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The
Selkirk Record

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Sleigh ride in the snow



RECORD PHOTO BY LINDSEY ENNS
Lana Young, co-owner of Equine Elegance Horse Drawn Services, visits with the horses as another group gears up for a sleigh ride on Dec. 19 during the City of Selkirk's Water Tower Wonderland event at the Water Tower Rink along Jemima Street. For more photos, see page 6.

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RCMP won't post drunk drivers' names online

'We simply do not have the resources to do that,' RCMP says

By Austin Grabish

When 2016 rolls around, Winnipeg police will name and shame drunk drivers by posting their names online, but those caught by RCMP won't be subject to the same public scrutiny.

Mounties say they won't be posting the names of drivers charged with impaired driving online.

"We as a division are talking about thousands of names on a list, we simply do not have the resources to do this," RCMP spokesman Sgt. Bert Paquet said via email.

The Winnipeg Police Service and other police forces across the country have been publishing the names of impaired drivers online as part of a push to curb impaired driving.

RCMP sometimes release names of impaired drivers they've charged to the media, but the names are usually only released when the drivers have been involved in a bizarre or important enough event that's considered

newsworthy.

During the first two weeks of December, Mounties charged 42 people with impaired driving in Manitoba, but despite the charges, Mounties won't be posting names online.

Paquet said in addition to not having the proper resources, Mounties have never used the online naming-and-shaming tactic.

Melody Bodnarchuk, president of the Winnipeg chapter of Mothers Against Drunk Driving (MADD), said posting drunk drivers' names online acts as a strong deterrent for those thinking about drinking and getting behind the wheel.

"We really appreciate the Winnipeg Police Service posting the names of impaired drivers," Bodnarchuk said. "Nobody really wants their name on that list. It can have real consequences with your workplace, real consequences with your family and friends."



RECORD FILE PHOTO BY AUSTIN GRABISH

RCMP spokesman Sgt. Bert Paquet says the RCMP will not be posting the names of drunk drivers they catch online due to a lack of proper resources.

Bodnarchuk knows the consequences of impaired driving all too well. Her 22-year-old nephew, Brett Yasinsky, died in 2010 after being killed by a drunk driver in West St. Paul.

Yasinsky was on his way to see a movie and was less than 10 minutes away from home when he was killed, she said.

Brad Skawretko pleaded guilty and was sentenced to 30 months in prison last December for the crash.

But dealing with Yasinsky's death

hasn't gotten much easier over the years for his family.

"My nephew Braeden who was Brett's only brother still goes to the grave pretty much daily," Bodnarchuk said. "Every day I think of him more than once a day."

Bodnarchuk said if you're on the road and see a suspected impaired driver, don't hesitate to call 911.

"Many impaired drivers are sliding by law enforcement."

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Crews called to Main St. crash



RECORD PHOTO BY LINDSEY ENNS

Emergency crews work to clear away a crash at Main Street and Manitoba Avenue on Dec. 19.

Wishing all a Merry Christmas
and a Happy New Year!

ONE
INSURANCE

Selkirk organization gears up for e-waste spike

By Dave Baxter

If new electronics were under the tree on Christmas morning, a local organization wants to make sure those old electronics are thrown away properly and not headed for the dump.

Selkirk-based Responsible Electronics Recycling (RER) works to see e-waste disposed of in a safe way by travelling to landfills in a number of Manitoba municipalities and pulling electronic waste out of those landfills.

They also allow people to drop stuff off at their headquarters in Selkirk, and manager Alvin Keppler said there is always a surge in the amount of electronics being thrown out after the Christmas season winds down.

"We see a large spike and usually we see it around the first week of February," Keppler said. "You've got your Black Friday and then your Christmas season and your boxing day sales all rolled into one, and then once people get their new stuff up and running, they start getting rid of the old stuff."

Keppler said that these days a lot of companies are not building their electronic products to last, and people often just buy new stuff when their old



RECORD PHOTO BY DAVE BAXTER

Responsible Electronics Recycling (RER) manager Alvin Keppler stands in the yard at the RER headquarters in Selkirk next to some of the countless pieces of electronics they work to dispose of in a safe way.

stuff breaks down, rather than getting things repaired.

"The cost of the units have come down, plus there is very little service-

able parts," Keppler said.

Constant upgrades and improvements to technology also has people constantly rushing out to get the new-

est electronics, Keppler said.

"With TV's you had plasma, and then it changed to LCD, and now its LED, and on and on its goes."

Some may assume it would be larger electronics that would be extra important to dispose of properly, but Keppler said it is often even more important to properly dispose of smaller items like coffee makers or blenders because they can be far more toxic.

Keppler believes the word has got out about RER and what they do, but he thinks many people don't realize how many different items they can accept.

RER accepts everything from TV's and stereos, to old cell phones and remote controls, as well as things people might not expect like batteries and light bulbs.

He said that if anyone has any electronic waste they need to get rid of but are not sure if RER will accept it they should call to ask, because they have a long list of things they accept.

To contact Responsible Electronics Recycling call 204-482-2111, or to drop stuff off at their depot located at 511 Robinson Ave. in Selkirk.

City to host Manitoba Ave. improvements open house

Submitted

The City of Selkirk will host an open house to show proposed changes to Manitoba Avenue East that will improve traffic flow on the busy thoroughfare that is expected to see even more traffic as the shopping destination, and the city's population, continue to grow in coming years.

A Manitoba Avenue Open House will be held on Jan. 12 at the Gaynor Family Regional Library from 4 p.m. to 7 p.m. Displays of proposed changes

to Manitoba Avenue, including traffic control measures, access management plans and integrated pedestrian and cycling facilities, will be on display and the public is invited to submit opinions as well.

Dan McDermid, the city's director of operations, said the city is working with Manitoba Infrastructure and Training and consultant MMM Group Limited to develop plans for Manitoba Avenue, a roadway both levels of government share responsibility for.

"Right now we're asking for public input," McDermid said. "We're going to have some very rough designs on where we would like to go, but we're still going to ask for some public input on what the final product will be."

Improving traffic flow and safety on Manitoba Avenue is a priority for Selkirk council and several changes have been made in recent years, including the installation of traffic lights at Selkirk Crossing.

Continued on page 8



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KidFish Ice Derby on Jan. 10 to benefit children's charities



SUBMITTED PHOTO

A boy watches as a hole is drilled during the 2014 Kids Fishing For A Cure ice derby. The renamed KidFish Ice Derby is set to take place on Jan. 10 in Selkirk.

By Dave Baxter

An upcoming ice fishing derby will give children and families the chance to enjoy a day of fishing out on the ice for a good cause.

The same group of people that previously ran the annual Kids Fishing For A Cure ice derbies have made some changes and now go by the name KidFish.

The KidFish Ice Derby, which will help raise funds for sick kids across Manitoba, is set to take place on Jan. 10 in Selkirk. Organizer Garther Cheung said it is one of the best derbies for families in all of Manitoba.

"Last year we had over 200 kids show up," Cheung said. "And when you see the smiles on the kids faces and the way they are building memories with their parents, you can't put a price tag on that."

The first 200 kids that show up to the derby will get a free ice fishing rod

and Cheung said that is something that is really special for a lot of kids.

"Everyone remembers that first time they went fishing with their parents, and they remember when they got that first fishing rod."

Derby organizers hope a lots of kids show up, but Cheung said it is definitely an event for all ages.

"Some think this is a kids derby, but this is for everybody," Cheung said.

There will be top 10 prizes that can be won by all ages, as well as top 5 prizes for kids 16 and under.

People who pull in the biggest fish will go home with prizes, but the derby's organizers make sure most kids leave with a prize even if they don't win a top five prize.

"We have prize draws and giveaways throughout the day, and our sponsorship gives us big ticket items but also a lot of smaller prizes, so we can give a lot of stuff out throughout the day,"

Cheung said.

The derby will help sick kids, as all proceeds will go to the Children's Hospital Foundation and Cancer Care Manitoba Foundation.

"We're just a group of anglers with really big hearts, and we love to volunteer, and we want to help out kids," Cheung said.

Thanks to a long list of sponsors the KidFish derby will hand out more than \$20,000 in prizes and giveaways.

The KidFish Ice Derby was originally planned for Dec. 27, but because of ice conditions has now been moved to Jan. 10 in Selkirk at the Float Plane Base. Gates open at 8 a.m. with the tournament running from 10 a.m. until 2 p.m.

Tickets are still available, and for more information on the derby or how to get tickets go to the KidFish Ice Derby Facebook page, or call Garther Cheung at 204-291-8628.

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#24 MAGGIE MAY MUFFIN

#11 EDDIE

#23 PENELOPE

#39 LOUIS

#37 WILSON

#21 JAZZY

#22 RILEY

#6 COPPER

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Winter wonderland



RECORD PHOTO BY LINDSEY ENNS

ABOVE: Tyler Samagalski and his six-year-old daughter Kallie enjoy a skate at the Water Tower Rink during the City of Selkirk's Water Tower Wonderland on Dec. 19. BELOW: A young boy enjoys a skate with Santa Claus during Water Tower Wonderland.



Cozy pyjama party



RECORD PHOTO BY DAVE BAXTER

Both Alisha, pictured left, and Tyra, pictured right, got to hang out in some brand new pyjamas at a big pyjama party in Selkirk. The fourth annual Pyjamarama at Growing Years Family Resource Centre on Dec. 18 let kids pick up a free pair of pyjamas and a brand new blanket. Growing Years handed out pyjamas collected and donated by Kristin Lemon of the New Life Family Chiropractic Centre and blankets donated by Project Linus. Kids at the party also got the chance to have their pictures taken with Santa.

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RHA looks to fill doc, care home shortages in 2016

By Brandon Logan

It's been another busy year for the Interlake-Eastern Regional Health Authority and its CEO Ron Van Denakker.

During an interview with the *Selkirk Record*, Van Denakker talked about the busy year that was 2015 and what the RHA has planned for 2016.

When it comes to physician recruitment, the CEO said there were a lot of challenges, but the RHA had some success.

While they lost a few doctors, Van Denakker said there were six or seven new physicians added to the region in 2015.

In hopes of luring more doctors to the region in both the near and long



RON VAN DENAKKER

term, he said the RHA is hoping to build relationships with young students in hopes of attracting them to the area when they get into the health field.

"We've invested in physician recruitment from a resource perspective," Van Denakker said. "So somebody who's actually working in that area to establish relationships with residents and medical students, so we can start to reap the benefits of home-grown docs."

While there's always a need for doctors, he did go on to say there are many alternate care providers in the area, including 21 nurse practitioners.

Another issue the RHA has been targeting are personal care homes, or rather the lack of personal care homes.

Van Denakker said the need for personal care homes in Selkirk is particularly dire, as those on waiting lists

are occupying many of the hospital's beds.

"Our beds are 50 per cent full of people who are waiting placement for personal care homes, and that's an unfortunate thing for them," he said.

There is some help on the way when it comes to adding more beds in the region however. Van Denakker said a new personal care home in Lac du Bonnet, which would give the RHA a net 50 new beds, it making good progress and is almost ready to go to tender.

Meanwhile, the CEO added the RHA developed a 10-year personal care home plan for Manitoba Health that identified the region's needs.

Continued on page 10

Local couple opens play, activity centre for children

By Dave Baxter

A Selkirk couple want to offer local children a whole new way to get out and play.

John and Amy McKenzie have opened the Kountry Kids Jam Center in Selkirk, a full play area featuring a large bouncy castle, a three level play structure, two large slides, a toddler play area and a small track where kids can drive battery powered cars.

"I have three children of my own and I realized there just wasn't a lot of activities for my kids to burn off energy in Selkirk," John said. "So my wife and I thought up this plan, and three years later we are up and running."

The couple has converted an old warehouse building on Robinson Avenue into the Kountry Kids Jam Centre and said they have put countless hours into getting the business up and running.

"It was a lot of time and research, and a lot of work," John said.

John wants the center to be a place



RECORD PHOTO BY DAVE BAXTER

Children bounce in the bouncy castle at the Kountry Kids Jam Center in Selkirk earlier this month. The new business is now open in Selkirk.

where young people can get exercise and get away from some of the technology that kids are using more and

more.

"It's just a facility where kids can have fun, be active and play and in-

teract with all the other kids, and possibly make new friends," he said. "We want them to play and interact, and not be glued to the TV or tablet."

Cold weather is now setting into the Selkirk area and John said they are offering kids a place to play when it's cold outside.

"There are not a lot of things for kids where they can go play in the winter time, so we want to have the kids getting out and being active."

The business may be a good option for kids and parents looking for something to do when it's cold out, but John said it will be a perfect place to come during every season.

"Even in the summer when the mosquitos are buzzing, kids can come in here and enjoy themselves," John said.

The business will also offer private rooms to host birthday parties.

The Kountry Kids Jam Centre is located at 511 Robinson Avenue in Selkirk.

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> 'WE'RE EXCITED THAT WE'RE AT THIS POINT,' FROM PG. 3

Left turning lanes have been added at several intersections between Main Street and Hwy. 9, and lines to indicate lanes and turning lanes have been repainted the past two years.

The open house aligns with the city's strategic plan, which lists smooth operation of transportation systems and clear intentions for future development as priorities.

The city created the Manitoba Avenue Task Force to determine, with the cooperation of the province and local stakeholders, the best way to make traffic flow more efficiently and safely along what has become Selkirk's busiest east-west transportation link. In 2007, the city and province commissioned a Traffic Management Plan for Manitoba Avenue and in 2008 a functional design study was produced.

City councillor and task force chairman Kelly Cook said the open house is another step in the process to improve Manitoba Avenue.

"We're excited that we're at this point. We've got MMM Group hired and doing the design and bringing it forward and addressing the concerns that have been identified on Manitoba Avenue and this is just part of the process. The next step will be on the 12th," Cook said. "The public will be able to give input and ask questions of the people involved."

Schools sign pact to improve indigenous education

By Lindsey Enns

Manitoba's post-secondary institutions and the province's public school boards have signed a five-year plan highlighting the priorities needed to help First Nations students succeed.

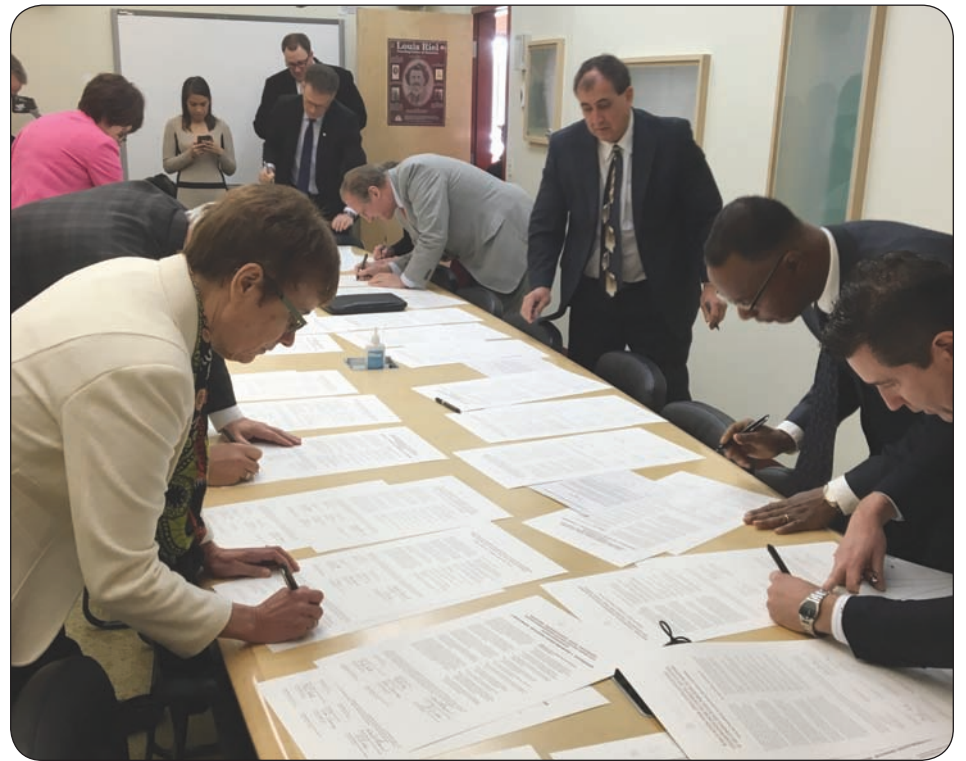
"By having it as a five-year plan, you're making it measurable and time limited ... so there's an actual time line to it," Lord Selkirk School Division board trustee Lena Kublick said.

Kublick attended the historic Indigenous Education Blueprint signing at the University of Manitoba on Dec. 18 and said the mood was "very festive and very positive."

At the public school system's level, one of the objectives of the blueprint is to reflect First Nations role in Canada's history and have that be part of the kindergarten to Grade 12 curriculum, Kublick said.

"The timing is right with the final Truth and Reconciliation document, with this signing ... there's actual an appetite to bring about change," she said. "There's a plan to accurately teach Canadian history and to give equal opportunity and equity to indigenous students."

The Indigenous Education Blueprint – formally the "Manitoba Collaborative Indigenous Education Blueprint For Universities, Colleges and Public School Boards: Making Excellence in Indigenous Education a Priority" – offers Manitoba a new way forward, following the Truth and Reconciliation Commission's recommendations.



SUBMITTED PHOTO

Presidents from Manitoba's post-secondary institutions sign the Indigenous Education Blueprint at the University of Manitoba on Dec. 18.

The blueprint's framework is the result of a partnership between Manitoba's public school boards and the post-secondary education sector, now united in their efforts to advance Indigenous education and reconciliation, according to a U of M release. As the process moves forward, more partners will be sought.

"This new partnership has the potential to fundamentally change our society," said David Barnard, chair of the Council of Presidents of Universities of

Manitoba, and the president and vice-chancellor at U of M. "Reconciliation requires societal change and societal change is propelled by education. For the first time, all parties in Manitoba's education sector have united their efforts on this front and together, we will work with stakeholders to make Manitoba a centre of excellence in Indigenous education."

Next steps include establishing a steering committee with all signatories, creating a collaborative website and social media platform and hosting an indigenous education conference.

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Year in review

St. Clements moves forward while celebrating its past

By Dave Baxter

The mayor of St. Clements said the municipality was focused on progressing and moving forward in 2015, while also celebrating the past.

Debbie Fiebelkorn, who took over as mayor of St. Clements in the fall of 2014, said some major projects are nearing completion and those projects will benefit the community.

"One of the things that has made people happy is some of our bigger projects are complete or very near completion," Fiebelkorn said.

Construction on the East Selkirk sewage lagoon, which will bring wastewater service to the citizens of East Selkirk is now complete, and Fiebelkorn expects residents to be hooked into the system by early next year.

Fiebelkorn said she would have liked for progress on the lagoon to move faster than it did, but East Selkirk residents should expect full service very soon.

Construction of the Peltz Drive Dike is also nearing completion, said Fiebelkorn.

A project in Grand Marais and the man who helped make it possible



RECORD PHOTO BY DAVE BAXTER

St. Clements Mayor Debbie Fiebelkorn says she is happy with the progress made throughout the RM in 2015.

should be a source of pride for everyone in St. Clements, said Fiebelkorn.

The Heritage Room in Grand Marais, which opened earlier this year celebrates the history of the Grand Beach area, and Fiebelkorn said St. Clements resident and history expert Fraser Stewart put "countless hours" into making the room a reality.

"So basically it's a living history of Grand Beach," Fiebelkorn said. "It's exciting to have it, and Fraser put a lot of time into it."

"It's been a very good project that thousands of people have already gone to see, and council has been very supportive of it."

In November, Stewart was named

Citizen of the Year by the Selkirk and District Community Foundation, after being nominated for the honour by St. Clements council.

"It was quite an honour for him and for us," Fiebelkorn said. "It shows we have people in our community working very hard to make sure that our community is recognized."

"And we want heritage tourism to keep moving forward rather than be stagnant."

Fiebelkorn ran her mayoral campaign on a promise to improve communication with residents, and she believes communication is moving in the right direction.

"What we have done is hire a communications officer, and we are asking people to provide email addresses for direct mailing."

Fiebelkorn wants decision making in the council chamber to reflect the wants and needs of the community.

"The more we communicate with the people the better decisions we can make as a council, because we will know how the people feel and can base our decisions on what people tell us."

St. Andrews mayor says first year exceeded his expectations

By Dave Baxter

George Pike has been the mayor of St. Andrews for just over a year, but he believes he and his council have already done a whole lot of good things to benefit the municipality's citizens.

Pike was elected to the mayor's chair back in Nov. of 2014, with his election marking his first official foray into municipal politics.

Since taking over he said council has worked tirelessly to find ways to save money, and keep taxes low for citizens.

"We went through our budget line-by-line, and there was no increase in taxes for the people in 2015," Pike said. "And despite not raising taxes we were able to purchase a number of new pieces of equipment for our municipal workers and for our fire department."

One focus for Pike in 2015 was to make sure less was being paid out in indemnities to councillors.

Council passed a resolution so councillors would not make higher wages for attending meetings in other communities and the municipality is now sending less councillors to the same meetings.



RECORD PHOTO BY DAVE BAXTER

George Pike was elected mayor of St. Andrews in November 2014. Pike says his first year in the mayor's chair exceeded his expectations.

"So we work on the idea that between three and four can go, and they can bring the information back to us," Pike said.

The municipality has already saved over \$50,000 compared to the previous year on indemnities, according to Pike.

Pike said the municipality is doing a better job of communicating with

citizens, and he feels more people are engaged in local issues.

"We are more up to date on the website and more people are attending our council meetings."

A proposed secondary plan that came out before Pike took office led many to believe the minimum lot size in St. Andrews could be lowered, but Pike said the public has made it clear

they do not want smaller lots.

"Basically we had a couple of meetings, and the public was loud and clear that they don't want that, so we are trying to maintain our existing minimum."

Development slated for 2016 will benefit citizens in a number of ways, Pike said.

"We have a plan for an industrial park near the airport so that will help with the tax base. We need commercial property in St. Andrews because more revenue will lead to lower taxes for citizens."

St. Andrews is continuously working on a wastewater plan to get more people hooked up to a permanent sewer system over time, said Pike.

Pike says municipalities have a obligation to give recreational options to people, and they are working on a number of recreation projects.

"We have a recreation centre planned by the airport and that has gone to a feasibility study, and we are also looking at expansion of the Petersfield Curling Club, so it can be used for more activities."

St. Andrews is also working on ex

2016 will be a 'challenging,' transitional year: Bezan

By Stefanie Lasuik

One of James Bezan's top priorities for 2015 was the allocation of Canada 150 Community Infrastructure Program grants to rural communities.

The Selkirk-Interlake-Eastman MP said he believes the focal points for most communities are recreational facilities and community halls.

"The Canada 150 helped support a number of different programs to ensure that communities have places where they can gather, where they can have fun, where they can watch their kids and grandkids and places for us to stay healthy," Bezan said.

In July, Bezan announced that \$592,321 would go toward 15 projects in his riding. Included in these projects were a \$31,825 grant to the Town of Arborg to replace two bridges over the Icelandic River, a \$12,200 grant for Hearthstone Community Group Inc. to install an elevator, and funding of \$23,100 to the Town of Teulon to upgrade the South Interlake Regional Library.

The Canada 150 fund also supported projects by the Argyle Curling Club, the Interlake Branch of the



RECORD FILE PHOTO BY AUSTIN GRABISH
Now as a member of the Official Opposition, Selkirk-Interlake-Eastman MP James Bezan says 2016 will be a transitional year.

Association for Community Living, Ducks Unlimited Canada, Little Britain Community Club, Little Britain Church, Lundar Museum Society Inc., the Town of Arborg, Camp Massad, and the Ukrainian National People's Home Association of Taras Shevchenko.

"Those types of investments are key

to rural communities," Bezan said.

Bezan said he will now have to see what the new government's infrastructure program is like before deciding how to best get future funding for further improvements in the Selkirk-Interlake-Eastman area.

In 2015, Bezan assumed a leading role in leveraging more than \$35 mil-

lion for protecting Lake Winnipeg and Lake Manitoba.

Now a member of the Official Opposition, Bezan said 2016 will be a transition year.

Although Bezan said he spends a lot of time in Ottawa, he said he will stay connected to members of the community in 2016. He said he'll work hard to ensure his riding's constituents are being heard by the new government.

Bezan pointed to casework as the most rewarding work and will continue to advocate for his constituents in 2016.

"We can usually get answers back in fairly expedient manner," Bezan said.

Bezan will also see changes in his new role as Critic for National Defence for the Official Opposition. He dubbed the role "very challenging" but said he is looking forward to it.

Bezan said he is making sure the government has intelligent debates about challenges to the national defence including issues with ISIS and Russia's continued occupation in Ukraine. He wants to ensure Canadian troops are properly equipped and cared for.

> HOSPITAL WILL BE A 'BIG ECONOMIC DRIVER,' FROM PG. 7

"We're hopeful that work will translate in an approval for another significant capital project," Van Denakker said, adding he's confident they will

get provincial money in 2016.

As for the RHA's biggest ongoing project, which is the new Selkirk hospital, everything seems to be trending

upwards.

Van Denakker said the hospital should be completed by spring 2017 and, as of now, the project is on top and on budget.

With the exterior near completion, he said work on the inside has already begun soon.

"Staff will start to come over a lot more to familiarize themselves with the new environment, because it'll be significantly different," he noted, adding the new building will also be a "big economic driver" for the city by creating "a significant number of new jobs."

Looking ahead to 2016, Van Denakker said the RHA has many projects

ready to begin, one of which is tied to the future shutdown of the old hospital.

"We are hoping we'll have the announcement of a new ambulance station here in Selkirk. That's required because the existing ambulance is actually juxtaposed or attached to the hospital," he said. "When that hospital comes down, that EMS station has got to come down too."

The CEO also promised increased collaborative work with First Nations communities and the announcement of more programs to increase health care in smaller, more rural communities.

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Selkirk singer, songwriter releases ‘Memories’

Grace’s new song about growing up

By Austin Grabish

Goody Grace has already written, produced and released three songs this year, and now he’s finishing off the year with yet another.

The Selkirk singer and songwriter recently released *Memories* along with a music video shot in Malibu, Calif.

Grace, 18, has been working in California since early August and says “*Memories*” is a testament of his life story.

“The verses are kind of talking about what growing up was like and then what I’m doing now, cause now I’m in California,” Grace said during a phone interview from Malibu earlier this month. “I talk of really personal things like Mercy Street, which is where (I) went to school, and talk about my mother and friends.”

Grace said he wrote *Memories* during an evening this fall, and within only a week, he was out with a film crew in Los Angeles shooting a music video to go along with the song.

“We just felt really good about it,

and since we’ve put it out, it’s doing really well,” he said.

Grace said the single, which is available for free download online, is meant to be a motivational piece.

“It’s sort of how you can be so low and down in some aspects of life, but just how you can turn it around,” Grace said.

Grace saw his music career take flight earlier this year when he signed a contract with Los Angeles record label Bananabeat Records.

Since signing on with the record label, he’s produced several new pieces of music and opened for Australian singer and actor Cody Simpson in Toronto.

Grace co-wrote the song *Flower* with Simpson, which was premiered by Billboard Magazine.

Grace has also seen a spike to the number of online hits to pieces he’s worked on.

“It’s really starting to pick up traction and I’m just continuing to work on stuff to follow up to *Memories*,” he



RECORD FILE PHOTO COURTESY OF KAYLA BAKER
Selkirk singer and songwriter Goody Grace, 18, has released a new single, which he produced in Malibu, Calif. earlier this year.

said. *Memories* is available for free download on SoundCloud and the music video for the single can be found on YouTube.

East Beaches residents take on walk around the world

By Laura Tutlies

A group of East Beaches residents are taking on the ultimate fitness challenge and are attempted to walk around the world before May 2016.

“At the end of the challenge, on May 27, 2016 there will be a wellness day in the afternoon,” organizer for the East

Beaches Regional Complex Roberta Carriere said. “At that time we will reveal the distance our registered participants have walked.

“The circumference of the earth is 40,075 kilometres.”

The challenge can be taken on by a family challenge or one East Beaches

business comparing progress with another or an individual who is training by foot or bike or pool laps to achieve fitness. That fitness will be measured by kilometres and the goal is to circle the globe. You have to register to have your progress monitored.

The prize is personal fitness for the

participants and for the community, plus the fulfilment of funding for a wellness day for folks in the East Beaches area from Victoria Beach to Patricia Beach. Of course, the ultimate reward of physical fitness, mental well-being and a visual trip around the world have been set as goals to be accomplished.

“Even our snowbirds can participate,” Carriere said. “You don’t need to be in the country, just a member of the East Beaches community to participate. So, even if someone is away for the winter, they can add to our steps and kilometres.”

To participate, contact the Victoria Beach Senior Scene by calling 204-756-6471.

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<p>ARMY, NAVY & AIR FORCE VETERANS IN CANADA</p> <p>Selkirk Unit 151 LADIES AUXILIARY Club Room 482-3941 231 Cladeboye Ave. Selkirk MB R1A 2B2</p> <p>Meetings are 2nd Wednesday of each month (except July & August) at 6:30pm in downstairs clubroom. New members welcome.</p>	<p> Rotary Club of Selkirk John Ashley Martyniw, Sec. 485-0434 www.clubrunner.ca/selkirk</p> <p>Motto: "Service Above Self" Meetings Mondays 6:00pm at Benjamins 387 Eveline St., Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.</p>	<p> Selkirk and District Kiwanis Club Kiwanis is an international volunteer organization with the objective of improving the local community. Meetings are every 2nd and 4th Monday of the month at the United Church on McLean Ave, Selkirk 7:00pm</p> <p>Contact: President Don Tole 204-757-2848 President Elect Carol Manlow 204-510-1776</p>	<p> ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY</p> <p>Office: 482 4319</p> <p>403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm</p>	<p>THE SELKIRK & DISTRICT LIONS</p> <p>Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization, serving Triple "S" communities.</p> <p>The Lions meet on the first & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.</p>
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RECORD PHOTO BY LAURA TUTLIES
These seniors from Grand Marais walk three times a week and with help from their new pedometers they will track their steps as they attempt to walk around the world before May 2016.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Year in Review: The top stories of 2015

By Brian Bowman

With 2015 coming to a close, it's time to take a look back at the outstanding athletic accomplishments from individuals who live in our Tri-S area.

This year's list is a long one. And, no doubt, 2016 will bring many more highlights.

Here's a look back at 2015 in the sporting world.



Kerri Einarson

January:

-Selkirk's Tanner Onagi and Damien Ekosky competed at the Elite 8 National Judo Championships in Montreal.

Ekosky won bronze in the U18 under 66 kg division, winning two matches and losing one.

Ekosky beat Ethan Vander-sanden from Ontario in his first match by submission. He then faced the eventual-gold medallist, Constantin Gabun from Quebec, losing by submission.

In the bronze-medal match, Ekosky defeated Jean-Felix Melancon from Quebec with a counter technique for a full point.

-Kerri Einarson's run at the Manitoba Scotties Tournament of Hearts was a spectacular one.

Gimli's Einarson, who curls out of East St. Paul, reached the finals of the provincial women's curling championship before losing 5-2 to St. Vital's Jennifer Jones on Sunday in Winkler.

Jones led 2-1 after five ends and then Einarson tied it up in the sixth. In the eighth, Jones scored a key pair to go

up 4-2.

The win gave Jones, the reigning Olympic champion, her seventh provincial women's curling title.

February:

-Valley City State University of North Dakota announced that Selkirk's Chad Leskiw was the recipient of the Dan Buehner Baseball Scholarship by the Buehner family for the spring semester.

Buehner was a teammate of Leskiw's on the Valley City baseball team, who died tragically in a rafting accident on the Sheyenne River last spring.

- West St. Paul Curling Club's Reid Carruthers and his team of third Braeden Moskow, second Derek Samagalski and lead Colin Hodgson, defeated Fort Rouge's Mike McEwen 5-3 in the final of the Safeway Manitoba men's curling championship in Brandon.

- The Selkirk Royals' Kier Fey was one of five recipients of the Dr. Dale Iwanoczko Memorial Volleyball Scholarship for the 2014-2015 season.

Fey helped lead her Royals to the "AAAA" Boston Pizza Provincial Championship. She received accolades at many invitational tournaments and her club team captured the national championship.

- University of Manitoba Bisons women's hockey players Michelle Pawluk of Petersfield and Rachel Dyck of Winnipeg Beach were named as 2014-15 Canada West Women's Hock-



Michelle Pawluk



Rachel Dyck

ey Second Team All-Stars.

Pawluk had her best statistical season as she was second in conference defencemen scoring with 17 points (four goals and 13 assists) while playing in all 28 regular-season games.

March:

- Team Manitoba finished the Canada Winter Games in Prince George, B.C. with a bronze medal in boys' hockey.

Manitoba, which was coached by Selkirk Steelers' bench boss Wayne Bartley, won the bronze after defeating Quebec 5-3.

Manitoba's roster included Logan Christensen and Leif Mattson, both formerly of the Interlake, and Hodgson's Wyatt Bear. East St. Paul's Cayden Kraus was also on Manitoba's roster.

- The Selkirk Stingers skated rings around the competition on their way to claiming a 2014-2015 Winnipeg Ringette League U12A championship.

Selkirk won the gold medal after defeating Southdale 6-4 at Gateway Arena in Winnipeg on March 7.

- The Selkirk Royals' varsity girls' basketball team's season was ended by the best team that the province has to offer.

The Sisler Spartans continued their dominance with a 91-31 victory Saturday over the Royals in the MHSAA Milk Provincial "AAAA" Basketball Championships in Winnipeg.

- Lockport's Julie Sowany and Clandeboye's Alexa Scott

proved to be fast learners in the sport of speed skating.

Both Interlake Speed Skating Club skaters did extremely well at the 2015 Canada West Short Track Championships last weekend at the Selkirk Recreation Complex.

Scott, a Clandeboye product, won silver medals in the 200-metre and 3,000m events and bronze in the 3,000m relay.

April:

- A trio of local hockey players led the Lord Selkirk/Seven Oaks Rebels to the finals of the Bantam "AA" championship recently.

Selkirk's Travis Spratt and Austin DeBoer and Drake Ballantyne, both from East Selkirk, were part of the Rebels outstanding season, which saw the team push the St. Vital Victorias to a Game 5 in their best-of-five final.

St. Vital won that series-deciding game 3-1.

- Hollywood could not have written a better script for the Selkirk Fishermen.

Trailing the Juniors 3-2 in their best-of-seven Keystone Junior Hockey League final series, Selkirk won 4-2 in Peguis on April 8 and then clinched the title with a 9-0 blowout win last Friday in Selkirk. That game was marred by a brawl that made headlines across Canada.

- The Selkirk Royals' varsity girls' basketball team had two players - Selina Hays and Taylor Goodbrandson - rep-

resent the team at Basketball Manitoba's Graduating All-Star Game this Saturday at St. Paul's High School.



Courtney Sorokopud-Jones

- Courtney Sorokopud-Jones may have been a rookie in the Winnipeg Women's High School Hockey League this past season, but she played more like a skilled veteran.

The talented winger was named the Winnipeg Free Press Division's top rookie at the WWHSHL's annual awards gala April 15.

May:

- After taking two years off from competition, Emily Blackner certainly made up for lost time.

In fact, her competitors probably wish that she had taken more time off.

The 17-year-old gymnastic sensation from St. Andrews was outstanding at the Western Canadian Championships earlier this month - winning the National Open



Selkirk Fishermen

Continued on page 14

> YEAR IN REVIEW, FROM PG. 13



Royals' varsity girls' squad

- in Okotoks, Alta.

Blackner won a gold medal in All Around and a bronze in the Uneven Bars.

June:

- Colten Boudreau committed to play for the Salem International University Tigers, an NCAA Division II team for the upcoming season. He played the past two seasons for the Rainy River Voyageurs, located in International Falls, Mn.

- The Selkirk Royals' track and field team was special in so many ways this past season. Selkirk capped off a tremendous season with a multitude of outstanding performances at the MHSAA provincials at the University of Manitoba.

And, along the way, the Royals' varsity girls' squad won the aggregate team banner.

-It was the Cienna Palmer show at the junior high provincials. The Lockport School student-athlete was terrific, winning both the 800-metre and 1200m races. She also had enough gas left in the tank to run the 800m leg of the Grade 8 medley girls' relay team for another first-place finish. Her teammates on that relay team were Livi Weremy, Bella Benson, and Shannon Campbell.

-Competing at the Glencoe Invitational in Calgary earlier this month, Selkirk's Travis Fredborg had a chance to play against the best, young golfers in Canada.

And after finishing in a three-way tie for third at the elite amateur tournament, it's fair to say Fredborg is certainly one of the best in Canada.

Fredborg fired rounds of 74, 72 and 75 to finish at five-over 221.

- Veronica Jackson has had many great experiences as a player so far in her young soc-

cer career.

But she had a once-in-a-lifetime experience back in June.

Jackson, a St. Andrews resident, was a flag bearer this past Monday for FIFA World Cup games between China and New Zealand and Thailand and Germany. The next day, she was a flag bearer for the Japan versus Ecuador matchup.



Damien Ekosky

July:

-Selkirk Judo Club member Damien Ekosky continued his tournament success this season with a bronze-medal performance at the 2015 USJA/USJF Junior National Championships in Indianapolis, Ind. on July 11-12.

Ekosky, 16, a brown belt, competed in the U19 under-66kg division, finishing with a 3-2 record.

August:

- The Manitoba Blizzard, whose roster includes Selkirk's Tanner Singleton and East St. Paul's Austin From and Ryden Marsh, recently captured the Rocky Mountain Lacrosse League North Division title - defeating the Red Deer Rampage - and then earned silver medals in the Rocky Mountain Championships in St. Albert, Alta.

- St. Andrews' Veronica Jackson and East St. Paul's Maya Rarog led Team Manitoba to a

silver medal in female soccer at the Western Canada Summer Games in Wood Buffalo, Alta.

Manitoba received the silver after losing 3-1 to B.C. in the gold-medal match.

Also winning silver was Manitoba's boys' basketball team, which featured West St. Paul's John Aaron and East St. Paul's Alexander Stefanko.

Manitoba lost 66-60 to B.C. in the gold-medal match.

Manitoba's boys' soccer team - which included Narol's Tomas Chaloupka and Marques Scott and East St. Paul's Alexander Snezyk - won a bronze after crushing Saskatchewan 5-1 in the bronze-medal game.

In wrestling, St. Andrews' Jayden Ramgotra placed fourth in the 61 kg female division while Tyler Minsky of East St. Paul was fourth in 74 kg female.

- Stephanie Lowrie won three gold medals, one each in the C4 1,000-metre, C4 500m and C4 200m events (which is the four-person canoe), at the WCSG.

- The Tri-S area was well represented on Team Manitoba at the 2015 15U and 17U National Boys' Basketball Championships in Halifax.

Selkirk's Mason Foreman played extremely well for the 17U squad - averaging just under 17 points per game - while Lockport's Zeke Plishke played on Manitoba's 15U squad.

September:

- Chad Posthumus found a new home with the London Lightning of the National Basketball League of Canada.

The Lightning announced that they have signed the East St. Paul product to their roster for the 2015-16 season.

The former River East Kodiak star has also played for Morehead State University and has experience playing professionally in Japan, Argentina, and with the Chicago Bulls as part of their NBA Summer League program.

October:

- Selkirk's Al Hares was inducted into the Manitoba Hockey Hall of Fame as a builder.

Hares coached in Selkirk for over 33 years, including guiding the Selkirk Steelers to three Turnbull Cups and one Anavet Cup. He also coached

the Selkirk Fishermen to seven league titles.

- Golf Manitoba's Selection Committee announced four finalists - including Matlock's Garth Collings - for the Male Golfer of the Year Award.

Collings won his second Manitoba Senior Championship this past summer. He was also a member of the provincial senior team that competed at nationals and finished tied for fourth at the Nott Autocorp Men's Amateur. He also tied for third at the Provincial Mid-Amateur Championship.

The Selkirk Royals had a pair of teams inducted into the Manitoba Basketball Hall of Fame at the Victoria Inn in Winnipeg.

Selkirk's varsity girls provincial championship teams of 1975, 1976 and 1978 received the call to the hall while the Royals' varsity boys' teams that captured provincial titles in 1977, 1978, 1979 and 1981 also were deservedly inducted.

November:

-Garson's Brittney Langlais was named as a co-winner of Baseball Manitoba's Female Player of the Year award.

Langlais, a talented right-hander, played last season for the North Winnipeg Pirates Bantam team. She was also a member of Team Manitoba's Bantam girls' squad.

Langlais shared the award with Winnipeg's Katie Hepner.

- Taylor Arnt was simply outstanding - finishing first in the Youth Women 3 km event with an impressive time of 12:02 - at the Chris McCubbins Age Group Cross Country Championship, which was a club track meet held at Kilcona Park, on Oct. 31.

Arnt edged out Stonewall's Amber Schneider by a single

second.

- For the second time in three seasons, the Selkirk Royals were crowned the MHSAA "AAAA" junior varsity boys' volleyball champions.

Selkirk showed they fully deserved the No. 1 ranking in the province after a thrilling 3-2 victory over the Steinbach Sabres at the Investors Group Athletic Centre on the University of Manitoba campus.

The Royals won the match by scores of 25-27, 25-17, 25-21, 20-25, and 15-11.

- The defending-provincial champion Selkirk Royals varsity girls' volleyball team also had a great season but lost 3-0 to St. Mary's in the "AAAA" provincial final by scores of 25-16, 25-12, and 25-13.

December:



Lindsey Hopkins

- Lindsey Hopkins had a rare opportunity to perform on an elite stage at the 2016 Skate Canada Challenge in Edmonton earlier this month. The talented Selkirk Skating Club member was very good in her long program, finishing with a score of 38. In total, she finished with 60 points in the novice women's division.

- Amy Clarkson was one of five Manitobans selected to represent Canada at the World Ringette Championships in Helsinki, Finland from Dec. 27 to Jan. 4.



Selkirk Royals MHSAA 'AAAA' Junior Varsity Boys

Royals knock off Gophers to end 2015

By Brian Bowman

The Selkirk Royals wrapped up play in 2015 with a 5-4 win over the Garden City Fighting Gophers in Winnipeg High School Hockey League action on Dec. 18.

Phil Crupi scored the eventual game-winning goal with just 3:28 left in the third period to put Selkirk up 5-3.

Auzzie Loewen led Selkirk in scoring with a goal and an assist. He now leads all Platinum Promotions Division players with 14 goals and 31 points through 17 games.

Cole Johnstone, Wes Hoydalo and Travis Spratt also scored for Selkirk.

Gordie Longbottom had two assists.

Blaze Bezecki had two goals and two assists for Garden City while Noah Skorpad potted a goal and two assists. Justin Johnson scored Garden City's other goal.

Austin DeBoer earned the win in goal.

With the victory, Selkirk now has 11 wins in 17 games to place them in third with 37 points. The Royals are behind only St. Paul's (45 points) and Oak Park (39) in the division standings.

Selkirk will host St. Paul's next Thursday in East Selkirk. Game time is 3:45 p.m.



RECORD PHOTOS BY LANA MEIER

The Royals' Cole Johnstone scored during his team's 5-4 win over the Garden City Fighting Gophers.

Steeves leads Fishermen to win

By Brian Bowman

On any given night, a different player seems to step up for the Selkirk Fishermen and lead them to a victory this season.

On Dec. 20, it was Griffin Steeves.

Steeves scored a pair of second-period goals to lead Selkirk to a solid 3-2 home victory over the Cross Lake Islanders at the Selkirk Rec Complex.

His second goal of the game came on the power play midway in the second to give Selkirk a 3-1 lead. Steeves now has six goals and 19 points in 21 games to sit fourth in team scoring.

Cross Lake's Arnel Evans closed the gap to within a goal with 8:47 remain-

ing in the middle frame.

Tie Braun gave the visitors a 1-0 first-period lead but Corbin Pasternak tied the score at 1-1 with just 25 seconds left in the opening period.

Jordan Liske made 25 saves for the win. He now has a 9-4-1 record, a 2.50 goals-against average, and a .917 save percentage.

With the victory, Selkirk improved its record to 16-4-0-2 and the Fishermen's 34 points is tops in the KJHL heading into the holiday break.

The Fishermen won't resume game action until Jan. 10 when they host the Lunder Falcons at the Selkirk Rec Complex. Game time is 2:30 p.m.

Steelers earn early Christmas gift

By Brian Bowman

The Selkirk Steelers had a reason to celebrate Christmas a little early this year.

Selkirk defeated the OCN Blizzard 5-3 in Manitoba Junior Hockey League play at the Selkirk Rec Complex on Dec. 20.

Taylor Fisher led Selkirk with a pair of goals while Dallas Starodub and Riley Derlago each had a goal and two assists.

Selkirk's Cole McCarten opened the game's scoring just 2:10 into the contest.

Mitchell Friesen (two) and Logan Harland replied for OCN. Brett Friesen earned the win in goal, making 31 saves.

On Dec. 20, the Steelers were pumped 7-2 by the Pistons in Steinbach.

Tied at 2-2 in the third period, Steinbach broke the game wide open with five goals in a 13:54 span.

Mark Wilson and Jake Dudar led Selkirk with a goal and an assist apiece.

Cole Smith, Tyler Penner, Hayden

Goderis, Mackenzie Graham, Jordan Bochinski, Mattieu Gomercic, and Julien Koga scored for Steinbach.

The Steelers started the weekend with a 6-4 home loss to the Pistons on Dec. 19.

Steinbach trailed 4-3 midway in the second period but scored twice in that period and then Penner added an empty-net goal with 12 seconds left in regulation time to secure the win.

The first period was a wild one as the score was 3-3 despite each team having only 10 shots on goal.

Starodub had two of those goals while Fisher also tallied. Nathan Halvorsen then added a second-period goal for Selkirk.

Darby Gula, Smith, Scott Petkau, Daniel Tailefer, and Tyson McConnell also scored for Steinbach.

The Steelers (14-18-2) played the Winnipeg Blues last night but no score was available at press time. The same two teams will hook up again today at 4:30 p.m. at the Selkirk Rec Complex.

Next Home Game



Lunder Falcons vs

**Sunday, January 10th
2:30 pm**

at the Selkirk Rec Centre



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**#17 Jeremy Pachkowsky
Forward**



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get inspired

> MEAL IDEAS

Cold shrimp rolls



Ingredients

Quarter of a 400 g package fine brown rice vermicelli noodles
1 carrot, shredded
250 mL (1 cup) shiitake mushrooms caps, thinly sliced

50 mL (1/4 cup) chopped fresh coriander
25 mL (2 tbsp) chopped fresh mint
25 mL (2 tbsp) sodium reduced soy sauce
20 large cooked shrimp, tail removed (about 250 g/8 oz)
10 rice paper wrappers (22 cm/8 3/4 inch diameter)
Peanut dipping sauce:
45 mL (3 tbsp) hoisin sauce
20 mL (4 tsp) smooth peanut butter
45 mL (3 tbsp) rice vinegar
30 mL (2 tbsp) warm water
Directions
Peanut dipping sauce: In bowl, stir

together hoisin sauce and peanut butter. Slowly whisk in rice vinegar and enough of the warm water until smooth and combined.

Place noodles in large bowl and pour boiling water over top. Let stand for 10 minutes. Drain and rinse under cold water. Combine with carrot, mushrooms, coriander, mint and soy sauce. Stir in 30 mL (2 tbsp) of the dipping sauce.

Fill shallow bowl or dish with warm water. Submerge 1 rice paper wrapper at a time for about 30 seconds or until softened. Place on damp clean tea towel and put 1/10th of the noodle mixture in centre. Top with two shrimps and fold ends in and roll up jelly-roll style. Repeat with remaining ingredients. Cover rolls with damp paper towels and plastic wrap. Refrigerate for up to 2 hours. Cut each roll in half on the diagonal to serve.

Serve remaining sauce with rolls.



Holiday Breakfast Casserole

Ingredients

2 packages (12 ounces each) Breakfast Sausage Links
6 English muffins cut into 1-inch cubes
1/4 cup butter, melted
1 cup (4 ounces) shredded cheddar cheese
1 cup (4 ounces) shredded mozzarella cheese
1/2 cup onion, chopped

1/2 cup red pepper, chopped
12 eggs
2 cups milk
1/4 teaspoon salt
1/4 teaspoon pepper
1/4 cup bacon bits
Preparation
Cook sausage according to package directions. Cool slightly; cut into 1/4-inch slices.
In a greased 13 x 9-inch baking dish, layer half the English muffin cubes and half the cooked sausage. Repeat layers. Drizzle with butter and top with the cheese, onion and red pepper.
In a large bowl, combine eggs, milk,

salt and pepper. Pour over casserole. Sprinkle with bacon. Cover and refrigerate overnight.

Remove from the refrigerator 30 minutes before baking. Uncover and bake at 350°F for 45 to 50 minutes, or until a knife inserted into the center comes out clean. Let stand 5 minutes.
Serves Yield 12 servings

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ANNOUNCEMENTS

IN MEMORIAM

Philip Stolar
December 1, 1921 – January 6, 2014
There's a bridge of golden memories,
From here to heaven above;
They keep him very close to us,
It's called the bridge of love.
His memory is our keepsake,
With which we'll never part;
God has him in His keeping,
We have him in our hearts.

-Remembered always with love,
your family

ANNOUNCEMENTS

CARD OF THANKS

A sincere thank-you to Pastor Elliot for his words of comfort at the loss of our dad, Stanley Loutit. We are grateful to the Loutits for their musical tribute; Brad for piping Amazing Grace; Aunties for their kindness and shared memories; Dakota for her poem; Andy, Kevin and John for being pallbearers. Thank-you to family and friends for the cards, food donations, lunch preparation, serving and cleanup at the reception.

-With love,
Kristal, Magnus and Glenn

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication.
Call 785-1618

ANNOUNCEMENTS

IN MEMORIAM



King, Joe
In Loving Memory for
My dear husband Joe, father and grampa
Who passed away January 4, 2009
We are sending a dove to heaven,
With a parcel on its wings;
Be careful when you open it,
It's full of beautiful things.
Inside are a million kisses,
Wrapped up in a million hugs;
To say how much we miss you,
And to send you all of our love.
We hold you close within our hearts,
And there you will always remain;
To walk with us throughout our lives,
Until we meet again.

-Love and always missed by wife, Elsie,
son, Richard, and granddaughter Holly

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