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Taking flight

RECORD PHOTO BY DAVE BAXTER

A bald eagle looks up to the sky, spreads its wings and takes flight after being released back into the wild in Lockport last Sunday. The eagle was recently rescued and rehabilitated after it was found injured and caught up in some fishing line. For a story, see page 7.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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Heroic stranger helps rescue 2 men from Red River

Beausejour man now searching for the man who helped save him and his friend

By Dave Baxter

Shawn King says the heroic actions of a total stranger are the reason him and his friend are still alive today after a horrifying incident in Selkirk.

King, who lives in Beausejour, was fishing last Saturday evening at the Selkirk Waterfront with a friend.

He said his friend, who asked not to be named, stood up while they were getting ready to leave around 9:30 p.m., tripped over his chair and fell into the Red River.

King knew his friend could not swim, so he had no choice but to jump in after him.

"I'm not a great swimmer but I knew he wasn't even going to be able to try to swim, he just would not know what to do," King said. "Plus he was wear-

ing full clothes and a jacket and shoes.

"As soon as he went in I just jumped right in."

But once King got in the water, him and his friend started to get caught up in the river's strong current.

"Once I was in the water I tried to get a hold of him, but he kept pulling me down with him," King said. "I screamed for help."

A man who had been fishing nearby with his family then jumped in to try and save the two men.

"Our only contact with him so far had been when he gave us a thumbs up when we caught a fish," King said.

"He jumped in and both of us were able to hold onto him and try to keep his head above water."

Another person on shore also got in-



FACEBOOK PHOTO

Shawn King, pictured here holding up a fish he caught earlier this year, says the heroic actions of a total stranger are the reason him and another man are alive today after being rescued from the Red River.

involved with the rescue.

"A lady threw in a rope, we put the rope around the man's chest so he wouldn't go anywhere," King said. "And the last thing I remember is be-

ing dragged out of the water and I came to in an ambulance."

King said he spent about six hours in emergency after the incident but both he and his friend are OK.

He doubts he or his friend would be alive today without the help of a total stranger.

"Had it not been for him jumping in I would not have been able to keep him above water but I wouldn't have stopped trying, so if he didn't jump in we both would have been washed down shore."

In all the chaos following the incident King was unable to get the name of the man who saved him. He now wants to find him so he can personally thank him.

If the person who jumped in to help the two men in Selkirk last Saturday evening would like to contact King, they can contact Dave Baxter at the *Selkirk Record* at 204-481-4180 or via email at dave@selkirkrecord.ca.

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Making a splash

SwimAbility helping hundreds of children learn how to swim

By Austin Grabish

Justin Hebert could hardly wait to jump into the pool last Saturday.

It was Justin's last swimming lesson until the fall, but if it wasn't for a little-known non-profit, he might not have been swimming at all.

The 12-year-old is one of about 300 students who have or are currently registered in the Manitoba SwimAbility program.

"I enjoy it," he said at the St. James Civic Centre Pool in Winnipeg last Saturday.

The non-profit program offers swimming lessons to children living with special needs, such as Justin, for a fraction of the cost of a regular lesson - it charges just \$2.

"The price of it, you couldn't do better," said Justin's mother Maureen Hebert. "He needs the one-on-one."

Justin's father Trevor Hebert said the volunteers behind SwimAbility are "fantastic."

"It's mostly university students," he said.

He added there are no longer one-on-one swimming lessons available for special-needs students his son's age in Selkirk, which the family calls home.

Liam Menec, 19, is Justin's volunteer swimming instructor.

"I love it," he said.

"I'm just learning how to teach Liam how to swim," Justin joked before his lesson started.

Maureen said she's seen her son's ability to swim improve greatly over the last two years.

"He's adapted from the shallow end to the deep end from coming here," she said.

"Any level of proficiency more than he had is just that much better of a chance he has if something does go



RECORD PHOTO BY AUSTIN GRABISH

Twelve-year-old Justin Hebert of Selkirk and swimming instructor Liam Menec share a laugh at the St. James Civic Centre Pool in Winnipeg last Saturday.

wrong," added Trevor.

The program's goal is to give kids the chance to be in the pool while still teaching them the basics of swimming.

The organization says drowning is the second-leading cause of injury-related death in children, but what's even more troubling is kids living with disabilities are 10 times more likely to drown.

"Cam Krisko (the organization's

founder) kind of saw a need for it," said SwimAbility marketing co-ordinator Courtney Bannatyne. "There wasn't anything in Winnipeg or Manitoba," she said speaking of the low-cost program, which is a chapter of the SwimAbility Canada program.

"We do a lot of fundraising," to keep costs low, she added.

Those interested in more information or volunteer opportunities can call 204-612-4440.

Big smiles at St. Andrews open house



RECORD PHOTO BY BRETT MITCHELL

Lily Stroppa of St. Andrews lets out a laugh during the St. Andrews open house at the St. Andrews Fire Hall last Thursday afternoon.

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BIG DOLLAR

RRC launches investigation into rehab centre staff beatings

By Dave Baxter

Red River College (RRC) has launched an independent investigation after a vicious beating left two women in hospital with brutal injuries.

"In light of the tragic events that occurred on Sunday, May 29, 2016 resulting in the assault of an RRC student and a worker at the Behavioural Health Foundation (BHF) in Selkirk, Manitoba, Red River College is hiring an external investigator to launch an investigation into all circumstances surrounding the incident," RRC announced in a statement last Wednesday.

On May 29, RRC student Jackie Healey, who was on a work placement at BHF, which offers treatment to teens with addictions issues, and one

"OUR PRIMARY FOCUS IS ON JACKIE'S RECOVERY AND THE SUPPORT WE ARE ABLE TO PROVIDE TO HER, BOTH DURING AND AFTER HER RECOVERY."

other female worker were beaten by two teens that used baseball bats and pool balls in socks as weapons.

"Our thoughts and prayers are with Jackie and her family, and the worker who was with her, during this very challenging time," Paul Vogt, president and CEO of RRC said in a press release.

"Our primary focus is on Jackie's recovery and the support we are

able to provide to her, both during and after her recovery."

RRC said the investigation would look at the circumstances surrounding the attack.

It will attempt to determine whether the employer (BHF) was meeting the terms of the agreement that RRC had in place, whether sufficient security and training was provided to the student while on her work placement, and whether the facility met the required standards and expectations that RRC has with their practicum sites.

The investigation will also determine whether RRC is at fault in any way, or if any policies or procedures need to be changed.

Healey, who is now recovering at home from her injuries, said she is happy to hear that RRC will be doing

their own investigation.

"I'm glad that Red River is doing an investigation," Healey said. "They need to know what they did wrong as well as what BHF did wrong in order to make sure this never happens again."

BHF executive director Jean Doucha did not return the *Record's* request for an interview before Monday's press deadline.

A 16 and 17-year-old boy were arrested in Winnipeg for the attack two days after the incident, and RCMP now say a third teen from Selkirk has been arrested for "his role in counselling another person to be party to a criminal offense."

The 16-year-old from Selkirk has been charged with aggravated assault, robbery, unlawful confinement and theft of a motor vehicle.

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Saturday, July 2 BROKENHEAD OJIBWAY NATION Celebrating Cultural Awareness and Diversity EAST ST. PAUL RECREATION COMPLEX

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 1pm Grand Entrance of dignitaries and Dancers into Arena
 1:30pm - 5:30pm Mini Powwow featuring a variety of Dancers, Drumming and Hoop Dancing
 5pm - 6pm Brokenhead Ojibway Nation Feast

EAST ST. PAUL RECREATION COMPLEX

1pm - 5pm Various activities including: face painting, kids games, local entertainment, family activities, a giant slide, Frozen bouncer and petting zoo

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10am - 2pm East St. Paul Farmers Market

Rookie St. Andrews councillor appointed to prestigious committee

By Dave Baxter

The Association of Manitoba Municipalities (AMM) has promoted a rookie St. Andrews councillor to a prestigious committee.

First-term St. Andrews councillor Joy Sul found out June 7 she has been appointed to serve on the Provincial-Municipal Justice Advisory Committee, after being approved for the committee by the AMM board of directors.

Sul said the committee is made up of six members chosen from across Manitoba, and will focus their work on justice and public safety issues in the province.

"It's really like a task force," Sul said.

Sul applied for the position earlier this year and believes her background and experience are the reasons she was selected.

"I'm a former Magistrate so with my background I have the qualifications," Sul said.

Each member selected has to have a resolution passed by his or her individual councils, and Sul said St. Andrews passed the motion unanimously for her to join the committee.

She added that as a rookie councillor she is proud of the appointment.

"I am very happy about this, very proud," Sul said.

In a letter, the AMM congratulated Sul and also St. Andrews for having one of their councillors appointed to the committee.

"I trust your leadership and experience will help improve the safety of local communities throughout Manitoba," AMM executive director Joe Masi said in a letter addressed to Sul and the RM.

Sul was first elected as a councillor in St. Andrews in the 2014 municipal election.

> CITY LOOKS TO PINPOINT PROBLEM AREAS, FROM PG. 5



RECORD PHOTO BY BRETT MITCHELL Rob Cormack of Barney Gargles was busy mopping up water after a storm last Saturday flooded the local restaurant's basement.

Although the city has already made a list of problem streets, Johansson said they are encouraging residents to come forward to help pinpoint any areas they may have missed.

A provincial spokesperson told the *Record* in an earlier interview that sewer backups and flooding fall under the City of Selkirk's municipal jurisdiction.

The province has disaster assistance funding available for natural disasters, but sewer backups aren't eligible for funding as they're insurable.

The city is asking residents whose homes or businesses flooded to make a report with the city by going online to myselkirk.ca/citizensupport or by calling 204-785-4930 after an insurance claim has been made.

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Crowd gathers to watch rescued eagle release

Event in Lockport sheds light on how trash can be dangerous for animals

By Dave Baxter

A bald eagle looked up to the sky, spread its wings and took flight last weekend for the first time after being rescued and rehabilitated.

A juvenile bald eagle, which was injured after being caught up in fishing line and hooks in Manitoba, was rescued and rehabilitated about two weeks ago by Prairie Wildlife Rehabilitation Centre (PWRC).

PWRC spent two weeks rehabilitating the eagle and it was released back into the wild at an event in the parking lot of Canvasback Pet Supplies in Lockport last Saturday afternoon in front of a crowd.

The eagle seemed a bit shy about taking off in front of the crowd, as it didn't move for almost a minute after its cage had been opened.

A gentle nudge to the back of the cage eventually convinced the animal to take flight and it soared into the sky in front of an awestruck crowd.

Lisa Tretiak, president and co-founder of PWRC said they were lucky to be able to save the eagle.

"We were able to remove all of that right away," Tretiak said referring to the fishing line the eagle was caught up in. "Fortunately it had not been on him for a very long time, and what can



ABOVE LEFT: A bald eagle was released back into the wild last Saturday during an event at Canvasback Pet Supplies in Lockport. ABOVE RIGHT: Local animal advocate Veronica Walsh shows a grid that has been filled with trash that residents have dropped off at Canvasback Pet Supplies in Lockport that will now be turned into an art project.

happen with fishing line, is it can get tighter into the skin and cut into the skin, so fortunately that was not on for very long."

The organization, which cared for the eagle for two weeks, and gave it antibiotics to recover, decided to release it back into the wild last Saturday during an event Tretiak said was the perfect moment for the release.

Canvasback Pet Supplies held an event in their parking lot last Satur-



RECORD PHOTOS BY DAVE BAXTER

day to create awareness about how leaving fishing line and other trash on the ground and in bodies of water can lead to animals being injured, and in many cases killed.

For the last two weeks Canvasback and local animal advocate Veronica Walsh had been asking residents to bring in trash they found that could hurt animals to the store that sits along Highway 4 in Lockport.

They displayed the trash on a grid

and will now take all that trash and create a work of art with what they have as a way to honour animals that have been hurt or killed by trash, and to show people how much of it is being left around in Manitoba.

They took ideas from residents on Saturday about what they would like the artwork to become and will now start working on the Fly Free-No Strings Attached project.

Winnipeg woman faces multiple charges after St. Andrews stabbing

Staff

A woman is facing multiple charges after allegedly stabbing a man with a beer bottle several times in St. Andrews.

On June 17 at approximately 11:51 p.m., members of the Selkirk RCMP responded to a report of a stabbing in St. Andrews.

The initial investigation revealed that a female struck a male inside a residence with a beer bottle then proceeded to stab the male multiple

times.

The male victim was transported to hospital in serious condition and is now in stable condition.

The female, Allison Bowers, 44, of Winnipeg has been charged with attempted murder, assault with a weapon, uttering threats as well as possession of a weapon for a dangerous purpose.

She has been remanded into custody and appeared in court on Monday morning.

Cable ferry moved to Selkirk for Norway House

Staff

A massive 156-tonne cable ferry being moved from a City of Selkirk building to a provincial site in Selkirk last Friday will serve the community and area of Norway House First Nation once complete.

The \$3.1-million ferry is about 75 per cent complete and will be finished on land at a provincial yard in Selkirk.

Once complete, C.F. Gilbert Laugher will be floated to the north end of Lake Winnipeg, portaged beside Seafalls along the Nelson River at PR 373. It will serve the community and area of Norway House First Nation along Nelson River.

It will replace the aging C.F. James Apetagon, in service since 1977. The Apetagon will see limited use at another location.



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'Nice catch honey' at the Selkirk Waterfront

Welcome friends, if you've got a little time I think you'll get a chuckle out of the fishing stories our comrades in rods and reels offered us this last week.

There was no shortage of good natured anglers on the Selkirk Waterfront last Monday except maybe for those who needed a bathroom. Boy, it sure would be nice if we could get a port-a-potty somewhere there for the summer. Anyway, it was great fun walking up and down the pier passing the time with everyone and though no one had a story at that time I did meet this great couple, Claude and Jo Ann Dufour, from St. Vital.

They were so warm and friendly I had to share a picture of them with a fish they hauled in while we were talking. Luck decided to join me a few days later, when determined that I am, I went right back to the pier and found Joel Matewish who did have a funny fishing story.

Joel and his wife, Donna, were boat fishing on the Winnipeg River by Point Du Bois and he caught a sizable jackfish. Kneeling in the back of the boat with his wife, Donna, close by his side, he reeled the fish in with great authority. The fish put up a terrific fight splashing water all over as Joel attempted to net it and pull it up onto the backwash table of the transom. He almost had it up when the hook slipped out of the fishes' mouth.

Desperately, Joel now on his belly, his arms over the boats' side, grabbed for the fish with one hand and tried to net it with the other. He could hear Donna who had taken his rod, shouting encouragement. It didn't help though because the fish nose-dived to deep water and Joel's net slowly drift-



RECORD PHOTO BY ARNIE WEIDL
Claude and Jo Ann Dufour of St. Vital with one of their catches at the Selkirk Waterfront.

ed away just out of his reach. Donna still holding Joel's fishing rod raised her arms in laughter and disbelief at their lousy luck whereupon Joel pretty well at the same time let out a howl, feeling a piercing painful tug on his ear. Donna, waving the rod around had hooked him. They plunked themselves down on the boat seats facing each other with bewildered grins as Joel wrested the hook from his ear and light heartedly quipped at Donna, "nice catch honey."

In the middle of last week I went over to Balsam Bay and met a wonderful jolly retired couple Tom and Kim Booth from Winnipeg who were enjoying a quiet afternoon of fishing in the harbor. I hope you get a kick out of fishing stories involving kids as

much as I do because as it happened the Booths' had one for us.

Tom told the story when they were camping by Graphic Lake in Ontario, his young daughter went down to the pier with her little kid's rod and although few people had ever caught a fish in those particular waters, she hooked a big jack. Frantic with excitement she screamed for dad.

Tom not sure what all the fuss was about made for the pier where his little girl, trembling, was hanging on to each end of her rod with both hands as the jack flopped around in the water. Tom, never one to get rattled, smiling, grasped the line and drew the fish in capturing it by the gill with his bare hand. Later that night, Toms' daughter, now a true angler, sat proudly with her parents as they enjoyed that fish for supper.

On Saturday I took a bunch of the kids from the family to Hecla for some fishing and a story for us. Looking east from the shore as we slowly cast out and reeled in; I admired mystical Black Island off in the distance seemingly suspended above the water in a hazy optical illusion. In a bit I walked north to the pier and met father and son, George Engelmann and Jan from Lorette. George, a thin, dark haired chap spoke with a heavy German accent having become a Canadian citizen only five years ago. We casually talked of fishing and later after I went back to my "bunch" Jan emailed me with a picture of a gigantic pickerel he caught just after I left him.

Good job pal.
Well, it sure would be nice of you dropped by next week, so long for now.

Correction

In the June 16 edition of the *Record* on Page 7 incorrect

names were given in a photo caption for the Family Fishing Derby hosted by Springs Church at Selkirk Park.

The photo caption should

have read seven-year-old Beth Penner and Sean Thies-sen. The *Record* apologizes for the error.



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Group looks to grow mounted shooting in Manitoba

By Dave Baxter

It's not something you see everyday. Men and women riding horses while shooting blanks at a series of balloon targets.

But Daniella Welbers threw on a dress, jumped on her horse Dixie and took some of her best shots during a mounted shooting event in Selkirk last weekend.

The Tyndall resident said while volunteering at a ranch she was introduced to mounted shooting and immediately wanted to try the sport.

She now takes part competitively, and is a member of the Manitoba Mounted Shooting Association (MMSA).

"We want to grow our club so there is more people to compete with," Welbers said, right after taking part in mounted shooting competition in Selkirk Park last Saturday.

The local event even brought some guests from across the border to Selkirk including Kyle Wavra of Minnesota.

"Many of my Canadian friends here always come down to our shoots in



RECORD PHOTO BY DAVE BAXTER

Daniella Welbers of Tyndall takes some shots while riding her horse Dixie during a mounted shooting competition in Selkirk Park last Saturday afternoon.

Minnesota, so I thought I should come to Selkirk and support them," Wavra said.

Organizers said the event was an opportunity to bring the sport to the Tri-S area and introduce it to those who

aren't familiar with it.

Mounted shooting sees participants ride horses through a track and shoot blanks at balloons that are set up as a series of targets.

Those who can complete the track in the best time while hitting the most balloons ultimately come out on top.

The MMSA, which holds similar competitions across Manitoba, put on the event in Selkirk last Saturday.

MMSA member Todd Craplewe of East Selkirk said the sport is slowly growing in Canada.

"It's huge in the United States," Craplewe said. "But I think in the next few years it should really grow here."

He added the sport is relatively new, as it has only been around for about 15 years.

The sport seems to have an even amount of both men and women that take part, Welbers said, and the organization would like to get even more people involved.

Anyone that would like more information about mounted shooting or the MMSA can contact Todd Craplewe at 204-785-0362.

Peguis First Nation election wasn't rigged, audit finds

By Austin Grabish

A federal audit investigating alleged election fraud in Peguis First Nation has found allegations against the band's rookie Chief Cindy Spence were unfounded.

Froese Forensic Partners, an investigative Toronto accounting firm, conducted an audit for Indigenous and Northern Affairs Canada (INAC) after allegations of election fraud were made last year.

The *Record* obtained a 51-page report by Froese prepared for INAC through Access to Information legislation.

The report from March 31, 2016 reveals auditors focused their investigative efforts on six allegations made by former chief Glenn Hudson, who filed an appeal after losing the election last March.

The report states auditors found no evidence to support allegations that a polling station wasn't properly managed, that Spence intimidated voters, ballot boxes were tampered with, and lastly that Spence offered voters \$5,000 to \$10,000 if they voted for her.

The report starts by noting there were witnesses mentioned when the allegations were filed that "for unknown reasons" did not contact auditors.

The only allegation the report found supported by evidence was related to an altercation the night before elec-



PHOTO FILE PHOTO BY AUSTIN GRABISH

A federal audit investigating alleged election fraud on the Peguis First Nation has found allegations against the band's Chief Cindy Spence were unfounded.

tion day that occurred at the Peguis band office.

That night it was alleged campaign workers for Hudson encountered harassment as they tried to leave the office.

The report states the workers were blocked by a group of 20 people, who "aggressively" shouted profanity while "giving them the finger."

The group surrounded a truck the two workers were trying to get to and had to be escorted by security. Spence was outside at the time observing

when the altercation happened, the report said.

Auditors said the actions could be perceived as intimidation, but found no evidence to indicate Spence herself was intimidating voters.

She could not be reached for comment last week and has not returned repeated requests from the *Express* for an interview since being elected last year.

Hudson said he wouldn't be making another appeal with the federal government.

"We've basically given up hope on that," Hudson said calling the feds' appeals process broken and costly.

But he said he will be re-running in the next Peguis election, which is just eight months away.

"They want to see Peguis with a vision and to get back on track," he said speaking of band members he's said have asked him to re-run.

When Spence was elected chief last year, she ended a nearly eight-year reign Hudson had as leader of the community and made history as the band's first woman chief.

Peguis is Manitoba's largest First Nation.

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Club hopes to get local residents running in Selkirk

By Dave Baxter

A local runner has started a new group that she hopes will get men and women of all fitness levels together and active in the streets of Selkirk.

Selkirk-based runner Frankie Scribe recently started a new running club in Selkirk that meets on Wednesdays at 6 p.m. and Sundays at 10 a.m. at the Marine Museum of Manitoba, and from there goes for a run through Selkirk.

"It's been a long-term dream of mine to start a running club," Scribe said. "I currently do the bulk of my running alone, but I like to encourage others."

Scribe has taken part in numerous marathons and running competitions including the 2016 Boston Marathon, and she said she has realized how many people are interested in running, but don't know where or how to get started.

"I hear a lot of 'I wish I could run,' and then they don't take the next step," Scribe said. "I have done most of my running alone, but for some they can't get past that first couple miles. It's really quite daunting and uncomfortable if you're not experienced."

She said her running club will offer "encouragement and accountability."

"We've already had people say 'I would not have done it today if it



SUBMITTED PHOTO

Selkirk based runner Frankie Scribe, pictured here running in the 2016 Boston Marathon, has started a new running club in Selkirk that will meet on Wednesdays at 6 p.m. and Sundays at 10 a.m. at the Selkirk Marine Museum.

hadn't been for this group.' It's the same way some people work better in the gym with a personal trainer."

Although Scribe has been running for years and done it competitively, she said her club is open to all fitness

levels.

The club offers a longer and a shorter route, and Scribe said people can run, walk, or do both while on either of the routes.

"We don't want anyone to be intimidated and we would love new runners," she said. "Many are not sure how to get started running, and just not sure what they should be doing at first."

"You can run for a bit and walk for a bit, so for some it's just to help get started."

Scribe said running is an easy and inexpensive way to be active.

"It's a great opportunity for community members who don't want to go to a gym setting to get active," she said. "We welcome all experience levels. They can come just because they are interested. No one should be intimidated and everyone is welcome, and it's free and run by local runners."

Scribe said she is offering the club for free because she wants to get more local residents running.

"This is completely for the community. It's to help build a sense of community, and celebrate the things that are wonderful in Selkirk," she said.

For more information on the running club contact Frankie Scribe at 204-485-5942.

Former St. Andrews mayor earns national award at FCM

By Dave Baxter

Former St. Andrews Mayor Don Forfar was recognized with a national honour at a recent gathering in Winnipeg that brought municipal leaders together from across Canada.

During the Federation of Canadian Municipalities (FCM) 2016 Annual Conference and Trade Show in Winnipeg, Forfar was named to the FCM Roll of Honour for 2016, after being nominated by current West St. Paul

Mayor Bruce Henley.

He is one of only two people in Canada to be honoured in the FCM Roll of Honour in 2016.

Outgoing FCM President Raymond Louie presented Forfar with the award at a ceremony on June 5.

Forfar served as the FCM Manitoba director from 2009 to 2014, and Henley said a big reason he nominated Forfar was because he "worked tirelessly" to get every Manitoba municipi-



SUBMITTED PHOTO

Outgoing Federation of Canadian Municipalities President Raymond Louie, pictured left, introduces former St. Andrews mayor Don Forfar, pictured right, when he was named to the FCM Roll of Honour for 2016 at the recent FCM 2016 Annual Conference and Trade Show in Winnipeg.

ality to become a member of FCM.

"I felt Don was an excellent candidate," Henley said. "Manitoba is the only province in Canada with 100 percent participation in FCM, and Don single-handedly lobbied more than

20 municipalities that were not members, and he convinced them to join."

Forfar served as mayor of St. Andrews for 16 years before deciding not to seek re-election in 2014.

He agreed that getting a number of municipalities to join FCM was a big reason he was honoured at the conference.

"When I started out, of the 196 municipalities in Manitoba we had 162 in FCM, and I managed to get them all in," Forfar said.

When asked why many of those municipalities were not in FCM before he lobbied them, Forfar said he believes no one had made the effort to reach out to them.

"I think no one had really asked them, so I sent letters to over 30 and travelled to a number of them, and now they have benefitted greatly from FCM's activities."

Forfar also believes he worked as a strong advocate fighting for the interests of Manitoba's municipalities, and that he was recognized for that work.

"I believe I did a good job of representing Manitoba," he said. "I was a strong advocate for the province and for our provincial issues."

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Performers rock Selkirk Waterfront



RECORD PHOTOS BY GREG MCKENZIE

Aaron Starr, pictured left, and Ray St. Germain, pictured right, perform separate shows in front of a crowd at the Selkirk Waterfront last Saturday night.

Day of pampering in Victoria Beach



RECORD PHOTO BY LAURA TUTLIES

Sarah Sitarz arrived early and earned a free pedicure from Tiffanie Henderson, the owner of Tiffanies Beauty Salon, during the second annual Ladies Day in Victoria Beach on May 29.

Dozens check out test driving event



RECORD PHOTO BY BRETT MITCHELL

A rider drives one of 20 new Honda Motorcycles during a "Come ride with us" test driving event last Friday at Westside Honda in Selkirk. Westside Honda also celebrated 25 years during the event.

Country market season in full swing



RECORD PHOTO BY LAURA TUTLIES

Linda Fox along with organizer Margaret Murray-Haddad and two gals from Ruth Cooleys Plant Stand gather for the first day of the third season for the Victoria Beach Country Market recently.

Manitoba smoke shop owner, staffer fined over \$2M

Submitted

A smoke shop owner and employee have been slapped with more than \$2 million in fines for the possession and sale of contraband tobacco.

Craig Blacksmith, the owner of a smoke shop at Dakota Plains First Nation and Tammy Walters, a shop employee, were fined on a number of charges stemming from a 2014 seizure by the RCMP and provincial taxation investigators of 951,225 non-Manitoba marked cigarettes, 1845 tins of chewing tobacco (snuff), six firearms, cash and one vehicle.

On June 16, 2016, Blacksmith and Walters were each convicted of offences under the provincial Tobacco Tax Act and Tax Administration and Miscellaneous Taxes Act.

Blacksmith faced two charges of possessing and selling non-Manitoba marked cigarettes and possessing and selling other tobacco products (snuff)

under the provincial legislation. He received fines totalling \$8,500 and was assessed tax penalties totalling \$1,159,845.60.

Walters faced similar charges under the provincial legislation. Walters was fined a total of \$6,500 and was assessed tax penalties totalling \$868,009.20.

Each was given 10 years to pay the fines and penalties.

On Jan. 22, 2014, a joint enforcement operation known as Project Debit was undertaken. Members of the RCMP Serious and Organized Crime Unit, RCMP officers from Portage la Prairie and provincial taxation investigators, with the assistance of the Dakota Ojibway Police Service, made a large seizure of contraband tobacco and firearms as well as several arrests at Dakota Plains First Nation, southwest of Portage la Prairie.

A search warrant was executed, and

during the search of the property, 4800 cartons of cigarettes and three firearms were seized. During the search, police became aware of a rental locker paid for by Blacksmith. When that was searched, further seizures were made, including two cases of tobacco and three more firearms.

By law, all cigarettes and tobacco must have a Health Canada warning along with a stamp indicating that the required duties and taxes have been paid. Packages of cigarettes in Manitoba are required to display a stamp indicating taxes have been paid to the Manitoba government.

Manitoba taxes must also be paid on other tobacco products, such as

chew, when imported into the province. Millions of dollars that could fund social programs, education, employment programs and health care are lost when tax revenue to federal and provincial governments is not paid.

If you have any information on contraband tobacco, contact your local police department or Manitoba Crime Stoppers at 1-800-222-TIPS (8477).

<p>Nashville, Branson, Pigeon Forge October 23-November 5 A special tour for music lovers that journeys through the musical heartland of America</p> <p>Branson and the Ozarks November 3-11 A fun filled tour with fabulous shows and unique sightseeing</p>	<p>Mackinac Island Adventure August 28-September 2 Quaint little Victorian Style Island on Lake Huron</p> <p>Splendors of Niagara Falls September 11-19 "One of the Seven Natural Wonders of the World"</p> <p>Highlights of the Canyonlands October 24-November 1 Unforgettable Vacation thru Nevada, Utah & Arizona</p>
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Selkirk's Red Bomb expands, sets up shop in Winnipeg

By Lindsey Enns

A well-known Selkirk based business is broadening its horizons by setting up shop in Winnipeg.

Red Bomb Fireworks opened up its new flagship retail location at 1838 Portage Ave. in Winnipeg last Wednesday.

"It took a little longer than expected but we're glad to see it open," Red Bomb Fireworks president Matt Bialek said adding they had owned the building on Portage Avenue for nearly four years and construction took about two years. "We have extensively renovated our new location on Portage Avenue to the point at which it is literally an entirely new structure.

"I'm hoping that this site will allow us to capture a portion of Winnipeg that was – until this point – outside of the reach of our existing locations."

The family owned and operated business employs nearly 35 staff in the summer and roughly 20 year round.

Bialek and his family brought their fireworks business to Selkirk in 2004 and purchased their current 18-acre state-of-the-art distribution centre

"I'M HOPING THAT THIS SITE WILL ALLOW US TO CAPTURE A PORTION OF WINNIPEG THAT WAS – UNTIL THIS POINT – OUTSIDE OF THE REACH OF OUR EXISTING LOCATIONS."

and retail store located at 609 Greenwood Ave. in 2009.

Over the years Red Bomb has expanded to include two divisions — Blast Off Fireworks handles distribution while Red Bomb Fireworks deals with the retail side of things.

Blast Off now services more than 2,600 retailers across Canada and Red Bomb's primary focus is on selling fireworks that any consumer can set off at home in their very own backyard.

Bialek said they plan to have a formal grand opening for their new Winnipeg location sometime in the fall.



RECORD FILE PHOTO BY LINDSEY ENNS

Pictured from left to right: Brandi Bialek, Matt Bialek and Amber Winnicki of Red Bomb Fireworks shows off some of their products available at their retail location on Greenwood Avenue in Selkirk in this 2015 photo. The local business has now opened a new flagship retail location in Winnipeg.

East Selkirk to host 50th annual Highland Gathering July 2-3

Staff

Hundreds of visitors and area residents are expected to trickle into East Selkirk for next month's 50th annual Manitoba Highland Gathering.

East Selkirk's Legacy Park will host the popular annual event over a two-day period on Saturday, July 2 and Sunday, July 3. Organizers say the event will be held rain or shine.

This year's gathering will include the 25th annual Manitoba Canoe and Kayak Marathon Championships, hosted by the Selkirk Canoe and Kayak Centre, a highland dance competition featuring more than 100 dancers from across Canada and Scotland as well as various live entertainment.

For the first time ever, this year's gathering will also host a heavy events competition pitting a team from Canada against a team from the United

States.

Referred to as the "Battle of the Border," the event will be held on July 2. Four Canadian athletes will compete against four American athletes in seven classic Scottish events, including the caber toss, hammer throw, stone put and weight for distance.

"We'll have top athletes from Wisconsin, Minnesota, Washington State, Alberta, Saskatchewan and Ontario competing in a team format for the very first time at the Manitoba Highland Gathering," Manitoba Highland Gathering vice-president Jim Wilson said in a release. "Our gathering has always been a top draw for elite Scottish throwers from all over North America, but we have never assembled a more talented group of throwers for a single competition.

"We figured the 50th anniversary



RECORD FILE PHOTO BY LINDSEY ENNS

Vikings put on a show during the 49th annual Manitoba Highland Gathering at East Selkirk's Legacy Park last July. This year's event is set to take place on Saturday, July 2 and Sunday, July 3 rain or shine in East Selkirk's Legacy Park.

would be the ideal time to bring out the big guns and create a competition that puts some national pride on the line."

The competition is a one-day event beginning at 11 a.m. An amateur Heavy Games competition will be held on July 3 featuring primarily lo-

cal Scottish athletes.

This year's gathering will also feature living history displays, a petting zoo, a Scottish market, a pancake breakfast on both mornings and sheep sheering demonstrations.

For a full events list, visit manitoba-highlandgathering.org

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Province accepting 2016 Excellence in Sustainability Award nominations until Sept. 23

Staff

Nominations are now being accepted for the 2016 Excellence in Sustainability Awards.

"The Manitoba Excellence in Sustainability Awards honour and recognize the individuals, organizations, communities and businesses enhancing sustainability in our province," Sustainable Development Minister Cathy Cox said in a press release on Monday. "These awards inspire Manitobans to take action and bring well-deserved attention to the great work and achievements of those who demonstrate the principles of sustainability."

The annual sustainability awards program was established in 2008 by the Manitoba Round Table for Sustainable Development, an advisory board that provides advice and support to the Manitoba government about responsible resource management and land use, as well as environmental, social and economic development.

Any individual, business, organization or community group in Manitoba is eligible to apply or be nominated for one award in the following categories:

- action on climate change, air quality and energy efficiency;
- sustainability in water and natural area stewardship;
- sustainability in pollution prevention and product stewardship;
- education for sustainability;
- innovation and research for sustainability;
- champion for sustainability;
- sustainable community; and
- outstanding achievement in sustainability.

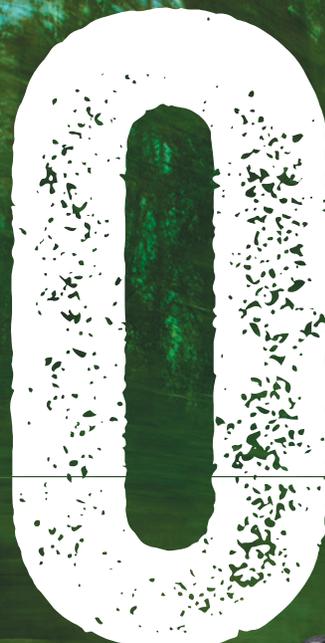
The awards are open to all Manitoba residents, organizations or businesses and initiatives taking place in the province.

The deadline for nominations and applications is noon on Friday, Sept. 23.

For more information about the awards program and how to apply, call 204-945-4391 in Winnipeg or 1-800-282-8069 (toll-free), email mrtsd@gov.mb.ca or visit the website at manitoba.ca/conservation/susresmb/mrtsd/mesa/.



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Family, friends help celebrate Head Start graduates



RECORD PHOTO BY LINDSEY ENNS

This year's Onashiwon Aboriginal Head Start Program graduates wait for their turn to graduate from the program in Selkirk Park last Thursday morning.

By Lindsey Enns

Surrounded by friends and family members, 21 students graduated from the Onashiwon Aboriginal Head Start

Program in Selkirk Park last Thursday morning.

The group of four year olds from Selkirk and area will now move up to kin-

dergarten starting in September.

"For us it's a nice time to say goodbye ... and wish them well as they go onto their new adventure," said Angela

Swanson, the program's co-ordinator. "It's an honour to get to know these students and their families and watch them grow and watch them develop.

Swanson said the head start program's aim is to help boost children's kindergarten readiness skills through play-based learning.

"They do a lot of playing and we do a lot of focus on their development needs so if we see that children are struggling with cutting for example we'll provide a lot of activities that support those skills," she said. "We kind of go by the needs of the children."

Children from Selkirk and area can either enter the program at the age of three or four.

Some choose to stay for one year while others complete the full two years before starting kindergarten.

The non-profit community based program provides bus transportation, nutritious snacks and helps teach children how to regulate their emotions, use language and about personal hygiene and nutrition.

Registrations are now open for their three- and four-year-old program.

For an application, call 204-482-6419 or visit the Head Start Program building at 222 Manitoba Ave. or the Selkirk Friendship Centre.

The federally funded program, which provides free transportation within Selkirk city limits, runs Monday through Thursday from September to June.

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Local grad chosen for International Air Cadet Exchange

By Natasha Tersigni

Next month will be a whirlwind of activity for one member of Stonewall's 301 Alan McLeod VC Royal Canadian Air Cadet Squadron.

Following her graduation from the Selkirk Comp, WO 1st Class Morgan Herda will be traveling to the United Kingdom for three weeks as part of the International Air Cadet Exchange (IACE) program.

The annual program selects 67 senior ranked air cadets from across Canada to travel to a participating foreign country where the cadets will learn about the country including its military, aviation and culture. Herda is one of four Manitobans selected for

this year's program, and the only one from Manitoba selected for the UK.

To be chosen for the exchange is not an easy feat. After writing a self-narrative on why she should be chosen to represent Canada abroad, Herda was then chosen from her squadron to attend board interviews with both cadet and military officers. During the interviews she was quizzed on everything from military history, to her own participation with her squadron and then it was a two-month waiting game to see if she was one of the four cadets chosen from the 17 that were interviewed.

"It was a pretty nerve-wracking wait but I was very excited when I heard I

was chosen. I initially wanted to go to Netherlands, but the UK is an amazing place as well. I am really excited about this opportunity and as far as I know I am the only air cadet from Manitoba chosen for the UK. To be one of 67 cadets representing Canada I think it is a pretty incredible and a wonderful opportunity," said Herda.

Throughout her stay the cadets will spend the majority of their time in London, England and their trip will include visiting tourist attractions, such as Big Ben and Buckingham Palace, and touring military bases. One part of the trip Herda is most looking forward to is exploring the UK

culture.

"We all get to stay with host families for a few days and that is when we really get to see different parts of the UK. Some of us will be going to Ireland and northern England," added Herda. Chosen in part for her leadership skills and dedication to air cadets, following her exchange Herda will return to the Stonewall squadron this fall for her seventh and last year. As the senior most cadet with the unit, Herda will remain teaching classes and have the opportunity to share what she learned on the exchange with the younger cadets.

Gov't releases framework letters to Crown corporations

Staff

The Manitoba government has released framework letters provided to Manitoba Hydro, Manitoba Public Insurance and Manitoba Liquor and Lotteries.

"Manitobans expect Crown corporations to provide top-notch services efficiently and effectively," Crown Services Minister Ron Schuler said in a release last Wednesday. "These framework letters outline the terms of engagement for the Crowns and outline, in an open and transparent manner, how our government will work with these corporations, without political interference, to further improve services for Manitobans."

As a first step, the province will work with the three agencies and more to review the Crown Corporations Public Review and Accountability Act to assess the current governance framework, find ways to improve transparency and more clearly define the government and corporation roles and responsibilities, Schuler said.

Following the governance piece, the work will focus on reducing red tape, improving procurement/tendering practices, and developing stronger advertising and sponsorship models,

he added.

"Our government believes Manitobans deserve to have open, transparent and accountable Crown services," said Schuler. "By working together, we will ensure the Crown corporations continue to provide high-quality services for Manitobans."

Framework letters will be posted online at gov.mb.ca/government/proactive_disclosure.html.

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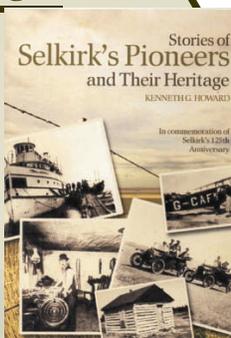
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> MEAL IDEAS

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Grilled asparagus and sweet potato

with curry



Makes 2 servings

Curry adds an exotic flavour to these grilled vegetables. They taste great with pork tenderloin.

Ingredients

1 medium sweet potato (10 oz /300g), peeled and cut into 1 inch (2 cm) wide strips

16 asparagus stalks, tough ends removed

1 tbsp (15 mL) olive oil
1 tsp (5 mL) curry powder
½ tsp (2 mL) black pepper

Directions

Place the sweet potato in a microwave safe bowl and cover with water. Microwave on high for 2 minutes. Drain the water.

Add the asparagus and coat with the remaining ingredients.

Heat the BBQ to medium heat*.

Place the vegetables in a grilling basket and grill for 10 minutes, flipping occasionally.

Serve immediately.

*This recipe can also be made in the oven. Heat the oven to 400° F (200°C).

Line a baking sheet with tin foil and cook for 10 minutes, flipping once.

Wheat-Free Pizza With Roasted Vegetables



Makes 1 9-inch pizza

½ eggplant, cubed
1 small red bell pepper, seeded and cut into strips
1 small zucchini, sliced
2 garlic cloves, sliced
⅓ cup olive oil, plus extra to drizzle
3 tablespoons each milk and water, mixed together and warmed
¾ teaspoon freshly squeezed lemon juice
1 egg

½ teaspoon salt
⅓ cups gluten-free white flour
1 teaspoon quick-rising yeast
2½ ounces mozzarella, drained and cubed (optional)

Sea salt and freshly ground black pepper

Preheat the oven to 400 F.

Toss the eggplant, red bell pepper, zucchini, and garlic in 4 tablespoons of the olive oil and roast in a roasting pan in the oven for 15 to 20 minutes, or until they are beginning to soften.

While the vegetables are roasting, make the batter. Whisk the warm (not hot) milk and water, lemon juice, remaining olive oil, egg, and salt together. Beat in the flour and yeast and mix until well combined. Pour into the prepared pizza pan, cover, and let rise in a warm place for about 20 minutes, or until puffy.

Bake the pizza crust in the oven for 10 minutes to set the dough, then quickly remove from the oven and scatter with the roasted vegetables and mozzarella (if using). Season well, drizzle with olive oil, and return to the oven for a further 10 minutes until the vegetables are sizzling and the pizza has slightly shrunk from the edges. Cut into wedges and serve hot.

Orange Peel Beef & Broccoli Stir-Fry With Brown Rice

Serves 4

For Sauce:

2 tablespoons reduced sodium soy sauce

1 tablespoon plus 2 teaspoons rice vinegar

1 tablespoon cornstarch

2 teaspoons honey

½ teaspoon freshly ground black pepper

¼ teaspoon Chinese 5-spice powder (or ¼ teaspoon cinnamon and ⅛ teaspoon each ground fennel and cloves)

1 tablespoon dark sesame oil

For Stir-Fry:

5½ cups bite-size broccoli florets

1 tablespoon minced garlic

1 tablespoon minced ginger

(or ½ teaspoon ground ginger)

⅛ teaspoon salt

1 pound flank or flat iron

steak, or top sirloin, thinly sliced against the grain in 1½-inch pieces

1 tablespoon expeller-pressed grapeseed or canola oil

1 orange, 2 teaspoons grated zest, inner segments sliced

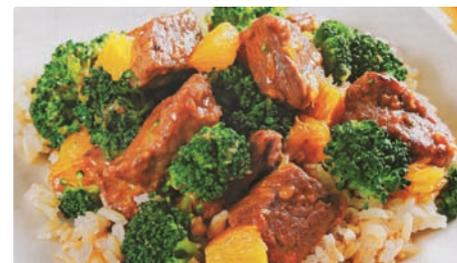
2 teaspoons sesame seeds

3 cups cooked brown rice

To make the sauce: Stir together all of the sauce ingredients in a small bowl and set aside.

To make the stir-fry: Heat a large frying pan or wok over high heat, add 1 cup of water and bring to a boil. Add broccoli, reduce heat to a low boil and cover with a lid or piece of foil, leaving a gap for steam to escape. Steam for 5 minutes until almost fork-tender. Move broccoli to a plate, reserving cooking water in another container.

In a medium bowl, sprinkle garlic, ginger and salt evenly over the beef. Scrape the pan clean, place it on high heat and add the oil. When the oil is shimmering, add the beef in an even layer and cook for 2 minutes undisturbed until brown. Toss with a



wooden spoon to break up the pieces, reducing heat to medium-high as needed. Add orange zest and sesame seeds and cook until beef is done, another 2 minutes. Swirl in the sauce, add broccoli and stir-fry to reheat. Add a splash of reserved broccoli water if mixture seems too dry. Serve hot and garnish with orange segments.

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**WHOLE LOTTA
ANGUS**

SUNOVA STAGE





9 am

10 am

12 noon

1 pm

4 pm - 8 pm

4 pm - 11 pm

11:00 FIREWORKS
NOTE: Bridge will be closed from 10:30 - 11:30 pm

Rain date for fireworks check MySelkirk.ca

Selkirk Park Pool - Free Admission

Marine Museum - 10am-6pm
Adult:\$6.50, Seniors (65+): \$5.00, Child (6-16): \$3.50
Family (2 adults, 2 kids): \$18.00 Children 5 & Under: Free

Registration for 5th Annual Selkirk Canada Day Run/Walk

5th Annual Selkirk Canada Day 5km Run/Walk

7th Annual Geocaching Scavenger Hunt Registration and Training at the Waterfront

Scavenger Hunt begins

Canadian Tire Kids Zone at the Waterfront (bouncers, mascots, face painting, glitter tattoos & more!)

Live Entertainment AT THE WATERFRONT

Whole Lotta Angus on the Sunova Stage

Kendra Kay on the South Beach Casino Stage

For entertainment times, more information or last minute event relocation
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CITY OF Selkirk Event Itinerary At the Waterfront

Geocaching Scavenger Hunt - 7th Annual - 12 Noon
Bring your own GPS. Teams of 6 or less. For more info call Kayla at 204-785-4992

Horse and Carriage Rides by *Equine Elegance* - 4 pm - 8 pm
Take a **FREE** ride through Selkirk Park

Live Entertainment - 4 pm - 11pm.

- Whole Lotta Angus on the Sunova Stage,
- Kendra Kay on the South Beach Casino Side Stage,
- Prairie Men
- Fire Heart Women's Drumming Group & More!

Canadian Tire Kids Zone - 4 pm - 8 pm
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For more information: **204-785-4946** or visit **MySelkirk.ca**
Canada Day event will be located at the Rec Centre if it rains.



Rain date for fireworks check **MySelkirk.ca**



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A letter fit for a queen



RECORD PHOTO BY BRETT MITCHELL

Debra Clemons of Selkirk holds up a letter she received from Queen Elizabeth's Lady-in-Waiting in May. Clemons sent a letter to the Queen along with a copy of the book "Aunt Mary in the Granary" by Eileen Comstock leading up to the Queen's 90th birthday. Queen Elizabeth turned 90 on April 21.

National chief welcomes \$50M Skills and Partnership Fund

Staff

The federal government's announcement of funding and support to strengthen the First Nations labour market is a step in the right direction to address decades of underfunding, according to national Chief Perry Bellegarde.

Minister of Employment, Workforce Development and Labour Canada MaryAnn Mihychuk made the announcement on May 25 during the Federation of Saskatchewan Indian Nations Spring Legislative Assembly.

"We are the fastest growing population in this country and our people are seeking jobs and good training," Bellegarde said in a release late last month. "We need initiatives that start to close the gap in employment, income and education between First Nations people and the rest of Canada. We look forward to working with the federal government on First Nations employment, training and labour market needs based on a na-

tion-to-nation relationship and a new fiscal relationship based on respect."

AFN Saskatchewan Regional Chief Bobby Cameron stated: "We welcome the federal government investment into the development of our people's skills and training needs. Our First Nation people require education and training opportunities to build healthier families and communities. This is a positive step forward to the importance of life-long learning. We look forward to our continued nation-to-nation Inherent and Treaty based relationship."

On May 25, the federal government announced a new call for proposals for the \$50 million Skills and Partnership Fund and funding for at-risk communities and the Aboriginal Skills and Employment Training Strategy (ASETS).

Mihychuk announced a new call for proposals for the Skills and Partnership Fund, with a total value of \$50 million.



Communities in Bloom 2016

In 2015, Selkirk received an overall score of 81% resulting in four blooms. Over the next several weeks this section will be devoted to areas which upon the Communities in Bloom judging panel evaluate our city. Our aim is to educate the public that Communities in Bloom is not just about the flowers. The evaluation is based on 8 criteria, divided into the following 6 sections:

- Tidiness • Environmental Action • Heritage Conservation
- Urban Forestry • Landscape • Floral Displays

EVALUATION CRITERIA - TIDINESS

The Communities in Bloom focus this week will be on the tidiness of Selkirk. Tidiness includes an overall effort by the municipality, businesses, institutions and the residents throughout the community. Elements for evaluation are parks and green spaces, medians, boulevards, sidewalks, streets; municipal, commercial, institutional and residential properties; ditches, road shoulders, vacant lots, signs and buildings; weed control, litter clean-up (including cigarette butts and gum), graffiti prevention/removal and vandalism deterrents.

In 2015, the City of Selkirk scored 125.50 out of a possible 150 points for tidiness.

2015 Judges Observations:

Overall Selkirk is very clean and tidy with very little evidence of litter. There are many litter and recycling receptacles.

No graffiti was noticed, however there was evidence that some had occurred and had been covered over or removed.

Most of the industrial areas were also clean and tidy. As always, a few could benefit from a little more attention.

The transfer station, although not open when judging occurred, appeared to be very well looked after - nicely done for a facility of this nature.

2015 Judges Recommendations:

Would it be possible and or feasible to encourage business owners to look after the public space in front of their establishments? Small things, like removing weeds growing the sidewalk cracks, can make a significant difference in appearance.

Continue to add recycling and garbage containers as needed as they do make a difference.

Continue with your anti-graffiti program - it is working!



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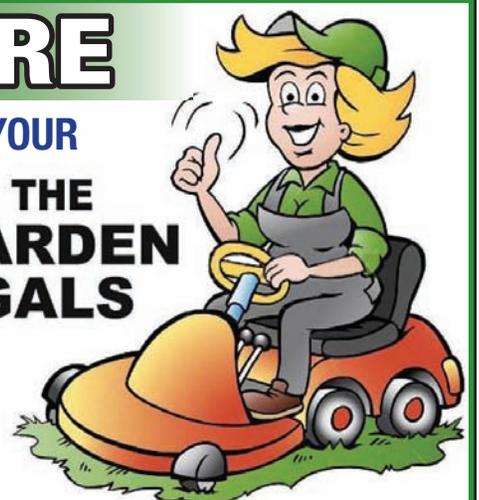
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St. Andrews glass artist returns to WAVE tour

By Stefanie Lasuik

St. Andrews artist Angel Calnek returned to the Interlake WAVE Artists' Studio tour on June 10 and 11 with glass art she's been creating since 1994. However, this time with a new philosophy she developed after a life-changing event in 2013.

"I'm here, I have all this beautiful work around me, what complaints could I have?" said Calnek on June 11.

Three years ago, the St. Andrews artist had brain surgery to remove a non-cancerous tumour. Although the tumour wasn't cancerous, the condition that spurred it, trigeminal neuralgia, had put her in constant pain since 2010.

"They call it the suicide disease," said Calnek, who explained it comes from an artery pressing against a raw nerve in the head. This can cause excruciating pain.

Calnek suffered permanent mental and visual damage from the surgery and still takes medication for her condition. Fortunately for Calnek, it has not affected her ability to create nature-themed stained and warm glass.

Recently, Calnek has been screen printing with glass. In a bit of a com-

plicated process, Calnek takes pictures of dragonflies and water and then works the images into her glass.

One piece she showed on the WAVE tour had a picture of water in a blue glass bowl. The water itself revealed a hand, which Calnek highlighted with custom moulds.

"There was a hand in the shadows on the water," explained Calnek.

The hand is symbolic and shows that people are responsible for caring for the water. Many of Calnek's works hold these deeper meanings that draw attention to environmental issues.

"As beautiful as this is, the real water is even more beautiful and more precious," said Calnek.

Since her surgery, Calnek has stepped away from the sales side of art and instead enjoys the process. As long as she can make enough to keep creating, she's happy, she said.

Calnek's creativity stretches into the music world, where Calnek became a professional folk singer as a teenager. Calnek has since sung blues, country, and rock and roll. She exhibited her 2011 Hillbilly Burlesque CD during the WAVE.



RECORD PHOTO BY STEFANIE LASUIK

Angel Calnek showed her glass art on the Interlake WAVE Artists' Studio Tour on June 10 and 11. Her pieces, such as this water series bowl, hold deeper meanings about nature.

The Interlake WAVE Artists' Studio Tour is run by Winnipeg Beach Art and Culture Co-op, a non-profit run by artists for artists. The tour, which is the largest of its kind in Manitoba,

runs in the spring and again the fall. The next WAVE will be Sept. 3 and 4.

For more information or to apply to be a part of the tour, visit watchthewave.ca

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HSC's hand hygiene rap making waves online

Former Selkirk resident says the main message is 'very important'

By Lindsey Enns

A former Selkirk resident with a passion for filmmaking is helping promote the importance of hand washing with help from a rap song he wrote and a video produced by the Health Sciences Centre.

Ryan Surowich, 29, who grew up in Selkirk, currently lives in Winnipeg where he works as a nurse at the Health Sciences Centre (HSC).

To help promote the importance of hand hygiene at HSC in Winnipeg, hospital staff were invited to submit a 90-second video concept to display commitment to patient safety and promote good hand washing practices.

Submissions were judged on creativity, originality, team participation and good hand washing.

Surowich's original concept, which proposed making a music video of him rapping about hand hygiene techniques was ultimately named the winner.

After recording the song, Surowich said the music video, which is just over one minute long, was produced by the HSC.

The video, which can be found on YouTube under "HSC - Hand Hygiene Rap" has been viewed more than 13,400 times and is featured on the *New York Times* website.

Besides having a passion for filmmaking, Surowich said the message behind the video is "very important," which is why he chose to enter the contest.

"Hand hygiene is obviously really,

Hand washing tips

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- Before eating or touching food;
- After using the bathroom;
- After blowing your nose or coughing;
- After touching pets or other animals;
- After playing outside;
- Before and after visiting a sick relative or friend.

— Health Sciences Centre

really important," he said during an earlier interview with the *Record*. "A lot of people die from infections they get within the hospital so you could save billions and billions and dollars of resources just by washing your hands."

Although he couldn't say how many hours he put into the project, Surowich said it didn't feel like work at all.

"I put a lot into it," he said. "This is my pulse. I love doing this."

Nowadays it has become easier than ever for someone to pick up a camera and create something, Surowich said.

"It's just kind of a new brand of nursing," he said. "A lot of people are visual learners."

Katherine Fox, director of communications at HSC, said the video was released in October 2015.

"We wanted to shake things up a little in terms of awareness and sort of break through the clutter and noise of information and get new messag-



SUBMITTED PHOTO

Ryan Surowich films a scene for the Health Sciences Centre Hand Hygiene Rap video inside the HSC. Surowich won an HSC video contest promoting the importance of hand washing in the workplace.

ing out so we had opened a contest to our staff to submit an idea," Fox said. "Ryan's piece was selected and then we worked together to produce a music video."

Along with learning more about

the importance of hand washing and hand hygiene practices, Surowich said he hopes people will find some humour in the video.

"Ultimately that's what it's all about."

Citizens on Patrol celebrates 25 years in Manitoba

Submitted

This year marks 25 years of the Citizens on Patrol Program in Manitoba.

West St. Paul Citizens on Patrol Program (COPP) is proud to be a part of this long-standing program, focused on keeping West St. Paul safer.

COPP began in Manitoba in 1991 when partnerships were formed with local law enforcement and citizens desiring to make their communities safer. Its three main goals are deterrence, education and awareness.

The West St. Paul COPP patrols the community by vehicle, walking or bicycle, watching and reporting suspicious activities to the RCMP.

"We work closely with the RCMP so that our patrols take place where they're most effective," group co-ordinator Detlef Hindemith said. "Safety bulletins are periodically sent to residents through email and attached to community bulletin boards."

Members take part in the Speed Watch Program, setting up a radar speed reader board that displays motorist speed. This road-safety initiative shows drivers the actual speed they are travelling in relation to the posted speed limit. This prompts speeding motorists to slow down.

COPP will set up a display at this

year's Canada Day breakfast at the Sunova Center.

To recognize the program's 25th anniversary, COPP will have giveaways at the display. Complimentary Child ID Kits from the RCMP will be available in limited quantities. Having a record of your child's identity, including a photograph, fingerprints and a hair sample for DNA, is useful to help locate and return a missing child quickly and safely. The information should be kept by the child's parent or caregivers.

"We would welcome more members who want to help prevent crime.

Members patrol when and where it's convenient for them. This means patrollers are out at many different times of the day or night," Hindemith said.

Across the province there are 48 active groups and more than 1,000 volunteers dedicated to reducing crime within their communities and neighbourhoods. COPP is a proven, highly visible, and effective crime-deterrent program. For more information about the WSP COPP, or if you want to join, contact Detlef Hindemith at 204-612-3465 or via email at wscopp@gmail.com.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Junior girls' enjoying the Thunder experience

By Brian Bowman

The Interlake Thunder junior girls' football team is heading into the play-offs playing some real good football.

Interlake ended its regular season last Thursday with an impressive 61-18 victory over the St. Vital Mustangs at Stonewall Collegiate.

"The girls played fantastic," said Thunder head coach Derek Charison. "Our defence did not give up a first down in the first half at all, which is pretty spectacular.

"Everyone played really well – it was probably our most complete game of the year."

Defensively, the Thunder did a great job securing tackles and not letting many Mustang ball handlers break free.

"They contained very well and they made tackles," Charison said. "We didn't miss any tackles and they were playing disciplined. They were exactly where they were supposed to be."

On offence, Interlake did a superb job moving the ball effectively. The Thunder often worked hard for extra yards and repeatedly gained positive yardage.

"They did a real good job moving the ball and we got a few breaks where we got a few big runs," Charison recalled.

The same two teams will hook up tonight when the Thunder hosts the Mustangs in a semifinal matchup. Interlake, which finished the regular season in second place in the four-team league with a 3-3-1 record, should be the favourite to advance to the league final.

Charison said the Thunder have improved immensely since the beginning of the season. This club looks to be peaking at just the right time.

"We're brand new to this, so the girls didn't have any football experience," Charison explained. "We had to start from zero when the season started."

The players are also having a ton of fun playing football.

"I would say the majority of girls, when practice ends, they can't wait until the next practice starts," he said. "After the first couple of weeks, I was getting emails from parents saying that the girls love it and they can't wait for next year.

"That's fantastic because they're not just doing this for something to do. They actually enjoy doing it."

The winner of tonight's semifinal advances to the league championship game at Investors Group Field in Winnipeg next Thursday.



RECORD PHOTO BY BRIAN BOWMAN

Interlake Thunder's Zaida Tompson (92) makes a nice tackle during a 61-18 win over the Mustangs last Thursday in Stonewall. Interlake will play St. Vital again tonight in a semifinal game.

Record-breaking performances at junior high divisional meet

By Brian Bowman

Local athletes put together some impressive record-breaking performances at the Lord Selkirk Junior High Divisional Track and Field meet earlier this month.

"It always amazes me that these kids are breaking records almost every year," said Lockport School phys-ed teacher Marco Morelli. "They're getting bigger and more talented."

East Selkirk Junior High's Asha Gurney was fantastic, breaking a pair of Grade 9 girls' records while tying another two. She is an exceptional athlete that is only going to get better.

Gurney set new marks in the triple jump, landing in the sand at an impressive 9.66 metres. She also broke the javelin record with a throw of

32.30m while matching records in the 80m hurdles (13.1 seconds) and high jump (1.40m).

Lockport School's Cienna Palmer, meanwhile, broke the Grade 9 girls' LSSD record in the 1200m race after a time of 4:24.10.

Three records were set in the Grade 8 boys' division by Lockport School's Heath Kurys. Kurys, a fantastic runner, smashed records in the 800m (2:20.20), 1200m (3:44.40), and 2000m (6:43.56).

"That was unbelievable," Morelli enthused. "He was running by himself out there because he was so far ahead. He's so much fun to watch and he's a total character. He's so competitive and refuses to lose."

In the Grade 7 boys' 300m event, East

Selkirk Middle School's Evan Skrupski set a new record with an impressive time of 43.09 seconds.

Lockport School's Ryan Vankooten broke the Grade 7 boys' high jump record after clearing 1.44 metres while the Grade 8 girls' division saw ESMS' Jana King break the record in the 2000m after finishing with a great time of 8:16.13.

Three records, meanwhile, were made by Grade 9 boys' athletes. ESMS' Jordan Simko set a new record in the 1200m after a time of 3:53.20 while Lockport School's Chris Faial's javelin throw of 34.42 set a new record.

Lockport School's 4X100m relay team of Bella Benson, Shannon Campbell, Olivia Weremy, and Palmer set a new record after crossing the

finish line in a lightning-quick time of 51.51 seconds.

As a school, Lockport won banners in five of six categories. They were tops in Grade 7 and 9 boys' and girls' divisions while placing first in Grade 8 girls.

"It wasn't easy," Morelli admitted. "The points were very close...and we were very fortunate that it turned out this way. It very easily could have been three or four (banners) going the other way.

"But we're very happy and obviously proud."

ESMS was first overall in the Grade 8 boys' events, finishing with 78 points. That was well ahead of the rest of the field.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk athletes honoured at annual sports banquet

By Stefanie Lasuik

Lord Selkirk Regional Comprehensive Secondary School recognized its most accomplished athletes on June 15 at its annual sports banquet.

The Royals' teams competed in 13 different sports this year, and captured 10 championship and finalist banners. It was under these banners each team's MVP received an award.

The Royals' coaches announced the Jim Schreyer Leadership Award winner for the athlete who contributed to the athletic program both on and off the court. Carlee Barylski, captain of the varsity girls' basketball team, received the honour. Barylski was also a leader on her water polo and badminton teams, and was the Royals' loudest fan, said Sue Gilmour, Royals' phys. ed teacher and basketball coach.

"You always know when she's in the room because her energy is felt around the entire room," she said.

Annika Loeppky took home the Keystone Female Junior Varsity Athlete of the Year award for her contributions to the basketball, volleyball, soccer and track and field teams. Loeppky was the co-captain of her basketball team, the KPAC indoor long jump champion, a member of Team Interlake's basketball team, and a member of both the Royals' 16U club volleyball and Team Manitoba's provincial volleyball teams.

"Somewhere in there, I don't know where, she manages to find a little bit of time to help out with some coaching," said Gilmour.

Loeppky felt honoured by the award but wanted to support her teammates.

"I want to make sure the other athletes who put in lots of time and dedication also receive the honour because it wasn't just me participating," said Loeppky.

Tim Juvonen jumped his way to being the Keystone Male Junior Varsity Athlete of the Year. The volleyball provincial all-star and champion also earned silver and bronze medals in KPAC indoor and outdoor track respectively. Juvonen also ran cross country and earned a spot on Manitoba's provincial volleyball team.

"All the hard work that I put into pays off," said Juvonen, who hopes he was able to make those who supported him proud.



Jim Schreyer, right, presented Carlee Barylski with the leadership award named in his honour.

Owen Schwartz won the Josten's Male Varsity Athlete of the Year as a Grade 11 student. He captained the KPAC-winning volleyball team while playing club volleyball with the 18U provincial champions. Schwartz also took part in water polo, badminton, soccer, basketball, and beach volleyball, the last in which he earned a silver medal.

"Winning with the athletes in this school and the amount of talent in this school truly means everything," said Schwartz.

Jessica Friesen earned herself a graduating gift by winning the Josten's Female Varsity Athlete of the Year. The captain of the varsity girls' volleyball team led her squad to its third consecutive KPAC championship. She also earned the Players Choice Award this year and one of four Dr. Dale Iwanoczko Memorial Volleyball Scholarships. Friesen was also a member of the indoor and outdoor track teams and the dragon boat group.

"It's a nice closing to my high school career. I'm going to remember it forever," said Friesen.

Friesen now looks forward to playing on the University of Winnipeg Wesmen volleyball team as she pursues her degree in biopsychology.

Success at the National Level

- Alek Morelli - Bronze medal at 16U Canada West Volleyball Championships
- Nigel Nielsen - Bronze medal



RECORD PHOTOS BY STEFANIE LASUIK

Royals' athletes of the year, from left, Annika Loeppky, Owen Schwartz, Jessica Friesen and Tim Juvonen.

at 16U Canada West Volleyball Championships

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Royals Team MVP's

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- Junior Boys Cross Country - Qwynn Blackburn-Moore
- Senior Girls Cross Country - Taylor Arnt
- Junior Girls Cross Country - Charlotte Wilmott
- Varsity Boys Volleyball - Owen Schwartz
- Varsity Girls Volleyball - Lauren Weremy
- Junior Varsity Boys Volleyball - Nigel Nielsen
- Junior Varsity Girls Volleyball - Kely Warmington
- Varsity Boys Basketball - Owen Schwartz
- Varsity Girls Basketball - Carlee Barylski
- Junior Varsity Boys Basketball - Alex Unrau
- Junior Varsity Girls Basketball - Charlotte Wilmott
- Junior Boys Indoor Track & Field - Tim Juvonen
- Junior Girls Indoor Track &

- Field - Annika Loeppky
- Senior Boys Indoor Track & Field - Tristan Allen
- Senior Girls Indoor Track & Field - Bronwyn Neufeld
- Girls Curling - Shae-Lynn Murray
- Boys Curling - Shayne Merritt
- Boys Soccer - Nick Frias
- Varsity Girls Water Polo - Nettie Wallace
- Varsity Boys Water Polo - Mats Hanson
- Junior Varsity Water Polo - Jillian Tompkins
- Girls Hockey - Courtney Sorokopud-Jones
- Boys Hockey - Harley Hoydalo
- Mike Woloshyn award winner for dedication: Travis Spratt
- Junior Boys Outdoor Track & Field - Tim Juvonen
- Senior Boys Outdoor Track & Field - Tristan Allen
- Senior Girls Outdoor Track & Field - Amy Wiebe
- Girls Rugby - Erin Mackellar-Bedard
- Boys Rugby - Nico Morrow-Litke
- Paul Lemire "1 - 2" Punch: Tyler Virkus and Cole Scobbie
- Baseball - Brett Boudreau
- Lacrosse - Harley Hoydalo

Friesen honoured as Royals' female varsity athlete of the year

By Brian Bowman

Jessica Friesen enjoyed winning the Selkirk Royals' junior varsity female athlete of the year award so much a couple of years ago that she made it a goal to win the same award at the varsity level.

And that goal was accomplished last week at the Comp's annual athletics awards evening.

Friesen capped off a stellar athletic career by winning the Royals' varsity girls' top honour.

"I worked hard the past three years and to get this award kind of wraps up all of the blood, sweat, and tears from the last couple of seasons," said Friesen, who lives in Lockport.

"It was a good way to (finish) off my high school career."

Friesen started off her high school athletic career by being named the Royals' junior varsity female athlete of the year.

"I told myself that if I work hard the next two years, it would be a great accolade (to win the varsity award). That was something I was striving for."

Friesen competed in basketball, track, dragon boating and volleyball. It was volleyball, though, that Friesen really excelled as her teams won a junior varsity and varsity provincial title before losing in the varsity provincial final this past season.

"The varsity girls in Selkirk have (rarely) been this successful," said

Friesen, who did a good job keeping her marks up as a student-athlete in Selkirk.

"For the core group of us that has moved up from JV, we were very successful and we're very proud of ourselves. I couldn't be any happier to be with the same teammates."

Friesen said the experience of competing for a "AAAA" title on the floor at the University of Manitoba was a special one.

"It was one of the surreal moments in my life so far," said the talented 6-foot middle. "I had never experienced anything like that before with the cameras and fans watching. It added to the adrenaline and the hype and the entire experience."

Despite those great seasons, Friesen was quick to point out that the highlight for her was building special relationships with her teammates. Sure, winning three KPAC titles in volleyball is nice, but making life-long friends is equally as rewarding.

"I'm not too good remembering specific games and stuff but I am going to remember my teammates," said the personable 18 year old. "I'm still very close with my coaches and I still talk with them."

Friesen was proud to have been a Selkirk Royal student-athlete. Life, however, will soon change for her as she heads off to the University of Winnipeg this fall to play volleyball



RECORD PHOTO BY STEFANIE LASUIK

Royals' volleyball coach Kyla Michalski, left, presented the Josten's Female Varsity Athlete of the Year award to Jessica Friesen at the Lord Selkirk Comp annual awards last week. Friesen will be studying and playing volleyball at the University of Winnipeg this fall.

for the Wesmen.

"I wouldn't have wanted to go to high school anywhere else," she stressed. "And I'm looking forward to (attending the University of Winni-

peg). The one chapter of high school is now done and I'm looking forward to university.

"I'm so excited."

Dolphins outstanding at swim provincials

Staff

The Selkirk Dolphins had an outstanding performance – with their best showing in several years – at the provincials in Winnipeg on June 10-12.

Selkirk's talented contingent of 11 swimmers won the Marvin McDonald Medium Size Club Award (team's with 11-20 swimmers) for the very first time. The Dolphins finished fifth overall with 345 points and seven of their 11 swimmers earned at least one medal.

"I think that's the highest (point total) that we've had for a long time," said Dolphins' head coach Michelle Stamm. "I am very impressed with our team. We have a very strong group of young stars emerging onto the swimming scene."

As well, the Dolphins' two female relay teams finished second while their senior team won gold due to a disqualification of the first-place team.

"I was especially pleased with how they did," said Stamm, referring to the

Dolphins' relay teams.

Individually, Mats Hanson (16 and over) and Sofia Paunovic (11-12) earned High Point awards for their age categories.

"For Mats, this was a stepping stone for Man/Sask," Stamm noted. "But for Sofia, after this she changes to the next competitive age group, 13 and 14. For her to go to Man/Sask, she had to qualify in the 13-year-old age category."

"She had five events (at provincials) and she finished first in three out of the five."

The Dolphins, meanwhile, are taking seven swimmers to Man/Sask, which will take place in Regina from July 7-10. Following that event, Selkirk will be sending a large team of about 14 swimmers (10 females, four males) to Steinbach for the Manitoba Summer Games on Aug. 10 -12.

The Dolphins have benefitted from the pool being open this summer. That has enabled them to better train for these elite meets.



RECORD PHOTO SUBMITTED

Sonja Friesen, Sinead Gibbs, and Mats Hanson received the medium club high point plaque at provincials recently.

Selkirk FC earns home draw against Stonewall

By Brian Bowman

Selkirk FC must have had their fathers on their minds on Sunday afternoon.

The local senior soccer club was defeated 5-0 by Forza – WSP during a Father's Day match at the Ralph Cantafio Soccer Complex (formerly Winnipeg Soccer Complex) in south Winnipeg.

"Selkirk FC was tired from Friday's match and were outplayed by a rested opponent," said Selkirk FC coach Michael Bruenig in an email. "The 5-0 loss would have been worse except for an outstanding performance by Selkirk FC's new keeper Daniel Preun."

Last Friday, Selkirk FC played to a 3-3 home draw with Stonewall Impact FC, scoring the first goal of the game on a beautiful kick that sailed just under the crossbar in the first half.

Tanner Markevich led the home side with two goals while Blake Carter also tallied.

"Stonewall Impact is a good team and I look forward to playing them again in August," Bruenig said.

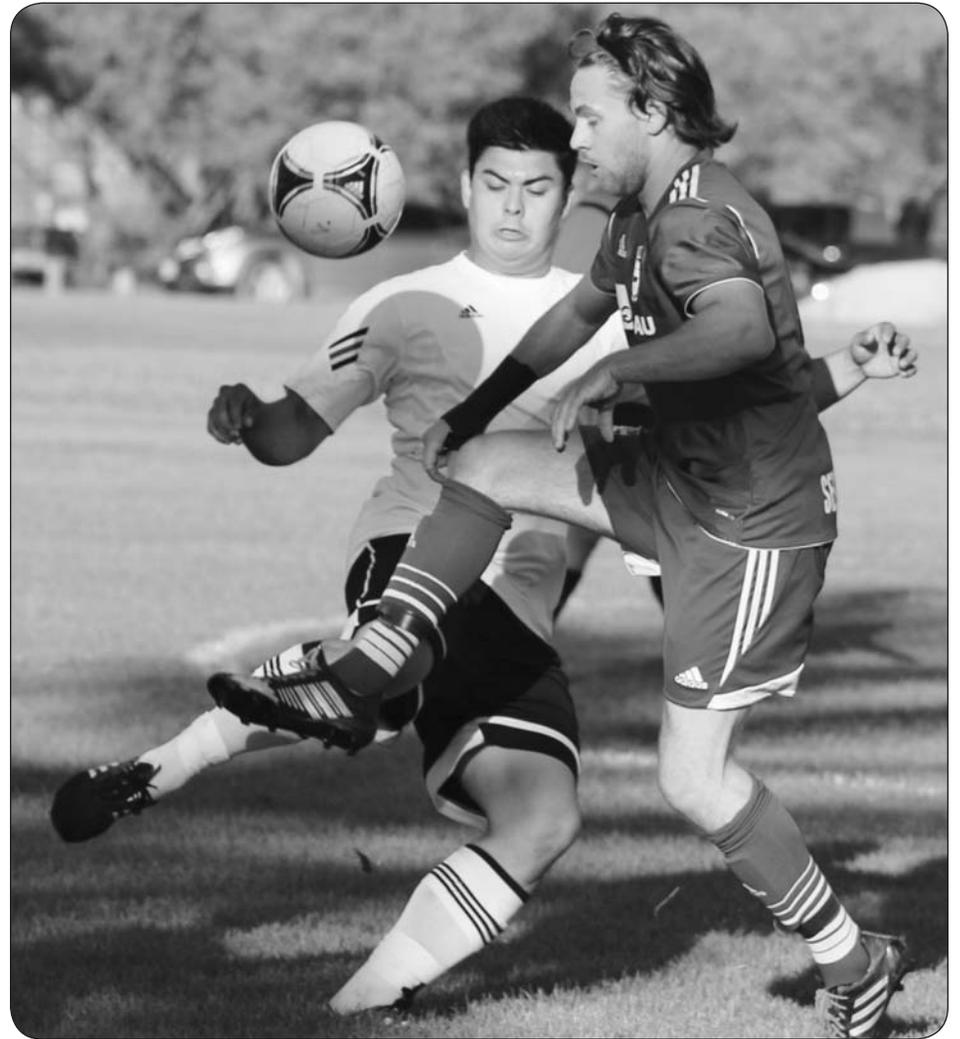
It's been a slow start to the season, however, for Selkirk FC. The team has struggled while getting used to several new players on the roster.

"No excuses as to where we are in (in the standings) but Selkirk FC has had a tough start to the 2016 season with eight players from the 2015 roster leaving the team," Bruenig explained. "And three players from the 2016 roster have sustained major injuries - two which were season ending."

Bruenig is hopeful, though, that this team will soon come together to form a winning squad.

"All new and veteran players have shown that they are capable of playing at this level," he insisted. "That being said, Selkirk FC is not where they want to be at this point in the season. There is still some work to be done with regards to our execution equaling, or surpassing, our efforts."

Selkirk FC is back in action Friday when it battles AC Fiorentina at the Buhler Soccer Complex in Winnipeg. Game time is 7:30 p.m.



RECORD PHOTOS BY BRIAN BOWMAN

Selkirk FC's Devin Racicot battles a Stonewall player for the ball near the sidelines during MMSL Second Division action last Friday in Selkirk. The two teams played to a 3-3 draw.

Selkirk wins Shield Division lacrosse title

By Brian Bowman

There will be a new banner going up in the Comp's gym.

The Selkirk Royals are the Shield Division champions for this season after a dominating 13-6 victory over Beausejour's Edward Schreyer Barons during provincial action last weekend in Winnipeg.

"It was one of those games where we came out from the get-go and didn't let up," said Royals' head coach Chris Poponick. "We actually played with some offensive enthusiasm this time."

Plenty of Selkirk players contributed offensively, said Poponick, adding the impressive win was a great way to finish the first season of Royals' lacrosse.

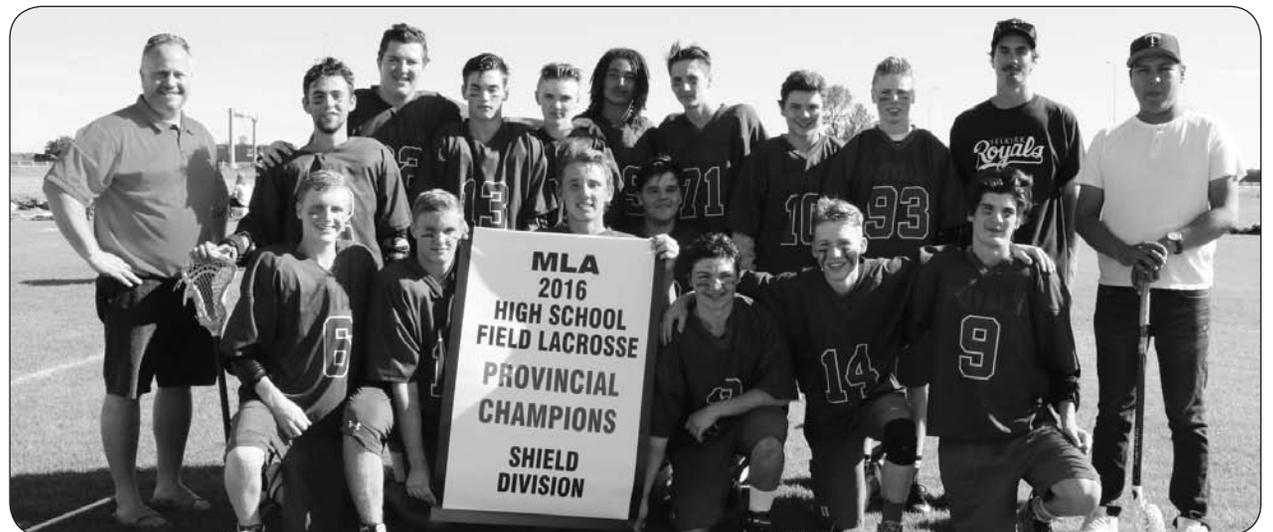
"There's a banner going up in the Lord Selkirk Comprehensive High School and it will have lacrosse on it," Poponick said, noting the Royals lose just four players due to graduation.

"It's important to celebrate these victories, especially in our first year."

To reach the finals, Selkirk edged Vincent Massey 2-1 last Thursday. The Royals scored a couple of quick goals and then hung on for the slim victory.

"(Our offence) just wasn't working and that's what was hurting us at the provincials," Poponick said. "Our offence wasn't clicking and then, lo and behold, it worked in the last game."

What has worked all year for the Royals has been



RECORD PHOTO BY LANA MEIER

The Selkirk Royals are the Shield Division lacrosse champions. Pictured front row, left to right: Owen Sargent, Owen Anderson, Harley Hoydalo, Easton Densley, Tyler Gerien, Cole Wasnie, Tyson Parker; back row Chris Poponick, Joey Flynn, Treton Smith, Liam McIvor, Brady Hrymak, Drayden Rislund, Drake Ballantyne, Joel Epps, Josh Poponick, Cory Balcaen, Tyndall Fontaine. Missing from the photo are Jeremy Thomas, Justin Tessier, Matt Davidchuk, Hayden Wilkin and Draven Clemons.

their defence. Selkirk was very good on the defensive end, led by goaltender Harley Hoydalo, the team's MVP.

He was helped out by Grade 12 standout defend-

ers Treton Smith and Jeremy Thomas.

"We've been rock solid back there and the guys have bought into that defensive philosophy and have worked together really well," Poponick said.

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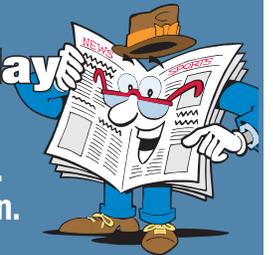
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ANNOUNCEMENTS

CARD OF THANKS

The family of Bonnie Goertzen would like to thank the ER staff at Selkirk General Hospital for all their efforts. Special thanks to Dr. Robert Zoppa for his compassionate care over the last year of Bonnie's life, and to Selkirk United Church and Reverend Deborah Vitt for the wonderful service. Thanks also to all our family, friends and co-workers of Bonnie who have been there to help us through this difficult time. We would not have been able to get through this without all of you. Thank you.

ANNOUNCEMENTS

CARD OF THANKS

Thanks for helping us celebrate our 50th Wedding Anniversary on June 4th. Thanks to folks that helped with the shed, the food, the cards and gifts are greatly appreciated. Thanks to Stacey for her great speech and "The Bog Boys" for their great music. It was an evening we'll always remember.

-Love,
Darlene and George

ANNOUNCEMENTS

CARD OF THANKS

We would like to express our heartfelt thanks to our family and friends for their love and support during this difficult time. Thank you to all who attended Mom's (Sophie Bochen) funeral and for all the cards, flowers, phone calls and donations. Special thanks to Father John McKenzie and all who participated in the mass service. To the C.W.L. thank you for the beautiful singing and Honor Guard, that really touched our hearts. We would also like to thank John and Erin from Gilberts for their guidance and compassion. To Donnie and Adeline, thank you for the lovely lunch. Lastly, our sincere thank you to Dr. Zoppa and Dr. Lindenschmidt Sr. and Jr. and the excellent nursing staff at Red River Place. Our Mom was treated with dignity and respect and your kindness will never be forgotten. -

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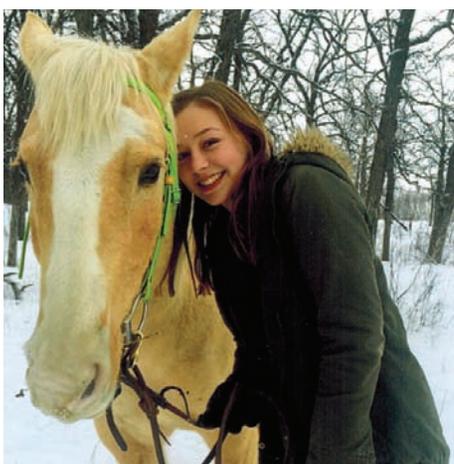
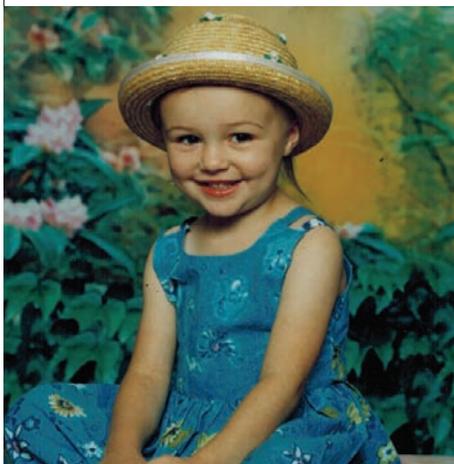
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ANNOUNCEMENTS

BIRTHDAY



Happy Sweet Sixteen™
Amy Lila Claire Hiebert
Sixteen years ago on
June 22, 2000
We were blessed with another
Little Princess!
Watching you grow into the
beautiful young woman
That you have become is one
of the greatest gifts of our lives.
XOXO

-With all our love from,
Mom and Dad - Lana and Peter,
Sisters- Laura and Kailey,
Gramma Lila and Grampa Jimmy,
Tammy and Liam, Gramma Jessie and Grampa
Ike Hiebert,
Great Granny Irene Mayo, Auntie Betts,
Uncle Mike, Jacqueline and Mitchell,
Jake, Hunter, Ollie and all the family!

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ANNOUNCEMENTS

BIRTHDAY



John Buffie
Is turning 90 years old
On June 25, 2016
Happy 90th Birthday
to our wonderful
Dad, Grandpa and Great Grandpa
We love you so much!
God's Blessings.
-Your Family

ANNOUNCEMENTS

BIRTHDAY



Pauline Stolar
This beautiful lady turns 95
On June 27th.
She's amazing.
We are blessed to have her
as part of our lives
Happy Birthday,
Mom, Grandma,
Great-Grandma and Great-Great-Grandma
-Love from all of your family xoxo

ANNOUNCEMENTS

GRADUATION



**Congratulations Dylan on your
Grade 12 Grad**
Remember the past, Live in the present,
And look forward to the future.
We are so proud of you.
-Love your family

Don't forget to send your special wishes to your friends and family.

The Selkirk Record

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OBITUARY



Frances Morin
October 17, 1924 – June 18, 2016

It is with heavy hearts after a brief battle with cancer, we announce the passing of Frances Morin at the age of 91 years old. Frances was born and raised in Traverse Bay and later moved to Selkirk in 2011. Frances enjoyed the last few years living at Red River Manor where she met lifelong friends Mildred, Barb, Christina and John. They enjoyed watching movies, bowling and a good cup of coffee, she especially enjoyed winning all the extra door prizes. Frances always loved when her grandkids and great-grandkids came to visit, cooking for them and sending them home with pies and goodies.

She was predeceased by her loving husband of 46 years, Charles Morin; parents John and Margaret Thomas; brothers John, Paul, Martin, Fred and Sam Thomas and step-son Harry

Moran; also special great-grandson Hunter Scott. She leaves to mourn the light of her life and only son Brian and wife Danella Morin; grandchildren and great-grandchildren, Devin (Krissie) Leam and Eden; Misty (Mark) Kyla, Ashlyn, Emily and Parker; Steven (Chenise) and Layla.

Frances is survived by two brothers and three sisters along with numerous nieces, nephews and friends.

Thanks to Dr. Lindenschmidt Sr.; the staff on the medical ward at Selkirk General Hospital, EMS, Home care workers, especially Mila, special thank you to Rev. Brad who gave her great comfort in the last few months, and to Howie and Lolo for brightening her spirits every time they stopped by.

A celebration of Frances' life will be held on Saturday, June 25, 2016 at 1:00 p.m. in the Gilbert Funeral Chapel in Selkirk, Manitoba. Burial will take place at a later date.

In lieu of flowers, please make all donations to the CancerCare Manitoba.

Gilbert Funeral Home, Selkirk in care of arrangements.
www.gilbertfuneralhome.com



OBITUARY

Donna Gail Kachkowsky
(nee Sutherland)

Peacefully with her family by her side on Friday, June 17, 2016, Donna passed away at the Selkirk General Hospital at the age of 67.

Donna was predeceased by her loving husband Andy; her father Doug; and mother-in-law Ann. Also by in-laws Allan, Dorothy and Alex. Left to cherish her memory is her daughter Cherrisse; son-in-law Jamie; mother Martha; sister Jean (Bill); brother David (Addie); and in-laws Patsy (Larry), Elsie and Diane, as well as many nieces and nephews that were very special to her.

Donna was born on February 5, 1949 in Selkirk, MB. She was the oldest of her siblings, and they shared a close, lasting bond through adulthood. Upon her high school graduation, she began working as a legal secretary for Danny Williams and later David L. Moore. Donna so enjoyed her job and her colleagues at the office, that she often worked around the clock during her 40 year tenure there.



Donna and Andy started their forever love when they met at Booth Fisheries. Married on September 27, 1969, they welcomed their daughter Cherrisse on August 4, 1975, and embraced the addition of Jamie, who she thought of and treated as a son, to their family in 1995. Always proud of Cherrisse and her accomplishments, they enjoyed a close mother-daughter bond.

When Andy passed in 2007, Donna was heartbroken. She held tight to the lifetime of love and memories their family made together.

Donna had a kind soul and a heart of gold, always putting others before herself. She loved camping with Cherrisse and Jamie, playing bingo, bus trips to the casinos in the states with her mother Martha, and her trips to Acapulco, Mexico with Patsy and Cherrisse. She enjoyed cooking and baking - mainly so she could share it with others and ensure they were well cared for. She had a fond love for the family pets and spent many hours outdoors with them when she tended to her flower gardens and yard.

In her life, Donna battled many illnesses such as diabetes and resulting complications to her eyes and feet, and most recently cancer. She faced these challenges with a quiet determination. We thank all her medical providers, friends and family who supported her through the years.

Cremation has taken place and a Celebration of her life will be held at Christ Church Anglican, 227 McLean Ave, Selkirk, MB., on Wednesday, June 22 at 1:00 p.m. with Pastor Brad Elliott officiating.

If desired, donations in memory of Donna may be made to the Canadian Cancer Society, the Diabetes Association of Manitoba or Christ Church Anglican, Selkirk, MB.

Gilbert Funeral Home, Selkirk in care of arrangements.
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ANNOUNCEMENTS

IN MEMORIAM

Alberdina Anderson
July 21, 1944 – June 26, 2015

In loving memory of our Mother:
It has been a year since we saw you smile,
Heard your voice, or had you touch our hands,
So lovingly. You are always in our hearts, Mom.
Not a day goes by where we don't think of you,
Mom.
You fought your battle with all your strength,
Always thinking of those you love.
God called you to be with Him in Heaven,
To watch over us now.
We will always cherish those special times with
you, Mom.
We will love you always and forever.
-Love Craig, Randy, Laurie, Lisa, Lynda,
Bill and families.

**Don't Forget Your
Loved Ones
WITH AN
ANNOUNCEMENT
IN THE**

**Selkirk
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OBITUARY



Katherine (Kay) Hope Onofreychuk
(nee Hardwick)

It is with great sadness that the family of Kay Onofreychuk announces her passing on June 19, 2016 after a lengthy battle with Alzheimer's. Left to mourn and cherish her memory are her loving husband Bruce; two daughters, Kerri (Travis) and Cindy (Jayme) and her treasured granddaughter Jade; mother Mulvina (Dolly); sisters Darlene (Ian), Dena (Dale), Ingrid (Dan) and Marion; brother Bob (Wanda); mother-in-law Edith; brothers-in-law Ron (Linda) and Greg (Norma) as well numerous nieces and nephews. She was predeceased by her father Bud; father-in-law Ross and brother-in-law Stogie Lye.

Kay loved to watch old classic movies, bake and eat potato chips (thus her nickname 'Dutch'). Kay's family was her world!

The family would like to thank the staff at Betel Home In Selkirk and Gimli for their kindness and care. Also to doctors R. Zoppa of Selkirk and R.C. Patel of Gimli. Respecting Kay's wishes, cremation has taken place and a private family service will be held. Rest in peace my love.
We will carry your memory in our hearts forever.
Always loved always in our hearts.

Gilbart Funeral Home, Gimli in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



Inez Mae Tataryn
(nee Wilkinson)
1961 – 2016

Peacefully and surrounded by family, friends, and laughter, Inez passed away June 17, 2016, after a lengthy illness.

Inez was predeceased by her parents, Muriel and Stewart Wilkinson; in-laws, Louise and Walter Tataryn; aunt Betty O'Donnell; and brother-in-law Paul Tataryn. She leaves behind her loving husband of 37 years, Tom. She also leaves behind her brothers and sisters, Murray (Joan), Owen (Marilyn), Betty Anne (Ken), Daniel, Rita Marie (Herb), Neil (Kristen), and Eric (Jen). Also Tom's sisters and brother, Val (Doug), Margaret (Darwin), and Stan (Pattie); as well as many nieces, nephews, great-nieces, and great-nephews. She will be sadly missed by her dear friends, Cindy, Brenda, Ian and so many others.

Inez was born November 11, 1961 in Selkirk, MB. She was a Selkirk girl. She grew up in the Selkirk Barn, figure skating with her sisters, and watching her brothers play hockey. After completing her education in Selkirk, Inez trained to be a nurse's aide. She also worked for Bellvue Canada for many years before becoming the manager of LaserTek Video in Selkirk. She followed in her mother's footsteps, dedicating her time to the community by volunteering at The Royal Canadian Legion Branch 42. For numerous years she was the coordinator and organized many Mug, Spud and Steak events and assisted with several other events. Inez had many passions: from watching curling, going fishing and camping, attending music festivals, baseball, completing her crosswords, gardening, and staying up all night making pickles. She had a love of dolphins and she spent many hours enjoying, feeding and watching her deer in their backyard. Inez, no matter how busy, always had time for others...no matter what!

Thank you to Selkirk and District General Hospital staff for their compassion and care.
Celebration of life was held Tuesday, June 21, 2016 at 2:00 p.m. in the basement of The Royal Canadian Legion Branch 42, on Eveline street in Selkirk, MB.
In lieu of flowers, donations may be sent to St. Clements or St. George Wakefield Anglican Church.

OBITUARY



James Conrad Peebles

It is with deep sadness we announce the passing of our father, James Conrad Peebles on June 15, 2016 at the age of 82 years.

He leaves to mourn his children, Sharon (Glenn), Bruce (Maggie), Karen, Curtis (Cindy), Susan (Edward) and Shelley; 15 grandchildren, Stacey, Charlene, Michelle, Amber, Shelley Lynn, Kyle, Jeff, Jason, Blaise, Tristan, Jade, Kyra, Dylan, Marnie and Sharalyn and eight great-grandchildren, Justin, Hanna, Tyler, Kiera, Josephine, Abby, Oliver and Shayla as well as seven sisters; three brothers and numerous nieces and nephews.

Dad was predeceased by his wife Josephine (nee Sinclair), parents Mary Anne and James and brothers Kenny and Andy.

Dad was born in Selkirk on December 2, 1933. He was raised in Lockport and was the oldest of 13 children. Dad worked at a young age alongside his father in their Lockport bait shop. He began a career at the Manitoba Rolling Mills where he stayed for 33 years until his retirement in 1991, which was also the year he lost his wife. He spent the next 25 years of his retirement watching his family grow.

Dad loved hockey, watching his grandkids play sports, driving around visiting, offering his opinion on just about everything to anyone who would listen. He loved listening to his fiddle music, especially singing a tune to get his grandchildren jiggling.

We will deeply miss our father but find peace in knowing he and mother are dancing together once again.

Prayers were held on Monday, June 20 at 7:00 p.m. in the Gilbert Funeral Chapel in Selkirk, Manitoba.

Funeral services was held on Tuesday, June 21 at 2:00 p.m. also in the chapel. Interment will take place in the St. Andrew's on the Red Anglican cemetery.

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



Gerald Ronnie Bakaluk

Gerald Ronnie Bakaluk of Romoland, California at age 74 went to be with the Lord on June 11, 2016, his wife De-Leta by his side.

Gerald was born on May 3, 1942 in Selkirk, Manitoba, the oldest of three children. Gerald was pre-deceased by his father Michael and his brother Raymond (Jackie). He is survived by his mother Pearl and sister Marlene (Rob Piasecki).

In 1963 he joined the United States Navy and served until 1969 as a radio operator aboard the USS Terrell County. Gerald worked for Kraft Foods in Buena Park for 25 years.

Memorial Service to be held at His Light Christian Center, Menifee, CA June 25, 2016.

OBITUARY



Martin Keller

It is with deep sadness we announce the passing of Martin, aged 72 years, peacefully with his loving wife by his side.

He will be deeply missed by his wife of 52 years, Carol; children, Dwayne (Rhonda), Keith, Roger and Tanis (Chris); grandchildren, Cameron, Brittany, Taylor and Carley. Martin was predeceased by his parents Leona and Rudolph Keller.

Martin was born on January 6, 1944 and was raised on the family farm in Camp Morton, Manitoba. He met and married his high school sweetheart Carol Panteluk. They moved to St. Andrews to raise their family. He had many fond memories of visiting, playing cards and snowmobiling with family and friends in the neighbourhood. He had a love of all cars and trucks and was proud to call himself a Dodge man. He had a special fascination with the diesel engine. He enjoyed spending time in the garage rebuilding engines and transmissions or puttering around. Martin and Carol bought a hobby farm where they farmed 80 acres and enjoyed going to auction sales to purchase all the needed equipment. He spent many hours in his garden, planting and harvesting many vegetables to share with family and friends. Martin was a family man and treasured his wife, children and grandchildren and had special relationships with each and every one of them.

Martin worked at Pritchard Engineering for 18 years, followed by 35 years at Western Turbo. Martin was well respected in his field and made many lifelong friendships.

Martin will be warmly remembered as a selfless, kind and gentle spirit who always put others first. We will always treasure and miss his great sense of humor and the way he loved to tell jokes and tease. Strong, compassionate and generous, Martin always showed concern for others and gave freely of himself.

Eulogy will be said at 10:30 a.m. with Mass to follow at 10:45 a.m. on Friday June 24, 2016 in the St. Theresa's Roman Catholic Church in Middlechurch, Manitoba with Father David Kowalski officiating.

In lieu of flowers, donations in Martin's memory may be made to St. Benedict's Cemetery, Box 103 Camp Morton MB. to the Canadian Cancer Society of MB.

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