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RECORD PHOTO BY KATELYN BOULANGER

Judges of the Inclusion Selkirk and Three6Tea collaboration project (front to back) Margaret-Ann Carels, Maria Freeman, Brett Mitchell, and Charlie Birt show off their mugs of Inclusivitea. See the story on page 3.

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Make room in your cupboards for some Inclusivitea

Inclusion Selkirk and Three6Tea team up for community fundraising project

By Katelyn Boulanger

One of the joys that the pandemic hasn't been able to touch is curling up with a steaming mug of warm tea in the winter or relaxing with a nice tall glass of ice tea when the warmer weather arrives. Now, you can do both with a new unique tea flavour that's coming to Selkirk, Inclusivitea.

This project not only gives you an excuse to relax and enjoy a cup of something new, it also gives you the chance to support Inclusion Selkirk who wanted to find a way to raise funds for their needs while keeping everyone safe this year.

"We were just looking at different ways to fundraise now with an environment where normally we would gather and do our social or catfish catwalk or golf tournament, all of those were cancelled due to COVID-19. So we were looking at alternate ways to

do some fundraising and we found out that Three6Tea does fundraising through their website and, and thought, what a great way for us to support a local business while also assisting us in developing some ways to get some fundraising without the gathering of people," said Executive Director of Inclusion Selkirk Maria Freeman.

Three6Tea has been hosting fundraising events on their website since the fall of 2020 when owner Michelle Bloom realized that our community needed a way for groups to organize fundraisers without having to be physically close to one another.

She has worked with schools and non-profits in the community so far but this is the first time that she has supplied a custom tea for a group.

"It took me a little while to acquire blends that I felt they would be happy with and that would represent both their organization and Three6Tea really well. I was hoping for something decaffeinated and I was hoping for something bright and summery and fun," said Bloom.

She settled on presenting the group at Inclusion Selkirk with four tisanes, a special kind of tea-like beverage that, though it doesn't technically have tea leaves in it, is brewed like regular tea and can be enjoyed hot or cold.

Of the four options that were presented to the panel of Inclusion Selkirk judges, the final tea chosen for Inclusivitea had very strong support from everyone. The tisane that was chosen to have the official Inclusivitea name was a raspberry pomegranate flavour.

This flavour will be available for purchase at Wish Me in Selkirk, Wish

Me's online store, and when it reopens, the Riverside Grill.

Though this tea

is definitely a hit, for those that are fans of some of Three6Tea's other delicious flavours many of them are also included in this fundraiser which will take place on their website and be active from March 15 to April 30.

To participate, go to the Three6Tea website(three6tea.com), click on the fundraising section, use the access code IS2021 and name Inclusion Selkirk as the organization you are supporting in the cart section. Once you place your order you can even choose the contactless delivery option that works best for you.

"I just hope that [this fundriaser] puts a smile [on people's] faces and that they can feel good knowing that that they're supporting Inclusion Selkirk. I hope that they go back and continue to buy [more Inclusivitea]," said



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RECORD PHOTO BY KATELYN BOULANGER

Maria Freeman enjoying a cup of Inclusivitea a new tea from Three6Tea in Selkirk that supports Inclusion Selkirk.



St. Clements road renaming one step closer

By Nicole Buffie

A resident in the RM of St. Clements is expressing his concerns with changing the controversial name of a road where he resides after public consultation was called for, citing 'now might not be the right time.'

Todd Holmes made his presentation at a Mar. 9 public hearing at the RM office explaining his stance on the road name change.

"Will it change the past? Are we tru-

ly prepared to make the changes we elect to do, and do we see the impact of making changes during a pandemic?" posed Holmes during his presentation last Tuesday.

"Today we attempt to right a wrong done by our municipality, community and society a long time ago. What we do today, however, will not change the past and truly do very little to right many wrongs. Our name change will not change the justice system, the foster system, the employment system, the welfare system, the health care system nor the many injustices that some parts of our society incur daily. Although changing a name is a good gesture, it is more emotional than logical in impact."

Holmes also noted that as a business owner, the name change means he will have to switch the addresses in which he receives bills to on the Canada Revenue Agency's website, something he has not had access to for months and which he fears will have a negative impact on his business.

"I would like to see the name change, but I think we need to do our due diligence and ensure that we understand the impact in the midst of COVID of doing this change," he said.

Despite Holmes' and other concerns presented at the hearing, Colonization Road located in Libau off Hwy 59 will undergo a renaming after the RM and Brokenhead Ojibway Nation met on Sept. 11 2020 to discuss the partnership and a street renaming policy was adopted on Nov. 17.

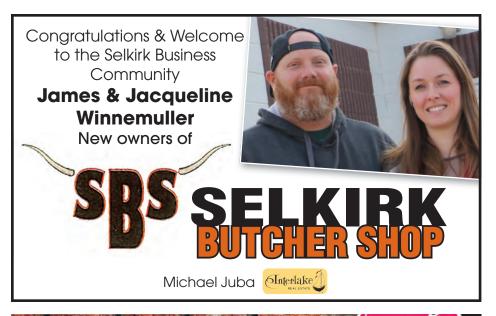
"The history of colonization in Canada is a painful history for the Indigenous people of our country," said Chief Deborah Smith during a presentation at the public hearing last Tuesday.

"I sit before you today as an Anishinaabe woman and can speak first-hand of the impacts that colonization has had on me, but also on the people that I speak for."

St. Clements Mayor Debbie Fieblekorn said in a press release the renaming of the road is only possible with the collaboration between the RM and Brokenhead Ojibway Nation.

"It is important we understand the impact these symbols have and recognize the negative impact of colonialism and we would like to establish a process of collaborative leadership and seek consultation to have meaningful dialogue on a difficult topic such as this," she said.

The RM received suggestions from residents on the proposed new name, including Reconciliation Rd, Sgt. Tommy Prince Rd, and Heritage Rd. Further discussion on possible names for the road will continue and residents in the area will be notified when a decision is made. The matter is expected to be discussed next at the RM's Mar. 30 meeting.







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AUDIGY

Starlink internet the new star in Grand N

Elon Musk technology makes an appearance in **East Beaches**

By Nicole Buffie

A resident in the Grand Marais area has seemingly found the answer to the spotty internet he's experienced since moving to the community seven years ago, and that answer is Elon Musk.

The billionaire-tech giant and Tesla founder's ultra-fast satellite internet service Starlink, still in the beta testing phase, has caught the attention of computer users worldwide including Tim Edwards.

"Elon Musk should be sending me a cheque," Edwards joked. He's even convinced friends to buy into the product after giving it rave reviews.

Hearing about it from a friend, Edwards bought into the prototype not expecting much. After setting it up he said he noticed a difference immediately.

"I run five computers, three TVs, my Google toy and none of my speeds slow down," he said of the difference in bandwidth since purchasing Star-

The installation package comes with a mere three items: a satellite dish, a modem and a cable to hook it all up. Despite the dish not being on Edwards' roof quite yet, he's still receiving speeds of 170 megabits per second.

"I'm not technologically-savvy," Edwards said. "But if I can figure it out, anyone can."

Edwards said between the lack of internet towers in the area and cottagers coming out for a weekend getaway, sometimes it's impossible to get reliable internet service in his neighbour-

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hood of Lakeshore Heights. In the two months since he's owned it, Edwards said the service has glitched twice, but the problem solved itself within minutes of the crash.

With 1,265 satellites making up the internet constellation currently with many visible to the naked eye in the form of a straight line in the sky, Musk's dip into the internet world is already gaining traction. While it is still in the testing phase, SpaceX, Musk's space transportation company, will have to launch 12,000 satellites into orbit before the service is considered fully functional. Starlink plans to offer its services around the globe by the end of this year.

Edwards said due to the success of Starlink in his home he's looking to



RECORD PHOTO SUBMITTED

Grand Marais resident Tim Edwards said since purchasing Starlink internet his usual spotty service has been incredibly fast.

purchase the \$144/month service for the Grand Marais Rec Centre which he runs. He also said anyone looking to buy into the service will not be dis-

appointed in the product.

"Don't wait, don't mess around, just do it."



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"We're really in that race to get Manitobans vaccinated"

18 of 50 new cases of Monday's COVID-19 cases were variants according to province

By Ashleigh Viveiros

Manitoba began the work week with no new COVID-19 deaths but 50 new cases, including 18 new cases of the more contagious B117 variant.

One of those variant cases was found in the Interlake-Eastern health region while the rest were in Winnipeg. That brings the total number of variant cases to 41 (30 of B117 and 11

At press time, Manitoba had 908 active cases of COVID-19 and 30,968 recoveries. A total of 151 people were in hospital due to the virus, 23 in intensive care.

Our province's death toll due to CO-VID-19 since last spring is 917.

The province's test positivity rate is on the rise once again, hitting 4.8 per cent provincially and 3.5 per cent in Winnipeg.

Those are numbers Manitoba's top doctor wants to see moving in the other direction.

"We're really in that race to get Manitobans vaccinated, but it's going to really impair our ability to vaccinate Manitobans if we start to see high test positivity rates again," said chief public health officer Dr. Brent Roussin at Monday's press briefing.

The restrictions of the past few months have had an impact on the spread of the virus, Roussin said, and so we're in better shape than we were in November or December.

That said, as restrictions continue to ease the risk for transmission increases, so it's important people continue to follow the fundamentals: physically distance from non-household members, wear your mask, avoid crowded spaces, and stay home if you're ill.

"I do feel overall we're in an optimistic place, but we still have to be quite cautious right now for these next many, many weeks as the vaccine rolls out," Roussin stressed.

In our region on Monday, Northern Remote had 15 active case while Powerview/Pine Falls had five. Reporting no active cases were Arborg/Riverton, Beausejour, Eriksdale/Ashern, Fisher

River/Peguis, Gimli, Pinawa/LacduBonnet, Selkirk, Springfield, St. Clements, St. Laurent, Stonewall/Teulon, Unknown, Whiteshell and Winnipeg Beach/St. Andrews. The Interlake Eastern Regional Authority had an additional death on Saturday, a male in his 70's from the Northern district bring our total to 37 deaths due to COVID-19.

Interlake Eastern as a whole had 38 active COVID-19 cases at the start of the week.

Public health order changes

Public health officials have announced a few changes to the public health orders in effect until March 25.

Church-goers are now allowed to take off their masks while seated in household groups at a service, assuming they are appropriately distanced from other groups and are not sing-

Restaurants are also now allowed to seat up to six people from different

households at their outdoor patios.

The province also announced on Friday that indoor singing and playing instruments, including wind instruments, are once again allowed in K-12 schools as long as COVID-19 precautions are taken. Concerts and public performances are not yet permitted.

Meanwhile, Manitoba over the weekend marked a milestone when it comes to its vaccination program.

Health and Seniors Care Minister Heather Stefanson announced Saturday that 100,000 doses of the CO-VID-19 vaccination have been administered thus far.

> "We know we still have much work to do so that we can return to our new normal with COVID-19," she said. "But it's also important to acknowledge hard work, commitment and dedication from those on the front lines and on our Vaccination Implementation Task Force who have made this possible."

> The province is aiming to be able to give 20,000 doses of the vaccine a day at its super sites and pop-up clinics through-

out Manitoba.

"I DO FEEL

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-BRETT ROUSSIN

OVERALL

The age eligibility for vaccination continues to drop—on Monday it was expanded to include anyone aged 77 or older and First Nations people aged 57 or older.

Visit www.gov.mb.ca/covid19/vaccine/eligibility-criteria.html for upto-date criteria before calling to book an appointment.

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EDITORIAL

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Interlake Sexual Exploitation Educators give virtual presentation

By Katelyn Boulanger

The Interlake Sexual Exploitation Educators (ISEE) wants you to know who's talking to your kids online and how to prevent exploitation in our communities and to bring more awareness to this topic during sexual exploitation awareness week with a virtual presentation for the community.

The goal of the presentation according to a presenter at the meeting was awareness, education and talking about what's happening in our com-

The presentation let parents know that at this point the most prominent form of sexual exploitation is online but children should still be prepared for dealing with a stranger coming up to them asking for assistance or in some other way trying to coerce them into going somewhere with them.

Children should also be taught what sexual exploitation is which is the exchange of sexual acts for anything, not just items or money.

One well-known example of sexual exploitation that the presenters tell when they go into schools to provide information to students is to talk about the story of Dr. Larry Nassar who exploited members of the USA's Olympic gymnastics team while he was a doctor working for the team.

The presenters then went on to talk about the teenage brain and that teenagers need to be educated about this by their caregivers because our brains don't fully complete development until the age of 25 or so. This means that parents need to guide their children and teens to make better choices because sometimes they don't have the ability to make the best decisions yet or don't understand the risks because of that lack of complete development.

The presenters emphasized that the predators in these situations are adults that are skilled in communication and are tech-savvy often using

apps to get in touch with teens and children.

They then spoke about some apps that parents should have conversations with their children about and talk to them about how to use safely, emphasizing that these apps aren't necessarily bad and that you shouldn't delete them all from your teen's phone, but both you and your teen should know their risks. The list of apps and their risks can be viewed at commonsensemedia.org.

Coming off the topic of connecting online, the presenters said that the pandemic has increased instances of sexual exploitation in our community with more teens and children using technology to connect when they are having to spend more time at home.

113 new investigations into sexual exploitation were started between March and July 2020 in Manitoba which is a significant increase compared to last year, with victims ranging in age from nine to seventeen years old.

The presenters wanted to emphasize that it isn't just young girls who are being exploited as boys are also at risk of sexual exploitation.

In 2017 the Canadian Centre for Child Protection reported that there had been an 89 per cent increase of teen boys getting targeted online in the preceding two years.

One of the ways that adults might find is a surprising avenue that children and teens are targeted for exploitation is through video game chat where either real people or 'bots', which are simulated computer chat programs, can talk to teens fairly freely and coerce them.

The presenters then went over the ways caregivers can prevent sexual exploitation emphasizing that spreading awareness is key to protecting not just your kids but our entire commu-

They suggest:

Building positive relationships with sexual way towards kids and teens. teens.

Being involved with what they are doing follow their online accounts.

Using parental controls and time limits on use of electronics and avoiding having phones in the bedroom.

Teaching and modeling safe social media use.

Talking about sexual exploitation and how it happens.

Having regular conversations about healthy relationships and why relationships are healthy and not healthy. Noticing if they get new expensive

items. Emphasizing the importance of boundaries between children and

Listening to what your kids are talking about when online gaming.

adults on and offline.

Asking your kids open ended questions about their life and friends lives. Creating opportunities to spend

alone time with your kids.

Asking your kids for help with social media questions, even if you already know how it works, so that you can have conversation with them about their use.

Noticing and talk about current examples of sexual exploitation in the paper or media.

Letting your kids know that you are available to talk about stuff without judgment or punishment.

Talking about how to get out of tricky situations online and in person before they happen.

Having a code word with your child or teen to identify when they are unsafe and need your help.

Explaining that healthy adults should never want to be friends with or act in a

Modeling how to have a healthy romantic relationship so your teen has something real to compare to.

Talking about how sharing personal info and pictures can be dangerous so they understand the ramifications.

Having a conversation about what real friends are.

And, discussing the laws in Canada, for example, letting them know that it is illegal to distribute nude photos.

The presenters ended the discussion by telling the parents that they need to remember that their teens may make mistakes and that they aren't foolish for making those mistakes, but that if they do, they need to feel comfortable enough to talk to an adult because abusers thrive on secrecy.

For more information visit www.interlakesee.ca.

Correction

In an article in the March 11 edition of the Selkirk Record it was stated that the House of Economy gave to the Interlake Eastern Health Foundation, however it was in fact a group within that group the House of Economy Community Group who made the generous donation to.

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Making the most of time at home with activity kits

Frontier College teams up with Petersfield residents to make packages for children

By Katelyn Boulanger

With their goal of getting more kids to be literate, Frontier College sent a call out for help assembling activity kits for children in need in northern communities and lower-income areas of Winnipeg and the residents of Petersfield answered donating their time to the cause.

"We just tried to get innovative and figure out different ways that we could provide literacy services to underserved populations that might not have access to the internet or be able to come to our online programs," said Allie Karasiuk, a community coordinator for Frontier College.

The funds for the project came from grants one of which was a safe at home grant. Altogether, they were able to use that funding to create 2000 kits for kids.

"We realized with code red restrictions [which were near their most strict when we first started assembling the kits] that it would be difficult for us to put the kits together. So, I reached out to the executive at the [Petersfield] Community Club here to see if they would allow us to use the hall so that we could spread out; we could social distance as we put the kits together. So right away, they jumped on it and offered [the space] and of course, then community members found out too and offered to come out and help with it," said Sandra Ross a Community Coordinator with Frontier College and Petersfield resident.

The kits started out with the base items that they typically include in the summer literacy camps that Frontier College normally hosts then more activities were added in order to keep kids entertained for longer.

"Basically everything that they would need to do any of the activities that are in the activity kit, as well as some paper to do the activities," said Karasiuk.

The items not only promote literacy but also help with writing, numeracy and science-related skills for kids aged five to twelve.

They also wanted to make sure that the whole family could be involved with the activities.

"There are some dice games and card games that they can sit down and have a family game night together, that are encouraging those numeracy skills as well," said Karasiuk.

She and Ross would like to thank all of the people who donated their time to help with his endeavour with people of all ages from high school kids to retired residents coming to help out.

"We hope that [the kids who get the kits] just have a good time learning and enjoy getting to have a free book to add to their personal library and

we hope that they can do [the activities] together with their siblings. They can do them with their parents; it's a good way to keep them busy, their minds active, and learning at the same time," said Karasiuk



RECORD PHOTOS BY KATELYN BOULANGER Sandra Ross from Frontier College with some of the activity kits.





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(Left to right) Volunteer Wendy Jackson, with Frontier College workers Allie Karasiuk and Sandra Ross assembling activity kits.

The kits contain an activity book, pencils, paper, scissors, dice, new books for different age levels and many other fun things to keep kids busy while staying at home.

Don't forget to mark World Water Day in your calendar

March 22 marks a day of appreciation and reflection for our water systems

By Katelyn Boulanger

Though keeping up with water conservation needs to be done all year round the Red River Basin Commission is taking advantage of World Water Day on March 22 to ask residents to consider the health of the water in their communities.

"We still want to bring attention to problems that we're facing with water [and] manage water quality," said Steve Strang Managing Director of

Their latest way of bringing attention to water issues facing our communities is with their 'What does water mean to you?' campaign where they ask residents what they are doing to protect their water systems.

They want anyone who isn't already making changes or being part of groups that emphasize water system preservation to take the first steps towards starting by learning about their own water system.

"They can go to the website, and actually [learn about and] donate to the Netley Marsh [rehabilitation project]. It's at SaveNetleyMarsh.com where they can learn a little bit about the river basin and what we're doing and how we work with our Indigenous partners and friends and if they want,

they can leave a small donation where one hundred per cent of that donation will go towards saving Netley Marsh and water education," said Strang.

If a financial donation is not in the cards right now, residents can also learn about their own water system which consists of the largest coastal wetlands in North America, which is the Netley-Libau marsh. The marsh is under a lot of pressure along with Lake Winnipeg, which experiences many algae blooms because of nutrient loading in the lake.

Some other things that people can do are paying attention to how many phosphates are in the products they use, for instance shampoo or other detergents, and being more aware of things that get flushed down the toilet so things that are harmful for the environment don't make it into the water treatment plant.

In addition to the changes that politician's make to the overall system by listening to what their constituents' priorities are Strang says that it's individual changes that we can make that create improvements.

"Our future generations, our children, our grandchildren will be the ones paying for it. So just take a look at them and understand why you're



RECORD PHOTO BY KATELYN BOULANGER

The Red River outside of Selkirk.

doing it. You're making change for the future generations of this world," said Strang.

This World Water Day is a bit different for the RRBC, as COVID-19 has made hosting the RRBC's annual fish dinner gala impossible.

"Usually that gala will see 300 plus people at the Sunova Center in West

St. Paul. It's a spectacular Usually, people started reaching out the moment

they hear about it," said Strang.

He is looking forward to next year when he hopes that the event will be able to happen and he will be able to see everyone again.

To learn more about the Red River Basin Commission visit their website at redriverbasincommission.org and don't forget to sign up for their newsletter to learn about their latest projects and find out first about next year's fish dinner gala.

Helping the food bank



RECORD PHOTO BY BRETT MITCHELL

Selkirk Safeway was able to give back to the Food Bank in a big way with their holiday hamper drive this year. When all was said and done Safeway sold 267 hampers, a value of \$2136, which made its way to the food bank. This amount was quadruple what they were able to give last year. Through this endeavor residents also entered a gift card contest and Bonnie Singleton took home the prize of a \$10,016 gift card. Pictured: Selkirk Safeway's Kim Helgason, Michael Singleton, Marianne Fisher and Store Manager Harry Oppeneer with \$10,016 gift card winner Singleton (centre).



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Staying humble on the rise to stardom

Goody Grace releases full-length project

By Nicole Buffie

Goody Grace didn't think February 26th would be a special day on his calendar two years in a row.

The late-February day in 2020 marked his first-ever televised performance when he joined musical inspiration turned comrades Blink 182 on stage for a performance of Grace's single Scumbag on Jimmy Kimmel Live! where the group lent vocals and instrumentals on the track.

Despite the last-minute booking while Grace was home in Selkirk visiting family which caused him to rush back to LA to rehearse, the performance seemed natural to the rising star, occupying the room in the same way his stage mate and veteran musician Mark Hoppus has since Blink 182's formation in 1992.

"That was like a real dream come true," Grace remembers of the moment.

Yet, what he didn't know was the late show performance would be the last time he'd step on stage for the foreseeable future thanks to COVID-19.

However, despite the pandemic cancelling all festivals and tours during a prime opportunity for the sophomore artist to circulate his name, Goody released his first full-length project Don't Forget Where You Came From on the 26th of February this year.

"It feels really good," Brandon Gudmundson — Goody as he's been referred to since he was young — said. "I've never really put out like a full body of work, so it's like a nice first step."

At 16 Grace left his hometown for Los Angeles with one goal in mind—to make music that stuck with people.

"It's just all I ever really wanted to do. So as soon as my music was kind of getting some traction and stuff on social media and whatnot, I just really wanted to try and pursue it as far as I could. I didn't really know what else I wanted to do in life, so I thought I might as well try as hard as I can," he said

The 'naïve optimism' as he calls it paid off for him when Blink 182 drummer Travis Barker picked up on some of the tracks Grace had been releasing online. Now a few years later, he's been signed to Atlantic Records releasing singles and now a studiolength album.

The seemingly genre-less tracks on Don't Forget Where You Came From blend hip-hop and pop-punk melodies within them to create a sound unique to Grace. In the album's title track, the artist sings of growing up in the Interlake, the very place he came back to when putting the finishing touches on the album.

"I'm honestly kind of like the same person I was when I was 16," he said. "I still watch the same shows and listen to the same music. I try my best lyrically to bring people into the dichotomy of the old life and the new life the best I can do."

Grace has continued to pay homage to this hometown since leaving in 2014, with the music video for Scumbag being recorded in the streets of Selkirk and even representing his hometown pride by wearing a Selkirk-branded toque during a Zoom interview from his home in LA.

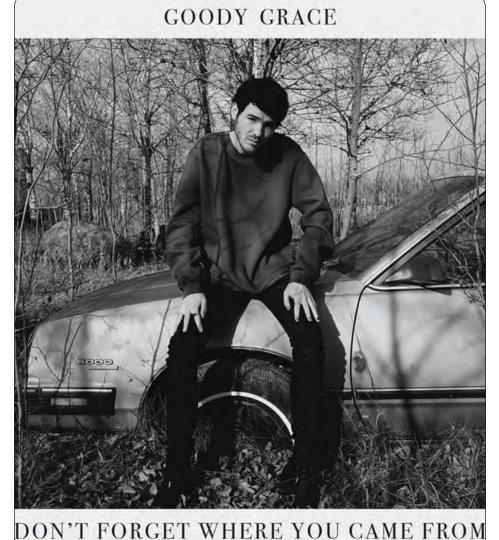
"There's not one person I've met or I know that doesn't know I'm from Manitoba within a few minutes of meeting them," he said. "Not everybody is that outspoken about where they're from, but it's very synonymous with me and who I am and how I see the world."

"I think of where I came from and growing up in the Selkirk trailer park and being such a fan of music, getting to travel the world and be able to do this professionally I think that I'm just so grateful and excited for how far I've come."

Despite his humble upbringing, it's the commitment to his craft that launched him into stardom and being recognized for it. Don't Forget Where You Came From, is available to listen to on any streaming platforms, features cameos from industry heavy hitters such as Juicy J and G-Eazy, as well as lesser-known vocalists such as American pop band Cigarettes After Sex.

"I just like making music no matter who it's with and I like making as much music as I can," Grace said. "I think I've gotten really kind of better at just the craft of making music and stuff because I've used my time wisely."

While Grace has been making the most of his time in isolation reading books, consuming as much music as possible and watching movies, he said he'd rather be out touring. And, while it's not clear when in-person concerts can take place again, there's a good chance he will make sure one of the shows is in Selkirk where it all began.



LE TOU GAME FROM

RECORD PHOTOS SUBMITTED

Goody Grace's new album Don't Forget Where You Came From pays homage to his hometown of Selkirk. Below: Goody with Mayor Larry Johannson while on a trip home in 2019.



Drilling for the technology of the future

Selkirk resident mining for rare earth metals in north

Bv Nicole Buffie

A Selkirk native is in the Northwest Territories conducting an earth exploration hoping to find the modern equivalent of gold—rare earth miner-

Chris Pederson, a geologist since the early 1980s, is on the hunt for rare earth mineral deposits so that they can be used to power our electronics, vehicles and wind turbines.

"We would not have the lives we do without the rare earth," Pederson said from his camp in Thor Lake, East of Yellowknife where he's been conducting an exploration of the area for the last number of weeks. The camp has been in operation for the last number of years and Pederson makes regular trips there as a consultant on the proj-

"Without the rare earth, you wouldn't have colour TV, for example, or colour screens on the iPhone or your laptops. Nevermind all the energy capabilities that it has."

The seemingly unremarkable minerals — rusty brown in colour, deposited in rocks — are a group of 15 elements often called the oil equivalent of new energy economy, they make up the materials and batteries that power our modern lives.

"If we're going to go to electric cars and zero carbon emissions, we can't do it without rare earth," Pederson said.

Depending on the mineral, they range in value from a few dollars per kilogram to thousands a kilogram.

"It's something you don't hear about much because it's not sexy like gold or silver, and you know, copper and iron and all the other things that we use day to day," he said. "But these ones here, they've been known for a long

time but there's never actually been any large-scale commercialization of them until they actually developed all the different technologies that we have today. So that's why they're not just becoming sought after but becoming fairly valuable."

Mining for rocks and minerals seems like all fun and games...and for Ped-

"You get to travel, you get to enjoy your life out hiking in the forest and running around on Ski-Doo's and driving boats and flying in little small airplanes everywhere and getting to see the world," he said. "It's an outdoor job and that's what got me into it in the first place."

The job has taken him around the world for work, and it's even where he

met his partner, Carman, came into the camp as a cook.

"It's kind of a neat place for us for a whole bunch of reasons," Pederson said.

While camp Pederson is on is currently still in the exploration phase, if proven successful the resulting mine could near the size of a quarry and, according to a feasibility study, be sustainable for 20 years.



RECORD PHOTOS SUBMITTED

The camp in Thor Lake, NWT Pederson is currently stationed at is only accessible via ice roads in winter and by boat in summer. Below: Pederson holding a fluorite sample while working in Utah.



LOCAL MATTERS. BELLEVIE BELLEV



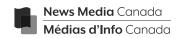
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East St. Paul purchases COVID-busting foggers

Keeping residents safer

By Nicole Buffie

The RM of East St. Paul is taking extra steps in their municipal buildings to ensure there is no spread of COV-ID-19 with the introduction of sanitizing fogging machines.

The RM purchased six of the contraptions to conduct deep cleans and disinfecting of public buildings.

"Last fall we started to do deep cleaning of buildings and we found that the cost to bring in a third party who was to do the buildings proved to be quite substantial," said Dennis Wiwcharyk, emergency coordinator for the RM.

"When the virus was rampant we wanted to do as much preventative

work to ensure that our buildings were safe, so we decided that this would be cost-effective and very safe and provided a level of reassurance for staff and everyone coming into our buildings."

At \$1,500 - \$1,700 a pop, the machines work similarly to mosquito foggers; the industrial sanitizing product is loaded into them and gets dispersed in a fog of droplets into the air and on surfaces.

The machines are now located in the municipal office, public works building, the arena, the fire hall and the waste water treatment plant.

Wiwcharyk said all municipal buildings receive the deep cleans includ-

ing the fire hall and arena, with more frequent cleanings done depending on the use of the buildings.

"We quickly realized if we wanted to do this on a semi-regular basis it would be cost-prohibitive, so we decided to just go out and purchase the machines and supply every municipal building with one that they can that

we can keep our buildings clean," he said.

The chemical used in the foggers, Quat Sanitizer, poses no health risk in the case it is ingested deeming it safe to be used in the buildings for cleaning.

While the current COVID-19 strain won't stick around forever, Wiw-

charyk said the RM plans to keep the machines at the ready in the case new strains of the virus are detected, continuing the need for heightened cleaning protocols.

"Being cautious, we will hang on to the machines for the foreseeable future."

Rotarians making a difference



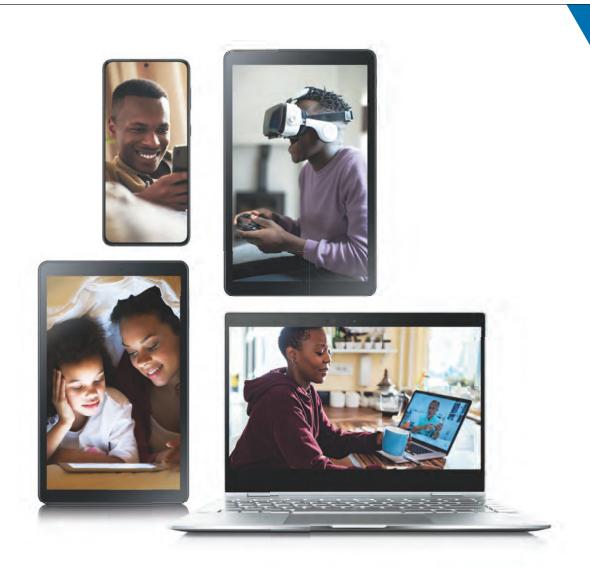
RECORD PHOTO BY BRETT MITCHELL

Marcia Bilkoski (right) was able to present a cheque for \$500 on behalf of the Selkirk Rotary Club to Adele Plett Bartel, Coordinator/Instructor of the Selkirk Adult Learning Centre. This donation to the Adult Learning Centre will make it possible for them to purchase a new printer and software.









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Spring has sprung



RECORD PHOTO SUBMITTED BY BOB MCLEARY

Birds building their nests and the first green buds on the trees may be the typical first signs of spring but the coming of warmer weather in Manitoba is also signalled by the first Canadian goose making it's way here and of course the amphibexes breaking the ice. This year we got to see this welcome sight on March 10 when they passed by Selkirk.



Wag

Birchwood

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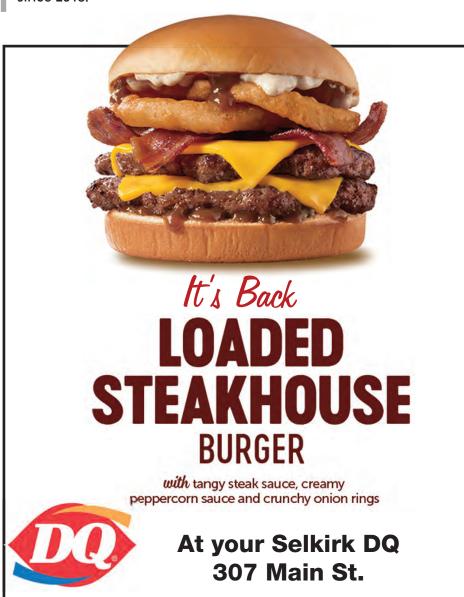
Selbirk Regard

Hydro workers on strike



RECORD PHOTO BY BRETT MITCHELL

Manitoba Hydro workers hit the picket lines in Selkirk March 12 taking up the space in front of Manitoba Hydro's 805 Greenwood and 177 Main St. locations. The workers have been without a contract since 2018.



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How to address mold after a flood

Floods can quickly turn lives upside down. According to the World Health Organization, more than two billion people were affected by floods between 1998 and 2017, and those people no doubt recognize just how unsettling floods can be.

The damage caused by flooding can linger long after water levels have subsided. Mold left in the wake of a flood poses a significant threat, and WebMD notes that mold can be especially dangerous for people with respiratory issues like allergies or asthma. In fact, the Centers for Disease Control and Prevention notes that, in the wake of Hurricane Katrina, one of the organization's chief concerns was

to let those affected by the storm learn how to safely clean up mold.

Mold cleanup must be done with a sense of urgency, as WebMD indicates that mold can grow very quickly in damp environments. That said, it's vital that homeowners only reenter flooded properties when it's safe to do so. Reentering too quickly and before government officials say it's safe to do so can put residents in serious jeopardy.

Once it's safe to reenter a home, the CDC recommends the following approach to address mold after a flood.

Wear personal protective equip-

Continued on page 17



Techniques to revitalize a lawn after a long winter

Remove any debris from the lawn after snow thaws to see what you're working with.

Pristine, snow-covered landscapes can be wonders to behold. While that blanket of white is idyllic, a lawn's delicate blades may be paying a hefty price beneath the cold, heavy piles of

Snow plows push salt and sand up on the grass while subterranean animals like mice and moles dig burrows beneath piles of snow as they try to find food and stay warm. Such conditions are not favorable for thriving landscapes. When the spring thaw arrives, lawns may be in dire need of some TLC. The following techniques can mitigate winter-related lawn damage.

- · Clear out debris. Remove any scattered leaves, branches and other debris that has been strewn across the property due to storms or snow-laden trees. This will give you a clean canvas to work on.
- · Dry out snow mold. The Family Handyman says snow mold is a coldseason fungus that causes gray-colored circles or patches on the lawn where there has been snow. To alleviate snow mold, rake the lawn to loosen matted grass and facilitate the dryingout process.
- · De-thatch the lawn. Heavy snow can compress the grass and cause some of it to die off. De-thatching helps to remove dead grass blades and separate any matting. This enables water, nutrients and air to reach the lawn's roots more effectively. Thinning out old or-

ganic matter also helps encourage new growth.

- Aerate the soil. Coupled with dethatching, aeration involves loosening the soil or poking holes to allow nutrients to move freely to the roots.
- · Kill weeds before they spread. Weeds may be the first to start growing when the weather begins to warm. Address them promptly by manually pulling them or applying an herbicide.
- · Overseed the lawn. Chances are there are some bare spots that have formed over the winter. Overseeding can help to fill in the lawn. Make sure that frosts are largely a thing of the past and soil temperature is around 50 F to 60 F before seeding. Water daily until grass fills in.
- · Apply nutrients. Fertilizer and compost can restore nutrients to the lawn that may have been used up over winter. A soil test at a nearby horticultural center can tell you which nutrients are needed, according to the Chemistry Cachet, a guide to using chemistry secrets for healthy living, beauty, cleaning, and gardening. Lawns can be restored to their prewinter glory after some sweat equity and about five to six weeks of consistent sunshine and warm weather.





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Easter trees makes festive spring decorations

Easter is coming and it's time to put up the tree. For those thinking right now that trees are for an entirely different Christian holiday, you are both right and wrong. Even though trees may be more widely associated with Christmas, Easter trees are an increasingly popular and festive tradition that trace their roots to Germany.

The Easter tree is known as Ostereierbaum in Germany and is a centuries-old custom. Eggs are hung on outdoor tree branches and bushes or are placed on cut branches displayed inside. While the tradition is traced to Germany, German-influenced locales like Hungary, Poland, the Czech Republic, and the Pennsylvania Dutch region of the United States also are

popular places for Easter trees to appear.

For 50 years, one person branched out with his own Ostereierbaum tradition. Volker Kraft decorated an apple tree on his property in the town of Saalfeld, Germany, adding more eggs each year as the tree grew larger. The tradition came to an end in 2015. At one point the tree held 10,000 eggs, all hand-crafted by Kraft and his family. However, a tree in Rostock, Germany held the Guinness World Record for tree with the most eggs - a display of 80,000.

While Easter trees are typically more modest than Kraft's tree, the displays can be as large or as small as one desires. Many Easter trees consist of a few branches placed in a vase decorated with flowers, ribbons and Easter eggs. Pussy willow branches work well, though any branches can stand in.

When decorating Easter trees, families can use plastic eggs or even real ones. Using a sharp knife or needle, make two small holes in a raw egg. Blow out the inside of the egg until the shell is hollow. Then decorate the egg and thread a ribbon through the holes so it can be hung on the tree. If desired, place sweet Easter treats, such as chocolate eggs or pastel-colored cupcakes, under the Easter tree.

Decorating an outdoor tree also is possible and very visible. It can be a great way to share Easter blessings with others in the community.



> FLOOD, FROM PG. 15

ment. Gloves, masks and goggles should be worn to protect the eyes, nose, mouth, and skin. While personal protective equipment can be highly effective, anyone with mold allergies or preexisting respiratory conditions like



asthma should leave mold cleanup to the professionals.

· Discard certain items. Items that are wet with flood water but cannot be cleaned and completely dried within 24 to 48 hours should be discarded. People with flood insurance policies may need to take photos of items prior to discarding them if they hope to be reimbursed.

· Open doors and windows. The Federal Emergency Management Agency notes that airing the home out by opening the doors and windows can inhibit mold growth when humidity levels are lower outside than inside.

· Circulate air around the house. If

it's safe to turn the electricity back on, circulate air inside the home with fans. In addition, use a dehumidifier to remove moisture from inside the home. even if it's been painted or caulked over. The CDC urges anyone tasked with additional transfer.

· Do not mix cleaning products. The CDC notes the dangers associated with mixing cleaning products. For example, mixing bleach with ammonia can produce toxic vapors.

Scrub surfaces. Use clean water and detergent to remove all visible mold from surfaces around the house. Dry the surfaces immediately after cleaning them.

prior to region in grooms.

Dry the as quickly sible.

· Avoid refurbishing until all mold has been removed. Mold can grow

even if it's been painted or caulked over. The CDC urges anyone tasked with addressing floodrelated mold to make sure surfaces are completely cleaned and dried prior to refurbishing rooms.

· Dry the home as quickly as possible. Drying the home as quickly as possible, and ideally within 24 to 48 hours of the occurrence of flooding, can inhibit further mold growth. However, it's imperative that residents only reenter a home after getting the go-ahead from local authori-

A safe and quick response to floodrelated mold growth can prevent illness and further damage to a home.



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Safety first when power washing your home this spring

Spring cleaning is a great way for homeowners to clear their homes of clutter. As people spend extra time indoors in winter, items can quickly pile up around the house. Spring is a great time to clean up such clutter, but interior spaces are not the only areas of a home that can benefit from some extra attention once the weather warms up.

Harsh winters can take a toll on home exteriors. Dirt and grime can build up on exterior home surfaces over the course of the winter, affecting the appearance of the siding of a home as well as outdoor entertaining

Power washing is a great way to give a home a fresh, clean look in spring. But there's more to power than simply renting the right equipment and getting to work. The Centers for Disease Control and Prevention notes that there are many risks associated with using power washers. For instance, the CDC says strong spray from power washers can cause serious wounds that initially seem minor. However, such wounds can lead to infection or disability if left untreated. In addition, if manufacturer safety instructions are not followed, electric shock can occur due to improper use.

Homeowners who are intending to power wash their own homes this spring should first determine if they're physically capable of doing so. Power washers can be difficult for some people to control, so it's imperative that homeowners honestly assess their physical abilities before renting a unit. The CDC urges homeowners who determine they can safely handle power washers to take these additional safety steps to make sure the process of cleaning their home exteriors goes smoothly.

- · Never point a pressure washer at yourself or others.
- · Do not attempt to push or move objects with spray from the washer. If anything is in your way, turn the power washer off and then move the obstruction.
- Never use a gasoline powered washer in an enclosed space, which can increase the risk of carbon monoxide poisoning.
- · Always test the ground fault circuit interrupter (circuit breaker or outlet)



before using a pressure washer.

- · Always plug a properly grounded pressure washer into a properly grounded receptacle.
- · If an extension cord must be used, keep the pressure washer's power cord connection out of and away from any standing water, and use a heavy duty extension cord with components rated for use in wet locations. Keep both the power cord and extension cord connections as far away as possible from the item being washed and away from any water runoff. While power washing, periodically take note of the location of the extension cord connections to ensure they are not in a puddle.
- · Wear rubber-soled shoes that provide some insulation when using the pressure washer.
- · Never cut or splice the pressure washer's power cord or extension cords.
- \cdot Never remove the grounding prong from the pressure washer's power cord plug or the extension cord.



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· Pause the project if a circuit breaker is tripped. Always have a qualified electrician check the pressure washer for electrical problems after it has tripped a circuit breaker.

· Never allow children to operate a pressure washer. Keep children at a safe distance when an adult is using a pres-

Power washing can give a home a whole new look after a winter's worth of dirt and grime builds up on the home's exterior. Safety must remain the utmost priority when operating a power washer on your own.

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Brad Reykdal, a fifth-generation farmer

By Evan Matthews

Though technological advancements have drastically changed Canadian farming methods over the last 153 years, remnants of a simpler time remain on Lake Manitoba's Birch Island, where Brad Reykdal's family has farmed for five generations.

But as much as things change, they stay the same, as the 35-year-old Reykdal said he and his family have been preparing for the annual calving season on the farm. The Reykdals' commercial cow-calf operation totals about 600 head of cattle.

"Going back five generations, our descendants immigrated from Iceland in the late 1800s. My great-great-grandfather was named Havardur Gudmundson," said Reykdal, making note that his family first started the farm where it is today—"Hayland"—in 1907.

The farm is located roughly 30 minutes west of Ashern, between Lake Manitoba Narrows and Vogar.

"My grandfather, David, would tell stories about growing up, when he lived on Birch Island. We still farm the island today. We take cattle out to pasture on a barge, and in the context of some of his memories out there, he was four years old. Some of the equipment they used is still out there

"Our family has a lot of history on that island. The lineage and the history, it definitely adds value for me when I'm spending time out there," he said, noting the island itself is technically considered Crown land.

Reykdal returned to the farm full-time after the passing of his grandfather. He said the family intends to spread his grandfather's ashes at Birch Island. While growing up, the farm belonged to Reykdal's grandparents, but the entire family had a hand in having things run smoothly.

Whereas many kids growing up would leave the farm for

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Brad Reykdal, right, with his son Thorian and his uncle Calvin Reykdal whom he farms with.

summer to find other employment experience, Reykdal said he never did work off the farm. Some of his fondest memories growing up are those summer days and nights, he said.

"All summer, those times were spent in the hayfields," said Reykdal. "The farm has always been really important to me. I've spent a lot of time here."

The notion has been passed down to his own kids, according to Reykdal. He said one of his kids is in school now, but the other often goes to spend time with grandma while dad goes to work on the farm.

It's something both grandma and Reykdal's son enjoy, but he said also enjoys seeing the history continue.

"Right now, I'm farming with my mom, my uncle, and my grandma, so we have three active generations," said Reykdal, noting his children are five and eight years old, respectively.

"My kids are starting to get involved and they would be the fourth (active) generation. I kind of hope they grow up and go to college, maybe go do something else for a while, then come back and take over the farm. It's a lot of hard work, but it's a great lifestyle," he said.

On the side, Reykdal has started a business in which he sells state of the art video equipment, specifically designed for cow-calf operations. The technology makes it easier for farmers to monitor their herds from afar, he said.



The Reykdal's cattle enjoy the ride, on their way out to pasture at Birch Island.



RECORD PHOTOS BY BRAD REYKDAL Brad Reykdal said though his children are young, he sees both Thorian and Stannis taking an interest in the family farm.

Calling his side business Reykdal Ag and Security, Reykdal said it has become quite successful. For inquiries, Reykdal said to call 204-302-1402.

The future of Manitoba's agriculture industry

Year over year, Reykdal said it seems there are fewer and fewer family farms.

For a young person interested in the agricultural industry, it's an uphill battle, to put it mildly.

"A lot of the current programs don't really cater to cow-calf operations," said Reykdal, referring to AgriStability, agricultural insurance, and even recent changes to the Agricultural



Reydal's late-grandfather, David Reykdal, guiding in the barge at Birch Island.

Continued on page 20











Keeping an eye out for Canadian Canola

By Katelyn Boulanger

The Canola Council of Canada is celebrating its 15th year of connecting to canola growers, processors, and exporters to make sure that the canola grown and processed in Canada meets all the needs of international

"The [Keep It Clean] program is about sharing that information with growers across Canada, and now it actually includes cereals as well as pulses in addition to canola," said Brian Innes, VP public affairs for the Canola Council of Canada.

For the canola part of the program, the council wants to make sure that farmers only grow registered varieties of the crop.

"We have a registration system for all varieties that are grown for a number of crops. And, for canola, there's a very specific process to get varieties

registered and as part of our quality assurance system," said Innes.

The reason that they maintain this list of varieties is to ensure consistent and reliable products for customers who buy canola oil all around the world as well as making sure that it follows all of the varying guidelines necessary to be sold in all of those countries.

"Really, that means that when that variety is growing, that it's going to keep the canola reputation and the canola brand around the world for consistency in things like oil quality, disease resistance, and also in just the characteristics of canola and what it is for our customers," said Innes.

The companies that hold the patent for varieties need to keep them in good registration standing with the Canadian Food Inspection Agency, which is part of the Canadian government, and if for some reason the company elects not to, that variety becomes a de-registered variety which the Canadian Canola Council needs farmers to keep track of so that they don't accidentally grow the wrong type of canola.

The case of canola oil, actually, is the risk is that some of the older varieties contain biotech traits that are no longer approved for export markets. So, in each country, each jurisdiction has its own biotech regulatory requirements. In the case of the [European Union], as an example, they're only approved for ten years, then after which time, they have to be re-approved, essentially but it's not always the case that variety of traits are re-approved because technology genetics change quickly and those traits may no longer be relevant for farmers," said Innes.

The Keep It Clean program's website keepitclean.ca is the best place to find information about canola growing and resources to the correct pages on the Canadian governments website about which varieties are registered according to Innes.

"The Keep It Clean program [also] covers a number of practices that farmers do, including how they use pesticides, how they store their crop, how they manage disease in their crop, as well. You can [find] all of those aspects that farmers [may need] covered in the program across multiple commodities on the website."

Farmers, processors, and exporters all working together is how Innes says everyone can get the most out of their hard work.

"This is about preventing risk in our exports and for canola, we export 90%



The Keep It Clean program includes cereals as well as pulses in addition to canola.

of what we produce in one form or another. So, keeping our reputation for a high-quality product is something that everybody in the value chain has a role in doing. The keep it clean program is really about helping our farmers be part of keeping our canola brand strong with our customers and preventing risk related to market access issues that occur when we don't meet our customer requirements," said Innes.

Inner Crop Protection Shield

Guide crop away from sprayer

Catching up with the crop chief

By Nicole Buffie

The Canadian Grain Commission has announced the appointment of a new chief and assistant chief commissioner, with one being from the Interlake.

The federal agency that oversees the regulation, supervision and advocacy for grain farmers and producers across the country made the announcement in December 2020 of the appointments.

Doug Chorney, acting chief-turnedhead-honcho resides on a farm in East Selkirk where he grew up and is currently working remotely most days.

With a degree in Agricultural Engineering, multiple positions on boards related to agriculture and a heritage

Continued on page 20













> CROP CHIEF, FROM PG. 19

that is rife with farming, Chorney has the references for the position.

Working beside Assistant Chief Commissioner Patty Rosher and Third Commissioner Lonny McKague, Chorney's job is to oversee operations of the CGC and participate in conferences of interest to the bureau. Chorney was appointed chief after operating in the role since June 2020 when former Chief Patty Miller retired.

At a time when operating in a federal role may seem daunting amid efforts of economic recovery due to the COVID-19 pandemic, Chorney said the agriculture and grain industry is holding their own for the most part.

"The grain sector through the pandemic has performed very well, and we find demand is continuing," he said. "It's kind of a silver lining for the Canadian economy which has been hurt in many other ways because of the pandemic, so it's good that agri-

culture has been able to do its part to perhaps support the country."

While it's not exactly clear why the industry has been alive and well amid the economic crisis due to the COVID-19 pandemic, Chorney said it could be due to a range of reasons such as the uptick in home baking and cooking which caused a national flour and yeast shortage in the early days of the pandemic.

"Food is essential for life, and when you have people in a situation where they're challenged to figure out what to do next it seems like securing good food supplies is a first step that a lot of countries took and that might have driven some of the demand," he offered.

As for farmers in the Interlake region, Chorney said they are in a unique position where the climate during growing season usually works in their favour, but they are not im-

mune to problems that can happen elsewhere.

Despite excessive moisture in 2019 when a freak snowstorm in October destroyed many fields and had farmers worried about the spring growing season, the province reported crop yields in most categories were up for 2020, saying the pandemic did not measurably affect field crop production.

"Producers are supposed to be resilient and I think they've proven themselves to be resilient this year," he said.

In addition to their resilience, more and more farmers are getting creative with their crops; in addition to growing wheat, oats, canola and soybeans, forage seed and grain corn crops have been on the rise in the Interlake area in recent years. While corn tends to be grown close to the southern border, Chorney said it's becoming more and more popular in the region.

"It just shows how farmers are always trying to do better the next year than they did the year before," he said. "And that's been something I think a lot of Interlake farmers have done over their careers."

While it is a time of ingenuity for the agricultural industry, it is also a time of reflection; the federal government is currently reviewing the Canadian Grain Act, a framework for ensuring the quality of crops across the country, and the CGC itself. Chorney and



RECORD PHOTO SUBMITTED The Canadian Grain Commission has appointed Doug Chorney as Chief Commissioner for a threeyear term.

his co-commissioners are helping to oversee the agency's participation in the review and contribute to the discussion of the future of the legislation and commission itself.

"We actually try to really wholeheartedly support the industry in many ways," Chorney said. "My number one goal is to guide that process to make sure we have the best Canadian Grain Commission possible."

> FIFTH-GENERATION FARMER, FROM PG. 18

Crown Lands Leasing Program.

He said larger corporate farms are outbidding smaller operations for Crown land leases, which acts as a difficult barrier to entry for young farmers. However, legacy farms such as the Reykdal's always have priority on lease renewals.

"It would be extremely tough to start from nothing. If you don't have generational farm ties, I can't imagine it," he said, emphasizing how lucky he and his family are to have the lineage and history they do.

Flood Outlet Channels Project

Farmers in the region are still recovering from the floods of 2011 and 2014, according to Reykdal.

The Province of Manitoba has responded by initiating the Lake Manitoba and Lake St. Martin Outlet Channels project, both designed to

enhance flood protection the respective lakes, and help to strengthen Manitoba's existing flood mitigation network.

Reykdal said while the project has been controversial in some ways—including the expropriation of farmers near Moosehorn, as well as environmental concerns raised by First Nations—farmers he's spoken with in the region are supportive of the projects.

"The land still hasn't come back the way it was before the floods. Birch Island even, we couldn't use it for a couple years and had to find pasture elsewhere," said Reykdal.

"The outlet channels are going to be a good thing, and reduce the risk of major floods, which set the farm back many, many years. I'm all for it."



et inspired



Prep time: 15 minutes Cook time: 20 minutes

Servings: 4

1 package broccoli slaw

1/2 cup blue cheese dressing

1 teaspoon salt

1 teaspoon black pepper

1 cup flour

4-6 tablespoons butter, melted

1/3 cup Buffalo-style hot sauce, plus additional for serving, divided

1 cup panko breadcrumbs

3/4 cup blue cheese crumbles

8 veal cutlets, pounded about 1/8-inch thick

4 sub rolls

Preheat oven to 400 F. Line rimmed baking sheet with parchment paper; set

In medium bowl, using tongs, lightly toss broccoli slaw and blue cheese



Crunchy Buffalo Baked Veal Cutlet Sandwiches

In shallow bowl, stir together salt, pepper and flour.

In separate shallow bowl, whisk melted butter and hot sauce until combined. In bowl of food processor, pulse panko and blue cheese crumbles until com-

bined. Transfer mixture to plate.

Pat veal cutlets dry with paper towels. Dredge one veal cutlet in seasoned flour then coat with hot sauce and butter mixture. Place cutlet on top of panko blue cheese crumbs and gently press down to coat one side. Turn cutlet over and press down again gently to coat, including edges. Place on prepared baking sheet. Repeat with remaining cutlets

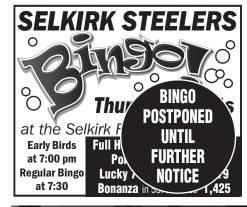
Bake 10-15 minutes, or until internal temperature reaches 160 F.

Cut rolls in half, add two cutlets per roll, top each with broccoli slaw mixture and drizzle lightly with Buffalo-style

Substitution: Ranch may be used for blue cheese.



Total time: 15 minutes Servings: 4 1 cup fresh cilantro 2/3 cup fresh parsley 2 tablespoons dried oregano 2 garlic cloves, minced 1/4 cup red wine vinegar



2/3 cup olive oil

1/2 teaspoon salt

1/2 teaspoon pepper

1 can (14 1/2 ounces) chickpeas, drained

1/4 teaspoon crushed red pepper flakes

1 bag Fresh Express Baby Kale Mix

1 cup NatureSweet Cherubs Tomatoes, diced

1 medium avocado, diced

4 tablespoons Litehouse Avocado Ranch Dressing

In food processor, combine cilantro, parsley, oregano, garlic, red wine vinegar, olive oil, salt and pepper. Pulse until sauce is smooth.

Place chimichurri sauce in small bowl with chickpeas and crushed red pepper flakes; toss to coat. Cover and refrigerate overnight, if possible.

Divide kale, tomatoes and avocado between four bowls. Top each bowl evenly with marinated chickpeas. Drizzle with avocado ranch dressing and serve.

ASK THE MONEY LAI

Dear Money Lady, I wanted to know if I should agree to give out my SIN when I apply for a loan. Do I have to? Greg

Dear Greg,

Most people never want to share their social insurance number (SIN) for fear of a hit to their credit bureau, but unfortunately you may find it a necessity when asked by your lender who now need to ensure identity due to increased consumer fraud. If you apply for credit at a bank, open a bank account or finance a vehicle, chances are you will need to disclose your SIN. Many people still believe that they should never agree to an inquiry or give out their SIN number too many times to obtain credit. They think their credit will either become damaged or their credit bureau rating and score will go down. This is sometimes not true - So to help you out Greg, I'm going to dispel all the myths and also let you know what the banks are looking

There are two major credit bureau companies that all financial institutions and merchants use today. They are Equifax and TransCanada Union - agencies that rank and provide an overall score to each person who uses credit. The system for measuring hits to your credit score is indeed intuitive, meaning it measures and evaluates the type of merchant and inquiry. So, it knows if you are shopping around. If you have several inquiries from different banks because you are rate shopping for a mortgage you will usually not see any decline in your score, (however, these inquiries must be contained within a 30-day period). Same thing when you are shopping for a vehicle, multiple hits to your credit bureau from car dealers will not alter the score if contained within 30 days. But, on the other hand, if you are truly shopping and going to different stores, applying for multiple credit cards, personal and retail loans, or buying items on deferred payment plans, then YES, this will drop your score regardless of the 30-day limit.

First and foremost, you want to protect your credit. This is the foundation of all lending and is the only way for lenders to judge your creditworthiness for the future. If you always pay your bills on time and have never declared bankruptcy, chances are you will have good credit. But if you are the opposite, and your credit score is too low. you may find it very difficult to get future credit. Your credit bureau score can range from 300 to 900. As a general guideline, Banks and A-Lenders are looking for clients with scores above 680 and will generally automatically decline applications with scores under 600. Credit card companies are a little more lenient and will go down as low as 530, with auto declines for scores under 500. Here are some tips to improve your credit and maintain a good rating.

Pay your bills 2-3 days before they are due. Paying them on the due date (especially through online banking) will make you 1-2 days late. This is recorded on your credit bureau and will definitely lower your score without you knowing it.

Do not carry balances on credit cards or personal loans month over month. This means your credit is revolving and will automatically drop your score.

Resist the urge to have a lot of open credit cards, even if they have zero balances.

You must have some credit. If you had previous bad credit and now are just using cash, you are essentially handcuffing your future. Without reestablishing good credit, the banks will decline you every time.

Property taxes and support payments in arrears can also drop your score once they are reported.

Mortgage and vehicle payments in arrears, once reported (which usually happens after 60 days) are a major hit to your score. Please try to

I have heard in the past that some merchants or banks do soft hits to your credit. Please do not get fooled by this. There is no such thing as a "soft hit" or a "hard hit" to your credit bureau. If they have your verbal consent, (even if they don't have your SIN number) when they adjudicate a consumer credit request, they WILL hit your credit and it WILL adjust your score.

Good Luck & Best Wishes, ATML - Christine Ibbotson

Written by Christine Ibbotson, Author of 4 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca

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HOM!" HIGH SPEED



Discovering our community through history
Purvis family built boats in Selkirk for

generations

By Nicole Buffie

Community is often built by the people that inhabit it, leaving their mark on the place they call home whether they choose to stay or leave. In some cases, it's those who come into an already established community that help it to grow to heights otherwise not possible. For the Purvis family, it was William Purvis Sr's decision to move his family to Selkirk in the early 1900s that would build his family name to the point that it was synonymous with the town he lived in.

After moving to town from Ontario, William Sr. partnered with four others to form the Northern Fish Co., a fishing company on Lake Winnipeg with boats built under William Sr.'s direction. His interest in the fish and boat industry was picked up by his sons William Jr. and Roy who eventually founded their own company, Purvis Brothers.

Purvis Brothers, responsible for building diesel-powered boats and using them to transport goods on Lake Winnipeg, became quite successful in the 1920s. The third Purvis brother, Ted Sr., owned a machine shop in Selkirk.

Then in 1960, a new generation would carry on the Purvis name when Ted Purvis Jr. bought his father's machine shop and took over his uncles' boat building biz with his wife Sha-

"He said," You know, I think I'd like to get into boat building" he knew nothing about it, except that his family had been involved with boat building for years," Sharon said of her husband's leap into the family business.

Ted Jr., taking the reigns as a young man, would change boat building materials from wood to steel, a move ahead of its time and what many called crazy. With Sharon managing the machine shop when he would travel for work, the two built not only ships, but a very successful company in our community.

In the succeeding decades, the company would go on to build a number of popular boats to sail the Red River and Lake Winnipeg, including the famed M.S. Lord Selkirk II, a milliondollar build and the largest inland cruise ship to sail the waters in Mani-

Sharon said her husband was a selfmade man, graduating from Red River College as a machinist and welder and teaching himself to do anything he needed to. That attitude turned the business into a company that would eventually reach the coasts of Canada.

After having much success in Manitoba, the business moved West and Ted Ir. partnered with Daan Hengeveld to create Purvis Navcon Shipyards where they would go on to build ferries in British Columbia. As Ted Jr.'s health declined and the construction of the ferries came to completion, he came back to Selkirk while his son Ted the third oversaw the company until it stopped constructing the vessels.

While there is no longer a Purvis Boat Co. in town, the remnants of it are in abundance. Some of the company's builds sit in the Marine Museum and are enjoyed by visitors in all of their preserved glory. More recently, a piece of the family's history was dismantled after the M.S. Lord Selkirk II was torn apart after she sat in the Selkirk Slough to rust for 25 years.

"It was such a shame when it was all torn up," said Sharon. "People had approached Ted and asked him how much it would take to get the boat going again. And I mean, the ship's hull and everything was in good shape, but there was a lot of fixing up and nobody wanted to take on that big of an expense to do it."

The nautical vessels are not the only memories of the Purvis name around town; the original brick home of William Sr. still stands to this day on Taylor Ave. where he built it in 1904, and the memories of the ships that once sailed the Red River are docked in the slough, or as Sharon likes to call it, Purvis Lagoon.

This story is part of a series highlighting the histories of our region. If you'd like the Selkirk Record to feature a forgotten facet that's helped to shape the community, contact news@ selkirkrecord.ca or call 204-485-3337.





RECORD PHOTOS SUBMITTED

The M.S. Lord Selkirk II during her maiden voyage in Selkirk on June 23, 1969. Below: Ted Purvis Jr. (right) and William Purvis Sr.



Sportste > Outside > Outsi

Celebrating women in the MJHL: Alison Deneweth

By Dave Anthony

Alison Deneweth is one of the most interesting people in the Manitoba Junior Hockey League and her story starts all the way back in 1987 with a franchise that is no longer around.

"I started with the Kildonan North Stars," Alison said with a laugh. "I was there for two years."

Being one of the first women to be in the hockey world in that role, Deneweth did stand out a bit.

"I was an anomaly," she said. "Heads would turn when I came in."

It wasn't long before the Steelers came calling and Deneweth made the move over to Selkirk, who were looking for someone with more of a medical background.

When it came to being received by the players, she said it was a positive reception.

"The players, I have to say, were always very good. They may have been a little cautious at first because it was so new, but once they got to see that I was there to help with no ulterior motive, they warmed up. They really appreciated having someone there to

Not everyone in the game at that time was as welcoming as the Steelers or their players.

"Some officials or staff on the other team were maybe not so welcoming... I got some stories I won't share...but over time, people get to see you in the position longer and they become more accepting as you show them what you can do," she said.

The field of athletic therapy wasn't how it is today, according to Deneweth.

"At that time, there wasn't the marriage there is between the educational institutes and the placement to teams," she said. "I had graduated from the University of Alberta, I had my degree and then I needed to start the collection of hours and at that time, you needed 600 hours in a collision sport. I had done some football already and I was just looking to collect hours and in hockey, there's a lot available. It wasn't easy to get in but that's what I was looking to do, just collect my hours and get my certifica-

Getting the job with the North Stars was a wild process, Deneweth explained.

"The North Stars at that time had taken a hiatus, they were out of the league for a little while and with a new owner, he was looking to get back

in and he was forward-thinking, and I had my university degree, my parhe was looking for interesting things that might capture the imagination. Two of us interviewed for the job and John (last name unknown) actually got the job but right before the season started, John got an opportunity to go up north and do paramedicine and so he took that. I'll never forget, I got a call from the owner at the time, and he said 'Well, you're not our first pick, but if you'd like the job, you can have it' and I said to him, you won't regret it. I got my first job knowing that I wasn't anybody's first pick but it was an opportunity, and I made the

"I started off in a position because I needed the hours and I stayed on because the money wasn't too bad and I seemed to run out of reasons to keep coming back, so I can honestly say, there's no ulterior motive, I'm here now because I just enjoy it so much."

Filled with amazing stories, Deneweth recalls what it was like in the early days with the Steelers.

"When I started, the Steelers were just building the new arena then and it was going to be so much different than what anyone else had in the league and they'd have all this space and all these plans... but like any good build, it takes longer than you think," she recalled.

"So, the first 18 months I spent over in the old barn, which is an amazing piece of history. Trainers in the late '80s had rooms the size of broom closets. I actually shared a spot with management, who liked to go down and have chats with coaches between periods and there were sometimes heated debates. I had a little wooden medicine cabinet that was maybe eight inches across and a foot tall and everything I needed had to be in there. I had a little chair and a medicine cabinet, and I had to juggle players around as the coaches argued about who should be on a line.

"In the early years, there was lots of laundry and we repaired everything like those old wool socks. We'd take them on the bus with a needle and I'd spend the bus ride working on socks. There were about five years I did both the equipment and the medical. It's a tall order to do both so I wasn't sad when someone else took it."

Deneweth's road through hockey might have been very different if not for what happened in 1986, a year before she was hired by the North Stars. "I got married that year. I remember ents lived in Alberta and I made the decision to move to Manitoba. This was the hub of athletic therapy at the time. So, I think part of the reason I was safe enough to get a job where maybe others wouldn't have, was because I was married. I don't know if a single woman at that time would have had that opportunity. I think the powers to be, saw that I was married and that somehow made it more acceptable or safer to be in that position."

Both Deneweth and her husband were coaches "and you can't have two of those in a house and make a go of it" she said with a laugh. "He was so supportive of me doing whatever it took to get the certification."

Having always enjoyed hockey, Deneweth wanted to get into the game somehow.

"As a kid, I had always wanted to play hockey but again, where I was, the area I was in, there was no girls' team, no opportunity to play. So, my mom put me in figure skating which lasted just two years. The costumes... yeah, they were just not for me. I had always liked hockey. I enjoyed the culture. it's been a great fit."

In the hockey world, there's been a noticeable shift when it comes to the involvement of women but Deneweth said there is still much more room to grow. "There's always room but for sure it's just more acceptable now. If you look at the roster now, I think women are half of the training staff. There have been moments before and it's not like women have not been represented. Years ago, there was a female linesman in the MJ and I believe her name was Laura and that was kind of fun. At that time, I think we were the only two women around so we both kind of rolled in at the same time, there was a wink and a nod from across the room. She was fantastic. Very, very good as a lineman. Great senses. As we go forward, there will be more women and the more people see women around, you have the chance to change hearts and minds. I think it's a lot easier to be a woman in the MJHL now and I think there will be more growth in the coaching department or management and on the board. There's been more acceptance from players over the years. I've always treated the players with respect, and they've given that respect right

As you can imagine, being around hockey for a while, Deneweth has had



RECORD PHOTO SUBMITTED Alison Deneweth, the Selkirk Steelers' trainer/athletic therapist, has been working in the MJHL since 1987 when she started with the Kildonan North Stars.

an impact on some young girls, and she recalls the first time she was told just how big of an impact she made.

"The first time I had someone come up to me, it was quite a few years ago, a dad came up to me and he said he had a daughter who was interested in what I did and asked if she could watch what I did." she said. "I thought about it and said for sure. I didn't have her in the room, but we went to the clinic where I was, and she helped with the medicals. She interacted with the players and did the paperwork, and she was just so excited, it was a gut-check for me. It made me realize how blessed and lucky to be able to do this. There are other girls and women who want to do what I have the opportunity to do. It was a reminder to conduct myself in a way to make it easier to come along behind. I stand on the shoulders of women who took jobs in World War II that men typically had, and women went out and got an education in a time people thought it would be wasted on a woman. I got to stand on those shoulders and get an education and do something that was a-typical and as long as I did a good job and represented well, there would be women behind me that will do even better things in better ways.

"It's really humbling to be one who cracked the door a little bit and see girls and some girls we haven't met yet, walk through that door."

Seeing other women in roles across the MJHL brings a smile to Deneweth's face and her voice lights up.

"Always great to see other women, especially the first game of the year. We have a bond. There's a handful of us out there and we're going to keep moving forward."

Goodbrandson commits to CMU Blazers

By Brian Bowman

The CMU Blazers picked up a great basketball player with the addition of the Selkirk Royals' Annika Goodbrandson for the 2021-22 season.

"Annika is one of the top graduating players in the province this year," said Blazers' head coach Joe Di Curzio. "She has excellent skills and size that allows her to play any position. Offensively, she can really attack the basket and finish. She has great length, quickness, anticipation and a high basketball IQ and that will really help her be a terrific defensive player for us, too."

Goodbrandson is really looking forward to playing basketball at the university level.

"I was really drawn to the small school size with me being hard of hearing and everything," she said Monday afternoon. "With COVID-19, I just decided to go to a small school and get more one-on-one time with classmates and teachers with the hopes of The Selkirk Royals' Annika Goodbrandson has having more success as opposed to going to a bigger school where I may have more difficulties finding success educationally."

Goodbrandson is ready to embrace the change of moving on from high school to university.

"I'm really looking forward to the challenge and taking the next step in my basketball career," Goodbrandson said, noting she is one of three CMU recruits for next season. "Hopefully, it will be a positive one and I think it will be because Joe and CMU seem to be a great place to make the next step. If I put in the effort, hopefully I'll get some court time but I don't want to be too optimistic because I know



RECORD PHOTO FROM CMU

committed to attend school and play basketball for the CMU Blazers in Winnipeg beginning in the 2021-22 season.

that I'll be starting from the bottom and will have to work my way up."

Able to influence a game on both ends of the court, Goodbrandson is apt to use her height and athleticism to her advantage. "Annika's height, agility and intelligence make her an extremely tough defender," said Goodbrandson's Royals' head coach Sue Gilmour. "We would often match her up against our opponents' best player as we knew that Annika

would shut them down. She is a strong offensive contributor as well."

Used in a variety of roles on the court with the Royals, the 5-foot-9 Goodbrandson helped Selkirk to a tournament win in Winkler, a third-place finish at the Tri-Prov tournament in Edmonton, and a place in the KPAC semifinals in her Grade 11 year.

A varsity team starter since Grade 10, Goodbrandson was recognized as Athlete of the Year in 2017, received the Sportsmanship Award in 2018, and was even featured on CTV's Sports Star of the Week

Goodbrandson has developed her skills in the club circuit with the Winnipeg Wolves since 2016. Her successes in club basketball include a 2017 provincial championship, a Peg City League championship in 2018, attending the national championships in Langley, B.C. that same year and a Tier 2 championship in the Peg City League in 2019.

As a member of Team Manitoba in 2019, Goodbrandson helped her home province to a bronzemedal performance at the Western Canada Summer Games in Swift Current, Sask.

"Annika is one of the most versatile players I have seen in our program over the years," Gilmour said. "She can handle the ball in a guard position, shoot consistently and drive from the outside as a wing. She is a threat from the outside, shooting a consistent 3-ball as well as her strong ability to penetrate the paint and finish with a lay-up or pull up and sink a jump shot."

Kuczek signs letter of intent with Virden

The Virden Oil Capitals announced last week that forwards Ryland Kuczek from St. Andrews and Mitchell Collyer from Onanole have both signed letters of intent with the club.

Kuczek (2003) played three seasons in the Manitoba U18 AAA Hockey League for the Winnipeg Thrashers. He had six points in four games before COVID ended this season.

In two prior campaigns, Kuczek col-

lected 59 points in 96 regular-season games.

"We are very excited to add both Ryland and Mitchell to our hockey club for next season," said Oil Capitals' head coach/general manager Tyson Ramsey.

"Both guys have taken huge strides in the last year even though the pandemic has limited the number of games played. That shows the commitment that both Ryland and Mitchell have made to develop on and off the ice."

Ramsey really likes Kuczek's offensive potential and leadership.

"In Ryland we get a highly-skilled playmaker that has the ability to put up points and has tremendous character," he said. "We would like to welcome both players and families to our organization and look forward to getting them here in the summer and again in the fall for training camp."



St. Andrews' Ryland Kuczek signed a letter of intent with the Manitoba Junior Hockey League's Virden Oil Capitals.

Hockey Manitoba cancels spring development programs

From Hockey Manitoba

Due to the ongoing COVID-19 pandemic, Hockey Manitoba cancelled the following Spring Development Programs for the spring of 2021:

Female U13 Prospects program Director's Cup Prospects program Rising Stars Plus program

The cancellation of these programs is a full cancellation for 2021 and these programs will not be rescheduled this year. Programming for all three programs is scheduled to return in the spring of 2022 and information regarding next year's programs will be made available in early 2022.

Some regions may choose to continue with minor hockey skills programming or other development programming, however, this may vary from region to region based on ice availability. Athletes should contact their Minor Hockey Association or region regarding any programming that may be offered in their area.



Steelers' Colter commits to Selkirk College

By Brian Bowman

Thomas Colter made the move from his home in Langley, B.C. to Selkirk nearly three years ago to play for the

Now, he's back home in B.C. and will soon be playing hockey with the Selkirk College Saints.

For Colter, Selkirk College seemed to be the best fit.

"I had a really good talk with my head coach and I said I wanted to play hockey in Canada at the university level," said Colter last Friday. "I just felt more comfortable there with the education and all that. We started looking at the B.C. schools and Selkirk was one of the teams that got back to us really quickly. They were really excited to fill a spot on the back end so it worked out really well."

Selkirk College, located in Castlegar, is a two-year school so the Saints have a constant turnover of players. The Saints have reached out to the MJHL in recent years to fill out their roster.

"It looks like they have a pretty good roster at first glance and they have won championships in the past," Colter said. "It's a pretty good program and I like the coach's mentality and how he thinks."

Before the Steelers, Colter played for the BCHL's Port Alberni Valley Bull-

dogs as an AP player. He finished the 2017-18 season playing in five regularseason games and then four more in the playoffs.

"Next year, I went to camp and they went with an older roster on the back end," Colter recalled. "They wanted to help me with my junior career and (they) reached out to Huddie in Selkirk and the MJ was looking like a pretty solid league. I had some talks and decided to move out to Selkirk and take the risk and go for it. Why not? I was young and wanted to try something new and it ended up working really well."

It worked so well that Colter was asked to wear an "A" on his sweater this season. He was very proud to be bestowed that honour.

"It really means a lot," Colter said."I try to be one of those guys that other players can look up to. I know it's nerve-wracking with new guys coming in and we had quite a few rookies this year, so I wanted to be that somebody that they weren't nervous to come talk to. I try to work as hard as I can at every practice so the other guys can look at that and try to build off that as well. I just wanted to play my game and be who I am."

Colter is a very defensive-minded blueliner who always welcomed the



RECORD PHOTO SUBMITTED Former Selkirk Steelers' defenceman Thomas Colter recently committed to attend school and play hockey for the Selkirk College Saints in British Columbia.

challenge of being on the ice against the other team's top lines.

Steelers' head coach Hudson Friesen had a lot of great things to say about

"Thomas was a heart and soul guy on the back end for us and has been for the last three years," he said. "Obviously, his game doesn't always show up in the statistical categories but he's an extremely hard guy to play against. He's physical, he blocks shots, kills penalties. He'll do anything that the team needs him to do in order to win and he's a gamer. He brings it every night and has great practice habits.

"I have nothing but good things to say about the kid."

Colter really enjoyed his time playing for the Steelers and the community of Selkirk.

"I had a great time," he said. "It's always nerve-wracking going to another province and somewhere you've never been before, especially at 18 when I left. The team was really good, each year they had a really good group of guys on the team. Everybody was positive and wanted to win. The coaching staff with Nick (Lubimiv) my first two seasons and Hudson in my final season were both great coaches and I learned a lot with each one of them.

"I have a lot of good memories of playing in Selkirk. I had a great time there...and it was a really nice place to play. Everybody in Manitoba was friendly all of the time and I made some pretty good friends over there and had a really good billet family as

Selkirk Judo Club finally back on the mat

By Brian Bowman

For the first time in four months, the Selkirk Judo Club was back on the mat last Thursday for a workout.

This was made possible after Manitoba's latest Public Health Order which allows indoor sport to return with certain limitations. Judo Manitoba recently released a revised Return to Play protocol, allowing clubs to train.

"It was a lot of fun. We've certainly missed being out the last four months," said Brian Jones, one of the Selkirk Judo Club's coaches on Monday afternoon. "We didn't expect it to be that long necessarily so it was really nice to get back."

There were an estimated "13 to 15" athletes in each of the two classes (ju-

nior and senior). Each class has about 18 members, said Jones, adding that the club had limits back in September and October as to how many people could be on the mats.

In past years, the local club would hold their classes at the Comp. But the Selkirk Judo Club received a note saying that the school would not be issuing any community-use permits so they had to make arrangements with the Selkirk Community Church.

Jones was very grateful for the opportunity to use the church's gym.

"It's a really good space and we've arranged to store our mats there in the room that they have just off the gym," he said. "They use the gym there for all kinds of things. There was a flood of requests for the use of the facility when the school went down. There was a rush and, in some ways, we were lucky to get our name in there as quickly as we could."

All judokas are required to wear a COVID mask while working out and all clubs can have as many as 10 individuals in a group.

"We can basically do a full workout but we can't do practice fighting, what we call randori, we're not actually allowed to fight. We can do throwing, technical practice and so on. But we're not getting into the really heavy, strenuous exertion that you do with practice fighting. Doing full randori with masks may be a little bit more difficult but it's not a big deal for what we're doing, I don't think. At least it hasn't been so far."

While judo clubs can practice, they don't have the permission to compete. Selkirk always hosts a great tournament and also travels to other cities for competition.

Jones is hopeful that competition will be allowed this fall if conditions continue to improve.

"It's certainly disappointing not being able to do all of the events that we do over the course of the year," Jones said."We usually have a fundraiser for Habitat for Humanity where we do an in-club competition, there is our tournament that would have been in January that didn't go ahead, and the last tournament that we were at was when we took a team to Edmonton back in March, a week before everything got shut down."

> DENEWETH, FROM PG. 23

Deneweth hasn't stopped learning and used the canceled hockey season to continue another level of educa-

"I got on and ran a machine at a place that does the packaging of medication for nursing homes so I went and got

trained in that and did it for about six weeks at the start of the pandemic and a couple of times during waves," she said.

"I had so much time on my hands, I don't know what I was thinking but I signed up for a master's program out of UBC so I'm taking classes for a Master's in leadership. I don't do well with time on my hands, so I filled it

Despite doing amazing things, Deneweth is looking forward to the return of hockey, hopefully in the fall even though it may be different for her from years past.

"Having done it so long, the last couple years I've had some students

usually out of U of W and they come alongside and I'm really enjoying the mentorship side," she said. "I may not do as much traveling but having the year off has let me know I'm not quite ready to hang it up.

"So, in the fall, I'll be ready to get back to work."

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TENDER 2021-02 Weed Control Application

The Rural Municipality of West St. Paul is seeking proposals from qualified bidders for weed control application.

Specifications and Tender packages including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked Tender 2021-02 - Weed Control Application will be received by the undersigned at the address below until 12:00 noon on the 1st of April. 2021. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by e-mail rfriesen@weststpaul.com or by phone 204-334-0092.

Mr. Brent Olynyk, CAO Rural Municipality of West St. Paul 3550 Main Street West St. Paul, MB R4A 5A3

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NETLEY CREEK GOLF COURSE - PUBLIC NOTICE Public notice is hereby given that Netley Creek Golf Course intends to conduct the following Pesticide Control Programs during 2021

1. To control weeds on Netley Creek Golf Course property in the Municipality of St. Andrews. The projected dates of application will be from May 1, 2021 to Oct 10, 2021. The herbicides to be used include: Mecoturf, 2, 4-D Amine, Compitox, Dicamba, Mecoprop, Round-up, Lontrel, Primo, 2-4-D Ester.

2. To control fungal diseases on Netley Creek Golf Course property (greens, trees and fairways) in the Municipality of St. Andrews. The projected dates of application will be from April 1, 2021 to November 30, 2021. The fungicides to be included: Rovral Greens, PMAS, Rovral W.P., Dacconil, Quintozene, Broad Spectrum Tersan S.P. Arrest, Terraclor Flowable, Heritage Banner, Instrata, Fungcside Allette Signature, Medallion and Prophesy. Civitas, Velista, Zerotol, Turban 30WP, Rhapsody ASO, Renova, Premis 200F, Phostrol, Kabuto 400SC, Iprodione 240SE, insignia EG, Cadence WDG, Daconil Ultrex, Instrata II, Bannermax, Secure and Maxitima.

3. To control mosquitoes on Netley Creek Golf Course property in the Municipality of St. Andrews. The projected dates of application will be from June 1, 2021 to August 30, 2021. The insecticide to be used is Baygon, Methoxychlor. Foray 48-B, Merit for control of Forest Tent Caterpillars.

The public may send written submissions within 15 days of the publication of this notice to the department

Manitoba Sustainable Development Manitoba Conservation

1007 Century Street, Winnipeg MB R3H 0W4

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Holowachuk, Mel - Our family would like to express our sincere appreciation for all who showed such kindness to our family on the death of our beloved Mel - for the food, flowers, fruit basket, phone calls, cards, e-mails and other tributes. For my sister nurses from whom I received many messages, they were appreciated. For the calls from Rev. Maweije, Deacon Di Panting and Rev. Pat Ferris, thank you for the support. To those who made donations to the Community Foundation and to the Selkirk Lions Club, we are also grateful. To our long standing friends and nieces and nephews who showed ongoing concern for our family, we are appreciative. We hope to have a memorial service when Covid is over (hopefully when the weather is also better). We will publicize the date and time in the local paper and the church bulletin.

Blessings to all of our friends and family. -Love, Dorothy Ann, Francine, Deanna and Doug

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Janice Laing March 19th

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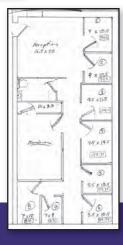


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Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. **Current tenants include The Lord** Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.

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ANNIVERSARY





Congratulations and best wishes to
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as they celebrate their 60th wedding anniversary
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You are amazing role models and an inspiration
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Congratulations on your 65th Wedding Anniversary Fran and Curly Domitruk March 17th, 2021

-Love always, Daryl and Rhonda, Char and Gord, Kaleigh, Brenna, Brenton, Evelyn, Matt and Owen

ANNOUNCEMENT

IN MEMORIAM



William Gamble
December 18, 1969 – March 15, 2005
You are missed each and every day,
For you were someone special
Who meant more than words can say.
-Mom, Dad, Tracey, Bryan, Holly and Clair

ANNOUNCEMENT

IN MEMORIAM

Darwin Hnatiuk
September 17, 1954 - March 18, 2020
I thought of you today,
But that is nothing new;
I thought about you yesterday,
And days before that too.
I think of you in silence,
I often speak your name;
All I have are memories,
And your picture in a frame.
Your memory is my keepsake,
With which I'll never part;
God has you in His Keeping,
I have you in my heart.

-Love and miss you, Toots

ANNOUNCEMENT

IN MEMORIAM

Darwin Hnatiuk

September 17, 1954 - March 18, 2020 A year without you, Your humour, laughter, and songs. The way you could make Mom smile... What we wouldn't give to have you back For even a little while. We know you're watching over us and no longer in any pain.

Love and miss you so much! Until we meet again.

-Love Nick, Holly and Lonnie, Tyler, Natalia, Trenton, Natasha and Nicholas

ANNOUNCEMENT

IN MEMORIAM

Darwin Hnatiuk
September 17, 1954 - March 18, 2020
As spring was almost upon us,
And the snow would soon melt away;
We sadly remember when you left us,
One year ago today.
Memories grow dearer as time passes on,
When you long for a face
and a voice that is gone.
No words we speak could ever say,
How much we miss you every day.
Deep in our hearts your memory is kept
To love, to cherish and never forget.

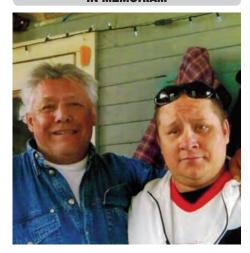
-Clara and family

Your memory will live forever Engraved within our hearts



ANNOUNCEMENT

IN MEMORIAM



Morrisseau

Stanford April 22, 1953 March 19, 2020

Justin September 20, 1974 April 21, 2017

Deep are the memories, Precious they stay; No passing of time, Can take them away. Your memory we treasure, Missing you always, Forgetting you never, Always in our hearts -Love Mom and family

ANNOUNCEMENT

IN MEMORIAM



In Loving Memory of

Here it is one year already since you passed

No more pain or worries

Our world is not the same since that day, But you are always remembered for the person that you have been,

Rest in Peace.

-Lovey, Buck and family

Elaine Tichborne

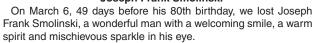
away to a better place,

Always thinking of others before yourself.

One day we will all be together again.

OBITUARY

Joseph Frank Smolinski



He was born April 24, 1941 and grew up in the Ladywood area of Manitoba. He leaves to mourn the love of his life, Patricia (Pat), with whom he shared 58 wonderful years. Loving father to Bill (Desiree) and Richard (Linda). He will be fondly remembered by his cherished siblings, Mary, Charlie, Elizabeth and Paul. He was predeceased by his parents Frank and Annie Smolinski; as well as father and mother-in-law William and Milly Fewchuk. Joseph will be mourned and greatly missed by all those who loved him and those that were fortunate to call him a friend.

Family was greatly important to Joseph. Joe and Pat were a great team as they raised a family, built homes in Gonor and East

Selkirk and took an active part in their communities. They loved to dance, cook and laugh together. The best of friends, they created a welcoming and warm home environment. Joseph was also a great dad. His sage advice and insight were always thoughtful and supportive. He enjoyed coaching and watching his sons' hockey teams, and was always very encouraging as Bill and Richard pursued their creative interests in music and art respectively.

Joseph was a great host who, with his Pat, organized countless feasts for multiple generations of the extended Smolinski-Fewchuk clans. Although such celebrations could be raucous as delicious treats were passed around the table, Joe's heartfelt blessings and graces gave every occasion a sense of dignity and significance as he reminded us of the importance of sharing and caring for one another, and to cherish those times we had together. This insightful spirit came naturally to Joseph as he was also a man of great faith who studied his Bible every day. Over the last year of his life, he even fashioned a small "chapel" in the greenhouse that served as a source of comfort and contemplative space for him, especially as he was experiencing health challenges. On this same property in East Selkirk, he took immense pleasure in fishing and gardening.

With great openness, Joseph was always enthusiastic to meet new people. His outstretched hand and hearty "Hi, I'm Joe Smolinski" opened-up countless impromptu chats where he made countless friends over the years. That openness and enthusiasm for challenges was also important throughout his professional career in management and consulting, moving from backhoe operator to plant manager in Greater Winnipeg Gas and then Centra Gas, and eventually venturing into his own business. Joseph was equally passionate about giving his time generously to help others, and his numerous volunteer positions included Chairing the Selkirk Hospital construction board and being a catalyst for the East Selkirk Recreation Association's construction of the East Selkirk Arena, More recently he was an active and involved board member for the Learning Centre as Secretary-Treasurer for the Community Futures Centre.

Joseph's absence leaves an immense sadness for all who knew him. His tall stature was matched by his equally large heart.

In lieu of flowers, the family invites everyone to please send donations to the cause closest to their

A celebration of Joe's life will be held when public health conditions allow. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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OBITUARY

Bruce Hacault

Unexpectedly on Wednesday, March 3rd, 2021 at his residence, Bruce Hacault age 52 years, of Petersfield, MB passed away.

He was predeceased by his parents Aure and Vivien Hacault, in-laws Barry and Maxine Leach. He is survived by his wife Carla of 33 years, and two daughters Destiny and Tiana; sister Lynn (Danny); brothers Henry (Angie) and Raymond (Heather); in-laws Kim (Lance), and Brad, and many nieces and nephews, great nieces and nephews, aunts and uncles.

In keeping with his wishes, cremation will take place and a private family graveside service will be held at a later date.

Condolences may be left on his tribute wall at www. gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Peter Bilinsky



With family at his side, Peter Bilinsky aged 87, passed away peacefully on March 11, 2021 at the Selkirk Regional Health

Born on May 16, 1933, Peter was brother to six, beloved uncle to 13, and had numerous great nephews and nieces, and great-great nephews and nieces.

He was son of the late Mary and Mykyta Bilinsky, was predeceased by his brother Steve (Anne) and sisters Anne (Edward) and Mary (Grant). He is survived by his brother Alec (Josie) and sisters Stephanie (Oscar) and Virginia.

As a boy, Peter spent a lot of time at the creek with his brothers and their dogs. It was their sanctuary, where special memories were made from the adventures shared amongst the siblings and animals

As a young man. Peter worked construction in Montreal, and throughout Manitoba. He took over the operation of the family farm after the passing of his father in 1963. His proudest achievement in life was keeping the family farm. He did love each season, and especially liked when his gardens and fruit trees began to produce. After retiring from farming, he always looked forward to riding his other John Deere, taking pride in cutting the lawns at the farm to perfection...and they were perfect.

He loved to spend time with family - planning day trips picking mushrooms or berries, hunting with his brothers, and fishing with buddies, brothers or nephews. Weekends were mostly spent at home with family visiting each day. He loved it when the family gathered at the farm for special occasions, his garden tomatoes and the pickles made by his sister were on the menu every time.

Peter enjoyed travelling with family and friends, taking many drive trips throughout the US and Canada. One casino trip in particular earned legendary status in the family, when Peter, his sister and brother-in-law arrived at the Bellagio Hotel, Las Vegas where he was promptly treated like absolute royalty. He couldn't believe it and thought they must have mistaken him for "a big shot" One of the most special trips he took was when he travelled to Europe with his brother and sister to visit family in London and Ukraine with a stop in Paris.

Peter had a set schedule, after morning coffee with his buddies in Selkirk, he would be back home in time for Price is Right. Each day, he watched the news followed by Wheel of Fortune and Jeopardy enjoying watching these shows with family and was often the one solving the puzzles first!

He had a lifelong interest in wildlife and could identify every track in the yard. He knew all the critters living at the farm. The animals would remain wild, but they were referred to as "friends", and often approach him for a quick visit if he was outside. Especially the chipmunks. If you visited in the evening, guaranteed there would be a nature show on the television. He loved his nature shows.

Ever curious and interested in the family's activities, he wanted to know about the successes, and he was there for the failures. You knew where you stood with him and he would ALWAYS let you know if it was "not for Peter." He was a rare combination of someone who had a love of life and a firm understanding of what was important – the simplicity of living a life with those you love.

His generosity was immeasurable, and he was always there to help. An honourable man who never complained, chose his words wisely, and had a love for family and nature. He lived a full life and will be dearly missed.

We are forever blessed with those memories.

Life is precious, in Peter's memory, take time to have coffee with a friend.

Memorial service and celebration of his life will follow at a later date.

Thank you to EMS Oakbank and also to the numerous medical personnel involved in his care. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



There is a link death cannot sever, Love and remembrance last forever.

Announcements

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Raymond Alexander McAulay October 18, 1966 - March 9, 2021

It is with great sadness and heavy hearts we announce the passing of our beloved brother Raymond at the age of 54 years after a lengthy battle with cancer.

Raymond was predeceased by grandparents Fred and Edith McAulay, Wilfred and Gertrude Massey; parents Edwin and Eileen McAulay, also niece Sayler Funk.

He is survived by his siblings Maureen (Bob), Heather (Gord), Lois, Sheila (Danny), Rhonda, Lorna, Alexis, Craig (Connie), Lisa (Mark), Marlene (John), Marcella, Crystal (Rene) and many nieces and nephews.

Raymond was born and raised in Selkirk. He spent his earlier years grain farming with his dad and brother Craig on the McAulay family farm on Fillmore Road.

He grew up playing many sports and took pride in teaching others to skate and play the game of hockey. Raymond had a passion for all sports and took an interest in knowing cousin Kerri won the Scotties curling tournament of hearts.

Throughout Raymond's life he was employed with Selkirk Sand Plant, Black Cat Blades, Selkirk Redi Mix and seasonal garden centres. Raymond was a handyman and loved to be outside doing

For many years Raymond was known for riding his bike through town. Often stopping to talk to family and friends along the way.

He had a kind and gentle soul and would drop by to lend a helping hand to others.

We will all miss Raymond's unique and quick wit sense of humor that kept us laughing through this difficult time and this is why "Everyone loved Raymond".

Special thanks to Dale Ferguson and cousin Darwin Massey (Spid) for their life long friendship to Raymond and for their visits with him throughout his illness.

Thank you to the Home Care Staff for caring for Raymond.

Cremation has taken place. Interment will take place at Clandeyboye United Church Cemetery at a later date.

Anyone so wishing may make a donation in Raymond's memory to the CancerCare Manitoba Foundation.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Lynda Marlene Plunkett (nee Johnson)

Peacefully, in her sleep, on Thursday, March 11, 2021, Lynda Plunkett, aged 72 years, of Selkirk, MB, passed away.

Longer obituary to follow in the next edition of the Selkirk Record.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Joseph (Joe) Smith

It is with great sadness that we announce the passing of Joseph (Joe) Smith on March 2, 2021 at the age of 84 years old.

Joe has joined the love of his life Lois and his son Barry. He will be loved and remembered forever by his daughter Stacey-Jo, sons Darren, Richard and Brian; grandchildren Meg, Jacob, Jannell, Amanda and Dustin.

Joe was passionate about music and never missed the chance to entertain. Whether jamming with friends, playing and singing in multiple bands, kitchen parties at the Army and Navy, volunteering for the square dancers at the friendship centre and various PCHs. Joe built many friendships throughout his lifetime and always found good in people.

We would like to thank the homecare workers, Selkirk Hospital staff, Dr. Spear and Red River PCH for your compassionate care

provided.

A service will be held at a future date.

In lieu of flowers donations can be made can be made to Alzheimer Society. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

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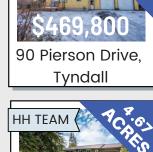




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