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Hip fans hit hard

RECORD PHOTO BY DAVE BAXTER

The Merch's owner Dean Peterson holds up a classic Tragically Hip album on the stage inside the local historic hotel and bar last Thursday afternoon. Peterson said he was "shocked" by the recent news the iconic Canadian band's lead singer Gord Downie has been diagnosed with terminal brain cancer. The band is heading out on a farewell tour and will stop in Winnipeg on Aug. 5. For a story, see page 7.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Centennial Park to honour West St. Paul's legacy



RECORD PHOTOS BY DAVE BAXTER AND SUBMITTED

LEFT: West St. Paul Mayor Bruce Henley helps a group of young West St. Paul residents hold up a time capsule that was buried during the RMS Centennial Park celebration last Thursday. MIDDLE: Ryan Ward, his wife Eliena and their two boys Jonah and Conor plant a tree at Centennial Park last Thursday. RIGHT: West St. Paul Coun. Detlef Hindemeth, Mayor Bruce Henley and Deputy Mayor Stan Parag stand by a new granite sign last Thursday.

By Dave Baxter

A crowd gathered in West St. Paul last Thursday to see the official opening of Centennial Park.

The park, which sits along Willis Road in West St. Paul, was formerly named Willis Park, but was rededicated as Centennial Park last Thursday.

About 375 people showed up to see a new granite sign unveiled by Mayor Bruce Henley, Deputy Mayor Stan Parag, and councillors Cheryl Christian, Peter Campbell and Detlef Hindemeth.

"To honour our 100th anniversary in 2016, we just wanted to come up with a good idea for a legacy project," Henley said.

The park is currently being built

in stages, and Henley said council thought it would be a good idea to mark the 100th anniversary of West St. Paul by renaming it Centennial Park.

Henley added he was impressed with the new granite sign that now sits in the park and can be seen from Willis Road.

"It captures what we were hoping it would," he said "It's a place for families to come."

Council members at the event also filled a time capsule with recent editions of local newspapers including *The Selkirk Record* and the *Winnipeg Free Press*, as well as minutes from a recent council meeting, and other items that would be considered timely in 2016.

Former Reeve 99-year-old Art Chris-

tianson and a few West St. Paul youth were invited to help bury the capsule that Henley hopes will be dug up and opened 100 years from now.

Henley said although it is unlikely that anyone at the celebration last Thursday would be around if the time capsule is opened in 100 years, he hopes future residents do dig it up to see what was going on in West St. Paul in 2016.

"We hope they would be inclined to open it up and have a similar ceremony," he said.

The celebration also saw local families given the opportunities to plant trees that will grow along the edges of the park.

Ryan Ward, his wife Eliena and their

children Jonah and Conor moved near the park about five years ago and said when they moved in "it was just a vacant lot."

Ryan said they had been pushing council for the park to become a reality.

"We've been talking to council for a number of years now, so we're excited," he said, while planting a tree with his family.

Ryan said his boys, who are five and eight "will get good use out of this park."

The rededication was one of a number of events, activities and legacy projects planned throughout 2016 to celebrate West St. Paul's 100th anniversary.

'Violent' attack sends 2 addictions workers to hospital

By Dave Baxter

A violent attack at a drug rehabilitation centre in St. Andrews sent two

female staff members to hospital with serious injuries last Sunday night.

RCMP said that on May 29 around

10:30 p.m., Selkirk RCMP got a report of an assault at the Selkirk Behavioural Health Foundation on Breezy Point Road in St. Andrews, just north of Selkirk.

When police arrived they found two injured female staff members who police said were attacked and robbed by two males, who had both used weap-

ons in the attack.

A blue 2014 F-150 pickup truck with a "Manitoba Jets" license plate J25643 was stolen from one of the victims, and police believe the suspects took off in the vehicle.

RCMP spokesperson Sgt. Bret Paquet said on Monday afternoon the stolen truck had been found in Winnipeg. On Tuesday morning RCMP said both suspects had been arrested.

A 16-year-old suspect was arrested shortly after 9:00 p.m. on Monday while a 17-year-old was taken into custody just before 2 a.m. on Tuesday.

Continued on page 6

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Bus shutdown could close decades-old barber shop

Selkirk business owner says he relies on Beaver Bus route to get him to work

By Dave Baxter

Alex Litvin fears he could soon give his last haircut in Selkirk, because the long-time barber will have no way to get to work.

The 79-year-old has been cutting hair at the Alex Barber Shop on Manitoba Avenue in Selkirk for almost 38 years after first opening the shop in July 1978.

Walking into the shop feels like taking a trip back in time, as it still has the original décor and barber chair, and a barber pole hanging outside the front door.

Litvin doesn't keep a phone in his shop, so clients have to walk in when they want their hair cut.

The barber, who immigrated to Canada from Russia, lives in Winnipeg and has used the Beaver Bus Selkirk to Winnipeg route to get to work for decades.

But when the Beaver Bus Selkirk to Winnipeg route shuts down on July 1, Litvin will have no way to get to work.

"I'll be done, because how else will I come to work?" Litvin said, while cutting a loyal customer's hair last Thursday. "I don't want to retire."

"I'm not happy about this at all."

Litvin said he has already had one customer offer for him to move into his home in East Selkirk to be closer to work.

"I can't do that," he said. "My wife is at home and she is sick. You can't leave when you have sick people at home."

He now hopes the city can come up with a way to get a bus service to and from Winnipeg.

"They have to find some kind of bus. Maybe we can get a smaller bus, or one that just takes people in the morning and back at the end of the day," he said. "It's not just me, this is going to hurt a lot of people."

Litvin said he was "hopeful" when former Selkirk MLA Greg Dewar offered to fund 50 per cent of a public bus service during the recent provincial election campaign.

He added he hasn't heard anything from new PC MLA Alan Lagimodiere that makes him think a new bus is coming anytime soon.

"I read the paper and the new MLA isn't saying nothing, so I don't think the government will get involved," he said. "Maybe Selkirk could do some-



RECORD PHOTO BY DAVE BAXTER

Alex Litvin was busy cutting the hair of long-time customer Lyle Cambell at his shop last Thursday, while speaking about how he may soon be forced to close his business due to looming Beaver Bus Selkirk to Winnipeg route shutdown.

thing, but now who knows."

Regular customer Lyle Cambell was sitting in Litvin's chair last Thursday, and said there is a simple reason he wants the shop to stay open.

"I like coming here because this guy gives you a good haircut," Cambell said. "You know what you're getting when you come here."

Despite the real possibility of a shut-

down, Litvin has kept a sense of humour about the situation.

"Maybe I can find another barber that can drive me to work," Litvin said with a smile.

Back in March it was announced Beaver Bus Lines would discontinue the Selkirk-Winnipeg scheduled bus service on July 1, due to decreased ridership and rising expenses.

Warmer temps, rain dampen farmers fields across Manitoba

Staff

Seeding is nearly 96 per cent complete for the 2016 season across Manitoba, according to the province's crop report on Monday.

But due to recent rainfall and warmer temperatures, the majority of seeded crops are experiencing rapid germination, emergence and growth.

Field operations were hampered by rainy weather conditions last week and over the weekend in some areas

of Manitoba.

"Application of herbicides for weed control will remain a priority for producers as crops and weeds continue to advance quickly," the provinces report stated.

Scattered showers were experienced throughout the Interlake Region over the past week, with rainfall amounts ranging from five to 38 millimetres.

Seeding progress in the Interlake Region is 90 to 95 per cent complete.

Most cereals have emerged and are nearing the stage for weed control.

Most winter wheat fields are sprayed and plants are in the stem elongation stage.

Spring seeded fields throughout the Interlake Region will be sprayed with herbicide this week, as field conditions allow.

Soybean staging varies in the region from cotyledon to unifoliate stages. Corn and sunflowers fields are start-

ing to emerge as well. Forage seed fields continue to develop and will be sprayed for weed control in the weeks to come.

Diamondback moth counts have been monitored for the last two weeks with no significant numbers reported.

Warm temperatures and scattered rains have encouraged hay and pasture development and growth of forages.

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Ride for Dad raises record funds for prostate cancer

By Stefanie Lasuik

More than 1,100 motorcyclists roared through Gimli last Saturday to raise funds and awareness for prostate cancer.

The eighth annual Telus Manitoba Motorcycle Ride for Dad raised a record \$330,000 to put the eight-year total at more than \$1.5 million.

The event has grown every year, to the delight of former Gimli resident and Ride for Dad executive Dave Van Alstyne.

The 77-year-old got involved with the ride eight years ago because his son, Kirk, was a co-chair of the organizing committee. Van Alstyne's dad, Asa, had passed away from prostate cancer when he was 17 years old.

Asa had prostate cancer in the era when testing wasn't as easy or effective as it is now, said Van Alstyne, who now gets checked every two years.

"The test is so simple," the retired RCMP said.

According to Prostate Cancer Canada, the two main tests first used to detect the cancer are the prostate-specific antigen (PSA) test and the digital rectum exam (DRE). The PSA is a blood test from a needle to the arm. In the DRE, a doctor feels the prostate. Combining the tests helps increase the accuracy of these methods, according to Prostate Cancer Canada.

"I think a lot of people are afraid of [getting tested] and then they die," said Van Alstyne. He hopes a key mes-

sage of the ride—to get checked—will help remove the stigma around going for tests and save lives in the process.

"If some so-called 'tough-looking biker guys' can go get themselves checked, then anybody can," said Kirk Van Alstyne.

Approximately 1.2 million Canadian men have prostate cancer, and 80 per cent don't know it, according to the ride's press release. One in seven men get prostate cancer, and estimates say nearly 4,000 men in Canada will die from the disease this year.

Ride for Dad began as a police-directed initiative. The Winnipeg Police Service, led by Moe Sabourin, Kirk Van Alstyne, and Ed Johner, decided to organize the ride after Ride for Dad's sprung up in other provinces across Canada.

The first year they ran the ride, about 275 riders participated, estimated founding member, Jim Lothian.

"We thought if we got 100, we'd be doing good," said Lothian.

Van Alstyne remembers handing out sandwiches from the back of a truck that first year. Now, riders make their halfway stop at Gimli's Lakeview Resort, where the first 500 registered riders eat for free courtesy of Gordon Food Services and the resort.

On Saturday, the riders feasted on roasted chicken, corn on the cob, coleslaw and buns before heading back on their route, which eventually took them back to Winnipeg.



RECORD PHOTO BY STEFANIE LASUIK

More than 1,100 bikes lined the streets of Gimli as motorcyclists stopped for lunch at the Lakeview Resort and Conference Centre.

All the money raised from the ride research and awareness campaigns, will stay in Manitoba and go toward said Lothian.

Sportsman's association helps out rifle club



RECORD PHOTO BY BRETT MITCHELL

Pictured from left to right, Alexa, Andrew, Jae, Liz Flett and Don Mitchell of the Selkirk Junior Rifle Club receive a cheque for \$1,500 from Aaron Goertzen representing the Selkirk Sportsman's Dinner Association during a gathering on May 9. The funds will go towards purchasing rifle and scope stands for the local club.

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Selkirk Park to host walk for kids June 26

By Austin Grabish

Kirstin Sutherland's spirit will live on at a walk celebrating her life later this month.

The second annual Kirstin's Walk for Kids will take place in Selkirk Park on Sunday, June 26 and organizers behind the walk are already busy gearing up for the five-kilometre trek.

Kirstin's father Rick Sutherland said volunteers are preparing for a few hundred people to come out to the walk.

Sutherland said volunteers have been busy getting T-shirts, food plans, and a bounce-a-roo ready for kids who come out the walk.

"She loved kids," Sutherland said.

Kirstin, 27, was killed in an impaired-driving related car crash in Selkirk in 2014.

The St. Clements woman wasn't driving but was in a vehicle with an impaired driver.

Sutherland said that driver's now behind bars serving a three-year jail sentence for the crash.



RECORD FILE PHOTO BY LINDSEY ENNS
Bagpipers lead a large group of participants through Selkirk Park during last year's Kirstin's Walk for Kids. The second annual walk is set to take place on Sunday, June 26.

"We try not to dwell too much on that aspect of it," Sutherland said. "We're trying to stay positive and this is all for the kids."

"We wanted to do something for her in her memory," he said tearing up over the phone.

The registration fee for the walk is \$20 and includes a pork on the bun

lunch and a Kirstin T-shirt.

Sutherland said all of the proceeds will go to the Selkirk and District Community Foundation to support children's programming in Selkirk and St. Andrews.

To register call 204-482-5159 or visit the Running Room online.

Former St. Andrews community club treasurer to appear in court Friday

By Austin Grabish

Sharon Wasny was a no-show in Selkirk court last Friday.

The local accountant, who is being charged with allegedly defrauding the St. Andrews Community Club more than \$200,000, was noticeably absent when her name was called by the Crown during morning court last Friday.

It wasn't clear if Wasny showed up to the court later in the day, but a court spokeswoman said there were no outstanding warrants for Wasny's arrest

on Monday morning.

Last Friday would have been Wasny's first time appearing in court since being released on bail in April, but she is now scheduled to make a court appearance on Friday, June 3 at 10 a.m.

Board members with the St. Andrews Community Club filled a row in a Selkirk courtroom in anticipation of Wasny's appearance and expressed dismay at her absence in the court hall during a break.

Court records indicate Wasny's been banned from going near the commu-

nity club and cannot contact any of its board members.

In April RCMP charged Wasny, 53, with theft over \$5,000 and falsifying documents after finishing an 11-month investigation that spanned back over a decade. She is presumed innocent and none of the charges have been proven in court. Wasny is a St. Andrews resident and is the former treasurer of the St. Andrews Community Club, current board member of Selkirk and District Handi-Bus, and president of SMW Accounting Inc.

> 'IT WAS A VIOLENT ASSAULT,' FROM PG. 2

Both suspects were located in Winnipeg and remain in custody, RCMP said in a release. Charges have not been finalized and one of the victims remained in hospital in stable condition on Tuesday morning.

"The information we had was that one of the victim's vehicles had been stolen," Paquet said. "We believe that one suspect gained control of the keys and took control of the vehicle."

"Although we looked in the area and will continue to look, we believe they were long gone by the time officers arrived."

On Monday *CBC Manitoba* reported that one of the victims was 23-year-old Jackie Healey who was finishing her last shift at the rehab centre as part of a Red River College work placement.

CBC also reported that Healey's father had told them the two women were beaten with baseball bats and pool balls in socks.

Paquet said he could not confirm details of the attack, but did say, "weapons were used."

"It was a violent assault and while I can't speak to specifics the injuries are consistent with blunt trauma. Definitely weapons were used, but not knives or firearms."

The suspects, ages 16 and 17, are originally from the Norway House/Island Lake area, Paquet said.

RCMP originally released names and pictures of the suspects on Monday morning, but later sent a press release asking media not to publish those identities and pictures "due to responsibilities under the Youth Criminal Justice Act."

Selkirk Behavioural Health Foundation's executive director Jean Doucha confirmed Monday two staff members were injured in the attack.

"Staff are very concerned about the women who were injured," Doucha said. "Our hearts go out to them and their families today and that's really all we care about today."

Doucha said she would not give any other details about the incident, or what the foundation plans to do in the aftermath of the crime.

"I can't comment yet because I don't even know exactly what happened yet, so that would be premature," she said.

The Behavioural Health Foundation runs the only two long-term drug treatment centres for teens with addiction and mental health issues in Manitoba.

They currently run a 16-bed male youth treatment centre along Breezy Point Road and a 16-bed female youth facility in St. Norbert.

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Project sets out to turn dangerous trash into art

Canvasback collecting garbage until June 18

By Dave Baxter

Two local animal lovers are using art to paint residents a bigger picture of how much dangerous trash is lying around the Tri-S area.

Carla Scramstad, one of the owners of the family owned Canvasback Pet Supplies in Lockport, has teamed up with local animal advocate Veronica Walsh to start the Fly Free-No Strings Attached project.

The project is encouraging Tri-S area residents to avoid improperly discarding garbage items that could harm animals and encouraging them to pick up those kinds of items when they see them.

Residents who take part can pick up any twine, string, fishing line, netting or other garbage that can be dangerous to a large number of local animals, and drop it off between June 5 and June 18, at Canvasback, which sits along Highway 44 in Lockport.

Canvasback is putting on the project in June because June 5 to 11 is Environment Week.

Scramstad and Walsh have a four by five foot grid and will use string, twine



RECORD PHOTO BY DAVE BAXTER

Veronica Walsh shows the amount of trash she picked up after just a few days of walking her dogs in the Selkirk and St. Andrews area. She now wants residents to pick up similar trash and bring it to Canvasback Pet Supplies as part of a new project.

and other collected trash to create a piece of artwork on that grid.

On June 18 Canvasback Pet Supplies will hold an event between noon and 2 p.m. where they will invite community members to come to the store and give their input on what kind of art they would like the string, twine and other garbage turned into.

"I walk my dogs and I see twine, netting and garbage all over the place, and it's all dangerous to animals," Walsh said. "It's all over in Selkirk and St. Clements and St. Andrews."

Walsh wanted to get Scramstad involved because she recently rescued two pelicans from the Red River in Lockport who were tied together by

fishing line.

The birds were rescued and taken to a veterinarian, but both ended up dying as a result of the incident.

The project will be held in memory of the two birds, which they have now named Pete and Paula.

"I saw them and I noticed they were swimming so close together and not diving so I knew something had to be wrong," Scramstad said. "It was quite horrific to see them tied together like that."

Walsh said although there have been recent stories in the media about a large amount of fishing line by the banks of the Red River in Lockport, netting, twine, string and other garbage can harm animals no matter where it is left.

When asked if she thinks there is enough trash to create the art project, Walsh said she has no doubt there is.

"I could pick up enough stuff just by myself," she said, while showing off a large pile of trash she has recently picked up while walking her dogs.

Those seeking more information about the project can email mail@canvasbackpets.com and are being asked to put "Flying Free- No Strings Attached" in the subject line.

'They are as Canadian as hockey or maple syrup'

Tri-S Tragically Hip fans 'shocked' by news of lead singer's terminal illness

By Dave Baxter

The tragic news that The Tragically Hip's lead singer is terminally ill has local music fans "shocked" and reminiscing about all the music the iconic Canadian band has created over the years.

"They represent everything that is Canadian," Selkirk's The Merch bar owner and Tragically Hip fan Dean Peterson said while sitting at a table in The Merch last Thursday afternoon. "They are as Canadian as hockey or maple syrup, and they never forgot they were Canadian."

Canadians woke up to the news last Tuesday morning that the Hip's lead singer and Canadian icon Gord Downie was diagnosed with terminal brain cancer back in December.

Doctors have said the cancer is not curable, and it is an almost certainty the disease will ultimately claim the life of the 52-year-old singer and songwriter.

The Tragically Hip have become

icons in Canada since first forming in Kingston, Ont. in 1984.

The band is known for classic songs and albums and high-energy live shows, but also because of their many songs and lyrics that touch on Canadian themes and stories.

Peterson runs The Merch bar, which features live bands, as well as music playing through their speakers and jukebox.

He said since last Tuesday The Tragically Hip have been the main topic of conversation at the bar.

"People are talking about it, and people are playing them on the jukebox or asking me to play them," he said.

Peterson said he has been a fan of the band for many years.

"I'm a huge fan so I was shocked. I took a minute to reflect on how some of their music impacted my life or represents certain times in my life," he said. "The thing is everyone has a favourite song, and everyone has a dif-

ferent one cause there's just so many great songs."

With the band set to play one final gig in Winnipeg on Aug. 5, Peterson is now focused on getting a ticket to the show.

He also wonders what kind of emotions will fill MTS Centre that night in Winnipeg.

"I think it's going to be a celebration and a party, and then his last few songs and words I think it's going to be very sad for a lot of people."

"The shows will be emotional for the fans and for the band. It will go both ways."

The Merch is planning to start giving out free T-shirts at their Friday night open mic nights

to anyone that gets up and performs a Tragically Hip song leading up to the concert on Aug. 5.

Alex Reid and Richard Sturtz of St. Andrews have been putting on large vinyl record sales in Winnipeg

for years and said if Hip records are for sale, they won't stick around for too long.

"We've had Hip records but they go immediately," Reid said. "It was only the first few albums that came out on vinyl so they are extremely hard to find, and they are always snapped up at the record show"

He said the records go quickly because of the band's fans.

"They have super loyal fans."

The Tragically Hip will play a farewell show at MTS Centre in Winnipeg on Friday, Aug. 5.

Tickets go on sale to the general public through Ticketmaster on Friday, June 3 at 10 a.m.

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Fishers are a persistent bunch

How's all my fishing pals doing this week?

It was cool and overcast on the Lockport pier a few days back but that hadn't stopped a goodly number of our anglers to come fishing. I strolled among them making small talk and in time came upon a young Winnipeg couple Linh Dang and Duang Phan. Linhs' long dark hair, chiseled features and athletic body was accented with her mischievous sense of humor. Duang on the other hand had a compact well-conditioned body and spoke in short cryptic sentences.

When I asked, Linh had a story about just before spring breakup they were fishing up by The Pas and Duang fell through the ice. With his impressive strength he pulled himself out and as they walked quickly to the nearby shore and the warmth of their car, Linh made light of Duangs' misfortune telling him that the water there was so shallow he wouldn't have drowned anyway. That didn't help Duangs' mood.

A day or so later, between rain showers, I stood on the gigantic rock outcropping by the McArthur Falls dam talking to anglers Mike Corte and his buddy Randy Esperanza from Winnipeg. As we talked they told me that they had originally come from an island in the Indian Ocean so I asked, "who taught you to fish?" Mike looked at me with a grin and said, "we lived on an island surrounded by water, if we didn't teach ourselves, we didn't eat."

I've been feeling a little guilty about not visiting our commercial fishing brothers and sisters lately but somehow something always got in my way. At long last, on the weekend I was standing on the landing at the Gimli harbor looking at the long wooden dock where dozens of skiffs rested side-by-side. Coming toward



SUBMITTED PHOTO
Rachel Bjarnason holds a sample of the Bjarnason family's commercial catch at the Gimli Harbor.

me two skiffs were slowly plying the wind-rippled harbor waters making for their berths. I watched silently as each fisher tied off his boat then began heaving fish filled boxes from their boats onto the dock. A truck backed up to the docks' loading conveyor and out jumped two young gals. They quickly hop-skipped onto the dock, metal pulling hooks in hand and began dragging the boxes to the conveyor.

The girls, full of light-hearted energy, stopped every once in a while to exchange friendly banter with the guys. I silently watched this kind, warm family enjoying their work to-

gether. In time with the truck now loaded Richard Bjarnason, his son Mike, his daughter Rachel and Mikes' significant other Sherri Finnbogason graciously took time to talk to me.

They didn't have a particular story for us right then but a stroke of luck happened later when I called Richards' home for some details. I got Richards' wife Shelia who had another falling-through-the-ice story.

Years ago when she was with Richard on Lake Winnipeg winter fishing she had brought a snowmobile while Richard had the bombardier. They were separated in a net setting operation and when Shelia went back for her snowmobile she fell into a "slush hole". In seconds she was completely submerged in freezing ice and water. Somehow, she can't remember how, she pulled herself onto the ice and without hesitation yelled at Richard that she was going home. She mounted the snowmobile hunched behind the windshield and headed for shore. After an eternity of frozen painful bouncing, ice encrusted, she thankfully reached land; I'm still breathing she thought. She raised her numb fingers to her eyelashes and tore the icicles away so she could see then roared the short distance to the house. She drove the sled right to the door, then waddled inside her clothes frozen and crackling with each movement. An old friend of Rachel's, visiting, stood there looking at her saying, "you look like a drowned rat!" Shelia a true Manitoba fisher smiling faintly, calmly said, "never mind how I look, go help Richard finish setting."

Fishers and anglers are such a persistent lot, aren't they?

Bye now.



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Blue bulbs raise awareness about second-hand smoke

By Austin Grabish

Corey Bighorn hopes First Nations band members will flick on a blue light to signify the end to a different kind of light in their home – tobacco.

Bighorn is a commercial tobacco reduction worker and was on the Peguis First Nation last Thursday to hand out free blue light bulbs to band members who pledged to ban smoking in their homes.

The strategy is called the Blue Light Campaign and is meant to raise awareness about second-hand smoke.

"This campaign has been done in other provinces and so we figured we'd start one here," Bighorn said. "A blue light stands out."

"If you have a community like Peguis that has over 80 people now signed up it's going to be pretty visible at nighttime."

Standing in front of a replica of what a dying foot with no blood would look like, Bighorn said commercial tobacco is destroying the health of many First Nations peoples.

It didn't take long for band members to notice the foot and comment on its resemblance to their own family members' bodies.

"That's what happened to my parents," said one man.

Another shook his head with disgust as he saw the foot and mumbled, "this actually happens."



RECORD PHOTO BY AUSTIN GRABISH
Corey Bighorn, a youth commercial tobacco worker, was in Peguis First Nation last Thursday handing out blue light bulbs to band members who pledge to ban smoking in their homes.

Bighorn has witnessed what tobacco can do to someone first hand and credits his grandmother with being his inspiration for getting him in-

volved with the Southern Manitoba First Nations Commercial Tobacco Strategy.

"I have a grandmother who had both

"IF YOU HAVE A COMMUNITY LIKE PEGUIS THAT HAS OVER 80 PEOPLE NOW SIGNED UP IT'S GOING TO BE PRETTY VISIBLE AT NIGHTTIME."

her legs amputated," he said.

Bighorn said educating band members about the stark difference between traditional and commercial tobacco is important.

He said commercial tobacco differs from traditional tobacco because it's loaded with more than 7,000 chemicals that aren't in the natural plant.

"Traditional tobacco isn't going to have all those," he said. "There's still low levels of nicotine, but I mean the traditional uses in ceremony and such don't really see people inhaling that smoke anyways."

He cited the fact traditional tobacco grows in a garden in Peguis for healing purposes as an example.

Bighorn said about 400 light bulbs have been given out to southern First Nations in Manitoba so far.

The campaign continues this summer.

62% of Interlake residents are obese or overweight: report

It's time to cut down on 'excessive' liquid calories, local dietitian says

By Austin Grabish

Over half of the Interlake is obese, according to a new report released by health officials, but those numbers hardly surprise Jay Adam.

The dietitian based in Teulon said the numbers reflect what he's been seeing for years throughout the Interlake.

"When I really look at it, it makes sense," Adam said.

In total 62.2 per cent of Interlake residents are obese or overweight, and that's almost 10 per cent higher than the provincial average of 56.4 per cent.

The obesity statistic is one of several the Interlake-Eastern Regional Health Authority recently highlighted in a 2014 community health assessment now available on the RHA's website.

The RHA says obesity is a "common risk factor" that's contributing negatively to the overall health of Interlake residents.

"It's growing in our communities everywhere from Selkirk to Ashern to Lac du Bonnet," said Adam.

Adam puts much of the blame on liquid calories that come from high-calorie drinks.

He used a double-double coffee as an example of a drink with an "excessive" amount of calories from high-fat cream and sugar.

He said coffee from fast-food restaurants like Tim Hortons and McDonald's have a considerably higher amount of calories than a drink someone would make at home.

"If you ordered a large (coffee) it's six sugar packets and six 18 per cent creamers," he said. "That's like having an ice cream cone every day."

A quick search on the Tim Hortons' online calorie counter Monday revealed a large double-double coffee has 356 calories alone.

Adam said liquid calories are troubling because they offer no nutritional value and leave you hungry.

"If you drink those calories whether it be from a Slurpee or soda pop or an Iced Capp and Iced Capps are just as

bad as your double-double coffees, you would still want to eat more," he said. "It's not a potato or a sandwich that we made at home or an apple or a banana."

"It's excessive liquid calorie intake."

The report also stated that incidents of diabetes and hypertension have increased in both young and old people.

Health officials noted a whopping 40 per cent of residents living in the northern Interlake at age 19 have diabetes.

Adam said while getting fresh food can be a challenge for those who live in poverty, there are still several healthy options for people on a budget.

"Things like whole wheat bread with peanut butter or whole wheat bread with

an egg or two is fantastic for breakfast," he said.

For dinner, he suggested frozen veggies to go along with pasta.

The RHA offers a four-week course called Craving Change that teaches folks how to eat healthier while forming better living habits.

To register, call 1-877-979-9355.



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June Events Calendar

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<p>June 3 – Veteran's Dinner</p> <p>June 3 – Honky Tonk Fever Band 8pm</p> <p>June 4 – No bingo downstairs</p> <p>June 10 – Rockin Horse Band 8pm</p> <p>June 17 – Rockin 88 Band 8pm</p> <p>June 24 – Karaoke with Wayne 8pm</p>	<p>MUG, SPUD, & STEAK fundraising dates available</p> <p>HALL RENTAL dates available</p>
--	--

<p>Mondays Afternoon crib 1:00 pm</p>	<p>Tuesdays All day Member's Day with food & beverage specials</p>	<p>Fridays Meat draw & Chase the Ace sales start at 4:30 pm</p>
--	---	--

And as always . . . Members & Guests are welcome

Anglers association treats soldiers to a day of fishing

By Dave Baxter

For the second year in a row, the Walleye Anglers Association of Manitoba (WAAM) took soldiers out onto the Red River in Selkirk and treated them to a day of fishing.

WAAM held the second annual Soldier On the Red event at Selkirk Park last Sunday.

Volunteers gave up their boats, their fishing equipment and their time to take about 65 current or former military members and their families out onto the Red River for a free morning of fishing.

WAAM event co-ordinator Jim Bias said that at the first Soldier On the Red event in Selkirk last year they invited ill or injured veterans.

Bias said that when they held last year's event, he realized what many soldiers are dealing with is an invisible illness.

"We had a lot of young guys come out from more recent wars and lots were dealing with post traumatic stress disorder," Bias said. "And some had not been out of their homes in years."

He said last year's event ended up being helpful for a number of soldiers dealing with PTSD, because it got them out and being active in a group.

For this year's event, veterans were once again invited, but WAAM also opened up the event up to all mem-



PHOTO COURTESY OF GARRY FRANKEL

Soldier On the Red participants hold up one of their catches during the event on the Red River in Selkirk last Sunday.

bers of the Winnipeg military community and their families.

About 65 current or former soldiers and their families showed up to dock from Selkirk Park last Sunday morning for a free day of fishing and a BBQ lunch back at the park when they got back.

"These people have given their service to Canada, and they deserve to be

treated to a day out, and they deserve all of our respect," Bias said. "It's just a way to give back to the community."

The event saw 28 volunteer boat operators come out to take about 65 soldiers and their families out onto the water and a total of about 120 participants were out fishing on the Red River Sunday morning during the event.

"We had a great time," Bias said.

"And people were pulling in fish."

Gerald Thompson is a Platoon Warrant Officer with the Integrated Personnel Support Unit (IPSC) and joined current and former soldiers at the event Sunday morning.

He said the mandate of IPSC is to "help the ill and injured soldiers whether in medical release and going back to civilian population, or returning to duty from being injured."

He said soldiers deal with a wide range of both physical injuries and mental illnesses.

"We call them visible and non-visible injuries," Thompson said. "And it's soldiers of all different ranks and trades. There is no one type of soldier that deals with an illness like PTSD, and some of them are in a world of hurt."

He said the Soldier On the Red event is important because it gets soldiers out having a good time.

"Just from whom I have spoken to, people really enjoyed themselves," he said.

Selkirk Mayor Larry Johannson spoke on behalf of the city at the event, while lunch was being served.

"These soldiers have given their service," Johannson said. "We have to show them the respect they deserve, and I'm so honoured they chose Selkirk to hold the event."

'There's so many issues that people are bringing forward'

Selkirk MLA says he's ready to get to work after being officially sworn into office

By Austin Grabish

Rookie politician Alan Lagimodiere has officially been sworn in as Selkirk's new MLA.

Lagimodiere said he felt "over-

whelmed" after taking the oath of office at the Manitoba legislature on May 11.

It's Lagimodiere's first bid at politics and Lagimodiere says he's ready to get to work.

"There's so many issues that people are bringing forward," he said. "I'm really going to have to sit down and prioritize which ones we really need to move forward on first."

Lagimodiere said he's already met with Selkirk Mayor Larry Johannson and Selkirk-Interlake-Eastman MP James Bezan a few times.

He also said he's had various discussions to see what can be done to improve doctor retention rates in Selkirk and the rest of the Interlake.

Lagimodiere had yet to find out where his MLA digs were last Wednesday.

The Selkirk vet said he plans to keep his veterinarian licence but his work



RECORD PHOTO BY AUSTIN GRABISH

Selkirk's new Progressive Conservative MLA Alan Lagimodiere is officially sworn into office at the Manitoba legislature on May 11.

as an animal doctor will have to be put on hold because being MLA is a full-time gig.

Lagimodiere's win last April sent Greg Dewar, Selkirk's longest-standing, packing after 26 years in office.

Lagimodiere became the PC candidate after the party dumped St. Clements businessman David Horbas due to "shortcomings" the party has yet to make public.

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Annual garage sale brings community together

Hundreds show up to support sale in memory of Gracie and Gordon

By Lindsey Enns

Gracie Herntier and Gordon Anderson would have been smiling from ear to ear.

Hundreds of community and surrounding area members came out to support the fourth annual garage sale held in their memory last Saturday and Sunday at the St. Andrews Community Club.

Shoppers both young and old sorted through mountains of donated toys, books, clothing, furniture, live plants and other yard sale items which packed the community club's arena.

"They would just be overwhelmed with excitement and joy and being able to help our community," Gordon's mother Lisa Anderson said while looking around the St. Andrews Community Club last Saturday afternoon. "They would have fun here, they would be on the bouncers and shopping ... they would just be overjoyed by the amount of support that's here."

Anderson said the amount of donations and support they continue to receive each year is overwhelming.

"We had everything donated that anyone could imagine even a kitchen sink," Anderson said, adding they plan to continue hosting the event for many years to come. "There have been so many people, it has been completely overwhelming how many people care about our kids and our community."



RECORD PHOTOS BY LINDSEY ENNS

ABOVE LEFT: Volunteers sort through donated videos during the fourth annual Garage Sale in Memory of Gracie and Gordon at the St. Andrews Community Club last Saturday afternoon. ABOVE RIGHT: One-year-old Marcus Penner of West St. Paul plays in a pile of donated toys and stuffed animals during last Saturday's garage sale in St. Andrews. RIGHT: People sort through books during last Saturday's garage sale in St. Andrews.



"We live in such a great community and they're all here to support that."

Last year the sale raised \$14,700 for the St. Andrews School music program. This year it raised \$20,700, which will be split amongst the same music program and will also go towards repairing the local community club's leaky roof.

Gracie's grandmother Ana Herntier said similar to last year a large line formed outside the arena last Saturday morning before the doors officially opened.

"I had to fight my way through people, they were just lined up around the building," Ana said with a smile. "It was just something else."

Gracie originally started the garage sale to help raise funds for her school's music program.

Her first sale, which was held in May 2013, raised \$605 and she had planned to do another sale the following year, but was tragically killed when she was mauled by two Alaskan malamute

dogs while visiting family friends near Oakbank in 2014.

Through their grief, her grandparents decided they would hold a garage sale again that year and make it an annual event to honour the memories of both Gracie and Gordon.

Gordon was also a St. Andrews School student and he passed away at the age of seven after a car accident in December 2013.

Audit paints grim picture of Operation Return Home

By Austin Grabish

A federal audit investigating efforts to bring 2011 flood evacuees home paints a grim picture of the feds' plan dubbed Operation Return Home.

The 23-page report prepared for Indigenous and Northern Affairs Canada last December was posted online in May and has found a number of problems with the feds' handling of the project, which the government considers "high-risk."

Operation Return Home was started as a formal project in 2013 in a bid to return 2011 Interlake flood evacuees home within a three-year period, but auditors say the project ultimately fell apart.

Delays, a lack of resources, and disorganization were all found to have

stymied efforts in returning some 2,000 residents home.

As of late last month, 1,933 people from Lake St. Martin, Little Saskatchewan, Dauphin River, and Pinaymootang First Nations have yet to return home.

Some are living in rental units, others in Winnipeg hotels, and some are staying with relatives.

Federal auditors investigated what efforts officials had done from April 1, 2013 to Sept. 30, 2015 to return evacuees home and found a myriad of issues.

Among them, the fact that a senior executive committee struck to deal with the project hadn't met for six months in 2015 and a comprehensive communication plan was lacking.

Auditors said that's increasing the likelihood of negative publicity and may make negotiations with the First Nations harder.

The audit also found the project is at risk of going over budget. The federal government is already paying approximately \$1.5 million to house and support evacuees each month.

"It's unbelievable. It's phenomenal with the amount of money that's been wasted in this," said Diana Traverse.

Traverse is from Lake St. Martin and isn't happy with how her band's handled the evacuation either.

She said floodwaters didn't destroy every home on the reserve in 2011, but despite that the band condemned or sold most homes anyway.

"If they hadn't destroyed our homes

or (sold) or burnt our homes we would have simply moved back in," she said.

Lillian Catcheway, 51, is from Lake St. Martin and said evacuees aren't used to the high-risk Winnipeg life style.

"Because back home we were always together no one got into fights, arguments, kids got along really good back home," she said.

Catcheway's son recently tried to commit suicide and many more band members have died since the evacuation, she said.

Catcheway said evacuees are bored in Winnipeg as they sit waiting to return home to their traditional lands.

"I don't like the city. I don't like being here."

Annual PASS gathering helps inspire students

By Lindsey Enns

Pending rain showers may have pushed an annual outdoor event at the Comp indoors, but that didn't stop community and area members from celebrating at this year's Promoting Aboriginal Student Success (PASS) gathering.

The 16th annual day-long event took place inside the Comp's gymnasium last Wednesday.

"Our community is a large Indigenous community, specifically Métis ... so we definitely have that portion of grads that are going to reflect our community," PASS adult committee chairperson Jacqueline Bercier said, adding roughly 500 students will be graduating from the Comp at the end of this month. "This is a time when they can show their strengths and show that they're defiantly leaders within the school community here."

"For our staff, they get to see a different side of our students ... this is all about them."

Nearly 25 First Nations and Métis students were set to receive various awards and bursaries during the Comp's awards night on Wednesday, June 1, Bercier said.



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Cheryl Wirch of Selkirk, pictured right, fixes her 10-year-old grandson Tyson Prince's traditional dress during the 16th annual Promoting Aboriginal Student Success gathering at the Comp last Wednesday. RIGHT: Powwow dancers perform during the grand entry last Wednesday.



PASS was originally started by a small group of students who wanted to ensure all of their classmates were being recognized and celebrated.

The group has now grown to include a youth and adult committee.

Dozens of volunteers chipped in to help hand out various awards and cer-

tificates this year to aboriginal and non-aboriginal students from various communities.

Grade 11 Comp student Shae-Lynn Burke was busy taking photos during the event last Wednesday and said she looks forward to being one of the students honoured next year.

"I'm kind of sad this will be my last year in PASS," Burke who is Métis said. "It's very different from my other school they never did anything like this."

"It's very inspiring and it's nice to have all this attention because we don't always get out there as much."

Bercier said each year the PASS event is set up like a small powwow. Graduates gather on one side while local dignitaries and elders gather on the other.

"It's a huge amount of people who are doing a huge amount of work," she



One-year-old Jayce Prince walks around during the annual PASS event last Wednesday at the Comp.

said. "It takes from September until now to plan for the event."

Although being indoors gave the event a different feel this year, it was still a success, Bercier said.

"When we're outside we're more connected to the land ... and this way I almost feel a disconnect because we're in the gym but we're all in one location so it gives us a chance to see what this venue is like if we ever have to use it again."



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Living off the land

Earthship build a learning experience for St. Andrews couple

By Austin Grabish

You can almost taste the petals in the air.

"Eat it. Just eat it. Eat it," he says. "It tastes really good."

It's a bit bland but then a spicy kick from this flower's bright yellow petals sets in.

The nasturtium flower is how Nicole Bennett and Kris Plantz welcome guests to their earthship home in St. Andrews, which is now three years old.

"We make everybody eat one of these when they come in the door," Bennett says.

The skies were gloomy on this particular day, but the local couple's greenhouse is blooming.

They have flowers, herbs, grains, grass, and fresh veggies growing in the greenhouse.

To its right are three bedrooms, a kitchen with propane, and a closet where the lone solar battery pack for the home is tucked away.

There are dozens of old wine and gin bottles acting as bricks in the walls and beneath them are recycled tires filled with earth that keeps this home warm.

Outside, Plantz is turning soil and planting seeds to prep an outdoor garden for summer.

The couple believes their earthship is the only one of its kind on the Prairies, but that could change this sum-



mer if construction on a second is successful in Rivers, Man.

Bennett and Plantz say they've learned a lot since first moving into their home in September 2013.

"You have to adjust how you behave in the winter," Bennett says.

Plantz, an environmental technologist, says he's gone from having zero construction experience to having built almost everything in the earthship.

"I've learned too much," he says.

Less sun in the winter means less power to run this 1,700 square-foot home.

"To put it in perspective, if we had like 10 (different) 100-watt light bulbs running for 24 hours that would completely drain our batteries," Plantz says.

The couple had a close call during the winter when something started



RECORD PHOTOS BY AUSTIN GRABISH

ABOVE AND BELOW: Kris Plantz turns soil and plants seeds to prep a summer garden outside his self-sustaining earthship home in St. Andrews, which is now three years old. LEFT: Flowers, herbs and grains grow inside the local couple's greenhouse.

sucking the home's power away – a search later revealed an incandescent light bulb to be the culprit.

"If you're going to run solar you can't run the same things as a standard home otherwise you need a ton of panels and batteries," Bennett says.

Aside from a few other hiccups including a lack of hot water in the winter, Plantz and Bennett say they're happy with their earthship.

Despite being completely off the hydro grid, the south facing home can naturally heat up to summer-like temperatures during the winter months.

A wood stove the couple installed during their second year in the home keeps the rest of the earthship warm and heating bill away, and there's no water bill here either.

The earthship's roof drains all rainwater into a filtration system that makes it suitable for drinking and

bathing.

Shower water is recycled into the greenhouse and then once more for the toilet before making its way into a septic tank, which is emptied twice a year.

Bennett and Plantz have spent the last three years finishing their home, but their work isn't done yet.

Bennett hopes to turn a massive dugout leftover from the home's construction into a natural swimming pool.

Plantz says building an earthship is no easy feat and cautions anyone considering it about the physical work and surprise fame that comes with living off-grid.

"We had too many people coming by," he says noting media coverage and curious visitors showing up to the home.



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Community helps raise \$35K at Selkirk MS Walk

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Rodeo to ride into Selkirk

By Lindsey Enns

Preparations are well underway for next week's Manitoba High School Rodeo Association finals in Selkirk Park.

The three-day event, hosted by the St. Andrews-St. Clements Agriculture Society, will take place on June 10 to 12 at the park's rodeo grounds.

Events will take place from 10 a.m. to around 4 p.m. on all three days and schedules will be posted on the society's website at selkirkfairandrodeo.com.

Events will include goat tying, bull riding, barrel racing, team roping and steer wrestling just to name a few.

So far roughly 90 competitors aged 12 to 19 from across Manitoba, Ontario and Saskatchewan have registered to compete for various awards, bursaries and prizes.

Rea Pennington, president of the St. Andrews-St. Clements Agriculture Society, said participation is down a little bit from the previous three years.

Pennington added dozens of volunteers have been busy getting the park's rodeo area ready, getting the stalls ready for about 100 horses and planning their annual potluck dinner on the Friday night and high school cowboy prom on the Saturday night.

"Anybody graduating from high school is also graduating from high school rodeo," he said, adding the prom is a big event for the youth. "They dress up and are paraded in, it's kind of a big deal for them."

The annual high school rodeo finals is very much a family oriented event.

Although Selkirk has played host to the high school rodeo finals in September, due to increasing costs, the ag-



RECORD FILE PHOTO BY LINDSEY ENNS

Tyson Salmon of Stonewall competes in the bull riding event during the Manitoba High School Rodeo Association finals in Selkirk Park last year. This year's rodeo finals will take place on June 10 to 12 at the Selkirk Park rodeo grounds.

society will not be hosting it this year, Pennington said. He added they have applied to host it for the following three years and will find out near the end of this month if they have been

chosen.

"They like our venue but there's always a chance it will be held somewhere else as well."

City's supplemental water source to be up and running this fall

Submitted

Installation of a pipeline that will secure a safe and consistent water source for Selkirk residents is underway and will be completed by September.

City of Selkirk Director of Operations Dan McDermid said residents currently get their water from four wells located within the city limits.

The city's main well is located on Christie Avenue. A \$1.9 million construction project saw two additional wells established in the RM of St. Andrews and an 11 kilometre pipeline is being installed to bring the new supplemental water source to Selkirk's water treatment plant.

The total cost of the project is \$2.5 million, which will be cost shared evenly between the City of Selkirk and the Manitoba Water Services Board.

Concerns about adequate water supply for the city were initially raised decades ago, in the 1960s, and though reports from that time called for additional wells, no work was done.

The city's CAO Duane Nicol said that a dry summer several years ago presented some challenges with the city's water supply and prompted both water conservation efforts and a renewed look at the ability of the existing wells to supply Selkirk and its growing population.

Nicol said Selkirk is built atop a unique limestone formation and studies have shown the rate that water from the aquifer can be drawn through the limestone is quite low, about 5,000 gallons per metre per year. It's a rate that's far too low to supply Selkirk today and into the future.

"We were using far more than that,"

Nicol said. "We were getting to the point where, within a very short period of time into the future, there was a good possibility that we were going to dewater our well, or in other words, drop the water line below the well head."

The search for a suitable location for new wells began in conjunction with the Manitoba Water Services Board, the St. Andrews location was tested, the community and municipal council were included in consultations and ultimately the site was selected.

McDermid said the investigation was extremely thorough. The city and MWSB looked at existing studies and conducted new ones. Friesen Drillers was retained and test wells were dug, test pumps where the site was tested at full capacity for seven days to see what effect it had on surrounding areas were done and the site passed all the stringent testing.

Nicol said the extreme pre-testing was important to ensure the new well wouldn't cause problems for anyone, especially those who live near the site.

The rate water can be drawn through the limestone at the new well site is 100,000 gallons per metre per year.

Mayor Larry Johannson said he's proud of how city staff worked with all the other partners to make the essential project a reality. He commended city administration for their work on the Environmental Licence application, which he said impressed the Manitoba Water Services Board for its thoroughness.

The water line is essential, he said, and serves Selkirk's citizens well, and positions the city even better as we move forward.

McDermid said the city will continue to work with area residents and the RM of St. Andrews to ensure the wells are functioning properly now and into the future.

"We're going to be working with all the local residents and the RM on an aquifer program to make sure everything is going well," McDermid said.



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Your Wedding

Easy ways to trim wedding costs

Couples planning their weddings realize pretty quickly just how expensive weddings can be. Depending on where couples tie the knot, the costs can stretch into the tens of thousands of dollars, leaving many young men and women to scramble to find ways to trim costs without trimming quality.

Many couples look for ways to cut wedding costs, and couples facing that very dilemma should know that there are several ways to save money but still host the wedding of their dreams.

Guest list

Guest lists can consume a significant portion of couples' wedding budgets. When compiling the guest list, couples should keep in mind that guests will need save-the-date cards, invitations, catered meals (including cocktail hour, dinner and dessert), drinks, and gifts (including hotel gift bags and wedding favors). So the cost per guest will be more than just the per person cost of the meal couples negotiate with their caterer. Couples who can pare their guest lists down to just family and close friends can save a substantial amount of money without affecting their ceremonies.

Reception

A couple's wedding reception also will chew up a lot of their wedding budgets. But there are ways to reduce the costs of receptions, too. Couples planning on having a morning wedding can shift their receptions from the evening to the afternoon, when the cost per meal will be considerably less. Afternoon receptions also can be alcohol-free, saving couples even more money. If a nighttime reception is a must-have, choose a limited cash bar instead of an open bar. Limited cash bars often provide guests with free beer and house wine while guests who prefer liquor or mixed drinks must pay for their own libations. If you are planning an outdoor wedding reception, you may even be able to provide your own alcohol, which can save considerable amounts of money.

Couples also can trim reception costs by choosing the least expensive meal package. Packages often differ greatly in price but are not always so different with regard to their menus. If you find the packages offered by your venue are similar, choose the least expensive option.

Arrangements

Floral arrangements are a big and potentially expensive part of many couples' weddings. The bride needs her bouquet, as do her bridesmaids. In addition, many couples decorate their ceremony space with flowers, and of course reception table centerpieces typically include flowers as well. When working with your florist, request in-season flowers, which will cost considerably less than exotic flowers that are out of season. In addition, let your florist know your budget and ask that he or she recommend flowers that won't break the bank.

Gifts

While it's become customary to prepare gift bags for guests staying in hotels, couples should not go overboard with such gifts. Gift bags need not include more than a snack, a bottle of water and a homemade thank-you card. Couples also should not break the bank with regard to reception gifts, which have also become a standard offering. Keep such gifts simple and inexpensive, even opting for homemade gifts if you and your future spouse are skilled with crafts.

Wedding costs can be eye-opening for couples preparing to walk down the aisle. Fortunately, there are many ways to cut costs without cutting quality.

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Your Wedding



Bridal Checklist

With all of the things that are necessary to have a wedding flow smoothly, it is no surprise that sometimes important things are inadvertently overlooked. Here is a list of often missed little items, for your wedding checklist. It is by no means the "complete checklist", but it is a good starting point.

Let's see, how many of these were you missing already?

1-Week Before the Wedding

- Purchase travelers checks and inquire about money locations near your honeymoon venue.
- Pack your bag and make a list of any valuables that you plan to take (including credit card information and traveler check numbers).
- Confirm with your florist on the expected flower delivery time.
- Give the money to the best man for the Officiates' fee.
- Attend your wedding rehearsal dinner.
- Complete the final fittings for all of the groomsmen.
- Give the caterer a final guest count for the reception.
- Finalize the transportation for any guests coming from out of town.
- Present gifts to the bridesmaids at a luncheon.
- Complete a change of address card at the post office.
- Have a manicure and pedicure, if desired.

Day of the Wedding

- Relax and allow yourself plenty of time to get to the ceremony site.
- Mail the wedding announcements.
- Advise the greeters of the Bride's and Groom's side so that they can seat the guest accordingly.
- Provide rings to the best man/maid of honor to hold during the ceremony.
- If wedding pictures are to be taken prior to the ceremony, have the entire wedding party on site two hours before the ceremony.

Story by Carol Callahan
www.bride.ca

Inspiration boards bring wedding plans to life

Making the wedding of your dreams a reality may require some creativity. It can be challenging to organize all of the creative ideas swimming around in your head, but inspiration boards may be able to help.

Inspiration boards, sometimes referred to as idea boards, are commonly used by interior designers, artists, writers, and even wedding planners. Such boards can serve a great purpose when starting a new project, especially if all of your creative ideas seem to lack cohesion. Sometimes seeing things together, rather than in bits and pieces on their own, can fuel even more creativity.

Inspiration boards can include magazine clippings, photographs, fabric swatches, quotes or literary passages, and color swatches. As the idea board grows, you may find a common denominator among your inspirational elements. This can help determine a theme for your wedding or jump-start other planning.

While poster boards may be more traditional idea boards, creative ideas also can be compiled in binders or scrapbooks, which work especially well at keeping all items organized and concise. Plus, they're portable, which means you can take

a scrapbook to a meeting with a wedding vendor and show him or her your concepts for the wedding.

Later, when photographers, florists and other vendors have been booked, you can attach receipts or agreements to the inspiration board for future reference. This keeps all of your important wedding information in one place rather than requiring you to search through different folders or files for important documents. In addition, if friends or family members ask for advice on vendors and planning their own weddings in the future, you can readily access your inspiration board.

To start building your own board or book, take clippings of photos or articles that resonate with you. As you visit bridal shops and other stores, take fabric swatches and pictures of particular looks. Attend bridal shows and take home promotional materi-



als. Remember, inspiration may not always come from bridal-related resources. Anything you come across in your daily life - such as window-shopping at a furniture store or passing an art exhibit - may inspire some creativity.

Inspiration boards are used by top design professionals and can be a handy resource for couples planning their weddings.



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Concerns surround proposed assisted-dying legislation

'If we're doing this we gotta get it right,' Bezan says

By Austin Grabish

In just a few days, it will no longer be illegal to help someone die in Canada.

And as the clock continues to tick, concerns with Bill C-14, the federal government's proposed assisted-dying legislation, remain mounting.

Cheri Frazer is the co-coordinator of the Winnipeg chapter of Dying With Dignity Canada and is deeply concerned about the legislation put forward by the governing Liberals.

She cited a heartbreaking conversation she recently had with an Interlake man living with multiple sclerosis.

The man, in his mid-thirties, uses a wheelchair and has seen his health deteriorate steadily over the last 10 years, Frazer said.

Frazer said as the proposed legislation stands his death wouldn't be considered "reasonably foreseeable" meaning he wouldn't be eligible for a physician-assisted death.

She said that's left him wondering if



FACEBOOK PHOTO/DYING WITH DIGNITY CANADA

People stand in support of the right to die at a rally last fall on Parliament Hill in Ottawa. In just a few days, it will no longer be illegal to help someone die in Canada, but concerns are mounting about how assisted deaths will be handled.

he needs to apply for a court order to end his life now.

"He called to ask if he needs to die

before June 6 because he wasn't eligible," she said choking back tears during a telephone interview with the *Record* on May 8. "So that was deeply upsetting."

Frazer said the wording in the proposed legislation has caused a rash of confusion for those who want to continue to live, but also have measures in place for when their pain becomes unbearable.

"He's going downhill fast, and he's losing his ability and he's in pain, and there's only so much more of this that he's willing to take," she said. "But for now, he would like to keep going as long as humanly possible ... because he does want control over his death."

Frazer said there are other patients in Selkirk suffering from pain that are interested in a physician-assisted death.

She wanted to note that many patients chafe at the word 'suicide' and prefer the process be referred to as a physician-assisted death.

Conservative Selkirk-Interlake-Eastman MP James Bezan said he's also concerned about the proposed legislation.

He said the House of Commons al-

most always gives issues of conscience a full hearing, so every MP can have his or his voice heard, but the Liberals shut down debate after just two days.

The federal government is scrambling to meet a June 6 deadline that the Supreme Court of Canada imposed last year when it ruled the Criminal Code's current ban on assisted deaths violated the Charter.

Bezan said while the Liberals have already received a four-month extension to their original deadline they should have asked for another one given the gravity of the situation.

"I'm still hearing from the different organizations representing people with disabilities that have huge concerns of what this could entail," Bezan said.

He said safeguards are not in place and people with morality issues and health care professionals are not protected under the proposed legislation.

"If we're doing this we gotta get it right," Bezan said.

Ron VanDenakker, Interlake-Eastern Regional Health Authority CEO, said the RHA is waiting to see the government's legislation to get a better grasp on the situation.

"Until we actually see the legislation it's going to be difficult," VanDenakker said.

VanDenakker said if a patient requests a physician-assisted death before June 6, he will handle the request directly in consultation with a provincial health care team that's been established to handle such matters.

But he noted until then, it remains against the law to help someone die unless a patient gets a court order, which at least two Manitobans have done in recent months.

VanDenakker said the RHA doesn't anticipate receiving a significant number of requests for physician-assisted deaths so it won't be creating a team to handle the practice.

Instead, he said, the RHA will work with its provincial counterparts to ensure patients' needs are met.

"We're working our way through some things right now through our medical advisory committee," VanDenakker said. "We're really waiting to see what the legislation is going to say."

MPs will make a final vote on the proposed legislation sometime in the coming weeks after Bill C-14 returns to the House of Commons.

It's currently being studied in a government committee.

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> MEAL IDEAS

THE Marketplace AT SELKIRK

Honey garlic roast pork



Makes 12 servings
For easy entertaining, this is one of my favourites. While the pork is roasting, rich aromas will fill your kitchen. Serve with chutney, broccoli or scalloped potatoes.

Ingredients
2 Kg (4 lb) boneless pork loin roast
Marinade
25 mL (2 tbsp) sodium-reduced soy sauce
25 mL (2 tbsp) sherry

25 mL (2 tbsp) liquid honey
25 mL (2 tbsp) minced gingerroot
2 cloves garlic, minced
Directions
Combine soy sauce, sherry, honey, gingerroot and garlic.
Trim any visible fat from meat.
Place roast in large plastic bag and pour marinade over. Tie bag shut and refrigerate for at least 4 hours, rotating bag occasionally.
Remove roast from bag. Reserving marinade but leave as much ginger and garlic bits as possible clinging to roast.
Set roast on rack in roasting pan. Roast, uncovered and basting occasionally with marinade, in 160°C (325°F) oven for 2 hours or until meat thermometer registers 70°C (160°F).
Let stand for 15 minutes before carving. Trim the fat off before serving.
Make ahead tip:
Marinate pork in refrigerator for up to 2 days.

Kiwi Fruit Sorbet



Ingredients
Makes about 1 quart
2 teaspoons grated lime or lemon zest
3/4 cup sugar, divided
3/4 cup water
2 pounds kiwi fruit (about 8 kiwi fruit), peeled and quartered
6 tablespoons freshly squeezed lime or lemon juice
2 limes, quartered
Directions
In a small bowl, mash the zest with 1 teaspoon of the sugar to release the oils. Combine the remaining sugar and water in a small saucepan and bring to a boil, stirring to dissolve the sugar. Cook until the syrup is clear. Remove from the heat and let cool to room temperature. In a food processor or

blender, purée the kiwi fruit with the juice, syrup and sugared zest. Transfer to a container, cover and refrigerate until thoroughly chilled, about 3 hours.
Freeze in an ice cream maker according to the manufacturer's instructions. Or, to freeze without an ice cream maker, pour the mixture into a 9-inch nonreactive square pan. Cover with aluminum foil or plastic wrap and freeze just until solid, 2 to 3 hours. Scrape out into an electric mixer or food processor and process briefly until light and fluffy. Serve at once or transfer to a container, cover, and freeze until firm, about 2 hours. At serving time, garnish with a lime wedge to squeeze over each serving.

Coriander Spare Ribs With Cilantro Butter



Ingredients
Makes 6 servings
3 tablespoons ground coriander
2 tablespoons raw sugar
1 tablespoon ground cumin
Sea salt and freshly ground black pepper
Finely grated zest and juice of 2 limes
1/2 cup chopped fresh cilantro
2 racks of pork ribs, about 4

pounds each, preferably St. Louis cut
4 tablespoons unsalted butter
1 garlic clove, minced
Directions
Combine the coriander, sugar, cumin, 1/4 cup salt, 2 teaspoons pepper, and 2 cups water in a large zippered plastic bag. Seal and shake until the sugar and salt dissolve. Open the bag and add half of the lime zest and juice and half of the cilantro. Cut the rib racks in half and put in the bag with the brine. Seal the bag again, but leave a corner open and push on the bag to make sure you release any trapped air through the opening. Close the zipper completely. Massage the liquid gently into the meat and refrigerate for at least 6 hours and up to 12 hours.
Preheat the oven to 200 F.
Put the ribs in on a rack in a large roasting pan. Pour enough of the brine from the bag into the pan so that it covers the bottom of the pan but doesn't touch the rib meat. Cover the pan with aluminum foil and steam

until the rib meat is falling-off-the-bone tender, about 6 hours.
Raise the oven temperature to 450 F, remove the foil, and bake until the ribs are browned, about 15 minutes.
While the ribs are browning, put the butter and garlic in a saucepan over medium heat and cook until the garlic sizzles, about 1 minute. Add the remaining lime zest and juice and bring to a boil. Remove from heat and stir in the remaining 1/4 cup cilantro.
Taste and adjust the seasoning with salt and pepper.
Cut the racks into individual ribs and serve drizzled with the cilantro butter.
Ribs can be stored for up to 3 days in a refrigerator. Reheat gently in a low oven.

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Royals repeat as KPAC baseball champs

Selkirk secures title with game-ending triple play

By Brian Bowman

The KPAC baseball final between the Selkirk Royals and Garden City Fighting Gophers could not have been any more exciting.

And, without question, it could not have had a more bizarre ending.

With the Royals leading 7-3 in the bottom of the eighth inning and Garden City runners situated on first and second with no outs, the game abruptly ended as the Fighting Gophers' batter awkwardly bunted into the rarest of triple plays to end the game.

"It was a great game played by both sides," said Royals' head coach Michael Buffie later that evening.

Selkirk pitcher Brittney Langlais fielded the poorly-placed bunt, threw over to first base for the second out and then the Garden City base runner at second was caught off base for the third and final out.

"It was great," Buffie said of the game-ending play. "And it just shows how on our toes our defence was. Brittney made the play and was in the frame of mind to throw to first as the runner was way off first."

It was a stellar play started by Langlais, a strike-throwing, right-handed pitcher, to end the game. And it was only fitting that she played a major part in those final three outs as Langlais was very good on the mound for the Royals in shutting down the Fighting Gophers.

"Brittney pitched eight innings for us and she pounded the strike zone," Buffie said. "She got a lot of ground ball outs and our defence was really on their toes, mostly because she was throwing strikes, and balls were being put in play."

The Royals scored four runs in their top half of the extra inning as international rules place runners on first and second to start the inning. After executing a double steal, Derek Woloshyn smacked a double to score both runs to give Selkirk a 5-3 lead.

After a walk and a passed ball, Derek Petrasko then pounded a two RBI single to stake Selkirk out to the four-run



RECORD PHOTOS BY LANA MEIER

Top row: Shayne Fredborg (assistant coach), Derek Petrasko, Owen Nychyk, Travis Spratt, Troy Kozun, Brett Boudreau, Ben Fountain, Brendan Freeman, Brennan Cheasley, Connor Spratt (assistant coach), Michael Buffie (head coach); front row: Nolan Dear (bat boy), Garrett Saunders, Reece Tessier, Reed Hoium, Derek Woloshyn, Wes Hoydalo, Brittney Langlais, Nico Morrow-Litke, Braydon Chwartacki, Dawson Dear (bat boy).



The Selkirk Royals celebrate their triple play that abruptly ended the KPAC final against the Garden City Fighting Gophers.

advantage.

Selkirk started the game's scoring with two runs in the top of the third inning but Garden City quickly responded with three in the bottom half of the inning.

In the top half of the fourth, the Royals loaded the bases with one out but could only score a single run to tie the score at 3-3.

Petrasko, Brett Boudreau, and Wo-

loshyn scored Selkirk's first three runs of the game.

With the win – and the second-consecutive KPAC championship – Selkirk now advances to the MHSAA provincials, which will begin today and continue through to Saturday in Winkler.

"We're excited," Buffie said. "That was our goal at the start of the year. Win our zone and go to the provin-



Brittney Langlais was very good on the mound, pitching all eight innings for the Royals.

cials and see how we can do there."

Selkirk struggled at last year's provincials but that experience – and the offensive punch that this year's team possesses – should give the Royals high expectations this week.

"Our offence has been rolling for a while now, so anything can happen," Buffie noted. "We're looking forward to this and we're going into this provincial tournament pretty confident."

Royals having a ball with three-game unbeaten streak

By Brian Bowman

The Selkirk Royals are heading into this weekend's lacrosse playoffs riding a three-game unbeaten streak.

Selkirk has been having a ball in their first year of lacrosse. The Royals won their first-ever game with a solid 6-3 win over Glenlawn Collegiate on May 26 and then followed that up with a 4-4 tie with River East last Friday and a 10-4 victory over Thompson.

Life is going pretty good right now for the Royals' lacrosse team.

"It feels fantastic (to win that first game)," said Royals' head coach Chris Poponick. "The guys were chomping at the bit to get a victory and they had come close so many times prior to that."

"I told them to settle it down. It's all a process and we'll get there. It wasn't a question of if, but when."

Coaches around the high school lacrosse league have noticed for weeks that the Royals have some good talent on their team. That talent is now starting to show up on a consistent basis.

"They're getting more comfortable with that they are doing," Poponick said. "The individual skill has always been there but the team concept was something that was foreign to them."

"They now understand what we're trying to get them to do and they're more comfortable. That's the biggest thing. They're not standing around trying to figure out what to do, they're reacting more."

With a 2-5-1 record, Selkirk is currently in fifth



RECORD PHOTO SUBMITTED

The Selkirk Royals are undefeated in their past three games heading into this weekend's lacrosse playoffs.

place but the Royals may surprise some teams at this weekend's playoffs at St. James Optimist Park in Winnipeg.

"We've now gone three games without a loss," Poponick noted. "We started the year with five losses and now we haven't lost in three games, which sets us up nicely for playoffs."

"I think we're going to be a surprise because we

have played a lot of the good teams very close. I'm really looking forward to what the boys can do and I think we're going to surprise some people."

Selkirk's first playoff opponent and time of their game on Friday was not known at press time because regular-season games were still being played today. Selkirk does know, however, that it will either play Friday at 4 p.m. or 5:30 p.m.

Locals have Clutch performance at westerns

By Brian Bowman

The WinMan Clutch – which included local players Alek Morelli and Nigel Nielsen and assistant coach Mikael Clegg – won a bronze medal in Tier 1/Division 1 at the U16 Western Canadian Volleyball Championship recently in Calgary.

WinMan was relegated to the bronze-medal match after losing 2-0 to the eventual-tournament champion Durham Attack from Toronto in a semifinal game.

"We made a lot of errors in that game," recalled Nielsen. "But it was still a close game, 25-22 matches, but we just didn't pull through. I think if we play them again, we probably would do better."

Morelli also felt that the Clutch could have – and should have – medaled higher at westerns.

"We finished second in our pool, so we would have had a harder rout to the final," said the 6-foot-3 middle from St. Andrews. "But we're a good, all-around team with really good passers and a really good offence and setter."

Winning bronze at a western championship is a great accomplishment but both Nielsen, 16, and Morelli had higher expectation with their talent-laden WinMan Clutch team.

"We didn't do as well as we wanted," Nielsen, a talented left side from St. Andrews, said. "We didn't play that well the whole time but we still ended up taking the bronze medal, so we're happy with that."

The Clutch, which have a bevy of talented players from all across the province, put in plenty of hours and hard work in the gym preparing for the westerns. That hard work paid off with a medal against many of the top club teams in the country.

"All of the coaches and players in the association are so dedicated to getting better," said the 6-foot-4 Nielsen, who was chosen as an all star at westerns. "We spent so much time in the gym getting better – and it paid off."

Both Morelli and Nielsen were quick to point out that they are much better players now than compared to the beginning of the club season.

"It's a tremendous difference," Nielsen stressed. "I'm good at offence at the net but coach Lyndsey (Habib) has spent hours with me working on my defence."

Morelli said the Clutch have some very good middles on their team. Practicing against those players helped him improve his play at the position.

WinMan went into the westerns on a



SUBMITTED PHOTO

Alek Morelli, left, and Nigel Nielsen, both from St. Andrews, led the WinMan Clutch to the bronze at the U16 Western Canadian Volleyball Championship in Calgary.

high after winning the U16 boys' provincial championship at Tec Voc High School in Winnipeg last month.

Winman Clutch won an epic three-set match against Brandon Volleyball Club by scores of 23-25, 25-20 and 18-16 in the final. Both Nielsen and Morelli were named provincial all stars.

The two players also won a provin-

cial title with the Selkirk Royals junior varsity team this past season. They are eager to make the tough move up to varsity this fall.

"I think we're going to have a strong group of guys," Nielsen predicted. "I think it's going to work out well for us."

Royals preparing for track and field provincials

By Brian Bowman

It's been an interesting week for the Selkirk Royals' track and field team.

They have had to battle recent inclement weather, which forced the postponement of Day 2 of the KPAC meet until this past Tuesday, and were kicked out of the gym for a couple of days due to other events being held there.

The KPAC meet was set to conclude on Monday but a provincial English exam forced its move up a day.

"(Tuesday) is going to be the worst day of the week," sighed Royals' track and field coach Scott Gurney Monday afternoon. "It's going to be 14 degrees and rain and wind. We're really looking forward to it."

The numbers for this year's track and field team are down compared to last season but the Royals do boast a talented group of dedicated athletes.

"The kids that have been coming out are going to do well," Gurney predicted. "I'm pretty confident with what they accomplished at the Royal Rumble. What we lose in numbers, we'll definitely make up in quality."

The Royals have just another week before they take a group of athletes to the MHSAA provincials in Brandon. The provincials are normally held at the University of Manitoba, which allowed athletes to go home after their events and sleep in their own beds.

That obviously won't be the case this year.

"It's going to be a road trip and that's something that we haven't done (in a

long time)," Gurney said. "In 1998 or '99 we ended up doing that. There's pro and cons (to holding the provincials in Brandon). There's different beds, different food, (and) you spend a lot more time at the track."

"It's more taxing but the rural kids do it all of the time."

That more time spent at the track should create a better team environment as athletes will have more of an opportunity to cheer on their fellow

teammates.

"The positive is that the team is at the stadium," Gurney said. "You tend to get more kids staying around cheering for each other and that's a really good thing. I find that it's a really good bonding experience for the kids."

Two Selkirk senior athletes have really stood out this season. Tristan Allen has been extremely good this season and is expected to compete

in the 200-metre, 400m, and 800m at provincials.

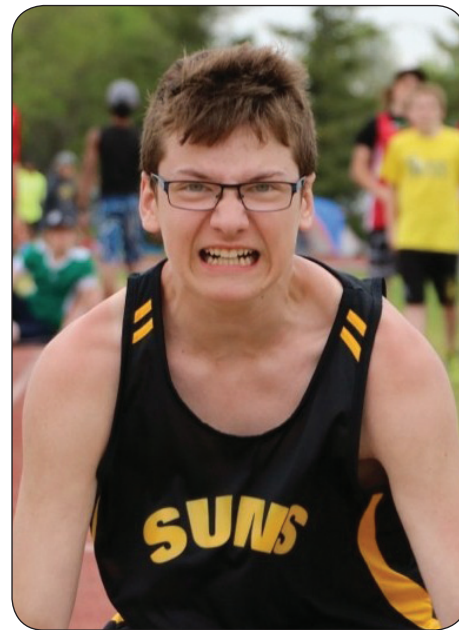
"He's been getting better and better as the season goes," Gurney noted.

Bronwyn Neufeld has also been very good this spring, said Gurney. She is expected to compete in the 200m and 400m at provincials. The Royals also have some good talent on their varsity boys' and girls' relay teams. The MHSAA track and field provincials will run from June 9-11.

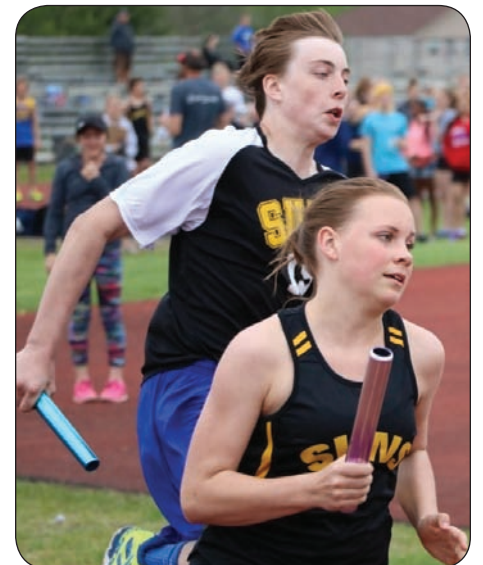
Junior high students compete at invitational track meet



The Ecole Selkirk Junior High Suns' Matthew Carriere flies through the air at the Jr. High Invitational at the Comp on May 25.



Carriere shows some intense determination as he lands into the sand at the Jr. High Invitational.



RECORD PHOTOS BY BRETT MITCHELL
The Suns' Robyn Partyka, front, and Braeden Wryha compete in a race at the Jr. High Invitational in Selkirk last week.

Schreyer inducted into MHSAA Hall of Fame

By Brian Bowman

Former Selkirk Royals' coach Jim Schreyer was honoured as a member of the Manitoba High Schools Athletic Association Hall of Fame Class for 2016 at a reception last Saturday at the Holiday Inn South in Winnipeg.

Schreyer enters the hall as a builder for his outstanding work in volleyball at the Comp. He was joined by Bill Wedlake of St. John's High School (basketball) and Randy Kusano of Oak Park High School (basketball) in the builder category.

Schreyer began his 33-year coaching career at Lord Selkirk Regional Secondary School in 1980. His teams won provincial "AAAA" championships in 1983, 1985, 1989, 1993, and 1994.

Under Schreyer's guidance, the Royals also appeared in numerous MHSAA Final Fours. As a provincial and club coach, Schreyer has also won five national championships and one CIS

title with the University of Manitoba Bisons in 2000.

He was deservedly selected MHSAA Coach of the Year in 1994 and was presented with the Frank McKinnon Leadership Award in 2010. Schreyer was also inducted into the Manitoba Sports Hall of Fame in 2014 and the Volleyball Hall of Fame in 2012.

The six athletes to enter the MHSAA hall of fame were Jeff Foreman of Windsor Park Collegiate (basketball), Jon Hanec of Dakota Collegiate (multi-sport), Gail Winston Kendall of Grant Park High (basketball), Steve Welch of Gordon Bell (volleyball), Brenda Westwood (nee Boroski) of River East Collegiate (multi-sport), and Alanna Hinrichsen (nee Yakiwchuk) of Garden City Collegiate (track).

Brandon's Vincent Massey High School basketball squad from 1968-1971 was the lone team inducted.



SUBMITTED PHOTO

Former Selkirk Royals' legendary volleyball coach Jim Schreyer, left, was honoured as a member of the Manitoba High Schools Athletic Association Hall of Fame Class for 2016 last Saturday in Winnipeg.



Bowling champs

RECORD PHOTO SUBMITTED

The Selkirk Royals' Grade 10 team of Jessica Robert, Alexa Bunn (team captain), Belle Lourenco, and Jeston Bartram had a total pin fall of 1,642 to win a high school 10-pin bowling tournament at Chateau Lanes on May 14. The Lord Selkirk #2 squad defeated all the teams in the tournament, including the varsity teams by two points. The talented four-some had just three practices before entering the 10-pin tournament.

Local boxing enthusiasts packing a punch



RECORD PHOTO SUBMITTED

Jada Bahuaud, left, and Sierra Lefteruk of Cadger Martial Arts in Selkirk fought at Elite Boxing in Winnipeg on Feb. 26. Both young fighters are just nine years old.



RECORD PHOTO SUBMITTED

Tamara Walker of Selkirk competed in a Pan Am Boxing tournament in Winnipeg last weekend. The event was an all-female fight card called Femme Fatale.

Fredborg places second at match play qualifier

Staff

Selkirk's Travis Fredborg placed second at Golf Manitoba's Match Play Championship Qualifier at the Transcona Golf Club in Winnipeg.

Fredborg, who golfs out of Pine Ridge, fired a 1-over 143 after rounds of 72 and 71. That was three strokes

back of Breezy Bend's Allan McDonald (71-69-140).

Larters' Marco Trstenjak (74-71-145) finished tied for third with Zach Sackett while Ben Bandura, who golfs out of Elmhurst, tied for seventh at 148.

Pine Ridge's Noel Ngo tied for 29th after rounds of 82 and 76 for a 158 to-

tal.

Other locals, and those with local connections, included Selkirk's Wesley Hoydalo (81-80-161) and Elmhurst's Brady Bandura (89-81-170).

Meanwhile, at the senior men's qualifier, Breezy Bend's Garth Collings of Matlock finished atop the lead-

erboard after carding rounds of 74 and 70 for a 2-over 144.

That was six strokes better than Transcona's Mike Berney.

At the women's qualifier, Glendale's Jenna Roadley finished at 4-over 158 for a two-stroke victory over Southwood's Veronica Vetesnik (78-82-160).

MIKE FM to broadcast all Steeler games this upcoming season

Submitted

The Selkirk Steelers announced last week that MIKE FM Winnipeg will be broadcasting every one of its games for the upcoming season.

Additionally, MIKE FM Winnipeg will be providing live Steelers' coverage of the 2016 MJHL Draft, which will take place in Selkirk on June 5.

"We are extremely pleased to have

MIKE FM Winnipeg continuing to bring our fans top quality radio coverage during our 50th anniversary season" said Steelers' marketing manager Don Gilman on the team's website.

Michael Gerl, the voice of the Steelers, and MIKE FM are entering their second full season of providing Steelers' radio coverage since joining the team part way through the 2014-2015

season. "MIKE FM is extremely excited to provide Steeler fans with every second of the action during the team's 50th anniversary season," said Gerl, also president of MIKE FM Winnipeg.

"MIKE FM Winnipeg will be the place for fans to go on game day with expanded pre- and post-game coverage. Other details such as air times will be announced in the coming

weeks."

MIKE FM Winnipeg is an online radio station. For live Steelers' game coverage, visit www.mikefmwinnipeg.com. Smart phone and tablet apps are available by searching "MIKE FM GO" at your favourite app store.

Fans can also follow the MIKE FM link on the Steelers' website www.selkirksteelers.com.

Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

The Selkirk Record

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

AGRICULTURE LAND

Hay land for rent, 22 acres on St. Peter's Rd. E. Selkirk. Call Russ 204-981-7089.

APARTMENT FOR RENT

Sublet very clean 1 bdrm. apt. with 1 bath, balcony in quiet block. Includes heat, water A/C, parking. Located at 165 Main St. Available June 1. \$977 per mo. Contact 204-485-1591.

2 bedroom apt., 1200 sq. ft. Selkirk central location. Includes parking, A/C, washer & dryer, utilities extra. No smoking, no pets. Available June 1st \$980/mo. Call 204-785-0105 or 204-485-3375.

Beautiful 1 bedroom, self-contained suite. Kitchen, bathroom, foyer, family room and security system. Non-smoker, non-drinker, suitable single prof./senior. \$1,000/mo. Ph. 204-785-5322 or 204-485-1947.

APARTMENT FOR RENT

Large 1 bdrm. suite at 40B Eveline. \$1,285/per month includes heat, water & hydro. Parking \$34/mo. Call 204-485-0246 or 204-989-4210 for viewing information.

DUPLEX FOR RENT

2 bedroom duplex for rent south end Selkirk. \$850/mo. plus utilities. No pets, avail. Immediately. Call 204-339-9798.

COMMERCIAL SPACE FOR RENT

Commercial warehouse space for rent in Selkirk Industrial Park. Owner will build to suit up to 80,000 sq. ft. Pls. call 204-785-1536 for more information.

2,200 sq. ft. FOR LEASE IN DOWN TOWN SELKIRK. Call 204-485-0010.

HOUSE FOR SALE

136 Montgomery, Daerwood Village Delight. Come view this 1801 sq. ft. two storey home nestled on a 60' x 120' landscaped lot. You'll love the spacious foyer, the bright kitchen, breakfast nook and family room. Ready to move in. Call today! Roger Robidoux 204-981-8159 Robidoux Real Estate & Consulting Services.

HOUSE FOR SALE

2 show homes ready for spring delivery! 1584 & 1638 sq. ft. RTMs. Pictures, floorplans available at wgiesbrechthomes.ca. Custom builds also available. For additional information 204-346-3231 or wilbert@wghomes.ca

MOBILE HOMES

4 new 16 x 80, 3 bdrm., 2 bath. Starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net

HELP WANTED

Part time bookkeeper needed for Optometry clinic in Selkirk, preferably a contract employee. Proficient in Quickbooks, payroll, bank reconciliation, tax submissions, month end, year end, and financial reports. Reply to drandrewaiken@gmail.com

BLAST-OFF Fireworks requires a part-time Facilities Assistant. Reporting to our Facilities Manager, duties include basic yard & building upkeep, corporate vehicle cleanliness, basic janitorial. This position is perfect for the semi-retired individual with general maintenance experience & a traditional work-ethic. Apply at 609 Greenwood, Selkirk; or e-mail: hr@blastofffireworks.ca using subject "Maintenance".

HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

YARD/SALES PERSON REQUIRED AT SELKIRK LANDSCAPE SUPPLY RETAILER. MUST BE CAPABLE OF THE PHYSICAL DEMANDS OF THE JOB, LIFTING SHOVELING ETC. MUST ALSO HAVE A VALID DRIVER'S LICENCE AND GOOD INTERPERSONNEL SKILLS. LOADER AND BOBCAT EXPERIENCE AN ASSET. PLEASE CALL 204-227-7734 OR EMAIL RESUME TO: selkirk-landscaping@hotmail.ca

Student Portable Restroom Service driver. Under general supervision, drive 1 1/2 truck and be able to back up and tow trailers, service, transport toilets, supplies and equipment. Preferred previous driving exp. Also requires manual labor to service/load and secure units. Must be able to work some late evenings and weekends if required. Work is seasonal from end of May to Sept. Please send resume to countryjohns@shaw.ca

HELP WANTED

Office person required 2 days a week in a busy 1 person office to offer holiday relief. Professional person, able to problem solve, supervise staff and manage a 49 suite building in St Andrews. Property management experience would be an asset. No phone calls please. Submit your resume to mapleton@mymts.net

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: Career-Step.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

Live in caregiver/housekeeper. Drivers licence required. Dream job for the right person. For more info call 1-800-665-1992 or after 6 p.m. 204-997-4629.

Rosburn Municipality needs a permanent full-time Operator/Labourer. Salary based on qualifications and experience. Applications accepted until 4:30 p.m., June 10, 2016 by mail or email. Rosburn Municipality, Box 100, Rosburn, MB. R0J 1V0. Phone 204-859-2779. Fax 204-859-2959. municipaloffice@rossburn.ca

CAREER TRAINING

Medical Transcription, Healthcare Documentation, Medical Terminology online courses. Train with CanScribe, the accredited and top-rated online Canadian school. Work from home careers! 1-866-305-1165. www.canscribe.com info@canscribe.com

BUSINESS OPPORTUNITY

High profit high cash producing Loonie vending machines. All on locations - turnkey operation, perfect home based business. Full details call now! 1-866-668-6629, WEBSITE WWW.TCVEND.COM

Restaurant for sale, by tender, closing on June 17, 2016. Highest or any tender not necessarily accepted. Seating capacity for 100. Fully equipped with grill, deep fryer, coolers, freezers, walk in cooler, chairs, tables, pots, pans, dishes, glasses, flatware, etc. Located on three lots on the corner of Highway 3 and 24, Saskatchewan. Contact Ron Radke at 306-883-4321, by email at ron.radke@spiritwood.ca or Lola Lapesky at 306-883-4322 or by email at lola.lapesky@spiritwood.ca for further information.

MISCELLANEOUS

Cash money. Any Lee Enfields parts, stocks, belts, military bags, ammo cans, helmets, clothes, bayonets, etc. Ph. 204-485-0878.

Free concrete steps. 4 stairs, excel. cond. Must p/u East Selkirk. Ph. 204-785-3273.

Large Outdoor wood furnace. Call 204-338-2478 (St. Andrews).

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

MISCELLANEOUS

Adult push walker with wheels, seat, seat belt and brakes. compl. \$300. firm; men's light blue suit, coat & blue shirt sz. XL, pants sz. 38-40, pants in-seam (leg) 30 out seam 36, immac. cond. \$50; Men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above, \$50. Both suit, coats & pants have recently been dry cleaned, had very little use. LN sz. 9 safety shoes EC, only worn about 2 wks., \$60; BN never used EWO student desk study lamp still in box, \$15; BN never used 1 brown leather wallet w/change purse & side lock, \$15; Sunbeam 2 - slice toaster in EWO, \$15. 204-785-8598 Selkirk.

1 person 25 ft. Skyjack motor home, dozens of steel wheels, 300 gal. and 500 gal. gas and diesel tanks with stands, 1 beams, and tractor rims. 82 Bronco, 75 Pontiac and 8 other vehicles. Garden harrows and cultivators. Huge amount of bolts, screws and drill bits all sizes. Glass doors, wood beams and steel of all types. Buses, Carousel horse, Great Northern railway bell, scaffolds, wood stoves, 5000 car and truck hub caps. Refinery 16 ft. steel tower with stairs and railing. Phone booth with phone, 2 horse show wagon, 1 horse chariot, DC4 tractor with loader and much much more. Harry 204-482-7251.

Sawmills from only \$4,397 - make money & save money with your own bandmill - cut lumber any dimension. In stock ready to ship. Free info & DVD: www.NorwoodSawmills.com 400OT 1-800-566-6899 Ext:400OT.

Trailers for sale. Car & Equipment Haulers, Dumpbox, Cargo, Utility, Gooseneck Flat-deck, Cargo, Aluminum Livestock, CM Trucks. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

FURNITURE

Oak dining room suite, table with 6 chairs, buffet & hutch, perfect condition. Pick up only in Selkirk. \$900 obo. Call 204-482-3412.

TRAVEL/VACATION

Discover amazing Yellowstone Park. Premium quality accommodations & transportation. Guaranteed instant relaxation throughout with small group. Act now and insure your seat. www.trippvacations.ca or 204-770-7771.

WATER TREATMENT PRODUCTS

Wholesale Water Filters!! New Waterite water softeners, 30,000 grain/\$550. All sizes avail. Reverse osmosis systems, \$220. Paterson iron removers/\$520. Greensand iron odour removal systems, \$720. All Seasons Furnishings 204-661-8581.

NOTICE

Prize winners of \$100 each from Icelandic National League, Bruin Chapter, Selkirk Spring Concert Raffle - April 21, 2016 at Selkirk Legion Hall. Winners: 1st - Dilla Narfason, 2nd - Morgan Bear and 3rd - Tricia McKay.

UPCOMING EVENTS

Exploring Dreams Free Workshop - Thursday, June 16th, 6:30 p.m., Gaynor Family Library. Eckankar presents lively conversation, techniques, and spiritual exercises. Information: 204-837-5915.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

NOTICE OF HEARING

UNDER THE HIGHWAYS PROTECTION ACT THE HIGHWAY TRAFFIC BOARD

Notice is hereby given that a hearing of the Highway Traffic Board will be held on Tuesday, June 14, 2016 at 10:00 a.m. in Room 204-301 Weston Street, Winnipeg, Manitoba.

PERMITS - PART I - SECTION 9 H.P.A. AND PART III - SECTION 17 H.P.A. 2/009/066/B/16 - ROBERT HUEBNER

Application for Garage (Agricultural) adjacent to P.T.H. No. 9, SP Lot 6, Plan 15391, N.W. 1/4 3-17-4E, R.M. of St. Andrews (Matlock).

The Highway Traffic Board will be prepared to consider all submissions, written or oral, on the above applications by contacting the A/Secretary prior to or at the hearing.

200 - 301 Weston Street Winnipeg, MB R3E 3H4
Phone: (204) 945-8912 Michelle Slotin, A/Secretary
THE HIGHWAY TRAFFIC BOARD



Freeing Families from Fear

Refugee Dinner & Show

Selkirk Recreation Complex Saturday, June 11 Doors open at 5:00, Dinner at 6 pm

The Red River Churches Refugee Team representing over 25 congregations in the region is working to bring three refugee families to Selkirk to enjoy a new life in Manitoba.

Learn more and become part of the community sponsorship program. We welcome you to our **Dinner with live music, silent auction, craft sales.**

It's a great time to support by sharing:

- Time
- Talent and expertise
- Cash donations (tax receipts)
- Household goods in good condition

Tickets \$25
(includes dinner, show and surprises!)

For tickets call: Lloyd Thomas 204-998-8710,
Lorne Nicol 204-482-5744, Linda Rosser 204-482-5556

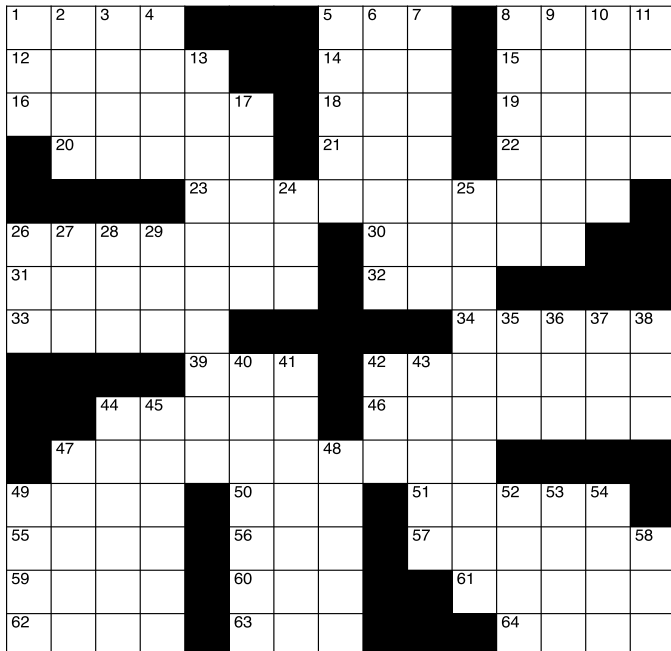
Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

The Selkirk Record

take a break

> GAME



CLUES ACROSS

1. Businessmen
5. Million barrels per day (abbr.)
8. From a distance
12. Ruth's mother-in-law
14. Performer ___ Lo Green
15. Drug for Parkinson's disease, L-___
16. Composure
18. Broadcasts cartoons (abbr.)
19. Used for baking or drying
20. About alga
21. Food grain
22. Not messy
23. Super Bowl-winning Bronco
26. Egg-shaped wind instrument
30. Get rid of
31. Being enthusiastic
32. A bird's beak
33. Pores in a leaf
34. Time of life
39. Yuppie status symbol
42. Parasitic fever
44. Gallantry
46. Put this in soup
47. Small dog
49. Malay people
50. Third-party access
51. North winds
55. Peruvian mountain
56. Annual percentage rate
57. Mourning garments
59. Network of nerves
60. Guided
61. Nests of pheasants
62. DJ Rick
63. No seats available
64. Patty

CLUES DOWN

1. Tennis player Ivanovic
2. ___ Nui, Easter Island
3. Cotton pod
4. Air pollution
5. The real ___, the genuine article
6. Taken to
7. Holds artificial teeth
8. Greek mythical figure
9. Small depressions in the retina
10. Vertical position
11. Shout at length
13. Conceivable
17. White (French)
24. Singer Charles
25. Ancient Mesopotamian
26. Canada and the U.S. are members
27. Cognitive retention therapy
28. Much ___ About Nothing
29. Georgia rockers
35. Cologne
36. The products of human creativity
37. Brazilian city (slang)
38. Honorific title in Japan
40. They can die
41. Candy is inside this
42. Verizon bought them
43. Semites
44. Marine mollusk
45. Entertains
47. Made of crushed fruit or vegetables
48. Town in Apulia, Italy
49. Unresolved root or sum of roots
52. Invests in little enterprises
53. Spanish city
54. Search
58. Midway between south and southeast

POTATOES FOR SALE

Potatoes - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

FARM MACHINERY

Wanted- we are buying Massey Ferguson discers model #3601 & 36. Contact 204-619-0335 or email massey-disc36@gmail.com

John Deere M tractor with No. 8 Siskle bar mower & M cultivator. Runs well. \$5500 obo. Call 204-771-6710 or 204-467-4525.

Don't forget to send your special wishes to your friends and family with a message in the Record

McSherry Auction Service Ltd

BRIAN GUDGE ACREAGE AUCTION

Sun June 5th 10:00 am

1 Mile North of Meleb, MB
Then East 1 Mile

Int. T D 6 Crawler *Case 930 w FEL * 6 Tractors
* Int 414 Dsl 3PH *
3PH Equip *Polaris 700
Ranger *Honda 125 3
Wheeler * Farm Misc *
Tools * Antiques *

Stuart McSherry
(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com



Public Works Foreman

The Town of Snow Lake is seeking a Public Works Foreman. Unionized position at the hourly wage of \$34.28. The Foreman is responsible for the Public Works, Recreation, and Utility operations.

Please visit
www.snowlake.ca
or contact
CAO Jordan Willner at
snowlake@mymts.net,
phone 204-358-2551

FARM MACHINERY

1997 - 57' Flexi-coil 5000 air seeder; 2002 - Challenger MT 755 - 300hp, 5560 hrs; 2006 - Challenger MT 855 - 460hp, 3290 hrs; 2009 C94 30' New Holland Draper header; 2010 - CR 9080 New Holland combine, 1297 hrs. Call for pricing. Serious inquiries only. 204-825-7431.

LIVESTOCK

For sale - red & black yearling and 2 year old Angus bulls. Will semen test. Delivery available. Call Wayne 204-383-5802 or 204-383-0100.

HAY FOR SALE

Hay land for rent, 22 acres on St. Peter's Rd. E. Selkirk. Call Russ 204-981-7089.

McSherry Auction Service Ltd

AUCTION SALE WALTER & ROXY WAZNY

Sunday June 12th @ 10:00 am

Lac Du Bonnet, MB
South 2 Miles on Hwy 11 Then
West 1/2 Mile On Tetrault Rd
Contact: (204) 345-2664

Tractors Vers. 756 4WD Triple Hyd. 18.4 R 38 7010 Hrs * M. Moline Model U Hyd. 540 PTO Pulley * Cockshutt 1850 Dsl NR * 2) MH 44 NR * Combine, Swather & Grain Truck MF 860 Hyd Combine 2700 Hrs. * MF 9024 Straight Header * 75 Chev C 65 366 w 20' Box & Hoist * JD 800 16' Swather * JD 580 24' P Type Swather * Tillage Equip JD 340 14' Offset Disc * JD 1600 24' Deep Tiller * Int 645 24' Vibra Cult * Inland 56' Hyd Diamond Harrows * Int 6200 28' Drill Press SA FA * JD 24' Discer Seeder * 9) 5' Degelman Mulchers * Haying & Misc Equip JD 336 Squarebaler * NH 850 RD Baler w Elec Tie * JD 640 Side Del Rake * NH 45 Trailer 7' Sickle Mower * MH Semi MT 7' Sickle Mower * 24' Bale Elevator * 2) Seed Broadcasters * Augers & Seed Cleaning Westfield 7" 36' PTO Auger * Vers. 6" 30' Auger * Link 38" Seed Cleaner * Westgo Seed Cleaner w Leg * Seed Blanket Cleaner * Hyd Drill Fill * Misc BH 18' Flat Deck Tandem Trailer w Ramps * Dole Grain Moisture Tester * JD 210 R Mower NR * JD Roto Tiller Attach * Fuel Fuel Slip Tank * Jet Water Pump * New Swather Canvas * Implement Parts * PTO Hyd Pump * Load Binders * Water Trough * Elec Fencers * Elec Motors * Saw Mandrel * Welding Material * Various Farm Misc * Tools 4 HP Gas Pressure Washer * Mig Welder * Air Comp * Chain Saws * Power Tools * Battery Charger * Carbon Air Arch * 3/4" Socket Set * Hand Tools * Shop Supply * Antiques JD 340 Cyclone Snowmobile * 68 Merc 250 Truck * JD 28 Run Van Brunt Seeder * JD 2 B Plow * JD 8' Cult * Int Breaking Plow * Case Threshing Machine * Cream Separators * Butter Churn * K Cupboard * Cook Stove * Crocks * Anvil * Lantern * Some Household *

Stuart McSherry (204) 467-1858 or (204) 886-7027
Stonewall, Manitoba
www.mcsherryauction.com

McSherry Auction Service Ltd

CONSIGNMENT SALE

Saturday June 11 10:00 am

Stonewall, MB

#12 Patterson Drive

Consignments Welcome!

Equip Bale King Vortex 4100 Bale Processor * MacDon 5010 16' Haybins* NH 688 RD Baler*JD 37 9' Sickle Mower * 45' semi HayTrailer with Tandem Converter* Livestock Equip 2)250 Bushel Portable Creep Feeder *Cattle Oilers * 12) Rd Bale Feeders * Maternity Pen * Silencer Hyd Squeeze Chute* 6) Metal 20' Bunk Feeders * Concrete 8' Bunk Feeders * 2) Squeeze Chute System w Palp, 2 Alley, Tub * Metal Gates * Auto Waterer * Metal Corral Panels * 20,000 Lb Livestock Scale * Trailers & Vehicles 97 Norberts 40' Livestock Trailer * W.W. BH 16' Stock Trailer Loader Attach Root/Rock Fork off Cat 924 * 8' Bucket * Pel Quin 8' Manual Forks & Grapple *Tools & Misc Rotary 2 Post 9000 Lb Car Hoist * Shop Hoist * Air Comp *Drill Press *
Stuart McSherry (204) 467-1858 or (204) 886-7027
Stonewall, Manitoba
www.mcsherryauction.com

McSherry Auction Service Ltd

RETIREMENT FARM AUCTION HANK & ERNA FRIESEN

Saturday Jun 18th @ 10:00 am

Beausejour, MB

North 14 Miles on Hwy 12 Then

East 5 Miles on Hwy 317 Then

South 2 Miles on Rd 47 Then East 1/4 Mile
Well Kept Equip Low Acreage Farm !

Contact: (204) 266-1251

Semi & Grain Trailer 05 Freightliner Day Cab Mercedes-Benz 450, 13 Spd Fuller Air Ride, SFT, 578,000 Km * 08 Timp 53' Al Tandem Hopper Grain Trailer, SFT * Tractors*Vers 800 Series I, 4WD, 18.4-38 Gd 90%, 8400 Hrs * MF 2675 Cab A/C P Shift, 540/1000 Dual Hyd, 18.4-38 Duals, 7162 Hrs. * MF 65 3PH, * MF Super 90 w FEL * Int W 4 *Combine, Swather & Headers *Vers 4750 Swather Dsl, A/C, w Vers 4025 Double Drive w U-2 P/U Reel 2765 Hrs * 2) 83 MF 860 Combines 1) Hydr 550 Hrs 1) Std 3365 Hrs * MF 760 3865 Hrs * 2) MF 24' Straight Cut Header * Case IH 5600 37' Deep Tiller * Morris 70' Diamond Harrows * Ford 241 13' Tandem Disc * Int 45 18'Cult * Coop 16' Deep Tiller *Westfield MK 10" 61' PTO Auger * 2)Westfield 8" 41' Auger * 14 Wheat Heart Gas 10" Transfer Auger * Ford 3 PH 6' Finishing Mower * Ashland 8 Yard Hyd. Scraper * 9' Hyd Box Scraper * NH 56 Side Del Rake * Hyd. Wood Splitter * 75 GMC 6500, w 17' B & H * 49 Fargo 2 Ton Dually w 12' B & H * Along with More Medium Size Grain & Haying Equipment Plus Farm Misc & Tools*

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The Selkirk Record



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George Hacking



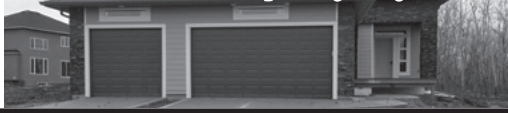
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SHOW HOME IS SOLD BUT WILL REMAIN OPEN
SATURDAY & SUNDAY 2-4 PM
10 Pearson Parkway The George Hacking Team



OPEN HOUSE

SUNDAY NOON - 2 PM



NEW 2013
58 Pine Ave, Tyndall
\$329,900 The George Hacking Team

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NOON - 5PM
• BBQ • Airmiles
• Prizes
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SELKIRK



629 Vaughan
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4 Pawley Place Creekside Properties
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148 GRAIN AVENUE
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421 Strathnaver Ave
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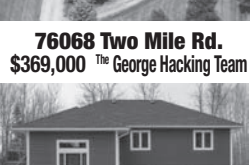
SELKIRK



314 Netley Ave
\$99,000 The George Hacking Team



NEW LISTING
76068 Two Mile Rd.
\$369,000 The George Hacking Team



1 Currie Dr, Bissett, MB
\$314,900 Rich/Judy Moyer



5 Currie Dr., Bissett, MB
\$179,900 Judy/Rich Moyer

COUNTRY



150 Bridgeview Dr
\$484,000 The George Hacking Team



95082 RD 37E Patricia Beach
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99A Van Mol Rd.
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237 Tom Prince Dr
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WINNIPEG



60E Rougeau Ave
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#411 216 Melrose Ave.
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Mars Sand Hills 1.3-1.6 Acres	\$25,000-\$35,000	Judy/Rich Moyer
16 Greenwood Ave	\$52,900	Rich/Judy Moyer
5 Howard Phase 2 Creekside Properties	\$84,500	The George Hacking Team
Building Lot 0 Park Stony Mountain	\$89,500	The George Hacking Team
595 Cil Road - 4 Acres	\$92,400	The George Hacking Team
81 Colony Rd - 2.76 Acres	\$95,000	The George Hacking Team
Lot 1 Stonechurch Rd - 4 Acres	\$99,900	Judy/Rich Moyer
Lot 2 Stonechurch Rd - 4 Acres	\$99,900	Judy/Rich Moyer
2 Gwen Ellen Way St. Francois Xavier	\$110,000	The George Hacking Team
Lot 2 Jacobs Lane	\$110,000	The George Hacking Team
Hwy 26 St. Francois Xavier	\$120,000	The George Hacking Team
71 Vincent Road - Stony Mountain	\$110,000	The George Hacking Team
77 Vincent Road - Stony Mountain	\$110,000	The George Hacking Team
Lot 4 Two Mile Rd. - 6 Acres	\$119,900	Judy/Rich Moyer
68 Cowan Place	\$125,000	The George Hacking Team
NEW Building Lot 1-27004 Harold Ave - Municipal Sewer & Water		
1.7 Acres East Selkirk Treed & Private	\$130,000	The George Hacking Team
Road 88N - 332 Acres Native Pasture	\$200,000	Judy/Rich Moyer
0 Floodway Drive, 309.9 Acres	\$325,000	The George Hacking Team
0 Petersfield Pits, 120.6 Acres	\$340,000	The George Hacking Team
72101 Pine Road S. Prime Development	\$445,000	The George Hacking Team
605 Cil Road - 65.62 Acres DEVELOPMENT OPPORTUNITY	\$492,000	The George Hacking Team

COMMERCIAL

Commercial Lease - Flex Space East Selkirk	\$14 sq ft	The George Hacking Team
Commercial Lease - Service Station East Selkirk	\$14 sq ft	The George Hacking Team
Commercial Lease -		
Restaurant Selkirk Area	\$79,000	The George Hacking Team
153 Lily Ave Zoned M1	\$110,000	The George Hacking Team
129 Lily Ave	\$129,000	The George Hacking Team
502 Greenwood RENOVATED BUILDING	\$449,000	The George Hacking Team
Profitable Garage in Selkirk	\$755,000	The George Hacking Team
66 Acre MI Development	\$980,000	The George Hacking Team
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ANNOUNCEMENTS

CARD OF THANKS

The Teulon Rodeo Club would like to thank everyone who attended our fundraising social. A big thank you to all our sponsors, businesses and individuals who donated prizes for the silent auction. To Janet at Blue Skies Bakery for the buns, cookies and dainties and Buus Construction for the use of the jail. Thank you again and hope to see everyone at the Rodeo August 27th and 28th.

ANNOUNCEMENTS

CARD OF THANKS



Thank you to all of our sponsors!! Walmart, City of Winnipeg, Funquest Amusements, Anderson Family Vision Care, Weston Bakery and Wonder Buns, Harry's Foods, Packers Women's Fashion, St. Andrews PAC, St. Andrews Community Club, Shoppers Furniture, Steeltown Ford, Home Outfitters, Canadian Tire, Staples, Scotiabank, Rug Doctor, Richlu Manufacturing, Mondetta, The Home Depot, Stalwart Appliances by Design, Dufresne, Kern-Hill Furniture-Appliances-Mattresses, JS Furniture Gallery, Lisa Johnson, Mr. and Mrs. Kozusla, Jill Herntier, Ana and Tony Herntier, Mr. and Mrs. Fil and Joe Abraao, Mr. and Mrs. Kozusla, Connor, Lola, Matthew and Lisa Anderson, Mr. and Mrs. Lywak, Mr. Doug Seel, and to all our volunteers, those who donated items, and those who came to our event. Our event would not have been a success without you!

CITY OF
Selkirk

EMPLOYMENT OPPORTUNITY

**Job Posting 2016 - 23
Finance Support Clerk - Term**

Full details of the position will be available on the City of Selkirk Website located at myselkirk.ca

Applications will be accepted until 4:00 p.m. on Thursday, June 9, 2016.

News Tips? Story Ideas?
call the Record 204-785-1618

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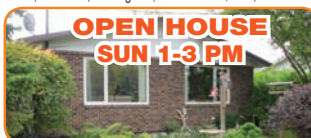
WILD ROSE GRINDSTONE as well.
\$152,000 year round lake front. **EVAN**



33142 RD 88 N 1132 sq ft 2 bed, 1 bath, large living area, 9 stall horse barn \$179,000. **EVAN**



RD 39 & RD 80 N BEAUSEJOUR 2369 sq ft 3 bed, 3 bath, full base, multi gars., barn 79 ac \$489,000 **EVAN**



582 SPRUCE 1637 sq ft 3 BR, 3 bath, newer windows, kitchen & bath. Multi garage, gazebo \$389,500 **EVAN**

OPEN HOUSE SUNDAY 1-3 PM
8222 HENDERSON, WATERFRONT, 3 BR
\$319,000 - **EVAN**

HECLA VILLAGE Year round lake front \$189,000 **EVAN**



WAYNE
204-485-0407



234 SOPHIA Spacious 3 bd. dining room basement redo! Appliances metal roof - **WAYNE**

EAST SELKIRK: 851 Church Rd. 2.53 Acre building lot. Barn style storage bldg & root cellar. Driveway in. \$125,000 - **WAYNE**

ST ANDREWS: Woodland rd. Southwest of Wpg Beach 4.4 A \$59,900 - **WAYNE**



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Delightful little home
\$144,900



NEW LISTING

Unique 3 level split Cottage
\$169,900



2000 Sq Ft Executive Home In Selkirk's Finest Subdivision.

\$409,000
NEW LISTING



Mobile Home in need of some TLC on 2 acres Just east of Whitemouth*
\$35,000



232 Strollway, Winnipeg Beach
\$229,900 Open concept 3 bedrooms, 2 bathrooms, main floor laundry, 24x28 insulated detached garage.



NEW LISTING

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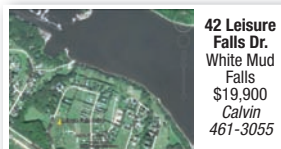
482.5492 24 HOURS **374 A Main St., Selkirk**



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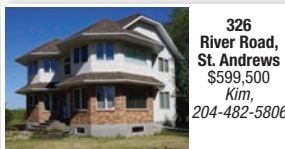
If the warmer weather has you thinking it's time for a new home, give us a call. We provide guidance that keeps YOU in control.



42 Leisure Falls Dr. White Mud Falls
\$19,900
Calvin 461-3055



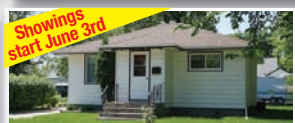
30 Upton, Lester Beach
\$181,900
Jim 204-485-2446



326 River Road, St. Andrews
\$599,500
Kim, 204-482-5806



981 Cloverdale Rd.
Building lot \$69,900 Jim 204-485-2446



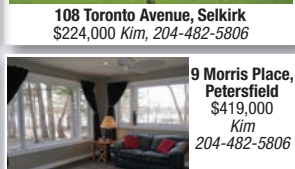
108 Toronto Avenue, Selkirk
\$224,000 Kim, 204-482-5806



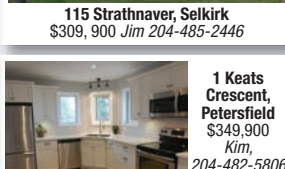
115 Strathnaver, Selkirk
\$309, 900 Jim 204-485-2446



316 Boyd Avenue, Petersfield
\$219,000 Kim, 204-482-5806



9 Morris Place, Petersfield
\$419,000
Kim 204-482-5806
WATERFRONT



1 Keats Crescent, Petersfield
\$349,900
Kim, 204-482-5806



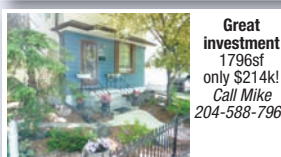
7 Mirey Creek Drive, Lockport
\$337,000 Kim, 204-482-5806



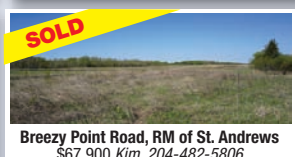
16 Pine, Victoria Beach
\$239,900 Jim 204-485-2446



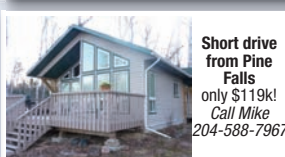
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Jim Boulton



Dayna Clark & Calvin Kuch



Mike Juba



Kim & Rosalyn
the Kim Giesbrecht team



Interlake Real Estate 204-482-5806
184 Main St., Selkirk interlake.mb.ca

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication. Call 785-1618

Classifieds Announcements *The Selkirk Record*

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EXCLUSIVE LISTING 202 Schultz Ave., Selkirk



\$289,000

1,398 sq ft bungalow. 2 bdrms w/oak flrs & built-in closets, eat-in kitchen w/ new cabinets & new vinyl flrs, LR has oak flrs. 1 full (4 pce) & 2 half (2 pce) bathrms (in util rm & rec rm). New addition Family Rm with carpet, in-flr htg & cozy woodstove. Utility rm, deck w/roll up canopy, Fin bsmnt w/rec rm, wet bar, storage & laundry rm. Det gar w/remote, 2 metal sheds. Appliances incl (3 fridges, deep freezer, washer, dryer, stove). Lot: 90 ft x 133 ft, landscaped, 50'x50' weed free garden, side lane.

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204-785-0194

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Equipment * Livestock Equip
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ANNOUNCEMENTS

ANNIVERSARY



Happy 50th Anniversary
June 4th

Darlene and George

-Love Stacey, Brian, Sam,
Jack and your family and friends

ANNOUNCEMENTS

ANNIVERSARY



Mom and Dad

Donna and Wayne Kitchen
Congratulations for discovering
the most sought after secret.
The secret of a happy marriage.
It takes only a moment to fall in love,
but a lifetime to prove
that it was truly meant to be.
Happy 25th Anniversary
-Love Shawn and April, Harleigh and Reece,
Tristan, Alexandra and Mike and Casey

FARM AUCTION DOUG HERKERT ESTATE FULL DAY OF SELLING! SATURDAY, JUNE 11 • 10 AM

From Sanford, MB take 344 north 3 1/2 miles, marker
49027. From Hwy 2, 3 miles south on 344.



Large shop full of equipment, press, lathes, shears, and
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Fax: (204) 325-4484

ANTIQUE AUCTION GEORGE AND SHIRLEY LEWCO Monday, June 6 approx. 2 pm following the Vic Baleja Farm Auction 3 mile east of Sperling on Hwy 3 and Road 37, Mollard Road



New addition Ford Model 2000 Tractor, gas, 3pth, new tires,
good unit, John Deere D 120 yard tractor with 48" mower,
313, hrs. 1976 Allis Chalmers 7030 tractor cab, dual hyd,
pto and standard shift, 5000 hrs. 1949 Case VA wide front,
eagle hitch pto, with this 2 bottom plow, sickle mower. Allis
garden tractor 716 hydro or similar, running condition, no
attachments. Two John Deere model D's, Seized, many many
antiques, cream separator, pails, buckets, cans etc.

See our catalog www.billklassen.com for more info.



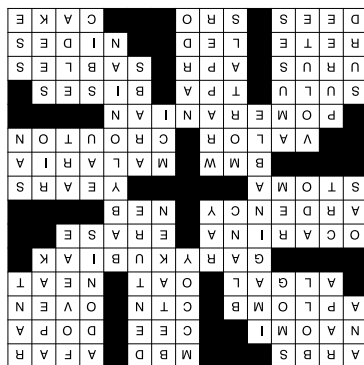
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Your Loved Ones
WITH AN
ANNOUNCEMENT IN THE**

The Selkirk Record

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Crossword Answer



SURPLUS AUCTION BERG PREP AND PAINT

Thursday, June 9 • 10 AM

550 George Ave. Winkler, Manitoba. Truck and Trailer,
surplus equipment, tools and stock reduction auction.

PLEASE NOTE Bergs is remaining in business,
we need to make room for more business.



2005 Kenworth T600 C15 Cat 13 speed, 22.5 rub-
ber complete with brand new Berg 20 ft grain body, hoist,
Michelles roll trap, etc. 12,500 front axle. 40,000 rears, If
you need more info. call me at 204 823 4159. 1990 IHC
2450, 466 diesel, with 24 ft deck soft side curtains, driving
truck. 2001 Ford F-350, Gas, 4 speed, with goose neck deck.
1995 Chev pick up truck, runs needs work. Trailers: Two new
Rainbow 18 ft car hauler trailers, with tandem 5200 axles.
New 6 x12 ft Deck single axle trailer. New dump trailer 12 x
7 ft w/ tandem 7000 lb axles. Used 48 FT VAN semi trailer,
storage unit with rolling under carriage. 20 ft Road boss fifth
wheel trailer deck and tandem axle. Misc. Shop etc.: Indoor
warehouse type fork lift with standing operators station. 2 -
7000 lb new trailer axles, electric brakes. 3 - 5000 lb axles
w/ electric brak. New 3 pth 6 ft blades. 3 - 8 ft box scrapers,
brand new. Cat R 80 Fork lift, not running

Bidding by Proxy, Phone, and Internet.



Ph: (204) 325-4433
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RETIREMENT FARM EQUIPMENT AUCTION FOR VIC BALEJA

Monday, June 6 at 10 AM

Sperling, MB. 30 miles Southwest of Winnipeg on Hwy
3, 3/4 mile Southwest of Pioneer elevator, South of
Brunkild, Manitoba Hwy 3



2001 John Deere 9200 4 wheel drive, 4 Remotes. 480/85R-
42 duals, Standard 12 speed, 4157 hrs, serial # 41505 with
John Deere Starfire ITC Auto steer. Harvesting equipment,
2009 John Deere 9670 STS, Combine, corn /grain machine,
615P header, 480/180-42 duals, fine cut chopper, hop-
per extension. 1750 engine hrs, 1260 separator hrs, Serial
9670S726563. Will be Green lighted, Field ready. 1994
GMC Tandem 3116 Cat with 10 speed, 20 ft Midland unibody
box and hoist, Roll tarp, 16,000 lb front, 40,000 rears.
148,995 Kilometers Serial # 1G0TTH4J5RJ521521, safetied
truck. Partial listing owners 204-745-7828

Bidding by Proxy, Phone, and Internet.



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Cell: (204) 325-6230
Fax: (204) 325-4484

ANNOUNCEMENTS

ANNIVERSARY



Carol & Wayne Syganiec
Happy 30th Anniversary
Mom and Dad
June 7th

-Love from your kids

**Don't forget to send your special
wishes to your friends and family.**

The Selkirk Record

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Announcements

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The Selkirk Record

ANNOUNCEMENTS

IN MEMORIAM

Melvin J. Bedard
February 8, 1929 – May 19, 2014

God has you in His loving arms,
We have you in our hearts;
For as long as we have these memories,
We will never be apart.

-Lovingly remembered by wife Bea;
daughters Marie and Bootem,
Linda and Robert, June and John; and
son Paul and all the grandchildren,
great-grandchildren and
great-great-grandchildren

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OBITUARY



Alex Basarab

February 14, 1940 – May 21, 2016

With great sadness we announce the sudden passing of Alex at his residence. He leaves to mourn his loving partner Elsie Dorosh; son Doug (Kyla) grandson Noah; daughters Sheryl (Brian Groot), grandchildren Braden, Aiken and Reese; Angela (Ron) Firman, grandchildren Curtis and Joel; step-children Nadine Dorosh, step-grandchildren Marly and Devon; step-children Marlin Dorosh, step-grandchildren Cody and Tyson; sister Joan Swaykoski; special nephew Steven Tutkaluk; nieces Iris Stefishen and Penny Ward; nephew Michael Ward along with numerous other family and friends. He was predeceased by his parents Mike and Mary Basaraba; infant daughter Brenda; sisters Mavis and Natalie; and brother Bob.

Alex was born in Komarno, Manitoba. He was always a hard worker, he started out doing all types of chores on the family farm. He spent a brief time as a milk delivery man for Modern Dairies. Dad then started his career as a carpenter which he did up until his retirement a few years ago. He loved watching all types of sports on t.v. and also enjoyed watching his grandchildren play various sports.

In keeping with his wishes no formal service will be held. A family burial will be held at a later date. Rest in peace, lovingly remembered.

Gilbart Funeral Home, Gimli in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



Thomas Peter Thorsteinson

It is with very heavy hearts we announce the sudden passing of Thomas Peter Thorsteinson on Sunday, May 29, 2016 at the age of 36, of Selkirk, MB; beloved father, son, brother, uncle and dear friend to many.

Tom had many passions in life, spending quality time with his kids and family were always of importance as well as laughing, smiling, fixing cars, baseball and having fun. He enjoyed the times working with his family at Baker Boy for many years.

Left to cherish his memory are his lifelong partner Jen Law; his precious children Ryan and Keira Thorsteinson; parents Peter and Rhonda; older sister Lori; twin sister Tamara (Ken Smith); nephew Tristin Michaud; nieces Alexis Michaud and Camilla Thorsteinson; uncle Cal along with numerous other family and friends.

In lieu of flowers, donations can be made to the Addictions

Foundation of Manitoba.

A memorial service will be held on Friday, June 3, 2016 at 11:00 a.m. in the Gilbart Funeral Chapel, Selkirk, MB.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



William Archibald ("Baldy") Atkins
October 16, 1928 – May 27, 2016

Surrounded by the love of his family, William Archibald Atkins ("Baldy") passed away at the Selkirk and District General Hospital on Friday, May 27, 2016 at the age of 87 years.

William was predeceased by his wife Florence (nee Smith) on September 4, 1994, whom he missed dearly. His sister Eleanor, brother Vernon, brothers-in-law Rod and Bert, sisters-in-law Evelyn and Shirley, infant children Garry and Valerie, and his parents Archibald and Runa (nee Ingjaldson) also predeceased him.

Along with his "baby sister" June Dunning, brother-in-law Harold Scramstad, and many nieces and nephews, Dad leaves to mourn his 11 children and their families: Bill Jr (Jean), Keith (Charlene),

Edie (Rick), Debbie (Joe), Ken (Rhonda), Brian (Carolyn), Ron (Cheryl), Kevin, Terry, Tara-Lee (Brian) and Trevor (Jackie). Big Papa proudly wore the sweatshirt bearing the names of his 28 grandchildren and 18 great-grandchildren.

Dad was most happy with his large family around him, a legacy of 66 immediate members of which he was so proud! He always called family celebrations whenever special events arose, and his sharp memory never missed an important date. He loved to talk to whoever was near; he was our own "local historian". Everyone felt welcome in Mom and Dad's home, and they had an open door policy for anyone, whether they were related or not. Mom and Dad always cheered on their many children in any path they chose, and were our biggest supporters.

"Baldy" had good memories of his time working for the Stephanson Fish Company, before making many life-long friendships during his 40+ years at the Manitoba Rolling Mills. "Baldy" was a well-loved co-worker at the MRM, before his retirement.

The family wishes to thank Dad's homecare workers who became fast friends, and who helped to provide gentle care for our father when he needed it most.

A Memorial Service will be held on Saturday, June 4, 2016 at 11:00 a.m., at the Christ Church Anglican, 227 McLean Ave, Selkirk MB. with Rev. Brad Elliott officiating.

In lieu of flowers, donations may be made to the Christ Church Anglican, or to a charity of your choice.

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



Maurice Storoschuk

April 26, 1937 – May 21, 2016

Maurice was a very active person. When he wasn't meeting up with the coffee, perogy, or legion crews, he was attending festivals or rodeos in his "self-contained" motorhome. In between those activities he was "puttering" around his four acres in St. Andrews or fishing at the cabin, in Pointe du Bois.

He was a jack-of-all trades, from a hard working farm boy (Vita) to being an accountant and owner of

St. James Transfer.

He was predeceased by his parents, Bill and Ann; brother Bobby and Tiger. He is survived by his son Gary, and his sister Bernice and her family, Joyce, and numerous other relatives and friends.

Unfortunately in December 2013 he had a surgery that left him a paraplegic, and then spent most days sitting in the sun.

Our family is deeply saddened by his passing. Cremation has taken place and following his wishes, no formal service will be held.

We wish to thank Wheeler Funeral Home for their help. We also would like to thank all of the staff at Tudor Personal Care Home for their help and kindness.

OBITUARY



Bonnie Lynne Goertzen

On Monday, May 30, 2016 at the Selkirk General Hospital, Bonnie Goertzen, aged 67 years of Petersfield, MB, beloved wife of Jake passed away.

A Memorial Service will be held on Monday, June 6, 2016 at 1:00 p.m. in the Selkirk United Church with Rev. Deborah Vitt officiating. Interment will take place at noon in the St. Clement's Cemetery.

In lieu of flowers donations may be made to the Selkirk United Church.

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