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# The Selkirk Record

THURSDAY, MARCH 16, 2017

VOLUME 8 EDITION 11



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## Seeing green

RECORD PHOTO BY LINDSEY ENNS

Mighty Kiwi Juice Bar and Eatery owners Miranda Schmidt, pictured left, and Jocelyn Kreml, pictured right, hold up their Mighty Kiwi green juices, made with kiwi, pear, kale, cucumber, celery and lemon inside their downtown Selkirk shop last Friday. The new juice bar and eatery had a soft opening last Friday afternoon and plans to offer a green juice special on St. Patrick's Day this Friday. For a story, see Page 11.

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# LSSD's 'belt-tightening' budget could lead to job cuts

By Lindsey Enns

Staff cuts could be on the horizon within the Lord Selkirk School Division (LSSD) after trustees approved their 2017-18 budget along with a 3.52 per cent tax hike.

The increase equates to approximately \$61.92 a year, or \$5.16 a month, for a house assessed at \$283,000.

LSSD Supt. Scott Kwasnitza said a two per cent decrease in the division's provincial education funding combined with their declining enrolment will lead to a decrease of 9.1 full time equivalent (FTE) positions.

"This was the most difficult budget in the last seven years just because we were looking at the funding reduction," Kwasnitza said. "We received almost \$500,000 less in our funding from the province."

He added although it's still too early to tell, they are hopeful these staff cuts won't impact any current courses or programs.

"I think we're going to be OK," he said. "It might result in some slightly larger class sizes in some settings."

Total staff for the 2017-18 budget is 345.0 (FTEs), which is a 2.6 per cent reduction when compared to the division's 2016-17 budget.



RECORD PHOTO BY BRETT MITCHELL

Lord Selkirk School Division board trustees approved their 2017-18 budget along with a 3.52 per cent tax hike during their regular board meeting last Tuesday evening.

Total managerial and support staff positions for the 2017-18 school year will also decrease by 0.20 FTE positions when compared to the division's 2016-17 budget.

Kwasnitza said their \$58,585,118 operating fund budget required some

"belt-tightening."

"Nobody ever likes to reduce staffing numbers but with the reduction ... and declining enrolment it seemed prudent that we would look at reducing our staffing by that level," he said.

Kwasnitza said it's too early to tell

## Budget expenses breakdown

- Regular instruction: \$33,970,720
- Student support services: \$9,847,990
- Maintenance: \$6,572,130
- Transportation of pupils: \$2,700,595
- Divisional administration: \$2,057,600
- Instructional and other support pupil services: \$1,644,378
- Fiscal: \$1,020,000
- Adult learning centres: \$345,395
- Community education and services: \$426,310
- Total: \$58,585,118**

which areas of the division could face staff cuts. He added staff have until May to announce plans for retirement.

"If we have some reductions because of retirements that makes it a little easier to reduce our staff and we would also look at our term positions," he said. "Teachers who are on term contracts would end their terms at the end of June and would not be renewed for the following year."

Continued on page 7

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# Bylaw helps First Nation battle stray dog problem

Brokenhead Ojibway Nation chief urges other communities to follow their lead

By Maggie Wysocki

Every few months, Dave Brooker and a group of dog-loving volunteers come together to hold a mobile spay and neuter clinic for dogs living on Manitoba First Nations.

"It's a big collaborative dog rescue," said Brooker, the founder of K9 Advocates Manitoba.

This was the case over the weekend of Feb. 11 and 12, when more than 80 volunteers from different dog rescues and veterinarian clinics joined forces to vaccinate more than 100 dogs

The volunteers came together at veterinarian Rebecca Zettler's property in Treherne, which is located approximately 170 kilometres west of Selkirk.

"There's drivers coming in from every direction so no community has to feel left out," Zettler said.

But there was one First Nation left out this particular time, and it was the one closest to Selkirk off of Highway 59.

"Brokenhead Ojibway Nation isn't here because they take a lot of initiative on their own," Zettler said.

They've taken action to the extent of Brokenhead not really having a problem with stray dogs anymore, she says.

So who is to thank for these prevention measures?

"The animal control group we have has taken advantage of many of these mobile clinics in the past," said Brokenhead Ojibway Nation Chief Jim Bear during a recent telephone interview with the *Record*.

The community's proximity to Sel-



RECORD PHOTO BY MAGGIE WYSOCKI

ABOVE: Dave Brooker, founder of K9 Advocates Manitoba, holds a puppy volunteers helped rescue along a Manitoba highway in early February. Brooker says he hopes more Manitoba First Nations will take action in managing stray dogs. BELOW: Dog owners from several Manitoba First Nations wait for their four legged friends to see the veterinarian, saying that a spay or neuter surgery only takes about 15 to 20 minutes.



kirk, where many dog rescue programs are run out of, has been another huge benefit, Bear added.

"We're more accessible than other reserves to a lot of resources which has helped us." The communi-

ty's Animal Control Bylaw, which states all domestic animals must be registered, have identification tags, be immunized and kept on an owner's property,

has also helped, he said.

"There were a lot of mean looking dogs around before and it was scary for community members," Bear said, referring to what it was like prior to the bylaw being enforced in 2000. "Now dogs are kept on leashes and it's not a nuisance or concern like it used to be."

Continued on page 9

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## Leaving behind a trail of ice



RECORD PHOTOS BY LINDSEY ENNS AND JEFF LANE

ABOVE LEFT: North Red Waterway Maintenance Inc. crews make their way along the Red River with ice breaking machines as seen from the Highway 4 bridge near Selkirk on Mar. 3. ABOVE RIGHT: A trail of ice is seen from the Selkirk Bridge last Friday after the ice breakers made their way along the Red River early last week. The purpose of the Amphibex ice-breaking program is to reduce the likelihood of ice jams and overland flooding along the Red River. The risk of overland flooding remains moderate to major across most of Manitoba, but this could change depending on weather conditions between now and the spring melt, according to the province's first flood outlook of 2017 released late last month.

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# Selkirk RCMP collect public input on policing priorities

By Lindsey Enns

Those who spoke up during a public meeting about local policing priorities would like to see more officers patrolling the streets of Selkirk.

One local woman said she has noticed a lack of police presence in her community, while another said she would like to see more Selkirk RCMP officers at community events so they can make better connections with those they serve.

Roughly 35 community members attended last Thursday evening's Selkirk RCMP Performance Plan meeting at the Selkirk Rec Complex Banquet Hall.

RCMP detachments across the country have a performance plan, a strategic document, which is updated annually and outlines priorities for local policing. Selkirk RCMP Insp. Dave Kalist and City of Selkirk's director of protective services, David Thorne, helped lead last Thursday's meeting.

Kalist said their current top three policing priorities include enforcing and educating the public about traffic and road safety, crime reduction as well as enhanced internal communication among their 40 members and the community.

In terms of recent crime trends in Selkirk, Kalist said the powerful opioid fentanyl is a current cause for concern in the city.

"It's very toxic ... it's changing how we do what we do as police officers," he said, adding local officers now carry naloxone kits to help temporarily reverse an overdose of fentanyl or other opioids. "We've got more tools

on our belt that we have to carry."

In terms of police work, Kalist said the amount of paperwork they are required to do nowadays has changed significantly. For instance, he said that when an officer stops a suspected drunk driver, they could be tied up for nearly three hours. He added although they do this to ensure everything goes smoothly once the issue is brought before the courts, it does impact the amount of time their members can be out and about patrolling the community.

Kalist added Selkirk RCMP has also recently started cracking down on repeat shoplifters in the area.

Kalist said in some cases, local officers are taking steps to ensure that chronic shoplifters are now getting jail time. The Selkirk RCMP would also like to remind business owners to notify them of any criminal activity they may notice.

"The thing here that has struck me the most is that we have our issues but we're not sort of going off into an area that is not controlled," said Kalist, who has been at the Selkirk RCMP detachment for three years. "Selkirk is a steady spot but it's not like a Thompson for example it doesn't reach that threshold. Are there issues here? Absolutely there are in every community."

The Selkirk RCMP detachment is located at 1019 Manitoba Ave. In an emergency, dial 911 or 204-482-3322. Their detachment office is open Monday through Saturday from 8 a.m. to 6 p.m. and can be reached by calling 204-482-1222.



RECORD PHOTO BY LINDSEY ENNS

Selkirk RCMP Insp. Dave Kalist leads community members through a policing priorities meeting at the Selkirk Rec Complex last Thursday evening.

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# Selkirk's Imagination Library in dire need of volunteers

By Marlo Glass

Selkirk's Imagination Library is in danger of shutting down after years of providing books to local children.

Since time and money are in short supply for many non-profit organizations, committee member Lorie Fiddler is reaching out to the community to help revive interest in this program.

"What we need now is support from members of the community, volunteers to apply for grants and to take over the committee," Fiddler said.

Since April 2010, the program has provided 21,915 books to children aged five and under.

Children receive one book per month, from birth until kindergarten, at no cost to their families.

These books are selected by a panel of experts and are developmentally appropriate for each month of the child's life.

Children who complete the program will start kindergarten with their own library of 60 books.

The program is an affordable way

**"THE PEOPLE OF SELKIRK ARE SO COMMUNITY MINDED AND GIVING."**

to introduce children to literature, spark a love of reading, and encourage future academic success.

So far 395 children have graduated from the local program, and 253 children are currently enrolled.

Selkirk's Imagination Library is entirely volunteer-run, relying on the efforts of only five committee members.

"(The program) is an affordable way to get books in the hands of children, in their homes," Fiddler said. "These books come in the mail and are always there."

The Imagination Library is a worldwide program that was started by country singer Dolly Parton in an effort to raise high school graduation rates in her home state.

Selkirk's Imagination Library requires \$12,000 to \$15,000 annually in order to operate. This has traditionally

been achieved through donations and fundraisers, such as the annual Red Run. Unfortunately, the run has been recently met with low participation and volunteer attendance.

A \$5,000 grant from the Early Childhood Coalition would go a long way in funding this program. Because books are delivered via mail, and progress isn't monitored until later on in a child's academic life, "there aren't measurable outcomes that we can back up," Fiddler said.

Because of this, the program doesn't meet criteria to receive funding.

"We have exhausted our own efforts with continuing to seek funding. At this point we are looking at stopping the program," Fiddler says. "We don't have the capacity to seek the funds we need with such a small committee."

Fiddler is cautiously optimistic about the future of Selkirk's Imagination Library.

"The people of Selkirk are so community minded and giving. People care."

For more information about how to help Selkirk's Imagination Library, contact Laurie Fiddler directly by calling 204-481-0777 or via email [sfcd-care@mts.net](mailto:sfcd-care@mts.net).

## Stories of Selkirk's Pioneers and Their Heritage

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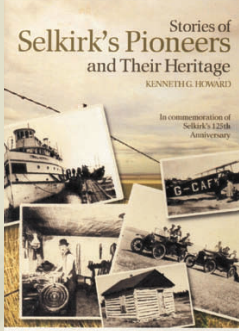
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# Community Living teams up with Ready, Willing and Able Initiative

By Marlo Glass

Canada's Ready, Willing and Able Initiative, recently recognized as a 2017 Innovative Policy on Employment, has been at work with Community Living Selkirk.

The initiative seeks out agencies that train and support individuals living with autism and intellectual disabilities, working as a liaison between employers and agencies.

Community Living Selkirk develops relationships with employers in order to make workplaces more accessible for employing people living with disabilities. The Ready, Willing and Able Initiative provides funding to support these relationships.

Funding can be directed towards job coaches, environmental assessments,

**"JOB COACHES HELP THEM SETTLE INTO THEIR EMPLOYMENT, HELP THEM BUILD SKILLS, AND THEN GRADUALLY PHASE OUT."**

employer accommodations, attendant care, sign language interpretation, transportation, adaptive technology, or any other accommodations necessary

to provide meaningful and fulfilling employment for people living with autism and intellectual disabilities. These adaptations function to foster inclusivity within a workplace, though the ultimate goal is for individuals to work independently.

Job coaches play a large role in this process, says Cheryle Bacon of Community Living Selkirk.

"Job coaches help them settle into their employment, help them build skills, and then gradually phase out," Bacon said.

Employers qualify for funding

through the Ready, Willing and Able Initiative if they provide more than 15 hours of employment per week, in order to demonstrate commitment to employees with intellectual disabilities.

The Ready, Willing and Able Initiative has worked closely with school divisions throughout Manitoba, and has recently consulted with Community Living Selkirk and the Lord Selkirk School Division in order to develop positions within schools that support people living with intellectual disabilities.

## > LSSD BUDGET, FROM PG. 2

School board chair Lena Kublick said the division's senior administration team along with trustees put a lot of effort into next year's budget.

"The budget reflects and respects the feedback that we received at our four community forums, the importance of school counsellors, mental health, cross-cultural connections, inclusive education, technology, transportation, and performing arts," Kublick stated in an email to the *Record*. "Declining enrolment is a complex issue, in many instances, there is a gradual decline with no specific focal point ... so it's not as simple as just eliminating one class, and buildings still need to be maintained and heated."

Kublick added smaller schools within the division "are the heart of their community."

"Our mandate is to support all of our students with the best possible sustainable programming while being fiscally responsible," she said. "This will require problem solving and creativity, but the filter that we will continue to use in our decision making is 'what is best for our students?'"

Kwasnitza said some of the highlights of their 2017-18 budget is some extra support for performing arts programming. Junior high level musical programs will receive \$42,500 to purchase new instruments and another \$16,000 will go towards repairing their current ones. The high school vocal jazz and performing arts program will also receive nearly \$17,000 for new supplies.

There will also be some increased staffing support for school counselling, conditional program operating budgets and additional time for educational assistants to participate in school-based professional development.

There will also be upgrades made to the division's transportation management system and school security cameras to enhance security.

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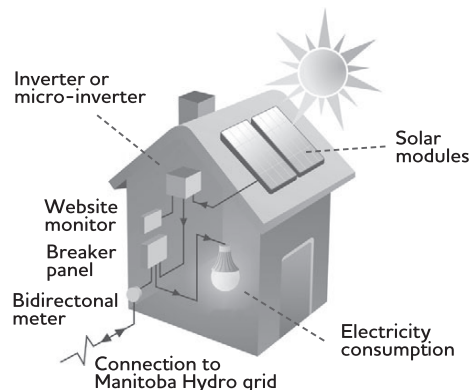
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### Understand the costs and savings

The payback period for solar energy depends on many factors. Beyond the upfront costs of equipment and installation, you should be aware of the ongoing expenses. As you get estimates from installers, ask how they calculated the paybacks they are presenting to you.

- Do their estimates include taxes, permit costs and ongoing maintenance?
- What kind of warranties will they provide on the labour and product?
- Have they accurately projected electricity rate increases?

Solar energy systems may also affect your home insurance, property tax and income tax. You should speak to your insurance provider and municipality about any changes that may be required to your current policies.

Also, installing solar panels is not a DIY project. All installations require an electrical permit and must be done by a licensed electrical contractor.

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## Keep the fire stoked before going to bed

Hi everyone.  
Time after time when driving along Highway 9 through Sandy Hook my eyes turn eastward to the ice shacks off the south end of Willow and Crow Islands on Lake Winnipeg. It bothered me that winter was almost over and I hadn't yet visited our anglers there.

The Gimli, Sandy Hook area has a shallow water "lagoon" just like south Grand Marias does and when I finally got a free afternoon last week, off I went clipping along its flat glare ice surface right up to those shacks by the Islands. One in particular stood out. It was large and grey, built more like a cottage with a heavy white door, and trimmed windows with a truck parked beside.

I called out, "hello", as I left my truck. "Come on in," boomed a hearty re-sounding voice from inside.

Just by the door sat a fellow with a wide smile exposing an abundance of very white teeth. His name was Al Beck, he said, in a forceful gravelly voice. He sported a full brown beard and moustache. Tinted glasses covered eyes that darted about as he talked. The old cap on his head was bent to his liking. Sitting around on wall benches were his wife Colette, sister-in-law Lucy, brother-in-law Tommy and mother-in-law Thelma. Introductions and pleasantries eventually led to Al remembering a fishing experience when two friends were fishing here with him in the open.

Al had two holes working while the others close by had one each. Suddenly one friend got a strike. A big one. All these boys, in their time, had landed a big fish and could see it was going take some care to bring this one up. Al and the other friend ran over to help, grabbing the line with their gloves. The fish felt shockingly heavy, the line strained then whipped and darted back and forth with frightening speed. Al, just by reflex, shot a look at his rods seeing them both disappear down their holes. His friend



**RECORD PHOTO BY ARNIE WEIDL**

Darrell Born, pictured left, and his son Keith, pictured right, of Winnipeg hold up their catch along the Red River upstream of Selkirk.

by his shoulder grunted, "my rod just disappeared too." Slowly they worked the fish to the hole, its' head just fitting. Finally, up it came with fish with lines wrapped all around it and on the end of those lines were the boys' three fishing rods. No way that fish was getting away.

Some time ago I met, Darrell Born, and his son, Keith, fishing in the open on the Red a bit upstream of Selkirk. They had caught a few fish and agreed to hold them up for a picture. The fish were so slippery though, they had a terrible time holding onto them. They had to rinse their hands off in the cold river water a few times to get a grip on the fish before we finally got a picture.

Thanks a lot guys for hanging in there. Just before I left, Keith said his girlfriend, Aries, had a talent for catching fish on their fins. More than once he had to make her ice hole bigger because the fish was coming up sideways.

Somewhere between Beaconia and Balsam Bay about a mile offshore on Lake Winnipeg I met a heavily built, round faced young chap with a dark brown short cropped moustache and

goatee getting his ice shack ready for a weekend of fishing. Our new friend Ben Barbula from Winkler was about to start a fire in the wood stove but took time to jump into my truck for a brief talk.

We got to know each other, chatting, as we looked across the unbroken flat ice. The air seemed a milky grey from a sun masked by thick clouds. Suddenly I was caught in mid-sentence shooting a glance at Ben as he threw his head back laughing, recalling how he, his brother Julian and Stephan, his brother-in-law almost froze to death in their shack a week before. They were spending the night on the ice here and made a big fire before going to bed. It got so hot the guys threw off their blankets', opened the door then went back to sleep. Come early morning the fire had gone out and the boys woke up freezing but nobody wanted to get up and close the door. They feel asleep again. Sitting beside me, I could tell Ben had a fairly respectable cold. Apparently, so did Julian and Stephan.

See you next week gang, bye now.



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# Rrrroll up the rim for the win



RECORD PHOTOS BY BRETT MITCHELL

By rrrrolling up the rim of his Tim Hortons cup, Ian Neil Cooke of Selkirk is now the owner of a new 2017 Honda Civic Coupe EX-T, the grand prize in this year's RRRoll Up the Rim to Win contest at Tim Hortons. Victor Martens, owner of both Selkirk Tim Hortons locations pictured right both above and below, handed Cooke, pictured left, the keys to his new car at the Selkirk Tim Hortons Main Street location last Thursday morning. Cooke, who is a Selkirk Tim Hortons regular, is the third person to win a vehicle at a Selkirk Tim Hortons as part of the RRRoll Up the Rim contest. Also present for the big key handoff last Thursday was Richard Jackson from the Tim Hortons corporate office, David Quang, Birchwood Honda general sales manager and representing Tim Hortons Canada was Jason Kopytko. The RRRoll Up the Rim to Win contest runs for six weeks, or while cup supplies last. Prizes may be claimed until May 4, 2017. Contest rules, odds of winning and prizing information can be found at participating Tim Hortons restaurants or online at [rolluptherimtowin.com](http://rolluptherimtowin.com).



## The Selkirk Record

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## > BYLAW, FROM PG. 3

Although many community members think owning a dog is easy, Bear says people need to remember the responsibility that comes with it.

"People really need to step up if they want a dog. It's nice to own one for the healing and spiritual process, but you still have to think about the cost factor."

For First Nations who can't access a mobile spay and neuter clinic easily, Bear suggests they create a similar bylaw.

"I'd love to see other First Nations doing the same thing as us," he said. "We're really happy about how it's helped our community."

If other communities created a bylaw, dog rescuing would be a lot more manageable for his team at K9 Advocates Manitoba too, said Brooker.

"Sometimes we find pups in bad condition in garbage dumps," he said. "Other times we've seen dogs attacking people ... even mulling children."

"It always changes."

During their clinic on Feb. 11, Brooker said he brought in more than 20 dogs to get vaccinated from different First Nations in southwest Manitoba, including two young pups that he found on the side of the highway.

Regardless of what action is taken towards domesticating dogs on First Nations, Brooker said awareness is the first step in the right direction.

"Making people aware of what's going on is necessary and for the most part, I'm really happy with how far we've come far," he said with a smile.

# WARNING!

## Thin ice conditions on Cooks Creek and the Red River in East Selkirk

In accordance with its operating licence, Manitoba Hydro's Selkirk Generating Station may be operating on an intermittent basis throughout the winter season. This will result in thin ice conditions on Cooks Creek.

The area affected extends from the mouth of Cooks Creek at the Red River, upstream on Cooks Creek to the discharge pipe near the generating station. The second thin ice area is on the Red River, at the location of the pump house near the station.

**Please exercise extreme  
caution in these areas.**



# Winnipeg couple helps honour local Korean War vets

By Lindsey Enns

A Winnipeg couple helped honour and recognize two local Aboriginal men for their service in the Korean War last week in Selkirk.

Frank Orvis, 86, of Selkirk and Gerald Bennett, 83, of Gimli were presented with an Ambassador For Peace medal and certificate on behalf of Canada's Korean consulate inside Orvis's Selkirk home last Friday afternoon.

Both men said it "felt great" to be honoured for their service.

Orvis served in the Korean War in 1953-54 and Bennett served nine months in 1953.

Wonjae Song and Olivia Do of Winnipeg have been busy trying to locate Canadian Korean War veterans for nearly four years. They are passing the information on to Canada's Korean consulate, which awards the veterans with medals and certificates honouring their service.

Song and Do are currently trying to track down more Indigenous Canadian veterans.

After reading about the couple's search in the Feb. 2 edition of the *Selkirk Record*, both Orvis and Bennett reached out to Song to share their stories.

To date, the couple has helped honour nearly 60 Korean War veterans and descendants. In January, Song also presented Brokenhead Ojibway Nation Chief and Sgt. Tommy Prince's nephew, Jim Bear, with a medal honouring Prince for his efforts during the Korean War.

Song is the publisher of *The Diversity Times*, and Do is the managing editor at *The Korea Times*, both of which appear in one monthly publication.

When Do and Song get in touch with a veteran, they share their story in their publication. Song said they are also putting together a book about Korean War veterans.

Do said one of the newspaper's mandates is to "help Koreans to understand our societal system and Canadian cultures," and sharing stories of Indigenous people is a way to achieve this.

"We believe that Koreans need to



RECORD PHOTOS BY LINDSEY ENNS

ABOVE: Wonjae Song of Winnipeg, pictured left, presents 86-year-old Frank Orvis of Selkirk, pictured right, and 83-year-old Gerald Bennett of Gimli, pictured far right, with a medal and certificate honouring them for their service in the Korean War last Friday. BELOW: Pictured from left to right: Wonjae Song, Frank Orvis and Orvis's wife Gail Jones, Gerald Bennett and his wife Alvina gathered at Orvis's Selkirk home last Friday afternoon. BOTTOM RIGHT: Orvis shows off some of his memorabilia from the Korean War last Friday.



integrate with other cultures," Do said during an earlier interview with the *Record*.

Do and Song immigrated to Canada from Korea in 2004. They say they have such a strong interest in the Korean War since many people call it the "for-

gotten war."

"When we met Korean War veterans, they told us that the Second World War history is well known, but the Korean war is not really known," Song said. "We don't want the Korean War forgotten."

Anyone that knows a Korean War veteran who are Indigenous Canadians or are their descendants are being asked to email Wonjae Song directly at [thediversitytimes@gmail.com](mailto:thediversitytimes@gmail.com).



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# Juice bar, eatery to host grand opening Saturday

## Staff

A new juice bar and eatery in downtown Selkirk is gearing up to host its grand opening this weekend.

The Mighty Kiwi Juice Bar and Eatery held a soft opening last Friday afternoon but will host an official ribbon cutting at their business located at 201 Manitoba Ave., inside the former Benjamins, at 12 p.m. on Saturday.

Owners Miranda Schmidt and Jocelyn Kreml, who are both 22 and are former co-workers at Anytime Fitness, noticed the scarcity of any similar businesses in Selkirk and began their business plan about a year ago, and have since turned that dream into a reality.

Some of their juice selections include Orange You Glad, Citrus Sunrise, The Hangover Cure and their signature green drink, The Mighty Kiwi. They also offer a variety of smoothies, paninis, wraps, salads and soups.

The owners also plan to host yoga workshops and to educate patrons



about health and well-being achieved through a fresh diet by serving all fresh, whole foods as well as gluten free options.

The Mighty Kiwi Juice Bar and Eatery is open 8 a.m. to 8 p.m. Monday to Friday and from 10 a.m. to 5 p.m. on Saturdays.

# City and Colour, The Shins to play Winnipeg Folk Fest

## Staff

City and Colour, The Shins and Feist are just some of the acts that will grace the Winnipeg Folk Festival stage this summer.

The festival's 2017 lineup, which also includes Brandi Carlile, Barenaked Ladies and Bruce Cockburn, was announced last Thursday evening.

"This year's lineup is a culmination of many influences and inspirations," Chris Frayer, the festival's artistic director, stated in a release last week. "Having the chance to travel abroad on behalf of the festival to discover talent creates a great opportunity to bring that sense of discovery back home to the summer fest to share. Over our 44-year history, our audience has come to expect and be moved by the musical diversity on our stages and this year's festival won't disappoint."

The 44th annual Winnipeg Folk Festival will take place on July 6 to 9 at Birds Hill Provincial Park.

To view the festival's full lineup or for more information, visit [winnipegfolk-festival.ca](http://winnipegfolk-festival.ca).

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# Former council took proper steps with sewer project, mayor says

By Jeff Ward

St. Andrews Mayor George Pike is pushing back against comments a councillor made regarding the Pruden Avenue sewer project and says the former council followed the bylaw process correctly.

Pike says Coun. Joy Sul's comments about how she believes the former council was misled on the sewer proj-

ect, didn't paint an accurate picture of the process. Pike said the former council followed all procedures correctly in having a public hearing in front of the Municipal Board and they felt the bylaw was proper and was ruled as such.

According to Pike, only one change was made by the Municipal Board and that was to increase the payment

term from 20 to 30 years. Pike added council has submitted Sul's most recent presentation made earlier this month to the RM's lawyer, Greg Trambley for review.

Pike explained that Sul has made many other presentations to council on this subject and that a full review of the entire process was conducted by CAO Andrew Weremy, which was then reviewed by Trambley and presented at their last meeting of council.

"The project is already finished and according to our legal counsel there is nothing we can do about it," said Pike. "We looked at it independently based on her comments in our (previous) council meetings and had our CAO go through the whole project since day one and he reviewed everything which was also looked over by our legal team and they found nothing wrong."

Pike said that even though the council did their due diligence in this matter he still wants to go over Sul's most recent presentation to council with their legal team. He said that he couldn't say what the next step in this process would be until he gets guidance from their lawyers. He added that he encourages all councillors to voice their opinions on matters they feel are important and won't deny the floor to anyone trying to do so.

Sul said she's happy to see her information is being reviewed by the legal team but feels that council still

has options according to the Municipal Act.

"Council has the power to repeal and amend bylaws, it's in the act," said Sul. "The information I presented definitely needs a legal opinion and I'm happy it's getting that, but we have the majority of residents in our neighbourhood who want this change to the bylaw — we want this to be fair."

Sul pointed to Section 147 (1) of the Municipal Act that states "the power to pass a by-law under this or any other Act includes the power to amend or repeal the by-law," and Section 147 (2) that states "the amendment or repeal of a by-law is subject to the same requirements that apply to passing the by-law."

Sul said that if this is the case and she has a majority of residents who want the change then council should look at that as an option.

The Pruden Avenue sewer system currently in the works in St. Andrews will see a sewer line run down Pruden Avenue and the municipality's plan is to charge homeowners per metre based on their frontage, meaning some residents will pay more than others for the same service.

According to a bylaw, the cost to each property owner is \$444.82 per metre of frontage.

More information about the project can be found by visiting the RM's website at [rmofstandrews.com](http://rmofstandrews.com).

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## Alcohol a factor in Hwy 9 crash, RCMP says



RECORD PHOTO BY BRETT MITCHELL

Selkirk Fire Department members attend to the scene of a two-vehicle crash at the intersection of Highway 9 and Manitoba Avenue in Selkirk last Thursday around 7:20 p.m. Alcohol was a factor in the crash involving an SUV and a car and there were no injuries, according to RCMP.

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# Polinuk, Long set to take on top LSSD leadership roles

By Lindsey Enns

Two Lord Selkirk School Division (LSSD) graduates will soon be taking on new leadership roles within the local school division.

The LSSD announced last week that current assistant superintendent Michele Polinuk will replace Supt. Scott Kwasnitza when he retires in June. The division also announced that current Comp principal Jerret Long will be named the new assistant superintendent.

Both Polinuk and Long will officially start their new roles on July 1.

"Being in my current role as assistant superintendent for seven years has prepared me very well for the upcoming superintendent role," Polinuk said. "We're going into some interesting times ahead in education ... trying to keep the quality of education at the forefront during budget cutbacks. That's going to be something that will be the challenge for us."

Evolving technology and the role it plays in the classroom will also be a challenge for the division, Polinuk said.

"It will be about having that joy and wonderment of learning yet trying



MICHELE POLINUK



JERRET LONG

to get those higher level skills ... you need in whatever job you end up going into."

Polinuk is a graduate of the LSSD and has held administrative positions in the division as assistant superintendent (2010 to present), principal of Lockport School (2009-2010), vice-principal of the Comp (2003-2009), and vice-principal of Happy Thought School

(2001-2003).

She also has Bachelor of Arts and a Bachelor of Education degrees from the University of Winnipeg, and received her Post Baccalaureate Diploma in Education and Master of Education degree from the University of Manitoba.

As a member of the Manitoba Association of School Superintendents (MASS), Polinuk has served on numerous committees including curriculum, public relations/policy, and research.

She is also an active community volunteer and ambassador, serving as past president of Selkirk Rotary and board member of the Selkirk and District Community Foundation.

Polinuk and her husband Gary are long time area residents and supporters of many community initiatives.

Long is also a graduate of the LSSD and has held administrative positions in the division as principal at the Comp (2012 to present), vice principal at the Comp (2009-2012), principal at William S. Patterson School (2008-2009), and vice-principal at St. Andrews School (2007-2008). He was first hired in the LSSD as a teacher at Ruth Hooker School in 1999. He also has previous administrative experience as teaching vice-principal at Keystone Christian School (1998-1999).

Long, who currently lives in Winnipeg, has Bachelor of Education and Bachelor of Physical Education degrees from the University of Manitoba, and he received his Master of Educational Administration degree from Memorial University.

Long said he is also ready to take on any new challenges that come his way in his new role as assistant superintendent.

"I grew up in this division ... and I taught in this division so it will be great to be a part of the leadership team moving the division forward," Long said.

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# Organizers deem Ride for Scott, HD500 a success

By Lindsey Enns

Despite mild winter weather putting a stop to the snowmobile portion of this year's Ride for Scott and the HD500, organizers say each event was a success.

"What the weather proved this year is that everyone who has been a part of this thing for the past few years, they realize that the main focus is to raise money for a couple of great causes," said Brett Mitchell of Selkirk who is also the organizer behind the HD500, which helps raise funds for Huntington's disease care and research. "They know about the main reason why this is all happening and they want to be a part of that main reason."

This year's HD500 event, which was held in Bird Lake on Feb. 24-25, raised \$30,000 for the Huntington's Society of Canada, Manitoba chapter.

Mitchell said the annual event is held in honour of his father, Lloyd, who worked for Bombardier for about 20 years and died from Huntington's disease in 2009.

Huntington's disease is an inherited brain disorder that causes cells in parts of the brain to die.

As the brain cells die, a person with



SUBMITTED PHOTO

Kris Sutherland, pictured left, of Progressive Waste Solutions and Jason Sargent, pictured right, of Steeltown Ford in Selkirk helped make this year's HD500 fundraiser in Bird Lake a success according to organizer Brett Mitchell.

Huntington's becomes less able to control movements, recall events, make decisions and control emotions.

The disease leads to incapacitation and eventually death generally due to

other health complications.

Along with Steeltown Ford in Selkirk, Progressive Waste Solutions was this year's event sponsor.

"Even though the conditions were

not great for sledding, we still had a great time and the camaraderie that we have and the group that we have it's a lot of fun," said Kris Sutherland of Progressive Waste Solutions.

This year's Ride for Scott, held on Feb. 17-18 and organized by Jason Sargent of Steeltown Ford, was held in conjunction with a Steeltown Ford event at Hecla Island Provincial Park and helped raise nearly \$20,000.

Sargent, along with his family and friends take part in the event each year in honour of Sargent's late brother, Scott, who died in a snowmobile accident in 2004.

Over the years the event has raised more than \$125,000 for Scott's Memorial Fund, which goes to the Children's Rehabilitation Foundation to support children living with disabilities in Birds Hill, Selkirk and surrounding areas.

"There's more to it than just doing the ride," said Sargent, who also took part in this year's HD500. "There's raising money, there's the memory of my brother, there's the camaraderie ... my brother's favourite thing was just to snowmobile so there's just so many things about it."

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**AGENDA ITEM: Members will vote on the following By-law Amendment:**

To amend clause 4.03 (b) from:  
Further Qualifications [Section 184]  
4.03 No person shall be a director unless that person or an entity of which that person is an officer, director, or member:  
(b) purchased goods or services, or a combination of both, from the Cooperative during the last financial year of the Cooperative, worth the collective amount of at least \$500.00; and

To state the following:  
(b) purchased goods or services, or a combination of both, from the Cooperative during the last financial year of the Cooperative, worth the collective amount of at least \$1,250.00; and

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### OIL PAINTING – THE FALLS

**\$60**  
**Saturday, May 20**  
**1:00 – 4:00 pm**  
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**7:00 – 9:00 pm**  
**(6 sessions)**  
 Learn the fundamentals of sewing. Learn to hem those pants and replace those zippers. Or get the family together and create a family heirloom quilt with your loved ones clothes and wrap yourself in memories. Materials and supplies will be discussed during first class based on project choices. Participants may bring your own machines, or try out the skill here at the school. No experience necessary.  
**Room 175**



### LEATHER WORKS with Amber Cook

**All Premium Supplies included! Many different material choices! See Website for Full Class Details.**  
**Group Instruction, Please Be On Time**  
**Room 149**



### FRINGE PURSE

**\$140**  
**Thursdays, May 11 – Jun. 1**  
**6:30 – 9:00 pm**  
**(4 sessions)**



### FRINGE BOOT OR WRAP

**\$140**  
**Tuesdays, May 9 – 30**  
**6:30 – 9:00 pm**  
**(4 sessions)**



## HEALTH & WELLNESS

### HATHA YOGA \$75

**With Cecilia Malcolm**  
**For Stretching and Relaxing Work at your own Level!**  
**Mondays, Apr. 10 – Jun. 12**  
**NO CLASS: May 15 & 22**



**5:30 – 6:30 pm (Continuing Beginners) OR 6:45 – 7:45 pm (Beginners)**  
**(8 sessions)**

Explore the ancient practice of yoga asana (poses). Learn to balance the asana with the breath to unite the body, mind and spirit. Benefits: develop bone density, balance, stress release, increase blood circulation, ease of joint movement, overall general health. Beginners will be taught the basic foundation of yoga while the continuing beginners learn refinement to the poses to take your yoga one step closer to balancing the mind, body and spirit. **Bring a Yoga Mat!**  
**Library**

### REIKI LEVEL 1

**\$125**  
**With Bonnie Ryall, Certified Usui Reiki Master**  
**Thursdays, Apr. 13 – May 11**  
**NO CLASS: Apr. 20**  
**7:00 – 9:00 pm**  
**(4 sessions)**

Are you stressed or feeling anxious? Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is based on an unseen "life force energy" that flows through us. Level 1 includes an overview of what reiki is, the history of Reiki, attunements, hand placements and self and group practice. Opening the energy channels on a physical level, through initiation to the energies.  
**Library**



### REIKI LEVEL 2 \$175

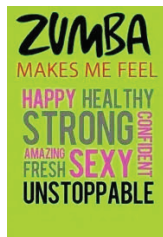
**With Bonnie Ryall, Certified Usui Reiki Master**  
**Thursdays, May 25 – Jun. 15**  
**7:00 – 9:00 pm**  
**(4 sessions)**

In Reiki Level 2 (also called 2nd degree), you receive an attunement which opens your heart chakra as well as expanding the opening of the energy channels. Learn sacred symbols, their form, sound and meaning, which will enable you to consciously direct Reiki energy. The Reiki symbols allow the practitioner to connect more deeply to the universal energy, as well as draw on the qualities that the symbols represent. This includes the ability to provide distance Reiki, or sending healing energy to individuals wherever they may be. Prerequisite is Reiki level 1  
**Library**

## FITNESS & SPORTS

### ZUMBA and ZUMBA TONING with Melissa

**\$80 for One Class (9 sessions)**  
**\$135 for Two (18 sessions)**  
**ZUMBA CRAZY Bonus - \$180 for ALL Three Classes (Best Value!) (27 sessions)**



**ZUMBA Mondays, Apr. 10 – Jun. 12**  
**NO CLASS: May 22**  
**7:00 – 8:00 pm**

**AND/OR Thursdays, Apr. 13 – Jun. 15**  
**NO CLASS: Apr. 20**  
**6:00 – 7:00 pm**

**Ditch the workout, Join the party!** Zumba is a dance-fitness class that incorporates Latin and international music and dance movements, creating a dynamic, exciting, exhilarating and effective fitness system in a party like atmosphere. No dance experience necessary.  
**\$10 Drop ins Welcome!**  
**Cafeteria**



### ZUMBA TONING

**Mondays, Apr. 10 – Jun. 12**  
**NO CLASS: May 22**  
**6:00 – 6:45 pm**  
 Party while putting extra emphasis on toning and sculpting to define those muscles! Adding resistance by using lightweight maraca-like Zumba® Toning Sticks, helps you focus on specific muscle groups, including arms, core and lower body, so you (and your muscles) stay engaged! Please bring maximum 3 lbs. dumbbells.  
**\$10 Drop ins Welcome!**  
**Cafeteria**



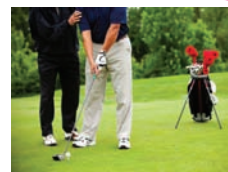
### STRONG AND LEAN

**\$95**  
**Tuesdays, Apr. 11 – Jun. 13**  
**6:30 – 7:30 pm**  
**(10 sessions)**

Complete and total body workout, utilizing resistance and cardio training, which masterfully combines resistance, intervals, power and plyometrics - all of these components will help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective. Great for all fitness levels.  
**Cafeteria**

### GOLF for Beginners

**\$75**  
**Age 14 & up**  
**Wednesdays, May 3 – 31**  
**6:30 – 7:30 pm**  
**(5 sessions)**



**Interested in Intro to the Game of Golf at an affordable price?** Your instructor will guide you through the basics of the game including stance, grip and swing. Students will get an opportunity to practice all the skills of the game including putting, chipping, approach shots and driving. Will be open to all but tailor to beginners.  
**High School Gym and Field (Please Meet in Gym)**

### NEW - MARTIAL ARTS

**\*Bonus - Save \$15 and Register for Both Thai Fit and MMA Conditioning**

### THAI FIT! Muay Thai Kickboxing

**\$100**  
**Saturdays, Apr. 15 – Jun. 17**  
**NO CLASS: April 22 & June 3**  
**9:00 – 10:00 am**  
**(8 sessions)**



This exciting new class will be dedicated to providing you with an intense workout while you learn the "art of eight limbs", the martial art known as Muay Thai. Our instructor has over 15 years of experience in the fighting arts and has competed for 7 years. We look forward to providing everyone with a safe, fun, engaged and energized environment. Let's kick start your day properly! Ages 12 and up - come out, throw some kicks, feel amazing and have fun! Students will need to purchase a pair of gloves for the second class.  
**Upper Gym**

### MMA CONDITIONING

**\$100**  
**Saturdays, Apr. 15 – Jun. 17**  
**NO CLASS: April 22 & June 3**  
**10:00 – 11:00 am**  
**(8 sessions)**

**Ages 12 and Up.** A mixture of Greco Roman based movements normally categorized as Olympic wrestling, physical drills based off of the Brazilian art known as Brazilian Jiu Jitsu, boxing, plyometrics. A well rounded program to help get into shape while learning basic fundamentals of the fighting arts. Students will need to purchase a pair of gloves for the second class.  
**Upper Gym**

## YOUTH SAFETY

### BABYSITTING SAFETY

**\$55**  
**Ages 11-15**  
**Saturday, Jun. 17,**  
**9:00 am – 5:00 pm**  
**Youth ages 11 - 15 come learn to be a safe, Red**



**Cross certified Babysitter.** Be a fun babysitter while keeping babies, toddlers, pre-school and school age children safe. Learn to recognize household hazards. Red Cross program teaches safety to be home alone, how to handle emergencies such as choking and injuries, how to contact emergency rescue workers or 911 operators. Class includes textbook and laminated wallet certificate. Bring a bagged lunch. Please drop off and pick up children on time. No additional supervision before and after class.  
**Library**

### PEOPLE SAVERS Level 3

**\$30**  
**Ages 8 & up**  
**Tuesday, May 16, 6:00 – 8:30 pm**

This Red Cross program will teach important safety awareness & basic first aid to elementary school aged children. Students will receive a workbook to follow through the class, learning to recognize a variety of everyday situations that could be dangerous. Students will learn to be prepared, check for safety, call for help and care for a person in an emergency situation such as choking or injury with first aid skills. Please drop off and pick up children on time. No additional supervision before and after class.  
**Room 145**



# Spring 2017 PROGRAM

## SAFETY FIRST

### FOOD HANDLERS

**\$115**  
Includes work book  
**Saturday, May 13**  
9:30 – 4:30 pm  
(1 session)  
Recommended for anyone looking for a job or presently working in the food services industry. Learn the principles of safe food handling and upon successful completion, receive a **Province of Manitoba Level I Food Handling Certificate** (valid for 5 years). There is a short lunch break (30 minutes).  
**Room 141**

### RE-CERT

**\$70**  
Exam only  
3:30 - 4:30 pm  
**Room 141**



### STANDARD FIRST AID

**\$125**  
Includes Canadian Red Cross First Aid & CPR Manual  
**Saturday & Sunday, Apr. 29 & 30**  
Saturday 9:00 am – 5:00 pm & Sunday 10:00 am – 4:30 pm  
(2 sessions)  
Certification is valid for three years and includes CPR C and AED. Canadian Red Cross Certification is recognized by all employers.  
**Library**

### BOAT SAFETY

**\$70**  
**Saturday, April 29 OR Saturday, June 3**  
8:30 am – 4:30 pm  
(1 session)  
**ALL boat operators are now required to possess a Pleasure Craft Operator Card (PCOC) regardless of age of the operator or size of boat operated.** Attend our Transport Canada approved course just before the boating season starts. Minimum age to attend – 8 years old. **Course includes your Transport Canada test and competency card (PCOC).** Manual may be purchased from instructor day of class for \$13.00.  
**Room 148**



### CANADIAN FIREARM SAFETY COURSE (CFSC/PAL Course)

**\$100**  
**Saturday, May 27**  
8:30 am – 6:30 pm  
(1 session)  
**Minimum Age 12**  
All students need to bring ID and a lunch. Students age 12-17 need to have consent from their parent. To be eligible to apply for a Possession and Acquisition License, classroom participation in the full CFSC is mandatory for first-time license applicants. Once the course is completed, individuals will then have to pass the tests. For full course information please visit [www.selkirkconed.com](http://www.selkirkconed.com) or call the office at 204-785-7312.  
**Room 142**



## PERSONAL INTEREST

### COMPUTERS

**\$100**  
**Wednesdays, Apr. 12 – May 10**  
6:30 – 9:30 pm  
(5 sessions)  
NEWLY REVISED! Come out for this interactive 5 night class and learn about the basics of using your computer. We begin with an exploration of what makes up a computer before moving on to learning how to navigate Windows, common programs, the Internet and Email, and finally backing up and protecting your computer. Interactive handouts and activities are included every night. Bring out your own laptop if you want, and as many questions as you need answered!  
**Room 276**

### BASIC SPANISH

**\$80**  
**Wednesdays, Apr. 12 – May 31**  
5:30 – 7:00 pm  
(8 sessions)  
Designed for adults who want to learn Spanish but have no previous experience. Learn basic vocabulary and sentence structure. Each class will have a listening component where students will have the opportunity to practice listening and speaking in Spanish. No experience necessary.  
**Room 182**



### SPANISH LEVEL 2

**\$80**  
**Wednesdays, Apr. 12 – May 31**  
7:00 – 8:30 pm  
(8 sessions)  
If you have ever taken Spanish lessons, this class is for you. Practice your skills and learn more vocabulary, improve your listening and writing skills. We will use a variety of methods to learn, from fun games, to listening to music and conversations.  
If you have knowledge of the French language, you are welcome to join this class!  
**Room 182**



### WOOD WORKING at E.S.M.S

**\$105**  
**Tuesdays, Apr. 11 – May 16**  
6:30 – 8:30 pm  
(6 sessions)  
Ages 18 to 95, and for all levels of skills. First class covers safety and project plans. Includes instruction on the safe use of the table saw, band saw, drill press, planner, air nailer, jigsaw and all hand tools for woodworking. Projects will be up to you, make what you like or copy the instructor's project. Material cost not included.  
*Please bring safety glasses.*  
**Wood Working Lab at East Selkirk Middle School**

### WELDING

**\$130**  
**Wednesdays, Apr. 12 – May 17**  
6:30 – 8:30 pm  
(6 sessions)  
**For Males/Females ages 16 to 95!**  
**No Experience Necessary!**  
You will learn how to do basic welding procedures in Gas + Mig, plasma cutting, & brazing. Shape metals and weld them together to make a project to take home. Please wear clothing that you don't mind getting holes in and dirty, or coveralls. The welding material you will be using can be purchased through the instructor or can be brought from home. Will be discussed at first class.  
**Safety glasses and welding glasses #5 or 6 need to be brought to 1st class.**  
**Metals Shop**

### GUITAR for Beginners

**\$70**  
**Wednesdays, May 17 - 31**  
6:30 – 9:30 pm  
(3 sessions)  
**A small booklet of songs is provided along with your two nights of fun!**  
Come on out with your acoustic guitar to these beginners classes of playing. Spend the two evenings learning the basic cords and a couple of strum patters to play a few tunes. Bring along your favorite requests and learn how to play along in minutes.  
*Limited class size!*  
**Room 141**



### DIGITAL CAMERA FUN

**with Brent**  
**Smile – Bring your camera!**  
**BONUS: Take \$5 off second class!**

### TIPS & TRIX \$35

**Thursdays, May 4 & 11**  
7:00 – 9:00 pm  
(2 sessions)  
Basic knowledge & procedures to take great photos & saving/printing pictures.  
**Room 142**

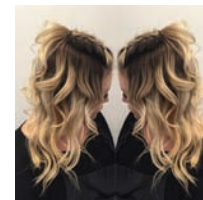
### TAKE IT TO THE NEXT LEVEL

**\$35**  
**Thursdays, May 18 & 25**  
7:00 – 9:00 pm  
(2 sessions)  
You've mastered the basic settings; now seek its full potential. Explore creative settings, lighting techniques, composition & studio photography. Bring camera, take photos & make prints for a homework assignment.  
**Room 142**



### D.I.Y. TRENDING HAIR STYLES

**\$60**  
**Tuesdays, May 2 – 30**  
6:00 – 7:30 pm  
(5 sessions)  
Skip the salon and learn some easy tips and tricks to keep your hair looking fun and off your face this summer. Class will consist of different types of braids, styles for all ages, simple updos and curling using flat irons and other tools. No models necessary as well will have mannequin heads available for use. Please do bring a comb, brush, and your imagination as we get creative together.  
**Cosmetology Lab**



### SMALL ENGINE REPAIR

**\$120**  
**Spring Tune Up!**  
**Tuesdays, Apr. 11 – May 16**  
6:00 – 9:00 pm  
(6 sessions)  
Come with lawn equipment such as weed wacker, lawnmower or tiller.  
Hands on maintenance for beginners. Learn in a few easy lessons how you can save on repair and maintenance. Covers basic operating principles and trouble shooting in a relaxed environment. Must be a take home project each week.  
Please bring a ratchet set, oil, gas, a flat screwdriver, rags, flashlight and pencil.  
**Room 199 Power Mech. Lab**



## YOUTH CLASSES

### DANCE

(Ages 6 & up)  
**\$75**  
**Mondays, Apr. 10 – Jun. 12**  
**NO CLASS: May 22**  
5:00 – 6:00 pm  
(9 sessions)  
Come move to the groove with Gabby! Introduction to Jazz, Ballet and Hip-hop dancing. Performance for parents on the final evening!  
**Cafeteria**

### INTRO TO ACTING & THEATRE (Ages 7 & Up)

**\$70**  
**Tuesdays, Apr. 25 – Jun. 13**  
6:00 – 7:00 pm  
(8 sessions)  
"Have you ever wondered how to play a specific character for a play? Or how to mime? Or are you simply wanting to just gain confidence? Come join us on Tuesday evenings for a glimpse into the theatrical world! This class is for beginners, so do not worry if you have no experience. All you need is an open mind and a little creativity!"  
**Theatre**

### LEGO BASED SOCIAL SKILLS GROUP with Kristian Hooker

**\$160**  
**Wednesdays, Apr. 12 – Jun. 14**  
**NO CLASS: June 7**  
6:00 - 7:30 pm  
(9 sessions)  
Kristian Hooker merges his fun-filled LEGO® Based Social Development Therapy sessions and Social Skills Games Sessions. Sessions involve engaging groups of children on the Autism Spectrum and teaching the value of teamwork, strategic thinking, communications and friendship all the while enjoying LEGO activities and other fun group board and card games.  
**Room 132**



# S.C.P. Selkirk Community Pool

SCHOOL - COMMUNITY - POSSIBILITIES

## 2017 Spring Programming

The Comp 221 Mercy Street | Selkirk Mb | 204 785 7310

Registration On Line March 21, 2017 6:00am  
[selkirkcommunitypool.weebly.com](http://selkirkcommunitypool.weebly.com)

/in person/phone March 23, 2017

Pool closed April 14- 16, 22 May 21, 22

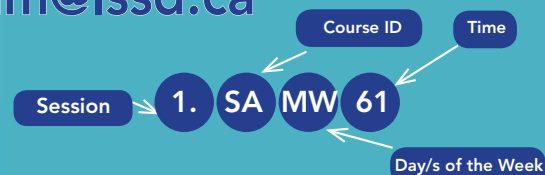
Questions or concerns contact pool manager. [mstamm@lssd.ca](mailto:mstamm@lssd.ca)

Registration: Please note call if there is a discrepancy in courses advertised and those open for registration.

Step 1: Prior to registering > Select the activity – Learn to swim level that best suits the participants needs.

Step 2: Prior to online registering > search for and note the course codes for courses of interest.

Step 3: Select the course you want to register for and register.



## Red Cross Swim Schedule

**Monday & Wednesday 2-4 week sess.**  
 1. Apr 5-May 1 2. May 15-June 12

Sea otter 5:15	Salamander 5:15	level 1 5:15
Sun Fish 5:50	Level 1 5:50	Sea Otter 5:50
Level 1 6:25	Salamander 6:25	Level 2 6:25
Level 2 7:00	Level 3 7:00	Level 4 7:00
Level 5&6 7:35		Level 7&8 7:45
Level 9/10 7:45-8:30PM	PRESCHOOL MONDAY MORNING STARTING APRIL 3.	

**Tuesday & Thursday 2-4 week sess.**  
 1. Apr 6 - May 2 2. May 16 - June 8

Sea Otter 5:15	Salamander 5:15	Level 1 5:15
Level 1 5:50	Sea Otter 5:50	Salamander 5:50
Level 2 6:25	Level 3 6:30	Level 1 6:25
Level 4 7:00-7:40	Level 5/6 7:00-7:45PM	

**Friday 8 Weeks**  
 Apr 21 - Jun 9

Sea Turtle 5:15	Level 1 5:15	Sea Otter 5:15
Salamander 5:50	Sea Otter 5:50	Level 2 5:50
Level 3 6:25	Level 5/6 6:25	Level 4 6:25
	Level 7/8 7:10	Level 9/10 7:10

**Saturday 7 Weeks**  
 Apr 29 - Jun 10

SK1 11:00-11:35		
SAL 11:40-12:05	SO 11:40-12:05	SK1 11:40-12:05
SK2 12:20-12:40	SK4 12:20-12:40	SK3 12:20-12:50
SK5 1:15-2:05	P&C Drop-in 1:15-1:30	SAL 1:15-1:30
SO 2:10-2:50	SK1 1:50-2:05	SK2 1:55-2:05
	Adults & Teens 2:30-2:55	

**Sunday 8 Weeks**  
 April 23 - Jun 11

SEA TURTLE 11:15	Level 4 11:15	Level 1 11:15	Sea Otter 11:15
P&C Drop In	Level 7/8 12:00	Level 3 11:50	Level 1 11:50
Sunfish 12:25	Level 5/6 12:50	Level 2 12:25	Salamander 12:25
Level 4 1:00	Level 3 1:35	Sea Turtle 1:00	Salamander 1:00
Level 9/10 1:45	Sea Turtle 2:15	Sea Otter 1:35	Level 2 1:35

**Programs**

Pool Rentals available on Saturday and Sundays throughout the year. Contact the Pool office for times {\$90.00 +gst per hour lifeguard included}

**Lap Swim**

Morning and afternoon lap swim opens

- Mon - Wed 7:00-8:00pm
- Tues - Thur 7:30-8:30pm
- Fri 7:00-8:30am

**Open Swim**

Friday Loonie Swim 7:00-8:30pm  
 Saturday 1:00-3:00pm  
 Sunday 3:00-4:00

**Spring Break**

Open swim 1:00-3:00pm

**PADI Discover**

1 week condensed

**Swimming lessons March 27 - 31**

**Aquafit**

9:00-10:00am Monday - Friday

**Lap Swim**

7:00-9:00am Monday - Friday

Follow us for flash updates!

[SelkirkCommunityPool.Weebly.com](http://SelkirkCommunityPool.Weebly.com)

**Passes**

**Lap Swim passes**

Adult 10 visits - \$35.00	Senior 10 visits - \$20.00
20 visits - \$60.00	Teen 20 visits - \$35.00
30 visits - \$80.00	30 visits - \$50.00

Lap swim and Aquafit passes can be purchased online. Lifeguard must punch your pass for entry to the pool. Adult drop in \$10.00 Aquafit Adult drop in \$5.00 Lap swim.

**NEW Aquafit passes**

no need to commit to one class use your pass for any class.

10 visits - \$70.00
20 visits - \$130.00
30 visits - \$180.00

**Open Swim (Exact change) Friday toonie swim**

Adult or Student	\$ 5.00	18+
Preschool child	Free	0 - 4yr
Child	\$ 2.00	5 - 12yr
Teen	\$ 3.00	13 - 17yr
Family	\$10.00	

(For purposes here, we define a "family" as an adult and their immediate children to a maximum of 5).

**Professional Development**

National Lifesaving Course • Bronze Medallion Friday  
 Bronze Cross Friday • Bronze Star  
 Water Safety Instructor  
 Red Cross Lifeguard program.

**Unsure what level to register for?**

Contact [mstamm@lssd.ca](mailto:mstamm@lssd.ca) or call 204-785-7310 to schedule a screening

**Public admission entry requirements:**

Limited unlocked lockers available. Do not leave valuables in the locker or change room. The facility is not responsible for loss or damage to belongings. Children under 7 who cannot swim must be accompanied by Parent, Guardian/Caregiver and over 16. 1:4 ratio.

Children 7 and older who are not 44" tall must also be accompanied as noted above. Children 7 and older must change in gender specific change rooms. Lifeguards have complete authority – safety first. Lifeguards are to provide a safe and enjoyable experience at our pool. The primary function is to provide accident prevention through patron education, awareness and directing patrons' behaviour. They are to work with patrons to ensure they understand the pool rules, entrance requirements and identify potential risks and to be water smart at the pool.

No credit after start of classes. No refunds after start of class. 3 day prior \$15 admin fee. No transfers.

**Pool Rentals**

The pool is available on a first come /first serve basis for birthday parties, windups and private functions. The rate is \$90 per hour plus GST. This includes 2 lifeguards. For rentals, please contact Michelle at 204-785-7310 or email [mstamm@lssd.ca](mailto:mstamm@lssd.ca). Booking requests available on-line [selkirkconed.com](http://selkirkconed.com)

# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Composite decking can be a smart choice

Decks add character and functionality to a home, increasing outdoor entertaining space and oftentimes improving the resale value of a home. Homeowners have various options when choosing decking materials, but one such option, composite decking, is growing in popularity.

Decks used to primarily be made from pressure-treated lumber. While lumber remains a popular material, more and more homeowners are opting for composite decking products. As anyone who has pressure-washed, stained and sealed wood decks can attest, such spaces require lots of upkeep to look new year after year. Composite decks require much less maintenance, making them highly attractive to homeowners who would rather spend time using their decks instead of maintaining them.

Composite decking is any type of

decking material that is formulated from different recycled materials. The majority of these materials include hard plastic and wood shavings of pulp. Unlike wood, which can fade, crack and rot, composite decking, which has been available for roughly a decade, does not degrade quickly and requires very little upkeep.

Available in a variety of wood colors to match outdoor decor, composite decks also can feature artificial wood grains to make them look similar to wood planks. Although composite decks are not completely impervious to the elements, with some occasional washing to impede mold growth and new technology that has improved stain-resistance, many of the pitfalls of other materials can be avoided with composite decks.

Composite decking fits in with eco-friendly lifestyles. The planks are

made from recycled materials that would normally end up in landfills. Products from Trex, a popular composite decking manufacturer, are made from 1.5 million shopping bags and wood mill waste. As composite decks do not rot away and are long-lasting, they will not need to be replaced frequently, which is another eco-friendly benefit.

When comparing composite decking brands, look mainly at the colors, materials used in the composition and the fastening systems. Many are fastened with regular deck screws, offers This Old House. The newer systems have channels for hidden fastening, and the composite deck tiles snap into place.

Composite decks do have a few drawbacks. They can be expensive - nearly double the initial cost of wood decks. And although they don't rot,



Composite decking can mimic the look of wood, but requires much less maintenance.

composite planks can scratch. Without refinishing, damaged boards will need to be replaced. Harsh chemicals may fade color and damage the composite materials, so caution is needed.

Composite decking remains an in-demand choice for outdoor spaces. Low-maintenance and long-lasting, these decks have quickly become favorites among homeowners.

Jeremy Zdrill's  
**YOUR Signature TEAM**  
EXPERIENCE ELITE SERVICE

ROYAL LEPAGE  
Prime Real Estate  
INDEPENDENTLY OWNED AND OPERATED

Selkirk Office 204.482.4130  
Winnipeg Office 204.989.7900  
Email info@yoursignatureteam.ca  
Website yoursignatureteam.ca

*#1 Selling Team in Selkirk, MB for 2016*  
- based on actual MLS stats for sold units & dollar volume in Selkirk (R14)



Jeremy Zdrill Nico Anania Mandy Mytz Brian Zdrill

### FEBRUARY 2017 MARKET REPORT

#### SELKIRK

##### SOLD PRICE

2017	2016
Avg. Sale Price: \$207,833	Avg. Sale Price: \$245,300
YTD Avg. Sale Price: \$205,136	YTD Avg. Sale Price: \$243,146

PRICE INCREASE YTD: -0.84%

##### DAYS ON MARKET

2017	2016
Average: 17	Average: 64

##### NUMBER OF HOMES SOLD

Sales: 9	Sales: 8
----------	----------

ACTIVE LISTINGS: 38

#### ST. ANDREWS

##### SOLD PRICE

2017	2016
Avg. Sale Price: \$398,475	Avg. Sale Price: \$351,080
YTD Avg. Sale Price: \$318,200	YTD Avg. Sale Price: \$326,378

PRICE INCREASE YTD: -.97%

##### DAYS ON MARKET

2017	2016
Average: 86	Average: 90

##### NUMBER OF HOMES SOLD

Sales: 4	Sales: 5
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ACTIVE LISTINGS: 42

#### ST. CLEMENTS

##### SOLD PRICE

2017	2016
Avg. Sale Price: \$430,000	Avg. Sale Price: \$376,500
YTD Avg. Sale Price: \$394,167	YTD Avg. Sale Price: \$385,417

PRICE INCREASE YTD: 1.02%

##### DAYS ON MARKET

2017	2016
Average: 45	Average: 27

##### NUMBER OF HOMES SOLD

Sales: 2	Sales: 5
----------	----------

ACTIVE LISTINGS: 25

# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## 6 Easy Spring Cleaning Projects

Warmer days are here and what better way to spend them than cleaning? Although enjoying the great outdoors is probably high on many a to-do list come spring, by the end of winter, homes can probably do with a much-needed overhaul. Owners and renters can rely on temperate days to throw open the windows and engage in some easy spring-cleaning projects. The earlier one begins spring clean-

ing, the more quickly he or she will be able to head outside and bask in the warm spring sun.

Spring cleaning tasks can be stretched out across several days to make the jobs more manageable. While certain spring cleaning tasks can be time-consuming, many projects can be started and completed in 30 minutes or less.

1. Look up

Start by looking up at ceilings, molding and ceiling fans. Chances are strong that some cobwebs and dust have formed in these areas. Always begin cleaning by working from the top downward so you don't have to clean any tables countertops or floors twice. Static-charged dusting cloths

work well to catch and contain dust. Use a pillowcase on ceiling fan blades to clear the dust and keep it from cascading to the floor.

2. Blinds and curtains

Heavy window treatments can be removed and replaced with more gauzy

Continued on page 21

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## > SPRING CLEANING, FROM PG. 20

fabrics. This lets in more light and warmth from the sun. Many curtains can be freshened up right in the laundry, but blinds may require a bit more effort. If the blinds can be snapped out of the brackets, place them in a tub full of vinegar, dish soap and water. Allow them to soak and then rinse with the shower nozzle. Stationary blinds can be cleaned with using an old sock over your hand dipped in a vinegar-and-water solution.

### 3. Change linens

Remove and launder bed linens. While the linens are in the wash, thoroughly dust all furniture and vacuum the carpets. Move furniture so you can reach areas where dust gathers, such as under the bed or dresser.

### 4. Grout cleaner

Grade school science lessons can be put to use as you look to remove stubborn dirt. Combining baking soda and vinegar produces a reaction that causes the formation of gassy bubbles. These bubbles can help to break up dirt that clings to crevices, such as grout between tiles. Some light scrubbing and then subsequent rinsing can rid surfaces of hard-to-remove dirt.

### 5. Vacuum vent intakes



Many houses are heated by forced-air systems. The air intake vents can become clogged with dust and other debris. Vacuum these vents so that air flow is not impeded. Let the heat run for a few minutes to catch any small particles that become dislodged, and then change the furnace filter.

### 6. Clean out the refrigerator

Now is a great time to remove any of those mystery containers growing fuzzy experiments in the back of the refrigerator. Take the food out of the refrigerator and use a food-safe cleaner to scour the shelves and inside of crisper drawers.

Spring cleaning is a necessary task, but it doesn't have to be a headache. Break up the work into manageable chunks of time, and projects won't feel like such a hassle.

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## What to expect with a tree removal

Trees serve many purposes for a landscape, providing shade and habitats for birds and other animals and serving as natural blinds between two homes. Trees are often beautiful elements of a natural landscape, adding aesthetic appeal to a property or even an entire community. But there are times when a tree must be removed, an action that, in

many instances, requires the services of a professional tree service.

A tree with roots invading the foundation of a home or infringing on a patio or walkway can become a safety hazard. Other trees may cast shade where a pool is planned or cause disagreements between neighbors when the tree straddles a property line. These are instances

when tree removal will be necessary, and a reputable service can advise as to the best methods for rid-

ding the property of the troublesome tree.

Homeowners will need to do a bit of planning and research to remove trees safely and securely. It is best to contact a variety of different tree removal services and compare their offerings and prices. The cost of a tree removal will vary depending on various factors, including the height of the tree, its width, the number of branches it has, its location on a property and the proximity of that location to potential hazards like power lines. Tree removal may range from a few hundred dollars to several thousand.

When a tree is being removed, most of the branches will be removed to make

the tree more manageable. Trees are rarely chopped at the base and allowed to fall, as there simply isn't enough room to safely take this approach. Sections of the tree will be cut, roped off and slowly lowered. A climber will scale the tree or use a cherry picker machine to reach the top of the tree to facilitate the process.

The pieces of the tree will be loaded into a wood-chipper for grinding before they are hauled away. Larger, heavier portions of the stumps may need to be moved later on with machinery. Hauling trees off the property may cost extra, so it is important that homeowners read their contract thoroughly before signing on the dotted line.

Additional costs may be factored into the bill. These can include stump-and-root grinding. Trees will be cut down to the stump. To prevent eyesores or tripping hazards, some homeowners opt to have the stumps ground down into sawdust. This will not remove all of the roots but will take care of most of the above-ground portion of the remaining stump. It is usually up to the homeowner to discard the sawdust or use it as a mulching material.

Expect the ground around the former tree to be soft, and there may be a depression depending on how much stump grinding took place. Some people prefer to wait a season for the ground to recover before planting something new. It may take a while for grass to sprout where a tree was once located, and there may be bare spots when grass starts to grow in.

Tree removal can be an expensive venture but is necessary for different reasons. Be sure that tree-removal services are fully insured before signing a contract. For professional tree removal service in Selkirk and surrounding areas contact Step Up Tree Removal at 204-785-3273.



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# Outdoor summer music festival to rock St. Andrews

Staff

A long-time musician from St. Andrews says he's on a mission to keep live music alive and well in Manitoba.

"I do this because I have a passion for live music," 56-year-old Roger Sing said while referring to the upcoming FallJam 6 music festival, which will be held on his property in St. Andrews in August. "I am a musician, I play drums with more than one band and I just love live performance.

"Live performance just brings something out of you that I can't even explain."

Sing will host the FallJam 6 music

festival on his 17-acre property located at 6556 Highway 8 on Aug. 25 starting at 5:30 p.m., and on Aug. 26 starting at 2 p.m.

The two-day outdoor music festival will feature nearly 15 bands on an outdoor stage built by Sing.

On Aug. 25, FallJam will feature a hard rock and metal lineup headlined by United States recording artists Nova Rex.

On Aug. 26, the show will feature a classic rock and blues lineup headlined by local tribute band Free Ride.

Free Ride has played stages in Manitoba and across Canada for decades,

covering various rock music tracks. They have also performed as a Beatles tribute act.

Those who wish to stay for both days can buy a ticket for \$25, which gets them a spot to camp from Friday until Sunday.

Tickets for individual nights can be purchased from \$15 and Sing said those who come for one night will have the option to upgrade to overnight camping.

Tickets officially went on sale on Nov. 30, 2016 and anyone looking to get tickets or get more information can call Sing directly at 204-782-2686.

Sing said he puts countless amounts of work and money into FallJam, which will be held for its sixth straight year this summer, but his goal is for the event to get "bigger and better" every year.

"It started as a little backyard party with some live bands, and it just built from there," he said. "We had 35 people in year one, and we had over 250 people last year and we're hoping to double that this year."

More information about FallJam 6 can be found by searching "RS Music Productions" on Facebook.

## Show benefits Nova House



RECORD PHOTO BY BRETT MITCHELL

Cherrel Holder performs during Sarasvati Productions Cabaret of Monologues entitled "Starting Over" last Tuesday evening at Selkirk United Church. The event was held in honour of International Women's Day and all of the proceeds will go towards furnishing the new Nova House women's shelter in Selkirk.

## Lions donate \$1K to STARS



RECORD PHOTO BY BRETT MITCHELL

Selkirk and District Lions Club member Winston Mcleod presents Troy Pauls, a flight paramedic with Manitoba STARS, a \$1,000 donation during a gathering in Selkirk on Feb. 27.

# Insurance fraud is a costly crime: Manitoba Public Insurance

Submitted

Manitoba Public Insurance and its ratepayers saved \$31.6 million from 2012 to 2015 thanks to successful anti-fraud efforts by the public auto insurer.

March is Fraud Prevention Month and this year marks the 13th anniversary of the annual education and awareness campaign that encourages Canadians to recognize, reject and report fraud.

Manitoba Public Insurance fully supports this initiative and is dedicated to keeping automobile insurance rates as low as possible by combating insurance fraud. Suspicious claims

are handled by Manitoba Public Insurance's Special Investigation Unit, which is comprised primarily of retired police officers who investigate about 3,000 claims yearly.

"These financial savings (\$31.6 million in four years), is based on a reconciliation of money recovered and fraudulent claims denied," said Ward Keith, vice-president, Loss Prevention and Communications, Manitoba Public Insurance. "These fraud savings directly benefit insurance rate payers, and result from a dedicated focus on investigating potential fraudulent claims that may involve vehicle fires, hit and run claims or staged collisions."

sions."

In addition to the efforts of its investigators, Manitoba Public Insurance also has an excellent working relationship with police agencies. The Corporation also operates a dedicated TIPS Line, which is a valuable source of information for SIU investigators.

"The bottom line is that insurance fraud costs everyone so we encourage all Manitobans to come forward through our TIPS Line to report suspected auto insurance fraud and speak out against this kind of illegal behaviour," said Keith. "All calls are anonymous."

Manitoba Public Insurance's TIPS

Line is: 204-985-8477 or toll-free 1-877-985-8477.

Keith explained that Manitoba Public Insurance continually reviews its anti-fraud strategies, specifically aimed at keeping step with fraudsters.

Insurance fraud – automobile, home or health care – costs Canadians more than \$3 billion a year in premiums, according to the Insurance Bureau of Canada. Organizations around the world lose an estimated five per cent of their annual revenues to fraud, according to a survey of fraud experts conducted by the Association of Certified Fraud Examiners (ACFE).

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Peguis, St. Malo clash in KJHL semifinal

By Brian Bowman

The KJHL semifinal series between the Peguis Juniors and St. Malo Warriors was expected to a real good one.

But no one would have expected a pair of lopsided losses – one by each team – in the first two games of their best-of-seven series.

St. Malo evened the series at a win apiece after a 5-1 win Sunday afternoon in Peguis.

Peguis' Theoren Spence opened the scoring just 2:56 into the contest but it was all St. Malo after that.

Jared Hunter and Robert Guimond, with a pair, made it 3-1 after 20 minutes and then Hunter tallied the lone goal of the middle frame.

Elmar Tabler closed out the game's scoring in the third.

St. Malo was 0-for-7 with the man advantage while Peguis was 0-for-6.

Peguis took a 1-0 series lead after a convincing 6-2 win last Friday in St. Malo.

The Juniors, which led 3-2 in the third, got late goals from Devun Groot, Spence (empty net) and Keifer Tacan.

Tyrome Spence-Bair, on the power play, and Spence scored for Peguis in the first period and then Spence-Bair tallied in the second.

Tabler scored both St. Malo goals. Luke Penner made 36 saves for the win.

Game 3 of the series was played Tuesday in St. Malo (no score was available) while Game 4 returns to Peguis on Saturday (7:30 p.m.).

Game 5 is set to go for next Tuesday in St. Malo. Game time is 8 p.m. If necessary, Game 6 will be played next Thursday in Peguis (8 p.m.) and a Game 7 would go March 25 in St. Malo (7:30 p.m.).



RECORD PHOTO BY LANA MEIER

The Juniors' Theoren Spence opened the scoring for Peguis against St. Malo in their 5-1 home loss last Sunday.

### Manitoba Hockey Standings

**MANITOBA JUNIOR HOCKEY LEAGUE**

**PLAYOFFS -Quarteri Final**  
**- Winkler Flyers vs Virden Oil Capitals (best of 7 series)**  
**Winkler leads series 2-0 at press time**  
 Game 1: Virden 4 @ Winkler 5 (OT3)  
 Game 2: Winkler 4 @ Virden 1  
 Game 3: Mar 14 - Neepawa @ Steinbach  
 Game 4: Mar 16 - Winkler @ Virden  
 Games 5-7 (if necessary)

**PLAYOFFS -Quarteri Final**  
**- Neepawa Natives vs Steinbach Pistons (best of 7 series)**

Series Tied 1-1 at press time  
 Game 1: Neepawa 4 @ Steinbach 1  
 Game 2: Steinbach 3 @ Neepawa 2  
 Game 3: Mar 14 - Neepawa @ Steinbach  
 Mar 17 - Steinbach @ Neepawa  
 Game 5: Mar 18 - Neepawa @ Steinbach  
 Game 6 - 7 (if necessary)

**PLAYOFFS -Quarteri Final**  
**- Winnipeg Blues vs OCN Blizzard (best of 7 series)**

OCN leads series 2-0 at press time  
 Game 1: Winnipeg 2 @ OCN 3  
 Game 2: Winnipeg 2 @ OCN 6  
 Game 3: Mar 14 - OCN @ Winnipeg  
 Game 4: Mar 15 - OCN @ Winnipeg  
 Games 5 - 7 (if necessary)

**PLAYOFFS -Quarteri Final**  
**- Selkirk Steelers vs Portage Terriers (best of 7 series)**

Series Tied 1-1 at press time  
 Game 1: Portage 3 @ Selkirk 2 (OT3)  
 Game 2: Selkirk 4 @ Portage 3  
 Game 3: Mar 14 - Portage @ Selkirk  
 Game 4: Mar 15 - Selkirk @ Portage  
 Game 5: Mar 17 - Portage @ Selkirk  
 Games 6-7 (if necessary)

**KEYSTONE HOCKEY LEAGUE**

**PLAYOFFS - Semi-Finals Peguis Juniors vs St. Malo Warriors**  
 Series tied 1-1 at press time  
 Game 1: Juniors Wins 6-2

Game 2: Warriors Wins 5-1  
 Game 3: Tue Mar 14 - Juniors @ Warriors 8pm  
 Game 4: Sat Mar 18 - Warriors @ Juniors 8pm  
 Game 5: Tue Mar 21 - Juniors @ Warriors 8pm  
 Game 6-7 (if necessary)

**PLAYOFFS - Semi-Finals Arborg Ice Dawgs vs OCN Storm**  
**Arborg leads series 2-0**

Game 1: Ice Dawgs Wins 6-5 OT  
 Game 2: Ice Dawgs Wins 10-8  
 Game 3: Sat. Mar 18 - Ice Dawgs @ OCN 7:30pm  
 Game 4: Sun Mar 19 -Ice Dawgs @ OCN 2:30pm  
 Game 5-7 (if necessary)

**MANITOBA MAJOR JUNIOR HOCKEY LEAGUE**

**PLAYOFFS**  
**Stonewall Jets vs St. Vital Victorias (Jets up 2-1 at press time)**

Game 1 -Stonewall Jets 7 St. Vital Victorias 1  
 Game 2 -St. Vital Victorias 4 Stonewall Jets 2  
 Game 3 - Stonewall Jets 5 St. Vital Victorias 2  
 Game 4 - Mar. 14 Stonewall Jets @ St. Vital  
 Game 5- Mar. 17 St. Vital @ Stonewall Jets  
 Game 6-7 (if necessary)

**Charleswood Hawks vs**

**St. Boniface Riels (Hawks up 3-0 at press time)**

Game 1: Charleswood Hawks 3 St. Boniface Riels 2  
 Game 2: Charleswood Hawks 5 St. Boniface Riels 2  
 Game 3: Charleswood Hawks 7 St. Boniface Riels 1  
 Game 4: Mar. 14 Hawks @ Riels 8pm  
 Games 5-7 (if necessary)

**Raiders vs St. James Canucks (Raiders up 3-0 at press time)**

Game 1: Raiders 5 St. James Canucks 2  
 Game 2: Raiders 3 St. James Canucks 2  
 Game 3: Raiders 3 St. James Canucks 1  
 Game 4: Mar. 14 St. James Canucks @ Raiders  
 Game 5-7 (if necessary)

**Pembina Valley Twisters vs Ft. Garry/Ft. Rouge Twins**  
**(Twisters up 2-0 at press time)**

Game 1 - Twisters 3 vs Ft. Garry/Ft. Rouge Twins 2  
 Game 2 - Twisters 3 vs Ft. Garry/Ft. Rouge Twins 2  
 Game 3 - Mar. 14 Twisters @ Ft. Garry/Ft. Rouge Twins 7:30  
 Game 4 - Mar. 15 Ft. Garry/Ft. Rouge Twins @ Twisters  
 Game 5-7 (if necessary)

**\*STATS AS OF TUESDAY, MARCH 14**

## Raiders lead Canucks in MMJHL quarter-final series

Staff

The Raiders Jr. Hockey Club had a 3-0 lead over the St. James Canucks in their best-of-seven Manitoba Major Junior Hockey League quarter-final series.

Game 4 of the series was played this past Tuesday but no score was available at press time.

The Raiders grabbed a 3-0 series lead after a 3-1 road win Sunday evening at the St. James Civic Centre.

Raiders' forward Tanner Magalas scored twice while Devin Mannes added an empty-net goal in the game's final minute.

Nick Stire replied with a goal early in the third.

The Raiders began the series with a 5-2 road win March 7.

Former Selkirk Steelers' forward

Carson Rybuck scored twice while West St. Paul's Kyle Jur added a goal and an assist for the Raiders.

Magalas and Nicholas Mathews scored the Raiders' other goals.

Jeremy Idzidkowski and Warren's Devan Lobb replied for St. James.

Ryan Brown had 16 saves for the win. Stonewall's Nathan Cvar made 34 stops in St. James' net.

In Game 2 three nights later, the Raiders skated to a 3-2 home win. Jur opened the game's scoring just 38 seconds into the second period, assisted by Rybuck and local player Jared Nielsen.

Mathews scored twice for the Raiders in the third while Mitchell Lockhart netted St. James' two goals.

Brandon Paradoski is another local player for the Raiders.



# Steelers, Terriers battling in MJHL quarter-finals

By Brian Bowman

Every game in a playoff series is obviously an important one.

But the Selkirk Steelers absolutely had to win Game 2 in Portage on Sunday against the Terriers.

And they did it in comeback fashion.

Trailing 3-1 in the second period, Selkirk roared back to score three unanswered goals – two of them coming in the third period – for a dramatic 4-3 victory.

Steelers' captain Taylor Fisher scored the game winner on the power play, firing a shot from the point that found its way through traffic. The game-winning power-play goal came at 9:13 of the third.

Portage took a 1-0 first-period lead as Ty Barnstable tallied at the 17:14 mark of the game, converting a 2-on-1, but Selkirk answered with a power-play goal from Nathan Halvorsen 2:03 into the second.

The Terriers then quickly grabbed a 3-1 lead, though, as Ty Enns and Josh Martin scored just 1:20 apart early in the middle frame.

But a turning point in the game came at 12:50 of the second period when Connor Barley scored a short-handed goal. Barley intercepted an errant pass at centre ice, skated alone on a breakaway, and then slipped the puck past Portage goalie Brock Aiken.

Ezra Hall and Fisher then tallied for the Steelers in the third.

The Steelers' victory evened the MJHL best-of-seven quarter-final se-

ries at a game apiece heading into this past Tuesday's Game 3 in Selkirk.

The Terriers started the series with an ultra-thrilling 3-2 triple overtime win last Friday at the Rec Complex.

Martin scored the game winner midway in the third OT period, assisted by Barnstable and Ryan Sokoloski.

Selkirk's Jake Dudar's opened the game's scoring midway in the first period, snapping a shot over the shoulder of Aiken, and then Halvorsen made it 2-0 at 8:12 of the second.

That two-goal lead would be short-lived, however, as Martin needed just 12 seconds to cut that deficit in half when he capitalized on a Selkirk turnover.

Chase Brakel then tied the score at 2-2 at 15:39 of the second period.

Selkirk was 1-for-6 with the man advantage while Portage was 0-for-3. The Steelers outshot the Terriers 47-46.

Selkirk had a glorious chance to end the game in regulation time when Enns received a four-minute high-sticking penalty after he caught Selkirk's Liam Kroeker at 16:43 of the third period.

The teams hooked up in Games 3 and 4 of the series Tuesday and Wednesday but no scores were available at press time.

Game 5 will be played Friday in Selkirk, followed by a Game 6, if needed, on Monday in Portage.

A series-deciding Game 7 would be played in Selkirk on Tuesday.

## Selkirk Judo Club wins medals in Edmonton

Staff

The Selkirk Judo Club had several outstanding performances recently at the Edmonton International competition.

Sarah Ekosky won a gold medal in the U14 Female -52kg division while Justin Ekosky won a bronze in the U18 Male -66kg category.

Also winning bronze were Tanner Onagi of the U of M Judo Club (U21 Male -60kg) and the Selkirk Judo Club's Damien Ekosky (U21 Male -73kg).

Lorena Kaegi, meanwhile, won a silver medal in the Senior Female -48 kg division. She trains with the Keisatsu Judo Club.



RECORD PHOTOS BY BRETT MITCHELL

The Steelers' Nathan Hillis (17) gets ready to rip a shot on Portage goalie Brock Aiken during Game 1 action Friday at the Selkirk Rec Complex. The MJHL best-of-seven quarter-final series was tied at a game apiece heading into this past Tuesday's Game 3.



Steelers' forward Carter Barley (16) of St. Andrews controls the puck during Game 1 action against Portage.



Listen to all Steelers home and away games on MIKE FM - [www.mikefmwinnipeg.com](http://www.mikefmwinnipeg.com)

## COME OUT & MAKE SOME NOISE FOR YOUR STEEL-TOWN BOYS!

### ROUND 1 - PLAYOFF SCHEDULE

Mar 17	Portage Terriers AT	Selkirk Steelers	7:30 PM
Mar 20	Selkirk Steelers AT	Portage Terriers	7:30 PM (If Necessary)
Mar 21	Portage Terriers AT	Selkirk Steelers	7:30 PM (If Necessary)



Tickets are available at: Selkirk Rec Centre Box Office (1 Hour Prior To Game)  
Selkirk Chrysler - 1011 Manitoba Ave (9 am to 4 pm Mon. - Fri.)  
or online at: [www.diyobo.com](http://www.diyobo.com)

[www.selkirksteelers.com](http://www.selkirksteelers.com) SELKIRK RECREATIONAL COMPLEX

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Crocus Plains fouls Selkirk's provincial plans

By Brian Bowman

The Selkirk Royals were called for 28 fouls in their MHSAA "AAAA" varsity girls' provincial wildcard basketball game against the Crocus Plains Plainsmen last Thursday in MacGregor.

Crocus Plains, on the other hand, had just 11 fouls.

Guess who won the game?

Of course, the Plainsmen took advantage of the lopsided officiating to defeat the Royals 60-50. With the win, Crocus Plains advanced to play Dakota in a quarter-final matchup last Friday.

"We could not come anywhere near them," complained Royals' head coach Sue Gilmour. "And yet they were run-

ning a full-court pressure on us and were very physical. But they called nothing."

Several of the Selkirk players either fouled out or were in serious foul trouble. Crocus Plains turned those fouls into 21 points at the free-throw line.

"I was worried that we weren't going to be able to finish the game because we didn't have enough players," Gilmour said. "It's a hard (loss) to swallow because the girls played so well."

Selkirk trailed 32-16 at the half but went on a nice third-quarter run to close the gap. Julia Ignagni hit a pair of huge threes in the third for Selkirk.

Callista Howard led the Royals in scoring with 16 points (all of them

coming in the second half) while Ignagni had eight.

Paige Donald, a guard, replied with 15 points for Crocus Plains.

Gilmour would have loved for the Royals to have advanced to last weekend's provincials. She felt there was a lot of parity among many of the teams at the provincials this season.

"From what I've seen this year and, with talking with the coach from Crocus Plains, we were kind of in agreement that anyone between five and 13 isn't unbeatable," Gilmour said.

"But I think the top four teams are in a league of their own."

## Basketball camps to be held in Selkirk

By Brian Bowman

Young basketball enthusiasts will have a chance to improve their skills with a pair of upcoming camps.

Royals' varsity boys' head coach Dean Goodbrandson will be hosting a basketball camp for boys and girls in Grades 5-9 during spring break at the Comp.

For more information on the camp, interested players and parents can contact Goodbrandson by email at [goodbrandson@lssd.ca](mailto:goodbrandson@lssd.ca).

### Jr. NBA

Meanwhile, Royals varsity girls' head coach Sue Gilmour will be hosting a Jr. NBA Rookie Division camp

for boys and girls aged five through eight at the Comp.

Already 16 kids have signed up for the camp, which will run every Wednesday (5-5:45 p.m.) from April 5 to June 7.

A maximum of 30 players will be taken for the 10-session camp that stresses fundamental movement skills and basic skills in the game of basketball.

The players will use smaller basketballs and will be shooting on lower hoops.

"The main focus is fundamental movement skills," Gilmour said last week. "Teaching them how to throw a ball and catch a ball. Teaching them

how to shuffle – just basic movement skills – with basketball incorporated."

Cost for each player is \$100 (with a minimum \$20 due at the time of registration). That fee includes 10 sessions, a basketball to keep, an NBA T-shirt and athlete insurance.

"It's super fun and the Jr. NBA program across Canada has been super successful," Gilmour said. "Winnipeg, I think, has 20 Jr. NBA programs set up but there is nothing outside of Winnipeg."

For more information, individuals can visit [www.jrnba.ca](http://www.jrnba.ca) or email Gilmour at [sue.gilmour@gmail.com](mailto:sue.gilmour@gmail.com).

## Fantastic figure skating



PHOTO SUBMITTED

The Selkirk Skating Club's Cali Boychuk, who lives in south St. Clements, placed first in Pre-Juvenile U11 at the Manitoba Starskate Championship in Virden on March 4-5.

Boychuk has had a tremendous season on the ice, finishing first in three out of four Manitoba competitions (Manitoba Summer Open, Manitoba Sectionals and Manitoba Starskate Championship). She also placed second at the Manitoba Open back in February.

*The* **Selkirk Record**

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Rivercreek Estates, Lockport, 2 bedroom, includes all appliances, 1 indoor parking stall, balcony, and A/C. \$239,900. For more info. call 204-406-8015.

**HOUSES FOR SALE**

Immediate possession available. 1638 sq. ft. RTM. 2.5 baths, cathedral ceiling, island kitchen. \$189,000. Floorplan online at [wgiesbrecht.com](http://wgiesbrecht.com). Custom builds also available. Call 204-346-3231 or email [wilbert@wghomes.ca](mailto:wilbert@wghomes.ca) for more information.

3 only 16 x 80, 3 bed, 2 bath. Starting at \$89,900. Altona Mobile Homes, 1-800-582-4036, 1-204-324-6776 Email [amhl@mymts.net](mailto:amhl@mymts.net)

Classified listing booking deadline is Monday 5 p.m. prior to Thursday's publication. Call 785-1618

**LAND FOR SALE**

**Red River Water-front**, great opportunity to build your dream home. 2.27 acres on Henderson Hwy. between Lockport and East Selkirk. Call Heather Allan, Royal LePage Alliance, 204-918-5325.

**HOUSE FOR RENT**

Home for rent or purchase in Balmoral - 8 mins north of Stone-wall on paved hwy. Beautiful 1665 sq ft. bungalow on fully landscaped .5 acre lot. Complete w/finished basement and wet bar; five bdrms, 3 full baths and 7 appliances with an oversized dbl. attached garage w/concrete driveway. No smokers please. Must have references. Call Paul 204-461-4511.

**APARTMENT FOR RENT**

Quiet 55+ large 1 bdrm. river view suite in Selkirk, MB. Avail. immediately. From \$1,167/mth. No smoking or pets. Please inquire at [admin@d7management.com](mailto:admin@d7management.com) or 204-989-4211.

2 bdrm. river view suite at 40 Eveline. \$1,064/ per month. Please inquire at [admin@d7management.com](mailto:admin@d7management.com) 204-989-4211.

**APARTMENT FOR RENT**

Century Selkirk, 165 Main Street. Currently we have bachelor & 1 bedroom suites for rent. Rent includes heat & water. Close to all amenities & bus route. Onsite laundry & parking available. Rents start at \$760. No pets & no smoking. Please contact Karen at 204-482-5019 for suite viewings.

1 bedroom and den available April 1. Fridge, stove, parking spot and balcony. Rent \$970/month includes hydro and water. No smoking or pets. 204-485-8444.

**FIREWOOD**

Winter heating or bonfire wood. From \$135 per 1/2 cord. Call 204-485-0706.

**HELP WANTED**

Galay Landscaping will be adding a few good people to our awesome team of landscape professionals this spring. This is for the position of landscape technician. Some past experience is appreciated, however all training will be provided for candidates with a positive attitude, who can work hard to achieve goals, who want to learn new skills, and who are self-motivated. We offer a fun and exciting work environment, good pay, group benefits, and advancement opportunities for those who qualify. Applicants must have a valid class 5 driver's license and reliable means of transportation. A drivers abstract and criminal records check will be requested upon hiring. Please respond only by emailed resume to [info@galaylandscaping.com](mailto:info@galaylandscaping.com)

**HELP WANTED**

Roof Truss and Floor System Designer - Prairie Truss is seeking a highly motivated, energetic individual with excellent communication and organizational skills to join the design team. Responsibilities include reading and understanding blueprints, knowing residential, commercial and farm building codes, and ensuring orders are turned into accurately detailed drawings keeping with industry standards. Successful candidate will have construction knowledge and be familiar with wood truss designs, floor designs, and layouts. Truss design experience considered an asset. Must be able to deal with a variety of customers in a courteous and helpful manner and interact positively with other employees. Send resume with qualifications and references to [careers@prairietruss.com](mailto:careers@prairietruss.com)

**HELP WANTED**

Launch your career! Blast-Off Fireworks requires FT/PT warehouse personnel for summer positions. Work for Canada's fastest-growing fireworks company! Competitive wage, great team atmosphere, benefits, potential for permanent employment & advancement. Apply at 609 Greenwood Avenue, Selkirk; or email: [hr@blastoffireworks.ca](mailto:hr@blastoffireworks.ca) using subject "Warehouse".

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

Winnipeg Livestock Sales requires yard staff. Part time with potential of full time. Cattle handling an asset but not necessary. Drop off resume at Winnipeg Livestock Sales corner of Hwy. 6 & 236 or call 204-299-7509.

**HELP WANTED**

Full time Autobody Repair Technician required immediately. I Car certified and Red Seal Journeyman preferred. Wage depends on experience. Ph. Scott at 204-482-6443 or email [plautobodyltd@gmail.com](mailto:plautobodyltd@gmail.com)

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**DAYCARE**

LA GARDERIE Summer-time Daycare, Selkirk, has school age (Grade 1-6) spaces available for the summer holidays and also for back to school in September. French/ English/Bilingual. Nut, fish and shellfish free facility. Call Isabelle 204-482-3767 (leave message).

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## take a break > GAMES

**SUDOKU**

	6	7	4					
1	2							
			1			8	9	
4							9	6
	8	5		7	1			
7						2		
9	1							4
5				9	3	6		
							2	

**Fun By The Numbers**  
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**Here's How It Works:**  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	2	6	1	7	8	4	8	9
1	9	6	8	7	8	2	7	5
4	7	8	9	5	2	1	8	6
8	9	2	7	8	6	9	1	7
8	7	1	7	9	5	8	6	2
9	6	7	7	1	8	5	4	7
6	8	9	2	7	7	5	4	8
7	8	4	8	9	6	2	1	7
2	1	5	8	6	7	4	6	7

Sudoku Answer

G	N	V	H	P	S	E	A	H	E	O	N		
V	H	I	B	N	E	O	V	E	O	N			
L	V	V	B	S	I	O	T	W	L	I	B		
S	E	O	V	H	E	A	E	R	O	E	L	V	W
Y	V	S	E	D	V	S	E	X	I	S			
J	V	N	S	A	W	H	E	O	I	X	I	L	
S	O	E	S	E	V	I	S	S	E	V	W	W	
E	I	I	L	T	E	I	V	S	L	I	L	V	
V	N	N	E	W	S	E	R	V	W				
J	O	E	V	S	S	E	O	S	O	D	I	V	S
L	O	A	E	T	I	W	H	O	O	T	V		
R	V	S	I	D	V	W	S	W	L	V	H		

Crossword Answer

**PUBLIC NOTICE**

Public notice is hereby given that the Mars Sandhills Golf Course property intends to conduct the following Pesticide Control Program during 2017.

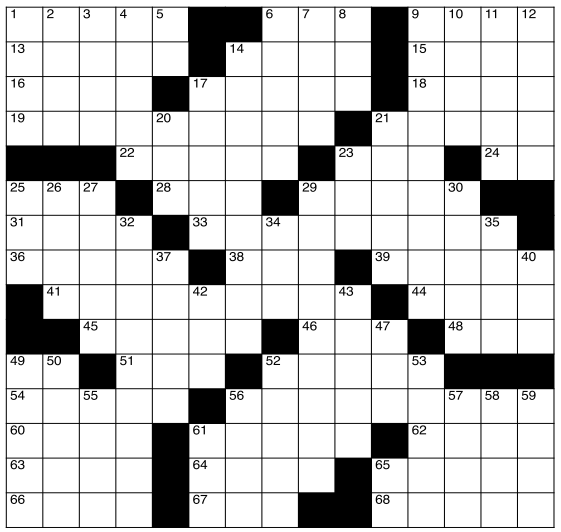
- To control noxious weeds on the Mars Sandhills property. The project dates of application will be May 1, 2017 to October 20, 2017. The herbicides to be used: Par III, Super Spreader Sticker, Mecoprop, Oracle.
- To control fungal diseases on the Mars Sandhills property. The project dates of application will be from April 25, 2017 to November 30, 2017. The fungicides to be used include: Iprodione, Daconil Ultrex, Instrata, Heritage Maxx, Banner Maxx, Eagle WSP, Renovo, Velista, Civitas, Medalion, Tournay, Roundup.
- To control mosquitos on Mars Sandhills property. The project dates of application will be June 1, 2017 to September 1, 2017. The insecticides used: Malathion.

The public may send written submissions within 15 days of the publication of this notice to the department below:

Manitoba Conservation and Water Stewardship  
Pesticide and Hazardous Waste Section  
123 Main Street, Suite 160  
Winnipeg, Manitoba R3C 1A5

**CROSSWORD**

- CLUES ACROSS**  
 1. Pea stems  
 6. Type of music  
 9. Leader  
 13. Distant  
 14. 5,280 feet  
 15. Beloved Yankee great  
 16. A female domestic  
 17. Free from alcoholism  
 18. Ribosomal ribonucleic acid  
 19. Entertains with song  
 21. Wooden shoe  
 22. Female horses  
 23. Group of males  
 24. Sodium  
 25. Revolutions per minute  
 28. Neither  
 29. Woody climbing plant  
 31. Dismounted  
 33. Orbits the earth  
 36. Female parents  
 38 Separates acids  
 39. Origins  
 41. Stuffing and mounting animal skins  
 44. Rupture  
 45. Fathers  
 46. Large primate  
 48. Shape-memory alloy  
 49. Halfback  
 51. "Family Guy" daughter  
 52. Irish mountain chain  
 54. Paired  
 56. Drinks  
 60. Death notice  
 61. Skirts  
 62. Fertility god  
 63. Where a curve intersects itself  
 64. Red Sea port  
 65. Mozambique seaport  
 66. Leaver  
 67. The human foot  
 68. Crash
- CLUES DOWN**  
 1. Excessively theatrical actors  
 2. Wings  
 3. French river  
 4. Internet device  
 5. Where Tony Bennett left his heart  
 6. Flowering shrub that bears gooseberries  
 7. Brews  
 8. For each  
 9. Dictatorships  
 10. Slavic person in Saxony  
 11. Nobel laureate Shmuel  
 12. Lasso  
 14. Tones down  
 17. Lunar period  
 20. Leavened Indian bread  
 21. Military elite  
 23. One thousandth of an inch  
 25. L.A. footballer  
 26. Land plan  
 27. A satellite of Saturn  
 29. "Cat Ballou" actor  
 30. Obscure aspect of Sun God and a group of asteroids  
 32. Indicates the fare  
 34. \_\_\_ and feather  
 35. Round Dutch cheese  
 37. Begat  
 40. Relaxing place  
 42. \_\_\_ Hit'an of Alaska  
 43. Belgian city  
 47. Organ of hearing and balance  
 49. Isolated Southeast Asian people  
 50. "Power Rangers" villain  
 52. Yellow-fever mosquitos  
 53. Heavy cavalry sword  
 55. Laundry detergent  
 56. A way to wait  
 57. Mother and wife of Uranus  
 58. Justly obtain  
 59. Stony waste matter  
 61. Helps you find places  
 65. Oil company



# Classifieds *The Selkirk Record*

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Men's light blue suit, coat & blue shirt sz. XL, pants sz.38-40, pants in-seam (leg) 30, out seam 36 im-mac. cond., \$50; men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above, \$50; winter over-coat red, white & black for above EC \$100. Both suit, coats & pants have recently been dry cleaned. Had very little use. Ph. 204-785-8598.

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Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail [stonewoodelk@hotmail.com](mailto:stonewoodelk@hotmail.com)

**HAY**  
Small square bales. Alfalfa, Courtney grass. Leave message 204-482-5101.

Timothy Alfalfa small square bales for sale. Ph. 204-482-9291.

**NOTICE TO CREDITORS**  
**IN THE MATTER OF:** The Estate of Violet Evelyn Porteous, late of the City of Selkirk, in Manitoba, deceased. All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 24th day of April, 2017. DATED at Stonewall, Manitoba this 9th day of March, 2017. **GRANTHAM LAW OFFICES** Solicitor for the Executor

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**UPCOMING EVENTS**  
Couples Night Out, Wednesday, March 22 - 7 p.m. at Bethel Selkirk, 200 Main Street. Couples Night Out is best described as the Ultimate Date Night, a night of laughter and a great getaway evening for couples. Through humour, comedian Steve Geyer will entertain while encouraging couple in their marriages. Tickets \$10 per couple, available at the door. In order to qualify to win FREE couples tickets, please contact the Selkirk Record at 204-785-1618. First two calls win!

Canada Benefit Group - Attention Manitoba residents: do you or someone you know suffer from a disability? Get up to \$40,000 from the Canadian Government. Toll-free 1-888-511-2250 or [www.canadabenefit.ca/free-assessment](http://www.canadabenefit.ca/free-assessment)

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205 Dorchester Ave \$169,000	233 Manchester Ave \$244,900	<b>VACANT LAND</b> 16 ACRES Kremer Rd. Cottonwood Park \$95,000 2 Gwen Ellen Way St. Francois Xavier \$110,000 Hwy 26 St. Francois Xavier \$120,000 0 Petersfield Pits, 120.6 Acres \$340,000 72101 Pine Road S. Prime Development \$445,000 605 Cil Road - 65.62 Acres \$492,000 1 Harry Waytiuk Dr, East Selkirk \$125,000 1 Catherine Waytiuk Dr, East Selkirk \$140,000 14 Harry Waytiuk Dr, East Selkirk \$130,000 4 Catherine Waytiuk Dr, East Selkirk \$150,000 0 First Ave - Sandy Hook <b>Sold</b> \$49,000 0 Ferry Road St. Clements \$122,000 20 Acres Libau <b>Call for info</b> \$26,000 <b>NEW</b> 80 Acres 35101 Rd 81N \$105,000 <b>NEW</b> 76+ Acres 35151 Rd 81N \$105,000 <b>NEW</b> 36+ Acres 36033 Rd 81N \$75,000
306 Robinson Avenue, Selkirk \$149,900	520 Moody Ave \$236,000	<b>COMMERCIAL</b> Commercial or Residential lease \$1500/month Great Location 255A Main Street
512 Manitoba Ave \$195,000	36058 Road 80 N Home & 72 Acres \$329,500	<b>COMMERCIAL</b> Commerical Lease - Flex Space East Selkirk \$14 sq ft Commerical Lease - Service Station East Selkirk \$14 sq ft 153 Lily Ave Zoned M1 \$110,000 502 Greenwood RENOVATED BUILDING \$449,000 Profitable Garage in Selkirk \$755,000 66 Acre MI Development \$980,000 1753 Fairway Road Netley Creek Golf Course \$2,599,000 Bowlers Restaurant & Lounge, Gimli \$549,900 Southbeach Collision Gimli, MB Turnkey - Profitable Call for Details \$249,000 381 Main Street Commerical & Residential Income Property \$249,000 311 Grassie Blvd Completed Subdivision \$385,000
109 S Dominique Drive \$49,900	76068 Two Mile Road, East Selkirk \$349,900	
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**Professional Office & Warehouse Space For Rent in Selkirk**

**ATTENTION** professional companies who may be looking to share office space, boardroom and reception. Six offices are now open plus there is 2200 square feet of warehouse space attached.

Free parking available

**Phone: 204-485-0010**  
**Email: [bigandcolourful@mymts.net](mailto:bigandcolourful@mymts.net)**

# Announcements

The Selkirk Record

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**ANNOUNCEMENT**

**ENGAGEMENT**



Graves - Kamstra  
Krista and Daniel  
are thrilled to announce their  
upcoming wedding in July 2017.

**ANNOUNCEMENT**

**CARDS OF THANKS**

From the family of Elsie Buffie, we wish to express our sincere appreciation for all the love and support during our time of loss of our wife and mother. Thank you to our families and the many friends for all your acts of kindness and love shown in the way of food, baking, flowers and donations in her honour. Thank you to Dr. Demsas and the staff from SDGH for their many years of care, Gilberts Funeral Home, and to Pastor Erik Parker for the beautiful service performed. We would also like to thank the very special homecare workers who took such great care of Mom that we were so fortunate to have over the years. She loved you, and we will be forever grateful. God Bless.

-John Buffie Sr. and family

**ANNOUNCEMENT**

**IN MEMORIAM**

Donohoe Pruden  
August 29, 1940 – March 17, 2015  
Those we love don't go away,  
They walk beside us every day;  
Unseen, unheard, but always near,  
Still loved, still missed and very dear.  
-Forever loved and remembered  
by Pat and family

**ANNOUNCEMENT**

**IN MEMORIAM**



Don Pearson  
March 14, 2013  
In Loving Memory

-Brenda

**ANNOUNCEMENT**

**IN MEMORIAM**



Inez Mayo  
March 18, 2012

Mothers never really die,  
They just keep house in the sky,  
They polish the sun by day and  
Light the stars that shine at night,  
Keep the moonbeams silvery bright  
And in the heavenly home above  
Our mom is patiently waiting and  
Collecting those she loves  
To welcome them home.

- Love  
Lisa, Dylan, Jason and family

**ANNOUNCEMENT**

**IN MEMORIAM**



William Gamble  
December 18, 1969 - March 15, 2005  
Those we love don't go away,  
They walk beside us every day.  
- Love Mom, Dad, Tracey,  
Bryan, Holly and Clair

**ANNOUNCEMENT**

**IN MEMORIAM**



Joe Wyspiniski  
October 27, 1929 - March 15, 2013  
Quietly today, your memory we treasure,  
Remembering you always,  
Forgetting you never.  
-Lovingly remembered by wife Elsie,  
family and friends

**OBITUARY**

**William R. Ongenae**



Bill passed away peacefully on Wednesday, March 8, 2017 at the age of 85 years at the Betel Home in Selkirk, MB.

He leaves to mourn his common-law wife of 40 years, Mary; his sons, Al, Marcel and Barry and his daughter Caroline and their families; step-daughters, Sherry and Jodi and step-son Kevin and their families. Bill also leaves two sisters Nicki and Annie and his brother Frank and their families in the Netherlands. Bill was predeceased by his parents in Holland.

He was born in Geleen, Holland on September 24, 1931 and moved to Canada in 1952. Bill started his own business, Parkdale Construction LTD in Parkdale, MB, he moved to Selkirk, MB in 1976 and worked until 2004 when he had a stroke and went blind. Bill spent the last five years at Betel Home.

Sincere thanks to all the doctors, nurses and staff that cared for him at the Betel Personal Care Home.

In keeping with his wishes, cremation has taken place and no formal service will be held. In lieu of flowers, donations maybe be made in Bill's memory to a charity of your choice. Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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> MEAL IDEAS

## Carrot cookies

THE Marketplace AT SELKIRK



36 cookies / 27 min

Prep 15 min / Cook 12 min

These chewy little nuggets are perfect to tuck into a lunch bag or enjoy after school with milk. Pack them for on-the-go treats in the car for the family, perfect to pop in your mouth!

Ingredients

- 1 1/2 cups (375 mL) all purpose flour with added bran
- 1 tsp (5 mL) baking powder
- 1/2 tsp (2 mL) ground cinnamon
- 1/4 tsp (1 mL) each ground ginger and nutmeg
- 1 1/2 cups (375 mL) shredded

- carrots (2 carrots)
- 1/2 cup (125 mL) 0% plain Greek yogurt
- 1/3 cup (75 mL) packed brown sugar
- 1/4 cup (50 mL) water
- 3 tbsp (45 mL) canola oil
- 2 tbsp (25 mL) ground flaxmeal
- 1 tsp (5 mL) vanilla
- 1/4 cup (50 mL) unsalted and roasted sunflower seeds

Directions

In a large bowl, whisk together flour, baking powder, cinnamon, ginger and nutmeg.

In another bowl, whisk together yogurt, sugar, water, oil, flax and vanilla. Pour over flour mixture and stir to combine. Stir in carrots and seeds.

Scoop dough in tablespoons onto parchment paper lined baking sheet. Bake in 400° F (204° C) oven for about 12 minutes or until bottom is golden and centre is still soft. Repeat with remaining dough.

Tip: Use a mini ice cream scoop for easy portioning of the cooking dough.

Store in an airtight container in the refrigerator for up to 1 week or freeze for up to 2 weeks.

## Fabulous Carrot Cake

Prep time: 15 minutes  
Total time: 40 minutes

Servings: 16

1 1/2 cups butter, softened, divided

1 cup packed brown sugar

1 cup granulated sugar

4 eggs

1 can (20 ounces) Crushed Pineapple, drained

4 cups shredded carrots

1 cup Seedless Raisins

2 teaspoons vanilla extract

3 cups all-purpose flour

2 teaspoons baking soda

1 teaspoon ground cinnamon

1 teaspoon ground ginger

1/2 teaspoon salt

1 package (8 ounces) cream cheese, softened

1 1/2 cups powdered sugar

1 teaspoon grated lemon peel

1 tablespoon lemon juice

Heat oven to 350 F. Grease and flour two (9-inch) round pans.

In large bowl, beat 1 cup butter and sugars until light and fluffy. Beat in eggs. Fold in crushed pineapple, carrots, raisins and vanilla.

In medium bowl, stir together flour, baking soda, cinnamon, ginger and salt. Gradually add to pineapple mixture and fold until well-blended.

Pour into prepared pans.

Bake 35-40 minutes, or until



toothpick inserted comes out clean. Cool in pans 15 minutes. Remove from pans; cool completely on wire racks.

Beat cream cheese with remaining 1/2 cup butter until smooth. Beat in powdered sugar, lemon

peel and lemon juice until smooth. Frost completely cooled cake. Garnish with additional crushed pineapple and grated carrots, if desired.

Note: Cake can be baked in 13-by-9-inch pan. Bake 50-60 minutes at 350 F. Cool completely in pan on wire rack.

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- Bonanza in 53#s or less \$5,781+
- Lucky 7 in 24#s or less \$3,766+
- Lucky Star \$3,626+
- Poker Flush \$3,176+

## Old-Fashioned Upside Down Cake



Prep time: 20 minutes

Total time: 35 minutes

Servings: 8

- 2/3 cup margarine, divided
- 2/3 cup packed brown sugar, divided
- 1 can (20 ounces) Pineapple Slices
- 10 maraschino cherries
- 3/4 cup granulated sugar, divided

- 2 eggs, separated
- 1 teaspoon grated lemon peel
- 1 teaspoon lemon juice
- 1 teaspoon vanilla extract
- 1 1/2 cups all-purpose flour
- 1 3/4 teaspoons baking powder
- 1/4 teaspoon salt
- 1/2 cup sour cream

Heat oven to 350 F. In 10-inch cast-iron skillet, melt 1/3 cup margarine. Remove from heat. Add brown sugar and stir until blended.

Drain pineapple slices; reserve 2 tablespoons syrup. Arrange pineapple slices in sugar mixture. Place cherry in center of each slice.

Beat remaining 1/3 cup margarine with 1/2 cup granulated sugar until light and fluffy. Beat in egg yolks, lemon peel,

lemon juice and vanilla. Combine flour, baking powder and salt. Blend into creamed mixture alternately with sour cream and reserved pineapple syrup.

Beat egg whites to soft peaks. Gradually beat in remaining 1/4 cup granulated sugar to make stiff meringue. Fold into batter. Pour over pineapple in skillet.

Bake 35 minutes, or until toothpick inserted comes out clean. Let stand 10 minutes then invert onto serving plate. Serve warm or cold.

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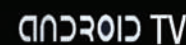
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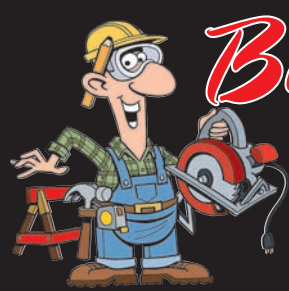
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