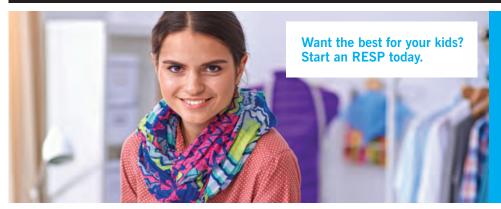


RECORD PHOTO BY LINDSEY ENNS Thirteen-year-old Autumn Adams of Selkirk embraces her dog Oreo while her dog Shiloh looks on before going dog sledding along the Red River near Selkirk Park last Saturday afternoon. For a story and more photos, see Page 9.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



Chad Krut Financial Advisor Krut Agencies Ltd 326 Main St | Selkirk 204-482-8558 www.cooperators.ca/Krut-Agencies

A Better Place For You®

Home Autopac Life Investments Group Business Farm Trave



2 The Selkirk Record Thursday, January 25, 2018 Local body shop owner to help represent Canada at Vegas car show

By Justin Luschinski

Tyler Turton is almost always working.

During the day, he spends much of time in his workshop, Zombie Body Shop, located just outside of Selkirk, working on cars for clients around the province. Once the sun goes down, he eats dinner with his family, makes sure that his two kids are tucked into bed, and then heads right back to work. But his hard work and dedication is starting to pay off.

Turton along with his team with members from across the Interlake have been chosen to represent Canada at the International Ratical Rod Build Off, taking place in Las Vegas.

Teams from around the world will be tasked with building custom vehicles, and drive them from Lincoln, Nebraska, to the SEMA Show in Las Vegas. SEMA is one of the largest car conventions in the world, and it's a chance for Turton's "little shop on the prairie" to make a big splash.

Turton said the competition is fierce, but he's confident that he can show the world that Canada has some world-class talent.

"One of the (competitors) has a TV show in Vegas, another guy has a show in Belgium or whatever," Turton said with a laugh."We're going against top builders with top budgets. I'm going against these dudes who got money.

"Canada is the underdog here. But man, we're going to ... show them,



RECORD PHOTOS BY JUSTIN LUSCHINSKI LEFT: Zombie Body Shop owner, Tyler Turton along with his team with members from across the Interlake have been chosen to represent Canada at the International Ratical Rod Build Off, taking place in Las Vegas. Teams from around the world will be tasked with building custom vehicles, and drive them from Lincoln, Nebraska, to the SEMA Show in Las Vegas. BE-LOW: Pictured from left to right: David Yates, Tyler Turton, Tony Kratzer, and Darren Ralke as well as Dwayne Wiltshire, not pictured, will represent Canada at the largest car show in the world later

this year.

plain and simple,"

Turton will be working alongside with other mechanics from across the Interlake including David Yates, Darren Ralke, Tony Kratzer, and Dwayne Wiltshire. They're all pouring their free time and energy into building a custom truck that might have existed in the 50s. Their project is a 1951 F5

Quad-Cab Panel Truck, and according to Turton, they're basically combining four different trucks to make one unique vehicle.

Darren Ralke, one of the members of Turton's "Team Canada," said that they're putting in a lot of hard work to build an entirely new vehicle.

"We're making a body out of scratch, (we're building) our own cage, our own frame. Takeverything and marrying it, making it into one piece. We're making it look like it might have been designed back in '51, but this has never been made



before," Ralke said.

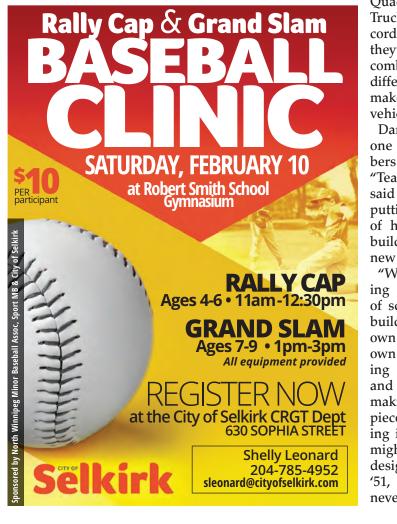
"This is Zombie Body Shop, we're bringing everything back from the dead, and what a perfect opportunity to show what we can do," Turton added.

The team is planning to have their truck completed in 200 days, so that they can show off their creation around the Interlake before they take it to SEMA. There is still a lot of work to be done, they have to cut and weld the parts for the exterior for instance, but Turton said they're well on their way to finishing the vehicle on time.

He added he's not in this contest to make money, he's doing this because he loves cars and he wants to show the world what Canada can do.

"The best part of all of this, you cut your hands, you cut everything, you put your back and shoulders into everything, you burn out," he said. "But at the end of the day, when you finish a big product, when it's all polished and shined up and you see it ripping down the street or at a show, that's the high. That's the high of all of this. There's no money in this. It costs a lot of shoulders, and sweat, (you're) making sure it's perfect, and (you're) double guessing yourself. It's gotta be perfect, I don't want it leaving my shop unless it's perfect."

Turton said if anyone is interested in supporting their team, they can purchase apparel at 204 Skate Shop in Selkirk. You can also follow along on their journey by visiting their Instagram page by searching "zombiebodyshop."



Proposed curbside garbage pickup plan upsets some St. Clements residents

By Justin Luschinski

The RM of St. Clements has proposed a curbside garbage pickup plan that has some residents questioning why it's even being considered.

The plan would add automated curbside garbage pickup every week, and recycling pickup every two weeks. It will cost residents \$105 per year, and if the service is approved, it will be mandatory for most of St. Clements.

Darlene Smith is a longtime St. Clements resident. Her husband runs an independent garbage pickup service, and anytime she needs to get rid of any trash, she just takes it to the transfer station herself.

"Most residents are fine with taking their own garbage to the transfer station, that's how it's been for years," Smith said. "This is going to affect our property taxes, and our livelihood, I don't want to pay taxes for a service I don't need. A lot of people have huge yards, with long gravel driveways. I won't be dragging a big garbage can down my driveway."

The RM conducted surveys to gage public interest for curbside pickup. Smith said that since the surveys were conducted over Facebook, via a mailing list, and on the RM's website, that many residents didn't have the chance to respond.

According to the RM, 565 out of the approximately 2,600 residents responded to a survey in 2017. Of that survey, 45 per cent of people said that they would prefer curbside pickup for their trash and recycling.

St. Clements CAO D.J. Sigmundson says the plan is not finalized yet and that they are listening to the residents' concerns.

"I want to be clear, the survey we conducted was only used to design the program. It's not final, and we are listening to what our residents are saying," Sigmundson said. "There's certainly a percentage of people

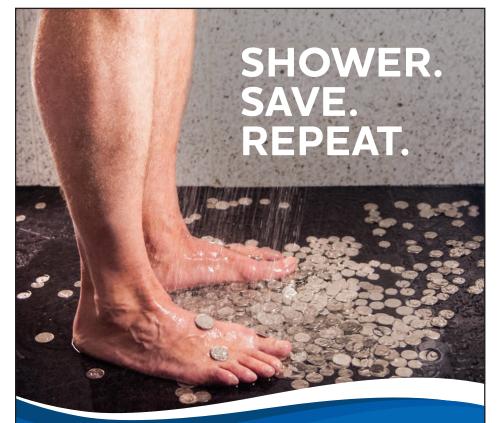
Practice makes perfect for local firefighters



SUBMITTED PHOTO Selkirk Fire Department firefighters practiced their fine movement skills with the department's vehicle extrication tools by playing a game of Jenga and using air bags to raise heavy objects stably during a training night at the local fire hall earlier this month. Firefighters use these skills during vehicle collisions to remove trapped passengers. who don't agree with the plan, and if there's a large number of objections, we can certainly look at a way to not include those people."

According to the RM's website, curbside pickup would allow St. Clements to receive a rebate based on recycling as well as solve a number of other issues, such as waste capacity. The RM is holding a public hearing regarding curbside pickup services on Monday, Jan. 29, at 7 p.m. The meeting will take place inside the East Selkirk Hall located at 771 Old Henderson Highway. For more information, visit rmofstclements.com.

If curbside collection is approved, the RM is aiming for a July 2018 start.



EVERY DROP COUNTS.

Install a free Water & Energy Saver Kit. Save energy. Save water. Save money.

Visit hydro.mb.ca/watersaving or call 1-877-326-3488. Manitoba Hydro POWER SMART

Available in accessible formats upon request.





BUY 3 Whirlpool OR **KitchenAid**[®] AND SAVE THE TAX* NO PAYMENTS FOR 15 MONTHS

SELKIRK | 374 EVELINE STREET | 204.785.8191

A Better Experience

See store for details

nbined with any other offers. Does not apply to previous orders, Clearance, Power Buys, Special Buys and Sale items. See store for details. tore. Although every precaution is taken, errors in price and/or specification may occur in print. We reserve the right to correct any su r a limited time only. Picture may not represent item exactly as shown, advertised items may not be on display at all locations. **On approv and conditions apply. See store and Account Agreement for full terms. January 25 - 28, 2018 only.



📑 😏 🖗 🖸 | SHOP DUFRESNE.CA

Birthday bash in Big Chad's honour to help raise funds for his family

By Lindsey Enns

Local bands are coming together to help put on a tribute night and birthday bash in honour of the late Chad Gaborieau.

The Deeds, Ronnie and the Electric, November Underground, Bad House Highway, House Handshake and others will hit the stage at The Merch on Saturday, Jan. 27 starting at 8 p.m. Tickets are \$20 and all proceeds will be donated to Gaborieau's wife, Jennifer and their four children to help them out during this difficult time.

"With something like this, every little bit helps," said Dean Peterson who along with Gaborieau purchased The Merch in 2015. "It doesn't take away from the loss but it does help. There's no real goal here but definitely we should raise a few thousand dollars for them."

Selkirk's Big Chad Gaborieau died on Jan. 8 at the age of 47 in a Winnipeg hospital after flying home early from a vacation in Jamaica. Friends of Gaborieau confirmed he had contracted a rare staph infection and died suddenly.

Peterson said Gaborieau's birthday was always a big deal at The Merch so they wanted to keep it going. Gaborieau would have turned 48 on Jan. 25.

"He would have wanted us to have his birthday party, that's how he was, he certainly would want everyone to be having a good time," he said. "He wouldn't want us to all be sad and not celebrate his birthday as planned.

"Last year we had two parties for him because it was always just such a big event for his birthday because he was Big Chad."

Peterson, who was a long-time friend of Gaborieau's, said he was known for his huge heart and gave generously to the community and various causes. He was also a music lover and took the time to get to know all of the artists who played at The Merch.

"The outpour of love and respect from the bands that have played here in the last two years has been unbe-



CHAD GABORIEAU

"HE WOULD HAVE WANTED US TO HAVE HIS BIRTHDAY PARTY, THAT'S HOW HE WAS. HE CERTAINLY WOULD WANT EVERYONE TO BE HAVING A GOOD TIME."

lievable," Peterson said.

He added business at The Merch has been steady since news of Gaborieau's death has spread.

"It's very overwhelming, people want to come here and share stories and it's just amazing," he said. "People just want to see other people and share memories.

"It takes you back to the day when the pub was the meeting place. You don't see that as much anymore."

Tickets for Saturday's event can be purchased at The Merch or by visiting 'The Merch" on Facebook. Peterson said they will be selling 131 tickets for the event but will also have some donation tickets available.



The Selkirk Record Thursday, January 25, 2018 5

Backyard rink contest win brings Manitoba Moose players to WSP

By Justin Luschinski

Ken Azaransky built a hockey rink behind his West St. Paul home that was so good, a handful of professional hockey players used it for practice last week.

More than 100 people, including members of the Manitoba Moose, laced up their skates to check out Azaranksy's massive, award-winning hockey rink last Tuesday.

"I was happy," Azaransky said. "I knew what it meant, getting my friends in the community together to enjoy skating with some pro hockey players. We've had skating parties in the past, but getting to play with a couple of Winnipeg Jets drafts playing for the Moose was exciting."

Azaransky built the 24-metre-long and 12-metre-wide rink out of recycled barn wood to give his children a place to play, but he's happy with the response its received.

Azaransky's efforts helped earn him first place in the Manitoba Moose Backyard Rink Contest, which set out to find the best homemade rink in the province and ran from Dec. 11, 2017 to Jan. 5.

Azaransky said he couldn't have constructed the rink without help from the community.

"This rink is something I'm very proud of, but it's the product of a lot of hard work by many people," he said. "Jeff Hudson gave me a hand, he's a carpenter, he helped with some of the assembly work. Without him, and a few others, I don't think the (rink) would be the way that it is."

The rink was constructed in sections, making it relatively easy to set up and



RECORD PHOTOS BY JUSTIN LUSCHINSKI AND COURTESY OF MANITOBA MOOSE/FACEBOOK Ken Azaransky, pictured above left, helped build a 24-metre-long and 12-metre-wide rink out of recycled barn wood behind his West St. Paul home that earned him first place in the Manitoba Moose Backyard Rink Contest. Dozens of skaters, including members of the Manitoba Moose, pictured above right, laced up their skates to check out Azaranksy's award-winning hockey rink last Tuesday.

take down during the spring and fall seasons. Azaransky said that if he had to purchase new lumber for the project, it might have never happened. The rink also features a series of rink lights that illuminate the area during the evening.

The prize for the Manitoba Moose

Backyard Rink Contest winner included Manitoba Moose giveaway items, a signed jersey, and a visit from the team's mascot: Mick E. Moose.





Selkink Record



MARKETING & PROMOTIONS

Lana Meier





SALES

Michelle Balharry

SPORTS EDITOR

Brian Bowman

ADMINISTRATION

Georgia Campbell

Lindsev Enns



Justin Luschinski



OFFICE MANAGER/ADS Lucy Kowalchuk



Christy Brown



Nicole Kapusta









Allana Sawatzky



Set RED RIVER > CHALET BEACH > LAKE WINNIPEG

Welcome my friends.

> ARNIE WEIDL

It was a quiet, cool overcast day early last week as I rumbled slowly past dozens of parked American trucks with trailers on road 32 north of Libau. Their owners, by now, were out on Lake Winnipeg fishing, except one. Just ahead a solitary guy was leaning against the box of his truck drinking a can of coke. I stopped beside him, rolled my window down and asked, "Have you been on the lake yet?" His tall, lanky, easy going nature was evident as he pushed himself away from his truck and slowly came to lean on my door with his forearm. His features were forceful, stately, his smile generous and he spoke in a low voice. 'I got my ATV stuck in the huge snow bank just before the lakes' open ice," he explained. "My boys are with me, that's their rig back there. I told them to go have fun because this is probably the only time they'll ever be able to fish here." He shook my hand as he talked, introducing himself as Blake Beckstead of Grand Forks. After a while I left for Selkirk and noticed him climbing into his truck in my rear view mirror. Hours later I called him to ask his sons names."Tom and Kyle," he said. "Are you still waiting for the boys?" I asked. "Yeah," he responded, sounding tired, "I want this experience to be special for them.""You're a heck of a guy Blake," I told him, "hang in there."

A while back I ran into a slim, always joking chap by the name of Charlie Reuther from Matlock who gave us this story. He was shack fishing with friends and suddenly got a strike. Whatever was on the line pulled hard in a shivering, jerking motion. Soon the face of a large walleye became visible just below the holes water. Charlie pulled up on his rod and in a flash the hook came free of the fish's mouth shooting dangerously close to his ear



SUBMITTED PHOTO Charlie Reuther of Matlock with his walleye catch off Chalet Beach.

hitting the shacks' ceiling! The large walleye still in the holes' water was smacking itself against the ice. Charlie dropped to one knee and grabbed the fish by the gills landing it. When things settled down a friend took a picture of Charlie and his prize and passed it on to us to admire. Thanks, Chuck!

The same day I bounced along on the ice from one shack to another visiting with angling folks east of Chalet Beach. In time I came across a compact dark brown shack. I stopped beside it and called out, "Anybody home?" A sprightly female voice called out, "Come on in." Inside a slight lady, who said she was Linda Feniuk, sat while a white haired chap, Dave Parliament stood jigging his line (there's a last name you won't forget).

They used to go down to Texas' Padre Island in the winter. Dave began a story after I asked him for one. Once when he was shore fishing he caught a gigantic "red fish". There he was on the beach standing over this mound of slimy, glistening flesh looking at it then down the long road where his house was. He couldn't carry it and he wasn't about to lose all that good food by pushing it back into the water. Then it hit him! He took his shirt off wrapping the fish in it and dragged it all the way home!

Later in the week I met a most delightful couple in their shack on the Red by Lockport. Trevor Catchpole was a little quieter than his Erika, yet both loved everything about fishing. When I pulled up to their ice shack and knocked on the door I was greeted by Trevor, a big muscular guy dressed in a t-shirt and summer shorts. Their toasty warm shack had seen many seasons on the ice, lace curtains covered the big window, pictures and novelties covered the white foam insulated walls. Erika, a wholesome, purposeful lady sitting in a folding chair, was ready with a story. When she was a kid in Nova Scotia her dad had a small plane and they used to fly to different lakes to fish. After one of their jaunts, when they got home having fished for hours without luck, Erika realized she had lost her expensive watch at the campsite. Though dad was upset, the next day he flew back to the lake and after much searching found her watch. When he got home he came into the living room with a map and asked Erika to look at the name of the lake. She looked down, then up at dad and started to laugh. The lakes name on the map was"Lake No Good"!

Well, I hope your luck is better on the ice, bye for now.

View the Selkirk Record online at selkirkrecord.ca



CONTACT US By phone: 204-785-1618 fax: 204-467-2679

TO PLACE AN AD or for **COMMERCIAL DESIGN & PRINTING** Brett Mitchell: 204-485-0010 Email: bigandcolourful@mymts.net

Find us: 217 Clandeboye Ave., Michelle Balharry: 204-485-1419 Selkirk, MB R1A 0X2 Email: michelle@selkirkrecord.ca Office Hours: Mon. - Fri. 9:30am-5pm or call our office at 204-785-1618

EDITORIAL Lindsey Enns 204-485-3337 news@selkirkrecord.ca Twitter: @LindseyEnns

Justin Luschinski 204-226-8268 Justin@selkirkrecord.ca Twitter: @ScholarJ

The Selkirk Record welcomes submissions to Letters to the Editor Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836 The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing. This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. – Keep your dollars working at home and shop local. Our commitment to you, the reader – we will connect our people through stories in the paper to build stronger communities.

The Selkirk Record Thursday, January 25, 2018 **7** History book helps document legacy of Libau school district

By Justin Luschinski

A committee of former students have helped launch a book documenting the history of the Libau school district from 1887 to 1967.

The book entitled, "School Districts of the Libau Area of Manitoba," contains news articles and research materials from as far back as 1887.

The book was officially released on Dec. 13, 2017 at the RM of St. Clements office and their first printing of 150 books has already sold out.

Doreen Lansky, a resident of Selkirk, attended Hoey East school in 1952. She was one of the first people to purchase one of the books. She said that she's glad to have a piece of history she can pass down to her family.

"The book is wonderful. It's part of my history, I'm 71 years old, I attended these schools. I went to the reunion in July, Sylvia and Dennis and everyone in the community have done a wonderful job," Lansky said. "This book is going to be passed down in my family, and it's nice to have a record of our history."

The book also contains individual sections that are dedicated to a particular school. In the Hoey East section, there's a brief summary of the school's history, a complete record of



RECORD PHOTOS BY JUSTIN LUSCHINSKI

ABOVE LEFT: Sylvia Sweetland helped compile a history of the Libau school district entitled "School Districts of the Libau Area of Manitoba," which released at the RM of St. Clements office in December. ABOVE RIGHT: Sylvia Sweetland, pictured left, hands Doreen Lansky, pictured right, her copy of the history book.

said that the response has been amaz-

every student who attended, and even a list of the teachers who were present. This teacher's list includes everything from their class sizes, to how much they were paid for their work. Some teachers taught almost every grade, some even teaching Grade 1 students all the way to Grade 10.

Sylvia Sweetland, one of the researchers who compiled the book, ing. "I think at the reunion, people were just super happy to see people that they hadn't seen before," Sweetland

they hadn't seen before," Sweetland said. "When we mentioned the book and what it would look like, they said 'hey this is a continuation and we can read about our families.' A lot of them didn't know about their parents and grandparents, but we collected all that history into this book."

Sweetland said that they plan to do a second printing of the book sometime this month. There are also plans to turn the book into a living record, where residents can visit a website and update it with new information.



Submitted

With 73 people killed last year in 65 fatal collisions, 2017 was one of the safest years on Manitoba public road-ways since 1982, based on preliminary analysis released by Manitoba Public Insurance on Monday. 2017 results were second only to 2014 when 68 fatalities were reported.

"While it is very positive that road

fatalities in 2017 were the second lowest in the last 35 years in Manitoba, the fact that 73 lives were lost is a stark reminder that much work still needs to be done to change the driving culture within our province," said Ward Keith, vice-president of Business Development and Communications, CAO, Manitoba Public Insurance.

Continued on page 17



Discover a Well Learned at Mennonite Brethren Collegiate Institute DAY AT MBCI Gr. 6-8 - February 6 Gr. 9 - February 8 Grade 4 and up welcome Call 204.654.5788 to register for Day at MBCI **INFO NIGHTS** Gr. 9 - February 1, 7pm Gr. 6 & 7 - March 1, 7pm Visit mbci.mb.ca to learn more about: Transportation options Full and partial bursaries Multiple child discounts Apply today for grade 6 - 12 Christian Education

8 *The Selkirk Record* Thursday, January 25, 2018 City to unveil fire hall expansion plans at open house on Jan. 31

Staff

Details surrounding Selkirk's \$3.98 million fire hall expansion will be unveiled during an open house inside the city's civic office later this month.

Architectural drawings as well as design specs will be on display from 5:30 p.m. to 7 p.m. on Wednesday, Jan. 31 inside council chambers located at 200 Eaton Ave. All residents are invited to attend and members of city administration and the Selkirk Fire Department will be hand to explain the design of the new facility and how it will be financed.

The fire hall expansion includes the construction of a three-storey building, which will be attached to the west side of the current fire hall located along Eaton Avenue. The new building will include a truck bay for a ladder truck and improve the function and update the existing building with the addition of showers, lockers and changing rooms. It will also include a year-round, indoor training suite, a training room, administrative offices and will be the new home to the city's Emergency Operations Centre (EOC). The city says there will be minimal service disruption during construction, which is set to begin in spring 2018.

"This is an important project for the



SUBMITTED PHOTO

City of Selkirk staff along with members of the Selkirk Fire Department will be on hand to answer questions about the \$3.98 million fire hall expansion project during an open house on Jan. 31.

City and it's a major infrastructure investment," Selkirk CAO Duane Nicol stated in a release on Monday. "This open house will give citizens an opportunity to see the project plans and ask questions to get a better understanding of why this investment is so important. The Fire Hall Taskforce has done some amazing work of which the community can be really proud. The project is cost-effective and will allow us to enhance our fire-fighting capacity. The taskforce is excited to show citizens the results of this work."

The planning and design of the city's fire hall expansion has been a multiyear effort undertaken by the Fire Hall Taskforce, which included members of city administration, city councillors Darlene Swiderski and Doug Poirier, Deputy Mayor Kelly Cook and members of the Selkirk Fire Department.

"We took an integrated planning approach to the designing of this expansion," said Deputy Mayor Kelly Cook and chair of the Fire Hall Taskforce. "We brought in Prairie Architects who then brought in the engineers, mechanical systems experts and so on. The city brought key administration who will be responsible for the operation and maintenance of the building after it's built, and most importantly we brought in the fire fighters who will actually use the building. Everyone was at the table at the same time making sure this building meets the needs of the fire department and is cost-effective and environmentally responsible over the full-life of the building."

Selkirk Fire Chief Craig Fiebelkorn said the expansion is not only necessary, but it will be a nice addition to the revitalization of downtown.

"The catalyst behind this whole thing is the need for a ladder truck to protect the City of Selkirk. With all the new somewhat high-rise apartments coming up, all the retail spaces coming up, you need that elevated waterway for fire suppression and rescue," Fiebelkorn said. "Currently, we have no room to put a ladder truck inside. The expansion out the west end of the existing building will house the truck and it will give us an interior training suite that we can use for mock rescues, as well as office space and a training room."

Local community improvement projects receive government funding

Staff

The province is contributing more than \$1.4 million in grants towards community-driven neighbourhood revitalization and local community development projects across Mani-

Beautiful Victoria, BC

Fly & Stay Experience Mar. 1-15 Enjoy a milder climate,

Minneapolis Baseball

<u>Toronto Blue Jays vs Minnesota Twins</u>

April 30-May 2

EMBASSY TOURS

vww.embassytours.ca

oba.

Discover Ontario

& French Canada

All Canadian Tour - May 15-26

Nashville, Tennessee

May 16-23

757-9383 Celebrating

26 Years

Some of the local community development and improvement projects receiving funding include the Village of Dunnottar, which received

> \$19,170 through the province's Community Planning Assistance Program, the RM of St. Clements received \$250,000 towards a South St. Clements community hub and recreation improvement project, Gimli received \$200,000 towards

the Gimli Aquatic Centre and Friends of Upper Fort Garry received \$26,000 towards enhancing the visitor experience at Upper Fort Garry.

"I am very pleased that our government is investing in community development here in the Selkirk constituency," Selkirk MLA Alan Lagimodiere, stated in a release last Friday. "Our Progressive Conservative government understands the importance of supporting community development projects and the benefit these projects will deliver across Manitoba."

This funding is in addition to the \$2.6 million previously announced for community development programs last December.

"Our government will continue to

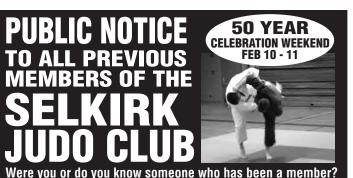
provide support to projects that have long-term benefits to Manitoba communities," Municipal Relations Minister Jeff Wharton stated in a release last Friday. "By partnering with municipalities and community groups and addressing local capital, planning and programming needs, we are building sustainable communities that will improve the lives of Manitobans."

Chris Goertzen, Association of Manitoba Municipalities president, added these investments "will help municipalities succeed."

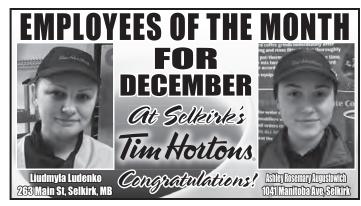
"Dollars put toward economic development go beyond bricks and mortar projects," he said. "They help build capacity, by ensuring the training and tools are in place to help communities attract further investments and thrive in today's competitive environment."

A total of 27 additional planning and economic development, programming and capital projects were also approved across the province.

More information on the programs above and other grant programs offered by the provincial government can be found at gov.mb.ca/mr/index. html.



Were you or do you know someone who has been a member? Please contact Brian Jones at 204-782-9785 selkirkjudoclub@shaw.ca



The Selkirk Record Thursday, January 25, 2018 9

Dog sledding helps Selkirk teen bond with her furry friends

By Lindsey Enns

For Autumn Adams, dog sledding isn't just about spending time with her dogs, it also gives her a chance to clear her mind.

"I do like to take my anger out by just letting them run and me enjoying the fresh air," the 13-year-old Selkirk resident said."It's something that not everybody can do. It takes a lot of courage to do ... but they are dogs and they love to run."

Adams said dog sledding is also great exercise for her dogs Oreo, a three-year-old German shepherd husky cross, and Shiloh, her sixmonth-old pure bred husky.

"I get to bond with my dogs by letting them run," she said in between dog sledding along the Red River near Selkirk Park last Saturday afternoon. "Taking them out for long walks is good, but I think they need more exercise."

Adams has been dog sledding with her dogs for about two years now and is often spotted going up and down the Red River near Selkirk Park.

To help her learn more about training her dogs to pull the sled she picked up in Lac du Bonnet and about the proper commands to use, Adams simply watched some videos on You-Tube.

Although she admits her dogs still have a lot to learn, dog sledding has been a great way for all of them to



RECORD PHOTOS BY LINDSEY ENNS

Autumn Adams of Selkirk, pictured above right, spends some time with her dog Shiloh, pictured above left, before going dog sledding with her dogs along the Red River near Selkirk Park last Saturday afternoon.

get some exercise during the winter months.

"It usually takes up to three years for them to be fully trained. I found it so easy. You just take them out for walks, get the proper harness and start training them onto that," she said. "The dogs just need to be in the medium to large range to be able to pull the sleigh."

Although she hasn't spotted many others dog sledding in the Selkirk area, she encourages anyone with a large dog to give it a try.

"I think letting their dogs run and get them used to this, I think it would be amazing to see more people trying it."



Getting hooked on fishing

SUBMITTED PHOTO

Two-year-old Landon Cross of St. Andrews holds up a fish his father caught for the first time while fishing with his family along Breezy Point last Friday morning. **Heating with natural gas pays.** Investing in a natural gas heating system may cost more up front, but lower operating costs will save you more over time.

To compare the cost of various heating options, visit **hydro.mb.ca/heating.**

Financing options are available to help make investing in a new natural gas heating system more affordable. Loans can be repaid on your monthly bill. Visit **hydro.mb.ca/loans** for details.

*Savings are an average and are based on a heating system life of 25 years and energy rates in effect November 1, 2017. Your savings will vary depending on your home and heating needs.



Available in accessible formats upon request.

10 The Selkirk Record Thursday, January 25, 2018 Local children's disability services worker retires after 46 years

By Lindsey Enns

Phil Veness still remembers the first family he was supposed to work with as a behaviour specialist in 1974 before becoming a children's disability services worker.

"One of the first cases that was referred to me was a young baby with down syndrome,"Veness said, adding he later found out that the child requited heart surgery but the parents had yet to decide if they were going to go through with the surgery or not. "The parents decided not to do the surgery and the child died.

"The reason they let the child die is that services up until those years were for a lack of a better word awful."

Veness has spent 46 years working with adults and children living with disabilities, giving him a front row seat to a long list of changes. For 37 out of those 46 years, Veness worked with families in Selkirk.

"When I started it was amazing the ideas that people had and how discouraging it was," he said." I was at the beginning of when those ideas were changing and it was really, really exciting for me.

"We came from these children not being allowed schooling to now they're really for the most part embraced with open arms in Selkirk. Selkirk has a proud history and they should never forget it."

The 66-year-old said what made his career so gratifying is how "amazing the changes have been" and the connections he's made with his clients over the years. The bonds he's formed with families and his clients over the years were on full display last Wednesday as more than 100 commu-



RECORD PHOTOS BY BRETT MITCHELL

ABOVE: Phil Veness, pictured centre, visits with attendees at his retirement celebration at Centennial School last Wednesday evening. The 66-year-old worked as a children's disability services worker in Selkirk for 37 years. BELOW: As a little surprise for Veness, who is a bird lover, the Prairie Wildlife Rehabilitation Centre brought an owl and falcon to his retirement party.

nity and area members came together to honour Veness and celebrate his retirement at Centennial School.

Katy Tompson of Selkirk said Veness will definitely be missed.

"He is a pillar in the Selkirk community," Thompson said. "You mention his name in town and people they know who he is. I'm amazed that I was lucky enough to have him."

Thompson has three daughters living with autism and Veness was their family's social worker for nine years. Thompson said Veness went above and beyond to help the family advocate for certain services. He even helped get two of her daughters as well as herself go to Disney World with Dreams Takes Flight for a day two years ago.

"He said to always try, the worst thing they're going to say is no," she said. "But that's Phil, he's almost part



of your family."

Veness said it was a "honour" to work with thousands of families, schools, daycares and service providers over the years.

"To be invited into a family's life ... it is an honour that is hard to explain," he said. "Problems that families wouldn't share with others they shared with me knowing that I would



not judge them but do my best to help them."

Veness said now that he's retired, he plans to spend more time with his family and will be volunteering at St. Amant in Winnipeg. Although he lives in Winnipeg, Veness said he will miss the Selkirk community.

"Selkirk really is a wonderful town. It's a great community."



or combinations thereof. Retail offes not combinable with any OPA/FC or Daily Retail incentives. The Commercial Upfit Program or the Commercial Upfit Program or the Commercial Upfit Program (CFP). "Offer velid from December 1, 2017 to Ennany 31, 2018 to Ennandian customers. Receive a total of CADS_SOU towards the monthly or bi-veekly payments for lease or purchase financing (on approved credit (ADA) FSD Lappe(zew K4.5 100L/ FSD Lappe(zew K4.5 10L/ K4))) And to tak Lappe(zew K4.5 10L/ K4)) And to tak Lappe

WSP fire captain urges residents to install smoke alarms, practice escape plans

Submitted

In the wake of a fatal fire on Monday, Jan. 8 in Oshawa, Ontario, the West St. Paul Fire Department wants to remind the public to make sure they have working smoke alarms on every storey of their home and outside all sleeping areas, and have practiced a home fire escape plan with everyone in their home.

It has not yet been determined if there were working smoke alarms in the fatal fire in Oshawa.

"Fire moves so fast that you may have less than 60 seconds to safely escape a fire, so early warning is crucial to survival," says West St. Paul Fire Captain Kerry Eccles. "Only working smoke alarms give you that early warning."

Just as important as having working smoke alarms is making sure everyone in your home knows exactly what to do to escape before a fire occurs. Practice a home fire escape plan with everyone in your home.

"It is up to you to make sure these types of tragedies do not happen in West St. Paul," Eccles said.

Simple smoke and carbon monoxide alarm tips:

• Install smoke alarms on every storey and outside all sleeping areas of your home. For added protection, install a smoke alarm in every bedroom according to manufacturer's recommendations. Larger homes may require additional smoke alarms.

• Install carbon monoxide alarms outside all sleeping areas if your home has a fuel-burning appliance, fireplace or attached garage. For added protection, install a carbon monoxide alarm on every storey of your home according to manufacturer's recommendations.

• Test smoke and carbon monoxide alarms monthly by pressing the test button. Change the batteries every year.

• Smoke and carbon monoxide alarms wear out over time. Replace

Selkirk Curling Club hosts Women's Bonspa



RECORD PHOTO BY JUSTIN LUSCHINSKI competition The was fierce as dozens took part in the Women's Bonspa over the weekend at the Selkirk Curling Club.

BS - Serving our	Communities	Selkink <u>Re</u> gord
Rotary Club of Selkirk Lesii Malegus, Sec. 204-482-3113 www.clubrunner.ca/selkirk Moetings 2nd & 4th Mondays 6:00pm at Selkirk Golf & Country Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build godwill and peace in the world. Guests are always welcome.	ROYAL CANADIAN LEGION NO 42 & LADIES AUXILIARY Office: 482 4319 403 Eveline St. Selkirk, MB R1A 1N8 Bingo Mondays at 7:00pm and Saturdays at 1:00pm	THE SELKIRK & DISTRICT LIONS Membership Chairman Herb Dubowits 766-2385 Motto: "WE SERVE" A non-profit organization serving Triple "S" communities. The Lions meet on the firs & third Monday of the month at the Selkirk Lions Centre, 320 Christie Ave. Guests and new members are always welcome.
REMORA #26	SELKIBIGE	WEST ST. PAUL LIONS CLUB
ODD FELLOWS Meets 1st Tuesday of each month John 204-482-5989	Your area Chamber of Commerce since 1901 Our mission is to promote and expand economic trade and commerce along with civic and social needs of the Selkirk, St. Andrews, St. Clements and West St. Paul regions: Events include Networking Sessions, Speaker Series, Business Awards, Black Friday Weekend and many other community initiatives.	Glen Rossong Membership & Sponsorship 204-338-7291 Meetings first Monday of every month.
	Rotary Club of Selkirk Lesli Malegus, Sec. 204-482-3113 www.clubrunner.ca/selkirk Motto: "Service Above Self" Meetings 2nd & 4th Mondays coOpm at Selkirk Golf & County Club 100 Sutherland Ave, Selkirk, Mb. Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome. REMORA #266 ODD FELLOWS Meets 1st Tuesday of each month John	Lesi Malegus, Sec. 204-482-3113 www.clubruner.ca/selkirk Motto: "Service Above Self" Meetings 2nd & 4th Mondays 6:00pm at Selkirk Golf & Country Club 100 Sutherland Ave, Selkirk, Mb Rotarians provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world. Guests are always welcome.

recommendations.

Simple steps for home fire escape planning include:

• Everyone should know two ways out of each room, if possible.

• All exits must be unobstructed and easy to use.

• If someone in your home has a disability, develop a home fire escape plan with your household that takes into account their unique needs. Determine who will be responsible for

alarms according to manufacturer's helping young children, older adults and anyone who needs assistance to escape.

> • Choose a meeting place outside, such as a tree or a lamp post, where everyone can be accounted for.

> • Call the fire department from outside the home, from a cell phone or a neighbour's home.

> • Practice your home fire escape plan.

> • Once out, stay out. Never re-enter a burning building.





Snowmobiling Is Good For Your Health ...

And For Beating the Winter Blues

Thunder Bay, Ont., Dec. 11, 2017: The Canadian Council of Snowmobile Organizations (CCSO) is pleased to receive initial findings that recreational snowmobiling can assist in the accumulation of the total recommended physical activity time needed to maintain a balanced lifestyle. Study data suggests that the activity level of snowmobiling has traditionally been underestimated. This according to preliminary results from a yet-to-be published University of Guelph study entitled *The Physiological Assessment and Analysis of the Physical Demand of Riding a Snowmobile.*



"This news will come as no surprise to snowmobilers across Canada who ride all winter," commented CCSO president Dale Hickox. "Snowmobiling gets you outdoors, breathing fresh air and being active with friends and family — and that simply makes you healthier and better able to cope with life's challenges."

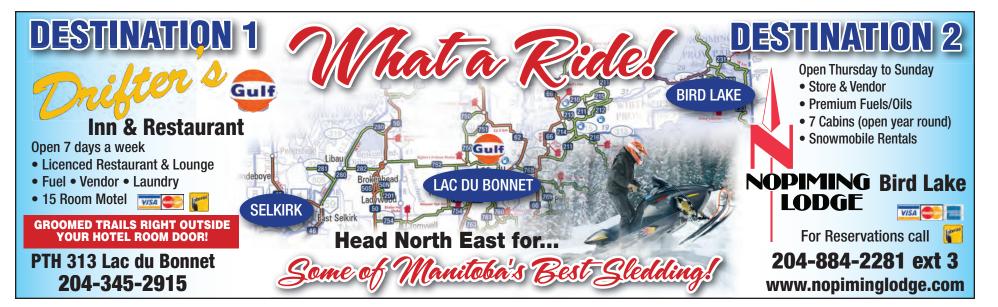
But the fact is that many North Americans fail to get at least 150 minutes weekly of moderate to vigorous activity as recommended by the American College of Sports Medicine and the Canadian Society for Exercise Physiology. This deficiency is compounded in the winter as North Americans burn 15 to 20 per cent fewer calories in weekly recreational activities. It should be noted that physical inactivity accounts for 15 per cent of the 1.6 million chronic health conditions diagnosed each year. Typically, chronic health conditions consume 67 per cent of all direct health-care costs and cost the Canadian economy \$190 billion annually in treatment expenses and lost productivity.

This snowmobiling health study indicates that participating in snowmobiling is one good way to achieve the better physical conditioning that keeps people healthier and helps prevent chronic health conditions.

Conducted in 2016-17, the study evaluated the physical demand of snowmobiling, considering both cardiorespiratory and musculoskeletal demands. It also examined if activity location would play a role in the physical demands. Considering early results, researchers compared the snowmobiling health study results to the American College of Sports Medicine's Compendium of Physical Activities. This tool defines activities by their aerobic demands as a metabolic equivalent (MET). A MET is a unit that represents the amount of energy required to maintain human function while sitting or lying awake at rest. Therefore, an activity of 3 METs would be three times more demanding than rest.

Moderate intensity activities range between 3 and 6

Continued on page 13



Continued from page 12

METs. Snowmobiling falls into this category, as the average METs for groomed trail riding scored almost 4 METs, while mountain riding came in closer to 7 METs. All in all, this puts snowmobiling in the same physical activity range as other winter activities like chopping wood, snow shovelling, and recreational ice-skating and snowshoeing.

A balanced lifestyle also includes good mental health. According to a major depressive disorder study by researchers at Duke University, physical activity is also effective in beating those winter blues. Together, these findings suggest snowmobiling is good for both body and mind.

The CCSO and its snowmobiling health study funding partners — the International Association of Snowmobile Administrators (IASA), Arctic Cat Industries, Ski-Doo (BRP), Off Road Business Association (ORBA), Royal Distributing Inc., Colorado Snowmobile Association (CSA), Snowmobile North Dakota (SND), Glacier House in Revelstoke BC, Haliburton Forest Wildlife Reserve in Haliburton, Ont. are committed to winter family recreation and the healthy, active lifestyle benefits associated with recreational snowmobiling.

Canadian Council of Snowmobile Organizations

Why would people join a snowmobile club?

I used to wonder why people would join a snowmobile club. What would be the advantages? Would they be worth the cost? The cost, I later learned, was minimal. Our club membership is \$25 per year, and the cost covers your family. The rest? It's up to you. How much time do you want to invest? Clubs run completely through volunteers. Basically, you dictate what needs the clubs meet for you.

Since joining Mooswa Lake SnowRiders two years ago, I've come to realize that this club is a community made up of people with a passion for more than snowmobiling. Our club is full of friends, family and fellow riders. Generations of families participate and, whether you ride or not, there is a place for you here.

We recently launched a new logo and clothing line with hoodies, toques, hats, jackets and shirts. Every fall, we hold a dinner and dance, much like a social with an amazing all-you-can eat dinner. We hold family fun days, potlucks, corn roasts all year round.

Our main meeting place, just off

Highway 317, consists of our club house, which stores our equipment, and has a kitchen, bathroom and (almost finished) mezzanine. It is there we hold our monthly meetings and our gatherings, parties and celebrations. Beside our clubhouse is our chalet, a cabin warmed by a wood stove.

Recently, a group went out to pack trails, preparing for the season. The families packed food, met at the chalet and the group came back to a warm meal, shared among friends. Later, they lit a campfire outside and sat around, exchanging stories and laughter surrounded by trees and an amazing display of the endless stars.

With regular rides (Meet at the clubhouse and go!), an upcoming out of province trip and other events being launched to promote who we are, Mooswa Lake Snowriders is active, thriving and changing. We are looking to the future, remembering our past and living today, making the most of the winter nature brings to us, however that looks.

Down the road, at the corner of

Highway 317 and Highway 12, is Cynthia's Cornerstone Cafe, owned by a member of our club. With a large parking lot, it too can be a great starting point for a group ride and an even better place to share a warm meal after a full day of riding. The food is delicious and the staff are super friendly!

Established in 1996, we run as a non-profit organization, and we love to welcome new members and watch our community grow. Volunteers groom and sign our trails, maintain our buildings and warm-up shacks, and work together to share our trails with all the riders in the area.

Keep your eyes out for our Big Foot family — We've had reports of sightings of Big Foot himself, along with a female (Mama Foot) and the young Baby Foot. (We suspect there may be an addition to the family soon!) Please check us out on Facebook and reach out with any questions. Safe riding!

Fiona Moore, Mooswa Snowriders Snowmobile club





By Justin Luschinski

West St. Paul is growing to support its changing demographics.

The RM has sold close to \$10 million in building permits for land around the municipality. These developments will include new housing options, such as condos and townhouses, to keep its aging residents who are looking to downsize from moving elsewhere.

West St. Paul Mayor Bruce Henley says a lot of similar communities are facing an aging population, and West St. Paul needs to look to the future.

"A lot of people that live in West St. Paul are getting up in age, they're looking to retire," Henley said. "But they want to live in an apartment, or a condominium, they're tired of doing the work that comes with owning a large house. A lot of the time, we see people putting their houses on the market, and moving elsewhere.

"Unfortunately we haven't had any residential buildings, which would allow people to stay in the community."

Henley said that by 2024, statistics show that one in four residents of West St. Paul will be seniors, age 55 and up. He said that having a diverse set of housing options will not only help the aging population, but will also help keep their children from moving to Winnipeg or elsewhere. This will keep that tax money from leaving the RM, he added.

"One day at the end of October, I

-

Selkirk

Thursdays from 5:30-6:30

at Selkirk Recreation Complex Banquet Hall



counted 72 pieces of equipment working in West. St. Paul. These are all vehicles that have people working, buying fuel, supporting local business, it's a tremendous boon to the economy. It's not just generating tax dollars, it's creating new job opportunities right here in the municipality," Henley said. Henley said that adding wastewater

services to the RM has allowed companies to invest significant amounts of funds into the municipality.

West St. Paul council has created multiple zones where different housing options will be constructed.

Ages 6-12

1 hour classes

Bring your own mat

at the City of Selkirk

sleonard@cityofselkirk.com

CRGT Dept 630 SOPHIA STREET

Shelly Leonard

204-785-4952

The Trails of West St. Paul, which is currently under

construction, is a new subdivision, north of the perimeter and east of Main Street. It's

RECORD FILE

PHOTO West St. Paul Mayor Bruce Henley savs statistics show that by 2024 one in four residents Of West St. Paul will be seniors, age 55 and up.

a 188-lot singlefamily development. The lots are fully ser-

viced with sewer, water, and curb and gutter underground services.

Frontage ranges from 44- to 74-feet and the development features a mix of regular, lake and river lots. There are also approximately 1,750 linear metres of pedestrian pathways that link under the perimeter south into the City of Winnipeg.

These homes will range in price from approximately \$400,000 to \$1.5 million for those along the river.

The new intersection at Kapelus/ River Trail and Main Street will be designed and approved by the province and will include traffic lights.

According to the RM, this development will add approximately \$400,000 in tax dollars annually and the RM will receive more than \$2 million in development fees that will go into capital levies, parks and recreation, administration costs and sewer and water infrastructure.

Lister Rapids North is a 16-lot single-family extension of the existing Lister Rapids Park development on Main Street.

The lots are larger, country-style lots, between 70- to 75-foot frontage, in keeping with the existing development of Lister Rapids.

Shaw Road and Diane Drive are the principal streets in Lister Rapids Park and they have been extended into Lister Rapids North. Streets and wastewater are complete in the new development, and a number of lots have already sold.

Many of these parcels of land have sat vacant for many years, generating minimal tax dollars, Henley said.

Balderstone River Estates, located across from Middlechurch Home and Middlechurch on the Red, is expected to begin construction in early 2018 and will consist of 59 townhouse rentals split between nine separate buildings. The units will have three bedrooms and separate garages. There will be a playground on site and first occupancies are set for September 2018.

Commercial construction along Kapelus Drive also continues. All 28 commercial lots created along Kapelus for Phase 1 have sold out, bringing \$5.5 million into West St. Paul in commercial lot sales and in excess of \$9 million in building permits.

"I am very proud of our accomplishments," Henely said. "We were well prepared for this opportunity and we have delivered with impressive results."

New rescue vehicle to help WSP firefighters better serve growing RM

By Justin Luschinski

West St. Paul firefighters will soon have a new custom-made rescue vehicle that will replace their current 1994-model truck. West St. Paul Fire Chief Ryan

Yackel says the new vehicle will allow the firefighters to better help the community. "We've been running into

we've been fulfiling into limits on how we can help the community. With this new vehicle, we're able to carry more specialized equipment, and provide more services. It's something we were going to have to face eventually,"Yackel said. The vehicle can carry two firefighters in the cab and six in the back. The truck allows a team to carry more specialized equipment, such as devices used in vehicle extraction as well as confined space rescue. Yackel said the new rescue vehicle is a significant improvement to the departments capabilities. He added now the fire department can grow with the community.

"As the department expands and grows, and the community expands and grows, the calls for service and the types of calls we get are becoming more and more specialized," he said. "We can now address some of those needs."

Three years ago, the RM met with several manufacturers to come up with a design for the new truck. The budget was approved in spring of 2016, and the bid was awarded to Acres Emergency Vehicles, located in Wawanesa, Man. They will be delivering the new truck in approximately two months.

The new fire hall, which was completed in 2014, now has the space to house the new equipment. The truck is entirely custom made, and will be useful to the department's 35 members.

Selkirk joins Canadian Municipal Network on Crime Prevention

Staff

Selkirk is taking a proactive approach to reducing crime in the city and its acceptance late last year into a national crime prevention association is another step in the right direction.

The City of Selkirk became a member of the Canadian Municipal Network on Crime Prevention (CMNCP) in November 2017 and joins 23 other municipalities from across the country that are focused on preventing and reducing crime.

"We know it's important for the city to take a lead role in keeping Selkirk safe and promoting community safety and crime prevention," Selkirk Mayor Larry Johannson stated in a release last week. "As leaders in the city, we don't want to just be reactionary; we know there's a better way to deal with crime and we know that by joining with others, like the Canadian Municipal Network on Crime Prevention, that we're tapping into that knowledge."

In 2016, the city hired retired RCMP officer David Thorne as its director of protective services. Selkirk CAO Duane Nicol said that this new position was created as a first step in changing the city's approach to community safety.

"Policing is an important component of community safety, but it cannot be the only component," Nicol stated in a release. "To achieve our community vision, we know we must engage and leverage the skills of our citizens and local organizations."

One of Thorne's responsibilities this year is engaging with the community and creating a Community Safety Strategy. This strategy will serve as a multi-year road map to guide the city's efforts in this area. Thorne says he'll be looking at other viable ways of making Selkirk a safer city, which includes but isn't limited to just crime prevention.

"We had the opportunity to join the Canadian Municipal Network on Crime Prevention, and what membership in that group does is expose us to 23 large municipalities that belong to the group and to their best practices and the sharing of plans throughout Canada,"Thorne stated in a release.

Membership in CMNCP, as well as working with local groups like Selkirk RCMP, Bylaw Enforcement, Anti Graffiti, Citizens on Patrol Program (COPP), Selkirk Bear Clan, Citizens for a Safer Selkirk, Public Safety Investigations, Selkirk Biz and others, will help the city grow community safety.

Thorne said from his law enforcement experiences in Selkirk, he knows the majority of crime that affects the city falls into three categories – theft, vandalism, and assaults against people.

"We need to focus on why people steal, break into cars or commit assaults. Is it to feed an addiction, or is it to pay for food? Once we identify common reasons, we can bring the appropriate agencies together to focus on these problems, together," he said.

Thorne will attend his first CMNCP training session – Creating Community Safety Strategies – in Edmonton next month. The trip is being fully paid for by CMNCP.

> FATAL COLLISIONS DOWN IN MANITOBA, FROM PG. 7

"We must remember that behind these numbers are mothers, fathers, sons, daughters, grandparents, good friends and co-workers. Road safety is very much a partnership between motorists, other road users, and road safety agencies within our province."

Based on preliminary data from 2017, there were 65 fatal collisions on public roadways in Manitoba which resulted in 73 deaths, a 32 per cent decrease from 2016 when 107 deaths were reported.

Although the full analysis of motor vehicle collisions in 2017 is still in progress, preliminary data shows that impaired driving, distracted driving, speed, and not wearing seatbelts continue to be primary contributing factors in fatal collisions, which once again demonstrates that the majority of these tragic losses could have been prevented. Included in the 73 losses were seven motorcyclists and 11 pedestrians. There were no cyclists killed in 2017, according to the preliminary counts.

Recently, Manitoba Public Insurance put out a call to action, asking all road users to make 2018 the safest year in history on Manitoba roadways. The province's public auto insurer, in partnership with MADD Canada, has also launched an awareness and education campaign providing Manitobans the information they need to make safe decisions when it comes to driving after consuming cannabis, and to understand how, similar to alcohol, cannabis and other drugs can impair driving ability.

"To stay safe on our roads and not put other road users at risk, all drivers need to think about road safety every time they get behind the wheel," said Keith.

Breakfast benefits Selkirk charities



RECORD PHOTOS BY JUSTIN LUSCHINSKI Dozens came out to enjoy a breakfast at Selkirk's Memorial Hall last Saturday morning put on by the Knights of Columbus in support of Our Daily Bread Soup Kitchen and St. Francis Place Shelter.





Every week we will feature a "shack of the week" with the winner receiving a Tim Horton's Gift Pack.

Email your pictures to: ads@selkirkrecord.ca

Stay tuned for your chance to vote for your favourite shack.

Tim Hortons

ANADIAN

TIRE

SELKIRK

moke

Send us pictures of the exterior and of the interior of your ice shack - tell us what makes it unique and interesting!

> Your ice shack must be located between Lockport and Grand Beach.

> > STEP UP





Recipe courtesy of Produce for Kids 1 tablespoon olive oil

- 1 pound lean ground turkey
- 1 small onion, finely chopped
- 1 cup mini sweet peppers, chopped
- 11/2 teaspoons paprika
- 1 teaspoon sugar
- 1/2 teaspoon salt
- 1/2 teaspoon chili powder
- 11/2 cups water
- 1 cup milk
- 3 tablespoons tomato paste
- 1 1/2 cups whole-grain dry

Cheeseburger Mac

macaroni

1 cup shredded low-fat cheddar cheese

In large skillet over medium high heat, heat oil. Add turkey, onion and peppers. Cook 7-10 minutes, or until turkey is cooked through.

In small bowl, mix paprika, sugar, salt and chili powder. Add to turkey and stir. Add water, milk, tomato paste and pasta. Mix well. Bring to boil, reduce heat and simmer 10 minutes, or until pasta is cooked and liquid is absorbed. Remove from heat and top with cheese.

Pressed Pepperoncini-Pork Sandwiches



Servings: 4

12 ounces crusty French bread, unsliced

4leftover pork chops from Pork Loin Chops with Sweet Balsamic Mushrooms recipe

- 2/3 cup pepperoncini slices
- 1 plum tomato, chopped
- 1/4cup finely chopped red onion
- 2 garlic cloves, minced
- 11/2 tablespoons canola oil

- 1 1/2 tablespoons cider vinegar
- 11/2 teaspoons dried oregano 1/4 teaspoon dried pepper flakes
- slices ultra-thin sliced Swiss 3 cheese, cut in half

Hollow out top and bottom halves of bread, leaving 1/2-inch thick shell.

Place pork on bottom half of bread. In bowl, combine pepperoncini, tomato, onion, garlic, canola oil, vinegar, oregano and pepper flakes. Spoon pepperoncini mixture and any accumulated juices on top of pork and top with cheese.

Cover with top half of loaf. Press down firmly to flatten sandwich and allow flavors and juices to absorb. Cut filled loaf crosswise into four equal pieces.



These are difficult times. It seems that more and more people are being faced with layoffs at work, and are having to rebuild their lives. It's tough to accept the idea that the company you've worked for, or the profession you've chosen, is not going to provide for you in the way you had hoped. It is discouraging, and it's easy to lose faith in our world, and in ourselves.

There may be many choices that have to be made, ranging from whether to look for another job, or to create your own, to whether or not you can afford to keep the house. Your sense of security at every level feels challenged. There is one important choice, however, that ultimately affects all of the others. You can choose to be a survivor rather than a victim. Now, it is natural to feel victimized at first. There will be anger, grief and a sense of loss.

It's all right to feel all of these emotions and to express them, but to stay with them too long is counterproductive, and will hinder you from getting on with your life. If you get stuck in the victim mentality, you will remain a victim. Ultimately, it is not what happens to us that determines the quality of our lives, so much as how we interpret and react to what happens. It has been said that what we think about expands, and that our thoughts create our reality.

Maybe it's true and maybe it isn't, but why take chances visualizing a negative, limited future? Instead of viewing a setback as the end of life as you knew it, try viewing it as the universe gently nudging you in another direction that will ultimately be better for you. Instead of resisting the change, try to embrace it, having faith that everything will work out for the best. At times like these, we are forced to rely on our own inner resources, and, I believe, we are being tested to develop faith in ourselves, rather than in people or institutions outside of ourselves.

We are being asked to believe in ourselves, and to carry that confidence out into the world, where it will work for us. Consider the difference in the energy you put out when you see yourself as a

to coat bottom lightly. Cook mushrooms

4-5 minutes, or until tender and juices begin to release, stirring occasionally. Stir

Becoming a Survivor in Tough Job Environment

valuable asset that an employer would be fortunate to acquire, as opposed to a depressed soul who has been wronged by the world. An effective strategy which assures good "mental hygiene", is to sit down with pen and paper and begin formulating your vision of your ideal work. Never mind, for now, if such a job exists.

Imagine that you have the power to create your own job, and write down specifically what you would be doing, how you would dress, what kind of hours you would keep, what your earnings would be and so on. Then hold this image in your head, refining and updating it as you get new ideas. Let this be your dream, and focus on it as if it were already coming to you. It might not be your very next job, but you might be surprised to notice yourself making the choices that begin to move vou in that direction. You also might find yourself living your dream long before vou thought.

Gwen Kandall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, CDs or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.





Pork Loin Chops with Sweet Balsamic Mushrooms

onions



Servings: 8

8 boneless center-cut pork loin chops (4 ounces each), trimmed of fat 1/2 teaspoon ground black pepper 2 tablespoons canola oil, divided 12 ounces sliced portobello mushrooms

2 garlic cloves, minced 1/2 teaspoon salt, divided 2 tablespoons balsamic vinegar 2 tablespoons water in garlic and 1/4 teaspoon salt; cook 15 2 teaspoons Worcestershire sauce seconds, stirring constantly. Place over 1 teaspoon sugar pork chops; cover to keep warm. 2 tablespoons chopped green

Sprinkle both sides of pork with pepper.

In large skillet over medium-high heat, heat 1 tablespoon canola oil. Cook pork chops 4 minutes on each side, or until internal temperature reaches 160 F.

Reserve four pork chops in refrigerator to make Pressed Pepperoncini-Pork Sandwiches. In skillet over medium-high heat,

heat remaining canola oil; tilt skillet

To pan residue, add vinegar, water, Worcestershire sauce, sugar and remaining salt. Bring to boil over mediumhigh heat and boil 1 1/2-2 minutes, or until reduced to 2 tablespoons, scraping bottom and sides of skillet. Drizzle sauce over pork and mushrooms. Sprinkle with onions.



Royals crowned tournament champions

By Brian Bowman

The Selkirk Royals continued their stellar play this season by winning the eight-team Westwood Collegiate junior varsity girls' basketball tournament on Saturday.

Selkirk defeated Winnipeg's Vincent Massey 81-51 in the championship game. The Royals started very strong, leading 31-3 after the first quarter.

The Royals then led 50-18 at halftime.

"(We) were hitting everything," said Royals' head coach Amanda Hallson. "And a tough defence generated solid offence and we just ran."

Jessie Fitkowski played a tremendous game for Selkirk, finishing with 25 points. She was later named the tournament's most valuable player.

Rayley Goetz had 20 points for the Royals in the final and was a solid 11for-15 from the free-throw line. Abby Benson was also very good offensively, finishing with 18 points while Taylor Benson was named a tournament all star.

To reach the final, Selkirk destroyed the Glenlawn Lions 52-29 in a semifinal matchup. In the quarter-finals, the Royals cruised to a solid 57-27 tri-



Selkirk's Jessie Fitkowski, left, was named the Westwood tournament's most valuable player while Taylor Benson was selected as an all star.

umph over the John Taylor Pipers.

"We started out pretty strong in our first two games and were able to maintain a lead," Hallson noted. "Everyone on the team had solid minutes so we had lots of different contribu-



RECORD PHOTOS SUBMITTED

Pictured, back row, Trish Hallson (coach: Ashtyn Hodges (coach), Jessie Fitkowski, Sarah Thompson, Emily Drummond, Olivia Hildebrand, Nyla Hacault, Kaitlyn Watson, Taylor Barron, and Amanda Hallson (coach). Front row, Amy Maclaren, Abby Benson, Rayley Goetz, Emma Benson and Kiera Dawson. Missing from the picture is Jodene Kowalchuk (coach), Alora Wideman, and Alicia Ramos.

tors, which was good to see."

Those three lopsided tournament wins gave Selkirk the rare opportunity to give all of their players significant court time. That is really going to benefit Selkirk going forward.

"It's extremely important," Hallson stressed. "I want to be able to know that down the stretch when we are in

Continued on page 20

Royals to wrap up WWHSHL regular season next week

By Brian Bowman

The Selkirk Royals will have a lot of time to think about their next Winnipeg Women's High School Hockey League game.

Selkirk will have over two weeks between regular-season games when the Royals take on the Fort Richmond Centurions Feb. 1.

Is a lengthy break this late in the season a good – or bad thing – for a team?

"We want to make it a good thing," said Royals' head coach Noah Cain last Friday afternoon. "It's nice to have a break. It's (exam time) so most teams will also be on a break and we will be practicing a few times."

Selkirk ended its game action this month with a solid 4-1 road win over the River East Kodiaks on Jan. 17.

Continued on page 20



Pictured left to right, Rayley Goetz, Brooke Johnstone, Cassidy Ilchena and Kaite Seed represented the Royals at the WWHSHL all-star games last Sunday at the Bell MTS Iceplex.

Spontsærecreation

Selkirk goes gopher hunting against Garden City

By Brian Bowman

With the Winnipeg High School Hockey League all-star game last Sunday, it was only fitting that Selkirk's Travis Spratt played like an all star against Garden City on Friday.

Spratt continued his strong play this season, scoring twice to lead Selkirk to a 5-2 road win over the Fighting Gophers at the Seven Oaks Sportsplex.

Spratt and Garden City's Griffin Asham-Moroz traded first-period goals and then the Royals went ahead 4-1 after two periods.

Zach Parkinson, Brett McLaren, and Spratt scored in the middle frame and then Gregor Grossgasteiger and Grafton Hopkins tallied in the third to put Selkirk up 5-1.

Garden City's Tyler Kupchak added a late goal to close out the scoring.

Brady Hrymak earned the win in goal.

On Jan. 16, the Royals lost 5-3 to the River East Kodiaks.

Spratt led Selkirk with two goals while Reece Tessier had a goal and an assist. Braeden Hummel finished the game with two assists.

Will Henrick (two), Ashton Elias, Derrick Lange and Brandyn Ronyck replied for River East.



The Selkirk Royals were well represented at the WHSHL Platinum Promotions all-star game last Sunday. Pictured left to right, goaltender James Kulyk, Nick Trudel, Reece Tessier and Travis Spratt.

The previous day, Selkirk was doubled 4-2 by the first-place St. Paul's Crusaders.

Grossgasteiger gave the Royals a 1-0 first-period lead and then Spratt and the Crusaders' Michael Lee traded second-period goals.

St. Paul's Carter Haugen, Mathew Sachvie and Michael O'Shea then

scored in the third. The first of those goals came on the power play while

the third was a shorthanded marker. Meanwhile, the Royals were represented by four players - Nick Trudel, Tessier, Spratt and James Kulyk – at the WHSHL Platinum Promotions allstar game last Sunday at the Bell MTS Iceplex. Selkirk, now with 12 regular-season wins and 42 points to occupy third place in the Platinum Promotions Division, played the Miles Macdonell Buckeyes this past Tuesday but no score was available.

The Royals will then battle the Oak Park Raiders this Friday at Eric Coy Arena. Game time is 3:45 p.m.

> ROYALS WRAP WWHSHL REGULAR SEASON, FROM PG. 19

"We've been playing pretty well but we still have some things to work on," Cain said. "We want to play fast and we want to play aggressive and when we see that, we're seeing a really good team."

Jazmyn-Rae Desjarlais gave Selkirk a 1-0 first-period lead and then Asha Gurney made it 2-0 midway in the third.

After River East's Jolene Galagan cut that lead in half about three minutes later, the Royals sealed the win with goals from Rayley Goetz and Cienna Palmer.

Palmer's goal came while Selkirk was shorthanded with 1:39 left in the game.

Cassidy Ilchena finished the game with a pair of third-period assists.

Selkirk outshot River East 34-13 as Jodi Clifton posted the win in

goal.

On Jan. 16, the Royals were edged 4-3 by the CHSC Huskies in East Selkirk. The Huskies led 3-2 after the first period and 4-2 heading into the third.

"We came out a little bit flat," Cain admitted. "We had been winning a lot. We had a fourgame winning streak going into that game and I don't think that we were mentally prepared to start that game."

Anna Sternat, Palmer and Desjarlais scored for Selkirk. Tie Deitz (two), Keira Christensen, and Madison Glassock replied for the Huskies.

At press time, Selkirk was in second place in the CTV Division with 31 points. That was just a single point behind St. Mary's although the Flames have played

four fewer games.

The Dakota Lancers and CJS Olympiens were tied for third place, each with 28 points.

Meanwhile, the Royals were well represented at the WWHSHL allstar games last Sunday at the Bell MTS Iceplex.

Goetz, a Grade 10 forward, and Brooke Johnstone, a Grade 11 defenceman, were picked to be on the Jets' Blue team.

Goetz has enjoyed a great season with 17 goals and 25 points while Johnstone was been very good on the blueline.

Ilchena and Kaite Seed, both Grade 12 forwards, were selected to play in the Vets game on the Blue team. Ilchena has seven goals and 18 points while Seed has notched seven goals to go along with nine assists.

> TOURNAMENT CHAMPIONS, FROM PG. 19

tough situations with players in foul trouble that I can trust the girls on the team.

"Whether they are on the floor or the bench, I want to be able to) put them in and they will be able to hold their own out there."

In league play, the Royals were 3-1 heading into this past Tuesday's road game against Miles Mac. Selkirk last played a KPAC game Jan. 16 when they soundly defeated Garden City 50-29.

Selkirk put the game out of reach with a 22-4 run in the fourth quarter.

The Royals were fantastic defensively in that final quarter and have been all season.

"We're a tough defensive team," Hallson noted. "We usually flip between a man and a zone depending on how we are doing. Our girls pride themselves on their defence and their transition offence is strong as well."

Selkirk's next league game isn't until Feb. 13 when it hosts Lorette. The Royals will then hold a home tournament on Feb. 16-17.

Einarson gets second chance in women's curling

By Brian Bowman

In life, second chances don't always come along.

But in the women's curling world this year, East St. Paul's Kerri Einarson will get a second chance as she vies for a national title.

Einarson, who grew up in Petersfield and now lives in Camp Morton, and her team of third Selena Kaatz, second Liz Fyfe, and lead Kristin MacCuish can still qualify for the Tournament of Hearts through a new wildcard format.

"We're really excited for it," said Kaatz, who celebrated her 26th birthday this past Monday. "We're really happy to get that second chance to get to the Scotties. We're very grateful that we have that chance."

The two highest-ranked teams (by CTRS points) that didn't win their province – in this case, Einarson and former Winnipeger Chelsea Carey - will clash in a one-game showdown for the last berth on Friday evening (8:30 Central Standard Time) in Penticton, B.C..

Carey failed to win the Alberta provincials while Jennifer Jones won the provincials here in Manitoba.

In the Manitoba final, Jones beat

Darcy Robertson, whose rink reached the final after defeating Einarson 9-7 in a semifinal clash earlier this month.

Robertson scored a pair in the 10th end to secure the win. The two teams were tied 7-7 after nine ends.

Einarson finished pool play with a perfect 7-0 record at provincials, which gave her a coveted place in the 1-versus-1 page playoff game.

She lost that game to Jones, though, by a 9-5 score.

Kaatz feels their rink could have – and probably should have – had a better fate at provincials.

"We played really well in the round robin and when we got to the playoffs, we didn't really play to our potential," she noted."That was kind of upsetting but I hope we can turn that around on Friday."

The wildcard game is meant to produce a 16th team at the Scotties.

Kaatz and the Einarson rink are confident going into this wildcard game based on previous results against Carey this season.

"So far this year, we have had good results against them," Kaatz noted. "We're just hoping that we get hot on Friday and get another win against them."



RECORD PHOTO COURTESY OF CURL MANITOBA

Kerri Einarson and her team of Selena Kaatz, Liz Fyfe and Kristin MacCuish will meet the Chelsea Carey team in a one-game showdown for the last Tournament of Hearts spot.

Labossiere leads Steelers with hat trick against Waywayseecappo

By Brian Bowman

The Manitoba Junior Hockey League schedule maker didn't exactly do the Selkirk Steelers a favour last weekend.

Selkirk played a late 8 p.m. home game against Portage on Saturday night and then had a road game in Waywayseecappo on Sunday at 4 p.m.

Despite that quick turnaround between games, Selkirk salvaged a split last weekend after a 5-2 win over the Wolverines.

"Going into Wayway I think the guys handled (the quick turnaround) well and played a relatively decent game," said Steelers' head coach Dustin Hughes.

Steelers' forward Nico Labossiere continued his strong play this season, scoring three goals. He had a goal in each period and now has 49 points to sit tied for 11th in league scoring heading into this week's games.

"Nico has certainly been a motivated individual this year," Hughes said of Labossiere. "He had a tough year last year with injuries and being traded and things like that. I know he was looking forward to having a good year, and so far he has done a really good job." On Saturday night, Selkirk lost 4-1 to the Portage Terriers at the Rec Complex.

"In the Portage game, we didn't really play our best game but I liked the pushback that we had," Hughes said. "(Portage) outchanced us for most of the game but I felt like as the game went along we didn't fold and hung in there."

After a scoreless opening period, Ty Barnstable gave Portage a 1-0 lead at 13:55 of the middle frame.

Ty Enns made it 2-0 just 12 seconds into the third period and then the Terriers went up three goals on a Ryan

13th goal of the season. Labossiere and Nolan Ferguson assisted on the

Sokoloski power-play goal at 1:38.

Carter Barley put the Steelers on the

board at 14:17 of the third with his

goal. Portage's Cody Thompson closed out the game's scoring with an empty-net goal at 17:26.

With the split last weekend, the Steelers are now 24-15-3-1 and have 52 points to occupy sole possession of fifth place. As of Monday evening, Selkirk was just two points back of

Continued on page 22



Labossiere named runner-up for **MJHL Player of the Week award**

Staff

Selkirk Steelers' forward Nico Labossiere was named one of two runners-up for the Recycle Everywhere MJHL Player of the Week award.

The veteran MJHL player had an assist in Selkirk's 4-1 loss Saturday to Portage and then netted a hat trick in the Steelers' 5-2 victory over Waywayseecappo on Sunday.

Labossiere, 19, had 13 goals and 49 points heading into this week's three games.

Matthew Osadick of the Swan Valley Stampeders was selected as the league's player of the week.

The 17-year-old rookie recorded four points (goal, three assists) in a recent two-game homestand against the Winnipeg Blues.

Osadick, who hails from Winnipeg, currently has 27 points in 37 games this season.

Neepawa Natives' forward Ashton Anderson was the other runner-up for the weekly award.



Nico Labossiere

> STEELERS, FROM PG. 21

fourth-place Winkler and one in front of OCN.

Selkirk played at Winkler this past Tuesday but no score was available. The Steelers will then have a homeand-home series this weekend with the first-place Steinbach Pistons.

The Steelers will be in Selkirk Friday and then the two teams will hook up Saturday in Steinbach. Both games begin at 7:30 p.m.

"We have a real tough stretch of hockey," Hughes stressed Monday afternoon. "But I think it's a tough stretch that we need to go through. We have a four-point game with Winkler and then we have Steinbach and Portage coming up in a series of games next weekend and into next week as well.

"I think it's good for us to play against three really good teams and it will make us a play a little bit harder and faster."

Poponick pops OT winner against Lundar

W Bi Ea Th Pe Ye

By Brian Bowman

The Selkirk Fishermen had to work a little overtime on Sunday.

But the extra time paid off as Selkirk edged the Lundar Falcons 3-2 in OT in Keystone Junior Hockey League action in Warren.

"(The game) was closer than it should have been," said Fishermen head coach Chris Poponick. "Their goaltender made some good saves and we had two or three breakaways."

Josh Poponick scored the game winner in overtime as Dylan Painchaud-Niemi and Griffin Steeves assisted on the goal.

Selkirk grabbed a 2-0 first-period lead on goals by Brandon Thomas and Milan Horanski. It was Horanski's first game with Selkirk this season as he is studying in university.

"We're hoping to have him as much as possible and he is currently an AP with us," Chris Poponick said. "We'll get him when we can."

offensively-gifted forward The scored 46 goals and had 72 points in just 34 games with the Fishermen last season.

Selkirk's two-goal lead, meanwhile,

Next Home Games Sat. Jan. 27 7:30pm vs North Winnipeg Satelites Sun. Jan. 28 7:30pm vs St. Malo Warriors

Away Games vs Arborg Ice Dawgs -Fri., Feb. 2 - 8:15pm Arborg & Dist. Arena vs Norway House North Stars -Sat., Feb 3 - 7:30pm Sagkeeng Arena

held until 6:13 remaining in the third period when Landon Gray scored for Lundar. Gray, also a very talented offensive forward, then added his second goal of the game just 1:40 later to tie the score at 2-2.

"(Lundar's) a momentum team and when Landon Gray is in the lineup, they are a much different organization," Chris Poponick said. "He leads them back there wherever he is one the ice and he plays a lot. He's a good hockey player."

Riley Bannerman made 37 saves for his 10th win of the season. He also has a very nice 2.59 goals-against average and .924 save percentage.

On Friday, the Fishermen flew past the struggling Fisher River Hawks 9-4. Selkirk, which held period leads of 4-2 and 7-4, received two-goal efforts from Mackenzie Playford and Painchaud-Niemi.

Dane Derewianchuk also had a great game, scoring once to go along with four assists.

Ben Kelly, Chad King, Steeves and Dawson Courchene also scored for Selkirk. Steeves and Damien Catcheway each had two assists.



Austin DeBoer made 28 saves for the win.

Joshua Beaulieu (two), Kyle Crate and Nicolas Murdock answered for Fisher River. Johnny Beaulieau assisted on three of those goals.

The Fishermen, now 22-2-0-3 and in first place in the KJHL with 47 points, will host the North Winnipeg Satelites this Saturday and then St. Malo will visit the Selkirk Rec Complex on Sunday.

Both games start at 7:30 p.m.

Selkirk, which has clinched first place in the South Division, is just two points ahead of the OCN Storm (22-3-0-1) and four in front of the Peguis Juniors (21-3-0-1) for the KJHL points lead heading into this week's games.

"The first step is to make the playoffs and we did that and clinching the division is the second step up," Chris Poponick said. "The last (goal) is to clinch overall in the league."

7 10

L 1

185 78 125 55 88 174 40 37 14 965

10 42 10 40 826 78

174 150

Manitoba	H	oc	ke	y S	Sta	an	dings	Central Plains Parkland	35 36	13 13
								Kenora	36	12
IANITOBA JUNIOR HOCKEY LEAGUE		W	L	OTL	PTS		GA	Interlake	35	8
Steinbach Pistons	44	34	8	1	70	208		Norman	37	3
Portage Terriers	44	29	12	1	61		114	AAA CITY MIDGET HOCKEY LEAGUE	GP	W
/irden Oil Capitals	43	28	13	2	58	187		Monarchs	27	24
Vinkler Flyers	43	27	16	0		147		Selects	26	18
Selkirk Steelers	43 42	24 23	15 14	3	52	152 153		Hawks	27	18
)CN Blizzard Vinnipeg Blues	42	23 20	17	5 4	51 46	153		Warriors	27	12
leepawa Natives	43 43	20 19	21	2	40	160		Sharks	26	7
Swan Valley Stampeders	43	17	19	5		125		Lightning	27	0
Dauphin Kings	44	10	32	1	22	102		AAA BANTAM HOCKEY LEAGUE	GP	W
Vaywayseecappo Wolverines		6	35	2	15		256	Sharks	28	22
EYSTONE HOCKEY LEAGUE		0	00	2	15	105	200	Monarchs	27	21
Central Division	GP	W	L	OTI	PTS	GF	GA	Hawks Selects	27 24	20 18
Peguis Juniors	28	21	3	1		192			24 30	7
Arborg Ice Dawgs	25	16	5	4		112		Lightning Warriors	26	4
isher River Hawks	27	3	22	2		217		MANITOBA HIGH SCHOOL H		
lorth Division	GP	Ŵ	L		PTS	GF	GA	Platinum Promotions Division		W
OCN Storm	27	22	3	1	45	234	99	St. Paul's 1	22	20
Cross Lake Islanders	27	10	16	1	21	170	162	Sturgeon Heights	21	14
Iorway House North Stars	29	5	23	1	11	104	303	Lord Selkirk	20	12
South Division	GP	W	L	0TL	PTS			College Gabrielle-Roy	20	11
Selkirk Fishermen	27	22	2	3	47	138		Transcona	20	11
St. Malo Warriors	26	12	10	4		108		River East	16	10
undar Falcons.	27	12	11	4	28		117	Springfield	21	9
lorth Winnipeg Satelites	27	12	14	1	25	113	127	Oak Park	21	8
ANITOBA MAJOR JUNIOR								Dakota	20	6
IOCKEY LEAGUE	GP	W	L		PTS			Garden City	21	5
Raiders Jr. Hockey Club	34	28	2	4	60	145		Vincent Massey	18	5
Charleswood Hawks	33	24	6	3	51	94		SJR	21	4
Transcona Railer Express	33	22	8	3 2	47	137		Miles Macdonell	19	3
Stonewall Jets St. James Canucks	34 33	20 16	12	2	42 35	119 111		Kelvin	20	1
Ft.Garry/Ft.Rouge Twins	33	16	14 16	3	33	96		WINNIPEG WOMEN'S HIGH		
St. Vital Victorias	33	15	18	0	30		140	CTV Division	GP	
Pembina Valley Twisters	33	13	17	3	29		140	St. Mary's Flames	17	16
St. Boniface Riels	34	11	20	3	25		128	Dakota Lancers	20	13
River East Royal Knights	34	2	31	1		191	120	Selkirk Royals	21 19	13 11
AA MIDGET HOCKEY LEAGUE	GP	Ŵ	Ľ	ÓTL	PTS		GA	CJS Olympiens		8
Vild	37	32	3	1	66	224		CSHC Huskies PCI Saints	19 20	° 7
Brandon	37	32	3	Ó	66	203		VMC Trojans	18	9
Bruins	35	24	9	1	50	146		Oak Park Raiders	18	9 5
astman	37	22	11	2	48	154		River East Kodiaks	18	6
hrashers	37	21	15	1	43	142		Kelvin Clippers	19	3
Pembina Valley	36	19	13	2	42	147	141	Miles Mac Buckeyes	20	4
/ellowhead	36	18	16	2	38	128	118	FRC Centurions	19	2
Southwest	36	18	17	1	37	122	121	*STATS AS OF MONDAY, JA		





467-9344.

metal



- · Must have valid drivers license
- · Must have your own tools

We have been in business for 48 yrs

and do have an employee benefit pkg and We pay for yearly training.

Apply to be part of our team: by Phone 204-482-3960 or email: selkirkautobody2@mts.net

accounting experience. Resume peg accounting@hotmail. com

Full time/part time positions Apply within 59 Main St., Selkirk MB 204-785-1553

Clinic/Store Manager

We are CLARITY VISION, an independently-owned optometric clinic, and we require an experienced Clinic/Store Manager for our practice in Selkirk, MB. Our office does everything from eye exams to handling eye emergencies, treatment of eye diseases and co-management of eye surgery. We are proud to offer one of the largest selections of eyewear and contact lenses in the optical industry. This full-time position requires an individual who has experience in leading and managing a team but can also work independently. Attention to detail, superior organizational skills, self-disciplined with an endless supply of enthusiasm for associate and customer satisfaction are minimum expectations. Optical industry experience preferred but not necessary. At Clarity Vision, we strive to offer unsurpassed world-class comprehensive eye care while creating an outstanding retail experience. If this sounds like you - we want to meet you! Please email resume to: shalpenny99@gmail.com



Direct billing to Blue Cross, Green Shield and First Nations

www.clarityvision.ca 415 B Main St, Selkirk 204-785-1010 or TOLL FREE 1-855-751-1010

R.M. of St. Clements Request for Quotation No. RFQ-2018-01 Hire of Privately Owned Equipment Hourly Rates 2018 / 19 Equipment Rates

Parks Parcs Canada Canada

The Rural Municipality of St. Clements is seeking quotations from qualified bidders for hourly rates for Privately Owned Equipment for the 2018 / 2019

Request for Quotation packages, including specifications and submission documents are available at the Public Works office, 155 CIL Road, or from the RM of St. Clements website, www.rmofstclements.com.

Sealed submissions clearly marked "Hourly Equipment Quotation, No. RFQ-2018-01" will be received at RM of St. Clements Administration Office, located at 1043 Kittson Road, East Selkirk, MB, up until 2:00 PM, Local Time on Friday, February 23, 2018.

All inquiries related to the Request for Quotation should be directed to Mr. Greg Elson at 204-482-3300.

The lowest or any hourly rate bid not necessarily accepted.

Greg Elson, CET

Public Works Manager 155 CIL Road Box 2, Grp 35, RR 1 East Selkirk, Manitoba, ROE 0M0 Fax: (204) 482-3660 pwmanager@rmofclements.com

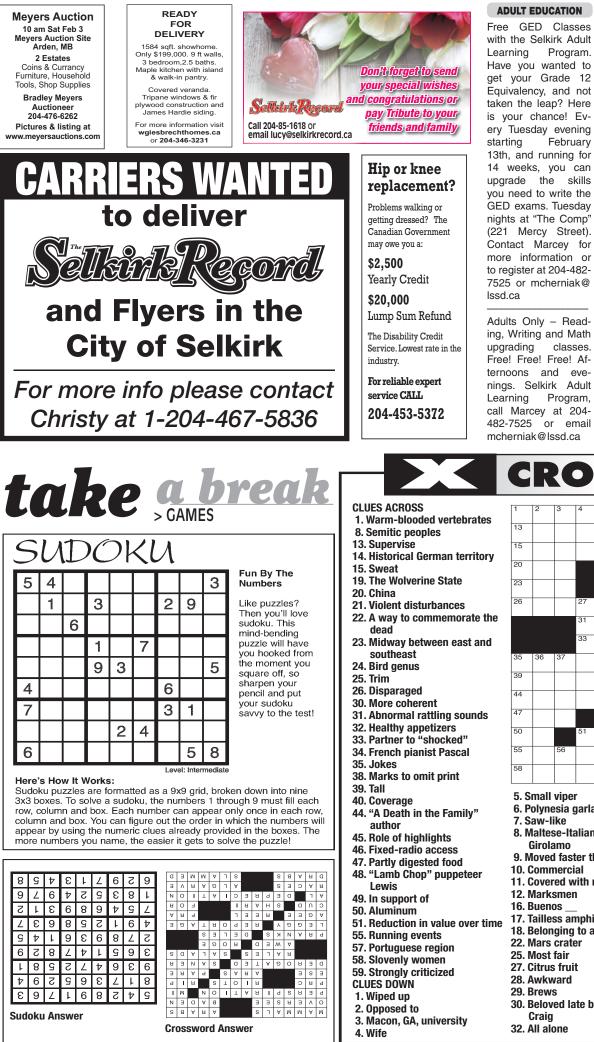


Canadä

24 The Selkirk Record Thursday, January 25, 2018

ASSIACIS Sellisink Regord

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca





MISCELLANEOUS

Red, white and black

lined winter suit coat

overcoat fits a men's

Program.

MISCELLANEOUS 2003 Freightliner Argossy 550 Cat 6NZ engine 18 speed trans. 390 rearends 244 "

HAY FOR SALE Small square prime Alfalfa June Courtney grass, small square Alfalfa, prime and square Oat small straw. Leave message call 204-482-5101.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to vourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Products Ltd., Elk 204-467-8428 or email stonewoodelk@ hotmail.com

SHOP LOCAL

McSherry Auction 12 Patterson Dr Stonewall, MB Estate & Moving Sat Jan 27, 2018 @ 10AM Consignment Sale Sat Feb 3, 2018 @ 10AM New Canopy Buildings * New Tire Machine & Balancer * New Pallet Racking * New 35 HP Kohler Engines * Tools & Hardware * Annual Spring Gun Auction Sat Mar 24, 2018 @ 9:30AM Call to Consign – Pick Up / Trucking Available! (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com HIKE METAL, a busy ship and boat building company in Wheatley ON is seeking candidates with the follow ing skill sets: Welders/Fitters/ Fabricators (aluminum preferred), Outfitters/Millwrights /Riggers, Spray painters, Pipe Fitters & Plumbers Attributes Required: Dexterity, Proficiency, Reliability, Aptitude, Initiative and Versatility Employment Perks: Competitive wages, Benefits Pkg., Days, and a Creative Work Environment

To apply, please email: frank@hikemetal.com or call 519.825.4691

Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENT

CARD OF THANKS

The family of the late Paul Kalyniuk would like to thank all of our family, friends and neighbours for their prayers and support upon the passing of our husband, father, grandfather and great-grandfather. We would like to thank Father Yaroslav Buduvkevvch for presiding over the funeral mass, the pallbearers and the ladies from St. Mary's Catholic Church for the luncheon provided, and Gilbart Funeral Home for the arrangements. Thank you to all who attended the funeral and for the heartfelt and kind words shared about Paul.

ANNOUNCEMENT **IN MEMORIAM**

In Memory of our Mom and Dad (Nana and Papa) Albert (Cowboy) Eames July 20, 1922 - January 20, 1996 Kathleen Eames September 30, 1919 - January 26, 2013 Nothing can ever take away. The love our hearts hold dear; The memories linger every day. And remembering keeps you near. Missed and loved. -Your family





.....\$157,500

SOLD 8 Skazyk Road, St. Andrews . \$309,000

New Listing 315 Main Street \$295,000

153 Lily Avenue Zoned N1 ... \$110,000

Renovated Building..... \$449,000

Profitable Garage in Selkirk... \$755,000

66 Acres MI Development \$980,000

NEW PRICE Netley Creek Golf Course . .\$2,200,000

311 Grassie Blvd Completed Subdivision . \$385,000

South Beach Collision \$750,000

4320 1 Highway N Shop and Property Canada Way . . . \$1,200,000

10 Dubas Creek \$195,000

OUR OFFICE IS OPEN Monday to Friday 9:00 - 4:30 pm

COMMERCIAL

502 Greenwood

Commerical Lease -

SelleinkR

- IN HOUSE SATURDAY 1-3PN 743 Eaton Ave. Selkirk - Fenced yard, functioning well, solid home! NEW PRICE \$199,900
- CRES Kreamer Rd (Road 93), RM of St. Andrews - treed, driveway through the property. \$85,000
- CRES 72171 Cowan Place, St. Cements - Affordable building lot, convenient location! \$99,900

OTHER LOTS. NEW PRICES! 13 Rowley Pl. St. Clements - 4 acres, great location! \$129,900

OPEN HOUSE SUN 2-4

310 Superior \$284,900

13 Howard Place \$395.000

14 Hornshaw \$157,500

Pineridge Trailer Park

205 Toronto Ave \$165.000

Nice Reno, ready to go.

New Beausejour 204 3rd Street

S. Cape cod beauty \$254,900

LEASE AVAILABLE

VACANT LAND

W LISTING

0 Petersfield Pits, 120.6 Acres \$340,000

72101 Pine Rd. S. Prime Development ... \$445,000

12 Tom Prince Dr. - Petersfield Lot \$62,500

20 White Pine – Land – Halcyon Cove \$30,000

Development Opportunity \$492,000

Pending 4 Great Lots – Edith Ave. \$37,900-\$85,000

New 72124 Floodway Drive S 2 Acres \$79.900

Commerical offices lease from \$250/month. Will shape to meet your requirements. Call George for details.

Announcements

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENT

IN MEMORIAM

Ralph Donald January 23, 1986 Husband, Father, Grandpa and Great-Grandpa 32 years have passed, Since we saw you last. Your presence is missed, Your presence is missed, Your memory we treasure; Loving you always, Forgetting you never. Dearer still as the years depart, You'll live forever in our hearts. -Clara and all your family

ANNOUNCEMENT

IN MEMORIAM

In Memory of Linda Johanson (Sister-in-law and Aunty) March 10, 1950 – January 25, 2015 Always in our hearts. Missed and loved. -Laverne and family





ANNOUNCEMENT

Darrel Nicholas Krut June 21, 1950 – January 26, 2015

In loving memory of our dear Husband, Father and Grandfather who passed away three years ago Every day in some small way, We miss you more than words can say. In our hearts you will always stay, Loved and remembered every day.

-Love Valerie, Chad, Kendall, Davis, Carys, Dexter, Bridget, Jarrod, Cali and Maddison, Sisters Joannie and Debbie



OBITUARY

Irma Annie Chittick 1916 - 2018

After living an incredible life of more than 101 years of dignity, strength, grace and tremendous love of her family our beloved mom, grandmother and great-grandmother and friend passed away on Saturday, January 20, 2018.

She was predeceased by her husband Floyd Chittick and all her siblings.

She leaves behind a wonderful legacy to carry on her spirit and strength in her sons, Frank (Carolyn), Brian (Sharon), Marvin (Joan) and daughter Marlene. She also leaves behind her many grandchildren and great-grandchildren whom she loved unconditionally.

Irma grew up in Ridgedale, Saskatchewan and met her husband there. When Floyd went off to war Irma joined the Royal Canadian

Air Force and served in Canada as a nursing assistant. Upon returning from the war in 1945 Irma and Floyd were married and later moved to Winnipeg to raise their young family.

Once the children were in school, Irma attended nursing school and with a husband and four young children to look after, she excelled in her nursing course graduating top of her class, and her children were and are very proud of her. She went on to work as a nurse at the old Victoria Hospital and later at Luther Home.

Irma was a very strong, independent and loving individual. She loved her family and friends unconditionally and always gave freely of her time and belongings to those in need. Everyone who met her along her life's journey loved her.

She believed exercise was the reason she lived so long (and was able to deliver newspapers at Lion's Manor in Selkirk until she was 98 years old!) and was determined to walk again after breaking a hip at 99 and walk she did!

She valued her time and friends in Lion's Manor in Selkirk and the people she met in Betel Home in Selkirk.

We hope there is a Bingo Game happening in heaven... if there is she'll be there and if there isn't she'll be organizing one!

The void left in our lives by Mom's passing will never be filled, but we are so thankful and happy to have had such a caring and wonderful woman as our mom. Farewell Mom, we all love you!

The family would like to express their heartfelt thanks to all the staff at Betel Home, Selkirk for their care, compassion and friendship during Mom's stay there.

At Irma's request, no formal funeral service will be held. Cremation has taken place and a graveside service will be held in May 2018.

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



ANNOUNCEMENT

IN MEMORIAM



Timothy Nolan Obirek June 30, 1966 – January 31, 2015 Three years have passed, Since you suddenly departed. Our time together was short But you will be forever in my heart And I treasure the memories we had always. -Love your wife Susan



IN MEMORIAM



In Memory of Jack Smith May 26, 1954 – January 25, 2013 Death leaves a heartache no one can heal, Love leaves a memory no one can steal. -Love Sharon and family

OBITUARY



Geraldine Anne Marie Keith (née Buhr) August 17, 1951 - January 15, 2018 It is with great sadness and heavy hearts that we announce the

passing of Geraldine (Gerry) Keith, (née Buhr). Gerry leaves behind her four children Shannon, Holly, Graham (Amber), and Chelsea; grandchildren Aiden, Kingston, Emma, and Jack; brother Michael (Trish); sister-in-law Susan Burns (Ron); as well as many aunts, uncles, cousins, nieces, and nephews.

Gerry was predeceased by her parents, father Ed in 1977, and mother Huguette (née Vigier) in 1999; brother Dan in 1993; and husband Murray in 2017.

Mom was born in 1951, the eldest child of Ed and Huguette Buhr. Mom was soon joined by brothers Dan and Michael. They lived on a farm north of Selkirk, and Mom always had funny and interesting stories about life on the farm. As a girl, Mom enjoyed spending

time with the animals and working in the gardens: two passions she would carry with her all of her life. Mom had grandparents and many aunts, uncles, and cousins in Notre Dame des Lourdes and Rosenfeld, MB, and grew up visiting with them often. She had many heartwarming stories to tell about her relatives, and it was clear that they were a close, loving family. Mom spent a lot of time with her Vigier and Augert aunts, uncles, cousins and Vigier grandparents as a child, and stories about her "Granny" Vigier's kindnesses and love for Mom were always wonderful to listen to.

Mom met Dad in 1972 and the two fell immediately head over heels in love. Within a year, they married and bought a home in Selkirk. Mom was a stay at home mom for all of her four children, and we all have fond memories of her well stocked lunch bags handed off to us each morning, and her smiling face at the door when we came home, eager to know what we had learned that day.

Once her kids were grown, Mom pursued her lifelong dream of becoming a teacher by going back to university. While still working a full-time job as a paraprofessional at River East Collegiate, she went to university on the weekends for five years. We were so proud when she graduated with her Bachelor of Education, and thrilled when she became a Home Economics teacher at John Pritchard Junior High. Mom taught for 15 years before retiring at 65, and truly enjoyed the experience.

Mom loved summers and spent countless hours in the dirt, creating magnificent gardens both at home and at the cabin. She loved the tranquility and nature of the woods, and surrounded the cabin with huge flower beds that she was always complimented on. The time spent at the cabin with her family and beloved pets Katie, Gina, and Kitten were amongst her fondest memories.

From a young age, Mom enjoyed travelling and experiencing the world. Whether it was road trips to visit relatives in Manitoba, or to Mexico in high school, she loved it all. Mom was fortunate to have gone on two trips to Mexico with Dad, to France and Belgium in 2011, and, most recently, Arizona in the fall of 2017 with Michael and Trish. She couldn't stop talking about how great Arizona was and what a wonderful trip she had, so we are very grateful to our aunt and uncle for giving her one last big adventure.

Mom was a proud parent who enjoyed celebrating our successes and helping us through our failures. She was a constant positive presence in our lives. Mom was also a proud Nana to her four grandchildren, and constantly found new ways to spoil them. Ever the teacher, Mom always encouraged them to read and to learn as much as they could.

The void left in our lives by Mom's passing will never be filled, but we are so thankful and happy to have had such a caring and wonderful woman as our mom. We love you Mom, always and forever.

The family would like to thank the wonderful staff in the ICU at St. Boniface Hospital for their excellent care and tremendous compassion, especially nurse Isabella, who was with us when we said goodbye to Mom.

Cremation has taken place; a Mass celebrating Mom's life will be held at Notre Dame Roman Catholic Church, 269 Jemima St, Selkirk, on Monday, January 29, 2018 at 1:00 p.m.

Flowers are gratefully declined; in lieu, we ask that you consider donating to the Heart and Stroke Foundation, or Diabetes Canada, in honour of Mom. Condolences may be left at www.gilbartfuneralhome.com

> Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Herbert Samuel Dalman

Peacefully, on Sunday, January 21, 2018, at the Selkirk Betel Home, Herb Dalman, aged 95 years, beloved husband of the late Marion, passed away. Full obituary to follow in next week's Record.

> Gilbart Funeral Home, Selkirk in care of arrangements



OBITUARY





It is with regret that we advise that Truida Mooring passed away peacefully in her sleep on Tuesday, January 16, 2018 in Selkirk, Manitoba.

Mam was the first-born and the eldest of seven, born to Rijk Griffioen and Metje Roosendaal on May 29, 1928 in Abcoude, The Netherlands. She was predeceased by her mother and father, her husband Kees and two sisters. She is survived by her two children, Ryk (Lou) and Mary Anne (Denise) her brother and sisters, many grandchildren, great-grandchildren, and nieces and nephews.

Donations to the Mooring-Griffioen Bursary at either the University of Winnipeg or Mooring-Griffioen Library fund in Town of Selkirk would be appreciated. Truida was very proud of these funds and donations in her memory will be very much appreciated.

Her legacy of learning and community lives on through these funds she established. "The sun is shining on this cold, crisp winter's day and Mam would have liked that she was 89 years vound."

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Announcements

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

OBITUARY

Keith (Chubby) Gordon Cyr Keith (Chubby) Gordon Cyr born on July 13, 1935 in Selkirk, Manitoba and passed away on January 16, 2018.

He is survived by his loving wife of 58 years Eileen; three sons, Brent, Curtis (Patricia) and Craig; three grandsons, Aaron, Nolan (Maddie) and Trevor as well as three granddaughters, Jessica (Andrew), Megan and Brenna. He is also survived by his brother Charles (Beryl); sisters, Helen Want (Jim), Nina Heggart (Ron) and sister-in-law Anne. Keith was predeceased by his parents Charles and Mae Cyr and twin brother Kenneth.

Keith was a lifelong resident of Selkirk and worked at the Manitoba Rolling Mill for 37 years retiring in 1994. Keith was an avid gardener and every spring started his tomato plants from seed. He also enjoyed hunting and fishing at his favourite spot Eagles Nest on the Winnipeg River. Keith was extremely proud of

Gilbart)

his children and grandchildren and rarely missed the opportunity to watch their activities. We would like to thank the staff at Red River Place for the care and compassion provided to Keith during the past 11 months.

Cremation has taken place. In keeping with Keith's wishes, there will be no funeral service.

Gilbart Funeral Home.

Donations in memory of Keith may be made to the Selkirk Community Foundation, 200 Eaton Ave, Selkirk, MB R1A 0W6 or St. Clements Anglican Church, 7 St. Clement's Dr, St. Andrews, MB R1A 4A1.

Condolences may be left at www.gilbartfuneralhome.com



28 The Selkirk Record Thursday, January 25, 2018

