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Fundraising to raise the roof

RECORD PHOTO BY KATELYN BOULANGER

St. Andrews on the Red is fundraising for a new roof for the church which is both a provincially and federally recognized historic site. Pictured: Muriel Pastetnik and Rev. Jim Kirkpatrick show how thin the current cedar shakes have become. Learn more about this project inside.

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St. Andrews on the Red Church fundraising for new roof

Historic site is in need of an upgrade and residents can help

By Katelyn Boulanger

Parishioners of the St. Andrews on the Red Church have gotten together a fundraising committee and are saving up to replace the building's roof. As the church is a historic site, the restoration requires that they use original materials, meaning this roof will need to be made of cedar shakes. Though they have not yet received any federal or provincial grants for the restoration, necessity has caused this project to have to be undertaken soon. In order to make it easier for the community to help out, they have opened a GoFundMe page from which to accept donations.

"In 2021 we had a big windstorm, it wasn't a tornado but we had twisted trees and a lot of shingles blew off," said Muriel Pastetnik, fundraising board member.

At that time, they started fundraising specifically for a new roof and since then the need to replace the roof this summer season has become necessary to preserve the historic structure.

"The church was consecrated officially by Bishop Anderson on December 19 of 1849," explained Randy Grandpre, chair of the fundraising committee.

In addition to the church fundraising for a new roof this year, they are going to be celebrating the church's 175th anniversary. St. Andrews on the Red is the oldest church in continuous use in Western Canada. They will be having a historical service from 1849 as one of their many events this year on October 20.

"A lot of people don't realize when

they see [the church], or they come here for things, they don't realize that we use the church every week. They think it's just for these special events but we're here every Sunday," said Fern Born, fundraising committee member.

The group believes that the success of the church over the years is down to the fact that they have a dedicated congregation and try to create a friendly and welcoming environment for all people.

Over the years, the group has worked to restore the church as it's needed it and their hard work has resulted in the church being named a National Historic Site of Canada in 1970. The province acknowledged the structure again in 1990 as a Manitoba Provincial Heritage Site.

Barbara Gessner, people's warden, explained that the original church was a wooden structure which was put up when Founder Rev. (later Archdeacon) William Cochran started the church in 1831. The church became too small for all of the parishioners and so the current larger structure was built.

The church itself is a testament to our area's history. It was made in the Gothic Revival style and is an example of what is known as a pre-Tractarian church design. The design of the ceiling, however, is in the shape of an inverted York Boat. Because of our area's marine heritage, many area residents would have been knowledgeable about boat construction and would have realized this was a strong

Continued on page 4

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RECORD PHOTOS BY KATELYN BOULANGER

Above: Fundraising committee members Randy Grandpre (chair), Muriel Pastetnik, Fern Born, Barbara Gessner (people's warden) and Rev. Jim Kirkpatrick in the church. Below: St. Andrews on the Red Church's shingles are quite thin but the church is still an impressive sight.



> FUND-RAISING THE ROOF, FROM PG. 3

design for the roof. In addition, the wood used came from what is now known as Bird's Hill and the stone for the church came from a quarry on the banks of the Red River a mile or two north of the church. Even the stained glass window above the altar was brought from England to the Red River Settlement through the United States and from Fort Garry to St. Andrews by Red River Cart. This nod to history and local culture has been carried on throughout the years. The pews, though not originals, were installed in 1885 and the kneelers are covered in buffalo hide which came from the Winnipeg Police Force's great coats which were donated to the church when the police officers no longer had buffalo coats as part of the official uniform in the 1960s.

The building and maintaining of the church has been a community effort even from the very beginning.

"They built it, basically, in stretches. They built, if I remember correctly, they did the foundation and they built basically up to the level the windows one year and then the next year they built a bit more and eventually they got it up high enough so they could put a roof on it but that took them four years," said Rev. Jim Kirkpatrick.

The most recent renovation that the church has undergone was the restoration of the bell tower. Like the restoration of the roof now, because of the historic site designations, restoration must be done with historic materials and in keeping with the original structure. For example, the original roof was a cedar shake roof and so the new roof must also be a cedar shake roof.

As for their current restoration, the fundraising committee members say that the last time that the roof was done was 40 years ago so it makes sense that it would be in need of repair at this point and that they plan to tackle it together as they did for the belltower restoration.

"We did fundraising then, as we are doing now," said Born.

The fundraising started with a letter-writing campaign to past parishioners and continues with many of their annual events.

Some upcoming events that residents can look forward to that are directly supporting the roof restoration are the High Tea that will be at the Selkirk Community Arts Centre (Gwen Fox Gallery) on May 25 from 1 to 3 p.m. and the yard sale, BBQ, and book sale that they are going to be hosting on June 15 from 9 a.m. to 3 p.m. They will also be hosting a free Canada Day open house on June 30 from 1 to 4 p.m. and July 1 from 10 a.m. to 4 p.m.

Born feels it's important that buildings like this one continue to exist in our communities.

"It's not just an Anglican church. It's not just our church. It's a part of the history of the area, and a heritage building, and I think draws a lot of tourists to the area," she said.

If residents would like to attend the church services they are more than welcome to stop by on Sunday mornings for their traditional Anglican service.

"We are a little bit more traditional but we're still very welcoming, very friendly. We have refreshments and stuff after church and we laugh and we smile and have a good time," said Kirkpatrick.

To donate to the GoFundMe campaign visit <http://gofund.me/8f5f6936> where you can also learn a bit more. There are also donation options at the church's website at <https://www.standrewsonthered.ca/donate/>. Additionally, their website is a great resource for learning more about the church's history in the area and has contact information that residents can pass along questions to.

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A great honour for the Lockport Community Development Group



RECORD PHOTOS BY BRETT MITCHELL

Richard Perchotte with members of the LCDG.

LCDG acknowledged by Perchotte at Legislative Assembly

By Katelyn Boulanger

The Lockport Community Development Group (LCDG) was honoured by local Selkirk MLA Richard Perchotte on the floor of the Legislative Assembly of Manitoba.

Perchotte specifically called attention to the group being a non-profit comprised of small business owners from Lockport who promote the area they love so much. He mentioned new initiatives that the group has taken on in the past few years including the Lockport Ice Fishing Village, their farmers markets, and their efforts connecting with the provincial government in hopes that a provincial park and camp group can come to the area.

Mike Faires, chair of the LCDG, said that it was amazing that the group

was able to be recognized on the Legislative floor.

"[Perchotte] wanted to recognize us, because he's aware of all the work that we've done, trying to bolster community engagement in the area, and also helping out our local businesses. So that was awesome," said Faires.

He said that having someone see the work that they do and recognize it brightened their spirits and was very special.

He said that though not every member of the group was able to be at the Leg that day everyone reacted positively when he was able to share the news with the group that the acknowledgement was going to hap-

Continued on page 6



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> LCDG AT LEGISLATURE, FROM PG. 5

pen.
 "Everybody was really excited to hear that news and to feel a sense of honour to be recognized like that," he said.

Faires explained that the LCDG was partially formed as a response to the difficulties that local businesses were experiencing during the construction on the St. Andrews Lock and Dam.

With COVID-19 restrictions taking place at the same time, travel to the area slowed.

"We wanted to do something to help the community remember that it is still a destination place even though there was an inconvenience of travel. We started with the Lockport First Farmers Market, which is now going to be called the Lockport Community

Market. And then, we did the ice fishing village on the river. That was a big thing for us to show off what Lockport is all about," he said.

Even though the group came together during a difficult time he said that he thought it would turn into more than just coming together short term. In the past, his parents, also local business owners, came together with others in the area to put on the Lockport Children's Winter Festival.

There is a rich history of community involvement initiatives coming from the area's business community.

"We had a good idea of what it would mean getting together, because a lot of people that are in business now here, do recall that. There's some good heritage here, so, we kind of knew that we'd be starting something," he said.

Faires says that it's so important that there are groups like this in our community because it's so easy for people to keep to themselves unless they have something to connect them.

"We want to bring everybody back together; bring back the community spirit of living in this area. I like my neighbours and I want to have a good time with them. I want to meet new people and I want to feel that community spirit. It's really important to me to be part of a group that wants to make that more prominent in this area," he said.

As for the future of the LCDG, keep up with their social media because they are going to be posting about future events. At the end of May, the Lockport Community Market will be opening for the first weekend of the season, there are plans for a community yard sale, and their pancake picnic planning is well underway.

Faires appreciates Perchotte taking the time to acknowledge all of the efforts that the group has put into the community.

"I really appreciate him taking the time to acknowledge everybody in our group. It definitely boosts our spirits to strive further forward," said Faires.

Perchotte for his part was glad to be able to acknowledge the group.

"I can not express my gratitude enough to all the special, heartfelt organizations that strive to make our communities a better place to live. The Lockport Community Development Group is another fine example of community members coming together in a big way. These members are the unsung heroes of Lockport and I wish them great success," said Perchotte.

LCDG can be found online on Facebook at <https://www.facebook.com/LCDGMB/> and Instagram at <https://www.instagram.com/LockportMB/>.

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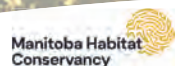


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"I REALLY APPRECIATE HIM TAKING THE TIME TO ACKNOWLEDGE EVERYBODY IN OUR GROUP DEFINITELY BOOSTS OUR SPIRITS TO STRIVE FURTHER FORWARD."

Local Catfish Carvers invite residents to check out carving the Prairie Canada Carving Expo

Iris Bidinosti and Barry Monzelman, local carvers, will be competing

By Katelyn Boulanger

The 2024 Prairie Canada Carving Expo will be taking place in Winnipeg on April 19 to 21 and local carvers Iris Bidinosti and Barry Monzelman of Selkirk's Catfish Carvers will be competing. They invite residents to stop by and check out the competition which sees carvers from all over the region create some inspiring pieces.

Iris Bidinosti

Bidinosti is a bark carver who uses thick pieces of bark to create intricate pieces of sculptural art.

She says that she started carving nearly two decades ago and was encouraged after joining the Catfish Carvers, a carving group that meets at the Gordon Howard Centre.

"I started carving here in 2005 and Dr. Ian Reid was our guru kind of. It was him that encouraged us carvers to compete in the carving competition," she explained.

She got her start in carving when her younger brother gave her a carving knife and a carving lesson and told her to give it a go.

"I had taken lessons in woodcarving birds and some animals, but I took one in bark and I fell in love with it. And I entered [my first Prairie Canada Carving Expo] in 2007. I think it was in the novice category and I won a ribbon and I've been entering ever since," said Bidinosti.

She took a break during COVID restrictions when the competition was cancelled and this is her first year back competing. She says that she waited until she had a couple of pieces that she really liked before she decided to compete again.

Bidinosti says that she gets inspiration from other carvers, carving magazines, and classes. This is one of the reasons that visiting a carving competition can spark creativity.

"I've been doing it for almost 20 years; you start to develop your own style. Sometimes when I get a piece of bark, and I look at it, and it's all jagged and it just speaks to me, you know, this is going to be house and this is going to be a tree," she said.

She is entering two pieces into the carving competition. The first one 'Cave Dwellers' is inspired by historic sites in Arizona where the people lived in caves.

Bidinosti's other piece is called 'Shaded Shacks' and this was one of the pieces that she said was an unusual shaped piece of bark and the shape inspired the art.

She says that she goes back to the Prairie Canada Carving Expo year after year because she is interested in what other people are up to and likes the feedback.

"After the judging is over, you can actually speak to the judges who critique your carving, so usually you learn something more," said Bidinosti.

She recommends that other carvers who are interested check out the competition which she says has a friendly atmosphere where people are open to sharing.

"There are some absolutely gorgeous pieces of carving out there. There're birds that you look at and it looks like they're ready to fly away," said Bidinosti

Barry Monzelman

Monzelman is a more traditional style carver than Bidinosti but he doesn't limit himself to birds and animals. His sculptures are carved into solid wood and reflect a wide range of carving styles clearly inspired by work from all over the world.

"I joined this group [the Catfish Carvers] in 2015 and they said, 'Hey, why don't you compete?' It's a good thing to do because it gives you something to aim for and a date. You're a lot more productive when you've got that," said Monzelman.

He entered the Prairie Canada Carving Expo for the first time in 2016 and has entered the competition every year since, except for the years that the pandemic paused the event.

Mozelman competes in the open category and, though he's been competing for 8 or so years, he's been carving much longer.

"Close to 50 years ago [I started]but I didn't have that much time for doing carving," he said.

He says that he draws his inspiration a lot from myth and fantasy.

"We did a Scandinavian cruise and I saw they were heavy on vikings so I did a viking [carving]," said Mozelman.



RECORD PHOTO BY KATELYN BOULANGER

Iris Bidinosti and Barry Monzelman will be entering pieces into the Prairie Canada Carving Expo.

The piece that he's created for the competition this year is called 'Foresight' and is an owl piece that he's lightly painted in a way that brings out the positive features of the wood.

"Owls are venerated among our Indigenous peoples in the plains and on the coast as well for having foresight and they can forecast the weather and they're the wise owl. So, it's actually got four eyes and that's made with gold oil paint and then in the chest there's more and each wing there's more. They're looser and look like feathers, but they're sort of like eyes," he said.

Mozelman spoke about how competitions, like the Prairie Canada Carving Expo, are something that's fun and drive you to improve but he also enjoys the local Catfish Carvers group because of the ability to chat with others for advice and to find out what other people are up to.

He says that people who may be interested in carving or who are carvers in our community might enjoy going to the Prairie Canada Carving Expo even if they aren't competing.

"The idea is to see what other people

do. Like any artist, you get ideas from other people. You see what people do and so yeah, I encouraged them to go," said Mozelman.

The 2024 Prairie Canada Carving Expo takes place from April 19 to 21 at the Pembina Curling Club in Winnipeg. For more information about the event as well as a schedule of activities check out their website at http://prairiecanadacarvers.com/events/#PCCA_show. If you can only attend the event for one day, Bidinosti and Monzelman both agreed that Sunday is the day that you want to check it out.

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Inaugural NDP budget gets mixed reviews

By Staff

The first budget of the NDP Manitoba government earned mixed reviews last week from Opposition MLAs and various provincial organizations. Selkirk MLA Richard Perchotte suggested the budget was very disappointing.

"It was presented as a budget that will help with the rising cost of living but the facts do not line up," he said. Perchotte specifically called attention to the education property tax rebate. "The NDP government significantly reduced the education property tax rebate for homeowners. Even though they campaigned on not raising taxes. Be prepared to see property taxes rise. Especially since the NDP government has given the school boards free rein to raise your taxes. Small businesses, cottage owners and apartment blocks will see no rebates at all. Good luck for those paying rent," he said. Perchotte specifically mentioned that cuts to infrastructure could affect our local area.

"The NDP cut 163 million from the infrastructure budget. That will dramatically affect our roads and let's not forget the Selkirk Bridge. The Selkirk Bridge was already approved for construction under the previous PC government and now is only approved for the analysis and consultation process. There is no guarantee that it will ever be built under the NDP," he said. He also has concerns about a lack of plans to recruit more health-care workers.

"They failed to produce a real tangible plan to recruit, retain, and attract health care workers in Manitoba. Some people are shocked that after six months and one budget later they have no plan for the most important issue facing the people of Manitoba. After what I see on a daily basis in the Legislative Assembly of Manitoba I am not shocked," said Perchotte.

The Canadian Taxpayers Federation, meanwhile, applauded the government for extending its 14 cent-per-litre fuel tax cut, but it was also calling

on the government to rein in spending.

"This gas tax cut extension means more savings for families when they need it most," said Gage Haubrich, CTF prairie director. "It's great to see the government listen to Manitoba taxpayers and help them by continuing to make life more affordable."

By the end of the year the provincial debt will be \$35.4 billion. Interest payments on the debt will cost taxpayers \$2.3 billion this year, Haubrich noted, working out to \$1,520 per Manitoban. "Despite taking in record amounts of money from Manitobans, the government is still failing to balance the budget," Haubrich said. "The government is kicking the debt can down the road and wasting close to \$200 million per month on interest payments." The budget adds 350 new social and affordable housing units and invests \$67 million to repair the existing housing stock, but these targets fall far short of the need identified by the Right to Housing Coalition. It called for more significant investments in preserving and expanding the province's social housing supply.

"We cannot expect to make progress against poverty or homelessness without significant and long-term investments in rent-geared-to-income housing. We have yet to see a government in this province that either cares enough or is brave enough to make this a priority," said Kirsten Bernas, chair of the coalition's provincial working group.

"We hoped this new government would finally do what it takes to address housing insecurity and homelessness in our communities, but unfortunately this Budget falls short," Bernas added.

The Keystone Agricultural Producers also saw some good and bad in the budget.

"While changes were made to the school tax rebate for residential properties, KAP is pleased to see the 50 per cent rebate maintained for farm properties," said general manager Brenna

Mahoney. "We encourage the province to continue working toward the complete removal of the tax on farm properties and that this is taken into account when developing the new provincial education funding model." The Manitoba Liberal Party said the NDP showed fiscal recklessness by offloading taxes to municipalities while worsening Manitoba's debt.

Interim leader Cindy Lamoureux said the government is hiding its cuts to services by offloading back door taxes on to municipalities in a move she called "reckless and fiscally irresponsible."

Education property taxes increased by \$71 million, she noted.

"Weakening our revenue generation sources puts Manitoba in an irresponsible position to fund our schools, health care facilities and highways. Increases to our school divisions are simply not at the level that many school divisions have called for." Lamoureux added it is concerning the government is paying three times more to service our debt than how much is spent on the entire Department of Justice alone.

"Manitobans should be concerned that these are sunken costs that could be going to fund our schools and hospitals."

The budget was a missed opportunity to provide additional meaningful cost relief for Manitoba's small businesses, suggested the Canadian Federation of Independent Business. More needs to be done to ensure small businesses are better equipped to deal with the skyrocketing costs of doing business, they said.

"We appreciate the Manitoba government's efforts in taking an approach to making life more affordable for citizens," said SeoRhin Yoo, CFIB policy analyst. "We would have liked to see the province address more issues that continue to impact small businesses such as red tape reduction, utility

Continued on page 10



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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Run/walk in Lockport raising money for Huntington's disease

Registration now open for May 11 event

By Kaitlin Vitt

The Lockport River's Edge Run is back for another year, with this year's event raising money for Huntington's disease initiatives. The event takes place on May 11—during Huntington's Disease Awareness Month—and organizers are calling on the community to support the cause.

"We need you, and we need your assistance. We want to make this a good event for everybody," said Vern Barrett, race director and president of the Manitoba chapter of the Huntington Society of Canada.

"Huntington's is like having ALS, Alzheimer's and Parkinson's all at once, so people have cognitive and neurological loss, it affects muscles, it affects memory, and there's no treatment or cure. But what we can do is we can provide the absolute best care for people with Huntington's that we can possibly manage."

Huntington's disease is a hereditary, neurodegenerative illness with physical, cognitive and emotional symptoms, as described on the Huntington Society of Canada's website. It's a rare disease—about 1 in 7,000 people in Canada have Huntington's.

About 50 years ago, Barrett and his wife found out his wife's aunt had Huntington's disease.

"We had no idea it was in the family, and after that, we became involved and started to fundraise for the resource centre [at Deer Lodge Centre in Winnipeg] for people with Huntington's disease to go to get support

and care from a neurologist, speech therapist and so on. We've been involved for well over 50 years because of this connection," Barrett said.

"One phone call [to the resource centre], and they get connected with everybody they need to talk to. It's a wonderful site, an amazing thing in Canada."

Barrett has a fundraising goal of \$20,000. As of April 15, more than \$3,700 has been raised through the event's web page (<https://raceroster.com/events/2024/86109/lockport-rivers-edge-run-walk-for-hd-2024>).

Participants can register to complete the 30-kilometre run, half-marathon run (21 kilometres), 10-kilometre run/walk or 5-kilometre run/walk.

The event takes participants down River Road between Lily Drive, just north of Skinner's, and Larter's at St. Andrews Golf and Country Club. Depending on the distance the participant registers for, they will see a portion or all of this route.

"We're hoping runners and walkers from various parts of the province will come and enjoy this wonderful space," Vern said.

Full event information and registration forms are available on the Race Roster website (<https://raceroster.com/events/2024/86109/lockport-rivers-edge-run-walk-for-hd-2024>). Registration fees increase in price on April 20.

"The Manitoba community has always been there for us, and we would sure appreciate their support with



RECORD PHOTO SUBMITTED

A photo from a previous year's Lockport River's Edge Run.

this event. It's really easy to participate," Barrett said. "It would be great to see them out and help us and help the community."

4L Communications in Selkirk is the title sponsor of the event. The company has sponsored the event in past years when the run/walk raised money for neurofibromatosis initiatives.

"It's such a great event. The location is incredible," said Lars Koop of 4L, who has participated in the event

with his family.

"Even if it's your very first run, and you're going to sign up for the 5K, there's such little pressure because the track, the scenery and the route are so beautiful, that you forget that you're competing or you're trying to beat your pace or something like that because it's just enjoyable, and there's probably no better run for someone who's going to do it for their first time."

RCMP Report

Happenings from March 15 to 30

Submitted by Selkirk RCMP

The RCMP Report is a short overview of the calls received in our area by local law enforcement. This report covers March 15 to 30.

Grand Marais

For the above noted time frame, Grand Marais RCMP received 11 calls for service.

On March 23, Grand Marais RCMP received a report of mischief to a vehicle on Road 500 in the RM of St. Clements. The complainant reported

Red River North

a sports utility vehicle was left parked on a road while the owner was out ice fishing. Upon returning to the vehicle, there was damage noted. At this time, there are no suspects or witnesses.

Red River North received 166 calls for service in the above noted time frame.

On March 15, Red River North RCMP received a call of theft from a vehicle parked on Drury Ave. in the RM of West. St. Paul. Investigation

revealed the owner had left the vehicle open and suspect(s) entered and stole items from the car. At this time, there are no suspects or witnesses to this crime. Selkirk and Area RCMP remind the public to lock their vehicles. This simple act deters many crimes.

On March 21, Red River North RCMP received a call of a Break and Enter at a business on Henderson Highway in the RM of East St. Paul. Suspect(s) forcibly entered the business while it was closed and stole items, plus caused some damage. No suspects or witnesses have been located at this time. Police continue to investigate

On March 26, Red River North RCMP received a call of theft from a residence on Maddock Ave. in the RM of West. St. Paul. The complainant reports several items were stolen from the property that were left outside. No suspects or witnesses at this time.

Selkirk

Selkirk RCMP received 402 calls for service in the above noted time frame.

On March 16, Selkirk RCMP received a call of a stolen vehicle from the parking lot at Ocean Drive near Scantebury. Investigation led to the location of the vehicle in Winnipeg. No suspects have been located at this time.

On March 22, Selkirk RCMP was advised of damage to a vehicle on Main Street in the City of Selkirk. The damage was made to gain entrance to the vehicle but was not gained. No suspects or witnesses at this time.

On March 25, Selkirk RCMP was advised of a stolen truck from Ferry Road in the RM of St. Clements. The vehicle was taken sometime between March 23rd and 25th. No suspects or witnesses at this time. Police continue to investigate.

SALP's annual writing contest open to Selkirk and area

Entries due May 10 for SALP's annual contest

By Kaitlin Vitt

The Selkirk Adult Learning Program (SALP) is hosting its annual writing contest as a way to bring together the community. Running for its fifth year, the contest is open to all adults who live or work in Selkirk and area.

"It brings people together from different backgrounds," said Adele Plett Bartel, a SALP instructor and coordinator. "They may not normally connect socially, and so it's just having something in common, listening to each other's stories as they're being read at the award ceremony and connecting in that way."

Demonstrating this sense of community garnered through the contest, last year one of the winners shared her prize with someone in the SALP, Plett Bartel said.

This year, when the winners are selected, an awards ceremony will be held at the Gwen Fox Gallery, a suitable location, Plett Bartel said, as the gallery is also dedicated to promoting and showcasing local talent. Winning entries will be posted on the SALP's website.

There are two categories of winners: one for the general community and one for learners at the SALP. A panel of reviewers will choose the winners. Past prizes have included Selkirk Biz Bucks.

"We've had some very generous donors in past years, local businesses and community organizations that have been faithfully donating," Plett Bartel said. "That's also been nice seeing them coming together and supporting adults in their literacy and in their writing."

Plett Bartel encourages people to take the step to share their writing with others through this contest, even

if they're hesitant.

"Don't be afraid," she said. "It blesses other people, and you can encourage others. There is also just that reward of sharing a talent with your community as opposed to keeping it hidden."

She also recognizes sharing your writing can feel vulnerable, and sometimes people need a little push from someone they know.

"If you have somebody in your life who likes to write, encourage them to enter," Plett Bartel said. "Maybe they need that extra little tap on their shoulder to put an entry in."

The deadline to enter is May 10. Submitted pieces can be on any topic and can be fiction, non-fiction or poetry, and people can submit more than one piece, though can receive only one prize.

Entries can be sent by email to aplett-bartel@lssd.ca or dropped off at the Selkirk Friendship Centre (425 Eveline Street), where the SALP is based. Full contest rules are on the SALP's website (selkirkadultlearning.wixsite.com/salp).

One goal of the contest is to get the word out about the SALP so more people know about the resources available to them. Plett Bartel said another hope is for people to become more aware of the reality of adult literacy needs.

"One of the things that surprises people sometimes to hear is that the provincial graduation rate for Manitoba in 2022 was 82.8%. And so what happens to that 17% that don't graduate?" Plett Bartel said. "People get left behind, so there is a definite need for adult literacy."

The SALP assists adults in upgrading their skills, with a focus on literacy, math and technology. Classes run at various times throughout



RECORD PHOTO SUBMITTED

This is the fifth year that SALP is holding their annual writing contest. Get your entry in by May 10. Pictured: Stephani Hazlitt, David Thorne and Neil Zebinski present one of the 2023 SALP contest awards to Sylvia Ferland, who was a Selkirk Adult Learning Program learner for a number of years.

the day and are free. The centre's intake is continuous, so people can start at any time during the school year.

"We've been here for 30 years, and people are still surprised to hear

about us," Plett Bartel said.

People interested in learning more about the centre can contact Plett Bartel or visit the SALP's website.

> MIXED BUDGET REVIEWS, FROM PG. 8

costs, and small business supports. "The challenges facing small businesses in Manitoba are significant and ongoing, with 19 per cent indicating they are at risk of closure," said Yoo. "The skyrocketing cost

of doing business is continuing to challenge small firms across the province, who are dealing with insufficient demand, ongoing wage pressures and higher taxes."

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for HD
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"Supporting each other towards a new beginning"

Marine Museum celebrates 50th with re-launch of membership program

Purchase can be made online or when museum opens on May 18

Submitted by Marine Museum of Manitoba

The Marine Museum of Manitoba is proud to announce the launch of its 2024 Museum Membership sales, coinciding with the celebration of the museum's 50th anniversary. This milestone year marks a significant moment in the museum's history as it re-establishes as a member-based non-profit organization.

At the last annual general meeting, the museum board adopted a new constitution modernizing by-laws for the first time in fifty years, reaffirming its commitment to members and the community. As part of this transformation, the museum is delighted to reintroduce the membership program, offering a host of exclusive benefits to valued supporters.

Membership at the Marine Museum of Manitoba grants individuals free regular-season admission, providing unlimited access to the diverse array of exhibits and immersive experiences. But that's just the beginning members also play an integral role in the governance of the organization, shaping the direction of future endeavours.

In addition to these privileges, members will receive timely updates and advance notice of special events, ensuring they remain at the forefront of all museum happenings. As a token of appreciation, members will also enjoy discounts at the gift shop, where they can peruse a curated selection of maritime and local treasures.

"The re-launch of our membership program is a testament to our commitment to preserving and celebrating our rich maritime heritage," said Duane Nicol, chair of the museum's board of directors.

"As we embark on our 50th year, we invite individuals from near and far to join us on this journey and become an integral part of our maritime family."

This initiative is a cornerstone of the museum's bold new strategic plan, reflecting our dedication to fostering a vibrant community of local maritime and heritage enthusiasts and advocates.

"The Marine Museum has a large and dedicated community of supporters, who regularly attend our events. Beyond that, we have an extended community of supporters who may no longer live in the area, but feel a strong connection with the ships. We want to build on those communities, bringing them together and more fully engage them in the bold vision we have for the museum's next fifty years and beyond," said Nicol.

Join the museum as it embarks on the next chapter of their journey. For more information on membership benefits and how to join, visit www.marinemuseum.ca/support/membership. Membership may be purchased online or in person at the museum once it opens for the 2024 season.



RECORD FILE PHOTO BY KATELYN BOULANGER

The Manitoba Marine Museum is bringing back their membership program.

Letter to the editor

I did find MLA Bereza letter lacked a bit of history on the Carbon Tax. The carbon tax in Canada began in March 2007 when Alberta became North America's first jurisdiction to legislate greenhouse gas reductions from large industrial emitters via a carbon levy. This of course was under the PC government of Ed Stelmach.

In the 2008 federal election Conservative and Liberal governments both included carbon pricing in their platforms. Harper won a minority mandate with a campaign that pledged to develop and implement a North American wide-cap-and-trade system for greenhouse gases and air pollution to occur between 2012 and 2015. Conservation Environment Minister Jim Prentice explored a national carbon market but dropped the plan when the Conservatives

won a majority government in 2011

In 2016 Prime Minister Justin Trudeau announced plans for a national Carbon pricing plan, several provinces excluding Saskatchewan already had a plan in the works.

In the years following governments across Canada implemented additional carbon pricing systems that met the minimal benchmark criteria by 2019. This is a historic accomplishment and Canada leadership on carbon pricing has been recognized across the world.

In March 25th 2021, the Supreme Court of Canada found that carbon pollution knows no boundaries and that Parliament (the Federal government) can apply a price on carbon pollution in jurisdictions that do not have their own system that meets minimum national stringency standards.

In September of 2023, Economist-Trevor Tomes University of Calgary estimates that the Carbon Tax is responsible for less than one percent of grocery price increases. In Alberta the carbon tax has increased prices by about 0.3 percent which is 30 cents on a 100 dollar bill. Manitoba .09 percent and 0.4 percent in Ontario.

Sylvian Charlebois a Dalhousie professor researches food distribution, safety and security says that there has not been enough research on whether carbon tax is affecting food prices when it comes to food production the bulk of food production is exempt from carbon tax. In the agriculture sector the emissions from operating vehicles and equipment are wholly or partially exempt from the carbon tax.

The carbon tax exemptions for the

agriculture sector saved farmers \$366 million in 2021 and will save them 1.6 billion by 2030. This according to the parliamentary budget office. A private members bill has passed the House of Commons and is now with the Senate and would further expand exemptions to propane and natural gas which is used to dry crops for storage and transport. By 2030 farmers would be saving \$162 million if exempt from carbon tax on propane and natural gas.

It is time for the Conservative premiers across Canada to quit the gaslighting and work with the Federal Government. The next Federal election is in 2025. Time to stop the blame game and exaggerations and work for the betterment of all citizens.

- Lois Wales,
Selkirk

Welcoming newcomers to the Interlake



RECORD PHOTOS BY BRETT MITCHELL

Hawthorn Estates welcomed new Ukrainians to our community earlier this month with a lunch as well as live music. Residents and newcomers were able to dance and connect.

Local talent to shine in re-ignited Selkirk & District Arts Festival

Festival to take place from April 22 to 26

Submitted by Selkirk & District Arts Festival

The sights and sounds of artists from across the Selkirk region will soon be showcased in a vibrant celebration of our community's diverse talents, as part of a local arts festival that's both new and familiar.

Talented local youth and adults will get a chance to share their skills while also receiving valuable feedback from an expert musician adjudicator at the Selkirk & District Arts Festival, beginning April 22.

The multi-day event has been revived from its pre-pandemic days as a piano festival, and a multi-arts festival before that, by a group of local dedicated music teachers and parents who recognized the need for artists – especially youth – to be able to demonstrate their skills in their own backyard.

"It's important for young people to

have opportunities to perform for an audience. Adding in the chance to be adjudicated allows another set of eyes and ears to watch them and listen to them play, letting the artists see things in a new way or interpret the music differently," said Jessica Bullen, president of the Selkirk & District Arts Festival, which is run completely by volunteers.

Close to 60 musicians and artists will perform and display their works, and the public is invited to enjoy the performances at no cost.

"There are a lot of artistic people in the region who can really benefit from being able to perform close to home and deserve to be acknowledged, recognized and promoted in their own community," Bullen added.

Artists from areas including Selkirk, East Selkirk, St. Andrews, Clandeboye, Petersfield, Springfield and Oakbank will be participating,

and while this year the Festival will showcase musicians – including pianists, brass and woodwind musicians and jazz ensembles – and visual artists – such as painters, sculptors and woodcarvers – the board is already planning to expand to include dance, drama and other forms of art in the coming years.

"The Festival will really be focused on community engagement and inclusivity," Bullen said. "This will be an annual [event] and we really want to grow from here. We're open to suggestions or ideas for the future, and we welcome anyone who would like to volunteer or help out."

All performances will take place at Selkirk United Church (202 McLean Ave.) on April 22, 23 and 24, with morning performances at 9:30 a.m. and 10:45 a.m., and afternoon sessions beginning at 1:30 p.m.. While the musicians perform, the visual artists' works will be on display for everyone to enjoy. There is no admission fee, but audience members can contribute

to a silver collection or try their luck with a 50/50 raffle, with proceeds going back into the Festival.

The Festival will wrap up with a Gala celebration on April 26 at 7 p.m. at Selkirk United Church. Performers, their families and the public are all invited to attend this family-friendly event showcasing the stand-out talent of the week, special guest performances, dessert and refreshments.

Recognition awards will also be given out at the Gala celebration, and several local sponsors have stepped up to make the event and the cash prizes for award-winners possible.

For more information including the schedule of performances, visit www.selkirkartsfest.com. To volunteer with the event email selkirkartsfest@gmail.com or contact the Selkirk & District Arts Festival on Facebook.

For more information you can also contact Jessica Bullen, president, Selkirk & District Arts Festival, at selkirkartsfest@gmail.com.

Supporters and recipients gather at latest SDCF 'I Care About a Cause' event

Submitted by Selkirk & District Community Foundation

There are a couple of things that are certain when it comes to both donors to and recipients of Selkirk & District Community Foundation funds and grants – they care about causes.

That was on full display at the Foundation's third 'I Care About a Cause' event last Tuesday night. Original SDCF Board Member Jean Oliver took everyone down memory lane expanding upon the determination required to make the first large donation a reality.

Oliver offered insight into that donation way back when the province was establishing the health authority system in the mid-1990s. The Selkirk General Hospital had a Donation Fund, and under provincial regulations, the hospital was required to sign over all its assets to the new health authority.

"We dug in our heels," Oliver told the crowd.

There was a noon deadline that all hospitals had to meet to sign the agreement and turn over all assets. Selkirk reps were to go to Gimli for the signing, but, Oliver says, they were not willing to include the money donated specifically to the hospital by local people.

"At five minutes to 12, we were still in Selkirk and we got the call from the province, they said, 'ok, keep your money, just come sign the paper'," Oliver said.

And with that, the hospital board quickly wrote out a cheque to the SDCF for \$100,000, then raced up to Gimli to complete the deal.

Oliver's recollections were a highlight of an evening that included many. Held at the new Selkirk Regional Health Centre, a group of donors were brought together with organizations that have received Foundation funding. All of them were connected to health and wellness, one of the nine sectors identified in Vital Signs.

Donors to the SDCF often have a myriad of reasons why they donate and to which funds. Some remember fondly the opportunities afforded them by their local community club, some fulfill the dreams of loved ones, taken too soon, by donating to causes near and dear to them, others choose to donate because of experiences with a loved one who had medical or mental health issues.

The connecting thread in their giving is a sense of wanting to give back because they care.

Ruth Konzelman attended and enjoyed the presentation, which featured Oliver, along with speakers Barbara Ramsay from Camp Stepping



RECORD PHOTO SUBMITTED

SDCF Board Member Brandon Sutherland, and speakers Barb Ramsay, Jean Oliver, and Tammy Thompson.

Stones and Tammy Thompson from The START Program, both of which have received Foundation grants.

Konzelman and her late husband Richard started their named fund to support health education in the region. Originally from Ontario, Konzelman, has lived in Selkirk for more than 50 years. Her husband was a dentist in town, and humbly, she says theirs is a small fund, but the results of their donations brought them joy over the years.

"We felt that it was an area that could use a little more help. It's little projects, because it's not a huge fund but it's topped up by the community fund often, and it brings stuff like music to patients in a personal care home, even residents of the Mental Health Centre," Konzelman said.

"We funded part of that, there's a couple of new ones, like the Alzheimer's café, with the caregivers and the patients interacting and getting them out. It's little things and it all counts and it's not the sort of thing that the province funds. Some of these small things make a big difference to people."

Ramsay spoke about Camp Stepping

Stones, an annual weekend that brings together kids who've suffered trauma, usually the loss of a parent. She shared the story of one child whose application had been accepted – her mom had passed – and just before camp was about to begin, her dad passed as well.

She went to camp, met new friends, made memories of her parents, and the following week attended her dad's funeral. Ramsay says her caregivers contacted them afterwards and said the camp helped her tremendously.

Thompson, The START Program Manager, told how the community mobilization program has evolved over the years and inspired new ones in other communities in the province. START deals with people experiencing a variety of challenges, including mental and physical health concerns, substance use concerns and involvement with police.

Originally aimed at teens, it now features three arms – START Youth, supporting those 17 and under and neurodivergent adults who are still in school up to the age of 21; Re-START for adults of all ages; and START Families, which works with perpe-

tors of family violence over the age of 18.

For Michele Polinuk, who attended with her husband Gary and mother-in-law Doreen Polinuk, all of whom have named funds at the Foundation, donating isn't about how much money you have, it's about making the choice to do so.

"We have to really be thoughtful with what we do with our money these days, costs have gone up everywhere, but you can never go wrong by donating to community, to projects that will help the community grow," said Polinuk, a former SDCF board member.

"I donate to SDCF because the money stays in the community to help all ages through many programs and organizations. A person can donate in memory of or in honour of, to several Manitoba organizations, but by donating to SDCF, you can point your donation towards areas of interest that match the person."

The Foundation also presented three cheques totalling \$66,573 to Averill Stephenson and Ted Lewis, with the Interlake-Eastern Health Foundation.

West St Paul holds 2024 financial plan hearing

Presentation shows decrease mill rate and future plans

By **Katelyn Boulanger**

Earlier this month West St. Paul Council held its 2024 Financial Plan presentation and public hearing.

Mayor Peter Truijen opened the meeting by thanking residents for attending and explaining a little of what took place to get to this point.

"Tonight's presentation of our financial plan for the coming year reflects months of work from our administration staff and many sessions with council. The financial plan today demonstrates the benefits of growth that we have in our community over the past years," said Truijen.

Truijen explained that the financial plan is one of the greatest responsibilities of council.

"As members of council, we have the duty to ensure that your tax dollars are managed carefully and transparently. We want to make sure that limited resources are directed where needed, maintaining current infrastructure plans for future renewals, preparing for current and future growth, dealing with the changing demographics of the region and the province, [getting] community feedback with council priorities and providing services and programs," said Truijen.

He explained that creating the budget means that the municipality is finding the balance between stable

services, low taxes and low density and that they did so with the municipality's mission in mind.

"Council is happy to present this budget with a decrease of the mill rate for the second year in a row. With this decrease, we've still maintained and enhanced the services and programs that the municipality provides for our residents and businesses in West St. Paul. These were important priorities for council.

The mill rate had decreased from 7.855 to 7.751.

Truijen says that given the capital levies that have been collected over the years, the time is right for residents to save money.

He also explained that total municipal taxes are a combination of taxes set by the municipality as well as the education tax which the municipality does not have a say in.

In a presentation slide, Truijen showed a house that's valued at \$503,400 would have paid \$1779.39 last year in taxes and this year will be paying 1,755.83 for a savings of \$23.56.

Residents may not notice municipal taxes in action but they affect our lives in a big way. For example, fire protection, snow plowing, road maintenance, garbage collection, trails, playgrounds and skating rinks, street lights and other emergency services

are just some of what municipalities take care of.

"Our 2024 budget will be 8.2 million dollars which is \$350,000 more than what our budget was last year," said Truijen.

As per the last census, West St. Paul had 2,270 homes which has expanded to 2,680 homes as of Dec. 31, 2023.

Truijen had a slide showing the average cost of services, per year, per home which includes: fire and emergency services coming in at \$374.90; snow clearing being \$63.43; garbage, recycling and yard waste at \$294.29; the Access Centre working out as \$147.52; and planning at \$229.02.

Truijen then went over some of the future projects that residents can expect to see. They include: arch plans for the Meadowlands Development, asset management courses and certification, a business park sign, a sign for the administration building, a sanding/plow truck, trailhead marker maps, a water reservoir ex-

pansion, Rossmere Road completion, PW building expansion, speed radar signs, Kings Landing Roads and more.

Some areas of increased spending that residents should note are to road maintenance projects which have a \$1,000,000 budget and park projects have \$237,110 allocated.

Residents were reminded that taxes are due on Sept. 27 at 4:30 p.m. There will be no exceptions and if using online banking residents should allow five business days for funds to reach the RM.

"Thank you for watching this presentation and for any comments that you may have," said Truijen.

Residents then spoke at the end of the meeting. Residents asked many pertinent questions about priorities, services and future plans for the RM.

To listen to a recording of the council meeting check out the RM's Youtube channel at <https://www.youtube.com/watch?v=oKQRMhpkI88>.

letter to the editor

Being in the middle of income tax season, I have identified a problem which negatively affects many of your readers who reside North of Winnipeg and on the East side of the Red River.

Under the Canada Carbon Rebate, formerly known as the Climate Action Incentive Payment, administered by the Canada Revenue Agency (CRA), there is an additional 10% rural supplement if you do not reside within the Winnipeg Census Metropolitan Area (WCMA). Most Manitoba taxpayers would logically assume that area to be the boundary of the City of Winnipeg. That is not the case. The WCMA for some illogical reason, includes an area extending North from Winnipeg to Lake Winnipeg, but only on the East side of the Red River. This area includes the RM of St Clements.

Therefore, people in this low-density area do not qualify for the rural supplement, while people in the much higher population density area on the West (i.e. RM of St Andrews, including Selkirk and Gimli) are not within the excluded area, and therefore do qualify. Even Brandon residents qualify!

Those of us in the excluded East area (i.e. RM of St Clements), who have unknowingly claimed the supplement, are now being informed we must repay any supplement received.

I think CRA needs to look at their administration of this program and correct this glaring illogical inequity.

*H Clare Mosler
RM of St Clements*

Celebrate Earth Day!



RECORD FILE PHOTO

The St. Andrews Heritage Centre will be celebrating Earth Day a little early by reducing waste and giving our community a chance to reuse items. They are hosting a clothing sale at 6 Riverview St from 9 a.m. to 3 p.m. and a Community Garage Sale at the STACC on April 20. The sales are cash only and residents should bring their own bags. All items come from the community. Proceeds will go to the Heritage Centre to offset programming cost for free to enjoy summer events like Thursday night porch performances and Friday kids days, and to keep other program costs low to benefit families. Leftover items will be donated back into the community at other local thrift stores, and community groups.

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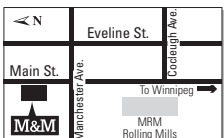
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Deadline extended for Spirit of Caring course

By Jennifer McFee

Get in the spirit of caring through a training session focused on spiritual health.

A free 10-week Spirit of Caring course is running at Stonewall Hospital every Friday from April 26 to June 28 from 12:30 to 3 p.m. Spots are still

available, and the registration deadline has been extended to April 24.

Through this course, participants will learn about spiritual care in health care. Other topics include death and dying, communication, spiritual development and spiritual diversity. The course will also touch

on understanding suffering and compassion, as well as self-care, prayer, mediation, rituals, trauma and crisis.

"Illnesses and loss are those crisis points where our way of life and seeing things can be profoundly shaken and tested," said Ferdinand Funk, spiritual health services co-ordinator for Interlake-

Eastern Regional Health Authority. "It is during these moments that we ask questions about meaning, purpose, suffering, forgiveness, hope, resilience, connection with the people we love and the sacred. The Spirit of Caring course is designed to train spiritual health volunteers to journey with and support people during these crisis points."

For more information, contact Ferdinand Funk at ffunk@ierha.ca or 204-461-3414. Visit www.ierha.ca/about-us/community-involvement/volunteer-opportunities/ to learn more or register for free.

Interlake-Eastern Regional Health Authority. "It is during these moments that we ask questions about mean-



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Manitoba RCMP warn public about banking scam

Interact e-transfer scams on the rise; police are warning residents to think before you click

By Lana Meier

The public is being cautioned by Manitoba RCMP about the increasing frequency of interact e-transfer scams.

In these instances, the victim receives an email which appears to be from someone trying to send them an interact e-transfer. At first glance, it appears legitimate, and when the victim clicks on the link and enters in their banking credentials, the scammers are able to steal the banking login information. This gives the scammers access to the account which allows them to withdraw large sums of money.

Scammers are becoming increasingly sophisticated, so extra caution is needed before you accept an e-transfer.

Here are some tips on what to look out for:

- If you are not expecting any money don't click on links and try to deposit money
- Check the email closely, even though it may be personally addressed it does not mean it is legitimate
- Use Interac e-Transfer Autodeposit. If you have Autodeposit set up, Interac e-Transfer transactions sent to your email address will automatically be deposited into your bank account, Autodeposit is the secure way to accept Interac e-Transfer.

- Create strong passwords
- Be conscious about what you share online, including personal identifiable information that hackers can use to access your accounts.

If you were defrauded please contact your local police and report it.

To learn more about safeguarding against frauds and scams, visit the Canadian Anti-Fraud Centre.

Selkirk RCMP seize drugs and cash during multiple searches

By Lana Meier

RCMP officers from the Selkirk General Investigative Section (GIS), along with assistance from the RCMP's Manitoba East District Crime Reduction Enforcement Support Team (CREST), Manitoba Integrated Law Enforcement Team - East (MILET), Emergency Response Team (ERT) and Police Dog Services (PDS), executed four Controlled Drugs and Substances Act search warrants at a residence in Selkirk, a hotel room in Winnipeg and in two vehicles on April 4, as a result of an ongoing investigation, known as Project Distance, into the local drug trafficking network in the Selkirk Detachment area,

After conducting four searches, officers confiscated more than \$250,000 in cash from the hotel room, six kilograms of cocaine from one vehicle, another kilogram of cocaine from a Selkirk residence, and a small quantity of the drug from a second vehicle.

The seized drugs were suspected to be intended for the communities of Selkirk and Brokenhead Ojibway Nation.

RCMP have arrested and charged Jonathan Yuzwak, 41, from Petersburg, ON, and Samatha Boone, 33,

from Wasaga Beach, ON, with Possession for the Purpose of Trafficking and Possession of Property Obtained by Crime. Tyler Johnnie, 33, and Wesley Straight, 39, both from Brokenhead Ojibway Nation, were charged with Possession for the Purpose of Trafficking. All four were remanded into custody.

Project Distance benefitted from the information sharing and cooperation with many of our policing partners, including the Winnipeg Police Service and the Ontario Provincial Police.

Superintendent John Duff, East District Commander for the Manitoba RCMP, highlighted the importance of a recent drug bust in Selkirk. The seizure from the residence alone prevented 1000 one gram to 2000 ½ gram transactions from occurring in our communities. He emphasized that drug trafficking is a serious concern in the area and the RCMP is determined to take action by identifying, arresting, and charging those involved in illegal drug activities. Removing drugs from our streets is crucial for protecting public health and safety, lowering crime rates, and preventing substance abuse among vulnerable groups.



RECORD PHOTOS SUBMITTED

RCMP arrested and charge four people after conducting four searches, officers confiscated more than \$250,000 in cash from the hotel room, six kilograms of cocaine from one vehicle, another kilogram of cocaine from a Selkirk residence, and a small quantity of the drug from a second vehicle.

Chief Gordon Bluesky of Brokenhead Ojibway Nation expressed satisfaction with the outcome of the investigation, highlighting the significance of partnering with the RCMP. He emphasized that drug use remains a pressing issue in their community

and acknowledged these results as a positive step towards tackling it. He further reaffirmed their leadership's dedication to creating a safer environment for their community.

RCMP continues to investigate.

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Call out to local artists, musicians, gardeners and authors

RRNT now accepting applications for Garden & Art Tour planned for July 21

By E Antonio

Red River North Tourism (RRNT) is seeking artists, musicians, gardeners, and authors from St. Andrews, St. Clements, and Selkirk for its annual Garden & Art 2024 Tour.

The Garden & Art Tour allows local creators to promote, share and sell their work in private and public gardens.

The Garden & Art Tour will be on Sunday, July 21, 2024. This is the 5th year RRNT has hosted the event.

At previous events, RRNT has collaborated with more than 50 diverse artists and authors. Within the past two years, 20 musicians have graced attendees with their musical talents.

According to Belle Lourenco, the Tourism Coordinator at RRNT, the addition of musicians to the Garden & Art Tour was a huge hit.

"People really like the music and atmosphere it brings to the gardens," Lourenco added.

Previous Garden & Art Tours have showcased a total of 35 diverse home-based gardens.

Individuals eager to showcase their skills can submit their applications By April 22 through the website www.redrivernorthtourism.com or by sending an email to coordinator.redriver-northtourism@hotmail.com.

There is a \$25 application fee for



Musician, Shay Wolf performing for tour attendees at the 2022 event.

artists and authors but gardeners are free.

Musicians will be compensated with an honorarium for their participation in the tour.

Artists, authors, musicians and gardeners throughout Manitoba are encouraged to apply.

RRNT is currently seeking volunteers and welcomes anyone who is able to offer their assistance.

"You get to sit in the garden surrounded by beautiful garden and art," said Lourenco.

Volunteer positions and hours are flexible. RRNT is accepting volunteers of all ages and abilities.

The public can participate in the Garden & Art tour by visiting the various garden locations throughout the community.



RECORD PHOTOS SUBMITTED

Red River North Tourism Garden & Art Tour features extraordinary local gardens for artists to showcase their works.

The Garden & Art Tour is a ticketed event. Tickets must be purchased in advanced.

RRNT will begin selling tickets to attend the Garden & Art Tour online and in person in mid-June. In-person retailers are to be determined.

Half of the ticket proceeds will support different community programs.

Addresses for the Garden & Art Tour will be listed on the tickets.

Follow Red River Tourism North on Facebook and Instagram for the Garden & Art 2024 Tour updates.



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Girl Guides gear up for romp in northern Manitoba

By E Antonio

A group of Girl Guides from the Interlake area are preparing for a thrilling trip to northern Manitoba this summer, where they will spend time at the Churchill Guiding Camp.

The group of 13 girls, ages 11 to 16, from the Pathfinders and Rangers programs will be travelling up to Churchill in July. They are from Stonewall, Clandeboye and Fisher Branch.

Girl Guide leader Danelle Hanchar said she is excited for the expedition.

"Lots of girls don't get the opportunity to travel," she said, adding that, for some of the girls, this will be the first time they are leaving home.

The camp is located 22 km from the Town of Churchill. The group will meet with other Girl Guide teams as a bridging event.

The groups will learn and experience how the northern Girl Guide program is different from the Interlake.

"This trip will give these girls an experience that they have never had before," said Hanchar, who has always wanted to go to Churchill.

"It is important that we are able to set out and explore what is in our own backyard."

Hanchar explained that being able to adventure outdoors creates many learning opportunities.

Pathfinders and Rangers will get to kayak with belugas, prepare meals, go dog carting, create campfires and visit the Prince of Wales Fort National Historic Site.



PHOTO SUBMITTED

A group of Girl Guides from the Interlake will be hosting a pancake breakfast on April 20 at the Clandeboye Hall.

The nine day trip will also see the Interlake Girl Guides visit Thompson and attend Scout Camp at Pisew Falls.

A lot of planning and expenses have been put into the trip, said Hanchar, who has been preparing since 2019.

"There is a lot of paperwork, budget approvals and explaining why it relates to our program," she said.

She estimated it will cost \$2500 per girl to go to Churchill.

Fees cover transport, lodging, meals and ac-

tivities. A portion of the fee also goes toward the hired bear guard.

"We are in no-mans land, so a bear guard is required at all times at the base camp," Hanchar said.

Karl Daher, a parent in the Interlake Girl Guide's program, has planned a pancake breakfast fundraiser.

On April 20 from 9 a.m. to 11:30 a.m. at the Clandeboye Hall.

A plate of three pancakes, three sausage and a drink will be \$10. A smaller plate will be available for \$6.

Clandeboye Hall is located at 111 Main St.

"Travelling to Churchill is not cheap," said Daher, who explained that this is the first big fundraiser for the camp.

Girl Guides have been selling cookies since 2019 as a program requirement. A portion of the funds must be raised in cookies.

The Interlake Girl Guides have also raised funds with Epicure and World's Finest Chocolate.

On May 11, the group will host a Mother's Day Tea and auction fundraiser at the Rockwood Red Barn. A bottle drive will also happen throughout the month of May.



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Kitchens: spotlight on 3 key trends in 2024

Are you thinking about renovating your kitchen? Are you building a new home and designing your kitchen from scratch? Here's a look at some of this year's latest trends to inspire you.

- 1. Create a spa-like atmosphere.** Melt away the stresses of everyday life by creating a relaxing, warm and uncluttered space. This means doing away with bright, clinical lighting (think low lighting!). Fill the space with soft, organic colours like sandy brown and warm grey. Ideally, the cupboards should have no handles and focus on natural materials.
- 2. Curate a space for social interaction.** Modern kitchens are designed to be a space for cooking together or breaking bread with loved ones. Spacious islands with rounded corners, along with



stools or benches and other types of dining areas, are all the rage. The focus is on creating a convivial atmosphere where family and friends can gather and enjoy each other's company.

- 3. Make eco-responsible choices a priority.** Incorporate sustainable practices into every aspect of the space. This includes using recycled materials, VOC-free paint and wood from sustainably managed forests. You can also choose intelligent or ENERGY STAR-certified electrical appliances, such as the refrigerator and dishwasher, to reduce your carbon footprint further.

Creating the kitchen of your dreams requires careful planning. Otherwise, you could exceed your budget or run into other unpleasant surprises. Call on the services of a kitchen design specialist in your area to ensure your project goes off without a hitch.

"Should I replace my old mattress now or wait another year?"

Are you wondering whether you should replace your mattress or whether you can get a few more years out of it? Here are five signs that it's time to put your old mattress to rest:

- 1. It's noisy.** Do you have an old spring mattress that squeaks or creaks at the slightest movement? It's time for an upgrade!
- 2. It's lumpy.** Is your mattress uneven? Does it have bumps or dips in the middle? If so, it's time to find a new model that provides even support for your body and your partner.
- 3. It exacerbates your allergies.** Over the years, your mattress can accumulate allergens, even if you take good care of it. You may help relieve your symptoms by getting a new mattress.
- 4. It's uncomfortable.** Does it take you a long time to fall asleep? Do you spend hours tossing and turning or feel achy when you wake up? Your mattress is no longer offering you the support you need.
- 5. It's several years old.** As a rule of thumb, experts recommend replacing your mattress every seven to 10 years. However, how quickly a mattress wears depends on various factors, including the material, your body type and the humidity level in your home. If your mattress is well over a decade old, it's time to invest in a new one.

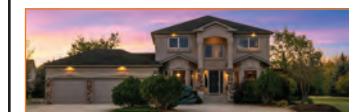
Visit your local mattress retailers and talk to a specialist to find the perfect mattress.



18 Hay Avenue, St Andrews - \$799,900 CAPTIVATING CUSTOM BUILT HOME! Nestled on a tree lined 1.38 acre lot in St Andrews is this 1,884 SF 4 bed, 3.5 bath home featuring plenty of updates throughout & an incredible detached shop! Your inner green thumb will love the large garden space! Enjoy a triple attached garage & a BONUS double detached 1,020 SF shop w/ floor heat & AC!



3 Keats Crescent, Petersfield - \$527,900 BEAUTIFUL BUNGALOW! Nestled in Petersfield, this home offers 1,470 SF of living space, encompassing 3 bedrooms and 2 bathrooms, all set on a spacious 1.46-acre lot within a serene cul-de-sac. Enjoy the tranquility and comfort of rural living in this delightful home!



5 Davis Place, St Andrews - \$679,900 STUNNING FAMILY HOME! Situated on a treed 1.37 acre lot in St Andrews is this 2,150 SF, 4 bedroom, 3.5 bathroom home featuring a circular driveway, neutral tones, and ample natural light throughout. Your inner green thumb will love the garden space in the backyard! Enjoy a triple attached garage for your tools and toys!



13 Antonina Drive, St Andrews - \$469,900 GREAT FAMILY HOME! Situated on a 1.38 acre lot in St Andrews is this 1,595 SF, 3 bedroom, 2.5 bathroom featuring neutral tones and teak hardwood floors throughout. Enjoy an insulated double attached garage for your tools and toys! Only 8 minutes away from the Perimeter Highway for all amenities! New shingles (2022).



73088 34 Road E, Brokenhead - \$599,900 MOVE TO THE COUNTRY! Situated on a 20.43 acre treed lot in Brokenhead is this 1,822 SF, 3 bedroom, 2.5 bathroom home featuring a circular driveway, ample natural light, and neutral tones throughout. Enjoy a triple attached garage for your tools and toys! Under 10 minutes to Beausejour and 20 minutes to the Perimeter Highway for all amenities.



4081 E PR 415, Teulon - \$469,900 MOVE TO THE COUNTRY! Situated on a sprawling 39.38 acre lot in Teulon is this 1,225 SF, 3 bed, 3 bath home featuring a circular driveway, an above ground pool, and plenty of space for your horses! Sip on your morning coffee in the 3 season sunroom overlooking the backyard! Your inner green thumb will love the garden space!



2 Royal Crossing Way, St Andrews - \$299,900 BUILD YOUR DREAM HOME HERE! Fantastic opportunity to build the home of your dreams on this sprawling 13.25 acre lot in St Andrews. Under 15 minutes to the Perimeter Highway and under 10 minutes to Selkirk for all amenities!



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DECOR TRENDS

In 2024, infuse your home with the spirit of the French Riviera!

The French Riviera interior design trend has been gaining popularity in recent years. This style combines a variety of influences, such as bohemian, Mediterranean, retro and art deco, to create an elegant yet unpretentious look. Are you planning to revamp the decor in one of the rooms of your home? If so, here's an overview of the essential elements of this sunlit style you should consider.

• **Materials.** French Riviera decor is a perfect blend of sophistication and simplicity. It incorporates elements such as rattan, wicker, marble, brass, raw pale wood, wrought iron, plaster, ceramic and stone, each chosen carefully to enhance the overall design with texture and depth. The preferred textiles used in this style are linen and cotton.

• **Accessories.** Key aspects of this style include macrame such as plant hangers, wall-mounted plates, works that evoke the sea like photos and canvases, colour-

ful dishware, hand-painted ceramics, reproductions of works by famous artists inspired by the Côte d'Azur like Matisse, and fringed decorations.

• **Colours.** White is undoubtedly the star colour of the French Riviera trend. Stripes are also a must in this style, with the Mediterranean blue and white combo being a classic choice. Earthy colours such as terracotta and bright shades like lemon-yellow and orange represent this trend.

Lastly, this style utilizes columns, alcoves and niches to their fullest potential. The latter is perfect for showcasing handcrafted objects or plants, including living greenery and dried flowers.

If you're looking for a style to make you feel like you're on holiday all year round, visit your local home decor stores to bring the French Riviera trend into your home!



Look what the wind blew in

Top insects that farmers need to keep an eye on this year

By Lori Penner

John Gavloski is a fascinated observer of almost any type of wildlife, with a particular interest in all the creepy, crawly visitors that not only harm your crops, but also benefit them.

Based in Carman, with a Ph.D. in entomology, Gavloski has been working with Manitoba Agriculture since 1997, monitoring and providing information on insects that are both beneficial and potential pests to farmers, agronomists and those working with agriculture.

In a recent presentation, Gavloski listed the top insect concerns that producers faced in 2023 and offered a forecast for this season along with scouting and management tips.

The list includes flea beetles in canola, grasshoppers, armyworms, diamondback moths, alfalfa weevil, cutworms, aphids in small grains, field peas and soybeans, and Lygus bugs.

"Flea beetles, grasshoppers and armyworms were major insect concerns in every agricultural region of the province," Gavloski said. "The others were of concern, but more localized and weren't as widespread. Five of those 10 are things that overwinter well here, and five either blew in or migrated in. So, flea beetles, grasshoppers wintered well. Armyworms migrate in a purposeful migration. Diamondback moths don't winter well; they blow in. The alfalfa weevil doesn't winter as well as cutworms. Pretty much all aphid species, if they're going to be a problem, it's because they've blown in."

Flea beetles in canola

Gavloski says last year resulted in many issues with flea beetles.

"They were widespread. But it wasn't as bad as the year before. What puts you at a higher risk for flea beetles is sitting and not growing quickly early on."

Producers were treating canola seed with neonicotinoid seed treatment, and many fields received additional insecticide applications. There were also heavy feeding or insecticide applications reported from all agricultural regions.

Gavloski said slow emergence and early season growth makes canola more vulnerable to flea beetles.

"The challenge is to get the canola plants to a stage where they can natu-

rally tolerate flea beetle feeding (3-4 leaf stage) without significant feeding injury."

Last spring's excellent growing conditions and warm soil resulted in quick germination and emergence in some areas.

Cultural controls for flea beetles in Canada include planting seed as shallow as available moisture will allow. Direct seeding also provides a microclimate which is less ideal.

Producers could also consider stem cutting.

"But there's an art and a science in scouting for females. We're factoring in a variety of things, so you really have to use a bit of intuition and common sense in your decision making."

Grasshoppers

"In our areas, there are many different crops, so some farmers don't have to deal with them in any significant way. Other farmers do. So, it can vary within a region."

Pest species can lay a lot of eggs, and Gavloski says if you get them in early frost, sometimes it cuts down the egg laying before they get a chance to lay their maximum amount.

"Last year, the frost came quite late, and they were able to lay their maximum numbers. They were in warm enough conditions, so they were quite active."

In terms of winter mortality. Gavloski says don't count on it.

"Soil temperatures of -15 degrees, about two to three inches into the soil are required to cause substantial winter mortality."

This depends on snow cover since eggs are usually laid where snowfall accumulates.

"Even an inch or two of snow is enough to insulate them."

If spring is too dry, it can delay hatch. Grasshoppers need a bit of moisture for hatch, but not a lot. Temperature is what drives the cycle.

"Scout your ditches and field edges, and areas where grasshoppers tend to emerge in your region, starting in early June. That's when you can probably expect to see the hatch starting."

Armyworms

Armyworms are in the same family as the cutworm, Gavloski said.

"These are major pests. They migrate north in springtime, like butterflies. We had some very high levels last year, in late June and July, right across the province."

Armyworms like dense grassy veg-

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> INSECTS FARMERS NEED TO KNOW ABOUT, FROM PG. 21

etation to lay their eggs, so scouting for them isn't difficult.

"If you have areas that are denser, especially a cereal crop, check those areas carefully. We do monitor and set traps for these adults, and we can give you at least a bit of advance notice if we see them in our traps."

Any field in areas that have significant bird activity should be scouted.

Also check the backs of armyworms for parasite eggs. Natural enemies of the armyworm are Cotesia wasps, who lay eggs into the army worm.

Diamondback moth

The Diamondback moth is blown in by strong south winds into Manitoba across Eastern, Interlake, Central and Northwest regions in July and August.

Their numbers are hard to predict.

"It can vary from year to year. The numbers were extremely high in the Altona and Horndean areas last summer," Gavloski said.

Few, if any, survive winters in the Canadian prairies.

"When they move in and get established, the pod feeding is the most damaging. If you have good soil moisture and they're feeding on flowers and buds and things, usually plants like canola will produce more flowers and buds and compensate for that feeding. But the plant can't produce more pods and seeds once it gets to that stage. The pod feeding is really what we want people to watch out for."

Aphids in cereals

"Aphids were a concern and are also something that blows in on the winds. They were an issue in quite a few regions. Probably more so in the western part of the province and the central region.

"The problem we ran into last year was they came in quite late, well into July. People were scouting and they weren't quite at soft dough yet. They were still in the susceptible stages. But spring was an issue because we're limited to two registered active ingredients: malathion and dimethoate."

Dimethoate has a 35-day preharvest interval.

"So, when you're almost at soft dough, that's not an option. And malathion wasn't all that readily available. It's an okay product on aphids. Dimethoate is probably the better product in the long run, but because of the long pre-harvest, it's not an option."

Lygus bugs

Lygus bugs are sap feeders, with a beak like a mosquito. They suck the juice from the plant, and like to feed on nitrogen rich newer growth, like flowers, buds, and seeds.

"They can become a real problem when they're feeding directly on your seeds and will do this with a lot of plants. Last year we had issues in canola, dry beans, and high levels in rye and wheat."

The new economic thresholds for Lygus bugs in Canola suggest a threshold of 20-30 per 10 sweeps for good growing conditions. Using the lower end of the threshold (about 20 per 10 sweeps) may be appropriate for stressed canola with less ability to compensate for feeding.

The most vulnerable crop stage for Lygus feeding is when seeds are enlarging on lower pods. When most pods become "leathery" and when seeds inside are firm, Lygus bugs can no longer penetrate the pods or

seeds with their mouthparts and are no longer an economic threat.



RECORD PHOTO BY LORI PENNER

John Gavloski recently shared the top insect concerns for last season and the season ahead with local producers.



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2. Must have maintained an 80% or higher GPA throughout high school.

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2. Submit most recent transcript.
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4. Submit 2 essays:
 - 1st essay: 500 words on why you love the Interlake and your chosen career path and how you think you will make a difference in the Interlake in the future.
 - 2nd essay: 500 words on either an innovation, safety measure, or community service or activity that you feel would benefit the Interlake and how you would propose making that happen.

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APPLICATION



Rossdale dancers rise to the stage, win big

Rossdale School of Dance put on a show at Manitoba Ukrainian Dance Festival

By E Antonio

Students from the Rossdale School of Dance performed their hearts out at the Manitoba Ukrainian Dance Festival (MUDF) on April 5 to 7.

The festival is an annual Ukrainian dance celebration hosted by Troyanda for dancers across Canada.

Over 40 dancers attended MUDF from Rossdale this year.

Rossdale instructor Amy Kavanagh, who has been teaching at the school for eight years, was extremely proud of how all the dancers performed.

"I love watching the kids progress as they get stronger and more advanced," she said.

Kavanagh explained that she loves being able to connect back to her

Ukrainian roots and see the dancers become a team.

MUDF was the first big performance for Rossdale dancer's this year. Dancers from ages four to 17 battled their nerves and put on a great show for the audience.

Rossdale School of Dance brought back several gold and silver medals to their St. Andrews based studio.

The boys open trio won the junior adjudicators choice award. Adjudicators choice awards are selected by a judge and given to their favourite dance of the entire competition.

"The trio got to show off their strength and skills, all while having fun with each other," Kavanagh said.

The Boys trio got to perform at the MUDF celebra-

tion showcase at the end of the festival.

Thomas Haughton was one of the boys in the trio.

"Dancing in the showcase was really

Continued on page 25



RECORD PHOTOS SUBMITTED Rossdale dancers, Sophie, Anna and Kaylee showing off their Volyn costumes.



Boys trio dancers, Jordan, Kolsen and Thomas with instructor Amy Kavanagh won the Junior Adjudicators Choice Award. An award only given out to one dance in each age division.

A new technology is making partial dentures way better

By Brock Vandor
DENTURIST

There is something new and very exciting when it comes to partial dentures! I am so excited about it because it is one of those things that is undoubtedly superior to the way we used to do it. They are fitting better than I have ever seen, and of course, patients are having more comfort than they have ever had in the past.

Since the beginning of metal working time, to make things like partials, we had to first make a mould of a certain shape (like a partial denture), then pour liquid metal into the mould and let it cool and harden. This method works great, but there is always a problem...when the metal cools, it shrinks! This means that no matter how perfect we make the mould of your denture, when we pour the

metal in, it will change shape and never have a perfect fit; requiring very careful adjustments to the denture. But now, I am very excited to say, we can totally get rid of that process where the metal distorts and partials don't fit as good as they should!

Today, we can design your partial denture on a computer, then use a computer controlled milling machine to actually make the exact shape of your partial out of hardened Titanium metal. This means no more distortion, and wow, the results are truly amazing! My brother, who is also a Denturist out in Medicine Hat, is also doing Titanium partials too and every time we get on the phone, we can't help but talk about how this new technology is just the best thing that has ever happened to partial dentures. We can

finally get the fit that we always wanted, and patients are absolutely loving them for 3 main reasons:

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If you have had problems with your partials before, then there is a good chance that this is the answer. The process of making them is by far superior to the old way. Give us a call today to reserve your free consultation and we would be happy to see how we can help.

Thanks for reading! Brock Vandor, the Denturist.



Recent patient Gary says, "Brock is awesome. My new teeth have a great fit, excellent work and the staff are very professional."

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Your FARM



EIWD to distribute 16,000 trees; new headquarters in Gimli

By Patricia Barrett

The East Interlake Watershed District (EIWD) will be distributing a lot of trees at no cost this year to help landowners combat the climate crisis and protect the ecosystem.

EIWD director Armand Belanger said 16,000 trees will be made available to landowners who fall within the watershed district's catchment area and who meet certain criteria.

The trees are part of the federal Liberal government's 2 Billion Trees (2BT) funding program, which will provide funding for 10 years to help tackle climate change and biodiversity loss.

"We are getting the saplings through AWES [Agroforestry and Woodlot Extension Society], a partner in Alberta," said Belanger. "Trees, mulch blanket and use of our tree planter and mulch applicator are free to landowners. The main criteria are that landowners maintain the trees."

The federal government's 2BT program states that the trees will capture and store carbon from the atmosphere, improve air and water quality, help restore nature and biodiversity, cool urban centres and support green jobs.

The EIWD, which receives federal and provincial funding support, works with landowners to help mini-

mize the impacts of land use and agriculture on the environment.

The district delivered millions of dollars in government programs in 2023 including initiatives such as shelterbelts, reforestation, tree and grass planting, exclusion fencing (to protect riverbanks and other water courses from animals), well water testing, erosion control, conservation payments for landowners' maintaining or protecting important areas, cover crops, nitrogen management, rotational grazing, water retention, wetland enhancement, pollinator strips and prairie re-wilding.

The EIWD moved its headquarters in Gimli from 74 First Ave. to 15 Jacobson Dr., off Gimli Park Road. The two-acre site, which was previously owned by commercial fisher Gord Jacobson, has a newly constructed office with a spacious boardroom, said Belanger. It also has a walk-in fridge/freezer, which used to store fish and can now store trees. The expanded site will allow the EIWD to efficiently store equipment and supplies.

"While the previous office was conveniently located on the main street, the new site offers a more serene environment. Staff and visitors now enjoy views of deer, rabbits and even a weasel as they peer out the windows. The picturesque surroundings provide a



RECORD FILE PHOTO BY PATRICIA BARRETT

A stand of trees in a field is shown along Highway 7. The EIWD will be distributing 16,000 trees to landowners this year under a federal government program that's providing funding for 2 billion trees to fight climate change and biodiversity loss.

refreshing change from the bustling city streets of Gimli," he said.

The move to the new office began a year before the actual relocation, he added. EIWD secured approvals from its 16 municipal partners and the provincial government.

The EIWD is experiencing unprecedented activity because of several funding programs for farmers and land stewards, said Belanger.

In addition to the 16,000 trees, the Manitoba Habitat Conservancy's Growing Outcomes in Watershed program is providing funding to

enhance, maintain and protect wetlands, grasslands, uplands and riparian zones.

"Landowners can now receive yearly payments for undrained class 1 and 2 wetlands," said Belanger.

The Prairie Watersheds Climate Program, which was established by the federal government and is administered by the Manitoba Association of Watersheds, will also be helping reduce nitrogen, integrate cattle and encourage cover cropping.

"These practices have shown to reduce greenhouse gases," said Belanger. "Of particular interest to the watershed district and farmers is that these practices align with the six principles of regenerative agriculture, where input costs are reduced while building healthy soil, transforming soil that was once like concrete into a sponge."

The EIWD is currently renewing its Netley-Grassmere and Willow Creek Integrated Watershed Management Plans, which are a cooperative effort by all levels of government, community members, Indigenous peoples and watershed organizations to manage resources for the long term.

"This cooperative effort will outline short and long-term watershed goals that will increase the health of the watershed for all watershed residents," said Belanger.

For more information about EIWD services and programs, call (204) 642-7578 or visit the website: www.east-interlake.ca



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> ROSSDALE DANCERS, FROM PG. 23

fun," he said.

Thomas, 10, has been dancing since he was three, just like his sisters, 12 year old Kaylee Haughton and 14 year old Sophie Haughton.

All of the Haughton siblings competed many dances at MUDF.

Kaylee's favourite part about Ukrainian dancing is the costumes and the competitions.

"I love getting to see everyone perform and connect with other dancers," she said.

Kaylee explained that she loves knowing the costumes she wears come from and support Ukraine.

"I get to do something I love, and support my culture at the same time," Kaylee said.

Sophie was most excited to perform her Volyn duet at the MUDF. Sophie choreographed the routine herself.

"Volyn is a bouncy fun dance with kicks from a region in northwestern Ukraine," Sophie said.

Her duet was inspired by steps from her previous dance lessons and dance camps that she has attend-

ed.

The Haughton siblings all love Ukrainian dance music.

"The music is traditional with a little bit of a twist," Sophie said.

Father Tom Haughton added that their family consistently has a playlist running at home.

The Haughton family is united by Ukrainian dancing. They all shared how dance has brought them closer together.

"Ukrainian dance is challenging but it is lot of fun. There is always room to grow at Rossdale," Thomas said.

Thomas, Sophie and Kaylee all wish to continue their dancing with Rossdale School of Dance and join a Ukrainian dance ensemble in the future.

Dancer's at Rossdale are excited to perform at Folklorama and Dauphin Ukrainian Festival this summer.

Rossdale School of Dance is located at 6 Riverview St. in St. Andrews.

For more information about classes, visit www.rossdaledancers.com



RECORD PHOTOS SUBMITTED

Intermediate 1 dancers Eva, Sophia, Charlotte, Millicent and Ava with their costume from the Hutsul region.



Rossdale Intermediate 2 dancers ages 11-13 wearing their Peregrin region costumes with pride.



Beginner class dancers ages 4-6, Rose, Vicki, Oliver, Aubrey and Hazel, getting excited to perform for the first time.



Junior Rossdale dancers, Anna, Julia, Gracie, Camille, Maryna and Benny showing their best stage smiles.

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> MEAL IDEAS



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Apple Ricotta Crepes

salt, to taste
maple syrup
Ricotta Filling:
1 cup ricotta cheese
1 lemon, zest and juice only
2-3 tablespoons sugar, or to taste
To make crepes: In bowl, combine flour, sugar and salt. Add milk, eggs and vanilla then, using whisk, combine thoroughly. Mixture should be silky smooth. Refrigerate.

To make apple topping: In pan over medium heat, heat butter and brown sugar until bubbly and golden.

Add apples, cinnamon, nutmeg and salt, to taste; cook over medium-low heat until apples are soft. Turn off heat and finish with maple syrup.

To make ricotta filling: Combine ricotta, lemon zest, lemon juice and sugar, mix well and set aside.

In nonstick pan over medium-low heat, melt small amount of butter.

Add one ladle crepe batter, cook until bubbles form, flip and cook until golden. Repeat with remaining batter. Stack crepes to keep warm and soft.

Spread ricotta mixture thinly onto crepes and fold into quarters. Top with apple mixture and serve.

Yield: 12 crepes (2-3 crepes per serving)

Crepes:

1 cup flour
1 tablespoon sugar
1/2 teaspoon salt
1 cup whole milk
2 eggs
1 teaspoon vanilla
butter, for cooking

Apple Topping:

butter
2 tablespoons brown sugar
Envy Apples, sliced or cubed
1/2 teaspoon cinnamon
1/8 teaspoon nutmeg



Apple, Tomato and Goat Cheese Frittata

6 eggs
1 teaspoon hot pepper sauce
2 teaspoons kosher salt
20 turns fresh cracked pepper
1/4 cup whole milk
1 Envy Apple, small diced
1/2 cup sundried tomatoes, chopped
4 ounces goat cheese, crumbled
2 tablespoons thinly sliced chives
Preheat oven to 350 F.

In large mixing bowl, whisk eggs, hot pepper sauce, salt, pepper and milk until well combined.

Stir in apples, tomatoes, goat cheese and chives until well combined.

Using 1/3 measuring cup, spoon frittata mixture into oven-safe large skillet or 9-by-9-inch pan.

Bake 25-30 minutes, or until eggs are set.

Let cool slightly then serve.

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Ask the money lady

Dear Money Lady Readers,

There are three major ways that Canadians invest in the market: fixed income investing, guided stock portfolios (which would include ETFs, MFs, bonds and various securities) OR through insurance products like annuities or segregated funds. Then there are other ways to invest – like buying real estate, cryptocurrency, commodities, and leverage lending. Today we're just going to cover the basics to get you started and give you some ideas so that you can discuss them with your advisor.

Let's start with fixed income investing which is often overlooked because it isn't as exciting as buying and selling stocks. It's primarily a rules-based philosophy that takes all emotion out of the equation. You simply follow the rules and get a solid return. Laddering is the most common method and today there's \$11 trillion invested this way in Canada alone. When you look at the markets from a long-term perspective, fixed income portfolios win every time. They're not as glamorous as picking stock, however because of their stability and security, almost all large corporate and government pension funds are done through this method. One thing you must remember with fixed income products is that they consist mostly of different types of bonds and buying them is like buying real estate. That means, you can't turn around and sell them immediately after the purchase like you can with stock. The way it works is, you buy them at a discount, and then they mature at par. Meaning on the maturity date you know exactly what you're going to get. Most people who invest in real estate and want a tangible asset, choose to diversify their investments in institutional bonds because of the similarities. At the retail bank level, you could also consider structured notes as an alternative fixed income strategy.

Guided stock portfolios are the other great method for Canadians to invest. But we seem to have a large expertise gap with some advisors, and most are pushing clients into mutual funds and managed accounts. Now, is that a bad thing? Maybe not. Today there are over 135,000 mutual funds to choose from worldwide with over \$1.7 trillion invested in Canada. So, let's talk about mutual funds since they seem to be the product of choice.



Christine Ibbotson

A mutual fund, (MF) is just that – a fund of different types of products such as stocks, bonds, and money markets. When you invest in a MF you invest money into the fund with everyone else, and by doing so, your contribution is measured in units. You will be given a number of units based on the daily market price called a NAV price per share (net asset value) and you will share in the income, gains, losses, and expenses of the fund you now partially own. MFs are a great way for any investor to take advantage of buying into a fund, managed by a professional with good diversification. That's because a typical fund could have a portfolio of 60 to 100 different securities, across 15 to 20 different industries. The average investor can't be expected to hold a stock portfolio of that size. It's just not possible. No one has the time, knowledge, or expertise to do so. This is why MFs could be a good choice.

If you choose to invest in MFs, take note of the load fees and trailer fees. This will be expressed in the management expense ratio, (MER). Also remember that MFs are not a short-term investment unless you opt for the money market funds. When you purchase MFs, plan to hold them for at least a year and make sure you know when the fund distribution times are so that you can avoid higher pricing or any tax implications when you initially buy in.

Good Luck and Best Wishes,
Money Lady

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6 syndicated across Canada. Send your questions through her website at askthemoneylady.ca

Service personnel with PTSD don't need to go down that dark road

Retired police officer in the Interlake organizing Wounded Warriors Canada fundraiser

By Patricia Barrett

A retired Winnipeg police officer who lives in the Interlake is raising awareness of post-traumatic stress disorder (PTSD) and helping a Winnipeg Police Service PTSD support group organize an upcoming fundraising event for Wounded Warriors Canada.

Jerry Maryniuk, who has lived with PTSD for about 40 years and is a founding member of the police service's Retired PTSD Peer Support Group, said PTSD is prevalent among public service personnel such as police officers, military veterans, paramedics, firefighters, corrections officers – as well as their families – and that they may not be aware of the therapies Wounded Warriors provides.

"It has only been in the last while that we've started to talk openly about PTSD in service personnel. Many still don't talk about it and they're not getting help. And we wonder why we have suicides and why there are people struggling with everyday life," said Maryniuk, who has taken part in two Wounded Warriors' therapy programs. "They don't have to go down that dark road. Wounded Warriors is a great place to get help."

PTSD is a trauma- and stress-related disorder that results from exposure to death, threatened death, serious injury or actual or threatened sexual violence. The symptoms include recurring and intrusive upsetting memories, emotional distress, flashbacks or nightmares. The condition leads to changes in perception and mood that can include feeling isolated, avoiding people, places or activities that serve as reminders of the event, feeling fear, guilt, shame, irritability or aggression, being hypervigilant and having difficulties concentrating and sleeping.

Maryniuk said he knows of at least five retired Winnipeg police officers who died by suicide in their late 60s and 70s because they just "couldn't live with it anymore." Others continue to "muddle through" without professional help.

Back in the 1970s and 1980s police culture was different from what it is



RECORD PHOTOS SUBMITTED BY WOUNDED WARRIORS CANADA

Wounded Warriors offers couples a PTSD therapy program that involves horses.

today, he said, and police officers typically wouldn't admit they were suffering from psychological stress out of fear of being labelled "weak" or "crazy" or being potentially denied a promotion or a sought-after transfer.

"You're a macho police officer and nothing phases you – that's the mentality of most police officers. You think, 'I can get through this,' so you hide it to survive. It's embarrassing to expose your weak underbelly to people who may not understand it and when you don't quite understand it yourself," said Maryniuk. "I can see why current police officers are reluctant to talk about this. It could affect their career, their marriage and family."

It's estimated that 20 to 45 per cent of public safety officers (i.e., any frontline personnel protecting the safety and security of Canadians) have PTSD or some other mental health issue such as anxiety, depression or substance abuse because of repeated exposures to crime, violence, accidents or disturbing materials, according to a 2023 Public Safety Canada report titled Evaluation of the Initiatives to Address Post-Traumatic Stress Injuries (PTSI) Among Public Safety Officers, Evaluation Report.

Maryniuk said his PTSD symptoms arose after a shooting that occurred over 40 years ago when he was working as a plain clothes detective in Winnipeg.

"A guy had just shot a cab driver and was trying to escape. The cab driver lived, but it was a robbery with violence. My partner and I happened to be close by so we attended. The guy saw me and fired at me but he missed. We returned fire and killed him," said Maryniuk. "That was one of my many traumas. That haunted me for a long time that I killed somebody, that I myself came that close to dying, and that I could have left behind kids and a wife."

The department's "therapy" at that time was a bottle of whisky and telling them not to be late for work the following day, he said. Officers were depended on to help people in need and it wasn't their place to seek help.

"There were many other incidents that happened which you suppress and put to the back of your mind, but you can have violent dreams at night and end up on the floor," he said. "I lived with this for 40 years and knew lots of people with PTSD. I thought to myself, 'I can't have it' and was basically in denial because I didn't want

to admit I had some mental issues. It takes a big step to admit it because it's embarrassing and re-traumatizing."

Maryniuk said police culture has changed over those 40 or so years. The Winnipeg Police Service now has a staff psychologist offering officers support after traumatic incidents. It also has about 50 wellness officers among its ranks that can provide additional support. Some officers may get additional psychological assistance through workers compensation, the healthcare system or be referred to Wounded Warriors.

Maryniuk and two other retired Winnipeg Police officers started the peer support group for retired officers with PTSD to bring more attention to the suffering, to put a "name and face" to it so that other retired officers going down the same road know they're not alone, and to provide them with information about therapy options. The support group has brought in speakers such as psychologists and tax experts (to explain the disability credit), and has seen as many as 20 people attend their meetings.

"We thought if we can try and help those out there that are suffering, per-

Continued on page 28

> WOUNDED WARRIORS FUNDRAISER, FROM PG. 27

haps we can prevent some of these suicides and get people pointed in the right direction as far as support and therapy programs go," said Maryniuk. "We've all navigated our health care system here in Manitoba, which helps people with PTSD but doesn't really go hand in hand with pressing 3 for this or that service and talking to a recording. Unless you've called the suicide crisis line – which responds immediately – you'll be waiting for a referral. That's almost impossible for a PTSD sufferer."

He said he had spoken with a Winnipeg Police Service staff psychologist over another traumatic event, a murder-suicide, and when two colleagues told him about Wounded Warriors, he decided to reach out to the organization for further support a few years ago.

"Wounded Warriors is much easier to navigate than our public health system or the Workers Compensation Board, and there's no cost. They did a couple of phone interviews to determine if I had PTSD then I was off to B.C. to do two therapy sessions," said Maryniuk. "The therapy they provide gives you the tools to cope with PTSD. There's no cure for PTSD, but you learn how to live with it so that your life is better. You don't have the same amount of anxiety. Your nightmares aren't as frequent. You don't have the same amount of rage that you used to have. Basically, the symptoms are still there but you know how to control them."

Wounded Warriors Canada is a national mental health service provider that specializes in treating PTSD. The registered charity offers a range of therapies to service personnel, who are repeatedly exposed to events such as death, injury or sexual violence. Programs include trauma resiliency training, peer support, a preventa-

tive operational stress program, a trauma program for couples that includes work with horses and a kids' program.

Phil Ralph, director of health services for Wounded Warriors, said people can acquire the condition after a single trauma or events that occur over years.

"For some people, it can be a horrific experience so outside their understood reality and the world they know that it just shocked them. For others it can be accumulative after years and year and years of seeing things that make no sense," said Ralph, who served in the military for 26 years. "You could be overseas and confronted with making a decision about a child who's armed with a weapon. What do you do if you're faced with that given our values about protecting children? Or it could be a whole series of minor events that just keep building. People can also be affected by hearing about traumas."

As a first step, Wounded Warriors provides psycho-education to explain to sufferers what's happening in their brain and normalizing it to make sure they understand that this is "how the body reacts to trauma," he said. Then the therapy moves to "unpacking" one of the traumas the participant dealt with and teaching them there's a pattern for unlocking all other traumas.

"What you want to do is move the trauma from this memory that controls you, to you controlling the memory," said Ralph. "There's a perception out there that you'll cure people, but that's not what this is about. It's about how do you deal with trauma and how do you resolve it. You can't erase the things you've seen and experienced, but you can make them less intrusive."

The organization offers a program to

help children and spouses cope with the negative spillover from living with someone with PTSD.

Ralph said the organization ran 75 programs in 2023 and currently has a waiting list. The programs are expensive to run because clinicians who specialize in trauma have to be hired. It will also pay for participants' costs to attend therapy if they have to travel to another province and don't have the funds.

"We bring people with PTSD from Manitoba to B.C., Ontario or Alberta because we want them to get help in a timely manner. Manitoba has a smaller population and we don't want to wait until we have enough people to offer the program," he said. "However, we're starting to see more and more people in Manitoba step forward so we'll probably in the next year or so offer programs there."

The organization is also building relationships with police, fire and paramedic services across Canada, offering preventative resiliency training and peer support training.

"Municipalities, provinces and federal entities can send their personnel to proper programming that teaches them the principles of resiliency so they're prepared for what they see," said Ralph. "We're starting to get services across the country to invest in this."

The organization receives a mix of funding, such as from the Alberta solicitor general's office, for instance, and relies heavily on the "generosity of Canadians," said Ralph.

Maryniuk and members of the Winnipeg police peer support group are organizing a fundraiser for Wounded Warriors that will take place next week in Winnipeg. The proceeds raised will benefit countless Canadian police officers as well as military veterans, paramedics, firefighters, corrections officers, call centre dispatchers and other service personnel

and their families who reach out to the charity for help.

Members of the public are welcome to attend the event or purchase a ticket to support the organization. People and businesses can also donate an item to the silent auction, which will have prizes such as Jets jerseys and a vacation. Maryniuk is an artist with a small business and will be donating a couple of sculptures and paintings to the auction to help raise money for Wounded Warriors.

Wounded Warriors is a registered charity and any donation of \$20 or more is eligible for a tax receipt.

The fundraising social will be held from 7 p.m. to 1 a.m. on Friday, April 26 at the Canad Inns Destination Centre, 2100 McPhillips St. in Winnipeg. The event will be emceed by Big Daddy Tazz and feature the Canadian Air Force Band. Tickets cost \$20.

To purchase a ticket for the event or to donate an item for the auction, contact Jerry Maryniuk by email: ptsdjerjerry@gmail.com Tickets are available at police credit unions in Winnipeg and the Henderson Legion at 215 Maxwell King Dr. in East St. Paul.

Manitobans experiencing suicidal thoughts can contact the Suicide Crisis Helpline by calling or texting 988. The service is available 24-7. People can also call the Reason to Live, Manitoba Suicide Prevention & Support Line toll free 1-877-435-7170, which is also available 24-7.

"MANY STILL DON'T TALK ABOUT IT AND THEY'RE NOT GETTING HELP. AND WE WONDER WHY WE HAVE SUICIDES AND WHY THERE ARE PEOPLE STRUGGLING WITH EVERYDAY LIFE,"

Manitoba Beef Producers recognizes measures in latest provincial budget

By Lana Meier

The most recent provincial budget includes several initiatives that Manitoba Beef Producers is pleased to see. These measures have the potential to benefit both the cattle sector and rural communities in our province.

According to MBP President Matthew Atkinson, the budget contains significant commitments that are vital for our sector. These include increased funding for the Livestock Predation Prevention Strategy, implementation of the Veterinary Medical Services Strategy to address shortages, and a 2024 freeze on rental costs for agricultural Crown lands. As MBP has advocated strongly for these issues,

their inclusion in the budget is greatly appreciated.

Atkinson noted several other commitments that will be helpful for beef producers. They include:

Extension of the gas tax cut to the end of September;

Maintaining the School Tax Rebate for farm properties at 50 per cent;

The reopening of two Manitoba Agricultural Services Corporation (MASC) service centres;

Increasing the loan amount eligible for the Young Farmer Rebate to \$300,000 from \$200,000 and the lifetime maximum rebate to \$30,000 from \$20,000;

Providing a new lending fee credit for farmers under the age of 40 to minimize the upfront cost of financing through MASC;

Continued investments in the suite of business risk management programs;

The development and implementation of a comprehensive trade strategy with a renewed focus on trade relationships and expanding export capacity;

The creation of a value-added strategy for Manitoba farm products;

More apprenticeship training seats, and other steps to help deal with labour shortages, including measures

to address gaps in services for temporary foreign workers in agriculture;

Efforts to relieve the shortages of health care professionals, including in rural communities;

Work to address rural crime, including more funding for police services.

Atkinson said that MBP will maintain its collaboration with Ministers, government officials, and agency employees in order to promote the growth of Manitoba's beef industry. This open exchange of ideas is crucial as we work towards the shared objective of a thriving provincial agriculture sector and prosperous rural areas.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake Kids of Steel triathlon registration open

By Becca Myskiw

A Kids of Steel triathlon, hosted by the Hecla Triathlon, is coming to Arborg this summer.

The triathlon is for children between six and 15 years old. Race director Paula Anderson said the Sulong Triathlon Group has wanted to hold an event for children for a while but didn't have the ability to in Lake Winnipeg.

"It's just never played out properly," she said. "We've always wanted to be inclusive and have that kid's option."

Anderson completed her first triathlon around 10 years ago in Riding Mountain National Park. Knowing she could swim, bike, and run, she decided to try it, and said she probably underestimated how difficult the three sports are to do in succes-

sion. When Anderson first stated, she was doing a 750-metre swim, a 20-kilometer bike, and a 5-kilometer run. The most common one she does today is the Olympic distance, which is a 1.5-kilometre swim, a 40-kilometre bike, and a 10-kilometre run. Anderson's favourite race, though, is the long one, and the only place she can do it in Manitoba is at the Hecla Triathlon. That race includes a 1.9-kilometre swim, a 90-kilometre bike, and a half marathon run.

"It's the challenge to push yourself," she said. "Any day can bring anything. You could get a flat tire and have to figure out how to work through it, or you could be having an off day and just have to finish."

The Interlake Kids of Steel triathlon will be in Arborg on July 6. Children



RECORD PHOTO SUBMITTED

A triathlon for youth is coming to Arborg this summer and registration for it is open now.

Alumni champions



RECORD PHOTO SUBMITTED

A team of Selkirk Royals volleyball alumni, known as Team Armada, triumphed in the Winnipeg Men's Volleyball League, claiming victory in the Tier 5 Championships on April 9. The Armada emerged victorious in the thrilling final, winning 3 sets to 2 on April 9. Pictured left to right, back row: Cade Chisholm Aidan Chisholm, Liam Allen, Colin Kamerman; front row, Adam Trudeau (team captain and manager), Jack Harrison, Troy Kozun. Missing from the photo Soren Eramchuk. Cade, Adam, Jack, Troy, and Liam are Royals coaches and are giving back to the program where they began their journey.

six to seven years old will do a 50-metre swim, a 1.5-kilometer bike, and a 500-metre run. Children eight to nine years old will do a 100-metre swim, a 3.2-kilometre bike, and a one-kilometre run. Children 10 to 11 years old will do a 200-metre swim, a 6.4-kilometre bike, and a two-kilometre run. Children 12 to 13 years old will do a 200-metre swim, a 6.4-kilometre bike, and a two-kilometre run, or if they prefer the longer race, a 300-metre swim, 9.6-kilometre bike, and a three-kilometre run. Children 14 and 15 years old will do a 500-metre swim, a 9.6-kilometre bike, and a four-kilometre run.

Athletes between the ages of 10 and 15 are also eligible to qualify for the 2024 Manitoba Summer Games, which will be held in Dauphin.

The Interlake Kids of Steel triathlon will start at the Access Credit Union Aquatic Centre in Arborg, where the athletes will complete their swim. Once done, they'll head outside to the bike racks, put their shoes and helmets on, and set out to complete their bike ride. That ride will take them to the Collegiate and back to the Aquatic Centre, the older ages doing the loop a few times. After that, the athletes will

complete their run, taking them to the ball diamonds, around the track, and through an inflatable finish line.

Throughout each portion of the race, adult volunteers will count laps and distances for the children.

"We try to make the environment as safe as we can," said Anderson. "We want everyone to have fun."

Anderson said doing a triathlon is a great way to challenge yourself. She finds it easy to stay focused when training because of the three sports to focus on, keeping it interesting. She said the triathlon community in Manitoba is also very tight-knit and welcoming, a sort of family that pushes each other and has fun doing it.

"You leave feeling very accomplished once you're done no matter if you did exceptionally well or had a poor day," she said. "You still put it out there."

The Interlake Kids of Steel triathlon registration is open until Thursday, July 4. Registration before May 15 is \$30 per athlete; after that, but before June 30, it is \$35, and after that, but before July 5, it is \$40. To learn more about the triathlon or to register your child, go to www.heclatri.com.

Lotts of luck at 2024 World Mixed Doubles Curling Championships

By Ty Dilello

Gimli's Colton and Kadriana Lott are off to Ostersund, Sweden, this week to represent Team Canada at the 2024 World Mixed Doubles Curling Championships from April 20-27.

The Lotts earned the right to be Team Canada after winning last month's Canadian Mixed Doubles Curling Championship.

At the World Championships, Canada will be one of 20 countries competing in two pools of 10 teams. Some of the Lott's toughest competition at the Worlds will come in the form of Team Sweden (Wrana/Wrana), Switzerland (Schwaller/Schwaller), Italy (Constantini/De

Zanna) and Norway (Skaslien/Nedregotten).

Canada will play a nine-game round robin beginning on April 20. From there, the top three teams in each pool of 10 will advance to the single elimination championship round. The bronze and gold medal games will take place on April 27.

Live scores for the event can be found on the World Curling website: <https://worldcurling.org/events/worldmixeddoubles/>. Although the event won't be televised, people can visit <https://curlingchannel.tv/> to stream some of Canada's games online.



RECORD PHOTO SUBMITTED

Fresh after winning a national mixed doubles title for the first time, Gimli's Colton and Kadriana Lott are off to Ostersund, Sweden, to represent Team Canada at the 2024 World Mixed Doubles Curling Championships from April 20-27 at the Ostersund Arena.

Tomko to fight for a Canadian title

By Brian Bowman

Devin Tomko is going to Victoria, British Columbia next month - and he's not there to see the beautiful scenery.

Tomko will be bashing gloves with Buneet Bisla for the Canadian Light Heavyweight title.

"He's a hometown guy and that's just how I like it. It's kind of a dream come true. When I first started boxing I always kind of wanted a Canadian title. It's a dream come true to fight for it and I definitely am not slacking on putting in serious work to get there," said Tomko from Montreal, where he is currently training last Saturday afternoon.

Tomko's last fight was back in October in Gatineau, Quebec on the Eye of the Tiger card, which was televised on ESPN, and he knocked a dude out in the second round.

"It was nice after everything I went through this past year. It was nice to get back in there and win on ESPN in front of a good hometown crowd after I was living in Ottawa for a little bit," he said. "It was good to get in there and get the knockout. Even though it was a short fight, I feel like I got a lot of experience and now I feel like I am finally settling into my style and ready to showcase now."



RECORD PHOTO SUBMITTED

Devin Tomko will be fighting for a Canadian boxing title in Victoria, British Columbia next month.

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The Selkirk Record

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Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 04-467-9344.

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APARTMENT FOR RENT

Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

WANTED TO RENT

Mature couple, non-smokers, no pets, looking for nice home to rent in Selkirk or Selkirk area for May 1st. Contact 204-648-4475.

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MORTGAGE SALE

The land and building known as 214 Schultz Avenue, Selkirk, Manitoba, as described in Certificate of Title No. 2939134/1 will be sold at auction on Wednesday the 15th day of May, 2024 at 10:00 a.m. The auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction. In order to participate you must pre-register at least 24 hours prior to the auction by contacting Dan Ransom at either 204-988-0443 or dransom@tmlawyers.com. On the date of the auction, an email will be sent to all attendees at the email addresses provided. The attendees will need to follow the instructions in the email, which will include a video link or teleconference call-in information. The successful bidder shall have a period of 24 hours to provide the deposit in certified funds payable to Taylor McCaffrey LLP and sign the auction sale conditions.

TO THE BEST of the Vendor's knowledge, the house is a Bi-level 3 bedroom, 2 bathroom house, with approximately 986 square feet of living space. The house has an L-shaped living room, kitchen and dining room with patio doors leading to multi-tiered deck in the fenced backyard. The house has Central Air Conditioning, hood fan, laundry room and utility room. The house has a spacious family room with wet bar. The house has a fully finished basement. There is a single attached insulated garage with front drive access. The approximate lot front size is 50 feet.

PRIOR ENCUMBRANCES: Mortgage No. 5021501/1

REALTY TAXES (excluding any accruing water charges) are paid to December 31, 2023.

TERMS OF SALE: a deposit of \$41,000.00 by way of cash, certified cheque or bank draft payable to Taylor McCaffrey LLP, and the balance according to conditions which will be available for public view at the Auctioneer's address above prior to the auction. The property will be sold subject to a Reserve Bid of \$293,000.00 plus such other additional and incidental costs which may be incurred by the Vendor from the 3rd day of April, 2024 to the date of auction and which costs will be announced prior to the commencement of the sale. The maximum amount of cash that may be provided as part of the deposit is \$7,500.00. The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca.

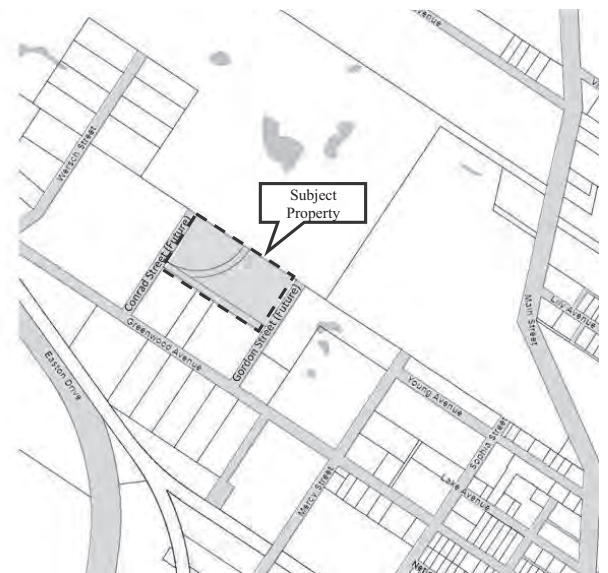
FURTHER information may be obtained from:

TAYLOR McCAFFREY LLP
2200 - 201 Portage Avenue,
Winnipeg, Manitoba, R3B 3L3
ATTENTION: Daniel Ransom
Phone No.: 204-988-0443
File No.: 115971-39

CITY OF Selkirk REQUEST FOR PROPOSAL

LAND SALE AND DEVELOPMENT 617, 619, 621 and 717 Greenwood Ave.

The City of Selkirk invites proposals from proponents who have the capacity to deliver a quality development project in the City of Selkirk. The land parcels are zoned "MI" - Light Industrial. The site is comprised of four lots comprising a total site area of 9.18 acres. The subject property does not have access via a formal, paved road and is not serviced with municipal water or sewer.



Submissions must be received
no later than 4:30 pm (CDT) May 24, 2024.

Details and submission information can be obtained online at: MySelkirk.ca/Tenders.

The City reserves the right to accept or reject any submission(s) Contact Information:

City of Selkirk
200 Eaton Ave, Selkirk MB R1A 0W6
citizensupport@cityofselkirk.com
or (204)785-4900
Subject Property

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The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication
Please Call 204-785-1618



REQUEST FOR QUOTATION 2024-01

Hourly Rough Cutting Services

The Rural Municipality of West St. Paul is seeking quotations for hourly rough cutting services.

Specifications and quotation documents including submission documents are available online at www.weststpaul.com.

Sealed submissions clearly marked "RFQ 2024-01 - Hourly Rough Cutting Services" will be received by the undersigned at the address below until 11:00am on May 2, 2024. Late submissions will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the RFQ should be directed to Terry Ferguson, Community Services Officer by e-mail tferguson@weststpaul.com or by phone 204-334-0092.

Mr. Dave Wardrop, CAO
Rural Municipality of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3

HELP WANTED

Yard staff needed for Winnipeg Livestock. P/T leading to F/T. Includes weekdays, evenings & weekends. Cattle experience an asset but not necessary. Willing to train. Ph Melissa at 204-299-7509.

HELP WANTED

Homecare help wanted in Selkirk. \$18/hour, 4 hours a day. Cooking skills a must. Call Norm for details at 204-406-5667.

MISCELLANEOUS

APRIL 27 & 28, 2024, DUGALD GUN & COLLECTIBLE SHOW AT SPRINGFIELD CURLING CLUB. FROM WINNIPEG, 10 MILES EAST ON DUGALD RD, OR 5 MILES NORTH OF HWY #1 ON HWY #206. BUY-SELL-TRADE. OPEN SATURDAY 10 A.M. - 5 P.M., SUNDAY 10 A.M. - 4 P.M. FOR INFO PHONE SHERYL 204-250-8766 OR CAROL 204-242-2320.

MISCELLANEOUS

Brand new Hoover upright household floor vacuum cleaner, exc. cond., \$150; BN men's size 9 buckle-up leather winter boots, \$100. EC Men's blueish purple parka size XXL w/black woolen hood, fits a man's size XL \$100; BNC & EC pair size 9 men's work boots/safety shoes w/laces & steel caps over toes \$100; Sunbeam 2-slice toaster EC & EWC \$15. Phone 204-785-8598. Let telephone ring at least ten times for an answer.

WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

WANTED: buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything old & interesting! TEXT/PHONE: 204-918-1607. "Junkies Estate, Salvage, Antiques & Oddities."

UPCOMING EVENTS

JOIN THE FIGHT AGAINST PROSTATE CANCER. RIDE DAY - SATURDAY, MAY 25, 2024. 10 A.M. start - Earls Polo Park (Winnipeg). Visit: ridefordad.ca/manitoba to register or make a pledge

WANTED

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PUBLIC NOTICE

Regarding the 2024 Financial Plan

The Council of the City of Selkirk has scheduled a Public Hearing to be held at:

The Council Chambers
200 Eaton Avenue
Tuesday, May 7, 2024 at 7:00 pm
to present the 2024 Financial Plan

At the Public Hearing, Council will hear any person who wishes to make a representation, ask questions, or register an objection to the financial plan. A written objection may be filed with the Chief Administrative Officer at 200 Eaton Avenue, Selkirk, MB, R1A 0W6 prior to the Public Hearing.

Copies of the 2024 Draft Financial Plan are available at the Municipal Office at 200 Eaton Avenue during regular business hours Monday - Friday 10:00 am to 4:00 pm and on the City of Selkirk's website MySelkirk.ca/financialplan2024. Those without access to online services are asked to call [CitizenSupport](mailto:CitizenSupport@selkirk.ca) at 204-785-4900.

Dated at the City of Selkirk this 15th day of April, 2024, and issued in accordance with Section 162(2) of *The Municipal Act*.

Kevin Richter, CPA, CMA
Director of Finance
City of Selkirk



PUBLIC NOTICE

RURAL MUNICIPALITY OF WEST ST. PAUL Additions to the Voters List and/or Personal Security Protection Requests

In accordance with Section 36 of *The Municipal Councils and School Boards Elections Act* (MCSBEA), the RM of West St. Paul Voters List is open for changes or revisions.

- Any person who is eligible to vote in municipal elections in the Local Authority of the RM of West St. Paul can have his or her name added to the Voters List or have any information about the voter on the Voters List corrected.
- Any person can request to have his or her name and address obscured from the Voters List.

A person whose name has been obscured will receive a Personal Security Certificate and identification number. In a civic election, that person may only vote by Sealed Envelope Ballot and cannot vote in person at the regular or advance voting places.

To implement the above, a written request must be submitted to the Municipal Office, in person, by email, fax or mail to:

RM of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3
Phone: 204-338-0306
Fax: 204-334-9362
E-mail: info@weststpaul.com

The next General Election takes place in October 2026.
Questions? Call 204-338-0306



PUBLIC NOTICE

Notice is hereby given that Larters at St. Andrews Golf and Country Club intends to conduct the following pesticide control program from May to November 2024.

1. To control weeds within the property of the golf course. The herbicide used will be par III, Roundup and Trillion.
2. To control fungal diseases within the property. The fungicides used will be Heritage Max, Instrata, Banner Max, Medallian, Civitas, Secure, Posterity, Instrata II and Disarm.
3. To control insects within the property of the golf course. The insecticide to be used is Delta Guard and Acelepryn.

The public may send written submission within 15 days of the publication of this notice the department below:

Environment and Climate
Environmental Approvals Branch
14 Fultz Boulevard (Box 35)
Winnipeg, MB R3Y 0L6

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FLIGHT ACADEMY

Want to learn how to fly? LS Airways Flight Academy is the most affordable in Canada. Recreational, private and commercial certificates. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for **ONLY \$35 + GST/HST**. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

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- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

ADVERTISE YOUR PROPERTY FOR RENT OR SALE IN THE RECORD

SHOP LOCAL - SUPPORT LOCAL BUSINESS

Starting a new business?

Call us - We have everything you need to promote your business

Call 204-785-1618

ReVolution Trailers RVs Reimagined

- Spring Readiness
- Service & Repair
- Parts & Sales
- Renovated RV Sales
- Custom Renovations

1480 Springfield Rd
Winnipeg, MB
www.revolutiontrailers.ca

Call Now:
204-955-7377

Construction/ Maintenance Employee Required

Independent, experienced. Building construction, propane appliances, plumbing, metal roofs of fishing lodge cabins, etc.

May through September.
Cabin provided

Call 204-937-4007

Online McSherry Auctions

Estate & Moving
Closes April 24 @ 7:00 PM

100 Guns & Ammo, Reload - Over 500 Lots
Closes April 27 @ 10:00AM

Estate & Moving
Closes May 1 @ 7:00 PM

12 Patterson Dr. Stonewall, MB
204-467-1858 or
204-886-7027
McSherryLtd@gmail.com
McSherryAuction.com

www.meyersauctions.com

ONLINE AUCTION April 26, 2024

Shop Tools, Furniture, Appliances, Antiques & Collectables
Lawn & Garden
List & pictures online

Bradley Meyers Auctioneer
Arden, MB
204-476-6262

www.meyersauctions.com

SELKIRK WEED CONTROL DISTRICT PUBLIC NOTICE

Public Notice is hereby given that the Selkirk Weed Control District, which includes the City of Selkirk, Town of Winnipeg Beach, R.M. of St. Andrews, and R.M. of St. Clements, intends to conduct the following pesticide control programs during 2024 as necessary, subject to provincial and federal pesticide and weed control laws.

1. To control noxious weeds and unwanted vegetation where necessary on municipal/town/city/crown property including parking lots, landfills, public works yards, ROWs, ditches, boulevards, parks, trails, cemeteries, and other public property using any of the following: 2,4-D, glyphosate, picloram, chlorsulfuron, propyzamide, diflufenopyr, bromoxynil, dicamba, saflufenacil, indaziflam, mecoprop-P, metsulfuron-methyl, aminopyralid, MCPA, iron (FeHEDTA), aminocyclopyrachlor, triclopyr, ammonium soap of fatty acids, and acetic acid.
2. To control aquatic vegetation/algae in and around retention ponds, drains, and lagoons using diquat ion.

The following adjuvants may be added to improve pesticide effectiveness: Gateway, Hasten, ammonium sulphate, or LI700.

The projected dates of application will be from May 13 to October 15, 2024. Requests for property buffers must be registered annually. The public may send written submissions within 15 days of this publication of this notice to:

Environment and Climate
Environmental Approvals Branch
14 Fultz Boulevard (Box 35)
Winnipeg MB R3Y 0L6

LORD SELKIRK SCHOOL DIVISION

Educational Care & Excellence

(204) 785 - 7911 Office Hours: 08:00 AM to 05:00 PM transportation@lssd.ca

Are you interested in being a School Bus Driver?

Lord Selkirk School Division is looking to recruit Spare School Bus Drivers.

To become a Spare Bus Driver, you must:

- Hold a valid Class 5 driver's licence.
- Have a clear driver abstract for 2+ years driving.
- Have the ability to read and follow maps.
- Be able to communicate in English (both written and oral).

Training is scheduled for May 2024
For more information, please contact Joey Turek at 204-785-7325.

To apply, please visit Employment Opportunities on our division web page at: www.lssd.ca

Got Stuff??? Sell it in Classifieds.
Call 204-785-1618 or email lucy@selkirkrecord.ca

ACCESSIBILITY COMMITTEE

Citizen-at-Large Members

The Rural Municipality of West St. Paul is seeking community members to join the Accessibility Committee.

The Accessibility Committee reviews the Municipal Accessibility Plan, identifies barriers, proposes Action Plans and facilitates public consultation.

Members of the Committee must:

- a) be a resident of the RM of West St. Paul;
- b) be at least 16 years of age; and
- c) have awareness and knowledge of disability and accessibility issues.

Those interested in joining the Committee are encouraged to review the Committee terms of reference before submitting an application. Copies of the terms of reference and application forms may be obtained from the RM of West St. Paul Municipal Office or online at www.weststpaul.com.

Applications must be received by the undersigned no later than 11:00am on Wednesday, May 1, 2024.

All inquiries related to the Accessibility Committee should be directed to Lainie Shaw, Municipal Legislative Officer by phone at 204-338-0306.

Dave Wardrop, CAO
Rural Municipality of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3

EMPLOYMENT OPPORTUNITY

RECREATION ASSISTANT

Start Date: April 2024
Salary: \$46,897 - \$58,155
Closing Date: Open until filled
Job Type: Full Time (40 hours per week)

The Recreation Assistant, working under the supervision of the Recreation Director, will assist with the day-to-day operations of the West St. Paul Recreation Site and the various programs, events and rentals occurring in the facility. The Recreation Assistant will support and assist with the facilitation and expansion of recreation and leisure services for residents of the RM of West St. Paul.

For a full list of responsibilities and qualifications please visit www.weststpaul.com.

Position will remain open until a suitable candidate is found.

Submit applications marked "Application for Recreation Assistant" to:

Lainie Shaw, CMMA
Municipal Legislative Officer
RM of West St. Paul
3550 Main Street
West St. Paul, MB R4A 5A3
Fax: 204-334-9362
Email: admin@weststpaul.com

The RM of West St. Paul wishes to thank all candidates for their interest in this position, however, only those individuals considered for an interview will be contacted.

Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

RURAL MUNICIPALITY OF ST. CLEMENTS

PRE-BUDGET CONSULTATION



OPEN HOUSE

The Council of the Rural Municipality of St. Clements has scheduled a Pre-Budget Consultation Open House at the Municipal Office Council Chambers to allow informal conversation with members of Council and staff about the 2024 fiscal year and current projects.

Location: RM of St. Clements Municipal Office.
1043 Kittson Road, East Selkirk

Date: Monday, April 22nd, 2024

Time: 7:00 pm

Any person who has questions, needs clarification or requires further information, either prior to or following the open house, is encouraged to contact the

Chief Administrative Officer
Deepak Joshi, by phone at 204-482-3300 or by email at cao@rmofstclements.com

RURAL MUNICIPALITY OF ST. CLEMENTS

EMPLOYMENT OPPORTUNITY



The Rural Municipality of St. Clements is seeking applications for the following positions:

SUMMER "GREEN TEAM" POSITIONS
(Please state earliest start date approx. May - Late October, 2024 at a rate of \$18.30/hr)

SEASONAL CLASS 1 - HEAVY EQUIPMENT OPERATOR
(Seasonal Class 1 2024 rate \$29.33/hr
6-month 2024 probation rate \$28.33/hr
Seasonal Class 1 2024 rate subject to union negotiations)

SEASONAL CLASS 2 - RUBBER TIRE OPERATOR
(Seasonal Class 2 2024 rate \$26.92/hr
6-month 2024 probation rate \$25.92/hr
Seasonal Class 2 2024 rate subject to union negotiations)

SEASONAL CLASS 3 - OPERATOR
(Seasonal Class 3 2024 rate \$23.01/hr
6-month 2024 probation rate \$22.01/hr
Seasonal Class 3 2024 rate subject to union negotiations)

SEASONAL POSITIONS RUN APPROXIMATELY MAY 6 TO OCTOBER 30, 2024

Details of these positions, including qualifications, can be found on our website, www.rmofstclements.com

Applications with detailed resume **clearly stating the position(s) applied for** will be received or via email to pwadmin@rmofstclements.com.

Thank you to all who apply, however, only those candidates selected for an interview will be contacted.

Apply to:
Kevin Grabowski, C.E.T
Director of Public Works
1043 Kittson Rd
Box 2, Grp 35, RR 1
East Selkirk, Manitoba, R0E 0M0

R.M. OF ST. ANDREWS

PUBLIC HEARING NOTICE

REGARDING THE 2024 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Rural Municipality of St. Andrews intends to present its financial plan for the fiscal year 2024 at a public hearing in the Council Chambers of the Rural Municipality of St. Andrews on Wednesday, May 1, 2024 at 6:00 p.m.

The public hearing can be viewed live through the **R.M. of St. Andrews YOUTUBE Channel**.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the financial plan, as provided.

If you wish to do one of the above, please submit in writing prior to 4:00 p.m. on Monday April 29, 2024. Your written submissions can either be emailed to info@rmofstandrews.com, dropped off at the R.M. office or mailed if time permits. A Zoom link to the public hearing will be available for anyone who has provided a submission and would like to participate virtually.

Any person who has questions, needs clarification, or requires further information either prior to or following the hearing, is encouraged to contact the Chief Financial Officer, Tim Scammell at tim@rmofstandrews.com.

A copy of the 2024 Financial Plan will be available for review on Thursday April 25, 2024 at the Municipal Office and on the municipal website at www.rmofstandrews.com.


Dated this 22nd day of March 2024.

Brent Olynyk
Chief Administrative Officer
R.M. of St. Andrews

Municipal Office Address:
Box 130, 500 Railway Avenue
Clandeboye, MB. R0C 0P0

RURAL MUNICIPALITY OF ST. CLEMENTS

PUBLIC HEARING NOTICE



REGARDING THE 2024 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to Subsection 162(2) of *The Municipal Act*; that the Council of the Rural Municipality of St. Clements intends to present its Financial Plan for the fiscal year 2024 at a Public Hearing in the Council Chambers of the R.M. of St. Clements on **Tuesday May 7th, 2024 at 7:00 p.m.**

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the Financial Plan as provided.

The public hearing will be live streamed with interactive chat. A link to the hearing will be made available on our website.

If you wish to do one of the above, please submit in writing prior to 4:00 p.m. on Friday, May 3rd, 2024. Your written submissions can either be emailed to info@rmofstclements.com, dropped off at our office or mailed to our office if time permits.

Any person who has questions, needs clarification or requires further information, either prior to or following the hearing, is encouraged to contact Shannon Plischke, Finance Officer at 204-482-3300.

Copies of the 2024 Financial Plan will be available for review after April 24th, 2024 at the Municipal Office located at 1043 Kittson Road, East Selkirk or on our website at www.rmofstclements.com

Dated this 1st day of April, 2024
Deepak Joshi
Chief Administrative Officer

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF LILLIAN ROSE YANCIW, late of Gimli, in the Province of Manitoba, deceased.

ALL claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 183 Main Street, Selkirk, Manitoba, R1A 1R5, on or before the 18th day of May, 2024.

DATED at the City of Selkirk, in Manitoba, this 9th day of April, 2024.

PKF LAWYERS
Solicitor for the Executor

Adam C. Kelso,

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

6	2	1	8	9	3	4	7	5
5	4	7	1	6	2	9	8	3
8	9	3	4	7	5	2	1	6
7	5	9	2	1	4	3	6	8
4	1	8	9	3	6	5	2	7
2	3	6	7	5	8	9	4	1
3	8	5	9	2	1	7	6	4
9	6	4	5	8	7	1	3	2
1	7	2	3	4	6	8	5	9

Sudoku Answer

	T	D	E		N	N	I		N	N	V			
	S	E	P	E	E	B	E		M	O	H			
R	E	E	V	A	M	V	A	O	D	S	I	M		
S	E	G	V	A	N	E	T	V	A	D	N	V	C	S
S	E	S	E	S	A	D	S	L	E	N	P	A	I	M
N	O	B	U	R	O	B	S	U	S	A	G	E	P	
R	V	A												
E	L	B	M	I	H	T	S	E	S	E	N	E	G	
			S	H	V	A	E	T	R	E				
M	U	M	I	T	P	O	S	I	S	E	M	E	N	
E	M	U	S	N	O	C	E	S	I	C	S	S	A	B
R	H	S	V	A	D	R	A	C	N	V	A	F	R	A
			V	O	C	A	E	R	V	X	I	P	I	
			N	A	B	N	A	P	E	R	P	E	S	E

Crossword Answer

FOR EVERYTHING YOU NEED TO PROMOTE YOUR BUSINESS... Call Today 204-785-1618



Classifieds



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SUDOKU

				4				
2					5		6	
			1	2	9		8	
				5	7		3	
7			9		6			4
	9	3						
	1							
	8	9			1	7		5
	7	4						

Level: Intermediate

take a break

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku Answer on page 34



Metis Child, Family and Community Services

FAMILY SUPPORT WORKER
- CASUAL
\$23.97 - \$28.37/ hour
Interlake area

Deadline: April 24, 2024 @ 12pm.

Please apply here:
<https://mcfcs.bamboohr.com/hiring/jobs/254>

EMPLOYMENT OPPORTUNITIES FOR **LABOURERS CARPENTERS WELDERS**

**ARE YOU LOOKING FOR A
FULL TIME JOB AT THE LAKE?**
We might have what you want!

We have shared accommodations available for rent.
We also offer benefits.



We are located in
West Hawk Lake, MB

ALEG YOUNG ASSOCIATES LTD.
Send resume to: aya@ayabuilders.com

**R.M. OF ST. ANDREWS
ZONING BY-LAW 4066
ZONING BY-LAW AMENDMENT NO. 4394
SUBDIVISION APPLICATION S24-3044**

COMBINED PUBLIC HEARING

**We are
Listening.**

**Public
Hearing**
Tuesday,
May 14th 2024
5:30 PM
Council Chambers
500 Railway Ave.
Clandeboye, MB

Phone:
(204) 669-8880
1-800-876-5831
Fax:
(204) 669-8882
E-Mail:
info@rrpd.ca
Website:
reddriverplanning.com



As per *The Planning Act*, any person can make representation on the matter at the meeting.

What is Zoning By-law Amendment No. 4394 and Subdivision S24-3044 about?

The intent of this amendment is to rezone the portion of the subject property from "AIP" Airport Industrial Park Zone to "PR" Parks and Recreation Zone in order to facilitate a future recreation use. The associated subdivision S24-3044 will create two (2) lots of 10.4 acres and 59.6 acres, leaving a residual lot of 664.62 acres.



160 Liss Road (Roll No. 6200)

Planning meetings may be viewed live through the RM of St. Andrews Youtube Channel. In-person and online attendance for the Public Hearing is available. Registration is required only, if you wish to attend online. Please contact the municipal office at 204-738-2264 ext. 137 or braeden@rmofstandrews.com by 2pm the day of the meeting to register for attendance, speaking to council, providing written comments, whether "for" or "against" or for information regarding the application.

For more information, please contact the Red River Planning District.
Red River Planning District Mon-Fri*
2978 Birds Hill Rd. East St. Paul, MB 8:30am-4:15pm
*excludes all statutory holidays

*NOTE: Property owners are responsible for notifying "Tenants"



PUBLIC NOTICE

ANNUAL GENERAL MEETINGS

OF THE PEGUIS SURRENDER CLAIM TRUST

FRIDAY MAY 10, 2024
PEGUIS COMMUNITY HALL
5:00PM - 10:00PM

SAT MAY 11, 2024
GORDON HOWARD CENTRE
384 EVELINE ST. SELKIRK
12:00PM - 4:00PM



Peguis Surrender Claim Trust will provide information on the activities for the 2023 year to the Peguis First Nation membership.

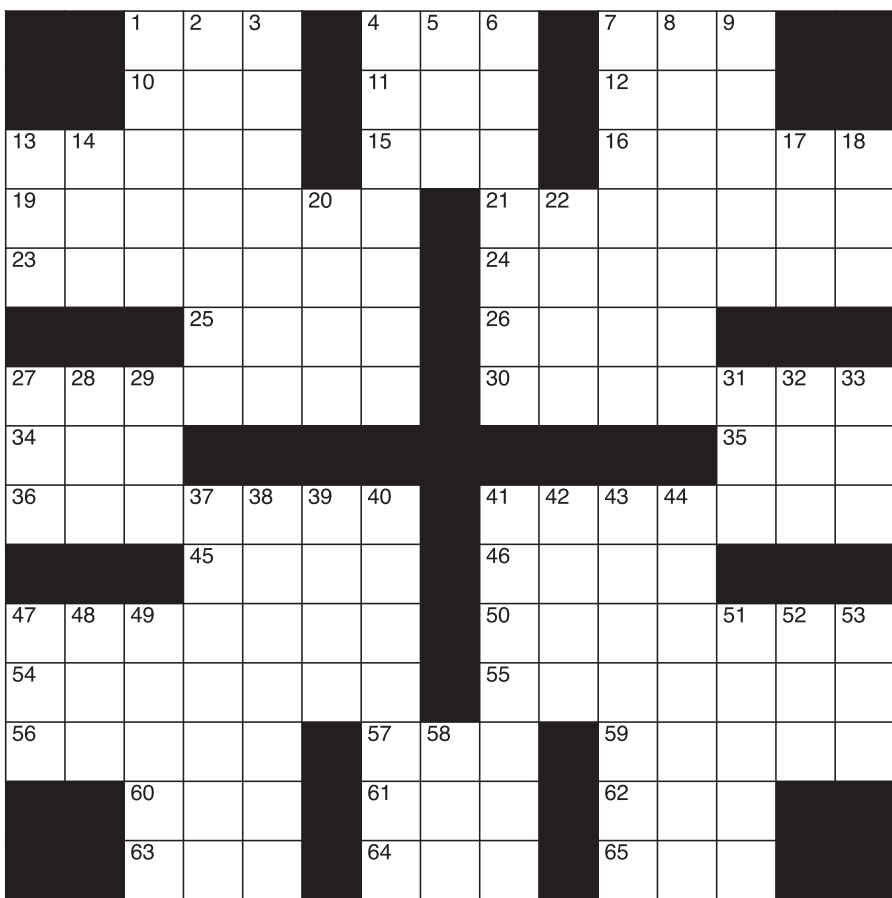
Get In Touch Now
204.645.5644

Announcements



Book Your Announcement or Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

X CROSSWORD



CLUES ACROSS

- 1. Midway between south and southeast
- 4. For each
- 7. Airborne (abbr.)
- 10. Photographs
- 11. They ___
- 12. It's important in respiration (abbr.)
- 13. Monetary unit
- 15. Cool!
- 16. A son of Jacob
- 19. Cut off
- 21. Devour
- 23. Agent of one's downfall
- 24. Best
- 25. Network of nerves
- 26. Partner to "oohs"
- 27. Origins
- 30. Sewing utensil
- 34. Alias
- 35. Swiss river
- 36. Greek mythological figure
- 41. Type of whiskey
- 45. Lay to rest
- 46. "Rule, Britannia" composer
- 47. Select jury
- 50. Feeling
- 54. Action regarded as morally wrong
- 55. Makes angry

CLUES DOWN

- 56. Act incorrectly
- 57. Defensive nuclear weapon
- 59. Class of escort aircraft carrier
- 60. To what degree
- 61. Buzzing insect
- 62. The human foot
- 63. "The Leftovers" actress Dowd
- 64. A place to stay
- 65. Sun up in New York
- 1. An involuntary muscular contraction
- 2. Earnest
- 3. Cuts out surgically
- 4. Can't move
- 5. Baseball stat
- 6. British soldier
- 7. Traditional medicine plants
- 8. Political party controlled by managers
- 9. Hebrew prophet
- 13. Supporter
- 14. Relative biological effectiveness (abbr.)
- 17. Liberty Mutual mascot
- 18. Georgia rockers
- 20. A place where building is done

CLUES ACROSS

- 22. Large, deep-bodied fish
- 27. Clothing retailer
- 28. Supplement with difficulty
- 29. Annoy constantly
- 31. Founder of Babism
- 32. Indigenous person in parts of Asia
- 33. Sea eagle
- 37. Leave behind
- 38. Time of day
- 39. Colorless crystalline compound
- 40. They lay out course requirements
- 41. A diamond has three
- 42. Algerian coastal city
- 43. Remove cover
- 44. Rechristened
- 47. Distinctive practice
- 48. Defunct phone company
- 49. Turkish officer of high rank
- 51. Eliminate from the body
- 52. Witness
- 53. Soviet Socialist Republic
- 58. Founding Father Franklin

Crossword Answer on page 34

ANNOUNCEMENT

IN MEMORIAM



Bobbi Brown
November 1, 1999 - April 18, 2023
There are special people in our lives
That never leave us even after they are gone.
-Missed by Mom, Dad
and siblings

ANNOUNCEMENT

IN MEMORIAM



Gordon (Gordie) Massey
April 21, 1933 - April 21, 2023
Your life was a blessing,
Your memory, a treasure;
You are loved beyond words,
And missed beyond measure.
-Love you always, your family

ANNOUNCEMENT

CARD OF THANKS



Our hearts are full and overflowing with appreciation for all the support shown to our family since the passing of our son, Dustin. Posts, texts, phone calls, visits, cards, charity donations, work collections, flowers and food. Please know that we are grateful for everything. Since his passing we have been moved deeply by Dustin's good friend and neighbours helping us to realize that we are definitely not alone in our grieving. A huge thank you to those who took part in his service and made it so memorable: Lisa, Shelly Smith, Lawrence Smith, Andy Holowachuk, Phil Cholosky and Jill. Everyone did such a nice job. Much gratitude also to Don and Adelaide for a wonderful lunch and to John, from Gilbert's for all of his help. We can't forget to thank every single one of you that came out to celebrate Dustin's life with us. It was your presence that made the day so special and brought us comfort. Dustin would've loved it all.
-Gary and Diana Cholosky

ANNOUNCEMENT

IN MEMORIAM



Lawson Dillabough
October 20, 1938 - April 19, 2014
Missing my Dad, my friend.
Always and forever.
-Colleen

ANNOUNCEMENT

BIRTHDAY

Happy 9th Birthday
To C.J.L the greatest grandson ever.
-Love Grandma
and Grandpa Loane

*Don't Forget Your Loved Ones
WITH AN ANNOUNCEMENT
IN THE RECORD*

Announcements



Book Your Announcement or Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

OBITUARY



Stanley Marion Domich
May 31, 1934 – April 8, 2024

It is with great sadness that we announce the passing of Stanley Domich. He passed peacefully on April 8, 2024 at the age of 89 years at the Selkirk Regional Health Centre. Predeceased by his wife of 66 years, Frances Lillian Domich.

Stanley was born in Winnipeg and enjoyed working. His job led him to Little Current, Ontario where he met the love of his life. They were married on November 23, 1957 and enjoyed the next 66 years of incredible adventures together. Stanley had a love of the water and could often be found fishing on his pontoon boat. He also enjoyed tinkering on little projects in his garage or helping Frances in the garden. He was an extremely hard worker and so loved sharing stories of his life.

He leaves behind to cherish his memory, brothers Gordy (Jackie) and Joseph (Linda); sister Anne; grandchildren Terrance (Beth) and Jenilee (Jack); great-grandchildren, Conner and Aidan; his sister-in-law, Donna Scheeler and many, nieces, and nephews.

A memorial service for Stanley and Frances will be held on Saturday, May 4th, 2024 at 11:00 a.m. at the Gilbert Funeral Home in Selkirk, Manitoba. Interment will follow at the Stoney Hill Cemetery in Elma Manitoba. Followed by a Celebration of life in Elma, Manitoba.

We would like to extend a special thank you to the wonderful staff at the Selkirk Hospital for their kindness and support shown to Stan and Frances during their time there.

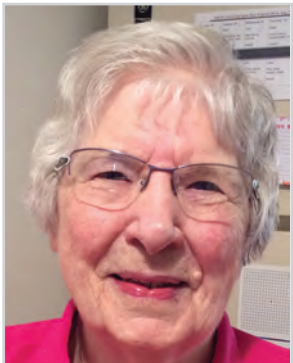
He knew his life was through,
But wasn't scared to die.
He closed his pain filled eyes,
His final breath a sigh.
His wife took his hand,
And whispered "Welcome dear"
It's been so very long,
But we won't be parted here.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Dixie B. Oliver

After a short illness, Dixie B. Oliver passed away peacefully on April 12, 2024 at the Selkirk Regional Health Centre. Born to Leuisa and Claude Grant on August 30th, 1929 in Winnipeg, she was a beacon of light and warmth in the community she loved.

Dixie was a cherished member of the Oliver/Grant family and was predeceased by her parents and husband Sid. Dixie's memory will be forever kept alive by her son Larry, daughter Lucinda (Cindi), son-in-law Don Lajoie and grandchildren Chris Oliver (Emily) and Sara Judd (David).

Dixie grew up, got married and worked in Northern Ontario and Manitoba. After settling in Selkirk, Dixie became a member of the Selkirk United Church and spent many years volunteering with CGIT, taught Sunday School and spent many hours assisting at church events. Dixie also spent many years

volunteering at the Betel Personal Care Home and was recognized as volunteer of the month on numerous occasions. Dixie was always there when she was called upon for help.

After losing her husband early in life, Dixie took on new challenges and adventures. She travelled as often as she could going on trips, with her "girl friends" from coast to coast in Canada and down in the United States. Dixie always had fond memories of her trips and how happy she was travelling with her friends and granddaughter. Dixie had many hobbies, she enjoyed like knitting, sewing, reading books and baking and decorating cakes for weddings and special occasions.

Dixie was a very independent woman to the end. Dixie left an everlasting impression of a loving and caring person to all who met her. Dixie will be missed by all who knew her.

A private family graveside burial shall take place at a later date.

Anyone wishing to make a donation in Dixie's name can do so with the Manitoba Heart and Stroke Foundation.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Orville Marshall

Peacefully, on February 14, 2024 at the Tudor House in Selkirk, Mb., Orville Marshall aged 102 years, beloved husband of the late Edith, passed away.

He was predeceased by his wife Edie; his son Tim; parents William and Annie Marshall; in-laws Dennis and Edie Done; siblings Mabel, George, Uena, Howard, Effie, Viola, Emma and special niece Alana.

He is survived by daughter Darlene, granddaughter Tammy (Frank), grandson Chas (Lacey), great-grandchildren Jessica (Ivan), Cody (Emmy), Andrew, Danika, great-great-grandsons Rylan and Daxton, daughter-in-law Sherri, all his Ontario family, Orville and Denise Stefanson and their daughters Tina and Cher-Lyn who were much more like family than friends.

A Celebration of Life will be held April 27, 2024 at 1:00 p.m. at the Gilbert Funeral Home. Honorary pallbearers will be Chas Vokey, Cody Finley, Orville Stefanson, Bill Westrope, Frank Hakansson, and Bill Crowe.

The family wishes to extend their gratitude to all staff, caregivers and management of Tudor House for their exceptional care and kindness, with special thanks to nurse manager Christine and health care aide Sue for going above and beyond.

Any donations in Orville's memory can be made to a charity of one's choice.

Orville was a proud WWII veteran. We thank him for his service.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Christina Bowman

It is with heavy hearts we announce the passing of our dear mother, grandma and great-grandma, Christina Bowman of Selkirk, MB, on April 11, 2024 at the age of 92.

Predeceased by her parents Neil and Gladys MacMillan; half siblings Archie (Dorothy), Muriel (Les), Amy (Charlie), Roland (Rita), Morris; brothers Kenny and Sonny (Faye) and son Keith.

Left to mourn her passing are children Lorna (Raymond), Joyce, Barb (Larry), and Marlin (Susan); grandchildren Kristy (Justin), Joey (Colleen), Bradley, Chelsea (Geoff), Kaley (Curtis), Jakob and Michael; great-grandchildren Kurtis (Dani), Jaemie, Emily, Riley and Olivia; sister-in-law Alice and numerous nieces, nephews and cousins.

Mom was born in Winnipeg and grew up on the family farm in Marquette, Manitoba. She played baseball and hockey, curled and bowled in her younger years. When her kids were young, she spent many days and evenings driving them to their various sports games, which she enjoyed a lot. Mom was a huge sports fan and loved to watch her Winnipeg Jets, Toronto Blue Jays and any televised curling event. She always enjoyed a good card game, whether at home with her kids or grandkids, or at the Legion or Army & Navy where she played crib every week. She belonged to the Gordon Howard Senior Centre and the Over 60 Club at the Legion. It was a highlight for her to spend time chatting and catching up with the many friends she met through work and her weekly card games.

Her greatest accomplishment was raising five children on her own while working full time at Selkirk Mental Health Centre (SMHC). Mom retired from SMHC in 1996 and spent her retirement years enjoying time with family and friends. She loved camping and family get togethers, enjoyed a good joke and wouldn't back down from a good argument - just ask Raymond! Mom enjoyed traveling and visited Alaska, Nashville, the East coast, and the Northwestern US throughout her lifetime. The needlepoint projects she completed over the years are cherished by her family and will provide us all with extra special memories of her, sitting in front of each individual picture as it was prepared for the next special person in line. Everyone loved Mom's homemade bread, buns and pumpkin pie. It was as if you could smell her bread baking all over town - often times you'd come home to someone's kid sitting at the kitchen table, helping themselves to a loaf of fresh baked bread. And more often than not, it was not one of her own kids. Mom loved gardening and always had her plants started early to ensure everyone got some geraniums and tomatoes. Her beautiful flower and vegetable gardens will be fondly remembered by all of us. She loved to walk around the yard and point out her favourite flowers, tell you what was and wasn't growing well, and had everything documented so she could plan for the next growing season. Gardening was an activity that she and Keith shared in their later years.

Mom spent the last year of her life at Betel Personal Care Home in Selkirk, MB. She enjoyed the many activities offered at Betel and the new friends she made there.

We'd like to thank the staff at Selkirk ER for the care provided in Mom's last days and the staff at Betel for the great care Mom received over the past year. Special thanks to Krista, for all the support you provided our family.

Celebration of life will be held at Gilbert Funeral Home, Selkirk, MB on Thursday, April 18, 2024 at 11:00 a.m.

In lieu of flowers, donations in her name can be made to Heart & Stroke Foundation of Canada, Gordon Howard Senior Centre or Cancer Care Manitoba.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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