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THURSDAY, APRIL 20, 2023

VOLUME 14 EDITION 16

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RECORD PHOTO BY BRETT MITCHELL

LSRCSS students Corey Hiebert and Teagan Lippoway brought home some shiny new medals from the 2023 Skills Manitoba Competition. Hiebert took home the gold in welding while Lippoway earned bronze in photography. With his win, Hiebert will move on to compete in the national competition at the end of May.

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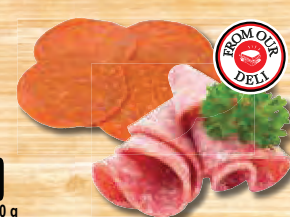
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KidSight program helps parents learn more about their children's eyesight

Free opportunity to get eyes tested April 29

By Katelyn Boulanger

The Selkirk Lions will be giving local parents the opportunity to learn more about their young children's eyesight on April 29. The group will be bringing their KidSight machine to Lion's Club Spring Market and providing free vision screening for kids.

"It's a program to screen children

from pre-preschool up to age 10 more or less," said Gord Zeglinski, president of the Selkirk and District Lions Club.

They don't screen children over the age of ten because at that point other eye issues come into play that can't be

Continued on page 4



REGENERATIVE AGRICULTURE WORKSHOPS

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screened for but Zeglinski says that the test is quite accurate for discovering vision issues in young children. “[Vision testing when kids are

young is] actually something really critical. We were caregivers for a couple of girls at one point in time. One of the girls clearly had problems seeing, because if you sat and talked to her asking, ‘Can you see this?’ when it’s

a little ways off. She said no. Whereas the other one could but what the other one had is something we non-professionals called lazy eye. In lazy eye, one eye does not have proper vision and the other one compensates. But, if you do not catch it at a young enough age and get prescription lenses, that eye is not functioning properly and will no longer work ever,” said Zeglinski.

Having knowledge of vision issues is also critical for early learning as a child with poorer vision who doesn’t have corrective lenses or other learning help in place may be in a less advantageous situation than other kids in their peer group depending on the situation.

Zeglinski describes the KidSight machine as a fancy camera.

“It takes a picture of your eyes and then analyzes the picture, and comes out and determines what type of vision issues you may have. [It finds] nearsighted, farsighted, or when one eye doesn’t have the same vision as the other eye, things like that. Because it takes a picture of your eye, it doesn’t even require a child to vocalize, unlike your eye tests where you cover one eye and read the line. You don’t have to do any of that. And, the results are very

quick. I think it takes less than five minutes to do a screening,” he said.

The test can be performed even on very young children. They just have to have the ability to hold their heads in place long enough for the picture to be taken.

Once the photo is taken and the parents receive the results they do have to go to an optometrist to confirm the findings and also receive treatment as the KidSight printout isn’t an official diagnosis.

Zeglinski invites parents to bring their child out to the market at the Selkirk Recreation Complex from 10 a.m. to 3 p.m.

“This is probably one of the most convenient, easy ways for someone to get their child screened. There’s no cost, there are no appointments, and you’ll be able to walk in and get seen within a reasonable amount of time. It’s hard to predict how many people show up but early detection is so important because even the most vigilant parent cannot always tell if their child is actually seeing properly,” he said.

Zeglinski also invites anyone interested in learning more about the program or wanting to help volunteer to come up to the booth and chat with them.



RECORD FILE PHOTOS BY KATELYN BOULANGER

The KidSight machine is able to discover vision issues in very young children.

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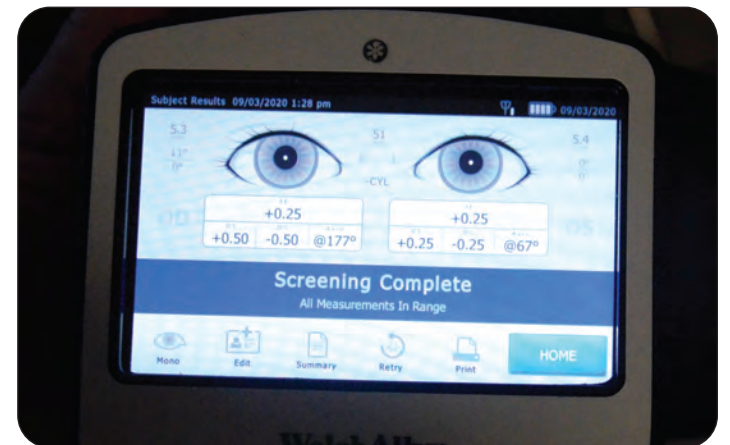
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Red River North Tourism offers bus mural tour this weekend

Tickets available online

By Katelyn Boulanger

Thanks to many devoted members of the community, artists, business owners, and our local municipalities, our region has experienced a surge of beautiful murals in recent years. In order for residents to check out and learn more about this public free art in our areas, Red River North Tourism (RRNT) has organised a Mural Bus Tour which will take place this weekend chauffeuring residents around the Red River North region to see ten murals in one trip.

Lois Wales, president of RRNT, says that the event will be more than just a tour.

“As part of the tour there will be a tea tasting at Three 6 Tea, The Flower Child will be there with [a succulent workshop] at WishMe and we’ll be talking about succulents and how to grow them. We’ll also have Christina Barr who is a member of ours as well,” said Wales.

Barr owns Barr Soap, a company that makes a line of soap and other

handmade products locally, will have an announcement.

The main event, however, will be the mural bus tour which will take residents to murals outside of the Selkirk downtown area.

This idea came about because RRNT will be hosting downtown mural tours during the Selkirk D.O.G Days Market in the city’s downtown and wanted to make sure that all of the beautiful murals in our community had an opportunity to shine.

“We were lucky to receive a grant and so we’re putting on the tour. Riverside Grill is providing a bag lunch as well so people can eat anytime they want on the tour,” said Wales.

This tour was comes at a perfect time, as spring and fall are less popular seasons for tourism in the region compared to the peak times in the summer and winter. This means that residents and people from out of our immediate area will have a fun event option that doesn’t interfere with their favourite outdoor activities like

fishing.

Mural tour-goers will learn more about the four Manidoonsag Imaa Mikinaako-Minisiing murals at the library, The Beat Goes On mural at the corner of Robinson and Main Street in Selkirk, The Secret Path mural at 176 Main St. alongside the Hydro Park playground, the Heads in The Clouds mural, which is in St. Clement’s Legacy Park, and more.

Wales says it’s important to feature local art in our community.

“These murals in Selkirk, [including] the ones that were done by the East Selkirk Middle School children, tell us a history of Selkirk and the vibrant community that we have here. I think, with every community, arts play a big

role in developing community pride, telling the history story and they need to be supported,” she said.

Wales encourages residents to sign up for the tour to learn more about art and some local businesses in our community.

Some future events to keep your eye out for from RRNT in the coming months include their Garden + Art Tour, their downtown mural tours, and the outside tours of Kennedy House in St. Andrews.

To learn more about these future events and purchase Mural Bus Tour tickets check out the RRNT website at <https://www.redrivernorthtourism.com/>.



RECORD FILE PHOTO BY KATELYN BOULANGER

The Secret Path mural will be part of the Mural Bus Tour this weekend.

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Selkirk Adult Learning Program hosts annual writing contest

Contest submissions due May 12

By Kaitlin Vitt

The Selkirk Adult Learning Program is inviting adults living or working in Selkirk and area to submit their work to their annual writing contest.

"Just because you don't think of yourself as a writer doesn't mean you shouldn't unleash your writing talent," said Lexi Margolis, one of the instructors at the Selkirk Adult Learning Program. "If you're reading this, you have [the necessary] talent."

Entries are due May 12, and the awards will be presented May 29. Original fiction, non-fiction and poetry submissions of up to 1,200 words are eligible, and a panel of reviewers will choose the winning entries. Organizations such as the Selkirk Legion and Knights of Columbus Council are sponsoring contest prizes.

"If you have somebody in your life who you think is a good writer, encourage them as well. Sometimes we need a little poke," said Adele Plett Bartel, an instructor and coordinator at the Selkirk Adult Learning Program.

This is the fourth year the contest had been held. Plett Bartel said the

contest is a way to promote literacy and writing as well as to bring people together.

"We can get kind of isolated in our community, and so [the contest has] just been a good way of connecting people that may not connect otherwise," she said.

Another goal of the contest is to get the word out about the Selkirk Adult Learning Program, Plett Bartel added.

"It's surprising how many people aren't even aware that there's an option for adults if they're looking to upgrade skills," she said.

The Selkirk Adult Learning Program is for adults who are interested in upgrading their skills. The focus is on literacy, math and technology. Classes through the program are free.

The entry form and full writing contest guidelines are on the Selkirk Adult Learning Program's website at selkirkadultlearning.wixsite.com/salp.

For more information about the writing contest or the Selkirk Adult Learning Program, people can contact Plett Bartel at 204-904-8792 or aplettbartel@lssd.ca.



RECORD PHOTO SUBMITTED

Lexi Margolis instructor at the Selkirk Adult Learning Program encourages residents to participate in their annual writing contest.

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Safe Grad 2023 is looking for volunteers to make grad night spectacular

Help needed for local graduation event to run smoothly

By Katelyn Boulanger

Very soon the Lord Selkirk Secondary School (LSRCSS) graduating class of 2023 will don their caps and gowns and walk across the convocation stage. After the grad ceremony, the LSRCSS Safe Grad event will take place and residents are being asked to volunteer to make this event a true celebration of our high school graduates' accomplishments.

"Safe Grad is put on by the Parents of Safe Grad Committee. It is after convocation, it's the dinner and social portion of the grad ceremony and its primary purpose is to put forward an event that is safe for students," said LSRCSS Parents for Safe Grad Committee Chair, Sylvie Desjarlais.

Desjarlais emphasized that safety is the top priority of the event which gives grads a place to go to celebrate where they can spend time with their friends.

Some events of the evening include casino games, karaoke, and an inflatable.

In addition to the after celebrations, the dinner itself is projected to serve 900 guests so it's a large event that requires the entire community's help to make happen.

"After COVID, and not being able to be together, this is a really amazing opportunity for those students to actually get together as a group and celebrate together," said Desjarlais.

Right now, they have about 50 per cent of the volunteers that they need for the event and require help filling up the remaining spots.

"We we require, about 350 volunteers to put on Safe Grad, leading up to Safe Grad, the day of Safe Grad, and then all throughout the night. So, we really need community support to be able to put it on and to be able to provide all those activities for the

students to participate in," said Desjarlais.

Volunteers can choose from a variety of positions including coat checker, decorating, food services, fundraising, security monitors, medical, set up, etc. Times and requirements are varied for these positions so residents who would like to help can find out more about individual positions online.

You don't need to be the family of a graduate in order to volunteer and some positions, especially those taking place during the dinner and convocation when grads and families will likely want to be together, would be best suited to residents without a direct connection to a grad.

In addition to needing volunteers for the event the Parents for Safe Grad Committee also fundraises to support the event. Desjarlais says that they had great support for their Cash Calendars fundraiser which runs draws in the month of June. They very quickly ran out of the ability to distribute because of their lottery license.

"I think its just a real response to the community looking forward to having something to celebrate again because we were on hiatus for so long," she said.

They hope to have the same overwhelming community support at the student car wash which will take place on June 3 at Boyd Autobody & Glass on Main Street.

In addition to that event, residents can support grads through a fundraiser that will be taking place at our local A&W which will see a portion of special graduation meals in May be donated to Safe Grad.

To volunteer for Safe Grad visit https://selkirksafegrad.ivolunteer.com/grad_2023_final_002. If you are wanting to learn more about the responsibilities of the volunteer positions more info can be found at <https://selkirksafegrad.ivolunteer.com/> and questions about Safe Grad can be answered by Sylvie Desjarlais, at sylviedesjarlais79@gmail.com.

Red River North RCMP charge mom after driving impaired with children in vehicle

Submitted by Manitoba RCMP

On April 16, at approximately 10:15 p.m., Red River North RCMP received two 911 calls about a vehicle driving erratically on Highway 8, near Highway 27 in the RM of West St. Paul. It was reported that the vehicle almost side-swiped other vehicles. Police patrolled the area and were able to locate the vehicle. An officer saw the vehicle driving erratically and initiated a traffic stop on Old McPhillips Road.

The female driver and her female front-seat passenger, both 21 years of age from Winnipeg, were heavily intoxicated. Open liquor was located in the vehicle.

Three children were passengers in the backseat: a six-month old male, a two-year-old male, and a three-year-old female. The six-month old was properly restrained, the two-year-old was in an unsafe booster seat, and the three-year-old was not belted in at all. Officers contacted representatives to come and get the children and take them to a safe environment.

Through investigation, the driver was determined to have a blood alcohol concentration of nearly two and half times the legal limit. She was arrested for the Criminal Code offence of Impaired Operation of a Motor Vehicle. She is also charged under the Highway Traffic Act for not using a proper child restraining device x2,


for driving without an able supervising driver while holding a class 1A to 5A licence, and unlawfully transporting liquor in a motor vehicle. She has been released with a court date and will not be identified to protect the identity of the children involved.

"This could have had a horrible outcome," said Sgt. Chris Lambert of Red River North RCMP. "The lives of three young children were endangered as well as the lives of other innocent people on the roadway. We commend the two individuals who called in when they saw an erratic driver and encourage anyone who sees dangerous driving to call police so we can respond and get a dangerous driver off the road."



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The Science to Healthy Feet: (Monday, April 24, 2023 - 7-9 pm)
What should we do with the muscles in our feet and the 26 bones that support us? Sometimes foot pain is created much higher in your body than you realize. The way you stand can load tissues in the wrong place – causing it to wear out before its time. There are a lot of factors that influence the movement of blood to these tissues. We will explore the foundation we stand on and Myofascial techniques to help free our feet.

The Text (tech) Neck Syndrome: (Monday, May 1, 2023 - 7-9 pm)
Text/tech neck (or crafters neck) Syndrome refers to a repetitive stress injury to the neck caused by having your head in a forward position for extended periods. The forward bending (flexion) posture affects the curvature spine (C1-C7), the neck and shoulder muscles and supporting ligaments. We will visit techniques to help strengthen the back and neck muscles.

Soothe the Sciatic/Piriformis Pain: (Monday, May 8, 2023 - 7-9 pm)
Sciatica/piriformis pain is tenderness and pain anywhere along the sciatic nerve – typically showing up on one side of the body. As this nerve passes between layers of deep buttock muscles – muscles of the thigh and down through the outer edge of your leg to your foot. We will learn to understand the feeling and healing of your pain.

Osteoporosis – “The Silent Thief”: (Monday, May 15, 2023 - 7-9 pm)
Bones form the foundation of our body. We pay little attention to our skeleton until a problem occurs – such as a broken (fractured) bone. We start to lose bone mass density (BMD) around the age of 50! And yes MEN get Osteoporosis too! This workshop will inform yourself of this disease because you may have Osteoporosis or Osteopenia or because someone you know does.

“Your”- Brain-Gut Health: (Monday, May 29, 2023 - 7-9 pm)
Is constipation the cause of 80-90% of disease? When waste matters are held back – there is an unfavorable reaction on the whole body system. It is this poisonous substance that enters our blood known as auto-intoxication that may start to break down our organs. We will learn how to manage our digestion in a holistic approach.



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MB government investing \$3 million in seniors housing programs

Submitted by Manitoba government

The Manitoba government is investing \$3 million in two housing programs that will allow more Manitoba seniors to safely age in their homes and communities as long as they choose, Seniors and Long-term Care Minister Scott Johnston and Families Minister Rochelle Squires announced this week.

"We've heard from seniors, and we know that they want to remain in their home and communities for as long as possible," said Johnston. "By funding a new home modification grant program and increasing funding for supportive housing, our government is ensuring that we are fostering safe, inclusive and accessible communities where seniors can age comfortably while also improving access to community-based health care."

The new home modification grant program will have an annual budget of \$1.5 million, and provide financial assistance to seniors over the age of 65 and/or family members who have seniors over the age of 65 living with them with a household income of \$60,000. The provincewide grant will allow for home modifications that enhance safety during daily living activities.

"It is a priority for the Manitoba government to enhance the affordability of, and accessibility to adequate housing for Manitobans,

particularly to those persons of low-to-moderate incomes or with specialized needs," said Squires. "This new and innovative program will provide an affordable housing option to support seniors to remain in the community longer, which is important to the health and well-being of Manitoba seniors."

Home modifications include adaptations designed to increase safety, accessibility and participation in daily activities such as ramps, curbless showers and increased lighting, which are common solutions that can keep people living in at home as they age.

"Unfortunately, many older adults and older adults with disabilities do not have the means to make home modifications and may be forced to move if they experience a change in health status or can't be discharged home from hospital because of barriers in the home," said Marnie Courage, occupational therapist and CEO, Enabling Access Inc. "This new home modification program is a welcomed support that will reduce fall-related hospitalizations, premature admissions to long-term care facilities and enable Manitobans to safely live in place as they age."

A further \$1.5-million investment will stabilize and strengthen the Manitoba government's supportive housing program, which has over 750 units

including 528 in Winnipeg and 236 in rural areas. The minister noted the investment will increase the per diem rate by 19 per cent to ensure residents receive high-quality services.

"This increase in the per diem rate for supportive housing is a step in the right direction and welcomed by operators," said Julie Turenne-Maynard, executive director, Manitoba Association of Residential and Community Care Homes for the Elderly. "We hope the Manitoba government will continue to invest in this program as evidence has proven that supportive housing is used and needed by seniors who need additional support."

This housing-with-care model provides residents in community-based congregate settings with access to comprehensive support services including meals, laundry, light housekeeping and personal support services.

"From improving community supports to enhancing services to promoting financial security, the recently released seniors strategy defined seven strategic priorities that will guide our plan to make Manitoba an ideal place to age," said Johnston. "In less than two months since launching the strategy, we have already committed over \$34 million in multiple key initiatives."

Visit https://gov.mb.ca/seniors/docs/seniors_strategy_2023.pdf.

Northern Water Smart Instructor training opportunity

Submitted by Lifesaving Society of Manitoba

Lifesaving Society Manitoba is looking for individuals to become Northern Water Smart Instructors for summer 2023. If you know of an individual who is passionate about drowning prevention, this is their chance to obtain training and to help make a difference.

Instructor and Lifeguard training will be provided to eligible candidates, and they will also receive summer employment and a great experience. In addition, this training could lead to future employment with

Lifesaving Society Manitoba and/or many other aquatic employers.

If you meet the following criteria, we want to hear from you:

- 18 years of age or older,
- Valid Class 5 (full) Manitoba driver's license or equivalent,
- Ability to swim at least 400 meters continuously in 11 minutes or less,
- Willingness to travel to northern and remote locations, including First Nations, in Manitoba,
- Clear Criminal Record with Vulnerable Sector & Child Abuse Registry Checks

Candidates accepted into this program will sign on to work for Lifesaving Society Manitoba from the commencement of training in April for up to 19 weeks. During training you will be paid minimum wage in addition to receiving the training at no charge. Successful completion of training will result in a performance review and wage increase. Cost of all training materials will be covered as part of the program, and the cost of Criminal Record, Vulnerable Sector and Child Abuse Registry Checks will be reimbursed for individuals selected for further work.



> **CONTACT US**

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EDITORIAL

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

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Christy Brown, Distribution Mgr.: 204-467-5836

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Evening of history features entertaining and educational fireside chat with past mayors

The SHEF event supports the Marine Museum and the city's museum

Submitted by the City of Selkirk

It's something we take for granted these days, but the fact that there's a pool located inside Selkirk's high school is quite the feat. And quite the story.

The idea came from a doctor, who also sat on the school board, and construction began. A money shortfall had the already under construction pool almost dead in the water until volunteers and service groups threw it a lifesaver.

R.S. 'Bud' Oliver has all the details, and if you come out to An Evening of History on May 11 at Memorial Hall, he'll share the story with you.

"That whole story to me is fantastic. How many high schools in Manitoba have a swimming pool attached to them? One," Oliver says.

"How did that happen? it's the kind of thing that I think is fascinating, and how many people would know this, now, today?"

Oliver and Bill Shead will host a fireside chat called 'Selkirk's Volunteer Legacy: A Look at Its History and Impact'.

The evening, which runs from 6 p.m. to 9 p.m., is a fundraiser for the Selkirk Heritage Endowment Fund (SHEF), and will also include a heritage presentation and displays, wine or beer, hors d'oeuvres, entertainment, door prizes and an art auction.

Shead was Selkirk's Mayor from 1980-1983 and served in the Regular and Reserve Forces of the Royal Canadian Navy for 36 years. Oliver, whose father was mayor of Selkirk at one time, was a Councillor for five years and Mayor for 19.

Both have a long history of volunteering and know the good that comes of it.

"Communities thrive when their people commit to working together," Shead says.

"Volunteer organizations are the backbone of every community and the things they can accomplish are limitless. Selkirk is built on the commitment of its people, its service groups, and there are stories to tell that I'm sure will be entertaining and eye-opening for many."

SHEF was established in 2012 by the

City of Selkirk as a perpetual endowment fund that will support the ongoing operational costs of a new municipal heritage museum.

Until such a museum is established, the fund provides annual grants to the Marine Museum of Manitoba and the city's museum, which is hosted online at this time.

In 2015, the fund paid out its first grant of \$5,422 to the Marine Museum. In total, SHEF has paid \$117,631 in grants to both entities.

The Selkirk and District Community Foundation manages SHEF.

Ellie Longbottom, the city's Culture Coordinator, says the Evening of History is always fun and educational.

"The stories that are told during the evening are designed to entertain but also to inform," Longbottom says.

"OUR CITY HAS A RICH AND COLOURFUL HISTORY AND THIS YEAR WE'RE FOCUSING ON THE PEOPLE AND SERVICE GROUPS THAT PLAYED SUCH A BIG ROLE IN THE DEVELOPMENT OF THE SELKIRK WE KNOW TODAY."

"Our city has a rich and colourful history and this year we're focusing on the people and service groups that played such a big role in the development of the Selkirk we know today. And having two former mayors bring those stories to life will be something people won't want to miss."

Entertainment will also be provided by Terry Danyleyko and Barry Thorvaldsen, who'll put a smile on your face with their guitars, banjos, mandolins and harmonicas.

The lifelong musicians have a wealth of experience bringing their traditional country and bluegrass to stages near and far.

Tickets are available online at shop.myselkirk.ca/SHEF and at the Civic Offices and the Gaynor Family Regional Library.

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The SHEF event is a fundraiser for the Selkirk Heritage Endowment Fund. Below: Murray Sinclair at last year's SHEF event.






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Special Olympics Mondays at Selkirk Bowling Centre

Between 30 and 40 bowlers come out to play each week

By Kaitlin Vitt

On Monday evenings, the Selkirk Bowling Centre hosts Special Olympic bowling for people with disabilities.

Jay Quattrin, the owner of the centre, said this weekly event started nearly 30 years ago when a father with a child with disabilities was looking for an activity for her. After he brought a few of his daughter's friends together, the weekly games started.

"There was a real need for it," said Quattrin. "Bowling in general is pretty community-based. That's my favourite part about it."

Colin Thomson, whose son Connor bowls on Mondays, said he's grateful to Quattrin for hosting Special Olympic bowling.

"He (Jay) has a special bond with just about every one of the participants there, which I think is very special," Thomson said.

Thomson's 28-year-old son Connor, who has Down syndrome, has been attending the Monday night bowling for more than 10 years.

"It's a really important part of his week," Thomson said. "He likes going there and being around all of his friends."

Between 30 and 40 bowlers come out each week. They play through fall and winter then have a windup with awards in spring.



RECORD PHOTOS BY BRETT MITCHELL

Clockwise from top left: Connor Thomson, Jacoby Zebinski, Aaron Kost and Erik Andersen, Jessica Croy and Holden Whall and Janel Lafreniere playing Monday night bowling.

Easter saw Ukrainian flare come to school activities



RECORD PHOTOS SUBMITTED AND BY BRETT MITCHELL English-Ukrainian Bilingual Program (EUBP) at Happy Thoughts and East Selkirk Middle Schools celebrated in Ukrainian style this year. An Easter Blessing took place on April 10 at Blessed Virgin Mary Ukrainian Catholic Church. Father Walter, assisted by Michael Rycak, blessed all the wonderful Paska students made. The students from the EUBP also gave a Ukrainian twist to an art class when they made Pysanky also known as Ukrainian Easter Eggs. The EUBP program would like to thank the staff and volunteers that helped make all of their Easter activities happen.



Spring is in the air and on the water



RECORD PHOTO SUBMITTED BY BOB MCLEARY

Last weekend saw the beginning signs of spring on the Red River. After the amphibex machines went through in late March not much change took place on the river. This weekend, however saw the ice disappear. A welcome sight for both fishers and our feathered friends who were caught enjoying the change in scenery by Bob McLeary. Pictured left: geese having fun on Sunday and a pelican enjoying the now open water on Monday.

Local author makes the 2023 CBC Short Story Prize longlist

Irene Way's story *Inferno* speaks about difficulties faced by Canada's Inuit people

By Katelyn Boulanger

Selkirk's Irene Way has earned a spot on the 2023 CBC Short Story Prize longlist for her story *Inferno*. This story, which is for mature audiences only, speaks to the struggles of the Inuit people in Canada particularly those living in arctic communities.

"It's kind of like the forgotten part of Canada," said Way.

Way does have an understanding of these communities but the place and people in her story are completely fictitious.

"[After university] my idea was to go north because I had a geography teacher who said 'Young man go north,' and I didn't mind I was a woman, I thought I could still go north. I became a teacher at that point and I headed off to a small little hamlet inside the Arctic Circle," said Way.

When she was there, she saw a community of amazing people transitioning from a more traditional life but they were dealing with other community issues including having children taken away from the community. This

meant that on her first day as a teacher, her classroom was empty.

"This was shocking news because coming from Newfoundland, [my fellow teachers and I] had no idea these things were happening. I realized the Inuit people had no reason to trust me. So, I invited the families, parents, toddlers, babies and grandparents into the classroom for tea. They came to visit and then they came back and they came every day. My class became known as the family class," said Way.

She came back years later and found that though the communities were tapping into local resources and improving economically, they were also dealing with other issues including environmental change and mental health crises.

"It was a place where suicide is 10 times the rate of the rest of Canada and where the price of an orange is \$8 and a small bag of apples \$18. And, where [some] children don't think about what they'll do when they grow up because they all have a cousin,

a brother, a parent or a good friend that took their own life. So, they really don't know if they're going to grow up. But, also I noticed, it's a place of hope now where traditional skills are being taught in schools by the elders," said Way.

Inferno itself speaks about the difficult situation a teenage girl who lost her mother is facing as she deals with her own mental health struggles and intergenerational trauma. It ends with a sense of hopefulness.

Way emphasizes that this story is only from her perspective and her intent was to shine a light on this forgotten part of Canada.

As for her future writing projects, Way is writing a book about autism being a mother of eight, four children with autism. She is also continuing a humorous series about a Manitoba farm starring a rooster named Rocky.

To check out Way's previous book, *Eight Lessons to Mindful Meditation: The Pathway to Mindful Living* visit <https://www.amazon.ca/Eight-Lessons-Mindful-Meditation-Pathway/dp/B08DDJ9F3T>.



RECORD PHOTO SUBMITTED

Irene Way.

Getting down at the Gordon Howard Gala



RECORD PHOTO BY BRETT MITCHELL

The Gordon Howard Senior's Centre held their first Gala Dinner event in three years this past Saturday. Over 100 residents filled the hall enjoying a meal with friends and helping to support the event. Despite this being the first gala event in a few years due to the pandemic, the fundraiser brought in over \$4000. "This annual occasion is a very important to us," said Gordon Howard Centre Executive Director Lee Hanson "We are very excited to be back and are very grateful to our sponsors and guests." Pictured left: Victor Phillip and the Invisible Guys Trio and (right) The Lord Selkirk Regional Jazz Combo Band.

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Your FARM



DUC receives \$1-million grant to revamp Wetland Discovery Centre

By Jennifer McFee

Ducks Unlimited Canada is getting its ducks in a row to revamp the Wetland Discovery Centre at Oak Hammock Marsh, thanks to a \$1-million provincial grant.

This large capital grant comes from the Arts, Culture and Sport in Community Fund. These provincial grants cover up to 50 per cent of eligible costs for projects that improve the quality, accessibility and availability of facili-

ties and spaces needed for arts, culture and amateur sport programming and activities.

For Nathalie Bays, manager of the Wetland Discovery Centre, it feels amazing to receive the sizable grant for the reenvisioning project.

"This is an incredible boost to the campaign to renew the Wetland Discovery Centre," she said. "The centre has had no significant upgrades in its 30-year existence."

The funds will go towards rebuilding the displays throughout the centre, while also improving the visitor flow. As a result, these changes will increase accessibility throughout the facility.

The three-year reenvisioning process began with surveys to members, volunteers and the public, she said.

"An exhibit consulting company was then hired to help reenvision the centre, create an interpretive plan and concept design," Bays said.

"We hope this renewal will engage audiences of all ages and encourage actions to help conserve wetlands."

The wetlands at Oak Hammock Marsh remain important to farmers and others throughout the area.

"Wetlands are critical habitats that provide many benefits, including flood pre-



RECORD PHOTOS SUBMITTED

Trevor King (2023 PC candidate for Lakeside), Nathalie Bays (Wetland Discovery Centre manager), Ralph Eichler (Lakeside MLA), Wes Taplin (Rockwood reeve) and Sandra Smith (Stonewall mayor).



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vention, water filtration and ground water recharge," Bays said.

"They also provide key nesting and staging areas for a multitude of wildlife species."

Lakeside MLA Ralph Eichler recently visited the site to share in the excitement of the funding announcement. He noted the potential for this type of project to boost tourism in the region.

"We're really excited about this opportunity for generations to come," Eichler said.

Overall, the renewal project is expected to cost an estimated \$7 million.

"The public campaign is just beginning," Bays added, "so if people would like to help us achieve our fundraising goal, please reach out and we would be happy to discuss opportunities."

Coming up, Earth Day events are

scheduled at Oak Hammock Marsh on Saturday, April 22 from 10 a.m. to 4:30 p.m. Visitors can learn how to support wetlands, participate in a green building tour, enjoy a self-guided Wetland Wanderer activity and check out various exhibits and presentations. A volunteer drive will also take place from 1 to 3 p.m.

Another upcoming event is a popular wildflower sale on Mother's Day.

"Our Mother's Day wildflower sale is a great event that promotes the use of native grasses and wildflowers," Bays said, "not only to embellish people's yards but also to attract pollinators."

To learn more about Oak Hammock Marsh, located on Highway 67 between Stonewall and Selkirk, visit www.oakhammockmarsh.ca or call 204-467-3300.



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Your FARM



Objectives for better beetle management

By Keith Gabert

Flea beetles are the pest of greatest economic risk to canola production, according to our 2022 Canola Council of Canada survey of canola growers. With more striped species, which emerge earlier in the spring and seem more tolerant of common seed treatments, and with spring weather conditions that challenge rapid crop emergence, flea beetle damage seems worse than ever.

Canola growers have two major objectives to reduce the risk:

OBJECTIVE A: RAPID CANOLA EMERGENCE

The ideal flea beetle buster is a canola crop that establishes quickly with five to eight plants per square foot. More plants mean more food for the flea beetles, which limits the damage per plant.

Scenarios that require multiple in-season foliar sprays are often the result of a slow-establishing, non-competitive crop. Many factors can cause this, including moisture, temperature, plant populations, seed treatment and

overall flea beetle numbers.

Management steps to reduce the risk include:

- Seed shallow into warm, moist soil. Consider seeding cereals first as they can tolerate cooler spring soils. Seed canola after soils have warmed up and ideally just before or after a spring rain.

- Use an advanced seed treatment to improve flea beetle protection in high-risk areas. These include Buteo Start, Lumiderm, Fortenza and Fortenza Advanced.

- Use safe rates of seed-placed fertilizer. The recommendation is to use only phosphorus in the seed row at rates of 20 lb./ac. of actual phosphate. Higher rates of seed-placed fertilizer can add more stress, slow the pace of growth and reduce the stand.

don or leaf area loss. However, in warm weather with actively feeding flea beetles and slow-growing crop, this threshold can be passed quickly. Growers will want to anticipate the speed at which damage is developing and proactively begin spraying before 25 per cent defoliation. In some cases, early spraying around headlands may be enough when damage is localized from flea beetles entering the field edge.

“Right time” is also when flea beetles are most active. Warm, dry and calm are good conditions for spraying. In rainy cool weather, flea beetles often take shelter in the soil and don't feed as much. In these conditions, insecticides, which all rely on contact with the flea beetle target, will have lower efficacy.

Second, consider the temperature effect on insecticide efficacy. On spray days with highs over 25°C, malathion and Sevin XLR may provide better results. On days with highs below 20°C, pyrethroids (Decis, Pounce, Perm-UP and others) will show better results. Pyrethroids have restrictions when temperatures exceed 25°C.

Third, achieve coverage. Flea beetle insecticides do most of their work through contact. Because young canola plants take up only a small percentage of the ground area and because flea beetles are small targets, effective contact requires adequate water (at least 10 gal/ac.) and medium nozzles. Check labels for specific nozzle recommendations. Low-drift nozzles, which are a good practice for some herbicides, produce a coarse spray droplet that may not provide efficient flea beetle contact. Without coverage, results may not be as good as hoped.

This is just a quick overview of the top points. Continue regular scouting for flea beetle damage until your crop is well established. For more on flea beetle management tips and how to make the spray decision, please see our agronomy-based articles in the Insects section at canolawatch.org/fundamentals.

Keith Gabert is an agronomy specialist and insect management lead for the Canola Council of Canada. Email gabertk@canolacouncil.org.

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Extended Interswitching brings competition for grain transportation

By Western Grain Elevator Assoc.

Canada's grain shippers applauded the Government of Canada's announcement in Budget 2023 to bring back Extended Interswitching. This measure gives shippers who are physically located on a single rail line the ability to automatically seek competing service from the next closest railway within a certain distance at a guaranteed rate.

The Western Grain Elevator Association (WGEA) has long advocated to make Extended Interswitching a permanent measure in Canada's regulatory framework.

"Extended Interswitching is one of the only policy tools that has historically created competitive options for shipper business," said the WGEA's Executive Director Wade Sobkowich. He added, "it offers an alternative service provider for single-served shippers which balances negotiations

in a way that encourages better service or pricing for the benefit of entire supply chains."

Canada had Extended Interswitching in place from 2014 to 2017. During that time Extended Interswitching did not cause major operational challenges and economic hardship on carriers. Instead, shippers experienced options for shipping product to its final destination which benefitted the western Canadian grain industry including grain farmers.

The intent of Extended Interswitching has always been to give all shippers the opportunity to have at least one other competitive shipping option. For that to happen in the grain sector, the Extended Interswitching distance will need to be 500km to allow for the Peace River and Carrot River growing regions to participate.

"Extended Interswitching, provided

it's at the right distance and automatically available, is a very important start to the government's response to the Supply Chain Task Force's report," noted Sobkowich. "We look forward to providing the grain sector's input to the full response, especially those further measures that address the imbalance in the business relationship with shippers, such as automatic demurrage penalties associated with railcar supply and service level performance."

The WGEA is an association of grain businesses operating in Canada which collectively handle in excess of 95% of western Canada's bulk grain exports. Its members account for approximately one fifth of bulk railway revenue in Canada and pay annual total freight of over one billion dollars.

"WE LOOK FORWARD TO PROVIDING THE GRAIN SECTOR'S INPUT TO THE FULL RESPONSE, ESPECIALLY THOSE FURTHER MEASURES THAT ADDRESS THE IMBALANCE IN THE BUSINESS RELATIONSHIP WITH SHIPPERS, SUCH AS AUTOMATIC DEMURRAGE PENALTIES ASSOCIATED WITH RAILCAR SUPPLY AND SERVICE LEVEL PERFORMANCE."

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Budget-friendly ways to freshen up your home's exterior

As any homeowner knows, renovation projects tend to cost a lot of money. The average cost of a home renovation is difficult to gauge, as such endeavors run the gamut from complex projects like a kitchen overhaul to simpler ones like painting a room inside a home. Indeed, the National Association of the Remodeling Industry notes that scope is what drives the cost of a renovation project.

Though there might not be an "average cost" of a renovation project, homeowners can expect to spend thousands of dollars on projects that are not very small in scale. Navigating such an expense at a time when inflation remains high might be difficult for some homeowners looking to maintain the appearance of their home exteriors. However, there are many budget-friendly ways homeowners can tend to the exterior of their properties.

· Power washing: Power washing won't break the bank but it can revive the look of a home. Power washing re-



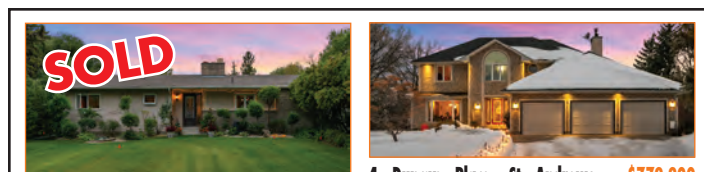
moves dirt and grime from the siding of a home and a power washing can be used to clean porches, walkways and patios as well. Hardware chains like Home Depot and Lowes typically rent power washers, but homeowners who don't want to do it themselves can hire a professional for a few hundred dollars, if not less. Power washing after winter can be a good idea, as the elements can take a toll on a home's exterior. A good power washing before spring and summer entertaining season can thus give a home a fresh, clean look without breaking the bank.

· Furnished front porch: A furnished front porch can serve as a welcome sign to neighbors and provide a great place to relax with a morning cup of coffee and a good book. Homeowners with a small porch won't need to bust their budgets to upgrade their front porch furnishings. Some small chairs with bright cushions, a small table and a rug underfoot can revamp an entryway at low cost.

· Window box installation: Installing window box planters is another cost-effective way to brighten up a home's exterior. Homeowners can hang window boxes outside windows on the front of their homes and then fill them with brightly colored flowers to add an inviting pop of color to their home exteriors. The experts at Better Homes & Gardens urge homeowners to take weight into consideration before buying window planters. Keep in mind that soil and developed plants can be heavy, so look for a sturdy box as well as one that has drainage holes.

· Replace hardware: Another simple way to freshen up a stale exterior is to replace hardware. Door knobs, knockers, house numbers, and even the mailbox can appear dated after a while. Replacing these items is inexpensive and quick but can have a profound impact on how the exterior of a home appears to residents and visitors.

Exterior renovations need not break the bank. Various simple and inexpensive tweaks can quickly revitalize the exterior of a home.



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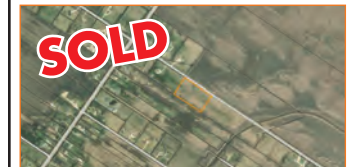
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100 Burns Road, West St Paul - \$799,900
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What to know about landscape lighting

Home improvement trends come and go, and one trend that has become wildly popular in recent years is recognizable in yards every night. Landscape lighting has transformed how people see and enjoy their properties at night, making it one of the more sought-after upgrades among modern homeowners.

Curb appeal is often seen through the lens of how homes appear during daylight hours, but landscape lighting can make homes look better and more modern, and potentially safer, after the sun goes down. With such potential, landscape lighting is worth exploring for homeowners looking to upgrade their properties.

Are there different types of landscape lighting?

When considering landscape lighting, homeowners should know that there are various options to consider. According to the lighting experts at Lumens, spotlights project a concentrated and narrow beam of light that's usually around 45 degrees. Spotlights are often chosen to highlight specific features on a property, like a component of the landscaping. Individuals who want to cast light over wider, more general areas may consider floodlights, which Lumens notes spread light up to 120 degrees.

Inground lighting is among the more sophisticated landscape lighting options. Lumens notes that inground lighting illuminates the whole of a tree or structure, often creating a dramatic look. These circle-shaped lights also are great at illuminating walkways and driveways.

Post lights are another outdoor lighting option, and these are often used to light up long walkways and pathways so it's easier and safer to navigate dark areas at night.

Is landscape lighting a job a DIYer can handle?

Many homeowners consider a do-it-yourself approach when pondering a potential home renovation, and a landscape lighting project is likely to inspire such curiosity as well. The home experts at HGTV note that the feasibility of DIY in regard to a landscape lighting project depends on the type of lighting homeowners want to install and where they want to in-



stall it. Replacing an existing electrical fixture may be well within the skill of a seasoned DIYer, but installing a new fixture is a job best left to the professionals. Homeowners whose homes currently have no or very little landscape lighting are almost certainly better off working with a professional. Solar lighting that does not require any electrical work can be installed quickly and easily by anyone, but such options may not provide the look homeowners are aiming for.

How much lighting is necessary?

The amount of lighting homeowners want to install is up to them. If the home currently has little or no landscape lighting, a consultation with a professional can help to determine how much lighting to install and where to install it. When discussing landscape lighting, homeowners may want to inquire about dimmers. Dimmers can increase

or decrease lighting depending on the situation. For example, homeowners may want a little extra light during a party, but less when relaxing alone outside at night. Dimmers allow homeowners to adjust as necessary.

Landscape lighting is a popular home renovation trend. Homeowners considering adding landscape lighting to their property are urged to work with a skilled professional to devise and install a set-up that makes their homes more appealing at night.



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Conservation that's close to home and close to the heart

Robyn Yates named DUC's Volunteer of the Year in Manitoba

By Ducks Unlimited Canada

National Volunteer Week is April 16-22). To celebrate, Ducks Unlimited Canada (DUC) invites you to recognize Robyn Yates, a dedicated volunteer in your region who's been named DUC's Volunteer of the Year in Manitoba.

Robyn Yates grew up with one of the country's flagship conservation areas and an internationally important wetland right outside her backyard. Her home was just south of Manitoba's Oak Hammock Marsh, the site of Ducks Unlimited Canada's (DUC) national office and the award-winning Harry J. Enns Wetland Discovery Centre. It's a place that would ultimately shape her lifelong commitment to conservation.

"I've known about Ducks Unlimited Canada since I can remember," said Yates. After obtaining an environmental studies degree, she landed a job with DUC's fundraising department and found herself working inside that familiar building at Oak Hammock Marsh. Always eager to do more for DUC's mission, Yates became the volunteer chair of DUC's Selkirk committee five years ago. Since then, she's led one of DUC's most profitable fundraising events in Manitoba. The chapter's main fundraising dinner hosts 250 people each year, complete with unique raffles and a live auction. In 2023, this event will celebrate its 40th anniversary and with Yates at the helm, it's sure to be a memorable milestone.

Yates says she is motivated both by community and a love of conservation. "I know that I can give back, can support something near and dear to my heart," she says. "My kids are also aware of the positive impact of wetlands. My son, when he was nine years old, could already identify more ducks than most people I know," she says with a note of pride. "We're passing this through the generations—it's bigger than you and me, and that's something that resonates in my heart and soul."

While Yates left DUC as an employee three years



RECORD PHOTO SUBMITTED

Oak Hammock Marsh

ago, she continues to plan five or six events annually with her volunteer chapter. "I leaned in, and this became my baby. It's something I'm incredibly proud of," she said, adding that she has a small but mighty group of seven volunteers beside her. "It doesn't feel like work with this amazing group of people."

In recognition of Yates' outstanding volunteer service, leadership and passion for conservation, she was named DUC's Volunteer of the Year in Mani-

toba.

"Robyn is always supportive of all things DUC, and her commitment this past year to our events program has been second to none," said Brad Porath, DUC's manager of volunteer and corporate fundraising in Manitoba. "She has stepped up in a big way, contributing to the success of many other chapters and events throughout the province throughout her tenure as a volunteer. Her contributions are significant, meaningful and sincerely appreciated."

There are nearly 520 DUC volunteers in Manitoba and 3,950 across Canada. DUC is proud to recognize each of them—including outstanding leaders like Robyn Yates—as volunteer champions and conservationists who serve with generosity, passion and dedication.



Robyn Yates has been volunteering with DUC for seven years.


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Locals featured in blockbuster Hollywood film, Champions

By Autumn Fehr

Last month, the new Hollywood comedy, *Champions*, hit theatres, starring a handful of locals.

The blockbuster film stars Woody Harrelson and Kaitlin Olson, but they certainly weren't the only stars of the show.

The film celebrates the community of people with disabilities and is only a testament to what they can do.

In the film, Harrelson plays a college basketball coach who is facing jail time or community service for his bad temper, which caused him to react with bad behaviour.

To avoid the circumstances, he has put himself in, he coaches a basketball team of young adults with intellectual disabilities.

When casting for the film, producers wanted persons with disabilities to play the athletes, but they also needed to have basketball skills, which proved to be a challenge.

But, in the end, it wasn't as challenging as they thought it would be, as the community certainly wasn't lacking the skills they were looking for.

Tom Sinclair, a young actor with an intellectual disability from Springfield played Blair, a supporting role of a 30-year-old basketball player on the main basketball team in the film. He is a fun, outgoing basketball player. He works well with the other teammates and is a fun guy to be around. Sinclair played the only Indigenous player on the basketball team.

This was Sinclair's first time acting in a major role, but he had been a part of the theatre in the past. A few years ago, he was in a show at Winnipeg's Fringe Festival and a part of the



Tom Sinclair and Hollywood actor Woody Harrelson.

Manitoba Theatre for Young People (MTYP). He is also a filmmaker who makes films in his free time.

Sinclair said the auditioning process was interesting. He had to do at least three different auditions. In the first audition, they called him back because they liked his performance, and they asked him to do two more afterwards to show off his acting range. After all the auditions, he got a call saying he got one of the main parts in the movie.

"I always wanted to be a part of a Hollywood movie. I've always dreamed of working behind the camera or working in front of the camera, and this allowed me to do both," said Sinclair.

He heard about the opportunity to audition through his sister Robin, who saw a casting call for people with disabilities on Facebook and told Sinclair about it.

Sinclair said everyone in his family has a disability, so they all auditioned together to be on the cast of *Champions*. The whole family ended up getting roles in the film and were part of it in some way. Robin and Sinclair's brothers, Gerry and Charlie, were on the basketball team, Blair's team versed in the movie. His brother-in-law and Sinclair's dad were in the



RECORD PHOTOS SUBMITTED

The 'Friends' basketball team with Kaitlin Olson. Alex Hintz played the role of Arthur in the film. Hintz is on the left with the blue tank top.

crowds has extras.

"Being a part of this film means so much to me. It shows that people with disabilities can do as much as anyone else can. We are showing people that the disability community has opportunities, which is a great opportunity

for us," said Sinclair who has FAS.

Alex Hintz, a young actor with an intellectual disability from Winnipeg with relatives from Stonewall and Argyle, played the role of Arthur in the

Continued on page 23

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A new way to communicate with your canine

By Autumn Fehr

Dogs have always been a part of Yury Harczan's life, but it wasn't until about five years ago that they became a part of his life in a new way.

In 2017, Harczan started, Paw & Order, a business where he helps both dogs and their owners better understand each other and be able to live together in perfect harmony.

Through his dog training business, Harczan teaches dog owners a different style of canine communication, which is a unique training style compared to most trainers. Harczan wants to help people understand dog's biology through this training method. This helps to retain and correct problems that can cause owners and their dog's trouble.

"The way we train service dogs to do detection is the same way dogs communicate with their handlers through pheromones; Many people don't know that. When we are stressed, happy, or even frustrated with the dog, that's the way the dog communicates with us, and we have to be very careful if we are being authoritative or giving commands. Does it turn to reasoning and pleading? That's where most people have problems with their dogs," said Harczan.

Harczan explains that this new communication goes against how many dog owners are used to talking to/treating their dogs.

"I started a different form of training/communication that people can try when they've struggled. They've tried a few other trainers and were seeing some results but not getting the best. So, let's try something different," said Harczan.

Harczan said the major communication breakdowns that people are having are that they are reasoning and pleading with their dogs.

It's about keeping things simple and remembering that dogs go through time much more quickly than us. So this method keeps things simple. First, however, we must ensure that praise is the highest form of reward. The positive praises change the pheromones, he said.



Harczan and his dog Ecko played a role in why he wanted to start his business.

Harczan also explains that it's hard to pinpoint an exact process of what he does, as every dog is different, so the process is always tailored to that specific dog.

In his business, Harczan has a couple of assistants that he uses to help reactive or fearful dogs build trust. These assistants are his three dogs. His dogs help these fearful or reactive dogs feel more stable and comfortable and help with re-training.

Harczan started working with dog rescues in the early 2000s and fostered one of his own.

Starting Paw & Order at the time he did, helped Harczan when he was at a low spot in his life. One day, he was sitting down with his dogs lying on him, and he just felt at peace with them there.

"I just thought I needed to do something more with dogs," said Harczan.

From then on, he started an apprentice program with MSAR to train service dogs and started training them in 2015. It all snowballed from there. He wanted to learn more.

"I saw the power that a dog has to help people. That was the main goal. My dogs help me, so I wanted to show that dogs can do that with other people, too," said Harczan.

Starting a new business was a challenge in and of itself, but he also faced another challenge that came with the line of work. Harczan said it was challenging to educate people to understand a different way of communicating with dogs instead of wanting to give a dog everything it wants.

"Dogs can't express human emotion back, so it's tough to tell people that just loving and



RECORD PHOTOS SUBMITTED

Harczan taking all of his dogs for a pack walk.

giving your dog everything it needs doesn't make it a loving, obedient dog. It's tough to get people to understand and change their communication to get the best from their dog... We have to be a little more directive instead of being overly affectionate," said Harczan.

Although he has had to overcome challenges, he has witnessed some great wins through his first five years running the business. Over his time training and communicating with other dogs, he has rehabilitated about nine dogs. He said they were all at the point of needing to be put down, and now they are thriving in other families and living their best lives. All of his three dogs are also rehabilitated.

"We gave them a second chance, and they weren't put down – saving a dog's life," said Harczan.

Operating the business has also been very rewarding for Harczan. He said his favourite part of the job is when he talks to his client after he has worked with them and their dog(s) and sees how happy they are for the change they now see in their companion.

"The elation that they have that the dog is connected with them. They didn't have to surrender it. They didn't have to re-home it," said Harczan.

It's only the beginning for Harczan and his business. He hopes to expand his operation to open his day camp, a rehabilitation centre in a rural area for the more problematic dogs that are being put on the schedule to be euthanized.

Harczan is one of the most trusted



Laura Platt hired Harczan to help her family train their new pup Duke

professional trainers in the province, with 10 to 12 secondary degrees to show for it, such as a degree (with Hons.) in canine instructor/obedience from ICS Canada, and he is a registered canine detection trainer for service dogs for people with disabilities and medical ailments from the MSAR.

Harczan will never promise to fix a dog, but he will give dog owners the education and training techniques to make a happy home for the owners, their family, and their dog.

Harczan operates his business out of East Selkirk but is willing to go to the client. For more information on Paw & Order and what Harczan does, visit his website at www.pawandorder.net.

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> CHAMPIONS, FROM PG. 21

film.

Arthur is one of the basketball players from the Friends basketball team that coach Marcus worked with. He is a nice and soft-spoken guy with a soft heart toward the coach when others are upset with him.

One of the ways Hintz said he connected with the role was through similar characteristics that they shared. Hintz deals with stuttering, a speech disorder where one repeats sounds, syllables and words, and so does Arthur, the character he plays.

Hintz said it was a long process from his first audition to when he got the role. First, he was given the scripts for the part of the main boy, Johnny. Once he did his first audition and sent it to Focus Features, the film industry company, he received a response pretty quickly and was asked to audition again for the role of Marlon. The wait after sending the second audition was long, but eventually, he got a call from the casting director for Manitoba, Jim Heber, that he landed the role of Arthur.

Hintz was at church when he heard about the opportunity to audition. He was approached by a lady at the church who asked him if he was interested in basketball, telling him that there was a movie being filmed in town that he may consider auditioning for.

Auditioning for Champions was a new opportunity that Hintz was excited to pursue. Before auditioning for the role, he had never acted, so it was an entirely new concept.

"Up until this point, I never considered acting, but since we were new to Winnipeg and I was in the process of looking for work, this seemed like a great opportunity for me. Also, it was very exciting because it's the first time something like this has happened to me," said Hintz.

Even though all ten actors that made up the basketball team had intellectual disabilities, the movie was a testament to what they could do, and showed that they could do what those without disabilities can.

"Being part of the movie Champions helped me understand that even though I was born with special needs, I can still do amazing things with the help of those around me. Also, someone like me helps break down the barriers around understanding people who are different," said Hintz.

"I am very proud to be part of the movie Champions because it was not only a great opportunity for me, but I also made some great friends for life with the other actors on Woody's team. I am also grateful to Woody Harrelson for all his support and to him and Bobby Farrelly for creating

such an amazing movie that I know will help others follow their dreams."

Sinclair and Hintz were only two out of many locals that starred in this fantastic film. The Record would also like to shine a spotlight on all the other excellent actors that had a part in making the movie what it was. Some other actors from the area include:

Erik Anderson: a basketball player in some of the Memorial Hall scenes

Alec Baldwin: a basketball player on the opposing team in the finals

Anderson and Baldwin are athletes with Interlake Athletics Special Olympics Team.

Tanis Benson and Joel Baldwin (Alec's parents): extras, playing some of the spectators.

Champions is still playing in select cinemas in Winnipeg, such as Landmark Cinemas 8 Grant Park, and Cineplex Odeon McGillivray and VIP Cinema.

A squadron, a pod, a pouch or a scoop?



RECORD PHOTO BY BEN HEWSON

On April 11, a gathering of american white pelicans was observed near Lockport's spillway. These birds migrate to Manitoba for the spring to begin breeding in May. This continues until mid-August, after which they travel south to Texas, Mexico and occasionally Costa Rica for the winter. A squadron is a group of pelicans that fly in formation, a pod is a group of pelicans that travel together, a pouch is a group of pelicans that nest together, and a scoop is a group of pelicans that feed together.

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BOOK ONLINE TODAY

Photographer's evocative scenes have people eager to buy prints

By Patricia Barrett

A photographer in Winnipeg Beach has been bringing joy to hundreds of people in the community and to those from afar with her stunning photographs and has people interested in buying her work.

Pat Payjack has an eye for detail and setting a scene, and she's making a name for herself on social media sites where she posts her images. People are asking for prints, calendars or cards they can buy.

"I just printed my images for the first time. I've been posting them on Facebook to dispel some of the negative stuff we sometimes see and to share the beauty of our community. I'm always surprised how every day was different," said Payjack. "I started posting my pictures as a social engagement activity and I've had people asking for calendars and pictures. Two people said they'd like to have greeting cards they can send out to people."

Some of Payjack's photos are surreal, as though she took them on another planet. Others capture the beauty of the pre-dawn Winnipeg Beach landscape, evoking a variety of moods. For some of her photos, she'll stage a scene using ice, snow or whatever she finds on the beach or the lake. Her dogs also like to get into the action, striking whimsical poses.

"Sometimes the dogs don't always cooperate, so I would pile up some rocks or snow or ice or I'd find pieces of driftwood. When you look at it, it becomes a character," she said. "It's miraculous. That time of morning is so heavenly and I almost felt like angels were directing me. 'It won't be very good today,' I would think, and I'd be totally surprised."

Amazingly enough, Payjack doesn't need a professional-grade camera to take her photos. She just uses her iPhone.

"It's not even the new iPhone,"

said Payjack. "I used to use film and once I stopped using film, I stopped making prints. Everything is digital now. When I had my [digital] picture printed for the first time at a lab in Winnipeg, I was quite impressed by how they turned out. The prints are art quality. Whether this turns into a business would be coincidental. I don't want to compete with any of the locals who are doing this."

In the pre-digital days, she said she used to work as a photographer for commercial businesses such as grocery stores and knows how to frame a shot and create a mood.

"I had a film camera and I used to do commercial industrial photography for northern stores. The products would be in a studio in the summer and I'd take pictures of cereal, fluffy towels and other goods. I'd add Christmas wrapping paper or a bit of holly or ribbon to create an atmosphere for their Christmas catalogues. I know how to create an atmosphere in a shot. Nowadays, they use supplied stock pictures."

Payjack said she posts her photos on the *Meanwhile* in Winnipeg Beach and *Meanwhile* in Gimli Facebook sites. People in Grand Beach across the lake saw her pictures and asked her to share them on their local Facebook page.

She's happy to help promote Winnipeg Beach and bring people to the area to help the local economy. She's shared her photos with CTV for its weather picture of the day, she said, and likes to share the beauty of the area with friends and family who live away.

"We've got beauty right on our own doorstep. I like to take pictures of the local area and make it look like a vacation spot," she said. "It makes people feel good and it makes me feel good. I think it can't get any better and it does. It makes you feel included in the community. We can share good



RECORD PHOTOS BY PAT PAYJACK

One of Payjack's dogs strikes a pose next to an ice sculpture on Lake Winnipeg



This photo of an early morning sunrise looks as though it was set in the Arctic.



The iconic Winnipeg Beach tower is seen behind a large pressure crack on the lake.

things like this. That's my main goal."

If it turns out that she can make some money selling prints, Payjack said she's thinking about using it to benefit the community in some way, such as providing dog waste bag stations along the waterfront or donat-

ing it to another worthy cause.

To inquire about purchasing Payjack's photographs, contact her through her Facebook page.



get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Hawaiian Huli Huli Chicken

pieces)
8 wooden skewers (6 inches each), soaked in water

To make sauce: Combine ketchup, soy sauce, honey, orange juice, garlic and ginger; mix well. Separate into two bowls and set aside.

Preheat grill to medium-high heat. Pre-heat oven to 350 F.

Alternately thread three chicken cubes and three pineapple chunks on each skewer.

Grill skewers 3-5 minutes on each side. Brush or spoon sauce from one bowl onto chicken and pineapple every other minute. Discard remaining sauce from first bowl.

To prevent chicken from drying out, finish cooking to minimum internal temperature of 165 F in oven. Using clean brush or spoon, coat with sauce from remaining bowl before serving.

Recipe courtesy of the National Heart, Lung, and Blood Institute

Prep time: 10 minutes

Cook time: 30 minutes

Servings: 4

Sauce:

2 tablespoons ketchup

2 tablespoons light soy sauce

2 tablespoons honey

2 teaspoons orange juice

1 teaspoon garlic (about 1 clove), minced

1 teaspoon ginger, minced

12 ounces boneless, skinless chicken breast (about 2 large breasts), cut into 1-inch cubes (about 24 cubes)

1 cup fresh pineapple, diced (about 24

Grilled Maine Lobster Tacos

Total time: 25 minutes

Servings: 8

Vinegar Slaw:

2/3 cup apple cider vinegar

1 teaspoon celery seeds

2/3 cup white sugar

1 cup water

1/2 small head green cabbage, shredded or cut thinly (approximately 8 cups)

Cilantro Lime Crema:

1/2 cup sour cream

fresh cilantro leaves, chopped

1/2 cup mayonnaise

4 teaspoons fresh lime juice

1 lime, zest only, minced

1/2 teaspoon minced garlic

kosher salt, plus additional to taste, divided

freshly ground black pepper, to taste

Lobster Tacos:

Extra-virgin olive oil

4 large (4-6 ounces each) Maine Lobster tails, defrosted

4 tablespoons unsalted butter, melted

salt, to taste

pepper, to taste

8 small flour tortillas

pico de gallo

1 lime, cut into wedges

for serving

To make vinegar slaw: In small saucepan over medium heat, heat apple cider vinegar, celery seeds, sugar and water; stir until sugar dissolves. In large bowl, pour mixture over cabbage; cover and refrigerate.

To make cilantro lime crema: In blender, blend sour cream, cilantro, mayonnaise, lime juice, lime zest and garlic. Season with salt and pepper, to taste; refrigerate.

To make lobster tacos: Preheat grill to medium-high heat.

Brush grill grates with oil to prevent sticking. Using kitchen shears, cut lobster shells in half lengthwise. Place skewer through meat to prevent curling during cooking.

Brush lobster meat with melted butter and season with salt and pepper.

Grill lobster tails meat side down 5 minutes then flip.

Brush meat again with butter and cook 5 minutes, or until opaque throughout. Cook to 140 F internal temperature.

Remove meat from shells and cut into bite-sized chunks or leave whole, if desired.

Place tortillas on grill 30-60 seconds per side, or until warmed and slightly brown.

Add drained slaw to tortillas. Top with lobster meat, pico de gallo and cilantro sauce. Serve with lime wedges.



The healing power of laughter



Certainly there are times when there is nothing to laugh about, but we must not stay in that space for too long. Finding laughter means allowing ourselves to move into a lighter space, if only for a short while. Sometimes simply trying to bring a laugh or smile to another person is all it takes to shift our own energy. It is easy to forget how to be playful. The seriousness of life can make us lose that child-like innocence, but it need not be lost for good.

I was talking with a client recently about the importance of laughter. We were commenting on the health benefits, and I remembered the story of how Norman Cousins healed himself by watching funny movies. He had a serious illness, and rather than sitting around brooding about it, he decided it would be better to be positive and to laugh. So he watched old Groucho Marx movies and laughed a lot. His condition improved markedly.

It occurred to me that if laughter can do good things for the physical body, then it can also do good things for relationships and families. In the body, laughter relieves stress and likely produces endorphins, which make us feel good. In a relationship, laughter also relieves stress, and produces good feelings, which strengthen the relationship.

In families, the same thing applies. Shared laughter creates a warmth between people and, like a magnetic attraction, makes us want to be together. There is a lot of nonverbal bonding that occurs when two or more people share a laugh. Affectionate teasing is like a compliment, because we only do it with people we like. I think of laughter as the emotional equivalent of sunshine. Days without sun can be dreary, as can days without laughter. No matter what the burdens, if my clients can still laugh, I know they will be okay.

If we have no laughter in our lives, then we are at some risk emotionally, and probably even physically.

At first it might take outside stimulation to bring the laughter back, be it a funny movie, or doing something that you normally don't do, like going sledding, or playing a game. It might require a conscious effort to find something humorous each day, that you can share with others. Perhaps playing some (harmless) practical jokes will get you going, and show others that you are open to playfulness.

A smile is a magical thing. Have you noticed how the face of a stranger is transformed when they see you smiling at them. If your smile can have that effect on a stranger, think how much it does for those you live and work with. So if you have lost your smile, or forgotten how to laugh, it might be time to do something about that. Our children model our behavior, so if we are serious all the time, they may be too. Even if there is pain and struggle in our lives, a little laughter can make it more bearable. We don't have to wait for something that will make us laugh. We just have to see the humor that is already there, or create a little of our own.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.



5-Minute Dark Chocolate Cereal Bars

4 ounces dark chocolate, melted

Heat saucepan over low heat. Add butter, marshmallows and peanut butter; stir to combine. Add cereal; mix until coated.

Line 9-by-13-inch pan with parchment paper. Add cereal mixture to pan.

In bowl, mix milk chocolate and dark chocolate. Drizzle chocolate over cereal mixture; spread evenly then allow to cool.

Cut into bars and serve.

Recipe adapted from ScrummyLane.com

4 tablespoons butter

10 ounces marshmallows

1/2 cup peanut butter

6 cups cereal

4 ounces milk chocolate, melted

BINGO

SUNDAY NIGHT BINGO

Pots are as follows:

4

\$4,500 JACKPOT

In 51 Numbers

19

\$2,963+ POKER FLUSH

In 53

\$1,626+ BONANZA

In 52 Numbers

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Juniors win sixth consecutive KJHL title

Staff

For the sixth consecutive season, the Peguis Juniors have won the Keystone Junior Hockey League championship.

Winning the title this season also quantifies them as the Provincial Junior "B" champions.

Peguis won the league title with an 8-5 road win over the OCN Storm in Game 5 last Friday. The Juniors won the best-of-seven final series 4-1.

Keanu Woodhouse led the way for the Juniors, scoring twice (both in the first period) while adding an assist. Captain Lyle Murdock accepted the trophy from league executive Matt Granger and added three assists.

Peguis' Jeremiah Jacques had a goal and an assist while goaltender Aiden Marchand backstopped his team throughout the post season and made 27 saves for the victory.

Also scoring for the Juniors were Jackson Jacques, Keenan McPherson, Darion Sinclair, and Jayden McPherson.

Drew Peters of the OCN Storm scored once and added three assists, while Blaine Dorion scored twice late in the third period to make a game out of it. Ezekiel Kirkness also added a goal and two assists in the losing effort.

The Storm's other goal was tallied by Damon Constant.

Both teams will now prepare for the Central Canada Cup in Thunder Bay which will take place this Thursday through Sunday.



EXPRESS PHOTO SUBMITTED

The Peguis Juniors won their sixth consecutive Keystone Junior Hockey League Championship after an 8-5 road win over the OCN Storm last Friday.



EXPRESS PHOTOS BY RAYME THOMSON

Kevin Monkman, middle, received the KJHL Farron Cochrane Coach of the Year award. The award has been renamed in honour of Farron Cochrane, it is now known as the Farron Cochrane Award for Coach of the Year. Farron has been apart of the Juniors for 20 plus years as General Manager and coach. He is also one of the longest serving KJHL coaches in the history of the league.



The KJHL Lifetime Membership Award was presented to Bruce Sinclair who is on the right. Sinclair was the General Manager for the Juniors for two seasons and also Vice President of the KJHL for one Season. He played a big role when the five Southern teams decided to vacate from the KJHL and form the CRJHL.

To see more photos
of your favourite
Interlake Athletes

GO
TO

Stonewall Teulon Tribune | flickr

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Interlake Dart Players Club members earn spots at nationals

Submitted

Six members of the Interlake Dart Players Club have recently made it to their respective national tournament levels.

Doug Allard, Scott Sansom, and Dean Corlett will be representing Manitoba/northwestern Ontario at the Royal Canadian Legion's Dominion championships in April.

Duane Langbis, Cheryl Hygaard, and Lisa Boyer will be representing Team Manitoba at the NDFC national championships in June.

Doug (Selkirk Legion), Scott (Elmwood Legion) and Dean (Elmwood Legion), while representing their respective legions, played off tourna-



RECORD PHOTOS SUBMITTED

Doug Allard, Cheryl Hygaard, Duane Langbis and Lisa Boyer at the Selkirk Legion (where they play in a Tuesday night Legion league), showing off their awards.



Scott Sansom, left, and Dean Corlett won the provincial level of Legion darts (Command).

ments from the branch levels to the district level to the provincial level winning in their respective events at each level. Doug will be playing in the singles event and Scott and Dean will be playing in the doubles event at Dominion.

Duane, Cheryl and Lisa participated in the MDAI Provincial play in March and successfully secured a spot on Team Manitoba. They will be attending the nationals in June, which will be held in Quebec, playing singles

and doubles events.

The Interlake Dart Players Club is a member of the Manitoba Darts Association (MDAi zone 2).

Selkirk to host Cheer Manitoba provincials for first time

Submitted by Cheer Manitoba

Cheer Manitoba will be holding its provincial championships in Selkirk for the first time at the Selkirk Recreation Complex on May 6. The event will showcase 58 routines in the disciplines of performance cheer (pom), scholastic cheer and all-star cheer.

Athletes will range in ages five to 30-plus and will feature routines from the U6 Novice

division all the way to Open Level 7 teams which compete at the highest level in the sport.

We will have over 500 athletes in attendance from all over southern Manitoba and northwestern Ontario. Cheerleading continues to gain popularity with shows like Netflix's "Cheer" putting a spotlight on our often misunderstood sport and cheerleading now has Olympic provisional status

meaning it could be part of the Olympic Games in the near future.

Cheer Manitoba has been overwhelmed with the positive support it has received from the community of Selkirk from sponsorship opportunities to excellent service at the Selkirk Recreation Complex. Doors open at 9 a.m. with the event starting at 10 a.m.

What's *Your* story?

We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337

The Selkirk Record

Tomberli plays in MHSAA 'AAAA' Graduating All-Star Game

By Brian Bowman

There were many great athletes participating in the MHSAA "AAAA" Graduating All-Star Boys' Basketball Game last Saturday.

The Selkirk Royals' Milan Tomberli was one of them. And he looked really good.

"No disrespect to my teammates, but the all-star game is a big step up. It was fun to play with these guys that I have been playing against my whole life."

Tomberli played on Team Under Armour squad which won their game 128-101.

He fit right in with the best "AAAA" players in the province.

"The hard work paid off," Tomberli said. "It was a good feeling to be on the court with some of the best from Basketball Manitoba. It was a good feeling to get some recognition from coaches from college and stuff like that."

Tomberli, who is getting some attention from college coaches in the province, scored some key baskets in the game.

"I did pretty good," he said. "I

would say I scored between 13 and 17 points. I didn't really keep track. I just went out there and had some fun."

Tomberli really enjoyed his time playing basketball for the Selkirk Royals.

"It was awesome. I've been in Selkirk since about eight years ago and I've been coached by Dean's son (Riley) and then I played varsity with Dean and that was fun," he said. "It was a good group of guys and a good high school experience."

Royals' varsity boys' basketball coach Dean Goodbrandson had high praise for Tomberli.

"He was one of the first players involved in our Junior Royals Club program started by my son, Riley. He started in Grade 7 and always stood out, even way back then. He had the desire to compete against the biggest and best from the Winnipeg clubs, even when often overmatched as a team.

"Teams knew who he was, he got the eyes of opposing coaches. Everyone knew who the curly-headed kid from Selkirk was."

Like many athletes during the COV-



RECORD PHOTO SUBMITTED

The Selkirk Royals' Milan Tomberli, middle, participated in the MHSAA 'AAAA' Graduating All-Star Game last Saturday.

ID-19 pandemic, Tomberli was cheated from playing games.

"He had a limited season in Grade 9 with no Finals Night, no season in Grade 10 due to Covid," Goodbrandson noted. "He played varsity for me in Grades 11 and 12. The teams were very successful going 36-8 in that time. Milan was a leader in many

statistical categories, but most significantly with his level of compete, dedication, and loyalty to being a Selkirk Royal. He will be missed dearly but has been an excellent role model for future Royals."

Royals hit the ice



RECORD PHOTO LANA MEIER

The Selkirk Royals' Haylen Morrissette scored a goal during Winnipeg High School Hockey League Rookie Tournament action. The Royals defeated the Kildonan East Reivers 7-2 Saturday. Selkirk lost to the Sturgeon Heights Huskies 9-0 and the Shaftesbury Titans 4-1.

Hauling in hardware



RECORD PHOTO SUBMITTED

The Selkirk Royals received some very-well deserved recognition at the Winnipeg High School Hockey League awards banquet last Wednesday. Andrew Hladun won the Platinum Promotions Academic Award while Lisa Michaleski won the Keith Bodley Volunteer Award. Andrew Denoon and Brennan Feschuk won the Travis Price Awards for the Royals. Pictured, left to right, Lisa Michaleski, Andrew Denoon, Brennan Feschuk, Andrew Hladun and Michael Buffie.

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METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

WANTED TO RENT

Family looking for a 3 to 4 bedroom house to rent in Selkirk with a yard and pet friendly. Phone 204-485-1503 or 204-485-2984.

HELP WANTED

Hair Source is hiring in Stonewall full/part time in a very busy salon. Great location for walk-ins. Matrix Salon to join our elite team of stylists. Please drop resume off at # 5 408 Main St. Stonewall or email hairsource@gmail.com or call 204-461-1450 for more information.



EF. Moon is a well-established Heavy Construction Company founded in 1962 and located in Portage la Prairie, MB.

We are currently seeking experienced, goal oriented individuals for employment in a number of areas: **Class 1 & 3 Drivers, Foremen, Skilled Laborers, Sewer & Water Personnel, Directional Drill Personnel, Excavator, Dozer, Grader, Rock Truck, Loader, Vac Truck and Packer Operators.**

We offer competitive wages, comprehensive benefits plan, safety training and a safe work environment.

Requirements are: Minimum class 5 driver's license, positive work attitude, reliable, able to work well with a team or alone, safety oriented, able to work extended hours.

If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage la Prairie, MB to fill out an application, apply online at www.efmoon.ca or email a resume to jackiek@efmoon.ca

HELP WANTED

Help Wanted - Looking for someone who can support and provide in home care to a woman approaching 70 years of age, living at home. Located at Lake Manitoba Narrows North Cottage development, this is an opportunity to provide companionship and essential care, which is both rewarding personally and professionally. Duties include acting as a personal companion, transfers, assistance with personal care, and assistance with meals. Candidates should have a current Criminal Record check with Vulnerable Sector and Adult Abuse Registry check (within 12 months), a current BLS/CPR certification would be beneficial. We are willing to pay above and beyond the standard rate for similar positions within the health region to a candidate who can help us. Email resume: dboleski@gmail.com or call 204-293-0884.

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www.mcna.com

HELP WANTED

Lakehead Tower Erectors LTD. Springfield is hiring for 2 positions! Apprentice rigger and experienced rigger. We offer competitive wages, full health benefits, training. We are looking for highly self-motivated individuals who are physically fit, mechanically inclined, and enjoy the outdoors! Email info@htower.ca or call our coordinator at 204-688-3363 for more information or to send in a resume!

Petersfield Garage requires tire and lube technician. Also, some minor mechanical repair work. Wage dependant on experience. Will train right applicant. Call Terry at 204-738-2552.

GROW YOUR BUSINESS ADVERTISE IN THE RECORD

McSherry Auctions
12 Patterson Dr.,
Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving
Closes Wed. April 26 @ 7:00PM

Estate & Moving
Featuring Guns & Ammo
Closes Wed. May 3 @ 7:00PM

Booking On Site Spring Auctions

McSherryAuction.com
204-467-1858
Consignors Welcome!

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

MISCELLANEOUS

APRIL 29 & 30, 2023, DUGALD GUN & COLLECTIBLE SHOW AT SPRINGFIELD CURLING CLUB. FROM WINNIPEG, 10 MILES EAST ON DUGALD RD, OR 5 MILES NORTH OF HWY #1 ON HWY #206. BUY-SELL-TRADE. OPEN SATURDAY 10 A.M. - 5 P.M., SUNDAY 10 A.M. - 4 P.M. FOR INFO PHONE SHERYL 204-250-8766 OR CAROL 204-242-2320.

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Open House & Earth Day Event!

- Give Aways!
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- Tour Renovated RVs
- Blow out pricing on used parts & fixtures

Saturday, April 22
10AM - 3PM

Revolution Trailers

1480 Springfield Rd
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www.revolutiontrailers.ca

MISCELLANEOUS

Wheelchair, perfect condition, with lap table, 1 year old. \$1500. To view, 40 Eveline Street, Selkirk, 204-754-0239.

WANTED

Private collector looking to buy firearms. Complete collections ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

WANTED

Looking to buy your broken and unwanted costume jewelry for parts to do crafts. Phone John at 204-651-1580.

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All shifts available. Wages dependant on experience. To join our Bonded Health Services Team call or drop resume in person or email to ihebert@bondedhealth.ca



BONDED HEALTH SERVICES

230 Manitoba Ave., Selkirk
204-785-1992

ADMINISTRATIVE ASSISTANT POSITION

Required immediately

This permanent full time position is with Bonded Mobility a long standing Selkirk business dedicated to assisting people with disabilities.

Compensation is based on experience. The right candidate must have a high school graduate certificate and experience is an asset. You must have excellent computer skills with knowledge of Quickbooks, have a driver's licence and own your own vehicle.

This position requires that you must work well under pressure and have an attention to detail especially when attending to repetitive tasks. You must have the ability to multi task, have excellent written and verbal communication skills. You must be organized, accurate, flexible, have a focus on the client. This candidate must also be reliable and be a team player.

Apply in person or by mail to:
230 Manitoba Avenue in Selkirk R1A 0Y5,
email: reception@bondedhealth.ca



204 PALLET AND PACKAGING



Like working with wood and working close to home?

204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Wage depending on experience, and health benefits after 3 months. Please call 204-344-5404 for more details.

Eddie's Gravel Supply Ltd. is Hiring

CLASS 1 TRUCK DRIVERS WANTED!

Camp Work

Competitive Wages, Health Benefits, Lift 50lbs, Experience an asset

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204-389-2023

102086 Hwy 9, Wpg Beach, MB

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulotribune.ca



Classifieds

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**The Selkirk Record
Classified booking
deadline is Monday
at 4 p.m. prior to
Thursday's publication
Call 204-785-1618**

FARM LAND FOR SALE BY TENDER

Sealed, written tenders for property in the RM of ARMSTRONG described below will be received by:

**McCulloch Mooney Johnston Selby LLP
Box 1670, 14 Main Street S.
Carman, Manitoba R0G 0J0**

PROPERTY

SW ¼ 29-20-2 EPM
Being Approx. 159.33 Acres

Section 6-21-2 EPM
Being Approx. 654 Acres

SW ¼ 32-20-2 EPM
Exc Sly 1320 feet perp
Being Approx. 82 Acres

SE ¼ 32-20-2 EPM
Being Approx. 162 Acres

NE ¼ 30-20-2 EPM
Being Approx. 155.89 Acres

NW ¼ 29-20-2 EPM
Being Approx. 162 Acres

NE ¼ 29-20-2 EPM
Being Approx. 162 Acres

CONDITIONS OF TENDER

- Interested parties must rely on their own inspection and knowledge of the property.
- Tenders may be placed and accepted on one or any number or all parcels of land.
- Tenders must be received on or before 2:30 pm on April 28, 2023.
- Tenders must be accompanied by a **\$10,000.00** cheque payable to **MMJS LLP** in Trust as a deposit. Deposit cheques accompanying unacceptable bids will be returned.
- Highest or any tender not necessarily accepted.

TERMS AND CONDITIONS OF SALE

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- In addition to the deposit, the balance of the accepted tender must be paid on or before the date of closing which shall be **June 1, 2023**, or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the accepted tender is not paid within the set time limit the deposit may be forfeited as liquidated damages and not as a penalty.
- Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender.
- Successful bidder will be responsible for real property taxes commencing January 1, 2023.
- The purchaser shall be responsible for payment of GST or shall self-assess for GST.

For further information contact
Scott W. Johnston at:
Ph: 204-745-2546
Fax: 204-745-3963
email: scott@mmjlaw.com

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

WATER TREATMENT

Water softeners. Well pumps/tanks. 5 stage reverse osmosis systems, \$285. E-coli ultraviolet systems. Iron/odour/manganese removal filters. 10" & 20" Polyspun. Pleated. String wound. Carbon replacement water filters. Best prices. All Seasons Furnishings 204-661-8581.

UPCOMING EVENTS

Cloverdale United Church, April 9 Easter Service 10:30am, Reverend Ginny Coleman. April 23 10:30am, entertainment by Individuals of the Octavia Choir. All welcome. Nonie 204-482-5359.

Cluck & Quack Poultry Club Auction. Poultry & small animals auction on Saturday, May 6, 12 noon. Springfield Curling Club in Dugald, MB. For further vendor information contact Danica Mutcher, email danimonica@hotmail.com or phone/text 1-204-770-3857.

**News Tips?
Story Ideas?
call the Record
204-785-1618**

HAY / STRAW

Large square bales of dairy quality alfafa. Large square bales of alfalfa/grass. Round bales of net wrapped grass hay. Round bales of sileage wrapped alfalfa. Feed test results available. Contact Ken at 204-981-7593.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewood elkranche@mymts.net

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

SPRING HIRING??? Need Class 1 drivers or construction workers? **BOOK YOUR 2023 BLANKET CLASSIFIED ADS NOW** in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

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The Disability Tax Credit allows for **\$2,500 yearly tax credit and up to \$30,000 Lump sum refund.**

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RURAL MUNICIPALITY OF ST. ANDREWS

Summer Youth Employment Opportunities

The RM of St. Andrews is accepting applications for a variety of summer youth positions. Some of the roles are working for the municipality and other positions are for working at various not-for-profit organizations in the community.

To apply, please review all the job descriptions available at www.rmofstandrews.com/p/job-opportunities. Youth (ages 15-30) are encouraged to apply by sending their current updated resume with a cover letter, stating all the position(s) they are interested in applying for, along with their availability. Clearly state if you are currently a student and/or have Metis status. Hourly wages will vary from \$14.15-\$17.00/hr. Applicants should apply by email to Teresa at recreation@rmofstandrews.com before **Monday April 24 at 4:30 pm**.



R.M. OF ST. ANDREWS

PUBLIC HEARING NOTICE 2023 FINANCIAL PLAN

PUBLIC NOTICE is hereby given pursuant to subsection 162(2) of *The Municipal Act* that the Council of the Rural Municipality of St. Andrews intends to present its financial plan for the fiscal year 2023 at a public hearing in the Council Chambers of the Rural Municipality of St. Andrews on **May 8, 2023 at 6:00 p.m.** The public hearing will also be available to view live through the R.M. of St. Andrews YOUTUBE Channel.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the financial plan, as provided.

If you wish to do one of the above, please submit in writing prior to **4:00 p.m. on Thursday, May 4, 2023**. Your written submissions can either be emailed to info@rmofstandrews.com, dropped off at our office or mailed to our office if time permits.

Any person who has questions, needs clarification or requires further information, either prior to or following the hearing, is encouraged to contact the Chief Administrative Officer at 204-738-2264.

A copy of the 2023 Financial Plan will be available for review on Monday, May 1st, 2023 and on the municipal website at www.rmofstandrews.com. Please contact us by phone at 204-738-2264 or email info@rmofstandrews.com if you wish to receive a copy and we will email or mail a copy to you.

Dated this 31st day of March, 2023.

Brent Olynyk
Chief Administrative Officer
R.M. of St. Andrews
Box 130, 500 Railway Avenue
Clandeboye, MB R0C 0P0
www.rmofstandrews.com

RURAL MUNICIPALITY OF ST. CLEMENTS

PUBLIC NOTICE

PRE-BUDGET CONSULTATION OPEN HOUSE

The Council of the Rural Municipality of St. Clements has scheduled a Pre-Budget Consultation Open House at the Municipal Office Council Chambers to allow informal conversation with members of Council and staff about the 2023 fiscal year and current projects.

Location: RM of St. Clements Municipal Office,
1043 Kittson Road, East Selkirk
Date: Monday, April 24, 2023
Time: 6:00 pm

Any person who has questions, needs clarification or requires further information, either prior to or following the open house, is encouraged to contact the Chief Administrative Officer Deepak Joshi, by phone at 204-482-3300 or by email at cao@rmofstclements.com.



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Announcements *Selkirk Record*

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ANNOUNCEMENT

BIRTHDAY

April 21, 2023
Happy 8th Birthday
CJL, may you have the happiest birthday.
- Love
Grandma and Grandpa Loane
xoxoxo

ANNOUNCEMENT

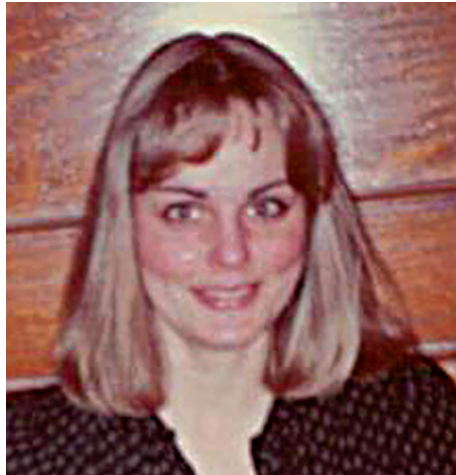
BIRTHDAY



Evelyn Wesley
April 18, 1933
Happy 90th Birthday!
-With love from your children,
Randy (Wendy), Shayne (Larry),
Sherry (Gino) and Jody;
grandchildren and great-grandchildren!
We love you and are so grateful to have
you in our lives.

ANNOUNCEMENT

ANNIVERSARY



Happy Anniversary
April 18th
How I always have and always will see you.
Love is unaffected by time.
40 years of knowing you,
Of watching birds, of feeding squirrels,
Of cuddling cats.
Without you there is no me.
You are my being.

-Love, me

ANNOUNCEMENT

IN MEMORIAM

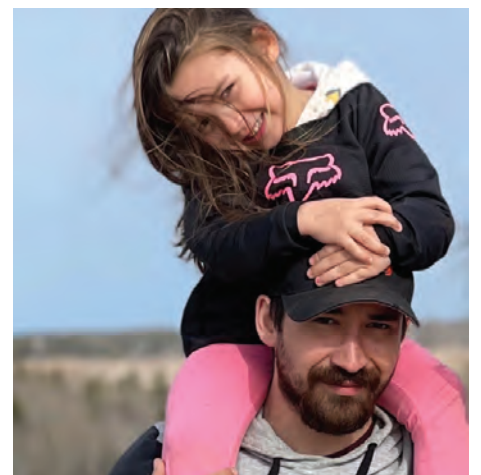


Michael Waller
June 19, 1994 - April 19, 2022
In Loving Memory of our Son
Of all the special gifts in life,
However great or small;
To have you as our son,
Was the greatest gift of all.
With aching hearts we whisper low,
We miss you Michael and love you so.

-Love Mama Deuce and Pops

ANNOUNCEMENT

IN MEMORIAM



Michael Waller
Daddy, when you were alive, I was your angel,
Now that you are in heaven, you are my angel.
Please visit me in my dreams so I can still
See and hear you and feel your hugs and
kisses.
I know that you are watching over me as I
grow up.

-Love your daughter Sephira

ANNOUNCEMENT

IN MEMORIAM

Michael Waller
June 19, 1994 - April 19, 2022
Those we love can never be,
More than a thought apart;
For as long as there is memory,
You'll live on in our hearts.
-Love Anne, Harley and Baby Corina

Your memory will live forever
Engraved within our hearts

**OFFICE SPACE
FOR LEASE**
CLANDEBOYE AVE
in Selkirk

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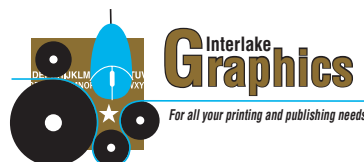
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OBITUARY



Thelma Lorraine Calder

Peacefully on April 6, 2023 with her son by her side, Thelma Lorraine Calder passed away.

Thelma leaves to mourn her passing, son Brad (Kim) and daughter Jan (Vic); grandchildren Thomas, Mike, Todd, Jodeen, Candy (Tom), Adam and Shane; great-grandchildren Autumn (Spencer), Brooklyn, Kristin, Alyssa, Victoria, Evan, Emily, Riley, Vienna-Rose and Sterling; great-great-grandchild, Gabe; siblings Jim (Darlene), Darlene (Ken) and Don; numerous nieces, nephews and friends.

Thelma was predeceased by her children Deb, Allan, Garry and Todd; parents Clifford and Nellie McDonald; siblings Myrtle, Phyllis, Bill, Arlene, Victor, Stanly and Henry; brothers-in-law Glen and John.

Mom was a caring and loving daughter, sister, mother and grandmother. Always putting her family first and taking care of everyone.

Mom worked for many years at the #42 Legion, where she made many longtime friends. We celebrated her retirement from #42 with a huge part of family and friends from near and far.

Mom loved watching sports, football, hockey, baseball and especially curling and was an avid dart player. Mom also loved crocheting and gifted everyone many mementos of Christmas Santa's and Mrs. Clause dolls, Christmas dollies and many favourite afghans we will treasure forever.

We love you and will miss you dearly, but we know that you are at peace, which gives us comfort and makes the pain that much easier. You will be forever in our hearts, until we meet again.

All are welcome to attend a graveside service Monday, May 15, 2023 at 12:15 p.m. at St. Clements Cemetery, followed by a Celebration of Life at 1:00 p.m. in the Gilbert Funeral Chapel, Selkirk, MB. The service will be livestreamed via a link provided on her obituary on the Gilbert Funeral Home website.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



OBITUARY



Philip (Phil) George Seekings

It is with heavy hearts that we announce the sudden passing of Philip (Phil) George Seekings, at his home in Selkirk, MB on March 21, 2023. Phil was born in Belleville, Ontario on January 3, 1956, and was a beloved son, brother, brother-in-law, uncle, friend and caring human being.

At an early age, Phil moved to Thomasburg with the rest of the family to enjoy life in the country where he grew up making many friends throughout the neighborhood. Following the untimely passing of his father, he relocated with the family to Hamilton, and after completing his schooling, he worked at Westinghouse Canada assembling and painting appliances. From there, he ventured to Guelph where he shared accommodations with his good friend Don and was employed at W.C. Woods making freezers. In 1979 Phil moved west to Selkirk and in 1985, began a long career at

Manitoba Rolling Mills (now Gerdau MB) holding various positions in the yard and finally in the billet bay where he met his good friend John. In August of 2020, after almost 35 years of service at the mill, Phil decided that it was time to "hang up the saddle" and enjoy retirement life. No matter the job, Phil took pride and ownership in whatever he did while always watching out for the welfare and safety of those around him.

Phil always enjoyed the outdoors. Growing up in Thomasburg, countless hours were spent playing on the family rink that Dad would prepare every winter and tobogganing on the hill behind the house. In summer, camping, fishing and swimming was enjoyed with the family at Vanderwater Park along the Moira River just a few miles from the house. Later in life, Phil would travel to the Okanagan in BC to visit his sister Elizabeth and Ken in Summerland to go quadding and fishing up in the high country. Both Phil and Mom were avid Blue Jay fans, frequently attending their games at the old CN Exhibition Stadium, as well as, travelling to Dunedin, Florida numerous times to watch them in preseason. Phil took up golf and enjoyed playing many a game with friends and family after moving to Selkirk. He is credited for passing down his special method of keeping score to his nephew Jeff; for some reason they always came home with some incredibly low numbers on their score cards! Phil could sometimes be a little grizzly on the outside but inside he was a big softie with a huge heart. Caring for animals and his birds was one of his passions. He adopted many cats from the billet bay at the mill, taking them home where they were pampered for the rest of their lives. The squirrels and birds that were lucky enough to reside close to Phil were treated with countless bags of peanuts and bird seed over the years; they will surely miss him too.

The family would like to extend their sincere gratitude to the Selkirk RCMP detachment for quickly arranging a wellness check when requested, the two RCMP officers who were kind enough to personally inform the family and the local EMS personnel who attended to Phil after the wellness check was conducted. We value these services you provide to the community and so appreciate the care and compassion you bring while conducting your duties. We would also like to thank and recognize Phil's good friend John, who out of concern for Phil, requested the wellness check. A special thanks as well to John and Phil's good neighbor Kirk for visiting, running errands and attending to Phil's needs while he recovered from hip surgery some months ago.

Phil was predeceased by his parents Jim and Ruth and his sister Elizabeth.

He leaves to mourn his loss, brothers Jim (Jan) and Peter (Pam), brother-in-law Ken and his cherished nephews Jimmy, Chris, Jeff and PJ.

At Phil's request, cremation has taken place and no service will be held.

In Phil's memory, the family would like to request that you pass on a smile or act of kindness to someone you don't know to make their day a little more special; something the world really needs these days.

Rest in peace Phil, we will never forget you and the memories you have left behind will always bring a smile to our faces.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



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OBITUARY



**Leona Louise (Hood) Doell
June 22, 1944 - March 16, 2023**

Leona's sisters Madeline, Beatrice (Ron), Mary and Sharon and brother Clarence are saddened to announce her passing at Pincher Creek Hospital, Pincher Creek, Alberta with complications from C.O.P.D.

Leona is survived by her sons Kevin and Sean (Sarah). Grandchildren Coady (Alix), Ashley, Mik (Jess), Foxx and Suzy. Great-grandchildren Carson and Chase; special niece Kimberely (Pichor), Halvorson (Ron) and family of Cranbrook, B.C, special nephew Ken Cochrane who always phoned her and made her laugh. Also, many other family members and friends.

Leona was predeceased by her beloved husband Peter, daughter Debbie, daughter-in-law Denise, her parents Pat and Ruth Hood,

brothers-in-law, nieces, nephews, in-laws and friends.

Leona was raised in Selkirk, attended school here. In 1963, she headed out west with a girlfriend, not sure what they were going to find, but they were up for adventure. They ended up in Taber, Alberta where she met Peter. The romance led to a marriage on April 24, 1965 at St. Clements Anglican Church, Mapleton. They lived in Taber, Alberta for a few years finally settling in Pincher Creek to raise their family.

Leona was a member of Pincher Creek Legion and volunteered her services over the years. She was also a great dart player.

Leona was a terrific cook, she was famous for her homemade buns, meatballs and pies. We are all going to miss her delicious dinners when we visited and miss our phone calls and visits.

A celebration of life was held in Pincher Creek on March 25, 2023.

Leona and Peter's ashes will be interred in the columbarium at St. Clements Churchyard at a later date.

OBITUARY



**Terrance Robert Gunter
November 30, 1956 – April 11, 2023**

It is with heavy hearts that we announce the passing of our beloved brother, uncle and friend, Terry.

He was predeceased by his parents, Jack Gunter, Irene and Victor Bell, sisters Faye Schalk and Dawn Papineau, brothers-in-law Eddie Paluck and Butch Papineau, nephews Douglas Papineau and David Schalk.

He is survived by his brother, Merv Gunter (Lynda), sisters Linda Paluck and Tricia Geurts (Albert), brother-in-law Alfie Schalk, as well as many nephews and nieces who thought Uncle Terry was a pretty special guy. He will be missed by his good friend Jayde, who visited him often, took him to church, hockey games, Tim Hortons for coffee and just enjoyed spending time with him.

Terry was born with cerebral palsy but never let it get the best of him. After his dad died when Terry was four, he spent time at St. Amant and then at the Manitoba Development Centre in Portage la Prairie. Due to the persistence of our Mom, he was able to move to Selkirk in 1984 with the Provincial "Coming Home" program, together with three others from this area. It was a successful move and all of them enjoyed a good life with Inclusion Selkirk. In recent years, Inclusion Selkirk was able to bring other people home and Terry was thrilled to see this happening. He was very pleased also with the decision to close MDC.

Terry's greatest joy was to spend time with his family; celebrating birthdays, Christmas, Easter and Thanksgiving with us was always important to Terry. He would ask everyone he met if they were going to come to his birthday celebration! He loved parties and celebrated his 40th, 50th and 60th birthdays with more than 100 guests. He knew just what he wanted and loved the planning as much as the parties. He loved travelling and visited Edmonton and area where his sister Dawn and family lived, and enjoyed a trip to Los Angeles with Linda and Tricia to see his favourite show "Ellen" as well as spending time at Universal Studios, Disneyland and touring the Queen Mary. He was always a hockey fan and enjoyed Jets, Moose and Steelers hockey games, and eventually became interested in football to "keep up with the guys". He enjoyed bowling in the Inclusion Selkirk league. He loved music, especially records as a young person and was thrilled when they came back and he could enjoy them again. Terry took a lot of good-natured teasing from his family but always enjoyed being with them. He also enjoyed the friends he lived with and those he worked with at the Day Program, always happy when they had a party!

Terry was a kind, thoughtful person who will be missed, but who will live on in our hearts and memories.

We are grateful to the staff and his friends at Inclusion Selkirk for making his life a good one, as well as our extended family and friends whom he enjoyed visiting. We are thankful for the staff at Steelcity Physio who treated Terry so well during his weekly visits; he really enjoyed his time there and they brightened his days.

We wish to thank his staff, the Paramedics, RCMP and hospital staff who took such good care of him on his last day.

Celebration of Terry's life was held on Tuesday, April 18, 2023, at 2:00 p.m. at Gilbert Funeral Home in Selkirk. The service will be livestreamed on the Gilbert Funeral Home website.

Donations in Terry's memory may be made to the Inclusion Selkirk Building Fund, 377 Eveline Street, Selkirk, MB, R1A 1N4.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



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OBITUARY



**Mildred Kreamer
(nee Kizuik)**

After a long and full life Millie passed away peacefully at the age of 98 at the Tudor Personal Care Home on February 14, 2023, she was born on November 20, 1924 in Winnipeg.

Left to cherish her memory is her brother Gordon (Barb), her sister-in-law Maimie Pfeifer, and many nieces and nephews who were all very dear to her.

Millie was predeceased by her husband Lorne and her parents, Nicholas and Victoria; brothers George (Lillian), William (Norma), Thomas (Muriel), and sister Frances Taylor (Roy).

She grew up on the wilds of the St. Andrews bog during the dirty thirties. Being the oldest, she helped her mom raise five siblings. She actually did walk the fabled four miles to Norwood School in all kinds of weather. After she finished school, Millie went to work

in Winnipeg as a dental assistant.

The Kizuiks moved to Netley in 1945 and started a small farm. It was here that she met the love of her life, Lorne Kreamer, and they were married in 1959. Lorne and Millie started their own grain farming venture. She helped her mom and dad being custodians of Netley School. She also worked at Maskow's store in Netley. During this time Millie also became involved in local activities and spent many hours in support of the Netley Community Club. Millie lived most of her life in Netley, and moved into Selkirk around 2008.

In keeping with her wishes, cremation has taken place. A celebration of Millie's life will be held on Friday, May 5th, 2023 at 11:00 a.m. in the Gilbert Funeral Chapel, Selkirk, Mb.

The family would like to thank the staff at Tudor Personal Care Home for excellent care and friendship they gave to Millie.

In lieu of flowers donations can be made to St. George's Wakefield Anglican Church or Netley Community Club.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



**Blanche Loretta Hurley (nee Nichol)
March 5, 1933- April 8, 2023**

Peacefully, on Saturday, April 8, 2023, in Winnipeg, Manitoba, Blanche Hurley, aged 90 years, beloved wife of the late Bob Hurley, passed away.

She is survived by her daughters Susan (Paul) and Karen (Dennis); grandchildren Scott (Laura), Allison (Orkun), Kendra (Luke) and Rhea (Damian); and great-granddaughters Julia and Ada.

She was predeceased by her sons Wayne (Brenda) and Daryl and infant daughter Dianne.

Blanche devoted her life to family and community. With the opportunities that Bob's career presented, they moved the family across the Prairies from Medicine Hat to Regina and finally to Selkirk, providing a loving home for their children and selflessly

offering themselves as volunteers in each new location.

With the arrival of grandchildren, Blanche's heart filled with love for her angels which she spoiled at every opportunity. Thoughts of Grandma and Grandpa are filled with loving memories of treats, swims at the lake and the ever-present lap for cuddles and stories.

While in Selkirk, Blanche was active in curling and early on volunteered as a teaching assistant, then joined with Bob in offering her time with Selkirk Rotary and their beloved Knox Presbyterian Church. The culmination of her community work came with the countless hours she devoted for many years to the Selkirk House of Economy which she founded with her friend Artie Lawson and for which she received the Queen Elizabeth II Golden Jubilee Medal in 2002.

The family would like to thank the wonderful staff at the Golden Door Geriatric Centre for their kind attention to both Blanche and Bob's care over the years.

In keeping with her wishes, cremation has taken place and private interment will be held at a later date. Condolences may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Purvis Fontaine

Surrounded by the love of his family, Purvis Fontaine passed on the evening of April 12, 2023 in Selkirk, MB.

He leaves his lifetime partner of almost 59 years Bernice; daughters Cheryl and Melissa Fontaine-Simpson (Robert); son Clinton (Sandy); grandchildren Darren, Jacob, Sabrina, Kevin, Darryl, C.J. and Clinton Jr. and four great-grandchildren. Purvis will be sadly missed by his siblings Lillian Henderson, Perry (Delores), Don (Rose), Keith and Valerie Krivda and many, nieces, nephews, cousins and dear friends.

He was predeceased by his parents Virginia and Alphonse; siblings Linda, Edgar and Randal; in-laws Russell, Bertha, Eddie, Andy and Arnold; son Purvis Kyle and grandson Michael.

Purvis was a soft-spoken man who loved his wife and children fiercely and worked throughout his life to provide as best he

could. In their first years, he and Bernice lived in New Hampshire where work was hard but plentiful. Determined to provide well for his young wife, he worked in foundries and other labour jobs. Once the girls arrived, it was time to move back to Manitoba to be closer to family and to complete his family with a son. Purvis worked for Corrections Canada as a Living Unit Officer at Stony Mountain Penitentiary. Many times, he would run into former inmates who greeted him warmly and thanked him for being fair, respectful and for being one of the best guards.

Once the kids left the nest, he and Bernice bought their small piece of paradise out in Hillside Beach where they loved to have friends and family over for barbeques and visits filled with fun stories and many laughs. If you ever stopped at their home, open arms and LOTS of Bernice's cooking and baking greeted you and a care package to enjoy later.

His faith in and love for Jehovah, filled him with strength and hope for a resurrection, to a future where pain, suffering and death will be no more. He will be fondly remembered and sadly missed by many friends and his extended family of Christian "Brothers and Sisters"

"I'm right around the corner"

The family would like to thank the caring staff at Selkirk Hospital as well as the staff at Betel Home where he resided since January.

In recognition of Purvis' Indigenous culture, the wearing of ribbon skirts and shirts are welcome.

A memorial service will be held at Gilbert Funeral Home on Thursday, April 20, 2023 at 1:00 p.m. The service will be livestreamed via a link provided on his obituary on the Gilbert website.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Anne Maria Schroeder (nee Josten)

On April 13, 2023 at Betel Home, Anne slipped quietly away at 94 years.

She leaves behind daughter Monika Beatty and son Jeffrey Schroeder along with his wife Lydia Holt-Schroeder to celebrate her long life well lived. She also is survived by her granddaughter Carly Beatty (Shawn), grandchildren Brittany Holt (Brian) and Justin Holt (Raychel) (great grandchildren Rio and Maverick), together with family and friends in Germany and Minnesota; predeceased by two brothers and a sister.

Born in Dinslaken, Germany October 26 1928, she survived and conquered many challenges over the years. Anne married Rudi (died September/1998) and subsequently they, along with their young daughter Monika, left for an ocean voyage to Canada in April 1955, arriving by train from Quebec City in what would be their home in Winnipeg. She knew no English and had no family or friends in the new land. After many years in Winnipeg, she later moved and loved living at her home on Netley Creek in Petersfield where she spent many hours in her yard and garden.

Anne was a creative soul and always one to lend a hand. She loved nature and wrote many poems about its beauty. She knit, crocheted, and collected many things, most notably dolls of which she had thousands over the years. She created all manner of accessories for her beloved dolls and they were a source of pride and joy to her, and she enjoyed exhibiting them on a few occasions.

Anne always had a great love of children and they instinctively could feel that and were also drawn to her. She had many stories to tell them and songs to sing. One of her most loved jobs over the years was in housekeeping on the maternity ward of Misericordia Hospital where she received an award for her caring work. Of course for Mom, the bonus was being with all those babies! On one of her many casino bus trips down to Mahanomen, MN she collected money for and donated it to their Boys and Girls Club.

Cremation has taken place and honouring her wishes there will be no service. She would say take a walk in the beautiful natural world and remember me there.

Should anyone wish to make donations in her name, please consider one that supports children or nature.

We would also like to thank the staff of the Betel Personal Care Home for their care, support and compassion during the time our mom resided there.

Friends and family are invited to visit Anne's memorial page at www.interlakecremation.ca, where memories and condolences may be shared.

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Announcements

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OBITUARY



Douglas Clifford Hill

It is with heavy hearts that we inform you that we lost Doug. A week ago he lost Bobbie and on Saturday morning, Dad left to meet her.

We all go sometime, all we can hope is when it happens, is that we go fast. A long life with many chapters was had, there will be tears, but there will always be our memories of Dad. He had a great run, but his time had come.

Full obituary was published in Saturday, April 15th Free Press. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.

OBITUARY

Archibald (Archie) Dennis Chambers Jr. 1936 - 2023

Peacefully, on Sunday, April 9, 2023, at the Selkirk Regional Health Centre, Archie Chambers, aged 87 years, beloved husband of Gertrude, passed away.

In keeping with his wishes cremation has taken place and interment will be held at a later date. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

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SHOW HOME OPEN! FEATURE OF THE WEEK!














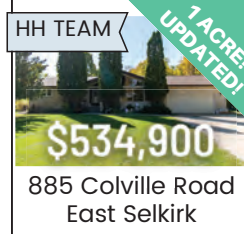




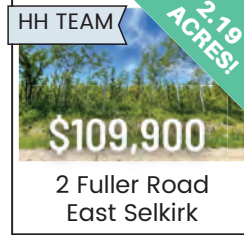


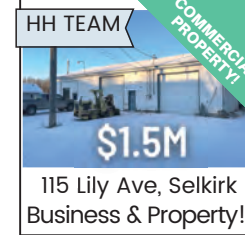







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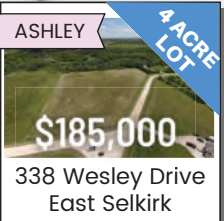

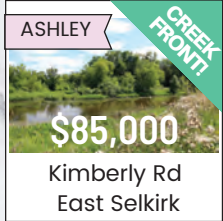


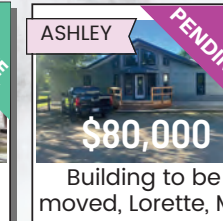
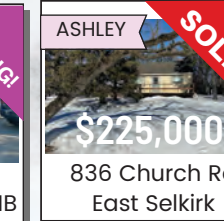


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