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THURSDAY, DECEMBER 8, 2016

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Water song for Standing Rock

RECORD PHOTO BY LINDSEY ENNS

Members of the Fire Heart Women Traditional Drumming Group perform "The Water Song" during a public gathering at Selkirk's Memorial Hall last Wednesday evening in support of Standing Rock protestors camping near North Dakota's Standing Rock Sioux Reservation in opposition of the Dakota Access pipeline. For a full story, see page 12.

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Selkirk needs more affordable housing, advocate says

By Dave Baxter

Selkirk's mayor says the city is "turning a corner" when it comes to affordable housing, but one local advocate says there is still lots of work to be done when it comes to low-income housing options in the city.

Johannson said Selkirk is currently working to make it easier for developers to buy lots where they can build multi-family units, which can keep costs to rent or buy down.

"We're making it easier to build duplexes and triplexes and those units can come in at a pretty affordable price," Johannson said.

Johannson said while speaking at the Manitoba Non-Profit Housing Association (MNPFA) in Winnipeg, along with the mayors of Dauphin, Flin Flon, Portage La Prairie, Thompson and Winkler on Nov. 23 that he used the recently completed Selkirk Water Tower development as an example of how cities should be developing.

"We built that exactly the way we should be building in the city," Johannson said. "We built up and we didn't sprawl, and we built downtown so the infrastructure was already in place."

Johannson said he also believes Sel-

kirk currently has a good number of options for apartments for those looking to pay less than \$1,000 per month.

Tristan Dreilich, a mental health resource developer and housing specialist with the Interlake Eastern chapter of the Canadian Mental Health Association (CMHA), said it can be difficult to say if a city like Selkirk is doing a good job when it comes to offering affordable housing.

"It's a complicated issue because it's hard to get vacancy rate statistics in cities like Selkirk," Dreilich said. "So if people say it's getting better that's often antidotal."

Dreilich focuses on getting those with mental health issues into homes in Selkirk, and he said the people he is working to help often require low-income housing options.

"There is a need for that low-income housing in Selkirk," he said. "Even though the vacancy rate is increasing in the city, a lot of those vacancy rates are in the medium and up income areas."

"So while vacancy rates are increasing for those who don't have affordability challenges, the market hasn't changed all that much for those who require affordable or subsidized housing."

Dreilich said anyone on social assistance is often looking for subsidized hous-

ing and options for that in Selkirk are hard to find and can come with long wait times.

"There's not a lot of turnover in those

units, so we are seeing very long wait times to get into these places," he said. "We certainly don't have a perfect system here."

Staying on top of the snowfall



RECORD PHOTO BY BRETT MITCHELL

Leah Kosolofski of Selkirk tries to get ahead of the snowfall on Tuesday morning with help from a snowblower. Around 10 to 30 cm of snow was expected to fall across Manitoba over the span of Tuesday to Wednesday night.

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Selkirk RCMP launches Holiday Checkstop Program

Staff

Selkirk RCMP is ramping up enforcement this month in an effort to keep impaired drivers off the road.

As part of their Holiday Checkstop Program, which officially kicked off last Friday, Selkirk RCMP will be conducting checkstops at various locations within their jurisdiction.

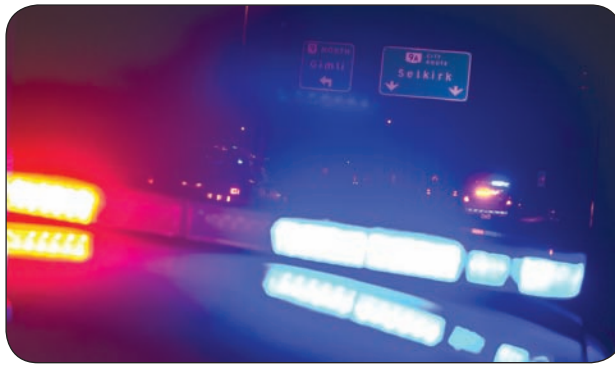
"This holiday season please consider taking taxis, public transportation, have a designated driver or consider utilizing Operation Red Nose instead of getting behind the wheel if you have been consuming alcohol," Selkirk RCMP stated in a release last Thursday. "The Selkirk RCMP is reminding motorists of the serious consequences of impaired driving and other dangerous driving behaviours.

"Let's work together in keeping everyone safe and enjoy a festive holiday season."

Manitoba RCMP also launched their checkstop program during a gathering in Winnipeg last Thursday.

So far this year, there have been 106 fatalities on provincial roadways. The total for 2015 was 80.

"This has been a tragic year on Manitoba roads," Crown Services Minister and St. Paul MLA Ron Schuler said during the legislative assembly in Winnipeg last week. "The importance of making good driving decisions can not be understated. Many times people choose not to wear a seatbelt, decide to check their phones, have just one more drink and get behind the wheel, or go beyond the speed limit to get to their destination just a little



RECORD FILE PHOTO
Selkirk RCMP kicked off their Holiday Checkstop Program last Friday.

faster.

"These decisions can have deadly consequences."

Schuler, along with Scott Kolody, Commanding Officer of "D" Division RCMP, and Shannon Bunkowsky, director of loss prevention for Manitoba Public Insurance, also helped kick off the Manitoba RCMP's launch of the Holiday Checkstop Program in Winnipeg last Thursday.

"We are seeing disturbing driving behaviours that are endangering the lives of Manitobans," Kolody said in a release. "Of tremendous concern is people drinking and then driving - but we are also seeing texting and driving, speeding and lack of seatbelt use."

The checkstop campaign kicked off last Friday and will run until Jan. 2, 2017. Of particular concern are people driving while impaired, and high risk drivers.

"Highly visible roadside Checkstops send a powerful message to all motorists that RCMP officers are committed to keeping our roads safe for everyone," said Schuler. "The consequences of getting behind the wheel after drinking or taking drugs can be tragic. The RCMP and likeminded road safety agencies are committed to making this a happy holiday season, and we encourage all Manitobans to do their part to keep Manitobans safe on the roads this season."

Manitoba Public Insurance is also committed to reducing the number of fatalities on Manitoba roadways.

"Clearly, this year, the Holiday Checkstop Program has never been more important," said Bunkowsky. "The work of our law enforcement partners has never mattered more to road safety. High-risk and dangerous driving behaviours have real consequences - not only fines, demerits, loss of a driver's license but serious injuries and too often this year, death."

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Big DOLLAR

Comp to host 5th annual holiday Help-Portrait event

By Dave Baxter

Kevin Lopuck knows at this time of year many families are forced to miss out on the simple Christmas traditions that so many of us take for granted.

"Often families and children who are less fortunate than ourselves miss out on many of those things that a lot of us have become used to at Christmas time," Lopuck, the global issues teacher at the Comp said. "And that includes family portraits and the opportunity to get pictures taken with Santa."

Lopuck, a group of Comp students and volunteers are teaming up to host the fifth annual Help-Portrait event at the Comp, this Saturday, Dec. 10 from 10 a.m. until 2 p.m. in the pit area of the high school located at 221 Mercy St. in Selkirk.

Help-Portrait invites families and children to come to the school and have their family portraits and pictures with Santa taken by professional photographers.

Cosmetology students from the Comp will also be on hand for whoever would like to get spruced up before their photos.

Thanks to support from Sunova Credit Union the portraits will be developed, framed and delivered di-



RECORD FILE PHOTO BY LINDSEY ENNS

The Moreau family of Selkirk gets their portrait taking during the Help-Portrait event at the Comp last December. This year's event will be held this Saturday from 10 a.m. to 2 p.m. at the Comp.

rectly to the homes of those families the week before Christmas by Comp students and staff.

Lopuck said that during the event the area in the high school where it will take place will be dressed up with a Christmas theme, and there will be free face painting and treats handed out to children.

Lopuck said the first Help-Portrait at the Comp took place five years ago after it was pitched as a 'take action' project for the global issues class by former Comp student Austin Grabish.

"He combined his passion to see change in the world and his passion for photography and put those togeth-

er into a project," Lopuck said.

While countless take action projects have come and gone in Lopuck's class, he said the Help-Portrait event was such a success that it continued long after Grabish graduated.

Grabish will once again return to the school this Saturday as one of the photographers for the event.

Grade 12 Comp students Keianna Dickson and Cloey Skrytnyk will both volunteer at the event along with a number of Comp students and staff.

Dickson said she is excited to take part in the event for the very first time.

"I'm excited just to make Christmas special for these families and remind them that people are thinking about them," Dickson said. "A lot of people can feel alone during the holiday season if they are worried about their finances, so I want these families to know that they are not alone."

Skrytnyk said she is excited to bring the portraits to local families later this month.

"I've heard about it in the past how grateful many of these families have been, so to see that and see the smiles on their faces will just be very heartwarming."

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Black Friday contest winners



RECORD PHOTOS BY BRETT MITCHELL AND MICHELLE BALHARRY
 FAR LEFT: Rachele Mayo, pictured left, smiles after her passport was drawn from hundreds of entries during the Selkirk Biz Black Friday contest last weekend. Selkirk Biz executive director Sheri Skalesky, pictured left, drew the lucky winning passport and Mayo won more than \$5,000 in prizes including a \$500 outdoor fireplace from Selkirk's Canadian Tire, a fireworks package from Red Bomb Fireworks as well as thousands of dollars in gift certificates from participating stores. LEFT: Chantel Boch of Petersfield shows off her winning prize package from last weekend's Black Friday event. Boch shared the hashtag #selkirkbizblackfriday several times on Twitter which won her the social media prize.

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Making ends meet

Dozens continue to rely on Selkirk Food Bank despite dip in Manitoba's Hunger Count stats

By Lindsey Enns

Jaime Morgan says the Selkirk Food Bank doesn't just help her feed her family, it makes her feel like part of the community.

When Morgan and her three children left Winnipeg's North End and moved to Selkirk nearly six years ago in search of a better life, they didn't know anyone.

"I didn't know how else to meet people in town," Morgan said. "Now people recognize who I am ... and it's nice."

"This gets me out and out into the community."

Morgan and her family have been receiving food from the local food bank since they moved to Selkirk and for the past three years she has been volunteering there as her way of giving back.

"I felt guilty before when I wasn't volunteering," she said. "It's hectic sometimes when we have like 200 people come in but it's nice too because you're giving back to the community."

Morgan currently isn't working so she can spend more time with her 13-year-old son who lives with autism and her two young daughters.

This Selkirk family's reliance on a food bank to help make ends meet is similar to those living across Canada, according to Food Banks Canada's Hunger Count 2016 report released last month.

In March 2016, 863,492 people received food from a food bank in Canada, which is up 1.3 per cent from the same time last year, and 28 per cent from March 2008, according to the re-

port.

This year every province saw an increase in food bank usage except for Manitoba and Ontario.

In Manitoba, 61,914 people visited a food bank in March, which is a decrease of 2.9 per cent from that same time last year, and 42.9 per cent of those were children. Since 2008, food bank usage has increased by 53 per cent throughout the province.

Last month nearly 800 people visited the Selkirk Food Bank and roughly 200 people rely on it on a weekly basis, Morgan said.

The lack of affordable housing in Selkirk and area is just one of the many factors driving food bank usage, according to the food bank's vice-chair Marv Terhoch.

"There's a direct linkage between the ability to find affordable housing and poverty and Selkirk has virtually no affordable housing," Terhoch said. "And Selkirk has a higher percentage of people who need housing."

Finding and securing full-time employment in Selkirk can also be difficult, he said.

"Selkirk is the eighth largest city in Manitoba yet in terms of food bank usage it's the third largest, behind Winnipeg and behind Brandon and that's been that way for a number of years," he said, adding since 2000 their food bank usage has never declined. "There's no reason to believe that it's going down."

Terhoch said he believes more people feel comfortable coming to the food bank than even before so that has led to some spikes in usage.



RECORD PHOTOS BY LINDSEY ENNS

Jaime Morgan, a Selkirk Food Bank client and volunteer arranges food donations at their location along Christie Avenue last Wednesday afternoon. Morgan said she relies on the food bank and without it she wouldn't feel like part of the community.



However, he said what's concerning is the growing amount of children, seniors and single parents using food banks across Canada.

Continued on page 9

Public-Notice - Rural Municipality of St. Clements

Libau Landfill, Transfer Stations and RM Office Hours For the Holiday Season
(December 24, 2016 - January 1, 2017)

Location	Saturday Dec. 24	Sunday Dec. 25	Monday Dec. 26	Tuesday Dec. 27	Wednesday Dec. 28	Thursday Dec. 29	Friday Dec. 30	Saturday Dec. 31	Sunday Jan. 1, 2017
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Dunning	Closed	Closed	Closed	11:00 am-5:00 pm	Closed	Closed	Closed	Closed	Closed
Clarke	9:00 am-1:00 pm	Closed	Closed	Closed	Closed	Closed	11:00 am-5:00 pm	9:00 am-1:00 pm	Closed
Grand Marais	Closed	Closed	Closed	Closed	Closed	Closed	11:00 am-5:00 pm	Closed	Closed
Gull Lake	9:00 am-1:00 pm	Closed	Closed	Closed	Closed	Closed	Closed	9:00 am-1:00 pm	Closed
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Conflict of interest resolution passes at AMM

By Dave Baxter

West St. Paul's mayor believes a resolution passed at a recent Association of Manitoba Municipalities (AMM) convention will help prevent conflicts of interest in local municipalities.

"We feel the conflict of interest legislation really needed to be beefed up," Bruce Henley said. "When people come onto council and say they don't know or understand the legislation, that just shows you there needs to be better mechanisms in place."

A conflict of interest resolution was tabled by West St. Paul and then passed during the AMM Annual Convention, which took place Nov. 21-23 in Winnipeg.

The resolution asks the province to improve legislation regarding conflicts of interest and improve education to prevent conflict of interests in Manitoba municipalities.

"We thought the province needed stronger mechanisms in place to deal with both the education and the enforcement of anyone who is in breach of these regulations," Henley said.

"WE FEEL THE CONFLICT OF INTEREST LEGISLATION REALLY NEEDED TO BE BEEFED UP."

"What good is the legislation if it's not enforced?"

West St. Paul dealt with its own conflict of interest controversy last December when a report by the Manitoba Ombudsman showed former West St. Paul councillor Dan Garcea was in a conflict of interest more than 20 times when it came to debates or votes directly impacting a company owned by his brother.

The report, which was released on Dec. 3, 2015, shows numerous conflicts of interest regarding Garcea and the awarding of \$3 million in contracts for construction of the RM's new fire

hall to companies owned by Garcea's brother's John, who is the head of the Garcea Group of Companies.

Garcea, who works for his brother's company, sat on West St. Paul council for three terms. He ran for mayor in 2014, but lost to incumbent Bruce Henley.

"It can put a bad light on all elected officials if you have one person not following the conflict of interest regulations," Henley said.

During the AMM convention, West St. Paul also passed a resolution asking that if the city of Winnipeg owns land in West St. Paul that they be required to pay taxes on that land.

Currently Winnipeg does not pay taxes on land they own in West St. Paul because of regulations set in the City of Winnipeg Act.

"We believe it's not fair to current residents living in the community," Henley said. "It makes no sense if they have large land holdings and we aren't getting any revenue from that."

Selkirk Mayor Larry Johannson was also at the AMM Convention and he

said he believes it is time for AMM to put a larger focus on urban issues.

"We realize rural makes up a lot of AMM," Johannson said. "But we have different needs and there is no two ways about it."

"Our needs and wants are completely different than the rural needs and wants."

Johannson said he has heard similar complaints from other mayors in Manitoba including the mayors of Brandon, Steinbach and Portage La Prairie.

"At the end of the day I have to worry about the needs and the concerns of Selkirk and the residents of Selkirk," he said.

Johannson said the city will continue to work with AMM but moving forward "we would like to have the representation that we need."

"We want to look at them maybe dividing rural and urban at AMM," he said. "We don't feel we are quite getting the representation we should be."

"They have to give us the attention we need."

WSP's school tax reform gets shot down at annual convention

By Dave Baxter

West St. Paul's efforts to see changes to Manitoba's school tax system recently hit a major roadblock, but the RM's mayor says council isn't giving up their fight for changes.

During the Association of Manitoba Municipalities (AMM) Annual Convention, which took place on Nov. 21-23 in Winnipeg, a blended resolution between West St. Paul and the RM of Morris was tabled, but ultimately struck down.

"We were very disappointed it didn't go though, but that doesn't mean by any means that the fight is over," West St. Paul Mayor Bruce Henley said.

The resolution requested that a taskforce be set up to review how Manitoba's school divisions charge taxes to residents.

West St. Paul council would ultimately like to see school taxes be completely removed from municipal tax bills and sent out separately, and also see funding of the education system come from general revenue.

Henley said because of the low commercial tax base in West St. Paul, residents end up footing a large percentage of school taxes every year, and he wants the system to be "fair and equitable."

"We now plan on approaching the education minister," Henley said. "It's far from over and we will be actively

pursuing this because we have seen a very drastic and costly effect in our community."


In the spring of 2016, the Seven Oaks School Division saw an increase of 3.3 per cent for the 2016-17 school year, but Henley said because of assessment West St. Paul residents saw their school taxes go up anywhere between 5 and 22 per cent.

Henley said the resolution got approximately 22 per cent support at the AMM convention, and he is concerned some who voted against it did so for their own interests.

"I suspect the reason it didn't pass is because in some of the other school divisions and communities which are not the hard-done-by school divisions, the current funding works to their favour," he said. "It seems a little self-serving that it works in their favour so they don't recognize that it isn't working in our favour."

"We just want to make sure it works in everyone's favour."

Henley said he wants to see "a complete review of payments, and how they currently do not reflect in a fair and equitable manner the current growth and declining student divisional populations, which are creating an unfair burden for funding educational taxes for all Manitobans who own property."




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Selkirk Record

getfishing

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Some people just have all the luck



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Welcome fishing pals.

In the last little while some fishing stories have come to us bearing a humorous similarity about anglers fishing beside each other yet realizing vastly different luck.

It was still, sunny and warm on the Selkirk waterfront pier not long ago when I saw two young gals getting into a little red car, obviously leaving after a morning of fishing. As I passed the time with anglers close by, the girls got out of the car having heard me asking for stories and one said she had caught a master walleye right here yesterday.

Standing before me these two petite ladies, Emily Birley and Joelle Alexander, both nurses from Winnipeg could have been twins. Emily said when she was here the day before; everybody up and down the pier weren't catching a darn thing except for herself that is. Everybody was using ordinary minnows for bait but for some unknown reason the pickerel seemed to prefer Emilys'. The morning wore on and suddenly, again, her rod whipped toward the water with a whistling sound but this time her line began screaming as it spun off her reel. She tightened her drag slowing the line payout then methodically began hauling up on her rod followed by reeling in as she lowered it.

Emily maneuvered herself and the incoming fish to a spot in the pier where she could land the fish on a metal incline. Though heavy on her line the huge pickerel which everyone on the pier could see now didn't really fight much until it was time to net it then it thrashed about in one last attempt at freedom. With help she landed the walleye that was almost as big as she was. They took pictures then quickly returned it to its watery home. When things settled down Em-



PHOTO SUBMITTED
Emily Birley with a monster walleye she caught in the Red River along the Selkirk Waterfront.

ily re-baited her hooks, cast out and sure enough got another bit. That did it for the guys sitting on either side of her. They hadn't caught anything all morning and were not going to be a party to this lopsided luck any longer. They packed up their stuff, got in their vehicles and headed for home.

Now Joelle, Emilys' buddy, has the sweetest young daughter Adrianna who wanted to fish for the first time a few days later. She's at that age where she's thin as a rail, all arms and legs with the biggest charming smile you ever saw. On first cast Adrianna got a catfish. Keith, her dad, was there when

she landed the fish so he got down on one knee and began unhooking the fish to toss it back in the water when kindly Adrianna holding her rod tenderly, bent forward and said to the fish, "hi, hope your ok!" Nice kid and lucky too.

It was blustery a couple of weeks ago when I was on the Hnusa pier and came across brothers, Dennis and Lawrence Kirlicki of Winnipeg. Though not too tall, these men looked very much alike with roundish faces, intense eyes and dark mustaches and beards laced with grey.

They had been out since daybreak and Dennis was doing just fine having caught two pickerel at a time, twice. Lawrence on the other hand had only caught a small perch and he like the guys around Joelle and Emily, wanted to go home. I drove over to Victoria Beach not long ago for one last visit before freeze up. The place was quiet. Snow patches lay at the feet of the winter darkened pines and spruces. Tire trails showed the way to the pier where a few anglers heavily clothed sat hunched over in folding chairs at the far end.

I walked out to them my boots crunching on small drifts of snow. One fellow though seemed more active than the others. He stood as I approached and with a big smile said he was Rick Sapecz from Narol. I asked him how the fishing was going and with a proud smile he pulled a beautiful mess of pickerel up out of the water. That's when the guys around him began grumbling. Everybody including Rick were using pickerel rigs and minnows yet he was the only one catching.

Some folks are plain lucky I guess! Well, so-long, have a good week and we'll see you soon.

View the Selkirk Record online at www.selkirkrecord.ca



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TROUBLE WITH PAPER DELIVERY?

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> 'IT'S AS DISCOURAGING AS IT WAS LAST YEAR,' FROM PG. 6

Out of the 863,492 people who received food from a food bank in Canada in March, 36 per cent of them were children, according to the Hunger Count report.

Terhoch added "there's nothing encouraging" about Manitoba being down 2.9 per cent this year.

"My view is that it's as discouraging as it was last year," he said. "There's more people and new people coming to food banks across the province."

Terhoch said food banks generally don't receive any government funding and that needs to change. He also believes a national poverty strategy is needed.

The Hunger Count report recommends the federal government fast-track a poverty reduction strategy, mandate a basic liveable income, re-think welfare and invest in food security for the North.

"Our policy recommendations offer guidance to federal, provincial, and territorial governments; they also stress that time is of the essence," the report states. "More than 860,000 Canadians will need a food bank just to make ends meet this month — they cannot wait years for change to come."

Morgan said the beginning of the month is when she relies on the food bank the most.

"You gotta pay all your bills and you sometimes run short so it's good to have a food bank here," she said. "For me, I don't have a lot of family I could just borrow from so it's kind of hard to fall back on them."

"With the food bank I can just come and get what I need."

Morgan said registered clients can come twice a month to pick up a bag of food in Selkirk, which consists of 10 items such as milk, canned goods, pasta, meat and dairy products.

People can also take as many vegetables and fruit as they need depending on availability.

Terhoch said their busiest times of year are during the start of a new school year and around the holidays.

Donations to the Selkirk Food Bank, which serves Selkirk, St. Andrews and St. Clements, can be dropped off Monday to Friday at their headquarters located at 310 Christie Ave.

Currently the local food bank is in need of milk, bread, eggs, jam, canned ham, margarine, butter, coffee and canned soups. For more information, call 204-482-9178.

The purpose of the Hunger Count study, which has been released annually since 2008, is to provide a national and provincial snapshot of food bank and meal program usage across Canada. The report includes the number of individuals who receive groceries from food banks during the month of March and the number of meals and snacks prepared and served by a variety of organizations.

March has been chosen as the study period because it doesn't have predictable high or low use patterns.

The full Hunger Count 2016 report can be found online by visiting food-bankscanada.ca.

Serving up some free coffee



RECORD PHOTO BY BRETT MITCHELL
Bob Krychuk, pictured left, and Joel Young, pictured right, of Selkirk GM were serving up and paying for cups of coffee at Tim Hortons on Main Street in Selkirk last Friday morning. Staff from the local dealership were also on hand at the Tim Hortons on Manitoba Avenue as well.

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Mondays at 4 p.m.
Office Hours: Monday-Friday 9:30-5:00

Holiday Schedule
The Selkirk Record

December 15th	Christmas Greetings Edition
	Greeting Deadline – Mon., Dec. 5th, 4 pm Regular Paper Deadline – Mon., Dec. 12th, 4 pm
December 22nd	Boxing Week Edition
	Display Ads, Classified Ads or Announcements EARLY Deadline – Fri., Dec. 16th, 4 pm
December 29th	Edition
	Display Ads, Classified Ads or Announcements EARLY Deadline – Mon., Dec. 19th, 4 pm

Offices will be closed December 23rd through January 1st.
Offices will reopen Monday, January 2nd

Happy Holidays!

'You can't just be a place to drink anymore'

'Closing Time' doc showcases challenges many rural bar owners face to stay afloat

By Dave Baxter

Conrad Seniuk remembers the days when simply owning a bar in rural Manitoba was often a sure-fire way to rake in money.

"It's not just that easy cash cow anymore," the 40-year-old owner of The Boot Tavern in East Selkirk said while sitting at his bar last Thursday. "You can't just be a place to drink anymore. You have to be better than a person's basement or garage."

"My main competitors these days are man caves, backyard BBQ's and bonfires."

Seniuk first bought the bar, commonly referred to as The Boot 15-years-ago at the age of 25. He said over the past 15 years people's drinking and social habits have changed dramatically.

"Back then it was just about selling liquor," he said. "And the local bar was a community meeting place."

"Now there's things like Facebook, so you don't have to go to the pub to get something off your mind."

Seniuk is one of 12 Manitoba bar owners featured in the new documentary "Closing Time: The Vanishing Prairie Beverage Room," which was produced by Lucky 9 Productions and is now available on MTS Stories From Home.

The film documents how provincial liquor and gaming regulations and changes in drinking habits have negatively affected many rural Manitoba beverage rooms, and even forced

some of them to shut their doors.

Seniuk believes the province takes too much from those running bars in Manitoba when it comes to profits from liquor and VLT machines.

"They take way too much because it's a big job now, and not a cash cow," he said.

Seniuk added the documentary makers approached him to be in the film because they wanted to show a rural Manitoba bar that "continues to be successful."

He said he "transformed" his business into a pub and steakhouse a few years ago when he realized "simply selling booze wasn't good enough."

"You can't just get away with the drinks anymore," he said. "I believe I'm doing it right."

Karen Tusa, the producer and co-director of the documentary said while Seniuk finds ways to stay profitable, many pubs in Manitoba struggle to stay afloat.

She said many bar owners believe a big reason for their struggles lies at the hands of the province.

"The government and their taxes are a big part of those struggles," Tusa said.

She added smoking laws that came into effect in Manitoba more than a decade ago are also keeping people at home and as people get more aware of the dangers of drinking and driving many choose to drink at home.

"Just with trends people are just not



RECORD PHOTO BY DAVE BAXTER

The Boot Tavern owner Conrad Seniuk, pictured left, and employee Christina Critch-Dunne, pictured right, stand behind the bar at the East Selkirk based bar and steakhouse last Thursday. Seniuk and his bar are featured in the new documentary "Closing Time: The Vanishing Prairie Beverage Room."

going out as much as they used to," she said. "Meeting at the pub after work used to be the norm."

Tusa said the province only allows bar owners to keep 17 per cent of liquor sales while most retailers in the province take about 30 per cent of their sales.

"And they are taxed the same as these giant retailers," she said.

Tusa said during the making of the documentary the province was very receptive to their film and provincial representatives even took part in interviews.

"They know they have to do something. They aren't turning a blind eye

to this and I give them credit for that." Tusa said ultimately the documentary brought bar owners together and made them realize that many of them deal with the same struggles.

"Everyone thought it was just them," she said. "And once they got together they realized they had a support group, and they could talk and strategize together, so that was huge."

"Closing Time: The Vanishing Prairie Beverage Room" is currently available on MTS Stories From Home. To view a trailer for the film and get more information visit to the film's Facebook page by searching "Closing Time: The Vanishing Prairie Beverage Room."

RM of St. Andrews man dead after truck, semi collide

Staff

An RM of St. Andrews man is dead after his half ton truck collided with a

semi-truck last Friday.

Selkirk RCMP along with local emergency services were called to a

motor vehicle collision at the corner of Provincial Road 27 and Highway 8 in St. Andrews last Friday around 5:30

p.m.

Investigation revealed a north-bound half ton truck on Highway 8, struck a semi-truck turning south-bound at the intersection of PR 27 and Highway 8.

The driver of the half ton truck, a 61-year-old male from the RM of St. Andrews was located deceased at the scene.

The driver of the semi-truck, a 50-year-old male from Ontario had no injuries.

The intersection of PR 27 and Highway 8 was closed for about five hours.

There is no indication that alcohol was a factor in this collision and both drivers were wearing their seat belts.

Police continue to investigate this matter.



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December Events Calendar

OPEN SUNDAYS 11:30 - 7:30

- Friday, Dec 9, 8pm - Karaoke with Wayne
- Friday, Dec 16 - **BIG MEAT DRAWS**
Plenty of Prizes in addition to regular draws
- Saturday, Dec 24 - **No Bingo, Closing at 5pm**
- Monday, Dec 26 - **Closed**
- Saturday, Dec 31 - **New Year's Social**
- Halo Jump Band
- Friday, Jan 6 - **Slip'd Disc Band, 8pm**

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dates available

HALL RENTAL
dates available

**MONDAY BINGO -
Open downstairs**

Mondays Afternoon crib 1:00 pm	Tuesdays All day Member's Day with food & beverage specials	Fridays Meat draw & Chase the Ace sales start at 4:30 pm
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All Events Open to the Public

Hamper drive seeks donations as deadline nears

By Dave Baxter

With Christmas just weeks away, Selkirk Christmas Hamper Drive volunteers are looking to collect food and monetary donations so they can ensure every local family has a happy holiday.

"Food is not coming in as much as we've seen in the past," Selkirk Christmas Hamper Drive organizer Rene Gauthier said last week. "And it could be because of the warmer weather and for a long time there was just no snow out there."

The hamper drive works to provide every Selkirk family that registers for a hamper with the ingredients for a complete Christmas dinner. Every hamper also includes a Christmas gift for each child.

As of last weekend, the Selkirk Christmas Hamper Drive had 325 requests for hampers, Gauthier said.

The last day to donate to the hamper drive is Friday, Dec. 16, and Gauthier

said if they do not get enough donations to fill each hamper they will have to take money out of their own funds.

"If we don't get what we need we'll have to go out and buy," he said. "We buy every year, but it means that this year we'll have to buy more."

Gauthier added they have a number of families with more than five family members registered this year, meaning they require larger hampers.

Hamper drive organizers have a specific list of items they are looking for because they are working towards the goal of getting a full Christmas dinner to every registered Selkirk family, and a toy to every child ages 16 and under.

Information on what is on that list can be found by calling the drive's phone line at 204-481-2567 or 204-481-0960.

Donations are currently being accepted until Dec. 16 at the hamper drive's headquarters located at 202 Christie Ave. Donations can be

dropped off Monday to Friday between 9 a.m. and 4 p.m.

Gauthier added there are currently donation drop off boxes located inside 14 Selkirk businesses and organizations including Noventis Credit Union in Selkirk at Unit 1-1012 Manitoba Ave. as well as the Selkirk RCMP headquarters at 1019 Manitoba Ave.

Residents can also donate new and unwrapped toys at the Selkirk Home Hardware or at the hamper headquarters on Christie Avenue starting on Nov. 14.

Any cash donation towards the Selkirk Christmas Hamper Drive over \$20 will receive a tax receipt.

Cheques can be made out to Selkirk Christmas Hamper Drive and dropped off at the drive's headquar-

ters and are also being accepted at Noventis Credit Union.

The Selkirk Christmas Hamper Drive is also looking for volunteer drivers as they are planning to start delivering hampers this week, and to continue delivering them throughout the month.

"We need drivers to deliver during the day, especially for the seniors because if they are at home we try to deliver during the day," Gauthier said.

Any Selkirk resident who wants to volunteer to drive can also call 204-481-2567 or 204-481-0960.

The hamper drive is being run for the second year by Our Daily Bread Soup Kitchen and is handing out hampers only within the City of Selkirk.

Judgment pending for Teulon Residential School court case

By Natasha Tersigni

The decision of whether or not the Teulon Residential School will be added to the Indian Residential Schools Settlement Agreement (IRSSA) now rests in the hands of three Manitoba appeal court judges.

For a number of years, several students who were sent to Teulon from Northern reserves to attend Teulon Collegiate and were housed in special residences have been fighting the Government of Canada to have the Teulon school added to the IRSSA.

After being absent from the IRSSA by Justice Perry Schulman in 2012, the students had to overcome several legal obstacles to be able to present their case in the Appeal Court of Manitoba.

On Nov. 23, lawyers for the students presented their case in front of three appeal court judges. Representing the federal government, who is opposing the students, is Federal Justice Lawyer Leona Tessier.

The crux of the students' case relies on properly proving that the Government of Canada had participation in setting up and running the school; something that Judge Schulman said was not proven. The institution in Teulon was operated as a residence for Aboriginal youth from 1958 to 1996. During that time, hundreds of Aboriginal teens were sent to Teulon to attend public school and were housed in residences.

"The basic question that needs to be asked is who paid for all of this? The Government of Canada paid for the students' transportation to and from Teulon and return trips to their home at Christmas and summer holidays," said lawyer Charles Huband who is representing the former students.

In the court decision released April 2, 2012, the Teulon Residence was denied being added to the settlement agreement, citing it as being operated by a religious organization; the United Church of Canada. The students are arguing that while the daily operations of the residence were by the church, the residence was set up and regulated by the federal government and students were sent to Teulon by the Indian Affairs Department; a branch of the federal government.

With both sides presenting to the appeal court last week, the three judges now have until the end of the year to make a ruling.

The students behind the court case are cautiously optimistic about the outcome.

"Our lawyers say our case looks good, but you never know," said former Teulon Residential School student Gabby Munroe who has been leading the court case.

"What is going well is that the case is before a panel of three judges. When we lost the first court case it was before a single judge."

WARNING!

Thin ice conditions on Cooks Creek and the Red River in East Selkirk

In accordance with its operating licence, Manitoba Hydro's Selkirk Generating Station may be operating on an intermittent basis throughout the winter season. This will result in thin ice conditions on Cooks Creek.

The area affected extends from the mouth of Cooks Creek at the Red River, upstream on Cooks Creek to the discharge pipe near the generating station. The second thin ice area is on the Red River, at the location of the pump house near the station.

Please exercise extreme caution in these areas.



Selkirk shows support for Standing Rock protestors



RECORD PHOTOS BY LINDSEY ENNS

Nearly 40 community and area members gathered at Selkirk's Memorial Hall last Wednesday to show their support for Standing Rock protestors camping near Standing Rock Sioux Reservation in North Dakota in opposition of the Dakota Access pipeline. The event was organized by the Fire Heart Women Traditional Drumming Group.

Drumming group like a 'sisterhood' for local women

By Lindsey Enns

Tears were shed and songs were sung as community members gathered in Selkirk last week to show their support for protestors camping near North Dakota's Standing Rock Sioux Reservation in opposition of the Dakota Access pipeline.

Sitting in a large circle, nearly 40 community and area members gathered at Memorial Hall last Wednesday evening as Selkirk's first all-women's drumming group performed with the thousands of Standing Rock protestors in mind.

"We just wanted to show support," said Tara Campbell, a member of the Fire Heart Women Traditional Drumming Group and organizer behind last Wednesday's event. "This is a peaceful gathering.

"Our songs are healing, our drums

are healing, so we wanted to sing and drum tonight and just say a prayer for the people in Standing Rock because I believe prayer is powerful."

Standing Rock protestors had something to celebrate last Sunday after news broke that construction of the controversial pipeline has been halted.

The U.S. Army Corps of Engineers stated in a news release on Sunday that they will not allow the \$3.8-billion pipeline to be built under Lake Oahe, a Missouri River reservoir near Standing Rock. They will now explore alternate routes for the pipeline's crossing.

Texas-based Energy Transfer Partners is behind the 1,885-kilometre Dakota Access pipeline. Those in favour of the pipeline say it is safer than moving oil by other modes of transportation such as rail.

Pipeline protestors, who have been camped out for months near the site and have dubbed themselves "water protectors," say the pipeline is a threat to the region's drinking water and sacred sites. Some protestors were re-

portedly slowly getting ready to head home after Sunday's news broke.

Campbell, who is originally from Sagkeeng First Nation, said support has been flooding in from around the world for Standing Rock protestors and last week's event helped Selkirk join the conversation.

"I think it's good for Selkirk and for the people here to have a voice," she said.

The drumming group performed various traditional songs last Wednesday night, including "The Water Song" to pray for the water.

"This is how I pray for other people," said 16-year-old Tiarra Laplante while holding her hand drum during last Wednesday's event.

Campbell, who has been drumming and singing for about six years, said there's something powerful about women coming together to perform these traditional songs.

"They have a lot of meaning and healing to them and to learn them and the language again is very powerful," she said.

Wendy Chartrand helped form the

all-women's drumming group last year and since then they have welcomed about 15 members and have performed at all kinds of community events.

Chartrand said drumming is a great way for women to get together and bond with one another. It's also great for healing purposes, she said.

"We sing from the heart," she added. "It's just grown into a sisterhood, bonding type of thing."

The group meets every Wednesday night from 6 p.m. to 8 p.m. at Memorial Hall. Women of all backgrounds and all skill levels as well as young children are welcome to attend.

More information can also be found on the group's Facebook page by searching "Fire Heart Women Traditional Drumming Group (Selkirk)."

"It's very important to me that everybody feels welcome and they can come sit in the circle and share or maybe they don't want to and that's OK too," Chartrand said. "The fact that you make the first step to sit with us and listen to us is huge."

Shootings in East St. Paul and Winnipeg linked: Police

Staff

A double shooting in East St. Paul last month that sent two people to hospital is believed to be linked to another shooting that took place earlier on the same day in Winnipeg's North End, according to police.

As previously reported in the *Record*, RCMP responded to a double shooting on the morning of Monday, Nov. 28 in East St. Paul, in the area of Raleigh Street between Glenway Avenue and Foxgrove Avenue.

Both a male and a female were sent

to hospital in critical condition as a result of the shooting, and both have since been upgraded to stable condition.

Last Wednesday morning, Winnipeg Police released a statement saying they believe the double shooting in East St. Paul is related to another shooting that took place in Winnipeg's North End also on the morning of Nov. 28.

Winnipeg Police went to Pritchard Avenue between Salter Street and Aikins Street on Nov. 28 around 11:30

a.m. to investigate reports of an injured man in that area.

A 38-year-old man at the scene was taken to hospital with gunshot wounds, and as of last week he remained in critical condition.

Before fleeing the scene of the first shooting on Pritchard Avenue, the suspects allegedly robbed two other victims that were in the area, and then forced them into a vehicle and drove them to the area of Raleigh Street, between Glenway Avenue and Foxgrove Ave in East St. Paul.

It was at the East St. Paul location where the two victims were then shot and left behind, police said.

RCMP said that it has been reported a light-coloured four-door car with three male occupants was seen leaving the area at the time and is believed to be connected to the shootings.

Anyone with information regarding these incidents is asked to contact investigators at 204-986-6219 or Crime Stoppers at 204-786-TIPS (8477).

Golf tournament helps Selkirk RCMP give back



SUBMITTED PHOTO

Selkirk RCMP Cst. Jim Dao presents Lord Selkirk Education Centre director Stephen Grahame with a \$1,000 donation last Monday. The Selkirk RCMP also donated another \$1,000 to the Interlake Sexual Exploitation Educators, \$1,000 to the Human Rights Group of the Coats for Kids Program, \$500 to the Selkirk Youth Drop In Centre, and \$500 to the S.T.A.R.T. program. All of the donations were raised during this year's Selkirk RCMP Community Golf Tournament.

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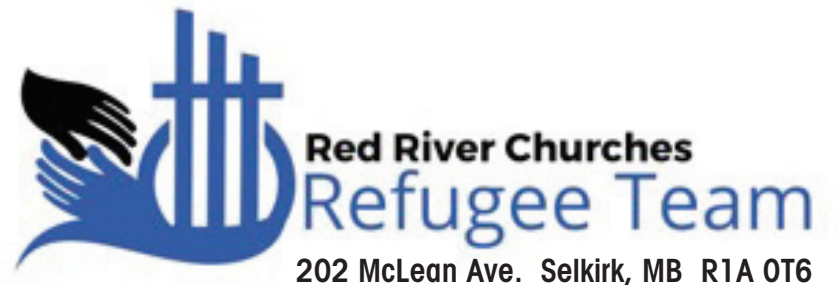
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- Cloverdale United – 805 Cloverdale Road, St. Andrews, MB R1A 4J8
- St. George Wakefield Anglican – Box 219 Clandeboye, MB ROC OPO
- Lutheran Church of the Good Shepherd – 106 Sawchuk Drive, Selkirk, MB R1A 2B3
- St. Peter Dynevor Anglican – Box 19, Grp 215, RR#2 Selkirk, MB R1A 2A7
- Selkirk Community Church Mennonite Brethren – 210 Main St. Selkirk, MB R1A 1R8
- Selkirk Evangelical Lutheran – Box 65, Selkirk, Mb R1A 2B1
- Selkirk United – 202 McLean Avenue Selkirk, MB R1A 0T6
- Little Britain United – 5879 Hwy 9 Lockport, MB R1A 2P7
- Notre Dame Roman Catholic – 269 Jemima Avenue Selkirk, MB R1A 0P6
- Knox Presbyterian – 341 Eveline Street Selkirk, MB R1A 1N1
- Blessed Virgin Mary Protection Ukrainian Catholic - 530 Donald Rd. Lockport, MB R1A 3K4

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Easing temporary foreign worker restrictions a positive step

By Harry Siemens

Manitoba Pork chair George Matheson says it appears adjustments by the new federal government to Canada's Temporary Foreign Worker Program will make it more responsive to the needs of the pork industry.

Hog producers discussed the issue at the organization's producer meetings in Niverville and Portage la Prairie this fall.

Matheson says working in a swine barn can be hard, dirty work and a lot of young people would prefer to do something else. Also, many of the barns are in remote areas, so it can

be difficult to find labourers willing to live so far from urban centres.

Restrictions to the Temporary Foreign Worker didn't make things any easier for producers.

"On the federal scene, with the government now in power for about a year, one of the big issues we had was the source of labor that we need for our plants and for our barns often has been coming from the Temporary Foreign Worker Program," Matheson says. "The previous government made adjustments that did not work for us, making it more difficult for us to access a labour source. This federal

government we feel will allow these foreign workers to stay in the country longer, hopefully, gain some English skills that will allow them to apply for citizenship and then become full-time residents and part of this country."

The previous Conservative federal government had restricted the percent of foreign workers that could work at processing plants, Matheson says. That is slated to possibly change under the Liberals, who are reviewing that and 20 other recommendations of changes to the program made by a parliamentary committee.

Matheson says both producers and processors had relied on the Temporary Foreign Worker Program to fill positions that would have remained vacant, so these changes being made to the program are a step in the right direction.

Canadian Meat Council's Ron Davidson agrees, noting many of the proposed changes will be a boon to the red meat industry, as well.

"For example, they have spoken about increasing the speed and efficiency with which labor market impact assessments are undertaken. That would be very helpful," he says. "They have recommended a trusted employer program. This is an employer who has used the program in

previous years and has demonstrated the ability or the willingness to follow the program requirements.

"There's a potential to permit minor modifications so, if you want to give a temporary foreign worker raise, you can do that. It's odd that we are being prevented from providing raises to foreign workers when they're in the country. That did not make a lot of sense.

"They've also recommended that the program has more specific application to reflect the realities market needs in particular sectors and regions," Davidson says. "That's precisely what we're talking about. We're emphasizing in particular abattoirs in rural environments and looking at the one shot fits all just isn't living in reality.

"There's a reference to expanding the definition of primary agriculture. If primary agriculture is expanded to include primary processing, that would be helpful to the meat industry."

While there are a few recommendations that could be problematic, depending on their interpretation, Davidson says that for the most part things look pretty positive.

The government is expected to respond to the report's recommendations early in the new year.

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The **Selkirk Record**

What's *Your* story?

Do you have a suggestion for our news team? Is there someone you would like to see recognized in the newspaper for their accomplishments - athletic, academic or community service.

Call 785-1618 or email igraphic@mts.net to place your announcements

Best Buddies team up with city for parade

Submitted

The City of Selkirk had help this year from some high school students who decorated the city's float for the annual Santa's Parade of Lights and before any judging could take place, it was obvious there were several winners that could be declared.

The students were part of the Comp's Best Buddies program, which pairs students with intellectual and physical disabilities with other students from the school to participate together in social activities.

Teacher Ericka Benstead-Teerhuis said Best Buddies is an international program and Selkirk started its chapter this September.

"It's a social group, essentially, and it's kids with intellectual or physical disabilities buddied up with peers from the school who do not have a physical or intellectual disability," she said. "It builds peer relationships for kids that sometimes don't have those peer relationships."

There are 12 students in the program, and 13 who have volunteered to be Best Buddies.

Benstead-Teerhuis said the students get together for activities like making crafts for Halloween, pizza parties or even going out to eat. Going for lunch, sitting together and talking and even just ordering lunch are regular activi-

ties for most kids, but may not be for students in the Best Buddies program.

"It's very typical behaviour of a high school student, to go out with your buddy at lunch, and for our kids that have intellectual disabilities this isn't a regular occasion for them, so (the lunch outing) was very life-skills based, it was very typical of a high school student," she said.

When Benstead-Teerhuis and fellow teacher Esther Van Dewalle were contacted by the city to come and help decorate the Christmas float for the Santa Parade of Lights, they jumped at the chance.

"We were lucky enough to be invited to be a part of decorating the parade floats, which was awesome," Benstead-Teerhuis said. "This was a big day, and a big honour for them to be able to come and be a part of this."

Vanessa Figus, the city's marketing and communications co-ordinator, said the city has recently rebranded and so incorporating that into the float was important and having the students take part made perfect sense.

"With the new brand it gave us the opportunity to redecorate our float and we always like involving community organizations. We have a great relationship with the schools so we thought we would partner with the Best Buddies program to see if they

were interested and they were, so we're happy to have them on board," Figus said. "They did a great job."

Benstead-Teerhuis said all the students are in grades 10-12, so experiences outside the school are important for them – partnering with the City of Selkirk and other organizations goes a long way in providing skills and experiences that can help the students as they transition from student to employee.

"We're looking towards adulthood now, so we're getting the students out into the community to see that there's a life out there bigger than school, and for the community to see that there's kids that are more than capable of doing jobs in the community," she said. "Everybody has an ability and it's not a disability."

Van Dewalle said they appreciate the city's offer to help with decorating the float, and hope others in the community will consider Best Buddies as well.

Project Linus seeks blanket donations

Submitted

The Interlake-Eastern Regional Health Authority's Selkirk Families First was one of the first partners of the community non-profit, volunteer organization, Project Linus.

Project Linus blankets are made by loving, caring volunteers who want to ensure a child knows they are loved and cared for. The Selkirk chapter of Project Linus is one of 44 across Canada. Project Linus was started in the U.S. and the first chapter in Manitoba was the Stonewall chapter in 2006. Since then, Project Linus has donated approximately 10,000 blankets to local organizations.

Want to help? Project Linus takes blankets accepts blankets as donations from individuals who want to help.

Visit projectlinuscanada.org and click "How you can help" for details or contact Sharon Sutton at 204-482-4348.



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A joy to give, but not to kids.

A reminder that lottery tickets are for adults only.

18+






Generous gift helps local boy start horse therapy classes

By Dave Baxter

A Selkirk boy has received a life-changing gift thanks to the generosity of a complete stranger.

"It just reiterates all the good there is in people, and that there are so many good people in this world," Amanda Vitt of East Selkirk said. "For a person we have never met to want to help out like this is just incredible."

Vitt set up a GoFundMe campaign back in June to help her nephews Benny and Ashton Francey who were both born with a rare condition called Leber Congenital Amaurosis, which causes blindness at birth.

Eight-year-old Ashton also has autism, and Vitt has been working towards the goal of getting him into horse therapy sessions that she said would be beneficial for both his mental and physical well-being.

In early November, Vitt received an email from a woman who offered to pay for Ashton's horse therapy for an entire year.



RECORD PHOTOS BY LINDSEY ENNS

Lauren Senden leads Ashton Francey of Selkirk through a horse therapy session at Miracle Ranch last Saturday. Francey, who lives with autism and Leber Congenital Amaurosis, which causes blindness at birth, is now enrolled in horse therapy sessions thanks to a generous anonymous donation.

"A woman I'd never met just tracked me down by email and said she wanted to help," Vitt said.

The woman, who has asked to remain anonymous, has now given Ashton's family the

money for him to go to horse therapy sessions once a week for the next year. Each of those sessions costs about \$55 per hour-long session.

Ashton went for his first session late last month at Miracle Ranch in Winni-

peg and Vitt said his first session was a success.

"He loved it and he loved being in control," she said. "He managed very well ... because he relies so much on his other senses."

The sessions will also allow Ashton to be around and ride horses at the ranch, which has a heated indoor building during the winter months.

Vitt added she was impressed that the woman wanted no publicity for her donation.

"She doesn't know Ashton and she doesn't know our family, so this is very special and she wants no recognition," she said. "She just wanted to help."

"A stranger with no connection to us at all and wants to stay anonymous is taking money out of her own pocket to help him, and that it is just incredible."

Back in June Vitt set up the Gift of Sight GoFundMe campaign with the goal of raising \$25,000 for both Ashton and his 10 year-old-brother Benny.

She had specific goals for the GoFundMe campaign, as she wanted to purchase eSight glasses for Benny that would let him see people and objects for the very first time.

Because of Ashton's condition eSight glasses would not be helpful, but Vitt wanted to make sure the campaign also went towards helping him, and that is why she had hoped to get him into the horse therapy sessions.

Benny has now received his eSight glasses and is seeing people and objects for the very first time. Vitt said he is adjusting well to the glasses and is building confidence.

She added that any money raised over and above their original goal of \$25,000 will go into a fund that will be used to continue helping Ashton and Benny, and would also likely be needed down the road for Benny's glasses when they are in need repairs.

Selkirk Biz and The Selkirk Record would like to thank the City of Selkirk and all participating merchants for the team effort in making the Black Friday weekend an absolute success!

CITY OF Selkirk

EXCLUSIVE BUS LINES

HOLIDAY SCHEDULE CHANGES

Selkirk Commuter Line
Effect Dec. 17, 2016 to Jan. 2, 2017 - Exclusive Bus Lines will be operating on a limited Holiday service.

- 7:15am express Selkirk to Winnipeg **CANCELLED**
- 19:00 Winnipeg to Selkirk **CANCELLED**
- 21:20 Winnipeg to Selkirk **CANCELLED**
- 18:00 Selkirk to Winnipeg **CANCELLED**
- 20:00 Selkirk to Winnipeg **CANCELLED**
- 18:30 Winnipeg to Selkirk **ADDED SERVICE**

NO SERVICE ON DECEMBER 24, 25, 26

Jan. 3, 2017 Service will resume back to regular schedule service
Please check out our website: www.exclusivebuslines.com
Or call us at 204-888-4411

Stories of Selkirk's Pioneers and Their Heritage

KENNETH G. HOWARD

Official commemorative publication of Selkirk's 125th anniversary

Contains stories of 26 Icelandic family immigrants

\$75 plus GST and shipping

Available at:

- McNally Robinson - Winnipeg
- Blaines Books (McIvor Mall) 11-1795 Henderson
- H.P. Tergesen and Sons - Gimli
- Selkirk Community Arts Centre, 250 Manitoba Ave.
- By home delivery or Canada Post, Ken Howard, 582 Henderson Highway, 204 669 5360, howardken80@gmail.com

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2016 Nights of Operation December 9, 10, 16, 17, 31

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the path to your future.*



Winter

2017 PROGRAM

JOIN US AND HAVE SOME FUN!

Phone 785-7312 www.selkirkconed.com

- All classes run subject to enrolment.
- Please register early to avoid cancellation and disappointment!
- All classes held at the High School.
- Classrooms may be subject to change.

REFUND POLICY

- Refunds must be requested **three days prior to course start date** less \$15 admin fee.
- For courses cancelled due to insufficient enrollment you will be notified and money will be refunded in full.
- Please note start date, time and location of course. You will **not** be sent a confirmation of registration **unless** registering on-line. You will be contacted **only** if the course is cancelled due to insufficient registration.

CONTINUING EDUCATION PROGRAMS
REGISTER NOW!

SWIM REGISTRATION BEGINS DEC. 13
IN PERSON AND TELEPHONE DECEMBER 15

Continuing Education ~ Lord Selkirk School Division
221 Mercy St., Selkirk, Mb. R1A 2C8 Phone: 785-7312

Registration Hours: 9:30 - 4:00

Melissa Nietrzeba ~ Program Director • Diane Thickson ~ Assistant

Check out our new WEBSITE www.selkirkconed.com



HEALTH & WELLNESS

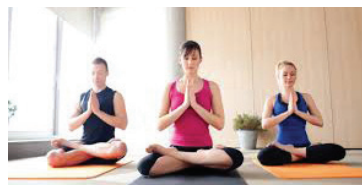
HATHA YOGA

\$75
With Cecilia Malcolm
For Stretching and Relaxing
Work at your own Level!
Mondays, Jan. 16 – Mar. 13
NO CLASS: Feb. 20
5:30 – 6:30 pm (Continuing Beginners)

OR
6:45 – 7:45 pm (Beginners)
(8 sessions)

Explore the ancient practice of yoga asana (poses). Learn to balance the asana with the breath to unite the body, mind and spirit. Benefits: develop bone density, balance, stress release, increase blood circulation, ease of joint movement, overall general health.

Beginners will be taught the basic foundation of yoga while the continuing beginners learn refinement to the poses to take your yoga one step closer to balancing the mind, body and spirit. **Bring a Yoga Mat!**
Library



REIKI LEVEL I

\$100
With Bonnie Ryall, Certified Usui Reiki Master
Thursdays, Jan. 26 – Feb. 16
7:00 – 9:00 pm
(4 sessions)

Are you stressed or feeling anxious? Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is based on an unseen "life force energy" that flows through us.

Level I includes an overview of what reiki is, the history of Reiki, attunements, hand placements and self and group practice. Opening the energy channels on a physical level, through initiation to the energies.



Library

BEGINNERS MIND... A COURSE IN MEDITATION

\$65
Tuesdays, Jan. 17 – Feb. 21
7:00 – 8:15 pm
(6 sessions)

Meditation is an ancient psycho-spiritual energy healing art widely practiced today. The health and well-being benefits are many, and studies have shown that meditation, mindfulness, and deep relaxation can reduce your stress, improve your cognitive focus and function, and affect your emotions in positive ways. This class will offer a clear base of theory and practice for you to build a meditation practice upon.

Library

COMPUTERS

MICROSOFT OFFICE

\$100
Wednesdays, Jan. 18 – Feb. 15
6:30 – 9:30 pm
(5 sessions)

Gain a basic overview and learn the functions of the powerful suite of MS Office programs, including Word, Excel, Publisher and PowerPoint. Receive a certificate upon completion of the course to add to your resume.

Room 276



DIGITAL PHOTO EDITING AND SCRAPBOOKING

\$80
Wednesdays, Feb. 22 – Mar. 15
6:30 – 9:30 pm
(4 sessions)

Want to take your scrapbooking to the next level? How about repair or edit a photo? We all have those boxes of old photos in our homes. From yellowing to creases and fold; learn how to fix up damaged old photos with simple techniques. Learn how to make exciting layouts with your digital photos. We will explore various layering techniques and special effects to make jaw dropping pages! Bring along a flash drive and take home software and sample ideas.

Room 276

WEBSITE DESIGN FOR BEGINNERS

\$95
7:00 – 10:00 pm
Monday & Tuesday, Jan. 23 & 24
OR
Monday & Tuesday, Mar. 13 & 14
(2 sessions)

If you have basic computer and Internet skills, you can build and maintain a website by yourself! This course, divided into two evenings, is a hands-on learning session. During the course, you will start and finish your own website, perfect for personal use, people who want to start selling something online, or for small business owners to build a website for new and existing customers. Take this class and you will produce your own finished website, and have the basic skills you need to update your website by yourself. Requirements: Basic computer skills, basic internet skills (for example, using email)

Room 277

SAFETY FIRST

FOOD HANDLERS

\$115
Includes work book
Saturday, Feb. 25
9:30 – 4:30 pm
(1 session)

Recommended for anyone looking for a job or presently working in the food services industry. Learn the principles of safe food handling and upon successful completion, receive a **Province of Manitoba Level 1 Food Handling Certificate** (valid for 5 years). There is a short lunch break (30 minutes).

Room 141

RE-CERT

\$70
Exam only
3:30 – 4:30 pm
Room 141

STANDARD FIRST AID

\$125
Includes Canadian Red Cross
First Aid & CPR Manual
Saturday & Sunday, Mar. 11 & 12
Saturday 9:00 am – 5:00 pm
& Sunday 10:00 am – 4:30 pm
(2 sessions)

Certification is valid for three years and includes CPR C and AED. Canadian Red Cross Certification is recognized by all employers.

Room 145



CANADIAN FIREARM SAFETY COURSE (CFSC/PAL Course)

\$100
Saturday, Feb. 4
8:30 am – 6:30 pm
(1 session)

Minimum Age 12
All students need to bring ID and a lunch, students age 12-17 need to have consent from their parent.

To be eligible to apply for a Possession and Acquisition License, classroom participation in the full CFSC is mandatory for first-time license applicants. Once the course is completed, individuals will then have to pass the tests. For full course information please visit www.selkirkconed.com or call the office at 204-785-7312.

Room 142



CANADIAN RESTRICTED FIREARM SAFETY COURSE (CRFSC)

\$90
Saturday, Mar. 4
9:30 am – 5:30 pm
(1 session)

Ages 18+
 Individuals wishing to acquire restricted firearms must take the full classroom delivery of the Canadian Firearms Safety Course (CFSC) and the Canadian Restricted Firearms Safety Course (CRFSC), and pass all the tests. For full course information please visit www.selkirkconed.com or call the office at 204-785-7312.

Room 142



YOUTH CLASSES

DANCE (Ages 6 & up)

\$65 (8 sessions)
Mondays, Jan. 16 – Mar. 13
NO CLASS: Feb. 20
5:00 – 6:00 pm

Come move to the groove with Gabby! Introduction to Jazz, Ballet and Hip-hop dancing. Performance for parents on the final evening!

Cafeteria

INTRO TO ACTING & THEATRE (Ages 7 & Up)

\$70 (8 sessions)
Thursdays, Jan. 19 – Mar. 9
6:00 – 7:00 pm

"Have you ever wondered how to play a specific character for a play? Or how to mime? Or are you simply wanting to just gain confidence? Come join us on Tuesday evenings for a glimpse into the theatrical world! This class is for beginners, so do not worry if you have no experience. All you need is an open mind and a little creativity!"

Theatre

BASIC SPANISH FOR KIDS (Ages 9 - 13)

\$75 (9 sessions)
Thursdays, Jan. 19 – Mar. 16
5:30 – 6:15 pm

Designed for children who have an interest in learning Spanish and basic elements of Mexican culture. We will cover basic sentences and vocabulary in a fun and engaging format.

Room 182

YOUTH SAFETY

BABYSITTING SAFETY (Ages 11-15)

\$55
Saturday, Feb. 4, 9:00 am – 5:00 pm

Come learn to be a safe, Red Cross certified Babysitter. Be a fun babysitter while keeping babies, toddlers, pre-school and school age children safe. Learn to recognize household hazards. Red Cross program teaches safety to be home alone, how to handle emergencies such as choking and injuries, how to contact emergency rescue workers or 911 operators. Class includes textbook and wallet certificate. Bring a bagged lunch. Please drop off and pick up children on time. No additional supervision before and after class.

Room 155

HOME ALONE – PEOPLE SAVERS (Ages 8 & up)

\$30
Wednesday, Feb. 8, 6:00 – 8:30 pm

This Red Cross program will teach important safety awareness & basic first aid to elementary school aged children. Students will receive a workbook to follow through the class, learning to recognize a variety of everyday situations that could be dangerous. Students will learn to be prepared, check for safety, call for help and care for a person in an emergency situation such as choking or injury with first aid skills. Please drop off and pick up children on time. No additional supervision before and after class.

Room 145

LEGO BASED SOCIAL SKILLS GROUP with Kristian Hooker

\$165 (9 sessions)
Tuesdays, Jan. 17 – Mar. 14, 6:30 - 8:00 pm

Kristian Hooker brings his fun-filled LEGO® Based Social Development Therapy sessions. Sessions involve engaging groups of children on the Autism Spectrum and teaching them the value of teamwork, strategic thinking and friendship all the while enjoying LEGO activities.

Room 132

ARTS AND CRAFTS

MIXED MEDIA PAINTINGS
with Kathryn

OIL PAINTING – SNOWY WINTER

\$80
Saturday,
Feb. 18
12:30 – 4:00 pm
16" x 20" oil
painting on
stretched canvas.
Learn how to
incorporate your matting into your painting to
finish your piece of work. Beginners always
welcome, no experience required. All supplies
included.
Room 162



ACRYLIC PAINTING – LOVERS WALK

\$75
Saturday,
Mar. 18
12:30 – 4:00
pm
16" x 20" Acrylic painting on canvas. Learn to
use the palette knife to achieve different effects.
Beginners always welcome, no experience
required. All supplies included.
Room 162



BASIC KNITTING

\$45
Tuesdays, Jan. 24 – Feb. 7
7:00 – 9:00 pm
(3 sessions)
*Have you ever wanted to learn to knit?
This is the course for you!*
Skills covered include casting on, garter stitch,
purl, basic increase and decrease, casting off and
finishing. Develop the skills to make a dishcloth
and start an infinity scarf!
MATERIALS REQUIRED: 1 set of 6 mm needles
(suggested) and one ball of Bernat Handicrafter
Cotton in the color of your choice.
Room 141



BASIC SEWING

\$85
Tuesdays, Jan. 24 – Feb. 28
6:30 – 9:30 pm
(6 sessions)

Learn the fundamentals of sewing.
Learn to hem those pants and
replace those zippers. ~Or get the family together
and create a family heirloom quilt with your loved
ones clothes and wrap yourself in memories.
~Materials and supplies will be discussed during
first class based on project choices. ~Participants
may bring your own machines, or try out the skill
here at the school. ~No experience necessary.
Room 175



LEATHER WORKS with Amber Cook

*All Premium Supplies included!
Many different material choices!
See Website for Full Class Details.*
Group Instruction, Please Be On Time
Room 149

BEAD ART \$50

Thursdays,
Jan. 26
& Feb. 2
6:30 – 9:00 pm
(2 sessions)
*An introduction class to
beading with seed beads.*



NEW HIGH TOP MOCCASINS

\$135
Thursdays,
Feb. 9 – Mar. 2
6:30 – 9:00 pm
(4 sessions)



MUKLUKS

\$295
Thursdays,
Feb. 9 – Mar. 16
6:30 – 9:00 pm
(6 sessions)



MITTS

\$125
Tuesdays,
Feb. 14 – Mar. 7
6:30 – 9:00 pm
(4 sessions)



GAUNTLETS

\$165
Tuesdays,
Feb. 14 – Mar. 14
6:30 – 9:00 pm
(5 sessions)



PERSONAL INTEREST

BASIC SPANISH

\$90
Thursdays, Jan. 19 – Mar. 16
6:15 – 7:30 pm
(9 sessions)

Designed for adults who want to learn Spanish
but have no previous experience. Learn basic
vocabulary and sentence structure. Each class
will have a listening component where students
will have the opportunity to practice listening and
speaking in Spanish. No experience necessary.
Room 182

¡Hola!

INTRO TO MAKE UP – LEVELS 1 & 2

\$75
Tuesday & Wednesday,
Mar. 7 & 8
6:00 – 8:00 pm
Let's Get Gorgeous!

Looking to learn the basics
of Make-up applications
and skin care? We'll cover:
Brushes, colour choices, application, brow shaping,
highlighting, contouring, natural and evening looks
and skin care. Bring your make up bag, big or small.
You'll also receive a complimentary gift bag with
some goodies, class handouts, disposable brushes,
sponges and make-up remover and wipes.
Cosmetology Room



MAKING MAPLE SYRUP

\$20
For Fun or Profit!
Monday, Mar. 13
7:00 – 7:45 pm
The sap is flowing!

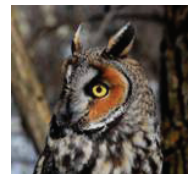
Do you have a maple
or birch tree on your
property? Learn how to make your own syrup
from local Manitoba maple and birch trees. Hands-
on demonstration will include tree identification
and selection, tapping the tree, boiling off the sap,
bottling, storing the syrup and how-to instructions.
Enjoy making your own "sweet treat". Manitoba
Maple Syrup - A Taste of Manitoba. Taps will
be available for sale following the hands-on
presentation.
Room 142



OWL PRESENTATION

\$18
Thursdays, Mar. 9
7:00 – 8:30 pm
(1 session)

Come out and get up close
and personal with a live owl!
Learn about Manitoba owls with biologist and
world owl expert Jim Duncan. Using a variety
of media, personal owl impressions, owl parts
and "puke" (aka pellets), and Rusty (a female
Long-eared Owl). Jim will introduce you to the
mysterious lives of these nocturnal creatures.
Since 2005 Jim and his owl colleagues have given
over 230 owl presentations to over 11,000 people,
from pre-school kids to retirees. If you have not
seen this presentation come out and see why it
continues to be a much sought after experience.
Room 141



SMALL ENGINE REPAIR

\$100
Tuesdays,
Jan. 17 – Feb. 14
6:00 – 9:00 pm
(5 sessions)

*Get your snow
blower, ice auger,
chainsaw, log splitter, etc. working this
winter.* Hands on maintenance for beginners.
Learn in a few easy lessons how you can save on
repair and maintenance. Covers basic operating
principles and trouble shooting in a relaxed
environment. Must be a take home project
each week. *Please bring a ratchet set, oil, gas, a flat
screwdriver, rags, flashlight and pencil.*
Room 199 Power Mech. Lab



WELDING

\$130
Wednesdays,
Jan. 18 – Feb. 22
6:30 – 8:30 pm
(6 sessions)

*For Males/Females ages 16 to 95! No
Experience Necessary!* You will learn how to
do basic welding procedures in Gas + Mig, plasma
cutting, & brazing. Shape metals and weld them
together to make a project to take home. Please
wear clothing that you don't mind getting holes
in and dirty, or coveralls. The welding material
you will be using can be purchased through the
instructor or can be brought from home. Will
be discussed at first class. **Safety glasses and
welding glasses #5 or 6 need to be brought
to 1st class.**
Metals Shop



DOG OBEDIENCE

Wednesdays, Jan. 18 – Feb. 22
(6 sessions each)

Please see website or call the office for full course info.
Dogs must be up to date on shots, please bring
proof of vaccinations to the first class. Please
come equipped with a well
fitted collar, 6 foot leash, and
lots of tasty treats. No Flexi-
Leashes allowed.

Front Hall Near Theatre



PUPPY CLASSES

\$75
6:00 – 7:00 pm

BASIC DOG OBEDIENCE

\$75
7:00 – 8:00 pm
All ages are accepted. But recommend very young
dogs do a puppy class first.

DIGITAL CAMERA FUN
with Brent

Smile – Bring your camera!
BONUS: Take \$5 off second class!

TIPS & TRIX

\$35
Thursdays, Feb. 2 & 9
7:00 – 9:00 pm
(2 sessions)

Basic knowledge & procedures to take great
photos & saving/printing pictures.
Room 142

TAKE IT TO THE NEXT LEVEL

\$35
Thursdays, Feb. 16 & 23
7:00 – 9:00 pm
(2 sessions)

You've mastered the basic settings; now seek its
full potential. Explore creative settings, lighting
techniques, composition & studio photography.
Bring camera, take photos & make prints for a
homework assignment.
Room 142

**CREATING YOUR RETIREMENT INCOME
& TAXATION OF YOUR ESTATE**

with Paul Fust, Senior Consultant
\$15

Wednesday, Jan. 18
OR
Wednesday, Feb. 8
7:00 – 8:15 pm

Do you know how much money you need to retire
comfortably and remain comfortably retired? Are
you getting T3s or T5s at tax time? You shouldn't
be! Topics will include recent changes to CPP &
OAS, Tax Strategies, Employer Pension Plans, RSP,
RIF, LIRA, LIF, TFSA, Different Types of Power of
Attorney, The Tax Planned Will, The Role of The
Executor, Different Types of Trusts and How to
Use Them, Cottage Succession Planning. Attend
to create the cash flow needed for a worry free
retirement and to prevent the family sanctuary
from becoming the family battleground.
Room 142

FITNESS



ZUMBA
Mondays, Jan. 16 – Mar. 13
NO CLASS: Feb. 20
7:00 – 8:00 pm
AND/OR
Thursdays, Jan. 19 – Mar. 9
6:00 – 7:00 pm

Ditch the workout, Join the party! Zumba
is a dance-fitness class that incorporates Latin
and international music and dance movements,
creating a dynamic, exciting, exhilarating and
effective fitness system in a party like atmosphere.
No dance experience necessary.
\$10 Drop ins Welcome!
Cafeteria

**ZUMBA and ZUMBA TONING with
Melissa**

**\$70 for One Class (8 classes)
\$120 for Two (16 classes)
ZUMBA CRAZY Bonus - \$160 for ALL Three
Classes (Best Value!) (24 classes)**

ZUMBA TONING

Mondays, Jan. 16 – Mar. 13
NO CLASS: Feb. 20
6:00 – 6:45 pm

Party while putting extra emphasis on toning and
sculpting to define those muscles! Adding resistance
by using lightweight maraca-like Zumba® Toning
Sticks, helps you focus on specific muscle groups,
including arms, core and lower body, so you (and
your muscles) stay engaged! Please
bring maximum 3 lbs.
dumbbells.

**\$10 Drop ins
Welcome!**
Cafeteria



S.C.P. Selkirk Community Pool

SCHOOL - COMMUNITY - POSSIBILITIES

2016 Winter Programming

The Comp 221 Mercy Street | Selkirk Mb | 204 785 7310

Registration On Line December 13, 2016
selkirkcommunitypool.weebly.com

/in person/phone Dec 15 2016
 Pool closed Jan 14, 15 Feb 4, 5

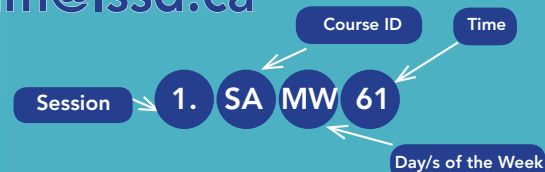
Questions or concerns contact pool manager. mstamm@lssd.ca

Registration: Please note call if there is a discrepancy in courses advertised and those open for registration.

Step 1: Prior to registering > Select the activity – Learn to swim level that best suits the participants needs.

Step 2: Prior to online registering > search for and note the course codes for courses of interest.

Step 3: Select the course you want to register for and register.



Red Cross Swim Schedule

Monday & Wednesday 2-4 week sess.
 1. Jan 11 - Feb 6 2. Feb 13 - Mar 13

S1. Jan 11-Feb 3, S2. Feb 17 - Mar 14		
Sea otter 5:15	Salamander 5:15	level 1 5:15
Sun Fish 5:50	Level 1 5:50	Sea Otter 5:50
Level 1 6:25	Salamander 6:25	Level 2 6:25
Level 2 7:00	Level 3 7:00	Level 4 7:00
Level 5&6 7:35		Level 7&8 7:45

Tuesday & Thursday 2-4 week sess.
 1. Jan 12 - Feb 7 2. Feb 16 - Mar 14

Sea Otter 5:15	Salamander 5:15	Level 1 5:15
Level 1 5:50	Sea Otter 5:50	Salamander 5:50
Level 2 6:25	Level 4 6:30	Level 1 6:25
Level 3 6:30		

Friday 8 Weeks
 Jan 20 - Mar 17

Sea Turtle 5:15	Level 1 5:15	Sea Otter 5:15
Salamander 5:50	Sea Otter 5:50	Level 2 5:50
Level 3 6:25	Level 5/6 6:25	Level 4 6:25
	Level 7/8 7:10	Level 9/10 7:10

Saturday 8 Weeks
 Jan 21 - Mar 18

SK1 11:00-11:30		
SAL 11:35-12:05	SO 11:35-12:05	SK1 11:35-12:05
SK2 12:10-12:40	SK4 12:10-12:40	SK3 12:10-12:50
SK5 1:00-1:40	P&C Drop-in 1:00-1:30	SAL 1:00-1:30
SO 1:45-2:15	SK1 1:35-2:05	SK2 1:35-2:05
	Adults & Teens 2:10-2:55	

Sunday 8 Weeks
 Jan 22 - Mar 19

Starfish Duck	Level 4 11:15	Level 1 11:15	Sea Otter 11:15
P&C Drop In	Level 7/8 12:00	Level 3 11:50	Level 1 11:50
Sunfish 12:25	Level 5/6 12:50	Level 2 12:25	Salamander 12:25
Level 4 1:00	Level 3 1:35	Sea Turtle 1:00	Salamander 1:00
Level 9/10 1:45	Sea Turtle 2:15	Sea Otter 1:35	Level 2 1:35

Programs
 Pool Rentals available on Saturday and Sundays throughout the year. Contact the Pool office for times {\$90.00 +gst per hour lifeguard included}

Lap Swim
 Morning and afternoon lap swim opens Opens January 9
 • Mon - Wed 7:00-8:00pm
 • Thur 4:00-5:00pm • Fri 7:00-8:30am

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 Friday Loonie Swim 7:00-8:30pm
 Saturday 1:00-3:00pm
 Sun 3:00-4:00

Swim in Movies
 "A Muppet Christmas Carol"
 5:30 - 7:00pm
 "A Christmas Story"
 7:30-9:00pm December 16th
Swim with Santa
 11:00-2:00pm December 17.
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Dec 28 PADI Discover
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 20 visits - \$60.00 Teen 20 visits - \$35.00
 30 visits - \$80.00 30 visits - \$50.00
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 Adult drop in \$5.00 Lap swim.
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Open Swim (Exact change)
 Adult or Student \$ 5.00 18+
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 Child \$ 2.00 5 - 12yr
 Teen \$ 3.00 13 - 17yr
 Family \$10.00
 (For purposes here, we define a "family" as an adult and their immediate children to a maximum of 5).

Public admission entry requirements:
 Limited unlocked lockers available. Do not leave valuables in the locker or change room. The facility is not responsible for loss or damage to belongings. Children under 7 who cannot swim must be accompanied by Parent, Guardian/Caregiver and over 16. 1:4 ratio.
 Children 7 and older who are not 44" tall must also be accompanied as noted above. Children 7 and older must change in gender specific change rooms. Lifeguards have complete authority – safety first. Lifeguards are to provide a safe and enjoyable experience at our pool. The primary function is to provide accident prevention through patron education, awareness and directing patrons' behaviour. They are to work with patrons to ensure they understand the pool rules, entrance requirements and identify potential risks and to be water smart at the pool.
 No credit after start of classes. No refunds after start of class. 3 day prior \$15 admin fee. No transfers.
Pool Rentals
 The pool is available on a first come /first serve basis for birthday parties, windups and private functions. The rate is \$90 per hour plus GST. This includes 2 lifeguards. For rentals, please contact Michelle at 204-785-7310 or email mstamm@lssd.ca. Booking requests available on-line selkirkconed.com



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Stony Mountain Ski Area sliding into its 50th season

By Natasha Tersigni

With Mother Nature finally cooperating with cold weather and tons of snow, owners of the Stony Mountain Ski Area are gearing up for the hill's 50th season of operation starting on Dec. 10.

After a short 2015-16 season, Gary Dewar and Heather Campbell-Dewar have been eager to get the hill open for skiers and snowboarders. After several delays this winter season, there has finally been enough snow to build a base and the temperatures have dropped enough that the snow-maker can begin pumping out the white stuff.

This year the hill will be celebrating its golden anniversary and is one of the oldest ski hills in Manitoba that is still operation. In the 29 years that Heather has been running the hill with her husband, the duo has been able to stay ahead of the trends and offer unique experiences for their customers.

Back in 1988 when the couple first purchased the business, the hill was primarily used for the Manitoba Alpine Ski Club's freestyle team and the ski area really did not have a rider base other than the team members. The hill catered mainly to the freestyle jumpers and did not have a snow machine or other resort essentials like grooming equipment. When the couple took over they upgraded all the equipment, offered lessons and rent-



RECORD PHOTO BY NATASHA TERSIGNI
Stony Mountain Ski Area owners Gary, left, and Camryn Dewar, middle, and Heather Campbell-Dewar, are excited for opening day this weekend and the start of the hill's 50th season of operation.

als and also opened their hill to up to snowboarders; something many other Manitoba resorts were not doing at the time.

"When we first got here some ski areas were not allowing snowboarders on them. We knew that was the way things were going and we had no desire to stop snowboarding. For the first three to four years, we embraced snowboarders, while other resorts did not," said Heather who added

that is one of the reasons why Stony Mountain Ski Area has remained in business. Along with allowing snowboarders on the hill they have a terrain park and offer board rentals and lessons.

"Today 80 per cent of our customers are snowboarders. It is small hill; skiers get bored after a while. The snowboarders have the terrain park with a variety of features they can use."

As the years went

on, Gary and Heather continued to add new programming and runs to keep the ski area fresh and exciting. The one thing that has been the biggest challenge is the weather, which has really impacted the business over the last few years.

"Two years in a row we had the polar vortex and it was 40 below and no one was coming out then. Last year we had the latest opening in our history, Dec. 18 and then we had to close up in the middle of March because everything was melting; usually we stay open until the beginning of April," said Heather.

To continue to grow their business, the couple is adding snowshoe rentals and trails this year to the ski area.

"We are excited about now offering snowshoeing. We are going to have the trail out back where there is some bush area. The trail will then go down and take snowshoers along the bottom of the hill close to the fence line and then they will be able to access the new trails that are being built around Stony Mountain," said Heather.

"We decided it would be a great way to add an extra dimension to our business. It would be a great feature for schools or for parents who may not want to ski or snowboard but they can still get outside and enjoy what we have to offer. There is a lot of wildlife in the area so that is a great factor with our snowshoeing as well."

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2-way traffic returns to Hwy 204



RECORD PHOTO BY DAVE BAXTER
A car makes its way down a new gravel section along Highway 204 last Thursday afternoon. A 600 metre section of the St. Clements Highway, just south of CIL Road, otherwise known as Highway 509, has been shifted 60 metres to the east of the Red River. The \$1.3 million project, which is being fully funded by the provincial government, will be completed once the road is paved sometime next summer.

get inspired

> MEAL IDEAS

THE **Marketplace**
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Cowboy Cookies



Chipotle Aioli
 2 cloves garlic, minced
 1 egg yolk, room temperature
 1/2 tablespoon freshly squeezed lemon juice
 1/8 teaspoon salt
 1/8 teaspoon freshly ground black pepper
 1/2 cup olive oil
 1 teaspoon chipotle chili powder or 1 tablespoon puréed canned chipotle in adobo sauce

Cookies
 6 skinny yams or sweet potatoes, about 2 inches in diameter, or fatter ones if available
 3 tablespoons olive oil
 4 teaspoons salt
 3 tablespoons New Mexican or any other pure chili powder
 2 tablespoons sugar
 1 tablespoon freshly ground black pepper
 3 6-ounce filet mignons, 2 inches thick, or 1 whole 1-pound pork tenderloin
 1/4 to 1/2 cup of your favorite barbecue sauce
 1/4 cup Chipotle Aioli (optional)
 Preheat oven to 325 F.
 Add the garlic, egg yolk, lemon juice, salt, and pepper to a blender or mini food processor and purée until smooth. Alternatively, whisk the ingredients together in a medium bowl.
 Very slowly drizzle in the oil with the motor running and purée until aioli thickens (should take between 2 and

3 minutes). If you are using a whisk, keep whisking while slowly drizzling in the oil until the aioli is thick. Stir in chipotle. Reserve.

Place yams on their sides. With your sharpest knife, cut into 3/8-inch-thick slices. If yams are more than 2 inches or so in diameter, use a 2-inch round cookie cutter or a paring knife to trim to desired size.

In a medium bowl, add olive oil. Toss yam slices until they are lightly coated with oil. Sprinkle with 1 teaspoon salt. Spread on a nonstick baking sheet or on any parchment paper-lined sheet pan and bake for 30 minutes. Turn yams over and bake for 30 more minutes, or until yams are browned, slightly condensed, and begging to be eaten. Reserve in aluminum foil to keep warm.

Preheat grill to high heat. While yams are baking, in a medium bowl, combine chili powder, sugar and pepper. Generously rub down the filets with this dry rub. Wrap filets in wax paper or plastic wrap and let stand at room temperature for 30 minutes.

Just before grilling, pat down filets with remaining 3 teaspoons salt. Over direct heat, sear meat for 2 minutes a side on all 6 sides. Transfer to indirect heat, cover grill, and cook for approximately 6 more minutes for medium-rare, or until filets have reached your desired degree of doneness. Alternatively, filets can be broiled for approximately 10 minutes per side.

Place meat on a plate and cover with aluminum foil. Let rest for 5 minutes before slicing. Set each filet on its side and cut into 1/4-inch thick round slices.

To assemble, set out 2 rows of 12 yam slices each. Spoon 1/2 teaspoon barbecue sauce over each slice in the front row and 1/2 teaspoon chipotle aioli over each in the back row (if you don't make the aioli, replace with barbecue sauce). Top each yam in the first row with a slice of steak and cover with an aioli-slathered yam slice.

Pistachio Honey Rolls



Baked goods can take some time to prepare. But as many baking enthusiasts know, the results are well worth the effort. Such is the case with the following recipe for Pistachio Honey Rolls.

Makes 32 rolls
 2 cups shelled pistachio nuts
 1 1/2 cup sugar
 1 1/2 teaspoon ground cinnamon
 1 teaspoon finely grated orange zest
 16 sheets phyllo dough, rolled out and kept covered with a damp towel
 4 tablespoons butter, melted
 1 1/2 cup honey, warmed

Place the nuts, sugar, cinnamon and orange zest in a food processor and grind until nuts are finely chopped. Transfer to a bowl.

Place a sheet of phyllo dough on a work surface. Keep the remaining sheets covered with a damp towel after each sheet is used. Brush the sheet of phyllo with butter, top with another sheet of phyllo and brush with more butter. Lightly spread the sheet of phyllo into four strips lengthwise. Roll up each strip, starting at the bottom, and place on a Silpat parchment-lined baking sheet, seam-side down.

Continue with remaining 14 sheets of phyllo and nut filling. Bake on the middle rack of a preheated 375 F oven for 15 minutes. While still warm, drizzle with honey. Allow to cool completely before serving.

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The Selkirk Record

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sports & recreation

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Royals kings of the volleyball court

Selkirk wins 'AAAA' provincial title

By Brian Bowman

For the second time in four seasons, the Selkirk Royals have been crowned the "AAAA" varsity boys' provincial volleyball champions.

The No. 1-ranked Selkirk Royals defeated No. 3 Miles Macdonell 3-1 by scores of 25-17, 25-19, 22-25 and 25-8 in Monday night's final at Investors Group Athletic Centre.

"It's very exciting (to win), especially after how last year went," said Royals' head coach Jeff Scarcello, whose teams' have reached the "AAAA" varsity boys' final in four of the past five years.

"None of us were satisfied with how last year went, losing in the quarters. So, to come through and have a much better season, there were a lot of big smiles."

Royals' setter Jack Mandryk was very good in running Selkirk's offence Monday. Like he has the entire season, Mandryk routinely set up Owen Schwartz and Nigel Nielsen for key kills.

Mandryk and Nielsen were named to the provincial all-star team while Schwartz was very deservedly named MVP.

"(Owen) was on a mission last night with the way that he played," Scarcello said. "He was so focused on reaching his goals this year. Right from Day 1 of tryouts, he was ready to push. And to be able to do that in his Grade 12 year, with the pressure of a last chance to win, was special."

When Selkirk needed a point to change the momentum, Schwartz was quick to deliver.



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Royals varsity boys' volleyball team won the MHSAA 'AAAA' banner Monday evening. Back row, left to right: Jeff Scarcello, Kurtis Yacyshen, Alek Morelli, Josh Giesbrecht, Nigel Nielsen, Owen Schwartz, Aidan Chisholm, Brandon Sutherland (coach), Cole Coughlin (manager), Kier Dear (coach) Front Row: Michael Singleton (coach), Jack Mandryk, Jack Harrison, Troy Kozun, Tim Juvonen, Darian Morris-Izzard, Brenden Freeman.

"It was really fun," said the Grade 12 standout. "The atmosphere was really nice and having both

Continued on page 25



Selkirk Royals fans rush the court to celebrate with the team after defeating Miles Mac.



The Selkirk Royals' Alek Morelli goes up high for a kill against Miles Mac during Monday's 'AAAA' varsity boys' final at the University of Manitoba. Selkirk won the provincial title with an impressive 3-1 win over Miles Mac.

> ROYALS, FROM PG. 24

sides of the crowd into the game. It's an amazing feeling (to go out as a winner in high school) and to say that I won my last high school game."

Both teams struggled at the beginning of the first set, particularly with serving. But the Royals settled down - limiting their mistakes - as they turned a 16-11 lead into a 25-17 first-set victory.

Selkirk then trailed 13-12 in the second set but scored nine of the next 13 points to lead 22-16 before they ended the set with the six-point win.

The third set was a back-and-forth affair with the teams tied at 16-16 and then the Buckeyes went up 23-22 before closing out the set with a pair of points.

"Miles Mac is a good team," Scarcello said. "When you have them in a desperate situation, they're fighters, and they started throwing some hay-makers."

Selkirk caught fire in the middle of the fourth set, though, enabling the Royals to take a commanding 16-7

lead. The Royals then scored nine of the set's final 10 points for the blow-out win.

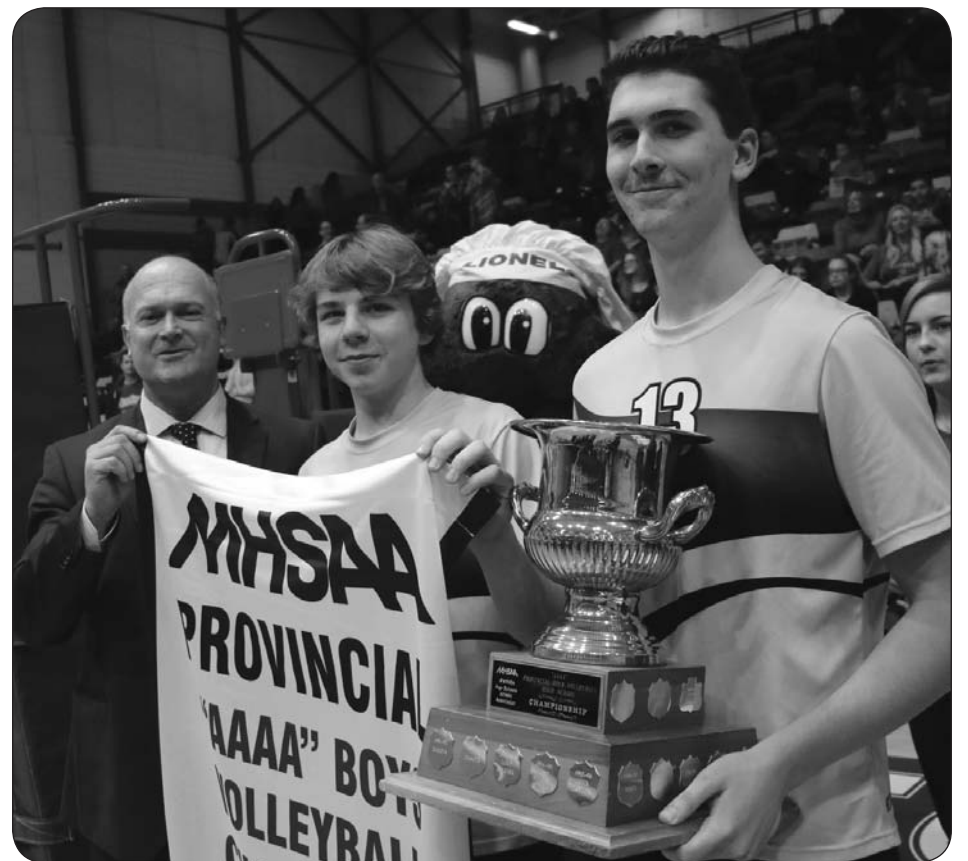
"After we lost the third set, there was no panic," Scarcello said. "Everyone was saying that we got this - there was no panic."

The Buckeyes, who were going after their 12th provincial title, earned a berth into the final after finishing off a 3-2 comeback win over the Dakota Lancers last Friday.

The Royals, meanwhile, reached the provincial final after defeating Brandon's Vincent Massey Vikings 3-1 by scores of 25-13, 25-13, 19-25 and 25-17 in their semifinal matchup.

Looking ahead to next season, Selkirk will lose five players - Schwartz, Mandryk, Josh Giesbrecht, Schwartz, and Kurtis Yacysen - due to graduation.

"They are going to be hard to replace," Scarcello admitted, noting the Royals lost just four matches all season. "It's going to be sad to see those guys go."



Royals' setter Jack Mandryk, middle, was named a provincial all star while Owen Schwartz, right, was selected as MVP.

Mandryk family spikes its way to another provincial vball title

By Brian Bowman

There were a lot of proud fathers in the crowd watching their sons compete for a MHSAA "AAAA" varsity boys' volleyball championship Monday evening at the University of Manitoba.

But one would be hard-pressed to find one as proud as Peter Mandryk.

Peter led the Royals to their first-ever provincial volleyball title back in 1983 and then saw his son, Jack, turn the same trick Monday with a 3-1 win over the Miles Mac Buckeyes.

Watching Jack win a third title for the family was pretty cool.

"It was pretty special because he's not the tallest kid in the world," Peter said Tuesday afternoon. "They say he's 6-foot-2 in the program and he's really 5-foot-10 or 5-foot-11. Early in his career, he didn't get a lot of the opportunities that he might have gotten. He's worked hard to get where he did and he deserved what he got."

Jack played an important role in the Royals' offence as a very reliable setter. He did a great job all season setting up teammates like Owen Schwartz and Nigel Nielsen.

Peter's daughter Maddy won a provincial title with the St. Mary's Flames back in 2011. That was the Flames' first-ever provincial championship.

"My kids aren't god-gifted talented and nor was I," Peter said. "But we put

our noses to the grindstone and hard-working people can still persevere."

Peter enjoyed watching the Royals dominate all season. Schwartz showed everyone why he is the top high school player in Manitoba.

"They were hungry," Peter said. "They had an early exit last year but (Owen) and Jack did extra stuff in the morning at practice and they have been involved with the provincial team."

Jack, who was named a provincial all star, was thrilled to win another provincial volleyball title for the family.

"It was just unreal," he said. "We put in so much hard work throughout the season and not too many teams win in their last high school game. It was pretty cool."

Jack was proud to be part of a Royals' team that lost just four matches the entire season.

"We had a lot of talent," he noted. "With Schwartz, Nielsen, (Alek) Morelli and Josh (Giesbrecht), the whole team was great. Everyone was spot on and we worked hard at practice and throughout the season."

Jack's sister, Maddy, certainly worked hard at getting to Monday's final. She missed a practice with her University of Toronto volleyball team to fly into Winnipeg. She then narrowly escaped Tuesday's snowstorm to get back to southern Ontario.



RECORD PHOTO BY BRETT MITCHELL

The Mandryk family has now won provincial volleyball championships by Peter, his son, Jack, and daughter, Maddy.

It was a hectic trip, but definitely one she was glad that she made.

"It was a very, very special moment," said Maddy from Toronto. "I flew all the way from Toronto during exam season and I missed a practice of my own but it was worth it. It was fantastic."

Maddy is used to being surrounded by great players on her University of Toronto team, but she definitely noticed the talent level on this year's Selkirk squad.

She was really impressed with the play of Schwartz on the outside and Morelli in the middle. And, of course, her own brother was pretty good, too.

"They were unbelievable," she stressed, noting her younger sister Rachel won a provincial track title with the Royals. "They looked like a juggernaut, really. They had great team defence and I thought they had great team chemistry. All of those boys did a great job."

Selkirk Steelers win pair of MJHL games

By Brian Bowman

It wasn't exactly the prettiest of wins but it was, nonetheless, still a victory for the Selkirk Steelers.

Selkirk scored a pair of late third-period goals to defeat the Swan Valley Stampers 3-2 last Saturday at the Selkirk Rec Complex.

"I thought we played well, for the most part, in the first (period) but it kind of got away from us late in the first when they scored their two goals," said Steelers' head coach Dustin Hughes. "And the second was kind of a ho-hum affair on both sides."

Selkirk came alive, however, in the third period and tied the score at 2-2 as Connor Barley tallied at 14:41. Jake Dudar then scored the game winner

just a couple of minutes later.

The Steelers' Carter Barley opened the game's scoring at 6:41 of the first period. But Swan Valley took a 2-1 lead after 20 minutes as Jason Cohan and Jaden Townsend tallied late in the period.

Brett Friesen made 22 saves for the win.

On Nov. 29, the Steelers had a great game in doubling the second-place Flyers 6-3 in Winkler.

"I thought it was a pretty good game," Hughes said. "We were playing very well offensively that night. We've been working a lot on our entries into the offensive zone on the rush and it seemed to work. We got a couple of goals on the rush."

Ezra Hall led Selkirk with two power-play goals while Connor Barley continued his recent strong play with a goal and two assists.

Selkirk, which broke the game open with four-second-period goals, also saw Braden Shea, Dudar, and Taylor Fisher tally.

Cole McCartan finished the game with three assists.

Justin Paulson, Will Blake, and Brayden Cullum replied for Winkler. The Flyers outshot the Steelers 36-25 as Hayden Dola earned the victory.

Selkirk will be a very busy hockey club in the next few days as it plays a home-and-home series with the Steinbach Pistons this Friday and Saturday. That series will start in Stein-

bach on Friday and then return to Selkirk on Saturday.

The Steelers will then play a pair of games as part of the MJHL Showcase at the MTS Iceplex next week.

Selkirk will battle Portage on Monday and then will take on Dauphin the next day. Both games will have 7 p.m. puck drops.

It's an important stretch of games for the Steelers, who are now 17-8-1 and tied for fourth place with Virden (15-9-5).

"It's going to set us up for the rest of the year, in my mind," Hughes said. "How we do in the next couple of weeks is going to be a good sign of where we're going to end up."

Steelers acquire Poiron, Labossiere in separate deals

Staff

The Selkirk Steelers made a couple of trades last week.

Selkirk acquired goaltender Landon Poiron from the Waywayseecappo Wolverines and forward Nico Labossiere from the Winkler Flyers in separate deals. Selkirk will be sending future considerations for both players.

Labossiere has four goals and 14

points in 23 games with Winkler this season. The Winnipeg product has played in 70 MJHL regular-season games, scoring 10 goals and producing 31 points.

Poiron, meanwhile, dressed for six games in Waywayseecappo this season and another last year. He played his Midget "AAA" hockey with the Eastman Selects.



Landon Poiron



Nico Labossiere

Flames douse Royals in varsity girls' provincial semifinal

By Brian Bowman

The St. Mary's Academy Flames doused the Selkirk Royals in the Manitoba High Schools Athletic Association "AAAA" varsity girls' volleyball semifinal Nov. 30 at the Investors Group Athletic Centre.

The defending-provincial champion Flames made quick work of the younger Royals, sweeping the match

3-0 by scores of 25-12, 25-18, and 25-6. St. Mary's won all three matches between the two talent-laden clubs this past season.

"We definitely went (into the match) thinking we had some openings and the guns to get it done," said Royals' co-coach Kyla Michalski. "But we just did not perform. We did not come to play at all and that made it quite easy

for St. Mary's, in that respect, to play clean volleyball."

The Flames jumped out to an early lead in the first set and never looked back. Sensing a sweep, St. Mary's then led by as many as 19 in the third set.

The second-ranked Flames have six returning players from last year's championship team and that experience showed up on the big stage at

the U of M.

St. Mary's has a lot of weapons – and they certainly used them – against Selkirk.

"They spread it around," said Michalski, noting Annika Loepky was named the Royals' player of the game.

"They passed well and were able to

Continued on page 28

CATCH THE EXCITING NEW TEAM FOR THE 2016-2017 SEASON



The Steelers will be accepting "a tin for the bin" (non perishable food donations) at all our home games up until Dec 20.

HOME GAMES

VS Steinbach Pistons

Sat., Dec. 10th 7:30 pm

VS Dauphin Kings

Tues., Dec. 13th 7:00 pm

AWAY GAMES

VS Steinbach Pistons

Fri., Dec. 9th 7:30 pm

VS Portage Terriers

Mon., Dec. 12th 7:00 pm



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www.selkirksteelers.com

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Fishermen reel in pair of lopsided wins

By Brian Bowman

The Selkirk Fishermen were rude hosts last weekend at the Selkirk Rec Complex.

Selkirk outscored its opponents 16-2 in two games – both lopsided victories – in KJHL action last weekend.

“Both of those teams beat us the last time we played them, so it was a good response,” said Fishermen head coach Chris Poponick. “We played 60 minutes of hockey (in both games last weekend). The last time we played them, there was almost an assumption that we were going to win and we only played about 10 minutes of (good) hockey in those games.”

The Fishermen wrapped up the weekend with a great effort in a 9-1 win over the Lundar Falcons on Sunday.

Bronson Kelly and Coel Forsyth each led Selkirk with a pair of goals while Milan Horanski had a goal and three assists. Auzzie Loewen, Griffin Steeves, Connor Spratt, and Drayton Mendrun also scored for the Fishermen. Mendrun finished the game with three points.

Jason Nikkel ruined Travis Schalk’s

shutout bid late in the game. Schalk had an easy night in goal, facing just 11 shots.

Selkirk started the weekend with a solid 7-1 thumping of the North Winnipeg Satellites at the Selkirk Rec Complex.

Spratt scored the only goal of the first period and then Bronson Kelly and Horanski, with a pair, scored in the second period.

Two of those goals came with the man advantage.

In the third, Bronson Kelly and Loewen scored to put Selkirk up 5-0. North Winnipeg’s Nathan Jones and Selkirk’s Talon Kelly traded goals midway in the period.

Riley Bannerman made 32 saves for the win. He leads the KJHL in wins (eight), goals-against average (1.11) and save percentage (.958).

Selkirk, now 13-5, will continue their six-game homestand this month with a pair of games at the Selkirk Rec Complex this weekend.

St. Malo will be here Friday (7:30 p.m.) and then North Winnipeg will visit on Sunday (2:30 p.m.).



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Fishermen’s Talon Kelly moves the puck in the offensive zone against the Lundar Falcons in KJHL action Sunday.

Barley runner up for MJHL player of the week award

Staff

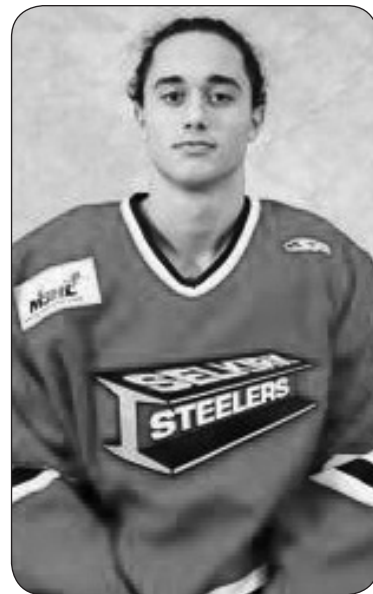
Selkirk Steelers’ forward Connor Barley was one of two runners up for the Recycle Everywhere MJHL Player of the Week award.

Barley had a goal and two assists in Selkirk’s 6-3 win over the Winkler Flyers on Nov. 29 and then added a third-period goal in Saturday’s 3-2 victory over Swan Valley.

The 18-year-old forward is currently second on the Steelers in goals scored (14) and points (21).

Braden Billaney of the Winkler Flyers was named the MJHL player of the week. Billaney, 18, had seven points (goal, six assists) in four games. The Boissevain product was selected a game star in two of those games.

The other runner up for the player of the week award was 19 year old goaltender Brett Epp of the OCN Blizzard.



Connor Barley

Manitoba Hockey Standings

MANITOBA JUNIOR HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Steinbach Pistons	29	24	4	1	49	121	57
Winkler Flyers	31	22	9	0	44	117	71
OCN Blizzard	30	20	7	3	43	96	69
Portage Terriers	27	20	7	0	40	117	81
Selkirk Steelers	26	17	8	1	35	93	77
Virdeon Oil Capitals	30	15	10	5	35	78	81
Winnipeg Blues	30	13	13	4	30	99	96
Swan Valley Stampede	26	9	14	3	21	72	98
Dauphin Kings	28	7	17	4	18	68	106
Neepawa Natives	28	7	21	0	14	70	119
Waywayseccappo Wolverines	29	3	24	2	8	69	145
KEYSTONE HOCKEY LEAGUE							
Central Division							
GP	W	L	OTL	PTS	GF	GA	
Peguis Juniors	15	10	5	0	20	108	80
Arborg Ice Dawgs	15	8	7	0	16	80	67
Fisher River Hawks	13	6	7	0	12	91	89
South Division							
GP	W	L	OTL	PTS	GF	GA	
Selkirk Fishermen	18	13	5	0	26	100	31
St. Malo Warriors	17	12	4	1	25	116	70
Lundar Falcons	15	6	9	0	12	59	73
North Winnipeg Satellites	15	5	9	1	11	58	80
North Division							
GP	W	L	OTL	PTS	GF	GA	
OCN Storm	12	9	3	0	18	114	70
Cross Lake Islanders	14	5	8	1	11	69	75
Norway House North Stars	14	0	14	0	0	27	187
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Pembina Valley Twisters	20	13	4	3	29	91	66
Charleswood Hawks	20	12	4	4	28	68	51
Raiders Jr. Hockey Club	21	13	7	1	27	94	58
St. James Canucks	22	13	8	1	27	78	75
Stonewall Jets	18	13	5	0	26	88	59
St. Vital Victorias	22	10	9	3	23	86	95
St. Boniface Riels	21	8	9	4	20	65	78
Transcona Railer Express	22	10	12	0	20	79	86
Ft. Garry/Ft. Rouge Twins	22	9	11	2	20	78	93
River East Royal Knights	22	4	18	0	8	51	117
AAA MIDGET HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Wild	22	17	3	0	36	122	42
Yellowhead	24	16	4	1	36	102	70
Brandon	22	15	5	1	32	93	57
Central Plains	25	15	9	1	31	107	87
Thrashers	21	14	5	1	30	100	44
Pembina Valley							
GP	W	L	OTL	PTS	GF	GA	
Southwest	21	11	10	0	22	69	83
Kenora	24	9	11	0	22	75	106
Eastman	23	10	12	1	21	78	77
Parkland	23	7	15	0	15	67	115
Interlake	21	6	13	0	14	57	96
Norman	25	4	20	0	9	62	170
AAA CITY MIDGET HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Winnipeg Monarchs	15	15	0	0	30	88	37
Winnipeg Hawks	17	8	6	1	19	69	56
Winnipeg Sharks	13	9	4	0	18	55	44
Winnipeg Warriors	15	8	5	1	18	70	57
Eastman Selects	16	2	11	2	7	43	75
Interlake Lightning	16	2	14	0	4	42	98
AAA BANTAM HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Winnipeg Monarchs	18	14	4	0	28	106	29
Winnipeg Warriors	19	11	7	0	23	83	58
Winnipeg Hawks	15	9	3	1	21	95	40
Eastman Selects	14	9	5	0	18	68	45
Winnipeg Sharks	18	6	10	1	14	43	65
Interlake Lightning	13	0	12	1	1	31	109
MANITOBA HIGH SCHOOL HOCKEY							
Platinum Promotions Division							
GP	W	L	OTL	PTS	GF	GA	
St. Paul's 1	14	13	0	0	41	74	16
Dakota	13	8	2	1	29	47	30
Vincent Massey	11	8	2	0	26	60	24
River East	12	4	5	1	17	26	37
Lord Selkirk	10	4	2	2	16	30	22
Kelvin	12	4	8	0	12	32	36
Sturgeon Heights	13	3	8	0	12	27	49
SJR1	14	3	11	0	9	24	68
Oak Park	13	2	11	0	6	22	60
WINNIPEG WOMEN'S HIGH SCHOOL HOCKEY LEAGUE							
CTV Division							
GP	W	L	OTL	PTS	GF	GA	
Shaftesbury Titans	12	6	2	1	18	38	22
Vincent Massey Trojans	11	7	2	0	17	30	16
Selkirk Royals	11	5	3	1	15	30	23
St. Mary's Flames	12	6	4	0	15	34	32
Jeanne Sauve Olympiens	11	5	3	2	14	24	24
Dakota Lancers	13	3	8	0	10	33	39
Westwood Warriors	9	2	5	1	6	22	31
Oak Park Raiders	11	2	9	0	4	20	44

*STATS AS OF TUESDAY, DECEMBER 6

Next-Home Games

St. Malo Warriors
Friday, Dec 9th 7:30 pm

VS

North Winnipeg Satellites
Sunday, Dec 11th 2:30 pm

Meet the Fishermen

#2 Harley Hoydalo
Forward

at the Selkirk Rec Centre

Four Selkirk Judo Club fighters earn provincial championships

Submitted by Brian Jones

The Selkirk Judo Club hosted the provincial championship at the Comp last Saturday.

Eleven competitors from the Selkirk club competed and the team finished with four gold, four silver and three bronze medals.

Winning his sixth consecutive provincial championship was Damien Ekosky, 17, a black belt. He won gold in the U21 Men under 73 kg division.

Justin Ekosky, 15, a brown belt, won his second straight provincial title. This year, his victory came in U18 Men under 73 kg.

In Senior Men Advanced, Julien Mitchell, 23, a black belt, won gold in under 100 kg. Mitchell is multiple provincial champion and former U21 national champion (2011).

Joey Kuch, 17, a brown belt, also struck gold in the over 100 kg division.

"We have not hosted provincials for a number of years and we were grateful for the opportunity to do so this year as we celebrate 50 years as a club," said Brian Jones, one of the club's coaches, in a media release.

"Our athletes performed very well and our volunteers did an excellent



Joey Kuch, 17, a brown belt, struck gold in the over 100 kg division at the Provincial Championships Saturday in Selkirk..

job."

Silver medals were won by Lennon Kuch (U16 under 73 kg), Maddison Orvis (U18 under 57 kg), Schaelyce Kopp (U18 under 63 kg), and Loki Johnson (U18 under 73 kg).



RECORD PHOTOS BY BRETT MITCHELL
In Senior Men Advanced, Julien Mitchell, left, 23, a black belt, won gold in under 100 kg.

Bronze medals were awarded to Connor Macfarlane (U16 under 73 kg), Bailey Malinowski (U18 under 73 kg), and Aaron Haak (U18 under 81 kg).

In other news, Justin Ekosky has been selected to attend the Elite 8 In-

vitational National Championships in U18 under 66 kg. This tournament will be held in Montreal on Jan. 7-8.

The Selkirk team's next action will be at the Saskatchewan Open in Regina on Jan. 21.

Royals defensive in the month of November

By Brian Bowman

The Selkirk Royals girls' hockey team was a stingy club in the month of November.

Selkirk allowed just 11 goals in six games last month – resulting in a 4-2 record - and a three-game winning streak.

Life is going pretty good right now for the Royals.

"We've had a really nice stretch of games recently," said Royals' head coach Noah Cain in an email. "We're starting to find some consistency in our lineups, finding some combinations that work."

The Royals capped off November with a solid 3-1 road win over the Jeanne Sauve Olympiens on Nov. 29.

After a scoreless first period, Courtney Sorokopud-Jones scored the lone goal of the second period. Cassidy Ilchena put Selkirk up 2-0 early in the third and then Jeanne Sauve's Makenna Mikoloyenko and Selkirk's Brooke Anderson traded goals just 52 seconds apart.

Sorokopud-Jones, Kaite Seed, Jazmyn-Rae Desjarlais, and Maggie Medock each had assists in the game for Selkirk. Jodi Clifton made 11 saves for the win.

Cain has been very impressed with the recent play of Sorokopud-Jones. She has played a large factor in Selkirk's improved offensive play.

"It has been great to see Courtney Sorokopud-Jones playing so well late-

ly and being rewarded with points," said Cain of the WWHSL's recent player of the week.

"We run into trouble when we're not scoring. In this recent stretch we've been scoring three or four goals a game. We're strong enough defensively and in net that if we score three goals, we give ourselves a really good chance to win. To do that we need to bury our chances, stay off the penalty kill, and limit turnovers."

Selkirk, now tied for third place with St. Mary's in the CTV Division standings with 15 points, will play the sixth-place Dakota Lancers Friday at Southdale. Game time is 4:30 p.m.

In boys' action, Selkirk was defeated 4-3 by St. Paul's in overtime on Nov. 29

at the Selkirk Rec Complex.

Kieran Guttormson led the Crusaders with two goals – including the game winner in OT – while Kieran Ursel and John Jebamani also tallied for St. Paul's.

Reece Tessier, Connor Spratt, and Easton Donohoe scored for the Royals.

Austin DeBoer was in goal for Selkirk.

The Royals played River East this past Tuesday and then Dakota yesterday (no scores were available) and then will host Sturgeon Heights next Tuesday at the Rec Complex.

Game time for the home tilt is 3:45 p.m.

> VARSITY GIRLS', FROM PG. 26

move the ball around the court, which made blocking and defence for us, pretty difficult. We knew we had to serve aggressive and put them out of system and we didn't do that."

The Royals will learn a ton from this tough loss to St. Mary's and will be a much better team for it next season.

"We have a lot of promise for our future," Michalski said confidently.

"With the body of work that we did this season, we accomplished a lot of great things. It's always too bad when you end on (a losing) note but, I think, as a team we have to reflect on the whole year and see what we accomplished."

Expect Selkirk to be among the top varsity girls' teams in the province again next season.

"I think to get to the Final Four is the top goal for a team," Michalski said. "If you get to go to the big dance at the end, you go for that championship win. Unfortunately, this year we're not going to that dance but, hopefully in the future, we do."

Selkirk will lose just two players – Maegan Balagus and Bailey Purse – from this year's team due to graduation. Balagus was recently ranked as the sixth-best varsity girls' volleyball

player in the province by a Winnipeg paper.

"They both brought a lot of dedication and skill (to our program)," Michalski said. "They also brought a strong leadership presence and experience to what it takes to play at that next level. They have been amazing athletes in the Royals' program since they were in Grade 7.

"We're so grateful that we got to have them for so long."

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Selkirk Record

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take a break > GAMES

SUDOKU

		2						
	9	1				3		
	3			8			6	4
					9		2	7
		8					9	5
	5			6		1		
	4				1			
				2	5			
		7			6			1

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	8	9	6	3	4	7	2	5
9	7	4	5	2	6	3	8	1
6	3	2	1	7	8	6	4	5
3	4	1	8	9	7	6	5	2
5	6	9	4	2	1	8	7	3
7	2	8	6	5	3	4	1	9
4	9	6	2	8	1	5	3	7
2	5	3	7	4	9	1	6	8
8	1	7	3	9	5	2	6	4

Sudoku Answer

R	S	S				V	D	I
E	N	E				B	R	E
H	V	L	B			V	N	V
T	B	V	A	B	E	J	N	V
E	O	V	R	T	C	R	V	M
N	O	S	I	S	E	R	O	B
			N	I	P	U	B	
			E	O	C	P	W	V
			A	O	H	S	O	
			A	T	H	G	M	D
M	V	L	S	F	E	H	S	O
V	I	B	M	V	I	I	L	I
S	L	A	L	V	A	P	H	F
A	P	V	A	R	A	P	E	A

Crossword Answer



CROSSWORD

CLUES ACROSS

1. Large primate
4. Annualized percentage rate
7. Frictional horsepower
8. Alternate name
10. Incursion
12. Metrical feet
13. Musician Ingram
14. Swiss river
16. Text speak for annoying
17. Squelch
19. Will Ferrell played one
20. Close violently
21. Arrogant
25. Goddess of the dawn
26. Today (Spanish)
27. Ethiopian town
29. Speed
30. Kids take it to school
31. Bowling ball's adversary
32. 1988 NFL MVP
39. Volcanic crater
41. Curved shape
42. Discover by investigation
43. Up in the air (abbr.)
44. A son who shares his dad's name
45. Assist in wrongdoing
46. Actress Lathan
48. Nonsense (slang)
49. Sharp and forthright
50. Midway between northeast and east
51. NAACP cofounder Wells
52. Soviet Socialist Republic

CLUES DOWN

1. Again
2. Erectile organs
3. Concluding speech

1	2	3				4	5	6	
7						8			9
10			11			12			
13					14	15		16	
17			18			19		20	
21				22	23			24	
				25			26		
			27	28			29		
			30			31			
	32					33		34	35
39	40					41		42	
43			44					45	
46			47					48	
49									50
	51								52

4. Pie __ mode
5. With pustules
6. Muslim calendar month
8. Need it to live
9. Thailand
11. Container to serve food
14. Boxing great
15. Woolen blankets
18. Expresses surprise
19. Emergency medical services
20. Inflamed swelling of the eyelid
22. Reporter
23. Arrived extinct
24. Ad __
27. Academic bill of rights
28. A pair

29. Pumpkin and apple are examples
31. China
32. Made illegal
33. Be mistaken
34. Stephen King's "Pennywise"
35. Semite
36. Martens with short tails
37. Large bodies of water
38. Lower in position
39. Dough used in Latin American cuisine
40. Calculating tools
44. Boxers do this
47. Macaw

Classifieds *The Selkirk Record*

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FREE

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Log Inn Wood products. Get serious winter heating wood with Christmas specials. Bundles available. Quantities limited. Call 204-485-0706.

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Galay Landscaping is currently hiring labour position for the snow removal and clearing season. Please email resume to info@galaylandscaping.com or call 204-757-4763 must have class 5 license and own vehicle.

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MISCELLANEOUS

Student desk study lamp EWO \$15; toaster EWO \$15; LN sz. 9 safety shoes EC \$60. Ph. 204-785-8598.

Men's light blue suit, coat & blue shirt sz. XL, pants sz. 38-40, pants in-seam (leg) 30, out seam 36, immac. cond. \$50; men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above \$50; winter over-coat red, white & black for above EC \$100. Both suit, coats & pants have recently been dry cleaned. Had very little use. Ph. 204-785-8598.

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NOTICE

Knights of Columbus Selkirk Council #6150 list of winners 2016 Grey Cup. Christian Jones, Wes Milgaard, Jack Walsh, Bert Olender, Doug Wasnie, Bernie Praznik, Barb Bebee, Geraldine Kipling, A. Gilkes, Brenda Tarnopolski, Tricia Geurts, David, Stan Geib, Dennis Fuerst, David Gilbert, Harold Cook, Bill Smedts and Cory Skrypnik.

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Canadian Mental Health Association
Mental health for all

Notice of AGM

The CMHA Interlake Eastern Region Board of Directors

invites you to attend the Association's

22nd Annual General Meeting

December 14, 12 noon

18 Main St., 2nd Floor, Selkirk, MB

New Members Always Welcome!

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Saturday, Dec. 10 10:00 AM
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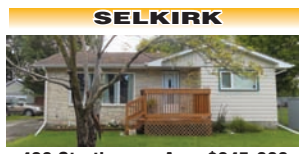
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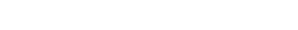
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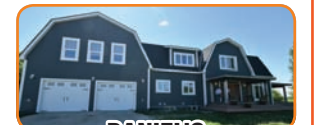
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ANNOUNCEMENT

CARD OF THANKS

Henderson - To all who expressed their love and support through prayers, cards, flowers, food, messages, visits, etc.; to Janelle Desrosiers for helping with Andrew's final arrangements; to his pallbearers; to the speakers who shared their memories; to the officiant, Jane Clarke; to the Winnipeg Airport Authority Fire Dept. Honour Guard; and to those that attended Andrew's funeral. We were amazed by how many miles were travelled by family and friends to be with us. Thank you! To the dedicated staff of Gilbert Funeral Home and our dear friends of Brackendale Luncheon Specialties - you made the day run as smooth as possible, and knew everything was in great hands. Thank you! To Andrew's team at CancerCare, headed by Dr. Szwajcer; the HSC-G6 Unit, and Bone Marrow Transplant Dept. - the professionalism, support, compassion, and friendship to Andrew was exceptional. We all knew he was in the best hands! For Andrew's last hours at S&DGH - Emergency Dept. - your expertise, attention, and kindness was outstanding. Thank you! We want to recognize those that are making positive life changes; giving donations to Canadian Blood Services, Manitoba Cancer Society, and Clandeboye & District Recreation Association in Andrew's honour. Thank you! To our families and friends that have been with all of us through Andrew's journey - you were there for us for the best and the toughest of times, with unwavering love and support. Thank you! Andrew challenged the way we thought about everything, especially death. His message has been shared thousands of times, all over the world - "Death is certain. We wouldn't fear death if we live the life we want to!" Basically, live your life the way YOU want to! However that may be!! Be the person you want to be, on your terms, be kind to everyone, drink champagne, and celebrate as much as possible! Make no excuses. We felt the outpouring of love and honour you had for Andrew and our family. We'll say it forever, thank you!
-Kim and Donna;
Carling, Anthony and Axel;
Kayla, Jonallan, Annalise, Daniel and Brynn

ANNOUNCEMENT

BIRTHDAY



Max Enns
Happy 5th Birthday
December 8th

Thanks for making our lives that much sweeter.

-Lots of love from
your dad, mom and brother
Merritt, Aunty Lindsey,
Oma and Pèpère Rosaire!

ANNOUNCEMENT

IN MEMORIAM



Kay Portree
May 16, 1918 – December 12, 2011
Loved and always remembered.

-Your family

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IN MEMORIAM



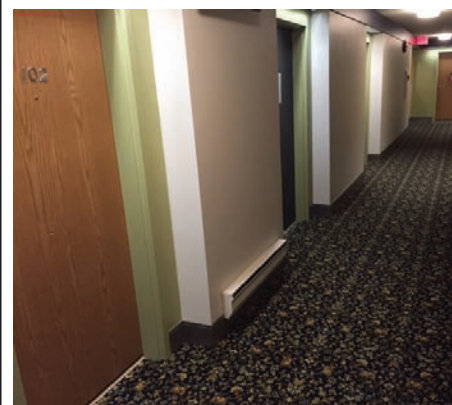
Kathleen McBride
In Loving Memory of Pearl
Who passed away December 13, 2012
May the winds of Heaven blow softly,
And whisper in your ear;
How much we love and miss you,
And wish that you were here.

-Always remembered by
John and family

ANNOUNCEMENT

CARD OF THANKS

Diana and David Starin, Serena, Connor and Parvati would like to express our heartfelt thanks to all of the people who rallied together at this unbearable time to help us feel stronger and supported. Thank you to those who travelled to attend Vanessa's service. A special thank you to Matt. It was wonderful to meet you. Thank you to all who called and visited, sent flowers and letters and to all who reached out to us. Thank you to Rev. Anthon Bouw and to David Gilbert.



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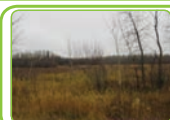
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IN MEMORIAM



**James David Scott
(Dempsey)**

December 5, 2011

In loving memory of our
Brother, Dad, Grandpa,
Great-grandpa and Uncle

Five years have passed since you left us,
We miss you dearly but know
You are in a better place.

Your memory we shall forever keep.

-Missing and loving you always,
sisters Pauline Settee, Beatrice Bedard, Laura
Scott;
your daughters Corinna (Kevin), Charlene
(Doyle)

and your son Jimmy
grandchildren, great- grandchildren
and nieces and nephews

ANNOUNCEMENT

IN MEMORIAM



Andi Lajeunesse Jungkind Bannish
December 10, 1981

We should be celebrating your 35th birth-
day...

not leaving flowers at your grave.

You are forever young, forever missed.

-The Jungkind and Bannish families

ANNOUNCEMENT

IN MEMORIAM



Gerald Wiebe

September 21, 1945 – December 8, 2015

I do not need a special day,
To bring you to mind;
The days I do not think of you,
Are very hard to find.
Each morning when I awake,
I know that you are gone;
And no one knows the heartache,
As I try to carry on.

My heart still aches with sadness,
And secret tears still flow;
What it meant to lose you,
No one will ever know.

My thoughts are always with you,
Your place no one can fill;
In life I loved you dearly,
And forever always will.

-Forever loved and missed, Joannie

OBITUARY

George Kenneth Flett

On Tuesday, November 29, 2016, at the Red River Personal Care Home, Kenneth Flett, aged 74 years passed away peacefully.

He was predeceased by his parents, Stanley and Margaret and his brothers Jim and Kelvin.

His memory will live on in those family members and friends he leaves behind.

As per his wishes, cremation has taken place and there will be no service. Private family interment will take place at a later date.

Kenneth's family would like to thank Red River Place for their kindness and compassion.

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY

Robert George Edward Nutbean
April 17, 1936 - December 1, 2016



Peacefully with family by his side, Robert George Edward Nutbean, passed away on Thursday, December 1st, 2016 at the Selkirk and District General Hospital.

Robert will be lovingly remembered by his children, Leslie Ann, Barry (Donna Lynn), Jason (Barbie) and David (Yolanda); grandchildren Tamlyn, Jade, Nickolas, Matthew, Leif and Tynan; sister Janet Nicholson; brothers-in-law Donald (Midge) Barry, Patrick (Myra) Barry as well as numerous nieces, nephews, family and friends. Dad also leaves to mourn his canine companion Goldie with whom he shared many special and difficult moments over the past few years.

Robert is now reunited with his loving wife and partner of 54 years Marlene Ann Nutbean (nee Barry) who predeceased him on July 6, 2012. He was predeceased by his parents Herta and Robert George Nutbean; mother and father in-law Ethel and Patrick Barry; his brother-in-law Bryan and sister-in-law Thelva Barry, sister-in-law Jo-Ann Barry and brother-in-law Lorne Nicholson.

Dad was born in Selkirk on April 17, 1936, moving into Winnipeg in 1939 while his father was in the military, returning in 1946 and was raised on the family farm in Petersfield. Dad and mom met on a blind date on February 26, 1954. They courted for 3 1/2 years before marrying August 24, 1957. Together they were proud to raise their family of four children. Living on McGee Street in Winnipeg until 1975 when dad and mom moved the family to the farm in Petersfield where he resided until his passing.

Dad was a machinist by trade started his employment at Piston Ring Service on July 23, 1956. Dad wore many hats during his 45 plus years of service, including running his own store: Hartland Sales Ltd. at 2577 Portage Ave. from 1977-1989. Dad and mom owned and operated Hartland Sales Ltd, a Generation Group Auto Parts Store not only sold auto parts and tools but he also offered machine shop and alternator/starter repairs. Together they built and grew the business. After closing the store he returned to Piston Ring retiring on November 30, 2001. Retirement didn't last long as dad and mom started delivering flowers for Plants Plus in the spring of 2002. They enjoyed delivering plants throughout the province and spending the time together. He continued doing the deliveries after mom's health declined however took Goldie along for the company, retiring in 2013.

Dad was a true patriarch of the family. Family came first. He worked hard to ensure his family was taken care of. He showed great strength, wisdom and leadership during difficult family times and was always there for you when you needed help or advice. Mr. Fix-it would be there.

Dad enjoyed doing things with mom especially travelling to different destinations. They visited Las Vegas, Hawaii, Mexico, Jamaica as well as other locations on family trips. Dad and mom enjoyed fishing and a favorite spot was to go to Barrier Bay in the Whiteshell.

Dad appreciated nature and all that it gives. In his younger days he hunted and fished. At the farm, he enjoyed sitting on his bench, Goldie by his side watching the birds and wildlife, working in his garden, harvesting his fruits and vegetables to give away.

After moms passing, dad continued his visits to Tudor House where mom had resided. Dad and Goldie would visit the residents Tuesdays and Thursdays until he couldn't do it anymore because of his health. Dad developed many friendships during this time.

This past year was a journey for us all. Dad was hospitalized on February 8, 2016. After spending two months in the hospital, dad was able to go home with the support of his children and homecare. On August 17, 2016 dad was readmitted to hospital for the final time.

The family would like to say thanks to the numerous members of the health care team that have helped dad during his journey. We would especially like to thank Dr. Speer and Dr. Czaykowski (Nurse Denise) for their care of dad. Also to all the home care staff, the nurses, health care aides and staff at Selkirk and District General Hospital for their extra special care of dad.

A celebration of Robert's life will take place at Gilbart Funeral Chapel, 309 Eveline Street, Selkirk on Saturday, December 10, 2016 at 11:00 a.m. with The Ven. Godfrey Maweje officiating. A luncheon will be held at the Gilbart Reception Centre and interment of ashes will follow the lunch.

In lieu of flowers, memorial contributions can be made to Manitoba CancerCare Foundation, Siloam Mission, St. George's Wakefield Cemetery fund or a charity of your choice.

Your work is done. "Sweet dreams papa."

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



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