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THURSDAY, SEPTEMBER 26, 2019

VOLUME 10 EDITION 39

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A walk to remember

Pictured from left: Matt Andrusiek, Richard Charette, Mike Madson, and Laurie Andrusiek. The group walked 153 kilometres to raise awareness and funds for the Royal Canadian Legion's Poppy Trust Fund.

RECORD PHOTO BY LIGIA BRAIDOTTI

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Honouring those who fight for our freedom

Manitoba friends get together and walk 153 kilometres at Road to Recovery march

By Ligia Braidotti

A group of four friends engaged in a super challenging and selfless task.

From Sept. 19 to 22, Laurie Andrusiek, her husband Matt, Mike Madson, and Richard Charette walked 153 kilometres to raise funds for the Royal Canadian Legion's Poppy Trust Fund.

Road to Recovery is an annual ruck march held by Ruck to Remember, a non-profit organization that supports frontline responders such as military, law enforcement, paramedics, and firefighters.

Ruck to Remember started in Ontario by Lino di Julio. The organization is on its sixth year raising funds and awareness for issues facing veterans in Canada, but this was the first time the event was held in Manitoba and the first time it was held outside Ontario.

"It's an honour to bring awareness to this kind of situation and do what not everyone can do to bring awareness to it is kind of a big feat, but it's something that I am happy to do. I'm very proud to bring it to Manitoba and have a group of great people to pull it off for the first year," Laurie said. "It's definitely something we're going to do again next year."

The Andrusieks, Madson and Charette chose the Royal Canadian Legion's Poppy Trust Fund as the recipient of their donations. Through the funds, the Legion provides financial assistance and support to veterans and their families.

Poppy Funds are used for food, healing, clothing, prescription medication, medical equipment, home repairs, emergency shelter, housing and care facilities, funding from Veteran Transition Programs, education bursaries, and more.

The group explained the issue of homelessness among veterans is not well known in Canada, even though the numbers are pretty high. According to the 2016 National Shelter Study, approximately 2,400 veterans resorted to homeless shelters in Canada in 2016. The 2018 Point-In-Time Count provides a snapshot of homelessness in Canada, and their statistics show that veterans account for approximately 4.4 per cent of homeless individuals.

"Lino described it best when he said these guys put their lives on the line to defend our country and our lives and there's just no excuse they should be homeless," Matt said.

Despite blisters and thunderstorms, the group kept on steady and finished the march successfully. The group said the experience was honouring and rewarding. During the journey, curious drivers stopped to talk to the group and donated money to the cause.

They also mentioned people were surprised when they learned that not all of them were veterans.

"People were surprised. They just assumed we were all veterans and people were surprised where we were like 'No, not all of us are. We are just passionate about the cause.' So hopefully people go home and start thinking about that. They can help out even if they are not directly involved," Madson said.

Charette, who is from Quebec but has been living in Winnipeg, is the only one in the group with a military background. He said he understands why some veterans end up homeless and feel helpless.

"They train us to be self-sufficient, to never give up, independent, fight to the end. You help each other as broth-



RECORD PHOTO SUBMITTED

The group walked 153 kilometres from Lac du Bonnet to Winnipeg from Sept. 19 to Sept. 22.



RECORD PHOTO BY LANA MEIER

From left to right: Richard Charette, Matt Andrusiek, Mike Madson, and Laurie Andrusiek leaving the Stonewall legion to Winnipeg.

ers and sisters, but outside of that tight community you don't go ask help to so and so," he explained. "It makes me sad that those men and women don't say, 'I need help.' It's a very complex problem to solve in the end."

The group's route was determined by the number of veterans and frontline workers who died in 2018. This year, the number totalled 148 kilome-

tres. They started their journey in Lac du Bonnet Legion and stopped at the Beausejour Legion on day 1. On day 2, the group continued to the Selkirk Legion and followed to the Stonewall Legion on day 3 and finished at the St. James Legion in Winnipeg on day 4.

For donations and more information, go to <https://www.gofundme.com/f/ruck-2-remember-manitoba>

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BIG DOLLAR

New developments come to Vaughan Avenue West

By Katelyn Boulanger

The Vaughan Avenue West Project is nearing the completion of phase one. GRG Investments, a Beausejour land developer, has put up signs advertising the project and new homes that will be available.

"We've gone to a few communities and Selkirk is really on the forefront of what they want to do, what they want to see, and they have the drive to do it. It's very nice to see this and the city is going to benefit from this greatly," said Greg Crognali, a partner at GRG Investments.

The first phase of the project broke ground in April of this year after two years of planning and features the creation of 47 residential building lots.

"(Phase one) is all kind of coming to an end now. All that's left is sidewalks and paving the roads which should be done in the next two weeks," said Crognali.

"It's actually gone very well so far, because one of the properties, we have sold to a developer who's building the townhouses there, so they actually started at almost the same time we did. The city was accommodating in letting them start and now the show homes are starting to get built," he said.

The project is meant to attract first

time home buyers and seniors looking to downsize with moderate to medium-sized houses alongside townhouses which serve as rental units.

"The next progression from a rental is to get into a home so it seems to be, and the demographics show, that there is a pretty significant younger population coming to town. In my mind, I see that when you've been in an apartment for three to five years the next step is to get into a home and if we can provide a moderate home where families can make the jump from a rental to a house where your rent is not going to be much more, maybe the same as, a mortgage payment I think that's the next (step)," said Crognali.

The next phase of the project consists in the addition of another 56 lots. These lots will tuck around a retention pond system, providing a green space for residents.

"Our plan would be to start the next phase next year and then the last phase is going to be more of a multi-family commercial area," Crognali said.

More information about the project, including floor plans, can be found at vaughanavenuewest.ca and any questions can be directed to info@vaughanavenuewest.ca or 204-205-0225.



RECORD PHOTOS BY KATELYN BOULANGER

Greg Crognali stands in front of the sign that advertises the new developments on Vaughan Avenue West.



George Inch secures Vaughan Avenue West sign on Sept. 17.

Thank You

I would like to express my heartfelt thanks to the constituents of Selkirk and St. Andrews for once again placing their confidence in me to represent them in the Manitoba Legislature. On your behalf I will do my very best to be the strong voice you deserve for our constituency.

During the campaign we tried to call on every home and speak to all that were home. Thank you to all who took the time to speak with me and express their concerns, and vision for Manitoba.

I am committed to working hard for you as part of the newly elected Progressive Conservative team.

To those who volunteered countless hours and donated to help with the campaign, we couldn't have done it without your encouragement and support.

And finally to my entire Family Thank You for always being there, words are not enough to say Thank You.

Dr. Alan
Lagimodiere
SELKIRK



Heroes of mental health

Staff

The Canadian Mental Health Association Manitoba branch is holding their 2019 Heroes of Mental Health Awards on Oct. 9, at the Selkirk United Church (202 McLean Ave.) at 1 p.m. and nominations for the awards are open until Oct. 2.

The event celebrates the victories of people who live with the effects of mental health illnesses. Nominations are sought in five categories:

Individual: People who have demonstrated strength and courage in dealing with the effects of mental health illnesses and has inspired others through hope and determination, and/or has overcome obstacles surrounding mental illnesses.

Friend/Family: People who have provided encouragement and inspiration for a family member or friend during their struggles and advocated on their behalf.

Mental Health Professional: People who are dedicated to promotion, education and recovery from illness and go beyond professional expectations.

Volunteer: People who have demonstrated leadership and made a significant contribution to the mental health field and has made a positive impact on the mental health community and lives of consumers.

Organization/Business: Organizations that have made a significant contribution in the field of mental health by promotion of education, support, wellness and recovery in the mental health field and are advancing mental health by working on behalf of people with illness by donating time, money or advertising for mental health issues.

Nominations must be submitted to Tara Merlin, 435 Main St., Selkirk, MB, R1A 1V4

Local author launches children's books this weekend

By Ty Dilello

Selkirk author Susan Berry is launching two books at the Gaynor Family Regional Library this Sunday, Sept. 29 at 2 p.m. The books, *The Little Pink Pig* and *I Can Be Anything (What Could You Be?)*, are both children's lyrical poems.

Berry's inspiration for both books came from real life experiences.

"I wrote both books as poems first," says Berry. "The Little Pink Pig was a reaction to a dream I had about saving a little pig from its inevitable doom as a pig raised on a farm. I was living on a farm in Northern B.C. at the time where we only had horses and chickens, all who died from natural causes! I wrote the poem in one sitting."

"The second book, *I Can Be Anything (What Could You Be?)* was also written first as a poem, not necessarily meant to be a book for kids. Originally called, *If I Were the Wind*, it was written in response to a line I read in a book that said something like, 'if it had a choice, even the wind would want to be something more exciting.' And so I started my poem, 'If I were the wind I'd want to be a pirate ship tossed on sparkling seas, or a ghost hiding behind giant trees!'"

Previously working as a teacher, Berry had done lots of writing before with her job over the years. Now that she's retired however, she has the time to do a lot more creative writing. The first poem she had published was in the *Regina Star Weekly* newspaper when Berry was in grade three so one could say that poetry has been a lifelong passion for her.

"I worked as a Resource teacher and reading specialist for a number of years and know rhyming stories ap-



RECORD PHOTO BY CREDIT TO EARL PALANSKY

Local author Susan Berry showing off her two new books *The Little Pink Pig* and *I Can Be Anything (What Could You Be?)*

peal to kids and help them learn to read," says Berry. "After reading these poems to other writers and being encouraged to publish them, I decided to do that. I have four other books ready for publishing, as well as a book of poems for older readers, and I've had a few short stories, poems and articles published in anthologies and special

area newspapers and magazines."

"Writing essays, reports and funding applications in school and work was always something I was given credit for but writing for fun was not something I pursued until I retired."

In addition to her new releases, Berry plans to launch a couple more books this spring.

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The fish who stole the new rod

Hi folks.
The waves and swirling currents on the Winnipeg River by Pinawa churned about restlessly as Cindy Kovach from Selkirk came to stand on its bank, fishing gear in hand. Beside her, Cindy's sister, Shary, watched the mid-summer heat waves wafting above the water. Sweat poured from the women with every movement but they had come prepared. They put aside their rods and tackle boxes, shook out two expensive floating lounge chairs and inflated them. Baiting their pickerel rigs, they held their rods high as they boarded their chairs and pushed off from shore. Once out a couple of boat lengths they dropped anchors linked by thin rope to their chairs, cast out and sat back waiting for action. Cindy glanced with affection over at her sister Shary. They had been fishing buddies for as long as she could remember.

Bobbing about in her chair, Cindy looked across the water at a flock of screaming geese who kept dunking their heads and wings in the water to cool off. Even on the cold water Cindy found the heat stifling. She put her rod in the chair holder and lazily rolled over falling into the refreshingly cool river. She swam in a circle around her chair and as she climbed back onto it she saw her sister following her example. She lay back comforted in her short, wet summer wear.

The plastic of her rod holder squeaked as the rod in it twitched. Cindy shot a look at it and yes, the rods tip was jerking! She wrested it from its berth and began reeling in slowly gauging the size and kind of fish she was dealing with. "It must be big it's sitting like a log!" Cindy cried out to Shary. "Maybe a walleye; the line is shattering like it's trying to throw the hook," she added. Cindy locked her rod between her legs and flicked off the drag giving the fish slack, at the same time, with one hand she pulled

up the anchor as she paddled to shore with the other. Her chair hit the banks weeds and she jumped off kicking it aside. She put her drag on and standing on firm ground reeled her fish in.

Not far from shore her jackfish showed it's long, narrow green back as it arched up breaking the water's surface. Cindy brought it to shore thrashing from side to side in the reeds and mud. "Watch out for its teeth, it might bite your feet," Shary cautioned. Cindy stood over her catch sizing it up then quickly leaned down and with her long pliers deftly gripped and freed her hook from the jack. Proudly Cindy held her fish as Shary took a picture then they released it.

On a sunny warm afternoon last week I drove down to the Selkirk waterfront pier and spent some time swapping fishing stories with the many anglers sitting side by side in folding chairs. One thin chap with short, brown hair and goatee stood out having given me a big smile and wave. I went over to him and sat down on the raised concrete edging of the pier as he said, "I'm John Wall and I've got a story for you Arnie." I laughed pulling out my recorder, "Ok let me have it."

He recalled how, many years ago when he was thirteen, he went boat fishing with his father and family members around the Sandy Hook area on Lake Winnipeg. It was a hazy, dead calm day. They weren't far from shore as John sat beside his father proudly holding his new rod dad had just bought him. He cast out a short distance from the boat into flat mirror-like water. Soon young John saw a ripple on the lake surface. Then the water went flat again. Seconds later John's rod was torn from his hands as a fish struck his baited hook. The excited young lad jumped up in the boat screaming. That fish had stolen his new rod!

Without thinking he leapt overboard



RECORD PHOTO BY ARNIE WEIDL
Cindy Kovach with her giant jackfish.

and started swimming for his rod that was skipping away just above the water. Sadly he was not a good swimmer and was making little headway until his father cried out, "What are you doing? The water's shallow, stand up!" John's feet found the sand bottom and immediately began striding against the water after his rod. His body strained ahead and with an outstretched hand clamped onto its handle. He could feel a hard shaking from the fish on his line. He turned to the boat and putting the rod over his shoulder stomped to his fathers' waiting arms. He felt himself being pulled aboard and when settled in a seat he reeled in. Soon a master sized bass sprang wiggling from the water and young John had his fish!

Till next week, so-long friends.

View the Selkirk Record online at selkirkrecord.ca



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EDITORIAL

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Nominate your role models for the Citizen of the Year



RECORD PHOTO SUBMITTED

Bob Hebert was nominated Citizen of the Year in 2018. Nominations for the 34th Citizen of the Year are due on Sept. 30.

Submitted

There's still time to nominate your community heroes to the 34th Citizen of the Year hosted by the Selkirk and District Community Foundation.

The Citizen of the Year event recognizes people in the RMs of St. Andrews, St. Clements, and Selkirk, who go the extra mile for their community. The event will take place on Nov. 6 at the Selkirk Golf and Country Club, and the SDCF is accepting nominations until Sept. 30.

Nominations should explain how the individual has made the community a better place to live and work; provide a detailed account of the individual's volunteer contributions or professional accomplishments, as they relate to the community; and describe how the individual's actions have impacted and helped the community.

"There are hundreds of unsung heroes in every town across the country, and they never seek out attention, they just go about their days making their communities better for every-

one," Aaron Martyniw, Chairman of the SDCF, said.

Last year, Bob Hebert was selected as the Citizen of the Year for his limitless energy and dedication to Selkirk. Despite intellectual disabilities, Hebert has a resume full of volunteerism. He is the coach of the Boston Pizza Slow Pitch league, delivers pamphlets for Red River North Tourism, and volunteers at Mapleton School, Centennial School's Breakfast Program, Selkirk Friendship Centre Daycare, Tudor House Personal Care Home and Betel Personal Care Home,

and don't you forget it." Red River North Hamper Drive and St. Francis Homeless Shelter.

When Hebert accepted the award, he made sure to encourage all to be the best they can be.

"When I heard I was chosen for this award, I was shocked. I didn't think this would happen to someone like me, someone with an intellectual disability," Hebert said during an acceptance speech at the 33rd Citizen of the Year. "But I know that a person with an intellectual disability can do anything they want if they put their mind to it. There's no such word as can't,

and don't you forget it."

The event is a joyful opportunity to socialize and meet those who are using their efforts to the betterment of their communities.

Written nominations are welcome from any individual, organization, business, association or institution and can be forwarded to the Selkirk and District Community Foundation, Citizen of the Year Selection Committee, 200 Eaton Avenue, Selkirk, MB, R1A 0W6.

For more information, contact 204-785-9755 or email exdirector@sdcf.ca

Fun at Tudor House



RECORD PHOTO BY
BRETT MITCHELL

Darius Baker serves up a traditional English High Tea this past Sunday at Tudor House's annual Fall Tea.

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Selkirk shows newly expanded fire hall

By Ligia Braidotti

The City of Selkirk is going to be on fire on Sept. 28.

But of course, that's metaphorically speaking. At 10 a.m. on Sat., Sept. 28, Selkirk residents will be able to enter and see the newly expanded fire hall.

The \$3.9 million three-storey building is attached to the west side of the current fire hall on Eaton Avenue. The new building includes a truck bay for the new ladder truck, which arrived this summer and improves the function of the existing building by adding showers, lockers, and changing rooms.

It also includes a year-round, indoor training suite, a training room, administrative offices and is the new home to the city's Emergency Operations Centre.

Mayor Larry Johannson said the expansion brings the city's fire hall up to present standards and provides a proper home for a fire department that is top-notch.

"We have a fire department that is worthy of this kind of fire hall, one that gives them the training facilities they need and the proper equipment and space required for a group that does so much to protect our people and our city," Johannson said.

The Fire Hall Taskforce, which included members of the city administration, Councillors Kelly Cook and Doug Poirier, Deputy Mayor Darlene Swiderski as well as Fire Chief Craig Fiebelkorn, Captain Kelly Helgason and retired Chief Dan Thorsteinson, tackled the planning and design of the expansion. The city also engaged its citizens in the fire hall design process,

holding an open house in January of this year, another priority of the Strategic Plan.

Without the expansion, there was no place to keep the ladder truck, a much-needed piece of equipment in today's world.

"The catalyst behind the expansion was the need for a ladder truck to protect the City of Selkirk. With all the new somewhat high-rise apartments coming up, all the retail spaces coming up, you need that elevated waterway for fire suppression and rescue," said Fire Chief Craig Fiebelkorn.

"With the old space, we had no room to put a ladder truck inside. The expansion will house the truck, and it will give us an interior training suite that we can use for mock rescues, as well as office space and a training room."

Besides that, the expansion meets several criteria in the city's Strategic Plan, which plans for safe and sustainable infrastructure while getting maximum value from community resources.

Chief Administrative Officer Duane Nicol said the expansion is a strategic investment into the safety of the community.

"It is aligned with our vision for a safer community, and it is an early example of the benefits of using asset management principles and long-term planning to manage costs and provide improved municipal services," Nicol said.

The city's adherence to strong asset management principles means citizens won't be hit with a massive tax increase to pay for the expansion.



RECORD PHOTOS SUBMITTED BY CITY OF SELKIRK

The new expansion of the Selkirk fire hall opens on Sept. 28. Community members are invited to take part in the celebration.

Council began contributing to a Fire Hall Expansion Reserve Fund in 2013 and increased the contribution in subsequent years so taxpayers wouldn't be burdened with a significant tax hike at the end of the project.

The public is invited to attend the grand opening at 200 Eaton Ave., and check out fire trucks, ladder truck, a barbecue, fire safety demonstrations, activities for kids and tour of the expansion. Firefighters will be on-site to answer questions.



The inside of the fire hall expansion

RCMP officer charged following IIU investigation

Submitted

The Independent Investigation Unit (IIU) has charged a member of the RCMP with careless use of firearm following an investigation. The incident occurred June 10, 2018 and involved the discharge of a firearm by

an RCMP officer during the course of an attempted traffic stop.

The IIU assumed jurisdiction of this investigation on December 21, 2018. The IIU was notified by the RCMP that an officer attempted to initiate a traffic stop but the vehicle fled and

turned into a wooded area. The officer exited his vehicle to pursue on foot. When the vehicle turned and accelerated toward him, the officer discharged his firearm at the vehicle. The suspect vehicle fled and the driver was subsequently arrested without

further incident. No injuries were sustained as a result of the incident.

The IIU has conducted a thorough and independent investigation into the circumstances of this incident. IIU Civilian Director Zane Tessler has determined there are reasonable grounds to believe a criminal offence occurred and, accordingly, has authorized the charge to be laid.

On September 19, 2019, RCMP officer Cst. Barry Kirby was notified of the charge. He was issued a summons and will appear in Provincial Court on November 15, 2019 in Selkirk, Manitoba.

As this matter is now before the courts, the IIU will not make any further comment on its investigation.

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Selkirk among top 100 fastest growing cities

SUBMITTED BY CITY OF SELKIRK

The City of Selkirk cracked Maclean's magazine's Top 100 list of fastest growing communities in Canada, a reality that's not lost on Mayor Larry Johannson.

"It's nice to see Selkirk on that list, I'm proud of that, but it's something that the people who live here know without having to see a list," Johannson said.

"We see the new homes that are going up, we see new businesses opening their doors, we see all the businesses that are busier, and we're watching the largest subdivision in decades in Vaughan Avenue West taking shape. The proof is right here in front of us, and it's a great time to be in Selkirk."

In Maclean's Best Communities in Canada issue (Aug. 8, 2019) it ranked Selkirk at No. 90 in the Fastest Growing Communities category, with a population of 11,129 and an annualized five-year growth rate of 1.4 per cent.

Chief Administrative Officer Duane Nicol said the vision of Selkirk's Strategic Plan is to build a vibrant regional hub for commerce, culture and recreation, and provide the best opportunities an urban centre can offer.

But Nicol will be among the first to point out that growth can't be just for growth's sake, and by following its Strategic Plan, Selkirk's growth is done in an intentional way.

"Creating a vibrant community doesn't just happen. The city has a plan in place for sustainable growth, and that type of development leads us towards a more sustainable urban form. The city has been working hard over the last few years to make this growth happen in a smart way," Nicol said.

"We're getting national recognition for the success that we've been seeing on the ground. It's great that Maclean's has recognized all the fantastic work that's happening in Selkirk. The city is making strategic investments into infrastructure both new and renewed. These will support growth well into the future. Investors and de-



RECORD PHOTO SUBMITTED BY CITY OF SELKIRK

Maclean's Magazine released a list of the fastest growing communities in Canada and Selkirk

velopers now see Selkirk as a stable and profitable place to invest their money."

Nicol said that beyond public and private sector investment, local groups have played a key role in making Selkirk an attractive place for new residents and enterprise.

"The city is more than roads and pipes. There are many groups and individuals working hard at growing the cultural and social infrastructure that are necessary to make Selkirk a vibrant community. From Communities in Bloom, to Holiday Alley, from Red River North Tourism to the Selkirk-Red River Metis local, community leaders are coming together to add art, culture, and new energy to our community," said Nicol.

Mayor Johannson agrees that Selkirk's exciting growth is the result of all parts of the community working together.



"They are leveraging and activating our people and our places to make

Selkirk an even more desirable place to live, work and play. There is a new momentum in Selkirk – and it's a result of a lot of people leaning in and working hard," said Johannson.

SERVICE CLUBS - Serving our Communities



<p>ARMY, NAVY & AIR FORCE VETERANS IN CANADA</p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Clondeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July & August) at 6:30pm in downstairs clubroom. New members welcome.</p>	 <p>Rotary Club of Selkirk Lesli Malegus, Sec. 204-482-3113 www.clubrunner.ca/selkirk</p> <p>Motto: "Service Above Self" Meetings 2nd & 4th Mondays 6:00pm at Selkirk Golf & Country Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	 <p>ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p>THE SELKIRK & DISTRICT LIONS</p> <p>Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
 <p>LISGAR LODGE #2 SELKIRK</p> <p>Stephen Gwynn 204-482-6656 lisgarlodge@outlook.com</p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Wednesday of the month except, no meetings January, February, July and August Meetings begin at 7:30.</p>	<p>REMORA #26</p>  <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	 <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions:</p> <p>Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives. 200 Eaton Ave, 482-7176 www.selkirkbiz.ca</p>	<p>WEST ST. PAUL LIONS CLUB</p> <p>Glen Rossong Membership & Sponsorship</p> <p>204-338-7291</p> <p>Meetings first Monday of every month.</p>

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A new vision for health care in the Interlake



RECORD PHOTOS BY LIGIA BRAIDOTTI

The medical centre on Easton Place is scheduled to open during this fall.

Easton Place's medical centre is scheduled to open this fall

By Ligia Braidotti

A local doctor is building a one-of-a-kind facility that it's going to change how people visit their doctors and seek medical treatment.

Dr. Anthony Anozie has been envisioning Easton Place for many years. His main idea is to create a place where people will visit their doctors, socialize with friends and family, and access an array of holistic services, all inside one location.

Easton Place is located in the 16-acre parcel of land across from the Selkirk Regional Health Centre and is being developed in four phases.

The first phase is scheduled for completion this fall. It consists of the medical centre which will bring specialists

and general practitioners under one roof. The building has 15 consultation rooms and has already hired 12 health care professionals. They will all share one database, which will facilitate the patient's visits if their doctor is not available.

"If someone comes for a walk-in appointment, they don't need to wait to see their doctor. All doctors will have access to the same information and are prepared to help whoever comes in," Anozie said.

The medical centre also includes a pharmacy, audiology, a café, and Red River Dental, which is currently in the works to move in.

Easton Place is the first of its kind in Manitoba and Canada. Phase two consists of the building of retail and commercial spaces for health-oriented restaurants, retailers, and service providers. Anozie's vision is that it will become a hub in the community, where people come even if they don't have a doctor's appointment.

"Attached to the medical centre, everything else falls into place. Even housing falls into place and the wellness centre," he added.

Phase three consists of the development of the Easton Place Wellness Centre that will offer physical activities, nutrition, coaching and education to community members.

It all started when Anozie realized the challenge of getting patients out



Dr. Anthony Anozie is the owner of the Easton Place.

of the hospital.

"They are too well to stay in the hospital and too ill to go home, so I actually wanted a transitional care (facility) and then from there came the wellness centre, and the clinic," he said. "When you think of health care in the Interlake, you think of Easton Place. You don't have to go to five different places to get things done.

"Say you come to see your relatives in the assisted living, you can bring them for a meal here, or you can help them go to the wellness centre."

The development will end with the opening of seniors housing, providing both independent and assisted living options. The four buildings will be connected, making it easier to access services, and the walking paths will have different themes that change every few years.

In addition to the four buildings, the facility will have a wellness garden,

host arts and crafts and also serve as an art gallery, supporting and showcasing local artists. The project is being entirely paid with private funding.

"We've fast become a medical centre for the Interlake. With a \$130 million regional hospital, millions spent on the psychiatric hospital, Peguis building here, the doctor building here, we're fast becoming a medical centre of excellence for the hundreds of thousands that are out there," City of Selkirk Mayor Larry Johannson said.

"This is a private investment, and that's huge for our community. We are very fortunate as mayor and council to have doctor Anozie in our community."

With a growing community, the need for more doctors also grows. Anozie said it's challenging keeping doctors working in Selkirk and his idea is to make it attractive by offering a piece of the facility to them.

Are  Other sources reporting the same story?

www.SPOTfakenews.ca

Pair of Interlakers receive Red Cross Humanitarian Awards

By Ty Dilello

Senator Murray Sinclair and Cameron Adams, a University of Winnipeg student who is currently developing a Swampy Cree language app were honoured earlier this month with humanitarian awards from the Canadian Red Cross.

Senator Sinclair was named Humanitarian of the Year and Adams was named Young Humanitarian of the Year by the Canadian Red Cross national organization.

Senator Sinclair was born in Selkirk and graduated from Selkirk Collegiate Institute. Sinclair is perhaps best known for being the first Indigenous judge in Manitoba and only the second in Canada (serving from 1988 to 2009). Sinclair served as an adjunct professor of law at the University of Manitoba. And he also served as a co-commissioner on the Aboriginal Justice Inquiry and chair of the Truth and Reconciliation Commission. Sinclair was appointed to the Canadian Senate on April 2, 2016 and has been there ever since.

Senator Sinclair has been invited over the years to speak throughout Canada, the United States and internationally, including the Cambridge Lectures for members of the Judiciary of various Commonwealth Courts in England. He has always been very active within his profession and his community and has won numerous awards, including the National Aboriginal Achievement Award, the Manitoba Bar Association's Equality Award (2001) and its Distinguished Service Award (2016) and has received Honorary Doctorates from eight different Canadian universities.

Adams hails from Gimli, but his family is from Norway House First Nation and Berens River First Nation. He graduated from Gimli High School and is now attending the University of Winnipeg.

Adams first started learning Cree in Grade 10 at his high school using the online resource Cree Simon Says. He started taking a Cree language course once he got to University and is working on an education degree, with the end goal being to one day teach Cree in northern Manitoba.

Winning the Young Humanitarian of the Year award for developing the Swampy Cree language app is something that Adams never expected but is very pleased with the achievement.

"The app idea came to me because of a need to keep learning my ancestral language of Cree as I had previously taken the Introductory Cree course at the University of Winni-

peg," says Adams. "I don't work with Senator Sinclair, but we both received Humanitarian awards from the Red Cross. The award means a lot to me as I am just trying to make a better world by being involved."

Going forward, Adams is trying to focus on both his University studies and completing his language app. He knows it's going to be a busy winter ahead, but he's more than up to the chal-

lenge.

"Whether it's building houses with Habitat for Humanity or working on the app, I know I am making a positive difference. The plan with the app is to finish it as fast as I can. I'm busy with university right now so that comes first. After the app comes out, we will do a thorough edit of it and then start translating again, adding more material."

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RECORD PHOTOS SUBMITTED

Cameron Adams, whose family is from Norway House First Nation and Berens River First Nation, said he first started learning Cree in Grade 10 or 11 at Gimli High School, using the online resource

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Call for volunteers for 55 Plus Games in Selkirk

By Ligia Braidotti

A fun event coming to Selkirk will keep seniors busy and fit next year.

The 55 Plus Games is held in different communities across Manitoba and next year is Selkirk's turn to be the host. The games will take place from Jun. 16 to 18 and include more than 20 activities for seniors — everything from bowling, slo-pitch, golf, pickleball, and track to scrabble, cribbage, whist, arts and crafts, and shuffleboard. Also, there will be an evening of entertainment at the waterfront and an Athlete's Banquet.

The host committee estimates that more than 1,000 participants and 400 volunteers, plus hundreds of spectators, will come from all places to experience Selkirk. They say it's a unique opportunity to showcase the warmth of the city.

Deborah Vitt and Gerald Hamm are co-chairs of Selkirk's host committee, and they are excited about the level of interest in Selkirk already.

"I'm really stoked. The more I get involved with it, the more I learn about it, the more I know the wide scope of involvement from participants from 55 plus, it's really exciting," Vitt said.

She added the games are about embracing aging, bringing seniors together and they offer something for everyone and all skill levels.

However, the event can only exist with the help of volunteers. The host committee is looking forward to seeing familiar and new faces stepping up to help make this event a success. They are inviting people to attend the Volunteer Kickoff Rally at the Gordon Howard Centre (384 Eveline St.) that will take place on Wed., Oct. 9 from 6 to 8 p.m. At the meeting, the committee will provide information on the different events of the 55 Plus Games and answer questions about volunteering. Volunteers of all ages are needed as judges, scorekeepers, and general helpers at all events.

For those interested in participating at the games, registration begins in March and forms will be available online at activeagingmb.ca or by calling the games office at 204-261-9257. The games are open to Manitobans who will be 55 or older on Dec. 31, 2020.

For more information, contact Gordon Howard Centre at 204-785-2092, email info@gordonhoward.ca, or visit activeagingmb.ca



RECORD PHOTOS SUBMITTED

Deborah Vitt (left) and Gerald Hamm (right), co-chairs of Selkirk's host committee, accept the official scepter from Swan River hosts in June.



Medical volunteers from the 55 Plus Games held in Swan River in 2018.



Deborah Vitt, co-chair of Selkirk's host committee, and Nancy Bollenbach promote the games at Selkirk Rec Complex this summer.



Is the story Timely?

www.SPOTfakenews.ca

Peregrine falcons make home at Hydro building

Manitoba Hydro worker finds peregrine falcons eggs while changing light bulb

By Ligia Braidotti

Two peregrine falcons have recently nested at the Selkirk Generating Station where two chicks were born.

In June, a Manitoba Hydro employee found two peregrine falcon eggs while changing a light bulb on the roof of the station. This confirmed the Manitoba Peregrine Falcon Recovery Project's suspicions that the two birds were

hanging out in the province.

According to Tracy Maconachie, project co-ordinator at Manitoba Peregrine Falcon Recovery Project, peregrine falcons like to nest in high places and the Manitoba Hydro's pole has always been a popular location due to its proximity to the river. Usually, these birds prefer habitats that contain cliffs and open landscapes.

The project tracks the birds through a silver band and a colour band that contain a unique number to identify each one. Through this system, the project can know the bird's birth location, current location, death, injuries, and more. They use high-tech binoculars that help them see these bands and numbers from afar. They

also have several webcams installed at nest boxes around North America.

The three-year-old female and the six-year-old male are from Grand Forks and Winnipeg, respectively. They had come back to Manitoba on their way to Mexico, where most of the peregrine falcons migrate when winter approaches. They have one of the longest migrations in any North American bird and may move 25,000 kilometres in a year. Since these birds arrived in the province, the project has been monitoring them and hoping that they would mate but had no action for a long time.

It was both a surprise and a relief when they learned about the eggs. Successful nests are essential for the survival of the species, which is endangered in Manitoba due to the high number of birds migrating and not coming back.

"Between five to seven chicks out of 10 die within their first year of life," Maconachie said. "It's important to have safe sites. We've had birds in previous years that were covered in ice because there had been a snowstorm, we had them under two feet of snow and had to tunnel their way out. So if you can make that just a little bit easier, you're helping the adult survive a little bit longer, you're helping them have the energy and the ability to protect and provide for their young chicks. It's a win-win when they nest at places that we can help."

Peregrine falcons pairs mate for life, meaning the two will remain together for as long as they return each spring. If the mate doesn't return, the survivors will find a new mate, but it's common to see pairs returning to the same nest sites every year.

Peter Skrupski, thermal operations and power engineer with Manitoba Hydro, works at the Selkirk Generating Station and said the peregrine falcons arrived after a pair of ravens finished nesting and left the location. This is the first time that they've seen peregrine falcons nesting at the station.

"Not only it's part of our policy, but it's also part of our values as Manitobans. When we go up there (on the roof) we always see a variety of birds, it's really impressive," he said.

Now, the plan is to put a nest box on the roof to make sure that the birds and chicks are safe when they come back next year.

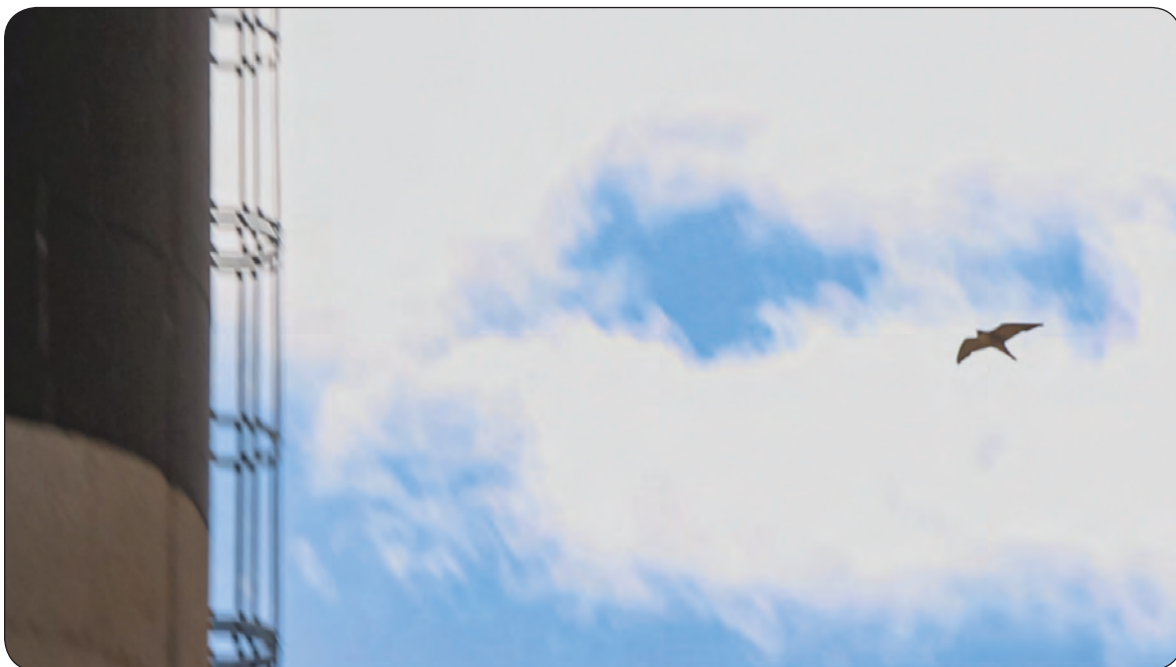
"(Manitoba) Hydro is great to work with, and it's also a nice site. It's open; there's food nearby. We don't have to worry about there being a nest fight nearby — we've had birds that have been badly injured," she said.

For more information, go to <http://www.species-at-risk.mb.ca/pefa/>



RECORD PHOTO BY LIGIA BRAIDOTTI

In this photo, the peregrine falcons' nest is visible through the catwalk.



RECORD PHOTO SUBMITTED

A peregrine falcon flies over the Manitoba Hydro's Selkirk Generating Station.

Royal Canadian Legion Branch 42

403 Eveline Street, Selkirk
Office: 482-4319 Bar: 482-6015 www.selkirklegion.org

October Events Calendar

<p>Sept 29 – Fall Supper 4:30 & 6pm Oct 3 – Tuesday Night Darts Begins Oct 4 – Topline Band 8pm Oct 11 – Darren Lavallee 8pm Oct 17 – Over 60's Meeting 1pm Oct 18 – Uncle Basic 8pm Oct 19 – Ladies Auxiliary MSS Oct 25 – Hallowe'en Dance –Rock the House Band 8pm</p>	<p>Open Sundays 12 Noon-7:00 pm</p> <p>CHASE THE ACE \$16,429 As of September 27/19 • 24 cards remaining</p> <p>MUG, SPUD, & STEAK fundraising dates available</p> <p>HALL RENTAL dates available</p> <p>BINGO Mon. 7:00 pm, Sat. 1pm</p>
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Mondays Afternoon crib 1:00 pm	Tuesdays All day Member Specials, Dart League Sept-Apr 7pm	Thursdays Texas Hold'em Poker 7pm	Fridays Meat Draw & Chase the Ace 4:30-8pm
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Everyone Welcome! Members-Only Specials

PET of the Month

Winner September 2019



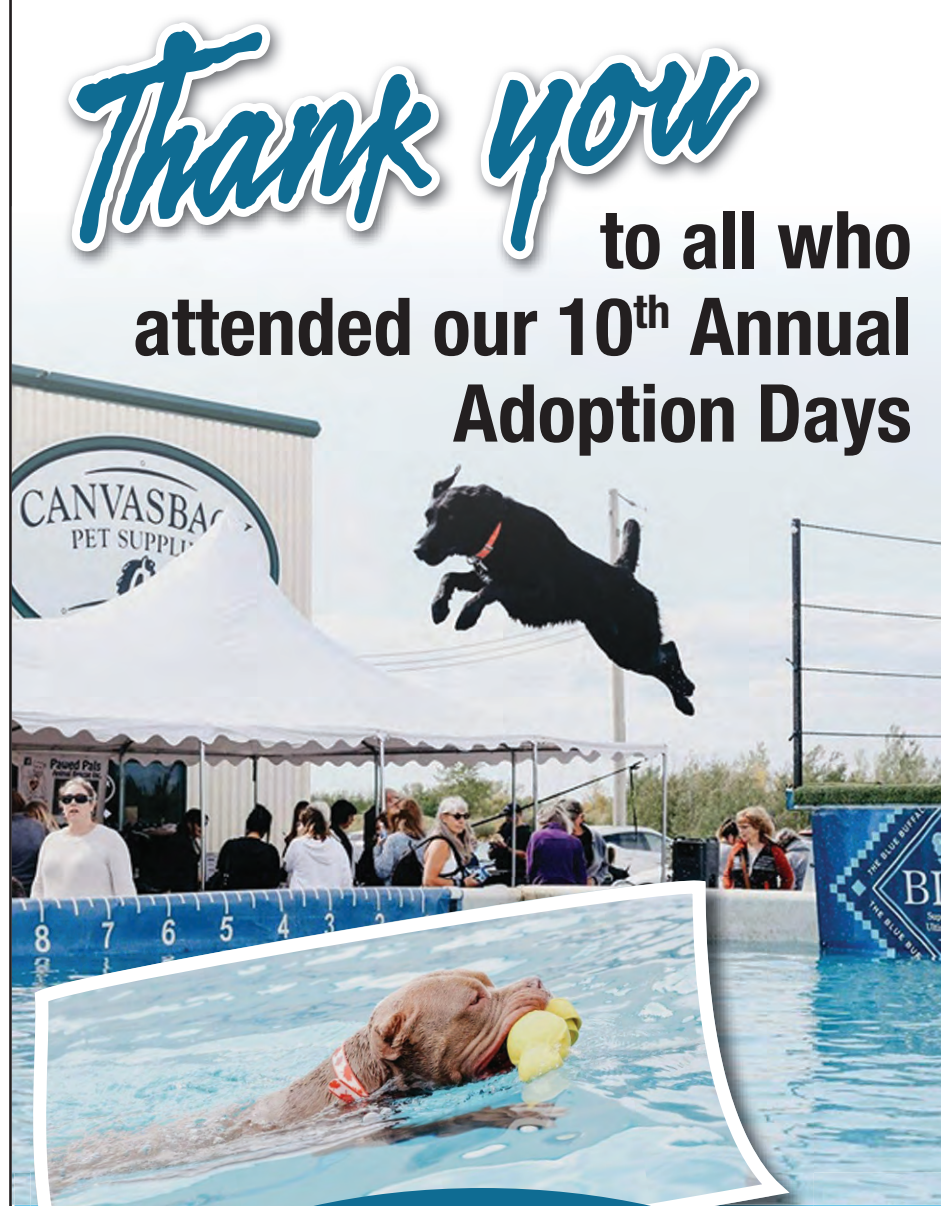
Buddy

Fun Fact: Buddy is the calmest, happiest little guy out there who loves to go for car rides to the lake and hang out with his baby brother Whittaker!



Buddy has won a prize pack from Canvasback Pet Supplies!

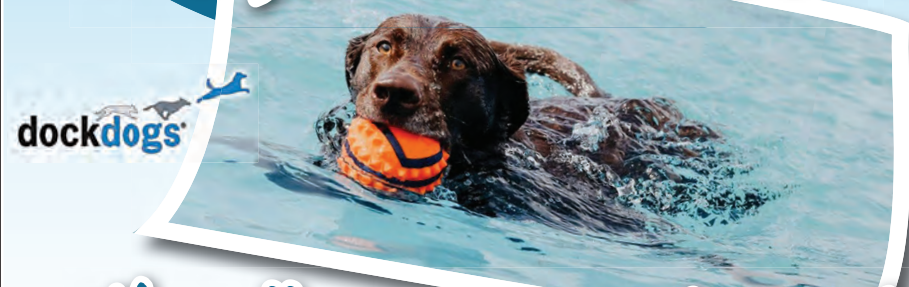
To submit your pet for the Pet of the Month 2019 contest, send a photo and a fun fact to:
ads@selkirkrecord.ca



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Make sure your pets are on Heartworm and Tick Prevention from June to November. Deer ticks, which carry Lyme and other diseases, are prevalent until very late in the fall. New this year for dogs is a combination oral monthly chew for both Heartworm and Tick Prevention. *It's important to protect yourselves and your furry family members!*

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Following Terry Fox's courage at local run

RECORD PHOTOS BY BILL NEWZMAN SMYTH

Selkirk held its 39th annual Terry Fox Run on Sept. 15 which started at the Agricultural Building in Selkirk Park.

Participants could choose between running one, five or 10 kilometres. Once they crossed the finish line, barbecue was waiting for them. Participants also enjoyed a silent auction and there was face painting for the little ones.

Heather MacDuff was the first to finish the run, followed by Spencer Hruden (second) and Dylan Muller (third).



Dylan Muller (left) and Spencer Hruden (right).



Heather MacDuff.



McLeod House Tearoom continues with new owners

By Jennifer McFee

Changes have been brewing at popular tearoom that is steeped in local history.

McLeod House Tearoom and Gift Shop changed ownership on Monday, Sept. 16, with founder Leanne Stewart handing over the keys to new owners Jon and Joy Billings.

Stewart launched the business in 2003 and spent the next 16 years building it into a strong local business. The eatery and gift shop are housed at 292 Main St. in a turn-of-the-century home built in around 1898 by Dr. Alexander McLeod, who ran his medical practice from the building. His son, Alan, received the Victoria Cross for his brave efforts and service during the First World War.

"The house has such a great charm that way. There's this nice story behind the family. It's important to tell it and to keep it alive," said Stewart, a Stony Mountain resident.

"It's a draw to the area and we've really thrived in growing a destination experience."

For Stewart, she's looking forward to entering a new chapter of her life while also appreciating the one that's drawing to a close.

"You just get that kind of feeling in your belly," she said.

"As hard as it is to say goodbye, it just feels like time for me to move on and let somebody else take it to a new level."

Looking ahead, she plans to take some time to rest and enjoy life.

"I hope to catch up at home and to do some things I haven't had the ability to do, like maybe some mini trips. Then I'll re-evaluate. I think sometimes when you sit back and take some time, the right thing comes your way," she said.

"I haven't really had time to focus on that yet because I was just focusing on the business. It was a very busy sum-

mer. Also, with the sale happening, it took every ounce of energy and time, so now I'll sit back and relax and figure it out."

While she transitions to the next phase, Stewart will miss the daily connections that she forged at the tearoom.

"I'll definitely miss the customers and the day-to-day contact with everybody, especially my staff. We're all good friends and we enjoy working together as a great camaraderie of women. It's a really great work atmosphere, so I'm really going to miss that. It will be hard to replace," she said.

"I'm also going to miss the buying and creating and the new seasons. There's always something new."

As she embarks on her new adventure, Stewart extends her gratitude to the community.

"Thank you for such a wonderful experience and for helping us grow our little gem. Everyone has been so supportive and the community at large has been fantastic. It's been an honour to serve everybody and to be a part of the community," said Stewart, overcome with emotion.

"We worked really hard to keep that standard and quality. I've made so many friendships and had great relationships with customers. I thank them and I wish them all the best. I've enjoyed this so much and I'm thrilled that it's continuing on."

For the new owners, Stewart also wishes them well with the home-grown business.

"I would like to express my hopes and wish the new couple the best," she said.

"I've been helping for the last two weeks to guide them, and I wish them all the best and success."

The husband and wife duo moved in 2012 to Balmoral, where they're rais-



RECORD PHOTO BY JO-ANNE PROCTER

McLeod House Tearoom and Gift Shop founder Leanne Stewart, left, with new owners Joy and John Billings.

ing their four children.

Jon Billings describes himself as a "serial entrepreneur," while his wife Joy is an artist by trade.

"I've been involved in multiple different businesses. We've been looking around for things for the last number of years and we just stumbled across the Tea House," he said.

"We looked at some of the options for it and what was involved, and it hit all of our marks."

The local business stands out for its ambiance and the character of the home, as well as the excellent service from the staff and high quality food and merchandise.

"One of the best things about it is that nothing really needs to change between 10 and 4, which are the normal operating hours. We plan to have

the same reliability and the same quality of service and food. Our focus is more after 4 p.m. We'll see what the future brings for different events and special evenings," he said.

"We're looking forward to diving into this role. It's a new adventure, so we're looking forward to the challenge of it all and we're looking forward to being able to service the community."

Billings encourages everyone to follow McLeod House Tearoom and Gift Shop on Facebook and to check out the website at www.mcleodhousetearoom.com, which will be updated soon.

"We'll have some our new events and things we're going to be promoting," he said. "That's going to be the best way to find out what's new at the Tea House."

First-ever Outdoor Night Market coming to Stonewall

By Jennifer McFee

The first-ever outdoor night market will liven the streets of Stonewall this weekend as shoppers have the chance to shop and dine under the stars.

On Saturday, Sept. 28 from 6 to 11 p.m., the Stonewall branch of the South Interlake Regional Library will host the inaugural event in the library's parking lot at 419 Main St. The event will serve as a fundraiser towards the purchase of a new Bookmobile.

Attendees can look forward to an

impressive list of vendors at the event, including Community Living Interlake with their made-in-Manitoba products.

Mouth-watering morsels will be for sale by vendors including Angela's Salsa, G.L. Slater Farms, Loaf and Honey Creamery and Olde Cramb Market. Other food vendors at the event will include Danny's Whole Hog, Something Beautiful, Beyond Bread and The Kiln.

A variety of handmade items will be available from Bee Blessed, Birch

and Rose, Carter's Craft Bard, Cripple Creek Creations, Dana Lischka Resin Art and Diane's Designs.

Other vendors include Dirt Road Creations, Holy Scrap, Interlake Kneads Massage, Karen's Artistic Creations, Made by Muriel, Mel Hubbard, Nova Craft, Olde Cramb Store, Pine and Paddle, and Stay With Me Design.

Jasperson's Greenhouse will have fall mums for sale, and the Friends of the Library will be on hand with memberships, book bags and water.

Adding to the experience, a stage will be set up for live entertainment and a pumpkin carving demonstration.

The outdoor night market will cost \$5 per person to attend, with free admission for kids aged five and under. All proceeds will be donated towards the Bookmobile fundraising campaign.

For more information, visit the library's website at www.sirlibrary.com or call 204-467-8415.

get inspired

> MEAL IDEAS



Thai Barbecue Duck Kebabs

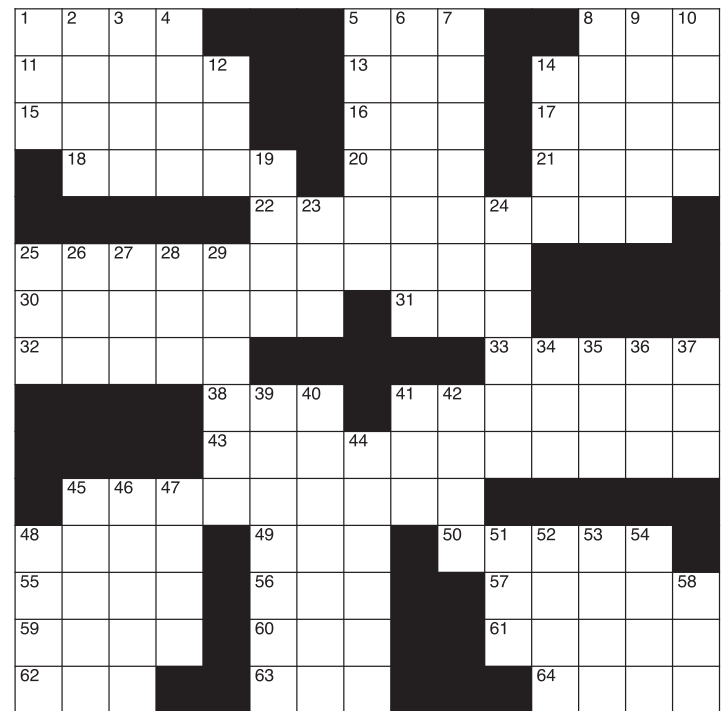
In bowl, whisk soy sauce, rice vinegar, brown sugar, honey, sesame oil, ginger, garlic, red chili pepper and cilantro. Set aside.
 Cut duck breast meat into 2-inch cubes and place in container. Pour 1/2 bowl of marinade over duck. Cover and refrigerate 2-6 hours.
 In small saucepan over low heat, simmer remaining marinade 3 minutes, stirring occasionally. Dissolve cornstarch in water and add to sauce. Simmer 2 minutes. Remove from heat.
 Heat grill to medium heat. Drain duck and discard its marinade.
 Thread duck on skewers, alternating with pieces of red bell pepper, green onion and zucchini.
 Grill skewers 3-4 minutes on each side. When done, duck should be slightly pink in center.
 Serve kebabs with room temperature sauce.

Prep time: 25 minutes plus 2-6 hours inactive
 Cook time: 10 minutes
 Servings: 6
 1 cup soy sauce
 1/2 cup rice vinegar
 1/2 cup brown sugar
 1/4 cup honey
 2 teaspoons sesame oil
 1 teaspoon fresh ginger, minced
 2 teaspoons fresh garlic, minced
 2 teaspoons red chili pepper, finely minced
 1/4 cup cilantro, minced
 3 Maple Leaf Farms All Natural Boneless Duck Breasts, thawed and skin removed
 1 teaspoon cornstarch
 2 teaspoons cold water
 3 red bell peppers, cored, seeded and cut into 2-inch chunks
 12 green onions, cut into 3-inch pieces
 2 zucchini, cut into 1-inch thick slices

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CLUES ACROSS

1. Group of languages
5. No seats available
8. Helps little firms
11. Having a strong sharp smell or taste
13. Established by the Treaty of Rome
14. Whale ship captain
15. Thick
16. When you hope to get there
17. First capital of Japan
18. Cyprinids
20. Dry white wine drink
21. Witnesses
22. Alcohol drinks
25. Synthetic resin
30. Latin for "very early"
31. Bill Clinton plays it
32. One-time province of British-India
33. Folic and amino are two
38. Integrated data processing
41. Use to build roads
43. 44th US President
45. Where school kids eat
48. Small New Zealand tree
49. Doctors' group
50. Civil Rights group
55. Swedish rock group
56. Baby's dining accessory
57. Succulent plants
59. Dutch word for "language"
60. Polynesian garland of flowers
61. Spiritual leader
62. Single Lens Reflex
63. Baseball stat
64. Abba __, Israeli politician



2. Breezed through
3. Ribosomal ribonucleic acid
4. Flat, thin round object
5. One looking for knowledge
6. Calls it a career
7. Egg-shaped wind instrument
8. Allied H.Q.
9. Reveals
10. Greek sophist
12. Speedy ballplayer Gordon
14. Body that defines computing protocols
19. Common Japanese surname
23. Eucharist box
24. Oil company
25. Parts per billion (abbr.)
26. A metal-bearing material
27. The common gibbon
28. Affirmative
29. Writer
34. Taxi
35. Pioneering journalist Tarbell
36. Used to hold back
37. Senior officer
39. OK to go out with
40. First in order
41. Defunct phone company
42. Southern Ghana inhabitant
44. Peninsula in SW Asia
45. Political plot
46. "Great" Mogul emperor
47. Young horse
48. Where wrestlers compete
51. Swiss river
52. Wings
53. Baseball legend Ty
54. Skipper butterflies
58. Immoral act

CLUES DOWN

1. He's honored every June

Please see classified section for Answers

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“Algae soup” blankets subdivisions on west shore of Lake Winnipeg

By Patricia Barrett

Algae turned Lake Winnipeg green in a number of communities north of Gimli as well as in the community itself last week, leaving residents concerned about an ongoing lack of resolve to deal with phosphorus loading, which spurs on the growth of algae.

An algal bloom inundated Lake Forest, said former Gimli mayor and retired provincial conservation officer Randy Woroniuk, who lives in the subdivision about 13 kilometres north of Gimli.

Woroniuk said he discovered what appeared to be blue-green algae – a deadly form that can kill humans, wildlife and fish – when he went down to the beach Sept. 16.

“I was literally stunned. I’ve never seen this beach covered in that type of algae before, and to this extent, and I’ve been here for over 20 years,” said Woroniuk. “I’ve never seen the water that green. And the smell – there was a rotten sweetness to it in the air.”

The bloom extended across the water and to the north and the south as far as he could see, he said, and the colour of the foam along the shoreline looked like pistachio ice cream.

“It was a not a windy night, but there was a bit of a ripple on the water and you could see it was green,” said Woroniuk. “I went down there the next day in the afternoon when it was a little windier, but the water was still green. It was horrible.”

He and his kids used to swim in the lake but after this incident, it’s off limits even if the water is clear, he said. He also won’t be allowing his grandson in the water nor his dog because he doesn’t know what the “residual effects of this stuff could be.”

Phosphorus contributes to blue-green algal blooms that are toxic enough to kill humans and animals if ingested. Blooms also create dead zones in the lake where fish and other organisms can’t get enough oxygen to live.

Kristine Dubois, who lives in the Lake Forest area, said she was shocked to discover “algae soup” blanketing her cove and the shoreline covered with green foam.

“I’ve been coming to Gimli since 1967, where we had a cabin at South Beach,” said Dubois. “We’ve lived here since 2011 and I’ve only seen this algae soup twice – and that’s in the last week.”

Blooms had also been spotted last week in other areas along the west shore. Seven kilometres north of Lake Forest, a resident in Spruce Bay posted photos on Facebook of the algae there, and a resident seven kilometres to the

south of Lake Forest, in the vicinity of the Aurora Recovery Centre, told the Express he saw algae there mid-week. A Gimli resident also found a bloom along the shore of her South Beach neighbourhood.

Blue-green algal blooms are a common occurrence on the east side of Lake Winnipeg’s south basin.

The Lake Winnipeg Foundation says the City of Winnipeg’s North End Water Pollution Control Centre is the single-largest phosphorus point source for the lake, releasing about 600 kilograms of the nutrient every day – more than three times the phosphorus limit in its provincially regulated operating licence.

This summer the foundation and the International Institute for Sustainable Development offered the city an interim quick-fix (ferric chloride) that would reduce phosphorus output by about 70 per cent, but the city rejected it despite the treatment’s demonstrated effectiveness in other jurisdictions. The cost to upgrade the North End plant keeps climbing as the years go by and is now estimated to be \$1.8 billion.

A few months ago, the city asked Sustainable Development to extend its phosphorus-reduction deadline from Dec. 31 of this year to Dec. 31, 2021. This came after the department gave (in 2017) the city 27 years to upgrade its combined sewer outfalls. Those overflow during heavy rain events and send raw waste, including phosphorus, straight into the river and up to the lake.

A spokesperson for Sustainable Development said the city’s extension request is currently being reviewed.

“This filing is being reviewed for completeness and accuracy, and to identify additional information that may be required from the city,” said the spokesperson. “The province is also reviewing the information the filing provides about interim options to bring the [North End plant] closer to compliance with phosphorous removal requirements under its Environment Act Licence.”

The province has already made “significant investments in water and wastewater treatment infrastructure,” providing \$34.4 million to the city for upgrades to the plant, he said. And it will continue discussions with the city about reducing the quantity of and improving the quality of wastewater discharges.

The province partnered with the City of Selkirk and the RM of Gimli to upgrade wastewater treatment infrastructure in those communities to improve the quality of effluent, he added. “Additionally, the regional



RECORD PHOTO BY RANDY WORONIUK

The Lake Forest subdivision was inundated with algae as far as the eye could see on Sept. 16.

wastewater system developed in West St. Paul resulted in the decommissioning of four non-compliant wastewater treatment plants.”

Between June and August, the spokesperson said the department collected 25 algal bloom samples from Lake Winnipeg beaches. The samples are “routinely collected as a part of the provincial beach monitoring program when algal blooms are observed. Beaches are also sampled for blooms when they are reported by the public.”

Of those samples, 10 exceeded the recreational water quality objective for cyanobacteria cell count (100,000 cells per mL), while no samples in 2019 exceeded the recreational water quality objective for the algal toxin microcystin (20 µg/L), said the spokesperson.

Over the course of this year, he said five beaches – Victoria Beach (Red Cross Dock and Clubhouse locations), East Grand Beach, Albert Beach and Hillside Beach – had algae advisory signs posted, which has remained consistent with the number of advisories over the past five years.

In addition to damages to the environment, Woroniuk said algal blooms may cause property values to plummet, along with the taxes they generate for towns and municipalities.

“People have to pull their heads out the sand. They keep saying how beautiful our lake is, but there are real problems here,” said Woroniuk. “If you were trying to sell your lakefront property and people saw this, do you think they would buy it?”

Not only is he concerned about potential economic losses, but he’s also worried about the impacts of algae on both the commercial and sport fishing industries.

“This could affect me recreationally and all people who fish. Is there going

to be a dead zone this winter where I usually go ice fishing?” said Woroniuk. “How extensive is this particular bloom? Is it going to push the fish so far out that sport fishers won’t be able to catch anything? And what about the commercial fishers?”

The value of the lake’s fisheries is estimated to be about \$130 million, and tourism and recreation contribute another \$110 million to the economy, according to a Lake Winnipeg Foundation study. Properties around the south basin alone generate about \$40 million in annual taxes that municipalities depend on to provide services.

Woroniuk said people tend to forget that phosphorus is also flowing into our waterways from U.S. states and from western Canadian provinces, not just from the city. Stopping it comes down to one thing: political will at the municipal, provincial and federal level.

“We may be at a tipping point and no one is accepting that. We’re not forcing the issue with the city, with the province and with the feds,” he said. “The longer we don’t do anything significant to reduce phosphorus, the worse it’s going to get. It’s going to come to the point where we can’t do anything at all.”

There are water crises around the world, including south of the border in North Dakota. People lack clean drinking water and enough water to sustain agriculture, and it’s only going to grow worse with climate change, said Woroniuk. Polluting Lake Winnipeg, the world’s 10th largest freshwater lake, is absurd as it may be of critical importance to our own sustainability in the future.

“The United Nations once said the next war is going to be fought over water,” he said.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Virден victorious twice against Selkirk in MJHL action

By Brian Bowman

The Selkirk Steelers were looking to exact some revenge on Virден last weekend after the Oil Capitals ended their season last year with a playoff-series victory.

Well, Selkirk is going to have to wait at least a couple of more weeks.

Virден swept a home-and-home series between the two clubs on Friday and Saturday.

Selkirk started its season with a 5-2 home-opening loss to Virден at the Rec Complex.

"On Friday in the home opener we had a couple of brain farts over a five-minute span," said Steelers' head coach Nick Lubimiv. "We spotted them three goals and then after that I really liked our game. We just couldn't seem to score and their goalie made some big saves. When you spot a team three (goals) it's tough. I thought we deserved a better fate from a team perspective."

Penalties were a problem early for the Steelers as the Oil Capitals scored a pair of power-play goals while building a 3-0 lead by the 9:44 mark of the game.

"I think we took five or six stick penalties, which is frustrating," Lubimiv lamented. "Even worse, both (power-play goals allowed) were off the rush. They weren't off setups, just coming

up the ice."

Josh Belcher, Gimli's Jack Einarson, and Tanner Andrew made it 3-0 before the Steelers' Brett Namaka tallied at 8:05 of the second.

Virден's Dylan Halliday replied just 14 seconds later and then the Steelers' Blake Burr and the Oil Capitals' Hunter Andrew traded third-period goals.

Selkirk outshot Virден 41-31 as Levi Mitchell took the loss.

On Saturday, the Oil Capitals beat the Steelers 4-1 in Virден. Selkirk looked very sluggish throughout the game.

"We were bad pretty much from top to bottom," Lubimiv admitted. "It wasn't going our way. We're a younger group and we have lessons to learn. You have to bring it every night."

Brett Paddock and Tanner Andrew gave Virден a 2-0 lead after 20 minutes and then Namaka and Tristan Thompson traded second-period goals.

Einarson closed out the scoring in the third.

Mitchell made 40 saves in the losing effort.

The Steelers will visit the defending-MJHL champion Portage Terriers on Friday and then will host the Winnipeg Blues Saturday. Puck drop for both games is 7:30 p.m.

"(Portage) is built to win and they



RECORD PHOTO BY BRETT MITCHELL

Selkirk Steelers' forward Trent Halfdanson has a great scoring chance against the Virден Oil Capitals on Friday at the Rec Complex. Virден won the game 5-2.

have an older group to start with," Lubimiv noted. "It will be a good test. Sometimes when you play the better teams, it brings out the best in your guys and we're hoping for that. We have a good week of practice here to prepare them the best that we can and

we'll see how we do."

Selkirk will then play a pair of MJHL Player Showcase games at the Seven Oaks Sportsplex next week.

The Steelers will battle the Steinbach Pistons on Monday (noon) and the Dauphin Kings Tuesday (6 p.m.).

Royals varsity girls' volleyball 2-0 in league play

By Brian Bowman

The Selkirk Royals varsity girls' volleyball team has had a great start to their season.

Selkirk started league play Sept. 18, sweeping the Mennonite Brethren Collegiate Institute Hawks 3-0 by scores of 25-23, 25-19 and 25-17.

"Going into that game, we definitely knew MBCI was going to be a really strong team this year," said Royals' head coach Kyla Michalski. "To go in and sweep any team is great. But to have that happen against a strong opponent is a great way to start the year for us. It's the start of the year so it really doesn't mean much but it definitely was a boost to our confidence."

It was the Royals' first game action of the season. Selkirk usually starts its season by winning the University of

Winnipeg tournament. That tournament was not held this season.

Selkirk improved its league record to 2-0 after defeating the River East Kodiaks 3-0 (25-18, 25-15, 25-17) Monday evening at the Comp.

Selkirk is back on the court Wednesday when it hosts the Miles Macdonell Buckeyes. The game is scheduled to start at 7:15 p.m.

This year's Royals' roster features seven Grade 12 players and five Grade 11s. Michalski feels the team doesn't have a superstar. Instead, they have a lot of quality players at each position.

"We're very steady so we don't have a whole bunch of individuals that are standout studs," Michalski noted. "They are all very team driven and our defence is looking really good. Our defence is our asset and we need

our defence to be really sound so that we can find the holes on offence.

"We're not an overly big team, physically, this year but if we can just keep that ball up then it's going to be advantageous for us"

The Royals are really looking forward to hosting their home tournament this Friday and Saturday.

"It's always nice to have people come to your house and play," Michalski said. "We have all, or most of the strong teams, coming out so we'll get a chance to see where everyone is at. It kind of gives you a benchmark of where you are in the mix. We still have a long season ahead of us so we need to improve a ton."

In junior varsity action, the Royals defeated the Maples Collegiate Marauders in KPAC action in Winnipeg

last Thursday.

Selkirk swept Maples 3-0, winning sets by scores of 25-7, 25-9, 25-18.

The Royals started their season on Sept. 17, beating the Garden City Fighting Gophers 3-2 (22-25, 22-25, 25-19, 25-23, 15-5).

Selkirk hosted the River East Kodiaks this past Tuesday but no score was available at press time.

In tournament action back on Sept. 13-14, the Royals won the consolation side of the Buckeyes Invitational after downing Winnipeg's Vincent Massey 2-1 (10-25, 25-21, 15-10).

Selkirk was defeated 2-0 (23-25, 17-25) by the St. Mary's Academy Flames in a quarter-final matchup.

The Royals then swept Miles Macdonell by scores of 25-21 and 25-13.

MJHL team previews for the 2019-20 season

By Kyle Prystupa, Manager, Media & Communications Manitoba Junior Hockey League

Taking a quick look at the 2019-20 MJHL regular-season preview, with a team-by-team perspective:

Selkirk Steelers

2018-19 Season: 34-20-3-3 (74 points, fourth)

2019 Playoffs: Lost Round 1, Virden (4-2)

Top Returning Scorer: Carter Barley (nine goals, 38 assists, 47 points)

Estimated Veterans: eight

Three Players to Watch: defenceman Colby Jaquet, forwards Brett Namaka and Carter Barley

Coach's Outlook: "Lots of new faces on the roster as we had lots of turnover but we're excited about our young guys and have some very capable veterans to lead them. We like our group and hope we can gel quickly so we can be competitive down the stretch." – Nick Lubimiv

Steinbach Pistons

2018-19 Season: 39-17-4-0 (82 points, third)

2019 Playoffs: Lost Round 2, Swan Valley (4-2)

Top Returning Scorer: Tanner Mole (21 goals, 11 assists, 32 points)

Estimated Veterans: 11

Three Players to Watch: forwards Kyle Bettens, Rylan Bettens, and Carter Loney

Coach's Outlook: "As a staff we are encouraged by what we have seen from our team at this point. We have a blend of youth and experience, and feel that we have a number of players that are ready to take another step forward. We should be an exciting team to watch, and we look forward to working with the group for a full season." – Paul Dyck

Swan Valley Stampeders

2018-19 Season: 42-13-3-2 (89 points, second)

2019 Playoffs: Lost Finals, Portage (4-3)

Top Returning Scorer: Josh Maucieri (16 goals, 23 assists, 39 points)

Estimated Veterans: six

Three Players to Watch: Forwards Josh Maucieri and Frazer Dodd and goalie Mattias Dal Monte.

Coach's Outlook: "We are very excited for the season. Last year was such a great run for the Stampeders and we have lost a lot of talent...I really believe in the group we have and we will be a hardworking hockey team." – Geoff Grimwood

Waywayseecappo Wolverines

2018-19 Season: 28-27-2-3 (61 points, eighth)

2019 Playoffs: Lost Round 1, Portage (4-0)

Top Returning Scorer: Jaymes Knee (nine goals, 21 assists, 30 points), Nick Doyle (four goals, 26 assists, 30 points)

Estimated Veterans: 13

Three Players to Watch: Forwards Anthony Bilka and Noah Westgate and defenceman Jack Kennedy

Coach's Outlook: "We want to build on the culture and success that we were able to form last season. The desire to win from our returning players and new faces has our coaching staff excited about this season. We have some great personalities in the room." – Taylor Harnett

Dauphin Kings

2018-19 Season: 29-25-3-3 (64 points, seventh)

2019 Playoffs: Lost Round 1, Swan Valley

Top Returning Scorer: Cole DeKoninck (11 goals, 24 assists, 35 points)

Estimated Veterans: 12

Three Players to Watch: Forwards Grady Hobbs and Carter Sawchuk and defenceman Cole DeKoninck

Coach's Outlook: "We want to be a hard team to play against while improving our record from last season. Our goal is to finish in the top four and have home ice advantage for the first round of playoffs." – Doug Hedley

Neepawa Natives

2018-19 Season: 9-43-4-4 (26 points, 11th)

2019 Playoffs: did not qualify

Top Returning Scorer: Brad Marshall (16 goals, 19 assists, 35 points)

Estimated Veterans: 14

Three Players to Watch: forward Eli Lieffers, defenceman Brady Whitley, and goalie Ethan Peterson

Coach's Outlook: "With changes in staff and players, patience early will hopefully lead to future success in 1919-20. A hard-working group that will come to play each night." – Ken Pearson

OCN Blizzard

2018-19 Season: 18-40-2-0 (38 points, 10th)

2019 Playoffs: did not qualify

Top Returning Scorer: Cory Checco (12 goals, 13 assists, 25 points)

Estimated Veterans: six

Three Players to Watch: Forwards Kobe Campbell, Wes Dobbin, and Jaden Pashe

Coach's Outlook: "The team has the potential to be competitive right out of the gate. It is great for the MJHL

when the OCN Blizzard are in the playoff mix and that is our goal for the season is to make the playoffs. We have a great core of vets and young hungry players who are looking to make their mark at the Junior A Level. There is lots of optimism in OCN with new ownership and coaches looking to make their marks on the league as well." – Ryan Wood

Portage Terriers

2018-19 Season: 46-11-2-1 (95 points, first)

2019 Playoffs: MJHL champions, Anavet champions

Top Returning Scorer: Joey Moffatt (26 goals, 30 assists, 56 points)

Estimated Veterans: 14

Three Players to Watch: Forwards Joey Moffatt and Kolton Shindle and defenceman Owen Murray

Coach's Outlook: "Obviously with hosting the National Championship there will be some added outside pressure. We have more of an experienced line up to start the year. The MJHL is always a competitive league and our goal as always will be to get off to a good start to the season." – Blake Spiller

Winkler Flyers

2018-19 Season: 23-32-5-0 (51 points, ninth)

2019 Playoffs: did not qualify

Top Returning Scorer: Griffin Leonard (14 goals, 17 assists, 31 points)

Estimated Veterans: five

Three Players to Watch defenceman Drake Burgin, forward Sullivan Shortreed, and goalie Dorrin Luding

Coach's Outlook: "Our outlook is to look at each day as an opportunity to come to the rink or the gym and improve. Each day we have a chance to

create a culture that fosters continuous improvement on and off the ice, and we're confident our approach will lead to success in the short term as well as in terms of our long-term goals." – Kelvin Cech

Winnipeg Blues

2018-19 Season: 31-21-2-5 (69 points, sixth)

2019 Playoffs: Lost Round 1, Steinbach (4-2)

Top Returning Scorer: Brayden Foreman (seven goals, 27 assists, 34 points)

Estimated Veterans: two

Three Players to Watch: Forwards Brayden Foreman and Mikol Sartor and goalie Cooper Hatfield

Coach's Outlook: "We are looking forward to an exciting season of development, and the great opportunities that will be presented to our younger players coming into the league, and our older players to take on leadership roles." – Gord Burnett

Virden Oil Capitals

2018-19 Season: 31-21-4-4 (70 points, fifth)

2019 Playoffs: Lost Round 2, Portage (4-0)

Top Returning Scorer: Kolten Kanasiki (32 goals, 30 assists, 62 points)

Estimated Veterans: 15

Three Players to Watch: forwards Brett Paddock and Tanner Andrew and defenceman Logan Rands

Coach's Outlook: "We are excited about our returning group and the younger guys we have added through camp. We feel like we are a team that will compete hard and play with speed and skill and we are very excited to see our group come together and what we might be able to accomplish this season." – Tyson Ramsey



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen have been on the ice recently with training camp as they look to defend their Capital Region Junior Hockey title. Selkirk's regular-season opener is Oct. 4 when it hosts the St. Malo Warriors. The Fishermen will have 2018 Citizen of the Year Bob Hebert drop the puck and they will also be raising their championship banner.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Thunder gash Golden Bears in home rout

By Brian Bowman

Another week, another lopsided victory for the Interlake Thunder.

Interlake improved its record to 3-0 after a wild 63-30 home win over the Virden Golden Bears in Rural Manitoba Football League action last Thursday in Stonewall.

Interlake led 28-22 at the half before playing some outstanding football in the third quarter

"It was a shootout in the first half, for sure," said Thunder head coach Mitch Obach. "There were 50 points and it was a one-score game but they turned it on in the third quarter and kind of cruised through the fourth."

Interlake had a huge kickoff return for a touchdown to start the second half.

With the 63 points scored, Interlake now has a league-high 181 points in just three games. That's an average of 60 points per contest.

"They've really been sharp," Obach said. "I don't think I've ever seen this in a game before, but we had eight offensive touchdowns and eight different guys scored touchdowns. It was really well distributed and we were scoring in a lot of different ways so

that's good to see."

Thunder quarterback Josh Charison was 9-for-13 and passed for 127 yards and three touchdowns. He also had a rushing TD.

Interlake running back Brady deLaroque had a monster day on the ground with 217 yards on just 10 carries and a touchdown. He also had the kickoff return for a TD.

Gabriel Perrie, Kelby Arndt, and Aaron Zdrill also had rushing majors while Graeme Perrie, Athan Nadon, and Carter Fuerst hauled in TD passes.

On the defensive end, though, the Thunder defence allowed more points than Obach would have liked. Interlake's defence was tremendous in its first two games but showed some weaknesses against Virden.

"We had a solid game the week before but there were a couple of things that we definitely noticed while seeing the film afterwards and I don't think we got them corrected in time and that came back to burn us a bit," Obach said. "We definitely have some things to work on there but, obviously, we're very excited with the second half that we had...they really buckled



RECORD PHOTO BY JO-ANNE PROCTER

The Interlake Thunder's Graeme Perrie carries the ball against the Virden Golden Bears during Rural Manitoba Football League action last Thursday. Interlake won the game 63-30.

down in the second half."

The Thunder (3-0) are back at home this Friday when they host the South-

West Sabres (3-0) in what should be a great matchup at Stonewall Collegiate. Kickoff is 4:30 p.m.

Royals to compete at PCI hockey tournament

Staff

The Selkirk Royals boys' hockey team will be busy this weekend.

Selkirk will be competing at the PCI Trojans preseason tournament in Portage la Prairie.

The Royals will play the Killarney Wawanesa Raiders Friday at 11:30

a.m. and then will battle the Morden Thunder at 2:30 p.m.

On Saturday at 9 a.m., Selkirk will take on the host PCI Trojans

The consolation final between the third-place and fourth-place teams from the round robin will be played at 4 p.m.

The championship final between the top two teams is set for 6 p.m.

Selkirk will have an exhibition game against Steinbach on Oct. 2 at

4:15 p.m. at the Rec Complex.

The Winnipeg High School Hockey League's regular season will begin early next month.

Royals KO Kodiaks with comeback win

Staff

The Selkirk Royals got off to a slow start against the River East Kodiaks in KPAC Tier 1 varsity boys' volleyball action Monday evening at the Comp.

But they sure finished strong.

Selkirk pulled off a 3-1 (21-25, 25-19, 25-17, 25-13) comeback victory to improve its league record to 1-1.

On Sept. 18, the Royals lost a hard-fought road match against the Menonite Brethren Collegiate Institute

Hawks. MBCI won 3-1 by set scores 25-21, 21-25, 25-22, and 25-21.

Selkirk resumes league action Wednesday when it hosts the Miles Macdonell Buckeyes. Game time is 6 p.m.

The Royals' will see tournament action Oct. 17-19 when they host their home tournament.

The other two remaining tournaments are Oct. 25-26 at MBCI and Oct. 31 to Nov. 2 in St. Vital.

Portage set to host 2020 Centennial Cup

Courtesy of Hockey Canada

As Canada's National Junior "A" Championship prepares to celebrate its 50th anniversary in May in Portage la Prairie, Hockey Canada, in partnership with the CJHL, has announced the tournament will return to its original name – the Centennial Cup – starting in 2020.

"There is a long-standing and deep-rooted history of this event that brings together the top Junior 'A' teams from across the country and we look forward to honouring that history by returning to the event's original name," said Dean

McIntosh, vice-president of events and properties with Hockey Canada.

"For 49 years, hockey fans from across the country have embraced this tournament, and we are excited to officially reintroduce the Centennial Cup in Portage la Prairie in 2020 and celebrate the 50th edition of the event."

Full-event ticket packages, which include one ticket to all 13 games, can be purchased at HockeyCanada.ca/Tickets for \$200 plus applicable fees.

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The Selkirk Record

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<p>METAL RECYCLING Autos, farm scrap, brass, copper & batteries wanted. 47 Paterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.</p>	<p>SCRAP METAL Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.</p>	<p>COMMERCIAL SPACE FOR RENT Selkirk office/retail, 750 sq. ft. near Rexall on Main. Includes utilities, and A/C. Oct. 1st possession. \$1,000/month. Ph. 1-204-785-0105.</p>	<p>APARTMENT FOR RENT Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.</p>	<p>FIREWOOD Seasoned cut/split 16" Tamarac- \$300/cord, \$200/cord-8', Ash- \$300/cord, Birch- \$320/cord, Poplar- \$200/cord, Pine - \$220/cord. All wood based on 180' cubed. Priced for pickup only, delivery extra. 204-785-0641.</p>	<p>HELP WANTED Experienced PREP & LINE COOKS required immediately at SAKE Japanese Restaurant. Drop resume in person to 380 Eveline St. Selkirk. No experience needed, \$16/hr. to start. Homecare like duties, basic cooking skills a must. Call Norm 204-406-5667.</p>	<p>MISCELLANEOUS BN never used; still in box, bendable goose-neck table or desk STUDY LAMP, EWO \$15.; Sunbeam 2-slice TOASTER ECIEWO \$15., BNCIEC pr. sz. 9 Men's WORK BOOTS/SAFETY SHOES w/ laces & steel caps over toes \$100.; red, white & black lined WINTER SUITCOAT OVERCOAT fits a men's sz. XL. Well insulated winter overcoat. Has been dry cleaned \$100. Ph. 204-785-8598.</p>	<p>HEALTH Get up to \$50,000 from the Government of Canada. Do you or someone you know have any of these conditions? ADHD, Anxiety, Arthritis, Asthma, Cancer, COPD, Depression, Diabetes, Difficulty Walking, Fibromyalgia, Irritable Bowels, Overweight, Trouble Dressing...and hundreds more. All ages & medical conditions qualify. Call Manitoba Benefits 1-800-211-3550 or send a text message with your name and mailing address to 204-808-0035 for your free benefits package.</p>
<p>SCRAP METAL Buying scrap metal, cars, tractors, combines, farm scrap, any metal material, any farm machinery. Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.</p>	<p>STEEL BUILDINGS FOR SALE Steel Building Clearance... "Super Savings Sale - Falling Prices!" 20X23 \$6,080. 25X27 \$6,640. 28X27 \$7,462. 32X35 \$10,336. 35X35 \$12,576. One end wall included. Pioneer Steel 1-855-212-7036 www.pioneersteel.ca</p>	<p>APARTMENT FOR RENT 1 bdrm. apt. in Selkirk, available Oct. 1st. \$990/mo. includes all utilities, washer & dryer, A/C, parking and wheelchair access, No pets/no smoking. Near Rexall. Ph. 1-204-785-0105.</p>	<p>HOUSES FOR RENT Small house for rent in Selkirk. 2 BR, washer and dryer, chest freezer and A/C. \$1,000/mo. email bigandcolourful@mymts.net</p>	<p>GARAGE SALES HAP'S CRAZY AWESOME FLEA MARKET - Opening Saturday, September 14th (until the end of October) at 732 Clandeboye Road, Clandeboye. Open Saturday & Sunday from 11 a.m. to 4 p.m. 204-485-4121. Antiques, electrical, motors, antique vehicles, motorcycles, trailers, Honda three wheelers, dirt bikes, vintage snowmobiles and lots of other awesome stuff!</p>	<p>Wanted part time tire person for winter tire season. Will train right person. Apply Att. Terry at Petersfield Garage or ph. 204-738-2552.</p>	<p>Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg 1-877-775-8271 www.batteryman.ca</p>	<p>UPCOMING EVENTS Anything Goes Sale - Saturday, October 5th, 2019. East Selkirk Middle School (1140 Strathcona Road - right off Hwy 59) We will have garage sale items, crafts, baking, local produce. Don't miss out on this event! Tables available for sellers: \$20 each. Reserve by contacting Sheila: 204-291 6131. Admission is free. Can-teen will be available. Open to the public from 10 a.m. - 3 p.m.</p>

News Tips? Story Ideas? call the Record 204-785-1618



RM OF WEST ST. PAUL PUBLIC NOTICE BOARD OF REVISION

Public Notice is hereby given that the 2020 Assessment Roll of The Rural Municipality of West St. Paul has been delivered to the Municipal Office at 3550 Main Street, West St. Paul, MB and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 and 43 of *The Municipal Assessment Act*. Forms are available at the Municipal Office.

APPLICATION FOR REVISION
42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Section 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to:

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS
43(1) An application for revision must

- be made in writing
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by delivering it or causing it to be delivered to

BOARD OF REVISION
THE RURAL MUNICIPALITY OF WEST ST. PAUL
3550 MAIN STREET, WEST ST. PAUL, MB R4A 5A3


or serving it upon the Secretary at least 15 days before the scheduled sitting of the board as indicated in the public notice.

The Board of Revision will sit to hear complaints and revise the said assessment roll, on Wednesday, November 6, 2019 at 5:00 P.M. in the Municipal Council Chambers, 3550 Main Street, West St. Paul, MB.

Appeals received after 4:30pm October 21, 2019, will not be considered.

DATED THIS 26th DAY OF SEPTEMBER, A.D. 2019.

Brent Olynyk, MPA, ISM
Secretary to the Board of Revision
RM of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3
info@weststpaul.com



THE RURAL MUNICIPALITY OF ALEXANDER PUBLIC NOTICE - BOARD OF REVISION OCTOBER 29th, 2019

Notice is hereby given that the real property assessment roll of The Rural Municipality of Alexander for the year 2020 as been deposited in the Municipal Office and will remain open to the inspection of all persons between the hours of 8:30 a.m. and 4:30 p.m. Monday to Friday. Applications for revision may be made in accordance with sections 42 & 43 of the Municipal Assessment Act.

APPLICATION FOR REVISION
42(1) A person in whose name property has been assessed, a mortgagee in possession of property under section 114(1) of the Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to;

- liability to taxation;
- amount of an assessed value;
- classification of property; or
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

APPLICATION REQUIREMENTS
43(1) An application for revision must:

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by delivering it or causing it to be delivered to:

BOARD OF REVISION
THE RURAL MUNICIPALITY OF ALEXANDER
P.O. BOX 100
ST. GEORGES MB R0E 1V0

The Board of Revision will sit on Tuesday, October 29th, 2019 at 1:00 P.M. in the Municipal Office at **1 Bouvier Trail**, St Georges, Manitoba.

The final date on which applications must be received by the Secretary of the Board is **October 15th, 2019, at 4:00 P.M.**

DATED AT ST. GEORGES, MANITOBA THIS 3rd DAY OF SEPTEMBER A.D. 2019.

Michele Stefaniuk
Secretary - Board of Revision
Rural Municipality of Alexander

Winter is coming! The classifieds reach over 400,000 Manitoba readers weekly. Do you need CLASS 1 Drivers or staff for your business? Are you having a sale, a Fall Supper or do you have a Craft Show to promote? Want to sell something before Winter? Get results. For as little as \$189.00 + GST, you could book now! People rely on these classifieds to find what they need in your area and across the province. Catch them looking at YOUR material in our 48 weekly community newspapers. Call us at 204-467-5836 or email classified@mcna.com for details.

HEALTH
Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkbranch@mymts.net

ROCKIN' RICHARD'S RECORD & CD SALE. "MEET & GREET WITH STREET-HEART" Victoria Inn, 1808 Wellington Ave. Wpg. Sunday, Oct. 6/19, 10 a.m. - 4 p.m., 90 plus tables. Records, CD's, DVD's music collectibles. Admission \$5. Info 204-338-3655.

Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

UPCOMING EVENTS

Looking for vendors and crafters for Selkirk Black Friday Craft Sale Sat. Nov. 30/19 at Memorial Hall. Only 6 tables left. Call 204-785-1618 to book or email recordoffice@selkirkrecord.ca for information.

STRAW FOR SALE

Small square bales, wheat and flax straw. Leave message 204-482-5101.

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF CLIFFORD WAYNE ECKBERG, late of the City of Selkirk, in the Province of Manitoba, deceased.

ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 25th day of October 2019.

DATED at the City of Selkirk, in Manitoba, this 19th day of September 2019.

PULLAN KAMMERLOCH FROHLINGER Selkirk Office-Adam Kelso Solicitor for the Administratrix

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Consignment Auction

Sat Oct 12 10 AM

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Sat Nov 2 9:30 AM

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Don't forget to send your special wishes to your friends and family with a message in the Record



EMPLOYMENT OPPORTUNITY

Steeletown Ford Requires a LUBE TECHNICIAN & ASSISTANT SERVICE ADVISOR

Steeletown Ford is expanding the service department!

To meet growing customer maintenance and repair volumes, we now have an immediate need for an additional lube technician and an assistant service advisor.

Lube technician assignments include performing scheduled maintenance, tire repairs, tire mounting and balancing along with various other duties.

Assistant Service Advisor duties are to support the service team with scheduling customer appointments, writing work orders, answering phone calls, shuttling customers along with various other duties.

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Rob Johnson
Fixed Operations Manager
Steeletown Ford Sales
rob@steeltownford.co

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FARM AUCTION KEN VIGFUSSON

Saturday Oct 5th, 2019 10:00 AM

Komarno, MB Hwy 7 & 229 Jct 2 Miles East on 229 Then 3 1/2 Miles North on Pleasant Homes Rd (12E) Internet Bidding Available! Contact # (204) 886-4634

CAT 931 Power Shift Quick Attach FEL 3995 Hrs - Need Engine Repair * New Holland Ford 8360 Cab MFWA Power Shift w Left Hand Reverse 3PH 540/1000 w FEL 8787 Hrs * Ford 6610 Dsl 3PH w Allied 594 FEL * Ford Jubilee 3 PH Hyd *NH 195 Tandem Manure Spreader * MF 1565 Rd Baler * Some Smaller Equip * Livestock Equip * Stock King 5th Wheel 30' Tri Axle Stock Trailer * Real Ind 20' Gooseneck Stock Trailer * 87 W.W. 12' Tandem B Hitch Stock Trailer * Complete HiQual Squeeze Chute System w Scale * HiQual Maternity Pen * 300' 10' 6 Bar Corral Panels * 3) Lewis Cattle Oilers * 3) Metal Portable Creep Feeder * 25) Metal Gates * 25) HiQual 12' Metal Bunk Feeders * 25) Rd Bale Feeders * Milking Equip * 5) Ritchie Auto Waterers * 2) NRW 535 Bushel Hopper Bins on Skids * Farm Misc * Tools * 6) Older Vehicles * Honda 400 4 x4 Quad * Some Household * Stuart McSherry Stonewall, MB (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

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TERRY MARLATT & LINDA SCHWARK

Sunday Sept 29th 11AM

Beausejour, MB 551 10th St N Contact # (204) 793-4945

Polaris 700 4 x 4 Quad * Husq YTH 21 K42 Hyd R Mower * Yard Items * Building Supply & Tools * Com . Restaurant Equip * Antiques * Household * Stuart McSherry Stonewall, MB (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

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take a break > GAMES

SUDOKU

		6	9	1				
		9			6			8
			8	7				
3	1	5					4	
					6			5
						3		1
4		7					3	5
		8	3					6
				2	7			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	8	7	6	2	9	3	5	1
6	2	1	4	5	3	8	6	7
9	5	3	1	8	7	2	4	6
1	6	8	3	4	2	7	9	5
5	3	9	7	6	1	4	2	8
7	4	2	8	9	5	1	3	6
3	9	6	2	7	8	5	1	4
8	1	5	9	3	4	6	7	2
2	7	4	2	1	5	6	9	8

Sudoku Answer

N	V	E		V	E	R	T	S
I	B	B	V	R		I	L	T
S	E	O	T	V	B	I	B	V
P	O	C	V	N		W	V	O
W	V	D	O	K	C	V		
M	V	D	V	W		D	I	
S	D	I	C	V		H	R	E
X	V	S	X	O	C	E	V	P
S	F	I	L	I	R	E	P	V
S	E	E	S	R	I	K	S	C
V	V	N	V	T	E	S	N	E
B	V	H	V	C	E	E	C	V
V	B	S	O	R	S	D	R	V

Crossword Answer

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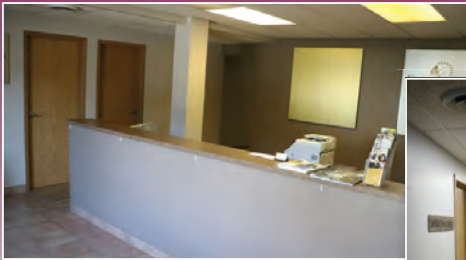
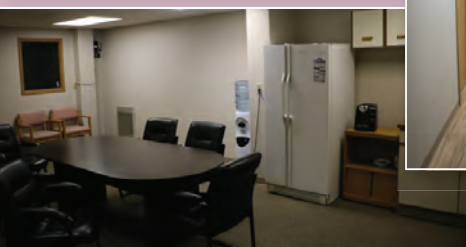
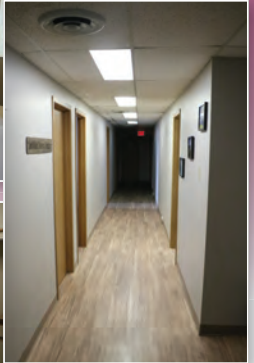
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OFFICE SPACE FOR LEASE

Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a frontreception area. Current tenants include The Lord Selkirk Teachers Association and Sun Life Financial. The Selkirk Record and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.



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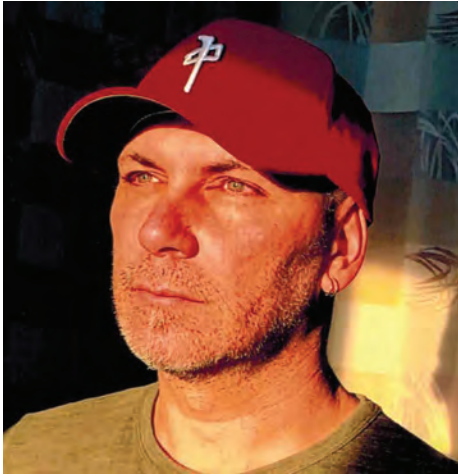


Classifieds Announcements *The Selkirk Record*

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ANNOUNCEMENT

BIRTHDAY



Happy 50th Birthday
Murray
September 29, 2019
-From your family and friends

ANNOUNCEMENT

IN MEMORIAM



In Loving Memory of
Goldie Lynn Ann Maliszewsky
(nee Fewchuk)
December 11, 1957 – September 24, 2014

A day of remembrance, another year,
A loving thought, a silent tear.
A little prayer to keep in touch,
With you, Goldie,
Whom we loved so much.
Time may fly and tears may dry,
But memories of you will never die.
No length of time can dim the past,
For happy memories hold it fast.
So as you were you will always be,
A beautiful part of our memory.
-Dearly loved and sadly missed
by your Mom and family

ANNOUNCEMENT

IN MEMORIAM



Collin Fryza
March 29th, 1993 - September 25, 2010
We speak your name with love and pride,
We smile with tears we cannot hide.
We thank you for the years we shared,
The love you gave, the way you cared.
Time slips by and life goes on,
But from our hearts you are never gone.
-Love,
Mom, Dad, Amber,
and your aunts, uncles, and cousins

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OBITUARY



Karl Sponagel
August 26, 1935-September 15, 2019

After a courageous battle with Parkinson's and Cancer, surrounded by his family, Karl Sponagel passed away on September 15, 2019 at Selkirk General Hospital.

Karl is survived by his wife Christa of 53 years; daughters, Annette and Gabi (Bernd), and granddaughter Nicole. Lovingly missed by his siblings Helmut, Heiner, Hans, and Trudel. As well as his sister-in-law Lydia, nephew Karl-Wilhelm (Sigrid), and niece Andrea. Along with family and friends all over the world, he touched countless others with his kindness.

The family would like to thank the exceptional homecare team and the amazing nursing staff at Selkirk General Hospital.

In keeping with his wishes, cremation has taken place and a Funeral Mass will be held on Tuesday, September 24, 2019 at 1:00

p.m. in the St. Anne's Roman Catholic Church in Petersfield, Manitoba. A celebration of his life will be held after the service at the Clandeboye Hall.

In lieu of flowers, donations in his name may be made to Parkinson's Canada or Cancer Care Manitoba.

"Wer im Gedächtnis seiner Lieben lebt, ist nicht tot, er ist nur fern. Tot ist nur, wer vergessen wird." Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Jean Tomiak

Peacefully, on Wednesday, September 18, 2019, at the Betel Home, Selkirk, MB, Jean Tomiak, aged 99 years, of Selkirk, MB, passed away.

Full obituary to follow at a later date.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Fernand Champagne

It is with great sadness that we announce the passing of Fernand Champagne, at the age of 91, on September 17, 2019.

Fern is survived by his wife Doreen; his daughters, Diane (Roland) Charriere, Paulette (Murray) Klassen, and Renee (Bob) Dewar; grandchildren, Carrie Berlan, Lise Charriere (Robert Hansson), Joel (Erin) Boissonneault, Kyla (Chris) Perreault, and Brandon Dewar; great-grandchildren, Sydney and Tamara Berlan, Julien, Amelie and Olivia Boissonneault, Zac, Paris and Oakley Perreault; and niece Claudette Landry.

He will be missed by the Young family, Len (Betty), Gary (Linda), Trudy (Grant) Harrison, Janet Jones, Lorna Young, and their families.

Cremation has taken place. As per Fernand's wishes there will be no formal service.

Arrangements entrusted to:

Interlake Cremation & Memorial Services
204.482.1040

OBITUARY

Ronald Frank Graff
1950 - 2019



Ron was taken from us very suddenly on September 17th, 2019. He is survived by Leona, his wife of 39 years; son Kevyn; daughter-in-law Jodi and grandson Braydon. He is also survived by his brother Ken (Leanne); special buddy Ron Novakowski and far too many dear friends to mention.

He is predeceased by his father Frank; mother, Florence and sister Bernice.

Despite his difficult upbringing, he managed to pull through and made a good life for himself. He worked hard and put his all into everything he tried. He was generous to a fault, especially with his family and friends.

He was known for the "man cave" and huge inventory of tools of all sorts. He has left a huge hole in the hearts of many people and will be greatly missed by all who knew him.

A celebration of Ron's life was held on Saturday, September 21, 2019 at 1:00 p.m. in the Gilbart Funeral Chapel in Selkirk, Manitoba

In lieu of flowers, donations may be made to a charity of your choice or to Paved Pals in Selkirk. He will also be missed by his feline buddies, Taco and Moki.

Our family would like to thank the nurses and doctors in Emergency at Selkirk Regional Health Centre, STARS and nurses and doctors in St. Boniface ICU.

I love you, Ron...

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Ralph Grant Chev

Peacefully, on Sunday, September 22, 2019, at the Heath Sciences Center, Ralph Chev, aged 61 years, of Winnipeg, MB, passed away.

In keeping with his wishes cremation has taken place and a private family ceremony will take place.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Vilhjalmur Asbjorn Jon Bell



It is with great sadness that we announce the passing of our cherished husband, and Afi at the Selkirk Regional Health Center on September 16, 2019.

He is survived by his beloved wife of 42 years, Bonnie; children Damian, Jeff (Angie) and daughter Jackie. Also the light of his life his grandsons, Hunter and Fredric; his two brothers, Billy and Peter (Louella); sisters-in-law, Thelma, Donna and Dorothy and his brother-in-law Brian; plus numerous nieces and nephews. He was predeceased by his parents, five brothers and four sisters, and numerous in-laws, nephews and nieces.

Jon lived on Hecla for the first 47 years of his life, farming and working for Parks Canada before moving to Lockport in 1981. He had a strong work ethic which he passed on to his children. He worked until a couple of years ago, cleaning after he retired

from Parks Canada.

Jon did not stray far from home. His family was his life!

We would like to thank the doctors and nursing staff at the Selkirk Regional Health Centre for their care of Jon during his stay there.

At Jon's request there will be no formal service. Private interment at Hecla Cemetery will take place at a later date.

Arrangements entrusted to:

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