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Jersey Day for Humboldt


RECORD PHOTO BY LINDSEY ENNS

Selkirk Steelers players, members of the Selkirk RCMP along with Comp students and staff donned jerseys last Thursday to help honour those affected by the Humboldt Broncos bus crash tragedy. The Jersey Day initiative was started by a group of hockey parents in British Columbia as a way to honour the Saskatchewan Junior League Hockey team from Humboldt, Sask. For a story, turn to Page 9.


news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Selkirk manufacturing company earns SAFE Work certification

By Justin Luschinski

Selkirk's Black Cat Wear Parts has become the first light metal manufacturing company in Manitoba to be SAFE Work Certified by Made Safe.

Black Cat is the eighth company to be certified, and the first company in their manufacturing sector to achieve this certification.

"We're very proud to receive certification from Made Safe," Black Cat plant manager Zach Zabizewski said. "We've had nothing but positive responses from our employees, they understand how important safety is."

"(Workplace) culture is a big part of that, we have to make sure we're living and breathing our policies."

With this new certification, Black Cat has access to a variety of Made Safe services, such as safety consulting, advisors, noise analysis and air quality testing. Zabizewski said that the certification process is thorough, involving interviews with shop employees, as well as showing that the company implements its safety policies.

Made Safe executive director Neal Curry presented Zabizewski with a



RECORD PHOTO BY JUSTIN LUSCHINSKI
Selkirk's Black Cat Wear Parts became the first light metal manufacturing company in Manitoba to be SAFE Work Certified by Made Safe last week.

plaque commemorating their certification during a ceremony in Selkirk attended by manufacturing leaders, safety professionals and Black Cat

employees, last Wednesday morning. "Certification is important because employees are an organization's lifeblood. Our workers arriving home to

their families safely after a day of work is our priority," said Curry. "Manufacturers are leading the way and certification is just one way companies like Black Cat Wear Parts are demonstrating their industry leadership."

Safety and productivity go hand in hand, Curry added.

"If you have a clean organized shop, you have a safe shop as well. We have a young generation coming up who doesn't want to work in an unsafe place," he said. "When we have a safe shop, we get more employees, we get good employees, people who want to work here."

Workers Compensation Board data shows that compared to industry averages, workplaces that implement a safety and health certification program experience 42 per cent lower injury rates and 49 per cent fewer work days taken for time-loss injuries.

Black Cat Wear Parts, located in Selkirk, is an ISO 9001 Certified manufacturer and international supplier of quality ground engaging tools for construction, mining and road maintenance industries.

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West St. Paul looks to increase parking for residents

By Justin Luschinski

The RM of West St. Paul is looking to increase the amount of parking spots available to residents, in preparation for the new housing options being built in the municipality.

Council voted to change their parking bylaw during last Thursday evening's council meeting. The change would increase the required parking spots for new housing developments from one spot per unit to 1.8 spots. The bylaw also specified a number of aesthetic and landscaping requirements for new parking lots.

West St. Paul Mayor Bruce Henley said the municipality needed to review this bylaw to prepare the municipality for the future.

"As it was pointed out in council, there isn't a transpor-

tation service in the area," Henley said. "Most people who live here have one or two vehicles at least, and we don't want parking to spill over onto our roads ... What happens if a fire truck needs to drive down a road, but there's 40 cars that are blocking one side?"

The bylaw must now be presented to the Red River Planning District Board, which will then vote to approve or deny the proposed changes. The RM previously applied to increase their parking to 1.5 spots per unit, but Henley said his office received "around 45 letters" from residents who wanted a larger increase.

The RM attempted to increase their parking by two spots per unit, but the planning board denied their request in December of last year. This is their second

attempt to increase parking.

But one resident believes the bylaw change doesn't go far enough.

Wally Kruger, a long time West St. Paul resident, thinks the bylaw should address handicap parking.

"The concern is that it's not being considered. Multi-family housing, whether it's a condo or an apartment, (handicapped) people are the ones who'll be living there," Kruger said. "They're going to want a spot, and those spots need to be wider, in case they need to get a wheelchair in (their vehicle)."

Henley said there are already provisions in the building codes for handicapped parking. There are also specifications to allow space for buses, emergency vehicles, and delivery vehicles.

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Crews continue to monitor spring melt conditions along Red River

By Lindsey Enns

Although the threat of major over-land flooding remains low to moderate across Manitoba, local crews are continuing to watch for signs of ice jamming along the Red River.

"We're seeing a very gradual warming here, which is good," said Darrell Kupchik, executive director of North Red Waterway Maintenance Inc. "Ice jams are very difficult to predict. The big concern for us is how fast the melt occurs. That's what causes the ice jam."

He added the purpose of the Amphibex ice-breaking program is to reduce the likelihood of ice jams and over-land flooding along the Red River.

Kupchik said below normal snow-fall levels and colder temperatures has led to thicker ice conditions than they've seen in previous years. He said the Amphibex machines broke up around 28 kilometers of ice along the Red River this year.

"It was a difficult year for the equipment, the ice thickness it made the job slightly more difficult, however, it

did not really affect how much longer it took to complete the program on the Red," he said, adding after the ice breaking was completed, colder temperatures stuck around. "We did have some refreezing on previously broken ice."

Selkirk Mayor Larry Johannson said city crews are also watching the spring melt conditions closely.

"The big thing for us is ice jamming, how fast it starts moving, getting it out of here and getting it onto the (Netley) Marsh area," Johannson said. "It

all depends on the cold."

During the release of the province's flood forecast at the end of March, Infrastructure Minister Ron Schuler said the province continues to monitor for ice jam-related flooding on Manitoba's rivers and streams.

"The cold winter temperatures and less snow cover created above-normal ice conditions," Schuler said. "Levels along the Red River and the Assiniboine River are forecasted to remain below flood protection levels."

Teachers ready to hit the road



RECORD PHOTO BY JUSTIN LUSCHINSKI

Members of the Lord Selkirk Teacher's Association gear up for a car rally last Thursday afternoon. Teams of teachers drove around Selkirk, solving puzzles and completing a scavenger hunt based around the city. The event was a fun team building exercise for the teachers, with more than 11 teams and dozens taking part.

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Record earns 4 awards at community newspaper competition

By Lindsey Enns

The *Selkirk Record* earned a total of four awards during this year's Manitoba Community Newspaper Association's (MCNA) Better Newspapers Competition.

The awards were handed out during the 99th annual awards banquet at the Delta Hotel in Winnipeg last Saturday evening.

In the 10,000 and over circulation category, the *Record* received first place for Best in Class, Best Layout and Design, and took home first place for Best Front Page. Photographer Robert E. Wilson also won first place for Best Sports Photo.

The annual competition recognizes the best community journalism has to offer from the MCNA's 49 member weekly community newspapers across the province.

The *Record's* sister newspapers also picked up several awards. *The Winkler Morden Voice*, received a second place award for Best in Class and third for Best Front Page in the 10,000+ circulation category. Reporter Lorne Stelmach clinched first in the Best Tourism Story for his piece on the Canadian Fossil Discovery Centre's new interactive app. Also honoured was Peter Cantelon, who was named Best Columnist for the third year in a row, and photographer Rick Hiebert, who won second place for Best Sports



RECORD PHOTO BY HALEY CVAR

Members of the *Selkirk Record*, the Winkler Morden Voice, Express Weekly News and the Stonewall Teulon Tribune hold up their awards following the Manitoba Community Newspaper Association's 99th annual Better Newspapers Competition at the Delta Hotel in Winnipeg last Saturday. This year the *Record* took home a total of four awards.

Photo for a shot he snapped at the Miami Fair and Rodeo and came in third overall in the Photographer of the Year category.

The Stonewall Tribune also received third place for Best Layout and Design, second for Best Front Page in its class, and third for Best Agricultural Section. *Tribune* reporter Jennifer McFee also received first place in the Arts and Culture Story category and third in the Best Column or Feature

Article on a Business Topic, while Jo-Anne Procter won third place for Best Spot News Photo.

The Express Weekly News won first place in Best Advertisement for a piece done by Sandra Barnes and received third for Best First Nations Coverage by reporter Patricia Barrett.

Publisher and Interlake Graphics owner Lana Meier said winning these awards is a huge honour for our staff.

"The staff at the Selkirk Record work

extremely hard week in and week out bringing the most up to date and relevant news as possible. I am proud of the work and the papers we publish," Meier said. "The awards recognize the hard work and professionalism of the newspaper industry."

The *Record* would like to thank all of our staff members for their hard work and dedication as well as our readers and local advertisers for their ongoing support.

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Friendship centre celebrating 50 years of 'bringing people together'

By Justin Luschinski

The Selkirk Friendship Centre is celebrating 50 years of "bringing people together" this month.

Robin Nishibata, who has been with the local friendship centre for 15 years, says as the centre's executive director she works hard to keep the centre going and spends much of her time applying for grants or finding a place in Selkirk to house new programs.

Nishibata said she's inspired by those who use the centre and go on to succeed in life.

"I worked with the youth program 15 years ago. I still see some of those kids, well they're not really kids anymore, but you get the idea," Nishibata said. "Now they're in their fourth year of university, and graduating with a masters (degree.) It's so awesome, because when they came to us, our youth program was their home ... It was a safe place for them."

Nishibata said the centre hasn't really changed much over the years, it's just grown. Over the years the centre has added more programs, more services and more daycare spaces. The centre is always trying to expand to meet the needs of the community, she added.

Nishibata said the centre is looking to expand their programming in the future, but worries that there isn't enough space in Selkirk to do that.

"It always comes down to money or space ... We're in a position where we have the funding, but we don't have the space for new programming," Nishibata said.

But despite that, Nishibata said the centre is doing well. She said a lot of

residents might not know about the centre's daycare programs, or their Indigenous language programs. However, she said it's hard to promote these services, as they don't know if a program will have funding until right before it's starting date.

Although the date of the centre's 50th anniversary officially took place on Sunday, they plan to host a celebration for it sometime in June. Friendship centre staff and board members from across Manitoba also attended a 50 year celebrating earlier this month.

For more information about the Selkirk Friendship Centre, located at 425 Eveline St., search "The Selkirk Friendship Centre" on Facebook.



RECORD FILE PHOTO
Volunteers serve up a traditional Christmas dinner at the Selkirk Friendship Centre in this 2017 photo. The local friendship centre is celebrating 50 years of "bringing people together" this year.

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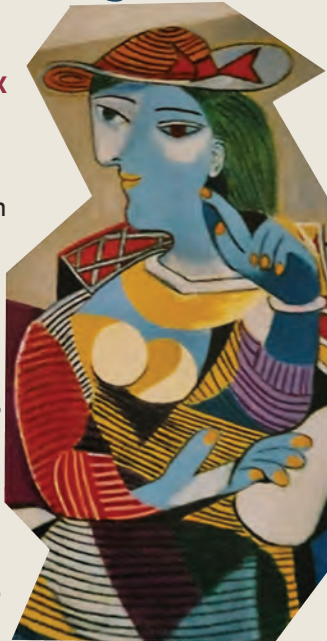
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'I love coming back here'

Goody Grace stops in Selkirk while promoting debut EP

By Lindsey Enns

For singer and songwriter Goody Grace, there's nothing quite like coming home.

"I love coming back here," the 20-year-old who grew up in Selkirk said during an interview with local media inside Selkirk City Hall last Thursday afternoon. "I always like kind of the nostalgic feeling that I have here and it definitely was an inspiration growing up in Selkirk."

"People are really genuine here and it might be a smaller town but it's real."



Selkirk Mayor Larry Johannson, pictured right, presents singer and songwriter Goody Grace, left, with a certificate congratulating him on all of his success during his stop in Selkirk last Thursday.

Grace, who has been living in Los Angeles for nearly three years, is busy promoting his debut EP, *Infinite*, which



RECORD PHOTOS BY LINDSEY ENNS

came out on March 23. The eight songs included on *Infinite* range from hip hop, folk, pop and punk as well as his exper-

imental sound that helped him make his mark as a singer and songwriter several years ago.

"My fans have kind of learned that I'm experimental and do many different things," he said.

Grace says some of his musical influences include Blink-182, My Chemical Romance, Johnny Cash and Tom Waits.

"I'm really inspired by Tom Waits," he said. "He really showed me that you don't have to have one sound. It really opens the door for people not to expect one thing from you."

Grace wrapped up his seven show headlining tour to promote *Infinite* in Winnipeg at the West End Cultural Centre last Tuesday.

"A lot of people came out and it was a lot of fun," Grace said, referring to his first show in Winnipeg. "I was really excited to end it off here."

Grace, who recently signed with Atlantic Records, said he also produced some of the songs on *Infinite* and says this project marks only the beginning of his music career.

"There's many more songs and tours to come," he said with a smile. "I've worked very hard the last five years ... it's been great ... I've been lucky."

"It's nice to come home when I can, see the streets I grew up in ... and kind of take a step back and reflect and look at everything. I'm really grateful where my career has taken me."

During his stop in Selkirk to visit with family and friends, Selkirk Mayor Larry Johannson also presented him with a certificate, congratulating Grace on all of his success so far. Johannson said a donation to the Selkirk Heritage Endowment Fund would be made in Grace's honour.

Grace says he hopes his music can one day serve as an inspiration to his fans.

"I want to inspire others and help people," he said. "Seeing the smiles and hearing the people sing the lyrics back is all I need."

Infinite is currently available on Apple Music and SoundCloud.

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Blanket Exercise helps community 'come together'

By Justin Luschinski

A ceremony to help raise awareness about the horrors some Indigenous Peoples have faced in Canada left some Selkirk residents in tears last week.

The Selkirk Circles for Truth and Reconciliation chapter held a Blanket Exercise, a teaching tool to share the historic and contemporary relationship between Indigenous and non-Indigenous peoples in Canada, at Selkirk United Church last Friday evening. The exercise aims to teach people about the colonization of Canada, and the struggles that Indigenous Peoples faced when European explorers came to North America.

Carl McCorrister an elder from Peguis First Nation, took part in the exercise with his granddaughter.

"I brought my granddaughter here with me. As we were going through the exercise, I realized something. If it was 1950, or even 60, she would be in a residential school," McCorrister said. "She would have been taken from her family, her community, and forced to forget her way of life. It's terrifying to realize that."

"I don't think these wounds will be healed for several generations."

The exercise involves placing down several blankets, each representing a First Nations community, and having people stand on each nation while holding a cultural artifact. The organizers then run through the history of colonialism, folding in the blankets and taking away the artifacts from the participants, which represent the European settlers slowly taking away Indigenous rights.

In the end, what was once a large collection of blankets that took up a large space inside the Selkirk United Church, was reduced to a small pile, with only a few of the participants remaining.

Jacqueline Bercier, the organizer of the Blanket Exercise, said the exercise gives people the full truth about colonization, and not just the European perspective.

"It's a great way for participants to get the other side of Canadian history. When I went to school, Canadian history is very one sided, you only hear about the white European perspective," Bercier said. "Now we have that other perspective, of how colonization affected Indigenous people, which gives us the truth. The fuller amount of the truth. For us, as a community, to come together and share this experience, it's very important."

Bercier said reconciliation is not about blaming anyone, it's about having conversations, and moving for-



**RECORD PHOTOS BY
JUSTIN LUSCHINSKI**

ABOVE: The sun shines through the windows of Selkirk United Church while Jeannie Red Eagle, pictured left, and Olof Hardy of Selkirk hold hands during a Blanket Exercise last Friday. **RIGHT:** Community and area members take part in a Blanket Exercise at Selkirk United Church last Friday.



ward together, with mutual respect and trust.

The first 10-week series of Circles for Reconciliation gatherings in Selkirk held at the Selkirk United Church wrapped up earlier this month.

Circles for Reconciliation is a grassroots project that brings together small groups of Indigenous and non-Indigenous people to talk openly about issues including residential schools, the Sixties Scoop and aspects of reconciliation.

Selkirk Record



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Underwater camera a fisherman's best friend

Welcome my friends.

I remember a couple of brothers who kind of stood out amongst the contestants at the Grand Marais ice fishing derby about a month ago. They waved at me with big smiles as I was about to drive past them on the ice and needless to say I don't need much of an invitation to stop and shoot the breeze with any angler about fishing. They were jovial guys, just my kind of people! I nosed "old red" their way and with my drivers' door open, I jokingly hollered, "Are you in the prizes yet?" The two of them were totally covered in snowmobile suits which only allowed me to see their round pleasing faces and short brown hair. I slipped off the seat and out of my truck, my spiked shoes digging into the ice. "We haven't even had a bite," the shorter chap exclaimed. "By the way my name is Chris Fedak from Winnipeg and this is my brother Andy," he continued. "Might you have a good fishing story for your fellow anglers?" I asked. Chris, more talkative than Andy, gave a half laugh and quite naturally began a story that happened to him when he was ten years old. He and Andy were fishing at the Portage Diversion when he caught a small goldeye. He hadn't caught that many fish in his young life so the sight of his quivering silver prize excited him to the point where he was shaking. He reeled the fish in so fast it was skidding toward him on the top of the water and that was like a magnet to a nearby pelican. It broke into action, swooshing like an arrow at the fish, nipping only its' tail. That big billed bird wasn't fast enough! Chris raised his rod with lightening speed, screaming in defiance that the monster might rob. The goldeye took flight landing on dry land with the squawking, wing flapping pelican right after it! Chris dropped his rod and ran at the bird, his arms flailing. The pelican waddled sideways away from the flop-



RECORD PHOTO
Doug Thomas with a fish he caught using his underwater camera.

ping fish as Chris screamed at the top of his lungs. It had a look that seemed to say, fine, I'll go find food elsewhere and took off!

About a mile off the southwest shoreline of Lake Winnipeg I saw a large ice shack when I was going out to fish last month. As I came to its door side, the chap that you see in this weeks' picture was standing outside. I stopped, got out of my truck and struck up a conversation with Doug Thomas from Peguis First Nation. He was very obliging and invited me into his shack to check out his underwater camera in action. He showed me how with a battery of LED lights he could see a few feet around his baited hook on a flat screen monitor. He explained how he caught the fish he's holding

in the picture by jigging his baited hook as he watched it approach on the screen.

Get ready for a little chuckle now my friends. Generally, I don't like to write folks' stories unless they give me their last names but this is a good one and I didn't want to embarrass Kim! Some weeks ago I met Roy and his son Nick on the Red upstream of Selkirk. They were tailgate fishing in the bright afternoon sun and after we got to know each other a bit, Roy, an upbeat, ram-bunctious sort offered us this story for our amusement. Last year at the same spot where we were now standing, he and his girlfriend, Kim, were fishing in his portable ice shack. In the dim cozy cover of their shack, relaxing to easy music on the radio after lunch and sitting side by side in their folding chairs, they started kissing. The third kiss was great! Their eyes were closed as they tenderly touched each others' cheeks when suddenly the darkness around them became blazingly bright. Looking up they were amazed to see their shack taking flight born on a terrific gust of wind. They were further startled to hear a large family tailgate fishing beside them laughing and soon teasing them for having caught them kissing when their shack took to air. Embarrassed, Nick and Kim captured their tent and left for home amid gentle kidding from their neighboring anglers. Kim and Nick had always liked that spot where their little interlude had happened so the next winter they went right back there and don't you know, that same family that caught them kissing the year before were also there! Our kissing couple were not about to be pushed from their spot and set up their tent. Just as they were going inside the father of the "peanut gallery" shouted, "No smooching this time you guys!"

So-long gang, be good.

View the Selkirk Record online at selkirkrecord.ca



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EDITORIAL

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Christy Brown, Distribution Mgr.: 204-467-5836

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Broncos bus crash hits home with local junior hockey players

By Lindsey Enns

Junior hockey league players Bronson Kelly and Zach Bennett say the next time they step onto the Selkirk Steelers bus and head to an away game, the Humboldt Broncos tragedy will definitely be on their minds.

"We all spend a lot of time on the bus ... just kind of opens up your eyes," Bennett said. "At the time I really didn't know how to process it, just because I'm always on a bus and thinking about 'why not us? Why wasn't it us?'"

Canadians across the country traded in their usual weekday attire for sports jerseys or green and gold coloured clothing last Thursday to help honour those affected by the Humboldt Broncos bus crash tragedy. Fifteen people died when the bus carrying the Saskatchewan Junior Hockey League team from Humboldt, Sask. collided with a semi truck in north-eastern Saskatchewan on April 6.

In Selkirk, a number of Selkirk RCMP members, Selkirk Steelers players and local high school staff and students donning jerseys gathered outside the Comp on Jersey Day last Thursday for a group photo.



RECORD PHOTO BY LINDSEY ENNS

Selkirk RCMP members, Selkirk Steelers players and local high school staff and students donning jerseys in honour of the Humboldt Broncos gather outside the Comp last Thursday.

While proudly wearing their Steelers jerseys, both Kelly and Bennett said Jersey Day was just a small way Canadians could show their support for those affected.

"Knowing that everyone else is doing it to it just really shows how much the country gets together," Kelly said. "You only have three or four years playing junior with all of these guys so you definitely have to make the most of that time."

Junior hockey teams and their players become like a family, Bennett added.

ed.

"You spend a couple hours with them almost everyday at the rink, you battle for each other each and every night so I mean I just feel for those families and what's going through their minds," said Bennett, who got traded to the Steelers in November of last year and plays goalie.

The #JerseysforHumboldt idea came from a group of hockey parents in Langley, B.C. to show the victims' families they were thinking about them. The Jersey Day idea later caught on

worldwide after being spread on social media. Canadians are also propping up hockey sticks outside their doors in honour of Humboldt.

Kelly, who has been with the Steelers for two years and plays defence, said the team gets on a bus at least once a week during the hockey season. He said the furthest the team travels is to The Pas. Although the first bus ride of the season will be a difficult one for the team, Kelly said, "we're all brothers and we're in it together."

Gov't 'holding back' on plan to stop publishing notices in newspapers

By Patricia Barrett

The Manitoba government is backing down from its plan to stop publishing notices in newspapers across the province.

River East MLA and Minister for Sport, Culture and Heritage Cathy Cox made the announcement last weekend after backlash from media organizations concerned about government transparency and the ability of the public to access information that's vital to a functioning democracy.

"We are holding back on proclaiming the aspects of Bill 8 that pertain to government notices in newspapers, which means that public notices will continue to be printed," said Cox during the Manitoba Community Newspapers Association's 99th Annual Better Newspaper Competition awards banquet last Saturday in Winnipeg where she was a guest speaker.

Cox did not say whether the government will axe the bill or amend it, leaving open the possibility that it could be passed at a later date.

The Government Notices Modernization Act (Bill 8) would eliminate the government's legislated requirement to issue legal notices and other notices of public concern in newspapers.

Introduced by Cox, Bill 8 received

first reading in the Legislature on Dec. 4, 2017, and gave rise to concerns that it will shield the government from scrutiny and make information about its doings difficult to find.

Manitoba Community Newspapers Association president Ken Waddell released a statement last month saying the Association "wants to make it perfectly clear that by doing away with requirements to publish government notices in newspapers, the Progressive Conservative government of Premier Brian Pallister will make it even more difficult for Manitobans to monitor its activities and business."

If passed as is, the bill will affect 24 existing pieces of legislation, such as the Environment Act, the Endangered Species and Ecosystems Act, The Corporations Act, the Municipal Board Act and the Cooperatives Act, all of

which make it mandatory for the government to publish notices in newspapers.

The public and the media would have to consult a digital-only version of the Manitoba Gazette, which publishes legal and government notices on a weekly basis. The Gazette is accessible only through a subscription fee, but Cox's bill would make it free of charge.

The government's goal is to "modernize communications technology," said Cox, and it will be looking at alternative ways of delivering information.

In addition to removing legislated requirements to publish notices in newspapers, Bill 8 has an opt-out clause, making it an "option" to publish a notice in the Gazette.

"Several requirements to publish a

notice or document in a newspaper are replaced with the requirement or option of publishing it in The Manitoba Gazette," states the bill. It's not clear what types of notices will be exempt.

Also of concern is the Planning Amendment Act (Bill 19), introduced March 19 by Gimli MLA and Municipal Relations Minister Jeff Wharton. Like Cox's bill, Wharton's bill will eliminate notice requirements for appeals concerning large-scale livestock operations and aggregate quarry operations that come before the Municipal Board.

Although Cox said she and Wharton have had "many conversations" with the both the public and newspapers, she did not indicate whether the government will also "hold back" on Bill 19.

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Gaming marathon to raise funds for mental health services

By Lindsey Enns

Kieran Moolchan is all too familiar with the barriers those struggling with their mental health face when seeking help.

The former Selkirk resident, who lives with bipolar disorder, said he started to experience “intense” ups and downs when he entered university.

“That’s when I started seeking help,” Moolchan said. “Across the province, getting help is a complicated thing.

“I lived in (Winnipeg) but at the time my family doctor was still in Selkirk so when I needed help I went to a crisis centre.”

Moolchan said although there’s available resources in smaller and larger city centres, getting a hold of them isn’t always easy.

“Getting a hold of them and knowing who to talk to can get really complicated,” he said.

With that in mind, Moolchan joined forces with Nolan Bicknell and Justin Luschinski to help start “A Critical Cause: Gamers for Mental Health,” which is an annual 24-hour video gaming marathon that helps raise funds for mental health services in Winnipeg.

The fourth annual Critical Cause event will take place from 12 p.m. Saturday, April 28 to 12 p.m. Sunday, April 29. The marathon will be streamed live to <https://www.twitch.tv/criticalcausefund>.

Justin Luschinski, who grew up in West St. Paul and is a reporter with



SUBMITTED PHOTO
Participants take part in last year’s “A Critical Cause: Gamers for Mental Health,” which is an annual 24-hour video gaming marathon that helps raise funds for mental health services in Winnipeg.

the *Selkirk Record*, is one of the hosts for the event, as well as a co-founder. Luschinski says he’s been struggling with mental illness ever since he was born, and he’s attempted to end his own life, twice. Throughout his time in the mental health system, he says he struggled with finding the help he needed.

“I went through almost every support system that exists in the city,” Luschinski said. “I thought that I would never do anything productive with my life. I heard stories that were a lot worse than mine, and many of

those people didn’t get the support they needed.

“And yeah, I could afford therapy, but what about the people who can’t? That’s who we want to help.”

Last year, the event raised more than \$5,500 through an endowment fund set up by The Winnipeg Foundation. In its first three years, A Critical Cause raised more than \$10,000 in total. All donations are pooled and invested, and the generated income is distributed as grants to local registered charities. Every donation remains invested, so any contribution

will continue to benefit the mental health community in perpetuity.

Moolchan said when he was at his worst, he turned to playing video games with his friends to help him feel better.

“Games have a place close to my heart and there’s a lot of people who play video games that struggle with mental illness and this is kind of a way to help give back to the community that needs some support,” he said.

For more information about the event or to make a donation, visit criticalcause.org.

Interested in hosting a block party? The City of Selkirk wants to help

Staff

The City of Selkirk wants to help five community members throw a block party this summer.

The city launched its Block Party initiative last summer and is continuing it this year by offering a \$250 gift voucher to the first five people that book a Block Party. The very first to book will also receive a bonus promotional package from the city.

“The city’s Block Party trailer shows up to your street free of charge, puts up barricades to close off your block to vehicle traffic, and drops off games and activities for kids and adults to enjoy,” Shelly Leonard, program coordinator, culture, recreation and green transportation, stated in a release last week. “It’s a perfect opportunity for people to get to know their neighbours, connect with ones you haven’t seen in a while and build that bond of a safe and supportive community.”

Selkirk CAO Duane Nicol says “the real goal is to build community at the neighbourhood level, neighbourhood by neighbourhood.”

When neighbours know each other, neighbourhoods tend to be safer because you have a vested interest and you want to look after the people living in your community, Nicol added.

Linda Rosser hosted Selkirk’s first Block Party last summer after winning a draw during the Selkirk Waterfront Canada Day celebrations. Rosser said the party, held on a beautiful day in August, definitely brought the community together.

“No exaggeration, it was the best,” Rosser said.

About 100 Dorchester Avenue residents got together for the afternoon event and Rosser said it created a tremendous amount of good will. Residents young and old came out, families and seniors, relatives and total strangers, she said.

“The best part of all is there was people who have lived here for 50 years and a lot of people who were new comers to Selkirk,” Rosser said. “When it was over, people didn’t want to go home. And we definitely want to do it again this year.”

The city’s step-by-step Block Party guide is available to download at MySelkirk.ca/sports-recreation/block-party/ or can be picked up at city offices – and guides you through what’s allowed and what’s not, gives you helpful tips on how to make your party a success and provides the application and other forms needed to complete your request.

Leonard said if you want to have a Block Party you have to fill out an application and have signatures of support from at least 75 per cent of your neighbours on your block.

The city has a list of activities that you can choose from for your Block Party – including volleyball, street

chalk, hoola hoops, oversized soccer balls, safe lawn darts, horseshoes and other games – that will compliment other activities you and your neighbours already have.

The \$250 gift voucher can be spent on anything you like for your party, from hot dogs to balloons, it’s up to you.

The Block Party program runs from May to September, seven days a week and is free of charge. The activities trailer is reserved on a first come, first served basis. The city will close your street for a period of four hours, between the hours of noon and 10 p.m. After the four hours are over, the city will pick up the barricades and activities, but your party can continue if you choose.

“The city brings all the activities you need, closes off your street for you, all you have to do is have fun,” Leonard said.

Easter basket blessings



RECORD PHOTOS BY LINDSEY ENNS

Kindergarten to Grade 8 students in the English Ukrainian Bilingual Program program at Happy Thought School and East Selkirk Middle School gathered at the Blessed Virgin Mary Church in East Selkirk to have their Easter baskets blessed last Wednesday morning. Following the blessing of the baskets, students headed over to the East Selkirk Hall to eat the goodies in their baskets.

Fight-a-thon to benefit Habitat for Humanity

Staff

The Selkirk Judo Club is gearing up to fight for a local charity.

The local club's 18th annual Fighting for Charity Fundraiser in support of Habitat for Humanity's Selkirk Chapter will take place inside the Comp's cafeteria on Sunday, April 29 from 1 p.m. to 4:30 p.m.

The club says over the last 17 years, their members has helped raise more than \$42,000 for habitat by collecting pledges and participating during in a fight-a-thon.

The fight-a-thon is meant to be a fun judo competition where participants fight in teams of three or four. Each person is guaranteed two fights by may fight more than twice.

There will be seating available for spectators so parents, friends and relatives are welcome to attend and watch.

The club will also be covering the cost of pizza and prizes following the competition.

For more information about the event or the local judo club, contact Brian Jones by calling 204-782-9785 or via email at selkirkjudoclub@shaw.ca.

You can also visit selkirkjudoclub.com.

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THIS MONTH'S FEATURED RESTAURANT

TASTE YOUR TOWN Two Restaurants at a Time

Get a taste of our region by eating someplace new or visiting your favourite go-to place when you're hungry. Whether you're shopping for shoes at that close-by boutique, getting a haircut at the salon or buying eggs from the grocery store, you're supporting local business while tasting the best the area has to offer. If you're a foodie, treating yourself to a gourmet meal just around the corner is a great way to invest in your local economy.

Roxi's by the Red

For my new taste test I wanted to choose something different that I had never experienced at Roxi's Uptown Café. My family and I, over the years, have dined numerous times at Roxi's with always a satisfying and delish meal. Oh what a choice! Excellent variety of fresh salads, appetizers like Frings (1/2 fries and 1/2 rings), home cooked dinners, choice of burgers such as the Hickory BBQ Burger, Spicy Blue Burger and cheesy pattie melts and their awesome sandwiches. I quite often order a Toasted Denver for pickup for lunch at work. One of the best I have had. Literally tons of food choices from Homemade Fries to Homemade Pies. I went with The Ukrainian Feast for lunch and loved every minute of it. Kolbassa with sautéed apples, perogies with sauerkraut, real fried bacon (no bacon bits for this girl) and onions and perfectly cooked cabbage rolls. It also came with warm, tasty garlic toast and sour cream which is a must for my perogies. The portions were large and our waitress, Natasha was nice enough to offer me a container to take my leftovers for later. Their homemade soup of the day was Ukrainian soup which was a creamy and hearty soup which had bite sized kolbassa, perogies and cabbage. Absolutely tastelicious! Our dessert choice was Pistachio Cheesecake which was incredible, as all their other baked goods are. I always enjoy dining out at Roxi's, whether it be in the restaurant or in the lounge, and look forward to my next visit.



Georgia Campbell



Michelle Balharry

I was delighted to find out I was going to taste test Roxi's for our Taste Your Town feature. This local restaurant is a favorite which I frequent at least once a week. My usual go to is the Mango Tango Salad with blackened prawns. The coconut curry dressing in this salad is amazing!

For my lunch however, I decided to try something different and I was not disappointed. After sampling the homemade Ukrainian soup which was like Baba's love in a bowl, our server Natasha brought out the main course. I ordered the Spicy Blue Burger with house fries and coleslaw. This burger was monstrous! It was loaded with mushrooms, fried onions, jalapeños, jack cheese, feta cheese, blue cheese, spicy mayo and if that isn't amazing enough, topped with a FRIED EGG!!! The most delicious, messy homemade beef burger ever. Roxi's is known for having some of the best fries in Selkirk and are a must to try when visiting here. The fries are handcut, thin, crisp and perfectly cooked. The Pistachio Cheesecake was creamy, heavenly and not too sweet. Just the perfect amount of pistachios for crunch, the base was perfectly set and not too dry or wet and the portion could have made for another meal.

Your food and staff speak for itself and your restaurant is a jewel in our town. Keep up the great work Roxi's Uptown Café!



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THIS MONTH'S FEATURED RESTAURANT

Boston Pizza

As Brett Mitchell and I walked into Boston Pizza, we didn't know what to expect from their new line of thin crust pizzas. But after one bite, Brett and I loved it so much that we almost ate two whole pies.

Our server, Saleah, greeted us with a smile and showed us to our table. She showed us fantastic service, and even suggested a few flavours to try out. The new thin crust pizzas come in five flavours, and all of them looked very appetizing. Brett ordered the Fiesta Chicken, while I tried the Skinny Carnivore.

The pizzas were cooked to perfection, the dough was light and fluffy, with nice charred edges that gave a very satisfying crunch. The Skinny Carnivore was a nice blend of smoked prosciutto, bocconcini, and some cherry tomatoes that gave the pizza a fresh, home-grown taste. The crust also had some sesame seeds, which gave it a nice tang, perfectly complimenting the mild spice in the centre.

The Fiesta Chicken was no slouch either, offering a fresh clubhouse chicken vibe, with sweet barbecue sauce that took our taste buds for a ride. The honey-citrus grilled chicken was flavorful and well-cooked, and the avocado ranch drizzle made it a perfect companion to the meatier Carnivore.

As we enjoyed our pizza, the owner, Wayne Hintz, stopped by our table to check on us. He said he's been managing restaurants for 20 years, and he gave us some information about our lunch.

The dough is made fresh in house, and they pan out the thin crust dough daily, everything is fresh. He was very kind, professional, and he makes sure that his customers are enjoying themselves.

As we were finishing up the last few bites, I looked around the restaurant. It was a nice relaxing atmosphere, and we were always taken care of by the staff. The other thin crust pizzas looked very appetizing, I think next time I'm going to try the Pizza Bella creation.

Overall, Brett and I left Boston Pizza very happy. The new thin crust pizzas are light, freshly made, and best of all, they taste great. Don't sleep on these pizzas, they pack a lot of flavour, they'll leave you satisfied, and they're perfect for lunch.



Justin Luschinski



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Province announces minimum wage increase Oct. 1

Submitted

The Manitoba government is improving wages for working Manitobans and increasing the minimum wage on Oct. 1, 2018, Growth, Enterprise and Trade Minister Blaine Pedersen announced last week.

"Our commitment is to provide sustainable and predictable increases to Manitoba's minimum wage," said Pedersen. "Last year we passed legislation to index minimum wage with the rate of inflation through a fully transparent formula. We are improving wages for working Manitobans and providing predictability for businesses that create jobs and generate growth in our economy."

Pedersen noted the increase of 20 cents per hour will raise the current minimum wage to \$11.35 from \$11.15 and ensure that Manitoba remains competitive with other provinces. This adjustment is based on Manitoba's 2017 inflation rate of 1.6 per cent and rounding up to the nearest five cents.

Amendments were made to the Employment Standards Code in 2017 that provide a consistent and predictable way of indexing Manitoba's minimum wage based on the change in the previous calendar year's Consumer Price Index, Pedersen noted.

Information on the minimum wage and other employment standards is available at www.gov.mb.ca/labour/standards.

The Selkirk Record

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What's *your* story?

Jersey Day spreads across Canada



RECORD PHOTO BY BRETT MITCHELL

Selkirk's Easton Kipling, Ashlyn and Arria Sembrowski donned their favourite jerseys on Jersey Day last Thursday in honour of the Humboldt Broncos.

Selkirk to host Interlake Juried Art Show April 27-29

Staff

Creative works by artists from across the region will be on display at the end of this month in Selkirk.

This year's Interlake Juried Art Show will be open to the public on Saturday, April 28 from 10 a.m. to 5 p.m. and on Sunday, April 29 from 10 a.m. to 2 p.m. at the Selkirk Rec Complex. Admis-

sion is free and for more information, visit gwenfoxygallery.com.

An "Art Talk" will also be presented by the jurors on Friday, April 27 followed by an artist's reception from 6 p.m. to 8 p.m.

A closing ceremony and awards presentation will be held on Sunday, April 29 between 2 p.m. and 3 p.m.

Local psychologist to lead discussion on how to properly communicate with your partner

By Justin Luschinski

A Selkirk psychologist wants to help teach couples how to communicate better with one another.

Dr. Douglas Tataryn will be giving a talk entitled, "Calm Through Emotional Processing: How to Talk and Not Fight With Your Partner," at the Gaynor Family Regional Library on Friday, April 27, at 7 p.m. The talk aims to teach couples how to properly communicate their feelings when trouble brews in their relationship.

Tataryn said a lot of people don't know the proper words to use when they're angry with their partner.

"Let's say that your spouse is angry that you aren't doing the dishes. Most people will get angry, and say something like 'if you don't start cleaning up more, you're sleeping on the couch.' This usually elicits a defensive response," Tataryn said. "But if someone says 'I'm really hurt that you didn't do the dishes, it makes me

feel insignificant,' that leads to a more beneficial conversation."

Tataryn has been giving talks about mental health since November 2017, first on how to handle PTSD, while trying to teach people the proper way to handle and talk about emotional issues. The majority of his talks are free, or by donation, and his method is based off of the "Bio-Emotive Framework." The idea is that if people know the proper language needed to communicate their emotions, it will lead to more fulfilling conversations and relationships.

Tataryn said mental health is a major concern those living across the Interlake.

"I'm surprised at the number of people who have showed up to my talks. There's a huge drive for people to understand mental health, and I think we're under much more stressful conditions than previous generations," Tataryn said.

The Selkirk Record

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Caring for your Air Plants

Submitted by The Flower Child

Air plants are an exciting, new way to display indoor plants in your home. Either as wall art, in a terrarium or even a seashell – the opportunities are endless! The key to keeping your air plant happy is water, air and light. Depending on where you are planning to show off your air plant in your home you will need to adjust the above based on the condition of your plant – but before you know it, taking care of your air plants will become second nature.

The most common variety of air plant available is Tillandsia which comes in a variety of shapes and sizes. They are a member of the Bromeliad family and



they do not need soil to grow, their roots act as anchors, securing plants to their supports. Air plants grow natively on trees, branches, shrubs and rocks. The key to air plant survival is air circulation, it is important not to surround the base of your air plant with soil, moss or any material that will absorb material

and suffocate your plant. They absorb water and nutrients through the scales on their leaves.

Air plants love indirect, bright light – being kept in a kitchen window is perfect!

If you keep your air plant indoors, it will be the healthiest with a good soak at least once a week, face down in a bowl, sink or container for at least 30-45 minutes. I recommend to soak first

thing in the morning in order to give your air plant time to properly dry off throughout the day in natural light. It is important that after soaking you shake all excess water off of the plant (especially in the center) and leave to dry out for few hours (3-4) in a bright, sunny spot on a towel. If your plant is struggling or looks extra thirsty – don't be

Continued on page 17

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 229 Donohoe Cresc Petersfield \$179,900	 308 Robinson Ave Selkirk \$269,900	<p>PENDING</p> 435 Stanley Ave Selkirk \$289,900	 103 Dunara Ave. Petersfield \$319,900
 15 Fial Crescent St. Andrews \$399,900	<p>Waterfront</p> 168 Grand Circle Petersfield \$425,000	 33043 Zora Rd. Springfield \$455,000	<p>VACANT LAND IN ST. ANDREWS 4 Seagull Dr. 1.30 acres \$134,900</p> <hr/> <p>590 River Rd 1 acre \$119,900</p> <hr/> <p>1 Calder Rd 6 acres \$99,900</p>
<p>104 Acres</p> 732 Clandeboye Rd St. Andrews \$474,000	 119 Montgomery Ave Selkirk \$499,900	<p>WINNIPEG LISTINGS? <i>I have those too!</i> Call for details</p>	

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 77-1010 Wilkes \$269,900	<p>SOLD</p> 95082 Rd 37E \$319,900	<p>NEW LISTING</p> 303 Netley Ave. \$297,500
 6-305 Mercy \$139,900	 304 Stanley Avenue - \$164,900	 99A Van Mol Rd \$108,900
 29 Steven Ave E. \$169,900	<p>NEW PRICE</p> 107 Strathnaver Ave. \$257,500	<p>NEW PRICE</p> 431 Morris Ave. \$94,900
<p>12 Van Mol Rd \$54,900</p>		

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With floor to ceiling windows and high ceilings that at their peak reach 10' this home feels very modern and spacious at the same time. The homes are all single level, with 2 bedrooms and 1 bath. In addition to this, there is a large terrace at the back of the house and a large entry porch with only a couple of stairs leading into the home. Thoughtfulness went into making the home handicap friendly featuring wider doorways with lever handles and lower light switches. Storage has been made a priority throughout this Mezzo-sized house with an entry closet, general storage closet in the corridor and large closets in the bedrooms. The houses meet the new energy code for single family homes, coming

together, the homes are a modern 740 square foot bungalow design. Mezzo's modern design provides home owners with all the comforts of home plus a few unexpected touches for a home in this budget. The gorgeous and functional kitchens have handpicked sleek quartz waterfall countertops and under-mount sinks. Other designer touches include luxury mill work finishes, wall to wall bedroom closets, entry and backyard patios and a gracious foyer that serves both as connection and separation of the sleeping and living areas of the home. The master will easily accommodate a queen bed, a large 4



piece bath and second bedroom finishes the living space. Every inch of this home has been designed to respond to how you live functionally, and to provide the joy, surprise and calmness you deserve.

Mezzo Homes Ltd are dedicated to creating a development that has a community atmosphere within themselves, all while being a beautiful addition to the existing community surrounding them. Mayor Larry Johannson stopped by to see the first show home located at 530 Robinson Ave in Selkirk. His thoughts on the project, "The first word that comes to mind is exciting, it's very exciting. This was kind of a unique block for us, we owned this block and for years we've wanted to do something with it. We put out an RFP and the proposal these boys put forward was fantastic. It's just what the doctor ordered for this area. We have been very fortunate. Selkirk is growing, we've got the highest census, we've got the most housing starts, commercially we are leaders and we are leading with the new hospital and so many more improvements in Selkirk. This housing is very, very special as it creates a real viable option, while it may not be for everybody; there is a niche of citizens that are going to look at this. People from Winnipeg will be looking at this and the thousands of people from our surrounding area are looking for this. I think this development here is really going to attest to that."



Mezzo yards are beautifully landscaped, with privacy trees and shrubs, a large terrace at the back of the house and large front entry porch, similar to those found on larger homes. There is also the added convenience of no stairs and less site area to maintain.

The project incorporates holistic thinking about spatial efficiencies and a robust, flexible design that is able to meet the needs of current and future generations, while recognizing that these needs will change over time. At a time when a 2,300 square foot house is typical in North America, and when the average square footage per person has grown from 290 sf to 900 sf since 1950, one of the biggest roles and challenges as designers and builders is being able to adjust public perception about how much space we really need.

If you can imagine yourself, owning a brand new modern, architecturally designed home. With more time to enjoy life, more time with friends and family. More money to travel, to be able to do the things you really want to be doing, a Mezzo Home may be for you!



Pictured from left to right; Selkirk Mayor Larry Johannson, developer Jason Vitt, realtor Jeremy Zdrill and developer Ellery Broder look over the building lot plan for Robinson Avenue.



with HRVs to recover all exhausted heat, LED lighting and in-floor heating as the most efficient and comfortable system available. Developers Ellery Broder and Jason Vitt both had a vision for energy and efficiency when designing the homes. Even the window orientation was designed to account for seasonal solar gain. Broder states, "The in-floor heat not only from a comfort standpoint, but an efficiency standpoint, it's a huge piece. The spray foam insulation we used is a premium product you just don't see that in very many homes and certainly not homes that are under a half a million dollars. There is a lot of hidden value in these homes." The utility bill for a Mezzo Home is estimated at \$38 per month.

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How to plant a tree for successful growth

Why plant trees?

There are plenty of reasons to plant trees. Trees provide a natural form of shade, reducing air temperature by blocking the sun's rays. This can reduce reliance on air conditioning systems and make it more comfortable to spend time outdoors during the summer. Trees absorb and block noise and reduce glare. They also can trap dust, pollen and smoke. Trees also absorb carbon dioxide and potentially harmful gasses from the air. One large tree can supply a day's worth of oxygen for as many as four people, while also storing 13 pounds of carbon per year.

Getting started

Visit a garden center or nursery and select a tree that will be hardy in your planting zone. Choosing native trees can increase the likelihood that the

new tree will adapt to its surroundings. Also, inspect trees to determine if they're healthy before taking them home. Look for evidence of root girdling, which occurs when the roots circle around the perimeter of the container and surround the trunk. Trees should not have any dead or dormant branches.

The DIY Network suggests locating the tree where it can thrive. This means selecting a spot that can make it easier for the tree to grow tall and wide. Avoid planting near the house,

Continued on page 18

Continued from page 15

afraid to let it soak longer, you may find based on the humidity and light in your home you need to soak your plant for at least an hour. It is always best to use natural rain water, but just avoid using any type of softened or distilled water. A drier environment will require you to soak your air plant longer than if you kept it in a humid bathroom. If you are planning to leave your air plant in a globe or glass container, I do recommend that you leave your plant to dry out prior to placing it back to prevent any additional moisture.

Watch the leaves on your Tillandsia, if they are curling inwards – your plant is thirsty and would love an extra bath! You'll be able to watch your plant green in the water and once you shake off the excess water the leaves will spike out again. Browning/yellowing in the centre of your air plant is telling you that all the water is sitting in the base and rotting – it is key no water sits in the plant for long periods of time.

In between watering, keep a spray bottle on hand to mist your plant, especially if you have a drier home or are keeping your air plant in an extra sunny spot. Glass globes will attract more sun and you may need to mist your plant more to keep it healthy and happy in between baths.

Remember what your air plant looks like healthy and happy as soon as you pull it out of the bath and dry off the water – the greenness and fullness is the look you are trying to maintain in its new home!

We will have air plants for sale at The Flower Child in the Home Hardware Parking lot this summer –perfect for Mother's Day gifts!

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1138 River Road \$629,500
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311 Grassie Blvd. \$395,000

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9-305 Mercy \$157,500

655 Fort Garry Road \$119,900

20 NORTH 7TH Street, Loni Beach \$139,900

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NEW 306 Robinson Ave. \$159,000
 205 Toronto Avenue \$165,000
 310 Superior \$277,000
 150 Eveline Street \$314,900
 13 Howard Pl. \$395,000
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COUNTRY LISTINGS

34 Grey Cresc, Pinawa \$348,700
PENDING 20 North 7th Street,
 Loni Beach \$139,900
 1138 River Road \$629,500

COMMERICAL LISTINGS

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Continued from page 17

where roots can crack concrete or asphalt, and always plant away from underground pipes.

Planting the tree

Now it is time to amend the soil. It's not enough to enrich only the soil in the hole where the tree will be placed. Move out into a circular area beyond where the roots will start so that roots can expand and properly anchor the tree. The next method of success is to ensure that the tree has a large enough hole to contain the existing root ball and allow for roots to grow and expand. Better

Homes and Gardens experts say to prepare a hole that is two to three times as wide as the root ball of the tree. Treat the root ball gently. If the roots are wrapped in burlap, remove the burlap or push it to the bottom of the hole.

Backfill the hole with soil and check that the tree is straight. Stake the tree to help it stay upright and straight until the roots anchor it more effectively. A layer of mulch around the base of the tree can prevent weeds and reduce water loss. Water daily for several weeks until the roots have fanned out.

It's best to leave trees be for the first growing season, only removing broken or diseased limbs. Resist pruning and shaping until the tree has survived its first growing season.



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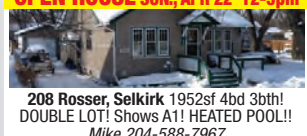


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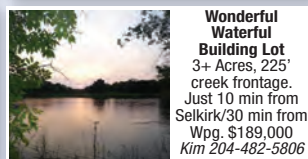
5683 Hwy 9, Lockport - 2440 sf, 4 br, 3 bath, heated 26'x40' att/gar, 24'x40' metal shop. \$479,900
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8941 Hwy. 9 Petersfield \$279,900
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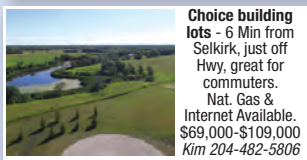
38 acres open land \$42,500
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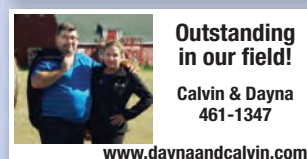
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First Nations, municipalities look to forge collaborative partnership

By Justin Luschinski

Municipal leaders are making steps towards collaborating with First Nations communities across Manitoba.

For the first time in 150 years, 23 Indigenous and municipal leaders from southern and central Manitoba, including from Selkirk and Brokenhead Ojibway Nation, gathered in Winnipeg to explore an approach to collaborative leadership last month.

The purpose of the meetings, called by the Southern Chiefs' Organization, were to forge new relationships and create the conditions to resolve barriers to action on economic development, treaty land entitlement and protection of land and water.

The meetings also allowed Indigenous communities to express their goals for the future and how they can work together with rural Manitobans.

Selkirk Mayor Larry Johannson said these talks is another positive step towards reconciliation.

"Everybody had a chance to stand up and say how they feel ... we all know what we want now, and the next meeting should be about how do we get there?" Johannson said. "How do

we work together to achieve our goals ... we're in the 21st Century now, I think this will be the next era of reconciliation."

Johannson said Selkirk already has close ties with the First Nation communities located outside the city. Peguis First Nation even bought land in Selkirk, and are working towards possibly building some infrastructure here. Selkirk is looking into their agreement and possibly using it as a template for Indigenous investment in the city.

Brokenhead Ojibway Nation Chief Jim Bear said that while he's excited to see what comes from these discussions, he wants to use this opportunity to correct systemic injustice.

"It was a good first step, but we're looking further ... the main conflict right now is Child and Family Services. If you have a criminal record, if your child is in the system, you cannot take care of your kid," Bear said. "There are so many issues, and we want our kids to grow up in a healthy environment, with a culture that they understand, so they can understand their language and feel proud."

Singers celebrate choir day



RECORD PHOTO BY JUSTIN LUSCHINSKI
The "mixed pick-up" choir performs at the Good Shepherd Lutheran Church in St. Andrews on April 7. The concert was in support of Interlake Adult Choir Day, which featured choir groups such as the Selkirk Community Choir.

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Gander Girls Gala brings glitz, glamour to Selkirk Legion



RECORD PHOTOS BY JUSTIN LUSCHINSKI

The Selkirk Legion was packed with glamour as the Gander Girls Ducks Unlimited dinner and gala took over the local legion on April 6. The dinner sold out a month before the event, and aims to raise money for Ducks Unlimited Canada, which is celebrating 80 years this year. The Hollywood-themed event included carnival games and a red carpet with a professional photographer.



Service animals welcome in all City of Selkirk buildings

Staff

If you see someone walking their dog inside the Selkirk Rec Complex or Memorial Hall, the City of Selkirk wants to remind you that service animals are allowed inside all city owned and operated buildings and facilities.

"In accordance with Selkirk's Accessibility Plan, the city is committed to providing equitable treatment and benefits of city services, programs and facilities in a manner that respects the dignity and independence of people with disabilities, including physical, mental, intellectual or sensory impairments that may hinder their participation," the city stated in a release on Monday.

Selkirk CAO Duane Nicol said the city is being proactive in the way it manages service animals.

"Selkirk is an inclusive community and we want to be welcoming to all," Nicol said. "It's important that people with on-duty service animals know they are welcome in all city buildings and on all city properties."

Edie Henrichsen, the city's director of corporate services, said the Provincial Accessibility Act requires all municipalities to work towards removing barriers to accessibility.

The city accomplishes barrier removal in several ways, including providing automatic door access, wheelchair access to washrooms, light switches at lower heights and gradient slopes to streets.

But Henrichsen said it's important to realize there are visible and invisible disabilities, and in some cases it may not be obvious that the animal is providing a service.

"We want to make the public aware that if you see someone with a dog, for exam-

ple, inside a city building, that it is a service animal and it is permitted to be in the building with the person for whom it is providing service," she said.

Elaine Johnston, who works in the Lord Selkirk School Division, has a service dog named Grace. Johnston said educating the public about service dogs and their roles is important, especially when they are working with owners who have invisible disabilities.

"Grace is a mental health dog, so yes, she provides support for an invisible road block. Most folks see a dog in a vest and assume that dog is a Seeing Eye dog, because they are the most familiar service canine," Johnston said. "This education piece is so important. Most common questions I get asked are 'is she in training', 'can I touch her', and 'what does she do, or what's wrong with you?'

I'm comfortable with questions as I believe that when we answer we are educating the public around the expanding role of service dogs."

The Human Rights Code states: "For many mental disabilities or disabilities that are invisible (such as post traumatic stress disorder or diabetes), it may be less obvious or apparent that the animal is providing assistance with a disability or how it is assisting, but it is still a service animal."

Examples of ways service animals can provide assistance to their owners include: guiding a person who is blind or visually impaired, alerting a person who is deaf or hearing impaired, pulling a wheelchair, alerting or protecting a person who is having a seizure, reminding a person to take their medication or calming or addressing other disability related needs of a person with mental health issues.

People are cautioned not to interact with, or feed, a service animal unless given permission by the animal's owner. The person receiving services animal is responsible for keeping the on-duty service animal under their control and care at all times. If they are not able to effectively control the animal's behaviour, they may be refused access or asked to leave.

All city staff have received training so that they understand how to accommodate service animals in their facilities.

"SELKIRK IS AN INCLUSIVE COMMUNITY AND WE WANT TO BE WELCOMING TO ALL."

LIGHT IT UP

FOR HUNTINGTON DISEASE

FRIDAY, MAY 11 - 8pm

Landmarks around the world are lighting up in purple and blue to mark Huntington Awareness Month...

in Toronto, the CN Tower

in Italy, it's the Leaning Tower of Pisa

in Kelowna, BC, it's the Sails Sculpture

in Derry, Ireland, it's the Council Buildings

In Selkirk, it's the Merchants Hotel!

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8pm - Singer/Song Writer *Kalya Morrow-Lytke*

9pm - Classic Rock/Country Acoustic Duo *Double Bourbon*

& at 11pm - *November Underground*

\$10 at the door, goes to Huntington Disease Care & Research

Dreams can come true

Teams encouraged to register for River City Dragon Boat Festival on June 1 and 2 in support of Dream Factory

By Jennifer McFee

Dreams really can come true through the Dream Factory, which gives sick kids a reason to smile.

The Manitoba-based charitable organization fulfills dreams for kids who are afflicted with life-threatening illnesses.

And now even more children will have the chance to become a Dream Kid since The Dream Factory is the new charitable partner of Manitoba Paddling Association for its Dragon Boat Festivals.

Howard Koks, executive director of The Dream Factory, is pleased with the new partnership.

"It's very exciting and we're doing more and more dreams, so the chance to work with another non-profit to raise more money and make more dreams come true is really something special. It's quite amazing," he said.

"It was just one of those things that felt right and it was just meant to be. It's working great."

The Dream Factory has been growing very quickly over the last few years, Koks added.

"We did 36 dreams last year and our previous record was 31, which was in 2016. Five or six years ago, we were doing 20 to 22 dreams, so we've gone through a lot of growth in the last few years. We're getting more requests for dreams and our policy is to never say no to a qualified kid — and we never have said no and we have no plans to," he said.

"We have more requests but we always have met them. Getting the Dragon Boats on our side will help us raise money for those dreams and get more people involved. It's coming together very nicely."

Candace Schellenberg knows first hand how important these dreams can be to the kids and their families. Her three-year-old daughter, Brenna, has brain cancer and is currently in remission.

At the end of January, their family was able to take a break from the stress and go to Disney World, with everything arranged and paid for through The Dream Factory.

"You truly get the red carpet treatment. They pull out every stop and cover every base and think of every little thing," Schellenberg said.

"It is just incredible. You're treated like royalty and nothing is overlooked or not covered."

Young Brenna was diagnosed on July 28, 2016, sending the family on an emotional roller-coaster ride for the next year and a half.

"We've experienced every emotion, every feeling. We were told we weren't going to be leaving the hospital because her cancer was growing so quickly and was taking over," Schellenberg said.

"Then there were days she was doing really well and they thought she had pneumonia. You would think you were in the clear and things were going well and then all of a sudden something else would pop up and you were scared and terrified and worried again."

But after Brenna arrived at Disney World, along with her parents Candace and Jason and siblings Keira and Caleb, she had the chance to feel like a carefree kid again.



Brenna Schellenberg has brain cancer and is currently in remission.



A group hug with Mickey Mouse.

"There's something about being on that trip that just reunited us as a family and made us feel whole again. Money can't buy that," Schellenberg said, adding that the kids don't even have to wait in line for anything.

"They provided our own little villa for the family so we felt at home and had our own space. Brenna is still on maintenance chemo, so sometimes she's still down and out from her medications. So Jason could take the big two kids and I could stay home with Brenna or vice versa."

When Brenna's illness began, the family was living in Selkirk. Since then, they've moved to St. Andrews. Brenna's grandma, Crystal Braybrook, lives in Balmoral, so the impact is far-reaching.

"We were on call waiting for something bad to happen so it really, really affects the family," Schellenberg said. "It's really hard as a family going



RECORD PHOTOS SUBMITTED

Brenna, right, and her siblings Keira, left, and Caleb enjoyed a trip to Disney World through The Dream Factory.



The Dream Factory is the new charitable partner of Manitoba Paddling Association for its Dragon Boat Festivals.

through that, so those special things that create positive memories are absolutely priceless."

The Disney trip brought some relief from the ongoing stress and brightened their children's eyes again.

"We were just in awe of the magic that was happening as they were seeing their favourite characters and going on rides that you could only dream of. To watch them experience that and their eyes light up, it makes your life as a parent to see them so happy," Schellenberg said. "It was a trip of a lifetime and memories that we will keep with us for the rest of our lives. We are very grateful."

Individuals, groups and companies are encouraged to participate in the River City Dragon Boat Festival on June 1 and 2, which will raise funds for The Dream Factory.

For more information, visit www.dreamdragonboat.ca or to register a team, contact Dave McKnight at dave@thedreamfactory.ca.

get inspired

> MEAL IDEAS

THE Marketplace AT SELKIRK



Campanelle with Prosciutto and Peas

2 minutes less than directed on package. Drain pasta.

In large skillet over medium-high heat, heat oil and shallots. Cook 3-4 minutes, or until softened. Add wine; cook 3-4 minutes, or until most liquid has evaporated. Stir in peas, prosciutto, Alfredo sauce and cheese. Add pasta; toss gently. Cook and stir 1-2 minutes to coat pasta with sauce.

In saucepan, bring water to boil and add eggs. Cook 6 minutes. Transfer eggs to ice water and cool before peeling.

Top each serving with soft-set egg and black pepper.

Notes: Gouda or Gruyere can be substituted for Fontina. Unpeeled, cooked eggs can be stored in refrigerator up to one week.

Cook time: 10 minutes
Prep time: 10 minutes
Servings: 6
12 ounces uncooked campanelle pasta
1 tablespoon Bertolli Extra-Virgin Olive Oil
1 large shallot, finely chopped
1/2 cup dry white wine
1/2 cup frozen peas
3 ounces thinly sliced prosciutto
1 jar (15 ounces) Bertolli Organic Creamy Alfredo Sauce
4 ounces Fontina cheese, shredded
6 eggs
1 teaspoon freshly ground black pepper
In pot of salted water, cook pasta



Don't Get Programmed with Those Toxic Thoughts

responses are twofold. First, the one who was being critical may quote the listener, in future conversations with others, as having agreed with her judgments. That creates problems in the external world. Second, passively listening or participating in gossip creates internal stress.

No one needs more stress. You would not knowingly expose yourself to toxic substances, and you do not need to be programmed with toxic thoughts. If you are not quite ready to confront these behaviors and call them what they are, you can simply change the subject.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.

I had an interesting conversation recently about how difficult it can be to speak up when we are not comfortable with subtle forms of dysfunctional behavior. If a neighbor is gossiping about another, or a supervisor is speaking critically of a fellow employee, we often do not want to hear what they are saying.

It may feel offensive, yet we may feel awkward or embarrassed about stating that. A strong person, who is more concerned with integrity than ego, can, in a forthright manner, set a boundary indicating their refusal to participate in such a conversation. One who is not quite at that stage might listen politely without adding any comments. Those who are insecure, and still more concerned with pleasing others than honoring the self, may join in to support the negative process despite an uncomfortable gut feeling about doing so.

The problem with the latter

Heat oven to 325 F.

In large bowl, combine protein builder, rolled oats, maple syrup, oil, hazelnuts, pumpkin seeds and sunflower seeds; mix until oats, hazelnuts and seeds are coated. On baking sheet, spread granola in thin layers and bake until golden brown, about 45 minutes, stirring every 10-15 minutes.

Cool completely then sprinkle in chocolate chips and serve with yogurt, on smoothie bowl or as cereal.

Chocolate-Hazelnut Granola

Servings: 30
1 bottle (12 ounces) Chocolate Rockin' Protein Builder
12 cups rolled oats
1/2 cup maple syrup
3/4 cup oil
2 cups roasted hazelnuts
1/2 cup raw pumpkin seeds
1/2 cup raw sunflower seeds
1/2 cup dark chocolate chips



Blueberry Cornbread Muffins



Servings: 12 muffins
1 cup cornmeal
1 cup flour
1/4 cup sugar
2 teaspoons baking powder
pinch of salt
1 cup fresh blueberries
1 egg
1 cup Vanilla Rockin' Protein Builder
6 tablespoons vegetable oil
1 lemon, juiced
Heat oven to 400 F. Line muffin tin with 12 paper or foil muffin liners and set aside.

In medium bowl, combine cornmeal, flour, sugar, baking powder and salt; once mixed, toss in blueberries to coat.

In separate bowl, combine egg, protein builder, oil and lemon juice. Pour liquid ingredients into dry mix and stir until just combined. Divide into lined muffin tins and bake until golden brown, about 20-25 minutes.



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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Peguis wins KJHL title for third consecutive season

By Brian Bowman

For the third consecutive year, the Peguis Juniors are the Keystone Junior Hockey League champions.

Peguis completed the hat trick after downing the St. Malo Warriors 4-3 in Game 5 of their best-of-seven league final on April 11.

The final three games of the series finished with identical 4-3 scores.

"There were some close games," said Juniors' head coach Kevin Monkman. "We had a great crowd (for Game 5), I think it was our biggest gate ever, and it's always good to win at home."

"Last year, was the first time ever that they won at home."

Game 5 saw Peguis trail 3-0 just 10:51 into the game but the Juniors battled back with four unanswered goals.

"We were ready before the game started but they were beating us to the puck," Monkman recalled. "They got the three quick ones but we called timeout and regrouped."

St. Malo's Robert Guimond struck on the power play for a 1-0 lead and then Dustin Wiebe and Haden Hildebrand tallied.

The Warriors' third goal was a fluky one that went off a skate and in.

"I thought the only time that they had chances was when they had the power play," Monkman said.

Keevan Daniels-Webb started Peguis' comeback with a shorthanded goal at 15:10 of the first period. Storm Swan and Christian Cochrane, with a power-play goal, tied the score at 3-3 in the second period.



RECORD PHOTO BY BRETT MITCHELL

The Peguis Juniors won their third consecutive Keystone Junior Hockey League championship on April 11 at home in front of one of their largest crowds.

Cochrane then scored the game winner at 3:57 of the third period.

Luke Penner made 31 saves for the win.

St. Malo was 1-for-10 with the man advantage while Peguis was 1-for-4.

The three straight league titles by the Juniors is an impressive accomplishment.

"I have always thought of Peguis as being probably one of the top organizations in hockey altogether with all of the leagues," said Monkman. "The way that they treat their players is pretty amazing."

Both Peguis and St. Malo will now

advance to the Keystone Cup, which begins today and continues through Sunday in Thunder Bay.

The two other teams in the tournament feature the host Thunder Bay Northern Hawks and Thunder Bay Fighting Walleye.

Peguis has a real good chance at winning the Keystone Cup this year under the new format.

"We have a real strong team this year," Monkman said. "I'm not sure what the Ontario teams have to offer but I know St. Malo has a good team as well this year, too."

"It should be a good tournament."

The Juniors will play the Fighting Walleye today at 2:30 p.m. and then the Northern Hawks Friday at 6:30 p.m.

On Saturday, Peguis will wrap up its three-game round robin against St. Malo on Saturday at 8 a.m.

In such a short tournament, winning early is a key to reaching the gold-medal game.

"Every win and every game is important," Monkman said. "Getting that first win out of the way, getting that first period out of the way, I think will be huge for the guys to build some confidence."

Raiders one win away from repeating as MMJHL champs

By Brian Bowman

The Raiders Jr. Hockey Club is one win away from repeating as Manitoba Major Junior Hockey League champions.

The Raiders led the best-of-seven final series three games to one heading into this past Tuesday's Game 5. No score from that game was available at press time.

The Raiders won their third game of the series with a solid effort in a 2-1 triumph over the Transcona Railer Express last Sunday.

The Raiders' Lars Anderson scored a goal midway in the first period and then Kruz Listmayer made it 2-0 with

a shorthanded tally at 6:48 of the second.

Transcona cut that lead in half when Kelby Picard scored with just a second remaining in the middle frame.

The Raiders, like they have throughout the post-season, dominated in the shots department. They outshot Transcona 38-17 as Kyle McHolm earned his 11th win of the playoffs.

The Raiders took a 2-1 series lead after a huge 4-3 double overtime victory on Saturday.

Carter Ives scored the game winner in OT.

The Raiders trailed 3-1 after 40 minutes but tied the score with third-period

goals from Nicholas Mathews and Carson Rybuck.

Mathews also scored a goal early in the second.

Logan Waskul replied with a pair of second-period goals for Transcona while Picard tallied in the opening period.

McHolm made 18 saves for the win.

The Raiders evened the series at a win apiece after a 4-1 road win April 10.

Devon Matsumoto gave Transcona a 1-0 lead at 12:23 of the opening period.

But Mathews tied the score with a power-play goal just 3:33 later and then the visitors went up 2-1 as Ry-

buck tallied at 6:39 of the second period.

Devin Mannes added a shorthanded goal at 8:56 of the third and then Elisha Bambridge made it 4-1 just 1:56 later.

Eli Batt finished the game with three assists while Rybuck added a pair of helpers.

The Raiders outshot the Railer Express 31-17 as McHolm posted the win in goal.

If necessary, Game 6 of the series is set for Friday (7:30 p.m.) and a Game 7 will be played Sunday (2:15 p.m.).

Fishermen host season-ending awards banquet

Staff

The Selkirk Fishermen held their annual season-ending awards banquet last Saturday.

Dylan Painchaud-Niemi was recognized as the team's top scorer after the veteran forward scored 18 goals and finished with 39 points during the regular season.

Painchaud-Niemi also won the Wayne Fey Memorial Leadership, Ability and Sportsmanship Award.

Drayton Mendrun was a big winner on the night.

He won the McMillan Family Scholastic Award, the Fred Epps Memorial Manager Award (for team dedication on and off the ice), and the Malis Family Trophy Coaches Award for inspirational leadership and ability.

Griffin Steeves and Jeremy Thomas were co-winners of the Carl Makara Memorial Award as the club's top defenceman.

Steeves also picked up the Blood & Guts Award.

The Mark Hendry Memorial Award for the team's top rookie was shared by Ben Kelly and Austin DeBoer.

Fishermen goaltender Riley Bannerman was the winner of the Hard Hat Award given out after every victory while Dawson Courchene was selected as the team's most improved player.

Talon Kelly was selected as the Fishermen's top playoff performer.

The Fishermen also recognized its graduating players, which included Mendrun, Painchaud-Niemi, Steeves, and Kelly.



Coaches Award MVP - Drayton Mendrun, second from left.



RECORD PHOTOS SUBMITTED

Selkirk Fishermen 2018 Retiring Players - Drayton Mendrun, Dylan Painchaud-Niemi, Talon Kelly and Griffin Steeves.



Most Improved - Dawson Courchene, second from left.



Hard Hat - Game Stars - Riley Bannerman, second from left.



Top Scorer - Dylan Painchaud-Niemi, second from left.

Tournament champs



RECORD PHOTO SUBMITTED

Selkirk won the Super 6 Tournament with a thrilling overtime victory last Sunday. The tournament was part of the 20th Annual Mustang Charity Hockey event, which is the only summer hockey tournament that donates its proceeds to local Manitoba charities.



Top Defenceman - Griffin Steeves, second from left, and Jeremy Thomas, middle.



Rookies of the Year - Ben Kelly, second from left and Austin DeBoer, middle.



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Fishermen win Midget A1 city championship

By Brian Bowman

The Lord Selkirk Fishermen had the flair for the dramatics in their best-of-five Midget A1 city final against the River East Royals Black.

After winning the first two games of the series, the Fishermen needed a late goal by Ethan Blacksmith to defeat River East 4-3 and claim the 2017-18 city title.

Lord Selkirk outplayed River East the entire series but the Royals made the Fishermen really earn that final win.

The Fishermen led 3-0 but River East stormed back to tie the game before Blacksmith's heroic game winner.

"We outskated them and outlasted them but in the third game, they really took it to us," said Fishermen head coach Mike Snifeld. "They came back and pushed us to our limit."

The Fishermen showed a ton of character – and poise – in that Game 3 victory after letting the three-goal lead slip away.

"It was a big dressing room comeback," said Snifeld, noting his club rolled three lines. "They tied it up and we took a timeout and talked about it. All of the boys came together and that's when they started playing some good hockey."

Lord Selkirk won three playoff games before the final series, capping off a tremendous season.

"We never lost a game all year," Snifeld noted proudly.

The Fishermen finished their regular season with a very impressive 20-0-2 record. They scored a league-high 121 goals while allowing a league-low 36.



RECORD PHOTO SUBMITTED

Back row: Bill Craplewe (assistant coach), Jordan Brooks, Matthew Donald, Braeden Wyrha, Alphonse Gaborieau, Larry Savoie, Hunter Gaborieau, Austin Zirk, Nick Hnatiuk-Nash, Ethan Blacksmith, Jeremy Rusk, Mike Snifeld (head coach), Justin Michaud (assistant coach); middle row: Conrad Pragnell (assistant captain), Matthew Brooks (assistant captain), Joe Rosser (captain), Karson Koshelanyk-Penwarden (assistant captain), James Lee; front row: Jordan Yakiwchuck and Robert Mangnall.

Lord Selkirk also won an exhibition game against a Lac du Bonnet team that later won their league championship.

"It was a really good regular season," Snifeld said. "Those two ties, I wish we could have taken those back and had wins, but the boys gave us everything that they had and played their hearts out all year."

As great as the Fishermen were this season, they should be equally as good next year. The team will

lose just two players – Jordan Brooks and team captain Joe Rosser – due to age eligibility.

The Fishermen were a good group of players that listened to the coaches and wanted to get better.

"They were very coachable, respectable young men," Snifeld said. "They played for the name of the front of their jerseys (and) not the back."

"(We) couldn't have asked for a better group."

Locals compete at Canadian ringette nationals

Staff

The Manitoba Intact finished with a 2-4-1 record in the National Ringette League division at the 2018 Save-on-Foods Canadian Ringette Championships.

Manitoba started play April 9 with an 8-2 loss to the Edmonton Wam and then the Intact was edged 7-6 in overtime by the Montreal Mission.

On April 11, Manitoba was defeated 6-4 by the Cambridge Turbos before rebounding to beat Calgary RATH 5-4 later in the day.

The Intact then earned another split last Thursday, losing 10-7 to Gatineau Fusion before beating the Richmond Hill Lightning 8-5.

Manitoba wrapped up its round-robin play with a 10-7 loss to the At-



Amy Clarkson

lantic Attack.

The Intact's roster included goaltender Amy Clarkson of St. Andrews. Clarkson played in four games, finishing with a 1-1 record and an overtime



Taylor Wyatt

loss. She had a 7.38 goals-against average and .834 save percentage.

On the blueline, Manitoba was represented by Selkirk's Sam Sampano and East St. Paul's Taylor Wyatt.



Sam Sampano

Sampano had two assists and six penalty minutes in seven games played while Wyatt recorded an assist and two penalty minutes.

Magic burned by Flames in U19 ringette quarter-final

By Brian Bowman

The Manitoba Magic was edged 5-4 by the Eastman Flames in the quarter-final of the U19 Canadian Ringette Championships last Friday in Winnipeg.

Manitoba finished the nine-team Pool "B" division standings in third place with an impressive 6-2 record. The Magic scored a division-leading 54 goals while giving up just 33.

Manitoba opened play April 9 with

wins over Alberta (6-4) and Prince Edward Island (8-1). The Magic was defeated 6-5 the next day by Quebec and then Manitoba outscored the Waterloo Wildfire 9-3.

On April 11, the Magic lost 6-5 to Team Manitoba before rebounding to beat B.C.'s TORL Force 11-4.

Manitoba then wrapped up pool play last Thursday with wins over Alberta's GRIT (5-4) and Saskatchewan (5-2).

Magic goaltender Shae Mulvihill of Stonewall was 4-0 with a 4.00 goals-against average and .894 save percentage while Grosse Isle's Olivia McCowan scored 12 goals and had 10 assists in eight round-robin games.

McCowan also had an assist in the quarter-final loss.

Stonewall's Rikki Frost-Hunt also had a very good tournament, scoring five times while adding six assists. She added three goals in the playoff

loss.

East St. Paul forward Halle Dyck scored twice and added five assists during round-robin play.

On the blueline, the Magic was represented by East St. Paul's Makayla Dyck and Petersfield's Charlotte Wilmott.

Makayla and Wilmott each had four assists during the tournament.



RECORD PHOTOS BY DEREK FROST-HUNT

Petersfield's Charlotte Wilmott, left, and East St. Paul's Makayla Dyck, middle, each had four assists during the U19 Canadian Ringette Championships in Winnipeg last weekend. Halle Dyck, far right, also of East St. Paul, scored twice and added five assists.

Magic, Flames compete at U16 ringette nationals

Staff

The Manitoba Magic finished with a 2-5 record in the 21-team U16 Canadian Ringette Championships in Winnipeg.

Manitoba played a pair of games on April 9, losing 5-3 to Alberta before beating the Central Alberta Sting 7-4.

The Magic then lost 10-3 to New Brunswick, 4-1 to Quebec's BLL, and

10-3 to the Regina Stingers before defeating the Mississauga Mustangs 5-4.

The Magic was then beaten 6-1 by Team Manitoba (Angels) in a championship round seeding game.

Magic forward Shereise Fetterly of Selkirk scored four goals and added four assists in the tournament.

St. Andrews' forward Emily Lazaruk had a goal and three assists in six

round-robin games.

Magic defencemen included Warren's Alexa Cowan, who had a goal and two assists, and St. Clements' Hannah Shortridge.

The Manitoba Flames, meanwhile, finished with an 0-6 record after losses to Quebec (7-0), Alberta's Zone 2 (8-2), Saskatchewan (5-2), Ontario's Central Whitby Sharks (8-4), Prince Edward

Island (6-5) and Alberta's Sherwood Park Power (9-3).

The Flames were then edged 2-1 by the Wild in a consolation game.

The Flames' roster includes East Selkirk forward Valorie Smuttell, who finished the tournament with three goals and four assists.

Narol's Macy Neish was a defenceman with the Flames.

MJHL honours Humboldt Broncos with pre-game ceremonies

Story courtesy of the MJHL

The Humboldt Broncos were honoured prior to the resumption of the Turnbull Cup final last Thursday in Virden before the game between the Steinbach Pistons and Oil Capitals.

"Canada's hockey community continues to honour the Humboldt Broncos and the unimaginable pain the organization is now dealing with in the wake of the horrific collision between their team bus and a semi-trailer unit," said MJHL commissioner Kim Davis on the league's website.

"While the MJHL and SJHL have had an intense rivalry on the ice, there has always been a mutual respect shared between both leagues. Now is a time for the hockey community to come together and pay our respects."

The pre-game ceremony began with the lights dimmed when both teams skated onto the ice and lined up on their respective bluelines.

Players on both teams wore yellow laces and used yellow and green sock tape in honour of the Broncos, whose team colours are green and gold.

Both the Pistons and Oil Capitals wore the name bar "Broncos".

On-ice officials also wore yellow skate laces.

Two minor hockey teams from Virden also skated onto the ice, with one team wearing jerseys from a Steinbach minor hockey team as a show of unity within the hockey community.

Also participating in the pre-game ceremony was a billet family from both Virden and Steinbach, in addition to first-responders from Virden.

Fans were able to make a donation to

the Broncos and received a memorial green ribbon. On sale for fans were special commemorative 'Humboldt Strong' T-shirts, with the proceeds going to assist the Bronco organization and families affected by the tragic bus crash.

Through the various fundraising efforts \$18,135.20 was raised.

Game 3 in Steinbach on Saturday also featured a similar pre-game ceremony with another \$5,000 raised for Humboldt, raising the total to over \$23,000.

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Globe is seeking an On-Site Resident Manager for a 29 suite building in Selkirk, Manitoba. **Buildings are Pet Free & Smoke Free. Resident Managers are the customer-facing portion of our business, and while there are a number of various daily duties to perform, the most important part is that you have excellent customer service skills so that you may represent both Globe policies and the needs of the customers renting our suites. The successful candidates will be required to coordinate the conduct of maintenance in the building between head office and trades. Skills required include: organization skills, excellent communication skills (written and oral), great people skills, ability to multitask with minimal supervision. General Position Information: responding to tenant inquiries and in keeping with Globe policies, providing excellent customer service. Managing the rental process for all tenants including all required paperwork for the rental of suites. Rent collection and other required notices. Completion of move-in and move-out condition reports. Delivering and collecting lease renewals from existing customers. Setting appointments and showing vacant apartments. Assisting potential tenants through the application process. Cleaning of the buildings. Acting as a liaison between Globe and our customers. Property upkeep (lawn mowing, snow shoveling, removal of debris). Experience is an asset, but we are happy to train someone with the drive and potential for this position. Compensation includes suite allowance and utilities. Most buildings also include an additional salary which varies with building size and responsibilities. To apply, please respond to this ad with your cover letter indicating area of preference and resume to jolinyk@globepm.ca Thank you to all who apply. Only those candidates selected for an interview will be contacted. No phone calls please.

Free Public Lecture:

Effective Communication: How To Not Fight With Your Partner When You Are Upset!

Dr Douglas J Tataryn
Friday April 27, 7:00-8:30pm
Gaynor Family Regional Library
Free or by Donation

One Day Experiential Intensive on the same topic Sunday April 29, 2018 10:00am- 5:00pm

<http://www.bioemotiveframework.com/Communication> for more details

RURAL MUNICIPALITY OF ST. CLEMENTS PUBLIC HEARING NOTICE Regarding the 2018 Financial Plan

PUBLIC NOTICE is hereby given pursuant to Subsection 162(2) of *The Municipal Act* that the Council of the Rural Municipality of St. Clements intends to present its Financial Plan for the fiscal year 2018 at a Public Hearing in the Council Chambers of the R.M. of St. Clements on **Tuesday, May 1st, 2018 at 7:00 p.m.**

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the Financial Plan as provided.

Any person who has questions, needs clarification or requires further information, either prior to or following the hearing, is encouraged to contact D. J. Sigmundson, CAO at 204-482-3300.

Copies of the 2018 Financial Plan will be available for review after April 18, 2018 at the Municipal Office located at 1043 Kittson Road, East Selkirk or on our website at www.rmofstclements.com

Dated this 13th day of March, 2018

D.J. Sigmundson, CMA
Chief Administrative Office



Selkirk Support Centre – Sunflower Café

EMPLOYMENT DIRECTOR POSITION

Supported Employment Program – Training individuals with lived experience of a mental health problem and/or illness who are currently unemployed and are seeking meaningful employment

Requirements

- Valid drivers licence and vehicle
- Strong communication skills
- Strong leadership skills
- Strong attention to detail
- Work well independently and within a team
- Excellent cooking skills
- Office/computer skills
- Reporting skills
- Excellent organizational skills
- Personable

Duties will include

- Training staff daily
- Cooking/food preparation, Catering
- Cash/Till – Open/close daily/monthly
- Month end reporting
- Quarterly and Annual evaluations
- Winnipeg monthly shopping

Annual Salary: \$29,120.00

Hours: Monday to Friday days

End Date for Submission April 27, 2018

Application or Resume may be faxed at 204-785-8076 or Emailed ssc@mymts.net or dropped off in person at the Selkirk Support Centre
Hours 6:30 am – 1:30 pm Monday – Friday
204-482-3536

MORTGAGE SALE

The land and building known as 433 McLean Avenue, Selkirk, Manitoba, legally describes in Certificate of Title No. 2574666/1 as:

LOTS 263 and 264 PLAN 11 WLTO (L DIV)
EXC OUT OF SAID LOT 264 THE ELY 3 FEET
IN RL 49 TO 51 PARISH OF ST. CLEMENTS

will be sold by public auction by a Licensed Auctioneer on Tuesday, May 8, 2018 at 1:30 p.m. at Sunova Credit Union Limited, 233 Main Street, Selkirk, Manitoba R1A 1S1.

The Vendor is informed the home upon the subject property is a bungalow style home with a single attached garage. No other information is available.

Property taxes in respect of the Land are paid up to the 31st day of December 2016. The property taxes assessed for 2017 are \$2,256.38. Total property tax arrears to March 7, 2018 are \$2,546.07

Prior Charges: N/A

The subject property is located at 433 McLean Avenue, Selkirk, Manitoba.

TERMS OF SALE

Deposit of \$35,500.00 in cash, money order or certified cheque payable to Grantham Law Offices, and the balance according to the conditions to be announced at the time of sale. **This sale shall be subject to a reserve bid in the approximate amount of \$178,500.00, with the exact amount to be announced at the time of sale.**

Further information may be obtained from:

GRANTHAM LAW OFFICES
Lawyers & Notaries Public
P.O. Drawer 1400
Stonewall, Manitoba
R0C 2Z0
Telephone: 204-467-5527

Classifieds *The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

MISCELLANEOUS

BE Portable Generator 9000W, brand new, never used, paid \$950. Asking \$650. Call 204-485-1419.

Red, white and black lined winter suit coat, overcoat fits a men's sz. XL, has been dry cleaned, EC, \$100; BN never used and still in box, student desk study lamp, EWO, \$15; Sunbeam 2 slice toaster, EWO, \$15; LN sz. 9 safety shoes, EC, \$60. Ph. 204-785-8598.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg 1-877-775-8271 www.batteryman.ca

Parts & full trailer repair, trailer safeties & Autopac trailer repair. Sales, Leasing & Financing of flat-deck, dumpbox, cargo, gooseneck & utility trailers & truck beds. Kaldeck Truck & Trailer, Hwy #1 MacGregor, MB. 1-888-685-3127.

Colorado Blue Spruce: \$0.99/each for a box of 180 (\$178.20). Also full range of tree, shrub, and berry seedlings. Free shipping most of Canada. Growth guarantee. 1-866-873-3846 or TreeTime.ca.

WANTED

Old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393.

WANTED

Looking for a shed or garage/barn package or an existing one to move. Also a Case 600 or 660 combine (or other old combines), haybines for parts or repair, smaller/older landroller/packer, and Minneapolis tractor M5, 602 or 670. Call or text 204-266-9059.

WATER TREATMENT

New Waterite water softeners, 30,000 grain/\$580. All sizes avail. Reverse osmosis systems, \$225. Undersink water systems, \$70. Paterson iron removers/\$530. Greensand iron odour removal systems, \$730. Discounts on all water filters. All Seasons Furnishings 204-661-8581.

NOTICES

Notice of Sale, Notice of Sale pursuant to the Warehouseman's Lien Act Take Notice that Stronghold Self Storage Ltd shall offer for sale, pursuant to the provisions of the Warehouseman's Lien Act goods in its possession to satisfy the indebtedness of: Robert Ateah in the amount of \$725.55 plus disbursements. The said goods and chattels are presently stored and situated at Unit #96, 621 Sophia Street, Selkirk, Manitoba. The said goods and chattels will be offered for sale on May 4th, 2018 sealed bids between the hours of 10.00 a.m. and 12.00 p.m. Central Standard Time at 621 Sophia Street in Selkirk, Manitoba.

UPCOMING EVENTS

Free Public Lecture: Effective Communication: How Not To Fight With Your Partner When You Are Upset! Dr. Douglas J. Tataryn, Friday, April 27th, 7 - 8:30 p.m., Gaynor Family Regional Library. Free or by donation. One Day Experiential Intensive on the same topic, Sunday, April 29, 2018 10 a.m. - 5 p.m. <http://www.bioemotiveframework.com/> Communication for more details.

Your Holistic Fair, Mother's Day Celebration. Local Artists of Natural Health. Sun., May 13, 2018 at Smitty's Banquet Room, 168 Main St. Selkirk. 10 a.m. to 4 p.m. \$3 entry, silent auction. Spiritual reading sessions available, Mind-Body-Soul sessions, and Natural products and jewellery for sale. For info. call 204-485-1509.

Eckankar presents "Art of Spiritual Dreaming" free workshop. Sat., April 28th, Gaynor Regional Library, 1:30 - 3 p.m. Info: 204-785-1742 or www.eckankarblog.org

PERSONAL

On Tuesday, March 27 at about 10:30 a.m. outside at Walmart in Selkirk, I fell and 2 ladies stopped and helped me. I would like to speak to these ladies. Please contact Coreen at 204-266-1218.

NEWS TIPS? STORY IDEAS? Call 204-785-1618

McSherry Auction

12 Patterson Dr. Stonewall, MB
Estate & Moving Auction
Sat April 28 @ 10:00 AM
Yard "Recreation" Tools
Misc "Antiques" Household
Go To Web!
Call to Consign - Trucking Available!
(204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

McSherry Auction Service Ltd

PETRASKO GREENHOUSE & SALVAGE
Sat May 5th @ 10:00 am

Oak Bank, MB
3 Miles North on Hwy 206 Then West 3 Miles on Carven Rd Then North 1 Mile on Pine Ridge Rd #163
Contact # (204) 224-3517

Greenhouse 7) Green Houses GGS Engineered 2" Galv Frame, Poly Zip Lock - Various Sizes * Metal Plant Tables * Trolley & Rail Systems * Plant Pots * Plant Hangers * Construction Items 68 GM 940 w 14' B & H * Ditch Witch 182C Trencher * Skid Steer Blade * Wood Splitter * BH 20' Trailer * Power Trowel * Genie 30' Person Lift * Power Pallet Jack * Generator * Jack Hammer * Building Supply * Yard - Crafts 22 HP R Mower * Wrought Iron Gates * Snow Blower * Tiller * Tools * Tire Balancer * Upright & Portable Air Comp * Spot Welder * Drill Press * Power Tools * Air Tools * Hand Tools * 10' x 10' Pop Up Tents * Pressure Washer * Electric Motors * Auto/Trailer Lighting * Antiques * Wood Heater * Partial List - Go To Web!
Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

McSherry Auction Service Ltd

NELSON TOMALTY
Contact (204) 651-0112
Sat April 21st @ 10:00 AM
Gimli, MB
79 Datsun 280 * JD B * 3) Stationary Engines * 3) Snowmobiles * Yard Items * 11 Guns * Tools * Antiques *
Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

McSherry Auction Service Ltd

AUCTION SALE ITALO & SILVIA FERRARESE
Sunday April 22nd 10:00 am
Beausejour, MB
North 18 Miles On Hwy 12 Then 1 Mile West Rd90 Then 1/2 Mile North On Rd 41 #90080
Contact: Terry (204) 268-5464
Case 2090 Cab 3PH Duals 6350 Hrs. * JD 1840 Dsl w JD 146 FEL * IH 706 * 3PH Equip * Hayting & Grain Equip * Trailers * Vehicles * Sailboat * Yard * Graineries * Buildings * Tools * Antiques * Household *
Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

R.M. OF ST. ANDREWS

Public Notice - Council Meeting Schedule Change for May 2018

Public Notice is hereby given of the following changes to the Council meeting schedule:

May 8, 2018 Council meeting changed to Monday, May 7, 2018 at 1:00 p.m.

Mayor & Council
R.M. of St. Andrews
www.rmofstandrews.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

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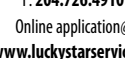
For more information visit wgiesbrechthomes.ca or 204-346-3231



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HEALTH

Medical condition? Receive up to \$50,000 from the Canadian government? For your free no obligation information package. Call Manitoba Benefits 1-800-211-3550.

HAY

Small squares first cut Alfalfa and Courtney Grass, and small square oat straw. Ph. 204-482-5101.

EMERSON GOLF COURSE CLUBHOUSE

Request for Proposal

RFP on the newly built clubhouse. Details on clubhouse concept, capacity, layout, kitchen equipment, F&B Sales, service provided and golf course available on Facebook page *Emerson Golf Course* or www.emersonfranklin.com

Inquiries: emersongolfmb@gmail.com

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Problems walking or getting dressed? The Canadian Government may owe you a:

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204-453-5372

Meysers Auction

9:30 April, 14, 2018
Meysers Auction Site
Arden, MB

May 5 B. Penner & Consignors
Sunny Mountain
Furniture
Polonia, MB

Tools & Household
May 12 Small Farm
Glenella, MB

Deutz Tractors, Tools, Etc
May 19 D. Winthrop & Consignor

Kelwood, MB
Household & Contractor
Tools

May 26 B&E Andrews
Eden, MB

Shop & Wood Working
Tools
Saab Car, Household

June 2 Acreage
West St. Paul MB (WPG)

IHC Tractors Tools
Bradley Meyers
Auctioneer

204-476-6262
www.meyersauctions.com

ANNOUNCEMENT

CARD OF THANKS

Bell - Thank you to our family, friends and neighbours for their love and support during Vic's time in the hospital and Betel Home, and during the loss of our dearly loved father, grandfather and great-grandfather. Thanks for the flowers, cards, and phone calls. Thanks also to Pastor Erik, Rob and Gilbert Funeral Home, Elizabeth's Florist, Donnie and Adelaide, and all those who attended the Celebration of Life.

-Linda, Faye, Merv, Dawn, Tricia, Terry and families

ANNOUNCEMENT

CARD OF THANKS

Waterman - My family and I would like to send a huge thank you to everyone for the overwhelming amount of support I have received since my accident. Words cannot express how much it means to us. I would especially like to thank everyone who volunteered, sent donations and attended the benefit social held in my honour. A special thanks to the Petersfield-Community Club for donating the space, Vivian Desjarlais for all her hard work organizing the entire event (I know this was no small feat given the number of volunteers and donations to manage), as well as the whole Kurbis family for everything they did to help things run smoothly, everyone who generously donated prizes for the silent auction, all of the amazing chefs and bakers who made that great late lunch possible, Frank's Pizza for donating the delicious wings, and the many volunteers who helped with ticket sales, prize assembly, set up, bartending, serving, and everything else required to ensure it went off without a hitch throughout the night. I know this must have been a huge amount of work and I can't thank you all enough. At this time I would also like to thank the first responders and everyone who stopped to help at the accident site. I'm so thankful to be a part of such a great community and I'm looking forward to getting home and seeing you all in person.

-Chris Waterman

ANNOUNCEMENT

IN MEMORIAM

Richard Dean Metro
February 10, 1979 - April 19, 2008

Loving you is easy,
Missing you is hard.

Always in our thoughts,
Always in our hearts.

-Forever missed by your family

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Announcements

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Selkirk Record

ANNOUNCEMENT

IN MEMORIAM



Kathryn McGee
November 29, 1919 – April 20, 2016
Two years have passed.
Fond memories cherished each day,
Keeps you near and forever in our hearts.

-Love,
your family

ANNOUNCEMENT

IN MEMORIAM



Cornell Hoogervorst
January 6, 1953 – April 20, 2015

May the winds of Heaven
Blow softly in your ear,
How much we love you
And wish you were here.

-Remembered always with much love by
Cindy, David, Ali (Lloyd), Gabe, Adri and
your brothers and sisters

ANNOUNCEMENT

IN MEMORIAM



Justin Lyle Morrisseau
September 20, 1974 – April 21, 2017

Gone from our sight,
Never our memories.
Gone from our touch,
But never our hearts.

-Forever loved
Morrisseau family

ANNOUNCEMENT

IN MEMORIAM



Lawson Dillabough
October 20, 1938 – April 19, 2014

Always and forever missed

-Colleen and Wendy

OBITUARY

Dorothy Alice Jensen (Lear)

Dot passed away peacefully on Saturday afternoon, March 24, 2018 at River Park Gardens Personal Care Home where she had been a resident for nearly seven years. Dot suffered from Alzheimers disease.

She is survived by her loving and devoted husband Fred, daughter Cindy (Dave), grandson Clay (Jovana), sister Peggy, brother Bert (Liliane), brother Jim (Betty) and numerous nieces and nephews. Cremation has taken place, and a service will be held at a later time to commemorate Dot's life.

*Interlake Cremation
& Memorial Services*
204.482.1040 In care of arrangements

OBITUARY

Art Lamoureux



Peacefully and surrounded by family, Art passed away at the age of 80 on April 10, 2018.

Survived by his loving wife of 44 years, Anita; sons Wayne (Norma) and Kevin (Lorelei); grandchildren Bronte, Calvin, Logan, and Taylor; sisters Adrienne and Kathy, as well as numerous nieces, nephews, family and friends.

A Celebration of Life was held Monday, April 16, 2018 at 2:00 p.m. in the Gilbert Funeral Home, 309 Eveline Street, Selkirk, MB.

In lieu of flowers, please donate to Cancer Care Manitoba or Winnipeg Humane Society in memory of Art.

Condolences, pictures and videos may be left on Art's tribute wall at www.gilbartfuneralhome.com.

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY

Mary Moodrey 1929 – 2018

It is with a very heavy heart that we announce the passing of our beloved Mary on Friday, March 30, with her family at her side.

She was a resident of Winnipeg and formerly of the Fraserwood district. She was no doubt the most selfless person ever who always thought of others and never herself. She was generous, compassionate, caring and loving and the most remarkable woman in our lives. Her laugh, her smile, her strength, her grace, her warmth, her eyes, her face, her unconditional love, her life.

Mary was predeceased by her beloved son-in-law Jonni Kelsch, March 2005. She leaves behind her daughters Trisha "Pattie" Kelsch and Virginia Moodrey; Alex Moodrey; her grandchildren Jason Kelsch, Jennifer Kelsch Cordoba (Luis), and her great-grandson Eden, as well as two very special people whom she treasured dearly and thought of as her own, Jeffrey and Julie Bellman. To all her family in San Diego, Colorado and Gimli, she loved and adored each and every one of them. She will be missed by all whose lives she touched.

Mary is in a place of true happiness where she will continue to be the most amazing person she has been throughout her entire life.

A private ceremony has been held.

*Interlake Cremation
& Memorial Services*
204.482.1040 In care of arrangements

OBITUARY

Larry Bruce Livingstone



Peacefully, on April 11, 2018, surrounded by his loving family and his devoted wife, Larry's journey in life ended.

He is survived by his wife Maria, dog Corky, daughters Angela (Eric) Swanson and Michelle Anderson and grandchildren Carter, Jillian, Ellie and Amy. He also leaves to mourn, his siblings Della (Jim) Fluker, Curtis (Jennifer McKelvey) Livingstone, Teresa (Glen) Soper, and Murray (Tricia) Livingstone as well as many nieces, nephews and friends.

Larry was predeceased by his parents, Dennis and Dorothy Livingstone, infant son Paul and sister Corinne.

Larry was born in Cartwright Manitoba on April 11, 1954 where he grew up on "the farm". After high school, he moved to Winnipeg and began working at Standard Aero Limited. This job was his entire career and was an active employee there for 34 years before leaving due to health reasons. He will be fondly remembered for his sense of humour and easy going nature. There was always a bright side to a problem and as he would say, "things could always be worse". Larry enjoyed traveling and camping, taking his family on many road trips throughout the years. Cruises to the Caribbean and Alaska along with a trip to Europe were highlights filled with unique experiences and sights.

Larry also enjoyed playing games, watching sports, and laughing with friends and family. A gathering would often include cards or crokinole (or both), good food and drinks. He was a modest crokinole champion and took pleasure in seeing his grandkids try the game.

In keeping with his wishes, Dad will be cremated and will be connected with the earth in the form of a tree.

A memorial service was held at Knox Presbyterian Church in Selkirk Manitoba on Saturday April 14 at 2 p.m.

In lieu of flowers, please donate to the Movement Disorder Clinic at Deer Lodge Centre in Winnipeg.

A Successful Man

That man is a success –

Who has lived well, laughed often and loved much;

Who has gained the respect of intelligent men and the love of children;

Who has filled his niche and accomplished his task;

Who leaves the world a better place than he found it;

Who has never lacked appreciation of earth's beauty or failed to express it;

Who looked for the best in others and gave the best he had.

Author Unknown

*Interlake Cremation
& Memorial Services*
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