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# Selkirk Record

VOLUME 8 EDITION 6

THURSDAY, FEBRUARY 9, 2017

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RECORD PHOTO BY LINDSEY ENNS  
 Angela Bercier, who recently took over Selkirk's Midtown Barbershop, gives her husband Steve Ward a straight razor shave inside the shop located along Manitoba Avenue last Friday. For a full story, see page 12.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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# Ice fishing destination



RECORD PHOTO

Take a trip above the dozens of ice fishing shacks lining the Red River in East Selkirk so far this winter with the help of our new video. To check it out for yourself, visit our Facebook page by searching "The Selkirk Record."

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# Steelers to stay in Selkirk

## GM shoots down rumours team is moving to Beausejour next season

By Brian Bowman

The general manager of the Selkirk Steelers shot down rumours last week suggesting the Manitoba Junior Hockey League (MJHL) team was finalizing details to move to Beausejour next season.

Steelers' director of hockey operations and general manager Ken Petrash was quick to refute rumours circulating on social media about the team.

Still, Petrash said he and the owners are not very pleased with the fan support the team has been receiving this year and over the past few seasons.

"The fan support makes it tougher and tougher to keep the team in town," Petrash said last Tuesday. "The guys that are in there now, Jordan (Fillion) and Darren (Piwniuk), are looking at this and asking, 'what do we have to do to get people out (at Steeler) home games.'"

Petrash remembers having a crowd of about 1,000 on a Friday night back in 2010. This year's attendance for a week-end game is now hovering around 400 fans, despite having ticket prices below the MJHL average. That, combined with the high costs of running an MJHL franchise, makes it very, very difficult to survive.

"The local community, the fans in town, there's enough people in town (to support the team)," Petrash said.

Petrash admitted that the owners have looked at different options for their hockey club.

One change would rebrand the team as the Interlake Steelers and have

games played in various rinks across the region.

Another idea to increase revenue would involve selling beer at Steeler home games.

The City of Selkirk did not grant the Steelers a liquor license a few years ago when the request was made.

"I voted against it the last time and the biggest reason ... was monitoring the crowd to make sure that nobody underage was getting liquor," Selkirk Mayor Larry Johannson said. "I was worried that if we're caught selling to an underage minor we might get shut down for a while."

"What worried me was minor hockey losing out, ringette, figure skating all the user groups."

Johannson said the Steelers would have to send the city a formal application, once again, requesting a license to sell beer at their home games, something other MJHL teams have been doing at their games for years.

"It's something that you add on to the entertainment value, especially the 20 to 30 (age bracket)," Petrash said. "We don't want the Selkirk Steelers to leave and then have people say, 'oh, we could have saved this thing.'"

MJHL commissioner Kim Davis said that any team looking to move would have to get approval from the league's board of governors.

"At this time, nobody has made that request of our league board," Davis said on Monday afternoon. "In that context, there is nothing to this story."

Johannson said the Steelers are, and



RECORD FILE PHOTO BY LANA MEIER

Plenty of empty seats could be seen during a Selkirk Steelers home game at the Selkirk Rec Complex in this January photo. The local team's general manager shot down rumours last week suggesting the team plans to move to Beausejour next season.

have always been, an integral part of the community. Selkirk is a hockey town, he said, but he wonders how stable some of the teams are in the MJHL.

"This is the Steelers' 50th year and, I think, a strong franchise," Johannson said last Thursday afternoon. "They

have had strong teams over the years and Selkirk has a strong hockey history with the Junior 'A' and Junior 'B' teams."

Fillion and Piwniuk could not be reached for comment at press time.

— With files from Lindsey Enns

**"THE FAN SUPPORT MAKES IT TOUGHER AND TOUGHER TO KEEP THE TEAM IN TOWN."**

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# BIG DOLLAR



# Snowmobile accident in Warren

By Jennifer McFee

A 73-year-old St. Andrews man was taken to hospital following a snowmobile rollover in Warren on the weekend.

On Saturday, Feb. 4 at about 3 p.m., Stonewall RCMP received a call about a single snowmobile accident near Railway Avenue in Warren.

Staff-Sgt. Kelly Glaspey said it looks like the driver lost control of the snowmobile and alcohol is not believed to

be a factor. He was wearing a helmet, which is required by law. He was with another nearby snowmobiler who called for help.

STARS air ambulance landed at the scene and the responders determined that the man's condition was stable so he didn't require STARS critical care or to be transported to Winnipeg. Instead, he was taken by ground ambulance to the hospital in Stonewall. STARS representatives did not have



RECORD PHOTO BY STEFANIE LASUIK

A 73-year old St. Andrews man was taken to the Stonewall Hospital after his snowmobile rolled in Warren last Saturday.

any update about the man's current condition.

For other snowmobilers, Glaspey encourages drivers to be cautious and

prudent while driving only as fast as their capabilities allow.

# AMC to appeal Teulon residential school student's verdict

By Natasha Tersigni

Following Manitoba's Court of Appeal decision to dismiss the case between former Teulon residential school students and the federal government, the Assembly of Manitoba Chiefs (AMC) has agreed to appeal the verdict to the Supreme Court of Canada.

For several years, a group of former Teulon residential school students have been fighting the federal government to be added to the Indian Residential Schools Settlement Agreement (IRSSA). Legal action was initiated by the AMC in 2011, and since then the case has slowly pro-

gressed through the court system with little results for the students.

The case went to provincial court in 2012, where Justice Perry Schulman ruled against the students from being added to the IRSSA. The group of students appealed the decision. In January 2017, the Manitoba Court of Appeal ruled that Justice Schulman 'Did not make any palpable and overriding error in his determination that Teulon is not an Indian Residential School (IRS) under the Agreement' and dismissed the student's case.

AMC has taken the recommendation of the students' lawyer Charles Huband, and will now make an appli-

cation to the Supreme Court of Canada to hear the case.

"The Assembly of Manitoba Chiefs will continue the fight for the students who attended the Teulon Residence. They encountered the same abuse as other students at Residential School across Canada. These survivors along with their families do not have the same resources to help with their path of healing. For our Government and the courts to deny or dismiss the experience of the students who attended the Teulon Residence goes against the meaning of reconciliation for the First Nations and the state of Canada," said AMC Grand Chief Derek Nepi-

nak in a press release.

Taking a case to the Supreme court is a lengthy and difficult process and for it to be accepted as only a few cases are argued a year and the issues have to have a national importance.

"We feel that the Court of Appeal made a poor decision in rejecting the appeal," said Huband.

"The main issue was that these are questions of fact and the stand of review is such that we would have to prove that a palpable and overriding error was made. They say we did not meet that proof."

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# LSSD secures \$50K Canada 150 infrastructure grant

By Lindsey Enns

The Lord Selkirk School Division (LSSD) has secured a \$50,000 Canada 150 Community Infrastructure Grant towards the resurfacing of the Comp's running track.

LSSD Supt. Scott Kwasnitza said although the track's resurfacing was completed last summer, this \$50,000 grant will go towards paying for the roughly \$400,000 project.

"We had already committed to resurfacing the track but this will go a long way to helping out the division and to be able to support such a high quality track for students and community members," Kwasnitza said on Monday. "It's fantastic because not only does the boost support the school division but it also supports the community so we're thrilled."

Kwasnitza said the division was setting aside money to pay for the project for several years. The original track was built in 2003.

The Selkirk high school was among 12 recreational and cultural facilities in rural Manitoba to undergo improvements thanks to a total investment of \$992,888, under the Government of Canada's Canada 150 Community Infrastructure Program.

Little Saskatchewan First Nation in Gypsumville will receive \$11,180 in funding to replace lighting at the arena as part of the grant and the Royal



RECORD FILE PHOTO BY BRETT MITCHELL

Selkirk students compete at the Comp's running track in this May 2016 photo. The Lord Selkirk School Division has secured a \$50,000 Canada 150 Community Infrastructure Grant towards the resurfacing of the Comp's running track, which was completed last summer.

Canadian Legion Branch No. 182 in Gimli will receive \$7,457 in funding to renovate the Legion hall.

The Rural Municipality of Coldwell in Lundar will receive \$500,000 in funding to rehabilitate the arena and Lac du Bonnet will receive \$135,400 in funding to upgrade the Lac du Bonnet

and District Sports Arena.

"The support that communities across Selkirk-Interlake-Eastman received under the Conservative Government's Canada 150 Community Infrastructure Program reflects our commitment to building stronger communities," Selkirk-Interlake-East-

man MP James Bezan said in a release on Monday. "With these investments, communities will see improved public spaces and facilities that will be available for years to come."

The Canada 150 Community Infrastructure Program is part of Canada 150 Celebrates, the Government of Canada's celebration of our country's 150th anniversary of Confederation.

Budget 2016 provided an additional \$150 million over two years to Canada's Regional Development Agencies to deliver further community funding. A total of \$46.2 million was allocated for projects across Western Canada (British Columbia, Alberta, Saskatchewan, and Manitoba). Western Economic Diversification Canada (WD) is responsible for administering the program in the West.

"By investing in community infrastructure in this area such as the curling club, community hall, splash pad, and the Trans Canada Trail through CIP 150, the Government of Canada is actively showcasing what Canadian regions have to offer," Minister of Innovation, Science and Economic Development and Minister responsible for Western Economic Diversification Canada Navdeep Bains said in a release on Monday. "Projects like these unite us all in the celebration of Canada's 150th anniversary of Confederation."

## Seven Oaks School Division public budget consultation meeting set for Feb. 13

Staff

The Seven Oaks School Division is inviting community members to attend an open meeting to discuss the division's 2017-18 school year budget.

The meeting will be held on Monday, Feb. 13 at 7 p.m. at Maples Collegiate inside the Judy Silver Commons located at 1330 Jefferson Ave.

The purpose of the meeting is to inform the public about funding provisions and current budget discussions and to invite comment on educational and budget initiatives, according to the RM of West St. Paul's website.

According to the RM, in 2016, West St. Paul residents paid \$5.9 million to the Seven Oaks School Division in education taxes, up from \$5.1 million the year before, an increase of 16.9 percent.

The \$5.1 million paid to the Seven Oaks School Division in 2015 was a 6.8 percent increase over the previous year.

During an earlier interview with the *Record*, West St. Paul Mayor Bruce Henley said climbing school taxes in his community are "unsustainable" and

the RM continues to push for changes to Manitoba's education funding model.

Seven Oaks School Division Supt. Brian O'Leary previously told the *Record* that the tax increase in West St. Paul isn't due to an increase in the

division's budget but rather the community's rising housing prices.

O'Leary added a 16.9 per cent tax increase "is really misleading," but since the division suffers from a low commercial assessment base, homeowners carry the cost of paying for the

school system.

O'Leary added the division's budget increased by 5.3 per cent to \$139 million in 2016 due to enrollment growth and the opening of a new school, which will serve French immersion students in West St. Paul.



Available in accessible formats upon request.



# Students collecting hockey gear for remote First Nation

## West St. Paul School hopes to fill school bus with equipment on Feb. 11

By Dave Baxter

West St. Paul School students are hoping community members will help them fill a school bus with hockey equipment which will later be donated to a remote First Nations community.

"They are really trying to give the kids more to do up there because there isn't a lot right now because they are just so isolated," West St. Paul School teacher Billie-Jo Cross said referring to Red Sucker Lake First Nation. "Hockey is a passion that many of them have and they are really trying to build on that."

On Saturday, Feb. 11 a school bus will be parked outside the school located at 3740 Main St. in West St. Paul between 9 a.m. and 4 p.m. Residents from any community are invited to drop off any new or used hockey equipment.

According to Cross, the school's goal is to fill the bus with equipment, and then all that equipment will be personally delivered to the Red Sucker

Lake First Nation, which sits approximately 706 kilometres northeast of Winnipeg.

"They are the second most remote First Nations community in northern Manitoba," she said. "The community has about 1,000 people, but a very small number are employed because of their extreme isolation."

"They are trying to rebuild their hockey program, so we know there is a lot of need when it comes to equipment."

Cross said they will be accepting everything from helmets, socks, skates and jerseys, as well as things like pucks, sticks and even first aid kits and hockey nets.

"We're looking for anything related to hockey," she said.

Those who want to help out but don't have equipment to donate can also come down and donate cash, which will be used to purchase hockey equipment.

The school also wants to work to help the community rebuild their hockey arena, Cross said.

"They are trying to rebuild their rink

**"HOCKEY IS A PASSION THAT MANY OF THEM HAVE AND THEY ARE REALLY TRYING TO BUILD ON THAT."**



RECORD PHOTO BY DAVE BAXTER

Pictured from left to right: Kerra Foster, Reagan Foster, Ella Robins and Sera Busceti hold up signs during an assembly last week to kick off West St. Paul School's hockey drive. The drive aims to fill a school bus with hockey equipment which will be donated to Red Sucker Lake First Nation.

because it's in such a state of disrepair right now, so at this point they really only have an outdoor rink," Cross said.

An assembly last Wednesday at the school to kick off the hockey drive saw a number of staff and students wearing hockey jerseys, and some even holding up signs.

Grade 4 West St. Paul School student

Ella Robins said she is a big fan of the hockey drive because she loves helping others.

"I think it's a really good thing because it's helping kids do something they like and something good for themselves," Robins said. "It's very, very nice to do something for other kids. It's just a way to do something good."

The hockey drive on Saturday, Feb. 11 will also feature a barbecue where food and snacks will be sold, and money raised from that will also go towards the goal of bringing more hockey to the Red Sucker Lake First Nation.

Anyone that wants to drop off cash or hockey equipment before Saturday, Feb. 11 can bring those donations directly to the school during school hours.

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# Manitoba gov't offering free February provincial park entry

## Submitted

The Manitoba government is encouraging Manitobans and visitors to enjoy the scenery and winter activities in Manitoba provincial parks with free park entry for the entire month of February.

"Winter is a wondrous time to visit our provincial parks, Sustainable Development Minister Cathy Cox stated in a release last week. "Our parks offer countless opportunities to take part in winter activities or to simply enjoy the splendor of nature in a beautiful snowy setting. We encourage everyone to take a moment this winter to get outside and enjoy a walk in the park or blaze a trail with skis or snowshoes."

Vehicle permits are not required in

any provincial park this month, but SnoPasses are still required for snowmobiles using groomed trails in the parks.

There are groomed trails in 12 provincial parks across the province for cross-country skiing, snowmobiling, snowshoeing and hiking.

Spruce Woods and Turtle Mountain provincial parks also offer outdoor skating areas, hockey rinks and toboggan hills while fat biking is welcome at Birds Hill Provincial Park on the Oak Ridge Mountain Bike Trail.

Trail grooming reports are updated online every Thursday throughout the winter.

Manitobans are

encouraged to check trail conditions and weather forecasts before visiting to parks to properly plan their outdoor adventure. Maps of winter trails and updated reports can be found at [manitobaparks.com](http://manitobaparks.com).

Park interpreters are offering several guided experiences this winter.

Interpretive programs are free and offered year round in Birds Hill, Spruce Woods and Whiteshell provincial parks.

Highlights for the month of February include:

- a guided ski trip in Whiteshell Pro-

vincial Park on Saturday, Feb. 18;

- a learn to ice fish session in the Spruce Woods Provincial Park on Sunday, Feb. 19; and

- a winter safari in Birds Hill Provincial Park on Sunday, Feb. 26.

Interpretive programs are happening every week in February. More information on these events and other upcoming programs can be found at [gov.mb.ca/sd/parks/act\\_interp/events/events.html](http://gov.mb.ca/sd/parks/act_interp/events/events.html).

Teachers can also book free guided school programs throughout the winter season.

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Registrations are now welcome for the following quality Early Years Programs. Please note that Kindergarten classes are held full days, every other day, during the school year.

- 1. Regular Kindergarten**  
Kindergarten programs are available at all elementary schools in Lord Selkirk School Division. Please contact your local school to register. (If you are unsure which community school is yours, please contact our Board Office at 204-482-5942 or 1-866-433-5942).  
Our elementary schools are: Centennial, Daerwood, Happy Thought (Regular), Mapleton, Robert Smith, Ruth Hooker, St. Andrews, Walter Whyte, and William S. Patterson.
- 2. Ukrainian Bilingual Program - Kindergarten & Grade 1**  
Happy Thought School in East Selkirk provides an English-Ukrainian Bilingual program for grades K-4. Please register at Happy Thought School (204-482-4521).
- 3. French Immersion Program - Kindergarten & Grade 1**  
Ecole Bonaventure, located at 516A Stanley Avenue in Selkirk, provides a French Immersion program from Kindergarten to Grade 6. Please register at the school (204-785-8284).  
Children who are five (5) years of age by December 31, 2017 are eligible to enroll in Kindergarten programs. **A Birth Certificate is required to register your child.** Contact your local school for registration forms.  
Once the registration process is complete, your child will receive a **Kindergarten Readiness Package** filled with information and activities aimed at getting your child ready for school.

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## Understanding your Heat Recovery Ventilator (HRV)

If you have a newer home, you may have a heat recovery ventilator (HRV). Under the Manitoba Building Code, these devices have been mandatory in new homes since April 2012. An HRV can improve indoor air quality and reduce your energy costs, provided you operate it properly.

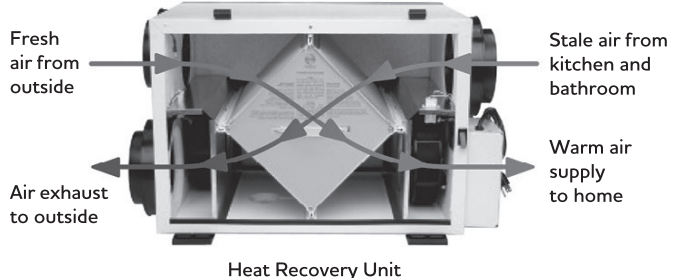
**What an HRV does**  
An HRV device uses fans to pull in fresh air and exhaust stale, humid air. This is essential in new, energy-efficient homes. Because these new homes are more airtight, they need additional help to remove odors and control humidity. The potential for problems can also be greater in newer homes because building materials are still drying out and giving off gases.

**How HRVs can make ventilation more efficient**  
As an HRV device removes stale heated air, it warms up the cold fresh air drawn in from the outdoors. This will reduce your heating costs. The heat exchange happens in the core of the device, where the incoming and outgoing air flow through a series of narrow alternating passages.

The two air streams never mix, but the heat is transferred from the outgoing air to the incoming cold fresh air. It's similar to the way the radiator in your car transfers heat to the outside air.

In a climate like ours, this heat exchange process can significantly reduce the cost of ventilating your home, but only if you run the HRV system properly. *Watch for HRV operating tips in our next column.*

**Adding an HRV to your home**  
If you wish to have an HRV installed, you may be able to obtain a Power Smart® Residential Loan from Manitoba Hydro. Ask a reputable ventilation contractor whether an HRV is right for you.



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# getfishing

RED RIVER > CHALET BEACH > LAKE WINNIPEG

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## Making fishing friends along the way

Welcome angling enthusiasts.

In my truck, on the high Red River bank by Selkirk early last Tuesday a large dark ice shack stood out from the others on the ice. I put "old red" into 4-wheel drive and eased her down the steep rutted embankment then bounced along until I jolted to a stop by the shacks' half closed door.

A thin chap with a clean-shaven head peered out and waved me inside with a big smile. The walls in this warm cozy shack were jam packed with fishing gear, cooking utensils and food. Years of pictures of fish caught were everywhere.

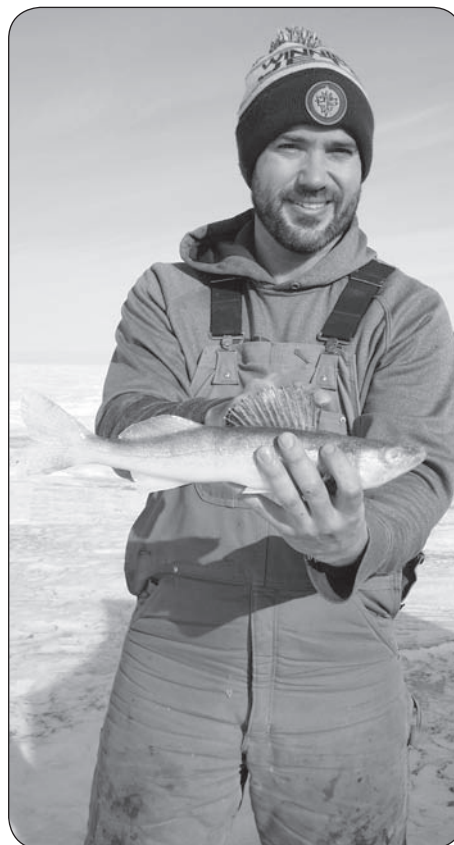
"Hi, I'm Chris Kirkness," our new fishing friend offered along with a firm handshake. With faint sunlight coming through a nearby window we sat relaxed as Chris gave us a humorous recent story.

He was sitting in his shack fishing when through a window he saw a chap quickly pull up near him, punch a couple of ice holes close together, drop his hook baited lines in the water and started jigging both rods up and down like crazy. To his surprise, as he watched, the guy pulled up a good sized pickerel. Luck, Chris thought as his buddy and dad, Jim, burst into the shack. Now his buddy had been working for two days without sleep and threw himself on one of the bunks promptly falling asleep.

Jim, however, seeing what the neighbor had done, went outside, drilled two holes and no sooner had he begun imitating the newcomer, caught a large pickerel then released it. Chris, not one to argue with success, went out and copying the guys, also caught a pickerel and released it.

"You guys are catching the same fish over and over," his now half wake buddy called out.

"I don't think so pal," Chris exclaimed back in the shack, looking



**RECORD PHOTO BY ARNIE WEIDL**  
Jamieson Borys of Winnipeg with a pickerel he caught off Chalet Beach.

out the window, for there outside the stranger, jigging wildly was pulling up a jackfish.

In the middle of last week I got a tip from my editor, Lana Meier, about a sweet little angel ice fishing with grandpa at Grand Marais. Let me give you the last part of this story first as he told it to me.

The latter story happened when tall, thin, short grey haired grandpa, (he won't let me use his name) took his little doll faced, long curly brown haired granddaughter, Hunter, ice fishing and she caught her first fish.

The large fish struggled so furiously she dropped her rod in fear and made

a beeline out the portable shack door. Grandpa, laughing, had to take over but sensing it might fall back into the hole used his hand like a tennis racket and sent the fish flying just as Hunters' mom drove up to the tent witnessing it making a beautiful arc through the air out the tents' door.

Now the earlier part of this delightful story that resulted in Hunters' catch happened because grandpa was once standing on the high cliff shore of Grand Marais lamenting how the anglers were hampered from reaching Lake Winnipeg. There was a spot off Grand Marais Blvd. between Thorncliffe Ave. and Oakdale Ave. that he was convinced would make a perfect access point onto the lake. Resolved, he made a call to Julian Gorchynski, a local man of action, who was with the Grand Beach Area and Development Corporation and he got it done. Within hours, anglers were flooding across the access point including little Hunter and her wonderful grandpa and that's how she was able to get on the ice and catch her first fish.

Along with Grand Marais the mayors, councilors and road folks at St. Clements, St. Andrews and Dunnottar have also opened access points with on-ice parking lots at Balsam Bay and the Matlock Warner Road. Good job guys you're all just the best.

On the weekend off Chalet Beach I ran into a chap, Tom Balzer, of Argyle who told me he snagged a small rock with a Zebra Mussel on it. Wow.

Not far from him Jamieson Borys of Winnipeg showed me a pickerel he had just caught as we marveled at the sea of shacks seemingly stretching clear across good old Lake Winnipeg.

By the way the ice cutting guys will be starting on the Red River just north of Netley Creek on Feb. 18.

See you next week, bye.

**View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)**



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# Selkirk helps mark Manitoba's first RCMP Day

By Lindsey Enns

A group of local students got to skate alongside some Selkirk RCMP officers last week during Manitoba's first annual Royal Canadian Mounted Police (RCMP) Day.

Nearly 40 students from Robert Smith School, who are also members of the school's Polar Bear Club, spent their lunch hour skating inside the Selkirk Arena with four Selkirk RCMP members last Wednesday.

RCMP Traffic Services officers also set up a road safety checkstop near Lower Fort Garry along Highway 9 last Wednesday afternoon to remind drivers about road safety.

RCMP members were dressed up in period uniforms and also had snowmobiles, a dog sled, a Red River cart and an old school police patrol car on display along the highway as part of the checkstop.

Officers also showcased new technology being used by the RCMP including e-ticketing.

RCMP Day in Manitoba was established by a private member's bill introduced last fall by Cliff Graydon, member of the legislative assembly for Emerson.

"It is an honour to be part of this special celebration, recognizing the important work the RCMP are doing in our communities to ensure public safety, especially their work with young people throughout Manitoba," Justice Minister Heather Stefanson stated in a release last Wednesday. "The RCMP have played an important role in Manitoba's history, which is clear as we celebrate our country's 150th birthday. From all Manitobans, we thank you for your dedication, your service and your sacrifice."

To help recognize the many contributions of the RCMP in Manitoba, the minister also invited young people throughout the province to draw, design or create a card and mail it to the province by May 31.

The cards will be displayed at the Legislative Building and then formally presented to the RCMP later this year.

"On behalf of all current and former RCMP employees in Manitoba, we are so very honoured by this important day," Assistant Commissioner Scott Kolody, commanding officer of 'D' Division stated in a release. "The RCMP have a proud and strong history in the province of Manitoba and I feel privileged that our service is being recognized in this distinctive way."

The RCMP were formally established by an act of parliament on Feb. 1, 1920, merging the North-West Mounted Police and Dominion Police



RECORD PHOTOS BY  
LINDSEY ENNS

ABOVE LEFT: Robert Smith School Grade 3 student Caitlyn Calisto, pictured left, and Grade 4 student Gabby Titus were among the nearly 40 students from their school that skated alongside a group of Selkirk RCMP officers at the Selkirk Arena as part of Manitoba's first annual RCMP Day last Wednesday afternoon. ABOVE RIGHT: Selkirk RCMP Corp. Kyle Bernier skates with students last Wednesday afternoon. RIGHT and BELOW: RCMP Traffic Services officers set up a checkstop near Lower Fort Garry along Highway 9 last Wednesday afternoon to remind drivers about road safety during RCMP Day.



of Eastern Canada.

Manitobans who wish to send a card to the RCMP can mail it to:

Manitoba Justice  
1801-155 Carlton Street  
Winnipeg, MB  
R3C 3H8

The RCMP has nearly 1,100 officers and more than 400 other employees in Manitoba.

For more information about RCMP 'D' Division, visit [rcmp-grc.gc.ca/mb/](http://rcmp-grc.gc.ca/mb/).

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# New LSEC program to teach local students how to fish

By Lindsey Enns

A little boost from the Selkirk and District Community Foundation is helping a new fishing program for local students take shape.

Lord Selkirk Learning Centre (LSEC) director Steve Grahame said the idea to start a fishing program for his students originated from a cookbook.

"The essence of the cookbook was meals under \$10 for a family of four," Grahame said. "We have this great fishing area here but none of my students at the LSEC fish."

He added one of the main reasons why is because they either don't know how to and they don't have a fishing rod.

Thanks to a \$800 grant from the Selkirk and District Community Foundation Grahame said they are now able to purchase at least 10 new fishing rods along with nets, weights and filleting knives to get the Catch, Clean, Cook fishing program going.

They also received a \$400 grant from the Interlake Suicide Prevention Committee towards the purchase of supplies.

Grahame said the program will help teach youth how to catch, clean and cook fish. Once students successfully complete the program, they will also get to keep a fishing rod.

"They'll be able to take those skills home and share them with their family," he said, adding they will be taking students along the Red River to fish starting sometime this spring.

So far about 20 of his students between the ages of 15 to 19 have shown interest in taking part, he said.

"It's a good recreational activity, it's outside, it's a social thing and in the end they get to take something good home for dinner."



RECORD PHOTO BY BRETT MITCHELL

Pictured from left to right: Tyler Moore, Zur Robinson, Lord Selkirk Learning Centre (LSEC) director Steve Grahame and Jacob Irniq pose with some new fishing gear LSEC students will be using as part of a new fishing program this spring.

Grahame added they are currently looking for volunteers to help give the students fishing lessons and share some of their skills.

Those interested in volunteering can contact Steve Grahame by calling 204-482-2121.

The new fishing program is among 19 projects and programs that recently re-

ceived grants totalling \$86,595 through the foundation's 2016-17 fall intake.

Nova House also received \$25,000 towards the construction of their new women's shelter in Selkirk and the Manitoba Archeological Society received \$10,000 towards an ongoing Lockport dig project.

Beverley Clegg, the foundation's ex-

ecutive director, said they are currently accepting new grant applications which will be decided and announced in May.

Projects or programs within the City of Selkirk or in St. Andrews or St. Clements are eligible for grants.

For more information on how to apply, visit [sdcf.ca/grants/](http://sdcf.ca/grants/).

## Mihychuk named Indigenous, northern affairs committee chair

Staff

Kildonan -St. Paul MP MaryAnn Mihychuk has been named the new chair

of the Standing Committee on Indigenous and Northern Affairs.

Mihychuk says her focus is working on economic development for Indigenous People and the North.

"This represents an opportunity for

Canada as a whole," Mihychuk said. "Indigenous people will be crucial for Canada's economic future. There is a young, vibrant indigenous population with enormous potential."

Prior to her being elected in 2015, Mihychuk worked in the private and public sectors as a geoscientist.

She has also worked with Indigenous communities across Canada.

"I congratulate the Honourable MaryAnn Mihychuk on her

election and look forward to working together to make real progress for our peoples, building on the positive relationship we established through her work with the Assembly of First Nations as Minister," said Assembly of First Nations National Chief Perry Bellegarde.

Mihychuk had served as the Minister of Employment, Workforce Development and Labour since November 2015, but was removed from that position in early January during Prime Minister Justin Trudeau's cabinet shuffle.

"I am honoured to bring my scientific and political experience to the committee," said Mihychuk. "I am also very excited to work with my fellow members on the committee."

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# Taking a trip back in time



LEFT: David McInnes, who is the designer of the Steamboat exhibit at Selkirk's Marine Museum, speaks about what steamboats have taught him about life during the Noventis Credit Union's Evening of History, a fundraiser for the Selkirk Heritage Endowment Fund (SHEF) at the Gwen Fox Gallery last Thursday evening. Roughly 40 community members and local dignitaries attended the second annual event for SHEF which was established in 2012 by the City of Selkirk, which contributes \$50,000 annually to the fund that is currently valued at \$241,000. On Monday, a spokesperson for the city said they had not yet completed a final tally of funds raised during last week's event. RIGHT: Local dignitaries present the Selkirk Heritage Endowment Fund's first grant of \$7,655 to Marine Museum of Manitoba staff during last week's fundraising event.

RECORD PHOTOS BY LINDSEY ENNS

# Legislation takes courts out of parking ticket challenges

## Submitted

Selkirk residents who choose to challenge parking tickets no longer need a court date.

The province introduced the Municipal Bylaw Enforcement Act for the City of Winnipeg on Aug. 8, 2016 and the act was extended to the rest of the province on Feb. 7.

According to Dave Thorne, director of protective services for the City of Selkirk, the act will help reduce court time and create a fair, simple and cost effective way to challenge tickets.

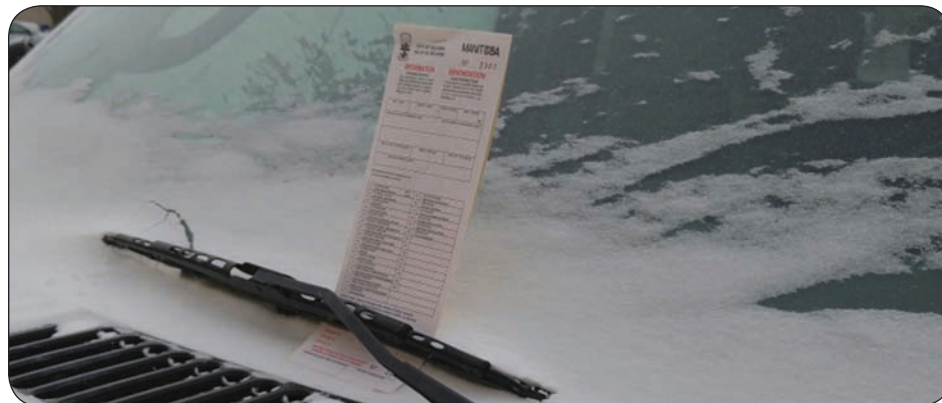
The act affects parking tickets as well as Animal Control offences.

"The legislation aims to reduce the amount of time spent in court, so the Province has taken court right out of the process," Thorne said. "If you choose to challenge a ticket you've received in the City of Selkirk, you will now go to 200 Eaton Avenue, not to Provincial Court."

The City of Selkirk approved its Administrative Penalties Bylaw during the January 23 council meeting. The bylaw establishes the penalties system for the enforcement of both parking tickets and Animal Control offences.

"The number one issue for us is compliance," Thorne said. He said the city encourages people to comply with parking and animal control Bylaws. "The city doesn't want to be writing tickets. We would rather the public adhere to the bylaws. That is our first choice."

The city issues approximately 550 parking tickets per year, compared to



SUBMITTED PHOTO

Those wanting to challenge a parking ticket no longer have to set a court date, according to the City of Selkirk.

around 20 Animal Control tickets, so Thorne said the act primarily involves parking disputes.

Parking bylaws are in place to assist with the smooth flow of traffic, to allow ample parking for businesses and, at this time of year, to allow for efficient snow clearing operations, specifically in residential areas.

When tickets are issued, there is a two-tiered option for the recipient to

dispute the ticket. Thorne said beginning February 7, if you receive a parking ticket you do not agree with, you can contact the City of Selkirk, either in person at 200 Eaton Ave., by mail, or online at my-selkirk.ca/bylaw-ticket.

Your dispute would be handled by a Screening

Officer who has been appointed by the city. The Screening Officer hears the dispute and can either uphold the penalty, reduce the penalty if permitted under the bylaw, or cancel it.

If you aren't satisfied with the Screening Officer's decision, you can request a review of the decision by an adjudicator who is appointed by the Province. The city will contact the Chief Adjudicator to arrange for an adjudication sitting.

There is a \$25 fee to go to the adjudication process, however, if the adjudicator finds in your favour, the fee is refunded. Adjudicator decisions are final and cannot be appealed.

If you choose to pay your parking ticket and not challenge it, there is a discount if it's paid within 11 days.

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- Petersfield Store
- Clandeboyne Store
- Smoke n' Fish (Selkirk)
- Big Dollar (Selkirk)
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- Selkirk Record (Selkirk)
- Lockport Grocery
- Wavers (Scatterbury)
- Sherwood Groceries (Gull Lake/Stead)

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# Master barber brings modern twist to local shop

By Lindsey Enns

Those living in Selkirk no longer have to leave the city for an old school barbershop experience.

Angela Bercier has recently taken over Midtown Barbershop from former owner Glenn Bannish and is using her expertise to offer some new services.

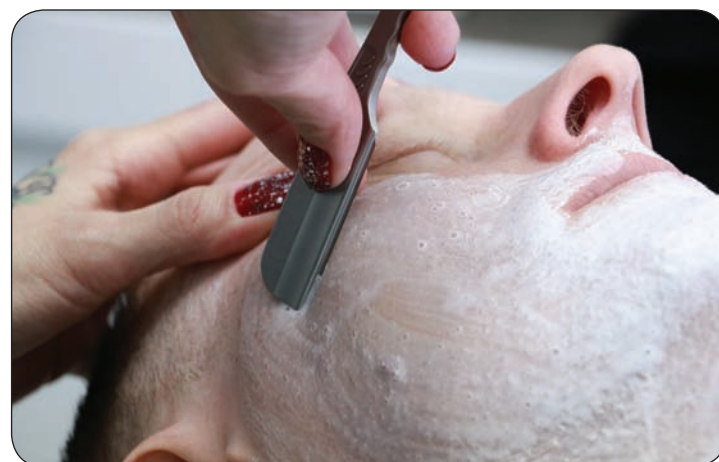
The full service men's barbershop, which reopened late last month, is now offering straight razor shaves, which Bercier recommends every man try at least once.

"It's a nice treat and the hot towels are very relaxing," Bercier said while standing inside her barbershop located at 226A Manitoba Avenue last Friday morning. "It's definitely something that's not rushed, you need to have some time to sit in the chair and relax."

She added on average a straight razor shave takes about half an hour to 45 minutes to complete depending on the type of facial hair.

"It's really nice ... nothing's closer than that," said Bercier's husband Steve Ward who often helps out at the shop when he can. "You get four or five hot towels ... it's really relaxing."

After owning the barbershop for more than 30 years, Bercier said Ban-



RECORD PHOTOS BY LINDSEY ENNS

ABOVE LEFT: Angela Bercier, pictured above, has recently taken over Midtown Barbershop from former owner Glenn Bannish and is using her expertise to offer modern hair cuts and straight razor shaves. ABOVE RIGHT: Bercier gives her husband Steve Ward a straight razor shave inside her barbershop located along Manitoba Avenue in Selkirk last Friday.

nish had become a fixture in Selkirk and had a large and devoted clientele.

"People enjoyed chatting with Glenn and getting the latest gossip," she said. "I also enjoy a nice chat but ultimately my goal is a clean, prompt haircut."

Bercier said she's excited about bringing modern barbering to Selkirk.

"It's not your typical old man barbershop, I do offer modern styles and I love doing fades as well as clean, traditional cuts."

Bercier took hairstyling at the Comp

and has been cutting hair ever since.

After getting some work experience at Cloud Nine in Selkirk, she then left to teach barbering in Winnipeg. She then realized her true passion was cutting hair and decided to return to barbering.

Now a master barber with nearly 27 years of experience, Bercier said she's excited to be back in Selkirk.

"I'm looking forward to reconnecting with former clients and seeing more of my family now that live in the

area," she said, adding she likes that every hair cut is a new challenge. "It's never the same thing over and over again."

Midtown Barbershop is open from 10:30 a.m. to 5:30 p.m. Monday to Friday and from 9:30 a.m. to 4:30 p.m. on Saturdays.

They are currently accepting walk-ins and can be reached by calling 204-800-0567.

## Comp set to host Interlake Career Expo on Feb. 22

By Lindsey Enns

The Comp will host this year's Interlake Career Expo in an effort to connect more youth with career opportunities.

But Carla Mroz, one of the organizers behind the event and a career and dual credit co-ordinator at the Comp, says the expo is open to everybody.

"Along with the students in the community, we'd like to see members of the community that are looking for

"THERE WILL BE SOMETHING FOR EVERYBODY."

careers or are still unsure of what they want to do," Mroz said.

This year's Interlake Career Expo will take place on Wednesday, Feb. 22

from 9:30 a.m. to 3:30 p.m. at the high school located at 221 Mercy St. The expo will feature a wide range of vendors, interactive displays, speakers and career sessions.

Among the 26 confirmed vendors is Assiniboine Community College, Brokenhead Ojibway Nation, Manitoba Corrections, RCMP Recruiting, Sunova Credit Union as well as the Manitoba Construction Sector Council to name a few.

Mroz added there will also be opportunities for students looking to enroll at a university or college to learn more about student aid.

"There will be something for every-

body," she said, adding organizers are hoping for a better turnout this year compared to past years.

This year's expo is being put on with help from representatives from Options Employment for Youth, the Selkirk Community Renewal Corporation, the Selkirk Friendship Centre and the *Selkirk Record*.

Those wanting to share their expo experience on Twitter or Facebook are being asked to use the hashtag "#ICE2017."

Students will also be marking Pink Shirt Day, an anti-bullying awareness campaign, by wearing and selling pink T-shirts at the expo.

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# City urges pet owners to license their dogs

By Dave Baxter

Selkirk's director of protective services says if there are dog owners in the city who don't have their dogs licensed, they should come forward and licence those animals.

David Thorne said he has been putting notices up on the city's social media sites recently reminding residents that all dogs in the city should be licensed and dog owners can be fined if they have unlicensed dogs.

"We're trying to be proactive with the communication of this, and let dog owners know that dog licensing is free," Thorne said. "All we ask for is a vaccination."

Thorne said the main benefit of licensing your pet is that it ensures dogs in the city are properly vaccinated.

"The main thing is really the vaccination to make sure your dog is protected and that all the dogs in the city

are protected from the various diseases that are out there," he said. "That is the biggest thing for sure."

Thorne said about 200 dog licences are given out each year in Selkirk, but others still choose not to licence their dogs despite it being a free service.

Thorne said he could not predict how many dog owners in the city don't have licensed dogs, but said the fine if the city discovers an unlicensed dog is approximately \$50 per dog.

"They will face a fine," he said.

Thorne said dog licences are available at any veterinary office in the city or at the city's municipal offices located at 200 Eaton Ave.

"When they go get vaccinations those vets have the licenses available as well," Thorne said. "It's free and it's really easy to do."

For more information about dog licensing in Selkirk, call the city at 204-785-4900.

## Six more weeks of winter



PHOTO COURTESY OF OAK HAMMOCK MARSH

Manitoba Merv, Oak Hammock Marsh Interpretive Centre's official rodent forecaster, officially made his Groundhog Day prediction last Thursday morning. Merv saw his shadow, which means Manitobans will have to face another six weeks of winter. Along with Ground Hog Day, Oak Hammock Marsh also celebrated World Wetlands Day by hosting various activities throughout the day last Thursday.

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Selkirk Record

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# Tricks of the trade

## Winnipeg Beach woman encourages students to explore their career options

By Lindsey Enns

Visits to a Selkirk auto body shop are helping shape Amanda Clarke's career path.

Last year the Winnipeg Beach resident started visiting her brother at The Heavys along Dufferin Avenue.

She then found herself helping out around the shop and now she's repairing semi trucks and cars while learning the tricks of the trade at the local auto body repair shop as part of her work experience through Red River College (RRC).

"For seven months I came here everyday to visit my brother, I started working and working and fell in love with it and decided this is what I want to do for a living," Clarke said with a smile. "I like taking something that's broken and putting it back to it's original form."

The 22-year-old is now studying auto collision refurbishing at RRC with a little help from The Heavys owner Travis Kutcher and Kutcher's wife Debby

who owns the adjoining Selkirk Fibre Glass and Plastic Repairs.

Debby said there aren't many women interested in fibre glass and plastic repairs and she'd like to see that change.

"I don't see any women in it and it's an industry women should get into," she said. "It's a very untouched market ... and I'd love to pass that trade on to other people."

Debby said she's been working in the industry for about five years while Trevor has more than 25 years of experience.

"It's really good for the women to get into it," Trevor said. "They make way better painters."

Debby said when it comes to heavy truck collision repair, it's rare to see a woman walking around the shop.

"It's very rare so it's nice to see that (Amanda) is interested even in the big trucks," Debby said.

Debby added her and her husband hope to be able to teach more stu-



RECORD PHOTO BY LINDSEY ENNS

Debby Kutcher of Selkirk Fibre Glass and Plastic Repairs, pictured left, shows Amanda Clarke of Winnipeg Beach how to powder coat a rim at the Kutcher's auto body shop in Selkirk last Friday afternoon. Clarke is currently studying auto collision refurbishing at Red River College.

dents about their trades in the future.

"Or even just bring them through here to see what a small auto body shop does," she said, adding fibre glass and plastic repairs "is an industry that hasn't really been tapped into."

Clarke said there aren't many girls

interested in going into the trades but she thinks that's starting to change.

She encourages everyone to explore their career options.

"Don't let anybody tell you you can't do it because you are a woman, just do it," she said. "If you like doing it do it."

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# Gimli Ice Festival to pay homage to Canada's 150th

## Cooley's Ice Park set to open on Feb. 19

By Patricia Barrett

Organizers of the sixth annual Gimli Ice Festival have completed the construction of the kids skating rink that will form part of Cooley's Ice Park.

And festival co-chairs Susan and Peter Holfeuer are preparing for the official launch of their mascot's ice park near the harbour on Sunday, Feb. 19.

This year's park and two-day festival (March 4-5) will pay homage to Canada's 150th birthday.

"I'm super excited to be able to celebrate Canada's 150th," said Susan. "I've already had the opportunity to celebrate Canada's 100th in 1967. I get to celebrate [this] at an age I'll remember."

Peter said the Canada 150 theme for this year's park and festival is a "once-in-a-lifetime experience" that will celebrate and showcase Canada's diversity.

"We take pride in the fact we're all Canadians. And living in Gimli is a wonderful thing. So we want to make sure through Cooley's Ice Park and the Gimli Ice Festival that the special events we're dedicating to Canada 150 ... (will) portray our culture, our history, our community and our heritage."

It takes about 120-plus volunteers to make the ice festival possible.

"We have the best volunteers," said Susan, who is a member of the Kiwanis Club of Gimli. "They're incredible, considering the time of year and ... the inclement weather; they're there. We're incredibly blessed to have these volunteers."

Volunteers, including Kiwanis members, put the finishing touches on the rink at the end of December.

K.C. Enterprises Building Supplies chipped in by offering discounts on the rink's plastic liner, as well as on the wood forms for the soon-to-be-built snow sculptures.

"We get all the wood supplies from them to build the snow sculpture wood forms," said Peter, "and this year – the liner for the skating rink. We had a budget for it, and they were able to meet our budget. They gave us a big discount ... to show their support for not only Cooley's Ice Park, but for the Gimli Ice Festival."

Last year's snow sculptures paid homage to Lake Winnipeg fishers and Icelandic culture. This year they'll depict local and national scenes. Stonewall artist and snow sculptor Ralph Tanchak is scheduled to start whitening away.



RECORD PHOTO BY PATRICIA BARRETT

Gimli Ice Festival co-chairs Peter and Susan Holfeuer are getting ready to celebrate Canada's history and culture with special festival events to mark the country's 150th birthday during the Gimli Ice Festival.

"The snow sculptures basically have four themes," said Peter. "One is going to be celebrating our history, another our heritage, another one our culture, and another our community."

The couple, who have organized the festival since its inception, are keeping the details under wraps. But once Tanchak climbs his ladder and takes up his snow chisel, the secret will be out.

The Holfeuers will be supplying Tanchak with a tool box (i.e., an extra block of snow) so that he can, if necessary, graft parts onto any sculpture that degrades or gets damaged by naughty people ignoring the "no-climbing" signs.

Over the course of the winter, festival volunteers will be performing routine maintenance in the park.

The grand opening of Cooley's Ice Park gets underway Sunday, Feb. 19. It will start with a Canada 150 parade down Centre

Street at 1 p.m., and organizers and dignitaries will gather near the harbour at 1:45 p.m. for a ribbon-cutting ceremony.

The Lake Winnipeg Visitor Centre at the harbour will be open for much of the Louis Riel long weekend so that visitors can warm up, enjoy a hot drink and wander through the museum dedicated to the region's fishery.

The ice park is free to all visitors.

The festival itself in March will see

the return of popular events such as Viking combat demonstrations, the frozen fish toss and car racing on Lake Winnipeg. But it will also include seven events dedicated to Canada's birthday.

A canoe race on ice, somewhat akin to Quebec's 17th-century canoe ice-crossings of the St. Lawrence River, is set to be one of the highlights of the weekend.

"We'll create runways (in the harbour)," said Peter. "The canoe sits on top of the ice and there will be one or two people in the canoe and two people pushing."

The object is to push the canoe a certain distance as quickly as possible.

"We brainstormed for a couple of hours, trying to figure out how to make it work," said Susan. "It's totally doable. We're going to have two teams (at a time) and we'll do heats."

She said the festival will also be offering a Canada 150 mini-snow sculpting competition.

It cost about \$12,000 last year to build Cooley's Ice Park, said Peter. The budget this year is about \$9,000 and approximately 15 per cent of that came from grants.

The Westshore Community Foundation, the municipality, the Kiwanis Club, and businesses such as K.C. Enterprises, Noventis Credit Union, the Lakeview Resort, Future Mechanical Systems and Shachtay Sales and Service are sponsoring various aspects of Cooley's Ice Park and the festival.

The festival runs March 4 and 5. A \$5 event pass provides access to all the festivities, a perogy and sausage sampler, hot chocolate, bannock and tea and other treats.

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# Your FARM



## Updating the public's image of modern agriculture

By Harry Siemens

Speaking at the Manitoba Swine Seminar in Winnipeg last week Dr. Frank Mitloehner, a professor and air quality specialist with the Department of Animal Science at the University of California, Davis says the persistent red barn image of agriculture is misleading the public and needs dispelling if modern agriculture is to be free to meet the challenge of feeding the world.

In only 40 years, the world's population has doubled and it's on pace to increase by another 50 per cent in the next four decades.

Mitloehner says to feed that growing population, agriculture must become and be allowed to become as efficient as possible.

"I think we are on the right track with respect to how we produce livestock today, but we're not on the right track on how we communicate as to how we do it and why," he says. "One of the stories that you hear out there

is that in the 1950s and 1960s we had a much better agricultural production then. Everything was greener and therefore less environmentally harmful. The opposite is true."

Mitloehner says farmers then needed three to four times more animals to produce the same amount of food under conditions that were not welfare enhancing.

"We had to tie animals onto equipment. We had to hand milk or hand raise animals. We had to, or we did put manure straight into the next stream to get rid of it. All of these things are unthinkable today," he says. "We are a much more sustainable animal agriculture today than we were in the 1950s and 1960s, but this red barn idyllic picture is in the heads of people. They think that's what they want, but I don't think they know what that entails."

Mitloehner says the animal agriculture field needs to step out of their cave and really engage with the public

who increasingly often want to know how farmers produce animal protein and why. He stresses they need to be proud of their story and to share it others if they want to stay in business.

### MORE EFFICIENCIES NEEDED

At the same conference, Dr. Candido Pomar, a research scientist with Agriculture and Agri-Food Canada, says that as the human demand for protein grows, it will become increasingly important for livestock producers to make more efficient use of the nutrients fed to livestock.

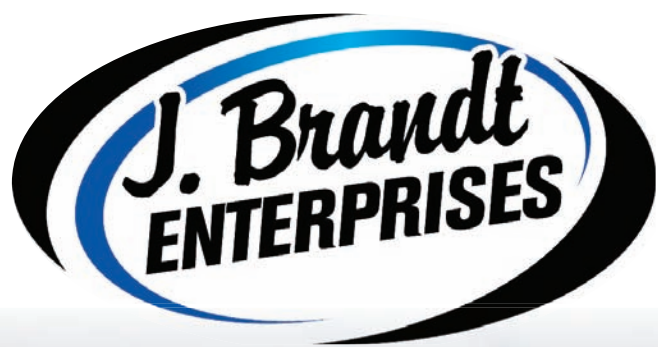
As part of research being conducted in partnership with Swine Innovation Porc, scientists are developing precision feeding strategies designed to provide each pig with the exact amount of nutrients necessary to optimize growth.

Pomar says by tailoring rations to meet the specific nutritional needs of each pig, farmers will be able to reduce the total amount of nutrients

provided to the herd by about 25 per cent.

"We are expecting, in the coming years, that we are going to be competing with human nutrition because the human population is growing more and more and also meat consumption is growing, particularly driven by China," he says. "China's consumption per capita is increasing very fast so it is not going to be too long that available protein has to be used for humans and animals so improving the efficiency is an essential element because otherwise we are going to be in competition with human nutrition and we can not be there."

By tailoring the nutritional content of rations to provide each pig with exactly what it needs to maximize growth, farmers will be able to cut production costs while also reducing the amount of nutrients excreted into the environment, says Pomar.



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# get inspired

> MEAL IDEAS

## Cajun garlic chicken thighs

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4 servings / 1 hr  
Prep 10 min / Cook 50 min

This is definitely a "slow-simmered" skillet of comfort! Tender pieces of chicken are smothered in a rich, brown, garlicky onion sauce. You'll want to double this recipe and keep some in the freezer to pull out after one of those hectic days.

### Ingredients

- 1 1/2 tbsp (22 mL) canola oil, divided
- 4 skinned chicken thighs with bone in, trimmed of fat
- 1 cup (250 mL) diced onions
- 12 medium garlic cloves, peeled only
- 2 tbsp (25 mL) all-purpose flour
- 1 cup (250 mL) reduced sodium chicken broth
- 1/2 tsp (2 mL) dried thyme leaves
- 1/4 tsp (1 mL) black pepper

### Directions

In a large skillet heat 1 tbsp (15 mL) canola oil and heat over medium-high heat. Add chicken and brown for 3 minutes on each side. Set aside on separate plate.

Reduce heat to medium and add remaining 1/2 tbsp (7 mL) canola oil, onions and garlic and cook for 3 minutes or until onions are translucent, stirring frequently. Set aside with chicken.

Stir flour into pan residue in skillet and cook 2 minutes over medium heat or until beginning to lightly brown, stirring constantly. Stir in broth, thyme and pepper. Add chicken, onions and any accumulated juices. Bring to a boil over medium-high heat. Reduce heat to medium-low, cover and simmer for 30 minutes or until chicken is almost tender.

Place chicken to one side of skillet, add and mash garlic cloves with back of a spoon. Combine chicken and garlic and turn chicken pieces over several times or until well coated. Cover and cook 5-7 minutes or until chicken is tender.

## Pan Roasted Maple Dijon Chicken with Butternut Squash and Brussels Sprouts



Servings: 4

- 1 tablespoon olive oil
- 4 chicken thighs
- 4 chicken drumsticks
- 3/4 teaspoon kosher salt
- 1/2 teaspoon freshly ground pepper
- 1 tablespoon unsalted butter
- 16 Brussels sprouts (about 8 ounces), bottom trimmed, outer leaves removed and halved
- 2 cups diced (1/2 inch) butternut squash
- 1 1/2 cups chicken stock
- 2 tablespoons maple syrup
- 2 teaspoons Dijon mustard

In saute pan large enough to hold chicken in single layer, heat olive oil over medium-high heat. Season chicken with salt and pepper. Add

chicken to pan, skin side down, and saute about 4-5 minutes per side, or until chicken is browned.

Remove chicken from pan and reserve. In same pan, add butter. Allow butter to melt over medium heat. Add sprouts and squash to pan and saute, tossing occasionally, until outsides are golden brown, about 3-4 minutes. Remove from pan and hold separately from chicken.

Turn heat to high and add stock, syrup and mustard. Stir and bring to boil, stirring to scrape up brown bits on bottom of pan. Add chicken back to pan, cover and reduce heat to medium-low. Cook over medium-low heat 20-25 minutes, or until chicken registers 170 F with instant read thermometer.

Add vegetables back to pan, cover again and cook another 8-10 minutes until vegetables are tender. Move chicken and vegetables to serving platter, placing vegetables around chicken. Turn heat to high and boil sauce until it is reduced and slightly thickened, about 2-3 minutes.

Spoon sauce over chicken and serve.

## Mixed Berry Shortcakes

Recipe courtesy of Nestlé

- 2 pounds fresh strawberries, sliced (about 6 cups total)
- 2 containers (6 ounces each) fresh blueberries (about 2 1/2 cups total)
- 7 tablespoons granulated sugar, divided
- nonstick cooking spray
- 2 cups all-purpose flour
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/4 cup cold unsalted butter, cut into pieces
- 2/3 cup lowfat milk
- 1/4 cup lowfat Greek yogurt or sour cream
- sparkling sugar (optional)
- 3 cups light Vanilla Dreyer's or Edy's Slow Churned Light Ice Cream

In large bowl, combine strawberries, blueberries and 3 tablespoons granulated sugar; stir gently. Let stand, stirring occasionally, for 30 minutes.

Heat oven to 425 F. Spray baking sheet with nonstick cooking spray.

In large bowl, whisk flour, remaining granulated sugar, baking powder and salt; cut in butter with pastry blender or two knives until mixture resembles coarse crumbs. Add milk and yogurt; stir just until moist dough forms.

Turn dough onto floured work surface. With floured hands, knead 6-8 times until dough is smooth. With rolling pin, roll dough into 9-by-6-inch rectangle, or about 1/2-inch thick. Cut into six 2 1/2-inch circles. Transfer to prepared baking sheet. Sprinkle with sparkling sugar.

Bake 10-12 minutes, or just until golden. Transfer biscuits to individual plates; split open. Top each with about 1 cup berry mixture and 1/2 cup vanilla ice cream.



## Festive Papas Tapas

Prep time: 10 minutes  
Cook time: 20 minutes  
Servings: 6

- 2-4 medium Wisconsin russet or gold potatoes
- 2 tablespoons olive oil
- 1/4 teaspoon pepper
- 1/2 teaspoon sea salt

Heat grill or oven to 400 F. Thinly slice potatoes lengthwise to 1/4-inch thick, discarding ends.

Toss with olive oil, salt and pepper. Place on grill or prepared baking sheet in single layer. Cook 10 minutes on each side. Add toppings.

### Topping Ideas

Bruschetta: In bowl, mix together 2 medium tomatoes diced, 1/4 cup chopped fresh basil leaves, 2 cloves minced garlic and 1 tablespoon olive oil and spoon on top of potatoes.

Baked Potato: In bowl, mix together 1/2 cup plain nonfat Greek yogurt, 1/4 cup shredded reduced-fat cheddar cheese, 2 tablespoons fresh chives, chopped, and spoon on top of potatoes. Garnish with 1 tablespoon chives.

Mediterranean: In bowl, mix together 1 container (6 ounces) feta cheese; 1 can (2 1/4 ounces) sliced olives, drained; 1 medium tomato diced; salt and pepper, to taste; and spoon on top of potatoes.

Creamy Greek Yogurt with Lemon and Herbs: In bowl, mix together 1/2 cup plain nonfat Greek yogurt;

2 tablespoons chopped fresh dill; juice from 1/2 lemon; salt and pepper, to taste; and spoon on top of potatoes. Garnish with dill sprigs.



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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Steelers' Taylor named MJHL defenceman of the month

### Staff

Selkirk Steelers' blueliner Taylor Fisher was selected as the Sher-Wood-MJHL Defenceman of the Month, the league announced last week.

Fisher, 20, was steady on the blue-line for the Steelers while producing 10 points (five goals, five assists) in 10 games.

The runners up for the award were the Steinbach Pistons' Tyler Anderson and the Winkler Flyers' Tyler Jubenvill.

The RBC Player of the Month for January, meanwhile, was OCN Blizzard forward George King.

King, 18, exploded on the score sheet with 17 points (11 goals, six assists) in 12 games, earning him RBC Player of the Month honours. The high-scoring forward had three multi-point games, highlighted by a five-point performance in one game.

King, a Calgary native, was also selected a first star twice last month in addition to a second-star selection. He was second in team scoring with 27 goals and 37 points - six goals coming via the power play - heading into

last week's action.

The runners up for the award were Selkirk forward Nathan Halvorsen and Steinbach Pistons' forward Bradley Schoonbaert.

MGEU-MJHL Goaltender of the Month

With eight wins in January, Steinbach's Roman Bengert was named the MGEU Goaltender of the Month.

Bengert, 20, posted an outstanding 1.99 goals-against average and .939 save percentage in nine games. His stellar play also resulted in him being a named a game star on five occasions.

Bengert leads all MJHL goaltenders with 28 wins and five shutouts. He's committed to play for Lake Superior State next season.

The runners up for the award were OCN's Brett Epp and Dauphin's Brandon Holtby.

IBAM-MJHL Rookie of the Month

With 14 points last month, Steinbach forward Will Koop was named the IBAM Rookie of the Month.

Koop, 18, scored six goals in 12 games in January, highlighted by four multi-



Nathan Halvorsen



Taylor Fisher

point games.

Currently, the Winnipeg product sits third in Pistons' scoring with 40 points in 41 games.

The runners were Portage Terriers' defenceman Layne Toder and Virden Oil Capitals' defenceman Marco Creta.

Manitoba Pork Peak Performer of the Month

The Manitoba Pork Peak Performer of the Month was Levi Cudmore of

the Winnipeg Blues.

Cudmore, who hails from Park River, N.D., has been leading the Blues - both on and off the ice - this season. He has been very involved in book-reading programs aimed at local schools in Winnipeg.

Cudmore, 19, also spends time helping grow the game of hockey by volunteering at numerous practices with local minor hockey teams in Winnipeg.

## Royals reach final of varsity boys' home tournament

### By Brian Bowman

The Selkirk Royals had a pair of outstanding efforts to reach the final of their home tournament last weekend.

But, unfortunately, the final did not go the way they would have hoped.

Selkirk was defeated 90-38 by the Shaftesbury Titans in the championship game of their six-team tournament Saturday evening. The Royals hung with the Titans for a quarter but it was all Shaftesbury after that, especially in the second half.

"Getting to the final was exceptional," said Royals' head coach Dean Goodbrandson. "Beating West Kildonan and Steinbach, both Tier 1 teams, back-to-back in one night was really, really good."

"They were our two best wins of the season."

Selkirk started the tournament with an exciting 89-83 overtime win over West Kildonan. After a one-game break, the Royals rolled past Steinbach 71-65.

Selkirk trailed early in its game against West Kildonan but rode the outstanding play of Owen Schwartz for the comeback win. The talented senior scored 39 points and added an amazing 27 rebounds.

Alex Unrau also had a strong game for Selkirk, finishing with 21 points while Brandon Monkman added 19.

Monkman added 27 points in the win over Steinbach while Josh McDonald chipped in nicely with 16 points off the bench. Fifteen of those

points came from three-point land.

"That was a big lift," Goodbrandson stressed. (Three-point shooting) is something that (Josh) can offer - and he came through."

Schwartz added 13 points.

Selkirk played Murdoch MacKay on Monday evening in KPAC Tier 2 play but no score was available at press time. The Royals will then head west this weekend for a tournament in Portage la Prairie.



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# Steelers sweep weekend home games

By Brian Bowman

While the Selkirk Steelers were making headlines off the ice with their rumoured move to Beausejour next season, the hockey club did a pretty good job on the ice last weekend.

Selkirk won both of their weekend games, whipping the Virden Oil Capitals 6-0 Friday and then edging the Portage Terriers 3-2 in overtime on Saturday.

"It was a really big weekend for our group," said Steelers' head coach Dustin Hughes. "It was a big weekend after coming off a little bit of a slide. We played some good competition and I thought the guys had a good weekend."

In the win over Portage, Jake Dudar scored the game winner in OT. Portage had tied the score at 2-2 with third-period goals from Ryan Hendrix and Chase Brakel.

"It was definitely a good hockey game," Hughes said. "There were times when it was very tight checking for both teams and there were times when it kind of went back and forth. I thought both goalies were good and, at the end of the day, I thought it was a good hockey game."

Selkirk took a 1-0 first-period lead on a goal by Connor Barley and then Cole McCartan tallied in the second.

Hayden Dola made 26 saves for the win.

Dola was also in goal against Virden, making 21 saves for his fourth shutout of the season.

Taylor Fisher continued his excellent play with a pair of first-period goals and then Braden Lozinski and Ryan Gardiner made it 4-0 after 40 minutes.

Dudar and Nathan Hillis then wrapped up the game's scoring in the third. McCartan, Dudar, Carter Barley and Ryan Pruden each finished the game with two assists.

Selkirk, which was 2-for-8 on the power play, outshot Virden 34-21.

On Jan. 31, the Steelers were downed 6-4 by the Flyers in Winkler.

Winkler took a 3-0 lead by the 12:57 mark of the game before the Steelers tied the score midway in the second. That tie was short-lived, however, as Winkler quickly scored twice to grab a 5-3 advantage.

McCartan (two), Ezra Hall, and Nathan Halvorsen scored for Selkirk.

Braden Billaney (three), Mitch Dyck, Tanner Lewis and Gino Lucia replied for Winkler. Billaney's third goal went into an empty net in the game's final minute.

Selkirk, now 33-15-3 and in third place place, hosted Winkler on Tuesday but no score was available at press time.

The Steelers will be busy with three road games this weekend. Selkirk will be in Swan River tonight to play the



RECORD PHOTO BY BRETT MITCHELL

The Steelers' Nathan Hillis protects the puck as he drives to the net in Selkirk's 6-0 win against the Virden Oil Capitals last Friday.

Stampeders before hitting OCN Saturday and Dauphin on Sunday.

This weekend will be an important one for the Steelers.

"At this time of year, everyone is jock-

eying for position and we're no different than any other team," Hughes said. "Every game you have now will have a big impact on where you finish in the standings."

# Royals crowned by Lancers in WWHSHL play

By Brian Bowman

The Selkirk Royals gave up four second-period goals in a 6-3 loss to the Dakota Lancers in Winnipeg Women's High School Hockey League action Monday in East Selkirk.

After a scoreless opening period, Dakota received a pair of second-period goals from both Sonya Neale and Morgan Sloan. Both of Sloan's goals came via the power play.

Jazmyn-Rae Desjarlais and Livi Weremy scored to pull Selkirk to within 3-2 but Dakota's Risa Shatford answered with a goal with 3:03 left in the third.

The Royals' Kaite Seed and Sloan then traded goals late in the game. Sloan was fantastic for Dakota, finishing the game with five points.

On Feb. 2, the Royals blanked the Oak Park Raiders 1-0 at Eric Coy Arena.

Desjarlais scored the game winner while the Royals were shorthanded in the third period. Cienna Palmer and Kyra De La Ronde drew the assists.

Selkirk, now tied with Vincent Massey for second place, each with 28 points, wrapped up its WWHSHL regular season yesterday with a home game against the Shaftesbury Titans.

The WWHSHL playoff schedule had not been released at press time.

In boys' action, Selkirk blanked Oak Park 1-0 last Friday in Winnipeg. Cole Wasnie scored the game winner in the third period, assisted by Reece Tessier and Tristen Ostrowski.

Austin DeBoer posted the shutout.

The Royals hosted SJR 1 Tuesday and visited Vincent Massey on Wednesday but no scores were available at press time. The Royals will then wrap up their regular season today with a road game against St. Paul's at the MTS Iceplex. Game time is 4 p.m.

The Royals had a 13-3-0-3-0-2 record and 44 points to sit comfortably in sole possession of fourth place in the WWSHL's elite Platinum Promotions Division heading into this week's games.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Jazmyn-Rae Desjarlais, left, and Livi Weremy follow the flying puck in their defensive zone Monday against Dakota in East Selkirk. Selkirk lost the game 6-3.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Curl for the Cure supporters pack Selkirk Curling Club

2nd annual event raises over \$11K for the Canadian Cancer Society

By Lindsey Enns

The Selkirk Curling Club was buzzing with activity over the weekend while it hosted the second annual Curl for the Cure.

Shayne Merritt, the organizer behind the event, said 24 teams took part in the second annual open curling bonspiel last Saturday and at times the club was almost at capacity.

"It was packed," Merritt said. "I've never seen the club so packed before."

The dozens of community and area members that came out to support the event helped raise more than \$11,600 for the Canadian Cancer Society, surpassing Merritt's original goal of \$10,000.

"It was amazing," he said. "It was unbelievable. I was never expecting to reach that much."

The event also featured a silent auction and 50/50 draw.



RECORD PHOTOS BY LINDSEY ENNS

LEFT: Karl Hasse, pictured left, and Curl for the Cure organizer Shayne Merritt, pictured right, take a break in between games during the second annual event at the Selkirk Curling Club last Saturday afternoon. This year's Curl for the Cure raised more than \$11,600 for the Canadian Cancer Society. RIGHT: Curlers fill the Selkirk Curling Club last Saturday during Curl for the Cure.

Merritt said the money raised will go towards the research the cancer society does and some of the services they provide for cancer patients.

Merritt, an avid curler, decided to put on the event as a project for his global issues class at the Comp last year.

He added in many ways he has been

personally touched by cancer and has watched those close to him fight the disease.

Now that he's in university, Merritt said he wants to continue ensuring the event stays alive and is already making plans for next year.

Merritt said the amount of support he's received from the community has

been "unbelievable."

"When I started this project last year I never expected to get as much support as I have received from everyone," he said, adding several people during the event were already looking forward to signing up for next year. "Everyone was having a great time, it was truly amazing."

## Gophers fight back to defeat Royals

By Brian Bowman

There are some tough losses and some really, really tough losses.

The Selkirk Royals varsity girls' basketball team definitely suffered the latter in a 50-47 home loss Monday evening to the Garden City Fighting Gophers.

Selkirk let a 15-point lead slip away with five minutes to play in a very frustrating KPAC Tier 1 loss.

"It was fairly evenly matched for the majority of the game," said Royals' head coach Sue Gilmour. "And it was really good basketball both ways. They made some nice plays and we made some nice plays. They missed some shots and we missed some shots."

"It was back and forth the entire game."

Garden City's press gave Selkirk fits down the stretch, causing several key turnovers. The Royals turned the ball over just 11 times in the first half but finished the game with a whopping 34 turnovers.

"We stopped executing and we were not finishing," Gilmour said. "We got smothered by Garden City...and we didn't take care of the ball."

But it was Garden City that looked like a smothered team for most of the game. Selkirk was fully deserving of its 15-point lead and a win over Garden City would have been huge for the Royals' program.

It's been several years since any Royals girls' basketball team has defeated Garden City. Twenty-point losses have kind of become the norm for Selkirk against the Fighting Gophers.

"This was a hard (loss) to swallow," Gilmour said. "But the last time we have beaten a Garden City team at the varsity or JV level was 2013. "We had them and some of our inexperience showed. We kind of panicked and we weren't necessarily use to that style of basketball."

Maegan Balagus played well, coming off the bench to lead Selkirk with 12 points while Jillian Tompkins had 11. Annika Loeppky chipped in with nine points.

The Royals, now 1-4 in league play, visited Kildonan East last night but no score was available. Selkirk will then head west today for a Brandon tournament that will wrap up Saturday.

Next Wednesday, Selkirk will host Kildonan East before playing in a Miles Mac tournament later in the week.

"It is an extremely important (two weeks)," Gilmour stressed. "We get a crack at some of the top-10 teams, and we've beaten a couple of them, but we need to be more consistent."

"We also need to see if we can get another top-10 win if we want a chance for a look at provincials."



# Sport Manitoba reduces its regional boundaries from seven to five

## Submitted by Sport Manitoba

To provide the best services possible to Manitobans, Sport Manitoba has restructured the provincial regional zones it recognizes and their boundaries.

The previous seven regions (Norman, Parkland, Interlake, Eastman, Westman, Central and Winnipeg) are now divided into five regions (North, East, South, West and Winnipeg).

In a continued effort to lead and support participation and achievement in sport by all Manitobans, Sport Manitoba began an extensive review back in early 2014 of sport programs and services in rural Manitoba. A crucial component of the review was information from key community stakeholders throughout Manitoba's six rural regions.

Based on feedback from the review, Sport Manitoba evaluated its regional staffing structure to better meet the needs of regional sport development. It was clear that more direct programming for coaches and athletes was the biggest area of support review participants suggested.

"We executed a significant review of the services and programs we were delivering in rural Manitoba," said Laurel Read, Sport Manitoba's Interim CEO. "Given the results of our rural review, we reorganized our staffing structure in 2014.

"Based on the rural review, Sport Manitoba created new regional positions called Coach & Athlete Development Coordinators," she continued.

"Sport Manitoba restructured regional boundaries to allow for the addition of new regional staff servicing athletes and coaches specifically. This led to the creation of new regional boundaries which are now being implemented."

The new regions recognized by Sport Manitoba are divided as follows:

### East Region

Shannon Schade, Regional Sport Development Officer

Coach & Athlete Development Coordinator - position posted

The East Region is now defined as the former Interlake region and part of the former Eastman region that is

north of Highway 1.

### West Region

Megan Foster, Regional Sport Development Officer

Brittany Bruinooge, Coach and Athlete Development Officer

The West Region amalgamates the Westman and Parkland regions with the following amendments:

- Westlake-Gladstone and Glenella-Lansdowne has been removed from the Central Region and added to the new West Region.

- Argyle has been removed from Westman and added to the South Region.

### South Region

Leanne Traynor, Regional Sport Development Officer

Jacqueline Mazur, Coach and Athlete Development Coordinator

The South Region assumes the Central Region boundaries with the following amendments:

- Westlake-Gladstone and Glenella-Lansdowne has been removed from our old Central boundary and

added to new West Region.

- South gains the section of Eastman south of the Highway 1, extending to the Ontario border.

- Argyle has been removed from Westman and added to the South.

### North Region

Iris Murray, Regional Sport Development Officer

Coach & Athlete Development Coordinator - position hired next fiscal year

The North Region assumes the previous Norman regional boundaries; 53rd parallel and north (no boundary changes).

### Winnipeg Region

Amanda Daurie, Regional Sport Development Officer

The Winnipeg Region remains the same as the previous Winnipeg regional boundaries (No boundary changes, city of Winnipeg limits, not Perimeter Highway).

# Fishermen shot down by North Winnipeg Satelites

## By Brian Bowman

It's rare that the Selkirk Fishermen would have a clunker on the road this season.

It's also very rare that they would give up nine goals in a hockey game.

But that's what happened Jan. 31 in Selkirk's surprising 9-3 road loss to the North Winnipeg Satelites.

"When you don't perform, other teams are able to take advantage of things that you really should have taken care of," said Fishermen head coach Chris Poponick. "They exposed us in every way possible."

North Winnipeg trailed 2-1 midway in the first period but then scored six of the next seven goals to lead 7-3 after 40 minutes. It was a rare mid-game meltdown by Selkirk.

"That is one of the first times that the entire team was flat," Poponick said. "We really couldn't generate any-

thing and call it a combination of our inability that evening and North Winnipeg's play.

"But they rose to the occasion and were the better team that night in a big way."

Bronson Kelly, Coel Forsyth (on the power play) and Auzzie Loewen scored for Selkirk. Harley Hoydalo had two assists.

Sam Batt (three), Nico Lisi (three), Braden Zamrykut (two) and Glen Paupanekis scored for North Winnipeg.

After a lengthy layoff between games, Selkirk is back in action tonight (8 p.m.) when it travels to St. Malo to play the Warriors in a key matchup. The Fishermen will host Arborg on Saturday (7:30 p.m.) and then will visit the Fisher River Hawks Sunday (2:30 p.m.).

These three upcoming games are huge for Selkirk.

"I told our guys we have to win out because we want to finish first overall," Poponick said. "That means there's no room for error. I think the spirits are high and I'm looking forward to the

weekend."

After the weekend games, Selkirk will visit St. Malo again on Feb. 17 and then will host North Winnipeg on Feb. 19 to end its regular season.

## Manitoba Hockey Standings

MANITOBA JUNIOR HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Steinbach Pistons	48	40	7	1	81	209	95
Winkler Flyers	50	35	12	3	73	185	123
Selkirk Steelers	51	33	15	3	69	181	152
OCN Blizzard	50	32	15	3	67	165	134
Portage Terriers	49	31	15	3	65	205	155
Winnipeg Blues	50	24	21	5	53	172	171
Virtden Oil Capitals	50	21	22	7	49	133	165
Swan Valley Stampeters	48	17	28	3	37	135	191
Dauphin Kings	50	14	31	5	33	118	185
Neepawa Natives	47	12	30	5	29	124	191
Waywayseacappo Wolverines	47	11	32	4	26	143	209
KEYSTONE JUNIOR HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Peguis Juniors	31	20	10	1	41	224	153
Arborg Ice Dawgs	30	20	10	0	40	180	106
Fisher River Hawks	29	8	20	1	17	163	259
South Division							
GP	W	L	OTL	PTS	GF	GA	
Selkirk Fishermen	29	21	8	0	42	167	68
St. Malo Warriors	29	21	7	1	43	211	116
North Winnipeg Satelites	29	12	16	1	25	127	145
Lundar Falcons	30	8	21	1	17	109	162
North Division							
GP	W	L	OTL	PTS	GF	GA	
OCN Storm	30	21	8	1	43	285	186
Cross Lake Islanders	30	16	13	1	33	171	163
Norway House North Stars	31	2	29	0	4	83	362
MANITOBA MAJOR JUNIOR HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Stonewall Jets	35	25	9	1	51	167	108
Charleswood Hawks	36	23	8	5	51	118	89
Pembina Valley Twisters	34	21	9	4	46	141	106
St. James Canucks	36	21	13	2	4	142	129
St. Vital Victorias	36	18	13	5	41	142	145
Raiders Jr. Hockey Club	35	18	13	4	40	147	105
Ft. Garry/Ft. Rouge Twins	36	16	16	4	36	136	148
St. Boniface Riels	36	15	16	5	35	130	145
Transcona Railer Express	36	16	19	1	33	120	140
River East Royal Knights	36	5	31	0	10	89	217
MANITOBA AAA MIDGET HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Wild	39	31	5	0	65	206	76
Yellowhead	39	26	5	2	60	175	107
Thrashers	39	24	11	1	52	176	101
Brandon	39	25	12	1	52	160	112
Pembina Valley	39	25	13	0	51	154	116
Central Plains	40	22	15	2	47	157	142
Eastman	39	23	13	2	49	137	105
Kenora	40	14	22	0	32	111	180

Southwest	39	15	21	2	33	112	156
Parkland	38	13	21	1	30	126	176
Interlake	39	9	27	0	21	100	193
Norman	40	7	32	0	15	105	255
AAA CITY MIDGET HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Winnipeg Monarchs	30	26	4	0	52	182	96
Winnipeg Sharks	30	22	8	0	44	139	89
Winnipeg Warriors	31	18	11	1	38	158	127
Winnipeg Hawks	32	12	17	3	29	120	130
Eastman Selects	29	8	17	3	20	100	125
Interlake Lightning	32	4	28	0	8	76	208
AAA BANTAM HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
Winnipeg Monarchs	30	25	4	1	51	195	40
Winnipeg Hawks	28	21	4	1	45	180	80
Winnipeg Warriors	29	16	11	1	34	112	84
Eastman Selects	30	17	13	0	34	138	108
Winnipeg Sharks	29	10	17	1	22	68	112
Interlake Lightning	30	1	28	1	3	81	224
MANITOBA HIGH SCHOOL HOCKEY							
GP	W	L	OTL	PTS	GF	GA	
Platinum Promotions Division							
St. Paul's 1	21	18	2	0	56	109	29
Dakota	21	14	2	2	50	77	43
Vincent Massey	21	14	4	1	47	109	53
Lord Selkirk	20	12	3	3	41	67	44
River East	23	8	9	3	33	67	78
Kelvin	21	7	13	0	23	58	71
Sturgeon Heights	21	4	14	0	17	42	76
SJR1	22	4	18	0	12	46	110
Oak Park	22	3	19	0	9	36	107
WINNIPEG WOMEN'S HIGH SCHOOL HOCKEY LEAGUE							
GP	W	L	OTL	PTS	GF	GA	
CTV Division							
Shattisbury Titans	20	14	2	1	34	67	27
Selkirk Royals	20	10	5	1	28	53	42
Vincent Massey Trojans	20	12	5	0	28	52	31
St. Mary's Flames	21	11	7	1	26	60	47
Jeanne Sauve Olympiens	22	9	10	2	22	42	47
Dakota Lancers	20	8	10	0	20	61	57
Oak Park Raiders	22	5	16	0	11	41	89
Westwood Warriors	21	2	16	1	8	42	78
MANITOBA FEMALE MIDGET AAA HOCKEY LEAGUE							
GP	W	L	T	OTW	OTL	Pts	
Westman Wildcats	25	20	2	-	2	1	45
Winnipeg Avros	26	15	7	-	4	-	38
Yellowhead Chiefs	27	18	8	-	1	-	38
PV Hawks	26	17	6	-	1	2	38
Eastman Selects	24	8	10	-	2	4	24
Norman Wild	26	7	16	-	2	1	19
Central Plains	25	5	17	-	-	3	13
Interlake Lightning	25	-	22	-	1	2	4

STATS AS OF Sunday, Feb. 5, 2017

## Next Home Games

**Arborg Ice Dawgs**  
**Sat., Feb. 11<sup>th</sup> 7:30 pm**  
 at the Selkirk Rec Centre

**Selkirk Jr. B Fishermen Alumni Association**  
**FUNDRAISING SOCIAL**  
**Sunday Feb. 19, 2017**  
 8pm-1am Selkirk Rec Complex

in support of the Fishermen's  
 100th year 2017-2018

Tickets \$20 (includes admission to Jr. B game  
 Sun., Feb. 19/17 at 2:30pm vs. North Winnipeg Satelites)

Meet the  
 Fishermen

**#25 Dane Derewianchuk**  
 Forward



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DUE TO THE HOLIDAY MONDAY, THIS WEEK'S DEADLINE IS FRIDAY AT 4 P.M.

Call 204-785-1618



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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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NEWS TIPS? STORY IDEAS?

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take a break

> GAMES

SUDOKU

			8	3				
	6					8		2
7							6	4
			3			5	8	9
4	8						1	
								3
					9			7
				4	2	3		
	1		5	6				

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	7	6	3	9	5	7	1	2
1	3	2	4	8	7	5	6	9
7	5	9	6	2	1	4	3	8
3	2	4	8	1	9	6	7	5
9	1	7	2	5	6	3	8	4
6	8	5	7	4	3	9	2	1
4	9	3	1	6	2	8	5	7
2	6	8	5	7	4	1	9	3
5	7	1	9	3	8	2	4	6

T	P	E	K		S	O	H	T	V	B									
D	E	L	V	N	E	T	V	C	N	O	C								
E	T	R	V	E	T	I		P	I	L	I	H	P						
	S	I	D	I	V				T	S	I	M	V						
			V	O							E	S	I	A					
						W	V	H	S		W	U	L	V					
						N	P	L	H	O	N	S							
	T	V	L			D	E	L	B		I	C							
	S	H	V	O		D	I	M	T										
	E	O	A	D						B	V	T							
	L	V	L							H	O	N	E	S					
	S	I	R			E	K	A	B	S	E	O	G	A	V	S			
			A	V				D	A	T	M	S	I	H	C				
						S	E	S	I	R		S	B	O	M				

Sudoku Answer

Crossword Answer

X

CROSSWORD

CLUES ACROSS

1. Unruly groups  
5. Colorful flowers  
11. December 25  
14. Final stages of insects' development  
15. Breadmakers  
18. Spanish man  
19. In the middle  
21. Bill  
23. Noted editor Alexander  
24. Swollen  
28. Paddles  
29. Cirrus  
30. Seeped into  
32. Skeletal muscle  
33. Japanese traditional drama  
35. Licensed practical nurse  
36. Sibu Airport  
39. Rebuff  
41. Sun God  
42. Astringent  
44. Feeling of humiliation  
46. A device attached to a workbench  
47. Wood sorrel  
49. Among  
52. Horizontal passages  
56. Father of Alexander the Great  
58. Utter repeatedly  
60. Linked together  
62. Literary effect  
63. Held onto

CLUES DOWN

1. One-time phone company  
2. Units of electrical resistance  
3. Hillside  
4. Omen  
5. Repetitions  
6. Royal Mail Ship  
7. Farm state  
8. Sino-Soviet block (abbr.)  
9. Dutch cheese  
10. Japanese alcoholic beverage  
12. Black powdery substance  
13. Tokyo's former name  
16. Monetary unit  
17. Bones  
20. To avoid the risk of  
22. Dry goods unit of volume (abbr.)  
25. Megabyte  
26. Unwell  
27. Expresses disapproval of  
29. Central nervous system  
31. We all have it  
34. Expression of bafflement  
36. Tributary of the Danube  
37. Flies over sporting events  
38. Chinese city  
40. College degree  
43. Dispenser of first aid  
45. Momentum (slang)  
48. Red Sea port  
50. Sloven  
51. \_\_\_ Turner, rock singer  
53. Asian nation (alt. sp.)  
54. Manson victim  
55. Go forward  
57. Primary Care Trust  
58. Simpson trial judge  
59. Sun up in New York  
61. Exclamation of surprise



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Ultra affordable, modern homes for Manitoba starting at \$90,000 delivered. Don't overpay! 2017's available now; [www.bestbuyhousing.com](http://www.bestbuyhousing.com) Text/call 204-800-0065. Winnipeg, Brandon, Grand Beach. Canada's largest home selection!

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PrairieSky Royalty Ltd. is a publicly-traded company in Calgary that acquires oil & gas fee title and royalty interests at fair market value. To receive a cash offer, call 587-293-4055 or visit [www.prairiesky.com](http://www.prairiesky.com)/Selling-Your-Royalties

**News Tips? Story Ideas? call the Record 204-785-1618**

Classified listing booking deadline is Monday 5 p.m. prior to Thursday's publication.  
Call 204-785-1618

## SHOP LOCAL

### McSherry Auction

**Estate & Moving Sale**  
Saturday, Feb 11, 10:00 AM  
Stonewall, MB  
#12 Patterson Drive  
Yard \* Recreation \* Tools  
\* Antiques \* Crocks \* Household \*  
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(204) 467-1858 or  
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**Annual Spring Gun Auction**  
Saturday, March 25th, 9:30AM  
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Consign Your Guns & Hunting Related Items Now to Take Advantage of Our Coast to Coast Advertising!  
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## REPORTER/PHOTOGRAPHER

Are you a natural born storyteller with an eye for photography and interest in social media?

The Selkirk Record is currently seeking a full time Reporter/Photographer to join its multi-award winning weekly community newspaper with an average circulation of 16,500 copies.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories in Selkirk and surrounding areas.

The successful candidate must be able to track down breaking news and dig for original story and creative feature ideas that keep the communities we cover informed.

### Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Self-starter with the ability to exercise solid news judgement
- Active on social media and familiar with Canadian Press style
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Exceptional organizational, written and verbal skills is imperative
- Knowledge about Selkirk and its surrounding communities would be an asset

Please forward your resumé, writing and photography samples to:

Lindsey Enns

Editor, The Selkirk Record

Email: [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca)

**Deadline to apply is Friday, February 24.**

*The* **Selkirk Record**



## Rural Municipality of St. Andrews



### PUBLIC NOTICE AUDITED FINANCIAL STATEMENTS

In accordance with Section 194 of *The Municipal Act*, NOTICE is hereby given that copies of the 2015 Audited Financial Report of the Rural Municipality of St. Andrews, together with the related statements have been deposited at the office of the Municipality and are available for inspection at any time during regular office hours. They can also be viewed on our website [www.rmofstandrews.com](http://www.rmofstandrews.com).

Andrew Weremy  
Chief Administrative Officer  
R.M. of St. Andrews

## Hand in Hand

### DAYCARE

*requires a*

### Casual Substitute

**to work as needed**

Must be available Monday through Friday 7:00 am to 5:30 pm. Must enjoy working with all ages of children, be reliable, mature and able to take direction. Must have or be willing to obtain First Aid and CPR and submit to Criminal Record and Child Abuse Registry Checks. Interested parties may forward their resume to [hihdc@mymts.net](mailto:hihdc@mymts.net).

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Jefferson & Assoc.



George Hacking



Ashley Douglas

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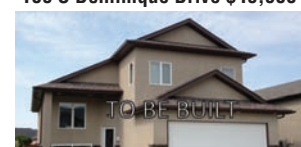
527 Christie Ave \$329,900



512 Manitoba Ave \$195,000



109 S Dominique Drive \$49,900



7 Howard Place \$365,000



104 S. Dominique Drive \$98,800

### SELKIRK



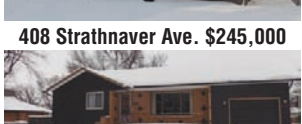
114 Oliver Avenue \$599,900



410 Pacific CUTE 2+ BR \$147,500



408 Strathnaver Ave. \$245,000



233 Manchester Ave \$244,900



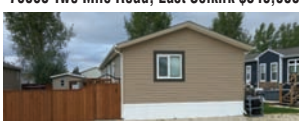
520 Moody Ave \$236,000



36058 Road 80 N  
Home & 72 Acres \$329,500



76068 Two Mile Road, East Selkirk \$349,900



12 Timber Lane West Pine Ridge,  
St. Clements \$225,000



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### COUNTRY



5 Pierson Dr, Tyndall, MB \$299,900



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31144 Rd 86N \$149,000



58 Pine Ave, Tyndall \$329,900



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Hwy 26 St. Francois Xavier \$120,000  
0 Petersfield Pits, 120.6 Acres \$340,000  
72101 Pine Road S. Prime Development \$445,000  
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DEVELOPMENT OPPORTUNITY \$425,000  
1 Harry Waytiuk Dr, East Selkirk \$125,000  
1 Catherine Waytiuk Dr, East Selkirk \$140,000  
14 Harry Waytiuk Dr, East Selkirk \$130,000  
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0 Ferry Road St. Clements \$122,000  
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Men's light blue suit, coat & blue shirt sz. XL, pants sz.38-40, pants in-seam (leg) 30, out seam 36 immac. cond., \$50; men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above, \$50; winter over-coat red, white & black for above EC \$100. Both suit, coats & pants have recently been dry cleaned. Had very little use. Ph. 204-785-8598.

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## UPCOMING EVENTS

Clandeboyne Community Club with Clandeboyne and District Recreational Association are hosting an Alumni hockey game Feb 17th with the Petersfield Penguins and the Clandeboyne Old Timers. On Feb 18th is a Broomball Tournament, \$5 Kids Carnival (w/Elsa and Anna!), and a social, all in honour of Tommy Simpson and Ed Kamer. Watch for our posters, visit us on our CDRA Facebook page, or visit [www.cdrasports.com](http://www.cdrasports.com) for info.

## HEALTH

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Canada Benefit Group - Attention Manitoba residents: Do you or someone you know suffer from a disability? Get up to \$40,000 from the Canadian Government. Toll-free 1-888-511-2250 or [www.canadabenefit.ca/free-assessment](http://www.canadabenefit.ca/free-assessment)

## HAY

Small square bales Alfalfa June Courtney Grass, also Alfalfa Courtney Grass. Ph. & leave message 204-482-5101.

## NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF JOHN KOSTINIUK, late of the City of Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB., R1A 1T9, on or before the 11th day of March 2017. DATED at the City of Selkirk, in Manitoba, this 6th day of February 2017. DAVID MOORE LAW Solicitor for the Executrixes

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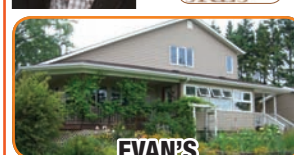
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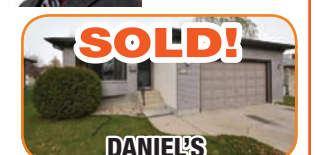
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# Announcements

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*The Selkirk Record*

## ANNOUNCEMENT

### BIRTHDAY



**Happy 70th Birthday**  
**Maria Bear**  
**February 10th**  
Wishing you all the best  
in the year to come!  
-Love Morgan (Rae)

## ANNOUNCEMENT

### CARDS OF THANKS

Wanag - The family of Helen Wanag wishes to thank their friends, relatives, and church family for the kind expression of sympathy extended to them at her recent passing. We would also like to thank Betel Nursing Home for their wonderful care, Pastor Parker, Colleen Byron, Karen Jackson, Octavia and Back Pew Boys for their contribution to the beautiful church service.

-Peggy Smolinski, Patti and Eugene Kenny,  
Donna Smolinski Mandziuk, Tammy and  
Robert Belanger,  
Emily Kenny, and Marielle and Frank Ziegler

## ANNOUNCEMENT

### CARDS OF THANKS

The family of the late Olga Zalubniak would like to express our thanks to Rob at Gilbert Funeral Home for his help in arranging the service for our dear mother. We would also like to thank the wonderful ladies at Christ Church Anglican for the lovely lunch they provided. Thank you to the Legion Ladies, Rev. Ken Pawluk, mom's friends at the Lion's Centre and those who attended the service and sent messages of condolence.

-Jeanne Mazur, Carole Bacon  
and their families

## ANNOUNCEMENT

### IN MEMORIAM

**Dennis Bell**  
**October 24, 1969 – February 1, 2016**  
We miss your smile,  
Your joking ways;  
We miss the things  
You used to say.  
And when old times,  
We do recall;  
It's when we miss you,  
Most of all.

-Love Mom, Lexi,  
and your sisters and family

## ANNOUNCEMENT

### IN MEMORIAM



**Ed Hykawy**  
**May 6, 1946 - February 10, 2016**

The angels gathered near your side,  
So very close to you;  
For they knew the pain and suffering,  
That you were going through.  
I thought about so many things,  
As I held tightly to your hand;  
Oh, how I wished that you were strong,  
And happy once again.  
But your eyes were looking homeward,  
To the place beyond the sky;  
Where Jesus held His outstretched arms,  
It was time to say goodbye.  
I struggled with my selfish thoughts,  
For I wanted you to stay;  
So we could walk and talk again,  
Like we did... just yesterday.  
But Jesus knew the answer,  
And I knew you loved Him so;  
So I gave to you, life's greatest gift,  
The gift of letting go.

-Love you and miss you every day, Bev

He never looked for praises,  
He was never one to boast;  
He just went on quietly working,  
For the ones he loved the most.  
He was there – our firm foundation,  
Through all our storms in life;  
A sturdy hand to hold onto,  
In times of stress and strife.  
A true friend we could turn to,  
When times were good or bad;  
One of our greatest blessings,  
The man that we call Dad.

-Love you and miss you  
Michael, Darren, Sierra and Dixie Doodles

## OBITUARY

### Jean Lois Chartier

On Sunday, February 5, 2017 at the Selkirk General Hospital, Jean Chartier, aged 81 years, beloved wife of the late Bruce passed away.

In keeping with her wishes, cremation has taken place and a private family graveside service will take place at a later date.

Condolences can be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbert Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Terry Lynn Terry

On Tuesday, January 31, 2017 at the St. Boniface Hospital, Terry Lynn Terry, aged 67 years of Selkirk, Mb passed away.

As per her wishes, cremation has taken place and no formal service will be held.

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbert Funeral Home, Selkirk in care of arrangements.

## OBITUARY

### John Panaschuk

**October 14, 1926 – January 31, 2017**

Peacefully on January 31, 2017 John Panaschuk, beloved husband of Eleanor of Selkirk, Manitoba.

John lived most of his life on the homestead he created for him and his family. He loved everything regarding the homestead, he enjoyed farming, gardening and all the good tasting vegetables that they harvested in the fall. He especially loved caring for Tannis' horses. John had a gentle soul, to see him was to see a big smile. He was as generous as the day was long - whether it was with a

helping hand, or some of Eleanor's delicious cooking.

John leaves to cherish his memory his wife Eleanor, of 57 years, and his brother Nick. He was predeceased by his parents Stanley and Mary Panaschuk, son Timothy (Timmy), his daughter Tannis, his sisters Olga and Lena, and his brother Bill.

At John's wishes cremation has taken place, with a private family interment at a later date.

In lieu of flowers, if so desired, donations may be made to the Children's Wish Foundation, or the Community Foundation for Prostate or Breast Cancer.

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