

#### **RECORD PHOTO BY LINDSEY ENNS**

Cole McCarton, pictured left, and Dallas Starodub, pictured right, of the Selkirk Steelers were all smiles before facing off against the Opaskwayak Cree Nation (OCN) Blizzard team from The Pas at the Selkirk Rec Complex last Friday evening. Despite outshooting the OCN Blizzard by a wide margin, the Steelers were defeated 3-2 in their regular-season finale. For more photos from Friday's last regular season home game, see Page 9. The Steelers have clinched a playoff spot and will face off against the Portage Terriers at 7:30 p.m. on Friday at the Selkirk Rec Complex.

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# New women's shelter set to open its doors in April

Women and children escaping abuse will soon have a new safe place to call home in Selkirk.

Selkirk's new Nova House, located along Clandeboye Avenue, will officially open its doors next month.

Nova House executive director Anna Pazdzierski said they will take possession of the building on April 1 and hope to start moving clients in on April 17.

She added they have long outgrown their current 3,800 square foot facility and are looking forward to being able to offer more programs in their new 9,000 square foot building.

"We'll have a lot more room," Pazdzierski said with a smile while standing inside the room where a new Second Stage Program will be run out of during a quick walk through of the building last Wednesday morning.



#### **RECORD PHOTOS BY LINDSEY ENNS**

ABOVE: Selkirk's new Nova House, located along Clandeboye Avenue, will officially start welcoming women and children escaping abuse on April 17. BELOW: Nova House women's councillor Sherri Robertson, pictured left, and the centre's executive director Anna Pazdzierski were all smiles while taking a quick walk through their new 9,000 square foot facility last Wednesday morning.





"It's going to make a huge difference." Pazdzierski said the centre's second storey will house their new Second Stage Program. She added it will be a place for women, who are unable to

access housing because of Selkirk's

in a program during that time which will include daily counselling sessions, training to help update their education and job skills if required.

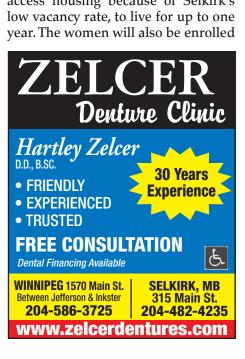
Pazdzierski added she believes this will be the only Second Stage Program offered in Manitoba located outside of Winnipeg.

"We right now have two interim units in Selkirk where women can live but we see them once a week," she said."Where as with this program we'll see them everyday."

She said watching their new facility come together over the last year during construction has been "amazing."

"I'm just so impressed with the quality of the build and all of the features that exist," she said. "It will be amazing and so much better for clients.

"They will be so much more comfortable, we'll be able to do better work around counselling, better support for clients and they will have a better experience."





















# Former community club treasurer pleads guilty to stealing \$292K

By Lindsey Enns

Past and present St. Andrews Community Club volunteers say a dark cloud over their community is starting to lift after the club's former treasurer plead guilty to stealing hundreds of thousands of dollars from the local recreation centre.

Former club president Kurt Proctor said he watched as former club treasurer, Sharon Wasny, plead guilty to stealing \$292,000 from the club last Thursday at the Winnipeg Law Courts. Wasny's sentencing is scheduled for July 27 in Winnipeg.

"It didn't come as a shock to us or anything that's for sure," said Proctor, who stepped down last May. "It's a relief ... it's just unfortunate that it ever came to that."

In April 2015, RCMP arrested and charged Wasny, 53, of St. Andrews, with theft over \$5,000 and falsifying documents in relation to alleged fraud at the St. Andrews Community Club that dates back to January 2005 and ends in July 2012.

Selkirk RCMP began their investiga-

tion in May 2015 after the club's board members raised suspicions of a large amount of its money being misman-

St. Andrews Community Club president Rob Ataman says the investigation "ripped" the community a part.

"It ripped it apart into shreds," Ataman said. "The board has taken a public beating since this was brought to light and people always pick sides and unfortunately for most people they picked the wrong side, the board was correct."

Ataman said board members and their families faced backlash on social media throughout the investigation.

"We've had board meetings where board members were crying, we've had board members that their kids were beat up in school, verbally abused, threats on bathroom walls ... and it's a terrible thing to go through," 'sorry' to some of the board members that are there now and beforehand.

"I think that would be a good step

forward and then the community will start healing."

Ataman has submitted an impact statement that will be shared during Wasny's sentencing in July. He said this situation has negatively impacted the community as a whole.

"We have a lot of nice, great people that work hard in St. Andrews but the memory is going to be there for a long time," he said.

Ataman added the club's battle is far from being over. The club is currently working with the RM and an insurance company to see if they can get some of their money back.

Although fundraising aging roof recently, the building's electrical system needs to be replaced and its exterior is in need of repairs, Ataman said.

Proctor and Ataman also said there is more money missing from the club that has yet to be accounted for.

"It's not easy to figure out exactly where it went but right now we're in the process of thinking of how to go about that," Ataman said.

#### he said. "I think there's a few people efforts ... out there that need to come and say have helped the club replace its

### Mixed Bag art show at Gwen Fox



#### **RECORD PHOTO BY LINDSEY ENNS**

Gord Kanne, pictured left, and Peter Doucette, pictured right, hold up one of their pieces that will appear in this month's Mixed Bag art show at Selkirk's Gwen Fox Gallery located at 101-250 Manitoba Ave. The show includes diverse pieces by 13 artists. Some of the pieces include carvings, wearable art, metal art, photography, furniture art, paintings, and glass art just to name a few. The show runs until April 7 and an opening reception will be held on Saturday, March 11 from 2 p.m. to 4 p.m.



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# AFM brings fentanyl and other drugs forum to Selkirk

By Teresa Carey

Fentanyl, the dangerous opioid taking lives across the country in recent months, has made its way into Selkirk.

Dr. Sheri Fandrey, an Addictions Foundation of Manitoba (AFM) knowledge exchange lead, says while the drug can be safely used under a doctor's supervision, one million doses of it fits into a shoe box, and one million doses of the more dangerous carfentanyl would fit into a golfball.

Fandrey was among a group of presenters during a community forum on fentanyl and other drugs at the Selkirk Comp on Monday evening.

The approximately 75 community and area members in attendance learned facts about various drug types and how to identify symptoms of overdose and what measures to take, resources within Selkirk that can help people involved in drugs as well as a lot of details about the various forms in which Fentanyl is being sold on the streets, such as pills, blotters, patches, powder and popcorn, which was recently seized in Hamilton, Ont.

Fentanyl's danger is magnified by the fact that users cannot ever really know the size of the dose they are getting. It is also being mixed with other



**RECORD PHOTO BY TERESA CAREY** 

Panelists answer questions from the audience during a community forum on fentanyl and other drugs hosted by the Addictions Foundation of Manitoba at the Selkirk Comp on Monday evening.

drugs, and in some cases, heroin is now made of pure fentanyl.

The drug, which is illicitly manufactured mainly in China, is made into powder form. Experts say that even having the Naloxone kit (an antidote) readily at hand is no guarantee that someone under the influence would have the ability to use it when needed. In fact, there have been cases where

see store for details.

the kit has been found beside a person who has died of an overdose.

John Moore, a rehab counsellor at AFM and youth school counsellor in Selkirk, said facts, not scare tactics, are key when trying to dissuade youth from taking drugs. He offered tips on the do's and don't's of how to talk to youth.

The best weapon to fight this threat? Information and having open and honest conversations about drugs, along with encouraging "protective factors," which includes community and school participation, positive family environments, and self esteem.

The takeaway from the audience was varied. One man, a father of two, was pleased with the level of information provided and came out because he wanted to be informed. Two other women with children expressed disappointment.

"We thought this was for parents. It seemed to be more for medical people and professionals. I think there should definitely be more for parents. I want to be involved. I don't know any of the terminology anymore," one of the women said.

A parent intervention session is scheduled to take place in Selkirk in April.

In an earlier interview with the *Selkirk Record*, Fandry said attendance at these forums being held across the province has exceeded their expectations. She said they have been averaging around 100 people per forum.

She added their main goal for these forums is to raise awareness about the dangers of fentanyl.

"I think it is a crisis in Manitoba," she said. "A lot of people aren't living long enough to become addicted.

"By having this outreach, providing education, raising awareness, we're hoping that we can prevent it from becoming the kind of crisis we're seeing elsewhere."

Those wanting to review the forum presentation, it is available online at AFM's website, afm.mb.ca.



# Wolf sighting in West St. Paul



**SUBMITTED PHOTO** 

West St. Paul has received numerous complaints of coyotes in the RM recently and on March 3 a young wolf was spotted and photographed by a resident. The animal was seen in and around homes on Rossmore and running in McNaughton Park. Residents are advised to be aware of their surroundings and keep dogs on leashes and don't allow them to run loose. Concerns about wildlife can be reported to Manitoba Conservation by calling 1-204-785-5373.

# 'I never knew I would be in this situation'

Amanda Todd's mother stops in Selkirk to spread awareness about Internet safety

#### **By Lindsey Enns**

Carol Todd was in the Selkirk area last week to spread her message of awareness when it comes to bullying, cyberabuse, Internet safety and mental health.

Todd's daughter, Amanda, took her own life at the age of 15 in October 2012. Before her death, Amanda posted a video on YouTube sharing her story on flashcards of being blackmailed into exposing her breasts via webcam and the verbal and physical abuse that followed. The video has since been viewed nearly 50 million

Todd, who is a teacher living in British Columbia, says losing her daughter opened her eyes to what's really out there in the world.

"I never knew I would be in this situation ... but we never knew that what's happening on the Internet would be so rampant and really take off," she said before speaking to students at East Selkirk Middle School last Thursday morning."We have to talk more to our kids about digital responsibility.

"They think they are invincible and it won't happen to them."

Todd also spoke with students at École Selkirk Junior High and to a group of community members at the Gaynor Family Regional Library during her stop in Selkirk last Thursday. The community awareness sessions were organized by the Interlake Sexual Exploitation Educators (ISEE) committee.

Robin Jackson, who is a long-time ISEE committee member, said their goal is to eradicate sexual exploitation in the Interlake region.

"We just want to increase awareness, increase young people's confidence when it comes to talking about some of these subjects and recognizing that help is available," Jackson said, adding the committee has also been making presentations in schools across the Lord Selkirk School Division. "We're trying to zone in on the safe use of cellphones and the Internet because we were recognizing that there's a lot of people that are involved in inappropriate messaging or are receiving messages or maybe chatting with people they don't know.

"We just want to increase safety."

Jackson said they see various instances of sexual exploitation throughout Manitoba, including in the Interlake. She said there isn't enough discussion around the subject to help parents and youth.

"The longer that there's secrecy the more it increases risk," Jackson said. "The quicker that you can get help for



**RECORD PHOTOS BY LINDSEY ENNS** 

Carol Todd, pictured above, shares her daughter Amanda's story with students during a presentation at East Selkirk Middle School last Thursday morning.



yourself and your friends the better the outcome might be.

"It's not that young people feel hopeless it's that they don't have the life experience to recognize that difficult situations don't last forever."

Some of the forms of sexual exploitation include involvement in the sex trade, child pornography and exchanges of a sexual act.

Jackson said some of the resources available to youth and parents include cybertip.ca, Kids Help Phone online at kidshelpphone.ca or by calling 1-800-668-6868 as well as the Manitoba Suicide Prevention and Support Line, which can be reached by calling 1-877-435-7170. More information about the ISEE committee can also be found online by visiting interlakesee.

"All of these places are also designed to help people," Jackson said.

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### RM of St. Andrews

# Council was mislead on sewer project, Sul says

By Jeff Ward

St. Andrews Coun. Joy Sul says she was disappointed by the lack of discussion after she brought to light information that suggests the former council were mislead on the Pruden Avenue sewer project.

Sul addressed council on Feb. 28 to explain her concerns about the project. She stated that on Oct. 22, 2013 at the regular meeting of council, former St. Andrews CAO Sue Sutherland's report on the Pruden Avenue wastewater system quoted a "per lot cost based on 10 lots" at \$16,122.50 up front, or paying \$986 over a term of 20 years. Sul added that the next day when residents were presented with a notice for a public hearing — scheduled for Dec. 10, 2013 — that the local improvement tax was then based on a "per metre of frontage cost for 12 lots," which was contrary to the resolution passed the day before. Sul said that this information shows council was mislead and she isn't sure if this bylaw is valid in its current form.

Sul stood alone in her opposition of the bylaw and following her presenta-



**RECORD FILE PHOTO** 

St. Andrews Coun. Joy Sul presented new information during last weeks council meeting that suggests previous council was mislead on the new Pruden Avenue sewer system project.

tion, discussion around the topic was short.

Deputy Mayor Laurie Hunt was teleconferenced into the meeting and said through the speakerphone that "no matter what you do no one's going to be happy," and asked "how much longer do we spend on this?"

"I was very disappointed and frustrated by his comments because we were elected to act in the best interest of the residents — we're their representatives," Sul said following the meeting. "It was up for discussion but

there's never any discussion. In light of this new information that came forward, for me personally I find it very disturbing. The residents are very frustrated because there's been no communication and this has been going on since February of 2013."

St. Andrews CAO Andrew Weremy said that his recommendation to council would be to have the municipality's legal team look over the information Sul presented. Whether or not council will do that has yet to be decided.

The Pruden Avenue sewer system currently in the works in St. Andrews will see a sewer line run down Pruden Avenue and the municipality's plan is to charge homeowners per metre based on their frontage, meaning some residents will pay more than others for the same service.

According to a bylaw, the cost to each property owner is \$444.82 per metre of frontage. More information about the project can be found by visiting's the RM's website at rmofstandrews.com.

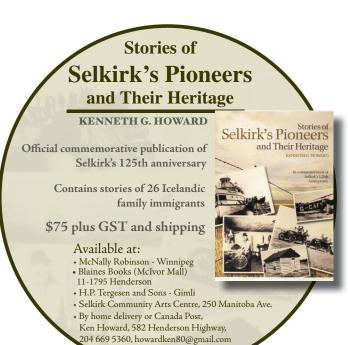
Sul said that the upfront cost for her property alone is \$23,275.08 based on the per metre cost of frontage. She said that if the cost was shared equally across all homes, the cost would drop to \$13,110.42 per lot. She added that while it will make some owners cost rise a bit, others would drop significantly and that the neighbourhood wants the bylaw to be fair. Residents have five years to hook up to the system from the date of completion of the pipe. Sul added that there are even more costs associated with being hooked up.

In May of last year the Municipal Board validated the bylaw following a public hearing. Coun. Rob Hogg said that he thinks Sul's presentation is just a "stall tactic" and that he wants to "proceed with this" bylaw.

"The problem with that is the Municipal Board didn't have this information when they made their decision. And just because this bylaw exists doesn't mean it can't be amended. The Town of Swan River had a case where they amended the method of taxation after their Wellness Centre was built. We can do the same here and make this a fair bylaw," said Sul.

Sul said that she isn't looking to get out of paying the cost of the system, but that she just wants the payment to be equal. Forcing residents to pay tens of thousands of dollars for the construction of a sewer system and then thousands more to be properly hooked up is going to be very difficult financially for some owners, Sul said.









# Province launches aquatic invasive species awareness campaign

The Manitoba government has launched a public awareness campaign, called 'Spot the Stripes and Stop the Spread', to encourage water-users to help in the battle against zebra mussels and other aquatic invasive species

"Taking an active role in preventing the spread of AIS is the focus of a new awareness campaign that will be asking Manitobans to spot the stripes and stop the spread," Sustainable Development Minister Cathy Cox said. "We know that all Manitobans who enjoy activities on the water want to play their part, so we're calling on them to help us raise awareness and change behaviours.

"Zebra mussels are here to stay in Manitoba and we must all do our part to prevent further spread."

Zebra mussels can have serious impacts on the environment. Once established in a body of water, they can accumulate on boats and water-borne equipment and infrastructure like docks, intake pipes and other waterbased infrastructure. Zebra mussels can also impact fish populations and recreation through the deposit of sharp shells washing up on beaches.

The awareness campaign is focusing on all recreation activities involving water and will see awareness-raising materials distributed to the approximately 750 vendors across the province who sell fishing and wildlife licences, as well as materials being made available to other retail outlets that indicate

an interest in helping stop the spread of AIS.

"The Mid-Canada Marine and Powersports Dealers Association (MMP-DA) is committed to working with our members and the province to stop the spread of AIS," said Geoff Powell, association manager, MMPDA. "The spread of zebra mussels in our lakes is a very serious concern for our industry and we believe our customers want to help."

In addition, the campaign will appeal to the next generation of Manitobans, enlisting the help of children in reminding family members to do their part at the beach, the cottage or while boating on one of the province's many lakes. Activity books for children have

been developed and will begin to be distributed this weekend at the Mid-Canada Boat Show, along with the launch of a contest for children under the age of 12 to submit their suggested name for the zebra mussel featured in the AIS awareness campaign.

"Our new AIS awareness campaign is an opportunity to build involvement and interest among young Manitobans on this important topic," Cox added.

The spread of AIS, including zebra mussels, is preventable by following the important steps to clean, drain, dry and dispose. For more information visit manitoba.ca/stopthespread or call 1-87-STOP AIS-0 (1-877-867-2470).



#### **Notice of Environment Act Proposal**

Manitoba Sustainable Development has received a proposal pursuant to The Environment Act regarding the following operation and invites public participation in the review process:

#### MANITOBA SUSTAINABLE DEVELOPMENT, PARKS AND PROTECTED SPACES - GRAND BEACH PROVINCIAL PARK **LAGOON UPGRADE PROJECT - FILE: 1023.20**

A proposal was filed by Manitoba Sustainable Development's Parks and Protected Spaces for the upgrade of the Provincial Park Lagoon at Grand Beach within 20-18-7 E. The proposed upgrade consists of the construction of a new primary cell and two secondary cells with geo-synthetic liner. Other components of the proposal include a new wastewater lift station and forcemain to the upgraded lagoon, truck dump facility, interconnecting pipe and level control structure, effluent discharge ditch as well as 100 m of road upgrading. Treated wastewater from the wastewater treatment lagoon will be discharged twice per year (once in early June and once in the fall) to a drainage ditch, which drains into the Grand Beach Natural Lagoon, which eventually drains into Lake Winnipeg. The existing wastewater treatment plant will be decommissioned after successful commissioning of the upgraded wastewater treatment lagoon.

Anyone likely to be affected by the above operation and who wishes to make a representation either for or against the proposal should contact the Department, in writing or by E-mail (barsha.sagan@gov.mb.ca), not later than APRIL 13, 2017. Further information is available from the Public Registries located at: Legislative Library, 200 Vaughan St., Winnipeg; Millennium Public Library, 4th Floor, 251 Donald St., Winnipeg; Online Registry: http://www.gov.mb.ca/sd/eal/registries/ index.html or by contacting Barsha Sagan, Environmental Engineer at

Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry established in accordance with Section 17 of The Environment Act.

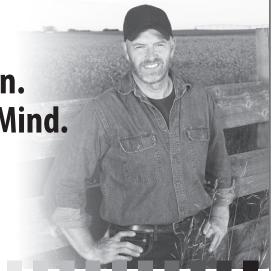
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# A fisherman's luck

Welcome friends.

I'm always impressed with folks when faced with challenges, stay calm taking things as they come and end up in pretty good shape. Such a man is Bill Dakota of Petersfield.

I met him some time ago in his ice shack off White Tail Trail when I was visiting anglers there. He was playing cards with a buddy on a small homemade wooden table in one end of his shack. A pleasant aroma and warmth came from a small wood stove on the other side. Music from a radio filled the air and the walls were covered with years of accumulated fishing novelties and pictures.

Bill's optimistic ready smile complemented his tousled snow white hair and round goatee as he laid down his cards to talk to me. Sturdy glasses covered his kind eyes. Then in an upbeat manner he shared a fishing experience beginning with, "I once caught a nice fish but had to go to the store twice to land it."

He explained he was fishing off a friend's houseboat on Asessippi Lake south of Duck Mountain and caught a pickerel. As he tried to bring it over the guardrail it slipped the hook. He realized that if he caught another one he would need a net to get it over the rail so he dropped his rod on the deck not realizing the lure had fallen into the water and went for a walk to a nearby store to get one. Returning to the boat, he was astonished to see his rod gone.

Bill, without getting upset, simply turned around and retraced his steps to the store for a new rod. Later, back on the boat, on the first cast with his new rod, he snagged his original gear and on the hook this time was another pickerel. Using his new net, this time, he got it over the rail and finally settled back for some fishing.

Unflappable persistence will make you a winner every time.

The spring cracks and ice piles on our lakes are starting to show up just off the shorelines. This was very



**RECORD PHOTO BY ARNIE WEIDL** 

Local commercial fishermen Reney Thomes and Carmen of Belair lift their nets while dealing with a developing crack in the ice of Lake Winnipeg.

evident to commercial fishers Reney Thomes and Carmen Clatt from Belair. I met them lifting their nets as they straddled a crack a few days ago. When I asked them if they had an unusual story for us (as if working across a crack wasn't enough) they started laughing.

Carmen said, "Yea, when we fish by Hillside in late May we have a hard time handling the big carp that get in the nets. They're as big as babies and just as tiring," she joked.

Last week on the Red downstream of Selkirk I ran into David Prasol of Winnipeg nursing an ice hole and he had a fishing story about he and his wife Lorna coincidentally also out of Duck Mountain on Two Mile Lake.

They were angling off a pier some summers ago and Dave caught a rainbow trout. Only then did he realize they had forgotten a stringer so he took one of his shoelaces and tied the fish to the pier.

With lines back in the water time wore on until they decided to call it a day. Dave knelt down to retrieve his only catch and saw that the shoelace had come loose and the fish was

just laying below the waters' surface seemingly in no particular hurry to go anywhere. Slowly he lay down on his belly and extending his arm as best he could, gingerly grabbing the fish. The slippery fellow just squirted forward out of his hand and stopped, just laying there. Dave not about to give up his quest edged himself further out from the dock. His back began to feel the strain of his extended body but yet again he closed his hand over the fish. Squirt. The slimy little guy slipped forward.

One more time, Dave thought. He wiggled outward just a bit more and with labored breath grasped the fish as the cool waters of beautiful Two Mile Lake welcomed him in for an unwanted bath. Surfacing, Dave slowly turned and hoisted himself onto the dock. He looked up at Lorna who with an exasperated expression uttered, "How is it that you always seem to wind up in these predicaments."

Well, the spring fishing closure of April and part of May is looming ahead so get out there and get your fill of angling!

Bye for now.



#### > CONTACT US

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# Good times at the game

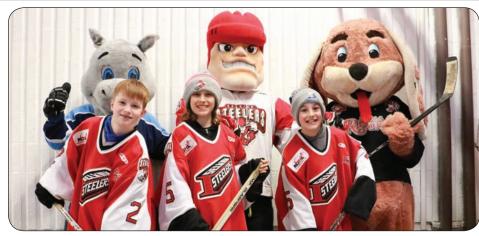




#### RECORD PHOTOS BY LINDSEY ENNS AND BRETT MITCHELL

TOP LEFT: Hayley Porteous of Clandeboye took her two-year-old son Cale to check out the Selkirk Steelers during their last regular season home game last Friday for his first hockey game. Fans came out in droves, pictured right, to support their Steelers who faced off against the Opaskwayak Cree Nation Blizzard team from The Pas at the Selkirk Rec Complex last Friday evening. The Steelers have clinched a playoff spot and will play the Portage Terriers at 7:30 p.m. on Friday at the Selkirk Rec Complex. TOP RIGHT: Pictured from left to

right: Austin Kork, Sam Monnin and Peyton Allard were the three winners of last Friday's Selkirk Record Puck Shot Contest during intermission. ABOVE RIGHT: Young hockey fans gather for a quick photo during last Friday's Steelers game in Selkirk.









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The savings shown are averages and will vary depending on your home, specific heating needs, and other conditions. The energy rates used to calculate the savings are based on a February 1, 2017 natural gas rate of \$0.2572/m3 and an electricity rate of \$0.0793/kWh.

Available in accessible formats upon request.





# **Spring road restrictions to remain in effect until May 31**

Staff

Spring weight restrictions have officially commenced for all affected streets within the City of Selkirk and will remain in effect until May 31.

Spring road weight restrictions prohibit gross weight per axle assembly on City of Selkirk streets from exceeding 60 kilograms in weight per 10 millimeters of width of tire.

The purpose of spring road restrictions is to protect roadways from damage during spring thaw conditions, according to the city.

The city is requesting the co-operation of its citizens and the commercial industry.

For further information regarding spring weight restrictions, contact the City of Selkirk operations department by calling 204-785-4930.

In the RM of West St. Paul, spring weight restrictions commenced on March 6 and will remain in effect until May 31.

To refer to the list of roads affected in West St. Paul, and the weight restrictions for each road, visit weststpaul.com.

To refer to provincial government laws and regulations in effect, visit manitoba.ca/mit/srr/index.html.

# Red River Co-op makes \$28M payout to its membership

Submitted

Red River Co-op's Board of Directors are pleased to announce a \$28 million cash repayment to its members for the 2016 fiscal year.

The Board of Directors approved an allocation to the members of 7.25 per cent on fuel purchases (average of 6.56 cents per litre – based on an average retail pump price of 90.5¢/litre), five per cent on pharmacy purchases, and 2 per cenet on food purchases.

A new repayment method will be utilized for the 2017 cheque distribution and members will receive a minimum of 75 per cent of their current year's allocation in cash. This new method will see new members qualify for a repayment quicker versus the previous method of paying a portion of the total equity a member has with the Co-op, and will provide a greater reward to those members supporting the retail.

Members over the age of 65 can apply to have 100 per cent of their equity repaid to them in cash. Once approved, they will receive their full annual allocation in cash each and every year.



# **Community gathers for World Day of Prayer**



**RECORD PHOTO BY LINDSEY ENNS** Dozens of community members gathered at Notre Dame Catholic Church in Selkirk for this year's World Day of Prayer last Friday evening. This year's World Day of Prayer, organized by the Women's Inter-Church Council of Canada, celebrated the women of the Philippines.

### Driving to road conditions could prevent a collision: MPI

Submitted

With spring still weeks away, and with a 12 per cent increase in collision claims reported last month, Manitoba Public Insurance is encouraging all motorists to stay in a winter-driving mode by always driving to road and weather conditions.

"Despite the warmer weather, we still have several weeks of winter driving ahead of us," said Ward Keith, vicepresident, Loss Prevention and Communications, Manitoba Public Insurance. "With changes in the weather come

changes to driving conditions and at this time of year, road conditions can quickly change from ice or heavy snow to slush and freezing rain. It's at this time of year in particular that motorists need to make adjustments to avoid collisions. This includes keeping safe distances between vehicles, keeping windshields clear, watching for pedestrians and cyclists, and driving to conditions."

Based on Manitoba Public Insurance data, a total of 11,310 collision claims were reported to the public auto insurer in

January; a 12 per cent increase over the number of claims reported in the same month last year.

"The increase in collisions last month drives home the message that driving is an activity that requires full attention and total awareness," said Keith. "Small changes in driving behaviour, particularly at this time of year, can make a big difference in preventing collisions. We can all play a role in keeping our roads and each other safe."

## **Gordon Howard Centre hosts Culturama**



**RECORD PHOTO** BY BRETT MITCHELL Gordon Howard Centre program co-ordinator Elin MacLeod, pictured joins Victor Bustamante, pictured centre, and Pola Morales, pictured right, from Chile, for some traditional South American music during the Selkirk centre's Culturama event on Feb. 27.

# Sutherland vows to bridge 'deep split' in community if elected chief

A former Peguis First Nation band councillor running for chief and eight out of the 28 councillor candidates were in Selkirk recently presenting their platforms leading up to the community's election on March 24.

"The job we're taking on is going to be a very tough job, but I'm ready. I can stand the job. I can stick it out," former councillor Albert E. Sutherland said to the nearly 50 Peguis First Nation members at the Selkirk Inn and Conference Centre on March 2.

Sutherland talked about how the millions of dollars spent by the former administrations has done little to address the big problems on the reserve, such as poor housing, unemployment, and a range of social issues.

"We're in a crisis situation," he said. "Five hundred homes are backlogged, we have high unemployment and a deficit. Five years after the flooding, homes are mouldy and sitting vacant. Keep the politics out of housing. Base it on need. Mandate the housing out to the people. The housing is for the people," he stressed.

Sutherland referred also to an old community plan which took two years to develop as "weak." He proposes drawing up a new community plan, based on values and respect, one which would be inclusive of all Peguis members regardless of residency. On this topic, he envisions a three or four day meeting with people coming out to "make their mark," and other meetings with various sectors to hear firsthand about what they need.

"I've thought long and hard about this. I think we have to go back to basics. We can make million dollar deals but we have to take small steps," he

Sutherland said there is a "deep split" within his community. He emphasized that ways of working togeth-

### **Clocks spring forward this Sunday for daylight savings**

Staff

Most Canadians will adjust their clocks ahead by an hour Sunday, March 12 for the switch from local standard time to daylight saving time. Daylight saving time officially starts

at 2 a.m.

Clocks are pushed ahead one hour in spring to what's commonly called "daylight saving time," an idea first used in Germany during the First World War with the goal of saving energy. It aims to take advantage of daylight hours in the spring.



**RECORD PHOTO BY TERESA CAREY** 

Pictured from left to right: Adrienne Manningway, Linda Sinclair, Pauline B. Sinclair, David McPherson, Albert E. Sutherland, Ernest Stevenson, Brian Bear Jr., and Burke Ratt were in Selkirk on March 2 to discuss their platforms leading up to the Peguis First Nation chief and council election behind held on March 24.

er need to be found.

Inequities in income was another concern Sutherland put forth, stating that he is willing to take a pay cut, and does not need to draw \$200,000 a year. He also pointed to favouritism shown via an existing non-discretionary fund, with monies being given to some Peguis members directly from chief and council.

"They should not just be giving money away," he said. "These things have to stop."

Sutherland also took questions from those in attendance. Concerns voiced were about the insufficient number councillor seats (only four) to represent a population of 10,000 who reside both on and off reserve, difficulties incarcerated members have in receiving ballots to vote, how to address drug and alcohol issues for youth, and communication shortfalls between the band office and people both on and off reserve.

The need for a housing authority with the capacity to make housing decisions without interference from chief and council was front and centre for many of the people in attendance.

"It should be based on people's needs, and not on their last name," said one audience member.

The Peguis election will take place on March 24, with polls open from 9 a.m. to 8 p.m. at the Peguis Community Hall and at the Peguis Winnipeg Office located at 1075 Portage Ave. Eligible voters can also mail-in ballots.

Candidates for chief include former chief Glenn Hudson, who held the post for eight years until 2015; and past band councillor, Albert E. Sutherland, and incumbent Cindy Spence, Peguis' first woman chief.

There are 28 candidates in total vying for only four councillor seats. They include: Brian Bear Jr. (Bucky), Mary Tyler Bear (Sutherland), Darlene D. Bird, William Bird, Allan H.E. Cochrane, Martin Favel, Tracy Govereau, Travis Hudson, Adrienne Manningway, Sylvia Mckay, David Mcpherson, Burke Ratt, Linda Sinclair, Pauline B. Sinclair (Nee Wilson), Val Sinclair, William F. Sinclair, Curtis Spence (Coot), Walter Spence Jr., Annette Spence-Meeches, Ernest Stevenson, Lisa Stevenson (Leese), Darryl Sutherland, Glennis Sutherland, Mike Sutherland, Wade Sutherland, Edie Thomas (Nee Mcpherson), Ray Thomas, Walter E. Thompson.

Peguis First Nation is the largest First Nation community in Manitoba with a population of approximately 10,000 people of Ojibway and Cree descent. Approximately 1,000 Peguis members reside in Selkirk.

# MANITOBA HYDRO TORCH RELAY

June 23 Steinbach

June 24 Kenora

June 29 Morden

Gillam/Fox Lake Cree Nation July 1

July 6 Thompson

July 10 The Pas

Celebrate the Canada Summer Games at events in these communities along the torch route.

July 11 Dauphin

July 15 Gimli

July 20 Brandon

July 26 Winnipeq

NOMINATE OR APPLY TO BE A TORCHBEARER

canadagames.ca/2017





# Cour Mealaine

# When it comes to your wedding dress, white isn't your only option



If, at a time in the past, the boldest move you could make when it came to the colour of your wedding dress was to pick off-white instead of a pristine snowy shade, that's simply no longer the case. Like most rules, the one that dictates the colour of your wedding dress is meant to be broken — and more and more brides are taking the plunge. Read on for some inspiration.

Did you know that the white wedding dress has only been popular in North America since the nineteenth century? Before then, it was customary for the bride to wear — you guessed it — a colourful dress! Today, the brightly coloured dress is mak-

ing a comeback and designers from around the world are reinventing this vintage trend. While shopping for a non-white wedding dress might have been a tricky task a few decades ago, boutiques are

now stocked with gowns in every colour of the rainbow
— and then some. Whether you're in the market for
an electric pink ball gown or an emerald green A-line,
your local bridal boutique is sure to deliver the goods.

On the fence about your colour choice because you fear you'll shock your guests by choosing an unconventional gown? Remember that this is your day and that you have the final say on what you wear. That being said, there are ways to compromise: you could incorporate a coloured sash or veil in your look or choose an all-white dress with colourful stitching.

So, will you let your true colours shine through with your dream wedding dress?



439 MAIN ST., SELKIRK North of Manitoba Ave.





# Volunteers to sell daffodils in Selkirk for cancer society on March 16

#### By Lindsey Enns

Local and area volunteers are teaming up once again to sell bouquets of daffodils for a good cause.

Daffodil Days for the Canadian Cancer Society are being held March 13 to

Daffodils and daffodil pins will be sold in Selkirk on Thursday, March 16 from 10 a.m. to 6 p.m. at Canadian Tire, The Marketplace and Big Dollar. One bunch of fresh daffodils is \$7 or a daffodil pin is \$2. All of the proceeds will go to the Canadian Cancer Society.

Diane Smolinski, a local Canadian Cancer Society volunteer, said last year Daffodil Days volunteers in Manitoba raised \$550,000. In 2015, volunteers in Manitoba raised more than \$230,000.

"That all stays right here in Manitoba," she said. "That's impressive to

Smolinski added the Canadian Cancer Society and the Canadian Breast Cancer Foundation have recently joined forces. The society says the merger will help increase operational efficiencies and further their impact on all forms of cancer.

"This unprecedented merger allows

the society to accelerate the impact of donor dollars on cancer research and vital support services for people living with and affected by cancer," the Canadian Cancer Society said in a statement on Feb. 6."Breast cancer has always been a key priority and investments in research by both organizations have contributed significantly to a 44 per cent reduction in breast cancer mortality rates since the mid-

Smolinski said this is more of a working partnership and those wanting to donate directly to the Breast Cancer

Foundation or the Canadian Cancer Society can still do

The daffodil became the Canadian Cancer Society's symbol of hope in 1954.

Those wanting to pre-order their daffodils can do so by calling Diane Smolinski directly at 204-738-4408.



#### **PHOTO COURTESY OF METRO NEWSPAPER SERVICE**

Daffodils and daffodil pins will be sold in Selkirk on Thursday. March 16 from 10 a.m. to 6 p.m. at Canadian Tire, The Marketplace Big Dollar. All of the proceeds will go to the Canadian Cancer Society.

coolest lee Shack

Patricia Morran

**he "Pink Fish" Shack** The winner of the Selkirk Records' "Coolest Ice Shack" contest is living proof that your shack doesn't have to be huge to get the prize. Patricia Morran of Petersfield had winter fished out of her husbands'

shack on Lake Winnipeg for some time but wanted her own so she could hang with her girlfriends. Hubby, Vince, being the great guy he is built her one and she true to her feminine nature decorated and painted it in various shades of pink including the fish on the outside walls. Her little group of gals who gather to fish with her, proudly wear

their custom made toques showing a string of pink fish with "PPF" meaning "Pretty Pink Fishers". Even the bench seats inside the shack were upholstered in pink flowery fabric. Pat says she hopes this kind of a contest will be held every year and thanks all the sponsors involved.

#### Congratulations Patricia!

Patricia has won a prize pack full of goodies donated by our incredible sponsors.



Tim Hortons

Thank you to all who participated in making this a successful event.



BIG DOLLAR



## > NEW NOVA HOUSE, FROM PG. 2

Sherri Robertson, who is a women's councillor at Nova House, couldn't stop smiling while walking through their new location for the first time last week.

"I can't believe how much space there is and how practically it's set up," Robertson said. "I'm thinking of what the ladies faces are going to look like coming in here who are used to kind of getting not the nicest stuff ... and this looks like somebody wants them to feel special."

Although they were originally scheduled to open in January, Pazdzierski said weather conditions and funding pushed the project back a bit.

The total cost of the project has now soared to roughly \$2.8 million, Pazdzierski said. Although Nova House has helped raise more than \$1 million towards the project's cost, they are still in need of about \$250,000. A portion of the facility's basement will remain unfinished for the first few months. They hope that space will eventually house a healing room along with some exercise equipment.

The City of Selkirk has contributed land and services, valued at \$300,000, and the province has agreed to provide \$1 million through the Department of Housing and Community Development.

Nova House's fundraising campaign was also spearheaded by a \$550,000 private donation from the Jim and Betty Gavnor family.

Selkirk's shelter for abused women and children serves the Interlake and North Eastman region of Manitoba along with 19 First Nations and is known for having the highest occupancy rate when compared to other locations across the province. Pazdzierski said their current facility is about half full and they don't have a waiting list.

Their new two-storey facility will host 15 shelter beds and four apartment units for women. It will also house outreach, counselling and crisis rooms.

Those in need of assistance can call Nova House's 24-hour crisis line at 1-877-977-0007 or locally at 204-482-1200. For more information, visit novahouse.ca.

# Book sales lead to a special reward for students





RECORD PHOTOS BY BRETT MITCHELL

ABOVE LEFT: St. Andrews School vice-principal Trish Goosen, pictured left, and principal Harold Freiter, pictured right, had to dress up like clowns for the day last Thursday after students sold more than 900 books during their recent book fair. The book fair and gathering last Thursday was organized by the school's parent advisory council. ABOVE RIGHT: Following the success from their book fair, St. Andrews School students got to throw pies at their principal during a special assembly last Thursday at their school.

# East St. Paul author shares her success story with students

By Natasha Tersigni

To wrap-up February's I Love to Read month, a special guest author stopped by Stony Mountain School last week to read to students.

East St. Paul resident Karin Adams visited Stony Mountain School on Feb. 28 to share her story of becoming a published author with students. Adams, who specializes in novels for young readers, told students how she went from a creative writer to a published author.

"I have been writing all my life, but my first book came out in 2009 so I have only been a published author for eight years," said Adams.

"It takes me about a year to go through the entire writing process, that includes receiving feedback and making changes. When I first started



my story to 10 to 12 publishers before

one accepted it. You need a lot of pa-

tience in this business and sometimes your book doesn't get published. I once sent in a storybook idea that was not published and I was told that they receive 3,000 ideas a year and they only publish two."

out trying to find a publisher I sent out

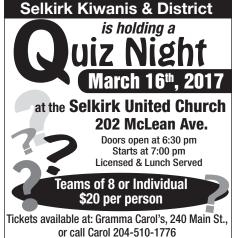
**RECORD PHOTOS BY NATASHA TERSIGNI** 

East St. Paul author Karin Adams signs a copy of her book 'Frostbite Hotel' Stony Mountain students during her visit to the school on Feb. 28.

Adams told students how she deals with being discouraged after publishers decide not to accept her work.

"It never feels great to get a rejection letter, on the other hand, you know it is part of the business. If you believe in your work and you feel you made the best effort you can, keep putting it out there. If you think you can make changes based on the feedback, then do so. I try to treat those rejections as learning experiences," explained Ad-





# St. Clements citizens on patrol seeks volunteers

By Teresa Carey

The RM of St. Clements Citizens on Patrol Program (COPP) wants you to be a hero or heroine by helping you make your community a safer place.

According to statistics, break-ins and thefts in communities dramatically drop after COPP moves in, showing that volunteering is indeed a proven way one can make a difference.

The RM of St. Clements COPP, which currently has about 15 volunteers, is seeking new community members aged 18 and older to patrol various locations within its catchment area, which extends from Highway 4 at the north to Coronation Street in the south, and from Highway 59 in the east to Henderson Highway.

"The ideal recruit will be someone who likes to volunteer," said Olga Hazelwood, long-time volunteer and Recruitment Officer with St. Clements COPP. "It would be someone who has a little bit of spare time, or who likes to walk."

Currently most of the St. Clements COPP volunteers are long-time members nearing the age of retirement.

"It's time to bring in some younger volunteers," Hazelwood said.



**RECORD PHOTO BY TERESA CAREY** 

The RM of St. Clements Citizen on Patrol Program (COPP) is currently seeking more volunteers aged 18 and other to join their team.

The average time commitment is four hours per month per volunteer, but volunteers can set their own hours and preferred areas to patrol. They also can sign on either as individuals and be paired with another volunteer, or can sign on as a couple.

Some of the volunteers combine their patrols with social outings, for example, going out for coffee while making observations, or going for a stroll in their community. Hazelwood cites Lockport as one area in particular where walking patrols are needed.

Patrollers are supplied with magnetic signs that are placed on their car doors as well as jackets and caps with the COPP crest to identify them.

Prior to going out on patrol, volunteers are in contact with the RCMP and inform them of where they will be. At times, the RCMP may advise them to patrol in a different area.

Drivers might patrol new develop-

ment areas and take photographs that may help in a criminal investigation in case materials are stolen. This has been shown to reduce crime at building sites.

Hazelwood describes COPP volunteers as "very peaceful, very observant."

"That's what we do, we just observe. I don't say we find too much. Our area is quite quiet," she added.

While nothing alarming has ever happened on Hazelwood's watch, she says that anything can happen. In the event of a dangerous situation, keeping oneself safe is a high priority.

Call 9-1-1 the same as anyone else. It's definitely hands off. Do whatever you can do to stay out of danger," she emphasized.

COPP operates across Manitoba as well as in other provinces. In Manitoba there are 50 groups with more than 1,000 members.

Those interested in becoming a volunteer with St. Clements COPP can call the RM of St. Clements at 204-482-3300, or toll free at 1-888-797-8725, or e-mail them at info@rmofstclements.

# Selkirk set to host mental health first aid workshop

The Selkirk Mental Health Centre is set to host a mental health first aid training workshop later this month.

The next two-day Mental Health First Aid Canada workshop will be held on Tuesday, Mar. 21 and Wednesday, Mar. 22 at the centre's administration building. Sessions both days will run from 9 a.m. to 4:30 p.m.

Attendees will learn how to recognize the signs and symptoms of mental health problems, how to provide initial help and how to guide a person to appropriate professional help, according to the province's website.

The centre will also cover the workshop cost if you can explain how it will help you assist someone you know who struggles with mental health problems. Those interested in registering can contact the centre by calling 204-482-1646.

The Selkirk Mental Health Centre recently received a rare national distinction for a mental health facility.

The centre earned the highest possible level of accreditation for a health care centre from Accreditation Canada, an independent, not-for-profit agency that completes the peer-led reviews.

"The staff of Selkirk Mental Health Centre work extremely hard to make sure patients receive the best possible care," Health, Seniors and Active Living Minister Kelvin Goertzen stated in a release on Feb. 28. "This achievement means they have gone beyond Accreditation Canada's requirements and have demonstrated true excellence."

According to its website, Accreditation Canada standards assess governance, risk management, leadership,

infection prevention and control, medication management, and services in more than 30 sectors. They are based on quality dimensions including accessibility, safety, client-centred and community-focused approaches, and the continuity, appropriateness and efficiency of provided care.

In a release, the province said the review, which occurred over four days in September 2016, showed the centre met all 89 required organizational practices and 676 of 682 standards, a 99.1 per cent success rate.

A provincial spokesperson said the

accreditation process helps sites assess their services to find out where to focus improvement efforts, developed standardized processes designed to improve efficiency while reducing cost and risk, supports the adoption of best practices, and fosters a culture of quality, safety and excellence.

The Selkirk Mental Health Centre is a 252-bed facility that provides services through acute, geriatric, rehabilitation, forensic and acquired brain injury programs to people from Manitoba and Nunavut.





# > MEAL IDEAS

### **Herbed barley** bean "risotto"



4 servings / About 1 hr Prep 15 min / Cook 45-50 min Add savoury vegetables, legumes, herbs and cook the barley in milk and you've got a main course that is oh-so-satisfying and good for you,

Ingredients

- 2 cups (500 mL) low-sodium vegetable or chicken broth
- 2 cups (500 mL) 1% milk, divided
- 2 tsp (10 mL) vegetable oil
- 1 onion, chopped
- 3 stalks celery, sliced
- 2 cloves garlic, minced
- 1 tsp (5 mL) dried herbs (thyme, rosemary, herbes de Provence or Italian herb blend)
- 3/4 tsp (3 mL) pepper, divided 1 cup (250 mL) pot or pearl barley
- 1 tbsp (15 mL) whole wheat flour
- 1-1/2 cups (375 mL) cooked or
- drained and rinsed canned unsalted Romano or red kidney beans
- 1-1/2 cups (375 mL) chopped fresh or frozen green beans, thawed

2 tbsp (25 mL) white or red wine vinegar

1/4 cup (50 mL) fresh basil or parsley, chopped

2 tbsp (25 mL) grated Parmesan Directions

In a saucepan or in a large microwavesafe measuring cup, combine broth and half of the milk (1 cup or 250 mL). Heat over medium heat on the stove top, or on medium-high (70%) power in the microwave, for about 5 minutes or until steaming. Cover and keep hot.

Meanwhile, in a large, deep pot, heat oil over medium heat. Add onion, celery, garlic, dried herbs, and 1/2 tsp (2 mL) pepper and sauté for about 5 minutes or until onions are softened. Add barley and flour; stir to coat well.

Stir in hot broth mixture. Cover, reduce heat to low and simmer, stirring occasionally, for 25 minutes or until barley is almost tender. Add a little more of the milk if necessary to keep barley moist.

Meanwhile, heat remaining milk until steaming.

Stir Romano beans, green beans and remaining hot milk into barley. Cover and simmer, stirring often, for 10 to 15 minutes or until barley is tender and green beans are tender-crisp. Adjust the heat as necessary to keep the pot at a steady simmer without boiling. Remove from heat and let stand for 5 to 10 minutes to thicken slightly. Drizzle in vinegar, stirring to combine. Stir in half of the basil or parsley. Season to taste with up to 1/4 tsp (1 mL) more pepper. Serve sprinkled with remaining basil or parsley and Parmesan.

### **Tropical Rum Raisin Dessert**



Total time: 30 minutes Servings: 4

- jar (23.5 ounces) Dole Tropical Fruit, drained, juice reserved
- cup Dole Seedless Raisins

- cup spiced or coconut rum
- cups vanilla ice cream or frozen yogurt, divided
- teaspoons toasted shredded coconut, divided

Place fruit in medium bowl and set aside. In small bowl, combine raisins, rum and 1/4 cup reserved juice. Allow raisins to soak at least 20 minutes until plump. Drain off liquid.

Combine fruit and rum raisins; spoon into serving bowls. Top each bowl with 1/2 cup scoop of ice cream and top each with 1 teaspoon toasted coconut.

Tip: 1/2 teaspoon rum extract and 1/2 cup reserved juice may be used instead of rum.

### **Asian Chicken Lettuce Wraps**



Total time: 15 minutes Servings: 1

- cup refrigerated cooked chicken breast strips
- Bibb or Boston lettuce leaves 1/2 cup Dole Mandarin Oranges,
- drained 2 teaspoons slivered almonds
- tablespoon light Asian salad 1 dressing

Divide chicken equally inside two lettuce leaves, making two wraps.

Add 1/4 cup of Dole Mandarin Oranges and 1 teaspoon slivered almonds into each wrap.

Serve lettuce wraps with light Asian salad dressing for dipping.

### **Pineapple Parfait**



Total time: 10 minutes Servings: 1

1 jar (23.5 ounces) Dole Pineapple Chunks

2 tablespoons Greek yogurt

2 vanilla wafers, crushed

Measure 1/2 cup drained fruit.

Spoon pineapple chunks into dessert glass. Spoon yogurt over pineapple. Sprinkle crushed wafers on top.

### **Orange Chipotle Avocado Toast**



Total time: 10 minutes Servings: 1

slice whole wheat bread 1/2 avocado, diced or smashed salt

pepper

1/3 cup Dole Mandarin Oranges, drained

1/2 teaspoon chipotle peppers in adobo sauce, finely chopped

lime

Lightly toast whole-wheat bread and top with diced avocado. Season with salt and pepper, to taste.

In medium bowl, toss oranges with chipotle peppers.

Spoon oranges over avocado toast

and finish with a squeeze of lime.

Tip: For spicier toast, include pepper seeds. For more mild heat, remove seeds. A sprinkle of chili pepper can also be used to add spice.









# SPOTES&recreation INSIDE > OUTSIDE > UPSIDE DOWN

# Fishermen season ends with playoff loss to Peguis

By Brian Bowman

Goal scoring was never really a problem for the Selkirk Fishermen this past season.

But it certainly was in their KJHL quarter-final series with the Peguis

After scoring five goals in a Game 1 victory, Selkirk was shut down the rest of the way as Peguis won their best-of-five series in four games.

"(The offence) dried up," said Fishermen head coach Chris Poponick."We couldn't get any puck luck or the puck to bounce our way. We couldn't get any bounces - it was tough."

Peguis clinched the series win with a 3-2 home win last Sunday. Tyler Woodhouse scored the game winner with just 57 seconds remaining in regulation time.

Selkirk's Auzzie Loewen opened the game's scoring 6:36 into the game but Peguis' Storm Swan and Quinton Flett answered with goals before the first period ended.

Milan Horanski, the Fishermen's leading scorer during the regular season, then scored the lone goal of the second period.

Both teams had 35 shots on goal.

Peguis took a 2-1 series lead after a 3-1 win Saturday evening at the Selkirk Rec Complex. Selkirk's offence,

once again, was nowhere to be found.

"We had 2-on-1s and 4-on-1s and just couldn't score," Poponick lament-

The Juniors' Waylon Neault scored the eventual game winner with 6:57 left in the third and then Theoren Spence added an insurance marker about three minutes later.

After a scoreless first period, Peguis' Tyrome Spence-Bair scored midway in the second and then Selkirk's Dylan Painchaud-Niemi tallied at 12:15 of the third.

The first-round loss was a tough pill to swallow for Selkirk after the Fishermen enjoyed a successful regular season. Selkirk finished the regular season with a 24-10 record and 48 points, just a single point behind the St. Malo Warriors for first place in the South Division standings.

"The win-loss column was good," Poponick said, noting the Fishermen had 16 players that were either firstor second-year players. "We had a tough schedule with playing St. Malo so many times and North Winnipeg was tough to play against."

With the series win, Peguis now advances to a best-of-seven semifinal series against St. Malo. In the other semifinal, Arborg will play OCN.



**RECORD PHOTO BY LANA MEIER** 

Fishermen forward Kale Ilchena battles for the puck in front of the Peguis net during KJHL quarter-final action.

# Carter Barley named MJHL Rookie of the Month



Carter Barley

Selkirk Steelers' forward Carter Barley was named the IBAM-MJHL Rookie of the Month for February.

With 11 points in 10 games last month, Barley beat out Steinbach's Will Koop and Virden's Riley McVeigh.

Barley, 17, has been a key member of the Steelers this season. The St. Andrews product had12 goals and 27 points heading into last Friday's final regular-season game against OCN.

Meanwhile, the MJHL's leading scorer, Jeremey Leipsic, was named February's RBC Player of the Month. The Winnipeg native scored 20 points (seven goals,13 assists) in 11 games

The runners up for the award were Steelers' forward Jake Dudar and Neepawa forward Nolan Richards.

The MGEU-MJHL Goaltender of the Month was Brett Epp of the OCN Blizzard. Epp, 19, posted an impressive 6-1 record in February, including one shutout.

A runner-up for this award in January, his outstanding play in February was recognized in being named a game star twice. His save percentage last month was .934 with a 2.00 goalsagainst average.

The runners up were the Steelers' Hayden Dola and Winkler's Troy Martyniuk.

The Sher-wood Defenceman of the Month was Tyler Anderson of the Steinbach Pistons. Anderson, 19, was steady on the blueline and in the offensive zone, reflected in 12 points in

The runners up were Winkler's Lawson McDonald and OCN's Brady Keeper.

The Manitoba Pork Peak Performer of the Month was Neepawa goaltender Tyler Gutenberg.

Gutenberg has been an ambassador for Neepawa this year and the month of February has been no different.

The Brandon product has volunteered his time by reading in local schools during "I Love to Read Month". He has also helped the staff at various Country Meadows Personal Care Home events and participated in Neepawa's weekly Breakfast Club hockey skills events. As well, he has worked as a linesman for minor hockey games in Neepawa and Gladstone.

# Sparts&recreation INSIDE > OUTSIDE > UPSIDE DOWN

# Blizzard beat Steelers in Selkirk's regular-season finale

By Brian Bowman

The OCN Blizzard ruined the Selkirk Steelers' party in their regular-season finale at the Rec Complex.

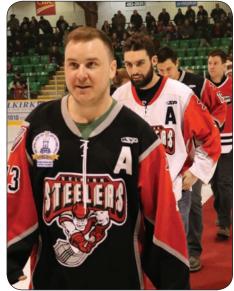
As the Steelers honoured the 2006-07 Anavet Cup-winning team in front of a season-high crowd of 1,220 last Friday, OCN erased a 2-0 second-period deficit for a 3-2 comeback victory.

"We controlled most of the game and I thought we played a pretty good defensive game," said Steelers' head coach Dustin Hughes on Mike FM after the game. "We had a number of (scoring) chances. We had two goals in the first and had a bunch of posts and their goalie played pretty well."

Cole McCartan and Jake Dudar scored to give Selkirk a 2-0 lead 15:37 into the game but the Steelers would not be able to solve Blizzard netminder Brett Epp the rest of the way.

Epp was very good all night - making 43 saves - as Selkirk outshot OCN 45-21.

George King cut the lead in half late in the second period and then Brady Keeper, who has committed to the University of Maine Black Bears next season, and Anthony Keeper tallied in the third.

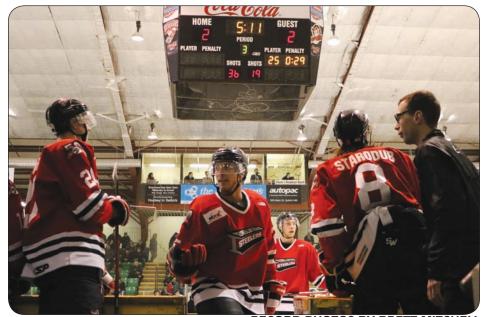


Former Steelers' from the 2006-07 Anavet Cup winning team were honoured before last Friday's home game.

Anthony Keeper's goal came with just 4:12 left in the third.

"We made some unfortunate mistakes at the wrong time and they have some guys that can put (the puck) into the back of the net," Hughes said.

The Steelers played their final road game of the season on Feb. 28, skating



RECORD PHOTOS BY BRETT MITCHELL

Despite outshooting the OCN Blizzard by a wide margin, the Steelers were defeated 3-2 in their regular-season finale.

to a 10-4 win over the last-place Waywayseecappo Wolverines.

Ezra Hall led Selkirk with two goals and two assists while McCartan had a goal and three assists.

Carter Barley and Dudar each chipped in with a goal and two assists while Mark Wilson, Nathan Hillis, Nathan Halvorsen, Brady Castellano, and Connor Barley also tallied.

Hayden Dola made 28 saves for the win.

Brendan Martin, Wayde Johannesson, Jacob Bestul and Quinton Cubbon replied for Waywayseecappo.

# Former Steelers' captain makes return to Selkirk

By Brian Bowman

There were plenty of familiar faces around the Rec Complex last Friday with members of the Selkirk Steelers' Anavet Cup winning team from 2006-07 making an appearance.

But one player made an extra effort to be on hand.

Former Steelers' captain Andrew Fernandez made the trip from Thunder Bay to be at the ceremonial puck drop before Selkirk's game against OCN.

"When I stepped in (Selkirk) it may sound cliché, but all of the memories came back into the brain," said Fernandez, noting he was also in Selkirk for a golf event back in September. "It was really nice to see the guys on the current team this year doing their warmups and that type of stuff."

The Rec Complex will always hold a special place in Fernandez's heart as that was the location where Selkirk defeated Humboldt in quadruple overtime of Game 7 in front of a boisterous – and jam-packed house - to win the Anavet Cup.

"The second year I was there with the championship team, we would get 600 to 800 people on a weekday game," he remembered. "And then for the weekend games, we would get anywhere from 1,300 to 1,800 people.

"Then, in the playoffs, we would get 2,000-plus and that place was absolutely electric – it was so much fun."

Fernandez would love to see the Steelers get those types of crowds for the remainder of this season and in future years.

"(It would be great) if the fans could get back out and support the boys," he implored. "Give (the players) an opportunity to play in front of the fans that I got to play in front of and bring something exciting back to the city.

"They have had one (heck of) a season and they should be rewarded with an experience that I had."

After graduating from the MJHL, Fernandez had another great experience playing Division I hockey for the Northern Michigan University Wildcats.

The Wildcats competed in the CCHA against the likes of Michigan State, Michigan, Notre Dame, Ohio State and Western Michigan.

"It was incredible," Fernandez, now



Former Steelers' captain Andrew Fernandez drops the puck before Selkirk's final regular-season home game last Friday against OCN. The 2006-07 Anavet Cup winning Steelers were honoured before the game, celebrating their Game 7 quadruple overtime win over Humbolt 10 years ago.

a strength and conditioning coach, boasted. "It was a perfect area for me to play. Being in northern Michigan and the proximity to Canada, we did recruit a lot of Canadian players."

In Fernandez's junior year, North-

ern Michigan was ranked 12th in the country and advanced to the NCAA tournament.

"We had some really, really good teams," he recalled. "It was quite an experience, for sure."

# Selkirk defeated by Dakota to end successful season

#### By Brian Bowman

The Selkirk Royals boys' hockey team's tremendous season finally came to an end last Sunday after a 7-4 loss to the Dakota Lancers in a MHSAA "AAAA" provincial wildcard

"It was a choppy game, to say the least," said Royals' head coach Brad Hrymak. "They scored three goals where they shot the puck wide of the net and it bounced out the other side and they buried three goals."

Selkirk trailed 5-3 after two periods and pulled to within a goal before Dakota added an insurance marker with about four minutes remaining in the third.

The Lancers then sealed the deal with an empty-net goal.

Chad King, Reece Tessier, Evan Bedard and Cole Wasnie scored for Sel-

The Royals earned a berth into the wildcard game after beating the Kelvin Clippers 5-2 in the final of a "Redemption Series."

"We played three periods of good



**RECORD PHOTOS BY LANA MEIER** 

The Royals' Reese Tessier scored after receiving a perfect pass from Travis Spratt, right photo, with seconds left in the second period against Dakota last Sunday.

hockey," Hrymak said. "We were up 2-1 going into the third and then we pumped in another three (goals) to go

Easton Donohoe, Tessier, Tristen Ostrowski, King and Mike Medock scored for Selkirk. Austin DeBoer

earned the win in goal.

Looking back at this past season, the Royals have to be pleased with how their season transpired. It's always a real good sign when a high school hockey team is still playing in March.

"It was a very good year," Hrymak said."I told the boys that they should be proud of their season. Last year was the first time in history that a Lord Selkirk Royals' (boys' hockey) team made the provincials."

The Royals have turned the corner in the last couple of years where talented local players want to play for their high school. And the future continues to look bright for the Royals' program.

"There are some kids that go out for City Midget, but, for the most part, we are the first tryouts (for players)," Hrymak said. "We are the first choice for them to want to come try out. This program is doing (well) and we're losing about seven or eight Grade 12s (from this year's team).

"We have potentially over 50 per cent of the team coming back next

# Steelers vs. Terriers in MJHL quarter-final series

#### **Bv Brian Bowman**

For years, the Portage Terriers have found success in the MJHL by playing stellar defensive hockey.

But this year is different.

Portage was the league's top scoring team during the regular season, scoring 256 goals in 60 games – an average of 4.27 per contest.

"Offensively, they are a very dangerous hockey team," said Steelers' head coach Dustin Hughes Sunday morning. "So we have to make sure we do our job of understanding who is on the ice and how they play and do our best to shut them down.

"But we also have to make sure we push the pace on them, too, because I feel we are equally dangerous from top to bottom."

The Terriers' were led this past season by the dynamic duo of the league's leading scorer, Jeremey Leipsic, and his talented linemate Chase Brakel.

Leipsic had 33 goals and 100 points during the regular season while Brakel added a league-high 34 goals and 80 points. The pair were 1-2 in the MJHL scoring race.

The key to the series for Selkirk will be to stop - or, at least slow down -Portage's high-scoring forwards.

"They certainly have some dangerous players," Hughes said. "But, at the end of the day, we have a good team as well. Both teams are very good and

the team that plays to its strengths the most will be the team that wins. I think it will be an exciting series and a good one for the fans, the players, and the coaches. I'm looking forward to it."

The two teams split the season series, with Portage and Selkirk each winning three games. The Terriers won the first three games by scores of 7-6, 6-1 and 7-2 but the Steelers responded nicely by winning 3-2 in overtime, 4-3 and 7-4.

"We've played much better against them in the recent games compared to earlier in the year," Hughes said. "Hopefully, that's a good sign for things to come."

Game 1 of the series is set for Friday

(7:30 p.m.) at the Selkirk Rec Complex while Game 2 will be played in Portage la Prairie on Sunday (6:30 p.m.).

The series will return to Selkirk on Tuesday (7:30 p.m.) and then go back to Portage the following evening (7:30

If necessary, Game 5 will be played in Selkirk March 17, followed by Game 6 in Portage March 20, and Game 7 in Selkirk March 21.

Hughes and the Steelers really want to see some great crowds at their home playoff games.

"I would love to see people come out and support the guys," said the Steelers' head coach. "And, hopefully, we will have a good showing for them."

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Tickets are available at: **Selkirk Rec Centre Box Office** (1 Hour Prior To Game) Selkirk Chrysler - 1011 Manitoba Ave ( 9 am to 4 pm Mon. - Fri.)

or online at: www.diyobo.com

# Royals crowned KPAC Tier 2 champs

#### By Brian Bowman

The Selkirk Royals were perfect during their KPAC Tier 2 junior varsity boys' regular season, posting an 8-0 record.

And they continued that perfection in the playoffs.

Selkirk soundly defeated the Transcona Titans 69-45 in their league championship game last Thursday at the Comp.

"We played hard all year and we deserved to win because we went 8-0 during the regular season," said Royals' head coach Bern LeBlanc. "And the only game we had that was close was against the Titans when we beat them by one point.

"But we were missing our starter, our big man got fouled out in the third, and our other big man got hurt."

That regular-season game was close. But there was no doubt as to who was going to win the league championship as Selkirk stormed out quickly to grab a commanding 10-0 lead. The Royals then increased that lead

to about 18 points before Transcona closed to within a dozen.

"We kept that lead right through the whole game," LeBlanc said, noting all of the Royals' players saw floor time the entire game. "We were in better shape, actually, and just ran them over. (The good start) was very important for our team because if we don't get that, we usually start slow and it takes us until around the third quarter to get it back up."

Carl LeBlanc led Selkirk offensively with a game-high 22 points. The Royals did a nice job cutting to the basket, especially in the second half, to score some easy baskets.

But the story of the game – and really the entire season – was Selkirk's stellar defensive play. The Royals employed a very effective 3-1-1 press on their way to an impressive overall record of 19-2.

One of those wins was a dominating 81-32 triumph over Springfield in a league semifinal game Feb. 28.



**PHOTO SUBMITTED** 

The Selkirk Royals are the KPAC Tier 2 champions after a 69-45 home win over Transcona last Thursday. Pictured back row, left to right, Matt Dueck assistant coach, Matthew Fey, Damon Budge, Adam Wiebe, Liam Allen, James Kulyk and coach Bern LeBlanc. Front row, left to right, Adam Trudeau, Carl LeBlanc, Carson Grandmont and Cole Drad.

# Reivers roll past Royals in KPAC semifinal

#### By Brian Bowman

The Selkirk Royals gave Kildonan East a real good battle in their KPAC Tier 1 varsity girls' semifinal but it wasn't enough to upset the first-place Reivers.

The Royals had their KPAC Tier 1 season end March 1 after a 55-47 road loss to the talented Reivers.

"We played well," said Royals' head coach Sue Gilmour. "I'm not disappointed at all. Obviously, we would have liked to have won but I think the girls really stepped up and played really well."

After digging a hole in the first quarter, Selkirk got better as the half continued and the two teams were dead-

locked at 25-25 at halftime.

Selkirk did a nice job shutting down Kildonan East while implementing a new defence. But the difference in the game was Kildonan East's outside shooting and Selkirk's lack of finish around the basket.

Callista Howard led Selkirk in scoring with 16 points while Julia Ignagi added nine and Jessica King had eight.

Selkirk reached the semifinals after an impressive 61-49 home win over the River East Kodiaks on Feb. 27. Annika Loeppky had a team-high 15 points for Selkirk in the quarter-final victory.

"It was (a good game) but our exe- the weather and the two teams were

cution wasn't 100 per cent," Gilmour admitted. "We were in control the entire time and didn't really let up in the end, which was a big thing for us."

It was a real nice playoff win for the Royals on their home court and Gilmour felt it gave her girls some confidence leading up to their semifinal game.

"It was definitely a confidence booster, for sure," she said.

The Royals, meanwhile, were successful in a wildcard bid for the MH-SAA "AAAA" provincials last week and was scheduled to play Crocus Plains in MacGregor on Monday.

But the game was postponed due to the weather and the two teams were

rescheduled to play last night. If Selkirk won the game, the Royals would advance to play No. 5 Dakota in the "AAAA" provincials on Friday (6 p.m.) at Oak Park.

"I feel like we're a top-12 team," Gilmour said. "We've beaten some of the teams in the top 10, so I don't think it's too far of a reach. Even if we (didn't) get a wildcard, I was really happy with the season and we have a good crew of kids coming back for next year.

"Next year, we definitely should be a top-10 team. This year was a great year and the girls improved a lot."

# Dear named Canada West first-team all star

#### Staff

University of Manitoba Bison men's volleyball players Devren Dear and Luke Herr were named as 2016-17 Canada West first-team all stars.

Dear, a talented right-side hitter from St. Andrews, earned his second consecutive conference all-star selection in his fifth season at Manitoba.

Manitoba was the lone team to land multiple players on Canada West's top squad.

Dear, 22, was fourth in Canada West with 3.96 kills per set while finishing fifth in hitting percentage (.308).

Dear was also eighth in conference points with 353.5. His versatility on

the court is highlighted as he also was tied for 24th in Canada West in digs per set (1.62) and tied for 40th in total blocks (43).

He led the Bison in kills and his highest kill total was 27 in one match during the 2016-17 season.

Manitoba (21-3) will host the 2017 Canada West Final Four this Friday and Saturday at the Investors Group Athletic Centre.

The Bisons will play the first semifinal match Friday at 6:30 p.m. against the UBC Thunderbirds. On the line is a seeding placing for the U SPORTS championship at the University of Alberta in Edmonton from March 17-19 as all four teams at the 2017 Final Four have advanced to the nationals.

# SDOPES& Pecteation INSIDE > OUTSIDE > UPSIDE DOWN

# Transcona stops Selkirk in KPAC Tier 2 final

The Selkirk Royals lost a tough one in the KPAC Tier 2 junior varsity girls' final last Thursday.

Selkirk trailed 25-10 at the half before roaring back to lose 43-40 in overtime to the Transcona Titans.

"The girls came out of the halftime and really started to play better defence," said Royals' head coach Amanda Hallson. "They got stronger, tighter, and had some steals which generated some offence."

Selkirk was super good in the third quarter – going on a wild 22-2 run - and led 32-27 early in the

Transcona battled back, though, in the fourth and tied the score at 37-37 by the end of regulation time. It was a tough loss for Selkirk in the final, but Hallson felt her girls came away from the game with a positive experience.

"I think that they were proud of the fact that they came back (from such a large deficit)," Hallson said. "Our first-half (play), was so not us. That's not the way we play and it wasn't the way that we had been playing."

Bella Benson, a talented guard, led Selkirk in scoring with 22 points and four three-pointers.

Selkirk reached the league final after trouncing Lorette 68-23 in a semifinal game Feb. 27.

"It was a solid effort all around," Hallson said. "We had a lot of strong rebounding and we were getting a lot of putbacks. We kept control of the game and we played our game."

Benson, once again, led Selkirk in scoring with 15 points but Hallson was pleased with the fact the Royals had a well-balanced scoring attack in the semifinal win.

"I like to see a well-balanced game because then



**RECORD PHOTO BY BRETT MITCHELL** 

The Selkirk Royals' Tiana Hacault (9) is hounded by a pair of Titans' player during KPAC final action last week.

we know that the ball is being worked around and everyone is contributing," Hallson explained.

Selkirk finished its regular season tied with Transcona, both with 9-1 records. That's a real good regular-season record.

"Overall, it was a good season," said Hallson, who was helped on the bench this year by former Royals Ashtyn Hodges and Jodene Kowalchuk. "From the start (of the season), it was rough because a lot of the girls were very raw.

"But we came a long way in developing actual basketball players, which is awesome. Some of the girls had hardly played before this season and towards the end they became reliable players."

# Royals ousted from KPAC Tier 2 playoffs

By Brian Bowman

The Selkirk Royals varsity boys' basketball season is now over.

Selkirk had its season end March 1 after a 78-71 road loss to the Transcona Titans in a KPAC Tier 2 semifinal matchup.

"It was a very evenly-matched game again," said Royals' head coach Dean Goodbrandson. "It was a coin-flip kind of game."

The Royals trailed early in the first half but battled back nicely to tie the score at 37-37 at halftime. Selkirk, at times, controlled the game in the third quarter and built a six-point lead with about six minutes remaining in the fourth.

But Transcona took advantage of a tired Selkirk club to go on a 12-0 run late in the game.

"We went up by six to down by six in a heartbeat,"

Goodbrandson said. "And that was it. It was frustrating because (our guys) played really well."

Brandon Monkman led Selkirk offensively with 33 points while Alex Unrau had 18. Owen Schwartz added a team-high eight assists and Corben Ponzilius played well defensively with six blocks.

The Royals finished with an overall record of 12-15 this past season, which included competing in five tournaments. Goodbrandson was pleased with how the season transpired and the attitude of the play-

"We had a really unified team," he noted. "We stuck together all year and travelled together. It was fun and one of the more enjoyable years from a non-win-and-loss perspective. I enjoyed working with the guvs.

"They performed to their abilities and that's all

that you can ask for in the end."

Selkirk, which was third in KPAC with a 4-4 mark, will lose five players due to graduation from this

Several of those players were key contributors this season but Goodbrandson expects to get a good crop of talented players from Selkirk's junior var-

"We'll miss those guys," Goodbrandson said of his seniors."But our JVs are in the final and I think we'll have some replacement parts there. The JV team coming up is doing well."

Goodbrandson wasn't sure if Selkirk would stay in KPAC's Tier 2 division or make the move up to Tier 1 next season. That would depend on the input from the players on next year's team, he said.

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# Selkirk

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#### March 10, 2017

And will remain in effect until May 31, 2017 unless otherwise notified.

Spring Weight Restrictions shall prohibit gross weight per axle assembly on City of Selkirk streets from exceeding **60 kilograms** in weight per 10 millimeters of width of tire.

### 65% of normal axle loads on residential streets 90% of normal axle load on truck routes

The purpose of Spring Road Restrictions is to protect roadways from damage during spring thaw conditions

Council requests the co-operation of its citizens and the commercial industry.

For further information regarding Spring Weight Restrictions please contact the City of Selkirk, Operations Department at 785-4930.

Operations Department City of Selkirk

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Call 204-785-1618



The Public is hereby advised that the 2017 Spring Weight Restrictions will commence on March 10th through May 31st, 2017 unless otherwise notified. The R.M. of St. Andrews will follow the same time frame for restrictions as Manitoba Infrastructure and Transportation

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Induction Dinner will be held in Morden on June 3. 2017. Tickets may be obtained by contacting David Taylor at 204-476-204-841-3242 or taylord@brandonu. ca, Jack Hrehirchuk at 204-639-6923/204-648-6395 or jhrehirchuk@wcgwave.ca, David Olsen at 204-284-8728m 204-223-1929 or dholsen@ mymts.net, or Joe Wiwchar at 204-822-4636 or mbbbhof@

mymts.net Deadline for ticket sales is May

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#### **School Accountant**

Job Summary

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> For the complete list of duties & qualifications visit Employment Opportunities at www.lssd.ca

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Is hiring a

### Coordinator **International Student Program**

Job Summary

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> For the complete list of duties & qualifications visit Employment Opportunities at www.lssd.ca

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# Announcements

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# Announcements

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#### ANNOUNCEMENT

#### **ENGAGEMENT**



Lubig - Grochowski Eric and Melanie Lubig are pleased to announce the engagement of their daughter, Haley Danielle to Chris Michael, son of Mike and Rhonda Grochowski. An October 1, 2017 wedding is planned.

#### ANNOUNCEMENT

#### IN MEMORIAM

In Loving Memory of **Bill Purvis** Beloved Husband, Dad, Grandpa and Great Grandpa July 14, 1935 - March 8, 2015 Today is remembered And quietly kept; No words are needed, We will never forget. Deep in our hearts, You will always stay; Loved and remembered,

-Wife, Bev and family

#### ANNOUNCEMENT

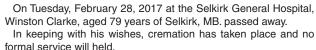
#### **IN MEMORIAM**

**Alvin Bracken** April 17, 1935 - March 6, 2013 Memories are the most beautiful Pictures our minds can paint, And nothing can ever erase them.

> -Lovingly remembered, Mabel, Linda and Harry, Pam and Adam, Blair and Bonnie, Wendy and Garry, Rosalyn and Patrick and Gordon

#### **OBITUARY**

#### **Winston Michael Clarke**



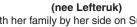
Condolences may be left at www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.

#### **OBITUARY**

#### Lorna Wakaluk (nee Lefteruk)



Peacefully, with her family by her side on Sunday, March 5, 2017 at her residence, Lorna passed away at the age of 88 years.

Greatly loved and missed by her daughter Donna; son Greg (Donna); grandson James; great-granddaughters, Harley and Shyla; and her sister Diane. Lorna was predeceased by her husband

In keeping with her wishes cremation has taken place and a private family graveside service was held.

In lieu of flowers, donation can be made in her memory to Can-

Condolences may be left at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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Are you a natural born storyteller with an eye for photography and interest in social

The Selkirk Record is currently seeking a full time Reporter/Photographer to join its multi-award winning weekly community newspaper with an average circulation of 16,500 copies.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories in Selkirk and surrounding areas.

The successful candidate must be able to track down breaking news and dig for original story and creative feature ideas that keep the communities we cover informed. **Oualifications:** 

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Self-starter with the ability to exercise solid news judgement
- Active on social media and familiar with Canadian Press style
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Exceptional organizational, written and verbal skills is imperative
- Knowledge about Selkirk and its surrounding communities would be an asset

Please forward your resumé, writing and photography samples to: Lindsey Enns

Editor, The Selkirk Record Email: news@selkirkrecord.ca

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