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S

2 The Selkirk Record Thursday, May 1, 2025

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### Awareness walk that our community needs to be safe for all to take place on May 17

### By Katelyn Boulanger

The second annual Take Back the Night is returning to Selkirk on May 17. This event is a local walk that is part of the global Take Back the Night movement and is hosted by Survivor's Hope Crisis Centre.

"This is an annual event for survivors of sexualized, gender-based violence. Honouring the lives and stories of Missing and Murdered Indigenous Women, Girls and Two-Spirit people, is our focus this year, but it's really just (a chance) to come together in community and reclaim our safety, reduce the stigma and fear of walking in the darkness, of walking in the evening and just reclaiming our rights," said Chantal Shibata, Reaching Out and Admin Coordinator for Survivor's Hope Crisis Centre.

Shibata explained that the event is

all about solidarity, healing and community. It will begin at the Selkirk Friendship Centre with an opening prayer by an Elder followed by a feast.

"Then at six o'clock, we're going to start our walk. We'll start at the Selkirk Friendship Centre. We will walk over to the Water Tower, and then from there, we'll walk back to the Waterfront, where we'll have a water bundle teaching and ceremony. We'll finish with walking back to the Selkirk Friendship Centre with a little closing ceremony, closing remarks and some tea and hot beverages for everyone," said Shibata.

Everyone in our community is invited to take part in this walk and Shibata wants the entire community to know that they are welcome to come

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**RECORD FILE PHOTO BY KATELYN BOULANGER** 

HOURS

MONDAY - THURSDAY 10-6 FRIDAY 10-7

SATURDAY 9-6 SUNDAY 12-5

Take Back the Night is a walk to spread awareness of the need to create a safe community for all residents. This walk takes place annually in Selkirk, Pictured: Residents from last year's event at the Watertower.

MAIN ST., SELKIRK

North of Manitoba Ave.



### 4 The Selkirk Record Thursday, May 1, 2025 > TAKE BACK THE NIGHT, FROM PG. 3

and support the effort to reclaim our safety.

"Last year we did it a little bit later in the evening, and this year we are starting at 5 p.m., and it won't be quite dark when we're starting to walk at 6 p.m. We're hoping that would be more inclusive for everyone in the community and for families to attend. Bring your children, bring your relatives. This is an empowering event for everybody, and we invite folks to bring their signs as well. This is a powerful event. We want our voices to be heard. We want our stories to be shared," said Gillian Schofield, Executive Director for Survivor's Hope Crisis Centre.

Schofield and Shibata know firsthand the importance of spreading the word about the need to create a safer community for all residents as in their roles at Survivor's Hope they provide inclusive support and sexual assault crisis intervention to survivors and those affected by sexualized violence as well as act as an education resource for schools, and engage community and service providers in the Interlake Eastern region of our province.

"(The walk is about) ending and getting rid of that stigma so people can feel empowered and supported by people. This, 'We have to hide it' idea doesn't support or serve anybody. We want this to be empowering and supportive and healing for folks," said Shibata.

Schofield agreed adding, "I think we often see too, in rural communities, because they're more close-knit and smaller populations, that there is the lack of anonymity and some folks may feel less eager to come forward. It might not feel safe for them to say that they're a survivor of sexual violence, especially if the perpetrator is known in the community. So, putting on an event like this, especially in the rural community, really shows folks you're not alone, that we stand with you, we support you, and we can all share in this together."

Speaking of sharing in the event together, the walk itself is a little under 2 and a half kilometres and is on sidewalks that are accessible for walkers, wheelchairs and strollers.

"We'll have security marshals too (as) volunteers who'll ensure that everybody is able to do this. The Selkirk Friendship Centre is also open throughout the entirety of this too if there're some people that just want to hang back," said Shibata.

The event is a demonstration of our community's principles that we truly believe that everyone deserves to belong.

Shibata explained that there were

some very powerful moments at last year's Take Back the Night.

"I really loved the chanting and that power that came with that. As a group, as a whole, it brought this beautiful power of voice together to just let the world know that you are supported, that we are here. That was beautiful and the water bundle ceremony as well. Having Elder Carol do that teaching and releasing of that water bundle meant so much, especially because Selkirk, it's a water city. It's built on the banks of the Red River and the Red River holds so much significance to the province, to its people. In some ways, it's been used for harm, especially with Missing and Murdered Indigenous Women, Girls

and Two-Spirit people and now we're reclaiming that power back right at the river level," said Shibata.

Both Shibata and Schofield encourage residents to come out to the Take Back the Night event.

"We would honestly just love to see people participate in the health of their community, in the support and love of their neighbours, to come in and feast and find out about the resources that are available to you, and have your voice heard for this generation and generations to come about why we have to claim back what should be allowed to everyone. Everyone should be allowed to walk at night safely, without fear of harm," said Shibata.

# **Selkirk Votes**



RECORD PHOTO BY BRETT MITCHELL

Voting is both a civic responsibility and a right that we as Canadians have during our federal elections. Last Monday, a line formed outside the Gaynor Family Regional Library's polling location even before the doors were opened, and despite the less than ideal weather, local residents got out to vote.

### Who are you walking for?

Gordon Howard Centre Thurs. June 5 • 5:30 pm Register Today! alzheimer.mb.ca



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AlzheimerSociety

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# Alzheimer Society hosting new support group in Selkirk

New support group to help residents with dementia as they navigate their journeys

### By Katelyn Boulanger

The Alzheimer Society is hosting a new support group for people with dementia in our region. The group will help those with dementia find community with others who are on the same path while also acknowledging everyone's journey with dementia is a unique one.

"A support group for those living with dementia is a first for Selkirk, but largely, all of our groups of this kind create just that safe space for those experiencing brain changes to talk about what it's like, gather resources and coping strategies, and just come together with those who understand what it's like," explained Samanta Holland, First Link Regional Team Lead for the Alzheimer Society

### of Manitoba.

The group won't just be about talking, however, as residents who participate will have some guidance to help them learn about various topics.

"This new offering will begin on May 8, at 10 a.m. and will run twice a month on the second and fourth Thursdays at Gordon Howard Centre and Alzheimer Society staff will lead participants through some of those thoughtful conversations, bits and pieces of education, and then some mindful activities," said Holland.

This group isn't specifically for people in any stage of dementia. Anyone who has dementia and wants to participate is welcome.

"The program is specifically for those experiencing signs of dementia, and who are open to talking about their experiences. That's really the only criteria. They could experience, memory loss, difficulty with language and communication, maybe changes in mood and behaviour, among other changes, but no formal diagnosis is required, and there's no age limit," explained Holland.

She said that being involved with a group like this can help people with dementia to find others who understand what they are going through.

"We know that living with dementia can be scary. It can feel very isolating, and there's a lot of unknowns when it comes to how fast things will progress, what to plan for, and what to make sure your family is aware of. So, while everyone's experience is different, there's often a lot of similarities when it comes to the emotions. Support groups give that space to talk openly. It can be a new network of friends and help overall feelings of acceptance and belonging," said Holland.

She welcomes anyone with dementia who would like to participate to reach out and give it a shot.

"Joining a support group might not feel like a typical everyday thing to do for people, but I think until you try it, you don't really know what it's going to be like. And, oftentimes, people walk away with a sense that there's a lot of life left, a lot of positives, even though we do talk about the hard times, there's still those silver linings and those connections that can be formed. I would just encourage people to give it a try," said Holland

Residents can get in touch with Holland by phone at 204-268-4752 and she wants to reassure them that even if you're not sure that it's right for you Holland is open to a conversation to explore that with you individually.

## Legion gets game changing upgrade





**RECORD PHOTOS BY BRETT MITCHELL** 

Residents in Selkirk will be able to view the Jets from every angle this season as Selkirk Legion Branch 42 have brought in a new massive screen to make Jets's, and any other viewing parties that they might host, extra special. Pictured left: Members gathered to watch game four of the Jets vs Blues playoff. Right: Janie Smith whipped up the crowd by twirling her Jets white out towel.





### 6 The Selkirk Record Thursday, May 1, 2025 Hermann and Henritte Meyer celebrate their 70th anniversary

Local couple moved to area and created a great life for themselves and their family



### By Katelyn Boulanger

A few couples reach their 50th anniversary, some their 60th, but a 70th anniversary is something truly special. Earlier this year Hermann and Henritte Meyer did just, that celebrating 70 years of marriage.

The couple met in Germany at a dance in the 1950s.

"It's a little bit of a story to it, because my parents, after the war, they started to build their own home. It was a development and the people had to work on that development. There were 40 houses, and nobody knew which was their house. It was worked (on by the) community. A bunch of people got together, and they got picked and they started building, and when the houses were half finished, each one drew from a hat (to find out) which one was theirs. For me, I was, at that time, already out of my apprenticeship. I helped them building this house," said Hermann.

The development had a dance that took place every November.

"I was living two doors further from him, but we didn't know each other. I just moved in and those people where I was living had a room and they asked me if I wanted to come with them to the dance," said Henritte.

Hermann wasn't actually planning to attend the dance but was dropping off his grandmother, the dance was mostly older people, when he saw Henritte and asked her for a dance.

It was about two years from when they met until they got married.

The couple explained that it was a bit difficult to get married in Germany at the time. Hermann needed to be 21 and they needed to provide proof that they had a home to live in before they could be married. As there was still a lack of housing after the Second World War, the home they ended up in was quite small.

"Her older sister, they had a house. She offered us to finish the loft upstairs so we could marry and move into that loft. But there was no sewer, no water. Everything had to be lugged from the main floor. There was an outhouse, so it was very low-key. It was not a suite. It was just under the roof. We finished it ourselves. We had a bedroom, we had a kitchen, living room, and that's where we lived for two years," said Hermann.

They had the wedding at the house in the development where they met and they cleared out the furniture so that their relatives could celebrate



**RECORD PHOTO BY KATELYN BOULANGER** Happy 70th anniversary to Hermann and Henritte Meyer!

with them.

Even before they were married, Hermann had gone through an apprentice program and was a cabinet maker. The way education was structured in the 1950s meant that he started studying his trade at 14 and had completed his training by 17. He utilized these skills in Germany and again used them when the couple moved to Canada.

Henritte's education was a bit more complicated than Hermann's but she was planning to work as a seamstress and at that time she had to wait for an opening for her apprenticeship to continue.

"I worked for people. I cleaned the house and I did their households, waiting for my apprenticeship, because it took four years, but in the meantime, I met him, and then I got married, and then I got my okay for the apprenticeship, but then I didn't want to go to school anymore. We came to Canada instead," she explained.

Hermann and Henritte made their way to Canada as a few of Henritte's relatives had already made the move. They originally made their home in Winnipeg.

After some time, Henritte's parents came to live with them and they also expanded their family with the births of their children.

Hermann originally worked in construction but moved back to cabinet making. Henritte worked in a factory doing sewing work before taking time away from the workforce to care for her parents and children. The couple also moved to their second home in Transcona.

"Her parents were still with us in that house, and we had three children in the house, two girls and a boy," said Hermann. After Henritte's parent passed away they made their move out of Transcona and to St. Clements building their home on Hwy. 59.

Their Transcona home sold more quickly than they realized it would and so they moved out to St. Clements quite quickly.

At the same time, Hermann started his own business in the area.

"I got a lot of work here in Selkirk, all the way up to Grand Beach some of them and that's how I got to know Selkirk," said Hermann.

They had originally purchased the land in St. Clements a few years before thanks to the encouragement of one of Henritte's brothers and the time was right for them to build in 1982.

"That was always my push. I wanted to go on my own. Instead of building a shop, we figured we'd build the house right away. There was enough money to do the framing. We had the windows in and the roof. We went to Steinbach and bought a trailer, big house trailer and put it on our property, and we lived in there," said Hermann.

The trailer only worked for them for so long because the water to the trailer started to freeze when the weather turned cold. Luckily, they had a plan.

"We moved into the basement in the house. We made a kitchen down there. We put cupboards there, everything. All our kids and friends, they came and helped us unloading the big semi-trailer, and we put the house trailer up for sale," said Hermann.

The couple explained that even in the house's basement it was a chilly winter.

"It was cold. It was not insulated yet," said Hermann.

# Lily Pad Cruisers give back to community





# Selkirk RCMP respond to a fatal collision involving motorcycle

### Submitted by Manitoba RCMP

On April 26, at approximately 4 p.m., Selkirk RCMP attended a motor vehicle collision on Highway 9 near Mitchell Bay in the Rural Municipality of St Andrews.

A motorcycle travelling south on Highway 9 collided with a 3-ton truck that was turning westbound onto Mitchell Bay.

The 30-year-old driver of the motorcycle from Winnipeg was pronounced

### deceased on scene.

Highway 9 was closed to both north and southbound traffic for a couple of hours due to the collision.

The 67-year-old driver of the 3-ton truck had his licence suspended under the Highway Traffic Act. Alcohol is believed to be a factor in this collision.

The Selkirk RCMP along with the RCMP Forensic Collision Reconstructionist continue to investigate.



RECORD PHOTOS BY BRETT MITCHELL

The Lily Pad Cruiser's fundraising efforts have once again had a positive impact on our community. The group has given out \$5000 this past week. The Lord Selkirk Regional Comprehensive Secondary School received two \$1000 bursaries for students carrying on in the automotive trade, Our Daily Bread Food Bank received \$1000 to continue to provide lunches for local residents, and the Selkirk Regional Health Centre received \$2000.



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### <u>SelkinkRecord</u>





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### MPI, RCMP urge drivers to slow down as summer road trips begin By Annaliese Meier

With the cold winter months in the rear-view mirror and summer straight ahead, Manitobans are hitting the road with adventure on their minds — but speed can stop you in your tracks. It just takes seconds for an adventure to turn into a tragedy.

Manitoba Public Insurance (MPI) and the Manitoba RCMP are working to help drivers avoid having speed ruin their next great adventure.

Music up, windows down and clear, dry roads ahead can make a driver forget that no matter the road conditions, there can be severe consequences to driving too fast. At high speeds, your field of vision is reduced and your reaction window shortens. Like switching from a wide-angle lens to a zoom lens, you can easily miss what is happening around you and lose the opportunity to react.

mean the difference between life and Automated Licence Plate Readers, death. MPI data shows that at 30 kilometres per hour, a pedestrian's fatality risk is around five per cent. At 65 kilometres per hour, that fatality risk jumps to 80 per cent.

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

In the last three years, 68 people have died and 2,220 have been injured in collisions on Manitoba roadways where speed was a contributing factor. The number of speed-related collisions in Manitoba from 2022 to 2024 totalled 10,499.

"Speeding is one of the most dangerous high-risk driving behaviours we see in Manitoba," said Maria Campos, MPI vice-president and chief customer and product officer. "The thousands of crashes and the high number of fatalities is very concerning, and we want to make sure that law enforcement has the tools they need to help curb this behaviour. We are proud to support the purchase of

and continue to fund Enhanced Enforcement Programs focused solely on speed. These tactics help in cracking down on dangerous behaviour, but the best outcome is drivers keeping their speed within the legal limit."

From 2022 to 2024, law enforcement issued 1,326 Serious Offence Notices to drivers exceeding the speed limit by more than 50 kilometres per hour.

"Road safety has been and will continue to be a top priority for the RCMP," said Staff Sgt. Shelley Lepla, Manitoba RCMP Traffic Services Enforcement commander. "We are committed to working to decrease speeding and speed-related collisions throughout Manitoba."

Summer adventure does await so let's all slow down, enjoy the ride, and, most importantly, reach our destinations safely.

Even small increases in speed can

### Manitobans encouraged to review measles immunization records

Submitted by the government of Manitoba

Public health officials with Manitoba Health, Seniors and Long-Term Care are advising Canada is now experiencing the largest measles outbreak since measles was declared as eliminated in 1998. Over 90 per cent of cases across Canada are unimmunized or have unknown vaccination status, and nine per cent of cases have been hospitalized.

Measles elimination in Canada was a result of a high percentage of people receiving the measles vaccine. Throughout National Immunization Awareness Week, April 21 to 30, Manitobans are encouraged to review their immunization status against measles to prevent a large outbreak in Manitoba:

- For those born in 1985 and later, it is likely immunization records are in the provincial immunization registry. For people who don't have their immunization records, records can be checked by submitting an eform

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at www.gov.mb.ca/health/publichealth/cdc/div/records.html or asking a health-care provider, pharmacist or local public health office. For individuals who are not immunized, they are eligible for two doses of a measles-containing vaccine.

Manitobans born between 1970 and 1984 are likely immunized against measles as Manitoba's measles vaccine program started in 1967. However, Manitoba did not have a centralized immunization registry at that time. If someone has reason to believe they weren't immunized, they can talk to their health-care provider about immunization. Health-care providers can also check to see if they have previously had a blood test for immunity. Anyone who wasn't immunized is eligible for one dose.

- Those born before 1970 are generally considered immune to measles. This is because the measles virus was still circulating frequently at that time. The theme of this year's National

Immunization Awareness Week is 'Don't Let History Repeat Itself. Protect Your Future. Get Immunized.'

The campaign notes vaccines save millions of lives each year by preventing illnesses such as measles. Before measles vaccinations were available, about 10,000 to 90,000 people living in Canada were infected with measles every year. Vaccines against measles and other illnesses are available throughout Manitoba for individuals of all ages through public health clinics and health-care providers.

For vaccine eligibility, visit www. gov.mb.ca/health/publichealth/ cdc/vaccineeligibility.html.

For more information about measles, visit www.gov.mb.ca/health/ publichealth/diseases/measles.html.

For a variety of resources, including fact sheets, vaccine safety information and frequently asked questions, visit www.gov.mb.ca/health/publichealth/cdc/div/index.html.

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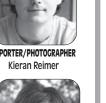
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or call our office at 204-785-1618 can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

### **TROUBLE WITH PAPER DELIVERY?** Christy Brown, Distribution Mgr.: 204-467-5836

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### *The Selkirk Record* Thursday, May 1, 2025 **9** The Army, Navy and Air Force Veterans in Canada celebrates 185 years

### By Katelyn Boulanger

Last weekend the Army, Navy and Air Force Veterans in Canada (ANAVETS) held a provincial meeting in Selkirk which was a great opportunity to catch up with the service organization members and learn about their group's 185-year history.

"It was started by Queen Victoria. And, it was started because the Armed Forces at that time were coming back from India and places like that. They were coming back to England and the officers now had their own little private club in London. When they came back to what they called, at that time, the colonies, they didn't have anywhere. So, in 1840 (the Queen) formed a club in Montreal for specifically, the officers that had served with the British Army. Well, there was no Canadian Army at that time," said Duncan M Anderson ANAVETS Rockwood Unit #303 President and Manitoba and North-Western Ontario Provincial Command (NMWO) 1st VP./ PR.

Eventually, the club became a group that was open to all Army and Navy members because at that point the Air Force didn't yet exist. Eventually, when the Air Force came to be, they were also included.

"The club started, and then it became popular across the country. Winnipeg actually had the first unit outside of Montreal. Number one was that unit right here. So that's basically how it started and then it just grew and grew," said Anderson.

Now it is a local service club composed of veterans and non-veterans.

"Today, its primary role is to advocate for veterans, get involved in the local communities, and, you know, the same as any other service organization in some regards, but the number one focus, I think, is still veterans advocacy," said Colin Hourie, CD Dominion Vice President of the ANAVETS.

Sheldon Clupp, NMWO Provincial Command

President, agreed saying "That's as our organization as a whole. I would say at the unit level, it's more to provide a place for organizations, for cadet or other military support groups and stuff like that, to have a place to meet and have fundraisers."

Connie Rapko, our local unit 151 president and an executive member of the ANAVETS spoke about what the ANAVETS do in our community.

"What we do here is we sponsor two \$500 scholarships for the high school and one for the Navy cadets. If there's a Cadet aging out, then they get an Army, Navy scholarship also. So, I think one of the things we're trying to (do is) work a little bit with the youth. Another thing we do here as a unit is our donations are zeroed into the community that we serve. We've raised money here for Homes for Heroes. We've been involved in the donations and sponsorship for the Christmas hampers and we used to, at one time, do our own hampers. But (Kevin Christiansen with Big Hearts Christmas Hamper Program) is doing such a wonderful job that now we just give them a dollar amount instead of competing with them," she said.

Despite being very thankful that we have fewer veterans coming home, simply because we have enjoyed more peace than previous generations have, Anderson says that the ANAVETS are still going strong in our communities 185 years later.

"I think there's a lot of reasons, but when you're talking about in the community, I think, we send people out the week before November the 11th. We send our people to the schools and that talking about what the veterans have gone through, what November the 11th means, and that sort of thing. I think it's because of that kind of continued education and of the continued involvement of the cadet corps. We've got a big supper tonight at our club (the Rockwood branch) for the Navy League. Therefore those kids, they grow up and they now



**RECORD PHOTO BY KATELYN BOULANGER** NNWO Provincial Command of ANAVETS met at Selkirk's unit 151 last weekend.

become members of the ANAVETS because they grew up in this history.

Residents should know that you don't have to be a veteran to join this club and many members of our local club take part to honour someone in their families or to honour the veterans in our community.

Rapko encourages residents with questions about becoming a member to come into the local branch on Clandeboye Ave. and learn more about the process and membership options.

Hourie also mentioned that all retired service members and first responders who join get their first year's membership free of charge.

As for celebrating the 185th anniversary, the local branch doesn't yet have any celebrations on the books but they encourage residents to watch out for upcoming events that will be taking place such as their Christmas in July event.

"Come out and pay us a visit. Yeah, see for yourself. I mean, Connie will welcome any member from Selkirk, ex-military or not, to come out and experience it. And, if you think you want to be part of it, buy a membership," said Hourie.

### > HERMANN AND HENRITTE, FROM PG. 6

"We had a cat because we got mice in the trailer. So, we got a cat, and she was white, a little bit orange. And then we had heaters all around to keep us warm, (space heaters). I came from work with a parka on. I never took it off. I cooked with the parka because it was so cold in the basement, and the house was so big, you know, and then one morning I said, 'How come our cat looks more orangey than she looked before?' She was going on the heater to get warm," said Henritte.

"She singed her hair," laughed Hermann.

They continued on with Hermann's business growing and the house was completed with a three car garage that housed Hermann's workshop.

Over the years they worked very hard with some projects going into the wee hours.

Eventually, their son did an apprenticeship with Hermann and also became a cabinet maker. As for Hermann, he didn't really retire but he eventually slowed down.

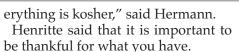
Recently the couple sold their home in St. Clements and moved to Selkirk.

They celebrated their 70th wedding anniversary at Gaffer's in Lockport.

They have three children, five grandchildren and four great-grand-children.

They, of course, had some great marriage advice to share.

"You never go to bed when you have an argument. Always make sure that you say good night and that ev-



As for life advice in general, Hermann explained that it's important to keep busy. thing," said Hermann.

Henritte said, "My dad always used to say, to live a long life, you should pray like you die tomorrow, but you should work like you live forever."

"It is very important that you keep active, not just physically, but also mentally, that you do some-





### **10** The Selkirk Record Thursday, May 1, 2025 Winnipeg Clubs hockey team hosting golf tournament for charity

# Winnipeg team with Selkirk members is helping out Manitobans

### By Katelyn Boulanger

The Winnipeg Clubs Oldtimers Hockey Team have many members from the Interlake region. The men's hockey club is a club not only dedicated to sport and community but also to fundraising. As such, they are inviting residents to a charity golf tournament to fundraise for good causes.

"The way the team basically works is we're a bunch of guys, we get split up at the beginning of the year into the red and white jerseys that we have, and then we basically play every Monday and Thursday, and then at the end of the year there's a draft that goes on," said Gary Dear, a Winnipeg Clubs Oldtimers Hockey Team member.

The draft puts the players into teams and they vie for The Coupe, which Dear says is very much like their version of the Stanly Cup.

"Trust me, there's a lot of bragging rights for that thing," said Dear.

The team has about 18 local members in their current roster.

The club was originally founded by Bud McCormick in 1977.

"He was a guy who came over from Dominion City back in the 30s, played in the NHL, played professionally in Europe and all that. When his playing years were done, came back here and still wanted to keep playing, but not



at the NHL level, of course. There was a league called the Manitoba Oldtimers, and I guess they had so many players (that it was hard to) get onto the team. So, he actually was working for Labatt Brewery at the time and decided to start up his own team and ask Labatt if they would sponsor him. That's where the name the Clubs came from, right. From Labatt Brewery, who make Club beer," said Dear.

McCormick's name isn't the only one hockey fans will recognize as a founding member.

"Ab McDonald had just been playing for the Jets at that time, so McCormick actually asked Ab McDonald to be the captain of this team," said Dear.

The Clubs team has been playing together ever since carrying on a soonto-be 50-year tradition of hockey in the province.

Their legacy isn't just in the realm of hockey, however, as the team fundraises for charitable causes as well.

"It's not just the Coupe. What we do for our big fundraiser, we put out a golf tournament every year. It's at Glendale Golf & Country Club on May 20, the Tuesday after the long weekend, and every penny that we raise from that goes straight to charity," said Dear.

He also mentioned that the player's registration fees are used for their hockey tournament and winter games so none of the money raised from the





**RECORD PHOTOS SUBMITTED** 

Above: Most of the region's players who took part in the latest tournament to win the coveted Coupe. Below: The Coupe itself.

golf tournament goes anywhere other than their charitable efforts.

The Winnipeg Clubs Oldtimers Hockey Team are looking for businesses who want to sponsor the tournament and if there are players from that business who are golfers there are also opportunities to play.

Over the years the Clubs have raised over half a million dollars and helped many groups. Some of those groups are:

- The Dream Factory
- Sleep in Heavenly Peace
- Hockey Fights Cancer
- Toba Center
- The Children's Hospital Foundation
- The Juvenile Diabetes Association
- The Children's Wish Foundation
  The Children's Rehabilitation Foundation
- Harvest Manitoba
- The Movement Center
- W.A.S.O.
- Special Olympics
- Dove Homes Ltd.
- The Cystic Fibrosis AssociationThe Neutropenia Support Asso-
- ciation The North End Women's Center Soldier On
- They've also helped individual fam-

ilies who could use a helping hand. Dear encourages anyone who would like to sponsor a good cause to look into this opportunity.

"That's the whole idea. We were basically a group of guys who just want to get together, have some fun and



raise some money for different charities along the way and over the years, it's been a blast," said Dear.

To learn more about the Winnipeg Clubs Oldtimers Annual Charity Golf Tournament and to sponsor email WinnipegClubs@gmail.com.

### The Selkirk Record Thursday, May 1, 2025 11

### **Every picture tells a story: Chantelle Dione will take you on a photographic journey of discovery**

#### By Patricia Barrett

If you've ever thought your driver's licence photo is a true reflection of what you look like, don't despair and consider paying Stonewall-based photographer Chantelle Dione a visit as she's sure to set you up for your best shot.

Dione specializes in making people photogenic, inviting her subjects to live through the lens and come alive on the canvas. She can turn self-perceived negatives, pardon the pun, into works of beauty – some of which have earned her accolades.

And people are starting to cotton on to what Dione can do and what they themselves can express in front of a camera, whether it's for their own personal photographic archive or for work-related image branding.

Dione has years of experience in portrait photography – including study with The Portrait Masters – combining the fundamentals of photography with an infinite variety of artistic expression. And she wants to educate people on what they can expect from hiring her.

"I am an empowerment portrait photographer. I work primarily with women to create images that reflect their confidence and authenticity," said Dione. "I'm finding that folks are curious about empowerment photography and they might not know what they're going to do with these photos. Or they don't know if this is something they even want to do. So, I want people to think and reflect on why they want photos of themselves and be educated in order to make an informed decision, to say, 'Yes, I really want to celebrate myself.' If someone is on a self-love or empowerment journey, this can aid in that."

She invites prospective clients to download her Top 10 questionnaire from her website and think about what they're looking for – whether generally or specifically – and why they want it. She also wants to chat with them before they decide on whether they want to experience the brighter side of photography.

After a few minutes of chatting with Dione, you'll feel completely at ease, as though she's an old school chum you've known for 40-plus years. And that's exactly how she wants her clients to feel so that they can work together to produce the most flattering expressions.

"When someone inquires about my photographic services, I ask them to come and meet me. I love to connect with people on a personal level, and I feel that because of this type of work and the vulnerability [inherent in it], having people meet me in person, see



Dione creates stunning empowerment photographs.

the studio, gauge my energy and find out who I am as a person is extremely important to this work."

There's a lot of preparatory work to do before the shutter falls. She and her clients will do a wardrobe consultation, talking about what to wear and how to wear it so that when it comes time for the photo shoot, there'll be "nothing left to chance." She also gives her clients a preparation guide.

When it comes to guiding people through the photographic journey, Dione said she's "hands-on" and creates spaces in which people feel free to experiment.

"I create a space for people where we can have moments. Yes, I can photograph people in under 20 seconds, but that's not what I want to do. Someone needs to get to know me. They need to have that moment where they think, 'I'm not photogenic' and we can work to redirect their mindset into 'I just haven't had a good portrait taken of me.'" said Dione. "No offence to other photographers, but some people just haven't had a good photographic experience; the majority of us have had our driver's licence and passport photos, which are absolutely horrid in general, and sometimes that's the only photographic experience we've had and where no one has set you up to look like your best self."

As women age, they may lose confidence in how they think they should look given unrealistic expectations of society and an emphasis on youth and beauty, as well as relentless marketing that tells women and girls they must strive to appear youthful. But Dione says women are beautiful at any age.

"It's still there. Women just have to be okay with some of the changes that happen to our faces and bodies.



EXPRESS PHOTOS BY CHANTELLE DIONE

Chantelle Dione is a Stonewall-based photographer that specialises in empowerment, work-related branding and boudoir photography.



They should think, 'I earned this and I deserve to celebrate this in every aspect or stage of my life.' That woman is still there. She is still valuable and worthy of being photographed this way. It doesn't stop when you hit 40. When you're in your 80s, please come to me I will show you the world. I think we need to understand that beauty doesn't stop because we age."

In addition to boudoir and empowerment photography, Dione said she works with corporate and business clients wanting to brand themselves



or have the most flattering head shots to share on their social media or other marketing materials. Most corporate head shot photography is "quick and dirty" but Dione likes to take her time to get the best shot.

"I like to bring my empowerment approach into the corporate or work environment where I take the time to make people feel comfortable. I take the time to adjust their hair, their suits and make sure the photos I'm taking

### 12 The Selkirk Record Thursday, May 1, 2025 Dry conditions spark burning restrictions across Eastman and Interlake

### Keep an eye out for local burn bans being put into place in the region

### By Lana Meier

As dry spring conditions continue to grip the Eastman and Interlake regions, a growing number of municipalities — including St. Clements, Alexander, Victoria Beach, Fisher, Coldwell and Armstrong — have issued burn bans to curb the heightened risk of wildfires.

The RM of Alexander has implemented one of the strictest bans to date. No outdoor fires of any kind are permitted, including fires in approved pits. The discharge of fireworks and sky lanterns is banned, and all motorized backcountry travel — including ATVs and other off-road vehicles — is prohibited until further notice.

The elevated risk became clear over the weekend when the Victoria Beach Fire Department was called to battle a fast-spreading grass fire in Traverse Bay. Residents were evacuated Saturday as the fire advanced, but by nightfall, the blaze was brought under control thanks to the assistance of water bombers.

The RM of Victoria Beach will implement a fire ban starting Monday, April 28, 2025.

<sup>*i*</sup>This will not impact services in the community; it will provide a safer environment for residents, visitors and our emergency departments and personnel who get called into action when fire events occur," said Mayor Penny McMorris.

The ban prohibits the use of all offroad vehicles across the municipality and forbids the use of open fires and fire pits. Fireworks are already banned at all times within the RM.

Officials are urging all residents to remain vigilant, noting that even small sparks can lead to fast-moving fires under the current conditions.

The RM of St. Clements has banned all burning until further notice, including backyard fires in approved fire pits, the discharge of fireworks, and burning at transfer stations.

The local restrictions come as Manitoba enters a critical period for wildfire activity. Spring is traditionally one of the most dangerous seasons for wildfires in the province, as dead vegetation from the previous year dries out and becomes highly combustible. Without significant moisture from rain or lingering snowpack, even a small spark can lead to fast-moving fires — especially under windy conditions typical of Manitoba springs.

Human activity is the leading cause of wildfires in the early season, according to provincial wildfire offiThe Manitoba government reminds all residents that provincial burning permits are required for outdoor fires set within designated burn permit areas between April 1 and Nov. 15 each year. Permits, available from Natural Resources and Indigenous Futures district offices, may be cancelled or restricted on short notice depending on fire danger conditions. However, permits will not be issued in areas where municipal bans are already in place.

Although there are currently no provincewide burn or travel restrictions, officials are encouraging Manitobans to use extreme caution. Travellers and workers are urged to stay on developed trails when venturing into permitted backcountry areas, as off-trail travel can heighten the risk of sparking fires. All-terrain vehicle operators should check for debris around engines and exhausts regularly and are advised to carry a fire extinguisher, axe and shovel at all times.

Burn permit holders are reminded to monitor weather forecasts closely, ensure they have sufficient firefighting equipment on hand, and establish fuel breaks before igniting any fires. Outdoor fires must never be left unattended and must be fully extinguished before leaving the site.

Manitobans are also encouraged to take proactive steps around their properties by undertaking FireSmart activities. FireSmart Canada recommends pruning tree branches within two metres of the ground, removing flammable debris, and maintaining a defensible space around homes to help limit the spread of surface fires.

In a typical year, Manitoba averages around 400 wildfires, burning roughly 200,000 hectares of forest and grassland. Spring fires are often smaller but can be among the most dangerous because of their rapid spread and proximity to communities and infrastructure. The risk typically declines once new green vegetation emerges in late spring or early summer, but early-season vigilance is critical.

For a full list of municipal burning restrictions, visit www.gov.mb.ca/ wildfire/burn\_conditions.html. For wildfire situation updates and safety information, visit www.gov.mb.ca/ wildfire or follow the Manitoba government's X (formerly Twitter) account at https://twitter.com/mbgov. To report a wildfire, call 911 or the

province's toll-free TIP line at 1-800-782-0076.





**RECORD PHOTOS SUBMITTED** 

Victoria Beach fire department was battling a fast spreading grass fire in Traverse Bay over the weekend. Traverse Bay residents were evacuated Saturday. Fortunately by nightfall the fire was under control thanks to the water bombers

### > CHANTELLE DIONE, FROM PG. 11

are the ones they want to share on LinkedIn or their website and other social media sites."

Dione learned to take really good photos by virtue of years of technical education, self study and being part of a globally recognized online education organization called The Portrait Masters, which teaches posing, lighting, natural lighting, fashion, portraits and painterly portraits.

"I've been part of Portrait Masters since 2017 and I'm an award winner through that. I've gone to conferences with that community and I submitted work for that award," said Dione. "What it basically comes down to is learning to see the light and telling a story with a portrait. It takes a lot of education and a lot of trial and error. You have to be okay messing up – or what we think is messing up – in order to learn."

In addition to working mainly with women, Dione has worked with female-identifying, non-binary and two-spirit clients.

"I have clients that have wanted to explore their 2S side, their feminine side of themselves, which has been a fun journey for both them and for me," she said.

Dione's website (chantelledione. com) showcases some of her photographic work and will give people a good idea of what portrait and empowerment photography can do.

To chat with Chantelle Dione, call her at 204-461-0532, fill out the contact form on her website or email: info@chantelledione.com



### 14 The Selkirk Record Thursday, May 1, 2025 National Immunization Week highlights importance of measles vaccine

#### By Marcy Timchishen, R.N., B.N.

Don't let history repeat itself. Protect your future. Get immunized.

National Immunization Week took place from April 21 to 30. As measles cases continue to resurge across Canada and around the world, Manitobans are urged to check whether they are up to date with their measles vaccinations.

Only a few decades ago, there was no way to protect yourself from devastating diseases such as polio, tetanus, diphtheria and meningitis — or from highly contagious infections such as measles. Outcomes were often tragic, leading to lifelong paralysis, stillbirth, neurodegenerative disease, encephalitis and even death.

Vaccines changed this landscape. As time progressed, more and more diseases became preventable by vaccination, and health outcomes improved dramatically. Before the measles vaccine was introduced, Canada's peak case count during the 1950s was 61,370. By the late 2000s, cases dropped to just 752, demonstrating that measles vaccination is highly effective.

Despite these statistics, an immense amount of misinformation continues to circulate in communities and across social media platforms.

Myth: Measles isn't a big deal.

**Fact:** Measles is highly contagious. One in 10 people who catch it will develop serious complications, such as pneumonia, ear infections or even brain inflammation and permanent damage. Myth: The measles vaccine, given as part of the measles, mumps and rubella (MMR) vaccine, causes autism.

**Fact:** False. No evidence shows the MMR vaccine causes autism. This myth originated from a UK doctor who falsified studies and data. No legitimate studies have found a link between MMR and autism.

Myth: No one catches measles anymore.

**Fact:** Measles cases are rising worldwide, including in Canada and Manitoba. Vaccination remains the only effective way to protect against measles.

When making decisions about vaccination, it is important to base choices on facts — not hearsay. Speaking with a health professional can help answer any questions. Reliable, science-based information is also available through sources such as Manitoba Health, Seniors and Long-Term Care (www.gov. mb.ca/health) and BC Health (www2. gov.bc.ca/gov/content/health).

In contrast, blogs and social media platforms such as Facebook are often not scientific and may not provide accurate information.

With the current rise in measles cases, it is important to know:

• Early symptoms of measles include fever, runny nose, cough and red eyes. A red, blotchy rash — starting on the face and spreading down the body — is the most recognized symptom. Measles can be especially serious for young children, pregnant individuals, and those with weak-



PHOTO SUBMITTED

A young child receives a routine vaccination during National Immunization Week, an important reminder of the role vaccines play in preventing serious illnesses such as measles.

ened immune systems.

• Measles is very contagious. Immunization is the best way to protect yourself and your children. In Manitoba, children can receive two doses of a measles vaccine free of charge.

Any time is a good time to talk to your health-care provider or public health nurse about updating your children's or your own immunizations.

If you have questions about immunization records, wish to schedule an appointment, or are unsure if your vaccinations are up to date, contact your local public health nurse. Contact information is available at www. ierha.ca under "Find Us" and click on "Community Health Offices."

To learn more:

Recommended vaccination schedules for children and adults can be found on the Province of Manitoba's routine immunization schedules webpage: https://www.gov.mb.ca/ health/publichealth/cdc/div/schedules.html

For more information regarding immunization information on the internet and can you trust what you read? visit https://www.immunize.ca/ sites/default/files/resources/imm\_ info\_internet\_2017\_e.pdf

## **CPAWS** offers free group hike at Narcisse Snake Dens

#### By Jennifer McFee

Mark your calendars for an opportunity to explore nature while enjoying a sssssslithering good time.

On Saturday, May 3, the Manitoba chapter of Canadian Parks and Wilderness Society (CPAWS) will host



two free 3.2-kilometre group hikes at the Narcisse Snake Dens.

CPAWS is an environmental nonprofit that works to protect Manitoba's land and waters for future generations.

This site is home to the world's larg-

est gathering of garter snakes, with tens of thousands of red-sided garter snakes emerging every spring from their hibernation dens. Katie Borgfjord, digital marketing co-ordinator for the Manitoba shares chapter, her enthusiasm for the upcoming event.

"We are so excited to check out the snake dens. This will be the first time the CPAWS Nature Club is going to the snake dens," she said.

"We are so excited to explore with fellow nature lovers, get outside and see the snakes. Scared of driving out that far? Scared of snakes? A CPAWS group hike is the perfect way to explore outdoors in a safe group environment."

Borgfjord outlined some of the benefits of participating in the group hike.

"There are so many benefits to spending time outdoors. Specifically, the benefits of attending an event like this is the safety," she said.

"We hear that lots of people are scared to venture into the wilderness due to uncertainty, unaware of poisonous plants, unaware of animals or just navigating. Our group hikes give attendees the feeling of safety in groups, new people to connect with and feeling connected to the earth." To learn more about the CPAWS



PHOTO SUBMITTED

A red-sided garter snake slithers through the Narcisse Snake Dens, home to the world's largest gathering of garter snakes. CPAWS Manitoba will host free group hikes at the dens on Saturday, May 3, offering a safe and social way to experience the natural phenomenon.

Nature Club, including its upcoming outings and workshops, visit the events page at cpawsmb.org.

All are welcome to join the Nature Club Facebook group, which is a place to meet new people, plan carpools and connect after the hike.

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### 16 The Selkirk Record Thursday, May 1, 2025 Evening of History takes place May 14 at Memorial Hall

### Submitted by the City of Selkirk

The annual Evening of History, sponsored by Métis N4 Construction Inc., will take place May 14 at Memorial Hall and feature guest speaker, historian and author Gordon Goldsborough.

The event is a fundraiser for the Selkirk Heritage Endowment Fund (SHEF). The City of Selkirk established the fund in 2012 as a perpetual endowment fund to support the operational costs of a new museum. Until a physical museum is created, the fund pays out grants to the Marine Museum of Manitoba and to a dedicated staff person who manages and populates the city's online museum.

Since its inception, the Evening of History has raised more than \$30,000 and SHEF has granted \$198,337.

Shay Nordal, the Manager at the Marine Museum, says the funds from SHEF are critical to the museum's success.

"The annual funds provided by SHEF have been instrumental in stabilizing the Marine Museum after years of financial decline. This stable and reliable support ensures our continued operation and preservation of Manitoba's maritime heritage," Nordal said.

"In recent years, we've focused on enhancing our exhibits and undertaking substantial exterior ship restoration projects. A notable achievement was the successful restoration and repainting of the C.G.V. Bradbury's exterior last year."

The Marine Museum has also expanded its programming, offering

new and unique tourism experiences for visitors, thanks in part to funding provided by SHEF.

Ellie Longbottom, the city's Culture Coordinator, says those who attend the Evening of History are doing their part to ensure the past won't be forgotten.

"It's a fun night out where people can socialize but they also get to learn about Selkirk's and Manitoba's history," Longbottom said.

"Thanks to the support of the Evening of History we've been able to improve the virtual branch of the Selkirk Museum. There are more than 90 exhibits now and they have a great following, so it's nice to know that people are enjoying them."

The event is planned with the Selkirk Heritage Advisory Committee, whose members volunteer their time and knowledge to support the preservation of local stories. The evening includes light refreshments, entertainment, heritage displays, draws, and a silent auction along with Goldsborough's keynote presentation.

Goldsborough is renowned for his work to keep history alive. He's the author of five books including Abandoned Manitoba and More Abandoned Manitoba. He's also a CBC Radio personality, writes a weekly column for the Manitoba Co-operator, posts videos on YouTube, and is the editor of Prairie History magazine. He's retired from the University of Manitoba's Biological Sciences Department, and he's the archivist for the Manitoba Agricultural Museum and the Head Researcher and Web-

> master of the Manitoba Historical Society.

Goldsborough does many speaking gigs and his year of retirement has been busy and enjoyable.

"They're all fun. I wouldn't do it if it wasn't," Goldsborough said the morning after he gave a talk to the Manitoba Genealogical Society in Brandon.

"It's the opportunity to share what I've learned with people and especially to tell them stories that they've probably not heard before. There's a few stories in Manitoba



**RECORD FILE PHOTO BY KATELYN BOULANGER** 

A photo from a previous Evening of History. The annual Evening of History events support the Selkirk Heritage Endowment Fund.

history that recur all the time, and I am tired of them and I'm sure everybody else is. This way, I can tell stories that nobody's heard and the reaction I'm always looking for is, 'Wow, I never knew that'."

The 66-year-old Goldsborough admits he's not sure when his fascination with history began, but he thinks it's been lifelong.

"I can't remember my earliest days, but I know certainly by the time I was in university as a student I was interested in history, even though I have to say I didn't perceive there was a career path for me," he said.

And there wasn't. His career was as an aquatic ecologist and his pastime, and now retirement passion, has been history. He says it's too bad there aren't more opportunities in Manitoba for those with a love of history. He says he found the job prospects limited, and not very lucrative.

He kept his love for history alive all throughout his career and has travelled the province filming his experiences for YouTube, speaking about them on the radio and writing about them in books and other places.

"I have to say I've enjoyed every minute of it," he said.

"I would do it all over again if given the opportunity because the reality is I have met so many fine people around Manitoba in the course of my work, I've seen so many wonderful places, I've learned so much, that how could I possibly say I wouldn't want to do it again?" And now that spring has sprung, Goldsborough is ready for more Manitoba adventures.

"As the weather starts to get nicer, now I'm really itching to get out on the road," he said.

"I have a long list of places that I want to check out, places that I might've been close to in the past. The thing that always bugs me is when I learn about something that was only a mile away from something else that I was visiting a few years ago, and it's like, 'Oh, if only I had known, I could have just popped over there too.' But on the other hand, now it gives me an opportunity to go back to those places. So my to-do list has over 300 things that I want to check out."

You can catch Goldsborough at the Evening of History, and his books will be on sale there too.

Tickets for the Evening of History can be purchased online at MySelkirk. ca/SHEF. If you don't have access to the Internet please come to the Civic Office at 200 Eaton Ave., and city staff will assist you.

You can also make donations to the Selkirk Heritage Endowment Fund at https://www.myselkirk.ca/endowments/.

This event is sponsored by Title Sponsor: Métis N4 Construction Inc., Entertainment Sponsor: Access Credit Union, Appetizer Sponsor: Life a Little Sweeter, Speaker Sponsor: Selkirk Friendship Centre, and Media Sponsor: *The Selkirk Record*.



# Volunteer SUPERSTARS

### These local organizations are always looking for volunteers:

**Selkirk Legion Branch 42 Selkirk ANAF Legion Selkirk Food Bank Growing Years Our Daily Bread Soup Kitchen Twice Over Clothing Gordon Howard Senior Centre** Lord Selkirk School Division

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**Inclusion Selkirk Daily Bread Soup Kitchen Huddle Selkirk Selkirk Services to Seniors City of Selkirk** Interlake-Eastern Regional Health Authority Selkirk Habitat for Humanity Chapter Selkirk Judo Club

**Selkirk Steelers** Selkirk Fishermen Selkirk Biz & the Selkirk Biz Summer Parade **Night of Lights Christmas Parade Selkirk Community Arts Centre** Selkirk House of Economy Inc. Local Churches, sports organizations and many others

To all the volunteers who give their time, energy, and care – thank you. The RM of St. Clements is grateful for the dedication St. Clements and heart you bring to our community. Whether you help during emergencies support events, serve on committees, or quietly assist your neighbours, your efforts make a difference. You are the heart of our community, and we appreciate everything you do.





THANK YOU FOR MAKING ST. CLEMENTS A BETTER PLACE FOR EVERYONE

### 18 The Selkirk Record Thursday, May 1, 2025





**Alysia Roy** 

For the past two years Amanda Bell attends a full time program as a volunteer at Twice Over two afternoons each week. Amanda absolutely loves her time there cleaning. dusting, vacuuming, wiping counters, hanging up and organizing the clothing, tidying up the jewelry and book areas. One of her favorite parts of the jobs is that she gets to interact with the customers and always feels great after helping someone find just what they were looking for.

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SHOPPERS

Alvsia Rov has been volunteering at The Bete Nursing home for several years. It all started when her grandfather was living there and whe she would go visit him she would find herself sitting and chatting with others too. Since the passing of her grandfather Alysia has continue volunteer at Betel as a why to stay connected to the community. Alvsia helps to serve meals sists people who aren't able to eat on their own, helps people move through the building, cleaning up and washing tables. She helps with bingo and loves siting and chatting with ne. Helping with the recreation activities is Alysia's favourite activity.

230 Main St., Selkirk 204-482-5600

Marcel Lemire



MESSENGER/COURIER Marcel is the president of the Lily ad Cruisers. The local car club "Our Service is Our Guaran raises & donates thousands www.redrivermessenger.con of dollars to local charities.

### Richard Perchotte

**MLA for Selkirk** ich.perchotte@gmail.com Phone 204-481-4677

#### **Dale Hiscock**



40 years with the Lions Club, 28 years in tions, LdB Fishing Derby Started the Winnipeg Beach Car Club Show in LdB

President of LdB Minor Hockey Helped with fundraising for \$130,000 fo the Selkirk MRI and Broda Chair in 201 Member of the Selkirk Legio mber of the Lilv Pad Car Club



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from April 27 to May 3, recognizes the invalu-

able contributions of volunteers across Canada. Did you know that one of the most accessible ways to contribute is through online volunteering? This flexible option allows you to choose an organization that aligns with your values, whether it be within your local community, across the country or even internationally — all without leaving your home.

### Here are a few ideas to get you started:

#### 1. Answer a crisis line

This role involves providing emotional support to individuals during challenging moments. Canadian organizations like Suicide Stop and Kids Help Phone provide training and the chance to volunteer from home, allowing you to assist via phone calls, virtual chat or text messaging.

### 2. Offer specialized services for free

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Do you possess specific skills or expertise?

### **Online volunteering:** opportunities from home

National Volunteer Week (NVW), celebrated Consider offering your services to a non-profit organization. For example, if you own a software

> company, you might provide your skills to charities that would benefit from improved technological solutions.

> Additionally, organizations like Translators Without Borders allow translators to offer their services pro bono to help humanitarian causes. These types of contributions often require minimal time and energy while delivering significant benefits to the community.

### 3. Try a volunteering app or website

In today's digital age, numerous volunteering apps and websites connect individuals with cause-specific opportunities. For instance, the app Be My Eyes connects individuals needing visual assistance with volunteers through live

Discover more options and get started with online volunteering by visiting volunteer.ca/virtual-volunteering-opportunities.

### How businesses can participate in Volunteer week

National Volunteer Week happens every April across Canada. It's the perfect opportunity for businesses to give back while boosting morale and creating a sense of purpose among staff. Here are several impactful ways your business can get involved.

### Promote employee volunteering

Encourage your team to volunteer by offering paid volunteer hours or organizing group service projects. Consider creating a volunteer rewards program to recognize employees who actively participate. This could include awards during company meetings, recognition in the company newsletter or small incentives like gift cards or additional time off. Highlighting these efforts may inspire others to join in.

Provide mentoring or training hance camaraderie and improve the workplace Host workshops, offer mentorship programs or culture. provide skills training to underserved communities. By partnering with local schools, non-profit This National Volunteer Week, reinforce the imorganizations and community centers, you can portance of giving back within your organization, empower individuals in your neighborhood to build stronger connections within your communiachieve their goals while also showcasing your ty and foster a workplace culture of service and business's commitment to making a social impact. generosity.

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**Organize a volunteering event** Arrange a team-building volunteer event

### Stan McFarlane



Stan McFarlane' Volunteer contribution Over 25 years as a coach and volunteer with the Selkirk Judo Club: Active as a coach in the Club's regular season programs as well as the Club's annual summer camp;

Helps organize a variety of club events including the Selkirk Open Judo Tournament and Habitat for Humanity fundraiser, among many others

Active as a referee at local and national level judo tournaments; Director of the International Bible College Student Association, a Bible College alumni group

Committee lead for the 55+ group at the Kilcona Park Alliance

Church; and Volunteer with the Worship ministry at the Church, and has volun teered for many church activities over the years including church cleanups and building projects



Lesli Malegus' Volunteer Contribution Current President of Selkirk Rotary Selkirk Food Bank - Selkirk Chamber of Commerce Board member Knox Church Board member Western Canada Summer games Grad Co-chair

Selkirk Community Renewa Corporation board member

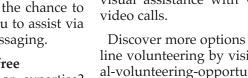




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# **NATIONAL VOLUNTEER APPRECIATION WEEK 2025** Sunday, April 27 to Saturday, May 3 **Volunteers Make Waves**



where employees can collaborate on a community project. Whether it's a day spent at a food bank, participating in a charity run or volunteering at a community garden, these shared experiences en-

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The Selkirk Record Thursday, May 1, 2025 19 Wendy Meger

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 Big Hearts Hamper Drive Gifts from Angels





Lacey Darvill as a volunteer at the Marine Museum, Lacey has bee Lacey Darvill as a volunteer at the Marine Museum. Lacey has been one of their longest standing Halloween Haunt volunteers, a volunteer board of director and works with several of our sub committees. She also volunteers her time at several of our annual events like the pancake breakfasts and our Annual Keenora Dinner. One of the key ambitions of the Marine Museum of Manitoba is to build a volunteer program that truly stands out amongst museums. In order to contin program that truly stands out amongst museums. In order to continue growing, we recognized the importance of establishing a structured volunteer program—one that allows us to expand our volunteer base and support essential museum functions, including guided tours, restoration projects, visitor engagement, and special events. Last summer, the Marine Museum of Manitoba received funding from the Province of Manitoba through the Community Museum Project Support Program to strengths, its volunteer program. With the Support Program to strengthen its volunteer program. With the support of Volunteer Manitoba, we have successfully developed a support of volunteer Manicoa, we have successfully developed a robust program aimed at deepening community involvement. Our goal is to engage our community, foster lasting relationships with volunteers, and instill a strong sense of museum pride. We are thrilled to announce that our new volunteer program will be launching very soon. Lacey Darvill is also a part of the SDCF granting committee.



**Denise Lowrie** 



Denise began volunteering at the Selkirk Canoe Kayak Centre, a non-profit paddling club in 2010 when her daughter joined as a paddler. Over the years Denise has played a vital role in various initiatives, including clubhouse renovations, officiating, signage projects, ground maintenance, and other major improvements, serviced as President, Vice-President, and now as a Board Director supervising the summer staff or one of the more demanding tasks of preparing SCKC's docks for the season or for the winter. Denise and her husband Steve are always ready to help. Often rallying friends and family makes the job easier. Denise is especially passionate about suring that paddling remains an accessible s people of all ages, cultures and abilities.

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Lions Foundation Melvin Jones Fellow awar winner for dedicated humanitarian service

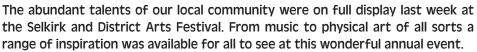


### **20** The Selkirk Record Thursday, May 1, 2025 Selkirk and District Arts Festival celebrates local creators



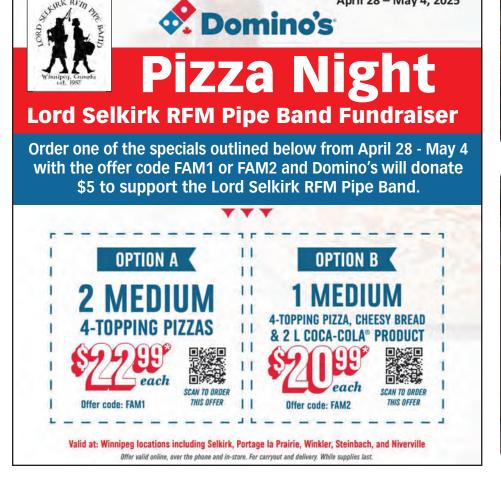


RECORD PHOTOS BY KATELYN BOULANGER





April 28 - May 4, 2025







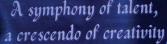




















**THURSDAY** MAY 8<sup>th</sup>, 2025

**McDonalds Selkirk** ©2025 **172 Main St & Inside Walmart** 

### **22** The Selkirk Record Thursday, May 1, 2025 Heart of the Fort: Carolyn Weiss earns Volunteer of the Year award

### By E Antonio

Dr. Carolyn Weiss, president of Friends of Lower Fort Garry (FoLFG), can add a new credential to her name.

She is now the proud recipient of Tourism Winnipeg and Travel Manitoba's Volunteer of the Year award, accepting the honour on April 10 for her long-time commitment to volunteering at Lower Fort Garry.

Weiss began her journey with the Lower Fort Garry Volunteer Association in 1999. She continued to both work and volunteer with Lower Fort Garry and Parks Canada, helping to rebrand the volunteer association as Friends of Lower Fort Garry in 2013 after learning the original association was disbanding due to an aging board.

FoLFG is a non-profit organization that directly supports the Lower Fort Garry National Historic Site. Its dedicated group of volunteers hosts events year-round, including holiday brunches, summer camps and markets.

Weiss and her vice-president, Benjamin Gillies, have remained committed to FoLFG, ensuring the continued success of the organization.

"To me, the world would be a sad, selfish place without volunteers. I worked for many years at Lower Fort Garry and fell in love with the history, the site, and the absolutely amazing and rare structure we have in our own backyard," said Weiss.

Gillies nominated her for the Volun-

CELEBRATE



Dr. Carolyn Weiss

teer of the Year award, inspired by her charismatic attitude and unwavering dedication.

"I truly cannot think of someone who better exemplifies commitment to her community or passion for volunteerism," he said.

He described how Weiss consistently goes above and beyond for FoLFG, devoting thousands of volunteer hours and leading the organization to its success today.

"She embodies a genuine passion for service to her community, and the Friends of Lower Fort Garry charity wouldn't exist were it not for Carolyn and her love of Lower Fort Garry," Gillies added.

Weiss describes herself as a people person, and said volunteering offered the perfect way to connect with oth-



**RECORD PHOTO SUBMITTED** 

Dr. Carolyn Weiss, left, winner of the Volunteer of the Year award from Tourism Winnipeg and Travel Manitoba, is recognized for her 26 years of dedication to Friends of Lower Fort Carry. She is pictured with Benjamin Gillies and Alia Podalsky.

ers. When she and two friends realized the volunteer association was disbanding, she knew she had to act.

"We realized we love this fort and we know others will love it too when they experience it, so let's get involved and see what we can do to bring the community in," she said.

Weiss leads all aspects of FoLFG's operations, from running board meetings and finding artisans for the gift shop to organizing events and hiring and training staff.

"No job is too big nor too small," she said, adding, "I have to wear a lot of hats in this position." She credited her fellow board members as her backbone of support, noting that none of the group's achievements would be possible without them.

Outside of FoLFG, Weiss works and

volunteers with both the Manitoba Underground Opera and the Manitoba Chiropractors Association. She is an opera singer who loves to perform and also works as a chiropractor at Meridian Chiropractic + Health Centre in Selkirk.

A fan of exploring new experiences, Weiss enjoys attending food festivals, visiting parks, and spending time with family and friends.

Looking ahead, she is excited about FoLFG's upcoming events. This year marks the organization's 40th anniversary, and several special events are planned to celebrate — including the Glitter by the River Gala on Aug. 16.

"We will continue to build on our momentum, finding new ways to bring the historic site to life," Weiss said.

### Sunday, May 11<sup>th</sup> **DINNER SPECIAI BRUNCH BUF** Honey Dill Salmon Scrambled eggs Bacon, sausage, ham or hashbrowns, mini pancakes sweet & sour meatballs mixed vegetables <u>Garlic Mushroom</u> Chicken Breast with roasted potatoes mixed vegetables fruit salad, garden & ceasar salad asst desserts Starter soup or salad (garden or caesar) \$25 for adults incl dessert \$24.95 \$14 kids (12 & under) Roxi's by the Ked 219 Manitoba Ave, Selkirk 204-482-1900 UPTOWN CAFE

# **Reckless Age at the ANAF**



**RECORD PHOTO BY BRETT MITCHELL** 

Local band Reckless Age played in Selkirk's Army, Navy & Air Force Veterans in Canada last Saturday night.

### **The Selkirk Record** Thursday, May 1, 2025 **23** Young foodies get a taste of kitchen life at The Mighty Kiwi

### By E Antonio

Young chefs are learning their way around the kitchen at The Mighty Kiwi Juice Bar & Eatery, where Kiwi Kids cooking classes are helping them build skills, confidence and creativity.

Owners Miranda Kinney and Jocelyn Kreml are hosting a five-lesson series for kids ages 7 to 10 at their Selkirk restaurant, teaching them what it takes to work in a kitchen.

"The class is all about gaining confidence and independence while still having a chance to be creative," said Kinney.

The idea for Kiwi Kids was inspired by Kinney's and Kreml's love of cooking. They wanted to offer a class that introduced the foundations of cooking in a fun and approachable way.

"We know how much fun cooking can be and how important kitchen skills are for our future generation," Kinney added.

This is their first cooking class, but it won't be their last — they already have plans to offer more sessions in the future.

"We love to see young minds get excited to try new foods and learn new skills and recipes that they can share with their family and friends," said Kinney.

Each class covers kitchen safety, proper preparation techniques, how to use equipment, and includes educational nutrition games, all while following a recipe. Kids are welcome to eat their creations at the end of class or take them home to enjoy later.

Each lesson is tailored to a specific theme. So far, chefs have explored kitchen basics, breakfasts, and sandwiches and wraps.

Kinney said the themes were chosen with kids in mind.

"We came up with the themes based on what we thought kids would enjoy making at home, and also recipes



Maddie shows off her pancake with The Mighty Kiwi co-owner Jocelyn Kreml.



Maddie pours pancake batter onto the griddle while Sophie (dark pink apron) and Tatum (blue apron) carefully supervise.

that would be easy for them to make," she said, adding that they wanted the recipes to be fun but also a bit of a challenge.

Nine-year-old Tatum Bester is among the group of rising chefs.

"My favourite part is making the



RECORD PHOTOS SUBMITTED (L-R) Jackson, Dominic, Câlin and The Mighty Kiwi co-owner Miranda Kinney.



The Mighty Kiwi Juice Bar & Eatery is hosting Kiwi Kids, a cooking class for aspiring chefs ages 7 to 10.



Dominic (orange apron) measures flour for the pancake batter.

recipe," he said.

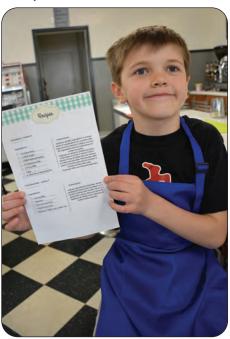
He added that this is his first-ever cooking class, but he loves experimenting in the kitchen at home.

Spaces remain for the last two Kiwi Kids sessions. The May 7 theme is pizza, and the program wraps up May 14 with a dessert and graduation event. Both classes run from 6:30 p.m. to 8:30 p.m. at The Mighty Kiwi, located at 386 Eveline St.

Each class costs \$55, and everything is provided, including equipment and ingredients. To register, email 201manitoba@themightykiwi.ca.

Kinney said no experience is required — just an interest in learning to cook. They are also able to accommodate dietary restrictions with advance notice.

"We are happy to make these classes accessible to all," she added.



Tatum shows off the recipe card for breakfast week at Kiwi Kids.





Recipe courtesy of the North Carolina Sweetpotato Commission

1 cup cooked, mashed North Carolina Sweetpotatoes

- 1 cup pineapple juice
- 1/2 cup orange juice
- 1/4 cup lemon juice
- 1/4 cup coconut milk

2-3 tablespoons simple syrup or honey (adjust to taste)



Recipe courtesy of "Cookin' Savvy" Servings: 4-6



## Sweetpotato Summer Slushie

### Juillie Jus

1 teaspoon vanilla extract 2 cups crushed ice

2 ounces spiced rum, coconut rum or bourbon (optional)

pineapple slices or orange wedges, for garnish (optional)

In blender, blend sweetpotatoes, pineapple juice, orange juice, lemon juice, coconut milk, simple syrup or honey, vanilla extract and ice until smooth and slushy.

Pour into glasses and serve.

For alcoholic version: Add spiced rum, coconut rum or bourbon after blending. Pulse in blender or stir after blending for layered effect.

Garnish with pineapple slices or orange wedges, if desired.

### Creamy Carrot Soup

2 cans (14 ounces each) carrots
2 cups broth of choice
1/2 cup brown sugar
1 tablespoon garlic powder
1 tablespoon onion powder
2 teaspoons ginger

- 1/4 cup orange juice
- 1/4 cup heavy cream salt, to taste

pepper, to taste honey

BLT wraps, for serving

In blender, blend canned carrots, including juices, until smooth. Transfer to pot and add broth.

Mix in brown sugar, garlic powder, onion powder, ginger and orange juice. Bring to simmer then add cream. Add salt and pepper, to taste.

Drizzle honey over each bowl. Serve with BLT wraps.



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## **Expert patient here to help!**



Susie Schwartz

### By Susie Schwartz

It's been a year since my 50th birthday. I achieved my goal for the year and celebrated 50 times over the last twelve months! A little extreme? Maybe. But the doctors told me I'd probably be dead by 25, so turning 50 seemed extra special for me.

Some of my celebrations were big, like a party with live music at our house with about 30 of our closest England friends; an event in Manchester with New York Times bestselling author Elizabeth Gilbert; a four-day girls trip to Wales. Some had less wow-factor, like an intentional phone call with a Canadian friend; a visit to a newly opened second-hand shop with a £2 t-shirt purchase; an amateur fashion show at our local village hall (which was hilarious, by the way. A couple of the volunteer models were, um, a little tipsy, which made their cat-walking in heels and hats, um, more entertaining.) These events were smaller, but still meaningful.

What I've learned from both the doctors' threats, and my year of intentional celebrating, is that we never know how much time we have – being alive or able – and



Recipe courtesy of "Cookin' Savvy" Servings: 4-6

- 3 pounds potatoes
- 4 boiled eggs, coarsely chopped
- 2 dill pickles
- 1 tablespoon garlic powder
- 1 tablespoon onion powder 1 package (2 1/2 ounces) real bacon
- pieces
- 2 cups mayonnaise

life is a heck of a lot more wonderful when we carpe diem the snot out of it when we can.

Sometimes ill-health can be the kick in the butt we need to gain perspective; to make our lives beautiful. 50 may seem like a lot, but if we all picked just one thing a week, big or small, to focus celebratory energy to, it could really change our outlook on life. And now, after this past year, I can attest to the outcome that it makes one more mindful of really enjoying simple phone conversations as joyful events. I find myself thinking, Oh! This feels like a celebration! when I never would have, before.

Now, to be clear, I am not minimizing how hard ill-health can be. Painful; frustrating; terrifying, even. But there's nothing like an ongoing death-threat to point out all that one has to celebrate.

Don has been very supportive of my 50 celebrations, withdrawing from the bank account to buy yet another ticket, or hire another musician. He did say, though, "Okay, but no more celebrating 50 times in a year."

"I agree," I said. "This year, I'll celebrate 51 times, ha!"

So upon reflecting on life and death, I've become more intentional. And what a fun year it's been, despite the pain, nausea, medical tests, and fear of a new diagnosis. I wish I hadn't waited so long to live this way.

You don't need to wait until a milestone birthday to live intentionally. So I dare you...go start celebrating! Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on Instagram @authorsusieschwartz, and at www.lesshealthstress.com . (Email: info@lesshealthstress.com) If you like her writing, find more on her Substack page: The Quest For Less Health Stress

### **Potato Salad**

2 tablespoons mustard salt, to taste

pepper, to taste

smoked paprika, for garnish

Coarsely chop potatoes. In Dutch oven, boil until fork tender. Drain then add coarsely chopped eggs and pickles.

Add garlic powder, onion powder, bacon pieces, mayonnaise and mustard. Season with salt and pepper, to taste. Mix well.

Transfer to large bowl and refrigerate 1-2 hours. Garnish with smoked paprika.

### *The Selkirk Record* Thursday, May 1, 2025 **25** Earth Day brings outdoor fun and eco-awareness to Lockport School

### By E Antonio

Lockport School students turned their lunch hour into a celebration of nature on April 22, marking Earth Day with outdoor adventures, games and a renewed focus on protecting the planet.

Earth Day, held annually on April 22, honours the importance of caring for the planet.

Lockport School teacher Jodi Forfar organized an outdoor scavenger hunt and an ecology bingo game for students to enjoy, with help from many student volunteers. Among them were Grade 9 students Taisiia Verkhovska and Lila Carter, who hosted the bingo game in the school's science lab.

The ecology bingo challenged players to match vocabulary words with their explanations, covering Earththemed categories such as endangered species, ecosystems and climate change. Players raced to complete a full line as the girls read out each card.

Verkhovska and Carter said Earth Day is important to them because there are no second chances when it comes to protecting the planet.

"If we fail to care for it, there are no second chances, no re-dos. So it's time to take action and unite in protecting this rock we call home, before it's too late," they said.

During the scavenger hunt, students were tasked with finding 30 different items outdoors. They searched high and low for objects such as rocks, bugs, flowers and even a funny-



Lockport School Grade 9 students Taisiia Verkhovska and Lila Carter hosted an ecology bingo game for students as part of the Earth Day celebrations.

shaped cloud, encouraging them to take in the beauty of nature.

Forfar said hosting Earth Day events helps promote environmental awareness, encourages responsible actions and reconnects students with the real world.

"Earth Day empowers students to become environmental leaders and advocates, shaping a more sustainable future," she said.

Students who participated in the Earth Day activities were rewarded with Earth Day-themed cookies and candy.





**RECORD PHOTOS SUBMITTED** 

Lockport School student Eric Rasmussen takes part in an Earth Day scavenger hunt in the school's outdoor classroom on April 22.

### **Questions raised about who's behind Canadian Choice Award**

By Patricia Barrett

After several small businesses in the Interlake were made winners of the 2025 Canadian Choice Award (CCA) and had their names posted on CCA's Manitoba winners' webpage, questions arose about the nature of CCA and who's behind it.

After CCA told businesses they were 2025 winners, it invited them to spend hundreds or thousands of dollars on items and services which include a trophy, key chain, custom social media post, window decals and a gala awards banquet in Toronto in June.

The *Selkirk Record* is referring to Canadian Choice Award as an entity because the paper was unable to get answers from CCA as to its identity and legitimacy to present small businesses across Canada with its award. CCA's website doesn't identify whether CCA is a registered business, doesn't identify who owns it and operates it nor does it provide a location and telephone number. There are 2025 award winners in every Canadian province and territory except Nunavut.

CCA's website states it celebrates "the small businesses that enrich the lives of Canadians." Its



**IMAGES SUBMITTED** 

Canadian Choice Award invited 2025 winners in the Interlake to purchase a trophy showcase for \$750, amplified recognition for \$1,749 and a gala experience ticket for \$4,500. CCA's website doesn't identify the owner/operator behind the site, doesn't provide staff names, where it's located, business credentials and sponsors for its awards. The website will accept credit card payments.

Continued on page 26

### 26 The Selkirk Record Thursday, May 1, 2025 > CANADIAN CHOICE AWARD, FROM PG. 25

process entails the nomination of a business (it also allows a business to nominate itself), an unidentified panel that "carefully" analyzes each business and chooses finalists, and the selection of a winner based on a business owner questionnaire, nominator feedback and independent analysis.

There are about 16 small business winners from communities in the Interlake, over one hundred from Winnipeg and hundreds more from communities across the province. Three businesses told the *Selkirk Record* they don't know who's behind CCA.

Manitoba Animal Alliance founder and director Debra Vandekerkhove said she doesn't know who nominated her registered charitable organization, which rescues and re-homes animals and works in collaboration with municipalities and First Nations communities to provide spay and neuter clinics. A number of alliance followers and fans saw on social media that Vandekerkhove was in the running for the award and they voted for her.

Vandekerkhove reached out to CCA to ask who nominated her and was told it's confidential, she said. She also asked for information about CCA's criteria for the award and where CCA is located.

CCA had emailed her in December 2024 to let her know she was a finalist for the award and told her in January she was a winner, she said. There was no money involved up front to be a winner.

"When you look at this, you think, 'Oh, I got an award.' But if you want a trophy, you have to buy it. So I think it's kind of like a marketing scheme," said Vandekerkhove. "Once they say you've won, they send you a link to your winner's page and this price list where you can buy a trophy package for \$750, an amplified recognition package for \$1,749 and if you want to come to the awards gala in Toronto, it's \$4,500."

Vandekerkhove said she noticed a discrepancy between CCA's website through which people can buy a gala ticket for \$750 (using a credit card), and the information CCA emailed her whereby it invited her to pay \$4,500 for the gala.

After looking at the photos on CCA's website of ostensible winners at the 2024 gala event, Vandekerkhove said she wonders why there are no captions on the photos to identify CCA representatives and the winners. She also wonders how a non-profit or small business owner could afford to attend a \$4,500 gala, pay for airfare and accommodation if they live outside Ontario and also purchase what look like "thousand-dollar ballgowns."

Vandekerkhove said she didn't purchase any merchandise or services from CCA.

In the online and social media world, the public is often invited to vote in various competitions such as a favourite baby photo, favourite credit cards or favourite arenas. Allowing the public to vote online could result in voters not following any judging criteria (even if presented with them), a chance that there may be no oversight from the sponsor regarding the number of times an individual can vote, or a chance that the sponsor may use third-party websites or social media sites to garner votes. It's unclear in CCA's case as to how public voting is weighted in its criteria.

As stated on its website, CCA's process entails nominees having to fill out a questionnaire about their business.

That doesn't appear to have been followed in the case of Teulon-based Forest Mama, a small business that specializes in making herbal products that are sold online and in select stores in the Interlake and Winnipeg.

Owner Lisa Barnes said she didn't submit any information about her business to CCA after it told her she was a nominee – and she still won. She also doesn't know who nominated her.

"I had just got an email saying I was nominated, and it gave me a link I could post on my social media for anybody to go on and vote for me throughout the whole process," said Barnes. "Then I got an email in either January or February saying I was the winner of the Health & Wellness Category."

She said she thinks the award has boosted her online profile and credibility as it went on her social media and people saw it and voted for her.

After she was told she was a winner, she received a price list from CCA: \$750 for a trophy package and \$4,500 for the gala in Toronto.

"It's hard to know what to feel about that because I get it that these things cost money, and I know the gala would be an amazing networking event, but for a small business that's a really big cost," said Barnes. "There's definitely no way I could do the Toronto gala ... and I didn't buy a trophy or anything else."

Barnes said she knew about a business in Winnipeg that had previously won the CCA award and figured it was a "legit" award.

"But if they're charging over \$700 for a trophy and \$4,500 for a gala, and there's no way to get hold of an actual person [at CCA], it does seem a little bit concerning," said Barnes. "Where is that money actually going?" Stonewall-based photographic artist Chantelle Dione said she nominated her own business, Chantelle Dione Photography, for a 2025 Canadian Choice Award not for a chance at glory, but to find out what CCA is all about.

She said she had almost fallen for a similar setup offered by a U.K. entity and wanted to know whether CCA is legitimate. Inviting the winners of any award to pay for merchandise and/or services after they've won raises troubling questions.

"I've come into contact with other companies that do this sort of thing. There was one in the U.K. that managed to almost get me," said Dione, who specializes in creating empowering photographs – branding, boudoir, as you are and portrait photographs – of people from all age groups and walks of life. "I wanted to know if CCA was legit as this was something I had not seen until now. And I was also very curious as to how long they'd been around and what their process is."

Dione said she had a feeling CCA would eventually invite her to pay money for merchandise or services – quoting her the exact same prices as the two above businesses – because a lot of these types of entities "prey on our desire to be recognized." The need for recognition makes business owners vulnerable to schemes that suck them in through flattery.

"We as businesses want to be seen and we want recognition because we work so friggin' hard to make our businesses successful. If you're being nominated by your followers, it feels amazing and it's amazing when people really think you should have this, quote unquote, award. It also feels really cool when you're at a gala and they announce your name and you've got your name on a plaque," said Dione. "But the moment they bring money into it is the moment they're trying to exploit you."

Dione said authentic business awards such as those bestowed by chambers of commerce and other recognizable business organizations don't come with an invitation to the winners to pay for things like their trophies.

The Woman Entrepreneur of the Year Award (WEYA) from the Women Business Owners of Manitoba, a nonprofit organization with a publicly stated board of directors, is an example of a business award from a known organization. Dione was a 2025 nominee. She went to the gala and was presented with a plaque.

"I didn't have to pay for that plaque and that recognition. And I have that beautiful plaque in my office because I was a nominee," she said.

Because CCA provides no informa-

tion about its authority to bestow a business award and no information about who it is, Dione questions its legitimacy.

"In this day and age, I feel we put a lot of trust in businesses online and on social media. If you get a blue check next to your name [i.e., X], I feel that people think you've been legitimized," said Dione. "When CCA was initially promoting the awards, there was one particular woman you could see who was doing a lot of their social media stuff in reels (on Instagram) and posts. What I got from that was they've been around for a while and there are pictures of a previous gala, which they said was in Toronto. But this still feels predatory to me, and on a bigger scale than other companies that do similar things."

Dione's advice to business owners when they receive something saying they've been nominated for an award is to try to determine the legitimacy of the entity even if the award is "exciting" and they want to be recognized. And when money comes into the equation, red flags should go up and our "Spidey-senses" should start tingling.

Dione said she has not posted any information about her Canadian Choice Award on her website.

The *Selkirk Record* examined photos on CCA's website to identify previous award winners and reviewed testimonials. It called Vancouver-based Euro-Nails, a 2024 winner that has a testimonial on CCA's website, and left a message for business owners Dmitry and Elena. They did not call back.

The *Selkirk Record* also found a 2025 Manitoba winner (outside the Interlake) that had been disciplined for misconduct – fined and temporarily suspended from practice for a number of months – by their industry oversight body in 2024. That calls into question CCA's website statement that its judging panel "carefully" analyzes each business.

A *Selkirk Records'* reporter reached out to Canadian Choice Award via its website contact form and also sent it an email using one of its multiple email addresses. The reporter asked CCA questions including whether it's a registered business, when it was established, who owns it, where it's located, why it doesn't identify the names of its owners and/or staff on its website and why it requires award winners to pay several hundred dollars if they want a trophy. CCA did not respond.

The *Selkirk Record* verified with Liberty Grand, a venue owned by the City of Toronto and operated by Liberty Entertainment Group, that the Canadian Choice Award gala is booked for June 20.

## **Royals soccer season kicks off at Citywide Soccer Challenge**

### By Kieran Reimer

The high school soccer season kicked off last week with the Lord Selkirk Royals boys' and girls' teams in action at the Citywide Soccer Challenge hosted by Maples Collegiate.

Both sides had strong round robins, each going 2-1 in pool play.

The girls' team opened the tournament Thursday with a 7-0 win over the Pembina Trails Collegiate Trail Hawks.

They then fell 3-2 Friday to a River East Kodiaks squad that went undefeated in the round robin to take first place in Pool 2.

The Royals secured second place in Pool 2 later Friday with a 2-1 win over the Glenlawn Lions in their round robin finale.

Their strong showing through three games earned them a semi-final berth in the Championship Bracket on Saturday.

There, they got another crack at the Kodiaks. After a scoreless game, River East claimed victory on penalties.

The Royals bounced back in the third-place match Sunday, defeating the Sturgeon Heights Huskies with a convincing 4-0 victory to claim bronze.

"All games we played this weekend we dominated possession, and we dominated chances," said Royals girls' head coach Alex Haiart.

Haiart's squad returns to the field Tuesday, May 6, against the River East Kodiaks, the first of two games ahead of the playoff tournament. They will also face Maples on Tuesday, May 13, as they look to determine playoff seeding.

Since tryouts began in early April, the team has been practicing one to two times a week. Haiart said he's already impressed with the group's development.

"I joined the team coaching two years ago and our star, main players were in Grade 10 then, so they've developed two years since. They're really the anchor of our team, but away from that, every position is pretty strong," he said. "We have players who are playing new positions to better the team. Everyone's stepping up to take on a role, everyone is supportive of one another, and they're very committed to what we're doing, so it's a lot of fun."

The Royals boys' team put in a similar showing at the Citywide Soccer Challenge, also finishing second in Pool 4.

After dropping their opener 2-1 to Maples on Thursday, the boys responded with a 3-1 win over the St. Paul's Crusaders later that day.

They continued their offensive form Friday with a 4-0 win over the Oak Park Raiders to secure their spot in the B Side Bracket semi-finals against the Steinbach Regional Sabres.

That, however, would be as far as they'd go, as the Sabres quieted the Royals' offence with a 1-0 win in the semi-finals on Saturday.



#### **RECORD PHOTO SUBMITTED**

The Lord Selkirk Royals soccer teams kicked of the season at the Citywide Soccer Challenge hosted by Maples Collegiate last week. The girls team went on to take third place in the Championship Bracket and the boys made it to the semi-finals of the B Side Bracket.

The boys' team also has a pair of upcoming regular-season games.

### **UPCOMING GAMES:**

### Girls:

- Tuesday, May 6 vs River East Kodiaks, 4:30 p.m. at East St. Paul Field B
- Tuesday, May 13 vs Maples, 4:30

p.m. at East St. Paul Field B

Boys:

- Monday, May 5 vs Miles Macdonell Buckeyes, 4:30 p.m. at East St. Paul Field B
- Monday, May 12 vs Garden City Gophers, 4:30 p.m. at East St. Paul Field B

## Warren accepted into HTJHL, will drop puck in 2025-26

#### By Kieran Reimer

The Hanover Tache Junior Hockey League is expanding to the Interlake once again next season.

At the league's annual general meeting on April 14, Warren was awarded a franchise that will take to the ice for the 2025-26 season.

It's the first time Warren has ever had a team in the league classified as Junior C. They join the East St. Paul Gators as the second Interlake-based team in a league composed primarily of teams south of Winnipeg.

Warren's franchise will play under the name "67's," paying homage to Highway 67, which connects Warren and Stonewall, where a majority of their players will come from. They will also be allowed three outof-region import players as per league rules and can roster a maximum of six 21-year-olds.

The 67's will be based out of Warren's Access Credit Union Arena, already home to the South Eastern Manitoba Hockey League's Warren Mercs senior team.

67's general manager and president Kasey Riddell said they had been looking at acquiring a franchise for four to five months.

"The thought of Warren having a team was really born from seeing the tremendous community support that the Warren Wildcats high school team has benefited from over the last few years, and then again in a huge way at

the annual alumni games in December," said Riddell. "You can't say enough about our community and how they support their teams and players. This, coupled with the fact that there are sevgraduating eral players from both the Warren and high Stonewall

Continued on page 28



### We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out? Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337



# Spontsarecreation Interlake Run Series assembles 'super-team' of local races

#### **By Kieran Reimer**

Runners across the Interlake are lacing up for a new challenge this summer.

Four popular races — the Duck and Run at Oak Hammock Marsh, the Stonewall Quarry Run, the Islendingadagurinn Running Races in Gimli, and the Stony Mountain Run — are joining forces for the first time to form a "super-team" of races known as the Interlake Run Series, a new way for runners to earn medals and experience some of the region's best race courses.

Starting with the Duck and Run on June 22, runners will have the opportunity to earn the first of four Interlake Run Series medals. Each race will award a medal, and by completing all four events, participants can piece together a special four-piece medallion.

Following the Duck and Run, the Stonewall Quarry Run will take place July 13. Next up is Islendingadagurinn in Gimli on Aug. 3, and the series caps off Aug. 23 with the Stony Mountain Run.

Each event offers a unique running experience, from terrain to scenery.

"The Duck and Run is the first event in the series, and it's a trail run through the marsh, so you get to see probably one of the most diverse ecologies in North America," said Stonewall Quarry Run race director Dwayne Olson.

"The Stonewall Quarry Run is a little bit of a mix of trail and pavement, but it's almost all pavement. It's an Athletics Canada-certified course, and an MRA Classic Series event, so you can expect just an excellent road race."

The third event, the Gimli 5K, is exclusive to the Interlake Run Series — only runners in the 5K distance will qualify for a medal.

"It's a well-organized, well-established event," Olson said. "It goes all along the beach and through town during the Icelandic Festival, so you get to experience all that history. Even though the 5K is newer — I designed it in 2017 and it first ran in 2018



**TRIBUNE PHOTO SUBMITTED** 

Runners can earn a medal at each of the four Interlake Run Series events this summer which in the end comes together to form a four-piece medallion. The series kicks off with the Duck and Run Oak Hammock Marsh on June 22.

— it's become a solid event."

The Stony Mountain Run, organized by Tony Hoess, rounds out the series with a full trail run.

"If you haven't done trail running, it's excellent,"

Olson said. "I'm glad the MRA is sanctioning more trail events. It brings out a different kind of runner. So you've got a really good variety of experiences with the Interlake Run Series."

Runners must participate in specific races and distances to earn a series medal:

Duck and Run: medals awarded to 5K finishers; a 1K fun run is also available.

Islendingadagurinn: medals awarded in the 5K only; a one-mile and 10-mile race are also offered.

Stonewall Quarry Run: medals awarded in the 2K, 5K and 10K distances.

Stony Mountain Run: medals awarded in the 2.5K, 5K and 10K distances.

"It will surprise people how nice the courses are and how well organized the events are — and you get a nice big shiny medal," Olson said.

Each run also supports a local cause. This year's Stonewall Quarry Run will raise money for the International Shotokan Karate Federation of Manitoba, which includes StoneWall Karate Dojo. Olson said the organization is also supplying most of the race's volunteers.

Now in its third year, the Stonewall Quarry Run has grown steadily. It welcomed around 40 participants in its first year, over 60 in the second, and Olson said they are aiming to double again this year. Registration remains open, though limited spots are available.

"There's a lot of people from the city that come out, and it has a reputation as being a well-organized event," Olson said. "The road conditions are great and the venue is excellent for hosting a run."

To register for the Stonewall Quarry Run or any of the Interlake Run Series events, visit https:// snotri3.wixstudio.com/irs2025.

To inquire about sponsorship opportunities for the Stonewall Quarry Run, email Dwayne Olson at lakelandfr@gmail.com.

### > WARREN IN HTJHL, FROM PG. 27

school teams, and you watch them in their final season and can't help but say there has to be another chapter for these players."

Joining Riddell on the staff are vicepresident and assistant general manager Scott Corbett, director of player personnel Jayson Balan, director of marketing and promotions Derek Anderson, and director of operations Phil Bruce, with a director of finance to be added prior to the season.

At the HTJHL's AGM on April 14, the 67's presented their potential plans to league members and staff from other franchises.

Their presentation was followed by a vote that saw Warren approved for entry into the league.

"Initially it was a number of emails and phone calls in an effort to determine if we were a fit for one another," said Riddell. "Once it was established that we were, everything started to progress pretty quickly. A couple more Zoom calls led to an invite to their AGM on April 14, where we presented to the league. Following the presentation, the ten teams in the league voted in favour and we were in.'

Those ten teams include the East St. Paul Gators, Grunthal Red Wings, Landmark Blues, Macdonald Swarm, Mitchell Mustangs, Niverville Clippers, Red River Mudbugs, Springfield Xtreme, Ste. Anne Aces, and Steinbach Huskies, who made up the league last season.

As for coaches, Riddell said the team has spoken to a few candidates and an official announcement is expected to be made soon.

In the 2024-25 season, the HTJHL played a 26-game regular season schedule with West and East divisions. The 67's divisional placement is vet to be determined.

The schedule, in comparison to other junior leagues in Manitoba, is much shorter, making it easier for players balancing school and work commitments.

The 67's plan to hold identification skates in early August, with tryouts scheduled for the end of August and

early September.

"I'm hoping it's mutually beneficial," said Riddell. "These young players love playing in front of a packed arena and feeling the support of their community. At the same time, I think the community has a tremendous sense of pride in supporting the players that they have watched grow up playing minor hockey in Warren and Stonewall. It's going to be a really fun environment and night out for the fans."

Players interested in more information can contact the team at warren-67shockey@gmail.com.

Team updates will be posted to their Instagram: @warren67s\_hockey



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#### ANTIQUE SALE

Don't miss the big annual Spring Junk Wagon Antiques & Collectibles Sale. Everything from old toys, vintage clothing, comics, records, jewelry, rustic, retro, glassware, old advertising, old signs, upcycled and so much more. Saturday, May 10, 2025. Doors open 9 a.m. - 4 p.m. 980 Winakwa Rd. in Winnipeg. \$5 per person.

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> **News Tips? Story Ideas?** call the Record 204-785-1618

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### The Selkirk Record Classified and Announcement booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-785-1618

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

### LIVE ONSITE AUCTION ANTIQUE/COLLECTIBLE/TOOL/ OUTDOOR AND HOUSEHOLD FOR JOYCE SHAW Saturday, May 10th, 2025 Lac Du Bonnet, MB - 10:30 AM Start Time

Directions: 128 Lake Ave., Lac Du Bonnet, MB (watch for signs) \*\* Lunch on Site \*\* \*\* Terms Cash/Visa/MC/Debit \*\*

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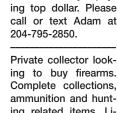
pottery wheel/household and out- door items. Joyce is an artist and is also selling some of her great art- work! This sale features many beautiful one-of-a-kind antique pieces of furniture and collectibles. Also featured is a good line up of tools and outdoor items as well as household appliances and furniture. If you are into antique furniture/collectibles/artwork or anything in between, plan to attend this sale!

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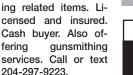
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### **RURAL MUNICIPALITY OF** ST. ANDREWS PUBLIC HEARING NOTICE

### **REGARDING THE 2025 FINANCIAL PLAN** Monday, May 12, 2025

#### 6:00 P.M. **Council Chambers of the Rural Municipality of St. Andrews** 500 Railway Avenue, Clandeboye, MB.

At this time Council will present the proposed 2025 Financial Plan for the municipality. The presentation will provide overview of the proposed financial plan followed by a forum to allow any interested person to make a representation, ask questions or register an objection.

Written submissions can be filed with the Chief Administrative Officer at cao@rmofstandrews.com or dropped off at the R.M. office. A Zoom link to the public hearing will be available for anyone who has provided a submission and would like to participate virtually.

A copy of the 2025 Financial Plan will be available for review on Wednesday, May 7, 2025 at the Municipal Office and on the municipal website at www.rmofstandrews.com.

Any person who has questions, needs clarification, or requires further information either prior to or following the hearing, is encouraged to contact Vesuvia (Vee Scromeda) at vscromeda@rmofstandrews.com

The public hearing can be viewed live through the R.M. of St. Andrews YOUTUBE Channel.

Dated this 11th day of April, 2025, and issued in accordance with Section 162(2) of The Municipal Act.

Brent Olynyk Chief Administrative Officer R.M. of St. Andrews

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### **RURAL MUNICIPALITY OF ST. CLEMENTS** PUBLIC NOTICE

PUBLIC NOTICE is hereby given pursuant to Subsection 174(1) of The Municipal Act that the Council of the Rural Municipality of St. Clements intends to present five (5) proposals to borrow at a Public Hearing in the Council Chambers of the R.M. of St. Clements on Tuesday May 27th, 2025 at 2:00 p.m.

PUBLIC NOTICE is also hereby given pursuant to Subsection 174(1) of The Municipal Act that the Council of the Rural Municipality of St. Clements intends to give first reading to five (5) proposed borrowing by-laws at the Council Chambers of the R.M. of St. Clements, 1043 Kittson Road during the regular meeting of Council on Tuesday May 27th, 2025 at 2:00 p.m following the Public Hearing.

Following first reading, all five (5) proposed borrowing by-laws will be forwarded to the Manitoba Municipal Board for approval. Such approval must be obtained under the Municipal Act s.176 prior to third reading and execution of the proposed by-laws.

### **REGARDING GENERAL BORROWING BY-LAW 6-2025**

#### BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO AUTHORIZE THE EXPENDITURE AND BORROWING OF FUNDS TO COMPLETE CONSTRUCTION OF ROAD REMEDIATION WORKS.

The total cost of the project is estimated at \$ 3,500,000.00 and is to be fully funded by the proposed borrowing. The net total cost of the proposed borrowing is \$ 3,500,000.00 and is to be repaid over 20 years at a rate estimated for the time being at 6.00 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 305,145.95 and will be levied annually as part of the general levy.

### **REGARDING GENERAL BORROWING BY-LAW 7-2025**

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO AMMEND IT'S BY-LAW 6-2018 TO AUTHORIZE THE EXPENDITURE AND BORROWING OF FUNDS TO ESTABLISH A MUNICIPAL COMMUNITY RECREATION FACILITY IN SOUTH ST. CLEMENTS.

The total cost of the project is \$ 6,500,222.50 and will include grant funding of \$2,045,444.10 received through the Province of Manitoba, and additional grant funding in the amount of \$2,454,778.40 through the Investing in Canada Infrastructure Program by the Government of Canada. The net total cost of the proposed borrowing is \$ 2,000,000.00 and is to be repaid over 20 years at a rate estimated for the time being at 6.00 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 174,369.11 and will be levied annually as part of the general levy.

### **REGARDING GENERAL BORROWING BY-LAW 8-2025**

#### BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO AUTHORIZE THE EXPENDITURE AND BORROWING OF FUNDS TO EXPAND THE LIBAU LANDFILL FACILITY.

The total cost of the project is estimated at \$ 4,000,000.00 and will include grant funding of \$ 2,000,000.00 received from the Province of Manitoba. The total cost of the proposed borrowing is \$ 2,000,000.00 and is to be repaid over 20 years at a rate estimated for the time being at 6.00 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 174,369.11 and will be levied annually as part of the annual solid waste tipping fees and reserve funds.

#### **REGARDING GENERAL BORROWING BY-LAW 9-2025**

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO AMMEND IT'S BY-LAW 8-2018 TO AUTHORIZE THE EXPENDITURE AND BORROWING OF FUNDS TO COMPLETE CONSTRUCTION & IMPROVEMENT OF WATER CONTROL WORKS.

The total cost of the project is estimated at \$ \$1,525,000.00. The total cost of the proposed borrowing is \$1,525,000.00 and is to be repaid over 20 years at a rate estimated for the time being at 6.00 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$132,956.45 and will be levied annually as part of the general levy.

#### **REGARDING GENERAL BORROWING BY-LAW 10-2025**

BEING A BY-LAW OF THE RURAL MUNICIPALITY OF ST. CLEMENTS TO AUTHORIZE THE EXPENDITURE AND BORROWING OF FUNDS TO CONSTRUCT A WATER RESERVOIR AND A RIVER PIPELINE CROSSING FOR THE SOUTH ST CLEMENTS UTILITY SYSTEM.

The total cost of the project is estimated at \$ 6,000,000.00 and will utilize \$1,000,000.00 from reserve funds and include grant funding of \$ 3,000,000.00 received from the Province of Manitoba. The total cost of the proposed borrowing is \$ 2,000,000.00 and is to be repaid over 20 years at a rate estimated for the time being at 6.00 % per annum and subject in any event to the authorization of The Municipal Board. The annual repayment amount is estimated at \$ 174,369.11 and will be levied annually as part of annual utility buy-in, connection and consumption fees.

Council will hear any person who wishes to make a representation, ask questions, or register an objection to the borrowing by-laws as provided.

Any person who has questions, needs clarification or requires further information is encouraged to contact Deepak Joshi, CAO at 482-3300.

Copies of the proposals to borrow are available for review at the Municipal Office located at 1043 Kittson Road, East Selkirk or on our website at www.rmofstclements.com

Dated this 28th day of April, 2025.

Deepak Joshi, Chief Administrative Officer



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Call

204-785-1618



### Shirley Leona Dawson (nee Goltz)

Shirley Leona Dawson passed away on April 18, 2025 at the age of 84 years.

Funeral Service 11:00 a.m. Friday, May 2, 2025 at Faith Bible Church, 600 Minto Street, Winnipeg, Manitoba.

The family requests that friends visit Shirley Dawson's tribute wall at www.bardal.ca for more information and where condolences, photos and stories may be placed for all to see.

Bardal Funeral Home 204-774-7474 Tribute Wall: www.bardal.ca

OBITUARY

OBITUARY

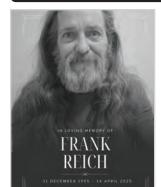
Morna Murray

On Thursday, April 24, 2025 at the Selkirk Regional Health Centre, Morna Murray, aged 91 years of Selkirk, Mb, beloved wife of John passed away. Full obituary with funeral details to follow.

Gilbart Funeral Home, Selkirk in care of arrangements.



#### OBITUARY





The family sadly announces the sudden passing of Frank Adam Reich on April 14, 2025.

Find the full obituary at www.gilbartfuneralhome.com. A celebration of Frank's life will be held at Gilbart Funeral Home in Selkirk, MB on Saturday, May 24th at 1:00 p.m.

There is a link death cannot sever, Love and remembrance last forever.

#### OBITUARY

#### Edward Joseph Walter Obirek

With much sorrow and sadness, we announce the passing of our dear husband, father, brother and friend.

Edward was born in Melrose, MB. to Andrew and Mary Obirek. He was a very happy man, who loved everyone, loved feeding and singing to the chickadees and they loved him. Ed also loved animals, dogs Pepper and Baby, cats Layla and Tom. Ed worked for CP Rail for 31 years retiring and then took a course and received a certificate for security guard for Gerda Steel, which he was so proud of.

Our trips to Vegas with our friends Joe and Sally, John and Pearl.

Thank you to all staff at Tudor House where Ed lived for four years and also to Selkirk Regional Health Centre staff for the excellent loving care he was given.

My dear, loving husband, my memories of you and our 66 years of marriage are treasures that will be in my heart forever.

My dear dad, I will always remember the lessons you taught me in life, the love you had for everyone, especially mom. RIP Dad.

God has you in His keeping, we have you in our hearts.

He is survived by his wife Dorothy; son Sheldon; sisters Elsie (Jim, son Glen) Wagner, Elenor (Dan and family) Skoropad; brother Ronnie; many nieces and nephews and daughter-in-law Susan Obirek.

He was predeceased by sons Kelly (2004), Darrel (2012), Timothy (2015); moms and dads Kowalchuk and Obirek; brothers Bert (June) and John; sisters Florence Sitarz and Jean Denesiuk; and sister-in-law Margaret Klimchuk.

Funeral Mass will be held on Saturday, May 3, 2025 at 11:00 a.m. in the St. Michael's Roman Catholic Church, Cooks Creek, Manitoba.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





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#### OBITUARY

### Carol Ann Griffin

April 10, 1955 - April 24, 2025 On Thursday, April 24, 2025 at the Selkirk Regional Health Center, Carol Griffin, aged 70 years, passed away.

Carol is survived by her husband Wayne; son Mike Griffin (Kelsy), grandchildren Owen, Falynn and Lani; son Chris Griffin, grandchildren Lily and Andre.

A memorial service will be held on Thursday, May 1st, 2025 at 11:00 a.m. in the Gilbart Funeral Chapel, Selkirk. Tributes: www.gilbartfuneralhome.com



Gilbart Funeral Home, Selkirk in care of arrangements.

#### OBITUARY

Alan Critchley

May 18, 1935 – April 18, 2025 Alan at the age of 89 years passed away on April 18, 2025. He is survived by his wife Cathleen. More information to follow.

NEIL BARDAL FUNERAL CENTRE 204- 949-2200 neilbardalinc.com

#### OBITUARY

Myrna Charlotte Bortoluzzi (Pommer) March 12th, 1943 - April 18th, 2025

Peacefully on April 18th, 2025 at the Gimli Community Health Centre, Gimli, Manitoba, Myrna passed away.

Left to cherish her memory, her daughter Charlotte Pommer (Brent), her granddaughter Callyn Kushnir, her brother Donald Clarke (Nuese), step sons Paul and Tony Bortoluzzi and nieces and nephews she loved dearly. She's now reunited with all her sisters and her husband.

Myrna was born and raised in Steep Rock, then moved to Winnipeg where she worked for many years. She then moved to Winnipeg Beach and finally Gimli where she spent her final years making memories with Charlotte, Callyn and Brent.

Myrna will be remembered for her loving heart and generosity. She never missed an opportunity to tell someone how much they meant to her.

A celebration of life will be held and details will follow on Facebook over the next few weeks.

Gilbart Funeral Home, Selkirk in care of arrangements.



#### OBITUARY

Claire Steliga (nee Zebiere) June 26, 1946 - April 09, 2025

It is with great sadness that the family of Claire Ernestine Steliga announces her passing on

Wednesday, April 09, 2025 at the Selkirk Regional Health Centre.

Claire will be missed by her son Brent (Tina), daughter Tara (Peter), six grandchildren Alyssa (Daniel), Mercedes (Ernest), Amber (Denis), Faith (Andrew), Taylor (Adam), Wesley (Hailey) and four great-grandchildren.

Claire was predeceased by her husband Bill (October 2024), her parents Marcel and May (1997), her sister Anita (2018), and her brother Richard (2023).

She is survived by brothers Dennis Zebiere (Nancy), Armand Zebiere (Shirley), sister Annette and many nieces and nephews.

Claire was born in Brandon and was raised in Hamiota and Montmartre until her family moved to Winnipeg in 1955. She met and married Bill in 1966. They lived in Winnipeg and St. Andrews before settling in East Selkirk in 1981. Claire enjoyed her work outside the home. She worked at the Strains Camera store and MacLeods before becoming a nurse and working at Seven Oaks Hospital. She loved becoming a grandma and a great-grandma.

In keeping with her wishes, cremation has taken place. The interment will take place on

Friday, June 6, 2025 at 10:00 a.m. at Green Acres Cemetery. A Come & Go Tea will be held afterward at 21 Spruce Avenue in Tyndall, MB. Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





**MEMORIAL SERVICE** 

**Dirk (Dick) Cornelis Baker** February 19, 1936 - March 14, 2025 Memorial Service will be held on Saturday, May 3, 2025. The Interment of Ashes will be at 9:00

a.m. at St. James Cemetery, 525 Tylehurst St, Winnipeg, MB. The Memorial Service will follow at 11:30 a.m. at St. George Wakefield Anglican Church, 8716 Highway # 9 between Clandeboye and

OBITUARY

Petersfield. Lunch and fellowship will follow in St. George Wakefield Parish Hall.

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OBITUARY



#### Judith Marylen Ellen Chodak (nee Bragg) Aged 82 Years old

Beloved Wife, Mother, Grandmother, Sister and Friend

Memorial service will be held on Thursday, May 8, 2025 at 11:00 a.m. in the Gilbart Funeral Chapel, 309 Eveline St. Selkirk, MB with Fr. Walter Dudych officiating.

Peacefully, with her family by her side, Mom got her wings and passed away at the age of 82 on April 24th, 2025. She was born to Vera and Kenneth Bragg on April 1st, 1943 in Winnipeg, MB. She married her loving husband, Peter Chodak on August 26th. 1967.

Judith will be deeply missed and is survived by her daughter Gaylene (Peter) Halayko, her son Brad Chodak, daughter-in-law Debby Grant and her three grandchildren Ty, Owen and Lexi Chodak, as well as her brother Geoff Bragg (Cranbrook, BC).

She was predeceased by her husband Peter and two brothers Jim and George Bragg. Mom was a kind and caring woman with a huge heart, she loved spending time with her family,

grandkids and friends. She lost her own mom at the tender age of 20, but went on to be one of the strongest, bravest and most inspiring women I've ever known.

Two things she loved more than anything in life were her family and her teaching career. She balanced being a wife, mom, career woman, homemaker and grandmother. She went out of her way to learn to make Ukrainian dishes for Dad, driving Brad and I to all our activities, whether it be ringette, hockey, baseball, gymnastics, swimming lessons, piano, catechism, taking care of the family finances and all the household duties and helping to run the family farm, while still holding a successful full-time career outside the home. Mom was a pioneer of her time, excelling in school and going on to get her master's degree in education, which was not a common thing back in the 70's, especially for a woman. She went on to teach grade one at Glenelm School and later at Lord Nelson School for a 35-year career in education. Mom had a quiet strength about her, doing everything with humility and taking a back seat to those she loved, when in reality she was the driving force - our strength - our rock.

After retirement Mom finally had some time for herself and she took up line dancing, floor shuffle and ice curling. She loved going for long walks, tending to her flowers and garden, playing cards, playing Bingo with her friend Marion at the Assiniboine Downs, her trips with Dad to Brandon to visit relatives for cards and Chinese food, going to church, and watching the Winnipeg Jets games with family. Often, we would have dinners at the farm while watching the game and playing cards in between periods. Mom was an amazing cook and loved making church perogies with the ladies at the hall, as well as making delicious homecooked meals every Sunday for her family.

Mom - thank you for everything you've done for our family and in raising two children who think the world of you. Your love for your grandchildren was always evident during your time with them at either Tudor House or earlier in life at the family farm. Ty, Owen and Lexi you brought her joy and gave her the honour and privilege of being a grandmother.

A special thank you to my friend Sue for helping me walk our momma home in those last days and hours. She stayed with me the second last day of Mom's life, helping prepare Mom for heaven and supporting us with the process. I will be forever grateful.

To our Tudor House chosen family - Bev and Brian, Angela and Mary. You made the place a home for our mom and these friendships developed into a loving relationship that we called family. For the AMAZING staff at Tudor House who were always there for Mom, treating her with love, kindness, respect and dignity right up until she passed. A special thank you to her HCA's Shayla and Misty and nurse Kristeene, who went above and beyond each and every day, but in particular in her final hours to make a peaceful and pain free journey home to Heaven. There are so many wonderful staff that made the place a home for her, so many more to name - please know we are forever grateful for all of you. Thank you for the outpouring of support from all our friends and family. We are so very blessed for all the people in our lives who loved mom and continue to support us.

Donations can be made to the Alzheimer's society or CancerCare in honour of Mom's battles with these diseases. One she won, the other took her from us 13 years later and in more ways than one, but she is now pain free and in God's arms. She is reunited with her husband Peter, her brothers Jim and George, and her beautiful momma, who she lost at such a young age but thought of with tears in her eyes often.

Mom you always gave and did for all those around you. There was nothing you wouldn't do for those you loved. You were our rock - our heartbeat. Now it is time to rest and take care of you. Until we meet again our precious sweet momma. We love you more than words can ever say. God Bless and may you be welcomed into Heaven with open arms. We would choose you again, again and again...

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Gilbart Funeral Home, Selkirk in care of arrangements.

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**Carter Brent Wallace** 

February 17, 1961 - April 11, 2025

On April 11, 2025, at his residence in Petersfield, MB, Carter

He was predeceased by his parents Betty and Earl Wallace.

He is survived by his sisters Sharon Rivers (Rick), and Wendy

In keeping with his wishes cremation has taken place and no

#### OBITUARY

Tributes: www.gilbartfuneralhome.com

George Ernest Wilson "Ernie", "Pops" June 29, 1941 - April 23, 2025

After a lengthy illness, Ernie peacefully completed his journey on Earth knowing that he was greatly loved and had lived a good life.

Cherishing his memories and mourning his passing are his beloved partner. Lorraine Kovachik: daughters Marla, Janna. and Lori (Chad); grandsons Christian (Sheehan), Isaac, and Malcolm George; step sons Bob (Monica), Jim (Evelyn), Glen, and their children Cameron, Colin, Amelia, David, Cole, Carter; as well as his nephews, nieces, and many others he was honoured to know as friends.

Ernie was predeceased by his parents George Henry and Jean Isabel, brother Wesley, sisters Eleanor Jean Elizabeth, Elsie Margaret and his wife of 42 years June Claire (née Trojack).

Gilbart

Ernie grew up in Selkirk, Manitoba where he developed his love of sport and learning. He went on to complete his formal education at the University of North Dakota and the University of Western Michigan. He was an educator in the Seven Oaks School Division for over 30 years, taking great joy in supporting others as they developed their love of sport. In his retirement he continued to educate preservice teachers at the University of Manitoba.

While he loved all sports, Ernie had a special place in his heart for distance running; using his talent and hard work to earn athletic bursaries and academic scholarships to pay for his post secondary education.

In his retirement years Ernie loved golfing at Pine Ridge Golf Club, curling at the Fort Rouge, being the sound system manager at Church, and travelling all over, including becoming a snowbird to Palm Springs. He loved spending time in Grand Beach and Bel Air, and cheering on the Winnipeg Jets.

Ernie was always learning and approached things with an open mind. To him, anything he didn't know or understand was a new adventure, experience, or activity waiting to enrich his life.

Everyone who knew Ernie knew he had a particular skill set of being kind and friendly to everyone he met. It wasn't long before acquaintances became friends and then family. He loved life and wanted to experience it to the fullest.

The family would like to thank the staff at River Ridge II, St. Boniface Hospital, Victoria Hospital, the Health Sciences Centre, and everyone who reached out, visited, and supported Ernie. If you are able, please join us for a celebration of Ernie's life at Cropo Funeral Chapel, 1442 Main

Street on Friday, May 2nd, 2025 at 2:00 p.m.

In lieu of flowers, the family would appreciate a donation in Ernie's name to the charity of your choice.

Please remember Ernie's joy and excitement for living life, and the words you would hear while waiting to leave him a voicemail message: "And say, wasn't it great to wake up again this morning? Enjoy your day".

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



Wallace passed away. Wallace (Rick), nephew Alex (Cassie), and great-nephew Nickolas. formal service will be held.





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### The Selkirk Record Thursday, May 1, 2025



