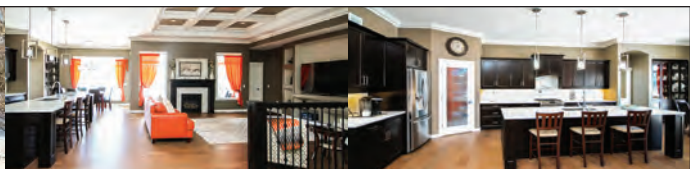




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VOLUME 13 EDITION 11

THURSDAY, MARCH 17, 2022

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RECORD PHOTO BY BRETT MITCHELL

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Former Ukrainian citizen asks residents for donations

Daycare is working to help raise donations for Ukrainians in need

By Katelyn Boulanger

Selkirk local Vlad Yudenko is asking that residents work together to donate supplies for Ukrainians who have been affected by Russia's invasion of their country.

"I grew up in a small village, and my wife also is from the village. We were just one of the many people who lived peacefully. [We would] grow vegetables in their gardens and did farming. We got married and we had two kids but then, the situation [in] 2014 [changed]. Putin took over some parts of Ukraine, like Crimea and some eastern regions of Ukraine.

We were scared of that situation and a bit confused, so we decided to look for a safer place. We started looking around and decided just to move out of the country here in Canada," said Yudenko.

Because of his experience in the agricultural sector, Yudenko felt that Manitoba was a natural fit as we also have a large agriculture industry.

Despite his move to Canada he still feels strongly about what's happening in Ukraine right now.

"It's very disappointing and very painful to see what's going on in Ukraine right now," he said.

He doesn't blame the Russian people themselves for this conflict but feels that the politicians in the country are to blame, and disagrees with the rhetoric coming from the Russian government that Ukraine didn't exist as a country before.

"You cannot say that something never existed and cannot exist. We feel it's our motherland. [It would be like if] you had a child. Five years ago, [that child] never existed. But now this child is five years old. So [does] your child have no right to exist like this? This is what Putin [is saying] Ukraine [didn't] exist [before] but now Ukraine has existed 30 years. But because it never existed before it has no right to exist," said Yudenko.

Though he now lives in Canada Yudenko has family there, in particular his mother and brother who are in the city of

Sumy.

The Canadian government has agreed to options for Ukrainians who are fleeing their country and can get to Canada, but that isn't possible currently for Yudenko's family

"My mother, she is 74 years old this April. Hopefully, she will survive and my brother, he is a person with a disability. They are stuck in a city [of Sumy]. It's one of the regions that's very close to the Russian border. It is actually one of the regions they invaded first so, there are lots of troops around the city and they made like a blockade because people inside the city don't want to see them," said Yudenko.

Because of the blockage, getting aid to his mother and brother is very difficult and Yudenko is very worried about them.

Currently, he is helping his mother find out where and when supplies are being handed out so that she can go

CONTINUED ON PAGE 4



PHOTO SUBMITTED

Daycare staff and students wearing blue and yellow to support Ukraine. The Selkirk Friendship Centre Daycare is accepting donations which will be shipped to people in need in Ukraine.

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and get them but communication has been difficult and sometimes he has to contact friends to check on her for him when phone lines are down.

He hopes that the governments will be able to find a way that civilians will be able to move out of the city through corridors so that they can get out of the area where fighting is happening, but as of press time that has not occurred.

One way that Yudenko has been able to help the situation in Ukraine is to coordinate with the Selkirk Friendship Centre Daycare. The daycare is currently accepting donations which they are sending to a group in Winnipeg, which is coordinating large shipments to Ukraine.

Lorie Fiddler, the Daycare Director at the Selkirk Friendship Centre says that so far, they have collected three large boxes which have been shipped off and they are working to collect more.

Donations of items like first aid supplies, feminine hygiene products,

diapers, formula, food pouches and nutrition bars can be made by calling 204-482-8656 and dropping items off at the back bench at 207 Morris at the back by the playground during business hours. This way daycare workers will know to look for items but drop off and pick up can remain contactless.

"If you're wondering what you can do, we can all do this. We can all grab up some supplies and bring them and know that we're helping," said Fiddler.

Another way that Yudenko feels that we can collectively help is to voice to our federal government officials the need for a no-fly zone over Ukraine so that bombs can no longer be dropped on civilian targets.

E-transfers can also be made to the Aid for Ukraine group working out of Winnipeg to mprystaiko@gmail.com. The answer is 'Ukraine'.

Sunflowers for Ukraine



PHOTO SUBMITTED BY EAST SELKIRK MIDDLE SCHOOL

Ms. D'Ottavio's grade 5 class from East Selkirk Middle School decided to show their support by recreating Vincent Van Gogh's sunflowers. This was part of a challenge issued by the Manitoba Parents for Ukrainian Education to students to create sunflower artwork in support of Ukraine and tag it with the hashtag #youthstandwithukraine.



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WSP delivers earliest financial plan ever

Residents can expect no tax increase from municipality this year

By Katelyn Boulanger

West St. Paul residents will be pleased to learn that the RM has passed a financial plan in which no changes will be made to their municipal mill rate of 9.104.

The financial plan public hearing took place March 7 and because of COVID-19 was streamed to residents via the RM's YouTube channel.

"Tonight's presentation and our financial plan for the coming year reflects months of work from our administration staff and many sessions with council. Our financial plan is responsible and demonstrates the benefits of growth for a well operated efficient municipality. Our reserves are extremely healthy because of well-managed finances and a significant increase in development in our community," said Mayor Cheryl Christian while beginning the presentation.

All members of council were in attendance for the meeting as well as CAO Brent Olynyk and the RM's Director of Finance Crystal Shuhyta.

The CAO took the floor after the mayor explaining why he challenged the RM's administration to present the earlier financial plan yet for the RM.

"Beginning budget earlier allows the RM to plan for the whole year and not depend on the interim plan. It ensures that you always have enough money for the things you need and the things that are important to the RM. It allows the municipality to come out of the gate early to attract low bids and projects," said Olynyk.

The presentation then connected the RM's spending to specific areas of importance within their strategic plan.

Some of the areas that the RM will be spending money in this year will be:

More snow removal equipment to help clear roads sooner after blizzards as well as staff to match. This includes a rubber tired loader which is bud-

geted to cost \$300,000 and a sanding/plow truck budgeted at \$230,000.

Public works building expansion budgeted to cost \$995,000.

Road repairs to Cali Pl., Dacombe Pl., Emes Rd., Merit Cr., Mirabelle Rd., Moore Rd., Parks Creek Dr., Poneida Rd., Rimmer Rd., River Elm Dr., River Glen Cr., St. Paul Blvd., Toshak Rd. and other miscellaneous projects which in total are budgeted to cost \$905,000.

Main Street Trail extensions which are budgeted to cost \$180,000.

An increase in waste and recycling services.

Another community mural.

A new fire truck.

After the presentation and council's question period, residents were given an opportunity to discuss their areas of concern which included the cost of a potential new municipal building and its need, as well as the need for more investment in the RM's recreation and many other topics.

After four and a half hours or so at the initial meeting Councillors Parag, Busceti, and Kleiber as well as Mayor Christian voted in favour of the financial plan's first reading, while Councillor Link abstained from the vote citing a lack of information.

At a council meeting later in the week, the financial plan second and third readings were passed.

A copy of the financial plan, as well as the 2022 financial plan presenta-



RECORD FILE PHOTO BY KATELYN BOULANGER

The RM of West St. Paul passed its 2022 financial plan.

tion, are available at <https://www.weststpaul.com/p/downloads-documents-and-to-view-West-St.-Paul's-council-meetings-to-see-all-discussion-on-this-subject-visit-their-YouTube-channel-at-https://www.youtube.com/channel/UCTtBoGC7cQ8T-Fs21OIZTXkQ/>

videos?view=0&sort=dd&shelf_id=1. Taxes are due in the RM by Sept. 29 at 4:30 p.m. and the RM asks that residents allow at least five business days

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Workplace Education Manitoba has new classes for April

Sign up to learn ways to get better at your job or get skills that you will be able to use in future employment

By Katelyn Boulanger

Because April is small business month, Workplace Education Manitoba (WEM) is offering training opportunities for individuals and businesses to learn skills that will benefit themselves and the people they work with.

"We work to support workplaces in training up their staff. It's also for people who are either looking for work or those wanting to increase their skills within their current job. WEM's focus is basically to provide training in essential skills so people can succeed in any occupation," said Melodie Mueller, Interlake Regional Manager of Workplace Education Manitoba.

These are skills like computer skills, writing skills, and math skills which are needed in all occupations from carpenters, to bank managers, to food service workers and beyond.

"It's clear that the pandemic has taken a toll on everyone, especially the small businesses that we work with.

They've had to work extra hard just to stay afloat and so we really wanted to bring focus to the small businesses and show our support to them. A lot of the businesses in the area aren't aware of this resource that we have, and it's a funded resource that they have at their fingertips. We want to be able to commit to providing continuous learning to help those workplaces grow and strengthen their businesses. [That's] the reason why we created Small Business Month and we're offering these fully-funded training opportunities specific to the needs that we identified," said Mueller.

Even though this is for small business month it isn't limited to businesses, as residents can also sign up for any of the five classes which include Intro to Social Media Marketing, How to get started with Social Media, Basic Excel, Email Etiquette, and HR Tool Kit classes.

All of these classes which help residents work on their skills are provided

free of charge.

"[These] essential skills are the basic foundation that everyone needs in order to be successful in their job. You're looking at basic communication skills, you're looking at how to have hard conversations with your co-workers and with your staff, how to how to effectively lead a team, and leadership skills that people need to manage their teams more effectively. All those skills, they build on each other," said Mueller.

WEM does have an office in Selkirk in which it runs its regional business, and pre-pandemic would also host classes out of, but April's classes will be online so people outside of the city can have increased access.

"We were hoping to do some of them in person, but just the way things are, everybody's not quite comfortable yet. So, they are all online. They're always going to continue to be online, just because we found this to be a really great way to do them and to be able to reach a whole lot of people

throughout the whole region. But we would like to, at some point, get back to in-person workshops, just because it's really nice to be able to do it in person. And there's a lot of benefits to doing it that way as well," said Mueller.

She recommends that businesses that would like to have employees strengthen their skills get in contact and people who are interested in participating individually also give them a shout to find out more.

"If you're looking to grow and strengthen your business, just to get started. Jump into one of the workshops, get your feet wet, and get a taste of what Workplace Education Manitoba does. There's a whole lot more stuff that we can offer, and we can do for you specifically in your business and down the road," said Mueller.

The number to call to ask questions or sign up is 204-406-8789. You can also sign up or ask questions by email at interlake.west@wem.mb.ca.



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Melodie Mueller, Interlake Regional Manager of Workplace Education Manitoba and Kerry Holmes, WEST Centre Manager outside of WEM's office in Selkirk.

Wildlife sightings increasing in area this year

Be mindful of furry and feathered friends who coexist with us in our region

By Katelyn Boulanger

After an experience where deer destroyed some of her property, Petersfield resident Rosemary Pugsley wants residents to be aware of the increase in wildlife sightings this year. Pugsley has been seeing deer outside of her home most days but this is the first time that they have caused destruction in her yard. "I think I'm up all night because I can hear them at night. When they go between my railing and my house, they bang against the house and it wakes me up," she said. This winter the deer decided to rip

open and eat leaves that were in bags that Pugsley puts around the outside of her home in order to increase her home's insulation in the wintertime. The deer unfortunately also did their business on the bags which created an unpleasant mess for Pugsley. "They're in garbage bags and they managed to get through the bag and they ate all the leaves. They're all gone," she said. She believes that the winter conditions this year are driving the deer to extremes in order to get what they need to eat as this is the first year she's experienced anything like this.

"I think it's because the snow, it's so deep, that they can't get up their regular food source. Last year, we didn't have very much snow so, they could get to the grass on the farmer's fields and such," said Pugsley. She's found not having the added insulation for her home has increased her costs and she's now trying to turn the furnace down some when she's not at home. One of the reasons that she suspects the deer have come her way is that the deer hop the fence and use her yard as a throughway between different areas.

The province has had an increase in reported interactions with wildlife across the Interlake this year. A spokesperson, in an email to the *Record*, says that reported interactions with respect to black bears over the summer months and elk and deer this winter have increased. A late spring frost and drought conditions caused black bears to range further in search of food and water, en-

countering people more frequently in their travels. As for this winter, the provincial spokesperson said deep snow and cold temperatures have made it difficult for deer to access their natural food sources and have motivated them to visit, with great persistence, stored forage on agricultural production sites. As climate change increases, and severe weather events become more common, the likelihood of increased interactions between people and the animals we coexist with in future years is high. One way that people can avoid conflicts with wildlife is to ensure that they secure attractants on their property. This means things like garbage and compost, bird feeders, pet food and fruit should be removed as soon as possible so that the animals don't find a regular food source in any one location. Pugsley wants others to know that they should take precautions this year. "Be aware, especially when you're driving around and especially at night because you just can't see them," Pugsley said. To learn more about coexisting with wildlife visit www.Manitoba.ca/human-wildlife and if you notice an animal in distress you can call the tip line at 1-800-782-0076.



One of the deer caught on Pugsley's property.

PHOTO SUBMITTED BY ROSEMARY PUGSLEY

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Public Notice is hereby given that the Province of Manitoba intends to conduct the following Pesticide Control Programs during 2022 within the province right of way.

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The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

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Call Katelyn Boulanger

Tuesday marked the end of COVID-19 restrictions

By Ashleigh Viveiros

The last of Manitoba's public health orders and restrictions relating to COVID-19 lifted on Tuesday.

March 15 marked the first day Manitobans were no longer required to wear masks in public spaces. The day also saw the end of travel restrictions in northern Manitoba, individual case investigations related to COVID-19, and self-isolation requirements for those who test positive for the virus.

"Thanks to the commitment, compassion and hard work of all Manitobans, particularly our health-care heroes, we are finally in a position to lift restrictions," Health Minister Audrey Gordon said in a statement released Monday.

"This path forward will be different for all of us, whether we choose to wear masks or not, or how and when we connect with family and friends. Let's be patient, thoughtful and kind to each other as we navigate this new normal together."

While the mandates are gone, public

health recommendations remain.

Symptomatic individuals are still encouraged to stay home and isolate and even someone who isn't showing symptoms but tested positive should isolate for five days from the date of the test. Anyone with symptoms or a positive test should avoid non-essential visits to higher-risk settings or with people with a high risk of negative COVID-19 outcomes, officials say.

To help prevent the spread of COVID-19, officials continue to recommend Manitobans get vaccinated, stay home when sick, assess their risk and make decisions about using masks, physical distancing, and other actions based on those risks.

While masks are no longer mandated in public spaces, they are still required in all health-care facilities. This includes clinics, hospitals, and personal care homes.

Shared Health stressed last week that this decision was informed by experts in infection prevention and control and will be evaluated continu-

ously moving forward.

"Manitoba's health-care facilities and care settings provide services and care to thousands of patients, residents, and clients daily, many of whom are at increased risk of severe illness if they become infected with COVID-19," Shared Health said.

"While health system leaders continue to monitor the transmission of COVID-19 in our province over the coming weeks, we are taking this extra preventative step in an effort to provide protection and comfort to the Manitobans who seek and receive care."

Screening for symptoms and exposure will also remain in place at health-care facilities.

On Monday, the province's online COVID-19 dashboard put the number of people in hospital with the virus at 414 (182 actively contagious), including 20 total ICU patients (14 contagious). The death count had reached 1,716 people.

Camp Stepping Stones volunteers in demand

By Jennifer McFee

Camp Stepping Stones will be back in person from June 3 to 5 and volunteers are in demand.

This camp is geared for kids aged 7 to 17 who have recently lost a parent or somebody close to them.

Different volunteer options are available, such as serving as cabin leaders and helping with activities.

"Volunteers are welcome to come for the weekend or for a few hours," said Crystal Behrends, palliative care volunteer co-ordinator. "We are especially looking for volunteers to do sewing of pillows for a few hours on Saturday, June 4."

For more info, visit www.ierha.ca and click on "Care in Your Community" then "Palliative Care" followed by "Camp Stepping Stones" or contact Behrends at cbehrends@ierha.ca, 1-855-494-7369 or 204-785-7542.



PHOTO SUBMITTED

Camp Stepping Stones is geared for kids aged 7 to 17 who have recently lost a parent or somebody close to them.



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Nurture Your Senses talks new business during pandemic

After one year in Selkirk new business reflects on 2021

By Katelyn Boulanger

Many residents might hesitate when starting a new business in the middle of the COVID-19 pandemic but Laura and Casandra Wagner embraced not only starting a new business, but one that they knew would likely have to make big changes to accommodate varying pandemic restrictions.

"The [need for] personal care has actually grown recently. With having Sangster's on the other side, that's focusing more on the awareness and internal health that way, we did have customers comment and say that, it'd be nice to have a place that they could practice, the actual physical part of it, whether that's in terms of exercise through yoga, or somewhere where they can get energetic therapy done by someone that they trust," said Casandra Wagner, manager of Nurture Your Senses.

And with the feedback from the other business that they are affiliated with, the duo set off creating a place where people can engage in a variety of services tailored to helping them with their physical wellness journeys.

It wasn't all easy, however, even with residents looking to support our local businesses. Because of the nature of the business which provides services like tanning, card readers, flame read-

ers, palm readers, energy work like Reiki alignment, an infrared dry sauna with light panels, one on one yoga, sound therapy, reflexology, waxing, sugaring and massage therapy, they actually had to shut down not long after opening in mid-May until the end of June due to COVID requirements.

However, COVID also made the Wagners realize the need for increased services like this in our community.

"The pandemic kind of forced a lot of stress on people in many different ways and we started to notice that people maybe weren't able to take care of themselves as much or that that stress was having a lot of impact on their day to day lives," said Casandra Wagner.

Now that restrictions have been lifted they are finding that more people are coming back to what would have been their routines before the pandemic.

"We do have people who are in for tanning, due to holidays and we have had more interest, with the cold weather, in the sauna," said Casandra Wagner.

Despite the challenges that the Wagners say are not only affecting new businesses like theirs but all businesses in our community, they are doing their best to give their customers the



RECORD PHOTOS BY KATELYN BOULANGER

Laura and Casandra Wagner outside of Nurture Your Senses in Selkirk.

services they would like to use.

"We're expanding and growing as people come to us and say this would be a really cool [services to have]," said Casandra Wagner.

"It's a holistic place where people can come find some relaxation, and

some me time to take care of themselves."

They encourage residents to check out what they have to offer on their website at nurtureyoursenses.com or Facebook page at www.facebook.com/nurtureyoursenseselkirk/.

Sweet treats tapped at Oak Hammock Marsh

Exploring the history of Canadian maple tapping and learning to do it yourself

By Nicole Brownlee

Jacques Bourgeois reconnects to a family tradition while leading an annual maple syrup workshop at the Oak Hammock Marsh Interpretive Centre.

"Every year I would go and help out on the farm to make maple syrup," said Bourgeois, communications and marketing co-ordinator for Oak Hammock Marsh.

Bourgeois' family owns a sugar farm 45-minutes away from Montreal, where Bourgeois would spend frosty springs helping his family tap maple trees.

"I still try to go as much as I can," said Bourgeois.

The ideal time to tap maple trees is when the weather is above freezing during the day and below 0 degrees C. at night.

"For here in Manitoba, with all of the snow, it might take a little while before we have those perfect conditions, so

I'm guessing probably early April," said Bourgeois.

"That's why I'm doing the workshop sort of towards the end of March so people can get ready and plan for their maple season."

During the March 20th workshop, Bourgeois will explore the history of maple syrup, explain how to identify maple trees and guide participants through making their own sugary treats.

"I show people my knowledge, what I've learned in Quebec while growing up, so people can make their own syrup at home as well," said Bourgeois.

In an outdoor demonstration, Bourgeois shows the audience snacking on maple treats the correct technique to tap a tree and boil the sap to make syrup.

Maple trees don't grow on the property at Oak Hammock Marsh, but Bourgeois will use logs as an example of the correct tapping techniques.

"The marsh is too wet for maple trees," Bourgeois

CONTINUED ON PAGE 10

EMPLOYEES OF THE MONTH

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Selkirk continuing with downtown renewal projects

Eveline reconstruction to make a more accessible and vibrant downtown

Submitted by the City of Selkirk

Reconstruction of one of Selkirk's historic roadways will begin this spring when a well-travelled portion of Eveline Street is redone. The work will improve safety for motorists and pedestrians, make the street more accessible and connect it to active transportation pathways and sidewalks that allow for walkers and riders to go from Selkirk Park all the way to shopping on West Manitoba Avenue.

Selkirk's Chief Administrative Officer Duane Nicol said the importance of the \$7.2 million project can't be understated.

"This is a huge project. We're rebuilding seven city blocks of road, sidewalk and boulevard all at once. It's the largest single city street rebuild in Selkirk in decades – if not ever," Nicol said.

The project was originally slated to begin in 2021 with Manitoba Hydro moving overhead wires along Eveline and putting them underground. A strike last year at Manitoba Hydro delayed that work, which will now begin in March.

Selkirk Mayor Larry Johannson, an avid walker, said making the city more walkable is a strategic priority and the benefits of getting around town on foot are many.

"Obviously walking is a healthy thing but when you walk, you notice

things you wouldn't when you're driving," Johannson said.

"I've been walking these streets for years and you get to know your city better. Manitoba Avenue East has so much to offer and when you walk you're more connected to all that's happening on the street. You'll discover businesses that you might not have noticed before and I know that people have wanted safer walking options for years, so this delivers on something that is important to the community and it is aligned with our new Active Transportation Strategy."

The project aligns with Selkirk's Downtown Renewal Strategy that aims to transform the downtown area into a place where people want to be. Dan McDermid the director of operations for the City of Selkirk said the reconstruction will make Eveline safer and more desirable for pedestrians, cyclists, people using mobility aids, and motorists.

"Active transportation is very important and these improvements will link Eveline to Manitoba Avenue making it safe and easy for people to walk, wheel or bike from the west end of Manitoba right to Eveline and then north to Selkirk Park," he said.

There will be numerous other features that will make the street safer for pedestrians, including pedestrian peninsulas at intersections that give

motorists a heads up that a crosswalk is ahead and reduce the distance walkers have to travel to get from one side of the street to the other. This is especially beneficial for folks with mobility issues or aides and those pushing strollers or walking with young ones.

"Instead of having to cross four lanes of traffic, they'll only have to cross two so it's quicker and less dangerous to cross the street," McDermid said.

There will also be detectable tiles for improved safety for the visually impaired.

"It's important for us to meet these modern standards and while doing so, we plan to recapture elements of the street's natural state by reintroducing trees to the area to not only provide shade but to absorb excess storm water," Nicol said.

"Not only does this help us fulfill our Climate Change Adaptation Strategy (CCAS) which is integrated into all of our work, it also restores the look of the street to its historic roots. Trees were a key element of the early Eveline streetscape."

The city will spend \$800,000 out of a Canada/Manitoba Investing in Canada Infrastructure Program (ICIP) grant for street trees. The street trees planted along Eveline will benefit from innovative soil systems the city is putting in place to facilitate healthy tree growth.

The Waterfront approach will also be improved and an accessible sidewalk will run from Eveline down the

North entrance right to the York boat statue. Every sidewalk approach in the reconstruction area will be accessible so people with mobility issues and those in wheelchairs can easily move from the street to the sidewalk and the sidewalk will be level with businesses entranceways.

The reduced street width at intersections, along with the addition of boulevard trees are also a natural slowing mechanism for drivers, again, making the street safer.

Eveline will also see the city's first traffic circle at the entranceway to Selkirk Park.

Kaili Brown, Landscape Architect with HTFC Planning & Design, working on the Eveline project said a traffic circle at this location is the safest option for motorists and pedestrians.

"Not only will this reduce traffic delays and congestion, it will naturally calm driving speeds while allowing motorists to yield to pedestrians before entering and exiting the circle. In the event a collision should occur, the results are typically far less severe than at a traditional intersection."

Work will be done one side at a time, allowing one-way traffic at all times throughout the duration of the project which is set to be complete in October of this year.

The Eveline Street reconstruction project was awarded to JC Paving at the Feb. 7 council meeting.

> MAPLE TAFFY, FROM PG. 9

explained.

He also notes that maple syrup has nutritional benefits because it is a natural sweetener like honey.

One 30 millilitre serving of pure maple syrup contains 35 per cent of the daily recommended intake of manganese and 15 per cent of riboflavin. There are also trace amounts of potassium, iron and calcium.

Canada is the world's leading producer and exporter of maple products, with Quebec representing over

96 per cent of the country's exports.

To register for the maple syrup workshop on March 20 at 1 p.m. at Oak Hammock Marsh, visit oakhammockmarsh.ca. Members pay \$10 to join the event and explore the discovery centre, while non-members will be charged \$20.



RECORD PHOTO SUPPLIED BY OAK HAMMOCK MARSH INTERPRETIVE CENTRE
Jacques Bourgeois shows participants how to roll maple sugar taffy at Oak Hammock Marsh's maple syrup workshop.

The Selkirk Record

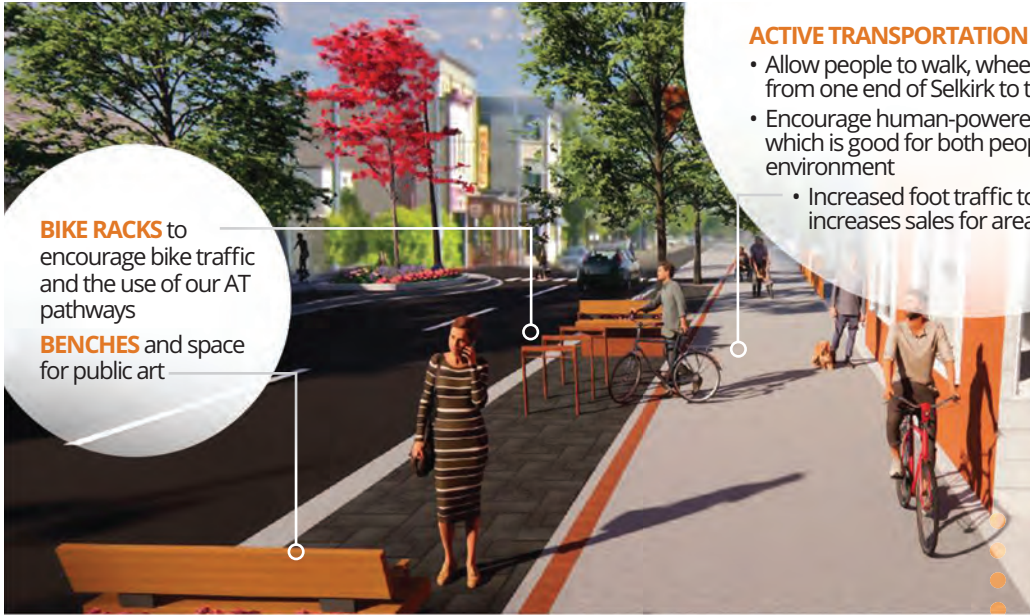
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BIKE RACKS to encourage bike traffic and the use of our AT pathways
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ACTIVE TRANSPORTATION (AT) PATHWAYS

- Allow people to walk, wheel, or bike safely from one end of Selkirk to the other
- Encourage human-powered transportation which is good for both people and the environment
- Increased foot traffic to a retail area increases sales for area businesses

DETECTIBLE TILES

- Alert people with vision impairments of their approach to street crossings and hazardous drop-offs

MARKED CROSSWALKS

- Properly marked crosswalks are more visible to drivers



EVELINE STREET RECONSTRUCTION

SPRING 2022



“WE HAVE BEEN WAITING TO SEE CHANGES TO MANITOBA AVE EAST, EVELINE AND THE WATERFRONT FOR 25 YEARS AND ARE SO GLAD IT'S HAPPENING NOW. THIS AREA IS MEANT TO BE PEDESTRIAN FRIENDLY AND ACCESSIBLE”

Lorraine Benjamin, longtime Eveline property owner and resident

PEDESTRIAN PENINSULAS IMPROVE ACCESSIBILITY AND SAFETY BY:

- Reducing the distance for pedestrians crossing the street
- Reducing travel lanes to be crossed at intersections
- Making it easier for drivers to see pedestrians

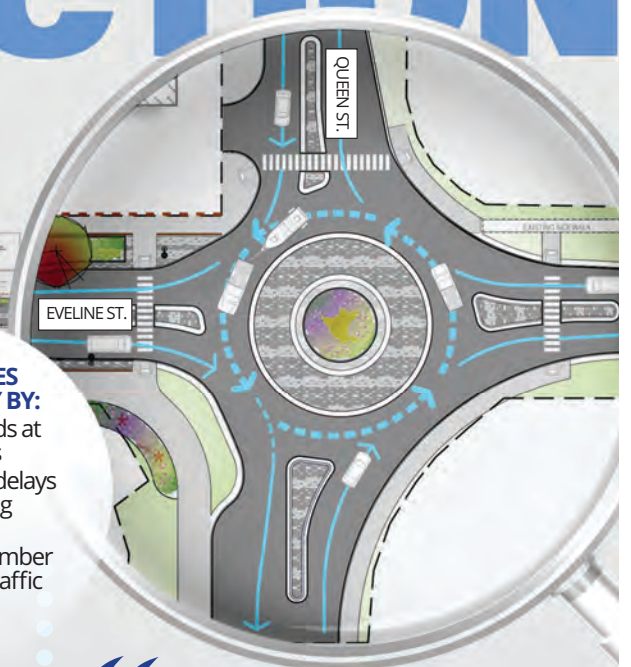
IMPROVED LIGHTING

- Improves public safety
- Reflects our waterfront heritage



TRAFFIC CIRCLES IMPROVE SAFETY BY:

- Reducing speeds at intersections
- Reducing traffic delays by maintaining traffic flow
- Reducing the number and severity of traffic accidents



“WE GREW UP IN SELKIRK AND OPENED A BUSINESS ON THIS STREET THAT WE ARE FAMILIAR WITH AND ARE LOOKING FORWARD TO AND ARE EXCITED FOR THE CHANGES THAT ARE COMING”

—Eveline business owner Charlene Farrell

STREET TREES

- Provide shade, keeping pedestrians cool
- Reduce the need for air conditioning in businesses
- Cost effectively retain and manage storm water
- Reduce air pollution
- Sequester carbon
- Naturally calm driving speeds
- Enhance property values
- Promote biodiversity and they just look great



Kidney donors in demand

By Jennifer McFee

The kindness of strangers can make the world seem a little brighter.

For one local woman, she rejoiced in heartfelt offers from strangers to help with her health condition — until she found out that certain rules prevented the process.

Karen Sinclair, who lives just outside Stony Mountain, has end-stage kidney disease. She is undergoing dialysis while she waits for a kidney on Manitoba's transplant list.

Last summer, her daughter Tiana reached out on Instagram to share her mom's story in hopes of finding a donor, which resulted in an overwhelming number of responses.

However, the mother-daughter duo were disappointed to discover that donors can only make non-directed anonymous donations through Transplant Manitoba to be fair to everyone else waiting on the list.

"In Manitoba, an established relationship is required to be a kidney donor. So those strangers who were willing to help and save my mom were rejected," said Tiana, a first-year teacher living in Morden.

"It's happening in other provinces and countries but it's not allowed to happen here. It's incredibly difficult. I'm trying to do everything I can to help my mom."

She expressed concern for the health of her mom, whose family originally hails from the Hodgson area.

"She's hooked up to a machine five days a week for up to five hours at a time. It filters out her blood and toxins throughout her system. She doesn't have the same energy she used to have," Tiana said.

"Now she can't stay awake for longer than five hours at a time. She can't work full time anymore. She's lost so much hair, and there's tons of medications."

Karen, a former 10-kilometre marathon runner, discovered something was amiss about seven years ago when she found herself becoming winded too easily while training.

"I was very athletic. It dawned on me that something was wrong when I would hit three miles and start panting when I normally didn't. I was gasping for air and wondering what's going on. I finally went to the doctor. They did blood work and then they broke the news," said Karen, who worked as a flight attendant.

"The end result is that I need a kidney. And if people want to donate a kidney, that should be fine even if they don't know the person."

Roberta Koscielny of Transplant Manitoba said currently about 200 Manitobans are waiting for a kidney transplant, and blood type plays a role in wait times.

"In Manitoba, direct living donation requires an established relationship, which means anonymous donors for specific recipients are not accepted into Transplant Manitoba's living donor program," she explained.

"If someone connects with the program wanting to donate to someone they do not know, the person may choose to step forward as an anonymous donor ensuring fairness and equity to all those waiting for a transplant. Anonymous living kidney donors are also given the opportunity to participate in the Kidney Paired Donation Program through Canadian



RECORD PHOTO SUBMITTED

Karen Sinclair, right, and her daughter Tiana.

Blood Services."

The Kidney Paired Donation Program identifies potential transplant opportunities for recipients who have a willing living donor who can't donate to them due to incompatibilities in blood type or tissue typing. This program searches for matches among incompatible pairs, and when a match is found, the pairs are able to swap donors.

Kidneys help rid the body of things it doesn't need, such as extra fluid,

waste or minerals. As well, they help control blood pressure, balance chemicals and build red blood cells.

Here in Manitoba, about one in 10 adults is living with kidney disease — and most don't even know it.

According to Manitoba Renal Program, Manitoba has the highest rates of kidney disease in Canada. The leading causes are diabetes and high blood pressure. Between 2010 and 2019, the number of Canadians on dialysis grew by 25.7 per cent, yet the number of Manitobans on dialysis jumped up by 45 per cent during that same period.

Currently, about 1,845 Manitobans are receiving dialysis treatments and another 6,475 people are being treated for chronic kidney disease.

Across the globe, the need remains great for organ donors, Koscielny added.

"In Canada, there are more than

CONTINUED ON PAGE 20



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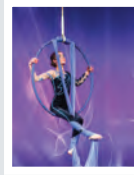


MANITOBA 150 OVERVIEW

With the celebration of our province's 150th anniversary, the Manitoba 150 Host Committee invited Manitobans to share our stories, show off our destinations, highlight our successes and demonstrate the joy that comes from being Manitoban.

Though the celebration was delayed and altered by the emergence of the COVID-19 pandemic, Manitobans showed up, exhibited tremendous resilience and in the end, demonstrated the true spirit. We are stronger when we come together, which is why we are "United in Celebration – Unis dans la Fête".

85+ CELEBRATORY
EVENTS PLANNED
FOR CELEBRATE 150



1 AMAZING
CONCERT
60+ MANITOBA
PERFORMERS

240 LEGACY
PROJECTS
BUILT

1 COMMEMORATIVE
MEDAL



1 COIN

150 MANITOBA
DESTINATIONS
PROMOTED WITH
EXPLORE 150



14 DISTINCT
PROGRAMS

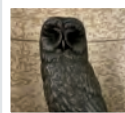
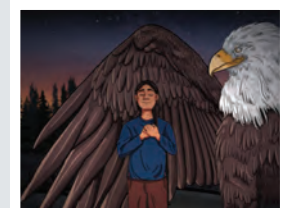
1.369m MANITOBIANS INVITED TO BE
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CELEBRATION!

48 RED RIVER COLLEGE
CREATIVE COMMUNICATIONS
STUDENT WRITERS
FOR HONOUR 150

50 ACTS OF
RECONCILIATION
FOR BLANKET INVITATION

55 COMMUNITY
FOUNDATIONS
INVOLVED IN BUILD 150

12 STATUES CREATED
AND INSTALLED

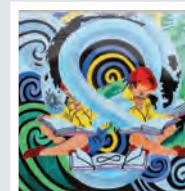


AT THE
MANITOBA
LEGISLATIVE
BUILDING

150 EXCEPTIONAL
MANITOBIANS
HONoured

300,000 LED LIGHTS
INSTALLED ON
THE LEGISLATIVE
GROUNDS

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PLANTED



7 MURALS
CREATED FOR
MURAL 150

93 LOVE LETTERS
TO MANITOBA
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Nature Conservancy of Canada protects new areas of Lake Winnipeg's shoreline and wetlands

Wetlands provide habitat for birds and endangered wildlife

By Patricia Barrett

The Nature Conservancy of Canada (NCC) has added two Lake Winnipeg properties to its inventory of protected habitat thanks to funding contributed by other conservation organizations and the federal government.

One of the properties is at Breda Bay, about 34 kilometres north of Gimli, and the other is called MapleCross in Siglavik, about five kilometres south of Gimli. Together they comprise 45 hectares (111 acres) of newly protected shoreline and wetland, which will help improve biodiversity and fight the climate crisis.

There are few large, intact natural areas remaining in the region, said NCC.

"Conserving these areas is an act of optimism and hope that Lake Winnipeg can be saved – that each of us can take action and play a part in helping our lake. It is clear that many people have a deep connection to the area's beaches, shallow, warm waters, and shoreline forests, and a long cultural history of connection to the lake," said NCC Manitoba region director of conservation Cary Hamel in a March 7 news release. "By conserving the natural integrity of two more areas near Gimli, we can ensure that future generations can enjoy the lake and land as well."

The Nature Conservancy of Canada is a non-profit land conservation organization that purchases and manages natural areas across Canada. It part-

ners with other conservation groups, First Nations and government. In addition to buying land, it maps the location of rare species and removes invasive weeds. Since 1962, NCC has protected 15 million hectares of land. In Manitoba it has protected over 71,161 hectares (175,843 acres) of land, according to its website.

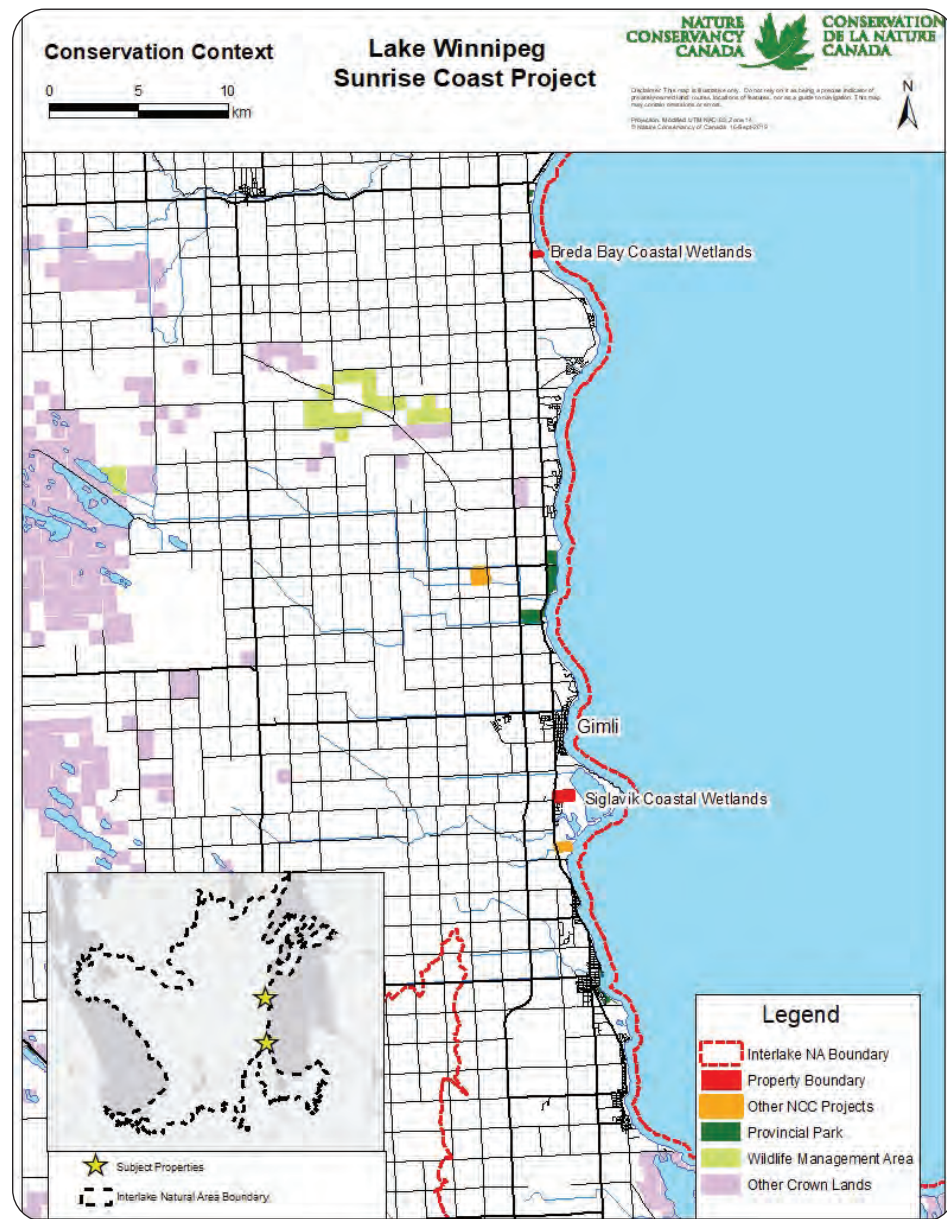
The Dolhy family donated half the value of the Breda Bay coastal wetlands. Ontario-based conservation organisation MapleCross Fund and the federal government contributed funding so that NCC could buy the properties.

NCC said it had put out a call in 2021 to raise the "final \$60,000" of the project's cost.

"NCC thanks the Dolhy family, who donated half the value of the Breda Bay Coastal Wetlands property, MapleCross Fund who made a lead gift to the project, and others who contributed to conserve these lands," said NCC. "This conservation project was also made possible with funding from the Government of Canada's Natural Heritage Conservation Program, part of Canada's Nature Fund."

The Breda Bay property is 11 acres and the MapleCross Siglavik Coastal Wetlands is 100 acres, according to the MapleCross website. Isobel Ralston and Jan Oudenes of MapleCross said in the news release they were excited to work with NCC Manitoba and help protect unique and ecologically important sites on Lake Winnipeg.

"The wetlands at Breda Bay and Siglavik are es-



RECORD MAP COURTESY OF NATURE CONSERVANCY OF CANADA

Lake Winnipeg Coastal Wetlands.

pecially significant because of their influence on both local communities and wildlife alike," they said. "These properties represent MapleCross' first venture into Manitoba. We look forward to visiting this distinctive part

of the country and hopefully catching sight of an [American] white pelican." NCC said the lake's coastal wetlands provide significant habitat for migratory and breeding birds and other wildlife, including endangered species such as barn swallows, northern leopard frogs, short-eared owls and monarch butterflies.

"The sandy and treed beach ridges found on these properties are also a rare forest type in Manitoba, and make up only 0.2 per cent of the Interlake region," said NCC.

Other benefits of coastal wetlands include the filtering of nutrients that would otherwise contribute to algal blooms on the lake, providing habitat for fish and protecting lake-side developments from flooding.

Federal environment and climate change minister Steven Guilbeault said Canada is facing an interrelated crises of climate change and biodiversity loss, which must be tackled.

"By working with partners such as the Nature Conservancy of Canada, we are helping to protect the natural

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CONTINUED ON PAGE 20

get inspired

> MEAL IDEAS



Yield: 8 sandwiches
8 ounces plain cream cheese spread, softened
1 cup finely shredded mozzarella cheese
salt
4 English muffins
24 slices cucumber
8 thin slices green pepper



St. Patrick's Day Sandwiches

fresh cilantro leaves
lemon juice
lemon slices, for garnish (optional)
In bowl, mix cream cheese spread, mozzarella cheese and salt well.
Split English muffins in half. Cut each muffin half into shamrock shape.
Spread cheese mixture over each muffin half.
Place three cucumbers on each "shamrock," one on each "leaf." Use green pepper slice as stem. Place cilantro leaf on top of each sandwich.
Sprinkle sandwiches with lemon juice and add lemon slices, for garnish, if desired.



Servings: 8-10
5 cups water
1 pound asparagus
ice water
2 teaspoons vegetable oil
1/4 teaspoon salt, plus additional, to taste, divided
1/4 teaspoon pepper, plus additional, to taste, divided
flour, for dusting
1 sheet frozen puff pastry, thawed
1 cup grated fontina cheese
1 cup grated gruyere cheese
1 tablespoon shallot, minced
2 egg yolks
3 tablespoons milk

Cheesy Asparagus Tart

1/4 teaspoon nutmeg
1 lemon, zest only
Heat oven to 400 F.
In large skillet, add water and asparagus. Cook 5-8 minutes until asparagus is bright green.
Drain asparagus and soak in ice water.
In large bowl, mix drained asparagus, vegetable oil, salt and pepper until combined.
Flour surface area. Using rolling pin, roll out pastry to 10-by-16-inch rectangle. Transfer pastry to parchment-lined baking sheet. Prick pastry with fork. Bake about 12 minutes, or until golden brown. Cool slightly on baking sheet.
In large bowl, mix fontina cheese, gruyere cheese, shallot, egg yolks, milk, nutmeg and salt and pepper, to taste, until combined. Spread cheese over pastry, leaving 1 inch around edges. Lay asparagus over cheese mixture.
Bake 5 minutes, or until cheese has melted.
Sprinkle lemon zest over tart and serve.

Making "We" more important than "I"

By Gwen Randall

Do you find yourself arguing frequently with your partner? This may happen for several reasons. If one person is criticizing the other, undoubtedly an argument will ensue. The solution here, obviously, is to stop criticizing. No one likes to be criticized.

Telling someone that what they are doing or thinking is wrong will only trigger defensiveness. Instead of telling the other what he/she is doing wrong, simply ask for the behavior you would like. Offering to modify one of your behaviors in return creates a win-win situation.

Sometimes the arguments are a result of differing opinions. You have probably noticed that when two people are reiterating their respective positions, they may become louder or more forceful, but that rarely shifts the perspective of the other. The result is either a blow-up, with an aftermath that lasts for days, or one party gives in to keep the peace, but may feel unheard or resentful.

This can become a pattern in the relationship, either with a partner, parent, teen, or someone at work. Such a pattern slowly degrades the relationship and provides no opportunity for resolution, or finding a healthier way of communicating.

There is a better way. Marshall Rosenberg is a mediator who worked globally to help countries find agreement over difficult issues. He is also the author of "Nonviolent Communication." Rather than fighting each other, his model shows the two people (or sides) how to join together and work as a team to solve the problem. One says "black", the other says "white." The first step has both working to clearly understand the other's concerns and preferences. Then each proposes "grey" solutions, until they come upon one that both can live with.

One cannot underestimate the importance of showing the other that you understand what they are saying and how they are feeling. This can be done even if you disagree. It shows respect for the other person and their

point of view.

If you are one half of a couple, there will be times when you disagree. It is vital, for a healthy relationship, that you learn the process, and the art of compromise. Indeed, there may be some issues that are non-negotiable for you, for example, things involving legal or moral issues. These should be few, so for most issues, there should be room to reach some kind of agreement.

Neither party may be completely happy with the result of the compromise, but if the relationship is one in which there is respect for one another, both will see that while there may have been a "loss" in terms of one's stance on the issue, there is a "gain" in terms of the relationship. In ten years, the issue will be over, but you will be reaping the rewards that come from putting the relationship first.

Sadly, in our world there are not enough examples of conflicts being approached in this way. Evolving beyond polarity has to start somewhere, so in our homes is as good a place as any.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

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Tips for waterproofing a basement or crawl space

Water can be a homeowner's worst nightmare. Few things have the potential to damage a home as much as water. From leaks to flooding to moisture problems like mold, water can wreak havoc on a home.

Basements or crawl spaces are areas of a home where water can do the most damage. Basements and crawl spaces tend to be the lowest-lying spots in a home, and therefore prime spots for water to enter. Water problems in these areas can contribute to the demise of the structural integrity of the foundation.

According to Brown & Sons Construction, a foundation solutions company, water can enter homes in numerous ways. Many building materials, including concrete, that seem solid at first glance actually are quite porous. As ground water collects around these materials, the weight of the accumulated water, called hydrostatic pressure, can weaken the materials, causing cracks where water can seep through. Water also can enter subterranean spaces through basement windows and gaps between footings and concrete slabs, or push up through foundation floors when homes are in areas with high water

tables.

Remediating water issues in a home generally breaks down into two methodologies: exterior waterproofing and interior waterproofing. Depending on the cause and severity of the water issue, one or the other, or even both, may be recommended.

Exterior waterproofing

Exterior waterproofing aims to keep water away from and out of the home. The home improvement information resource DoItYourself.com says that exterior waterproofing generally includes the application of a waterproofing agent to the concrete foundation. In addition, exterior waterproofing also could include excavation so a drainage system can be installed around the entire footing of the home. Regrading a property and properly relocating gutters and downspouts can help with many water issues.

Interior waterproofing

When water in a basement or crawl space needs to be remediated indoors, a system to col-

lect, drain and remove water may be necessary. This can include sump pumps, drains, gravity discharge systems, and more. Moisture barriers, which can include special paints or products applied to the foundation walls and floor, also can help keep water from entering the space.

Moisture solutions

Keeping water out is only one part of the equation. Homeowners also need to manage moisture, like excessive humidity. A marriage of HVAC and waterproofing techniques may be necessary to improve air flow and remove humidity in the air.

While many homeowners have attempted to address water issues on their own, many times it is a job best left to the professionals. Because water penetration can have multifaceted causes, a professional can best assess the situation and create solutions that fit with homeowners' budgets and needs. For more information contact Brown & Sons Construction at info@brownandsonsconstruction.com.



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4 popular colours for 2022

Home design trends come and go. The fleeting nature of such trends can make it hard for homeowners to commit to a particular style, especially if they want their home decor to stay as current as possible. Paint provides one way to stay current and refresh a home's interior without investing in new furniture and home accessories. Paint trends change, but these colours are already making the rounds in 2022.

· **Very Peri:** Very Peri is the Pantone® 2022 Colour of the Year. A brand new shade of blue, Very Peri was designed to rekindle some of the qualities that the colour blue represents while simultaneously complementing a modern perspective. The home design pros at HGTV recommend pairing Very Peri with neutrals like taupes and creams or deeper shades like navy or brown.

· **Evergreen Fog:** The paint experts at Sherwin-Williams note that this shade of green is symbolic of nature and a colour associated with revitalization and growth. Those characteristics make it great for homeowners who are looking to create a new beginning with their home interiors, particularly in relaxing spaces like living rooms and bedrooms.

· **Breezeway:** Breezeway from Behr® is another popular colour that provides a soft look. Breezeway is the Behr® Colour of the Year for 2022 and is described as a silvery green shade with cool undertones. Behr® touts the versatility of Breezeway, which the company indicates inspires awe in bedrooms, living rooms or hallways. Breezeway pairs well with creamy white, taupe, softened black, and nuanced pink.

· **Gilded Linen:** Gilded Linen from Valspar® is ideal for homeowners who want a colour to organize and connect spaces throughout their homes. Gilded Linen is a minimalist white that mixes well with natural elements like wood and greenery. The soft tone of Gilded Linen makes it suitable in a variety of rooms, which is one reason why it's so popular in homes with open floor plans.

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Signs of winter lawn damage

Mother Nature can be harsh on a lawn, and it's up to homeowners to nurse their lawns back to health after they endure the elements. That's often the case when winter ends and homeowners uncover signs of damage to their lawns.

Homeowners cannot begin to repair winter lawn damage until they learn to identify it, and the following are some telltale signs that winter took a harsh toll on a landscape.

· **Wilted grass:** Many things can cause grass to wilt over the course of winter, so homeowners may have to put on their sleuth's cap to determine why grass that was healthy as recently as late fall is now wilted as the spring bloom begins. Grass that's adjacent to walkways and driveways might have wilted due to the application of de-icing solutions. Such products can prevent the formation of ice on driveways and walkways. However, when they're tracked onto the grass by people or

animals or blown there by winter winds, grass can wilt. A deep watering in spring can flush any lingering solution from the lawn. In future winters, homeowners can be as careful as possible when applying de-icing solutions, making a concerted effort to avoid spreading any onto the grass and limited applications to areas of the driveway and walkways that are not close to the grass.

· **Brown patches:** The National Association of Landscape Professionals notes that brown patches in a lawn often develop after heavy snowfall. Such patches tend to develop where large piles of shoveled snow were deposited, so homeowners can inspect alongside driveways and walkways. The NALP advises homeowners to rake away part of the brown patches first. If green tissue is emerging beneath, then the lawn will likely be fine in due time. However, if the area beneath is not green and surrounding areas are already turning green,

homeowners may need to rake up dead tissue before applying topsoil to the affected spots. Once topsoil is spread, some grass seed can be spread and the grass should regain its green glory.

· **Gray or pink grass:** Another indicator of winter lawn damage linked to snow is gray or pink grass. The NALP reports that this is a byproduct of snow mold caused by lingering snow. Action may be unnecessary, as the NALP notes these circular patterns often go away on their own. If not, raking the affected areas might be enough to get the lawn on the road to recovery. If the issue continues to linger after raking, a topsoil application and subsequent seeding may be necessary.

These are three common signs of winter lawn damage in areas where snowfall is significant during the coldest months of the year. Homeowners concerned about their damaged lawns are urged to contact a local landscape professional to correct any issues that linger into spring.

Get ready: Early spring landscaping tips

During the cold months of winter, many people stare longingly out of the window dreaming of spring and time spent outdoors. For those with green thumbs, images of tending to the garden and other aspects of their landscapes no doubt dominate such daydreams. Draw inspiration from those budding crocuses and daffodils pushing through the last remnants of snow and employ these tips to prepare for the upcoming gardening season. One of the first steps is to apply a pre emergent weed killer to get a head start knocking out weeds that can plague the lawn during the growing season. Killing weeds at the roots early on can mean far fewer hassles in spring and summer, and may prevent new generations of weeds from cropping up each year. While it may be tempting to take a prematurely warm day as a sign that spring is in full force and purchase a bunch of annuals, it's better to know the last of the possible frost dates (check The Farmer's Almanac); otherwise, you may waste time and money planting flowers or vegetables only to have them zapped by another frosty day. - Amend the soil so that it is the right consistency, just crumbling when lifting it. Soil that is too muddy after spring thaw can harden, making it difficult for plants to flourish later on. Speak with representatives at a local lawn and garden center about which types of amendments you can add to the soil in your particular area to enrich it. - Lawn and garden experts at The Home Depot suggest filling

in bare patches of lawn now by mixing a few shovelfuls of soil with grass seed. Then apply this patch to the bare areas, water, and continue to care for the area until the spot fills in. - Spend a day in the garage or shed tending to the lawn mower and other gardening equipment. Clean all tools and ensure that everything works, repairing parts as needed. - Give outdoor entertaining spaces a good scrubbing, clearing away dirt and grime that may have accumulated over the winter. Use a leaf blower to blow away any leftover leaves. - Check if the front porch, railings or decking need painting and/or staining. Tackle these projects when the weather is cooler so everything will be ready for those peak spring days. - Think about any annuals you might want to plant in the landscape this year that will complement any existing shrubbery or perennials. Come up with a theme so that the entire yard is cohesive. Before homeowners know it, winter is gone and it is time to once again enjoy long days spent outdoors. Get a jump start on spring lawn prep as soon as you can.

BROWN AND SONS CONSTRUCTION

The Waterproofer FOUNDATION REPAIR SERVICES

The Waterproofer says:
Warmer weather is on its way. It's time to prepare your foundation by removing as much snow as you can around your house. In the springtime water from melted snow can get into cracks and voids in your foundation wall. With the rapid freeze/thaw cycle at this time of year the moisture freezes in cracks and expands making a crack a little bigger each time. This is why you hear people saying that the basement didn't leak until spring. The more snow you move away from your house, the less chance you have of creating cracks or making existing cracks longer. We can help you with this. If you have any foundation problems or questions call Arnie at Brown and Sons Construction for a free quote. Benefit from our over two decades of experience.

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Cottage restoration builds historical community

By Nicole Brownlee

A new property owner passionate about historical restoration is dredging up Winnipeg Beach's history with the help of a grassroots historical society.

"I always had this pipe dream of buying an old, really cool, vintage cabin that would need to be near the lake," explained Wendy Peter.

Her dream came true when a property opened up in Winnipeg Beach.

The cottage Peter purchased was a 260 square metre, 12-bedroom inn with 6-metre-high lodge wood ceilings originally called the "No One Inn."

Peter found, like many of the cottages in Winnipeg Beach, the property was built by the Canadian Pacific Railway in 1910. What made the find lucky was that there were very few changes to the property since then.

"My goal was to restore it back to its original condition."

Peter was familiar with the Winnipeg Beach area after spending summers with her family but she wanted to learn more about her new property.

Peter started researching and was mesmerized by the history of the beach town.

"Researching the properties (you) buy not only helps to preserve the properties because people see the value, but it actually connects them to the history, and it makes them feel connected to the community," said Peter.

She found that Winnipeg Beach was an opulent hot spot on the CPR for wealthy families in the early 20th century.

"It became kind of like a Coney Island of Canada with this roller coaster and dance hall and merry go rounds."

Spurred by the rich history of the community, Peter was determined to create a historical society to share her

findings.

After a year of organizing the group to establish it as a charity, Peter met with Heather Ritchie, descendent of S.B. Ritchie, a contractor who built around 300 cottages in the Winnipeg Beach area.

Peter started a Facebook group to collect more information about the town, and within three weeks, the group grew from Peter and Ritchie to 500 members.

John Mills lived in and around Winnipeg Beach from 1950 to 1967, where his parents owned a popular restaurant for 17 years called Dorothy's.

Mills moved to Alberta in 1967 and has visited Winnipeg Beach a handful of times since moving but has joined Peter's information scavenger hunt to share his connection with the town.

"Once I started finding things, I just wanted to learn more," said Mills.

"Hopefully, with the postings that I put on the historical page, it's beneficial to other people. I find so much of that stuff is lost."

Peter hopes to start a museum in the community to showcase the vibrant history of Winnipeg Beach and help teach people how to restore their cottages.

CPR donated a train car to Winnipeg Beach, which community members are working to restore and showcase archived photos of the town.

Peter encourages anyone interested in sharing information to reach out. Contributors can email photos to winnipegbeachhistory@gmail.com.

For more information, visit the Winnipeg Beach Historical Society Facebook page.

To follow Peter's journey restoring the "No One Inn," now dubbed "Banchory Lodge," visit wendypeterresources.weebly.com/bringing-back-banchory-lodge.



RECORD PHOTOS SUPPLIED BY WENDY PETER

Wendy Peter is restoring a century-old cottage in Winnipeg Beach and sharing her historical findings with a grassroots group of history buffs.



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Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

The **Selkirk Record**

Getting in the winter fun while we can



PHOTO SUBMITTED BY WALTER WHYTE SCHOOL

Walter Whyte School students are enjoying the winter while it lasts. The grade 5 to 9 classes had fun going to the sliding hill in Victoria Beach, the ski trails in Grand Beach and at the skating rink in Grand Marais. Check out all the fun that they had adventuring in the great outdoors.

\$2.86 million for new conservation projects from the Conservation Trust

Submitted by Manitoba Habitat Heritage

The Manitoba Habitat Heritage Corporation Board of Directors recently approved \$2.86 million in new grants to 20 projects delivered by 14 Manitoba-based conservation groups.

"These funds provide new opportunities to improve wildlife, water and soil conservation across the province," said Stephen Carlyle, chief executive officer of the Manitoba Habitat Heritage Corporation (MHHC).

The revenue source for these projects is \$204 million in contributions made to The Winnipeg Foundation between 2018 and 2020 to establish three trusts dedicated to land, water and wildlife conservation. MHHC manages granting programs for the trusts.

Establishment of the Conservation Trust, the GROW Trust, and the Wet-

lands GROW Trusts in Manitoba resulted in permanent revenue sources for new conservation activities. The Trusts focus on restoring natural areas in the rural landscape to help address floods and droughts, water quality, wildlife habitat and biological diversity, carbon sequestration and connecting people to nature.

"The conservation investments will help make our landscape more resilient to the impacts of climate change in the future," said Carlyle.

Projects supported include:

- \$400,000 to Manitoba Beef Producers to support projects that help cattle producers conserve grasslands and enhance habitat for threatened and endangered birds

- \$200,000 to Holistic Management Canada to support its Regenera-

tive Agriculture Accelerator Project, which helps Manitoba agriculture producers incorporate soil, water and wildlife conservation into their farming operations

- \$400,000 to Ducks Unlimited Canada to conserve and restore wetland and grassland habitats in the province

- \$25,000 to the Canadian Parks and Wilderness Society – Manitoba Chapter to work with the Fisher River Cree Nation to develop a conservation areas plan for the Fisher River watershed

The \$2.86 million in Trust funds is being matched by \$6.6 million in funds and services by the groups, which will result in \$9.5 million of conservation activity in Manitoba.

"An additional \$7.5 million will

be awarded in April for watershed-based conservation projects under the GROW Program delivered by provincial Watershed Districts, bringing total grant funding from the trusts to \$10.3 million in 2022," said Carlyle.

Since the first projects received trust funding in 2019, a total of \$20.86 million has been committed to 139 conservation projects delivered by 47 Manitoba-based groups.

Serving its mandate to conserve fish and wildlife habitat in the Manitoba for the past 36 years, MHHC became a private, not-for-profit charitable organization in 2021. In addition to direct conservation program delivery, MHHC manages granting programs from the Trusts.

Visit www.mhhc.mb.ca.

> SAVING WETLANDS, FROM PG. 14

environment in Manitoba and across the country and build a healthier and more resilient future for our children and grandchildren," said Guilbeault in the release. "Programs like the Canada Nature Fund's Natural Heritage Conservation Program are helping us progress toward conserving a quarter of lands and oceans in Canada by 2025."

Federal funds invested in the program are matched with contributions raised by NCC and its partners, Ducks Unlimited Canada and the country's land trust community.



American white pelicans on Lake Winnipeg.

RECORD COURTESY OF NCC/PHOTO BY ROB JANTZ

> KIDNEY DONATION, FROM PG. 12

4,000 Canadians waiting for a life-saving transplant," she said.

"According to the latest statistics from Canadian Blood Services, there were 734 deceased organ donors and 487 living organ donors in 2020. In 2020, 276 Canadians died while waiting for a transplant."

March is National Kidney Month, and Koscielny offers some suggestions for how to mark the moment.

"Registering to be an organ and

tissue donor in Manitoba takes two minutes online and three pieces of information — name, birthdate and nine-digit Manitoba Health card number," she said.

"Manitoba's donor registry, www.signupforlife.ca, is marking 10 years of online service this year and the goal is to add 10,000 new registrations before Dec 31, 2022. Currently the registry holds the donation decisions of more than 60,000 Manitobans."

She also explained the process of becoming a kidney donor through a deceased donation.

"The window of opportunity to become an organ donor is small. Less than three per cent of all in-hospital deaths allows for the option of organ donation. Giving the gift of life is rare, which is why Transplant Manitoba – Gift of Life encourages all Manitobans to have important conversations with loved ones about final wishes," she said.

"Should something happen and a person dies in a way that makes giving a gift of life possible, families need to be aware of donation decisions so that decision can be honoured when donation is offered as an option at end of life."

At the same time, Karen offers some advice based on her own experience.

"For me, every month is a kidney month. You can catch problems before the percentage of your kidneys go down. I didn't catch it. I caught it when my kidneys were at 30 per cent," she said.

"I really emphasize to everybody that you should really get checked."

Likewise, Tiana encourages others to consider getting tested to find out if they can become a kidney donor.

"Getting tested does not mean you have to donate your kidney. People can live full and healthy lives with one kidney," she said.

"We can't live without our heart or our brain, but there are people who donate a kidney and they still have a healthy and full life."

For more information, including about how to become a living donor, visit Transplant Manitoba's website at <https://www.transplantmanitoba.ca>.

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Sail Canada announces 2022 Sail East, Central and West regional championship details

Submitted by Patrick Godbout

Kingston, March 11, 2022 – Sail Canada announced today the dates and hosts of its 2022 three-part series regional championships Sail East, Sail Central and Sail West, to be held in July.

The first weekend of action will be July 15-17 as two regional competitions will be held at the same time. St. Margaret Sailing Club in Glen Haven, Nova Scotia, will host athletes from New Brunswick, Nova Scotia, Prince Edward Island and Newfoundland-and-Labrador at Sail Canada 2022 Sail East during the Bay Wind Regatta, while Gimli Yacht Club in Gimli, Manitoba, will welcome sailors from British Columbia, Alberta, Manitoba, Yukon, Northwest Territories and Nunavut at Sail Canada 2022 Sail West.

Sail Central, including participants from Ontario and Quebec, will be held the weekend after, July 21-24, at the Hudson Yacht Club in Hudson, QC, during the Fruitbowl regatta.

Notices of races for each competition will be available soon and registrations will open in the coming months.

These three Sail Canada Regional Championships showcase each annually around 150 sailors, and are attended by:

- U15 sailors in the Optimist class;
- U17 sailors in the Laser Radial, Laser 4.7, 420 and 29er classes;
- Open class sailors in Laser, Laser Radial, Laser 4.7, 420, 29er and Optimist classes.

These competitions provide a chance for sailors to train and compete with high-level sailors in their region, in addition to serving as talent identification opportunities for regional and provincial sailing teams, as development and mentoring opportunities for coaches, as well as training and development opportunities for officials and volunteers.

Calendar for 2022 Sail East, Central and West

2022 Sail East (at Bay Wind Regatta)

July 15-17
St. Margaret Sailing Club
Glen Haven, Nova Scotia
Details: <https://www.sailing.ca/events/2022-sail-east/>

2022 Sail West
July 15-17
Gimli Yacht Club
Gimli, Manitoba
Details: <https://www.sailing.ca/events/2022-sail-west/>

2022 Sail Central (at Fruitbowl Regatta)

July 21-24
Hudson Yacht Club
Hudson, QC
Details: <https://www.sailing.ca/events/2022-sail-central/>

About Sail Canada

Established in 1931, Sail Canada is the national governing body for the sport of sailing in the country. Sail Canada is a leading international sailing nation, proud of its world class athletes, lifelong participants and inclusive culture. The organization and

its members are committed to excellence by developing and training its leaders, athletes, sailors, instructors, coaches and officials. With the valued support from our partners, the Provincial Sailing Associations and our member clubs, schools, organizations and stakeholders, sailing is promoted in all its forms. By setting standards and delivering programs from home pond to podium for Canadians of all ages and abilities, from dinghies to keelboats, cruising to navigation, windsurfing to powerboating and accessible sailing, Sail Canada sets sail for all, sail to win and sail for life.

A sport in the Olympic program since the first Games in 1896, except in 1904, the pursuit of success in these Games is what fuels the focus of Sail Canada as Canadian athletes have so far achieved nine Olympic and five Paralympic medals.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Blazers finish 3-1 in Boston

Staff

The Balmoral Hall Blazers finished with a 3-1 record at the Junior Women's Hockey League playoffs in Boston last Saturday.

Balmoral Hall blasted the Pacific

Steelers from Richmond, B.C. 10-2 in a consolation final last Saturday.

The Blazers were doubled 4-2 by Quebec's Stanstead College on Saturday.

Balmoral Hall reached the semifinal

after doubling the Boston Shamrocks 2-1.

The Blazers started the playoffs with a 2-0 win over the Steelers last Friday.

Stonewall's Anya Epp was perfect in goal, making 32 saves for the shutout.

The Blazers' roster includes West St. Paul's Kara Yackel and Cailin Yackel and East St. Paul's Morgan Smith and Ella Stewner.



Ella Stewner



Cailin Yackel



Morgan Smith



Kara Yackel

Royals reach semifinals of hockey provincials

By Brian Bowman

The Selkirk Royals reached the semifinals of the 2022 Dairy Farmers of Manitoba AAAA Provincial Hockey Championships held at the Recreation Complex.

But their season abruptly ended with a 7-2 loss to the Westwood Warriors on Saturday.

"They're a really good hockey team," said Royals' head coach Michael Buffie. "They were in the finals in the playoffs for a reason and they're in the finals at provincials because they're good. They're big, they're strong, they're fast. They move the puck well."

Selkirk started provincial action with a solid 5-2 victory over Brandon's Vincent Massey Vikings on Friday afternoon. The Royals scored four third-period goals for the win.

"Brandon came right out of the gate and scored the first goal on us," Buffie said. "We knew we were in for a battle and it wasn't going to be easy but the guys responded well and played a really good third period."

The Royals were then humbled that evening with a 7-1 loss to the St. Paul Crusaders. Selkirk did not have much time between their first two games.

"We needed a big third period to win the (previous game) and it took a lot of energy," Buffie said. "That game against St. Paul's, you can tell that they had that extra step on us."

The Royals had a great time hosting the provincials in Selkirk.

"It was an amazing experience," Buffie said. "It was really awesome and the guys really enjoyed it. It was obviously not the outcome that we had



RECORD PHOTO SUBMITTED

The Selkirk Royals reached the semifinals of the hockey provincials held in Selkirk. Pictured, top row, Joel Kingsland, Clint Thomas, Ty Johnson, Andrew Carter, and Ben Desjarlais.

Middle row Gaven Berry, Tanner Skrypnik, Parker Carels, Nathan Burzynski, Nick Magwood, Brennan Feschuk, Dylan Duguay, and Andrew Denoon.

Front row Brendan Berrington, Nick Skromeda, Mike Rey, Devon Whiteside, Ashton Henry, Michael Buffie, Ethan Geard, Travis Spratt, and Owen Savoie.

hoped for because we wanted to be in the finals. But to be top four, playing against the best teams in the province, it was a really good experience for these guys."

Overall, it was a very successful season for the Royals.

"We're quite happy with the season that we had,"

Buffie said. "We were one of the top teams in the league and then to finish top four in provincials, it was a tremendous season."

Westwood faced St. Paul's in the championship game on Monday evening but no score was available at press time.

Fishermen advance to CRJHL final

By Brian Bowman

The Selkirk Fishermen have earned a spot in the CRJHL final series.

Selkirk swept their best-of-seven semifinal series with the Lundar Falcons after a 4-2 win on Sunday afternoon.

Despite sweeping the series, the Falcons gave the Fishermen a pretty good battle.

"The scores were close, which is a credit to their goaltender, but we did carry the play for most of the series," said Fishermen head coach Chris Poponick. "We gave up three goals in four games and of those three goals I would say one was a really good shot by them but the oth-

ers were mistakes by us. It was a hard-fought series and the scores were close but we did a really good job. Our team played really sound defence."

Selkirk took a 2-1 first-period lead and then the second period was scoreless.

Fishermen goals were scored by Nolan Milgaard, Braeden Hummel, Travis Spratt and Reese Tessier.

Ryan Gleich and Jayden Allary replied for Lundar.

Owen Derianchuk made 30 saves for the win.

The Fishermen grabbed a 3-0 series lead with a 3-1 road win over the Falcons on Friday.

Lundar's Kayden McMahon and Selkirk's Kasen Andrushko traded first-period goals and then Milgaard tallied in the second.

Andrushko added his second goal of the game in the third. He had a great game, finishing with three points.

"He got the hard hat for that night," Poponick said. "He had a nice deflection to get us going after they scored really early."

Selkirk's Raymond Hefferman and Jordan Donald each had two assists in the game.

The Fishermen outshot the Falcons 43-11 as Brendon Hocaluk earned the win in goal.

Last Wednesday, Selkirk shut out the Falcons 3-0 in Lundar.

After two scoreless periods, Tessier, Josh Poponick (on the power play) and Hummel scored in the third.

Derewianchuk made 16 saves for the win.

U18 Wild sweep Thrashers

Staff

The U18 Winnipeg Thrashers' season is over.

Winnipeg was defeated 6-3 by the Winnipeg Wild in Manitoba U18 AAA Hockey League action last Friday evening.

With the win, the Wild swept the best-of-five first-round playoff series.

Trailing 4-0 in the third period, the Thrashers' Hayden Chaloner scored a pair of goals and then Xyon Kiemeney made it a one-goal game at 18:36 of the third.

Wild goals were scored by Garren Voisey, Aidan Wuerfel, Jason Ruff (on the power play), Noah Dziver, Tootoo Fotheringham, and Logan Belton.

It's Playoff Time!

FISH WIN SEMI FINALS OVER LUNDAR 4 GAMES TO 0!

Fish await the winner of Arborg vs. St. Malo to decide who they will face in the CRJHL Finals

"Please go to: crjhl.com, selkirkjrbbfishermen.ca or follow the team on twitter @SelkirkFish for Updates".



Meet the Fishermen



Graduate
#19 Travis Spratt
Forward

PLEASE CHECK OUR WEBSITE FOR UPDATED PLAYOFF SCHEDULE OR SCHEDULE CHANGES

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Cooper Nemeth Memorial Hockey Day set for March 26

By Brian Bowman

There will be some outstanding hockey played at the Gateway Recreation Centre on March 26,

And it will be for a great cause.

The third-annual Cooper Nemeth Memorial Hockey Day will be held, featuring three AA all-star games and an alumni game.

The U13s will take to the ice at 11 a.m., followed by the U15s (1 p.m.), U18s (3 p.m.) and the alumni game (5 p.m.).

Players from AA teams sanctioned through Hockey Winnipeg play in the event, including Lord Selkirk/Seven Oaks Rebels' players.

The event is held at the Gateway Recreation Centre annually in March but provincial COVID restrictions cancelled the event in 2020 and 2021.

Cooper Nemeth was a teenager from Winnipeg that was murdered in 2016.

"We're really excited to get it back on the ice again this year," said Brent Nemeth, Cooper's father. "The last two years with COVID restrictions we couldn't do anything. The two previous years were good days and

we raised a lot of money."

A total of \$13,500 was raised in Year 1 that went to the Bear Clan followed by just under \$14,000 in Year 2 that went to Hockey Winnipeg.

Two all-star games were held in the first year and then four in the second year.

All proceeds from this year's event will be donated to Hockey Winnipeg's Cooper Nemeth Memorial Player Assistance Fund.

"It helps bridge the gap for players coming from A1 to AA who might be financially restricted," Nemeth explained. "So, instead of not trying out which a lot of players do and they stick at the A1 level, this bridges the gap and helps families out so their child can play AA."

A big financial boost comes via sponsorship from local businesses. Another key component to the success of this event is volunteers, said Nemeth.

Advance ticket sales are available at Norm's Skate Shop, located inside the Gateway Recreation Centre, or at the door on game day.



RECORD PHOTO SUBMITTED

Kiana Nemeth, left, and her father Brent at a previous Cooper Nemeth Hockey Memorial Day.

Tickets are \$5. Children aged 12 and under are admitted for free. There will be a silent auction and 50/50 draws throughout the day.

Raiders even series with Victorias

Staff

The Raiders Jr. Hockey Club defeated the St. Vital Jr. Victorias 5-3 in Game 2 of their best-of-seven MMJHL playoff series on Sunday.

The Raiders snapped a 3-3 third-period tie with goals from Matthew Smith and Hudson Chamberlin.

Brody Melsted, Ryland Kuczek and

Jack Oleksiuk also scored for the Raiders.

Vics' goals were tallied by Devan Vercaigne, Ben Coppinger and Devin Bulloch.

Last Thursday, the Raiders lost 5-4 to the Victorias in Game 1 of the series.

Kobe Campbell led the Raiders with two goals while Jayce Kennedy and

Alex Loschiavo also tallied. Riley Barroso had two assists in the game.

St. Vital goals were scored by Ryland Nechwediuk, Aiden Ticknor, Kyle Lang, Coppinger, and Dorian Wasacase.

The Vics scored two power-play goals and a shorthanded marker while the Raiders scored twice with

the man advantage.

Game 3 of the series was played this past Tuesday but no score was available.

The Raiders will host Game 4 this Thursday at 7:15 p.m. and then Game 5 returns to St. Vital on Sunday at 7:15 p.m.

Royals to host Spring Break Basketball Camp

Staff

The Selkirk Royals will be hosting a Spring Break Basketball Camp March 28 to April 1 at the Lord Selkirk High School Gym.

The co-ed camp will host players each day in Grades 5-8 (9-11 a.m.) and Grades 9-11 (11 a.m. to 1 p.m.).

Cost for the camp is \$125, which includes a camp shirt and prizes.

Coaches include Dean Goodbrandson, who has 35-plus years experience. He is the Royals' varsity boys' head coach, a former Wolves' club coach, and former University

of Winnipeg Wesmen player.

Goodbrandson's son, Riley, will also be a coach. He is a Junior Royal and junior varsity boys' coach and former Royals' player.

Guest coaches will also be in attendance.

There have been many successful players past through this camp, including Annika Goodbrandson (CMU), Sara Boitson (U of W signed), Kaitlyn Visser (U of Brandon signed), and Adam Wiebe (graduating KPAC all star).

Selkirk to host Western Canadian Youth Short Track Championship

By Brian Bowman

The Selkirk Recreation Centre will be the host of the top speedskaters in western Canada on March 26-27.

Selkirk will be hosting the Western Canadian Youth Short Track Championship at the Recreation Complex.

There will be upwards of 125 kids coming from British Columbia, Alberta, Saskatchewan, Manitoba and possibly Northwest Territories and the Yukon.

Three of those skaters - Jakob Dainard, Aaron Riehl and Olivia Krawchuk - are members of the Interlake Speedskating Club.

"We're excited, that's awesome," said Interlake Speedskating Club president Cathy Krawchuk. "They're good kids and we're proud of every single one of them."

There will be no entrance fee for the two-day event and people are encouraged to come out and watch.

The local trio has also qualified to go to the Canadian Youth Long Track Championships in Quebec City on April 14-15.

Dainard and Riehl, both 16 years old, are competing in their final youth competition due to age eligibility while Krawchuk is 14. Dainard has been skating for seven years while Olivia Krawchuk has been skating for

six years and Riehl has been skating for five.

Cathy Krawchuk said their club is a very special one.

"We are known as a little club that could," she said. "We are an especially close-knit group that, at times, are like family members. We want to send a special shout out to our three coaches Dave Granger, Heather Vandenberg and Anne Mushumanski. When one of our kids succeeds it's not just them but the whole team because without a great environment for these kids to practice in this would never ever be possible."

"We love to see our kids win but it is extremely important to us as a club that they are having a good time, feel accomplished, and feel part of our team."

The Interlake Speedskating Club currently has 14 skaters with the hopes of expanding when the season starts next fall.

"It has been a struggle through COVID as it has been for the rest of the groups and we have been able to sustain our club through fundraising and great families," Cathy Krawchuk said. "Also, without parents driving their kids and volunteering and doing fundraisers, again this is what makes our club great."



RECORD PHOTO BY BRETT MITCHELL

Interlake Speedskating Club members Jakob Dainard, left, Aaron Riehl, middle, and Olivia Krawchuk have qualified for the Western Canadian Youth Short Track Championships being held in Selkirk at the Recreation Complex on March 26-27. The trio has also qualified to go to the Canadian Youth Long Track Championship in Quebec City April 14-15.

Cathy Krawchuk said their club gets skaters from all over the Interlake to train in their fantastic facility.

"We are especially proud of our city and our club," she said. "(But) it doesn't just include Selkirk, it includes the whole Interlake with kids coming

from Garson, Stonewall, Stony Mountain, Libau and even Winnipeg."

The local club has an Instagram page under Interlake Speedskating Club and they can also be found at interlake speedskatingclub.com.

Steelers hopeful to make MJHL playoffs

By Brian Bowman

All the Selkirk Steelers can do now is scoreboard watch.

Selkirk ended its regular season last Saturday with a 5-3 road loss to the Winnipeg Freeze.

The Steelers currently have 54 points and are holding the fourth and final playoff spot in the East Division, four points ahead of the Portage Terriers.

But Portage plays the Winnipeg Blues twice this week before hosting the Virden Oil Capitals on Saturday.

The Steelers own the tiebreaker with the Terriers based on having more

wins in their season series.

"We put ourselves in this situation and we had an opportunity last night to clinch and do ourselves a favour and we weren't able to do that," said Steelers' head coach Hudson Friesen on Sunday afternoon. "Unfortunately, we now have to pay the price and sit back and watch the scoreboard and hopefully we get some help this week."

In Saturday's loss, Sam Alsip, Jordan Hughesman, and Cameron Hibbert scored for the Steelers.

Freeze goals were tallied by Rylan

Ringor (two), Nathan Lenoski (two), and Evan Armit.

Last Friday afternoon, the Steelers soundly defeated the Freeze 8-2 at the Seven Oaks Sportsplex.

"That was the effort that we were hoping to get last night," Friesen said. "We were really good Friday and definitely dominated right from the outset. We played a strong game top to bottom. Friday was much, much better."

Cameron Hibbert, on the power play, and Dante Ballarin scored first-period goals for Selkirk and then Kea-

gen Abbott and Sheldin Howard tallied in the second.

The Freeze's Ryder Ringor scored late in the second on the power play before Hughesman, Mathieu Catellier, Tyson Smith and Kaden Stewart scored in the third.

Winnipeg's other goal came from Eric Mork.

Catellier, Deshon Friesen, Ben Bonni, and Quinton Hill each had two assists in the game.

Hunter Tarves made 17 saves for the win.

Meanwhile, Hughesman was named a MJHL Rookie Team All Star. Hughesman scored 15 goals and had 45 points in 44 regular-season games this season.



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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Grahame named to Canada West Men's Volleyball All-Rookie Team

Submitted by Bison Sports

The 2021-22 Canada West (CW) men's volleyball all-star and all-rookie teams were announced by the conference last Wednesday, with first-year left side Spencer Grahame earning a spot on the All-Rookie Team.

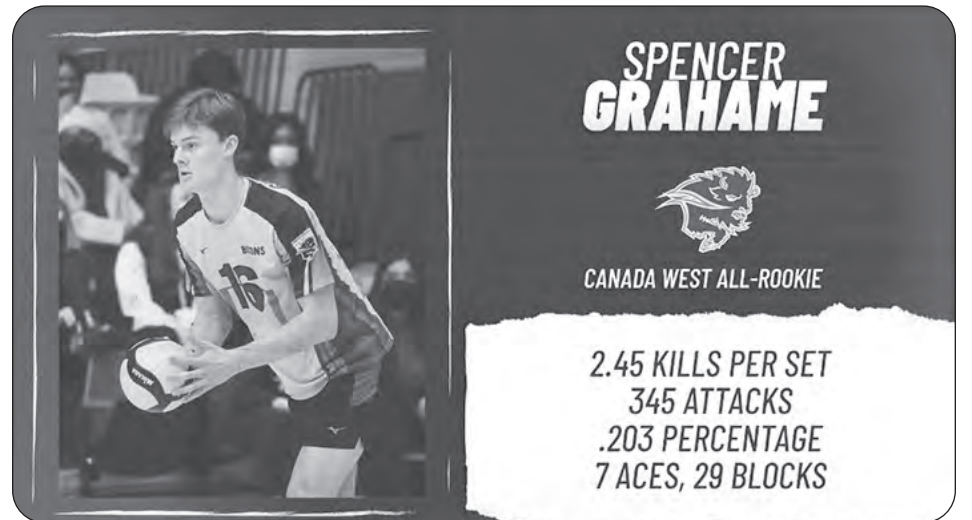
Grahame, 18, quickly established himself as an every-game starter for the Herd, becoming a dynamic attacking weapon on the outside. The Lord Selkirk Regional product played in 16 of 18 matches and was third on the team in total attacks with 345. His 2.45 kills per set was second on the Bisons and 22nd overall in Canada West, coming on a solid .203 hitting percentage. Grahame also had seven aces, 29 blocks and 61 digs in his debut U SPORTS campaign.

"Spencer had an awesome rookie season," said Bisons' head coach Arnd

"Lupo" Ludwig. "He showed up to every practice ready to work hard and by our third week of matches had earned himself a starting position."

"He quickly became an important piece of our team with outstanding serve receive, attack, athleticism, and a volleyball IQ beyond his years. His enthusiasm is contagious and his love for the game is obvious to anyone who has watched him play. I look forward to watching him grow and develop throughout his career with the Bisons."

The Bisons men's volleyball team finished the regular season with a record of 7-11 and a CW post-season record of 1-2. They host the 2022 U Sports Men's Volleyball Championship beginning March 25.



Headed to provincials

Gushue wins fourth Brier

By Ty Dilello

Brad Gushue and his Newfoundland rink made history on Sunday night when they became the first team in the history of the Tim Horton's Brier to win the event with three players.

In Sunday night's final, Gushue defeated Alberta's Kevin Koe (with Gimli's BJ Neufeld at third) 9-8 in an extra end.

Team Gushue's third Mark Nichols was unavailable to play for the entirety of the playoffs after testing positive for COVID-19. Gushue was forced to play with only three players as second Brett Gallant and lead Geoff Walker each threw three stones an end, while Gushue threw two.

"Once Mark went down, it was a huge long shot for us, but to be honest, I think it kind of inspired us," said Gushue. "It gave us some extra energy, and we knew we had to be at our best. Brett and Geoff, the way they adapted to the new positions, was incredible. It's pretty amazing. I never thought this would happen when Mark went down."

Gushue previously won Canadian titles in 2020, 2018 and 2017 (all with the same team members), twice representing Newfoundland & Labrador and once as Team Canada. It also marked the first time a

Wild Card team won the Canadian title; Gushue played as Team Wild Card #1.

West St. Paul's Mike McEwen with Winnipeg Beach's Colton Lott at lead and East St. Paul's Kyle Doering as fifth represented Team Manitoba at the event. McEwen went 5-3 in the round robin before falling to Jason Gunnlaugson in a tiebreaker.

"Regardless of how our team's event went, it was a very memorable experience for Colton and I playing in our first brier," said Kyle Doering. "We've been watching this event and following it since we were kids, so to get to play in one is a lifelong dream come true. We're just thrilled and are now itching to get back next year!"

Morris' Jason Gunnlaugson representing Team Wild Card #3 also went 5-3 in the round robin before defeating McEwen in a tiebreaker. Gunnlaugson's Brier was ended in a playoff qualification game to Team Canada's Brendan Bottcher 7-3.

With Mark Nichols back in the lineup, Team Gushue will now go on to represent Canada at the LGT World Men's Curling Championship in Las Vegas from April 2-10. Gushue will be looking for his second World Championship after winning the 2017 title in Edmonton.



RECORD PHOTO BY BRETT MITCHELL

Back row, left to right, George Hacking and Al Croy, front row, left to right, Thomas Gilbraith and Perry David have qualified for the 2022 Strathcona Trust Senior Men's Provincial Championship which starts this Thursday in Beausejour.

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PUBLIC NOTICE

Public notice is hereby given that the Mars Sandhills Golf Course property intends to conduct the following Pesticide Control Program during 2022.

1. To control noxious weeds on the Mars Sandhills property. The project dates of application will be May 1, 2022 to October 30, 2022. The herbicides to be used: Par III, Super Spreader Sticker, Mecoprop, Oracle, Banvel VM.
2. To control fungal diseases on the Mars Sandhills property. The projected dates of application will be from May 1, 2022 to October 30, 2022. The fungicides to be used: Iprodione, Daconil Ultrex, Daconil 2787, Instrata, Heritage Maxx, Banner Maxx, Eagle WSP, Renovo, Velista, Civitas, Medallion, Tournay, Roundup.
3. Insect control on the Mars Sandhills property. The projected dates of application will be from May 1, 2022 to October 30, 2022. The pesticide(s) to be used: Diazinon 500E.

The public may send written submissions within 15 days of the publication of this notice to the department below:

Environmental Approvals Branch
Manitoba Conservation and Climate
1007 Century Street
Winnipeg, Manitoba R3H 0W4

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MORE INFO:
www.pineridgehollow.com/pages/join-our-team

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

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424 Eveline Street, 2 beds & 1 bath. \$1,119 & \$1,067/month includes water, tenants pay their own hydro and parking. Elevator in building, front door intercom, in-suite laundry. No pets & no smoking. 1 year lease only. Call/text 204-290-3805. ruleapartments@gmail.com

HELP WANTED

Garden Centre Positions - Searle Greenhouses Ltd is accepting applications for seasonal positions in our retail garden centre starting in April 2022. Plant smarts, customer relations, and retail experience an asset but not required; training is provided. Apply by email to: iwanttowork@searlegreenhouses.com or fax: 204-482-8968 Attn: Kris.

Seasonal employment - Sabourin Lake Lodge is looking for summer staff, May thru September. Kitchen staff, serving, housekeeping, guides, yard crew and carpenters. Contact sabourinlake@outlook.com

ROUND-TUIT CLEANING hiring a part-time janitorial position, twenty hours per week, evenings, in the Selkirk area. Reliable transportation necessary. Training provided. Call 204-785-3257 for further information.

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Shaunne at 204-886-2922 ext 205 or email resume to shaunne@charisons.ca

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For sale: 1 Acorn Chair Lift, \$1,400 obo; 1 Savaria Chair Lift, \$800 obo; 1 woman's antique bike, Schwinn, turquoise and white, asking \$400 obo. Please call 204-482-7024.

Black Diamond Mink coat, size 10. Like new. No reasonable offer refused. Please call 1-204-895-3771.

Let your family and loved ones know that you are thinking of them at their time of celebration with a message in the Record

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Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

WANTED: Buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything old & interesting! Text/Phone: 204-918-1607. "Junkies Estate, Salvage, Antiques & Oddities"

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

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The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-785-1618

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PUBLIC NOTICE Proposed Municipal Pesticide Use Program

Public notice is hereby given that the Rural Municipality of West St. Paul intends to conduct the following Pesticide Control Programs during 2022, as necessary:

1. To control Noxious Weeds on both private and public property using Par 111, Fiesta and / or Mungers Horticultural Vinegar.
2. To control all vegetation on gravel boulevards, fence lines, parking lots, storage areas and lift station compounds using Roundup.
3. To control adult mosquitoes and canker worms along streets and lanes, in Municipal Parks using DeltaGard.

The projected dates of application will be from May 1, 2022 to September 30, 2022. The duration of each program will vary within this period, depending on weather conditions and pest population levels.

All of the pesticides used and procedures followed will be according to federally approved label recommendations and Manitoba Department of Agriculture pest control recommendations.

The public may send written submissions within 15 days of publication of this notice to:

**Manitoba Conservation
Pesticide/Fertilizer Approvals
1007 Century Street
Winnipeg MB R3H 0W4**

Any individual opposed to the use of any or all of the above mentioned pesticides, on or adjacent to their property, may so register, in writing to the Rural Municipality of West St. Paul, specifying which program is opposed.

Dated this 17th day of March, 2022.

Brent T. Olynyk, CAO
RM of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3

EMPLOYMENT OPPORTUNITY CLERK 1

The Rural Municipality of St. Clements invites applications for **Clerk 1**. The ideal candidate will be experienced in various administrative and finance duties.

The successful candidates should have:

- 2 years minimum customer service experience;
- A diploma or studies in business administration and/or accounting; knowledge of basic accounting principles;
- Proficiency with Microsoft Excel and Word;
- Experience using MuniWare or other accounting software is highly desirable;
- Good time management and organizational skills with the ability to meet deadlines;
- Strong interpersonal skills;
- Knowledge of or experience using GIS mapping systems;
- Certificate in Manitoba Municipal Administration (CMMA) or be willing to obtain this designation;

The RM of St. Clements offers a starting wage range of \$19.35, this rate is subject to change based on the Union Collective Agreement of 2022. Also included is a comprehensive benefits and pension package.

Detailed resumes should be sent via email to shannon@rmofstclements.com. Screening for this position will begin immediately, however the position will remain open until a suitable candidate is secured.

We thank all candidates for their interest, however, only those candidates selected for interviews will be contacted.

Shannon Plischke
Finance Officer
RM of St. Clements



Town of Winnipeg Beach

CONTRACT EMPLOYMENT OPPORTUNITIES

BYLAW ENFORCEMENT OFFICER PART-TIME CONTRACT POSITION

The successful candidate will be responsible for monitoring compliance and enforcement of bylaws within the Town and identifying non-compliance issues; must possess effective public relations and communication skills; ability to deal effectively with complaint investigations and resolution, perform duties effectively with a minimum of supervision and maintain accurate work records.

The Contract will be awarded for a three-year period of time.

The successful candidate must be familiar with Microsoft Office products. Must have a valid Manitoba Driver's License and work shifts, primarily evenings and weekends. Applicants selected for the interview will be requested to bring a current driver's abstract. The successful applicant must provide an RCMP Criminal Record Check before commencing work. Information pertaining to job responsibilities may be requested.

ANIMAL CONTROL OFFICER PART-TIME CONTRACT POSITION

The successful candidate will be responsible for monitoring compliance and enforcement of the Animal Control By-Law. This includes license enforcement, responding to animal related complaints, apprehending animals running at large and stray pick-up. Must possess effective public relations and communication skills; ability to deal effectively with complaint investigations and resolution, perform duties effectively with a minimum of supervision, and maintain accurate work records.

The Contract will be awarded for a three-year period of time.

Must have a valid Manitoba Driver's License. Applicants selected for the interview will be requested to bring a current driver's abstract. The successful applicant must provide an RCMP Criminal Record Check before commencing work.

Applications for both positions will be accepted in confidence until 4:30 p.m., Friday, April 7th, 2022, to:

Kerry Swanson
Chief Administrative Officer
Town of Winnipeg Beach
PO Box 160, 29 Robinson Ave
Winnipeg Beach, MB R0C 3G0
Email: cao@winnipegbeach.ca

***Please indicate which position you are applying for. The town will consider applicants that are interested in both positions. If you are interested in applying for both positions, please indicate this in your cover letter. ***

For more information regarding these opportunities, including a detailed description of the responsibilities and requirements, contact the Town Office by phone at 204-389-2698, Email info@winnipegbeach.ca.

The Town of Winnipeg Beach welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

The Town of Winnipeg Beach would like to thank all applicants for their interest-only those selected for an interview will be contacted.

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7							9	1
	4	1		6			2	
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NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF DONALD RICHARD VANDER GRAAF, late of the RM of St Clements, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 407 Main St., Selkirk, MB, R1A 1T9, on or before the 23rd day of April 2022.

DATED at the City of Selkirk, in Manitoba, this 8th day of March 2022.

PKF LAWYERS-Selkirk MB office
Adam Kelso, solicitor for the Executor

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Training is scheduled for late March or early April and offered free of charge.

To apply, please visit Employment Opportunities on our Division website at www.lssd.ca



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6-month 2021 probation rate \$26.37/hr)

Seasonal Class 1 2022 rate subject to union negotiations

SEASONAL CLASS 2 - RUBBER TIRE OPERATOR

(Seasonal Class 2 2021 rate \$25.12/hr
6-month 2021 probation rate \$24.12/hr)

Seasonal Class 2 2022 rate subject to union negotiations

SEASONAL CLASS 3 - OPERATOR

(Seasonal Class 3 2021 rate \$21.47/hr
6-month 2021 probation rate \$20.47/hr)

Seasonal Class 3 2022 rate subject to union negotiations

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APPROXIMATELY MAY 4 TO OCTOBER 30, 2022

Details of these positions, including qualifications, can be found on our website, www.rmofstclements.com

Applications with detailed resume **clearly stating the position(s) applied for** will be received up to 3:00 p.m. on April 1, 2022 or via email to pwadmin@rmofstclements.com.

Thank you to all who apply, however, only those candidates selected for an interview will be contacted.

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ANNOUNCEMENT

IN MEMORIAM



Stanford Morrisseau
April 22, 1953 - March 19, 2020
This month comes back with sad regrets, It brings back a day we will never forget. The tears we shed we'll wipe away, The ache in our hearts will always stay. Life goes on, we know that's true, But not the same since we lost you. Today, tomorrow and all year through We will always love and remember you.
-Forever loved and sadly missed,
Mom and family

ANNOUNCEMENT

IN MEMORIAM



Joe Wyspinski
October 29, 1929 - March 15, 2013
It's been nine years since you left us; two years since we lost Rick; three years since we welcomed our first great-grandchild, Mason Joseph Walter Wyspinski, who carries your name. He lights up our lives. The first little home you built for us in 1953 still stands. Our second larger home built in 1962, is still in constant use and good shape (for someone who knew nothing about carpentry when you started, you did excellently!). Holidays usually meant a trip in our camper, quite often "across the line", once to Banff; a couple or more times to Utah. You were the world's most careful driver. In the early years I had to work weekends. You looked after the children, did the shopping and took the children to church Sunday mornings. I remember Judy falling asleep next to you in the front row. You spent 40+ years as a Manpower Counselor, a career you loved (and excelled at). You helped an awful lot of people in Selkirk and Interlake area choose career paths they have now retired from. For your outstanding work, you received the Federal Government Merit Service Award and medal. In retirement, you learned to cook, and made the best meatballs, cabbage rolls, mushrooms, perishky, butter tarts and more! You worked hard and accomplished a lot. We miss you!
-Lovingly remembered by wife Elsie, family and friends

ANNOUNCEMENT

IN MEMORIAM

Pauline Stolar
June 27, 1921 - March 22, 2021
In my heart your memory lingers, Always tender, fond and true; There's not a day, dear Mother, I do not think of you. Loving and kind in all her ways, Upright and just, to the end of her days; Sincere and true, in her heart and mind, Beautiful memories she left behind.
-Love from all your family near and far

Your memory will live forever
Engraved within our hearts

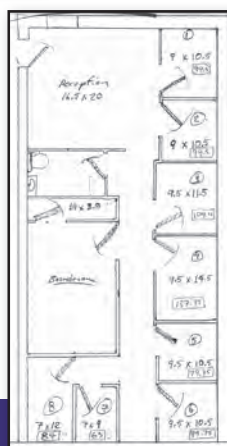
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ANNOUNCEMENT

IN MEMORIAM



William Gamble
December 18, 1969 - March 15, 2005
Always in our memories,
Forever in our hearts.

-Love Mom, Dad,
Tracey, Bryan, Holly and Clair

Your memory will live forever
Engraved within our hearts

ANNOUNCEMENT

IN MEMORIAM

Darwin Hnatiuk
September 17, 1954 - March 18, 2020
You left this world so suddenly,
Our hearts went with you too.
We know you're in a better place
And you're happy there.
We know one day we'll join you,
But the wait is hard to bear.
Life has gone on without you,
So many things have changed,
But without you in our lives
It can never be the same.
Love and miss you

-Toots,
Holly, Lonnie and Nick,
Tyler, Natalia, Trenton, Natasha, Nicholas
and great-granddaughter Violet

ANNOUNCEMENT

IN MEMORIAM

Darwin Hnatiuk
May the winds of heaven whisper in your ear
How very much we love and miss you
And wish that you were here,
For you are loved beyond words
And missed beyond measure.
Forever loved and always in our hearts.
-Mother-in-law Clara and family

OBITUARY

Thomas Joseph Watson
May 10, 1961 - March 9, 2022

On Wednesday, March 9, 2022 at his residence, Tom Watson, aged 60 years of Lockport, Manitoba, beloved husband of Darcie passed away.
Condolences may be left on his tribute wall at www.gilbartfuneralhome.com
Full obituary to follow.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Kim Meger
July 4, 1960 - March 12, 2022

With heavy hearts we are saddened and heart broken by the sudden passing of Kim Meger, age 61.

Survived by his beloved wife Brenda and cherished daughter Cassidy; siblings Doug, Tanis, Roger and Michele; mother and father-in-law Susan and Gerald Wallace; brother-in-law Trevor (Cheryl) Wallace; numerous nieces, nephews and friends.

He was predeceased by his parents Werner and Lena Meger. Kim was an avid sportsman, loved fishing, hunting, camping and holidays in Mexico. He was very successful and proud of his business KC Eavestrough. Kim was a man of many talents. He was a very hard working man and cherished his family and friends and times together. He took pride in his home and handyman skills, upgrading and remodeling their new country home.



Kim loved his family tremendously and loved life. He will truly be missed by all.
Until we meet again...

Private family service will be held at a later date.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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 <p>HH TEAM NEW! \$474,900 82052 St Peters Rd St Clements</p>	 <p>HH TEAM NEW! \$575,000 82101 St Peters Rd St Clements</p>	 <p>HH TEAM NEW! \$549,000 24116 Ashfield Road St Clements</p>	 <p>HH TEAM NEW PRICE! \$239,900 515 Toronto Ave, Selkirk</p>	 <p>ASHLEY LEASE FOR LESS! \$900/MO 101-250 Manitoba Ave 650 SQFT + Washrooms</p>
 <p>ASHLEY 4 ACRES! \$665,500 25 McFee Place East Selkirk</p>	 <p>HH TEAM 80 ACRES! \$389,900 113142 Rd 13E Fraserwood</p>	 <p>HH TEAM PENDING! \$147,500 82012 2 Mile Road St Clements</p>	 <p>HH TEAM PENDING! \$339,000 2606-6940 Henderson Hwy Lockport</p>	 <p>ASHLEY SOLD! \$729,900 1365 Breezy Point Rd St Andrews</p>
 <p>HH TEAM SOLD! \$156,500 35 Bubbling Well Rd Matlock</p>	 <p>HH TEAM SOLD! \$737,700 727 Norwood Road Clandeboye</p>	 <p>HH TEAM SOLD! \$479,900 25 Sunrise Bay Victoria Beach</p>	 <p>HH TEAM SOLD! \$94,900 Multiple Lots Fuller Road St Clements</p>	 <p>HH TEAM SOLD! \$199,900 1005 Magnus Ave Burrows, Wpg</p>

YOUR FEBRUARY 2022 MARKET UPDATE!

RM OF ST ANDREWS			SELKIRK			RM OF ST CLEMENTS		
NEW LISTINGS	SOLD LISTINGS	AVG DAYS ON MARKET	NEW LISTINGS	SOLD LISTINGS	AVG DAYS ON MARKET	NEW LISTINGS	SOLD LISTINGS	AVG DAYS ON MARKET
9	8	16	7	3	9	9	10	42
AVG SALE PRICE	HIGHEST SALE PRICE		AVG SALE PRICE	HIGHEST SALE PRICE		AVG SALE PRICE	HIGHEST SALE PRICE	
\$610,487	\$863,500		\$234,966	\$260,000		\$318,530	\$865,000	

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