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The Selkirk Record

VOLUME 8 EDITION 7

THURSDAY, FEBRUARY 16, 2017

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Getting geared up for hockey season



RECORD PHOTO BY LINDSEY ENNS

Mike Talbot, pictured left, and Steven Cross, pictured right, help load a pair of hockey skates into a school bus parked outside West St. Paul School last Saturday afternoon. Staff and students at the local school held a hockey drive with hopes of filling the bus full of donated hockey equipment for youth living in Red Sucker Lake First Nation. For another photo, see page 7.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

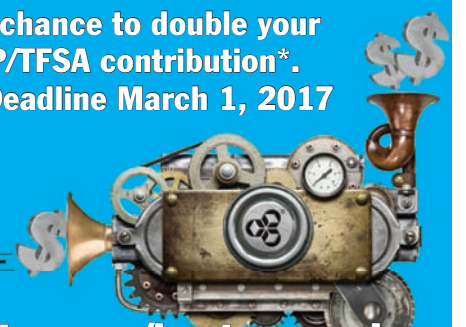
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Travel ban puts Manitoba's Iranian community on edge

By Lindsey Enns

Manitoba's Iranian community is still on edge following a federal appeals court refusal to reinstate U.S. President Donald Trump's ban on travellers from seven Muslim-majority countries.

"I'm still worried," said Majid Kermani, president of the Iranian

Community of Manitoba. "I don't like conflict."

"We Iranian have had enough conflict."

Kermani, who is originally from Iran but currently lives and works in Selkirk, said there are roughly 2,000 to 3,000 Iranian people currently living in Manitoba.



RECORD PHOTO BY LINDSEY ENNS

Majid Kermani of Selkirk reads a CBC News article on his phone about the U.S. President Donald Trump's travel ban suspension being unanimously upheld by the U.S. appeals court last Thursday evening.

He added Manitoba's Iranian community was "surprised" when they first learned Iran was part of Trump's travel ban.

"They were surprised because most of them are here for a better life, for education, for having a good affect on society," he said, adding he still has family living in Iran and they were "very sad" to hear about the ban. "They couldn't come to visit us, it's an impact on their life, on our life and a bad impact on the businesses."

On Jan. 27, Trump signed an executive order on immigration immediately suspending entry of all refugees for 120 days and barring those fleeing Syria indefinitely.

The order also blocked entry into the U.S. for three months for citizens of seven Muslim-majority countries including Iran, Iraq, Libya, Somalia, Syria, Sudan and Yemen.

Last Thursday, a federal appeals court refused to reinstate Trump's travel ban unanimously rejecting the administration's claim of presidential authority, questioning its motives and concluding that the order likely wouldn't survive legal challenges, according to U.S. media reports.

"I did some searching ... and there is no record that one citizen from those seven countries killed any American," Kermani said. "Why (Trump) called them terrorists it doesn't make sense."

Although the appeals court has ruled Trump's travel ban can't be enforced, the U.S. president has been very vocal about his intentions to continue the fight through further courts.

Trump's travel ban has also triggered dozens of refugees to cross the Emer-

son border into Manitoba by foot over the last several weeks.

Despite harsh winter temperatures, the small Manitoba town, located near the border with North Dakota, has seen an influx of refugees.

RCMP said they intercepted a total of 28 people trying to illegally cross the border at Emerson between last Friday and Monday. The year-to-date total for 2017 is 69.

All of the individuals were requested to make refugee claims and were taken to the Canada Border Services Agency port at Emerson so they could do so.

Since April 2016, the Manitoba Interfaith Immigration Council, Manitoba's largest refugee settlement agency, has opened 270 files and more than 30 files in January alone.

Kermani said those refugees are being forced to flee to Canada due to war and conflict in their countries but they aren't prepared when they get here.

"When I came to Canada I was prepared to come and live in this country," he said. "I worked on my English, I had a higher education, I prepared myself mentally for this challenge."

"Immigration is always associated with some challenges and those refugees that have to leave their countries unfortunately they are not prepared for this challenge."

Kermani added they are being forced to start over in a new country with a new culture.

"They have to adapt ... and it's not easy," he said. "The best solution for these people is having peace in their countries."

Continued on page 4

Stock Up Days

pork side ribs
Cryovac package
20289619

LIMIT 4, AFTER LIMIT
2.97 lb 6.55/kg

1.97 lb
4.34/kg



Canadian
Pork



tomatoes on
the vine
product of Mexico,
no. 1 grade
20268103091

1.27 lb
2.80/kg



4 x 135 mL

Breyers Creamery
Style ice cream,
frozen dessert
blends or
Klondike bars
selected varieties, frozen,
4/21.68 L
20344920501

LIMIT 4, AFTER LIMIT
6.27 EACH

3.98
each



Colgate 60-95 mL or Crest 50/100 mL toothpaste, Oral-B cavity defense or Colgate extra clean manual toothbrush ea. or Oral-B 50 m floss
selected varieties 20077991

LIMIT 6, AFTER LIMIT
1.49 EACH

1.00
each



Pampers or Huggies club size plus diapers
selected varieties, sizes 1-5
20952644

33.72
each



Casa Mendosa 10" tortilla or Wonder 10" wraps
selected varieties 20318788

2.98
each



Atlantic salmon fillet
frozen
21000884

7.98 lb
17.59/kg



CLUB SIZE
PC® chicken breast fillets
Air Chilled, fresh
20963702

8.02 lb
17.66/kg



PC® or Blue Menu® lasagna or cabbage rolls
selected varieties, frozen,
1.81/2.27 kg 20134930

LIMIT 4, AFTER LIMIT
14.98 EACH

9.98
each



Mini Babybel original, light or mozzarella, 18%, 350 g 20870896

10.99
each



Aunt Jemima pancake mix 905 g or syrup 750 mL
selected varieties 200441104001

LIMIT 6, AFTER LIMIT
8.07 EACH

2.47
each



PC® free-run eggs large, 12 ea 20953628001

LIMIT 4, AFTER LIMIT
4.89 EACH

3.98
each



Cavendish patties or hash brown sticks regular or onion, 11.2 kg 20096327001

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LSSD hit with 2% provincial education funding decrease

By Lindsey Enns

After several years of seeing a zero per cent increase, the Lord Selkirk School Division has been hit with an overall two per cent provincial education funding decrease for the 2017-18 school year, according to Supt. Scott Kwasnitza.

He added the overall funding decrease is due to the division's declining enrollment and although it may seem small, the decrease will make for "a very difficult budget deliberation year."

"It's going to mean that we have to have a real serious look at our spending," Kwasnitza told the *Record* last Thursday. "With that amount of funding reduction we know that there's going to be some cost increase, we know that there's going to be some staff increments in terms of salaries that the division has committed to."

On Feb. 1, the province announced that schools would receive an increase of \$13.1 million, or about one per cent more for the 2017-18 school year, sustaining the overall budget at more than \$1.3 billion per year.

NDP education critic Wab Kinew said the increase is less than inflation and less than the rate of economic growth, which is estimated at 2.3 per cent for 2017.

He added in past years, schools received annual operating grant in-

creases of about \$25 million, which is about a 2.5 per cent increase.

"The world is changing and we need to prepare students for the jobs and society of the future, which means we need to invest more in education, not less," Kinew stated in a release on Feb. 1. "But today, the Pallister government has said it will give public schools millions less than they will need to keep up with inflation and rising costs."

Kwasnitza said LSSD trustees were set to have their first budget deliberation meeting on Tuesday.

"There's going to be some difficult decisions to make this year," he said.

As for what the two per cent decrease could mean for overall staffing, Kwasnitza said it's still too early to tell if major staff cuts will have to be made.

"That's not something we hope we have to do but once the board gets into its deliberations we'll have to look at all aspects of our spending and we'll have to decide what areas we need to tighten our belts with," he said. "In general, because about 82 per cent of any division's costs are salaries and benefits related, if you're looking at any large reductions then certainly you have to look at staffing and programming but at the same time you have to balance that with making sure you have a quality education."

School divisions across the province

have to have their 2017-18 budgets approved in March.

Kwasnitza said the LSSD hope to have their budget wrapped up by the end of this month to meet the deadline.

The local school division previously held four public forums leading up to their 2017-18 draft budget deliberations.

Kwasnitza said it was important for the division to get feedback from various community members early on before the budget process began.

"We've had some pretty effective feedback from our fall community forums," he said.

For the 2016-17 school year, LSSD trustees approved their \$58 million budget along with a 5.76 per cent tax hike.

The increase equated to approximately \$96 a year, or \$7 a month, for a house assessed at \$283,000.

At that time, Kwasnitza said the division receiving a zero per cent increase in provincial funding for five consecutive years led to a tax increase.



RECORD FILE PHOTO BY LINDSEY ENNS

After several years of seeing a zero per cent increase, the Lord Selkirk School Division will face an overall decrease of two per cent in provincial education funding for the 2017-18 school year.

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BIG DOLLAR

> TRUMP TRAVEL BAN, FROM PG. 2



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: Majid Kermani, his daughter Selina and his wife Rozita Mohammadi flip through one of their family albums with pictures taken in their home in Iran last Thursday evening.

Kermani moved to Quebec from Iran as a PhD student in 2004 and then he and his family moved to Ontario and later to Nova Scotia.

His family has now called Selkirk home for more than four years.

Although it was a hard decision to move to Canada, Kermani said he did it so he could build a better future for his wife and their two children.

"Over here I try to work with the Iranian community. I like being a part of this community," he said. "This openness of Canada is really appreciated by all Iranians. I would like to thank all Canadians for this open culture, this open country."

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Louis Riel, 1885

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Celebrating reading



RECORD PHOTOS BY LINDSEY ENNS AND SUBMITTED

ABOVE: Connor Barley of the Selkirk Steelers reads to Grades 3 and 4 students at Daerwood School last Thursday afternoon for I Love to Read Month. BELOW: Winnipeg's former police chief Devon Clunis, pictured centre, his wife Pearlene, pictured left, and their daughter read "The Little Boy from Jamaica: A Canadian History Story," written by Clunis and his wife, to students at West St. Paul School last week as part of I Love to Read Month. I Love to Read month is a month-long celebration every February to encourage reading, writing and sharing the joy of literacy.



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Rural communities growing in Manitoba: Census 2016

By Lindsey Enns

Rural communities across Manitoba, including in the Tri S area, are growing, preliminary 2016 census data released by Statistics Canada shows.

Census data released last Wednesday shows that Selkirk's population grew by 4.5 per cent to 10,278, marking two consecutive census periods of growth for the city.

"It's a real dramatic change for the city over the past 10 years we've seen a turnaround in our community that has a lot to do with the work we've been doing," Selkirk CAO Duane Nicol said. "This is a good indicator that we're on the right track."

Nicol said the city is patiently waiting for the release of more detailed demographic information from the 2016 census.

"We're really waiting for those deeper dives into our demographics and what the population looks like," Nicol said.

Other nearby communities that saw increases in population included West St. Paul with an 8.8 per cent increase to 5,368, East St. Paul with a 3.6 per cent increase to 9,372, St. Andrews with a 0.3 per cent increase to 11,913, and St. Clements with a 3.5 per cent increase to 10,876 residents.

Winnipeg Beach also saw a 13.3 per cent increase rounding out their total number of residents to 1,145.

Winnipeg Beach Mayor Tony Pimentel said the area is becoming a more desirable place to live year round.

"It's a short distance from Winnipeg and a lot of cottagers are looking at moving out here and retiring here," Pimentel said, adding he's noticed a lot more younger people moving to the area in recent years. "They have families that live in the area and they may be tired of the city life and that and want to come back to Winnipeg Beach."

Pimentel said an increase in the town's permanent population equates to more provincial and federal funding. But he says the town continues to provide year round services, even though much of the area includes seasonal home and cottage dwellers.

"We have a lot of people that live at the beach for six months and then go away for six months," he said, adding during the summer months their population grows to nearly 3,800.

Gimli also saw a population increase of 5.7 per

"THEY HAVE FAMILIES THAT LIVE IN THE AREA AND THEY MAY BE TIRED OF THE CITY LIFE."

cent to 6,181, and the Village of Dunnottar saw an increase of 9.6 per cent to 763 residents.

Village of Dunnottar Mayor Rick Gamble said the community's population has been growing over the last 20 years. He added the village is now home to some retirees and property owners who have decided to turn their place into a year round home.

"In a lot of cases a lot of them have had a cottage here and were planning for a number of years to make this their home once they were out of the workforce," Gamble said. "But there are people from various areas but mainly the City of Winnipeg that are taking early retirement or wanting to live in a quieter area."

According to the 2016 census data, Manitoba's population increased 5.8 per cent to 1,278,365 from 2011 to 2016, posting a higher growth rate than the national average for the first time in 80 years. Most of the gain was due to stronger international migration, according to Statistics Canada.

Canada's population on census day, May 10, 2016, was 35,151,728, Statistics Canada reported.

The national census is conducted every five years.

The information published last Wednesday is the first of several releases of data to come from Statistics Canada over the next year that will help paint a detailed picture of Canada which will include age breakdowns of the population, family makeup, languages spoken, immigration and ethnic origin, the level of education attained and income earned.

That data will also assist decision-making across all levels of government.



RECORD FILE PHOTO BY LINDSEY ENNS

Many rural communities across Manitoba, including in the Tri S area, are growing, preliminary 2016 census data released by Statistics Canada last Wednesday shows.

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Locally made earrings earn spot in Grammy swag bag

By Lindsey Enns

During this year's Grammy Awards, stars received a sparkly surprise from St. Andrews based jewelry company Park and Buzz.

Amanda Park, the company's founder, said they sent off 163 pairs of sparkly purple stud earrings last month after they earned a spot in this year's Grammy Awards swag bag, valued at US\$30,000. Each pair of Radiance Studs earrings were assembled inside Park's home in St. Andrews and were the only earrings in the official awards swag bag given to performers and presenters at last Sunday's awards show.

Park said since they announced the good news, her team has been very busy.

"It's been an explosion that I wasn't expecting," Park said while standing inside her St. Andrews home last Thursday afternoon. "There's a massive spike on my online store and with orders and so my retailers are excited."

"It's just a great selling point for them too."

Park said she's excited about what this could mean for her business and that stars such as Beyoncé or Adele could be wearing her jewelry.

"I'm excited for the potential of celebrities to be wearing my stuff and possibly being photographed with it, that would be super cool," Park said with a smile.

Park and Buzz pieces range from casual earrings starting at \$15 to neck-



RECORD PHOTOS BY LINDSEY ENNS

Amanda Park, founder of Park and Buzz jewelry company, assembles a pair of stud earrings inside her St. Andrews home last Thursday afternoon. A pair of Park's purple sparkly stud earrings, similar to the pair pictured above right, were chosen to be included in this year's Grammy Awards swag bag for the stars.

laces for around \$120. A portion of their profits is also donated to support an orphanage in Kenya.

Park said taking a risk and tracking down a contact connected with this year's Grammy Awards swag bag was one of the best business decisions she's ever made and she encourages others to do the same.

"On the other side of risk is reward," she said. "You learn something from every time you take a risk."

Park said they are currently working on opening a store in Winnipeg. Park currently works out of her St. Andrews home and has a team of five helping her, which include three full-time and two part-time staff.



"I wouldn't be able to accomplish any of this without them," she said.

Park added her company's name, Park and Buzz, is a combination of her nickname in high school, which was Buzz, and her married name, Park.

"I really wanted that family aspect involved but something that's fun to say."

Before starting her jewelry company in 2010, Park was previously an actress and her career highlights included a role in the 2005 film "Just Friends" starring Ryan Reynolds, and the popular TV sitcom "Corner Gas" in 2004.

The now 34-year-old and mother of three said she decided to stop acting so she could spend more time with her family.

At first creating jewelry was just a hobby but by word of mouth it quickly turned into a full blown business, she said.

Park and Buzz products are now carried in nearly 50 stores, mainly in Saskatchewan and Alberta, and their jewelry is shipped across the world.

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Selkirk set to host World Day of Prayer service on March 3

Staff

On March 3, people living in more than 170 countries and in 2,000 communities across Canada will gather to learn about, pray and celebrate the women of the Philippines during this year's World Day of Prayer.

On Friday, March 3 Selkirk's Notre Dame Catholic Church, located at 269 Jemima Street, will host a service starting at 7 p.m. for World Day of Prayer. The event is being planned and organized by various churches as well as volunteer community and area members.

The annual World Day of Prayer and the Fellowship of the Least Coin movement for peace and reconciliation are both co-ordinated by the Women's Inter-Church Council of Canada (WICC).

Through World Day of Prayer grants, WICC supports grassroots work to help women and children both in developing countries, according to WICC's website.

For more information, visit wicc.org.

Local women teaming up to open juice bar, eatery

By Kara Famakinde

Two local young women are joining forces to open The Mighty Kiwi, Selkirk's first juice bar and eatery.

Miranda Schmidt and Jocelyn Kreml, who are both 22 and are former co-workers at Anytime Fitness, noticed the scarcity of any similar businesses in Selkirk and began their business plan about a year ago, and have since turned that idea into a reality.

In the beginning stages of business planning the co-owners wanted to get an idea of whether community members would be interested in this type of shop.

They were overwhelmed with enthusiastic responses from at least 800 people.

"People in Selkirk were really interested so we knew this is something they want," Miranda said.

The juice bar and eatery will offer healthy alternatives to processed food and will serve juices, smoothies, sandwiches, wraps, soups, and other healthy treats.

The owners plan to educate patrons about health and well-being achieved through a fresh diet by serving all fresh, whole foods as well as gluten free options.

"A lot of people don't realize that eating healthy can taste good," Jocelyn

said.

Jocelyn and Miranda hope that their launch of a new, trendy restaurant will encourage others to do the same.

"The city is looking to renew and revitalize the downtown area, for shops like this to open up around here, so we think we can help with the image, maybe encourage other businesses to open up around this area as well," Jocelyn said. "We want to partner with other businesses in the community, we're helping out with Home for the Holidays, and connecting with local artists and yoga teachers to host events as well."

The eatery is already equipped with large windows letting in lots of natural light, hardwood floors, a fireplace and comfortable lounge chairs as well as artwork. There are tables for those wanting to sit and eat as well as take-out option for customers on the go.

"We thought students would enjoy the venue and seating as a place to come sit, grab a snack and study," Miranda said.

The Mighty Kiwi Juice Bar and Eatery will open tentatively on March 1 at their downtown location at 201 Manitoba Ave.

For more information, visit them on Facebook page by searching "The Mighty Kiwi."



RECORD PHOTO BY KARA FAMAKINDE

Miranda Schmidt, pictured left, and Jocelyn Kreml, pictured right, are gearing up to open The Mighty Kiwi Juice Bar and Eatery early next month in downtown Selkirk.

West St. Paul School hosts hockey drive for Red Sucker Lake First Nation



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: Wayne Harper, 15, Sheldon Little, 13, and Kennan Disbrowe, 13, of Red Sucker Lake First Nation check out some of the donated hockey gear bound for their community outside West St. Paul School last Saturday afternoon. One of the school's hockey drive's organizers says they raised roughly \$3,300 and collected nearly nine wooden pallets full of hockey equipment. The monetary donations will go towards purchasing matching hockey jerseys and socks for the Red Sucker Lake First Nation's hockey program. They planned on collected donations until Thursday. The remote First Nations community is located roughly 706 kilometres northeast of Winnipeg.

WARNING!

Thin ice conditions on Cooks Creek and the Red River in East Selkirk

In accordance with its operating licence, Manitoba Hydro's Selkirk Generating Station may be operating on an intermittent basis throughout the winter season. This will result in thin ice conditions on Cooks Creek.

The area affected extends from the mouth of Cooks Creek at the Red River, upstream on Cooks Creek to the discharge pipe near the generating station. The second thin ice area is on the Red River, at the location of the pump house near the station.

Please exercise extreme caution in these areas.



The Selkirk Record



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getfishing

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Fishermen's luck earns him supper

Hi outdoor buddies.

Late last week found me sitting and swapping fishing stories with Philip Perkins of Transcona in Shawn MacDuffs' ice shack not far from the end of Gimli's harbour. The air of brightness in this shacks' high walls, grand ceiling fan and huge windows seemed to complement Phil's story of his happy childhood fishing contests in Pinawa years ago. Phil was a jolly, energetic, full faced guy with short brown hair who punctuated every sentence with a short hurried laugh. He loved telling a story where he, his sister and dad would go boat fishing in the weed banks of the Winnipeg River by Pinawa and whichever kid caught the biggest jackfish dad would take them to a sporting goods store and buy them anything they wanted.

On one such occasion his sister caught a humongous jack which netted her a fine fishing rod prize and bragging rights because come the next spring when they were spring cleaning the boat, she found and kept a half inch tooth from that jack stuck in the floor carpet.

A few days before meeting Phil, I went visiting anglers on the Red River off Breezy Point. Going from one portable shack to another I met two young chaps, Drew Wallace, who was thin with a dark pointed beard and his pal William Henry, a very fit guy who had a warm subdued constant smile. We talked of fishing experiences while standing on the ice in a brisk cool wind. Drew's favorite story was when he was checking the water depth off an interior rock face by Nainaimo, B.C., with a line and weight. As he was winding it up, at the 25' level he felt a tug and when he brought it all the way up to his amazement a jack had swallowed the weight.

I left Drew and William after a bit and carefully walked along over the truck trails of half ice, half hard snow to another tent-shack where I struck up a conversation with Cameron Bernier and his dad Perry also from



RECORD PHOTO BY ARNIE WEIDL

Cameron Bernier with a pickerel he caught while fishing with his father on the Red River by Breezy Point

Transcona. They had caught a few fish and Cameron held one up for me to show you. Cameron and Perry spoke with fondness of the fact that they have been fishing together forever. Cameron remembered once when he was very small and they were fishing off the slippery rocks at Seven Sisters when he spied a turtle swimming furiously between the rocks in the rushing river current. Oblivious to the danger he went after it and sure enough fell into the icy turbulent water.

He was in luck though because a passing stranger saw him trying to grab onto the slimy rocks as his legs flailed about. With one grand move he bent over and plucked Cam out of the water with one hand. To this day in his mind Cameron can still see himself in that cold water amongst those slippery rocks.

One beautiful, warm, cloudy Saturday I was far out on the ice at Balsam Bay. I was bouncing along between what seemed like streets of shacks when I heard someone shout, "hey Arnie, how are you doing?"

Off to my left, a shorter fellow heavi-

ly dressed and with a scarf that almost completely covered his face waved me to come over. Obliging I pulled up and met Paul Joyal and his son-in-law Lawrence Bryant from Winnipeg.

Paul's upbeat, fun loving personality was overwhelming. Holding up a pickerel, he took great joy in telling me that he had been coming out here all winter long and hadn't caught a thing. He told his wife before leaving home today that if he didn't catch anything he was going to quit fishing for good. Well, that must have changed his luck because he was three pickerel to the good. Apparently he had just called his wife and told her, "Tonight we're having fish for supper."

Later, when I was pulling off the ice onto the road, I met a young couple out for a walk pulling a sleigh carrying their child. I remember stopping, rolling down my window and jokingly asking, "how do you guys like the 'fishing city' that's been appearing here on the ice every weekend?" They just laughed and shook their heads in wonder at the spectacle.

See you next week gang, bye.



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TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Review board grants bus beheader absolute freedom

Staff

The man who beheaded and cannibalized another man on a Greyhound bus has been granted absolute freedom.

Manitoba's Criminal Code Review Board has given Will Baker, formerly known as Vince Li, an absolute discharge, which means he is no longer subject to any conditions.

The board announced their decision last Friday afternoon.

Baker was found not criminally responsible for the July 2008 Greyhound bus beheading of 22-year-old Tim McLean.

Baker, who has been diagnosed with schizophrenia, has been living on his own in a Winnipeg apartment since 2015. Before moving to Winnipeg, Baker was living at the Selkirk Mental Health Centre.

Baker's case has sparked heated debates between mental health advocates who want him to have more freedoms and those who see him as a killer.

Critics of Baker's freedoms over the years include Selkirk-Interlake-Easman MP James Bezan.

Following the news that the review board had granted Baker an absolute discharge, Bezan said he was "severe-



RECORD FILE PHOTO

Protesters hold signs opposing the Manitoba Criminal Code Review Board's decision to allow Greyhound bus beheader Vince Li, now known as Will Baker, the right to move to a Winnipeg group home at a rally outside the Manitoba legislature in this May 2015 photo. The board granted Baker's request for absolute freedom last Friday.

ly disappointed."

"Will Baker, regardless of the name that he goes by, still beheaded and cannibalized Tim McLean. An absolute discharge is the lowest-level adult sentence that an offender can get. The Criminal Code Review Board never

considered the rights of Tim McLean's family," Bezan stated in a release last Friday. "The board should have moved slower and granted incremental freedom from the care and monitoring of Li. To allow a murderer to be released without any con-

viction or conditions is simply wrong.

"There has been no justice for the family of Tim McLean who still considers Vince Li a threat to public safety. The board did not properly weigh the threat to public safety, the victims' rights, and Li's freedom in this absolute discharge decision."

Manitoba Schizophrenia Society executive director Chris Summerville has advocated on Baker's behalf for years.

Speaking to the *Record* in 2015 following a rally by protesters opposed to Baker's move from Selkirk to Winnipeg, he said many people have ungrounded fears about Baker.

McLean's mother, Carol de Delley, has been outspoken against granting Baker freedom and says there would be no way to ensure he continued to take his medication.

"What if he chooses to stop his medication again? In a nutshell, I don't believe that should be his choice to make anymore," she said to media following Baker's court appearance in Winnipeg on Feb. 6. "A secure facility where he can continue to receive treatment for the rest of his natural life is where he belongs. Has everyone forgotten what he did to Timothy?"

IIU investigating injuries during arrest on Sagkeeng First Nation

Submitted

The Independent Investigation Unit Manitoba is investigating an incident in which an RCMP firearm was discharged during an arrest, resulting in injury to a male subject.

According to the "D" Division RCMP notification, on Feb. 4, at approximately 4 a.m., officers executed a search warrant for firearms and controlled substances at a residence on Sagkeeng First Nation. During the course of executing the search warrant, an officer fired one round from a firearm, discharging a beanbag round and striking a male in the abdomen.

The male sustained bruising to the abdomen and a cut to his right hand. Any injury caused by discharge of a firearm is deemed a serious injury under IIU regula-

tions; therefore, an investigation by the IIU is (IIU) of mandatory.

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The Selkirk Record

**office will be closed on
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RIVER SAFETY NOTICE

Dangerous Ice Conditions

During Ice Cutting and Ice Breaking Operations

The Manitoba government is preparing for potential spring ice jam flooding.

Ice cutting machines will begin working on or about February 22 on sections of the Red River beginning in the Netley Lake area and will move upstream towards Selkirk. Shortly after the ice cutting machines take to the ice, the Amphibex ice breakers will start operating at the mouth of the Netley Creek.

Dangerous ice conditions may not be obvious but will exist.

Ice fishers, cross-country skiers, snowmobilers and others going on the frozen river must:

- Use caution on the ice.
- Stay away from the ice-cutting and icebreaking equipment.
- Watch for posted warning signs about dangerous ice.
- Watch for notices to remove ice shacks and remove them promptly

Manitoba 

'Lovesick' actress hopes film sparks conversations about mental health

By Maggie Wysocki

Actress Ali Tataryn says every time she comes home, it seems like something else has changed.

"Even this place feels new to me," she said, sliding into a booth at Roxi's Uptown Cafe in Selkirk.

The 29-year-old who grew up in Selkirk and now lives in East-Vancouver, says this particular trip home is to promote her new movie, "Lovesick."

Since being featured at the Whistler Film Festival, the Winnipeg-based film has received loads of media buzz.

"The response has been great and I feel really supported from everyone in Selkirk," Tataryn said.

"Lovesick" features an all-star cast, including "Mad Men's" Jessica Paré and Jay Baruchel, who has acted alongside celebs such as Seth Rogen.

Tataryn's character, Nora, is the new love interest of broke and depressed Dash, who is still in love with his ex-girlfriend.

Tataryn says although it may sound like a typical romantic-comedy, "Lovesick" isn't some cookie cutter chick-flick.

"The premise of the story is that getting the girl at the end of the movie isn't going to fix your life — you have to fix your life," she said.

The movie has also been sparking conversations

on Facebook about mental illness, something that Tataryn says was exactly its intention.

"We didn't market it like that because we're not trying to be advocates, but we want people to know that if you're struggling it's OK to go get help," she says.

For her own mental health, Tataryn says acting has played a major role. It has taught her how to let go of and process her emotions on a larger level.

"Acting has been a necessary outlet for creativity," she said. "I think it should be a required course in schools."

It was at the Comp that Tataryn says she first learned about expressing herself through theatre when she played Mrs. Sourberry in a production of "Oliver Twist."

"It was the first time I realized, wow I can do this as a career," she said.

The theatre program in Selkirk was small when Tataryn was growing up. Small enough to make her acting dream feel out of reach.

"If I had known in high school that it was OK to have a big dream, I would have worked harder



RECORD PHOTO BY MAGGIE WYSOCKI

"Lovesick" actress, Ali Tataryn, pictured above during a recent visit to her hometown of Selkirk, says she hopes her new film sparks more conversations about mental health.

sooner," she said. "If you're going to struggle in life, struggle and fight for your dream."

Tataryn says the theatre program in Selkirk has grown since she left but she hopes to see it grow even more.

"If there's no acting program here in the next five-years, I'll have to create one," she said.

"Lovesick" is currently playing on Saturdays at Cinematheque in Winnipeg until Feb. 18.

Province plans to reduce regulatory red tape to help businesses

By Jeff Ward

The manager of Community Futures West Interlake (CFWI) said that the

provincial government's strategy to lessen the burden or red tape should help streamline the system for new and existing business owners.

In a statement last month, Manitoba's deputy premier Heather Stefanson committed to reducing the "unnecessary barriers for businesses, local governments, non-profit organizations and all Manitobans."

To accomplish this, the government said that for every new regulation put in place, they must remove a similar administrative burden. The one-for-one rule would cap the growth of regulatory requirements and a more aggressive two-for-one rule would be enforced until 2021. CFWI manager Lana Cowling-Mason explained that on the surface this feels like the right approach and could definitely lead to easier times for business owners in the Interlake.

"If there's a way to make the overall system more streamlined or more user friendly I think we should move in that direction," said Cowling-Ma-

son.

"Folks that are dealing with the land use end of things for instance have to go through 10-15 different agencies for approval. It would be great if there was a way to streamline those regulations."

CFWI helps businesses to survive and grow by connecting them to experts and resources. They also provide advice to business owners and can help businesses in developing a financial plan. CFWI is committed to economic development in their catchment area which encompasses all communities along Hwy. 6 from Woodlands to Grahamdale.

PUBLIC NOTICE

Pesticide Control Program

Public Notice is hereby given that the Province of Manitoba intends to conduct the following Pesticide Control Programs within the provincial roadway right-of-way. The program is needed to control invasive plants and noxious weeds on road allowances within the Municipalities of:

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East St. Paul	Ste. Anne	Reynolds
Emerson-Franklin	St. Andrews	Stuartburn
Hanover	St. Clements	Victoria Beach
Headingley	Springfield	Pinawa
Lac du Bonnet	Tache	Cartier
La Broquerie	Whittemouth	Morris
MacDonald	West St. Paul	Montcalm

The herbicides to be used include: 2-4 D, glyphosate, dicamba, amitrol, clopyralid, dichlorprop, picloram, triclopyr, metsulfuron-methyl, diflufenzopyr, amonicyclopyrachlor, chlorsulfuron, iron (as feredta) 2, 4-D choline, acetic acid, non ionic surfaltant, flumiox azin, indaziflam and L1 700.

If you have comments or concerns, the public may send written submissions to the specific control program within 15 days of the publication of this notice.

Manitoba Sustainable Development
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Living and serving the Interlake and Winnipeg!

Ice breakers set to hit the Red River Feb. 22

By Lindsey Enns

The fight against ice-jam flooding along the Red River is expected to get officially underway next week.

Darrell Kupchik, of North Red Waterway Maintenance Inc., said the 22-ton Amphibex machines will hit the Red River at the end of Main near Netley Creek starting on Wednesday, Feb. 22. They will then make their way towards the City of Selkirk. Kupchik says they will likely be on the ice for about four weeks.

He added the ice is "slightly thicker" than in previous years.

"It's probably about an average ice condition for us," he said. "Most of the original snow cover has melted ... so at this point in time we're not anticipating any major obstacles as far as breaking the ice on the Red River."

He added the purpose of the Amphibex ice-breaking program is to reduce the likelihood of ice jams and overland flooding along the Red River.

The province said earlier this month the risk to the Interlake region for flooding is currently "moderate" but that could still change before the snow melts this spring.

Kupchik added ice fishing shacks have already been tagged for removal

and are required to come off the ice in stages as they advance up the river.

"We try to minimize the impact on recreational river users like fishermen so we ask the fishermen to remove their huts in certain areas by a certain date," he said, adding they give fishers a minimum of two weeks notice before they have to move their shack. "All that we ask is that they heed to the warning signs that are posted on the huts, they provide all the dates."

"They can either move them further up stream or remove them from the river."

Natural Resources officer and district supervisor in the Lockport area, Robert Belanger would like to remind anglers to remove any waste while they move their ice shack.

"We're at that point where we start to see some debris," Belanger said, adding things have really improved over the years when it comes to waste removal along the Red River. "We've been working hard trying to remind people."

"In the past when it was out of control we were finding all kinds of things, couches, chairs, tables, wooden pallets, wood stoves, firewood ... you name it, it was left."



RECORD FILE PHOTO

Darrell Kupchik, pictured centre, of North Red Waterway Maintenance Inc. does a final check before an Amphibex icebreaker is deployed onto the Red River north of Selkirk in this February 2016 photo. The ice breakers are expected to hit the ice on Wednesday, Feb. 22.

Valentine's Day dance

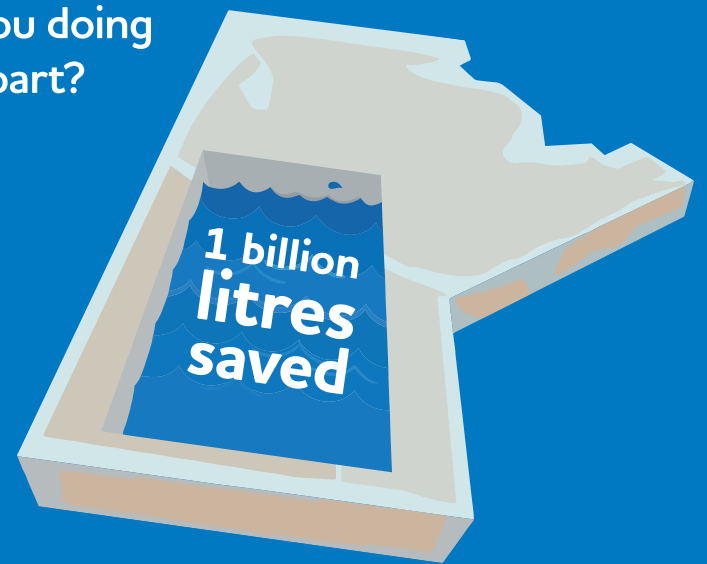


RECORD PHOTO BY LINDSEY ENNS

Sue Brunelle, pictured left, and Art Shimonek, pictured right, share a dance during a Valentine's Day themed dinner and dance at the Gordon Howard Centre last Friday afternoon. The Selkirk seniors centre will also host a Culturama event on Monday, Feb. 27 from 11:30 a.m. to 1:30 p.m. The event is open to the centre's members and the public.

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Resident's research challenges province's funding freeze

Selkirk man hopes his findings push province to continue funding neighbourhood renewal grants

By Maggie Wysocki

A Selkirk resident says his research findings could push the province into lifting the pause on funding for neighbourhood renewal grants.

Mitch Obach, a former Selkirk Community Renewal Corporation (SCRC) board member, says he hopes to show the province the value of money by calculating the return on grant dollars.

"I determined that provincial grant funding of \$30,000 to the SCRC should result in over \$70,000 spent in the local economy," says Obach, who is currently completing his master's degree in community development.

The grants Obach is referring to come from Neighbourhoods Alive! — a community-based economic and social development fund to help revitalize neighbourhoods.

In Selkirk, the funds are specifically used to provide low-income homeowners with grants up to \$2,500 for exterior house repairs.

From his experience as a SCRC board member, Obach says the \$1,000

homeowners are required to match for renovation grants goes unspent without the extra \$2,500 from Neighbourhoods Alive!

"I saw the vast majority wouldn't go ahead without the grant because they needed that extra cash, which means a loss in homeownership pride and community investment."

Obach says his findings point to additional economic benefits for Selkirk too — for every grant dollar invested by the province \$2.40 would go into the local economy.

"If you inject one dollar into the community it goes through more independent business owners, like contractors and electricians, so it gets spent numerous times," he said.

If Obach's findings are legitimate, why the pause in the first place?

"The goal of the pause is to ensure value for taxpayer's dollar," said a spokesperson for the provincial government in an emailed statement to the *Record*.

But Obach argues, "\$70,000 is a tremendous level of value for money."



RECORD PHOTO BY MAGGIE WYSOCKI

The Selkirk Community Renewal Corporation's sign outside its board office has been pushed aside while the province's funding freeze continues.

Among his concerns, Obach says he worries about the social implications of the funding freeze.

"The root of most Selkirk residents' concerns are around issues of poverty and helping those groups of people is one of SCRC's main mandates."

The Neighbourhoods Alive! website says it recognizes that often the best ideas come from the community itself. But Obach says this statement — while the pause is ongoing — appears

to be untrue.

"While they're (SCRC) doing great work and using surveys to ask community members what they want to see in the next five years, their voices aren't being heard. It looks like they might not be around for the next five months."

If it means a step closer to ending the funding freeze, Obach says he's willing to share his findings with Selkirk MLA Alan Lagimodiere.



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Local students learn about the dangers of fentanyl

By Lindsey Enns

Tyrell Cook says he's never been offered fentanyl but he already knows what his answer will be if he ever is.

"If I ever get offered I'm not going to take it," the Grade 9 East Selkirk Middle School student said last week. "I just know how bad it is, how strong it would be, taking it seems pretty deadly."

Cook was among the dozens of students and staff members at East Selkirk Middle School who sat in on a presentation by Selkirk RCMP Cst. Jim Dao about the dangers of fentanyl, a powerful synthetic opioid narcotic, last Friday afternoon.

Dao said he's visited several schools in the area to teach students about the dangers of both fentanyl as well as carfentanil, which is 10,000 times more potent than morphine, making it among the most potent commercially used opioids.

"It's still quite new but we're trying to get around to all the schools," Dao said, referring to his presentations. "This is the age range where they're curious and they want to experiment ... and they need to have the facts that this drug can kill them and it's not just in the big drugs like cocaine and heroin, it can easily be laced in marijuana."

Dao said he's also been meeting with local resource teachers throughout the school division. He said he's



RECORD PHOTO BY LINDSEY ENNS
Selkirk RCMP Cst. Jim Dao leads Grade 9 students at East Selkirk Middle School through a presentation about the dangers of fentanyl and carfentanil last Friday afternoon.

hopeful all schools in the area will be equipped with naloxone kits by September.

"It's still under discussion with the school board," he said, adding school staff will have to be trained on how to use them.

Naloxone is a medication that reverses overdose caused by opioids. It does not work on an overdose caused by other drugs.

Take-home naloxone kits are currently available free of charge in Selkirk at the Selkirk Public Health Of-

fice located at 202-237 Manitoba Ave. Monday to Friday from 8:30 a.m. to 4:30 p.m.

The kits are also available at five locations in Winnipeg, the Flin Flon Primary Health Care Centre, Gillam Hospital, Pine Falls: Nations First Pharmacy, The Pas Primary Health Care Centre and Thompson Public Health.

Individuals who request a take-home naloxone kit receive training on overdose recognition and how to use them. For more information about

where kits are available and other resources, visit streetconnections.ca.

Donna Artimowich, the librarian at East Selkirk Middle School, said they invited Dao to the school to make his presentation as part of I Love to Read month. Dao also discussed Internet safety with students.

"Generally for our older students, having a story read to them, while they may enjoy it, they preferred to have a presentation," Artimowich said. "This is such a timely topic because so many cases have been occurring right in our own town so it's really hitting the nail right on the head."

She added she believes the presentation had a positive impact on her students.

"I'm glad to hear some of the kids are saying how scared they are after hearing this presentation because it is very scary," she said.

Both Cook and fellow Grade 9 student Grafton Hopkins said the presentation was a good reminder about the dangers associated with fentanyl.

"I've heard about fentanyl through a couple cases and stuff and after this presentation, it's scary how bad it is," Hopkins said. "They should definitely do this presentation at all the schools."

The Addictions Foundation of Manitoba will host a fentanyl forum at the Comp on Monday, March 6 from 7 p.m. to 9 p.m.

Province invests \$1.9M to build, repair municipal bridges

Submitted

The Manitoba government is investing more than \$1.9 million in 10 projects to build and repair municipal

bridges across the province.

Indigenous and Municipal Relations Minister Eileen Clarke confirmed that provincial funding is being provided through the Municipal Road and Bridge Program (MRBP). The 10 projects and the provincial contri-

bution for each include:

- replacing the Nuisance Ground Bridge in the Municipality of Deloraine-Winchester – \$19,000;
- replacing the Lake Audy Bridge in the Municipality of Harrison Park – \$146,250;
- replacing the Zora Road Bridge in the Rural Municipality of Springfield – \$565,000;

- repairing and upgrading the Southeast Gardiner Bridge in the Municipality of Two Borders – \$55,370;
- replacing the Tugela walking bridge in the Village of Dunnottar – \$39,760;
- repairing the Riverside Bridge in the Rural Municipality of Morris – \$90,000;
- repairing the Road 40E Bridge in the Rural Municipality of St. Clements – \$210,000;

- replacing the Harding South Bridge in the Rural Municipality of Wallace-Woodworth – \$455,097;
- repairing the Whitehead Daly Centennial Bridge in the Rural Municipality of Whitehead – \$127,650; and
- replacing the Road 100W Bridge in the Municipality of Clanwilliam-Erickson – \$221,556.

Project costs will be shared 50-50 between the province and local municipalities, and work on many of these projects is already underway, Clarke said.

The minister noted the MRBP is a new program that consolidated three previous provincial grants.

Stories of Selkirk's Pioneers and Their Heritage

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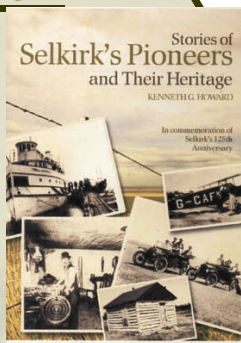
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Create kid-friendly spaces at home

Maintaining a home that is welcoming and kid-friendly can be challenging. Kids are full of energy and oftentimes put fun ahead of tidiness. But no matter how energetic their youngsters are, parents can still employ several strategies to ensure their homes are both sophisticated and child-friendly.

- Consider an open floor plan. Rooms that flow into one another make it easier to keep tabs on children. Such rooms also allow residents and guests to mingle in separate rooms but not be too far away from one another.

- Choose washable fabrics. Upholstery will need to stand up to the abuse kids can dish out. Sofas and chairs with slipcovers can be advan-

tageous because many slipcovers can be easily removed and laundered. Patterned fabrics will hide some stains, while treated fabrics may resist liquid spills for easier cleanup.

- Create a catch-all spot. Special bins or other organizational tools in the entryway can help to cull clutter when children come in the house from school or play. Be sure the keep cubbies, containers and coat hooks at a child-friendly height.

- Look for high-traffic rugs. Rugs designed for high-traffic areas will be more forgiving when children march across them several times per day. There are no rules that say you can't bring an outdoor rug inside, and these rugs tend to be easier to clean.

- Ensure there is plenty of seating. Sectionals give children ample room to spread out. And ample seating ensures there is enough room for kids to invite their friends over to hang out.

- Think outside pink and blue. For children's rooms, make sure they're colorful, but consider other hues to give the rooms some personality. Focus on a hobby or activity and borrow the color scheme from the accessories used for decorating.

- Hang whimsical artwork. Employ

framing and lighting to make kids' artwork look like professional pieces. Routinely change the pictures when a new look is desired.

- Designate a place for play. Devote an entire room or a nook in a house for imaginative play. Store toys here so these items will not create clutter in individual bedrooms.

Creating child-friendly spaces while ensuring a home maintains a sophisticated feel is easier than parents might think.



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How to fix that sticking door

Nearly everyone has experienced a sticking door that just will not close properly. This problem may become more noticeable when temperatures

rise and humidity contributes to the swelling of wood doors and frames.

According to The Family Handyman, a home improvement resource,

the standard remedy for alleviating a sticking door is to remove the door and pare down the edges that are rubbing so that the door will once again swing freely. While this can solve the problem, it can be a hassle, as it requires refinishing the pared-down edge and rehanging the door. Try these shortcuts first before creating more work than might be necessary.

- Identify the problem area and rub it with a dry bar of soap. This should reduce friction and allow the door to close more easily.

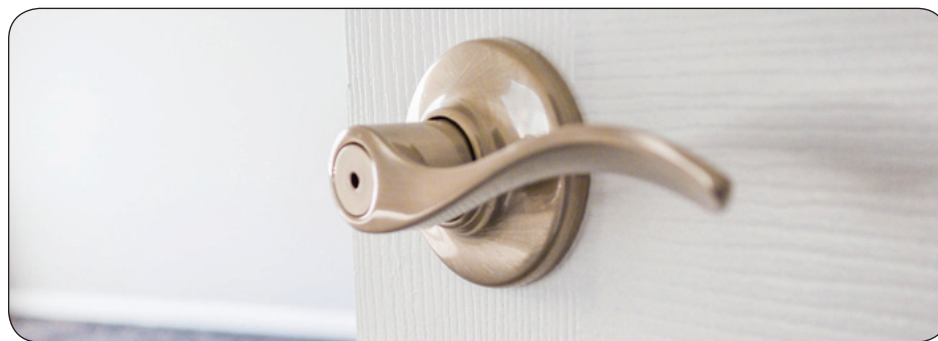
- Remove humidity with a dehumid-

ifier or by running an air conditioning unit.

- Check for loose hinges or sagging around the hinge. Tighten the fasteners to sure up the door and create better alignment.

- Spray the hinges with lubricant if you suspect sticking is originating because of squeaky hinges.

- Look for obstructions at the bottom of the door. Is the door dragging on carpeting or being caught on something on the floor? It may be a matter of simply clearing away the obstruction.



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How to make existing windows more energy efficient

Drafty windows make homes less comfortable by allowing cold air in during the winter and warm air in when temperatures rise. But comfort is not the only concern associated with leaky windows, as such fixtures also can have a negative impact on the environment.

Leaky windows require heating and cooling systems to work harder to keep home interiors comfortable during times of the year when temperatures can be extreme. In the dead of winter, a leaky window will force a home's inhabitants to turn up the thermostat, which only increases energy consumption and energy bills. The same scenario plays out in summer, when leaky windows allow hot air in, leading homeowners to lower the temperature of air conditioning units so everyone inside is cool and comfortable.

Thankfully, making windows more energy efficient does not necessarily require homeowners to replace existing windows. Before going that potentially expensive route, homeowners can consider the following strategies to improve the energy efficiency of their windows.

- Hang curtains. Curtains can help homeowners cut down on heating and cooling costs. According to the Canadian Ministry of Energy, properly hung draperies can reduce heat loss by as much as 25 percent. In the summer, curtains can block the hot rays from the sun from entering a home, reducing the need to turn up air conditioning units. While curtains won't fix leaks or block hot or cold air from entering a home, they can serve as a buffer between a home's inhabitants and the air seeping in through leaks.

- Caulk or add weatherstripping. Small cracks and gaps around windows, which are most often found around windows in older buildings, might not seem like a big deal, but such breaches can

lead to considerable energy loss. The MOE recommends using caulk to seal cracks that are less than 1/4-inch wide on the parts of the window that do not move (i.e., frames and where the trim meets the wall). Caulk might be less effective at fixing leaks larger than 1/4 inch in width. Employ weatherstripping to address leaks on movable parts of the window. Properly applied weatherstripping should adequately seal windows when they are closed without making it difficult to open or close them later on. Weatherstripping is available in various materials, and homeowners can visit www.energy.gov.on.ca/en/ to find the material that's most suitable for their situation.

- Install windows films. Plastic window films are another option for homeowners looking to improve the energy efficiency of their windows. Heat shrink film can be cut to fit each individual leaky window in a home and then attached to windows using double-sided tape. A hair dryer can then be used to shrink the film and remove any wrinkles. Low-emissivity, or Low-E, coatings are a more expensive alternative to heat shrink film, and they can be equally effective at improving energy efficiency. Installation of Low-E coatings can be more difficult, as they do not provide as much leeway for mistakes during application as heat shrink film.

Leaky windows are bad for homeowners' energy bills and the environment. But homeowners have options other than full window replacements to fix leaks and improve efficiency.



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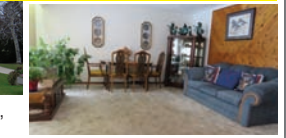


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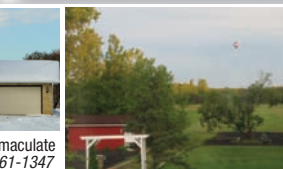


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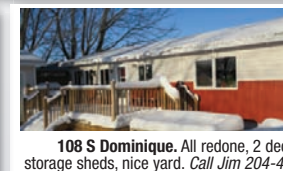
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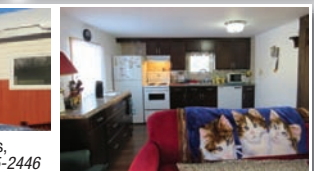
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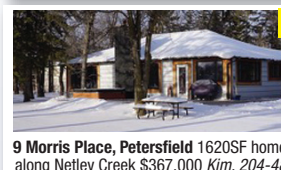
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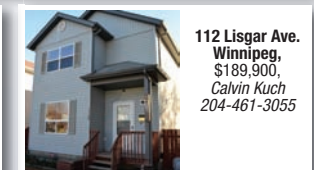
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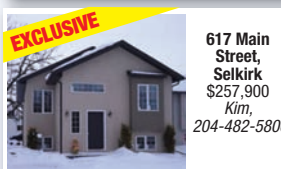
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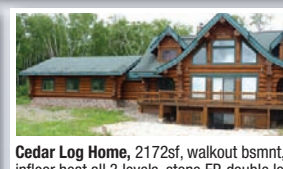
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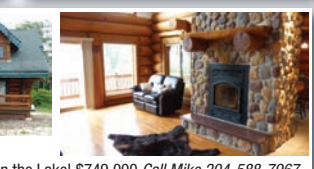
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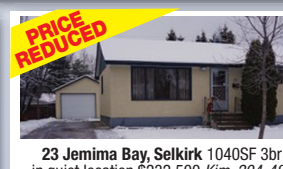
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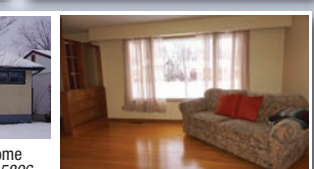
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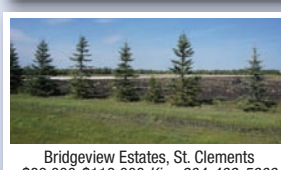
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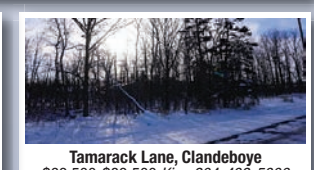
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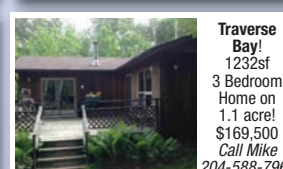
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3 Tips To Prepare To Sell Your Home

Eliminating pet odors, including those associated with pets, can help homeowners prepare their homes for prospective buyers.

According to Realtor.com, spring is the busiest and best season to sell a home. While a good home can find a buyer any time of year, homeowners might find the buyers' pool is strongest in spring and into summer. The reasons for that are many, ranging from parents wanting to move when their children are not in school to buyers wanting to move when the weather is most accommodating.

Because spring is such a popular time to sell a home, homeowners who want to put their homes on the market should use winter as an opportunity to prepare their homes for the prying eyes of prospective buyers. The following tips can help homeowners during the pre-selling preparation process.

1. Address the exterior of the home.

Winter can be harsh on a home's exterior, so as winter winds down, homeowners who want to sell their homes should make an effort to address anything that might negatively affect their homes' curb appeal. A study of homes in Greenville, S.C., from researchers at Clemson University found that the value of homes with landscapes that were upgraded

from "good" to "excellent" increased by 6 to 7 percent. If it's in the budget, hire professional landscapers to fix any problematic landscaping or address any issues that arose during the winter. Homeowners with green thumbs can tackle such projects on their own, but hiring professionals is akin to staging inside the home.

2. Conquer interior clutter.

Clutter has a way of accumulating over the winter, when people tend to spend more time indoors than they do throughout the rest of the year. Homeowners who want to put their homes on the market in spring won't have the luxury of waiting until spring to do their "spring" cleaning, so start clearing any clutter out in winter, even resolving to make an effort to prevent its accumulation throughout winter. Just like buyers are impressed by curb appeal, they are turned off by clutter. The Appraisal Institute suggests homeowners clear clutter out of their homes before appraisers visit, and the same approach can be applied to open houses. Buyers, like appraisers, see cluttered homes as less valuable. In addition, a home full of clutter might give buyers the impression, true or not, that the home was not well maintained.

3. Eliminate odors.

A home's inhabitants grow accus-



Eliminating pet odors, including those associated with pets, can help homeowners prepare their homes for prospective buyers.

tomed to odors that might be circulating throughout the house. Pet odor, for instance, might not be as strong to a home's residents as it is to guests and prospective buyers. Because windows tend to stay closed throughout the winter, interior odors can be even stronger come late-winter than they are during the rest of the year. A thorough cleaning of the house, including vacuuming and removal of any pet hair that accumulated over the winter,

can help to remove odor. In the weeks leading up to the open house, bathe pets more frequently, using a shampoo that promotes healthy skin so pet dander is not as prevalent. Open windows when the weather allows so more fresh air comes into the home.

Spring is a popular and potentially lucrative time to sell a home, and homeowners who spend winter preparing their homes for the market may reap even greater rewards.

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Selkirk Biz gearing up to host 50/50 Fitness Contest

By Kara Famakinde

Selkirk Biz is teaming up with Snap Fitness and the City of Selkirk to launch a 50/50 Fitness Contest in an effort to promote healthy and active lifestyles throughout the community.

The contest is open to members of the local chamber.

To become a member, you can visit selkirkbiz.ca and click on "become a member." There you will also find a link for the registration form for the fitness contest along with more information on the various initiatives Selkirk Biz is hosting.

You can also pick up a registration form in person at their office located at 200 Eaton Ave. Or for more information, you can call the biz directly at 204-482-7176.

"We want to connect with local businesses to promote healthy, active lifestyles within the community," said Selkirk Biz executive director Sheri Skalesky. "We feel this contest will recruit more members and promote healthy living."

The contest begins Wednesday, March 15 and runs until Wednesday, June 7.

"Contest members must check in at least once every two weeks for a body

scan to track progress. If you're unable to make the bi-weekly checkup, you can call and reschedule for a later date, there is some leeway," Skalesky said.

At the end of the contest, a winner will be chosen based on total transformation and will receive a prize of 50 per cent of the proceeds from the contest registration fees. The other 50 per cent will go to Selkirk Biz to help fundraise and continue hosting community events.

The City of Selkirk will also be using the contest to promote local facilities and programs including walking trails, outdoor fitness equipment, parks and open spaces, said Brady Clark, the city's manager of cultural and recreational programs.

"I think Selkirk has a lot to offer in terms of fitness, health, and wellness, whether that be public or private options," he said.

Matt Evans, who is currently a personal trainer at Snap Fitness in Selkirk, is eager to begin helping others on their journey to healthy living.

"Our goal is to provide knowledge and advice, creating a less intimidating environment for those who may not have much experience working out," he said.



RECORD PHOTO BY KARA FAMAKINDE

Selkirk Biz is teaming up with Snap Fitness and the City of Selkirk to launch a 50/50 Fitness Contest in an effort to promote a healthy and active lifestyles throughout the community. Pictured above is Selkirk Snap Fitness manager Trevor Gatchell. The contest will run from March 15 to June 7.

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SwimAbility seeks volunteers to bring service to Selkirk

By Stefanie Lasiuk

Tyler Thiessen treads water in circles around his swimming instructor, Ethan Hamm, while his mother, Mary-Jo Thiessen, watches him with pride.

It's so nice to see her 11-year-old son hold his own and do well, she says.

In the five years Tyler has been a part of SwimAbility, he's gone from swimming in a life-jacket to doing laps and diving for rings without one.

He likes the program because he enjoys the feeling of being in the water and he loves his instructors.

"They are patient, friendly, and they pay attention," said Tyler before his lesson at Margaret Grant Pool in Winnipeg.

Manitoba SwimAbility hopes to bring the same joy to youth living with disabilities in Selkirk.

The organization's president, Cam Krisko, plans to expand the program to the Interlake in the fall. SwimAbility currently gives lessons to kids in Winnipeg, Brandon, Dauphin, and Steinbach.

The program pairs high school and university swimmers with kids living with special needs for one-on-one, weekly lessons. The not-for-profit charges just \$2 per lesson and aims to help kids living with disabilities learn to swim and to be safe around water.

"They have a higher risk of drowning than the general population," Krisko said.

An Injury Prevention study found that children living with disabilities are 10 times more likely to drown or nearly drown than everyone else.

Krisko said water safety is especially important for kids in Manitoba, where lakes abound. But the program

"THEY ARE PATIENT, FRIENDLY, AND THEY PAY ATTENTION."

is about more than just swimming.

"It's a family," Krisko said. "It's a SwimAbility family."

The organization's volunteers host bowling nights, birthday parties, and seasonal get-togethers for the families involved.

A lot of the kids in the program don't always get invited to events like this outside the program, said Krisko.

"It's exciting to see the kids being kids," he said.

But the program doesn't run without its volunteers, and Krisko will need some from the Interlake area to deliver SwimAbility to the roughly 80 to 90 local families asking for it.

Swimming instructors don't need formal lifeguard training. SwimAbility provides its own training to anyone older than 14 who is comfortable in the water.

Those not comfortable in the water can volunteer their time as co-ordinators. Co-ordinators pair volunteers with swimmers and ensure the lessons run smoothly.

Krisko hopes to secure 10 to 15 volunteers so they can offer lessons to at least 30 to 40 kids to start.

For more information, parents and those looking to volunteer can visit manitobaswimability.com, email manitoba@swimability.org, or call 1-888-530-5618 ext. 109.



RECORD PHOTO BY STEFANIE LASIUK

Tyler Thiessen, pictured right, prepares to take off from the wall for a lap of backstroke during a lesson with volunteer SwimAbility instructor Ethan Hamm. The non-profit organization is looking for some volunteers to help offer the service in Selkirk.

211 website looks to connect Manitobans with services

Submitted

A new website looking to help Manitobans with everything from parenting and housing to abuse and financial assistance has officially been launched.

The new online service, mb.211.ca, is a partnership between United Way Winnipeg and Volunteer Manitoba and joins the national 211.ca network active in seven Canadian provinces and one territory.

"This makes it easy for Manitobans and service providers to quickly find the help they need and will prevent people from falling through the cracks," said Rob Albo, board vice-president at Volunteer Manitoba.

People, service providers and first re-

sponders who search the easy-to-use site will connect with the help they need from a network of 5000 government and social agencies.

Cassandra Golondrina has accessed no less than 10 United Way agency partners for help in her life that has included poverty, abuse, and mental health issues.

"I am excited to see this available to connect vulnerable and struggling people with the help they need. There were times in my life when I didn't know where to turn. A 211 service would have meant a lot less uncertainty and stress for me and my family, and more hope," said Cassandra, a single mom of five.

For more information visit mb.211.ca.

Province launches health-care funding awareness campaign

Staff

The province has launched a social media and web-based public awareness campaign to inform the public of the significant impact of reduced and eroding federal funding for health care.

Created 50 years ago, Medicare originated with 50/50 cost sharing of health care between federal and provincial governments. Today, provinces pay more than 75 per cent of health-care costs and the federal government continues to reduce growth in health-care funding. Health, Seniors and Active Living Minister Kelvin Goertzen said the result is a \$30 billion gap between the proposal the federal government has made to some provinces and territories and what evidence-based studies indicated is actually needed to maintain the sustainability of health-care systems, even with an additional \$11 billion in targeted funding.

Goertzen is urging Manitobans to join the conversation via social media using the hashtag [#sharethehealthcanada](https://twitter.com/sharethehealthcanada) and to share their concerns directly with members of Parliament.

For more information, visit manitoba.ca/sharethehealth.

get inspired

> MEAL IDEAS

THE Marketplace

AT SELKIRK

Salmon yogurt spread



6 servings / 5 min
Prep 5 min / Cook 0 min
With protein from both yogurt and salmon, this snack is sure to hit the spot when hunger strikes. Try it as an

appetizer too!

Ingredients
1/4 cup (50 mL) Canadian Mozzarella cheese, shredded
1/2 cup (125 mL) 2% plain Greek-style yogurt
1 can (7 1/2 oz/213 g) salmon, well drained
1/4 cup (50 mL) red onion, finely chopped
2 tbsp (25 mL) fresh dill, finely chopped
2 tsp (10 mL) Thai Red Curry Paste
Directions
In a medium bowl, mix all ingredients together.
Serve with crackers or toasted bread.

Lentil Soup with Bacon



Prep time: 5 minutes
Cook time: 20 minutes
Servings: 2
2 slices bacon, diced
1 medium red onion, diced
1 large garlic clove, minced
1/2 teaspoon ground cumin
1 can (15 ounces) lentils, drained
1 can (14.5 ounces) Swanson Vegetable Broth
1 can (14.5 ounces) Del Monte Diced New Potatoes, drained
1 can (14.5 ounces) Del Monte Sliced Carrots, drained
1 can (8 ounces) Del Monte Cut Green Beans, drained
In medium saucepan over medium-high heat, cook bacon until crisp,

about 5 minutes. Remove to paper towels to drain. Reserve.
In drippings remaining in skillet over medium heat, cook onion and garlic until tender, about 5 minutes, stirring occasionally. Add cumin; cook 1 minute.
Add lentils, vegetable broth, potatoes, carrots and green beans; over high heat, heat to boiling. Reduce heat to low; simmer 10 minutes uncovered to blend flavors, stirring occasionally.
To serve, sprinkle soup with reserved bacon.

Artichoke Hummus



Prep time: 10-15 minutes
Servings: 4

1 can (14 ounces) Progresso Artichoke Hearts, drained
1 can (15 ounces) Goya Chick Peas, drained and rinsed
1/4 cup canned Swanson Vegetable Broth
1/4 cup tahini paste
2 tablespoons lemon juice
1 clove garlic, crushed
1 tablespoon chopped Italian parsley, plus more for garnish
1 teaspoon kosher salt
1/4 teaspoon cracked black pepper
1/4 teaspoon ground cumin, plus more for garnish
olive oil
In food processor, combine all ingredients and pulse until smooth. Season to taste with additional salt and pepper, if necessary.
Transfer to serving bowl and garnish with drizzle of olive oil, fresh parsley and dash of cumin.
Serving suggestions: Serve with toasted French bread slices, cut veggies or pita chips.

Tropical Mango Guacamole

Recipe courtesy of
Ricardo Muñoz Zurita,
Azul Restaurantes,
Mexico City
Makes: 4 servings

1 ripe mango, diced into 1/4-inch cubes
1/4 cup jicama, diced into 1/4-inch cubes
1/4 cup red onion, finely chopped
1/4 cup garlic, finely chopped



2 tablespoons fresh lemon juice
1/2 teaspoon salt
1/4 teaspoon freshly ground black pepper
2 ripe avocados, peeled
2 tablespoons cilantro, chopped
1 tablespoon red pomegranate seeds, for garnish (optional)

In medium bowl, mix mango, jicama, onion, garlic, lemon juice, salt and black pepper. Set aside.
In another bowl, add avocado and mash until soft. Add mango mixture to avocado and mix. Top with cilantro and pomegranate seeds, if desired, and serve with tortilla chips.

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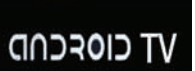
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New doc shines spotlight on the lives of Catholic sisters

By Jennifer McFee

A new documentary provides a glimpse into the lives of Manitoba's Catholic sisters who put their hearts and souls into their selfless work.

The film "Soul Sisters: The Catholic Women Religious of Manitoba" premiered on Feb. 3 at Cinematheque.

The 55-minute film was produced by Joanne Levy for Buffalo Gal Pictures in partnership with the Catholic Health Association of Manitoba and in association with VisionTV.

The Catholic Health Association formed a project called the Legacy of Care, Courage and Compassion to specifically honour the Catholic sisters who have worked in Manitoba since 1844. This project is in keeping with Pope Francis' designation of 2015 as the Year of the Consecrated Life.

The two-year tribute to the local sisters has included a published history book, a photography exhibition and a monument at the corner of Taché and Cathedrale avenues in Winnipeg.

"The creation of that beautiful monument is the spine for the documentary, and it's a way of putting together two of the wonderful commemorations of these women together in one project. The creation of that monu-



PHOTO SUBMITTED

While researching the documentary film "Soul Sisters," the team discovered an archive that included some 16-millimetre film shot by a young nun in the 1950s. This image from the never-before-seen footage serves as the cover for the "Soul Sisters" DVD.

ment is a wonderful through-line for the piece because it gives it a beginning, a middle and an end with the unveiling of the monument," said Levy, a Balmoral resident. "It's a capturing of the intimate stories of a sample of women who have worked for social justice and have been integral

to the health, education and social services in the province, but it has this spine of the creation of the monument as well."

Levy lauds the work of director Danielle Sturk and the Winnipeg-based crew.

"I think they did a really lovely job

of conveying the steely spine of these women at the same time as the incredible work that they've done," Levy said.

"It's not just schools and hospitals. They've done work with the poor. They work at prison chaplains. They do palliative care work. They have worked to help educate and protect some of the most vulnerable members of our society."

Through her work on the film, Levy gained a deeper knowledge and appreciation of these remarkable women.

"I had no idea the scope of the work that the sisters have done. They are pretty incredible women. You could call them the first feminists in many ways because at a time when most women just got married or went into very few professions, they decided on an entirely different kind of life course for themselves," she said.

The film also touches on the difficulties related to residential schools, although that's not the main purpose of the piece.

To arrange a viewing of the film, contact Joanne Levy via email at joanne@buffalogalpictures.com or call 204-955-4455.

Riverton teacher to launch kayaking school this summer

By Patricia Barrett

A teacher at Riverton Collegiate will be launching a kayaking school this summer to teach people the basics of handling the watercraft while providing them with an opportunity to learn about and appreciate nature.

Rob Jantz, who teaches English to grades 8-12 students, established an eco-kayak company called Prairie Sea Kayak Adventures and will be taking participants out to Willow Creek, south of Gimli.

In addition to providing lessons on paddling, steering, exiting and entering – as well as recovery in the event of a spill – Jantz will be teaching participants how to take a break from the hectic world of Internet and mobile connectivity.

Kayakers will hear songbirds, the wind in the willows and the gentle slap of paddles on the surface of the meandering stream rather than the dings and buzzes of cell phones.

"Everyone can relate to a place they went to as a kid," said Jantz. "For me, it was when I was eight years old and a friend and I rode our Mustang bikes with the banana seats down to a stream to catch tadpoles."

Jantz wants people to understand the environmental challenges facing



RECORD PHOTO BY PATRICIA BARRETT

Rob Jantz will be launching a kayaking school this summer to teach people the basics of handling the watercraft.

Interlake waterways and to develop an appreciation for protecting habitats.

In a Jan. 9 letter to the RM of Gimli, Jantz wrote that the company will provide "a safe yet diverse setting for the novice kayaker. Clients would be provided a guided tour of the creek and [learn] about the health challeng-

es that the creek and adjacent lake are facing."

He'll be supplying the kayaks, dry bags (for spare clothes) and knowledge of the riparian area. Each two-hour tour can accommodate six participants. Weather permitting, Jantz will offer a tour every day during July and August.

Jantz will be also be offering special kayaking adventures over the course of the summer.

The Celestial kayaking events include a Full Moon Tour in July and August, a Delta Aquarid (meteor shower) Tour on July 28, a Perseid (meteor shower) Tour on Aug. 12, and a Solar Eclipse (the first since 1979) Tour on Aug. 21.

A Yoga Kayak Tour will have participants take to Lake Winnipeg.

"You'll paddle for a while, find a beach and do yoga," said Jantz.

On Canada Day in Gimli, people can reserve a kayak and take part in the town's boat parade on Lake Winnipeg, then watch the fireworks while floating in the harbour.

Tours vary from \$60 to \$85, according to the company's web site.

For more information, email Rob at info@prairieseakayak.ca or call 204-642-2707. Visit Prairie Sea Kayak Adventures online at prairieseakayak.ca

The launch site is located at the junctions of Highway 9 and Willow Creek Road (107 North), about five kilometres south of Gimli.

Kayakers will be asked to bring a change of clothes, sunscreen, hat and sunglasses.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers rockin' on the road in weekend action

By Brian Bowman

Playing three road games in three nights is never easy.

But it was no problem for the Selkirk Steelers last weekend.

Selkirk was a perfect 3-0 on the road after downing the Dauphin Kings 3-0 on Sunday evening.

Landon Poiron made 22 saves for his first shutout of the season while Cole McCartan scored a pair of second-period goals. Nathan Hillis scored Selkirk's other goal just 19 seconds into the contest.

Blanking the Blizzard

On Saturday, Hayden Dola was very good in goal, making 35 saves in a solid 2-0 victory over the OCN Blizzard.

After the first two periods were scoreless, Selkirk's Jake Dudar and McCartan scored power-play goals just 3:01 apart early in the third.

Skating past Swan Valley

Last Friday, Selkirk scored four third-period goals in an 8-4 victory over the Swan Valley Stampede.

Leading 5-4 late in the third, Selkirk's Nash Dabb, Braden Lozinski and Nico Labossiere scored in a 1:19

span.

Nathan Halvorsen had a great game for the Steelers, scoring three times and adding two assists. Two of his goals came while Selkirk was short-handed.

McCartan and Ryan Pruden scored the Steelers' other goals.

Cody Ellingson, Trevar Mann, Keaton Jameson and Jaden Townsend replied for Swan Valley. Dola made 34 saves for the win.

Selkirk stopped by Winkler

On Feb. 7, Selkirk was stopped 4-1 at home by the Winkler Flyers in front of a dismal crowd of 256.

Coltyn Bates scored a pair of first-period goals for Winkler and then Matt Christian and Will Blake made it 4-0 in the second period. Two of Winkler's goals came on the power play.

Selkirk's Carter Barley netted a late power-play goal in the third, assisted by Liam Kroeker and Dudar.

The Steelers, now 36-16-3 and with 75 points to occupy third place, played at the first-place Steinbach Pistons last night but no score was available.

Selkirk will host the Terriers on Fri-



RECORD PHOTO BY BRETT MITCHELL

The Steelers' Ryan Pruden, right, gets control of the puck against the Winkler Flyers on Feb. 7.

day before the two teams hook up again the next night in Portage la Prairie.

On Tuesday, Selkirk will visit the Waywayseecappo Wolverines.

Selkirk Judo Club competes at Inner City Open

Staff

Thirteen fighters from the Selkirk Judo Club competed at the annual Inner City Open Judo Tournament at Tec Voc High School in Winnipeg on Feb. 4.

The tournament drew approximately 220 entries from Manitoba, Saskatchewan and Ontario. The local club had a great tournament, finishing with seven gold, two silver and two bronze medals.

Winning gold medals were Danny Ekosky (U12 Boys under 50 kg), Sarah

Ekosky (U14 Girls under 52 kg), Justin Ekosky (U18 Men under 73 kg), Damien Ekosky (Senior Men under 73 kg), Aaron Haak (U18 Men under 81 kg), Brody Malinowski (U12 Boys under 55 kg) and Jzraelyne Kopp (U14 Girls under 44 kg).

Silver medals went to Bryant Case (U12 over 55 kg) and Schaelyce Kopp (U18 under 57 kg) while Dylan Wiebe (U12 Boys under 45 kg) and Carter Masse (U12 Boys over 48 kg) won bronze.

"Our team fought very well against

some tough competition at the Inner City Open, the largest tournament in Manitoba," said Brian Jones, one of the Selkirk club's coaches.

Meanwhile, a team of 11 from the Selkirk Judo Club attended the Saskatchewan Open tournament on Jan. 21, returning with three gold, a silver, and a bronze medal. Approximately 400 competitors from B.C. east to Ontario participated in this event.

Winning gold from Selkirk were Sarah Ekosky (U14 Girls under 52 kg), Jzraelyne Kopp (U14 Girls under 44

kg) and Damien Ekosky (Senior Men under 73 kg).

Justin Ekosky won silver in U18 Men under 66 kg while a bronze medal went to Damien Ekosky in U21 Men under 73 kg.

"The Saskatchewan Open has grown in size and in the quality of competition over the last several years," Jones said. "Our athletes had a very good performance this year."



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Fishermen fantastic against Fisher River

By Brian Bowman

The Fisher River Hawks were just what the doctor ordered for the Selkirk Fishermen on Sunday.

After a pair of losses to begin last week, the Fishermen then annihilated the Hawks 22-0 on Sunday.

Selkirk scored nine times in the first period, added three more in the second, and then closed out the game with 10 third-period goals.

The Fishermen outshot the Hawks 80-28 as Travis Schalk earned the shutout.

Milan Horanski led Selkirk with four goals, followed by Harley Hoyalalo (three), Auzzie Loewen (three), Mike Smiley (two), Kale Ilchena (two), Dylan Painchaud-Niemi (two), Drayton Mendrun (two), Jeremy Thomas, Bronson Kelly, Sean Loutit, and Dane Derewianchuk.

Horanski finished the game with nine points while Mendrun had eight.

Ice Dawgs dump Fish

On Saturday, Selkirk was dumped 4-1 by the Arborg Ice Dawgs.

After a scoreless first period, Karson

Collins scored midway in the second period. The score stayed that way until 13:21 of the third period when Smiley tied the score at 1-1.

The Ice Dawgs' quickly answered just 21 seconds later, though, when Mitch Lameroux gave Arborg the lead for good. Colton Davies struck on the power play just 1:24 later and then Spencer Kilbrei added an insurance marker with 2:39 remaining.

Dylan Ossachuk made 32 saves for the win.

Stopped in St. Malo

Last Thursday, the Fishermen were doubled 4-2 by the Warriors in St. Malo.

Smiley gave Selkirk an early 1-0 lead and then the Warriors' Riley Hunter and Mendrun traded power-play goals late in the opening period.

After a scoreless second, former Selkirk Steelers' defenceman Elmar Tabler tied the score at 2-2 and then Hunter added a pair late in the third.

Selkirk, now 22-10 and in second place in the South Division standings with 44 points, will wrap up its regular



RECORD PHOTO BY BRETT MITCHELL

The Fishermen's Dane Derewianchuk flies past an Ice Dawg player during KJHL action last Saturday.

season with a pair of games this weekend. Selkirk will visit St. Malo Friday (8 p.m.) and then host the North Win-

nipeg Satellites Sunday afternoon at the Selkirk Rec Complex. Game time is 2:30 p.m.

Royals face River East in WHSHL playoff series

By Brian Bowman

After a very impressive regular season, the real season now begins for the Selkirk Royals' boys' hockey team.

Selkirk started its best-of-three playoff series with the River East Kodiaks on Tuesday at Gateway. The two teams then hooked up yesterday at the Selkirk Rec Complex.

If necessary, a series-deciding Game 3 will be played today in East Selkirk. Game time is 3:45 p.m.

Selkirk ended its regular season with just four regulation-time losses in 24 games. The Royals finished in fourth place with 49 points, 13 ahead of River East.

Just four points separated the second-, third-, and fourth-place teams in the Platinum Promotions Division standings.

"I'm very happy with the season," said Royals' head coach Brad Hrymak last Friday afternoon. "We had a pretty good year. We lost some tight games, we won some tight games."

"Overall, we only lost one game by more than one goal...and we improved throughout the whole year and we're peaking at the right time."

But the Royals expect a tough battle in their first-round playoff series.

"They skate well and we lost to them in a shootout earlier in the year," Hry-

mak said of River East. "They're a physical team but I think we match up well with them. We just have to stay disciplined and out of the penalty box."

The Royals wrapped up their regular season last Thursday with a 4-3 loss to the St. Paul's 1 Crusaders at the MTS Iceplex.

"That was a really good game," Hrymak said. "The boys played (well) but (St. Paul's) just stepped it up in the third. It was a good effort and our third game in three days."

Evan Bedard, Travis Spratt, and Chad King scored for Selkirk. Brennan Ostir, Paul Evans, Michael Lee

and Kieran Ursel replied for St. Paul's. Two of the Crusaders' goals came via the power play.

On Feb. 8, Selkirk slipped past Vincent Massey 2-1 in a shootout in a hard-fought, physical game. Drayson Barta scored in the first period for Vincent Massey and then Bedard answered with a power-play goal late in the third.

The previous day, Selkirk defeated St. Paul's 1 by a 4-2 score.

Spratt (two), King and Derek Wołoszyn scored for Selkirk. Alfred Zhai and Domi Loewen replied for St. Paul's.

Selkirk to battle CJS in women's hockey playoffs

By Brian Bowman

The real season is set to begin for the

Selkirk Royals girls' hockey team.

Selkirk finished tied for third place

in the WWHSHL's CTV Division with St. Mary's. Both teams had 28 points.

The Royals will now face the College Jeanne Sauve Olympiens in a best-of-three first-round series. Selkirk hosted CJS last night in Selkirk but no score was available.

Game 2 of the series will be played Friday (4 p.m.) at the Dakota Community Club. If necessary, a Game 3 will be held next Wednesday in East Selkirk. Game time is 4 p.m.

Meanwhile, Selkirk was outscored 7-4 by the Shaftesbury Titans in its final regular-season game on Feb. 8 in

East Selkirk.

The Royals led 4-1 after the first period but Shaftesbury stormed back to score three goals in each of the next two periods.

Kaite Seed, Jazmyn-Rae Desjarlais, and Brooke Johnstone scored to give Selkirk a 3-0 lead and then the Titans' Emilie Masse and the Royals' Brooke Anderson traded goals.

Shaftesbury's Emma Klippenstein (three), Haley Proteau, Masse, and Emily Fraser then closed out the game's scoring.

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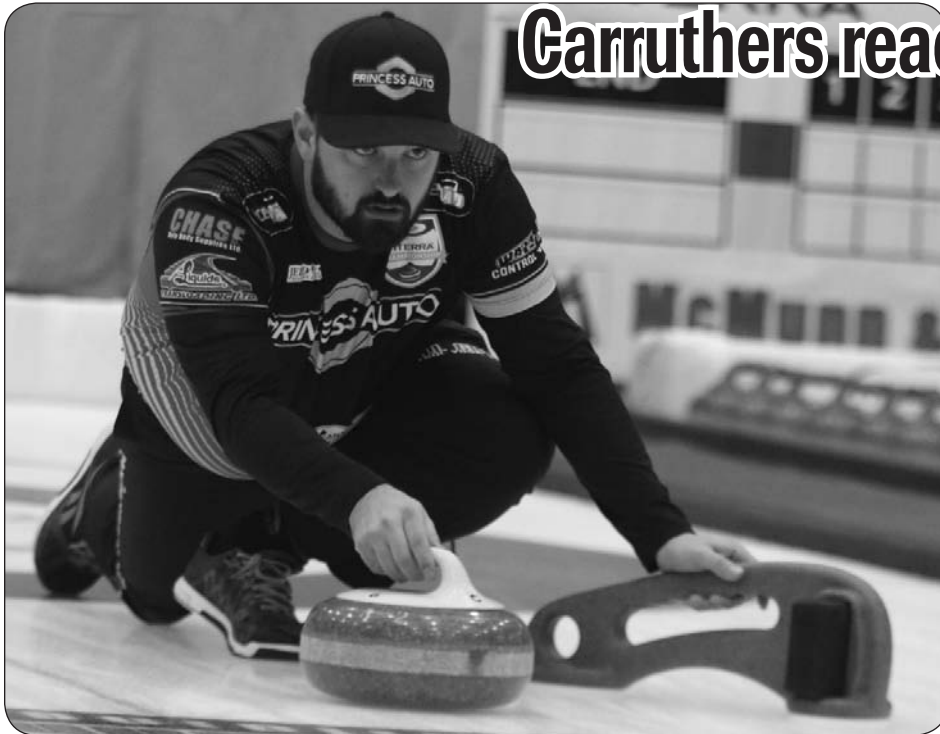
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Carruthers reaches final of Viterra Championship

By Brian Bowman

Mike McEwen's Fort Rouge rink is headed to the Brier once again.

The defending-provincial champion edged West St. Paul's Reid Carruthers 8-7 in the Viterra Championship on Sunday in Portage la Prairie.

Trailing 5-4, the turning point in the final came in the eighth end when McEwen scored four to take an 8-5 lead. He then held Carruthers to singles in the ninth and 10th ends.

McEwen reached the final after downing Granite's Trevor Loreth 8-2 earlier Sunday. It was McEwen's fourth consecutive year playing in the Manitoba final.

McEwen's rink, which includes third B.J. Neufeld, second Matt Wozniak, and lead Denni Neufeld, will now compete at the nationals in St. John's, Nfld. from March 4-12.

Carruthers, meanwhile, won six consecutive games - including a huge 4-2 victory Saturday over McEwen - to earn a berth into the final. His rink featured third Braeden Moskow, second Derek Samalgaski, and lead Colin Hodgson.

East St. Paul Curling Club's Travis Bale finished the provincials with a 2-2 record. Bale started the provincials with a 7-2 loss to Pembina's Taylor McIntyre before beating Burntwood's Travis Graham 5-3 and then pounding Portage's Randy Neufeld 8-3.

He was then nipped 8-7 by Assiniboine Memorial's Dennis Bohn (giving up three in the 10th end) to be eliminated from the provincials.

Bale's rink included third Kelly Fordyce, second Ian Fordyce, lead Nigel Milnes, and fifth Evan Martin.

RECORD PHOTO BY LANA MEIER
Reid Carruthers delivers a stone during the men's curling provincials Saturday evening.

Royals reach third-place game at Portage tournament

By Brian Bowman

The Selkirk Royals lost 71-58 to the St. Norbert Celtics in the third-place game of the PCI Varsity Boys' Classic basketball tournament on Saturday.

Selkirk played the third-place game after being defeated 56-37 by MBCI from The Pas in a semifinal matchup.

Brandon Monkman led Selkirk with 11 points in the semifinal loss while Jeston Bartram added a season-high 10 points.

Selkirk began tournament action with a convincing 78-39 victory over the Beliveau Barracudas.

Monkman led Selkirk with 26 points

while Owen Schwartz added 20.

In KPAC Tier 2 league play, Selkirk visited Springfield Monday and then hosted Transcona last night. No scores from either game were available at press time.

On Feb. 6, Selkirk defeated previously unbeaten Murdoch MacKay

47-39. The Royals will continue league action next Wednesday when they travel to Lorette.

Selkirk, currently 3-2 in league play, is shooting for second place and a home playoff game March 1. The KPAC playoffs begin Feb. 27.

Skating fast



SUBMITTED PHOTO

Alexa Scott of Clandeboye won a silver medal in the 3000-metre junior ladies' race at the Canada Cup No. 3 late last month in Saskatoon. Scott, 15, finished her race in a time of 4:57.81, which was behind only Quebec's Veronique Dery.

Selkirk girls' basketball teams compete in Brandon

By Brian Bowman

The Selkirk Royals placed fifth at an eight-team Crocus Plains Forbidden Flavours Java Jam varsity girls' basketball tournament in Brandon.

Selkirk defeated the St. Mary's Academy Flames 68-39 in the fifth-place game on Saturday.

Selkirk finished its pool play in third place with a 1-2 record. The Royals beat Brandon's Vincent Massey 61-35 but lost to Garden Valley (89-63) and Westwood (66-31).

In KPAC Tier 1 play, Selkirk was defeated 56-34 by the Kildonan East Reivers on Feb. 8. The Royals, now 1-5 in league play, hosted Kildonan East last night but no score was available at press time.

Selkirk will then wrap up league play next Wednesday when they visit River East.

In junior varsity girls' tournament action in Brandon, Selkirk crushed the Crocus Plains Freshman 48-18 in the seventh-place game on Saturday.

The Royals earlier lost to John Taylor (48-32), Kelvin (38-29) and Brandon's Vincent Massey (42-30) in pool play.

In KPAC Tier 2 action, Selkirk

soundly defeated the Maples Collegiate Marauders 65-32 on Feb. 7. The Royals (7-1 in league play) hosted Murdoch Mackay this past Tuesday but no score was available at press

time.

Selkirk will then wrap up its regular season with a home game against Lorette next Tuesday.



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals' Renee Partyka takes the ball hard to the basket during KPAC action against Kildonan East last week. Selkirk lost the game 56-34.

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House for sale to be moved (Hwy 212 at Supton Road), Cooks Creek (sign posted). 1140 square feet, good condition. New electric furnace, hot water tank and more included. Accepting offers until February 28, 2017. All inquiries to: info@stmichaelsrc.com or 204-479-3303.

Immediate possession available. 1638 sq. ft. RTM. 2.5 baths, cathedral ceiling, island kitchen. \$189,000. Floorplan online at wgiesbrechthomes.ca. Custom builds also available. Call 204-346-3231 or email wilbert@wghomes.ca for more information.

HOUSE FOR SALE

Ultra affordable, modern homes for Manitoba starting at \$90,000 delivered. Don't overpay! 2017's available now; www.bestbuyhousing.com. Text/Call 204-800-0065. Winnipeg, Brandon, Grand Beach. Canada's largest home selection!

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3 only 16 x 80, 3 bdrm., 2 bath. Starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email amhl@mymts.net

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PrairieSky Royalty Ltd. is a publicly-traded company in Calgary that acquires oil & gas fee title and royalty interests at fair market value. To receive a cash offer, call 587-293-4055 or visit www.prairiesky.com/Selling-Your-Royalties

SNOW REMOVAL

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HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

HELP WANTED

Stonewall Tire is currently accepting applications for tire technicians. Tire technicians are required to repair, install and balance tires, provide on-site and remote services to customers, assist the mechanics as required, and generally provide exceptional customer service. We are a full service tire shop offering complete mechanical repair, as well as mobile farm repair. To be successful in this role, you must have manual dexterity, excellent coordination, the ability to build constructive working relationships with other shop and office employees, and a desire to provide exceptional customer service. Previous experience would be an asset. If you have a valid driver's license, able to lift loads up to 100lbs, and looking for your next exciting opportunity, please reply to this ad with resume and salary expectations or drop resume off at 377 1st Street East Stonewall. Email Stonewalltire@mts.net or call 204-467-5595.

Growing local mortgage business looking for a hard working, detail oriented, personable individual who loves a challenge, to work out of the One Link Stonewall office 4A-408 Main Street. Previous mortgage experience a must. This position can be structured in many ways, from a licensed assistant to an independent mortgage broker. If interested in talking further in confidence, please contact me 204-479-6064 or shelleys@onelinkmortgage.com

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> GAMES

SUDOKU

6			3					5
		4		7				
	7	9			8			3
4					7	6		
	6	2	4	5				
	2			6			4	8
			8		9			
				3	1			

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	2	1	8	4	9	8	7	6
7	8	6	7	2	8	9	5	1
8	7	9	1	9	6	7	2	8
1	8	8	6	9	7	2	9	7
7	9	2	9	1	7	8	6	8
6	9	7	8	8	2	9	1	7
8	1	8	9	7	9	6	7	2
2	6	9	7	8	1	7	8	9
9	7	7	2	6	8	1	8	9

Sudoku Answer

S	W	H	V	T	A	S	B	N	R	C	S
S	I	V	E	R	E	T	O	N	I	W	V
E	H	O	V	B	E	T	O	O	V	S	W
E	O	V	D	I	V	O	D	E	S	O	O
O	T	I	S	W	O	R	D	V	N	N	V
B	V	T	E	O	C	L	V	O	V	E	L
S	V	R	V		A	C	O	I	D	I	
S	D	I	C	V		X	I	T	V	O	
E	O	T	N	O	O	N	V	R	I		
I	T	V	H	V	D	G	V	L	C	E	E
F	E	E	R	E	S	E	D	E	P	S	I
I	W	R	E	J	T	O	O	S	S	I	R
O	V	D	V	D	N	V	W	O	W	N	N
E	N	I	T	O	E	O	T	O	I	L	E
O	V	D	R	B	V	T	O	C	V	D	

Crossword Answer

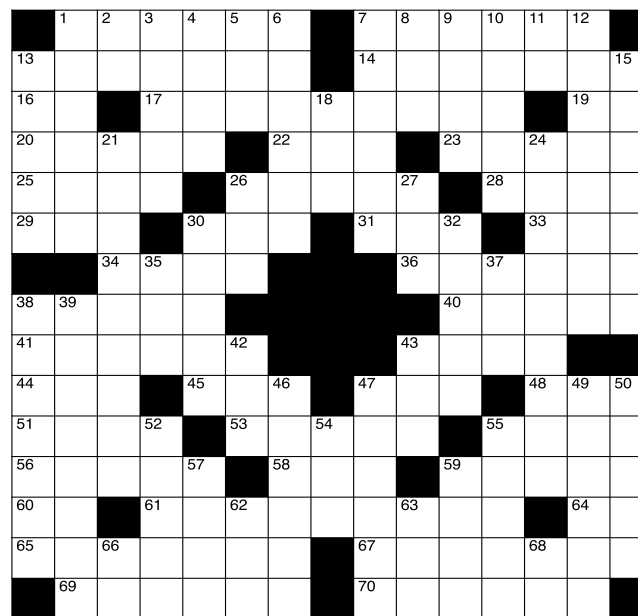
CROSSWORD

CLUES ACROSS

1. Package
7. Wear away
13. Joins a leaf to a stem
14. Worsen
16. Promotes international cooperation (abbr.)
17. Your folks
19. Publicity
20. Moves up
22. Dept. of Labor
23. Physicist Enrico
25. Whitney and Manning are two
26. Human foot (pl.)
28. Coral is an example
29. Extended error correction
30. Small amount
31. Dash
33. The greatest of all time
34. Middle Eastern country
36. Ravine
38. Cup-like cavity
40. Chemical substances
41. Extremely stupid behavior
43. He built Arantea
44. Beverage beloved by Brits
45. Cereal plant
47. Signal
48. A bar bill
51. Comedienne Faris
53. Preface to a book
55. Stores grain
56. In a way, medicated
58. Small island (British)
59. An Indiana-based hoopster
60. Measures width of printed matter
61. Riders use this to transport goods
64. Once more
65. Thin layers
67. Says again
69. Cleans thoroughly
70. Warnings

CLUES DOWN

1. Relating to male organ
2. Indicates position



3. Covers with frost
4. Makes a soft murmuring sound
5. Wood
6. Type of fuel
7. Confused
8. Where you go at night
9. Canadian flyers
10. Type of birch tree
11. Beloved Welsh princess
12. Coated
13. Smooth substance of crushed fruit
15. Improves intellectually
18. A sign of assent
21. Island-based Italians
24. Pragmatic
26. Peter's last name
27. A bag-like structure in a plant or animal
30. Mexican city
32. Sir Samuel __, Brit. statesman
35. Summer Olympics were just

- here
37. Fiddler crabs
38. Southern military academy
39. Tumors
42. Speaks incessantly
43. Sacred sound in Indian religions
46. Transactions
47. Et-
49. Reminders
50. Doesn't interest
52. Norse gods
54. Canola is one type
55. Beloved sportscaster Craig
57. Irish mother goddess
59. Daddy
62. Press against lightly
63. Sound unit
66. Master of Ceremonies
68. Morning

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Men's light blue suit, coat & blue shirt sz. XL, pants sz.38-40, pants in-seam (leg) 30, out seam 36 im-mac. cond., \$50; men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above, \$50; winter over-coat red, white & black for above EC \$100. Both suit, coats & pants have recently been dry cleaned. Had very little use. Ph. 204-785-8598.

MISCELLANEOUS

Student desk study lamp EWO \$15., toaster EWO \$15., LN sz. 9 safety shoes EC \$60. Ph. 204-785-8598.

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Expression of Interest

Instructor Educational Assistant Certificate

Part-Time Evening and Weekends

Interlake Campus (Selkirk)

Applicants are to clearly demonstrate how they satisfy the selection criteria in their written submissions and must identify the competition number they are applying for in the subject line of the email.

Red River College is a leader in applied learning and innovation. Our talented team of employees is passionate about education, innovation and student success. We offer competitive salaries, extensive benefits, and the opportunity for personal and professional growth in a rewarding career.

Duties: Red River College, Interlake Campus (Selkirk) require instructor(s) for teaching, supervision and guidance of students in both classroom and practicum settings. This will include; maintaining student records, student evaluation, development and adherence to the delivery schedule within an allocated time, attendance at scheduled meetings, ensuring curriculum content is consistent with parent program and other professional duties related to instruction.

Qualifications:

Required:

- Bachelor of Education Degree
- Valid Manitoba Teaching Certificate
- Experience teaching within the school system
- Ability to implement current practices including formative and summative assessments
- Demonstrated presentation skills which include the use of technology
- Ability to manage conflict and use good judgement
- Excellent interpersonal skills
- Excellent written communication skills
- Demonstrated verbal communication skills
- Experience with Microsoft Office (MS Word, PowerPoint)
- Values Diversity, Equity, and Inclusion
- Commitment to lifelong learning

Assets:

- Curriculum development experience
- Experience teaching adults
- Master of Education Degree

Conditions of Employment:

- This position will be required to work evenings and alternate Saturdays
- Candidates must be legally entitled to work in Canada

We seek diversity in our workplace. Aboriginal persons, women, visible minorities and individuals with disabilities are encouraged to apply.

Competition Number: Expression of Interest – Instructor Educational Assistant Certificate

Closing Date: February 21, 2017

Salary Range: \$23.93 - \$36.88

Apply to: Red River College Interlake Campus by e-mail at interlake@rrc.ca

We thank all applicants for their interest, but only those selected for an interview will be contacted. Red River College provides accommodations to applicants with disabilities throughout the hiring process. If an applicant requires an accommodation during the application or selection process, Human Resources will work with the applicant to meet the accommodation needs.

For more information and other employment opportunities, visit <http://blogs.rrc.ca/hr>.



Instructor, Introduction to Trades - Term Position Interlake Campus (Fort Alexander)

"This competition will be used to establish an eligibility list of qualified candidates for future vacancies."

Applicants are to clearly demonstrate how they satisfy the selection criteria in their written submissions and must identify the competition number they are applying for in the subject line of the email.

Red River College is a leader in applied learning and innovation. Our talented team of employees is passionate about education, innovation and student success. We offer competitive salaries, extensive benefits, and the opportunity for personal and professional growth in a rewarding career.

Duties: Instruct both the theoretical and practical aspects of the Introduction to Trades Certificate program. This program is designed to introduce and prepare students for entry into existing Red River College pre-employment trades programs. Duties include: safe supervision and guidance of students, maintaining student records, student evaluation, development and adherence to the delivery schedule within an allocated time, attendance at scheduled meetings, ensuring curriculum content is consistent with parent program, maintain lab and classroom setup, plan for material and supply needs and other professional duties related to instruction.

Qualifications:

Required:

- Valid Inter-Provincial Journeyperson's Certificate in Carpentry (Technical Vocational Teacher Education Certificate or Industrial Education Diploma with significant industry experience may also be considered)
- Significant, current and related industry experience in the commercial and/or residential aspects of the trade
- Experience using a variety of hand tools and machines
- Experience reading blueprints
- Demonstrated verbal communication skills
- Excellent interpersonal skills
- Excellent leadership skills
- Ability to work independently as well as in small to large group settings
- Ability to use conflict resolution techniques to facilitate positive outcomes
- Values Diversity, Equity, and Inclusion
- Commitment to lifelong learning

Assets:

- Experience with the application of the Canadian Building Code
- Curriculum development experience
- Experience teaching adults
- A network of contacts within industry
- Proficiency with MS Office software (Word, Excel, Outlook, Power Point)

Conditions of Employment:

- Candidates must be legally entitled to work in Canada

We seek diversity in our workplace. Aboriginal persons, women, visible minorities and individuals with disabilities are encouraged to apply.

Competition Number: 2017-015

Closing Date: February 24, 2017

Salary Range: \$30.52 - \$45.33 per hour

**The successful candidate with a Masters or PhD in a related field will receive an Educational Supplement of \$2,725 or \$5,450 per annum respectively pro-rated on an hourly basis.*

Apply to: Red River College by e-mail at humanresources@rrc.ca

We thank all applicants for their interest, but only those selected for an interview will be contacted. Red River College provides accommodations to applicants with disabilities throughout the hiring process. If an applicant requires an accommodation during the application or selection process, Human Resources will work with the applicant to meet the accommodation needs.

For more information and other employment opportunities, visit <http://blog.rrc.ca/hr>

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News Tips?
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call the
Record

204-785-1618

SHOP LOCAL

LOST

Lost set of keys includes remote start fob, leather pouch with glasses, red wrist lanyard. Tues. Feb 16, Selkirk area. Ph. 204-485-0010 or 204-785-1618.

HEALTH

Canada Benefit Group – attention Manitoba residents: do you or someone you know suffer from a disability? Get up to \$40,000 from the Canadian Government. Toll-free 1-888-511-2250 or www.canadabenefit.ca/free-assessment

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewaldek@hotmail.com

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College of Licensed Practical Nurses of Manitoba

The College of Licensed Practical Nurses is seeking public representatives to serve on various committees. An honorarium is paid for all committee meetings. Experience in education, law, or accounting is beneficial but not required. Please submit your resume to:

College of Licensed Practical Nurses of Manitoba
463 St. Anne's Road
Winnipeg, MB, R2M 3C9

Or via e-mail to: president@clpnm.ca

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**SELKIRK FIRE
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invites applications for the recruitment of

FIRE FIGHTERS

to fill vacancies within the department.

- Applicants must be residents of Selkirk
- Applicants must be medically and physically fit for fire fighting duties
- Preference will be given to applicants working in Selkirk
- Successful applicants will be required to participate in an extensive training program
- Successful Applicants must be able to provide drivers abstract, criminal record check and child abuse registry check

Interested persons may pick up application forms at the City of Selkirk Office located at 200 Eaton Ave. Deadline to receive applications is **4:00 p.m. March 3, 2017**.

The Selkirk Fire Department would like to thank all who have applied but only applicants selected for interviews will receive further notice.

REPORTER/PHOTOGRAPHER

Are you a natural born storyteller with an eye for photography and interest in social media?

The Selkirk Record is currently seeking a full time Reporter/Photographer to join its multi-award winning weekly community newspaper with an average circulation of 16,500 copies.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories in Selkirk and surrounding areas.

The successful candidate must be able to track down breaking news and dig for original story and creative feature ideas that keep the communities we cover informed.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Self-starter with the ability to exercise solid news judgement
- Active on social media and familiar with Canadian Press style
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Exceptional organizational, written and verbal skills is imperative
- Knowledge about Selkirk and its surrounding communities would be an asset

Please forward your resumé, writing and photography samples to:

Lindsey Enns

Editor, The Selkirk Record

Email: news@selkirkrecord.ca

Deadline to apply is Monday, February 27.

The **Selkirk Record**



Administrative/Customer Service Clerk

Part Time Position

Interlake Regional Campus (Selkirk, Manitoba)

This competition may be used to establish an eligibility list of qualified candidates for future, term, part-time or regular vacancies. Applicants are to clearly demonstrate how they satisfy the selection criteria in their written submissions. Applicants must identify the competition number they are applying for in the subject line of the email.

Red River College is a leader in applied learning and innovation. Our talented team of employees is passionate about education, innovation and student success. We offer competitive salaries, extensive benefits, and the opportunity for personal and professional growth in a rewarding career.

Duties: Reporting to the Manager of the Interlake Campus, the main responsibility will be to provide prompt, friendly, professional, efficient customer service both in person and over the phone and via email. Responsibilities include but are not limited to; providing general information and respond to enquiries from prospective students, existing students, staff and general public to assist them in meeting their career/educational goals. Determining student needs and refer them to appropriate resources when necessary, to provide routes or pathways to help students achieve their career/educational goals. Processing program applications, course registrations, accurately inputting data and sending out appropriate correspondence in a timely and professional manner. Calculating and processing simple and complicated financial transactions including tuition, test services and application fees. Producing transcripts, confirmation of enrollment and other various reports and forms. Assisting student with online account related issues (password reset, account creation, procedures, etc.). Work hours will include day and evening coverage.

Qualifications:

Required:

- Education in office administration or business; an equivalent combination of training and experience will be considered
- Extensive front line customer service experience
- Extensive experience and proficiency with MS Office Applications (e.g., MS Word, Excel, and Outlook)
- Experience working with confidential records and knowledge of Freedom of Information Personal Protection Act (FIPPA)
- Experience providing courteous customer service to diverse groups (with flexibility in adapting to the needs of a customer service driven environment)
- Effective written communication skills
- Demonstrated verbal communication skills
- Excellent interpersonal skills (with both internal and external collaterals)
- Excellent organizational and multi-tasking skills
- Ability to recall vast amounts of information, policies, and procedures
- Ability to work independently with little supervision
- Ability to prioritize work, meet deadlines and work under pressure
- Values Diversity, Equity, and Inclusion
- Commitment to lifelong learning

Assets:

- Experience using the College's information systems (Colleague and Recruiter)

Conditions of Employment

- Candidates must be legally entitled to work in Canada
- This position may be required to work evenings.

We seek diversity in our workplace. Aboriginal persons, women, visible minorities and individuals with disabilities are encouraged to apply.

Competition Number: 2017-009

Closing Date: February 21, 2017

Salary Range: \$20.50 - \$28.06 per hour

Apply to: Red River College e-mail: humanresources@rrc.ca

We thank all applicants for their interest, but only those selected for an interview will be contacted. Red River College provides accommodations to applicants with disabilities throughout the hiring process. If an applicant requires an accommodation during the application or selection process, Human Resources will work with the applicant to meet the accommodation needs.

For more information and other employment opportunities, visit <http://blogs.rrc.ca/hr>.

Selkirk Record Classifieds Announcements

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ANNOUNCEMENT

CARDS OF THANKS

Thank you to everyone who attended my Birthday Celebration, especially my son Morgan, Linda, Ashley, Bernice, Irene and all the others who made my day so wonderful. What an amazing event!

-Love Maria Bear

ANNOUNCEMENT

CARDS OF THANKS

Special thanks to the Red River Nursing Home and staff for the care and support of the late John Panaschuk. Thank you for the many cards, phone calls and support from our friends. Thanks to Rock Fontaine, funeral director for his help during this time.

-Eleanor Panaschuk



SELKIRK TRANSIT CLOSED ON

**LOUIS RIEL DAY
MONDAY, FEBRUARY 20, 2017**

**482-INFO (4636)
www.MySTA.ca**



Rural Municipality of

St. Clements
The place to be

Notice of Public Hearing RM of St. Clements Grand Marais Sewer Utility Rates

There will be two meetings.

First meeting:

Monday, March 13, 2017

Grand Marais Recreation Centre
90 Matilda Ave
Grand Marais, MB
Doors open at 6:30
Meeting to begin at 7:00 pm

Second meeting:

Wednesday, March 15, 2017

Public Utilities Board Hearing Rm
400-330 Portage Avenue
Winnipeg, MB
Doors open at 1:30 pm
Meeting to begin at 2:00 pm

If you wish to make a presentation at the meeting you must register with the PUB in advance. Presentation limit is 10 minutes.

View full notice on our website at
rmofstclements.com/lagoon

info@rmofstclements.com | 204-482-3300



manitobahousing

District Manager

Regular/Full-Time

Manitoba Housing and Renewal Corporation-Property Services, Selkirk and The Pas, MB

Advertisement Number: 236

Closing Date: February 27, 2017

Salary Range: \$56,664 – \$68,428 per year

An eligibility list may be created and maintained for up to a period of 12 months for future vacancies in the region.

Candidates who do not meet all essential criteria may be considered on an underfill basis at a commensurate rate of pay.

This competition may be used to appoint successful candidates to future acting status or permanent appointments within Manitoba Housing and Renewal Corporation subject to staffing approval. Manitoba Housing offers an attractive benefits package and pension plan.

If you are looking for interesting and challenging work, this is a great opportunity to join our team. One of our roles is to promote community development and create opportunities for people to engage in activities that promote well-being and social inclusion where they live. Housing is integral to this process and we strive to safeguard an adequate supply of safe and affordable housing in communities across Manitoba, particularly for those of low and moderate income or those with specialized needs. It is also our role to sustain and improve the condition of existing social housing. For more information, we encourage you to visit our website at: www.manitoba.ca/housing/index.html

Qualifications

Conditions of Employment:

- Must be legally entitled to work in Canada.
- Must provide a satisfactory current Criminal Records Check with a vulnerable sector search.
- Candidate must possess a valid Class 5 Manitoba driver's licence, provide their own vehicle and able to travel within Manitoba.
- Ability to wear/use personal protective equipment if necessary.
- Satisfactory Child and Adult Abuse Registry Check.

Essential Criteria:

- Related post secondary education with Real Estate Institute of Canada (REIC), Building Owners and Managers Association (BOMA), or an equivalent combination of education/training and experience may be considered.
- Significant experience in the delivery of property management functions.
- Strong leadership skills with the ability to manage change and create a positive work environment.
- Demonstrated experience supervising and managing staff.
- Strong problem solving and decision making skills.
- Strong organizational skills and ability to work within tight deadlines and competing priorities.
- Experience managing operational and staffing budgets.
- Proficiency with MS Word, Excel, Outlook or an accepted equivalent.
- Effective verbal communication skills.
- Effective written communication skills.
- Strong interpersonal skills with the ability to build and maintain effective relationships with individuals at all levels of the organization.

Desired Criteria:

- Experience interpreting Policies, Act's, Regulations, Bi-laws or contracts.
- Experience supervising and managing in a unionized environment.

Duties:

Reporting to the Regional Director, the District Manager is responsible for providing leadership, direction, and support to staff responsible for the overall delivery and administration of the property management functions of the assigned social housing District within the Region. Accountabilities include planning and coordinating all real property and maintenance programs; establishing and maintaining financial and administrative systems and procedures including budget preparation and reporting, as well as developing and maintaining effective tenant relations procedures and support services. The incumbent will be responsible for representing Manitoba Housing in matters involving the general public, tenant groups, government agencies, local contractors, and social housing advisory groups. Through a number of professional, technical, and administrative support staff, the incumbent will ensure the effective and efficient operation of the District

Apply to:

Advertisement No. 236
Manitoba Civil Service Commission
Human Resource Services
300-305 Broadway
Winnipeg, MB, R3C 3J7
Fax: 204-948-2193
Email: govjobs@gov.mb.ca

We thank all who apply and advise that only those selected for further consideration will be contacted.

Find out about other current job opportunities — click on the Jobs button at manitoba.ca.



Announcements

The Selkirk Record

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ANNOUNCEMENT

IN MEMORIAM



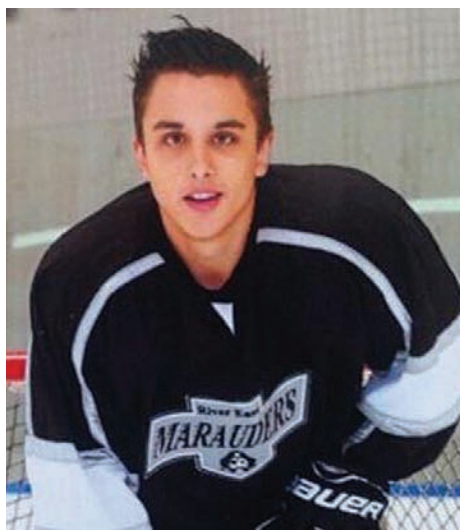
In Loving Memory
James Black

You were always there when we needed you,
No task too great or small;
With a loving heart and a willing hand,
For us you did them all.
Miss and love you always Dad.

-Love Dorothy and family

ANNOUNCEMENT

IN MEMORIAM



In Loving Memory of
Cooper James Nemeth
March 23, 1998 – February 14, 2016

"They say there is a reason,
They say that time will heal;
But neither time nor reason,
Will change the way I feel.
For no one knows the heartache,
That lies behind our smiles;
No one knows how many times,
We have broken down and cried.
We want to tell you something,
So there won't be any doubt;
You're so wonderful to think of,
But so hard to be without."

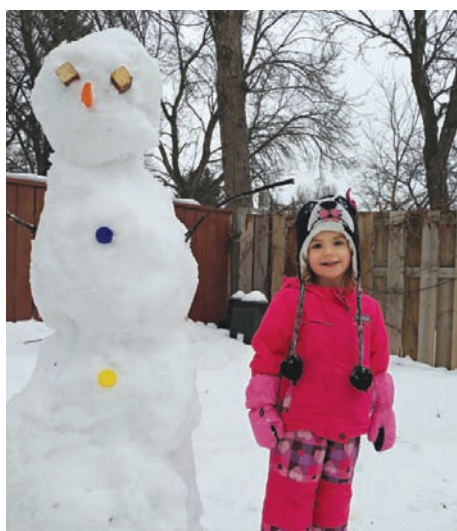
-Author Unknown

Your wings were ready,
But our hearts were not.
There is not a day that goes by that we don't
think of you.
Always loved,
Never forgotten.

-Love Grandma Irene, Grandpa Jim,
Auntie Lalo, Uncle Brauntith,
Mav and Loch

ANNOUNCEMENT

BIRTHDAY



Mareena O'Gorman Wilks

From the day you came into this world
We were as proud as can be
Blessed with a beautiful Daughter
For everyone to see
So every year we celebrate
This very special day
To mark another milestone
As your life moves on its way
So a Big Happy Birthday to you
We wish you all the happiness in the world
We are thankful all year round
For our very precious girl
Happy 3rd Birthday!

-Love always
Mom and Dad

ANNOUNCEMENT

IN MEMORIAM



Pat Bond

Loving and kind in all her ways,
Upright and just to the end of her days;
Sincere and true, in her heart and mind,
Beautiful memories she left behind.

-Husband Glen and family

Derek, Michelle, Glenda and Shawn and Sara

ANNOUNCEMENT

IN MEMORIAM

In Memory
Peter Kaluzniak

April 5, 1928 - February 17, 2003

The birds still sing,
The flowers grow,
The breeze still whispers too;
But it will never ever be
The same world without you.

-Always remembered,
Adeline and all your children

OBITUARY

Donald Bruce McKinnon
November 7, 1928 - February 4, 2017

It is with profound sadness that we announce the passing of our FANTASTIC Father, GRANDEST Grampa/Great Grampa, Gee-Gee, BEST Brother-in-law, UNBELIEVABLE Uncle, and FLAW-LESS Friend.

Bruce passed away peacefully a month to the day after a fall which broke his hip.

Bruce was predeceased by his wonderful wife OLGA, February 10, 2013. He is survived by his four DEVOTED Daughters and their families; PAMELA and Braden (Szuuts), Ryan and Jamie, Logan (11), Emily (9), Benjamin and Nicole, Olivia (4), Madeline (2), CYNTHIA and Ron (Seid), Christopher, Callen (13), LeAnn and Chris (Saludares) Vivian (3), Allie Lou (1), MELINDA and John (L'Hirondelle) Jared and Elleni, Kashius (2), Slader (3months),

Jayne, ALISON and Arden (Buskell), Lindsay and Jon (Bubnick), Noa (3), Miller (1), Kyle. Also grieving his loss are his sister-in-law, Lily McWhinney, 11 nieces and nephews and their families and numerous friends who have remained close through Dad's 42 year association with CGE/Camco. We often heard stories of Dads years growing up in St. James. His memories and friendships that lasted him his lifetime from Assiniboine through Gordon Bell Schools. You were all very special to him.

On a personal note heartfelt thanks are sent to Leah Dupuis (Bruce's niece) for her continued concern and care, Pamela, Cynthia, Melinda and Alison can find comfort knowing their wonderful Dad is together again with the love of his life, Olly.

A graveside service will be held later when we will lay our cherished parents to rest. WE LOVE YOU MORE.

Glen Eden Funeral Home & Cemetery
204-338-7111

OBITUARY

Linda Iris Larter

It is with great sadness that we announce the passing of Linda Larter, aged 65 years, peacefully, at Red River Place Selkirk, on Monday, February 6, 2017 with her family by her side.

Left with cherished memories are her husband Free; sons, Tim (Nichol) and Jarod (Tanya); grandchildren, Gaven, Rylee, Zayla, Maelyn, Jake and Samuel.

Linda was predeceased by her sister Elaine Leppard.

Linda was a woman of many talents, a wonderful wife, mother, grandmother, teacher, gardener, cook, coach, friend and lover of all of Gods creations.

Many thanks to the staff at Red River Place Selkirk and The Alzheimer Society support group leaders Norma and Nancy.

Friends and family, who so desire can make any donations in memory of Linda to the Alzheimer Society of Manitoba or St. Andrews on the Red (Anglican) Church.

Cremation has taken place and a celebration of Linda's life will be held on Saturday, June 3rd at 11:00 a.m. in St. Andrews on the Red Church.

Condolences may be left at www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.

OBITUARY

Harry Richard Moore

Peacefully on Wednesday, February 8, 2017 at the Selkirk & District General Hospital, Harry Moore of Selkirk, Manitoba passed away at the age of 92.

He leaves behind his wife of 56 years, Betty; children Derek (Michele), John and Karen; grandchildren Codey, Gerald and Odessa and Gerald's Mom Melinda. He also leaves behind his two sisters Joan and Peggy; two sisters-in-law Gail and June and brother-in-law Oryst.

Harry was predeceased by his parents Henry and Nellie; sisters Dorothy, Colleen and Irene; brother Jack and several brothers-in-law.

Harry was born in Port Arthur (Thunder Bay), Ontario on January 10, 1925 and attended school there. He worked at various jobs before he started his career at the Fort William (Thunder Bay) Post Office in 1952. This is where he met his future wife Betty and they married on May 21, 1960.

The family moved to The Pas in 1967 where he assumed his new position as Postmaster. In 1973 they moved to Selkirk and Harry continued in his position at the Post Office until his retirement in 1985.

Harry was a jack of all trades and could fix and build anything. At the age of 60, he became interested in computers and many came to him for advice, there wasn't a computer he couldn't fix.

At his request, cremation has taken place and there will be no formal service.

In lieu of flowers, donations can be made to a charity of your choice.

The family would like to thank Dr. Richard Lindenschmidt for all of the years that he cared for Harry and to all of the staff at the Hospital for taking such great care of him.

Condolences may be left at www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.

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