



# The Selkirk Record

THURSDAY, JANUARY 13, 2022

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Freeze the day

RECORD PHOTO BY BRETT MITCHELL

Snowmobilers took advantage of the winter weather by going on a ride at Birds Hill Park this past weekend. To check out some snowmobile safety tips see the story on page 5.

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1<sup>ST</sup>

ANNIVERSARY

We are celebrating our 1st anniversary with some amazing specials and great prizes to be won. Please come visit Lenny Jr, Mary, Shawn and staff to help us celebrate.

Enter to Win **FREE** groceries  
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LIMIT 3 PER CUSTOMER

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# Harry's Fine Foods celebrates anniversary of new ownership

## Local grocery store owners reflect on their first year in business

By Katelyn Boulanger

It's been a year since the Baranyk family took over the running of Harry's Fine Foods from previous owner Stan Halbesma. Along with customer's best-loved brands and their loyal employees, the strong sense of community-mindedness has carried on.

Shawn Vermette Harry's Fine Foods Store Manager says that the transition went well.

"There's always some ups and downs in [any transition] but the Baranyk family are top-notch. They really are. They're easy to work with and they're very family-oriented also so that has helped a lot," said Vermette.

Halbesma approached the Baranyk family, who also own Pratts Wholesale, which did business with the grocery store, about the possibility of them buying the business when he wanted to retire. With both businesses being run by community-oriented owners, their shared value systems aligned to make the change a good fit.

"We have faced some challenges, obviously, through COVID, but it's gone

really well. We're happy that we're in the community," said Mary Baranyk, one of Harry's Fine Food's owners.

Vermette is proud of the store's employees and feels lucky to have a community that understands that the priority is keeping customers and employees safe.

"Customers are very good with what's been going on and very understanding with everything, the masks, the washing of hands, and stuff like that. My employees, they flex and pivot every day," he said.

On that same note, Vermette believes that the business's biggest success this year has been establishing confidence in customers's ability to come to the store and feel safe.

"We take this very seriously and that when [customers] come here, knowing that they're safe here," said Vermette.

One of the smaller changes that residents might notice are members of the Baranyk family who have joined the store's existing employees.. Baranyk feels that this helps to create



RECORD PHOTO BY BRETT MITCHELL

(Left to right) Lenny Baranyk, Lenny Jr. Baranyk, Mary Baranyk and store manager Shawn Vermette outside of Harry's Fine Foods. Not pictured Jeff, Jason, and Nick Baranyk.

a combined work ethic and relationships strong.

Some bigger changes have come to the store as well with an expanded product selection, newly painted exterior, new signs, a new front sidewalk, new prep kitchen, upgraded refrigerator system and a new computer

system all being done in the last year. Some things that haven't changed are their involvement in the community with donations going to local schools, the community club, and other non-profits. This of course includes their work with the St. Andrews Fire

Continued on page 6

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• **RURAL DISCOUNTS WITHIN REACH!**

Josh Isfjord never ceases to amaze as an outstanding performer in his profession! This year he didn't just set records at Selkirk GM, he was also awarded 2020 Top Sales in the province by the (MMDA) Manitoba Motor Dealers Association. This young man has achieved more in his short career than most do in a lifetime but he is far from done yet! He has recently made Selkirk his home buying his first house here and will be firmly planting roots. Not that Josh was a stranger to Selkirk as he graduated here and was raised in the Petersfield area.

As we reflect on 2021 in the vehicle industry, it has certainly been challenging. We have faced unprecedented inventory shortages and a worldwide pandemic creating havoc everywhere we have turned. Facing it all head on, Josh created a comfortable situation for all his clients and ensured their experience at Selkirk GM was the best it possibly could be! Facing those obstacles, he achieved Gold level in the Sales Marketing Guild, GM's highest honour for the fifth year in a row!

"Josh, your exemplary work ethic and customer care attitude show every day! It is an honour to have you on our team." *Dianne Little, General Sales Manager*  
Josh is looking forward to helping all his repeat and referral customers, as well as all of his future clients!

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# CancerCare Manitoba goes digital with resources

By Katelyn Boulanger

CancerCare Manitoba has been hosting online webinars for people throughout the province who are navigating their cancer journey. This month they will be starting their Body Image and Cancer webinar on Jan. 27.

"CancerCare Manitoba offers information and support sessions to patients and families with the generous funding support of the CancerCare Manitoba Foundation. During the pandemic, we decided to explore the technology that was available to stay connected and decided to offer the sessions online as of Oct. 2020," said Kathleen Helgason Coordinator of the Patient and Family Resource Centre for CancerCare Manitoba.

The webinars have helped offer support and information to patients and families affected by cancer during these times of social distancing and isolation.

Because the treatments for some cancers can reduce people's immunity, it's even more critical for these patients to safely get the resources they need.

Some of the webinars that have happened so far have covered topics like anxiety, exercise, nutrition, complementary therapies, fear of cancer recurrence, the importance of sleep, and spirituality.

This month's presentation about body image and cancer will be presented by Dr. Anne Katz, a clinical nurse specialist, and sexuality counsellor at CancerCare. She is the author of over ten books and has her own podcast called Sexually Speaking.

Body image can be an issue for those with cancer

psychologically and physically. Patients getting a cancer diagnosis may have to work through how the perceptions they had about their body have changed, but also physically, as having cancer and treating it can change the way people's bodies look and work.

Even though these sessions are digital CancerCare has tried to make the experience personal and interactive.

"We decided to use Zoom for Healthcare which allowed us to create interactive polls and to engage the attendees in more dialogue with the presenter. Although patients can't see each other, they can ask questions and make comments, and can do so anonymously if they prefer," said Helgason.

Even if this particular webinar is not the right fit for your journey, getting in touch with CancerCare Manitoba can help connect cancer patients with resources and give them a community that understands what they are going through.

"It helps to connect with others who understand what you're going through, and who may be able to offer support. Creating community has been difficult during the pandemic. Cancer can be isolating as it is, and the pandemic has increased this challenge. These webinars [are one of the ways we] offer an opportunity to connect and hear from others," said Helgason.

If you would like to register for the webinar contact Helgason at 204-787-2970 or toll-free at 1-977-561-1026.

"I can help you set up Zoom over the phone and



**RECORD PHOTO BY KATELYN BOULANGER**  
This CancerCare Manitoba webinar is offered over Zoom.

even do a trial run in advance of the webinar. Once you've tried it, you'll enjoy how easily you can connect from the comfort of your own home without worrying about driving and parking," she said.

To learn more about the webinar and other opportunities through CancerCare Manitoba visit their website at [www.cancercare.mb.ca](http://www.cancercare.mb.ca). To learn more about Dr. Anne Katz, her books or her podcast visit her website at [www.drannekatz.com](http://www.drannekatz.com).



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# Snowmobilers should take precautions before hitting trails

Taking a few steps ahead of time could make your ride a whole lot more fun

By Katelyn Boulanger

It doesn't matter if it's forty below in the Interlake; residents will find a way to enjoy the natural beauty of our region. Of course, one of the best ways to get out of the house this time of year is to take a ride on a snowmobile; however, if you're going to get out on the trails, you're going to want to do it as safely as possible.

"The first thing is to be prepared. Have a plan, know where you're going, ensure that your sled is in good running order, bring a spare belt, spare spark plugs, things like that," said an executive member of Snoman and Interlake resident Joe Thievin.

Snoman or Snowmobilers of Manitoba help member clubs in our province develop and maintain safe and environmentally responsible snowmobile trails so that more people can enjoy snowmobiling.

Thievin also recommends that snowmobilers make sure to go out with a full tank of gas, good oil and that your sled doesn't need repairs before leaving your home.

"Just make sure that before you go that your sled is in good running order. I think the next thing to do is plan your trip. In planning your trip, you can go to the Snoman website or you can download the Snoman app. It has all the trail maps. It works within cell serviced and outside of cell serviced [areas] and it gives you fuel stops, places to have lunch, and it tells you the distances of each trail segment so you can plan your trip. You know if your snowmobile has a range of 110 miles or whatever it is, then you can plan your trip and manage your trip with the fuel stops and the eating stops and the warm-up shelters and all those things that will lead to a positive experience," he said.

If you are going to use a map or app on your phone, you should know that you will have to keep the device in a pocket close to your body, as cold temperatures can drain your phone's battery more quickly. This is one rea-

son that having a backup paper map is helpful.

Another of Thievin's tips is that the designated trail system is the safest place to ride your snowmobile.

"The trail surface is safe, and it has signs so all of the hazards adjacent to the trail are identified. The directional signs are on there so be cognizant of your surroundings and where you're at and where you're going. The designate trail system provides that level of safety and reassurance that where you left from and where you're going to is going to be your destination," he said.

Norah Thibodeau, Secretary/Treasurer of the Northern Lites Snowmobile Club said if you are unfamiliar with the area you should stick to areas that the local club clearly marks.

Our local clubs make sure that considerations are taken to ensure safe driving on marshy and swampy areas and waterways that are present in the Interlake. Once the club has opened the trail, riders can be assured that the ice is thick enough over the water and that trails are filled in enough with snow that they will have a smooth path to ride on.

As a snowmobiler who goes out most weekends, Thievin also recommends that you consider what you are wearing when you go out.

"You need to dress for the conditions. Look at the weather reports. See what the weather is doing and, of course, never ride alone. Take a friend along. If you break down, it's a pretty lonely place when you're by yourself and it's very cold out," he said.

You should also not use anything that impairs your ability to drive the machine, including prescription medication, drugs including marijuana, alcohol or lack of sleep.

"Inherently snowmobiling is safe. When you add in something that impairs your ability to operate the machine, it can quickly turn into something that is more undesirable than not," he said.



RECORD PHOTO BY BRETT MITCHELL

Snowmobilers taking to the trails last weekend.

Thievin recommends that anyone interested in learning to snowmobile or getting out on a trail contact one of their local snowmobile clubs or find a friend who snowmobiles and spend a day out on the trails to see if it's a good fit for them.

"We have, we have in excess of 30,000 licensed snowmobiles in the province of Manitoba. That gives you a sense of how many snowmobilers are out

there. The trail comes by my place, and this morning, there was a half a dozen snowmobiles that went by my house. That's how popular snowmobiling is. People just absolutely love it once they get there in the fresh air," he said.


More information about snowmobiling, trail passes, and safety courses can be found at [snoman.mb.ca](http://snoman.mb.ca).

## Correction

By Staff

In an article in the Jan. 6 edition of the *Selkirk Record* it was stated that the RM of St. Andrews council appoints the airport board. This is incorrect and should have read that the council appoints up to three

councillors, traditionally two, to the airport board. In addition, the agreement between St. Andrews Airport Inc. and the race track company was referred to as a lease when the airport board in fact issued a license agreement.




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# Eat Along the Red winners presented with plaques



RECORD PHOTOS BY BRETT MITCHELL

Winners of last fall's Eat Along the Red local restaurant promotion were presented with plaques recognizing their imaginative creations. Vinnies Hot Foods won Judges Choice with their "Batata Vada Burger", Roxi's Uptown Café won Most Creative for their "Hunter Burger" and Gaffer's Restaurant was chosen as Fan Favorite for their "Big Daddy Burger". The awards were presented by local Selkirk Biz volunteer Parker Pelletier of Biz Bucks videos fame. The promotion ran for two weeks and was considered a huge success as the community flocked to the seven participating restaurants. Other participating eateries included Snak Shak, the Riverboat, Selkirk Golf & Country Club and The Mighty Kiwi.

## > HARRY'S FINE FOODS, FROM PG. 3

Department collecting to support the Christmas Hamper drive last month.

Some future plans that the Baranyk's have for the business are updating their website, getting a new ATM, creating a loyalty program and updating their online ordering system for delivery and curbside pick-up. They also are looking at a possible future expansion of the business to offer more services to the community.

"I'm most excited about expanding if we can. Offering more ser-

vices in the community. It's an area where I think things are missing and if we can fulfil those things that we're searching for. I think it'd be a great success," said Baranyk.

Harry's Fine Foods wants to thank the residents that continue to support their and other local community businesses.

"Our focus is still the community and will always be the community, the community is what built this store and what will continue to make this store thrive in the future," said Vermette.

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# Instant Wine Cellar winners announced

Submitted by Red River North Tourism

The winning tickets for the Instant Wine Cellar were drawn on December 29th. The raffle was presented by Red River North Tourism in conjunction with Holiday Alley and intended to both raise funds and draw public attention to efforts to refurbish Old St. Jude's in Grand Marais.

The Instant Wine Cellar collected 154 bottles of wine with an approximate value of \$2600, shared between three lucky winners. Tickets sales and donations earned just over \$4000 for St. Jude's and other Red River North Tourism initiatives. "Since all the wine was donated with the purchase of tickets, 100% of the funds received will be applied to future programs," said Lois Wales, Red River North Tourism President.

Mayor Debbie Fiebelkorn and

Councillor Sandra Strang drew the winning tickets at the civic offices. The winning ticket was purchased at the Grand Marais Village Store by Penny Patzer who took home over 70 bottles of wine. Second prize was claimed by Councillor Dave Horbas of St. Clements. Third prize winner Carol Dan-wich of Traverse Bay looked forward to celebrating the new year with some of her wines.

"Key to our success was the enthusiasm of our many ticket sellers," said Wales.

"In particular," she continued, "the willingness of the four locations in the Beaches of 59 area to sell tickets made a huge difference. WishMe and The Rectory Gift Shop were also very generous supporters, collecting wine and tickets which ensured the success of this fundraiser."

Old St. Jude's is likely the oldest Métis log church in Canada, built of black poplar logs, with a cedar shake roof and fieldstone foundation. Friends of Old St. Jude's are the current stewards of the structure and restoration

efforts of the designated heritage site will continue in 2022.

For further information about Red River North Tourism go to [www.re-drivernorthtourism.com](http://www.re-drivernorthtourism.com) and follow RRNT on Instagram and Facebook.



RECORD PHOTO SUBMITTED

Councillor Sandra Strang (left) and Mayor Debbie Fiebelkorn drew the 2021 Instant Wine Cellar winners.

## letter to the editor

Letters to the Editor: [letters@selkirkrecord.ca](mailto:letters@selkirkrecord.ca)

I would like to thank reporter Patricia Barrett for her well written article on the removal of the mayor and reeves duties and the loss of our democracy.

Fact: Mayors Gordon Peters and council and Lynn Greenberg and council are absolutely correct that this can happen to any mayor and reeve in Manitoba and that we all should be concerned about the usurping of our democracy. It can happen to anyone one male or female. The fact that elected women are being targeted is more than shameful.

Fact: The AMM should be embarrassed that their board of directors have shown no leadership by sitting back and not lobbying the Provincial government to correct the Municipal Act to stop this uprising. Their home page states that they are described as "closest to the people." Their mission is to address and needs and concerns of members to achieve strong and effective municipal government. Wow kind of failed that benchmark here.

Fact: The Provincial government has allowed our democracy to be overthrown. Maybe the removal of School Boards was part 1 of their master plan and Municipal governments are next on the hit list.

Fact: In a ward system you vote only on a councillor but all ratepayer get to vote on who their Mayor/Reeve is. That is democracy and needs to be respected. Democracy in Municipal elections is every four years. Don't

like the job they have done vote them out then. There is no place for petty politics and old boys clubs.

Fact: Jan. 1, 1887 Manitoba Women female property owners won the right to vote in Municipal elections. Twenty-nine years before women could vote in a Provincial election

Fact : Jan. 1, 1890 Manitoba Women female property owners won the right to vote in School Board elections and run for trustee 26 years before women could vote in and hold office in Provincial elections

Municipal elections are in 2022. Are we as women and as enlightened men going to allow this travesty to continue to prevail. Are we going to sit back as shy violets and not support what our pioneer women fought for 135 years ago. No rights were given to any of us. They were fought for. Get involved. Run for office. Restore democracy, Ask your candidates where they stand. Are they going to remove these draconian bylaws and restore what has been taken away or can be taken away by back room deals and slaps on the backs.

Is this the legacy that we are prepared to leave our children, and grandchildren that we sat on the sidelines and rung our hands and did nothing.

Time to take our rightful place at the table. A table that is inclusive to women and men who support true democracy.

- Lois Wales

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# get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

## COVID-19 hospitalizations up 51 per cent over past week

### Unvaccinated 14 times more likely to die with COVID-19 according to province

By Ashleigh Viveiros

31,618 active cases of COVID-19 on Monday, but the actual number of infected people could be many times higher.

Dr. Jazz Atwal, the province's deputy chief public health officer, acknowledged last Wednesday that the spike in cases due to the more contagious omicron variant of the virus had overwhelmed testing capacity. The backlog then totalled 6,800 swabs, though the province after the weekend said they had since completed all the tests awaiting processing.

Changes made to the testing protocols last week means many cases of the virus are no longer being reported.

Manitoba has shifted most symptomatic people from receiving PCR tests to self-administered rapid antigen tests, the results of which are not included in the daily case counts.

Healthy individuals under 40 showing mild symptoms are also advised to assume they have the virus and to stay home and isolate to avoid spreading it, Atwal says.

With daily case counts not serving as an accurate reflection of just how many people are actually sick with the virus, the most important number to focus on moving forward is hospitalizations, including the number of our province's limited intensive care beds being filled with COVID-19 patients.

On Monday, 378 Manitobans were in hospital with COVID-19, 39 in intensive care. Manitoba saw a 51.1 per cent increase in hospitalizations over the previous week.

Another 19 people lost their battle with the virus Saturday through Mon-

day, bringing the number of COVID-19 deaths in the province to 1,427.

Another statistic of interest is the number of unvaccinated people versus vaccinated people requiring intensive care in hospital for the virus.

Vaccinated individuals can still contract COVID-19, but for most the symptoms are relatively mild, as the vaccine has already instructed one's immune system on how to battle the virus.

There are far fewer unvaccinated people in Manitoba than vaccinated (just 15.4 per cent of Manitobans age five and up had not received a single dose of vaccine at press time) but yet the unvaccinated make up 73 per cent of the ICU patients with COVID-19 and account for 63 per cent of deaths due to the virus.

That's why public health officials continue to urge people who have not yet been vaccinated to reconsider that decision.

"So far, Manitoba is seeing that people who are not fully vaccinated remain more than 20 times more likely to end up in the ICU compared to someone who is vaccinated," said Dr. Joss Reimer, medical lead of Manitoba's vaccination task force. On Monday, that stat had increased to 26 times more likely. Unvaccinated individuals are also twice as likely to test positive for the virus, seven times more likely to be hospitalized, and 14 times more likely to die with COVID-19, accord-

ing to the province's online dashboard.

Considering the contagiousness of the omicron variant, fully vaccinated Manitobans still need to remain vigilant against spreading the virus and protecting themselves.

To that end, Reimer strongly encourages Manitobans who haven't yet gotten their third shots to do so as soon as possible to further boost their immune system response.

"The booster works, most importantly, to prevent severe outcomes," she said, noting studies have shown a third shot boosts one's protection by over 50 per cent compared to two doses. "So if you are over the age of

50 or you have health conditions that put you at risk of severe outcomes, please get your third dose as soon as possible."

While there are challenging times ahead, the fact the vast majority of Manitobans have rolled up their sleeves means the province is in much better shape when it comes to COVID-19 hospitalizations than it would have been otherwise, Reimer

**"THERE IS STILL A VERY GOOD NEWS STORY TO TELL ABOUT THE EFFECTIVENESS OF THE VACCINE IN SAVING LIVES,"**

noted.

"There is still a very good news story to tell about the effectiveness of the vaccine in saving lives," she stressed. "It is still protecting our communities from further restrictions and, more importantly, from loss."

"It is still giving us something to look forward to and to contribute to getting us out of this pandemic."

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca). Please include your name, address, and phone number for confirmation purposes.



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or call our office at 204-785-1618

#### EDITORIAL

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

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**Christy Brown**, Distribution Mgr.: 204-467-5836

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# Manitoba

## Winter Explorer Ideas

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Keep yourself and others safe as you explore Manitoba. Remember to:

- ➔ **Wash or sanitize your hands frequently**
- ➔ **Wear a mask**
- ➔ **Practice physical distancing**
- ➔ **Stay home when you're sick**
- ➔ **Be prepared to provide proof of vaccinations at restaurants, events and museums**
- ➔ **Follow all local travel restrictions**

Travel Manitoba cannot guarantee that the attractions and businesses featured will be open and operating as described. While we strongly recommend that all tourism businesses adhere to the public health and safety measures set by the Government of Manitoba, we cannot guarantee the compliance of any business featured in this content. Please contact businesses directly for operating hours and policies.

↑ Gull Harbour

#### SWAN VALLEY AREA

##### MANITOBA WEST

When asked about their favourite trail systems in Manitoba, snowmobilers bring up **Swan Valley** again and again. The Swan Valley Snowmobile Association takes exceptional care of 370 kilometres of trails that wind through wooded terrain, meadows, and rolling hills.

#### FLIN FLON TO THE PAS

##### MANITOBA NORTH

If you're adventurous, challenge yourself with the 144 kilometre trail from **Flin Flon** to The Pas. The Border Explorers Snowmobile Club has all the information you need to take on this epic snowmobile adventure.

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##### MANITOBA CENTRAL

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##### MANITOBA NORTH

When it comes to ice fishing in **northern Manitoba**, Wekusko Falls Lodge is a staple. With several legendary lakes nearby and once-in-a-lifetime big fish opportunities, Wekusko Falls Lodge is the ultimate ice fishing experience.

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##### MANITOBA CENTRAL

One option for ice fishing on **Lake Winnipeg** is Icebound Excursions. Icebound offers anglers the unique experience of heading onto the lake in the luxury of a SnoBear—a fully equipped mobile fishing shack.

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##### MANITOBA EAST

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↑ Wekusko Lake



↑ Thompson



↑ Golden Walleye



↑ Thompson

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Manitoba encompasses Treaty 1, 2, 3, 4 and 5 Territory and communities who are signatories to Treaties 6 and 10. It is the original lands of the Anishinaabeg, Anish-Ininiwak, Dakota, Dene, Ininiwak and Nehethowuk and the homeland of the Métis. Acknowledging these original caretakers is a reminder of our unique heritage, our important relationships and our obligations to and shared responsibilities with Indigenous peoples.

**Manitoba**  
CANADA'S HEART BEATS



# Access CU makes its case for another merger

By Lorne Stelmach

Access Credit Union members had their chance to ask questions and have their say this week as member forums were held in the lead up to a merger vote later this month.

Two virtual online sessions were held Monday and Wednesday ahead of the vote scheduled for Jan. 25-27 on the amalgamation of the Access, Noventis, and Sunova credit unions.

"It looks like the scale we're creating will provide savings on some of the technology and the implementations the government is looking for," said Access CEO Larry Davey. "There's been a significant amount of due diligence completed by all three credit unions. It looks like a great fit."

Davey had earlier addressed members in a video posted online where he made reference to the fact they were still working through final steps of the amalgamation with Crosstown Civic Credit Union.

"To some members, this feels too quick and too early to be looking at another merger," he said. "The biggest question that all our members ask is why now."

In response, Davey has cited two key factors that they say in the near future will require credit unions to invest millions of dollars in financial technology to meet new government-mandated standards.

As a larger credit union, they maintain they can save money on these investments and that those savings will allow them to continue to offer competitive rates, lower fees, cash rewards, and better account packages as well as increase the funds available to invest in our communities.

One key change is the move to open banking or consumer directed finance, while another is a move to payment modernization.

Open banking will allow people to more easily move money from one institution to another, and Davey said that will require a significant and costly change in technology.

"We're still trying to determine exactly how much it's going to cost the credit union and the system, but

again, when you're buying technology, there's usually volume discounts."

Payment modernization basically involves speeding up the time it takes for payments to go through the system. Right now, it allows three days for payments to reach their destination. The government has mandated that to be reduced to three hours and eventually to be instantaneous.

"With the three credit unions coming together, it's about a million and a half dollars savings per year on the payment side that we wouldn't realize without the amalgamation," said Davey.

"As a result, having the scale of the merger allows us to reduce the cost for members ... by bringing the three credit unions together, we're able to reduce that cost."

"These mandatory changes come at a significant cost for every credit union, and we have to find a way to manage those costs," he said. "This partnership that we're entering into allows us to tackle those changes and to reduce the impact on our members."

Aside from those issues, Davey also touched on other advantages ranging from being able to continue offering competitive rates, charges and patronage refunds to seeing no impact on local branches and services while in fact expanding on the insurance and wealth management divisions.

"It's always nice to pick partners who are aligned on where you want to go," he said. "They're very focused on supporting communities; they're very focused on member service, and that is a great fit with Access."

Both Noventis and Sunova have agreed to go with the Access name and system, Davey added, so there will be no real cost to Access in that respect, and members will benefit from the flexibility and convenience of an even-wider branch network throughout Winnipeg and the southern, eastern, and Interlake regions.

In the question and answer time Monday, one member wondered what impact there might be particularly with some of the smaller branches.

"One of the benefits we saw from coming together with Crosstown Civic was the ability to maintain all of our branches ... I see that continuing with Noventis and Sunova," said Davey.

Another member wondered if Access was getting too big with

too many branches to manage and noted Steinbach by comparison has far fewer branches, but Davey pointed out that Steinbach though still has a similar number of employees.

"It is a wider expanse that we are covering than some of the other credit unions," he acknowledged, but added that "we've put in a structure that has been able to provide that service to members. We have not found the number of branches to be arduous at all."

And another member wondered about the impact on staffing, or if there were "efficiencies in staffing" to be found.

"Staff can be reduced in certain areas. We have moved to some specialized areas so that we can provide better member service overall," said

Davey. "At the same time, the business has grown a fair bit, and we haven't seen that growth in staffing."

Approval of the amalgamation will require two thirds approval from members. Voting details are available online at the [cusuccess.ca](http://cusuccess.ca).

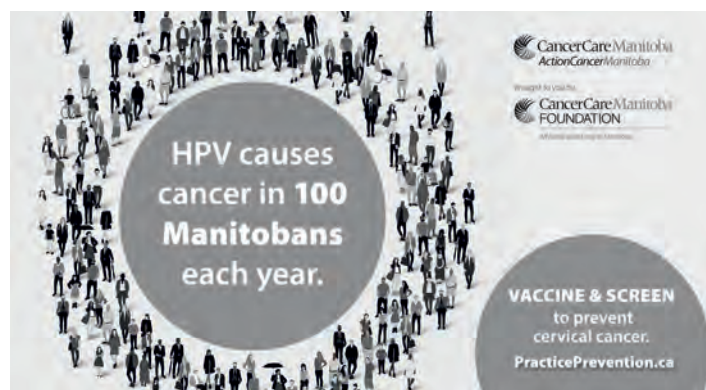
Access Credit Union has assets that exceed \$6 billion with 92,000 members, and it is currently the second largest credit union in Manitoba. Noventis serves 28,000 members with \$1.14 billion in assets and is the 10th largest credit union in Manitoba, while Sunova has grown to serve 49,700 members with \$2.3 billion in assets and is the fifth largest credit union in Manitoba. The new credit union would have over 169,700 members and \$9.5 billion in assets with about 800 employees in 52 branches.

## Winning a piece of the Shire



RECORD PHOTO BY BRETT MITCHELL

Mariel Gabeil of Oakbank had her name drawn as the winner of the hobbit-themed house from Home Hardware. The house was built by lumber desk employee Elmer Harder and his hard work raised \$2400 for the Humane Society.





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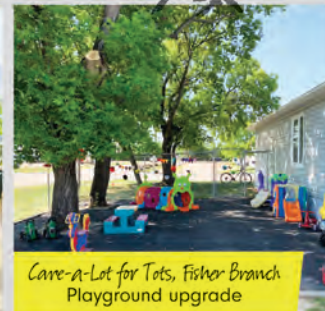
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Final development phase



Riverton Bifrost Parks & Recreation  
Kitchen upgrade



Eriksdale Chamber of Commerce  
Moggey's cabin storyboards



Arborg Bifrost Parks and Rec Comm.  
Multiple facility upgrades



Central Interlake Training Facility  
Facility upgrades & equipment



[noventis.ca](https://noventis.ca)





# IERHA preparing for acceleration of omicron hospitalizations

By Patricia Barrett

The Interlake-Eastern Regional Health Authority's chief executive officer Dr. David Matear held a virtual briefing and question period for municipal leaders on Jan. 10 on the state of the health-care system as omicron infections accelerate and hospitalizations and ICU admissions rise.

-Omicron is the primary cause of illness in Manitoba, said Matear. Total case counts are unknown because of a lack of provincial testing capacity and some people having acquired rapid tests. With 3,265 cases reported on Friday (Jan. 7), the actual number of infections across the province is likely 30,000.

-In the space of a week (Dec. 26-Jan. 1), 915 health-care workers got COVID. The IERHA is anticipating an increase in staff calling in sick as omicron spreads across the region.

-Staff shortages and vacancies have led to lab suspensions in Arborg, Teulon and Beausejour. Tests will be, however, available to hospitalized patients. Acute care beds in a number of IERHA hospitals have been suspended to "ensure patient safety."

-Where feasible, staff will be shifted from one part of the health-care system to another to meet demand for service.

"In the event that it's required, we are working regionally and provincially to identify staff resources that can be shifted to support essential care. This work is being coordinated provincially," said Matear.

If there are health service disruptions in IERHA communities, they

will be communicated to municipal leaders.

-Stonewall Mayor Clive Hinds asked Matear for an update on what the IERHA is doing to address staff shortages.

"How do you see ... getting help in the health-care system?" Hinds said. "In December it looked as if we might have had ... nurses [coming] into the system and other health-care workers. Is there any movement towards this at all?"

Matear said in the short term the region is using nursing students and uncertified health care aides who will be trained.

"[We're] looking at the deployment of clinical staff in the fourth year of a nursing program. That is taking effect ... and uncertified health care aides, attracting additional staff into the system, providing training with a commitment for ongoing training," said Matear. "We hope to then retain those uncertified health care aides as health care aides in due course or move [them] on to other roles in the health-care system."

-Matear was asked how the general public can get rapid tests (antigen tests). The federal government distributed rapid tests to provinces and territories, but they are not being distributed broadly to the general public in Manitoba.

Beausejour Mayor Ray Schirle said he is getting calls from businesses asking for rapid tests so that their employees can test themselves in order to return to work.

"Is there some way people can get

these tests through pharmacies in some of our communities? It's better if people are testing so they'll know if they're able to go to work or not go to work," said Schirle. "People right now are saying the heck with it because it's so hard to get rapid tests. And the turnover for getting the other test [PCR test] done is taking too long."

Matear said rapid tests are available at IERHA testing sites.

"It's just the case of how do we make them available to most of the general public and how do we make them available to support private enterprise and the economy in general for people on a day-to-day basis? I can't answer that question ... right this second," said Matear. "We will as soon as we have more definitive information."

A spokesperson for the IERHA later added that those with symptoms are being prioritized for rapid tests and populations with the highest needs.

"Over 500,000 tests have been distributed at no cost to Manitobans (as of earlier last week and will be more now)," said the spokesperson by email. "Distribution is currently prioritized to those with symptoms and we are using existing distribution channels to reach populations with highest need. As supplies of tests increase, points of distribution may increase as well. More information will be released publicly when available."

-Visits with residents in personal care homes have been suspended, and visitor access to patients in hospital have been restricted given the surge in omicron infections.

-Pfizer's COVID vaccine is in short

supply, and people over the age of 30 are being offered Moderna's vaccine in its place, said Matear.

"All adults aged 30 years up should expect to receive the Moderna vaccine for their first, second or third dose. People under 30 may face an increased risk of myocarditis, which is inflammation of the heart muscle, and pericarditis, an inflammation of the outer lining of the heart, as rare side effects," he said.

Inflammation is a rare occurrence for people receiving Moderna and "even rarer" after receiving Pfizer, he added. People over 30 have not experienced the same increase in risk from these side effects with either vaccine.

-Recommendations on masks may be changing from homemade masks, surgical or procedural masks to N95 masks "which are thought the best protection possible," said Matear. Protocols in health-care facilities may be changed for patients and family members as provincial incident command looks at the issue.

The *Record* asked the IERHA how many Manitoba health-care staff have been hospitalized with COVID.

"At the end of December, five of the 915 staff cases recorded were hospitalized; only one remained hospitalized at last report on Jan. 5," said a spokesperson.

The spokesperson added that staff who are testing positive on rapid tests are no longer required to get a PCR test to confirm it, which means the numbers of positive COVID cases in staff are being under-counted.

## Manitobans with COVID-19 symptoms or close contacts to visit provincial testing sites

Submitted by Pharmacists Manitoba

Pharmacists Manitoba is reminding Manitobans who have symptoms of COVID-19 and/or individuals have been a close contact of a positive case

of COVID-19 to visit public testing sites for the appropriate testing.

"We need Manitobans to visit a public testing site if they have symptoms of COVID-19 or if they have been in close contact with a positive case," says Ashley Hart, Past President of Pharmacists Manitoba. Hart adds, "Rapid anti-

gen testing at pharmacies was always intended for asymptomatic individuals, that has not changed. However, moving forward asymptomatic close contacts of positive cases should now also visit public testing sites."

Public testing sites in Manitoba are providing rapid antigen testing kits, free of cost, to individuals with symptoms, individuals age five and older with symptoms of COVID-19, asymptomatic close contacts of some-

one who has tested positive for COVID-19, and those advised by public health officials. The cost of a rapid antigen test administered by a Manitoba pharmacist ranges from \$15 to \$70. "It is an extremely busy time for Manitoba pharmacists, we are fielding many questions daily related to who can come into a pharmacy for a rapid antigen test, we wanted to help share the current public health recommendations to Manitobans," says Hart.

Furthermore, many pharmacies will still continue to have rapid tests in-stock for service for those that do not have symptoms of COVID-19 and/or have not been a close contact of a positive case. As well, some pharmacies will continue to sell take-home rapid antigen tests to the public, however only nine self-testing devices have been approved by Health Canada and the supply of these devices is extremely low.

### What's *Your* story?

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# MPI pandemic policy now in effect throughout province

## Submitted by MPI

Manitoba Public Insurance's new pandemic policy focusing on protecting customers, employees and our community, is now in effect. Customers must provide either proof of full vaccination or a negative COVID-19 test result to receive services where physical distancing or barriers are not possible, including all in-car road tests, including Class 1-5, and driver assessments.

The policy also aligns with requirements for all MPI employees – who must share proof of full vaccination or consent to complete regular COVID-19 testing every 48 hours prior to attending an MPI work location.

"MPI, like other businesses in Manitoba, is diligently supporting our customers and employees as we continue to navigate impacts of COVID-19. Despite the operational challenges our corporation is facing, our focus remains to best serve our customers. These are very difficult times and we ask for patience from our customers," said Satvir Jatana, Chief Customer Officer, MPI.

To offer Manitobans additional options for their driver services and insurance needs during the Omicron wave of the COVID-19 pandemic, MPI is reminding its customers that they are able to conduct many transactions by phone with Autopac agents.

The following transactions can be conducted by phone:

- New registration and policy application (including rental vehicle insurance and temporary registration)
- Renewal of a driver's licence
- Reapplication of a lapsed driver's licence
- Reassessment of an active or lapsed driver's licence
- Driver's licence replacement
- Basic ID card replacement (no information changes)

- Vehicle insurance coverage renewal, reassessment, reactivation, reapplication
- Cancellation
- Mid-term change
- Plate and/or registration certificate replacement
- Transfer of policy
- Payments
- Mailing or permanent address changes within Manitoba

Customers who need to complete any of these transactions are encouraged to call their Autopac agent directly.

Customers in a reassessment year are typically not required to visit an Autopac agent or Service Centre unless they need to make changes to their policy. As such, Manitobans are able to pay for their services online at [mpi.mb.ca](http://mpi.mb.ca) and MPI encourages them to do so at this time.

A customer with a Renewal Notice saying they are required to visit in person and/or need to have a photo taken for their driver's licence, should call an Autopac agent to discuss their options.

Changes to in-person payments for salvage purchases

Effective Tuesday, Jan. 4, 2022, MPI's Salvage Department will no longer accept in-person payments or transactions for auction sales due to the ongoing public health concerns with COVID-19. Customers will not be permitted to enter the Salvage Auction Hall

Building B at 1981 Plessis Road, as it will remain closed to the public.

Customers are encouraged to complete payment for their purchases through available online options, including INTERAC Online or electronic fund transfers.

As a temporary payment option, customers from Manitoba purchasing items will be able to complete credit card payments (VISA or MasterCard) by phone at 204-985-7844. The credit card must be in the buyer's name (company or individual). Please note: Significant wait times for this option are anticipated.

More information is available on our dedicated COVID-19 information page under Salvage.

MPI has recently cancelled some services due to these operational issues, including road tests, at certain locations. Customers with cancelled appointments have been contacted and will have the opportunity to reschedule when services are available.

Also impacted is estimating of non-drivable collision claims. Affected customers are advised not to attend the Physical Damage Centre, but contact their adjuster regarding the status of their vehicle. Due to towing capacity issues, there may also be towing delays for drivable vehicles being towed from a residence to MPI's compound.

## Public health orders extended for three weeks

### By Staff

The public health orders slated to expire this week have been extended until next month.

The province on Friday announced that all current COVID-19 prevention orders will remain in place for three more weeks, until Feb. 1

"Ongoing restrictions are a challenge for many Manitobans, but remain necessary to help slow the spread of the virus and protect our health-care system," said Health Minister Audrey Gordon in a statement.

"While these orders re-

main in place, we continue to take steps to improve supply and access to testing and other important initiatives that support our pandemic response and protect our health system. Nothing is off the table and we will act swiftly in the weeks ahead if further action is required to protect Manitobans."

The current orders include widespread restrictions on both public and private indoor and outdoor gatherings as well as capacity limits in businesses and proof of vaccination requirements for certain spaces.

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# Your Health

## Finding supports for Alzheimer's patients and families

The Alzheimer's Society makes resources available for all

By Katelyn Boulanger

The Alzheimer's Society is on top of the latest resources when it comes to helping people with Alzheimer's through the very beginning of the disease all the way to its last stages but one thing that friends and families of Alzheimer's patients may not know is that there is also support for them.

With January being Alzheimer's disease awareness month, former Selkirk resident Glenda Oldham spoke to the *Record* about her experience with the Alzheimer's Society as the spouse of someone with Alzheimer's.

"The Alzheimer Society serves the people with the illness and the people who are caring for the person who has the illness because there's virtually little to no medicine that will actually make a big difference to someone with Alzheimer's. In my estimation, the Alzheimer Society is the medicine," said Oldham.

Her husband Tim Oldham was diagnosed with Alzheimer's disease in 2014 and he's participated in The Alzheimer Society in Selkirk's Minds in Motion classes but Glenda has also been able to gain from their services.

"They have counselling so that I can talk to somebody about my personal life situation and they can help me to work through that to figure out the best decisions to be made at different stages. They're just all-encompassing," said Oldham.

For the first little bit after her husband's diagnosis, Oldham went alone. Having been a special education teacher she felt that she had a leg up on helping break things down for people with brains that work differently. Eventually, she spoke to her minister about her experience and that minister pointed her right to the Alzheimer's Society.

"[I felt] this is the first year of a long, long journey. 'This is silly. Oh, what the heck, I'll go anyway.' I figured they would pat me on the head and say, 'There, there dear. When he really gets sick, let us know.' I was so far off the mark. It wasn't even funny," she said.

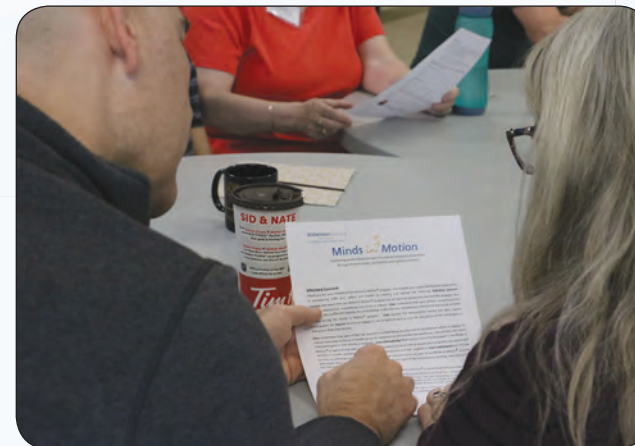
The first session that Oldham had with the Alzheimer Society representative in Selkirk lasted three hours and as Oldham spoke about her experience the person she was speaking with was able to give her many resources and information. Some of this information came in tips to help her husband but there was also info about what needed to be done legally, medically, and she even received some tax advice.

Since she first contacted the Alzheimer Society COVID-19 has limited the amount of in-person interacting that the group does but resources have moved online like so many resources have had to.

"They actually had a Zoom Minds in Motion. They have Zoom support groups. I participated in a group called Ambiguous Grief. Because we are dealing with someone who is continually dying, which sounds kind of weird, we are continually grieving, but the person is still alive. It's just a different kind of grief, from the grief that a person feels when their loved one has passed away within a shorter timeframe," said Oldham.

She appreciates the Zoom sessions and hopes that they continue to be a resource beyond COVID-19 as they make connecting to a community easier when Alzheimer's disease makes leaving the house difficult for both caregivers and patients.

Her Zoom group actually felt so bonded after their weekly sessions that they've continued to meet up



**RECORD FILE PHOTO BY LINDSEY ENNS**  
Participants read about the Minds in Motion program at Selkirk's Gordon Howard Centre during one of the program's sessions prior to the COVID-19 pandemic.

after the sessions are over as they've become so connected.

"[It's] that building of community that the Alzheimer's Society is so good at doing. It feels like a family," said Oldham.

She suggests that families and friends of people with an Alzheimer's diagnosis, no matter how early or late their loved one is in their disease, get in contact with the Alzheimer's Society.

"I would completely eagerly suggest that they need to get in touch with the society. They are going to be your saving grace. They have the knowledge. They have lots of suggestions and like I say they work at building community," said Oldham.

To learn more about the Alzheimer's Society go to their website at [alzheimer.mb.ca](http://alzheimer.mb.ca). They can also be contacted by phone at 1-800-378-6699 and email at [alzmb@alzheimer.mb.ca](mailto:alzmb@alzheimer.mb.ca).

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## Study suggests T cell immune defence effective

By Patricia Barrett

The omicron variant has sparked a tsunami of infections worldwide shortly after it was first detected in November 2021 because of its extremely high transmissibility and its ability to evade antibodies, the immune system's first line of defence.

But T cells, which are part of the immune system, are thought to mediate the risk of serious disease, hospitalization and death from omicron in vaccinated people and in those with a prior COVID infection.

Chinese and Australian researchers put that hypothesis to the test by assessing the ability of T cells to fight omicron in a study titled "SARS-CoV-2 T Cell Responses Elicited by COVID-19 Vaccines or Infection Are Expected to Remain Robust against Omicron," which was published online Jan. 2 in the journal *Viruses*.

The researchers' findings suggest that T cells in vaccinated people or those who had a prior COVID infection "remain largely intact against omicron." Furthermore, a new specific T cell may have been created in direct response to the variant.

"Overall ... our preliminary analysis suggests that the effectiveness of pre-existing T cell immunity will remain intact," they wrote.

Antibodies are secreted from a type of white blood cell called B cells and are the body's first line of defence against foreign invaders. They bind to pathogens such as bacteria, viruses, fungi and parasites and prevent them from entering human cells. But if antibodies fail, T cells, which are a

type of killer white blood cell, get dispatched to root out and kill the invaders.

Although T cells may help prevent severe illness, they cannot stop omicron from infecting people.

"T cell responses alone, however, do not block infection and therefore do not prevent transmission. Thus, while the number of infections may rise considerably as a consequence of Omicron's ability to evade antibodies, robust T cell immunity provides hope that, similar to other VOCs [variants of concern] the level of protection against severe disease would remain high."

Although emerging data suggest a lower risk of hospitalization and death with omicron, the researchers say the extent to which T cell immunity is contributing to that needs to be better established. They had examined only T cell epitopes [peptide fragments] which were "known" to be targeted in infected or vaccinated people, and that list may "not be exhaustive."

Manitoba Public Health has run out of capacity to test everyone who thinks they're infected with COVID and is handing out rapid antigen tests to some people showing up at testing sites. Since the end of December, the government has reported over a thousand new COVID cases each day, but says those case counts are an underestimate; the true number of infected people is likely eight to 10 times higher.

Along with burgeoning omicron infections, hospitalization and ICU admissions in Manitoba have shot up since the end of December as they have across the country.

## Library returns to curbside service as COVID cases rise



**RECORD FILE PHOTO BY KATELYN BOULANGER**

Even if the building is closed, the library is still a great resource in our community for entertainment and learning while residents spend more time at home. As COVID-19 cases have risen in our region the library has gone back to curbside pick-up and online resources. Check out the library's website at [gfrl.org](http://gfrl.org) for more library info or to digitally hold a book. Books can also be held by calling them at 204-482-3522.



# get inspired

> MEAL IDEAS



Recipe courtesy of Wisconsin Potatoes  
 3/4 pound Wisconsin russet potatoes, cut into 1/2-inch pieces  
 1 tablespoon water  
 1 tablespoon canola oil  
 3/4 pound ground lean turkey  
 1 large carrot, shredded  
 1/3 cup sliced green onions with tops  
 1 can (8 ounces) tomato sauce  
 2/3 cup shredded cheddar cheese  
 1 teaspoon dried Italian seasoning or basil  
 salt, to taste  
 pepper, to taste  
 4 large whole-wheat or high-fiber tortillas



## Turkey-Potato Wrap

light sour cream (optional)  
 Place potatoes in microwave-safe bowl; sprinkle with water. Cover, venting one corner. Microwave on high 5-8 minutes until potatoes are tender.

In large nonstick skillet over medium-high heat, heat oil. Add and break up turkey; cook 5 minutes, tossing occasionally. Mix in carrot; cook 2 minutes. Add potatoes and onions; toss and cook 2 minutes. Reduce heat to medium; mix in tomato sauce, cheese and Italian seasoning.

Cook, stirring occasionally, 4-5 minutes until mixture is hot and most sauce is absorbed. Season with salt and pepper, to taste. On work surface, lay out tortillas. Place 3/4 cup hot turkey mixture on each; fold and roll for burritos.

Cut in halves. Serve each with sour cream, if desired.



Recipe courtesy of Sarah Schlichter, MPH, RDN, on behalf of the North Carolina SweetPotato Commission  
 Total time: 45 minutes  
 Yield: 14 bites (1 bite per serving)  
 1 cup cooked sweetpotato  
 3/4 cup rolled oats  
 1/2 cup peanut butter (or desired nut butter)  
 3 tablespoons honey  
 1/2 teaspoon ground ginger  
 1/2 teaspoon cinnamon

## No-Bake Sweetpotato Coconut Ginger Energy Bites

1/2 cup unsweetened shredded coconut

In large bowl, combine sweetpotato, oats, peanut butter, honey, ginger and cinnamon; stir until well combined.

Refrigerate bowl about 20 minutes to firm.

Line baking sheet with parchment paper.

Remove dough and portion into snack-sized bites. Gently roll bites in shredded coconut and refrigerate 15-20 minutes or freeze 10 minutes.

Remove from refrigerator or freezer and serve.

## Alaskan Salmon Burgers with Peppered Bacon

Prep time: 13 minutes  
 Servings: 4  
 1/2 cup mayonnaise

1 1/2 tablespoons lemon juice  
 1/2 teaspoon lemon zest  
 salt  
 pepper  
 1 box (11.2 ounces) Trident Seafoods Alaska Salmon Burgers  
 4 cheddar cheese slices  
 4 seeded burger buns, split and toasted  
 4 cups arugula  
 6 strips peppered bacon, cooked  
 12 bread-and-butter pickles, drained

In small bowl, combine mayonnaise, lemon juice and lemon zest. Season with salt and pepper. Set aside.

Cook salmon burgers according to package directions. When almost cooked through, top each with slice of cheese, cover and cook until melted.

Spread cut sides of buns with mayonnaise and top bottom buns with arugula. Cover with salmon burgers, bacon, pickles and top buns.

# Boost your energy with a walk (better than coffee!)

By Fitness & Nutrition Expert Julie Germaine Coram

Grabbing a java is the priority for many people first thing in the morning. But, if you're being honest, you may drink a whole pot to yourself by the time the workday wraps.

But did you know that reaching for your runners before breakfast can be a more effective way to wake up (and make you feel better) than drinking a cup of coffee?

Trusted experts state that exercise triggers changes in your brain's neurotransmitters, including dopamine, serotonin, histamine, and norepinephrine. Just walking alone improves blood circulation throughout the body and helps oxygen and nutrients reach your brain and muscles.

Summary: Exercise makes you more alert!

### #1 Better total health

A walk inside or outside not only makes you more present and effective at work, it's also an effective way to ensure your weight stays within a healthy range (and will enable you to burn calories to reduce stored body fat). A consistent exercise routine, including walking or cycling, will elevate your mood, benefit cardiovascular health, and positively affect memory function.

### 2. It changes your environment

Enjoy a refreshing change of scenery and create a mental 'reset' by moving out of your workspace. Even 10 short minutes makes a big difference.

### 3. Your sleep improves

Caffeine is proven to contribute to sleeplessness, leading you to be exhausted and less productive the next day.

Instead, going for a walk will help you sleep better at night. If you can bundle up and enjoy the sunshine outside in Manitoba's cold January, you can also get fresh air, vitamin D, and regulate your circadian rhythm



Health and Wellness Fitness expert

Julie Germaine Coram

(very important factor in sleep quality).

### 4. Zero negative side effects

What a bonus! A short walk is nothing but healthy and natural! Compared to caffeine, which can cause jitters, nausea, irritability, and more yucky side-effects.

### 5. Calorie-free!

Not too many people opt for black coffee, so you add unnecessary sugars to your diet when you choose coffee over exercise. On the other hand, walking daily will truly help you support healthy weight levels.

Would you like to lose two inches from your waistline in the next 30 Days? Join my VIP Fat Loss Challenge! Secure your spot asap – limited space available. Visit: [www.calendly.com/juliegermaine](http://www.calendly.com/juliegermaine) or email [info@juliegermaine.com](mailto:info@juliegermaine.com)

Coach Julie Germaine Coram is a Manitoba-born fit mom, 2x International Pro Fitness Champion, Miss Fitness Manitoba, Certified Nutrition & Renowned Fitness Expert. She has helped thousands of men and women improve their health since 2005.



## Loaded Smoked Salmon Rice

Prep time: 4 minutes

Cook time: 1 minute

Servings: 1

1 cup Minute Ready to Serve Brown Rice

2 ounces smoked salmon

1/2 cup julienned cucumber

1 teaspoon soy sauce

1 tablespoon everything

bagel seasoning mix

Heat rice according to package directions.

Top rice with smoked salmon and cucumbers. Drizzle with soy sauce and sprinkle with seasoning mix.

### SELKIRK STEELERS

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# Nearly \$180,000 given in prizes from Recycle Everywhere's incentive program

## \$20,000 in support goes to local charities during "season of giving back"

### Submitted

Since the Recycle Everywhere Incentive Program & Mobile App was launched in April, Recycle Everywhere has given back almost \$180,000 in cash and prizes to nearly 400 Manitobans who have used the app and recycled their empty beverage containers.

For the month of December, Recycle Everywhere announced it would reward Manitobans for their good recycling habits through its "Season of Giving Back" campaign. For every download and use of the app, \$5 goes to Harvest Manitoba, up to a total of \$15,000. Community response was so overwhelming, however, the total was reached by Dec. 18 – less than three weeks after it was announced, thanks to 3,500 new registered users. Also for December, each weekly \$1,000 app winner gets to choose a local charity to also receive \$1,000 from Recycle Everywhere.

"Manitobans are known for their generosity when it comes to helping those in need, and they also care about contributing to a sustainable environment," said Ken Friesen, Executive Director of Canadian Beverage Container Recycling Association (CBCRA), the organization that runs the Recycle Everywhere program. "Congratulations to all our mobile app winners, and thank you to the community for embracing our Season

of Giving Back. The response to our incentive program and mobile app is greatly appreciated. It helps move us closer to the government-mandated goal of recovering 75 per cent of all empty beverage containers sold in Manitoba."

The last three of four December winners who have received the Get \$1,000, Give \$1,000 weekly cash prize are:

1. Martin Martel – Charity of choice: Harvest Manitoba
2. Melanie Gerula – Charity of choice: Cat Tails Rescue
3. Annemarie Barnett – Charity of choice: Salvation Army

"Harvest thanks Recycle Everywhere and all Manitobans who download and use the Recycle Everywhere Mobile App in December to help us feed more hungry families," said Vince Barletta, Harvest Manitoba President & CEO. "We are a community of Harvest Stars, and as Ken said, Manitobans are a special kind of people who recycle to put their money to good work all season long."

Lastly, Recycle Everywhere has announced Eunice Popoola as the month's \$25,000 grand prize winner – the last monthly grand prize winner in 2021. Congratulations, Eunice, for doing a good thing for the environment and your community.

The idea behind the Recycle Everywhere Incentive Program and Mobile App is to help Manitobans track



PHOTO SUBMITTED

Recycle Everywhere's \$15,000 cheque presentation to Harvest Manitoba from its Season of Giving Back campaign in 2021.

their recycling habits and the positive impact they can make. December marked a significant milestone, with

more than 25,000 Manitobans regularly using the app.

# RCMP Internet Child Exploitation Unit arrests man on numerous charges

### By Staff

The Manitoba RCMP Internet Child Exploitation Unit (ICE) arrested Bradley Schroeder, 18, of Winnipeg, in relation to online communication with children for a sexual purpose and sexual assault charges on Jan. 6, 2022.



PHOTO SUBMITTED

Brad Schroeder's snapchat avatar.

The offences occurred between April and July of 2021. Investigators believe there may be more victims and encourage anyone with information to contact their local police.

The Snapchat username used by Schroeder is "notelectric." The RCMP are releasing his avatar as it may assist in furthering the investigation.

Schroeder is charged with Luring a Child x2, Sexual Assault x2, Sexual Interference x2, and Possession of Child Pornography. He has been released from custody and

will appear in court on February 3, 2022, in Winnipeg.

Interviews with an investigator from

the ICE Unit are available upon request.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Steelers win first game in the new year

By Brian Bowman

The Selkirk Steelers picked up their first victory of the new year.

Selkirk skated to a solid 4-2 home win over the Neepawa Titans in Manitoba Junior Hockey League action on Saturday evening.

"It was a really good game for us," said Steelers' head coach Hudson Friesen. "I thought we played a really good game and we got better as the game went on. We got contributions from everybody. Everyone was a part of it (Saturday) night. We got some good goaltending and I thought our power play was pretty good, especially early in the game. The boys competed and worked really hard to the end. We earned it."

Selkirk's Quinton Hill, on the power play, and Neepawa's Connor Brust traded first-period goals and then the Steelers' Matthew Gerke, on the power play, and Mathieu Catellier tallied in the second.

The Titans' Jaegar Lapointe scored with the man advantage 1:24 into the third but Cameron Hibbert sealed the win with an empty-net goal with just five seconds remaining in the game.

Steelers' defenceman Spencer Penner had three assists. He now has

a goal and 13 points in 12 games with Selkirk this season.

"Spencer has been outstanding ever since he got here," Friesen said. "We've given him quite a bit of a load and he's been playing big minutes in every situation. He competes super hard and works super hard every day at the rink. That's part of the reason that he has had so much success. He plays the game fast, he's a very smart player, and a super good skater. He's been an extremely good piece for us."

Cole Plowman made 26 saves for the win.

On Jan. 4, the Steelers were defeated 6-4 by the Titans in Neepawa.

Hunter Friesen gave Selkirk a 1-0 lead but Neepawa replied with goals from Brayden Michalchuk, Brady Stange and Jaegar Lapointe.

Selkirk forward Sheldin Howard then converted a nice odd-man rush with a goal at 19:58 of the opening period.

Catellier tied the score at 3-3 at 6:19 of the middle frame but Neepawa's Cameron Trimble tallied about five minutes later.

The Steelers' Cameron Hibbert answered with a shorthanded goal, one-timing a perfect pass from Lucas



RECORD PHOTO JOHN PODWORNIUK

Steelers' goaltender Cole Plowman made 26 saves in Selkirk's 4-2 home victory over the Neepawa Titans last Saturday.

Brennan, at 16:40 of the second period.

Neepawa's Cody Gundason scored the game winner at 19:14 of the second and then he added an empty-net goal at 18:56 of the third.

Selkirk defenceman Connor Tyhy had two assists in the game.

Steelers' netminder Hunter Tarves made 19 saves in the losing cause.

Selkirk, now 13-15-2-2, will host the OCN Blizzard this Friday and Saturday. Puck drop for both games is 7:30 pm.

## Steelers wheel and deal before trade deadline

By Brian Bowman

The Selkirk Steelers have been very busy on the trade front in the new year.

"It's been a busy week or so for us as we've rejigged our program a little bit," said Steelers' head coach Hudson Friesen on Sunday afternoon. "For us, we just wanted to make some changes to give an opportunity to some other guys that have really been pushing for more minutes and they have been earning that in practices and games."

"We feel now that our team is in a really good place where every guy knows their role and is here for the team and wants to compete and work hard every day. We feel that we are going to have a lot of success down the stretch with these guys."

The Steelers traded forward Tristan

Thompson (2001) to the Titans in exchange for future considerations.

Selkirk acquired forward Andrew Andries (2003) from the Dauphin Kings for future considerations. Andries had a goal in five games with Dauphin.

He played one game with the Southwest Cougars in the Manitoba U18 "AAA" Hockey League and seven more with the Manitoba Major Junior Hockey League's Stonewall Jets this season.

The Steelers also acquired 2003-born defenceman Kaden Stewart from the Winkler Flyers for future considerations. Stewart, a Warren product, played 10 games with Winkler and four in Stonewall this season.

Still not done, Selkirk traded forward Nate Hinds (2002) to the Portage

Terriers in exchange for future considerations.

On Monday, it was announced that the Steelers traded defenceman Jared Chapel (2003), a St. Andrews product, to the Camrose Kodiaks in exchange for future considerations.

Meanwhile, the Western Hockey League's Spokane Chiefs reassigned defenceman Ben Bonni (2004) to Selkirk.

The Steelers have 30 points to sit in fourth place in the six-team East Division standings. The top four teams in each division make the playoffs.

Selkirk is one point ahead of Portage but the Terriers have a game in hand.

Selkirk is eight points back of the third-place Winnipeg Blues. The Steelers and Blues will play each other four times this month. Friesen in-

sists that the Steelers have not thrown in the towel for the 2021-22 season.

"The decisions aren't always easy and they're guys that we've had good relationships with but that's just part of the business," he said. "On paper, you could say that we gave up a lot but in this room we had a ton of depth. We had guys lower in our lineup that we're champing at the bit to get more minutes and we felt with our youth and some of the hunger that we had in our room that would trump some of that experience and veteran presence."

"For us, it's not a rebuild. Obviously, when we can add pieces for the future that's always a plus. We're in it for this season and we feel that our dressing room and team is in a really good spot right now to make a push down the stretch."



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## WHSHL postpones games due to COVID

By Brian Bowman

The Winnipeg High School Hockey League postponed games last Thursday and Friday and all 24 of its scheduled games this week due to the COVID pandemic.

School divisions are dealing with a mandated remote-learning period, which began Monday and will last until at least this Friday.

WHSHL president Dana Gordon

said the games will be rescheduled and have not been cancelled.

The Selkirk Royals' game last Thursday against Sturgeon Heights and a home contest this past Monday versus Steinbach were postponed.

Selkirk's next scheduled game is Monday against St. Paul's.

"Should the remote-learning period extend and (school) divisions maintain their stance that they won't let

high school sports go during that time period, we'll have to look at some different scenarios to keep our season going forward," Gordon told the Winnipeg Free Press last Thursday.

The league, which features 36 teams in four divisions, had its entire 2020-21 season wiped out due to COVID.

Gordon said the league plans to finish out the season,

"Our executive is going to meet (this

week once we have a little bit of a better picture as to what the plans are for whether (remote learning) is going to continue or if it's truly just one week to get the schools ready," he said.

"And then we'll go from there and plan some scenarios because cancelling our season at this point is not an option. We've come too far and these kids deserve to finish."

## Viterra Championship changes dates, venue

Staff

The Viterra Championship is moving its dates and venue due to the province's health orders regarding COVID-19.

The 32-team provincial men's curling championship was slated for Jan. 25-30 at the Selkirk Recreation Com-

plex.

But the event is now tentatively scheduled for Feb. 9-13 at the Selkirk Curling Club with four fewer teams.

"Unfortunately, COVID is once again causing a disruption and events are affected," said a statement on the CurlManitoba website on Monday.

"CurlManitoba has been in constant communication with the Selkirk Host Committee, Sport Manitoba and other stakeholders to run the Men's Provincial Championship.

"CurlManitoba has explored multiple options, however, has been unsuccessful to date. With the current

public health orders having been extended until Feb. 1, CurlManitoba has been forced to postpone the Viterra Championship that was to start on Jan. 25. As public health orders continue to change, CurlManitoba will keep you updated with any further changes to our plans."

## Raiders down Victorias in overtime

Staff

Kobe Campbell scored the game winner just 31 seconds into overtime to lift the Raiders Jr. Hockey Club to a 6-5 home victory over the St. Vital Jr. Victorias in Manitoba Major Junior Hockey League action on Sunday afternoon.

It was Campbell's fourth point in

the game.

Jayce Kennedy (two), Chase Bar-kley, Riley Barroso (shorthanded), and Jack Oleksiuk also scored for the Raiders.

Daniel Paseschnikoff (two), Devin Bulloch (two), and Reese Whyte replied for St. Vital.

Jeremy Pikel made 24 saves for the

win.

Last Thursday, the Raiders lost 6-2 to the Victorias.

Barroso and Nolan Weihs, on the power play, scored second-period goals for the Raiders.

St. Vital, which opened up a 4-0 first-period lead, had a hat trick from Tyler Rubigny and singles by Pase-

schnikoff, Devan Vercaigne, and Ben Coppinger.

The Raiders, now 12-14-1, will host the St. Boniface Riels on Friday and then will visit the Ft. Garry/Ft. Rouge Twins Sunday. Both games will start at 7:30 p.m.



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NEXT HOME GAMES

- VS OCN Blizzard Fri, Jan. 14<sup>th</sup> & Sat, Jan 15<sup>th</sup> 7:30 pm
- VS Winnipeg Blues Fri, Jan. 21<sup>st</sup> 7:30 pm

All Spectators must show proof of double vaccination with ID and must wear a mask in the Arena

NEXT AWAY GAME

- VS Winnipeg Blues Sat, Jan 22 7:30 pm

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# Tessier tallies three times in Fishermen OT win

By Brian Bowman

Poor travel conditions and heavy snowfall forced the Selkirk Fishermen's road game against the Lunder Falcons on Saturday to be postponed.

A makeup date had not been announced by press time.

Last Friday, the Fishermen defeated the Arborg Ice Dawgs 3-2 in overtime in Selkirk.

Reece Tessier was the star of the game, scoring three goals. He tied the score at 2-2 in the second period and then netted the game winner in OT.

Arborg's Logan Clarke opened the game's scoring with a power-play goal in the first period.

Tessier tied the score at 1-1 before the Ice Dawgs' Dyson Pelletier potted a shorthanded goal late in the opening period.

Selkirk's Travis Spratt finished the game with two points.

Owen Derewianchuk made 27 saves for the victory.

Selkirk was scheduled to play at the North Winnipeg Satelites this past Tuesday but no score was available.

The Fishermen, in first place with 47 points, will visit the St. Malo Warriors this Saturday for a 7 p.m. game.

Selkirk will then host St. Malo next Tuesday at 7:30 p.m.



RECORD PHOTO BY BRETT MITCHELL

Selkirk Fishermen forward Jordan Donald is stopped by Arborg Ice Dawgs' goaltender Tre Strachan during CRJHL action last Friday. Selkirk won the game 3-2 in overtime.

# U18 Thrashers split weekend series with Southwest

Staff

The Winnipeg Thrashers were defeated 6-1 by the Southwest Cougars in Manitoba U18 "AAA" Hockey League action on Sunday at the Gateway Recreation Centre.

Carter Bear scored the Thrashers' lone goal on the power play early in the second period.

Southwest goals were tallied by Ashton Cuvelier (two), Ty Plaisier, Luke Mackenzie, Nate Robson, and

Dawson Andries.

On Saturday, the Thrashers dumped the Cougars 3-1 in Winnipeg.

Daniel Tokariwski gave the Thrashers a 1-0 first-period lead and then Brycen Gair made it 2-0 early in the third.

Southwest's Regan Anderson tallied midway in the third but Andrew Hladun sealed the win with an empty-net goal at 19:17.

Connor Stewart made 41 saves for

the win.

Last Wednesday, Winnipeg defeated the Pembina Valley Hawks 8-6 in Mor-den.

Thrashers' goals were scored by Peyton Hynkel-Lysak (two), Bear, Nathan Lenoski, Dawson Zeller, Cole Bilous, Xyon Kiemeney, and Tokariwski.

Tokariwski, Shane Fetterly, and Hayden Chaloner each had two as-sists in the game.

Hawks' goals were scored by Carter

Campbell (two), Marek Miller, Carter Sotheran, Logan Fillion, and Keston Worley.

Connor Stewart and Evan Banera split the goaltending duties for Win-nipeg.

The Thrashers, now 18-11-1 and in fourth place in the 12-team league, is scheduled to host the Kenora Thistles on Wednesday (8 p.m.) and the Win-nipeg Wild Saturday (3:45 p.m.).

# MHSAA updates Return to School Sport Plan for 2021-22 season

Staff

The Manitoba High School Athletic Association updated its Return to Play documents tied to the ongoing Coronavirus Pandemic that will impact school sports in January.

The following statement was released last Friday:

There are many factors that school divisions,

or independent school administrations, must navigate during this most recent Public Health order regarding remote learning. In the midst of the current state of affairs, the MHSAA will continue to support school sport through athletic and educational opportunities.

The guidance the MHSAA has received from Public Health and Manitoba Education is that

current public health orders allow for extra-curricular school sport activities such as practices and exhibition/ league games as an option. With this in mind, and to remain in line with the MHSAA's Return to School Sport Plan, it is the perspective of MHSAA that school divisions, or independent school administrations, determine how they wish to proceed in terms of participation in school sport for the week of Jan. 10-14.

As a reminder, public health orders currently prohibit tournaments. Current public health orders expired this past Tuesday and the MHSAA will send out additional guidance once new Public Health Orders have been released.

## Next Home Games

**TUESDAY, JANUARY 18<sup>th</sup>**

**vs St. Malo** (re-scheduled from Jan 22)

7:30pm - Selkirk Rec Centre

**SUNDAY, FEBRUARY 6<sup>th</sup>**

**vs North Winnipeg** (re-scheduled from Jan 2)

3pm - Selkirk Rec Centre

Due to changing COVID restrictions, please check our website for last minute schedule changes

## Next Away Games

**Saturday, Jan 15 - vs St. Malo - 7:00pm in St. Malo**

**Friday, Jan 21 - vs Arborg - 8pm at Arborg**



*Meet the Fishermen*



#27 Braeden Hummel  
Forward

All Spectators must show proof of double vaccination with ID and must wear a mask in the Arena

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424 Eveline Street, 2 beds & 1 bath. \$1,119 & \$1,067/month includes water, tenants pay their own hydro and parking. Elevator in building, front door intercom, in-suite laundry. No pets & no smoking. 1 year lease only. Call/text 204-290-3805. [ru-leapartments@gmail.com](mailto:ru-leapartments@gmail.com)

1 bedroom apartment, central Selkirk, ground level, wheelchair accessible. \$950/mo includes utilities, parking, washer/dryer, no pets, no smoking. Available Feb 1. Call 204-785-0105.

### LAND FOR RENT / PASTURES

AGRICULTURAL CROWN LANDS are presently available for rent for hay or grazing or cropping. These lands will be available for rent through an online auction. These lands are situated in the Rural Municipalities (RM)s of: ALEXANDER, ALONSA, ARMSTRONG, BIFROST-RIVERTON, CRANE RIVERNORTHERN AFFAIRS ACT, CITY OF WINNIPEG, COLDWELL, DELORAINWINCHESTER, ETHELBERG, FISHER, GLENBORO-SOUTH CYPRESS, GLENELLA-LANSDOWNE, GRAHAMDALE, HARWILL-NORTHERN AFFAIRS ACT, HOMEBROOK - PEONAN POINT-NORTHERN AFFAIRS ACT, INDIGENOUS RECONCILIATION & NORTHERN RELATIONS, KELSEY, KILLARNEY - TURTLE MOUNTAIN, LAC DU BONNET, LAKESHORE, MONTCALM, MORRIS, MOSSEY RIVER, MOUNTAIN, NATIONAL MILLSNORTHERN AFFAIRS ACT, NORTH NORFOLK, PINEY, PORTAGE LA PRAIRIE, PRAIRIE VIEW, REYNOLDS, RIDING MOUNTAIN WEST, RIVERDALE, ROBLIN, ROSEDALE, ST. ANDREWS, ST. LAURENT, STE. ANNE, SIFTON, SPRINGFIELD, STUARTBURN, TACHE, TWO BORDERS, VICTORIA, WATERHEN-NORTHERN AFFAIRS ACT, WEST INTERLAKE, WESTLAKE-GLADSTONE & WOODLANDS. A complete listing of Agricultural Crown Lands available for rent can be found online at: [http://resd.ca/leases\\_and\\_permits/LPproperties.aspx](http://resd.ca/leases_and_permits/LPproperties.aspx). The online auction will take place from January 31 - February 4, 2022, hosted by Garton's Auction Service: <https://gartonsauction.com>. For additional information, please contact your nearest Manitoba Agriculture and Resource Development (ARD) Agricultural Crown Lands District Office (or via email at [agcrownlands@gov.mb.ca](mailto:agcrownlands@gov.mb.ca)) or call Real Estate Services Branch at 1-866-210-9589. A listing of ARD Agricultural Crown Lands District Offices can be found online at: <https://www.gov.mb.ca/agriculture/land-management/crownland/agricultural-crown-lands-district-offices.htm>

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## take a break > GAMES

### SUDOKU

			7		3		2	
		8	6	1		3		
	7				8		6	4
	1							2
				4	9			
4			5					
6		9			2			
				3				
7		5				8		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	8	1	9	4	5	2	7	
9	7	2	5	8	4	6	1	
5	1	4	2	7	8	6	3	9
1	8	9	7	2	5	3	6	4
3	5	7	6	4	1	2	9	8
2	4	6	9	8	3	7	1	5
4	9	5	8	6	2	1	7	3
7	6	3	4	1	9	8	5	2
8	2	1	3	5	7	9	4	6

Sudoku Answer

T	X	E	N		S	I	S	E	E	I
N	I	S	O	E	B	T	T	L	T	I
E	N	V	H	T	E	I	T	V	V	C
C	U	E	R		S	V	S	I	N	T
					R	O	T	V	C	I
G	N	I	D	O	R	E	V	R	E	O
G	V	B	T	I	V	M	B	T		
E	N	E	O	T				I	O	R
					E	S	E	D	E	B
	R	I	M	P	E	T	I	N	O	B
A	V	R	V	C	A	R	V	H		
E	T	B	V	V	T	E	H	O	S	N
K	V	T	F	E	R	O	T	O	R	O
O	U	V	A	V	C	O	P	E	H	C
C	I	S		C	D		S	K	S	V

Crossword Answer



## CROSSWORD

### CLUES ACROSS

1. Requests
5. Calendar month
8. Invests in little enterprises
12. Bird sound
14. S. American plant cultivated for tubers
15. Car
16. Bullfighter
18. Hill (Celtic)
19. Strong criticism
20. Detector
21. When you hope to get there
22. Having the skill to do something
23. Legendary MLB broadcaster
26. Vulcanite
30. C. Asian mountain range
31. In a way, healed
32. Midway between east and southeast
33. Small appendages of insects
34. \_\_\_ Greene, "Bonanza" actor
39. A place to bathe
42. Postal worker accessory
44. Classical music
46. A way of wrecking
47. Terminator
49. You eat three a day
50. Pointed end of a pen
51. NATO official (abbr.)
56. Genus of clams
57. Boxing's "G.O.A.T."
58. A colorless, odorless gas used as fuel
59. Covered thinly with gold paint
60. Bachelor of Laws
61. Red fluorescent dye
62. Engineering group
63. Female sibling
64. Adjacent

### CLUES DOWN

1. What a thespian does

1	2	3	4		5	6	7		8	9	10	11
12				13		14			15			
16					17		18			19		
20						21			22			
				23		24			25			
26	27	28	29				30					
31							32					
33									34	35	36	37
				39	40	41		42	43			
								46				
				44	45							
							48					
49						50			51		52	53
56						57			58			
59						60				61		
62						63				64		

2. Footwear
3. Adjust spacing between
4. Witnesses
5. Who shows excessive fondness
6. Distinct form of a plant
7. National capital
8. Hunting expedition
9. Related to medulla oblongata
10. European country
11. Cola
13. Excluded from use or mention
17. Speak
24. Bloodshot
25. Make better
26. Keyboard key
27. Type of degree
28. Paddle
29. Peacock network
35. Not young

36. Baseball stat
37. One's grandmother
38. Breakfast food
40. Bathroom features
41. Disease-causing bacterium
42. NY ballplayer
43. Got up
44. Prophet
45. Part of the mouth
47. Unnatural
48. Acronym for brain science study
49. Three are famous
52. Languages spoken in Patagonia
53. Freedom from difficulty
54. Widely used OS
55. Many people pay it



# Classifieds

*Selkirk Record*

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INVOICES  
ESTIMATE SHEETS  
POSTERS  
MEMO PADS  
POST CARDS



**Call Today!**  
**204-467-5836**

### HELP WANTED

Galay Landscaping is looking for help with our snow clearing operations in Selkirk. We need people on shovels and snow blowers as well as experienced operators on skid steers, loaders and class 3 truck drivers. Must have a class 5 drivers license or ability to get to sites within Selkirk independently. Starting wages \$16-\$30 per hour depending upon experience and qualifications. Apply by emailing resume to [info@galaylandscaping.com](mailto:info@galaylandscaping.com)

### SHOP LOCAL

**McSherry Auctions**  
12 Patterson Dr.,  
Stonewall, MB

**Online Timed Auctions**  
@ [iCollector.com](http://iCollector.com)

**Estate & Moving**  
Closes Wed Jan 19 @ 7:00 PM

**Estate & Moving**  
featuring Guns and Ammo  
Closes Wed Jan 26 @ 7:00 PM

Consignments Welcome!

(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

### HELP WANTED

Jade Transport now hiring Class 1 drivers. Full and part-time positions. Dedicated lanes available. Apply at [www.jadetransport.com/careers](http://www.jadetransport.com/careers)

\$16/hour, no experience needed. Cooking skills a must. 4-5 days a week, 4 hrs a day. Homecare-like duties. Call 204-406-5667.

In Lac du Bonnet, room & board plus cash for minor house-keeping and errands and some company. Must have valid drivers license and be COVID vaccinated. Car supplied. Phone calls only to apply (no texts). Call 204-340-6987.

### WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

### MISCELLANEOUS

Selling Kenmore stackable dryer for parts. Model 970C 88172-00. Electronic control panel is defective, otherwise dryer is in G.C. Asking \$80 for complete unit. Call Doug 204-785-2894.

For sale - 1 Acorn Chair Lift \$1,400 obo; also 1 Savaria Chair Lift for sale, \$800 obo. Please call 204-482-7024.

### MISCELLANEOUS

For sale in Selkirk, "Invacare" Geri Chair. Brand new condition. Reg \$2,100., asking \$1,200 OBO. Includes head rest, head wings, contoured seat cushion, lap tray, adjustable foot rest, 18 inch tilt recline, etc. Used only 6 weeks. For further info call Sherry 1-204-299-9184.

### MISCELLANEOUS

God gives us something to do on His day. He calls us to worship, to prayer and times of meditation in private, in the family, and in public. If we are to have proper views of the Lord's Day, we need to recognize that it is not merely what we think is right for that day. Malcolm MacInnes (1825-1903). Please support us in the cause to preserve the Christian Sabbath Day. [www.clda.ca](http://www.clda.ca)

### NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a winter or Christmas event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

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### ADVERTISE IN THE SELKIRK RECORD

## Career Opportunity – Swiss Army Knife

Do you want to bring your **multi-dimensional skills** to the next level in an exciting agricultural construction environment? Do you thrive on having **variety** day to day in logistics, parts/inventory management, and procurement? Are your coordination skills underutilized? Do you seek the **pride** in being integrally involved in establishing "**Landmark**" facilities?

Work **directly** with the management and owners to make a big difference in how projects are carried through, by joining our small interactive team of **professionals** as our "Swiss Army Knife" - Supply Chain/Project Support Coordinator. You will have the opportunity to **become excellent** at collaboration and communication, with technical, operations, executives, and customers. Get exposure to all aspects of fertilizer turn-key projects and participate in the **growth** for both you and our company Hi Tech Installations Ltd. ([www.hitechinstallations.ca](http://www.hitechinstallations.ca)).

Please contact us at: [hitech@hitechinstallations.ca](mailto:hitech@hitechinstallations.ca)

**"When Craftsmanship Counts"**



Eddie's Gravel Supply Ltd. is hiring

## CLASS 1 DRIVERS - WINTER ROAD HAULING

Competitive wages,  
Training, Bonuses  
[info@eddiegravel.com](mailto:info@eddiegravel.com)  
204-389-2023  
102086 Hwy #9,  
Winnipeg Beach, MB

Eddie's Gravel Supply Ltd. is HIRING

## CLASS 1 DRIVERS, LOCAL/SHORT HAULING

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Training  
Benefits  
204-389-2023  
[info@eddiegravel.com](mailto:info@eddiegravel.com)  
102086 Hwy #9, Wpg Beach, MB

## HEALTH CARE AIDES

All shifts available. Wages dependant on experience. To join our Bonded Health Services Team call or drop resume in person or email to [ihebert@bondedhealth.ca](mailto:ihebert@bondedhealth.ca)



## BONDED HEALTH SERVICES

230 Manitoba Ave., Selkirk  
**204-785-1992**

## Narol Fire Department

## FIRE FIGHTERS WANTED

**THE NAROL FIRE DEPARTMENT IS CURRENTLY ACCEPTING APPLICATIONS FOR FIRE FIGHTERS.**

Applicants must be a resident of the RM. of St. Clements and reside within the Narol Fire Department's Fire District.

Applicants:

- Must be 18 years of age or older
- Must have Grade 12 Education (High School Diploma or GED)
- Must be medically and physically fit for Fire Fighting duties (Doctor's Certificate must be provided)
- Must have or be able to obtain a Manitoba Class 4 Drivers License with "Air Brake Endorsement"
- Must supply a Driver's Abstract
- Must have or be able to obtain Standard First Aid & CPR
- If selected for an interview must provide a Criminal Records check including Vulnerable Sector Clearance.
- Must have Level 1 Accredited Firefighting Certificate or must be able to obtain.

Applications will be received for the above position until **4:00 PM on Friday, January 28, 2022.**

Interested persons are asked to submit a resume clearly marked "Narol Fire Department" by mail, fax or email to the address listed below.

The Narol Fire Department would like to thank all who have applied and advise that only those selected for an interview will be further notified.

Deepak Joshi, CAO  
R.M. of St. Clements  
1043 Kittson Road  
Box 2 Group 35 RR1  
East Selkirk, Manitoba R0E 0M0  
Telephone: Selkirk 204-482-3300  
Winnipeg: 204-474-2642  
Toll Free: 1-888-797-8725  
Fax: 1-204-482-3098  
Email: [info@rmofstclements.com](mailto:info@rmofstclements.com)  
Website: [www.rmofstclements.com](http://www.rmofstclements.com)



## RM OF WEST ST. PAUL

## PUBLIC NOTICE

### REGARDING THE INTENTION TO GIVE THIRD READING TO A BY-LAW TO ESTABLISH A WARD SYSTEM

PUBLIC NOTICE is hereby given pursuant to subsection 87(4) of The Municipal Act that the Council of the Rural Municipality of West St. Paul intends to give third reading to a by-law establishing a ward system for the purpose of holding a municipal election.

The third reading of the by-law is scheduled to be given at the Regular Meeting of Council, to be held virtually via zoom and viewable live on the Municipal YouTube channel, on the January 27, 2022 at (6:00pm).

Copies of the by-law to establish a ward system for the purpose of holding a municipal election are available for review and may be examined by contacting our office at 204-338-0306 to make viewing arrangements during regular office hours of the municipal office at 3550 Main Street, West St. Paul, Manitoba or on the municipal website at [www.weststpaul.com](http://www.weststpaul.com)

Dated this 13th day of January, 2022.

Brent Olynyk, MPA, ISM  
Chief Administrative Officer  
RM of West St. Paul



# Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## NOTICES

TRUST the 37 Weekly Manitoba Community Newspapers to get your messaging out! Blanket Classifieds are a great way of getting a message out to all of our member papers at once! We are now booking Classified Advertising for 2022. Call 204-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

## NOTICE TO CREDITORS

IN THE MATTER of the Estate of MINNIE MARILYN OWENS, of the Village of Dunnotar, in Manitoba, Deceased. All claims against the above estate, duly verified by Statutory Declaration, must be sent to the undersigned at 244 Manitoba Avenue, P.O. Box 336, Selkirk, Manitoba R1A 2B3, on or about the 2nd day of March, 2022. DATED at the City of Selkirk, in the Province of Manitoba, this 10th day of January, 2022. RICHARD M. ALCOCK LAW OFFICE Solicitor for the Executor

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Online Patient Support Groups

January 22  
April 23  
10:30 am MB time

Patients, families & friends welcome!  
You are not alone

Register:  
[sclerodermamanitoba.com](http://sclerodermamanitoba.com)

204-256-0225



Peace Out at the Lady

Lovely Lunch & Fresh as a Daisy Displays

Not to mention, Christmas is in the SALE ROOM

Enjoy the drive & bring the truck!

[ladyofthelake.ca](http://ladyofthelake.ca)  
(204)725-4181

Brandon, MB

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THE BATTERY MAN  
1390 St. James St., WPG  
1-877-775-8271  
[www.batteryman.ca](http://www.batteryman.ca)



Class 1 company drivers and owner operators

wanted to haul bulk liquid products throughout MB, SK, AB and the US.

Loaded and empty miles paid!

Dedicated dispatch, well maintained equipment, comprehensive benefits package.

Contact us or submit your resume to Cody:

Phone: 204.571.0187

Email: [recruiting@renaissancetrans.ca](mailto:recruiting@renaissancetrans.ca)

Online: [www.renaisancetrans.ca](http://www.renaisancetrans.ca)

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- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 37 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

**Evan Kreutzer.ca**  
Real Estate Services Inc.  
325 Manitoba Ave. Selkirk  
204-482-7355  
204-482-7355  
482-7355  
485-0407

**WANTING TO SELL BEFORE SPRING?**  
**We're Looking for New Listings!**  
We have Interested Qualified Buyers! **CALL US TODAY AND GET MOVING!**

445 Manitoba Ave **\$330,000**

Spacious 3 bedrm, double garage, fenced yard. CALL WAYDE

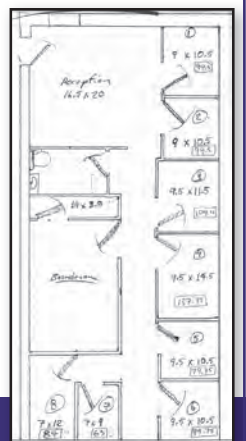
**BIRD RIVER LANDING**  
138 acres, 2,600 ft waterfront  
**\$369,000**

## CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



### Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:

BIG Real Estate  
204-485-0010

email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)

## 204 PALLET AND PACKAGING

Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. Please call 204-344-5404 for more details.

## EMPLOYMENT OPPORTUNITY

**McSherry Auction**  
12 Patterson Dr.  
Stonewall, MB R0C 2Z0

Is looking to hire ASAP, an energetic, outgoing, person who will be responsible for a variety of administrative jobs, not limited to but including: Data entry, uploading auctions / pictures to the hosting platform, answering phone, invoicing, payroll, resizing photos, preparations of appraisals for auctions/ divorces, answering phones & customer service. Applicant must be efficient in accessing the web/ manipulation of data in Word, Excel, have good typing skills, and pleasant phone demeanor! Wage negotiable based on experience and qualifications.

Please send resume to [mcsherry@mymts.net](mailto:mcsherry@mymts.net).

Only qualifying applicants will be contacted.

## See Us for Everything YOU NEED to PROMOTE YOUR BUSINESS

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Call 204-785-1618



# Announcements

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*The Selkirk Record*

ANNOUNCEMENT  
BIRTH ANNOUNCEMENT



Nicole Rivard and Dean Kaziw are happy to announce the birth of their daughter Karris Lee-Ann Kaziw. Karris was born at 5:57 a.m. on December 11, 2021 at HSC Winnipeg Women's Hospital weighing 6 lbs 15 oz and 19 inches long. Grandparents are Lauri and Roger Thomas, Cheryl and Ervin Kaziw, and the late Darren Rivard.

ANNOUNCEMENT  
ENGAGEMENT



The families of Haley Kwiatek and Keaton Yuskow are absolutely thrilled to announce their very romantic engagement! There is a wedding social planned (if restrictions allow) on April 30th at the St. Andrews Community Club and a summer wedding on August 27th, 2022

ANNOUNCEMENT  
IN MEMORIAM



Marion Laye (Hardwick)  
January 17, 2020  
Loving and kind in all your ways, Upright and just to the end of your days; Sincere and true in your heart and mind, Beautiful memories you left behind. There's not a day dear Sister I do not think of you.  
-Love and miss you Sis, Ingrid

ANNOUNCEMENT  
IN MEMORIAM



Peter Skazyk  
July 11, 1936 - January 19, 2021  
In loving memory of my dear husband and our father and grandfather who left us one year ago  
Your memory is a keepsake, From which we'll never part; God has you in His keeping, We have you in our hearts. Words cannot express how much we miss you  
-Love, Frances, Allan, Greg, Eddy and families

ANNOUNCEMENT  
IN MEMORIAM



Hazel Pruden  
2002 - 2022  
Mom  
If tears could build a stairway, And memories a lane, We would walk right up to heaven And bring you home again.  
-Love always, your family

OBITUARY



Ronald Gene Thomas Chambers  
Peacefully on January 8, 2022 at the Selkirk Regional Health Centre, with Bev by his side, Ron Chambers, aged 79 years of Selkirk, MB. passed away.  
He was predeceased by his parents Archie and Blanch; brothers Ab and Dave; sisters Margaret and Patricia and first wife Liz.  
He leaves behind to mourn his wife Beverley Rubashewsky and little buddy Parker; sons Ron (Shelby), Dwayne and Randy; daughter Kim; brothers Archie (Gertrude) and Bob (Linda); sister Kathy (Ron); sister-in-law Jean; good friends Trevor Rubashewsky and Larry Hourie. Special thanks to Angie Bruce and family.  
In accordance with his wishes, cremation has taken place and no formal service will be held.  
Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



**Remember your loved ones or send your special wishes to your friends and family.**

*The Selkirk Record*

**Call 204-785-1618 Today!**

ANNOUNCEMENT  
IN MEMORIAM



In loving memory of Bert Olender who passed away on January 13, 2020  
A day doesn't go by that we don't think of you and miss you.  
-Love Olga and families

OBITUARY



Ron Gagne  
It is with heaviest of hearts that we announce the passing of Ron (Roland) Gagne. He passed away December 19, 2021 at the age of 84 after a lengthy illness.  
He is survived by his best friend and cherished wife Joan of 57 years; his two sons whom he adored Kelly (Debbie) and Corey; his precious grandchildren Kelcey, Mathew and Kyle.  
Ron was a semi-truck driver for Kingsway, Motorways Transport for over 30 years. Earning a million-mile accident-free miles award. When Ron retired, he went to work for the Steeltown Ford family for 16 years, although he never thought of this as work but spending his days with family.  
We wish to send a special thank you to Jason and Shauna and our Steeltown Ford family, also to the Selkirk Betel Home staff and Dr. Sexton for all the care and compassion.

In life, we loved you dearly  
In death, we love you still  
In our hearts, you hold a place no one can ever fill.  
Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



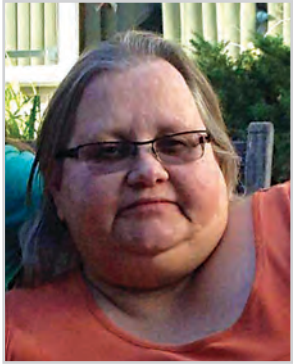


# Announcements

The Selkirk Record

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## OBITUARY



**Diane Christine Logan**  
November 29, 1961 – January 4, 2022

Peacefully on Monday, January 4th, 2022 at Deer Lodge Center with her loving daughter Megan and sister Jennifer by her side, Diane left this world to join her loved ones who have passed on before her.

She is survived by her mother Valdina; daughter Megan (Ambrose); grandchildren Kobe, Kaylyn, Anthony and Amaya; siblings Sonny (Cindy), Jennifer (Ron) and Hans (Kelly). She will also be missed by her many nieces, nephews, aunts, uncles, cousins and lots of friends who will miss her dearly.

Diane had the biggest heart and kindest soul so it is no wonder that she devoted her working life to Community Living in Selkirk, MB since 1989. The individuals she supported were like a second family to her whom she loved dearly and she made many, many

more special friendships and even more memories with her coworkers who adored her dearly. She took great pride in her job and would still be there working today if she could.

She spent her last five years living at Deer Lodge Center which she made her home and again made many new friends. Diane was such a social easygoing, outgoing lady which was why it was so easy for her to make friends, people would just gravitate to her. She enjoyed playing cards and dice, games on her phone, Scrabble, Yahtzee, going to bingo and making crafts. And most of all family time with her daughter and her four grandchildren.

A huge heart filled thanks to all the staff on the 5th floor of Deer Lodge Center who looked after Diane with such loving care. To the many nurses, hca's, her physio team, her doctors and everyone else from the bottom of our hearts we thank you. Mom always said she had a good bunch there.

A celebration of life will be held at a later date in the spring/summer.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Marie Cyr (nee Etter)**  
April 22, 1944 – December 29, 2021

Peacefully with her children by her side, Marie Cyr, beloved mother, grandmother, great-grandmother, aunt and friend passed away on December 29, 2021.

Marie will be lovingly remembered and deeply missed by her son Brian Cyr and wife Kim, grandchildren Alexandra (Kyle), Jessica and Nicholas; daughter Josette Cyr, grandchildren Dustin (Crystal) and Robbie; four great-grandchildren and several nieces and nephews.

Marie was predeceased by her parents Sam and Ina Etter; four brothers, Maurice, Eddie, Jackie and Robert and sister Josette.

Marie was born in France and at age 14 her family immigrated to Canada, specifically Selkirk, MB. Marie eventually settled in Winnipeg to raise her children. She worked at Middlechurch Home

as a Health Care Aide for many years where she provided exceptional care to the residents until she retired.

Marie had all the characteristics you want in a mother. She was supportive, nurturing, caring, generous and compassionate. She was a dedicated and devoted single mother who worked hard to support and raise her two children. While those times were challenging, there was never a shortage of love. She was always so proud of her children and grandchildren and would proudly display their arts and crafts and drawings in her home.

Marie was known for her delicious cooking, especially her legendary cabbage rolls, which to this day cannot be duplicated. It brought her great joy to cook for her family and her family always looked forward to her dinners.

Marie never shied away from a challenge or hard work. She had a quick wit and loved to joke around with her kids. She will be remembered for her generous nature and easy-going personality. She never had an unkind word to say about anyone and her generosity had no boundaries and no exceptions.

Marie was deeply spiritual and her faith defined the life she lived. She was confident in her belief that, "with complete faith there is no fear of what faces you in life or death" and "It is in love we are made, in love we disappear".

Our family extends thanks to Mom's doctors and nurses at St. Boniface Hospital who gave her exceptional care. As well, our sincere thanks to the staff at Actionmarguerite St. Boniface, who cared for Mom on a daily basis and affectionately called her "Mamma Bear". Your kindness and dedication to our Mom's care during these last years will always be greatly appreciated.

A special thank you to Rick Kotaska at Interlake Cremation & Memorial Services who was an invaluable resource and provided immense support and guidance through this difficult time.

There will be no formal service at this time. A private service will be held at a later date.

Friends and family are invited to visit Marie's memorial page @interlakecremation.ca, where memories and condolences may be shared.

You are gone, but thank you

For all these soft, sweet things, you have left behind

In my home, in my head, in my heart

You are always with me.

Arrangements entrusted to

**Interlake Cremation  
& Memorial Services**  
204.482.1040

## OBITUARY



**Dawn Darlene Marie Henderson**

Dawn Darlene Marie (nee McGee) Henderson, age 72 years, passed away peacefully at the Brandon Regional Health Centre on Monday, January 3, 2022 after a battle with cancer.

Dawn will be lovingly remembered by her husband of 51 years, Bill; daughter Erin Dawn (Kevin) Voodre; and son Darcy (Deanna). Dawn was very active with her kids, involved with Brownies, Girl Guides and baseball. She was also blessed with four grandchildren, she adored Aidan, Grace, Shae-Lynn Dawn and Kaleb, who affectionately called her Nana.

Dawn was born March 6, 1949 in Selkirk to Frank and Katherine (nee Stefaniuk) McGee of East Selkirk. She attended St. Benedict's Academy for three years. Dawn married William Gerald "Bill" Henderson on April 11, 1970 and they celebrated their 50th wedding anniversary in 2020. Bill was employed with Manitoba

Hydro and so they had the opportunity to know Manitoba by living in Thompson, The Pas, Selkirk, Gimli, and Brandon over the years. They settled in Brandon in 1987 and made it their permanent home. Dawn was very active in Kinettes and received the Elspeth Rogers Knette Life Member award. More importantly, besides being a mother to her own children, she spent many years as a nanny or a second mom to Dan Donald, Krista, Adam and Bryce Carter and Courtney and Maddie White. She loved them like her own. Also left to mourn include her two brothers, Bill (Donna) of Beausejour, and Dale (Dianne) of East Selkirk; four brothers-in-law, George (Marlies), Bob (Elaine), Doug (Brenda) and Donnie; and many nieces and nephews.

The family would also like to acknowledge the friendship and kindness of their neighbors and friends in Brandon, with a special hug for Gary and Garda Donohoe. The family would like to thank the doctors and staff at the Brandon Regional Health Centre for their care of Nana in her final weeks.

A private family graveside service was held at the Brandon Cemetery.

Flowers are gratefully declined. Donations in memory of Dawn may be made to the Canadian Cancer Society, 185 Sherbrook Street, Winnipeg, MB R3C 2B7.

Expressions of sympathy may be made at [www.memorieschapel.com](http://www.memorieschapel.com)

Arrangements with  
Memories Chapel, Brandon 1-855-727-0330

## OBITUARY



**Blake Morrison**

With heavy hearts we announce the unexpected passing of Robert Blake Morrison on Tuesday, January 4th, 2022, having endured a lengthy respiratory illness since his retirement in 2014.

He leaves to mourn his beloved wife Darlene (nee Waterman) of 36 years; daughter Cassie (Jerret); son Jarret (Stephanie); grandchildren Harlow and Ryder, who were his pride and joy; sister Lisa (Adolf), sister-in-law Gaylene (Jeff), brother-in-law Darrell, numerous nieces, nephews, aunts, uncles, cousins and countless friends.

He was predeceased by his parents Bob and Gail Morrison; grandparents Howard and Rose Morrison, Randy and Alice Christie; his in-laws Bunny and Eleanor Waterman; nephew Dusty Siemens and cousin Jeff Kirton.

Blake excelled in sports, especially hockey. Those who remember his playing days will recall his physical style, but he often reflected that his skills included putting the puck in the net. He started playing minor hockey in Selkirk, had stops in the WHL and finished up with the Selkirk Steelers. Many of his teammates along the way played professional hockey – had he not suffered injuries he was destined for the NHL.

His employment with Gerdau Steel Mill spanned 30 years, enabling him to retire at 50 years of age. Blake and Darlene shared an entrepreneurial spirit. Together they farmed, had rental properties, and established a garden center. Blake was especially proud of the century old family farm. In his youth he worked alongside his grandpa Howard and his dad. After his retirement Blake worked as a bodyguard and chase-car driver for Art Burke and popular TV show Ice Road Truckers. He loved doing this and often shared stories of being on the road.

The grandkids were very important to Blake. He was always thinking of them and things he could make for them. A silo converted to a playhouse was just one of his projects. The cold weather wasn't high on his list lately, but he enjoyed Harlow and Ryder learning to skate. Keeping the yard neat and tidy was a priority, whether it was clearing snow, cutting grass, or tending to his homemade pond.

Blake was known as a big man, but to us he was also larger than life. His sense of humor, one-liners and practical jokes were second to none. One of his favorite lines was "that's it...put out your torch...you're off the island". He backed his family no matter what and was always interested in each one. He was the first to help and the last to leave. If you knew Blake, you'd know what a "zippy" was, and he'd enjoy you toasting one to him.

The family would like to thank the efforts of the Selkirk EMS and the staff at the Selkirk Regional Health Centre.

In lieu of flowers a donation to Canadian Tire Jumpstart or St. Boniface NICU would be greatly appreciated on behalf of his grandchildren Harlow and Ryder.

Cremation has taken place. In keeping with Blake's wishes, the family will have a private service at a later date.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.





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*The Selkirk Record*

## OBITUARY



### Albert Victor Robert Dickson

Albert Victor Robert Dickson passed away peacefully on December 31, 2021 at Betel Personal Care Home in Selkirk, Manitoba.

Albert was born in London, England on October 14, 1934 to Robert and Margaret (Beattie) Dickson. The family relocated to Belfast, Northern Ireland, when Albert was four years old. Albert grew up and attended grade school in Belfast. He also took piano lessons and, by 12 years of age, was quite an accomplished pianist. He could play the piano for family sing-a-longs. He continued his education and training to become a weaving loom mechanic in the fine linen industry.

As a young teenager in Belfast, Albert seriously injured his left knee in a cycling accident. He spent over a year in hospital recuperating from orthopedic surgery. His knee joint was replaced

with a bone graft which caused him to walk with a limp thereafter. After his stay in the hospital, he spent another year at home recuperating. During this year, Albert decided to pass the time by practicing and further developing his piano playing skills. He spent numerous hours at the piano. Throughout most of his life, if he heard a tune that caught his attention, he could usually sit down at the piano and play it by ear. He was also talented at playing the accordion. Sometimes he would bring his accordion to family gatherings where everyone would gather around and sing songs.

Albert had a spirit for adventure. He responded to an advertisement to work in Canada. In 1956, he made the trip by ship, across the Atlantic Ocean, and landed in Montreal, Quebec. He started work at Caldwell Linen Mills in Iroquois, Ontario.

In 1957, the love of his life, who was still in Belfast, also made the trip across the Atlantic Ocean. Albert and Margaret (McAlister) were married in Morrisburg, Ontario in April 1958.

Through the years, Albert and Margaret worked at a number of jobs in the Seaway District. They were also heavily involved in their church, where Albert played the piano for most of the services. Albert was very mechanically minded and could fix almost anything around the house. To complement his love of music and the piano, he took a course on how to tune and rebuild pianos. As a result, he was able to establish a part time business tuning and rebuilding pianos.

In 1967, the family moved to Granby, Quebec where Albert worked for Dominion Textiles. In 1977, the family relocated to Arborg, Manitoba where Albert was employed as a manager for Promo Wear. A couple of years later, Albert moved on to Johnson's Hardware store in Arborg and worked there for many years before retiring.

In his later years, he took a locksmithing course and added this service to his sideline business.

Albert also enjoyed the outdoors and camping. In the early years, many family summer vacations were spent camping in Vermont and Maine. In Manitoba, camping was enjoyed at Hecla Island, Hnausa and Falcon Lake.

Through the years, wherever he lived, Albert was very involved in the church. Albert and Margaret, along with three other families, were instrumental in establishing Arborg Christian Fellowship in 1978.

Albert is survived by his wife, Margaret, and children Mark (Debbie), Carol (Brad) Hogg, and Andrew (Nicole). He will be lovingly remembered by his grandchildren Jennica (Ethan), Ashleigh, Kayley, Caitlyn, Nikolas, and Sarah (Jonah). He will be dearly missed by his sister, Marie, in Northern Ireland, along with his nieces and their families.

Cremation has taken place. Due to COVID restrictions, a memorial service will occur at a later date.

The family would like to thank the staff at Betel Personal Care Home in Selkirk for their excellent care and compassion.

Memorial donations may be made to the Alzheimer Society of Manitoba at [www.alzheimer.mb.ca](http://www.alzheimer.mb.ca)

Condolences may be left on Albert's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



### Irene Salmon

Suddenly on January 2, 2022, Irene passed away.

She was born in Dundee, Scotland and came to Canada in 1967. Irene is survived by her loving husband of 53 years, Art; sons Scott and Neal (Nanette); daughter Shirley (Tony); sister-in-law, Gail; nieces Kirsty, Kaily, Allison and Gail; nephews Craig and Douglas and grandchildren Liam and Carson.

As per Irene's wishes, no service will be held.

Special thanks to the ambulance and emergency crew who tried to revive Irene. May God bless you all.

Friends and family are invited to visit Irene's memorial page @ [interlakecremation.ca](http://interlakecremation.ca), where memories and condolences may be shared.

Arrangements entrusted to

*Interlake Cremation  
& Memorial Services*  
204.482.1040

## OBITUARY



### William Howard (Howie) Oig

Peacefully on January 3, 2022, at the Selkirk Regional Health Centre, Howie left us to join his family and friends that went before him.

Howie has now joined his mother Jean, father Bill, brother Jimmy and grandparents Lawrence and Margret Smith along with many other family and friends.

Howie leaves behind his sister Susan, brothers John (June) and Doug along with his nieces Pam and Laura, nephews James and Clayton, sister-in-law Debbie and stepsisters Rain, Stacy, Billy and Bobby.

Howie lived in Gimli where he had a second family and many friends. The staff at his home in Gimli were his family and provided a loving, caring home for Howie. Kathy was a special friend to Howie and took him on many outings and created wonderful

memories that Howie cherished and often told stories of his adventures. We thank all the staff for the wonderful care they provided Howie and the loving, caring environment they provided to make Howie a true home.

Howie was truly loved by all that knew him. Howie spent a lot of time in his younger years at his grandparent's house on Taylor Avenue. He would go see the rabbits in their shed and spend a lot of time playing with the rabbits. He would then go into the house for coffee and cookies with grandma and grandpa before going home. Howie loved his music and would sing along with his favourite Johnny Cash records and his all-time favourite "Please come to Boston".

Howie lived a full life with many fond memories mainly due to his family and friends that loved him deeply and showed him care, compassion and kindness. Howie's unique and wonderful personality made you smile; he always had a hearty handshake and loved his coffee. Howie will be truly missed.

The family would like to thank Doctor Gillette and nursing staff at the Selkirk Regional Health Centre for the wonderful care they provided to Howie in his final days. We also thank Gilbert's Funeral Home for their service and compassionate care.

Cremation has taken place and a celebration of Howie's life will be held this June to allow for his family and friends to gather.

We love you Ramblin' boy, save us some coffee, until we meet again, your family.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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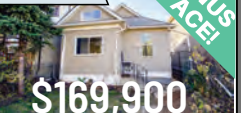









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<div><p>ASHLEY</p><p>4 ACRES!</p><p><b>\$657,500</b></p><p>25 McFee Place East Selkirk</p></div>	<div><p>HH TEAM</p><p>80 ACRES!</p><p><b>\$389,900</b></p><p>113142 Rd 13E Fraserwood, MB</p></div>	<div><p>ASHLEY</p><p>SOLD!</p><p><b>\$629,900</b></p><p>977 Cloverdale Rd St Andrews, MB</p></div>	<div><p>ASHLEY</p><p>PENDING!</p><p><b>\$629,900</b></p><p>5357 No.9 Hwy St Andrews, MB</p></div>	<div><p>HH TEAM</p><p>SOLD!</p><p><b>\$339,500</b></p><p>8-320 Pearson Pkwy Selkirk</p></div>
<div><p>HH TEAM</p><p>BONUS SPACE!</p><p><b>\$169,900</b></p><p>1552 Alexander Ave Weston, Wpg</p></div>	<div><p>HH TEAM</p><p>NEW PRICE!</p><p><b>\$209,900</b></p><p>1005 Magnus Ave Winnipeg MB</p></div>	<div><p>ASHLEY</p><p>CREEK!</p><p><b>\$225,000</b></p><p>Byers Drive East Selkirk</p></div>	<div><p>HH TEAM</p><p>PENDING!</p><p><b>\$178,500</b></p><p>316-1671 Plessis Rd Transcona, Wpg</p></div>	<div><p>HH TEAM</p><p>PENDING!</p><p><b>\$269,900</b></p><p>8156 99 Road N, Rockwood</p></div>
<div><p>HH TEAM</p><p>SOLD!</p><p><b>\$59,500</b></p><p>1 Tamarack Lane Clandeboye</p></div>	<div><p>HH TEAM</p><p>2.4 ACRES</p><p><b>\$84,900</b></p><p>1 Fuller Road St. Clements</p></div>	<div><p>HH TEAM</p><p>2.2 ACRES</p><p><b>\$84,900</b></p><p>7 Fuller Road St. Clements</p></div>	<div><p>HH TEAM</p><p>PENDING!</p><p><b>\$149,900</b></p><p>102-65 Main Street Selkirk</p></div>	<div><p>HH TEAM</p><p>2.27 ACRES</p><p><b>\$62,900</b></p><p>0 Janisch Road Petersfield</p></div>

YOUR DECEMBER MARKET UPDATE!								
RM OF ST ANDREWS			SELKIRK			RM OF ST CLEMENTS		
NEW LISTINGS	SOLD LISTINGS	AVG DAYS ON MARKET	NEW LISTINGS	SOLD LISTINGS	AVG DAYS ON MARKET	NEW LISTINGS	SOLD LISTINGS	AVG DAYS ON MARKET
6	7	24	6	8	36	9	12	30
AVG SALE PRICE		HIGHEST SALE PRICE	AVG SALE PRICE		HIGHEST SALE PRICE	AVG SALE PRICE		HIGHEST SALE PRICE
\$421,614		\$657,000	\$330,355		\$502,647	\$321,525		\$560,000