



The Selkirk Record

THURSDAY, FEBRUARY 3, 2022

VOLUME 13 EDITION 5

www.selkirkrecord.ca

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, LIBAU, GARSON, DUNNOTTAR & TYNDALL



the Water Shop
CLEARLY MADE FOR YOU

ABOUT US CONTACT SCHEDULE DELIVERY

**WE OFFER
WEEKEND
DELIVERY**

204-482-2277
thewatershopselkirk.ca
info@thewatershopselkirk.ca



It's ice
time

RECORD PHOTO BY BRETT MITCHELL

Abel Brown having a great time with the Selkirk Skating Club. The club's registrations have been on the rise lately despite COVID-19 cancelling their end of year performance.

> everything you need to know in your locally owned and operated community newspaper

Gaffer's RESTAURANT & LOUNGE	STARTERS	SALADS	MAIN COURSES	DESSERTS
<p>VALENTINE'S SPECIALS</p> <p>Gaffer's Restaurant & Lounge DELIVERY & PICK UP Phone: 204-757-2350 Lockport, MB www.gaffers.net RESERVE YOUR TABLE SAT-SUN-MON</p>	<p>Cape Breton Chowder Calamari Spinach Dip French Onion Soup Pickarel Fingers Mushroom Neptune Jumbo Garlic Prawns</p>	<p>Wedge Salad <i>Iceberg lettuce topped with calabrese bits, Sunflower seeds and blue cheese dressing</i></p> <p>Caesar Salad <i>Crispy Romaine Lettuce tossed with house dressing, Parmesan and house made croutons</i></p>	<p>Steak and Lobster BBQ Baby Back Ribs Prime Rib • Ribeye Steak Wild Manitoba Pickerel Lobster Dinner Chicken Calabrese Fettuccini Primavera</p>	<p>Strawberry Mascarpone Crepes <i>Served with a chocolate drizzle</i></p> <p>Blueberry Cheesecake <i>with Passion fruit topping</i></p>

HOT DEALS AT HARRY'S

Visit us at HARRYSFOODS.CA to view our entire flyer filled with 100's of other items on sale each week.

WOW!

Look at these hot deals!



\$2.99



Betty Crocker Brownie Mix
Salted Caramel 521 g

Christie Crackers
Ritz, Wheat Thins or Triscuits
Selected Varieties
180 - 300 g,
Toppables
454 g

\$1.99



General Mills Cheerios
Selected Varieties
260 - 292 g

\$1.99



Selection Baked Beans
In Maple Syrup Sauce
398 mL

69¢



Selection Drink
Peach Flavoured
2 L

99¢



Selection Granola Chewy Bars
Assorted 156 - 172 g

\$1.49



Fresh Boneless Outside Round Oven Roast

\$5.99 / lb
\$13.21 / kg

Fresh Chicken Thighs

\$3.29 / lb
\$7.25 / kg



Fresh Lean Ground Pork

\$3.29 / lb
\$7.25 / kg

Fresh Canadian Harvest or Alpine Bread
1 pk

\$1.99 ea



Schneiders Chicken Strips, Burgers or Wings
Assorted 600 or 615 g

\$7.99



Coca-Cola Beverages
Assorted 12x355 mL

2/\$10



Breyers Family Classic Frozen Dessert
Assorted 1.66 L

\$5.99



Kraft Singles
Assorted
410 g

\$3.99



KD Kraft Dinner
Original 12x225 g

\$7.99



Catelli Noodles, Egg Noodles or No Yolks Noodles
Assorted 340 g

2/\$5



Cracker Barrel Shredded Cheese
Assorted
250 or 320 g

\$6.99



Fresh Sunkist Navel Oranges
USA, Fancy

\$1.29 / lb
\$2.84 / kg

Fresh McIntosh Apples
Canada, Fancy

\$1.49 / lb
\$3.28 / kg



Fresh Raspberries
Imported, 6 oz (170 g)

\$2.99 ea



Fresh Tricolour Bell Peppers
Imported, 3 pk

\$4.99 ea



Fresh Tomatoes
USA #1, Extra Large

\$1.69 / lb
\$3.73 / kg



Store has the right to limit quantities and to add enviro and deposit where applicable.



5571 Main St. (Hwy #9) St. Andrews
Store Hours: Monday-Friday 8am-9:30pm,
Saturday 8am-8pm, Sunday & Holidays 10am-6pm
Customer Service: 204.338.7538



Pharmacy Hours:
Monday-Friday 9am-5pm
Phone: 204.504.5500
Fax: 204.504.5540

PRICES IN EFFECT: THURSDAY, FEBRUARY 3 - WEDNESDAY, FEBRUARY 9, 2022

Remembering WSP's last surviving WW2 veteran

Cliff Gow passed away on Jan. 12

By Katelyn Boulanger

Our area has many amazing citizens who work to make our communities better places. One of those people was Cliff Gow, West St. Paul's last surviving veteran of the Second World War, who passed away on Jan. 12 at the age of 96.

To honour Gow and his service to our community and country, the RM of West St. Paul flew the Canadian Flag at the Municipal Building at half-mast.

Gow grew up in the St. Boniface and St. Vital neighbourhoods of Winnipeg with his family settling in a half-acre lot on Arden Ave. He was the oldest of four of siblings. His father worked for Canada Packers and CN Rail and his mother worked in the home taking

care of her children.

"When they moved out there, you still had to walk down to the end of the street to the pump to get your water. They didn't have indoor plumbing in the house when they moved out there, believe it or not, and they still had the outdoor bathroom out there too," said Colin Gow, Cliff Gow's son.

Gow was seventeen years old when he enlisted to fight in the Second World War.

"He wanted to serve because everybody else around that he knew was serving," said Colin.

Some of the people around him that had signed up included the Arden Seven, a group of seven men from Arden Ave. who joined the Winnipeg Grenadiers. One of those men, Morris

Peterson was actually the person who taught Gow how to box.

Gow enlisted in 1944 and originally tried to sign up for the airforce.

"When he went there they basically said we have enough but if you go down to the street to the Navy, they'll take you. So, that's how he ended up in the Navy. He took his initial training at HMCS Chippawa, which is at the end of Smith Street there in Winnipeg. He got shipped out to Halifax

to the HMCS Cornwallis, which is the big training base out in Halifax and then he served aboard the HMCS St. Boniface basically on North Atlantic convoy duty and they went down the east coast to New York and up to Bermuda as well," said Colin.

Unlike other veterans who may have not wanted to talk about their time in the war, Gow was willing to tell his

Continued on page 6



RECORD PHOTOS SUBMITTED

Cliff Gow was West St. Paul's last surviving veteran of the Second World War who passed away on Jan. 12 at the age of 96.



The first step to better hearing?

Getting your hearing tested by some of the best in the business.

204.977.8327

Call today for a comprehensive hearing evaluation!

LISA REID
AUDIOLOGY
WE'RE ALL EARS

Selkirk
360 Eveline St | Selkirk, MB R1A 1N3
www.LisaReid.ca

AUDIGY
CERTIFIED



439 MAIN ST., SELKIRK
North of Manitoba Ave.

Valentine's Day Gifts

HOURS
MONDAY - THURSDAY 10-6
FRIDAY 10-9
SATURDAY 10-6 SUNDAY 12-5



BIG DOLLAR

Local RV business speaking out about thefts

Catalytic converter thefts prompt business owner to warn public

By Katelyn Boulanger

Ed Stiling from Styling's RV in St. Clements wants to warn people of catalytic converter thefts that have occurred in the area with four such thefts happening to his business in the past two years.

This string of thefts started in the spring of 2021 and he estimates that catalytic converter thefts have accounted for over \$20,000 in repair costs through his business alone.

Styling's RV is a business located in the St. Clements Industrial Park off of Hwy 44 and they repair large vehicles like RVs, some fleet vehicles for local businesses, and fire trucks, as well as storing RVs on site.

"We have a fenced-in compound and every time they come in they cut

the fence. So in the spring [of 2021], we had six stolen off different vehicles. Then a few weeks later, they came back and stole another four," said Stiling.

The next theft happened in October of last year when the fence was again cut and thieves stole another 6. The last theft was just a couple of weeks ago on Jan. 20 when eight catalytic converters were taken.

"The most recent one is the only time I've been able to catch on camera. When it first started, they always seemed to stay in the dark. They almost seem to know the cameras were there but this time they were just blatantly obvious walking around. They were here for just over an hour on the last incident, and they didn't seem to



Bet You'd LOVE a new set of Hearing Aids this month!



Hear the difference a set of

ReSound ONE™

hearing aids will make!

HELP IS ON THE HORIZON!

Call Today and Book Your **FREE** Hearing Test and Consultation on the Latest Digital Hearing Aid Technology from ReSound Rechargeable Hearing Aids

- Never change a battery again
- Focus in on speech in front of you
- Greater hearing wherever you are
- Connect to your phone

horizonhearing.com



HORIZON™
Hearing Centres

In Easton Place Clinic
15 Wersch St. Selkirk

204-482-3009

Toll Free 1 877 300 7507



**FREE
75 DAY
TRIAL!**

* See clinic for details

RECORD PHOTO SUBMITTED

The two thieves who were caught on camera stealing catalytic converters from Styling's RV on Jan. 20. One of the thieves had reflective ski pants and other had brown and black snow boots similar to the Sorel style. There was also a third thief in a four door vehicle which was white, silver or gold in colour.

care. It was 2:20 in the morning and it's cold so they had full balaclavas on," said Stiling.

He has contacted the RCMP and informed them of the thefts every time but so far he hasn't heard about any arrests with regards to the incidents.

"The RCMP have been trying to have as much presence as they can. I have seen them roll through here at three or four in the morning at the times I do look at the camera just out of curiosity. They know it has been a bit of a problem in this industrial park with not just necessarily converter thefts, but other break and enters and mischief and stuff," said Stiling.

He thinks that the thefts are occur-

Continued on page 6



Love YOUR smile and enjoy the foods you love

Second Opinions

EST. 1977

DAIEN

DENTURE CLINIC

204.268.3488

37 THIRD STREET SOUTH
BEAUSEJOUR

WWW.DAIENDENTURE.COM

Lower Fort Garry skating rink opening soon

Another fun outdoor winter activity to enjoy

By Katelyn Boulanger

Every Manitoba winter there are a few things that we can all count on: snow, a few really cold days, and fun winter activities. One way that you can enjoy the colder months this year is to head over to Lower Fort Garry as they are setting up their winter skating rink once again.

"We wanted to give back to the community. We're a community-based organization. The community gives so much to us in the Selkirk and Interlake area, so, we wanted to do whatever we can to give back to the people," said Eric Robb, the executive assistant of the Friends of Lower Fort Garry.

This is not the only way that the Friends of Lower Fort Garry gives back to the community with free day camps for low-income families, a scholarship that goes out to a local student pursuing higher education and being the hosts for local markets.

Robb says that this is possible because of the efforts of generous volunteers in the community, a grant from the Selkirk and District Community Foundation and help from Parks Canada.

"We've got a great group of local volunteers that have approached us and offered their time to go clear off the snow whenever it snows. [Making this happen is] a mix of Parks Canada and also with help from our very generous community," he said.

Robb says that the rink is made like your classic backyard rink.

"You pile snow around your border. You spray some water on that, that'll freeze up and act as a nice barrier for your water and that'll keep all the other water in there," he said.

He says the opening day is weather dependent and since the making of the ice started last week before the snowstorm that hit the region earlier

this week. It might be a few days before everything is good to go but they feel it's important to have activities available for the community.

"It's super isolating for a lot of people [during the pandemic]. It's important to socialize. It's really important for us right now. We like being with other people, so it's really important to offer people opportunities to gather in a responsible and safe way and we thought that an outdoor rink was a great way to do that," said Robb.

The next event that Lower Fort Garry is hoping to host is its Glitter by the River event which is tentatively scheduled for June. This event will raise funds for its scholarship and has

music, dancing, food and beverages for residents to enjoy.

For now, Robb encourages residents to stop by and check out the skating rink when it's complete.

"Fort Garry is a really special place for a lot of people. It holds a lot of important Manitoba heritage and this is just another way to get outside and see this wonderful place," he said.

Updates on the rink and other outdoor activities can be found at the Friends of Lower Fort Garry Facebook page at <https://www.facebook.com/FriendsLFG/>, their Instagram page at <https://www.instagram.com/friendsoflowerfortgarry/?hl=en> or their website at <https://folfg.com/>.



RECORD PHOTO SUBMITTED BY CAROLYN WEISS PRESIDENT OF FOLFG
Ice making took place last week in the parking lot of Lower Fort Garry for the skating rink that will be there for the rest of the winter.

Selkirk & District Community Foundation Is Accepting Grant Applications



Western Canada Games Legacy Fund supporting a learn to paddle program at the Selkirk Canoe and Kayak Centre

For the Western Canada Games Legacy Fund

- The Legacy Fund provides opportunities for promotion and enhancement of leadership and/or sport development within the communities of either Selkirk, Stonewall, Beausejour, Gimli or within the Lord Selkirk School Division boundaries.
- For projects and/or programs from the 18 sports in the 2003 WCSG.

For the Community Grant Program

- Applicant must be a registered charity with Canada Revenue Agency, located and providing services within the City of Selkirk, or the R.M.s of St. Andrews or St. Clements.
- The Foundation's granting program supports local needs and interests, which include, but not limited to, the arts, cultural activities, heritage programs, health, education, senior services, social programs and youth activities, along with the priority community sectors as outlined in the Foundation's Vital Signs Report.
- Grant submissions should reflect projects and/or programs that will occur between the months of April to September.

NEW Online Grant Application Procedure

- The online grant application is found at www.sdcf.ca

APPLICATION DEADLINE: Monday February 28, 2022

For more information contact:
Foundation Office: 204-785-9755
Or email: selkirkfoundation@shaw.ca



SATURDAY SPECIAL

RIBS & SHRIMP

\$21.95

DETAILS AT SOUTHBEACHCASINO.CA
CONDITIONS APPLY.

> REMEMBERING CLIFF GOW, FROM PG. 2

stories.

One that he spoke about often was the time that he lost the hearing in one of his ears. The story starts one day when they left port in Halifax and were on their action stations to test their guns.

"Everybody had to fire a few rounds off the guns and my dad was on the, I think it was a 20 millimeter anti-aircraft gun. He was on that and the guy that was on the gun that was behind him, when they were testing froze on the gun. Basically, the bullets were going about a foot past the right side of my dad's head. They were so close, he actually had powder burns on his face and when he went and told the ship's doctor what had happened, the guy says, 'Don't worry about you'll be fine a couple of days,'" said Colin.

When he came back from the war, Gow spent some time in Winnipeg before marrying his wife Joan in 1952 and moving to the Rivercrest neighbourhood in West St. Paul in 1958, which was a veteran's settlement at the time. One of the main reasons that Gow chose West St. Paul was because of the beautiful river lots that were available.

Colin and his sister Tracey Lutchmeesingh remember Rivercrest being a very friendly community when they were kids. Many houses were being

built in the area and everyone pitched in whenever there was a task to be done.

"They'd just hear a hammer and there would be like 10 guys coming to help," said Lutchmeesingh.

Gow started off after the war working for a dental lab before taking up a position at Standard Brands, which has changed names over the years but is now owned by Kraft. When the company decided to relocate its offices to Montreal, Gow did not want to leave the area and so finished his career working in the provincial government's finance department.

Over the years he had his two children, Colin and Tracey, two grandchildren came along and he was a great-grandfather to two more.

Tracey describes him as the kind of father that spoiled his children.

"He was a great father. He used to take us snowshoeing and skiing. He would build a slide like four feet high in the backyard and ice it every year. Where we lived there's a hill that went down towards the river. We never made it to the river but it was pretty far. One year we had a big snowstorm, so, instead of shovelling it he made a tunnel and we got to slide through this tunnel. It was crazy!" she said.

He was also very active in the community. The veterans in Rivercrest



RECORD PHOTOS SUBMITTED

Cliff Gow with his daughter Tracey Lutchmeesingh and great-grandchildren Allison and Marcus. Below: Cliff Gow with his wife Joan and children Colin and Tracey picking apples.

contributed to the community centre and the local church and Gow along with others were instrumental in setting up the area's curling club. He curled until 2016 and spent many Sunday mornings there over the years.

"[I hope that people in West St. Paul remember him for how he] would help everyone. He was super friendly. He was a social butterfly. He would talk to anybody and you instantly liked him," said Lutchmeesingh.



> CATALYTIC CONVERTER THEFTS, FROM PG. 3

ring because these parts contain platinum, rhodium, and palladium which are very valuable and also because it's not very difficult to remove a catalytic converter from a vehicle quickly.

"[During the most recent theft] they run back and forth numerous times back to the vehicle to drop off the catalytic converter and then come back and grab another one," said Stiling.

He's not sure if the thieves are the same each time or if they are different thieves, but luckily Stiling did advise

those people who had their catalytic converters stolen in the fall to hold off on having them reinstalled until later in the spring, as they could have had their converters stolen all over again in the incident that occurred last month.

Unfortunately, these thefts are very cumbersome and somewhat costly for Stiling's customers as well who have to go through MPI to report a claim and pay their deductible, but also often depending on the mileage and

age of the vehicle will have to pay a betterment fee that can sometimes be between 20 to 30 per cent of the cost of the part. With parts being valued between \$1,200 and \$1,800 this can add up to a large bill for people who had something stolen from them.

Stiling says he feels that people need to know what's happening even if it might not be great for his business.

"When it first started I didn't really want to bring too much attention to it because maybe it won't happen again, right, and then no one's the wiser. But now, it's just at a point where I'm just fed up with it. I think the more people that are aware of the situation the better is for everyone else. [This means that people can] have a little bit more insight and keep your eyes open kind of thing," he said.

Unfortunately, he knows all too well that this isn't an isolated incident in his lot.

"We get customers from all over Manitoba who come here for repair and we've had some from Winnipeg that they've had it stolen from the city in compounds and what have you. They bring it out here for us to repair it and then a few months later, it's stolen again from wherever they are in Winnipeg. So it's frustrating," said Stiling.

Stiling thinks that there are a couple of things that can be done to possibly help with the current catalytic converter theft problem our province is facing. He thinks that MPI should offer an incentive to have owners install anti-theft devices in their vehicles as he's sure that it's costing them a lot in insurance claims. He also thinks that we should follow what California is currently doing by labelling catalytic converters by etching in vin numbers and or high heat paint so scrap dealers can know it's stolen and report it. He is also hopeful that a new bill that comes into effect this spring which will require scrap dealers to check ID when accepting anything over a certain value will help, but understands that that might just cause these thieves to move to selling in a different province.

As for his own business Stiling has and will continue to upgrade security at Styling's RV in the future.

This is something that can happen to any vehicle with an exhaust system, not just RV's, so he advises that everyone keep their eyes open for this kind of activity.

DENT ELIMINATOR

Paintless Dent Removal

A new level of **Hail** Repair in the automotive repair industry.

- ✓ 30 Years Experience
- ✓ Repair Process Trusted by Manufacturers
- ✓ Courtesy car available with appointment

Dent Eliminator
204-479-4085 1-866-372-DENT (3368)

Selkirk Auto Body 204-482-3960

&

You'll never know it was damaged!

MPI Approved Specialists
Manitoba Public Insurance

Hearthstone Community Group unveils new build

New home will accommodate seven residents

By Katelyn Boulanger

The Hearthstone Community Group has recently put the final touches on their latest build, which will be a place for seven people with disabilities in our community to call home.

Hearthstone was founded in 1992 by a group of parents who wanted to provide resources in our community for their adult children.

David Bjornson, President and Board Chair of the Hearthstone Community Group said that with the final details being taken care of last week residents are hoping to move into the home this week.

The new build is located next to another home in Selkirk operated by the Hearthstone Community Group and is at 127 Reid Ave.

"On the upper floor, there are four units, two are what we call semi-independent care, where the individuals have their own little one-bedroom unit with a small kitchen and living area. Then the other two bachelor type bedrooms where they've got a bedroom, and a small living area, and their own bathroom, and then they live with the people that are on the main floor. On the main floor, we have three bedrooms, all designed for people needing specialty care," said Bjornson.

These specialty care units are specifically designed for residents that are non-ambulatory, which means that they can accommodate wheelchairs and have lifting systems, as well as specialty bathrooms that can accommodate people that have to do things a little bit differently.

In addition to the inside being made to accommodate residents, the outside has also been designed with purpose.

"We want to make the homes that the people we care for and live in a part of the community, so, we try to make it as maintenance-free as possible because of the type of organization we

are. It's all wrapped accordingly, with special topping on the on the porches and the remedies for wheelchairs and for people that don't get full steps that have to shuffle," said Bjornson.

This is now the seventh home that Hearthstone has in our community.

Bjornson feels that it's important to have homes like this in our communities.

"We all have either knowledge of friends who have family with challenged individuals or challenged individuals within our own family unit and our objective is to provide quality care for these individuals so that they're not living on the street. They're being cared for and when they come into what we call the Heartstone family, we provide care and in the end, they become part of the family and they live with us until the end of their lives," said Bjornson.

Because they want to be able to accommodate people throughout their lives and anticipate that people will have changing needs, Bjornson said that they are investing in higher-end care to be able to keep caring for people as they age.

He also wanted to acknowledge the hard work and people that have made this build happen. Including our local MLA who he said really helped.

"It takes a while for these new builds to take place. And, because, we're a fee for service organization with the provincial government, there are a lot of hoops that we have to jump through and making sure a lot of things are done. One person that we'd like to acknowledge is our MLA, Dr. Alan Lagimodiere, he opened some doors for us. He had a chance to meet with both mentors, with ministers and deputy ministers regarding our project and other things that the organization is up to," said Bjornson.

If you would like to look into Hearthstone Community Group's programs including their day program, pet pro-



RECORD PHOTOS BY BRETT MITCHELL

David Bjornson President and Board Chair of the Hearthstone Community Group and Carla Devlin President of Carrington Property Developments in the new build.

gram, and housing options visit their website at <https://www.hearthstone-community-group.ca/>. You can also make donations to them there.



NEW WINDOWS, NEW DOORS, AND SO MUCH MORE!



Get a **\$50 rebate*** on select ENERGY STAR® certified windows and doors.

Make your home:


- ✓ More efficient
- ✓ More comfortable
- ✓ More beautiful




EFFICIENCY MANITOBA

Visit efficiencyMB.ca/windowsanddoors

*Terms and conditions apply.



217 Clandeboye Ave., Selkirk
Proof Deadline Fridays at 4 p.m.
Booking Deadline Mondays at 4 p.m.
Office Hours: Monday-Friday 9:30-5:00





Natural gas efficiency programs are funded in part by the Low Carbon Economy Fund.




The Selkirk Record



PUBLISHER
Lana Meier



MARKETING & PROMOTIONS
Brett Mitchell



REPORTER/PHOTOGRAPHER
Katelyn Boulanger



SALES
Michelle Balharry



DISTRIBUTION
Christy Brown



REPORTER/PHOTOGRAPHER
Patricia Barrett



ADMINISTRATION
Corrie Sargent



OFFICE MANAGER/ADS
Lucy Kowalchuk



ADMINISTRATION
Allana Sawatzky



SPORTS EDITOR
Brian Bowman



PRODUCTION
Debbie Strauss



ADMINISTRATION
Jo-Anne Procter



PRODUCTION
Nicole Kapusta

get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

Government to assist with costs incurred by hospital transfers

By Patricia Barrett

The Manitoba government said last Friday it will cover some of the costs of food, transportation and accommodation incurred by the designated support person of hospital patients who are subjected to mandatory transfers to medical facilities in other health regions.

Last October, the governing Conservatives made patient transfers mandatory in order to prioritize care for COVID-19 patients and free up hospital beds for them. Interlake-Eastern Regional Health Authority patients were at times transferred to hospitals in other regions hundreds of kilometres away from their home communities and their families and friends.

"We are putting a new program in place that will provide financial assistance for meals, transportation and accommodations or link to community support resources when a person is relocated to a facility outside of their region for ongoing inpatient care," said health minister Audrey Gordon in a Jan. 28 news release.

The government said it will cover up to eight visits a month by a patient's "designated support person," by providing meal vouchers so that the support person can dine with the patient when on-site meal service is available or cover a maximum of \$8 for breakfast, \$10 for lunch and \$15 for dinner when on-site meal service is unavailable.

The program will also provide return bus fare or gas expenses and accommodation up to a maximum of \$70 a night plus taxes.

The government also said it will "work with" about 250 patients that had been transferred prior to its announcement, but didn't say what that will entail.

"The program is effective today and the province will work with the

approximately 250 transfers that occurred prior to today to ensure these situations are also addressed," said Gordon.

Additional patients may have to be relocated outside of their home region to manage hospitalizations and ICU capacity, states the release.

Current public health orders are being extended until Feb. 8 as the government determines the impact of omicron.

"Manitoba has imposed restrictions earlier and for a longer period of time compared to most other Canadian jurisdictions," said Gordon. "As we all learn to live with the virus, it is still critical that we stay the course over the next week. There are signs of stabilization but we need more data to fully assess our next steps and implement initiatives that support our pandemic response."

The release says "severe outcomes" from omicron may have "peaked" while at the same time stating that the viral count may be increasing based on Winnipeg wastewater surveillance data.

Although omicron was touted as being mild, it put hundreds of Manitobans in hospital over the space of three weeks. On Jan. 7 there were 297 people reported in hospital with COVID. By Jan. 28 there were 715 people in hospital.

The government restricted access to PCR testing as new infections overwhelmed testing capacity. New case data has been lost by people deterred from getting tested or who were able to acquire rapid antigen tests, the results of which aren't reported to public health.

As far as government's provision of data goes, NDP leader Wab Kinew said Manitobans should have a clear picture of the extent of COVID infections in order to assess health risks



RECORD FILE PHOTO

NDP leader Wab Kinew said last Friday at the legislature that the government should commit to retroactively covering the costs of patients and their families who were subjected to the government's mandatory patient-transfer protocol.

and make informed decisions.

And the government, furthermore, has provided only a "description" of wastewater surveillance data rather than details, he said.

"We haven't actually seen a lot in terms of the concrete facts right now. It's so important to equip Manitobans with this information because more public information can only support public health," said Kinew last Friday. "Let's arm the public with this data. Let's arm the public with information about what's going on with COVID right now and let's ensure Manito-

Continued on page 12

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to news@selkirkrecord.ca. Please include your name, address, and phone number for confirmation purposes.



> CONTACT US

By phone: **204-785-1618**
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

Brett Mitchell: 204-485-0010
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419
Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

EDITORIAL

Katelyn Boulanger 204-485-3337
news@selkirkrecord.ca

View the Selkirk Record online at
selkirkrecord.ca

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.

Heavy snowfall means weighty roofs

Double check that your roof is not overburdened

By Katelyn Boulanger

Because of the recent Alberta clipper that blew through the area bringing with it more snow our area has had to once again dig our driveways, walkways and sidewalks out, however, that snow is also landing on our roofs. That's why between what we already had and this most recent snowy downfall, we should all take a look at our roofs to see if we need to relieve the strain that has been put on them.

Dick Fehr is the owner and operator of All-Nu Renovations, which along with providing renovation and roofing services, is also an area business that provides roof snow removal services in the winter.

"The ones that need it most are the bungalow type [of house] that have a

lower sloped roof. They need to have the snow taken off because it's too much weight," said Fehr.

Depending on residents' homes and their needs, snow can be completely removed or sometimes residents may just want the snow on the outer edges of the roof removed.

Fehr warns residents that if they are going to have the snow on their roofs removed they should find a legitimate business and not just someone advertising online.

"Most of these guys that are on Facebook and stuff. They're young kids that don't know anything about shingles, and they go up there and scrape all the granules off," he said.

Being a roofer as well, Fehr knows that this is bad for your roof's long-

term viability and so makes sure not to damage the roof when his company provides this service.

"I started 2005 and I've been doing snow removal just about every winter. It's best for the homeowner to get the company that did their roof to do [the snow removal from their] shingles because then it doesn't interfere with your warranty. Some homeowners don't realize that if you have someone [else] come to do the snow removal that they're cancelling their warranty," he said.

This is actually the reason that Fehr got into the roof snow removing business to begin with as he didn't want shingles that he'd recently put on a home to be destroyed.

He says that the main reason that residents would want the snow to be removed from their roofs would be because of the weight of the snow on the house, but also if you have an

older roof that hasn't been redone recently there is a risk that the freezing and thawing of the snow could cause it to penetrate the roof and cause leaking problems inside your home.

On average Fehr says the process takes between three and four hours but it does depend on how much snow needs to be removed. His company also handles clean up on the ground from the snow that falls on places it doesn't belong.

Fehr's advice to residents is to not put off getting this done if you know you need it.

"If they have roofing issues they should call me or somebody to get it looked at before it becomes a big problem," said Fehr.

Fehr's business All-Nu Renovations services Selkirk and the area around the City. He also will travel up to cottages as far as Bird Lake.

Access CU to merge with Noventis, Sunova

By Lorne Stelmach

Another financial institution merger will take effect this summer, with members last week voting in favour of the amalgamation of the Access, Noventis and Sunova credit unions.

Each one held special meetings of members last Thursday where all three achieved more than the two-thirds majority voting in favour to approve the merger.

Access members who voted were 76 per cent in favour, while Sunova had 74 per cent and Noventis had 86 per cent in support of the merger.

The new entity will remain known as Access Credit Union when it is created July 1.

"All three credit unions are very happy that the membership supported the recommendation by all three boards," said Larry Davey, CEO of Access Credit Union.

"For our Access members, I think they realized the benefits of the latest merger and understood that this

is just probably part of the landscape in the credit union system these days," he said.

Davey further suggested that members recognized the benefits of "the alignment of the three credit unions as far as there's rural roots in all three. The new geographic footprint provides greater convenience to the membership."

In promoting the merger, Davey had cited two key factors that they said in the near-future would require credit unions to invest millions of dollars in financial technology to meet new government-mandated standards.

As a larger credit union, they maintain they can save money on these investments and that those savings will allow them to continue to offer competitive rates, lower fees, cash rewards and better account packages as well as increase the funds available to invest in communities.

One key change is the move to open

banking or consumer directed finance, while another is a move to payment modernization.

Open banking will allow people to more easily move money from one institution to another, and that will require a significant and costly change in technology. Payment modernization basically involves speeding up the time it takes for payments to go through the system. Right now, it allows three days for payments to reach their destination. The government has mandated that to be reduced to three hours and eventually to be instantaneous.

"I think the membership certainly understood the cost of technology these days and how the scale helps us reduce

that cost per member," suggested Davey, who also cited other advantages ranging from being able to continue offering competitive rates, charges and patronage refunds to seeing no impact on local branches and services while in fact expanding on the insurance and wealth management divisions.

The new credit union will have over 169,700 members and \$9.5 billion in assets with about 800 employees in 52 branches.

250 MANITOBA AVE
204-482-4359 • gwenfoxgallery.com



Gwen FOX
ART GALLERY & GIFT SHOP

FREE ADMISSION

CLOSED UNTIL MARCH 1ST, 2022
SELKIRK COMMUNITY ARTS CENTRE

CASH, DEBIT, CREDIT CARD PAYMENT AVAILABLE

Register for
high school online at 7oaks.org.



SEVEN OAKS
SCHOOL DIVISION
community begins here



Encouraging vaccinations and needle safety

Not Afraid of Needles campaign keeping people informed

Submitted by the MHRN

We know that getting vaccinated is sometimes portrayed as scary or dangerous when it's actually a safe, easy, and very effective harm reduction measure for keeping ourselves and our communities safe. We noticed how similar this is to how many people think about needle distribution.

Many people really focus on discarded needles, and fear or misinformation prevents them from seeing that giving out new needles is a safe, easy, and very effective harm reduction measure for keeping ourselves and our communities safe, too. Hence our new campaign: Not Afraid of Needles.

The Manitoba Harm Reduction Network (MHRN) received funding from ProtectMB to create this t-shirt campaign and an accompanying COVID Vaccine Discussion Guide (for people who use drugs). Our I <3 Someone Who Uses Drugs campaign has been very effective at starting conversations and building community, and we hope to do the same with this campaign.

We hope that by wearing this shirt, it'll help people have positive conversations about both vaccines and supply distribution, both evidence-based harm reduction measures that are sometimes misunderstood.

MHRN staff, volunteers, and network and council members will receive t-shirts to wear; the general public will be able to purchase shirts via mhrn.ca soon.

The *Not Afraid of Needles COVID Vaccine Discussion Guide* will also be published on mhrn.ca soon. Although the guide was developed to support service providers in having conversations with people who use drugs about the COVID vaccine, we think it will be a solid resource for folks having conversations with people who are hesitant about getting vaccinated (ie. friends, co-workers, relatives, community members).

As with all harm reduction efforts, we will meet people where they are at. While we hope that everyone will decide to get vaccinated, the goal of this discussion is not to convince people to change their minds by the end of it, but support their decision making in a non-coercive way.

The Discussion Guide notes that the exact structure and flow of your discussion with someone who is hesitant getting vaccinated will vary depend-

ing on where folks are at and to use the provided segments to build your discussion in a way that makes sense.

Considerations for a positive conversation:

- Starting the conversation with where we align instead of where we disagree or hope to persuade. Start with a baseline of agreement.

- Relationships, community, identity, and belonging are often more important than facts. Our good relationships are at the centre of what can make this a good conversation.

- Reducing negatives may matter more than increasing positives. Until the negative experience is addressed adding positives makes very little difference.

- Reducing friction (even a tiny bit) can make a huge difference. For example providing kind and gentle reminders, helping to book an appointment with a trusted public health nurse, finding childcare, offering to drive, being a support person at the appointment, and helping out if they feel sick from the immune response after the vaccination.

- Normalizing vaccinations by talking about your own experience and motivation for getting vaccinated, and how many other people are vaccinated. 85% of eligible Manitobans are vaccinated.

- Avoiding arguments. When people feel like they need to defend a position or belief they will usually hold onto it more firmly instead of changing their mind.

If you're not sure where folks are at with vaccination, open with a question such as "On a scale of 1 to 10 how do you feel about getting vaccinated right now? If one is absolutely not interested at all and ten is really excited to get vaccinated as soon as possible." If they answered 2 or more, ask "Why did choose that number instead of a lower number?"

The Discussion Guide continues with questions and prompts to help you assess where folks stand, while prompting them to focus on the reasons they may be considering vaccination, rather than the reasons they are not getting vaccinated. Common vaccine and COVID questions are asked and answered. New information is coming out every day and as someone supporting a person concerned about vaccines or COVID, you will do your best to share the most current information. And, if you don't know an an-



RECORD PHOTO SUBMITTED

The MHRN's latest t-shirt which promotes vaccines and needle distribution as harm reduction strategies that save lives.

swer to a question, you will commit to finding the information for them. For some questions, we do not have solid answers yet.

Lastly, the MHRN *Not Afraid of Needles COVID Vaccine Discussion Guide* tackles how to respond to three common vaccine concerns.

Concern 1: Vaccines are colonial.

Inoculation is part of traditional medicine. Long before we had modern vaccines, communities in Asia and Africa were practicing inoculation against smallpox. They understood this long before Europeans and colonists did.

Smallpox was eradicated in 1979 through an intensive vaccination program, but before that it was around for over 3000 years and killed hundreds of millions of people. It was one of the diseases that devastated Indigenous communities on Turtle Island.

Inoculation was practiced in Africa long before colonists and the British took it seriously. Africans understood that if you took the liquid from a smallpox blister and put it in a cut on a person who had not had smallpox, they would get sick - but not nearly as sick as if they contracted smallpox naturally - through inhaling droplets. Once they recovered they would be immune. Traditional medicine is why we have vaccines today.

Concern 2: The vaccines were devel-

oped too fast, we can't know they're safe

The Pfizer and Moderna vaccines were developed using technology that had been in the works for years.

All of the trials to make sure the vaccines are safe and effective were done - nothing was skipped. But they were able to do some of the stages at the same time instead of one after another. It was also easy to recruit all the volunteers quickly, and because there was so much COVID going around people in the trials were sure to be exposed to it quicker than if there were very few infected people in the community.

Globally, more than 9.5 billion doses of vaccine have been given to people, so we know that they are very safe.

Concern 3: Vaccines will make you sterile

The vaccines have no effect on fertility. However, getting COVID while you are pregnant can be risky for both the pregnant person and the baby. Being pregnant can change your immune system and make you more vulnerable to respiratory infections.

Just like getting tested for syphilis and other Sexually Transmitted and Blood-Borne Infections (STBBI), getting vaccinated is an important part of making sure you're in the best position to have a healthy pregnancy and healthy baby.



Go to manito.ba/northern-lights to book your Churchill package today!

Experience Churchill, one of the best places to view the northern lights.

Nature enthusiasts flock north every winter to witness the light show of a lifetime. Because of its location beneath the auroral oval, the northern lights can be seen up to 300 nights of the year. Your best chance for viewing the flickering green hues of the aurora borealis is between February and March when the night sky is at its clearest and darkest.

Create your ultimate winter adventure from a variety of multi-day tour options. There's one just right for you.

PHOTO: C*PILOT COLLECTIVE

Book Today



Discover Churchill

Choose from DIY or all-inclusive multi-day adventures to witness the dazzling northern lights while staying in one of the best places around the world to view them.

discoverchurchill.com



Churchill Northern Studies Centre

Immerse yourself in the subarctic on this multi-day learning vacation where you can view the northern lights from the comfort of a heated rooftop viewing dome.

churchillscience.ca/event/winter-skies-2



Frontiers North Adventures

Treat yourself with this all-inclusive winter adventure where you can view and photograph the aurora borealis and dine beneath the northern lights.

frontiersnorth.com/adventures/winter/northern-lights-and-winter-nights



Great White Bear

Book this all-inclusive arctic exploration package to witness the mystical northern lights from four incredible vantage points including the infamous Aurora Pods and Aurora Domes.

greatwhitebeartours.com/package-tours



Nanuk Operations

This six-day tour includes winter activities like snowshoeing and dogsledding during the day and photographing the aurora from a modern yurt in the boreal forest at night.

nightsunderlights.com/tours-and-prices

Be safe in Churchill

To ensure the safety of visitors and residents in Churchill, please note:



- It is required that all guests and staff be fully immunized for at least two weeks prior to their scheduled departure.
- Each individual business has a complete list of their COVID-19 policies for reference.

Travel to Churchill with:



VIA Rail
viarail.ca



Calm Air
calmair.com

Manitoba
CANADA'S HEART BEATS

A visit to Manitoba means travelling through Treaty 1, 2, 3, 4 and 5 Territory and through communities who are signatories to Treaties 6 and 10. It encompasses the original lands of the Anishinaabeg, Anish-Ininiwak, Dakota, Dene, Ininiwak and Nehethowuk and the homeland of the Métis.

travelmanitoba.com @travelmanitoba



NOTE: While Travel Manitoba strongly recommends that all tourism businesses adhere to the operating protocols and capacity restrictions allowed by the Manitoba government, we cannot guarantee the compliance of any business featured in our content. While information is accurate at the time of writing, please contact businesses directly for operating hours and policies and availability of packages and tours. Throughout the province, please continue to practise safe physical distancing and adhere to all recommended guidelines.

Survey finds majority of Canadians in favour of mandatory vaccinations

61 per cent of people say unvaccinated should pay for their COVID costs

By Patricia Barrett

A national survey released last month by Maru Public Opinion shows 66 per cent of Canadians in favour of mandatory vaccination against COVID-19 for people five years of age and older.

And 61 per cent of Canadians think the unvaccinated should pay the full medical cost of their hospital or ICU stay should they contract the virus.

Maru measured Canadian attitudes towards the unvaccinated and examined some of the reasons as to why they refuse to get jabbed.

One in 10 Canadians have refused a COVID vaccine, states Maru's Jan. 19 news release. Alberta and Quebec have the highest number of people refusing a vaccine (12 per cent) followed by Ontario (11 per cent), Atlantic Canada and British Columbia (five per cent), and Saskatchewan and

Manitoba (three per cent).

A majority of Canadians say they have no sympathy for the unvaccinated who get ill or die from COVID.

"A majority (54 per cent) of Canadians don't have sympathy for an unvaccinated person if they become seriously ill or die as a result of contracting COVID—offset by the remainder that do (46 per cent)," states the release.

The survey also found that Canadians view the unvaccinated as responsible for overwhelming the healthcare system (48 per cent), holding Canadians back from having a normal life (40 per cent), endangering society (36 per cent), being misguided conspiracy theorists (36 per cent), being good people with legitimate reasons/concerns (27 per cent), being reckless (26 per cent), being super-spreaders of the virus (17 per cent), and being

heroes for free speech/choice (12 per cent).

In varying degrees, Canadians agreed there were a number of acceptable ways to encourage the unvaccinated to get jabbed, including banning them from public spaces such as restaurants, theatres, liquor and cannabis stores (77 per cent), forcing them to pay the full medical cost of their hospital or ICU stay should they fall ill with COVID (61 per cent), forcing them to pay a healthcare surcharge on their taxes of up to \$150 per month (61 per cent) and refusing them access to any publicly funded hospital/medical services (37%).

Although Maru found two thirds of Canadians in favour of mandatory vaccination, a majority of those people (82 per cent) were "open to some exemptions," which include a person having a diagnosed medical condition which disqualifies them from getting vaccinated.

The survey examined the reasons why a minority of Canadians refuse to get vaccinated against COVID. Their

reasons include defending their civil liberties (45 per cent), waiting for more data to determine if vaccines are safe (42 per cent), believing their immune system can "beat" COVID (32 per cent), fearing how the vaccine could affect them (28 per cent), not wanting the government telling them what to do (22 per cent), believing COVID is a bad flu, not a deadly virus (9 per cent), and stating that vaccination is against their religion (1 per cent).

The survey was conducted Jan. 14-15, 2022, with 1,506 randomly selected Canadian adults. It has an estimated error margin of +/- 2.5 per cent, 19 times out of 20. Maru states that it does not do any work for any political party. Survey data and the news release are available online.

Worldwide, there have been over 364 million confirmed cases of COVID and more than 5.6 million deaths, according to the World Health Organization's COVID dashboard (viewed Jan. 28).

> HOSPITAL TRANSFERS, FROM PG. 8

bans can have the full lay of the land and the full picture of what's going on."

Kinew also said the government should have committed to cover the retroactive costs of the 250 or so patients who were transferred to other health regions prior to the announcement of the new program.

"It [has had] a very dramatic impact on the families affected. The fact that

this is not being made retroactive is very disappointing," he said. "We know that hundreds of patients have been moved so far. That means hundreds of loved ones also who've had their lives affected. So the government really does need to make this program retroactive immediately. Many folks have already incurred these expenses and they should not be left out of consideration at this time."

Meanwhile, on Monday Manitoba hit a high of 735 hospitalizations due to COVID-19. Fifty-six patients were in ICU because of the virus.

The 19 new COVID-19 deaths reported over the weekend brought the death toll to 1,562.

While vaccinated individuals can still catch and spread COVID-19, especially the more contagious omicron variant, there continues to be a correlation between severe outcomes (winding up in hospital, in ICU, or dead due to the virus) and vaccination status.

According to data collected in Manitoba up to Jan. 10, an unvaccinated person who contracts the virus is three times more likely to land in the ICU than someone with one dose of vaccine, 19 times more likely than someone with two doses, and 139 times more likely than someone with three doses.

Vaccinations are available at immunization clinics and medical centres throughout the province. Head to protectmb.ca for details.

You've gotta LOVE this DEAL!

Purchase a pair of glasses and receive

50% off

your lenses for up to 3 additional pairs

Anderson family vision care

visit our website and see what we have in stock.
andersonvisioncare.ca

101-2265 Pembina Hwy. 204-275-2015	103-19 Pine St. Pine Falls, MB 204-367-2390	258A Main St. Steinbach, MB 204-326-1388	90-2200 McPhillips (Across from Garden City Shopping Centre) 204-633-7482	353 Main St. Selkirk, MB 204-482-3713
--	---	--	---	---

Interlake-Eastern
Regional Health Authority

Looking for a vaccination?
We'd love to see you at the

Pop-up mobile COVID-19 and flu vaccination clinic at Selkirk Soup Kitchen

Walk-ups only – no appointment necessary
When: **Monday, February 7, 2022**
Time: **11:00 a.m. to 1:00 p.m.**
Where: **Memorial Hall, 368 Jemima St, Selkirk, MB**

Flu shots are available for age 6 months and up.
COVID-19 vaccinations are available for 5 years old and up.

#PROTECT MB
Manitoba

Local Selkirk Telus Store can fix up your broken phone

At 4L Communications your Telus store in Selkirk you can buy, Sell, Repair, trade in or Connect your cell phone.

4L in Selkirk is now a **Mobile Klinik** Authorized Repair Centre. If you have Broken glass screen, a dead battery you don't necessarily need to buy a new cell phone. 4L's **Mobile Klinik** does on the spot diagnosis and estimates. You can leave your phone and most repairs only take one day and you are reconnected. If the phone cannot be repaired there is no charge for the work.

We can repair most makes and models, the work is done locally by certified technicians. No shipping the device out of province for weeks. If your old unit is not repairable or you have no plans to use it again, bring it to the **Mobile Klinik** and exchange it for a \$5 4L

Gift Certificate* one per customer per visit and it must be used by the customer who receives it. **Mobile Klinik** is also helping to keep electronics out of the landfill. The phones, batteries, screens and other parts are all recycled.

They have a limited lifetime parts and repair warrantee. If you have Credit issues, talk to the staff about 4L Communications Certified Pre Owned Devices.

So stop in and see Ashley or Michelle at your local 4L Communications Telus **Mobile Klinik** Store and re connect to your world. 4L Communications Telus & Mobile Klinik is located at in the Selkirk Crossing strip mall Unit 5 1014 Manitoba Avenue next to Walmart. ou can call them too at 204-785-4386 or visit us online at www.4lcommunications.com



Get it Fixed... Get re-connected

Mobile Klinik
BUY • SELL • REPAIR • CONNECT



YES WE CAN

- Fix your broken screen
- Replace your dead battery
- Diagnose other issues

Inside your Local

4L COMMUNICATIONS INC.
TELUS authorized dealer
KODOO authorized dealer

204-785-4386

Selkirk snow carver sculpts Mario for community

By Ty Dilello

Gord Amirault's snow sculptures have been a fixture in Selkirk for quite some time. Every winter, residents in town flock to his street to see his carvings.

Amirault has had an interest in carving wood since he was a young kid. He later took inspiration from the sculptures at Festival du Voyageur and started to try his hand at it. It took off from there.

"I loved to draw, but had a hard time making my pictures 'pop' off the page. Sculptures was an easy transition for me," said Amirault.

"I have always loved winter and Festival du Voyageur and wanted to try doing a snow sculpture. I use plywood forms and shovel all the snow in by hand. I like the challenge, because my wood carvings are relatively small and easy to get perspective while carving. Huge snow sculptures pose an interesting challenge because you have to step back often to make sure you aren't losing what you're trying to accomplish."

Amirault has been making snow sculptures for roughly 14 years now and churns out an average of two per year. While they usually last a few months, some of the sculptures haven't lasted long because of the winter weather or vandalism.

"Snow sculptures are what art should be. No one gets to own it, and everyone gets to enjoy it. Plus, if it looks crappy, or you make a mistake, it's gone in a couple of months."

This winter, Amirault has completed a sculpture

of the popular Nintendo video game character Mario. It is displayed outside his sister's house in Winnipeg. He is currently working on a similar Mario sculpture at his home in Selkirk and hopes to have it completed real soon.

"It took two hours to make the block in the city (it's 4' wide x 4' deep x 8' tall) and about seven hours to carve it. The block at home is about 8' wide, 8' tall and 20' long. I won't be done that till the end of this week, hopefully."

"I usually follow a theme for our place and my sisters. The Super Mario Bros games are popular in our house (with my kids) and her place. It's a recognizable character, not very controversial and gives people something else to talk about other than the pandemic."

Despite how much Amirault enjoys the process of making these snow carvings, the biggest thrill for him, he says, is seeing people drive or walk by the sculptures and enjoy the finished product.

"I love to interact with people who stop to talk. Everyone is very supportive and generally enjoy my work. My parents said their favourite part of my carvings (when I lived at home) was to watch the forms come out of the wood. My neighbours have said that that is their favourite part too. Guessing what it's going to be and watching it come to life."

**"I LOVED TO
DRAW, BUT HAD
A HARD TIME
MAKING MY
PICTURES 'POP'
OFF THE PAGE."**



RECORD PHOTO SUBMITTED

Selkirk's Gord Amirault has been making snow sculptures since 2007. This winter he has done a rendition of the popular Nintendo video game character Mario.

Manitoba Dental Foundation supports harm reduction clients with oral health kits

Grant helps to support thousands of vulnerable people

Submitted

Recently, the Interlake Eastern Health Foundation was awarded a grant worth \$2,500 by the Manitoba Dental Foundation (MDF) for the purchase of oral health kits for the region's harm reduction clients. Each kit includes a toothbrush, toothpaste, floss and gum.

The Manitoba Dental Foundation was established in 2015 with its vision of serving as the heart of philanthropic giving for the dental community of Manitoba. The Manitoba Dental Foundation is committed to funding the improvement of oral health of the underserved of all ages in Manitoba, and supporting outreach to all communities in need.

"This year our 'MFD in Action' initiative is will distribute 1800 adult and 1800 children's oral health kits to community organizations like the Interlake Eastern Health Foundation that support the underserved, homeless and vulnerable throughout Manitoba" said Frank Hechter, Executive Director of the MDF.

Interlake-Eastern Regional Health Authority Wellness facilitator Michelle Berthelette says the

oral health kits will go a long way in providing much needed oral health supplies for the IERHA's harm reduction networks.

"Good oral health care decreases the incidence of plaque, cavities, gingivitis, and some other chronic health issues. A healthy smile can also improve self-esteem, confidence and self-worth. It may seem like such a simple thing, but having a healthy smile contributes to overall well-being, both physically and mentally. Everyone deserves that," said Berthelette.

Interlake Eastern Health Foundation executive director, Pamela McCallum, is thankful for this grant and appreciates all the good work the Manitoba Dental Foundation does.

"Manitoba Dental Foundation is committed to improving the oral health of all Manitobans including our vulnerable communities. We are so grateful to have been successful in obtaining this grant and being able to help give our harm reduction clients the oral health they deserve," said McCallum.

Interlake Eastern Health Foundation's mission is to raise funds that support health care in the Interlake-Eastern health region. For more information visit www.iehcf.ca or contact Pamela McCallum, executive director of the Interlake Eastern Health Foundation at (204) 785-7044. For more information on the Manitoba Dental Foundation please visit www.manitobadentalfoundation.ca.



RECORD PHOTO SUBMITTED

Dr. Peter Kowal, dentist at Interlake Dental Centre in Selkirk shows off a few of the oral health kits going out to harm reduction clients.

Cattle farmers call for province to “step up”

By Nicole Brownlee

There's always a cost to producers accessing alternate needs.

Provincial supports are falling short for Interlake cattle farmers struggling to feed their herds.

After several years of moderately dry conditions, the 2021 drought left Manitoba farmers with grim decisions.

Forced to choose between feeding herds scraps from whatever producers could scrape together, selling livestock or culling, farmers looked to the province for any assistance they could get.

“I think (the government) came (to the plate), but they didn't come as wholeheartedly as well all wanted,” said Arvid Nottveit, a beef producer from Peonan Point.

The province released three programs to help producers in August and November 2021. The federal government is sharing the cost of the three programs, covering 60 per cent, while the province picks up the rest of the tab.

The programs offer livestock producers help with the cost of replacing breeding animals culled because of winter-feed shortages and buying, transporting and testing feed.

Nottveit applied for all three programs.

The 2011 flood destroyed acres of Nottveit's Tribar Ranch, forcing him to sell half of his cattle. Nottveit's reduced cattle numbers from the 2011 disaster helped him in 2021, and he did not have to sell any of his herd.

The producer supplemented his hay to feed his over 400 cattle with cattails and edible cull beans from North Dakota.

In a normal year, Nottveit would book one load of grain from North Dakota for his calves, but this year he's requested seven to feed the herd. Nottveit also booked extra grain in August to feed his cows, even though they've always been fed hay.

“I don't particularly like what I'm doing,” said Nottveit.

Producers are accessing any support they can, he said, but there's always a cost to accessing alternate needs, and it's not covered by any programs.

In a herd of cattle, there are varying ages, which require different quantities of feed, nutrients and minerals. When producers only have one type of feed and an average quantity they need to give to every animal, the cattle will react differently.

“Not every cow will adjust to a new ration the same,” said Nottveit.

For example, if the cattle are fed

corn, producers need to ensure the cows have enough calcium to calve properly.

“One of the biggest reasons for calving issues is inadequate body condition of your cattle,” said Nottveit.

The government added feed additives and premixes like molasses-based products, vitamins, minerals, oils and fats to be eligible for financial assistance as of June 1, 2021.

The province will make payments to producers based on the head count of the livestock but will only cover up to 75 per cent of the purchased cost of feed and feed testing. The max the province will pay for each cattle, bison, elk or horse is \$250, and \$50 per sheep or goat.

“Just because I didn't make my full complement of bales doesn't mean I didn't expend the same amount of fuel that I do every summer,” said Nottveit.

Potential amendments the province could make to the program could be issuing assistance as soon as the weather indicates drought conditions in areas of Manitoba.

“We've had a number of dry years... but the areas that were in a drought situation were not as extensive as they were this year.”

Producers who needed financial assistance with their crops in previous years didn't receive help from the province, said Nottveit.

“If you want help from the government, you sure hope the whole province needs it.”

On Jan. 25, the province announced that AgriInsurance premium rates have increased by around 10 per cent because of record payments in 2021. The estimated average coverage for 2022 is \$463 per acre, a 44 per cent increase from 2021.

“Our government knows the importance of creating the environment for businesses to succeed,” said Derek Johnson, Minister of Agriculture.

Agriculture contributes 11.5 per cent of Manitoba's GDP and supports around 50,000 jobs.

“It's important to ensure that farmers not only survive in Manitoba but thrive.”

Producers are starting to apply for the herd replacement and management program, which was released in November 2021, said Johnson.

The feed assistance and transportation programs have been popular, but Johnson could not provide statistics on how many farmers have accessed the programs so far.

“Those (applications) are rolling in by the day,” said Johnson.



RECORD FILE PHOTO

Cattle farmers are trying desperately to save their herds with federal and provincial ag funding.

The province is working with farmers to revise the program as needs are acknowledged, added the minister.

“It's adapted and been very well received by the industry.”

Freedom convoy



RECORD PHOTO BY LOUISE ANDERSON

A truck convoy drove through Headingley the afternoon of Jan. 25 en route to Ottawa to protest a federal vaccine mandate. Supporters lined the Trans-Canada Highway to welcome the convoy with signs of support as it continued its journey around the city on the Perimeter Highway.

Manitoba Ag Days connecting agriculture to the classroom

By Jennifer McFee

Several new agriculture-related programs are sowing the seeds of knowledge for students across Manitoba.

Agriculture in the Classroom-Manitoba (AITC-M) is a charitable organization that creates curriculum-linked programs for schools throughout the province.

The organization has launched a Manitoba Ag Days Adventure Virtual Program since the in-person event has been postponed due to pandemic restrictions.

Geared for students in Grade 7 and 8, this virtual adventure is made possible thanks to support from Manitoba Ag Days, Canadian Agricultural Partnership and Viterro.

AITC-M usually offers hands-on, in-person programming at Manitoba Ag Days in Brandon based on the theme “think global, act local.” To adapt to the pandemic reality, the program has now gone virtual, complete with a video and gaming component that allows students to look at agriculture on a global scale. After that, they hone in on local connections and learn about the variety of careers available in Manitoba’s agriculture industry.

The virtual program has opened up the opportunity to students across the province who wouldn’t have been able to travel for the in-person event.

“Already, we have over 1,000 students registered for this virtual program from all over Manitoba. We piloted this last year and then made changes based on the feedback. The teachers who piloted the program absolutely loved it,” said executive director Sue Clayton.

“Students in Stonewall would never have come to the in-person Manitoba Ag Days program. Now they’re able to experience this. Everything we do is linked to curriculum, so teachers know that our programs are hitting the curricular targets that the provincial government sets for them.”

Teachers recently had the chance to participate in an in-person professional development session for the program. As another option, teachers can register to access online resources throughout the school year.

Taylor Studler, who teaches Grade 7 at Ecole Stonewall Centennial School, was pleased to take part in person. She enjoyed using the AITC-M programs while teaching primary grades. Now that she’s moved to middle years, she was curious about the programs available at those grade levels. This week, she plans to introduce her Grade 7 students to their first lesson.

“It is important to me that students understand that agriculture is an essential industry that will always em-

ploy people now and in the future,” she said.

“The program explores the depth, diversity, economic impact and job opportunities in agriculture in our province and beyond.”

The program will provide Studler’s Grade 7 class with a global as well as local Manitoba perspective on the impact of agriculture on our daily lives.

“In the teacher guide that is provided in the PD (professional development) session, there is a section that clearly outlines the specific grade level outcomes in relation to the Grade 7 Manitoba social studies curriculum,” she added.

“Along with relating to three different social studies clusters, the program also offers an awareness of a variety of agricultural career opportunities for students to consider.”

From Studler’s perspective, she absolutely recommends for other teachers to get involved in this initiative.

“The Agriculture in the Classroom program provides flexibility in delivery options, which I have really enjoyed, especially during a time where we have worked with students both in the classroom as well as remotely,” she said.

“The program has different options for teacher delivery. For example, there is a teacher-led classroom experience, an in-class independent student learning experience or a remote student learning experience. The teacher can decide how to deliver the content depending on the students’ needs and circumstances.”

A few other AITC-M programs are also accepting applications:

Follow the Farmers

Follow the Farmers is a new virtual program that allows classrooms to connect to a live farm tour via YouTube. Although the curriculum links are geared for Grade 4 and 5 classes, any grade could sign up.

The next session is scheduled for Feb. 15 to highlight Manitoba sheep farms in partnership with video sponsor Penner Farm Services. Students will learn about the growth stages of sheep, animal care and wool. They’ll also discover everything that’s involved in raising healthy sheep to provide us with healthy food.

“We show a short video and then the farmer is there for the next half-hour or 45 minutes to answer questions,” Clayton said.

“Teachers can send in questions in advance, but the majority of questions come during that time. Teachers can type any questions into the chat box on YouTube and the farmers are able to answer some of them. It’s fantastic.”

Two sessions took place earlier this



SUBMITTED PHOTO

Students at the presentation.

school year, with the first focused on weather and the second focused on dairy farms.

“We had over 4,200 students that participated in our very first Follow the Farmer about weather in the fall,” Clayton said.

“For this one right now, over 6,200 have registered already.”

Coming up in May, the fourth and final instalment of this school year will focus on a hog farm.

“It’s a brand new program this year and it came out of COVID. How can kids have these on-farm experiences and really connect with how their food is produced when they’re not able to go anywhere? We thought, ‘Let’s bring the farms to classrooms,’” Clayton said.

“Once teachers register, they’re able to go into this hidden page on our website for Follow the Farmers. They can see previous sessions and show their class those videos, even though it’s not live for them.”

Teachers can also access curriculum-linked resources for every video so the students can engage in pre-learning and post-learning for each session.

“It’s great because it’s so interactive for them. They’re not just sitting there receiving information. They’re engaged,” Clayton said.

“Our feedback from educators has been phenomenal.”

Canadian Agriculture Literacy Month

March is Canadian Agriculture Literacy Month, and Agriculture in the Classroom-Manitoba is arranging virtual visits with farmers or agriculture professionals for Grade 1 to 6 classrooms. Usually the program is conducted in person, but it has also been modified due to the pandemic. If

teachers prefer to deliver the program themselves without the virtual visit, they will have resources available to them.

All teachers will receive a grade-appropriate book focused on seeds, plants and foods derived from them. They’ll also receive a teacher guide with instructions and curricular connections.

In addition, Grade 1 and 2 students will receive a mini seed-growing kit. For Grade 3 to 6 students, each class will receive the Manitoba Seed Kit, containing five sets of 15 Manitoba seeds with hands-on activities.

“The seed kit is going to be absolutely amazing. We’ve been wanting to do this for years. In this last year, we raised a lot of money to be able to make these gorgeous seed kits. Year after year, seed kits are our No. 1 requested resource by teachers across the province,” Clayton said.

“This kit will contain 15 different seeds that represent different crops in Manitoba. There will be activities to do with the kids, and we’re also producing a video to go with it where the kids can see what seed growers do. They can talk to someone involved in the science in a laboratory and understand where seeds come from. Last year, we had almost 9,000 students participate across Manitoba.”

Careers program coming soon

Agriculture in the Classroom-Manitoba has a new staff member joining the team in February to launch a program for middle years and high school students to learn about careers in the agriculture sector.

“No matter what grade a teacher is teaching,” Clayton said, “there’s a way to incorporate agriculture education.”

Snowmobile sales increase as socializing decreases

By Nicole Brownlee

Snowmobilers are cruising through the prairies with another successful year of recruits.

With the onset of the COVID-19 pandemic in May 2020, Canadians purchased over 50,000 snowmobiles from 2020 to 2021, which was the highest rate of sled sales since 2000.

Snoman, an organization of snowmobilers in Manitoba, noticed an increase in fellow hobbyists over the past two years.

"People can't go anywhere travel-wise," said Yvonne Rideout, executive director of Snoman, theorizing why the sport became more popular.

Snowmobile registrations increased by almost 2,000 in Manitoba this year, said Rideout.

"Last year, it was very difficult finding a snowmobile anywhere. I would expect the same thing this season too."

Randy Gudmundson, owner of Randy's Tire & Sport in Lundar, said shipments can't keep up with the demand for snowmobiles.

"If you could get product then (sales) would be great," said Gudmundson.

Snowmobile inventory is low across the country because of supply chain issues caused by the COVID-19 pandemic.

After three years of minimal snowfall, Snoman is ecstatic to see the fresh powder on trails throughout the province.

The majority of Snoman's 12,000 kilometres of trails are open this winter, except for a trail winding around Athapapuskow Lake leading to Flin Flon and most of a trail following

Highway 6 from Reed Lake to Gillam.

The Snoman trails are groomed by 53 clubs throughout the province.

Clubs operate on membership fees to help pay for the cost of maintenance.

"The clubs weren't able to do any fundraising activity due to the pandemic," said Rideout.

"Things like derbies were all cancelled."

The Interlake Snow Trackers groom 600 kilometres of trails around Arborg, Hecla, Grindstone, Riverton, Gimli, Winnipeg Beach, Narcisse and Petersfield.

"Last year, because of COVID, there was a tremendous amount of Snopasses sold," said Les Thordarson, president of the Interlake Snow Trackers.

Snopasses are \$150 snowmobile passes needed to travel on Snoman trails.

"There are lots of snowmobilers out there, that's for sure."

The Snow Trackers have around 90 members this year, with several volunteers who help maintain the trails and warming shelters.

Warming shelters are also open this year at 25 per cent capacity. Last year, the shacks were closed because of public health restrictions.

While he's happy the shelters have reopened for the 2022 season, Thordarson said the COVID-19 pandemic has changed how snowmobilers interact.

"We have warmup shelters that can only have two or three people in them," said Thordarson.



RECORD PHOTOS SUBMITTED

The Interlake Snow Trackers are one of 53 snowmobile clubs that groom 12,000 kilometres of trails throughout the province.

"You don't really get to talk to too many people that are out there."

Thordarson has been a member of the Snow Trackers for over 30 years and annually marks trails in Arborg, Riverton and Hecla to be cleared with his son.

"The trail has to be marked before

we can both enjoy it."

Two operators are paid by the Snow Trackers to maintain the trails throughout the Interlake.

To check the maintenance status of trails, visit snoman.mb.ca.

Delta marsh carp exclusion fishery returning in 2022

By Ty Dilello

Every spring, the province accepts names from interested commercial fishers from Lake Manitoba who wish to participate in the Delta Marsh Carp Exclusion Fishery. The province holds a draw and licenses four commercial fishers annually to fish in pairs at the Crooked Creek and Waterhen Creek Exclusion screen sites on Clandeboye Bay. On occasion, it includes licenses for an additional pair to fish at the Delta Channel.

Start dates vary to match when the screens are dropped each spring and generally end when the screens are removed mid-summer.

The Fisheries Department will be holding another Delta Marsh Carp Exclusion Fishery Draw in a few months. On average, they receive 30-40 fishers interested in participating in this fish-

ery, with 4-6 fishers licensed to fish within the Marsh at the screens only.

Delta Marsh is the largest coastal wetland on Lake Manitoba and is widely known as an essential staging marsh for fall migrating waterfowl. However, the Marsh had deteriorated and no longer supported abundant waterfowl over the past decades. Common Carp (*Cyprinus carpio*) in high densities have been reported to be highly destructive to shallow-water ecosystems.

While carp are not officially considered an invasive species, they are certainly a problem in the Delta Marsh.

A provincial spokesman said, "During the period of 2016 and 2019, the Lake Manitoba Commercial Fishers harvested approximately 1.4 million kilograms of carp, including 535,000 kgs harvested as part of the Delta

Marsh Exclusion Fishery. However, the past couple of years have not been successful, with extremely low water levels in the Marsh and on Lake Manitoba."

With appropriate timing of exclusion screen placement and size of openings within the screens, carp numbers in the Marsh have been reduced while allowing native fish species continued access to the Marsh. The result has been improved habitat conditions in the Marsh, including the return of submerged aquatic plants, which are an essential food source for waterfowl and habitat for spawning native fish.

This fishery has proved mutually beneficial as fishers selected can profit off them. Although carp don't have a great reputation here in Canada, they are well sought out elsewhere in

the world.

Carp is a highly valued food fish in parts of Europe, the Middle East, and the Freshwater Fish Marketing Corporation (FFMC) has significant market demand. Fish bodies, heads, sperm, and roe are bought from fishers and sold to separate markets worldwide. Carp licences are available as an additional licence that provides additional fishing opportunities to commercial fishers. While prices are lower than for some other species, carp can often be caught in large quantities, increasing income.

If you are interested or have questions regarding the Delta Marsh Exclusion Fishery, please contact Kevin Casper in Gimli at 204-642-2240 or kevin.casper@gov.mb.ca.

Province offers free provincial park entry for February

Submitted by Manitoba government

The Manitoba government will again allow free entry to provincial parks for the entire month of February so Manitobans and visitors can take advantage of the many winter activities they offer, Environment, Climate and Parks Minister Jeff Wharton announced Monday.

"Free park entry gives everyone more opportunities to enjoy nature and the great outdoors," said Wharton. "People across our province love Manitoba's parks and our government is pleased to make it easier to explore them and to experience all that they offer."

Vehicle permits will not be required at any provincial park in Manitoba

in February, though Snopasses will be needed for snowmobilers using groomed trails in parks. Entrance fees will continue to apply at national parks.

Provincial parks have groomed trails for a variety of activities, including cross-country skiing, snowmobiling, fat biking, snowshoeing and hiking. Paint Lake, Spruce Woods and Turtle Mountain provincial parks also offer outdoor skating areas, hockey rinks and toboggan hills. Trails province-wide are in excellent condition with a good snow base, the minister noted.

Manitobans are encouraged to check trail conditions and weather forecasts before visiting parks to properly plan their outdoor adventures. An online

interactive trails map is updated regularly with grooming and condition reports at www.manitobaparks.com. Trail users are reminded to use only trails that are designated for their activities, to keep dogs on leashes and to practise the principles of Leave No Trace by not littering.

While being outdoors and active in nature is important for physical and mental health, COVID-19 public health orders must be followed, including for physical distancing and group size restrictions. Warming shelters are open with reduced capacity limits and masks are required indoors. Park visitors are reminded to observe capacity signs and to kindly limit their time in shelters to share with others. Information on COVID-19 guidelines in provincial parks is available at:

www.manitobaparks.com.

Park interpreters offer numerous guided experiences to help Manitobans learn and discover natural and cultural heritage at Birds Hill, Spruce Woods and Whiteshell provincial parks. Highlights in February will include wolf howl hikes, snow-

shoe treks, quinzhee building and ice fishing. Event details and registration information can be found under the events tab on the Manitoba Parks Facebook page at www.facebook.com/MBGovParks and at www.manitobaparks.com.

Teachers can also book free guided field trips to Birds Hill, Spruce Woods and Whiteshell provincial parks, along with virtual programs to bring park interpreters into their classrooms.

For more information on winter activities and interpretive programs in provincial parks, email ParkInterpretation@gov.mb.ca or visit www.manitobaparks.com.

Annual park vehicle permits will be available for purchase beginning on March 1.

Manitobans can stay up to date with provincial parks news, activities and events by following Manitoba Parks on Facebook at www.facebook.com/MBGovParks and on Twitter at www.twitter.com/MBGovParks.



RECORD PHOTO BY JO-ANNE PROCTER

The province announced free entry to provincial parks for the entire month of February to encourage Manitobans and visitors to take advantage of the excellent trail conditions.

Correction



RECORD PHOTOS BY BRETT MITCHELL

In last week's paper the caption for the above photo was incorrect. It should have read, 'The Selkirk Curling Club hosts Juniors (ages six to 21) on Saturday mornings in the above photo, pictured left to right, Bailey Schmitz, Jenna Kulchyski, and Josh Evans.'

get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Creamy Raspberry Mocha Parfait

whipped cream, for topping
chocolate powder, for dusting
In small bowl, mix hot water and instant coffee. Cool completely.

In medium bowl, mix milk and chocolate pudding mix until blended and thickened. Add cooled coffee; mix well. Add whipped topping; mix well. Chill.

In large bowl, add heavy cream, cream of tartar and vanilla extract. Beat mixture to form peaks. Gradually add sugar. Continue beating mixture until stiffer peaks form.

In four parfait glasses, layer chocolate pudding mix, whipped cream mix and raspberries. Top raspberries with additional chocolate pudding mix, dollop of whipped cream, another raspberry and dust with chocolate powder.

Servings: 4
2 tablespoons hot water
1 tablespoon instant coffee
1 packet chocolate pudding mix
2 cups milk
1 carton whipped topping
1 cup heavy cream
1/4 teaspoon cream of tartar
1/2 teaspoon vanilla extract
2 tablespoons sugar
2 cups raspberries

Chocolate Coated Strawberry Treats



Servings: 5
1 1/4 baking chocolate chips
1/2 baking peanut butter chips
3 tablespoons coconut oil, divided

1 pound fresh strawberries
shredded coconut
crushed almonds

In saucepan, add baking chocolate chips and two tablespoons of coconut oil. Melt on low to medium heat and whisk until smooth.

In a small bowl, add baking peanut butter chips and 1 tablespoon of coconut oil. Microwave in 30 second intervals until melted. Whisk together until smooth.

Line a baking sheet with parchment paper.

Dip all strawberries into melted chocolate. Then, dip 1/3 in coconut, 1/3 in almonds and 1/3 just chocolate and lay on tray.

Drizzle the melted peanut butter over the plain chocolate strawberries.

Put in the fridge for at least 30 minutes or until strawberry treats are chilled.

Vitamin D rich foods for winter months

By Fitness & Nutrition Expert Julie Germaine Coram

Did you know that your body creates vitamin D from direct sunlight on your skin when exposed outdoors? That means that from about late May to the end of September, most Manitobans should be able to get all the vitamin D necessary from sunlight. However, our long winters can leave you at risk for being low in this important nutrient, so closer attention should be paid to your food choices.

Why do we need vitamin D? Our bodies must have vitamin D to absorb calcium and promote bone growth. Insufficient vitamin D could cause soft bones in children (rickets) or fragile, misshapen bones in adults (osteomalacia). It could more commonly mean a loss of bone density in older adults (osteoporosis), which can lead to fractures, or even more easily broken bones.

We all need vitamin D for other important body functions, as well as for mental health improvements, such as reducing depression. Dark, cold days and reduced social activities due to the pandemic can leave many people feeling down.

Here are some great foods to add to your weekly grocery list to help you amp up your supply of vitamin D and keep your family happy and healthy:

- Fish, especially fatty types such as salmon, not only contain adequate amounts of vitamin D per serving, but also offer essential omega-3 fatty acids.
- Mushrooms contain the pro-vitamin ergosterol which converts to vitamin D during growth in sunlight, similar to how we humans create it.
- Milks labeled as vitamin D fortified.
- Cereals blends fortified with vitamin D, such as whole grain.
- Orange juice that has been fortified with vitamin D is a great addition to your



Health and Wellness Fitness expert
Julie Germaine Coram

breakfast.

As you've learned, the benefits of the sunshine vitamin are no secret. Besides boosting mood and promoting calcium absorption, studies have indicated that vitamin D could also help you with weight loss goals. Particularly important for people with extra belly fat, a vitamin D supplement may be beneficial.

Would you like to lose 2" from your waistline in the next 30 Days? Join my VIP Fat Loss Challenge! Secure your spot asap – limited space available. Visit: www.calendly.com/juliegermaine or email info@juliegermaine.com

Coach Julie Germaine Coram is a Manitoba-born fit mom, 2x International Pro Fitness Champion, Miss Fitness Manitoba, Certified Nutrition & Renowned Fitness Expert. She has helped thousands of men and women improve their health since 2005.

SELKIRK STEELERS
Bingo
Thur
at the Selkirk F
Early Birds
at 7:00 pm
Regular Bingo
at 7:30
Full H
Lucky
Bonanza in 30
1,425

BINGO POSTPONED UNTIL FURTHER NOTICE

Selkirk
Travel
(1983) Ltd.

We're Back!
204-482-3113

www.selkirktravel.com
301A McLean Ave, Selkirk
Mon-Fri 10-4

Enjoy the new year inside where its warm
Broadband Internet offers endless entertainment!
Now offering 25Mb and unlimited data*
***call for details 1(866)981-9769**

QuickSTREAM
Broadband

YouTube S HDMI HIGH SPEED NETFLIX Full HD 1080p ANDROID TV

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Twisters spin past Raiders

Staff

The Raiders had no answer for TJ Matuszewski on Sunday afternoon.

Matuszewski scored four goals to lead the Pembina Valley Twisters to a 5-3 road victory in Manitoba Major Junior Hockey League action.

Matuszewski is now tied for second in the league with 24 goals.

Joel Vigier scored the Twisters' other goal while Matthew Smith, with a pair of first-period goals, and Kobe Campbell replied for the Raiders.

Raiders' goaltender Jeremy Pikel made 27 saves.

Last Friday, the Raiders defeated the Jets 3-2 in overtime in Stonewall.

Tyler Kupchak scored the game win-

ner in OT.

Stonewall's Nolan Wiehs opened the game's scoring midway in the first period but the Raiders' Juliano Garcea tied the score at 1-1 at 7:55 of the middle frame.

Alex Loschiavo gave the Raiders a 2-1 lead early in the third before the Jets' Kyle Van Deynze tied the score with just 23 seconds remaining in regulation time.

Pikel made 17 saves as the Raiders outshot the Jets 45-17.

The Raiders, now 16-15-1, played at River East this past Tuesday but no score was available. They will then visit St. James Friday (7 p.m.) and St. Boniface Sunday (4 p.m.).



RECORD PHOTO BY LANA MEIER

The Raiders Jr. Hockey Club's Jack Oleksiuk moves the puck into the Stonewall Jets' zone during MMJHL action last Friday in Stonewall. The Raiders won the game 3-2 in overtime.

MWJHL coming to Selkirk



RECORD PHOTOS SUBMITTED

The Manitoba Women's Junior Hockey League will be hosting two games this Sunday at the Selkirk Recreation Complex.

Local players Maggie Medock (23), left, of the Manitoba Blizzard will play the Manitoba Gray Owls at 2:45 p.m. while Rayley Goetz (14) of the Manitoba Northern Stars will battle the Manitoba Western Predators at 6:45 p.m.

Royals blanked by Oak Park

By Brian Bowman

The Selkirk Royals had scored 21 goals in their past three games heading into a matchup with the Oak Park Raiders last Friday.

But that potent offence suddenly dried up as Selkirk was shut out 5-0 in Winnipeg High School Hockey League action at Eric Coy Arena.

Oak Park scored three power-play goals and a shorthanded one in the victory.

The Raiders, who held period leads of 2-0 and 4-0, received three goals from Raf Padua and singles by Riley Dudych and Caleb Langevin.

Last Wednesday, Selkirk had a disastrous second period - giving up five goals - in an 8-4 loss to the Garden City Fighting Gophers at the Maples Multiplex.

Nathan Burzynski led the Royals with two goals while Clint Thomas and Brennan Feschuk also tallied.

Max Taylor (two), Owen Lourenco (two), Luca Desousa, Nathan Miele, Tyler Nault, and Ethan Schjerning scored for the Fighting Gophers.

On Jan. 24, the Royals scored six third-period goals in a 7-1 home win over the Steinbach Sabres.

Andrew Denoon scored three of those third-period goals while Ashton Henry, Tanner Skrypnyk, and Ben Desjarlais also tallied.

Burzynski and Steinbach's Ian Friesen traded first-period goals.

Denoon finished the game with four points while Burzynski and Desjarlais each had three points.

Owen Savoie earned the win in goal.

Selkirk played Sturgeon Heights this past Tuesday but no score was available. The Royals will host the Miles Macdonell Buckeyes this Thursday at the Selkirk Recreation Complex. Game time is 4 p.m.

Royals whip West Kildonan Wolverines

By Brian Bowman

The Selkirk Royals varsity boys' basketball team had a great start to their KPAC Tier 2 season.

Selkirk cruised to a solid 74-55 road win over the West Kildonan Wolverines on Jan. 24.

"We shook off the rust, turned the ball over a bunch, but shot well," Royals' head coach Dean Goodbrandson said in an email. "It was nice to start the league off with a win."

Tegan Stoesz had a great game, lead-

ing Selkirk with 21 points which included five three pointers.

Milan Tomberli also played well with 13 points and 13 rebounds.

On Saturday, Selkirk blasted MBCI 96-52 in an exhibition game to improve its record to 8-1 this season.

Tomberli had 17 points while Taven Schroeder added 16 and Zeelan Kehler chipped in with 15.

The Royals will visit Calvin Christian on Wednesday of this week. Tip-off is 6 p.m.

The Royals' varsity girls had their league game against the Garden City Fighting Gophers postponed last Wednesday.

On Jan. 24, Selkirk was defeated 42-30 by the Miles Macdonell Buckeyes.

The Royals are scheduled to visit the River East Kodiaks on Wednesday.

The Royals' junior varsity boys, meanwhile, were defeated 95-35 by West Kildonan on Friday.

Selkirk crushed the Springfield Sabres 71-36 last Thursday.

On Jan. 20, Selkirk soundly defeated the MBCI Hawks 75-30.

The Royals will host West Kildonan this Thursday at 6 p.m.

Selkirk's junior varsity girls lost 40-22 to the Transcona Titans last Friday.

On Jan. 20, the Royals were edged 29-27 by the Kodiaks.

Selkirk will host Murdoch Mackay on Thursday. Tip-off is 7:30 p.m.

Blues beat Steelers twice last weekend

By Brian Bowman

Ryan Ostermann got some revenge on his former team on Saturday.

Ostermann scored the game winner in overtime to lift the Winnipeg Blues to a 4-3 victory over the Steelers at the Seven Oaks Sportsplex.

It was Ostermann's eighth goal in eight games since joining the Blues.

Selkirk's Connor Tyhy scored at 17:14 of the third period to force the overtime.

Sheldon Howard and Jordan Hughesman scored second-period goals for Selkirk.

Brayden Foreman, Mathieu Moreira, and Eric Fawkes also scored for the Blues.

Hunter Tarves stopped 28 Winnipeg shots.

The Blues were 2-for-5 on the power play while the Steelers finished 1-for-7.

Last Friday, the Steelers lost 3-2 to

the Blues at the RINK Training Centre.

Ostermann gave the Blues a 1-0 first-period lead and then Josiah Vanderhooft made it 2-0 in the second.

Hughesman cut the lead in half by one-timing a rocket on the power play past Winnipeg goaltender Dawson Green 45 seconds into the third period.

But the Blues' Matthew McLeod replied with a goal just 43 seconds later.

The Steelers' Mathieu Catellier

closed out the scoring with a power-play goal midway in the third.

Cole Plowman made 19 saves in the losing cause. He was named the game's third star.

Selkirk, now 16-16-4-2, will visit Portage on Friday and then host the Terriers Saturday. Puck drop for both games is 7:30 p.m.

U18 Thrashers lose pair of games

Staff

The Winnipeg Thrashers were defeated 4-2 by the Eastman Selects in Manitoba U18 AAA Hockey League action on Sunday.

Winnipeg goals were scored by Brycen Gair (shorthanded) in the first period and Joshua Fast (power play) in the third.

Eastman goals were tallied by Carter Johannesson, Bryce Warkentine, Declan Whiteman, and Merik Boles.

On Saturday, the Thrashers lost 7-4 to the Winnipeg Wild.

The Wild scored three first-period goals and two more in the second before going ahead 6-0 early in the third.

Trailing by six, the Thrashers' Nathan Lenoski, Xyon Kiemeney, Dayton Desjarlais, and Carter Bear scored just 2:53 apart to make the score 6-4.

Wild goals were tallied by Cole

Robertson (two), Blake Jones, Keefe Gruener, Kai Elkie, Noah Dvizer, and Logan Belton.

Last Wednesday, the Thrashers pounded the Pembina Valley Hawks 7-3.

Winnipeg blew the game open with four third-period goals.

Fast led the Thrashers with two goals and an assist while Hayden Chaloner also tallied twice. Bear, Dobie Unrau, and Kiemeney also

scored for Winnipeg.

Carter Sotheran, Cameron Parr and Logan Fillion replied for Pembina Valley.

Evan Banera made 36 saves for the win.

The Thrashers (16-17-1) will play Yellowhead in Shoal Lake Friday (7:30 p.m.) before taking on Parkland Saturday (7:30 p.m.) and Sunday (1:30 p.m.) in Dauphin.



CATCH THE EXCITING NEW TEAM FOR THE 2021-2022 SEASON

HOME GAMES

- VS Portage Terriers Sat, Feb. 5th 7:30 pm
- VS Portage Terriers Tues, Feb. 8th 7:30 pm
- VS Winkler Flyers Fri, Feb. 11th 7:30 pm

NEXT AWAY GAMES

- VS Portage Terriers Fri, Feb 4 7:30pm
- VS Portage Terriers Sat, Feb 12 7:30pm

All Spectators must show proof of double vaccination with ID and must wear a mask in the Arena

www.selkirksteelers.com

the Steelers Box Office is open 1 hour before game time
SELKIRK RECREATIONAL COMPLEX

GET YOUR GAME TICKETS AT:
THE STEELERS BOX OFFICE,

Einarson hoping for a three-peat at 2022 Scotties

By Ty Dilello

The 2022 Scotties Tournament of Hearts is officially underway from the Fort William Gardens in Thunder Bay, Ontario.

The event is currently being played with increased health measures because of COVID-19, with no spectators, strict protocols, and testing to keep players and officials safe.

This year's betting favourite at the Scotties is none other than Gimli's Kerri Einarson (Team Canada), the two-time defending Scotties champion. Einarson, who won the Scotties last year with no fans, says that playing without spectators has advantages.

"It's definitely different," said Einarson. "It's a lot more quiet, so it kind of makes it a little easier because you can actually hear your teammates and not have to yell over the crowd or those other distractions."

Einarson and her rink of third Val Sweeting, second Shannon Birchard, lead Briane Meilleur and alternate Krysten Karwacki play in Pool 'B', against teams such as Alberta's Laura Walker, the 2021 Scotties bronze medalist, and Altona's Mackenzie Zacharias, the 2020 world junior champion.

Einarson will be looking to become the first skip to pull off a Scotties three-peat since St. Vital's Jennifer Jones accomplished the feat in 2008, 2009 and 2010. However, no matter the results this year, Einarson is most excited just to get back out there and compete again at the national level.

"At least we're getting a chance to play, and we're grateful for that," said Einarson. "I had a feeling it would (go ahead). It was touch and go there for a little bit. But it was a big relief when we finally learned it was a go."

In this event, the other top team also hails from Manitoba in East St. Paul's Tracy Fleury, who is recently coming off losing the Olympic Trials final to Jennifer Jones in heartbreaking fashion. Fleury is competing in Pool A against Emma Miskew (Team Homan), two-time Scotties champ Chelsea Carey, and Northern Ontario's Krista McCarville.

Team Fleury (Wild Card #1) of East St. Paul was hit with a bombshell to start the week as its skip, Tracy Fleury, tested positive for COVID-19 prior to the team's opening game and has been unable to play through the event's opening weekend. Team Fleury's third Selena Njegovan has now



RECORD PHOTO CURLING CANADA

Kerri Einarson is hoping to win her third straight Scotties Tournament of Hearts.

moved up to take over the skipping reigns, while fifth Robyn Njegovan has moved up to play third.

This year's Scotties format splits 18 teams into two pools of nine, and from there, they will play a complete eight-game round-robin. The top three teams in each pool advance to the playoffs, where it will be further reduced to a final four and a page

playoff system.

Fans can follow the action by tuning in to TSN throughout the week, with the championship final going down on Sunday night. This year's Scotties champion will represent Canada at the 2022 Women's Curling Championship in Prince George, B.C., from March 19-27.

Fishermen fly past Falcons with strong third period



Reece Tessier had a hat trick in Selkirk's win on Saturday.

Staff

The Selkirk Fishermen erased a 5-2 deficit with five unanswered goals in a 7-5 victory over the Lundar Falcons in Capital Region Junior Hockey League action last Saturday at the Recreation Complex.

Reece Tessier led Selkirk with a hat trick while Matt Brooks, Nick Magwood, Nolan Milgaard, and Jordan Donald also tallied.

Lundar goals were scored by Jayden Timlick, Ryan Gleich, Nicholas Fernandes, Cody Procter and Aiden Prystupa.

Brendon Hocaluk made 19 saves for the win. Selkirk will now hit the road for three straight games. The Fishermen will be in Ar-

borg Friday (8 p.m.), St. Malo on Saturday (7 p.m.), and then Selkirk will visit North Winnipeg next Tuesday (8 p.m.).



RECORD PHOTO SUBMITTED

Fishermen goaltender Brendon Hocaluk made 19 saves as Selkirk defeated the Lundar Falcons 7-5 last Saturday at the Recreation Complex.

Next Home Games

SATURDAY, FEBRUARY 12th

vs North Winnipeg 7:30pm - Selkirk Rec Centre

SUNDAY, FEBRUARY 13th

vs Arborg Ice Dawgs 3pm - Selkirk Rec Centre

SUNDAY, FEBRUARY 20th

vs Lundar Falcons 3pm - Selkirk Rec Centre

Due to changing COVID restrictions, please check our website for last minute schedule changes

Next Away Games

Friday, Feb 4 - vs Arborg - 8pm at Arborg

Saturday, Feb 5 - vs St. Malo - 7pm at St. Malo

Tuesday, Feb 8 - vs North Wpg - 8pm at Mosienko



Meet the
Fishermen



#3 Zack Parkinson
Forward/Defence

All Spectators must show proof of double vaccination with ID and must wear a mask in the Arena

Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

NEWS TIPS? STORY IDEAS?
Call
204-785-1618

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

424 Eveline Street, 2 beds & 1 bath. \$1,119 & \$1,067/month includes water, tenants pay their own hydro and parking. Elevator in building, front door intercom, in-suite laundry. No pets & no smoking. 1 year lease only. Call/text 204-290-3805. ruleapartments@gmail.com

1 bedroom apartment, central Selkirk, ground level, wheelchair accessible. \$950/mo. includes utilities, parking, washer/dryer, no pets, no smoking. Available Feb 1. Call 204-785-0105.

Please support our advertisers
SHOP LOCAL

APARTMENT FOR RENT

Sublet suite - 55+ building. Large 2 bedroom, 2 bathroom at 40 "B" Eveline St., faces parking lot on 2nd floor. Very quiet building, balcony good size. Phone Diane 204-482-7921.

HELP WANTED

In Lac du Bonnet, room & board plus cash for minor housekeeping and errands and some company. Must have valid drivers license and be COVID vaccinated. Car supplied. Phone calls only to apply (no texts). Call 204-340-6987.

Home Care Attendant/Health Care Aide for 2 elderly parents in St. Andrews (Larters/Airport Area). Email LTC@MTS.NET to apply.

BUY LOCALLY
support our community!

HELP WANTED

Seasonal Help Wanted - Searle Greenhouses Ltd. located at 345 Old Henderson Hwy in East Selkirk is accepting applications for full-time seasonal greenhouse worker positions starting in March 2022. No experience required; training is provided. Starting wage \$11.95 per hour. Apply by email to: iwanttowork@searlegreenhouses.com or fax: 204-482-8968 Attn: Kris

SHOP LOCAL - SUPPORT LOCAL BUSINESS

Trucks, Trailers, Truckbeds & Tires

- Full Repair & Safeties
- Vehicle Parts, Tires & Wheels
- Trailer Parts & Batteries
- Sales, Financing, Leasing & Rentals

EBY Aluminum:

- Gooseneck and Bumper Pull Cattle & Equipment Trailers
- Truck & Service Bodies
- Generation Grain Trailers

KALDECK TRUCK & TRAILER INC.

Hwy #1, MacGregor, MB
1-888-685-3127
www.kaldecktrailers.com

BUSINESS OPPORTUNITY

Profitable Business-Gas station- Convenience Store- Restaurant for sale in Gilbert Plains, MB. Perfect location with 4 lots serious inquiries only. Call 204-548-2508 or 204-638-2643.

WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

take a break > GAMES

SUDOKU

			6			5		
			5		3			
					7		1	
1				3	4			2
			7		9		8	3
		3						
	2			7	1			6
		9			2			7
8		4					2	

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



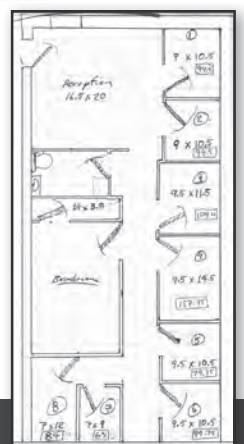
Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

For information please contact:

BIG Real Estate
204-485-0010

email bigandcolourful@mts.net



HEALTH CARE AIDES

All shifts available. Wages dependant on experience. To join our Bonded Health Services Team call or drop resume in person or email to ihebert@bondedhealth.ca



BONDED HEALTH SERVICES

230 Manitoba Ave., Selkirk
204-785-1992

204 PALLET AND PACKAGING

Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. Please call 204-344-5404 for more details.

R.M. of St. Clements Public Notice – Additions to the Voters List and/or Personal Security Protection Requests

In accordance with Section 36 of *The Municipal Councils and School Boards Election Act* (MCSBEA), the Rural Municipality of St. Clements Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the Rural Municipality of St. Clements can have his or her name added to the Voters List, or have any information about the voter on the Voters List corrected.

- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Chief Administrative Officer, in person, by e-mail, fax or mail to:

Rural Municipality of St. Clements
1043 Kittson Road
Box 2 Grp 35 RR 1 East Selkirk, Mb R0E 0M0
Phone: (204) 482-3300;
(204) 474-2642 – Wpg. direct;
or 888-797-8725 – toll free
Fax: (204) 482-3098
E-mail: info@rmofstclements.com

The next General Election takes place in October, 2022.

Dated this 3rd day of February, 2022

Deepak Joshi
Chief Administrative Officer

If you have any questions, please call the office at the numbers listed above.



Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

*Selkirk
Record*

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

WANTED/BUYING 1950's-70's Scandinavian, Danish, Canadian Mid-Century modern furniture (Teak, Walnut, Rosewood), lighting, ceramics, textiles, stereo or design. Contact Daniel at text/phone: 204-918-1607.

MISCELLANEOUS

For sale - 1 Acorn Chair Lift \$1,400 obo; also 1 Savaria Chair Lift for sale, \$800 obo. Please call 204-482-7024.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a Winter or Christmas event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

**SHOP LOCAL
SUPPORT LOCAL**

NOTICES

Worried about COVID impacting your business? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out. Selling something? Have an on-line store to shop at, doing curbside pickup/deliveries? Let people know in the Blanket Classifieds! Start the year off right. Don't let COVID get you down. We are now booking Classified Advertising for 2022. Call 204-467-5836 or MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF DONALD ANDREW KORDALCHUK, late of East Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 1st day of March 2022. DATED at the City of Selkirk, in Manitoba, this 25th day of January 2022. PKF LAWYERS-Selkirk MB office Adam Kelso, Solicitor for the Executrix

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkbranch@mymts.net

CLASS 1 TRUCK DRIVER

To run Canada - must have experience

- Paid pick, drops, layovers and stat pay
- Multi drop runs
- Benefit package
- Dedicated truck
- Sign on bonus
- Annual bonus
- Reset at home
- Weekend home time
- Paid training
- Referral program

Derek (204) 793-7465
CENTENNIAL TRANSPORT & LEASING LTD.

McSherry Auctions

12 Patterson Dr.,
Stonewall, MB

Online Timed Auctions
@ iCollector.com

Estate & Moving
Closes Wed Feb 16 @ 7:00PM

Estate & Moving
Featuring Guns & Ammo
Closes Wed Feb 23 @ 7:00PM

Consignments Welcome!

(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com



Retrofit Clip

Wrap your metal building up with warmth!

A Metal-over-Metal retrofit system that insulates your existing metal building.

Is your building cold? Leaks inside? Shops, rinks, banks, and commercial buildings can be done with no down time.

An engineered system that lasts a lifetime.

1-800-431-9661
www.retrofitclip.com

1	2	3	5	9	6	4	7	8
7	5	4	2	8	3	6	1	9
9	6	8	1	7	4	5	2	3
5	4	7	9	2	1	3	8	6
3	8	1	6	5	7	9	4	2
2	9	6	4	3	8	7	5	1
6	1	9	7	4	2	8	3	5
8	7	2	3	6	5	1	9	4
4	3	5	8	1	9	2	6	7

Sudoku Answer



Town of Winnipeg Beach NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATES FOR THE 2022 MUNICIPAL ELECTION

Please be advised that a municipal election will be held on **Friday, July 22, 2022.**

Prospective candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise, or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that, **by appointment only**, I will be receiving candidate registrations:

For the office of Mayor.

Between February 1 and June 16, 2022

For the office of Councillor:

Between March 31 and June 16, 2022

At the Town of Winnipeg Beach office, 29 Robinson Avenue, Winnipeg Beach during regular office hours.

To schedule an appointment to receive a registration form, please contact me at the telephone number below or by e-mail at: seo@winnipegbeach.ca

Kerry Swanson, Senior Election Official (SEO), 204-389-2698



Town of Winnipeg Beach NOTICE OF VOTERS LIST / VOTING AS A NON-RESIDENT VOTER / PERSONAL SECURITY PROTECTION

In accordance with Section 36 of *The Municipal Councils and School Board Election Act*, notice is hereby given that a copy of the VOTERS LIST may be reviewed, by appointment with the SEO, at the Town of Winnipeg Beach Office, 29 Robinson Avenue, Winnipeg Beach. Updates to the Voters List can be made until June 16, 2022.

Updating of the Voters List including:

- adding names of voters who are entitled to have their names on the list;
- deleting the names of persons who are not entitled to have their names on the list; and
- making such other corrections of errors to the list, as required.

VOTER ELIGIBILITY:

A person is eligible to have their name added to the Voters List if they are:

- 1) a Canadian Citizen and at least 18 years of age on election day; and
- 2) a resident of the local authority for at least six months prior to election day; or a registered owner of land in the municipality for at least six months prior to Election Day.

VOTING AS A NON-RESIDENT VOTER:

A maximum of two non-resident property owners per property are permitted to vote in a municipal election, Subsection 22(2). Where there are more than two non-resident property owners, each of the two votes must receive written consent from the majority of the registered property owners and this is to be filed with the SEO prior to June 16, 2022 for inclusion to the voters list.

Note: When voting, you may be required to provide proof of ownership to the voting official.

When voting, proof of identity may be requested by the voting official.

A voter's name must not appear on the voters list more than once.

APPLICATION FOR PERSONAL SECURITY PROTECTION:

A voter may apply in writing to the SEO (at the address below) no later than June 16, 2022 to have their name and other personal information omitted or obscured from the voters list in order to protect the voter's personal security. The application may be submitted in person, by mail or fax and must include your name, address and include proof of identity (an official document issued by a federal, provincial or municipal government). Any photocopies must be legible.

All changes to the voters list are to be completed by the close of business (16:30) on Thursday June 16, 2022, in preparation for the municipal election to be held on **Friday, July 22, 2022**

Kerry Swanson, Senior Election Official (SEO) for the Town of Winnipeg Beach.

Box 160, Winnipeg Beach, MB R0C 3G0,
Phone: 204-389-2698 Fax: 204-389-2019
E-mail: seo@winnipegbeach.ca



Interlake-Eastern
Regional Health Authority

WE'RE HIRING!

**Are you interested in becoming a health care hero
and caring for people close to home?**

Interlake-Eastern RHA has
full-time, part-time and casual positions
Available in the following health-care facilities:

Arborg Hospital/Personal Care Home
Ashern Hospital/Personal Care Home
Beausejour Hospital
East Gate Lodge Personal Care Home
Eriksdale Hospital/Personal Care Home
Fisher Branch Personal Care Home
Gimli Johnson Memorial Hospital
Hodgson Renal Health Centre
Kin Place Personal Care Home
Lac du Bonnet Personal Care Home
Lundar Personal Care Home
Pinawa Hospital
Pine Falls Health Complex
Rosewood Lodge Personal Care Home
Selkirk Regional Health Centre
Stonewall & District Health Centre
Teulon Hunter Memorial Hospital/Goodwin Lodge Personal Care Home
Whitmouth Personal Care Home

AVAILABLE POSITIONS

- Cook / Assistant Cook • Dietary Aide
- Housekeeping Aide • Laundry Aide

As a condition of employment, all successful applicants will be required to provide a satisfactory criminal record check (with vulnerable sector screening), adult abuse and child abuse registry checks prior to commencing employment.

To learn more about these and other available positions, please visit ierha.ca and click on the careers tab. Search under "support services." Online applications only. Student applications welcome!

We value and support employment equity and workplace diversity and encourage all qualified individuals to apply.

Accessibility accommodations are available on request for candidates taking part in all aspects of the selection process. All health-care workers are required to be immunized as a condition of employment.

Everything you need to
promote your business

**Call Today!
467-5836**



**BATTERIES FOR
EVERYTHING!**
50,000 BATTERIES
IN STOCK

*Auto *Farm *Marine
*Construction *ATV
*Motorcycle *Golf Carts
*Rechargeables *Tools
*Phones *Computers
*Solar Systems & design
*Everything Else!

THE BATTERY MAN
1390 St. James St.,
WPG
1-877-775-8271
www.batteryman.ca

**FULL TIME
HEAVY DUTY
MECHANIC**

- Benefits Package (full time only)
- Competitive wages
- Willingness to work overtime
- Valid driver's license
- Class 3 an asset
- Ability to perform MGI Safety an asset

Derek (204) 793-7465
CENTENNIAL TRANSPORT
& LEASING LTD.

Announcements *The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENT

ANNIVERSARY



Congratulations on your 60th Anniversary
on February 3rd, 2022
-Love you family

ANNOUNCEMENT

IN MEMORIAM



Hunter Lee Ronald Scott
August 23, 2008 - February 3, 2010
Loving and Missing you always
-Love Mommy, Shaun, Kyla, Ashlyn,
Emily, Parker, Mark, Mushum,
Uncle Devin, Aunt Krissy, Leam, Eden,
Uncle Steven, Malik and Layla

ANNOUNCEMENT

IN MEMORIAM



Isabel Praznik
March 24, 1931 - February 1, 2014
You will always be the heart of our family.
-Love you,
Miss you

Your memory will live forever
Engraved within our hearts

OBITUARY

Eleanore Mae Hawrysh
(nee Lang)

October 9, 1937 - January 23, 2022

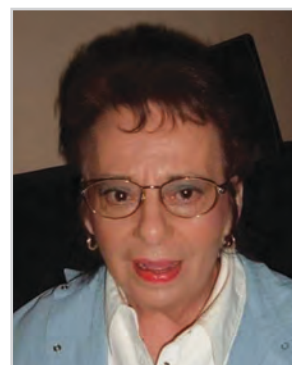
Eleanore passed away peacefully on January 23, 2022 at Red River Place Nursing Home. She was a lifelong resident of Selkirk, MB. and spent her entire life in the hometown she loved.

Left to cherish her memory are her daughter Barbara; son Laurie (Nancy); her grandchildren Corinne, Jeffrey, and Matthew; great-grandchildren Zachary, Tanner, Brooke, and Karissa and her special friend Arnie.

Eleanore was predeceased by her husband Edward, son-in-law Tom, and great-grandson Tyler.

Thank you to family friend Michelle for her help and support.

The family would also like to thank Dr. Badenhorst, Drs. Lindenschmidt and the staff of Red River Place Nursing Home for



their care and support.

-Safe in the arms of Jesus-

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

OBITUARY

Paul Wesley Cooper

Peacefully, on January 25, 2022, Paul, beloved husband of Alice, passed away at the Tudor House Personal Care Home in Selkirk at the age of 69.

Paul will be greatly missed by his family and numerous friends he made over the years.

Cremation has taken place and no formal service will be held.

Friends and acquaintances are invited to visit Paul's memorial page at interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

*Interlake Cremation
& Memorial Services*
204.482.1040

Everything you need to promote your business

FLYERS • BROCHURES
BUSINESS CARDS • STICKERS
WINDOW DECALS • ENVELOPES
DOOR HANGERS • LETTERHEAD
SOCIAL TICKETS • INVOICES
ESTIMATE SHEETS • POSTERS
MEMO PADS • POST CARDS
PRESENTATION FOLDERS

Big and Colourful
PRINTING & PUBLISHING

Call Today!
204-785-1618

BOOK YOUR ANNOUNCEMENT TODAY

- BIRTHDAYS
- NOTICES
- BIRTHS
- OBITUARIES
- IN MEMORIAM
- THANK YOUS
- ENGAGEMENTS
- ANNIVERSARIES
- MARRIAGES

*The Selkirk
Record*

Call 204-785-1618

*Remember
Loved Ones
Passed with a
message in
the Record*

Call 204-785-1618

*Selkirk
Record*

EMPLOYMENT OPPORTUNITY

Class 2 (with air) drivers required.

Applicants must be willing to do evening and weekends.

Applicants must supply their Drivers Abstract, and must be willing to have a Criminal Record Check.

Now accepting resumes for:

Selkirk Mobility (Casual)

Selkirk Transit (Part-Time)

Email resume to:
transit@MySTA.ca or in person
at 630 Sophia St., Selkirk, MB



Evan Kreutzer.ca
Real Estate Services Inc.

325 Manitoba Ave. Selkirk
204-482-7355

4U2-SELL
204-482-7355

WANTING TO SELL BEFORE SPRING?
We're Looking for New Listings!

We have Interested Qualified Buyers! **CALL US TODAY AND GET MOVING!**

BIRD RIVER LANDING
138 acres,
2,600 ft waterfront
\$369,000

445 Manitoba Ave
Spacious 3 bedrm, double garage, fenced yard.
CALL WAYDE
\$330,000

EVAN 482-7355
WAYDE 485-0407

We Are HIRING!

LOCKPORT COMMUNITY DEVELOPMENT GROUP (LCDG) IS LOOKING FOR A:

CASUAL MARKETING / ADMIN COORDINATOR

WE'D LOVE TO HEAR FROM YOU!

E-MAIL YOUR RESUME TO
LOCKPORTMARKETING@GMAIL.COM

LCDG is a group of local businesses in the RM's of St. Andrews, and St. Clements that have joined forces in promoting the joint community of Lockport Manitoba.

We are looking for talented and creative people for our team.

- ✓ Graphic Designer or Canva experience
- ✓ Digital Marketing / Content Creation experience
- ✓ Administration Capabilities (Recording of Meeting Notes is required)
- ✓ Casual basis - approx. 3-4 hours per week - great contract or part time work!
- ✓ Really great ideas!

Announcements *The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

OBITUARY



Lizette Jeanette Buchan (nee St. Pierre)

It is with tremendous sadness we announce the passing of a devoted wife, mother, sister, and friend. Lizette at the age of 63 succumbed to her battle with cancer on January 22, 2022.

Lizette was born to the late Clarice Camirand and Francois St. Pierre in Blind River, Ontario on May 29, 1959. She was predeceased by her siblings, Marlene, George, and Ronnie as well as her niece Lindsay. Left to cherish her memory, her husband Dave; children Cassandra (Joel), Adam (Jessie); Jesse (Nikki) and grandchildren Dalia, Romie, James, Bailen and William; siblings, Fred, Suzie, Edo (Joy), Kathy (Ingo), Peter, Tony; brother-in-law Donnie (Lynne), Ronnie, sister-in-law Linda (Blair), and niece Rochelle. She will also be remembered by her many nieces and nephews.

Lizette will be remembered for her outgoing and compassionate personality. She was selfless and often put the needs of others before her own. She had a gift for making those around her feel at ease and special. In turn she developed many special and devoted friendships.

Lizette enjoyed nothing more than spending time with her grandchildren at the cabin in Balsom Harbour. She often puttered around pulling out toys, organizing activities and asking Dave to start a fire to roast hotdogs and marshmallows. She always had a pantry full of snacks and sugary cereals to please the grandchildren. Nothing made Lizette happier than spending time with her family giggling at silly jokes and delighting in the togetherness.

A celebration of life will be announced at a later date.

The family gives special thanks the nurses and doctors at St. Boniface Hospital, Palliative Care Unit who treated Lizette like family and gave exceptional care.

In lieu of flowers donations can be made directly to St. Boniface Hospital Palliative Care Unit.

Friends and family are invited to visit Lizette's memorial page @interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to

*Interlake Cremation
& Memorial Services*
204.482.1040

Your memory will live forever Engraved within our hearts

OBITUARY



Gordon William Tepleski

On January 28, 2022, Gord transitioned to the arms of the angels, lovingly embraced by his wife Deb (Kurbis).

He is now reunited with his parents Steve and Olga, brother Barry and Velvet, brother-in-law Roger Wasnie and nephew Randy Hughes.

He will be eternally cherished by his sons Jared and Jodie (Ashley) and grandchildren Zander and Zoey whom he loved beyond measure.

Gord held his immediate and extended family in highest esteem. He will be forever lovingly remembered by Dorene (Paul) Hughes, Tom (Anna), Lawrence (Lillian), Betty Wasnie (Dan), Jean (Nicholas) Lanxon-Whitford, Curt (Heather) Kurbis, Sandra Kurbis, and Richard (Donna) Kurbis.

Gord's fun-loving and generous nature granted him 'favorite uncle' status among many nieces and nephews. His door was always open and his heart was big enough to love them all equally.

Gord was athletically gifted and excelled at many sports. He especially enjoyed coaching his sons in hockey, baseball and football. The team windups in the backyard pool were an added highlight.

Gord developed lifelong friendships during his years in the Kinsmen Club of Selkirk. He devoted endless hours chairing fundraising committees and firmly believed in the Kin motto of "Serving the Community's Greatest Needs". He spent six years on the Arena Fundraising committee and was instrumental in acquiring the seats for the new Selkirk Rec Complex from Chicago. Several Kinsmen are like brothers to him, they know who they are.

Gord graduated from LSRCSS in 1972. He was accredited with the Assessors Association of Manitoba, and went on to achieve his certificate in Real Property Assessment from UBC. He retired as Residential Valuation Coordinator for the province of Manitoba after a 35 year career.

Gord dearly loved our years at the cottage at Bird Lake, playing guitar, metal detecting, trips to Mexico, creating stained glass pieces, woodworking, boating, fishing and especially gathering with friends and family.

Cremation has taken place. A private celebration of life will be held at a later date.

Flowers are gratefully declined. If friends so wish, memorial donations may be made to the Selkirk Community Foundation, Kinsmen Fund.

My one and only "Bridge over Troubled Waters" has laid down to rest.

Gilbart Funeral Home, Selkirk in care of arrangements.



Biz Cards
Get The Job Done!
Call 785-1618

Just Knittin' Around
OPEN
FRI & SAT 12pm - 6pm
SUN 12pm - 4pm
Bernat, Patons, Phentex & Caron yarn
• Seasonal wear • Repairs
• Stitch assistance • Classes
207 Manitoba Ave. Selkirk 204-226-9965

MUSIC LESSONS ONLINE
KEITH IRWIN B.A. (Music)
204.720.0300
700@mymts.net
41-305 Mercy Street
Selkirk, MB R1A 2E3
www.keithirwin.ca

PRAIRIE OAK TREE SERVICES
ST. ANDREWS MB
CURTIS 204.981.8731
LICENSED ARBORISTS

ROOF TOP SNOW REMOVAL
PLUMBING STACK CLEANED
Includes ground cleanup of snow off sidewalks & driveway.
All-Nu RENOVATIONS
Call or Text 204-799-6023
email: allnuroofing@highspeedcrow.ca

Everything you need to promote your business

FLYERS	SOCIAL TICKETS	ESTIMATE SHEETS
BROCHURES	DOOR HANGERS	POSTERS
BUSINESS CARDS	LETTERHEAD	MEMO PADS
STICKERS	ENVELOPES	POST CARDS
WINDOW DECALS	INVOICES	PRESENTATION FOLDERS

Call Today! 785-1618 **Big and Colourful**

T PLUMBING, HEATING & REFRIGERATION

- Commercial and Residential
- Licensed Gas Fitters & Sheet Metal
- Pressure Systems, Water Softeners & Iron Filters
- Gas and Electric Hot Water Tanks
- Roto-Rooter Service

RIDGID SEWER CAMERA **bryant**
204-482-4159 Heating & Cooling Systems

BNS EXCAVATING

- Water & Septic
- Hauling
- Auger Drilling
- Excavating
- Demolition
- Culverts
- Driveways
- Trenching

(204) 461-2856 BNSexcavating@hotmail.com

Hnatiuk Law
Locally owned & operated
204 - 482 - 5111
374A Main Street, Selkirk
Real Estate Law • Business Law • Wills
Estates & Probate • Farms
www.hnatiuklaw.com
* Legal Services Provided by Andrew David Hnatiuk Law Corporation

SALES • SERVICE • INSTALL
PVC & ALUMINIUM WINDOWS
INKSTER PARK
STEEL INSULATED DOORS
STORM DOORS
THE WINDOW FACTORY
DURASEAL WINDOW & DOOR www.windowfactory.mb.ca
605 Mercy Street, Selkirk 204-482-9099



Biz Cards

Call 204-785-1618
YOUR AD
COULD BE HERE!

Nails by Rita
Specializing in Unique Design
• LCN Gel Nails • Shellac Manicure
• Pedicures • Waxing
BIO-DERM
204 Clandeboyne Ave, Selkirk
204-785-2089

BODNER QUARRIES
• Crushed Limestone
• Landscape Boulders
• Clean Fill • Top Soil
Carson, Manitoba **204-266-1001**

SELKIRK LOCK & KEY
- A COMPLETE LOCKSMITH SERVICE -
• DEADBOLTS • KNOB LOCKS • KEYS CUT
• LOCKS RE-KEYED
• LOCKOUT SERVICES • AUTOMOTIVE
Email: selkirklockandkey@live.com
482-6256
366 Eveline Street, Selkirk

• Premium Gas & Diesel Fuel • Groceries
• Dew Drop Water • Boyd's Coffee & Snacks
• Local Post Office & of course Friendly Staff
LIVE & FROZEN MINNOWS
PETERSFIELD STORE
Hwy. Petersfield (204) 738-4475

SL ELECTRIC
Tyrel Stinson
1-431-345-0753
Cody Loane
1-204-485-3032
FREE ESTIMATES
24 Hour Service 7 Days a Week
snlelectricservice@gmail.com

Pump-Tech
PLUMBING & PUMP REPAIR
We've moved to 80 IXL Crescent, Lockport
(Behind Canvasback)
By appointment **204-757-7219**
www.pumptechplumbing.com

Call 204-785-1618
YOUR AD
COULD BE HERE!

Pick up your
Selkirk Record
At the
SPORTSMAN'S STOP
CONVENIENCE & VARIETY
Fishing Bait and Tackle • Gas • Maps
HIGHWAY 44 just east of 59.

ski-doo
SALES SERVICE PARTS
#109097 Hwy 9, Gimli
GIMLI **204-642-7017**
e: skidoo@mymts.net

FULLHOUSE MOVERS
ALEX FOTTY
HOME: 204-467-2419
CELL: 204-461-2352
NOTHING BEATS A
FULLHOUSE MOVE

LUPUL Tax Services
"The Name Says It All"
• Computerized • Electronic Filing
• Free Estimates • Personal & Small Business Returns
N.J. (Jim) Lupul
lupultax@outlook.com 204-785-1881

K. GOWER Construction
• Carpentry • Garages & Sheds
• Doors • Decks
• Siding, Soffit & Facia
• Basement Finishing
785-3740

Karl's Appliance Service
Repairs to fridges,
stoves, washers, dryers,
air conditioners
482-4594

DOC MD MECHANICAL
Specializing in
• Duct Installation
• Heating
• Cooling
Hydro Financing Available
P. 204-226-1840
F. 204-757-2097
Darryl Woloshyn doc.md16@gmail.com

CASSIDY'S CONSTRUCTION
• GENERAL CONTRACTING
• MILL WORK • CABINETS • PROJECT MANAGEMENT
• COMMERCIAL/RESIDENTIAL RENOVATIONS
Steve Cassidy • Cell 782-4447
cassidysconstruction@gmail.com

CLANDEBOYE General Store
OPEN 7 DAYS A WEEK
• Gas • Liquor • Pizza
• Lotto Vendor • Groceries
• Hunting & Fishing Licenses
738-4342 Highway 9, Clandeboyne

I BUY JUNK VEHICLES
RV'S, TRAILERS,
FARM EQUIPMENT & SCRAP TOO!
Phil 204-485-5787

pampered chef
INDEPENDENT CONSULTANT
• Cooking Shows • Meal Prep Solutions
• Fundraisers • Individual Orders
204-485-4272 call or text
stoneware444@gmail.com
www.pamperedchef.biz/michellebalharry

INTRODUCING YOUR INTERLAKE

McPHILLIPS TOYOTA
Product Advisor
BRANDON BALMER
2425 McPhillips St., Wpg
Cell: 204-481-1915
204-338-7985
bbalmer@mcphillips.toyota.ca
www.mcphillipstoyota.com

AirWise Home
Your Heating, Cooling and Geothermal Specialists
204-467-9578
info@airwiseinc.ca www.airwiseinc.ca

PLUMBING
Commercial & Residential
New Installation & Service
Plumbing & In-Floor Heating
Water Softener Installations
Water Filtration/
Reverse Osmosis
RILEY PATTERSON
Journeyman Plumber
Cell **204-461-0035**

STANLEY
ELECTRICAL & MECHANICAL LTD.
RESIDENTIAL • COMMERCIAL • INDUSTRIAL
Red Seal Certified, 24 Hour Service, Free Estimates
204-485-7181 contact@stanleyltd.com
www.stanleyltd.com

RIVERBEND MOVING & STORAGE
MOVING is our business, SERVICE is our promise.
204-785-9299
211 Hutchings St., Winnipeg, MB, R2X 2R4
www.riverbendmovers.com

Erin D. Petaski Chartered Professional Accountant Inc.
Corporations & Sole Proprietors
Step into the
Life You Choose
Book My Free Discovery
Call with Erin at:
www.selkirkaccountant.ca

JEFF'S PLUMBING SERVICES INC.
• RESIDENTIAL • COMMERCIAL
SELKIRK, MANITOBA
For All Your Plumbing & Repair Needs
- ROTOR ROOTER SERVICES -
• Sewer Camera Cell: **204-485-4227**
JEFF FLETT jeffsplumbing1@gmail.com

RIVERBEND
HEATING & AIR CONDITIONING
Your local HVAC specialists Installation & Service
204-396-4474 HYDRO FINANCING AVAILABLE O.A.C.
info@riverbendheating.ca
www.riverbendheating.ca

BILSKY ENTERPRISES LTD.
DESIGN and DRAFTING SERVICES
GENERAL CONTRACTING
PROJECT MANAGEMENT
COMMERCIAL • INDUSTRIAL • RESIDENTIAL
PAUL BILSKY 204-485-3799 Technician
DON BILSKY 204-785-3536 President
OFFICE: 204-482-9381 bilskientltd@gmail.com

GREAT WHITE
SPRAY FOAM INSULATION
FREE ESTIMATES, QUALITY SERVICE
LOCALLY OWNED AND OPERATED
CALL US TODAY! **204-290-5667**

LARRY B. SWAIN ENTERPRISES
• REFRIGERATION • HEATING
• AIR CONDITIONING
CENTRAL AIR INSTALLATIONS (Financing Available OAC)
PH: 204-757-2935 CELL: 204-998-2904

TYNDALL POWER PRODUCTS
HONDA • STIHL • SIMPLICITY • FERRIS
BRIGGS & STRATTON • KOHLER • TECUMSEH
Mowers - Tillers - Tractors - Engines - Pumps
Generators - Chainsaws - Trimmers - Augers
Ed Novakowski Owner/Manager
Hwy 44 Tyndall tppltd@mymts.net **204-268-3006** GAS BAR & LOTTO

TOPSOIL BLACK DIRT SLAG
• Demolition • Driveways • Loader
• Grader Rentals • Bobcats • Crawler Hoe
EXCAVATIONS • TRUCKING •
R&M **482-7157**
EQUIPMENT Selkirk, MB

CANVASBACK PET SUPPLIES
Doggie Day Care Grooming
1 WELLINK DR., LOCKPORT
Phone: (204) 757-2701
www.canvasbackpets.com

PIPE DREAMERS
PLUMBING & HVAC
CHASE BORGSTROM 204-990-1299 PLUMBER
Renovations Repairs/Service New Installs Drain Cleaning Water Treatment
PIPEDREAMERS PLUMBING2019@GMAIL.COM
KYLE SCRIVENS 204-482-3939 HVAC TECH
Heating Air Conditioning Gas Fitting Contracting Refrigeration
PIPEDREAMERSHVAC@GMAIL.COM

BONDED HEALTH & MOBILITY SERVICES
• SALES • SERVICE • PARTS of
• Wheelchairs • Scooters
• Walkers • Healthcare Products • Homecare
• Orthotics Toll Free: 1-877-825-0917
Email: ihebert@bondedhealth.ca
230 Manitoba Ave, Selkirk 204-785-1992

KAMO CONSTRUCTION
Keith Neyedly, Red Seal Carpenter
keith@kamomb.ca
Box 368, Clandeboyne, MB R0C 0P0
204.795.9123

LANDSCAPING CARPENTRY
Rough/Finish grading Fences
Topsoil Decks
Excavating Sidewalks
Bobcat service Stairs
Stump grinding Concrete
Posthole auger Forming
Dump truck services Framing
Lot clearing Snow Removal

WESTSIDE RENTALS
BOBCAT T450
www.westsidehonda.ca 6837 Hwy 9 SELKIRK **482-7782**



The Hacking Team
Residential • Rural • Commercial

CENTURY 21

ADVANCED REALTY

255 MAIN STREET, SELKIRK



ASHLEY DOUGLAS

REALTOR®





2019



2020

Contact me for all of your
Real Estate needs!

204.485.4051

ASHLEY.DOUGLAS@CENTURY21.CA

WWW.HACKINGTEAM.CA • 204.202.1922 • HHTeam@C21.CA



SELKIRK'S #1 REAL ESTATE TEAM



GEORGE 204.461.0747

KASEY 204.485.5303

VICTORIA 204.619.3955

HUNTER 204.813.8091

Based on 2020 MLS R14 cross-property sales.

FEATURE OF THE WEEK!
727 NORWOOD RD, CLANDEBOYE
















FOLLOW US! @HACKINGHOMETEAM





BRING YOUR HORSE & YOUR COWBOY!

Spacious & elegant 5 BR home custom built on 10 private, treed & landscaped acres. 60x42 heated shop, wraparound covered deck for sunrise & sunsets. Open concept layout with cathedral ceilings. Main floor laundry. Ins 2AT grg. Pt fin bsmt, Steel beam, sump pump, 2x6 construction, 200A service. Quick access to hwy 8 or 9

F E A T U R E D P R O P E R T I E S				
<div>ASHLEY</div> <div>4 ACRES!</div>  <p>\$665,500</p> <p>25 McFee Place East Selkirk</p>	<div>HH TEAM</div> <div>80 ACRES!</div>  <p>\$389,900</p> <p>113142 Rd 13E Fraserwood</p>	<div>HH TEAM</div> <div>NEW!</div>  <p>\$249,900</p> <p>515 Toronto Ave, Selkirk</p>	<div>ASHLEY</div> <div>SOLD!</div>  <p>\$629,900</p> <p>5357 No.9 Hwy St Andrews</p>	<div>HH TEAM</div> <div>WORK SHOP!</div>  <p>\$737,700</p> <p>727 Norwood Road Clandeboye</p>
<div>HH TEAM</div> <div>BONUS SPACE!</div>  <p>\$169,900</p> <p>1552 Alexander Ave Weston, Wpg</p>	<div>HH TEAM</div> <div>NEW PRICE!</div>  <p>\$199,900</p> <p>1005 Magnus Ave Burrows, Wpg</p>	<div>ASHLEY</div> <div>CREEK!</div>  <p>\$225,000</p> <p>Byers Drive East Selkirk</p>	<div>HH TEAM</div> <div>SOLD!</div>  <p>\$178,500</p> <p>316-1671 Plessis Rd Transcona, Wpg</p>	<div>HH TEAM</div> <div>PENDING!</div>  <p>\$269,900</p> <p>8156 99 Road N, Rockwood</p>
<div>HH TEAM</div> <div>SOLD!</div>  <p>\$310,000</p> <p>6 Murdoch Drive Petersfield</p>	<div>HH TEAM</div> <div>2.19 ACRES</div>  <p>\$94,900</p> <p>3 Fuller Road St. Clements</p>	<div>HH TEAM</div> <div>2.20 ACRES</div>  <p>\$94,900</p> <p>11 Fuller Road St. Clements</p>	<div>HH TEAM</div> <div>SOLD!</div>  <p>\$149,900</p> <p>102-65 Main Street Selkirk</p>	<div>HH TEAM</div> <div>PENDING!</div>  <p>\$62,900</p> <p>0 Janisch Road Petersfield</p>

"I am a tenant and my landlord is selling the house I'm renting. Do I have to move out immediately once it sells?"

Fixed term tenancy: using a 1 year lease as an example, landlords must give tenants notice 3 months before the lease ends. *Ex) if the tenancy ends on September 30, landlords must give tenants notice to move by June 30.*

Tenants with children who go to school nearby: Landlords must let tenants stay in the rental unit until the school year is over. *Ex) If lease ends on April 30, landlord to give the tenant notice to end the tenancy by January 31. The tenant would not have to leave until June 30.*

Month-to-month tenancy: length of notice depends on the vacancy rate (# of units available for rent) in the area of the rental unit. If the vacancy rate is less than 3%, landlords must give tenants 3 months notice to move out.