't use, appliances I bought and never used, and took pictures of everything. I created a site on Facebook



RECORD PHOTOS COURTESY OF ODETTE CARREIRO

Odette Carreiro's son Mark passed away from COVID last year while living in the St. Amant Centre.

and I invited friends to join," she said. "And all of sudden it boomed. Now I have 1,700 followers all over the Interlake and I've raised over \$100,000 for St. Amant."

People donate the "most amazing" items to her, not junkyard stuff, she said, and some items get distributed to needy families in the Interlake through a connection she has in the community.

"I didn't expect my Facebook page to grow like this and be so popular," said Carreiro, who's in her sixth season working for the Town of Winnipeg Beach as gardener and landscaper. "I have three friends that help me with my bidding site, doing photoshoots and documenting the winning bids."

Carreiro said Interlake children with autism use St. Amant's services and special equipment, and the organization provides train-

ing to staff at Heima Er Best and Cornerstone in Gimli. The funds she and businesses raise for the centre will support Interlakers. She and her helpers will also be selling St. Amant triple-layer facemasks in the Beach this summer to further support the organization.

The Express reached out to St. Amant for comment, but did not hear back by deadline. It made a number of attempts to reach Shenanigans.

Although she lost faith in vaccines after Mark experienced brain damage, Carreiro said she would have wanted him to have been vaccinated against COVID-19.

"I prayed that Marky would have been able to get vaccinated against COVID at St. Amant. I was terrified of it," she said. "I decided to get the COVID vaccine. I never thought in a million years I'd do it, but I did. The shots need to get out there. This is a nightmare."

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> MEAL IDEAS



Craft courtesy of Jessica Lawrenz (@mongermoldandmilk)

- Real California White Cheddar Cheese
- Real California Brie Cheese
- Salumi or Salami (thinly sliced)
- Goldenberries
- Lemonquats
- Mini apples
- Mini artichokes
- Rosemary
- Bay leaves
- Wax flowers
- Tools:
- Knife
- Floral foam block
- Plastic wrap
- Vase or bouquet paper
- Flower cookie cutters (various sizes)
- U-shaped toothpicks
- Wooden skewers
- Toothpicks
- Floral tape
- Ribbon or twine

RED RIVER CO-OP FOOD STORE

## Classic Cheese Bouquet

Using knife, cut floral block into shape that fits inside vase. If using bouquet paper, use base at least 3 inches across and 4 inches high.

Wrap floral block in plastic wrap to keep from touching items in bouquet; place inside vase. If using bouquet paper, place wrapped floral block in mug to keep from falling over.

Use various cookie cutters to prepare cheeses as flowers.

To create salumi roses, lay out 4-5 slices salumi overlapping one another. Fold row in half and roll into rose bud, securing with u-shaped toothpick. Place on skewer, add herb leaves and use floral tape to secure ends of toothpick to skewer. Repeat.

Skewer cheeses, salumi roses, goldenberries, lemonquats, mini apples and mini artichokes.

To assemble, start in center with larger items. Use shorter skewers or toothpicks to secure smaller items closer to edges.

Use rosemary, bay leaves and wax flowers to fill gaps in back of bouquet.

To wrap: Once finished, gently lay block with skewers on top of paper, wrap and secure with tape and ribbon.



Craft courtesy of Jessica Lawrenz (@mongermoldandmilk)

- Real California White Cheddar
- Real California Smoked Jalapeno Cheddar
- Real California Brie Cheese
- Salumi or Salami (thinly sliced)
- Lemonquats
- Mini apples
- Fresh figs
- Green grapes
- Goldenberries
- Dried apricots
- Mini artichokes
- Rosemary
- Bay leaves
- Olive leaves
- Wax flowers
- Tools:

## California Bounty Cheese Bouquet

- Knife
- Floral foam block
- Plastic wrap
- Vase or bouquet paper
- Flower cookie cutters (various sizes)
- U-shaped toothpicks
- Wooden skewers
- Toothpicks
- Floral tape
- Ribbon or twine

Using knife, cut floral block into shape that fits inside vase. If using bouquet paper, use base at least 3 inches across and 4 inches high.

Wrap floral block in plastic wrap to keep from touching items in bouquet; place inside vase. If using bouquet paper, place wrapped floral block in mug to keep from falling over.

Use various cookie cutters to prepare cheeses as flowers.

To create salumi roses, lay out 4-5 slices salumi overlapping one another. Fold row in half and roll into rose bud, se-



Christine Ibbotson

Dear Money Lady, I am 67 and getting married again – hopefully third time's the charm. Should I consider a prenup? Jeannies

Conratulations Jeannies – and YES !!

There's a lot of talk about "grey divorce" these days, but there really should be more about "grey marriages." They seem to be on the rise over the last few years – even with COVID. Everybody deserves to be happy, but you also want to be protected, so good for you to be considering a marriage contract!

Marriage contracts are typically entered into prior to the marriage, hence the term 'pre-nuptial. However, they can also be signed or amended at any time during the marriage. I would always recommend getting a marriage contract because they are extremely beneficial for comprehensive estate planning which includes death succession, not just a possible divorce. To protect clients, I am much more interested in what is to happen in the event of a spouse's death, and of course it is necessary to ensure the marriage contract and the Will are "in sync." You see, marriage contracts can, and often do, override Wills.

Let's look at an example. You cannot

AsktheMoneyLady.ca

gift more to your surviving spouse via your Will than in the marriage contract, unless the contract states that you can do so. Typically, the Will states that the testator is a party to a marriage contract already in existence, citing the marriage contract by its date.

Today, many people have had multiple marriages, have complicated financial lives, properties, children, grandchildren and perhaps even dependents that need constant care. It is not a lack of love or future commitment to your new partner, but rather your conscious need to set out the manner in which your finances and property will be shared or divided in the event of divorce or death; based on your wishes and intentions, not on provincial statutory law. Marriage contracts are limited in their scope and to be valid and enforceable, the spouses must have made full and complete disclosure of all their assets and the values, including trust interest and all debts and liabilities. It is also prudent to obtain a certificate of independent legal advice so that the marriage contract is less vulnerable to challenge and to being set aside by the court. Of course, it goes without saying that you must have this done with your lawyer and for the benefit of all parties, really should be signed well in advance of the date of the wedding.

Good Luck & Best Wishes,

ATML - Christine Ibbotson

Written by Christine Ibbotson, Author of 4 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" [www.askthemoneylady.ca](http://www.askthemoneylady.ca) or send a question to [info@askthemoneylady.ca](mailto:info@askthemoneylady.ca)

curing with u-shaped toothpick. Place on skewer, add herb leaves and use floral tape to secure ends of toothpick to skewer. Repeat. Skewer cheeses, salumi roses, lemonquats, mini apples, fresh figs, green grapes, goldenberries, dried apricots and mini artichokes.

To assemble, start in center with larger items. Use shorter skewers or toothpicks to secure smaller items closer to edges.

Use rosemary, bay leaves, olive leaves and wax flowers to fill gaps in back of bouquet.

To wrap: Once finished, gently lay block with skewers on top of paper, wrap and secure with tape and ribbon.

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## Baker commits to Minot State Beavers

By Brian Bowman

Morgan Baker could not be more excited - and she has a very good reason.

The talented goaltender from Petersfield recently committed to attend school and play hockey for the Minot State Beavers in North Dakota.

"I'm just super excited to see what the future holds there," said Baker on Monday afternoon. "I'm excited for something new and a change. It's not that far away where I can't come home to visit and it's not far away so my parents can't come for the weekend once the border opens up."

There were many reasons why Baker chose Minot State.

"What attracted me first to Minot State was the low student population that I think I will really benefit from," she said. "I'm going to a school that doesn't have 10, 15, 20 thousand kids. Hockey-wise, Ryan Miner runs an awesome program and you could see that by the success that he's had over his last four or five years of coaching."

Minot State is fresh off a season where they compiled an impressive 16-5-1 record, which included a semi-final loss at the nationals earlier this month.

They hope to be just as good next season.

"I want to do my best to carry out that legacy and see what we could do at nationals for the next four or five years," Baker said.

Baker will be battling for a position in goal with two returning goalies from Saskatoon - Jordan Ivanco and Haylie Biever.

"I don't see it as competing for playing time," said Baker, a former Selkirk Royal and Winnipeg Ice netminder. "I see it as working together and making it the best situation that we can make to support our team as much as we can."

Many of the players on the Beavers' roster are from Canada.

"It will be nice to have some instant similarities with some of the girls on the team and be able to travel with them," Baker said.

Baker is really looking forward to playing in Minot, which greatly supports its Beavers' teams.

"When my commitment was announced yesterday, I got messages from people who attended Minot State or are attending Minot or from the community," she said. "And that's really important to me. I want to be supported and I definitely see that happening to me in Minot."



RECORD PHOTO BY ZACH PETERS



RECORD PHOTO SUBMITTED

Petersfield's Morgan Baker, a Selkirk Royal, has committed to attend school and play hockey for the Minot State Beavers.

## WHL announces no playoffs this season

From the WHL

The Western Hockey League announced last week that the 2020-21 WHL season will conclude following the completion of the 24-game regular-season schedule.

Due to current public health conditions and the ongoing challenges with COVID-19, including restrictions on travel across both provincial and international borders, the WHL is not in a position to conduct the 2021 WHL playoffs, including the WHL championship series.

"When we returned to play in February, we set out with the intention of completing a 24-game regular-season schedule, knowing adjustments would be needed along the way," said WHL Commissioner Ron Robison. "We remained hopeful that public health conditions would improve, but unfortunately that is not the reality we see in front of us today. The ongoing challenges with non-essential interprovincial and international cross-border travel leave us no alternative but to cancel the 2021 WHL playoffs."

"We commend our players, team staff, and officials for their commitment to following the protocols that have made this unprecedented season a success. The WHL looks forward to recognizing individual award winners and all four WHL Division champions at the conclusion of the 2020-21 WHL regular season, including the presentation of the RE/MAX Cup for the B.C. Division champions and the Subway Cup for the East Division champions." The 2021 WHL Awards will recognize individual award winners from

each WHL Division, as opposed to the traditional celebration of conference-based award winners. The 2021 WHL Awards will culminate with honourees in each major awards category on a league-wide basis. The 2021 WHL Awards will be celebrated digitally following the conclusion of the 2020-21 WHL regular season.

The WHL will continue to work with Government and Health Authorities regarding schedule options for the 2021-22 regular season.



# Stony Mountain hosts successful disc golf tournament

By Brian Bowman

There were plenty of discs flying around Stony Mountain's Old Quarry Park last Saturday.

Disc Golf Manitoba hosted its first sanctioned tournament of the season there and it was a huge success.

The tournament had to limit the number of competitors to 54.

"The registration for the event filled up in about 20 minutes," said West St. Paul's Daniel Edinborough. "Lots of people weren't able to play that wanted to."

There were just as many spectators from the disc golf community and the local area that came out to watch the event.

The sport is similar to traditional golf except it's played with a disc.

Instead of hitting the ball into a hole, players throw a disc into a supported metal basket with the goal of completing the course in the fewest number of shots.

Leagues in Winnipeg started this week and the popularity of the sport is going through the roof world-wide.

"In the last few years, it has really exploded," Edinborough noted. "Most courses are free so it's really family friendly and you're not breaking the

bank."

For Winkler's Eric Giesbrecht, disc golf is a great sport to play.

"Back in 2014, my parents heard there was, at that time, frisbee golf and they took me and my siblings out to play and eventually I found myself into disc golf and I kind of got into it from there on the fly and I was hooked," he said.

Giesbrecht said more courses are definitely needed in Manitoba, especially in Winnipeg. He really enjoyed the many challenges that the Stony Mountain course offered.

"It was definitely unique," he said. "I've never played on a terrain like that. Everything is stone, everything is rock, gravel, so it was just different. But the course is really fun with a lot of unique holes. It's definitely something that a lot of Manitobans have not played before. It was cool to have the unique setting."

Giesbrecht wanted to invite disc golf players to the courses in the Winkler and Morden area.

"People should come play down here in Winkler/Morden," he said. "We have two nine-basket courses here in Winkler and then Stanley Park, south of Morden, is a beautiful 18-basket



RECORD PHOTO BY JO-ANNE PROCTER

Daniel Edinborough throws a disc during last Saturday's disc golf tournament in Stony Mountain.

course that has gone through a lot of change over the last year. We made it a full 18-hole course so you can come

play. It's a great time and a beautiful park. People should come check it out down here."

## Netley Creek Golf Course new ownership excited for the season

By Brian Bowman

The Netley Creek Golf Course is under new ownership since March 1 and a lot of positive changes have been made so far.

The course had a very successful opening day last Thursday, attracting close to 100 golfers on a great day to be outside.

"The course is in remarkably good shape," said Alan Grabinski, the principal partner, last Friday. "We got a lot of compliments on the greens. We were able to get an application of fertilizer just before the last week of snow. The snow actually helped get some moisture into the ground. The course itself was very playable and we had a lot of compliments."

The clubhouse was given a facelift while the menu has been upgraded with more options. New equipment has been purchased to keep the course in great shape while golf carts have been purchased.

"The owners built a great golf course in the 30 years but there are some things that needed upgrading so we're going through it from top to bottom," Grabinski said.

Netley Creek, which is located in

Petersfield, will have a men's and ladies' league this season and Grabinski is open to having a junior program if there is enough interest.

Grabinski is really looking forward to providing a great golf experience for all of their customers.

"My business partner and I are both really excited and enthusiastic to be doing this," he said. "I would refer to myself as a host more than anything. We were there (on opening day) getting to know the people and listening to their comments and their requests for food items, liquor items. We want to do all that we can to accommodate everybody and be the hub of the community and be a place where we can draw people to and the local people can feel really good about it."

Netley Creek's ownership, meanwhile, feels really good about the staff that they have assembled.



RECORD PHOTOS SUBMITTED

The 18-hole Netley Creek Golf Course ownership pride themselves on the high quality of championship golf, striking views and outstanding service.

"I hand-picked my team and they are all wonderful, happy people," Grabinski said. "The quote I was giving people (on opening day) was that this is the new Disneyland - the happiest place on earth. We're giving it a differ-

ent vibe than in the past."

To book a tee time, visit <https://netleycreekgolf.com/golf/> or call 204-738-4653.



## Barley gets a second chance at a national hockey tournament experience

By Brian Bowman

Carter Barley experienced disappointment when the Manitoba Junior Hockey League's 2019-20 season was forced to shut down due to COVID.

Barley's Portage Terriers expected a long playoff run before they were set to host the 2020 National Junior "A" Championship.

Just one year later, he had a fantastic experience as his Minot State Beavers reached the ACHA Division I national final in St. Louis, MO last week.

"It sucked that I couldn't play for Portage and we had a really good team and could have won a national championship," said Barley, a former Selkirk Steelers' fan favourite, last Sunday from Minot. "But going to a new team and being in the finals was pretty cool. I've never really won anything so it sucks that I couldn't end off with a 'W' in the final game."

Barley has had a lot of great hockey experiences during his career but playing for a national title is something that doesn't happen too often.

"It was really cool and something new that I got to experience," Barley said. "I've never been on that big of a stage before playing against all of those different teams. During our season, we only got to see four teams.

It was definitely a cool experience playing against different teams and everyone had different skill sets. It was also very professional there - it was (organized) very well."

Minot State won three straight games at national before losing 6-1 to Adrian College in the final. The level of play was really high at nationals with each team boasting a plethora of very talented players.

"We had a wicked matchup (against teams) including Lindenwood (University) which is going Division I next year," Barley noted.

Barley feels he made the right decision to head south and play university hockey.

"Back home my brother (Connor) couldn't even play hockey so I think I'm laughing here and I got to experience hockey," Barley said. "I think it was a good move, the program does very well, and I've been treated so well here. It's been a great move for me."

Barley had a tremendous rookie season with Minot, scoring 16 goals and producing 34 points in 29 games.

He ended the season playing on a really good line with Nick Doyle and Drew Carter.

"Even though it was my first year. I came here expecting to be one of the top guys and my coach did, too, so he gave me a lot of ice and he let me play my game," Barley said. "For my first year, I thought I did really well."



RECORD PHOTO SUBMITTED

Carter Barley enjoyed a great rookie season with the Minot State Beavers, scoring 16 goals and producing 34 points in 29 games.

## Einarson wins Players' Championship in the bubble

Staff

Kerri Einarson's Gimli rink defeated Ottawa's Rachel Homan 5-2 in the final of the Players' Championship last Sunday in Calgary.

Einarson opened with a pair and

was in full control as she led by three in the eighth end. Homan was unable to get any offence going and Einarson made a takeout to run Homan out of rocks for the victory.

Einarson now has a remarkable 32-6

record in four events inside the bubble. The team lost the women's semi-final in the Champions Cup, a Slam event, earlier this month.

Einarson, third Val Sweeting, second

Shannon Birchard and lead Briane Meilleur earned \$40,000 for the win.

Team Einarson will participate in the world championship in Calgary, starting this Friday.

## Manitoba Soccer Association kicks out fans

Staff

The good news is that there will be a soccer season this summer.

The bad news is that no fans will get to see it.

The Manitoba Soccer Association made a curious decision last week, banning all spectators from the sidelines at any youth or senior practice, exhibition, or league game.

For mini soccer players (ages three to eight) a parent will be allowed to attend but must participate on the field with the player.

Leagues can start exhibition games immediately, with the outdoor competitive season beginning this Saturday.

Current public health orders have a 10-person outdoor gathering maximum but the province says if people

are playing a game, more than 10 people may be involved, including players, coaches, and others who may be helping with the game from the sidelines.

The Manitoba Soccer Association said it reviews their Return to Play protocols as new Public Health Orders are released from the provincial health authorities. The current restrictions are in effect until May 12, 2021, at which time the new restrictions will once again be reviewed with their Return to Play. "It is our hope that the pandemic situation improves and that the health orders increase the number of persons allowed at gatherings so that we may consider the return of spectators to games," read a statement.



RECORD PHOTO SUBMITTED

Kerri Einarson defeated Rachel Homan 5-2 in the final of the Princess Auto Players' Championship last Sunday in Calgary.



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The Selkirk Record

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## GARAGE SALES

Moving/Garage Sale - 1.5 miles north of Clandeboye on #9 Hwy (#8629). Signs posted. Friday, Apr 30, 2-8 p.m.; Saturday & Sunday, May 1 & 2, 9 a.m. - 5 p.m. Furniture, tools, & lots of assorted misc. items. Rain or shine. COVID protocols apply.

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## HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews 204-338-4292.

Homecare help needed, \$16/hr to start, no experience needed, cooking skills a must. Every second weekend. Call 204-406-5667.

Part time or full time seasonal help req'd for Warren Tire. Good drivers abstract & ability to operate mobile service truck or to do general tire tech tasks. For information phone 204-322-5347 or email [wire@mymts.net](mailto:wire@mymts.net)



## PUBLIC NOTICE

### REGARDING THE 2021 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the RM of West St. Paul intends to present its financial plan for the fiscal year 2021 at a public hearing, hosted virtually and available live through YouTube, on **Thursday, May 6, 2021 at 5:30pm.**

Interested parties are requested to pre-register for the public hearing by contacting the municipal office at 204-338-0306 or [info@weststpaul.com](mailto:info@weststpaul.com) by 2:00pm the day of the meeting to register to speak, or to register as for, against, or for information. Questions or comments can be emailed to [admin@weststpaul.com](mailto:admin@weststpaul.com) during the meeting.

Persons wishing to view the municipality's financial plan may view the documents on our website at [www.weststpaul.com](http://www.weststpaul.com) or by contacting our office at 204-338-0306 to make viewing arrangements.

Dated this 29th day of April, 2021.

Carol Rempel, CPA, CGA  
Acting Director of Finance  
RM of West St. Paul

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## TENDER 2021-03

### Supply of Front Mount Rough Mowers and Pull Behind Mower

The Rural Municipality of West St. Paul is seeking proposals from qualified bidders for the supply of two (2) front mount rough mowers and one (1) pull behind mower.

Specifications and Tender packages including submission documents are available online at [www.weststpaul.com](http://www.weststpaul.com).

Sealed submissions clearly marked **Tender 2021-03 - Purchase of Front Mount Rough Mowers and Pull Behind Mower** will be received by the undersigned at the address below until 12:00 noon on Thursday, May 13, 2021. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by email [rfriesen@weststpaul.com](mailto:rfriesen@weststpaul.com) or by phone at 204-334-0092.

Mr. Brent Olynik, CAO  
Rural Municipality of West St. Paul  
3550 Main Street, West St. Paul, MB R4A 5A3

## EMPLOYMENT OPPORTUNITY



We are currently accepting applications for the summer term position (May-Aug) of:

### OFFICE RECEPTIONIST at our Selkirk location.

The successful candidate will be an energetic, dependable individual with a positive attitude and strong communication/organizational skills.

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Closing date: April 30, 2021.

Please email resume to [aisfeld@interlake.mb.ca](mailto:aisfeld@interlake.mb.ca)



### IMMEDIATE POSITION FOR GENERAL PRODUCTION WORKER Perfect Pierogies Ltd

Heavy Lifting up to 50lbs  
Must be able to Multi-task

Phone: 204-268-2203

Email: [perfectpierogies@mts.net](mailto:perfectpierogies@mts.net)

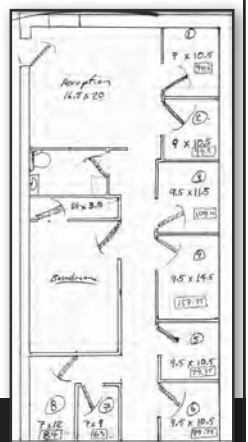
Be part of a Local Growing Company

## CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



### Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:

**BIG Real Estate**  
204-485-0010

email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)



# Classifieds

*Selkirk Record*

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**Do you have a unique service you would like to advertise?**  
**Get the word out with an ad in the Record!**



## NOTICE OF ANNUAL GENERAL MEETING

The Selkirk Community Renewal Corporation (SCRC) will be holding its Annual General Meeting on **Wednesday, May 5, 2021 at 7:00 p.m.** online via Zoom (must be a member to attend). Please RSVP to [scrc@selkirkcra.ca](mailto:scrc@selkirkcra.ca) to obtain the Meeting link as well as membership forms if needed.

### HELP WANTED

Seasonal Help Wanted - Searle Greenhouses Ltd. located at 345 Old Henderson Hwy in East Selkirk is accepting applications for seasonal greenhouse worker positions starting October 2021. No experience required; training is provided. Starting wage \$11.90 per hour. Apply by email to: [iwanttowork@searlegreenhouses.com](mailto:iwanttowork@searlegreenhouses.com) or fax: 204-482-8968 Attn: Kris.

**News Tips? Story Ideas? call the Record 204-785-1618**

### HELP WANTED

Established cleaning company seeking 2 part time employees, with potential for full time. Must have valid drivers license with reliable transportation and a clear current criminal record check. \$15 per hour to start. Please submit resume to [cleaningbyt@gmail.com](mailto:cleaningbyt@gmail.com)

The Window Factory located at 605 Mercy St, Selkirk is now hiring installer assistant and manufacturer assembly personal. Please apply in person to the office Monday - Friday. Valid driver's licence required for installer assistant.

**SHOP LOCAL**

### HELP WANTED

The Flower Child located in Selkirk is hiring a full time seasonal labourer. Duties include loading/unloading trucks, construction/building. Must have valid drivers licence and able to lift 50 lbs. Email resume to: [theflowerchild2016@gmail.com](mailto:theflowerchild2016@gmail.com)

### SERVICES

TLC Better Family Care Solutions offering Companionship/Conversation, Meal preparation, Housekeeping/Laundry, Errands/Groceries, Respite Family Support, Activities/Games/Music. Emotional support helping cope with aging, sickness or surgery. Please call for a full list of care services. Kate 204-485-7913.

### GARDENING

Garden plots available at Crossroads Alliance Church. Please call 204-785-8268.

### WATER TREATMENT

Waterite dealer. Water softeners 30,000 grain \$598. All sizes. Five stage reverse osmosis systems \$246. Filter 10" sediment \$3.40 and 10" carbon \$6.40. Greensand iron/odour/manganese removal filters \$780. All Seasons Furnishings 204-661-8581.

### MISCELLANEOUS

Shed for removal. 9x10 ft, stuccoed, old summer kitchen with woodstove. Please call 204-482-8122.

### MISCELLANEOUS

Make the most of spring and advertise now! Plan for success and "Go for it!" Advertise your message in the 37 MB weekly newspapers and get noticed! Each week our blanket classifieds could be helping your organization get noticed in over 352,000+ homes! Get your message out in our 37

CONT. ON NEXT COL.

weekly member community newspapers! For as little as \$189 + GST, get your important messaging out! To learn more, Call us at 204-467-5836 or email [classified@mcna.com](mailto:classified@mcna.com) for details. MCNA - Manitoba Community Newspapers Association 204-947-1691. [www.mcna.com](http://www.mcna.com)

### NOTICES

Urgent Press Releases - have a newsworthy item to announce? A cancellation? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab or Email [classified@mcna.com](mailto:classified@mcna.com) for more details.

### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

### LIVESTOCK

Rainbow Trout Fingerlings for private pond stocking. Available now. For more information call 204-322-5558 or email: [info@watersongfarms.com](mailto:info@watersongfarms.com)

**CITY OF Selkirk**

## PUBLIC NOTICE

### REGARDING RESIDENTIAL SPRING CLEAN UP MAY 10th to 14th

The City of Selkirk Operations Department along with Waste Connections Inc. will pick up non-hazardous waste providing it is placed at curbside, by 8:00 a.m., on the day of your regular garbage pick-up.

**Garbage cannot be put out prior to the weekend before collection.**

Place all Spring Clean Up refuse at curbside on your regular garbage day.

Please keep tree branches, regular bagged garbage, mattresses and larger items separate from each other. Trees and branches must be bundled into 3 foot lengths weighing less than 50 lbs. Tree trunks must face street.

Freon must be removed from fridges. These appliances must be tagged as such or they will not be picked up.

- **LIMIT OF 4 TIRES PER HOUSEHOLD**
- **NO DEMOLITION WASTE - NO CONSTRUCTION WASTE**
- **NO ELECTRONIC WASTE**  
Electronic Waste (e-waste/microwaves) can be taken to the Waste Transfer Station
- **NO HAZARDOUS WASTE**  
(includes paint, used oil, antifreeze, etc.)  
Drop off used oil and antifreeze at the Eco-Centre located at the Waste Transfer Station  
Any other hazardous waste, including used paint can be taken to the Waste Transfer Station
- **MATTRESSES**  
Will be picked up separately by Mother Earth Recycling. All mattresses, regardless of your regular garbage day, **must be put out by Wednesday, May 12th.**
- **NO EXCEPTIONS**

Please Note: Any refuse or tree branches placed at curbside after your collection day will be picked up by the City of Selkirk and the homeowner will be charged for the pick-up.

Thank you for your anticipated cooperation.  
For additional information please call **CitizenSupport** at 204-785-4900 or email at [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com)



## R.M. OF ST. ANDREWS PUBLIC WORKS DEPARTMENT

**Job Title:** Seasonal Labourer, Public Works – 3 Positions

**Reporting To:** Public Works Superintendent

**Salary:** As per collective agreement between the R.M. and IUOE Local 987, six (6) month/ 120 working day probation period. Wage dependent upon qualifications \$22.37-\$26.20/hr (2020 rates). Employee Benefits offered following probationary period, as per collective agreement.

**Hours:** Position runs approx. May to November, Monday – Friday, 7:00 am – 4:30 pm with possibility for overtime and weekend hours.

**Location:** 500 Railway Avenue, Clandeboye MB – Public Works Building  
Under the direction of the Public Works Superintendent, the incumbent will be required to assist the Public Works Department and perform general municipal related tasks.

### Minimum Qualifications:

- Completion of Grade Twelve (12) education, or equivalent
- Valid Class 5, Manitoba Driver's Licence
- Must have strong trouble shooting skills for equipment and vehicles
- Ability to work outdoors in diverse weather conditions
- Ability to communicate proficiently, both orally and in writing
- Ability to work independently and in a team environment

### Preferred Qualifications:

- Mechanical Experience
- Valid Class one (1), Manitoba Driver's Licence
- Welding Experience
- Ability to operate heavy equipment, grader, excavator, loader, tractor/trailer or other related equipment

### Submission of Interest & Closing Deadline:

Please submit a letter of interest with qualifications, along with a current resume and three references to the undersigned no later than **12:00 pm on Friday, May 7, 2021.**

\* Resumes can be submitted in person, emailed, faxed or mailed to the Municipal Office.  
Please advise, only candidates selected for an interview will be contacted.

**Rick Palmer.**

**Public Works Superintendent | R.M. of St. Andrews**

Box 130, 500 Railway Avenue, Clandeboye, MB R0C 0P0

Phone: (204) 738-2076 | 1-866-738-2264 (toll free) Fax: (204) 738-2937

Email: [rick@rmofstandrews.com](mailto:rick@rmofstandrews.com)



# Classifieds

*Selkirk Record*

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## NOTICE TO CREDITORS

In the matter of the Estate of Shannon Tricia Jacobsen (formerly known as Shannon Tricia Scott), late of Gimli, Manitoba, Deceased.

All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Amanda Semenchuk, Estates Officer, at 155 Carlton St Suite 500, Winnipeg MB, R3C 5R9 on or before the 10th day of June, 2021.

Dated at Winnipeg, Manitoba, this 7th day of April, 2021  
NICOLE HAMILTON  
The Public Guardian and Trustee of Manitoba  
Executor

## NOTICE TO CREDITORS

IN THE MATTER of the ESTATE of ZENON JOHN DOLYNCHUK, late of the Postal District of Selkirk, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at: 374A Main Street, Selkirk, Manitoba R1A 1T8 within 30 days of the date of this publication.

DATED at the City of Selkirk, in Manitoba, this 21st day of April, 2021.

Hnatiuk Law  
Attention:  
\*\*Andrew Hnatiuk  
Solicitor for the  
Executrix

## NOTICE TO CREDITORS

IN THE MATTER of the ESTATE of Verna Margaret McClintock, late of the City of Selkirk, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at: 374A Main Street, Selkirk, Manitoba R1A 1T8 within 30 days of the date of this publication.

DATED at the City of Selkirk, in Manitoba this 21st day of April, 2021.

Hnatiuk Law  
Attention:  
\*\*Andrew Hnatiuk  
Solicitor for the  
Executrix

## NOTICE TO CREDITORS

IN THE MATTER of the ESTATE of Robert James McClintock, late of the City of Selkirk, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at: 374A Main Street, Selkirk, Manitoba R1A 1T8 within 30 days of the date of this publication.

DATED at the City of Selkirk, in Manitoba this 21st day of April, 2021.

Hnatiuk Law  
Attention:  
\*\*Andrew Hnatiuk  
Solicitor for the  
Executrix

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- Generation Grain Trailers

#### KALDECK TRUCK & TRAILER INC.

Hwy #1, MacGregor, MB  
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[www.kaldecktrailers.com](http://www.kaldecktrailers.com)

### The Aurora 1648 SqFt RTM

3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. James Hardie Siding Huron Tripane Windows.

Pictures available

[www.wgiesbrechthomes.ca](http://www.wgiesbrechthomes.ca)

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Home  
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@ [iCollector.com](http://iCollector.com)

### Consignment Auction

Featuring 1991 Lull M-10K Telehandler - Showing 2639 Hrs & A Large Amount of Building Supply, Lumber & Windows, Sheet Metal & Tools!  
Closes Wed May 5 @ 7:00 pm

### Estate & Moving

Closes Wed May 12 @ 7:00 pm  
Consignments Welcome!

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(204) 886-7027

[www.mcsherryauction.com](http://www.mcsherryauction.com)

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[www.mcna.com](http://www.mcna.com)

## R. M. OF ST. CLEMENTS ZONING BY-LAW 5-2002 ZONING BY-LAW AMENDMENT 2-2021 PUBLIC HEARING

We are  
Listening.

Public  
Hearing  
Tuesday,  
May 25, 2021  
6:00 PM  
ONLINE  
ONLY

Phone:  
(204) 482-3717  
1-800-876-5831

Fax:  
(204) 482-3799

E-Mail:  
[info@rrpd.ca](mailto:info@rrpd.ca)

Website:  
[www.redriverplanning.com](http://www.redriverplanning.com)



As per *The Planning Act*, any person can make representation on the matter at the meeting.

### What is BL-2-2021 about?

To rezone the subject properties from "RR" Rural Residential zone to "RS" Serviced Residential zone in order to accommodate a future multi-lot subdivision.



4568, 4570 & 4600 Henderson Hwy.  
(Roll No (s) 31400, 31410, 31420, 31900, & 31950)

Attendance at the Council meeting will be restricted to virtual only due to Covid-19. Planning meetings will be available live through YouTube via link provided at [www.rmofstclements.com](http://www.rmofstclements.com). We ask that you contact the municipal office at [info@rmofstclements.com](mailto:info@rmofstclements.com) by 2:00 p.m. the day of the meeting to register to speak via zoom or to provide written submission; or to register as for, against, or for information.

For more information please contact the Red River Planning District.  
Red River Planning District Mon-Fri\*  
806A Manitoba Ave. Selkirk, MB. 8:30-4:15 pm

\*excludes all statutory holidays

\*NOTE: Property owners are responsible for notifying "Tenants"

## CITY OF SELKIRK ZONING BY-LAW 4968 ZONING BY-LAW AMENDMENT 5347 PUBLIC HEARING

We are  
Listening.

Public  
Hearing  
Tuesday,  
May 25, 2021  
6:30 PM  
ONLINE  
ONLY

Phone:  
(204) 482-3717  
1-800-876-5831

Fax:  
(204) 482-3799

E-Mail:  
[info@rrpd.ca](mailto:info@rrpd.ca)

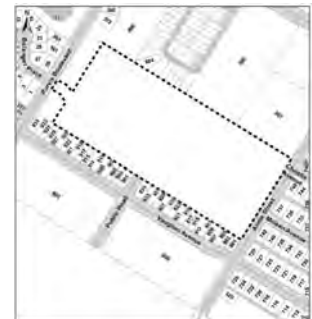
Website:  
[redriverplanning.com](http://redriverplanning.com)



As per *The Planning Act*, any person can make representation on the matter at the meeting.

### What is Zoning By-law Amendment 5347 about?

To rezone portions of the subject property from "R" Residential - General and "R3" Residential - Multiple-Family Dwelling to "RS" Residential Small Lot and "R3" Residential - Multiple Family Dwelling to facilitate a future residential development proposing to create 109 lots.



Annie St. (Between Purvis Blvd. & Annie St.)

Adhering to current public health orders due to COVID-19, this Public Hearing will be held virtually. Any person who wishes to make a presentation, ask questions, witness or register an objection to Council during the Public Hearing must register online at: [www.MySelkirk.ca/publichearingmay25](http://www.MySelkirk.ca/publichearingmay25) prior to 4:00 pm on May 21st, 2021.

All supporting documents must be submitted electronically during the registration process or to [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com).

Those without access to online services are asked to call CitizenSupport at 204-785-4900 where arrangements can be made on a case-by-case basis. Written statements can be submitted in advance of the hearing and sent by email to [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com), or by mail to: 200 Eaton Ave., Selkirk, MB R1A

For more information please contact the Red River Planning District.

Red River Planning District Mon-Fri\*  
806A Manitoba Ave. Selkirk, MB. 8:30-4:15

\*excludes all statutory holidays

\*NOTE: Property owners are responsible for notifying "Tenants"



# Announcements *The Selkirk Record*

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## ANNOUNCEMENT

### BIRTHDAY



Aaaaaay! Dad is 90 on May 2nd  
**Edward Obirek**  
 Happy birthday to our dear  
 Husband, Father, Brother and Friend.  
 God's Blessing from Heaven's Angels - sons  
 Kelly, Darrell, Timothy and pet cat Layla.  
 We love you dearly.  
 -Wife Dori, son Sheldon,  
 family and friends

## ANNOUNCEMENT

### BIRTHDAY



**Myrna Stamm**  
 85 Years Loved  
 Happy 85th Birthday  
 on April 19th  
 to our beautiful  
 Mother, Nannie and Great Nannie  
 You are an inspiration to us all,  
 we love you so very much.  
 Have the most amazing birthday!  
 -Love your family xoxo

## ANNOUNCEMENT

### IN MEMORIAM

**Keith Keller**  
 February 20, 1966 - April 24, 2018  
 May the winds of love blow softly,  
 And whisper so you can hear;  
 We will always love and miss you,  
 And wish that you were here.  
 For all that life has given us,  
 And all that is left to do;  
 We'll know no other great treasure,  
 Than the days we shared with you.  
 -Love Mom, Dwayne, Rhonda,  
 Cameron and Brittany, Roger, Tanis, Chris,  
 Taylor and Carley

## ANNOUNCEMENT

### IN MEMORIAM

In Memory of my only son  
**Garth Randell Gislason**  
 who passed away on April 29, 2019  
 Always remembered,  
 Never forgotten.  
 -With loving memories,  
 your Dad John

## ANNOUNCEMENT

### IN MEMORIAM



**Audrey Johnson**  
 March 10, 1919 - April 24, 2020  
 One year ago, our mother Audrey Johnson, at  
 the age of 101 years, left us to be with Karl, her  
 "Old Darling" of 69 years. Mom loved her farm  
 in Ferndale, the Sanford Legion Ladies Auxilia-  
 ry and especially her family more than anything.  
 Mom lived on her farm until age 92, then with  
 family for one year, until moving into Woodland  
 Courts in Selkirk for three happy years. After  
 suffering a fall and needing more care, she got  
 her placement at the Tudor House PCH. Mom,  
 you were the kindest, most positive person we  
 ever knew. Your glass was always overflowing  
 and the staff at Tudor House often said, "If we  
 are ever having a bad day... go visit Audrey".  
 Mom, we miss your cooking, your baking and  
 your delicious homemade bread and buns.  
 Your flower gardens miss you, your wonder-  
 ful La Salle River misses you and your family  
 loves and misses you every day. We know that  
 you and Dad are together dancing up a storm.  
 MOM  
 "Yours was the first laugh that answered  
 my laugh. Yours were the first eyes that ever  
 met mine, the first hug and a love that lasts  
 forever."

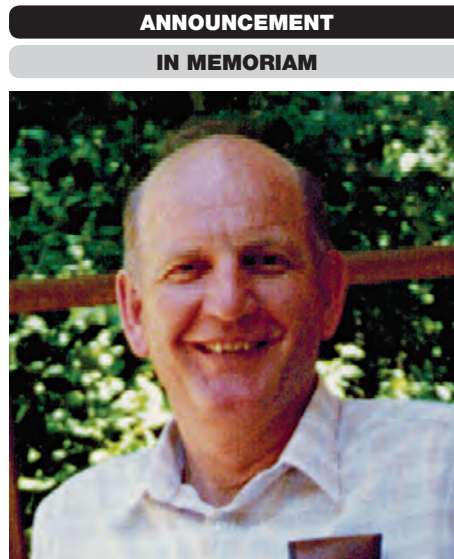
**Selkirk Record** *Don't forget to send your special wishes to friends and family.*  
 Call 204-785-1618

## ANNOUNCEMENT

### CARD OF THANKS

**MOORE** - The family of Robert (Bob) Moore would like to thank you for the love, prayers and support during his short illness and recent passing. To family and friends our heartfelt thanks for the phone calls, shared memories and lovely tributes, flowers, cards, food and donations made in his memory. Special thanks to Jody and staff of the Medical ward at Selkirk Regional Health Centre for their care, support and compassion. Also thanks to Archdeacon Mawejje for his caring and support. Thanks to Gilbert Funeral Home for their assistance and care.

-Lesley and family



**John Mytz**  
 March 26, 1932 - April 30, 2020  
 It has been one year since God called you home and our hearts were broken. Our belief that your new life is one of joy and peace is a source of comfort.  
 In your memory with love and grateful hearts, an endowment fund has been established in your name with the Selkirk & District Community Foundation. Because of your keen interest in life long learning and had a library membership from an early age, finds generated from the endowment are designated for the needs of our community library in the years to come. God graced us with your life.  
 -Loving you and remembering you always,  
 your wife and family

## HOUSE FOR SALE \$470,000



**481 Palm Ave, Arborg**

For more information and appointment call 204-641-5666  
 Half acre corner lot that has that wow factor!  
 Google search '481 Palm Ave, Arborg' for more pictures

**EXPRESS YOUR THANKS**  
*with a message in the Record*

**Nordal's Napa Autopro Mechanical**  
 317 First Avenue,  
 Arborg, MB  
 Respond by email to: [nordals@mymts.net](mailto:nordals@mymts.net)

**Automotive Mechanic**  
 (prefer Journeyman, but not required)  
 \$25-\$34/hr depending on experience plus bonus  
 Hrs Mon-Fri, 8-5  
 Benefits (Health, Dental, Life) Available

**Qualifications:**

- Min of 5 years' auto repairing experience pref.
- Comfortable with completing all types of repairs and maintenance
- Must have own tools
- Familiar with Scanning, alignment & A/C Equipment beneficial
- Valid Driver's License • Punctual, reliable, energetic

**Evan Kreutzer.ca**  
 Real Estate Services Inc.  
 325 Manitoba Ave. Selkirk 204.482.7355

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<b>78 Catherine Bay</b> 3 bdrm <b>\$239,000</b>	<b>Hwy 317</b> 78 acres <b>SOLD!</b>	<b>Grand Beach Pk</b> Leased lot <b>SOLD!</b>
<b>Libau</b> Homesite <b>SOLD!</b>	<b>Rd 86</b> 40 acres <b>SOLD!</b>	

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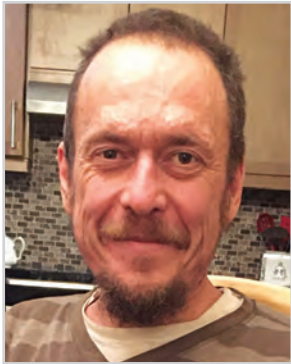


# Announcements

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*Selkirk Record*

## OBITUARY



**Ronald John Banash**  
August 1, 1968 – April 19, 2021

It is with great sorrow that we announce the sudden passing of Ronald John Banash at the age of 52 years.

Ron was born in Selkirk, Manitoba. He attended school in the Lord Selkirk School Division and then lived in Winnipeg for several years before moving to BC where he worked in the construction industry, taking great pride in his work. He moved back to Selkirk in 2009 and continued in construction until his health would no longer allow him to do the work he loved. Ron was a kind and sensitive person, always ready with help or advice. He loved fishing and boating, especially when he lived in BC.

He leaves to cherish his memory, his mother Irene Banash; brother Grant, sister-in-law Rachel, and nieces Zoey and Molly in Aztec, New Mexico. Others who mourn his loss are aunt Carrie Novalsky in Toronto, aunt Sophie Ruptash, aunt Olga Hnatiuk, and many other relatives and friends. Ron was predeceased by his father John, grandparents, and several aunts, uncles and cousins.

Cremation has taken place. A private family service is planned when COVID-19 restrictions allow.

In lieu of flowers, donations may be made to a charity of your choice.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Colleen Yvonne Swiderski**

It is with great sadness, we announce the passing of our beloved wife, mother, grandmother, sister, aunt and friend, Colleen Yvonne Swiderski at the age of 57 years on Tuesday, April 20th, 2021.

She leaves to mourn her beloved husband of 25 years Richard Swiderski; daughter Natasha (Cliff); son Nathan and her beloved grandchildren, Parvati, Paxton, Sydneigh and Kevin. She will also be very sadly missed by her sisters, Theresa (Ron), Nadine (Gary), Geraldine (Victor), and her brother Robin; her sister-in-law Leona Vopni; brothers-in-law Darryl Wilhelm and Norman Chaput; her in-laws Jarvis (Darlene), Janet (Grant), Bev (Brian), Gladys (Larry), Gordie (Maria), Rob (Carol) and many nieces, nephews, great nieces, great nephews and friends.

She was predeceased by her parents Florence and Duncan Vopni, sister Sandra Chaput, sister April Wilhelm, brother Lorne Vopni, brothers-in-law Clarence Swiderski and Dennis Swiderski.

Colleen worked many years as a health care aid. Even after her health prevented her from working, she never left that caring nature behind. She always thought of others before herself. One of Colleen's greatest joys was spending time with her family, especially her grandchildren. She was larger than life and always made friends wherever she went. Colleen built great memories traveling to Mexico with her husband and camping with her family. She had countless enjoyable years with her friends and family at Netley Creek.

According to her wishes, cremation has taken place and a private family service will be held.

The family would like to give a special thanks to Cancer Care Manitoba, Seven Oaks Hospital staff and Darwin and staff at Super Thrifty Pharmacy, for going above and beyond for Colleen.

In lieu of flowers, donations may be made to CancerCare Manitoba Foundation, 1160-675 McDermot Ave Winnipeg, MB R3E 0V9.

Ti Amo, Mom

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Margaret Kathleen Johnstone**

Peacefully, on Monday, April 26, 2021 at Red River Place, Selkirk, MB, Margaret Johnstone, aged 87 years passed away.

In keeping with her wishes, cremation has taken place and she will be interred with her parents at the St. Clement's Cemetery.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Kenneth Michael Sedik**

On Monday, April 19, 2021 at the Selkirk Regional Health Centre, Kenneth Michael Sedik, aged 78 years of Selkirk, Mb passed away.

He will be laid to rest with his parents in the Selkirk Lutheran Cemetery.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Allan (Al) Norman Bartlett**  
October 5, 1938 – April 23, 2021

Peacefully on April 23, 2021, at Riverview Health Centre, Al passed away at the age of 82 years. Cremation has taken place and a private family service will be held at a later date.

Condolences may be left on Al's memorial page at: [www.interlakecremation.ca](http://www.interlakecremation.ca)

Arrangements entrusted to:



## OBITUARY

**Kenneth Joseph Seepish**

After a lengthy illness, we are saddened to announce the passing of Kenneth Joseph Seepish, beloved husband, brother, uncle and Gido on April 21, 2021 at the age of 72.

Ken was born in Winnipeg and attended St. Alphonsus and Miles Mac Collegiate. For 35 years Ken worked for the City of Winnipeg in arenas and swimming pools. He truly enjoyed his job and being with the public. He simply loved being with people, telling jokes and drinking coffee.

In his retirement years moving to Sandy Hook gave him an opportunity to enjoy birds, biking, walking and cross-country skiing. His love of beer, coffee, the Stones and telling jokes was well known. Ken loved hockey, golf and especially tennis. He always looked forward to his two brothers visits and calls from Cousin Bill, talking about the good old days.

Left to cherish his memory is his beloved wife and best friend, Dana, also her two sons Chris (Alana) and Jeff (Kareen), two very special grandchildren, Haley and Owen. He was so honored to be called Gido. His brothers and sisters Wayne, Frank, Tom, Theresa, Diane, Linda, Marie and many nieces and nephews, all of whom will miss him greatly. He is predeceased by his mother, father and nephew.

I would like to express my heartfelt gratitude to Dr. Homik and Debbie, and to Palliative Care for all of their support and kindness.

Due to COVID 19 restrictions, cremation has taken place and a private service will be held at a later date.

In lieu of flowers donations may be sent to Canadian Pulmonary Fibrosis Foundation, [cpff.ca/](http://cpff.ca/) donations.

Condolences may be left on Ken's Memorial Page at [www.interlakecremation.ca](http://www.interlakecremation.ca)

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## OBITUARY

**Gordon Robert Edwards**

Gord passed away on Saturday, April 10, 2021 in the arms of his wife Gail and constant companion Wiggly.

Gord was born January 25, 1952 in Grand Marais. He lived a colourful life travelling and working in many places. He will always be remembered for his huge smile, laughter, music and jokes.

Surviving are his wife Gail; brother Joe and sister Josie along with many nieces, nephews, cousins and much extended family. Also very close friends whom he loved. If Gord described his life, with a smile he would say, "Pretty Not Too Bad".

A Celebration of Life will be held at a later date.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Steve Kotowich**

October 8, 1923 - April 18, 2021

It is with great sadness that the family of Steve Kotowich announces his peaceful passing on Sunday, April 18, 2021 at the age of 97 years.

Predeceased by his loving wife Helen, of 67 years. Steve will be lovingly remembered by his daughter Cathie, son Steven and daughter-in-law Darlene; his grandchildren, Alicia (Ian), Kevin (Brandy), Kyle (Leah) and great-grandchildren, Oakley, Arthur, Eric, Johnathan, Lucy, Lillian.

The family would like to thank the staff at the Selkirk Hospital for their compassion and care of our Dad.

A private family graveside service will be held at Corpus Christi Roman Catholic Church at a later date.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

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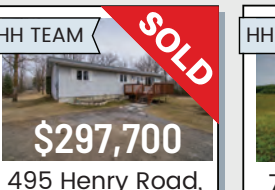
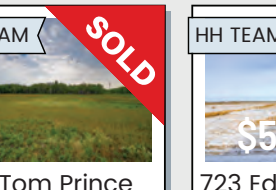
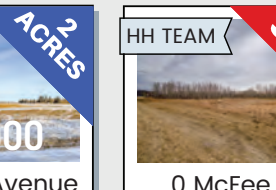
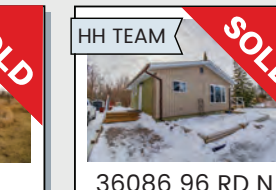

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<p>HH TEAM <b>6-10 ACRES</b></p>  <p><b>\$469,800</b></p> <p>90 Pierson Drive, Tyndall</p>	<p>HH TEAM</p>  <p><b>\$170,000</b></p> <p>325 Taylor Ave, Selkirk</p>	<p>HH TEAM <b>SOLD</b></p>  <p><b>\$365,500</b></p> <p>869 Petersfield Rd, Petersfield</p>	<p>ASHLEY <b>SOLD</b></p>  <p><b>\$234,900</b></p> <p>975 Strathcona Rd, East Selkirk</p>
<p>HH TEAM <b>SOLD</b></p>  <p><b>\$297,700</b></p> <p>495 Henry Road, Petersfield</p>	<p>HH TEAM <b>SOLD</b></p>  <p><b>\$54,900</b></p> <p>79 Tom Prince, Petersfield</p>	<p>HH TEAM <b>2 ACRES</b></p>  <p><b>\$54,900</b></p> <p>723 Edith Avenue, Petersfield</p>	<p>HH TEAM <b>SOLD</b></p>  <p><b>\$54,900</b></p> <p>0 McFee Pl, St. Clements</p>
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C-201 Melrose Avenue E, Winnipeg HH TEAM	\$99,900
LAND	
10 Sunset Boulevard, Gimli HHTeam	\$89,900
723 Edith Avenue, Petersfield HH TEAM	\$54,900
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61, 67, 73 Tom Prince Drive, Petersfield HH TEAM	\$54,900
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