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The Selkirk Record

VOLUME 10 EDITION 48

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RECORD PHOTO BY BRETT MITCHELL
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PRICES IN EFFECT: THURSDAY, NOVEMBER 28 - WEDNESDAY, DECEMBER 4, 2019

New exhibit at GFG just in time for the holidays

Watercolour, acrylic paintings, photography, wood and stone sculptures on display

By Katelyn Boulanger

Paul Wilt and Patricia Johnson will be the featured artists in the Gwen Fox Gallery's December exhibit, showing off more than 120 paintings, photographs and sculptures.

"This is a fantastic place to show art. It's a great little gallery with a large variety of art," said Wilt.

He initially put his name in for the opportunity to exhibit at the gallery and asked Johnson to exhibit with him because of his admiration for her work which he described as wonderful and quite different in a tremendous way.

Johnson will contribute wood sculpting, watercolour, and acrylic painting to the exhibit incorporating texture into her acrylic work with lace, tissue paper, and wool, while Wilt splits his time between stone carving and landscape and macrophotography.

"I began photography very early when I was a teenager. I was using a little film camera, of course, black and white film, and I had my own dark room. We were living in an older house, which had a coal room in the basement, and I cleaned it out. I made it into a dark room and made my own black and white pictures and that was about 50 years ago," said Wilt.

He started sculpting later in his artistic journey beginning with woodcarving and then transitioning to stone after taking a class on the subject.

"The stones that I use are the softer stones, some soapstone but mostly alabaster and African wonder stone and a few other stones as well. I use stones from around the world and they are imported. I bring them into my home and then I start work. I do some ab-



RECORD PHOTOS BY KATELYN BOULANGER

Paul Wilt stands with his stone owl sculpture and Patricia Johnson holds her acrylic painting at the Gwen Fox Gallery.

stract, some realistic and some minimalist kind of work. I do owls and dolphins," said Wilt.

Johnson also began making art when she was very young and credits her artistic family with her interest.

"I am self taught but have taken workshops from artists that I admire over the years and tried to improve my efforts. I come from a family that is very artistic just very talented people in all kinds of ways so I've been doing art since the beginning," she said.

She has also been able to draw inspiration from many places moving often due to her husband's military career.

"My husband was a pilot and when he would go away, he was in search and rescue so they might go for a couple of weeks looking for somebody, I would paint from morning until night. Once you get into the right side of your brain, the creative side of your brain, you lose all track of time. Someone can talk to you to you and you

don't hear them. It's amazing what happens to you," said Johnson.

When she had small children and her time was limited she also made use of the nighttime hours painting from 1 a.m. until the 3 in the morning to make time for her art.

Both artists draw inspiration from what they see in their everyday lives and the natural beauty of the nature around them.

"I think basically being open-minded. Having an open mind to doing different things and always being on the lookout for inspiration [has kept me continuing to make art]," said Wilt.

Johnson agreed and added that she makes sure to keep her easel set up so that she can easily produce art when the inspiration strikes.

Johnson and Wilt's exhibit runs from Nov. 26 to Dec. 21. The Gwen Fox Gallery is open Tuesday to Saturday 11 a.m. to 4 p.m. and their reception is Nov. 30 from 1 to 4 p.m.

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Get the shot, avoid the flu

By Katelyn Boulanger

With flu season upon us, the Inter-lake-Eastern Regional Health Authority suggests that residents get their free flu shot to avoid getting sick this winter.

"It does really help people stay healthy and reduces the loss of work time and the loss of family time and keeps families healthiest during the flu season," said Maxine Zasicko, Public Health manager for IERHA.

"Influenza viruses are respiratory viruses so they are spread person to person through coughing and droplet spread, similar to other cold viruses, but the similarities end when you start looking at the serious complications that influenza can cause beyond the onset of symptoms themselves, which can include fever, shakes, chills, dizziness, aches, pains, cough and sore throat, which can last several days before resolving," said Dr. Tim Hilderman, a Medical Officer of Health for

IERHA. "A percentage of people will then go on to develop complications from influenza like pneumonia, neurologic infections, and other serious complications that make that influenza virus more severe than your typical cold virus."

The illness that we call the flu is a group of different viruses that circulate every year affecting Canadians between October and March. These viruses are monitored and vaccines are created to keep people healthy.

"The manufacturers and the pharmacies develop our vaccines every year in accordance [to the specific viruses that are circulating] so that we are able to provide immunization and are able to protect people from respiratory illness," said Zasicko.

Residents can get a flu shot at pharmacies, their local doctors' offices, or by attending flu clinics.

"They will have a general assessment on how well they are today, they



RECORD PHOTO SUBMITTED

Karys Preachuk from St. Andrews getting her flu shot from public health nurse, Patty Ladouceur at the St. Andrews Public Health Clinic on November 12.

will learn about the influenza vaccine that they are about to receive, and then they are able to be immunized right on the spot," explained Zasicko.

"The flu shot is by far the best way to protect yourself from influenza and its complications," said Hilderman, "The effectiveness varies year by year depending on what strain is circulating and how closely matched it is to the vaccine strains contained in the influenza vaccines. So, some years when you have a really good match the vaccine would be effective in the range of say 75 to 85 per cent, and other years, when there is a different strain that has changed [its] form when the flu shot was developed, you get lower effectiveness but even a low effectiveness in the flu vaccines significantly reduces the effect of the flu and its complications.

Hilderman recommends that beyond the flu shot, residents protect themselves by covering their cough and not going to work when sick with flu-like symptoms, having good hand hygiene, and practicing basic general health advise such as good nutrition, good amounts of sleep, and a healthy lifestyle.

In regards to whether or not vitamins or supplements can help prevent the flu, Hilderman said that there nowhere near the level of evidence to support those things than there is to supports the flu shot.

"I think that what I would say on that is that the flu shot is your best option," said Hilderman.

More information about the flu shot is available at your pharmacy, doctors offices, or at www.ierha.ca

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Judging will take place on December 12th

Selkirk walks again to combat violence

By Katelyn Boulanger

Selkirk Business & Professional Women, Nova House, The Selkirk Friendship Centre, and The City of Selkirk are once again coming together to bring awareness to the need to reduce domestic violence by organizing the 13th annual Community Vigil Walk. The walk will take place Dec. 3.

"It's a vigil walk for victims of violence. It's the same thing as what they do at the Winnipeg Legislative Building but ours is our own version of that here in Selkirk," said Elaine Elliott, Community Vigil Walk Coordinator and Secretary/Treasurer and immediate past president of the Selkirk Business and Professional Women.

The idea to start this walk came about after the shooting at École Polytechnique in 1989 where 14 women were murdered.

"They were murdered because they were women no other reason and they were doing this victims of violence walk in Winnipeg and we said, 'Why can't we,' so that's how we started out. We actually met in the United Church and walked to the civic offices and it was just BPW and I said that we need to bring Nova House and the Selkirk Friendship Centre in as partners because many of our women who are victims are Indigenous women so then we invited them in," explained Elliott.

Residents who would like to take part in the walk are invited to meet at the Selkirk Friendship Centre at 6:30

on Dec. 3. The group will then walk down to the Civic Office where there will be a ceremony and refreshments.

"People do not realize that there are different kinds of violence. It doesn't have to be physical where you get beaten up or get murdered. There are [people] who get hit and they survive but the wounds that come from emotional [effects of] violence take a whole lot longer to cure," said Elliott.

A list of names of people that have been lost in the last year to violence will be read out at the ceremony.

"I hope that one day we have no need for the walk to remember. I say that nearly every year that we have this that one year when we read that list off that there are no names. When you hear the name and how old they are, [there are women] anywhere from 18 to 50 year old women being killed," said Elliott.

She finds it encouraging that in past years the list has continued to get shorter and she hopes that it once again will have gotten shorter this year.

"I believe that we have to keep it on people's minds because peace begins at home. The more people that think about it, the more people that you can reach so that these women aren't suffering in silence," Elliott explained.

She also wanted to make it clear that though there tends to be



RECORD PHOTO BY JUSTIN LUSCHINSKI

Marie Walker shares her daughter's story during the 11th annual Community Vigil Walk in Selkirk.

a focus on women when it comes to being victims of violence men are encouraged to come to this walk as well.

"We would like to see a bunch more people than what we've had [in the past]. We encourage partners as well. We've had men

walk with us and it's very supportive to have the support of men

because let's face it men are also abused whether people want to believe that or not," Elliott said.

Residents who decide to take part are asked to bring a flashlight to represent a candle.

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Santa to stop by Clandeboye Fire Department

Fire hall to host its first Christmas Open House

By Katelyn Boulanger

Kids, get your wish lists ready because Santa Claus is coming to Clandeboye.

The Clandeboye Fire Department will be hosting its first Christmas open house at the fire hall on Dec. 15.

"We're going to have Santa Claus at the fire hall. Everyone is welcome. They can bring their children or pets if they want a picture with Santa, and they will be taken in front of the fire truck and we're going to have the fire truck decorated," said Chief Ed Paskaruk.

Haircuts, Shaves and Records!

If you haven't been to Midtown Barbershop lately or have never been - you might be in for a pleasant surprise if you're a music fan. At the front of the barbershop - Hi Tone Records - a small record shop is now open for business.

Midtown Barbershop owner, Angela Bercier explains, "My husband and I are huge music fans and we always thought it'd be fun to own a record shop. It seemed like it would be a great fit with the barbershop."

Angela has owned and operated Midtown Barbershop for three years and has built a solid reputation with quality cuts, fades and deluxe straight shaves. Kera Giles, joined Midtown earlier this year and has been a welcome addition. "Kera is a great barber and has really helped us maintain the quality of service while reducing wait times for our customers," adds Angela.

So far, the addition of Hi Tone Records to the barbershop has been well received according



to Angela, "Overall, our customers love the concept. They drop in for a haircut and the first thing they see is this wall of vinyl. It's like a blast from the past. We've also had people come in to shop for records and they're surprised that there's this funky barbershop in the back."

Angela's husband, Steve, a familiar face having worked at Blaine's for many years explains, "We're excited to bring a music hub back to Selkirk. It's something that's been lacking since Blaine's left. We want to have a little place where people can hang out and talk about music."

Hi Tone Records stocks new and used vinyl, accessories and plan to carry turntables in the future. They also special order CDs, DVDs as well as replacement needles and cartridges for turntables.

"Used vinyl is something we're starting to add. It's always exciting when someone brings a handful of records in to sell." Steve explains, "The used records are washed and have new sleeves, so they're ready to play as soon as you get them home."

"We are small but we try to add fresh stock every week or so to keep things interesting for ourselves and our customers. And special orders are a big part of what we do, I like tracking down hard to find stuff." Steve adds.

Angela is optimistic about the future of Manitoba Avenue East, "Parking is a bit more of a challenge but we hope the changes don't deter people from supporting the businesses on the strip. We've all had to endure the construction but we're still here. So shop local if you can."

Hi Tone Records is located (inside of Midtown Barbershop) at 226B Manitoba Avenue in Selkirk. Check them out on Facebook/Instagram for more info and hours. You can reach Hi Tone Records at (204) 406-4040 or via email: orders@hitonerecords.ca

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"We've talked about it for a little while. [It provides an opportunity] for the public to see some of our equipment and see a little bit of demonstration of some of the equipment. We've had pancake breakfasts in previous years and had demonstrations and a bouncy house and kids could shoot water out of the fire hose. For our open house on Dec. 15, we're not going to be as elaborate with the demonstrations because everything is going to be inside the fire hall due to the weather, but the public is welcome and we'll have coffee and drinks for the kids," he said.

Paskaruk feels that it's important to have these types of events in the community because it makes residents more comfortable with the firefighters and their equipment.

"Little kids seeing a firefighter with their gear and the mask could be a scary experience if they ever have a fire in their house, but if they get exposed to something like that in the fire hall [it could make the experience a little less frightening]," he said.

In addition to firefighters in full uniform there will be equipment on display and a game for the guests, where they are invited to guess how much equipment costs. There will be a prize for the person that guesses closest to the correct amount.

"There's going to be a fee for having the pictures taken [with Santa] or if people want to make a donation. The fee is going to be \$10," explained Paskaruk.

This \$10 will then be donated to the Manitoba Burn Fund and donations will also be accepted towards a Christmas hamper that the fire hall is putting together for a family in need in the community.

Paskaruk is most excited for the public to come into the fire hall and see the equipment and for the kids to come in and see the fire trucks.

"All the public is welcome and it should be a fun event and we hope to see [residents] at our open house," he said.

The open house will start at 10 a.m. and continue until 2 p.m. at the Clandeboye Fire hall on Dec. 15. To keep up with the Clandeboye Fire Department check out their Facebook page at facebook.com/rushtoscene

West St. Paul celebrates Bombers win



RECORD PHOTO SUBMITTED

The RM of West St. Paul celebrated the Winnipeg Bombers Grey Cup championship after 29 years. They raised the #ForTheW flag at the Municipal Office on Nov. 21 to show support for the team and let it fly all weekend long. The Bombers won the title against the Hamilton Tiger Cats on Nov. 24.

Pictured left to right are: CAO Brent Olynyk, Community Services Officer Terry Ferguson, Couns. Giorgio Busceti, Stan Parag and Eleanor Link, Bomber fan Kayla Christian holding her dog, Bridget Sexton, and Mayor Cheryl Christian.

Home Hardware recognized for its community contributions

Local business wins national award for helping shape Selkirk through Communities in Bloom

By Ligia Braidotti

Communities in Bloom recently nominated Rob Borthistle, owner of the Selkirk Home Hardware Building Centre to receive the 2019 Dealer of the Year award.

“Home Hardware is our main partner. Without their in kind, and monetary donations we would be unable to exist as a committee, or complete any major projects,” Communities in Bloom’s chair of the board Michelle

Balharry said.

According to them, Home Hardware partners with the organization every year to improve the community through various projects such as the Yard of the Week contest.

Their contributions to the community don’t stop there. They have donated the materials and supplies to renovate and build new community gardens, and also house the ballot box for the yard nominations (and other community initiatives) in their store. They have also donated concrete patio stones to Communities in Bloom to improve a desolate community walkway in the Main St. Perennial Garden.

They are involved with community sports teams and donate silent auction prizes to several events in town.

Home Hardware also partners with Tree Canada and purchases trees for schools in Selkirk and surrounding areas. Their store recently underwent a massive expansion, where they added a community classroom that is free of charge for Selkirk residents and donate prizes for all educational workshops and seminars.

“They are the main hub of our city, participating in all events and parades,” Balharry said. “Selkirk wouldn’t be the community that it is without Rob’s generous support and community spirit. He purely helps to make the city a better, more enjoyable place for everyone to live. Rob has al-

ways supported us in every initiative, and consistently is brainstorming ideas on how he and Home Hardware can improve all residents quality of life.

“Home Hardware treats everyone like family, and they bend over backwards to provide service. Home Hardware and Rob make Communities in Bloom possible for Selkirk, and help us improve our bloom rating yearly.”



RECORD PHOTOS SUBMITTED

Rob and Krista Borthistle (middle, holding frames) received the 2019 Dealer of the Year Award from Communities in Bloom Canada.

The race for best holiday yard starts now

Home Hardware, Red River North, The Selkirk Record and Selkirk Communities in Bloom are once again holding the annual Holiday Yards of the Season contest.

People can enter to win in two categories:

Best Outdoor Display and Best Overall Theme.

The contest is open to all residents of Selkirk, St. Andrews and St. Clements. Winners receive \$150 in Selkirk BIZ Bucks and a \$50 gift card from Home Hardware.

Judging takes place on Dec. 12. To enter the contest email ads@selkirkrecord.ca with your photos, in person at the Home Hardware customer service, or online by sending a message to the Selkirk Record’s Facebook (<https://www.facebook.com/SelkirkRecord/>) or Instagram pages (@SelkirkRecord).



Top: The walkway for which Home Hardware donated patio stones.

Right: The community gardens which Home Hardware donated the materials and supplies for renovation.



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Just leave the sturgeon in the water

Welcome fishers.

Last week I met a chap by the name of Bruce MacDonald who transports folks in wheelchairs with a handy van and he had a fishing story for us. He was an unassuming sort, accommodating and just the kind of man you would expect might make a good guide - fishing or otherwise.

Well, many years ago that's just what he was doing at Minaki, Ontario at a lodge. During the course of one summer lodgers told him of an experience where a group of boating anglers came across a seven foot sturgeon floating just below the water's surface in the last moments of its life. They maneuvered their boat over it and were able to get a rope behind its gills. They drew it up and upon examination saw it had sucked up a rock that was lodged in its mouth. They towed it to a large rock outcropping close to one of the men's cottage and pulled it out of the water. That proved to be a nauseating mistake.

The next weekend found our group back at Minaki boating toward that guy's cottage and the rock where they had left the huge sturgeon. As they caught sight of the rock they could make out a long grey mass covered with feasting birds on what had been the sturgeon. They also caught the horrific stench of its rotting flesh. Unable to stand the smell, they turned the boat around and headed back to Winnipeg. In town they contacted authorities who sent people out to retrieve the sturgeons head. They were able to get the inner ears of the fish and using a laboratory method were able to determine its age. That was little consolation to the unfortunate cottage owner who had his place close to the rotting fish. He couldn't get near it for weeks!

Just before freeze up I happened upon Jeremy Malanik fishing with his son Nathaniel off the Selkirk waterfront pier. Jeremy was a tall, full bod-

ied guy with rounded cheeks, defined by a short light brown mustache and goatee. His genial nature was in contrast to his rapid, accurate manner of speech. He was having a great day though, having caught two master catfish and a very expensive new rod and reel to boot!

I happened to be in Gimli last weekend and stopped in at Kris's Fish and Chips Restaurant for one of their superb tasting, all you can eat fish and chip specials. As I sat eating, a very happy-go-lucky chap with a head kerchief, I assumed ran the place, went from one table to another shooting the breeze with customers. When I went to pay he walked behind the till and as I squared my tab he asked if I fished. I tried to stifle a smile as I showed him our newspapers card. He fell silent as he read it then broke into a huge smile.

Shaking my hand he said, "Oh, have I got a fishing story for you. I'm Scott McNabb and my helper here is Allynne Johnson." Not long ago he revealed he was fishing off the Gimli pier and wanting to talk to some friends, stood his rod against the water break wall. Minutes later he heard a grating rattling sound and turned to see his new rod ride up and over the wall to disappear down into the thrashing waves below. He was not going to lose that expensive rod! He took his clothes off down to his shorts, climbed to the top of the wall and dove down into the twenty foot deep water. When his head broke surface he could hear friends and observers clapping and cheering him on. He laughed waving back at them.

The waves were angry and churn-



RECORD PHOTO SUBMITTED

Allynne Johnson and Scott McNabb holding their catch of "rubber fish" from the wall of Kris's Fish and Chips.

ing pushing him this way and that but he caught his swimming stride and went after the handle of his rod that was bobbing above the waves. He swam strong and caught his rod as it flipped from a wave into the air. He stroked for shore one handed with the other trailing, clinching his rod. Even though the waves and current were tossing him viciously about, he could tell by the quivering of his rod he had a fish on the line. His feet found the sand at the beach shore. He stood up walking to dry land dripping wet in his shorts. He turned to the water and began reeling in his catch. A silvery flash tumbled down the crest of a wave and he knew he had a big bass.

His friends again cheered him on, collecting his clothes then they all went to his place for supper. He put the bass in a pan in the fridge and as the evening went on, every once in a while they could hear a strange noise. They searched the house until his twin brother passing the fridge heard the sound inside. He opened the door and saw the bass had flopped out of the pan and now lay on top of a bowl of salad. That fish was soon filleted!

Till next week good buddies, bye for now.

View the Selkirk Record online at selkirkrecord.ca



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Ridesharing to innovate local transportation

Residents now have another transportation option in the city

By Katelyn Boulanger

Selkirk's new Vehicle for Hire bylaw ensures the use of ridesharing services as ReRyde gets licensed, making it the first of its kind in the city.

"I think it's going to be great for the City of Selkirk. I think this is what we've been waiting for a while now. I've been waiting to have these kind of options in our community," said Selkirk Mayor Larry Johannson.

The provincial government made this endeavor possible with changes on Feb. 28, 2018 resulting in the dissolving of the Manitoba Taxicab Board and establishment of the Local Vehicle For Hire Act the next day.

"It allowed us to go a little bit further, [and] for us to write our own bylaw on it. We made it a little bit looser so that more people are able to participate in it. God Bless the cab companies over the decades that they were in service, but this is just going to be another aspect of [transportation services]. When you go to the major cities like Toronto, Vancouver, Montreal, and Winnipeg, they are all into the ride sharing and I think that it's important that Selkirk get into it too," said Johannson.

The current bylaw was passed on Oct. 28 replacing the previous taxi bylaw that was in place since 2004.

"Municipalities could choose to regulate vehicle for hire businesses or they could do nothing, and what we did was, we chose to regulate the businesses but to do it very loosely so that it will inspire good competition and for a lot of businesses to apply. I think that's very important for us to have options and to have the choice, but to make it easy to get started," explained Johannson.

The council's choice was to have ridesharing businesses that would like to operate in Selkirk apply for a Vehicle for Hire Business Agreement and a Business Permit both of which have to be renewed annually.

"What it brings is lower wait times for transportation. One of the requirements that we do have is good, clean cars or vans. That's very, very important to us. We want this monitored so that people feel safe. They'll be able to get into the vehicle and not have to worry. They'll be able to get where they want to go safely, in a clean vehicle, with courteous drivers," the Mayor said.



RECORD PHOTO SUBMITTED
Hailing a ridesharing vehicle.

GOD BLESS THE CAB COMPANIES OVER THE DECADES THAT THEY WERE IN SERVICE, BUT THIS IS JUST GOING TO BE ANOTHER ASPECT OF [TRANSPORTATION SERVICES]

- JOHANNSON

Johannson believes that this will benefit all residents, giving everyone another transportation option regardless of whether or not they already have a car at home.

"It can just be people that don't want the aggravation. There's a lot of stricter drinking and driving laws now. You want to be very careful when you're out there, so it's a boon to the rideshare companies and the taxi cab companies," he explained.

For more information about ReRyde check out reryde.com

Manitoba 150 calling all artists to develop medals

Staff

The Manitoba 150 Host Committee (Manitoba 150) has an exciting opportunity for Manitoba artists to submit their qualifications for consideration to design the front side of a unique, commemorative medal to be given to Honour 150 recipients. These 150 recipients have made outstanding contributions to the well-being of their communities.

"The MB150 medal is our way of acknowledging the important work of the Honour 150 recipients. We want it to be a signature piece, something uniquely Manitoban," said Co-Chairs

Stuart Murray and Monique LaCoste. "We know how talented and creative Manitoba artists and designers are," they added.

"We can't wait to see what ideas they will come up with!"

Manitoba 150 is seeking submissions from recognized artists or graphic designers who are residents of Manitoba to design the obverse (front side) of the MB150 Medal and Neck Ribbon for the Honour 150 program. At this time, they are asking for portfolios and general concept of a design only, not for the design of the Medal

and Neck Ribbon; and proposals from professional, qualified organizations or individuals to manufacture a minimum of 150 medallions and neck ribbons for the Honour 150 program.

"These medals will be wonderful, permanent reminders for 150 great Manitobans that they have made a positive impact in our community,"

said Cathy Cox, Minister of Sport, Culture and Heritage. "We couldn't be happier knowing the medals will be completely designed and created by Manitobans, for Manitobans."

Honour 150 is open to submissions until January 31, 2020. Submission forms, criteria, and official terms are available at www.manitoba150.com

The Selkirk Record
217 Clandeboye Ave., Selkirk
Proof Deadline **Fridays at 4 p.m.**
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Mondays at 4 p.m.
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Mixed-use building part of Downtown Renewal Strategy

Submitted by the City of Selkirk

When city council adopted its Downtown Selkirk Renewal Strategy in 2016, it contained five strategic directions that ultimately would focus downtown development, ensuring it evolved into a place that people are drawn to, a place where they can shop, meet friends, hang out and live.

One of the five strategic directions is to promote mixed land use development and a new three-storey building going up on the corner of Main Street and Superior Avenue fits that descriptive to a tee.

The building will feature a commercial component on the first floor and residential units on the second and third floors. According to Lisa McLean, the city's Economic Development Officer, it's the type of development that fits well with the Renewal Strategy.

"It's exactly what we've been trying to promote in the downtown area, mixed use, people living on the top floors and a commercial business on the main floor," McLean said.

"We're very excited about that."

Mayor Larry Johannson said Selkirk's downtown has always had a ton of potential and now, by adhering to the guiding principles of both the city's Strategic Plan and the Downtown Renewal Strategy, the downtown is coming into its own.

"It's a great time to be in the City of Selkirk. I walk around the streets and I see all the activity going on, especially in the downtown core. The redevelopment of Manitoba Avenue is taking shape and is going to be terrific when it's done," Johannson said.

"And this new building going up that will add another commercial entity to the downtown and provide places for people to live is fantastic. We've worked hard on making the city as a whole, but the downtown in particular, a place that's very walkable. We want people living there, we want them to be able to walk out their door and down the street and grab a coffee, or a bite to eat, and all those visions are coming into focus. It's a very exciting time."

The Downtown Selkirk Renewal Strategy's other four strategic directions are to capitalize on assets, redesign and beautify downtown streets, enhance parks and open spaces and promote recreation and cultural activities, and promote active transportation.

Pardeep Bhullar, President and CEO of Sante Fe Developments, is putting up the new building. He said Selkirk was a great fit and he likes the city's attitude towards downtown development.

"We didn't have any negative experiences, there was no red tape, it was a lot smoother and a lot more accessible than what we're used to in larger markets," Bhullar said.

The main floor commercial space is about 2,800 square feet and Bhullar said they haven't even begun looking for potential tenants.

"Once we get a little closer, maybe in the springtime, we'll put up a billboard and we'll entertain what clients we might get. We're anticipating it to be maybe an office space, whether it's a legal space, or a doctors office or a pharmacy type of thing," he said.



RECORD PHOTO SUBMITTED

Illustration of the new mixed-used building being built by Santa Fe Developments. It will see a commercial component on the first floor, and residential one- and two-bedroom units on the second and third floors.

There are eight residential units, a mixture of one- and two-bedroom apartments for rent. They vary in size from 800- square-feet to 1,200-square-feet and each has its own balcony.

Foundation work has already started and sewer and water hook-ups have been done. Bhullar said he expects construction to be wrapped up by the end of May.

He anticipates he'll do more projects in Selkirk. Though there isn't an overabundance of land available for development, what there is comes at a good price and a low vacancy rate and changing demographics make it a good place to do business. Plus, he said, Selkirk has the necessary infrastructure and is located close to all the things people want to live near, including shopping, jobs, recreation and the City of Winnipeg.

The Downtown Renewal Strategy hits on several of the priorities in the city's Strategic Plan, including downtown revitalization, taking firmer control of our economic destiny, building on Selkirk's status as a regional service centre and revitalizing Selkirk's

image, says Selkirk's CAO Duane Nicol.

"This development is yet more evidence that we are fulfilling our community strategic plan. Because of our progressive vision and methodical, strategic implementation and investment, we are attracting private sector investment and achieving community development the likes of which we've not seen in a generation," Nicol said.





Tim Feduniw, Director of Sustainable Economic Development, said the Downtown Renewal Strategy articulated the need for populating the downtown and looking at pedestrian spaces, and that's the kind of thing that's happening right now with Manitoba Avenue and the new building on Superior Avenue.

The redevelopment of Manitoba Avenue will see the thoroughfare accommodate two-way traffic and switch from angle- to parallel parking, which falls nicely under the redesign and beautify downtown streets directive.

"There's an area in the core of Selkirk that can be celebrated and invigorated through mixed commercial/residential uses. This new residential and commercial building is a perfect fit for our Downtown Renewal Strategy and proof that it's working," Feduniw said.

"We're starting to see private sector investment into our downtown and we're working with other potential investors. There will be a combination of private and public sector investments that are mutually supportive."

The Renewal Strategy – which looks at Manitoba Avenue East, along with the Waterfront and Water Tower, and the area from Rosser to Taylor avenues – was built with input from Selkirk citizens and stakeholders and aims to focus the direction of downtown renewal.

SERVICE CLUBS - Serving our Communities		Selkirk Record	
<p>ARMY, NAVY & AIR FORCE VETERANS IN CANADA</p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Clandeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July & August) at 6:30pm in downstairs clubroom. New members welcome.</p>	 <p>Rotary Club of Selkirk Lesli Malesug, Sec. 204-482-3113 www.clubrunner.ca/selkirk</p> <p>Motto: "Service Above Self" Meetings 2nd & 4th Mondays 6:00pm at Selkirk Golf & Country Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	 <p>ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p>THE SELKIRK & DISTRICT LIONS</p> <p>Membership Chairman Herb Dubowitz 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
 <p>LISGAR LODGE #2 SELKIRK</p> <p>Stephen Gwynn 204-482-6656 lisgarlodge@outlook.com</p> <p>Free Masonary way of life Second oldest Masonic Lodge in Manitoba. Meets every third Wednesday of the month except, no meetings January, February, July and August Meetings begin at 7:30.</p>	 <p>REMORA #26</p> <p>ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989</p>	 <p>Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives. 200 Eaton Ave, 482-7176 www.selkirkbiz.ca</p>	<p>WEST ST. PAUL LIONS CLUB</p> <p>Glen Rossong Membership & Sponsorship</p> <p>204-338-7291</p> <p>Meetings first Monday of every month.</p>

IS THE PERSPECTIVE BIASED?

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Community helpers needed to support vulnerable children and families

Staff

Manitoba Families is looking for community organizations who will partner to deliver the community helper programming.

The Manitoba government is making \$525,000 in grant funding available to recruit, train and employ 'community helpers' to provide services that reduce the risk of Child and Family Services (CFS) apprehension or placement breakdown, Families Minister Heather Stefanson announced today.

"Our government is focused on protecting kids and ensuring they have the opportunity to grow up in safe, loving homes," Stefanson said. "Community helpers will deliver culturally appropriate services tailored to the unique needs of young people, which will help prevent them from having to leave their families or CFS placement."

The new primary prevention program will match community-based support workers with families and caregivers residing in Winnipeg's inner city who are experiencing challenges that could lead to separation. The workers, known as community helpers, will support the stability and wellness of vulnerable families by establishing trusting relationships outside the formal system. Through these relationships, the caregivers will feel supported, valued and empowered to access additional available services when they are needed.

Through facilitated family-led planning, in-home crisis counselling and skill building exercises, the community helpers will provide children and caregivers with the tools to help manage challenges independently in the long-term, limiting CFS involvement – an approach supported by leading

experts.

"Everything we know about investing in the well-being needs of families tells us that preventing unnecessary family separation prevents trauma that can dismember families, communities and cultures," said Kevin Campbell, an international child protection expert. "Every step a system takes to implement primary prevention is step toward a truly just system of support for families, communities and culture. This project is clearly one of those steps."

One anticipated benefit of the community helpers program is improved overall individual and family wellness, the minister said. Through the community helper relationship, families and caregivers will be supported to manage or overcome mental health or substance abuse challenges, which can otherwise contribute to children

entering care or placement moves.

The methods and teachings employed by the community helpers will also integrate traditional knowledge and wisdom to ensure a cultural connection strengthens the relationships that provide a gateway to services.

The minister noted this new funding also fulfils recommendations of the VIRGO, MACY and other reports to prioritize funding for services for children and youth.

Since the beginning of October, the province has committed \$18 million toward nine initiatives that will improve mental health and addictions services throughout the province. Further investments will be announced in the coming weeks.

An information session outlining the grant competition process and timelines will be held next week. Proposals will be accepted until Dec. 13.

Province investments to support emergency response

Staff

The provincial government announced it will provide more than \$400 million for emergency response and damage prevention measures to better protect Manitobans, Premier Brian Pallister said on Nov. 25 during his address to the Association of Manitoba Municipalities (AMM) annual convention in Brandon.

The investment will benefit all Manitoba's municipalities.

"Our greatest duty as a government is to keep Manitobans safe. It is a duty we all share and a duty we take very seriously," said Pallister. "Our government is proud to invest in a new, state-of-the-art public safety communications system to replace the province's outdated system that was left in disrepair by the previous government. The new system will give our police officers, firefighters, paramedics, conservation officers and forest-fire crews a superior communication tool that will enable them to work more effectively, make their jobs safer and ultimately save lives."

The cost of the new \$380-million, multi-year communications system will not be borne by municipalities, alleviating the financial burden on local governments, Pallister noted, adding the new public safety communications service will cost close to \$20 million a year when it comes online in 2021.

The province previously announced a new digital two-way mobile radio system, which will provide better coverage over a more secure network. It is expected to be fully implemented by 2021 to replace the outdated Fleet-Net, used by municipalities, fire, am-

bulance and police services, as well as the very high frequency (VHF) radio system used by conservation officers and forest-firefighting crews.

"The AMM commends the provincial government for committing to fully fund the annual operating costs of the province's new public safety communications service," said Ralph Groening, president, AMM. "Reliable communications technology is vital for saving lives, keeping first responders safe and protecting local communities in times of an emergency. This commitment allows municipalities to focus on these priorities through reduced red tape and a more efficient use of taxpayer dollars for the benefit of all."

The premier also announced a one-time capital investment of up to \$45 million for damage prevention and climate resiliency measures, allocated in three equal portions:

- \$15 million for municipalities within the capital region,
- \$15 million for municipalities outside the capital region, and
- \$15 million for previously identified provincial priorities to provide greater protection.

The \$45 million will be redistributed from next year's budget, previously earmarked for the Lake Manitoba Outlet Channel.

"Our government is committed to working with all levels of government to complete the Lake Manitoba Outlet Channel, a vital project for our First Nations communities and rural Manitobans," said Pallister. "Unfortunately a lack of progress has delayed the project. In the meantime, our government will use those funds for critical,

local measures."

The province also committed to investing and additional \$3 million this year for spring flood preparedness, to be spent according to the priorities of the AMM and the Winnipeg Metro

Region. A panel of representatives from the AMM, Winnipeg Metro Region and the province, including the Climate and Green office, will decide where that money should be spent.



The BIG HEARTS CHRISTMAS HAMPER DRIVE

is collecting donations for over 300 families in the Selkirk and surrounding area. Donations of gift cards for turkeys, Christmas meal supplies and kids toys are greatly needed. Please help this charitable organization by dropping off your donation at any of the following outlets.

Thank you for your support!

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**DROP OFF DEADLINE
DECEMBER 15TH**

Former Blue Bomber Mo Leggett; bonding like brothers

By Jennifer McFee

At first glance, it might seem like an unlikely pairing.

But a former Bombers player has formed a brotherly bond with a local man he visits at the Stonewall hospital.

Mo Leggett earned accolades during the five years he played defence for the Winnipeg Blue Bombers. Now he's tackling a career shift through his work with Services Beyond Support. The Winnipeg-based organization employs support workers to assist challenged individuals in hospitals, homes and rehabilitation centres.

In September, Leggett began meeting with 35-year-old Michael Obsniuk during his prolonged stay at the Stonewall hospital. When he was four years old, Obsniuk was diagnosed with Prader-Willi Syndrome, a genetic disorder that impacts the 15th chromosome. This syndrome can affect the ability to metabolize food and to feel full, along with a long list of other areas.

The well-known athlete spends four days per week with Obsniuk, working long shifts and resting at the hospital.

"For me, it never started as a job. I came to Stonewall previously at the local school for a Winnipeg Blue Bombers Manitoba campaign and I thought it would be interesting to come back here," said Leggett, who has homes in both Winnipeg and Atlanta.

"I'm here almost every day. It's 20 hours with Michael and then I go home for four hours to eat and shower. When I come back, I always bring him a healthy snack. I have a pillow and a blanket and a foam mattress here so when he sleeps, I sleep."

When the duo is together, it's impossible not to notice the amusing banter and inside jokes that they share.

"Every now and then, I feel like we're twins. His mom told me that some people actually have trouble

with Michael. But Michael's harmless. He's an angel," Leggett said.

"He actually grew on me a lot. It's never a dull moment and he's as petty as I am, so we go back and forth trying to mess with each other. It's kind of like a sibling relationship. It's very entertaining. He loves me but he won't admit it."

As for Obsniuk, he said he likes Leggett best when he brings him snacks.

"I miss him sometimes, but not as much as some other people," Obsniuk teased with a smile.

While Leggett is on hand to assist Obsniuk, he feels that he also benefits from the arrangement.

"Michael has been opening my eyes about different things. He keeps me sane. He helps me a lot with my patience," he said.

"I can't see myself doing anything else outside this profession other than sports. I've tried and it doesn't fit with my personality."

The American athlete also expressed appreciation for the hospitable atmosphere around him.

"The Stonewall hospital and the entire town make it a good work environment," said Leggett, who has become a familiar face at the local Subway and Cravings restaurants.

He also notes that Services Beyond Support is always hiring.

"It's a support service that does companion care, respite, hospice. The service is wide-ranging, depending on the certifications that you have. If you don't have the certification, then they do a great job of helping you get it. You don't usually see your coworkers because you're at different locations, but there are chances for you to meet up together and get to know each other," he said, adding that many staff members vie for the chance to work with Obsniuk.

"It's also a testament to Michael be-



RECORD PHOTO BY JENNIFER MCFEE

Former Blue Bomber Mo Leggett, right, visits with Michael Obsniuk and his mother Kim regularly at the Stonewall Hospital. Leggett encourages others to sign up for Services Beyond Support.



cause we all want to do it. We get to create our own schedules. We are definitely looking for staff to work all the way from Portage la Prairie, Brandon,

Steinbach, Emerson, Selkirk, all over."

For more information about Services Beyond Support, visit www.services-beyondsupport.com

Royal Canadian Legion Branch 42
 403 Eveline Street, Selkirk
 Office: 482-4319 Bar: 482-6015 www.selkirklegion.org

December Events Calendar

Dec 1 - Legion Serving at the Soup Kitchen 9:30am
 Dec 1 - Cribbage Playdowns 1pm
 Dec 6 - Rivercity Six Band 8pm
 Dec 8 - Darts Playdowns 1pm
 Dec 11 - GENERAL MEETING & ELECTIONS 7:30pm
 Dec 13 - Big Meat Draw
 Dec 15 - Closing at 4 for Staff Party
 Dec 20 - Christmas Karaoke & Caroling 8pm
 Dec 24 - Closing at 5pm
 Dec 25 & 26 Closed, MERRY CHRISTMAS
 Dec 27 - Topline Band 8pm
 Dec 31 - New Year's Eve Social \$10pp
 Rock the House band
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Reclaimed horseshoe art stuns

Portion of proceeds go towards re-homing retired racehorses

By Katelyn Boulanger

Artist Victoria Morse is using horseshoes worn by racehorses at Assiniboia Downs to create art.

Morse is donating a portion of the proceeds collected to a charity that re-homes retired racehorses (the charity requested they remain anonymous).

"I spent many years working at Assiniboia Downs and I've had horses all my life. I used to run a horse sanctuary years ago and I understand the difficulty. My daughter worked at the race track all summer and she ended up working for the guy that was the leading trainer, and when they were shipping out at the end of the year he gave her five five-gallon buckets of horseshoes," said Morse.

Inspired by the find, she took the shoes that were in good condition and decided to clean them up and upcycle them. The wood for the project originally come from an old fence on her property and is also being repurposed.

"We made one and posted it on Facebook and people were like, 'Those are so neat,'" said Morse.

She then realized that it was a great way to make a good deed and decided to donate some of the proceeds as the shoes had come from the racetrack.

"You don't want a new horseshoe for something like this. I think they have meaning and if you're the kind of person who thinks that luck comes from horseshoes, I think that you're going to think that a horseshoe that comes from a horse that ran in the winning barn is going to be even more [special]," said Morse.

She hopes that when people see the art they think about the horse that wore the shoes and wonder what they are

doing now.

"This is my heart. These horses are so important and I think that people need to remember them."

This is a new project for Morse as she and her husband only started making this horseshoe art a few months ago.

"My husband took a chainsaw and cut the

boards down, and we took the best pieces and randomly cut them down into different sizes and I put a thin coat of varathane [wood stain] on them. We cleaned all of the racetrack dirt out of the shoes, which was very time consuming, and then my husband used a glue on them and we clamp them on to the board overnight," said Morse.

Each horseshoe art costs \$20 and can be purchased by contacting Morse at vemorse1965@gmail. Five dollars of each purchase is donated to the charity that re-homes used horseshoe.



SUBMITTED PHOTO

Victoria Morse's reclaimed horseshoe art.



The Boot Tavern Christmas Party with Aaron Starr Saturday, December 14th Show starts at 9:30pm

Happy Holidays

THE BOOT TAVERN

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EAST SELKIRK, MANITOBA
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#THEBOOTTAVERN

Whimsy B Café takes home golden ladle

Holiday Alley's Soup Cook-Off warms hearts and stomachs for three years

By Katelyn Boulanger

They served and Holiday Alley goes decided which was the best.

Teigan Smith and Jemimah Swanson won first place in the festival's Soup Cook-Off for their Whimsical Carrot Soup, courtesy of Whimsy B Café.

"We were very nervous but excited at the same time and throughout the day our faces hurt from smiling so much," said Swanson, an employee at Whimsy B Café who took part in the cook-off.

Holiday Alley's Soup Cook-Off is an event that supports a non-profit group in the City of Selkirk. This year 15 restaurants and groups made soup recipes, which were judged by representatives from the City of Selkirk, RM of St. Andrews, and the RM of St. Clements.

This year's non-profit group was Inclusion Selkirk which is funding projects such as the renovation of Community Threads and making their buildings more accessible.

In addition, the municipal representatives gave the second place to Roxi's Uptown Café for their How Sweet It Is Apple Pear and Gingerbread Soup. The third place people's choice award was given to Manitoba Hydro for their Electric Avenue Soup-er Stars soup



The Mighty Kiwi's The Mighty Souper Heroes African Peanut Soup.

which was inspired by Indian cuisine. Each participant in the competition served approximately 250 small bowls of their soup to the community.

"It was super exciting. We had no idea we would win," said Teigan Smith an employee at Whimsy B and daughter to the café's owners.

This was the first year entering the contest for the pair as Whimsy B has only been in business in the community since the spring, taking up residence in the library previously operated by Ubuntu Café.

The pair created the recipe for the



RECORD PHOTOS BY KATELYN BOULANGER
Teigan Smith and Jemimah Swanson being presented with their golden ladle by Mayor Larry Johannson and Mayor Debbie Fiebelkorn.



RECORD PHOTO SUBMITTED
Teigan Smith and Jemimah Swanson with their golden ladle at Whimsy B Café.

competition themselves, taking a carrot soup recipe and adding some magic to it to make the award-winning soup.

"We added honey to make it sweeter and ginger to give it a little bit of a kick. It was a blended soup so it was very creamy and we added a little bit of cream as well," explained Smith.

She explained that the inspiration for the soup came from the business itself with them adding honey to try to continue the theme of bees that the café embraces.

"We've never done it at the café before, but I think that we'll bring it back as a regular thing, not every day, but it will definitely be there sometimes in the month," said Swanson.

The two felt very supported by residents both throughout the café's

opening and in the competition. "It was a really good feeling to win and now we have the ladle hanging up in the café. It was a great experience for both of us," said Swanson.

The pair also had a few people comment that it was a good Christmas soup because it warmed you up and made you feel good inside.

"Knowing that people are so supportive of something that you put your heart into means that you enjoy what you do, and you enjoy going to work, and enjoy serving these people," said Swanson.

The whimsical carrot soup will be available at Whimsy B periodically as they have plans to add it to their soup rotation. To find out which days it will be served follow them on Facebook or Instagram at @whimsybeecafe.

Steelers Bingo is changing it up

The Selkirk Steelers would like to thank all our dedicated Bingo Players. We are going to make this a December to remember! We are starting a brand new way to win with our "Be our Lucky King or Queen" game. We have increased our full house consolation prize to \$200.00 and will be having "Hot Seat Prizes", contests, draws and giveaways all throughout December. Please like and share our Facebook posts for a chance to win a Free Bingo.

The Steeler players are always happy to volunteer for bingo nights, working the games and are there for security as well. The Steelers have been out in the community taking part in various events such as Holiday Alley, assisting in minor hockey programs, Learn To Skate and Timbits Hockey. They will also be out collecting and delivering Christmas hampers and toys for kids.

The Steelers have four or five local Selkirk area players on the team this season. Currently the team also has a couple of players from the United States here playing for us. The lads who are lucky enough to be part of this great team simply fall in love with our city and the fans. These guys have played all over the US and Canada. They say Selkirk has quickly become their favorite place to play. They say that the people of Selkirk are so friendly, supportive and so very welcoming.



**GO STEELERS GO...
THANK YOU FOR YOUR CONTINUED SUPPORT!**

ADVERTORIAL

IT'S ALL
RIGHT
HERE



Black Friday Capital of Manitoba

The
Selkirk
BIZ
BLACK FRIDAY
Weekend

FIRST

November 29th, 30th
& December 1st

Take advantage of great SAVINGS at
PARTICIPATING LOCAL RETAILERS

SECOND

ENTER TO WIN OVER 30 PRIZES
at PARTICIPATING RETAILERS

- A&W - A&W Bear and a \$100 Gift Card
- Addie's World of Colour - Decorator Prize Pack valued over \$150
- Barney Gargles - \$100 Gift Card
- Big Dollar - Buffalo Plaid Gift Package valued over \$350
- Bonded Mobility - \$100 Gift Card
- Co-Op Grocery - Gift Card
- Dairy Queen - Dairy Queen Sheet Cake
- Domino's Pizza - \$100 Gift Card
- Dufresne - \$100 Gift Card
- Gaffers - \$100 Gift Card
- Harry's Foods - \$100 Gift Card
- Home Hardware - \$150 Gift Card
- Keystone Sporting Goods - Prize Pack valued over \$100
- McDonalds - \$100 Gift Card
- Meridian Chiropractic & Health Care - Prize Pack valued over \$200
- Mighty Kiwi - \$50 Gift Card

- No Frills - 32" LED Television
- On The Rocks - Enter to win at Roxi's
- Packers Fashion - \$100 Gift Card
- Red Bomb Fireworks - \$100 Lakeside Luau Fireworks Package
- Red Barn - Jets Tickets
- Riverside Grill/Wishme - \$50 Grill Gift Card & Wishme Gift Basket
- Roxi's - Prize Package valued over \$200
- Selkirk Chrysler - \$100 Gas Card
- Selkirk Record Craft Sale - Selkirk Record Gift Basket
- Steeltown Ford - Prize Pack
- Subway Main St & MB Ave - 5 - Six Inch Subs
- Telus - 4L - Samsung Galaxy Ear Buds
- The Foot Shop - \$100 Gift Card
- Tim Horton's Main St & MB Ave - Prize Pack valued over \$100
- Westside Honda - Helmet with Heated Visor valued over \$200

#selkirkbizblackfriday

• St. Andrews • St. Clements • West St. Paul • Selkirk



FRIDAY, SATURDAY & SUNDAY NOV. 29, 30 & DEC 1

Take advantage of great
SAVINGS at THESE PARTICIPATING
LOCAL MERCHANTS

Friday
\$3 Mama Burger®

Saturday
\$4 Chubby Chicken® Burger

238 Main St., Selkirk

© 2019 A&W Trade Marks Limited Partnership.

We Pay Both the PST & GST **ENTER TO WIN**

On all in-stock **CLOTHING**
FRIDAY & SATURDAY NOV 29 & 30

a (Size Small) HJC Helmet with Heated Visor

WESTSIDE HONDA POLARIS of Selkirk **204-482-7782**
6837 HWY 9, SELKIRK www.westsidehonda.ca Toll Free 1-888-482-7782

BLACK FRIDAY

Scratch & save 10% to 50% off regular-priced merchandise! One lucky customer will receive their ENTIRE purchase for FREE!

Scratch & SAVE Save up to 100% off your purchase

10%, 25%, 50% or 100% OFF

PLUS... Check Facebook for new deals every hour!

609 GREENWOOD AVENUE 204-785-8007

Friday, NOV 29 ONLY!

7:00am - 11:30am
Bacon & Egg Burger \$3.99 + tax

11:30am - 10:00pm
Beef Au Jus \$5.99 + tax
PLUS ½ price coffee & pop all day

Roxi's by the Red
UPTOWN CAFE

219 Manitoba Ave., Selkirk **204-482-1900**

Please note: Roxi's 7 Day Gift Card Sale will be Dec 9th - Dec 15th, 2019

Addie's World of Color

Come In & Enter to Win!

- \$75 Gift Certificate
- Painting Accessories
- Benjamin Moore & Hunter Douglas Apparel
- And more!

Stop by for refreshments and browse our accessories. Please see extended section for our specials.

307 Manitoba Ave, Selkirk
Ph. 204-482-8332

Dufresne A Better Experience

Hisense VIDA 4K HDR

Stop in and **ENTER TO WIN** a \$200 Dufresne Gift Card

50" Hisense TV **\$328.99**

SELKIRK 374 EVELINE STREET | 204.785.8191 SHOP DUFRESNE.CA

New PUBHOUSE CHEESEBURGER with Smokey Mustard

\$7 MEAL DEAL

BLACK FRIDAY WEEKEND AT YOUR SELKIRK DQ 307 Main St.

Ladies Quality Footwear & Handbags

305 Manitoba, Ave. Selkirk

Huge Sale! Selected Boots & Shoes up to 50% OFF

Come In & Enter to Win a \$100 Gift Certificate

Black Friday Sale Starts Monday November 25th!

Mon 10-6 Tues, Weds and Fri 10-6 Thurs 10-8 Sat 9:30-5:30 Sun 12-5

BLACK FRIDAY WEEKEND FRIDAY, NOVEMBER 29 TO SUNDAY, DECEMBER 1

GET A 3 PIECE FISH N' CHIPS FOR THE PRICE OF A 2 PIECE

Barney Gargles **DESSERTS TO DIE FOR!**

FAMILY RESTAURANT

185 Main St., Selkirk Phone 785-8663

ENTER FOR 3 WAYS TO WIN!

\$250 IN BLACK FRIDAY CASH | ***FREE GAS** | **\$100 GIFT CARD**

*Comes in the form of a \$100 gas card

SELKIRK CHRYSLER Dodge Jeep RAM

Save up to \$17,835 on Ram Trucks!

1011 Manitoba Ave Selkirk TOLL FREE 1-800-204-8620 **204-482-4151**

www.selkirkchrysler.com

BIG DOLLAR

BLACK FRIDAY GIFT CARD EVENT Friday & Saturday ONLY

Spend \$50 get a \$5 Gift Card
Spend \$100 get a \$15 Gift Card
Spend \$150 get a \$30 Gift Card
Spend \$200+ get a \$50 Gift Card

See our ad on page 3 for our prize package!

439 MAIN ST., SELKIRK **HOLIDAY HOURS**
North of Manitoba Ave. MON-FRI 9-9 SAT 9-8 SUN 12-6

PACKERS WOMEN'S FASHION

Thursday, November 28 to Sunday, December 1

50% OFF ALL DRESSES

AVENUE KNICK KNACKS

SAVE 20% ON COSTUME JEWELLERY

DVD MOVIES, CDs & BOOKS, DOLLS & MUCH MORE

CHRISTMAS DECORATIONS TOO!

ENTER TO WIN A \$100 GIFT CERTIFICATE, ALSO GOOD AT BONDED MOBILITY

218 Manitoba Ave., Selkirk **204-785-8839**

STOP IN AND ENTER TO WIN

SAMSUNG GALAXY EAR BUDS

4 COMMUNICATIONS INC. TELUS authorized dealer

1014 Manitoba Avenue **204-785-4386**

SPECIAL FRIDAY ONLY DEAL

PURCHASE \$50 (EXCLUDES LOTTERY AND TOBACCO) & RECEIVE A BOX OF **POT OF GOLD CHOCOLATES** (247 GRAM) FREE !!!

HARRY'S FOODS

For more great **BLACK FRIDAY WEEKEND** deals check out our big ad in this section.



FRIDAY, SATURDAY & SUNDAY NOV. 29, 30 & DEC 1

Take advantage of great
SAVINGS at THESE PARTICIPATING
LOCAL MERCHANTS

COKE ASS'T 20'S \$5.99

CO-OP

PEPSI ASS'T 24'S \$6.99

GIGANTIC WAREHOUSE SALE

RED RIVER CO-OP FOOD STORE

335 Main St. Selkirk You're at home here

*** ALL PIZZA**

Plus See our BIG Black Friday Deal in this section

FROM OUR REGULAR PRICE MENU

50% OFF!

*Discount applies to pizza only. Black Friday Code 8700.
ALL BLACK FRIDAY WEEKEND
NOV 29, 30 & DEC 1, 2019
SELKIRK ONLY

Domino's 344 Main St. 204-482-1750

The first 50 customers after 11 am Friday receive

A FREE GIFT

at our two Selkirk Restaurants only.

*Drive thru not included in this promotion.

Tim Hortons

263 Main Street & 1051 Manitoba Avenue, Selkirk

The Mighty Kiwi
@themightykiwiselkirk
201 Manitoba Ave., Selkirk

FRIDAY ONLY!

www.themightykiwi.ca

BLACK FRIDAY DEAL

GET A FREE ENERGY BALL WITH ANY PURCHASE!

COME IN & ENTER TO WIN A \$50 GIFT CARD!

RIVERSIDE GRILL

MEALS SNACKS RIVERSIDE GRILL HOT DOGS BURGERS

STOP IN FUEL UP with our *Special* **BLACK FRIDAY MENU***

Plus Enter to Win a **\$50 Grill Gift Certificate**

*Friday Only

204-482-9052

RIVERSIDE GRILL

DAILY LUNCH SPECIALS

386 Eveline St. Selkirk

KEYSTONE

Source for sports

1-888-482-7552
417 Main Street, Selkirk

WE KNOW OUR STUFF.

Come see us in store & ENTER TO WIN our great prize package!

BLACK FRIDAY

SEE OUR BIG CENTER PAGE AD IN THIS BLACK FRIDAY SECTION

HOME HARDWARE SELKIRK

917 MANITOBA AVE

WIN A \$150 HOME HARDWARE GIFT CARD

Gaffer's CATERING & EVENT CENTER

BLACK FRIDAY

APPETIZER SPECIAL

With the purchase of any regular entree from our menu

FRIDAY • SATURDAY • SUNDAY

Appetizers 75% OFF

- Escargots • Garlic Shrimp • Calamari
- Pickered Fingers • Neptune's Mushrooms
- Blackened Beef Strips
- Bruschetta Toscana • Spinach Dip

One Appetizer Per Entree

DINING ROOM ONLY ~ 4 PM TO 10 PM ~ www.Gaffers.net

The Selkirk Record

Black Friday Craft Sale

Saturday, Nov 30th 9:30 – 3:00

Over 40 Unique Vendors

Free Admission

MEMORIAL HALL 376 Jemima Street Selkirk

BLACK FRIDAY SPECIAL

Enter To Win!

32" LED TV

KUB BREAD

\$1.50 /Loaf 500gr

Limit 6 per customer

FRIDAY ONLY

NOFRILLS SELKIRK TOWN PLAZA

BLACK FRIDAY

Friday, Nov 29TH Only

SPIN TO WIN for a \$1,000 Visa Gift Card

With purchase of a new vehicle.

Stop in for a Free Steeltown Ford Gift*
*First 30 customers.

STEELTOWN Ford EST. 1980

933 Manitoba Ave., Selkirk, MB 1-888-485-3230
www.steeltownford.com

BLACK FRIDAY

FRIDAY, SATURDAY & SUNDAY
NOVEMBER 29TH TO DECEMBER 1ST

BUY ANY 2 FOOT LONGS

FOR JUST **\$15**

SUBWAY

SELKIRK LOCATIONS ONLY
184 MAIN ST. OR 1014 MANITOBA AVENUE

ALL DAY

May not be combined with any other offers. ©2015 Doctor's Associates Inc. SUBWAY™ is a registered trademark of Doctor's Associates Inc. All rights reserved.

Buy \$50 in gift certificates and get a **FREE** gift pack worth over \$25!

Come In & Enter to Win a gift prize worth over \$200, including a free massage, an ergonomic pillow and more!

Meridian 208 Main Street, Selkirk, MB 204.482.4464

mymeridian.ca

BLACK FRIDAY MEAL DEAL

BUY ONE GET ONE

JUST \$4.99 FOR 2

Friday Nov. 29 to Sunday Dec. 1 **open 24 hours**

Valid only at the McDonald's® restaurants in Selkirk, MB (1016 Manitoba Ave) for a limited time. Many restaurants in Canada open 24 hours. See restaurant for opening hours. ©2016 McDonald's. ©Coca-Cola Ltd., used under license.

SAVE

20% 30% 40%

50% & MORE

Black Friday Sale



OPEN 7 AM-8 PM FOR BLACK FRIDAY!

SAVE 65%



4.5 m Outdoor Extension Cord
3 outlets.
3-628-667

Was \$7.99

2.77

IN-STORE BLACK FRIDAY PRIZE DRAW WILL BE A \$150 HOME HARDWARE GIFT CARD

Savings available until December 4, 2019. Cash & carry pricing.

THUR	FRI	SAT	SUN	MON	TUE	WED
28	29	30	1	2	3	4

homehardware.ca
MONDAY DEC. 2, 2019

DON'T MISS CYBER MONDAY SAVINGS!

SAVE 50%

SAVE 41%

Toffifee® Chocolates

123 g

5890-262

Was \$3.39

1.97



SAVE 57%

LED 1 Tier Candle

Realistic flickering or full flame. Battery operated (not incl.). Assorted finishes

3610-090/021/022

Was \$13.99

5.97

Each



SAVE 50%

C6 70 LED Twinkle Light Set

Green wire. Pure white or multi.

5642-440/441

Was \$19.99

9.97

Set



SAVE 50%

20V Max Li-Ion Brushless 1/2" Compact Drill Driver

2 speed, 0-1600 rpm. Includes 2 batteries, charger and bag.

1239-159



Was \$209.99

129.97



18" Electric Snow Thrower

13.5A, 6" wheels, 180° chute, dual LED lights. 12" clearing depth, throws up to 33'.

Was \$299.99

149.99

5554-000

SAVE \$50

Oven with Air Fryer
Air fries, toasts,



SAVE 50%

10 Pc. Gift Wrap Kit
Includes gift wrap, bows, ribbon and



Was \$19.99
9.97 Set

SAVE 50%
10" Non-Stick Frypan
 Induction compatible.
 4042-589
 Was \$29.99
14.97

SAVE 50%
7' Pre-lit Christmas Tree
 300 white to multi switchable lights.
 5656-647
 Was \$199.99
99.97

SAVE 45%
Retract-A-Bit® Auto Advance
 6 preloaded bits; spring activated, soft grip.
 1058-686
 Was \$24.99
13.74

SAVE 33%
All Purpose Cleaner
 Citrus scent
 4520-029
 Was \$14.99
9.97

3.78 L

SAVE 50%
Wet/Dry Vacuum
 5.5 peak hp motor. Includes 7" hose and accessories. 12 US gal./45.5 L capacity.
 1277-735
 Was \$149.99
99.97

SAVE 50%
Oven with Air Fryer
 Air fries, toasts, broils and convection bakes. 2 rack positions, heats to 450°F.
 3865-009
 Was \$199.99
149.97

Includes air fry basket and baking pan.

SAVE 50%
10 Pc. Gift Wrap Kit
 Includes gift wrap, bows, ribbon and tags. Assorted.
 5650-904
 Was \$14.99
7.47 Kit

SAVE 66%
TV Tables
 Was \$29.99
18.99

240024

SAVE 55%
Toilet Paper Holders
 Was \$32.99
16.99

240031, 240032

SAVE 55%
Shower Caddy
 Was \$29.99
14.99

240027, 240028

MANY MORE FANTASTIC BLACK FRIDAY BARGAINS IN THIS WEEK'S FLYER

SAVE 66%
1.8M/6' HDMI Cable
 Supports Ethernet, 1080P and 2160P.
 3576-339
 Was \$29.99
9.97

SAVE 52%
26" Snow Brush with Scraper
 With contour grip.
 8678-521
 Was \$9.99
4.77

SAVE 55%
Double Sided LED Work Light
 Magnetic base, 4 top and 28 front LEDs. 360° hanging hook.
 3646-428
 Was \$8.29
3.67

Batteries included.

SAVE 45%
InstaBrew Single Serve Coffee Maker
 Accepts both K-Cups® and coffee grounds.
 3850-010
 Was \$69.99
38.47

Mug not included.

• WHILE SUPPLIES LAST • NO RAINCHECKS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES •

shop online. Ship FREE to store.

homehardware.ca



SELKIRK HOME HARDWARE BUILDING CENTRE

**917 MANITOBA AVENUE
 204-785-2773**

Event #9239



**FRIDAY, SATURDAY & SUNDAY
NOV. 28, 29 & DEC 1**

Take advantage of great SAVINGS at THESE PARTICIPATING LOCAL MERCHANTS



Black Friday Specials

Thursday, November 28th to
Monday, December 2nd

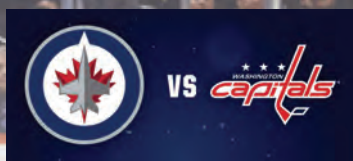
- **\$25 off** when you purchase 2 Gallons of Benjamin Moore Aura Paint
- **10% off** Benjamin Moore Regal Select paint
- Up to **50% off** Select Area Rugs
- **20% off** Cushions and Accessories
- **20% off** Christmas Ornaments

Plus, enjoy these exclusive offers from Hunter Douglas:

- **NO CHARGE** upgrade on Soft Touch Motorization (Runs from November 25th to December 9th)
- **NO CHARGE** upgrade on LiteRise for Duettes
- **5% off** PowerView Motorization

Enter to Win our Door Prize worth \$150
Stop in for coffee and refreshments!

BLACK FRIDAY WEEKEND NOV 29, 30, DEC.1



**Enter To Win
Jets Tickets
for the**

Feb. 27th, 2020 game
Winnipeg Jets vs. Washington Capitals
Draw at midnight Sunday Dec 1st



Red Barn
GOLD BEER STORE
AND BOTTLE DEPOT

212 Superior
Ave., Selkirk
204-482-1900 ext. 3

BLACK FRIDAY LINE UP!

12oz Glass Domestic Draft **\$2.50**

12oz Glass Premium Draft **\$3.50**

1oz Fireball Cinnamon Whiskey **\$3.33**

3oz Cocktail Jugs **\$9.50**

Basket of Breaded Pickles
(perfect with a Caesar) **\$2.99**

Fish & Chips **\$8.99**



NOON TO MIDNIGHT
219 Manitoba Ave.
Selkirk

*Prices do not include taxes.

SAVE

20%

30%

40%

50%

& MORE



View Offer

**DRIVE THE
PIONEER 1000-5 EPS LE**

FINANCING FROM

0.9%

FOR
24 MONTHS



*Legal

WESTSIDE HONDA of Selkirk

• SALES • SERVICE • PARTS • RENTALS

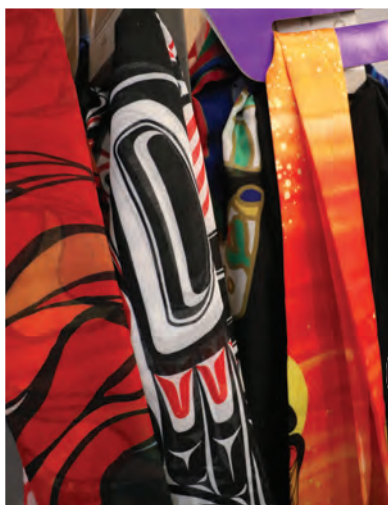
Call 482-7782 Toll Free 1-888-482-7782

6387 Hwy #9 SELKIRK

www.westsidehonda.ca

OPEN IN TIME FOR BLACK FRIDAY

Check out our Facebook page for BLACK FRIDAY SPECIALS



*Stop in and enter
to win a Canadian
Artist Gift Basket*



wishme

377 Eveline St. Selkirk

(Across from Dufresne Furniture)





FRIDAY, SATURDAY & SUNDAY NOV. 28, 29 & DEC 1

Take advantage of great
**SAVINGS at THESE PARTICIPATING
LOCAL MERCHANTS**

SAVE
20%
30%
40%
50%
& MORE

PACKERS

WOMEN'S FASHION

4 DAYS ONLY

NOVEMBER 28 - DECEMBER 1

50% OFF

ALL DRESSES
REGULAR & SALE PRICED*

ADDITIONAL

20% OFF

ALL SALE FASHIONS
INCLUDING SALE OUTERWEAR

Thursday 9:30-8 / Friday 9:30-6 / Saturday 9:30-5:30
Sunday 12-4 (until Christmas)

packersfashion.ca

409 Main Street

204-482-5988

*Some exclusions may apply

Buy a Box.

Get a Box Free.



Also available in DQ Sandwiches.

BE SURE
TO TRY
OUT OUR

New
\$7

**PUBHOUSE
CHEESEBURGER**
with Smokey Mustard
MEAL DEAL



Only at your Selkirk DQ.
Valid Friday, Saturday & Sunday
November 29 to December 1, 2019

SAVE

BLACK FRIDAY SUPER SPECIALS!

Fine Foods
**ALL PURPOSE
FLOUR**
10 kg Bag **\$4.98**



Really Good
RYE BREAD
500 gram
"a City Bread
product" **97¢**



10 lb Bag
Canada #1
POTATOES
\$3.88



**CHICKEN
BREASTS**
Frozen
Boneless/Skinless
(15% Meat Protein) **\$22.99**
Sold in a 4 kg box



Heinz
**TOMATO
SOUP**
284 ml
Limit 12 **FOR \$1.00**



Pillsbury
**PIZZA
POPS**
Assorted Varieties
Frozen 4 pak **\$1.68**



Fresh cut
**OUTSIDE ROUND
OVEN ROAST**
\$3.88 **\$8.55**
LB KG



Rogers
**WHITE
SUGAR**
4 kg bag **\$2.98**



PURCHASE \$50
(excludes lottery and tobacco)
& receive a box of
POT OF GOLD CHOCOLATES
(247 gram) FREE !!!



WHILE QUANTITIES LAST, DON'T BE DISAPPOINTED, SHOP EARLY!



HARRY'S FOODS

5571 Hwy #9 St. Andrews
Customer Service 338-7538

Limits may apply. See store for details. All items while stock lasts.
Store Hours: Mon.-Fri. 8 am - 9:30 pm Sat. 8 am - 8 pm Sun. & Holidays 10 am - 6 pm. Prices effective Friday November 29-30 and December 1, 2019 only.



**FRIDAY, SATURDAY & SUNDAY
NOV. 29, 30 & DEC 1**

**SHOP
TILL YOU
DROP!**

**SAVE
20% 30% 40%
50% & MORE**

BLACK FRIDAY WEEKEND FRIDAY, SATURDAY, SUNDAY
NOVEMBER 23-25

**GET A 3 PIECE
FISH N' CHIPS
FOR THE PRICE OF A 2 PIECE**



Barney Gargles

FAMILY RESTAURANT

185 Main St., Selkirk Phone 785-8663

**GIFT
CERTIFICATES
AVAILABLE!**

**9TH ANNIVERSARY AND
BLACK FRIDAY WEEKEND SPECIAL!**



ALL PIZZA

50% OFF FROM OUR REGULAR PRICE MENU

*Discount applies to pizza only
Black Friday Code 8700

Offers valid Friday, Saturday & Sunday
November 29, 30 & December 1, 2019

SELKIRK ONLY
344 Main St. 204-482-1750



**Saturday, November 30th,
9:30 am-3 pm**

**It's the
BLACK FRIDAY
WEEKEND
CRAFT SALE**

40 Crafters

List of vendor products...

- Watkins • Wood Decor • Candles • Bath Bombs
- Dog Cookies • Crochet Purses • Crochet Cloths
- Crystal • Necklaces • Paintings • Pampered Chef
- Christmas Ornaments & Decor • Glassware • Ice Sports Collectibles • Healing • Scentsy • Jewellery
- Watches • Mary Kay Cosmetics • Solar Lights • Sweet Legs • Norwex • Honey • Jams • Jellies • Knitting
- Sewed Items • Pickles & Relishes • Borscht • Perishky
- Nature-based Personal & Home Products • Leather Accessories • Eggs • Skin Care • Soaps • Fragrances
- CDs, Music & Movies • Tupperware • Greeting Cards
- Gourmet Food Stuffs • Driftwood & Barnboard Decor Items • Quilted Items • Plus Much More!



Memorial Hall Sponsored by

376 JEMIMA ST. (NORTH OF CHRISTIE AVE)




PET of the Month

Winner November 2019



Abby

Fun Fact: Abby loves sleeping in front of the Christmas tree dreaming of all the presents she will get!



Abby has won a prize pack from Canvasback Pet Supplies!

To submit your pet for the Pet of the Month 2019 contest, send a photo and a fun fact to: ads@selkirkrecord.ca



- Professional Grooming and Styling
- Fish, Small Animals
- Full line Pet Food and Supplies

Open M-F 9-9, Sat 9-6, Sun 12-6
Unit 4-321 Main St., Selkirk Ph. 785-8266

Happy PAW-LIDAYS

BOOK YOUR HOLIDAY GROOMING AND RECEIVE A FREE CHRISTMAS BANDANA plus 10% off your grooming

LOCATED IN LOCKPORT 204-795-5748

GROOMING BY MARTA



Now offering Doggie Day Care & Grooming

1 Wellink Drive, Lockport
Phone: (204) 757-2701
Out of Town: 1-800-889-6191
www.canvasbackpets.com

Selkirk Animal Hospital

Friendly compassionate care for your pets.

Dr. Jennifer Sletmoen
Dr. Fred Lindenschmidt

601 Christie Ave.
at the corner of Mercy St.

Call (204) 482-4401
to make an appointment today or visit www.selkirkanimalhospital.ca



Merry GRINCHMAS Photos

SATURDAY, DECEMBER 7
9am - 12noon

Professional Photographer Zoe Davies will be on hand to take the perfect picture of your pet \$10 Donation gets you one edited photo

12noon - 2pm

Come in to Take Your Own Photos \$2 Donation or Food Donation



Please call to reserve your spots ahead of time as space will be limited



1 Wellink Drive,
Lockport, MB
204-757-2701
1-800-889-6191
mail@canvasbackpets.com

Holiday Alley spreads holiday cheer for third year

By Ligia Braidotti

For the first time in three years, Holiday Alley volunteer organizer Shirley Muir said she was able to take it all in.

"I actually walked the street, went into spaces, completed the full soup cook off, caught the Pooch Parade, listened and watched," she said.

Some of the attractions featured at this huge community festival was the Selkirk Steelers in the Easel Wars, many people coming in and out of several Hydro Soup Cook Off stations and comparing notes with strangers on the street, the Lord Selkirk Regional Comprehensive Secondary School exchange students from all over the world enjoying the Ivan Flett Memorial Dancers and the Red River Jig, people lined up at the Sunova Makers Market and much more.

Holiday Alley started on Nov. 22 with 75,000 newly installed LED light bulbs on 24 buildings lighting Manitoba Av-



RECORD PHOTOS BY BILL NEWZMAN SMYTH

Holiday Alley goes take the festival's theme very seriously.

enue at 6:30 p.m. and a Seasonal Sing Along and street dance presented at the Main Stage. The festivities went well into the night, ending after midnight.

The next day was filled with families, kids, youth, and visitors taking part

into the countless indoor and outdoor attractions and activities.

"For every artful idea there was a person to lead it who then invited 10 people to help build it, who then brought in 100 people to enjoy it, that led to thousands of people having a

whole lot of fun. And not just Selkirk people, but our neighbours from far and wide," Muir added.

The festival started in 2017 and is one of the most anticipated events of the year since then.

Holiday Alley Fun!



RECORD PHOTOS BY KATELYN BOULANGER

Pictured clockwise from top left: Steelers players who volunteered and helped put together Holiday Alley, chainsaw carving outside of Bonded Health and Mobility, Fire Heart Women's Traditional Hand Drummers performing at the Head Start Indigenous Performers Stage, Sylas and Kayla Walker play giant jenga outside of the Garry Theater, and local artist Bev Hart with one of her bicycle girl paintings at the Sunova Makers Craft Market.

Fine-art book captures a glimpse of prairie life

By Jennifer McFee

They say a picture is worth a thousand words.

Then if you add personal quotations from first-hand interviews and well-researched archival information, you'll discover that history can come to life before your eyes.

That's the case with *Prairie Sunset: A Story of Change*, created as a labour of love by Dion Manastyrski.

Manastyrski grew up on a small farm in Saskatchewan with roots that extend back to Eastern Europe, where his grandparents lived before they crossed the ocean to homestead in the Canadian prairies.

He left the family farm when he was 18, but his prairie upbringing planted a seed of interest that continued to blossom over the years.

Over time, the farm he grew up on was sold to another family, who lived in it for a number of years.

"When they moved out, a bigger farmer bought it and then the house was abandoned. This was happening all over the place because the bigger farmers typically don't have anybody living in these houses. They're often older, smaller houses but they're perfectly good," said Manastyrski, who now lives in Victoria.

"Our house was built more than 100 years ago by my grandfather. For me, it was a great mystery that these buildings would be left abandoned. These are solid houses, and there are places all around the world where a house like that would be a treasure."

In addition, he noticed that the situation was similar for most of his childhood neighbours.

"I was amazed at how quickly things were changing and how all things I had grown up with were gone," he said.

"We're losing an amazing way of life on a modest-size family farm surrounded by people all throughout the



RECORD PHOTO BY LANA MEIER
Dion Manastyrski holds a copy of his book, *Prairie Sunset: A Story of Change*

community."

After his family's home was abandoned, Manastyrski continued to travel back to explore the area. In 2003, he began photographing old rural sites throughout Manitoba, Saskatchewan and Alberta with a photo book in mind.

He embarked on a total of about eight trips to the rural prairies. About halfway through, he decided that he needed to interview people to enhance his project.

"I wanted their words to tell the story because I decided that I didn't want this to be just a photo book," he said.

"I didn't anticipate this, but there are 200 quotes from all the people I talked to that make up the body of the book. They start in the early pioneer years and they flow through time. They cover different topics, so it's broken up into different themes — settlement, survival, the difficult early years, the development of community."

He further bolstered the book with archival materials, mainly from Manitoba.

"There are about 50 documents and photos from archives. They help to show more about the past way of life," he said.

"There are two citation pages in the back that describe what each of the photos are and where they're from. It turns out a number of those photos are from the Interlake region of Manitoba."

Manastyrski worked slowly on the project over the years and eventually opted to crowd-fund its publication through pre-sales.

"I raised over \$40,000 to independently publish it. I put together a team of professionals including editor, designer and technical people because I wanted to create a beautiful book about the prairies," he said, adding that the book was printed and bound by Friesens in Altona.

"I didn't realize how much interest



The sun setting shines on this old building.



A photo of a ramshackle farm building from our fading Canadian landscape.

there would be. Now the book has seen three printings and more than 6,000 copies have been sold."

The high-quality 240-page hardcover book features an inlay photo on the front cover that was applied by hand and many other artistic details.

"By working on this project, I wanted to capture the story of what the rural life was like, the story of the homesteaders and the decades that followed," he said.

"I started the photo book because I was just completely fascinated with exploring these places. It was kind of shocking to me that people once cared about these places and now they're just lost and forgotten. I wanted this book to capture a way of life that is quickly disappearing."

Currently, Manastyrski is travelling across Canada on tour with his book while also working on his next photo book project.

For more information about *Prairie Sunset: A Story of Change*, visit www.prairiesunset.ca or follow the book on Facebook.

Prairie Sunset: A Story of Change by Dion Manastyrski is available at multiple retailers throughout the Interlake and other nearby areas:

- Stonewall – The Grande Bazaar
- Teulon – Stacey's Blossom & Boutique
- Gimli – Diamond Beach
- Ashern – Happy Planet Hub PetroCan Gas
- Eriksdale – Co-op store
- Arborg – Co-op store
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Lockport Lancers sweep Grade 8/9 volleyball championships

Staff

The Lockport Lancers won all four divisions at the 2019 Grade 8 and 9 Volleyball Finals Night at the Comp last Wednesday.

The Grade 8 boys' final saw Lockport defeat Ecole Selkirk Junior High 2-0 (25-20, 25-20).

Players of the game were Lockport's Kieran Koshelanyk and ESJH's Gaven Berry.

In the Grade 8 girls' final, Lockport edged Ecole Selkirk 2-1 (21-25, 25-20, 15-9).

Lockport's Carley Catellier and ESJH's Ashlyn Scott were named the game's top players.

Lockport defeated Ecole Selkirk 2-0 (25-17, 25-17) in the Grade 9 boys' final.

Players of the game were Lockport's Jaxon Van Kooten and ESJH's Quinn Kempert.

The Grade 9 girls final saw Lockport defeat Ecole Selkirk 2-1 (25-18, 25-14, 15-3). Players of the game were Lockport's Danica Kubay and ESJH's Courtney Soltys.



RECORD PHOTOS SUBMITTED

The Lockport Lancers won all four divisions at the 2019 Grade 8 and 9 Volleyball Finals Night at the Comp last Wednesday.



Royals' volleyball season ended by Raiders

By Brian Bowman

The Selkirk Royals' varsity girls' volleyball team's season ended way too early.

Selkirk was defeated 3-1 by the Oak Park Raiders in the MHSAA quarter-finals on Saturday at J.H. Bruns Collegiate.

Oak Park won by set scores of 26-24, 25-20, 23-25, and 25-20.

"It was one of those games where you're (ranked fourth) and they're five and there's not a lot of difference between the two teams," said Royals' head coach Kyla Michalski. "We knew going in that it would be tough and the games were super close and we just weren't able to clinch it out."

Losing that first set in such close fashion was a real tough way to start.

"I think that when you're in those tight matches, for an athletes' confidence, if you win that one, you have just a little more confidence going into that next set," Michalski said.

Selkirk saw a lot of Oak Park this season. Michalski felt the Raiders were at their best against the

Royals.

"That was definitely the best that I've seen them play all year," she said. "They have one left-side hitter who jumps through the roof and we couldn't stop her. When she was in the front row, she would create quite a gap in the score and then we had to kind of fight back when she was in the back row."

The loss to the Raiders was a tough one to swallow. Selkirk really wanted to advance to the semifinals and play at the University of Manitoba once again. This is the first time in the five years that Michalski has coached the Royals varsity girls' team that they have not reached the Final Four.

"It's difficult for sure, especially for the Grade 12s because they were in that final last year at the U of M," Michalski said. "They know all of the excitement that comes with the Final Four and all of the media events."

The Royals will lose seven of their players - Emma Benson, Abby Benson, Holly Feschuk, Kendall Sorokowski, Peyton Wagner, Sheriden Wagner and Makenna-Rae Wyrzha - due to graduation.

With those players moving on, Selkirk will lose a lot of talent and leadership.

"We lose seven players and they had a great impact last year as well in their Grade 11 year," Michalski noted. "A lot of them got a lot of court time. Those Grade 12s, they have to realize what great volleyball careers they had with winning JV provincials, coming second in their Grade 11 year, and winning KPAC in their Grade 12 year," Michalski said.

Overall, this was a very good season for the Royals' varsity girls' program.

"This group was a great group of girls," Michalski said. "You have to look at how you measure your season's success and I definitely don't measure it based on one game. They were fantastic to coach and the coaching team was amazing to work with. "This group was a unique group because the Grade 12s are all girls that I coached in Grade 7 club volleyball. It was really special seeing their varsity season play at this level."

Selkirk splashes its way to water polo high school provincial championship

By Brian Bowman

The sport of water polo is not an easy one to play.

In fact, it's arguably one of the most gruelling sports out there.

But the Selkirk Royals 2 team made it look real easy as they splashed their way to a 2019 High School B provincial championship last Sunday.

Selkirk defeated the Vincent Massey Trojans 13-2 in the final.

"We had good play all around and we had excellent goaltending," said Royals' coach Stephen Grahame. "Our goaltending certainly improved over the course of the year. We have some strong players that play a little bit in Winnipeg."

Selkirk finished first in its round-robin and then won a quarter-final game against Fort Richmond and a semifinal matchup over J.H. Bruns.

The Royals really, really improved over the course of the season.

"(It was) a huge amount," Grahame

said. "Basically, I had four kids out of 14 that had never played the game before so there was a huge improvement in those kids. I was very impressed."

The Royals also had a Selkirk 1 team that reached the semifinals before losing 6-4 to the Garden City Fighting Gophers. Selkirk finished fifth overall.

"It was a good game," Grahame said. "It wasn't back and forth but I was pleased."

Grahame said he had a great bunch of individuals to work with once again this season. Thirty-three athletes came out for the two teams.

"They were excellent," he said. "Water polo kids are always just a stellar bunch of people that get up at 7 o'clock in the morning to get to practice. They were a nice group of kids to spend time with."

Grahame was very proud of the fact that he was able to coach two second-generation players this season.

"It's kind of a neat story," he said. "I



RECORD PHOTO SUBMITTED

The Selkirk Royals junior varsity water polo team are the 2019 High School B Division provincial champions.

coached their mother 25 years ago. For me, that was a lot of fun. It was really cool to have the second generation kids - that was a big thing for me. The consistency of the program over all of

those years shines through when parents send their kids (to our program)."

Grahame's wife, Pam, and Brandon Stamm helped coach the Royals this past season.

Royals defeated by Lancers in five-set quarter-final thriller

By Brian Bowman

The MHSAA varsity boys' provincial quarter-final game between the Selkirk Royals and the Dakota Lancers could not have been any more entertaining.

It also could not be any more painful for the Royals.

Selkirk, ranked No. 5, lost a five-set thriller to No. 4 Dakota by scores of 21-25, 26-24, 16-25, 25-22, 12-15 on Saturday evening in Steinbach.

This was a game that easily could have gone either way with both teams having runs with the momentum.

"It was back and forth and it was very similar to our KPAC final but we just couldn't do it in the end," said Royals' head coach Kier Dear. "Both teams played very well and I think we probably had the best game of our season for what we've been able to do. Dakota is a good team and they had a lot of good players and they stopped us a lot. We couldn't

stop them some times but it really went back and forth and it was great to see the boys could actually match up against a team like that."

That fifth and final set was definitely a pressure-filled one.

"We were down again and kept creeping back up and made it a game, that's for sure," Dear said.

Selkirk started the provincials with a 3-1 (24-26, 25-16, 25-21, 25-20) comeback victory over the 12th-ranked Fort Richmond Centurions on Friday.

"We started off slow and we tend to have a little bit of slow starts," Dear said. "But once we got that first game out of our system, we came to play and then the next (sets) were no problem at all."

Dakota now advances to play Steinbach in a semifinal game at the University of Manitoba on Thursday. In the other semifinal, Westwood will take on St. Paul's.

As for Selkirk, the future looks very bright for next

season with just four players - Jordan Donald, Noah Friesen, Nic Murray, and Joshua Yeroschak - moving on due to graduation.

There will be a lot of talent coming back next season.

"Our big hitters were Grade 11 this year so they're going to be back next year in Grade 12 and they will be very good," Dear said. "We will be very good. It's hard when you have your top hitters in Grade 11 but they did well. They held their own and they were great for us and they will be even better next year. It will be exciting to watch them next year."

Dear felt this was another very good season for the Royals' varsity boys' volleyball program.

"For me stepping in after Jeff (Scarcello) leaving, we had some bumps but it worked out in the end and the boys were such a great group to work with," she said. "We were very fortunate."

Stonewall to host 2020 Women's Invitational national baseball tournament

By Brian Bowman

Stonewall has hosted many elite amateur baseball tournaments over the past few years.

And they will get another opportunity next July 2-5.

Stonewall's bid to host the 2020 Women's Invitational was accepted earlier this month by Baseball Canada at their annual fall meeting in Quebec.

"We're super excited," said Gail Langlais, chairperson of the host committee, on Monday evening. "The host committee really enjoyed doing the two years (of hosting) U21 and we're really looking forward to further showcasing women's baseball in Manitoba."

The quality of baseball is very good as the players are a wide range in age. Teams, as many as eight, will be coming to Stonewall from all over Canada and our senior national women's team will be se-

lected from this group of athletes.

"They are the top women's players in Canada," Langlais noted. "We really hope the community comes out and supports this event."

Stonewall is very lucky to be able to host these national tournaments.

"I think it's great for the community, both Stonewall and Selkirk," Langlais said. "We house the athletes in Selkirk and have the games in Stonewall and it also provides our younger players an opportunity to see where they can go in women's baseball. We don't have a lot of teams. We have a provincial team and most of the girls play on boys' team throughout the year."

"Having it here in Manitoba, gives our younger, up-and-coming players a chance to come watch and see what they might aspire to one day."

In recent years, the Interlake has been very well

represented with players on Team Manitoba. In fact, Langlais' daughter, Brittney, was a member of Canada's bronze-medal winning team that competed at a tournament in Mexico back in August.

Langlais also plays for the Manitoba Junior Baseball League's Interlake Blue Jays, which plays out of Fines Field at Quarry Park in Stonewall.

Fines Field is considered one of the top amateur ball diamonds (if not the best) in Manitoba.

"The facilities are amazing and they certainly attracted the eye of Baseball Canada," Langlais said. "When we were hosting U21 they said they were super pleased with the grounds and just the whole venue itself. They actually encouraged us at that time to apply for other national tournaments because the venue was so spectacular."

Leier is among oldest NHL alumni

By Ty Dilello

A few weeks ago, former NHLer Edward Leier turned 92 years old. A fringe NHL player at a time when there was an abundance of solid pros but only six teams in the big league, breaking in was very hard as Leier quickly found out. Even so, he scored two goals and one assist with the Chicago Blackhawks in the sixteen NHL games he played spread out over two seasons in the early 1950's.

The 5'11", 175-pound centerman was originally born in Poland before coming across the Atlantic Ocean as a baby. His family eventually made their way to the Selkirk area before later settling in East Kildonan.

"I came to Canada in 1928 when I was nine months old with my parents," recalled Leier. "They knew people that were here and of course they heard about the opportunity to go to a place like Canada. At first we were in Coleman, Alberta where my father was working in the mines. And then we came to Selkirk and later Winnipeg as my parents had known people from the old country that had come to Winnipeg. It seemed like Winnipeg was one of the big spots for people of my descent."

"I grew up first in Selkirk and then in Morse Place on the outskirts of East Kildonan. We had a cow and chickens where I lived, and close to a dairy on Consol Avenue which was in the northeast corner of Morse Place.

There was a big prairie where we lived and I used to take the cows out there and move them. My father was a livestock dealer so he was involved with cattle and livestock of all kinds. He did that for over fifty years in the Interlake."

A childhood friend of the great Terry Sawchuk, the pair played together growing up in both baseball and hockey before later going up against one another in the National Hockey League. An added bonus is that Eddie scored one of his two career NHL goals against Sawchuk.

An all-around athlete, Leier was the provincial champion in 100- and 200-yard dashes in addition to being a star on the baseball diamond. In baseball he was a great infielder-outfielder, a high-average hitter, and a speedy baserunner. Leier started in 1943 with Morse Place juniors and excelled for nine years in junior and senior leagues, especially with the Elmwood Giants and C.U.A.C. Leier was named to junior league all-star team in 1946 and 1947, and an all-star in 1950 in the ManDak League. Today he's a member of the Manitoba Baseball Hall of Fame.

Leier rose through the junior and pro ranks in hockey during the late 1940's and eventually joined the NHL's Chicago Blackhawks during the 1949-50 campaign.

"My first NHL game was on January 18th, 1950 against the Red Wings,"

Leier recalled, "and I was centering a line with two future Hall of Famers Bill Mosienko and Roy Conacher and got an assist that night. I always joke I say I hit Billy Mosienko in the rear end and he put the puck into the net and that's kind of what happened - I assisted on his goal."

"I'd like to be able to say that I got more than three points in the NHL, but at least I can remember the plays pretty distinctly. My first goal was in my first game during the 1950-51 season against Toronto and I was coming in towards the red line and Pete Babando passed me the puck and there was no one in front of me. So I tell the story that I scratched my head and thought what the hell do I do now!? But I ended up going in on Al Rollins and he came out too far and I just slipped it in behind him. My dad was listening to the game back in Winnipeg on the radio and he didn't know I was playing until he heard Foster Hewitt call the goal. Foster apparently said that I scored like a real pro, a real veteran or something like that, so it was a thrill to score my first goal in Toronto. My second was against Detroit on my old pal Terry Sawchuk. I just fired it at the net and it went. The puck was passed to me and I was maybe fifteen or twenty feet from the net and I fired blindly and it went in the net."

After his brief stint in the NHL, Leier toiled around in the minors for a few seasons before hanging up the skates.



RECORD PHOTO SUBMITTED
Edward Leier played 16 games for the Chicago Blackhawks during the early 1950s.

Leier joined the workforce in the late 1950's with Equifax and became a manager with them in various Western Canadian cities such as Winnipeg, Regina, Calgary before finally settling in Vancouver where he still resides today.

"I know that I've been away for a while but nothing will change that Manitoba is my home," said Leier. "Selkirk and Winnipeg are still my hometowns and I can sure remember the good ol days there. Manitoba is a good place no matter what you say even if it's windy and cold in the winter! I've been living in the Vancouver area a lot more over the years now but I've never forgotten where I've come from."

Local athletes to compete at Special Olympics Canada Winter Games

Staff

Several local athletes have been selected to represent Manitoba at the Special Olympics Canada National Winter Games in Thunder Bay from Feb. 25-29.

Team Manitoba, which is made up of 60 athletes

and 25 coaches and mission staff, has been training hard since their selection after the 2019 Provincial Winter Games.

Individuals will be competing in 5-pin bowling (new to the Winter Games), alpine skiing, cross-country skiing, curling, floor hockey, snowshoe, and speed skating.

Athletes from across the province are thrilled at the opportunity to show the rest of Canada what they have to offer.

"Our athletes are training hard and pushing

themselves to be the best they can be," said Chef de Mission Darren Hemeryck in a media release. "We're really looking forward to Thunder Bay and can't wait to compete against the rest of the country."

Local athletes include Selkirk's Kim Jones, Shirley Lavallee, and Savannah Thompson, Clandeboye's Alysia Roy, and Gonor's Steven Walcer.

Selkirk's Reagan Croy will be a coach at the Winter Games while Garson's Colleen Lowdon-Bula will serve as a team manager.

Selkirk drops quarter-final match at junior varsity girls' volleyball provincials

Staff

A fantastic season for the Selkirk Royals' junior varsity girls' volleyball team ended on Friday evening at the MHSAA AAAA provincials.

No. 3 seeded Selkirk lost a quarter-final match-up with their KPAC rivals, the No. 6-seeded Garden City Fighting Gophers in Stonewall.

The Royals lost the match 3-1 by scores of 25-23, 17-25, 23-25, 23-25.

The Royals finished pool play with a 1-2 record to place third out of four teams.

Selkirk defeated Brandon's Vincent Massey Vikings. The Royals won by set scores of 25-19, 15--25, 15-9.

Selkirk suffered 2-1 losses to the Sturgeon Heights Huskies (26-24, 11-25, 8-15) and the Oak Park Raiders (25-23, 20-25, 11-15).

The No. 1-ranked Sturgeon Heights Huskies defeated the No. 7 Westwood Warriors 3-0 (25-19, 25-18, 25-22) in the provincial final Monday at the University of Manitoba.



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For More Information Contact:
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Tough week in the MJHL for the Selkirk Steelers

Club loses all three MJHL games

Staff

The Selkirk Steelers' losing streak has now reached four games after the club went 0-3 last week

Selkirk was defeated 5-3 by the Winnipeg Blues on Friday in Manitoba Junior Hockey League action at the Rec Complex.

Mitchell Joss gave the Blues a 1-0 lead when he scored at 8:24 of the first period

Selkirk's Blake Burr and Winnipeg's Josiah Vanderhoot, who played 42 games with the Steelers last season, traded goals 3:10 apart midway in the second.

In the third, Selkirk's Cole Wigestrang and Colby Jaquet scored while Ethan Hersant, Vanderhoot, and Mikol Sartor replied for Winnipeg.

Austin DeBoer made 28 saves in the losing cause.

Last Wednesday, Selkirk was blanked 3-0 by the Portage Terriers in Portage la Prairie.

Portage's Cody Thompson gave the home side a 1-0 lead when he scored with just five seconds remaining in the first period.

Joey Moffatt made it 2-0 a mere 23 seconds into the middle frame and then the Terriers' Logan Calder closed out the scoring in the third.

On Nov. 19, the Steelers lost 7-4 to the Flyers in Winkler.

Carter Barley led Selkirk with two goals and an assist while Caiden Gault had a goal and an assist. Ryan Piwniuk scored Selkirk's other goal.

Jayden McCarthy (three), Griffin



PHOTO BY BRETT MITCHELL

New Selkirk Steelers' fan Cale Porteous, 5, from Clondeboye catches a puck at his very first game on Nov. 15. Cale attended the game with his mom.

Leonard, Everett Bestland, Ian Tookenay, and Sullivan Shortreed replied for Winkler.

The Steelers battled the Blues on Tuesday at the RINK Training Centre but no score was available at press time.

Selkirk will be in Virden to take on the Oil Capitals on Friday and then will host the OCN Blizzard Saturday.

Puck drop for both games is 7:30 p.m.

In off-ice news, the Steelers acquired defenceman Colton Sun from the BCHL's Merritt Centennials for future considerations.

Sun had an assist in 12 games with Merritt this season.

RECORD PHOTO BY JASON MCWhA
Selkirk Steelers' goaltender Levi Mitchell accepted his RBC/MJHL Community Ambassador Award before last Friday's home game versus the Winnipeg Blues.



RECORD PHOTO BY RICK HIEBERT

The Selkirk Steelers' Eric Krywy controls the puck while being checked by the Winkler Flyers' Jaden Townsend during MJHL action on Nov. 19.



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Selkirk Judo Club wins 13 medals at St. Boniface tournament

Submitted by Brian Jones

Seventeen fighters from the Selkirk Judo Club competed at the St. Boniface Open Judo Tournament held at Churchill High School last Saturday.

The Selkirk club won four gold, four silver and five bronze medals.

Winning gold were Nolan Dear (U12 under 55 kg), Kayde Totin (U12 under 39 kg), Danny Ekosky (U16 Men under 60 kg) and Sarah Ekosky (U18 Women under 70 kg).

Silver medals were awarded to Dalin Kymanick (U14 Boys over 66 kg), McKenna Stewart (U12 under 55 kg), Dylan Wiebe

(U16 Men under 66 kg) and Derek Laudy (Senior Men under 81 kg).

Bronze medals went to Daniel Vasiliev in U12 under 55 kg, Ottawa Hogan (U12 under 25 kg), Kaya Leveille (U12 under 33 kg), Beth Penner (U12 under 39 kg) and Cyndl Heartfield (Senior Women under 70 kg).

Three fighters from the Selkirk club participated in the U10 age division, where ranking is not determined.

The Selkirk Judo Club's, from left to right, Kayde Totin, coach Wayne Kohinski, and Beth Penner. Totin won a gold medal while Penner brought home the bronze at the St. Boniface Open Judo Tournament last Saturday.



RECORD PHOTO SUBMITTED

Selkirk Fishermen fly past Lundar Falcons in CRJHL action

Staff

The Selkirk Fishermen played just one game last week.

But they sure made it count.

The Selkirk Fishermen were very good in trouncing the Falcons 7-1 in Lundar last Friday in Capital Region Junior Hockey League action.

Selkirk turned a close game into a rout with four goals in a 5:24 span in the third period.

After a scoreless opening frame,

Kasen Andrushko, Reece Tessier, and Brady Thompson gave the Fishermen a 3-0 lead after 40 minutes.

Lundar's Riley Wirgau scored just 41 seconds into the third but Selkirk replied with goals from Evan Bedard, Tessier, Travis Spratt and Cole Wasnie.

Andrushko, Tessier, Bedard, Chad King, and Wasnie each finished the game with two points.

King was tied for second in the league in points with 18 (seven goals,

11 assists) with St. Malo's Alex Murray as of Monday evening.

Warriors' forward Maxime Collette leads the league in goals (15) and points (22) heading into this week's action.

Riley Bannerman made 39 saves for the victory. Bannerman has been very good once again this season, posting a solid 5-1 record with a 2.35 goals-against average and .932 save percentage.

At the other end, Dillon Rapinchuk stopped 29 Selkirk shots.

With the win, Selkirk remains in first place in the five-team league with 31 points.

The Fishermen visited the North Winnipeg Satelites on Tuesday but no score was available at press time.

Selkirk is back in action Saturday when it plays an important game against the second-place Warriors in St. Malo. Game time is 7 p.m.

Royal girls playing great defensive hockey

Staff

The Selkirk Royals have been playing some great defensive hockey and it is resulting in Winnipeg Women's High School Hockey League victories.

Selkirk is now on a three-game winning streak after defeating the Vincent Massey Trojans 2-1 in a shootout Monday at the Rec Complex.

Selkirk's Trinity Grove scored a first-period goal, assisted by Amy Maclaren. Vincent Massey's Anna Brownridge tied the score with a third-period goal.

Morgan Baker was fantastic in goal, stopping 46 Trojans' shots.

Last Thursday, Selkirk skated to a solid 3-1 home win over the College Jeanne Sauve Olympians.

Grove scored the lone first-period goal and then Camryn Horbaty and

Anna Sternat made it 3-0 in the third.

The Olympiens' Alexis VanDenDriessche tallied with 4:46 remaining in the game.

Baker stopped 28 CJS shots for the win.

On Nov. 19, the Royals beat the Beliveau Barracudas 2-1 in a shootout at the Southdale Community Centre.

Sternat scored a first-period goal and then Beliveau's Jaylene Woods tallied in the second.

Baker made 30 saves for the victory.

Selkirk, now 6-3 in league play, will host the St. Mary's Academy Flames on Monday (4:15 p.m.) at the Rec Complex. The next day at 4 p.m., the Royals will play the Jeanne Sauve Olympians at the Dakota Community Centre.

In Winnipeg High School Hockey League action, the Selkirk Royals lost

6-2 to the Garden City Fighting Gophers last Friday at the Seven Oaks Sportsplex.

Garden City snapped a 2-2 second-period tie with four unanswered goals. Three of those goals came in the third period.

Raymond Hefferman scored both

Selkirk goals while Kyle Follhoffer had two assists.

Cody Lourenco (three), Alex Loschiavo (two) and Logan Klippenstein replied for Garden City.

Selkirk, now 3-7 in league play, will host J.H. Bruns this Thursday at 4:15 p.m. at the Rec Complex.

Next Home Game
Fri. Dec 20 7:30pm
vs North Winnipeg Satelites

Next Away Games

- vs St. Malo Warriors Sat, Nov. 30 - 7:00pm
- vs North Wpg Satelites Tues., Dec. 3 - 8:00pm
- vs Arborg Ice Dawgs Thurs., Dec. 5 - 7:30pm

At Dec. 20th Home Game, the Andrushko's Kare Campaign will be collecting donations for the Children's Hospital. Bring new unwrapped toys, books, blankets, crafts, gift cards, etc (NO plush toys are accepted). Contact Dayna: bdk@mymts.net for more info.



get inspired

> MEAL IDEAS



- 1 cup blueberries
- 1 cup strawberries, sliced, plus additional for garnish (optional)
- 1 cup bananas, sliced
- 1 cup vanilla yogurt
- 1/4 cup granola
- 1 egg
- 1/4 cup milk
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 6-8 tortillas
- 2 teaspoons butter
- 4-6 teaspoons powdered sugar, for garnish (optional)

Fruity Yogurt French Toast Wraps

In medium bowl, combine blueberries, strawberries, bananas, yogurt and granola. Mix well and set aside. Using pie plate, crack egg and whisk. Add milk, cinnamon and nutmeg; whisk until combined. Coat both sides of tortillas in egg mixture. In skillet, melt butter. Place coated tortillas one at a time in pan and cook 2-3 minutes on each side until golden brown. Move to plate. Spoon yogurt mixture into center of tortillas. Fold edges over to form wraps. Dust each with powdered sugar and top with additional strawberry slices, if desired.



- 1 can (16 ounces) buttermilk biscuits
 - 1 package (12 ounces) bacon
 - 8 eggs
 - 1/4 teaspoon salt
 - 1/8 teaspoon pepper
 - 1 tablespoon butter
 - 1 green bell pepper, chopped
 - 1/2 onion, chopped
 - 5 slices cheese
- Heat oven to 350 F.

Breakfast Sandwiches

Place biscuits on baking sheet. Bake 12-16 minutes, or until golden brown. Cut bacon slices in half. In skillet, cook bacon until crispy. Drain and set aside. In large bowl, whisk eggs, salt and pepper. In skillet, melt butter. Pour egg mixture into skillet. Add bell pepper and onion. Cook until eggs are thoroughly cooked but still moist, stirring occasionally. Add cheese over egg mixture and mix thoroughly until cheese is melted. Split warm biscuits. Spoon egg mixture over bottom of biscuit. Top mixture with two pieces bacon and add top half of biscuit.

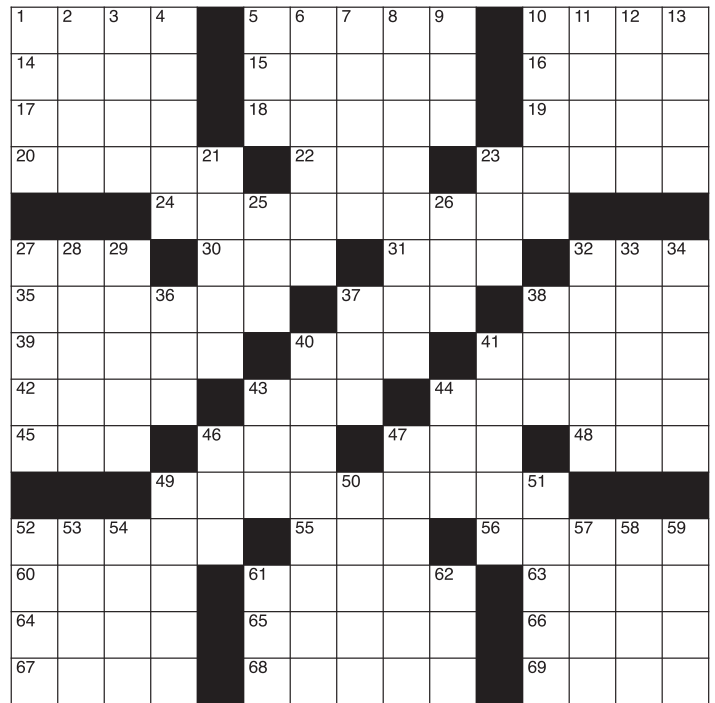
CROSSWORD

CLUES ACROSS

- Vital part of a lock
- Adherent of Zoroastrianism
- European river
- Nonprofit public health group
- Make law
- Three-banded armadillo
- Monetary unit
- Sandwich-like dishes
- Sicilian city
- Finger millet
- Of she
- Bullfighting maneuvers
- Lawyers
- A place to relax
- Often said after "Hee"
- Supervises flying
- Cheer of approval
- Something spiders twirl
- Aggressive dog
- Long-legged gazelle
- Mogul emperor
- Baltic peninsula
- Fencing sword
- A reward (archaic)
- Pigeon sound
- Type of groove
- Inquire too closely
- Nine Inch Nails' debut (abbr.)
- An often unwelcome guest
- Something you can draw
- Songs to one's lover
- Eastern Cairo mosque
- A partner to cheese
- Absorption unit
- A type of sandwich
- Herbaceous plant
- Chinese temple classification
- Native person of central Volga
- Excessive fluid accumulation in tissues
- Some take them up
- South American nation
- Threaten persistently
- Morningwear

CLUES DOWN

- German courtesy title
- Samoan capital
- A type of carpet
- Upper bract of grass
- Al Bundy's wife
- In a careless way
- More uncommon
- Expressing contempt
- Belonging to a thing
- Adventure stories
- Copycats
- Farewell
- Greek mythological builder
- Colorless, volatile liquid
- Monetary unit of Burma
- Bar bill
- Body part
- Mischiefous child
- Popular card game
- Building occupied by monks
- Spiritual leader
- Independent ruler
- He wrote about the Gold Rush
- Bundle of banknotes
- Corporate honcho
- Touch softly
- Made by oneself
- Satisfies
- Subcompact Toyota crossover
- Cool!
- Popular vegetable
- Flower cluster
- Transylvanian city
- Robert and Stephen are two
- Philippine island
- Canadian law enforcers
- Wings
- He played Perry Mason
- Ballpoint pen
- Metrical foot
- It has nostrils
- Confederate soldier
- Take in solid food



Please see classified section for Answers

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Buyer for all farmyard scrap, any autos, appliances. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

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CONDO FOR RENT

ATTENTION SNOW-BIRDS! Lovely, spacious oceanview condo near Ladysmith BC. Available for rent between Jan. 1st and mid-March, 2020 - minimum one month. For details, contact Tom Goodman at goodman@mymts.net

HOUSE FOR RENT

For rent - 2 bedroom home in St. Andrews area. Suitable for retired people. References required. Avail. December 1st. Ph. 204-770-0040.

2 bedroom, fridge, stove, water, heat and parking included. \$1,300/mo. Available immediately in Selkirk. Ph. 204-485-4815.

HELP WANTED

Quarry Stonewall Dental Centre, Stonewall is looking for a part-time Hygienist for a term position starting January 2020. If interested contact Janice qdc 345main@hotmail.com or 204-467-2177 ext.4

MISCELLANEOUS

BN never used, still in box, bendable gooseneck table or desk STUDY LAMP, EWO \$15; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BNCIEC pr. sz. 9 men's WORK BOOTS/ SAFETY SHOES w/ laces & steel caps over toes \$100; red, white & black lined WINTER SUITCOAT OVERCOAT fits a men's sz. XL, well insulated winter overcoat, has been dry cleaned, \$100. Ph. 204-785-8598.

MISCELLANEOUS

Set of 12 piece Christmas village houses that light up, ea. about 12" high. For sale at \$15 ea. or \$180 for set. Ph. 204-738-4765.

Premium Orange Amaryliss flower box kit for sale, \$15 ea. with all proceeds contributed in support of Huntington Disease. Available for purchase at The Selkirk Record office or call 204-785-1618 to order. Excellent Christmas gift idea!

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Sales - Financing - Leasing of trucks, truckbeds, trailers, full repair, safeties & Autopac trailer repair. Vehicle parts, tires & wheels, vehicle & trailer parts & batteries. Best products - best prices! Kaldeck Truck & Trailer Inc., Hwy #1 MacGregor, MB. 1-888-685-3127 www.kaldecktrailers.com

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UPCOMING EVENTS

Gerdau invites the public to attend the Community Advisory Committee meeting at 6:30 p.m. on December 10, 2019 at Gerdau (27 Main Street). The meeting location will be in the Main Office (just south of the guardhouse off Main Street) and in the downstairs north conference room.

Last chance craft sale! 2 floors, up to 100 crafters! Sunday, December 8th, 11-5. Canad Inns, Club Regent Hotel, 1415 Regent Ave W. Winnipeg, Admission \$3. katherinebielek@gmail.com

HEALTH

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Get up to \$50,000 from the Government of Canada. All ages & medical conditions qualify. Have a child under 18 instantly receive more money. Call Manitoba Benefits 1-800-211-3550 or send a text message with your name and mailing address to 204-808-0035 for your free benefits package.

STRAW

Small square flax straw for sale. Leave message 204-482-5101.

take a break > GAMES

SUDOKU

8						9	5	
		5		3				
1	6							8
	2		7					
						6	2	
			6		3	1		
	8			5		4	1	
7				1				
4	9							3

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

3	2	5	8	7	6	1	9	4
6	8	9	4	1	3	2	5	7
1	7	4	1	5	7	8	3	9
7	1	3	1	3	2	9	6	5
2	9	4	6	9	3	8	7	5
5	6	8	7	1	4	7	6	3
8	3	2	7	5	4	9	6	1
9	7	1	3	8	9	5	4	2
4	5	9	6	2	1	3	7	8

Sudoku Answer

E	B	O	R	T	E	S	E	B	U	P	E	P
S	W	R	V	V	M	E	D	E	I	R	V	M
O	V	I	M	E	W	E	V	B	B	T	C	O
N	I	B	S	C	W	M	V	I	R	V	R	A
S	E	D	D	N	E	R	S	E	S	E	S	E
E	R	I	T	V	A	W	H	P	R	L	A	P
T	E	B	B	V	O	O	C	D	D	E	E	M
R	E	B	V	S	L	E	H	R	V	K	R	V
V	M	V	D	V	C	U	C	M	W	O	C	P
H	V	R	V	V	F	V	M	B	H	E	S	P
S	E	S	Y	E	N	O	T	V	T	V	T	H
S	L	V	P	G	H	E	G	E	G	R	V	A
L	V	A	S	O	R	L	L	V	L	I	R	I
R	V	P	V	A	C	T	N	V	A	H	E	P
V	A	V	S	A	I	R	S	A	V	A	H	V

Crossword Answer

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R.M. OF ST. ANDREWS MUNICIPAL EMERGENCY COORDINATOR POSITION

The Rural Municipality of St. Andrews is seeking a Municipal Emergency Coordinator to provide emergency management services.

The Municipal Emergency Coordinator will be responsible for

- Preparation, maintenance and testing of the municipal emergency plan
- Coordinating the response to emergencies in the municipality
- Attracting, managing, training and motivating volunteers

The job will require a time commitment of about 10 hours per week. During emergencies, the Emergency Coordinator must be available for full work days, including overtime, for as long as is required.

The Municipal Emergency Coordinator will hold a contract position reporting to the Chief Administrative Officer. There will be an initial probationary period of 6 months, following the successful completion of which a contract may be offered.

The successful applicant must have good knowledge of a community emergency preparedness program. He or she must have a demonstrated ability to manage volunteers; to provide training to volunteers, staff and members of Council; to maintain and update the emergency plan; and to coordinate emergency response within the community. Training in emergency response management is an asset. A basic level of ability with Microsoft Office is essential. A valid driver's license and access to a vehicle is essential.

Please include 3 references with your resumé including contact information and relevance.

Resumés, references, and salary expectations addressed to the undersigned will be received by mail, fax, email or in person until **12:00 noon on November 29, 2019.**

We thank all applicants for their interest in this position but only those selected for an interview will be contacted.

Deb Murphy
Asst. Chief Administrative Officer
Rural Municipality of St. Andrews
Box 130, 500 Railway Ave., Clondeboye, MB R0C 0P0
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ANNOUNCEMENT

BIRTHDAY



Happy 40th Darryl
Have a good one Bud!
-Love from all of us

ANNOUNCEMENT

IN MEMORIAM



Gail Lynn Frederick
February 5, 1972 – December 2, 2018
Though her smile is gone forever,
And her hand we cannot touch;
We still have so many memories,
Of one we loved so much.
Her memory is our keepsake,
With which we'll never part;
God has her in His keeping,
We'll have her in our hearts.
Forever in our thoughts.

-Love your family

ANNOUNCEMENT

IN MEMORIAM



Shirley Hourie
July 9, 1941 – December 3, 2018
Those we love don't go away,
They walk beside us every day;
Unseen, unheard, but always near,
Still loved, still missed and very dear.
Always in our thoughts,
Forever in our hearts.
-Sadly missed by son Edward (Brenda);
grandchildren Amber (Steve),
Kirstin (Devin) and Justin;
Great-grandchildren, Leam and Eden



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OBITUARY

Emily (Ljubica) Kecec (nee Smederovac)
Peacefully, on Sunday, November 24, 2019, at Tudor House Personal Care Home, Emily Kecec, aged 85 years, passed away.
In keeping with her wishes cremation has taken place and a private family service will be held.
Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



ANNOUNCEMENT

CARD OF THANKS

St. Clements' Church Altar Guild Ladies wish to thank all persons who visited our Xmas Tea and Bake Sale. To those who donated baking, crafts and items for our silent auction table goes a special thank you. God bless and may you all have a great holiday season.

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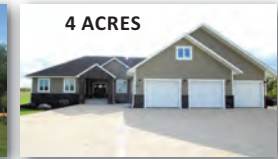
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