



The Selkirk Record

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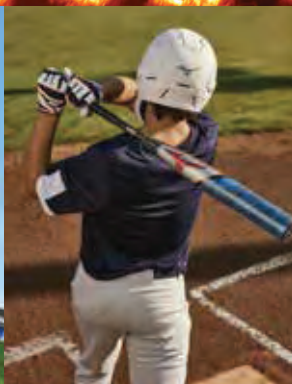
RECORD PHOTO BY BRETT MITCHELL

In the dramatic conclusion to the first Straw Sculpture Symposium that took place at Holiday Alley this year, the two-storey lantern topped with a representation of Chuck the Channel Catfish that was created, was burnt in a tribute to spring. A crowd gathered for the pivotal moment when the only straw sculpture burning event Canada took place. See more inside.

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Selkirk declares Equal Pay Day with BPW Selkirk

Tanya Pratt shares her experience showing importance of equal pay

By Katelyn Boulanger

Last week, Larry Johannson in his role as the Mayor of Selkirk decreed that March 18, 2024 was Equal Pay Day in Selkirk. This is not the first time that Johannson has made this decree with this year being the twelfth year in a row that he has made this announcement.

Equal Pay Day is a day that acknowledges the need to pay women and men equally in the workplace. It also supports the full participation of women in workplaces.

In his proclamation, Johannson acknowledged many of the issues that affect women in workplaces surrounding contributions and equal pay. Some of these include the fact that Canadian women on average need to work 405 days to bring home the same wage as their male counterparts, and, in 2023, women working full-time the full year earned on average 89 cents for every \$1 earned by men working the same period.

"The City of Selkirk promotes a culture where the equal treatment of women and men is not just the right thing to do, it is also good for business. The full participation of women in our enterprises and in the larger community makes sound business sense now and in the future. A broad concept of sustainability and corporate responsibility is a key goal that will benefit all of us," said Johannson.

He also acknowledged that this pay gap is even wider for older women, disabled women, women of colour, and graduates from post-secondary educational institutions.

Colleen Allan of Business and Professional Women of Selkirk and former president of Business and Professional Women of Canada then came to the podium to acknowledge that though great strides have been made there is still more to do.

"Manitoba was the first [province] actually to enact the pay equity law in 1986 but it has not been updated in more than three decades, and now lags behind other provinces. Women on average in Manitoba, still since 2008, only earn 71 cents on the dollar compared to men. And [the pay gap] is wider, as you had mentioned Mayor Johannson, among women of colour, Indigenous and immigrant women. Their report suggests there is a clear

Continued on page 4



RECORD PHOTO BY BRETT MITCHELL
Colleen Allan and Selkirk BPW support the City in it's annual Equal Pay Day decree.

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> **EQUAL PAY DAY, FROM PG. 3**

gender pattern of income inequity in Manitoba, and that the province lags behind other regions in legislation to hold employers accountable. Women are overrepresented among low and moderate-income workers and men are overrepresented amongst the higher-income earners, according to the data gathered in 2019,” said Allan at the acknowledgement event.

The speaker for the evening who shared her experience of unequal pay in the workplace was Tanya Pratt. Pratt took off her many hats this evening speaking at the event about her personal experience as a concerned citizen. She is a mechanical engineering technologist, who has worked in design application as well as, as an instructor. Additionally, Pratt may be known to some in our community as the National President of MADD Canada. Her experience working in male-dominated fields throughout her career has given her a unique perspective and passion for creating and nurturing innovative spaces that are inclusive and equitable.

“I’ve spent my entire working life in the field of science, technology, engineering and mathematics otherwise known as STEM. So, I’m exposed daily to how much technology domi-

nates every aspect of our lives, and how STEM fields are at the forefront of innovation. Yet, within these domains, there exists a persistent and insidious problem, the gender pay gap, particularly as it pertains to women in STEM,” she said.

She says that though these fields are portrayed as meritocratic, the reality is far from ideal and when race and ethnicity are added into consideration there is work to be done.

“A study conducted by the Canadian Center for Policy Alternatives found that racialized women in Canada earn even less than their white counterparts, with racialized and Indigenous women earning 59 and 58 cents, respectively, for every dollar earned by white men,” said Pratt.

She explained that this disparity of pay equality crosses all sectors in Canada and is not solely due to educational attainment or experience.

In STEM, for example, women and people of colour are underrepresented and the gender pay gap exacerbates existing inequalities.

“Despite making significant contributions to scientific advancements, and technological innovations, women of colour face unique challenges. They often encounter stereotypes and

biases that undermine their credibility and worse, they are less likely to be promoted to leadership positions or receive equal pay for equal work. My own personal experience echoes the truth in these statements,” said Pratt.

She stated that though many of her colleagues took pay cuts when they came to work in her current field, which is unionized, she actually got a raise despite all of them coming from different fields.

“I know many other women in this room and all over the globe have the same experience. This is not just a matter of fairness, it is an economic imperative. Closing the gender pay gap in STEM is not only about ensuring equal opportunities for women but also about harnessing the full potential of our workforce. Numerous studies have shown that diverse teams are more innovative, productive and profitable by undervaluing the contributions of women, particularly women of colour, we are stifling our own progress and potential as a

society,” said Pratt.

She suggests tackling the pay gap first by acknowledging that it is a multi-faceted problem which requires a comprehensive, and intersectional approach. Employers must commit to pay transparency and accountability. Pratt also feels that investments need to be made in initiatives that support the recruitment, retention, and advancement of women in STEM, particularly those from underrepresented backgrounds. Finally, she says we need to challenge societal norms that perpetuate gender and racial biases through education and awareness.

She ended her presentation by inviting residents to take part in creating a more equal community for all.

“As individuals, as organizations, and as a society, we must commit to dismantling the barriers that hold women back, particularly women of colour. Only then can we truly unleash the full potential of our collective talent and innovation,” said Pratt.

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RECORD PHOTO BY BRETT MITCHELL
Tanya Pratt speaking at the Equal Pay Day event.



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Red River North Tourism host AGM and Tourism Expo at Memorial Hall

Shirley Muir and Mervyn Gunter address residents

By Katelyn Boulanger

Red River North Tourism (RRNT) hosted its annual general meeting last week at Memorial Hall in Selkirk. The not-for-profit organization that aims to maximize tourism in St. Andrews, Selkirk, and St. Clements also invited Shirley Muir, founder of Holiday Alley, to make a presentation and Merv Gunter, acting board member of the Tourism Industry Association of Manitoba (TIAM), to take on the keynote speech.

The Tourism Expo started off the event. RRNT had a variety of booths fill Memorial Hall from 4 p.m. until the sit-down portion of the meeting started at 7 p.m. There were artists, local groups, and representatives from local attractions and festivals.

RRNT president Lois Wales welcomed residents to the event and then brought Muir to the stage who let everyone know a little bit more about Holiday Alley.

"[She'll] offer us a glimpse into how the festival has grown and remained exciting over the past six years. Through changeable weather, construction schedules and global health challenges, this festival regularly makes national news. It has reached out to embrace international audiences and participants, remember the twelve-day sing-along, and now explores sculptural media. It's so much more than sheep," said Wales.

Muir started her presentation by talking about the beginnings of Holiday Alley.

"Holiday Alley does have a focus. It's about light, and art, and sound, and creativity, and culture. And, it has some goals. The goals are to be a tourism magnet, do some downtown revitalization, create a place for the community to connect, and support some local non-profits. Every year we check against that to make sure that the things we're doing still are true to those goals and the kind of vision that we have," she said.

Muir explained that one of the major ideas behind Holiday Alley is that it's a festival owned by the community.

"If you have an idea, you want to do something, and it's connected with arts and culture and creativity and life. If you bring it, we'll promote it, we'll market it and we'll find a space and we'll find volunteers to make it happen for you. But you've

got to bring it," she said.

Last year's Ribbon Skirt Fashion Show, Outdoor Movie, Tipi Village: Gidoojijaakominaan Onjii Dibaa Jimowinan, Choral Concert, Pop-up Art Gallery, and Adult Crafternoon were all ideas brought forth by the community.

Possibly the most exciting and definitely most recent part of Holiday Alley is the inclusion of the Straw Sculpture Symposium and Fire on the Red which was also an idea brought to our community.

"I was invited to speak at the [2023 International Winter Cities Conference] sponsored by Travel Manitoba and I talked for 90 minutes about ten things that we've learned about how to make a great festival. People were at this conference from all over Canada. As I often do at these conferences, I'll get up and ask a question or pose a problem," said Muir.

Muir chose that fateful time to ask the crowd what we should do about adding sculptural media to Holiday Alley. Because Holiday Alley is in November, it's often a bit early for snow sculptures but too cold for sand sculptures.

On that day, representatives from Sputnik Architecture and Anvil Tree came to her and suggested straw sculptures and the idea for the Straw Sculpture Symposium was born.

In addition to giving the community the ability to shape the festival, Muir talked about how they've kept track of what they are doing to make sure that aligns with their goals and that they are going in the right direction every year.

In Holiday Alley's annual Community Report Card they reported that 58% of festival attendees are from outside of Selkirk and 30% are from outside of Red River North. They saw that sales for downtown businesses went up and perhaps most importantly for our community be-



RECORD PHOTO BY KATELYN BOULANGER
Red River North Tourism hosted its annual AGM and Tourism Expo last week.

tween Holiday Alley and the event that started it all Homes for the Holidays, \$160,000 has been donated to local non-profits.

Muir then spoke about the honour of being named Event of the Year by Travel Manitoba. It was a significant milestone for a festival that's been around for less than a decade.

One comment that Muir shared from an attendee really sums up how far this festival has come.

"This young woman said, 'My friends and I no

Continued on page 7

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Fire on the Red lights up waterfront for first time in Selkirk

New local event heralds spring's arrival

Submitted by Holiday Alley

About 400 people gathered at the City of Selkirk waterfront last Friday to mark the end of winter and to herald in the spring solstice with the inaugural Fire on the Red Festival.

A giant two-storey high straw lantern, created for Holiday Alley by Sputnik Architecture and Anvil Tree, was set on fire and burned bright and big for over an hour against the backdrop of the frozen Red River and a bright moon. Everyone from babies to seniors were out including young Michelle Hanson, her mom Angelina, and brothers Nathan and Braeden who were in awe of the event, where they had found front-row seats.

"We had a great time! So glad they put the event on and hope to see another structure built for next Holiday Alley and see it burn," said Angelina Hanson.

The first people on the scene were new Selkirk residents Umesh Umesh and Gurleen Kaur, who moved to Selkirk a few weeks ago attracted by jobs and the smaller, safer community compared to where they were living in Winnipeg.

"I asked someone at work if there was something to do in Selkirk on Friday night and he said to come down here for the fire burn," said Umesh.

It was a very impressive turnout considering that Fire on the Red was cancelled the week before because of high winds.

"And yet people came out again and really made months of hard work worth it," said Jennie O'Keefe, who's husband Chris Pancoe of Anvil Tree was one of the artists to build the structure last fall in the Agriculture Building in Selkirk Park. The design was conceived by award-winning Lithuanian straw sculpture artist Vytautas Musteikis who came to Selkirk last fall to mentor future straw artists.

Fête Jockey, who helped organize Holiday Alley, Co-owner Andraea Sartison said, "For a first-time event to draw 400 people just showed how connected and engaged people are with art, culture and creativity in the Red River North Tourism region."

The hope is that with continued community support, corporate sponsors and donors Fire on the Red, led by Pancoe and Sputnik Architecture's Peter Hargrave, can be an annual event, she added.

Grade 7 École Selkirk Junior High students Emily Nerbas and Alayah Parker were the honouring fire starters and walked an Olympic-style torch to the foot of the sculpture to set it on fire. Their class attended the November workshops led by Musteikis and Pancoe at the Agriculture Building and helped construct the lantern, as part of the long-term investment to create a new generation of straw sculpture artists in the region.

The event was supported by City of Selkirk staff and Selkirk Fire Department staff who were on hand to ensure the fire was burned safely and everyone had a good time.



RECORD PHOTOS BY BRETT MITCHELL AND SUBMITTED

Holiday Alley opened the holiday season by bringing the first ever Straw Sculpture Symposium in North American to Selkirk. Last weekend, after wind delayed the event the week prior, they bid winter farewell by burning the sculpture at the waterfront a few days after the spring equinox.



> RRNT AGM, FROM PG. 5

longer say, 'Do you want to go to Holiday Alley?' What do you think they say? They say, 'What time should we meet at Holiday Alley?' That's a significant switch," said Muir.

She then reminded everyone of the Brainstorming Session that Holiday Alley will be hosting on April 6 and encouraged residents to register at holidayalley.ca/register.

It was a tough act to follow but Merv Gunter did just that. As acting board member of the newly created Tourism Industry Association of Manitoba, he explained what the group was all about and why it's important to have industry advocates like them as part of the tourism conversation.

Gunter started out by explaining that there has been a need for a group like this for 20 years. There have been other groups that have taken on this responsibility throughout that time including the Manitoba Chamber of Commerce but he said that an specific industry-led, advocacy voice for operators was needed.

To explain why this is so important Gunter turned to his advocacy work in the past. In the past, he was part of a group of seven people who came together to lobby the Manitoba government of the day to invest more in Travel Manitoba. The government listened and Travel Manitoba was able to do more with the increased funds.

"We are [now] one of the best-marketed provinces across the country," explained Gunter.

He then went on to explain what they aimed to do when the idea for an industry tourism group came to-

gether in 2020. With tourism being a cornerstone of the economy of Manitoba, TIAM's mandate is to work with industry leaders to foster a competitive and prosperous visitor economy.

After studies suggested that having a unified voice for the industry would be beneficial, they surveyed members regarding advocacy priorities. Prior to the previous provincial election, TIAM advocated for addressing the labour shortage, recognizing the industry's value with the appointment of a Minister of Tourism and strengthening Travel Manitoba's sustainable funding model.

Gunter then discussed the future of TIAM. Currently, the group of founding members is aiming to advocate for the industry, work alongside the current provincial government and new Minister of Tourism, and develop partnerships with other tourism groups.

The next big milestone for the group will be their first TIAM Conference and AGM which will take place in the RBC Convention Centre on April 17. To learn more about this event or if you are interested in becoming a founding member check out their website at <https://tiamanitoba.ca/>. Founding memberships are only available until March 31.

The meeting ended with the RRNT's AGM which saw new members joining the board: Diane Cole and Holly Typliski. Anabelle Busch also joined as the youth representative and Jim Pelletier will be taking on the role of treasurer.



RECORD PHOTOS BY KATELYN BOULANGER

Residents were treated to a presentation on Holiday Alley by Shirley Muir (above) and a keynote speech by Merv Gunter about the Tourism Industry Association of Manitoba (left).

Nurses sound the alarm about increased security needs

Incident shared by Manitoba Nurses Union

By Staff

The Manitoba Nurses Union (MNU) often uses their social media pages to bring attention to the public as well as nurses' stories. A recent post by an anonymous nurse highlights the need for increased attention to safety and security within our local hospitals.

The nurse said, "We have been chastised for complaining about our workload, and telling management we feel unsafe. Yet, there are very sound reasons for this. We have contracted security, and many of the officers are great, but sadly, without the required tactics and trained personnel, this isn't always helpful."

The nurse spoke of an incident in which an intoxicated patient pulled out what looked like a handgun. The staff called 911 multiple times.

"One of our security officers was great, while the other tried to run and

hide. We notified management and senior leadership, who came down and watched the events unfold. During the episode, the patient went outside. No one knew how to lock the door," said the post.

An RCMP spokesperson said that officers responded to the incident at the Selkirk Hospital in less than eight minutes, though the MNU post specifies a different amount of time.

It was later confirmed by the RCMP that the handgun was a capgun.

While the incident unfolded the MNU post indicated that 25 people were in the waiting room.

Though the incident ended with everything working out, the post specified that no one checked on the staff who were involved.

The post ended by saying, "We feel that we are all alone. That something bad is going to happen. Nobody

cares."

A spokesperson for the Interlake-Eastern Regional Health Authority said, "Interlake-Eastern Regional Health Authority takes the safety and security of patients, staff and visitors very seriously. We have connected with the affected staff to offer them supports. We appreciate the work of staff in the emergency department who continue to provide care in challenging circumstances. We also appreciate the efforts of security to help diffuse the situation without incident."

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Be mindful of margins heading into spring seeding

By Raegan Hedley

This past year, 2023, was the most expensive year ever for growers. Due to high input costs—especially fertilizer—and steadily rising equipment costs, a lot is riding on spring seeding going well.

The dry winter we're having complicates things even further. The Hydrologic Forecast Centre recently published the February Flood Outlook Report, showing a low-to-moderate risk of spring flooding across Manitoba, and soil moisture levels are normal to below normal. While some may be rejoicing that flood risk is low, a lack of snow cover on fields can be bad news for growers for several reasons.

Charles (Chuck) Fossay has been farming for 50 years and is currently a director with the Manitoba Canola Growers and the Canola Council of Canada. Fossay and his brothers grow grains and oil seeds north of Starbuck, Manitoba.

Fossay says that the arrival of late snow in March through April would help fill irrigation ponds and even recharge the soil, but would likely not be enough to save winter wheat and fall rye.

"Talking to some of the local agronomists, they feel that those winter crops are probably not surviving this winter."

Fossay adds that he believes there's likely enough topsoil moisture right now to seed and get crops off to a good start.

Instead of focusing on what could go wrong with the weather, Darren Bond, a farm management specialist with Manitoba Agriculture, suggests focusing on positive news: The 2024 AgriInsurance Crop Dollar Values are currently above current grain market prices, which he says takes some risk off the table for producers.

"It will be important this year to continually monitor one's costs of production, changing projected values into actual values as we move

through the growing season...Having a realistic expectation on the 2024 crop's yield potential will be especially important."

Bond says fertilizer is the highest operating cost on a farm today, and considering the tight margins projected for 2024, it's worthwhile for growers to review their fertilizing regime. He recommends adopting 4R Nutrient Stewardship practices like banding and moving fertilizer applications to spring, which can result in savings of \$20-\$40 per acre without negatively impacting yield.

"The most important factor is to make sure you have the right rate to avoid missing out on potential revenue...For example, under-fertilizing canola and losing 3 to 5 bushels per acre can result in a loss of \$40-\$70 per acre," said Bond.

"Adjusting fertilizer application practices can be costly, so it is important to evaluate the savings with fertilizer cost to the cost of equipment upgrades. Some gains may be easy to obtain and implement, while other changes may be cost-prohibitive."

Fossay says it's easy to develop a habit where growers simply maximize all their inputs to increase yields. He said this is the year to really ask yourself if you need the second application of herbicides to control weeds if you have a good-looking crop and the disease risk is relatively low.

"I don't really need to spend another \$15 spraying for weeds because there's just not that much margin in the crop. If I spray a second time, I might get a couple extra bushels, but the cost of the herbicide is more than the bushels are worth."

Success this year seems like it's going to come down to managing costs of production. Manitoba Agriculture releases a Crop Costs of Production

Guide every year, and this year the only profitable crops were projected to be pinto beans, white beans, black beans, soybeans, canola and oats.

Bond explains that the guide is just a reference, and growers should use their own numbers to determine the cost of production.

"To make your costs of production even more accurate, compare them to previous years' actual costs. Some costs like fertilizer may vary greatly depending on market prices, while others like labour and repairs may

not vary as much," said Bond. "Is there a large discrepancy between what is projected for 2024 compared to the last few years? Perhaps there's a valid reason for the difference, but if there isn't, the projection should be checked for accuracy."

Fossay says he does his own budget because the provincial guide is a good average indicator of costs, but everybody

has drastically different costs. One of which may be debt for farm equipment.

"The good news is that equipment costs can be controlled by the producer with discipline and an objective analysis of the value an investment in a piece of equipment brings to the farm. Is there an increase in efficiency, an ability to decrease costs or the potential to increase yields on the farm?" said Bond. "While determining the costs of adding a piece of machinery to the farm is easy to quantify, determining the financial benefits can be much more difficult."

There's plenty to be optimistic about heading into spring—as long as you're prepared to pay close attention to profitability and risk.

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THIS YEAR TO
CONTINUALLY
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COSTS OF
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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?**Christy Brown**, Distribution Mgr.: 204-467-5836

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Holiday Alley to host Brainstorming Day for winter festival

Come for the coffee, stay for the community spirit

By Katelyn Boulanger

Holiday Alley is once again hosting a Brainstorming Day. This is a unique opportunity to collaborate with others in our community and come up with ideas to make our local award-winning winter festival a little bit better.

“It’s an opportunity for people who care about arts and culture and creativity in their community to pitch their best ideas that they think we should be doing. Everybody gets a chance to pitch an idea. No idea is a bad idea, as we know from Sheep Poetry the more unusual or bizarre or creative the idea, the more excited we all get,” said Shirley Muir, founder of Holiday Alley.

She says that Holiday Alley prioritizes hosting events where they connect with the community because it was at an event like this that Holiday Alley got its start as Homes for the Holidays.

“I still feel like the best way to build a festival is to listen up to what the community cares about, and what they find exciting and what they want to deliver themselves,” said Muir.

The day will see a variety of activities so participants will never be bored.

“It will start at 10 o’clock in the morning. It’s a three-part process. We ask you to pitch your ideas and then we break into little groups to discuss the ideas. Then we get on our little

sticky dots, and everybody votes for their favourite idea,” said Muir.

A recent example of how this idea of community creating the festival is the Ribbon Skirt Fashion Show that the Selkirk Friendship Centre hosted last season. The groups at the Friendship Centre had been learning to make ribbon skirts all year so hosting a fashion show that celebrated not just the culture and art of the ribbon skirts making but the achievements of the students who learned to make them was a natural fit.

As for preparing for the brainstorming event, Muir says to come with an idea or plan to listen and support other’s ideas.

“There’s really nothing much more you need to do. We’ll have coffee and doughnuts there. And the trick is just to come with an open mind. Come with a ‘yes’ mind,” she said.

Muir explained that ideas that people take ownership of and follow through with are the ideas that often end up on the next year’s itinerary.

She says that this event is open to anyone in our community to come to check out. In particular, she encourages newcomers to our community and young people to check it out.

“This festival is really theirs. They’re the people who are attending, they’re the people who are coming down, they’re the people who will be here in a few years building the community. And so, I’m always super excited when there’s lots of young people there,” said Muir.

She looks forward to all the great ideas that are sure to come and says it’s a great way to fill an afternoon in this in-between season.



RECORD PHOTOS SUBMITTED BY SHIRLEY MUIR
Check out the Holiday Alley Brainstorming event on April 6.



“It’s not going to be warm enough out to be in your garden yet. There’s

not enough snow to go cross-country skiing. So, you might as well come out and spend a couple hours with your neighbours and your community and bring your kids and let’s figure out how we can make Holiday Alley better,” said Muir.

The Brainstorming day fun starts at 10 a.m. on Sat. April 6 and Christ Anglican Church Hall on McLean Ave in Selkirk. There will be free coffee and treats and participation is free. Just visit <http://holidayalley.ca/register> to register.

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Spring has sprung amidst a treasure trove of greenery

Get ready to dig in and discover for the gardening season

By E Antonio

As the sun begins to shine brighter and flowers start to bloom, it's clear that spring has finally sprung. And with the arrival of this vibrant season comes exciting news from the Shops of St. Andrews - their beloved Lower Fort Garry Garden Centre is reopening its greenhouse doors on March 30.

The Garden Centre is a hidden gem with an impressive array of plants including trees, herbs, tropical varieties, and more - there's something for every plant enthusiast to discover.

The full-service garden centre is open all year with all the supplies gardeners need to help their plants thrive. Soil, pots, fertilizers, and seeds are some of the items the centre has to offer.

Elizabeth Swirsky, owner of the Shops of St. Andrews sells trees, herbs, tropical plants, baskets, perennials, annuals and more.

Swirsky also encourages shoppers to visit the main building which features a gift and floral shop and a charming café. All three are open year-round.

In the summer, visitors can have a bite to eat at the licensed Pink's Ice Cream which serves lunch items and cool treats.

During the fall season, the shop transforms into a Winter Wonderland to bring customers holiday goodies.

Dawn Swirsky, Elizabeth Swirsky's daughter and manager at the Shops of St. Andrews is excited for the reopening of the Garden Path Café.

The Garden Path Café is a licensed eatery which uses homegrown and local ingredients for their delectable creations.

The Swirskys grow their own vegetables and herbs. They use fresh and locally sourced ingredients whenever possible and proudly support local business suppliers for their tea, coffee and baked goods.

"It is our goal for the café to have fresh and unique food ideas," said Dawn Swirsky. She explained that they make as much food as they can in-house.

The café is open Monday through Friday from 10 a.m. to 3 p.m. Elizabeth Swirsky advises customers to call the shop at (204) 334-4919 ahead of time as hours may fluctuate.

The Garden Path Café's menu will change depending on ingredients the



Fresh berry cake served at the Shops of St. Andrews, Garden Path Café.

shop has. Customers can expect the café's famous house-baked quiches, scones and seven bean salad to frequently be available.

The Garden Path Café is a great place to meet up with friends. Customers can have a treat and then wander around the shop.

"It is the perfect location for you to dine, shop, and meander," said Elizabeth Swirsky. Swirsky explained that people often come to the shop to relax. "People say it is their happy place." Dawn Swirsky added.

Dawn and Elizabeth Swirsky want everyone to feel welcome and know that they can come to the shop at any time.

The Swirsky's are proud of their 30-year-old family business. "It is a real community feel," mentioned Dawn Swirsky.

Even the shop's cat, Sneezy is able to provide customers with a source of comfort. "Everyone loves Sneezy!" said Elizabeth Swirsky. She explained that people often visit the shop to cuddle and hang out with Sneezy for company.

Dawn and Elizabeth Swirsky look forward to the upcoming gardening season and continuing to support their local community.

The Shops of St. Andrews is located



RECORD PHOTOS BY E ANTONIO

The Shops of St. Andrews, Garden Path Café's offers a locally sourced menu.



Some of the tropical plants available to purchase at the Lower Fort Garry Garden Centre.

at 5607 Hwy. 9 and is open seven days a week.

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Selkirk RCMP investigates suspicious vehicle and seizes firearm

Submitted by Selkirk RCMP

On March 15, at approximately 7:10 p.m., Selkirk RCMP received a report of a suspicious vehicle on Highway 204, just East of Ferry Road, in the RM of St. Clements. It was reported that the vehicle was on the side of the road and a male and female were associated to it.

Officers attended and located the male and female. Further investigation led officers to determine the vehicle was unregistered.

A search of the vehicle resulted in the seizure of a handgun, ammunition, weapons, cash, leg shackles, 13 grams of cocaine, prescription medication and other drug paraphernalia.

Kyle Clarke, 33, and Lisa Haywood, 45, both of Winnipeg, were charged with several firearm offences including: Possession for the Purpose of Trafficking; Possession of Property Obtained by Crime; Possession of a Weapon for Dangerous Purpose; Unauthorized Possession of a Firearm.

They were remanded into custody.

Selkirk RCMP continues to investigate.

Have a hoppy Easter!



RECORD PHOTO BY BRETT MITCHELL

Monster the rabbit who welcomes guest to the RM of St. Andrews' Municipal Office in Clandeboye, wishes everyone has a happy and safe Easter season.

Shaping Manitoba's Energy Landscape Conference coming to Selkirk

ManSEA to host event delving into sustainable energy strategies

By Katelyn Boulanger

Manitoba Sustainable Energy Association (ManSEA) is hosting its 2024 Sustainable Energy Conference: Shaping Manitoba's Energy Landscape at the Selkirk Recreation Complex on April 3. This event is for those who want to connect, collaborate, and catalyze for a greener Manitoba.

Alexander Lavoie, vice chair of ManSEA explained that the group started as a grassroots organization.

"It was started in 2005. Our mission is to promote the use and production of renewable, sustainable, environmentally friendly sources of energy specifically in Manitoba, and with a focus on rural Manitoba," he explained.

The Shaping Manitoba's Energy

Landscape conference is an annual conference that the group hosts.

"This year, it's designed to address various aspects of sustainable energy within the province. It includes fostering dialogue, sharing ideas, and encouraging collaboration towards [finding solutions for] struggles and challenges that different municipalities have in Manitoba when it comes to renewable energy sources," said Lavoie.

The event consists of a list of speakers and there are going to be collaboration opportunities for attendees. There will also be booths set up that attendees can check out as well as snacks, lunch, and coffee.

For residents wanting to learn there are going to be a variety of speakers at the event.

"We will have a speaker from the City of Selkirk from the Sustainable Economic

Development Department. We're going to have Cormac Foster, he's the vice president of Engineering & Development at Vermillion Growers. Vermillion Growers are like a 12-acre commercial vegetable production greenhouse in Manitoba and the first of its kind, it's quite impressive. We also have Bruce Duggan, who's the CEO of Boke Consulting. He's also an Associate Professor of Management at the Buller School of Business at Providence College and he's done a study on seven different Manitoba municipalities and the feasibility of using biomass as heating sources for those municipalities, and then we also have Curt Hull and he's a project director with Climate Change Connection," said Lavoie.

He says that Selkirk was chosen as the host city this year because of its commitment to sustainable and economic development that aligns with ManSEA's focus.

"Most municipalities will have economic development offices but Selkirk is really the only one in Manitoba that has put the word sustainability in its focus for economic development, and we found that extremely impor-

tant," said Lavoie.

He says that the conference generally has a variety of people who are both stakeholders and professionals in sustainable energy but that residents who are interested in learning more or advocating for our community should feel free to sign up.

"These are the times and the place to raise concerns at a municipal level and to be able to discuss these challenges with individuals that may have perimeter-itis, so to speak," said Lavoie.

He says this is also a great place to ask questions and learn from different perspectives.

"It's a unique opportunity to engage with the experts, engage with like-minded professionals. And if you're part of the community, it's a good place to explore the different businesses that are out there that are focused on sustainable energy and gather different perspectives from NGOs, and Crown corporations, I'd say. Essentially, you'll be a part of conversations that could define energy policy and practices," said Lavoie.

The Shaping Manitoba's Energy Landscape conference will take place on April 3 at the Selkirk Recreation Complex. The event starts at 8:30 a.m. and runs until 4 p.m. Residents who may be interested in attending this event can register and learn more at <https://www.mansea.org/event-details/2024-sustainable-energy-conference>.

Lockport River's Edge Run



Down Beautiful River Rd, south of Lockport, MB

May 11, 2024
8:30am

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Good Friday Service - 10:30am
Easter Sunday Service - 10:30am



Easter Services

Good Friday Service
and Communion
March 29, 2024 - 10:30am

Easter Sunday Service
March 31, 2024 - 10:30am



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Easter

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Easter is fast approaching, and what better way to celebrate this joyful holiday than by planning an unforgettable Easter egg hunt for your children? Follow these tips to create magical memories your little ones won't forget!

Themed egg hunt

Give your egg hunt a theme to make it even more exciting. Whether it's pirates, princesses or farm animals, the experience will surely capture your children's imagination.

Clues and riddles

Increase the intrigue by incorporating clues and riddles. Engage your children in a playful adventure where they must solve mysteries to discover the location of the hidden eggs.

Personalized eggs

Customize Easter eggs based on your children's interests. Paint them with their favourite colours and add stickers or funny written messages to make the hunt extra unique.

Hunting zones

Establish different hunting zones in your yard or inside the house. Each space can have its own theme, riddles or clues, offering a varied and engaging experience.

Decorated baskets

Build anticipation by providing each child with a lovely basket. Decorate them according to the theme of the egg hunt for an even more immersive experience.

Treasure map

Draw a treasure map of the inside or outside of your house. Your children can follow the path and discover the fun obstacles you've prepared for them.

This year, get ready to experience an Easter egg hunt like no other as you watch your little adventurers marvel at the surprises in store!



Happy Easter

Wishing you
a hope filled
Easter and
a bright
Spring!

RAQUEL DANCHO
MEMBER OF PARLIAMENT raquel.dancho@parl.gc.ca
Kildonan—St. Paul, Canada 204-984-6322

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Family, fun
and festive treats

Easter

LAVENDER LEMONADE

This Easter brunch, surprise your guests with this elegant and fresh lemonade with a hint of lavender.



Ingredients

Servings: 6

- 1 cup water
- 1 cup sugar
- 3 tablespoons dried lavender or 2/3 cup fresh lavender
- Juice of 3 lemons
- 1 litre carbonated water
- Lemon slices and lavender stems for garnish

Directions

1. In a small saucepan, bring the cup of water to a boil and add the sugar. Let simmer for a few minutes. Then, remove from the heat. Add the lavender and cover. Let it steep for 15 minutes. Strain through a sieve.
2. Pour the lavender mixture, lemon juice and carbonated water into a jug.
3. Refrigerate for at least an hour. Garnish with lemon slices and lavender stems before serving.

CARROT CUPCAKES

Ingredients

Servings: 12

For the cupcakes

- 1 ¼ cups all-purpose flour
- 1/2 teaspoon salt
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1/2 teaspoon nutmeg
- 125 millilitres neutral vegetable oil (e.g. canola)
- 1 teaspoon vanilla
- 125 grams white sugar
- 125 grams brown sugar
- 2 large room temperature eggs
- 1 ½ cups peeled and grated carrots (about 2 medium carrots)

For the frosting

- 1 cup mascarpone cheese
- 1/2 cup icing sugar
- 1 teaspoon vanilla
- 1 cup heavy whipping cream

Directions

1. Preheat the oven to 350 F.
2. Insert cupcake liners into a 12-count muffin tin.
3. In a medium bowl, whisk together the dry ingredients. This includes the flour, salt, baking soda, cinnamon and nutmeg.
4. In a large bowl, combine the oil, vanilla, white su-

gar and brown sugar. Add the eggs one at a time, mixing well after each incorporation.

5. Using a spatula to scrape down the sides of the bowl, slowly add the dry ingredients to the wet ingredients. Gradually add the grated carrots and mix well.
6. Using a large ladle, divide the mixture evenly between the 12 muffin cups (each should be two-thirds full).
7. Bake for 25 minutes. Check the doneness by sticking a toothpick into the centre of one cupcake. It should come out dry. Let the cup-



cakes cool completely.

8. While the cupcakes are cooling, whisk together the mascarpone cheese, icing sugar and vanilla in a bowl.
9. In another bowl, whip the heavy cream with a whisk or hand mixer until stiff peaks form.
10. Gently fold the whipped cream into the mascarpone mixture. Frost the cupcakes and decorate them with chocolates or nuts.

*Best Wishes for a Peaceful
and Joyful Easter Season*



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204-338-0306 • info@weststpaul.com

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Walter Whyte School celebrates the end of the season



RECORD PHOTOS SUBMITTED
As part of their Indigenous Knowledge Keepers Program the students at Walter Whyte School learned about the tradition of ice fishing. The students had a blast with older students helping younger ones and hot dogs and s'mores making the day special. To top it off, at least 30 fish were caught. The school would like to thank Paul Weselowski owner and operator of Lake Winnipeg Ice Fishing Shack Rentals for making this event possible with the donation of his equipment, time and energy.



Selkirk RCMP investigate stabbing

Submitted by Manitoba RCMP

On March 21, at approximately 10:15 p.m., Selkirk RCMP responded to a report of a stabbing in the parking lot of a business on the corner of Main Street and Manitoba Avenue. When officers arrived, no victims were located. Immediate patrols were conducted and two victims were located getting medical attention for stab wounds.

Investigation determined that a single male suspect had approached the two adult male victims and robbed them after stabbing them in the upper

body. The male suspect was unknown to the victims, who were treated and released from hospital.

Officers knew they were looking for a male wearing a red hoodie who was last seen on Clandeboy Avenue in Selkirk. Extensive vehicle patrols were conducted and Manitoba RCMP Police Dog Services attended, but the suspect was not located.

If you have information, please call Selkirk RCMP at 204-482-1222, Crime Stoppers anonymously at 1-800-222-8477, or secure tip online at www.manitobacrimestoppers.com.

Access Charity Golf Tournament to support Katie Cares and RMHC Manitoba

By Lana Meier

On Sept. 11, Access Credit Union will hold their 11th annual Charity Golf Tournament. For the third consecutive year, the event will consist of two tournaments hosted simultaneously at Minnewasta Golf & Country Club in Morden and at Bridges Golf Club in Starbuck.

This year's 2024 Access Charity Golf Tournament has chosen two beneficiaries: Katie Cares (KC) and Ronald McDonald House Charities Manitoba (RMHC).

Katie Cares (Katie's Cottage) is a non-profit organization that offers lodging and support for families with hospitalized loved ones at the Boundary Trails Hospital in southern Manitoba. The charity was founded by Kaitlyn Reimer, who was inspired to start it after being diagnosed with cancer. Her vision was for her family to continue her legacy through this organization, as she possessed an incredible capacity for love and compassion. Through this charity, her love can live on.

"Katie Cares is pleased to have been selected by Access Credit Union to join Ronald McDonald House as one of the beneficiaries of the annual Access Charity Golf Tournament," expressed Ruth Reimer, CEO of Katie Cares. "It is exciting to be aligned as co-benefactors with RMHC for this golf event as Ronald McDonald House was the inspiration for Kaitlyn's dream and vision to build the home at Boundary Trails Hospital. A huge thank you to Access Credit Union for recognizing Katie Cares as an important part of the fabric of our province."

RMHC Manitoba is a charitable organization dedicated to keeping families together. Their goal is to enhance the well-being and support the medical care of children by offering vital services and a comforting home for

their families.

"RMHC Manitoba is incredibly thankful to be selected alongside Katie Cares as Access Credit Union's charities of choice for the 2024 golf tournaments," said Wendy Galagan, CEO of RMHC Manitoba. "Annually across RMHC Manitoba's two core programs (Ronald McDonald House and Ronald McDonald Family Room), the health and well-being of over 1,000 families are supported with essential services and a home away from home when their ill or injured child receives medical care in Winnipeg. We are deeply grateful to Access Credit Union for recognizing and valuing our mission, and for making RMHC Manitoba families stronger because of this generous partnership."

Both Katie Cares and RMHC Manitoba share a common goal: to support families by keeping them together and easing the added burden that often comes with having a loved one in need of medical care.

"These two organizations provide a priceless service for families in our province during challenging times," noted Larry Davey, CEO of Access Credit Union. "We value the work that they do, the compassion they provide, and the feeling of community they deliver to every family they serve. We are excited to work together, in turn helping Manitobans for years to come."

Access Credit Union is also excited to announce that Red River Group will return for the second consecutive year as the Title Sponsor (Big Heart Sponsor) of the 2024 tournaments.

Registration for golfers and sponsors will open later this spring and will be filled on a first-come, first serve basis. Please follow Access Credit Union on Facebook and Instagram or visit the tournament website at accesscu.ca/charitygolf to stay informed.

PET of the
Month
Winner March 2024



Buddy & Daisy

Fun Fact:

Buddy (9 years old) and Daisy (3 years old) relaxing together after a busy day. They were wearing their Green and Red sweaters with the word "Party Animal" on it. And after the party was over, they were then able to get their well deserved "nap time" in!



Buddy & Daisy have won a prize from Canvasback Pet Supplies!

To submit your pet for the Pet of the Month 2024 contest, send a photo and a fun fact to:
ads@selkirkrecord.ca

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A reminder to pick up your pet's tick and flea prevention if you have not already done so. Ticks are active whenever temperatures are above freezing and those ticks that first emerge in spring are even more likely to carry disease-causing pathogens than later in the season. Please call our Client Services Team for more information.



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(204) 795-5748

Evening of History set for May 9

Submitted by City of Selkirk

Funding from the Selkirk Heritage Endowment Fund (SHEF) now funds more than the Marine Museum, it's allowed the City of Selkirk to have a dedicated staff person for its online museum, and that has generated a lot of traffic to the site. The question now is, will the virtual visitors take to their feet and come out and attend the May 9 Evening of History sponsored by Métis N4 Construction Inc.?

"The virtual museum has been getting great feedback, and that is due in no small part to the fact SHEF has allowed for a dedicated staff person," said Ellie Longbottom, Selkirk's culture coordinator.

"The Evening of History is a fundraiser for SHEF, and hopefully those people who are enjoying the site will come out for an evening of three-dimensional fun and history that will help us continue to improve the online experience and eventually the physical museum."

Barb Lavalley has been a member of the Selkirk Heritage Advisory Committee for a long time and with the Evening of History, presented by the City of Selkirk, fast approaching, she was giving some thought to heritage and what's important and special about preserving it.

She came across this quote by an unknown author, "The beauty of heritage lies in its stories waiting to be told."

"I thought it was fitting," said Lavalley, who's now the chairperson of the committee.

"There's a bit of a misconception that the Heritage Committee is just about preserving buildings or naming streets, but it's more than that. There are stories about important historical people to be told."

Selkirk Heritage Advisory Committee member Greg Dewar will emcee the evening.

Longbottom says the event features guest speaker Gerry Friesen who will tell the story of John Norquay, an MLA for St. Andrews and Manitoba Premier in the 1800s.

"It adds to the evening, which is always a really good time. The stories that are told are educational and so fun, and the story of John Norquay is captivating. He was a well-liked and respected resident of the area, and as the story goes, he was a great dancer and loved to tell stories, making him the perfect topic for the night."

Friesen, who was a history professor at U of M for more than 40 years, has written several Canadian history books, including his latest, *The Honourable John Norquay*.

Friesen knew Norquay was an interesting person, but the emergence of thousands of documents, including letters written by or to Norquay, in the Manitoba Archives gave him an incredible database to draw from and really flesh out the character of the man. He set about writing his book after his retirement in 2011.

"I knew a lot about him and knew he was a fascinating person, but I didn't really understand enough to be able to do more than write 15 pages, which is what I did at that time," Friesen said.

"But (when) these thousands of letters, probably 7,000 documents in total, were available and I was retiring from the university, I decided that I would write a book about him...so that's how it began and I've spent 10 years doing it."

The result is a 400-page book that really delves into Norquay, his big personality that matched his stature of over six-foot tall and at times 300-plus pounds.

"In those days a tall man would be five-foot-seven say, and Norquay... was much bigger," Friesen said.

"There were other giants of his time, but he was one of the very big individuals. He was a superb speaker and people loved to hear him talk, and he would tell jokes and tease other people in speaking, so he was a very lively guy."

Norquay spoke many languages and dialects including Bungi – a mix of Cree and Ojibway, Orkney and English from both England and Scotland – as well as the Queen's English, some Ojibway, Cree, Anishinaabe, Michif as well as French.

Friesen's stop in Selkirk will be one of many as he travels to promote his book.

The evening will once again be held at Memorial Hall and there will be historic displays, wine or beer, hors d'oeuvres, entertainment, door prizes and a 50/50 draw.

SHEF was established in 2012 by the City of Selkirk as a perpetual endowment fund that will support the ongoing operational costs of a new municipal heritage museum.

Until such a museum is established, the fund provides annual grants to the Marine Museum of Manitoba and the city's museum, which is virtual at this time.

In 2015, the fund paid out its first grant of \$5,422 to the Marine Museum. In total, SHEF, which is managed by the Selkirk and District Community Foundation has paid \$154,796 in grants to both entities.

In eight years, the Evening of His-



RECORD PHOTO SUBMITTED

Residents had a blast at last year's History Evening event.

tory has raised \$23,480.

The city's museum has been engaging and entertaining enthusiasts of local history online since 2018 and oftentimes has the online community buzzing. Regular social media posts drive traffic to the site, and folks leave comments reminiscing about days gone by in their beloved hometown, where many still live, and those that don't are seriously giddy at taking the online trip down memory lane.

Former Selkirk resident Susan Quinn got caught up in the posts recently when they focused on her dad, the late Len Manahan, who worked at the Garry Theatre from the age of 18 to 65.

"Somebody said, 'I remember Mr. Manahan,' and somebody else chimed in and then the chain started. They just talked about lovely things, and it was of course about bringing the theatre back and it would be nice to have Mr. Manahan. It just came back through the conversations of the community," Quinn said.

She noted that the online museum and posts keep her connected to her hometown.

"I don't live in Selkirk anymore so that is my connection to Selkirk. I love reading stories about Selkirk, from the days that my mom was a girl there, growing up there, seeing people and houses, how the com-

munity was built. All those connections... and how else do you keep a community alive without the connections that you make. The pictures, the conversations, and the stories, they all build a community and they keep the past and the present and the future together. That's important."

The museum has grown to the point that it now has more than 80 virtual exhibits and numerous short blog posts.

Tickets for the Evening of History can be purchased online at MySelkirk.ca/SHEF. If you don't have access to the internet, please come to the Civic Office at 200 Eaton Ave., and city staff will assist you. There will be no physical tickets, so even if you buy your ticket at the Civic Office, you won't get a ticket, but your name will be on a list at the door the night of the event.

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Selkirk Judo Club raises funds for Habitat for Humanity



RECORD PHOTOS BY BRETT MITCHELL
The Selkirk Judo Club hosted a tournament last week that raised \$3,065 for our local Habitat for Humanity group with all proceeds going to Habitat projects in Selkirk. Since 2000, the club has raised approximately \$62,000 for Habitat projects. Brian Jones, Judo teacher with the club, is proud of the efforts of the volunteers and students. "We are very proud of the efforts of all of our athletes and volunteers who assisted with this event and raised money for a very worthwhile cause," he said.

get inspired

> MEAL IDEAS



Kids Krafty Easter Cake Pops

olate then insert into every cake ball and bunny until each has one stick. Set aside to dry.

Remove cakesicles from freezer and pop out of molds. In bowl, melt orange melts then mix in 1 tablespoon oil and transfer to cup. Dip cakesicles and scrape off excess using rim of cup. Place on parchment paper to dry.

In bowl, melt green melts then place in zip-top or piping bag. Cut tip off bag, pipe carrot leaves onto piece of parchment paper and let dry.

Melt remaining white melts and mix in remaining oil. Transfer to cup and dip ball-shaped cake pops and bunnies then tap stick on edge of cup to remove excess.

Over separate bowl, sprinkle ball-shaped pops with pastel sprinkles. To keep ball shape, let dry by sticking in piece of hard foam. Bunnies can dry face side up on parchment paper. After bunnies are dry, use edible markers to make face and color in ears.

When carrots and leaves are dry, remelt orange melts and place in piping or zip-top bag. Cut off tip and drizzle orange over carrots. Add small line of orange on each ice pop stick and place leaves on each stick. Let dry.

Recipe courtesy of "Cookin' Savvy"

- 1 box cake mix
- 1 can frosting
- 1 bunny chocolate mold
- 1 cakesicle mold
- ice pop sticks
- 1 bag white chocolate chips or melting chips
- cake pop sticks
- 1 bag orange melting chips
- 2 tablespoons canola or coconut oil, divided
- 1 bag green melting chips
- pastel sprinkles
- 1 piece hard foam (optional)
- edible markers

Bake cake according to package instructions and let cool completely.

Crumble cake and mix with 1/2 can frosting until dough forms. Add more frosting, if needed. Using small cookie scoop, form dough into balls and set aside. Place dough in bunny molds then pop out and set aside with balls. Place dough in cakesicle mold, insert ice pop stick in each slot and freeze 5-10 minutes.

Melt handful of white melting chips. Stick tip of each cake pop stick in choc-

Expert Patient Here to Help!

By Susie Schwartz

Here's a top tip: celebrate the small (and big) stuff.

In April, I'll be turning fifty. Fifty! Wowza. I'm too young to be this old. (Although my body tells me I'm too old to be this young, ha.)

Here's the thing. The doctors were telling me at about age seventeen that, based on my diabetes control, I could be dead by the age of twenty-five. Guess what? I didn't die. I'll do the math for you (you're welcome); I've doubled that projected lifespan.

I could get all, 'boohoo I'm getting older' or, and this is what I'm choosing to do - I can see these 'extra(?)' years as a gift - a realization of a longer, more full life. What does this mean? I am going to celebrate the snot out of this birthday. I've given myself the year of 2024 to celebrate 50 days. On the list? A coffee date with Carlos the wonder Chihuahua; a spa day; a party on the night before my actual birthday to ring in the big day (yes, my guests must stay until after midnight); having a friend from Stonewall come over to England for a week. (I just got the tingles from excitement!)

I've actually started my celebratory activities. I headed to a large, new Salvation Army charity shop. Oh, how I love the hunt of finding a treasure that has already been loved by someone else. I also found a little wooden sign that said, 'I just want to read my book and ignore my adult problems,' which I regret not buying. I found a delightful T-shirt. It reads, "I do not like the cone of shame - Dug" and sports a picture



Susie Schwartz

of a dog in a vet-issued head cone. My next dog shall be named 'Dug,' (But spelled right, maybe?), and I shall rock this T-shirt with pleather trousers and funky boots often. It cost me £3. See? Treasure.

Those of us who can't say, 'At least I have my health,' can often find gratitude and honour in each breath we take and all the beautiful things that fill those moments we still have. It needn't be skydiving or sunbathing in Hawaii. We need to be intentional and present. Carpe Diem and all that.

I do hope you are healthy, but whether you do or not, celebrate some small (and big) stuff with me?

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @medicalmiss_stress, and at www.lesshealthstress.com If you like her writing, find more on her Substack page: The Quest For Less Health Stress

Easter Roast

Yield: 1 roast



- Salt
- pepper
- garlic powder
- 1 roast (3 pounds)
- 1 bag (1 pound) baby carrots
- 1 bag (1 1/2 pounds) trio potatoes or potato of choice
- 3 cups beef broth
- 1 can (10 ounces) cream of mushroom soup
- 1 tablespoon garlic pepper

- 3 tablespoons brown sugar
- 1 onion, roughly chopped
- 1 bundle asparagus
- Preheat oven to 350 F.

Sprinkle salt, pepper and garlic powder over roast and rub into front, back and sides. Place seasoned roast in middle of large roasting pan.

Place carrots on one side of roasting pan and potatoes on other side.

In large bowl, mix beef broth

and cream of mushroom soup with garlic pepper. Pour mixture over roast, potatoes and carrots. Sprinkle brown sugar over carrots and add chopped onion. Cover and cook 2 1/2 hours then remove from oven, add asparagus and cook uncovered 30 minutes.

Serve from pan or place on platter for more formal presentation.

Happy Easter

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Steelers' players graduate from junior hockey



RECORD PHOTO SUBMITTED

The Selkirk Steelers' Rocco La Cara, Mathieu Catellier, Owen Weihs, Mathieu Moreira and Ethan Brown have graduated from junior hockey.

Provincial bronze medallists



RECORD PHOTO SUBMITTED

The Selkirk Stingers won the bronze medal at the U16B provincial ringette championships earlier this month. Pictured, left to right, top row Dakotah Ataman junior coach, Fiona Hyde, Samantha Tidsbury, Haydan Vernon, Pam Sitar assistant coach, Kaitlin Vanwart captain, Casey Sitar, Alita Corrigan, Leo Crawford, Briana Calley, and Troy Johnson coach. Middle row, left to right, Danelle Robson, Ellie Tolpa, Laura Johnson, Alyssa Vanwart, Aeryn Reidy, and Taylor Kamaraus. Goalie is Ella Allison and missing from the photo is junior coach Olivia Johnson

Selkirk athletes compete in Balmoral Judo Club tournament

By Jo-Anne Procter

The Stonewall Collegiate gymnasium was overflowing with Judo athletes, coaches, officials and spectators last Saturday. The 2024 Balmoral Open Judo Tournament was the club's largest to date with 126 entrants with 143 competitors as several compete in more than one division. Selkirk athletes that medalled in the tournament: Damien Ekosky won gold in senior advanced male -81kg while in the U12 female division Addisson Laudy Krasey won silver and teammate Kallie Dixon bronze.

In U12 male Hunter Kennedy won gold in his group and fellow team-

mates Beauregard Jansen, Jett Honke and Koltin Chura won silver in their respective groups.

In U14 female -40kg Kayla Breton-Huntinghawk won gold while in U14 female -57kg Eva Everett won gold and Nikki Stopa won silver.

In U14 male -35kg Maximus Jansen won bronze in his group and Mason Hemmerling won bronze in his group.

U16 male -73kg Daniel Vasiliev won silver in his group and Carter Stopa won silver in his.

U18 female -52 kg Beth Penner won silver.



Selkirk Judo Club's Beauregard Jansen (top) won a silver medal in the U12 male group 2.



RECORD PHOTOS BY JO-ANNE PROCTER

Selkirk Judo Club's Addisson Laudy Krasey, left, and Kalli Dixon, right, each medalled at the Balmoral Judo Club tournament last Saturday in Stonewall.



Selkirk Judo Club's Hunter Kennedy (top) won a gold medal in the U12 male group 5.

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 **PUBLIC NOTICE**

REGARDING THE 2024 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the RM of West St. Paul intends to present its financial plan for the fiscal year 2024 at a public hearing at the Municipal Office, 3550 Main Street in the RM of West St. Paul on **Thursday, April 4, 2024 at 6:00pm.**

Persons wishing to view the municipality's financial plan may view the documents during the regular office hours of the municipal office at 3550 Main Street, West St. Paul, Manitoba or on the municipal website at www.weststpaul.com.

Dated this 28th day of March, 2024.
 Crystal Shuhyta, CPA, CGA, B.Comm(Hons)
 Director of Finance
 RM of West St. Paul

LANDSCAPING TENDER

Access Credit Union, 233 Main Street, Selkirk

Access Credit Union Selkirk requires the services of a contractor to provide general landscaping/gardening duties on the grounds of their building at 233 Main Street for the upcoming spring & summer seasons.

Duties include:

- grass cutting, trimming & edging
- weed control and fertilizer application
- flower planting
- pruning
- litter control

Tenders or resumes, accompanied by a minimum of two references, must be received on or before **Friday April 5, 2024, before 4:30 p.m.**

Tender information may be obtained by emailing Mike.Frost@accesscu.ca.

Tenders may be delivered, mailed or emailed to:

Access Credit Union
 PTH #14 Unit 2 - 23111 Stanley Business
 Centre Winkler, MB R6W 4B4
 email: Mike.Frost@accesscu.ca



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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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Mature couple, non-smokers, no pets, looking for nice home to rent in Selkirk or Selkirk area for May 1st. Contact 204-648-4475.

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HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

The Window Factory in Selkirk, Mb at 605 Mercy St. is looking to hire a fulltime experienced window and door installer. Must be able to work outdoors and some heights and have valid driver's license. Please submit any resumes to the office at 605 Mercy St.

Homecare help wanted in Selkirk. \$18/hour, 4 hours a day. Cooking skills a must. Call Norm for details at 204-406-5667.

RURAL MUNICIPALITY OF ALEXANDER

 **PUBLIC HEARING NOTICE 2024 FINANCIAL PLAN**

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of the Municipal Act that the Council of the Rural Municipality of Alexander intends to present its financial plan for the fiscal year 2024 at a public hearing in the Council Chambers of the RM of Alexander on Tuesday, April 16, 2024 at 3:00 p.m. Council will hear any person who wishes to make a representation, ask questions, or register an objection to the financial plan, as provided.

A copy of the financial plan is available for review and may be examined by any person during the regular office hours of 8:30 a.m. – 4:30 p.m. at the municipal office located at 1 Bouvier Trail, St. Georges, Manitoba. A copy will also be available for review on the municipal website.

Gisele Smith
 Chief Administrative Officer

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R.M. OF ST. ANDREWS EMPLOYMENT OPPORTUNITIES

Summer Youth Employment Opportunities

The RM of St. Andrews is accepting applications for the following summer youth positions within the municipality. Youth (ages 15-30) are encouraged to apply by sending their current updated resume with a cover letter, stating all the position(s) they are interested in applying for. Hourly wages will vary from \$15.40/hr-\$18.30/hr.

1. Camp leaders - employer Clandeboye CC in Clandeboye - 2-3 jobs (mid-June start)
2. Camp leaders/supervisor - employer St. Andrews CC - 2-4 jobs (mid-late June start)
3. Green Team workers - employer St. Andrews CC - 1-2 jobs (May/June start)
4. Camp assistant - employer Little Britain CC in Lockport - 1 job (July start)
5. Program Planners - employer St. Andrews Heritage Centre/Rectory - 2-4 jobs (May-June starts)
6. Historic Interpreters - employer St. Andrews Heritage Centre/Rectory - 2-4 jobs (May-July starts)
7. Customer Service Ambassadors - employer RM of St. Andrews in Clandeboye/South - 2 jobs (May start)

Please submit on or before **Friday April 12 at 4:30 pm** by email to Teresa at recreation@rmofstandrews.com. We thank all applicants for their interest, however, only those qualified will be contacted for an interview in April. **Job postings with specifics for each role are available for viewing at www.rmofstandrews.com.**

RURAL MUNICIPALITY OF ST. CLEMENTS

EMPLOYMENT OPPORTUNITY

The Rural Municipality of St. Clements invites applications for a **Public Works Operator with Water & Sewer Certification**

The successful candidate must have the following minimum qualifications:

- Water Treatment I certification and Water Distribution I certification
- Wastewater Collection I certification and Wastewater Treatment I certification
- Wastewater Treatment II, Water Treatment II, and Wastewater Collection II certification (or ability to pass within 24 months of hire)
- Ability to work weekends on a rotating basis, stand-by shifts, and overtime.
- Ability to assume full duties in above Provincial Certification including but not limited to the Water Treatment and Wastewater Treatment processes.
- Valid Class 5 Driver's License, with an acceptable Driving Abstract

Rate of Pay: Range \$29.33/hr to \$33.33/hr based on qualifications, certification, and terms of current Collective Agreement, plus on-call pay. A six-month probationary period applies.

More details and qualifications on this position can be found on our website, www.rmofstclements.com

Detailed resume will be received at the Municipal Office, 1043 Kittson Road, East Selkirk, Manitoba, R0E 0M0, or via email to pwadmin@rmofstclements.com.

Screening for this position will begin as early as April 2, 2024, however the position will remain open until a suitable candidate is secured.

We thank all candidates for their interest, however, only those candidates selected for interviews will be contacted.

Arlita Madrigga, CET
Water & Waste Coordinator
R.M. of St. Clements
East Selkirk, Manitoba, R0E 0M0



R.M. OF ST. ANDREWS

PUBLIC HEARING NOTICE

REGARDING THE 2024 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Rural Municipality of St. Andrews intends to present its financial plan for the fiscal year 2024 at a public hearing in the Council Chambers of the Rural Municipality of St. Andrews on Wednesday, May 1, 2024 at 6:00 p.m. The public hearing can be viewed live through the **R.M. of St. Andrews YOUTUBE Channel**.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the financial plan, as provided.

If you wish to do one of the above, please submit in writing prior to 4:00 p.m. on Monday April 29, 2024. Your written submissions can either be emailed to info@rmofstandrews.com, dropped off at the R.M. office or mailed if time permits. A Zoom link to the public hearing will be available for anyone who has provided a submission and would like to participate virtually.

Any person who has questions, needs clarification, or requires further information either prior to or following the hearing, is encouraged to contact the Chief Financial Officer, Tim Scammell at tim@rmofstandrews.com.

A copy of the 2024 Financial Plan will be available for review on Thursday April 25, 2024 at the Municipal Office and on the municipal website at www.rmofstandrews.com.

Dated this 22nd day of March 2024.

Brent Olynik
Chief Administrative Officer
R.M. of St. Andrews

Municipal Office Address:
Box 130, 500 Railway Avenue
Clandeboye, MB. R0C 0P0

Netley Creek Golf Course Pesticide Use Program

PUBLIC NOTICE

Public notice is hereby given that the following pesticide use program will be conducted during the 2024 season.

- Fungus control in turf and treed areas within the property using: propiconazole, pyraclostrobin, boscalid, chlorothalonil, azoxystrobin, fluoxastrobin, fludioxonil, benzovindiflupyr, mefentrifluconazole, metconazole, fluzinam, cyazofamid, pydiflumetofen, thiophanate-methyl, metalaxyl-m and s-isomer, penthiopyrad, isofetamid, difenoconazole, mono- and dibasic sodium, potassium, and ammonium phosphites and mineral oil.
- Weed control in turf areas within the property using: dicamba, mecoprop-P, 2,4-D, carfentrazone-ethyl and glyphosate.
- Insect control in turf and treed areas within the property. Target pests include mosquitoes, tent caterpillars, cankerworms, white grubs, black turfgrass ataenius, etc. using: bacillus thuringiensis var. kurstaki, bacillus thuringiensis var. israelensis, permethrin and chlorantranilprole.
- Algae on Turf using: hydrogen peroxide
- Growth control on turf within the property using: trinexapac-ethyl.

The projected dates of application will range from April 20th, 2024 to November 15th, 2024. All applications are part of a comprehensive IPM strategy. The duration of each program will vary within this time period, depending on weather conditions and pest thresholds. All of the pesticides used and procedures followed will be according to federally approved label recommendations and will only be used on Netley Creek Golf Course property.

The public may send written submissions or objections to specific pest control program(s) within 15 days of the publication of the notice to:

**Manitoba Environment and Climate Change
Environmental Approvals Branch
Box 35, 14 Fultz Boulevard
Winnipeg MB R3Y 0L6**

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TENDER 2024-02

2024 PAVEMENT REPAIRS PROJECT

The Rural Municipality of West St. Paul is seeking proposals from qualified bidders for the 2024 Pavement Repairs Project. Specifications and Tender packages including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked "Tender 2024-02 - 2024 Pavement Repairs Project" will be received by the undersigned at the address below until 11:00am on April 11, 2024. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the Tender should be directed to Rick Friesen, Public Works Manager by e-mail rfriesen@weststpaul.com or by phone 204-334-0092.

Mr. Dave Wardrop, CAO
Rural Municipality of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3

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SUDOKU

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | | | | |
| 4 | | | | 7 | | | 6 | |
| | 8 | | | | 4 | 7 | | 9 |
| | | | 5 | | | | | 2 |
| | | 1 | | | | | | |
| 2 | 7 | 3 | 1 | | | | | 8 |
| 5 | 4 | | | | 6 | 8 | | 1 |
| | | | 3 | | | | | 7 |
| | | 2 | | 5 | | 9 | | |

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Crossword Answer

Do you have a unique service or product you would like to advertise? Let people know - Get the word out with an ad in the Record!

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| O | H | E | Z | | E | L | N | O | E | S | O | R | | |
| I | T | I | V | | O | V | | S | E | K | O | S | | |
| A | I | I | I | B | V | I | V | I | V | I | V | I | | |
| V | N | V | B | V | C | | E | H | O | R | S | O | I | |
| G | E | B | V | | | V | O | O | C | | A | V | I | |
| | | | | | | V | N | V | S | | E | A | I | V |
| S | S | V | H | O | N | | | | E | R | I | M | N | |
| E | N | O | D | | S | O | I | O | V | | | | | |
| I | X | V | K | | N | N | E | I | | | S | d | I | |
| B | V | O | | I | N | V | O | | S | E | S | V | E | |
| W | | S | E | I | I | I | N | V | W | N | H | N | I | |
| E | E | A | E | L | | | | | H | S | N | I | | |
| O | R | A | V | | G | A | D | O | B | | C | I | R | E |

Sudoku Answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 4 | 6 | 8 | 5 | 7 | 2 | 3 | 1 |
| 7 | 2 | 5 | 1 | 4 | 3 | 8 | 6 | 9 |
| 1 | 3 | 8 | 9 | 6 | 2 | 7 | 4 | 5 |
| 8 | 5 | 4 | 6 | 9 | 1 | 3 | 7 | 2 |
| 3 | 7 | 9 | 2 | 8 | 4 | 1 | 5 | 6 |
| 2 | 6 | 1 | 7 | 3 | 5 | 4 | 9 | 8 |
| 9 | 1 | 7 | 4 | 2 | 9 | 5 | 8 | 3 |
| 5 | 6 | 2 | 3 | 7 | 8 | 6 | 1 | 4 |
| 4 | 3 | 8 | 4 | 5 | 1 | 9 | 2 | 7 |

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Announcements

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ANNOUNCEMENT

BIRTHDAY



Happy 85th Birthday Dad
Bob Kubic
on March 24th!

-Love from
your daughters Shirley, Brenda and Cindy
and all your grandchildren
and great-grandchildren
XOXO

ANNOUNCEMENT

IN MEMORIAM



In loving memory of
Jim Berry
December 21, 1929 - March 25, 2017

As years go by
We miss you more,
Death leave a heartache
No one can heal,
Love leaves memories
That will always be there.
-Forever loved and sadly missed,
Shirley and family

OBITUARY



Phyllis Thomas

Peacefully, with a friend by her side on Tuesday, March 19, 2024 at the Selkirk Regional Health Centre, Phyllis Thomas, aged 75 years of Selkirk, passed away.
Funeral Services will be held on Tuesday, April 2, 2024 at 1:00 p.m. at the Gilbert Funeral Home in Selkirk, Manitoba.
Tributes: www.gilbartfuneralhome.com



Gilbert Funeral Home, Selkirk in care of arrangements.

OBITUARY



Denise Treble (Herdis Gudlaug Melsted)

We are heartbroken to announce the passing of Denise Treble on March 16, 2024.
Denise was predeceased by parents Laugi and Lena Melsted, husband John and sons Larry and Jim, brothers Oli and Axel Melsted, sister Kristine Dunning, and son-in-law Ron Potter.
She leaves to mourn her passing daughter Val, grandchildren Lance (Violeta), Jodie (Phil), Jen (Aaron), Rebecca, Tim (Nicole); siblings Runa, Laugi (Betty), Albina (Doug), Hjalti (Julie), Arnie (Lorraine), and Fjola, as well as numerous nieces, nephews, and great grandchildren.
Mom was a beautiful person inside and out who enjoyed the simple things in life. Nothing compared to her love of family and Mom left this earth surrounded by those that she loved and who loved her.

Cremation has taken place and a private service will take place in the summer.
Special thanks to all the caring staff at Selkirk Betel Nursing Home for the care given to mom over the years.
Mamma you were an amazing person, a strong spirit and a loving soul.
Goða Nótt Elsku Mamma
Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



David John Still

It is with heavy hearts we announce the passing of David John Still on March 16, 2024 in Selkirk, MB.
David John Still was born to John and Beatrice (Begg) Still on September 16, 1963 in Selkirk, MB.
David will be dearly missed by all whom knew him. We take comfort knowing he is at peace.
David is survived by his two daughters Destiny and Jade (Brady); long time partner Shelley; sister Pat (Dean) Bird; grandchildren Lexi, Karter, Meleena; nieces Alana (Andrew), Amber, Andrea and many more family and close friends.
He was predeceased by his mother and father, cousin Ed Still, friends David Gunn and Glen Pruden.
A viewing will be held on Thursday, March 28, 2024 from 1:00 p.m. - 3:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB.

Burial and Celebration of Life will be held at a later date.
Tributes: www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Frances Lillian Domich
March 6, 1938 - March 17, 2024

With a heavy heart today, we announce the passing of Frances Lillian Domich. She passed peacefully on March 17, 2024 at the age of 86 years, surrounded by family, at the Selkirk hospital. She leaves behind her loving husband Stanley Domich.
Frances was born in Little Current, Ontario, where she met the love of her life. They were married November 23, 1957 and enjoyed the next 66 years of incredible adventures together. She was a hard worker and will be fondly remembered for her pride and love of her garden. She spent her life working and supporting her family. She was a loving care giver to many.
Left to cherish her memory is her husband, Stanley Domich; son Wayne Martel (Nicole); grandchildren Terrance (Beth), Jenilee (Jack); great-grandchildren, Conner, and Aidan; sister Donna Scheeler as well as many brothers-in-law and sisters-in-law, nieces, and nephews.

A celebration of life for Frances will be announced and held in the spring of 2024. Interment will be held at the Elma Cemetery at that time.
We would like to thank the Staff at the Selkirk Hospital for there loving care.
God saw you getting tired, when a cure was not to be,
So he closed his arms around you and whispered "Come to me"
In tears we saw you sinking, We watched you fade away.
Our hearts were truly broken, You fought so hard to stay.
But when we saw you sleeping, Peacefully and free from Pain,
We could not wish you back, To suffer that again.
So keep your arms around her, And give her special care,
Make up for all she suffered, That seemed to us unfair.
So many times we've needed you, So many times we've cried.
If love could have save you, You never would have died.
Tributes: www.gilbartfuneralhome.com

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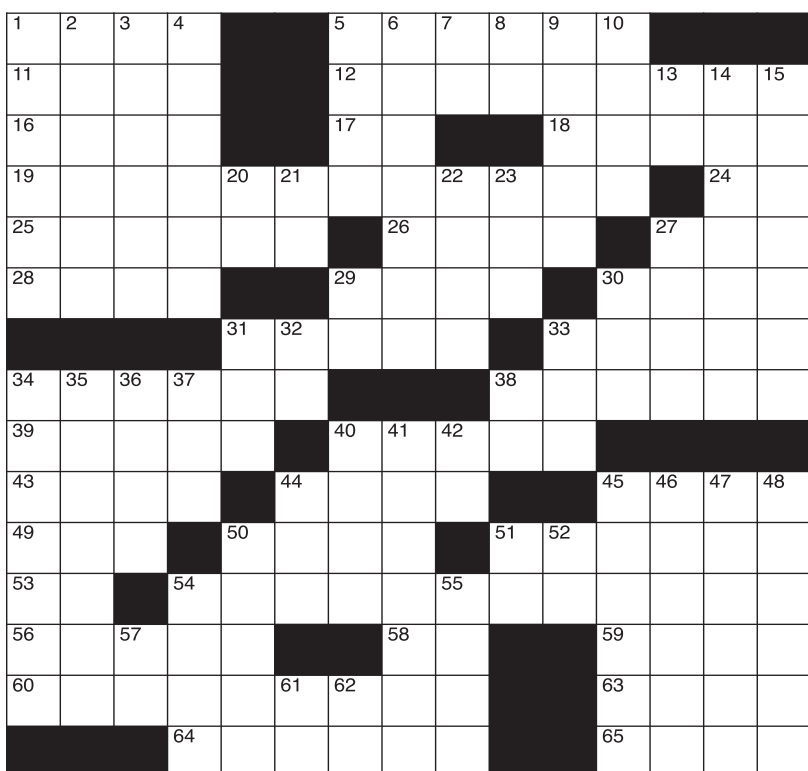
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CLUES ACROSS

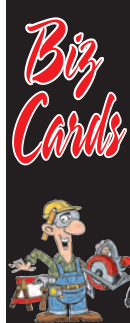
1. Database management system
5. Medical procedures
11. ___ Clapton, musician
12. Defender
16. Exert oneself
17. Indicates position
18. Quay
19. Atrocities
24. A way to address an adult man
25. Ends
26. Unable
27. Taxi
28. Gratuities
29. A famous train station
30. Japanese persimmon
31. Sours
33. Beneficiary
34. Baseball official
38. Confused situation
39. Unworldly
40. Yemen capital
43. Type of soil
44. Beloved beverage ___ -Cola
45. Lying down
49. ___ Angeles
50. Fail to amuse
51. Collapsible shelter
53. Commercial

CLUES DOWN

1. Show a picture of
2. Small sultanate
3. Unfortunate incident
4. A way to ski
5. Abba ___, Israeli politician
6. Observed
7. "Westworld" actor Harris
8. Belonging to me
9. Shoelace tube
10. Takes to civil court
13. Early multimedia
14. Produces anew
15. Horse races
20. Of I
21. Equally
22. Changes color
23. A place to stay
27. Town in Galilee
29. Mathematical figure

30. Klingon character
31. They ___
32. Atomic #58
33. Showed up extinct
34. Loosen grip
35. Unpleasant smell
36. Innermost membranes enveloping the brain
37. Esteemed college "league"
38. Partner to Pa
40. Small American rail
41. A salt or ester of acetic acid
42. Sodium
44. Military figure (abbr.)
45. Lighted
46. Paid to get out of jail
47. All of something
48. Ohio city
50. More abject
51. A radio band
52. Scientific development (abbr.)
54. Monetary unit
55. Scored perfectly
57. A punch to end a fight
61. The Golden State (abbr.)
62. The Beehive State (abbr.)

Crossword Answers on page 24



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574 Sq.ft of comfort! This 1 bed, 1 bath bungalow is a lovely home for starters or down-sizers! It features a spacious living room, perfect for having guests over. The efficient eat-in kitchen provides everything you need to whip up some delicious meals. Primary bedroom with great closet space. Outside, you have a single detached garage with a front driveway and a workshop/shed offering space for your hobbies or storage needs. Fenced yard with green grass & flower beds, ready for you to enjoy a nice day in the sunshine! This home is conveniently located to public transportation, schools, shopping, restaurants, the hospital, the golf course & more. WHY RENT when you can embrace homeownership and enjoy all the comforts and conveniences right here?

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NEW!




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BUILD HERE!




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SOLD!



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SOLD!



0 Kimberly Rd, East Selkirk
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4+ ACRE LOT!



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