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# The Selkirk Record

THURSDAY, FEBRUARY 20, 2020

VOLUME 11 EDITION 7

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## Festival fun

RECORD PHOTOS BY LIGIA BRAIDOTTI  
 Festival du Voyageur kicked off another season of celebrations on Feb. 14 and guests were excited to get their hands on the festival staples of maple taffy. Festival du Voyageur is held until Sun., Feb. 23.

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# Strong pulse for heart health in Selkirk

## Selkirk's Rotary Club donates funds for a new echocardiogram machine

By Katelyn Boulanger

February 14 was a good day for hearts in Selkirk with the unveiling of latest piece of technology to join the Selkirk Regional Health Centre's arsenal, an echocardiogram machine.

The purchase of this machine was made possible through a large donation by Selkirk's Rotary Club whose members first brought up the need for this piece of equipment in the community.

"I have a current heart condition and I have to go to the city to get the echocardiograms. You get slated for midnight or whenever and then you have to go and so I thought that that would be a great project for Selkirk and the rotary club to take on," said Russell Skalesky, a member of the Selkirk's Rotary Club.

The Rotary Club members then looked into the number of people from the region who could use an echocardiogram machine closer to home and found that there were over 1,000 people in and around Selkirk and almost 3,000 in the Interlake who would benefit.

"It's actually quite interesting they put these probes on [your chest to see] your heart. They get the image of the heart and you can actually watch it for yourself which I did. It's kind of in technicolor. It's really interesting. You can hear your heart pumping and you can actually see it working. It doesn't hurt or anything like that and they can diagnose your heart and see if it's improving," said Skalesky.

The echocardiogram machine itself is very similar to an ultrasound machine, emitting sound waves which bounce back differently when they reach various tissues surrounding the heart, allowing the image to be read by medical specialists.

"The more that we talked to people in the community there were people throughout our whole region who need echocardiograms," said Sharon Moolchan, president of Selkirk's Rotary Club.

The rotary club members who didn't regularly need these tests were surprised to learn that wait times in Manitoba for echocardiograms prior to the new machine's unveiling were upwards of 18 months.

"We knew that we couldn't do it just on our own so we had to involve the health people and they were on board right from the onset," said Jean Oliver, vice-president of the Rotary Club of Selkirk and co-chair of Project Echo.

In addition to working with the province and health authority, the group contacted 11 regional municipalities, 31 community groups, local businesses, Hutterite colonies and dozens of individuals who gathered together to support the project. The project, which started in 2017, was able to raise approximately \$200,000 to cover the cost of the machine.

In his presentation at the unveiling event Health, Seniors and Active Living Minister Cameron Friesen said, "I want to thank the Selkirk Rotary club for their vision, for their tenacity, for their leadership and for getting the job done."

Echocardiograms will start to be offered to the region's patients starting Feb. 19.

"I would say thanks to everybody because one person can't do it," said Skalesky.



RECORD PHOTOS BY KATELYN BOULANGER

Clockwise from above: (left) Sharon Moolchan president of Selkirk's Rotary Club and Jean Oliver, vice-president of the Rotary Club of Selkirk and co-chair of Project Echo by the new echocardiogram machine.



Minister Cameron Friesen speaking at the echocardiogram machine's unveiling event.

Read more about echocardiography in Selkirk on page 9

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# Al Simmons entertains at Daerwood School

## Students enjoy one-man adaptation of The Barber of Seville

By Katelyn Boulanger

Musician, performer, and inventor Al Simmons came to Daerwood School as part of the tour of his adaptation of the Barber of Seville.

With Manitoba Opera, Simmons created a one-man interactive musical version of the play designed for school aged children which taught them about opera.

"I was familiar with his work and his music and I know that kids usually love him. So I thought that it would be nice to have him and it's a good time of year because usually at this time of year we need a pick me up. It's cold. The days are short and all of that and that's how it came to be," said Kristine Friesen, Principal at Daerwood School.

Centennial School was also invited to join in the fun with students were bussed to the event for the afternoon.

"The Barber of Seville, it seems, it is accessible for kids. There are a few scenes that would be a little bit inappropriate for schools but most of it is understandable for kids. Also the tunes, that's why I [have] current tunes mixed in. Some of the songs of today echo the songs of the 1800s. They are the same theme and almost the same words but are current hits," said Al Simmons.

He redesigned the entire musical in order to make it appropriate and engaging for students.

"I had to almost take the opera apart and put it together again. I cut out a whole bunch of stuff and stuck in extra things just to make things make sense. I just took it song by song

and eliminated things that I didn't think would work that well and some that I couldn't possibly sing. The soprano's parts I had to cut out. Some of the songs are just so funny on their own that I just did a translation almost word for word and made it rhyme," said Simmons.

Manitoba Opera also contributed to making this adaptation of the classic opera a success.

"They let me look at the full score, the musical score, and they lent me CDs and so it was their idea that I could do this. I had no idea that I could do this. In a lot of ways I think of it now in that some of these kids, when they grow up, it might be twenty years from now, they'll say, 'Hey, there's an opera on called The Barber of Seville. I remember when that crazy guy came to our school and did that. Let's go see the opera because I remember Rosina being locked in her room. Let's go see it,'" said Simmons.

"In many different ways it's a different style of music than what they are used to hearing even though some of the opera they have heard on their computer games or in cartoons. It's a style of music that most kids don't get a chance to listen to because they are listening on their devices to current hits," he said.

Friesen believe that having this opportunity for students in school gives them an opportunity to see something that they wouldn't normally see in the city an exposes them to a someone that they can view as a positive role model.

"He's a great musician. He speaks well. He reads. All those things that we're trying to mod-

el for the children. Those are the types of people that we try to get in and to have fun with them so that they realize that learning can be fun," she said.

Simmons's favourite part of putting on the show is the questions from students after the performance, which often includes how many of his props, which he creates himself, work.

"I hope it puts a smile on their faces and I hope that it inspires them because that's the kind of person Al Simmons is," said Friesen.



RECORD PHOTOS BY KATELYN BOULANGER  
Al Simmons performing at Daerwood School Feb. 12.

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# Brokenhead hosts language workshop

Residents participate in a workshop to learn the Ojibway language

By Katelyn Boulanger

Residents of Brokenhead Ojibway Nation gathered to attend an Ojibway Language Workshop hosted by Sergeant Tommy Prince School in collaboration with the Jordan's Principle Organization at the Private Tom Chief Memorial Hall.

The four day workshop, which ran from Feb. 10 to 13, is part of an ongoing effort by the community to give residents of all ages the opportunity to learn the Ojibway language.

"We're trying to bring the Ojibway Language to the whole community. Revitalize it. It started with me being hired at the school on Oct. 7. I'm working with the children from kindergarten to grade nine, working with them to learn the Ojibway language. We use a lot of workbooks and work with the classrooms every day," said Joyce Perreault, Ojibway Language Teacher at Sergeant Tommy Prince School.

The Jordan's Principle Organization provides many services for families and children in the community.

"We had an opening ceremony, on Tuesday, the first day. We had a pipe ceremony," said Rhonda Michaud, Principal at Sergeant Tommy Prince School.

Students from the school also attended the event, which included offering tobacco and a drum song. Throughout the rest of the workshop, they were able to learn from the different exercises which included elements of traditional teachings.

"Lloyd Swampy [Language and Culture Program Coordinator, Manitoba First Nations School System] is the conductor of most of the workshops and was able to be here these four days to help with [teaching] the language," said Perreault.

"For the third day [of the workshop], I presented my medicine wheel teachings to the community in Ojibway and in English because I'm also the author of the book, All Creation Represented a Child's guide to the Medicine

"LANGUAGE IS A VERY VITAL PIECE FOR THE STUDENTS TO CONNECT BACK TO MOTHER EARTH."

- MICHAUD

Wheel. My knowledge and passion, I also want to pass it on to our school and to the community," she continued.

Perreault plans to continue teaching the language to the community, in addition to her work at the school, with learning sessions designed for all ages which will be held at the memorial hall on Wednesday evenings between 5 to 6:30 p.m..

"The goal is to bring the language back into the community for our children," said Michaud.

Perreault hopes that these workshops will get both parents and their children excited about learning the language.

"Language is a very vital piece for the students to connect back to mother earth. That's one of the reasons why our students need to learn the language and to [help them understand] who they are as Anishinabe Ojibway People," said Michaud.

Both educators agree that knowing the language is important for further learning of their culture.

"I'm having fun learning it. It's a celebration. I'm really glad that it worked out well, to see the community here, to see the elders and it's just overwhelming to see the participation from the community and the support for the language," said Michaud.

The workshop ended with a traditional feast to mark the gathering.

For more information on events in the community visit [brokenheadojibwaynation.ca](http://brokenheadojibwaynation.ca)



RECORD PHOTO BY KATELYN BOULANGER

Lloyd Swampy teaching at the Ojibway Language Workshop at Brokenhead Ojibway Nation's Private Tom Chief Memorial Hall Feb. 13.

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# getheard

EDITORIAL > VIEWPOINTS > LETTERS

> BY LOIS WALES, RESIDENT OF SELKIRK

Mr. Bodman most certainly raised some very good points in his interview for the *Selkirk Record* of Feb 13.

Pam McCallum, executive director of the Interlake Eastman Health Fund (IEHF) should have declared her conflict of interest. She is a board member on a numbered company 10048899 Manitoba Association Inc. that will be developing and be the owner of the proposed clinic.

Therefore, the grant application should have been done by someone other than herself. It would appear that the Selkirk and District Hospi-

tal fund was never created for capital projects.

Have other hospital funds in the region also been used inappropriately? Why would the criteria of the grant application with the correct signatories not be on the grant proposal?

This also begs the question, Ms. McCallum may not have been party to the actual decision to award her company the contract to develop and own the proposed clinic when this was first brought forward, however, as executive assistant to the CEO, she may have also been in a conflict of inter-

est as she could have been party to inside information. Was her conflict declared at this time?

The IERHA had strict conflict of interest guidelines for staff. Both Ms. McCallum and the CEO Ron Van Dnakker should be well aware of this as the policy was developed by administration, or is the conflict of interest only for line staff and not administrative staff.

As for the two board members who signed off on the grant application, know what your signing and if you should be signing.

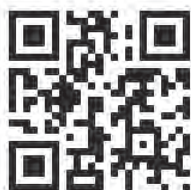
## Changes on Manitoba Avenue



RECORD PHOTOS BY KATELYN BOULANGER

The City of Selkirk enabled the final part of the plan revitalize Manitoba Avenue turning it from a one-way to a two-way between Main Street and Eveline Street on Feb. 14.

**View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)**



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### EDITORIAL

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

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# Daerwood School shoots music video

Students get ready for their close ups with this fun version of the school song

By Katelyn Boulanger

Artist in residence, Randy Guest, spent the last day of his residency at Daerwood School Feb. 13.

As part of his time teaching about videography, the students shot a music video set to their school song.

"This program happened on a Manitoba Arts Council's Artists in the Schools grant and that's a program that's been offered through the Manitoba Arts Council for 30 plus years. I've been with the program and sort of on their roster of artists for about 18 of those years," said Guest.

The program recently underwent a change in which the artist's residencies in the schools became more focused on teaching the students while completing a project. Because of this change, the idea for the creation of the music video at Daerwood School came about.

"What's happening now is the schools contact the artists to either just offer workshops about the art form or to create some sort of product through an initiative in their school. [Principal of Daerwood School] Kirtine Friesen contacted me and we met and we spoke and we worked together applying for the grant and we got it," said Guest.

Guest spent 4 weeks working with students on this project.

"First I'm teaching the kids or I've taught the kids general film making techniques and principals and then I'm teaching them the template for making a music video and we've shot and are still shooting footage from all the groups. That ultimately will be edited into a music video to their school song," said Guest.

Guest says that the more he goes into schools the more opportunity he finds for artistic expression in curriculum and more he feels the two can be brought together.

"The arts and education. They aren't necessarily two separate entities anymore plus I think that there is professional development opportunities for school to learn the art forms and incorporated them into their teaching methods and into bringing the kids to the curriculum objectives," said Guest.

He's been a filmmaker for 26 years and feels that working with children makes him a better artists.

"I spend x amount of time in my career with adults in the hurry up, time is money, money is time, profession-

**"ONE OF THE OBJECTIVES IS TO EXPLORE DIVERSITY IN SCHOOLS. DIVERSITY IS VERY THEMATICALLY PREVALENT."**

**- GUEST**

al world and then I get to work with kids where they don't have that edit system and where their imaginations are so fresh and ready to be explored," said Guest.

To make the school's music video, the school's song was broken down into different parts and each grade group took on a part of the production.

"We went through the lyrics of whatever it was that they had and they would come up with ideas that they would like to be scene when those words for that part of the video comes up," explained Guest.

The school song and therefore the video will incorporate elements of friendship, diversity, and of course contain the dynamite theme present throughout.

"One of the objectives, and it's kind of become a mandate with the Manitoba Art Council and these grants, is to explore diversity in schools. As we know, we're in a world where diversity is very thematically prevalent and so because the number of kids with Indigenous backgrounds we have made a point of trying to incorporate that as well," said Guest.

To do that the video will incorporate footage with seven teaching's animals, the medicine wheel and dream catchers.

"We're not only creating a music video for the school and the song but to celebrate the community," said Guest.



**SUBMITTED PHOTO**

Randy Guest setting up a camera at Daerwood School. The school collaborated with Guest to create a music video set to their school song.

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# Manitoba 150 announces funding recipients

## Celebrate 150 aims for a year of celebrations throughout province

By Katelyn Boulanger

Showing some sesquicentennial love for the province, the Manitoba 150 committee announced the recipients of their Celebrate 150 program Feb. 14.

The recipients, including the City of Selkirk, will receive funds to honour the province's history and culture with events throughout the year.

"We had offered a challenge to the province, to communities across Manitoba, to imagine and create initiative that would cultivate and foster a greater connection with the province and with each other and of course Manitobans came through," said co-chair of the Manitoban 150 host committee Monique Lacoste.

The independent jury that reviewed the Celebrate 150 applications had to review over 450 applications to select the 85 recipients of this funding.

"We are celebrating Manitoba's cultural diversity this year in many different ways but we're also celebrating a united hope for a better future and

we're also celebrating the values that we all share," said premier Brian Pallister.

"This reception this afternoon recognizes not only the amazing organization and the work that's been put into the 150 celebration but it also recognizes through the commemorative work that we're going to be doing later today [and] the official Manitoba 150 community celebrations, that are going to be going on all over the province this year, and think of the hundreds of thousands of honours that are going into those," he said.

To qualify for this funding, applicants had to create events that embodied one of the Celebrate 150's themes—discover our beauty, meet our people, experience our culture, or explore our history

"The Manitoba 150 host committee wanted to ensure that the events and the initiatives celebrating our 150th anniversary were geographically diverse, representative of the communities involved and that there

were a variety. For example, sports, arts, song, dance, food film and variety of another cultural activities. To celebrate Manitoba [this] is a great thing because it's made in Manitoba, by Manitobans, for Manitobans," said Stuart Murray, co-chair of the Manitoban 150 host committee.

The recipients will each receive part of \$4.6 million in funding being given out throughout this sesquicentennial year as part of this initiative of which \$1.3 million is coming from Manitoba 150 and \$3.3 million comes from supporters and investments.

"The theme is united in celebration/unis dans la fête, and we are commemorating together our proud, proud past that's been referenced, but also our present and also our future, and it is a bright future. It is important through our celebrations that we honour the past," said Pallister.



RECORD PHOTOS BY KATELYN BOULANGER

Brian Pallister speaking at the Celebrate 150 announcement on Feb. 14.



From left to right\_Monique Lacoste, Stewart Murray and Manitoba 150 mascot Toba.



Indigenous dancers entertained the crowd at the Celebrate 150 announcement Feb 14.

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# Echocardiography services expanding to Selkirk

Submitted by Province of Manitoba

Echocardiography services will be offered at the Selkirk Regional Health Centre starting next week, allowing residents living in the region to access care closer to home while continuing to reduce province-wide wait times for the diagnostic scan.

Almost 3,000 patients per year from the Interlake region travel to Winnipeg to receive echocardiograms. Nearly 24 per cent of residents in the region live with hypertension, higher than the provincial average of 20.7 per cent, making the new site an ideal location for the service to be expanded.

Echocardiograms provide an ultrasound for the heart and can offer a timely diagnosis for various forms of heart disease. Once fully operational, up to 1,620 scans per year will be performed at the new site, which will begin accepting patients this Wednesday.

All scans performed in Selkirk will be non-urgent and elective, with the results interpreted by cardiologists at Health Sciences Centre Winnipeg (HSC). Urgent or complex scans will continue to be referred to HSC or St. Boniface Hospital.

"This community-led initiative builds upon our health system's capacity to offer specialized services outside of Winnipeg and addresses a regional need for this service," said Ron van Denakker, chief executive officer, Interlake-Eastern Regional Health Authority (IERHA). "We are pleased that the Rotary Club of Selkirk worked with us as they undertook their Project Echo fundraising campaign to help more patients receive this service closer to home."

Adding echocardiography services in Selkirk is only the latest in a sus-

tained effort by the Manitoba government to improve provincial wait times for non-urgent and elective scans, the minister noted. Last spring, seven cardiac sonographer positions were added at HSC and St. Boniface Hospital, which has reduced non-urgent and elective wait times by more than 33 per cent since May 2019.

"Echocardiograms are important tests that assist in the diagnosis of various heart conditions," said Dr. Brock Wright, chief executive officer, Shared Health.

"Expanding the service to Selkirk will align with recommendations made in Manitoba's Clinical and Preventive Services Plan to build up local capacity for specialized services and enable rural and northern patients the ability to receive the care they need without having to travel to Winnipeg."

Shared Health and the IERHA have hired a full-time cardiac sonographer and clerk to support the new unit, which will be located in previously-unused space at the newly-constructed health centre.

In addition to the Rotary Club of Selkirk's fundraiser to purchase the medical equipment, eleven different municipalities throughout the health region contributed to the project, as did 31 community groups, local businesses, Hutterite colonies and dozens of individuals.

Manitoba has seen recent success in other specialized services. Wait times for hip and knee replacements and cardiac surgeries have reduced significantly since the fall of 2018, when the government invested an additional \$5.3 million to perform additional procedures.

## CELEBRATE 150

The Manitoba 150 Host Committee Inc. is pleased to celebrate our province's 150<sup>th</sup> anniversary all year long.

The following communities and community organizations have been selected to receive funds through Celebrate 150.



- Aboriginal Peoples Television Network (APTN)
- Art City
- Assiniboine Park Conservancy
- Baldur Recreation Center
- Bissett Community Council
- Brandon General Museum & Archives
- Centre Culturel Franco-Manitobain (CCFM)
- City of Brandon
- City of Portage la Prairie
- City of Selkirk
- City of Steinbach
- City of Thompson
- City of Winkler
- Clear Lake Chamber Music Festival
- Costume Museum of Canada
- Debwendon Inc.
- Deer Lodge Community Centre
- Festival du Voyageur
- Flin Flon Arts Council
- Folklorama
- Friends of Upper Fort Garry
- Gimli Film Festival
- Gimli Harbour Authority
- Grants Old Mill Museum
- Interlake Tourism Association
- Lakeland Regional Library
- Lawrence Recreation Commission
- Manito Ahbee Festival
- Manitoba Agricultural Museum
- Manitoba Airshow
- Manitoba Cricket Association
- Manitoba Cycling Association
- Manitoba Junior Hockey League
- Manitoba Music
- Manitoba Runners' Association
- Manitoba Summer Games
- Manitoba Theatre for Young People (MTYP)
- McCreary Heritage Advisory Committee
- Musée St-Joseph Museum
- Musée de Saint-Boniface Museum
- Nellie's Homes of Manitou (Nellie McClung Heritage Site)
- Oseredok Ukrainian Cultural and Education Centre
- Plug In Institute of Contemporary Art
- Queen's Own Cameron Highlanders of Canada
- Recreation Connections Manitoba
- Riverton & District Friendship Centre
- RM of Ste. Anne
- Rossburn Recreation Commission
- Royal Manitoba Theatre Centre
- Royal Winnipeg Ballet
- Sara Riel Inc.
- SDC La Broquerie CDC
- Société de la francophonie manitobaine (SFM)
- Société historique de Saint-Boniface
- South Whiteshell Trail Association
- Special Olympics Manitoba
- St. Adolphe Community Club
- Sun Lodge Village
- Swan Valley Historical Society
- The Manitoba Museum
- The Nellie McClung Foundation
- The Pas Arts Council
- The Sam Waller Museum
- The WRENCH
- Theatre Projects Manitoba
- Thompson Zoological Society (Boreal Discovery Centre)
- Town of Altona
- Town of Melita, Two Borders, Brenda-Waskada
- Town of Neepawa
- Town of Niverville
- Town of Ste. Anne
- Town of Stonewall
- Town of Swan River
- Town of Virden
- Town of Winnipeg Beach
- Treesbank Community Club Inc.
- Turtle Lodge
- Union nationale métisse Saint-Joseph du Manitoba
- United Community Arts
- Wasagaming Community Arts
- Winnipeg Chinese Senior Association
- Winnipeg Folk Festival
- Winnipeg Symphony Orchestra

Visit the [manitoba150.com](http://manitoba150.com) Celebrate 150 page for regular updates.

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# Festival du Voyageur celebrates kinship of fur trade



RECORD PHOTOS BY LIGIA BRAIDOTTI

Festival du Voyageur kicked off another season of celebrations on Feb. 14 with a weekend packed with the festival staples of maple taffy, kitchen parties, jigging, snowshoeing, and capot-adorned festival-goers. This year, the festival is welcoming a huge increase in Indigenous programming, new ecological initiatives, and the largest tent in the history of the festival. Festival du Voyageur is held until Sun., Feb. 23.

## Happy Birthday Manitoba – let's keep building for the future

Submitted by The Selkirk and District Community Foundation

There's no better way to celebrate Manitoba's 150th birthday in 2020 than to continue building this great province of ours.

The Selkirk and District Community Foundation (SDCF) is participating in the Build 150 program to ensure the Triple S area leaves a legacy of this milestone year.

Thanks to support from The Richardson Foundation, Manitoba 150 is making up to \$1.22 million available in matching grants to the province's 55 community foundations for building projects to celebrate the province's birthday.

"All of us at the SDCF are beyond thrilled to be able to play a small role in celebrating the 150th year of Manitoba's existence," said Chairman Aaron Martyniuk.

"The Build 150 program will allow communities to play a role in this historic occasion and to keeping building on the successes of the past and leave a legacy that future generations can celebrate and enjoy."

Bev Clegg, Executive Director for the SDCF, says they will be accepting grant applications until Monday, March 2 and eligible projects should have a lasting presence in the community and an impact on a significant portion of the local community. The projects should also be as inclusive as possible.

March 2 is also the deadline for the spring intake of SDCF grant applications.

Some examples of projects that could be eligible for a Build 150 grant include amenities for a public space, such as park benches, bike racks or public art; equipment for a community space, like a community centre; or a project to revitalize something with historical significance, like a statue or a building.

Groups and organizations eligible to apply include registered charities, rural municipalities, cities and towns, for projects that benefit the entire community.

For more details go to [sdcf.ca](http://sdcf.ca); email [selkirkfoundation@shaw.ca](mailto:selkirkfoundation@shaw.ca); or phone 204-785-9755.

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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE

## Maintain indoor air quality all year long

Millions of people anxiously anticipate the arrival of spring. Months spent cooped up indoors as temperatures outside dip below freezing can take their toll, and those first warm, sunny days of spring can be just what people need to kick the winter blues.

Winter can be dreary for people confined to indoors as temperatures drop, and poor air quality in a home can add to that dreariness while adversely affecting individuals' health. Air quality tends to suffer most in winter, but there are ways to ensure the air inside a home stays healthy all year long.

· Inspect and address any sources of carbon monoxide. Carbon monoxide, or CO, is an invisible, odorless gas that can contribute to poor indoor air quality and a host of health problems if it goes undetected in a home. According to the U.S. Centers for Disease Control and Prevention, potential sources of CO in a home include improperly vented natural gas appliances, such as stoves and water heaters, gas-powered tools that are used indoors, clogged chimneys, or blocked heating exhaust vents. Men and women can periodically inspect potential sources of CO and address any issues they find while also making sure all CO detectors are properly installed and functioning optimally.

· Inspect HVAC ducts. Ductwork is used to deliver warm or cool air in homes with heating and air conditioning systems. The U.S. Environmental Protection Agency notes that much of the dirt in air ducts adheres to the duct surfaces without ever entering living spaces. However, the EPA notes that homeowners should consider having their ducts cleaned if an inspection uncovers substantial visible mold growth. In addition, the EPA recommends homeowners consider cleaning if ducts are infested with vermin or clogged with excessive amounts of dust or debris.

· Avoid chemical cleaning products. Chemical cleaning products may be great at disinfecting dishes, countertops and other areas in the home, but

such items may be toxic and adversely affect indoor air quality. For example, chemicals such as bleach and ammonia, which are used in many commercial cleaning products, can linger in the air, irritating the eyes, nose, throat, and lungs. Homeowners concerned about the quality of air in their homes also can avoid scented products, such as air fresheners and scented detergents, which the National Institute for Occupational Safety and Health notes may release volatile organic compounds into the air.

· Inspect bathrooms for mold growth. Mold can grow on surfaces that are routinely wet, and that makes poorly ventilated bathrooms common sources for home mold infestations. Mold can adversely affect indoor air quality when mold spores are released, potentially triggering allergic reactions, asthma attacks and respiratory conditions. After bathing in bathrooms without vents, men and women can open windows so the room dries before mold can grow. In bathrooms with vents, make sure vents are running during baths and showers and afterward until ceilings, walls and floors appear dry.

Poor indoor air quality can be easily addressed to ensure individuals stay healthy throughout the year.





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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Factors To Consider When Choosing Carpeting

When the time comes to choose flooring for their homes, homeowners may be overwhelmed by the vast array of options at their disposal. The choice between carpet and hardwood flooring, laminate or tile is a matter of personal preference. People have long extolled the virtues of hardwood flooring, but carpeting can be just as stylish and provides a host of other benefits as well.

Carpeting insulates rooms in the summer and winter, adding that extra level of protection against the elements. Carpeting also absorbs

sound in a home. Many appreciate the warmth and cozy feeling of carpet, especially when stepping out of bed. Carpeting also can increase the level of safety at home. According to the Carpet and Rug Institute, carpeting makes areas of play safer and may also reduce the severity of an injury in the event of a fall.

Today, there are many different types of carpeting available. Selecting the right carpeting for a room comes down to identifying the level of traffic in a particular room, the attributes homeowners would like the carpet to have and any other needs that fit with their lifestyles. The following guidelines can make carpet shopping a bit easier.

### Type of carpeting

There are many different types of carpeting, some of which are best suited to certain situations. For example, plush and saxony carpets are better in low-traffic areas. These carpets may show footprints and also vacuum tracks and dirt, but they're higher on the comfort spectrum than other types of carpet. Berber, which is more flat and dense, helps mask stains and tracks. It is durable in high-traffic areas. Textured carpets like frieze are cut from fibers of different heights, so they mask stains and are also softer on the feet than berber.

### Padding

Padding can impact the way carpeting feels and how long it lasts. It isn't always necessary to purchase the most expensive or thickest pad-



ding. However, it is wise to pick a pad that matches the type of carpeting you're selecting and one that aligns with how you plan to use the room. You may be able to go with a thinner pad in low-traffic rooms and beneath dense carpeting like berber. In high-traffic rooms, choose a thicker, more durable padding. Padding prevents carpet backing and fibers from coming apart over time. It pays to invest in a padding that will last as well.

### Installation

Select a reliable carpet retailer and

installer for your business. Competent installers will lay the carpeting in the correct manner so that it will look beautiful and maintain its durability for the life of the product. Shop around to find the right installer or even do the work yourself if you feel capable.

Take time when shopping for carpeting, which is a substantial investment that can last for many years if the right material is chosen and installed correctly.

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# Your Local Community Home Real Estate Section

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## Making a Family Move Easier

Whether or not to relocate can be a difficult decision. Sometimes such decisions are borne out of necessity when a parent is relocated by his or her company. Other times it is a personal reason to try out a new neighborhood or upgrade to a larger home. Whatever reason is behind a move, it can take some time to adjust to both the idea of moving and the new living space - especially for children who may seem disconnected from the decision. The following tips can make the transition a little easier for families.

### Talk about it

Do not blindside children with a move. Begin having conversations as a family as soon as the possibility of moving arises. Involve the children in some of the decisions. Ask about the features they want to see in their new home. Explain that people, be it prospective buyers, real estate agents or movers, will be visiting your current home and that this may be a little disruptive. Talk about the reasons for the move, such as a new job or that the family has outgrown the space. Kids can process much more than many adults give them credit for.

### Discuss any concerns

Children may have concerns about the move that differ from adults'. Many of these may pertain to fears about making new friends or coursework at a new school. Let them voice their opinions. Removing some of the mysteries by visiting schools or local hangouts before the move is made can assuage some fears.

### Create some familiarity

Set aside boxes or bins that will house kids' toys or things that the family recognizes. These may include photo-

graphs, games, throw blankets, or the creature comforts of home. Make these the first items that are unpacked upon moving into the new house.

### Use the agent as a resource

Many real estate agents live in the towns where they make their living. Find out if the agent can set up a meet-and-greet or if he or she knows of any clubs or leagues that suit your family's interests. Making a few introductions ahead of time will give children and adults some familiar faces on their first days in their new home.

Families shouldn't shy away from making their own introductions as well. Knocking on a few neighbors' doors and letting them know a new family is coming to the street can pave the way for familiarity and friendships.

### Stay in touch

Encourage children to stay in touch with their current friends. Video chat enables kids to see and speak with peers. When things settle after the move, arrange for a surprise play date where children can introduce their old friends to newer ones.

### Stick to a routine

One of the ways to breed familiarity is to stick to the same routine. If a big Sunday family dinner was the norm, continue the tradition in your new home. Wake



in the morning and go to bed at the same time. According to Vanessa Lapointe, a registered psychologist in Surrey, British Columbia, structure and routine are key for children. Try to focus on one new thing at a time to minimize stress.

Moving can be exciting and scary at the same time. Children may be anxious about the process, but families can work together to iron out the kinks and settle into their new homes successfully.

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# Selkirk Steelers celebrate Indigenous culture



RECORD PHOTOS BY BRETT MITCHELL AND BILL NEWZMAN SMYTH  
The Selkirk Steelers kicked off their Indigenous Classic Weekend on Feb. 13, at a dinner with guest speaker Ted Nolan, former NHL player and head coach of the Buffalo Sabres. Following the dinner, the Steelers hosted two games against the Winkler Flyers and the Neepawa Natives on Feb. 14 and 15 where Debbie Couple sang the Metis National Anthem and there were performances by Morgan Ginther, Norman Chief Memorial Dancers and 11-year-old Peyton Habinski who presented jiggling to the crowd. After the games, the Steelers held a social that included a silent auction and a mega 50/50.

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# get inspired

> MEAL IDEAS



I plan on contributing to my RRSP as I always do, but wondered how it works if I also contribute to a spousal RRSP. Does this count towards my contribution limit or my partner's limit. It is quite confusing. Could you let me know.

George

## Dear George – RRSP Saver!

RRSPs are Registered Retirement Savings Plans and a fabulous way to help you save for your future ensuring your invested funds grow tax free until the withdrawal. Nowadays most people agree that we cannot base our retirement future on government pension allowances. Trying to live on a small government subsidized pension income would be virtually impossible for most Canadians with debt. This is why planning and saving early is so important and RRSPs should be an integral part of everyone's investment portfolio.

Contributing to a spousal RRSP is a great way to even out the contributions so each partner has similar savings portfolios. We recommend this often when incomes are varied between couples so that the higher income earning spouse can contribute to the lower income spouse's portfolio. The

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thing to remember is that any contributions you make to your spouse's RRSP will be deducted from your RRSP limit and not your spouse's limit. The tax deduction is given to the contributor and would be limited to their personal CRA limit.

Essentially this is a form of income splitting between spouses and ensures that registered account balances are kept fairly even for both partners. Once retired, each partner should plan to have approximately the same amount of income that they are drawing out of their investments to ensure they are in the same marginal tax rate.

One thing that you must keep in mind when you contribute to a spousal RRSP is the rule of attribution. If the spouse who received the contribution withdraws the money from their RRSP during the year of the contribution or up to and including the two preceding years, the contributing spouse would be taxed. Now knowing this, make sure you do not contribute to a spousal RRSP if you are nearing retirement and foresee future withdrawals.

Hope this helps George. Don't forget, the RRSP deadline for 2019 contributions is March 2, 2020.

Good Luck and Best Wishes,  
Money Lady

Written by Christine Ibbotson, Author of "How to Retire Debt Free and Wealthy" If you have a money question, please email on my website at: [www.askthemoneylady.ca](http://www.askthemoneylady.ca) Follow on Facebook and Instagram

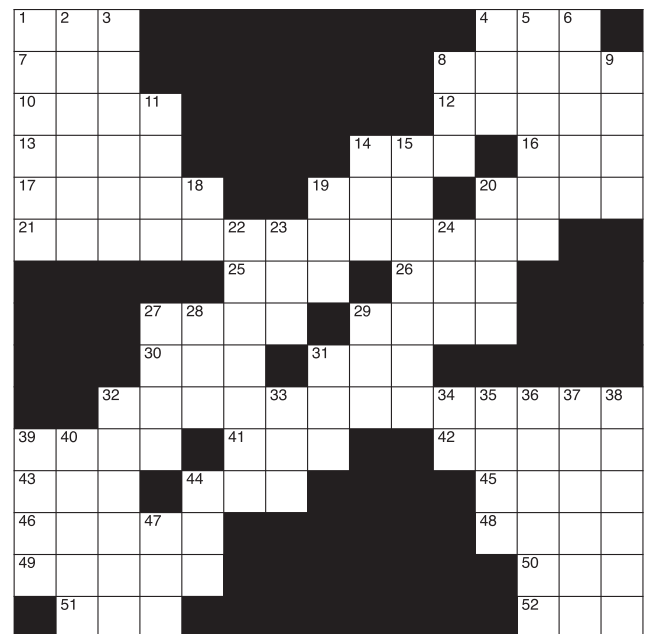
## CROSSWORD

### CLUES ACROSS

1. Expression of disgust
4. A place to unwind
7. A type of cooking range
8. Grasp tightly
10. Sea eagles
12. Carb dish
13. Late-night host
14. Revolutions per minute
16. Indicates odd or erroneous
17. FDR's military chief of staff
19. Swiss river
20. Norwegian district and river
21. A form of motivation
25. Car mechanics group
26. Once a must-have home theater accessory
27. Broken branch
29. Apple and pumpkin are two
30. Skeletal muscle
31. Small Eurasian deer
32. Tight-lipped fellow
39. Comes after a cut
41. A place one lives
42. Cognizant of
43. Albanian monetary unit
44. Carrot's partner
45. Famed garden
46. Chilean seaport
48. Days (Spanish)
49. Sudden anxiety
50. 100 square meters
51. A type of beer
52. French/Belgian river

### CLUES DOWN

1. Spanish dish
2. Concurs



3. \_\_\_ and her sisters
4. Patti Hearst's captors
5. Used to refer to cited works
6. A state of excited movement
8. Advertising term (abbr.)
9. Nocturnal S. American rodent
11. New York art district
14. Bravo! Bravo! Bravo!
15. Pre-release viewing
18. Northwestern Canadian territory (abbr.)
19. Consumed
20. Falts
22. Radioactive form of an element
23. Catch a wrongdoer
24. Breeze through
27. Thick piece of something
28. Yellowish-brown color
29. "The Raven" poet
31. Rural free delivery (abbr.)
32. Creating
33. Supervises flying
34. Northwestern state
35. Was obligated to repay
36. Diverging in lines from a common center
37. Bleak
38. We all have them
39. Hit with the palm of one's hand
40. Sea that's part of the western Pacific
44. Political action committee
47. Famed Spanish soldier El \_\_\_

Please see classified section for Answers

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Raiders defeat Riels on Louis Riel Day

Staff

The Raiders Jr. Hockey Club had another great reason to celebrate Louis Riel Day on Monday.

The Raiders exploded for four second-period goals in a 5-3 victory over the St. Boniface Riels in Manitoba Major Junior Hockey League action.

Milan Horanski and Dawson Anderson each scored twice for the Raiders while Carter Ives also tallied.

Joe Akidari, with a pair, and Trent Thornston replied for the Riels.

Jeremy Pikel made 34 saves for the win.

On Sunday afternoon, the Raiders lost 3-1 the Ft. Garry/Ft. Rouge Twins.

Horanski gave the Raiders a 1-0 lead with a power-play goal midway in the first period, assisted by Kyle Wiltshire and Auzzie Loewen-Palmer.

But Anton Uruski, Jack Cowell, and Ben Orris, on the power play, scored for the Twins.

Last Friday, the Raiders lost 3-0 to the Jets in Stonewall.

Jayson Brooks and Chance Dickenson scored second-period goals and then Keevan Daniels-Webb tallied in the third.

Stonewall outshot the Raiders 44-20 as Curtis Beck posted the shutout.

The Raiders, now 18-15-5 and with 41 points to sit in sixth-place in the 10-team standings, will host the St. James Canucks Friday and then will visit the St. Vital Victorias next Tuesday.



RECORD PHOTO BY LANA MEIER

The Raiders' Milan Horanski battles the Jets' Brandon Kochen for the puck last Friday.

## Senior send off



RECORD PHOTO SUBMITTED

The Selkirk Royals varsity girls' basketball team recently honoured their four graduating players. Pictured, from Left to right, Glen Hanson (coach), Abby Benson, Sue Gilmour (coach), Emma Benson, Kiera Dawson, Nyla Hacault, and Richelle Recksiedler (coach).

## Warren, Altona to clash in SEMHL semifinal series

Staff

The second-place Warren Mercs will have home-ice advantage in their best-of-seven South Eastern Manitoba Hockey League semifinal series against the third-place Altona Maroons.

Game 1 of the series was played Tuesday in Warren but no score was available at press time.

Game 2 is set for Altona on Thursday and then the series returns to Warren Saturday.

Game 4 will be played next Tuesday in Altona. If necessary, Game 5 is slated for Warren on Feb. 27, Game 6 would be played Feb. 29 in Altona, and a series-deciding Game 7 is set for March 3 in Warren.

All games in the series will start at 8 p.m.

Both teams should be well rested as their last games were played way back on Feb. 1.

Warren won the season series 2-1 between these two closely-matched

teams, winning the final two meetings 11-3 and 6-4 while dropping the first matchup 7-5 in November.

Altona's Justin Augert and Warren's Johnny Lazo led their teams with eight points apiece in the three games.

Augert finished the regular season second in the league with goals scored (21) and was fourth in points with 40.

Lazo, meanwhile, was fifth in the league with 35 points (15 goals, 20 assists).

The two teams combined for 36 goals in the three regular-season games.

In the other semifinal series, the Carman Beavers will take on the Portage Islanders.

Portage defeated the Winkler Flyers 8-3 in a one-game survivor series and then swept the Notre Dame Hawks 2-0 in their best-of-three survivor series.



# Royals win bronze at Edmonton tourney

By Brian Bowman

The Selkirk Royals won the bronze medal at an Edmonton varsity girls' basketball tournament on Saturday afternoon.

Selkirk defeated Leduc, Alta. 62-59, overcoming an 18-10 second-quarter deficit.

"It was an awesome game," said Royals' head coach Sue Gilmour. "We got a lot of opportunities but just didn't quite finish in the first half. But once they started to drop a little bit and we got our confidence back (it was good) but they made it interesting down the stretch."

Selkirk had a comfortable lead in the fourth quarter but Leduc hit a couple of tough three-pointers to close to 61-59 with about 10 seconds remaining.

But the Royals' Abby Benson hit a very clutch free throw to put her team up by three.

"All foul shots down the stretch are super important and I think we were

2-for-12 in the first half from the foul line," Gilmour said. "Those foul shots when the pressure's on are critical, especially in a tight game like that."

Selkirk started the tournament with a 68-53 win over Yukon's FH Collins last Thursday.

The Royals started slow but took over the game in the second half.

The Royals then lost 59-52 to the host Harry Ainlay team on Friday.

"The girls really played hard," Gilmour noted. "It was a fast game. Harry Ainlay had some super fast, very athletic players and we did our best to contain them, which we did a very good job. We elevated our level of play against them. We came out a little bit short but it was a fantastic game."

It was an interesting game as Harry Ainlay is where Gilmour attended high school.

"It was really nostalgic, actually, my old high school coach was there and he watched my games and a couple

of my junior high coaches, they are diehard coaches, so they came and watched some games so that was kind of neat," she said. "It was a lot of fun and definitely surpassed all of our expectations."

Selkirk had a tremendous time competing against teams from outside of Manitoba. Winning the bronze capped off a tremendous trip.

"It was awesome," Gilmour enthused. "Obviously our goal was to win but the other goals were to do some team building and to get some experience against teams that you don't see all of the time."

Selkirk will wrap up league play Wednesday when it visits the Garden City Fighting Gophers. Tip-off is at 7:30 p.m.

In KPAC varsity boys' basketball action, Selkirk lost 76-69 at home to the Transcona Titans on Feb. 12.

The Royals, now 1-8 in league play, will battle the MBCI Hawks in their

regular-season finale next Monday (6 p.m.) in Winnipeg.

Selkirk's junior varsity girls, meanwhile, finished with an 0-2 record at its five-team home tournament last Saturday.

The Royals began play Friday with a 36-27 loss to the Maples Collegiate Marauders and then were defeated 32-28 by the W.C. Miller Aces.

In KPAC play, Selkirk was defeated 56-27 by the River East Kodiaks on Feb. 11.

The loss came just a day after the Royals defeated the Springfield Sabres 48-42.

The win was Selkirk's second consecutive in league play.

The Royals wrapped up their regular season this past Tuesday with a home game against the Miles Macdonell Buckeyes.

# Strikers reach WWSL's Third Division final

By Brian Bowman

The Tri-S Strikers are headed to the championship game of the Winnipeg Women's Soccer League's Third Division's indoor season.

Tri-S advanced to the final after defeating Swat 3-1 on Monday evening. The Strikers will now play in the championship game next Tuesday.

Tri-S started the playoffs with a solid 3-0 win over Hammer Time on Feb. 11.

"(It was a game) that we should win but they played well," said Strikers' head coach Dennis Tucker. "They've

gotten stronger since Christmas...but it took them time to gel."

The Strikers finished their regular season in first place with a 9-3-3 record and 30 points.

That was a single point ahead of Gateway Celtic and Greendell FC in the six-team division. Those two teams played to a 1-1 draw on Feb. 3.

The Strikers were, by far, the best offensive team in the division. Tri-S scored 62 goals in 15 games, 35 more than Gateway Celtic and Hammer Time.

"It's the opposite of what our teams usually are," Tucker said. "In outdoor last year, every time I lose somebody I gain a couple of young girls, (it was) the same thing this year (in indoor)."

Those younger players, said Tucker, bring a lot of skill and speed to the game. They compliment the veteran players well.

"They just took over," he said. "They started scoring goals, we give up a few, but it doesn't matter. It's not as big anymore because we can score more."

Tri-S was also very good defensively, allowing just 18 goals, which was third fewest in the division.

With the first-place finish during the regular season, Tri-S will now make the move up to Division 2 next season.

"We were the best team, they deserve to go up," Tucker said. "They're going to find it tough when they go up but, again, it depends what players you get."

# Abby Benson named MHSAA Urban Athlete of the Week

Staff

The MHSAA Urban High School Athlete of the Week is Abby Benson of the Lord Selkirk Royals' varsity girls' basketball team.

In a recent league game, she had a season-high 35 points with seven as-

sists, six steals, and five rebounds.

For the season, Abby Benson is averaging 23 points per game, shooting 33 per cent from the 3-point line, and earned MVP honours at the Maples Collegiate tournament.

"Abby brings a level of defensive

intensity that sparks her teammates and brings out the best in everyone," said Royals' head coach Sue Gilmour. "She is an exceptional leader on and off the court, and an excellent role model for her teammates and school."

In Grade 12, Abby Benson maintains an 91 per cent academic average.



Abby Benson

## Next Home Game

• **Sun. Feb 23**

**3:30pm**

**vs St. Malo Warriors**

## Next Away Game

• vs Lundar Falcons - Fri., Feb 21 - 8:00pm

**Meet the Fishermen**

**#25 Dane Derewianchuk**

Forward



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk going Gopher hunting in WHSHL playoffs

By Brian Bowman

The Selkirk Royals are looking to make some noise in the Winnipeg High School Hockey League playoffs.

Selkirk will battle the Garden City Fighting Gophers in a best-of-three series this week.

Game 1 was played Tuesday (no score was available) and then Selkirk will host Garden City Wednesday at the Rec Complex.

If necessary, Game 3 is set for Seven Oaks Arena. All four games will begin at 4 p.m.

The Royals' regular-season winning streak ended at five games after the St. Paul's Crusaders posted a 5-3 win over Selkirk in Platinum Promotions Division action on Feb. 11.

Jackson Schrofel and Mathew Donald scored power-play goals for Selkirk while Grafton Hopkins tallied at even strength.

Mathew Brooks had two assists for the Royals.

Adam Stewart, Nathan Stewart, John Blackwood, Jacob DeBlaere, and Matt Carlson scored St. Paul's goals.

Last Thursday, the Royals were edged 4-3 by the Dakota Lancers in their regular-season finale.

Donald, Austin Zirk, and Ashton Henry scored for Selkirk.

Ryland Nechwediuk, Ben Zander, Jalen Pritchard, and Nick Scrupa replied for Dakota.

On Feb. 10, the Royals defeated the first-place River East Kodiaks 4-3 at the Rec Complex.

Selkirk, which trailed 2-0 in the first period, received goals from Raymond Heffernan, Nathan Burzynski, Donald, and Aidan Einarson.

Kyle Follhoffer, Zirk, and Brooks each had two assists. Jordan Yakiwchuk picked up the victory in goal.

On Feb. 5, the Royals blanked the Westwood Warriors 2-0.

Heffernan scored a first-period goal for Selkirk and then Austin Wasnie

tallied in the second. Yakiwchuk posted the shutout.

On Feb. 4, Selkirk defeated College Jeanne Sauve 5-3 at Dakota Arena.

Selkirk, which built period leads of 1-0 and 2-0, received a two-goal and an assist effort from Heffernan.

Wasnie, Zirk, and Travis Paradoski each had a goal and an assist while Hopkins chipped in with two helpers.

Mathew Brown, Alex Hince, and Levi Keyes replied for CJS.

Yakiwchuk earned the win in goal.

Selkirk finished the regular season with 36 points to finish eighth, earning the final playoff spot in their division.

In Winnipeg Women's High School Hockey League action, the Royals lost 3-2 to the Kelvin Clippers on Feb. 10 at the River Heights Arena.

Camryn Horbaty and Sierra Bodnar scored for Selkirk in the third period. Hilary Robson, Martina Barclay and Bridget Smith replied for Kelvin.

Selkirk shut out the Shaftesbury Titans 2-0 at the Rec Complex on Feb. 6 in a game that was originally slated to be played Nov. 14.

Anna Sternat scored a second-period goal for Selkirk, assisted by Jana King.

King then made it 2-0 with a third-period tally.

Sam Robertson earned the shutout.

Selkirk finished the regular season with a 9-12-1 record and 19 points to place fifth in the eight-team CTV Division 1 standings.

Selkirk started a best-of-three series with Kelvin this past Tuesday but no score was available at press time.

The two teams will hook up again Wednesday (2:40 p.m.) at the River Heights Arena. If necessary, Game 3 is set for Friday (2:30 p.m.) at the Bell MTS Iceplex.

## Top spot in CRJHL will be decided in final regular-season game

By Brian Bowman

It is only fitting that the race for first place in the Capital Region Junior Hockey League standings will be decided in the final weekend.

The Selkirk Fishermen and St. Malo Warriors will wrap up their regular-season schedules Sunday at 3:30 p.m. when they battle at the Rec Complex.

At press time Tuesday, St. Malo was tops in the five-team league with 70 points, one point ahead of Selkirk.

St. Malo hosts the last-place North

Winnipeg Satellites on Friday evening.

The Fishermen blasted the Satellites 9-2 last Sunday at the Rec Complex.

Evan Bedard had a tremendous game with three goals and two assists while Reece Tessier tallied twice and Jordan Simko and Kyle Melo each had a goal and two assists apiece.

Cale Jonski and Dane Derewianchuk also scored for the Fishermen. Derewianchuk, Josh Poponick, and Travis Spratt each finished the game with two points.

Derian Emes scored in the first and second periods for North Winnipeg.

The Fishermen outshot the Satellites 53-19 as Brendon Hocaluk earned the victory.

On Saturday, Selkirk downed the Warriors 3-1 in St. Malo.

Tessier, on the power play, and Melo scored first-period goals for the Fishermen before the Warriors' Hayden Hildebrand answered with a second-period marker.

Bedard then closed out the scoring

with 8:07 remaining in the third period. He continues to lead the Fishermen with 35 points in 30 games (18 goals, 17 assists).

Jordan Simko and Dane Derewianchuk each finished the game with two assists.

Riley Bannerman stopped 25 St. Malo shots for the victory.

The Fishermen will also visit the Lundar Falcons on Friday (8 p.m.).

## Dr. Dale Iwanoczko Memorial Volleyball Scholarship 2019-20 recipients

Staff

The Manitoba High Schools Athletic Association and Volleyball Manitoba announced the 2019-20 recipients of the Dr. Dale Iwanoczko Memorial Volleyball Scholarships last week.

This year's four winners are Taylor McGillivray (Dakota Collegiate), Devon Borody (Portage Collegiate Institute), James Duerksen (St. Paul's High School), and Tyson Koop (Steinbach Regional Secondary School).

These \$1,000 scholarships are awarded annually in memory of former Selkirk volleyball player, Dr. Dale

Iwanoczko.

Iwanoczko began his volleyball career playing for Lord Selkirk Regional and the University of Manitoba Bisons where he was named a five-time All-Canadian. He was selected as the CIS/CIAU Most Valuable Player in 1990 and led the Bisons to a national championship title in 1991.

He also played on Manitoba's provincial and Canada Games teams.

Iwanoczko was selected as Valedictorian, Governor General Award winner, and Athlete of the Year at Lord

Selkirk Regional in Grades 11 and 12. He obtained his medical degree from the University of Manitoba, and sadly passed away at the age of 30, after succumbing to Hodgkin's disease, a battle he had fought valiantly for 14 months.

Several of Iwanoczko's friends have continued to raise funds for this scholarship which is named in his honour and memory.

To be eligible for this scholarship a student must be proceeding to a post-secondary institution and have a min-

imum 75 per cent academic average. The individual must have proficiency in volleyball, while academic standing, and involvement in their school and community are also considered.

Iwanoczko, meanwhile, was honoured for his outstanding University of Manitoba career when he was named the latest inductee into the Canada West Hall of Fame last Friday.

Iwanoczko is the final Bisons' inductee and 99th overall as part of Canada West's first 100 entrants into their new hall of fame.



# Steelers lose three home games last week

By Brian Bowman

Last week was not very kind to the Selkirk Steelers.

The Steelers lost all three of their games last week, culminating with a 4-3 overtime loss to the Neepawa Natives Saturday evening at the Rec Complex.

Selkirk cannot be losing to last-place teams in their own barn this late in the season.

"It's certainly not good, I'll tell you that," said Steelers' head coach Nick Lubimiv. "I'd like to think the guys are just as (ticked) off as I am. We can't seem to find the back of the net."

Konnor Carlson's second goal of the game was the winner in OT.

Selkirk's Tanner Pochipinski had tied the score at 3-3 at 10:44 of the third period.

Neepawa took a 2-0 first-period lead on goals by Rylan Gudnason and Brady Morrison before Selkirk's Ryan Ostermann tallied at 14:56 of the opening period.

Selkirk outshot Neepawa 14-7 in that first period and 41-25 for the game. The Steelers' controlled and, at times, dominated the game.

"We were down after the first and we liked the way we were playing," Lubimiv said. "They were capitalizing and we weren't but I felt we played a good chunk of that game in their end and we created (scoring chances). We just missed nets or had shots blocked,

or their goalie made saves - it was frustrating."

Carlson made it 3-1 at 5:08 of the middle frame but Selkirk's Connor Krywy tallied about 10 minutes later.

Last Friday, the Steelers were dumped 6-2 by the Winkler Flyers in Selkirk.

The teams were tied at 2-2 until Winkler's Griffin Leonard scored at 19:14 of the second period.

"For 39 minutes, we really liked our game," Lubimiv said. "We were playing at the level that I thought we could play. It's just finding consistency and doing it for 60 minutes. "That goal really seemed to take the wind out of our sails and, unfortunately, we didn't recover. The third period was our worst period."

The Flyers carried the momentum from that goal into the third when Nathan Poolman, Kyle Lamoureux, Jaden Townsend tallied.

Poolman and Townsend scored first-period goals for Winkler.

Caiden Gault and Blake Burr replied for Selkirk. Both teams scored a power-play goal.

On Feb. 11, Selkirk was doubled 4-2 by the Virden Oil Capitals at the Rec Complex.

Gavin Andres and Burr scored for Selkirk while Jayden Wojciechowski, Owen Blocker, Jack Einarson, and Hunter Andrew tallied for Virden.

Andrew's goal came with 51 seconds



RECORD PHOTO BY BRETT MITCHELL

The Selkirk Steelers' Ryan Piwniuk looks to make a play against the Virden Oil Capitals during MJHL action Feb. 11 at the Rec Complex. Selkirk lost the game 4-2.

remaining in the third period with Steelers' goalie Rory Dumelie pulled for an extra attacker.

Selkirk, now 23-26-4-1 with 51 points to remain in eighth place, four points ahead of the Winnipeg Blues, played the Flyers this past Tuesday but no score was available at press time.

Selkirk will battle Winnipeg in a key game on Friday (7:30 p.m.) at the RINK Training Centre and then will

visit the Portage Terriers Sunday (6:30 p.m.).

"(Against the Blues), that's a four-point game and everyone knows it," Lubimiv said. "They're getting points and winning games, so hopefully that creates some urgency for us. We're looking forward to that one, for sure, because that will be a playoff-type game."

# Mandryk, Schwartz lead Bisons to Saturday victory

Staff

The University of Manitoba Bisons were down two sets to none to the Saskatchewan Huskies but came back to win (23-25, 22-25, 25-21, 25-19, 15-9) on Saturday night at the Investors Group Athletic Centre.

The Bisons blocking game ignited the comeback as they rattled off three straight set victories to snap their eight-match losing streak and finished their Canada West season on a

winning note.

Down two sets to one and trailing in the fourth set 16-14, the Bisons came from behind to take their first lead of the set 19-18.

From there, Manitoba strung together five more points in a row, thanks in large part, to two huge blocks from Lockport's Jack Mandryk.

St. Clements' Owen Schwartz finished off the fourth set with his 13th kill of the match to tie the game at two

sets a piece.

Earlier, four kills from Schwartz helped the Bisons secure the third set, sparking the Manitoba comeback.

On Friday, the Bisons lost 3-1 (25-18, 23-25, 22-25, 20-25) to the Huskies.

Schwartz, a former Selkirk Royals' standout, led the Bisons with 17 kills.

"Owen's been our steadiest guy all season long," said Bisons' head coach Garth Pischke on the team's website. "He has had such a positive influence

on the court for the guys this season. I am very impressed with the way he has been playing."

On Tuesday, Schwartz was named the Boston Pizza Bison Male Sports Athlete of the Week.

The loss slipped Manitoba to 7-14 and out of the Canada West playoff picture. The Bisons, though, will still compete as the host at the 2020 U SPORTS Men's Volleyball Championship this March.



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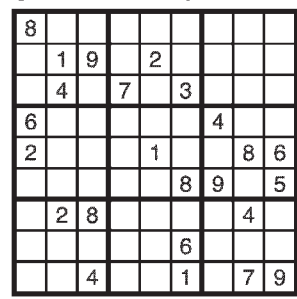
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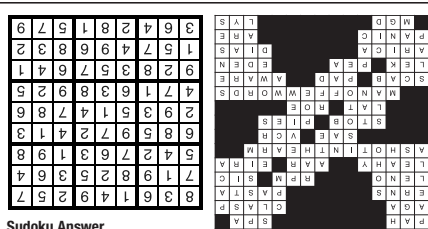
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## PUBLIC SAFETY NOTICE

## Dangerous Ice Conditions During Ice Cutting and Ice Breaking Operations

Ice cutting crews will begin working on or about February 19th on sections of the Red River beginning in the Netley Lake area and will move upstream towards Selkirk. On February 24th, the Amphibex ice breakers will start operating at the mouth of Netley Creek.

**Dangerous ice conditions may not be obvious but will exist.** Ice fishers, cross-country skier, snowmobilers and others going on the frozen river must:

- Use caution on the ice
- Stay away from the ice cutting and ice breaking equipment
- Watch for posted warning signs about dangerous ice
- Watch for notices to remove ice shacks and remove them promptly





# Announcements

Selkirk Record

## ANNOUNCEMENT

### BIRTHDAY



Elizabeth Arlo Ostash  
"Sunny"

Is celebrating her 1st Birthday  
On February 23, 2020

Proud parents are Jane Storoschuk and Jon Ostash. Grandparents are Jennifer and Rick, Heather and Cal and Jean and Terry. Great-grandparents are Arlene and Lyle, Liz, and Rae and Bruce, and best Aunty ever, Kara Storoschuk.

## ANNOUNCEMENT

### CARD OF THANKS

The family of the late Barry Evason would like to thank everyone who was with us in presence, thoughts, prayers and kindness during his illness. A big thank you to his doctors and staff at Selkirk Hospital; to his palliative care team and his home care workers. A special thank you to Cole Gramble for his kindness and prayers. His many visits helped us through a very trying time in our lives. To all our families and friends, thank you for your incredible support. Their love and kindness was overwhelming. Thank you to all who went through this incredibly heartbreaking journey with us.

-Eva (Posaluko), Derek, Tracy, Brett and families

## ANNOUNCEMENT

### BIRTHDAY



Happy 91st to Lorne Thomas  
February 24th

-Love from your family

## ANNOUNCEMENT

### IN MEMORIAM

In Loving Memory of  
Linda Peebles (nee Starodub)  
who passed away February 23, 2004

If tears could build a stairway,  
And memories a lane;  
We would walk up to heaven,  
To bring you home again.  
No farewell was spoken,  
No time to say goodbye;  
You were gone before we knew it,  
Only God knows why.

-Loved and sadly missed,  
your entire family

There is a link death cannot sever,  
Love and remembrance last forever.

## OBITUARY

### William James (Jim) Christison

Born February 5, 1953, passed away February 15, 2020 at the Selkirk Regional Health Centre after a short but courageous battle with cancer.

Jim was originally from Carberry, Manitoba. His career was with Manitoba Hydro and he moved various places in Manitoba, finally settling in East Selkirk in 1980. In 1997 he married Elenore (Ellie) Zarichney of Selkirk.

Jim was very involved with Manitoba Agricultural Museum, as well as other Antique Tractor clubs in Canada and USA.

Jim was predeceased by his parents and his wife Ellie. He is survived by his step-sons Matt Zarichney and Sheldon (Theresa) Zarichney; brothers Alex (Lynn) and Garth (Donna) and their families; grandchildren Heather, Brittany, Zakary, Terri, Wayne and Jessica; four great-grandchildren and several grandpups.



Cremation has taken place and a Celebration of his Life will take place on Monday, February 24, 2020 at 11:00 a.m. in the Gilbert Funeral Chapel, 309 Eveline St. Selkirk, MB with reception to follow. He will be laid to rest at a private family service at the Carberry Cemetery at a later date.

The family would like to extend sincere thanks to the staff at Selkirk Regional Health Centre and Gilbert Funeral Home for their compassionate service at this difficult time.

In lieu of flowers, please make a donation to CancerCare Manitoba or a charity of your choice. Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbert Funeral Home, Selkirk in care of arrangements.



## ANNOUNCEMENT

### IN MEMORIAM



Steven Banera

April 17, 1933 – February 25, 2018

A day to remember, sad to recall,  
Without farewell, you left us all.  
Sadly missed and loved forever.

-Joyce, Sheryl, Trent and families

## ANNOUNCEMENT

### IN MEMORIAM



Ed Wabick

April 30, 1939 – February 24, 2015

Five years have passed.  
We'll always remember your big smile  
And your kind and generous nature.  
You being there for us through the good  
And bad times, no matter what.  
Remembering you is easy,  
We do it every day;  
Missing you is the hardest part,  
That never goes away.

-Forever loved and dearly missed,  
Jean and family

## MEMORIAL SERVICE

2004 - 2020

In loving remembrance of the late  
Rev. Father Gregory (Harry) Oliynek

Former Komarno resident and Pastor of the Ukrainian Catholic churches in Selkirk and Gonor area, reposed in the Lord on Sunday, February 29, 2004.

Everyone is welcome to attend the Memorial Divine Liturgy, celebrated by the Archbishop, Pastor and other clergy at the Holy Eucharist Ukrainian Catholic Church, Sophia St. and Pacific Ave, Selkirk (west) on Saturday, February 29, 2020 at 11:00 a.m. with a luncheon to follow in the church hall.



## OBITUARY

### Andrew Bosko

It is with heavy hearts, we announce the passing of Andrew (Andy) Bosko, our beloved husband, father, grandfather, great-grandfather, brother and uncle at Red River Personal Care Home on February 15, 2020.

Andy was born August 7, 1929, in East Selkirk, Manitoba to Annie and Anthony Bosko. He is survived by his wife, Julia; his children Peggy (Gary), Terry, Patty (Melvin), Andrea (Pat), Heather (Mike), and Jonathan (Corey), 15 grandchildren, and six great-grandchildren. Andy also leaves to mourn his passing four brothers, one sister, as well as many beloved in-laws, nieces and nephews. Andy was predeceased by his mother Annie, father Anthony and three brothers.



Andy was the first born of nine children. He learned from his father and grandfather how to work the land and raise farm animals. Recently, he spoke of how he cultivated the land by walking and using horses. He also told of how he had to make the five mile walk on the railway tracks to school and in the winter would carry a heated stone in order to stay warm. Andy went to school until he was in Grade 4. From there he worked on the farm.

When Andy got older, he would drive to Red Lake, Ontario, where he would sell vegetables and work as a camp cook. After he married Julia, they began a family. Together they had a mixed grain and animal farm, raising cattle, pigs and chickens and selling eggs. Andy also did shift work at the Manitoba Rolling Mills for 15 years, while raising his family of six children with Julia.

Dad was one of the smartest and most versatile people around. His list of many talents included: farmer, veterinarian, mechanic, accountant, welder, plumber, electrician, carpenter, wine maker, bee keeper, just to name a few. Up until last fall, Dad could be seen cutting the grass, visiting his neighbors on his quad, watering tomatoes, driving his tractor, cutting branches, picking raspberries, feeding the birds and playing and winning checkers with his grandchildren. Dad loved to visit and tell stories. He would often go to town and have many conversations at the grocery store with old friends and new. Dad's greatest joy was having the whole family around to celebrate birthdays, anniversaries and holidays. He will be lovingly missed by his two dogs, Ginger and Sandy.

Andy's family would like to thank the staff at Red River Personal Care Home, Selkirk Regional Health Center and St. Boniface Hospital for the care and compassion they gave Andy.

A memorial service was held on Wednesday, February 19, 2020 at 11:00 at Gilbert Funeral Home in Selkirk. A private family interment will be held at a future date.

Anyone wishing to make a donation in Andy's memory may do so to a charity of their choice. Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbert Funeral Home, Selkirk in care of arrangements.





OBITUARY



**Henry Alfred Smith**  
June 5, 1938 - February 17, 2020

It is with deep sorrow that we announce the passing of Henry (Hank) Smith on February 17, 2020 in Selkirk, Manitoba.

Left to mourn his loss are his son Jeff (Sandra and grandchildren Liam and Abigail), son Jaimie, daughter Jennifer (Mike) and the mother of his children and friend, Glennis. Hank will also be missed by his dear friend Maeola, his sister Janet and numerous nieces, nephews and friends.

Hank was predeceased by his parents Rose and Philip, brothers Philip and Paul and son-in-law Jason.

Dad was a very creative man which was demonstrated through his landscaping projects, his beautiful duck carvings and his never ending latest inventions. He lived in many places, choosing to make his career landscaping on Victoria Island and then doing the grounds at a cemetery in Vancouver, making many friends along the way. Upon retiring, Dad returned home where he got back into his passion of hunting, trapping and fishing. He was the happiest outdoors and would spend hours driving the back roads and singing old country while keeping an eye out for wildlife. He was an independent, strong willed man with an amazing sense of humour, which he maintained despite numerous health issues the last year and a half of his life.

The family would like to thank the staff on Med/Surg at the Selkirk Regional Health Centre and Red River Personal Care Home for their care and compassion.

As per Dad's request there will be no service.

We hope that you are finally at peace and that you are somewhere laughing, singing and fishing.

We love you Pretty Pa.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



**Amy Elizabeth Ridgway**  
November 21, 1936 - February 13, 2020

It is with deep sadness that we announce the passing of Amy Ridgway on February 13, 2020. She will be lovingly remembered by her children and grandchildren: Delmarie (Svend, Vicky, Leigh-Ann, Erika, Erik), Lynette (Tsara, Jady, Brandessa, Khiya, Dar, Cash, Chance, Rye), Robert (Tyler, Tara), and Ramey (Tobin, Avery, Adynn), her 15 great-grandchildren, three great-great-grandchildren, and brother Bill.

Amy was predeceased by her husband Stan Ridgway, by her first husband Bob Cyr, son Henry, parents Maude and Joseph Chambers, and her brother Frank.

Amy was born and raised in southern Alberta and moved to Selkirk, Manitoba in 1960. She had a dream to become a teacher. She went back to school to complete teachers' college and begin teaching. She continued her education while raising her family and received her Bachelors of Education. She taught grade one for a few years and established the first nursery school in Selkirk. In 1976 Amy began teaching grade 5 students in St. Norbert, Manitoba until she retired at 58 years of age.

Amy loved spending time sharing her passion for music and plays with her grandchildren and great-grandchildren. She travelled all over the world and passed that sense of adventure to her family. She loved the Caribbean and spent several summers there teaching with OCOD. Amy was very social with a wide circle of friends, greatly enjoyed playing bridge, and was very fond of her P.E.O. Sisters.

Amy love to bake with her grandkids. She was a wonderful cook and baker and all her family and friends were welcome at her table.

Donations in her memory can be made to The Children's Hospital Foundation of Manitoba, CE501-840 Sherbrook St. Winnipeg, Manitoba, Canada, R3A 1S1.

A Celebration of Life will be held in the spring of 2020 with more details at that time.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



**Fritz Paul Peukert**  
October 14, 1927 - February 6, 2020

The family of Fritz Peukert are sad to announce that on February 6, 2020, he passed away after a lengthy stay in hospital/long term care. Fritz is survived by his wife, Annemarie; his daughter, Petra (Tim); his grandson, Blair (Sam); his granddaughter, Sasha (Ted); and his great-grandchildren, Eli, Lila, Sophie and William. Fritz was predeceased by his parents; his twin brother Rudi and his special cousin, Walter.

Fritz was born in Leipzig, Germany in 1927. Fritz and his twin, Rudi were the only children born to Paul and Frieda Peukert. Fritz was extremely underweight at birth, and he was not expected to survive his first day on Earth; he surprised everyone by not only surviving, but also thriving until the ripe old age of 92. After WWII, Fritz settled in Bremen, Germany, where he met his wife, Annemarie at a dance. The couple had a whirlwind romance, and they were married on New Year's Eve, 1955. The couple was joined by their only daughter, Petra in 1956. In 1960, the family embarked on an adventure of a lifetime, and they moved to Canada. The family initially moved to Winnipeg, where Fritz and Annemarie had family ties. Ultimately, the family moved to Selkirk, Manitoba. After years of working for other people, Fritz decided that the time had come to be his own boss, and in 1969, he and his cousin, Heinz opened Interlake Patternworks, Ltd. Fritz and Heinz built a successful business together, providing wooden patterns to various industries. After his retirement, Fritz and Anne enjoyed many holidays; Hawaii was a favourite, as were their adventures across Canada in their trailer. Fritz was also a member of the Schutzen Club at Little Britain and served as the club's king for a one-year term.

Fritz will be remembered for many things. Fritz was a hard worker, who completed every task with precision and he expected the same from those around him. While Fritz worked hard, he also played hard, and he was not afraid to try new things. Fritz loved to paint, tend to his yard and in addition to making wooden patterns; Fritz was also an accomplished cabinet and furniture maker. Fritz loved his family dearly, and he loved spending time with his grandchildren at the cottage in Hillside Beach and celebrating important events with his great-grandchildren. Fritz also had very close relationships to his cousins in Canada; as they spent time together celebrating birthdays, holidays, and got together regularly for cards and coffee. Fritz had an infectious smile, and a playful nature, which will be missed by those who knew him best.

A celebration of Fritz' life will be held on February 28, 2020 at 11:00 a.m. at Gilbart Funeral Home, located at 309 Eveline Street, Selkirk, Manitoba. A private family interment will occur at a later date.

In lieu of flowers, donations can be made to the Heart and Stroke Foundation of Manitoba.

The family would like to thank the staff at Betel Home Foundation and the Selkirk Regional Health Centre for caring for Fritz during his final months.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

**Donald Allan Vincent**

Peacefully, on Sunday, February 16, 2020 at the Red River Personal Care Home, Don Vincent, aged 84 years, of Selkirk, MB passed away.

Memorial service will be held on Thursday, February 27, 2020 at 11:30 a.m. in the Gilbart Funeral Chapel, Selkirk, MB.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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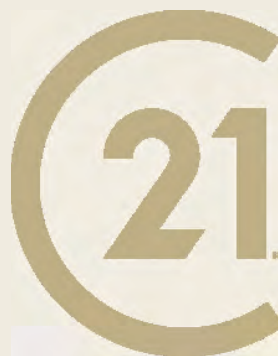
**George Hacking**  
204-461-0747



**Kasey Hacking**  
204-485-5303



**Jessica Sommerhalder**  
204-599-3910



## Century 21 Advanced Realty

255 Main St. Selkirk  
204.202.1922



**Ashley Douglas**  
204-480-2798

# FEATURED PROPERTIES

**OPEN HOUSE  
FEB 23 1-4PM**

**NEW PRICE**

10 BEAUDIN ST - ST EUSTACHE \$264,900

**OPEN SUN 1-4**

528 ROBINSON AVENUE - \$219,900

**OPEN WED 9-4**

528 ROBINSON AVENUE - \$219,900

**NEW PRICE**

421 NETLEY AVE \$199,000

132 REID AVE \$294,000

**SOLD  
IN 2 DAYS!**

121 STRATHNAVER \$329,900

**WATERFRONT**

226 TOM PRICE \$472,000

326 BELMONT \$196,900

**NEW LISTING**

6 SUNSET SIGLAVIK \$579,900

**NEW LISTING**

125 SOPHIA STREET \$284,900

**PETERSFIELD  
PENDING**

18 HOUGHTON BAY ROAD \$167,500

5114 REBECK ROAD - \$479,000

**STUNNING HOME  
ON 4 ACRES!**

335 CIL ROAD \$639,900

**NICE BUNGALOW  
ON 72 ACRES**

1307 BREEZY POINT RD.  
ST. ANDREWS \$429,900

**SOLD**

108 EDSTAN PLACE \$369,000

**NEW PRICE**

7 TRAFALGAR CRES - \$599,000

439 MORRIS AVENUE \$194,500

80017 33 E RD. \$224,900

128 PROCTOR ST. WOODLANDS - \$224,900

**RIVER CREEK ESTATES**

6940-2503 HENDERSON HIGHWAY \$271,900

**28 ACRES, HOME,  
POOL AND MORE..**

8441 #9 HWY SHADOW LAKE

1138 RIVER RD \$575,000

**ST. ANDREWS**

9 PRUDEN AVENUE, - \$349,900

**PRICE REDUCED**

612 SELKIRK AVENUE - \$239,000

315 SUPERIOR - \$154,900

**PENDING**

271 SOPHIA ST \$194,500

**RIVER CREEK ESTATES**

6940-3301 HENDERSON HIGHWAY \$249,900

**BUILT IN 2015**

77128 ST PETERS RD \$385,000

## FILL IN & WIN!

Fill in your answers to our survey, snap a photo on your smartphone  
and text or email to us, or drop it off at our show home.  
Each entry will be entered for a chance to win a \$100 gift card of your choice!

Are you aware of Mezzo Homes?

YES ☐ NO ☐

Have you visited the Mezzo Showhome at 528 Robinson Avenue?

YES ☐ NO ☐

Do you read this ad every week?

YES ☐ NO ☐

What is your impression of our real estate market?

IMPROVING ☐ CONSISTENT ☐ DECREASING ☐

Are you thinking of buying or selling in the next year?

YES ☐ NO ☐

TEXT: (204) 485-7555 EMAIL: INFO@HACKINGHOMETEAM.COM  
SHOW HOME DROP OFF: 528 ROBINSON AVE - WEDNESDAY 9-4, SUNDAY 1-4

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HOME | MORE INFORMATION**

**OPEN WEDNESDAYS 9AM-4PM  
& SUNDAYS 1-4PM**  
528 ROBINSON AVE SELKIRK, MB

<b>LAND:</b>	
2 WESLEY DR. ST. CLEMENTS	\$129,000
SEASONAL COTTAGE - WANIPIGOW	\$55,000
3 HOUGHTON BAY RD - .92A	\$29,000
239 DONOHUE CRES	\$44,900
655 FORT GARRY RD - 8.17A	\$104,000
508 CORRINE AVE - .34A	\$40,000
86027 86N RD - 1.14A	\$34,900
205 SASKATOON DR	\$60,000
120 CHOKECHERRY CRES	\$75,000
146 CHOKECHERRY CRES	\$90,000
145 CHOKECHERRY CRES	\$75,000
OLD JOE MONKMAN RD - LOTS #2,3,4,5	\$129,900-\$139,900
KIMBERLY RD. EAST SELKIRK \$98,500 CREEKFRONT	
<b>VACANT LAND:</b>	
GEORGE ST. EAST SELKIRK, 1.75 ACRES CREEKFRONT PROPERTY	
244 TOM PRINCE PETERSFIELD WATERFRONT <b>SOLD</b>	\$129,900
HAROLD AVE. BEAUTIFULLY TREED	\$89,000
10 SUNSET BLVD - GIMLI	\$94,900
<b>COMMERCIAL:</b>	
1080 - 1970 WELLINGTON AVE	\$640,000
946 CORYDON AVE	\$850,000
10 DUBAS DR	\$550,000
255 MAIN ST	\$549,000
23 MAIN ST	\$164,000
C-201 MELROSE AVE E	\$99,900
4-933 MCLEOD AVE	\$98,800

**COMMERCIAL BLDG - 347 MAIN ST \$525,000**

**OLE JOE MONKMAN ROAD: \$129,900-\$139,900**

OLE JOE MONKMAN RD #LOTS 2, 3, 4, 5

81119 39 RD E \$325,000

**1/4 ACRE COMMERCIAL  
PROPERTY AND BUILDING**

613 MANITOBA AVE \$1,100,000

**INDUSTRIAL PROPERTY FOR SALE**

FLOODWAY DRIVE S \$550,000



**Real Estate Experts that deliver results!**  
Century 21 Advanced Realty 255 Main St. Selkirk 204.202.1922

Office Hours: Mon-Fri 9-4 pm