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VOLUME 11 EDITION 18

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RECORD PHOTO BY BRETT MITCHELL

The seniors at Betel Personal Care Home spent some time last week colouring the Selkirk Record's "Thank you to our frontline heros" poster published in the April 23 edition. Pictured above: Loraine Teplyski with her coloured poster.

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Judo goes online

Selkirk Judo continues classes digitally

By Katelyn Boulanger

Students of Selkirk Judo Club are continuing their athletics with online classes to keep them both active and busy while physical Judo classes have been put on hold.

"It's obviously difficult. It's a sport that generally requires partners and it's impossible to replicate a full judo class unless you can get on a mat but there are lots of things that you can do and when you have these types of situations, it's no different than if someone has an injury and you have to work with that athlete to engage in the things that they can engage on," said Brian Jones coach with the Selkirk Judo Club.

The classes are being delivered through Zoom a video calling application that allows multiple people to participate in a virtual meeting.

"We have two regular classes. We have a junior class, which is up to age 12, and we have a senior class, which is age 13 and up. We have spilt it that way and we've had one session so far for each of them," said Jones.

The first session for both classes didn't require students to actively participate as it was meant as a catch-up session as the students hadn't been able to see each other for some time.

"We are, I think, going to try [a more active class] in the future or at least a mix of those things. Some learning opportunities and a chance of being with everybody and teaching them about various judo related topics but also with a mix of online related fitness work," said Jones.

The idea to take the class online was driven by a want to keep everyone's fitness abilities up while they are stuck at home.

"I think we're seeing a lot of [clubs going to online classes] not just in Judo round the world. I've seen examples of this, people trying to connect this way, that's probably largely where the idea came from," said Jones.

He believes that keeping up with fitness is important while we all stay at home more.

"Staying inside all the time there's a tendency to not get the exercise that people need. If you make a conscious effort there are lots of things that you can do. You can go outside and go for a walk or go for a run. There are lots of things that you can do but sometimes it's nice to have an opportunity to be with other people to motivate yourself in order to exercise properly and keep up with it and even though it's much better to be doing that in person in a class, the best we can do now is virtu-



RECORD PHOTOS SUBMITTED

Ottawa Hogan (left) and Kaya Leveille (right) participating in a judo competition in January. Both are athletes taking part in online judo classes hosted by the Selkirk Judo Club.

ally," said Jones.

Jones believes that these classes also give students a chance to stay connected.

"The kids will have their families and so on but they obviously will not be seeing their friends in person. Having a chance to talk to each other besides any judo learning that you do, just having an opportunity to talk to their friends. Some of these people may talk outside of the judo environ-

ment but some people that's where they get together and we want to make sure that they have a chance to do that," said Jones.

His favourite part of the virtual classes is the ability to connect with his students.

Selkirk Judo Club is not accepting new students at this time, however, more information about the club can be found at selkirkjudoclub.com



A screen capture of one of the sessions of online Judo classes hosted by the Selkirk Judo Club.

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Gaynor Family Library re-opening in stages

By Katelyn Boulanger

In response to the Province of Manitoba's announcement that libraries would be allowed to open as of May 4, the board of the Gaynor Family Library met and created a three-step plan which follows social distancing protocols and keeps patron's safety in mind.

"I'm really proud of how Selkirk has adapted to Covid-19 and I'm proud of how the library has continued to function through the pandemic and that we are definitely following and are concerned with keeping the community safe. We are following all the rules and provincial guidelines and then some as we are opening our services" said Director of Library Services, Ken Kuryliw

Kuryliw said that he was excited to learn of the province's April 29 announcement which allowed libraries, museums, galleries, retail businesses, restaurant's patio and walk-up services, seasonal day camps, outdoor recreation and campgrounds, and hair salons, to open as well as allowing non-urgent surgery and diagnostic procedures, and therapeutic and medical services to take place.

"It was positive in that we're reopening and I'm excited about that but of course with Covid-19 we're not going to move immediately to full regular library services because we can't make it safe for the public or our staff," said Kuryliw.

The board did, however, move to re-open certain services that can be implemented safely.

"We'll be starting as of May 5 with curbside service. Patrons will be able to use their library app or phone the library to reserve books and we will collect the books and call them to say 'Hey, your books are ready,' arrange a time, and drop them directly into the trunk of the car or the box of the truck. There's no contact but they will be able to get books and DVDs and magazines like before," said Kuryliw.

The next step of the plan sees residents able to return to the library building in order to use services but with restrictions in place.

"Phase two will allow people to come in for necessary computer access because there are still residents in our area that don't have computer access and especially accessing government programs and applying for

jobs you need internet. Once we get the necessary PPE for the staff and all of the provincial requirements are in place then we will let people in to use computers with safe distancing. We'll only have half of our computers on so that we can ensure that social distance is there and we'll change our cleaning hours so that we can clean more during the day," said Kuryliw.

The second phase of the plan does not have an exact date as it's dependant on how quickly the library can make changes and acquire equipment such as sneeze screens and thermometers for temperature checks for people entering the building but Kuryliw is hopeful that this could happen in late May.

The final stage would be allowing patrons access to library stacks to browse and select books.

"I don't have a timing for [the third phase of re-opening]. It's dependant on what Covid-19 does, it's dependant on how well allowing people to use computers works. We're playing that by ear the goal is to eventually get there but we're not going to rush headlong off a cliff. We want to make sure that our public and our staff are safe but we obviously want to deliver services," said Kuryliw.

Though the library building has been closed access to electronic services has continued.

Continued on page 5

No contact book sale!



RECORD PHOTO SUBMITTED

From April 27 to May 1, the Gaynor Family Library hosted a no contact mystery book sale. The staff at the library weeded through their adult fiction and children's easy readers sections to find treasures they were willing to part with and for a twoonie dropped five books from the genre of patron's choosing into their trunks.

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LSRCSS student wins international award

Stormy Stevenson takes home a Yes I Can Award

By Katelyn Boulanger

Stormy Stevenson, a grade 12 student at Lord Selkirk Regional Comprehensive Secondary School, walked away with a 2020 Yes I Can Award in technology.

Stevenson, who as a result of childhood illness is deaf, received this award for her use of many types of technology as part of her learning in order to get the most out of her education.

"Stormy has won local awards in Manitoba but what was so special about this Yes I Can award is that it was an international award so this was quite a prestigious award that she won. The Yes I Can Award is basically like it sounds. They focus on positive attitudes of people that have surmounted exceptional odds just to either persevere or achieve things in their personal lives," said Jared Laberge, Stevenson's learning support teacher.

Stevenson's win was announced on February 7 as part of the Council for Exceptional Children's 2020 Convention & Expo.

"She definitely does [enthusiastically incorporate technology into her classroom learning]. I think it's a combination [of things that she does that won her this award] in my opinion.

The first one, which would probably be more important, would be her use of visual communication tools some of them are school implemented. She does really enjoy her visual communications classes including photography and communications use, however, I believe it also includes her ability to use her own technology," said Laberge.

One of the many ways that Stevenson personally uses technology in everyday life is through her cochlear implant, which she received at age ten, but she also integrates photography and video communication into her classroom projects whenever she can.

"Stormy is basically the highlight of everyone's day at the high school. She's one of those individuals who put you in a positive mood and basically the whole building in a positive atmosphere. One thing that is very unique about Stormy is that, her in-school support [person] her inspiring and enthusiasm, but whenever anyone in the school is facing challenges she is always the first person to go to them and tell them that it will be ok even if somebody needs something as simple as needing a needle at a doctor's office or someone is dealing with health issues, she is the first person to go to them with the emotional sup-

port," said Laberge.

Stormy says that despite her not being able to read or write she will not allow it to stop her from doing the things that she loves and that the important thing is to not give up.

She was nominated for this award by Louella Groot, who works with Stevenson at the school as a nurse and educational support, and supported by teacher Donald McIntosh.

"The award was presented on Feb. 7 in Oregon in the States but unfortunately Stormy couldn't attend the ceremony. What ended up happening, we knew that she had won it ahead of time and then we had given her the official information and she was thrilled. They did have the ceremony on the seventh and we were in the process of planning quite the ceremony for her at the school unfortunately with Covid-19 all of our gatherings were stopped," said Laberge.

He says that he felt inspired by Stevenson's win and appreciative that he could work with someone who has accomplished so much so early on in her life.

RECORD PHOTO SUBMITTED
Stormy Stevenson with her 2020 Yes I Can Award.



> KURLIWI SAYS, FROM PG. 13

"People have been able to access our online services, eBooks— putting more resources into that buying more eBooks and just helping out a little bit with the literacy and reading needs of the community electronically—and we changed our rules so that we could do more phone services so we were taking new registrations over the phone and not requiring ID so that people could access resources while staying at home," said Kuryliw.

The library has also recently signed up for the service TumbleBookLibrary which is a collection of online animated, talking picture books to go along with the Libby app which allows people to borrow eBooks and audiobooks, EBSCOhost which allows access to databases and information.

"It's been an interesting time in that we started delivering our baby time to the parents that are signed up for Baby Time through a zoom meeting," said Kuryliw.

In addition to digital services, the library has relaxed its rules waiving the in-person sign-up requirement and creating limited memberships that allow access to services for three months for patrons signing up for a library card by email who meet regional requirements.

"[Libraries are important to communities because of] our role in literacy and families so parents that are home with their kids need those resources so libraries definitely play that educational role the other is that the library is an important economic contributor to the community. There's still the internet divide there's still a large part of the population that doesn't have that internet access and the library definitely plays that role for people," said Kuryliw.

For more information visit gfrl.org. To sign up for a library card or Baby Time email library@gfrl.org

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Spreading some love on Mother's Day

Group of residents are organizing a Mother's Day parade

By Ligia Braidotti

When Teri Reilly and Meagan Kingsland heard people would have to social distance for a while, they soon realized that meant no birthday parties or any celebrations of the sort — including Mother's Day.

Selkirk residents have kept in touch with their community through a Facebook group called Meanwhile in Selkirk, for which Kingsland is one of the moderators, and many parents started commenting that their kids were upset they were going to miss their birthday parties.

Thinking of how that would affect the young residents of our communities, Kingsland and Reilly created another Facebook group called Selkirk COVID-19 Birthday Parades, where residents can request and volunteer to join birthday parades. The two friends have been encouraging people to come out, decorate their cars, make signs, and make a kid feel remembered on their birthday.

"It's for anybody who is stuck in self-isolation right now. A lot of parents were saying how their kids were really upset they would be missing their birthday, missing their friends and family, that they couldn't be with their loved ones at this time," Reilly said, adding there's no better feeling than seeing the smiles on the birthday kids' faces.

"My daughter usually comes with me, and she's only 10, so we usually get like a small gift for the kids, and their eyes light up."

The group has grown significantly and has currently more than 200 members.

"Many parents will post videos and photos afterwards and one parent posted their kid's excitement, and you can hear her crying and she was like 'I'm sorry for crying, it's just emotional, he was so upset that his birthday was going to be ruined and then he said this was the best birthday ever,'" Reilly commented.



RECORD PHOTO SUBMITTED

Birthday parade volunteers decorate their cars to celebrate kids and adults' birthdays while social distancing.

Reilly commented.

And don't think that children are the only ones being amused by the parades. People can also request this joy to adults.

While thinking of all the celebrations that people have missed the last six weeks, Reilly, Kingsland and their friend Dan Walker, decided to organize a special parade for Mother's Day on Sun., May 10. They will be driving by many of the senior care homes in Selkirk to show them some love.

"We don't want them to feel left out during the pandemic, and we want them to feel that they are appreciated and don't think that people have forgotten about them," Reilly said.

"It's something special to do on Mother's Day and it costs absolutely nothing while making others who can't see their loved ones right now feel important as well. It's a special day for a lot of our females in the community and we just want everybody to know that we can't forget about them — especially the frontline workers who will be working and taking care of people (instead of celebrating Mother's Day).

The parade will start at 10 a.m. and the organizers are asking everyone to



meet at the Dollarama parking lot on 1030 Manitoba Ave. at 9:30 a.m. to decorate their cars and get ready to tour the seniors care homes.

"We are not sure how many people are going to join us, in fact, we never know until the day of. It's like a surprise. This is our biggest parade so far, we have about 12 to 15 stopping points on the map."

All are welcome to join the parade, and if you hear cars honking in your neighbourhood, remember to show some love for those mothers who cannot celebrate this day with their loved ones.

Join Selkirk COVID-19 Birthday Parades Facebook group at www.facebook.com/groups/187256098906749 for more information.

View the Selkirk Record online at selkirkrecord.ca



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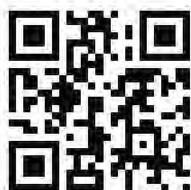
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B&C community newspapers still rolling off the press despite Postmedia closures

By Patricia Barrett

Since the mid-2000s, the circulation of print newspapers has been in freefall thanks to platforms such as Facebook and Google with their seductive ability to capture readers' and advertisers' eyeballs but which don't pay publishers for news content. Then COVID-19 came.

That lethal combination may have been partly responsible for the demise last week of 15 Postmedia community newspapers, but it has so far left Big and Colourful's (B&C) newspapers — *The Express Weekly News*, *The Selkirk Record*, *The Stonewall Teulon Tribune* and *The Winkler Morden Voice* — still rolling off the press.

As COVID decimates the economy, the survival of B&C's newspapers has come down to strong, loyal advertising support and a great staff who are willing to do everything.

But that doesn't mean the locally owned company has escaped COVID unscathed: 80 per cent of its advertising revenue from flyers and in paper ads — the fuel that drives print newspapers — has evaporated since the end of March.

Lana Meier, who co-owns and operates the four weeklies with business partners Brett Mitchell (*Selkirk Record*) and Rick Reimer (*Winkler Morden Voice*), said the company has had to furlough six of its 22 staff, whittle down edition size and find other cost-cutting measures in order to keep operating while paying remaining staff and its bills.

"Fortunately, we are the newspapers left standing at the end of the day," said Meier after she heard Postmedia's bad news. "I'm getting emails, phone calls and messages on social media from people worried about the future of their newspapers. The most important message I share with everybody is this: buy locally, support local businesses."

Businesses such as grocery and hardware stores that pay to put flyers in the papers and others who buy ads are the people who bring you the paper. Support their business and in return thank them for their support to the paper," said Meier, whose headquarters are in Stonewall where she grew up.

Last week corporate behemoth Postmedia announced the shut-down of the *Interlake Spectator*, *Selkirk Journal*, *Stonewall Argus & Teulon Times*, *Morden Times*, *Altona Red River Valley Echo*, *Carman Valley Leader* and *Prairie Farmer* (Winkler), as well as several papers in Ontario's Windsor-Essex region. The company is laying off 80 people.

Postmedia CEO Andrew MacLeod, who earned a base salary of \$900,000

in 2019, plus a \$500,000 cash incentive reward contingent upon his continuing role as CEO, said in an April 29 news release that these are "unprecedented times" and "we made the difficult decision to implement temporary salary reductions, temporary layoffs and some permanent closures."

The irony of Postmedia pulling the plug on community newspapers is not lost on Meier. Her dad, Merv Farmer, bought the *Argus* in 1967 and started up the *Selkirk Journal* and *Spectator* in the 1980s, all of them eventually falling under Postmedia's banner.

But the death knell of those papers is not "my dad's legacy," said Meier, because his vision was fundamentally different from the way corporate news outlets run.

Farmer worked from a nondescript office in Stonewall, hiring locals, focusing on local events and politics and even resorting to Dickensian-like child labour (his own kids) to make the papers the success they had become before they were acquired by Quebecor and then by SunMedia/Postmedia.

"Every Tuesday at 5 a.m., dad would take all of us kids to the office to help with collating," said Meier. "He had big industrial shelving units where he kept all the papers. We could hardly reach the top so we would have to stack papers up under our feet so that we could collate flyers until we had to leave at 8:15 for school."

Of her six siblings, Meier was the only one to catch the news bug and she never recovered. She jacked in the idea of going to university in favour of working side-by-side with her dad in the news business.

After Farmer sold the papers to Quebecor, Meier stayed on, working as a senior group publisher for Manitoba and northwest Ontario for 17 years. She left SunMedia in 2010 after watching the lens shift towards a "cookie-cutter model" that was heavy on syndicated news while still seeking rural advertising dollars.

She returned to her and her dad's roots — community-focused news — starting up the *Record*, *Voice* and *Tribune* before launching the *Express* in 2014. She also runs Interlake Graphics, a sheet-fed, quick-print operation that produces posters, brochures, office stationery and just about anything else that requires ink. (The newspapers are printed in Winnipeg.)

"We provide newspapers with strong readership value because of up-to-date and relevant news, balanced stories and a strong distribution network, including Canada Post's mailbox delivery, door-to-door carriers and newspaper pickup boxes lo-

cated across our coverage areas," she said.

Each week the four free papers reach 119,500 readers (based on a standard metric of 2.5 readers per household), and advertisers are placed strategically on a page containing stories germane to their respective local areas, she said.

"We have reporters on the ground — except during this unprecedented pandemic — we've built relationships with our readership and we are a trusted news source," Meier added.

B&C is eligible for the federal government's 75 per cent wage subsidy program, a definite help as the pandemic guts revenues, but it's only a short-term measure.

"We're very fortunate we've been able to continue publishing a paper every week and printing the same number of copies we did at the start of the year with the incredible local advertising support we've received," she said. "There are advertisers who absolutely value the paper and know it's important."

Advertisers aren't the only ones. Doreen Pendgracs, a public speaker best known for her expertise on high quality chocolate and author of the *Chocolatour* travelogue, said she's sad to see the loss of "local voices" and local jobs.

Pendgracs lives in Matlock, about halfway between Gimli and Selkirk, and said she gets B&C's *Express* and *Selkirk Record* and Postmedia's *Spectator*. She had to pick up Postmedia's *Journal* in Clondeboye, 22 kilometres down the road.

"It's wonderful having all these different papers because you get a slightly different perspective on the same issue from reading more than

one writer's story," said Pendgracs, who's president of the Professional Writers Association of Canada and is currently helping amalgamate the organization with the Canadian Freelance Guild.

Advertising revenues are vital to both small and large publications, she said. And she should know, having worked as a freelance journalist for rural newspapers such as Steinbach's *Carillon* and Pine Falls' *Clipper*, as well as for numerous magazines, some of which folded after advertising dollars dried up.

She said she hopes B&C can withstand COVID's impacts as the *Express* is a "trusted" community newspaper that has "earned its reputation."

"We frequently discuss *Express* stories at our Toastmasters' meetings," said Pendgracs, who founded the Gimli-based Toastmasters in the Arts club seven years ago. "I hope [Meier] finds a solution because I think the *Express* is one of the best written newspapers in Manitoba, as far as I've seen, and for local coverage. You don't miss any [community] issues and reporters cover things in a very balanced way."

As for the road ahead, Meier said it's business as usual. But if readers or local organizations are concerned about the future of newspapers, they can help by purchasing ad space, whether it's a block ad, classified or announcement.

"If every household that receives our paper takes out a small ad such as a congratulations, a thank you, a birth/death announcement or a for sale ad every couple of years, then the community newspaper will survive," she said.

Movie night surprise



RECORD PHOTO
SUBMITTED

The Inclusion Selkirk board prepared a stay-in movie night package for their residents and staff to thank their staff during these tough times.

The package came complete with movies, chips, popcorn, pop, juice, games and other treats that were customized for each individual home by residents and staff.

Province supports municipalities, reduces restrictions

By Ligia Braidotti

Many Manitoba municipalities are struggling financially during the COVID-19 pandemic.

On May 1, Premier Brian Pallister announced the province will ensure critical funding to these municipalities will remain intact.

The province provides a total of \$172.6 million in operating funding to municipalities, as well a total of \$137 million in municipal infrastructure funding.

Following the release of Restoring Safe Services: Manitoba's Pandemic and Economic Roadmap to Recovery on April 29, which established a plan to begin reopening the economy and loosening up restrictions, Pallister hosted a series of socially distanced meetings and tele-conferences to discuss the frontline fight against the pandemic with municipal leaders from across Manitoba.

"As Manitobans, we are all facing tough times and I want to make one thing very clear – we are committed to maintaining our funding to municipalities as promised in Budget 2020," said Pallister. "This is in spite of unprecedented financial pressure on the provincial government, but

we want to provide certainty to municipalities to help maintain critical essential services such as emergency personnel."

Aside from the latest announcement, the province has already invested more than \$900 million under the Manitoba Protection Plan in the fight against COVID-19. In addition, the province has announced a number of measures in order to provide financial relief for Manitobans including:

- Ensuring up to \$110 million is returned to Manitoba Public Insurance (MPI) policyholders. Rebates are expected to be around 11 per cent, or between \$140 to \$160 per average policyholder.

- Providing up to \$120 million to support Manitoba's small and medium-sized businesses through the Manitoba Gap Protection Program (MGPP). The province will advance each eligible business the non-interest bearing forgivable MGPP loan of \$6,000, for a total of up to \$120 million.

- Returning the \$37-million Workers Compensation Board (WCB) surplus to eligible Manitoba employers. This month, eligible employers

will receive a credit to their account based on 20 per cent of their 2019 premium. WCB expects \$29 million will be returned to the private sector, with approximately \$7 million going to small businesses in Manitoba.

Although some services have been restored this week, the province said as more information becomes available, some measure may need to be reintroduced and new restrictions put in place to reduce the spread of COVID-19. Critical health measures and the current travel restrictions remain, including self-isolation upon arrival in Manitoba. The province said that if the results of this first phase are not favourable, they will not proceed with further easing. If the virus activity and contamination remains low, they will consider reducing the restrictions on group sizes in mid-May. The second phase is scheduled to take place on June 1.

As of Mon., May 4, there were no new cases reported. The total number remains at 281, with 37 active cases, of which five individuals are hospitalized but none in intensive care, and 238 individuals who have recovered.

STARS MB hold virtual concert

By Ligia Braidotti

Due to the COVID-19 pandemic, many organizations had to postpone or cancel their fundraising events for 2020.

STARS Manitoba also has been affected and said hundreds of fundraising events have been cancelled throughout their organization, hindering their ability to raise funds in the spring and summer.

However, technology has stepped up and showed people the good it can do. On May 8, STARS Manitoba will be holding an online concert called Streaming for STARS, featuring many Canadian country music artists.

The concert will be live streamed on their Facebook page and at streamingforstars.ca, starting at 7 p.m.

Many Canadian country artists have agreed to lend a helping hand to raise funds for STARS. Scheduled performers include Brett Kissel, George Canyon, Aaron Pritchett, Gord Bamford, Hunter Brothers, The Washboard Union, Jess Moskaluke, Aaron Goodvin, Carolyn Dawn Johnson, Chris Buck Band, Bobby Wills, Dan Davidson, Tenille Arts, Rob Watts, Trevor Panczak and more.

Also joining the event to support STARS is Ron MacLean, Mark McMorris, Dan Clark, Josh Morrissey and Kim Coates.

The public is able to donate at streamingforstars.ca, or by phone at 1-855-516-4848. During the concert listeners can also text "STARS" to 45678 to give \$20 during the live broadcast.

Listeners will also be able to tune in on radio stations across the Jim Pattison Broadcast Group including: QX 104 Winnipeg, CJVR Melfort, CKBI Prince Albert, CJNB North Battleford, CJNS Meadow Lake, Big Country 93.1 XXFM Grande Prairie, XM 105 Whitecourt, Big West Country Drayton Valley, Wild 95.3 Calgary, CHAT 94.5 Medicine Hat, Country 95.5 Lethbridge, and B104 Cranbrook.

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City of Selkirk releases 2020 Financial Plan

Average savings of \$27, plus deferral on tax penalties for 2020 tax season

By Ligia Braidotti

The City of Selkirk has released their financial plan for 2020 and announced that it will defer penalties for this year's tax season.

Council held a public hearing on April 28 at the Memorial Hall as part of the formal adoption process for their financial plan, according to the Municipal Act.

At the meeting, Chief Administrative Officer Duane Nicol communicated that council had approved a two-

month grace period after the payment deadline for residents to have extra time to pay their taxes if they need.

The grace period will allow for no penalties, nor interest charges, to 2020 property taxes for two months after the July 31 deadline.

"This is a difficult time for all of us," said Mayor Larry Johannson.

"It's a measure that provides a bit more flexibility for those who need it, and I'm very happy that council has taken this step."

Council gave first reading to the Financial Plan Bylaw and encouraged residents to see the full plan at myselkirk.ca/financialplan2020

"We are very proud of the work the city and the school division has done to keep expenses low. We have worked hard to encourage new growth in the community which helps to spread the tax burden. Because of all that work, the average single-family household will see a small decrease in their taxes this year. And frankly that couldn't come at a better time," said Johannson.

Nicol said the average savings would be approximately \$27.

"It's an average, so about half will see larger savings and half will see

less. A part of this can be attributed to the growth in the community, particularly in apartments, and the expanding of the tax base," said Nicol.

He also added the financial plan represents council's desire to keep property taxes low and make investments in the City's strategy priorities.

"It's progress with fiscal prudence. It's a responsible approach to building a more financially sustainable community."

Johannson said that while other sectors are getting financial supports during the pandemic, municipalities are not. He says the city provides critical services and must keep those running.

Fire department celebrates community efforts



RECORD PHOTO BY BRETT MITCHELL

The West St. Paul Fire Department wanted to say thank you to the community for everyone's efforts during the COVID-19 pandemic and did so with a Community Tour on April 29.

Captain Kerry Eccles, the department's Fire Prevention Officer, says the West St. Paul Fire Department wants to recognize everyone, from all the frontline and essential workers, to everyone who is keeping them fed and well supplied, as well as a big thank you to everyone who is doing their part by staying home.

"We realize the sacrifice they are making for us," he said.

They also made sure to celebrate Noah White's 11th birthday.

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Putting on some smiles



RECORD PHOTO BY BRETT MITCHELL

The seniors at Betel Personal Care Home spent some time last week showing their appreciation for frontline workers by colouring the Selkirk Record's "Thank you to our frontline heros" poster published in the April 23 edition. Email us at news@selkirkrecord.ca or call our office at 204-785-1618 for a chance to appear in the next edition. Pictured above: Evelyne Dew. Pictured right from top to bottom: George McKay, Beatrice Tudor and Heather Alex.



Alan Lagimodiere

MLA for Selkirk

alanlagselkirkmla@mymts.net

204.482.4955

An advertisement for Safeway. It features a woman with dark hair, wearing a light-colored jacket, smiling as she holds a large bouquet of red roses. In the background, there is a Safeway sign that says 'FRESH ROSES Your Friendly Neighbourhood Safeway' and 'HELP YOUR SKIN LOOK BETTER'. The Safeway logo is prominently displayed in the bottom right corner.

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DSPs take care of those who remain overlooked



RECORD PHOTOS BY BILL NEWZMAN SMYTH

On May 2, Inclusion Selkirk held a parade to show appreciation to their Direct Support Professionals who are busy working the front lines during this pandemic.

These DSPs are working to support people with disabilities through the pandemic and ensure quality of life remains the best it can when dealing with the realities of social isolation.

During the parade they dropped off snacks and treats to each of the homes for everyone to enjoy.

"Without these DSPs our organization could not operate - we are extremely lucky to have these compassionate, dedicated staff," said Maria Freeman, Inclusion Selkirk's executive director. "Seeing everyone's smiling faces on this cold windy day warmed our hearts."

Pictured above: Khloe Freeman, 8, and Everly Freeman, 4, holding posters Khloe made for the parade.

Have a Safe and Happy Mother's Day



Jeff Wharton
MLA for Red River North
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 The Manitoba Teachers' Society

THANK YOU FRONTLINE
FROM MANITOBA PUBLIC SCHOOL TEACHERS

How do you teach vocational classes outside the classroom

By Katelyn Boulanger

Students in vocational classes such as auto shop, carpentry classes, hairstyling classes and culinary arts just to name a few are still making an effort to keep up their learning out of the classroom and their teachers are facing the challenge of teaching these kinesthetic heavy learning classes.

"It's been tough because we do worry about them. We worry about what's happening on the home front. We're certainly mindful of what the students and parents are dealing with especially high school kids because maybe they've had to go to work to help out or maybe there are babysitting younger kids so when we're creating we're being mindful of what the home front looks like," said Charlene Henrikson, Hairstyling teacher and Vocational Department Head at Lord Selkirk Regional Comprehensive Secondary School.

The unique challenge of these classes is figuring out how to deliver the learning that would normally come along with a tactically driven class through the Internet.

"It's amazing what you can come up with. Our drafting [class] for instance, [teacher Laura Budowski] has this big 3-D imaging machine so what she's done is go the students to create, and they can do this from home, they've created prototypes

for clasps for surgical masks. I think she's made 50 and she's delivering them to the hospital, clinic, and personal care homes. The kids kind of engaged because they feel they've done something through this journey so it's learning but it's also making that connection," said Henrikson.

Her hairstyling class has also had to adapt though she has had the benefit of being able to send packages of hair styling tools to students at home so that they can keep up with learning new skills.

"At first we were given the directions to just stick to theory but that was really hard on our kids. We need to keep their fingers moving and we need to keep them engaged so we've had them pick up mannequins and rollers and perm rods you know and what we've done is we've created videos. We've videoed ourselves giving lessons," said Henrikson.

The teachers are also employing the Microsoft teams platform to have conferences with students, watch videos together, and transfer videos and send work back and forth between students and their teachers.

Henrikson does, however, say that nothing will take the place of hands-on learning but the tools that they have now are filling the void. She appreciates that companies have stepped up to help by providing programs that schools would normally

have to pay for free of charge. One example of this is a program that allows auto class students to click on different parts of a vehicle and have them open up to see the parts inside and interact with them.

"They're buying into the learning. It is tough. It's hard to get in touch with everyone. I think that for the most part, we're doing an excellent job. We're reaching out to the parents and we're reaching out to the students. I just keep telling my group 'You know what, try your hardest that's all that's expected,' and we're getting payback from that with kids embracing that," said Henrikson.

She feels very proud of all of the members of the vocational department and how they've been teaching.

"Is it different. Yah. Is it a learning curve? Sure it is but it's no different than anybody else's learning curve," said Herikson.

She wants parents to know that they are trying to help as much as they can and that they are cognizant of what they are dealing with.

"A lot of our teachers are parents that have little kids at home too right and they're dealing with the same things. I think that we get that feeling too that we just have to deal with it day-by-day and step-by-step and baby steps and we'll get there. Just do what you can do," said Herikson.

Science class without a lab

By Katelyn Boulanger

With students being out of the classroom since March 23, science teachers at the Lord Selkirk Regional Comprehensive Secondary School are having to be creative in teaching their subjects without the resources that students would normally have.

"It's been a big transition. It's definitely been different for teachers as well as kids. I noticed that the first week was really overwhelming for me just trying to get things settled and

sorted out so that I could actually do my job from my home but now that I've got everything in place it's calmed down a bit. Kids have gotten used to it a little bit more now and there are routines and things are starting to settle out a bit which is good," said Matt Wiebe, chemistry teacher and science department head.

Science-based classes face the difficulties of having lab work becoming nearly impossible to do.

"I've brought a bunch of stuff home with me that I can do demonstrations for them on camera. I've gone into the school so that I can set up a lab-type situation so that I can do an experiment and explain it to them which you still don't get the

first-hand experience of it but since we can't gather together this is the best that we've got," said Wiebe.

He has also taken the experience that he has garnered from raising triplets and created a structure that the students could count on.

"With this situation, immediately, I thought that I need to get something in place so that the kids know what to expect regularly, every day. So I've set up online live lessons on Microsoft Teams, which is the official program that all students have access to in the division. I've scheduled a lesson every other day so that they know to set their alarm, attend class on their phone or their computer and then I record it because what we have found is that more kids than I thought just don't have access to quality reliable high-speed internet," said Wiebe.

He even had one student who impressed him by driving to a fast-food restaurant and sitting in the parking lot in order to get better internet access to facilitate his learning.

The video lessons that Wiebe records are also uploaded to a Youtube chan-

nel so that students can view them later since some are juggling responsibilities now that they are at home.

"You'd also be surprised about the number of kids who maybe have younger brothers and sisters and maybe their parents are still working. I've got quite a few students who they are almost the ones in charge of taking care of their siblings and even helping them learn from home and so they are almost in the teacher role themselves for their younger siblings," said Wiebe.

Wiebe is providing hard copies of notes for students who don't have access to the internet. He is impressed by the engagement that he's had from his students.

"I've been pretty happy with the numbers of kids that are showing up to classes. I'm getting a pretty high percentage of kids that show up regularly and interact with me, and watch the lessons live and ask questions live," said Wiebe.

He hopes that students take away a sense of responsibility for their own education from this experience, as well as more organizational skills and self-guidance in their learning.

"I really appreciate the effort that the students are putting in on their end. It's easy sometimes as a teacher to just assume that it's their job to be in my class all the time and to be learning and listening like there's nothing else going on in their life but if this pandemic has shown us anything it's that everybody's situation is much more complex than you may think," said Wiebe.

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EDITORIAL > VIEWPOINTS > LETTERS

> BY SHIRLEY MUIR, RESIDENT OF SELKIRK

Like you, I've been following the slow change in the once vibrant Selkirk Journal over the last couple of years as I spread it and the Selkirk Record out on my kitchen table and flip through them side-by-side over a cup of tea.

With every passing issue it was becoming more and more apparent that the Selkirk Journal's owner Postmedia, a Canadian conglomerate that owns about 130 media brands across Canada and some of our nation's biggest newspapers, had the mistaken idea that rural newspapers were cash cows.

Postmedia filled the Selkirk Journal with national ads – contracts it had secured because it could effortlessly promise their national advertisers that it could place ads in dozens and dozens of media platforms, all at once, for a deep discount.

Simultaneously, Postmedia started to fire reporters, editors and photographers and slowly, ever so slowly, the content in it's Selkirk Journal was indistinguishable from the content in its papers in Stonewall or Winkler – as it filled the pages with poor syndicated columns and that had nothing to do with life in Selkirk. And forcing its skeleton staff to work even harder to keep up.

What Postmedia seemed to have forgotten is that functioning and healthy newspapers are a delicate balance between advertising and locally generated editorial. And in most communities local news rules.

So when it closed its Manitoba papers this week it actually let go of about 30 people – very few were still journalists. So this was not a bad week for journalism – as some would have you believe.

Actually, entire generations of journalists working in major newsrooms across Canada today owe their careers to a start in weekly newspapers, that as recently as 10 years ago were hiring journalists and doing a good job. So what happened?

Convergence happened. In the 1990s owners of TV stations thought it would be a grand idea to also own newspapers.

Newspaper owners thought it would be smart to own TV stations.

And in a short time Hollinger, Southam, Sun Media, Quebecor, TorStar, CanWest, BellMedia and others were buying and selling, slicing and

dicing their media properties until media outlets in Canada today are owned by a very few media giants – Postmedia being one of them.

All of this was made possible by toothless federal government anti-competition and weak foreign ownership laws.

The 1990s media convergence was not only going to take advantage of technology convergence, but economic efficiency. The promise was that bigger was better, at least for the owners who were going to make more money. But ask Postmedia – which dances around bankruptcy every year – how national convergence worked out.

What some owners may not realize is that the news business is more of a social enterprise than a for-profit business. Owning and operating a newspaper to make high profits is like opening a day care, nursing home or a women's shelter to cash in. It ain't happening.

The smart newspaper owners are part social entrepreneurs. They recognize that good journalism – whether it's about our town's sports team or big-city corporate fraud – is about keeping us connected and accountable. When done right, good newspapers keep us on the right track.

Postmedia would have you believe that closing its Manitoba papers this week is Google's fault or COVID-19's fault, but really it's a failure to understand that local content and good journalism continues to be the foundation of newspapers big and small. When you own a media outlet you're not making widgets, you're making a difference.

So journalism didn't suffer a blow this week as some might think, rather a misplaced faith that bigger is better caught up with a media conglomerate.

Shirley Muir is a former print and broadcast journalist, current president of The PRHouse, a volunteer and proud champion of Selkirk and the district.

Home & yard

How to support tomato plants

Without support, tomato plants will collapse under their own weight. To keep yours upright, use one of these three devices.

1. Stakes. Insert a sturdy stick made of wood, bamboo or metal in the ground next to the plant. As it grows, tie the stem loosely to the stake using gardening twine.

2. Cages. Designed to surround and support plants as they grow, store-bought tomato cages are often not strong enough to keep heavy plants upright. Instead, make your own using wire fencing and strong stakes.

3. Tripods. Fashion a tripod out of three tall stakes and tie them together where they meet. As the plant grows, wrap the branches and tripod in twine to keep the plant contained and off the ground.

These devices can also be used to prop up pepper, cucumber and other types of plants that need extra support.



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As we all begin the process of reopening non-essential business and work towards a new normal, you will see some changes in our approach to ensure patient and staff safety. Some of these changes follow below.

To assist our contact lens wearers, we are offering free shipment directly from our suppliers for your convenience. And, soon we hope to launch an online store to make purchasing your contact lenses even easier.

We return to regular business hours starting Monday, May 4th.

Office hours can be found by going to our homepage at <https://andersonvisioncare.ca/>, clicking "Locations" on the banner, and choosing your office.

We look forward to seeing you in the office soon. If you do not have plans to visit us soon, we would love to hear from you. Please feel free to give us a call or send an email to let us know how you are doing.

Stay safe.

Dr. Matthew Anderson, OD, FCOVD
Dr. Andrea D'Mello, OD

COVID-19 Prevention Measures

Please call to make an appointment before coming to the office

as the number of patients allowed in the office at any given time will be limited. You will be asked some questions relating to COVID-19 when making an appointment and before entering the office.

In order to help minimize the time you need to be in the office for your appointment, once you have scheduled your appointment for an eye exam, we will ask for all personal health information and patient history which is normally discussed in the office. If you prefer, you can print, complete, and email the patient history form to reduce the amount of time on the phone. The form can be found at <https://andersonvisioncare.ca/for-patients/>.

When you arrive at our office, we appreciate your help with these following steps:

Screening Prior to Entry: Our doors will remain locked during business hours so you can be screened prior to entering the office and to limit the number of patients in the office at any given time.

Face Mask & Hand Sanitizer: You will be required to wear a mask or face covering while in the office, and hand sanitizer will be provided to you when you enter the office.

We ask that you come alone for your appointment **unless** you are a minor or you otherwise require assistance.

When choosing frames, you will be asked to place any frames you touch in a special tray so the frame can be cleaned prior to placing it back on the display.

Our Staff

There are times when our staff and doctors will need to be closer to you than the recommended 6 feet social distancing. We will be wearing personal protective equipment to assure everyone's safety, this includes face masks, goggles and gloves.

In addition, our staff will wash or sanitize their hands between patients, avoid sharing workstations, disinfect common touch points found in the office, and disinfect all equipment between each patient.

We appreciate your help with these new procedures. If you have any questions or we can assist you in any way, please let us know.

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Restrictions on PCHs maintained

By Patricia Barrett

The Interlake-Eastern Regional Health Authority will be maintaining its no-visiting rules that were put in place weeks ago in personal care homes in keeping with provincial health recommendations.

COVID-19 is circulating in the community and PCH residents are still vulnerable.

With Mother's Day coming up, the IERHA said in a May 4 news release that it has been receiving requests from community and family members who want to visit loved ones in the hospital and in PCHs.

No visits are permitted nor are deliveries (including flowers) allowed to PCHs. The IERHA has also not allowed "physically distanced visitations" outside or through open windows with residents.

"In addition, for their own safety and that of others, residents in personal care homes are still unable to go on walks or other community outings," said communications associate Lita Savage-Murray in the release.

Families can contact a PCH's recreation department to discuss communication options, including emails, phone calls and virtual visits.

"Recreation staff are working hard to create a sense of normalcy for residents in our long-term care facilities to make Mother's Day special for residents across the region," said IERHA recreation manager Lori Martin in the release. "We are setting up calls from family and friends, printing and delivering emails for residents and organizing activities that align with physical distancing requirements."

For patients in hospital, the RHA has a "Thinking of You" online central messaging centre where messages can be sent online. Visit <https://is.gd/ThinkingofYou>

Other COVID updates:

-The province's chief public health officer Dr. Brent Roussin announced last Friday that health-care staff will no longer be able to work in more than one long-term care facility, effective May 1. The measure will provide "additional protection" against the spread of COVID.

-Dr. Roussin said the province's loosening of restrictions, beginning May 4, doesn't mean we're "returning to normal." People shouldn't abandon hygienic precautions such as frequently and thoroughly washing their hands and maintaining a two-metre (over six feet) physical distance from others in public. He also encouraged people to continue to avoid gatherings and stay home where possible.

"We have to keep our guard up," he said.

With regard to people holding garage sales as the weather begins to warm, Roussin said: "Not now. We're still dealing with this virus."

The province announced last week it will be allowing some businesses to re-open and the restoration of select services starting May 4 as the number of new cases of the highly infectious virus began to level off. Those include non-urgent surgeries and diagnostic procedures, the re-opening of restaurant patio and walk-up services, hair salons, museums, libraries and campgrounds.

Schools remain closed but the province will allow playgrounds to open. The Manitoba School Boards Association, however, advised against the opening of school playgrounds as they won't be disinfected.

Despite the province lifting some restrictions, COVID continues to spread. On Friday there were four new cases (Dr. Roussin said information on those cases is pending). On Saturday there was one new case, as well as one on Sunday. Monday saw no new cases as of 9:30 a.m. The total number of cases is 281, with 238 recovered, 37 active and six dead.

Worldwide, COVID has infected over 3.5 million people and killed almost 250,000 (Johns Hopkins University data as of May 4 at 3 p.m.)

-Dr. Roussin said so far nine cases of COVID in the province cannot be linked to known contacts or to travel, which means community transmission is occurring.

-There is no routine serological testing being done in Canada right now to determine what percentage of the population has been infected by COVID, he said.

"It's very likely in the near futures we'll get [those] studies to give us an idea of the true infection rate in the population," said Dr. Roussin.

And as far as antibody protection goes, he added: "We don't know whether antibodies are neutralizing COVID and we don't know how long that protection - if there is any protection - lasts."

-Provincial conservation officers will be helping with enforcement at campgrounds and if there's a need to "expand things that could occur," said Roussin.

-Shared Health's chief nursing officer Lanette Siragusa provided data on the numbers of health-care workers who have been infected with COVID during the media briefing May 1.

She said 601 health-care workers have been tested for COVID, so far, with 22 confirmed cases. Two of those are IERHA staff with one from Prairie Mountain RHA.



The existing COMMUNITY HUB consisting of Selkirk Memorial Hall and the Selkirk Arena (The Barn) is part of the fabric of Selkirk. The Hall and The Barn have reached retirement age, and as the city looks to the future of the new facilities, we want to hear from you, the residents, about what you want in a community hub. As the city looks to the future of these facilities, we want to hear from you, the residents, about what you want in a new COMMUNITY HUB. A new facility has the potential to house an array of recreational programming and activities. By completing the survey being distributed, you will help develop a new HUB that brings together our diverse population and ensures there is something for everyone in the heart of Selkirk.

SURVEY QUESTIONS

1. What is your postal code?

3. How many people live in your household?

5. Which OUTDOOR recreational activities do you CURRENTLY participate in? (Check all that apply)

- | | | |
|--|--|--|
| <input type="checkbox"/> Amphitheatre Performances | <input type="checkbox"/> Football | <input type="checkbox"/> Tobogganing |
| <input type="checkbox"/> Baseball / Slo-Pitch | <input type="checkbox"/> Ice Skating | <input type="checkbox"/> Walking / Running |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Playground / Greenspace | <input type="checkbox"/> Community Gardens |
| <input type="checkbox"/> Beach Volleyball | <input type="checkbox"/> Rugby | <input type="checkbox"/> Water Park / Splash Pad / |
| <input type="checkbox"/> Community Gardens | <input type="checkbox"/> Skateboarding | Water Slides / Swimming |
| <input type="checkbox"/> Cycling | <input type="checkbox"/> Skiing | <input type="checkbox"/> None |
| <input type="checkbox"/> Dog Park | <input type="checkbox"/> Soccer | <input type="checkbox"/> Other (please specify) |
- _____

7. Which of the following OUTDOOR recreational activities would you be INTERESTED in? (Check all that apply)

- | | | |
|--|--|--|
| <input type="checkbox"/> Amphitheatre Performances | <input type="checkbox"/> Football | <input type="checkbox"/> Tobogganing |
| <input type="checkbox"/> Baseball / Slo-Pitch | <input type="checkbox"/> Ice Skating | <input type="checkbox"/> Walking / Running |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Playground / Greenspace | <input type="checkbox"/> Community Gardens |
| <input type="checkbox"/> Beach Volleyball | <input type="checkbox"/> Rugby | <input type="checkbox"/> Water Park / Splash Pad / |
| <input type="checkbox"/> Community Gardens | <input type="checkbox"/> Rugby | Water Slides / Swimming |
| <input type="checkbox"/> Cycling | <input type="checkbox"/> Skiing | <input type="checkbox"/> None |
| <input type="checkbox"/> Dog Park | <input type="checkbox"/> Soccer | <input type="checkbox"/> Other (please specify) |
- _____

9. What TYPES of facilities do you use outside of Selkirk, and where are they located? (Check all that apply)

- Arenas: _____
- Social Halls: _____
- Recreation Centres: _____
- Aquatic Centres: _____
- Arts / Cultural Centres: _____
- Private Fitness Studios: _____
- Other: _____
- None

11. What sort of fee would you pay to use the community hub? (Check all that apply)

- Drop-in Fee/Pay-per-Use
- Monthly Membership
- Annual Membership
- None

13. On average, how often have you used one of Selkirk's current recreational facilities in the last year?

- | | |
|---|---|
| <input type="checkbox"/> More than 10 times a month | <input type="checkbox"/> Once a month |
| <input type="checkbox"/> 10 times a month | <input type="checkbox"/> A few times a year |
| <input type="checkbox"/> Four times a month | <input type="checkbox"/> Never |

15. Do you agree with the idea of developing a new community hub in Selkirk?

- | | |
|---|--|
| <input type="checkbox"/> Strongly agree | <input type="checkbox"/> Somewhat disagree |
| <input type="checkbox"/> Somewhat agree | <input type="checkbox"/> Strongly disagree |
| <input type="checkbox"/> Not sure | |

2. Which of the following age groups do members of your household belong to? (Check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Under 18 years | <input type="checkbox"/> 50 - 59 years |
| <input type="checkbox"/> 18 - 29 years | <input type="checkbox"/> 60 - 69 years |
| <input type="checkbox"/> 30 - 39 years | <input type="checkbox"/> Over 70 years |
| <input type="checkbox"/> 40 - 49 years | |

4. Which INDOOR recreational activities do you CURRENTLY participate in? (Check all that apply)

- | | | |
|--|---|--|
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Fitness / Gym / Wellness | <input type="checkbox"/> Speed Skating |
| <input type="checkbox"/> Community Gymnasium / Indoor Play Area | <input type="checkbox"/> Football | <input type="checkbox"/> Swimming / Community Pool |
| <input type="checkbox"/> Computer Lab / Drop-in Computer Room / E-Sports Gaming Room | <input type="checkbox"/> Hockey | <input type="checkbox"/> Volleyball |
| <input type="checkbox"/> Curling | <input type="checkbox"/> Indoor Soccer | <input type="checkbox"/> Walking / Jogging |
| <input type="checkbox"/> Figure Skating / Free Skating | <input type="checkbox"/> Performing Arts / Movie Theater / Cultural | <input type="checkbox"/> Yoga |
| | <input type="checkbox"/> Ringette | <input type="checkbox"/> None |
| | | <input type="checkbox"/> Other (please specify) |
- _____

6. Which of the following INDOOR recreational activities would you be INTERESTED in? (Check all that apply)

- | | | |
|--|---|--|
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Fitness / Gym / Wellness | <input type="checkbox"/> Speed Skating |
| <input type="checkbox"/> Community Gymnasium / Indoor Play Area | <input type="checkbox"/> Football | <input type="checkbox"/> Swimming / Community Pool |
| <input type="checkbox"/> Computer Lab / Drop-in Computer Room / E-Sports Gaming Room | <input type="checkbox"/> Hockey | <input type="checkbox"/> Volleyball |
| <input type="checkbox"/> Curling | <input type="checkbox"/> Indoor Soccer | <input type="checkbox"/> Walking / Jogging |
| <input type="checkbox"/> Figure Skating / Free Skating | <input type="checkbox"/> Performing Arts / Movie Theater / Cultural | <input type="checkbox"/> Yoga |
| | <input type="checkbox"/> Ringette | <input type="checkbox"/> None |
| | | <input type="checkbox"/> Other (please specify) |
- _____

8. Which facilities in Selkirk do you currently use or have used in the past year? (Check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Selkirk Arena | <input type="checkbox"/> Selkirk Park Pool & Splash Pad |
| <input type="checkbox"/> Selkirk Memorial Hall | <input type="checkbox"/> The Selkirk Community Arts Centre |
| <input type="checkbox"/> Selkirk Recreation Complex | <input type="checkbox"/> Private Fitness Studio / Gym |
| <input type="checkbox"/> Kin Centre Rink | <input type="checkbox"/> None |
| <input type="checkbox"/> Selkirk / District Curling Club | <input type="checkbox"/> Other (please specify) |
- _____

10. Which amenities would you value in a community hub? (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Coffee Shop / Cafe | <input type="checkbox"/> Lounge Area / Casual Gathering Space |
| <input type="checkbox"/> Local Market | <input type="checkbox"/> Meeting Space |
| <input type="checkbox"/> Childcare | <input type="checkbox"/> Other (please specify) |
| <input type="checkbox"/> Commercial Kitchen | |
- _____

12. How do you learn about the current recreational programs and activities in Selkirk? (Check all that apply)

- | | |
|--|---|
| <input type="checkbox"/> City of Selkirk website | <input type="checkbox"/> Flyers |
| <input type="checkbox"/> Local Newspaper | <input type="checkbox"/> Social Media |
| <input type="checkbox"/> Radio | <input type="checkbox"/> Selkirk Blue Book |
| <input type="checkbox"/> Word of mouth | <input type="checkbox"/> Other (please specify) |
- _____

14. On average, what is your typical monthly usage of Selkirk's current recreational facilities?

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Once a month | <input type="checkbox"/> More than once a week |
| <input type="checkbox"/> Once a week | <input type="checkbox"/> Never |

16. Please provide any additional comments:

17. What is one of your favourite memories of the Selkirk Arena and/or the Selkirk Memorial Hall?

Thank you for taking the time to complete this survey. Please return it to City of Selkirk Civic Office so we can make sure your voice is heard:

City of Selkirk Civic Office - 200 Eaton Ave, R1A 0W6

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Zeller popular among junior hockey teams

By Brian Bowman

Dawson Zeller has been a very popular young man in recent weeks.

First, he was selected as one of two Selkirk Steelers' Auto-Protects prior to the Manitoba Junior Hockey League Bantam Draft.

Then, he had his name called at the Western Hockey League Bantam Draft as the Edmonton Oil Kings picked him in the eighth round (158th overall).

Both organizations are great ones to be selected by.

"It's going to be good," said Zeller last week. "I'm excited. We did an interview with (Edmonton). They were one of the teams that talked to us. (Going to the Steelers) is cool because my whole family is from St. Andrews so at a home game they can all come watch me."

Zeller skated in 36 regular-season games for the Winnipeg Hawks last season, scoring 24 goals and adding 14 assists for 38 points. He also added a goal and two assists in five playoff games.

"I think I had (a good) season," said the 5-foot-11, 150-pound Zeller. "I finished lots. We didn't have lines so we rotated through

everyone. Everyone helped me get those goals."

Another player from the area, Hayden Wheddon, a Stonewall product, was picked in the ninth round by Edmonton.

Wheddon is a highly-skilled forward who scored a whopping 42 goals and added 32 assists for 74 points in just 35 games with the Interlake Lightning last season.

Both players know each other.

"I played with him a bit when we were growing up," Zeller said. "We played with each other a bit in spring hockey."

Team-wise, the Hawks finished seventh out of 13 teams in the regular season, posting a 19-16-1 record.

"We had an average team," Zeller admitted. "We had a bunch of AA kids from last year. But we got better as the year went on."

Zeller plans to try out for the U18 Winnipeg Thrashers next season. If that doesn't work out, he hopes to play for the U17 Thrashers.

"Hopefully, I make it and if I do it should be a good year," he said. "I want to thank my parents and coaches growing up that helped me get here."



St. Andrews' Dawson Zeller was one of two Selkirk Steelers' auto-protect picks and was later taken in the WHL draft by the Edmonton Oil Kings.

Basketball Manitoba makes an announcement regarding its future plans

From the Basketball Manitoba website

Basketball Manitoba put out a release on its website last Wednesday, outlining its plans regarding resuming basketball in the province.

It read as follows:

The health and safety of all participants in sport, including players, coaches, staff, officials, fans, family, volunteers and the general public, is of the utmost importance to Basketball Manitoba.

In light of ongoing concerns result-

ing from the coronavirus (COVID-19), and in support of suggested recommendations from Manitoba Health, Seniors and Active Living and Manitoba Education and Training, effective April 29, Basketball Manitoba is extending the blanket stoppage of all basketball activities in Manitoba which falls under its governance until at least June 30. A point of clarity that needs to be made tied to the Province of Manitoba's "Pandemic and Economic Road for Recovery" announce-

ment on April 29 referenced a return of "non-contact children's sports" as early as June 1.

This does not include the sport of basketball.

The term "contact" references if a sport or activity involves any physical contact (i.e. being able to maintain "social distancing" while playing the sport).

So long as there are social distancing stipulations in any Manitoba health directives, the sport of basketball will

remain on pause.

The basketball impacts of the health concerns after June 30 will be made at a later date as time passes that may impact the sport for July and beyond.

Additional basketball programs and events have been updated on the Basketball Manitoba website, including the recently cancelled or postponed Manitoba Provincial Team Program, Manitoba Summer Games and the Manitoba 3x3 Basketball Championships among others.

MHSAA athlete of the year awards will not be presented for the 2019-20 school year

Staff

MHSAA athlete of the year awards will not be presented for the 2019-20 school year.

As well, Certificates of Recognition, Male and Female Coaches of the Year, the Frank L. McKinnon Award, and Nick Laping Leadership Award will also not be presented for the 2019-20 school year.

Meanwhile, as per the Province of

Manitoba's Restoring Safe Services Together announcement last Wednesday, the MHSAA reminds all of its member schools that the provincial championships for baseball, fast-pitch, soccer and track and field have been cancelled.

In addition, all school sport activities involving spring football, lacrosse, rugby and ultimate are also cancelled. This includes all training and prac-

tices.

"The MHSAA is committed to protecting the health and safety of our student-athletes, staff, coaches, member schools and the health of all of our fellow Manitobans," read a statement.

In other news, the call for MHSAA board of directors nominations is due June 1. Please send your nomination, including a brief bio of the nominee, to Chad Falk at chad@mhsaa.ca.

Board member elections will occur at the MHSAA annual general meeting on June 15.

Positions up for election include Urban Administrator Representative, Urban Representative, Rural Representative (two positions), and Phys. Ed Representative (female).

Basarab to play hockey for the U of M Bisons

By Brian Bowman

Noah Basarab went far from home to play his final season of Junior hockey.

His university career, though, will be much, much closer to home.

The Gimli product has committed to play hockey and attend school at the University of Manitoba this fall.

"I'm really excited to go," said Basarab last week. "It just seems like a good fit for me. It's close to home and they have a good program. It checks off all of my boxes."

The Bisons struggled to a 9-20-0-1 record this past season and will lose three players due to graduation.

Still, it will be a tough lineup to crack as Manitoba's roster includes many former Western Hockey League and Manitoba Junior Hockey League players.

Basarab wrapped up his junior career with the North American Hockey League's Johnstown Tomahawks. Johnstown is about an hour's drive south of Pittsburgh.

"It was a really good experience," Basarab said. "We played in front of 2,000 fans every night. It was a really good hockey community."

The level of play, said Basarab, was a step up from the MJHL.

"It was an older league and a lot faster," he said. "Every day you were in a competition."

Johnstown was in second place in the East Division, just five points back of the New Jersey Titans, when the league was shut down due to the coronavirus pandemic.

Basarab was drafted by Johnstown and he is glad they selected him.

"There was way better exposure down there," he said.

Personally, Basarab had a very good season with the Tomahawks. He scored 16 goals and had 28 points in 46 regular-season games.

"I definitely felt I had a good year," he said. "We had a really good team so I always played with good players. I had two real good linemates at the start of the year and we gelled all year."

Basarab was selected as a North American East Division star of the week and also had an opportunity to play in the NAHL Top Prospects Series in Boston.

"It was a really good experience," Basarab said. "The stands were packed with scouts from (NCAA) Division I and III. There were more scouts there that you could imagine."

Basarab, a very good two-way player, grew up playing in Gimli and then later with the Interlake Lightning's Bantam and Midget programs.

"You definitely develop a lot playing there," Basarab said of the Lightning program. "Jumping from house league to there is a big step up."

Basarab started his Junior career in the MJHL with the Swan Valley Stampeders. He played two full seasons there and parts of two others before suiting up for the Selkirk Steelers in 2018-19.

In 49 games with Selkirk, Basarab scored 20 goals and collected 43



RECORD PHOTO BY PHIL ANDRAYCHAK/JOHNSTON TOMAHAWKS
Gimli's Noah Basarab, a former Selkirk Steelers forward, celebrated a goal this past season with the NAHL's Jamestown Tomahawks. Basarab recently committed to play hockey and attend school at the University of Manitoba.

points.

"(The MJHL) is definitely a good league and it actually develops you a lot, too," he said. "It's pretty much like the North American Hockey League. It was nice playing close to home (in Selkirk) because my grandparents

and my family had a chance to come watch. We also had a really good group of guys there, too, so it made it easy to adjust."

Bison women's soccer program announces recruits

Staff

Eight new Bisons will take to the pitch this fall as the University of Manitoba women's soccer program announced its 2020 recruitment class last Wednesday.

Of the eight signees, seven are Manitoba products and will suit up to play university soccer close to home. They include Bianca Bucci, Janelle Chomini, Jordan Cistarelli, Jaeleen Cox, Breyanna Johnston-Krulicki, Sydney Tuk, and Jenna Kunkel. The eighth, Bianca Cavalcanti, arrives to the Bisons from Brazil and last played for Sport Club do Recife in her home country.

"I am so excited to welcome our 2020-21 recruiting class to our Bisons' family," said head coach Vanessa Martinez Lagunas on the school's website.

"They all embody our core values of passion, development, teamwork,

integrity, and excellence. They are outstanding students, players and human beings. We greatly value all these qualities in our program and all of them have the same level of importance.

"Each new member of our team will help us to keep increasing the standards of our program on and off the field. I can't wait to see them enjoy the experience and support them all throughout their Bisons' career where they will continue to grow in all aspects."

Cistarelli, 18, a midfielder from East St. Paul, played with FC Northwest, Valour FC Elite Girls, and the U19 Indigenous Ladies' National Team in 2019.

Her experience also stretches back to time spent with the provincial team in 2015 and as the captain of Mani-

toba's U16 team at the 2017 North American Indigenous Games. With FC Northwest, the 5-foot-2 honour-roll athlete at Miles MacDonell Collegiate was a captain or co-captain from 2016 to 2019 and helped the team finish fourth at club nationals in 2017.

Tuk, 17, is also an FC Northwest recruit who plays the midfield position. As a 5-foot-4 student-athlete at West Kildonan Collegiate, Tuk was a co-captain on FC Northwest's MSA champion teams from 2017 to 2019 and has played in the club for 10 years. She was also a co-captain of West Kildonan's high school team - the MHSAA provincial champs in 2018-19 - and has joined her FC Northwest teammates as a competitor on Valour Elite FC.

Tuk's well-rounded student-athlete career has been honoured with a

Sport Manitoba Order of Sport Excellence award in 2019 and Premier's Volunteer Service Award in 2020. She's also been an honour roll student the last four years.

Kunkel, 17, was a teammate of Tuk's at West Kildonan this past season after transferring from Glenlawn Collegiate. The 5-foot-10 forward and midfielder is yet another commit from FC Northwest and Valour FC Elite, competing in several national tournaments and showcases. Kunkel has provincial team experience as well and spent three years in the Manitoba REX program.

The Bison women's soccer team is coming off their best season in 10 years in 2019 as they posted an 8-5-1 record in conference play and reached the Canada West quarter-final, where they lost 1-0 to the Calgary Dinos.

get inspired

RED RIVER CO-OP FOOD STORE



Orange Eggs Benedict

2 large eggs
1/4 cup fresh chives, chopped
3/4 cup sharp cheddar cheese, shredded
honey

To make chicken: Rinse chicken thighs and pat dry with paper towels; place in large bowl.

In separate bowl, combine buttermilk, 1 tablespoon salt, 1/4 teaspoon black pepper, rosemary and honey. Pour buttermilk mixture over chicken; cover and let marinate 8 hours or overnight. In separate mixing bowl, combine flour, remaining salt, remaining pepper, cayenne, garlic powder, onion powder, paprika and ancho chile powder; stir. Remove each piece of chicken from buttermilk, shake to remove excess liquid and dredge in flour mixture. Shake off excess.

In deep fryer, heat oil to 375 F. Fry chicken until internal temperature reaches 175 F or juices run clear, approximately 5 minutes per thigh. Drain on paper towels.

To make waffles: In large mixing bowl, mix flour, honey, orange zest, salt, baking powder, milk, eggs, chives and cheese until combined.

Use waffle maker to cook four waffles in batches.

Place chicken on waffles and drizzle with honey.

Chive and Orange Blossom Honey Waffles and Spicy Garlic Honey Chicken Recipe courtesy of chef Jenny Dorsey on behalf of the National Honey Board

Servings: 4

Chicken:

8 boneless, skinless chicken thighs
2 cups buttermilk
2 tablespoons kosher salt, divided
3/4 teaspoon ground black pepper, divided
1/4 teaspoon rosemary, chopped
2 tablespoons orange blossom honey
2 cups all-purpose flour
2 teaspoons cayenne pepper
1 teaspoon garlic powder
1 teaspoon onion powder
2 teaspoons paprika
1/2 teaspoon ancho chile powder
vegetable oil, as needed

Waffles:

1 1/2 cups all-purpose flour
2 teaspoons orange blossom honey
1 teaspoon orange zest
1 teaspoon kosher salt
1 teaspoon baking powder
1 1/4 cups whole milk

Dear Money Lady, Just read your article "Give the Market Time." The major issue for us being seniors is time and how much we have left. It was not an issue twelve years ago during the last stock market crash but we are now in our 70's and it is now a major issue. Do you have any different advice for seniors with no time to wait for a recovery?

Victor

Dear Victor,

There's no denying that we would have never anticipated the duration and the depth of pain that we have seen in the market and at this point I think seeing another drop of 10-20% is not out of the question. For seniors, nervously watching a decline in their retirement savings, I know this is not what you want to hear. But there is hope since a long arduous recovery, I believe, is not in the cards.

Many economists anticipate that another bull market is just around the corner and the decline in your portfolio will not be long lasting. This crisis is not like any other we have witnessed in the past and I would caution new investors against using traditional stock market measures to try and time a market entry. When we first experienced the effects of the coronavirus on the stock market, together with the oil crisis, we witnessed an explosive downturn that was unprecedented, and in some respects, unexplainable. We all know that the market is very aggressively reacting one way or the other, but most economists believe we will see it go up just as fast as it declined when the market turns.

The recovery will need to go through a few clearly defined stages. Initially we should see a defensive market reaction to change for approximately four to six months followed by a market recovery of 40% to 50% that will take twelve to eighteen months. Only after this stage will we begin to see the beginning of our next bull market that is predicted to last three to five years.



AsktheMoneyLady.ca



There is no doubt that we will see the market reach higher highs than we ever anticipated a few months ago when the market was calm and just ticking along before the coronavirus pandemic.

I know it is devastating to see your retire-

ment savings take a hit right now and the thought of "just waiting it out" is agonizing. However, this is indeed what we must all do now. There are a few government benefits that you can take advantage of if you are feeling the "financial pinch." The Canadian Emergency Care Benefit provides up to \$900 bi-weekly for up to 15 weeks and the Goods and Services Tax credit (GSTC) coming out this month will also provide some relief with \$400 for single individuals and \$600 for couples. The government has also reduced the minimum withdrawals from Registered Retirement Income Funds (RRIFs) by 25% for 2020 and will also allow all taxpayers to defer any personal taxes owing without interest or penalties until August 31, 2020.

Unfortunately, "you only know what you know," as they say, and "you can only control what you can control." The impact of this virus will be what it is, and we will come through it. If history has shown us anything it is that this crisis, like all others will pass and we will come out of it stronger and more resilient than before.

Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author of the best-selling book "How to Retire Debt Free & Wealthy" and a new book *Don't Panic - How to Manage your Finances and Financial Anxieties During and After the Coronavirus* available at all bookstores across Canada. If you have a money question, please email on website: www.askthemoneylady.ca

BINGO
SUNDAY NIGHT BINGO
Pots are as follows:

4 **\$52,734 + POKER FLUSH**

\$11,751 + BONUS

CANCELLED UNTIL FURTHER NOTICE

4,233 + LUCKY 7
In 25 Numbers

SELKIRK STEELERS

Bingo!

Thursday nights

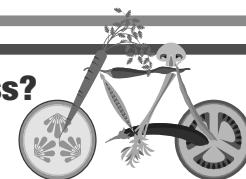
at the Selkirk Friendship Centre

Early Birds at 7:00 pm
Regular Bingo at 7:30

BINGO CANCELLED UNTIL FURTHER NOTICE

Do you have a Health or Wellness Business?

Call Michelle at
204-785-1618 to advertise



Sick of paying for data overages?
Has the need for more data transfer left you exploring new providers?
Is your traffic continually being "managed"?



Now offering Unlimited data and speeds up to 25Mbps*

*Quickstream.ca or call for details 1 (866) 981-9769



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HDMI HIGH SPEED

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Full HD 1080p

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Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

CAMPERS-TRAILERS

2006 Forest River, 28 ft., bunk beds, new flooring & tires. Very nice shape. Dry weight 6,200 lbs. Priced at \$8,500. Call 204-485-0143 for more info.

2006 Trail Sport Featherlite by R-Vision 25 ft travel trailer. 3,152 kg. dry wt. Sleeps 6 VGC. Call 204-268-4887 for more info.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

HOUSE FOR SALE

Country living-approx. 1140 sq. ft. home located on 5.43 acres, 3 bdrms. 1 bath main floor. Basement partially finished with 1/2 bath - plumbed for shower. Electric furnace, new well - fall/2019. Outbuildings - large barn 25ft. x 42ft. with hay loft, detached garage 24ft. x 30ft. Conveniently located between Selkirk and Stonewall on 67 Hwy. Only 20 minutes from Wpg. Priced at \$349,000 obo. Phone 204-482-4917 or 204-482-7351 for more info.

HELP WANTED

\$16 an hour, no experience needed except cooking skills a must. Homecare like duties, cooking, cleaning, hygiene. 2 or 3 days a week. Call Norm 204-406-5667.

MISCELLANEOUS

BN never used; still in box, bendable goose-neck table or desk STUDY LAMP, EWO \$15; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BNCIEC pr. sz. 9 Men's WORK BOOTS/ SAFETY SHOES w/ laces & steel caps over toes, \$100; red, white & black lined WINTER SUITCOAT OVERCOAT fits a men's sz. XL, well insulated winter overcoat, has been dry cleaned, \$100. Ph. 204-785-8598.

Trailers, truckbeds & tires. Full repair & safeties. Vehicle parts, tires & wheels. Vehicle & trailer parts & batteries. Sales, financing & leasing. Kaldeck Truck & Trailer Inc. Hwy #1, MacGregor, MB. 1-888-685-3127. www.kaldecktrailers.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net



DJI Mavic Pro
with 2 batteries, micro SD card, extra propellers and pelican hard case.
Phone or text for more details
204-513-5611



Canon
Cameras & Lenses
Numerous Canon cameras
Canon Rebel XS, Canon Rebel XS1,
Canon Rebel SL1.
Various lenses 18-55, 55-150, 75-200.
OFFERS
Phone or text for more details
204-513-5611



PUBLIC NOTICE

Is hereby given that
Grand Pines Golf Course
intends to conduct the following Pesticide Control Programs during the year 2020.
1. To control weeds from May 20th to November 1st. The herbicides to be used include:
a. Round-Up
b. Par III
2. To control disease of turf. The fungicides to be used include:
a. Trilogly
b. Signature Xtra
c. Instrata
d. Banner Max
e. Heritage Max
3. To control insects. The insecticides to be used include: a. Merit
b. Malathion
c. Bacillus Thuringensis
The public may send written submissions or objections within 15 days of this publication of notice to the department below.
Manitoba Sustainable Development
Environmental Approvals Branch
Box 80, Suite 160, 123 Main Street
Winnipeg, Manitoba, R3C 1A5

MEYERS ONLINE GUN AUCTION

Saturday May 30th
Arden, Manitoba

To consign call
Brad at
204 476 6262

Or visit
www.meyersauctions.com



GoPro Hero 5

Black with 3 GoPro batteries and charging hub and micro SD card. and Go Pro Hero session with micro SD card and charger
Phone or text for more details
204-513-5611



EXPRESSION OF INTEREST

LAND SALE AND DEVELOPMENT 223 SUTHERLAND AVENUE

The City of Selkirk, in contemplation to have the subject property declared as surplus land, invites proposals from proponents for the purchase and development of a professional high quality project along the City's Main Street. The land is approx.. 5350 sq. ft. and currently zoned Parks and Recreation (PR) with pending consideration for rezoning to Strip Commercial (C3) zone and is designated Urban Neighbourhood (UN) in the Selkirk and District Development Plan.



Submissions must be received **no later than 4:30 pm (CST) May 27, 2020.**

Full details and submission information can be obtained online at MySelkirk.ca/223Sutherland-EOI

The City has no obligation to accept a proposal and further reserves the right to accept or reject any submission(s).

Contact Information:

Lisa McLean
Economic Development Officer
City of Selkirk
200 Eaton Avenue
(204)785-4997 or lmclean@cityofselkirk.com

Everything you need to promote your business **Big and Colourful** **Call Today!**
204-785-1618



RM OF WEST ST. PAUL TENDER 2020-03 2020 PAVEMENT REPAIRS PROJECT

The Council of the Rural Municipality of West St. Paul is seeking proposals from qualified bidders for the 2020 Pavement Repairs Project.

Specifications and Tender packages including submission documents are available at the Municipal Office, 3550 Main Street, West St. Paul, MB R4A 5A3 or online at www.weststpaul.com.

Sealed submissions clearly marked **Tender 2020-03 - 2020 Pavement Repairs Project** will be received by the undersigned at the address below until 12:00 noon on the 21st of May, 2020. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by e-mail rfriesen@weststpaul.com or by phone 204-338-0306.

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ANNOUNCEMENT

IN MEMORIAM



Werner Meger
May 4, 2007

Today recalls the memory Of a loved one gone to rest, And those who think of him today Are those who loved him best. The flowers we lay upon his grave May wither and decay, But the love for him who lies beneath Will never fade away.

-Love Doug, Tanis, Roger, Kim, Michele and family

ANNOUNCEMENT

IN MEMORIAM



Jack Woychyshyn

September 11, 1941 - May 7, 2015

Five years have gone by, We miss your smile and gentle nature.

-Always remembered by Carol and Brenda

ANNOUNCEMENT

IN MEMORIAM

John Kubic - May 5, 1964
Rose Kubic - May 17, 1991

Precious memories fill our days And your words of wisdom Guide our path on this earth. Your spirit is watching over us always. We are comforted that we will be Together again in God's heavenly home. -Forever remembered by your son Bob Kubic

and daughter-in-law Stella Kubic, grandkids Shirley, Brenda and Cindy

ANNOUNCEMENT

IN MEMORIAM

Doreen Massey

March 14, 1929 - May 2, 2019

Always remembered, Always missed, Always loved.

-Kaye and family

OBITUARY

Donna Gail Mackay

On Friday, May 1, 2020 at the Gimli Community Health Centre, Donna Mackay, aged 78 years of Petersfield, MB, beloved wife of John passed away.

Viewing will take place the evening of Thursday, May 7, 2020 at the Gilbert Funeral Chapel, Selkirk, MB. Please call Dawn at 204-886-2193 for booking time slots.

A memorial service will be held once health conditions allow.

Full obituary to follow.

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY

Lawrence Kupchik

October 28, 1941 - April 26, 2020

After many years of illness, Lawrence passed peacefully at the Selkirk Regional Health Centre. He was predeceased by his parents Peter and Mary, and brothers Leon and Darwin. Left to mourn his passing are numerous extended family members, as well as friend Ray and residents at Betel Home of Selkirk.

Lawrence was a hard worker, with a kind heart and generous spirit. He will be sadly missed. Family would like to thank the wonderful staff at Betel Home for their care over the years. Rest peacefully Lawrence, reunited with your family, free from illness in the loving arms of Jesus. Cremation has taken place. Private interment to take place at a later date.

Condolences may be left on his tribute wall at www.gilbertfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



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OBITUARY



Eric George Harman

On Saturday, May 2, 2020 at the Betel Home, Selkirk, Eric Harman, aged 63 years, passed away.

He is survived by his mother Mary; sisters Anne (Ed) Hamelin, Darleen (Terry) Leigh and Susan Harman; brothers Frank (Margaret) and Shawn (Robin); as well as numerous nieces and nephews.

He was predeceased by his father Eric.

Cremation has taken place and no formal service will be held.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home,
Selkirk in care of arrangements.



OBITUARY



John Mytz

March 26, 1932 – April 30, 2020

With broken hearts we announce the passing of our beloved husband, father, grandfather, uncle, and brother-in-law: John Mytz, son of William and Katherine Mytz. After a brief illness, John passed into the arms of the Lord on April 30, 2020 at Selkirk General Hospital.

He leaves behind his devoted wife Irene of 62 years; his children Leeann (Jill), Bill, Nancy (Brian), Steve (Tyanna); grandchildren Katrina (Chad), Natassia (Dillon), Emma (Stefan), Declan, Zoe and Destinee (Tom); and many nieces and nephews. John is predeceased by his parents William and Katherine Mytz; sister Ann and brother-in-law Roy Dowell and nephew Michael Dowell; his mother-in-law Elizabeth Bedard; brothers-in-law Henry, Melvin and Robert.

John had a strong work ethic, starting with a paper route as a young boy, then finding work in the summer months between school years at various construction sites, and eventually working as a deck hand on the dredge. This began a long love affair with the lakes and rivers of Manitoba. He always joked that he must have had a drop or two of Viking blood in him—he loved being on the water so much! John entered engineering at the University of Manitoba, but was lured back to the water and waves of Lake Winnipeg, and summer jobs on the dredge and as wheelman on the Bradbury turned into a 35-year career with Canadian Coast Guard Base Selkirk.

John was the perfect gentleman, a devoted son, husband, father, and grandfather. There was never a kinder, more honest, or more gentle man than John. He had class and was an example of humility and calm. A quote from Seaports and the Shipping World,

June 1992 says it all: "For 31 years John Mytz has served the coast guard well. His exceptionally calm and friendly manner inspires immediate confidence. Visiting with him is a real pleasure. If I were shipwrecked on Lake Winnipeg during a violent gale, just knowing that he's in charge of the base would instill some degree of hope which might not otherwise be present."

John was an intelligent, well-read young man with a quiet demeanor and good manners. These qualities captured the attention of a 16-year-old young woman, a fellow Selkirk north-ender, when John was the recipient of the Governor General's medal upon graduation from Grade 12. After meeting at the roller-skating rink, a casual friendship developed. Years later a romance blossomed, and John married the love of his life, Irene in 1958, a marriage which lasted for 62 years.

Whatever project John took on, he remained committed to its completion. John and Irene built their home on Maple Drive in Selkirk, where they raised their young family of two girls and two boys. These were happy, busy years, with hockey, soccer, skating, and piano lessons, and always camping trips in the summer, and snowshoeing and cross-country skiing in the winter.

John loved the outdoors; hunting, fishing, and camping. He had a green thumb and could coax orchids and African violets to bloom year-round, and wilted plants to become lush again. Birding was another hobby of John's, and he could identify local bird species by sight or sound.

In 1983, John and Irene embarked on their big adventure of building a cabin at Sandy Bay in the R.M. of Victoria Beach. When John surveyed this property, Irene was his "pole man." They continued to work together as they built their "happy place," welcoming grandchildren and friends over the years to "Mytz's Harbour," where many celebrations took place. This little bit of paradise was where John could completely relax, leaving the pressures of work behind. Being basically home bodies, "winter vacations" were also enjoyed at the cabin, after the Thanksgiving celebrations which ended the regular summer season.

In 1995, while on a pilgrimage to Italy, John and Irene visited the tomb of St. Francis of Assisi, where their hearts were touched by the spirit of St. Francis. This spiritual experience helped them come to terms with John's final journey on earth and to marvel at God's gracious creation and gift of life.

John was a charter member of the Selkirk Knights of Columbus and a life-long member of Notre Dame Parish. He was a member of Gordon Howard Red River Carvers, and carved birds and animals that have become treasured keepsakes for his family.

In 2010, John and Irene moved to Mapleton Lane. Here they formed new friendships and enjoyed various activities. John enjoyed his daily walks and maintained a feeding station for the birds, which lasted until he became ill in March 2020. Until his illness, John remained a devoted friend of his old classmate Frank Neskar, visiting every week.

John was incredibly proud of his children and grandchildren and it was a further blessing that he was able to spend time with each child and grandchild when it became time for him to depart for the spiritual world.

A small family service has already taken place, co-officiated by Fr. Stan Gacek and Fr. Art Seaman. If so desired, Donations may be made in John's memory to the Selkirk Marine Museum. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Olive Jean Weremy

On Thursday, April 23, 2020 at the Selkirk Regional Health Centre, at the age of 86 years, it is with heartfelt sadness we announce that Olive Weremy has peacefully gone to her heavenly Home in the loving arms of our Lord and re-united with her husband Harry.

She will be lovingly remembered by her daughter Janice (Don) and grandson Matthew; her son Andy (Lisa) and granddaughters, Lexi, Lauren and Liv. She also leaves to cherish her memory, her sister Eileen Malak.

Olive was predeceased by her husband of 46 years Harry; her parents Alice and John; brother Bill and sister Mary.

Born in Winnipeg and a graduate of Kelvin High School, Olive spent the majority of her adult life in St. Andrews and Selkirk area. Her career path led her to employment with MTS, Health Sciences Centre and her most treasured employed time was at St.

Benedict's Monastery where she spent 27 years until her retirement as the Centre Receptionist. She went to work each day with joy in her heart and said she felt close to "our Lord".

Her faith and love of her family were always very important. These two virtues were the centre of her world and she adored her children and grandchildren and family times together.

After the passing of her husband Harry and in her later years she resided at the Knights Centre. She took great pride in being able to live independently, participating in weekly Mass, attending social gatherings and outings. A special thank you goes out to the Home Care "girls" for the wonderful care given to mom while at the Knights.

Olive was a kind and gentle soul with a beautiful heart. She will be greatly missed by family and friends. Her memory will live on, forever in our hearts.

Thanks goes out to the paramedics, nursing staff, Dr. Zoppa and Father Stan Gacek for the care given to mom.

As per her wishes, cremation has taken place, a celebration of life is pending and will be held when it is safe for us to gather again to celebrate the life of our mother, sister and friend, Olive.

In lieu of flowers donations can be made in Olive's memory to St. Benedict's Monastery, 225 Masters Ave. West St. Paul, MB R4A 1A9.

May you find rest and comfort in the love and hope of God and those who cared for you so deeply. Condolences may be made on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



George Arthur Davidson March 22, 1938 – April 26, 2020

It is with great sadness that we announce the passing of George Davidson.

Peacefully with family by his side, George passed away at his home on Sunday, April 26, 2020 at the age of 82.

George will be mourned by his wife of 60 years Eleanor; son Darwin; daughters Debbie (Mike) Williamson and Drinda (Russell) Wasnie; grandchildren Cyla, Devon, Lindzi, Cody, Blair, and Cole; great-grandchildren Luka, Dominik and Paizli.

Dad was known to many as 1-800-GEORGE as there wasn't much he couldn't fix. Family meant everything to him and he was happiest when they were around even the dogs Jack and Blu...

Dad loved his accordion and he spent many winter nights in Yuma entertaining whoever was lucky enough to be around.

When the accordion went away a few stale jokes were soon to follow... okay George get to the point now please!

Thank you to all of the family and friends who have been here throughout everything, the phone calls, meals and all of your support is greatly appreciated.

A special thanks goes out to Bob and Audrey Wasnie, Dave and Bonnie Singleton, Dr. R. Lindenschmidt, Melanie from palliative care, all of the homecare staff along with Wes and John from Gilberts for all the support and guidance.

Rest in Peace George you are extremely loved by everyone who knew you.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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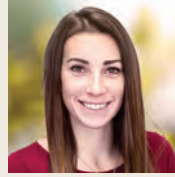
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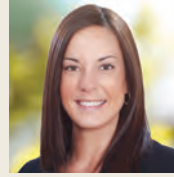


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