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Getting back up to speed

RECORD PHOTO BY BRETT MITCHELL

Pictured from left to right: Jordan Campbell, Robyn Salie and Kennedy Campbell and other skaters hit the ice during the Interlake Speed Skating Camp at the Selkirk Rec Complex last Wednesday. The camp included guest coach, Shani Davis, an American speed skater who is a five-time Olympian, four-time medalist and world record holder. For more coverage, check out our Sports section.

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Low water levels make for 'challenging' conditions on Red River

By Justin Luschinski

Donovan Pearase has been guiding anglers along the Red River for more than 10 years.

His team at Blackwater Cats are experts at catching channel catfish, but with current Red River water levels being so low, they've had to work harder for their catch.

Pearase says although business is going fine, anglers have to work harder to meet their quotas.

"It's making things more challenging. We don't have to worry as much, because we're still meeting our orders, but it's just not the easy peasy fishing the Red River is known for," Pearase said. "When the water levels are up, you can catch a decent num-

ber of fish at one spot. But now we're lifting anchor four, six, sometimes 10 times a day."

Pearase said that the catfish are drawn to the water current. When there's a lot of water, and a big current, the fish swarm through the Red River. The best bites are usually in spring, around the early mornings, which decreases as the day goes on. But with the low water levels, the drop off around the afternoon is more drastic.

Ruslan Tracz, an engineering assets representative with the Federal Government, says although the river is low, it's still manageable.

"Even though they are low, as of today, the water levels are within the



RECORD PHOTO BY JUSTIN LUSCHINSKI

The federal government has issued a warning about the low water levels on the Red River. They advise all boaters to exercise extreme caution from Winnipeg to the Lockport Dam.

summer operating levels," Tracz said last Friday. "However, without additional precipitation, water levels could fall below the operating levels, which has not happened in recent memory."

Tracz says the water is low due to the extremely dry conditions in the Red River Basin.

Pearase said for the last few years, Manitoba has had very little snow in the winter, which usually impacts the water flow in the spring. He added

the best advice he has for anglers is to start fishing early in the morning, and keep moving to different locations throughout the day.

As of Friday, the Red River water levels measured at 223.82 metres. The government says boaters should exercise extreme caution between Winnipeg and the St. Andrews Dam. They should watch out for rocks and other hazards that are usually submerged.

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Lord Selkirk School Division ready to welcome staff, students back to school

By Lindsey Enns

The Lord Selkirk School Division (LSSD) is ready to welcome staff and students back to school this week.

LSSD Supt. Michele Polinuk says the start of a new school year is always an exciting time throughout the division.

"It is extremely exciting for everyone including teachers and staff, students alike," Polinuk said. "You just get that new year recharge ... it's a fresh start for everyone."

The first official day of classes is on Thursday, Sept. 6 with grades 11 and 12 students returning on Friday, Sept. 7.

Polinuk said schools within the di-

vision have undergone various construction projects over the summer months including upgrades to lighting, new windows as well as installing new security cameras. A new gym floor was also installed at Mapleton School.

LSSD administrators were led through 12 stations to help prepare them for the new school year last week. Some of the stations included presentations on transportation, technology, student services and more.

Polinuk also invites parents and guardians to check out the LSSD's updated website, LSSD.ca, for updates from schools throughout the division.

Rotarians ready for book sale



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Local Rotarians were busy setting up for their annual book sale fundraiser last week. The eighth annual Selkirk Rotary Club Book sale will take place inside the old Selkirk arena, commonly referred to as "The Barn," on Sept. 6, 7 and 8 as well as on Sept. 13, 14 and 15.



Surveillance video catches driver damaging West St. Paul soccer fields

Submitted

The RM of West St. Paul has provided video surveillance to RCMP of a vehicle causing damage to the West St. Paul Recreation Centre soccer fields last Wednesday evening.

The video shows the vehicle driving onto the fields at about 10:20 p.m. on Aug. 29 and leaving ruts in the ground. The video also shows the vehicle licence plate.

"I can't understand why anyone

would want to damage a place that our staff work so hard to maintain so that kids and adults can have a safe and enjoyable place to enjoy sports and recreation," West St. Paul Mayor Bruce Henley said. "I'm glad that our cameras were able to catch the damage, and we're happy to provide those images to the RCMP."

RCMP are now investigating the matter.



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Big DOLLAR

Through his lens

Local photographer reflects on decades of capturing moments around the world

By Justin Luschinski

On a warm summer evening, as the Red River ebbs and flows along the Selkirk Waterfront, you can often find Bill "Newzman" Smyth, parked on his mobility scooter, trying to find the perfect way to capture the beauty of the city.

Bill Smyth, also known as "Newzman," as his license plate reads, has been taking photos since 1955. He's travelled the world, taking photos of everything from Elizabeth Taylor in the Bahamas to sharks swimming in the sea.

Not long before he moved to Selkirk, Smyth suffered a stroke. The right side of his body was damaged, with his right hand weakened to the point where he couldn't hold his camera. But Smyth still loved photography and knew he had to find a way to keep snapping pictures.

"My one true love in life was taking pictures. I've been giving away pictures of people, just over a hundred



photos, for free. My friends say they'll put my camera in the coffin with me," Smyth said. "I've been taking pictures for over 50 years ... I never knew that all cameras were right handed."

Smyth bought and built a left-handed rig for his camera, a box-looking device with a remote that can activate the camera. He can usually hold it up and get amazing photos, but if he



RECORD PHOTOS BY JUSTIN LUSCHINSKI

ABOVE AND LEFT: Bill Smyth of Selkirk waits to take the perfect shot while cruising around the city recently. Smyth has been an avid photographer for more than 50 years and his skill and talent have taken him around the world. BELOW: Framed pictures Smyth has taken hang inside his Selkirk apartment.

uses a longer lens, he needs to use a monopod, or support for the camera on his scooter. His old film camera has seen a lot of work, but he still carries it around with him wherever he goes.

"That's not so rare now, since everybody has a camera on their (smart-phones)," Smyth said.

Smyth started taking pictures when he was 14 years old, in 1955.

Although Smyth started taking pictures when he was just 14-years-old, he officially began his career when he was 17, taking photos for Eddie Black in Toronto, the founder of Blacks Photo Corporation.

After that, he switched to a different company, and moved to the Bahamas, where he became a diver, and took pictures of sharks and other aquatic life. He's been to Brazil, Africa, and has taken photos in every province, and almost every state in the United States.

Smyth said one of the biggest moments in his life was taking pictures of Elizabeth Taylor.



"I remember I got the call, they flew me out there, to a private resort. (Another photographer) dropped out at the last minute. I remember trying to take the photo, and I'm just sweating bullets, I was very nervous," Smyth said. "But I got the shot, and after that my career took off."

Smyth says he plans to keep taking photos until the day he dies.

To contact Bill Smyth directly, you can call 204-482-6564, or email him at smythbill04@gmail.com.

FOUNDATION FEATURE

Selkirk & District Community Foundation Is Accepting Grant Applications For the Community Grant Program

- Applicants must be a registered charity with Canada Revenue Agency, located and providing services within the City of Selkirk, or the R.M.s of St. Andrews or St. Clements.
- The Foundation's granting program supports local needs and interests, which include, but not limited to, the arts, cultural activities, heritage programs, health, education, senior services, social programs and youth activities.
- Grant submissions should reflect projects and/or programs that will occur between the months of October - March.

Grant Application Procedure

- GRANT GUIDELINES AND APPLICATIONS MAY BE OBTAINED FROM:
Foundation Office: 204-785-9755 Or 200 Eaton Ave in Selkirk Or email: selkirkfoundation@shaw.ca Or www.sdcf.ca
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Heritage group looks to reopen Captain Kennedy House tea room

By Lindsey Enns

A group of community members is placing the fate of the Captain Kennedy House into their own hands after waiting three years for a timeline on repairs to the provincial heritage site.

Irene Foster, a member of the Red River North Heritage Group (RRNHG), says the RM of St. Andrews is currently collecting donations in hopes of reopening the tea room at the historic site located at 417 River Road.

"Donations are starting to trickle in. My goal is to get the restaurant functional because that's a tourist attraction ... and then there's some income there," Foster said, adding the tea room used to bring in an average of 2,500 visitors per month before it closed. "It is an icon for tourists and such a shame that it's closed."

Foster has recently written letters to the Queen, Lieutenant Governor of Manitoba and several local dignitaries in hopes of bringing attention to the need to repair the historic building.

"Irene's frustration at the lack of action from the government departments in charge of the Kennedy House led to her write to the Queen, the legal owner (the Crown) of the property," Rob Sarginson, chair of the RRNHG told the *Record* via email last week. "Irene's efforts to get the government to live up to its responsibilities as stewards of provincial heritage buildings are crucial."

The province closed the historic Captain Kennedy House in 2015, which contained a popular tea room and a museum, due to structural concerns. Renovations, expected to cost more than \$1 million, were slated to begin in 2017 under the former NDP govern-



Irene Foster, a member of the Red River North Heritage Group, holding a letter she recently received from the Queen regarding the Captain Kennedy House, says the RM of St. Andrews is currently collecting donations in hopes of reopening the tea room attached to the historic site, which was closed in 2015.

ment. However, there is currently no timeline on when repairs could take place.

"There are a number of significant structural concerns that must be addressed and the province continues to review those options," a provincial spokesperson told the *Record* via email last week. "Manitoba Sustainable Development has been reviewing options for re-opening the building, but the grounds and gardens remain open to the public."

According to a report prepared by a structural engineer in 2015, the main floor beams of the building are rotten, rock and mortar in the basement are in need of repair and there is moisture damage to the third floor and basement. In regards to the tea house, a lot of renovation work would be required to get it up to current fire and safety codes as well as heritage building standards.

St. Andrews Coun. and co-chair of the

RRNHG, Joy Sul, said the closure of the 152-year-old building has been a "huge hit to the tourism industry in St. Andrews."

"I think we as a community have to come together and get this opened," Sul added.

According to the province's website, the house was built in 1866 for Captain William Kennedy, an Arctic explorer who played a significant role in The Riel Rebellion, using stones quarried from the Red River banks at the nearby St. Andrews Rapids. Since the destruction of several early stone houses along the Red River, Kennedy House now stands as one of only seven remaining and one of only three in

good condition.

Sarginson said a petition to reopen Captain Kennedy House has been started on Change.org and they will soon be launching a website with information about their campaign.

Those interested in donating to the Captain Kennedy House can visit the RM of St. Andrews office at 500 Railway Ave. or contact the RM by calling 1-866-738-2264 or via email at office@rmofstandrews.com.



RECORD PHOTO BY LINDSEY ENNS AND FILE PHOTO

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Peguis teen reinventing classic cartoons with Ojibwe, Cree

By Justin Luschinski

What do you call a video game in Ojibwe? What about a credit card?

According to Westin Sutherland, a video game would be called a "lightning-powered game" in Ojibwe.

The 18-year-old Ojibway man from Peguis First Nation has been dubbing old children's cartoons such as "Sailor Moon" into Ojibwe and Cree. Sutherland works with language teachers to work on translating the show, bringing his language to a new generation of Indigenous children.

Sutherland said there isn't a lot of opportunities for Ojibwe children to interact with their language.

"For Ojibwe and Cree people, there's not really any programming or anything available in our language. Maybe a few educational things, but

no dramas with full fledged conversations," Sutherland said. "Children love cartoons, and they don't get a chance to experience their language if you watch something like 'Spongebob Squarepants.'"

Sutherland said the process for dubbing a show takes a lot of work. Usually he watches an episode, tries to get the gist of what they're saying, simplifying the sentence down to it's base intentions, then starts working on a script with an Elder. After the script is written, Sutherland starts having his friends and Elders work on the voice acting.

For some Indigenous teens, it's a chance to enjoy something they love in a new way.

Shannon Turner is an 18-year-old Selkirk resident, and she's a big fan

"FOR OJIBWE AND CREE PEOPLE, THERE'S NOT REALLY ANY PROGRAMMING OR ANYTHING AVAILABLE IN OUR LANGUAGE."

of "Sailor Moon." She's a big fan of the characters, the outfits, and she's creating a costume of one of the sailor scouts to wear at AiKon 2019. Although she's a big fan of Japanese pop culture, she's tried to learn Ojibwe, as



WESTIN SUTHERLAND

a way to keep in touch with her culture.

Turner said when she discovered Sutherland's dubbing work, she was excited.

"I think it's really cool. For a while I felt like I knew more English and Japanese than I did Ojibwe," Turner said. "It's great that I get to enjoy (Sailor Moon) all over again, but I get to hear it in my own language."

Sutherland said there's a lot of concepts in English that don't translate into Ojibwe.

"English is one of the hardest languages to learn, because there's so much slang," Sutherland said. "There's no nouns in Ojibwe, everything is described literally. Cartoons are silly and unique, you have to come up with new phrases."

"I remember coming up for words for finance, credit cards, stuff that you wouldn't find in a dictionary."

Sutherland said that in Ojibwe, each word acts on the next. There is no direct translation for, say, a video game, in the language.

According to the 2016 census, there are more than 70 Indigenous languages being spoken in Canada and more than 250,000 people across the country are fluent enough in an Indigenous language to carry on a conversation.

Those interested in checking out some of Sutherland's dubbing work, search "Ojibwe/Saulteaux Cartoon Dubbings by Westin Sutherland" on Facebook.

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Fundraiser to benefit Selkirk mother, daughter living with MS

By Justin Luschinski

In order for Jennifer Junor and her daughter Rylie to live a healthy life, they must pay more than \$6,000 a month in medical expenses. But now her best friend Krystal Kiss is hoping to alleviate that financial burden.

Kiss is hosting a Bud Spud and Steak at the Selkirk Golf and Country Club on Saturday, Oct. 20 for the Selkirk family. All proceeds will go towards helping the Junor family.

Junor said raising her six-year-old daughter is tough when you have multiple sclerosis (MS).

"My husband works in the evenings. If I work during the day, who's going to take care of our daughter? With my MS, if I don't get a good night's sleep, I can't function at all, and managing the pain is a full time job," Junor said. "I can't work full time anymore, and we've had to make a lot of sacrifices because of that."

Junor said her and Rylie, who is starting to exhibit MS symptoms, require multiple tests, medications and visits to the Health Science Centre in Winnipeg. But because of the financial strain, the family had to give up their vehicle, so they get rides from their friends and family. In total, Ju-



RECORD PHOTO BY JUSTIN LUSCHINSKI

Pictured from left to right: Darcy, Jennifer Junor and their daughter Rylie are pictured in Selkirk recently. Jennifer and her daughter are living with MS, and the family pays more than \$6,000 a month in medical expenses. An upcoming fundraiser is hoping to alleviate some of the family's financial burden.

nor's various medications, injections, and other MS treatments cost \$4,500 a month, while Rylie's treatment costs around \$1,500.

But once Rylie gets older, she will

require more robust MS medication, which can be costly.

Kiss, Junor's friend for more than 10 years, said the event needs more support.

"We've got a few businesses helping out, but not a whole lot," Kiss said. "I've been her friend for 10 years, and I want to help her, but I'm just not financially capable of doing that. I had to do something."

Junor said her husband's insurance only covers about \$600 per year. And through fighting with the federal and provincial governments, she's able to get some of her deductible reduced, but since the deductible is based on her income before being diagnosed, her costs are still very high.

Junor said she just wants to give Rylie a chance at being a normal kid.

"I remember when I was a kid, I was running around outside. Rylie's summer was spent going to the hospital and taking medication, she knows exactly where to go at the Children's Hospital. It's just not fair, a kid shouldn't know exactly where every doctor is at the hospital. I hope Selkirk can help Rylie just be a normal kid."

The Bud Spud and Steak is taking place on Oct. 20, 6 p.m., at the Selkirk Golf and Country Club. Tickets are \$30. For more information, call 204-481-4424, or find Krystal Kiss on Facebook.

Selkirk to host Ducks Unlimited Banquet, Auction on Sept. 14

By Justin Luschinski

During this year's Selkirk Ducks Unlimited Banquet and Auction, attendees will have a shot at winning a boat.

The 36th annual event will be held on Friday, Sept. 14, at the Selkirk Rec Complex. All proceeds go to preserving wetlands across Manitoba, such as Oak Hammock Marsh, which require extensive work to keep them alive.

Brad Porath, manager of fundraising events for Ducks Unlimited, says all the money raised goes directly to supporting wildlife in Manitoba.

"People often ask me 'where do you send the mon-

ey after?' I want to be clear, all the money we raise stays in Manitoba. It goes directly to projects based in the province," Porath said. "The money helps us keep our wetlands alive.

"It'll be a fantastic night."

Since its inception, the banquet has helped raise more than \$860,000 towards wetland conservation.

Porath said this year's raffle features a 14 foot duck boat and mercury motor, donated by Alliance Marine and Honda Selkirk. He said it's the largest item they've ever given away. He added he's happy they've received so much support.

"We're very blessed to be supported by large com-

panies. A lot of (companies) want to take care of the environment, and they understand how important the wetlands are to Manitobans. We get a good amount of corporate support, which we're very thankful for," Porath said.

The banquet is one of two fundraising events Ducks Unlimited hosts. The other one being the "Gander Girls" banquet, which is a women-only event where attendees dress according to a theme.

For more information about the upcoming banquet or to purchase tickets, visit ducks.ca/events or call 204-467-3312 for more information.

Correction

In the August 2 edition of *The Selkirk Record* the "Service in Brokenhead Ojibway Nation helps honour veteran's mother" story on Page 12 should have read: After years of struggle and hardship, Melvin Swan was finally able to honour his mother. Swan, who served with the Canadian Armed Forces for 12 years, held a memorial service for his mother, Mary Emma Jane Swan, on July 13 at Lake Manitoba First Nation. Swan's mother died in 2007, but he didn't have the means to conduct the service until now. The incorrect location of the ceremony appeared in the previous headline, story and photo caption. The Record apologizes for the error.

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Sweet memories of carefree summer fishing

Hi friends, how's it going?

Soon our kids will be heading back to school, which sadly means many will have to hang up their fishing rods till winter and take up school books. How appropriate it was when two fellow anglers I met last week wished to share their boyhood memories of carefree summer fishing.

Last Tuesday, quite by chance, I met, Wes Peters from Steinbach, an average, well-toned guy with a light brown short beard which did not hide his ready smile. I marveled at his pre-occupation with the outdoors and his love for fishing that started when he was a young lad. He told me that as soon as school was out in the spring, in his hometown of Landmark, he and his buddy Lance Barkman would load up their bikes everyday with rods, tackle boxes, a tiny cook stove and frying pans then peddle to the Diversion channel four miles north of town. There they spent their summer living off the fish they caught and playing along the channel banks. He remembered one time he and Lance were just standing beside the water talking and Lance's baited hook happened to be hovering a few feet above the water when a two foot jack jumped out of the water catching itself on his hook as it grabbed for the bait! That jack became brunch!

About midweek I came across another very interesting chap fishing on the Red River by Selkirk who had a boyhood fishing story. I found him relaxing in a folding chair beside his truck, rod in hand. His pure white hair, sideburns, mustache and goatee accentuated his bright eyed pleasant face. As we talked about fishing when we were kids an alerted look came over his face as the end of his rod snapped down. "Just a nibble," he said in an easing voice. "There's something down there taking one minnow of mine after another all morning," he joked as he reeled in, rebaited and cast back out into the Reds slow mov-



RECORD PHOTO BY
ARNIE WEIDL
Stella, left, and her father Charlie Mangiliat with their catch off the Hecla pier.

ing muddy water. "Who taught you to fish?" I asked our new friend, Andy Chodachek. "My older brother," Andy responded. "When I was about eight there were twelve kids in our family and brother John would take some of us in the spring to a bridge over a drainage ditch a few miles from our home in Ile des Chenes where there were saugers and suckers. We used the same snare wire we used in the winter to catch rabbits to catch fish in the spring. We would find sticks for rods and fasten a few feet of wire on it making a noose at the wires end. We would lower the noose into the clear ditch water ahead of a fish then slowly pass it over its head back to the end of its gills then we would pull up quick snaring the fish. Just as Andy finished his story his rod tip bent down again. This time we could tell he had something. I waited silently as he reeled in slowly as the fish ran just under the water every which way. "If it's an eater I have to raise it gently. I don't have a net," he said cautiously. Then his catch, a bullhead, broke water. Andy chuckled as he flicked his rod and the fish slipped the hook, "go on back in the water, I want a pickerel!" Andy shouted good naturedly at the disappearing fish.

It was another perfect windy, sun-

ny fall day as I drove up to Hecla Village last Saturday. The brightly painted houses set back along the towns winding road looked out across Lake Winnipeg waters to the mysterious Black Island. Magical Hecla has always lifted my spirits. Maybe it's because of the Icelandic blood coursing through my veins. There were a handful of anglers on the high wide concrete pier ducking intermittently from the overspray of the violent waves slamming the pier as I walked past them. "Has anybody caught anything?" I called out. They all pointed to a tall chap and a girl at the end of the pier. I made my way down to them and asked, "I hear you've been lucky today. Would you hold up your catch and I'll take a picture for the newspaper?" "Sure," the guy pulled a large bass and pickerels out of a pail. He called the girl, his daughter, over to help. "I'm Charlie Mangiliat and Stella, here, almost lost that bass," he joked. "Oh Pop," she anguished. "Yeah," he continued, "she was playing around on her phone and got a bite. In a flash the fish took her rod for a ride clinking and clunking against the big pipe guard rail on the pier with Stella running after it. She was quick though! She dove for her rod, grabbed it and landed her fish!"

See you next week, bye now.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Soup kitchen chair steps down after 16 years of service

By Lindsey Enns

René Gauthier has spent the last 16 years of his life making sure those in need of meal or a place to stay didn't have to go without.

But after serving as chair of the Our Daily Bread Soup Kitchen for the past 12 years, he says it's time for a change of pace.

"I've been working since I was 13. I have a place by the lake and I'm looking forward to spending more time with family," the 72-year-old said while sitting inside Memorial Hall last Thursday, where he has helped serve thousands of meals during his time with the Selkirk soup kitchen. "It was a challenge but it was lots of fun."

"People have always appreciated what we have done for them."

Gauthier's last official day with the soup kitchen was on Aug. 28 and when asked what he will miss most, he simply said, "the people."

"We always get so many gifts back," he said with a smile. "Just getting a 'thank you' from people that come in here for lunch."

Being a deacon at a local Catholic church is what drove Gauthier to start volunteering at the soup kitchen 16 years ago.

"Our main task is to work with the poor, the sick and the lonely so that's part of my ministry," he said. "I started working with the soup kitchen ... and I just kept going."

He said one of his biggest achievements was getting the St. Francis



RECORD PHOTO BY LINDSEY ENNS

Former Our Daily Bread Soup Kitchen chair René Gauthier, centre, is pictured alongside the soup kitchen's new co-chairs Barbara Pasaur, left, and Beverly Terhorst, right, inside the kitchen at Memorial Hall last Thursday.

Place homeless shelter up and running. The shelter was forced to close its doors earlier this year due to a lack of volunteers. The need for the shelter also declined over the years, Gauthier said.

"Unfortunately it didn't last more than three years but that was something that was needed in town," he said. "Between those three years the people themselves changed. At the

end it was always the same people."

Gauthier said over the last two years, the number of meals they have been serving has also gone down. They've gone from serving around 120 to 150 meals per day to currently averaging around 50 to 75 per day.

Despite Gauthier's absence, there are no signs of the soup kitchen shutting its doors anytime soon. Long time soup kitchen volunteers Barbara Pasaur and Beverly Terhorst have taken over for Gauthier as its new co-chairs.

Both ladies say they are looking forward to continuing their work for a worthwhile cause.

"We just want to keep it going," Pasaur said.

"We'd hate to see the soup kitchen close because there wasn't enough volunteers to do the job because out there, there are still people that are hungry and need the service," Terhorst added.

The soup kitchen is currently seeking more volunteers with cooking experience to join their team and they are always in need of donations. Those interested in more information can call Barbara at 204-754-0258 or Beverly at 204-338-3361. The soup kitchen is located inside Memorial Hall at 368 Jemima St. and is open Monday through Friday at 9 a.m. for coffee and lunch is served from 11 a.m. to 12:45 p.m.

Pasaur says Gauthier is leaving behind some pretty big shoes to fill.

"We are finding out that this is a full time job for the two of us on a daily basis," she said. "Whether its dealing with volunteers, or picking up something or we're out of something, it's an overwhelming job at times and René's been doing it for a very long time and everybody relies on him."

"We'd really like to thank René for all his years of service because it's wonderful what he has done for Selkirk," Terhorst added.

Donation helps launch website for rural, northern mental health supports

By Caitlyn Gowriluk

Thanks to a recent donation, people in rural and northern communities can now access online mental health supports with a single click.

Manitoba Farm, Rural & Northern Support Services was selected as a charity of choice at this year's Crop-Connect Conference and received money that went toward making much-needed updates to its website, said manager of counselling services Janet Smith.

"What we wanted to do with this one was just make it cleaner, brighter, easier to navigate," said Smith. "[We wanted people] to see themselves in it, to learn about what we do, and to be empowered to reach out for help if they or someone they know is struggling."

Manitoba Farm, Rural & Northern Support Services provides mental health supports to people in rural and northern communities through its toll-free number, and more recently, through an online chat support feature on its website.

What sets it apart from other mental health resources, though, is that all its counsellors have farming backgrounds, and specialize in supporting the farming community.

But this doesn't mean, as many people think, that their services are only for farmers, said Smith.

"We're also well-versed in the needs and issues that pertain to rural Manitobans, and those in the north," said Smith. "The issue that you're calling about doesn't have to do with farming."

Having services that are specifically designed with people living in rural communities in mind is an important step in making sure everyone has access to adequate mental health supports, said Smith.

"Folks that live in farming communities, rural communities and the north have really unique needs. For farmers, of course, there's the fact that in many ways farming culture is a culture. Farmers tend to have some unique stressors, often associated with their livelihood," said Smith. "Right now, we're seeing

extraordinarily dry conditions, so we're hearing from farmers that are really worried about their yields, and whether they'll have enough hay to feed their cattle."

"Farming is considered one of the world's most dangerous and stressful occupations, and so I think the fact that our counsellors all have farming backgrounds is something that can connect them, and help them build rapport with their callers. Farmers don't tend to reach out for help easily, despite the high stress levels that they experience,"

said Smith. "That is changing, [and] we're glad to see it changing, but it's taking some time."

Manitoba Farm, Rural & Northern Support Services' supports are all free and confidential, and cover issues including addictions, abuse, trauma, domestic violence and financial stress, said Smith.

Their toll-free number is 1-866-367-3276, and can be accessed from Monday to Friday from 10 a.m. to 9 p.m. Their live chat supports are available on their website at supportline.ca.

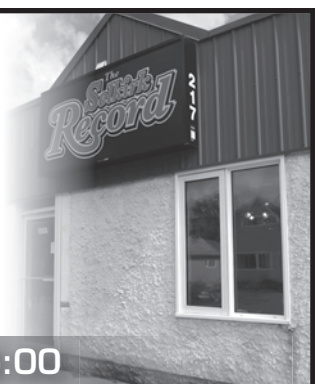
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Removal of tagged trees with Dutch elm disease gets underway in Selkirk

Submitted

Beginning Sept. 4, a private contractor hired by the City of Selkirk, will begin removing Dutch elm disease infected trees on public and private property within the City of Selkirk.

More than 350 trees with Dutch elm disease were identified and marked this summer by Province of Manitoba Department of Sustainable Development employees. There is no cure for Dutch elm disease, and the trees must be removed, as authorized under the Forest Health Protection Act.

The majority of the infected trees are on public and city property, with about 30 private properties affected. Removal is anticipated to be complete toward the end of November, with trees on city property removed first. Factors such as weather, location of the infected tree and proximity to Manitoba Hydro infrastructure can impact removal times.

Owners of private property with tagged elm trees will be asked to fill

out and sign a voluntary form that gives removal crews permission to enter the property and remove the marked tree(s). Every effort will be made to minimize disturbance to the property. The trees will be cut flush to the ground, but the stumps will not be removed.

Dutch elm disease is an introduced disease caused by a fungus that kills elm trees. The fungus is spread from elm to elm by the native elm bark beetle, which feeds in the canopy of elms and over the winter under the bark at the base of the trees. The bark beetles breed in dead and dying elm material including elms infected with Dutch elm disease.

For further information about the program, check out the Province's DED website at gov.mb.ca/sd/forestry/ded-urban/faq.html

Cost of Dutch elm disease infected trees is shared between the City of Selkirk and the Province of Manitoba.

Unique Selkirk garden find



RECORD PHOTO BY JUSTIN LUSCHINSKI

Wade and Betty Cochrane of Selkirk show off a rare find in their garden last week. Betty said two cucumbers somehow fused together and she said she's never seen anything like it.

World Suicide Prevention Day

Interlake-Eastern Suicide Prevention Committee strives to promote awareness

Submitted

Sept. 10 is World Suicide Prevention Day and the Canadian Association for Suicide Prevention's (CASP) theme for this year is "Working Together to Prevent Suicide."

Taking a minute to reach out to someone in your community – a family member, friend or even a stranger – could change the course of someone's life. But suicide prevention is not just about one day a year, it's what we all

do "on any given day" that could make all the difference in someone's life.

According to CASP estimates, each day in Canada, 10 people end their life and 200 make a suicide attempt. Suicide occurs across all age, economic, social, and ethnic boundaries. The pain that leads individuals to take their lives is unimaginable, and their deaths leave countless family and friends bereaved and their communities impacted.

The Interlake-Eastern Suicide Prevention Committee is an example of how

preventing suicide needs to be everyone's responsibility.

The committee is dedicated to fostering hope and to ultimately alleviate the impact of suicide for all individuals and is working together across jurisdictions to promote awareness, lessen stigma and provide mental health resources across the region.

Jill Hodgson-McConnell, Interlake-Eastern RHA's Mental Health Clinical Specialist, who chairs the committee, says that the structure of the committee itself shows that it's up to all of us to work together to prevent suicide.

"The responsibility of suicide awareness – whether through intervention, prevention, and post-intervention -- does not rest solely within one professional practice or jurisdiction. Therefore, the purpose of the Interlake-Eastern Suicide Prevention Committee is to provide a foundation for services and community stakeholders, individuals with experiences of suicide, and their family members/natural supports, to plan, recommend, develop, implement, support, coordinate, and evaluate suicide intervention and prevention efforts".

On Sept. 10, the Interlake-Eastern RHA will be posting a full day of posts on our Facebook and Twitter to share resources on preventing suicide. We invite everyone across the region to work together towards preventing suicide on this day and #onanygiven-

day

If you or someone you know may be in crisis, the Interlake-Eastern RHA's crisis line is available 24 hours a day to provide help. Call toll-free at 1-866-427-8628 or 204-482-5419. If you need help beyond a phone call, the Mobile Crisis Unit can conduct a community visit. To learn more about Interlake-Eastern RHA's crisis services, visit our web page at ierha.ca/default.aspx?cid=13366&lang=1.

Online resources for learning how you can reach out to help prevent suicide:

- Interlake-Eastern Regional Health Authority – Mental Health resources webpage: ierha.ca/default.aspx?cid=13360&lang=1
- Mood Disorders Association of Manitoba: canadahelps.org/en/charities/mood-disorders-association-of-manitoba-inc/?gclid=EAIaIQobChMI4ZLfuIqT3QIVT9bACh3N9gcjEAAYASAAEgKGWvD_BwE&gclsrc=aw.ds
- Anxiety Disorders Association of Manitoba: adam.mb.ca/
- CMHA – Manitoba: mbwpg.cmha.ca/
- Canadian Association for Suicide Prevention (CASP): suicideprevention.ca/World-Suicide-Prevention-Day
- The International Association for Suicide Prevention: iasp.info/wspdpdf/2018/2018_wspdp_take_a_minute.pdf

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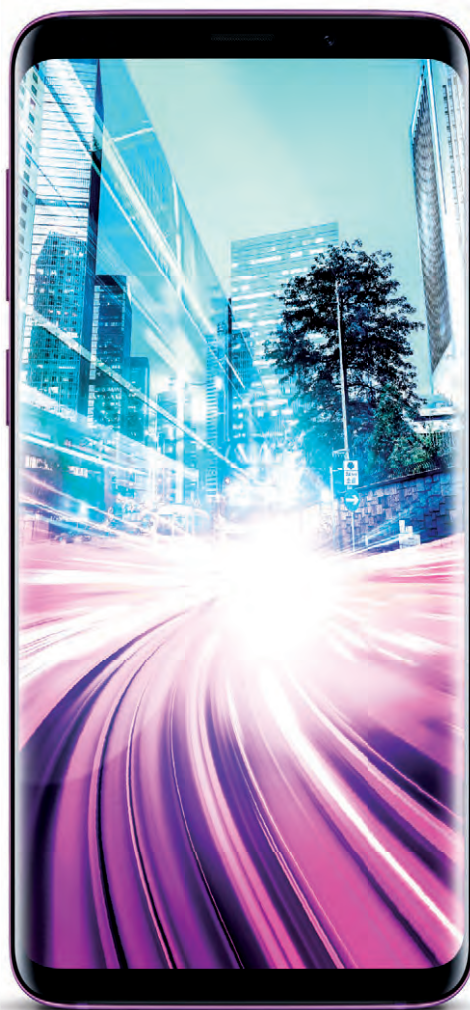
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Grand Beach restaurant beefs up fundraiser for new playground



PHOTOS COURTESY OF HOLLY BOCHURKA

Gray's Boxcar restaurant in Grand Beach held an event in support of a new playground for the community on Aug. 24. The evening included a rib-eye steak dinner, live entertainment by Glen Williams and interactive games for kids of all ages.

Submitted by Holly Bochurka

Grand Beach community members are teaming up to help build a new play structure for local and area children to enjoy.

"We all have children, and it's important to improve the infrastructure because there's so many children here," says lifelong resident and local business owner, Tyler Gray. "Things have been slow, and there's downsizing, but there's still a lot of kids and it won't be long before there's even more kids and they need proper facilities."

Gray is the owner and operator of Gray's Boxcar restaurant, and beach-front concessions that include a specialty coffee shop, burger and ice cream bar venues that give local kids steady work opportunities throughout the summer.

"I grew up here, it's my town," adds Gray.

Love for his community and what happens here is one of the reasons he decided to host a rib-eye steak dinner with all the fixings on Aug. 24, and donate 50 per cent of the proceeds to help fund a new play structure for the Grand Beach Community Centre. The evening included live entertainment by Glen Williams and - of course - hands-on, interactive games for kids

**"THE PLAY STRUCTURE
WOULD REALLY HELP
WITH THE LITTLE KIDS."**

of every age.

The fundraiser dinner hosted at the popular Gray's Boxcar restaurant was a success with more than 120 people in attendance; playing, visiting and breaking bread together.

"We were sold out and raised \$1,600 with the fundraiser to add to another \$5,765 in our Grand Beach Community Playground GoFundMe page, but we need at \$10,000 in order to apply for grants and have the money to start building," says Hasch, summer visitor, volunteer, and mom of two-year-old, Archer Gray.

Tracey Kirby, Playground Committee member, states that the previous play structure at the community center was condemned and removed by the government.

"We are fundraising, and have a quote of \$65,000 for our dream play structure," says Kirby. "We are only here two months out of the year to fundraise."

She points out that there are always upwards of 100 children every morning at the centre and it is a big gathering place for Grand Beach and Grand

Marais residents and visitors.

Families in the surrounding communities of Grand Marais and Grand Beach have a vision of an all-inclusive playground at the community centre where it can be of the most use. It would be closer and safer because kids wouldn't have to travel down any major or busy traffic routes to get there. This is what prompted the development of a committee, with Gray and his partner, Cola Hasch, offering to add some 'meat' to the fundraising efforts.

The Grand Beach Community Centre is the heart of the community and where fond memories continue to be made. Local teens, Ashley, Gabby, Morgan, Jack and Courtenay supervise and work at the club with upwards of a 100 children between the ages of one to 13 years of age, daily. They play interactive games and do a lot of crafts all summer long.

"The play structure would really help with the little kids," says Ashley Radlinsky (16), Club Supervisor. She adds, "creating an activity and timing, we notice a big difference (in age groups)."

Donations are currently being accepted to help Grand Beach reach its goal for a new playground. Those interested in more information can visit the gofundme.com/grand-beach-community-playground. As of last Friday afternoon, a total of \$5,765 of their \$10,000 goal had been raised.

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Local BPW members attend national convention in Ottawa

By Lindsey Enns

Two members of the Business and Professional Women (BPW) Selkirk and District chapter say they were left feeling inspired following a recent trip to Ottawa for the BPW National Convention.

"Being a first time attendee at this convention, it was very inspiring," said BPW Selkirk and District vice-president Joy Sul. "I am so impressed with the organization and I think any women in the Selkirk area can contact us and join."

"We have to build up the group."

Colleen Allan, past president of BPW Canada and current president of BPW Selkirk and District, said gender equality, fair wages and discrimination are still issues women are struggling with today. Despite that, Allan said there are plenty of women who run and own their own businesses in Selkirk and area.

"The women of Selkirk ... have really reinvented themselves and have really looked at being a real draw from Winnipeg for Selkirk," Allan said. "Our goal is to draw that business and to raise the profile of Selkirk as a des-



SUBMITTED PHOTO

Joy Sul, Business and Professional Women (BPW) Selkirk and District vice-president, pictured far right, and Colleen Allan, past president of BPW Canada and current president of BPW Selkirk and District, pictured second from right, are pictured alongside BPW International President Dr. Amany Asfour, centre, and others during the BPW National Convention in Ottawa recently.

tinuation of choice.

"We have a terrific amount of women owned businesses and that's what I want to support."

BPW aims to develop the profes-

sional, leadership and business potential of women on all levels of advocacy such as mentoring, personal development and skill building.

Sul said one of the highlights of the

national convention, which took place Aug. 10 to 12 at the Fairmont Chateau Laurier in Ottawa, was meeting BPW members and leaders from around the world from as far as Egypt, the Caribbean as well as Nepal.

"I was honoured to meet and have great conversations with these very empowering men and women," Sul said. "I was also excited to meet and speak with many delegates from across Canada attending the convention."

Allan also brought forward a commendation for the City of Selkirk for declaring March 18 as Equal Pay Day in Selkirk. To date, Selkirk has been the only city in Canada to make this proclamation. This has been carried on continuously since 2012.

BPW Selkirk and District celebrated its 65th anniversary on March 18, 2017. Currently the club has around 10 members and they are always looking to welcome more. For more information, visit bpwmanitoba.ca/clubs/selkirk.html or contact Colleen Allan directly via email at jcallean@mymts.net.

Alzheimer Society's Minds in Motion program starting up in Selkirk this month

Submitted

The Alzheimer Society of Manitoba will be offering its Minds in Motion program to Selkirk this fall.

Minds in Motion is an eight-week program that combines fitness and socialization for people with dementia and their care partners. This fall, sessions will be offered at two new regional locations: Selkirk and Steinbach. Sessions are also returning to six Winnipeg sites and continuing at four regional sites throughout the province: Gimli, Altona, Portage la Prairie and Morden. Visit alzheimer.mb.ca for more details and to register for sessions.

Minds in Motion will help partici-

pants feel empowered in their daily lives through:

- Staying Active: Physical activity can help participants feel better while reducing stress and maintaining overall health.

- Staying Connected: Including meaningful social activities is important for people with dementia and their care partners.

- Staying Engaged: Cognitive activities such as word puzzles and

memory games are good for brain health.

The two main components include 45 to 60 minutes of exercise led by a trained fitness leader, and 45 to 60 minutes of cognitively stimulating

activities facilitated by the Minds in Motion program coordinator and volunteers.

Visit alzheimer.mb.ca/mindsinmotion/ for more information and to register for a session.



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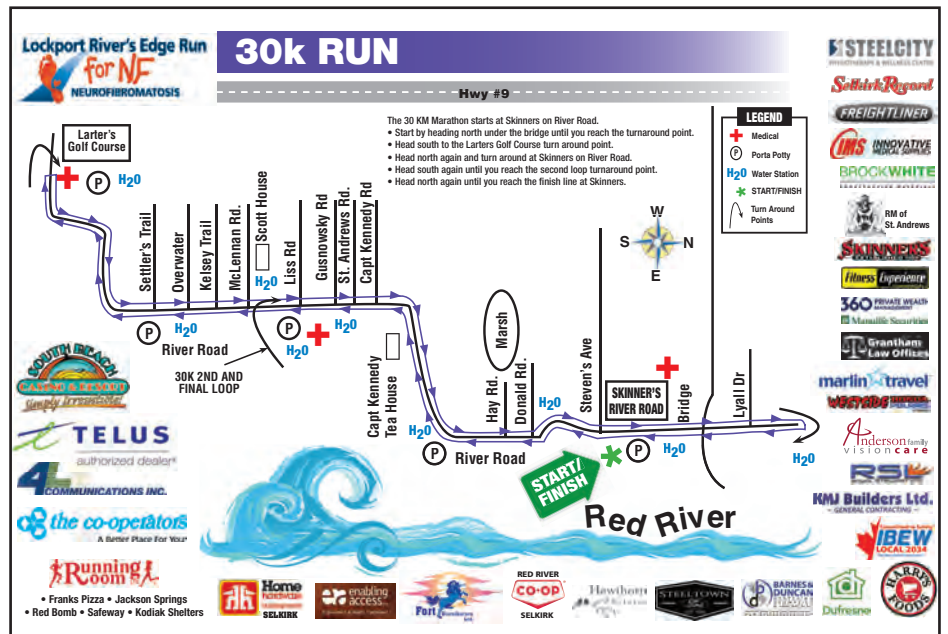
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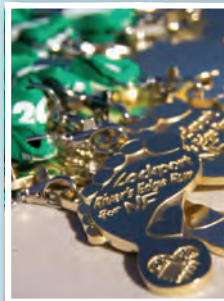
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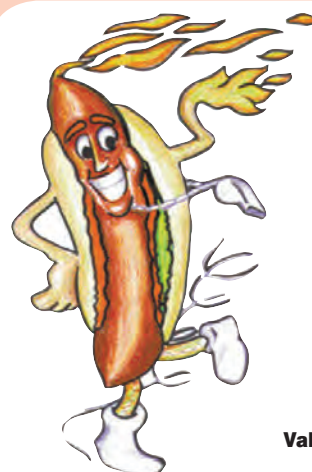
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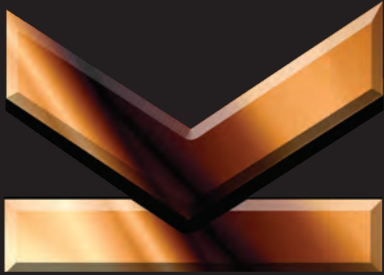


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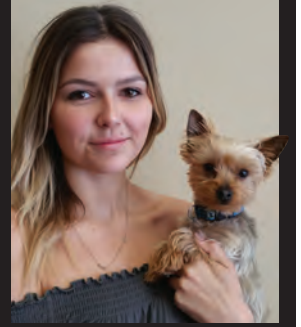


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Poblano Ranch Tacos

1 cup corn kernels
1 cup cotija cheese
1 bottle Ortega Flavor Craver Ranch Taco Sauce, to taste

Add olive oil to skillet over medium heat. Add sliced poblano peppers and yellow onion to pan. Saute until cooked through. Add squeeze of lime to pepper and onion mixture, if desired.

Bake taco shells according to package directions. To assemble tacos, add poblano and onion mixture to base of taco. Top with sliced radishes, corn and cotija cheese. Finish with taco sauce.

Makes: 8 tacos
2 tablespoons olive oil
4 poblano peppers, sliced
1 yellow onion, sliced
1 tablespoon fresh lime juice (optional)
1 box Ortega Yellow Corn Taco Shells
6 radishes, sliced



Steak Fajita Burrito Bowl

1 cup corn kernels
1/2 cup cotija cheese
1 bottle Ortega Green Taco Sauce, to taste

Add 2 tablespoons oil to skillet over medium-high heat. Cook skirt steak 5 minutes on each side. Remove steak from pan and let rest. When cooled, slice into strips.

Add remaining olive oil to skillet over medium-high heat. Saute red and yellow peppers until cooked through.

Prepare rice as directed on package. Add squeeze of lime and taco seasoning. Stir to combine.

Prepare tortilla bowls as directed on package. Fill with rice, shredded lettuce, sliced steak and peppers. Top with diced avocado, corn and cotija cheese. Finish with taco sauce.

Makes: 4 bowls
3 tablespoons olive oil, divided
1 pound skirt steak
1 red pepper, sliced
1 yellow pepper, sliced
1 package instant rice
1 tablespoon fresh lime juice
1/2 packet Ortega Original Taco Seasoning
1 Ortega Bakeable Tortilla Bowl Kit
3 cups green leaf lettuce, sliced
2 avocados, diced



You Also Should Think About the Present

tice how often, like a curious little puppy, it has wandered from where you told it to stay.

And yet, if you can simply pay attention to the weeds you are pulling, the dishes you are washing, the child you are playing with, or the traffic around you, you will notice how much more peaceful you feel. Not thinking about what happened back at the office, how you will get those grass stains out, or who you are angry with, will free you to just be present in the moment. Try doing this throughout the day. You will soon notice that regardless of what is happening in your life, during the time you are staying completely in the present, you feel happy, and peaceful. That is because beneath all the chatter of our thoughts, opinions and judgments, our true nature is characterized by inner joy and calm.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

What is the shortest path to peace of mind? Surprisingly, it is to stop thinking. It is the mind itself that creates its own turmoil. The mind works in the service of the ego, evaluating everything as positive or negative. If the mind decides that a situation or outcome is negative, this may then trigger the emotions. An emotional reaction fuels more thinking, leading to more emotions, and on and on. Most often the mind is focusing on the past, or else into the future.

We have no control over either. Worry about the past leads to guilt, regret or resentment. Worry about the future produces anxiety. Perhaps this is why so many of the wisdom traditions emphasize the importance of just being in the present moment. This is not always easy to do. Just notice your own mind, as you try to stay focused on just what you are doing in any moment. No-



Southwest Chicken Salad

3 cups green leaf lettuce, sliced
1 can Ortega Black Beans
1 cup corn kernels
2 avocados, diced
1 tomato, diced
1 cup cotija cheese
1 bottle Ortega Flavor Craver Ranch Taco Sauce, to taste

Add olive oil to skillet over medium heat. Coat chicken with chili powder. Cook chicken 8 minutes on each side, or until cooked through. Remove chicken from pan and let rest. Slice chicken into strips when cooled.

Prepare tortilla bowls as directed on package. Fill with shredded lettuce, black beans, corn and sliced chicken. Top with diced avocado, tomato and cotija cheese. Finish with taco sauce.

Makes: 4 bowls
2 tablespoons olive oil
4 chicken breasts
2 teaspoons chili powder
1 Ortega Bakeable Tortilla Bowl Kit

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Lundar Chicken Farm opens its doors to visitors for Open Farm Day

By Jeff Ward

A high-tech broiler chicken farm just south of Lundar will open its doors in a few weeks to allow visitors a chance to see the operation in action.

Pleasant Oak Farm and Ranch Ltd. run by Stuart and Theresa Nikkel houses 20,000 chickens in their facility located just south of Lundar on Hwy. 229. Open Farm Day 2018 is Sept. 16 and Stuart Nikkel said he is looking forward to seeing people come by and experience what his farm is like. This year there are 43 farms participating in the annual event organized by the Manitoba Association of Agricultural Societies with four of those locations are in the Interlake. The gates open at 10:30 a.m. and there will be a lunch made with Manitoba grown chicken as well. Nikkel said that visitors can expect to see young chickens and will get a tour of the facility. The viewing will be done behind glass as the site is under biosecurity measures to ensure the animals remain healthy. Nikkel said that last year he and his family toured some of the other farms for Open Farm Day and was asked by Manitoba Chicken Producers, where he also serves as vice-chair, if he would host.

"I asked my daughter, she's nine next week and she said yeah because we went to a couple spots last year and thought it was fun," said Nikkel.

"The broiler chickens are generally a fryer bird. From 1.75 kilograms to maybe 2.2. It's the most popular choice for processors, retailers, restaurants, that seems to be the size of birds they want the most."

Every seven weeks birds will be transported to processors and new chicks that are between 18-20 hours old are brought in. Nikkel said that

the chickens are primarily of the Ross breed and that sometimes he'll get Cobb chickens from the hatchery. It takes some time to clean the facility before the new chicks are brought in and Nikkel's farm could see close to 100,000 chickens a year. The process of how they're raised, how the building is climate controlled and what the day to day duties are will all be explained to visitors.

Nikkel said that his farm is very transparent and while visitors will be viewing the operation from behind glass, he'll answer any questions people have and educate visitors about what chicken producers do.

"We'll let people see how the birds are raised. They're roaming free in the entire barn, they're not in a certain sized compartment. They have good bedding straw that they're running on and people will get to see all of that," said Nikkel.

The other Interlake farms participating in Open Farm Day include Overby Bison Farm, Mission Trail Farms and Lundar Ag Society.

Overby Bison in Inwood will open their gates with hosts Ken and Iris Overby providing tours of their bison pasture at 1 p.m. and 3 p.m. They will be open from 1 p.m. to 4 p.m.

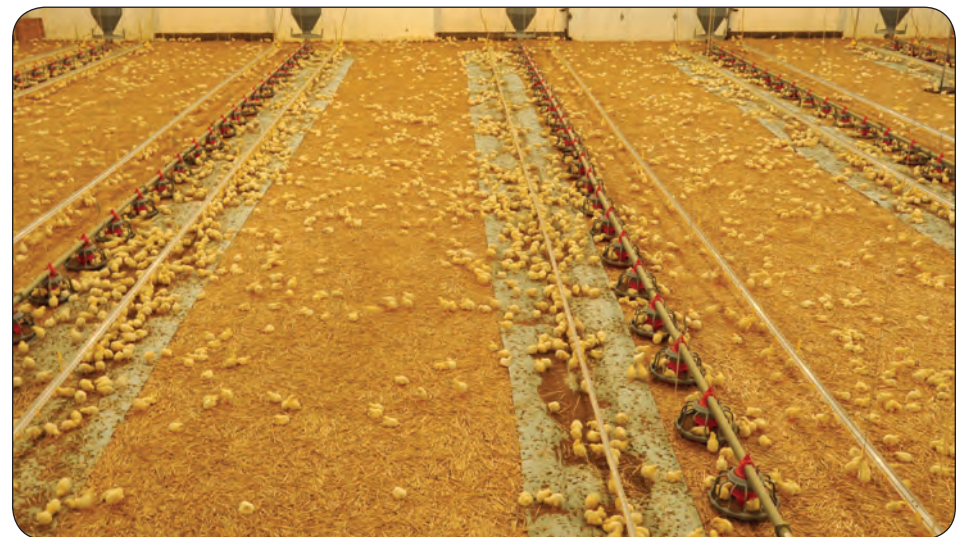
Mission Trail Farms in Gimli run by the Porteous family will open their dairy farm for tours and a milking demonstration. They will be open from 10 a.m. to 4 p.m.

The Lundar Agricultural Society will host a variety of events like a petting zoo, horse and wagon rides and farm equipment display. This will take place at the Lundar Agricultural Society ground in Lundar from 10 a.m. to 2 p.m.



RECORD PHOTO BY JEFF WARD

Stuart Nikkel's broiler chicken farm will open its doors on Sept. 16 for Open Farm Day. The facility houses 20,000 chickens.



RECORD PHOTO SUBMITTED BY STUART NIKKEL

New chicks that are only 20 hours old will spend approximately seven weeks inside Pleasant Oak Farm and Ranch Ltd. before being shipped to processors.

Bright lights celebrate sister-city anniversary

By Jennifer McFee

Prepare to be dazzled by Canada's largest light lantern festival that celebrates the 30th anniversary of the sister city twinning between Winnipeg and Chengdu, Chi-na.

Lights of the North launched at the Red River Exhibition Park on Friday, Aug. 31 and it will provide a luminous outing for the next six weeks until Oct. 14.

The festival is the largest show of its kind ever displayed in Canada, featuring more than 50 lantern exhibits. In many traditional Chinese festivals, lanterns symbolize luck and hope.

In addition, dozens and dozens of artisans travelled from China to set up

the local exhibit, which spans nearly 10 acres. Must-see displays include a larger-than-life polar bear made entirely out of ping-pong balls and surrounded by a background created out of water bottles. As well, a sprawling Chinese dragon is constructed primarily out of plates.

The atmosphere is ideal for families, since children will love to take in the sights and sounds Dinosaur World, complete with a mosasaur in honour of Morden's museum, as well as a brightly lit dinosaur maze.

Illuminated by millions of LED lights, the exhibits include replicas of Manitoba must-see destination such as the 15-metre-high replica of Mani-

toba Museum for Human Rights and the legislative building, along with other exhibits of iconic Chinese images.

Since Winnipeg's twin city relationship with Chengdu brought two giant panda bears to the zoo in 1989, the light show also includes a bright and beautiful panda display.

In addition to the spectacular light displays, Lights of the North also features vendors of traditional arts and handicrafts along with authentic Sichuan and Canadian food for purchase.

Of course, no visit would be complete without watching a live performance by Chengdu acrobats and dancers, who demonstrate their jaw-

dropping skills on an outdoor stage.

Winnipeg is the first city in Canada to host this light show, which has lit up smiles in China, South Korea, Europe and the United States. This lantern light festival also acts as an unforgettable way to celebrate the Canada-China Year of Tourism in 2018.

For more information about Lights of the North, visit www.lightsofthenorth.ca, call 204-940-2702 or email info@lightsofthenorth.ca.

Tickets are available online at a cost of \$25 for adults, \$20 for seniors or kids aged four to 12, and free for kids age three and under.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

U.S. Olympian speed skater visits Selkirk

By Brian Bowman

It's not every day the Selkirk Rec Complex plays host to a four-time U.S. Olympic medal winner.

But that was the case last week as Chicago's Shani Davis was a guest coach for an instructional speed skating camp. The Interlake Speed Skating camp was put on by the local club and the Manitoba Speed Skating Association.

"It was a really great experience for the kids," said Manitoba Speed Skating Association executive director Elizabeth Derraugh. "I really think they enjoyed their time with Shani here and they learned a lot from him."

It's a rare treat to have an Olympic medal winner making the trip to Manitoba.

"It's absolutely incredible that we could get someone with his talent and his resume," Derraugh said. "We had some connections which (allowed us) to get someone with his ability. He's someone with a different experience. He went to the Olympics in both short track speed skating and long track, specializing in both."

"Many of the people that come in specialize in short track or long track. This was a great way for them to gain as much (knowledge) as possible."

An estimated 30 kids came out to Selkirk for the camp. That's a good number, considering it's not quite skating season and school just started this week.

"We had a quite a range in ages, I think our oldest was 16 or 17 and as young as 10 years old," Derraugh noted. "Having 30 for the full six days (two days of the camp were held in Portage la Prairie for provincial team members) was good because people are still in summer mode. It wasn't an easy week of training for them - they were training like eight hours a day. It was a long week for them but I think they all got a lot of

"IT'S ABSOLUTELY INCREDIBLE THAT WE COULD GET SOMEONE WITH HIS TALENT AND HIS RESUME."

value out of it.

"The kids had a great time and really connected with (Shani). He responded so well and his energy and personality with the athletes was great."

Derraugh said the sport of speed skating is doing well in Manitoba despite not being considered a "big" sport when it comes to membership.

But Manitobans have done well in competition with some elite athletes. Alexa Scott, a local athlete from Selkirk, is one of the province's best speed

skaters.

"She has great potential and trains out of the Interlake club," Derraugh noted. "The Interlake club is a great club and they are very active within the province."



RECORD PHOTOS BY BRETT MITCHELL

An estimated 30 kids took part in the speed skating camp last week at the Selkirk Rec Complex.



Four-time U.S. Olympic medalist Shani Davis, right, was an excellent instructor at the speed skating camp that was held in Selkirk last week.



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Thunder begin new football season Friday

By Brian Bowman

The Interlake Thunder will be under the lights this Friday when they make their debut in the Rural Manitoba Football League.

Interlake will be heading west to Saskatchewan to battle the Moosomin Generals for a 7 p.m. kickoff.

It's an exciting time for the Thunder as they play for the first time in their new nine-man league.

"We're playing a team here that has been in the final the last two years," said Thunder head coach Mitch Obach Tuesday morning. "They were undefeated until they lost a nail-biter in the finals. We look at them as a tough opponent and they'll probably be as ready as any team in the league for Week 1."

Interlake has been practicing the past three weeks and is eager to play

against - and hit - someone in a different jersey.

"This is a good group and our (roster) number is at 35, which is perfect for nine-man football," Obach said. "It gives us depth and guys are still going to find time on the field."

"It's not like we're overloaded with players."

The Thunder is confident they will have a very competitive team this season.

"This is a super-talented team, which is what you need in nine-man, so we're pretty excited about that," Obach said. "When I look at the defence, you have all these linebackers and db's that seem so interchangeable whether they're playing inside linebacker or corner. If they're in a backup role, any one of these guys can step up and get the job done, which is

what we like to have on this team."

Interlake, though, will have a tough test with a road game against Moosomin to begin the season.

Still, the Thunder are more than ready to see how they will fare against one of the league's top teams.

"We have Friday night lights to kickoff the season in Saskatchewan, so we're super excited," Obach said. "We'll have a good week here and we'll see what we can throw at them. They're one of the top teams in the league."

Interlake players don't have a whole lot of experience playing nine-man football. That could be a problem early in the season.

"A couple may have played (nine-man) when they were little kids," Obach noted. "They haven't really played nine man but that has been a

big focus of our camp leading up to this point.

"Hopefully, it's making more sense to them every day because there are adjustments and sometimes responsibilities within a position that are a lot different in nine-man compared to 12."

The nine-man game is more wide open than the traditional Canadian game.

"They are seeing the excitement and the upside that nine man brings," Obach said. "It's a bit more of a wide-open game, more of a speed game."

"And, in my experience, it's a ton of fun."

The Thunder's first home game of the season is Sept. 14 when they host the Park West Outlaws at Stonewall Collegiate. Game time is 5 p.m.

Portage to host 2020 National Junior 'A' Hockey Championship

Staff

Canada's National Junior "A" Hockey Championship is returning to Portage la Prairie in 2020.

The Portage Terriers of the Manitoba Junior Hockey League will play host to the 50th edition of the tournament from May 9-17, 2020 at the 1,675-seat Stride Place.

The 2020 National Junior "A" Championship represents a partnership between Hockey Canada, the Canadian Junior Hockey League, the MJHL, and Hockey Manitoba.

"We are extremely grateful for the opportunity to bring Canada's National Junior 'A' Championship back to Portage la Prairie after the success we enjoyed in 2015, and for the continued support from local organizations and community members of our efforts to bring national events to the city," said Dave Patsack, co-chairman of the local host committee on the MJHL website.

"With just under two years until we welcome the event to Stride Place, preparations will begin immediately to ensure the 2020 National Junior 'A' Championship exceeds expectations for all teams and fans in attendance."

Canada's National Junior "A" Championship will celebrate its 50th anniversary with a return to the province

where the original Centennial Cup was created in 1971. It will mark the sixth time Manitoba has welcomed the event.

It was previously hosted in Portage la Prairie (2015), Dauphin (2010), Flin Flon (2001), Winnipeg (1973 and 1992) and Brandon (1973).

The Terriers have appeared in Canada's National Junior "A" Championship five times (1973, 2005, 2011, 2012, 2015) and have captured the national title twice.

The Terriers most recently won in 2015 when Portage la Prairie first hosted the event and claimed their first national championship in 1973 when Brandon and Winnipeg welcomed the championship to the province for the first time.

"The City of Portage la Prairie has proven to be an excellent host for Canada's National Junior 'A' Championship and the Portage Terriers are proven competitors in the national championship with two titles in franchise history," said Brent Ladds, president of the Canadian Junior Hockey League.

"Based on the success of the event in 2015, fans and teams can expect to be treated to an outstanding experience. We look forward to welcoming Can-

ada's top Junior 'A' teams and hockey fans back to Portage la Prairie in 2020."

The championship will bring together the top Junior "A" teams from across the country, along with the host Terriers, to face off for the national championship.

Schedule and ticket information for the 2020 National Junior "A" Championship will be announced at a later date.

For more information on the 2020 National Junior "A" Championship, please visit HockeyCanada.ca or follow along via social media on Facebook or Twitter.

In other news, there will be a few new faces in head-coaching roles for the upcoming MJHL season.

Here in Selkirk, the interim tag was removed back in April as Nick Lubimiv prepares for his first full season as head coach and manager of hockey operations for the Steelers.

"I'm extremely excited," Lubimiv told MJHL Web Correspondent Lanny Stewart. "It's been a goal of mine since I started coaching 10 years ago to work in this league and I hope to make the most of it."

Lubimiv, who has been with the Steelers' organization the past three seasons, plans on continuing to im-

plement a puck possession style of play to the team.

"When we get the puck, we have to make sure we're working hard to keep it," he said.

In Winkler, Steve Mullin will take over behind the bench for the Flyers, replacing Ken Pearson. Mullin spent several seasons as the club's assistant coach and it will be his first season as an MJHL head coach.

Up in OCN, the Blizzard have decided to turn to Matt Summers to lead their organization. Summer played with the Blizzard from 2003-06.

Meanwhile, Doug Hedley is back for his third stint with the Dauphin Kings as head coach and GM.

Out west in Waywayseecappo, Taylor Harnett returns for his first full season after taking over as the Wolverines' head coach and general manager near the midway point of last season.

The Steelers will begin their pre-season Friday (7 p.m.) when they play the Blues at the MTS Iceplex in Winnipeg.

Selkirk will then host Winnipeg on Saturday (7:30 p.m.) at the Rec Complex.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Plenty of talent at Steelers' rookie camp

By Brian Bowman

The Selkirk Steelers had an impressive showing of young talent at their rookie camp last weekend.

And they hope that level of play continues at this week's main camp.

"We like our crop of younger players, there's no doubt about it," said Steelers' head coach and director of hockey operations Nick Lubimiv.

"There's some good talent out there. From the end of winter to the beginning of fall, you could really see the development."

Selkirk had a nice number of 70 hopefuls come out to its rookie camp. The Steelers could have had more, said Lubimiv, but felt 70 was a good number to work with.

"We wanted to keep the level of play and quality of play at a higher number and higher level," Lubimiv said. "It was a number that worked for us and I think some of the other (MJHL) teams would have been happy and thrilled to get 70."

Twenty of those rookie players will join another 20 older ones at the main camp, which began this past Tuesday.

The Steelers planned to hold intrasquad games Tuesday and Wednesday before they practice Thursday.

On Friday at 7 p.m., the Steelers will visit the Winnipeg Blues at the Bell MTS Iceplex. Both teams will have a large percentage of rookies in their lineups although Lubimiv said each team will have about "five or six" players that have MJHL experience.

Saturday will see the Steelers host the Blues for a 7:30 p.m. matchup at the Selkirk Rec Complex. That game will feature more veterans sprinkled into the lineup.

The Steelers expect to pare down their roster to



RECORD PHOTO SUBMITTED

The Steelers had 70 hopefuls come out to its rookie camp last weekend.

"28 or 30 players" after Saturday's game.

The remainder of the Steelers' exhibition schedule includes road games against Steinbach (Sept. 14) and Winnipeg (Sept 18).

Selkirk will host another exhibition game Sept. 15

when the Pistons visit the Rec Complex.

The Steelers will begin their regular season Sept. 22 when they host the defending-Manitoba Junior Hockey League champion Pistons.

Hockey Manitoba accepting host provincial applications

Staff

Hockey Manitoba is now accepting applications from minor hockey associations to host a 2019 provincial tournament.

The deadline for submission is Oct. 31. Associations must review the hosting criteria document prior to completing their host application.

Hosts will be confirmed in early November.

Approximately 25 communities across the province host provincial tournaments each year as an estimated 250 teams - and 4,000 players - compete for a chance to win a provincial championship.

Various provincial categories are held in both male and female hockey in the Atom, Peewee, Bantam

and Midget age divisions. Host sites in all categories are determined each October and teams enter their appropriate category to compete in February and March.

Hockey Manitoba keeps fans up to date on all the action with draws, scores and statistics available online.

Larters, Selkirk compete at Women's Interclub 'B' Golf Championship

Staff

The Tuxedo Ladies Golf Club finished with a gross score of 327 for a two-stroke victory over Pine Ridge and Portage at the Women's Interclub "B" Championship last Thursday at the Transcona Golf Club.

Rounding out the top five were Southwood (330) and Niakwa (333).

Larters at St. Andrews Golf and Country Club finished tied for seventh with the Grand Pines Golf Club, each with a gross score of 338.

The Larters' team featured Rachelle Berard (113), Terry Bowles (111), Rina LaClaire (114), and Kim Ward (114).

The Selkirk Golf and Country Club placed

12th with a 350 gross score.

Their team included Martha Cinch (133), Stephanie Cole (120), Dot Dmyterko (113), and Doreen Kubic (117).

Meanwhile, the Men's Senior Interclub Championship will take this Friday in Neepawa to wrap up Golf Manitoba's championship schedule for 2018.

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Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

Lakefront property \$39,900. Only 10 lake lots left! Price reduced to sell. Sand beach, no building time restrictions. Established area with many cottages. Warren, Royal LePage 204856-3076. www.lakelifemanitoba.ca

Lot for sale: Located in Beausejour at 664 Elm Street. 100 ft. by 150 ft. Phone 204-781-7937.

Guntton - large vacant residential lot in town. Mobile homes are permitted on approval. Why pay monthly rent when you can own? \$69,900. Call 204-467-8537.

PrairieSky Royalty Ltd. is a publicly-traded company in Calgary that acquires oil & gas fee title and royalty interests at fair market value. To receive a cash offer, call 587-293-4008 or visit www.prairiesky.com. Selling-Your-Royalties.

Approximately 430 acres cultivated. RM of Prairie Lakes Belmont area. Highest tender not necessarily accepted. Phone 204-523-6366.

Beautiful spacious 2 bedroom apartments available immediately in Tollak Apartments rent starting at \$918, parking extra. All utilities included in the rent. Please call 204-485-0246 for rental information.

49 Captain Kennedy Rd, St. Andrews. Fri., Sept. 7- 4:30-7; Sat., Sept. 8- 9-7; Sun., Sept. 9- 9-5. Kids collectibles, games, household, clothes, etc. See us on kijiji. Rain or shine.

Flyers	Envelopes
Brochures	Invoices
Business cards	Estimate sheets
Stickers	Posters
Window decals	Memo pads
Social tickets	Post cards
Door hangers	Presentation
Letterhead	Folders

Call **204-785-1618**

take *a break*
> GAMES

SUDOKU

	9	8				5		
	4	2					3	
			8		7	4		
1				5				9
6			3	2			1	
					9		2	4
		4		6				
	1		5					3

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	9	8	4	1	2	5	6	7
7	4	2	6	9	5	8	3	1
2	6	1	8	3	7	4	9	2
1	8	3	7	5	6	2	4	9
4	2	7	9	8	1	3	5	6
6	5	9	3	2	4	7	1	8
8	3	5	1	7	9	6	2	4
9	7	4	2	6	3	1	8	5
2	1	6	5	4	8	9	7	3

Sudoku Answer

[illegible]

Crossword Answer

CROSSWORD

1. Feel pain
5. Interest rate
8. Long narrative poem
12. Sedimentary rock
14. No (Scottish)
15. Ribosomal ribonucleic acid
16. Sleep gear
18. One who buys and sells securities
19. Cincinnati ballplayers
20. Of the backbone
21. Car mechanics group
22. Iranian village
23. Canadian peninsula
26. For all ills or diseases
30. Known for his "razor"
31. One who plays the viola
32. Resinlike substance
33. Educational association
34. Inappropriate
39. A team's best pitcher
42. The cost of bus travel
44. Badgerlike mammal
46. Popular sport in Ireland
47. Written works
49. Pop
50. Consumed
51. Something comparable to another
56. Wild goat
57. One-time space station
58. Outline of a plan
59. Actress Petty
60. An electrically charged atom
61. Chewed and swallowed
62. Bones (Latin)
63. Central nervous system
64. Type of pipe

CLUES DOWN

1	2	3	4			5	6	7		8	9	10	11	
12				13		14				15				
16					17	18				19				
20						21				22				
				23		24				25				
26	27	28	29					30						
31								32						
33										34	35	36	37	38
				39	40	41		42	43					
			44	45				46						
	47						48							
49					50				51		52	53	54	55
56					57				58					
59					60					61				
62					63					64				

1. Vipers
2. Pal
3. One who has been to Mecca
4. Energy and enthusiasm
5. Leaf-footed bug genus
6. Southern belle accessory
7. ___ de Mornay, actress
8. Print errors
9. Preceding
10. Asian nation
11. The people in a movie
13. Liberate
17. Strong laxatives
24. Tub
25. Happening
26. Polyvinyl acetate
27. Small island (British)
28. Neither
29. The G.O.A.T.
35. What Goodell oversees
36. One who engages in Dawah
37. Tall, rounded vase
38. Electroencephalograph
40. Made of clay and hardened by heat
41. Great happiness
42. Chinese surname
43. Supposed emanations
44. Travelers
45. Loss of bodily movements
47. Los ___, rock group
48. Seabirds
49. Used to store grain
52. Whale ship captain
53. "Joker" actor
54. Portends good or evil
55. Organized group of criminals

Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

CITY OF Selkirk

NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:

Wednesday, September 12, Thursday, September 13, Friday, September 14, Monday, September 17 and Tuesday, September 18, 2018, between the hours of 8:30 am and 4:30 pm at the City of Selkirk Civic Office, 200 Eaton Avenue, Selkirk MB, I will receive nominations for the offices of Mayor and Councillors (six to be elected) of the City of Selkirk.

The nomination deadline is **Tuesday, September 18, 2018 at 4:30 pm**. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters. Each nomination shall also be accompanied by the Candidate's Declaration of Qualification.

Nominations may be filed in person at the above location, on the date and hours specified, by an agent, or by fax. To obtain a nomination paper, and / or Candidate's Declaration of Qualification, contact the S.E.O. at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

Alison Sinclair
Phone 204-785-4907
Fax: 204-482-5448
Email: elections@cityofselkirk.com

Dated at the City of Selkirk on August 7, 2018

Alison Sinclair, Senior Election Official
City of Selkirk

- SUPPORT LOCAL BUSINESS - SHOP LOCAL

PUBLIC AUCTION SALE

32 foot **BAYLINER CONQUEST**,
Motorized Leisure Boat
Named: *Priority One*

Date: **THURSDAY, SEPTEMBER 13, 1:00 pm**

Venue: **Office of MOORE and Assoc, 407 Main St., Selkirk**

Boat can be viewed at
Gull Harbour Marina, Hecla Island
Owner Dr. SV Patel
Call Geoff 204-960 8183 or
Paul 204-998 9096

FIREWOOD

Seasoned Birch and Pine available. Fast delivery. Call Toby 204-797-5836.

HELP WANTED

PT Office Assistant and PT/FT Waitress required at the Rockwood Motor Inn, Stonewall. Call Sheri at 204-467-2354.

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HELP WANTED

We are currently seeking a licensed automotive technician or apprentice for full time position. We are a full service automotive repair shop. Duties include all aspects of vehicle repairs. Must be able to work with min supervision. Must be honest, reliable and hard working. Wage negotiable. Apply: Stonewall Tire & Auto Repair, 377 1st Street East Stonewall. Email resume: stone walltire@mts.net

HELP WANTED

Swine Technician – Martin Farms Ltd. – Rmb#52 East Selkirk, Mb. ROE OMO. Martin Farms Ltd. Is looking to fill 1 full time Swine Technician position. We are looking for an individual with a minimum of 2 years experience. The starting wage is \$15.30/hr. for a 40 hour week. We are looking for someone who can work in a fast paced environment, works well with others, can also work independently if needed, be able to lift up to 50 lbs., be able to work weekends and holidays on a rotation basis, work overtime when needed, have their own transportation, be able to solve problems and also be able to communicate well both orally and written in English. The duties include but not limited to the following: feed/care of sows/piglets, processing piglets, weaning, breeding, moving animals, scraping stalls/crates, washing/disinfecting rooms, following bio-security protocol, and correctly collect data. Please email resume to ritah-caya@gmail.com or fax to 1-204-482-7080. We thank all applicants for their interest; however, only those selected for an interview will be contacted.

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204-785-1618**

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12 Patterson Dr.
Stonewall, MB

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Wed Sept 12th 4:00 PM

Estate & Moving
Wed Sept 19th 4:00 PM

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Antiques * Furniture * Misc
* Household *

(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd

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JIM CROCKATT**

Sat Sept 8th, 10:00 am

St. Laurent, MB
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South 1/2 Mile on 518
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LAWRENCE HASTMAN**

Sunday Sept 9th 11:00 am

Lockport, MB
East 4 1/2 Miles On Hwy 44 Just
Before JCT 59 Turn South on
Parkside Drive 1/2 Mile #72120

Thomas 133 Skid Steer *
Cushman 72" Frt Dsl Mower *
Honda Quad * Guns & Butcher
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Acryl Design Ltd
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740 Century St, Wpg, MB
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RURAL MUNICIPALITY OF ST. ANDREWS

NOTICE OF NOMINATIONS

NOTICE IS HEREBY GIVEN that on the following days:
• **September 12, 13, 14, 17 and 18, 2018**

between the hours of **9 a.m. to 4:30 p.m.** at the **R.M. of St. Andrews Office, 500 Railway Avenue, Clandeboye, Manitoba**, I will receive nominations for the offices of **Mayor and Councillors, Wards 1 to 6**.

The **nomination deadline** is **Tuesday, September 18, 2018 at 4:30 p.m.** Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters. Each nomination shall also be accompanied by the Candidate's Declaration of Qualification.

Nominations may be filed in person at the above location, on the date and hours specified, by an agent, or by fax. To obtain a nomination paper, and/or Candidate's Declaration of Qualification, contact the S.E.O. at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

VOTERS LIST OF REVISIONS

Voters may apply to have information changed on the List of Electors **no later than September 18, 2018.**

APPLICATION TO VOTE BY SEALED ENVELOPE (FORMERLY CALLED MAIL-IN BALLOT)

An elector, who is unable to go in person to the polling place or an advance poll for an election, may apply in writing or in person to the Senior Election Official at the Municipal Office.

Dated at Clandeboye on August 24, 2018.

Margaret Davidson, S.E.O., R.M. of St. Andrews
Sally Cote, S.E.O., Lord Selkirk School Division
R.M. of St. Andrews
Box 130, 500 Railway Avenue
Clandeboye, MB R0C 0P0
Phone: 204-738-2264 / 1-866-738-2264 (toll free)
Fax: 204-738-2500



NOTICE OF NOMINATIONS LORD SELKIRK SCHOOL DIVISION PROVINCE OF MANITOBA

NOTICE IS HEREBY GIVEN that on the following days:

***September 12, 13, 14, 17 and 18, 2018**

between the hours of 8:30 a.m. and 4:30 p.m. at the following location, Lord Selkirk School Division Board Office, 205 Mercy Street, Selkirk, Manitoba, I will receive nominations for the offices of:

WARD I - TWO TRUSTEES
WARD II - ONE TRUSTEE
WARD III - ONE TRUSTEE
WARD IV - TWO TRUSTEES
WARD V - THREE TRUSTEES

of the aforesaid Local Authority.

The **nomination deadline** is **Tuesday, September 18, 2018 at 4:30 p.m.** Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the ward, but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations must be filed in person at the above location, on the date and hours specified. To obtain a nomination paper, and/or candidates declaration of qualification, contact the S.E.O. at the telephone number listed below.

Nomination papers not accompanied by the required documents and not properly filed shall be rejected.

VOTERS LIST REVISIONS

Voters may apply to have information changed on the electors list no later than **September 18, 2018.**

Application to vote by sealed envelope (formerly called mail-in ballot)

An elector, who is unable to go in person to the polling place or an advance poll for an election may apply in writing or in person to the Senior Election Official at the Lord Selkirk School Division Board Office.

Dated at the City of Selkirk this 16 day of August 2018.

Sally Cote', Senior Election Official
Lord Selkirk School Division
205 Mercy Street, Selkirk Manitoba, R1A 2C8
Phone: 204 485 - 3104

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HELP WANTED

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

ADULT EDUCATION

Selkirk Adult Learning Program - FREE classes for adults to improve reading, writing and math, prepare for GED and Grade 12 classes. Afternoons & evenings. Enrol now! Call 204-482-7525 for info.

Trouble Walking?

Hip or Knee Replacement?

Restrictions in daily activities?
\$2,500
Tax Credit
\$40,000
refund cheque/
rebates
Disability Tax
Credit.
204-453-5372

SHARPENING

Carbide blades and chain saw sharpening. Call 204-482-4051.

MISCELLANEOUS

Red, white and black lined winter suit coat overcoat fits a men's sz XL, has been dry cleaned, EC, \$100; BN never used and still in box, study lamp, EWO, \$15; Sunbeam 2 slice toaster, EWO, \$15; LN sz 9 safety shoes, EC, \$60. Call 204-785-8598.

SHOP LOCAL
SUPPORT LOCAL
BUSINESSES

MISCELLANEOUS

Taking registrations for fall? Back to school...need new employees for the fall/winter? Have an event or something to sell or promote? Province-wide classifieds work for you and reach over 400,000 readers weekly. Call 204-467-5836 to place your ad or email classified@mcna.com for details.

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

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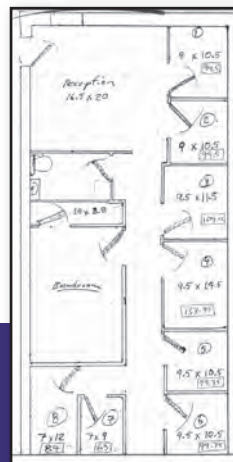
**H&R
BLOCK**

Grand Re-Opening Celebration

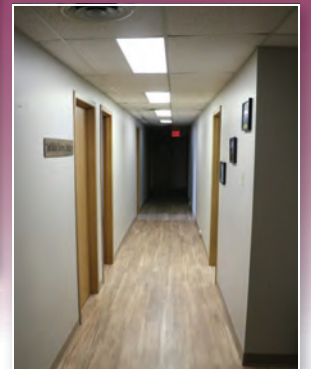
Our renovations are complete and we would love to invite you in to see what we have done and what we offer at H&R Block Selkirk.
Come for Coffee and Cake and to learn about what we have to offer!

Wed Sept. 12th, 2018 4pm - 6pm
H&R Block
366 Main Street, Selkirk Manitoba

CLANDEBOYE AVE in Selkirk Executive Mall



OFFICE SPACE FOR LEASE



*Property
Features*

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact:
BIG Real Estate
204-485-0010
emailbigandcolourful@mts.net

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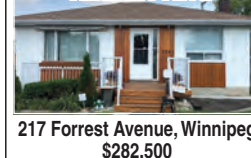


NEW LISTING



39 Reynolds Rd,
Winnipeg Beach \$289,900

NEW LISTING



217 Forrest Avenue, Winnipeg
\$282,500

SOLD



648 Taylor Road, Petersfield
\$184,900

PRIVATE RIVERFRONT PROPERTY



1138
River Road
\$619,900

SELKIRK LISTINGS

SOLD 34 Louise Bay, Selkirk \$249,000
9-305 Mercy \$154,500
SOLD 512 Toronto Avenue \$229,000
NEW PRICE 520 Moody \$224,500
NEW PRICE 315 Superior Ave..... \$154,500

COUNTRY LISTINGS

85 Peltz Dr. East Selkirk \$325,000
SOLD 443 Cil Road, St. Clements.... \$319,900
NEW PRICE 34 Grey Cresc, Pinawa.. \$325,000
1138 River Road \$619,900
655 Fort Garry Road..... \$119,900
SOLD 77091 Rd 30E East Selkirk..... \$339,500
SOLD 8937 Hwy 9 \$225,000

COMMERICAL LISTINGS

New Listing 315 Main Street.... \$270,000

LEASE AVAILABLE - COMMERICAL OFFICE SPACE
\$250/MONTH. WILL SHAPE TO MEET YOUR
REQUIREMENTS. CALL GEORGE FOR DETAILS.

COMMERICAL LISTINGS

Profitable Garage in Selkirk..... \$755,000
66 Acres MI Development \$980,000
Netley Creek Golf Course \$2,200,000
10 Dubas Creek \$195,000
4320 1 Highway N Shop and
Property Canada Way..... \$3,000,000

VACANT LAND LISTINGS

NEW 1 Hoydalo Rd 53.40 Acres \$139,000
NEW 343 Mabee Rd 32 acres..... \$90,000
655 Fort Garry Road..... \$119,000
72101 Pine Rd. S. Prime Development.... \$445,000
NEW PRICE 12 Tom Prince Dr. - Petersfield Lot \$56,900
20 White Pine - Land - Halcyon Cove \$30,000
NEW PRICE 703 Edith Ave. AVAILABLE \$21,900
New 72124 Floodway Drive S 2 Acres \$79,900
Hwy 317 & Rd 36E \$49,900
605 Cil Road 4 acres St. Clements..... \$97,500



2194 Rushman Road West
St. Paul \$619,900



9-305 Mercy \$154,500



520 Moody \$224,500



33011 Rd 83 N St.
Clements \$ 359,900



NEW PRICE 315 Superior
Ave Single
Level Home
\$154,500



80145 Rd. 31E \$296,000 St. Clements



1 LEASIDE BEACH Road
S, Pine Dock \$319,900



85 Peltz Drive, East
Selkirk \$325,000

**OUR OFFICE IS OPEN Monday to Friday
9:00 - 4:30 pm at 255 Main Street by Tim's**

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Business cards	Social tickets	Envelopes	Posters	Presentation Folders

MY CURRENT LISTINGS IN THE AREA

OPEN HOUSE SATURDAY, SEPT. 8TH 2-4PM
527 CHRISTIE AVE. SELKIRK.
NEW PRICE \$309,900 Nicely reno'd 4 bed, 2 bath. Private 62x262 lot, DT 2+ garage.

192 DUNNING RD., ST. CLEMENT'S \$155,000
 Beautiful 1.63 acre building lot in a great location, minutes to the city & no gravel to travel!

302-65 MAIN ST., SELKIRK NEW LISTING \$149,900 Lovely 2 bedroom condo. 840 ft.² with a balcony.

77128 ST. PETERS RD, EAST SELKIRK. \$399,900 Quality built in 2015, 1471 sf bungalow on 1.28 Acres.

OPEN HOUSE SUNDAY, SEPT. 9TH 1-3PM
191 DUNNING RD. ST. CLEMENTS
NEW PRICE \$599,900 Stunning home and property, no gravel to travel, minutes to the city! 3 car garage and DT shop included!

1 WESLEY DR. - \$124,900 MORE LOTS TO CHOOSE FROM - NEW PRICES - Please inquire - 4 acres, GREAT LOCATION!

#102-804 MANITOBA AVE. \$314,760 "The Brookstone" under construction. New, affordable & low condo fees! Can be ready for you in 4-6 months. Call for details.

3 HOUGHTON BAY ROAD, PETERSFIELD - \$35,000 BUILDING LOT private beach/boat launch access!

Ashley Douglas REALTOR®
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Selkirk Record
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MISCELLANEOUS

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Contact Derek @
 204-793-7465
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CRAFT SALES

Attention Crafters and Gift Vendors. Selkirk Record's Black Friday Gift & Craft Sale is Saturday November 24, 2018 at the Memorial Hall. We are now booking tables. If you are interested, please call our office at 204-785-1618 or email recordoffice@selkirkrecord.ca for registration information or to book a table.



4-H is for Everyone

Under the leadership of caring adults, youth will learn the value of belonging and develop many skills which will last the rest of their life.

Go to www.4h.mb.ca or call 204-726-6136 to find out how to become a 4-H member or leader.

UPCOMING EVENTS

Pork Dinner, Friday, September 14, 6 p.m. Hunt's Road House, Hall Road - West of #9, 1 mile South of Petersfield. Sponsored by Clandeboye - Winnipeg Beach United Church. Adults \$20. Children under 12 - \$5.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewall-elk@mymts.net

STRAW

Small square prime wheat straw for sale. Ph. 204-482-5101.

HAY

Hay for sale - small sq. bales alfalfa & timothy and 2nd cut. Ph 204-482-9291.

REMEMBER YOUR LOVED ONES WITH A MESSAGE IN THE RECORD

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Summer is winding down and we are getting back into normal routines. Would a different sized home make your routine easier? Give us a call, we can help you with that!



Kim Giesbrecht
kim@kimgiesbrecht.com

OPEN HOUSE SAT SEPT 8 1-3pm
 315 Taylor 3 bdr, fenced yard, \$189,900 Jim 204-485-2446

OPEN HOUSE SUN SEPT 9 1-3pm
 307 Dufferin, 3 bdr 2 bath with recent addition, over 50K in renos. New listing! \$249,900 Mike 204-588-7967

OPEN HOUSE SUN SEPT 9 1-3pm
 6094C PTH 9A, House with 9.2 acres. Reduced! \$327,000 Jim 204-485-2446

Dayna Clark & Calvin Kuch
daynac@mts.net

OPEN HOUSE THURS SEPT 6 7-9pm
 260 Eveline St: Breathtaking 2.5 Storey charac. 2000sf+ w/lrg rms, stunn feats. Mlti-lvl dk, stone patio w/ gaz. WOW. See for yourself! Kim 204-482-5806

73 Thurston, Ste Anne area. Beaut bung, priv 2 ac. Grnt kit, 4bd/3bth, huge FM, htd 3/garage. \$399,900. Cindy 204-979-3364

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Jim Boulton
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Carol and Allan Eames
Happy 50th Anniversary
on September 7, 2018

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-With all our love,
your family



ANNOUNCEMENT

IN MEMORIAM



Dustin Miles Trainor
June 9, 1984 - September 6, 2008
It's been 10 years.
Time doesn't fly.

-Love and missed by
his brother Branson, Dad,
family and friends

ANNOUNCEMENT

IN MEMORIAM



Bob Riter
1949 - 2013

Remembering you is easy,
We do it everyday;
It's the heartache of losing you,
That never goes away.

-Missing you always,
Chris, Kali, Rob and grandkids

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ANNOUNCEMENT

IN MEMORIAM



Kirstin Sutherland
July 17, 1987 - September 5, 2014
Loving you and missing you,
Your memory stays strong within our hearts.
-Love Mom, Dad, Katie, Kelsey

Written by Adria Shymko
(close friend of Kirstin)

"Kirstin was an amazing person and an absolute joy to be around, one of the funniest people I have ever known and also one of the happiest. She is greatly missed and never forgotten and will be heaven's most popular angel XOXOXO"

ANNOUNCEMENT

IN MEMORIAM



In Memory of Florence Atkins
much loved
Mother, Grandmother and
Great-Grandmother
March 24, 1928 - September 4, 1994
In life loved and honored.
In death remembered.
-Love your family

Announcements

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OBITUARY



Charles (Charlie) Edward Wazney

Peacefully on August 26, 2018 at the age of 89, the Lord called our loving dad to be with Him. Dad was predeceased by his lovely wife Margaret and son Jeffrey.

Dad leaves to cherish his wonderful memory his son Kelvin and wife Cheryl, grandsons Curtis and Russell; his daughter Brenda and husband Richard Aster.

Dad grew up on the family farm in Cook's Creek and then lived in Winnipeg where he proudly worked as a Carman at CN for over 30 years. In 1990, mom and dad moved to East Selkirk.

The Wazney family extends their utmost appreciation and thankfulness to Dr. Robert Zoppa and Dad's caregivers at the Selkirk Hospital.

In lieu of flowers, if you so desire, please make a donation in Dad's name to a charity of your choice.

Funeral services will be held on Friday, September 14, 2018 in the Gilbert Funeral Chapel, Selkirk, MB, at 10:30 a.m. with reception to follow the service and a private family interment will take place following the reception.

Condolences, pictures and videos may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



William Recksiedler

A chapter of Gottlieb and Henrietta Recksiedler's family was closed with the passing of William Recksiedler at the age of 95, the last of 15 children. Peacefully on August 30th, 2018 with his family at his side at the Pine Falls Hospital.

He was born on June 10, 1923 in Jackfish Lake. In 1949 he married Jeanne Prette. They spent the next 68 years in Balsam Bay raising a family, surviving life and creating a legacy for his family to remember. He is survived by his wife Jeanne; sons Herb, Arther (Valerie), and Richard (Anna); daughters Bonny (John), and Donna; six grandchildren; 12 great-grandchildren and five great-grandchildren. He is also survived by sisters-in-law Rose, Betty, Anne, Gail and Kim; brother-in-law Richard and numerous nieces and nephews. He is predeceased by his grandson Kyle and son-in-law Greg (Joe).

Dad made a living by farming, cutting pulp wood and whatever odd jobs came along. He was a very honest man and his word was golden, his reputation was everything to him. He liked to tell stories about his life to whomever would listen no matter where he was. He was quite the dancer, he and mom could wow the crowd when they were on the dance floor.

The family would like to thank everyone who visited Dad and the staff at Selkirk & Pine Falls hospitals for taking excellent care of our father.

In lieu of flowers make a donation to a charity of your choice.

Funeral Services will be on Friday, September 7th, 2018 at 1:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB.

Condolences, pictures and videos may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Jacqueline Evelyn May Baronins (nee Keith)

With deep sadness we announce Jackie's passing on August 31, 2018 after a courageous battle with cancer.

She is survived by her children Scott, Richard (Christine), Lynne (Steve) and Cheryl (Rob); grandchildren Miranda (Kevin), Caitlin, Alex (Rebecca), Matt (Meghan) and her great-grandchildren James, Calvin and Asher. She was predeceased by her husband Robert; father Arthur; mother Ethel and her sister Carole.

Services will be held at Gilbert Funeral Chapel, 309 Eveline Street in Selkirk, Manitoba on Thursday, September 6, 2018 at 2:00 p.m. A reception will be held at the Anglican Parish of Christ Church, 227 McLean Avenue in Selkirk immediately following the service with interment to follow at St. Clement's Cemetery.

Condolences, pictures and videos may be left on her tribute wall at www.gilbartfuneralhome.com

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