

**PHOTO COURTESY OF LORD SELKIRK MINOR HOCKEY** The Selkirk Fishermen are marking their 100th anniversary this year. The Fishermen are the longest running junior hockey team in Canada, with history dating back to 1897. Pictured above is the 1917-18 Selkirk Junior B Fishermen team photo. For more coverage, see Pages 15 through 18.

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# **Healing with horses**

## Unity Ride stops in Selkirk to help heal families of MMIW

### By Lindsey Enns

It's not everyday you see horses riding through the streets of Selkirk.

But last Saturday several Unity Riders and eight of their sacred horses made their way through the city in hopes of offering healing to family and friends of missing and murdered Indigenous women and girls (MMIW) and men.

"This is our first time in Selkirk," said Helena Mazawasicuna, who has been a Unity Rider for four years."We are grateful and thankful for the hospitality and to all the people.

"We just want to do what's right for the missing, murdered women, children and men across the world."

Dozens of community and area members gathered outside of the Youth for Christ Selkirk building last Saturday to take part in a special healing ceremony. They were asked to form a tight circle so that Unity Riders and their sacred horses could ride around them.

"We ride for awareness, we ride for healing ... our horses are spiritual, they are medicine," Helena said. "These horses, they're connected to the people, they're connected to the land, they were given as gifts for the people to use.

"They take the pain and they ride it." Jeannie Red Eagle of Selkirk, along with other local organizers, teamed up to host the Unity Riders during an event for Sixties Scoop survivors, which took place in Winnipeg last Friday, as well as last Saturday's gathering in Selkirk, which was followed by a feast.

Families were also invited to acknowledge their loved ones by tying red ribbons onto the rails of the Highway 4 bridge.

Helena's husband Travis, who she met during a Unity Ride in New York, said being a Unity Rider comes with a lot of responsibility.

"My relatives, my uncles were original Unity Riders and they said 'we must carry this on," Travis said. "We come from all different communities but we ride for the people."

Helena said the Unity Ride is so much more than just riding horses.

"You have to be connected to that horse," she said. "Anybody can just ride, we have rules, we have protocol to what goes into these ceremonies. Some people are just horse riders. We are not. We pray on those rides."

Helena said the Unity Ride and the horses have helped heal a lot of her own pain as well.

"Helping people is just part of my own healing, giving back is part of it," she said. "They know how to heal."

For more information about the Unity Ride, search "Unity Rider's" on Facebook.

**RECORD PHOTOS BY LINDSEY ENNS** TOP: Helena Mazawasicuna shares a moment with her horse during the Unity Ride's stop in Selkirk last Saturday.

For more photos, see Page 5.













# **MMIW** inquiry part of Selkirk woman's healing journey

### **By Lindsey Enns**

A hand written postcard from British Columbia, photographs and a string of Facebook messages are just some of things Betty Rourke has left to remind her of her daughter, Jennifer.

"I had a beautiful relationship with my daughter," Rourke said with a smile while sitting inside her Selkirk home last Wednesday afternoon. "They say when you can speak without crying about somebody when they're gone you're on your way to recovery."

Rourke and her family were among the nearly 80 others who shared stories of at least 50 missing or murdered Indigenous women (MMIW) and girls during the national inquiry hearings, which were held in Winnipeg for five days late last month.

Rourke's daughter Jennifer Dawn McPherson was brutally murdered in 2013 at the age of 41 and her sister Jennifer Glenna Johnston was stabbed to death in 1980 at the age of 20.

"I call them my two Jennifer's because I named my daughter after my sister," Rourke said.

McPherson was killed by her husband Traigo Andretti in 2013 on Vancouver Island.

"It was like living in a horror movie," Rourke said referring to her daughter's death."There were things the police should have told me but no I was finding these gruesome details on the Internet.

"I think they were trying to spare me."

Andretti later admitted to killing McPherson and another Indigenous woman and was serving a life sentence when he was found dead in a Saskatchewan psychiatric facility in 2016.

Rourke said she believes sharing her sister's and daughter's stories during the inquiry is all part of her healing journey.



Although the inquiry has faced several complaints from some families about poor communication and delays, Rourke said she felt like she was heard.

"It was a wonderful experience," she said. "It felt like a weight had been lifted to get that out."

Rourke said she spent three months writing down the details of her sister's story and was brought to tears while reading it aloud during the inquiry.

"I got to the second sentence and I just burst out crying," she said. "It just came flowing out. I don't know if I picked up all the pain in the room that day of all these families in here.

"I just couldn't stop crying."

Rourke said she feels for the families who are still searching for answers and looking for their missing loved ones.

"For me, I have closure on both of my Jennifer's ... but I pray to God ... because when my daughter was missing for two days, it was devastating," she said. "I can't imagine how these families are doing."

Rourke said her faith and her belief in God has helped her heal.

"That's why I can talk, because of my faith," she said. "That's why I'm healing.

"It's all my belief in God."

Rourke said she hopes the inquiry leads to some sort

of change and breaks this cycle of violence.

t "It's not just our women ... but I think the movement of our Indigenous women is so powerful because all of us f are starting to see this is a real issue here."

Rourke said following the inquiry's stop in Winnipeg, families were offered extra supports.

The hearings in Winnipeg followed earlier hearings in Smithers, B.C., and Whitehorse.

The inquiry was scheduled to stop in Membertou, N.S., at the end of October and an interim report was due on Nov. 1.





### RECORD PHOTO BY LINDSEY ENNS

Betty Rourke of Selkirk sorts through a postcard and photographs of her daughter and little sister who were both murdered decades apart. Rourke recently shared their stories at the national inquiry into missing and murdered Indigenous women and girls during its stop in Winnipeg.

# Scaring away hunger

## Lockport School students help collect food donations for Selkirk Food Bank

### By Justin Luschinski

Lockport School students have teamed up to help collect more than 1,200 pounds of food donations for the Selkirk Food Bank.

The WE Scare Hunger event is a competition where students attempt to donate as much food as they can for the food bank. The students were organized into teams based on their homeroom, with assigned team leaders who encouraged their peers to donate more.

Tara Lambert, a teacher at Lockport School, said she was very impressed with how much food the students donated.

"A lot of these kids are learning to give back to their community," Lambert said. "Some of our students may never have to access the food bank, but at least they're understanding how even just bringing a few cans of food can make a difference."

This is the school's second annual WE Scare Hunger event. Lambert said

that this year, the students were challenged to only donate food items. Last year, students would bring in cases of water to help up the total weight of their donations. Lambert said that while this was helpful, they wanted to push the students to donate more.

The student team leaders worked hard to convince their classmates to donate. The students felt like they needed to help out their peers who might need some of this food.

Isabelle Rickards, a student team leader, said that she hopes the food donations will help someone.

"I feel really bad for all the people less fortunate, they can't afford some food," Rickards said. "I think this will help them a lot cause it's way cheaper."

Skylar Auger, another team leader, said the students started to compete when they knew who was in the lead.

"We announced who was winning, so that got people to start competing. People started bringing in a lot of food



**RECORD PHOTO BY JUSTIN LUSCHINSKI** 

Lockport School students helped collect more than 1,200 pounds of food donations for the Selkirk Food Bank as part of their second annual WE Scare Hunger event.



and trying to win," Auger said. In the future, the students at Lock-

port School are looking into doing a toy drive for Christmas.



## > UNITY RIDE STOPS IN SELKIRK, FROM PG. 2









**RECORD PHOTOS BY LINDSEY ENNS** 

Unity Riders made their first stop in Selkirk last Saturday for a special healing ceremony for families of missing and murdered Indigenous women and men. Dozens of community and area members gathered outside Selkirk Youth for Christ for the ceremony before the Unity Ride rode through the streets of Selkirk.





# Local family resource centre looks to help out new parents

### By Justin Luschinski

The Growing Years Family Resource Centre hosted their open house last Tuesday giving city officials and local parents the chance to check out all of the new changes at the centre.

Kat Marsch and her two-month-old daughter Vienna come to the Growing Years Family Resource Centre every week. Kat relies on the centre for clothing, baby supplies, and parenting advice.

Marsch said that Growing Years is an essential resource for parents in Selkirk.

"Growing Years is extremely important," Marsch said. "They provide so many things. They provide Halloween costumes, clothing, so many supports, this is the only place that caters to young parents ... I think everyone, regardless of your background, can access Growing Years and get something from it."

The centre provides programs and resources for new parents, from when their child is born till the age of six. They also provide multiple programs,



**RECORD PHOTO BY JUSTIN LUSCHINSKI** 

Kat Marsch and her baby Vienna, pictured left, and Marlee Hourie with her baby Aria, pictured right, attended the Growing Years Family Resource Centre open house last Tuesday.

such as the toddler and baby love programs, where parents can spend time with experts and other parents to learn how to best take care of their child. Terrie Moar, the executive director of Growing Years, said that they welcome any family to come and check out their centre.

"There aren't that many supports for (new parents) in Selkirk. It doesn't matter who you are or where you come from, all families are welcome here," Moar said. "We know that no matter who you are, everybody needs help at some point in parenting."

Moar said that they organized the open house as a thank you to the Selkirk and District Community Foundation for all the support they have received as well as to show off some of the changes they've made to the space.

Marsch said that the most important thing she learned at the centre was to trust her own instincts.

"There are so many opinions on parenting ... They really do believe that, as a parent, you know what's best for your child, which is so nice," Marsch said. "Even if you've done something wrong, you don't feel like an outsider, they really are welcoming ... Just learning that I have my own instincts, but also that I have the support of Growing Years is nice."

Growing Years Resource Centre is located at 216 Manitoba Ave. For mroe information, visit growingyears.info or call 204-785-8218.

## Holodomor mobile classroom makes a stop at East Selkirk Middle School

### By Justin Luschinski

East Selkirk Middle School students are learning about one of the world's least known genocides.

The Holodomor National Awareness Tour stopped in at the middle school lastTuesday. Students were lead into a large mobile classroom, outfitted with IPads and a large screen, where they got to learn more about the genocide committed against Ukrainians.

The Holodomor was a genocide against millions of Ukrainians in 1932-33. The government at the time, led by Joseph Stalin, starved the Ukrainian population by placing a quota for grain on the citizens.

Stephanie Bailey, a facilitator for the Holodomor National Awareness Tour, said it's important that children are able to understand this forgotten piece of history.

"It gives us an opportunity to discuss the faults within our own democratic society," Bailey said. "It lets us talk about media. Stalin manipulated the media to cover up the genocide, so we get to discuss how our media is manipulated today, and the role of government in a modern society."

Bailey said that it took years before this genocide was discussed seriously. It was starting to be investigated only 15 years after the USSR fell. Thanks to Stalin's efforts, such as paying for a New York Times article, the Holodomor was successfully covered up for many years.

Kevin Viaene, one of the assistants for the mobile classroom, said that the tour is important to a lot of Ukrainian families in Manitoba, as there are many survivors of the Holodomor who live here.

"This matters to a lot of people,"Viaene said. "I've had parents come up to us after the lesson to tell us how thankful they are that someone is talking about (the Holodomor) ... A lot of them tell us about the horrible



**RECORD PHOTO BY JUSTIN LUSCHINSKI** 

East Selkirk Middle School students use IPads to conduct their own research on the Holodomor genocide during the Holodomor National Awareness Tour's stop in East Selkirk last Tuesday.

things that happened to them, how they were always starving under the regime."

As part of their tour of the mobile

classroom, East Selkirk Middle School students had to present their research findings about the Holodomor to the rest of their classmates.

## ONE DAY ONLY! SATURDAY, NOVEMBER 18<sup>TH</sup>, 2017

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Make a gift to the Selkirk & District Community Foundation – Community Fund on Saturday November 18th during the Endow Manitoba 24 Hour Giving Challenge and your gift will be stretched, with support from The Winnipeg Foundation and the Province of Manitoba.

Please go on-line to www.endowmanitoba.ca and look for SDCF or join your friends at the Gaynor Family Regional Library in Selkirk from 10am–3pm on Saturday November 18th, where the SDCF team will be there to help you make your donation on-line.

# **Gypsy Traders collecting sock donations for local shelter**

### By Justin Luschinski

The Gypsy Traders wants you to bring in sock donations for a chance to win a pair of moccasins.

The Socks for St. Francis fundraiser hopes to give new socks to the St. Francis Place Shelter. If anyone from Selkirk or the surrounding area brings in a package of fresh men's socks, they will be entered in to win a pair of handmade suede moccasins.

"The homeless shelter in Selkirk is something I was a huge advocate for," said Anna Massey, owner of The Gypsy Traders. "A few years ago, my husband and I encountered some young guys who were sleeping in the bank, and that stuck with us ... Socks are one of the most needed things for shelters.

"That's why we decided to do Socks for St. Francis."

The Selkirk shop, located at 238 Manitoba Ave., will be collecting new socks until their holiday open house on Nov. 18.

They are specifically asking for male socks because they can be worn by both men and women, whereas women's socks might be too small for the men.

René Gauthier, chairman for St. Francis Place, said that sock donations give some relief to the cold Selkirk weather. According to him, they don't get very many donations of socks and underwear.

"It's very important because if your feet are wet, you get blisters, you have cold feet," he said. "The key for them being homeless is to stay dry. A lot of the shoes that homeless people have don't offer protection from water.

"You have people coming in and their feet are so sore because of wet socks."

Gauthier said that they have plenty of jackets and other clothes, but they need more underwear donations. Gauthier also stresses that St.



RECORD PHOTO BY JUSTIN LUSCHINSKI Anna Massey, owner of The Gypsy Traders, holds up a bag of fresh socks. The Selkirk shop is collecting sock donations for St. Francis Place until Nov. 18.

Francis is looking for volunteers, and that they desperately need two people to help out.

If someone is interested in volunteering, they can stop by St. Francis Place located at 202 Christie Ave.



### Notification of Service Change

As of December 4, 2017, the following rural Manitoba Hydro offices will no longer accept bill payments:

- Arborg Ashern Brandon 10th St. Brandon Service Centre Dauphin Killarney
- Lac du Bonnet Morden Portage la Prairie Neepawa Russell Selkirk

Steinbach Swan River The Pas Thompson Virden

In Winnipeg, the St. Boniface, Notre Dame Avenue and Fort Garry offices will no longer accept bill payments. Payments will still be accepted at our head office at 360 Portage Avenue.

Customers will continue to have access to other Manitoba Hydro services at these centres, or on-site by appointment. Other services, such as applications for electrical permits, are available through our website.

We offer several convenient options to pay your Manitoba Hydro bill:

- Pre-authorized Payment Plan: Sign up to have your payment automatically transferred from your bank each month to your Manitoba Hydro account.
- Online or by telephone through your bank or credit union.
- In-person at a bank or credit union.
- Through an authorized Manitoba Hydro agent in your area. A complete list of authorized agents in your area is available on our website at hydro.mb.ca/accounts\_and\_services/authorized\_agents.shtml

You can also access and manage your account securely online by signing up for MyBill at hydro.mb.ca/mybill

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### Welcome friends.

> ARNIE WEIDL

I gazed at the crests of silvery grey waves licking the top edge of the Hnausa pier then sinking away making Unis Hanischuks' fish line snap as it cut through each peak. Standing beside her I complimented her. She had driven from Winnipeg to sit for hours fishing with no one else on the pier. To her, this was a great way to spend her day off. I had met her here a few weeks ago and now as we talked we watched commercial fishers heading for harbor their skiffs' bows rising and falling through the choppy waves. Once behind the rock water break they glided through placid water to the pier. I told Unis lately I had been passing the time with our fishers at the harbors and most of them said the catch was fair this fall but the constant heavy south wind had made it a little hard on the arms. Anyway, in time Unis and I said our goodbyes and I headed south to Breezy Point for a visit with the anglers there.

As I drove up to the parking lot where Netley Creek empties into the Red River I saw a guy sitting on an upside down pail. He looked like a well conditioned football player in sweats and though he said he was from Winnipeg he seemed to have a slight South African accent. His constant ready smile complimented his easy way of talking introducing himself as Peter George saying, "You should have been here a little while ago! There was this guy fishing beside me and he had cast well out into the creek, well, here came a boat and caught his line in the prop. His line popped out of the water and his rod sprang from his hand. That's a 50 pound line," the neighboring angler said as he stood up, "he's not going anywhere!" Apparently then, the boaters' head turned to his ailing motor and promptly shut it down, raising it. Waddling back around his family's legs he leaned over the transom and



**RECORD PHOTO BY ARNIE WEIDL** Unis Hanischuk with her catch at the Hnausa pier recently.

began unwinding the anglers' line from his prop. Finally with the tangled line and rod in hand the boater maneuvered his craft to shore in front of the angler and tossed it back to him. Then with a smile and mock salute he pointed his boat toward open water and took off.

A short distance from Peter I met a pretty, petite red headed gal, Parra Small who was fishing. Hearing Pete's' story she had one ready for us! Last winter she was ice fishing by Buffalo Point in the Lake of the Woods with her family. They were cozy in their ice shack with a wood fire crackling in

the stove and her dad decided to enjoy a big Boston Cream cup cake. Now there is no dignified way to eat these things so soon his hands, face and rod handle were covered in dark brown chocolate and white whipped cream. The family teased him mercilessly until suddenly he got a bite. With what was left of the cup cake bulging from his mouth he brought a big jackfish out of the ice hole just as he lost grip of the cake. It fell right on top of the flopping jack splattering it with chocolate and cream. Reacting without thinking dad tried to pick up his cake. Parra yelled at him, "Poppa, don't you put that back in your mouth, it's going in the garbage!"

Not too long ago I was at Hillside on the east side of Lake Winnipeg and ran into a terrific couple, Pat and Rick Dewar, who like to fish the bay here. Pat was a fine, thin lady with long white hair while Rick had a commanding, confident air about him. We traded fishing stories getting to know each other and I joked about their last name being synonymous with a famous Scottish drink. Ricks' face lit up with pride! Soon they told how they were fishing here and had a string of fish floating in the water when along came a pelican. It cast a sideways glance at the delicacies and decided they were his. Rick could see what was about to happen and began yelling at the bird to go away. The pelican stopped, considered the situation then half swam half flew for the fish. Pat stood up and with flailing arms tried to "shoo" it away. Rick picked up the string of fish and rattled it about. That was a mistake; it drew the bird like a magnet. Thinking quickly Pat pulled a small perch off the string and tossed out into the water. The pelican raced after it pouncing on it as the Dewar's beat a hasty retreat home! See you next week, bye now.

### View the Selkirk Record online at selkirkrecord.ca



Corrie Sargent



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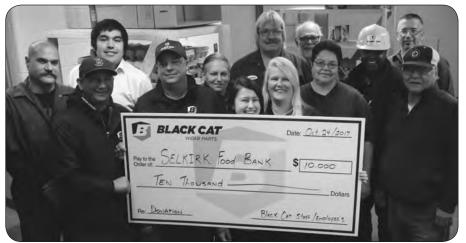
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## Black Cat Foundation donates \$10K to Selkirk Food Bank



### **RECORD PHOTO BY BRETT MITCHELL**

Black Cat Wear Parts and Selkirk Food Bank staff recently got together so The Black Cat Foundation could present the local food bank with a \$10,000 donation. Black Cat Wear Parts is a Canadian owned manufacturer and supplier of ground engagement wear parts to the construction, mining and road maintenance industries. Their Canadian facilities include fabricating, foundry and distribution locations in both Edmonton, Alberta and Selkirk and their products are distributed around the world. "Our business has grown significantly over the past several years and we want to share our success with the communities in which we live and work in," a statement from the foundation read. "We appreciate the work the Selkirk Food Bank does to support our community."



# Manitoba's first taste of winter

SUBMITTED PHOTO Manitoba got its first real taste of winter last Thursday when strong winds and snow wrecked havoc on various roads and highways. Pictured above: A tow truck driver tries to help out a driver whose SUV went into the ditch along Highway 67 in St. Andrews. No injuries were reported in the incident.



## **Letters** City of Selkirk clarifies its position on St. Andrews sewer project

In the Oct. 26, 2017 edition of the *Selkirk Record*, it appears that some inaccurate statements may have been made in relation to the City of Selkirk's desire to allow the Rural Municipality (RM) of St. Andrews to connect to the City sewer system.

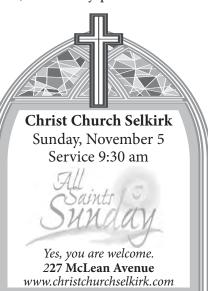
The City of Selkirk is both willing and able to provide sewer services to the RM of St. Andrews, in particular, to the region identified within the RM's "Phase Two" project.

In recent weeks, City and RM administrations worked closely to identify the potential for this service opportunity. Within that effort, the City of Selkirk engaged an engineering firm to undertake an analysis of the potential project. This analysis, complete with high-level cost estimates, were provided in full to the RM for their consideration.

Based on the recommendation of the City's engineers, the City indicated that the RM would need to connect to the City's lagoon system rather than connecting to the City's collection system, which takes the City's sewage directly to the treatment plant. This connection plan is a requirement due to the differences in the quality of the sewage created by the type of system being constructed by the RM. While a slightly different connection, it is still a connection to the system.

A Message from Selkirk Mayor Larry Johannson:

"Let there be no misunderstanding, the City of Selkirk most definitely welcomes the RM of St. Andrews to connect to our system. In fact, we already provide sewer ser-



vices for some RM residents. I am very proud of the work done by our Administrative team who, on short notice, put together an extremely cost-effective proposal for the RM.

We believe that our proposal offered a real potential for long-term cost savings for St. Andrews residents. Historically our sewer rates are significantly lower than Winnipeg's - the RM's own analysis shows that connecting to Selkirk could save the average St. Andrews family around \$145 per year. We offer lots of price assurance as well because our rates are governed by the Public Utilities Board where Winnipeg's are not, and we have already priced the cost of our new plant into the rates we've shared. There will be no rate surprises coming in Selkirk.

We fully respect that St. Andrews Council has made a decision on this matter, and we respect that it is their decision to make. That said however, after reviewing the information provided to council, we believe that there may be further opportunities to make the City's proposal even more cost-effective for St. Andrews residents. Should the RM ever want to discuss those options, we are always willing to work with our neighbours."

### The War Amps Key Tag Service

It works! Nearly 13,000 sets of lost keys are returned every year.

"Thank you for the safe return of my keys! My car fob would have cost \$265 to replace, so I am especially happy to have it back." – Joffre





## **10** *The Selkirk Record* Thursday, November 2, 2017 Selkirk woman thankful for those who came to her aid after crash

### By Justin Luschinski

A Selkirk woman wants to thank those who came to her rescue after she rolled her car while driving to work in October.

Erin Zettergren was driving up Main Street headed to her job at McDonalds in Selkirk when she tried to roll her window down.

She pulled on to the gravel shoulder of the road, overcorrected to the left, which made her car flip and roll over on the passenger side.

"Honestly, I don't remember anything, I just know I was on the shoulder, then all of a sudden I was sideways, hanging from my seat belt ... I'm just like in shock, I'm breathing so hard, it's scary," Zettergren.

After Zettergren rolled her car, she was assisted by a few people. They helped her out of her car and per-

formed basic first aid on her, such as checking for wounds and giving her a blanket. Although she doesn't know exactly how helped her, she still wants to say"thank you."

"Beyond thankful to the people who pulled over to help after I rolled my car just before Selkirk on main street today," she wrote in a Facebook post recently.

Zettergren said her manager at Mc-Donalds passed her accident on the way to work, and called to make sure she was OK. Luckily she wasn't injured in the crash and her family is also very grateful for those that came to her aid.

"Thank you so much to those that witnessed and stop to help her," said Erin's father Phil Zettergren. "You are amazing, and I'm sorry I never got the chance to thank you personally."

Zettergren said her car is still drivable, but most likely will be written off.

There has been quite a bit of support on her Facebook post, one person has claimed that he was the one who helped flag down paramedics after Zettergren's accident. This person could not be

reached for com-

ment by press

**Royal Canadian Legion Branch 42** 

deadline.



SUBMITTED PHOTO

A Selkirk woman wants to thank the good samaritans that came to her rescue after she rolled her car on her way to work earlier this month.

## Former parishioners gather at former St. Clements church site for special dedication

Submitted

parishioners and Thirty former

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### friends gathered at the corner of PTH 204 and Clarke Road last Sunday at the location of the for-

Nov 3 – 8pm Rocket 88 Band

Nov 11 – No Bingo

Mondays

1:00 pm

Nov 10 - 8:30pm Slip'd Disc Band

Nov 11 - Branch Hours 12 noon - 5pm

Nov 17 – 8pm Tim Longbottom Band

Nov 24 – 8pm Uncle Basic Band

Dec 2 – 7:30pm Vera Lynn tribute

Nov 26 – Grey Cup Party

Nov 29 – General Meeting

Nov 11 - 10:30 Remembrance Day Service, Rec Centre

Tuesdavs

food & beverage specials

Afternoon crib All day Member's Day with Meat draw & Chase the Ace

mer MacKenzie Presbyterian church for a dedication of a Memorial Cairn at the church's original site.

This church was considered as a heritage site of the RM of St Clements due to the contribution its founder, Mary Mackenzie and the parishioners

Office: 482-4319 Bar: 482-6015 www.selkirklegion.org

November Events Calendar

403 Eveline Street, Selkirk

**TEXAS HOLD 'EM** 

BINGO

Mon. 7:00 pm, Sat. 1pm

HALL RENTAL

dates available

MUG. SPUD. & STEAK

fundraising dates available

UNDAYS

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12 Noon 7:00 pm

Fridays

sales start at 4:30 pm

POKER TOURNAMENT Every Thursday @ 7pm

gave to the local community.

Built in 1930, it was originally called "All Peoples Mission" because it was built for the people of the community. Later the name was changed to MacKenzie Presbyterian church in remembrance of Mary MacKenzie the founder.

For 50 years, this little church was used for Sunday school, Church services, marriage, baptismal ceremonies and funerals. A vibrant church community was developed and a small cemetery established.

The building was removed in 1980 in favor of a new building located in east Lockport. The cairn marks the location of this heritage site.





FROM PRINT TO DIGITAL, truth has long been a part of Canadian advertising.



# **Fabric Art Divas bring Prairie Perspectives to Gwen Fox**



**RECORD PHOTO BY LINDSEY ENNS** 

Manitoba fibre artist Susan Selby holds up her interpretation of a Manitoba lake sunset photograph artists were asked to draw inspiration from for The Fibre Art Divas art exhibit running until Dec. 2 at the Gwen Fox Gallery.

### By Lindsey Enns

A group of 13 fibre artists from across Manitoba have brought works of art drawing inspiration from the Prairies to the Gwen Fox Gallery.

The Fibre Art Divas Prairie Perspectives exhibit runs until Dec. 2 at Selkirk's art gallery. The show's opening reception will take place on Sunday, Nov. 5 from 1 p.m. to 3:30 p.m.

The show consists of two parts, artist Susan Selby explains. The first collection of pieces is each artist's interpretation of a photograph of a Manitoba lake sunset. The second grouping of pieces surrounds their Prairie Perspectives theme.

Selby has been a fibre artist for nearly 10 years and helped start the Fibre Art Divas, which was formed in 2014 for those with an interest in fibre arts. This is their first show as a group and this collection will be travelling on to Neepawa and other Manitoba galleries in 2018.

"I always did sewing and quilting

## **Concert benefits Project Echo**



**RECORD PHOTO BY BRETT MITCHELL** The band, Thistle, performs during the Selkirk Rotary Club's Celtic Fury Concert inside the Comp's theatre last Friday. Funds raised from the event are going towards the Rotary Club's Project Echo to help bring an Echocardiogram to the new Selkirk Regional Health Centre. and very quickly got bored with making the same thing," Selby said referring to how she got involved with fibre arts. "Then I started doing landscapes and kept going.

"I start with just white cotton for instance and dye it, paint it and stitch it." Selby said their group likes to think of fibre art as an "emerging art form."

"There are a lot of people that don't know anything about it," Selby said with a smile. "It's like painting with fibre, with strips of fabric, a lot of people use wool for instance, yarn, thread, anything."

The Gwen Fox Gallery is located at 250 Manitoba Ave. and is open Tuesday through Saturday from 11 a.m. to 4 p.m.

For more information, visit gwenfox-gallery.com.



# Pallister unveils made-in-Manitoba green plan

### By Natasha Tersigni

Premier Brian Pallister announced a Climate and Green plan that is 'Made-in-Manitoba' Friday morning recognizing green efforts already put forth in the province attacking Prime Minister Justin Trudeau and his government's climate change policy.

Using Oak Hammock Marsh as a backdrop and with Minister of Manitoba Sustainable Development Rochelle Squires by his side Pallister billed his government's plan as a policy that 'puts Manitobans first.'

In early October the federal government demanded that provinces impose a carbon tax by 2018 or one will be imposed. The proposed federal carbon tax scheme would be rolled out over five years with \$10 per tonne tax in 2018 and \$50 per tonne tax in 2022; each year the tax would rise \$10 per tonne.

Pallister countered the federal government's plan with a stable carbon tax at \$25 per tonne for the next five years. In Manitoba, the proposed carbon tax would be implemented on gasoline, at approximately five cents per litre, as well as natural gas and coal. Electricity would not face the carbon tax as 98 percent of electric power in Manitoba is derived from hydroelectricity.

Along with the carbon tax, other ways the province's policy plans to reduce carbon emissions include the requirement that diesel fuel contain at least a five per cent biodiesel content;



**RECORD PHOTO BY NATASHA TERSIGNI** 

Manitoba Premier Brian Pallister, pictured left, and Minister of Manitoba Sustainable Development Rochelle Squires, pictured right, announced the province's new Climate and Green Plan at Oak Hammock Marsh last Friday. The plan looks at ways to reduce provincial carbon emissions and includes a \$25 per tonne carbon tax to be implemented in 2018 for five years.

setting an organic diversion target of 100,000 tonnes from landfills; phase out the province's last coal-fired generating station and implement a rebate program that would retrofit heavy-duty diesel trucks.

"Our measurements show that our plan will be more effective over a five-year period both for the environment and for the economy; we know that for a fact. This is in large fact why we believe this 'Made-in-Manitoba' is best for Manitoba," explained Pallister. When asked for specific examples of data used to come up with the price tag of \$25 per tonne tax, Pallister said more data and evidence will be announced in the coming months and closer to next year's provincial budget announcement.

"I am appealing to people around the province to have a look at our plan and to comment on it. If they are favourable to our plan then it will be difficult for Ottawa to evoke theirs on our province."

One industry that would be exempt from the tax would be the agriculture industry. The province will not directly target a reduction in emissions produced by the agriculture sector and the carbon tax will not apply for fuel used in farming operations.

"Farm fuel has been exempted for our farm producers and that is a good start. Part of the consolation process is what this plan will look for our hog barns and dairy producers as well," said Lakeside MLA and Agriculture Minister Ralph Eichler who was in attendance at the announcement.

The province will now be in a fiveweek consulting phase, where they want to hear from the public on the proposed Climate and Green Plan including where the tax revenue will be spent.

"We are a listening government and we want to encourage Manitobans to share their point of views especially on the recycling side. There is a mix of investment possibilities and we want Manitobans to be involved," added Pallister.

Eichler has committed to a local consultation process that may include an upcoming town hall held within the constituency. For now, Manitobans can visit gov.mb.ca/climateandgreenplan to share their opinions on the proposed plan.

## Selkirk's indoor community pool expected to reopen this month



### By Lindsey Enns

Those missing the feeling of jumping into Selkirk's indoor community pool will have to wait a little longer.

Lord Selkirk School Division Supt. Michele Polinuk said they are hoping the Selkirk Community Pool, which is located inside of the Comp, will be able to reopen and welcome swimmers starting sometime in mid-November.

The popular pool was forced to close down in early August after a mechanical malfunction caused several feet of water to leak into the pool's mechanical room.

Polinuk said they have taken advantage of the closure to do some much needed upgrading to the pool area including installing a better alarm system, new tiles around the pool deck and a new patrician in the pool.

Insurance is covering around \$200,000 to \$250,000 of the cost of repairs while the LSSD is spending approximately \$30,000 of its own budget

on the upgrades, she added.

"We're taking this opportunity of time to do some upgrades and general maintenance that we would do maybe during summer or spring break and doing them now," Polinuk said. "And then filling the pool will take a bit of time and right now we're aiming to open mid-November."

Polinuk admits the pool's closure has put a strain on all of the programs its hosts.

"Sometimes you don't realize what you got until it's gone and that would be the case here," she said. "It's used seven days a week and all throughout the year now so it has a definite impact but people have been very understanding that this was something that was out of our control.

"Knowing that they're going to go back to having an upgraded system, the pool will be ready to go, it will probably be used even more than it was before."

# Pinning of first poppy helps kick off Selkirk Legion campaign

Mayor urges community members to pick up a poppy this month

### By Lindsey Enns

A bright red poppy was pinned to the City of Selkirk mayor's sweater to help kick off the local legion's poppy campaign last week.

"It's an honour and it's a privilege to be here to receive the first poppy," Larry Johannson said while sitting inside the Selkirk Legion located along Eveline Street last Wednesday afternoon. "With all the turmoil in the world right now, it's more than ever we should be honouring the fallen but also honouring the ones that are fighting to keep our country safe, our land safe and also the ones that are always ready at any need.

"I'm hoping that everybody in all our communities, when you see the poppy box, please donate, wear a poppy with pride and just remember we're fortunate to live in the country that we do."

Selkirk Legion president John Austin, who was elected in January and is currently serving a one-year term, said it's his first time taking on the role of poppy fund officer and he's looking forward to another successful fundraiser.

Austin said it's important to pick up and wear a poppy as a way of remembering the fallen.

"And the vets that are serving right now so that we can be living in the society we live in," Austin said. "The world is not a nice place at the moment, it doesn't seem to be getting any better, but they sure left us a good place and I hope that we can keep it this way over time."



**RECORD PHOTOS BY LINDSEY ENNS** 

ABOVE LEFT: Wayne Bird, former Selkirk Legion president, pictured right, presented Selkirk Mayor Larry Johannson, pictured left, with the first poppy to help kick off Selkirk's poppy fund campaign at the local legion last Wednesday afternoon. ABOVE RIGHT: Pictured from left to right: Selkirk Legion president John Austin, Selkirk Mayor Larry Johannson and former Selkirk Legion president Wayne Bird helped kick off the poppy fund campaign at the local legion last week.

Every year, legion's across Canada launch their poppy campaign on the last Friday of October.

Poppies are distributed by legion branches and the funds collected go into each branch's poppy trust fund. These funds can only be used under strict guidelines set up by the Poppy and Remembrance Committee of Dominion Command to help improve life for people in the communities where the money is raised.

"The poppy fund really helps the community because we donate to different places ... and we also help the veterans that gave us the world that we live in and enjoy," Austin said.

In Selkirk alone roughly 15,000 poppies are handed out annually.

The poppies are intended to honour the thousands of Canadians who have died in the service of their country throughout the world.

This year's Remembrance Day service in Selkirk will be held once again

Selkirk RCMP helps return stolen coin collection to its rightful owner

### Submitted

Earlier this year Selkirk RCMP received a small collectible coin set from an unknown person with a letter attached to it.

The letter stated the coin set enclosed was stolen from a white Jeep Cherokee parked on Selkirk Avenue in Selkirk during the summer of 2013 and asked for it to be returned to the rightful owner.

The clues were enough for police to comb through their historical reported vehicle thefts in 2013.

A report came back matching the description of the vehicle stolen but there was no mention of the coin set

taken at that time.

Police followed up with the registered owner and he was able to confirm that his Jeep had been broken into and that a coin collection belonging to his dearly departed mother was taken.

The owner was able to describe the coin set in its entirety including its packaging and the exact location where the vehicle was parked on Selkirk Avenue when the coins went missing.

According to RCMP, the owner was grateful to be reunited with the coin collection.

at the Selkirk Rec Complex. Doors will open around 10 a.m. with the service starting at 10:30 a.m.

A Remembrance Day Service will also be held in West St. Paul at St.

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9.5 × 10.

Paul's Anglican Church located at 299 Balderstone Road. Doors will open at 10 a.m. with the service beginning at 10:30 a.m.



and a new incoming tenant occupy separate space though their own private entrances. The building was upgraded in 2012. Both the reception and board room are shared, there are currently five offices available for lease.

For information please contact: BIG Real Estate 204-485-0010 email bigandcolourful@mts.net

# Woman advocating for equitable access to disability tax credit

### By Jennifer McFee

A former Woodlands resident is speaking out about her experiences as a Type 1 diabetic to draw attention to issues surrounding the disability tax credit and coverage for insulin pumps.

Jessica Williams was 10 years old when she was diagnosed with Type 1 diabetes. Now 23, she has spent more than half of her life keeping tabs a close watch on her health.

She was happy to get a new insulin pump in the mail last week since her previous one stopped working. She had been stressing about how she would pay for the \$7,200 piece of medical equipment until she got the good news that her boyfriend's workplace health plan would cover the costs.

Many other people are not so lucky — and they are also feeling the impact of changing practices surrounding the disability tax credit.

Andrea Kwasnicki, Diabetes Canada's regional director for Manitoba and Nunavut, said that someone living with Type 1 diabetes spends anywhere from \$10,000 to \$15,000 on outof-pocket expenses. For those that qualify, the disability tax credit gives a \$1,500 tax break to help offset those costs.



JESSICA WILLIAMS

The problem is that it's becoming more and more difficult to qualify for that credit.

"What our constituents have noticed since May of this year is that it is becoming more difficult with people living with Type 1 diabetes to be approved for the disability tax credit," she said.

"It's not that they are eliminating it. It's just that it seems to have become a little more challenging in order for individuals to meet the criteria to qualify for that disability tax credit. To qualify, you need to be investing a minimum of 14 hours per week on your therapy, and the therapy needs to be life changing. So even though you can say that you are on insulin and you need to test your blood sugars and count your carbs, those aren't necessarily the steps that they are taking into consideration for the calibration of the time."

For people living with Type 1 diabetes, they are continuously calculating their carbohydrate intake and insulin while also monitoring their blood glucose levels and treating lows.

"What we're understanding is that government has now said that because of all the advanced therapies that are available, there is less time required. For example, they say insulin pumps are making the management of your diabetes so much easier and it allows a lot more freedom," Kwasnicki said.

"That being said, it increases your time for management. It maintains your blood glucose levels in better form; however it takes longer to calculate to ensure that those levels are maintained."

For Williams, it's hard to imagine life without an insulin pump, which are only covered in Manitoba for people under 18.

"With an insulin pump, I don't have to give needles all the time. Instead of getting five needles every day, I get one needle every three days. It increases control because you have the controls right at your fingertips," she said.

"I was in tears when I found out my boyfriend's work would cover the costs. I was so happy. I thought I would have to back on needles because I wouldn't be able to afford a pump. Besides the one-time cost of buying the machine, the supplies cost \$500 every month. It definitely helps to have that tax benefit because we all have to put out so much money just to have a somewhat normal life."

Williams plans to participate in an advocacy initiative at the Manitoba legislature on Nov. 8 and 9 to speak to MLAs about the importance of extending insulin pump coverage to people of all ages.

In addition, Diabetes Canada encourages people to reach out to their members of Parliament to bring up the issue with the federal government. For more information, visit the Diabetes Canada website at diabetes.ca or the JDRF website at jdrf.ca.













# Hockey collection a snapshot of Selkirk Fishermen's history

### By Justin Luschinski

The Selkirk Fishermen are celebrating their 100th anniversary this year.

Al Hares has been coaching hockey since he was 13-years-old.

He's coached for the Selkirk Fishermen for almost 30 years, starting in 1971. He kept every piece of memorabilia he could, and now he's got an entire office full of Selkirk Fisherman history.

"I collect everything," Hares said. "I had line-up cards from back in the 70s. I have old jackets that my wife wanted to get rid of. Every team I ever got or any team I ever coached.

"I'm just a collector I guess."

The Selkirk Fishermen are the longest running junior hockey team in Canada, with history dating back to 1897. Harris has an office filled with jerseys and photos of each Fisherman team dating back to the 1970s.

Hares has a lot of memories from his time with the Fishermen. The team used to play out of "The Barn," formerly known as the Selkirk Arena, which was a very difficult place to play hockey, he says.

"When I had to administer some kind of punishment to a player, we had to go into the furnace room," Hares said. "The furnace room was where the referees would dress. There's no bathrooms there, but there was a sewer by the furnace, so they would pee in there.

"I'd take guys in there, and when the furnace turned on, you could barely sit in there due to the smell."

The Barn was small, and came with a lot of other challenges. Hares said there was only one entrance to the rink, so he made sure his team was out there first. The Fishermen would be warming up, and shooting pucks to their net, which would fly by the rink entrance. The other team would have



to rush out to their side, or risk getting hit.

Chris Poponick, the team's current general manager and coach, says the Fishermen's 100th anniversary is quite the milestone. He added the only reason the franchise has lasted this long is because of the support they have received over the years from the community and volunteers.

"There's a lot of great people who've kept the program going," Poponick said. "Even when I was playing, there were people who are working day and night to keep the team alive.

"A lot of great people were working behind the scenes, and they deserve more credit than they get."

Poponick said that one of the big-

gest challenges the team faces is funding. A long time ago, the team was able to give out sticks and pants, but the equipment costs too much now for that to be feasible. The Selkirk Fishermen will face off against the Arborg Ice Dawgs at the Selkirk Rec Complex on Saturday, Nov. 4. Puck drop is at 7:30 p.m.

For more information about the

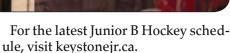


Selkirk Fishermen, visit selkirkjrbfishermen.ca.

### RECORD PHOTOS BY BRETT MITCHELL AND JUSTIN LUSCHINSKI

LEFT: Selkirk Fishermen general manager and coach, Chris Poponick, pictured left, and former Fishermen coach, Al Hares, pictured right, share a laugh inside the Selkirk Rec Complex on Monday. The Selkirk Fishermen are celebrating their 100th anniversary this year. BELOW: Al Hares, who coached the Fishermen for almost 30 years starting in 1971, has kept every piece of memorabilia he could from the team and now has an entire office full of Selkirk Fishermen historv.





## Fate of Selkirk hospital's Memory Tree concerns former nurse

### By Justin Luschinski

The Palliative Care Memory Tree is still sitting inside Selkirk's former hospital.

The tree was a way to honour staff who have passed on by immortalizing their names on a gold leaf, which then became part of the larger tree located near the back of the hospital.

Joan Burzuik, a former nurse, was concerned about the fate of the tree, so she reached out to the Interlake-Eastern Regional Health Authority (IERHA) to find out what was going to happen to it. She said that the staff couldn't give her a definite answer on the fate of the tree.

"(The staff) told me to call back in July ... I called them two months later. They said they were still waiting for a response back from these people who were going to move it ... There's a lot of names on that tree ... Either move the tree to the new building, or give the leaves back to the affected families," Burzuik said.

The new Selkirk Regional Health Centre opened in June.

Pamela McCallum, IERHA excutive director, said she's been in contact with Burzuik regarding the tree. She added that there are a lot of logistical



**RECORD PHOTOS BY JUSTIN LUSCHINSKI** 

A former nurse is worried about the fate of the Palliative Care Memory Tree, which currently sits inside of Selkirk's former hospital.

problems with the old tree, and the IERHA is looking into a practical solution.

"There isn't a design solution to add to it that respects the original intention of this recognition piece," McCallum said. "Maintaining the tree will become increasingly challenging as more donors come forward in the future ... These leaves were purchased in bulk when the tree was installed and we no longer have a supply of these original leaves.

"To replicate a leaf to the same standards as the original is now cost prohibitive." McCallum said that there are a number of other factors, such as restoring the names engraved on the tree, that need to be addressed.

She did not want to comment on what would happen to the tree until the matter was discussed with stakeholders and staff.

ADVERTORIAL

# **Local Auto Body Shop Earns Official Certification**

Selkirk - Selkirk Auto Body Ltd. has been officially Certified by Certified Collision Care, a non-profit consumer advocacy organization for maintaining the right tools, equipment, training, and facility necessary to repair the participating Automaker brand vehicles according to the manufacturer's specifications. In achieving their Certification, Selkirk Auto Body Ltd. is now an integral part of the most advanced repair capable and efficient collision repair network in the world. Adding to their credentials, Selkirk Auto Body Ltd. is officially Certified by "Certified Collision Care" for Fiat, Chrysler, Nissan and Ford with Ford Aluminum.

To become Certified by the various Automakers, Selkirk Auto Body Ltd. passed the rigorous Certification process essential to help ensure a proper and safe repair of the new generation of advanced vehicles. Less than 5 percent of body shops across the nation are able to meet the stringent requirements to become officially Certified and recognized. The Certified network is made up exclusively of best-in-class collision repair businesses that have met or exceeded the stringent requirements of the Certification program.

According to Selkirk Auto Body Ltd. Owner, Joe Pellaers, "We are thrilled to have achieved the Certification and automaker recognitions. This certification helps to let our customers know they are dealing with highly trained professionals that care about them and will assure that their vehicle is repaired right to ensure its safety and performance."

The Certification criteria is based upon auto manufacturer requirements. These are critical to ensure the vehicle fit, finish, durability, value and safety following an accident. As new model vehicles are being introduced that use light weight high strength materials and advanced technology, a proper repair according to manufacturer specification is even more important than ever to ensure the passenger safety and proper performance of the vehicle. Auto manufacturers want to ensure that consumers have the option of Certified Collision Repair wherever they live, work, or travel.



"Consumers need the confidence and peace of mind to know their vehicle is repaired by a shop that has what it takes to ensure the vehicle safety. Selkirk Auto Body Ltd. is officially a Collision Care Provider," said Scott Biggs, CEO of Assured Performance Collision Care. "They represent the standard by which all other body shops are measured."

About Certified Collision Care: Certified Collision Care is the Canadian division of Assured Performance Network, the largest network of OEM Certified repair providers in the world with over 2,800 Collision Care Providers participating, and administers the Canadian Nissan Certified Collision Repair Network, Mopar Certified Collision Repair Facility, and Ford National Body Shop Network Certified programs.

Call Joe or Kris Pellaers at Selkirk Auto Body 204-482-3960 or email selkirkautobody@mts.net selkirkautobody@mts.net.

You can also visit www.certifiedcol lisioncare.ca for more information.



### Mediterranean **Stuffed Peppers**



### **Roasted Garlic** Marinara **Braised Chicken** with Linguine



Recipe courtesy of Sean and Catherine Lowe Prep time: 10 minutes Cook time: 60 minutes Servings: 4-6 23 ounces Bertolli Rustic Cut Roasted Garlic Marinara Sauce 6-8 bone-in, skin-on chicken thighs 2 teaspoons kosher salt

1/2 teaspoon freshly ground black pepper

1 tablespoon extra-virgin olive oil

1 pound whole-wheat linguine

8 ounces sliced cremini mushrooms

### **Three-Cheese Farmstand Cups**



Prep time: 20 minutes Cook time: 15 minutes

Prep time: 20 minutes Cook time: 20 minutes Servings: 6

2 tablespoons olive oil, divided 1 1/2 cups (10 ounces) uncooked orzo pasta

1 can (14 1/2 ounces) vegetable broth

1 jar (23 ounces) Bertolli Rustic Cut Spicy Marinara with Traditional Vegetables Sauce, divided

6 ounces crumbled feta cheese 1/2 cup (2 ounces) coarsely chopped

1/2 cup small diced onion 1/4 cup white wine (optional) 3 ounces baby kale Parmesan cheese

Heat oven to 350 F.

In 3-quart Dutch oven over medium heat, heat sauce. Season chicken on both sides with salt and pepper.

In large skillet over medium-high heat, heat olive oil. Add chicken, skinside down, and cook 3-5 minutes, or until skin is crisp and deep goldenbrown. Turn chicken over and cook 3-5 minutes until golden-brown on second side.

Remove chicken from skillet, leaving fat in pan. Set aside skillet to be used later.

Add chicken to sauce in Dutch oven in single layer, skin-side up, with skin just above surface of sauce. Cover and bake 40 minutes. Begin to boil water for pasta.

Remove cover from Dutch oven and cook in oven 10 minutes.

Cook pasta al dente according to package instructions. Drain.

Heat reserved skillet and fat over medium-high heat; add cremini

Servings: 6

2 cups cooked mini penne pasta 1 cup small broccoli florets, cut into

1/2-inch pieces nonstick cooking spray

1/4 cup mascarpone cheese

3 eggs, beaten

1/2 cup grated Parmesan cheese 1 jar (23 ounces) Bertolli Rustic Cut Sweet Peppers and Portobello Mushroom Sauce, divided

11/2 cups shredded mozzarella cheese, divided

cup chopped fresh basil 1/4Heat oven to 375 F. Divide penne pasta and broccoli evenly between 12 standard muffin cups sprayed with cooking spray. Whisk in mascarpone until smooth; gradually whisk in eggs. smoked almonds

1/2 cup chopped fresh mint, divided 6 large red, yellow or orange bell peppers, top 1/2 inch removed and seeded

Heat grill to high.

In medium skillet on medium-high heat, heat 1 tablespoon oil. Add pasta; cook and stir 2-3 minutes, or until light golden brown. Stir in broth and 1 cup sauce; bring to boil.

Reduce heat to low; cover. Cook 4 minutes, or until pasta is al dente, stirring occasionally. Remove from heat; cool slightly.

Stir in cheese, almonds and 1/4 cup mint. Brush outsides of peppers with remaining oil. Grill 4-6 minutes, or until crisp tender and lightly marked on all sides, turning frequently; cool slightly.

Place peppers in center of 12-by-12-

mushrooms and onions; saute until lightly browned. Deglaze with white wine, if desired, and cook until dry. Add kale to mushrooms and toss gently to wilt.

Remove Dutch oven from oven and gently transfer chicken to large plate. Add pasta to sauce in Dutch oven and stir gently to coat.

Place portion of pasta in pasta bowl and make well in middle. Spoon mushroom-kale mixture into center of well and top with one piece of chicken. Shave Parmesan cheese over dish to finish.

Substitution: Portobello, shiitake or button mushrooms may be used in place of cremini mushrooms.

Tip: Serve with creamy polenta instead of pasta. In saucepan, combine 2 cups chicken stock, 2 cups milk, 2 tablespoons butter and 1 teaspoon kosher salt. Bring to boil and whisk in 1 cup instant polenta and cook, while stirring, 5 minutes. Add 1/4 cup grated Parmesan cheese and whisk to combine.

Spoon polenta into serving dish and make a well in middle. Place

Stir in Parmesan, 2 cups sauce and 1/2 cup mozzarella cheese. Spoon 1/4 cup egg mixture over pasta and broccoli in each cup; with spoon press filling down gently. Bake 18-20 minutes, or until set.

Sprinkle tops with remaining mozzarella cheese halfway through bake time. Let stand 3 minutes before unmolding. Warm remaining sauce and serve over top of cups with basil.

inch square of heavy duty foil. Bring sides of foil up and shape foil around each pepper, leaving tops open. Shape foil into stable base to secure peppers firmly. Keep upright while grilling. Fill each pepper with 1 tablespoon sauce and about 3/4 cup orzo mixture. Grill peppers 8-10 minutes, or until filling is heated through. Remove from foil. Warm remaining sauce. Sprinkle with remaining mint before serving with warmed sauce.

To prepare peppers: Heat oven to 400 F. Prepare orzo mixture as directed but do not grill peppers. Fill raw peppers with orzo mixture and place on foil squares. Bring sides of foil up and seal tops to fully enclose each pepper.

Arrange on rimmed baking sheet and bake 20-25 minutes, or until peppers are soft and filling is heated through.

mushroom-kale mixture in well. Top with marinara sauce and one piece of chicken.







# **Fishermen haul in pair of South Division wins**

### By Brian Bowman

It wasn't easy, but the Selkirk Fishermen remain atop the Keystone Junior Hockey League's South Division standings.

Selkirk won both of its home games last weekend, edging the Lundar Falcons 4-3 on Saturday before slipping past St. Malo 4-3 in a shootout on Sunday.

The two wins were important ones against divisional opponents.

"It was a huge weekend," Fishermen head coach Chris Poponick said. "I hate giving up one point to (St. Malo) but we still got the two anyway and we're ahead of them."

The South Division is a competitive one this season. Selkirk is in first place in the KJHL despite not playing its best hockey as the young squad continues to improve on a weekly basis.

"All the teams are still trying to find their feet and figure out what the teams are going to look like," Poponick said, noting the Fishermen have 13 rookies on their roster."Guys are coming in and guys are going out, but it should be a battle all of the way through."

In Sunday's win, Selkirk's Dawson Courchene was the lone player in six attempts to score in the shootout. Selkirk's Brady Thompson and St. Malo's Alex Murray traded first-period goals and then the Warriors went ahead 2-1 as Tyrel Bueckert scored five minutes into the second on the power play.

But Selkirk responded with goals from Talon Kelly and Harley Hoydalo before the second period ended. Hoydalo's goal came with just 30 seconds left in the period.

St. Malo tied the score at 3-3, however, when Cody Dinardo tallied at 16:31 of the third.

Austin DeBoer made 21 saves for his third win of the season.

On Saturday, Selkirk's Drayton Mendrun opened the game's scoring with a shorthanded marker 5:35 into the contest. Chad King made it 2-0 late in the first period but Lundar's Dennon Sichewski replied just nine seconds after King's goal.

Landon Gray tied the score at 2-2 at the 4:10 mark of the second period but Selkirk's Sage Guimond tallied with 3:32 left in the middle frame.

The Fishermen's Brandon Thomas and Gray traded goals in the third. Gray has seven goals in two games this season.

Both teams were 0-4 with the man advantage. Riley Bannerman earned



**RECORD PHOTO BY LANA MEIER** 

The Fishermen's Sage Guimond scored a goal in Selkirk's 4-3 win over Lundar on Saturday.

### the win in goal.

Selkirk, now 6-0-0-2 and in first place in the South Division standings with 14 points, will host Arborg (4-2) on Saturday (7:30 p.m.) at the Rec Complex.

The Fishermen will then play at the North Winnipeg Satelites (1-6) on Tuesday. Game time is 8 p.m.

## Figure skating sectionals to be held this weekend

### Submitted by Skate Canada Manitoba

The Skate Canada Manitoba Sectional Figure Skating Championship will select the top skaters in the province to advance to 2018 Skate Canada Challenge, ultimately leading to the Canadian Figure Skating Championships.

This event allows Manitoba to feature its skaters' athletic abilities and showcase their grace and talent to the public. These athletes will be travelling from across the province to strive to compete for provincial titles and to achieve their personal goals.

The Skate Canada Manitoba Sectional Championships will be hosted by Skate Virden & Skate Canada Manitoba this Saturday and Sunday. The competition will be located at the Tundra Oil and Gas Place (900 5th Street South, Virden).

Over 70 figure skaters will be competing from the Pre-Juvenile to the Senior levels for the opportunity to be the top skaters in the province. The three top skaters at the Pre-Novice and Novice levels and the top two at the Junior and Senior levels will have the opportunity to continue to the 2018 Skate Canada Challenge in Pierrefonds, Que. from Nov. 29 to Dec. 3, 2017.

For Novice, Junior and Senior skaters, this will be the qualifying event for 2018 Canadian Tire National Skating Championships. The Canadian Pre-Novice Champions in men's, women's, pair and ice dance are determined at Skate Canada Challenge.

"Skate Canada Sectionals is the entry point for the athletes, enabling them to qualify for the 2018 Skate Canada Challenge in Pierrefonds in December followed by the national championships in Vancouver in January," said Donna Yee, Skate Canada Manitoba Board Chair.

"This national competition is where the 2018 Canadian Olympic figure skating team will be announced. It is very exciting for all the skaters to experience this level of competition and to dream about someday competing on the international stage."



## 22 The Selkirk Record Thursday, November 2, 2017 Steelers' win streak snapped at nine by Winkler

### **By Brian Bowman**

With nine straight Manitoba Junior Hockey League victories, the Selkirk Steelers probably forgot what it was like to lose a game.

But the Winkler Flyers gave Selkirk a rude reminder of that feeling on Sunday.

The Flyers scored five goals in a 5:04 span midway in the second period en route to a 7-1 home victory.

"We were due for a loss but it certainly would have been nice to stop the bleeding and try to keep that game a little closer," said Steelers' head coach Dustin Hughes. "It really wasn't a 7-1 game."

After Steelers' forward Connor Barley, who has been fantastic this season, sniped his team-leading 14th goal of the season at 19:33 of the first period, it was all Flyers after that.

"Quite frankly, we played a really good first period and scored a big goal at the end of the period to get up 1-0," Hughes noted."I don't know if we figured it was going to be an easy (game) or not, who knows? But at the end of the day, they came out and played a good second period and we didn't have an answer."

Nolan McGuire, with a pair, Weiland Parrish, Brett Opperman, and Coltyn Bates scored for Winkler in the second period. Cole Kirkup and Brody Moffatt then tallied in the third.

Landon Poiron and Hayden Dola shared the goaltending duties for Selkirk.

### **Crowning the Kings**

Last Friday, Selkirk dominated a young Dauphin squad in a convincing 6-1 victory in front of a disappointing crowd of just 258 at the Selkirk Rec Complex.

Connor Barley led Selkirk with two goals and an assist while Nico Labossiere and Nate Halvorsen also tallied twice.

Bronson Kelly, a local product, and William Middleton each finished the game with two assists.

Selkirk held period leads of 2-0 and 5-0.

Riese Gaber was the only Dauphin player to beat Dola. He scored at 9:12 of the third period.

### **Topping the Terriers**

On Oct. 24, the Steelers edged the Portage Terriers 3-2 at the Rec Complex. Neither team played particularly well.

"(The win) was a good morale boost for our guys," Hughes said. "Maybe Portage isn't winning as many games as many people thought they would, but they are still a very dangerous team.

"We shut down their big guys, for the most part, and got some good goal-



**RECORD PHOTO BY LANA MEIER** 

The Steelers' Connor Barley had two goals and an assist in Selkirk's 3-2 win against the Terriers on Oct. 24.

tending and some timely goals, which allowed us to get the two points."

Connor Barley had two goals and an assist. He scored the eventual game winner 39 seconds into the third period.

After a scoreless first period, both teams tallied twice in the second.

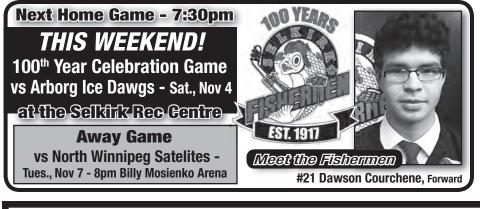
Connor Barley and Nathan Hillis tallied for Selkirk while Chase Brakel and Nick Doyle replied for Portage. Dola was very good in goal for Selkirk, facing 51 shots.

Selkirk, now 10-5 and in sole possession of fourth place heading into this week's games, will be in Portage this Friday (7:30 p.m.) to take on the Terriers and then the Steelers will host Swan Valley on Sunday (2:30 p.m.).

## Selkirk Judo Club excellent in Brandon

Submitted by the Selkirk Judo Club Fourteen Selkirk Judo Club mem-

bers competed at the Brandon Open on Oct. 28, returning home with five



gold, five silver and one bronze medal. Winning gold were Justin Ekosky (U18 Men under 73 kg), Daniel Ekosky (U12 under 50 kg), Damien Ekosky (Senior Men under 73 kg), Schaelyce Kopp (U21 under 57 kg) and JZ Kopp (U14 Girls under 48 kg).

Silver medals were awarded to Bailey Malinowski (U18 Men under 73 kg), Sarah Ekosky (U14 Girls under 63 kg), Dylan Wiebe (U12 over 50 kg), Lachlan Patton (U12 under 36 kg) and Lennon Kuch (U14 Boys over 66 kg).

Connor Macfarlane won bronze in U14 Boys over 66 kg. Two fighters from the club, Ottawa Hogan and Taylor Patton, participated in the U10 age divisions, where medals are not awarded.

"Brandon was our first tournament this season and our team is off to an excellent start," said Brian Jones, one of the club's coaches.

The Selkirk Judo Club will be in action again at the St. Boniface Open this Saturday.

Meanwhile, Damien and Justin Ekosky will compete with the provincial team at the Quebec Open in Montreal on the same date. The following weekend, Damien, Justin and Sarah Ekosky will compete with the provincial team at the Ontario Open in Toronto.



# Royals roll to third straight win to end October

### By Brian Bowman

The Selkirk Royals ended October with three straight Winnipeg Women's High School Hockey League victories.

And two of them came last week.

Selkirk capped off a very successful October with a 3-2 triumph over the Kelvin Clippers last Thursday in St. Andrews.

After a scoreless first period, Kelvin's Brynn Psooy scored the only goal of the second.

The Royals then came out flying in the third, taking a 2-1 lead on goals by Jazmyn-Rae Desjarlais and Cienna Palmer.

Rayley Goetz then added an insurance marker with 42 seconds remaining in the game. It was her seventh goal of the season.

That was a huge goal for Selkirk as Kelvin's Hilary Hobson replied just 14 seconds later to make it a one-goal game.

Jenna Truthwaite, Jana King, Amy Maclaren, Asha Gurney and Brooke Johnstone had assists in the game for Selkirk.

Jodi Clifton faced 19 shots for the win. She is now 4-1 with a very impressive 1.58 goals-against average.

On Oct. 24, the Royals had a nice 4-1 home win over the PCI Saints in East Selkirk.

Selkirk had a great first period, scoring three goals. Desjarlais had two of those goals sandwiched around a Palmer marker.

Goetz tallied in the second period and then PCI's Chelsea Owens replied in the third.

Clifton played well in goal, making 24 saves for the win.

Truthwaite had two assists in the game while Goetz, Maclaren, and Johnstone added helpers.

The Royals are currently in first place in the CTV Division with nine points in five games. That is a point ahead of the Dakota Lancers heading into this week's slate of games.

Selkirk will play a road game against PCI today (4 p.m.) and then will visit the CHSC Huskies next Tuesday (4:10 p.m.) at the St. James Civic Centre.



**RECORD PHOTO BY LANA MEIER** 

Royals' goaltender Jodi Clifton has an impressive 4-1 record with a 1.58 goals-against average.

# **Raiders sit atop the MMJHL standings**

### Staff

The Raiders Jr. Hockey Club has been a scary team to play against this season.

So, it was only fitting that the Raiders held top spot in the Manitoba Major Junior Hockey League as Halloween passed by on Tuesday.

The Raiders won their sixth consecutive game after handing the Ft. Garry/ Ft. Rouge Twins a 5-2 loss on Sunday evening.

Auzzie Loewen-Palmer led the Raiders with two goals while Carson Rybuck, Lars Anderson and Devin Mannes also tallied.

Jared Bucci and David MacDonald replied for the Twins.

Last Friday, the Raiders blasted the Stonewall Jets 6-1.

The Raiders' Nicholas Mathews scored the lone goal of the first period

and then Eli Batt made it 2-0 early in the second.

Stonewall's Taylor Radley and the Raiders' Brandon Paradoski, on the power play, traded goals before the second period ended.

Mathews added two more goals in the third (one with the man advantage), sandwiched around a Kale Ilchena marker. Mathews now has 11 goals on the season. Rybuck had three assists in the game. The Raiders were 2-for-6 on the power play while Selkirk was blanked in five opportunities.

Stonewall was outshot 28-18 in the game as Kyle McHolm earned the win.

The Raiders, now a very impressive 10-1-2, will host St. Boniface Friday (7:30 p.m.) and then will visit the St. James Canucks on Sunday (2:45 p.m.).

# Royals boys' hockey team wins two of three last week

### By Brian Bowman

When the Selkirk Royals put it all together for three periods, this team is very tough to beat.

St. John's Ravenscourt saw that first-hand last week.

Selkirk was very good the entire game on its way to a solid 5-0 shutout win over SJR in Winnipeg High School Hockey League action Oct. 25.

Special teams came up huge for the Royals as Selkirk scored a pair of power-play goals and two shorthanded ones.

Jordan Simko scored with the man advantage midway in the first period and then Travis Spratt and Gregor Grossgasteiger netted shorthanded goals in the second. Both second-period goals came within 5:39 apart.

Just three minutes into the third, Simko added his second power-play goal of the game and then Grossgasteiger closed out the scoring with a late goal.

Grossgasteiger finished the game with three points.

James Kulyk posted the win in goal.

### **Topping Transcona**

The Royals then doubled Transcona 4-2 the next day at East End Arena.

After a scoreless first period, Grossgasteiger and Reece Tessier scored to put the Royals up 2-0.

Transcona tied the score with goals from Jack Sears and CJ Diduck. Diduck's goal came just 16 seconds into the third period.

But Selkirk rebounded nicely from that goal as Spratt and Tessier tallied to give Selkirk a 4-2 lead. Tessier's goal came with 2:26 left in the third period and gave him three points in the game.

Brady Hrymak earned the win in goal.

### Stopped by St. Paul's

Three games in three days proved to be tough for Selkirk as the Royals were stopped 4-1 by the St. Paul's Crusaders.

Matt Major and Michael Lee scored for St. Paul's in the first period but Selkirk cut that deficit in half when Raymond Hefferman scored a second-period power-play goal. Nick Trudel and Spratt assisted on the goal. Spratt leads the Royals with 11 points (six goals, five assists).

The Crusaders then iced the victory when Mathew Sachvie and Major tallied in the third.

Selkirk, now 4-1-0-1, is tied for first place in the Platinum Promotions Division with St. Paul's as both teams have 13 points.

After a busy October, Selkirk will be just as active this month with seven league games scheduled. The Royals will play Sturgeon Heights on Friday (4 p.m.) at Allard Arena.

The Royals host Oak Park next Wednesday and Sturgeon Heights on Thursday at the Selkirk Rec Complex. Both games start at 4 p.m.

## 24 The Selkirk Record Thursday, November 2, 2017 Selkirk wins Royal Rumble JV girls' volleyball tourney

### By Brian Bowman

The Royals had a lot of pressure in the third set of their home tournament championship final against Brandon's Vincent Massey Vikings on Saturday.

Bu the Royals used that pressure to their advantage, winning the third set 17-15 to claim the Selkirk Royal Rumble junior varsity girls' volleyball title.

"It was very exciting and probably the most excited and energetic that we've seen the girls all season," said Royals' coach Victoria Sherwood. "They were very into (the match)."

Selkirk won the first set 25-16 but then lost the second one, 25-19, before outlasting Vincent Massey in that doozy of a third set.

"They were pretty calm and cool," Sherwood said of her girls. "They were excited to be in front of their home crowd and were playing with pride. There weren't a lot of nerves."

The Royals served well in that third set and were consistent up front, said Sherwood, while making very few errors. The Royals reached the final after downing Steinbach Regional 2-0 in a semifinal match by scores of 25-18 and 25-9.

"We hadn't seen Steinbach yet this year but we heard that they were a very tough serving team, so we knew we had to pass well," Sherwood said. "And they did that, which was good.'

Selkirk earlier defeated the Westwood Warriors 2-0 (25-19, 25-20) in a fairly tough quarter-final matchup.

The Royals won both of their matches in pool play to finish atop their three-team pool, sweeping St. Mary's (25-12, 25-14) and Winnipeg's Vincent Massey (25-9, 25-18).

Overall, it was a great weekend for Selkirk's junior varsity girls' volleyball team.

"It was the best we have seen them play yet and that's good with the playoffs coming up soon," Sherwood said. "We've improved a lot and we keep getting better and better."

In league play, Selkirk was 8-1 after defeating Transcona 3-0 (25-12, 25-18,



The Selkirk Royals won their junior varsity girls' home volleyball tournament last weekend.

25-25-18) last Thursday. The Royals will wrap up KPAC play tonight when it hits the road to battle River East in a critical game that will determine the final standings.

The game will be a matchup between two 8-1 teams. The KPAC playoffs begin next Tuesday with pre-quarters action, followed by quarter-final games next Thursday. The league semifinals are slated for Nov. 14 while the KPAC championship is set for Nov. 16.

# Falcons fly past Thunder in Midget semifinal

### By Brian Bowman

The Interlake Thunder learned a hard lesson on Saturday.

The Midget Football League of Manitoba playoffs are a whole different game compared to the regular season.

Interlake was smashed 36-0 by the Falcons Football Club in a league seminal game in Winnipeg. The Falcons scored early and often in this one, doing most of their damage in the first half.

"I thought our preparation during the week was pretty good," said Thunder head coach Mitch Obach. "Guys seemed ready to go but we got behind the eight-ball and sometimes you try to dig out of that and it gets worse and worse."

Interlake struggled on offence, turning the ball over early, and they never did get their running game going. During the season, the Thunder was pretty good at moving the ball on the ground, including their regular-season finale against the Falcons.

"We made some adjustments that we thought would work and they made better adjustments on us to slow that right down," Obach said.

Interlake had the youngest – and most inexperienced – team in the four-team league and it showed in the playoff game. But the good news is that the Thunder will lose just nine players from this year's 38-player roster due to graduation.

The future looks very bright for the Interlake Midget football program.

"The year was a positive one," Obach stressed. "We developed a lot of players – more than we have been able to in past years. The numbers have been less in past years and we were scrambling more from week to week to really compete."

But the Thunder competed really well on a weekly basis this season, finishing with a 3-4 regular-season record. Many of the Thunder players came from all over the Interlake, often making lengthy drives to games and practices.

"The dedication was there this year and it was pretty impressive," Obach said. "We had guys from Fisher River, Fisher Branch, Moosehorn and St. Martin. We had guys coming from a long ways and they were at practices and they were contributing.

"It's great to have that commitment as a team."

In the other MFLM semifinal game, St. Vital crushed Sunrise 36-0. The league championship game between St. Vital and the Faclons Football Club is set for this Sunday at noon.

# Jones tops Einarson in Master's women's championship

### Staff

Jennifer Jones defeated Camp Morton's Kerri Einarson 7-4 Sunday in Lloydminster, Alta. to capture her first Master's women's title.

Einarson led 3-2 lead after four ends, but Jones scored three in the fifth and stole one in the sixth on her way to winning the second Grand Slam of Curling event of the season.

Jones, along with third Kaitlyn

Lawes, second Jill Officer and lead Dawn McEwen took home a sweet \$30,000 for the victory.

East St. Paul Curling Club's Einarson, along with third Selena Kaatz, second Liz Fyfe and lead Kristin Mac-Cuish, earned a spot in the Masters by winning the Tour Challenge Tier 2 back in September.

The women's field consisted of 15 teams.



Kerri Einarson lost 7-4 to Jennifer Jones in the final of the Grand Slam of Curling last Sunday.



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- 28. British thermal unit the moment you square off, so 29. The Ocean State sharpen your 30. Smell pencil and put
  - 31. Line 33. Seizure
  - 37. Where vets are tended to
  - 38. Goddess of the dawn
  - 39. Pear-shaped fruit
  - 41. Taxi
  - 42. Where injured ballplayers end
  - up 43. Preceding period
  - 44. Uncovers
  - 46. Smudge
  - 49. Dad
  - 50. Peyton's little bro
  - 51. Flawless
  - 55. Judges
  - 58. Expressed one's displeasure
  - 59. Immature
  - **60. PBS interviewer**
  - 64. Hat
  - 65. Cover with wood 66. Acts dejectedly
  - 67. Perform
  - 68. Where people store their tools
  - 69. Sulfuric and citric are two
  - 70. Long-term memory
  - **CLUES DOWN** 
    - 1. Muscles that control eyeball movement

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- 3. The dried leaves of the hemp plant
- 4. Used to see far away things
- 5. Inventor Musk
- 6. We all need it
- 7. King Cole
- 8. Earthy pigment 9. Stringed instrument
- 10. A language of the Inuit
- 11. Shuttered
- 12. Cereal plant
- 13. Senior officer
- **19. Sportscaster Patrick**
- 21. What day it is
- 24. Petrels with saw-toothed bills
- 25. Bumps in the road 26. Stars
- 27. Riding horses
- 31. Swamp plant
- 32. Type of bear

- 34. Style of cuisine 35. Home of the Flyers
  - 36. Serious-mindedness

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40. Velvet Underground album

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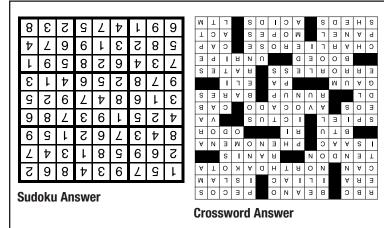
- 41. Highly important
- 45. Winged
- 47. Cultured
- 48. Fastened
- 52. Royce
- 53. Wreath
- 54. Excessive fluid accumulation in tissues
- 56. Synchronizes solar and lunar time
- 57. Ninth month
- 59. Deployed
- 60. Cycles per second
- 61. Expresses surprise
- 62. Mythological bird
- 63. Open payment initiative

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  - 17. Beverage holder 18. Its largest city is Fargo
  - 20. Attaches muscle to a bone
- 22. Hindu aueens
- 23. Sir \_\_ Newton 24. Developments

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Public Notice is hereby given of the following Council meeting changes for November and December 2017: - November 28 meeting moved to December 5 at 9:00 a.m. - December 12 meeting moved to December 19 at 1:00 p.m. The Municipal Office will also be closed on Monday, November 13 in recognition of Remembrance Day. Mayor & Council R.M. of St. Andrews www.mofstandrews.com



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Landfill			5:00 pm	5:00 pm	5:00 pm	5:00 pm	5:00 pm
Dunning	9:00 am –	11:00 am –	11:00 am –	Closed	Closed	Closed	Closed
	5:00 pm	5:00 pm	5:00 pm				
Clark	Closed	Closed	Closed	Closed	Closed	11:00 am –	9:00 am –
						5:00 pm	5:00 pm
Grand	9:00 am –	Closed	Closed	Closed	Closed	11:00 am –	Closed
Marais	5:00 pm					5:00 pm	
Gull Lake	Closed	11:00 am –	Closed	Closed	Closed	Closed	9:00 am –
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Red, white & black lined winter suit coat overcoat fits a men's sz. XL, has been dry cleaned, EC, \$100; BN never used & still in box, student desk study lamp, EWO, \$15; Sunbeam 2 slice toaster, EWO, \$15; LN sz. 9 safety shoes, EC, \$60. Ph. 204-785-8598.

Kitchen renovation! (Do it now) In-stock cabinets or decor factory orders! Province-wide service. Low overhead = You Save! Fehr's Cabinet Warehouse 1-800-758-6924 office@fehrscabinets. com

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ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

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#### WATER TREATMENT PRODUCTS

Classifieds

New Waterite water softeners. 30.000 grain/\$560. All sizes avail. Reverse osmosis systems, \$225. Undersink water systems, \$70. Paterson iron removers/\$530. Greensand iron odour removal svstems. \$730. Ecoli ultraviolet systems, \$295. All Seasons Furnishings 204-661-8581.

### HEALTH

Emergency Device For Seniors - Free equipment, monitored 24/7. Stay safe in your home for less than \$1 a day. For free information guide call toll free 1-888-865-5001 or www.LifeAssure. com

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### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to vourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or stonewoode-mail elk@hotmail.com

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\$3/BALE.

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### STRAW FOR SALE

Flax straw, \$3/bales. Monday – Saturday. Call Bill Matheson at 204-467-5608 or 204-461-0706, Stonewall.

Small square prime Alfalfa June Courtney grass, small square prime Alfalfa, and small square Oat and Flax straw. Leave message call 204-482-5101.

Wheat straw bales for sale East Selkirk, Garson and Lockport area, \$3/bale. Ph. 204-785-0492.

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Classified listing booking deadline is Monday 5 p.m. prior to Thursday's publication. Call 204-785-1618



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Celebrate your loved ones Special Occations or Book Your Classified Ad Today - Call 204-785-1618 or Email lucy@selkirkrecord.ca

### **NOTICES TO CREDITORS**

In the matter of the Estate of GERALD PILON late of Selkirk, Manitoba, Deceased.

All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Marlene Klimchuk, Estates Administration, at 155 Carlton St. Suite 500, Winnipeg MB, R3C 5R9 on or before the 6th day of December, 2017.

Dated at Winnipeg, Manitoba this 25th day of October, 2017.

DOUGLAS R. BROWN

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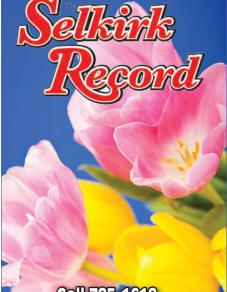
# Announcements



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ning that I'll never forget! -Sincerely, Bill O'Neill

## *Don't Forget Your Loved Ones* WITH AN ANNOUNCEMENT IN THE



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### ANNOUNCEMENT CARDS OF THANKS

Thanks to everyone who came from far and

near to celebrate my 85th birthday with me. I would also like to thank all of those who

planned and organized such a wonderful evening in my honour. (You know who you are). The meal was delicious and the entertainment

was amazing. I appreciate all of the cards, gifts and birthday wishes. I'm so grateful to have such great loved ones, friends and neighbours

in my life. Once again, thank you. It's an eve-

Remember your loved ones or Joe Bosak

97 Years Old

November 4, 2017

Happy Birthday and

Best Wishes

-From your family





Joe Wyspinski October 27, 1929 – March 15, 2013 Though your voice is gone forever, And your hands we cannot touch; Thanks for all you did for us, And for loving us so much. -Lovingly remembered by Elsie and family



### OBITUARY Gordon lan Mayo

Suddenly on Monday, October 23, 2017 at his residence, Gordon Mayo, aged 58 years of Selkirk, MB, passed away.

A memorial service was held on Tuesday, October 31 at 11:00 a.m. in the Gilbart Funeral Chapel in Selkirk, Manitoba.

OBITUARY

Condolences may be left at www.gilbarfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Eleanor Jean Elizabeth Wilson

**1942 - 2017** Peacefully, on October 25, 2017, Eleanor Wilson of Selkirk, passed away at Gimli Betel Personal Care Home.

She was born on the 24th of August, 1942 in Selkirk, MB, one of four children of the late George Henry and Jean Isabel Wilson (nee Moyer). She is predeceased by her brother Wesley Abraham Hanson Wilson and sister-in law June Claire Wilson (Ernie), Elea-

nor leaves to love and cherish her memory, brother George Ernest Wilson (Lorraine) of Winnipeg, nieces Marla (Adam), Janna, Lori Morton (Chad), and great nephews Christian, Isaac, and Malcolm; sister Elsie Coldwell (Duane) of Gimli, nephews Robert (Kristel) and Jeffrey (Raquel), great nephews Nicholas, Lucas, and Thomas, and great nieces, Kelsey and Makenna; many relatives and friends.

As a child, Eleanor enjoyed many family outings and a variety of sports. She was a voracious reader, adept athlete, and a talented artist. Church has always been very important to Eleanor. Every country or city she worked, she always went to church and it was through church that she met people. She enjoyed singing in the church choir throughout her youth and into adulthood.

Eleanor loved nursing and helping those in need. She was a caring and extremely talented nurse who graduated from the Misericordia General Hospital School of Nursing in 1964. Her graduating class was honoured with lifetime achievement awards in June 2014. Eleanor had the opportunity to utilize her nursing talents in London, England, Cardiff, Wales, Edmonton, Alberta and Selkirk, Manitoba. She made many lifelong friends throughout her nursing career.

Eleanor will be remembered as a fighter. She was diagnosed with multiple sclerosis at the age of 26, and was able to continue nursing until the early 1990s. Her life's journey was wrought with many medical challenges which she faced head on with her head held high. She would often say that this was "her cross to bear," and "you only get one kick at the cat." She lived life on her terms and was always grateful for having the gift of life.

Eleanor was so grateful for all those who helped her maintain as normal a life as possible. She felt blessed to be able to remain in her home as long as she could thanks to the kindness and generosity of many friends and family.

A celebration of Eleanor's life will be held at 1:00 p.m. with viewing one hour prior to, on Thursday, November 2, 2017 at Christ Church Anglican, 227 McLean Ave., Selkirk, MB. with Rev. Gordon Payne officiating. Interment will follow in the St. Clement's Cemetery. In lieu of flowers, gifts in Eleanor's memory can be made to the Multiple Sclerosis Society of Canada.

In lieu of flowers, gifts in Eleanor's memory can be made to the Multiple Sclerosis Society of Canada. The family extends a sincere thank you to the staff of Lions Centennial Centre in Selkirk, Gimli Betel Personal Care Home, and Selkirk and Gimli General Hospitals for their kind and compassionate care. We would especially like to thank the many people who assisted Eleanor along her life's journey. Words cannot express how thankful we are that you were a part of Eleanor's life. Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



## SalkinkRegord Announcements

#### OBITUARY

### Beatrice Irene Bennet March 9, 1928 – October 27, 2017

Peacefully on October 27, 2017, Betty Bennet (nee Corrigal) passed away at Red River Place Personal Care Home in Selkirk, Manitoba.

Betty will be lovingly remembered by her sister Rita Johnson (Ken); daughters, Rita Procyshyn (Arnie) and Valerie Brown (Bob) and son, Bill Bennet; her grandchildren Zena and Jessie Procyshyn, Sara and Brady Bennet, Janna Ariel (Danny); and great-grandchildren Benjamin and Samuel Ariel.

Betty was predeceased by her parents Gladys and Bill Corrigal; her husband Edward (Ted/Putt) Bennet and her daughter Maureen Gladys Bennet.

Betty was born in Selkirk and she resided there for her entire

life except for a brief time spent in Calgary. She worked for Bob Szewczyk as a legal secretary for many years until she retired at the young age of 75 years. She also volunteered as the organist for St. Clements Church in Selkirk for as long as she was able. Sadly she had to stop playing her music when her eyesight started to fail her.

A celebration of her life will take place on Friday, November 3, 2017 at 11 a.m. at St. Clements Church in Selkirk. A private interment will take place prior to the service. Because of her love of music a scholarship will be created for a deserving music student in Grade 12 at the Lord Selkirk Regional Comprehensive Secondary School, 221 Mercy Street, in Selkirk.

In lieu of flowers please send your donations to the High School Office care of Mr. Michael Brandon. Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



### OBITUARY Krystyna Ciupak

It is with deep sorrow that we announce the peaceful passing of Krystyna Ciupak (née Flis) on Saturday, October 28, 2017 at Selkirk Regional Health Centre.

Krystyna was born in Poland on September 27, 1929 and moved to Canada with her husband and son in 1958. She worked tirelessly alongside her husband to establish a thriving farm in Clandeboye, and also worked as an accomplished seamstress. She always welcomed family and friends who came to visit and play by the water.

Krystyna loved to spoil others with her exceptional cooking, and was an extremely generous hostess. Her favourite pastimes included reading, gardening, and spending time with her precious granddoggies Charlie, Sako, and Zephyr.

She was predeceased by her husband of 65 years, Jozef; and by her three siblings in Poland. She leaves behind beloved children John (Jadwiga), and Alicja (Gary), cherished granddaughters Michelle (Daniel), and Nicole, as well as numerous nieces and nephews in Canada and Poland.

Her family would like to thank Dr. Speer, and the staff at Selkirk Regional Health Centre for their sympathetic care.

Prayers will be held on Friday, November 3, at 7:00 p.m. at Gilbart Funeral Home, Selkirk. Mass will be celebrated on Saturday, November 4, by Father Stan Gacek, at St. Anne's Roman Catholic Church, Petersfield at 11:00 a.m., with interment and lunch to follow.

In lieu of flowers, donations may be made to the Canadian Diabetes Association.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Our memories of you will live forever ~ Engraved within our hearts







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