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Sergeant Tommy Prince School celebrated the conclusion of I Love to Read month with an I Love to Read Round Dance assembly. The kids sang songs that they read, recited poetry and had a great time showing off their love of reading. See more photos inside.

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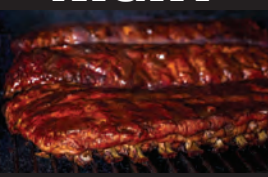
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Lord Selkirk School Division hosted community forum for draft budget

Inflation and lowest funding increase in province affect LSSD's budget

By Katelyn Boulanger

On Feb. 26 the Board of Trustees of the Lord Selkirk School Division (LSSD) hosted a presentation of the draft budget for 2025-26. This draft budget showed residents how the school division plans to spend its money and what resources students will have next year. Administration also spoke about the upcoming restructuring in the school division in which Grade 9 students will be attending classes at the High School and, depending on the school, some Grade 6 students will be headed to Middle School.

The presentation was started by LSSD Board of Trustees Chair Lena Kublick who made introductions as well as shared the land acknowledgement.

She was followed up by LSSD Superintendent Jerret Long who shared his message of how the school division was going to continue to help its students succeed.

"Today we have the opportunity to hear from you about your budget priorities, and I appreciate that this is a time where we can really focus on listening to our community and being able to respond to the real concerns you face on an ongoing basis. In the Lord Selkirk School Division, we're very excited to be continuing with our strategic plan focused on the key components of literacy, numeracy and mental health and well-being. At the core of what we do is our divisional inquiry question that asks, 'What are the most powerful actions we can take to know our learners best?' Our schools do an amazing job of building and maintaining positive relation-

ships with all of our students, and we know these relationships need to be the foundation on which to build other academic priorities," he said.

Long said that the upcoming restructuring of the school division continues to go well.

"The goal of this initiative is to provide our students with more developmentally appropriate programming in schools that cater uniquely to their level. For those who are not aware, in September 2025, our schools will look a little bit different, with the exception of Happy Thoughts School, which will remain K to four, East Selkirk Middle School will be Grade five to eight and Walter White which will be K to eight. All of our other grade six students will be moving to our middle schools, and all of our grade nines will be moving to the high school. We will continue to prepare all of our students, staff and families for this exciting change," said Long.

He concluded his speech by talking about the theme that he sees for this year for the school division which is change.

"Change in a school division can be exciting and a positive experience, and I know it can also be a bit scary. Change, though, fosters a culture of continuous improvement. It encourages us to constantly seek out ways we can better serve our students, our community, and this mindset of growth and development is essential in ensuring we don't become complacent, but instead strive to provide the highest quality education possible," said Long.

Continued on page 4

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> DRAFT BUDGET,
FROM PG. 3

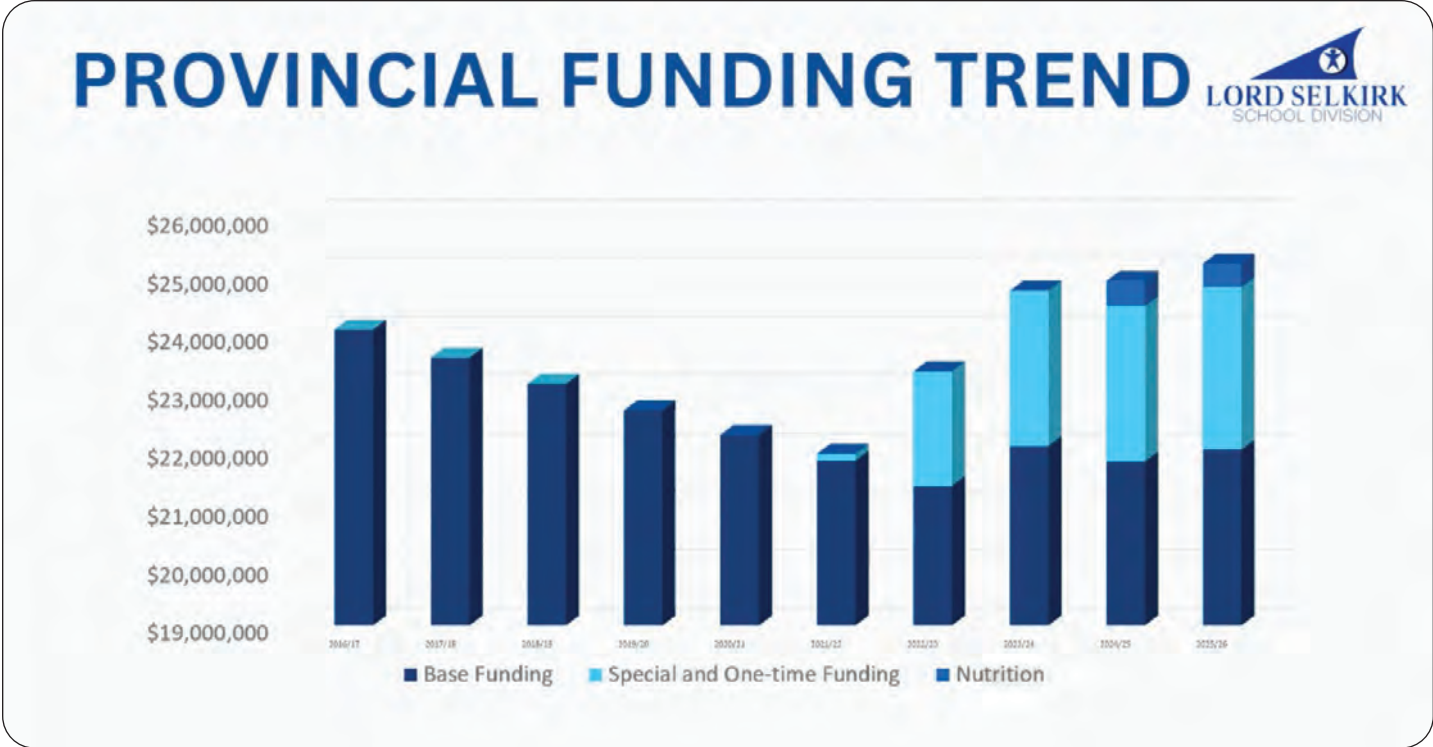
He then gave the floor over to Secretary Treasurer Kelly McDonald who spoke about the LSSD's financial plans.

"I'm just going to jump right into our budget process. By the numbers, as of this school year, we had 4030 students when we did our September 30 enrollment count. We do the count every year in September, and then that drives how the province calculates funding going forward of our budget," said McDonald.

She explained that 70 per cent of the total budget is related to classroom support which includes teachers, our educational assistants, principals, vice principals, clinicians, vocational teachers etc. They have 520 staff that were budgeted for this year. As for divisional support which includes positions such as bus mechanics, maintenance for all the school buildings, human resources, accounting, IT, and payroll, they has about 38 employees. They also have support staff which is sitting at about 143 staff in the 15 schools and two learning programs that they operate.

As for bus routes, the school division has the unique challenge of having their schools and students spread over a large area which means that they require 47 bus routes in the division which encompasses a total of 1492 kilometers.

"Some highlights for the current school year that we're in right now, from last year. We increased our full-time equivalent teachers that we have by 9.5 teachers. That was as a result of some increasing enrollment needs that we saw in the prior school year.



RECORD SCREENSHOT FROM LSSD PRESENTATION

Comparing the LSSD's provincial funding trends over the past decade.

For the current school year, as part of a new initiative in the 2024/2025 school year, we've added a new training initiative in order to get more people to attend our bus driver training. And so, we have added incentive for those who actually finish the training and complete their ride-along routes with one of our bus drivers or bus driver trainer," said McDonald.

Some other highlights that were mentioned were over 40 additional Education Assistants who are funded to do one-on-one assistance with approved students through FNIHB Jordan's Principal. Provincial nutrition funding of \$435,000 came in that allowed for improvement to breakfast and nutrition programs as well as prepared lunch programs at their two provincial designated community

schools. They've received an increase to the career development grant of \$62,500 and added a portable classroom to Robert Smith School. An upcoming project that our community has to look forward to is the division has been approved for a modular daycare facility through the Provincial Capital Planning. The new daycare will be in Selkirk but they are still waiting on details of future placement and when it might be open.

McDonald says that many of the challenges that the school division is facing this year are the same as those faced in previous years.

"If you've seen in the news, there is the potential that we could be losing our Jordan's Principal funding for next school year and for future school years. So that's just a challenge that

absenteeism since the pandemic as well as open postings for substitute teachers educational assistants, bus drivers and more are also an issue. Inflation and uncertainty with increased prices in stores affect the purchasing of all supplies from school supplies to cleaning products, fuel, insurance costs, and more. They are still dealing with increased student enrolment numbers that are not recognized immediately in the funding from the province. They are dealing with upgrading ageing resources and keeping up with IT equipment and resources is also necessary.

"We always have, on our website, or even if it's not on the website, you can contact our office, but we have open postings at all times for additional substitute teachers, educational assistants, bus drivers, and any of the other various positions we have in the school division," said McDonald.

She then went on to discuss how the budgeting process works for the school division. Once that was done,

we're looking at right now since we do have over 40 EAs that are funded through that program," she said.

Increased staff

Continued on page 5

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> DRAFT BUDGET, FROM PG. 4

McDonald got to talking charts and graphs.

"If you look at the middle column for the next school year, 2025/2026, you will see that the Lord Selkirk School Division is getting a one per cent increase to our operating funding. Unfortunately, this is the lowest increase in the province, and this is our second year in a row receiving the lowest increase. Great news, though, is that we will be receiving additional funds under the federal nutrition program. So, if you look in the third column, you'll see that our funding increase goes from one per cent to 1.7 per cent but we're still waiting for additional details to know what that 0.7 per cent entails, except that we know it will be tied to nutrition and can't be used for any other operating purposes," she said.

She then compared last year's and this year's numbers.

"So, last year, when they announced the funding, we were sitting at approximately \$29.9 million. This year with the one per cent increase, they're essentially giving us \$311,515 (more). What we have come to find out, however, is that when they provided us with the budget information for last year, they were actually making a correction to our 2023/2024, funding amounts, and those are not reflected in our budget amounts we were provided with for last year or this year. So, we have adjusted our budget to take out \$455,000 for the 2025/2026, school year, just knowing that they will adjust our year for that. And so, it's better to plan ahead and remove that so that we don't end up in a deficit position going forward. Based on that, we still received a one per cent increase, but it's looking similar to \$295,000 instead" said McDonald.

She then showed those in attendance a graph of the funding trends that the school division has gone through in the past 10 years which shows that though special and one-time funding as well as nutrition funding is bringing numbers up, that base funding has not grown as quickly despite increased enrollment and inflation affecting the school's budget.

"The base funding, continues to be very low, with very modest or very tiny increases," said McDonald.

She then showed a graph of inflation versus funding change over the past ten years which shows that funding is not keeping up.

"Most people are aware that in the 2022 and 2023 years, there was a significant increase to inflation where it hit almost eight per cent and at the same time, in those (previous) years, we had seen multiple years of two per cent of decreases," she said.

McDonald then discussed the changing education property tax situation over the past five years which boils down to, for our area, significantly increased property tax assessments in the division due to recent construction making our mill rate continue to be lower than the rate used in 2017.

"In 2024 our rate was 13.411 and for 2025 we're currently proposing a 12.6359 rate. So, it's approximately a five per cent decrease to our mill rate," said McDonald.

Additional expenses that the school division will be taking on in the upcoming year will be an overall addition of 15.25 FTE teaching staff, adding 15.0 FTE educational assistants, purchasing of 3 new buses, taking on more building maintenance and more. These decisions reflect the feedback they received from surveys that were sent out.

McDonald wrapped up her presentation by discussing the next steps in the budgeting process.

The meeting ended with a question and answer session but residents with questions were also invited to continue to send them into the division after the meeting if they choose.

Long made some concluding thoughts at the end of the meeting and thanked McDonald for the presentation.

"I think (the budget) certainly is tied closely to the needs that were brought forward in the survey, and that's what I do appreciate. She brought forward

some of the suggestions and things in terms of staffing increases. I recognize it looks a little different than in years previous, but with restructuring coming, as I mentioned, change is certainly upon us, and there are some things that need to look different this year as we prepare for change coming up. So, I do appreciate the support as we move forward from our community," he said.

To see the recorded presentation visit https://www.lssd.ca/news/what_s_new/presentation_of_the_draft_budget_for_2025-2026.

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Official signing has four municipalities agree to library expansion

City of Selkirk, RM of St. Andrews, RM of St. Clements and Village of Dunnottar get together to create new children's wing

By Katelyn Boulanger

The mayors of the City of Selkirk, RM of St. Andrews, RM of St. Clements and the Village of Dunnottar got together last week to put their signatures to provide just over \$1.2 million to the project of building a world-class children's wing in the Gaynor Family Regional Library and commit to secure operational funding through 2027.

This agreement means that the library will be able to expand by 6,000 square feet creating the Rotary Hide-away Children's Area which in turn will create more space for other library services.

Ken Kuryliw, Director of Library Services at the Gaynor Family Regional Library started the signing off with a land acknowledgement which

included acknowledging the history of the library and it's historic connection to the area.

"The original Red River settlement had a public library now 200 years ago, donated by Mr. Fiddler (who was) a worker with the Hudson's Bay Company, who donated 500 books at that time, which was quite amazing," said Kuryliw.

The modern day iteration of the library started when the City and the RMs of St. Andrews and St. Clements, the library, the Rotary Club, the Province and the Gaynor family teamed up to create the modern building that the library is now housed in which opened in January of 2014.

"Even though it doubled the space of our prior location, it was still half



RECORD PHOTOS BY KATELYN BOULANGER

The City of Selkirk, RM of St. Andrews, RM of St. Clements and the Village of Dunnottar got together last week to sign three agreements to ensure the library's future. Below: Kuryliw speaks about what this means for the library.

the recommended space for the population we served based on the provincial report we received. But it really worked. Visitors went from just over 50,000 visitors in our former location to over 150,000 in the first year, and we consistently stayed over 135,000 which was our lowest. And in the last year, we



Continued on page 7

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> LIBRARY AGREEMENT, FROM PG. 13

had 156,000 setting new record. The library is the hub of our community, a place for recreation, tourism, learning and friendship. The library partners with many community organizations, from schools to daycares to Indigenous groups, seniors groups, artists, and children's programming for all ages," said Kuryliw.

The library is well used by the community. It houses over 65,000 items which is about 10,000 over what was projected to be its max capacity and residents use those items with approximately 200,000 being borrowed a year.

"The long-term plan when we partnered with the planning board was that the library could move into the space if it was ever vacated, and that would allow us to reach our recommended size for our population of just over 35,000 that we serve," explained Kuryliw.

With the City of Selkirk taking planning back into its purview, the Red

River Planning District decided to make a move out of the city. This allowed the library to take on the space and the plan to create a children's wing expansion came soon after. This expansion not only will allow the kids in our region to have a bit more room to learn and play but also means that the current area where the children's items are located will be able to be used for other purposes.

Last week, the mayors, Larry Johannson from the City of Selkirk, Joy Sul from the RM of St Andrews, Debbie Fiebelkorn from the RM of St. Clements and Richard Gamble from the Village of Dunnottar came together at the library with CAOs, Duane Nicol of Selkirk, Brent Olynik of St. Andrews, and Deepak Joshi of St. Clements to sign three agreements with Kuryliw. The first was to lay out funding for the next three years and set a basis for going forward. The second agreement renews the region, including all four municipalities and the Li-

brary Board, additionally, it creates a renewed co-owner agreement by the three owners of this building, the City of Selkirk, RM of St Andrews and the RM of St Clements. The final agreement is a library lease agreement that means as long as the Gaynor Family Regional Library provides library services, they get to occupy and use the building.

Mayor Johannson then said a few words on behalf of the city.

"Today, signing these agreements is a true regional partnership. We couldn't do it without our true regional partners so thank you," he said.

Nicol then made sure that everyone knew that Kuryliw is very humble but he and the volunteer board of directors spend a lot of time making our library an amazing community space.

"We have a gem of a library, one of the best in Manitoba, if not the best in Manitoba small community libraries. Ken is the leader of this work, and he's shown all kinds of leadership to make this happen today," said Nicol.

Fiebelkorn stepped up next explaining that this is more than just a library but proof that working together makes us stronger.

"The municipalities of St. Clement, St. Andrews, Selkirk, (and now Dunnottar) came together with a shared goal of creating a regional resource that would serve our residents's evolving needs. We saw more than just shelves and books. We saw a

space where families could learn, where kids could explore and where our community could come together. This library is a testament to the municipalities working together and our commitment to providing the best possible services to our residents and to building a strong regional identity," she said.

Mayor Joy Sul came next.

"I want to thank you, and everybody should make a note of what great things can happen when everybody works together in a partnership. This is truly a remarkable venture and a great success," said Sul.

Gamble ended by joking that there was nothing left to say.

The evening ended with the signing of the agreements.

"We're really excited. A partnership between all four municipalities always takes time, because there are so many different people and it's all come together now. We're really excited about the potential library expansion that we're entering into now, and what we'll be able to do for the community," said Kuryliw.

Though the library has already raised more than half of the \$2.5 million dollars needed for the expansion, they still have a little over a million dollars to go and every dollar helps. If you would like to donate to the library's new expansion visit the library's website at <https://gfrl.org/> or go in in person to chat with staff.

4-H Club Celebrates Communications



RECORD PHOTO SUBMITTED

The Local East Selkirk and Area 4-H Club participated in their club's communication event on March 2. The club would like to congratulate all members who participated. Five 4-H members— Dominic Bernard, Bailey Bernard, Sage Parenteau, Sarah Seniuk, and Lucas Young— will be representing the club at the upcoming South Interlake Area Communication event in Teulon on March 23. Winners from this competition will move on to the provincial competition in Winnipeg. The club would like to thank the Manitoba 4-H Council for sponsoring the event as well as our area judges Jane Seniuk, Kathleen Reese, and Kevin Seniuk. Pictured left to right: Bailey Bernard, Dominic Bernard, Sage Parenteau, Grayson Savage-Murray, Lucas Young, and Sarah Seniuk.



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Selkirk RCMP seize drugs and make arrests

Submitted by Manitoba RCMP

On Feb. 26, as part of an ongoing investigation, Selkirk RCMP, along with officers from the Crime Reduction Enforcement Support Team (CREST) executed a search warrant at a residence on Eveline Street.

Two occupants of the residence, 1 male and 1 female were home when

officers arrived and were arrested without incident.

During the search, officers seized cash, bear spray, scales, packaging materials, and the following drugs:

- 8.3 Grams Cocaine (community value \$850)
- 5.2 Grams Meth (community value \$520)

- 3.3 Grams Fentanyl (community value \$1300)
- 280 Grams of suspected cutting agent

Selkirk RCMP have charged 29-year-old Justice Langlois from Winnipeg, and a 65-year-old female from Selkirk

Continued on page 9

letter to the editor

The Manitoba government is increasing operating funding for K-12 public schools by 3.4 per cent, resulting in a total funding increase of \$104.2 million for 2025-26.

What Does This Mean for LSSD?

While the average increase is 3.4 per cent, the actual increases range from one per cent to 9.8 per cent, with LSSD receiving the lowest increase in the province at just one per cent for the second consecutive year. This follows a six-year stretch of two per cent annual cuts, totalling nearly \$3 million.

Financial Impact of a one per cent Increase for LSSD:

The operating fund increased by \$342,515, but the provincial funding for the Nutrition Program was cut by \$31,000, leaving LSSD with a net increase of \$311,515. While we are grateful for this, significant financial challenges remain.

Did You Know?

Interest Costs: Due to the timing of municipal fund disbursements, LSSD, along with other rural divisions, must rely on a Line of Credit to cover expenses for up to eight months of the year. This results in over \$160,000 in interest costs annually - equivalent to four Educational Assistants (EAs), 1.5 teachers, or three-quarters of a school bus.

Special Levy: The City of Selkirk is proposing a new Special Services Levy on school properties to cover municipal services like snow clearing, boulevard grass cutting and streetlights etc., which could cost

LSSD about \$100,000 once fully phased in.

Insurance: Insurance costs rise approximately 20 per cent each year, adding another \$87,000 for the 2025-2026 budget.

These costs together exceed the funding increase received from the province, not including other challenges such as provincial teacher/clinician bargaining, salary increases for support staff, inflation, and rising utility and fuel prices.

Aging Infrastructure

LSSD's schools are aging, with only two under 50 years old. Critical capital projects, such as adding an elevator to a two-story school, have been indefinitely delayed by the province. Additionally, seven of our 15 schools are responsible for maintaining wells, wastewater treatment systems and sewage lagoons, all of which the division must fund.

Eleven buses are over 15 years old and require ongoing maintenance.

Balancing Funding and Costs:

Each year, LSSD receives funding from both provincial and municipal governments. However, balancing the costs of running schools and meeting the needs of students is an ongoing challenge.

Education is a service industry, and the majority of our budget is allocated to staff wages. The remainder covers transportation, supplies, equipment, insurance, fuel, utilities, and building maintenance - all of which continue to rise.

Provincial Funding:

LSSD has faced a two per cent funding cut in six of the last seven years, translating to over half a million dollars in lost funding annually, all while costs keep increasing.

Selkirk Community Pool:

LSSD is the only division in the province responsible for operating a pool, a cost not covered by provincial funding. Initially funded by service clubs and community donations, the pool is now a financial burden. It serves both students and the public, running at a deficit of over \$100,000 annually, not including utilities and property-related costs.

In Summary:

LSSD has faced a two per cent funding cut in six of the last seven years, significantly impacting our operations. The costs of running the pool, managing cash flow gaps, and addressing the Special Levy are further financial burdens for the division.

Conclusion:

While the Manitoba government's total funding increase for 2025-26 is \$104.2 million, the reality for LSSD is that we continue to navigate financial constraints, manage rising costs, and address critical needs with limited resources. Despite our best efforts, we face significant challenges in maintaining quality education, addressing aging infrastructure, and providing essential services. Without additional investment, our ability to support students and staff will continue to be jeopardized.

Submitted by Lena Kublick
Chair of the LSSD Board of Trustees



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Christy Brown, Distribution Mgr.: 204-467-5836

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Local finance author encourages women to consider their financial futures

Jennifer Diggle wants women to take charge of their finances

By Katelyn Boulanger

International Women's Day was March 8 and to mark the occasion the *Selkirk Record* spoke to local Certified Financial Advisor and co-author of *Financial Success for Women by Women* Jennifer Diggle about some of the unique things that women need to consider when planning for their financial futures.

Diggle explained that she's passionate about financial literacy and education because it's empowering people and opening doors so that they can move towards building a stable financial future.

"I've been a financial advisor since 2009 and it's a family business. My dad was a financial advisor. I work with a lot of three-generational families. The passion has been there since I was a very young teenager, really, when my dad first introduced me to investing and showed me how to look in the *Winnipeg Free Press* and see what investments are going up and down," she said.

She became a part of the Financial Success for Women by Women project when another financial advisor wanted to create a book where many financial advisors throughout Canada got together and gave their best advice that women can use to take charge of their financial futures. Diggle is one of 27 authors who wrote chapters with advice about things they felt were particularly important at the time. Diggle's chapter is titled 'Are you Retirement Ready?'

"It was actually during COVID, when things are so tumultuous, and I was worried about the book coming out, but it was actually the perfect time because so many people could really use that financial guidance at that point in time," she said.

Now, four years on, Diggle is still at it advising locals about their financial needs and promoting financial success for women. She explained that financial planning for women is a bit

different than for others.

"One thing that comes to mind is that women live longer. So, we have to plan for that longevity, right? If we're living, an average of 7 to 8 to 9 years longer than our spouse, there's a big change in finances that can happen when a spouse dies. That's one aspect of planning differently. Also, more women are becoming the investors of the household — sort of taking charge with investments and becoming more comfortable with taking risks as well to capture that growth. I would say that I've seen a really big shift happening with that with women taking more of that lead," said Diggle.

She explained that her advice for women is to focus on three different points: financial education, creating a financial plan and building your network.

Her advice to get a financial education is to use the resources that you have.

"Whether it's looking at websites or reading books is a really good one. If you're on social media, there are some financial professionals that have the credentials that are putting out free content. Sometimes you just need a couple little tips to get you in the right direction," she explained.

She explained that making a financial plan doesn't have to be difficult.

"Creating a financial plan might come along more with working with a professional, but you don't have to. If you're someone who's really good with budgeting and goal setting. But (also) you might need some guidance. I think that when you work with a professional, they can see the blind spots that you might not be able to see," Diggle said.

Finally, Diggle recommends working on your network.

"Just starting to talk to people that you trust — like-minded family members, friends, professionals that you work with. One thing, I think that as a society we can do better is being more open when you're talking about mon-



RECORD PHOTO SUBMITTED

Local Certified Financial Advisor and co-author of *Financial Success for Women by Women* Jennifer Diggle talks women's financial planning.

ey. There can be a lot of insecurities, people either feel like they don't have enough money or that they have too much money. But I think sometimes, once you open the door for conversation and you start learning about (options). If somebody says, for example, 'I've been setting aside money for my kid's education every month.' Well, the friend that you're talking to may not even know that that's an option, but now that friend has just opened a whole new world. 'Oh, I can invest for my kid's future.' Another example, is maybe you're talking to your mom or dad and they (say), 'We paid our mortgage off quicker because we started doubling up on our payments.' Sometimes I think that there needs to be more conversation," she said.

Diggle explained that it's very important to be proactive when it comes to handling our finances.

"No one else is going to do it for you. You need to really be bold and just keep making all the right decisions. It's never too late to start," said Diggle.

One piece of advice that Diggle would give to

residents in our area right now is to take time to be educated and don't be fearful.

"There's a lot going on in the economy right now, and don't let fear guide your decisions and what you're doing with your current investments, and just be bold and look for the opportunities that are presenting themselves," she said.

As for women who haven't yet started planning for their financial future, Diggle says that now is a great time to start.

"Today would be a good day to just get your plan in motion and to reach out. I don't want it to be just about reaching out to professionals, but reach out to someone to get some guidance or pick up a finance book— go to the bookstore, pick up a finance book from the library that piques your interest— to gain a little bit more knowledge. Just get started," said Diggle.

> RCMP ARRESTS, FROM PG. 8

with Trafficking x 3. Langlois also has additional charges of Possession of Property Obtained by Crime Less or Equal to \$5,000 and Possession of Weapon for Dangerous Purposes.

The female was released on conditions, while Langlois remains in custody until a court date.

The investigation continues.

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Keep yourself safe from fraud and scams - March is Fraud Prevention Month

By E Antonio

March is Fraud Prevention Month. Fraud Prevention Month was created in 2004 as an awareness campaign for fraud prevention. The Canadian Anti-Fraud Centre (CAFC) is working with organizations across Canada to empower Canadians to engage in fraud prevention.

According to the CAFC, they received nearly 50,000 fraud complaints in 2024, which resulted in a loss of \$639 million from Canadians.

As for Manitoba, RCMP detachments received 2041 complaints. "The complaints include various types of frauds, but most were related to online or telephone-related scams," said Corporal Terry Sundell of the Manitoba RCMP Cyber & Financial Crime Unit.

The Selkirk RCMP Detachment specifically received 147 reports regarding fraudulent activity.

Corporal Sundell also explained that fraud complaints are heavily under-reported, with the CAFC estimating that only 5 to 10 percent of frauds are reported to authorities. "People that have been victimized may feel embarrassed, not know who to report to, or not bother reporting it because they may feel that nothing can be done."

He shared the importance of making these reports, as they help law enforcement develop disruption tactics, conduct awareness campaigns, and coordinate investigations with international law enforcement agencies.

The RCMP receives daily reports of fraud claims all around the province. Scammers do not care where you live; they only want you to fall for their tricks. They will also try to scam you at any time of the year, but Corporal Sundell stated that there tends to be

an increase in activity during tax and holiday season.

The most common scams that are accounted for in RCMP reports are:

- Grandparent scams- where the scammer pretends to be a lawyer or law enforcement and says that your grandchild is in jail and needs money to be bailed out

- Canadian Revenue Agency (CRA) scams occur when scammers get access to your CRA information and set up themselves as the direct deposit recipient.

- Work-from-home scams where scammers will offer you a remote position involving moving money, only to be part of a fraudulent operation.

- Investment scams where people receiving a message to invest in cryptocurrency.

- Romance scams- scammers build trust and then ask you for personal information such as ID photos or money.

- Computer virus scams are where you will get a pop-up saying your computer has a virus, and you click the link to "fix" the virus and enter personal details.

- e-transfer scams are when you receive an email with a link to collect a fake e-transfer, which requires you to enter your banking details.

- Marketplace scams are where you send money for an item to buy it online but never receive it.

- Fake invoice scams are when

the scammer notices a routine payment and sends an invoice requesting payment, making the email look like it came from the original payee.

Emily Olsen, Media Relations Strategist with Western Canada Lottery Corporation (WCLC), also addresses the rising issue of lottery scams.

Most scammers try to trick players by pretending to be WCLC or another lottery corporation. She expressed the importance of double-checking who is contacting you and not giving out any information.

"If you purchased your lotto ticket in-store, we will never contact you by phone or email to say you've won a prize. You also cannot win a prize if you have not purchased a ticket," said Olsen.

You will only be contacted through phone or email if you purchased your ticket online or have a Play Now or Subscription Spot subscription. Even if you are the lucky win-

ner, WCLC encourages you to check the posted winning ticket numbers online and call their Player's Care line at 1-800-665-3313.

"If it is us calling and you want to hang up and call us directly, that is fine, too. We want to make sure everyone feels safe and comfortable when it comes to winning the lottery."

She also explained that scammers will try to pressure you to claim your prize as soon as possible. The WCLC

will never pressure you to collect payment right away, adding that they like to take their time and ensure they are contacting the correct winners.

"Scammers are always trying to catch you off guard, and winning the lottery can bring on a lot of emotions. You must stop and think about who is contacting you, and never give out any personal information, including your address, banking details, or account passwords."

The most important piece of advice WCLC shared is never transferring money. You are not required to pay taxes or fees for prizes. So, if you are being asked to make a payment, you know it is fake.

If you have become a victim of fraud, you are encouraged to submit a report to your local RCMP and to the CAFC and contact your financial institution. The CAFC has many support and resources available to Canadians who have been victims of fraud, and they can be accessed on the CAFC website.

"It is important for people to understand that investigations into online frauds can be complex and take time, and during that time, a person's money is almost always gone, with no chance of it ever being recovered," said Corporal Sundell.

The best way to keep yourself safe is to take appropriate preventative measures and be aware of any concerns. Corporal Sundell recommends changing your passwords regularly and using multi-factor authentications wherever possible.

For more information on fraud prevention or submitting a fraud report, please visit www.antifraudcentre.ca or call 1-888-495-8501.

"PEOPLE THAT HAVE BEEN VICTIMIZED MAY FEEL EMBARRASSED, NOT KNOW WHO TO REPORT TO, OR NOT BOTHER REPORTING IT BECAUSE THEY MAY FEEL THAT NOTHING CAN BE DONE."

MAHCP calls off March 7 strike after tentative contract deal reached with province

By Patricia Barrett

A potential strike by allied health

care workers represented by the Manitoba Association of Health Care Providers was called off last Friday after the union said a

tentative deal with the province was reached.

A notice on MAHCP's website said its strike scheduled for March 7 had been "postponed" pending the results of a ratification vote.

"The Manitoba Association of

Health Care Providers (MAHCP) has reached a tentative agreement for the Shared Health, Winnipeg-Churchill and Northern Health Region Employers Organizations," states the notice.

MAHCP represents over 7,000 allied health care workers, some of whom are employed by Shared Health in the Interlake-Eastern Regional Health Authority. Those include paramedics and diagnostic staff.

A majority of MAHCP's members (96 per cent), had voted in favour of a strike earlier this year as they've been without a contract since April 1, 2024.

MAHCP's bargaining committee will present details of the agreement to union members and hold a ratification vote. No date was given for the vote.

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I Love to Read at Sergeant Tommy Prince School



RECORD PHOTOS BY KATELYN BOULANGER
Sergeant Tommy Prince School celebrated the conclusion of I Love to Read month with an I Love to Read Assembly. Principal Wendy MacPherson started the assembly off by asking students about their favourite books and Indigenous authors as well as showing off her wonderful sense of humour with reading-related jokes throughout. The teachers and students didn't let her have all of the fun, however, with some teachers reading books and students reciting poems and talking about the learning that they did this month. They also waved signs that they made with their favourite authors. The students showed how much they enjoyed reading this month. The event was followed by a school feast.



I Love to Read Month wraps up



RECORD PHOTOS SUBMITTED

I Love to Read month didn't slow down in the Lord Selkirk School Division as the month came to an end. There were some extra special visitors that came to LSSD schools recently. Photos clockwise from top left- Finnie a St. John Ambulance therapy dog with owner Angelique Duseigne visited Ruth Hooker school while students read in the library, Lisa Minaker the Assistant Superintendent of the LSSD read to students at Ruth Hooker School, Jacqueline Bercier, LSSD Cultural Perspectives-Languages Teacher read at Centennial School, Selkirk Mayor Larry Johannson made a return appearance visiting Centennial School and Winnipeg Blue Bombers Gabe Wallace and Chris Kolankowski visited Centennial School to read to the students.



Manitoba halts American alcohol sales, promises to get tougher on Trump tariffs

Federal government implements \$30-billion worth of tariffs against U.S., more coming

By Patricia Barrett

In response to U.S. president Donald Trump's implementation of tariffs against Canada last week, Manitoba's NDP government said American alcohol is being removed from shelves in government liquor stores and that more measures could follow.

Premier Wab Kinew announced that the Manitoba Liquor and Lotteries Corporation, a provincial Crown corporation, will take American alcohol off shelves after some of Trump's tariff threats – a 25 per cent tariff on all Canadian products and 10 on energy – came into effect on March 4.

Two days after the tariffs were launched, the government said it might also cut back on exports of hydroelectricity to the U.S., but no details on what that would entail were provided.

"We have to send a strong message to the people south of the border that this tariff dispute launched by Donald Trump is not helping anyone," the Canadian Press quoted Kinew as saying.

The government also introduced a Buy Canadian Act, legislation that would see it implement a Canadian-first procurement policy on goods.

"Today, the Manitoba government introduced amendments to the Government Purchases Act that would prioritize Canadian suppliers," said the province in a March 6 news release. "As a result of the buy Canadian act, the province would have to establish a buy Canadian policy across government. Under the buy Canadian policy, preferential treatment may be given to a Canadian supplier when purchasing goods under the authority of the Government Purchases Act."

Ontario premier Doug Ford came out swinging against Trump's tariffs last week, threatening to impose (this week) a 25 per cent surcharge on the electricity that Ontario exports to New York, Michigan and Minnesota.

Gimli resident, commercial fisher and analyst Bill Buckels said the Manitoba government should follow Ontario's lead. In light of the tariffs already implemented against Canada, and a suite of tariffs to come that will damage our economy, Manitoba's government should commit to firm action on electricity rather than just suggest it might cut back exports. And the government said nothing about imposing surcharges on electricity.

"Why isn't the Manitoba's govern-

ment considering putting a surcharge on the hydroelectricity we export to the U.S.?" said Buckels. "Shouldn't we be showing solidarity with Ontario and sending a strong message to Trump?"

Taking American liquor off the shelves is all well and fine, said Buckels. It will help promote Canadian alcohol and support our economy. But it's a rather weak countermeasure against the serious damage Trump's tariffs will have on our economy and our jobs. And if the American tariffs are dropped, American liquor will go right back on the shelves again to stop the government from incurring a loss of revenue.

"The Manitoba government is worried about hiding American booze in its liquor stores' backrooms when we're in a state of crisis," said Buckels. "I understand that the government said there may be other measures to follow, but I think we need a show of strength right now, right at the outset of this American-initiated trade war and Trump's threats to make Canada his 51st state. We don't want his tariffs dragging down our economy when Canadians are still struggling with high food and housing and energy prices; we want to cut off Trump as quickly as possible."

Buckels said American alcohol products at the government's Gimli liquor store remain on the shelves but are hidden behind a heavy black curtain. A sign taped to the curtain says the store is no longer selling U.S.A. liquor effective March 5.

The *Record* reached out to the province, asking whether it's thinking about putting a surcharge on Manitoba Hydro's electricity exports to America, and also requesting the approximate value of the American liquor products removed from government stores.

The province acknowledged the questions, but did not provide answers.

The *Record* also reached out to Manitoba Liquor & Lotteries. Laurel Trotter, program manager of communications & corporate affairs, said the corporation doesn't have a dollar figure as yet.

"We don't have financial figures to share related to the costs of removing affected inventory from stores—our teams are still focused on managing the removal of American liquor products for sale and the related impacts to our customers and business part-



RECORD PHOTO BY JO-ANNE PROCTER

The ban on U.S. liquor is expected to affect approximately six per cent of products sold by Crown-owned Manitoba Liquor and Lotteries, including 409 spirits, 341 wines and many beers and other products. The ban only applies to products made in the U.S., not to U.S.-based brands such as Budweiser that are brewed in Canada.

ners," said Trotter.

Trump implemented a 25 per cent tariff on all Canadian goods and a 10 per cent tariff on energy on March 4. Two days later, he dialled it back somewhat by granting a one-month exemption to goods that are compliant with the Canada-U.S.-Mexico Agreement (CUSMA), formerly called the NAFTA trade agreement. Trump also exempted the auto industry from tariffs for one month. And he reduced the tariff on Canadian potash from 25 to 10 per cent.

But on March 7, Trump threatened Canada with tariffs against lumber and dairy, saying they could start that day or this week. His executive order for a 25 per cent tariff on Canadian steel and aluminium is expected to come into effect on March 12. And his order for reciprocal tariffs – revenge on other countries such as Canada for implementing their own countervailing tariffs against his – is set for April 2.

After seven weeks of Trump 2.0 chaos, Canadians have got the measure of him. They can expect the following: Trump will do one thing. He'll have that thing later reversed or paused. He'll introduce a new thing. He'll have that new thing reversed or paused or scaled back. Repeat. And while he makes heads spin with his daredevil tariff stunts, he stacks,

stacks, stacks, baby all his tariffs atop other tariffs as though they're human acrobat towers.

In the realm of business dealing, this referred to as an "art." But the majority of Canadians see it for what it really is – economic terrorism – and how serious it will be for both them and American consumers, let alone for world order.

Canada's prime minister Justin Trudeau said last week that Trump's tariffs were never about fentanyl (less than 1 per cent slips into the U.S. from Canada). Fentanyl was simply a "pre-text" for tariffs.

In other words, Trump had to con Canada (and Mexico) into believing tariffs were linked to fentanyl because the U.S. is a signatory to CUSMA. The only way legal way around that trade agreement is to invoke an emergency. He was able to proceed with tariffs by declaring U.S. residents under mortal danger from fentanyl and illegal migrants coming from Canada and Mexico.

What Trump really wants is to destroy Canada's economy then move in and ravish our resources.

"What he wants is ... a total collapse

Continued on page 16

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Merit Motion Pictures inviting public to be part of documentary on democracy

By Patricia Barrett

A Winnipeg-based film production company is embarking on a documentary about the history of democracy and is inviting the public to have their voices heard.

Merit Motion Pictures (MMP) will be filming a segment of *Power to the People: The Origins of Democracy* at the Farmers Hall in Gimli and is looking for about 200 people – from Gimli and communities beyond – to take part in interactive activities that will put democracy to the test.

The documentary is a France-Canada co-production between Merit Motion Pictures and Yuzu [production company], and has been commissioned by the CBC, France TV and NOVA.

Anthony Morgan from the CBC's *The Nature of Things* will be hosting the three-hour segment – called The Great Democracy Test – in Gimli.

Merit Jensen-Carr, executive producer and president of Merit Motion Pictures, said the documentary will examine a number of forces chipping away at democratic practice.

"There are many things to be learned from looking at this history. Greed, polarization, self-interest over public good, corruption, apathy ... and disease all played a role in the fall of democracy. Does that sound familiar?" said Jensen-Carr when asked about the new world order we seem to be hurtling towards courtesy of the current U.S. president.

Merit Motion Pictures has produced award-winning environmental, history, arts, nature and science documentaries and series over the course of 35 years. Its films include *Kingdom of the Polar Bears*, *Great Lakes Untamed* and *40 Years of One Night Stands: The Story of the Royal Winnipeg Ballet*. The production company is passionate about "the chaos of the human experience and how we can learn to better understand ourselves and others."

Jensen-Carr's idea for *Power to the*

People had its genesis about 10 years ago and was originally intended to examine the ancient Athenians, the first known people to practise democracy. Democracy is an idea that gives people a voice and a system that allows a country's citizens to play an active role in the government of their country either directly or through elected representatives.

"I started developing this film 10 years ago with the CBC, and it was intended to look at who the Athenians were, how they lived and how that compared to the way we live today. Democracy was part but not all of the story," said Jensen-Carr. "It took a while to raise all the financing. And as things progressed, focusing on the original democracy and how it evolved became the focus."

Kym Dopheide, who does research for Merit Motion Pictures, said the company was looking for a "typical rural community that's known to host events and be engaged in community service." Gimli was among a number of communities – along with Selkirk and Stonewall – that Manitoba Film and Sound recommended MMP scope out as possible locations for the Great Democracy Test.

All the communities were "so excited" about the prospect of hosting the event because people "really want to talk about democracy right now," said Dopheide. "It was a hard decision to make."

Samantha Hampton, president of the Gimli Chamber of Commerce, took MMP staff around to look at different locations where they could film and the chamber is helping facilitate the event.

"I would encourage community members to step outside their comfort zone and step into a project that has the ability to challenge perspectives and spark meaningful conversations. By hosting this unique social experiment, we're not only fostering conversations about governance, but also strengthening the bonds that make our community resilient, inclusive and forward-thinking," said Hampton.

"This project is a hands-on lesson in civic engagement, leadership and decision-making. By putting two different forms of democracy to the test, we provide a valuable opportunity for participants of all ages to reflect on how leadership shapes their community. The Gimli Chamber of Commerce believes that an informed and engaged population is essential for a prosperous future, making this initiative a perfect fit for our mission."

The Great Democracy Test will be engaging and fun, said Dopheide. It will compare Athenian democracy,

The Great Democracy Test!

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MERIT MOTION PICTURES

About 200 members of the public are welcome to take part in a documentary on democracy that Merit Motion Pictures will be filming in Gimli on March 15.

in which audience members at the Farmers Hall could be randomly chosen to serve in government, to today's version of democracy in which elected officials make decisions on behalf of the populace.

"Democracy in Greece was basically picking a name of the hat. One day the wine merchant would have power, and the next day it could be the stone mason," she said. "That didn't last long because the rich decided they didn't want to give away their power. Now we have our present-day democracy where we vote in candidates."

For the Athenian part of the democracy test, Dopheide said they'll be picking names out of a hat and the candidates can go off to a private room and come up with a platform – something to improve their community – which they'll then present to the audience. The audience will get to vote on what they think is the best idea for the community and the

winner will get money to put towards their idea.

MPP is also lining up five or six community members ahead of time to run as candidates for a mock, current-day election. They'll present a platform on which the audience can vote.

"After the two types of democracy are presented, the audience will be asked to discuss what form worked best and if they were surprised or disappointed by it. It'll be an open, fun discussion," said Dopheide.

The documentary is expected to be released in either late 2025 or some time in 2026.

The Great Democracy Test takes place on Saturday, March 15 from 2-5 p.m. at the Gimli Farmers Hall on PR 231 and Road 17 East. The hall is near the Gimli Airport. Access to hall's parking lot is from Road 17E.

There are two ways to register for the free event: scan the QR code on the poster or call Kym Dopheide at 204-330-6203.

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Manitoba's Education minister announces new bills

By E Antonio

On March 6, during the Manitoba legislative spring session, Tracy Schmidt, the Minister of Education and Early Childhood Learning, introduced three new education bills. If passed, these bills will amend the Public Schools Act.

One of the most significant changes is the removal of the requirement to play "God Save the King" and recite the Lord's Prayer in classrooms. Although this requirement was first registered as a bill in 1988, it has never been enforced. Furthermore, the Manitoba Court of Queen's Bench declared the recitation unconstitutional, but the rule has not yet been eliminated from the Public Schools Act. In addition to these changes, all public schools will be required to establish a land and treaty acknowledgment.

"Truth and Reconciliation is a guiding principle for our government," said Schmidt. Schools are invited to make their own land and treaty acknowledgment as the government recognizes that every community is unique. "We want local communities to be able to come up with a land and treaty acknowledgment that's meaningful to their community... It's an important part on our path to Truth and Reconciliation." Schmidt claimed.

During the session, Schmidt also proposed an Indigenous language immersion option for schools. To qualify as an immersion program, at least 50 percent of classroom instruction must be taught in the immersion language. Currently, immersion programs in Manitoba are limited to English and French. While some schools offer bilingual programs with less than 50 percent language instruction, Schmidt proposed that Indigenous languages be offered as immersion programs.

"Proposing to allow for Indigenous language programs is a huge step to-

wards meeting the Truth and Reconciliation Calls for Action," she said. "We think it a great move going forward."

Lastly, it was announced that all schools will be required to offer a free daily nutrition program for students, informally titled "Nello's Law," in honour of former education minister Nello Altomare, who passed away in January.

Under Nello's Law, schools will provide a free breakfast, lunch, or snack program.

"We have known for a long time that if we want to see real improvement in our schools, it starts before the kids get into the classroom."

She noted that schools could customize their nutrition programs to meet the needs of their students, with the government investing \$30 million to support this initiative.

"We have already seen the significant impacts this is having on attendance. Students are showing up ready to learn. We are so proud of our nutrition program and want to protect it."

To protect the nutrition program, the NDP government proposes a clause that would cut the salaries of any future ministers by 20 percent if they at-

tempt to reduce the program.

"We believe that feeding kids in Manitoba is one of the most important principles to improving educational outcome of students here in Manitoba... and we believe that every child matters and that every child should have access to food and nutrition in their schools."

Donald Nikkel, vice-superintendent of Lakeshore School Division, commented on the recent amendments to the Public Schools Act. He noted that no schools within the division play "God Save the King" or recite the Lord's Prayer. He also mentioned that Alf Cuthbert School and Ashern Early Years have implemented an Anishinabemowin program for two years, and he has already seen its benefits.

"Looking at the impact the language program has had, I think it is a great idea. It creates an opportunity to learn about the culture and history of our communities creating a better understanding of the world around us."

Nikkel has also observed the benefits of the free nutrition program, which is in place at all schools in



PHOTO SUBMITTED

Donald Nikkel — Superintendent of HR, Policy and Public Relations

the Lakeshore School Division.

"When students come to school hungry, they are not ready to learn. When students have full bellies, they are able to focus and engage with classroom activities."

He expressed his appreciation for the increased funding, noting that it has made these programs more accessible in schools.

"Part of my community."

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Manitoba

Access Credit Union introduces new \$250,000 Focused Funding Grant

By Annaliese Meier

Access Credit Union is excited to announce the launch of its new Focused Funding Grant, with a special emphasis in 2025 on supporting school nutrition and wellness programs across Manitoba. This initiative highlights Access Credit Union’s commitment to fostering healthy communities and ensuring that students have the resources they need to thrive.

In 2025, the Focused Funding Grant will provide a total of \$250,000 in financial support to K-12 public schools throughout Manitoba. Ten schools will be selected to receive \$25,000 each, with the aim of enhancing nutrition and wellness programming. This year’s grant will prioritize proj-

ects that improve kitchen facilities, ensuring there is adequate space and equipment for food storage, preparation, and serving. By addressing these needs, Access Credit Union seeks to improve access to nutritious meals, which are vital for students’ academic and personal development.

Key Details of the 2025 Focused Funding Grant:

- Eligibility: Open to all K-12 public schools in Manitoba.
- Application Period: Applications open on March 1, 2025 and close June 1, 2025
- Project Focus: Priority will be given to kitchen enhancement projects that support meal and snack pro-

grams.

Support: Projects must be pre-approved by the respective school division and include a letter of support from the school principal or vice principal.

“Access is excited to provide this new grant opportunity to our communities. For the inaugural year, we are looking forward to seeing the impact this grant has on our local schools. These students are our future, and we believe that investing in our schools is an investment in our future,” said Curt Letkeman, Board Chair of Access Credit Union. “By supporting nutrition and wellness programs, we are helping to create a healthier, more vibrant community.”

Schools interested in applying for the Focused Funding Grant can find more information and submit their applications on the Access Credit Union website at <https://www.accesscu.ca/en/about/community/focused-funding-grant>. The grant applications open March 1, 2025, and close June 1, 2025. Successful schools will be contacted in the fall, followed by a public announcement.

The Focused Funding Grant will have a different focus each year, allowing us to address specific areas of need. By rotating the focus annually, Access Credit Union can respond dynamically to the evolving priorities of our communities.

> MANITOBA TOUGH ON TARIFFS, FROM PG. 13

of the Canadian economy because that will make it easier to annex us,” said Trudeau during a March 4 news conference on Parliament Hill.

Canada’s foreign affairs minister Melanie Joly conjured up the image of a padded room when she said Canada won’t be tolerating Trump’s tariff “psychodrama” every 30 days.

The federal government launched the first phase of its double-pronged countervailing tariffs against the U.S. on March 4. That started with \$30 billion worth of tariffs on American goods such as orange juice, poultry, yogurt, cheese and pasta coming into Canada and will be followed by \$125 billion in 21 days’ time.

“Our tariffs will remain in place until the U.S. trade action is withdrawn,” said Trudeau in a statement on the federal government’s website, “and should U.S. tariffs not cease, we are in active and ongoing discussions with provinces and territories to pursue several non-tariff measures.”

The federal government launched an aid package worth \$6 billion to support Canadian businesses while they find new markets and help transi-

tion the country away from reliance on our former best friend, the U.S. It will also be relaxing Employment Insurance rules to allow employees partial benefits while working reduced hours.

For Canada’s agriculture sector in particular, the federal government is implementing a \$1-billion-dollar financial aid program.

For a full list of American products subject to Canada’s counter-tariff, visit the federal department of finance’s website.

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Selkirk RCMP looking for missing man

Submitted by Manitoba RCMP

On Feb. 28, at 7:40 p.m., Selkirk RCMP received a report of a missing 29-year-old male.

River Fisher, was last seen February 28, at approximately 2:00 p.m. at an address located on Manitoba Ave. in Selkirk.

Efforts made to locate him have not yielded any results at this time and his current whereabouts remain unknown.

RCMP are concerned for his wellbeing.

Fisher is described 5'7" tall, with a medium build, dark brown long hair and brown eyes.

If you've seen him or have any information on his whereabouts, please call the Selkirk RCMP at 204-482-1222, Crime Stoppers anonymously at 1-800-222-8477 or submit a secure tip online at www.manitobacrimestoppers.com



RECORD PHOTO SUBMITTED

River Fisher

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16⁹⁹ **18⁹⁹**

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Access CU CEO Larry Davey to retire

By Ashleigh Viveiros

Access Credit Union's president and CEO is stepping down after 13 years in the role.

The financial institution has announced the impending retirement of Larry Davey.

Davey has been with Access CU since 2012, shepherding it through eight different mergers and helping to grow it into the largest credit union in Manitoba. When he started, the credit union had \$1.5 billion in assets and branches across a relatively small region; today, they have over \$13.5 billion in assets and branches and members stretching across southern Manitoba.

"We are tremendously grateful for Larry's leadership and vision that has not just transformed Access Credit Union but also fundamentally altered the credit union system in Manitoba," said board chair Curt Letkeman. "His passion for change, empowering staff

to reach their full potential, and making our communities a priority has resulted in a credit union positioned for the benefit of all Manitobans."

Davey shared that his decision to retire comes as the credit union is in a period of stability.

"I've talked about it with my wife for awhile, and now that the credit union has come through these mergers and we're sort of getting back to normal business, I'm comfortable in passing the reins to somebody else."

"We've seen a tremendous transition from what the credit union looked like in 2012 to what it looks like now," Davey observed. "But I know that the staff and the members are really going to see the benefits over the next few years."

Access merged with Sanford and Community credit unions in 2013, Crosstown Civic in 2021, Noventis and Sunova in 2022, and then welcomed Carpathia, Casera, and Amaranth credit unions to the fold in 2023.

When he came to Access, mergers were a topic

of discussion at credit unions across Canada as they sought to stay competitive.

"We could see the landscape across the country that this is what was happening, so when I joined Access we had a lot of discussion around what would be our advantage going forward," Davey said. "Access was a very strong rural credit union. There was a significant amount of interest out of urban credit unions in getting together with us."

Reflecting on all the mergers and technological advances he was part of in his tenure at the helm of Access, Davey credited the organization's staff for making it all work.

"We've had a couple of hiccups along the way—certainly technology transition can be difficult, bringing staffs together can be difficult, bringing memberships together can be difficult. But, at the end of the day, our staff were working hard for it."

He says he's proud of Access CU's staff for their willingness to embrace change, dig into new technologies, and tackle ongoing education opportunities. The business, in turn, was pleased to promote from within



SUPPLIED PHOTO

Larry Davey came on board as Access Credit Union's CEO and president in 2012. His tenure comes to an end this summer.

wherever possible, Davey noted.

"Being able to reward a number of our staff with promotions and moving up the ladder in the credit union really was satisfying to me, because in many smaller credit unions that's something that wasn't available to staff."

Access has been named one of Manitoba's top employers every year for the past decade by the organizers of the Canada's Top 100 Employers program, something Davey credits to the workplace culture they strive to foster.

"We really tried to empower our staff as much as we could so that they were making decisions rather than running to someone for a decision," he noted. "To me, people were much more engaged in their job because they were able to make those decisions."

The hunt for Davey's replacement will begin shortly, and he will remain on the job until August to ensure a smooth transition.

His advice for whoever steps into his shoes? Really get to know Access CU and its people.

"I think there's often this drive to put your own mark on everything. And that often means changing," he said. "But I think someone coming into this role should step back, see what the credit union has done, and really see where staff is going to take it."

"I told some of our staff I think we're really handing the keys to a Porsche to somebody here, because it's gotten through all of these difficult times and now is ready to take off."

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MARCH ONSITE DAY TWO. STARTS ON MAR 20, 2025 AT 9:00AM. LOTS START CLOSING ON MAR 27, 2025 AT 10:00AM
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PERSONAL INTEREST

LINE DANCE \$100 Tuesdays, Apr. 8 – May 27 5:30 – 6:30 pm (8 sessions)

Let's line dance! We don't have to wait for the right song to play to get up and dance anymore! Learn one of the classics like Cadillac Ranch and the new Boot Scootin' Boogie! Let's learn a little Latin, a little Country and some Pop! These line dances can be switched up to dance to many different songs.... you'll never have to leave the dance floor!



BEGINNER GOLF \$100 Tuesdays, May 6 – Jun. 3 6:30 – 7:30 pm OR 7:30 – 8:30 pm (5 sessions)

Interested in Intro to the Game of Golf at an affordable price?

Your instructor will guide you through the basics of the game including stance, grip and swing. Students will get an opportunity to practice all the skills of the game including putting, chipping, approach shots and driving. Will be open to all but tailor to beginners. Adults and mature teens welcome.



High School Gym/ Surrounding Field

BEGINNER TENNIS \$100 Tuesdays and Thursdays, Jun. 2, 4, 9, 11 & 16 6:30 – 7:30 pm (5 sessions)

Interested in Intro to the Game of Tennis at an affordable price?

Your instructor will guide you through the basics of the game including stance, grip and swing. Students will get an opportunity to practice all the skills of the game including serving, forehands and backhands. The basic rules of Singles and Doubles will be covered. The class will be tailored to beginners. Adults and mature teens welcome.

Tennis Courts



BONUS: Stay for both and save \$5! (Maple Syrup and Growing Mushrooms) MAKING MAPLE SYRUP \$20 Tuesday, Apr. 15 6:00 – 7:00 pm (1 session)

The sap is flowing! Make For Fun or Profit!

Do you have a maple or birch tree on your property? Learn how to make your own syrup from local Manitoba maple and birch trees. Hands-on demonstration will include tree identification and selection, tapping the tree, boiling off the sap, bottling, storing the syrup and how-to instructions. Enjoy making your own "sweet treat". Manitoba Maple Syrup - A Taste of Manitoba. Taps will be available for sale following the hands-on presentation (\$2.50 each).



GROWING MUSHROOMS \$20 Tuesday, Apr. 15 7:00 – 8:00 pm (1 session)

Learn to grow specialty mushrooms in your backyard.

Do you have access to oak branches? Learn how to "plant" the mushroom spawn and grow your own Shiitake mushrooms on oak logs. Hands-on demonstration will show how to inoculate the logs with mushroom spawn. A biological process you'll love—growing your own mushrooms backyard style. Mushroom Grow Kits will be available for sale following the hands-on presentation (\$65 each).



CONVERSATIONAL SPANISH (Level 1) \$80 Thursdays, Apr. 10 – Jun. 12 6:00 – 7:00 pm (10 sessions)

Start Speaking Spanish with Confidence!

Curious about Spanish but don't know where to start? Our Level 1 Spanish Class is the perfect way to dive in, focusing on pronunciation, fun games, learning, and travel basics.

What You'll Learn:

- Pronunciation Tips – Speak like a local from the start.
- Fun and Interactive Games – Language learning can be fun!
- Essential Phrases for Travel – Get comfortable with the basics before your next trip.

With 9 one-hour classes, you'll gain the confidence to use Spanish in real-world situations. Sign up today and start your Spanish journey with ease and excitement!

Room 147

INTERMEDIATE SPANISH (Level 2) \$115 Thursdays, Apr. 10 – Jun. 12 7:00 – 8:30 pm (10 sessions)

Take Your Spanish to the Next Level!

Already have a foundation in Spanish and want to improve? Our Intermediate Spanish Course is designed for those ready to build on their basics, refresh skills, or continue progressing—all in a relaxed, friendly environment.

What You'll Learn:

- Grammar and Pronunciation – Refine your skills and polish your accent.
- Conversation Practice – Speak with confidence and fluency.
- Travel Step by Step – Get ready to use Spanish in every travel scenario.

Over 9 classes of 1.5 hours, we use interactive games to make learning effective and fun. Sign up now and enjoy an engaging atmosphere where improving your Spanish is natural and exciting! See you in class!

Room 147

MEXICAN CUISINE \$70 each session (1 session each) Room 172

All ingredients included! Come for one class or join them all! Are you ready to explore the rich flavors of authentic Mexican cuisine? You'll learn to prepare delicious, traditional dishes in a fun and interactive way! Open to all skill levels – from beginners to cooking enthusiasts. Bring a container for left-overs!



Tuesday, Apr. 15 - Taco Night 5:30 – 8:00 pm

Master the art of Mexican tacos! Depending on class size, we may prepare one or more of the following:

- Tacos al pastor (marinated pork cooked trompo-style)
- Enchiladas
- Fish tacos
- Vegetarian tacos

Tuesday, Apr. 22 - Soup Night 5:30 – 8:00 pm

Cozy up with traditional Mexican soups:

- Caldo Tlalpeño (spicy chicken soup with chickpeas)
- Pozole (hominy and meat stew)
- Frijoles a la charra (flavorful charro beans)

Tuesday, Apr. 29 - Mole & Sides 5:30 – 8:00 pm

Learn to make mole, Mexico's legendary sauce, served with:

- Traditional rice
- Refried beans

Saturday, May 10 - Chilaquiles with Chicken 10:00 am – 12:30 pm

A staple of Mexican cuisine! Prepare crispy tortilla chips simmered in a rich sauce and topped with shredded chicken.

Saturday, May 24 - Fajitas, Rice & Guacamole 10:00 am – 12:30 pm

A crowd favorite! In this class, we'll make:

- Savory beef or chicken fajitas
- Mexican-style rice
- Fresh homemade guacamole



INDIAN CUISINE \$70 each session (1 session each) 1:30 – 4:30 pm Room 172

ALL Ingredients Included! Come for one class or join them all! We will enjoy a freshly prepared meal at the end of each class. Please bring a container to take home the leftovers.

Saturday, Apr. 12 Samosas and Chana Masala

Saturday, Apr. 26 Butter Chicken, Naan, and Pineapple Chutney

Saturday, May 24 Aaloo Gobhi, Naan, and Chai

DOG OBEDIENCE Tuesdays, Apr. 8 – May 13 (6 sessions each)

Dogs must be up to date on shots, please bring proof of vaccinations to the first class. Please come equipped with a well fitted collar, 6 foot leash, and lots of tasty treats. No Flexi-Leashes allowed. Please park and enter through back of school.



Lower Multi-Purpose Room

PUPPY CLASSES \$100 For Puppies up to 1 year old 6:00 – 7:00 pm

RALLY OBEDIENCE - NOVICE LEVEL \$100 7:15 – 8:15 pm

For dogs who have completed basic obedience classes, and can sit, stay and heel, this is a fun and dynamic way to work on commands. This is CKC Rally Obedience, and will get you ready to compete in trials, or even just fun matches with your dogs. Knowledge of the signs makes it easier, but let us know if you are new to rally and we will get you up to speed in no time!

DRIED FLORAL DESIGN \$35

Thursday, June 5 7:00 – 8:30 pm (1 session)

Join Kyla from Flora Culture for a fun evening of learning some tips and tricks for drying your own flowers at home. Each participant will also get to create a small, dried bouquet to take home! Supplies included.



Cafeteria

SUGAR COOKIE DESIGN WORKSHOP \$40 each 1:00 – 3:30 pm (1 session each)

Cafeteria

Have you always wanted to make fancy cookies for your own events? Baby Showers, Bridal Showers, Birthday Parties, or just for the family to enjoy! Come join Jennifer for these adorable, themed classes. We will be decorating 6 cookies with all the supplies included and take-home kit. Two themes to choose from. Join one or both!



**Saturday, Apr. 26 – Spring Cookie Set
Saturday, May 3 – Oh Honey Cookie Set**

YOUTH CLASSES

BABYSITTING SAFETY \$70

Saturday, May 10 9:00 am – 4:00 pm

This course offers basic first aid and care giving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families. Training includes; How to be responsible and demonstrate leadership, How to make good decisions and manage difficult behaviours, Information on children's developmental stages, and specific strategies for each stage, How to feed, diaper, dress, and play with children and babies, How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours, First aid skills, and The business of babysitting. Students will receive a babysitter's manual and completion certificate. Please bring a lunch.

Library



STAY SAFE! \$60

Saturday, Apr. 26 9:00 am – 2:30 pm

This course offers basic first aid and safety skills for youth 9-13 years old. Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities. Training includes; The importance of responsibility and respect while being accountable for yourself, The importance of setting and following safety rules when on your own, How to stay safe at home and within the community, How to prepare for, recognize and respond to unexpected situations (e.g., inclement weather, strangers, and unanticipated visits), and Basic first aid skills. Students will receive a "Stay Safe!" workbook and completion certificate. Please bring a lunch.

Room 149

HEALTH & WELLNESS



YOGA FLOW with Heather \$120 Thursdays, Apr. 10 – Jun. 12 6:00 – 7:00 pm (10 Sessions)

Flow yoga class is a mixture of meditation, breath-work and energizing movement. It begins with gentler movements to warm up the body, then move into progressively more challenging flowing sequences. You will be taken through seated and standing poses which can be adjusted to be harder or easier depending on your level of fitness. While previous yoga experience is helpful, beginners are welcome as instruction for the poses are explained throughout the class.

Library

HATHA YOGA with Cecilia \$90 Mondays, Apr. 7 – Jun. 16 NO CLASS: May 5, 12 & 19 5:30 – 6:30 pm (8 Sessions)

For all levels and every body. With modifications and variations. Hatha Yoga is the yoga of Asana (poses). Along with Asana we will explore Pranayama (breath work) and Dhyana (meditation). Please bring a mat and small blanket/or towel and any props you may have.

Library

CHAIR YOGA with Heather \$120 Thursdays, Apr. 10 – Jun. 12 7:15 – 8:15 pm (10 Sessions)

Chair yoga is a gentle form of yoga that is practiced while sitting in a chair. It's based on traditional yoga poses, but modified so they can be done while seated. It can help to improve flexibility, strength, stress, improve joint mobility and boost mental well-being. Suitable for all levels of experience including seniors, those with injuries, those with mobility issues or even just beginners. Chair yoga focuses on the same core principles as traditional yoga, such as focusing on your breath, paying attention to your thoughts, and staying in the moment. Though it is a chair yoga class, a mat will still be required.

Library

SOUND BATH MEDITATION \$110 Monday, Apr. 7 – May 12 7:00 – 8:00 pm (6 sessions)

A sound bath is a full body meditative experience where those in attendance are "bathed" in soothing sounds, vibrations and sound waves. The practice aims to help people relax and let go of stress, anxiety, worries and concerns. Participants find deep connection between mind, body and soul well-being. Please bring a yoga mat and wear comfortable clothing. Options to also bring a blanket, bolster, eye mask and water.

Library



TAI CHI \$90 Tuesdays, Apr. 8 – May 27 6:00 – 7:00 pm (8 sessions)

Tai Chi arts are a way to develop a body that is strong, yet supple, balanced and energetic, a mind that is calm and clear, yet creative and dynamic, and a spirit that is light and peaceful, yet resilient. Tai Chi arts involve deep stretching with a full range of motion and continuous turning of the spine. They exercise the whole physiology including muscular, skeletal, and circulatory systems, as well as tendons, joints, connective tissue and organs. Rather than depending on tension and the development of hard muscle tissue, these arts develop a body that is relaxed and strong at the deepest levels. The gentle internal movements are balanced throughout the body and have a calming effect on the mind. Tai Chi arts are truly a moving meditation. Beginner level class, working through the first seventeen movements of Tai Chi.

Library

PILATES \$120 Wednesdays, Apr. 9 – Jun. 11 5:30 – 6:30 pm (10 sessions)

A floor-based program to improve strength and flexibility for the whole body. Emphasis on abdominal strength and spinal mobility.

Please bring a mat and water.

Library



BLOCK THERAPY \$160 Wednesdays, Apr. 9 – Jun. 11 6:45 – 8:00 pm (10 sessions)

If you suffer with chronic muscle tightness, strain or pain, this program is for you. Poor posture or repetitive movement patterns can lead to ingrained patterns in the fascia. Block Therapy is a method of Myofascial Release that can melt away some of the adhesions, restoring flexibility and reducing pain. The class is done laying on block, on the floor. Please bring a yoga mat, any yoga blocks you may have, and water.



Library

COMPUTERS & TECHNOLOGY

INTRO TO OFFICE 365 \$90 Mondays, Apr. 7 – 28 6:00 – 8:00 pm (4 sessions)

Introduction to Office365
Students will learn the most used productivity software used in business today. You will feel comfortable learning Word, Excel, PowerPoint, OneDrive and Outlook in a beginner friendly environment.

Room 284



SAFETY FIRST

CANADIAN FIREARM SAFETY COURSE (CFSC/PAL Course)

\$175
Saturday, May 10
OR Saturday, Jun. 14
9:00 am – 5:00 pm
(Plus Exams) (1 session)
Minimum Age 12
Please Bring Government issued ID & lunch. Students ages 12-17 need to have consent from their legal guardian. This 8 hour course is followed by a written exam and then practical testing. As each student needs to be tested individually, the practical testing will continue into the evening. This course is non-fundable. Upon successful completion you will be able to apply for your PAL. Increase your chances of passing by reading the manual in advance. For questions or to purchase a hardcopy manual, please email KatieFirearmSafety@outlook.com
Room 147



EMERGENCY FIRST AID & CPR Level C \$110

Saturday, Apr. 12
9:00 am – 4:30 pm (1 session)
This basic one-day course offers lifesaving first aid and cardiopulmonary resuscitation (CPR) skills for the workplace or home. The Course meets legislation requirements for provincial/territorial worker safety and insurance boards and includes the latest first aid and CPR guidelines. 3-year Canadian Red Cross e-Certificate. Training includes: The Red Cross, Preparing to respond, The EMS system, "Check, Call, Care", Airway emergencies, Breathing and Circulation emergencies, First aid for respiratory and cardiac arrest, and Wound care. Please bring a lunch.

Library

FOOD HANDLERS \$120 Includes Workbook

Saturday, May 10
9:30 am – 4:00 pm (1 session)
Recommended for anyone looking for a job or presently working in the food services industry. Learn the principles of safe food handling and upon successful completion, receive a **Province of Manitoba Level 1 Food Handling Certificate** (valid for 5 years). There is a short lunch break (30 minutes).
Room 141

RE-CERT \$70 Exam only 3:00 – 4:00 pm Room 141



ARTS & CRAFTS

INDIGENOUS ART

THE POWER OF RIBBON SKIRTS \$140

Saturday, Apr. 26
9:00 am – 4:30 pm
(1 session)
Ribbon Skirt with Pockets!
Ribbon skirts are about empowering yourself and connecting to who you are. All supplies included to make your very own ribbon skirt.
Please join Marlena Muir for a day of teachings and ribbon skirt making, in a relaxed and informative atmosphere. Marlena is a 2Spirit Community Cultural Helper (Skaabe) in and around Selkirk, and has been doing cultural work and programming for just over 10 years. She firmly believes in the power of identity through clothing, and believes that part of our healing comes through connecting and understanding.
Sewing Lab Room 175



PAINTING

Bob Ross style painting. Beginners always welcome, no experience required. All supplies included.

BONUS* - Register for Both Same Day Classes and Save \$5!
Room 162

THE DUNES \$80

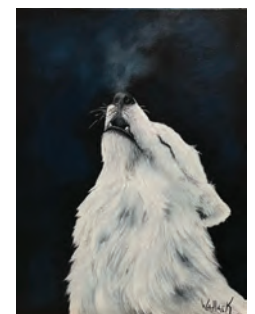
A beautiful seascape done on a 12" x 12" canvas, using various colour combinations and palette knife work.

Saturday, Apr. 12
9:00 am – 12:00 pm



THE WOLF \$80

The Wolf is started in acrylics and finished off in oils and done on an 11" x 14" canvas.
Saturday, Apr. 12
1:00 – 4:00 pm





SPRING PROGRAMMING

2025

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Registration On Line
Sunday March 23 8:00am
selkirkcommunitypool.weebly.com
Pool Closed
March 15, April 18 - 20, April 27, May 19
Questions or concerns contact
pool manager mstamm@lssd.ca
Schedule subject to change.

Lap Swim passes purchase online or at the pool.
10 visits - \$45.00
20 visits - \$84.50
30 visits - \$115.00

Lifeguard must punch your pass for entry to the pool.
Drop in \$11.25 Aquafit
Drop in \$6.75 Lap swim.

Aquafit pass purchase online or at the pool.
no need to commit to one class use your pass for any class.
10 visits -\$90.00 20 visits \$162.00
Pool Party booking \$142.00 per hr.

Open Swim (Debit machine on site)
Adult or Student \$6.50 18+
Preschool child Free 0 - 4yr
Child \$2.50 5 - 12yr
Teen \$3.50 13 - 17yr
Family \$17.25

(For purposes here, we define a "family" as an adult and their immediate children to a maximum of 5).

Public admission entry requirements:
Limited unlocked lockers available. Do not leave valuables in the locker or change room. The facility is not responsible for loss or damage to belongings. Please review policy on Cancellation and refunds on Continuing Education website.

Swim Admission Standards For S.C.P.

Children 5 & under Guardian must remain within arms reach at all times.	Children 6 to 9 years unable to pass swim test Guardian must remain within arms reach. If any children in the group are 5 and under, a ratio of 2:1 for your group is required.	Children 6 & 7 years who pass swim test Guardian must remain in the pool. Child must complete the swim test each time. wrist band is received. Child can use the deep end.
Children 8 & older who pass swim test Child can swim alone and use the deep end and the diving boards wrist band is received	Children 10 & older may swim alone Must pass the swim test in order to use the deep end and use the diving board.	Guardians must be: 14+ <ul style="list-style-type: none">• 14 years and older• Within arms reach at all times• Responsible for direct supervision in and out of the water• In appropriate bathing attire Facility Swim Test <ul style="list-style-type: none">• Successfully swim continuously on front, four widths of the pool in a comfortable manner• Face and head must submerge• Body must stay near horizontal

MONDAY & WEDNESDAY
2 sessions: Session 1 Apr 9 - May 5
Session 2 May 12 - June 11
5:00 - 5:30 Preschool 1
5:00 - 5:45 Swimmer 2
5:00 - 5:15 Baby Bubblers
5:35 - 6:10 Swimmer 1
5:50 - 6:20 Preschool 2
5:35 - 6:20 Swimmer 3
6:25 - 6:45 Preschool 3
6:25 - 7:05 Preschool 1
6:25 - 7:10 Swimmer 4

TUESDAY
1 session: April 8 - May 27
4:30 - 5:00 Preschool 1
4:30 - 5:15 Swimmer 1
5:05 - 5:35 Preschool 2
5:20 - 5:50 Preschool 3
5:40 - 6:25 Swimmer 1
5:55 - 6:25 Preschool 2
6:30 - 7:00 Parent & Tot 3
6:30 - 7:00 Preschool 1
6:50 - 7:20 Preschool 3

WEDNESDAY
1 session: April 9 - May 28
5:15 - 6:00 Adult 2
7:30 - 8:15 Swimmer 5
7:30 - 8:15 Swimmer 6

THURSDAY
1 Session: April 10 - May 29
4:30 - 5:00 Preschool 2
4:30 - 5:00 Preschool 3
5:05 - 5:35 Preschool 1
5:05 - 5:50 Swimmer 1
5:40 - 6:10 Parent & Tot 3
5:55 - 6:25 Preschool 3
6:15 - 7:00 Swimmer 1

AQUAFIT
Monday 7:30 - 8:30 pm **April 14 - June 9**
Saturday 9:30-10:30 am **April 12 - June 14**
Wednesday 4:00-5:00pm **April 9 - June 18**

LAP SWIM
Mon - Fri 7:00-8:30 am **April 7 - June 27**
Tue / Thur 4:00-5:30pm **April 8 - June 24**
Sat 8:00 - 9:30 am **April 12 - June 21**
Sun 10:00-11:30am

LEADERSHIP COURSES
Bronze Medallion and Cross offered over Spring Break.
Swim For Life Instructor Recert Apr 16 5:00-9:00pm
Lifesaving Instructor Course April 12,13, 26, 27 10:00-5:00pm
NLS Recert May 7 5:00-9:00pm

FRIDAY
April 11 - June 6
5:00 - 5:45 Swimmer 2
5:00 - 5:30 Preschool 1
5:00 - 5:30 Preschool 2
5:35 - 6:10 Swimmer 1
5:35 - 6:10 Swimmer 3
5:50 - 6:20 Preschool 3
6:15 - 7:00 Swimmer 4
6:15 - 7:00 Swimmer 5
6:25 - 6:55 Preschool 1
7:05 - 7:50 Swimmer 2
7:05 - 7:50 Swimmer 1
7:00- 8:00 Rookie/ Ranger

SATURDAY
April 12 - June 7
Lap Swim 11:00-12:30
Aquafit 9:30 - 10:30
10:30 - 11:00 Baby Bubbler
10:30 -11:00 Parent & Tot 3
11:05 - 11:35 Preschool 1
11:05 - 11:35 Preschool 3
11:40 - 12:10 Swim 1
11:40 - 12:10 Preschool 2
12:15 - 12:45 Preschool 1
12:15 - 12:45 Preschool 2
Open Swim 1:00-3:00
Party bookings

SUNDAY
Sunday
May 4 - June 8
10:00- 10:45 Adult 1
10:45 -11:30 Adult 2
11:30 - 12:30 Swimmer 1
11:30 - 12:30 Swimmer 6
11:30 - 12:30 Swimmer 5
11:15-12:00 Swim 5
11:15-11:45 Preschool 2
12:35 -1:35 Swimmer 4
12:35 -1:35 Swimmer 2
12:35 -1:35 Swimmer 3
Open Swim 1:00-3:00

POOL PARTY BOOKINGS
3:00 - close.



The Lord Selkirk School Division is proud to announce the Selkirk Community Pool is celebrating

50 Years

with a special event planned for May 10th.

Liberal Party of Canada announces Mark Carney as Leader

By Annaliese Meier

The Liberal Party of Canada announced on Sunday that Registered Liberals across the country have elected Mark Carney as the next leader of the party.

“Mark Carney and the Liberal team are ready to deliver a strong plan that will grow our economy, stand up to Donald Trump, and build a better future for all Canadians,” said Sachit Merha, President of the Liberal Party of Canada. “After years of following Donald Trump’s playbook and calling Canada ‘broken,’ Pierre Poilievre is the wrong choice at the wrong time – and only Mark Carney will defend and protect our country.”

Protecting the integrity of the democratic process is a top priority for the party. They designed a secure Leadership race, ensuring it was free from foreign interference by permitting only Canadian citizens and permanent residents to vote. A verification process was also established to confirm voters’ identities.

A total of 151,899 Registered Liberals participated in the 2025 Leadership race out of the 163,836 who verified their identity to vote—surpassing the turnout in the 2013 Leadership race. Mark Carney received 131,674 votes, resulting in 29,457 points on the first ballot, leading him to win the leadership of the Liberal Party of Canada and become the next Prime Minister. You can find the full results here: <https://chefferie2025leadership.liberal.ca/results/>



PHOTO SUBMITTED

Liberal Party of Canada leadership candidates, left to right, Karina Gould (1100.34 points, 3.2 percent), Mark Carney (29,456.91 points, 85.9 percent), Chrystia Freeland (2,728.57 points, 8 percent) and Frank Baylis (1,014.18 points, 3 percent), with 268 abstained.

EAST INTERLAKE WATERSHED DISTRICT PRESENTS:

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Ukrainian Hall
33 Provencher Street, Fisher Branch

March 27th
10:00 a.m.

Event is FREE to Attend
Lunch will be Provided!

Producer Spotlight
Bar Z Ranch

The Zuk's run a good sized herd of commercial cows, with a strong black angus/simmental influence. They have started taking on a more regenerative agriculture approach to their land and herd management. They feel this will be a considerable benefit to their ranch lands, herd and environment. Bar Z Ranch is excited to implement more regen ag practices and continue educating themselves more in this type of management.

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Presentations

Covers and Co
Connor English

On Connors farm they run a cow/calf and yearling operation on which they implement intensive grazing. The majority of their land is in perennial forages and the rest is used for silage, corn grazing, swath grazing, and annual cash crops. Through cover crops and animal integration they have seen a positive response in their land and look forward to cycling some pastures back into cropping systems.

Manitoba Beef and Forage Initiative

Mary-Jane Orr

Mary-Jane and her team work to advance MB beef and forage industries. She grew up on a mixed farm in southwest MB and completed a B.Sc in Botany, along with a PhD in soil microbial ecology. Her experiences in ecology and field agronomy give her a unique perspective on the challenges facing agriculture.

Understanding AG

Michael Thiele

Michael's passion is understanding agriculture and the importance of soil, water, sunlight, plants and animals and how they are all interconnected. Understanding this is critical to the long-term success of food production and the health of the biosphere.

EIWD Funding Opportunities

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Funding for this project [in part] has been provided by Agriculture and Agri-Food Canada through the Agricultural Climate Solutions – On-Farm Climate Action Fund.

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Your Health

Spreading awareness on World Lymphedema Day

Local certified lymphedema therapist talks about advocacy and helping our community

By Katelyn Boulanger
March 6 was World Lymphedema Day and Nancy Rowsell, who is a registered massage therapist and also is certified as a lymphedema therapist, along with being the Past-President of the Lymphedema Association of Manitoba (LAM), is spreading awareness through her story of education and advocacy.

Lymphedema is a disease that's caused by blockages in the lymphatic system. The lymphatic system is the system that manages fluid levels in our bodies and removes waste products from our cells moving them to our blood which brings them to our kidneys. When the lymph fluid is blocked from moving, it builds up causing swelling known as lymphedema.

Rowsell is also the owner and a practicing therapist of Interlake Lymph Clinic in Selkirk and she started learning about Lymphedema through her work.

"(I was) seeing a lot of patients over the years struggling with what looked like swelling and through regular treatments, sometimes they would benefit, but sometimes I couldn't recognize what was going on. Like, why was one leg so much bigger than the other?" said Rowsell.

She may not have initially known

what the best ways to help her clients was but she did know that there was a clinic in Winnipeg that was helping people with lymphedema. From there, she decided to get educated so that she could help people in our community feel better.

"I became a Certified Lymphedema Therapist, I reached out to the (LAM) just for guidance and support — how do we get the community and (spread education) on the practice and treatments? And then, I just became more involved in volunteering to promote the education out here in Selkirk and in rural areas," she explained.

Lymphedema can be caused by a few different things. People can be born with it or it can occur as a result of trauma or cancer treatments.

Rowsell explained that a lot of the time people with lymphedema who come to see her initially can be feeling defeated because they may have struggled to find help for a long time.

"Either they were referred from somebody already coming, or their doctors referred. When they come in, they're almost to the point where they're at their last point now. They're like, 'I've done everything else. The doctors are telling me one thing that's not working, or

my family is telling me one thing, it's not working.' So, we do a treatment, and then almost every time, there's instant relief," said Rowsell.

The treatment for lymphedema that Rowsell specializes in is manual lymphatic drainage followed by the use of compression garments which help to keep the fluid from building up again.


"When people are having damage to the lymphatic system, there's the congestion and there's the buildup of toxins in those tissues. So, what I'm doing is trying to manipulate the system to clear out where it can't clear out naturally anymore. I'm pushing fluid through the tissues and if they have an area where they've had lymph nodes removed. I'm trying to redirect build-up of fluid to an area where there are lymph nodes that can be drained into so the fluid can have its filtering process done in those lymph nodes," she explained.

Luckily, she said that there are more groups and supports in place for people with lymphedema now so patients are learning about treatments earlier in the game than they once were and are able to access it. Unfortunately, currently, the Manitoba government doesn't offer the same support for lymphedema patients as other provinces with it covering garments in certain cases but not others. However, Rowsell and the LAM have been working to

Continued on next page

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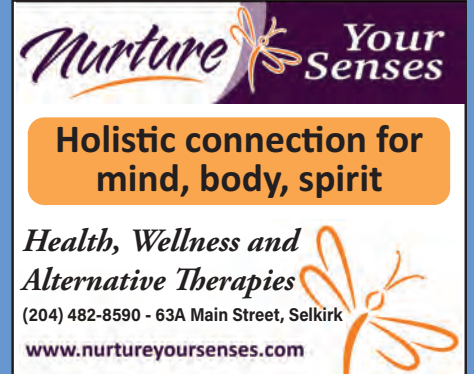
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Continued from previous page
change that.

"With the (LAM), we did meet with the Minister of Health back in October at the Legislative Building to try to get the Government of Manitoba to understand the need for patients to have treatment and coverage for garment care. We proposed to the minister, a rebate of some sort, or at least a certain amount of coverage per year for patients to submit their expenses to. We're hoping that with this year's budget our NDP government will recognize our proposal, and hopefully in the next cycle that at least there'll be something in place for patients to get coverage for some of these things," said Rowsell.

She says that having the financial burden of treatments and compression garments covered by our health-care system, like other medical needs are covered, would

mean less financial burdern and an increased quality of life for people with this disease.

"It makes them more mobile because they don't have that heaviness in those limbs. Especially if it's in their feet and legs, they're not able to do a lot of weight bearing or have the ability to walk very far (without treatment to remove the extra fluid). Once they have their treatments, their legs are lighter, and the pain is less. So, their quality of life is just (better). They're less depressed and who's not in a good mood, when you feel better? When your body is not as heavy and feeling toxic, you have more endorphins and you feel lighter in your whole system, so, you feel better overall mentally and physically," said Rowsell.

She explained that on World Lymphedema Day awareness is very important and more people are talking about lymphedema with

each other, but, if you would like to advocate for health-care coverage for those with lymphedema you can contact your local representatives.

"Our next focus is to try to get the government to support it. I would encourage people to write letters to your local MLA and ask them to push this forward with our Minister of Health and Minister of Finance, to recognize that we need these patients who have to have this (treatment) accessible to them because it gets expensive," said Rowsell.

Locally you can also show your support at the Never Alone Foundation's Paws for a Cause Walk in the fall as the LAM supports this event.

To learn more about lymphedema check out the LAM at <https://lymphmanitoba.ca/>.

March Awarenesses

- 5 Days for the Homeless Month
- Brain Health Awareness Month
- Colorectal Cancer Awareness Month
- Epilepsy Awareness Month
- Kidney Health Month
- Liver Health Month
- Multiple Myeloma Awareness Month
- Music Therapy Awareness Month
- National Social Work Month
- NMO (neuromyelitis optica) Awareness Month
- Nutrition Month
- Pharmacy Appreciation Month (PAM)
- National Dental Assistants Recognition Week – March 2 to 8
- World Birth Defects Day – March 3*
- World Hearing Day – March 3*
- World Obesity Day – March 4
- World Lymphedema Day – March 6*
- International Women's Day – March 8*
- World Glaucoma Week – March 9 to 15
- Brain Awareness Week – March 10 to 16
- Safe Sleep Week – March 10 to 14
- World Sleep Day – March 14
- Creative Arts Therapy Week – March 15 to 21
- National Poison Prevention Week – March 16 to 22
- Neurodiversity Celebration Week – March 17 to 23
- World Oral Health Day – March 20*
- World Down Syndrome Day – March 21*
- World Water Day – March 22*
- World Tuberculosis Day – March 24*
- Purple Day – March 26*



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get inspired

> MEAL IDEAS



Servings: 9-12

Nonstick cooking spray

1 box supreme brownie mix with chocolate syrup pouch

3 tablespoons water

1/3 cup vegetable oil

1 egg

Filling:

3 1/2 cups powdered sugar

1/4 cup butter, softened

1/4 cup whipping cream

5 ounces cream cheese, softened

1/2 teaspoon peppermint extract

5 drops green food color

Topping:

1/2 cup whipping cream

1 bag (12 ounces) chocolate chips

1/2 cup butter

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FOOD
STORE

Mint Brownies

Heat oven to 350 F.

Spray 8-by-8-inch pan with nonstick cooking spray.

In large bowl, mix brownie mix, water, oil and egg until combined. Pour into prepared baking pan. Bake 35 minutes. Cool completely, about 1 hour.

To make filling: In large bowl, beat powdered sugar, butter, whipping cream, cream cheese, peppermint extract and food coloring. Spread over cooled brownies. Refrigerate 1 hour, or until set.

To make topping: In saucepan, melt whipping cream, chocolate chips and butter until smooth. Cool until lukewarm, about 10 minutes. Pour over filling; spread to cover. Refrigerate 2 hours, or until set.

Before serving, let brownies set 10 minutes at room temperature.

Tips: Cut brownies with wet knife for cleaner cuts. Store covered in refrigerator.



Yield: 8 sandwiches

8 ounces plain cream cheese spread, softened

St. Patrick's Day Sandwiches

1 cup finely shredded mozzarella cheese

salt

4 English muffins

24 slices cucumber

8 thin slices green pepper

fresh cilantro leaves

lemon juice

lemon slices, for garnish (optional)

In bowl, mix cream cheese spread, mozzarella cheese and salt well.

Split English muffins in half. Cut each muffin half into shamrock shape.

Spread cheese mixture over each muffin half.

Place three cucumbers on each "shamrock," one on each "leaf." Use green pepper slice as stem. Place cilantro leaf on top of each sandwich.

Sprinkle sandwiches with lemon juice and add lemon slices, for garnish, if desired.

Expert patient here to help!



Susie Schwartz

By Susie Schwartz

What do we want most for our health (or in life, for that matter)? The desired result.

Obviously, Susie. Du-uh.

Okay, but do we remember this when we have appointments or have to take action for our health?

Okay. Here's what I mean.

Let's say a doctor is running really late, and you sit in the waiting room for two hours. (Yes, it happens.) Then, once you are in their office, you feel rushed and like they are not listening. Do you still thank them when you leave? Yes! First off, we can't be sure why they are late and distracted. Maybe they just gave horrible news to a patient they'd been seeing for years before you arrived. Or maybe, their daughter doesn't have childcare after their working hours, and they are stressing about getting home in time. Second, what's the desired result? (For me, it would be to build

a strong relationship with them and prove that I am respectful of their time and expertise. If I walked out disgruntled, it might add fuel to their fire and sear in their memory that I am one of the ungrateful ones – not helpful going forward.

Or maybe you are confident you know the problem and walk in saying, "My toe joint hurts. It must be gout." While this might be true, you'll come off as arrogant and pushy, and the doctor will probably think, "Well, if you have all the answers, why do you need me, then?" But. If you instead tell them your symptoms and ask if they think it might be gout, the doctor will be more likely to dig for a proper diagnosis and get you treated—the desired result.

Maybe your doctor runs late every time you are there. First, know that this might not be their issue. Often, the government dictates how many appointments a doctor fits into their day. Second, do you think it will change anything if you complain to them? And will it endear you to them? What if you, instead, put in an anonymous complaint to the hospital or clinic, or better yet, a signed complaint to the government? This way, you preserve your relationship with your doctor and affect change - the desired result.

It can take intention and constraint, but remember, you want what is best for your health.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @authorsusieschwartz, and at www.lesshealthstress.com. (Email: info@lesshealthstress.com) If you like her writing, find more on her Substack page: *The Quest For Less Health Stress*

Reuben Sandwich

Servings: 2

2 tablespoons butter, softened

4 slices rye and pumpernickel swirl bread

4 slices swiss cheese

6 ounces corned beef

2 tablespoons, plus 2 teaspoons, Thousand Island Dressing, divided

4 tablespoons sauerkraut

Heat nonstick skillet over medium heat.

Spread 1 tablespoon butter on one side of two bread slices. Place buttered

side down in heated skillet. Add two slices cheese to each bread slice. Spread 2 tablespoons dressing over cheese slices. Add 3 ounces corned beef to each bread slice.

Spread 2 teaspoons dressing over corned beef. Spread 2 tablespoons sauerkraut over corned beef.

Spread remaining butter on one side of remaining bread slices. Place buttered side up on top of sauerkraut.

Cook 4-7 minutes each side, flipping once, until golden brown and cheese is melted.

BINGO

SUNDAY NIGHT BINGO
Pots are as follows:

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Jackpot - 14100.00 in 51 numbers
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Black Bear Rescue Manitoba featured in documentary series

By Jennifer McFee

You'll bearily believe how fascinating — and adorable — the main attractions are in a locally filmed new documentary series about one of North America's most successful black bear rehab programs.

Cub Camp provides a glimpse into life at Black Bear Rescue Manitoba, operated by Judy and Roger Stearns on their property near Stonewall, for a worldwide viewership.

Produced by Merit Motion Pictures, the six-episode series follows the Stearns and the orphaned or abandoned cubs they care for in keeping with their motto "No bear is turned away."

Showrunner Shereen Jerrett said it was an emotional process to watch the bears arrive in such a traumatized state.

"These intelligent and sensitive little animals are devastated; they have lost their mothers, their only security. Watching the Stearns slowly coax them out of their desolation, providing them with a sense of security to grow, is both life-affirming and inspiring," she said.

"It is delightful to watch these bear cubs tumble around, but they also speak to bigger issues of trauma and recovery, of choosing life over loss — these are themes we can all understand."

Roger and Judy Stearns are trying to change the world by saving one bear cub at a time, Jerrett added.

"In their eyes, this world belongs to the bears, and if we want to share this territory with them, we owe them the right to live and thrive," she said. "They are trying to correct the damage we do with our presence in their world and help restore the balance."

Filming began in 2022 and took nearly a year to follow the entire typical length of a rescued cub's stay, followed by another year of editing.

Merit Jensen Carr, the show's producer, outlined the impetus for the idea.

"Andy Blicq, a director friend of Merit Motion Pictures, was the first person to develop the series with help from Jeff McKay," she said.

"We immediately knew it would be a wonderful opportunity to talk about black bears and how they're misunderstood, as well as to profile the work of this wonderful couple devoted to caring for cubs."

The six Cub Camp episodes will air on Love Nature on Sundays at 7 p.m. CT and Cottage Life on Saturdays at 1 p.m. CT. The show premiered on Sunday, March 9 on Love Nature, and the first episode will also air on Cot-



tage Life on Saturday, March 15. The series is also available for streaming through Amazon Prime.

"Viewers can look forward to a compelling and heart-warming story about two extraordinary people who have devoted a whole lot of time and hard work to providing a home to abandoned or orphaned cubs when they had nowhere to go," Jensen Carr said.

"They'll get to know each cub individually, learn their quirks and struggles to overcome a rough start to their life before returning to the wild with the skills for survival."

The homegrown Manitoba story is set in Stonewall and created by a Manitoba crew.

"Judy and Roger Stearns are dedicated advocates for black bears who turned their lives upside down after learning that a cub named Makoon was released into the wild with a slim chance of survival," she said.

"Before Black Bear Rescue Manitoba existed, abandoned cubs had nowhere to turn. Seeing the need, the Stearns stepped in with generosity and hard work, creating a safe haven for these vulnerable animals and giving them a second chance at life."

Judy Stearns said the project was a big undertaking but it all worked out well.

"They very discreetly filmed the bears. We had special blinds made so the bears wouldn't even know that they were there. The crew were all great people and easy to work with. They did a beautiful job," she said.

"They're not only highlighting what we do or what it takes to raise animals



PHOTOS SUBMITTED

A six-episode documentary series called Cub Camp provides a glimpse into life at Black Bear Rescue Manitoba.



Judy and Roger Stearns operate Black Bear Rescue Manitoba on their property near Stonewall.

but about bear behaviour itself. The main reason why did it is so people could learn more about bears."

Currently, Black Bear Rescue Manitoba has five yearlings who are 14 months old. They will be released in July.

At the same time, Judy looks back with nostalgia at the bears that were featured in the film, who have all since been released back into the wild.

"It's bittersweet when you let them go. You're so glad they're going back to be wild bears and that you successfully raised them to that point — but it's also, of course, very sad," she said. "If you're an animal lover, you get attached to animals. Even though

they're not pets and we're not friendly with them, it's hard to see them go, even though it's also good to see them go."

For her, the purpose of the project is to dispel any myths about black bears.

"They're not these big scary monsters. They're intelligent animals. They've got their own personalities and I hope people will see that. They're amazing animals who are often misunderstood," she said.

"Hopefully people change any negative perception they have of bears after watching the show. That's the reason why we did it."

Check out the Cub Camp trailer at <https://vimeo.com/1062445078>.

No cold feet at the Selkirk Skating Club's end of year show!



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Gimli's Lott and Team Dunstone fall in second Brier final

By Ty Dilello

Alberta's Brad Jacobs defeated Manitoba's Matt Dunstone 5-3 on Sunday evening to capture the 2025 Montana's Brier at Prospera Place in Kelowna, British Columbia.

Down by one point with the hammer in the final end, Jacobs made a game-winning double takeout to score three points and the Brier title.

"I knew it was good when I let her go," Brad Jacobs said in a post-game media scrum. "That was pure. It was great."

It was the second career Brier title for Jacobs, who previously won in 2013. And it was the fourth career Brier title for Kennedy, while Gallant and Hebert have now won five apiece.

Jacobs and his Alberta-based rink of Marc Kennedy, Brett Gallant, and Ben Hebert will now compete in the 2025 World Men's Curling Championships, which will be held from March 15-23 in Moose Jaw, Saskatchewan.

Jacobs also earned an entry as Team Canada to the 2026 Montana's Brier in St. John's, Newfoundland, and Labrador and \$100,000 in prize money. Dunstone earned \$60,000 in prize money for its runner-up finish.

For Fort Rouge's Matt Dunstone and his rink of Colton Lott (Gimli), E.J. Harnden and Ryan Harnden, Sunday night's final ended in heartbreak after a very strong week in which they won nine games and lost only twice.

Dunstone advanced to the final after winning 7-1 in the round-robin and two qualification games, including the first-page playoff game against Team Canada's Brad Gushue.

In the finals, Dunstone started with the hammer as they were the top-ranked team going into it and capitalized in the fifth end when they scored a deuce to take a 2-0 lead.

After forcing Jacobs to one point in the sixth end, Jacobs was able to steal one in the seventh end when a

Dunstone big-weight double attempt jammed on the button to make it 2-2. Jacobs got the force in the ninth end when Dunstone flashed his first rock. Manitoba scored one point but lost the hammer in the final end.

In the tenth end, the Jacobs team played a near-perfect end and capitalized on some half-misses from Dunstone. With the final rock, Jacobs executed a perfect pick to score three and the victory.

"I'm just completely heartbroken for my team," Matt Dunstone said after the game. "I wasn't good enough for them down the stretch."

Despite the loss in the final, Team Dunstone received some good news:

They will return to next year's Brier as one of the three top-ranked teams in the Canadian Team Ranking System (CTRS). Dunstone has also already earned an Olympic Trials berth, which will take place in the fall.

The other Manitoba rink in the field was Granite's Reid Carruthers, who advanced to the playoffs before losing the 3-4 game to Jacobs. Other Manitobans in the field included Winnipeg's Ryan Wiebe, who curled third for Ontario's Sam Mooibroek, finished with a 4-4 record and missed the playoffs, and Winnipeg's Ty Dilello, who skipped Newfoundland and Labrador and finished with a 1-7 record.



RECORD PHOTO BY CANADIAN PRESS/DARRYL DYCK

Manitoba-Dunstone skip Matt Dunstone, left, celebrates with third Colton Lott and second E.J. Harnden after defeating Brad Gushue's rink during the playoffs at the Brier in Kelowna, B.C. on Saturday, March 8.

Steelers give back



RECORD PHOTO SUBMITTED

The Selkirk Steelers hosted a game in support of the Terry Fox Foundation at the end of last month. The community came together to support this great cause raising \$2,500 for cancer research. Pictured: Jordan Fillion the President of the Selkirk Steelers presenting the cheque to Leanne Drad and Jana Pringle of the Selkirk Terry Fox Committee.



SHOW YOUR SUPPORT FOR YOUR LOCAL MJHL TEAM!!!

NEXT AWAY GAMES

- VS Steinbach, Fri, Mar 14 - 7:00 pm
- VS Winkler, Sat, Mar 15 - 7:30 pm



www.selkirksteelers.com

the Steelers Box Office is open 1 hour before game time
SELKIRK RECREATIONAL COMPLEX

GET YOUR GAME TICKETS AT:
THE STEELERS BOX OFFICE

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Fishermen respond with big Game 3 performance in CRJHL semis

By Kieran Reimer

After falling behind 2-0 in the best-of-seven semifinal series against the St. Malo Warriors, the Selkirk Fishermen bounced back with a crucial Game 3 victory on Sunday.

The Fishermen surged ahead early in St. Malo, scoring two first-period goals by Logan Saluk. The second period saw both teams unable to find the back of the net, with Selkirk's Marcus Sharpe and St. Malo's Jozse Gauthier-Urmos keeping the scoreline unchanged.

In the third period, the Fishermen broke the game open, netting three additional goals from Kyle Folhoffer, Brennan Feschuk, and Zach Lemire, securing a decisive 5-0 triumph.

Sharpe delivered an impressive performance, making 37 saves to earn his first shutout of the postseason.

This win narrowed the series gap, with St. Malo now leading 2-1.

Earlier in the week, the Warriors had taken Games 1 and 2, making Game 3 a must-win for the Fishermen. In Game 1 on Tuesday, the Warriors clinched a 5-2 victory in St. Malo, with Selkirk's goals scored by Zach Gallinger and Theo Courchene. Game 2, held Friday in Selkirk, was a tighter contest, ending with a 4-3 win for St.



The Fishermen's Izzy Aime tied the game to end the first period in a 2-2 tie against the Warriors.

Malo.

The first period ended in a 2-2 tie, with Selkirk's Izzy Aime and Theo Courchene getting on the scoreboard. The Warriors then pulled ahead with two goals in the second period, leading 4-2 heading into the third. Dawson Bergagnini scored for Selkirk in the final frame, but the Fishermen fell short, losing 4-3. With Sunday's victory,



RECORD PHOTOS BY RAYME THOMSON

Selkirk's goaltender Johnny Enns-Demchuk made 31 saves in the 4-2 loss at home against the Warriors.

ry, the Fishermen will now have home ice advantage for Game 4 on Friday night, aiming to even the series.

PLAYOFF SCHEDULE:

- Game 4: Friday, March. 14, 7:30 p.m. at Selkirk Recreation Complex

- Game 5: Monday, March. 17, 8 p.m. at St. Malo Arena
- Game 6: Tuesday, March. 18, 7:30 p.m. at Selkirk Recreation Complex (if necessary)
- Game 7: Friday, March. 21, 8 p.m. at St. Malo Arena (if necessary)

Royals set for championship duel with Sanford

By Kieran Reimer

Twelve teams entered the Manitoba Women's High School Hockey League Division 2 playoffs a month ago, all vying for the championship title. Over the course of two weeks, the field was narrowed from 12 teams to 8, and then to 4, setting up two semi-final best-of-three series.

One semi-final featured the Lord Selkirk Royals girls' hockey team facing off against the CPET Canadiennes. The other semi-final saw the Sanford Sabres compete against the Garden City Gophers. Both series concluded after just two games, with the Royals and Sabres winning their respective matchups and advancing to the finals.

This matchup sets the stage for an exciting final, as both teams finished the regular season as the top two in Division 2. Sanford won both regular-season meetings against the Royals.

"We've had two very tough games against them, back and forth, kind of even, ex-

citing games," said Royals head coach Trevor Churchill. "They have beaten us twice so we are looking forward to getting one more crack at them."

Continued on page 31

CRJHL SEMI FINALS

PLAYOFFS VS. St Malo Warriors

Game 1: Mar 4 in St Malo - *St Malo Won*
 Game 2: Mar 7 in Selkirk - *St Malo Won*
 Game 3: Mar 9 in St Malo - *Selkirk Won*

Game 4: Mar 14 in Selkirk @ 7:30pm
Game 5: Mar 17 in St Malo @ 8pm

If Needed
Game 6: Mar 18 in Selkirk @ 7:30pm
Game 7: Mar 21 in St Malo @ 8pm

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2024-2025

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Raiders trail in MMJHL quarterfinal series against Twins

By Kieran Reimer

The Raiders Jr. Hockey Club currently find themselves down in their Manitoba Major Junior Hockey League (MMJHL) quarterfinal best-of-seven series against the Ft. Garry/Ft. Rouge Twins, having lost both games one and two last week.

In Game 1, held on Friday at Century Arena, the Raiders started off strong, scoring first and taking a 1-0 lead into the first intermission with a goal from Ryan Cromie. However, the tide turned in the second period as the Twins scored three unanswered goals. Raiders' player Matthew Wilson managed to score late in the period to narrow the score to 3-2.

The game remained at 3-2 until late in the third period, when the Twins extended their lead to 4-2 and added an empty-net goal in the final seconds, resulting in a 5-2 victory for the Twins.

In Game 2, played on Sunday at Seven Oaks SportsPlex, the Twins showcased their prowess as the MMJHL's top regular-season team by scoring three unanswered goals in the first period, taking a 3-0 lead into the second period. The Raiders fought back, with Ryan Cromie and Lucas Desousa



Ashton Henry helped Lucas Desousa and Jackson with the second goal in Sundays game.

each scoring in the second, making it a close 4-2 game at one point.

However, the Twins continued to find offensive success, and by the end of the second period, they led 6-2. They added another goal midway through the final frame, completing a dominant 7-2 win and taking a 2-0 series lead.

The series now shifts back to Century Arena for a crucial Game 3, where the Raiders will aim to avoid falling



RECORD PHOTOS BY BRETT MITCHELL

The Raiders Cole Kennedy and Riley Kushnier battle for the puck in front of the Twins goaltender.

behind 3-0 in the best-of-seven series.

PLAYOFF SCHEDULE:

- Game 3: Tuesday, March 11, 7:30 p.m. at Century Arena
- Game 4: Friday, March 14, 8:00 p.m. at Seven Oaks SportsPlex
- Game 5: Sunday, March 16, 6:30

p.m. at Century Arena (if necessary)

- Game 6: Tuesday, March 18, 7:30 p.m. at Seven Oaks SportsPlex (if necessary)
- Game 7: Friday, March 21, 7:30 p.m. at Century Arena (if necessary)

> ROYALS, FROM PG. 30

They're a tough, hard working team all the way from goaltending up to their forwards so it's going to be an exciting, hard fought series. I'm looking forward to it for sure."

The Royals will enter the best-of-three finals as the second-ranked team, boasting a regular-season record of 15 wins, 6 losses, and 1 overtime loss. They led the division with 87 goals during the regular season and have added 17 goals in their five playoff games, winning four of those contests.

Conversely, the Sabres have had a

similar playoff run, finishing with a 4-1 record in their five playoff games after a dominant regular season, where they recorded 21 wins and only 1 loss, allowing the fewest goals in the division.

Now, both teams stand just two wins away from capping off their incredible seasons with a championship.

"We have that core group of grade 12's, a really talented group of grade 10's that have come into the building mixed with some grade 11's," said Churchill. "This is an opportunity for Selkirk to make a statement. They've

only ever been to the finals once before and never won a championship in girls' hockey so we're kind of just letting the girls know that this is an opportunity to kind of enjoy it but also realize that there's lots of people behind you and supporting you so it would definitely be a nice way to cap off the season and usher out those eight grade 12's that will be leaving us."

All games of the finals will be played at a neutral site, the Seven Oaks SportsPlex.

Game 1: Mon-

day, March. 17, 4 p.m. at Seven Oaks SportsPlex – Blue

Game 2: Wednesday, March. 19, 4:15 p.m. at Seven Oaks SportsPlex – Blue

Game 3: Friday, March. 21, 4 p.m. at Seven Oaks SportsPlex – Red

To see more photos of your favourite Interlake Athletes

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The Selkirk Record

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Steelers riding three-game win streak late in season

By Kieran Reimer

Despite being eliminated from play-off contention, the Selkirk Steelers are making the most of their final regular season games.

Last week, they won all three of their games and had great success on offence.

They defeated the Winnipeg Blues 5-2 on Tuesday at Hockey For All Centre, which started their three-game win streak.

Kaden Turner and Owen Warnick both scored in the opening frame as Selkirk took a 2-1 lead into the second.

Luke McCarthy scored the lone goal of the period in the second. The teams traded goals in the third, with the Steelers getting the last laugh with the final goal and the victory.

Griffin Krone and Owen Branson had the two Steelers goals in the third, while Ethan Sawyer stopped 19 of 21 for the 11th victory of his rookie campaign.

The Steelers then got an identical result in a 5-2 win over the Niverville Nighthawks on Saturday in Selkirk.

Carter Zalischuk scored the game's opening goal on the powerplay, keeping the Steelers up 1-0 through twenty. Remy Hlady then scored in the second period before Niverville responded to cut it to 2-1.

Things remained that way until the third when the Steelers' Rohan Guevarra made it 3-1 on the powerplay which was short after 3-2 due to a Nighthawks tally.

It remained 3-2 until, with the Nighthawks' net empty, Owen Johnston scored two shorthanded empty-net goals to ice the game.

Noel Olsonawski stopped 39 of 41 in the game going on for his 15th win of the season.

The Steelers then played a rematch with the Blues on Sunday at Hockey For All, and this time, the Steelers



Steelers' Rohan Guevarra is pressured by Niverville's Avery Laliberte on March 8. The Steelers forward would go on to score on the powerplay in the third period as the Steelers took it 5-2 the final.

came out on top 6-3.

The Steelers recorded 65 shots for the win, and Ethan Sawyer stopped 31 of the 34 sent his way, earning his 12th win in net this season.

Rohan Guevarra struck twice in the first period before Wyatt Witham made it 3-0 on the powerplay in the second.

After the Blues got one back, Jacob Ziegler and Owen Branson both got powerplay goals of their own to put the Steelers up 5-1 through forty.

The Blues eventually got two back in the third, but Ian Lavallee put it away with a late goal to make it 6-3.

The Steelers now hold a 27-22-3-3-2 record on the season with just three games remaining.

They will play the final home game of the season on Tuesday at 7:30 p.m.

UPCOMING GAMES:

- Tuesday, March. 11 vs Neepawa



RECORD PHOTOS BY JOHN PODWORNIAK

Steelers' Carter Zalischuk battles for a loose puck in front of Niverville net. Zalischuk scored the game's opening goal on the powerplay en route to a 5-2 Steelers win.



Steelers captain Jacob Ziegler and Niverville Nighthawks captain Carter Spirig face off for the ceremonial puck drop.

- Titans, 7:30 p.m. at Selkirk Recreation Complex
- Friday, March. 14 at Steinbach Pistons, 7 p.m. at Southeast Even Centre
- Saturday, March. 15 at Winkler Flyers, 7:30 p.m. at Winkler ICON Arena

The Selkirk Record

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Proof Deadline **Fridays at 4 p.m.**

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Mondays at 4 p.m.

Office Hours: Monday-Friday 9:30-5:00



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The Selkirk Record

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UPCOMING EVENTS

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Selkirk NOTICE OF PUBLIC HEARING ZONING BY-LAW AMENDMENT

The City of Selkirk, under the authority of *The Planning Act*, will hold a public hearing to receive representation from any persons in respect to **By-law No. 5393** being an amendment to Zoning By-law No. 4968. Any person wishing to make a representation to Council can do so during the public hearing.

APPLICATION DETAILS

Civic Address: 924 Manitoba Avenue
(to be assigned)

Legal: Part of Lot 2 Plan 50139
WLTO in RL 50 to 56
Parish of St Clements

Proposal Intent:

The purpose of this zoning by-law amendment is to re-zone the shaded area as shown on the map from "A-UR" Agricultural Urban Reserve to "C4" Highway Commercial to enable the construction of a new office and social service facility.



A copy of the above proposal and supporting material may be inspected and copied by any person from 10:00 AM to 4:00 PM, Monday to Friday, at 200 Eaton Avenue, Selkirk, MB.

PUBLIC HEARING DETAILS

Date & Time: 6:00 PM, March 24, 2025

Location: 200 Eaton Avenue
(Council Chambers)

We ask that anyone wishing to submit advance written statements to do so prior to 2:00 PM on Friday, March 21, 2025 Materials can be sent by email to citizensupport@cityofselkirk.com or by regular mail.

INFO ON CONTACTING US

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September 30, 2025

Applicants must be able to perform a variety of Public Works duties which will require physical labour and working outdoors. A valid Class 5 driver's license is required. These positions are open to full time students between the ages of 16 and 29 who are returning to school in the fall of 2025. See www.rmalexander.com for complete information.

Application deadline: April 18, 2025, 4 p.m.

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Full time cashier needed at Teulon Esso. Apply within or email resume to: 7service@mymts.net attn: Dave or Ann or call 204-886-3777.

Isfeld Villa, 34 Church Bay Lane, in Winnipeg Beach hiring p/t cleaner 9 hours a week, all equip. provided for common areas (not suites). Areas incl: hallways, stairwells, common bathrooms, laundry, at \$16/hour. Please send a resume with references and cover letter to dennis@lifelease.ca

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NOTICE TO CREDITORS

IN THE MATTER OF the estate of TERESA LYNN MORRISSEAU late of the City of Selkirk, in Manitoba, Deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be sent to the undersigned at 903 - 386 Broadway, Winnipeg, Manitoba, R3C 3R6 on or before the 30th day of April, 2025.

Dated at the City of Winnipeg, in Manitoba this 4th day of March, 2025.
DFS KANESKI
UNRUH LLP
Attn: Alysha R. Zorde
Solicitors for the Estate

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"Where the good bulls come"

April 5, 2025 1:00 P.M. Lundar Agri-Ed Centre - Auctioneer - Tyler Slawinski

- | | |
|---------------------------------|--------------------------|
| 9 - 1 year Herefords | 2 - 1 year Gelbvieh |
| 4 - 2 year Herefords | 2 - 1 year Limousin |
| 3 - 1 year Angus | 1 - 1 year Lim Flex |
| 13 - 1 year Simmental | 2 - 1 year Speckle Park |
| 1 - 2 year Simmental | 1 - Hereford Heifers |
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Watch and bid online at DLMS.ca 10 pens of 3 commercial heifers
SALE DAY: Mike (204) 739-3158. Jack (204) 739-3645

For more info contact Jack (204) 739-3645 or Kevin (204) 371-8277
View catalogue online at www.buyagro.com

PUBLIC NOTICE

PROPOSED TELECOMMUNICATION TOWER
4535 Main Street, West Saint Paul, MB

SUBJECT/SUJET:

- Type: 65-metre self-support tower / tour autoportante
- Location / Address: 4535 Main Street, West Saint Paul, MB
- (Coordinates/ Coordonnées: 50.011219, -97.046420)
- Legal Description / Description légale: FIRSTLY: PARCEL "A" PLAN 53367 WLTO IN RL 44 AND 45 PARISH OF ST PAUL SECONDLY: PARCELS 4 AND 5 PLAN 6251 WLTO IN RL 38 TO 45 PARISH OF ST PAUL
- Installation: The facility will comprise a proposed 15m x 15m compound. / L'installation comprendra un complexe proposé de 15 mx 15 m.
- Site: The structure will accommodate initial and future loading for all cellular providers, and additional fixed wireless equipment as required. / La structure peut accueillir le chargement initial et futur de tous les fournisseurs de services cellulaires, ainsi que de l'équipement supplémentaire sans fil fixe, au besoin.

Innovation, Science and Economic Development Canada (ISED) is the governing body for this type of installation and can be contacted at: / Innovation, Sciences et Développement économique Canada (ISDE) est l'organisme directeur de ce type d'installation et peut être contacté à l'adresse suivante:

ISED - Manitoba District Office / Bureau de district du Manitoba
400 St. Mary Avenue, 4th floor, Winnipeg, MB R3C 4K5
Tel: 1-800-665-3421 or 204-984-4257 Fax: 204-984-6045
Email: spectrumwinnipeg-winnipegspectre@ised-isde.gc.ca

ANY PERSON may make a written submission to the individuals listed below no later than 5pm (ET) on **Thursday, April 3rd, 2025**. Please reference the site code **TOWM024** in your correspondence. / **TOUTE PERSONNE** peut faire une soumission écrite aux personnes mentionnées ci-dessous au plus tard à

17:00 le **jeudi 3 avril 2025**. Veuillez indiquer le code de référence du site, **TOWM024** dans votre correspondance.

Further information may also be obtained through the following contact: / De plus amples informations peuvent également être obtenues auprès du contact suivant:

APPLICANT CONTACT / CONTACT DU DEMANDEUR

SLI Towers Inc.
146 Thirtieth Street, Suite 100, Etobicoke, ON, M8W 3C4
T: (437) 425-3982
E: municipal@slitowers.ca

MUNICIPAL CONTACT / CONTACT MUNICIPAL

Derek Eno RPP, MCIP | Manager of Planning Services
Red River Planning District,
2978 Birds Hill Road, East St. Paul, MB R2E 1J5
T: 204-669-8880 E: deno@rrpd.ca

SITE LOCATION MAP / PLAN DE LOCALISATION DU SITE



Tower location shown with the star / Emplacement de la tour indiqué par l'étoile

RURAL MUNICIPALITY OF ST. CLEMENTS

PUBLIC NOTICE

Additions to the Voters List and/or Personal Security Protection Requests



In accordance with Section 36 of *The Municipal Councils and School Boards Election Act* (MCSBEA), the Rural Municipality of St. Clements Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the Rural Municipality of St. Clements can have his or her name added to the Voters List or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Chief Administrative Officer, in person, by e-mail, fax or mail to:

Rural Municipality of St. Clements
1043 Kittson Road
Box 2 Grp 35 RR 1 East Selkirk, Mb R0E 0M0
Phone: (204) 482-3300; (204) 474-2642 - Wpg. direct;
or 888-797-8725 - toll free
Fax: (204) 482-3098
E-mail: info@rmofstclements.com

The next General Election takes place in October, 2026.

Dated this 4th day of March, 2025

Deepak Joshi
Chief Administrative Officer

If you have any questions, please call the office at the numbers listed above.

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take a break > GAMES SUDOKU

		2			1	4		7
							5	
	5				9			
				7			8	6
		4			5			
			2					
5			8	6		9		4
	8			9			3	
	7	3	1			8		

Level: Intermediate

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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2	3	1	7	6	9	8	4	5
4	7	6	3	9	8	1	2	5
3	4	9	1	2	8	6	7	5
6	1	7	9	8	3	4	9	2
9	8	2	4	7	6	5	1	3
8	2	9	6	3	4	7	5	1
1	9	3	8	2	7	6	4	9
7	6	4	1	9	2	3	8	5

Sudoku Answer

Online McSherry Auctions

Estate & Moving
March 19th @ 7:00PM

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March 26th @ 7:00PM

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March 27th @ 7:00PM

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or 204-886-7027
mcsherrytld@gmail.com

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Bell

PUBLIC NOTICE

PROPOSED BELL MOBILITY RADIOCOMMUNICATIONS FACILITY TELECOMMUNICATION TOWER

Bell MTS is committed to providing Canadian communities high speed wireless voice and data service. To improve service, Bell MTS is proposing to construct a 41.5 metre self support tower with ancillary radio equipment including an equipment shelter approximately of 3m x 3m at the base of the tower with a perimeter fence restricting public access. As part of the public consultation process as required by Innovation, Science and Economic Development (formerly Industry Canada), Bell MTS' regulator under the Radiocommunications Act, Bell is inviting the public to comment on the proposed tower location before April 15, 2025 in compliance with ISSED's telecommunications policy. This tower is fully compliant with ISSED guidelines, as found under the CPC 2-0-03.

TOWER LOCATION: 5 Industrial Rd, St Andrews, MB R1A 3P2

COORDINATES: Latitude 50.055589 North, Longitude -97.051153 West

LEGAL: Lot 1, Plan 36495 WLTO in 15 Parish of St. Andrews

ANY PERSON MAY comment by close of business day on April 15, 2025 with respect to this matter.

BELL MTS CONTACT:
Marshall Rasmussen
Medallion Wireless
Consultants for Bell MTS
2417 Main Street
West Kelowna, BC, V4T 2H8
Fax: 604-469-6838
Email: feedback@Medallionwireless.com



Bell

AVIS PUBLIC

PROJET DE TOUR DE TÉLÉCOMMUNICATION DE BELL MOBILITÉ

Bell MTS s'engage à fournir aux communautés canadiennes des services sans-fil pour le cellulaire et le transfert de données à haute vitesse. Afin d'améliorer la qualité de son service dans la Municipalité Rurale de Red River, Bell MTS propose la construction d'une autoportante de 41.5 mètres en hauteur, ainsi qu'au pied de la tour un abri pour les équipements de radio. Le périmètre du site sera clôturé afin de limiter l'accès au publi. Dans le cadre du processus de consultation établi par l'organisme fédéral nommé Innovation, Sciences et Développement économique Canada (ISDE) et du cadre réglementaire de Bell MTS en vertu de la Loi sur la radiocommunication, Bell invite le public à transmettre ses commentaires sur l'emplacement proposé avant le Avril 15, 2025. La tour proposée est conforme à l'ensemble des directives du ISDE contenues dans la circulaire des procédures concernant les clients CPC-2-0-03.

EMPLACEMENT DE LA TOUR: 5 rue Industrial, Saint Andrews, MB R1A 3P2

COORDONNÉES: Latitude 50.055589 Nord, Longitude -97.051153 Ouest.

DESCRIPTION LÉGALE: Lot 1, Plan 36495 WLTO in 15 Parish of St. Andrews

TOUTE PERSONNE PEUT soumettre leurs commentaires relatifs à ce projet avant Avril 15, 2025.

CONTACT CHEZ BELL MTS:
Marshall Rasmussen
Medallion Wireless
Consultants pour Bell MTS
2417 Main Street
West Kelowna, CB, V4T 2H8
Fax: 604-469-6838
Courriel
I:feedback@Medallionwireless.com



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Todd
204-904-9705

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10 AM – 4 PM

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ANNOUNCEMENT
BIRTHDAY



Terry McConnell
March 17, 1930
Happy 95 Birthday
-With love from your family

ANNOUNCEMENT
IN MEMORIAM




Kim Meger
July 4, 1960 - March 12, 2022
When someone you love becomes a memory, The memory becomes a treasure.
-Wallace and Meger families

Remember your loved ones or send your special wishes to your friends and family.

The Selkirk Record

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ANNOUNCEMENT
IN MEMORIAM



William John Lawrence Gamble
December 18, 1969 - March 15, 2005
It was 20 years ago we said goodbye. You have left us with beautiful memories of a wonderful you.
-Missed and loved forever by Mom, Dad, Tracey, Bryan

*There is a link death cannot sever,
Love and remembrance last forever.*

NOTICE OF PUBLIC HEARING
REZONING AMENDMENT APPLICATION
Rural Municipality of St Andrews

Under authority of The Planning Act, the municipal Council will hold a public hearing at the time and location listed below to hear from those who wish to speak in support or objection, or to ask questions. For more info on how to register for the public hearing please contact the municipality at 204 738-2264.


Tuesday
April 8th, 2025
5:30pm

Council Chambers
500 Railway Avenue
RM of St. Andrews, MB

Note: property owners are responsible for notifying "tenants"

APPLICATION INFORMATION

Application File:	ZBA 4408
Applicant:	Mikkel Grabinski
Property Location:	322 Parkdale Road, RM of St. Andrews Roll No. 5920 LOT 3 PLAN 33856 WLTO IN RL PARISH OF ST ANDREWS
Application Purpose:	The applicant proposes to rezone the property land to establish a multi-use shop for trucking and construction industry.



Current Zoning	Zoning Proposed by Applicant
"AR" Agriculture Restricted	Re-Zoning to: "M1" General Industrial Zone

A copy of the above-noted proposal and supporting material is available on the Red River Planning District website at <https://www.redriverplanning.com/hearings.php> or by contacting the Red River Planning District in person during normal business hours Monday to Friday at 2978 Birds Hill Road, East St. Paul, by phone at 204 669-8880, or by email at info@rrpd.ca

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OBITUARY



Stephen (Steve) Robert Lawrence
September 27, 1963 – March 7, 2025

It is with deep sadness that we announce the passing of Steve Lawrence. He peacefully passed away with his family by his side on March 7, 2025 at the age of 61 in Selkirk after a courageous battle with brain cancer.

Steve was a lifelong learner and a dedicated educator. He was the first in his family to pursue post-secondary education. He earned his Bachelor of Science from the University of Manitoba, a certificate in Adult Education from Red River College Polytech, and furthered his education by earning a Master of Arts in Education from Central Michigan University.

For over 30 years, Steve was an integral part of RRC. He started his career here as an instructor of computer science and worked his way to Acting Dean of the School of Continuing

Education. He also fulfilled the roles of Program Manager for IT and Professional Studies, ACE Project Space Coordinator, and Program Manager for Business and Applied Arts during his time with the college. His dedication to education extended beyond RRC, as he played a key role in accrediting Business Technology Management programs across Canada, contributing to visits at Concordia and Acadia Universities.

Before his academic career, Steve spent 14 years in the IT industry as a programmer, business analyst, and requirements gathering analyst. He was instrumental in the creation, promotion, and delivery of the Business Technology Management program at RRC and played a pivotal role in various initiatives, including mentoring new instructors, collaborating with the Green Action Center on a Safe Routes to School app, and leading the transition from a trimester to a semester system at RRC. His passion for education and innovation was recognized with the prestigious 2010 Ken Spencer Award for Learning Innovation.

Beyond his professional accomplishments, Steve had a deep love for sports and coaching. He dedicated over 15 years to coaching hockey, volleyball, and soccer and was a Level 2 NCCP nationally certified coach. His mentorship extended from the classroom to the playing field, shaping countless students and athletes with his guidance and encouragement.

Steve was a lover of the outdoors and an active member of the community. He volunteered in Selkirk and Winnipeg Beach, grooming cross-country ski trails, organizing a pickleball league, and helping at Our Daily Bread soup kitchen. He loved fishing, kayaking, swimming, skiing, cycling and anything to extend his time in nature or his favourite place at the family cabin in Winnipeg Beach.

Steve will be dearly missed by his children, Courtney Lawrence (Connor Joseph) and James Lawrence (Caitlyn Haney), his beloved partner, Lorie Fiddler, her mother Leona Hacking, her children, Luke (Jenn), Will (Christina), Kat (Clay), and eight grandchildren. He also leaves behind his sister, Marilyn Lawrence and her children.

He was predeceased by his parents, Douglas and Donna Lawrence, and his siblings, Richard, Zachary and Patricia.

Steve's impact on education, his unwavering dedication to mentorship, and his love for family and friends will be cherished and remembered always.

A celebration of life will be held at Gilbert Funeral Home in Selkirk, MB, on Monday, March 17th at 2:00 p.m. A live stream of the celebration will also be available.

In lieu of flowers, donations can be made in Steve's memory to Brain Cancer Canada and Our Daily Bread soup kitchen in Selkirk. <https://ourdailybreadselkirk.com> and <https://braincancercanada.ca/>

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Larry Ateah

It is with deep sadness that we announce the passing of Larry Ateah, aged 88, who left us peacefully on March 2nd, 2025.

Larry will be lovingly remembered by his wife Diana of 62 years, his children Kathy (Ed), Laura (Tom), Dean (Monica), Jason (Lindsay) and eight beautiful grandchildren: Alex, Zach, Karly, Hope, Ryan, Mary, Parker and Ruby.

He is predeceased by his parents Sam and Jessie, older sister Dale and twin sister Larrette.

Larry was born in Victoria Beach on February 8th, 1937. He grew up in the community and worked with his dad supplying wood and ice to the cottagers. Larry moved to Winnipeg for school and worked at various construction jobs in Manitoba and Ontario until he started his career with Lucerne Foods, ending as a Plant Engineer. Although he and Diana lived and

raised their family in Winnipeg, Victoria Beach was always home. They built a beautiful log cottage in 1970 which eventually became their permanent home. After retirement he started a water business and managed the VB recycling program until he retired (again) at 80.

Larry and Diana loved travelling with their RV south to Arizona and Texas, and north to Alaska, making life-long friendships along the way. The extended family camping trips to Rushing River were a memorable highlight for all. Larry had a resourceful, inventive mind and he could fix or build just about anything, with a garage which rivalled Home Hardware. Larry was loved and respected by so many. His warmth, generosity, kindness, and humor touched the lives of all who knew him.

A memorial service was held at the East Beaches Social Scene, 3 Ateah Road in Victoria Beach on Sunday, March 9th at 1:00 p.m.

In lieu of flowers, donations can be made to CancerCare, MB or a charity of your choice.

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Terry Lee McRae
June 24, 1963 – March 4, 2025

Without warning, at the Selkirk Regional Health Centre, our world changed with the devastating loss of Terry McRae.

Terry leaves so many to cherish his memory and those grateful for his endless love, his wife Lori, the boys, Don and Eric McEwen, his sisters Edie, Myrna (Kent), Brenda and brothers Dave (Leigh), Gary (Debbie) and sister-in-law Barb. Predeceased by his brother Eldon and parents Lucille and Eldie McRae. Dearly remembered by his treasured nieces and nephews, relatives and many friends, including his precious cat, Zeus.

Terry grew up and resided for many years on Muckles Creek in Clandeboyne. All his kind, affectionate and fun-loving traits were inherited from the McRae family. Terry stories are abundant, as well as the memories of a life-well lived and a man well-loved.

Terry was always the first to initiate a welcoming hug or crack a joke. His friendly demeanor endeared him to so many, maintaining close relationships with classmates from grade one. His smile, enthusiasm and presence made a room feel lively and cheerful.

Terry was a gift to us as we made a home together in Petersfield. It was the gathering place for the community he loved. An NFL, Bomber or Jets game meant time for Buddies and Blues! Missed will be his constant and hilarious one-liners followed by a roar of laughter from his beloved garage.

In 2001 Terry started with Manitoba Transportation and Infrastructure and continued to work tirelessly as the Selkirk's Yard sub-foreman. "The Captain" was dedicated to the highways and was known to be a meticulous equipment operator. A vast number of laughable moments and long-lasting friendships were shared on his beat.

His curling achievements spanned from Juniors to five Manitoba titles. Terry excelled in the competition and comradery of the game. He was especially proud of coaching the Petersfield Junior Men's Team, competing under difficult circumstances, in the '07 Provincial Championship. Aboriginal Curling bonspiels meant time for Terry to hit the dance floor and show off his crazy leg moves.

Vacations were always action packed, a trip to Niagara Falls meant a day in Buffalo at an NFL Patriots game. Travel was always fun, from a spur of the moment golf game, concert or our road trip conversations every moment we shared will be lovingly remembered.

Terry was the most joyful, witty and caring human and his passing has left an impact on our hearts that will never leave. See you down the road, My Love.

We would like to extend a huge thank you to Terry's MTI crew and the staff at the SRHC for going above and beyond.

A Celebration of Terry's Life will be held on Saturday, March 15, 2025 at 2:00 p.m. in the Petersfield Community Club.

In lieu of flowers, donations can be made to the Petersfield Curling Club.

Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



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OBITUARY



Fredrick Nelson Trapp

On Friday, February 28, 2025, Fred Trapp of Selkirk passed away peacefully with his family by his side.

Fred is survived by his wife of 63 years, Gerry; children Karie and Jeff (Luna); granddaughters Andrea (Trent), Meg (Evan); great-grandsons Callan and Kyden; brother Len (Gail); as well as nieces and nephews.

A celebration of his life will take place on Saturday, March 15, 2025 at 2:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB.

In lieu of flowers, those wishing to contribute in Fred's memory may do so to Children's Hospital Foundation or a charity of your choice.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



In loving memory of John (Jock) Wynne Langlois

Jock Langlois passed away peacefully on Saturday, March 1st, 2025 at the Selkirk Regional Health Centre, at the age of 72.

Jock is survived by his sons Shayne Langlois (Emma), Shane Connolly (Jamie), and his daughter Nicole Langlois; sisters Bonnie (Wayne), Donna, Audrey, Dorthey and Debra (Thomas); nine grandchildren, and numerous nieces, nephews and cousins.

Predeceased by his parents John "Jock" Langlois Sr and Joyce Marsh; his brothers Daniel Langlois and Randy Langlois.

A memorial service will be held on Tuesday, March 18, 2025 at 1:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB. Interment will take place on Friday, May 2, 2025 at 1:00 p.m. in the St. Clements Cemetery.

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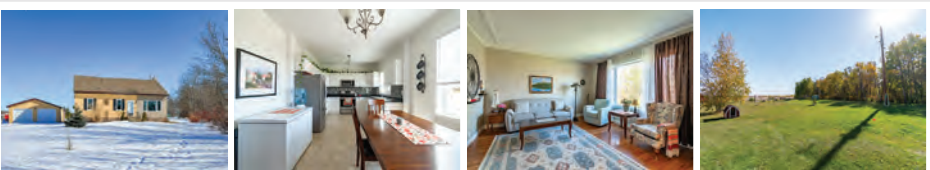
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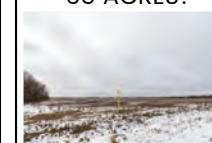




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