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THURSDAY, MAY 18, 2023

VOLUME 14 EDITION 20

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RECORD PHOTO BY BRETT MITCHELL

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Selkirk and District Horticultural Society hosts plant sale May 26

Get your green thumb ready for some great local deals

By Katelyn Boulanger

Are you starting your first garden and want some great plants at a great price? Are you a seasoned grower who's looking for some special varieties to add to your collection? Do you want to support our local Selkirk and District Horticultural Society (SDHS)? You can do this on May 26 at their annual plant sale where for only two hours thousands of plants are sold and money is raised to help the SDHS keep giving back to our community.

"All the plants that are at the plant sale are donated by our members and we usually have between 3000 and 4000 plants," said Leila Wegert, internal organization director for the SDHS

The plant sale is organized by Betty Gowerluk-Wazny, plant sale director, and will take place on Friday, May 26 from 6 to 8 p.m. at Memorial Hall on Jemima St.

"The sale is an opportunity to buy locally grown plants, which means that they are more likely to succeed in your garden because they weren't raised in British Columbia or someplace where the climate is totally different. It's a chance to buy locally grown plants at very reasonable prices. We will have some specialty plants too. We never know exactly what we're going to have until the day of but we will definitely have some plants that are maybe a little bit harder to find in nurseries," said Wegert.

She says that it's also a good variety of plants with annuals, perennials, vegetables, herbs, houseplants, shrubs, bushes and even small trees being available.

All proceeds from the sale support

the SDHS which has given a lot back to the community in terms of local beautification and volunteerism in its 29 years in the community.

The group started when the founding members got together all wanting a gardening club in our community.

They meet monthly on the third Tuesday of the month at Selkirk United Church skipping the months of July, August and December. Most months the group has a guest speaker chat with the group on gardening related topics but they do have a couple of months where they have potluck dinners.

Membership for the SDHS is \$20 per person or \$25 for a family membership and all members get a copy of the *Prairie Gardener*.

"It's the bargain of the century and in addition to getting the book, you also will have access to workshops that we do," said Wegert.

"We also have member garden tours which are open to the membership and usually a few friends come along but they're tours of either member's gardens or other gardens in the area. Our members are very spread out. We are Selkirk and district and we actually have way more members from the district than we do from the City of Selkirk. We have people from St. Clements, St. Andrews, quite a few members who actually live in Winnipeg and we have a fairly good sized contingent that comes from Winnipeg Beach," said Wegert.

Members are also very connected with other community groups like Communities in Bloom and the group

Continued on page 4

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BIG DOLLAR

> PLANT SALE, FROM PG. 3

volunteers maintain three gardens in the City of Selkirk. The gardens at Queens Park, the beautiful flowers at Red Feather Farm and the eye-catching display that is the Main Street Garden are all thanks to them.

"We've also worked with the schools on monarch butterfly projects. Some of our members went into schools and talked to the children about the lifecycle of Monarch butterflies. And one year, we gave away free milkweed to the first 200 people that came to the plant sale so that they could plant the milkweed and attract the monarchs," she said.

The plant sale is the SDHS's biggest fundraiser of the year for these local projects and is a cash only sale.

"It's only open for two hours. So it sounds like that would be impossible. But because there are so many plants, it takes us the entire day just to set it up," said Wegert.

She cautions residents that there is often a line before the sale and though the first hour of the sale is incredibly busy, the organization that the group

does ahead of time allows the sale to go quite smoothly.

There will be club members around who can help answer questions about the plants.

"We do have boxes available to put the plants in. You don't actually have to bring your own container. We'll give you something to carry them out. We even have some people who will help you carry it out, if you have problems carrying everything because sometimes you can get carried away when the prices are so reasonable," said Wegert.

She encourages anyone in the community who is interested in purchasing plants to feel welcome to come to the plant sale.

"We are inviting everyone. We know that we have some customers who come every year who really look forward to it and save some of their plant [purchasing] just for our sale because they know they can pick up quite a few different things. But, if you have never been, you should come because it's a real experience," said Wegert.



RECORD PHOTO SUBMITTED

A photo from the 2022 Selkirk and District Horticultural Society plant sale.

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Nitootem Youth Gathering takes place at Lower Fort Garry

Young people learn about Indigenous culture and language

By Katelyn Boulanger

The Nitootem Youth Gathering took place at Lower Fort Garry earlier this month. This event put on by Indigenous Languages of Manitoba brought students together to learn about Indigenous culture and languages.

“The purpose of the gathering is to provide a space for different schools to learn more about Indigenous cultures and languages,” said Morgan Jachetta, Community Outreach Coordinator for Indigenous Languages Manitoba.

Some of the activities that took place over the two-day event were Dakota horse teachings, Inuit throat singing, the making of Orange shirt medicine pins with sage, a Cree language lesson, land-based Cree activities, making fire-cooked bannock and more.

Two hundred and thirty-three students, teachers and supervisors attended the event.

Jachetta says that this conference was important because there are other conferences that allow people

to learn Indigenous culture but very few of them are specifically targeted for youth.

“We wanted to create something that felt like a gathering or conference where they were learning different sessions, but in an interactive and fun way that’s positive and provides you the space to learn, connect, and reclaim their language and cultural ways of life,” said Jachetta.

The students that attended were in grades 6 to 8.

This conference was a unique opportunity for the students because they were able to incorporate elements of all seven Indigenous languages that Indigenous Languages of Manitoba is working to revitalize.

“We had an Inuit throat singer who came and also taught Inuktitut vocabulary. We had Dakota up horse teachings where he spoke Dakota. We had a Ininimowin which is a Cree language lesson. We had an Anishinaabemowin language lesson. It’s re-

ally centred around bringing that language to use in a really positive way that they can learn and take things back with them to their home communities,” said Jachetta.

The students enjoyed this unique opportunity.

“Their favourite sessions were the Dakota horse teachings. I think just being in the presence of the horses and the animals and that calm and that sacredness. The kids seem to really gravitate towards that. And all of the educators kept applauding just how much fun the kids had just being outside on a beautiful day on such historic grounds. They really enjoyed it,” said Jachetta.

Indigenous Languages of Manitoba in addition to hosting this conference will be hosting their Honouring our Languages Gathering, again at Lower Fort Garry, on October 3 and 4 of this year.

Some other future events include a Cree immersion camp as well as a Dakota immersion camp which are happening in addition to their normal community programming and translation services.

To learn more about Indigenous Languages of Manitoba check out their webpage at <https://ilmb.org/>.

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Photos by Brett Mitchell

Local senior warns residents of convincing phone scam

Selkirk resident was almost caught in grandparent scam

By Katelyn Boulanger

Grandparent scams are once again making the rounds in our community and an 82-year-old resident wants to share her experience so that others know how convincing these frauds are becoming.

The resident does not want to be identified in this article but is a senior who lives in the City of Selkirk.

"I received a phone call and he said, 'Hello, Grandma. How are you,' And then I said fine. Then he said, 'Do you know who this is?' And I said his name. And, he started to tell me that he was in big trouble," said the Selkirk resident.

The resident did think that the fraudster's voice didn't sound exactly like her grandson's but thought that he might have had a cold because his voice was quite similar to that of the family member she assumed he was.

The fraudster then ramped up the urgency by saying that he only had one phone call.

"And of course, me thinking well, his mother and dad are both working and if you're only allowed one call [it makes sense to call your grandmother who is often at home]," said the resident.

The scammer then went on to say that the grandson and his friend had been caught on drug possession charges and that they were in jail.

"He shared the story and then He

said, 'I'll let you talk to my lawyer or a policeman, I'm not quite sure but I did talk to a 'policeman' and a 'lawyer'. They kept saying, 'You know, I think he's not guilty. He seems like such a nice kid and he's got no record or anything.' Convincing me that he wasn't guilty," she said.

This fraud took place on a Friday.

They then told the resident that if her grandson stayed in jail over the weekend that he would have a record but if they could get him released by the end of the day that that wouldn't apply but that her grandson would need a bond.

Initially, they said that they would need a \$50,000 bond but the resident said that she didn't have that kind of money. The fraudsters then told her that they could get a bondsman involved which would reduce the cost to \$7,000 and that she would get the money back when her grandson showed up to court.

"[The fraudster] said, 'What I want you to do is go to get the money out of the bank and I'll call you back in 20 minutes.' I said, 'I don't think the bank's going to give me that type of money.' And he says, 'Well, just say that you've got an emergency or you're going on holidays'," said the resident.

She then said that she didn't know how to ship that kind of money safely

to the city where her grandson lives.

The fraudster then made a big mistake that clued the resident into the fact that this was a scam. He asked her how to spell the name of her grandson's city which is a well-known city in the province.

"I continued eating [my lunch] and I'm thinking, this is not right," said the resident.

She decided to double-check and called her grandson. Her grandson was home safe and sound and she says she was so happy that she would have jumped for joy if her knees were capable of it.

She then went right to the police station to let our local RCMP officers know that this scam happened.

Luckily the quick thinking of this local senior made it so that she didn't get scammed herself but she wanted to share her story so that other seniors who may be in a similar position recognize the scam for what it is without having to worry like she did.

This type of scam called a grandparent scam is a variation of an emergency scam that targets grandparents. Residents should be aware that scams like this can target anyone in our community not just grandparents as scammers can use the same type of trickery to try to convince people that

any relative, friend, or loved one is in immediate need.

Emergency scams create a sense of urgency making the person who is being targeted feel like they must act quickly instead of thinking the situation through.

Constable Paul Human, community policing officer, with the local Selkirk RCMP detachment says that residents need to "be an investigator. These calls will grab at your heart and all you will want to do is help them out. Take a time-out. Recount the story with someone else (hopefully another family member). If the story sounds weird, it is."

His top 3 tips to prevent grandparent scams are:

- Ask the caller a few personal questions that only a real grandchild would know and an imposter would not.
- After they hang up, verify the story by calling the parents or other relatives of the grandchild.
- NEVER send money to someone under uncertain conditions.

If you would like to report a scam or learn more about recent frauds in Canada visit the Canadian Anti-Fraud Centre website at <https://www.antifraudcentre-centreantifraude.ca/index-eng.htm>.

Patsy Cline in Selkirk



RECORD PHOTO BY BRETT MITCHELL

Laurie Sutherland brought Patsy Cline back to Selkirk. Sutherland has decided to return to the stage with her Patsy Cline show for her first round of performances since the pandemic. Keep up with her at this summer with performances at the Brandon Summer Fair, Dauphin Country Fest and at the South Beach Casino on July 21. Pictured: Sutherland performing at the Selkirk Legion last week.

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COVID infections, hospitalizations increase first week of May

By Patricia Barrett

COVID infections and hospitalizations rose during the first week of May, according to the provincial government's respiratory surveillance report for the period April 30 to May 6 (reporting Week 18).

There were 105 new COVID infections detected by PCR testing. There were 96 new infections reported the previous week. Provincial COVID data are underestimates of the true number of infections as the government restricts access to PCR testing. Rapid antigen tests aren't tracked.

Forty-eight people were hospitalized with COVID including 10 patients admitted to the intensive care unit in Week 18. There were 39 people hospitalized the previous week with two people admitted to the ICU.

Two people died from COVID in Week 18. There were six deaths reported in Week 17 and 10 deaths the week before that.

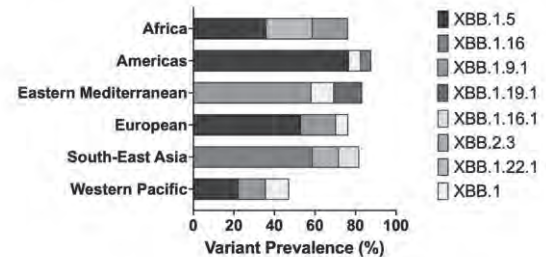
Numbers are calculated using comparisons of total outcome data between the current and the previous week's report.

Manitoba's COVID death toll is currently 2,499 according to the federal government's COVID webpage as of April 29. Canada's death toll has reached 52,231.

Wastewater surveillance data for Winnipeg and Brandon to April 25 indicates sustained COVID activity, states the Week 18 report. The Week 17 report provided wastewater data up to the same date, April 25, so it's unclear whether that activity changed in Week 18.

There were four new cases of influenza A and five new cases of influenza B reported in Week 18. There were four new hospitalizations for influenza but no deaths. There were two and five new cases, respectively, reported

Figure 5. Top three SARS-CoV-2 variants (including non-VOIs/VUMs) by WHO region, week 12 to week 16 of 2023



WORLD HEALTH ORGANIZATION

In the Americas region, XBB.1.5 is the most prevalent COVID omicron subvariant followed by XBB.1 and XBB.1.16.

the week before, with no hospitalizations and deaths.

There were 10 new cases of respiratory syncytial virus (RSV) in Week 18. There were 15 cases the week before.

OTHER HEALTH NEWS:

-There were over 2.7 million new COVID cases and over 17,000 new deaths from the virus reported worldwide over the period April 10 to May 7, according to the World Health Organization's epidemiological update published May 11.

In the Americas region (North, Central and South America), XBB.1.5 is the most prevalent COVID omicron subvariant followed by XBB.1 and XBB.1.16.

A few recent studies on vaccine effectiveness of monovalent and bivalent (targeting two virus strains) COVID vaccines show there is either marginal vaccine effectiveness of the bivalent vaccine or no difference.

Two studies from the U.K. and France have shown "marginal (approximately 10%) higher VE [vaccine effectiveness] for bivalent vaccines against Omicron infection" while one

study from Canada showed "no difference in VE between monovalent and bivalent vaccines against hospitalization," states the epidemiological report.

-The Interlake-Eastern Regional Health Authority reported on May 8 a gastrointestinal outbreak at the Betel Personal Care Home in Gimli. The COVID outbreaks at Red River Place PCH in Selkirk (reported May 1) and Tudor House PCH in Selkirk (reported April 28) are ongoing, according to the health authority's outbreak webpage (viewed May 14).

-Manitoba's Shared Health organization said 55 nurses have been hired in the provincial government's nursing float pool since it was formed last year, and that they're working shifts in rural and northern communities.

"Our government is healing health care by bolstering the health-care system's workforce and improving patient care and staff well-being," said health minister Audrey Gordon in a May 9 statement on Shared Health's website.

The float pool is lessening the reli-

Continued on page 9

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Volunteers get recognition at 7th annual SHEF event

By Katelyn Boulanger

The City of Selkirk once again hosted their annual Evening of History event which supports the Selkirk Heritage Endowment Fund. This year former mayors Bill Shead and Bud Oliver took to the stage to discuss Selkirk's Volunteer Legacy.

The evening's opening remarks were made by Selkirk CAO Duane Nicol. He introduced the former mayors who both served terms in the 1980s, Shead from 1980-83 and Oliver from 1983-2002 and spoke about the evening's event.

"As most of you will know tonight's event is a fundraiser for the Selkirk Heritage Endowment Fund. The SHEF, as we like to call it, was established in 2012 as the city's first endowment fund," he said.

He went on to explain that the SHEF was established to support the costs of a new municipal heritage museum. Until that museum is established, the fund is currently providing grants to the city's online museum as well as our local Marine Museum of Manitoba.

Bud Oliver then took over beginning the fireside chat portion of the evening.

"The volunteerism that we see and continue to see in this community is amazing," he said.

He started the evening off with the story of the Selkirk Golf and Country Club and how it was only thanks to volunteers that the club was established and maintained in our community over the years.

"As far as I understand it, in the 1930s a group of citizens got together and they struck a deal with the then council to get a lease on the floodplain land and they were able to get that extended lease," said Oliver.

A nine-hole golf course was created

and by the 1960's Oliver says that the clubhouse was not much more than a shed.

From there he says the volunteers at the golf course were able to get a grant and work with a local heavy equipment school to have the students build the dike that limits flooding to the area.

He said that it was around that time that the golf course was extended to 18 holes.

Unfortunately in the 90s, the dike needed repairs that were going to be very costly. Oliver explained that it was the club's volunteers that believed in having this golf club in Selkirk who decided to go forward with the dyke repair even though it would be expensive and require a great deal of fundraising work on their part.

He then moved on to the story of the pool in Lord Selkirk Regional Comprehensive Secondary School. The pool in the high school is special because it is the only high school in the province that has a pool in the building.

"They were able to get it attached to the brand new high school that was under construction. It was included on the plans and all the workups and the rest of the requirements but it was known that this part from that wall on, the swimming pool, had to be paid for by the community," said Oliver.

He continued saying that a group came together and they raised funds but unfortunately, the cost of the pool turned out to be much higher than initial estimates.

Undeterred by the increased price the community came together to volunteer and fundraise and pledge to make up the difference.

"In 1970 people would pledge \$100 and pay it \$10 a month," said Oliver.



RECORD PHOTOS BY KATELYN BOULANGER

Bud Oliver and Bill Shead at the SHEF event.

Shead then took over discussing how much volunteers have given to our community.

"Just to put everything that we see going on today [into perspective. It] is based on the strength of the volunteers that we have in the community. If it wasn't for the volunteers, I don't think you'd see things happening like they are today," said Shead.

When discussing a tight situation that he found himself in as a volunteer, Shead said to the people involved that "we don't need money we need friends."

He shared how, taking an incremental approach to volunteering, progress is made and large projects can be tackled.

"The swimming pool, our golf course, our arena, everything that you see in this community has a volunteer component," he explained.



There was then a brief Q and A session with the former mayors before the silent auction and door prize draw took place.

The rest of the evening was filled with a performance by Terry Danylyko and Barry Thornaldson.



> HEALTH UPDATE, FROM PG. 8

ance on overtime and agency nursing, she added.

-The NDP released figures last week showing the provincial Conservative government cancelled over 2,600 surgeries at Winnipeg facilities over the course of more than a year.

Based on the results of a freedom of information request, the NDP said it found 2,623 surgeries had been cancelled between November 2021 and January 2023.

Of those cancelled procedures, 576 were orthopedic surgeries including hip and knee surgeries. Grace Hospital had the highest number of cancelled obstetrical surgeries with 247. The Pan Am Clinic had 151 cancelled

surgeries, Concordia Hospital had 147 and the Health Sciences Centre had 31.

"Every cancelled surgery is a person waiting in pain and discomfort for longer. Brian Pallister created a staffing crisis in our hospitals and Premier Stefanson has made it even worse. Their cuts have been devastating to our healthcare system," said NDP leader Wab Kinew in a statement. "Manitobans deserve timely access to healthcare, including surgeries. It's time for real leadership that will put the healthcare needs of Manitobans first."



217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline **Mondays at 4 p.m.**

Office Hours: **Monday-Friday 9:30-5:00**



Sheri Skalesky retires as executive director from Selkirk Biz

By Autumn Fehr

The first executive director of the Selkirk Biz will retire this week.

After working for almost 15 years with the Biz, Sheri Skalesky will retire, May 18, and move on to a new stage of her life.

Skalesky started working as executive director of the Selkirk Chamber of Commerce, now known as the Selkirk Biz, in October 2008.

Past presidents of the Chamber, Kelly Lewis, and Dave Bayluk hired Skalesky. At that time, Lewis came on as vice president and Bayluk as president. Lewis worked with Skalesky for four to five years.

"She was very diligent in what she did. She got us organized. She got us sending out regular memberships, going out and meeting new members, promoting The Chamber, having events, and getting people out to events," said Lewis.

Skalesky did her practicum with The Chamber before being hired.

Lewis said Skalesky was instrumental in the early years when they tried to get the Biz back on its feet and grow it.

"She was great when we hired her, and she brought a lot to The Chamber at the time... She understood the need to grow The Chamber and what we had to do," said Lewis.

When they were working together, Lewis said Skalesky worked hard at promoting and getting The Chamber dollar program off the ground. That program then led to the Biz Bucks program the community knows today.

Skalesky said that when she started back in 2008, they had a few annual initiatives, so she was getting accustomed to some of the events that were happening at that time. Fast forward 15 years, and they've taken on many new and exciting initiatives.

"We always had a great team of people around the table with so much skill, knowledge and experience working together to create something new and exciting for our business community and just for the community as a whole," she said.

Kelly Cook, past president of the



Selkirk Biz's executive director Sheri Skalesky is ready for retirement.

Biz, worked with Sheri for a couple of years.

"If you gave it to Sheri, you knew it was done. You didn't have to check or follow up. I always used to say at our meetings that if Sheri was happy, I was happy. That's just the type of person she was," said Cook.

Skalesky was reminded of her favourite Biz memory just last week. It was a pre-pandemic event in June at the Manitoba Royal Yacht Club. Members had come down as part of a networking night and to showcase some of the new members they had at the time.

She said it was one of the most memorable, fun, and exciting days at The Chamber office.

"It was outside of the normal events that we would host... We were able to sort of put our day jobs off to the side, and it was almost like you were in some sort of fantasy world of lifestyles of the rich and famous," said Skalesky.

Chuck Davidson, the executive director of the Manitoba Chamber of Commerce, the umbrella organization for the entire chamber network - the Selkirk Biz being one of their 64 members, has had a relationship with Sheri for over a decade.

"She is going to be greatly missed once she leaves in terms of the legacy she's had in terms of supporting and growing the Selkirk Biz to what it is today," he said.

"The next person coming in is going to have big shoes to fill because of the impact she's had on the local business community."

Skalesky said her favourite part of her job is that it's never the same day twice.

What she will miss most is being in touch with what's happening in the communities and playing that role in working towards making the communities a better place to work, play, and do business in.

Jim Pelletier, past president of the Biz from 2021 to 2022, worked with



RECORD PHOTOS SUBMITTED

The 2018 Selkirk Biz Business Awards Gala Dinner – the most significant event at the Selkirk Biz. From left to right: Sheri Skalesky (executive director), Sylvia Magyar-Brambilla (president), Cst. David Wong-Selkirk RCMP, Christa Denoon (treasurer), and Shawn Trudeau (first vice-president).



Sheri for about six years.

"Sheri is the backbone and the brains of the Selkirk Biz," he said.

Once she retires, Skalesky said she is looking forward to doing things that speak to her.

"Sometimes you don't get the opportunity to experience as much as you want to. This is the beginning to explore that," she said.

She is passionate about music, loves being outdoors and gardening, and spending time with people she is close to. These are things that will now be more available to her. She said she looks forward to doing as much of that as possible.

Skalesky said there are some people

she wants to thank who were important parts of her career.

She wants to recognize Kelly Lewis and Dave Bayluk for believing in her when they hired her. She said she has always looked up to Lewis as a mentor.

Skalesky also wants to thank her partners and Bev Clegg at the Selkirk and District Community Foundation. She has worked side by side with her since day one and is very glad for that partnership.

Lastly, she wants to thank her current board. She said she couldn't think of better people to work with.

 **MANITOBA
BRAIN INJURY
ASSOCIATION**

SELKIRK SUPPORT GROUP
Meet first Wednesday of the month
1:00-3:00 pm
at Gordon Howard Centre
384 Eveline St., Selkirk
204-482-6163 (Dawn)
204-806-3405 (Dennis)
"Supporting each other towards a new beginning"

Selkirk resident volunteers with natural disaster relief

Retired banker serves as cook with Mennonite Disaster Service

By Kaitlin Vitt

Since her retirement, Judy Schmidt has found herself with extra time on her hands and she decided to dedicate her time and energy to helping those in need.

Schmidt, a retired banker living in Selkirk, spent February volunteering in Jennings, Louisiana, a city affected by hurricanes in 2020.

“As a society, we need to give something back. If we’re blessed with good health and the ability, we should give something back,” Schmidt said. “This is a small way for me to do it.”

Schmidt went to Jennings as a volunteer with Mennonite Disaster Service (MDS), an organization that helps people recover from natural disasters in Canada and the United States. Schmidt has been involved with MDS since 2018, and this was her seventh time volunteering with the organization.

“I was talking to some friends of mine after I had retired, just saying I was looking for something to do because I felt like I had all this time on my hands,” Schmidt said. “They had done just a weeklong project or two, and they suggested I give it a try, so I called [MDS], and the rest is history.”

In Jennings, Schmidt was the head cook for volunteers rebuilding and repairing homes affected by hurricanes Delta and Laura that ripped through the area in 2020. Marian Minninger from Stuarts Draft, Virginia, was the assistant cook.

“You’d still see lots of houses with blue tarp roofs, people still waiting for help, people who didn’t have a lot of resources and the hurricane just knocked them on their backside. Your heart goes out to them,” she said. “Not everybody has the resources to get back on their feet.”

Schmidt volunteered Monday to Friday, waking up around 5 a.m. to start on breakfast. She and the kitchen team also had to get lunch items ready by 6:15 a.m. for the other volunteers to pack their meals before they went out for the day.

After cleaning, grocery shopping, and cooking supper, Schmidt finished her volunteering day around 7:30 or 8 p.m.

“It is a little tiring, but after a while, you get into the routine of it,” she said. “What keeps you motivated? You know you’re there helping somebody out.”

People who MDS was helping were



RECORD PHOTO SUBMITTED COURTESY OF MENNONITE DISASTER SERVICE
Judy Schmidt (L) with assistant cook Marian Minninger in Jennings, Louisiana.

invited to have dinner with the volunteers one evening, Schmidt said. She also got to go to a couple of house blessings once the projects were complete.

“We just get to enjoy celebrating the fact that they’ve got a repaired home, and so I enjoyed that,” Schmidt said.

“That’s what keeps me going, is getting to meet the people.”

Schmidt plans to volunteer with MDS again, likely in the new year.

The Sisters of the Holy Rock raised fun and funds



RECORD PHOTO BY BRETT MITCHELL

The Sisters of the Holy Rock came to Selkirk last week to raise funds for the Gordon Howard Centre. Fun was had at the performance by the non-profit group which brought together faith, fun, comedy and song.

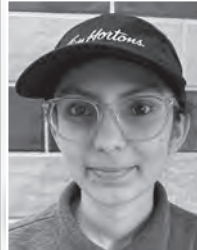


EMPLOYEES OF THE MONTH

FOR APRIL

At Selkirk's
Tim Hortons

Congratulations!



Jaspreet
263 Main St, Selkirk, MB



Babaljeet
1041 Manitoba Ave, Selkirk

Eveline Street reconstruction now award-winning

Submitted by the City of Selkirk

Selkirk's historic Eveline Street is not only newly rebuilt in the downtown area, it's also the 2023 winner of the Association of Consulting Engineers Companies (ACEC) of Manitoba's Award of Excellence in Transportation.

Engineering consulting firm J.R. Cousins – who the city tagged for the Eveline project – submitted the project for the award.

"The awards are like the Manitoba engineering Oscars," said Selkirk CAO Duane Nicol.

"We're honoured that J.R. Cousins selected the Eveline Street reconstruction as their entry for the award. Of all the work they did in 2022, they chose this project as the one they wanted to submit, so that in itself is an indication of how proud they are of the work – it's an example of their best work for the year. Congratulations to J.R. Cousins, and to city council for their vision, and staff for their commitment to always striving for the best for the city and its citizens."

Matt Fisher, Senior Municipal Engineer with J.R. Cousins, said he "completely" agrees with Nicol's comparison of the award to the Academy of Motion Picture's iconic Oscar and he's pumped that Eveline Street has been recognized in this way. And while the company, which has been around for about 40 years, has won ACEC awards before, this one breaks new ground.

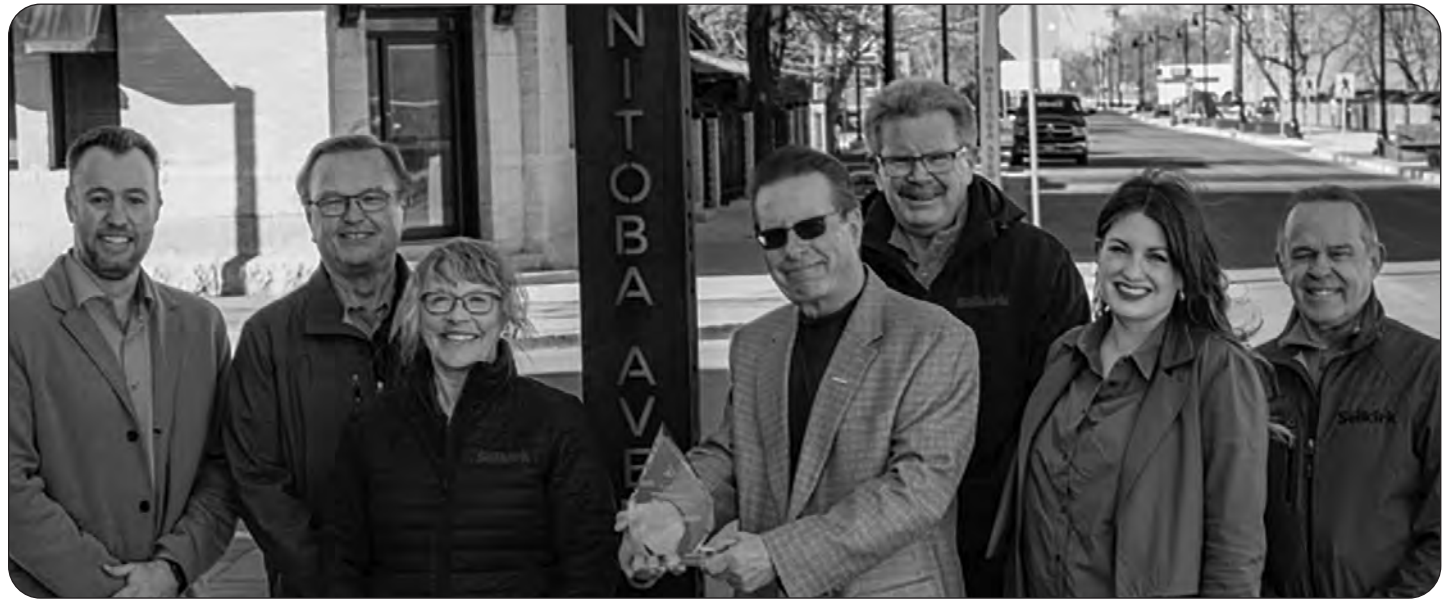
"This is great for us because it's our first award in transportation engineering," Fisher said.

"A lot of the previous awards focused more on water treatment, wastewater treatment, that kind of thing, but we'd never won an award for transportation. That was [one of the] reasons why we wanted to showcase some of the innovative solutions that we used."

Fisher said J.R. Cousins does about 100 projects per year, ranging from simple lot grading to more detailed water treatment plant and lagoon projects. They select one project per year to submit for the ACEC awards.

"This year we thought that the Eveline Street project was a really great project," he said.

"It showed a transformation of a roadway that certainly needed improvement. As a management group we looked at all the projects and thought that this was an example of a transportation type project that had some innovative solutions to it and that was what ultimately helped us decide to proceed with it."



RECORD PHOTO SUBMITTED

Eveline Street has won an award in the 'engineering Oscars'.

In what was the city's largest ever single street rebuild, the seven blocks of Eveline from Eaton to Queen were redone to bring them up to modern standards for accessibility while improving lighting, public safety and adding an active transportation pathway as well as other urban design best practices.

Fisher said the city embraced the chance to be innovative and the use of silva cells – which store rainwater underground to water trees – is one of many examples.

"The vision of the City of Selkirk was extremely clear. They wanted to build a great downtown and they started with Manitoba Avenue, and this was an extension of that. They really wanted active transportation and accessibility to make sure the road was accessible and great for all citizens and to really promote not just driving along the street but the use of sidewalks and the active transportation pathways. That was a really key focus," Fisher said.

"It was also great to work with the city because they're open to innovative solutions to problems. The silva cells is a great option...the city really pushed for 'how can we make this more climate resilient' and that is tying it into the land drainage sewer system."

Fisher said that while some municipalities would look to cut construction costs by removing things like silva cells, ultimately that savings would be artificial and increase the long-term operating costs as the city would have to manually water the trees. The City's Capital Asset Management program takes a more holistic look at costs and using life-cycling costing analysis to reduce capital, operating, and repair costs while at the

same time achieving level of service targets.

Kaili Brown, Landscape Architect with HTFC Planning & Design, commended the city for its vision for Eveline and its commitment to a sustainable future.

"The City of Selkirk has set up its community for a successful future by consciously following through on its strategies. Its downtown renewal, climate change adaptation and active transportation strategies are a few of the initiatives that informed the reconstruction work on Eveline Street," Brown said.

"This project not only creates a more accessible, brighter and equitable roadway for all users, it also restores the urban tree canopy which once lined Eveline Street. The way in which street trees are incorporated through the use of silva cells ensures an adequate amount of uncompacted growing medium below the pavement to give the trees optimal growing conditions. These cells also provide stormwater retention and use while increasing the tree's longevity in a changing climate."

Brown also applauded Selkirk's desire to be more inclusive and provide opportunities for all to move about the city in the way they choose.

"Active transportation was an important aspect of this reconstruction. The design provides generous sidewalks along the west and a multi-use pathway on the east side of Eveline Street to accommodate both pedestrians and cyclists," Brown said.

"This formal connection on the east side between Selkirk's lift bridge, waterfront, Marine Museum and Selkirk Park provides greater accessibility and opportunities to engage with these important community destina-

tions as well as the surrounding residences and commercial businesses in a more inclusive way which was not possible previously."

Other innovative solutions included making a 100-year-old elm tree along the boulevard a priority in the design development and construction. Fisher says they soft dug the tree roots and collaborated with the city's arborists and outside arborists to save the tree.

They also dealt with some below-grade issues in a way that ultimately makes the road stronger.

"We knew that we were dealing with some silty subgrade in the soil so we used an innovative geosynthetic material instead of a geotextile, which provides a little more strength for the subgrade," Fisher said.

"The geosynthetic style allows you to reduce the amount of granular material you need to place on the road."

Selkirk Coun. Lorie Fiddler says the street was in need of reconstruction and it made sense to make it more accessible, safer and more attractive.

"It's part of our Strategic Plan to revitalize our downtown. All the planning and forethought has achieved the goals of accessibility, safety and aesthetically pleasing and Eveline is now an award-winning example of design," Fiddler said.

"I'm in the childcare field and now that Eveline is more pedestrian friendly, we feel confident taking our kids for walks to connect to the outdoors and their community."

The rebuild included the roadway as well as sidewalks and boulevards from Eaton Avenue all the way to Selkirk Park where the city's first roundabout now exists.

Seven trees to be removed from Selkirk Park Campground

Trees determined to pose high risk to safety of visitors

Submitted by the City of Selkirk

The City of Selkirk will remove seven trees from Selkirk Park Campground after an assessment determined they posed a high risk to the safety of visitors to the area.

The trees will be removed immediately and prior to the opening of the campground on May 19.

Brady Clark, Director of Culture, Recreation and Green Transportation, said the removal is a safety issue and is a result of the city actively managing its urban canopy through maintenance and upkeep, which includes the removal of trees at the end of their life.

“The risk assessment showed that these trees were compromised due to decay and a strong wind could topple them. Knowing they pose a potential danger the decision was made to remove them,” Clark said.

The city’s tree inventory collects basic information including condition assessments on all trees in city parks and on boulevards. Several trees in the campground were identified through the assessment as showing signs of deterioration. There has also been an increase in the number of broken trees in the park caused by wind or storm events.

Provincial funding enabled the city to contract Davey Resource Group to conduct a thorough tree risk assessment in the campground this March with the goal of identifying trees that posed a risk to residents of the city and visitors to the campground.

Forty-eight trees were assessed and of those, seven were identified as being high risk and recommended for removal, seven were in need of significant pruning and 34 were considered low risk.

Five of the trees will be removed by a contractor due to their size while the other two will be removed by trained city staff.

The trees will be removed from May 16-18 and sections of Selkirk Park may be closed for periods of time to ensure public safety.

Mihali Schindle, Urban Forestry and Naturalization Coordinator with the city’s Parks and Rec department says trees embellish and improve other infrastructure by providing shade, cooling, and stormwater management.

“Trees have a lifecycle just like all other infrastructure, including roads and buildings, which must be maintained or replaced over time. However, trees are unique because they

are living infrastructure that require special attention and care. They take years to reach their full potential, but how we manage our trees will create a safe and sustainable environment for citizens and future generations.”

Selkirk CAO Duane Nicol noted that the city’s integration of trees into the city’s asset management program is part of the City delivering on its Climate Change Adaptation Strategy.

“Not only do trees mitigate climate change by sequestering carbon, but they also help us adapt to the changing climate by reducing heat stress and absorbing stormwater. We have already seen an increase in the intensity of summer storms – which is why removing trees that pose an elevated risk of failure and safety concerns is more important than ever. By actively managing our urban canopy we can reduce risk but also increase the climate action benefits of trees,” said Nicol.

The city doesn’t take removing a tree lightly and does all it can to keep older trees in place. The city follows the International Society of Arboriculture assessment parameters and methodologies, the national standard for tree care, maintenance and assessments, along with monitoring tree condition over time as part of the city’s street tree inventory.

The city’s Street Tree Policy, which includes trees in city parts, states that trees will not be removed without just cause. It also states that structurally damaged trees posing a threat to public safety require emergency removal.

The 48 trees selected for assessment showed signs of visible defects, including decay on the root crown, trunk, or canopy. Because the campsites and playground are in the immediate vicinity of the trees that will be removed, there is a high risk because campers are in the area throughout the summer months consistently.

The city plans to replace the trees over time as suitable trees can be secured. As part of the replacement process, the city will use its Street Tree policy to select trees that are best fit for the location as well as introduce a variety of species to increase the benefits of a bio-diverse urban canopy.



RECORD PHOTO SUBMITTED

One of the trees that will be removed.

McHappy Day fundraiser



RECORD PHOTO BY BRETT MITCHELL

The local Selkirk Main St. McDonalds Restaurant hosted a McHappy Day fundraiser on May 10. This fundraiser raised \$12,148 locally and more than \$7.5 million nationally to support Ronald McDonald House Charities Canada and other local children’s charities across the country. Pictured: Selkirk Mayor Larry Johannson gets behind the drive-thru window.

Interlake WAVE artists will take you on a creative journey: upcoming studio tours

By Patricia Barrett

People who want to indulge their curiosity about how art is created will have an opportunity next month when artists with the WAVE Interlake Artists Studio Tour throw open their doors to the public.

WAVE artists from Arborg to St. Andrews and Dunnottar to Gimli are taking part in two studio tours in June and September.

Several WAVE artists were on hand at the Gimli Art Gallery on May 6 to showcase their unique works of art and provide demonstrations to the public.

The three-hour event, which included a light buffet, attracted dozens of people wanting to get the lowdown on how artists work with paint, glass, wood, metal and other media to bring their creative visions to life.

"We had close to 50 people come through already," said Jerry Maryniuk, a retired forensic artist, cartoonist, author and sculptor who specializes in creating works of art out of home-grown gourds. "We have 18 artists involved with this year's WAVE tours."

Gary Foidart, a Métis artist from Winnipeg Beach, had an array of chisels lined up to show people how he shapes wood into artwork. He also uses chainsaws and electrified probes, but he left those tools at home so as not to cause a ruckus in the club's workroom.

He harvests his own wood and will show you how to navigate the grain using different sized chisels.

"I'm really a chainsaw carver; that's my main gig. It can be dangerous," he said as he demonstrated how to chisel on what will be a wall-hanging of a woman with flowing hair. "You have to carve with the grain. You'll

know which way the grain is going because the chisel will get caught. If it starts tearing out the wood, I know the grain has changed direction and I need to chisel from another angle."

He also specializes in Lichtenberg burning in which he electrocutes wood to create stunning designs. The electricity gouges a pathway in the wood that he sometimes fills with a glow-in-the-dark epoxy.

"I rewired a microwave oven transformer. I have wires on two leads attached to screwdrivers that you push into the wood. I dampen the wood and back off 20 feet. Then you basically electrocute it," he said. "It only takes one shock and you learn how to do it safely. The guys that get burnt hold on to the leads."

Breaking pieces of glass to make intensely colourful decorative and functional artwork seems less risky. Artist Patricia Tymkiw, who is new to the WAVE tour this year, has special tools to score and break coloured glass into small pieces that she incorporates into her artwork.

"I cut glass into squares that become part of the design, such as seeds for a flower, then put it into a kiln for 24 hours so that it becomes one piece," said Tymkiw.

She buys sheets of glass that are naturally coloured through minerals such as gold (red) and mercury or zinc (pink).

Heather Dawson also works with glass, making decorative art such as lanterns and jewellery with designs that are screen-printed right onto the glass.

"Basically, it's like screen-printing on a T-shirt," said Dawson, demonstrating how to make a bookmark on paper using acrylic ink. "I'll make a



RECORD PHOTOS BY PATRICIA BARRETT

From left Interlake artists Stephanie Sutton, Heather Dawson, Gary Foidart, Jerry Maryniuk, Helma Rogge Rehders, Patricia Tymkiw, Ainslie Davis, Gayle Halliwell and Alan Lacovetsky.



Jerry Maryniuk's thunder gourds and humorous trolls playing hockey and curling.



Some of Heather Dawson's glass jewellery.



Jerry Maryniuk, who lives west of Arborg, is a cartoonist as well as a sculptor.

design on the computer, print off a stencil and cover my screen with emulsion paint. The emulsion fills the tiny squares in the screen which transfers onto the glass. Afterwards it goes into the kiln and gets fired so it becomes sintered onto the surface."

The public can visit the artists in their studios from June 10-11 and from September 2-3. For information about the artists and where their studios are located, visit www.watchthewave.ca



Ainslie Davis from Sandy Hook is an acrylic painter and also makes cards, pottery and jewellery.



Patricia Tymkiw from Sandy Hook demonstrates how she scores pieces of glass and cuts it with a special tool. She incorporates the pieces into intensely colourful works.



Gayle Halliwell from Winnipeg Beach wields her brushes to capture the beauty of nature.

Organizers to create Every Child Matters garden for reflection

Garden will honour memory of children who died attending residential schools

Submitted by the Manitoba government

In consultation and collaboration with the organizers of the Every Child Matters flag display at the Legislative Building grounds, the Manitoba government is creating a new permanent garden on the grounds in memory of thousands of Indigenous children who never returned home from residential schools in Manitoba and across the country, Consumer Protection and Government Services Minister James Teitsma announced Saturday.

“Over the past several years, Canadians have become increasingly aware of the harms caused by the residential school system,” said Teitsma. “The new Every Child Matters memorial garden will create an opportunity and a place for reflection for Manitobans in honour of the memory of the children who never returned home to their families from residential schools, as we continue to work toward reconciliation.”

The new garden will be on the south grounds of the Legislative Building alongside Assiniboine Avenue and will feature a mix of orange annuals and perennials such as lilies, roses and marigolds. Later this spring, a memorial plaque and bench will be installed for visitors to sit and reflect, the minister

said.

The orange Every Child Matters flags currently on display on the north side of the Legislative Building grounds will be relocated to the new garden this weekend, led by the organizers of the display. The flags will be replaced with the garden flowers as soon as weather allows in order to create a more permanent tribute to the children, the minister said, noting that organizers who initially created the flag display have selected meaningful plants in consultation with an elder.

“It has been our absolute honour taking on the task of installing and maintaining the Every Child Matters flag display. We could have never predicted the immense impact that our actions would have on the community,” said Tara Martinez, co-organizer of the display installation. “Over the last two years, many Indigenous and non-Indigenous supporters of the Children First Society of Canada have helped to make this happen, proving that although we don’t always agree on past transgressions, we can choose to move forward in a positive way.”

The Truth and Reconciliation Commission of Canada has documented 6,000 children who died while attending residential schools across the country. The commission estimates that of the 6,000 documented deaths, 338 children died while attending such schools in Manitoba. However, the true number of children who died while attending these institutions is likely much higher.



The Every Child Matters gardens will include a mix of orange annuals such as lilies, roses and marigolds.

When your heart needs a *rush*



PHOTO: PRAIRIE WHITewater

ODEI RIVER | 56.10295° N, 96.90698° W



CLEARWATER LAKE | 53.99677° N, 100.95033° W

PHOTO: @PAULEPPIC

Whether it's the call of adventure that draws you in or the vast untouched wilderness waiting to be discovered, you'll feel a rush of excitement when you explore northern Manitoba. Hike, paddle, camp or stay in a cabin or at a lodge—however you choose to explore Manitoba's north, you'll leave exhilarated by what you found here.



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MANITOBA CANADA'S HEART IS CALLING

Government provides \$1.2 Million for youth to build skills, enter the workforce

Submitted by the Manitoba government

The Manitoba government is providing youth in Manitoba with the opportunity to experience their first jobs in a supportive environment that gives them the confidence and skills needed for work, Economic Development, Investment and Trade Minister Jeff Wharton announced Monday.

"Our government is committed to supporting young Manitobans so they can build their skills and engage with the workforce through this supportive model," said Wharton. "The programs funded through the First Jobs Fund help youth develop the skills necessary to be successful in the

future."

The First Jobs Fund supports registered non-profit or non-government organizations to implement programming for youth aged 15 to 29 facing barriers to employment, up to a maximum of \$300,000 per organization.

The two programs available include:

- a job readiness program which develops employability skills and provides mentorship, job coaching and life skills to youth participants.; and
- a wage subsidy program which provides a minimum of seven hours of employment per week and at least 150 hours of employment to youth participants.

Last year, more than 300 Manitoba youth had the opportunity to build skills in their first job through the First Jobs Fund. These young people have gained valuable experiences that have supported them in their further education and career paths, the minister noted.

The fund prioritizes projects that support Indigenous youth, include paid work experience, and provide skills and experiences in key economic sectors and for in-demand jobs, said the minister.

Applications for the First Jobs Fund are open until July 31.

For more information and the appli-

cation form, visit https://gov.mb.ca/wd/ites/youth/first_jobs_fund.html.

"OUR GOVERNMENT IS COMMITTED TO SUPPORTING YOUNG MANITOBANS SO THEY CAN BUILD THEIR SKILLS AND ENGAGE WITH THE WORKFORCE THROUGH THIS SUPPORTIVE MODEL."

RCMP assist WPS to stop stolen vehicle in St. Andrews Airport vicinity

Submitted by WPS

On May 4, at approximately 9:10 p.m., while in the 400 block of Harbison Ave. West, a male suspect entered a running, unattended pizza delivery vehicle, a 2006 Lincoln Zyphyr. The pizza delivery driver attempted to stop the theft and was dragged a short distance, causing minor injuries.

On May 5 at approximately 11:35 p.m., Winnipeg Police Traffic and General Patrol officers responded to the area of Henderson Highway and Chief Peguis Trail regarding a previously stolen vehicle being operated erratically.

Officers attempted a traffic stop by activating their emergency equipment. At that time, the stolen Lincoln fled at a high rate of speed, ignoring traffic control devices and having no regard for public safety. The stolen vehicle continued northbound on Henderson Highway, attempting to evade police.

AIR1 was advised and quickly maintained visual containment. However, the vehicle continued to be driven in an unsafe manner toward Lockport. Coordinated by AIR1, assisted by the RCMP, officers safely stopped the stolen vehicle with the use of a tire deflation device in the area of St. Andrews Airport on McPhillips Road.

The male suspect attempted to flee on foot and continued to struggle with officers before being taken into custody. He was also found to be in possession of two stolen bank cards.

A 34-year-old male from Winnipeg is facing the following charges:

- Flight while Pursued by Peace Officer
 - Resist Peace Officer
 - Robbery
 - Drive without licence or invalid licence
 - Possession of Credit Card x 2
- He was detained in custody.

Walk-in Clinic
Open Monday, Tuesday, Thursday 9 to 5
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Limit of 2 litres of new oil per person
- A USED OIL FILTER & RECEIVE
- A COUPON FOR A NEW FILTER
Up to a \$10 value/limit of 1 filter coupon per person

WHILE QUANTITIES LAST

Bring used oil & filters to:
Eco Centre - City of Selkirk Waste Transfer Station
Summer Hours: 9:00am-6:00pm
(Closed Wednesdays, Sundays, and Holidays)

Selkirk Public Works WEEK

May 21 - 27, 2023
CONNECTING THE WORLD THROUGH PUBLIC WORKS

Department of Operations

OPEN HOUSE
THURSDAY, MAY 25
10AM - 12PM

Activities will include:

- Tractor rides
- Interactive equipment display
- Games
- Contests and prizes
- Refreshments & more!

Held at the Public Works Yard
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This year's poster illustrates how public works connects us all through infrastructure and service, enhancing the quality of life for the communities these professionals serve.

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Getting down at the Lord Selkirk School Division Dance Festival



RECORD PHOTOS BY KATELYN BOULANGER

The Lord Selkirk School Divisional Dance Festival took place for the first time since the pandemic began in 2020. Last week students from École Bonaventure, Centennial School, Daerwood School, Happy Thought School, Mapleton School, Ruth Hooker School, St. Andrews School, Walter Whyte School, and William S. Paterson School travelled to St. Andrews School to show off their moves.



High School hosts career fair



RECORD PHOTOS BY BRETT MITCHELL

Last week the Lord Selkirk Regional Comprehensive Secondary School hosted its annual career fair. Representatives from various industries stopped by to chat to students about what a career in their field is really like and students learned about many local career options.



2023 - 2024
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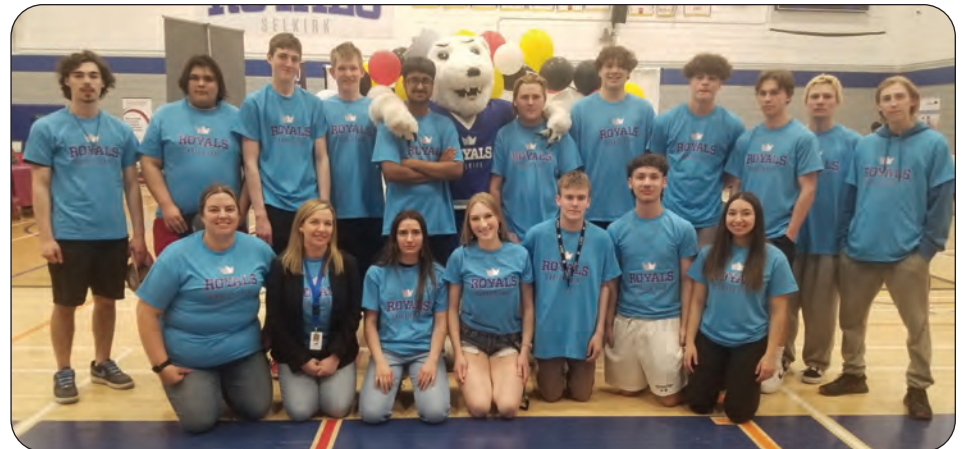
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“Keeping our Community Moving”

Manitoba memories inspire master chocolatier

By Jennifer McFee

A master chocolatier is honouring her local roots with a mouth-watering treat inspired by her childhood in rural Manitoba.

Rachel McKinley grew up in Stonewall and is now based in Vancouver, where she's enjoying a sweet career with Purdys Chocolatier.

McKinley, a Stonewall Collegiate graduate, earned an undergraduate degree in science from the University of Manitoba. She applied for medical school and started making chocolate for fun while she waited to hear if she was accepted.

After three years of applications and waitlists, McKinley decided to change directions and focus entirely on chocolate. She took online courses and did internships with chocolatiers across North America.

Over time, the budding entrepreneur ran her own small business in Manitoba called Prairie Girl Chocolates and another in Vancouver called Cocoa Nymph, while also teaching at a chocolate school.

For the past eight years, she's been working for Purdys Chocolatier based in the company's factory kitchen in

Vancouver.

One of her mouth-watering chocolate creations called "Saskatoon Berry" stems from her fond memories of Manitoba.

"The saskatoon berry chocolate starts with a mould, which is sprayed with a coating of light purple-coloured cocoa butter — cocoa butter is the fat that gives chocolate its structure. Then it is a dark chocolate shell and filled with white chocolate mixed with a concentrated saskatoon juice," McKinley explained.

"I grew up in Manitoba and my grandparents were all Mennonites. As early European settlers, my ancestors learned to use saskatoons, and one of my favourite dishes growing up was saskatoon 'verenika' — perogies — that my paternal grandmother would make. This chocolate was inspired by my grandma and her cooking."

Purdys Chocolatier sells the saskatoon berry chocolate seasonally, and it remains popular year over year. It's currently available for purchase at all Purdys shops across Canada.

"We have sold this chocolate every summer for a few years now," McKinley said, "and people love it and wait

for it to come back."

For McKinley, making chocolate has offered an enjoyable career path.

"It's the perfect blend of science, art and sociability. It makes people happy, and that brings me so much joy," she said.

"We are always working on new things in our factory kitchen. I'm really proud of our new vegan caramel, which allows folks who can't eat dairy

to still enjoy caramel chocolates."

Although the West Coast is now home for McKinley, she remains connected to her Manitoba roots.

"I love hearing from folks from back home when our chocolates make them happy," she said. "Say hi through our social channels."



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PHOTOS SUBMITTED

Top: Chocolates. Above: Purdy's chocalaiier Rachel McKinley.

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Popular trends in home exteriors

Certain homes have an undeniable wow factor. That instant appeal tends to be noticeable the moment visitors pull up to the curb, and it might be a by-product of homeowners' willingness to embrace the latest exterior design trends.

Trends come and go, but recognition of the current fashions can help homeowners create that highly sought-after wow factor. The following are some recent trends in home exteriors that have helped homeowners set their properties apart.

Wood
 Natural wood has undeniable appeal, and it hasn't only found newfound devotion among home interior decorators. Natural wood garage doors create a sense of warmth and can set a home apart from others with steel doors, which tend to be the most popular garage door material. In addition to the garage door, natural wood entry doors and wood decks are popular ways to impart this classical, warm look to a home's exterior.

Painted brick
 Like natural wood, brick is a traditional material that's both sturdy and classical. But homeowners can add character to brick with a coat of paint, which has become a popular trend in recent years. Light tones tend to be most popular when painting bricks. The experts at Better Homes & Gardens note that this could prove a long-term commitment if homeowners so desire, as a properly painted brick exterior could last as long as 20 years.

Hardscaping
 Hardscaping isn't a new trend, but it has been trending in recent years. Hardscaping is an umbrella term that includes everything from outdoor living rooms to incorporating natural stone into



Outdoor living spaces are one popular hardscaping trend that figures to remain sought-after for years to come.

a landscape. Outdoor living rooms are one hardscaping trend that has become increasingly popular of late. These spaces serve as an extension of indoor living spaces. The home improvement experts at HGTV note that recently homeowners have looked to create covered outdoor rooms that can be enjoyed more frequently than patios or decks that are not protected from the elements.

Outdoor lighting
 It makes sense that individuals looking to spend more

time enjoying their properties outdoors would want more lighting outside. Ambient outdoor lighting can be utilized throughout a property. Such lighting can light up walkways and driveways and be used to light up landscaping features like trees and gardens.

Home design trends tend to be fickle. But recognition of the current trends in exterior home design can set homes apart and turn properties into awe-inspiring places to enjoy the great outdoors.

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7 Craig Avenue, St Andrews - \$629,900
BEAUTIFUL BUNGALOW! Situated on a treed 1.07 acre lot is this 3 bed, 3 bath home featuring neutral tones & recent upgrades throughout. Enjoy a double attached garage for your tools & toys. Shingles (18), countertops (18), kitchen appliances (18), washer & dryer (21) and more!

SOLD
3 Kelsey Trail, St Andrews - \$559,900
STUNNING CUSTOM BUILT HOME! Situated on a 1.45 acre lot in St Andrews is this 2,492 SF, 5 bed, 4 bath home featuring a roundabout driveway, neutral tones, and three balconies throughout! Your inner green thumb will love the greenhouse in the backyard. Enjoy a 4 car garage and a large shed for your tools & toys!

SOLD
191 Dunning Road, St Clements - \$679,900
CUSTOM BUILT BUNGALOW! Crafted in 1998 is this 1,981 SF, 3+1 bed, 3 bath home featuring a wrap around deck, roundabout driveway, and an inviting open concept floor plan. Enjoy a triple attached garage, a 12x9 shed, and a bonus 40x32 detached shed for your tools & toys! Under 10 minutes to Lockport and the Perimeter Highway!

5952 Henderson Highway, St Clements - \$264,900
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5460 Main Street, St Andrews - \$1,730,000
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62 Magalas Avenue, West St Paul - \$989,900
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Manitoba government providing historic tax relief

Low tax plan to make manitoba more affordable to live

Submitted by the Manitoba government

The Manitoba government is making historic investments that will bring total tax and affordability measures to more than \$1.8 billion between 2022

and 2024, providing \$5,500 in total savings for the average two-income family by 2024, Finance Minister Cliff Cullen stated last week.

“We have a Low Tax Plan to make Manitoba a more affordable place to live, and a more competitive place to do business,” said Cullen. “This means creating a positive atmosphere for economic development with new opportunities for Manitoba businesses to grow. Our historic tax relief will

help the economy prosper because we understand that affordability and tax competitiveness is the key to creating good local jobs for Manitobans.”


This year, the School Tax Rebate for residential and farm properties increases to 50 per cent in 2023 from 37.5 per cent in 2022. The average rebate to a homeowner will increase to \$774 in 2023 from \$581 in 2022. Rebates are delivered the month in which municipal property taxes are due and will begin being received in Winnipeg and Brandon in June.

Owners of other properties including commercial, industrial, institutional properties will receive a 10 per cent rebate of the total of both the school division special levy and the education support levy payable.

“It would be naive to understate the importance of Manitoba’s growers to our provincial economy,” said John Graham, prairie director, Retail

Council of Canada. “These primarily national brands provide over 17,000 jobs, pay tens of millions of dollars in annual taxes, support hundreds of charities, as well as being critical champions of Manitoba growers and food producers. Arbitrarily determining who receives a rebate on the taxes they pay based on who owns a company or the size of their contributions to Manitoba’s economy not only undermines the importance of fairness and trust, it’s simply bad tax policy. Tax rebates allow retailers to lower prices, create jobs and invest in their businesses.”

To learn more about the School Tax Rebate, visit <https://www.gov.mb.ca/schooltaxrebate/index.html>.



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Your FARM



Regenerative Agriculture: saving our farmland for the next generation

Educative collaboration between the EIWD and Understanding Ag

By Emma McGill

Humans have been learning to cultivate and care for land since the beginning of the first agricultural revolution about 11,000 years ago, and have continued to develop more efficient methods and technology for arable husbandry. The second agricultural revolution brought us things like mechanization, large-scale irrigation, and the use of pesticides and herbicides.

Though these methods of farming put into practice on the Canadian prairies have significantly assisted in the foundation that agriculture brings to our communities, they need to be revised. There is major concern rising across the country for the biodiversity of the land and for the health and viability of the crops themselves under current practices.

On May 4, Blain Hjertaas and Michael Theile visited the South Interlake Rockwood Ag. Society as a part of a Regenerative Agriculture Workshop hosted by manager Armand Belanger of the East Interlake Watershed District. Hjertaas and Theile, about five years into their project, come from Understanding Ag., which is an organization of genuine farmers and ranchers who work with clients who are willing to learn about and put a model of regenerative principles into place to create more sustainable and profitable farms. They work with services like Ducks Unlimited to promote conservation.

Hjertaas is a farmer of 49 years from Saskatchewan, 25 of which have been under the regenerative model, who does consulting work for Understanding Ag. Thiele is from the Dauphin area and has always been curious about agriculture, having completed a plant science degree at the University of Manitoba.

Concerningly, after about 20 years of cultivating land using past methods, organic matter in soil has dropped from 12 to 2 percent. One third of farmable land has been lost in the last 40 years. "We are

wrecking the resource that our livelihoods depend on," says Hjertaas.

Regenerative agriculture involves using the rules of nature and cooperating with them, and working these rules into our understanding and relationships with nature itself. The six regenerative principles are context (the only man-made principle), living root for as long as possible, diversity, armour on the surface, minimizing disturbance, and animal incorporation. These are the principles that will allow farmers to accommodate nature and its economic processes: energy flow, the water cycle, the mineral cycle, and biodiversity.

During their presentation, Hjertaas and Theile guided the audience through each principle, its history, and its benefits. They also guided everyone through a few big things that can be done to create healthier soil; the ideal soil is not compact and concentrated but a spacious balance between soil and carbon that allows for water to soak in and room

Continued on page 25

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> REGENERATIVE AGRICULTURE, FROM PG. 23

for roots.

This can be tested using a water infiltration test. Understanding Ag. also promotes the power of observing the soil directly, using the senses and watching how it changes from day to day. They are highly enthusiastic about these changes being picked up across the prairies. "There's so much cool stuff being done here in Manitoba and Saskatchewan," says Thiele.

Not only do these methods produce healthier soil with more nutrients and allow for a more biodiverse environment involving large feeders and pollinators, but they also reduce the risk of both droughts and floods. This is where the Watershed District comes in; a watershed is an area of land that carries rainfall and melted snow down to creeks and rivers, and eventually to larger bodies of water. The Watershed District is all about protecting those areas of land and sustainably making use of aquatic resources. They also aim to protect wetlands, native grasslands, forests, and riparian areas.

Currently, fields that are farmed using typical methods can often take about an hour to absorb one inch of rain, making those fields highly susceptible to floods during intense rainfall. Also, if the field is not soaking up and storing water, it will become very dry very quickly, causing a drought. In contrast, a field that is farmed under regenerative agriculture's ideals would take about 10 to 30 seconds to soak up that one inch of rain. Now, the example being used is just one inch of rain, so let's look at things on a larger, more realistic scale: it is estimated that 25,000 gallons of water could be stored on just one acre of land when following these regenerative principles.

If you missed the collaborative workshop event between the East Interlake Watershed District and Understanding Ag, some things to check out would include any of EIWD's upcoming open houses, or take a look at any of the funding they have available for things like reforestation, prairie rehabilitation, and regenerative agriculture practices.



PHOTO BY EMMA MCGILL

Michael Theile, left, and Blain Hjertaas shared their knowledge with farmers at a recent workshop.

MFGA Grazing Mentors to support MB Watershed Districts rotational grazing BMPs

Submitted by MFGA

Manitoba farmers interested in the rotational grazing Best Management Practices (BMPs) within the Prairie Watersheds Climate Program (PWCP) led by the Manitoba Association of Watershed Districts (MAW) received great news last week.

Manitoba Forage and Grassland Association (MFGA) has provided MAW with a list of around 15 grazing experts located across the province for Watershed Districts (WD) to connect farmers with grazing mentors and experts to help bring their PWCP aspirations forward around grazing plans and better understanding grazing practices and BMPs.

"MAW is pleased to announce the PWCP rotational grazing support available to watershed districts through MFGA," said Garry Wasylowski, MAW board chair. "MFGA has been a strong partner within the Prairie Watersheds Climate Program, and we look forward to their services being available to support

Manitoba's Watershed Districts in their delivery of the rotational grazing BMP."

The MFGA Grazing Mentors all come from within the MFGA network, either board members or supporters. The group's grazing plan approach will be organized by Larry Wegner, MFGA board alumni. Watershed Districts may use the provided MFGA mentors list to connect farmers with available mentors. MFGA mentor services to Watershed Districts may include services such as: one-on-one mentorship to answer entry level questions, Watershed District support for application review as well as rotational grazing questions.

"The role of MFGA in providing grazing mentors is a great fit for us and we thank PWCP leaders for the opportunity to show our leadership and mentoring abilities on a farmer-to-farmer basis," said Lawrence Knockaert, MFGA chair. "Many

Continued on page 26



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Your FARM



> ROTATIONAL GRAZING, FROM PG. 25

of the leaders on our MFGA Board and among our grazing mentors are leaders on grazing and regenerative agriculture practices and fully understand what needs to be discussed around grazing plans that help access some of the PWCP Rotational Grazing funding for farmers."

The MFGA Grazing Mentor list will help Watershed Districts facilitate increased uptake of the Rotational Grazing BMPs of the PWCP, an up to \$40 million program led by MAW through Agriculture and Agri-Food Canada's On Farm Climate Action Fund to producers in Manitoba and Saskatchewan to accelerate their

adoption and implementation of on-farm Beneficial Management Practices (BMPs) to reduce Greenhouse Gas (GHG) emissions, support production efficiency, sustainability and resiliency on their farm operations.

SIDEBAR

The Prairie Watershed Climate Program through the On Farm Climate Action Fund may fund producers for the adoption or expansion of planning and implementing grazing rotations in their operations. For rotational grazing, these include:

Infrastructure to support the Rotational Grazing Plan

- \$18,000/quarter to a maximum of \$75,000. Includes all eligible fencing and watering systems.

Improving Pasture compositions by seeding legumes such as alfalfa/sainfoin

- \$35/acre, up to \$75,000

Creation of Grazing Management Plan

- 50% of cost of the plan, up to \$400

Eligibility Requirements Funded Practices must:

- Be new practices for an operation, or

- Be expanded from what has been practiced in prior years on new land or new acres than prior years,

- Have a rotational grazing plan provided that supports the new practice, and

- Provide a rotational grazing plan that is recommended by a licensed agronomy professional (with demonstrated competency in the agronomy practice area that may include the CCA designation).

For more information: Duncan Morrison, MFGA Executive Director, 204.770.3548, Duncan@mfga.net

MFWP celebrates first anniversary and announces continuation of program

By Manitoba Farmer Wellness Program

Manitoba's only free one on one counselling service for farm families celebrated its first anniversary earlier this year. With significant support from sponsors and a growing following on social media, the Manitoba Farmer Wellness Program (MFWP) has lots to celebrate including their announcement of the continuation of the service in Manitoba.

"Last year was an exciting year for MFWP," says Marcel Hacault, MFWP's chair. "On March 1, 2022 we launched our confidential, no cost counselling services to support the mental health and wellness of Manitoba farm families. We saw a need and with overwhelming support from the industry, we are excited to announce we are continuing this service in Manitoba. We are thankful for the growing community of sponsors and supporters that see value in the program, and we are in a great position for the future."

The MFWP board is currently going through a strategic planning exercise to define the future direction of the program. Part of that exercise is establishing the sustainability of the program, not just financially, but also from an awareness and promotion perspective.

"What we learned in our first year is that the program works, is valued by those who use it and it should be continued. This year we would like to raise funds to support 160 Manitoba farm families, and our focus will be on increasing awareness about the

program with industry, farmers and health care professionals," says Roberta Galbraith, vice chair, MFWP.

The results of the program can be summed up in this unsolicited testimonial: "A true highlight of the 2022 growing season for me was finding out about and using the counselling services provided by MFWP. Not only was it encouraging to hear that such a program exists, my sessions with Kim provided me with valuable perspective and insight towards how my own mental health is connected to the health of my farm. I better understand now that tending to my own self and my own mental health is equally as important as tending to the fields. These lessons are benefiting me immensely."

Farmers and their immediate family members can access six free, confidential one on one (one hour) counselling sessions with a registered counsellor with a background in agriculture, funded by the MFWP. The services are available during the day, evenings or on weekends to accommodate farmers' unique schedules, and can be in person, by telephone or video chat depending on preference.

If you are interested in booking an appointment with a counsellor, making a donation or learning more about the program, visit manitobafarmerwellness.ca.



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Lake Winnipeg commercial fisher sounding quagga mussel alarm

By Patricia Barrett

A Lake Winnipeg commercial fisher who had warned the government years ago about the rise of algal blooms and the advent of zebra mussels is sounding the horn on quagga mussels, which are causing environmental and economic damage in the Great Lakes and waterways in various parts of the United States.

Robert T. Kristjanson, who has been fishing for over 70 years and earned the Order of Manitoba in 2018 for raising awareness of algal blooms, said he's concerned there's not enough being done by the government to stop quagga mussels, an aquatic invasive species (AIS), from hitching a ride on boats from away.

Quaggas could damage Manitoba's commercial fishery and angling industry.

"If the quagga comes to Lake Winnipeg, that will be the end of our lake. The destruction will be terrible," said Kristjanson. "What are we doing in this province to prevent this? Are we going to let boaters travel in every direction throughout Manitoba? These things are dynamite."

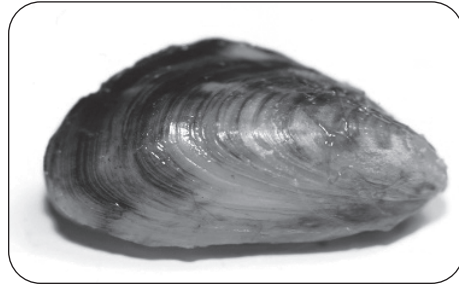
Quagga mussels have already invaded lakes such as Ontario, Erie and Huron and the St. Lawrence River. They've also spread to several American states including North Dakota, Utah and California. They latch onto boats and other watercraft, boat trailers and fishing equipment and can be easily spread between water bodies.

Quaggas are more prolific breeders than zebra mussels, can live in deep water and will compete for food and space with native aquatic species. Both mussels were introduced to Canada and the United States from the Caspian and Black Sea regions in the ballast water of ocean vessels using the St. Lawrence River.

Lake Winnipeg is already inundated with zebra mussels, which can wash up on beaches in the hundreds of thousands, preventing locals and tourists from using the beach. They filter plankton from the water, depleting the food source for other species and can colonize areas where fish spawn. They threaten Manitoba Hydro generating stations by attaching to and blocking pipes.

Kristjanson said boats at Gimli Harbour last week were covered with zebra mussels. But zebras will pale in comparison to the quaggas. He travels occasionally to Ontario for business and has seen firsthand how quagga mussels in Lake Erie disrupt its commercial fishery.

"Zebra mussels get in our nets but you can shake them out. Quaggas will hook onto nets and everything else



DAVE BRENNER, MICHIGAN SEA GRANT
A quagga mussel. Their shells have light and dark stripes that are similar to zebra mussels but they're more rounded and don't have a flat underside.

and you can't shake them out. They stick to the nets like a clamp. You can't even pull them off," he said. "I was in Lake Erie where nets were piled for half a block and full of quagga mussels."

A friend of his recently returned from the United States, he said, and told him the authorities there are taking stringent measures to prevent the further spread of quagga mussels.

"The quagga is in North Dakota. [My friend] said it doesn't matter where you go, you can't take boats from one lake to another," said Kristjanson. "They won't let any boat on the water unless it's been certified and washed and carries a card."

To contain the ongoing spread of zebra mussels in national parks, Parks Canada (the federal government) implemented new boating rules for Clear Lake in Riding Mountain National Park after zebra mussel DNA was detected in the lake earlier this year.

Boat operators who've been in other water bodies in 2023 will not be issued a permit to boat on Clear Lake, which offers only one boat launch. And after June 15 permits for trailered boats won't be issued.

"We know that several boats that were launched in RMNP [Riding Mountain National Park] in 2022 had come from lakes that were infested with zebra mussels and some even had adult mussels on them," says Parks Canada on its website outlining changes to its AIS program for the park.

Its measures also include stepping up the inspection of watercraft such as canoes, kayaks and inflatables, as well as water toys.

Kristjanson said it's not commercial fishers who are spreading zebra mussels to different waterbodies across Manitoba as they don't move from lake to lake. It's the anglers and recreational boaters. And quagga mussels will be spread the same way.

"Anglers will carry the quagga mussel all over Manitoba if they're not



Zebra mussels washed ashore near Gimli's Loni Beach neighbourhood in 2018. Lake Winnipeg is inundated with the mussels. Zebra mussels were also detected in Lake Manitoba a few years ago.

stopped. It will get moved to different lakes just like the zebra mussel. It's the anglers who are moving from lake to lake. That's got to be said. We can't have people coming to Manitoba from all over and moving their boats from this lake to that lake. 'Oh, I got no fish here today, so I'm going to go to another place.' That's what they do," said Kristjanson.

Lake Winnipeg commercial fisher and analyst Bill Buckels said the provincial government is responsible for the water and it needs to step up.

"Quagga mussels, like COVID, are out there, but nobody wants to believe they exist. We have to close our borders to them because once those mussels are here, it'll be too late to do anything about them," said Buckels. "I said over a decade ago that you can't bring boats and pontoon planes carrying vectors into Manitoba. But there was – and there still is – greed for tourist dollars. That's responsible for the incursion of AIS. You can't wash these things away; you have to prevent them from coming."

The provincial government didn't take the threat of zebra mussels seriously for years, said Buckels, who sat on a zebra mussel committee. Commercial fishers repeatedly warned the government about them to no avail. The government didn't even know where to find zebra mussels in Lake Winnipeg and had to ask commercial fishers to show them where they were.

"What's surely coming here replicates 10 times faster than zebra mussels and they'll ruin our fishing equipment. Quaggas will clear the water column, use up all the nutrients, break the food chain even further and allow sunlight to penetrate

deeper water which will fry the fish," said Buckels.

Not only will quaggas decimate the commercial fishery, but also the tourism industry and the angling industry, including its network of businesses relying on anglers.

"The province is responsible for all aquatic life; it's responsible for the bad things in the lake that kill the good things in the lake," said Buckels. "The food chain in Lake Winnipeg is already broken. It's down 50 per cent according to a recent study. The province needs to act on this."

Buckels said the province educating boaters about AIS is all very well, but it's relying on their willingness to take responsibility for ensuring they aren't contaminated. Having boots on the ground stopping boats before they arrive will make a difference.

"It costs less for the province to do an awareness campaign than physical enforcement. Does the province stop everyone with a boat heading north up Highway 75 [from the U.S.]?" he said. "It has mobile power washers they set up who knows where for periodic spot-checks."

The province, in fact, put its power washers away at Hecla Island before the end of the season while anglers were still going fishing. That left the fishery "unprotected for an entire month," he said.

Buckels said there is a solution to prevent quagga mussels from being spread to or around Manitoba via watercraft coming in from other lakes and jurisdictions. And it would also open up a new revenue stream for angling outfitters.

"The anglers and the commercial

Continued on page 28

Investments in enhanced bail, community supervision and electronic monitoring programs

Programs will Increase Public Safety by Providing Intensive Interventions for Individuals Awaiting Trial and on Probation Supervision

Submitted by the Manitoba government

The Manitoba government is enhancing programs for supervision and services to support bail and community-based sentences, while also launching a new electronic monitoring program for high-risk offenders released to the community, Justice Minister Kelvin Goertzen announced Monday.

"These programs will see that those who are granted bail are given appropriate community supports and supervision required when they are released from custody pending court hearings to lower the risk posed to the community," said Goertzen. "The Manitoba government has been a

leading voice in the need for bail reform to stop accused repeat violent offenders from too easily getting bail. A commitment from the federal government to make bail harder to obtain for repeat violent offenders and strong provincial programs to monitor those on bail will make our streets safer."

Starting this month, expanded resources will be allocated to the successful Criminal Organization High Risk Offender Unit, an intensive probation program that targets offenders who have been identified by justice partners as posing a very high risk to public safety. The new resources includes a full-time psychologist and an increased number of probation officers and community corrections workers. The program will provide these enhanced supervision services for up to 100 additional offenders, doubling its current capacity.

"As we continue to push for legislated bail reform, it's important all

criminal justice system stakeholders do their part to help protect the community. I support the additional justice resources and tools announced today," said Chief Danny Smyth, Winnipeg Police Service. "These initiatives will make it tougher for violent and chronic offenders to commit crimes and further engage in violent behaviour while on judicial interim release."

A pilot adult bail management program will also launch later this spring, beginning in Winnipeg with 25 male and 25 female offenders. This program will see that individuals with pending serious charges before the courts are given increased supervision and support upon being granted bail to address public safety concerns and assist with compliance to their release order conditions, the minister noted.

The Manitoba government will also be engaging in a request for proposals process shortly to implement an im-

proved and state-of-the-art electronic monitoring program, the minister noted, adding that current data demonstrates that in addition to reducing burdens to policing, electronic monitoring can also serve as a proactive approach to crime prevention in communities.

Recent technological improvements has seen electronic monitoring equipment and programming evolve over the last several years. Secure and confidential electronic monitoring of judicially reviewed offenders is offered in many other Canadian jurisdictions. Accordingly, the Manitoba government will also be seeking a technology platform to assist the Department of Justice in providing targeted supervision of offenders, the minister said.

> LAKE WINNIPEG, FROM PG. 27

fishers should get together to work on saving Lake Winnipeg from quaggas. We have a wonderful fishery here and we have to tell our angling friends from America they need to leave their boats at home," said Buckels. "Outfitters here could set up rentals where the boats stay on Lake Winnipeg."

Unlike Parks Canada, the provincial government currently has no plans to limit boats to a single body of water as that would disrupt tourism.

And the cleaning and decontamination of zebra mussels from boats and other watercraft is largely the responsibility of the operator and based on trust that they'll do so.

"There are no plans at this time to limit motorized and non-motorized watercraft users to a single body of water. While that may be feasible for a single lake, it would be nearly impossible to enforce province-wide and would cause a significant disruption to tourism (affecting both local and out-of-province visitors)," said a spokesperson for the Manitoba department of natural resources and northern development. "The province continues to rely on responsible water users to follow the [legal] requirements, and with reminders such as the watercraft inspection stations and enforcement of those who fail to stop, the message is getting out to water users."

Every watercraft has to be inspected, he added, but there's a misconception as to who carries out that inspection.

"The misconception is they must be inspected by Manitoba government staff. It is the individual water user's

responsibility to ensure they are AIS compliant," said the spokesperson.

The transport of invasive species is preventable, he said. And it's not only boats that require inspection, but also water-related aircraft, off-road vehicles and water-related items such as inflatables, paddling gear and beach toys.

"This is no different than an automobile user's responsibility to buckle their seat belt every time before driving. There are supports and enforcement in place, but in the first instance, the onus remains with the user / owner / operator to be legally compliant," he said. "This is what the 'Clean' means in Clean Drain Dry: Inspect the watercraft and all water related equipment before leaving the shore and remove aquatic plants and AIS."

Manitoba's watercraft inspection station program is "still being finalized," but it's expected there'll be at least five locations open mid-May, said the spokesperson when asked how many stations there'll be for 2023.

Thus far, there have been no reports of quagga mussel detection in Manitoba, he said. The province's AIS program includes working with the federal government as the federal government has "responsibility to prevent the entry of quagga mussels, zebra mussels and the four species of Asian carp (i.e., silver, bighead, grass and black carp) into Canada."

Many provinces, including Manitoba, worked cooperatively with the federal department of Fisheries and



RECORD PHOTO BY PATRICIA BARRETT

In 2021, hundreds of thousands of zebra mussels washed up along South Beach, just south of Gimli, covering wide swathes of the beach in front of homes and cottages.

Oceans to prevent the entry into Canada of zebra mussels found in decorative moss balls used in aquariums, said the spokesperson, citing an example of both levels of government working together.

"Quagga mussels are prohibited from entry into Canada, so that is one

formal line of defense. They are also prohibited in Manitoba. With compliant water users and our inspectors, enforcement staff and partners support, we can maintain vigilance upholding this prohibition," he said.

Manitobans anglers are reminded to release spawning fish

Walleye and sauger season opens May 20 on Lake Winnipeg, Northwest and North Central divisions

Submitted by the Manitoba government

Manitoba anglers are gearing up for walleye and sauger fishing season, which officially opened May 13 in the Southern fishing division, with the season opening one week later on Lake Winnipeg and in the Northwest and North Central fishing divisions, Natural Resources and Northern Development Minister Greg Nesbitt announced Friday.

"It's no secret anglers have been eagerly waiting to get out on the water and start fishing for walleye and sauger, so starting this weekend, anglers in the Southern fishing division will be able to cast a line for two of Manitoba's most popular fish species," said Nesbitt. "We are also excited for the first season that makes it easier for Manitoba seniors to fish for free by simply showing proof of age and residency upon request of a conservation officer."

Approximately 22,000 Manitoba seniors take part in recreational fishing, and until recently, they needed to apply for a Manitoba Resident Senior Angling Licence every year, the minister noted. This year, the Manitoba government has also implemented angling licence exemptions for active military members and veterans who

reside in Manitoba.

With the late spring conditions that Manitoba is experiencing, deteriorating ice, fast-flowing currents and cold water temperatures may be present. Anglers are reminded to follow safe boating measures, wear life jackets, check water conditions and use caution.

Some fish may still be spawning due to the late spring conditions. Anglers are asked to help protect fish stocks by immediately releasing fish that are discharging eggs. By proactively releasing spawning fish, anglers will help protect fish stocks and sustain Manitoba's fisheries, noted the minister.

Anglers are reminded that a suite of new angling regulations came into effect April 1, which includes new possession limits and size restrictions

for certain species. Other changes include new angling licence types and fees. For more information on all angling regulations, refer to the 2023 Manitoba Anglers' Guide at www.manitobafisheries.com.

Water users are reminded that regulations are in place to prevent the spread of aquatic invasive species (AIS). These include requirements to clean, drain and dry watercraft and water-related gear as well as the requirement for anyone transporting a watercraft (e.g. power boats, canoes, and jet skis) to stop at watercraft inspection stations when they are open. For more information on AIS, requirements, and locations and hours of watercraft inspection stations, visit www.manitoba.ca/stopAIS.

Manitoba Provincial Parks Kick Off Camping Season

Several Southern Manitoba Campgrounds opened

Submitted by the Manitoba government

A number of provincial parks in southern Manitoba will welcomed campers last weekend officially kicking off the 2023 season, Natural Resources and Northern Development Minister Greg Nesbitt announced.

"With the slow start to spring this year, many Manitobans might be more eager than usual to get outside and enjoy our beautiful provincial parks," said Nesbitt. "Manitoba Parks staff can't wait to welcome everyone for the 2023 season and the Manitoba government hopes everyone has the chance to visit their favourite parks and explore somewhere new."

All other provincial park campgrounds will open for the May long weekend. Manitobans can make a reservation for campsites, cabins, yurts and group-use areas by using the recently launched Parks Reservation Service, online at www.manitobaparks.com or by calling (toll-free) 1-888-482-2267. The Manitoba government will be evaluating the new service through the camping season for future enhancements, the minister added.

Campers will notice improvements

in several provincial campgrounds this season including a new picnic shelter in the Birds Hill group-use area, new playgrounds at Asessippi, Beaver Creek, Paint Lake and White Lake, and a new amphitheatre at Hecla-Gull Harbour. Mobility access mats are also being added to beaches at Clearwater Lake (Camper's Beach), Hecla/Grindstone (Little Grindstone and Black's Point), Rivers, Paint Lake, Wekusko Falls and Whiteshell (Brereton Lake).

Some campgrounds remain closed including Otter Falls Campground in Whiteshell Provincial Park, Tublabi Falls walk-in backcountry sites in Nopiming Provincial Park and the Birch Point Provincial Park Campground. These campgrounds will be under construction for flood-related repairs this spring and the minister added opening dates are undetermined at this time.

The Manitoba government will be announcing a larger park renewal strategy plan and infrastructure projects in the coming weeks, the minister noted.

Tips for visitors and campers at

Manitoba provincial parks include: check the Manitoba Parks website at www.manitobaparks.com for advisories before travelling;

buy and print provincial park vehicle permits online before leaving home at www.manitobaelicensing.ca;

all campers must check in at campground offices upon arrival to receive camping permits;

have reservation confirmation and personal identification ready for check-in;

be 'Wildlife Smart' by maintaining a clean campsite, keeping all food, trash, toiletries and cooking utensils locked in a vehicle or trailer, and pack out trash and recyclables before leaving;

keep all pets on leash; and keep all campfires in approved pits

such as those found in campsites and check with the campground office for any campfire restrictions.

Campers are reminded that because the emerald ash borer has been confirmed in Winnipeg, no firewood can be transported outside the city. Transportation violations can result in charges and fines of up to \$1,300 for individ-

uals or \$15,000 for businesses. Firewood is available for purchase from local retailers at most campgrounds.

Several provincial parks are continuing to hire seasonal staff for the camping season including campground attendants, maintenance staff and tradespersons. Provincial parks are also hiring youth to join the Parks Green Team program. These seasonal positions are valuable work experience for careers in parks and natural resource management, trades and tourism. To find available opportunities, visit www.manitobaparks.com.

Manitobans can stay up to date with provincial parks news, activities and events by following @MBGovParks on Facebook at www.facebook.com/MBGovParks or on Twitter at www.twitter.com/MBGovParks.

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Team Manitoba wins medals at 2023 National Aboriginal Hockey Championships

Staff

Team Manitoba won the gold after defeating Ontario 5-2 at the 2023 National Aboriginal Male Hockey Championship at the Seven Oaks Sportsplex in Winnipeg last weekend.

Manitoba's roster included Ian Buors of St. Laurent, who was a forward with the Interlake Lightning this past season, while Peguis' Darian Sinclair played with the KJHL's Peguis Juniors.

Buors finished the tournament with four goals and an assist and also scored in the gold-medal game.

Sinclair added an assist at the tournament.

Manitoba advanced to the gold-medal game after beating Saskatchewan 5-2 in a semifinal contest.

Team Manitoba was 2-0-1 in preliminary play after defeating Eastern Door and the North (14-0) and Ontario (4-1) before playing to a 4-4 draw with Atlantic.

Meanwhile, Lundar goaltender Rachel Halldorson and East St. Paul's Ella Stewner were members of Team Manitoba that won silver at the 2023 National Aboriginal Female Hockey Championship in Winnipeg last weekend.

Manitoba lost 2-1 to Ontario in the championship game.

Ontario's goals were scored by Ali Altman and Sydney Sawyer while Addison Dyck replied for Manitoba.

Manitoba reached the gold-medal game after defeating Alberta 4-1 in a semifinal contest.

In preliminary play, Manitoba posted a 4-0 record while outscoring its opponents 29-2. Team Manitoba defeated Saskatchewan (5-0), Alberta (2-0), Atlantic (9-0), and Eastern Door and the North (13-2).

Halldorson received the player of the game award against Saskatchewan and also was in goal against Alberta twice and Ontario in the final.



RECORD PHOTO SUBMITTED

Lundar goaltender Rachel Halldorson and Team Manitoba won the silver at the 2023 National Aboriginal Hockey Championships in Winnipeg.

Selkirk to host pickleball tournament

Staff

Selkirk is hosting its first pickleball tournament starting this Wednesday and finishing Sunday afternoon.

Recreational and intermediate players will be competing Wednesday, Thursday and Friday while advanced

competitive players will be competing on Saturday and Sunday. Saturday evening will feature some of the best in the province. The tournament is being held at the Selkirk Community Church gym, 6569, Hwy 9 and has over 200 entries.

To see more photos of your favourite Interlake Athletes

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Selkirk plays well at W.C. Miller Classic baseball tournament

By Brian Bowman

The Selkirk Royals posted a 2-2 record at the W.C. Miller Classic baseball tournament last weekend in Altona.

"There were lots of positive moments at that tournament," said Royals' coach Trevor Churchill. "We had some good pitchers and some good outings. It's a very tough tournament, there are probably four or five of the top teams in the province that are in that tournament every year. We knew we had four games coming up this week so we had to plan accordingly. The boys played really well."

Selkirk lost 9-1 to the Steinbach Re-

gional Sabres in a semifinal game on Saturday afternoon.

"They're a good club and our bats kind of went silent a little bit," Churchill said. "Steinbach is always a tough team and we usually try to exhibition them right off the hop. They're a good, solid squad all around."

Steinbach went on to win the tournament with a 3-2 victory over Boissevain/Wawanesa.

Selkirk started the tournament Friday with an impressive 7-2 win over the W.C. Miller Aces. The Royals then blasted the Northlands Parkway Nighthawks 11-1 later that day.

On Saturday, Selkirk lost 16-2 to

Boissevain/Wawanesa.

Andrew Hladun had a great offensive tournament while Ethan Debiuk made some great defensive plays and got on base quite a bit as the Royals' leadoff hitter, said Churchill.

On May, 10, Selkirk defeated the Springfield Sabres 6-2 and the Murdoch MacKay Clansmen 7-2 in KPAC play at Optimist Park to start the season 2-0.

"It was a very good start. This year, there's seven teams in the league and the top two teams make it to the final so you have to start off strong," Churchill said. "We have two wins under our belt and we had a couple

of good pitching performances and good (defence) in those two games."

The Royals played Garden City this past Tuesday at Shaw Park. Selkirk will then play a pair of games at Optimist Park on Wednesday. The Royals will take on the West Kildonan Wolverines at 10 a.m. and then will battle the Transcona Titans at noon.

On Friday at noon, Selkirk will play the River East Kodiaks.

This is a very important week for the Royals.

"These games will be a big determining factor whether we make it to the final or not," Churchill said.

Royals shut out Kildonan East in KPAC girls' soccer

By Brian Bowman

The Selkirk Royals' girls' soccer team has advanced to the second round of the KPAC tournament.

Selkirk soundly defeated the Kildonan East Reivers 3-0 last Thursday in East St. Paul.

"They played super well. We've been working really hard over the last six weeks," said Royals' coach Alex Haiart. "The girls are really committed and I am super happy with how they have bought into the whole program and they have been getting better. They have been super coachable over the last six weeks."

Allison Beattie scored twice for Selkirk (both coming later in the second half) while Jolie Hanslip also tallied off a free kick that went through the keeper's hands to open the game's scoring.

"That first goal was a huge confidence boost for the girls in that we know that we belong here and deserve to be in this tournament and have success," Haiart said.

Beattie had a great game for Selkirk.

Beattie and Madison Hefferman shared the goaltending duties for Selkirk.

"Neither of our keepers had to do too much and that's just a big testament to our back four who played so well that game," Haiart said.

The Royals played the top-ranked Miles Macdonell Buckeyes this past Monday but no score was available. The Buckeyes defeated the Royals 5-2 in an exhibition game earlier this month.

That game allowed Selkirk to give some players some much-needed game experience. On Monday, playing time was expected to spread out differently.

"We had a lot of players that were very green to the sport," Haiart said. "That was their first time playing soccer sometimes ever or sometimes in like 10 years. That exhibition game, you do your best to get everyone out. When it comes to the tournament, the girls know that's not the case. We're going to put together our best 11 and we'll do what we can to win."

In boys' action, Selkirk was downed 4-1 by the River East Kodiaks last Thursday.

The Royals trailed 2-1 before the Kodiaks scored a pair of late goals.

"We were with them basically the whole game," said Royals' coach John Speidel. "They got up on us with a really fluky goal that dropped into the net because of the wind so we were down 1-0 at the half."

Alvaro Munoz scored for Selkirk with about 20 minutes remaining in the game.

Speidel felt Selkirk played well and had their share of scoring opportunities.

"At the end of the day, River East played well enough to win," he said.

The Royals played the Kildonan East Reivers on Tuesday but no score was available.

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The Selkirk Record

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> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

Peanut Butter and Jelly Sweetpotato Taquitos

Recipe courtesy of Tracy Shaw on behalf of Healthy Family Project

- Prep time: 5 minutes
- Cook time: 20 minutes
- Servings: 8
- 1 cup sweetpotatoes, peeled and diced small
- nonstick olive oil spray
- 1/2 cup peanut butter, preferred nut butter or nut-free butter
- 8 small, low-carb flour tortillas
- 1 cup blueberries, washed and dried
- 1 cup raspberries, washed and dried
- Preheat air fryer to 400 F.
- Add diced sweetpotatoes to air fryer basket and lightly spray with olive oil

spray. Cook sweetpotatoes 10 minutes, shaking basket 1-2 times to toss sweetpotatoes.

Transfer cooked sweetpotatoes to medium bowl; add peanut butter and mix well.

Lay tortillas on counter and place 1-2 tablespoons sweetpotato mixture on each tortilla.

Add blueberries and raspberries next to sweetpotato mixture.

Roll each tortilla tightly. Place rolled tortillas, seam sides down, in air fryer.

Spray tortillas lightly with olive oil spray.

Cook in air fryer 6-7 minutes.



Yellowfin Tuna and Artichoke Pasta

To make artichokes: Preheat oven to 425 F. Fill bowl with cold water and juice of one lemon.

If using fresh artichokes, trim tops of artichokes and tougher outer leaves. Using vegetable peeler or small paring knife, trim stems. Once prepped, cut fresh artichokes in half. If using canned artichokes, drain well and quarter lengthwise.

Place artichokes in lemon water. Let soak 2-3 minutes, drain and pat dry with kitchen towel.

In casserole or baking dish, arrange artichokes and add juice of remaining lemon, quarter lemon and add lemon wedges to dish.

Add olive oil and salt and pepper, to taste.

Roast 25-30 minutes, or until tender.

To make pasta: Bring large pot of water to boil.

While water is coming to boil, place large skillet over medium heat and add olive oil and butter. Add garlic; red pepper, if desired; and salt, to taste, and swirl 1 minute. Add white wine or stock and let reduce by half.

When water comes to boil, salt water, add pasta and cook 1 minute less than directions. Reserve 1/2 cup pasta water before draining.

Add artichokes to large skillet with tuna with its oil and gently break up with back of wooden spoon or paddle.

Add lemon juice and reserved pasta water to skillet along with drained pasta, cheese and half the parsley, mint and pistachios. Toss to combine, top with remaining parsley, mint and pistachios and serve.

Recipe courtesy of Rachael Ray on behalf of Genova Tuna

- Prep time: 15 minutes
- Cook time: 40 minutes with fresh artichokes (25 minutes with canned)
- Servings: 4
- Artichokes:
- Cold water
- 12 small, fresh artichokes or 2 cans artichoke hearts in water
- 2 lemons
- 3 tablespoons extra-virgin olive oil
- salt, to taste
- pepper or red pepper, to taste
- Pasta:
- Water
- 2 cans (5 ounces each) Genova Yellowfin Tuna in Olive Oil
- 2 tablespoons extra-virgin olive oil
- 4 tablespoons butter, cut into tabs
- 4 cloves garlic, chopped
- 1 teaspoon crushed red pepper (optional)
- salt, to taste
- 1/2 cup white wine, chicken stock or vegetable stock
- 1 pound spaghetti or linguine
- 1 lemon, juice only
- 1 cup grated Pecorino Romano cheese
- 1/4 cup chopped fresh Italian parsley, divided
- 1 small handful fresh mint, chopped, divided
- 1/4 cup toasted pistachios or pine nuts, chopped

Let's talk about insomnia



By Gwen Randall-Young

Fundamentally, insomnia happens because the mind cannot relax. When the mind cannot relax, then the body cannot either. Relaxation is a natural state in members of the animal kingdom. Our pet can be running around, playing with us, or wrestling with a toy. They have lots of energy and are stimulated. Then, a few minutes later we find them peacefully dozing while their bodies seem completely limp.

Babies are like this after being fed, and long ago adult humans were like this too. Early humans were right brain dominant, without language. The right brain is abstract, and emotional. With language came an increasingly dominant left brain, the logical analytical part.

Over time the left brain became more and more dominant. With the rise of technology, humans are more alert and tuned into that technology. The left brain became very busy. No longer thinking only of the next meal, fighting or mating, it was like there was ongoing dialogue within the brain. Everything speeded up.

Now we could worry about the future or lament the past. We could create worst case scenarios and wonder what others thought of us. The brain did not stop when we slept. We did not hear it when in deep sleep, but when we came out of that phase, the inner chatter woke us. If the chatter was about something we worried or were anxious about, a whole new train of thinking could begin so then we could not go back to sleep.

Further, if our life situation creates stress, the muscles contract which makes it harder to sleep. With a tense body relaxation is not possible.

Many turn to sleep medications, however those do not get to the root of the problem, and if we stop taking them, sleeplessness recurs. The body and mind have not learned to shut down.

Of course, caffeine, alcohol, a full stomach, and too much technology before bed also affects our sleep.

Notwithstanding a neurological disorder, I think most sleep problems would be resolved if we completely relaxed the body and quieted the mind. This is not something we can do overnight (pun not intended). We must train ourselves to relax our muscles and gain control of the mind, so at night we can shut it off just like a television.

The first step is to pay attention. Lie down and notice your body. Then tell the muscles to relax. You should feel a little release. Then tell it to relax more. You can keep doing this and never reach the point where there is nothing left to relax! You will become aware of how much tension is in your muscles. Yoga is great for relaxing the body.

Next, notice what your mind is doing. Is it re-running films of your past experiences? Is it worrying about some person or problem? Is it re-playing the day or planning or worrying about the next day? Is it re-playing conversations? All of these will make it hard, or for some, impossible to sleep.

Start with assessing yourself. Read up on sleep hygiene. You do have the power to learn to put yourself to sleep.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

Do you have a Health or Wellness Business?

Call The Record at 785-1618 to advertise



BINGO

SUNDAY NIGHT BINGO

Pots are as follows:

4

\$4,900

JACKPOT

In 51 Numbers

\$3,414+

POKER FLUSH

19
53

Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

Buyer for all farm-yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

DRIVEWAY & ROAD REPAIR

Road & driveway repair & grader services. Services available: grader and water truck, 5-ton with flatbed, freightliner, tandem with flatdeck, gravel truck with sides. Call Duke at 204-390-0940.

MOBILE HOME FOR SALE

Approx. 1996, 4 bdrm. Best Buy mobile home with addition. Comes with skirting, fridge, stove, dishwasher, electric heat, air conditioning. Located in Gimli. \$80,000. Ph 204-641-8137.

HOUSE FOR SALE

East Selkirk. A must see! Gorgeous 3000 sq ft house, waterfront on River - double attached garage. Plus huge 3 car shop. On 32 acres. Geothermal. \$950,000. Call 204-485-4610.

APARTMENT FOR RENT

1 bdrm. suite in Winnipeg Beach, fully furnished, satellite TV, hydro and parking spot with plug in included, internet avail., \$850/mo. Phone 204-886-2774.

GARAGE SALES

Huge Garage Sale, downsizing - 421 Selkirk Ave. Antiques, collectables, tools, furniture, household items. Friday, May 19, 10-5; Saturday, May 20, 8-3; Sunday, May 21, 10-3. (Rain or shine).

Moving sale, 14 Dacombe Place, West St. Paul. Dates: May 21 & 22, June 9 & 10, June 17 & 18. 10 a.m. to 5 p.m. All must go, tools, furniture, clothing, Misc. Items. Rain or shine.

HELP WANTED

Lakehead Tower Erectors LTD. Springfield is hiring for 2 positions! Apprentice rigger and experienced rigger. We offer competitive wages, full health benefits, training. We are looking for highly self-motivated individuals who are physically fit, mechanically inclined, and enjoy the outdoors! Email info@lhtower.ca or call our coordinator at 204-688-3363 for more information or to send in a resume!

HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews. 204-338-4292.

HOUSE CLEANING

Want a clean house? No time to clean? Call or text Rosy cell 403-393-8193 for a free estimate in Lockport and surrounding areas.



Alice Roofing is hiring

LABOURERS-ROOFERS HELPERS

No experience necessary, we will train. Call Paul 204-757-9092

ARMSTRONG ANGUS

has for sale 1 Purebred Angus Yearling Bull

Semen tested & vaccinated Call 204-643-5541

News Tips? Story Ideas?

call the Record 204-785-1618

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NOW HIRING

Veracity Machining Inc is looking to fill 2 positions.

A fully qualified CNC Machinist and an entry level CNC Machine Operator.

Your choice of a four or five day work week. Wages will be made very attractive.

Send resume to ron@veracitymachining.com or phone 204-339-3052

JOIN THE TEAM!

Positions Available Include

- Chef/Cook
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- Cooks
- Servers
- Dishwasher/Barback
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APPLY TODAY

Email: office@narrowssunsetlodge.com
Phone Irv at 204-981-2831 or Chris at 204-901-3993
Drop in and leave your resume with our staff



Full time/Part time Options to cross train Seasonal and permanent options Potential options for housing/subsidized site



EMPLOYMENT OPPORTUNITY

Charisons Turkey Hatchery is currently hiring for GENERAL LABOURER positions.

- Full time and part-time positions available with a competitive compensation and benefits package, including health and dental coverage.
- Training will be provided for the ideal candidate.

Please submit resume to shaunne@charisons.ca or call 204-886-2922 for further information.



CURBSIDE WASTE AND RECYCLING COLLECTION

Important information for Customers of the Solid Waste and Recycling Collection Service, Council is in the process of passing a new By-law for the curbside waste and recycling service. By-law 3-2023 will come into effect on **July 1st, 2023**. This by-law will not affect or change anything about how the service functions, but there are changes to the billing process. The contract has expired with the contractor, but the RM has already entered into another agreement to allow the service to continue.

Because the old contract expires as of June 30, 2023, customers will have billing for 6 months on the tax bill for the amount of \$57.96. The remaining balance will be billed as an invoice and mailed to customers for the remaining 6 months at a rate of \$55.92, in September, for a total of \$113.88 for the year. In the following years customers will receive an invoice in September for the annual service charge.

Any ratepayer that is in the service area that doesn't currently participate can sign up with no administrative charges until June 1, 2023, after which a \$25.00 administration fee takes effect.

For more information on the by-law a copy of the by-law will be posted on the website at www.rmofstclements.com.

Deepak Joshi
Chief Administrative Officer

Everything you need to promote your business

- | | | |
|----------------|-----------------|----------------------|
| Flyers | Social tickets | Posters |
| Brochures | Door hangers | Memo pads |
| Business cards | Letterhead | Post cards |
| Stickers | Envelopes | Presentation Folders |
| Window Decals | Invoices | |
| | Estimate sheets | |



Call Today! 204-785-1618

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca



Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

Do you have a unique service you would like to advertise?
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Eddie's Gravel Supply Ltd. is Hiring

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Experience Required

Competitive Wages, Benefits

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204-389-2023

102086 Hwy 9, Wpg Beach, MB

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Lift 50lbs

Please contact us at

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Must have a valid license

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204-389-2023

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WANTED

Looking to buy your broken and unwanted costume jewelry for parts to do crafts. Phone John at 204-651-1580.

WANTED

Private collector looking to buy firearms. Complete collections ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

WANTED/BUYING 1950's-70's Scandinavian, Danish, Canadian mid-century modern furniture (teak, walnut, rosewood), lighting, ceramics, textiles, stereo or design. Contact Daniel TEXT/PHONE: 204-918-1607.

**News Tips?
Story Ideas?
call the Record
204-785-1618**

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-651-1402.

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

NOTICES

SPRING HIRING??? BOOK YOUR 2023 BLANKET CLASSIFIED ADS NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

BUSINESS SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firststandsecondmortgages.ca

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204-389-2023

102086 Hwy 9, Wpg Beach, MB



PUBLIC NOTICE

Proposed Rogers Telecommunications Facility

Rogers Communications Inc., (Rogers) is committed to providing Canadian communities high speed wireless internet, voice and data service. To improve service, Rogers is proposing to construct a 60-meter self-support antenna structure at 628 Ponemah Road, RM of St. Andrews, MB. Access will be completely restricted from the public. As part of the public consultation process as required by the RM of St. Andrews, the Red River Planning District, and Innovation, Science & Economic Development Canada, Rogers regulator under the Radiocommunications Act, Rogers is inviting the public to comment on the proposed tower location before close of business day **June 18, 2023**. This structure is fully compliant with Innovation, Science & Economic Development Canada's guidelines, as found under the Client Procedures Circular (CPC-2-0-03).

TOWER LOCATION: 628 Ponemah Road, RM of St. Andrews, MB.

COORDINATES:

Lat: 50.461047°

Long: -96.956572°

LEGAL:

DESC NE 15-17-4 EPM

ANY PERSON MAY comment by close of business day on **June 18, 2023** with respect to this matter.

ROGERS CONTACT:

Evolve Surface Strategies Inc.

Attn. Karen Patterson

Unit A, 2151 Portage Avenue

Winnipeg, MB R3J 0L4

T: 888-912-2640

F: 204-728-2800

E: comments@evolvesurface.com



Agents for Rogers Communications Inc.

SALES CAREER OPPORTUNITY

**Big and Colourful
Printing & Publishing**
is looking for a dynamic, highly motivated
person to become part of our advertising
sales team in the Interlake area.

The successful candidate will thrive in a fast paced sales environment where a competitive nature, strong work ethic and excellent customer service skills are required and rewarded.

This opportunity involves building relationships and representing our newspapers to new and existing customers.

Qualifications: The successful candidate must be professional, dependable, energetic, goal-oriented, self-starter, can work within deadlines, well organized and friendly.

Customer service, sales experience and passion is a must.

-Strong computer skills, including Microsoft Office

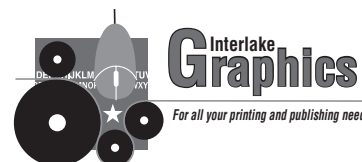
-Excellent communication skills and a genuine love of people

-Willingness to learn

-Ability to work independently

If you fit this description please email resume to

Bigandcolourful@mts.net



Classifieds

Book Your Classified Ad Today



Call 204-785-1618 or Email lucy@selkirkrecord.ca

UPCOMING EVENTS

Cloverdale United Church service on May 14 & 18 at 10:30 a.m., Millie Lewis officiating. June 4th - Harmony band; whist every Friday at 12 noon, ending May 26th. Nonie 204-482-5359.

Grand Marais Rec Centre Annual General Meeting/ Elections on Saturday, June 3rd at 3 p.m. at 90 Matilda Avenue in Grand Marais, Mb. Positions to be discussed - President, Treasurer, Secretary, Bingo Coordinator & 2 Directors positions. You must have a valid Rec Centre Membership (minimum 3 months in good standing) to vote or run for any board position, but all may attend the meeting.

JOIN THE FIGHT AGAINST PROSTATE CANCER! RIDE DAY - SATURDAY MAY 27, 2023, 10 a.m. start - Earls Polo Park (Winnipeg). Visit: ridefordad.ca/manitoba to register or make a pledge.

LIVESTOCK

2 year old & yearling Red Angus bulls for sale. Will semen test. Call 204-383-5802.

Grass calves, grass calves and more grass calves for sale - 300 lb to 750 lb Holsteins from \$1.85 lb beef grass calves 350 lb to 750 lb from \$2.90 lb live weight, can and will deliver anywhere. Call or text Darryl 204-216-0931 D.W. Enns Farms, Altona, Mb.

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THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

McSherry Auctions

12 Patterson Dr., Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving
Closes May 24 @ 7:00PM

Die Cast Tractor / Implement Toy Auction
Closes May 25 @ 6:30PM

Estate & Moving Featuring Guns + Ammo
Closes May 31 @ 7:00PM

Booking On Site Spring Auctions

McSherryAuction.com
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- Very cost effective means of getting your message out to the widest possible audience

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www.mcna.com

take a break > GAMES

SUDOKU

3		4	7					
6					2		1	
	1		4				2	
7	3	6	2					9
4								
						6		4
			6			8		
1		3		9				2
		9		8				

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Please support our advertisers

1	7	5	2	9	8	6	9	2
2	9	7	6	8	5	9	1	
8	6	8	1	2	9	7	5	
7	8	9	6	2	1	2	9	8
9	2	3	8	9	8	1	6	7
6	8	1	5	7	2	9	3	4
2	2	8	9	5	4	8	1	6
8	1	4	2	8	6	5	7	9
9	5	6	8	1	7	4	2	3

Sudoku Answer

WANTED

Buying large amounts of coins & coin collections!



Old coins, old money, collectors coins, rare coins, coin collections, pre1969 10¢, 25¢, 50¢, \$1., Olympic coins, coin sets, Royal Canadian Mint Coins, Franklin Mints Sets, buying Entire Collections & Estates. USA, Canada & world collections wanted. Also purchasing bullion, jewelry, scrap, nuggets, sterling, gold, silver, platinum.

Todd
250-864-3521

Starting a new business?
Call us - We have everything you need to promote your business
Call 204-785-1618



SELKIRK TRANSIT & SELKIRK MOBILITY CLOSED ON

MONDAY, MAY 22, 2023
www.MySTA.ca

PUBLIC NOTICE
ANNUAL GENERAL MEETINGS
OF PEGUIS FIRST NATION SURRENDER CLAIM TRUST

Thursday May 18, 2023
Selkirk Friendship Centre
4:00 pm - 8:00 pm

Peguis Surrender Claim Trust will provide information on the activities for the 2022 year to the Peguis Membership.



PEGUIS FIRST NATION SURRENDER CLAIM TRUST
Building Our Future

Announcements *Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

The Selkirk Record Classified booking deadline for the May 25th edition is Friday, May 19 at 4 p.m. due to the holiday long weekend Please Call 204-785-1618

OFFICE SPACE FOR LEASE

CLANDEBOYE AVE
in Selkirk

For information please contact:
BIG Real Estate 204-485-0010
email bigandcolourful@mts.net

ANNOUNCEMENT

BIRTHDAY



Lisa
Happy 50th Birthday
May 17th
One Beautiful Daughter
-Mum, Dad and family

**Celebrate the Special Occasions
WITH AN
ANNOUNCEMENT IN THE RECORD**

ANNOUNCEMENT

ANNIVERSARY



Debbie and William Loutit
May 12, 1973
Happy 50th Anniversary to our
Mom and Dad/Nana and Papa
A love that began over 50 years ago has
survived the good times and bad, in sickness
and health, growing stronger with each pass-
ing year becoming the greatest love story of
all time.

-Love, Benjamin, Erin, Logan, Abby
Lisa, David, Kyra, Rilynn

ANNOUNCEMENT

IN MEMORIAM



George (Harry) Freeman
June 2, 1941 – May 17, 2022
You've been gone one year,
It seems a short time,
A fresh wound,
And a long time,
Your wife and your entire
Family miss you so much!

"Time",
by George Freeman
Have you ever stopped to wonder
Why time moves so fast
So quickly yesterday and today
Lie forgotten in the past
Time waits for no one
Wise men often say
Life's end grows closer
With each passing day
So live each moment as if it were your last
For time flies by all too fast
Our days are numbered, the hours few
And there's nothing we can say or do
Powerless we must face the truth
Time is stealing our tender youth
by George Freeman – Sept 1963

CITY OF Selkirk NOTICE OF PUBLIC HEARING ZONING BY-LAW AMENDMENT

The City of Selkirk, under the authority of *The Planning Act*, will hold a public hearing to receive representation from any persons in respect to **By-law No. 5378** being an amendment to Zoning By-law No. 4968. Any person wishing to make a representation to Council can do so during the public hearing.

APPLICATION DETAILS

Civic Address: 215, 219, 223 McLean Avenue & two lots without civic addresses on McLean Avenue Selkirk, Manitoba

Legal: Lots 85 to 94 Plan 11 WLTO

Proposal Intent:

The purpose of this zoning by-law amendment is to re-zone the shaded area as shown on the map from "R" Residential General to "C2" Central Commercial to enable the development of a multi-family building.



A copy of the above proposal and supporting material may be inspected and copied by any person from 10:00 AM to 4:00 PM, Monday to Friday, at 200 Eaton Avenue, Selkirk, MB.

PUBLIC HEARING DETAILS

Date & Time: 6:00 PM, June 12, 2023

Location: Selkirk Memorial Hall
368 Jemima Street

We ask that anyone wishing to submit advance written statements to do so prior to 2:00 PM on Friday, June 9, 2023. Materials can be sent by email to citizensupport@cityofselkirk.com or by regular mail.

INFO ON CONTACTING US

CitizenSupport@CityofSelkirk.com

204-785-4900

MySelkirk.ca/PublicHearing

Don't Forget Your Loved Ones

WITH AN ANNOUNCEMENT IN THE

Selkirk Record

Call 204-785-1618 or
email lucy@selkirkrecord.ca



SUNRISE
SCHOOL DIVISION

SUPERINTENDENT / CEO

The Board of Trustees invites applications for the position of Superintendent/CEO for Sunrise School Division. Duties will commence April 1, 2024, or as soon as can be arranged thereafter.

The Board of Trustees is seeking a caring, thoughtful, knowledgeable, business-minded educational leader who has a profound regard for children and deep respect for the role that all adults play in their education. The mandate is delivery of a quality education and a positive experience for all who engage with the division. To that end, the incumbent will be responsible for the effective leadership and management of each of the Division's educational sites as well as the operational departments within the organization.

Sunrise School Division is defined by its friendly people and the natural beauty of its environment. Located in the Eastman region of Manitoba, Sunrise has 13 public schools, 6 Hutterian schools and 4 Adult Learning Centres located in 9 communities. The division runs its own Transportation Centre, Technology Centre, Business Centre, and Education Centre. The division office is in Beausejour, Manitoba.

For details and information on how to apply,
visit www.sunrisesd.ca

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• Maman d'un enfant en bas de 5 ans
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Vous voulez?
• maintenir une relation solide avec ton enfant par le jeu et des activités d'apprentissage
• activement préparer votre enfant pour la réussite scolaire
• rencontrer d'autres mamans au rural

Pour en savoir plus:
www.lafpm.ca/hippy
hippy@lafpm.ca
1-888-666-8108 ext.218

Announcements *The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENT

BIRTHDAY IN HEAVEN



Angela Dawn Cromarty
May 20, 1983 - July 16, 2012

For my beautiful daughter Angela,
Who would've been 40 years old.
..on a birthday cake with the candles burnt
out for too many years now...
I love you and miss you so much Angela,
Mere words cannot express the pain and
emptiness without you here.
Love you today, tomorrow, always.
..so sadly missed and forever remembered
by your father Andy

ANNOUNCEMENT

IN MEMORIAM



Lee Orest William Scott
1980 - 2021

Although you can't be here with us,
We're truly not apart;
Until the final breath we take,
You'll be living in our hearts.

-Love always
your family

OBITUARY

Lorraine Helen Still (nee Grove)
May 27, 1935 – January 20, 2023

Peacefully in her sleep, the matriarch of our family, Lorraine Still, went home to be with the Lord.
A celebration of her life will be held on Saturday, May 27, 2023 at 11:00 a.m. in the Gilbert Funeral Chapel in Selkirk, Manitoba.
Condolences may be left on her tribute wall at www.gilbartfuneralhome.com



Gilbert Funeral Home, Selkirk in care of arrangements.

OBITUARY

Margaret Smith

With heavy hearts, we announce the passing of our dear mom, Margaret Smith, 91, of Burnaby, BC, on March 11th, 2023.

She was born to parents Gordon Stanley Smith "Gramps", and Elizabeth Mason "Lizzie", on September 28, 1931 in Selkirk, MB. Margaret leaves to cherish her memory her children Bruce Smith (Trudy) of Nakusp, BC; Lynn Smith of Abbotsford, BC; Randy Smith of Vancouver, BC; Elaine Van-Allen (Steve) of Langley, BC; Terri Smith of Langley, BC; Lloyd Smith of Vancouver, BC; and her little sister, Elsie Burgel of Surrey, BC, whom she loved dearly; as well as many nieces and nephews; 12 grandchildren and two great-grandchildren.

Margaret was a homemaker and a loving mother.
She is predeceased by her Aunt Bella; brothers Ewart (Mannie), Terrence (Terry), and William (Beaver).

The family has entrusted Gilbert Funeral Home with the arrangements. A graveside service is scheduled for May 27th, at 1:00 p.m. at St. Peter's, Dynevor Old Stone Church, 8 Stone Church Rd Lot 212, East Selkirk, MB. Family members will be officiating the graveside ceremony.

"She made broken look beautiful and strong look invincible. She walked with the Universe on her shoulders and made it look like a pair of wings."

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



ANNOUNCEMENT

IN MEMORIAM



Thelma Bell
September 2, 1930 - May 19, 2022

The beauty of a memory,
Is that it is always there.
Like a dime in your pocket,
You can take it anywhere.
When our hearts are heavy,
And our eyes are filled with tears,
We can focus on the wonderful memories of
you, Mom,
Of all the years.
The world changes from year to year,
Our lives day to day;
But our love and memory for you, Mom,
Shall never pass away.
It gives us peace knowing that you are waiting
with Dad and Marilyn.
Loved and forever in our hearts.

- Barb, Jason, Nickolas and Matthew.
xoxoxo

ANNOUNCEMENT

IN MEMORIAM



Thelma Bell (Sutherland)
September 2, 1930 - May 19, 2022

In loving memory of our
Dear Mom, Amma and "Amma-Amma"
who passed away one year ago today
Today is the first anniversary of the day we
lost you.
For a time, it felt as though my life was over too,
But loss has taught me many things.
Now I face each day with fond memories of
you to cherish every day.
Your influence still guides me, as we feel you
near with us.
We cherish all the million memories we made
together.
What a gift that we had, and a bond we shared.
We thank the Lord for all your blessings Mom.
For God is good.
You will always be forever loved and very
dearly missed.

- Love your daughter Maureen and Harry,
Erik and Desiree and family,
Rod and Carmen and family
Kurt and family

OBITUARY

Douglas Keith Bowman



On May 9, 2023 our beloved son, brother, uncle and friend, Douglas Keith Bowman, passed away after a short battle with cancer.

He leaves to mourn his passing, mother Christina Bowman; siblings Lorna (Raymond), Joyce, Barb (Larry), Marlin (Susan); and many nieces and nephews.

Keith was born in Winnipeg on September 15, 1958 and grew up in Selkirk. He was well known as a skilled heavy equipment operator and spent many of his younger years working out west, in northern Canada, and most recent years here at home in Manitoba.

Keith always loved the great outdoors - fishing, hunting and camping were his passion. He rarely turned down the opportunity to take someone out, and loved to watch as others succeeded in a good hunt or a great fishing day. He liked watching hockey, baseball and curling and was an avid gardener - he enjoyed the many flowers he and his mom planted at home. Keith loved to sit by the fire and enjoy a quiet evening and he especially loved spending time with his family. Annual gatherings were something he always looked forward to and his presence will be dearly missed.

Per Keith's wishes, cremation has taken place. A funeral service will be held on Thursday, May 18 at 10:00 a.m. in the Gilbert Funeral Chapel in Selkirk, MB.

In lieu of flowers, donations can be made in Keith's name to CancerCare Manitoba, Heart and Stroke Foundation of Canada or your local wildlife foundation.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbert Funeral Home, Selkirk in care of arrangements.



ANNOUNCEMENT

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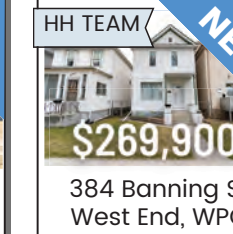

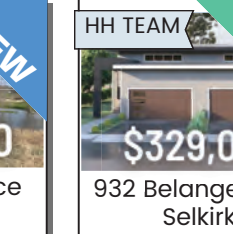
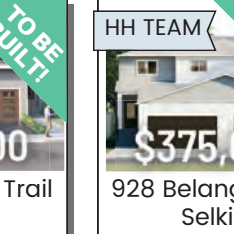


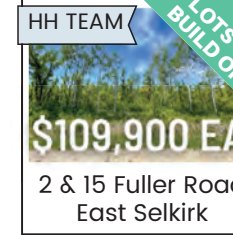
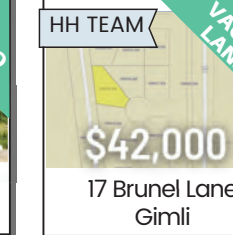
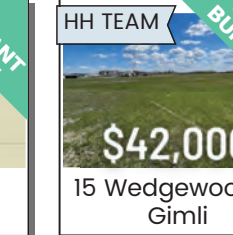
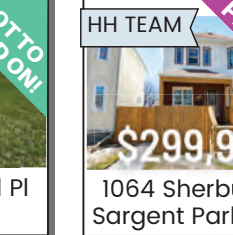
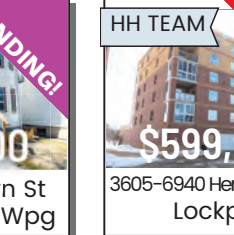
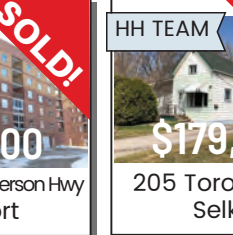


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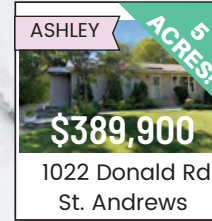
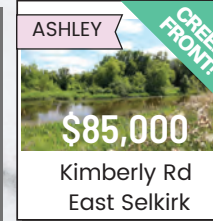
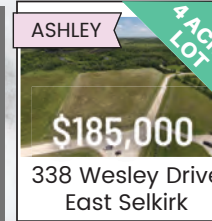
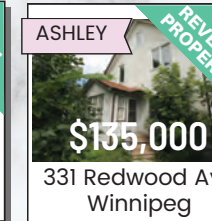
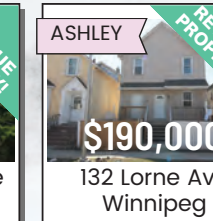
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