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THURSDAY, JULY 16, 2020

VOLUME 11 EDITION 28

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Young

Phyllis Loutit of Lockport celebrated her 100th birthday on July 12 with her family. See story on pg. 3.

RECORD PHOTO BY KATELYN BOULANGER


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Lockport's Phyllis Loutit celebrates 100 years

Lockport resident marked 100 years with family celebration and recognition from RM

By Katelyn Boulanger

Phyllis Loutit (nee Truthwaite) celebrated being 100 years young at her home in Lockport on July 12. Having grown up on a farm in Cloverdale, Man. she has spent her entire life in the area.

Some of her earliest memories at the farm were of shoveling and milking cows, however, she also liked to climb trees where she would swing in the wind for fun.

Any trouble that happened with her and the other children at the farm she says she, "didn't cause it. It just happened but I had help."

She also says that life is different for kids now as they are always on their phones.

She left the farm when she was 17 in 1937 to get married to her husband Stanley Loutit who she met in school. She also knew him because his family bought butter from the farm.

Stan Loutit got a job working as a lockman at the St. Andrews Lock and Dam and she moved to Lockport where they started their family.

"I had a dozen [kids]. Cheaper by the dozen," said Loutit.

She's now added 65 grandchildren, 79 great-grandchildren, and 24 great-great-grandchildren who keep her on her toes.

She spent her time raising her children and with twelve of them and nothing being automated like it is now she had little time for anything else.

"I don't know how she did it. She was constantly doing stuff for her fam-

ily, laundry, bread, breakfast, lunch, dinner. They didn't have a throw it in washing machine kind of wash. The best that we had was a ringer washer," said Ronnie Loutit, Phyllis's son.

She cooked all of the family's meals on a woodstove and her daughter Annette Loutit says that she was a very good cook making up bread, bannock, every kind of potato you could possibly imagine, and more.

Her husband, on weekends, would play the fiddle with a band at local events in the area. But her son Ronnie Loutit said that she also enjoyed playing music in private.

"She could play the accordion and a piano a little bit when no one was around. She ordered a box of 78s and

sheet music and when no one was home she learned to play the accordion. She did pretty good actually."

The family also played baseball locally for fun.

Her husband passed away in 1977 after 39 years of marriage.

She was involved with curling throughout her life until she reached 85 and curled with skip Olive Adams making the rounds of the province winning in bonspiels such as the Golden Gals playdown. They curled three times a week together and she played every position on the team at one point or another.

"They were in bonspiels and mom and dad brought home lots of trophies," said Annette Loutit.

She was also a prolific knitter making mitts, socks, and toques.

Now she does "as little as possible".

"I DON'T KNOW HOW SHE DID IT. SHE WAS CONSTANTLY DOING STUFF FOR HER FAMILY."



RECORD PHOTOS BY KATELYN BOULANGER

Above: Mayor Joy Sul (right) presents Phyllis Loutit with a history book of the region to celebrate her 100th birthday. (Below) Loutit also received a certificate from the RM of St. Andrews celebrating this tremendous milestone.



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BIG DOLLAR

Teaming up for It's My Community Too program

Selkirk, West St. Paul and the MMF come together

By Katelyn Boulanger

The City of Selkirk, RM of West St. Paul and the Manitoba Metis Federation are teaming up for the employment readiness program, It's My Community Too which aims to help workers experiencing barriers to employment by hiring them to work on urban beautification projects in the communities.

"It's meant to start and establish partnerships with small and medium-sized businesses but at the same time we look at municipalities and cities and we find what areas we can assist in fields and challenges that they face. We've known one thing for several years now that the environment has changed, winds are stronger, more trees are being toppled, and more damages are being done to our natural resources," said David Chartrand, President of the MMF.

The It's My Community Too program helps out with this by recruiting workers that are experiencing bar-

riers to employment and providing them with training and work experience which should help them transition into the workforce.

"They may have dropped out of school too soon based on the fact that they were having personal challenges. Some may have had no choice but to go into social services and then for them to rebuild their lives have been challenging," said Chartrand.

The program is meant to instill a sense of stability, pride, and responsibility and give them the tools needed to achieve those goals.

In addition to work experience, the program also has trainees earn a wage, and receive safety training, employment counseling, and help with job searching strategies.

"It costs the taxpayer, not a penny. It's federation resources and at the end of the day it helps us accomplish our goals of training and [increasing] skills sets but it also helps the communities which sometimes have a



RECORD PHOTOS BY KATELYN BOULANGER

David Chartrand, President of the MMF raising the MMF flag at West St. Paul's municipal building in celebration of the It's My Community Too program coming to the community.

hard time with their time and their budgets to do things that they want to do or the citizens want them to do and they don't want to raise taxes," said Chartrand.

"[I was] excited, honoured, to find that they wanted to partner up with West St. Paul. We have a good relationship with MMF and a good relationship with Selkirk and we're really excited to be part of it," said West St. Paul mayor Cheryl Christian.

This year nine employees started working in Winnipeg on June 8 and have transitioned to clearing out dead trees on public reserve green space in West St. Paul, which according to the mayor the RM had planned to be a long term project.

"These are great partnerships. For MMF it means that these guys get on the job training and it prepares them for future employment and for us we get beautification in our community at no cost to our taxpayers," said Christian.

Larry Johannson, mayor of Selkirk, says that this is a natural extension of the relationship already established with MMF as they are already doing many projects in the community such as housing projects and their work on Indigenous days as a few examples.

"It benefits everybody. Some of these younger guys are getting work for the summer. The MMF has stepped up to the plate and the City of Selkirk is going to benefit from it so as mayor I'm very happy."

He would like the workers to know that the city is looking forward to having them come to Selkirk.

"I'm hoping that this is something that can continue on for years to come helping us out and working with our people. The budget is tight and it's perfect, couldn't be better," said Johannson.

Projects in Selkirk will be at the waterfront and in parks but specifics have not been released yet.

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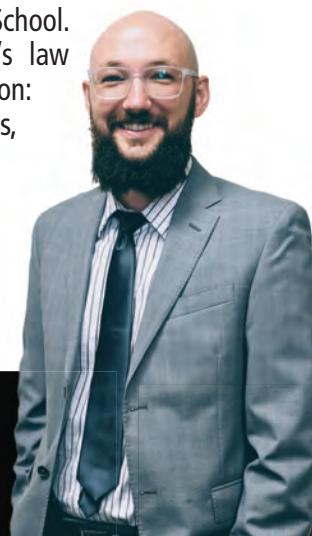
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Andrew grew up on a hobby farm near Lockport, and attended Happy Thought School and Selkirk Regional High School. Before moving his family back to Selkirk, Andrew's law practice was based in Southern Manitoba with a focus on:

- real estate, including a mix of farmland, subdivisions, farm tenders, and town properties;
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Black Cat lockdown enters fourth week

Employees will continue picketing outside of factory until an agreement can be reached



RECORD PHOTO BY BRETT MITCHELL

As of June 19, Black Cat Wear Parts in Selkirk locked out more than 60 workers. They will continue to picket outside of the Black Cat factories in Selkirk until an agreement can be reached. Left to Right: Albert Lariviere, Chris Garrett and Gord Lockhart outside one of Black Cat's factories in Selkirk.

By Katelyn Boulanger

After a deal for a renewed contract could not be reached between Black Cat Wear Parts and its employees, workers were locked out on midnight of June 19.

"The 29th of May we exchanged proposals and the 15th of June we sat to

get responses and to start bargaining," said Tony Sproule, Area Co-ordinator for United Steelworkers the union who is representing employees.

The contract that the employees were working under technically would have run out on May 31 but Sproule says that because Covid-19

restrictions made meeting in person more difficult the previous contract was extended until June 19.

Both sides were unable to come to an agreement when Black Cat issued its final proposal on June 16.

"We proposed essentially that we would accept a two-year wage freeze. They wanted something other than that. We voted their contract proposal down and they locked us out," said Sproule.

The contract that was proposed by the Black Cat was for a five-year term.

At this point, negotiations have stalled and Sproule believes that there is a possibility that either party may have to enact legislation to force the government to intervene and allow the lockdown to end.

He estimates that about 60 workers are currently on lockdown.

"The union still as always is willing to meet and negotiate a resolution to this. As always we've put our offer back out there that we would still accept the two-year wage freeze with no changes to the collective agreement," said Sproule.

Sproule says that they will work through this as best as they can.

In an email to the *Record* Black Cat Wear Parts President Kim Buxton stated, "While we appreciate you providing to us the opportunity to give the Company's perspective in these challenging times, the Company respects the Union and our employees and will not negotiate through the media."

They declined to provide further comment.

Corrections

By Staff

On the front page of the July 9 edition of the *Selkirk Record* the front page photo "Goodbye Mrs. Polinuk" should have said that she was riding in a Porsche.

In the article, "Saving the last dance" it should have said that Evolution Dance Studio will be opening this fall and is currently accepting registrations.

We apologize for the errors.

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Education savings redirected to Manitoba classrooms

Millions of dollars in management and other savings to be put into classroom learning

Submitted by Manitoba government

Manitoba school divisions will have almost \$48 million to cover unanticipated costs of the COVID-19 pandemic and to reopen classrooms in September after the suspension of classroom learning during the past school year, Education Minister Kelvin Goertzen announced last Tuesday.

"Our government's goal is to focus school funding on classrooms to ensure Manitoba students can thrive and excel," said Goertzen. "This is even more important as our province gradually emerges from the grip of COVID-19, and as we continue our plans to return to in-class teaching and learning this fall."

School divisions, along with Manitoba's entire summary government,

took steps to limit non-essential spending during the early days of the pandemic. Some of the funds saved were used to cover new costs for improvements to technology for remote learning and the remaining savings will go toward adapting to reopening classrooms in September as well as for public health measures that may be in place.

In addition, once fully implemented, more than \$4 million per year will be redirected to classrooms after Manitoba school divisions identified this sum in annual savings as part of an executive management streamlining initiative across multiple public-sector organizations, Goertzen noted.

The fiscal sustainability measures have involved executive compensa-

tion, management streamlining and staff efficiencies. School divisions were directed to reduce their executive and senior management commitments by 15 per cent by Sept. 1.

"This is good news for students and parents as it will mean more spent on improving classroom learning," said Goertzen. "The government measures ensure fiscal sustainability will make a positive impact on Manitoba schools and the education of students across the province."

Medium-sized and large school divisions with more than four executive or senior management positions were expected to reduce their numbers of positions by 15 per cent, the minister said. Smaller school divisions, with fewer executive or senior management positions, were directed to reduce managerial salaries and operating costs by 15 per cent, he added.

letter to the editor

Letters to the Editor: letters@selkirkrecord.ca

Dear Editor,

I was dismayed and actually quite alarmed when reading the Record, the July 02 Edition, which had John Preun state his comments in regards to St. Andrews. His comments were ill-informed and mostly laughable. He does not represent me.

In December of 2019, the powers of our duly elected mayor, Joy Sul, were tampered with. During this time, Preun and the 'boys' decided that Preun would be spokesman for the RM instead of Sul. Then, they removed Sul from RRPB and made numerous changes to the procedures by-law and organization by-law to further degrade the power of Mayor Sul. Presently, this process is under judicial review at the Court of

Queens Bench.

Preun's views and statements on the South St. Andrews Wastewater Project are a misadventure with the truth.

I've lived in the same house in St. Andrews for the past 46 years as have a majority of my neighbors. Not once did I see sewage running into the ditches or neighbouring properties. When people saw problems with their fields they quickly had them repaired and not at the cost that Preun stated. The costs and assumptions he makes are unbelievable.

I voted for Mayor Joy Sul as did the majority of the electorate in the RM of St. Andrews and Mayor Sul should have been the one express-

ing the views regarding the RM of St. Andrews. It is obvious from his comments, that Preun has allegedly no idea whatsoever as to the concerns of the residents of South St. Andrews. Surely, increasing the density of housing is not in the favor and/or wish of the majority of residents, it only will benefit the developers and the planning board. This shows where his alleged loyalties are.

As a person on a fixed income, I am aghast at his lack of knowledge as to the amount of monies this project will cost me.

- By Andrew Dolenuk, St. Andrews, Man.

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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First nurse practitioner practicum for Easton Place

By Katelyn Boulanger

Louisa Nicholson is training to become a nurse practitioner and has been doing part of her training at Easton Place Clinic in Selkirk since the first week of June. This is the first time that the new clinic has had a future nurse practitioner learning from its staff.

"We were hoping that Easton Place would be a training centre for medical and life health professionals [when we built it]. This fits into that very well," said Dr Anthony Anozie, owner of Easton Place Clinic.

Dr Ken Iwaasa who is a physician at Easton Place found out that there was a need for places for student nurse practitioner's to learn and helped to make it happen at the clinic this year.

"My wife is a nurse practitioner as well. I probably wouldn't have known that they were having difficulty trying to find centres, which is especially difficult during pandemic time where we were trying to have fewer people

in health centres [if not for that]," said Iwaasa.

Nicholson is a student at the University of Manitoba and will be graduating from her nurse practitioner program in October of this year.

"I'll be learning about a lot. [This practicum] is like putting all of the different pieces of the puzzle together. From all the different body systems and just connecting the dots between all the different medications and the presentations that patients have," said Nicholson

She will be responsible for everything that a regular primary care provider would do but be under the direct supervision of a doctor who will be teaching her the

ropes for 400 hours, which means that she will be in the community until the end of August.

Before entering the nurse practitioner program she was a nurse for five years.

"I'm learning more about more rural medicine [in Selkirk] and putting all the pieces together seeing patients as a whole as opposed to learning about illnesses," said Nicholson

With her free time, which has been in short supply lately, she enjoys travelling, hiking, and walking her dog.

Anozie feels that having new people learning at the clinic is beneficial not just for the students but also for the medical professionals that are teaching

them.

"It makes you think because if you have to teach somebody something you need to know the details yourself. The best way to learn is to teach, is one way to think about it," said Anozie.

Nicholson said that she hopes to work in a primary care clinic after graduating from her program.

Having these practicum for nurse practitioners, just like any medical professional that gets training, provides them with an opportunity to practice medical skills under supervision so that they can have the experience of being in a real medical setting.

Anozie hopes that Nicholson is the first of many nurse practitioners, medical students, residents, physicians, and clinical assistants that come to Easton Place for training.

"We only opened last December so this is the first step in trying to develop Easton Place as a teaching centre," said Anozie.

"IF YOU HAVE TO TEACH SOMEBODY SOMETHING YOU NEED TO KNOW THE DETAILS YOURSELF. THE BEST WAY TO LEARN IS TO TEACH."

RCMP looking for youth to join Committee

Submitted by RCMP

Canadian residents ages 13 to 21 can now apply to become a part of the RCMP's National Youth Advisory Committee (NYAC)! Applications must be received by September 11, 2020. Those who apply by July 31 will be a part of the first selection round and get a better chance of being selected.

This is an online opportunity for youth to connect, have their say and make a difference. NYAC members interact with participants from all over the country and discuss important issues they face in their respective communities. They share their thoughts about youth crime and victimization topics, and help shape RCMP programs and initiatives. NYAC members can also receive reference letters and volunteer hours.

Youth voices matter. For all the details regarding this opportunity, visit the RCMP website.

To request an application form, send an email to RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca.

Selkirk Generating Station to be decommissioned by Manitoba Hydro

Manitoba Hydro Station was last used to supply power in 2017

By Staff

After 60 years of operation, and with abundant renewable hydro-electric power, Manitoba Hydro's thermal Selkirk Generating Station is being taken out of service.

Maintained as an emergency power supply for southern Manitoba in cold months, the continued operation of the Selkirk Generation Station is unneeded with the completion of the Bipole III transmission line last year, the Manitoba-Minnesota Transmission Project this year, and the Keeyask Generating Station forecast to produce first power this fall.

"Our system is such now that it no longer makes economic or environmental sense for Manitoba Hydro to maintain and operate the Selkirk station," said Shane Mailey, Vice President of Operations at Manitoba Hydro.

"We can supply more than enough power with our hydroelectric stations.

We no longer need the extra capacity Selkirk Generating Station provides."

Closing the natural gas-powered station will save an estimated \$5 million a year and lower average greenhouse gas emissions by about five kilotonnes annually.

"Closing it makes good economic and environmental sense — for the utility and our customers," Mailey said.

Thirty-three employees currently work at Selkirk Generating Station. Following the station's closure, some will be redeployed, and some will remain at the plant to operate critical functions such as security, maintenance, heat-

ing, and fire protection.

"We're working closely with the unions to redeploy staff according to provisions of our collective agreements," Mailey said.

While Selkirk's generators have been run once a month to keep the

"WE NO LONGER NEED THE EXTRA CAPACITY SELKIRK GENERATING STATION PROVIDES."

station and its staff proficient, it has been used infrequently to supply power to Manitoba Hydro's system. The last time was in February 2017.

Full decommissioning will not be completed for several years. No decisions have been made about the physical footprint of the plant or the property it occupies.



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Tiny Chapel Beginnings to host Pop-Up Weddings

Getting married with Covid safety in mind

By Katelyn Boulanger

Tiny Chapel Beginnings is hosting a series of pop-up weddings in August to make sure people who want to get married, but have had to make changes due to Covid-19, still have the opportunity to tie the knot.

"A pop-up wedding is basically an hour wedding, maximum an hour and a half for photos. The maximum amount of people is 25 and all the pricing is included," said Susi Neault, owner of Tiny Chapel Beginnings.

Tiny Chapel Beginnings is a wedding venue in St. Andrews and is hosting the pop-up wedding event on Aug. 22 with Zairalyn Events.

These smaller organized events give the couple a choice of two ceremony locations, access to all seven buildings for photos, and have the commissioner, music, photographer, videographer, floral arrangements, as well as individual cakes, décor and guest favours organized so that there are no worries on the wedding day.

Neault says that she was inspired by her family to turn her yard into a wedding venue for smaller weddings.

"It started off that since we've lived here we'd done some landscaping in our backyard and our yard is fairly big in the back once it was fenced in. My parents-in-law said that our yard was so beautiful that we should do wed-

dings back here and so it got my brain going," said Neault.

She then had the chapel built to give people a place to get married. It is the only building on the property that she didn't have a hand in building.

"I [then] thought that there was so much open space and the wind is nasty here. So we closed it off on the one side by building a wild west [town]," said Neault.

She felt that this fit in perfectly with the chapel that was already built because "At the end of every wild west town there was a church."

The building project started two years ago and include the tiny chapel, a wagon repair shop, a sheriff's office and jail, a general store, a hotel, a saloon, a bank, and a building that holds a wagon.

These buildings give people many opportunities for unique wedding pictures.

The goal of the pop-up wedding is to have couples pass through with sanitizing happening between each pair so that the venue adheres to Covid-19 guidelines.

"I think a lot of venues are doing this because of Covid. If [couples] still want to get married this year and they don't want to wait this is the perfect opportunity for them to have everything that you wanted. You have your



SUBMITTED PHOTOS

Clockwise from above: The inside of the wagon repair shop. The tiny chapel. The wild west town at Tiny Chapel Beginnings.

cake. You have your music for your first dance. You have the opportunity to take pictures. Everything that you would traditionally do in a wedding is being done in an hour and a half," said Neault.

She hopes that people that participate come away from this event very happy.

"We want them just like a normal full day [wedding] to remember this as if it was a real full day wedding [event]," said Neault.

To get in touch with Neault to be part of the pop-up weddings in August contact her at tinchapelbeginnings@gmail.com.



Ashern woman running Islendingadagurinn's 5K race during a fight for her life

By Patricia Barrett

Talk about a difficult year. Angel Johnson from Ashern is dealing with thoughts of her own mortality after having been diagnosed with stage 3 breast cancer, driving hundreds of kilometres across the Interlake for chemotherapy treatments and anticipating a mastectomy and multiple rounds of radiation. Throw the COVID-19 pandemic on top of all that.

But Johnson, who spends a lot of time in Gimli where her boyfriend lives and where she receives chemotherapy at the Gimli hospital, said she's determined to stay strong for her children and not let cancer and COVID completely disrupt her life.

That's why she's decided to take on the challenge of the Icelandic Festival's 5-kilometre race, the first time she's participated in the popular running event.

"I have to laugh a little bit. I'm dealing with two teenagers. I'm a single parent. I have cancer and the world has COVID," said Johnson. "Which one's the best today?"

Cancer doesn't discriminate between people who've led a healthy lifestyle and those who are more sedentary, she said. She's led a healthy lifestyle and has always been an active person with a love for running and intense workout programs such as Tony Horton's P90X. She was "flooded" when she got the cancer diagnosis.

"It shook me and my family to the core. But being hit with cancer doesn't mean I should lay in bed. I don't know what my future is going to hold and we're praying it's going to be a success story," said Johnson, who is 47. "But I'm not going to lay around and wait to find out. I'm trying to make the best of everything and every day we have."

Throughout her chemotherapy treatments, she said she's been keeping up with her running and workouts despite not having as much stamina as she used to have. Being of Icelandic descent, she was excited to see the Icelandic Festival moving ahead with "virtual" runs to get around COVID-imposed public gatherings. Participants will be able to complete a race on their own time using a timing app.

Johnson said she's aiming to complete the 5K run in Gimli next week, a few days before taking her fifth of six chemotherapy treatments, and with

a small cheering squad (she has to avoid mingling with people because chemotherapy has compromised her immune system).

Johnson said she detected the lump herself and within about 12 weeks, it grew from the size of a pea to eight and a half centimetres when the surgeon cut it out. She also had five lymph nodes removed, four of which contained cancer.

She's appreciates having the opportunity to take her chemotherapy treatments at the Gimli hospital, she said. After that she'll have to undergo a mastectomy and reconstructive surgery then have at least 25 rounds of radiation. Following that, she'll have

to take medication for a year to suppress a hormone that accelerates the growth of cancer cells, then other hormones for an additional 5-10 years.

It wasn't easy hearing the diagnosis, she said. She cried for about a month then turned things around after receiving "amazing support" from the community, family, her boyfriend, her two teenagers (13 and 17 years old) and friends, who supplied her with music scores so that she could continue to

play guitar. She also drew on her own faith-based beliefs for strength.

"I had decided I was going to shave my head before I lost my hair to the chemo. We watch all those movies where it falls out and it's terrifying. I didn't think I could handle that very well. So my daughter, who's 13, gave me multiple different hair cuts," said Johnson, who became emotional. "I can't imagine how they felt when they heard the news that I have cancer."

During chemotherapy, she said she actually gained some weight because she didn't experience the really terrible side effects such as nausea, vomiting and diarrhea although she did develop bad mouth sores, numbness,



PHOTOS SUBMITTED

Angel Johnson shaved her head before she started her chemotherapy.



Johnson is training for the Icelandic Festival's virtual 5K race.

fatigue and muscle and joint pain. But she's been fortunate she's been able to stay active.

"I didn't think I'd be able to do anything so I'm super excited that I can do this virtual race," said Johnson. "When I look back on this, I want to say I beat cancer, I made it through COVID and I ran a race all in the year 2020."

The Icelandic Festival's virtual

runs open on July 19. Runners have until August 2 to submit their time. Winners will be announced Aug. 3 on the Icelandic Festival website.

Ed Teplyski

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The Selkirk Record

Incredible Creatures: Saluting the Red Admiral Butterfly

By John Gavloski

Nature enthusiasts, it's time to salute the red admiral butterfly – one of the migrating species that in some years can be commonly seen in Manitoba. This butterfly has some erratic patterns of flight, interesting food choices, and territorial males. In this month's Incredible Creatures we will explore the interesting biology and habits of red admiral butterflies.

Red admirals (*Vanessa atalanta*) have black wings with orange or red bands on the middle of the forewings and the outer edge of the hindwings. There are also white spots on the tips of the forewings. They have a wingspan of about 5 cm. Females are slightly larger than the males.

Adult red admiral butterflies have been seen in Manitoba from early May to late August. Red Admirals are sometimes spotted migrating north with painted lady butterflies during the spring. Red admirals prefer fermenting tree sap, fruit, and fresh dung to flower nectar. However, they also drink nectar from a variety of flowers. They are fond of feeding on nectar at composite flowers, such as milkweed, aster, red clover and alfalfa. They also drink from moist soil.

Often when we see caterpillars they are crawling or eating. However, red admiral caterpillars like to stay covered. Young caterpillars live in the shelter of folded leaves, while older caterpillars will make a nest of leaves tied together with silk. The caterpil-



RECORD PHOTO BY J. GAVLOSKI

A red admiral butterfly.

lars use silk to bind leaf edges together, constructing a little shelter for themselves. It is usually just one larva in one of these shelters, rather than a communal nest like some caterpillars.

Red admiral caterpillar's primary host plant is stinging nettle, but it can also be found on other nettles, and they will also feed on hops. The caterpillars vary in colour, and are covered in several rows of branched spines.

Knowing the flight patterns of butterflies can help in finding and identifying them. The flight pattern of red admirals is erratic and rapid. It may include random elements to throw off predators. One description of their flight is that they "dance their way

through the skies, never using the same step twice."

Male red admirals are territorial and perch during the afternoon until sunset. Females will only mate with males that hold territory. Only males of exceptional flying ability are able to chase off intruding males and successfully court females. Larger territories are optimal and subject to intrusion by other males more frequently than smaller territories. Territories tend to be elliptically shaped area ranging between 4-13 m wide and 8-24 m long. Males patrol their territory by flying around the perimeter between seven and 30 times per hour. On average, territory holders interact with intruders 10 to 15 times per hour.

When another male encroaches on a red admiral's territory, the resident chases away the intruder, often in a vertical, helical path to disorient or tire out the intruder while minimizing the horizontal distance it travels from its perch. The red admiral immediately returns to its territory after chasing off encroaching males.

Time spent patrolling increases as the number of intruder interactions increase. Patrolling behavior is also correlated with warmer air temperatures, so males begin patrolling early and continue later on warmer days.

If you see a red admiral butterfly, take note of its interesting flight behaviour and whether it appears to be guarding a territory. They can be an amusing butterfly to watch.

Interpretive signage erected for local tourists

By Evan Matthews

The RM of Armstrong has some new interpretive signage, adding some new flare to its attractions.

Reeve Susan Smerchanski said tourism is a huge and growing industry, and has a tremendous impact on communities, businesses, as well as recreation and economic growth, so adding to the region's existing attractions was a no-brainer.

"We have gorgeous statues, as many communities do across the Interlake," said Smerchanski, speaking about Inwood's "S-S-Sam" and "S-S-Sara" snake statues, and Meleb's mushroom statue.

"But, to date, there has been no information about the symbolism or significance. We felt interpretive signage was a perfect way of showcasing our statues and preserving the RM of Armstrong's history and culture," she said,

adding that the June 27 and 28 installation came just in time for Canada Day in congruence with Manitoba's 150th birthday.

Aiming for fall 2020, Smerchanski said Armstrong has a similar plan to install signage in the Fraserwood community.

The Fraserwood project will likely be located at the former Canadian Pacific Railway Station, according to Smerchanski, as the railway that went through the community provided so much culture and history.

"It was the main mode of transportation, and it brought so many immigrant settlers to our community to start a life," said Smerchanski.

"We had a creamery here at one point, and there is a lot of history and culture in this region we want to continue to showcase," she said.

The Inwood and Meleb interpretive signage was a \$18,255 project, according to Smerchanski, made possible through the Community Futures East Interlake Grant (\$5,000), the Provincial Heritage Grants Program (\$2,500), and the RM of Armstrong (\$10,755).

The RM contracted Heather Hinam to research and create the interpretive signage.

The former Interlake Tourism Association President, now-owner of Second Nature Interpretive Design, Hinam said she has a PhD in biology, but decided she didn't want to be an academic.

She started her business in 2011.

"The signs in Inwood and Meleb involved so much research. Trying to find the stories, sort through them all, and verify them all; it was not an easy task," said Hinam, adding she had to track down the 93-year-old author Anne Yanchyshyn who wrote MPC Flashbacks: A Commemorative Local History Celebrating the 90th Anniversary of the Arrival of Settlers in Meleb-Park-Cumming School District Area.

"It was really quite fascinating. Settlers from the Ukraine and Poland showed up in the late 1800s. Most of the good land was taken at that point, so they were forced to move where Meleb is now... now it's mostly

drained, but go back 100 years and it was mostly swamp.

"They literally had to build their lives out of a swamp. They built their houses, and one of the most interesting stories I came across was a family who kept a cow in their house with them until they had enough money to build a barn," she said.

For more stories about the history and culture of the area, Hinam pointed to the signs. Interpretation goes beyond information, according to Hinam, meaning the signs are designed to evoke a response from people through storytelling.

Second Nature Interpretive Design has also been contracted for the Fraserwood project, according to Smerchanski.

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PERFECT WAY
OF SHOWCASING
OUR STATUES."



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Selkirk Port D.O.G. Days Market returns July 22

Come One, Come All and Come Earlier with new start time

Submitted By the City of Selkirk

On July 22 the popular Selkirk Port D.O.G. Days Market will be back at the Waterfront, running Wednesdays from 10 a.m. to 2 p.m. until Aug. 26.

"We're happy to be able to proceed with the market and we're following Provincial guidelines to make sure the people who come out can feel safe and enjoy their visit," said Ellie Longbottom, the city's Culture Coordinator.

"The market has become a lunch-time destination for people in Selkirk to get outside and enjoy some fresh air and we're glad they'll be able to participate in it again this summer."

Initially held just during August, last year the market moved up its start date to mid-July and has done so again this year. Also, new this year is an earlier opening time.

This year, in light of Covid-19, the market will feature only one entrance and exit at the south end of the entrance loop, hand sanitizing stations, one-directional flow and additional space between vendors following guidelines from Restoring Safe Services – Manitoba's Pandemic and Economic Roadmap for Recovery – as it relates to farmers markets.

Longbottom says they should have

the same number of vendors as in previous years.

"To accommodate for directional flow we spread everyone out more, but the Waterfront is so big we didn't need to reduce the number of vendors," she says.

There will be food trucks on-site – including Blue Haze Barbecue – but vendors will not be offering food samples under provincial guidelines, which also dictate there will be no buskers to discourage large gatherings.

Angie Neeth coordinates the Port Market and will also be selling her Kake Fraülein products, which consist of traditional and German-inspired baking.

"We are extremely excited that the Selkirk Port D.O.G Days Market is only a few weeks away," Neeth said.

"Although it will not be business as usual this year – as with most things in the world these days – the market is excited to support the community by providing locally grown and made products and art forms."

The market will have vendors from previous years selling their vegetables, honey, homemade jams, jellies and relish, homemade baking, gluten-free perogies, jewellery, soaps, cloth-



SUBMITTED BY THE CITY OF SELKIRK

Selkirk's D.O.G. Days Market will be back July 22 with local art, food, crafts, baking, soaps, clothing, accessories, and more. The above photo was taken prior to the Covid-19 pandemic.

ing and accessories, hand-painted wood signs, authentic sports collectables, and food trucks – just to name a few.

There are a variety of new vendors this year as well, including Wenizhishing, who will bring their love of Indigenous designs on various articles of clothing, jewellery, pillows, and other Indigenous themed items. As in the past, a list of vendors in attendance will be updated weekly on social media.

The City of Selkirk will have a booth set up and will be selling the city's awesome new clothing and accessories, with all profits from every sale going towards the Selkirk Parks and Heritage Endowment Funds.

Vendors interested in a spot at the Port Market can contact Neeth at Selkirkportmarket@hotmail.com

For a complete list of safety measures at this year's markets visit www.myselkirk.ca/dogdays

Manitoba down to one active COVID-19 case Monday

By Lorne Stelmach

Manitoba made it two weeks into July without a single case of COVID-19, according to the public health update on Monday.

With the last reported case having been June 30, the province remained at 325 lab-confirmed positive and probable positive cases this week.

The province started the week with just one active case and 317 recoveries. The death toll remains at seven people

An additional 798 laboratory tests were performed Friday, 1,149 Saturday, and 573 Sunday, bringing the total number of tests performed since early February to 71,559.

Noting some reports of larger gatherings and people not following guidelines on distancing, chief provincial public health officer Dr. Brent Roussin continued to caution Manitobans that we're not out of the woods yet.

"As we loosen things up, it's a tendency to try to revert back to normal,

but we certainly are not back to normal at this point," he said. "We need to adhere to the principles that got us here ... we need to get back to the basics that got us here."

Meanwhile, as the province continues to keep COVID-19 under control in the present, health officials are busy planning ahead for what may come with a potential second wave converging with the annual flu season.

Lanette Siragusa, chief nursing officer with Shared Health, said they have a respiratory virus steering committee in place with representatives from public health, occupational health, infection prevention and control as well as regional health authorities

"We're not just planning for COVID. We're actually planning for influenza and COVID coming together," she explained.

"One of the priorities that we are considering is the vaccine strategy that we will be initiating, so we'll give more detail on that, but we are look-

ing to increase the uptake on vaccines this year.

"We're also looking at how do we shift resources," she continued. "This gives us an opportunity to look at where our resources, where do we need to shift some of the work and prepare for the future."

"One of the other things with this steering committee is really looking at the robust testing, keeping up with the testing volumes," said Siragusa, noting they have recently been averaging 700 a day but have a capacity of

around 2,000.

She also repeated Roussin's message for Manitobans to remain vigilant.

"We have to get used to seeing COVID numbers in the community, and that's fine as long as we can stay on top of it and manage it," she said. "Overall, we are feeling like we are in a stable situation. We continue to monitor very closely how we are doing on the indicators, and we will continue to plan for higher volumes, more activity and surge capacity in the coming months."

The Selkirk Record

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Computer donation helps Selkirk Adult Learning Program

By Patricia Barrett

The Selkirk Adult Learning Program (SALP) was the lucky recipient of refurbished computers that will help its adult learners complete the qualifications for a high school diploma.

The centre reached out to Tech Manitoba, an organization that supports Manitoba's technology sector through partnerships, with a request for computers for its adult students, who were trying to complete their schooling earlier this year when COVID-19 forced the centre to close.

"[The centre] identified a need for nine computers for online learning because the students were not able to fully take part in the program," said Paula Canas, who is the coordinator for Tech Manitoba's DigitALL program, which oversees computer donations and provides basic computer instruction. "We had asked our partners if they needed computers with training materials and [SALP] reached out me."

The computers will help the students finish their high school diploma, said Canas. Most are newcomers whose first language is not English.

In March DigitALL was set to provide free basic computer courses to SALP but had to cancel because of COVID, she said.

DigitALL decided to expand its computer give-

aways and training program to include rural schools, community centres, First Nations and organizations that help newcomers settle into a community.

DigitALL not only donated desktop computers to Selkirk, but it also provided them to organizations in Winnipeg, Brandon, Thompson, Flin Flon, Swan River and the Marcel Colomb First Nation.

The computers were donated by the public to the Computers For Schools non-profit organization, which refurbishes them.

In addition to the computers, Canas said DigitALL pre-loaded them with instructional videos on how to set up and operate a computer and access the Internet, and is providing a computer basics booklet.

Recipients also received a keyboard, monitor, mouse.

Tech Manitoba's CEO Kay Gardiner said most people probably take computers for granted, overlooking the fact that some low-income people may not be able to buy a computer and access the Internet, leading to a digital divide in society. The DigitALL program aims to improve participation.

"Many of us take computers and connectivity for granted, and that isn't the case for everyone," said Gardiner in a July 6 news release. "The more we move services online, the more people are left

"MANY OF US TAKE COMPUTERS AND CONNECTIVITY FOR GRANTED."



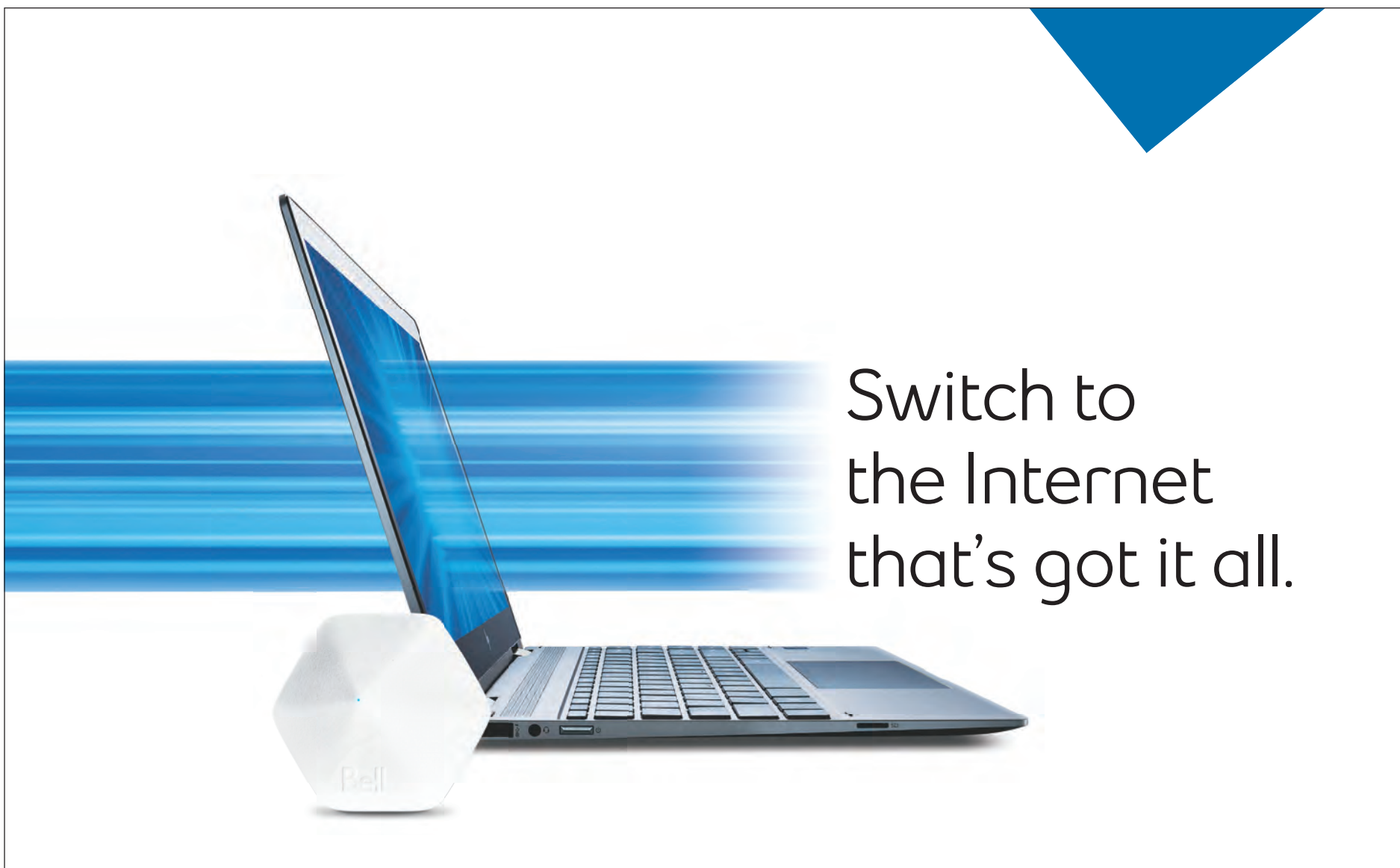
RECORD PHOTO SUBMITTED

Paula Canas is the coordinator for Tech Manitoba's DigitALL program. She oversees the donations of computers and computer training.

behind. Getting a computer and basic training is a first step to bridging that divide."




People interested in donating a "functional" computer, monitor or other items such as printers, keyboards and fax machines can contact Computer For Schools at (204) 988-1790 or email: info@c4smb.ca. The non-profit organization is located at 18 Terracon Place in Winnipeg.

A photograph of a young girl in a yellow and pink dance costume with her arms outstretched, standing in front of a backdrop with the 'evolution dance company' and 'edc' logos. Confetti is falling around her. To the left, a large pink circular graphic contains the text: 'FALL REGISTRATION OPENS JULY 9TH!' and 'Ages 2 - Adult PRE-SCHOOL DANCE JAZZ TAP BALLET HIP HOP LYRICAL'. The background also features several balloons in green, white, and black.



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Waterways launches to bring paddling programming to Indigenous youth

Submitted by Tristan Schneider

Indigenous youth are the fastest growing demographic in Canada and tragically suffer from some of the worst health outcomes in the country; but does it have to be this way? We certainly don't think so. Launching a non-profit during a global pandemic was not an easy process but the message from our communities was clear, Indigenous youth need us now.

Waterways Recreation Inc. is a new Indigenous lead Manitoba based non-profit that's youth focused and community driven. We rely on collaboration with our community partners to deliver canoe based outdoor-recreation programs that have the power to change lives. Our collaborative canoe programs are designed to empower youth, connect them with the land and their cultures while nurturing their mental, physical, emotional and spiritual well-beings. Paddling (canoeing or kayaking) layers the benefits of cultural connectivity with physical activity. Cultivat-

ing a higher sense of self-esteem, confidence and pride, giving Indigenous youth the tools they need to take on the challenges they may face in life.

"Being able to connect with nature through a traditional activity like canoeing can be phenomenally positive for youth," said James Lavallée, director of Waterways and former member of the Canadian National Canoe/Kayak Team.

Waterways was created by five individuals who've brought together a broad range of experience in Indigenous programming, competitive and recreational paddling, Indigenous knowledge, Manitoba wilderness knowledge, and a profound belief in the affirming power that recreation can have in young peoples' lives.

"We're excited in our first year to have programming scheduled in nine Indigenous communities for 1000 youth this summer," said Schneider, director of Waterways and owner of Twin River Travel. "We'll be bringing programming to fly-in communities like Pauingassi and Little Grand Rapids and

"WE HAVE SEVERAL COMMUNITIES ON OUR WAITING LIST AND HUNDREDS OF MORE YOUTH WHO COULD BENEFIT."



RECORD PHOTOS SUBMITTED

Waterways Recreation Inc. will be delivering canoe based outdoor-recreation programs to Indigenous youth.

closer communities like Brokenhead and Berens River. Some programs will also run in Winnipeg.

While programming has been confirmed for 1000 youth, Waterways continues to seek private and public support. "We have several communities on our waiting list and hundreds of more youth who could benefit from this enriching experience this summer" Says Mo Crossman-Serb, Director of Waterways and Provincial

Canoe/Kayak coach for the North American Indigenous Games.

We'd like to thank our partners: Southeast Child and Family Services, the Manitoba Paddling Association, Canoe Kayak Canada, Government of Canada (Canada Summer Jobs), the Manitoba Metis Federation, Sport Manitoba, Canadian Roots Exchange, and the Manitoba Aboriginal Sports and Recreation Council.

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PHOTO: ALAN POELMAN

A falcon at Hecla-Grindstone Provincial Park.



Arbog Heritage Museum.



PHOTO: BRENNAN HOLEMAN

Gimli Viking Park.

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From nature at its finest to heritage dating back 3,000 years, the Interlake is set to be your playground in 2020. Perhaps the greatest place to view a sunrise or sunset in Manitoba is while on the shore of one of our inland oceans – Lake Manitoba and Lake Winnipeg.

Engage with nature! Discover more than 400 species of birds, from eagles to songbirds, Canada geese and pelicans that flock to and from the area. Destinations like Oak Hammock Marsh and Hecla Grindstone Provincial Park are top choices to watch some feathered friends. Head to Steep Rock cliffs rising up from Lake Manitoba. Explore the ancient limestone for skeletal imprints of creatures from long ago. Go fishing, boating, swimming and more at this perfect summer destination.

Unearth our heritage at a pioneer village (like the ones in Arborg or Ashern), explore fur trade life with a visit to Lower Fort Garry National Historic Site and delve into the history of notable families that helped build Manitoba with a drive along River Road. Wander through an open field – now an outdoor art gallery as 21 large concrete statues depict artist Armand Lemieux's view of life (head just south of Grahamdale on Hwy 6). Stroll along the longest outdoor gallery over water with a visit to Gimli's Seawall Gallery. The Seawall murals, painted by local artists, depict stories and history of the Interlake.

Embrace our culture. Discover the heart of New Iceland in Gimli. Visit the Viking statue and explore more at the New Iceland Heritage Museum. Delight in the Ukrainian culinary heritage with some authentic favourites, maybe some pyrohy (perogies), pyrizhky (cabbage buns) or even holubtsi (cabbage rolls) at a local restaurant. Selkirk is a hub of Scottish heritage while Métis and Indigenous roots run deep in the region.

REALIZE WHERE YOUR 2020 HEARTS BEATS! IN MANITOBA'S INTERLAKE REGION.
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Your Local Community Home Real Estate Section

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How to build a more energy-efficient home this summer

With weather forecasts calling for a warmer than normal summer and social distancing encouraging us to spend more time at home, we could all benefit from boosting our home's energy efficiency to save on energy bills. Here are some big and small changes that could help:

Start with a solid foundation. If you're adding an extension to your home, a pool to your backyard or even planning a custom-built dream home, choose sustainable materials that promote energy conservation. Instead of traditional wood-framing, consider insulated concrete forms from Nudura. The eco-friendly alternative features thermal mass walls that can reduce heating and cooling costs by up to 60 percent a year.

Work on your windows. Did you know that about 15 to 20 percent of your home's surface is windows? This means any issues with them can have a major impact on your



energy consumption. Take time to caulk any gaps or air leaks, and consider upgrading to energy-efficient win-

dows. Double-paned windows boost your insulation and help ensure your cooled, air conditioned air doesn't escape.

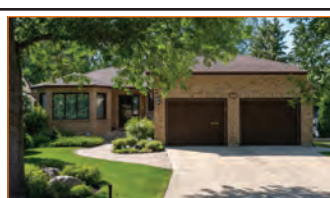
Switch to outdoor energy sources. Take advantage of the gorgeous weather to spend more time outside. Instead of cooking meals in your energy-intensive oven that also heats up your home, break out the barbecue and enjoy dinner al fresco. You can also ease up on the clothes dryer by setting up a line and some pins in the backyard and use the wind and sun for drying power.

Install a smart weather station. Technology can help you make sure you're consuming energy wisely. A smart thermostat is a great idea, but a smart weather station can work with it and other devices to go a step beyond, programming them around current and predicted weather patterns. For example, it can ensure your scheduled sprinkler won't go off in the middle of a downpour.

Be mindful of your refrigerator. If you aren't careful, a lot of energy can be used by your fridge. First, make sure the one in your kitchen (and basement) is a newer model, as older ones can cost hundreds more a year to power. Then, clear it out so the shelves and drawers aren't overcrowded, which makes the fridge work harder to pump cool air throughout. Finally, if you let leftovers cool on the counter before putting them inside, your fridge will use less energy.



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Show home open in new development



An interior view of the open concept kitchen located at 933 Vaughan Ave West.

Vaughan Avenue West is Selkirk's newest subdivision and if you haven't seen the exciting extension of Purvis Blvd, hidden behind the library, you may want to consider taking a walk.

GRG Investments, the development team behind Vaughan Avenue West, are now one year into constructing the multi-phased subdivision featuring 104 single-family homes and two multi-family residences. A 72 unit rental complex has been started and is nearing completion and approximately 50% of the residential building lots are now in various stages of construction.

"We are thrilled to bring Vaughan Avenue West to Selkirk and pleased to have worked hand in hand with City to design the project," says Greg Crognali, along with Randy Bialik and Gerald Hawranik, whom are the developers of the project.

Streets are now fully paved with asphalt and the active transportation pathways are installed, along with street lighting. Landscaping of the boulevards complete with decorative trees and sod will be completed by the end of summer.

One of the featured builders, R&B Homes, currently has two show homes available for viewing with another two homes in the process of construction. Whether you are downsizing or a first time home buyer, these homes will impress! Some of the features include 1200 sq. ft. open concept floor plan, Kitchen Craft cabinets, vinyl plank

flooring and patio doors to future decking. The homes also include full basements ready for development, attached garages, concrete driveways and sidewalks.

For more information on these homes contact Greg Crognali at greg@crognalirealty.ca or Andrew Mroz at info@andrewmroz.ca.

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40 acres & spotless 1255 sf bng Meleb \$244,000. Huge kit, 2 br, 2 bath, dbl gar, gorg yard

8 Melville Ln, Ponemah, Lakefront, 2216 sf, 3 br, 2 bath, a/c, sweeping lake views


Hecla Island - Quaint year-round home/cottage w/full bsmt on 5 acres overlooking Lake Wpg.
Ellen Wyka
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A frame at Spruce Sands. 1900 sq ft 2 bdr 1 door from the lake on large lot \$179,900

Whytefold year round 4 bdr. Updates to exterior, flooring, kitchen & bathroom. \$154,900

Winnipeg Beach 3 bdr w/ pine interior. Wrap around deck, covered porch. DT2. \$199,900.

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Price Reduced! 24 Robinson Wpg. Beach Great location downtown. Great Reno's \$234,900

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4bdrm/2bth Wpg Beach cottage. East of Hwy 9, gas f/p, paved driveway \$149,900

4bdrm/2bth year round home in Wpg Beach. gas f/p, double lot. Immaculate. \$209,900

Brand new 2 bdrm home in Riverton, dbl lot, forced air gas furnace, town sewer \$129,900

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204-642-8501

10 acres Hobby Farm just 5 minutes from Gimli. Absolute stunning! LP \$379,500

Stunning 2BR quality home, huge kitchen, amazing view, D-Garage with WShop, LP\$279,500

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2 bed home in Riverton. Solid house with newer roof & siding. Large lot \$59,900

CHRIS NEUFELD
204-641-1727

GIMLI - 3 Bdrms on 2 park like acres. Fin. Basement. In floor heat in gar. Woodstove.

HUSAVIK - 1.5 storey, 3 bdrm, 2.5 bath. Amazing yard, Steps to finest beach 459,900

GIMLI - Newer 4 bdrm, 3 bath on huge lot. In town. Hrdwds. Deck. Gar. 359,900

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143 5th, Gimli. Walk distance to lake, fenced backyard w/ hot tub & saltwater pool. \$239k
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The differences between organic and inorganic mulches

The benefits of mulch are widely known among lawn and garden enthusiasts. By insulating soil from extreme temperatures, helping soil to retain moisture and preventing weed growth, mulch can help plants, trees and gardens thrive, even during periods when Mother Nature can make that very difficult.

Novice gardeners may find themselves a little confused when visiting a lawn and garden center to purchase mulch. That's because there are various types of mulches. One of the ways to simplify that is to break mulches down into two main classes: organic and inorganic. Learning to distinguish between these two classes can help homeowners choose the best mulch for their properties.

Organic mulch

Organic mulches are made up of materials that decompose over time. The experts at BobVila.com note that, because they decompose over time, organic mulches must be replenished on a regular basis. Hardwood and softwood chips are among the most popular and recognizable organic mulches. Evergreen needles, leaves, grass

clippings, and compost mixes also fall under the organic mulch umbrella. Many gardening enthusiasts prefer organic mulches because they help soil retain moisture, improve soil fertility and help to deter weed growth.

Inorganic mulches

Inorganic mulches are permanent because they do not decompose over time. Gravel, brick chips and crushed stone are examples of inorganic mulches. Homeowners who do not intend to plant after laying mulch may lean toward inorganic mulches, as they won't require much work, if any, after being laid. However, the Chicago Botanic Garden notes that inorganic mulches do not improve soil quality. In fact, because inorganic mulches like rocks and stones absorb heat, they can be detrimental to plants in areas where weather tends to be very dry and hot.

The right mulch for a given property depends on a host of factors. Understanding the differences between organic and inorganic mulches is a great first step toward finding the right mulch for your landscape.



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Outdoor living is wildly popular, as more and more homeowners are bringing elements once reserved for home interiors into their backyards. When designing outdoor living spaces, homeowners may learn about bio-

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philic design, an architectural concept that aims to incorporate natural elements into outdoor living spaces. Proponents of biophilic design say it satisfies an innate human need to affiliate with nature, thereby helping to reduce stress that people may experience after being stuck indoors for much of their days. Biophilic design is often part of a home interior design, but many homeowners also embrace it when designing their outdoor living spaces. For example, surrounding outdoor living areas with noninvasive plants, flowers and trees and using natural materials like wood and stone when building such spaces are great ways to embrace biophilic design and create a tension-free ambiance in outdoor living spaces.

Stonewall inventor patents new idea for deck levelling

By Evan Matthews

When the ground shifts decks often become uneven, but no longer, according to a Stonewall inventor.

Rey Laferriere, 59, is the owner of PGT Global, and said his company has patented the design for a concept he has labeled Top Deck Levelers.

"Originally, I made a few different prototypes, and I hired someone in Ottawa to do my patents on those designs. We had a big discussion, and when we wrote the patents, we decided not to patent the individual product, but rather the concept," said Laferriere.

"We're focusing on and sticking with the main design right now, but I've got seven or eight different designs, but they're all the same concept. It can be used in so many different applications," he said, adding he's also working on a design that could be applied to the beams of a house.

Top Deck Levelers functionality is very simple, according to Laferriere: A flat steel "pressure plate" is secured to the top of the support post, and the load plate is secured to the support beam (underneath) and a threaded lifting bolt extends through the center of the beam towards the top of the deck. The opposite end of the threaded adjuster is designed to lock into the pressure plate mounted on the post (prevents any kind of kick out).

A hole is then cut through the top of the deck surface using a hole saw, which provides the user with full access to the levelling bolt. Then the hole is sealed with a supplied weatherproof cap.

As shifting happens, the user can remove the weatherproof cap for access to the threaded lifting bolt, and with a ratchet, can be adjusted to level the deck in the future.

Keeping the manufacturing local was a priority, and Laferriere said he quickly decided to contract Intec Steelworx—a Teulon-based company—to produce the metal pieces.

After sitting down with them, Laferriere said he learned Intec Steelworx has "state-of-the-art" laser cutting done with a CNC plasma cutter. Despite looking into outsourcing, he said factoring in proximity and quality control, keeping manufacturing local was an easy choice.

"Also factoring in the design and the product's weight—and believe me, I looked at all the options—shipping costs were high; that and I felt really strongly about having something made right here in Canada, and Manitoba," said Laferriere.

"Intec looks after everything for me, and when they call me, it's ready to go. It's really convenient, and takes the guess work out. I don't have to do anything," he said.

Originally coming from a 30-year career in printing, Laferriere said he retired four years ago. While working in the industry, he said working on and maintaining large machinery and leveling heavy equipment was a large part of his job.

But once he retired, Laferriere said woodworking became his hobby, and building decks. He devel-



RECORD PHOTOS SUBMITTED

Rey Laferriere holds his patented Top Deck Leveler. The "pressure plate" is secured to the top of the support post, and the load plate is secured to the support beam (underneath), while the threaded lifting bolt extends through the center of the beam towards the top of the deck.

oped the idea for Top Deck Levelers while working on his son's deck in Golden, British Columbia, and because the property is on the side of a mountain, leveling the deck was a challenge.

"Once we did all the framework and everything, looking at it, we realized you would not be able to get underneath that deck once it was built. In the future, he'd have to level it eventually... We live in a world where the earth is shifting all the time," said Laferriere.

"I came up with the concept, looking at different leveling options, and this one just made sense. You'll never have to go underneath the deck and get dirty again," he said.

Though home owners can contact Laferriere if interested in the product, he said with a patent in place, his plan is to approach commercial businesses—big contractors and home building companies—to get his product circulating. Retail will come later, he said.

Once established in the North American market, Laferriere said he would like to license out the concept privately, so Top Deck Levelers can be manu-



Level any deck from the top with the simple turn of a ratchet.

factured and sold in local retail stores.

"I'd like to move on to other things... Then I'd be more involved with royalties and less involved with large scale production and sales, someone else would be doing that with my license," said Laferriere.

"Retail is a totally different entity, and I'd rather leave that to companies already doing that," he said.

Though a website is not yet operational, Laferriere said he has purchased a URL and is in the process of website design. The site is "soon-to-be" launched.

For more information on PGT Global, or to order a Top Deck Leveler, call Laferriere at 204-781-5170 or email at reylaferriere@gmail.com.

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> MEAL IDEAS



Prep time: 15 minutes
Cook time: 10 minutes
Servings: 6

1 1/2 pounds large, raw shrimp, peeled and deveined (21-25 shrimp total)
2 tablespoons soy sauce, divided
4 teaspoons cornstarch, divided
1/4 cup NAKANO Roasted Garlic Rice Vinegar
3 tablespoons hoisin sauce
2 teaspoons grated fresh ginger
3 tablespoons vegetable oil, divided
1 red onion, cut into thin slivers
1 red bell pepper, cut into thin strips
1/2 pound shishito peppers, stemmed
6 warmed corn or flour tortillas
1/2 cup finely shredded red cabbage
1/4 cup thinly sliced green onions
In medium bowl, combine shrimp, 2 teaspoons soy sauce and 2 teaspoons

RED RIVER CO-OP FOOD STORE

Sizzling Shrimp Fajita Stir-Fry

cornstarch; let stand 5 minutes to marinate.

In separate bowl, whisk remaining soy sauce, remaining cornstarch, rice vinegar, hoisin sauce and ginger until blended.

In large nonstick skillet over medium-high heat, heat 1 tablespoon oil until shimmering. Add half of shrimp; cook 1 minute on each side. Transfer to clean bowl; repeat with remaining shrimp. Wipe out skillet with paper towel.

In same pan, heat remaining oil until shimmering. Add red onion, bell pepper and shishito peppers. Cook, stirring, 2-4 minutes until peppers begin to blister. Add vinegar mixture; cook, stirring, 1-2 minutes, or until sauce is slightly thickened. Add shrimp to pan. Cook, tossing well until shrimp and vegetables are coated with sauce.

Fill tortillas with shrimp mixture, cabbage and green onions.



Prep time: 20 minutes
Cook time: 10 minutes
Servings: 6

1 beef tenderloin (1 1/2 pounds), cut into 2-inch cubes
1 tablespoon soy sauce
1 tablespoon cornstarch
1/2 teaspoon ground black pepper

Spicy Steak and Broccoli

1/2 teaspoon garlic powder
3 tablespoons avocado oil, divided
2 cups multicolored, mini sweet peppers, cut into thin rings
1/4 pound broccolini, cut into 3-inch sections
2 large shallots, chopped
1/4 cup NAKANO Seasoned Rice Vinegar
1 tablespoon sugar
1 teaspoon sambal oelek (Asian-chili garlic sauce) or sriracha
1/4 teaspoon kosher salt
2 teaspoons grated fresh ginger
In medium bowl, combine beef, soy



Dear Money Lady,

I received a large severance from my employer that recently eliminated my job after 38 years. I plan to find an Advisor, but because I have never had one before I am wondering what I should agree to pay for their services?

Ed

How to pick a good Investment Advisor

Ed you are not the only one looking around for a new investment advisor. With the volatile stock market environment, many people have sent me comments and questions about how to move their portfolios to a new advisor. I would caution those investors on making any quick changes and selling stock at this time. Remember the key is to maintain a well-diversified portfolio which includes bonds, cash, and high-quality stocks. When you are looking for an investment "partner," try to pick an advisor who really has your best interests at heart; something you will definitely need when weathering future market uncertainties. Please make sure to do your homework and find out what the firm and the new advisor's value proposition is. It goes without saying that you should interview more than one and make sure you find a good fit with not only the advisor but the brokerage firm. Now let's talk about fees. What should you pay? There are 2 types of fee structures – transactional or fee-based.

Many people use direct investing options these days to avoid high advisor's fees and we are seeing an increased shift with millennials who simply don't see the value in having an investment advisor. The young simply don't want to pay the thousands of dollars just to sit down with an advisor and have a relationship with a banker. As more funds transfer into the hands of these new

AsktheMoneyLady.ca

investors, advisors and brokerage firms may need to shift their thinking about their future fee structures. Many bank financial planners typically are paid a base salary with a commission matrix based on how they grow their book of business and bring on new clients. Typically, fees are preset based on the mutual fund you choose for your portfolio ranging from 1% to 2.5%. Investment advisors are generally paid differently and on straight commission making them highly motivated to ensure you make a profit of which they in turn are compensated on. I have seen advisor fee-based services range from .75% all the way up to 3%. Some advisors act as personal bankers for ultra-rich clients, doing everything for them, hence I can see the higher fee structure. But for most of us we do not need someone to pay our bills and handle are budgets, so if you are paying more than 1.5% for a fee-based portfolio, you may be paying too much. If you have different SMA products or Separately Managed Accounts your advisor may increase their fee up to 1.8%. Bottom line, fees are all over the map and vary from one advisor to another and really should be based on your comfort zone. Do you feel that you are getting your money's worth on your fee-based portfolio or would you prefer a transaction-based portfolio? Is your advisor a valued partner that you are willing to pay for, and most importantly are you satisfied with their services? It is always a good idea to periodically check out the competition, talk to your friends and see what they pay. Only you will know what feels comfortable to pay for investment advice.

Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author of the best-selling book *"How to Retire Debt Free & Wealthy"* and a new book *Don't Panic - How to Manage your Finances and Financial Anxieties During and After the Coronavirus* available at all bookstores across Canada. **If you have a money question, please email on website: www.askthemoneylady.ca**

BINGO
SUNDAY NIGHT BINGO
Pots are as follows:
\$4,233 + LUCKY 7
In 25 Numbers
\$5,100 + JACKPOT
In 51 Numbers
\$52,734 + POKER FLUSH
In 19 Numbers
\$11,751 + BONANZA
In 52 Numbers

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BINGO CANCELLED UNTIL FURTHER NOTICE

sauce, cornstarch, black pepper and garlic powder.

In large nonstick skillet over medium-high heat, heat 1 tablespoon oil. Add peppers, broccolini and shallots; cook 3 minutes, or until tender crisp. Transfer to clean bowl.

In same skillet over high heat, heat 1 tablespoon oil until shimmering. Add half of beef in single layer. Cook undisturbed 2 minutes, or until bottoms

are browned. Stir. Cook 1 minute, or until outer surfaces are no longer pink. Transfer to bowl with vegetables. Repeat with remaining oil and beef. Return beef and vegetables to skillet over medium-high heat.

In small bowl, combine rice vinegar, sugar, sambal oelek, salt and ginger. Add mixture to pan. Cook 2 minutes, or until sauce is slightly thickened.

Residents invited to join Connect St. Andrews

Program designed to accommodate residents differing ways of communication

By Katelyn Boulanger

The RM of St. Andrews is inviting residents to join its Connect St. Andrews program which is a new way to stay in touch with the goings-on in the community both big and small.

"Connect is a communication program where we can blast out communication in emails, texts, and phone calls. We can use all that stuff. If a person registers for Connect they can be communicated with how they want to be communicated with," said St. Andrews CAO, DJ Sigmundson.

Being a part of Connect St. Andrews is voluntary and residents have to sign up to let the RM know that they want to take part.

"If people could sign up they're going to receive better communications from the RM. We aren't going to spam anyone. We're very careful about that. We're going to contact you when you

need to be contacted. We're not going to over-contact you and you'll learn about all of the important things in the RM," said Sigmundson.

The program came into effect this January replacing the existing Code Red system.

"It allows us also to be able to communicate to specific areas of the municipality so if we are doing specific road construction. We can tell specific people who live on that road that their road is under construction but not everybody," said Sigmundson.

During the high-water event, this past spring, residents in the Petersfield area were sent out Connect updates without having to bother residents that weren't in affected areas.

"One of the things [that the RM liked about Connect] was its ability to connect to people in a [potential] disaster," said Sigmundson.

Residents also can choose what notifications they receive for instance you could limit what you hear about to recreation news.

There is also flexibility in the method that you receive the notifications either by phone, text, or email in order for residents to be able to choose what works best for them.

"Nowadays there are still people that don't have Internet. They choose not to. They don't have cell phones. Some people don't answer telephones anymore and they only want to get texts, some only want to get emails. This allows us to communicate with you in the way that they want to be communicated with," said Sigmundson.

Over the past few months, the RM has used the service to let people know about flooding, roadwork, their wastewater survey, Covid-19 information, and the waste disposal ground

closing because of an unscheduled event.

Sigmundson personally finds the program valuable because he likes receiving the notifications instead of having to seek it out himself from a website or other place where it might be posted.

"We have about 1,600 people registered already which is a good chunk of the municipality so if you aren't already on board you should sign up," said Sigmundson.

To sign up residents can head over to the RM's website at rmofstandrews.com and only need to give their email address or phone number, civic address or name. Residents who don't have internet can also sign up by calling into the RM's office at 204-738-2500.

Cattle killed by lightning strike

By Evan Matthews

People say lightning never strikes the same place twice, and one family hopes that is true. But if you are the unlucky one, once is enough, as a family near Moosehorn is reeling economically after a rare occurrence.

Jason and Jilene Yanke, third-generation cattle farmers west of Moosehorn, have a cattle herd of about 200. The couple said that a lightning strike on the evening of July 3 killed 14 bred cows and seven calves that were roughly five months old.

They discovered the remains on July 4.

"We don't think it hit the cattle directly, though, it looks like it hit the fence wire and just fried everything along the fence," said Jason, adding that the worst part of the incident is that it was the herd's youngest cattle to be hit. The future of the herd, the replacements, were the cattle affected by the strike.

"The cattle themselves didn't have any burns... We think they were standing along the wire... They were all standing when they were hit, and then they toppled over top of one another," he said.

The monetary loss, according to the Yankes, is estimated at about \$40,000. However, the ripple effects of the strike are compounding, as some of the cattle killed were mothers to young calves.

Those calves (once full-grown), without their mother's milk will be underweight, and worth less when they eventually go to market.

Upon finding the remains, the Yankes called Dr. Walter Olson of the Ashern Vet Clinic—which Jilene works for part-time—in order to help the couple document the event as if they were going to submit an insurance claim.

"We started a claim... and we got the unfortunate news that our insurance would not cover the incident. We didn't have insurance specific to lightning," said Jilene.

"Regular farm insurance covers structures from fire and water, etc., but not cattle themselves from 'acts of God' like lightning, specifically," she said, admittedly saying that perhaps the couple should have been more familiar with the insurance policy.

However, the Yankes are still in talks with AgriStability about whether or not the program can provide any aid or compensation.

But even if the Yankes had been more familiar with their insurance policy, they aren't sure whether or not they would have had the proper insurance anyway, as a fatal lightning strike is so rare.

Jason said he recalled his father losing a couple of cattle to a lightning strike over 30 years ago, but it was one or two cattle, not 21.



RECORD PHOTO BY JILENE YANKE

Ashern Vet Clinic Dr. Olson surveys the damage caused by a lightning strike which killed 14 bred cows, and 7 calves (roughly) five months old on the Yanke farm on July 3.

Echoing Jason's sentiment, Dr. Olson said while he has seen fatal lightning strikes over his 39 years of veterinary practice—13 of which have been in Ashern—he had never seen an incident on this scale.

"The number of affected animals was (staggering)," said Olson. "I've seen one or two affected by a lightning strike in the past, but nothing like this."

In storms, Olson said often cattle will crowd together and move as a unit in one direction, until they come to a physical barrier that stops them.

Whether a violent rain or thunder-

storm, even a blizzard, Olson said cattle will group together to wait out the storm.

Though the immediate loss is economically devastating and resulting in emotional trauma, the Yankes said farming is not an industry that has immediate pay off; it's about the long-game.

"Hopefully we can find cheap bred heifers in the future to replace some of the herd, or you take a hit, and have the herd recover in about three or four years," said Jason.

"Farming is a long-game, never a short-game."

Does your canola need protection from sclerotinia stem rot?

Submitted by Clint Jurke

Should I spray for sclerotinia stem rot? Canola growers in Western Canada are often challenged to find a satisfactory answer to this annual question. In reality, we don't need very much infection to justify a fungicide application.

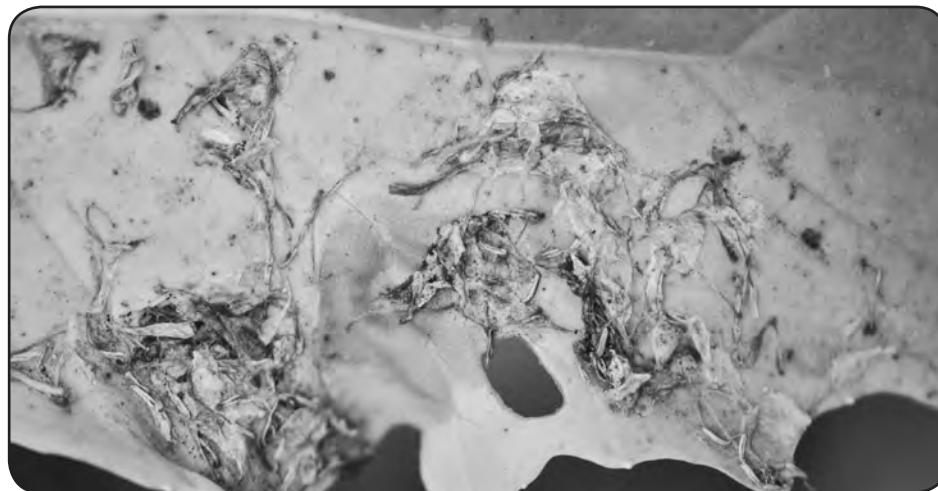
When considering the total cost, a fungicide would only have to preserve around three bu./ac. of yield to break even. This economic threshold should be easily achieved in a high-yield canola crop growing in an area with a history of sclerotinia stem rot.

The general rule is that yield loss is roughly half of the "incidence rate," which is the percentage of plants infected in a field.

If 10 per cent of plants are infected, yield loss will be five per cent. For a 50 bu./ac. canola crop, the three bu./ac. threshold would be a six per cent loss—so that means around 12 per cent of plants would have to be infected. With moderate amounts of moisture before, during and after flowering, this 12 per cent incidence rate could be fairly common in any canola growing area of Western Canada.

What is a moderate amount of moisture? Kelly Turkington, plant pathologist with Agriculture and Agri-Food Canada, provides this rough guide: Rainfall amounts of least 5-10mm more than two days a week and daily minimum relative humidity (RH) over 80 per cent is enough for the sclerotinia stem rot infection cycle.

Basically, if topsoil underneath the canola canopy has moisture for most



SUPPLIED PHOTO

Spore-infested petals landing on leaves and stems provide the entry point for sclerotinia stem rot. Fungicides on petals and leaves prevent this infection.

or all of the day, this promotes germination of sclerotia and production of apothecia, the tiny mushrooms that release sclerotinia spores. Continued humid conditions in the canopy will provide the moisture needed for infection.

The decision to apply a fungicide to prevent sclerotinia stem rot may be generalized by answering these four questions:

- Have environmental conditions prior to flowering been moist enough for apothecia development and survival? (A few rains and humidity commonly above 80 per cent in June is usually enough.)
- Is the canola crop canopy dense and yield potential high? (If your pants get wet when scouting canola mid-day, the canopy is probably sufficiently dense and humid for disease.)

- Does the weather forecast predict precipitation and/or humidity during the flowering period?

- Is the pathogen present in sufficient quantities? (With moisture and a history of sclerotinia stem rot in the area, you can assume the answer is yes. To find out for sure, Spornado from 20/20 Seed Labs or DNA-based petal testing kits from Quantum Genetix and Discovery Seed Labs can identify the presence of spores.)

If the answer is "yes" to all four questions above, then spraying is generally recommended. If the answer to some of the questions is "no" or uncertain, then the decision is more difficult. Perhaps an easier approach is to identify the situations where risk is limited.

Factors that decrease risk:

- Dry conditions through the flow-

ering period will decrease the risk of economic yield loss from sclerotinia stem rot.

- A poor canola canopy that allows for a lot of air flow will reduce canopy humidity, and it also signals lower yield potential.

- Below or well-above average temperatures (less than 10°C or greater than 25-30°C) and limited rainfall. Risk is limited when current conditions are dry, max daily temps are 30°C or more, and forecast to continue for seven to 14 days.

Farmers and agronomists often ask whether heavy rains or continuous rains will reduce the risk. Continuous rain events can wash off of petals from plants, remove spores from the air and trap spores in water droplets that form on the tops of the apothecia. But rain events that actually reduce sclerotinia stem rot risk would be unusual.

If conditions are right for disease and farmers decide to spray, the spray window for most fungicides is 20 to 50 per cent flower. Many products also allow for two applications, which can provide a return on investment in high-risk situations with good moisture, high yield potential and an extended flowering period.

For lots more on this topic, including videos and helpful links, please read "Factors in the sclerotinia spray decision" at canolawatch.org.

—Clint Jurke is agronomy director for the Canola Council of Canada. Reach him at jurkec@canolacouncil.org.

RCMP respond to drowning

By Staff

Powerview RCMP responded to a possible drowning, at a quarry, across from Great Falls Dam July 12 at approximately 3:05 p.m.

A male was with friends, when he jumped into the water, and began struggling to swim. Several of his friends attempted to help, however the male went under the water and did not come up. Several bystanders came to assist, and he was found, pulled from the water and CPR was initiated.

The 21-year-old male, from the RM of Ste. Anne was taken to hospital, where he was pronounced deceased.

Powerview RCMP continue to investigate.

The boys are back for the annual Gimli Glider Day exhibit on July 23

By Sydney Lockhart

The annual Gimli Glider Day is taking place on July 23 remembering the historic emergency landing on the Gimli runway in 1983.

The Air Canada Boeing 767 had an emergency landing on the old Gimli runway that was being used as a racetrack after they ran out of fuel on a flight from Montreal to Edmonton.

The pilot and co-pilot safely landed the plane with no casualties after falling to the earth without fuel for 17 minutes, an unlikely feat.

When the plane landed safely people listening to the radio towers cheered nationwide.

Each year on July 23 since it has opened the Gimli Glider Exhibit, located at 119 B 1st Ave. Gimli, has lowered their admission rate for people to come and experience the emotional story that took place 37 years ago.

The Exhibit is filled with parts of the plane, stories of those trying to prepare themselves for death, the pilots trying to save the lives of their passengers, and the Gimli community members who were there to witness the plane land and help those on it after the landing.

When the plane was making its emergency landing, there were boys

on their bikes on the runway that were close to being hit. Two of these boys will be at the exhibit to answer questions that the public has for them and to share their experience from 1-3 p.m.

Admission for the day is \$5 and masks are mandatory to enter the exhibit. The exhibit is a non-profit federal charity so any donations made over \$20 get a tax receipt, currently the exhibit is experiencing low visitor numbers due to the pandemic, anyone wishing to donate can do so on their website gimliglider.com.

For more information call 204-642-5577.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

18U Pirates losing streak reaches four games

By Brian Bowman

The North Winnipeg Pirates 18U "AAA" baseball team had a tough time in Ile des Chenes on Sunday.

North Winnipeg was swept by the Carillon Sultans in a doubleheader, losing games by scores of 12-6 and 12-8.

The Pirates have now lost four consecutive games.

Last Thursday, the Pirates were shut out 10-0 by Winnipeg South at Charleswood Place.

On July 7, North Winnipeg was edged 14-13 by the Bonivital Black Sox at Whittier Park.

The Pirates, now 3-5 and tied for fourth place with Bonivital (3-3) in the eight-team league, played the Elmwood Giants at Koskie Field this past Tuesday but no score was available at press time.

North Winnipeg will host the St. James A's on Friday (7 p.m.) and Elmwood in a doubleheader Saturday (1 p.m. and 4 p.m.).

In 15U action, the Pirates blanked the St. James A's 10-0 on Sunday evening at the Sunova Centre.

Last Wednesday, North Winnipeg defeated the Interlake Orioles 7-1 in Balmoral.

The Pirates, in first place with a 5-0



U15 Pirates' righthander Rylan Sliworsky, a St. Andrews' product, delivers a pitch against the Orioles.

record, will play Winnipeg South this Friday (6:30 p.m.) and then will battle the Bonivital Black Sox on Sunday (6 p.m.) at Provencher Park.

Meanwhile, the 13U Pirates dropped a road doubleheader with the Brandon Marlins on Sunday.



RECORD PHOTOS BY LANA MEIER

The North Winnipeg Pirates' Max Horodecki of West St. Paul rounds third and races home during 15U 'AAA' baseball action against the Interlake Orioles on July 8 in Balmoral. North Winnipeg won the game 7-1.

Brandon won by scores of 10-5 and 11-1.

Last Thursday, North Winnipeg defeated the Interlake Orioles 21-14 in Balmoral.

The Pirates (3-3) played Red River

this past Tuesday in East Selkirk but no score was available at press time.

North Winnipeg will host the St. James A's this Thursday at 6:30 p.m. at the Sunova Centre in West St. Paul.

Ward wins Bison women's soccer Spirit Award

Staff

The University of Manitoba Bison women's soccer team announced its team award winners for the 2019-20 season last week.

West St. Paul's Hayley Ward was the winner of the team's Spirit Award.

Ward demonstrates a team-first mentality in every aspect of her life, said a release on the Bison sports website.

"Her teammates look to her for advice on and off the pitch and she is always willing to help in any way that she can. She has served as a co-captain for the past two seasons and a member of the University of Manitoba Athletic Council," read the release.

"Her selfless actions have recently been commended at the Bisons Sports level as she received the Leadership

and Community Development Award at the 2020 Brown and Gold Awards Ceremony.

Ward drew high praise from Bison women's soccer head coach Vanessa Martinez Lagunas.

"Ward embodies what it means to be a Bison and that is why her teammates have selected her to receive the Spirit Award," said Lagunas.

Ward, a fourth-year Bison defender, has a remarkable record of community service, leadership, and excellence both in the classroom and on the field. Her community service involvement includes a large range of activities of giving back to her sport in terms of coaching (e.g. Junior Bison camps and clinics) to non-soccer related activities (e.g. sighted guide and trio bike pilot for the Canadian National Institute of

the Blind) and important leadership positions at both the team and University level (e.g. UMAC executive assistant).

Ward also excels in the classroom obtaining an impressive annual GPA of 4.25 while engaged with a full course load. She has achieved Academic All-Canadian status every year she has been on the team. Other Bison women's soccer award winners, meanwhile, included Alexis Anderson (Goalkeeper of the Year and Most Improved Player), Shaylyn Dyck (Defender of the Year), Gabi Clark (Midfielder of the Year), Nicole Davis, (MVP and Forward of the Year), Jessica Tsai (Rookie of the Year), Macki Burdeny (Most Committed Player), and Chelsea Dubiel (Highest Grade Point Average).



RECORD PHOTO SUBMITTED

West St. Paul's Hayley Ward was named the University of Manitoba Bison women's soccer team's winner of the Spirit Award.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Albert fires opening round 80 at Women's Junior Championship

Staff

Mikyla Albert fired an 80 during the opening round of the Women's Junior Championship on Sunday at the Selkirk Golf & Country Club.

Albert trailed Swan River's Crystal Zamzow by just one stroke heading into this past Monday's second round of the 54-hole event.

Rounding out the seven-player field were Golf Manitoba Public Play's Cala Korman (81), Clear Lake's Jeri Lafleche (82), St. Charles' Addison Kartusch (83), Elmhurst's Armaan Dhillon (85), and St. Charles' Sarah Farmer (99).

On the junior men's side, which was also hosted in Selkirk, St. Charles'

Neel Soni was red-hot on Sunday, carding a 2-under 68 for a two-stroke lead over Rossmere's Carter Johnson after Day 1.

Rounding out the top 10 in the 65-player field were Wheat City's Ryden Hargreaves (71), St. Boniface's Jacob Armstrong (72), Whitewater Golf Club's Jack Moro (72), Elmhurst's Jack Taylor (72), Golf Manitoba Public Play's Jose Mekish-Lacquette (72), St. Boniface's Scott Miner (72), Pine Ridge's Noah Fiks (73) and Southwood's Feanor Valaquentia (73).

Wyatt Brooks, a Selkirk Golf & Country Club member, shot an opening round 81 to sit in a four-way tie for 33rd.



RECORD PHOTOS BY MICHELLE BALHARRY

The Selkirk Golf & Country Club's Wyatt Brooks, left photo, carded an opening round 81 at the Men's Junior Championship on his home course last Sunday. The three-day tournament wrapped up this past Tuesday. Right photo, Mikyla Albert fired an opening-round 80 on Sunday to sit one stroke back of Crystal Zamzow at the Women's Junior Championship.

Interlake sweeps Elmwood in MJB L Sunday doubleheader

By Brian Bowman

The Interlake Blue Jays had a very good day last Sunday.

Interlake improved its record to 6-3 after sweeping the defending-league champion Elmwood Giants in a Manitoba Junior Baseball League doubleheader on Sunday in Stonewall.

Interlake won games by scores of 7-2 and 11-3.

Last Wednesday, the Blue Jays were

outslugged 13-11 at home by the Altona Bisons.

Interlake, now in a three-way tie for second place with Elmwood and Altona in the eight-team league, will hit the road for four straight games. The Blue Jays will visit the St. James A's on Wednesday (7 p.m.), the Pembina Valley Orioles Sunday (1 p.m. and 4 p.m.), and the Carillon Sultans on July 22 (7 p.m.).

In Winnipeg Senior Baseball League action, the Stonewall Blue Jays were edged 4-3 by the Elmwood Giants last Thursday at Koskie Field.

Stonewall scored single runs in the second, third, and fourth innings. Elmwood scored one in the bottom of the first inning, added two more in the fifth, and then plated the game-winning run in the seventh for the walk-off win.

On July 7, Stonewall pounded the Boni-Vital Brewers 13-5.

The Blue Jays, now 2-1, will host the St. James A's this Thursday (7:30 p.m.) and then play a pair of home games against two different teams on Saturday.

Stonewall will battle the St. Boniface Legionaires at 11 a.m. and then will take on Boni-Vital at 2 p.m.

Bandura finishes among leaders at Diamond Athletic Men's Mid-Amateur Championship

Staff

When the dust settled after three rounds of the Diamond Athletic Men's Mid-Amateur Championship, Selkirk's Ben Bandura was right there among the leaders.

Bandura, who golfs out of Elmhurst, carded rounds of 72, 77, and 77 at the Bel Acres Golf & Country Club to finish seventh overall with an 11-over par 227.

Allan McDonald won the tournament after firing a 1-over 73 during

the final round on July 8 to finish at 3-over par.

He cruised to a five-shot win over Breezy Bend clubmate Justin McDonald and 2019 mid-amateur champion Eric Johnson.

Breezy Bend's Mike Tibbs and Jesse Skelton tied for fourth at 225 while Steinbach's Adam Guenther finished sixth at 226.

Bandura, meanwhile, placed second in the Mid-Masters Division, finishing two strokes behind Tibbs and one

ahead of Niakwa's Jay Doyle and Bel Acres' Dwayne Heinrichs.

On the women's side, Veronica Vetesnik won the Manitoba women's amateur golf championship after firing a 3-over 76 on the final round to finish the 54-hole tournament at 9-over 228. She earlier carded rounds of 77 and 75.

Vetesnik was one shot better than Shilo's Bobbi Uhl (79-74-76) and five up on Marissa Naylor of Pine Ridge (77-76-80).

Rounding out the top five were Southwood's Greer Valaquentia (75-79-85-239) and Breezy Bend's Charmaine Mackind (77-82-81-240).

Neither Macdonald or Vetesnik, however, will get the opportunity to represent Manitoba at the national amateur championships. Golf Canada cancelled all of its amateur competitions for the duration of the 2020 season due to the COVID-19 pandemic.

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12. Glum
13. Northern Zambia peoples
15. Central
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18. Top of the line
21. Political action committee
22. Have already done
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24. Entertainment channel
25. Holiday (informal)
26. The common gibbon
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35. Bluish greens
36. Ridiculed
37. Three-dimensional arrangement
38. Emerged
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CLUES DOWN

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2. Plenty
3. Act leisurely
4. Serve as a warning
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14. Form of "to be"
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19. Sample
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26. French river
27. Where boats dock
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36. Baby term for father

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The Selkirk Record

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Pizza Den in Stonewall is now hiring an experienced dinner cook that will work Thursday - Monday, 4-8/9 p.m. Cook candidate should go to pizzaden.ca to view menu & be experienced in preparing most of the menu. Cook to be current on Health Dept. requirements and Food & Kitchen Safety Sanitation. Individual will work in a team and also by oneself. Please send resume to robert.magnifico@gmail.com

The Window Factory is looking for a fulltime employee for production and manufacturing. Please apply in person with a resume to the office: 605 Mercy St, Selkirk, MB.

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The RM of St. Clements is currently accepting applications from individuals with experience in supervising others, facility management, knowledge of construction and equipment maintenance.

The ideal candidate will be able to work with a high level of independence to establish priorities and action work objectives.

A complete list of job responsibilities and the required qualifications can be found at RM of St. Clements' webpage under [Employment Opportunities](#)

This position will remain open until a suitable applicant is secured. However, applicant screening and interviews may begin as early as July 31, 2020.

While the RM thanks all applicants, only those considered for an interview will be contacted.



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PUBLIC NOTICE THE RURAL MUNICIPALITY OF ALEXANDER 2019 AUDITED FINANCIAL STATEMENT

PUBLIC NOTICE is hereby given pursuant to Section 194 of the Municipal Act, that the Municipal Auditor's Financial Report, together with the related financial statements for the 2019 fiscal year, have been deposited at the Rural Municipality of Alexander office located at 1 Bouvier Trail, St. Georges, Manitoba, and are available for inspection during the office hours of 9:00 a.m. - 1:00 p.m. and 2:00 p.m. - 4:00 p.m.

Don Dowle Chief Administrative Officer R.M. of Alexander



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THE RURAL MUNICIPALITY OF WEST ST. PAUL PUBLIC NOTICE

Property and business owners are advised that the 2020 Realty and Business Tax Bills have been mailed out and that all taxes are due on September 30, 2020 by 4:30pm. If you have not received your tax bill please contact the Municipal Office at 204-338-0306.

In order to avoid penalties, payments must be received by the Rural Municipality of West St. Paul on or before 4:30pm on September 30, 2020. Penalties will be charged at the rate of 1.25% per month on any unpaid amounts beyond the due date.

New property owners are reminded that they are responsible for payment of the 2020 realty taxes whether or not they have received a tax notice in their name.

Please note that if you are paying your taxes online, five (5) business days are required to process your payment. It is the taxpayer's responsibility to ensure that their online payment is received at the Municipal Office by the due date.

We encourage residents to consider remote payment options. Please do not attend the Municipal Office if you are experiencing any COVID-19 related symptoms. Social distancing protocols will be in place.

If you have any questions regarding your tax bill or municipal levy, please call 204-338-0306.

Crystal Shuhyta CPA, CGA, B.Comm, Director of Finance RM of West St. Paul, 3550 Main Street, West St. Paul MB R4A 5A3

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ANNOUNCEMENT

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And may love always be between you.
- With admiration and love
from your family and friends



ANNOUNCEMENT

ANNIVERSARY



Paul and Linda Buus
Happy 50th Anniversary
Mom and Dad

July 18, 1970 - July 18, 2020

You are such an inspiration and great role models not only for your family but for the people around you. Years come and years go but your commitment and love for each other stays forever. Times may have changed but your love has truly stood the test of time. May you have another 50 years of love and happiness together.

-Love Cheryl, Ken and Anjie,
Nancy and Russell;
grandkids - Connley, Grayce, Liberty,
Damon, Koltin, Tori, Jonas and Brittany;
great-grandkids - Jostyn, Eve

R.M. OF ST CLEMENTS Under The Planning Act NOTICE OF PUBLIC HEARING

Regarding Zoning By-law Amendment No. 2-2020

The Council of the R.M. of St. Clements, under the authority of The Planning Act, will hold a Public Hearing at the Municipal Office Council Chambers, 1043 Kittson Road, East Selkirk, MB, on **Tuesday July 28, 2020 at 6:00 p.m.**, at which time and place the Council will receive representations and objections, if any, from any persons who wish to make them in respect of By-law No. 2-2020, being an amendment to the R.M. of St. Clements Zoning By-Law No. 5-2002, as amended. The general intent of this By-Law No. 2-2020 is to rezone the subject property at 529 Danko Drive (Lot 2, Plan 57505 WLTO in RL 285 Parish of St. Andrews) from "RR" Rural Residential Zone to "RS" Serviced Residential within the R.M. of St. Clements Zoning By-law No. 5-2002 in order to facilitate a future subdivision.

An illustration of the subject property has been provided below. A copy of the above By-law and supporting material may be inspected between 8:30 a.m. and 4:15 p.m., Monday through Friday at the Red River Planning District, 806-A Manitoba Avenue, Selkirk, Manitoba. **Seating at the Public Hearing will be limited to accommodate social distancing. We ask that you contact the municipal office at 204-482-3300 or info@rmofstclements.com to register your attendance. If you wish to make a written representation only, please submit in writing prior to 4:00 p.m. by Monday July 27th, 2020. Your written submissions can be emailed in, dropped off using the mail slot at the south door of the municipal office or mailed in, if time permits. You can also participate through a Zoom meeting link, please contact 204-482-3300 prior to 4:00 p.m. on Monday, July 27th, 2020 to register for the meeting, a Zoom Meeting link will be provided through email. The Public Hearing will also be live streamed on the R.M. of St. Clements website (rmofstclements.com) for those interested in the proceedings.**



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ANNOUNCEMENT

CARD OF THANKS



March 21, 2020

The Penner Family would sincerely like to acknowledge the staff at Interlake Cremation and Memorial Services: Rick, Barry, Alane and Bonnie on the recent passing of our Dad, John Penner.

Many thanks for helping us all in this journey.
- Kathy Penner

ANNOUNCEMENT

BIRTH ANNOUNCEMENT



Lily Ann Marie

Baba Cary and Gege Philip Chuhie are proud to announce the birth of their first grandchild, Lily Ann Marie, born July 4th, 2020. Weighed 6lbs 1oz, 19 inches long.

The proud parents are Kimberly Chuhie and Shane Byzuk. We love you our precious little peanut.
-Love Baba, Gege, Great-Gege and Uncle Chris

ANNOUNCEMENT

BIRTHDAY



Happy 85th Birthday
Doreen Typiski
on July 19
-With much love
from your family

ANNOUNCEMENT

IN MEMORIAM



Angela Dawn Cromarty
May 20, 1983 - July 16, 2012

It has been 8 long years Angela that I haven't seen your beautiful smile, haven't heard your laugh, as cute as it was...

For 8 years I missed your wonderful ability to Love your Family and Friends...

But most of all, I miss being able to hold you in my arms and tell you how much I Love You Angela.

When you left us that cool, rainy July morning, I kissed you on the head and said "I'll Always Love You Angela."

... and I still do...

every day, every hour, every minute.

- So sadly missed and forever remembered by your father Andy Cromarty and brother Andy Thompson

ANNOUNCEMENT

IN MEMORIAM



Glenn Salter
July 15, 2011

It's lonely here without you,
I miss you more each day;
For life is not the same for me,
Since you were called away.
To hear your voice, to see you smile,
To sit with you and talk awhile;
To be together in the same old way,
Would be my dearest wish today.

-Love always, love forever,
Sandi

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OBITUARY

Gladys Aime



After a lengthy struggle with dementia, Mom passed away peacefully with family by her side, at the Red River Place Personal Care Home, Selkirk MB on July 3, 2020.

Gladys is survived by her three children, Alan (Marusia), Gail (Tom) and Kevin (Denise). She is also survived by her grandchildren David (Marissa), Danika (Adam), Coryn (Nic), Jana, Jordan and Denise's children Sam (Chad) and Brennon. Gladys also had four great-grandchildren who put a smile on her face and a twinkle in her eye, Annalise, Everett, Noah and Lena. She is also survived by her brothers, Norman (Mabel), Delmar (Lois), Jim (Jean) and sister Elsie.

Gladys was predeceased by her husband David in 2011.

Mom was born on August 17, 1935. She lived in Clandeboyne for most of her life, moving from the farm in 1998 to the village of Clandeboyne until her and Dad moved to Selkirk in 2010. She loved life on the farm and embraced this role. She loved to garden and took pride in her many flowers. Mom started her work life at Great West Life at the age of 18. After she raised her family, mom returned to work at Revenue Canada, which she retired from at the age of 65.

Mom gave tirelessly to her community and church. She got great satisfaction from donating her time and skills to the causes close to her heart. To name a few, the Clandeboyne Skating Club, 4-H Leadership, the establishment of the St. Andrews Heritage Centre, Palliative Care Visitation and many initiatives of the St. George Wakefield Anglican Church. She was also a member of the Rotary Anns Selkirk Chapter and the Red Hats. Mom was a strong believer in doing things well. She was meticulous, organized, passionate and felt compelled to help others in need. She was the best mom we could ever ask for.

Special thank you to the wonderful staff at Red River Place for providing excellent care to Mom and to the Selkirk Regional Health Centre staff.

A private family service has been held.

Those wishing to make a donation in memory of Gladys Aime can do so to: St. George Wakefield Anglican Church, Box 2 Clandeboyne, MB R0C 0P0.

We have lost a beautiful person. Lovingly remembered and finally at peace.

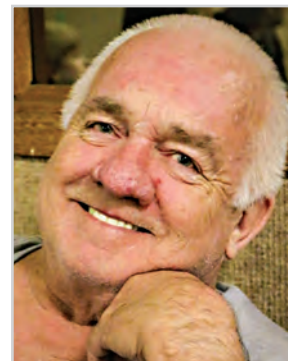
Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Frank Wiebe



With great sadness we announce the sudden passing of Frank Wiebe on March 19th, 2020 in Selkirk, MB at the age of 69. Frank will be greatly missed by his loving wife Cathy; children Debbie, Leo, and Nick (Harmony); grandchildren Dustin, Connor, Jesse and Rory. Frank will also be missed by family in Alberta and Ontario.

Frank was born on April 9th, 1950, in Paraguay. Frank and his family moved to Canada in 1956.

Frank was predeceased by his parents Jacob and Agatha Wiebe; sisters Dora and Hilda; brothers Peter, Henry, Rudy and Corney. Survived by sister Betty (late Allan); brothers Willy (Debbie), George, and Helmuth.

Frank was a "Jack of all trades", and held many talents. He was a carpenter and a craftsmen, took pride in building his own home in the late eighties. Frank was well known for his world famous

cinnamon buns and local Selkirk business The Upper Crust Bakery. Frank was not only a baker but an aspiring chef. He often showed his love through food and loved hosting dinner parties in his home and took any opportunity to try out a new dish. Anyone would be a fool to choose going out to a restaurant, than a home cooked meal by Frank. His signature dishes like his breakfasts (potato pancakes), soups, prime rib and Caesar salad will be missed by many. One of Frank's favourite past-times was going out in the bush and cutting wood with his grandsons, playing volleyball in the pool with many family and friends.

Frank was a force to be reckoned with and had a bold and brass personality. You may have been tested by how you could handle a joke, or how many buttons that could be pushed before hopefully cracking a smile. Frank led a life that created humorous stories and memories that will carry through generations.

Frank was a lover of music. His music collection lingers in the minds of his loved ones. One of Debbie's fondest memory was of listening to Johnny Horton (aka Johnny Beck as she would say) with her dad, the pause and clicks echoing of his CD changer in the background switching over to the next Tanya Tucker song, or his granddaughters memory of his foot stomping and family dances to "Ol' Time Rock and Roll".

Frank opened his heart to many close friends that he also considered as family. Thank you for everything Old Man, Dad, Frankie, Papa, we miss you and will love you "forever and for always".

Due to capacity restrictions a celebration of life will be graciously held by invitation by the family through Gilbart Funeral Home.

The family would like to thank everyone for the love and support during these challenging circumstances.

We ask that in lieu of flowers that donations could be made in Franks name to the Heart and Stroke Foundation.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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OBITUARY

Mark Cyr
1958 - 2020

It is with heavy hearts we announce the sudden and unexpected passing of Mark Cyr on July 2, 2020.

Mark will be sorely missed but lovingly remembered.

A private service has taken place.

Arrangements entrusted to:

*Interlake Cremation
& Memorial Services*
204.482.1040

OBITUARY

Rhonda Shelly McMahon
(nee McKenzie)

September 13, 1969 – March 9, 2020

Peacefully on March 9, 2020, Rhonda passed away with family and friends by her side. She leaves to mourn her passing, her husband Trevor of 30 years; her brother Arthur (Lori); sisters, Lisa and Colleen; nephews, Matthew, Zachary (Kenzie) and Isaac; nieces, Lexi, Rebecca and Kaitlin; former sister-in-law, Wendy. She will be reunited with her parents Rita and William McKenzie and her fur babies Allie and Precious.

Over the last years Rhonda dealt with many health issues, which unfortunately over took her. She loved spending time with Trevor, family and many of her beloved friends. She stayed in touch with her school buddies.

Graveside services will be held on Tuesday, July 21, 2020 at 10 a.m. at the St. Clements Columbarium, Selkirk, Manitoba. Please practice social distancing protocol.

SHE IS GONE TO FLY LIKE A HUMMINGBIRD

Arrangements entrusted to:

*Interlake Cremation
& Memorial Services*
204.482.1040

OBITUARY

Shirley Lynne Stroobants (Nee Hygaard)
November 28 1949 - June 27 2020



It is with heavy hearts that we announce the passing of our beloved mother and grandmother, Shirley Lynne Stroobants, 70, who left us peacefully with her daughter by her side on the evening of June 27, 2020.

Shirley was a fiercely independent, hard working woman, with a passion for her family's history. She was born November 28, 1949, a daughter of the late Jack and Mae Hygaard and grew up as one of eight children in Winnipeg before moving to Selkirk, MB where she enjoyed many years creating memories with friends and neighbours, and countless summer camping trips with her grandsons whom she treasured the most. She eventually returned to Winnipeg, where she spent her last 11 years working at Canada Cartage.

Besides her devotion to her grandchildren, Shirley loved bargain hunting on weekends with her sister Lynda and long chats on the phone with her sister Laurie. Her infectious laugh will be missed by many.

Shirley leaves to mourn her children, Karen and Paul, grandchildren Eric and Austin, sisters Lynda, Laurie and Audrey (Bob), brothers Frank, Scott and Stuart, (Christine) numerous relatives, and her grandpups Ollie and Hennessy. She was predeceased by her sister Kathy.

At her request, there will be no service. A private memorial may be held at a later date. Shirley's family wishes to thank the wonderful staff at Concordia Hospital N3E for their care during her final stay.

Arrangements entrusted to:

*Interlake Cremation
& Memorial Services*
204.482.1040

OBITUARY

Drew McDonald

Drew passed away on Friday, July 10, 2020 at the Health Sciences Center with his family by his side. He was predeceased by his dad, Daniel in 1982. He is survived by his mom, Audrey.

A private family service will be held at Little Britain United Churchyard Cemetery.

Flowers are gratefully declined. If you wish, donations can be made in his name to the Heart and Stroke Foundation.

Gilbart Funeral Home, Selkirk in care of arrangements.



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