

The Selkirk Record

VOLUME 13 EDITION 6 www.selkirkrecord.ca

THURSDAY, FEBRUARY 10, 2022

Happy Valentine's Day

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, LIBAU, GARSON, DUNNOTTAR & TYNDALL



MURPHY SAYS...
"MILLIE & I ALWAYS
CLEAN OUR WALK &
DRIVEWAY"



We've got you
covered...
We are here for all
of your HOME and
PROPERTY
insurance
needs -



K5insurance

377 Main Street, Selkirk
204-482-7800
k5insurance.ca



RECORD PHOTO BY BRETT MITCHELL

Joanne and Mike Raymond enjoy spending time together on their snowmobiles and in business. The owners of the Papertown Motor Inn share their best Valentine's Day advice for keeping your relationship strong on page 3.

> everything you need to know in your locally owned and operated community newspaper



KEYSTONE
Source for sports

1-888-482-7552 - 417 Main Street, Selkirk
WE KNOW OUR STUFF.



CLEARANCE

**BLOWOUT STICK SALE
UP TO 50% OFF**

Local couple shares their secrets to a successful marriage

Joanne and Mike Raymond own the Papertown Motor Inn and have been married for 37 years

By Katelyn Boulanger

With Valentine's Day a few days away Joanne and Mike Raymond have decided to spread their love story and best advice for having a marriage and working relationship that last the test of time.

The couple knew each other from the time that they were very young but really started to be friends as kids when they both participated in 4H.

"We kind of got to know each other that way. We both love to dance. So, when we were kids, and we'd go to school dances, we'd always dance together. When we got a little bit older, we would [hang out] at socials just dancing and then when we were about 19, we actually got together and started dating. We dated for four years and got married in 1985," said Joanne Raymond.

Before they got married, when they were dating, was when their working relationship began. Mike's family built the Papertown Motor Inn and Joanne worked there.

"We enjoyed a lot of time with family and friends, doing different events in the bar," said Joanne.

In addition to keeping the family business going, they also raised a family having three kids and in the past few years can now call themselves grandparents to two little ones.

Recently they've taken a step back from the business but still have stayed in step with each other when they decided to semi-retire, hiring management for the inn so they could spend more time doing things they enjoy.

"Mike and I worked together at the hotel and so not only were we business partners, but we're partners and in our social life, we've always done everything together. We enjoy boating in the summer, we snowmobile in the winter," said Joanne.

This time of year they often hit the local trails embracing the local Manitoba winters.

"We do everything together. We have a friendship along with our marriage, we talk all the time," said Joanne.

She says that having a business relationship is not unlike raising children together because you're always relying on each other to make important decisions together. She feels they have been able to keep their marriage strong for so many years for a very similar reason, because of their friendship and always wanting to work together.

"Relationships are important. They deserve time. They deserve discussion. They deserve respect. They deserve camaraderie and going at things together and tackling things as a team. You learn that in business too. Because running a business is like a hotel where we have 36 staff. It's imperative that you have a teamwork attitude," she said.

"You can't grow anything alone. You can't do anything alone. There's just no room for I and me. It's always got to be we."

Her best advice for newly married couples is to accept one another for their strengths and our weaknesses.

"Accept one another for the good, the bad and the ugly and, keep the line of communication open always. And,

if you did expect something and you didn't get it, say it right away. Don't let it fester and turn into resentment because those are negative [emotions] that can harm a relationship," she said.



Six more weeks of winter



RECORD PHOTO SUBMITTED

February 2 is Groundhog Day and this is the day where Manitobans find out when spring will finally arrive. Manitoba Merv, the weather forecasting puppet groundhog at Oak Hammock Marsh, came out at sunrise last Wednesday, and predicted six more weeks of winter until spring in Manitoba. Groundhog Day derives from the Pennsylvania Dutch superstition that if a groundhog emerges from its burrow on Feb. 2 and sees its shadow due to clear weather, it will retreat to its den, and winter will go on for six more weeks; if it does not see its shadow because of cloudiness, spring will arrive early.

WE OFFER BUSINESS & RESIDENTIAL DELIVERY

204-482-2277
thewatershopselkirk.ca
info@thewatershopselkirk.ca

STAY SAFE - STAY HEALTHY

439 MAIN ST., SELKIRK
North of Manitoba Ave.

HOURS

MONDAY - THURSDAY 10-6
 FRIDAY 10-9
 SATURDAY 10-6 SUNDAY 12-5

BIG DOLLAR

Protest incident leads to councillor's leave of absence

By Katelyn Boulanger

Last week local social media pages were abuzz after a video of Councillor Matthew Prychun at a protest in Winnipeg hit the Internet. The video of a Jan. 29 protest has some residents calling for Prychun's resignation from municipal council as a portion of it depicts him making comments about a visually impaired person who was having difficulties making their way through the crowd.

The protest was a rally in which people advocated primarily against a federal cross-border vaccine mandate. The mandate does not require cross-border Canadian truckers to get vaccines but instead requires unvaccinated Canadian essential workers such as truckers to comply with testing and quarantine requirements once back in the country. Similar rules have been in place for travelling Ca-

nadians for some time.

The video, which was taken outside of Winnipeg's city hall on Main St., shows a crowd gathered along the sidewalk. Prychun appears to be on higher ground, along with Councillor Darryl Pohl, with the video being taken from above.

As a person with a white mobility cane passes by, they can be seen slowly picking their way through the crowd.

Upon noticing the person's struggle Prychun commented, "Oh boy, this guy's going to have trouble. Oh boy. Oh boy. Oh boy."

As he made the comments, he can be heard laughing.

This garnered a negative response on social media with concerns being raised about him making fun of a person with a visual impairment.

After viewing the video early last

week, RM of St. Andrews mayor Joy Sul, speaking as a private resident and not on behalf of the RM, issued the below statement to the *Record*.

"My comments are that of a resident, not the Mayor, as spokesperson duties were removed from the head of council responsibilities.

"Upon reviewing all three videos, they are found to be embarrassing and disappointing, as any regular person would find – this is not acceptable behavior by anyone. "Either of the two council members present could have assisted the visually impaired man.

"By no means is this a representation of the wonderful residents in St. Andrews who are rightfully upset."

Matthew Prychun issued an apology which was posted on the RM of St. Andrews website Friday, Feb. 4.

In the statement, he said, "I would like to apologize to the residents of

St. Andrews for a video recorded on January 29 that was recently circulated on social media. A number of residents have been offended by my spontaneous reaction during a brief segment of that video. While I meant no harm or disrespect to anyone, I do realize that my reaction was in no way appropriate.

"For the next month, I will be taking an unpaid leave of absence from Council to reflect and to better myself. During this time, I will reach out to someone who is visually impaired so that I can better understand the challenges they deal with daily. I will also be making a donation to CNIB in support of programs that address these challenges.

"I feel very badly and I am truly sorry. I take full responsibility for my actions, and I do sincerely apologize."

West St. Paul code of conduct complaint resolution affirmed

By Katelyn Boulanger

On Jan. 27, at West St. Paul's regular meeting of council discussion was had about a code of conduct complaint regarding Councillor Dorothy Kleiber. Mayor Cheryl Christian filed this Code of Conduct complaint against Kleiber on June 4, 2021.

CAO Brent Olynik received a final detailed investigation report from People First HR Services dated Jan.

24. People First HR Services investigated the complaint as a provincially approved independent third party investigator.

The discussion on this topic took place in a private in camera portion of the council meeting which lasted just over an hour and fifteen minutes.

When council came out of their in camera session a resolution was read that indicated the code of conduct

complaint was filed against Kleiber for a breach of confidentiality. It was also stated in this resolution that People First HR Services's final detailed investigation report found that Kleiber did contravene Section 6.1(a) and (d), 7.4(a), 7.5(a) and 9(d) of the Code of Conduct by breaching con-

fidentiality under Section 83(1)(d) of The Municipal Act.

During the reading of this resolution Kleiber can be seen shaking her head in what appears to be disagreement.

After the resolution was read, Mayor Cheryl Christian requested a recorded vote and informed viewers that as per legal advice there would be no discussion of the matter outside of an in camera setting.

Kleiber then asked for discussion to continue publicly. The mayor repeated what she said earlier about the session having to happen in camera and then Kleiber asked that council go back in camera for discussion.

A vote was taken about whether to go back into in camera with Christian, Councillor Giorgio Busceti, and Councillor Stan Parag voting to not go back into in camera discussion. Kleiber voted for going in camera and Councillor Eleanor Link abstained from the vote.

A vote was then taken on the resolution with Christian, Busceti, and Parag voting in favour of the resolution affirming the findings that Kleiber

did contravene the code of conduct. Kleiber and Link opposed the resolution.

After that resolution was passed, a second resolution was read indicating the sanctions that Kleiber was now facing with the passing of the first resolution. With the passing of this resolution, which was affirmed by Christian, Busceti, and Parag and opposed by Kleiber and Link, Kleiber is required to:

- Issue a letter of apology to the CAO and Council within 30 days after being directed to do so.
- Once again complete the Manitoba Codes of Conduct mandatory on-line training course.
- Attend, and be responsible for the costs – rather than the RM of West St. Paul, an Emotional Intelligence (EI) training and coaching session recommended by People First HR Services within 30 days after being directed to do so.

The second resolution also suspended Kleiber's power, duty or function as a member of council for a period of 60 days, without pay, beginning 12:01 a.m. on Jan. 31 ending April 1.

After the council meeting the RM of West St. Paul published a post on the local notices section of their website which explained the process of the code of conduct complaint and gave some information about this specific incident.

Kleiber, when asked for her own statement about the complaint, emailed the below statement to the

Continued on page 6

FIND THE HIDDEN CUPIDS CONTEST

Find the 3 hidden Cupids in this week's edition of the *Record* and enter to win a Valentine's prize.

They are tiny cupids hidden deep within the paper... so search with all your heart!

Email or call us with the page numbers you found the cupids on and be entered to win.

ads@selkirkrecord.ca
204-785-1618

Find the cupids that look like this

P.S it's not the cupid on this page, and they won't be in any ad!

Contest deadline
Feb 14, 2022 at
12:00 noon

The Selkirk Record

Sponsored by
BIG DOLLAR

Ed Teplyski
Dealerships Sales Agent

I would like to assist you on your next purchase of a new vehicle, pre-owned or leasing

204-785-0741
Email: dane1@mymts.net



Take a tour of local art from the past to the present

St. Andrews Heritage Centre hosts historical art tour and modern art show

By Katelyn Boulanger

Have you ever wondered what kinds of art people that lived in our region made in the past? The St. Andrews Heritage Centre has you covered with, Art Through Time, historical art tours taking place this month.

"In the parlour, we have Victorian photographs, and we have an oil painting by Eleanor Kennedy, and then in the kitchen, for example, we have pottery, and different things. We'll have a guided tour which will basically take participants around each room, and we'll talk about those different artifacts. So it's kind of like an art history tour of the museum," said Katrina Eeles the Museum Program Coordinator for the St. Andrews Heritage Centre

The Art Through Time tours will take place on Feb. 19 and Feb. 23 and will end at the Community Art Show Gallery, an annual event underway at the Heritage Centre that showcases contemporary, local art.

The original inspiration for the art exhibit came from the Oil Painting of Highland Cattle.

"It's by Eleanor Kennedy. She was the wife of Captain Kennedy, who a lot of people might know about. He lived just down the road from the Heritage Centre here. The painting is of Highland cattle. We don't have a ton of information on the subject matter of this painting but we do know that it was made in early 20th century. It's got kind of a unique frame as well. The frames, at the time, were made by pouring molds, which was a unique new thing. The painting is the original and then the frame is actually a reproduction," said Eeles.

She realized that this was just one of many amazing art pieces the centre had in their collection and wanted to

give them all some time to shine.

"Just knowing that we had all these different artifacts that are more on the art side of things. I wanted to kind of highlight those and then with the art show happening, it seems like kind of a neat idea to put the two together," Eeles said.

This is the third time that the Heritage Centre is hosting its Community Art Show in which current local artists enter and exhibit their art at the gallery. Last winter the show was mostly virtual with residents being able to book private appointments to view it in-person due to COVID-19 restrictions. This year because COVID restrictions are more relaxed than they

were in late 2020 and early 2021, group tour bookings are being accepted on the Heritage Centre's website which will allow them to keep a flow of people coming through the centre in a safe way.

"We have about 75 different pieces by just under 20 artists from the local area, St. Andrews and the Interlake," said Eeles.

Current COVID-19

guidelines are ever-changing but as of press time the museum is at a 50% capacity limit, and both masks and vaccinations are required.

Eeles encourages residents to book a tour online and stop by to check out all that the gallery has to offer.

"I think that it's a really, really great, unique program that we're running and then with the art show as the end-point for the tour, I think that's a really fun way to end off the history tour. You can also vote on your favourite art pieces in the contemporary part of the museum, so that's kind of a fun way to end," she said.

Book your tour at www.standrews-rectory.ca.



RECORD PHOTO SUBMITTED

Oil Painting of Highland Cattle by Eleanor Kennedy.



SAVE WITH OUR HOME INSULATION REBATE

Qualify. Insulate. Get a Rebate.

Adding insulation to your attic, walls, and foundation will improve your home's comfort and help you reduce energy costs.

Get rebates up to 100% of insulation material costs.

Find out if you qualify today
efficiencyMB.ca/homeinsulation

EFFICIENCY MANITOBA

Approval is required before you start your project. Work with a registered supplier to qualify.



Natural gas efficiency programs are funded in part by the Low Carbon Economy Fund.

Funded in part by:
Financé en partie par:
Canada

Manitoba

MONDAY MADNESS

**10X YOUR POINTS!
ALL SLOTS, ALL DAY!**

SOME CONDITIONS APPLY.

Book your stay today at southbeachcasino.ca

SOUTH BEACH CASINO & RESORT
Simply Irresistible!

Residents invited to LSSD virtual budget forum

By Katelyn Boulanger

The Lord Selkirk School Division will once again be hosting a virtual budget forum event to discuss the division's budget for the upcoming school year.

"It's an opportunity for the school division to provide an annual report to the community that outlines the priorities, some successes over the past year, some challenges that have occurred, as well as some that are upcoming, and then present a draft budget of what things could look like. And, it's a draft because people need to know that it's an opportunity for them to reach out and express some real priorities they see in the coming year for areas of focus and emphasis that they think we should attach some funds to. If there're gaps or areas of concern, it's a chance to voice their opinion as well. So it's a real good sharing opportunity," said LSSD Superintendent Jerret Long.

It's important to have these discussions with residents in the community because we all need to be invested in the importance of training up our young people, to find their future

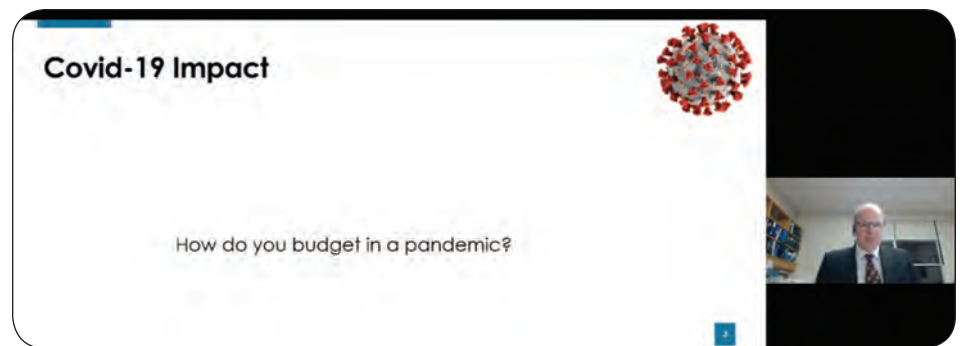
place in the world.

Long says that the format will be very similar to last year's event which was a great success with many more people attending virtually than they'd had before when the presentation was in person.

It will take place on Feb. 17 at 7 p.m.

The main topics of conversation for the night will be increased cost pressures mostly due to inflation in many areas. Long says they will talk briefly about settlements with the different unions which have increased salaries which in turn affects the division's staffing and class sizes. There will be a section about a survey that will be handed out to parents asking for their honest feedback on how the division has been doing. Finally, they will be answering questions. They are asking residents to send questions in advance if they are able which will allow time to prepare answers but residents's questions will also be taken during the meeting.

Long says that the biggest challenge in making the draft budget has been waiting for the final word from the



RECORD SCREENSHOT

A screenshot from LSSD's 2021 virtual budget event.

provincial government about funding. That information just came out recently.

"That directly impacts how many teachers we're able to have in the division, and what sort of steps we're going to have to take in terms of presenting a balanced budget. That's really why it's important to hear from the community too because we are in, let's be honest, it's no surprise, we're in real lean times with regard to budgets and tough decisions have to be made. It's not a threat. It's just the reality of our situation. So, when you have to cut budgets, that impacts salaries, it

impacts programming and so we want to make sure that none of those things happens without the participation and the thoughts collected from the community," said Long.

He also wanted to make sure that residents know it's ok to come to the meeting for information and that there's no obligation to participate.

"You can just click [on the link and] log in. Like any other Zoom or Teams meeting, you can just be a participant by listening, if someone's so inclined, and they want to ask a question, great. But if you just want to hear what's going on, if that's the case, no problem there too," said Long.

He encourages all residents who have the time and interest to virtually stop by and check it out.

"Sometimes, it's just a matter of, and I get it completely, people are busy, lives are going on, but once they're logged on, I'm sure people will feel it's time well spent, even if they can't spend the whole time there," said Long. Residents who would like to attend the meeting do not have to sign up in advance and the information is on the LSSD's website at <https://www.lssd.ca>.

IT'S TIME TO TOYOTA

**INTRODUCING
YOUR INTERLAKE
TOYOTA
Representative
BRANDON
BALMER**

204-481-1915

www.mcphillipstoyota.com

Email: bbalmer@mcphillips.toyota.ca

Toll Free 1-800-665-0087

2425 McPhillips St., Wpg

Disclaimer: Cannot be combined with any other McPhillips Toyota offers or discounts. Dealer Permit #0805. Financing and Leasing O.A.C. Some exclusions may apply. Offer available February 1 - 28, 2022 by appointment only, give me a call (Cell) 204-481-1915 or (Work) 204-338-7985 today.

2022 Toyota C-HR LE

\$137³⁷ bi-weekly + taxes

Payment: **\$137³⁷** bi-weekly + taxes

Cash Price: \$27,345.88 + taxes

Down: \$3,000

Term: 60 Month Lease

Interest Rate: 5.29%

2022 Toyota Tacoma 4x4 Double Cab SR5

\$234⁵⁸ bi-weekly + taxes

Payment: **\$234⁵⁸** bi-weekly + taxes

Cash Price: \$46,060.32 + taxes

Down: \$3,000

Term: 60 Month Lease

Interest Rate: 5.99%

2022 Toyota Corolla Cross LE AWD

\$161⁹⁷ bi-weekly + taxes

Payment: **\$161⁹⁷** bi-weekly + taxes

Cash Price: \$31,830.32 + taxes

Down: \$3,000

Term: 60 Month Lease

Interest Rate: 5.69%

2022 Toyota 4Runner TRD Sport

\$304⁵² bi-weekly + taxes

Payment: **\$304⁵²** bi-weekly + taxes

Cash Price: \$57,090.32 + taxes

Down: \$3,000

Term: 60 Month Lease

Interest Rate: 5.69%

> CODE OF CONDUCT FROM PG. 4

Selkirk Record.

"This code of conduct did not properly follow our bylaw and the complaint should never have proceeded. When the vote was taken, my mic was muted and I was not allowed to speak. Under the Municipal act, the cornerstone of procedural fairness states that both complainant and respondent should recuse themselves, then the rest of council votes, and all three must vote in favor. Our Council did not exercise procedural fairness as the sanctions would not have been carried had they done so. I will be appealing these sanctions. The mayor states she is committed to the code of conduct, but in my opinion, does not address her own behaviour, and that of the two male councillors or administration. You simply need to watch our meetings to see this. Both of the code of conducts that she has given me are petty and a waste of taxpayer's money, and are being used to discredit me for the next election. A true leader would work to unite council, not further divide it."

To view the statement on the RM's website visit <https://www.weststpaul.com/p/local-notices>. There you can also view the Code of Conduct for Members of Council By-Law PDF as well as the PDF of Resolutions 2021-366, 2022-038 and 2022-039. To view the Jan. 27 council meeting visit <https://www.youtube.com/watch?v=uK3gMQWVIQ>.

letters to the editor

Letters to the Editor: letters@selkirkrecord.ca

A message for St. Andrews council

After reading the news story regarding Matthew Prychun's shameful and disrespectful behaviour, and listening to his equally pathetic apology, I was compelled to make a donation to the CNIB Foundation. I am challenging the members of the council to do the same.

Further to that, I have contacted the CNIB Foundation directly to inform them of the reason for my donation, and to make them aware of the prejudice that Mr. Prychun has chosen to bring as his contribution to the municipal council representing St. An-

draws.

As a former 25+ year resident of St. Andrews, I am ashamed. Mr. Prychun's antics are not representative of my friends and family who still reside in St. Andrews, and it is my hope that council will find a way to make clear that his actions are unacceptable and not representative of the council or the community.

From the video, it is obvious that Mr. Prychun made a choice that day to exhibit a part of his personality that is most unbecoming; he chose to take a bully's approach, he chose to point

and laugh and do nothing in the face of another person's struggle, and above all else, he chose to strip a fellow human being of their dignity.

Elected office has both a documented and undocumented code of ethics. The purpose of elected office is to serve the people; the imperative of representative government is to lead by example. To err is human, but in the public sphere, error comes with both consequences and with the responsibility to learn from and atone for that error. A council is made up of many individuals, in the hope that the wisdom of the group will mitigate the error of any member. However, the consequences of error are then

shared, and the duty to correct it is as well.

By choosing silence, the council is sending a message to its community, constituents, to the province and the country, that this kind of behaviour is acceptable and expected within the RM of St. Andrews. It is my hope that this is not the case, and I challenge the council to prove me right.

- Submitted by Nike Juzkiw
Former resident of St. Andrews

Turmoil within the West St. Paul council

The Nov. 22, 2018 *Winnipeg Free Press* featured West St. Paul Councillor Cheryl Christian speaking out about municipal misconduct. Christian was critical of the harassment and bullying of elected officials and she put forward a resolution to the Association of Manitoba Municipalities requesting legislation to combat it. Christian who is now Mayor of WSP and CAO Brent Olynyk now are the ones using bullying and harassment tactics directed at councillors Dorothy Kleiber and Eleanor Link. Mayor Christian has a peculiar way of showing gratitude to Counc. Kleiber and Link who helped with the Christian's campaign that got her elected mayor.

When Christian campaigned at our door, ironically accompanied by Counc. Link, Christian expressed dissatisfaction with the way the RM of WSP had handled the West Acres Estates Development and she assured us that she would look after the concerns that WSP residents had regarding future developments. However, after the election Christian did an about turn on WSP Housing development policies by supporting the developers while Counc. Link and Kleiber continued to support the development concerns of WSP residents. This resulted in a rift between Christian and the two Counc., Kleiber and Link. Christian has been in attack mode since, laying a series of code of conduct charges against Kleiber and Link and continually using the threat of code of conduct charges in an attempt to control Counc. Link and Kleiber.

Christian is able to carry out her

unwavering vendetta against Kleiber and Link because of the unconditional support she receives from Counc. Stan Parag and Giorgio Busceti. When Parag, our local Ward 4 Counc. was approached regarding the concern River Springs Estates residents had about the new neighbouring development, Parag responded with a promising email.

"I have to listen to the residence! What do they want! I can like it or dislike it but it's up to the residents on River Springs!" Parag didn't keep his word and on every subsequent vote regarding the development. Parag voted for whatever Mayor Christian wanted and against the wishes of his Ward 4 residents.

The council meeting videos verify that Parag and Busceti contribute little to the meetings other than raising and seconding the motions and voting in accordance with the mayor's wishes.

Because of the COVID-19 pandemic council meetings are held via a video link. Christian controls the video link and does not hesitate to cut off Counc. Link and Kleiber when the conversation is not going the Mayor's way. Harassment and bullying are evident in the meeting videos that can be found on the RM of WSP YouTube website.

Christian and Olynyk, with the support of Counc. Parag and Busceti, recently passed a resolution suspending Counc. Kleiber from the RM of WSP council for 60 days, the full months of February and March 2022. Counc. Kleiber was not allowed to publicly dispute the procedure used to convict her nor to plead her inno-

cence. Removing Counc. Kleiber will ensure that the mayor will maintain her majority on council when Counc. Parag is away for a two month leave of absence.

Essentially, RM of WSP decisions are made by two people, Mayor Christian and CAO Olynyk. This is not how a healthy democratic municipal government should operate, especially

when decisions are being made for the many housing developments presently in progress in the RM of WSP.

- George Penner
West St. Paul taxpayer



New Opportunity for Farmers

Growing Outcomes in Watersheds (GROW) is a new initiative that recognizes the valuable role farmers play in improving the environmental health of the agricultural landscape.

Through GROW, local Watershed Districts provide financial incentives and technical support to help farmers implement projects that restore, conserve and enhance ecological goods and services originating from their lands.

Farm the Best, Conserve the Rest

Local watershed districts will work with you to develop a plan that is suited to the particular needs and goals of your farming operation as they align with local program priorities.

Examples of GROW projects include:

- ✓ water retention
- ✓ wetland conservation, restoration or enhancement
- ✓ multi-species buffer strips
- ✓ riparian area enhancement
- ✓ natural area maintenance and enhancement
- ✓ buffer and grassed waterway establishment
- ✓ perennial cover for sensitive land
- ✓ soil health improvements
- ✓ shelterbelt establishment

For more information on GROW or to connect with your local watershed district, visit www.manitobawatersheds.ca, or call 204.945.0002.



The Selkirk Record



PUBLISHER
Lana Meier



MARKETING & PROMOTIONS
Brett Mitchell



REPORTER/PHOTOGRAPHER
Katelyn Boulanger



SALES
Michelle Balharry



DISTRIBUTION
Christy Brown



REPORTER/PHOTOGRAPHER
Patricia Barrett



ADMINISTRATION
Corrie Sargent



OFFICE MANAGER/ADS
Lucy Kowalchuk



ADMINISTRATION
Allana Sawatzky



SPORTS EDITOR
Brian Bowman



PRODUCTION
Debbie Strauss



ADMINISTRATION
Jo-Anne Procter



PRODUCTION
Nicole Kapusta

get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

MB could be restriction-free by spring

By Ashleigh Viveiros

Premier Heather Stefanson and Chief Provincial Public Health Officer Dr. Brent Roussin announced last week that Manitoba will be taking a cautious but steadily increasing approach to reducing public health restrictions in the weeks ahead.

The province's COVID-19 numbers have been improving of late, Roussin said, resulting in a lessening strain on the health care system.

"As this week has passed we see that many of those indicators continue to be stable or trending in the right direction and so we are getting a better understanding of where we are in this wave," he said.

As a result, new public health orders in effect until Feb. 22 ease capacity limits slightly in several settings.

Private gatherings where everyone 12 and older is fully vaccinated are now allowed the household members plus 25 others in indoor spaces and 50 people outside (up from the previous 10 and 20-person limits).

Such gatherings with individuals who are not vaccinated are capped at

the household plus 10 people inside (up from five) and 20 people outside (up from 10).

Also lifted is the 250-person capacity limit for settings like fitness centres, casinos, movie theatres, and performing arts centres, though facilities are still limited to 50 per cent capacity with proof of vaccination required.

When it comes to indoor religious services, capacity is limited to 25 per cent or up to 250 people, whichever is lower, when proof of vaccination is not required. Services restricted to fully immunized people and those under 12 not eligible for the vaccine are limited to 50 per cent capacity.

Sports tournaments are also now allowed, retail capacity limits in stores throughout Manitoba have been lifted entirely, and restaurants and lounges can sell liquor until midnight—two hours later than under the previous orders.

Restrictions will most likely be relaxed further later this month, Stefanson said.

"Situation permitting and based off of what the data is telling us at the

time, we will be looking to remove a significant amount of capacity limits and restrictions," she said. "Later this spring we hope to be in a position of relaxing nearly all restrictions and moving to recommendations."

"Given where we are right now, if we don't see anything unexpected, we're looking at a restriction-free Manitoba by spring," agreed Roussin.

Rise in incidental cases

On Monday, the province's online COVID-19 dashboard reported there were 702 people in hospital with COVID-19, including 47 in intensive care. The death toll had hit 1,600.

The day's health bulletin noted the trends for the week ending Thursday, Feb. 3 show Manitoba had 286 new hospitalizations in the previous seven days, a 19.2 per cent decrease from the week before. ICU admissions also dropped 19 per cent to 34 new patients with COVID-19.

Dr. Roussin noted that an increasing number of hospitalizations have CO-

Continued on page 9

letter to the editor

Letters to the Editor: letters@selkirkrecord.ca

It's February and I'm seeing red. And it's not because I'm upset.

It was the valentine on the wall of a coffee shop that set it off and shifted my attention away from a myriad of concerning issues with an important message to me and perhaps all of us. We each still have the precious present moment to enjoy. I was reminded that Valentine's Day is in the middle of this month, opening up the possibility of doing something special for a friend, neighbour, or a love.

I've already decided to send sweets to our grandchildren who live out

of province, including to our granddaughter who recently started University. There may be something special showing up in the mailbox of an individual who had recent challenges. I usually bring a bouquet of red flowers to a nursing home where someone I know lives. The possibilities are endless and any small gesture that can lift someone's spirits has the added benefit of the love cycling back in return. It could be the beginning of a series of widening circles of caring.

We live in a difficult time and whether we are aware of it or not, our

feeling of wellbeing has probably been challenged. We may be feeling stresses in relationships that have never been there before, given the many controversies and divides. In a time that seems short on good news, I'm reminded that it is even more important to keep hope alive, to take breaks away from the information overload, and to regularly create a small space of enjoyment and laughter. Now in February, heart month, any chocolate that shows up for the occasion would be a bonus.

- Submitted by Esther Nikkel



> CONTACT US

By phone: **204-785-1618**
fax: 204-467-2679

Find us: **217 Clandeboye Ave.,
Selkirk, MB R1A 0X2**

Office Hours: Mon. - Fri. 9:30am-5pm

TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING

Brett Mitchell: 204-485-0010
Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419
Email: michelle@selkirkrecord.ca

or call our office at 204-785-1618

EDITORIAL

Katelyn Boulanger 204-485-3337
news@selkirkrecord.ca

View the Selkirk Record online at
selkirkrecord.ca

The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Printing.

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. - Keep your dollars working at home and shop local. Our commitment to you, the reader - we will connect our people through stories in the paper to build stronger communities.

SDCF grant lights up Clandeboye outdoor rink

Deadline to apply for WCGL fund, Community Grant program Feb. 28

Submitted by Selkirk & District Community Foundation

It's been a frigid winter to say the least and for some, that means the closest they're going to get to outdoor activity is watching Team Canada compete at the Beijing Olympics.

There's no shame in that.

But for others, it means an extra layer or two and a trip to the outdoor rink in Clandeboye to play some hockey or skate a few laps.

"Having the clubhouse open is a huge benefit for keeping our community active because it means they have a chance to come in and warm up," says Vivian Desjarlais, Clandeboye and District Recreation Association Board Member.

"On those chilly nights when people still want to stay active but need a spot to warm up those toes, and noses and fingers they come to us."

But evening skating at the outdoor rink was in jeopardy last fall when an aging hydro pole broke and toppled over.

The Selkirk & District Community Foundation (SDCF) moved quickly, granting \$11,500 to replace the old poles and install LED outdoor lighting, and provided another \$4,500 to paint the exterior of the building and buy some hockey and broomball sticks.

The Foundation is accepting applications for grants now until Feb. 28.

"This wasn't a project that we planned for last year, it caught us by surprise and it really made us worry, so how lucky were we to have Selkirk & District Community Foundation jump on board and really save us," Desjarlais said.

"We were able to turn to the Foundation who came through with a substantial amount of funding for us that made this project possible. Had we not had them, I know for a fact that we would not have any evening skating

this season, it just would have to be daytime because we'd have no lights."

Shauna Curtin, SDCF Board Chairperson, said supporting community groups like the Rec Association is what the Foundation is all about.

"These are the kinds of projects that really drive home what the Foundation can do for the people of our community," Curtin said.

"We connect donors with projects that support our communities and our people. To think that we played a role in keeping the rink open in the evenings brings a smile to my face."

Desjarlais, who grew up at the Clandeboye rink and watched her own sons learn to skate there, says the rink has always been a community gathering place and when COVID hit, it became even more so.

The clubhouse couldn't open last winter, but the ice was in and people came out in droves. She said they routinely had 30-60 people a night skating and using outdoor benches to put on their skates.

They set the lights to auto timers and let the good times roll.

"We were just wowed with what we were seeing on our video cameras," Desjarlais said.

"We were just absolutely taken aback to see what our little rink was doing. It was really at that time we realized how important we are in the community."

The SDCF grant allowed the rink to open up again this year, and with the clubhouse open Desjarlais said people are renting the rink out on evenings and weekends for things like birthday parties and private gatherings.

The new lights have caught the attention of neighbours, and Desjarlais said Jeanne Roswell, quite enjoys them.

"She made a comment that when they're lit up at night it's a heavenly glow over our community," Desjarlais



RECORD PHOTO SUBMITTED

A grant from SDCF made evening skating possible at the Clandeboye outdoor rink this winter. Deadline to apply for a grant is Feb 28.

said.

Curtin was blown away by the reception the lights have received.

"What a great way to describe this project," she said.

"All of us at the Foundation, and that includes the kind and caring folks that donate, are humbled by that kind of reaction. It's why we support, we want to keep doors open in the community."

The rink is available for skating during the day, with benches available for putting on skates. The clubhouse is open Monday to Saturday from 6

to 10 p.m. for skaters to warm up and the canteen is open. On Sundays, it's open from 1:30 to 9 p.m. Vaccination cards are required to enter and masks are mandatory inside as well.

The SDCF is accepting grant applications for the Western Canada Games Legacy Fund and the Community Grant program now, with the deadline to apply being Feb 28.

Grant applications have moved solely online. Go to sdcf.ca for an application. Call 204-785-9755 or email selkirkfoundation@shaw.ca for more information.

> COVID RESTRICTIONS, FROM PG. 8

VID-19 incidentally, meaning they were admitted to hospital for another reason but tested positive for the virus while there.

"It's really important for us to understand who is in hospital because of COVID, not in hospital incidentally related to COVID," he stressed. "Because omicron is so widespread, we know that every person admit-

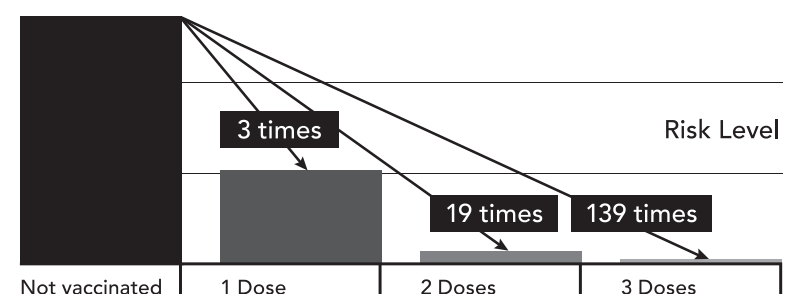
ted to hospital is tested for omicron, we're going to find people that were there for other reasons but happen to test positive for COVID."

Last week, about 40 per cent of the listed COVID-19 hospitalizations were there because of the virus alone. In the ICU, that number jumped to 70 per cent of patients.

RECHARGE YOUR IMMUNITY

A 3rd dose is the best way to protect yourself against COVID-19. You're **139 times** less likely to need intensive care than someone who is unvaccinated.

ICU Admissions



Fight omicron and recharge your immunity with a 3rd dose.

Schedule your appointment at ProtectMB.ca or call 1-844-626-8222.

#PROTECT MB

Manitoba

Fostering a love of books through free virtual read-a-longs

Register to receive a Selkirk Loves to Read package delivered to your door

Submitted by the City of Selkirk

The weather this winter has been perfect for curling up and reading a good book.

Now the City of Selkirk and Frontier College have partnered once again so that our youngest readers can curl up in the comfort of their homes and read with others during three virtual read along sessions in celebration of I Love to Read month.

The virtual read alongs will take place on Feb. 10, 23 and 27 through Zoom with a special guest reader each time.

"The city partnered with Frontier College last year at the Selkirk Port D.O.G Days Market at the Waterfront with a reading tent and it was a big success," said Ellie Longbottom, the city's Culture Coordinator.

"The virtual read along allows kids to interact with the guest reader and with other kids while improving their reading skills. It's just another way the city has adapted to still be able to offer important programming throughout the pandemic."

On Feb. 10 Kaitlyn Lightfoot will be the guest reader of *Keep Up, Katmai*.

The read along starts at 7p.m. Molly's Magic Door author Kirsten Link will read her book on Feb. 23 at 7p.m. or Feb. 27 at 2 p.m.

When the virtual reading is over, the guest reader will give the participants follow along instructions for a craft they can do right then and there or on their own time.

On Feb. 13 we're going to bring the young readers outside for Drive-Thru Story Time at the Waterfront. Kids and their guardians can walk or drive along the Waterfront loop and read enlarged pages from *Slug in Love* from 1-3 p.m.

When kids reach the end of the story they're given a free book to take home as well as an activity kit.

Sandra Ross, Community Coordinator for Frontier College, said inspiring young people and nurturing a love of reading is one of their goals. The reading tent in the summer was a success and she loves the virtual read alongs and the drive-thru.

"Reading aloud to children and engaging them in books year-round not only increases their success in the classroom but fosters a love of read-



RECORD PHOTO SUBMITTED

A photo of some of the things that could be in your Selkirk Loves to Read package.

ing and an expansive imagination," Ross said.

The city is hoping to expand on safe, in-person programming and events for 2022 but is prepared to continue to offer socially distanced at home options as well.

"We have a great community here in Selkirk and we're so happy that the virtual programming has been so successful. We're grateful for the many

partners including Frontier that have helped in making this all possible," Longbottom said.

Registration is free and includes a book and a craft that will be delivered right to your door if you live in Selkirk – contact free. Register today at www.myselkirk.ca/selkirklovestoread.

Bannock Boy author releases new book

Alexandria Anthony's Metis heritage inspires latest book in childrens series

By Ty Dilello

Local Selkirk author Alexandria Anthony has recently released a new book in her Bannock Boy series titled "Bannock Boy Learns About Bungi Dialect."

In Anthony's Bannock Boy Children's series, the goal is to inspire children to learn history in a fun and educational way while helping preserve the rich Metis history. And to make learning fun.

Bannock Boy Learns About Bungi Dialect is an excellent book for the entire family. Although this is a children's book, it is also great for teens and adults learning Bungi. This book teaches you many Bungi words and the history of the dialect.

In this book, Bannock Boy learns about the Bungi dialect. He also learns about Gaelic, Cree and Ojibwe languages and how they are all connected to Bungi. Bungi may be considered an extinct dialect, making it more important to preserve what we know for future generations.

Alexandria Anthony is thankful for her roots and, with her writing, wants to preserve the history of these languages for future generations.

"I was so blessed to be born and raised in Selkirk. What a great place with so much rich history," said Anthony. "Being surrounded by this history really inspired me as a child to learn more. I am a proud Scot/Metis. My ancestors were Scottish Highlanders who left the Old World to find their fortunes in the New World, Canada. My great-great-great-grandfather Cuthbert Grant Sr. was born in Cromdale, Scotland, and came to Canada with his brother Robert Grant. They were founding members of the North West Company. They would have been fluent Gaelic speakers. And Metis Legend, Cuthbert Grant Jr. is my great-great Uncle."

"I have been writing for many years, trying to document and preserve our culture and heritage for future generations. Children are our hopes and dreams for the future. Children need to feel a sense of belonging and should feel proud of where they come from. Education and history preservation was my motive and inspiration to begin my writing journey. In the past, I have also been a dedicated volunteer

at Lower Fort Garry."

The Bungi Dialect has become Anthony's newest passion project in learning everything she can about it.

"To create awareness and help preserve this important dialect for future generations. Extinct should never be in the same sentence as language," said Anthony.

The Bungi dialect is English, spoken around the Red River Valley, north of Winnipeg. Some researchers have suggested that Bungi was the English dialect spoken by my ancestors' descendants of Gaelic-speaking Highlanders. It has also been referred to as The Red River Dialect. In many sources, it has been said that it really flourished in Manitoba's Red River Settlement. Selkirk would be a part of this.

Anthony's new book and all of her other books are available for purchase on Amazon.

YOUR VOICE IS IMPORTANT • YOUR VOICE IS IMPORTANT • YOUR VOICE IS IMPORTANT

THE BOARD OF TRUSTEES
OF THE LORD SELKIRK SCHOOL DIVISION
extends an invitation to attend the

**PRESENTATION
OF DRAFT BUDGET
for 2022-2023**

Thursday, February 17th, 2022
at 7:00 p.m.
virtually presented at www.lssd.ca

A copy of the meeting will be available
after February 17th if you are unable to attend.
For more information, please call 204.482.5942

YOUR VOICE IS IMPORTANT • YOUR VOICE IS IMPORTANT • YOUR VOICE IS IMPORTANT

Students spreading the love

I show love by helping people. I mostly show love and support to my dad because he has a bad back and he can't bend easily. Also, because I love him. I also appreciate every one of my friends.

It's not easy to talk about this because you think that you don't do anything nice, but you do. Sometimes you just don't notice. Like when you help them with something small - but to them, your help means a lot and it may just make their day! By: Diamond

I care about my family because one day I helped my mom make supper. At school I have a friend named Troy and me and my friend have been together for a very long time. We played together and I sometimes show him something new. At home, I have a brother named John. We sometimes play together and watch TV. My brother sometimes help me with homework and I help my brother for ideas for his homework. That's how I show them how much I care. BY: Christian

RECORD PHOTOS SUBMITTED

Some of Mrs. Cooke's grade 5/6 students from Robert Smith School wanted to share the love before Valentine's Day with their lovely letters about the love they have for their friends and families. Inclement weather cancelling school meant that not all of the letters from the class could be submitted before Valentine's Day but we hope to share more love with our readers from students in the next few weeks.



SELKIRK
CHEVROLET • BUICK • GMC
RURAL DISCOUNTS WITHIN REACH!

January Top Sales
Josh Isfjord

1010 Manitoba Ave, Selkirk MB
Open 24 Hours @ www.selkirkgm.ca
204-996-2200

@joshselkirkgm

SNOW REMOVAL

CITY OF Selkirk
Where it all comes together

ATTENTION SELKIRK RESIDENTS

The City wishes to remind residents that vehicles may not be parked on City streets for more than 24 hours at a time. This is especially important during snow removal operations as parked vehicles during this period obstruct the removal of snow from the streets. Residents are also reminded that placing extension cords upon any sidewalk can interfere with the City's snow removal equipment. Please note that no person should pile snow from their property or driveway onto a city street, sidewalk or onto a neighbours property. Anyone wishing to have snow removed from their property is responsible for having the snow hauled away and may request access to the city's snow disposal site. Thank you for your cooperation during this very snowy year.
CitizenSupport 204-785-4900 MySelkirk.ca/citizensupport

Snowstorm temporarily closes ERs in Interlake-Eastern hospitals

By Patricia Barrett

A heavy snowfall last Tuesday caused the temporary suspension of emergency departments in some Interlake-Eastern Regional Health Authority facilities.

A spokesperson for the IERHA said the snow and highway closures affected emergency department schedules.

"On Tuesday, February 1 some emergency departments experienced temporary suspensions due to the weather and road closures," said the spokesperson.

An updated (Feb. 4) ER schedule posted on the IERHA's website showed no doctors available at the Eriksdale, Arborg and Pinawa hospitals, and no 24-hour doctor coverage in Beausejour and Pine Falls. ERs in Gimli, Selkirk and Stonewall weren't affected during the storm, according to the schedule.

The weather also caused clinic closures. The Selkirk QuickCare clinic, the St. Laurent Clinic and clinics in the eastern half of the IERHA had to close Tuesday.

Other IERHA news:

-The IERHA has beefed up physician hours in the Selkirk hospital's emergency department. It added 162.25 additional physician hours to the hospital's emergency department since Jan. 2 to "help with increased patient needs," said the spokesperson. "This additional physician staffing for Selkirk Regional Health Centre continues until Feb. 5."

Over the past few weeks, Manitoba

has seen an unprecedented number of patients needing hospital care because of COVID-19. Last Wednesday saw a record-setting 744 people with COVID in hospital. That number dropped slightly two days later to 707 people, according to provincial health data. A total of 1,585 Manitobans have died (as of Feb. 4).

-Doctors employed by the IERHA have not been temporarily transferred by the province to Winnipeg hospitals to care for COVID patient. However, physician shortages do lead to temporary ER closures across the Interlake-Eastern region as do staff shortages in diagnostic departments.

"No IERHA physicians have been pulled to work outside the region outside of what they may normally work. We have full emergency department coverage on the west side [the health region west of Lake Winnipeg] and the usual gaps in coverage we have been experiencing recently on the east," said the spokesperson.

"Some of the unexpected gaps in coverage are due to staffing of the diagnostics department. If diagnostics has experienced a temporary service disruption due to staffing, then the emergency department cannot remain open. Arborg was closed on the 1st and on the 5th and Eriksdale was closed on the 1st due to temporary disruptions in staffing in diagnostics."

-The health authority reinstated acute care beds that had been temporarily suspended in some hospitals late last year because of staff shortag-



FILE PHOTO BY PATRICIA BARRETT

The Selkirk Regional Health Centre's emergency department entrance is shown. The ER provided service during the snowstorm on Feb. 1 that caused the suspension of other IERHA hospital ERs.

es. The Stonewall hospital, which had 5 of its 15 acute care beds suspended, has now had all of those beds reinstated.

Beds continue to be temporarily suspended in Beausejour (6 beds out of 30), Gimli (11 beds out of 26), and Pine Falls (6 bed out of 23).

-Despite over 700 patients in hospital because of COVID, there have been no provincially mandated patient transfers – to free up acute care bed space – from the IERHA since the end of December.

"Interlake-Eastern RHA has not transferred patients out of region since Dec. 31," said the spokesperson "As part of the provincewide response to the pandemic, our RHA has since received a small number of acute care patients from Winnipeg to help maxi-

mize the health system's capacity during this current Omicron surge. Some of these stable patients are COVID-positive while others are not."

-In the space of about 10 weeks since the omicron variant was first identified, the World Health Organization said there have been 90 million new cases – more cases than were reported in the whole of 2020. Deaths are currently increasing, it says, despite the oft-repeated notion that omicron is a mild virus, and it warns countries about prematurely lifting public health safety measures.

Worldwide, more than 386.5 million cases of the virus have been reported and over 5.7 million people have died, according to WHO data as of Feb. 4.

Arborg to host LPN program to help with nursing shortages

By Nicole Brownlee

The Interlake's roster of nurses has the potential to grow with the recent acquisition of a consistent licensed practical nursing program.

The province announced in late 2021 that it would increase the capacity of nursing programs throughout Manitoba.

Suzanne Nicolas, dean of Assiniboine Community College's School of Nursing, negotiated with the province to dedicate a rural rotating site for three regional health authorities: the Interlake-Eastern Regional Health Authority, Prairie Mountain Health and Southern Health.

"There is a significant shortage of nurses in the entire province," said Nicolas.

Each of the RHAs then decides which community in their coverage area could benefit the most from hosting the rotating program.

"Nurses are an aging population. There will be potential for a lot of re-

irements in the next five years," said Nicolas.

"These new programs and seat expansions will definitely help to contribute to minimizing the nursing shortages in these regions."

Before the province's additional help, the IERHA, Prairie Mountain Health and Southern Health would compete for one rural rotating LPN program every two years, forcing rural students to transfer to another community to access training.

"Training nurses close to home allows them to learn in a familiar environment and have the opportunity to learn about and apply for jobs in their community upon graduation," said Marion Ellis, interim CEO of the IERHA, in a statement.

A licensed practical nurse is also a key component to provincial health care, said Nicolas.

"Health care aides are absolutely critical to maintaining that equilibrium in the provision of health care to

Manitobans."

Arborg will host the IERHA's rural rotating LPN program starting September for 25 students. The deadline for applications to the Arborg class is April 18, and only applicants living in the Interlake-Eastern Regional Health Authority will be considered.

Before applications opened for the Arborg site on Jan. 31, Fieldstone Ventures Education and Training Centre Inc. received over 40 messages of interest.

The non-profit helps students from the area apply for the program and prepare the community for classes.

"Over the last two years, Fieldstone Ventures has worked with the town of Arborg to upgrade some buildings so that we can have the training facility in Arborg," said Julie Bergner, Fieldstone Ventures manager.

The province, nearby municipalities and several community organizations helped pay for building improvements to the Age Friendly Building,

the program's classroom and computer lab, and the former Kinsmen Building, the program's clinical lab space.

"Being able to host this program has been extremely valuable to not only Arborg but also the surrounding area," said Cindy Stansell, Arborg CAO.

"Training in our community (also means) graduates can find employment locally and not have to uproot themselves or their families."

Fieldstone Ventures applied to host the rural rotating LPN program for several years. The first class of Arborg's LPN students will be graduating from the two-year program this spring.

"We just feel fortunate that we can get it back into the rural area and get people trained locally," said Bergner.

Assiniboine nursing graduates make an average of \$53,000 a year, and have a high rate of employment after graduation, said the community college.

Manitoba

Winter Explorer Ideas

Explore snowy landscapes on skates, skis or snowshoes

From lakeside trails to downhill slopes, Manitoba has many places to cross-country ski or snowboard. Or venture out to top hiking and skating trails for snowshoe and skating adventures. There are activities for every skill level to get out and explore in winter.



SCAN THIS QR CODE to open the Winter Explorer Guide on your phone.

TRAVEL SAFE IN MANITOBA

Keep yourself and others safe as you explore Manitoba. Remember to:

- ➔ Wash or sanitize your hands frequently
- ➔ Wear a mask
- ➔ Practice physical distancing
- ➔ Stay home when you're sick
- ➔ Be prepared to provide proof of vaccinations at restaurants, events and museums
- ➔ Follow all local travel restrictions

Travel Manitoba cannot guarantee that the attractions and businesses featured will be open and operating as described. While we strongly recommend that all tourism businesses adhere to the public health and safety measures set by the Government of Manitoba, we cannot guarantee the compliance of any business featured in this content. Please contact businesses directly for operating hours and policies.

↑ Mystery Mountain Winter Park

SWAN VALLEY AREA

MANITOBA WEST

When asked about their favourite trail systems in Manitoba, snowmobilers bring up **Swan Valley** again and again. The Swan Valley Snowmobile Association takes exceptional care of 370 kilometres of trails that wind through wooded terrain, meadows, and rolling hills.

FLIN FLON TO THE PAS

MANITOBA NORTH

If you're adventurous, challenge yourself with the 144 kilometre trail from **Flin Flon** to The Pas. The Border Explorers Snowmobile Club has all the information you need to take on this epic snowmobile adventure.

INTERLAKE AREA

MANITOBA CENTRAL

Known for its ice fishing, Manitoba's **Interlake** region is also a hotspot for snowmobiling. The Interlake Snow Trackers maintain 430 kilometres of trails that will take you through Arborg, Hecla, Riverton, Gimli, Winnipeg Beach and even across frozen Lake Winnipeg to Grand Marais.

WEKUSKO FALLS LODGE

MANITOBA NORTH

When it comes to ice fishing in **northern Manitoba**, Wekusko Falls Lodge is a staple. With several legendary lakes nearby and once-in-a-lifetime big fish opportunities, Wekusko Falls Lodge is the ultimate ice fishing experience.

ICEBOUND EXCURSIONS

MANITOBA CENTRAL

One option for ice fishing on **Lake Winnipeg** is Icebound Excursions. Icebound offers anglers the unique experience of heading onto the lake in the luxury of a SnoBear—a fully equipped mobile fishing shack.

BRUIN OUTFITTING

MANITOBA EAST

On a Bruin Outfitting excursion, they take care of all the ice fishing necessities including shacks, rods, bait, and drilling the holes in the ice. Anglers heading out with Bruin will get the chance to catch a variety of species from perch to pike, all in **eastern Manitoba**.

↓ Nestaweya River Trail at The Forks



↓ Spring Hill



PHOTO: JP MEDIA WORKS

↓ Kinosao Bridge



PHOTO: LEIGH MCADAM

Find more skiing and skating ideas at manito.ba/winter-explorer.

Manitoba encompasses Treaty 1, 2, 3, 4 and 5 Territory and communities who are signatories to Treaties 6 and 10. It is the original lands of the Anishinaabeg, Anish-Ininiwak, Dakota, Dene, Ininiwak and Nehethowuk and the homeland of the Métis. Acknowledging these original caretakers is a reminder of our unique heritage, our important relationships and our obligations to and shared responsibilities with Indigenous peoples.

Manitoba
CANADA'S HEART BEATS

NACI releases COVID vaccine guidelines for previously infected

By Patricia Barrett

Canada's National Advisory Committee on Immunization (NACI) released new recommendations last week on vaccination intervals for people infected with COVID-19.

The recommendations come as the surge of omicron infections continues to put people in hospital and/or critical care units across the country. The variant is able to dodge the body's first line of defence – antibodies – and spreads like wildfire. Despite its so-called milder effects than other COVID strains, it has led to record-setting hospitalizations and continues to kill.

People who contract COVID-19 before they're vaccinated or are in between doses should be eligible to get a vaccine eight weeks after their COVID symptoms started or after testing positive for the virus, according to NACI's rapid response recommendation released Feb. 4.

"Individuals who experienced SARS-CoV-2 infection before starting or completing their primary COVID-19 vaccine series may receive their next dose 8 weeks after symptoms started or after testing positive (if no symptoms were experienced)," states the guideline.

NACI also recommends that people

who get COVID after their primary series of vaccination receive a booster dose "3 months after symptoms started or after testing positive (if no symptoms were experienced) and provided it is at least 6 months after completing a primary series."

Canada's chief public health officer Dr. Theresa Tam said people previously infected with COVID can benefit from getting vaccinated, and that a booster dose for the already vaccinated significantly increases the chances of avoiding hospitalization or death.

"What the latest data show is that while two doses of COVID-19 vaccine offer reasonably good protection against severe disease, receiving an mRNA booster dose offers superior protection, keeping more people out of hospital or preventing more deaths. In general, data show that protection against hospitalization is over 90 per cent with an mRNA booster dose," said Tam during a news conference Feb. 4.

No vaccine is 100 per cent effective, she added, and she encourages the public to continue adhering to measures that can protect them from acquiring COVID such as wearing face-masks, practising good hand hygiene, physically distancing and avoiding

WHAT YOU NEED TO KNOW

- The Omicron variant continues to circulate and cause widespread infection in Canada. People who have a recent history of SARS-CoV-2 infection may be wondering how long to wait after infection before receiving a dose of a COVID-19 vaccine, either to start or complete a primary series or receive a booster dose.
- Vaccination continues to be very important, even for those with a prior SARS-CoV-2 infection. NACI continues to recommend that COVID-19 vaccines should be offered to individuals with previous SARS-CoV-2 infection without contraindications to the vaccine.

NATIONAL ADVISORY COMMITTEE ON IMMUNIZATION

NACI's Feb. 4 vaccine update says people who've already been infected with COVID should get vaccinated to improve their odds of avoiding severe illness or death.

large gatherings.

There have been 34,381 deaths reported across Canada, and the latest data show the "severe illness" trend continuing to rise, according to the Public Health Agency of Canada (PHAC).

The agency said in a statement posted on its website that there are "ongoing widespread" [infections] across the country based on data between Jan. 26 and Feb. 1. Those infections continue to place a heavy strain on the health-care system. Severe illness trends, as well, are "elevated or still rising" in many areas of the country.

"As very high infection rates continue to challenge or exceed testing

capacity, reported case numbers underestimate the true number of infections. Hence, a range of other indicators, from laboratory test positivity to daily numbers of people in hospitals and critical care continue to be important for monitoring trends," said Tam.

As of Jan. 30, 88 per cent of Canadians aged 12 and older have had one dose of a COVID vaccine and about 83 per cent have been fully vaccinated. Growing evidence shows a booster dose offers better protection against severe illness from omicron, and can "decrease your risk of infection," states PHAC.

Manitoba second-highest nationally in per-student school spending

Submitted by Manitoba government

Funding for the Manitoba school system will increase by \$120 million in the upcoming school year, including \$43 million increase in annual funding and additional one-time funding of \$77 million to address incremental wage costs and other pressures, Education Minister Wayne Ewasko announced Friday.

"Manitoba has the second-highest spending per student in Canada after New Brunswick at \$15,412 and we are maintaining this position at the national level with a further investment of \$120 million this year," said Ewasko. "School divisions have told us that COVID-19, inflation and other costs have increased financial pressures, and this has been taken into consideration in this year's public school funding. These increases will ensure that school divisions have the resources they need to help students succeed."

The annual funding includes an increase of \$18 million for public schools, \$2.2 million for independent schools and a \$23.2 million increase to the Property Tax Offset Grant. To reduce the burden from rate-payers, education property taxes will remain frozen

and the increase to the Property Tax Offset Grant is equivalent to two per cent.

"School divisions continue to receive the full value of the education property taxes collected as the rebates to Manitobans are funded from general provincial revenues," said Ewasko. "The increase in the Property Tax Offset Grant ensures that school divisions do not lose out on revenue that they would have raised by increasing property taxes."

The \$77 million in one-time funding next year is based on feedback from school divisions on their anticipated incremental costs over and above the regular annual increases in funding.

While these financial pressures faced by school divisions are ongoing, only one-time funding has been announced this year as a new education funding model is being developed in consultation with school divisions for the 2023-24 school year. The new funding model, a recommendation of the Commission on Kindergarten to Grade 12 Education and supported by key sector stakeholders, will ensure the creation of a fair and sustainable model that provides equitable funding so all students succeed regardless

of their location, their background or their individual circumstances.

Earlier this year, the Manitoba government provided an additional \$63 million to schools across the province to address COVID-19 needs. The minister noted the government will continue to assess needs related to the pandemic response and will provide additional safe schools funding as required.

"Manitoba is committed to investing in education with the funding adjusted based on enrollment increases and accounting for COVID-19 related impacts," said Ewasko. "We will continue to consult with school divisions, school staff, parents and students to hear what is working and what we need to do to support them as we move forward to continuously improve and strengthen the education system."

The minister noted today's announcement builds on other recent investments to strengthen Manitoba's education system with a focus on continuous improvement including:

- additional one-time funding of \$80 million for incremental operating costs in public school divisions in 2021-22;

- investments in a new pilot program that will support engagement with elders and knowledge keepers in schools to promote the inclusion of First Nations, Métis and Inuit histories, culture, traditional values, contemporary lifestyles and traditional knowledge in the provincial curricula;
- a total investment of \$260 million in capital funding to build new schools and renovate others; and
- more than \$1 million in additional funding for mental health supports including:
- mental health supports for the education workforce,
- the French translation of materials,
- peer-programming training for educators, and
- further professional development for educators and leaders that is trauma-informed and culturally relevant to address the effects of long-term trauma caused by the pandemic.

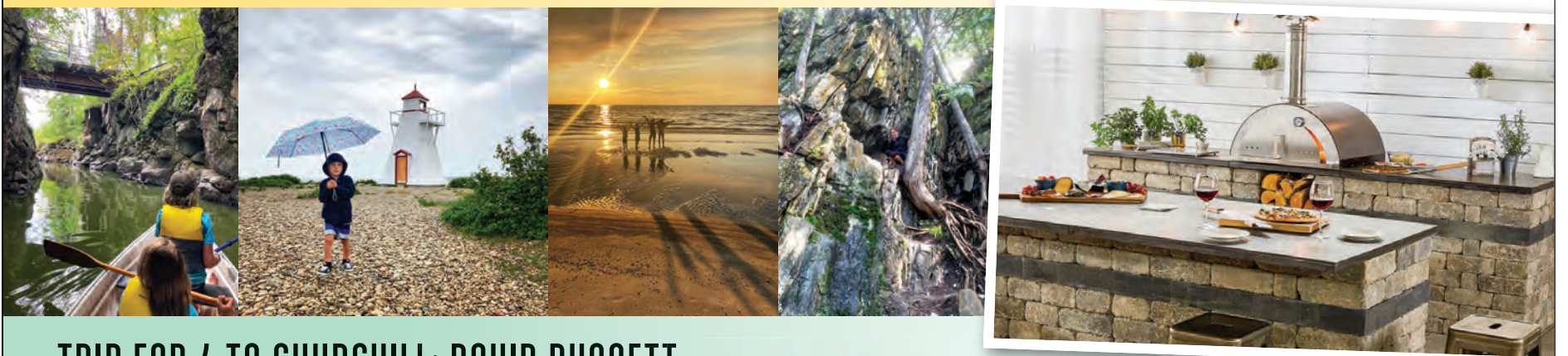




CONGRATULATIONS TO OUR EXPLORE 150 GRAND PRIZE WINNERS!

BARKMAN \$10,000 BACKYARD PACKAGE: CHELSEA ZOSKE

barkman



TRIP FOR 4 TO CHURCHILL: DAVID DUNNETT



CONGRATULATIONS TO ALL OF OUR MONTHLY PRIZE WINNERS: View the full list at Manitoba150.com/Explore



11,747 APP USERS **120,468 CHECK-IN ENTRIES**

THANK YOU TO ALL OF OUR AMAZING SPONSORS. This program would not have been possible without you.



MEDICATION REVIEW SERVICES
FOR A \$40.00 FEE
*This fee may be covered under a Health Spending Account from private insurance.
SHOPPERS DRUG MART
230 Main St., Selkirk
204-482-5600

We're on Your way home
HARRY'S FINE FOODS
YOUR LOCAL ONE STOP SHOP
• Bakery • Fresh Meats • Deli • Provisions • Hot Foods
• Lollo • Tobacco • Confectionery
harrysfoods.ca
5571 Hwy #9 (at St. Andrews Rd.) St. Andrews (204) 338-7538

ORDER AHEAD. PICK UP AND GO.
JUST USE THE **M** APP
GET IT HERE
©2021 McDonald's

Selkirk Record
204-785-1618

Serving the Interlake for over 25 Years
BONDED HEALTH & MOBILITY SERVICES
• SALES • SERVICE • PARTS
of • Wheelchairs • Scooters
• Walkers • Healthcare Products
• Homecare • Orthotics
Toll Free: 1-877-825-0917
Email: ihebert@bondedhealth.ca
230 Manitoba Ave, Selkirk 204-785-1992

Your Health

Tergesen putting a lot of heart into Manitoba Heart & Stroke fundraiser

By Patricia Barrett

A Gimli business owner who suffered a heart attack a few years ago is lending his time and support to the Manitoba Heart & Stroke Foundation's "ice hearts" February fundraiser.

Stefan Tergesen of H.P. Tergesen & Sons general store is encouraging the public to increase their physical activity by using the trail system around Gimli, Winnipeg Beach and other parts of the province, as well as to make a donation to the Manitoba Heart & Stroke organization. With the ongoing COVID-19 pandemic, door-to-door canvassing isn't being undertaken.

People can upload to social media a photo of themselves taking part in the campaign. Heart & Stroke volunteers will be putting up signs at trailheads across the province and decorating the trails with ice hearts where people can stop and pose. The signs will have a QR code providing a link to the Manitoba Heart & Stroke donor site.

Tergesen is stepping up for the second year in a row to help decorate trails around Gimli and promote the campaign.

"I will again be personally going out to decorate a number of locations with signage encouraging people to donate and to share [photos] on their social media," said Tergesen. "We'll be decorating with ice hearts and asking people to take selfies to post on their pages. I will be setting up selfie stations and signage at both of the Camp Morton trails staging areas, at the Gimli Harbour and Boardwalk and in a to-be-determined location in Winnipeg Beach."

People living near Gimli can use one of the Gimli Cross-country Ski Club's groomed trails in Camp Morton Provincial Park, on both sides of PR 222. Some are multi-use and others are designated for skiing, snowshoeing or hiking. Winnipeg Beach has a number of trails as well.

With the blessing of Trails Manitoba, an organization that helps develop recreational trails and receives funding from the federal and provincial

governments, Tergesen said volunteers are looking at promoting the campaign along trails in Brandon, Thompson, Neepawa, Lac Du Bonnet and Winnipeg.

Tergesen "dropped dead" from cardiac arrest at Toronto's Pearson Airport in January 2020. He had been running across the airport to make a connecting flight and collapsed at the departure gate. Luckily, passersby knew how to perform CPR and use an AED machine (defibrillator) and were able to restart his heart.

"With the aid of an AED machine and CPR training, I was brought back. Shortly thereafter I received three angioplasties and a stent to repair the damage – all of which can trace their development and promotion to Canada's Heart & Stroke Foundation," said Tergesen. "I have had the great fortune of benefitting from years of research and advancement in science, a lot of which was supported by the foundation."

Since his heart attack, Tergesen said he has met many people who told him their own story. It made him realize how many lives have been touched by the behind-the-scenes work of the foundation.

Having had a brush with death and feeling it was "the right thing to do," Tergesen said he joined the board of Heart & Stroke's Manitoba organization and is working alongside an old classmate and friend, Olive McDonald, who accepted the role of chairperson.

Last year's "ice heart" fundraiser raised \$15,000, a good chunk of research money that got bumped up by CP Rail, which donated \$2 for every \$1 raised for a total of \$45,000, said Tergesen. All the money goes to research carried out in Manitoba. They're aiming to raise even more this year.

The pandemic's effect on Manitoba's health-care system has underscored the importance of taking part in regular activity to prevent illness. Last year Heart & Stroke carried out a national survey to gauge the impact of the pandemic on heart and



FILE PHOTO BY STEFAN TERGESEN

Stefan Tergesen helped decorate trails in Camp Morton and in Gimli last February with ice hearts in support of the Manitoba Heart & Stroke Foundation's February fundraiser.

brain health after delays in diagnostic tests and surgeries ballooned in Manitoba as patients with COVID filled hospitals and critical care units.

"Nine in 10 of the health professionals and researchers who responded to the survey are worried that the health of people living with heart disease or stroke has gotten worse because they were not always able to access the care they needed during the pandemic," states an Oct. 19 news release.

The money the foundation raises for research goes towards finding solutions for heart failure, which include new treatments, preventing damage and improving diagnostics. For more information on the Heart & Stroke Foundation, visit www.heartand-stroke.ca

Here for You
Pharmacy
at **SAFEWAY**
Manitoba Ave & Main Street
204-482-8887

Jeff Wharton
MLA for Red River North
204.641.2107

Alan Lagimodiere
MLA for Selkirk
204.482.4955

FOR A HEALTHIER PLANET PLEASE RECYCLE
WASTE CONNECTIONS OF CANADA
for a list of recyclable products go to:
simplyrecycle.ca

Water Shop
ALONG WITH WATER AND ICE WE ALSO DELIVER **SOFTENER SALT**
204-482-2277 | thewatershopselkirk.ca | info@thewatershopselkirk.ca

Vist our No Frills Pharmacy today and save!
NOFRILLS
366 Main Street, Selkirk Town Plaza

Interlake Cremation & Memorial Services
204.482.1040
Helping families make informed decisions at a difficult time
interlakecremation@mymts.net 204-482-1040

AVANI WELLNESS & MASSAGE
Avani Wellness & Massage
www.avaniwellness.com
204-757-2765

Lockport Family Chiropractic IS NOW OPEN 6 DAYS A WEEK!
120 Hwy 44 Lockport

LOCKPORT FAMILY CHIROPRACTIC
Dr. Diocee, BSc., D.C. | Dr. Sumeet Dhalla, D.C.
Dr. Serena Dhalla, D.C.
Serving our Community for 23 Years
Lockport Family Chiropractic
www.lockportfamilychiropractic.com
204-757-4895

Oak Hammock Marsh looking for more than a facelift

By Nicole Brownlee

Oak Hammock Marsh is reaching for a refresh over the next few years, with plans already underway to re-envision programs, facilities and style.

The educational hub near Stonewall opened in 1993, offering Manitobans a glimpse at the restored marsh and birding hot spot.

The Harry J. Enns Wetland Discovery Centre has since had minor renovations but looks like a replica of the early 90s opening.

"We see changes a lot at the museums and the zoo... But sitting here in the Interlake, we haven't changed a whole lot," said Nathalie Bays, the centre's operating manager.

Bays joined the centre as the education co-ordinator in 1997 and has watched the centre gain popularity over 25 years but is pushing for more.

"We're working with an external consulting company to design new exhibits and new themes and change a little bit of the flow of the building," said Bays.

The province committed \$1.5 million

to help with renovations but needs the centre to find \$3 million from other avenues to access their donation.

If the province approves the project, the exhibit entrance, main hall and reception area will be reconfigured.

"There would really be more of a flow and a story as people go through the exhibit," said Bay.

There are also plans for the café and theatre would also be upgraded.

"We'd be working all across the building, both from an infrastructure and an exhibit purpose."

The centre sent surveys to members, volunteers and the public to gauge their perspective on Oak Hammock Marsh and found resounding support for development.

"They all said, 'It's a great place, but it's looking its age,'" said Bays.

One of the most recent additions to Oak Hammock Marsh is a new building sponsored by Qualico. The new facility costs just under \$300,000 and will replace the original interpretive centre built in the 1980s.

"This was before Ducks Unlimited

came along and built a better facility," said Bays.

The original long wood building with four small rectangular windows hosted information sessions for school groups.

The updated building has a sloped roof and several large windows overlooking cattails and hectares of property.

School groups will also be able to use the new addition, but Bay expects family events, cultural gatherings and workshops will also be held there.

"People will be able to rent a beautiful facility if they don't want to be in the main building."

Unlike the previous facility that required a holding tank, wastewater from the Qualico building will be filtered to the sewage lagoon used by the Interpretive Centre.

"From an environmental perspective, that's a big plus as well," said Bays.

The addition is expected to open in Spring 2022.



RECORD PHOTO BY OAK HAMMOCK MARSH

The original interpretive centre at Oak Hammock Marsh, built in the 1980s, will be replaced with a new building purchased by Qualico.

Federal Conservatives, Bezan, call for lethal weapons for Ukraine

By Patricia Barrett

With Russia continuing to mass troops and military equipment along its borders with Ukraine, the federal Conservatives called on the government last Monday to provide Ukraine with weapons.

Selkirk-Interlake-Eastman MP James Bezan was among several MPs who asked the Liberal government to step up with “lethal weapons” to address the threat to Ukraine, and said Canada has been asked since 2018 to provide those weapons.

“This is about respecting international rules and not allowing one country to start invading another,” said Bezan by phone last Friday. “It’s unbelievable that here we are in 2022 and there’s still this empire-building taking place ... under the auspices of the Kremlin.”

In 2014 Russia annexed Crimea, a peninsula on the Black Sea that was part of Ukraine, and made it a federal subject of the Russian Federation. The majority of the international community regard Crimea as occupied Ukrainian territory. After the annexation, Russia was suspended indefinitely from the Group of 8 (G8) countries.

Russia began massing troops, artillery and other military equipment on its eastern and northern border with Ukraine last spring. By December it had 100,000 troops, according to U.S. intelligence. Satellite imagery last week showed an estimated 130,000 troops, weapons and troop shelters in western Russia, Belarus (on Ukraine’s northern border) and Crimea. The Russian and Belarus defence ministries are calling the deployments training exercises. The U.S. and the U.K., which are among a number of countries that have supplied weapons to Ukraine, are adamant that Russia is going to invade.

Russia has demanded that Ukraine not be given membership in the North Atlantic Treaty Organization (NATO), a defensive alliance of countries including Canada and the U.S. that was formed after the Second World War to provide collective security against the then-Soviet Union. Russia claims NATO expansion will threaten its security.

The federal Liberal government has charted a cautious approach to the tensions in eastern Europe, seeking diplomatic solutions rather than provocation, while at the same time sending a message to Russia that there will be consequences should it invade Ukraine.

“With the possibility of a further invasion of Ukraine by the Russian Federation, Ukraine is still needing defensive weapons,” said Bezan. “Our

allies – the U.S., the U.K., Poland, Latvia, Lithuania, Estonia and some others – have provided lethal defensive weapons including anti-tank rockets and surface-to-air missiles to protect from possible aerial attacks; the Russians have moved attack helicopters into the region. Ukraine still needs sniper rifles, machine guns and handguns. This is going to be a big war and Ukraine is going to have to arm up their national forces ... and militias.”

In 2018, when the Conservatives asked the government to arm Ukraine, there was a cache of weapons in storage including sniper rifles, machine guns, handguns, rocket-propelled grenade launchers. They had been destined for the Kurds to fight ISIS, but were not sent after the Kurds declared independence from Iraq, said Bezan.

“Those weapons were sitting in storage, collecting dust for a number of years, and we asked that those weapons be provided to the Ukrainian military,” he said.

NATO members can “make their own decisions” as to whether to supply weapons to Ukraine, said Bezan, and Canada has yet to act. Germany was criticized a few weeks ago by Kyiv’s mayor, Vitali Klitschko, for sending 5,000 helmets.

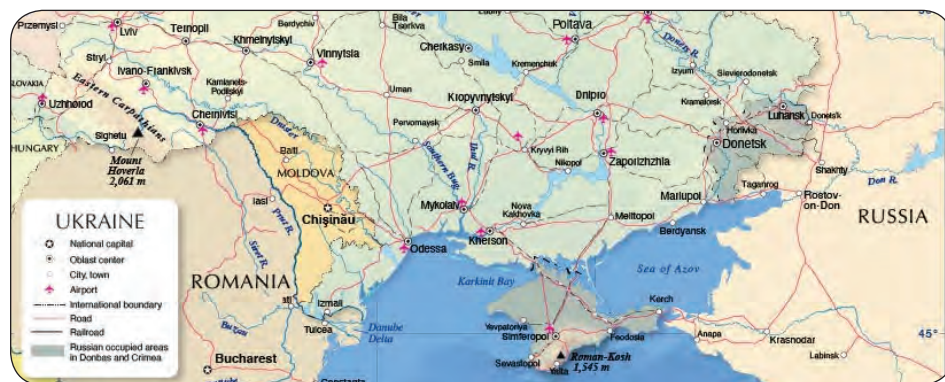
Bezan said he took part a briefing on Feb. 4 with the former deputy prime minister of Ukraine and current member of Parliament, who said the country is setting up regional militias (citizen soldiers) and that they need to be armed.

“The best deterrence to stopping a military invasion is to have fire power on the other side. That’s the only thing president Putin understands,” said Bezan. “He’s provoked by weakness and, unfortunately, the soft measures taken by the Liberals are only [emboldening] Putin when countries like Canada and Germany aren’t stepping up to provide the help Ukraine needs.”

Canada has roughly 1.4 million people of Ukrainian origin, and Bezan said the Ukrainian community – including those in his Selkirk-Interlake-Eastman riding – has been “very supportive” of Ukraine. Canadians generally see the country as an ally “standing on Europe’s eastern flank of the great bear that wants to expand.”

When pressed in the house by several MPs on weapons for Ukraine, Canada’s foreign affairs minister Melanie Joly said Ukraine specifically asked for a loan and for more military training.

“When I was in Ukraine a week ago, President Zelensky had one ask. It was to make sure that we would help



ONE WORLD - NATIONS ONLINE PROJECT

Map of Ukraine showing Russia-occupied Crimea on the Black Sea.

by offering a sovereign loan to the Ukraine government to deal with economic instability. Three days later, we provided \$120-million in sovereign loans,” said Joly on Jan. 31. “What I heard from the national guard on site in Ukraine was that they needed more support in terms of military training. A week later, we extended and expanded Operation Unifier.”

But Bezan says she was being “disingenuous” and cited a Globe and Mail story that said the federal cabinet has been debating for some time about whether to provide lethal weapons.

“They haven’t reached a consensus yet. They’re debating it because they were asked to provide military weapons,” said Bezan. “For the last number of years there has been [dialogue] between the governments of Canada and Ukraine. There’s actually a shopping list of exactly what [weapons] Ukraine is looking for.

“Despite what Joly said, when she was in Ukraine maybe there were diplomatic memos going back and forth saying, ‘We’re not giving you weapons so don’t ask for weapons when we’re here,’ but they’ve been asking for weapons for years. That shopping list is available to both National Defence and Global Affairs Canada and it’s updated on a monthly basis if not weekly.”

A spokesperson for global affairs Canada told the *Record* that Ukraine requested “economic support” from Canada and its other allies in order to counteract Russian destabilization efforts.

“This is why Canada has offered a sovereign loan of up to \$120 million to Ukraine, which will support the country’s economic resilience and governance reforms, as well as \$6 million in technical assistance to support the loan,” said the spokesperson by email. “Canada has also increased our aid by \$50 million to help Ukraine deliver increased security, prosperity and freedom for all of its citizens. This assistance will also help meet the immediate and urgent needs of vulnerable populations impacted by the ongoing conflict.”

Canada has been “resolute” in its condemnation of Russia’s violations of Ukraine’s sovereignty, territorial integrity and independence, including the military build-up on the borders, he said. And from the beginning Canada has stressed that the crisis “must be resolved through dialogue and diplomacy.”

After Russia annexed Crimea, the Canadian government began providing military training to Ukrainian forces.

In 2015 Canada responded to Ukraine’s request for military training by launching a training mission called Operation UNIFIER, said the spokesperson.

“Currently in its twelfth rotation, the mission has trained nearly 33,000 Ukrainian security forces, helping Ukraine increase the capacity of its fighting force. We remain committed to enhancing the capabilities of Ukraine’s armed forces,” he said.

And on Jan. 26 Canada announced it would extend and expand Operation UNIFIER until March 2025. The program will provide enhanced military training and mentorship to Ukraine’s security forces.

Last Thursday the government sent Ukraine non-lethal military equipment such as spotting scopes, field glasses, body armour and metal detectors as part of Operation UNIFIER.

In addition to Canadian military personnel in Ukraine training the country’s forces, Canada also has boots on the ground in Europe.

“Canadian Armed Forces are also present with up to 915 troops in central and eastern Europe in support of NATO’s assurance and deterrence measures under Operation REASSURANCE, Canada’s largest international military operation,” said the spokesperson. “This includes our leadership of NATO’s enhanced Forward Presence Battle Group in Latvia, as well as our persistent rotational deployment of a frigate with the Standing NATO Maritime Groups.”

Improved fisheries management through angling assessment and education

By Carly Deacon, MWF Managing Director

Manitoba has embarked on significant changes to angling regulations, coupled with an impressive increase in recreational angling popularity. Residents and tourists flock to Lake Winnipeg, to experience one of Manitoba's world class fisheries and contribute to over \$600 million towards Manitoba's economy. A parallel relationship exists between our fisheries economy and the science that supports its sustainability. The collection of fisheries data, combined with effective angler education are critical factors in ensuring our fisheries are used and managed sustainably. The MWF is thrilled to deliver an "Improved Fisheries Management through Angling Assessment and Education Project" on Lake Winnipeg. The project has two components: to secure a recreational angling coordinator to assist with public communication around angling awareness, recruitment and provide education to anglers on Manitoba's impending angling regulation changes; and to conduct creel surveys to improve the understanding of angler use and harvest on Lake Winnipeg. This project is proudly funded by the Fish and Wildlife Enhancement Fund (FWEF).

**Angling Communication,
Education and Awareness**

Funds provided by FWEF will enable

MWF to hire an angling coordinator who will be instrumental in delivering educational materials and implementing advanced communications to all anglers across the province. The result will be a well-informed angling community that will immediately benefit from the enhanced opportunities made possible by the future regulation changes. This new position will also lead the implementation of the creel surveys. They will build awareness of the importance of creel surveys, educate, and seek feedback on the proposed regulations, communicate results of the creel surveys to key interest groups, educate anglers on numerous angling matters such as fish handling techniques, ice fishing safety, accessibility, and angling opportunities in Manitoba.

The Importance of Creel Surveys

Sustainable management of fish stocks requires fisheries managers to have a comprehensive understanding of annual harvest pressure by all resource users. Angling license sales for Manitoba Residents are up by 35% and observations indicate that angling pressure and harvest has increased dramatically. Currently, Manitoba collects biological data on an annual basis to assess fish stocks, but our understanding of angling use and harvest could be significantly improved. The goal of fisheries management is to allow resource users (i.e. commer-

cial, recreational, and sustenance fishers) to maximize their harvest without compromising the future sustainability of fish stocks (manage towards the maximum sustainable yield). In the absence of adequate harvest information, estimating the maximum sustainable yield is not possible, thus maintaining a sustainable fishery is not achievable.

This project's objective is to provide an estimate of the total fish harvest by anglers on Lake Winnipeg by conducting creel surveys. Data obtained through these creel surveys will significantly improve the understanding of harvest by recreational anglers, thus improve Manitoba's ability to develop to calculate maximum sustainable yield. Winter creel surveys have previously been conducted on the south basin of Lake Winnipeg in 2017 and 2019. Results of the 2021/22 winter creel survey will supplement previous data and provide an indication of the overall health of recreationally targeted species.

What Can Lake Winnipeg Anglers Expect for this Ice Fishing Season

A creel survey is a tool used by fisheries managers to assess the status of fish populations in a particular waterbody. Each survey is a record of a single day's fishing effort, providing details on what an angler caught, released and how much time was spent fishing.



RECORD PHOTO SUBMITTED
Shawn Solarchuck with a Lake Winnipeg walleye.

Anglers are asked a series of simple questions regarding their experience fishing that day. Anglers are provided with an opportunity to comment on fisheries management decisions. Harvested fish may also be weighed, measured, sexed, and aged, providing important biological data on the fishery.

Surveyors will be interviewing anglers at various access points around the south basin of Lake Winnipeg throughout the winter of 2021/22. Survey personnel will collect data from recreational anglers to capture data during peak angling activity and the data will be used to determine overall angling effort and catch per unit effort. This data will improve the estimate of overall harvest and result in improved management of this high-use fisheries.

Dentures are staying in place, thanks to the Vandor team

BY ELISHA VANDOR

As I'm writing this, I'm thinking about the person who is struggling to keep their dentures in their mouth. The lower denture can pop out with a flick of the tongue and the upper has lost its once cement-like suction. If your tongue is doing more work keeping your dentures in your mouth than helping chew your food for digestion, then we can help. Most importantly, how would you like to adjust the tightness of your denture like you adjust the laces on your shoes? Those laces give your feet the ability to stay in place and grip the sidewalk. Imagine if your foot was slipping out of your shoe with every step you took? You probably wouldn't walk as confidently as if your laces were tight and your foot secure in your shoe. Coincidentally, your ability to chew and eat with confidence is affected by your denture's ability to stay in place.

There are different ways we can get your denture to grip better. Yes, I do suggest Polygrip, but Polygrip's effectiveness is determined by how well your denture fits. So first, your denture

needs to fit as tight as possible. If you've had your denture for more than 3 years and it's never been refitted (also called relined), then that's a good start. A reline will refit your current denture to the way your gums are right now. It's very beneficial as it will prevent the denture from prematurely cracking and give you some improved tightness. If you experience extreme bone loss from years of wearing dentures, then mixing Polygrip with a reline can benefit you too. Alternatively, improving the grip of your dentures is best done by getting new dentures altogether. Over time, teeth become worn and the material of the denture can become thin. A new denture will correct these issues and simultaneously give you the best fit possible. So how do you adjust the tightness like a shoe lace? For that we will need a couple more denture components...

Some like to call them buttons, and others say magnets, but the word for adjusting how tight your dentures grips is called "O-rings". O-rings are

tiny rubber-like clips that hold your denture onto a dental implant, and there are different options for how tight you want your denture to be. Some want them just tight enough to chew that morning toast, but still be easy to clip out. Others want them so tight that they can eat well-done steak, so we simply clip in tighter O-rings. We can actually adjust the tightness of people's dentures with dental implants and the matching O-rings that go into the denture; it is quite amazing! Recent patient Gilbert just had his denture gripped onto 2 lower dental implants and he says, "The denture isn't moving around now. Before, when I was eating they popped out all the time, but now they're a lot better and stay in place. I'm able to eat a lot better. In fact, I could even have them a bit tighter at my next appointment." - January 12, 2022

If you would like to know if your dentures could be made tighter too, just give us a call for a free consultation!



- supplied photo -
Happy patient Gail poses with Brock after receiving her new dentures. **SENIOR PRICING**

VANDOR • DENTURE • CENTRE

AWARD-WINNING DENTURES AND IMPLANTS

(204) 482-6698

299.5 Eaton Ave, Selkirk, MB

get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Thai Chicken and Pork Skewers

1 1/2 pounds boneless, skinless chicken breast

1 1/2 pounds pork tenderloin

In mixing bowl, combine ginger, garlic, peanut butter, broth, soy sauce, chili oil, lime juice, honey and cilantro. Mix well and season with salt and pepper, to taste.

Cut chicken and pork into strips and thread onto skewers. In non-metal container, marinate meat in half of peanut butter sauce 1-2 hours in refrigerator. Reserve remaining sauce for dipping.

Heat oven to broil.

Broil skewered meats until done, turning once. In pot, bring remaining sauce to boil and serve warm as dipping sauce.

Recipe courtesy of the Georgia Peanut Commission

1 tablespoon minced ginger
6 cloves garlic, crushed
2 cups creamy peanut butter
1 cup chicken broth
2 tablespoons light soy sauce
1 tablespoon chili oil
1/2 tablespoon lime juice
2 tablespoons honey
2 tablespoons chopped cilantro
salt, to taste
pepper, to taste



Brussels Sprouts with Peanut Chipotle Vinaigrette

nish

fresh orange or mandarin juice, for garnish

crispy fried shallots, for garnish
crumbled French feta, for garnish
chopped fresh mint, for garnish
Preheat air fryer to 400 F.

Lightly brush Brussels sprouts with peanut oil and place in fryer basket. Cook 10-15 minutes, shaking halfway through.

In small bowl, whisk peanut butter, water, champagne vinegar, honey, chipotle chili powder and 1 pinch salt until well combined.

Once cooked, remove Brussels sprouts from air fryer and place in bowl. Toss in chipotle peanut vinaigrette until well combined. Season with salt, to taste.

Garnish with orange segments, orange juice, crispy fried shallots, feta and mint.

Recipe courtesy of Parker Wallace (parkersplate.com) on behalf of the Georgia Peanut Commission

2 pounds Brussels sprouts, halved
peanut oil
2 tablespoons creamy peanut butter
2 tablespoons water
3 teaspoons champagne vinegar
2 teaspoons honey
1/8 teaspoon chipotle chili powder
1 pinch kosher salt, plus additional, to taste, divided
orange or mandarin segments, for gar-

Peanut Butter Cookie Oatmeal

Recipe courtesy of the Georgia Peanut Commission

1 cup old-fashioned oats
2 1/2 cups water
1/4 teaspoon salt

2 tablespoons chunky peanut butter
1 tablespoon brown sugar
2 tablespoons raisins
1 banana, sliced
1/2 teaspoon cinnamon
1/2 teaspoon vanilla extract
1/2 cup milk
2 teaspoons maple syrup

In medium saucepan, combine oats, water and salt.

Bring to boil then reduce heat to medium. Cook 10-12 minutes, stirring occasionally.

Remove from heat and add peanut butter. Stir until peanut butter melts.

Add brown sugar, raisins, banana, cinnamon and vanilla extract; stir.

Divide oatmeal into two bowls. Top each bowl with 1/4 cup milk and 1 teaspoon maple syrup.

SELKIRK STEELERS

Bingo!

Thur

at the Selkirk F

Early Birds
at 7:00 pm

Regular Bingo
at 7:30

Full H
Po

Lucky
Bonanza in 1,425

BINGO POSTPONED UNTIL FURTHER NOTICE



Christine Ibbotson

Dear ATML Readers: I want to share a study done a couple of years ago, (pre-COVID) on why some retirees are happier than others. See if you can do these things too.

When we think about it – why aren't all retired people happy? They don't work or commute any more. They have no deadlines, commitments, angry bosses, or back-stabbing coworkers to deal with, and they can sleep in every day. To the rest of us still working, we can't imagine why they wouldn't be happy all the time? But it turns out, there are some retired Canadians that are indeed happier than others. So, let's find out why and discuss how you too can be guaranteed retirement bliss.

When we looked at the financial aspects of the happiest retirees, it was not that they had more money, but more that they viewed their money as a tool for their happiness. The happier retirees had no mortgage or consumer debt. They also stayed in the homes that they purchased and paid off while they were working. This is where it got very interesting to me. Turns out, many retirees that moved during the early years of retirement to "right-size" their life, took on home renovations, or made big purchase decisions and wound up with more debt than they bargained for; forcing them to eat into their retirement savings or carry a new mortgage that wasn't anticipated. When it came to vacations, (again please remember this study was done pre-COVID), the happiest retirees had taken two or three vacation every year, while the less happy retirees had one or none. This next discovery was something I didn't expect. Turns out the happiest retirees in the survey were not lavish spenders and seemed to be right in the middle-class with their spending especially on cars, clothing, and vacations. The unhappy retirees on the other hand were the opposite. This group had a lot more status symbol purchases and high-priced vehicles, with BMW being the most popular.

Another thing that I found most interesting was that the happiest retirees had done a lot of planning over the years. They obviously were not leaving anything up to chance. Most had financial advisors, and all had multiple sources of income in retirement, (3-5 sources funding retire-

AsktheMoneyLady.ca

ment). The unhappy participants, as you would expect, did little to no planning for their future during their working years, with most starting just five years before retirement. This group invested without financial assistance, usually day-traded on their own, and all planned to rely on one or two sources of income, such as their pensions only.

When we look at the other facets of the happiest retirees, the study showed that this group had many personal hobbies. The happiest people had four to seven hobbies versus the most unhappy retirees who had fewer than three. So, what is a hobby? A hobby is a leisure pursuit, something that fulfills and defines you. This would be something that you think about, something you do often, and is absolutely one of the key traits that will ensure your happiness. You see, those retirees that had many core pursuits were statistically happier than those that retired with only one or two things they liked to do outside work. According to the research, many Canadians with no hobbies, ended up with depression in retirement; claiming that they had never been depressed before retirement, but now without work, they felt they had lost the only identity and sense of purpose they had ever known. The number one hobby among happy retirees was volunteering of which we all know there are endless options. Happier retirees tended to be very active and social with daily exercise being a key factor as well. Please remember that this study was done pre-COVID; however, the findings are still interesting. The happiest retirees were much more involved socially (and still are, virtually). They joined clubs, played sports, attend fitness classes, volunteered, had part-time jobs, and were generally busy every day with activities. The unhappy in the study tended to prefer more solitary interests, such as, walking alone, hunting, and watching television.

So my ATML Readers: the take-away from this study is to Plan Your Life. I know we are all getting tired and discouraged with COVID, but remember, life is what you make it. Only you can make yourself happy, healthy, fit, slim, busy, wealthy, content, independent, prosperous.....you get the idea! So, no matter where you are, no matter what is going on right now in your life; change it and mix it up this year. Find your own happiness equation and just do it!

Good Luck & Best Wishes,
ATML - Christine Ibbotson

Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Einarson captures third straight Scotties

By Ty Dilello

Gimli's Kerri Einarson (Team Canada) held off a late-game comeback by Northern Ontario's Krista McCarville for a 9-6 victory to win her third straight Scotties Tournament of Hearts.

It came down to the wire in Sunday night's final from the Fort William Gardens in Thunder Bay, Ontario.

Einarson and her team of third Val Sweeting, second Shannon Birchard, and lead Briane Meilleur, held an 8-6 lead heading into the final end, but the host rink McCarville had the hammer. Einarson had a rock on the button that was touched by a McCarville rock and another Team Canada stone.

On her final shot of the game, McCarville tried a double angle-raise takeout to score two and tie the game, but it was just slightly off course, and when the dust settled, Einarson stole one to give the Interlake squad the 9-6 win.

"It feels absolutely amazing," said Einarson. "To win once is hard, but to do it back-to-back-to-back is extremely hard. I'm so proud of my teammates. They've been unreal all week."

Einarson showed lots of respect to the host McCarville rink.

"They're a wonderful team, and they make a ton of shots," she said. "We knew we had to make all of our shots."

The perennial underdog at the big events, McCarville had also previously lost the final of the 2016 Scotties and finished third at the recent Tim Hortons Canadian Curling Tri-

als in Saskatoon. However, this may have been the most brutal loss of the bunch since it was in her hometown in front of a big home crowd that was fully supporting the Northern Ontario rink.

"It's disappointing," McCarville said. "We've been here before. You don't know when you're ever going to get back. So to come up a wee bit short in the final is tough."

After losing its first game in the Page seeding round, Team Canada had to win three straight games in the Page playoffs. Einarson's rink advanced to the final with an 8-4 win on Sunday afternoon over Andrea Crawford of New Brunswick.

This third Scotties title now puts Einarson and her team into elite company, along with Team Nova Scotia's Colleen Jones, Team Jennifer Jones of Manitoba and Saskatchewan's Team Vera Pezer as other skips with at least three consecutive Scotties championships.

"They are amazing curlers, so to be in the same company as them is pretty amazing," said Einarson.

It was also the fourth Scotties win in four Scotties appearances for Shannon Birchard. Before joining the Einarson rink, she had previously won the 2018 Scotties with Jennifer Jones, when she filled in for Kaitlyn Lawes, who was off winning gold at the 2018 Winter Olympics for mixed doubles.

East St. Paul's Tracy Fleury (Wild Card #1) and her rink of Selena Njegovan, Liz Fyfe, Kristin MacCui-sh finished the round-robin with a



RECORD PHOTO BY CURLING CANADA/ANDREW KLAVER

Gimli's Kerri Einarson captured her third straight Scotties on Sunday night. Front row, from left: Kerri Einarson, Val Sweeting, Shannon Birchard, Briane Meilleur. Back row, from left: Krysten Karwacki, Reid Carruthers.

7-1 record. They ultimately fell in the page playoffs to Kerri Einarson 11-6 to finish fourth.

Altona's Mackenzie Zacharias represented Team Manitoba at the event and started off strong by going 5-3 in the round-robin. However, Zacharias' time at the Scotties ended prematurely after shockingly losing a tiebreaker game to the Northwest Territories' Kerry Galusha 8-6.

Ironically enough, Einarson will now head back to Prince George, B.C., for the 2022 World Women's Curling Championship, where she was set to

defend her first title in 2020. But that event was cancelled just prior to starting due to COVID-19, and Team Canada was denied a chance at a world title.

"When I found out it was in Prince George, I said I want to get back there," said Einarson. "I said, 'girls, we need to get back there and play in Canada at the worlds.' Hopefully there will be fans. It was pretty disappointing when we were unable to compete last time."

The 2022 World Women's Curling Championships will run in Prince George, B.C., from March 19-27.

Raiders dump the Riels

Staff

The Raiders Jr. Hockey Club defeated the St. Boniface Riels 5-1 in Manitoba Major Junior Hockey League action on Sunday.

Jayce Kennedy had a great game for the Raiders, finishing with two goals and two assists.

Alex Loschiavo, Ryland Kuczek, on

the power play, and Jaden Shumilak also tallied for the Raiders.

Parker White scored a third-period goal for the Riels.

Dylan Francis made 27 saves for the win.

Last Friday, the Raiders lost 6-2 to the first-place St. James Jr. Canucks.

The Raiders led 2-1 after the first

period on power-play goals from Jack Oleksiuk and Shumilak.

St. James' goals were scored by Kale Price (two), Zach Greenwood, Rory Neill, Kurtis Luke, and Griffin Haight.

On Feb. 1, the Raiders were defeated 3-1 by the River East Royal Knights.

River East's Ryan Zalatach scored in the first period and then Kuczek tal-

lied in the second.

The Royal Knights' added goals from Carson Winkler and Jack Stewart in the third.

The Raiders, now 17-17-1 and in fifth place, will visit the Charleswood Hawks this Friday (7:30 p.m.) and then host the Stonewall Jets on Sunday (2:30 p.m.).



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Kreviazuk enjoying his time working with the Jets

By Brian Bowman

Chris Kreviazuk has a very important job with the Winnipeg Jets.

Kreviazuk, who grew up in Lockport and attended Happy Thought School until Grade 3, has responsibilities that include the coordination of logistics related to team travel and hospitality, as well as managing the day-to-day itinerary of the Jets.

It's a pretty cool job to have.

"I like it a lot, nine years on this job and two years with communications and I liked that as well," said Kreviazuk, the Jets' manager of team services, from Philadelphia where the Jets were taking on the Flyers last week. "I like the travel quite a bit and being around the guys in the locker room. It's usually a pretty light mood in there with a lot of joking around, unless we're losing. "Usually, it's a lot of fun and it's a cool job to have for a guy like me who was not nearly good enough as a player to make it. It's nice to be part of this league in a different capacity so I'm pretty lucky."

But his job has been a whole lot tougher this year with games being postponed and players and staff coming down with COVID-19.

This year, he is also involved with the daily private COVID-19 testing for players along with head athletic therapist Rob Milette.

Still, it's a pretty good gig, he said.

"It gets pretty hectic on the road sometimes with travel but we travel pretty comfortably," Kreviazuk said. "The time zone changes are difficult on the players but we travel comfortably. We don't travel commercial flights and we're staying in nice hotels."

The Jets recently had a road trip that lasted 23 days and reached eight cities.

COVID-19 and its fast-spreading Omicron variant was the culprit. Kreviazuk missed part of that monstrous

road trip because he came down with COVID over Christmas.

"For the first time ever, I missed the road trip because the NHL protocols wouldn't allow me to go, which was too bad because my symptoms weren't too bad," Kreviazuk said. "But rules are rules."

Because of the NHL all-star break, the Jets had a full week between games. Winnipeg hosted the Minnesota Wild this past Tuesday.

"I (was) looking forward to it and looking forward to seeing family and friends," Kreviazuk said. "All of the players are asking me, 'Krevy, what are you doing for break? Where you going?' I'm going home to see a bunch of people that I don't get to see very often. Hopefully, I'll get out a couple of days to my parents' place and visit my nephews, niece, and maybe go out for some beers with buddies. Just stuff like that. Before you know it, it will be right back into hockey and I'm sure I'll be missing it at that point."

Prior to his current role, Kreviazuk spent two seasons working in the communications and marketing departments where his main scope of duties included writing for the Winnipeg Jets in-game fan program, 'In Flight', and providing statistical information for the hockey club and members of the media.

He graduated with a B.A. in Kinesiology from the University of Winnipeg in 2009.

"I just knew I wanted to work in sports so I thought about athletic therapy and maybe a personal trainer, something like that on the fitness side," he explained. "But I kept on coming back to the idea that I want to work in hockey and I really didn't care in what capacity. So I worked at the Highlander hockey rink while I was doing my B.A in Kinesiology and I ran hockey leagues for kids."

Then Kreviazuk got a huge break



RECORD PHOTO SUBMITTED

Chris Kreviazuk is the Winnipeg Jets' Manager, Team Services.

when he landed a job driving a Zamboni for True North.

He then started writing for the Manitoba Moose before moving on to getting an internship with the Jets after they were acquired from the Atlanta Thrashers.

The rest, they say, is history.

"It was kind of fluky, I played a couple of hunches that paid off," he said. "I got in the good books of the right people, I guess, and things kind of happened fortunately for me."

A highlight for Kreviazuk with his job is being given the opportunity to take his parents on guest trips.

"Our owner, Mark Chipman, has

been gracious enough to let the staff do that, too," he explained. A lot of teams will just do the players but, for us, he lets all the staff do it. I brought my dad (Alvin) four times, I think, and my mom (Betty) was able to come once so that's been pretty cool. "You sit beside them on a plane or the bus ride to the rink and you think about all of the times I sat beside them when they drove me to East Selkirk...or the Barn to those early-morning practices. It was kind of cool to repay the favour a little bit all of this time down the road with the Winnipeg Jets. I'm not playing but it's still a neat experience."

What's *Your* story?
The Selkirk Record

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline
Mondays at 4 p.m.

Office Hours: Monday-Friday 9:30-5:00



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers top Terriers twice in OT

By Brian Bowman

The Selkirk Steelers had to work a little overtime twice last weekend.

But it resulted in a pair of important victories.

Mathieu Catellier scored a beautiful goal, driving to the net from the corner, for the game winner to lift Selkirk to a 3-2 home victory on Saturday.

"It was a great cap to the weekend and Catellier has really been coming on for us," said Steelers' head coach Hudson Friesen. "Every game he has been an impact player. For him to take the game over and put it in his own hands (Saturday night) the way he did was a pretty special moment."

The goal capped off a great comeback by Selkirk, which trailed 2-0 in the second period before the Steelers tied the score with goals from Lucas Brennan, on the power play, and Matthew Gerke.

Brennan's goal was assisted by Jordan Hughesman, who now has a point in a remarkable 15 straight games.

"Jordan has been coming along, just like Catellier, in the last two months, especially. He's really found his game," Friesen said. "I didn't even realize he was on such a hot streak until it was nine or 10 games in. The way he's been playing is no surprise. Every night, he has been an impact player as well. He's really turning into a dynamic player for us and he can take over games."

"On the power play he's been contributing and defensively, too, it's not just with the puck. He's been coming

along in all areas."

Portage took a 2-0 lead on a power-play goal from Tyler Dodgson and an even-strength marker from Brandon Funk just 1:11 apart in the first period.

Hunter Tarves made 27 saves for the win.

Last Friday the Steelers defeated the Terriers 4-3 in overtime in Portage la Prairie.

Tyson Smith scored the game winner in OT after converting a nice pass from Hughesman.

"Coming into this weekend the message was this is playoff hockey and our playoffs start now," Friesen said. "It was a tight game and down the stretch this is what it's going to be like every game, especially against a team like Portage that is nipping at our heels."

Smith opened the game's scoring just 24 seconds into the second period.

Portage, though, came back with goals from Austin Peters and Austin McLean 2:59 apart late in the second.

The Steelers went ahead 3-2 on goals by Sheldon Howard and Dante Ballarín but Portage's Brandon Funk tied the score at 3-3 at 7:52 of the third period.

Hughesman had two assists in the game.

Cole Plowman made 24 saves for the victory.

Selkirk, now 18-16-14-2 and in fourth place in the East Division with 42 points, seven ahead of the Terriers, hosted Portage this past Tuesday but no score was available. The Steelers



RECORD PHOTO SUBMITTED

Steelers' forward Mathieu Catellier was named the IBAM Rookie of the Month for January. He scored seven goals and had 10 points in eight games.

will host the Winkler Flyers on Friday and visit Portage Saturday. Puck drop for both games is 7:30 p.m.

"It's another big week for us so hopefully we can put a little bit more distance between us and (Portage) and keep playing the right way here,"

Friesen said.

In off-ice news, Catellier was very deservedly named the IBAM Rookie of the Month. He scored seven goals and had 10 points in eight games in January.



CATCH THE EXCITING NEW TEAM FOR THE 2021-2022 SEASON

HOME GAMES

- VS Winkler Flyers Fri, Feb. 11th 7:30 pm
- VS Steinbach Pistons Fri, Feb. 18th 7:30 pm
- VS Winkler Flyers Sat, Feb. 19th 7:30 pm

ALL SPECTATORS MUST SHOW PROOF OF DOUBLE VACCINATION WITH ID AND MUST WEAR A MASK IN THE ARENA

NEXT AWAY GAMES

- VS Portage Terriers Sat, Feb 12 7:30pm
- VS Winkler Flyers Wed, Feb 23 7:30pm

the Steelers Box Office is open 1 hour before game time
SELKIRK RECREATIONAL COMPLEX

www.selkirksteelers.com

**GET YOUR GAME TICKETS AT:
THE STEELERS BOX OFFICE,**

Royals' varsity teams roughed up on basketball court

By Brian Bowman

The Selkirk Royals lost 62-36 to the Garden City Fighting Gophers in KPAC Tier 1 varsity girls' basketball action last Friday.

Selkirk is now 0-3 in league play with two of those losses coming against Garden City.

"They're a solid team and they play really tough 'D' and hustle hard," said Royals' head coach Amanda Hallson. "But things outside of our control have not been (good) with the weather and exam week. Things like that have not been good to us this season so far, especially in 2022."

Garden City ran the court really well, said Hallson. Still, Selkirk trailed by only 12 points heading into the fourth quarter after holding the Fighting Gophers to just seven points in the third.

"Fatigue got us. We're a little out of shape, a little out of practice right now," Hallson said. "Overall, even though the score doesn't reflect this, I didn't think it was a terrible game. The girls did some good things out there."

Sarah Boitson led Selkirk with 10 points and eight rebounds while Talia Carey added nine points.

Last Wednesday, the Royals had a league game against the River East Kodiaks cancelled.

Selkirk hosted River East on Monday but no score was available. The Royals will host the Maples Collegiate

Marauders on Wednesday. Tip-off is 7:30 p.m.

"We haven't had a ton of opportunities to play in January through the snow days and exam week and what-not so this is a big week," Hallson said. "I think the girls are really looking forward to it. Getting some games in and getting out there and playing a bit. After what I saw against Garden City, I kind of think that we are headed into the right direction but we just have to get out there and play."

The Royals' varsity boys' basketball team, meanwhile, lost 91-56 to the Steinbach Sabres in exhibition action last Friday.

Selkirk's league game against Calvin Christian last Wednesday was cancelled. The Royals will host Calvin Christian this Wednesday at 6 p.m.

In junior varsity girls' action, Selkirk soundly defeated Murdoch Mackay 50-38 last Thursday.

The Royals played Murdoch Mackay on Tuesday but no score was available. Selkirk will visit Springfield Collegiate this Thursday (7:30 p.m.).

Selkirk's junior varsity boys were defeated 49-36 by Steinbach in an exhibition game last Friday.

The Royals lost 63-38 to the West Kildonan Wolverines last Thursday.

The Royals played at MBCI on Tuesday and will visit West Kildonan on Thursday (6 p.m.).



RECORD PHOTO BY JOHN PODWORNIAK

The Royals' Talia Carey scored nine points in Selkirk's 62-36 home loss to the Garden City Fighting Gophers in varsity girls' basketball action last Friday.

Viterra Championship begins Wednesday in Selkirk

By Ty Dilello

CurlManitoba announced last week that after extensive consultation, and with support from Sport Manitoba, the men's provincial Viterra Championship aligns with the current Public Health Orders and will be proceeding as scheduled from Feb. 9-13 in Selkirk.

Additional safety protocols will be implemented to help ensure the safety and health of all involved. Therefore the competition will look a little different. The event is being held at the Selkirk Curling Club instead of the Selkirk Recreation Complex, where it was initially supposed to be held.

Only 20 tickets will be available per draw for purchase. If you're interested in a ticket for any of the draws, they are available for \$10 on the CurlManitoba website.

Unfortunately, Sportsnet will not be able to broadcast the semi-finals and finals as in past years. However, CurlManitoba will be streaming one sheet

from every draw for the whole event, including the semi-finals and finals. You can find the stream available on the CurlManitoba YouTube page.

West St. Paul's Mike McEwen enters the Viterra Championship as the top seed and overwhelming favourite at the event. McEwen, who has played at the last six Briers, is looking to get back to the national stage one more time with a squad that includes Reid Carruthers, Derek Samagalski and Colin Hodgson.

Jason Gunnlaugson of the Morris Curling Club is the second seed. However, Gunnlaugson indicated on his Twitter account last week that he isn't comfortable competing at the event because of the ongoing COVID-19 pandemic. The rest of his team plans on playing and competing in his absence.

Gunnlaugson captured the 2020 Manitoba Viterra title, the last time the championship was staged. A year

later, he was selected by CurlManitoba and wore the buffalo at last year's Brier inside the Calgary bubble.

Gunnlaugson's team might be at this year's Brier. But if they are there, they will be without its skip.

"I take my role as a teammate and a leader very seriously, and it breaks my heart to potentially let my teammates down in some of the biggest tournaments of the year," Gunnlaugson wrote. "To preserve the integrity of the Wild Card process, I will also not participate in the Brier as a Wild Card this year if I do not participate in the Viterra tournament."

Winnipeg Beach's Colton Lott (Kyle Doering, Tanner Lott, Emerson Klimpke) enter the event as the third seed and are looking to do some damage. Team Lott team started the year with Pat Simmons at skip, but after the Olympic Pre-Trials, Simmons left the team, leaving Colton Lott to skip and bringing up Stonewall's Emerson

Klimpke to go from alternate to lead.

"We've played against the big dogs many times over the years, so we're feeling pretty good about our chances this year," said Kyle Doering. "We've had a good year, and things will hopefully come together for us at the right time in Selkirk this week."

Rounding out the top teams in the event are fourth seed Braden Calvert, fifth seed Corey Chambers, sixth seed William Lyburn, seventh seed Ryan Wiebe (which includes this journalist throwing third stones), and eighth seed Jacques Gauthier.

The 28-team modified double knockout bracket begins Wednesday morning at the Selkirk Curling Club and goes until Sunday afternoon's final. The winner of the event will represent Manitoba at the upcoming Tim Hortons Brier in Lethbridge, Alberta, from March 4-13.

U18 Thrashers win twice last week

Staff

The Winnipeg Thrashers split a weekend series with the Parkland Rangers in Manitoba U18 AAA Hockey League action in Dauphin last weekend.

Parkland salvaged the split with a dominating 8-2 victory on Sunday afternoon.

Nathan Lenowski scored for Winnipeg in the second period and then Xyon Kiemeney tallied in the third.

Hayden Seib (two), Madden Murray (two), Cash Clarkson, Kyan Grouette, Rylan Gibbs, and Jayce Legaarden scored for the Rangers.

On Saturday, Winnipeg beat Park-

land 5-2.

Andrew Hladun, Lenoski, Dawson Zeller, Joshua Fast, and Hayden Chaloner scored for the Thrashers.

Rangers' goals were tallied by Clarkson and Legaarden.

Last Friday, the Thrashers defeated the Yellowhead Chiefs 5-4 in overtime in Shoal Lake.

Carter Bear scored the game winner on the power play. It was his third goal of the game.

The Thrashers led 3-0 midway in the second period on a power-play marker from Bear and even-strength goals by Daniel Tokariwski and Fast.

But Yellowhead roared back with three goals in a 4:41 span late in the second. Ben Roulette, on the power play, Ty Kirk and Cole Topham tied the score at 3-3.

Ryan Gage then gave Yellowhead its first lead of the game with a power-play goal at 6:15 of the third period.

Bear then tied the score at 4-4 at 10:15 of the third as Winnipeg enjoyed the man advantage.

Winnipeg, now 18-18-1 and in fourth place, will host the Winnipeg Bruins on Wednesday (8 p.m.) and Parkland on Friday (8 p.m.) and Saturday (5:45 p.m.)

Henry named MHSAA Athlete of the Week



RECORD PHOTO BY DON MCINTOSH

Selkirk Royals' captain Ashton Henry was recently named an MHSAA Athlete of the Week.

Royals come back to beat Buckeyes

By Brian Bowman

The Selkirk Royals overcame a 2-0 second-period deficit to defeat the Miles Macdonell Buckeyes 4-2 in Winnipeg High School Hockey League action last Thursday at the Recreation Complex.

Merrick Hucul and Dylan Goldsworthy scored first-period goals to stake Miles Macdonell to a 2-0 lead.

But Nick Magwood and Nathan Burzynski tied the score at 2-2 with second-period goals.

In the third, Burzynski and Tanner

Skrypnyk tallied to seal the victory.

Burzynski and Magwood each finished the game with three points. Burzynski led Selkirk in goals (20) and points (41) during 24 regular-season games.

Owen Savioe earned the victory in goal.

On Feb. 1, Selkirk defeated the Sturgeon Heights Huskies 4-3 in a shootout.

The Huskies took a 2-0 first-period lead on goals from Pablo Gonzalez and Layne Richardson (on the pow-

er play).

Selkirk's Clint Thomas and Sturgeon Heights' Caden Ostermann traded goals in the second.

Burzynski was the hero in the third, scoring on a penalty shot and adding a power-play goal.

Brendan Berrington posted the win in goal.

Selkirk finished the regular season with a 10-11 record to go along with two shootout wins and a shootout loss.

Selkirk shuts out St. Malo

By Brian Bowman

The Selkirk Fishermen were on the defensive last weekend.

Selkirk allowed just one goal in two games - both victories - in Capital Region Junior Hockey League action.

The Fishermen shut out the Warriors 3-0 in St. Malo on Saturday.

Nolan Milgaard and Austin Zirk

scored first-period goals and then Reece Tessier tallied in the second. Tessier is third in league scoring with 45 points, (25 goals, 20 assists).

Brendon Hocaluk made 20 saves for the win.

On Friday, the Fishermen defeated the Ice Dawgs 5-1 in Arborg.

Selkirk took a 3-0 first-period lead on goals from Kasen Andrushko (on

the power play), Zirk and Kyle Folhoffer.

Tyson Barylski put Arborg on the board late in the first but Selkirk replied with second-period goals by Braeden Hummel and Matt Brooks.

Folhoffer had a great game with four points while Zirk, Tessier, and Andrushko each had two points.

Owen Derewianchuk made 26 saves for the win.

Selkirk, comfortably in first place with 65 points, played the North Winnipeg Satelites this past Tuesday but no score was available.

The Fishermen will host the Satelites on Saturday (7:30 p.m.) and the Ice Dawgs Sunday (3 p.m.).

Next Home Games

SATURDAY, FEBRUARY 12th
vs North Winnipeg 7:30pm - Selkirk Rec Centre

SUNDAY, FEBRUARY 13th
vs Arborg Ice Dawgs 3pm - Selkirk Rec Centre

SUNDAY, FEBRUARY 20th
vs Lunder Falcons 3pm - Selkirk Rec Centre

Due to changing COVID restrictions, please check our website for last minute schedule changes

Next Away Games

Tuesday, Feb 17 - vs Arborg - 7:45pm in Arborg

Saturday, Feb 26 - vs Lunder 7:30pm in Lunder



Meet the Fishermen



#29 Brendon Hocaluk
Goalie

All Spectators must show proof of double vaccination with ID and must wear a mask in the Arena

Staff

The Dairy Farmers of Manitoba High School Athlete of the Week is Ashton Henry of the Lord Selkirk Royals' hockey team.

The announcement was made last Wednesday.

Henry had a dominant week on the ice as he led the Royals to two victories, contributing five goals and two assists. That included a four-goal outburst in the first period of their win over Steinbach.

He had 11 goals and 11 assists through 22 games, including three power-play goals and a short-handed one.

"Ashton is the team captain and is leading the Royals to a resurgent second half of the season," said Royals' head coach Michael Buffie.

Henry, a Grade 12 student, maintains a 75 per cent academic average.

Classifieds

Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

Everything you need to
promote your business
Call **204-785-1618**



Association for Community Living: Beausejour Branch Inc. (ACL-BB)

WE'RE LOOKING FOR YOU!

Association for Community Living: Beausejour Branch is seeking applications for the following positions:

Direct Support Professionals

Full time and casual positions for
Monday-Friday daytime hours.

Driver's license required and must be 18 years or older.

Paid training will be provided.

If you are interested in the position above, please send your resume via email to brennes@aclbb.com

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. NO ITEM TOO LARGE! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

HOUSE FOR RENT

1 bedroom house in Selkirk. \$1000 with utilities included, no pets, no smoking. Available March 1. Call Mary 204-672-0058.

APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

APARTMENT FOR RENT

424 Eveline Street, 2 beds & 1 bath. \$1,119 & \$1,067/month includes water, tenants pay their own hydro and parking. Elevator in building, front door intercom, in-suite laundry. No pets & no smoking. 1 year lease only. Call/text 204-290-3805. ruleapartments@gmail.com

Sublet suite - 55+ building. Large 2 bedroom, 2 bathroom at 40 "B" Eveline St., faces parking lot on 2nd floor. Very quiet building, balcony good size. Phone Diane 204-482-7921.

HELP WANTED

Home Care Attendant/ Health Care Aide for 2 elderly parents in St. Andrews (Larters/Airport Area). Email LTC@MTS.NET to apply.

Seasonal Help Wanted - Searle Greenhouses Ltd. located at 345 Old Henderson Hwy in East Selkirk is accepting applications for full-time seasonal greenhouse worker positions starting in March 2022. No experience required; training is provided. Starting wage \$11.95 per hour. Apply by email to: iwanttowork@searlegreenhouses.com or fax: 204-482-8968 Attn: Kris

ROUND-TUIT CLEANING Services is hiring to fill a part-time position, approximately 15 hours per week in the Selkirk and Lockport areas. Experience not necessary. Training provided. Proof of COVID vaccination required. For information call 204-785-3257. Texts will not be acknowledged.



Power Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 32 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

take a break > GAMES

SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | | | | 3 | | | | |
| | 3 | | 5 | 6 | | 1 | 8 | |
| 7 | | | | | | | 6 | |
| 1 | | | | 5 | | | | |
| | | 9 | | | 2 | | | |
| | | | | | | 8 | | 2 |
| | | 4 | | 8 | | | 5 | 9 |
| | 6 | | | | | | 2 | |
| | | 7 | | | | 4 | | 8 |

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 3 | 4 | 1 | 2 | 9 | 7 | 6 | 5 |
| 1 | 2 | 7 | 5 | 6 | 4 | 3 | 9 | 8 |
| 6 | 5 | 9 | 3 | 8 | 7 | 4 | 1 | 2 |
| 2 | 6 | 8 | 4 | 1 | 3 | 9 | 7 | 5 |
| 9 | 1 | 5 | 2 | 7 | 8 | 6 | 4 | 3 |
| 4 | 7 | 3 | 9 | 5 | 6 | 8 | 2 | 1 |
| 3 | 9 | 6 | 8 | 4 | 2 | 1 | 5 | 7 |
| 7 | 8 | 1 | 6 | 9 | 5 | 2 | 3 | 4 |
| 5 | 4 | 2 | 7 | 3 | 1 | 9 | 8 | 6 |

Sudoku Answer

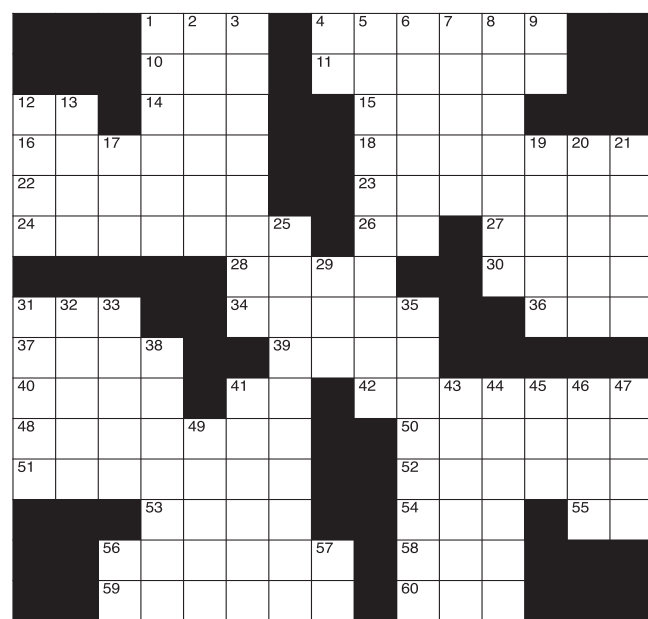
| | | | | | | | | |
|--|--|--|--|--|--|--|--|--|
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

Crossword Answer

CROSSWORD

CLUES ACROSS

- One point east of due south
- City in Maine
- Inquire too closely
- Make dirty
- Small Greek island
- Bitterly regret
- Millisecond
- the ante
- Without value
- Eurasian ryegrass
- Authentic
- Having a mournful quality
- Not out
- Salvador __, Spanish artist
- Cargo (abbr.)
- This (Spanish)
- Sino-Soviet block (abbr.)
- Slang for trucks with trailers
- Helps you hear
- Steer a boat
- British School
- Genus of olive
- Computer term (abbr.)
- Horse gear
- Give off
- A type of salt
- Exposing human vice or folly to ridicule
- One who watches birds
- Sailboat
- A major division of geological time
- Sodium
- American state
- Soak in water
- Thin decorative covering of fine wood
- Affirmative



CLUES DOWN

- One of the four seasons
- Its sultan is famous
- A lens for correcting defective vision in one eye
- College degree
- Soldiers need it
- Japanese car manufacturer
- A way to address
- Obstruct
- Atomic number 45
- Ill-mannered
- Opaque gem
- Indicates before
- Remove
- Populous Argentine city
- More cunning
- Rich dessert
- Payment (abbr.)
- Footwear
- Famed Alabama city
- Sheep's cry
- Arrogance
- Clerical vestment
- Serving no practical purpose
- An evening party
- Print errors
- Not good
- Egyptian Sun god
- Industrial German city
- Scottish island
- Early multimedia
- Atomic number 18

Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

Selkirk Record

BUSINESS OPPORTUNITY

Profitable Business-Gas station- Convenience Store- Restaurant for sale in Gilbert Plains, MB. Perfect location with 4 lots serious inquiries only. Call 204-548-2508 or 204-638-2643.

MISCELLANEOUS

For sale - 1 Acorn Chair Lift \$1,400 obo; 1 Savaria Chair Lift for sale, \$800 obo; 1 Golden Power Lift & Recliner Chair, asking \$2,500 obo. Please call 204-482-7024.

WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Starting a new business?

Call us -

We have everything you need to promote your business

Call 204-785-1618

Book Your Classified Ad Today

Display Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 204-785-1618

Everything you need to promote your business



Call Today! 785-1618

SHOP LOCAL



Wrap your metal building up with warmth!

A Metal-over-Metal retrofit system that insulates your existing metal building.

Is your building cold? Leaks inside? Shops, rinks, banks, and commercial buildings can be done with no down time.

An engineered system that lasts a lifetime.

1-800-431-9661

www.retrofitclip.com

THE ST. ANDREWS COMMUNITY CLUB is accepting applications for

ARENA FACILITY & ICE TECHNICIAN

The St. Andrews Community Club located in south St. Andrews is looking for a hard-working Arena Facility & Ice Technician who is energetic and thrives on client-first service while working with people of all ages and abilities.

The Facility & Ice Technician position will appeal to someone who is self-motivated, an exceptional team player, adaptable, reliable and client focused.

If you have arena ice maintenance experience that would be an asset, but not a requirement. For essential requirements of this position please see the full description at standrewsrec.com

We are inviting interested people to apply as soon as possible.

Please e-mail resume to presidentstacc@gmail.com or drop off a resume at 28A St. Andrews Road, St. Andrews MB, with a short cover letter telling us more about yourself and how you see yourself in this role.

News Tips?
Story Ideas?
call the Record
204-785-1618

BATTERIES FOR EVERYTHING!

50,000 BATTERIES IN STOCK

*Auto *Farm *Marine
*Construction *ATV
*Motorcycle *Golf Carts
*Rechargeables *Tools
*Phones *Computers
*Solar Systems & design
* Everything Else!

THE BATTERY MAN

1390 St. James St.,
WPG
1-877-775-8271
www.batteryman.ca

FULL TIME HEAVY DUTY MECHANIC

- Benefits Package (full time only)
- Competitive wages
- Willingness to work overtime
- Valid driver's license
- Class 3 an asset
- Ability to perform MGI Safety an asset

Derek (204) 793-7465

CENTENNIAL TRANSPORT & LEASING LTD.

HEALTH CARE AIDES

All shifts available. Wages dependant on experience. To join our Bonded Health Services Team call or drop resume in person or email to ihebert@bondedhealth.ca



BONDED HEALTH SERVICES

230 Manitoba Ave., Selkirk
204-785-1992

204 PALLET AND PACKAGING

Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. Please call 204-344-5404 for more details.



HELP WANTED!

NOW HIRING FOR THE FOLLOWING DEPARTMENTS:

- Fresh Meats • Bakery • Deli • Grocery • Hot Foods • Delivery
- Day Time & Weekend Help Required

Please drop off resume **IN PERSON** at Harry's Fine Foods
5571 Main Street (HWY #9)



RM OF WEST ST. PAUL

NOTICE

Request for Quotation 2022-01 - Purchase of All Utility Vehicle

The Rural Municipality of West St. Paul is seeking a quotation for the purchase of one (1) new all utility vehicle.

Specifications and quotation documents including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked "RFQ 2022-01 - Purchase of All Utility Vehicle" will be received by the undersigned at the address below until 12:00pm noon on February 24, 2022. Late submissions will not be accepted.

The award of RFQ 2022-01 - Purchase of All Utility Vehicle is subject to the inclusion in, and approval of, the Council of the RM of West St. Paul's Financial Plan.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the RFQ should be directed to Terry Ferguson, Community Services Officer by e-mail tferguson@weststpaul.com or by phone at 204-334-0092.

Tender 2022-02 -

Supply of Rubber Tired Loader

The Rural Municipality of West St. Paul is seeking proposals from qualified bidders for the supply of one (1) rubber tired loader.

Specifications and Tender packages including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked "Tender 2022-02 - Supply of Rubber Tired Loader" will be received by the undersigned at the address below until 12:00 noon on March 3, 2022. Late submissions will not be accepted.

The award of Tender 2022-02 - Rubber Tired Loader is subject to the inclusion in, and approval of, the Council of the RM of West St. Paul's Financial Plan.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by e-mail rfriesen@weststpaul.com or by phone 204-334-0092.

Mr. Brent Olynyk, CAO
Rural Municipality of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3

We Are HIRING!

LOCKPORT COMMUNITY DEVELOPMENT GROUP (LCDG) IS LOOKING FOR A:

CASUAL MARKETING / ADMIN COORDINATOR

WE'D LOVE TO HEAR FROM YOU!

E-MAIL YOUR RESUME TO LOCKPORTMARKETING@GMAIL.COM

LCDG is a group of local businesses in the RM's of St. Andrews, and St. Clements that have joined forces in promoting the joint community of Lockport Manitoba.

We are looking for talented and creative people for our team.

- ✓ Graphic Designer or Canva experience
- ✓ Digital Marketing / Content Creation experience
- ✓ Administration Capabilities (Recording of Meeting Notes is required)
- ✓ Casual basis - approx. 3-4 hours per week - great contract or part time work!
- ✓ Really great ideas!

Classifieds

Selkirk Record

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

Evan Kreutzer.ca
Real Estate Services Inc.

325 Manitoba Ave. Selkirk
204-482-7355

4U2-SELL
204-482-7355

WANTING TO SELL BEFORE SPRING?
We're Looking for New Listings!

We have Interested Qualified Buyers! **CALL US TODAY AND GET MOVING!**

BIRD RIVER LANDING
138 acres,
2,600 ft waterfront
\$369,000

445 Manitoba Ave \$330,000

Request for Quotation No. RFQ-2022-01 Hire of Privately Owned Equipment Hourly Rates

2022 / 23 Equipment Rates

The Rural Municipality of St. Clements is seeking quotations from qualified bidders for hourly rates for Privately Owned Equipment for the 2022 / 2023 season.

Request for Quotation packages, including specifications and submission documents are available at the Public Works Office, 155 CIL Road, or from the Website, www.rmofstclements.com.

Sealed submissions clearly marked "Hourly Equipment Quotation, No. RFQ-2022-01" will be received at RM of St. Clements Public Works Office, located at 155 CIL Road, East Selkirk, MB, up until 2:00 PM, Local Time on Friday, February 18, 2022.

All inquiries related to the Request for Quotation should be directed to Mr. Greg Elson at 204-482-3300.

The lowest or any hourly rate bid not necessarily accepted.

Greg Elson, CET
Public Works Manager
155 CIL Road
Box 2, Grp 35, RR 1
East Selkirk, Manitoba, R0E 0M0
Fax: (204) 482-3660



Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

Red River North Tourism ANNUAL GENERAL MEETING

Via Zoom

7:00pm,

March 30, 2022

www.redrivernorthtourism.com



PUBLIC NOTICE MUNICIPALITY OF ALEXANDER 2020 AUDITED FINANCIAL STATEMENT

PUBLIC NOTICE is hereby given pursuant to Section 194 of the Municipal Act, that the Municipal Auditor's Financial Report, together with the related financial statements for the 2020 fiscal year, have been deposited at the Municipality of Alexander office located at 1 Bouvier Trail, St. Georges, Manitoba, and are available for inspection during the office hours of 8:30 a.m. – 4:30 p.m.

Michele Stefaniuk
Acting Chief Administrative Officer
Municipality of Alexander

NOTICES

COVID impacting your business? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out and get seen by over 360,000+ homes. Selling something? Have an on-line store to shop at, doing curbside pickup/deliveries? Let people know in the Blanket Classifieds! Start the year off right. Don't let COVID get you down. We are now booking Classified Advertising for 2022. Call us at 204-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

Trucks, Trailers, Truckbeds & Tires

- Full Repair & Safeties
- Vehicle Parts, Tires & Wheels
- Trailer Parts & Batteries
- Sales, Financing, Leasing & Rentals

EBY Aluminum:

- Gooseneck and Bumper Pull Cattle & Equipment Trailers
- Truck & Service Bodies
- Generation Grain Trailers

KALDECK TRUCK & TRAILER INC.

Hwy #1, MacGregor, MB
1-888-685-3127
www.kaldecktrailers.com

OWNER OPERATORS WANTED for DECK/VAN DIVISION

Odanah Truck Line is looking for Owner Operators to run Canada and US (must be compliant), paid by percentage, and 100% of fuel surcharge, tarps, \$1,500 signing bonus may apply. Strive for a good work/home life. Please email

ken@odanah.com
with drivers abstract.



CLASS 1 TRUCK DRIVER

To run Canada - must have experience

- Paid pick, drops, layovers and stat pay
- Multi drop runs
- Benefit package
- Dedicated truck
- Sign on bonus
- Annual bonus
- Reset at home
- Weekend home time
- Paid training
- Referral program

Derek (204) 793-7465
CENTENNIAL TRANSPORT & LEASING LTD.

The Aurora Plus

1648 SqFt RTM
3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. 9 ft walls and double cathedral ceiling. James Hardie Siding.

Pictures available
www.wgiesbrechthomes.ca
Taking orders for Spring 2022
204-346-3231

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a winter or Christmas event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

Maintenance/Caretaker Couple or Person Required Relocate to SLIMS CABINS NE Saskatchewan Full Time. Year Round.

Main camp road access plus boat in & fly in outposts. Large, heated, well equipped shop to repair or fabricate almost anything. Troubleshooting, mechanical, heavy equipment operation, plumbing, electrical, carpentry, welding, etc.

If you possess a lot of skills, enjoy a rural location, are motivated, responsible, independent and respectful, this may be your dream lifestyle/employment.

Any excessive alcohol consumption (beyond social) or substance abuse is not welcome at our fishing/hunting camp.

Call 204 937 4007

McSherry Auctions

12 Patterson Dr.,
Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving
Closes Wed Feb 16 @ 7:00PM

Estate & Moving
Featuring Guns & Ammo
Closes Wed Feb 23 @ 7:00PM

Consignments Welcome!

(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

Now Hiring!

Customer Services Representative
Teulon, MB

To Apply, Visit:
www.nutrien.com/careers

Nutrien
Ag Solutions



SELKIRK

NOW HIRING!

The Canadian Tire Selkirk Automotive Department is now seeking staff for the following position:

EXPERIENCED Red Seal Mechanic

Strong candidates must have:

- Solid communication skills
- Problem solving abilities
- Strong interactive skills

Compensation based on experience.

Full time position includes benefit package.

Email resume and references to
mick.walsh@thetire.ca

Lockport Family Chiropractic is hiring for GENERAL OFFICE HELP

Approximately 6 to 10 hours
per week (4 to 6 pm).

Excellent phone and handwriting
skills a must.

Please apply with a resume to
Dr. Diocee
at 120 Hwy 44 in Lockport or by
email at
gurb@avaniwellness.com.
Students welcome!

Announcements

Book Your Classified Ad
Today - Call 785-1618

Selkirk Record

ANNOUNCEMENT

BIRTHDAY



Maria Bear
Happy 75th Birthday
on February 10th

We would like to wish this Lady a wonderful birthday. She is the most wonderful, caring and amazing woman we are blessed to call Mother. If you see her, wish her a Happy Birthday.
-Love you Mama Bear,
Morgan and Rae

ANNOUNCEMENT

IN MEMORIAM



In Memory
Anne Dutka
(Nee Kulik)

November 1, 1922 - February 14, 2018
Many seasons have slipped away,
Yet so many loving memories remain.
So grateful for such a gracious,
Kind and wise mother.
From my heart to yours - with love,
-Marlene

OBITUARY

Serafina Loschiavo

The family of Serafina Loschiavo are profoundly saddened by the untimely and sudden loss of their beloved mother, grandmother and great-grandmother on February 3, 2022 at her winter home in Rincon de Guayabitos, Mexico at the age of 85.
Longer obituary to follow.
Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

James Alexander Brolund

Peacefully on February 4, 2022, Jim passed away at the age of 76 years.
In accordance with his wishes, cremation has taken place and a Celebration of Life will be held at a later date.
Friends and family are invited to visit Jim's memorial page at interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:

**Interlake Cremation
& Memorial Services**
204.482.1040

OBITUARY

Eleanor Helen Cieszynski (nee Kilimnik) March 10, 1934 – February 4, 2022



It is with profound sadness that the family of Eleanor announce her passing at Grace Hospital. Eleanor was the love of her husband Arthur's life for over 69 years and he is missing her dearly. No greater love story has ever been written. The best Mom ever (she even won a couple of awards to prove what we already knew) to her four sons,

Arthur (Marie), Alan, Doug (Barb) and Brian (Liz). A most loving grandmother to James (Audrey), Erin (Chris), Michael (Carly), Kristy, Kyle (Whitney), Courtney (David), Kelley (Mark). With more than enough love to go around for the most adorable 10 great-grandchildren (her words) Liam, Declan, Lyla, Nolan, Lexi, Ella, Quinn, Halle, Emmett and Logan. Also missing her is her loving sister and best friend Alice, sisters-in-law Victoria, Genevieve and Corinne and numerous nieces, nephews and many close friends.

Mom was born in Sandy Lake, Manitoba and moved to Winnipeg with her parents and sister at a young age. Named Eleanor by her school teacher because they could not pronounce her Ukrainian name, Mom excelled in school and no sooner than she finished high school she met the man of her dreams. When Dad first laid eyes on Mom she was pushing a baby carriage and he was going to head for the hills, but wait, she was just helping a girlfriend and that is how it all started! Dad says she was the most beautiful girl he ever saw, and soon enough they were married and four baby carriages were to follow.

Mom and Dad were the happiest when they were in each other's company. Setting the bar so high, there were always comments about what a loving couple they were and how much they cared for each other. While Dad worked to provide for his family, Mom was right by his side making sure her five boys were always looked after in every way. She sat through many a football and hockey game, often times she was the only parent in the stands on a cold November day cheering on her son's teams, but also providing pails of hot chocolate for both teams at half time! Mother of the year wasn't a reward she strived for, but the local football league in Selkirk recognized her caring. Mom made a circle of lifelong friends in the neighbourhood and even as time separated them she still kept in touch with Olga, Gladys, Pat and Marie, just to name a few.

Mom and Dad's love of travel took them to Hawaii and all across Canada and into the USA to visit family. In their 30+ years of retirement they took many a car ride and bus trip to casinos far and wide. The Happy Gang became a second family. Mom and Dad enjoyed being together at home most of all. Family was always close by and visitors were welcomed with open arms. Once again leaving with the knowledge that they had been in the company of a wonderful love story.

Mom was an active member of Notre Dame Church. She served on the Parish Council for many years and was an active lifelong member of the CWL. Mom's faith was so very important to her.

Eleanor was predeceased by her parents, Frank and Ann Kilimnik (nee Desiatnyk) and her in-laws Thomas and Victoria Cieszynski; brothers-in-law Joe, Joe, George, Walter, Alf, and Henry; sisters-in-law Julia, Eleanor and Helen. Quite a welcoming committee at the gates no doubt!

We would like to thank the caring professional staff at Selkirk Regional Health Centre, Selkirk Paramedic Service, Grace Hospital and Beausejour Hospital for taking such great care of Mom in these last few trying months.

Due to the current COVID restrictions a private in person funeral service will be by invitation. The service will be live streamed via a link on her obituary at Gilbart Funeral Home's website for you to share in this true celebration of life and love. Your thoughts and prayers are appreciated.

In lieu of flowers, donations in Mom's memory can be made to the Canadian Cancer Society, The Kidney Foundation of Canada, MS Society of Canada or any charitable organization of your choice. Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



ANNOUNCEMENT

CARD OF THANKS

I'd like to thank Dr. Lindenschmidt senior and Dr. Lindenschmidt junior, along with Dr. Alexander and nurses at CancerCare at Selkirk Regional Hospital for their excellent care and treatment for Jim Brolund. Thank you for your compassion.

-Julie Stangl

Express Your Thanks
WITH AN ANNOUNCEMENT IN THE
Selkirk Record
Call 785-1618 or email lucy@selkirkrecord.ca

CLANDEBOYE AVE in Selkirk
Executive Mall
OFFICE SPACE FOR LEASE



Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and The Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

For information please contact: BIG Real Estate
204-485-0010 email bigandcolourful@mts.net

ANNOUNCEMENT

IN MEMORIAM



Andrew Bosko

August 7, 1929 - February 15, 2020
Those we love don't go away,
They walk beside us every day
Unseen, unheard
But always near
Still loved, still missed
And very dear.
Alex MacLean
-Fondly remembered by
all of your family today and every day

**Don't Forget Your
Loved Ones
Passed**

WITH AN ANNOUNCEMENT IN THE

Selkirk Record

Announcements

Book Your Classified Ad
Today - Call 785-1618

Selkirk Record

OBITUARY



Christina Hope Belmore
July 31, 1933 – January 30, 2022

Peacefully, on Sunday, January 30, 2022, Christina (Tina) Belmore, wife of the late James Belmore, passed away at Tudor House Personal Care Home.

Tina leaves to mourn her passing her children Dan (Ruth), Karen, Tracy (Randy), Cheryl (Randy), numerous grandchildren and great-grandchildren.

Tina was predeceased by her parents, John and Mary Adamson; her four sisters; and Jim, her husband of 33 years.

Tina and the love of her life, Jim, enjoyed exploring North America on their many road trips. Tina also enjoyed gardening, fishing, and camping. Family was important to Mom. She dearly loved her children and grandchildren.

As per her wishes, Mom has been cremated. A private service

will be held at a later date.

The family would like to thank Dr. Iwaasa, and pharmacist Indie, for their kind care. Thank you to the Selkirk Regional Health Centre and staff at Tudor House. Also thank you to friends and staff at Lions Manor.

Mom, you'll be missed.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Doug Florko

Sadly, on January 29, 2022, Douglas Brian Florko passed away. Beloved husband of Cathy, dear dad of Steven and Morgan, Katie and Matthew; silly grandpa of Markus; brother to Larry and Yvonne, Wayne, Shelly and Nelson; brother-in-law to Susan and Hank, Marnie and Chip, Jenn and Mark; Roberta's favorite son-in-law; uncle to lots of nieces and nephews; friend to all; and affectionately known as Sir Doug to many.

Our hearts are broken, he will be dearly missed.

Private service to follow.



Gilbart Funeral Home, Selkirk in care of arrangements.

OBITUARY



Francis (Frank) Charles Loane

It is with great sadness that we announce the sudden passing of our Dad, Frank, January 20, 2022 at the Selkirk Hospital after a brief battle with cancer.

Fran was born March 14, 1939, and did a short stint in the Navy after High School. In 1965 Fran started working as a draftsman/salesman with Abex (later, Amsco Cast Products) where he retired from in 2004. Fran could always be found either in his garden or woodworking in his garage.

He is predeceased by his parents John and Irene, his loving wife of 28 years Stephanie, his brother Gerald and nephew Tim.

He leaves to mourn brothers Wayne and Alan (Jenny), sisters Grace and Marilee, his five children Chris (Annie), Shawn (Cheryl), Jaycee and Nicole (Chris), Teresa (Rob), stepchildren Tracey (Cher), Christine and grandchildren CJ (who would like to thank Grandpa for all the life lessons he taught. They will not be forgotten), Robin, Eldon, Matthew, Holly, Cody, Brittany, Alycia, Lucas, Levi and Rebecca as well as great-grandchildren Sophia, Mason, Levi, Aaron, Isabelle, Grace-Lynne, Mason, Noah and Isaiah and numerous nieces and nephews.

Special thanks to his good friend Rose for all her help over the years.

Following Dad's wishes, cremation has taken place. A celebration of life will happen at a later date. Fran was a true inspiration to everyone that knew him. He will be sadly missed.

Arrangements entrusted to
Curtis Monkman Funeral Director

OBITUARY

David Kenneth Dillabough

With his family by his side, it is with deep sadness that we announce the peaceful passing of David Kenneth Dillabough, on February 1st, 2022.

Cremation has taken place, and a private family interment will be at a later date.

Condolences may be offered and obituary viewed at www.soberingfuneralchapel.com

Sobering
FUNERAL CHAPEL
& CREMATORIUM

Beausejour

204-268-3510 or MB Toll Free 1-877-776-2220

www.soberingfuneralchapel.com

WIRELESS INTERNET

Quick Stream

Hi-Speed Internet
Broadband Residential
and Commercial Connections

www.quickstream.ca
1-866-981-9769

Just Knittin' Around

OPEN
FRI & SAT 12pm - 6pm
SUN 12pm - 4pm

Bernat, Patons, Phentex
& Caron yarn

- Seasonal wear • Repairs
- Stitch assistance • Classes

207 Manitoba Ave. Selkirk 204-226-9965

MUSIC LESSONS ONLINE

KEITH IRWIN B.A. (Music)

204.720.0300
700@mymts.net
41-305 Mercy Street
Selkirk, MB R1A 2E3
www.keithirwin.ca

PRAIRIE OAK TREE SERVICES
ST. ANDREWS MB

CURTIS 204.981.8731

LICENSED ARBORISTS

ROOF TOP SNOW REMOVAL

PLUMBING STACK CLEANED
Includes ground cleanup of snow off sidewalks & driveway.

All-Nu RENOVATIONS

Call or Text 204-799-6023
email: allnuroofing@highspeedcrow.ca

pampered chef

INDEPENDENT CONSULTANT

- Cooking Shows • Meal Prep Solutions
- Fundraisers • Individual Orders

204-485-4272 call or text
stoneware444@gmail.com
www.pamperedchef.biz/michellebalharry

T PLUMBING, HEATING & REFRIGERATION

- Commercial and Residential
- Licensed Gas Fitters & Sheet Metal
- Pressure Systems, Water Softeners & Iron Filters
- Gas and Electric Hot Water Tanks
- Roto-Rooter Service

RIDGID SEWER CAMERA **bryant**
204-482-4159 Heating & Cooling Systems

BNS EXCAVATING

- Water & Septic
- Hauling
- Auger Drilling
- Excavating
- Demolition
- Culverts
- Driveways
- Trenching

(204) 461-2856 BNSexcavating@hotmail.com

Hnatiuk Law
Locally owned & operated

204 - 482 - 5111
374A Main Street, Selkirk

Real Estate Law • Business Law • Wills
Estates & Probate • Farms

www.hnatiuklaw.com

* Legal Services Provided by Andrew David Hnatiuk Law Corporation

SALES • SERVICE • INSTALL

PVC & ALUMINIUM WINDOWS

INKSTER PARK
STEEL INSULATED DOORS
STORM DOORS

THE WINDOW FACTORY
DURASEAL WINDOW & DOOR www.windowfactory.mb.ca
605 Mercy Street, Selkirk 204-482-9099



Biz Cards

Call 204-785-1618
YOUR AD
COULD BE HERE!

Nails by Rita
Specializing in Unique Design
• LCN Gel Nails • Shellac Manicure
• Pedicures • Waxing
BIO-DERM
204 Clandeboyne Ave, Selkirk
204-785-2089

BODNER QUARRIES
• Crushed Limestone
• Landscape Boulders
• Clean Fill • Top Soil
Garson, Manitoba
204-266-1001

SELKIRK LOCK & KEY
- A COMPLETE LOCKSMITH SERVICE -
• DEADBOLTS • KNOB LOCKS • KEYS CUT
• LOCKS RE-KEYED
• LOCKOUT SERVICES • AUTOMOTIVE
Email: selkirklockandkey@live.com
482-6256
366 Eveline Street, Selkirk

• Premium Gas & Diesel Fuel • Groceries
• Dew Drop Water • Boyd's Coffee & Snacks
• Local Post Office & of course Friendly Staff
LIVE & FROZEN MINNOWS
PETERSFIELD STORE
Hwy. Petersfield (204) 738-4475

SL ELECTRIC
Tyrel Stinson
1-431-345-0753
Cody Loane
1-204-485-3032
FREE ESTIMATES
24 Hour Service 7 Days a Week
snlelectricservice@gmail.com

Pump-Tech
PLUMBING & PUMP REPAIR
We've moved to 80 IXL Crescent, Lockport
(Behind Canvasback)
By appointment **204-757-7219**
www.pumpstechplumbing.com

Call 204-785-1618
YOUR AD
COULD BE HERE!

Pick up your
Selkirk Record
At the
SPORTSMAN'S STOP
CONVENIENCE & VARIETY ESSO
Fishing Bait and Tackle • Gas • Maps
HIGHWAY 44 just east of 59.

ski-doo
SALES • SERVICE • PARTS
#109097 Hwy 9, Gimli
204-642-7017
e: skidoo@mymts.net

FULLHOUSE MOVERS
ALEX FOTTY
HOME: 204-467-2419
CELL: 204-461-2352
NOTHING BEATS A
FULLHOUSE MOVE

LUPUL Tax Services
"The Name Says It All"
• Computerized • Electronic Filing
• Free Estimates • Personal & Small Business Returns
N.J. (Jim) Lupul
lupultax@outlook.com 204-785-1881

K. GOWER Construction
• Carpentry • Decks
• Doors • Garages & Sheds
• Siding, Soffit & Facia • Bathrooms
• Basement Finishing
785-3740

Karl's Appliance Service
Repairs to fridges,
stoves, washers, dryers,
air conditioners
482-4594

DOC MD MECHANICAL
Specializing in
• Duct Installation
• Heating
• Cooling
Hydro Financing Available
P. 204-226-1840
F. 204-757-2097
Darryl Woloshyn doc.md16@gmail.com

CASSIDY'S CONSTRUCTION
• GENERAL CONTRACTING
• MILL WORK • CABINETS • PROJECT MANAGEMENT
• COMMERCIAL/RESIDENTIAL RENOVATIONS
Steve Cassidy • Cell 782-4447
cassidysconstruction@gmail.com

CLANDEBOYE General Store
OPEN 7 DAYS A WEEK
• Gas • Liquor • Pizza
• Lotto Vendor • Groceries
• Hunting & Fishing Licenses
738-4342 Highway 9, Clandeboyne

I BUY JUNK VEHICLES
RV'S, TRAILERS,
FARM EQUIPMENT & SCRAP TOO!
Phil 204-485-5787

FLOORING+
Medwid Flooring
204.481.3561

INTRODUCING YOUR INTERLAKE
McPHILLIPS TOYOTA
Product Advisor
BRANDON BALMER
2425 McPhillips St., Wpg
Cell: 204-481-1915
204-338-7985
bbalmer@mcphillips.toyota.ca
www.mcphillipstoyota.com

AirWise Home
Your Heating, Cooling and Geothermal Specialists
204-467-9578
info@airwiseinc.ca www.airwiseinc.ca

PLUMBING
Commercial & Residential
New Installation & Service
Plumbing & In-Floor Heating
Water Softener Installations
Water Filtration/
Reverse Osmosis
RILEY PATTERSON
Journeyman Plumber
Cell **204-461-0035**

STANLEY
ELECTRICAL & MECHANICAL LTD.
RESIDENTIAL • COMMERCIAL • INDUSTRIAL
Red Seal Certified, 24 Hour Service, Free Estimates
204-485-7181 contact@stanleyltd.com
www.stanleyltd.com

RIVERBEND MOVING & STORAGE
MOVING is our business, SERVICE is our promise.
204-785-9299
211 Hutchings St., Winnipeg, MB, R2X 2R4
www.riverbendmovers.com

Erin Denise Chartered Professional Accountant Inc.
Corporations & Sole Proprietors
Step into the
Life You Choose
Book My Free Discovery
Call with Erin at:
www.selkirkaccountant.ca

JEFF'S PLUMBING SERVICES INC.
• RESIDENTIAL • COMMERCIAL
SELKIRK, MANITOBA
For All Your Plumbing & Repair Needs
- ROTOR ROOTER SERVICES -
• Sewer Camera • Cell: **204-485-4227**
JEFF FLETT jeffsplumbing1@gmail.com

RIVERBEND Carrier
HEATING & AIR CONDITIONING
Your local HVAC specialists Installation & Service
204-396-4474 HYDRO FINANCING AVAILABLE O.A.C.
info@riverbendheating.ca
www.riverbendheating.ca

BILSKY ENTERPRISES LTD.
DESIGN and DRAFTING SERVICES
GENERAL CONTRACTING
PROJECT MANAGEMENT
COMMERCIAL • INDUSTRIAL • RESIDENTIAL
PAUL BILSKY DON BILSKY
204-485-3799 **204-785-3536**
Technician President
OFFICE: 204-482-9381 bilskientltd@gmail.com

GREAT WHITE
SPRAY FOAM INSULATION
FREE ESTIMATES, QUALITY SERVICE
LOCALLY OWNED AND OPERATED
CALL US TODAY! **204-290-5667**

LARRY B. SWAIN ENTERPRISES
• REFRIGERATION • HEATING
• AIR CONDITIONING
CENTRAL AIR INSTALLATIONS (Financing Available OAC)
PH: 204-757-2935 CELL: 204-998-2904

TYNDALL POWER PRODUCTS
HONDA • STIHL • SIMPLICITY • FERRIS
BRIGGS & STRATTON • KOHLER • TECUMSEH
Mowers - Tillers - Tractors - Engines - Pumps
Generators - Chainsaws - Trimmers - Augers
Ed Novakowski
Owner/Manager
Hwy 44 Tyndall
tppltd@mymts.net **204-268-3006** GAS BAR & LOTTO

TOPSOIL BLACK DIRT SLAG
• Demolition • Driveways • Loader
• Grader Rentals • Bobcats • Crawler Hoe
• EXCAVATIONS • TRUCKING •
R&M **482-7157**
EQUIPMENT Selkirk, MB

CANVASBACK PET SUPPLIES
Doggie Day Care Grooming
1 WELLINK DR., LOCKPORT
Phone: (204) 757-2701
www.canvasbackpets.com

PIPE DREAMERS
PLUMBING & HVAC/R
CHASE BORGSTROM **204-990-1299** KYLE SCRIVENS **204-482-3939**
PLUMBER HVAC TECH
Renovations Heating
Repairs/Service Air Conditioning
New Installs Gas Fitting
Drain Cleaning Contracting
Water Treatment Refrigeration
PIPEDREAMERS PIPEDREAMERSHVAC
PLUMBING2019@GMAIL.COM @GMAIL.COM

BONDED HEALTH & MOBILITY SERVICES
• SALES • SERVICE • PARTS of
• Wheelchairs • Scooters
• Walkers • Healthcare Products • Homecare
• Orthotics
Toll Free: 1-877-825-0917
Email: ihebert@bondedhealth.ca
230 Manitoba Ave, Selkirk 204-785-1992

KAMO CONSTRUCTION
Keith Neyedly,
Red Seal Carpenter
keith@kamomb.ca
Box 368, Clandeboyne, MB R0C 0P0
204.795.9123

LANDSCAPING CARPENTRY
Rough/Finish grading Fences
Topsoil Decks
Excavating Sidewalks
Bobcat service Stairs
Stump grinding Concrete
Posthole auger Forming
Dump truck services Framing
Lot clearing Snow Removal

WESTSIDE RENTALS
BOBCAT T450
www.westsidehonda.ca
6837 Hwy 9 SELKIRK **482-7782**



CENTURY 21

ADVANCED REALTY

255 MAIN STREET, SELKIRK



ASHLEY DOUGLAS

REALTOR®





2019



2020

Contact me for all of your Real Estate needs!

204.485.4051

ASHLEY.DOUGLAS@CENTURY21.CA

WWW.HACKINGTEAM.CA • 204.202.1922 • HHTeam@C21.CA



SELKIRK'S #1 REAL ESTATE TEAM



GEORGE

204.461.0747

KASEY

204.485.5303

VICTORIA

204.619.3955

HUNTER

204.813.8091

Based on 2020 MLS R14 cross-property sales.

FEATURE OF THE WEEK!

301 A MAIN STREET, PETERSFIELD








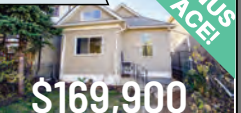

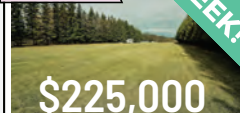







PRISTINE IN PETERSFIELD!

Amazing quality in this spacious 5 BR home. Steps to the creek, park, skatepark & playground. 4 season sunroom. Main floor laundry, c-air, c-vac, hi-e gas heat, ICF foundation, FF "like new" Bsm't. Gearhead approved AT Grg w 4 car spaces, ins w' in floor heat & 10' ceilings. Room for hoist or car lift., low maint yard, 1/2 acre treed lot. Fiber optic internet scheduled for activation

FOLLOW US! @HACKINGHOMETEAM



FEATURED PROPERTIES

| | | | | |
|--|---|---|---|---|
| <p>ASHLEY</p> <p>4 ACRES!</p>  <p>\$665,500</p> <p>25 McFee Place East Selkirk</p> | <p>HH TEAM</p> <p>80 ACRES!</p>  <p>\$389,900</p> <p>113142 Rd 13E Fraserwood</p> | <p>HH TEAM</p> <p>GREAT STARTER</p>  <p>\$249,900</p> <p>515 Toronto Ave, Selkirk</p> | <p>HH TEAM</p> <p>PENDING!</p>  <p>\$495,000</p> <p>301 A Main St Petersfield</p> | <p>HH TEAM</p> <p>WORK SHOP!</p>  <p>\$737,700</p> <p>727 Norwood Road Clandeboye</p> |
| <p>HH TEAM</p> <p>BONUS SPACE!</p>  <p>\$169,900</p> <p>1552 Alexander Ave Weston, Wpg</p> | <p>HH TEAM</p> <p>NEW PRICE!</p>  <p>\$199,900</p> <p>1005 Magnus Ave Burrows, Wpg</p> | <p>ASHLEY</p> <p>CREEK!</p>  <p>\$225,000</p> <p>Byers Drive East Selkirk</p> | <p>HH TEAM</p> <p>SOLD!</p>  <p>\$178,500</p> <p>316-1671 Plessis Rd Transcona, Wpg</p> | <p>HH TEAM</p> <p>PENDING!</p>  <p>\$269,900</p> <p>8156 99 Road N, Rockwood</p> |
| <p>HH TEAM</p> <p>SOLD!</p>  <p>\$310,000</p> <p>6 Murdoch Drive Petersfield</p> | <p>HH TEAM</p> <p>2.19 ACRES</p>  <p>\$94,900</p> <p>3 Fuller Road St. Clements</p> | <p>HH TEAM</p> <p>2.20 ACRES</p>  <p>\$94,900</p> <p>11 Fuller Road St. Clements</p> | <p>HH TEAM</p> <p>SOLD!</p>  <p>\$149,900</p> <p>102-65 Main Street Selkirk</p> | <p>HH TEAM</p> <p>2.27 ACRES</p>  <p>\$62,900</p> <p>0 Janisch Road Petersfield</p> |

| YOUR JANUARY 2022 MARKET UPDATE! | | | | | | | | |
|----------------------------------|--------------------|--------------------|----------------|--------------------|--------------------|-------------------|--------------------|--------------------|
| RM OF ST ANDREWS | | | SELKIRK | | | RM OF ST CLEMENTS | | |
| NEW LISTINGS | SOLD LISTINGS | AVG DAYS ON MARKET | NEW LISTINGS | SOLD LISTINGS | AVG DAYS ON MARKET | NEW LISTINGS | SOLD LISTINGS | AVG DAYS ON MARKET |
| 7 | 8 | 32 | 18 | 3 | 6 | 21 | 5 | 42 |
| AVG SALE PRICE | HIGHEST SALE PRICE | | AVG SALE PRICE | HIGHEST SALE PRICE | | AVG SALE PRICE | HIGHEST SALE PRICE | |
| \$433,037 | \$800,000 | | \$268,366 | \$325,000 | | \$373,142 | \$763,000 | |