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THURSDAY, APRIL 16, 2026

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## Local changing leadership



RECORD PHOTO BY BRETT MITCHELL

After the Selkirk Red River Métis Local held its election on March 29, a new executive team was voted into place. Congratulations to new Chair Jesse Vogen, Vice Chair Brad Hirst, Secretary Dyana Lavallee, and Treasurer Kyra De La Ronde. Pictured: Vogen (left) and former Selkirk Red River Métis Local Chair Keith Ginther wishing each other good luck prior to the election. Learn more inside.

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# Come learn about the State of the Region from our local leadership

Representatives from all municipalities as well as MP James Bezan, MLA Jeff Wharton, MLA Richard Perchotte and Premier Wab Kinew to speak

By Katelyn Boulanger

It's that time of year again when the Selkirk Biz, which represents businesses in Selkirk, St. Andrews, St. Clements, East St. Paul, and West St. Paul, gets our local leaders together all in one place to talk about the region. The Selkirk Biz is hosting its State of

the Region event, and updates come from every corner of the area, as well as our local provincial and national leadership.

"(It's) an annual event that brings together local leaders, businesses, and community members to discuss

Continued on page 4



RECORD FILE PHOTO BY KATELYN BOULANGER

Local leadership updates residents annually at the State of the Region event hosted by the Selkirk Biz. Pictured: Speakers from last year's event, MLA Jeff Wharton, East St. Paul Mayor Carla Devlin, Selkirk Mayor Larry Johannson, St. Andrews Mayor Joy Sul, MP James Bezan, West St. Paul Mayor Peter Truijen, St. Clements Mayor Debbie Fiebelkorn and Selkirk Biz Past President Brett Mitchell.

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> **STATE OF THE REGION, FROM PG. 3**

key issues, achievements, and future developments across our region. It provides valuable insight into local governance, economic growth, and community initiatives while creating opportunities for meaningful connection," said Meaghan Chromy, Executive Director of the Selkirk Biz

As in past years, our leaders will give an update from all levels of government. The current line, up as of press time on April 13, includes MP James Bezan, MLA Jeff Wharton, MLA Richard Perchotte and Premier

Wab Kinew, along with representatives from the Rural Municipality of St. Clements, St. Andrews, East St. Paul, West St. Paul and The City of Selkirk.

"Presentations will focus on regional development, economic growth, infrastructure projects, and updates on policies impacting businesses and residents," said Chromy.

This is a great opportunity for local business leaders as well as local residents to be able to see all these leaders together in one room and get their

takes on the region at a time when they are focused both on updating and listening to the concerns of our local business community.

"Attending offers business owners the opportunity to connect directly with decision-makers, gain insight into upcoming economic trends and policies, and network with fellow entrepreneurs. It's a valuable setting to build relationships, explore partnerships, and stay ahead of regional developments," said Chromy.

She explained that it's just as important for businesses to stay connected to what's happening politically in the region that may affect them as it is for individual residents.

"Political decisions directly impact the business environment—from regulations and taxation to infrastructure and funding opportunities. Staying informed helps business owners adapt, plan strategically, and advocate for their needs within the community," said Chromy.

As in previous years, the event is going to be a little bit educational, but there will also be opportunities for questions, as well as a great chance

for attendees to network with each other and our leadership. The format includes speaking time from each representative as well as time for questions and answers. The event is also hosted at Gaffer's Restaurant and Lounge in Lockport, so attendees can look forward to lunch as well.

Chromy explained that the plan is to have attendees come away with a lot from the event.

"We hope attendees leave feeling informed, connected, and inspired—equipped with a clearer understanding of where our region is headed and how they can play a role in its growth and success," she said.

The State of the Region takes place on April 24 from 11:30 a.m. to 1 p.m. Tickets are available now and are \$45.00. To reserve your spot, please contact [info@selkirkbiz.ca](mailto:info@selkirkbiz.ca).

Chromy hopes to see you there.

"This is your opportunity to hear directly from regional leaders, gain valuable insights, and connect with the business community. Events like this help shape the future of our region—don't miss your chance to be part of the conversation," she said.

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RECORD FILE PHOTO BY KATELYN BOULANGER

James Bezan speaking at last year's State of the Region event.

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# Buss receives Doctors Manitoba Award

By Mark T. Buss, Clipper Weekly

A Selkirk Comp alumnus is one of seven physicians to receive a 2026 Doctors Manitoba Award for outstanding dedication to Manitoba patients with a meaningful commitment to mentoring colleagues.

Dr. Mandy Buss has been awarded the Medal of Excellence, which recognizes those who demonstrate excellence in the medical profession and whose actions are a source of inspira-

tion. A national leader in Indigenous health and medical education, Buss has advanced culturally safe care and strengthened pathways for Indigenous learners through curriculum reform, advocacy and mentorship while continuing to drive meaningful system change across Manitoba and Canada.

"I am deeply humbled," Buss said. "This recognition is not mine alone. It reflects the collective work I do along-

side the incredible Elders and Knowledge Keepers who guide me, and my Indigenous colleagues across Canada who teach me, support me and help amplify my voice."

The Doctors Manitoba Awards are the highest honour bestowed upon physicians in the province. Award recipients are nominated by their peers and selected after a thorough evaluation by an Awards Committee made up of physicians.

"Our 2026 Doctors Manitoba Award recipients reflect a wide range of specialties and career stages, and

they share a defining commitment to advancing medical care for Manitobans," said Dr. Nichelle Desilets, President of Doctors Manitoba. "They are role models who elevate their colleagues and learners by their examples. We are proud to celebrate their contributions to the medical community, and the tremendous impact they have on patient care in Manitoba."

Desilets noted mentorship is a key determinant in improving physician retention, an area in which Manitoba has historically not performed well.

Continued on page 6



PHOTO SUBMITTED

Dr. Mandy Buss has been awarded the Medal of Excellence, which recognizes those for distinction in medicine and whose actions are a source of inspiration to others.

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> DR. MANDY BUSS, FROM PG. 5

"While there are many actions needed to retain more students and physicians in Manitoba, I'm inspired by the personal commitment all seven award winners make to supporting and mentoring medical students and physicians," Desilets added. "These efforts are critical to helping maintain the significant physician recruitment gains made in recent years, and keeping our excellent graduates and physicians living and practicing in Manitoba."

Raised in Beausejour, Buss graduated from Lord Selkirk Comprehensive Secondary High School in 1998. She earned her Bachelor of Science and MD from the University of Manitoba before completing her residency in the Northern Remote Program in 2011.

A distinguished physician and ed-

ucator, Buss is an Assistant Professor and Indigenous Health Lead in the Department of Family Medicine at the Max Rady College of Medicine. She has been instrumental in developing anti racism and anti colonial curricula, integrating Indigenous elders and knowledge keepers into primary care, and transforming admissions and residency processes to support Indigenous learners.

"We continue to see Indigenous peoples experience the poorest health outcomes across nearly every indicator - mortality, morbidity, life expectancy, suicide, to name a few," Buss said. "I also continue to hear Indigenous friends, family members, peers, patients, and students share that they feel unsafe within our medical institutions and schools."

Nominated for the Medal of Excel-

lence by the Department of Family Medicine, her leadership has been pivotal in advancing the Truth and Reconciliation Commission's Calls to Action within medical education. In her roles as president of the Indigenous Physicians Association of Canada and a member of national committees for medical education and family medicine, Buss has been behind system level reforms that bridge Indigenous knowledge with Western medical practice.

"This work is often heavy... heavy to do and heavy to learn about," Buss said. "To receive an award from my peers tells me that people are listening. They are being impacted by the work, by the relationships being built, and they understand its importance not only to our collective health, but also to honouring the treaty relationships that exist in Canada and the

United Nations Declaration on the Rights of Indigenous Peoples."

She is also a committed clinician with deep experience in northern and remote communities, including service as Chief of Staff at Percy E. Moore Hospital and with Ongomiizwin Health Services. A fierce advocate, mother, auntie, mentor and role model, Buss continues to guide the next generation of Indigenous physicians, advancing equity, representation and culturally safe care.

"Mentoring, supporting and lifting up the next generations of Indigenous physicians is part of the teachings I have received. It is part of my responsibility," Buss said. "Much of the work I do is guided and framed within this understanding of intergenerational wellness."

# Coin show returns with collectibles, youth focus

By Lana Meier

The Manitoba Coin Club is set to host

its annual Spring Coin & Collectible

Show on April 25 at the East Selkirk Community Centre, offering a full day dedicated to numismatics and collecting for enthusiasts of all

ages.

The event will run from 10 a.m. to 5 p.m. and will feature a wide range of dealers from across Manitoba showcasing collections that span centuries — from ancient coins to modern currency, along with paper money, stamps and other unique collectibles.

A highlight of this year's show will

be the presence of the Royal Canadian Mint, which will offer its popular coin exchange. Attendees will have the opportunity to obtain newly released collectible circulation coins directly from the Mint's production line.

"We're excited to welcome collectors and the public back for another great show," said Larry Dalman. "Whether you're a seasoned numismatist or just curious, there's something here for everyone."

Organizers say the show continues to grow, with an increased focus on youth engagement to help foster the next generation of collectors.

"One of our biggest priorities is growing interest among young people," Dalman added. "By expanding our youth programming, we're helping ensure the hobby continues for generations to come."

Coins have long played a role in documenting history, from marking

Continued on page 8

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# Selkirk Red River Métis Local welcomes new executive team

Congratulations to Jesse Vogen, Brad Hirst, Dyana Lavallee, and Kyra De La Ronde

By Katelyn Boulanger

The Selkirk Red River Métis Local has seen a change in its leadership team after their March 29 election. A new executive team of Chair Jesse Vogen, Vice Chair Brad Hirst, Secretary Dyana Lavallee, and Treasurer Kyra De La Ronde will be taking over as the local leadership team.

"I was overwhelmed by the support that the Citizens of the Selkirk Local showed at the election, and I'm extremely proud that the results were in my favour. I presented a platform that they accepted, and I will do my best to follow through with support of our Executive," said Vogen about his reaction to his success.

He says that he personally felt that he wanted to run as he felt now was a great time for some change.

"I was speaking with citizens from our Local, and they were ready for change, and with the team we put forward, we are ready to take on our roles and responsibilities," he said.

As for this change, there are handover details that are still in process,

but once that process and the official handover have been completed, Vogen says they will move forward with their plans.

"As an Executive, we will take direction from the citizens and consult with them on how we move forward in a positive way," said Vogen.

Vogen also wanted to share a message of thanks for the support for him and his team.

"Thank you very much to all the citizens of the Selkirk Local. We felt the support in the room, and the results showed it. We're excited for the next four years," he said.

In addition to Vogen, the team put out a statement and message of thanks to their citizens on the Selkirk Red River Métis Local's Facebook page, saying, "We would also like to extend our sincere thanks to the outgoing Executive for their dedication and contributions to the Selkirk Local. Your work is appreciated and respected. This is just the beginning, we're excited for what's ahead!"



RECORD PHOTO SUBMITTED

The new Selkirk Red River Métis Local team was welcomed by the Interlake Métis Federation. Pictured left to right: Alfred 'Bucky' Anderson, Vice President of the Interlake Region; Mona Buors, Interlake Regional Executive; new Selkirk Red River Métis Local Chair, Jesse Vogen; Secretary, Dyana Lavallee; Treasurer, Kyra De La Ronde; Vice Chair, Brad Hirst; and Jack Park, Interlake Regional Administrator.



RECORD PHOTOS BY BRETT MITCHELL

Citizens voting at the Selkirk Red River Métis Local election on March 29.



RECORD PHOTOS BY BRETT MITCHELL  
New Selkirk Red River Métis Local Vice-Chair Brad Hirst.



RECORD PHOTOS BY BRETT MITCHELL  
New Selkirk Red River Métis Local Treasurer Kyra De La Ronde.



RECORD PHOTOS BY BRETT MITCHELL  
New Selkirk Red River Métis Local Secretary Dyana Lavallee.



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**EDITOR**  
Katelyn Boulanger



**REPORTER/PHOTOGRAPHER**  
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## Province announces more measles exposure sites in region

By Katelyn Boulanger

If you were present at the Selkirk Quick Care Clinic at 100 Easton Dr. in Selkirk, on April 6 from 5:45 p.m. to 9:15 p.m. or East Selkirk Middle School at 1140 Strathcona Rd. in East Selkirk, on April 9 from 7 a.m. to 6 p.m., potential exposure to measles may have occurred.

Public health is asking anyone who was at these locations during the specified times to check their immunization records and ensure they are up to date with the measles vaccine

(MMR or MMRV).

People who are not immunized and have been exposed are recommended to reduce exposures with others, especially anyone who has a weakened immune system or is unimmunized, from the fifth day after exposure to the 21st day after the latest exposure. They should also watch for symptoms of measles until the date that corresponds with their situation as indicated on the measles exposures website.

To see the full listing of recent measles exposure locations by community in Manitoba, visit <https://gov.mb.ca/health/publichealth/diseases/measles-exposures.html>.

Further information on measles, exposures and immunization is available at [www.gov.mb.ca/health/publichealth/diseases/measles.html](http://www.gov.mb.ca/health/publichealth/diseases/measles.html), or individuals can contact Health Links-Info Santé at 204-788-8200 in Winnipeg or 1-888-315-9257 toll-free in Manitoba.

### > COIN SHOW COMING TO EAST SELKIRK, FROM PG. 6

major world events and Olympic Games to commemorating cultural icons. Today's collectible coins often feature themes ranging from pop culture, including Marvel and Disney, to significant national milestones.

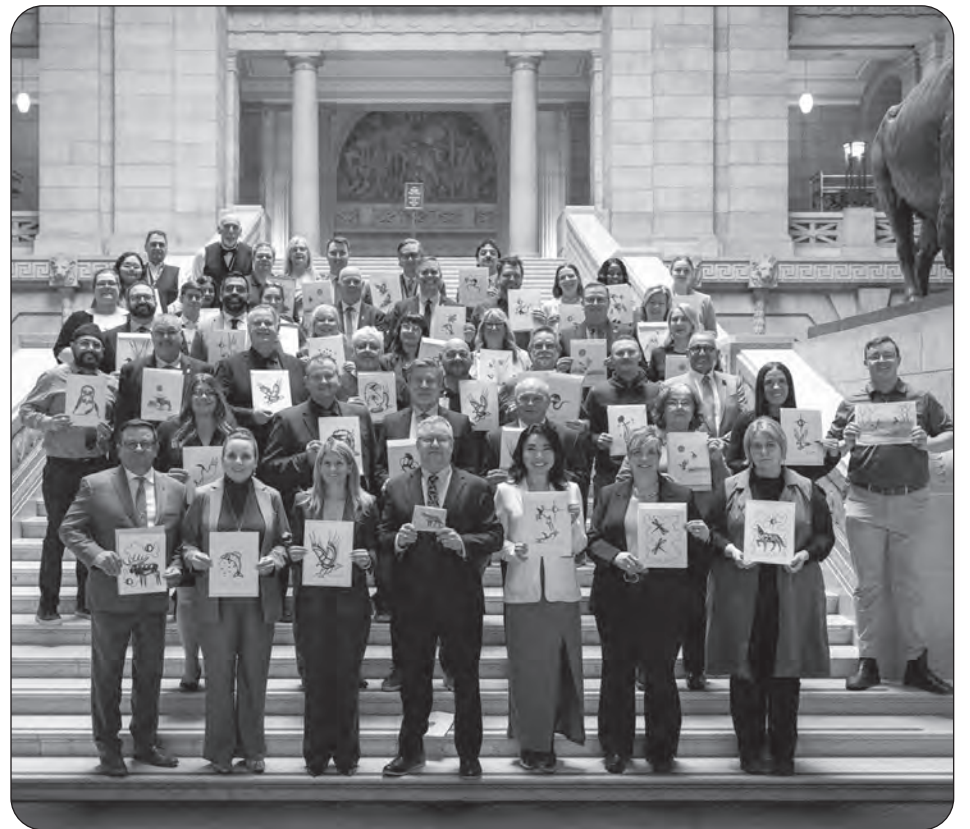
In addition to browsing dealer tables, visitors can look forward to door prizes and educational opportunities throughout the day. Admission will also include a chance to obtain passes for a tour of the Royal Canadian Mint, which is celebrating its 50th anniversary since opening its Winnipeg facility.

The show also comes ahead of a major event for collectors, as the Royal Canadian Numismatic Association prepares to host its national convention in Winnipeg from July 14 to 18.

"This show is about more than just coins — it's about history, storytelling and community," Dalman said. "Every item has a story behind it."

Organizers encourage collectors, families and curious newcomers alike to attend and discover the stories behind coins and collectibles from around the world.

## Artwork to inspire



### RECORD PHOTO SUBMITTED

Daniel James Martin was a Selkirk artist. Our local MLA Richard Perchotte commissioned hundreds of pieces of Martin's artwork during his lifetime and wanted to share some of the stunning work with his colleagues at the Manitoba Legislature. After offering up a piece of art to any MLA who wanted one, Perchotte was able to spread the joy of Martin's work far and wide in our province. Heres a small selection of the MLAs who were able to take home a one of a kind Daniel James Martin piece.



### > CONTACT US

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Email: [bigandcolourful@mymts.net](mailto:bigandcolourful@mymts.net)

**Laura Platt:** 204-999-1514

[laura@selkirkrecord.ca](mailto:laura@selkirkrecord.ca)

**Brittany Hiebert:** 204-485-1419

Email: [ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)

### EDITORIAL

**Katelyn Boulanger** 204-485-3337

[news@selkirkrecord.ca](mailto:news@selkirkrecord.ca)

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### TROUBLE WITH PAPER DELIVERY?

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# City of Selkirk celebrates community supporting Founder Campaign

## Garry Theatre gets boost from community support

By Katelyn Boulanger

The City of Selkirk nearly reached their Founder Campaign goal of \$200,000, which set an ambitious target of \$200,000 in community contributions towards the Garry Theatre's restoration. The campaign, in addition to grant and government funding, will contribute to the total goal of \$2 million needed to pay for the construction, improvements and outfitting of the facility.

The Founders Campaign raised \$186,362 in community contributions, just one per cent shy of its goal, ensuring the iconic Manitoba Avenue theatre will once again open its doors to the community.

"We were blown away by the response," said Kyla Ray, the city's Manager of Cultural and Recreational Programming.

"To be within one per cent of our goal speaks volumes about how much this building means to Selkirk and the surrounding area."

Though the official Founders Campaign fundraising period is over, residents from Selkirk and beyond can still contribute to the fundraising effort. There are still options like naming a seat, having your name added to the online/digital donor wall, or becoming a sponsor, which both residents and businesses alike are welcome to take part in.

Whether someone wants to leave a personal legacy or support the arts in a meaningful way, we'd still love to have them involved," said Ray.

The realities of upgrading an older building like the Garry Theatre mean that there is still work to be done, but with the memories that it holds for residents, as well as being a striking historic building in Selkirk's downtown, it was worth it to the City to invest in, and the community agreed when the property was purchased in 2021.

Construction on the new Garry started early in 2025, and though the city was hopeful it could open by the end of the year, the old building had some surprises, which meant that the project is now about six months behind the projected timeline.

"With an old building, surprises happen," said Corey Gagne, the city's Manager of Buildings and Fleet.

"You can plan as much as possible, but once walls are opened and systems are examined, unexpected issues can arise."

Delays include everything from con-

struction material availability and contractor scheduling to equipment delays and unexpected work to the building's foundation.

The City has also been working on their end to establish a non-profit corporation for The Garry, build the board of directors, develop by-laws, policies, and operation procedures, make plans for hiring staff, and continue fundraising efforts that are critical to long-term sustainability.

"All of these pieces are absolutely essential. And all take a significant amount of time on top of the municipal team's regular work," said Selkirk CAO Duane Nicol.

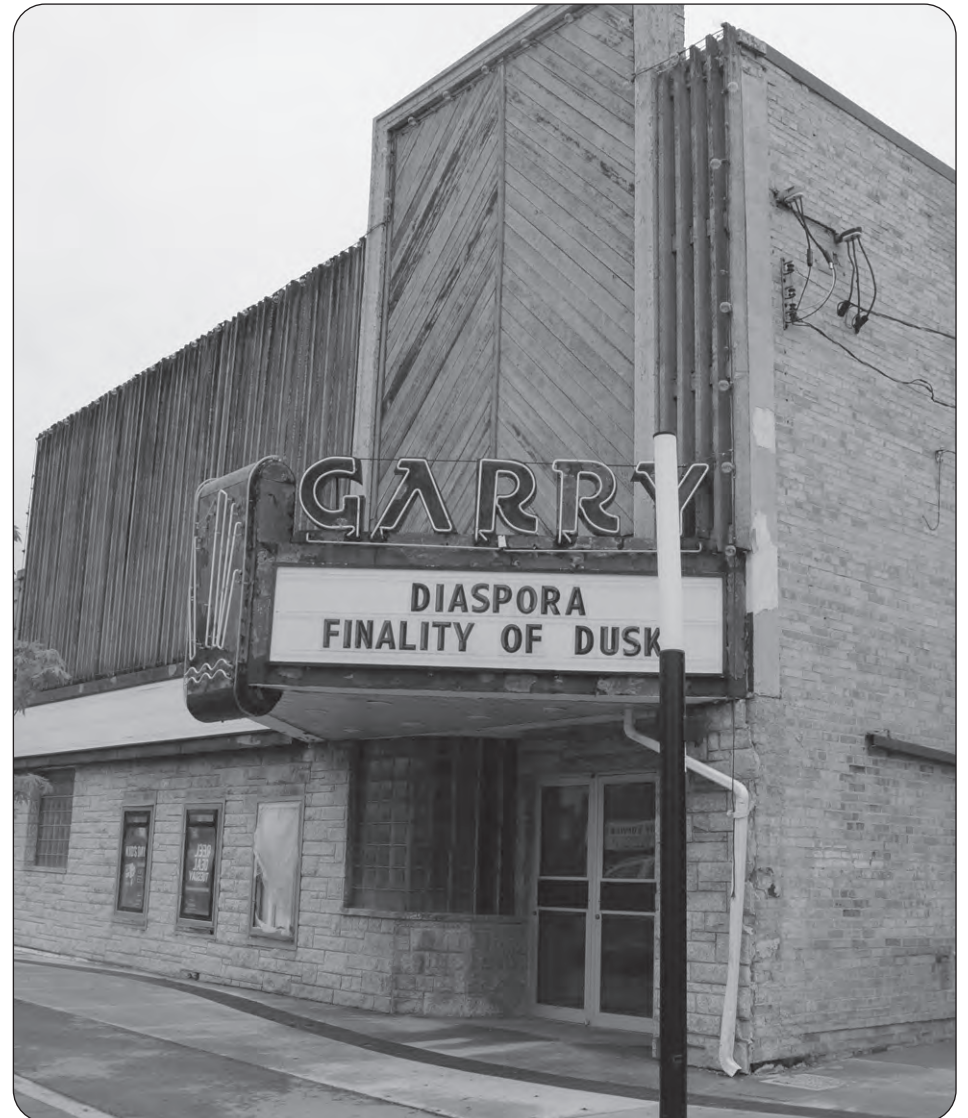
In addition, the city realized that some additional renovations made more sense to complete while they were already doing construction.

"In the design phase of this project, we realized that some of the future phase two elements from the business plan were actually more cost effective to be done as part of the initial phase one renovation, specifically the expansion of the stage and the addition of live event audio and lighting equipment. While this expanded the scope of the project, making it more expensive and taking more time, it provides The Garry with more functionality from day one and reduces the long-term costs," Nicol said.

The plan is to have the space not only continue to be able to be used as a theatre but also to have it available as a place for locally produced cultural experiences, like music, comedy, dance, and more.

One question that does not yet have an answer is when the official opening of The Garry will take place.

"We really hope for this spring," Gagne said.



RECORD FILE PHOTO BY KATELYN BOULANGER

Pictured above is the Garry Theatre back in 2021 when Selkirk first acquired it. It's now getting upgrades so that it can become a community space again.


"At the same time, we've learned that major delays can happen, and we're taking things day by day. The goal is to do this right, not just fast. But we're close."

Despite the challenges, excitement remains high on all sides.

"We know the community is excited, and so are we," Nicol said.

For anyone who wants to stay updated on this project, there are a few

different ways that the City is keeping everyone informed. You can follow the Garry Theatre on social media (@thegarrytheatre) and sign up for The Garry Theatre Stage Notes online newsletter. Followers and subscribers will be the first to know about construction progress, opening updates, and new and existing opportunities to get involved.



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# Elevated flood risk flagged for Interlake in latest provincial outlook

By Haley Cvar

An increased risk of spring flooding is taking shape across Manitoba's Interlake, with provincial forecasters warning that above-normal snow-pack and a delayed melt could lead to significant runoff in the weeks ahead.

Manitoba Transportation and Infrastructure's Hydrologic Forecast Centre released an updated 2026 spring flood outlook, identifying the Interlake — including the Icelandic River and Fisher River basin — as an area of elevated concern. The Parkland region is also facing a heightened risk of overland flooding, while conditions elsewhere in the province remain moderate to low.

Officials say the elevated risk stems from a combination of factors, including significantly above-average snow-pack, cooler temperatures that have slowed the onset of melting, and the potential for rapid runoff if conditions change quickly.

Recent snow surveys show the snow water equivalent in the Fisher River basin is among the highest recorded in recent years. Levels are currently sitting at approximately 113 millimetres — nearly double the long-term average — and comparable to amounts seen during past flood years.

With temperatures expected to hover near the freezing mark through mid-April, the spring melt is being delayed. However, that delay could increase the risk of a fast, concentrated runoff period once warmer weather arrives.

Flood risk in the Fisher River basin remains high, with the potential for peak flows similar to the 2014 spring flood. In a faster melt scenario, water levels could approach those seen during the 2022 flood, which were roughly two feet higher.

In response, the province has begun mobilizing resources to vulnerable communities. Tens of thousands of sandbags are being delivered to Peguis First Nation and nearby areas, while provincial volunteers are already working with local residents to prepare flood protection measures.

The Icelandic River is also now considered at high risk of flooding following recent snowfall and the likelihood of a delayed runoff. Ice-jam flooding remains a concern along the river, as in previous years.

In the Parkland region, warming temperatures expected to exceed 10 C in the coming days could trigger overland flooding. This type of flooding typically occurs when rapid snow-melt overwhelms frozen or blocked drainage systems such as ditches and culverts.

Elsewhere in Manitoba, the flood outlook remains largely unchanged from March. Moderate risk continues along parts of the Red, Assiniboine, Souris, Saskatchewan and Carrot rivers, while low flood potential is forecast for tributaries of the Red and Assiniboine rivers and much of eastern Manitoba, including the Winnipeg River basin.

Provincial officials note that spring flood conditions can shift quickly, particularly if warm weather or rainfall accelerates melting over a short period.

The Hydrologic Forecast Centre will continue to monitor conditions and provide updates as the spring runoff approaches. Residents, particularly those in low-lying or flood-prone areas, are encouraged to stay informed and be prepared.

The Manitoba Emergency Management Organization is also working with municipalities, First Nations and emergency partners to review plans, share information and ensure resources are in place to respond if flooding occurs.



RECORD PHOTO BEN HEWSON

Swans and Canada geese gather in a patch of open water beneath the Hecla causeway bridge on April 7, as lingering ice covers much of the lake. Wildlife activity continues despite delayed spring melt conditions across the Interlake region.

## McHappy Day returns May 6



RECORD PHOTOS BY BRETT MITCHELL

McHappy Day is once again returning on May 6 in support of the Ronald McDonald House and other local children's charities across Canada. To support, you can purchase any menu item all day at your nearest McDonald's restaurant or purchase McDonald's collectables on May 6. This year, the McDonald's Main St. location in Selkirk is taking its fundraising up a level. They are hosting a Jail and Bale fundraiser on May 6 from 9 a.m. until 5 p.m. and are looking for local leaders, celebrities, and people with generous communities supporting them to sign up to be 'jailed' and fundraise for their 'bale'. If this is something you'd be interested in taking part in contact the Main St. McDonalds location to sign up. Pictured: Corrina and Erika at the Main Street Selkirk McDonald's taking donations and selling McDonald's collectables at last year's McHappy Day.

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# Health Canada recalls deodorant, peptides, supplements and ophthalmic solutions

By Patricia Barrett

Health Canada issued recalls for a number of products including deodorant, injectable peptides, eye drops and supplements.

The health agency issued a recall on April 10 for Axe men's deodorant body spray in various scents, and Dove anti-perspirant in various scents due to a lack of hazard labels.

"These products do not meet the Cosmetic Regulations in Canada. Specifically, the products do not have mandatory hazard labelling," states the recall. "The products are missing required hazard symbols, signal words on the front of the containers and safety information. Improper labelling could result in misuse of the product and lead to serious injury."

The products are distributed by TJ Trading Co. Inc. The company reported that 384 units of the affected products were sold in Canada.

The products were sold from Janu-

ary 2026 to March 2026.

As of April 1, 2026, the company received no reports of incidents in Canada, and no reports of injury, states the recall.

The health agency issued a warning on April 9 advising consumers to "think twice before injecting peptides bought online" as unauthorized products can cause serious health risks.

Unauthorized injectable peptides are sold and marketed as anti-ageing, bodybuilding and wellness products as well as for athletic performance, injury recovery, sleep, and mental focus.

"Do not buy or use these products. If you have used them and feel unwell or have concerns, talk to a healthcare professional right away. Only buy prescription drugs from licensed pharmacies," states the warning. "Check labels: authorized drugs for sale in Canada have an 8-digit Drug Identification Number (DIN) printed

Product Name	Weight/Volume	UPC	Country of Origin
AXE Men Deodorant Body Spray - Musk	150ml	8720181114557	Mexico
AXE Men Deodorant Body Spray - Africa	150ml	8720181114441	Mexico
AXE Men Deodorant Body Spray - Dark temptation	150ml	8720181114449	Mexico
Dove anti-perspirant body spray - Cucumber and Green tea	107g	8717163954965	Mexico
Dove anti-perspirant body spray - Go Fresh Pomegranate and lemon verbena	107g	871160073625	Mexico
Dove anti-perspirant body spray - Invisible dry Clean touch	107g	8717163994252	Mexico

Health Canada is advising consumers to stop using the above Axe men and Dove deodorants as they do not have hazard labelling and don't meet Canada's cosmetic regulations.

## Affected products

Brand	Product Name	Market Authorization	Dosage Form	Strength	Lot Number
Jamieson Laboratories	Joint pain relief capsules	NPN 80140241	Capsule	Partially hydrolysed chicken eggshell membrane 500.0 mg Vitamin D 25.0 Micrograms	70794
Jamieson Laboratories	Magnesium bisglycinate Capsules	NPN 80131651	Capsule	Magnesium 100.0 mg	69249, 69480A, 69650A, 70147, 70530, 69480, 69650, 69804, 70149, 70527, 68744
Jamieson Laboratories	Maca capsules	NPN 80134082	Capsule	Lepidium meyenii 150.0 mg	68776, 69462, 70151

### HEALTH CANADA

Health Canada recalled certain Jamieson supplements as the products' tamper-proof seals were defective.

on the label."

The unauthorized products include BPC-157, CJC-1295, DSIP, Epitalon, GHK-Cu, HCG, Ipamorelin, KPV, Melanotan I and II, MOTS-C, NAD+, SS-31, TB-500, and Retatrutide.

"In Canada, peptides are generally regulated as prescription drugs. Authorized peptide drugs should only be used under the care of a licensed healthcare professional, such as a doctor, to treat specific conditions," states the warning. "Health Canada reminds consumers that decisions about prescription medication should be made

in consultation with a healthcare professional and should only be purchased from a licensed pharmacy."

Three brands of Jamieson Laboratories supplements were recalled in a notice issued April 1 because tamper-evident seals were

defective.

The products are Joint Pain Relief Capsules, Magnesium Bisglycinate Capsules, and Maca (Lepidium meyenii) Capsules.

And nine ophthalmic solutions from Labtician Ophthalmics Inc./Aved brand were recalled in a notice issued April 2.

None of the recalled products had obtained market authorization.

Visit Health Canada's Recalls and Safety Alerts website for full details, including lot numbers, of all the above affected products.

## Support Safegrad 2026



RECORD PHOTO SUBMITTED

The Lord Selkirk Regional Comprehensive Secondary School Class of 2026 is getting ready to celebrate their graduation. In order to have students be able to really celebrate this momentous achievement but to do so safely, Safegrad has been organized by volunteers for many years. To make the event fun for all, the Safegrad committee is doing some fundraising. If you'd like to support the grads in our community, you can take part in the Safegrad 50/50 draw. The final draw takes place on April 27. Tickets can be purchased at [https://www.fundingchange.ca/selkirk/aVLUubxYCGkjGPE\\_](https://www.fundingchange.ca/selkirk/aVLUubxYCGkjGPE_) and are 1 for \$5 or 10 for \$20. Pictured: Soon to be grads Kaitlin Vanwart and Aubrey Palsson.

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# Theatre production returns to Selkirk United Church this spring

By Jessica Eblie

An evening of theatre and community is set to take place at Selkirk United Church, as local performers and congregation members prepare for this spring's production, *Your Flake or Mine*. Running April 29 to May 2, the event offers audiences an evening of entertainment and community spirit.

Described as a "retro comedy," the play, written by Jack Sharkey, follows Tony Dawson, a down-on-his-luck greeting card writer navigating life after divorce while attempting to win back his wife, Margo Corcoran.

"It's really funny," said actor Arthur Holroyd, who plays Tony. "He's trying to win his wife back — and hilarity ensues."

Shannon Dubé, the production's director, said the script stood out immediately during the selection process.

"I couldn't put it down," she said. "I was laughing the entire time."

For Dubé, the production also marks a personal milestone for the Grade 3 teacher at École Bonaventure. This is her first time directing a full-length theatre production.

"I've been in plays before, but this is my first time ever directing," she said. "I find myself knowing more than I thought I did."

Dubé described rehearsals as highly collaborative, noting cast members often share ideas for shaping their

scenes and performances.

That collaborative and creative spirit has helped build strong connections amongst the cast of six, something Holroyd says has made rehearsals especially memorable.

"We spend half of the time laughing," he said. "The relationships that we're building as a cast and as a company are just fantastic."

For Holroyd, the production also marks a return to the stage after several years away.

"The last time I was on stage was probably 2017 or 2018," he said. "It means everything to me. I really love the opportunity to flex my acting muscles. It was something that was missing from my life for many years."

Holroyd, who now teaches drama at École Selkirk Junior High School, said opportunities for local theatre outside of school productions are limited, making events like this especially meaningful for the community.

For this production, audiences can choose between two distinct experiences. Shows on April 29 and 30 will feature the theatre performance only, while those on May 1 and 2 will include dessert receptions afterward. All shows begin at 7 pm, with the exception of the May 2 show, which begins at 2 pm.

"There's probably about 15 different kinds of desserts," Dubé said.

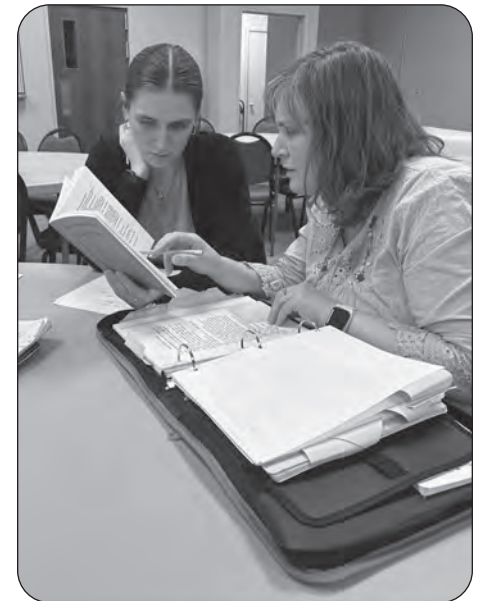
"Cheesecakes, carrot cakes, apple pies — and they're all huge pieces."

Funds raised from the production will support the church's operations as well as community outreach efforts, including assistance for those in need.

Dubé emphasized the importance of these programs, which provide support through initiatives such as grocery cards and other forms of food assistance.

She added that Selkirk United Church productions in past years have drawn strong support, with attendees travelling from across Manitoba, including organized tour groups.

The show runs approximately two hours and 15 minutes, including a 15-minute intermission, and is recommended for audiences aged 12 and older. Tickets are \$25 for theatre-only shows and \$35 for the theatre-and-dessert option. Tickets are available by phone at 204-485-0291, and can



Shannon Dubé (right) reviews the script with her daughter during rehearsals.

be picked up before the show at 202 McLean Ave, or the day of the performance.



RECORD PHOTOS SUBMITTED

Arthur Holroyd (left) and Caroline Bompard rehearse a scene from *Your Flake or Mine* on April 7, 2026.

## Can't brush off this exhibit



RECORD PHOTO BY BRETT MITCHELL

The Gwen Fox Gallery is hosting its All Members show until the end of the month. Don't miss checking out the many strokes of genius that over 30 local artists have on display. The gallery is open Tuesday to Saturday from 11 a.m. until 4 p.m. and late on Thursdays until 8 p.m. Pictured: Brenda Hedberg with one of her floral works.

# Eco Institute recognized with basin environmental leadership grant

By Annaliese Meier

The South Central Eco Institute has been recognized for its contributions to water stewardship and environmental education in the Red River Basin, receiving an endowment grant from the Red River Basin Commission.

The RRBC Endowment Grant, awarded by the commission's executive committee, was presented March 19 during an event held alongside the organization's 15th annual North Chapter Fish Dinner fundraiser in recognition of World Water Day.

The grant honours a small organization or project that has made a posi-

tive environmental impact through innovative initiatives and community engagement.

Program co-ordinator Kent Lewarne accepted the award on behalf of the institute. During the presentation, organizers noted Lewarne's wide-ranging role within the organization, from administration and research to hands-on support.

The South Central Eco Institute focuses on water resource management and stewardship, bringing together academics, government representatives, environmental professionals and community members to support environmental awareness and action

across the region.

Among its key initiatives is River Watch Manitoba, a student-driven data collection program that has been active for more than a decade. Through the program, students across Manitoba gather environmental data that is compiled and made publicly accessible online, supporting both education and long-term research.

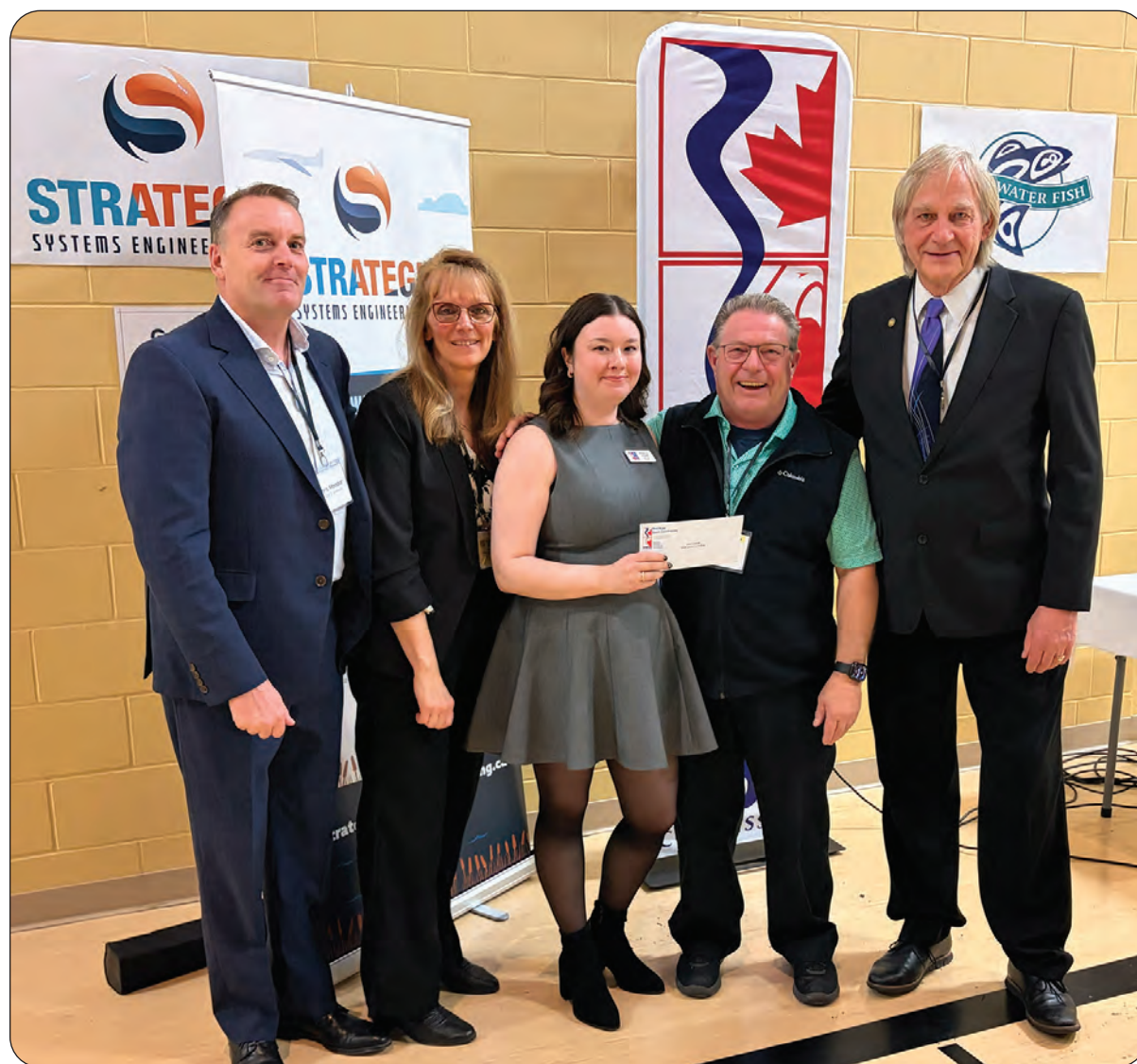
Lewarne has also been working to introduce the River of Dreams program to Manitoba youth. Originally developed by the International Watershed Institute in the United States, the initiative invites students to design and launch small cedar canoes

tracking number and a message encouraging those who find it to log its journey online before returning it to the water.

The program allows students to follow their canoe's path through the watershed toward Hudson Bay, offering a hands-on learning experience about water systems and connectivity.

In addition to leading programs, Lewarne regularly visits classrooms throughout the Red River Basin to promote water conservation and environmental stewardship among students.

The RRBC Endowment Grant highlights the institute's ongoing commitment to environmental education and community-based water advocacy.



RECORD PHOTO SUBMITTED

From left: Chris Mondor, councillor, RM of St. Andrews; Sandra Strang, councillor, RM of St. Clements; Rebecca Trowell, North Basin manager; Kent Lewarne, South Central Eco Institute; and Charles Posthumus, councillor, RM of East St. Paul.



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SPRING 2026

# Another successful internship in Selkirk Regional Health Centre

By Jennifer McFee

A recent internship student describes her experience at Selkirk Regional Health Centre as eye-opening and meaningful.

Mya Greenaway, a Grade 12 student at Springfield Collegiate Institute in Oakbank, said she hoped to gain insight into different health-care careers.

Marking a milestone, she was the first student to have the chance to shadow Waabishki Bineshiins — the IERHA Indigenous Health team.

Megan Chartrand, Indigenous Health social worker, said it was an honour having Mya join the team.

“Mya demonstrated exceptional time management skills and the willingness to learn. She showed interest in the Indigenous culture and various ways the health-care system can help support individuals who came through the hospital,” Chartrand said.

“Mya initiated conversation with our relatives and was able to show compassion and respect. She has also learned about smudging and supporting relatives culturally. Mya has a bright future ahead of her and will

no doubt excel in any career of her choosing.”

During her internship, Mya also had the chance to shadow nurses in different departments.

“Seeing nurses interact with patients throughout the hospital showed me the importance of empathy and teamwork in health care, whether they were responding quickly to emergencies or taking time to reassure anxious patients,” she said.

At the same time, the internship experience sparked a career interest for Mya.

“Overall, these experiences helped me decide that I am interested in nursing,” she said, “and they inspired my goal of becoming a psychiatric nurse with a focus on drug addiction, where I can combine compassionate patient care with mental health and social support.”

Lori Buors, Indigenous human resources officer, thanks all the staff at the Selkirk Regional Health Centre for spending time with students and giving them opportunities during their internships.

Waabishki Bineshiins currently has



RECORD PHOTO SUBMITTED

Pictured in the ceremonial room at Selkirk Regional Health Centre are (left to right) Cara Widrick, Indigenous Health Elder; Mya Greenaway, internship student; Megan Chartrand, Indigenous Health social worker; and Cody Widrick, Indigenous Health skaabe. A skaabe ensures Indigenous relatives receive appropriate and safe patient-centred care during their stay in hospital and throughout the discharge planning process.

openings for Indigenous social worker positions in Ashern and Selkirk. The position acts as a liaison using a cultural lens when working with pa-

tients, families, Indigenous communities, and health-care and community agencies. Email [Indigenoushealth@ierha.ca](mailto:Indigenoushealth@ierha.ca) for more information.

## Letter to the editor

### Access barriers put seniors' benefits at risk

I believe it is time to combine the Canada Revenue Agency (CRA) and My Service Canada accounts into a single system.

Currently, you cannot access Old Age Security (OAS), the Canada Pension Plan (CPP), dental benefits or supplements through your CRA account. However, none of these programs function unless you have filed your income tax through the CRA.

If you have not logged into your My Service Canada account in the last 18 months, it becomes inactive and you must reapply. To do so, you need a personal access code. But the system may not allow you to proceed, requiring a phone call to Service Canada. I was on hold for 55 minutes today just to request this code.

Complicating matters further, my credit union information no longer matches their records due to mergers — from Arborg Credit Union to Noventis, and now Access Credit Union.

The representative I spoke with was helpful, and I am expecting a new personal access code in the mail within 10 days. Only then will I be able to set up a new account.

How many seniors simply give up and lose the benefits they are entitled to? This system needs to be fixed. I hope people like me remain persistent — but not everyone can. If you cannot do it alone, hopefully someone will be there to help.

Submitted by  
Lorne M. Harasym  
Sandy Hook, Man.

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Sauce included

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# Your FARM



## Local seed farmer shares insights in video series

By Jennifer McFee

Insights shared by a local seed farm are sprouting up in an online video series.

Located west of Stonewall, Unger Seed Farm is a family-run pedigreed seed-growing operation. Ron Unger started the family-owned business in 1979, and his son Darcy currently runs it.

Seed growing is the process of producing high quality seeds that other farmers can use to grow crops.

“As a seed grower, we plant higher pedigreed seed on our farm,” Darcy said. “Once harvested, this seed is cleaned by our new seed plant to remove impurities and guarantee a high quality seed for customers to buy and grow on their own farms.”

Darcy recently shared his perspective gleaned over a lifetime in the seed industry through a video for Seed World Canada. The short video is Episode 3 of the organization’s On The Brink series, which is a cross-country storytelling project about plant breeding. The goal of the series is to spark open conversations about the future of plant breeding in Canada.

In the video, Darcy speaks about his family’s new seed plant in Stonewall, an investment that sets up the family farm for the generations to come.



Darcy Unger of Unger Seed Farm, located west of Stonewall, recently shared insights from his family’s multi-generational seed operation as part of Seed World Canada’s On the Brink video series.

“We are members of SeCan, the largest supplier of certified seed to Canadian farmers, and this year Se-Can is celebrating 50 years. They approached us to do a video about our new seed plant investment and the three generations currently working on the family run seed operation,”



PHOTOS SUBMITTED

The new state-of-the-art seed plant at Unger Seed Farm near Stonewall features advanced cleaning equipment, including AI-assisted technology, to ensure high-quality pedigreed seed for farmers.

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#### April ONSITE Week 2 Consignment Sale

Viewing: April 13 -16th from 9 AM to 5PM. Bidding starts: April 16th, 2026 at 9:00AM. Lots start closing on April 23, 2026 at 10:00AM. Pick up days: Friday, April 24th & Saturday April 25th from 9 AM to 5 PM

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Darcy said. “This video featured in Seed World was a result of this.”

The idea for the new seed plant took root in January 2024 with a scrap paper drawing, which led to a two-year process to build and commission the new facility.

“Our machines are all state-of-the-art, including our new colour sorter using AI technology to help guarantee a clean final product,” Darcy said.

“We use our seed plant to process and clean the seed from our 4,000-acre seed farm, as well as custom cleaning for our customers who choose to reuse their own seed. We also have a few other seed companies who we clean for as well.”

The family chose to invest in the new seed plant for several reasons.

“The seed plant we were using was

Continued on page 20

# Your FARM



## Double the surprise: Twin calves highlight milestone year at Interlake dairy farm

By E. Antonio

An unusual run of twin calves is turning heads at Mason Farms in Manitoba's Interlake, where seven sets have already been born in 2026 — including one cow that continues to defy the odds.

Owned and operated by Lanna and Darcy Mason, the dairy farm has seen a rare streak this year, highlighted by a cow the family calls "girl 4," who recently delivered twins for the fourth consecutive year.

The latest birth brings her total to eight calves in four years — a feat that has made her something of a standout in the herd.

"She's grown on us quite a bit around here, knowing she has a good chance of delivering twins," said Lanna Mason. "Other than getting a bit more barn time after she gives birth and extra feed, she does her own thing and fits in with the rest of the herd."

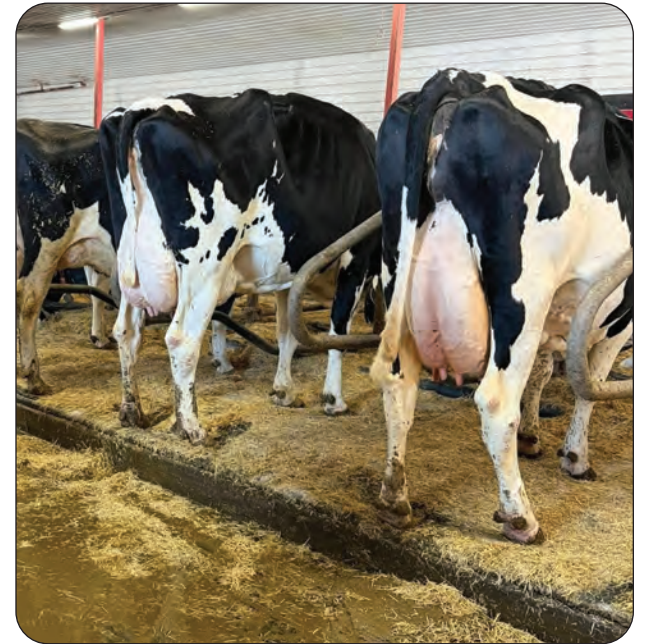
While twin calves can draw attention, they also come with added responsibility. Twin births are less common in dairy operations and often require closer monitoring in the early days to ensure both calves are healthy and feeding properly.

So far, the results have been encouraging.

The Masons say all but one of this year's calves have been successfully raised by their mothers, with only one requiring additional care. Although the twins tend to be slightly smaller at birth, they have kept pace with the rest of the herd as they grow.

The wave of twin births is just one part of what has become a milestone year for the farm.

Earlier this month, Mason Farms added three more cows to its list of excellent classifications fol-



RECORD PHOTOS SUBMITTED

The Mason Farms herd is evaluated during a recent classification visit that saw three cows earn excellent status.

Following a visit from a classifier with Holstein Canada.

The designation — awarded based on structure, dairy strength and udder quality — is considered a significant benchmark in herd development and breeding success.

"It's a huge accomplishment for us," said Darcy Mason.

The latest recognition comes a decade after the

Continued on page 20



Lanna Mason, Derek Johnson, Ken Mason, Andrew Mason and Darcy Mason are pictured at the Manitoba Legislature on March 14, where Johnson recognized Mason Farms for their contributions to the community.

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# Coin show returns with collectibles, youth focus

By Lana Meier

The Manitoba Coin Club is set to host its annual Spring Coin & Collectible Show on April 25 at the East Selkirk Community Centre, offering a full day dedicated to numismatics and collecting for enthusiasts of all ages.

The event will run from 10 a.m. to 5 p.m. and will feature a wide range of dealers from across Manitoba showcasing collections that span centuries — from ancient coins to modern currency, along with paper money, stamps and other unique collectibles.

A highlight of this year's show will be the presence of the Royal Canadian Mint, which will offer its popular coin exchange. Attendees will have the opportunity to obtain newly released collectible circulation coins directly from the Mint's production line.

"We're excited to welcome collectors and the public back for another great show," said Larry Dalman. "Whether you're a seasoned numismatist or just curious, there's something here for everyone."

Organizers say the show continues to grow, with an increased focus on youth engagement to help foster the next generation of collectors.

"One of our biggest priorities is growing interest among young people," Dalman added. "By expanding our youth programming, we're helping ensure the hobby continues for generations to come."

Coins have long played a role in documenting history, from marking major world events and Olympic Games to commemorating cultural icons. Today's collectible coins often feature themes ranging from pop culture, including Marvel and Disney, to significant national milestones.

In addition to browsing dealer tables, visitors can look forward to door prizes and educational opportunities throughout the day. Admission will also include a chance to obtain passes for a tour of the Royal Canadian Mint, which is celebrating its 50th anniversary since opening its Winnipeg facility.

The show also comes ahead of a major event for collectors, as the Royal Canadian Numismatic Association prepares to host its national convention in Winnipeg from July 14 to 18.

"This show is about more than just coins — it's about history, storytelling and community," Dalman said. "Every item has a story behind it."

Organizers encourage collectors, families and curious newcomers alike to attend and discover the stories behind coins and collectibles from around the world.

## Manitoba Coin Club

**SPRING COIN, STAMP & COLLECTIBLES SHOW**  
**Sat. April 25th, 2026 • 10am-4pm**  
**Royal Canadian Mint Coin Exchange**

**East Selkirk Hall**  
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## > SEED FARMER, FROM PG. 18

redone back in 1996, and the time was coming to do a major overhaul on the machines and equipment that was already in use. The second reason is I have two sons, Colton and Austin, who have decided that they want to continue on the family farm," Darcy said.

"Both those factors led to the decision to do a completely new seed plant in a brand-new building with a new office attached. The timing of the old plant needing work and the new generation becoming involved led to the decision to invest in new."

In total, 95 per cent of the genetics that Unger Seed Farm relies on come from Canadian breeders.

"Canadian plant breeders are important because they create stronger, more productive and more sustainable crops that support farmers and help feed people in Manitoba and Canada. Productive crops give farmers a bigger opportunity to support the local economies as well," he said.

"Farmers tend to buy their

seed, fuel, fertilizer and other products close to home, which helps support local businesses as well. Farmers support local schools, restaurants, community centres, 4H clubs, arenas, curling clubs and so on. It might not seem like it, but Canadian plant breeders are important — their work helps support a lot of people in and around agriculture."

Genetics are also crucial to help farmers combat the ever-changing needs of consumers and as well as the changing environment, he added.

"Better genetics give you better yields, better quality crops that are more adapted to the final consumer needs," Darcy said.

"Weather patterns are changing and the weather is more diverse. We need the ability to protect ourselves from disease, drought, excess rain and insects, and better genetics can give us that. Farmers are dependent on good genetics to help keep us successful."

Looking ahead, Darcy shared some concerns about the future

of Canadian plant breeding.

"The federal government is slashing funding for Canadian plant breeders. The abilities of the breeders to develop and adapt new varieties that are needed to combat new disease, weather and insect pressure will be greatly diminished without this funding. We are losing testing facilities where these new genetics are grown and analyzed to see which varieties will be an added benefit," he said.

"Our ability to react will be compromised, and the effects of the decreased funding won't be known for five to 10 years. Canada's agriculture sector could be at a severe disadvantage going forward to react to changing environments — and the Canadian food supply, which has always been thought of as secure, could be compromised."

To view Darcy's video for the On the Brink series, visit Seed World Canada's website at seedworld.com or check it out on Seed World Canada's Facebook page. New episodes are released every Wednesday.

## > TWIN CALVES, FROM PG. 19

farm recorded its first excellent cow, marking a period of steady growth and transformation.

"We've grown from a few hand-milked cows to 60 robotically milked ones," Darcy said. "Over the years we've emphasized the health, breeding and genetic success of our herd, building what we know and love today."

That progress has not gone unnoticed beyond the farmyard.

The family was recently recognized at the Manitoba Legislature by Derek Johnson for its contributions to agriculture and the local community. The Masons travelled to Winnipeg on March 14 for the recognition, joined by Grampa Ken, who remains actively involved in day-to-day operations.

"It came as a surprise, but it was nice to be recognized," Darcy said.

For Lanna, the moment reflected something larger than their own farm.

"It's important to see that small farms in the Interlake are being recognized for the ways they help contribute to the community," she said.

Despite the attention, life at Mason Farms continues much as it always has — with early mornings, long days and a shared commitment across generations.

Grampa Ken is still a steady presence in the operation, lending a hand wherever needed.

"He's a farmer and that's all he knows," Darcy said. "Farming is not just a job to us — it's a lifestyle we all enjoy."



"Girl 4," a standout cow at Mason Farms, is pictured with her latest set of twin calves — marking the fourth consecutive year she has delivered twins.

# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## “What window coverings should I use in the kitchen?”

As one of the most-used rooms in the home, your kitchen deserves thoughtful attention to both functionality and style. One detail that often gets overlooked is the window coverings. Here are some ideas to consider.

### Consider your cooking habits

Do you love spending time in the kitchen whipping up a variety of dishes? If so, you know that kitchens get dirty *fast*. Grease particles and splatters will sooner or later end up on your window coverings. For avid cooks, vertical blinds made of wood or synthetic materials are ideal because they're quick and easy to clean.



Do you prefer simple or no-cook meals? Are your windows located far away from your appliances? If so, fabric curtains can be a great choice. They match any decor and are perfect for large windows when you're looking for a stylish yet affordable option.

### Think about the atmosphere you want to create

Depending on the amount of sunlight in the room and the colours of your furniture or flooring, your choice of window covering can influence the mood in your kitchen. White-washed shutters paired with light wood flooring create a bright, clean look. Canvas solar shades and warm-toned cabinets provide a softer, more intimate vibe.

Your kitchen window coverings should reflect how you use the space and the atmosphere you want to create every time you walk in.

Visit your local shops to find the perfect window coverings.

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**101 Diane Drive, West St. Paul - \$839,900** Fantastic .38-acre riverfront property in the community of Lister Rapids! Rare opportunity to own a lovingly cared-for home, proudly maintained by its original owners. A vaulted front entrance sets the tone, leading into the living and dining rooms. The adjacent kitchen features oak cabinetry and granite countertops, offering a timeless look and functionality. The family room is accented by hardwood floors and a warm fireplace. The home includes 3 beds and 3.5 baths, with the primary suite boasting a 4-piece ensuite complete with heated tile flooring and a dual vanity. The finished basement is designed for entertaining, featuring a pool table, wet bar, gas fireplace and convenient bathroom. A sunroom overlooks the river and leads to a cedar deck and spacious yard, with a mature apple tree. Additional features include a 12x12 shed, central vac, alarm system, and an oversized triple attached garage. Major updates include the furnace, air conditioning, and roof (all 5 yrs old). Enjoy a strong sense of community with a children's playground down the street and an elementary school nearby, making this an ideal setting for families seeking space, comfort, and a riverfront lifestyle!

**63122 Lornehill 22E Road, Springfield - \$999,900** Rarely offered in this sought-after location just minutes from the North East Perimeter, this exceptional property spans 50 scenic acres situated on a quiet road. The mature yard site presents an outstanding opportunity for a future build. Whether you're looking to create your dream home, invest, or hold for the future, the possibilities here are endless. An incredible parcel in a prime location - opportunities like this don't come along often!

**2808 Henderson Hwy, East St. Paul - \$1,399,000** Incredibly rare opportunity in East St. Paul to secure a stunning 6-acre riverfront parcel offering approximately 300 feet of pristine waterfront. Properties of this size and caliber seldom become available, making this an ideal setting to build a luxury dream home, private estate, or pursue future development possibilities. The property also features a heated shop (220 wiring) with air conditioning and a balcony, offering incredible flexibility for hobbies, projects, storage, or workspace, with ample room to expand or customize to suit your needs. True value of the property resides in its expansive land, providing privacy, space, and endless potential for future use or redevelopment. Private and full of possibilities, this is an extremely rare opportunity along the river!

**15 Paterson St, West St. Paul - \$1,379,900** Set on 1.38-acres in West St. Paul, this 2-storey residence offers approx. 2359 sqft, thoughtfully designed for elevated comfort and entertaining. With 5 beds and 4.5 baths, the home seamlessly blends functionality with upscale appeal, enhanced by integrated smart home features for modern, connected living. Double-door entry welcomes you into the elegant living/dining area, flowing into an inviting family room. The kitchen is equipped with built-in appliances, while a dedicated spice kitchen tucked just beyond adds convenience and versatility for the culinary enthusiast. A powder room and main floor laundry complete this level. Upstairs, the primary suite features balcony access and a 4pc ensuite. A secondary bedroom enjoys its own 3pc ensuite with extended dual vanity and WIC, while a 3rd bedroom and 3pc bathroom provide ample space. The fully finished lower level is designed with entertaining in mind, showcasing a spacious recreation room complemented by a wet bar. 2 more bedrooms and a 3pc bathroom complete the basement. Outdoors, a generous deck overlooks the acreage, offering a sense of privacy and room to unwind. A triple attached garage adds everyday convenience to this exceptional property.

**16 Harvest Way, East St. Paul - \$1,399,900** Welcome to this stunning custom-built 2-storey Maric home, perfectly situated on a creek lot in prestigious East St. Paul. Offering approximately 2850 sqft, this exceptional residence blends elegance with modern upgrades in a peaceful, private setting. A grand foyer welcomes you into the inviting living and dining areas. The modern kitchen features upgraded appliances, ample cabinetry, granite countertops, and a Bosch 5-burner cooktop, with direct access to the deck. A main floor office and powder room complete the layout. Upstairs, the primary suite offers a cozy fireplace, private balcony, walk-in closet, and a 4-piece ensuite. The fully finished walkout basement includes a wet bar, full bathroom, and access to the backyard. Step outside to your private backyard oasis featuring a new deck, glass railing and privacy screen overlooking the beautifully landscaped yard, complete with an in-ground sprinkler system, mature pear tree, peaceful creek setting, and an upgraded Aqua-Tech in-ground pool perfectly integrated. Updated paint and windows, remote blinds, BBQ gas line, and double attached garage with drain complete this exceptional home.

**140 FXL Crescent, St. Clements - \$1,499,900** For sale or lease. Outstanding industrial opportunity in the Lockport Industrial Park! This 8,000 sq. ft. building sits on 2.55 acres and features high ceilings, making it ideal for trucking operations, warehousing, or storage. The property is fully fenced for security, offers ample yard space, and is equipped with 400-amp electrical service to support heavy operations. Additional features include radiant in-floor heating and fiber internet. All in a prime location with convenient access to major routes!

**1 Byle Drive, St. Andrews - \$999,990** Welcome to this custom-built 2240 sqft 2 storey residence set on a 2.75-acre riverfront estate in St. Andrews, perfectly located across from Lartors Golf Course and just minutes from the Perimeter. This elegant center hall plan welcomes you to an inviting living room and private home office, creating refined yet comfortable living spaces. The chef-inspired kitchen showcases extensive cabinetry and generous workspace, seamlessly connecting to a sun-filled family and dining area with access to the elevated deck overlooking the grounds. The main floor primary suite is a true retreat, complete with walk-in closet, private deck access, and a spa-like 4-piece ensuite. Main floor laundry and a 3-piece bath lead to the oversized 26x26 insulated double attached garage. The upper level features three spacious bedrooms and a 4-piece bath, each offering picturesque views of the river and surrounding landscape. Outdoors, the beautifully treed grounds offer an exceptional atmosphere and stunning riverfront views, highlighted by a charming gazebo and gently tiered terrain leading to the water's edge, perfect for enjoying the peaceful riverfront setting.

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# Prairie Spring Homesteading Farmers Market returns to Little Britain Church

## Connect with locally made products and local homesteaders on April 25

By Katelyn Boulanger

The Prairie Spring Homesteading Farmers Market is coming to Little Britain Church in Lockport once again to connect local residents to people who make, bake, sew and grow.

"We hand-picked the vendors ourselves, and we don't want anything like brought in products that you've not made yourself. It's promoting the fact that we've got small business families who are trying to live a more sustainable lifestyle, and we want to share that with them," said Karen Insley, co-organizer of the Prairie Spring Homesteading Farmers Market.

This is the third year that this event has taken place in our region.

In past years, they've hosted large presentations at the event, but since that took small business people away from their booths while they did presentations. They are trying something different this year by encouraging vendors to have samples to show and educational material for residents to bring home with them.

"We want to get the customers and the visitors to interact more and meet the makers and get more interaction with the vendors at their table, so that they can explain why they're doing what they're doing," said Insley.

Because of this, residents are encouraged to walk up to vendors at this event and ask questions.

Insley said that in addition to specifically making sure the vendors for this event were local people making specifically their own products, she also made sure that each vendor was

happy to share their stories and answer questions about more than just the products, but also to share their knowledge at the event.

For example, Insley and her husband run Clover Honey Pot out of their property in Springfield. They sell both honey and skincare products, and all of the plants used in their products are grown in by themselves. You can learn more from their website about why this is so important to them.

The other vendors who will be at this event, in addition to Clover Honey Pot, are:

- The Candle Corner
- T-Beach
- Bunn's Creek Pottery
- Jaya's Preserves
- Petal & Pony
- Gabby's Gluten Free Goodies
- Mothermade
- Dragonfly Wing Creations
- Barr Soap
- The Sunshine Project Adventures
- Smiley Farmers
- Anishinaa-Bakes
- With Green Intentions
- 1882 Fruit Based Hot Sauces
- Microgardens
- Dyke & Dam Jams & Jellies
- Barkx Motel

Insley hopes that these vendors don't just inspire people to buy but also inspire them to create something themselves. With prices only seeming to get higher, she explained that making things yourself can be cost-saving and learning a little and trying products from those who already make the items might be just the inspiration you need.

"It might encourage and inspire somebody to go and try something themselves, and even if they think, 'Oh, this is still outside of my wheelhouse,' at least we want to put it in front of everybody that there are really passionate quality vendors that live that life," said Insley.

She also explained that even if you are a creator of a locally made product, this market will likely have something for you, as there is no way that people can do everything in life for themselves, and so, connecting with a community of local makers is essential if you want to expand your use of local products and support local businesses.

The Prairie Spring Homesteading Farmers Market is taking place on April 25 from 10 a.m. to 2 p.m. Every-



RECORD FILE PHOTO BY KATELYN BOULANGER

Some vendors from a past year's Prairie Spring Homesteading Farmers Market.

one from the region is welcome to attend for free.

And, they will again this year be offering free tea, coffee and water for attendees who need a little pick me up.

Insley hopes to see many residents

stop by the Prairie Spring Homesteading Farmers Market.

"Come and take a look. It's not far out of Selkirk, and it's a great little community, a lovely venue," she said.

Insley hopes to see many residents

**Prairie Spring Homesteading Farmers Market**  
**April 25<sup>th</sup>**  
**10am - 2pm**  
**Little Britain Church Hall Lockport**

A celebration of hand picked makers, bakers, growers, sewers

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Organized By Clover Honey Pot



# St. Andrews hosts its financial plan public meeting

By Katelyn Boulanger

The RM of St. Andrews hosted their 2026 Financial Plan Presentation on April 9.

After the land acknowledgement and the opening of the public meeting, St. Andrews CAO Brent Olynyk started the presentation,

“The financial plan is more than numbers. The financial plan is planning for our community. This is our municipality guided by people committed to serving and supporting the community,” said Olynyk in the opening to the meeting.

Olynyk introduced the Mayor, council, and administrative teams before turning over the presentation to Mayor Joy Sul for the Mayor’s message.

“I want to share a bit about the work that went into it and how we got here. This wasn’t a quick process. Council spent two full Saturdays and an additional evening going through the numbers, line by line, asking questions, challenging assumptions and having some very real discussions. There was a lot of debate, both with administration, and among council members, and that’s exactly how it should be,” said Sul.

She explained that at the beginning of the process, the increase in taxes was planned to have been much higher than it ended up being, but through difficult decisions and reviewing priorities, they arrived at their current draft budget.

“These are not choices we take lightly, but they were necessary to strike the right balance. Like many municipalities, we’re dealing with rising costs and growing demand on infrastructure and services. At the same time, our rate of growth has not kept pace with many other municipalities in Manitoba. That means we have to be especially thoughtful about how we manage our finances and plan for the future. At the end of the day, this budget reflects the balance of keeping taxes as low as possible while still maintaining the services residents rely on and planning responsibly for what lies ahead,” said Sul.

Olynyk then came back to talk about the importance of financial planning.

“We direct limited resources where needed most. We prepare for current and future growth, and we maintain and improve infrastructure,” he said.

He explained that all of this is in service of shaping the future of St. Andrews.

Olynyk then described the financial planning process, which is lengthy and includes many steps.

Overall, he described the process as a balancing act between maintaining

low density for residents, maintaining high-quality services and keeping taxes low. Olynyk explained that getting all three of these options at the same time can be difficult, but they’ve done their best to reach a balance. He also said that rising municipal costs are a real problem.

“Costs are rising across all core services, fuel, utilities, equipment, materials, infrastructure, construction, wages and labour are all rising,” he said.

Olynyk explained that, like a household’s budget, costs like the sudden rise in fuel prices, have also hit the municipality, and it’s not just fuel, it’s many different parts of the municipality’s budget that they are balancing.

Olynyk then discussed some of the things that increase costs that are unique to St. Andrews, such as the size of the rural municipality, which requires that they have three different fire departments to safely serve the entire area.

“We have 763.8km of total municipal road. Now, in the neighbouring RM of West St. Paul, they have 50 kilometres of road. So, we’re probably 14 or 15 times higher than West St. Paul in the kilometres of roads we have to take care of. So, our cost for the Public Works budget would be higher,” he said.

Olynyk mentioned that this year they are going to be spending a record amount of about \$4.4 million on public roads and have many projects in the works planned for their roadways.

He then spoke about recreation and culture. Some points that he brought up were plans to invest in a new soccer field, away from the airport, and that they are going to continue to connect trails in the community.

“It’s good to connect the community. It’s good for people to exercise, and they do. And also want to point out we have an arena, and our arena won an award this year. . .We won a volunteer award. St. Andrew’s hockey rink was recognized in Manitoba, and I just wanted to point that out,” said Olynyk.

Olynyk pointed out that they are doing some things to try to keep taxes low, such as encouraging some growth as part of a community balance, but he also wanted to highlight the RM’s ability to get grant funding and form partnerships, which he credits to all of council, but particularly the Mayor and councillors who have gone out to talk to other levels of government.

He also encouraged residents to participate in the upcoming census, as

gas tax is allocated from the federal government based on census population data, so making sure you’re counted means more money for better roads in the RM.

Olynyk next discussed the challenges that the RM faces as it’s not experiencing the same growth as other RMs in the province.

“Home growth helps support our community, expands the tax base, helps keep taxes more stable for existing residents, supports the services that people rely on every day, and allows investments in roads, recreation and community safety. This is going on all over the place,” he said.

From there, he got into the details about how municipal tax is calculated, explaining that it’s based on your property’s assessed value. Olynyk explained that the municipal tax bill is made of two parts: the municipal tax levy, which is 40 per cent of your total taxes in St. Andrews, and the education tax levy, which takes up the other 60 per cent of your tax bill.

Residents should know that education taxes have increased more than municipal levy taxes this year. There are students in St. Andrews attending four different school divisions thanks to the large size of the RM. The Seven Oaks School Division’s education tax levy increased by 3.3%, Lord Selkirk School Division’s went up by 10.8%, Interlake School Division went up by 14.56%, and the Evergreen School Division had a 11.65% increase.

“Kids need to go to school. We need to make sure this next generation is ready. But it costs a lot of money. Just remember, when you’re getting your tax bill, where most of that money is going,” said Olynyk.

The overall municipal portion of taxes in St. Andrews are also going up a little this year.

“We’re at 1.99% increase this year. Last year was a decrease, so that’s why you’re seeing a little increase

this year,” said Olynyk.

He explained that for your taxes, there are many benefits.

Road maintenance, fire protection, recreation and basic services like recycling and snow removal are some things we’ve come to expect but something that’s been an increase that the RM has seen the need for that people may not know about is cyber security.

“We’re spending a lot more money on cybersecurity now. It’s critically important for risk management, public safety, and legal compliance. The government’s starting to tell you now you have to be at these standards. We are a leader. We are a leader in the province for municipalities,” said Olynyk.

Some other projects that Olynyk spoke about is their lagoon pilot project, which is on the horizon with the goal of increasing capacity while keeping the environment in mind, and their flood mitigation program, thanks to increased monitoring with drones.

Olynyk then compared their tax rate increase to neighbouring RMs and the City of Selkirk. In summary, they were about the same as a few RMs and a few others, including the

Continued on page 24

## AUCTION SALE

The RM of St. Clements will be offering several items for sale at an upcoming auction through Ritchie Bros.

Available items include:

- 3 pieces of fire apparatus
- 1 front-end loader

The auction opens for bidding on

April 16th at noon and closes on April 21, 2026.

We encourage interested members to review and share the auction details.

The items are as follows:

**2000 GMC C6500 4x2 Fire & Rescue Truck (Command Truck) -**

<https://www.rbauction.com/pdp/2000-gmc-c6500-4x2-fire---rescue-truck/15022529>



**1998 Freightliner FL60 4x2 Fire & Rescue Command Unit -**

<https://www.rbauction.com/pdp/1998-freightliner-fl60-4x2-fire---rescue-command-unit/15022528>



**1994 Ford F-350 XL 4x4 Crew Cab Pickup - East Beaches Rescue Truck**

<https://www.rbauction.com/pdp/1994-ford-f-350-xl-4x4-crew-cab-pickup/15022526>



**2010 Komatsu WA320-6 Wheel Loader -**

<https://www.rbauction.com/pdp/2010-komatsu-wa320-6-wheel-loader/15022525>



# Two fires in St. Andrews blazed but Fire Dept. and RCMP responded quickly

By Katelyn Boulanger

Last month, Selkirk RCMP and the St. Andrews Fire Department responded to a structure fire on Henry Road in the RM of St. Andrews. When local RCMP arrived, the structure was fully engulfed in flame. Investigation revealed that there were no occupants inside.

While at this call for service on

March 14, and about 15 minutes after the first call came in, Selkirk RCMP and the St. Andrews Fire Department were informed of another structure fire on Schmid Road in St. Andrews. Police and fire attended this scene as well. This fire was in a hay barn with no occupants.

Police continue to investigate both incidents.



RECORD PHOTO BY BRETT MITCHELL

Photos of the RCMP and St. Andrews Fire Department keeping residents away from the fires and putting them out.



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## > ST. ANDREWS FINANCIAL PLAN, FROM PG. 23

City of Selkirk, had higher tax increases by percentage. West St. Paul was the only RM in the chart that had a lower increase, as it had no increase in taxes for residents this year, but due to the growth in West St. Paul, the RMs are managing very different budgets currently.

“So on the average, we’re do-

ing pretty good with the 1.99%, I would say,” said Olynyk.

Taxes are due October 31, 2026. Please allow at least 5 business days for funds to reach the RM. Olynyk reminds people that the taxes need to be in the RM’s account by October 31, so please send electronic funds early so it’s not still in

transit on the due date.

The final portion of the meeting was a question and answer session where residents were able to learn more about the financial plan.

To check out the financial plan meeting yourself, check out St. Andrews’ YouTube channel at <https://www.youtube.com/watch?v=ZOAvOy71YsQ>.

## Lion's Club Market and craft sale



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Lion's Club held their annual Spring Market and Craft Sale last weekend. The Selkirk Recreation Complex was packed with vendors looking to share their wares. Pictured: Pat Kovalik from Cozy Fox showing off some Crispy Craves Snack Mix and a bandana from JK Bandanas.

## Dancho meets COPP leaders



RECORD PHOTO SUBMITTED

Member of Parliament Raquel Dancho met with Citizens on Patrol Program (COPP) coordinators from across the region at her constituency office in February to discuss community safety initiatives and the impact of volunteer patrols. The meeting highlighted the important role COPP plays in supporting neighbourhood safety and strengthening local partnerships. Pictured left to right: Bob Schofield (Oakbank/Springfield), Murray Luschinski (Manitoba COPP liaison), Raquel Dancho (MP Kildonan—St. Paul), Bob Jesson (South St. Andrews), Pauls Meads (Beausejour) and Redgie Daquis (West St. Paul).

## Man. Highland Gathering Market



RECORD PHOTO BY BRETT MITCHELL

The Manitoba Highland Gathering is a rich cultural event that showcases the area's vibrant Scottish heritage. From spinning to sword fighting to scotch eggs, the gathering has it all. The gathering, which takes place on June 20 and 21 this year, isn't the only event on their roster. Last weekend, they held a spring market and vendors packed East Selkirk Hall. Pictured: Scottish Canadian Liz Wallace showing off some of her beautiful knit goods.

## We want to hear from you

*Letters to the editor - If you wish to comment on anything you read in the newspaper, or if you wish to comment on any concern affecting Selkirk and surrounding communities, write a letter to the editor. We welcome diverse views and opinions.*

### Why You Should Write a Letter to the Editor

Writing a letter to the editor is one of the most efficient ways of reaching large audiences. The *Selkirk Record* has an approximate readership of 37,368 readers weekly.

Readers also include members of local government, who we may want to reach. Frequent letters about a certain topic will convey that a sizable group of people care about it.

A letter to the editor is a very short piece of writing, meaning that you don't need to invest an inordinate amount of time in it. Shoot for less than 300 words.

### Tips for Writing a Letter to the Editor

Connect your letter to a specific article, op-ed, or topic recently covered by the newspaper.

Structure your letter in three parts:

- Refute or promote a certain

claim made previously, provide reasons for your stance, and then suggest what needs to happen now.

- Write from your own perspective and show how the topic relates to your local community.
- If you have expertise in the topic you're writing about, let the readers know.

If you're trying to convince a government representative, refer to them by their full name (it'll be more likely to make it to their desk).

Stick to a single point. Have more points to make? Write more letters.

Be respectful – don't attack anyone when expressing your concerns.

Letters must include your name, your location, and a telephone number where you can be reached. Please keep letters to 300 words or less.

The *Selkirk Record* reserves the right to edit letters for length, content and/or taste as well as the right to refuse publication of any letter.

We look forward to your submission: [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca)

# get inspired

> MEAL IDEAS



## Basil Pesto Mashed Potatoes

1/2 cup milk  
2 tablespoons butter  
Add potatoes to a large pot and cover with water. Add 1 teaspoon salt and bring to a boil for 15 minutes, or until potatoes are tender.

In a food processor, place basil, garlic, pine nuts and Parmesan. Add oil and pulse until mixed then season with salt and pepper, to taste.

In a small saucepot over low heat, heat milk and butter until butter is melted and milk is steaming.

Once potatoes are cooked, strain and transfer to a medium mixing bowl.

Using a potato masher, smash potatoes with milk and butter mixture then season with salt and pepper, to taste. Stir in pesto mixture.

Prep time: 5 minutes  
Cook time: 20 minutes  
Servings: 4  
1 1/2 pounds Little Potatoes water  
1 teaspoon salt, plus additional for seasoning, to taste, divided  
2 1/2 cups fresh basil  
4 cloves garlic  
1/3 cup pine nuts  
1/2 cup Parmesan, grated  
2/3 cup olive oil  
pepper, to taste

## Vietnamese Caramelized Beef Bowls

Prep time: 20 minutes  
Cook time: 30 minutes  
1 package (8 ounces) rice vermicelli noodles  
Beef:  
2 cloves garlic, grated  
1 thumb ginger, peeled and grated  
2 tablespoons fish sauce  
4 teaspoons light brown sugar  
1 tablespoon lemongrass paste  
1 tablespoon fresh lime juice  
1 pound Niman Ranch ground beef  
1 tablespoon vegetable oil  
Dressing:  
4 tablespoons soy sauce  
4 tablespoons fresh lime juice  
2 tablespoons lemongrass paste

2 tablespoons light brown sugar  
2 teaspoons sriracha or hot sauce (optional)

2 tablespoons vegetable oil  
Salad:

8 ounces butter lettuce leaves  
8 ounces carrots, peeled and sliced into matchsticks

1 English cucumber, halved lengthwise and thinly crosswise into half-moons

1 bunch fresh mint  
1 bunch cilantro  
chopped roasted and unsalted peanuts

1 lime, cut into wedges  
Cook vermicelli noodles according to package directions. Set aside.

To prepare beef: In medium bowl, whisk garlic, ginger, fish sauce, brown sugar, lemongrass paste and lime juice until blended. Add beef and mix until well blended. Marinate 15 minutes.

In large skillet over medium-high heat, heat vegetable oil. Add beef and cook, breaking up using wooden spoon and stirring occasionally, until beef is dark and caramelized, 10-12 minutes.

To make dressing: In small bowl, combine soy sauce, lime juice, lemongrass paste, brown sugar and sriracha, if desired. Whisk until sugar dissolves. Slowly stream in vegetable oil, whisking, until dressing is thickened.

To prepare salads: Divide noodles between four shallow bowls. Arrange caramelized beef, lettuce, carrots, cucumber, mint and cilantro in bowls then drizzle with dressing and sprinkle with peanuts. Serve with lime wedges for squeezing on top.

# Building a strong Canada means not leaving people behind

By Krista Carr, CEO of Inclusion Canada

As many people in Canada gathered around their tables this past Easter weekend, sharing warm meals with family and friends, a quieter, far less comfortable reality was unfolding behind closed doors across the country. For many people with disabilities, the holiday was not defined by abundance, but by impossible choices — between paying rent or buying groceries, between keeping the lights on or filling a prescription.

The rising cost of living in Canada has become a dominant national concern, but its impact is not felt equally. Inflation has driven up the price of basic necessities — food, housing, electricity and medication — at a pace that far outstrips income supports for the most vulnerable. Among those hit hardest are people with disabilities, many of whom rely on fixed or limited incomes that have not kept up with this rapid escalation in costs.

About 27 per cent of people in Canada live with a disability, and they are more than twice as likely to live in poverty as those without disabilities.

In this context, the Canada Disability Benefit (CDB) was introduced with the promise of reducing poverty and improving financial security for individuals. Yet in its current form, the benefit amounts to roughly \$6.66 per day — a figure that is not only inadequate but, frankly, disconnected from the lived reality of those it is meant to support.

While any additional income is welcome, six dollars and sixty-six cents a day does not buy dignity. It does not cover a meal, let alone contribute meaningfully to rent, utilities or essential medical expenses. In cities and rural communities alike, housing costs alone can consume the majority of a person's income. Add to that the rising price of groceries — where even basic staples have become noticeably more expensive — and the financial strain becomes overwhelming.

For individuals with disabilities, these pressures are often compounded by additional costs others may not face: specialized diets, mobility aids, transportation and other disability-related supports. Medication, in particular, can be a sig-

nificant and unavoidable expense. Yet for many, it becomes one of the first things sacrificed when budgets no longer stretch far enough.

This is the cruel arithmetic of poverty: when resources are scarce, survival takes precedence over health. Skipping medication, delaying treatment or rationing doses becomes a coping mechanism — one that carries serious, long-term consequences. People with disabilities are already navigating food, housing and economic insecurity while also facing systemic barriers to employment and social isolation.

Many people with disabilities are unable to access even the \$6.66 per day because of administrative barriers. Applicants must first qualify for the Disability Tax Credit, which typically requires access to a family doctor willing to complete the forms — often at a cost. To qualify for the CDB, individuals are also assessed not only on their own income, but on the income of those they live with. Put simply, the benefit remains too small, too restrictive and too difficult to access for many who need it most.

As a minimum starting point, the Canada Disability Benefit should be \$1,393 per month, in line with the Guaranteed Income Supplement for seniors, and adjusted to reflect the true cost of living with a disability. It should then be increased over time as the gap between income and the cost of living continues to widen.

If Canada is serious about reducing poverty and promoting inclusion, the approach must be bolder and more responsive to actual needs. This means aligning disability income supports with the true cost of living, ensuring individuals can afford not just to survive, but to live with dignity. It also means recognizing that poverty is not just about income — it is about access, opportunity and the ability to participate fully in society.

No one should have to choose between rent and medication. No one should face hunger in a country of such abundance. And no one should be left behind by policies that fail to reflect the realities of everyday life.

If the federal government is serious about building a strong Canada, it must include people with disabilities in that vision.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk-area youth earn national spots at darts championships

By Annaliese Meier

A strong showing from local talent highlighted the return of youth competition in Manitoba darts, with several players from the Selkirk area earning the opportunity to compete on the national stage.

The Manitoba Darts Association relaunched its youth program this season, culminating in the provincial championships held March 8. A total of 15 young players took part in the event, marking a significant step forward in rebuilding youth darts across the province.

Among those competing were athletes with ties to the Selkirk darts community, several of whom finished on the podium and secured spots at the Canadian National Darts Championship in Saint-Hyacinthe, Que.

In the junior girls division, Cassidy Sidlar captured the provincial title, leading a strong field that also included runner-up Saedie Montminy, Addison Zebinski in third place and Parker Carmody-Vallières in fourth. All four qualified to represent Manitoba at nationals.

On the junior boys side, Finn Fletcher claimed the championship, fol-

lowed by Nkosa Antoine in second, Sebastian Fletcher in third and William Caoutte in fourth. Each will also compete at the national championships.

The results reflect growing momentum within the Selkirk darts scene, where youth participation has been steadily developing through local clubs and organizers.

The provincial event not only determined this year's representatives but also signaled a renewed commitment to fostering young players in the sport. Organizers noted the importance of continued growth and support to ensure long-term success for Manitoba darts.

With eight athletes now preparing to compete nationally, the Selkirk area will be well represented as these young competitors take their skills to a larger stage.

The Canadian National Darts Championship is expected to bring together top youth players from across the country, offering Manitoba's representatives a chance to test themselves against elite competition while continuing to build the sport at home.



RECORD PHOTO SUBMITTED

Winners of the Manitoba Darts Association youth provincial championships pose following the March 8 event. Pictured: Cassidy Sidlar, Saedie Montminy, Addison Zebinski, Parker Carmody-Vallières, Finn Fletcher, Nkosa Antoine, Sebastian Fletcher and William Caoutte. The eight players qualified to represent Manitoba at the Canadian National Darts Championship in Saint-Hyacinthe, Que.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Selkirk's Tomko triumphs in pro boxing return

By Kieran Reimer

You can't follow boxing in Selkirk without knowing the name Devin Tomko.

He has spent years training the next generation of local fighters out of Selkirk's Maulers Boxing Club, while also hosting the majority of fight cards held in town over the past two years.

But his success as a coach and organizer has come largely from his experience as a fighter.

The 33-year-old light heavyweight previously fought professionally for Canadian and minor world titles.

Following a loss in a 10-round title fight in 2024, the then-31-year-old Tomko traded in his gloves for hitting pads, focusing on training Selkirk's up-and-comers.

That was until early 2026, when he was coaching some of his protégés in Alberta and received an offer to return to the ring for a light heavyweight bout on a United Boxing Promotions card in Ottawa.

With a burning desire to avenge his 2024 loss, Tomko accepted the challenge of a short training camp to prepare for a return bout seven weeks later against longtime pro Abraham "Cholo" Gomez of Guadalajara, Mexico.

When fight day arrived last Saturday, Tomko and his coaching staff entered the ring at Hard Rock Hotel & Casino Ottawa knowing there would be fireworks.

The fight lived up to expectations, featuring six rounds of bone-jarring head and body shots.

After the dust settled, Selkirk's own had his hand raised as he was named the winner by unanimous decision.

"It's the greatest feeling in the world. I love doing what I do, so I had to obviously shake out some rust and whatnot, but just being back in there felt great," said Tomko.

He, along with his ringside crew of Dylan Martin, Rega Jihad and Sascha Hijazi, took a moment to soak in the crowd's cheers following the decision — many of whom had seen Tomko fight in Ottawa in his 20s.

"I forgot how many supporters I still had in Ottawa, so it was nice when I walked out, got to hear the crowd cheering for me and everything. It was nice motivation for sure," said Tomko.

He said he escaped the fight with next to no bumps and bruises, aside from some hand soreness.

While he could consider returning to retirement, he feels Saturday's victory



RECORD PHOTOS BY DEREK MELLON

Devin Tomko of Selkirk earned a unanimous decision victory in his return to professional boxing at the Hard Rock Hotel & Casino Ottawa last Saturday.

may instead mark the beginning of a second boxing career.

"It really all depends. I know the promoter wants me back in October out in Ottawa again, so I'm going to kind of keep my options open, get back into the gym and keep working, and let the story unfold," said Tomko.

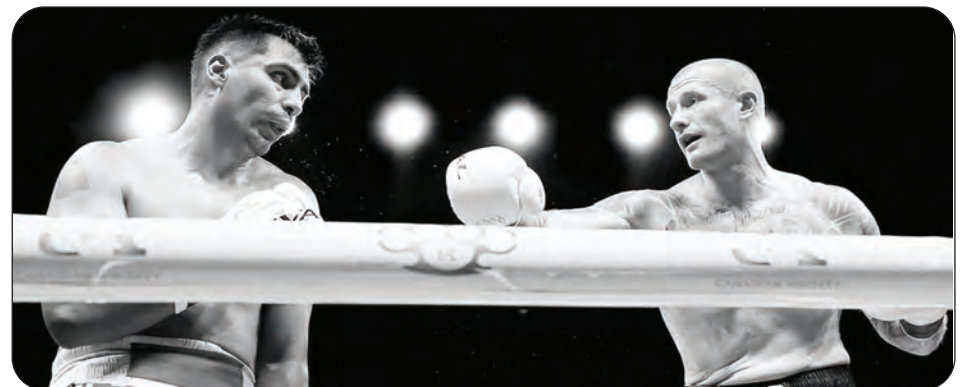
He will also continue coaching, where one of his students, 17-year-old

Damir Kudusov, recently won gold at the 2026 Boxing Canada Youth Open Nationals.

Tomko is also planning Maulers' Fight Night V, which will feature Team Canada versus Team El Salvador in an international showdown on Saturday, July 4 at the Selkirk Recreation Complex.



Thirty-three-year-old Devin Tomko formerly fought professionally for Canadian and minor world titles before his two-year retirement period started in 2024.



Thirty-three-year-old Devin Tomko formerly fought professionally for Canadian and minor world titles before his two-year retirement period started in 2024.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake-led Nighthawks reach finals after dominant semifinal performance

By Kieran Reimer

A trio of Interlake locals will play for the Turnbull Cup this week.

Hayden Wheddon (Stonewall), Adam Vigfusson (Gimli) and Dawson Zeller (St. Andrews) have punched their ticket to the Manitoba Junior Hockey League championship after their Niverville Nighthawks defeated the Waywayseecappo Wolverines in the MJHL semifinals last week.

The top-ranked Nighthawks capped the best-of-seven series with a dominant 7-0 victory at Niverville CRRC in last Friday's Game 5 and will now play for the franchise's first title.

On the Wolverines side, the 2025-26 season comes to an end for their trio of locals: Noah Oughton (St. Laurent), Blake Farthing (Stonewall) and Ryder Kirk (Stonewall), who helped Wayway reach its first-ever semifinal this season.

The two sides entered last week with the series tied at one win apiece before Niverville rattled off three consecutive victories to complete a gentleman's sweep.

They opened with a 4-2 win in Monday's Game 3 in front of 900 fans at Niverville CRRC.

Wayway's Max Collyer and Ben Roulette gave the Wolverines an early 2-0 lead, which was cut to one when Vigfusson scored his sixth of the play-offs late in the opening frame.

Another 20 minutes passed before Vigfusson struck again, scoring his second of the game at 16:36 of the second period to tie it 2-2.

Niverville's Evan Panzer scored the eventual winner at 11:03 of the third before Zeller added an empty-net

goal in the dying seconds to secure a 2-1 series lead.

Austin Dubinsky made 21 saves for Niverville, while Wayway's Jase Wareham stopped 24 shots.

The series then shifted to the Waywayseecappo Arena Complex for a pivotal Game 4 on Wednesday, where Niverville took a commanding 3-1 series lead behind a 24-save shutout from Dubinsky.

His strong play lifted the Nighthawks to a 3-0 victory in front of 708 fans.

Merik Boles opened the scoring midway through the second period before Marlen Edwards added an insurance marker, assisted by Vigfusson and Wheddon, to make it 2-0 at 7:18 of the third.

Vigfusson later added his eighth of the postseason with an empty-net goal amid Wayway's last-ditch efforts.

Niverville held a 28-24 edge in shots, while Wareham made 25 saves in the Wayway crease.

The win gave Niverville momentum heading home for Friday's Game 5, where it closed out the series with a 7-0 win in front of 1,025 fans at Niverville CRRC.

Calyb Moore scored just 26 seconds into the game, sparking the dominant performance.

Edwards and Boles added two more before the end of the first period, followed by three goals in the second — including Moore's second, along with tallies from Zeller and Kole Mears.

Vigfusson extended his goal streak to three games with the final goal late in the third.

combined for 26 saves for Wayway.

Niverville will now play for its first championship, with the winner advancing to the 2026 Centennial Cup.

This year's tournament will be hosted by the Maritime Junior Hockey League's Summerside Western Capitals from May 7-17, featuring the host team along with nine other champi-

ons from across the Canadian Junior Hockey League.

Niverville will face the winner of the Steinbach Pistons and Virten Oil Capitals in a best-of-seven final for a berth.

Virten currently leads Steinbach 3-2 in their semifinal series.



Dawson Zeller

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The Selkirk Record

In net, Dubinsky recorded his second consecutive shutout with 18 saves, while Wareham and Mariko Bercier

To see more photos of your favourite Interlake Athletes

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Lord Selkirk gains experience at WSHL tournament

By Annaliese Meier

The Lord Selkirk Royals rookie team faced a challenging slate of competition at the WSHL 2026 Rookie Tournament, gaining valuable experience against some of the province's top programs.

The Royals went 0-3 in Pool 1,

but were competitive in stretches throughout the round robin.

Lord Selkirk opened the tournament with a close 3-2 loss to the Stonewall Rams, showing early they could keep pace in a tightly contested matchup.

They followed with a 6-2 loss to the Steinbach Regional Sabres before

wrapping up pool play with a 3-1 defeat against St. John's-Ravenscourt.

Despite the results, the tournament provided an important opportunity for the young Royals roster to adjust to the pace and structure of high school hockey while competing against experienced programs.

Lord Selkirk continued into the crossover round, where they faced the Churchill Bulldogs but were defeated 5-0.

While the scoreboard didn't tilt in their favour, the Royals gained valuable ice time and experience that will help build the foundation for future success within the program.



RECORD PHOTOS BY BRETT MITHCHELL

Selkirk Royals forward Kage Carver looks to take a shot on goal while being pressured by a Sanford Sabres defender during WSHL rookie tournament action.



Selkirk Royals' Jace Guevarra (right) battles through traffic as two Sanford Sabres defenders attempt to tie him up

## Einarson and team Shield claim inaugural Rock League title

By Haley Cvar

Camp Morton's Kerri Einarson is part of a championship team after Shield Curling Club captured the inaugural Rock League title with a 2-1 victory over Typhoon Curling Club on Sunday.

The title came at the conclusion of the league's inaugural season, held April 6-12 at Toronto's Mattamy Athletic Centre.

Shield secured the historic win by taking two of the three matchups required under the league's format, which combines men's, women's and mixed doubles play.

The men's team led the way with an 8-7 win, while the women's side, featuring Einarson — dropped a 7-5 loss.

The championship came down to the mixed doubles game, which was decided in a shootout. Typhoon's rock slid to the back of the four-foot, leaving an opening for Benoit Schwarzvan Berkel, who drew to the button to seal the 8-7 victory and the first title in league history.

The team earned \$100,000 US for the victory.

Shield's roster featured Brad Jacobs, Benoit Schwarzvan Berkel, Jacob Horgan, Dan Marsh, Mattia Giovanella and Amos Mosaner, Tracy Fleury, Agnes Knochenhauer, Carole Howald, Marlee Powers and Einarson.



RECORD PHOTO SUBMITTED

Kerri Einarson celebrates with her Shield Curling Club teammates after capturing the inaugural Rock League title with a 2-1 victory over Typhoon Curling Club in Toronto.

# Classifieds



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## METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

## CAMPERS/TRAILERS FOR SALE

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## SCRAP METAL

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## LIVESTOCK



SPRUCE RIDGE STOCK Farms at Ashern has a good selection of 2 yr old and yearling Angus bulls on offer. These are big growthy bulls developed on TMR silage based ration in 15 acre runs to ensure longevity. Perfect feet, strong joints, moderate birth, combined with top of the breed growth. These are hard muscled bulls sired by some of the top A. I. bulls in Canada. Semen tested, delivered when needed, guaranteed. Call Ross and Helen Jerney and Family, 204-768-0333

**News Tips? Story Ideas?**  
call the Record  
204-785-1618

## FEED AND SEED

FORAGE SEED FOR SALE: Organic & conventional: Sweet Clover, Alfalfa, Red Clover, Smooth Brome, Meadow Brome, Crested Wheatgrass, Timothy, etc. Free Delivery! Birch Rose Acres Ltd. 306-921-9942.

## CONSTRUCTION

Decks, exterior, stairs repair. Replace ramps. Keith 204-785-3740.

## LAND FOR SALE

160 ACRES AGRICULTURAL FARMLAND FOR SALE. One whole quarter section of prime land with good yields, drainage, no trees, no stones. Located in R.M. of St. Andrews, Mb. Section NW23 14 3E between Oak Hammock Marsh and Hwy 8. Serious inquiries only! Ph: 204-482-7351 leave message.

## APARTMENT FOR RENT

Tollak 2 is a 55 plus bldg. with river view 2 bedroom apts. available. Central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

Farview Place in Teulon has 1 & 2 bedroom suites available for \$921 to \$1088 per month. Includes hydro, water, Valley Fiber TV/Phone/Internet. This 55+ Seniors independent living cooperative housing building is 5 storeys and has an elevator, paid outdoor parking, 4 laundry rooms, exercise room, lounge for family gatherings and events, fridge & stove in each suite. Local amenities include grocery store, post office, Shoppers Drug Mart, Access Credit Union, medical clinic, several restaurants & small shops. Please contact Andrea at 204-886-2760 or farviewplace1989@gmail.com for more information.

## BOOKKEEPING

Year-end, quarterly, monthly. \$72.50 per month. profitrecoverycentre.com 204-330-1910.

## MISCELLANEOUS

April 25 & April 26, 2026, DUGALD GUN & COLLECTIBLE SHOW AT SPRINGFIELD CURLING CLUB. FROM WINNIPEG, 10 MILES EAST ON DUGALD RD, OR 5 MILES NORTH OF HWY #1 ON HWY #206. BUY-SELL-TRADE. OPEN SATURDAY 10 A.M. - 5 P.M., SUNDAY 10 A.M. - 4 P.M. FOR INFO PHONE SHERYL 2 0 4 - 2 5 0 - 8 7 6 6 OR CORNELIUS 204-242-2320.

## COINS

Call now for your cash! Your Interlake coin collector - buying old coins & paper money. Phone David 204-798-3045.

## WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Also offering gunsmithing services. Call or text 204-297-9223.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Senior (55+) male Slo-pitch players to play once or twice a week during the day. Call or Text Derrick 204-485-0130.



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CENTENNIAL TRANSPORT & LEASING LTD.

The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication  
Please Call 204-785-1618

## EMPLOYMENT OPPORTUNITY

**Now Hiring: Full-Time Bakery Team Member Teulon Bigway**

Teulon Bigway is seeking a reliable and organized individual to join our bakery team in a full-time role. This position is ideal for someone who enjoys working in a fast-paced, early-morning environment and takes pride in keeping operations running smoothly.

### Key Responsibilities:

- Assist with bakery production and daily operations
- Organizing workspace and maintaining cleanliness standards
- Supply ordering and inventory management
- Supporting a positive and efficient team environment

### Qualifications:

- Strong organizational skills and attention to detail
- Reliable, punctual, and able to work early mornings
- Team-oriented with good communication skills
- Previous bakery or retail experience is an asset, but willing to train the right candidate

If you're passionate about baking and enjoy both hands-on work and keeping things organized behind the scenes, we'd love to hear from you.

**Apply by email:** [TeulonBigWay@hotmail.com](mailto:TeulonBigWay@hotmail.com)  
**Subject line:** Bakery Position



## CITY OF Selkirk NOTICE OF PUBLIC HEARING

### DEVELOPMENT PLAN BY-LAW

The City of Selkirk, under the authority of the Planning Act, will hold a public hearing to receive representation from any persons in respect to **By-law No. 5399** being a by-law to adopt an updated Development Plan. Any person wishing to make a representation to Council can do so during the public hearing.

### APPLICATION DETAILS

#### Proposal Intent:

As required under Manitoba's Planning Act, the City is updating its Development Plan.

A Development Plan is a high-level policy document that outlines the City's general approach to land use and development. It is required by the Province and must align with provincial land use policies.

By-law No. 5399 proposes to adopt an updated Development Plan that is tailored to Selkirk, aligns with existing strategies, provides clear and consistent direction for managing development, and reflects long-term priorities shaped by our own citizens.

A copy of the above proposal and supporting material may be inspected and copied by any person from 10:00 AM to 4:00 PM, Monday to Friday, at 200 Eaton Avenue, Selkirk, MB.

### PUBLIC HEARING DETAILS

**Date & Time:** 6:00 PM, April 27, 2026

**Location:** 376 Jemima Street (Memorial Hall)

We ask that anyone wishing to submit advance written statements to do so prior to 2:00 PM on Friday, April 24, 2026. Materials can be sent by email to [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com) or by regular mail.

### INFO ON CONTACTING US

[CitizenSupport@CityofSelkirk.com](mailto:CitizenSupport@CityofSelkirk.com)

204-785-4900

[MySelkirk.ca/PublicHearing](http://MySelkirk.ca/PublicHearing)

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**Call 204-785-1618**

# Classifieds



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## EMPLOYMENT OPPORTUNITY GENERAL LABOURER

*Charisons Turkey Hatchery is currently hiring for general labourer type positions.*

- Full time and part-time positions available with competitive compensation and benefits package which includes health and dental coverage.
- Training will be provided for the ideal candidate.

Please submit resume to [shaunne@charisons.ca](mailto:shaunne@charisons.ca) or call 204-886-2922 for further information.

### NOTICES

**URGENT PRESS RELEASES** - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA (204) 947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

**SPRING INTO SUCCESS!** Let us help you book your blanket classified ads, Response Builder Ads or Power Builder Ads across Manitoba, to increase your marketing presence. Let people know about your business, item for sale or event, by placing an ad with us! Your ad will be seen in the MCNA Member Newspapers, in over 368,000+ homes in Manitoba. Please call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. Take advantage of our great pricing! MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewood elkbranch@gmail.com](mailto:stonewood elkbranch@gmail.com)

[www.meyersauctions.com](http://www.meyersauctions.com)

### Meysers - Gun Auction April 23 & 24 2026

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### RURAL MUNICIPALITY OF ST. CLEMENTS

## PRE-BUDGET CONSULTATION

### OPEN HOUSE

The Council of the Rural Municipality of St. Clements has scheduled a Pre-Budget Consultation Open House at the Municipal Office Council Chambers to allow informal conversation with members of Council and staff about the 2026 fiscal year and current projects.

Location: RM of St. Clements Municipal Office,  
1043 Kittson Road, East Selkirk

Date: Monday, April 27, 2026

Time: 7:00 pm

Any person who has questions, needs clarification or requires further information, either prior to or following the open house, is encouraged to contact the:

Chief Administrative Officer  
Deepak Joshi, by phone at  
204-482-3300 or by email at  
[cao@rmofstclements.com](mailto:cao@rmofstclements.com)



## PUBLIC HEARING NOTICE

### 2026 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of the Municipal Act that the Council of the Rural Municipality of Alexander intends to present its Financial Plan for the fiscal year 2026 at a public hearing in the Council Chambers of the RM of Alexander on Tuesday, April 28, 2026 at 2:00 p.m. Council will hear any interested person who wishes to make a representation, ask questions or register an objection to the Financial Plan as provided.

A copy of the Financial Plan is available for review and may be examined by any person during the regular office hours of 8:30 am - 4:30 pm at the municipal office located at 1 Bouvier Trail, St. Georges, Manitoba. A copy will also be available for review on the municipal website.

Dated this 11th day of March 2026.

Gisele Smith  
Chief Administrative Officer

### RURAL MUNICIPALITY OF ST. CLEMENTS

## PUBLIC NOTICE

### REGARDING THE INTENTION TO GIVE THIRD READING TO A BY-LAW TO AMEND THE EXISTING WARD BOUNDARIES

PUBLIC NOTICE is hereby given pursuant to subsection 87(4) of The Municipal Act that the Council of the Rural Municipality of St. Clements intends to give third reading to a by-law to amend the existing ward boundaries for the purpose of holding a municipal election.

The third reading of the by-law is scheduled to be given at the next regular meeting of Council to be held in the Council Chambers of the Rural Municipality of St. Clements, on Tuesday, April 28, 2026, at 6:00 P.M.

Copies of the by-law to amend the existing ward boundaries for the purpose of holding a municipal election are available for review and may be examined by any person during the regular office hours (Monday - Friday 8:30 A.M. - 4:30 P.M.) of the municipal office located at 1043 Kittson Road, East Selkirk, MB.

Deepak Joshi  
Chief Administrative Officer  
Rural Municipality of St. Clements  
Ph: 204-482-3300  
Email: [info@rmofstclements.com](mailto:info@rmofstclements.com)



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**Call 204-389-2023 to apply or  
[info@eddiessgravel.com](mailto:info@eddiessgravel.com)**

### NOTICE TO CREDITORS

IN THE MATTER OF the Estate OF **ALLAN MITCHELL SOMACK (also known as Allen Mitchell Somack)**, of the City of Selkirk, in the Province of Manitoba, Deceased.

ALL CLAIMS against the above estate, duly verified by Statutory Declaration, must be filed at the office of the undersigned, 206 St. Mary's Road, Winnipeg, Manitoba R2H 1J3, on or before May 26, 2026, after which date, the estate will be distributed having regard only to claims of which the Executor then has notice.

DATED at the City of Winnipeg, in the Province of Manitoba, this 7th day of April, 2026.

**TACIUM VINCENT & ASSOCIATES**  
Per: A BLAIR ARMSTRONG  
Solicitors for the Executor

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## EMPLOYMENT OPPORTUNITIES at Super Thrifty Pharmacy - Selkirk PHARMACY ASSISTANTS

### 2 FULL TIME POSITIONS AVAILABLE

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Data entry, inventory maintenance, customer services and all aspects of prescription filling (under a pharmacist's supervision). Previous experience an asset but will train suitable candidates

### NO EVENINGS, SUNDAYS OR HOLIDAYS

Please forward resume in confidence to:  
Darwin Chesley, Super Thrifty Pharmacy  
362 Eveline St., Selkirk, MB R1A 1N3

Call Darwin: 204-482-4469  
or email:  
[darwin.chesley@superthrifty.com](mailto:darwin.chesley@superthrifty.com)



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Story Ideas?  
call the Record  
204-785-1618**

*Do you have a unique service you would like to advertise?  
Get the word out with an ad in the Record!*

## SELKIRK WEED CONTROL DISTRICT PUBLIC NOTICE

Public Notice is hereby given that the Selkirk Weed Control District, which includes the City of Selkirk, Town of Winnipeg Beach, R.M. of St. Andrews, and R.M. of St. Clements, intends to conduct the following pesticide control programs during 2026 as necessary, subject to provincial and federal pesticide and weed control laws.

1. To control noxious weeds and unwanted vegetation where necessary on municipal/town/city/crown property including parking lots, landfills, public works yards, ROWs, ditches, boulevards, parks, trails, cemeteries, and other public property using one or more of the following: 2,4-D Amine, glyphosate, Finalsan Pro, Mungers, Milestone, Navius Flex, Trillion, Civitas WEEDfree, Clearview, Detail, Esplanade, Garlon and/or Aspect.
2. To control aquatic vegetation/algae in and around retention ponds, drains, and lagoons using Reward or Habitat Aqua.

The following adjuvants may be added to improve pesticide effectiveness: Gateway, Hasten, ammonium sulphate, or LI700.

The projected dates of application will be from May 11 to October 15, 2026. Requests for property buffers must be registered annually. The public may send written submissions within 15 days of this publication of this notice to:

**Environment and Climate Change  
Environmental Approvals Branch  
Box 35, 14 Fultz Boulevard  
Winnipeg, MB R3Y 0L6  
[pesticideusepermit@gov.mb.ca](mailto:pesticideusepermit@gov.mb.ca)**



## RM OF WEST ST. PAUL PUBLIC NOTICE

### Additions to the Voters List and/or Personal Security Protection Requests

In accordance with Section 36 of *The Municipal Councils and School Boards Elections Act* (MCSBEA), the RM of West St. Paul Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the RM of West St. Paul can have his or her name added to the Voters List or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Municipal Office, in person, by email, fax or mail to:

RM of West St. Paul  
3550 Main Street  
West St. Paul, MB R4A 5A3  
Phone: 204-338-0306  
Fax: 204-334-9362  
E-mail: [admin@weststpaul.com](mailto:admin@weststpaul.com)

The next General Election takes place on October 28, 2026.

Questions? Call 204-338-0306

## RURAL MUNICIPALITY OF ST. CLEMENTS

### NOTICE OF REGISTRATION

#### OF PROSPECTIVE CANDIDATE FOR GENERAL MUNICIPAL ELECTION

Please be advised that a general municipal election will be held on October 28, 2026.

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

**NOTICE IS HEREBY GIVEN** that candidate registrations will be received:

For the office of head of council:  
**Between May 1 and September 22, 2026**

For the office of councillor:  
**Between June 30 and September 22, 2026**

at the R.M. of St. Clements Office, 1043 Kittson Rd, East Selkirk during the regular hours of business.

To obtain a registration form contact the SEO at [sue@rmofstclements.com](mailto:sue@rmofstclements.com) or call the municipal office at 204-482-3300

Dated at 1043 Kittson Rd, East Selkirk, Manitoba on April 12, 2026.

Sue Sutherland  
Senior Election Official (S.E.O.)

1043 Kittson Road  
Box 2 Group 35 RR1  
East Selkirk, Manitoba R0E 0M0  
Telephone: Selkirk 204-785-4155  
Winnipeg: 204-474-2642  
Toll Free: 1-888-797-8725  
Fax: 1-204-482-3098  
Email: [info@rmofstclements.com](mailto:info@rmofstclements.com)  
[www.rmofstclements.com](http://www.rmofstclements.com)



## RURAL MUNICIPALITY OF ST. CLEMENTS

### PUBLIC HEARING NOTICE

#### REGARDING THE 2026 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to Subsection 162(2) of *The Municipal Act*; that the Council of the Rural Municipality of St. Clements intends to present its Financial Plan for the fiscal year 2026 at a Public Hearing in the Council Chambers of the R.M. of St. Clements on **Tuesday May 5th, 2026 at 7:00 p.m.**

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the Financial Plan as provided.

**The public hearing will be live streamed with interactive chat. A link to the hearing will be made available on our website.**

If you wish to do one of the above, please submit in writing prior to 4:00 p.m. on Friday, May 1st, 2026. Your written submissions can either be emailed to [info@rmofstclements.com](mailto:info@rmofstclements.com), dropped off at our office or mailed to our office if time permits.

Any person who has questions, needs clarification or requires further information, either prior to or following the hearing, is encouraged to contact Shannon Plischke, Finance Officer at 204-482-3300.

Copies of the 2026 Financial Plan will be available for review after April 24, 2026 at the Municipal Office located at 1043 Kittson Road, East Selkirk or on our website at [www.rmofstclements.com](http://www.rmofstclements.com)

Dated this 1st day of April, 2026  
Deepak Joshi  
Chief Administrative Officer



## The Rural Municipality of East St Paul Proposed 2026 Pesticide Program

Public notice is hereby given that the Rural Municipality of East St Paul intends to conduct the following Pesticide Control Programs during 2026:

1. To control noxious weeds on road allowances, boulevards, parks and green spaces within the Municipality. The projected dates of application will be from May 1, 2026, to October 15, 2026.

The pesticides to be used include:

- Mecoprop-p
- Dicamba
- Glyphosate
- Trillion
- Banvel VM
- Octylphenoxypolyethoxyethanol
- 2, 4-D
- Milestone
- Navius Flex

2. To control the following insect pests including mosquitoes, cankerworms, forest tent caterpillars and elm bark beetles. The projected dates of application are May 1, 2026, to October 15, 2026.

The insecticide to be used will include:

- Foray® 48B (Bacillus thuringiensis var. kurstaki - Btk).
- Pyrate® 480EC (chlorpyrifos)
- Vectobac® (Bacillus thuringiensis var. israelensis - Bti)
- DeltaGard® (deltamethrin)

Any person may, within 15 days after this notice is published, send a written submission to Manitoba Conservation and Climate regarding the control program or register with the Department their written objection to the use of pesticide next to their property to:

**Manitoba Environment and Climate Change  
Environmental Approvals Branch  
Box 35, 14 Fultz Boulevard, Winnipeg MB R3Y 0L6**



## Pesticide Application Program PUBLIC NOTICE is hereby given that Grand Pines Golf Course

intends to conduct the following Pesticide Control Program during 2026 from May 20th to November 1st.

1. To control weeds, the Herbicides used will include: Round-Up, Par III and Trillium.
2. To control insects and rodents, This will include: Merit, Scorpio, Dragnet, Ramik Green and Mamba.
3. To control fundiseases of turf, Fungicides will include: Pendant, Mirage, Secure, Signature, Zerotel, Dedicate, Polaro A, Instrata Fusion and Appear II.

The public can send written submissions or objections within 15 days of this publication of the notice to the department below.

Environmental Approvals Branch  
Manitoba Environment and Climate  
Bx 35, 14 Fultz Boulevard  
Winnipeg, Manitoba, R3Y 0L6  
Email: [pesticideusepermit@gov.mb.ca](mailto:pesticideusepermit@gov.mb.ca)

**ANNOUNCEMENT**

**100TH BIRTHDAY**



**Jessie Sparks**

Jessie Sparks (Gramma Jessie) was born April 15, 1926 in Bathgate, Scotland and is celebrating her 100th birthday at home in Selkirk - still baking, playing Scrabble on her iPad, and justifying how much curling she watches by knitting at the same time.

She is a blessing to her friends, family and church community.

We love you Mum, Gramma and Great-Gramma!  
Happy 100th Birthday!

**ANNOUNCEMENT**

**IN MEMORIAM**



**Bobbi Brown**

November 1st, 1999 - April 18th, 2023

There are special people in our lives that never leave us even after they are gone.

-Missed by

Mom, Dad and siblings

**ANNOUNCEMENT**

**IN MEMORIAM**



**Gertrude Samborski**

February 28, 1934 - April 14, 2021

You've been gone 5 years.

You are Never Forgotten

Always Remembered.

-With love,  
your family

**ANNOUNCEMENT**

**IN MEMORIAM**



**Christina Bowman**

December 6, 1931 - April 11, 2024

This is for you Mom

Mom, we loved you yesterday,

We love you tomorrow and every day.

You were there for us the first day of school,

to hold our hand and give us courage to go.

You listened to us when we needed to talk,

you talked to us when we needed to listen.

You let us grow and learn from our mistakes.

You never left our side when we were feeling

down.

We knew you'd be there to pick us up.

We wish there was a way we could repay all

the things you have done for us, but there's

nothing great enough to repay the greatest

mother of all.

We love and miss you so much Mom.

-Your family

**Don't Forget Your Loved Ones**  
WITH AN ANNOUNCEMENT IN THE

**Call 785-1618** or  
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# Announcements

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**OBITUARY**



**The Reverend Dr. Kathryn Virginia (Ginny) Coleman**  
October 10, 1949 - April 3, 2026

Ginny passed away peacefully in the palliative care unit at Gimli Hospital on Friday, April 3rd, 2026 at the age of 76. In her 51 years of service, Ginny engaged in various types of ministry within the United Church. She began with pastoral ministry in Orillia and Midland, Ontario and then moved to Hamilton where she joined the General Council Office. She served as General Secretary of the General Council from 1994 to 2002 before heading west to assume the role of Executive Secretary of the former Conference of Manitoba & Northwestern Ontario. In 2005, Ginny returned to pastoral ministry with the people of Little Britain United Church; and after official retirement in 2012, to ministry with people at Cloverdale United Church; Clandeboye - Winnipeg Beach Pastoral Charge and Grey Street United Church in Winnipeg.

Ginny loved to travel and had many amazing stories of the people she met while exploring places like Africa, South America, Europe and Fiji. She had a sharp sense of humour and her boisterous laugh will resonate in the memories of her friends and colleagues. She loved to sing and has been a member of numerous choirs through the years. No tribute to Ginny would be complete without mentioning Camp Miniwanca on the shores of Lake Michigan where she attended as a teenager. Since then, a group of friends associated with the camp have been meeting regularly over the years, including this past summer.

Ginny is survived by her sister Barbara (and spouse Gary), her stepson Chris (and spouse Lisa) and her grandchildren Kye and Michelle.

She was predeceased by her parents and by her partner Suzanne Morris, in 2014.

As per Ginny's express wishes, there will be no formal funeral or Celebration of Life service.

Donations in Ginny's memory may be made to Breakthrough T1D (formerly Juvenile Diabetes Research Foundation Canada).

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Gimli in care of arrangements.



**OBITUARY**



**John Klatt (Brown)**

It is with deep sorrow we announce the tragic and sudden passing of John Walter Klatt (Brown) on Thursday, April 2, 2026 at the age 33 years old.

John is survived by his loving mom and dad, Joanne and Arnie Brown; siblings, Danielle and Matthew; nephews and niece Dallas, Elijah and Sapphire; nana Shirley Brown; uncles and aunts Kelly (Linda), Kerry (Norine) and Drew; cousins Bryant, Garth, Kendra, Sean, Reece and Tara. Also his Klatt family, Martin, Gabrielle, Georgia, Mae, Graham, gramma Gert, papa Duke, auntie Shannon (Perry), auntie Cara and the cousins.

John was predeceased by his big brother Myles Brown who he missed dearly. His opa and oma Henry and Joan Neufeld and his grampa Clyde Brown.

John was a kind and caring gentle man with a very big heart. He was very family orientated and was very attached to his nephews and niece who always had a special place in his heart.

John was born on February 15, 1993 and grew up in St. Andrews and always lived there or as an adult in Selkirk. He started working for the family construction business when he was 15. He devoted himself to growing the business and starting Selkirk Soil. When his health took a turn he stepped back, but his business was always his biggest accomplishment and his pride and joy. One of John's favorite events was the Selkirk Rodeo parade. Driving his mini bike handing out candy and representing Brown and Sons was something he prepped for every year.

John was always focused on helping. His family his friends, or even a random guy. Even when he struggled, he would still share what he had with others.

John battled addiction from a young age. He fought his demons daily and went for long periods winning. In the end it overtook him. God has decided to end his suffering here on earth and take him home to Heaven. He will be pain free now and is fishing with his opa and reunited with his big brother. He has left a huge hole in the hearts of his family and his close friends and his absence will be felt by many.

A Memorial Service will be held on Sunday, April 19, 2026 at 4:30 p.m. in the Gilbart Funeral Chapel, Selkirk, MB.

Donations can be made to [www.twotenrecovery.org](http://www.twotenrecovery.org)

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



# Announcements *The Selkirk Record*

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**OBITUARY**



**Timothy Raymond Smith**

Timothy Raymond Smith passed away peacefully on April 3<sup>rd</sup> 2026 in the loving arms of his beloved wife Jo-Anne.

Tim was born January 16, 1959 in Selkirk, MB to Garnet R. Smith and Sisper Lorraine Smith (nee Pruden).

Tim met Jo-Anne in 1989 and they were married in Selkirk October of 1991, when he became a loving step-father to her tv children. A year after they married, in The Pas, MB, they welcomed their daughter.

Tim was a labourer who worked a multitude of jobs from Diamor Drilling to Deck Hand on the freight boats of Lake Winnipeg, Sc Harvester, Rock Truck Driver, Chute Puller, and Lumber Mill. He retired in 2019 in Thompson, MB where he and Jo-Anne were living. Tim loved taking care of his yard, watching hockey and football, and playing with his grandchildren.

Tim was predeceased by his parents, Garnet and Sisper; his mother and father-in-law, Don and Anna Carnegie; and his sister Susan Peebles.

He is survived by his wife Jo-Anne; children Edith (Mathew) Cormier, Alex Kolisnyk, and Kendr Ann (Tyler) Matthies; his grandchildren Lilith and Timothy Cormier, Douglas Hay, Carson and Pa Kolisnyk, Jack Burnett, and Karma Matthies; sisters Linda Dunning (Ken Chuba), Anita (Walt McDonald, Valerie Pruden, and Rose Pruden); and in-laws, Helen (Bob) Henderson, Steve (Cath Carnegie, Wayne (Grace) Anderson and many nieces, nephews, cousins, extended family and friends too numerous to name.

In keeping with Tim's wishes, no formal service will be held. A Celebration of Life will be held on April 25<sup>th</sup> at 1:00 p.m. at the Thompson Legion in Thompson, MB and a Blue will be raised in his memory.

In lieu of flowers, donations to St. Boniface Cardiology (Heart) Sciences, 369 Tache Ave, C 1005, Winnipeg, MB R2H 2A6, or to a charity of one's choice would be appreciated.

Messages of condolences can be made online at [www.flynnmemorial.com](http://www.flynnmemorial.com)

Flynn Memorial Services is honoured to assist the family of Tim Smith.

Our heartfelt condolences and prayers are with you during this difficult time.



**OBITUARY**



**Kimberley Joyce McRae**

It is with profound sadness that we announce the passing of our beloved daughter, sister and aunt Kimberley Joyce McRae. She touched many hearts in her lifetime and also physically with her hugs! And if you were lucky enough you've received one or more from her.

Left to mourn her are her parents, Lawrence and Emily, sister Alana Kobak and husband John and her precious nephew and niece Brendan and Amber Poloway. She is also survived by many aunts, uncles, cousins and very dear friends.

Kim was predeceased by her grandparents Roy and Lena McRae, Mike and Minnie Romanica (Baba) with whom she shared a very close bond.

Kim in her younger years thoroughly enjoyed belonging to the Daerwood Sea Cadet Corps.

She began her career at Middlechurch Home of Winnipeg as a recreational facilitator, where she spent 35 years with her residents. She loved her job and adored her residents and they adored her as well.

Kim said "retirement" was the best job she ever had.

She spent much of her time with her family and friends. She really enjoyed the family dinners and the card games played after.

She will be forever missed, never forgotten and always, always in our hearts.

Kim was a very kind, considerate and gentle soul to everyone she met.

We would like to thank Sean Wiens, Selkirk Fire Department, the Selkirk RCMP, Paramedics and Gilbert Funeral Home for their kindness and compassion.

In keeping with her wishes, cremation has taken place and a gathering to celebrate Kim's life will be held on Tuesday, April 21, 2026 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk. The service will be livestreamed via a link on her obituary on Gilbert's website.

Spread love...give a hug.

In lieu of flowers, donate to Diabetes of Manitoba, or a charity of your choice.

Tributes: [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbert Funeral Home, Selkirk in care of arrangements.



**OBITUARY**



**Harold Lloyd Monkman**

June 17, 1941 - April 9, 2026

With family by his side, it is with heavy hearts we announce the passing of Harold, on April 9, 2026, at the age of 84 years.

He leaves behind his loving wife of 61 years, Isabel; daughter Maureen (Norma) of Hay River, NWT, son Larry (Niada) and his beautiful granddaughters Annalee and Carlyn of Hay River, NWT; brother Wayne (Judy); sisters Mona (Eoan), Joan, Elaine and Bonnie.

In keeping with Harold's wishes, cremation has taken place and no formal service will be held.

Friends and family are invited to visit Harold's memorial page at [www.interlakecremation.ca](http://www.interlakecremation.ca), where memories and condolences may be shared.

Arrangements entrusted to: 204.482.1040

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<p><b>1,236 SQ FT BI-LEVEL!</b></p> <p>905 Vaughan Ave Selkirk \$424,900</p>	<p><b>ZONED C2!</b></p> <p><b>OPEN HOUSE</b> SUN, APR 19<sup>TH</sup> 1-3PM!</p> <p>206 Dufferin Ave Selkirk \$189,900</p>	<p><b>TREED LOT!</b></p> <p>16 Greening Ave Libau \$49,900</p>	<p><b>BUILD IN PETERSFIELD</b></p> <p>201 Dunara Ave Petersfield \$79,900</p>	<p><b>DUNARA DELIGHT!</b></p> <p>403 Dunara Ave Petersfield \$289,900</p>	<p><b>78' X 197' LOT!</b></p> <p>128 Autumnwood Dr Gimli \$69,900</p>	<p><b>80' X 166' LOT!</b></p> <p>81 Harry Waytiuk Dr East Selkirk \$128,900</p>	<p><b>3 BED, 1 BATH BNG!</b></p> <p><b>SOLD!</b></p> <p>733 McLean Ave Selkirk \$289,900</p>

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<p><b>WHISKEY JACK</b></p> <ul style="list-style-type: none"> <li>• 1,735 sq ft</li> <li>• 3 bedrooms</li> <li>• 2.5 baths</li> </ul>	<p><b>GOLD FINCH</b></p> <ul style="list-style-type: none"> <li>• 1,420 sq ft</li> <li>• 3 bedrooms</li> <li>• 2 baths</li> </ul>	<p><b>CARDINAL</b></p> <ul style="list-style-type: none"> <li>• 1,711 sq ft</li> <li>• 4 bedrooms</li> <li>• 2.5 baths</li> </ul>	<p><b>BLUE HERON</b></p> <ul style="list-style-type: none"> <li>• 1,484 sq ft</li> <li>• 3 bedrooms</li> <li>• 2 baths</li> </ul>
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# FOREWARD TO SUMMER

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