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Residents in our region don't just have cool classic cars, we also have people with some really great classic snowmobiles. These winter rides were on full display at last weekend's Annual Whiskey Ditch Relic Ride. Pictured: Tom Bonwick on his Polaris Charger.

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Centennial School's Parent Advisory Council hosts Krispy Kreme Fundraiser

Making some dough with doughnut sale

By Katelyn Boulanger

Centennial School's Parent Advisory Council hosted a Krispy Kreme Doughnut Fundraiser last week and it was a sweet success selling nearly 4,000 doughnuts.

"We're fundraising for gymnasium upgrades. We decided to do a Krispy Kreme fundraiser. We've had an amazing response from the community, from parents selling, staff buying and everyone," said Courtney Kowalchuk president of Centennial School's Parent Advisory Council.

The school, in total, sold over 300 orders of a dozen doughnuts and then after the kids went home on Thursday afternoon, they stayed back and hosted a drive-through style event where people from the community were able to stop by, park, and grab doughnuts from a booth set up outside of the front entrance of the school.

Kowalchuk says that she got the idea for this fundraiser from other groups

Continued on page 5



RECORD PHOTO BY KATELYN BOULANGER

Kylie Orvis, Kristine Duke, Presley Roy, and Courtney Kowalchuk selling doughnuts at Centennial School in Selkirk.



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St Andrews School getting ready for Pink Shirt Day

Wear your pink shirt on Feb 26 and bring awareness to anti-bullying

By Katelyn Boulanger

The last Wednesday of each February is Pink Shirt Day, a national day when schools work hard to spread the message of the importance of preventing bullying as well as the need to promote kindness and inclusion. This year, Pink Shirt Day falls on Feb. 26 and schools in our region are ready to spread awareness.

"This particular Pink Day is about anti-bullying, talking about what bullying is and prevention of it," said Paula Sowany, principal at St. Andrews School.

The school will be celebrating the day with the theme 'Let Kindness Grow' and teaching this important wisdom to their students.

"(We are teaching) that kindness is contagious and we can foster it and grow it, just like we can foster and grow a garden. So, even though there may be a situation that might not be kind, we can still foster kindness and share kindness," explained Sowany.

Pink Shirt Day was started in 2007 in Nova Scotia by students.

Students in our region have observed this day as an annual event for many years now.

Sowany explained that it's important that students recognize what bullying is from a young age.

"This is about social-emotional well-being for not just students, but for everybody. And so, the idea is also recognizing the difference between bullying and mean moments. People can have a mean moment in their life, or they might have a bad day, and also recognize that (bullying) does happen sometimes. We have those conversations about what bullying is, what it isn't and what we need to do. (We tell

the students) that you need to report it if you're aware of it because that's something that we don't tolerate here, but, we have to know about it in order to help our students," she said.

St. Andrews School itself is going to be launching a kindness blitz before the big day. There will a bulletin board in the main entrance that will feature kindness plants and flowers which will symbolize the growth of kindness, the school library will also be featuring a special section of books that talk about kindness and positivity. Teaching staff will also get into the spirit, sharing videos with students to further promote the message.

One of the most impactful parts of this day will be that the students themselves will get involved directly. The Kindness Crew, made up of grade 4 students, will deliver water bottle stickers with positive messages to each class as an act of kindness.

"(It's about that) community piece and the satisfaction that you get when you give and also being models of kindness and being an example to other kids. They not only help kindness to grow, but it's a self-reward because kindness and being kind to others feels good," said Sowany.

It is a day of positivity but it's also a day of learning. The kids are taught how to deal with bullying when they see it - a skill that they will be able to use in and out of the classroom. Sowany explained that they teach what bullying is and the importance of telling teachers that it's happening.

"We have to talk about it, it has to be reported, and we need to be able to know what's going on so that we can prevent the situation or help the kids who are in those situations. A lot TEAM
St. Andrews
En Powered by Kindness

RECORD PHOTO SUBMITTED

One of the shirts that staff wear at St. Andrews School as part of Pink Shirt Day.

of it is a learning piece as well, especially at the very young ages. The students sometimes mistake those mean moments for bullying. So, we have to make sure that we have ongoing conversations about what it is and what it isn't and that it's not tolerated, and to report it if you see it or if you're experiencing it," she said.

She says that the students coming together to mark Pink Shirt Day does have a positive impact on them.

"You just ride that wave. It's a feel good day, especially when everyone's working together for the same goal, spreading kindness. And, it's not just the one day. We encourage it all the way throughout the year. We say, if you can be anything, be kind," said Sowany.

She encourages residents, whether they are part of the school community or not, to take part in Pink Shirt Day by sporting your best pink attire.

"Just wear pink. If you don't have a pink shirt, a pink hat or a pink pair of socks (works), just show that you support the message of kindness," said Sowany.





> CENTENNIAL'S DOUGHNUTS, FROM PG. 3

that she's seen try this fundraiser.

"I noticed some other schools as well as sports teams were doing it, and they've all received really good responses. So, I thought we'd jump on the bandwagon. Nobody likes to really drive to Winnipeg. I know I don't like driving to Winnipeg, so why not bring them here and make them available? And, Krispy Kreme actually has a really good fundraising

program. So, it gives us an opportunity to make some good money for the school," she said.

The doughnuts sold about as fast as you'd assume boxes of a dozen doughnuts would sell, very quickly.

The idea to invest these funds into new gym equipment for the kids was thanks to the suggestion of the Centennial School staff.

"Courtney and the Parent Council

came to me at a parent council meeting and said, 'What are some of the needs this year?' And, one of the things that we were looking at doing is doing some upgrades on our gym wall for mats for personal safety for the kids. So, they agreed to jump on board with that," said Centennial School Principal Kristine Duke. The mat fundraiser is leaving stu-

dents well covered as they sold nearly 4,000 doughnuts.

These mats will help keep kids from crashing into hard surfaces should they go a little farther than intended when playing games like basketball, tag and other high-speed games in gym class.

With this fundraiser, they are pro-

jected to raise over \$2,200 for the new mats. Kowalchuk says that between this and the proceeds from their winter concert, they have reached their goal of covering the cost of the mats.

Kowalchuk wants to thank the parents, staff, students and everyone who volunteered, bought doughnuts or were part of this fundraiser.

Duke also had a message of thanks to the parent advisory council.

"The parent council here at Centennial is amazing. They come together once a month to discuss things at the school — (student) needs, what's going on at the school. They're very driven to make sure that their kids get what they need. And, you know, they're fantastic," said Duke.



RECORD PHOTO BY KATELYN BOULANGER

Krispy Kreme doughnut fundraiser raised enough money to get to the goal of purchasing gym mats.







Love was in the Air at the Gwen Fox Gallery





RECORD PHOTOS BY KATELYN BOULANGER

Gord Hart and Wayne Wasny brought some cheer to the Gwen Fox Gallery with their Love is in the Air concert on Valentines Day. The event also was shown some love from N-Joy Café who provided some sweet treats for the performance.





World Day of Prayer service once again to be celebrated thanks to efforts of local churches

Ecumenical service features service created by Cook Islands

By Katelyn Boulanger

Our community has celebrated the World Day of Prayer as an annual event for many years now. This year, the ecumenical worship service will take place on March 7 at 2 p.m. at Little Britain United Church and everyone in our community is welcome to stop by and take part.

"It's a time to come together to learn about how Christianity is experienced in other cultures. This year (the service) being from the Cook Islands, which is in the South Pacific," said Margaret Speer, a representative from Little Britain United Church.

The service is an ecumenical service which means it's a service that is

meant to be enjoyed by many differing denominations.

World Day of Prayer started in 1926 when North American women called for the first event to take place.

Being that this event is called the World Day of Prayer, every year a different region of the world is chosen to create a service that shares their culture with the rest of the world.

"The women from the Cook Islands Committee prepared the program, and then we present it," said Speer.

The Cook Islands are 15 islands scattered over two million square kilometres within the Pacific Ocean.

Continued on page 9



RECORD FILE PHOTO BY KATELYN BOULANGER Photos from last year's World Day of Prayer.

Dropping the puck



RECORD PHOTO BY ETHAN KRESKY

The Selkirk Steelers faced off against the Portage Terriers on home ice last week. That game was also a special Louis Riel Night themed game where the Manitoba Métis Federation (MMF) brought some culture and fun to the evening. Pictured: MMF Selkirk Local Co-chair Scott Norquay and Alfred 'Buck' Anderson, the Vice-President of the Interlake Region and the Minister of Culture & Heritage at the Manitoba Métis Federation dropping the puck at the game.



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SCT NEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

Manitoba government announces new school to be built in West St. Paul

Construction on new kindergarten to Grade 8 school will begin next year

Submitted by Manitoba government

The Manitoba government is building a new kindergarten to Grade 8 school that will welcome 600 students from the growing community in the Rural Municipality (RM) of West St. Paul, Education and Early Childhood Learning Minister Tracy Schmidt announced last week.

"The West St. Paul area has grown by leaps and bounds," said Schmidt. "I am very proud to announce today our government will build a new school in this thriving community that so many families call home. The new school in West St. Paul will help keep class sizes small while ensuring kids can go to school closer to home.

The new dual-track French and English kindergarten to Grade 8 school will be located in the Meadowlands development in the RM of West St. Paul, just north of Winnipeg. The school will also include 74 infant and preschool child-care spaces.

"Our government recognizes the need for more space here in West St. Paul," said Schmidt. "That's why we provided \$1.5 million in 2024 to add modular units as a temporary measure to help alleviate overcrowding."

Design work on the new school is expected to start in the coming months, with construction expected to begin in 2026, noted the minister.

"The announcement of a new K-8 school in West St. Paul is a welcome and much-appreciated investment in both the community and for the students of Seven Oaks School Division," said Tony Kreml, superintendent, Seven Oaks School Division. "This new facility will provide students with a modern, first-rate learning environment where they can thrive, reinforcing our commitment to a quality education. Schools are the heart of our communities, bringing people together with a shared purpose - to support learning, growth and opportunity for all. This addition will not only benefit students but also serve as a gathering place that strengthens the entire community. This commitment will ensure that students have access to the resources and opportunities they need to succeed, now and in the future."

The new school builds on other government initiatives including bringing food to every school in Manitoba, noted the minister.

"This is wonderful news for me and my family," said Palak Gupta, a resident of West St. Paul. "We love this area and this new school, along with an on-site daycare, will be a gamechanger as my children will be able to thrive in an environment that supports their academic and personal growth."

The school funding formula has been revamped for the 2025-26 school year to continue the priorities established in last year's funding, including \$6 million for capital support, the minister said.

Range Day



RECORD PHOTO SUBMITTED

On Feb. 8, two Sea Cadet corps participated in Range Day at Memorial Hall in Selkirk. The #213 Qu'appelle from Winnipeg and #77 Daerwood Royal Canadian Sea Cadet Corps from Selkirk came together to learn about safety while shooting on a range.



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters or call our office at 204-785-1618 can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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> WORLD DAY OF PRAYER, FROM PG. 7

The island's people have an interesting culture that focuses on preserving their land by having all native land passed to the children of Cook Islanders and not bought and sold to anyone except to the government for public purposes. They also have a tradition of weaving with natural fibres and in their culture Ei katu is a garland of flowers worn around the head. It is worn by both females and males as a symbol of love and belong-

The theme of this year's service, chosen my the Cook Island Committee, is 'I made you wonderful' which is a quote from Psalm 139:14.

This year's service is also a little different from previous years as there are songs composed by Ruru Maeva, especially for the 2025 World Day of Prayer Cook Islands program.

The local service is a combined effort made annually by a group of churches of various denominations. These churches alternate which location hosts the event and representatives from all of the churches contribute to the event. They take the service created by the Cook Island Committee and present it on World Day of

Having attended previous World Day of Prayer events locally, Speer enjoys the service.

"I found it moving just hearing from another perspective and experiencing it with a large group from different churches in in the area," she said.

She says that she thinks it's important that we learn about different cultures from around the world and this service allows people to do that in an interesting way.

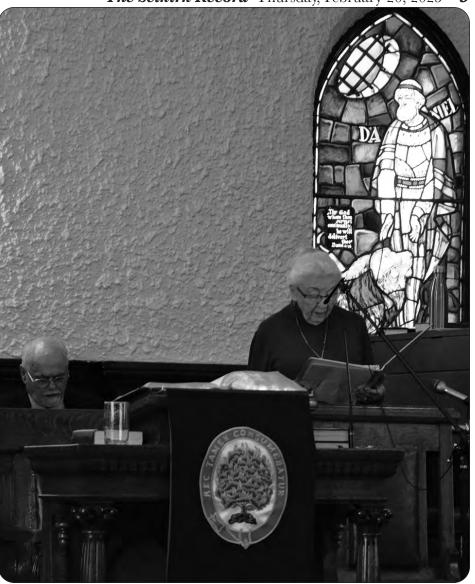
"Our world is getting smaller all the time, but we don't know a lot about a lot of other cultures, so this is just one small way to become more informed," said Speer.

Locally she also thinks that taking part in this service is beneficial because it connects people in our community of different faith traditions that might not otherwise end up meeting.

Residents who attend the service are also welcome to stay afterwards for a short time of fellowship. There will also be a silver collection at the event that supports different groups, including Canadian causes.

Speer welcomes anyone in the community with an interest in attending.

"I'm hoping any of our fellow churchgoers, or even non-churchgoers (might come) if they're interested in seeing what the culture from the Cook Islands (is like)," said Speer.



RECORD FILE PHOTO BY KATELYN BOULANGER

Part of the presentation from last year's World Day of Prayer.

We want to hear from you

Letters to the editor - If you wish to comment on anything you read in the newspaper, or if you wish to comment on any concern affecting Selkirk and surrounding communities, write a letter to the editor. We welcome diverse views and opinions.

Why You Should Write a Letter to the Editor

Writing a letter to the editor is one of the most efficient ways of reaching large audiences. The Selkirk Record has an approximate readership of 37,368 readers weekly.

Readers also include members of local government, who we may want to reach. Frequent letters about a certain topic will convey that a sizable group of people care about it.

A letter to the editor is a very short piece of writing, meaning that you don't need to invest an inordinate amount of time in it. Shoot for less than 300 words.

Tips for Writing a Letter to the

Connect your letter to a specific article, op-ed, or topic recently covered by the newspaper.

Structure your letter in three parts:

refute or promote a certain claim made previously, provide reasons for your stance, and then suggest what needs to happen now.

Write from your own perspective and show how the topic relates to your local community.

If you have expertise in the topic you're writing about, let the readers know.

If you're trying to convince a government representative, refer to them by their full name (it'll be more likely to make it to their

Stick to a single point. Have more points to make? Write more letters.

Be respectful - don't attack anyone when expressing your concerns.

Letters must include your name and a telephone number where you can be reached. Please keep letters to 300 words or less.

The Selkirk Record reserves the right to edit letters for length, content and/or taste as well as the right to refuse publication of any

We look forward to your submission: news@selkirkrecord.ca

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Canada



SDCF grants help students make tracks in the winter snow while learning

Snowshoe donations get Friendship Centre kids and Robert Smith School students enjoying the great outdoors

Submitted by Selkirk & District Community Foundation

We've learned a lot about learning over the years, and among the many important lessons are, that everyone learns in different ways, and learning doesn't have to be confined to the four walls of a school classroom.

Students at Robert Smith School and kids at the Selkirk Friendship Centre Day Care have taken their learning outdoors. And this year, they're able to get around on snowshoes during the winter months, thanks to grants from the Selkirk & District Community Foundation.

Erin Kennedy, a teacher at Robert Smith School, said they started a walking club at the school in 2023 to get kids outside where they can exercise their bodies and their minds. The Friday afternoon walks have been a success and the grant will allow them to purchase about 23 pairs of snowshoes to keep the outdoor experience going year-round.

"I think my favourite part I've witnessed in the kids we work with is they're typically students who may struggle in a school classroom setting and then you take them out in nature and it just makes me cheery-eyed, there's a complete 180 turnaround,"

Kennedy said.

"It's so cool to see them in a different element that is still so very beneficial for their minds. We let them play. We let them be kids and it's a good way to form friendships too, for kids who struggle making friends. I feel snowshoeing will collectively be something new that they get to try together."

Both the school and the Friendship

Centre applied for their grants last year. This year's deadline to apply for a Community Fund or Western Canada Games Legacy Fund grant is Feb. 28.

SDCF grants support numerous non-profits and charities in Selkirk, St. Andrews and St. Clements.

At the Friendship Centre Day Care, kids have been getting outside to learn for a while now.

Director Lorie Fiddler said they are a nature-based, screen free program and they often have the kids outdoors all day long. They hike in the bush at Selkirk Park, build forts and get to see owls, birds and deer. The snowshoes mean they'll be able to stay outdoors during winter.

"We feel we are balancing the technology that children are exposed to with the beautiful outdoors. Play in nature strengthens all domains of

child development," Fiddler said.

"Another beautiful benefit of our outdoor philosophy is the immunity boost



RECORD PHOTOS SUBMITTED

Erin Kennedy, (left) with fellow staff and students from Robert Smith School, ready for the snowshoes.

all children get when playing in the forest. As the saying goes, there's no such thing as bad weather, just bad choices."

David Thorne, Chair of the Foundation, says the grants are, quite literally, like providing a breath of fresh air.

Being able to give grants that get kids outside, exploring, exercising and moving, and of course learning, is amazing," Thorne said.

"Our donors have causes that are important to them and kids and learning and being healthy are important to everyone. We have funds that specifically target these areas and to know that there are young people strapping on snowshoes and heading outside during the winter months thanks

to those funds is really a wonderful thing. I know the board members are thrilled and I know the donors are as

The snowshoes for Robert Smith School were provided through the Michele and Gary Polinuk Promoting Health Fund and the Friendship Centre's were through the Kirstin's Walk for Kids Fund. Both are donoradvised funds.

Bev Clegg, Executive Director for the Foundation, says Kirstin's Walk for Kids Fund has provided many grants that benefit youth over the years. The snowshoes for Robert Smith students represent the first ever grant from the Polinuk's fund.

"Every time we make that call to let recipients know about their grant, it's exciting," Clegg said.

"There's such an excitement because these grants allow them to accomplish goals that would be difficult, if not impossible, to achieve without the support of the Foundation's donors. Ît's a beautiful thing when donors' wishes connect with the community's needs and everyone at the Foundation feels blessed to witness that little bit of magic."

The SDCF is accepting grant applications for the Western Canada Games Legacy Fund and the Community Grant program now, with the deadline to apply being Feb 28. Grant applications have moved solely online. Go to sdcfa.ca for an application. Call 204-785-9755 or email selkirkfoundation@shaw.ca for more information.

Community Engagement

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Drop in and discuss the project with the renovation planning team

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A survey is also available to provide your feedback. Survey closes Friday, Feb. 21!

Invest 5 to 7 minutes in the survey and inform the design of the emergency room renovation.



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Roll Up to Win returns with Tim Hortons' beloved Roll Up beverage cups

Tim Hortons is bringing back the cherished Roll Up to Win campaign with specially branded hot beverage cups available at restaurants across Canada. Customers can get these unique cups with the purchase of a hot beverage while supplies last, starting Feb. 24 to March 23. When participants roll up the rim, they have a chance to reveal a prize, bringing back the contest's original essence.

"Guests loved celebrating the 60th

anniversary of Tim Hortons with us last year and it inspired us to bring back some classic Roll Up cups this year for a limited time," said Tim Hortons Stonewall owner Jamie Pope.

"We've heard a ton of really positive feedback from Canadians across the country who are excited for the return of Roll Up and the chance to reveal a prize under the rim of Roll Up To Win-branded hot beverage cups.'

Customers can also win prizes by purchasing other items, including cold drinks, breakfast sandwiches, wraps, or lunch and dinner entrees, by entering through the Tim Hortons app.

For more than 35 years, Canadians have been rolling up and winning great prizes when they visit Tim Hortons. Roll Up To Win offers the chance to win exciting prizes including new all-electric vehicles, getaways, electronics, gift cards, and millions of Tims coffee, doughnuts and 10-pack of Timbits prizes.

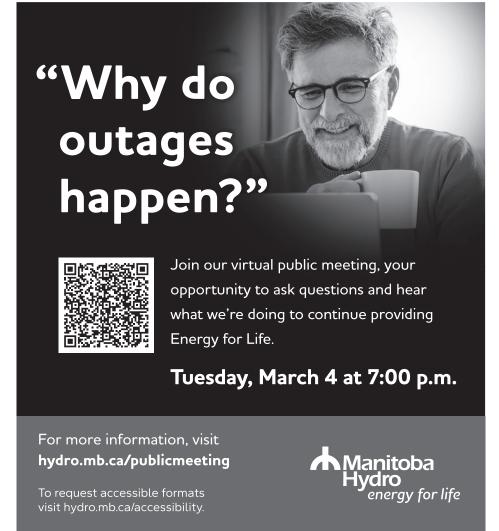
For a complete list of prizes and contest rules, please visit www.timhortons.ca/rollup.





RECORD PHOTO SUBMITTED

Tim Hortons' Roll Up to Win beverage cups earn you an extra roll along with the digital roll when scanning for rewards with a hot beverage purchase from Feb. 24 to March 23...





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Interlake Brewing Co. takes curling to new heights

New curling rink has opened up at Gimli restaurant

By E Antonio

A new weekend curling rink has opened up on top of Gimli's Interlake Brewing Co. restaurant.

Interlake Brewing Co. owners Graeme Maclean and Kristin Mac-Cary opened the rooftop curling rink in mid-January for restaurant patrons who wanted to brave the extreme temperatures.

"We opened Interlake Brewing Co. one-and-a-half years ago, and last winter, we wanted to open the rink, but the weather did not cooperate," Maclean explained.

"My business partner and I took part in a brew bonspiel last year at Buchanan's Jugs Club, which inspired us to try and bring it here. We recently finished renovating and had lots of leftover materials, so we figured we would give the curling rink a go."

If the weather permits, everyone is invited to enjoy the curling rink on the rooftop patio at Interlake Brewing Co. on weekends from 2 to 4 p.m. The patio has been winterized to create a fun seasonal experience for guests

The building team thought of everything to ensure your comfort outdoors. They have built wind blocks, heaters, bathrooms, blankets, and benches to help you stay warm. They have also opened their Ice Bar, which features unique mocktails and warm beverages to keep your energy high when you curl with your friends and family.

wines, spirits, coffee, and hot chocolate. We have even started to make 'ice shots' by making shot glasses out of ice."

They are even considering making specialty cocktails uniquely for the ice bar.

Interlake Brewing Co. has everything you need when it comes to a game of rooftop curling. They have made their own curling rocks out of milk jugs, and no brooms are required for their family-friendly curling game.

"You just need to show up and dress appropriately for the weather," added Maclean. "We encourage everyone of all ages and abilities to come out; you don't have to be a curler to have fun."

Once warmer weather returns, Maclean plans to host bonspiels and other more formal curling events, hoping to extend the rink's hours as interest grows. With the Gimli Ice Festival approaching, he looks forward to seeing a lot of activity on the rink.

"It is a fun reason to get outside and spend together. Creating community is something we strive for as a business."

Interlake Brewing Co.'s curling rink is open Saturdays and Sundays from 2-4 p.m. at 72 1 Ave in Gimli. Hours are subject to change and are based on current weather conditions. You can find updates to the rink's operating hours on their Facebook page, Interlake Brewing Co.



RECORD PHOTOS SUBMITTED

Interlake Brewing Co. has opened a rooftop curling rink. The outdoor rink is currently open on weekends from 2 to 4 p.m., and it plans to expand its hours once temperatures rise.





The ice surface is half the size of a regular sheet.

Manitoba government supports rural communities with funding for safety and community initiatives

Submitted Manitoba government

The Manitoba government is supporting a number of initiatives to engage young Manitobans and help keep communities safe with just over \$200,000 of investments through the Criminal Property Forfeiture Fund, Justice Minister Matt Wiebe announced.

"Every Manitoban deserves to feel safe in their community," said Wiebe. "This funding will support several important initiatives including ones that will help Manitobans build com-

ENVIRONMENTAL.

GOVERNANCE PROGRESS REPORT

SOCIAL, AND

munity and feel safe while they enjoy public parks. It will also support law enforcement with enhanced equipment and training. Our government is committed to tackling crime and the causes of crime across Manitoba and ensuring everyone feels safe close

More than \$200,000 in funding has flowed to local police services in Ste. Anne, Springfield, Victoria Beach, Altona, Winkler and Morden, along with the Steinbach RCMP to support a number of public safety initiatives including:

- funding for supplies to support high school students in the Springfield Police Service school placement program;
- addressing the root causes of crime by offering free access to sports equipment and installing solar lighting at public parks in Ste. Anne and free events for children ages five to 12 in Springfield;
- equipment for the Altona, Morden and Winkler police services'

joint regional crisis negotiation unit to enhance their capabilities in safely resolving incidents involving people in crisis;

- funding for the Winkler Police Service for officers to attend training programs to advance their skills in high-risk situations; and
- providing modernized equipment for evidence collection for the Ste. Anne Police Service and

Continued on page 15

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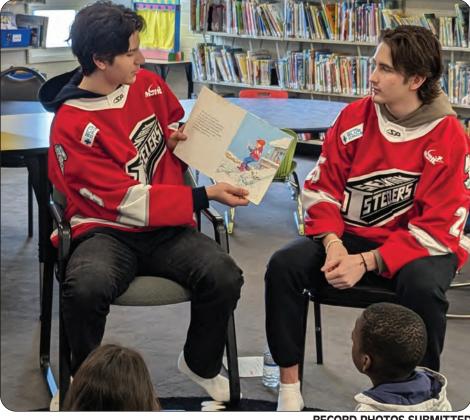












RECORD PHOTOS SUBMITTED

Students in the Lord Selkirk School Division were treated to some stories this month in celebration of I Love to Read Month. Members from all over the community volunteered to read for the kids letting them know how important reading is valued by people in a variety of different professions. Pictured: LSSD School Board Trustee Judy Maryniuk, Selkirk Mayor Larry Johannson, Selkirk Record Editor Katelyn Boulanger, RCMP Constable Paul Human, LSSD School Board Trustee Jack Bogaski, local provincial MLA Richard Perchotte, Vice Principal of ESJH Kat Marsch, Selkirk's Deputy Mayor Lorie Fiddler, local Author Meagan Balgobin, LSSD School Board Trustee Heather Hogg, and Selkirk Steelers Cole Bilous and Nolan Wytrykusz.







Poutine Queen



RECORD PHOTO SUBMITTED

Kahleigh's Brew Barn, owned and operated by Kahleigh Dubois in Riverton. was named the Manitoba champion of La Poutine Week with her Sweet Home Manitoba poutine. Dubois enhanced the restaurant's Crispy Chicken Honey Dill Fries for the competition by using classic KBB McCain fries grown in Manitoba, topped with cheese curds, mozzarella cheese, warmed Manitoba-made honey dill sauce, crispy chicken, applewood smoked bacon crumble, and fresh dill. This delicious poutine will be available for a few more weeks.

> FUNDING FOR SAFETY, FROM PG. 13

Victoria Beach Police.

"Access to the Criminal Property Forfeiture Fund enables our police service to secure advanced tools and training that strengthen our ability to combat crime," said Chief Marc Robichaud, Sainte-Anne Police Service. "This fund directly supports frontline officers in keeping our communities safe."

The Criminal Property Forfeiture Fund uses the proceeds of the sale of seized criminal property to protect

Manitoba families and enhance public safety. The funds are provided to organizations across Manitoba whose important initiatives build community, prevent crime, invest in youth and support victims of crime, noted the minister.

For more information about criminal property forfeiture, visit:

https://manitoba.ca/justice/commsafe/cpf/index.html.





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Keep being you Love your ears

Historical document found behind a picture frame

Scott Norquay talks about historical document from 1871 found by his family

By Katelyn Boulanger

Residents should check their old picture frames, desk drawers and anywhere that something might be hidden away for safekeeping as there could be historical treasure hidden away. That's exactly what happened to the Norquay family when they discovered one of the official lists of the Executive Council of the Province of Manitoba from 1871 behind an old picture.

The story begins years ago when Scott Norquay's mother and step-father purchased their home. With the home came what, at that time, was a fairly popular image known as The Red Boy.

This picture was a portrait of sevenyear-old Charles William Lambton and painted by Sir Thomas Lawrence and became popular as it was on Wilkins Red Boy Toffee packaging and was the first painting to appear on a British postage stamp.

"My mom decided she wanted to repurpose the frame and in taking it apart, Pop found it to be really thick. From the painting to the backing, it seemed really thick. So, he's pulling it apart and of course, it's very aged so he's being very careful. He takes it apart and in between the painting and the cardboard backing was this document from 1871," said Scott Norquay.

The document was a one of the official lists of the Executive Council of the Province of Manitoba from 1871 and Norquay believes it to be the copy of the document that was owned by the Honourable John Norquay. This was a great find for the family because John Norquay is actually Scott Norquay's great-great-uncle.

Norquay is unsure how the previous

owners of the home came to have this document or how it ended up behind the image in the frame.

The Honourable John Norquay was born in the Red River Colony in what is now known as St. Andrews. He was a leader at a time of great growth in Manitoba and though, like most politicians, his leadership decisions weren't necessarily always popular and were at times controversial, he contributed greatly to our province's railway system. A recent book called, The Honourable John Norquay: Indigenous Premier, Canadian Statesman was published last year by Gerald Friesen which dives into more recently released historical documents that shed light on his life.

"I'll say this until the cows come home. It found us. It was meant to be. It was meant to be found in the Métis homeland. It was meant to be found by the family," said Norquay.

Scott Norquay is now the co-chair of the Selkirk Red River Métis local so this document is something that he understands the importance of.

"I remember when it originally was found, it was a novelty. 'That's pretty cool,' but we never thought much of it. Fast forward to where we are today, and this is an incredibly historical document that needs to be saved,"

For years the document was kept safe by Norquay's sister who held on to it for the family.

"She understood the significance of it before the rest of us did," explained

As a child, Norquay said that he was told that the Honourable John Norquay was the first duly elected Métis



RECORD PHOTOS BY BRETT MITCHELL

Photos from the celebratory event recognizing the document's significance.

of a racist attitude toward the Métis people at the time, this wasn't widely acknowledged. Though the provincial government, in 2020, recognized Louis Riel's government, which came a few years before Norquay took office, as the official First Premier of Manitoba through the Louis Riel Act, John Norquay was undeniably a very important leader in our province's history.

Last fall, a celebration of the document took place where people came up and discussed the significance of the document to both provincial history and the history of the Red River Métis people.

"Quite a few ministers showed up, and an awful lot of higher-ups showed. We made sure that all of the locals and all of the regions got copies. President Chartrand got a copy," said Norquay.

He explained that being able to share this document with the public was a humbling experience.

"It felt humbling to share with them, and very grateful that I was allowed to share how much it means to our family, my son and my grandkids and daughters. They understand and it

very much ties the whole family together, because we've always sought out to help people. I personally believe that's our truest calling, is when you can help somebody.

For the greater Métis community, Norquay says this document is significant because it ties their history to the founding of the province showing that they've been an important part of Manitoba since its beginnings.

As for the future of this historical document, Norquay hopes that the family can have the Manitoba Métis Federation feature it in their collection of historical Métis artifacts.

Norquay is glad that this document beat the odds and was found.

"What are the odds of that coming back to our family, and coming back in Selkirk in the Métis homeland? How many of those things get thrown into the garbage sales and just never looked at?" said Norquay.

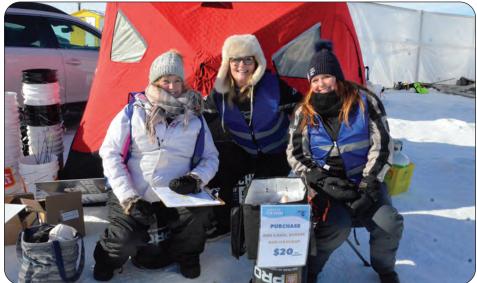
He recommends that everyone look through their old items before they get rid of them just in case.

"Make sure that you're looking behind stuff, check your drawers, look at stuff before you throw it out and in things like old books," said Norquay.





Over 80 people learn to fish last weekend











RECORD PHOTOS BY KATELYN BOULANGER

Volunteers with the Beaches of 59 brought over 80 people onto the ice last weekend at their Learn to Fish event. Attendees were treated to chilli and hotdogs while learning the art of baiting their hooks, dropping a line and scooping their ice holes. Fun was had by all.







Your Local Community

Home Real Estate Section

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3 types of flooring for kitchens

When building or renovating a kitchen, choosing the right flooring is essential. The flooring must complement your decor while also being durable. Here are three materials to consider for your kitchen floor:

1. Bamboo

Bamboo is easy to maintain and moisture resistant, which helps prevent warping and cracking. It provides a warm, natural look that blends well with various styles. Additionally, bamboo grows fast, making it a renewable resource. It's often a

more environmentally friendly option than many popular wood species.

2. Cork

If you're on a tight budget, cork flooring might be an ideal choice, as it tends to be quite affordable. It's softer underfoot than wood and tile, and it's slip-resistant. Although cork flooring is relatively easy to install, it must be re-sealed periodically to prevent premature wear.

3. Concrete

Concrete has become increasingly popular in modern-style kitchens. It's one of the most durable flooring materials on the market. You can also customize it by staining, polishing or waxing it. However, remember that concrete can feel cold on your feet, especially in

> Visit a flooring retailer near you to learn more about these and other floor coverings on the market.

Are you choosing appliances within your budget?

The cost of new household appliances can quickly add up. Are you choosing household appliances and entertainment equipment that fit into your budget? By following these tips, you can avoid overspending.

Appliances

It can be tempting to opt for the latest refrigerator or washer-dryer set. Although modern appliances can be visually appealing and offer advanced tech features, they can be expensive. Plus, many of the settings may be useless to you. You can save hundreds of dollars by purchasing a more traditional model with fewer sophisticated electronic components.

Entertainment

The latest big-screen TVs, tablet computers and powerful game consoles can be hard to resist. However, remember that bigger and more powerful devices tend to consume more electricity, which can add to the overall cost of ownership beyond the purchase price.

Consider choosing a smaller screen or limiting the number of additional devices you buy. Your wallet will thank you. Gadgets can be fun; just make sure they'll serve a practical purpose before you decide to spend your money on them.

Affordable alternatives

Many retailers now offer refurbished products, providing an excellent opportunity to get the device you want at a lower price. You can also save money on household appliances by getting them second-hand.

Additionally, purchasing refurbished or pre-owned items keeps them out of landfills and reduces your carbon footprint. Saving money while protecting the environment?

It's a win-win situation.

Are you looking for appliances that fit your budget? Visit a specialized retailer near you for advice.









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4736 Henderson Highway, St Clements - \$499, Sq. Ft, riverfront home offers a tranquil lifestyle on a 46-acre treed lot. The home features 3 Bedroo and 2 Bathrooms. The heart of the home is the bright countertops and high-end appliances. The beautifully landscaped backyard offers gardens, flower beds, a fire pit area and direct access to the river. OTP 2/18



71078 Willowdale Road 29E - \$499,900 Situated on 20 acres of land is this 1,595 beds and 2 baths

The backyard is a stand out feature with a landscaped garden, with an assortment of vegetables and fruits, and a 14x14 gazebo. The property offers a 28x32 double detached garage, a 24x32 detached shop, 25x32 barn, cattle shed and two 9x9 sheds. The property is perfect to raise your family and make memor









Derek Daneault Personal Real Estate Corpora













The potential impacts of tariffs on canola farmers

By E Antonio

What does the announcement of tariffs on all products imported to the United States from Canada mean for Canadian farmers?

Rick White, present and CEO of the Canadian Canola Growers Association (CCGA), addressed his concerns for Canadian canola farmers.

President Donald Trump initially announced a 25 percent tariff on all Canadian imports on Feb. 1, 2025.

"This would be the worst-case scenario in terms of tariffs with the United States as it would like to soften prices on this side of the border, ultimately lowering market rates," said White.

He explained that annually, Canada and the U.S. trade approximately \$6.3 billion worth of Canola Oil and an additional \$2 billion of other supplies.

"With that market amount, that is a whole lot of tariffs for somebody to pay."

On Feb. 13, President Trump announced the possibility of applying reciprocal tariffs to every country that deals with the U.S. trade markets.

"If India places a 2 percent tariff on imported products, the U.S. will replicate that amount and place a 2 percent tariff on products from India," explained White.

This is the best-case scenario for Canadian farmers, as Canada currently imposes zero tariffs on U.S. imports.

With all the risk and uncertainty in the trade markets, the financial outlook for business owners, farmers, and industry workers is not hopeful.

Whether the tariffs will impact this year's growing season is still unclear.

"It is a matter of if and when these changes will be made. It is possible that it can affect the crops this year."

White is not quite sure how Canada will respond if the tariffs go into effect. Trades between the two countries may be discontinued, farm production may slow, or farmers may begin exploring trades with other farming markets.

Fortunately for Canola farmers, most of their demand comes from domestic markets, but international markets with U.S, China and Japan still have a significant impact.

As for supplies, most canola seeds are being grown and sourced in Canada.

The potential tariffs imposed on other tools and supplies will become a problem for Canadian growers.

"Canada is committed to reciprocal tariffs from all imports from the U.S." explained White.

"Phosphorus, nitrogen, farming



imports, chemicals for prop protec-

RECORD FILE PHOTO BY LANA MEIER Canada and the U.S. trade approximately \$6.3 billion worth of canola annually.

tion, machinery and more could all be a part of the tariff package put forward."

He said that the canola farmers' prices ultimately depend on how the Government of Canada responds to the imposed tariffs.

White wants Canadian farmers to know that they are doing all they can to give their support and guidance.

"We are very active at trying to make this work. We want to make sure that farmers' best interests are in mind for both the industry and economy."

CCGA is working hard to ensure that farmers' needs and concerns are addressed during this time of uncertainty.

"Their voices are being heard," said White.

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Crop meetings giving growers knowledge amid uncertainty

Central region crop meeting talks diseases, insect management, weeds to watch out for and profitability

By Becca Myskiw

Central Region Crop Meetings are underway, and with them, a whole slew of crucial information for Manitoba producers.

After starting the meetings in Carman last year, Callum Morrison, crop production extension specialist with Manitoba Agriculture, is bringing them back to the region. He started the crop meetings to make Manitoba Agriculture's talent and expertise more accessible to growers in the province.

On Tuesday, growers filled the Carman Legion Auxiliary Hall from 8:30 a.m. until noon, getting information on four main topics:

- Verticillium stripe in canola
- Insect updates and management
- Weeds to watch and control strategies for them
- Finding profit in 2025

"It's just really important so they'll gain valuable insights just to help them set the stage to do the best they can during the 2025 growing season," said Morrison. "It's just a great way for producers and industry professionals to come and connect with fellow farmers. Those peer-to-peer connections are important."

Oilseeds specialist Sonia Wilson spoke on verticillium stripe. Verticillium stripe was first identified just outside Winnipeg in 2014 and has been found in six Canadian provinces since. Damage from the disease typically isn't seen until late in the season, when canola plants start to ripen prematurely. The plant stems eventually dry out, turn beige in colour, and begin to shred, resulting in significant yield losses for the grower.

Last year's hot, dry weather created perfect conditions for verticillium stripe to thrive—the disease was found in 60 percent of canola fields surveyed in Manitoba. In 2019, that number was 20 percent, and in 2017, it was just two percent.

With the disease becoming more prevalent, it's also becoming more disastrous. There are currently no fungicide options for dealing with verticillium stripe, which leaves growers with very few options.

Next, entomologist John Gavloski discussed insects seen commonly in fields last year and predictions for the 2025 season. Using preserved insects people could look at up close, Gavloski showed growers how to identify common insect pests and how to manage them.

Morrison deemed the third presentation crucial. Weeds specialist Kim Brown discussed a few weeds that have been moving into the region from the US, most commonly water

Waterhemp hasn't yet been identified in Saskatchewan or Alberta, but it has been found in Manitoba, and the weed is proving to be a significant concern. In 2023, the weed was limited to Dufferin's rural municipality (RM), but it's since spread out and is now found in much of southeastern Manitoba.

Waterhemp typically grows four to five feet tall but can grow as tall as 10 feet high. Its thin branches produce around 250,000 seeds per plant,

sometimes as many as one million, which causes significant problems. As the seeds emerge during the growing season, herbicide control becomes increasingly difficult, and the weed overtakes fields entirely, causing yield losses of up to 100 percent in

The final topic of the day was profitability and how to find it in 2025.

"It's really, really key because everything is up in the air this year," said Morrison. "There are a lot more questions people have this year."

Answering growers' questions and fears, farm management specialists Crystal Berthelette and Roy Arnott talked money amid US tariffs and economic uncertainty.

On Wednesday, there was another of the same meetings in Altona. On Friday, there's one in Holland at the community hall from 8:30 a.m. to 12 p.m. Morrison encourages all growers in the area to attend the meetings, not only to gain knowledge and make connections but also to support Manitoba Agriculture.

"We can gain practical feedback from farmers," he said. "We learn from them, and they learn from us."



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1 Minute Butter & Sea Salt Jasmine Rice Cup

1 slice bacon, chopped

1 egg

1/4 cup cheddar cheese, shredded cracked black pepper

Heat rice according to package directions





FOOD STORE

Quick Breakfast Skillet

Heat medium frying pan over medium heat and add bacon. Cook about 4 minutes, or to desired doneness.

Scramble egg and add to frying pan. Cook 1 minute, or to desired doneness.

In bowl, mix rice, egg and bacon mixture and cheese. Top with cracked black pepper.

Tips: Breakfast sausage or breakfast potatoes can be substituted for bacon. Add favorite hot sauce for a little heat.



Prep time: 10 minutes Cook time: 25 minutes Servings: 6 2 tablespoons olive oil 1 onion, diced 1 red bell pepper seeded as

1 red bell pepper, seeded and diced 1 teaspoon ground cumin



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One-Pot Rice Shakshuka

1/2 teaspoon smoked paprika

1 can (28 ounces) diced tomatoes with garlic and herbs

2 cups water

1 1/2 cups Minute Instant White Rice 6 eggs

1 tablespoon finely chopped fresh parsley

Heat oven to 400 F.

In high-sided, ovenproof skillet over medium heat, heat oil. Add onion, bell pepper, cumin and smoked paprika; saute 8-10 minutes until vegetables are tender.

Add tomatoes and water to skillet. Bring to boil. Stir in rice and reduce heat to low. Cover and cook 3-5 minutes, or until most water is absorbed.

Using spoon, create six small wells in rice mixture. Crack one egg into each well. Transfer skillet to oven; cook 12-15 minutes, or until rice is tender, egg whites are set and yolks are runny, or

until cooked as desired.

Garnish shakshuka with

parsley before

serving.
Tip: For spicy eggs, stir 1 tablespoon harissa paste into rice mixture before adding eggs. Or serve shakshuka with hot sauce.

How to Combat Sugar Cravings

By Fitness Expert Julie Germaine Coram

When you have a sweet tooth, it's not easy to control cravings.

These can be brought on by the tactfully placed, high-sugar cookies, drinks, candy, and other items that line the checkout aisle (if you've managed to get through the store without already having succumbed to temptation!).

Sugar is hidden in many so-called 'healthy' or 'low-calorie' foods, such as frozen berries or condiments. While it's not the enemy, when you are trying to restrict calories for weight loss or health reasons, it can be frustrating and challenging to avoid.

Addressing the cause of your cravings is a good place to start changing a 'bad' habit. Are you getting enough sleep? Do you eat enough at mealtimes? Do you take a multivitamin to ensure your micronutrients are sufficient? The latter is best accomplished with food, but often even the healthiest can benefit from a top-up in this area.

Reaching for these snacks can also be a great option when you are fighting off the urge to order in a treat:

1. Berries – When you eat fresh fruit, you avoid all the extra added sugar associated with many dried or frozen brands. You also get a lot more fibre with fresh fruit, and this aids in digestion and the sensation of feeling full, which can help you when it comes to between-meal cravings.

2. Nuts—Rich in healthy fats, nuts like almonds are known for providing that 'full' feeling after consumption. Due to their long shelf life, they are also easy to have on hand.

3. More protein – such as eggs.



Fitness Expert Julie Germaine Coram

Hardboiled eggs or other proteins can be a fantastic way to boost your body's strength and stabilize blood sugar levels to combat cravings.

Winter is a time for comfort foods, however, so while it's important not to give in to your cravings all the time, enjoying them now and then is nothing to beat yourself up about.

Are you interested in articles on this topic? Email me at info@juliegermaine.com with your comments and questions. If you want to discuss your nutrition questions, fitness goals and struggles with me, visit my website at www.juliegermaine.com or schedule a consultation at www. calendly.com/juliegermaine.Coach Julie Germaine Coram is dedicated to long-life health! She is an active mom, Registered Personal Trainer, a 2x Pro Fitness Champion, Certified Nutrition Expert & Fitness Specialist. She has helped many thousands of people worldwide improve their health since 2005.



Recipe courtesy of "Cookin' Savvy" Servings: 4-6 1 pound ground beef 1 cup stout beer 3 tablespoons flour

1 can (15 ounces) tomato puree 1 tablespoon Worcestershire sauce

1 tablespoon garlic powder

1 cup beef broth

1 bag (28 ounces) hashbrowns with peppers and onions

1 can (14 ounces) carrots, drained 1 can (14 ounces) peas, drained salt, to taste pepper, to taste

Irish Beef and Beer Pot Pie

1 sheet puff pastry, thawed 1 egg

Heat oven to 400 F.

In large skillet or Dutch oven, brown ground beef; drain and set aside.

Over medium heat, deglaze skillet with beer and whisk in flour. After thickening, whisk in tomato puree and add Worcestershire sauce. Mix in ground beef, garlic powder and beef broth. Add hashbrowns, carrots and peas. Season with salt and pepper, to taste. Simmer 20-25 minutes, stirring occasionally.

Place puff pastry sheet on cookie sheet. Beat egg and brush over pastry. Bake 10 minutes. Place hot puff pastry on top of beef mixture and serve.



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SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Local Manitoba curling rinks take centre stage at Scotties

By Ty Dilello

The 2025 edition of the Scotties Tournament of Hearts, Canada's national women's curling championship, is currently being held from Feb. 14 to 23 at the Fort William Gardens in Thunder Bay, Ontario.

This year's Scotties features a field of 18 teams. The fourteen Canadian curling member associations sent a representative. Team Canada is represented by Rachel Homan, who won the 2024 Scotties Tournament of Hearts. There are also three wildcard

The wildcard spots initially went to three Manitoba-based teams: Chelsea Carey, Kerri Einarson, and Kaitlyn Lawes. However, on Jan. 2, Karlee Burgess left Team Carey to join Team Einarson, meaning that Carey no longer retained three of its four players from the previous year. Carey's wildcard spot was then given to the next highest-ranked team in the CTRS rankings, Selena Sturmay of Alberta.

Similar to the previous few years, the field will be split into two pools of nine, where an eight-game roundrobin will take place.

The top three teams from each pool at the conclusion of the round-robin

will advance to a six-team playoff, with the first-place team from Pool A taking on the second-place team from Pool B and vice versa. The winners will advance to the 1 vs. 2-page playoff, while the losers meet the thirdplace finishers in the pools. Those games will serve as qualifiers for the 3 vs. 4-page playoff game. From there, a regular page playoff will take place, with the winner crowned on the evening of Feb. 23.

Manitoba will have three entries in the field: Gimli's Kerri Einarson (Val Sweeting, Karlee Burgess, Krysten Karwacki), Heather's Kaitlyn Lawes (Selena Njegovan, Jocelyn Peterman, Kristin Gordon), and Heather's Kate Cameron (Taylor McDonald, Brianna Cullen, Mackenzie Elias).

The three Manitoba rinks are all grouped together in the same pool, which means that they all play each other at some point during the roundrobin, as they all hope to qualify for the playoffs. Every single draw from this week can be watched by the home viewer on TSN.

Gimli's Einarson is ranked number two in the field this week and likely has the best chance of anyone in the field in upsetting the powerhouse



RECORD PHOTO SUBMITTED

Gimli's Kerri Einarson is one of the favourites at this week's 2025 Scotties Tournament of Hearts in Thunder Bay, Ontario. From left to right: Kerri Einarson, Val Sweeting, Karlee Burgess, Krysten Karwacki and Lauren Lenentine.

Rachel Homan in the final. Lawes is ranked third in the field, while Cameron is the seventh seed.

The winning team from this week's Scotties will go on to represent Canada at the 2025 World Women's Curling Championship at the Uijeongbu Indoor Ice Rink in Uijeongbu, South Korea.

Raiders to battle for seeding after clinching playoff berth

By Kieran Reimer

The Raiders Ir. Hockey Club has secured a spot in the Manitoba Major Junior Hockey League playoffs for the second consecutive season.

Last week, the Raiders clinched their playoff position following the River East Royal Knights' elimination from contention.

Currently, the Raiders hold the eighth and final playoff spot with 34 points this season. However, they

still have five games remaining, providing an opportunity to surpass the Stonewall Jets, who also have 34 points, and the St. James Jr. Canucks, who have 39 points, before the playoffs begin.

On Sunday night, the Raiders also picked up their 15th victory of the season, defeating the Pembina Valley Twisters in Morris.

The Twisters got out to a 1-0 lead in the first period before Owen Lourenco scored on the powerplay 58 seconds into the second period to tie things up.

The Raiders then went on for a shorthanded goal from Devon Whiteside and an even strength marker from Andrew Denoon before Denoon added an empty netter later in the third period to seal it 4-1.

Raiders' Owen Savoie stopped 27 of 28 in the victory.

The Raiders now get ready for a pair

of upcoming home games this weekend on Friday and Sunday against Ft. Garry/Ft. Rouge and St. James.

UPCOMING GAMES:

- Friday, Feb. 21 vs Ft. Garry/Ft. Rouge Twins, 7:30 p.m. at Seven Oaks SportsPlex
- Sunday, Feb. 21 vs St. James Jr. Canucks, 2 p.m. at Seven Oaks SportsPlex

CurlManitoba names Selkirk host of 2026 Viterra Championship

The Viterra Championship is returning to the east in 2026.

On Feb. 9, CurlManitoba announced that Selkirk will be the host city for the 2026 event during the final day of the 2025 Viterra Championship, which was held in Portage la Prairie.

This will mark the sixth time that the Selkirk Recreation Complex has hosted the Manitoba Men's Championship and the seventh time overall in Selkirk.

"The Selkirk Recreation Complex is one of Manitoba's best curling venues," said CurlManitoba Executive Director Craig Baker in a press release on Feb. 9. "This venue has provided excellent curling and entertainment for about three decades. I am excited

to see this current group of competitors playing there."

Selkirk last hosted the event in 2022 when Team McEwen claimed victory in a spectator-free Selkirk Curling Club due to COVID-19 restrictions.

The previous three championships took place at Neepawa's Yellowstone Community Recreation Centre, Stonewall's Veteran's Memorial Sports Complex, and Portage la Prairie's Stride Place.

On Feb. 9 in Portage la Prairie, Team Carruthers defeated Team Calvert 9-7 in the final of the 2025 Viterra Championship, securing a berth to the 2025 Manitoba's Brier.

A trip to the Brier will once again be on the line when the tournament returns to Selkirk in 2026.

Sportside > OUTSIDE > UPSIDE DOWN

Royals seniors honoured at final regular season home game

By Kieran Reimer

They say all good things must end, but the Lord Selkirk Royals Varsity Girls Basketball Team hopes to do a little more winning before the season is put to rest.

On Feb. 10, it was Senior Night in Selkirk, with the boys' and girls' varsity teams playing against the West Kildonan Wolverines.

The nine seniors on the girl's team each received individual crowd introductions and a bouquet of flowers in honour of their final regular season home game wearing the Royals' purple and silver.

The game itself turned out quite fitting, as the Royals stormed out to a 64-34 win over the Wolverines to collect their fourth win of the regular season. With the win, Selkirk jumped into seventh place in KPAC

"It was the last home game of the regular season and our Senior Night so our kids were pretty pumped up," said Royals coach Amanda Hallson. "We're also coming off a road trip; we were out in Brandon on the weekend, so having those four games together as well, we're kind of playing really in sync with each other at the moment. The more the team plays together the better they are and so that really helped us come out against an opponent where I thought the game would be closer than it was but we were really on with our defence and transition game so I was very proud of the girls and the way they played."

Allison Beattie, Payton Bragg, Aiden Dolenuk, Kelsey Erickson, Isabelle Fey, Ashley Gidilewich, Julia Gidilewich, Taylor-May Jacyk, and Danika Jakabek are the nine grade 12's that were honoured at the game.

Eight of them were on the Royals squad that won the KPAC Tier 2 championship last year after an incredible playoff run.

This year, the same group has taken their game to a new level in the newly formed KPAC, which is now a tier-less league consisting of multiple teams from last year's KPAC Tier 2 and multiple other top teams from Winnipeg.

All in all, it's made for a tougher league, but it's also an exciting new challenge that they are finding success in, especially recently.

"They have grown a lot together as a group. They've got some really good chemistry so they work well together and the more games we play the better they get," said Hallson.



RECORD PHOTO SUBMITTED

Royals varsity girls graduating players, Allison Beattie, Payton Bragg, Aiden Dolenuk, Kelsey Erickson, Isabelle Fey, Ashley Gidilewich, Julia Gidilewich, Taylor-May Jacyk, and Danika Jakabek.

Hallson also highlighted the successful season that Jacyk is having for the Royals in her grade 12 season.

Jacyk has scored 25 points or more in the Royals' last three games and recorded an impressive 32 points in their 66-41 victory over Portage Collegiate in the Crocus Plains Varsity Java Jam Tournament Round-Robin on Feb. 7.

With three grade 11's and one grade 10 also on the team, playing alongside the Royals seniors has helped them develop their game.

The program should be in good hands with those four eligible to return next season.

"Our grade 11's and ten have really done a lot of learning and they are still kind of developing and working on stuff but they are getting the chance to play with some really good players and that opportunity helps you lift your game up," said Hallson. "When you play with good competition and

with good players your game gets better and you start thinking more and seeing more out there. That has helped them develop more as players on the floor."

With two more regular season games left and potentially another exciting playoffs, the four will get the chance to experience their first playoffs at the varsity level.

The seniors already know what it takes to make a lengthy playoff run, so they hope to bring that championship pedigree with them into the postseason.

"Having eight that played on that team last year that made a solid playoff push and went to a Tier 2 championship has really translated well this year," said Hallson. "Just in the fact that they know each other, they know their strengths, and they've played really well and so they understand coming down the stretch in February that this is the time you need to really be on your game. They get that and it's played to our strengths as well."

The Royals will close out the regular season on the road against Kildonan-East on Monday, Feb. 24 at 6 p.m.

Next up is this Wednesday in River East against the Kodiaks at 7:30 p.m.



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A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337





SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Fishermen close out regular season with win over Comets

It's on to the postseason for the Selkirk Fishermen who'll get set to clash in the first round with the La Broquerie Habs this week.

The Fishermen closed out the regular season on a high note with a 5-2 win over the Beausejour Comets on Sunday afternoon.

Despite multiple players out with injuries and suspensions, the Fishermen rallied for goals in each period, coming off the sticks of Ty Johnson, Karter Andrushko, Ashton Schroeder, Jacob Naherny and Zach Lemire.

Marcus Sharpe was also stellar, stopping 22 of 24 for his eighth win in the pipes this season.

The Fishermen improved to 12-14-0-1-3 with the win and finished with 41

"We've been playing pretty good in the past few months, we finished up before the Christmas break playing some pretty good hockey and added some bodies in the new year," said head coach Chris Poponick. "Now we've got the team playing the way we want them to play and that's just a matter of us being patient, consistent, and sticking with the system and style of play that we're looking for. I think we'll see some success if we

can manage to do that and hopefully put some pucks past the La Broquerie goaltender who's been stonewalling us for almost all the games we've played against them."

Game's One and Two of the best of five will be played at Selkirk Recreation Complex while Game's Three, Four, and Five will be played at the HyLife Centre in La Broquerie.

For the Habs, it's the franchise's first-ever trip to the CRJHL playoffs after joining the league at the beginning of the season.

The Fishermen are hoping to get back to CRJHL glory after falling short in the semi-finals last year.

Poponick said they'll need to set the tone in the early going to take advantage of home ice in the opening two games.

"It's absolutely huge right, we've got to come out with good momentum and hopefully carry it over from our Beausejour game the other night and take the play to them right away and set the tone right off the bat," said Poponick. "A lot of times when you play a team like that that's fairly new, we don't know a lot of their players very well and you kind of go into it not sure how to drive the play but



RECORD PHOTO BY RAYME THOMSON

The Fishermen's Logan Saluk had a goal and three assists in the 7-3 win against North Winnipeg Satelites.

more than anything we've got to realize we need to take the play to them and make them come up to our level because we can actually reach a pretty good level when we get going. It's going to be a matter of dictating the pace."

ROUND ONE SCHEDULE:

Game 1: Thursday, Feb. 20, 8

- p.m. at Selkirk Recreation Com-
- Game 2: Sunday, Feb. 23, 7:30 p.m. at Selkirk Recreation Complex
- Game 3: Tuesday, Feb. 25, 8 p.m. at HyLife Centre
- Game 4: Saturday, March. 1, 7 p.m. at HyLife Centre
- Game 5: Sunday, March. 2, 7 p.m. at HyLife Centre





- CATCH THE EXCITING NEW TEAM FOR THE 2024-2025 SEASON
 - VS Winnipeg Freeze, Fri, Feb 21st 7:30 pm - Annual Terry Fox Game -
 - VS Winkler Flyers, Tues, Feb 25th 7:30 pm
 - VS Wpg Freeze, Sat, Feb 22 6:15 pm
 - VS Swan Valley, Fri, Feb 28 7:00 pm

www.selkirksteelers.com

the Steelers Box Office is open 1 hour before game time **SELKIRK RECREATIONAL COMPLEX**

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SPOTES&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Steelers edged out by East Division MJHL rivals

The Selkirk Steelers were a goal short on two occasions last week against two of the Manitoba Junior Hockey League's best clubs.

On Tuesday, an overtime battle with the Steinbach Pistons went in Steinbach's favour a minute and a half into the sudden death frame after MJHL leading scorer Connor Paronuzzi scored for the Pistons.

The Steelers opened the game's scoring with Owen Warnick's 17th of the campaign early in the second period.

Ryan McDonald and James Fuchs responded with two for the Pistons before Steelers' Jacob Ziegler scored his first of the season to tie things up

just 25 seconds after the Fuchs goal in the third period.

Things remained tied at two before Paronuzzi ended it in overtime for the Pistons 3-2 win.

Steelers goaltender Noel Olsonawski was busy stopping 36 of 39 in the game.

The Steelers then played another extremely close game with the Portage Terriers on Saturday in Selkirk.

Remy Hlady scored twice and Owen Branson added another as the Steelers made it 3-3 entering the third period after trailing 3-1 in the second.

After the Terriers went up one in the third from a goal by Owen Witt, the Steelers pushed for an equalizer but

one more past Mitchell Kathler.

Kathler stopped 29 shots for the Terriers as they went on for the 4-3 win. Noel Olsonawski once again broke the 30-save mark for the Steelers, stopping 31 of the 35 shots he faced.

The Steelers now get a chance at a rematch with the Terriers on Monday afternoon in Portage la Prairie. Due to our press schedule, the score of Monday's game was unavailable.

They'll play home and home with

ultimately couldn't find a way to get the Winnipeg Freeze on Friday and Saturday.

UPCOMING GAMES:

- Monday, Feb. 17 at Portage Terriers, 3:30 p.m. at Stride Place
- Friday, Feb. 21 vs Winnipeg Freeze, 7:30 p.m. at Selkirk Recreation Complex
- Saturday, Feb. 22 vs Winnipeg Freeze, 6 p.m. at Hockey For All Centre



Steinbach on Feb. 11.



RECORD PHOTO BY RAYME THOMSON

Steelers' captain Jacob Ziegler scored his first of the season to tie things up against the Steinbach Pistons last Tuesday. Unfortunately, Pistons won 3-2 in overtime.

NEXT HOME GAMES

at the Selkirk Rec Centre

PLAYOFFS VS. La Broquerie Habs.

Game 1: Feb 20 @ 8pm in Selkirk

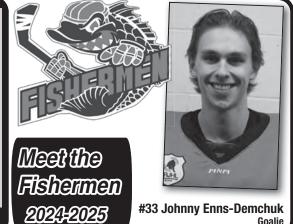
Game 2: Feb 23 @ 7:30 in Selkirk

Game 3: Feb 25 @ 8pm in La Broquerie

Game 4: Mar 1 @ 7 pm in La Broquerie

Game 5: Mar 2 @ 3 /7 pm in Selkirk /La Broquerie

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Rule Apartments located at 424 Eveline Street. 2 beds & 1 bath apartment suites available from \$1,250/month to \$1,350/month includes water and parking. Tenants pay their own hydro. Elevator in building, front door intercom, in-suite laundry. Located close to many amenities, Selkirk Park, public transportation, legion, fishing, shopping & more! Sorry, No pets & no smoking policy. Call/text Rule Apartments for more information 204-290-3805.



REQUEST FOR QUOTATION 2025-01

2025 and 2026 Hourly Rough Cutting Services

The Rural Municipality of West St. Paul is seeking quotations for hourly rough cutting services.

Specifications and quotation documents including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked "RFQ 2025-01 - 2025 and 2026 Hourly Rough Cutting Services" will be received by the undersigned at the address below until 10:00am on March 6, 2025. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the RFQ should be directed to Terry Ferguson, Community Services Officer by e-mail tferguson@ weststpaul.com or by phone 204-334-0092.

Mr. Dave Wardrop, CAO Rural Municipality of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3



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The building and land known as 1565 Hartley School Road, Petersfield, MB, as described in Certificate of Title No. 3159319/1 will be sold by public auction by a Licensed Auctioneer on March 19, 2025 at 9:30 A.M. The auction sale will be held by video or teleconference. There will be no in- person attendees at the auction, in order to participate you must pre-register at least 24 hours prior to the auction by contacting Katharina Kirienko at either 204-957-4810 or kkirienko@mltaikins.com.

The Vendor is informed that the property consists of a 1,377 sq ft single family dwelling built in 1964, 3 bedrooms, 1 full bathroom, crawl space basement, detached single garage, well and holding tank, located on 5 acre lot comprised of the home, outbuildings and bushland

Realty taxes (excluding any accruing water charges) are paid to December 31, 2024. The property is sold subject to taxes and penalties accruing after that date. Prior charges: Nil.

TERMS OF SALE

Deposit of \$36,000.00 by way of certified cheque or bank draft payable to MLT Aikins LLP, or cash (the cash component of the deposit not exceed \$7,500.00) and the balance according to conditions to be announced at the sale.

The property will be sold subject to a Reserve Bid of \$193,000.00 plus such other additional and incidental costs which may be incurred by the Vendor from the 14 day of February, 2025 to the date of the auction and which costs will be announced prior to the commencement of the sale.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

Should the successful bidder have attended by teleconference and/or video conference, the bidder will have 24 hours to execute the Auction Sale Conditions and to provide them together with the deposit to our office as set out below. Further information may be obtained from: MLT AIKINS LLP

Barristers & Solicitors 30th Floor, 360 Main Street, Winnipeg, MB R3C 4G1 Attn: Katharina Kirienko (204) 957-4810 kkirienko@mltaikins.com



EMPLOYMENT OPPORTUNITY

SUMMER POSITIONS

The Rural Municipality of West St. Paul is recruiting youth to work in various capacities.

Summer Maintenance Positions

Job Type: Temporary Full Time

Duration: April 28, 2025 - August 29, 2025 (18-week duration) June 9, 2025 - August 29, 2025 (12-week duration) June 23, 2025 - August 29, 2025 (10-week duration)

Salary: \$17.46

Closing Date: Open until filled

For a full list of Duties and Qualifications please visit www.weststpaul.com Applications should be marked

"Application for Summer Maintenance Position".

References shall be required upon request. If you have any questions regarding the posting please contact Rick Friesen 204-334-0092 or rfriesen@weststpaul.com.

Summer Camp Counsellor Positions

Job Type: Temporary Full Time

Duration: June 9, 2025 - August 29, 2025 (12-week duration) June 23, 2025 - August 29, 2025 (10-week duration)

Salary: \$15.80 to \$18.95 Closing Date: Open until filled

For a full list of Duties and Qualifications please visit www.weststpaul.com

Applications should be marked "Application for Summer Camp Counsellor Position".

References shall be required upon request. If you have any questions regarding the posting please contact Ashly Reyes, Recreation Director at 204-336-0294 or recreation@weststpaul.com.

HOW TO APPLY

Submit resume, specifying if you are applying for Summer Maintenance Position or Summer Camp Counsellor Position:

- By email to: admin@weststpaul.com
- By mail in a sealed envelope marked "Application for Summer Maintenance Position" or "Application for Summer Camp Counsellor Position", RM of West St. Paul, Attn: Lainie Shaw, CMMA, 3550 Main Street, West St. Paul MB R4A 5A3
- Use the secure drop-box located at the entrance to the Municipal Office

The RM of West St. Paul wishes to thank all candidates for their interest in these positions, however, only those individuals considered for an interview will be contacted.

These positions are made available through grant funding.

The RM of West St. Paul is an equal opportunity employer and is committed to the employment of a qualified workforce which reflects the community's diversity. Applicants are encouraged to self-declare if they belong to an employment equity group.



PUBLIC NOTICE

2025 Spring Road Restrictions

The Public is hereby advised that the 2025 Spring Road Restrictions will commence no earlier than March 1, 2025 and remain in effect until May 29, 2025, unless otherwise notified.

The purpose of Spring Road Restrictions is to protect roadways from damage during spring thaw conditions. The Municipality requests the co-operation of its citizens and the commercial industry. For further information regarding Spring Road Restrictions on municipal roads, please visit our website at www.weststpaul.com or contact the municipal office at 204-

Provincial trunk highways and roadways are subject to restrictions by Manitoba Infrastructure. Please contact them directly with any provincial road inquiries through the Road Information Line at 511 in Manitoba or at 1-877-627-6237 outside Manitoba. Provincial restrictions can also be obtained online at https://www.manitoba.ca/mti/srr/index.html under "Manitoba Spring Road Restriction Program".

Dated this 20th day of February, 2025

Dave Wardrop, CAO RM of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3

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March 13th, 2025 3550 Main Street RM of West St. Paul. MB 6:00pm

Thursday

Note: property owners are responsible for notifying "tenants"

NOTICE OF PUBLIC HEARING

REZONING AMENDMENT APPLICATION

Rural Municipality of West St. Paul

Under authority of The Planning Act, the municipal Council will hold a public hearing at the

time and location listed below to hear from those who wish to speak in support or objection,

or to ask questions. For more info on how to register for the public hearing please contact the

Council Chambers

APPLICATION INFORMATION

Application File: ZBA 2025-03 "P" **Applicant:** RM of West St. Paul

Property Location:

municipality at 204 338-0306.

Application Purpose:

The municipality is proposing to make changes to their Zoning By-law by undertaking a variety of amendments. The proposed amendments include the topics of:

- Building projections;
- Including new zones;
- Bulk regulations; and
- Public hearing requirements

The proposed amendments do not involve rezoning any property.

A copy of the above-noted proposal and supporting material is available on the Red River Planning District website at https://www.redriverplanning.com/hearings.php or by contacting the Red River Planning District in person during normal business hours Monday to Friday at 2978 Birds Hill Road, East St. Paul, by phone at 204 669-8880, or by email at info@rrpd.ca



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ANNOUNCEMENT

IN MEMORIAM



Dustin Cholosky

You are near us, even though we can't see you. You are with us, even if you're far away. You are in our hearts, in our thoughts and in our lives every single day. You are forever loved, forever remembered

and forever missed.

-Dad and Mom

ANNOUNCEMENT

IN MEMORIAM



Dustin Cholosky May 25, 1977 - February 21, 2024 In memory of our favourite brother. Families are forever. We love you.

-Your sisters

OBITUARY



In loving memory Irmgard Ilse Milner January 16, 1925 - February 3, 2025

On February 3rd, 2025 our precious, adorable mom passed

She was predeceased by her parents Walter and Frieda Hieke from Saxony, Germany; sister Gertrude; husband Karl; and her

Irmgard will be missed immensely by her six remaining children, 16 grandchildren, 27 great-grandchildren and five great-grandchildren.

Irmgard was educated as a teacher before immigrating to Canada in 1949. She worked for MTS as an operator and supervisor for 32 years retiring at 71. She resided in Selkirk, Manitoba much of her life and the town held a special place in

Irmgard looked forward to every day of her life, always enjoying her flowers, books, newspapers, coffee, travel and lively conversations with her children. She believed in being content with a simple life and keeping family close. She had charm, kindness and a witty sense of humour.

On January 16th Irmgard celebrated her 100th birthday surrounded by her children and many of her 48 grandchildren. She was beaming with joy.

Irmgard enjoyed a remarkably full life, she enjoyed good health and the love of her family until her final days. Irmgard always said, "My children are my greatest joy in this life." As per her wishes, cremation has taken place and a private family service will be held at a later

date.

We love you Mom....and you will forever be cherished in our hearts. Your children Walter, Angela, Margita, Annette, Charles, Peter and Gwen,

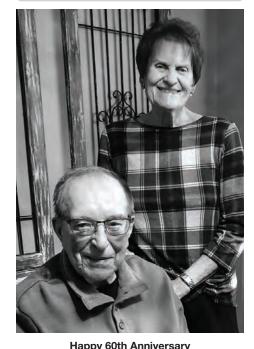
Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



ANNOUNCEMENT

ANNIVERSARY



Ernie and Angie Mandziak on February 20th! -Love Lisa and Erika

ANNOUNCEMENT





Ron Law November 14, 1953 - February 20, 2022 No longer in our life to share, But in our hearts you're always there.

-Love Kim and family xo

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Job Type: Full Time

Salary: Starting at \$40,000

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Key Responsibilities:

- Serve as the primary contact for members, businesses, and the public.
- Maintain and update the organization's website and social media platforms.
- Actively engage with the business community to foster relationships and promote
- Organize, promote, and manage events, including sponsorships and ticket sales.
- Oversee and coordinate office administrative procedures, evaluating and implementing new processes as needed.
- Develop and execute marketing strategies to increase visibility and support for the organization.
- Deliver presentations to businesses and community groups to promote the Chamber.
- Manage membership recruitment, renewals, and the local gift card program.
- Handle bookkeeping, budget development, and financial management using
- Prepare and present monthly financial and business status reports.
- Ensure compliance with organizational policies and industry best practices.
- Other duties as assigned.

Skills & Qualifications:

- Strong communication and interpersonal skills
- Ability to multi-task and stay organized in a busy environment
- Independent thinker with strong problem-solving skills
- Strong attention to detail and ability to work independently
- Proficiency in Microsoft Office and Quickbooks Online
- Knowledge of bookkeeping and financial management
- Experience in event planning

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Arthur Henry Salmon

It is with great sadness we announce the passing of Arthur Henry Salmon at the Brandon ICU at the age of 83 years.

He is survived by his two sons, Scott Salmon and Neil Salmon. Art was born November 8, 1941 in Selkirk, MB. He originally started working at the Selkirk Enterprise as a typesetter for a number of years. He stayed in this field and then moved to sales where he excelled and remained at North West Wholesale for 36 years.

Art was a dedicated father, he had a tremendous work ethic and always a smile. He had a passion for bowling, the Jets, Blue Jays, cozy PJ's and a good glass of scotch.

He will be sadly missed..."God Bless Arty, say hi to Mum" At this time, we would like to thank the Selkirk General and Brandon ICU, and the caregivers for their wonderful job looking

after Arthur "thank you so much."

Friends and family are invited to visit Art's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

Arrangements entrusted to:



OBITUARY

Anne Recksiedler

Peacefully, on Wednesday, February 12, 2025 at the Red River Place, Selkirk, Mb, Anne Recksiedler, aged 94 years of Grand Marais passed away and is now with her Lord and Saviour. A funeral service will be held on Friday, February 21, 2025 at 1:00 p.m. in the Gilbart Funeral Chapel, Selkirk,

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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