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# The **Selkirk Record**

VOLUME 7 EDITION 6

THURSDAY, FEBRUARY 11, 2016

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## Asante choir wows Selkirk



RECORD PHOTO BY DAVE BAXTER

The Asante Children's Choir, made up of children who live in impoverished conditions in Uganda, put on an energetic performance at the Comp in Selkirk last Friday. Many in the choir are looking for sponsorship for the chance to live a better life.

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# Police still searching for clues in woman's disappearance

## Project Devote seek public's help in solving 1988 missing person's case

By Austin Grabish

She vanished under mysterious circumstances on a late summer night and hasn't been seen in almost three decades, but police insist the case of Cathy Lynn Williams hasn't fallen cold.

The St. Andrews woman was just 22 when she went missing after a day trip to Winnipeg on August 22, 1988.

Police highlighted the case in a hasty ad campaign in the weeks leading up to Christmas last year, but details of it are being kept close to the chest.

Both the Winnipeg Police and RCMP have been oddly mum when pressed for information about the case.

Williams is one of 28 missing or murdered persons being investigated by Project Devote, a provincial task force made up of investigators from Winnipeg Police and RCMP.

Project Devote team commander Sgt. Rob Lasson said police are still treating Williams as a missing person, and are not ruling out the possibility she's alive, though it's unlikely.

"It's not a cold case, it's an active investigation," he said.

Lasson said Williams was last seen at the Santa Lucia restaurant on St. Mary's Road in Winnipeg, and that information is different from what police first told media in 1988.

Newspaper archives reviewed last week by the Record say Williams went missing near the 200 block of Furby Street in the city.

Her adoptive mother Thelma Williams, who was 86 when her daughter went missing, told the local paper Cathy was in Winnipeg to apply for a job as a parking attendant on the day she went missing.

She told a reporter a note was found after her daughter's disappearance that sounded like she was 'saying goodbye.'

Raymond Johnston, a 31-year-old welder who had proposed to Cathy a year prior, was reported to have found the note.

Four months after Williams vanished, Thelma said she thought her daughter was living in Winnipeg, but couldn't understand why she didn't contact her, especially since she had been blind for over a year and relied on her daughter's help.

St. Andrews Mayor George Pike was Williams' neighbour on Mitchell Bay, and remembers seeing her grow up.

"She was going to school and playing sports at the community club," Pike said.

The former Winnipeg Police officer didn't work on Williams' case, but remembers the door knocking by police that happened when she went missing.

"They had rumours where she was or where she went, but nothing was ever finalized," he said.

Pike said he didn't know if Williams had any family members that are still alive, but he recalled that her home was sold many years ago and has changed hands a few times since.

Lasson declined to say if Williams left behind any other relatives, but said police are searching for answers.

"She hasn't been forgotten, we're actively working on this case."

He said anyone with information about Williams is encouraged to come forward even if they think the information may be hearsay.



RCMP HANDOUT

Cathy Lynn Williams has been missing since 1988. Police are asking anyone with information about her disappearance to come forward.

"People need to understand that even the smallest bit of information can link two huge pieces together, so anything is important," he said.

"It can even be as simple as somebody phoning in saying they last saw her with a certain person or they last saw her wearing certain clothes."

Tips can be left with Project Devote by calling 1-888-673-3316.

If you have information about Williams, the Record would also like to speak with you.

Austin Grabish can be reached at [austin@selkirkrecord.ca](mailto:austin@selkirkrecord.ca).

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# St. Andrews principals get messy for I Love to Read month

## School finds unique ways to get kids reading

By Dave Baxter

Staff at St. Andrews school are finding fun, unique and even messy ways to get kids excited about books and reading during I love to Read Month.

At an assembly to kick off I Love to Read Month at the school last Thursday, principal Harold Freiter and vice-principal Chad Whiteside got messy after making a promise to kids and sticking to that promise.

The staff asked kids if they could reach a goal of buying a certain number of books in their book fair.

That goal was reached and both Freiter and Whiteside let a few staff and student dump buckets on their heads with things like oatmeal, cake mix and ice water, while the kids at the assembly laughed and cheered them on.

St. Andrews School teachers and I Love To Read committee members Natalie Koop and Megan Brand said it has become tradition for the school's principal and vice-principal to do something fun during the kick-off assembly.

"The kids just love it, and our principals are very hands-on and involved," Koop said. "The kids get really excited for sure."

Every year the school picks a theme for I Love to Read Month, and this year they picked one that's very fitting for February in Manitoba, as they are celebrating hockey and other winter sports such as ringette, skiing and speed skating.

"We have a community that is really active in winter sports," Brand said.

"We thought it was the perfect time of year to use that to encourage kids to read, and there are so many great books and so many people interested in reading sports-themed books."

The month of February may be a way to get kids into reading, but both Koop and Brand said it is important for kids to read all-year-round, and important for parents to get involved with their kids when it comes to reading.

"Kids should be reading, or even just listening to stories every day," Brand said.

Grade three student Trinity Doornbos said she reads a lot, and can get fully immersed in a book.

"I love to read because it's adventurous," Doornbos said. "I can read a

book and get into the story and go on an adventure."

Grade four student Carley Catellier said she can also get really involved in what she is reading.

"I can get so into a book that I can get lost in it," Catellier said. "I forget that I'm in my room or that I'm in school. I'm right in the story."

Grade five students Quinn Borgfjord said he has lost track of how many books he has read.

"I can read for hour and hours without noticing," Borgfjord said. "I'll read books straight through the night and sometimes I can read two books in one day."

The school will also have guest readers read to students all this month, including players with the Selkirk Steelers, and Winnipeg Jets play-by-play announcer Paul Edmonds.

**"THE KIDS JUST LOVE IT, AND OUR PRINCIPALS ARE VERY HANDS-ON AND INVOLVED."**



RECORD PHOTOS BY DAVE BAXTER

St. Andrews school vice-principal Chad Whiteside gets oatmeal dumped on his head during an I Love to Read kick-off assembly.



St. Andrews School student Trinity Doornbos, teacher Natalie Koop, student Quinn Borgfjord, teacher Megan Brand and student Carley Catellier do some reading in the school's library.

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# BIG DOLLAR



# Asante Children's Choir wows the crowd in Selkirk

## Choir made up of kids looking for sponsorship to live a better life

By Dave Baxter

Lillian Linda never dreamed that her talent would one day take her to Canada, where she would sing and dance night-after-night for adoring crowds.

"I love to sing and dance," 10-year-old Lillian said. "I think it's really awesome, because I'm always having fun when I'm singing. It's a dream come true."

Lillian is one of the members of this year's Asante Children's Choir that performed at the Comp in Selkirk last Friday.

The choir is made up of 15 boys and girls from Uganda between the ages of nine and 14, and they are currently on a six-month tour of Canada.

Every year a new group of kids who live in impoverished conditions are given the chance to audition for the choir, and if chosen they end up touring and performing.

While travelling and performing Asante Ministries Canada works to get

the kids in the choir sponsored, so they can have a better life when they get back home.

Since coming to Canada Lillian has already been sponsored, meaning she could get the chance to go to school and get basic health care when she gets home, and she's already dreaming big about her future.

"I want to be a professional singer, that is what I want to work for. I'd love to sing and dance every night," Lillian said.

The choir put on a flawless performance last Friday in Selkirk that featured high-energy singing and dancing, and banging drum beats, while they all flashed huge smiles.

The end of the show saw the choir exit the stage to a rousing ovation.

Asante Children's Choir tour leader Harriet Busuulwa of Uganda, said that while some of the kids in the choir have already been sponsored since coming to Canada, others are still hoping to get sponsored before



RECORD PHOTO BY DAVE BAXTER

The Asante Children's Choir put on an entertaining and energetic performance at the Comp in Selkirk last Friday.

they head home later this year.

"It's not like life here in Canada where school is free for the kids," Busuulwa said. "If your family doesn't have enough money you don't go to school, so sadly many kids grow up without knowing how to read or write."

Lord Selkirk School Division board chair Jean Oliver was at the performance on Friday, and said that while the choir travels throughout Canada they find families in every community that are willing to take them in, and give them food and a place to stay for the time they are there.

"And they are just wonderful kids," Oliver said. "Some of these kids are nine-years-old and they're sleeping in homes with total strangers, but they

just go with it, and are so upbeat and happy."

Oliver and three of her friends sponsored a boy when he came to town with the same choir two years ago, and said that when he got home he was able to go to school because of the sponsorship.

Along with some in the choir, some kids from previous Asante Children's Choirs are now looking for sponsorship, as their current sponsorship has or will soon run out, meaning they may not be able to finish school.

People who don't go to one of the choir's performances can still sponsor a child through the Asante organization, and for more information on the choir or on how to sponsor a child go to [asantecanada.ca](http://asantecanada.ca).



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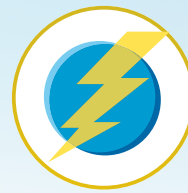


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# New App lets snowmobilers navigate Manitoba trails

By Dave Baxter

If you're a snowmobiler looking to get around on Manitoba's trails, well now there's an App for that.

Snowmobilers of Manitoba (Snowman) has teamed up with RiderX to make the more than 12,000 km of trails they have mapped out over 20 years available through the free RiderX app, which was developed by Polaris and can be downloaded on smartphones, tablets and computers.

The app means riders no longer have to carry around paper maps when exploring trails in Manitoba, as well as parts of Saskatchewan and the U.S.

"It will provide information for designated trails all over Manitoba, as well as Saskatchewan and parts of the United States," Snowman president Alan Butler said.

"The app gives you the maps of whatever area you want to be snowmobiling."

Butler said 52 clubs across Manitoba apply to have certain trails designated as official Manitoba snowmobile trails, and are then given funding for grooming, maintenance and signage, and those are the trails that will be available through the App.

He said riders can look at maps right on their cell phones, but also map out their routes from home, and then have the routes they have selected on their phones while they are out riding.

The App also provides information on where people can find things like gas stations or lodging in various communities, so Butler said it is a "one stop shop" for snowmobiler information.

The App is useful because more and more snowmobilers are using their sleds to explore, Butler said.

"Likely more than half of today's snowmobilers are really moving around. They go into different areas of



PHOTO BY WAYNE HASTMAN

Snowmobilers in Manitoba can now use an App to navigate the more than 12,000 km of snowmobile trails mapped out by Snowmobilers of Manitoba.

the province, as well as Saskatchewan and the U.S."

Snowman has put out snowmobile trail maps for 20 years, but Butler said this is the first time they have incor-

porated smartphone technology into their maps.

The RiderX app can be downloaded on the App Store.

## Election enumerators pounding the pavement in Manitoba

By Dave Baxter

Election enumerators are now going door-to-door across Manitoba to collect voter information, as we get closer to the provincial election coming up this April.

Last week Elections Manitoba announced that election enumerators

began going door-to-door last Thursday, and will continue knocking on doors until March 7.

Approximately 3,000 enumerators will go door-to-door in Manitoba's 57 electoral districts, compiling a list of eligible voters and voter information.

Enumerators will be wearing a yellow vest and will carry photo ID, which will show their full names and position.

Residents will be asked to give their name, address, phone number, date of birth and gender.

"Having your name on the voters list makes it easier to vote on election day," Elections Canada said in a press release.

The provincial election in Manitoba is set for April 19.

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# Selkirk Friendship Centre is bringing Aboriginal language back to life

## Upcoming Michif workshop available to people of all backgrounds

By Dave Baxter

The Selkirk Friendship Centre is bringing people closer to aboriginal culture by teaching them aboriginal language.

For the past few years the centre has been offering free aboriginal language classes, and they will offer a two-day workshop on Feb. 11 and 12 that will teach the Michif language, and celebrate Métis Culture.

Michif is the language of the Métis people of Canada and the U.S., and is a combination of aboriginal language and the French language.

Marie Walker of the Selkirk Friendship Centre said aboriginal languages are fading, and many people lost the ability to speak them and understand them because of the residential school system.

"Michif is almost a lost language," Walker said. "And we are trying to revive all that because the Métis went to residential schools too. And some of the elders only spoke it, so sadly when the kids came back they didn't even understand their own language."

Walker said she has watched people at previous language classes get emotional while learning or re-learning aboriginal languages.

"I think it brings them closer to their culture and their roots. I worked with residential school survivors and one of the main things they lost was their language, and that is now a big part of the healing process, so people get truly emotional when they start to learn it."

Walker said some kids started to learn their language, but then lost that ability while in residential schools.

"There was a lady in one of the classes that got very emotional because she suddenly remembered it, and remember how to pronounce it."

Walker sees some who lost their language starting out intimidated to learn it again, but she said that typically fades very quickly.

"Survivors get scared, but once they

get here they always have a great time."

She also wants people that are not of an aboriginal background to come out and learn about the language and culture.

"It's free for everyone and it's for everybody and anybody that wants to learn what this is all about. We're bringing people together."

Walker said nobody should be intimidated to learn a new language.

"If you know French you can pick up the Michif language," she said. "Most people have taken French in school, so if you took French you can read Michif. You wouldn't be lost."

The workshop will celebrate Métis culture, as there will be language classes, but also a cooking workshop, crafts, stories, teachings about Métis culture, as well as a free lunch.

The free Michif workshop will take place at the Selkirk Friendship Centre Feb. 11 and 12, going from 9:30 a.m. to 4 p.m. both days, and people can attend one of the two days if they can't make it to both days.

A cooking workshop will be included on Feb. 12.

To register or get more information call the Selkirk Friendship Centre at 204-482-7525.



RECORD PHOTO BY DAVE BAXTER

Marie Walker of the Selkirk Friendship Centre said people get closer to aboriginal culture and their roots by learning aboriginal languages.

### COMMUNITY CENTS

#### A financial plan is... yours

The term 'financial plan' is pretty generic – but yours shouldn't be. Your plan should be as good a fit for your life in the future as it is today, be easily adaptable to the constant changes you're bound to encounter in the future, and be focused on achieving your long-term life and retirement goals. And if you're wondering whether or not you need a financial plan, wonder no more, because you do – if you have an income, a family (now or in the future), dreams of a comfortable retirement, as well as lots of other financially-rooted reasons that are unique to you. So, to get you started, here's what to look for in your financial plan:

- There is no one-size-fits-all financial plan. Yours must be a personalized plan that is a precise road map of the things you need to do to achieve your current and future goals.
- The starting point is a discussion of your financial goals – educating your children, paying off debt, protecting your family, buying a house, planning a holiday or a major purchase, leaving money to your family or a favorite charity, and, of course, funding your retirement.
- Once you've zeroed in on your financial goals, get specific about how much they will cost and how you will meet those goals.
- Then, take an inventory of all that you own and owe including the value of your home, investments and other assets, pensions and the amount of debt you carry (mortgages, personal loans, credit cards, and so on). With all the right personal information on hand, a financial plan can be developed that gives you:
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- A framework for a workable budget that includes your income, expenses, taxes and savings. You want to aim for a budget that gives you a cash flow surplus (meaning you're spending less than you earn) and not a cash flow deficit (meaning you're spending more than you earn).
- The knowledge about whether you can achieve your goals based on your current assets and savings patterns or what you need to do to meet your goals by increasing savings, changing your investments or delaying the timeline for some of your goals.
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### NOTICE TO PARENTS



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Registrations are now welcome for the following quality Early Years Programs. Please note that Kindergarten classes are held full days, every other day, during the school year.

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Kindergarten programs are available at all elementary schools in Lord Selkirk School Division. Please contact your local school to register. (If you are unsure which community school is yours, please contact our Board Office at 204-482-5942 or 1-866-433-5942).

Our elementary schools are: Centennial, Daerwood, Happy Thought (Regular), Mapleton, Robert Smith, Ruth Hooker, St. Andrews, Walter Whyte, and William S. Patterson.

#### 2. Ukrainian Bilingual Program - Kindergarten & Grade 1

Happy Thought School in East Selkirk provides an English-Ukrainian Bilingual program for grades K-4. Please register at Happy Thought School (204-482-4521).

#### 3. French Immersion Program - Kindergarten & Grade 1

Ecole Bonaventure, located at 516A Stanley Avenue in Selkirk, provides a French Immersion program from Kindergarten to Grade 6. Please register at the school (204-785-8284).

Children who are five (5) years of age by December 31, 2016 are eligible to enroll in Kindergarten programs. **A Birth Certificate is required to register your child.** Contact your local school for registration forms.

Once the registration process is complete, your child will receive a **Kindergarten Readiness Package** filled with information and activities aimed at getting your child ready for school.





# The Selkirk Record



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## A trophy size jackfish

Hi gang. Like most days this winter it was a warm grey overcast morning as Kelsey Greg of Teulon awoke and emerged from her big portable ice shack on the east side of Shoal Lake. She could hear her friends beginning to stir inside the tent but she needed to be outside to take in the fresh air and enjoy the white expanse of the snow and ice that stretched out around her. Soon they would make breakfast together then start fishing.

The joking and kidding began and continued endlessly between Kelsey and her friends as they sat side by side inside the tent with their baited hooked lines visible in the clear water of their ice holes. Kelsey tensed as a long slender dark shadow snaked toward her bait. Then it hit. Her rod nearly tore from her grip as a phantom veered about chaotically trying to escape.

She hung on.

At times it would slow becoming almost motionless and Kelsey would begin reeling in. Other times it would tear away with such force the line would "twang" as it was caught or slipped on the jagged sides of the ice hole. Her friends shouted encouragement as she played the fish.

Finally the head of a huge jackfish broke the water surface in the ice hole. Furiously it jackknifed snapping her line. One of her friends now so excited, without thinking, dashed forward and grabbed the monster by its' mouth. With his bare hands he wrestled the fish from the tight ice hole as blood began to spurt from his fingers. He laid the crazed fish on the ice as Kelsey quickly took care of his hand.

Later, after they settled down, they took pictures of Kelsey's trophy fish then got right back to more fishing.

It's been a while since we visited anglers around Sugar Island so I got myself over there last week and as I drove along the line of hard wall ice shacks on a cold, grey morning I noticed one with a bunch of pickup trucks around it. It was a fairly narrow long shack.



**RECORD PHOTO BY ARNIE WEIDL**

Kelsey Greg of Teulon shows off her trophy size jackfish caught in Shoal Lake.

I pulled up and as I left my truck I called out to those inside as a young chap opened the door. I could see inside a line of anglers sitting on a bench along one side of the shack. I was invited in by Justin Catellier, his brothers Steve and Darien along with their friend Tim Kusko who were all from just outside of Winnipeg. They were a young "happy-go-lucky" lot continuously joking and teasing each other. We were swapping fishing stories when Justin got a bite. His short rod quivered as he reeled in a nice eating sized pickerel. Tim reached over and grabbed the fish as it wiggled in the air so Justin could get the hook out. The pickerel then in Tim's hand slipped from his grip and plopped into Steve's hole. Everyone roared in exasperation at the loss of the fish but in seconds, Steve's rod began to quiver. There was dead silence, then bursts of excitement as the guys encouraged Steve to land the fish, which he did. Immediately a good natured argument broke out as to who owned that twice caught fish. Both Justin and Steve claimed ownership with "slip-

pery fingered" Tim, now the red-faced bad guy, in the middle. Amid the heated debate I said my good byes and walked back to my truck laughing and shaking my head.

Last weekend I wanted to see if there were more anglers fishing the south end of Lake Winnipeg north of Libau so I drove up 32E and even before I got to the creek jump-off spot there were dozens of truck-trailer rigs parked on the side of the road. I met two fellows from North Dakota Darren Zinke and Tom Stoe who said this was their first time trying Libau but that they had fished Gimli last year and had caught the biggest walleye they had ever seen. They said they couldn't wait to get back to Lake Winnipeg this year.

Ah, the pursuit of that special fish. What great fun. See you next week, bye.



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### TROUBLE WITH PAPER DELIVERY?

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# New CAO takes the reins in St. Andrews



**RECORD PHOTO BY BRETT MITCHELL**  
Andrew Weremy is the new chief administrative officer for the RM of St. Andrews.

By Austin Grabish

The RM of St. Andrews has a new chief administrative officer.

Andrew Weremy started work on Jan. 4 and fills a void in the municipality that's existed since last July when Sue Sutherland resigned as CAO after nine years of service.

Weremy, who previously worked for the City of Winnipeg as a water treatment plant manager, says deciding to apply for the job was easy.

"It's something I've had my eye on," Weremy said.

Weremy was still getting settled in when the Record spoke to him last week, but he said so far he likes the change.

"There's definitely a learning curve as I'm dealing more directly with the political body now," he said.

And Weremy's already started addressing issues that have been a thorn

in the municipality's side.

He said he's started an internal review into the controversial Pruden Avenue sewer project, which has been opposed by some residents including Coun. Joy Sul who lives along the street.

The St. Andrews regional wastewater sewer project is also high on his radar.

"I'll be working very closely with that," he said.

Going forward Weremy will have to find a way to juggle the needs of council and the municipality's staff.

"I can see there's different interests, and you have to balance those interests," he said.

Weremy said he is aware of concerns about transparency within the municipality, and promised to be as open and transparent as possible, adding he welcomes calls from the public.

"Anything that is a question, comment, or concerns or opinions by residents I value those," he said.

Sutherland resigned as CAO last summer.

Last year, Coun. Sul called Sutherland's salary into question, and demanded to see documents showing the municipality's former council approved her rate of pay.

Audited financial statements from 2013 show Sutherland received a salary of \$108,149 for that year, which appeared to be in line with other CAO salaries across the province.

Sutherland maintained all along that her contract was valid, and the municipality's lawyer is reviewing the matter.

Sutherland has never given an official reason for her resignation, and has since taken a job with the RM of Brokenhead.

## PCs select new candidate to represent Selkirk constituency

### Alan Lagamodiere replaces ousted David Horbas in Selkirk

By Dave Baxter

A new candidate for Selkirk has emerged to represent the Progressive Conservative Party of Manitoba in the upcoming provincial election.

In a nomination meeting held in Selkirk last Tuesday, the PCs chose veterinarian and entrepreneur Alan Lagamodiere to replace the recently ousted David Horbas and run in the Selkirk constituency.

Horbas, who won the party's nomination in Nov. of 2014, was dropped after a Candidate Selection Committee used their "discretionary powers" to disallow his candidacy.

In a letter the committee said Horbas was dropped because of "preparedness issues" that would have made his candidacy "seriously problematic."

Lagamodiere, who has lived in the Selkirk constituency for the past 30 years, is the previous owner of Selkirk Veterinary Services.

He has a Doctor of Veterinary Medicine, a Masters in Business Administration and a Bachelor of Science in Agriculture.

"Alan's solid background in business is impressive," PC Leader Brian Pallister said in a statement. "But he also has a variety of interests and ex-

perience. He has a strong interest in aboriginal education and is a member of the Manitoba Métis Federation as

well, so he brings a wealth of knowledge to the team." The provincial election is set for April 19.

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# Kirsten Walk for Kids helps organizations that help kids

## Walk honours the memory of Kirsten Sutherland

By Dave Baxter

A family forced to deal with tragedy have created an event that will go a long way towards helping kids, while also honouring the memory of their daughter.

Laurie and Rick Sutherland held the Kirstin Walk for Kids event in Selkirk last June, in memory and honour of their daughter Kirsten Sutherland.

Kirsten was killed in a car accident in September of 2014, at the age of 27.

Laurie and Rick said their youngest daughter came up with the idea for a walk because it suited the type of active and upbeat person Kirstin was.

"My daughter came up with the idea almost immediately to have something in her honour, and a walk is something Kirsten would have liked and took part in," Laurie said.

"It helps us because this is something she would have loved, and as hard as this has been she made it easy for us because she was the type of person that would have embraced all of this."

Laurie said Kirstin would have enjoyed the walk because she was an active and energetic person, but also because it was a chance for people to socialize and be with friends.

"She was always very full of life, and she was, on a daily basis, a happy-go-lucky person. She had a lot of energy for life, and love for friends and her family. Friends and family were very important to her," Laurie said.

The walk saw just under 300 people

show up, and the more than \$10,000 raised from the event as well as donations went towards creating the Kirsten Walk for Kids Fund, which is held by the Selkirk and District Community Foundation.

The fund involves an endowment fund, as well as two 'immediate-giving' donations.

The couple donated \$500 each from the fund to both the Rivercrest Early Learning and Child Care Centre and the Interlake Co-op Nursery School, as both those organizations work with kids, but also had direct ties to Kirsten.

Kirsten had worked at the Rivercrest Early Learning and Child Care Centre, and attended the Interlake Co-op Nursery School as a child.

The walk was a success, and Laurie said she and her husband have been very grateful and even overwhelmed for the support they have received.

"They needed \$10,000 in order to start the endowment fund, and we thought we would need a few years to build it up, so we weren't expecting to reach that goal in year one," Rick said.

"We can decide where the money goes and it's all for kids," Rick added. "It's all about kids."

Laurie said her and Rick were both surprised by the level of support, but believe that support is very-much because of the many people whose lives were touched by Kirsten.

"We surpassed all of our goals," Laurie said. "She affected a lot of people



RECORD PHOTO BY DAVE BAXTER

Rick and Laurie Sutherland sit with a picture of their daughter Kirsten who died in a car accident in 2014.

with her energy and love for people, and she was very quick to be the first one to do something for others, and she had a way to make people feel important and special."

The couple recently joined Selkirk and District Community Foundation executive director Bev Clegg to per-

sonally present donations to both the Interlake Co-op Nursery School, and River Crest Early Learning and Child Care Centre.

The fund will always give to organization that work with kids because that is what Kirsten would have wanted, said Rick.

The couple now wants the walk to raise money annually, while continuing to honour Kirsten's life.

The family plans to do the next Kirsten Walk For Kids at Selkirk Park on June 12, and will make the event a combination walk and run, but said anyone of any fitness level and age can take part, and people can walk or run, and walk as far as they feel comfortable with.

After the walk there is a lunch and gathering with silent auction prizes and kids activities.

The walk will start at the Selkirk Park Ag Building and goes for about 5 km.

Anyone that would like to make a donation to the Kirsten Walk for Kids Fund, or donate silent auction prizes or get more information about this summer's Kirsten Walk for Kids can call the Selkirk and District Community Foundation's Bev Clegg at 204-785-9755.



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# Curl for the Cure raises big bucks for Cancer Society

## Organizer said the event raised far more than he anticipated

By Dave Baxter

Shayne Merritt had expectations for what he could accomplish with the Curl for the Cure bonspiel, but those expectations were quickly shattered.

The 17-year-old, grade 12 Comp student held the first ever Curl for the Cure bonspiel on Feb. 6 in Selkirk, with all proceeds going to the Canadian Cancer Society.

The event raised \$8,626, an amount Merritt didn't dream of when he first started organizing the open bonspiel.

"With our original goal we would have been happy to raise \$1,000," Merritt said. "So we completely flattened that."

Recent coverage of the event brought out a lot of participants closer to the day of the bonspiel, Merritt said.

"All of a sudden it really picked up when the word got out."

Merritt had a personal reason for creating the bonspiel, as his curling coach Lauren Dyck spent the last year battling cancer, and is now cancer free.

He said the disease has also touched his family, as his cousin is currently

going through cancer treatment, and both his grandma and neighbour had gone through treatment in the past.

"This was my inspiration for everything," Merritt said. "It was because of people that are important to me."

He said Dyck was emotional when she found out what he was organizing.

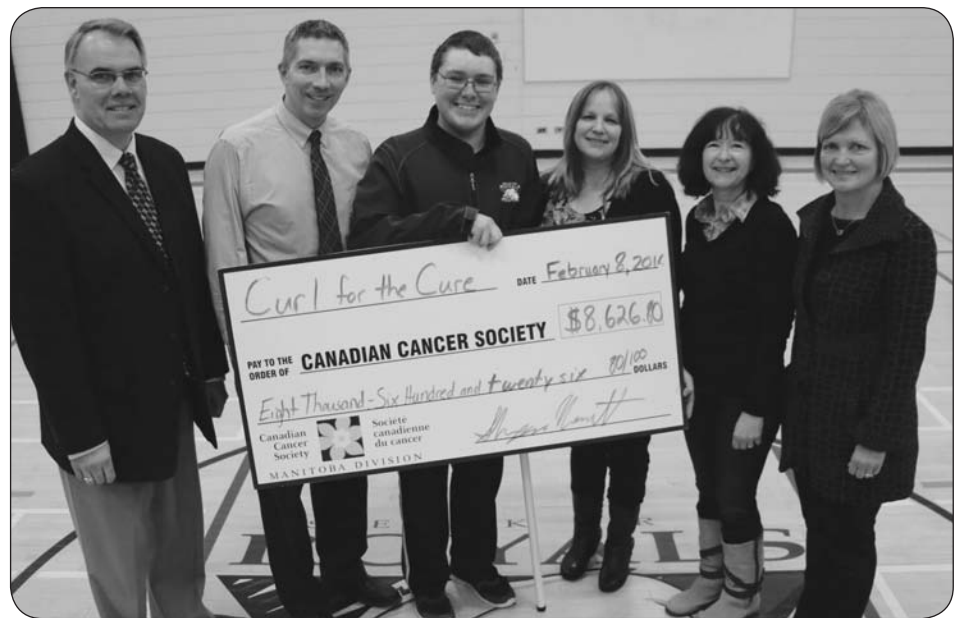
"She was honoured that this was based on what she had gone through, and she never expected someone to go this far with something like this."

Merritt said he was thinking of people he knew when he organized Curl for the Cure, but also thinking about making a difference for people he has never met.

"I just wanted to make a difference in the lives of people that have fought through it, and I think I did, so I'm proud of what I've done."

He also enjoyed the fun and casual atmosphere of Curl for the Cure.

"There was people of every skill level, and that is what I loved the most. There was some people with no experience, and people with experience that were teaching others that didn't know what they were doing."



RECORD PHOTO BY BRETT MITCHELL

Lord Selkirk School Division (LSSD) superintendent Scott Kwasnitsa, Comp principal Jarret Long, Curl for the Cure organizer Shayne Merritt, Colette Toews of Cancer Care Manitoba, Selkirk Curling Club president Kathleen McCallum and LSSD assistant superintendent Michelle Polinuk at a cheque presentation on Monday.

"Everyone was just having a blast, and I got so many compliments at the end of the day."

Merritt presented a cheque to the Canadian Cancer Society last Monday at the Comp, and said he hopes to make Curl for the Cure an annual event.

## Media spotlight on Ghomeshi trial doing more harm than good: expert

### Head of women's shelter reminds victims to trust their gut, seek help

By Austin Grabish

Anna Pazdzierski shakes her head when she hears the reports.

Pazdzierski, the executive director of Nova House, a Selkirk-based women's shelter, worries the media circus surrounding the Jian Ghomeshi trial will discourage victims of domestic violence from coming forward.

"I just hope that this trial doesn't do more harm than good," Pazdzierski said. "The sensationalism bothers me, and how it's being portrayed."

Ghomeshi is on trial in Toronto facing four charges of sexual assault, and one of overcoming resistance by choking.

He has pleaded not guilty to all of the charges, and is presumed innocent.

Pazdzierski has kept a close eye on the trial since it began.

She said while the Ghomeshi case has triggered a nationwide discussion about domestic violence, she worries when victims hear reports about witnesses being grilled on the stand, they'll be discouraged from coming forward.

Bombshells were dropped in the former CBC Radio star's trial last week, as defence lawyer Marie Henein revealed provocative emails were sent by Lucy DeCoutere to Ghomeshi after DeCoutere alleges Ghomeshi choked and slapped her in 2003.

Henein repeatedly pounded away at witnesses testing their credibility on the stand last week.

Pazdzierski said it's 'not uncommon' for victims to message their abusers

### 'THE SENSATIONALISM BOTHERS ME'

after the fact, adding many stay with them after being assaulted.

"We see that happening all the time," she said. "We often hear 'well why doesn't she leave him?'"

University of Toronto professor Jeffrey Dvorkin said the worldwide interest in the Ghomeshi case has been intensified by today's digital world.

"It's almost like news pornography," Dvorkin said in a release.

Pazdzierski said it's unfortunate it took a national star to get a country-wide conversation about domestic violence started, and is reminding victims there's help out there.

"Trust your gut. If you think it's wrong it's wrong," she said. "There's no excuse for violence."

## Letters

### Residents seek answers in St. Andrews sewer project

The "Sewage battle rages on" article that appeared in your Dec. 24 edition of *The Selkirk Record* of your December 24 edition keeps the Pruden Avenue sewer installation in the public eye.

The installation was an initiative of the former council for St. Andrews and continues to be an issue of the current council.

The previous council followed process by way of a bylaw for the sewer installation. The Manitoba Municipal Board found that the process followed by the municipality to create the bylaw was correct, although some would say the method was questionable.

I have not been made aware of any environmental issues nor any petition from the residents of Pruden Avenue for the need of the sewer installation. In that the costs of this project has an effect on all of the municipality, it is time for St. Andrews Council to tell its residents the motivation of its decision for the sewer installation. There are enough members on the current council, from the previous council, with the memory to publicly explain that decision. Anything less allows conjecture in the minds of those of us that continue to question this decision.

David Bjornson  
St. Andrews, Man.



# Evening of History celebrates the past in Selkirk

## Event honoured history, and the MS Lord Selkirk II

By Dave Baxter

An event last week in Selkirk celebrated the city's past, while also looking towards the future.

The Noventis Credit Union's Evening of History, a fundraiser for the Selkirk Heritage Endowment Fund (SHEF), was held at the Gwen Fox Gallery on Feb. 4.

The second annual fundraising evening featured displays, historical presentations focusing on the MS Lord Selkirk II, entertainment, and an art auction.

The event also saw the fund pay out its first grant, as the Marine Museum of Manitoba received a cheque for \$5,422.

SHEF was established in 2012 by the City of Selkirk, which contributes \$50,000 annually to the fund that is currently valued at \$241,000.

The goal of the fund is to eventually see a municipal heritage museum set up that will celebrate Selkirk's history, but the fund will provide annual grants to the Marine Museum of Manitoba until a museum is established.

With the MS Lord Selkirk II recently being dismantled and removed from the Selkirk Slough, the event was an opportunity to celebrate the ship's past.

Conroy Finnigan and Danielle Ga-

gnon are in the process of creating a documentary that will celebrate the history of the MS Lord Selkirk II, and made a presentation at last Thursday's event.

Finnigan said they were given access to the ship as it was being dismantled, and the documentary will cover the building of the ship, the years it sailed, the years it sat in the slough, and its eventual dismantling in 2015.

It will include interviews with people that have been associated with the ship over the years, and the producers said once they started to work on the documentary, they realized the attachment many still had with the vessel that hadn't sailed since 1990.

"It did so much good for the people who worked on it," Finnigan said. "And many people who worked on the ship went on to other endeavours and very successful careers, and a big part of that was the experience they got working on the ship."

Although Finnigan expected the ship's dismantling to conjure up memories, he didn't expect people to show the level of attachment that they did.

"It sure triggered a lot of people's memories, because what we noticed when we were shooting was there was a constant stream of vehicles ev-



RECORD PHOTO BY BRETT MITCHELL

The Marine Museum of Manitoba was presented with a cheque for \$5,422 at the Noventis Credit Union's Evening of History last Thursday.

ery single day that would pull up and just sit there and watch. There was so much buzz generated by the ship, and now people are happy it's now gone because it had its time, but they appreciate the memories."

Finnigan said he enjoyed the Noventis Credit Union's Evening of History because it was a chance to begin to talk publicly about their project

"It fit in very well with what we are

doing from start to finish. Everyone really enjoyed themselves, and the whole theme of the evening just suited our work."

Selkirk CAO Duane Nicol was a city councillor in 2011, when he proposed the idea of the fund to council.

Council established the SHEF as a perpetual endowment fund to support the on-going operational costs of a new municipal heritage museum.

# Pawed Pals seeks permanent home to help the helpless

## Organization helps abused and abandoned animals

By Scott Billeck

A local animal rescue seeing a higher influx of cats and dogs come through its doors due to frigid temperatures, is hoping for a bigger place that would help them help those animals.

Pawed Pals Animal Rescue, which rescues animals in Selkirk and the Tri-S area, is hoping to find a permanent home in the near future after spending the last eight years working with a network of foster homes and volunteers in the community.

"It's tough out there during the winter, and I'm sure some of the animals out there don't make it through the winter," Lynda Blackburde of Pawed

Pals said. "Our idea is to be able to increase our program and have a building facility that will allow us to deal with it a little easier than we are right now, and maybe get the situation under control in this region, anyway."

Pawed Pals chair Karen Andrews said a shelter would go a long way to providing the necessary care for the animals they see.

"At the moment, we are doing it on our own and are depending on fundraising," Andrews said "We could get more vets on board, and we wouldn't have to depend on the pet stores and Best West. It certainly helps at the moment, but we need some help."

Blackburde said the overarching issue is the lack of spayed and neutered animals in the community.

"That's the long-term goal, to work more with that. There's too many cats out there right now that don't have homes," she said.

Pawed Pals has cats up for adoption at Best West Pet Foods and Pet Value as well, as foster homes.

"It would be wonderful to have a building where we could have all the cats in it," Blackburde said. "We've had lots of support, but it's difficult. Some of our foster homes are out in the country, and because of the lack of space, we're limited in how many animals we can bring in."

Blackburde said the overpopulation in cats is evident this winter. They've yet to see a dog come through their doors.

"There's issues with kitties in the streets and outside of the city here," she said. "Some people are helping out by feeding them and allowing them in their heated sheds."

Blackburde and her crew are nursing two cats back to health at the moment, a male whose ears and paws were damaged due to frostbite, and a female cat that has serious frostbite as well.

Other issues like starvation and hypothermia are found in the animals they rescue, Blackburde said

"We definitely see some sad situations with the little kitties. In the summertime, you don't see it as much, but now you have cats coming right up to people's doors because they're afraid when they've been frostbitten. I'm sure some of them don't make it."



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## Inspired by Nature brings the great outdoors to Gwen Fox



RECORD PHOTO BY DAVE BAXTER

Gwen Fox Gallery volunteer Greg McKenzie checks out one of the pieces currently on display as part of the Inspired by Nature art show at the Selkirk art gallery.

By Dave Baxter

The beauty of nature and the outdoors is on display all this month at the Gwen Fox Gallery in Selkirk.

The Inspired by Nature art show takes place throughout February, and features wildlife art by Werner E. Batke.

Batke has had no formal training as an artist, but in his bio he said he picked it up because of his close relationship with nature.

"I first developed my skill at a very young age through close observation of the animals and wildlife and forests in my native Germany," Batke said in his bio.

His family came to Canada in 1974 and he held a 25-year career as a professional hunting guide and outfitter, and most of his work is inspired by his own field experience.

His paintings feature animals such as the Canada goose, polar bears, caribou and eagles, and all works are available for sale.

The show runs until Feb. 27.

The Gwen Fox Gallery is also working on a strategy they hope will get more community members in the door.

The gallery's gift shop is filled with things like

paintings, carvings, cards, textile art and hand-made jewelry, with much of it created by local artists.

The shop will now refresh most of the merchandise available in their shop every three months, and just did a changeover of merchandise in January.

"What was happening was that we had some stuff staying for a very long time, and now we are changing things up so people can come in and see something fresh every three months," Gwen Fox Gallery volunteer Mary Thorne said.

"It was getting hard to get people to come back if they kept seeing the same items for sale."

The gallery will now give art that didn't sell back to the artists who created it, and Thorne believes they will now have more seasonal art for sale, because artists will be bringing in new art inspired by the time of year.

"So the message to people is that if they haven't been here in a while they can come and check out a lot of things that weren't here before."

Admission to the Gwen Fox Gallery, which sits at the corner of Main Street and Manitoba Avenue in Selkirk is free, and for more information call 204-482-4359.



## TRI-S OUTDOOR Soccer Registration

Registration for all Outdoor teams will run from January 30th to February 15th. We are looking for players born in 1998-2007 for teams to play in the Winnipeg Youth Soccer League.

To register for the season and all soccer news check out our new website: [www.trissoccer.com](http://www.trissoccer.com)

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# Steelers share passion for hockey and reading



RECORD PHOTO BY NATASHA TERSIGNI

Selkirk Steelers' goaltender Hayden Dola was a guest reader at Teulon Elementary on Feb. 2 to help kick-off 'I Love to Read' month at the school. Pictured, left to right, Sarah, Hayden, Jesse and Michael.

# KidFish ice derby reels in cash to help kids

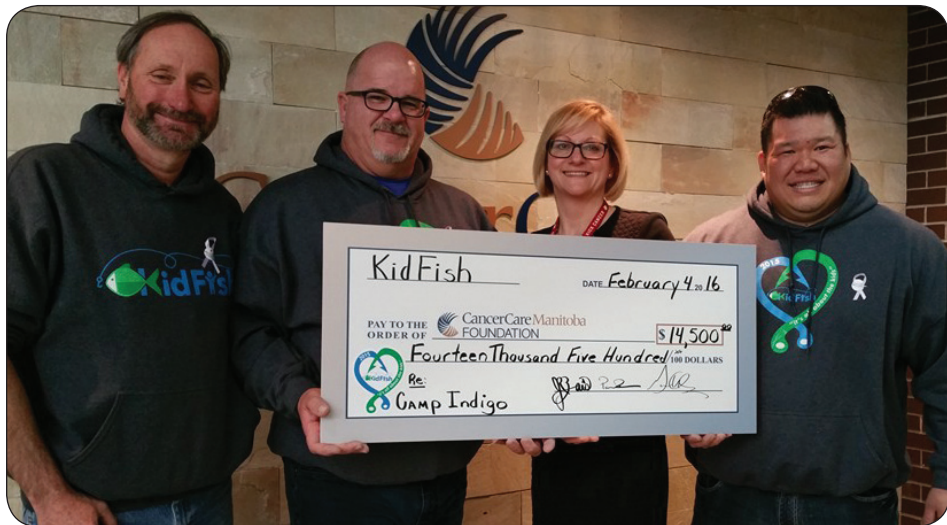


PHOTO SUPPLIED

Organizers of the KidFish ice derby have been busy handing out cheques to organizations that help out kids. On Feb. 4 the KidFish organizing committee presented a cheque for \$14,500 to the CancerCare Manitoba Foundation. The derby also donated \$15,233 to the Children's Hospital Foundation of Manitoba, and \$2,000 to the CancerCare Manitoba Foundation for their Guardian Angel Care Room program, that provides hairpieces for girls between the age of 8 and 10. This year's derby on Jan. 24 in Selkirk saw a total of \$34,405.25 raised.

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# West St. Paul applauded and awarded for wastewater system

## Mayor says system will benefit the environment

By Scott Billeck

West St. Paul's efforts to upgrade their wastewater infrastructure have

been recognized by the commission set up to oversee improvements in the

Red River region.

The Red River Basin Commission (RRBC) handed accolades to West St. Paul on Jan. 21, during the Red River Land and Water International Summit Conference in North Dakota.

The honour was recognition of a wastewater project that has connect-

ed West St. Paul to Winnipeg's northern wastewater treatment centre.

"As a community we had plants that weren't compliant, we had a number of septic fields that were leaking. We knew there were a lot of problems,"

Continued on page 21

## MID-WINTER INVENTORY CLEARANCE

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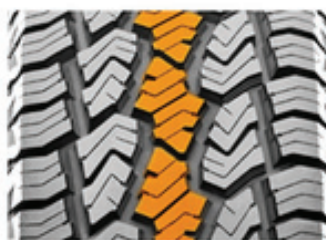
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# Mobile Clinic ready to serve in the East Beaches

Clinic will be at GMCC building every Thursday

By Laura Tutlies

On Thursday, Feb. 4th all roads ended in Grand Beach and at the site of Grand Marais Community Central (GMCC).

At precisely 10:17 a.m., a large mobile unit pulled into the freshly plowed parking lot located on Hwy. 12, in the village of Grand Marais.

Two nurses, a driver and a complement of technicians, along with the mobile unit manager were in the heart of East Beaches to activate a 'dry run' for the much anticipated Mobile Clinic and to conduct one of four "open houses" being held within the perimeters of the Interlake-Eastern Regional Health Authority (IERHA) over the first two weeks of February 2016.

"Today is a big day, not only for the communities of East Beaches, but also for the staff of the Interlake-Eastern Regional Health Authority who will manage and direct the Mobile Clinic," East Beaches Regional Complex Inc. (EBRCI) director Margaret Murray-Haddad said.

The contract is for a year, and organizers hope that people will fully access the primary care services offered by the nurse practitioner and registered nurse who will staff the unit.

As chair of the medical committee for EBRCI, Murray-Haddad has put in countless hours to aid in negotiation of the particulars that affect the functionality and location of the Mobile Clinic for the East Beaches.

For the 'dry run' a lot was at stake. Would the space be adequate? Was the electrical feed satisfactory? Integral to patient safety and confidentiality - was the Internet connection completely secure? Was the unit accessible for disabled clients, and most especially would the location attract community members?

According to IERHA staff, by the end of the day, 'Yes' was the answer to all those questions.

As a component of the open house, the idea was to profile the services to be offered to the East Beaches when the Mobile Clinic commences service in this area on Thursday, Feb. 18. The event provided an opportunity for IERHA staff to answer questions that the public might have about this new service to rural hubs. Staff of the clinic are mandated to help clients



RECORD PHOTO BY LAURA TUTLIES

The Mobile Clinic will serve the East Beaches area every Thursday starting Feb. 18

to manage a chronic disease or condition, to provide health promotion, to encourage healthy behaviors and wellness education, provide referrals to other health services and specialists, administer treatment for minor ailments, prescribe medications, offer some lab services and provide immunizations.

Roberta Carriere is a director with both the EBRCI and with the GMCC. Carriere is also past chairperson of the former East Beaches Wellness and Recreation Coalition (EBWRC), which is the organization that created a catalyst for the formation of the EBRCI in 2009.

"Today has been a long time coming, and has created the reality of accessible medical service for the many folks who live, work and love the area of the beaches from Victoria Beach to Patricia Beach, and our neighbours to the East," Carriere said. "When we began the Wellness Coalition over 15 years ago, our goal was to bring health care with all its aspects directly to residents and visitors of the East Beaches. It has been an arduous journey, and today is expected to be just the beginning of a new era for our communities."

Blair Skinner, Mayor of the LGD of Pinawa and Chairman of Eastern Region Community Health Committee (ERCHC) qualified the remarks of Carriere saying, "This is an exciting development for the whole region of the Interlake Eastern RHA as it brings primary care to the more remote rural communities who have been waiting for this service for some time."

President of the EBRCI, Marilyn

Schneider was on hand to participate in the energy of the day.

"It has been our goal since our community groups merged almost seven years ago, to ensure that residents both permanent and seasonal in all three municipalities, are offered quality health care close to their home. We saw a need and have worked very hard to bring it to fruition."

One of the first of over fifty recorded guests through the doors of the Mobile Clinic was Gord Ross, who serves on the council of the RM of Victoria Beach. He works with Skinner on the Regional Health Committee and is passionate about this project. Ross gave a nod to the 'boot clad' Nurse Practitioner and Registered Nurse across the room and with a somewhat paternal tone referred to them as "our nurses".

Asked to expand he explained, "Because this service is for all of East Beaches and as a member of the Eastern Health Committee, it pleases me that so many seniors who don't drive or who must rely on friends or neighbors will now have primary care services within a very short commute of their home. You see, if people leave perhaps minor health problems alone, their issues can develop into serious problems."

St. Clements Mayor Debbie Fiebelkorn was at the event to cut the ribbon for the grand opening.

"The volunteers of the East Beaches Regional Complex board have worked diligently to make an occasion like today happen for the communities of East Beaches. I admire their stamina

and commend their hard work and efforts. We are also very grateful for the co-operation of the Interlake-Eastern Regional Health Authority," Fiebelkorn said.

Collaboration between the RM of St. Clements, the IERHA and the GMCC to bring the Mobile Clinic to the communities of East Beaches was obvious. It was evident that the new ramp, which connects folks to the GMCC facility, could be slippery given certain conditions. Immediately Councilor Dave Sutherland contacted the Public Works manager to arrange for a barrel of sand/salt mix to be strategically placed where it could be used on Clinic days.

Councilor Jerry Drobot of St. Clements took a test ride on the lift that is built into the Mobile Clinic. IERHA staff gently set him upon the base and guided him from the snow covered ground to the warmth of the primary care clinic. Within, Drobot got the tour and the opportunity to ask questions of the nurses and clinic personnel.

Although it is not imperative, it is advisable that patients accessing the Mobile Clinic call for an appointment.

Because the unit is mobile, it is virtually impossible for the unit to stock every medical accessory at their disposal so an appointment gives the nurse a forewarning of needs.

For more information, or to book an appointment call 1-855-295-8296.

Look for the Mobile Clinic every Thursday in Grand Marais at Community Central.



# Your Trails

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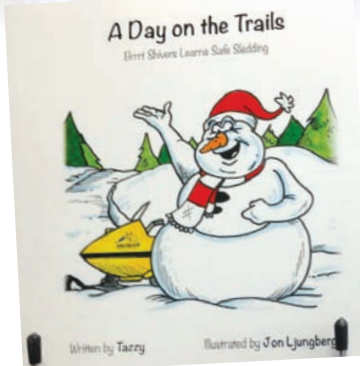
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A full listing is also below Trail Conditions: TRAILS ARE PARTLY OPEN**

Feb. 3, 2016  
Trail #300 ( Cal Chudd Trail )—From Arborg to Jct. #5.( Rosenberg Trail )

Feb. 3, 2016  
Trail #5 ( Rosenberg Trail )—From Jct. #300 ( Cal Chudd Trail ) to Grindstone

Feb. 3, 2016  
Trail #5 from Grindstone to Hecla Island

Feb. 3, 2016  
Trail #305 (Hecla Island trail) from Trail #46 Rail Bed to Hecla

Jan. 27, 2016  
Trail #46 ( Rail Bed )—From Jct. #5 ( Rosenberg Trail ) to Jct # 304.( Gyrsir Trail )

Feb. 2, 2016  
Trail #304 ( Gyrsir Trail )—From Jct. # 46 ( Rail Bed ) to Arborg.

Feb. 3, 2016  
Trail #304 ( Gyrsir Trail ) —From Arborg To Trail #46 Riverton.

Feb. 3, 2016  
Trail #46 ( Rail Bed )—From Riverton to Trail #305 ( Hecla Island Trail ) to Sandy Bay Warm up Shelter only.

Feb. 2, 2016  
Trail #46 ( Rail Bed )—From Trail #305 ( Hecla Island Trail ) to Jct. #303.( Cheyenne Trail )

Feb. 2, 2016  
Trail #303 ( Cheyenne Trail ) From Jct 46 ( Rail Bed ) to Jct #300.

Feb. 2, 2016  
Trail #300 ( Cal Chudd Trail ) From Jct. 303 ( Cheyenne Trail ) to Arborg

Feb. 2, 2016  
Trail #17 ( Willow Creek Trail )—From Gimli to Jct. #301.( Fish Lake Trail )

Feb. 2, 2016  
Trail #301 ( Fish Lake Trail ) —From Jct. #17 ( Willow Creek Trail ) to Jct. #300.( Cal Chudd Trail )

Feb. 2, 2016  
Trail #300 ( Cal Chudd Trail ) —From Jct. #301 ( Fish Lake Trail ) to Jct. #303.( Cheyenne Trail )

Feb. 2, 2016  
Trail #303 —( Cheyenne Trail ) From Jct. #300 ( Cal Chudd Trail ) to Jct. #46 ( Rail Bed )

Feb. 2, 2016  
Trail #46 ( Rail Bed )—From Jct. #303 ( Cheyenne Trail ) to Gimli.

Feb. 2, 2016  
Trail #300 ( Cal Chudd Trail ) —From Jct. #301 ( Fish Lake Trail ) to Jct. #38. ( Prime Meridian )

closed

Trail #303 ( Cheyenne Trail ) —From Jct. #46 ( Rail Bed ) to Jct. #17.( Willow Creek Trail )

Feb. 5, 2016  
Trail #46 ( South lake trail)—From Willow Creek South (Gimli) to south end of the lake.

closed

Trail #17 ( Willow Creek Trail )—From Gimli to Grand Marais.

Notables

- All other trails CLOSED

- ACCESS TO WINNIPEG BEACH - due to construction on lake shore, access this winter has temporarily changed. Access is now by the marina and will lead to the Domo gas station via Prospect ave. Follow the signs.

-Trail #46 From Petersfield to Chalet Beach is OPEN. (Thanks Springhill Trailblazers!)



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### Raspberry lemon muffin magic



#### Ingredients

1 cup (250 mL) all-purpose flour  
1 cup (250 mL) whole-wheat flour  
1 2/3 cup (400 mL) lower fat shredded Canadian brick cheese or 3/4 cup (175 mL) regular shredded Canadian brick cheese  
2/3 cup (150 mL) quick-cooking rolled oats  
1 tbsp (15 mL) grated lemon rind  
2 tsp (10 mL) baking powder  
1/2 tsp (2 mL) baking soda  
1 egg

1 1/4 cups (300 mL) 1% buttermilk  
2/3 cup (150 mL) brown sugar  
3 tbsp (45 mL) vegetable oil  
2 tsp (10 mL) vanilla extract  
1 cup (250 mL) fresh raspberries or frozen raspberries

#### Directions

Preheat oven to 375°F (190°C). Spray a 12-cup non-stick muffin pan.

In a large bowl, combine all-purpose and whole-wheat flour, Canadian Brick cheese, 1/2 cup (125 mL) oats, lemon rind, baking powder and baking soda. In another bowl, whisk together egg, buttermilk, 1/2 cup (125 mL) brown sugar, oil and vanilla extract. Pour over dry ingredients and lightly incorporate. Gently stir in raspberries.

Spoon into prepared muffin pan, smoothing tops. Sprinkle with remaining oats and sugar. Bake for 20 to 25 minutes or until tops are firm to the touch. Let cool in pan for 10 minutes. Transfer to rack to cool completely.

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#### Ingredients

Makes 8 servings

1 packet hot cocoa mix with 20 to 25 calories  
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1/2 cup moist-style devil's food cake mix  
1/2 cup moist-style yellow cake mix  
1/4 cup fat-free liquid egg substitute  
1/2 tablespoon red food coloring  
Dash of salt  
4 ounces fat-free cream cheese  
2 tablespoons Jell-O Sugar-Free Fat-Free Vanilla Instant pudding mix

2 tablespoons Splenda No Calorie Sweetener (granulated)  
1/4 teaspoon vanilla extract  
1 8-ounce container Cool Whip (thawed)  
4 cups chopped strawberries

#### Directions

Preheat oven to 350 F. Spray an 8-inch by 8-inch baking pan with nonstick spray.

Place the cocoa mix and 1 tablespoon chocolate chips in a glass. Add 1/4 cup very hot water, and stir until mostly dissolved. Add 1/3 cup cold water.

In a large bowl, combine the cake mixes, egg substitute, food coloring, and salt. Add cocoa mixture, and whisk until smooth.

Pour batter into the baking pan, and sprinkle with remaining 1 tablespoon chocolate chips.

Bake until a toothpick inserted into the center comes out mostly clean, 26 to 28 minutes.

Let cool completely, about 30 minutes in the pan and 30 minutes out of the pan on a cooling rack.

Meanwhile, in a medium bowl, stir cream cheese until smooth. In another medium bowl, combine pudding mix with Splenda. Add vanilla extract and 1/4 cup cold water, and vigorously stir until mostly smooth and slightly thickened. Add cream cheese and 1

### Clafoutis



Makes one 10-inch custard

2 cups whole milk  
3/4 cup sugar  
1/2 vanilla bean  
Pinch of salt  
3 large whole eggs  
1/3 cup plus 1 tablespoon all-purpose flour  
2 cups cherries, pitted  
1/4 cup sugar for topping

Preheat the oven to 425 F. Butter a 10-inch ceramic quiche mold or pie dish.

In a small saucepan, combine the milk, sugar, vanilla bean, and salt. Place over medium heat and heat, stirring to dissolve the sugar, to just under a boil. While the milk mixture is heating, break 1 egg into a heatproof mixing bowl, add the flour and whisk until the mixture is free of any lumps. Add the remaining 2 eggs and whisk until smooth.

Remove the saucepan from the heat. Slowly ladle the hot milk mixture into the egg mixture while whisking constantly. Pour the mixture into the prepared mold and add the fruit, making sure that the fruit is evenly distributed.

cup Cool Whip, and stir until uniform. Cover and refrigerate.

Cut cake into 1-inch cubes.

In a large glass bowl or trifle dish, evenly layer half of the cubed cake. Spread all of the pudding mixture over the cake layer. Evenly top with half of the strawberries. Continue layering with remaining cubed cake, Cool Whip and strawberries.

Bake until just set in the center and slightly puffed and browned around the outside, 30 to 35 minutes. Remove the custard from the oven and turn up the oven temperature to 500 F. Evenly sprinkle the sugar over the top of the clafoutis. Return the custard to the oven for 5 to 10 minutes to caramelize the sugar. Watch carefully, as it will darken quickly.

Let the custard cool on a wire rack for at least 15 minutes before slicing. Serve warm or at room temperature.

Far Breton Variation: Omit the cherries. Soak 2 cups pitted prunes in equal parts water and brandy for about 1 hour; the timing will depend on how dry the prunes are. Drain off any remaining liquid before adding the prunes to the custard.

Note: You may use any fruit that is well balanced with acidity and sweetness, such as raspberries, apricots, or peaches. Sautéed apples or pears are delicious variations in fall.

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In 25 Numbers

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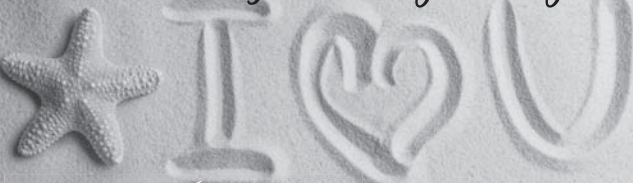
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# Your FARM



## Pulse crops a boon to producers, consumers alike

By Harry Siemens

Lentils, while it doesn't have the acres in Manitoba that farmers have in Saskatchewan, are still a great source of protein for meals across the world.

According to the federal government's latest outlook on this ever-increasing crop, Canadian lentil exports for the August to November period totalled a record 1.36 Mt—65 per cent more than the amount exported during the same period in 2014.

India imported the largest portion to date at 0.7 MT, followed by Turkey and Egypt as other top markets.

Total Canadian lentil exports for 2015-16 are forecast to rise to a record 2.4 MT due to strong world import demand.

The supply of lentils in Canada is estimated to be marginally lower than last year as lower carry-in stocks more than offset the increase in production.

With lower supply and an increase in exports and domestic use, carry-out stocks are expected to fall and continue to support prices throughout 2015-16.

The overall average price range is forecast a record \$970-1,000/t due to record prices for both red and all green lentil types.

Chandra Shekhar, farm and business writer for the *Hindu Times* in India and pulse crop consultant, says when asked whether things are happening in the Indian pulse

crops: "A lot is happening. India has had two back to back weather events in 2015 that reduced harvest size."

Last spring, India's pulse crops were damaged by unseasonal rains and hailstorms, Shekhar says.

"We had a two million tonne crop loss. Following that, during July to September 2015, the country faced El Nino induced dry conditions

that reduced the crop harvest in September/October 2015 despite higher planted acreage."

As a result, domestic prices escalated rapidly in India.

"The Indian government came under pressure from consumer groups and media," Shekhar says. "So stock limits were imposed, pulse car-

Continued on page 24



## Here, there, everywhere

> HARRY SIEMENS

There was a time I'd travel all over attending farm meetings, soil conservation events, company product introductions, commodity group get-togethers, summer and winter fairs, and community hall sing-alongs.

I think I've had a meal in, spoken at, and talked to farmers in just about every large and small hall, upstairs curling rink public room, and chamber and town council rooms that existed at that time.

Still, I can't be everywhere at once. Which is why last month I attended the Banff Pork Seminar and last week the Manitoba Swine Seminar, but I had to miss Ag Days in Brandon.

However, travelling via Skype around the world, connecting with almost 4,500 people on Twitter and over 5,000 on LinkedIn is making travelling a little less time consuming and costly, to say the least.

However, with the big events like the BPS, Ag-Days, and now Crop Connect this week, it is good to see so many of the groups and farmers in one place.

CropConnect runs for two days in Winnipeg and includes the Manitoba Canola Growers Association, Manitoba Corn Growers Association, Manitoba Flax Growers Association, Manitoba Pulse & Soybean Growers, Manitoba Oat Growers Association, the National Sunflower Association of Canada, and Manitoba Wheat and Barley Growers Association.

The event offers a wide range of speakers, access to crop specific information, a trade show, a banquet, and the AGMs for all seven participating organizations.

Wow, what a gathering of people all in one place, giving one the opportunity to hear, see, touch, look at the different products, talk to so many old friends, and meet new ones, many whose grandfathers I know quite well, too.

Over the years, while my goal and purpose

remain the same, the method of covering and reporting have changed.

I pick and choose as to which speakers I want to hear, and what are the points I want to make as I ask that person questions during one-on-one interviews.

It will be interesting as to what the attitude of the industry-wide event will be with the oil price saga affecting everyone to some extent, as well as the volatility in the Canadian looney creating a volatility in the commodity prices.

I'm told, tacking on the exchange to the cost of the top of the line John Deere tractor, a farmer is looking at \$700,000 to \$850,000 Canadian.

As one hog farmer told me in Banff: were it not for the weak Canadian dollar, the hog prices in the last quarter of 2015 would have wrecked causing great havoc once again for the hog industry.

However, the 40 to 42 cent advantage making the cost of that JD tractor almost out of site, also kept hog producers from losing a tonne of money.

The grain, pulse and oilseed croppers also gain the benefit on the price, but when selling to a local hog farmer or to the feedmill, there is a saw-off, too.

The demand for food and the crops farmers product, the livestock they raise continues as the world population increases.

The key is to get it to the people who need it most, and they often have corrupt governments that makes that more difficult, and often they can't really afford to pay what it costs to produce, market, and transport that crop to where it needs to go.

And yet land prices for now, after skyrocketing in the last five years, seem to stay at that high level, and farmers keep on growing, raising, and producing what the rest of us need to sustain us.

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## > PULSE CROPS, FROM PG. 22

goes (held beyond the stock ceiling) were seized, and investigations into unethical trading practices initiated. Because of drastic government action, speculators have now turned cautious, prices have cooled a bit, aided by continuing imports."

Brennan Turner, president of Farm-Lead.com, when presented with Chandra's comments says India imported close to 4.0 million tons during April-December 2015 and further imports of 1.5 million tonnes for January-March period are projected.

"So, India's imports have expanded by least one million tons this year and Canada has been a major beneficiary with large supplies of yellow peas and lentils," says Turner.

He says, plain and simple, India has had two below average pulse crops and so needed to import more grain to accommodate their growing demand. Intervention by the Indian government has stabilized the volatility of the market a bit, hence the lower prices in Canada recently.

"Those prices undermined a little by the appreciation of the Canadian Loonie from its drop below 70 cents USD," says Turner. "There's expected to be a gap of roughly 6-7 MMT between domestic production and domestic demand of pulses in India this year, hence the obvious required increase in imports."

He says, overall, the market outlook for pulse crops remain solid, with lentil prices expected to maintain an average price in 2016 near two times their 10-year average, with pea prices not far behind.

The real question, though, is with El Nino conditions evaporating, monsoon rains seen by India in June-September will be more critical than ever to a pulse grower's marketing plan, as those rains will help determine the field conditions that Indian farmers can plant crops into, he adds.

Prices could fall back on optimism for better pulse production in India in 2017.

# Red ribbon movement spreads in Tri-S area



RECORD PHOTO BY DAVE BAXTER

A movement that sees red ribbons tied to bridges all over Canada to honour missing and murdered Indigenous women is spreading in the Tri-S area. Back in December Brenda Massey and her husband put up red ribbons on the Selkirk Bridge after seeing a news story about Rhonda Head who put red ribbons on a bridge in her community, and started a national movement to honour and remember missing and murdered women. The movement is now spreading, as red ribbons have now been tied and can be seen hanging on the "Bridge to Nowhere" on Hwy. 4, just north of Selkirk.

## Selkirk Food Bank feeling the pinch due to food prices

### High prices hitting food banks hard across Manitoba

By Scott Billeck

With the cost of food skyrocketing across the country, food banks like the one in Selkirk are starting to feel the trickle-down effect in their efforts to feed those in need.

Marv Terhoch, the Selkirk Food Bank's director of community development, said the increased price of food has put increased pressure on the organization that feeds hundreds each month.

"With a shortage of food, and higher food prices, it puts a strain on us and our resources," Terhoch said. "Most people who use the food bank still spend some money on food themselves, but the part that is hurting people is, say you have \$10 to spend on food and that \$10 is now only buying \$9 worth of food."

"The other part that is difficult, on the demand side, is some of the largest increases have been on quality foods – fruits, vegetables, proteins. Even if you can still find \$10 worth of food, you'll probably buy stuff that isn't as healthy. People accessing food banks aren't generally eating that healthy to begin with, and now they're eating less healthy."

Terhoch said in the short-term, a shortage in healthier foods would be OK, but the problem lies in the long-term issues when it comes to health.

"In rural communities such as ours, and in First Nations communities, there's a lot higher rates of diabetes and it's growing. It definitely has an impact with people," he said.

The food bank tries to make each of their 200 weekly packages as healthy as possible.

"We try to encourage nutrition, and one of the things that's helping us is the large cooler we have – we can accept large quantities," he said. "We are determined to give out some protein every week, some milk, but it's really hard to make a bag of food that has a lot of protein or a lot of nutritious value to it."

"A lot of people who we serve have a lot of pressures in their lives, so every week we have people asking us, 'What do we do with this?' Cer-

tain vegetables and other items, people find making pork and beans and Kraft Dinner easier to prepare. When you got a lot of pressures in your life, there's no joy in cooking."

Speaking with his volunteer staff last week, Terhoch said another problem at the moment is the decrease in food being brought to the food bank.

"It's small so far," he said. "But if you're donating food, and you go to the grocery store and you're buying less food because it's more expensive, your donations are going to be smaller."

"We're just starting to monitor it closely, and we're starting to see a shift in the types of food being donated. If the prices keep rising, we will start seeing less from places like Winnipeg Harvest, who supply us with (60-65 per cent) of our food each week."

Terhoch said they haven't seen a decrease in monetary donations as of yet, but the money coming in is buying less food than it has in the past. The food bank sees the most money come in around Christmas, Easter and Thanksgiving.

"We're totally dependent on the will of the community and fundraising, and that's a reality," Terhoch said. "Seventy-five per cent of the money we get is through events, and the other 25 per cent is through cash donations from \$5 to \$2,000. As long as we get the donations at Christmas and through our fundraisers, we can get through January and February. March and April helps carry us through the end of the school year."

Terhoch, who sits on the Manitoba Association of Food Banks, said the Selkirk Food Bank's problem aren't unlike those of other food banks in the province. He said it's just a tough time at the moment.

"We'll keep riding it out," he said. "I think we've maximized what we can get out of the community. It's really hard, there's a lot of hands looking for money. Worst-case scenario, if our money runs out and we aren't seeing food, we dip into our line of credit and we ride through it."



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Ignite 16U red-hot in ringette

By Brian Bowman

The Interlake Ignite U16 "A" ringette team has been skating rings around the competition all season.

Interlake improved its Winnipeg Ringette League record to 14-1 after trouncing Kirkfield Westwood 7-1 on Saturday evening at the St. James Civic Centre in Winnipeg.

Ignite assistant coach Rebecca Fox said team chemistry has been a major key for their club this season.

"All of the girls get along really well in the dressing room and on the ice it shows," Fox said last weekend. "The attitudes have been really positive this year and the girls encourage each other a lot."

The Ignite's lone league loss was a hard-fought 4-3 decision to the Park City Wildcats on Jan. 31. Despite that defeat, however, Interlake has been dominant most of this season.

The Ignite has scored a league-high 95 goals while giving up a league-low 30. The Ignite seem to have that innate ability to know where their linemates are going to go on the ice.

"Honestly, as a coach it's hard to pick out things for them to work on because they are very good at so many things," Fox said. "They have really good speed and, in the offensive zone,

each line creates their own plays."

Defensively, the Ignite have been very good, allowing an average of just two goals per league contest.

"Our goalie (Shelby Mitchell) has been one of our strongest players," Fox stressed. "She's amazing and everyone loves her. She's quiet on the bench and in the dressing room, but on the ice, you can always hear her screaming – she really gets into it."

The Ignite have girls on their team from several areas in the Interlake while the majority are from Stonewall, according to Fox. The girls have done a tremendous job gelling as a team and will be looking to continue their fine play when they wrap up their regular season this Sunday against Kirkfield Westwood.

That game will be played in Stonewall at 10:15 a.m.

The Winnipeg Ringette League does not have a playoff but the teams will compete in the provincials, which will take place in Morris from Feb. 18-21.

Interlake is, obviously, the favourite to win the provincials this year. If the Ignite does win the provincial championship, they will then head west for the westerns in beautiful Richmond, B.C.

"The (girls) are really determined



RECORD PHOTO BY LANA MEIER

Renee Partyka of East Selkirk skates with the ring against Park City West.

to win (provincials)," Fox said. "At the beginning of the season, we said our goal was to get to westerns. We're re-

ally excited going into provincials – I really think we can do it."

## Royals JV boys win Gimli basketball tourney

By Brian Bowman

The Selkirk Royals junior varsity boys' basketball team continues to improve on a weekly basis.

That improvement translated into a tournament victory last weekend as Selkirk captured a title in Gimli.

The Royals capped off a solid effort with a 52-44 win over Steinbach

Christian. Alex Unrau led Selkirk with 14 points while Drake Ballantyne had 13.

"It was a great tournament," said Royals' head coach Dean Goodbrandson in an email. "We're learning how to close games out and our confidence is growing. It was a solid team effort - lots of little contributions."

In the semifinals, Selkirk trounced Norway House 80-28. Unrau had a game-high 21 points, followed by Josh McDonald (17), Jack Harrison (11), Ballantyne (10), and Brett McLaren (10). The quarter-final saw Selkirk defeat the host Gimli Lakers 58-52. McDonald poured in 23 points and was red-hot from outside, hitting seven

three pointers.

In the third-place game, Dauphin edged Helen Betty Osbourne 39-38. The seventh-place game saw Landmark beat Pinawa 63-54.

Selkirk resumed KPAC play Tuesday against Murdoch Mackay. That game was a key one for the Royals for play-off positioning.

**The Selkirk Record**

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#26 Milan Horanski  
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# Lott family well represented at Viterra Championship

By Brian Bowman

With 32 teams in Selkirk this week for the Viterra Championship, there will be plenty of great curlers out on the ice.

And three of them come from just one family.

Sandy Hook's Dale Lott and his two sons, Tanner and Colton, will each be on separate teams, vying for that illustrious men's provincial championship.

Dale is playing second on Kyle Foster's Arborg rink, which earned an Interlake berth for the provincials in Stonewall earlier this season. That was the lone time that their rink has curled together all season.

"We just put a team together as a last-minute type of thing," Dale, 48, explained last week. "We're all from different areas, so we play and practice on our own. We've all been curling for a long time, and we all get along. The chemistry is good - we all just go out and have fun."

Despite Dale's age - and his talent - this is surprisingly the first time he will get a chance to curl against the best Manitoba has to offer at the provincials. He said he is simply going to go out there and enjoy the moment.

"I've been trying for a long time," said Dale, whose rink opened action against Carberry's Kelly Manroch Wednesday afternoon. "This is my first, but it's really special because we're all in it together even though we're on separate teams."

Dale said he is really proud of what his two sons have accomplished in curling.

"They've been doing what I wanted to do," he said. "When I was young, I wanted to get to provincials but it just never worked out. Tanner is the oldest one and he has been doing it since he was 15 (getting to junior provincials)."

"Colton followed suit and has been doing the same thing. Both have had great curling careers."

Tanner, 23, is the third on Justin Reynolds' Winnipeg Beach rink.

Reynolds claimed the other Interlake berth and this is the first year that the entire rink has curled together.

Tanner admits that their rink hasn't spent much time together on the ice this season. Still, they hope to make some noise at the provincials.

"The zone was our first time curling together as a team and we were able to get a spot," he noted. "That was pretty good."

Like his dad, this will be Tanner's first time competing at the men's provincial championship.

"It will be a new experience," he said. "I've never done it before, so it's another notch on the belt."

Teams are going to have to limit their mistakes at provincials, Tanner said, if they want to be playing on the weekend. He feels his rink has the talent to compete with many of the teams.

But their first draw Wednesday morning was a tough one. Reynolds was up against Fort Rouge's Mike McEwen, the No. 2 seed in the field.

"They're all good shooters," he said of his rink. "We made a goal to make the (top) eight. Whether or not we make it, we'll be happy either way. You have to set a goal somewhere."

Tanner is looking forward to playing close to home in Selkirk. Sleeping in his own bed - and playing in front of family and friends - will be a great experience.

"That will be the best," he said, noting he played in a junior provincial in Gimli a few years back. "Not sleeping in a hotel, going home and having a decent meal, will be nice."

Colton, meanwhile, will be playing with Matt Dunstone's rink, which recently won the junior men's national title and will be representing Canada at the Worlds in Denmark next month.

Their rink qualified by claiming one of the four MCT berths up for grabs back in mid-December. Dunstone opened action Wednesday in the 12:15 p.m. draw against Morris' Lorne Hamblin.

Of the three Lotts, Colton's rink



RECORD PHOTO SUBMITTED

Dale Lott, and his two sons, Colton, left, and Tanner will be on separate teams at this week's men's provincial playdowns.

probably has the best chance of going deep at the provincials. Colton competed at the provincials last year, placing fifth with Jason Gunnlaugson as skip as Dunstone was competing at the world university curling championships.

Colton said last year was no big deal playing for a men's provincial curling crown. He expects his rink to make the playoffs this year.

"We had played all of those teams before, so it wasn't too bad," said the 20 year old. "This year, we'll know what to expect and we'll come out firing."

In the double elimination bonspiel, getting off to a good start is imperative. Colton and his rink lost their very first game last year and had their backs against the wall as they scrapped together several consecutive wins.

This year's field of teams is, as always, a real deep one even without Jeff Stoughton due to his retirement

from the game.

"It's one less team to worry about," Colton said of Stoughton. "But you still have McEwen and (Reid) Carruthers. They're a couple of the top teams in the world."

Carruthers, the defending-provincial champion, is the top seed for this week's 2016 Viterra Championship, followed by McEwen, William Lyburn, Daley Peters and Alex Forrest.

Carruthers and McEwen met in last year's final.

The draw, live results, and event information can be found at [www.viterachampionship.ca](http://www.viterachampionship.ca).

As well, CurlManitoba is partnered, once again, with Sportsnet. The broadcast schedule will be:

Saturday - 6 p.m. Page Playoff - SN ONE

Sunday - 9 a.m. Semifinal - SN WEST

Sunday - 2pm Final - SN WEST

On-air personalities will feature Rob Faulds with Stoughton.

## Viterra Championship information

### VENUE DETAILS

Location  
Selkirk Recreation Complex  
Feb. 10-14

### Ticket Prices

VIP Weekly Pass (includes end zone seating) \$99  
Regular Weekly Pass \$60  
Daily Pass \$20  
Youth (17 and under) \$5

Evening Draw only (after 6 p.m.) \$10  
For more information, or to order tickets by phone, call 785-8300 or TOLL FREE 1-877-523-5909.

### Special Promotions

Wednesday - Opening Ceremony Special

After 6 p.m. - Adults admission \$5 and Youth \$2

Autography session 7:45 8:15 p.m.

### Friday - Live Band

Vintage Groove in the Last Shot Saloon, 9 p.m to 1 a.m.

Admission free with curling daily ticket

### Saturday - Asham Stompers

Performing live in the Last Shot Saloon, 4:30 to 5:30 p.m.

Admission free with Curling daily ticket

Sunday - Valentine's Day Special  
"Love on the Rocks" - Couples get in 2 for 1 (\$20/couple)

Door Prize - A dozen roses

### Draw Times

Wednesday: 8:30 a.m., 12:15 p.m., 4 p.m., 8:15 p.m.

Thursday and Friday: 8:30 a.m. , 12:15 p.m., 4 p.m., 7:45 p.m.

Saturday: 9 a.m., 2 p.m., 6 p.m.

Sunday: 9 a.m., 2 p.m.

### Host Committee Contacts

Garry Dola ([gndola@gmail.com](mailto:gndola@gmail.com))

Brent Reed ([gbreed@mymts.net](mailto:gbreed@mymts.net))



# JV girls place third at Brandon tourney

By Brian Bowman

The Selkirk Royals played some great basketball last weekend, placing third at a Crocus Plains junior varsity girls' tournament in Brandon.

Selkirk won the third-place game with a dominating 61-41 victory over the Garden Valley Zodiacs. Everyone contributed significantly in the Royals' victory.

"We're happy about that (third-place finish)," said Royals' head coach Sue Gilmour Monday afternoon. "Our pool was especially tough with St. Mary's being one of the top teams and they won it all."

Julia Ignagni was named Selkirk's player of the game.

Selkirk finished with a 2-1 record in its pool play. The Royals beat the Vincent Massey Vikings from Brandon (38-35) and the Virden Bears (42-22).

Renee Partyka was named the Royals' player of the game against Virden while Charlotte Wilmott got the nod against Vincent Massey.

Selkirk's lone loss was a 55-22 decision to the St. Mary's Academy Flames. The Royals struggled in the first half but played much better after the break.

"We came out flat in that game," Gilmour recalled. "It was hard after exams with a week and a half off and then you're playing a top-10 team right off the bat."

Tessa Chezick was selected as Selkirk's player of the game.

Overall, Selkirk played pretty well on the defensive end throughout the tournament. Gilmour said the Royals have been working hard on their zone defence the past few weeks in preparation for their upcoming playoffs.

The Royals still, however, have to do a better job on the glass with rebounding, said Gilmour.

"Offensive rebounds are all about heart and hustle," Gilmour stressed. "If you're a good offensive rebounder, then you want that ball. We get a fair amount of offensive rebounds but we also have a little trouble finishing."

"Hopefully, down the stretch we'll be able to put back some of those more consistently, which would definitely help us out."

Selkirk, which is currently second in the KPAC standings, will be hosting a tournament this weekend. That tournament will see five of the top 10 teams in the province here with several more teams that very easily could be ranked, said Gilmour.

"This is a big weekend for us," Gilmour stressed. "With rankings coming into play the next few weeks and provincial applications, it's going to be a big tournament for us. If we could have a couple of competitive games against the top teams, then we're more likely to get a wildcard."



SUBMITTED PHOTO

The Royals' junior varsity girls played some great basketball this past weekend, placing third at a Crocus Plains tournament in Brandon.

Selkirk plays its first game of the tournament today at 4:30 p.m. against Kelvin.

The Royals varsity girls, meanwhile, won the seventh-place game at the Crocus Plains Forbidden Flavours Java Jam tournament last weekend.

Selkirk defeated the John Taylor Pipers 58-42 in its final game of the tournament.

The Royals were relegated to that game after losing 66-61 to the St.

Mary's Academy Flames.

Selkirk finished with a 1-1 record in pool play. The Royals defeated the Garden Valley Zodiacs 71-48 but lost 60-50 to the Sturgeon Heights Huskies.

In league play, Selkirk hosted Miles Mac on Monday and then visited Kildonan East last night but no scores were available. The Royals will then play at Miles Mac this coming Wednesday. Tip-off is 7:30 p.m.

# Steelers lose a pair last weekend

By Brian Bowman

February has not started very well for the Selkirk Steelers.

Selkirk lost both of its games last weekend, losing 2-0 to Virden at home Friday and then 5-2 to the Kings up in Dauphin the following evening.

In the Dauphin loss, the Kings snapped a 2-2 tie with three unanswered goals. Those of those goals

came in the third period.

Dauphin took a 2-1 lead after 20 minutes as Kirklan Lycar (power play) and Tyler Derkach scored for the home side and Dexter Kuczek replied for Selkirk.

The Steelers' Chris Westlund and the Kings' Tyler Garrioch traded goals early in the second and then Oliver Lester and Daniel Chartrand tallied

in the third.

Chartrand's goal was into an empty net with 1:40 remaining.

Selkirk was 0-for-5 with the man advantage while Dauphin was 1-for-3.

The Steelers started last weekend with the two-goal loss to the Oil Capitals at the Selkirk Rec Complex.

After a scoreless first period, Morgan Magwood scored the eventual

game winner at 2:35 of the second. Devan Schram then made it 2-0 midway in the middle frame.

Virden outshot Selkirk 35-17, including 17-4 in the second period.

Sean Kuehn earned the shutout. The standout goaltender from Flower Mound, Texas has been very good this season, compiling a 24-11 record with a 2.07 goals-against average and .925 save percentage. Selkirk (20-27-2) will now hit the road for three games this weekend. The Steelers will be in Swan River Friday and OCN on Saturday and Sunday.



**CATCH THE EXCITING NEW TEAM FOR THE 2015-2016 SEASON**

**AWAY GAMES**

**vs Sun Valley Stampede** Friday, February 12<sup>th</sup> 7:30 pm

**vs OCN Blizzard** Saturday, February 13<sup>th</sup> 7:00 pm

**vs OCN Blizzard** Sunday, February 14<sup>th</sup> 2:30 pm

**vs Neepawa Natives** Wednesday, February 17<sup>th</sup> 7:30 pm

[www.selkirksteelers.com](http://www.selkirksteelers.com)

the Steelers Box Office is open 1 hour before game time

**GAME TICKET OUTLETS:** Selkirk Chrysler, Red River Coop, Sunova, TD Canada Trust, and Quickstream Wireless (St. Andrews)

**Selkirk Steelers**

**SUPER 50/50 LOTTO**

**Dec. 31st Draw reached \$16,385!**

Maximum prize Pool Amount \$60,000

Next Draw Date: April 30, 2016 LGA-899RF

Tickets \$5 ea, 3 for \$10, 10 for \$20

Available at: Keystone Sporting Goods, Roxi's by the Red Uptown Café, On The Rocks Bar & Niteclub, Selkirk Chrysler & all Steeler games



# sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Face-off goes to the dogs



RECORD PHOTO BY BRETT MITCHELL

A cute and fluffy guest dropped the puck before the Selkirk Steelers took on the Virden Oil Capitals last Friday in Selkirk. A St. Bernard, who is part of the Sunova Credit Union Directors of Greetings (D.O.G) team, performed a ceremonial puck drop at last Friday's game, which was sponsored by Sunova Credit Union.

## KPAC champions



RECORD PHOTO SUBMITTED

The Selkirk Royals won a pair of KPAC curling championships Monday evening at the East St. Paul Curling Club. Selkirk beat Miles Mac 6-3 in the boys' final while the Royals defeated River East 9-5 in the girls' championship game. The Royals will now travel to Gladstone for the MHSAA provincials Feb. 25-27. Pictured, back row, left to right, Larry Liebrecht (head coach), Xander Miller, Nick Campbell, Shayne Merritt, Jordan Van Dorp, and Shawn Thidrickson (skip). Front row, left to right, Lauren Dyck (coach), Shelby Bosko, Karyssa Hiebert, Katie Preun, Randine Baker (skip), and Laura Budowski (coach).

Manitoba Hockey Standings									
MANITOBA JUNIOR									
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA		
Portage Terriers	53	45	6	2	92	242	111		
Steinbach Pistons	50	38	9	3	79	202	120		
Winkler Flyers	49	34	12	3	71	206	126		
Virden Oil Capitals	49	30	18	1	61	165	111		
Winnipeg Blues	50	25	18	7	57	179	147		
Swan Valley Stampers	51	21	25	5	47	147	175		
OCN Blizzard	51	22	27	2	46	154	185		
Selkirk Steelers	49	20	27	2	42	169	202		
Dauphin Kings	49	17	29	3	37	148	203		
Waywayseacappo Wolverines	50	13	33	4	30	127	212		
Neepawa Natives	49	10	38	1	21	105	252		
KEYSTONE HOCKEY LEAGUE									
South Division	GP	W	L	OTL	PTS	GF	GA		
Selkirk Fishermen	32	24	6	2	50	131	90		
St. Malo Warriors	33	21	9	3	45	158	123		
Arborg Ice Dawgs	33	17	14	2	36	145	126		
Lundar Falcons	32	15	13	4	34	138	127		
North Winnipeg Satellites	33	11	21	1	23	120	161		
North Division	GP	W	L	OTL	PTS	GF	GA		
Peguis Juniors	32	26	4	2	54	285	111		
OCN Storm	32	25	6	1	51	243	115		
Cross Lake Islanders	32	14	18	0	28	209	204		
Fisher River Hawks	33	8	24	1	17	169	261		
Norway House North Stars	32	1	31	0	2	83	363		
MANITOBA MAJOR JUNIOR									
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA		
Raiders Jr. Hockey Club	36	26	7	3	55	136	95		
Charleswood Hawks	35	23	7	5	51	138	93		
St. Vital Victorias	36	21	12	3	45	139	119		
Pembina Valley Twisters	35	20	11	4	44	146	117		
St. James Canucks	37	21	15	1	43	141	129		
Stonewall Jets	35	18	15	2	38	134	118		
St. Boniface Riels	39	17	19	3	37	134	152		
River East Royal Knights	36	15	18	3	33	108	124		
Transcona Railer Express	35	13	20	2	28	121	153		
Ft. Garry/Ft. Rouge Twins	36	6	28	2	14	84	181		
AAA MIDGET									
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA		
Eastman	40	37	0	1	77	204	83		
Wild	39	32	5	1	66	166	73		
Thrashers	39	28	9	1	58	187	94		
Yellowhead	39	26	7	1	58	139	95		
Central Plains	41	22	13	2	50	133	110		
Kenora	39	19	18	2	40	144	154		
Brandon	39	19	19	0	39	110	123		
Southwest	40	18	19	1	39	128	134		
Parkland	39	17	18	0	38	147	158		
Pembina Valley	40	8	28	1	20	92	181		
Interlake	39	8	31	0	16	99	201		
Norman	40	3	35	2	8	108	251		
AAA CITY MIDGET									
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA		
Winnipeg Monarchs	31	24	5	0	50	169	76		
Winnipeg Hawks	32	20	10	1	42	142	114		
Winnipeg Warriors	31	17	12	2	36	105	94		
Eastman Selects	32	16	15	0	33	90	90		
Winnipeg Sharks	32	14	13	2	33	125	128		
Interlake Lightning	32	0	30	1	2	56	185		
Yellowhead Chiefs	0	0	0	0	0	0	0		
Parkland Rangers	0	0	0	0	0	0	0		
AAA BANTAM									
HOCKEY LEAGUE	GP	W	L	OTL	PTS	GF	GA		
Winnipeg Monarchs	32	27	4	0	55	213	67		
Winnipeg Warriors	29	23	2	2	50	196	59		
Eastman Selects	29	16	11	1	34	139	112		
Winnipeg Hawks	30	13	16	1	27	109	107		
Winnipeg Sharks	29	9	18	2	20	89	149		
Interlake Lightning	31	5	26	0	10	71	203		
MANITOBA HIGH SCHOOL HOCKEY									
Platinum	GP	W	L	OTL	PTS	GF	GA		
Promotions Division	GP	W	L	OTL	PTS	GF	GA		
Oak Park	22	19	1	1	60	103	36		
St. Paul's 1	22	17	1	1	58	114	33		
Vincent Massey	22	15	2	2	53	112	38		
Lord Selkirk	22	14	5	1	46	73	49		
Garden City	22	10	8	2	36	61	70		
Kelvin	22	5	8	2	30	64	70		
River East	22	8	12	0	26	62	79		
Sturgeon Heights	22	6	13	2	21	37	91		
College Jeanne Sauve	22	4	14	1	19	50	75		
Womens-Free Press									
Division 2	GP	W	L	OTL	PTS	GF	GA		
Miles Mac Buckeyes	21	20	0	1	41	100	17		
CSHC Huskies	21	14	7	0	28	87	52		
Selkirk Royals	21	12	8	0	25	113	52		
Glenlawn Lions	21	11	9	1	23	51	62		
Beliveau Barracudas	21	10	9	1	22	67	69		
West Kildonan Wolverines	20	2	16	1	5	39	123		
SJR Eagles	19	2	16	0	4	33	115		
*STATS AS OF TUESDAY, February 9									

## Steelers set to take good old hockey game outdoors

### Open practice today

**By Dave Baxter**  
Selkirk's Junior A hockey team will take the game of hockey back to its roots, by holding an outdoor practice and inviting the community to come out and hit the ice with Selkirk's hockey stars.  
The Selkirk Steelers have announced they will hold an outdoor practice at the Kin Centre rink in Selkirk on Thursday, Feb. 11, from 4:30 p.m. to 5:30 p.m.  
"This is a great opportunity to allow our players to be exposed to the community in an old-fashioned hockey way," Selkirk Steelers general manager David Obirek said.  
After the practice wraps up at 5:30

p.m. Steelers players will stay on the rink and invite the public to get out on the ice with them and "skate with the players for a fun game of shinny."  
"Players are very excited for this event," Obirek said. "And we are very grateful for the support and tremendous partnership we have with the city of Selkirk."  
Tim Hortons will be offering something to warm people up during the practice, as they will be providing free hot chocolate between 5:45 p.m. and 6:15 p.m.  
For more information on the Selkirk Steelers outdoor practice call the Steelers at 204-482-7020.



# Fishermen keep on winning in KJHL

By Brian Bowman

The Selkirk Fishermen did exactly what they needed to do last week to stay ahead in the race for first place in the South Division Keystone Junior Hockey League.

They won a pair of hockey games.

Selkirk was a perfect 2-0 last week after downing the Lundar Falcons 4-3 on Friday evening.

Trailing 2-0 midway in the second period, Selkirk scored three times in that period and then added another goal early in the third.

Jeremy Pachkowsky scored twice, including a shorthanded goal in the second to tie the score at 2-2, while Michael Smiley and Dylan Painchaud-Niemi also scored for the winners.

Terence Roulette, Trent Laycock, and Brenden Carlson replied for Lundar.

Both teams finished the game with 34 shots on goal as Jordan Liske earned the win. Jarrod Smith took the loss.

On Feb. 2, the Fishermen defeated the Arborg Ice Dawgs 5-3 at the Selkirk Rec Complex.

Selkirk, which battled back from 2-0 and 3-2 deficits, received two third-period goals from Karl Fey. Fey's second goal came on the power play with

7:28 left in the third.

Painchaud-Niemi and Milan Horanski scored for Selkirk in the first period and then Kale Ilchena tallied late in the second.

Derric Gulay and Travis Kilbrei, on the power play, scored for Arborg early in the first period and then Colton Davies tallied late in the second.

Selkirk outshot Arborg 44-24. Riley Bannerman earned the win while Jon Narverud took the loss.

With the two victories last week, Selkirk is now 24-6-0-2 and has 50 points to lead the South Division standings by five points over the St. Malo Warriors (21-8-0-3).

Selkirk also has a game in hand on St. Malo.

The Fishermen trail the Peguis Juniors, though, for the overall points lead in the KJHL. The top team in the KJHL after the conclusion of the regular season has home-ice advantage throughout the playoffs.

The Fishermen played at North Winnipeg on Tuesday but no score was available. Selkirk will then wrap up its regular season Friday when they battle the Warriors in St. Malo.

Game time is 8 p.m.



RECORD PHOTO BY BRETT MITCHELL

The Fishermen won both of their games last week to maintain first place in the South Division Keystone Junior Hockey League.

# Royals end regular season with rare WHSHL loss

By Brian Bowman

The Selkirk Royals' final regular-season game against Vincent Massey didn't mean anything in the standings.

And that's a good thing.

Selkirk had one of its worst performances of the season last Thursday with a 6-1 home loss to the Vincent Massey Trojans in Platinum Promotions Division action in East Selkirk.

Trailing 6-0 late in the contest, Gordie Longbottom finally put Selkirk on the board with a power-play goal, assisted by Chad King and Travis Spratt.

Jack Cowell led Vincent Massey with three goals and an assist while Zach Bailey (two) and Matt Marion also tallied.

With the loss, Selkirk finished the regular season with a 14-5-0-1-1 record and 46 points. That left the Royals in sole possession of fourth place, behind only St. Paul's 1, Oak Park and Vincent Massey.

The Royals' playoff opponent will be the Garden City Fighting Gophers, the fifth-place team. Both teams had a first-round playoff bye.

The schedule for that playoff series was not known at press time.



RECORD PHOTO BY BRETT MITCHELL

The Royals lost their final regular season game 6-1 to the Vincent Massey Trojans last Thursday.

Meanwhile, the Royals wrapped up their Winnipeg Women's High School Hockey League regular season yesterday against the West Kildonan Wol-

verines. No score was available due to Tuesday's press deadline.

Heading into that game, Selkirk was 12-8-0-0-1 and in third place in the

Winnipeg Free Press Division standings. The Royals trailed only Miles Mac and the CHSC Huskies.



# Classifieds

*Selkirk Record*

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## METAL RECYCLING

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## SENIOR HOUSING

SomerEstates now accepting waiting list names. Affordable, quiet county living in Somerset, MB. Two bedroom 55+ condo/attached garage/appliances. \$60,000-70,000 Life Lease with \$1100 monthly fees. Contact: Denis 204-744-2805 [denissavard@mymts.net](mailto:denissavard@mymts.net) or Donna 204-744-2114 [donhow64@gmail.com](mailto:donhow64@gmail.com).

## SENIOR HOUSING

Life-Lease Suites, 55+ Virden Kin Place, Mb. MFS ENTERPRISES. Newly renovated, heated parking, beside hospital and shopping. For more information contact John 1-204-851-1042.

## APARTMENT FOR RENT

Apartment for rent in Teulon - Newly renovated 1 bedroom suite centrally located in the town of Teulon. Within walking distance to all amenities. \$610 per month, includes heat, hydro, parking. Laundry on site. Call or text Kirt at 204-886-7717. Available March 1st.

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## DAYCARE

LaGarderie Summer-time located in Selkirk has 1 full time opening starting March 8th for a child 2+ yrs. Licensed, CPR, and First Aid. Nuts, fish and shellfish free facility. Call Isabel 204-482-3767 (leave message if needed).

## HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

**BOOKEEPER REQUIRED IN SELKIRK AREA. PST, GST, SOURCE DED., A/P, A/R AND MONTHLY P & L, ETC. EMAIL RESUME [jtruth@live.ca](mailto:jtruth@live.ca)**

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## MISCELLANEOUS

Starter kit for straw bale home/building. 269 flax "tow" bales, approx. size of bales 21"x22"x50". Sufficient bales for a 40x40 building w/10' walls (E.O.E) bales are "load bearing" & huge "R" value. \$16 per bale FOB the farmyard. James 204-782-5590.

Ash burial plot, Waverley Memorial Gardens. \$725. Call 204-785-1067.

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## Betel Home Foundation

80 bed personal care home in Gimli, Manitoba is accepting applications for the following positions:

**RN** 1.00 Permanent Day/Night  
**RN** 0.40 Permanent Day/Evening  
**RNs** Casual

**LPNs** Casual

**Nursing applicants may qualify for up to \$6000 NRRF grant for rural/long term care nursing**

**Certified Health Care Aides – Casual**

Please forward your resume to:  
Margaret Worth  
Director of Resident Care  
Betel Home Foundation  
Box 10, Gimli, MB R0C 1B0  
[mworth@ierha.ca](mailto:mworth@ierha.ca)  
Phone 642-5556 ext 22355



## Betel Home Foundation

We are currently accepting applications for the following positions in our Selkirk Long Term Care facility

**RN** - 0.6 EFT D/N permanent

**LPN** - 0.7 EFT D/E term (2 positions)  
0.2 EFT D/E permanent

**Casual RN, RPN and LPN applications welcome.**

**Applicants may qualify for up to \$6000 grant via NRRF for rural/PCH nursing.**

Please forward your resume to:  
Cheryl Nieckarz  
Director of Resident Care  
Betel Home Foundation  
212 Manchester Ave Selkirk, MB R1A 0B6  
P: 204-482-5469 ext 20960  
F: 204-482-4651  
Email: [cnieckarz@ierha.ca](mailto:cnieckarz@ierha.ca)



## Request for Proposal CRGT 2016-02

The City of Selkirk, reference request for proposal **CRGT 2016-02** bid opportunities.

The purpose of this Request for Proposal (**CRGT 2016-02**) is to solicit qualified proposals for the services indicated below.

i. Banquet Hall Security

All proposals must be submitted in a sealed envelope clearly marking the contents of the package by February 26th, 2016, at 12:00 noon. Submission information can be obtained at the Culture, Recreation and Green Transportation Offices located at 630 Sophia Street.

Late submissions will not be considered.

The City reserves the right to accept or reject any proposal(s)

Contact Information;  
Chris Carruthers  
Director, Culture, Recreation and Green Transportation  
City of Selkirk  
630 Sophia Street  
o-785-4936  
c-785-0471  
[ccarruthers@cityofselkirk.com](mailto:ccarruthers@cityofselkirk.com)



## Request for Proposal CRGT 2016-01

The City of Selkirk, reference request for proposal **CRGT 2016-01** bid opportunities.

The purpose of this Request for Proposal (**CRGT 2016-01**) is to solicit qualified proposals for the service indicated below.

i. Banquet Hall Bartending Services

All proposals must be submitted in a sealed envelope clearly marking the contents of the package by February 26th, 2016, at 12:00 noon. Submission information can be obtained at the Community Services Offices located at 630 Sophia Street.

Late submissions will not be considered.

The City reserves the right to accept or reject any proposal(s)

Contact Information;  
Chris Carruthers  
Director, Culture, Recreation and Green Transportation  
City of Selkirk  
630 Sophia Street  
o-785-4936  
c-785-0471  
[ccarruthers@cityofselkirk.com](mailto:ccarruthers@cityofselkirk.com)



## REQUEST FOR EXPRESSION OF INTEREST

### PITTSBURG AVENUE DEVELOPMENT

The City invites proposals from proponents who have the financial capacity, development record and technical capacity to undertake a professional and a high quality project.

Proposals must be submitted in three (3) hard copies and one (1) electronic copy (USB stick) in a sealed envelope clearly marked "Pittsburg Avenue - Expression of Interest" and addressed to:

City of Selkirk  
Angela Petrash, Economic Development Officer  
200 Eaton Avenue  
Selkirk, Manitoba, R1A 0W6

Submissions must be received **no later than 4:30 pm (CST) March 07, 2016**. Proposals submitted later than this time will be returned unopened to the proponent. The City of Selkirk will not accept proposals by email or facsimiles.

Submission information can be obtained online at [www.myselkirk.ca](http://www.myselkirk.ca)

The City reserves the right to accept or reject any submission(s)

Contact Information:  
Angela Petrash  
Economic Development Officer  
City of Selkirk  
200 Eaton Avenue  
(204)785-4997  
[apetrash@cityofselkirk.com](mailto:apetrash@cityofselkirk.com)



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## EMPLOYMENT OPPORTUNITY

### 2016 Summer and Spring Break Positions

The City of Selkirk will provide full details of our 2016 Summer and Spring Break Position Postings on the City of Selkirk Website located at [www.myselkirk.ca](http://www.myselkirk.ca)

Interested individuals are to specify position being applied for and direct their application to:

Human Resources, City of Selkirk,  
200 Eaton Avenue, Selkirk, Manitoba R1A 0W6.  
FAX #: 1-204-482-5448  
Email: [jobs@cityofselkirk.com](mailto:jobs@cityofselkirk.com)

Thank you to all who apply, however, only those candidates selected for interviews will be contacted.



# Classifieds

The Selkirk Record

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## MISCELLANEOUS

Adult push walker with wheels, seat, seat belt and brakes, compl. \$300 firm; men's light blue suit, coat & blue shirt sz. XL, pants sz. 38-40 pants in-seam (leg) 30 out seam 36, immac. cond., \$100; men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above, \$100 - both suit, coats & pants have recently been dry cleaned & had very little use; LN sz. 9 safety shoes EC, only worn about 2 wks., \$60; BN

CONT. ON NEXT COL.

## MISCELLANEOUS

never used EWO student desk study lamp still in box \$15; 2 - BN never used 1 black & 1 brown leather wallets w/change purse & side lock, \$15 ea.; Sunbeam 2 - slice toaster in EWO \$15. 204-785-8598 Selkirk.

Reforestation Nursery Seedlings of hardy trees, shrubs & berries for shelterbelts or landscaping. Spruce & Pine from \$0.99/tree. Free shipping. Replacement guarantee. 1-866-873-3846 or [www.treetime.ca](http://www.treetime.ca).

## MISCELLANEOUS

Sawmills from only \$4,397 - make money & save money with your own bandmill - Cut lumber any dimension. In stock ready to ship. Free info & DVD: [www.NorwoodSawmills.com/400OT](http://www.NorwoodSawmills.com/400OT) 1-800-566-6899 Ext: 400OT.

## VACATION/TRAVEL

See polar bears, walrus and whales on our Arctic Explorer Voyage next summer. Save 15% with our winter sale for a limited time. Call toll-free: 1-800-363-7566 or visit: [www.adventurecanada.com](http://www.adventurecanada.com). (TICO#04001400)

## PERSONAL

Psychic Readings. Need help? Got questions? Career- Relationships - Health. Get the help you need with a psychic reading by Adam. 30 years experience. Call now! 204-268-1013.

Consumer Health Advocate and Self-Advocacy of Manitoba. Supporting the family and primary care providers caring for a loved one in declining health. [kenknaggs.ca](http://kenknaggs.ca) for information on personal support, small group sessions and public speaking.

## PERSONAL

Christian Advocate supporting those seeking authenticity and renewal of passion for the Christian faith. [ken@kenknaggs.ca](mailto:ken@kenknaggs.ca) for information on personal support, small group sessions.

## UPCOMING EVENTS

Separated - Widowed - Divorced. Beginning Experience (BE) is a non-profit, peer support grief resolution program helping single-again persons deal with the natural grief process and offers an opportunity for turning pain from loss into an experience of positive growth. We offer a weekend retreat, 2 times per year in Winnipeg. NEXT WEEK-END RETREAT TO BE HELD MARCH 4-6th, 2016. FOR MORE INFORMATION - please call 1-204-275-3090 or visit [www.beginning-experiencewinnipeg.ca](http://www.beginning-experiencewinnipeg.ca) BE also offers a week-end retreat for young adult children (14-24 years) who have been affected by their parents' separation, divorce or death. For more information please call: 1-204-295-8866.

CONT. ON NEXT COL.

## UPCOMING EVENTS

Separated - Widowed - Divorced. Beginning Experience (BE) is a non-profit, peer support grief resolution program helping single-again persons deal with the natural grief process and offers an opportunity for turning pain from loss into an experience of positive growth. We offer a weekend retreat, 2 times per year in Winnipeg. NEXT WEEK-END RETREAT TO BE HELD MARCH 4-6th, 2016. FOR MORE INFORMATION - please call 1-204-275-3090 or visit [www.beginning-experiencewinnipeg.ca](http://www.beginning-experiencewinnipeg.ca) BE also offers a week-end retreat for young adult children (14-24 years) who have been affected by their parents' separation, divorce or death. For more information please call: 1-204-295-8866.

## UPCOMING EVENTS

Pampered Chef and Thirty-One Gifts at 207 Manitoba Ave. in Selkirk is celebrating the Month of Love with great deals of 50% off in-stock retired and retiring products! Drop by to find that special item for your sweetheart, plus you will save on tax and shipping! Hours of operation for the month of February will be Thursday and Friday 12:00 - 6:00 p.m. and Saturday 10:00 a.m. - 3:00 p.m. If you would like your own personal

CONT. ON NEXT COL.

## UPCOMING EVENTS

shopping experience, please call anytime to make an appointment to come down. Call Gloria Armenti at 204-482-8986 for more information!

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. Stonewall Elk Products Ltd., 204-467-8428 or e-mail [stonewoodelk@hotmail.com](mailto:stonewoodelk@hotmail.com)

## take a break > GAMES

### SUDOKU

	8		3					
							6	
				2	8	6		3
					9	8		
	3			4		2	1	
		7		3				9
1			7		5			
	4	3						5
5						1		6

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

#### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

9	8	1	3	2	7	6	7	5
5	2	7	6	1	8	3	4	9
3	4	6	5	9	7	8	2	1
4	6	9	2	3	5	7	1	8
8	1	2	7	4	9	5	3	6
7	5	3	8	6	1	2	9	4
1	3	5	9	8	2	7	6	7
2	9	8	7	7	6	1	5	3
6	7	4	1	5	3	9	8	2

Sudoku Answer


Crossword Answer



## CROSSWORD

### CLUES ACROSS

1. Basics
4. Paper container
7. Diving ducks of N America having a bluish-gray bill
9. Spruce
11. Sacred choral composition
14. Ear lobe decoration
16. S Am. wood sorrel cultivated for its edible tubers
17. Wolf drama series
19. Straight, bowling or bobby
21. Cotton growing region in W. Central India
22. Tax saving retirement account
23. Expresses pleasure
25. Synoptical
26. Peseta
27. Oceans
29. Weekday
31. Octagonal motif in rugs
33. Beam out
34. Escargots
37. Mother of Apollo in ancient mythology
40. Fed
41. A sleeveless garment like cloak but shorter
43. Yugoslavian River
45. Patti Hearst's captors
46. Representational likeness
48. Plundered
50. Clothier
54. \_\_\_\_ de Janeiro
55. Peaceful relations
56. Replaced union workers
58. African people of Senegambia
59. Every 24 hours
60. 1/100 yen
61. Summate

### CLUES DOWN

1. Gum arabic
2. Crazy, loco, wacky

	1	2	3					4	5	6	
7				8				9			10
11				12	13		14	15			
16				17			18				
19			20		21					22	
	23			24		25				26	
		27			28		29		30		
				31		32		33			
		34	35				36		37	38	39
40					41			42		43	44
45					46			47		48	49
50			51	52					53		54
55								56		57	
58									59		
	60									61	

3. Unconnected
4. Whirring sound
5. Tartness
6. A group of individuals
7. Bard
8. Buddy
9. Not an amateur
10. North-central Indian city
12. Chit
13. Reverences
14. Inspire with love
15. Endocrine gland
18. Biblical name for Syria
20. The woman
24. Heroic tale
26. Daddy
28. Killing yourself
30. In a way, discolors
32. Artiodactyls

34. Resistant to change
35. Northeast
36. Watering places
38. A way to pave
39. Value excessively
40. Poplar trees (Spanish)
42. Elk Grove High School
44. Abroad
45. Author George Bernard
47. Old world, new
49. Tiny insectivorous W. Indian bird
51. British School
52. Moroccan coastal region
53. Radioactivity unit
57. Sheep sound



# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## McSherry Auction Tools & New Store Product Auction

Saturday, February 13  
@ 10:00 am  
Stonewall, MB  
#12 Patterson Drive

Tools & New Product from  
Hardware Store Close Out!  
Storage Building \* 3 PH  
Equip \* Tools \* Hardware \*  
Com. Tire Changer \*  
Go to Web.

Stuart McSherry  
(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

*Don't forget  
to send  
your special  
wishes to your  
friends and  
family with a  
message in the*

*The Selkirk  
Record*

### POTATOES FOR SALE

Potatoes - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

### HAY FOR SALE

1st cut for sale, Alfalfa grass mix, 300 rounds available, 5x5 bales, 4 1/2 cent/lbs. 1100 - 1200 lbs. Mesh and twine. Contact 1-204-886-7267.

### NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF ANNE FEDEROWICH, late of the City of Selkirk, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB. R1A 1T9, on or before the 19th day of March 2016.

DATED at the City of Selkirk, in Manitoba, this 4th day of February 2016.  
DAVID L. MOORE & ASSOCIATE  
Solicitor for the Executrix

IN THE MATTER OF THE ESTATE OF ROSE ANNE OLSEN (ALSO KNOWN AS ROSAN OLSEN), late of the Village of Grand Marais, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB. R1A 1T9, on or before the 12th day of April 2016.  
DATED at the City of Selkirk, in Manitoba, this 3rd day of February 2016.  
DAVID L. MOORE & ASSOCIATE  
Solicitor for the Executor

### ANNOUNCEMENTS

#### BIRTH ANNOUNCEMENT



Lane William Schellenberg  
Pleased to announce: It's a Boy!  
Born to Josh and Amanda  
December 18, 2015  
6 lbs. 2 oz., 20 in. at 1:05 p.m.  
Grandparents Janice/Joe Schellenberg,  
and Bill/Shannon Diettrele

### ANNOUNCEMENTS

#### BIRTH ANNOUNCEMENT



Ginette Dion and Blair Myall,  
along with our son Jace,  
are proud to announce  
the birth of our beautiful baby girl,  
Holly Suzanne Myall,  
born December 4, 2015  
She weighed 6 pounds,  
6 ounces and was 20 inches  
She brings our family so much happiness.



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**QUICK POSSESSION**



**\$204,900**

**234 SOPHIA** Spacious 3 bd. dining room lge rec room, appliances metal roof close to schools - WAYNE

**2016 DESK  
CALENDARS HAVE  
ARRIVED  
CALL FOR YOURS  
TODAY!**



**725 CHRISTIE** 3 br, 2 bath, newer kitchen cab, newer flooring kit, lr-hall. Ideal move in & upgrade **\$189,500**

**415 YOUNG** 132 x 116' lot 1500 sq ft building needs repair **\$73,500**

**LIBAU** - 3 bedroom Rental  
**\$1100/month - EVAN**

**NEW ON STRATHNAVER** 1225 sq ft, 3 bedroom, full basement, **Ready for Spring Possession**  
CALL NOW to pick finishes. **ASKING \$269,000**

### EXPRESSION OF INTEREST - EOI # 2016-02

#### VACANT LAND SALE IN WEST ST. PAUL, MANITOBA



**RL 13 and 14 - PA - 3992, Parish of St. Paul**  
• +/- 30.36 Acres (200' x 1170') of "A80" Agriculture zoned land  
• Close proximity to Winnipeg & Perimeter Hwy. 101  
• Future Water and Sewer Services available

#### SUBMISSION DEADLINE:

**Before 12:00pm, Tuesday, March 1, 2016**

Site details and complete EOI package available at:  
[www.weststpaul.com](http://www.weststpaul.com) or pickup at 3550 Main St., West St. Paul, MB

For further information contact:  
Lisa McLean  
Email: [edo@weststpaul.com](mailto:edo@weststpaul.com)  
204-338-0306 ext. 109



#### Hip or Knee Replacement?

*Problems Walking  
or  
Getting Dressed?*

**The Disability Tax  
Credit**

**\$2,000  
Yearly Tax Credit  
\$20,000  
Lump Sum Refund**

**For Reliable Service  
Please Call**

**204-453-5372**

#### THE LUNG ASSOCIATION Manitoba

#### ManitobaQuits

Quit Smoking Contest 2016  
wants to help you quit smoking  
for a day. Quitting for one day  
helps you to practice effective  
quitting skills, get to know  
resources and build confidence.  
You will have 12 chances to quit  
smoking and to feel good about  
yourself! If you can quit for a  
day - you can eventually quit  
for good.

**\$200.00 cash prizes**  
Registrations begins January  
18, 2016

Go to [ManitobaQuits.ca](http://ManitobaQuits.ca) for  
dates, contest information and  
resources to quit-smoking  
Call 1-888-566-5864 toll free



**4 bedrooms,  
2 bathrooms,  
Country Home  
\$219,900**



**Mobile Home in need  
of some TLC on 2 acres  
Just east of Whitemouth\*  
\$40,000**

*\*Please contact your favorite realtor*



**232 Strollway, Winnipeg Beach  
\$229,900**

Open concept 3 bedrooms, 2 bathrooms, main  
floor laundry, 24x28 insulated detached garage.



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[front@mts.net](mailto:front@mts.net)

Call **ANY TIME** to Book  
Your Appointment



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785.0422**



**Stig Rensfelt  
482.5492**



**Barb Linklater  
482.5492**

**24 HOURS**



**482.5492** 374 A Main St., Selkirk

*Don't forget to send your special  
wishes to your friends and family.*

*The Selkirk Record*

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[lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)



# Announcements

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**OPEN HOUSE**  
SHOW HOME IS SOLD BUT WILL REMAIN OPEN  
SATURDAY & SUNDAY 1-4 PM  
10 Pearson Parkway  
The George Hacking Team



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ASHLEY DOUGLAS  
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**SELKIRK**



111 Montgomery  
\$329,900 Judy/Rich Moyer

**MAJESTIC!**



109 Edstan Place  
\$509,000 The George Hacking Team

**SOLD**



212 Tait Avenue  
\$219,000 The George Hacking Team

**NEW PRICE!**



424 Sutherland Avenue  
\$269,000 The George Hacking Team

**SELKIRK**



**EXECUTIVE HOME WITH MORTGAGE HELPER SUITE**  
114 Oliver Avenue Riverfront  
\$740,000  
The George Hacking Team  
Judy/Rich Moyer



310 Sinclair  
\$239,000 The George Hacking Team

35 **SOLD** day  
\$249,900 The George Hacking Team

**3 BED, 2.5 BATH**



Now Pre-Selling  
4 Plex suites 1146 SF/  
ea with att garage Prices  
starting at  
\$249,900 The George Hacking Team

**SELKIRK**




407 Superior Ave.  
\$121,900 The George Hacking Team



**18 Creekside**  
To be built - Last walkout  
lot on Creekside  
\$387,000 The George Hacking Team

**COUNTRY**



82052 St. Peters Rd  
\$399,900

8 Acres on the Water  
The George Hacking Team



95082 RD 37E Patricia Beach  
\$334,900 Rich/Judy Moyer

**COUNTRY**



37 Van Mol Rd.  
Highway Gardens  
\$127,500 Judy/Rich Moyer



31122 Road 86N Libau  
\$79,900 The George Hacking Team



34 Oak View Dr  
\$435,900 Judy/Rich Moyer

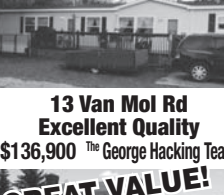


1272 Breezy Point Rd  
\$534,900 Judy/Rich Moyer



35123 Melrose Road  
\$349,900 Rich/Judy Moyer

**COUNTRY**




13 Van Mol Rd  
Excellent Quality  
\$136,900 The George Hacking Team

**GREAT VALUE!**



408 Phelan Rd -  
60 acres, 4 BR  
\$377,500 The George Hacking Team

**9+ ACRES!**



1015 Frank Street  
\$282,900 The George Hacking Team

**WINNIPEG**



60E Rougeau Ave  
\$225,000 Rich/Judy Moyer

**TO BE MOVED**



Mobile Home \$85,900  
1200 SF 3 Bed, 1 Bath  
Call for Details The George Hacking Team

**COMMERCIAL**

153 Lily Ave Zoned M1 \$110,000 The George Hacking Team  
129 Lily Ave \$129,000 The George Hacking Team  
Reward Auto 633 Main \$249,900 The George Hacking Team  
Established Selkirk Business and Property for sale \$299,900 The George Hacking Team  
502 Greenwood RENOVATED BUILDING \$449,000 The George Hacking Team  
3.14 Acre Waterfront, Selkirk \$615,000 The George Hacking Team  
Profitable Garage in Selkirk \$755,000 The George Hacking Team  
66 Acre MI Development \$980,000 The George Hacking Team  
1753 Fairway Road Netley Creek Golf Course \$2,999,000 The George Hacking Team

**VACANT LAND**

Mars Sand Hills 1.3-1.6 Acres \$25,000-\$40,000 Judy/Rich Moyer  
1367 PR 320 Road \$79,900 The George Hacking Team  
1468 PR 320 - 7 Acres \$84,900 The George Hacking Team  
NEW 5 Howard Phase 2 Creekside Properties \$84,500 The George Hacking Team  
8 Pearson Pkwy Creekside Building Lot \$87,500 The George Hacking Team  
595 Cil Road - 4 Acres \$92,400 The George Hacking Team  
31 Pawley Place Creekside \$95,000 The George Hacking Team  
81 Colony Rd - 2.76 Acres \$95,000 The George Hacking Team  
Lot 1 Stonechurch Rd - 4 Acres \$99,900 Judy/Rich Moyer  
Lot 2 Stonechurch Rd - 4 Acres \$99,900 Judy/Rich Moyer  
Nanton Road - 2.09 Acres \$109,900 Rich/Judy Moyer  
Lot 2 Jacobs Lane \$110,000 The George Hacking Team  
4748 Henderson Highway \$115,000 The George Hacking Team  
384 Flemming Drive \$117,500 The George Hacking Team  
77 Vincent Road - Stony Mountain \$119,900 The George Hacking Team  
Lot 4 Two Mile Rd. - 6 Acres \$119,900 Judy/Rich Moyer  
1498 PR 320 - 17 Acres \$125,000 The George Hacking Team  
68 Cowan Place \$125,000 The George Hacking Team  
1488 PR 320 - 25 Acres \$135,000 The George Hacking Team  
Petersfield 4 lot subdivision & cottage 237 Tom Prince \$195,000 The George Hacking Team  
Road 88N - 332 Acres Native Pasture \$200,000 Judy/Rich Moyer  
665 Colville Rd Creekfront 7.5 Acres \$280,000 Rich/Judy Moyer  
0 Floodway Drive, 309.9 Acres \$325,000 The George Hacking Team  
0 Petersfield Pits, 120.6 Acres \$340,000 The George Hacking Team  
72101 Pine Road S. Prime Development \$445,000 The George Hacking Team  
605 Cil Road - 65.62 Acres DEVELOPMENT OPPORTUNITY \$492,000 The George Hacking Team

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**ANNOUNCEMENTS**

**BIRTHDAY**



**Happy 1st Birthday**  
**Charlee Eileen Kuz**  
**Friday, February 12th, 2016**

-Hugs and Kisses from  
Mom and Dad xoxox and  
all your family.  
Love you so much

**ANNOUNCEMENTS**

**BIRTHDAY**



**If you see this Valentine**  
**On February 14th**  
**Wish him a**  
**Happy 60th Birthday!**

-Love B, K, K, R, D, M and Jesse  
ox

# Announcements

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

**ANNOUNCEMENTS**

**BIRTHDAY**



**Happy 1st Birthday!**  
**Hannah Kitkowski!**  
**January 23, 2016**

**Be careful with that**  
**Pointer finger!**

-Love Nana (Janice Schellenberg),  
and Mom and Dad  
(Jen/Andrew Kitkowski)

**ANNOUNCEMENTS**

**IN MEMORIAM**

**Peter Kaluzniak**  
**April 5, 1928 – February 17, 2003**  
**Husband, Father and Grandfather**

I often sit and think about,  
The years passed by;  
Of the happiness and joy,  
That was shared by you and I.  
I think of all the laughter,  
The smiles and the fun;  
And before I even know,  
My tears have once again begun.  
Although it brings me comfort,  
To walk down memory lane;  
It reminds me of how,  
Without you, life has never been the same.

-Lovingly remembered,  
your families

**OBITUARY**

## David John Wesley Cove Sr.

With great heavy hearts we share the loss of our own personal "Super Man", David John Wesley Cove Sr. at home, on February 2, 2016. David was born on November 5, 1936 on his grandparent's farm in Belmont, Manitoba.

His loss is deeply felt by his wife of 57 years, Pat Cove (Wuzinski); children Brenda (Murray), David Jr. (Barbara) and Kathy (Larry); grandchildren Jessica (Mitch), Shannon (Scott), Sarah (Julian), Graham and Michael; great-grandchildren Mishelle, Eli, Odin and Madilyn; his brother Allan Cove (Loretta) and sister Tranna Hominuk as well as numerous nieces and nephews. He was predeceased by his father, David Cove; his mother, Catharine Cove (Irwin), and his step-father Walter Cove; as well as his sister Cleo Raison (Cove).

David's gruff exterior was never a cover for the love and kindness he had for his family and friends. They could count on him to help them out any time of the day. David's leisure time ranged from dancing on Saturday nights, fishing at Wallace Lake, and escaping in a good book. David's professional truck driving career took him across Canada until he retired in 2006. After retirement David dedicated his energy to his Christian community by cutting grass and doing odd jobs at St. Clements Church. He also applied his life philosophy of "a job worth doing is worth doing well" to Mapleton Lanes as maintenance man and his volunteer job at the Selkirk General Hospital delivering televisions to hospital patients.

A celebration of David's life is planned for Monday, February 8, 2016 at 11:00 a.m. at St. Clements Anglican Church, 1178 River Rd., Selkirk, Manitoba with Archdeacon Godfrey Mawejje officiating. Interment will follow in the St. Clement's Columbarium.

In lieu of flowers donations can be made to St. Clements Church or to a charity of your choice.

David's family would like to thank the Selkirk Ambulance and the Selkirk RCMP detachment for the care and compassion that was shown to our family during a very difficult time.

Gilbart Funeral Home, Selkirk in care of arrangements.  
[www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



*The Selkirk Record*

**OBITUARY**

## Reinhold Jung

**1924 - 2016**

It is with great sadness that the family of Reinhold Jung announces his peaceful passing on Thursday, February 4, 2016, at the age of 91 years.

Reinhold will be lovingly remembered by his wife Erna of 65 years; and his children: Edeltraut (Alfred), Margarete (Ed) and Rudi (Crystal). Reinhold will also be forever remembered by his eight grandchildren: Jeff (Katherine), Heidi (David), Ashleigh (Shawn), Tiffany (Boyd), Melissa (Leagh), Amber (Alex), Colby (Melanie) and Emma (Rick); and five great-grandchildren Owen, Eva, Harlen, Levi and Jase. He is also survived by sisters Clara, Erna and Selma in Connecticut, and predeceased by siblings Berthold, Arnold and Wanda.



Reinhold was born in Marianowka, Poland and in 1939 moved to Germany with his parents. He came to Canada in 1953 with his wife and two daughters, Edeltraut and Margarete. The family settled in Winnipeg where Reinhold and his brother Berthold founded the company "Jung Brothers Plastering and Stucco", which continued until his retirement. In 1960, they welcomed their son Rudi, and in 1963 moved to Gonor where they enjoyed their hobby farm. In 2000 Reinhold and Erna moved into their current home in Selkirk.

Reinhold was passionate about family, and loved to be surrounded by family and friends. His sense of humour, loving warm smile, and generosity will remain in our hearts forever.

A special thank you to the nursing staff in the observation unit at Selkirk General, and the home care workers, with a big hug to Janet for the care and support she provided to our Dad over the years.

A funeral service to celebrate Reinhold's life will be held on Thursday, February 11 at 2:00 p.m. at the Glen Eden Funeral Home at 4477 Main Street, Winnipeg, Manitoba.

In lieu of flowers, those who so desire may make a donation in memory of Reinhold Jung to Cancer Care Manitoba.

Glen Eden Funeral Home & Cemetery  
204-338-7111

**OBITUARY**

## Gerald (Jerry) William Popp

Peacefully, on Tuesday, February 2, 2016, at the age of 76 years, Jerry passed away at his residence in East Selkirk, MB with family by his side.

He is survived by his loving wife Diane of 53 years; daughters, Corinne (Ryan), Debra (Richard); grandchildren, Brittany (Eddie), Brayden, Marina (Nick), and Kyle; sister Elaine and mother-in-law Mary Lefteruk.

He was predeceased by parents William and Sophie Popp (nee Panasky) and father-in-law John Lefteruk.

Jerry grew up in Oak Hammock, MB on the family farm. He went on to have a career with CP Rail, retiring in 2000. In his early years he enjoyed curling, fishing and camping. Jerry enjoyed his country living and loved to plant the garden each spring. An avid sports fan he was for sure. He continually amazed us all with his incredible

memory for anything sport related as well as names, dates and facts of various topics. He would read the paper daily from front to back.

The family wishes to thank Selkirk Palliative Care nurses and caregivers.

A special thank you to Dr. Permatilake for his care and compassion.

In accordance with Jerry's wishes, cremation has taken place and a private family gathering in memory has taken place.

Gilbart Funeral Home, Selkirk in care of arrangements.  
[www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



**OBITUARY**

## Kenneth Earl Fey

**February 29, 1936 - February 3, 2016**

It is with heavy hearts the family announces the sudden passing of Kenneth Earl Fey at the age of 79 years. Husband to Myrna; father to Garth (Evelyn), Shawna (Dave) and Michael (Linda); he will be lovingly remembered by his grandchildren Marie, Jennifer, Matthew, Alyssa, Braden and Caitlyn; great-grandsons Robert, Christian and Connor. He will also be fondly remembered as Grampa to Brittany and Quinn.

Ken was a graduate of the Manitoba Technical Institute in the trade of Plastering and worked many years in the family plastering business. He was later employed by the Federal Government in the restoration projects at Lower Fort Garry. From there he worked as a tradesperson at the Selkirk Mental Health Centre where he



retired after 30 years of dedicated service.

His greatest enjoyment in life was his family, especially his grandchildren and great-grandchildren. He also enjoyed working on his John Deere tractors, gardening, bonfires, and listening to the Saturday Night Polka Party.

In keeping with his wishes, cremation has taken place and a family celebration of his life will take place at a later date.

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