

# *The Selkirk Record*

THURSDAY, MAY 19, 2022

VOLUME 13 ED... *Ukraini!*

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RECORD PHOTO BY BRETT MITCHELL

The Great Benjamins Circus came to town on May 11. See more photos on page 20.

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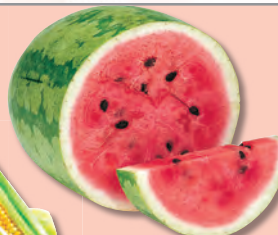
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# City of Selkirk starts in-house planning services

## Building permits, inspections now available through city

By Katelyn Boulanger

After much consideration by the City of Selkirk over many years, they have repatriated planning services. This change took effect on May 1 and so far over 25 inspections and five building permits have been completed by the city.

This change means that residents, as well as building and land developers, will be going to the city for planning services which include development plans, secondary plans, residential and commercial permits, inspections, zoning, conditional uses and variances.

"Land use planning is the intentional designation of lands for particular purposes, and what's allowed to go on that land and all the laws and rules and regulations around that," explained Selkirk CAO Duane Nicol.

By creating clear plans for areas, municipalities can ensure that the places we live and work are designed with intention keeping like properties together.

Previous to Selkirk repatriating planning services, planning for the region was handled by the Red River Planning District. The RRPD took over those services in 1977 as prior to then the city handled their own planning.

"[In 1977 the then] town of Selkirk, decided to create a district. We were the lead of that effort and brought in our rural neighbours who were smaller than us at the time. [We] brought

them in because it created some efficiency. We could share. We pooled our resources and we'd be able to get some professional planning, personnel, experience, and deliver a more robust planning service rather than each one of us being responsible for the cost," said Nicol.

He said that as the years went on it became apparent to the city that their needs differed from those of their rural neighbours.

In March of 2021, the City of Selkirk held a meeting to discuss the possible departure from the RRPD with

residents. At that time Jennifer Ferguson the executive director of the RRPD voiced her support for whichever decision the city chose.

"We want to make sure that land use and permitting decisions are aligned with our economic strategy and other community objectives, things like our asset management program, [and] our climate

change adaptation and mitigation priorities," said Nicol.

He says that, so far, the planning department has run well.

"We're doing fantastic. Lots of interest over the past 10 days of operating here," said Nicol.

He also wanted to reassure residents that were already receiving planning services with the RRPD that are now transitioning to the city's planning department, that files have been transferred and they will not have to start all over again.

Currently, the planning department is up and running in the city and services can be accessed online at the city's website or by calling Citizen Support.

"If you're looking to make an investment, or need planning services or development services or permitting services, start with the website. We've built out a really robust information deck on the site," said Nicol.

The city's online planning

services are available at <https://www.myselkirk.ca/city-services/planninganddevelopment/> and questions can be called into Citizen Support at 204-785-4900.

"The ultimate goal is making doing business in Selkirk as easy as possible, and making sure that how the community is being built and developed is in alignment with the values of our citizens," said Nicol.

**"WE'RE DOING FANTASTIC. LOTS OF INTEREST OVER THE PAST 10 DAYS OF OPERATING HERE."**

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# BIG DOLLAR



# Murray Sinclair gives talk at SHEF event

Residents get opportunity to support heritage in our community with evening of history

By Katelyn Boulanger

Selkirk hosted their Selkirk Heritage Endowment Fund event last week with the theme of an evening of history. The evening drew a large crowd who not only enjoyed the art and music of the night but were lucky enough to have the chance to hear The Hon. Murray Sinclair speak.

"In 2011 Selkirk council adopted Capturing our Shared Heritage [which] called for the creation of a community museum following a 20-year plan. Phase one of that plan was to establish the Selkirk Heritage Endowment Fund, or SHEF, as we lovingly call it in the office and so we wanted to build this fund so that we can provide the core financial support for a future community museum because Selkirk does not have a community museum," said Selkirk CAO Duane Nicols opening the event.

The Evening of History celebrated many aspects of the city's heritage. From the location, Selkirk Memorial Hall, which was imagined in 1946 when the Selkirk and District Memorial Committee was formed to create a suitable memorial to the servicemen and women of the region who died in the Boer War, First World War, and Second World War, to the

entertainment which included two fiddlers playing Métis fiddle music. There was even a nod to the people currently creating some aspect of our current local heritage with the art auction which contained pieces by local artists in different mediums.

However, the man of the hour was Murray Sinclair, a man who has already made Canadian history. He was the first Indigenous judge appointed in Manitoba and the second in Canada. He served as Chief Commissioner of Canada's Indian Residential Schools Truth and Reconciliation Commission and was born just north of Selkirk in what used to be the St. Peters Reserve.

Sinclair doesn't accept many speaking offers anymore but agreed to spread his knowledge with the people of Selkirk.

"It's a real honour to come back home and be able to share some thoughts with those that are from the same place where you grew up. To share some thoughts about our shared connection here that we all have, because of this community and what brings us together," said Sinclair.

He spoke about his childhood in the region. With his first job being a grocery deliverer for a Selkirk grocery store which paid him 25 cents a day for his work. He also explained that out of his entire high school class he was the only Indigenous student to gradu-



RECORD PHOTO BY KATELYN BOULANGER

Murray Sinclair discussing the importance of history to our community at the 2022 Evening of History SHEF event.

ate in his year.

"Our true connection to a place is not really based upon just those little experiences. Our true connection to a place is about understanding how the history of the place has helped shape us, has helped us become who we are," said Sinclair.

He went on to explain that when he went through the school system in the 1950s and 60s it was taught that European settlers came to this country and claimed it on behalf of a king or queen. This meant that the history of the Indigenous people of the region was overlooked distancing them from their history.

"You need to know your own creation story because it helps you to understand who you are, who your people were," said Sinclair.

He spoke more about understanding ourselves by understanding our history and the stories that are passed down to us from our elders and ended his presentation by discussing reconciliation and how that can be achieved in our community through communication.

"Indigenous leaders in this community are doing what they can and non-Indigenous leaders, I'm sure, are hopeful that they can do what they can. But I have to point out that many non-Indigenous leaders as well-intentioned as they are just don't know what to do. They don't know what to do because no one has taught them how to establish a relationship of reconciliation. That's a different kind of process than what we've grown up with but we can do it. We're smart. Not only are we good looking but we're smart. We can do this because this town is still here, now it's a city. We can change the way the people in this city look at each other and talk about each other and that's the key to reconciliation," said Sinclair.

The night ended with a performance by local Métis singer Brandi Vezina who entertained the crowd with her country music.

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# Raising school supplies for refugees at St. Andrews School

## Local LSSD initiative brings SUV load of supplies to students in need

By Katelyn Boulanger

Students at St. Andrews school were asked to step up and help students new to Manitoba who came to this province as refugees. The school project was led by four grade six students Keira, Caris, Eden, Zhanna who made presentations to the school's other classes explaining that these students were in need and why new school supplies would help them feel more comfortable in their new schools.

"I was just driving to school, and listening to CBC [radio and was hearing] what's going on with the world. It was just hard to hear and then I noticed how giving St. Andrews is and I thought this would be a great project to get kids involved," said Krista Marsh Bruce, Learning Support Teacher at St. Andrews School.

She introduced the idea of the St. Andrews School Drive for Refugees and Immigrants to the students and contacted the Immigrant and Refugee Community Organization of Manitoba to see what supplies they might be in need of.

From there the grade six students made their presentation to the other classes in the school and asked their fellow students to donate supplies. The presentation explained, in a child-friendly way, why refugees might come to Manitoba, how people can help and what donations might be good to give them.

Students Keira and Eden who were part of the presentation said that they would definitely be a part of this project again if the opportunity came back around.

"Our main goal was to teach kids what a refugee was and we definitely succeeded in that process," said Eden.

Keira said that they collected all kinds of supplies for the project.

"We collected pencils. We collected binders, erasers, pencils, and pens. We collected reusable water bottles and rulers, lunch boxes, and gym

bags," she said.

They feel it's important that these students get new school supplies because everyone deserves to have them.

"It's very important because, as humans, we're all equal. They should have the same right to learn the way that we do," said Eden.

Keira said that being part of this project also made them feel like they were giving back.

"It makes me feel very happy, knowing that these kids are going to get to use new school supplies and I feel like they're going to be really happy," she said.

Marsh Bruce said that the people at IRCOM were glad to receive the school's donation.

"When I dropped this stuff off on Friday they were just shocked that there was so much stuff, which I knew would happen because I know how St. Andrews is," said Marsh Bruce.

More than just giving new Manitobans some great school supplies the kids learned a lot from the opportunity. Marsh Bruce said that giving students opportunities like this allows them to learn empathy, understanding and how we can all work together to make our communities a better place.

She also says that the school is planning to continue to do outreach projects next year and that this is something they would consider doing again.

Of course, all of the students in the school who donated can feel proud of their participation in the project but some students who stepped up on this one include the grade six students who hauled and organized the donations — Braxton, Matteo, Hayden, Tyler, Brock, Brady, Noah, Zhanna and Julianna — as well as the grade three students who helped with donation organizing — Samuel, Elise, Joanah, and Myla.



PHOTO SUBMITTED

Grade six students Keira, Caris, Eden, Zhanna at St. Andrews school presenting to the classes about IRCOM and why we should help refugees coming to MB.

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July 4 - 8	Sports includes floor curling & shuffleboard
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July 25 - 29	Stitches & More
Aug 2 - 5	Games includes trip to water park
Aug 8 - 12	Woodworking
Aug 15 - 19	Swimming trip to Kinsmen Lake

### Day Camps Ages 10 - 14

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Monday to Wednesday  
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First camp \$75.00  
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# Kirstin's Walk for Kids is back after two-year hiatus

Walk begins at 11 a.m. on Sunday, June 12, at Selkirk Park

By Kiana Crouse

Kirstin's Walk for Kids is an annual event, typically held in June, where the community gets together for a five-kilometre walk, hot lunch, and silent auction in Selkirk Park in honour of departed Kirstin Rae Sutherland. Funds raised at the event go toward Kirstin's Walk for Kids Fund, which directly supports childcare facilities in the local area.

Kirstin was born to Laurie and Rick Sutherland on July 17, 1987, in Selkirk. She loved spending time with her younger family members and had an avid love for taking care of children from an early age. In adulthood, she obtained her Early Childhood Educator certificate from Red River College Polytechnic and worked at Rivercrest Early Learning and Child Care. On Sept 5, 2014, Kirstin passed away from an impaired driver accident at 27 years old.

Kirstin's Walk for Kids first took place in 2015 and had its latest event in 2019. Due to COVID-19 restrictions, the event was unable to happen in the last two years. With restrictions now easing up, it will be coming back on June 12, 2022, for its sixth annual event.

"We realized how much it does not just for us, but for other people, and how inspiring it is," said Laurie Sutherland.

Sutherland said that they're very excited to hold this event again and reconnect with family and friends after not being able to see them for a long time.

"When you're supported by everyone in the community, it's not just our event anymore. It brings on a life of its own," said Sutherland.

The Sutherland family initially decided to hold this event to celebrate her life in a positive way and bring everyone closer together. They based the event around Sutherland's love for kids because they wanted to help raise funds for the educational development of children within our community.

The Kirstin's Walk for Kids Fund has recently helped finance the building of a gazebo for St. Andrews Childcare Inc.

"It's amazing healing for us to be able to know that (Kirstin) had a hand in making that gazebo," said Sutherland.

To date, the fund has donated \$5,502 to support local children's programs. The donations include giving grants to St. Andrews Childcare Inc. and Interlake Co-op Nursery Inc., sponsoring the Summer Wonder Day Camp for Nova House, and funding play and learning equipment upgrades for

Continued on page 9



PHOTO SUBMITTED

Photo from 2018 Kirstin's Walk for Kids.



# SCRC starts new Indigenous culture programs with grant

Grants also allow girls afterschool program to continue

By Katelyn Boulanger

The Selkirk Community Renewal Corporation has recently received some grants and will be continuing to provide the community with programs that give back to the community.

"For the Girls Wellness Program this year, we, unfortunately, didn't receive the funding that we had last year of \$35,000 from building sustainable communities program. However, we did receive \$20,000 from the Selkirk and District Community Foundation. So that was pretty amazing. They had funded us last year for half that amount so it was nice to be able to have them see the need for the program to continue and to provide us more funding this year," said SCRC executive director Ashley Monkman.

The Girls Wellness Program is a program for pre-teens and teens ages 11 to 15 which teaches them life skills and gives them mentoring. These skills can help them in the workforce or with volunteerism in the community but they also help them to be more self-confident and encourage them to be more active in their communities.

"A lot of the gap that we have noticed within the schools is life skills teachings. And obviously, a lot of the girls that are within that age group as well maybe have some confidence issues. So, we help to build that confidence and then give them some life skills. So, basic cooking, and how to [make things like a] grocery lists and grocery shopping. Just different tips that we can help them learn necessary life skills," said Monkman.

At the beginning of July, they will be running a Girls Wellness Day Camp for eight weeks and then when school starts up again they will bring back the afterschool program.

The next program that they have received funding for is an Indigenous Cultural Teachings program which they will be running out of the Gaynor Family Regional Library.

"We're going to do different Indigenous cultural teachings. A lot of it will be an introduction to Indigenous culture, different medicine wheel teaching and medicine teachings. We also are going to do demonstrations and teachings on various types of dances like powwow dancing, [jingle dress dancing], just trying to get as many activities and cultural



FILE PHOTO BY KATELYN BOULANGER

Volunteers cleaning up the Selkirk Waterfront as part the the SRCR's weekly clean ups last year.

exposures through that program as possible. There's also going to be a language component to that as well," said Monkman.

This program will be for kids ages 5 to 15 but Monkman says that they want families to be able to participate together. She also said that this program is open to both Indigenous and non-Indigenous members of the community.

They received just over \$10,000 from the Building Sustainable Communities program as well as another \$7,000 from the Selkirk and District Community Foundation to provide this program which is the first time it will be

run in the community.

They will be partnering with Indigenous Languages of Manitoba for the Indigenous language portion of the program.

This program will be held every Wednesday starting May 25 for 20 weeks.

Monkman also would like to remind residents that their small grants program that provides \$2500 for community organizations and groups for various events and activities and initiatives throughout Selkirk is also open and applications are available through their website.

She encourages anyone who wants

to participate in these or any of their other programs like their community clean ups or family programming to check out the SCRC's website at <http://selkirkcrc.ca/>, email [scrc@selkirkcrc.ca](mailto:scrc@selkirkcrc.ca) or give them a call at 204-485-3602.

"Anybody who's interested in wanting to participate in these programs to learn more about Indigenous culture, or if you have a youth member for the girls wellness program that you would like to refer to us, certainly contact us to sign up for those programs. They are free and available to the public," said Monkman.



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The Selkirk Record received financial support from the Government of Canada in 2021.

# get informed

NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

## Fishing season opened in region on May 14

### The pickerel, pike and catfish better look out

**Submitted by the gouvernement of Manitoba**

Manitoba's recreational angling season officially opens Saturday, May 14 in the southern region and Saturday, May 21 in the northwest and north central regions, Natural Resources and Northern Development Minister Scott Fielding announced today.

"Anglers will be able to enjoy Manitoba's great outdoors with the start of the fishing season this weekend," said Fielding. "This is an exciting time for Manitobans and visitors who have been waiting to cast a line in their favourite lake or river."

Due to late spring conditions, some fish may still be spawning during the start of the angling season. Anglers are asked to protect fish stocks by releasing fish who are discharging eggs back into the water. By proactively releasing spawning fish, anglers will

help protect fish stocks and sustain Manitoba's fisheries, noted the minister.

The late spring Manitoba is experiencing may result in dangerous conditions including unstable ice, fast flowing currents and colder water temperatures. Anglers are reminded to follow boating safety measures, wear life jackets, check ice conditions and use caution when angling.

All anglers are required to obtain an angling licence to fish in Manitoba, unless exempt. Angling licences are available online and can be immediately purchased and printed at home. To purchase a Manitoba angling licence, visit [www.manitobaecicensing.ca](http://www.manitobaecicensing.ca).

Anglers are reminded to be aware of all provincial fishing regulations. For more information, refer to the 2022 Manitoba Anglers' Guide at [www.manitobafisheries.com](http://www.manitobafisheries.com).

[manitobafisheries.com](http://www.manitobafisheries.com).

Several provincial watercraft inspection stations will start operating this weekend. It is a legal requirement for all watercraft, including canoes, kayaks and jet skis, to stop at all watercraft inspection stations when they are open and operators should ensure to plan their travels accordingly. Visit [www.manitoba.ca/stopais/](http://www.manitoba.ca/stopais/) for station locations and operating times.

It is unlawful to possess, transport, release or import aquatic invasive species (AIS) in Manitoba. To prevent the introduction and spread of AIS such as zebra mussels, water-users are reminded of the AIS requirements when entering and exiting all water bodies in Manitoba. Due to the detection of zebra mussels in Lake Manitoba in 2021, watercraft used in this lake must be decontaminated prior to being placed into another water body.

For more information on AIS, visit [www.manitoba.ca/stopais/](http://www.manitoba.ca/stopais/).

## letter to the editor

### How to reduce flooding on the Red

When the Red River freezes over in the fall, the ice is usually 3-4 ft thick. If the water level is 10 ft, that would leave 6 ft for the water to flow under the ice down the river to Lake Winnipeg.

When the snow melts in the spring and runs into the river, it increases the water level to 24.5 ft which leaves 18.5 ft of water that cannot flow under the ice.

Since the ice on Lake Winnipeg is still frozen, all the water and ice coming down the river has no place to go except to flood the surrounding land.

When it reaches Selkirk it will start to backup and flood the farms and

property all around Selkirk.

The ice around the mouth of the river and out onto Lake Winnipeg has to be broken up to allow room for the ice and water flowing down the river. It needs to be broken up to twice the width of the river at Selkirk and as far out into the lake to where the water is 12 ft deep under the bottom of the ice.

Emptying the water from the floodway back into the Red River at Lockport at this time, just adds to the volume of water already flowing down to Selkirk.

The same should be done with the Portage la Prairie by-pass, to prevent flooding the farmlands there.

#### Flooding Control Measures

1 – Clear Red River second week of March to make for an early release of water. South Perimeter by-

pass must be dropped from 750 ft to 743 ft in order for it to work more than a quarter of capacity. This allows for water to enter bypass earlier (floodway).

2- Dredge mouth of Red River to allow more water to flow. Break up ice in Assiniboine River to Portage la Prairie. This allows more water to drain into Red River. All other tributaries would drain early because of lower water in Red River. Go into lake and break up big sheets of ice to allow better flow.

3 – Equipment. Insurance and liability waivers for any property damage and liability for other occurrences. Costs for first year are in the \$6.5 million range with later years being less.

*Submitted by  
Ross Hadden*



#### > CONTACT US

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#### EDITORIAL

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**View the Selkirk Record online at  
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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

#### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

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# Selkirk looking to attract more business from film industry

## Selkirk's strengths and weaknesses as a potential filming hub analyzed

By Katelyn Boulanger

Residents in the City of Selkirk are probably familiar with film crews with many movies and television shows being filmed in the city over the years. Last week the city looked into ways that they could attract more film production to the city when they reviewed a report they commissioned from Olsberg SPI, an international creative industries consultancy at a public meeting.

"We're a dynamic and an entrepreneurial community building towards a bright future. We are committed to growing the film sector in Selkirk and this report identifies our strong performance to date and the potential for growth and job creation in our area. Film production will be a priority in our future plans," said Selkirk Mayor Larry Johannson.

Jonathan Olsberg of Olsberg SPI took over to present a powerpoint which summarized the report given to the city.

"The work started on the third of December, and we finished mid-March. We had the privilege of meeting lots of people in the city. We've read loads of documents and existing reports. We've spoken to producers from all around the world who have come to your city and know it, as well as other stakeholders professionals in Selkirk, in Winnipeg and in Manitoba," said Olsberg.

The report indicates that Selkirk has the potential to establish itself as a second level production hub in Manitoba over the next five years with Winnipeg being the first level production hub in the province.

Olsberg complimented the city on the work that it has done so far to establish itself as a place open to working with the film industry.

"You'll know this already. And Manitoba is a remarkable major production hub and has a very strong and effective and reliable Tax Credit Program. You've got tons of workforce, a range of interesting locations," he said.

Some of the other benefits that Selkirk enjoys as far as attracting more filming to the area are its location being close to Winnipeg while still enjoying the rural filming bonus, the cost of living and doing business in Manitoba is lower than in other provinces, there aren't similar-sized city competitors close to Winnipeg and producers who've filmed in Selkirk strongly support the industry with

repeat visits.

"The fact that you've got this sort of general across the board, impressive city-led revitalization program, as well as having some strong key film industry infrastructure present as well for the future," said Olsberg.

Selkirk, of course, like any place also has some weaknesses when it comes to film production.

"Canada as a whole has a shortage of crew. This probably is the primary hindrance to natural expansion," said Olsberg.

Some other difficulties Selkirk is looking at are there not being a studio in Selkirk so that producers can shoot in controlled conditions, safety concerns about driving from Selkirk to Winnipeg in winter conditions, there being no direct flight between Winnipeg and Los Angeles, a lack of commodities for crews when they are in the city, and parts of Selkirk in the south not being part of the rural bonus.

Olsberg then turned over the presentation to his colleague Nneka Luke who spoke about some of the opportunities that the city can work on to attract more film productions to the region in the future.

"In terms of what we see as opportunities for the City of Selkirk there's land that is within the city that we came to see as part of the whole development opportunity that's currently underway. And certainly, there could be ways to link the development plans to incentivize productions or companies to actually set up film-related companies in Selkirk," said Luke.

Some other options that were identified are the city including permanent structures or improvement in negotiations with producers, using the Selkirk Enterprise Zone Incentive Program for more incentives for producers, improve their communication with the public to promote the industry and attract local trainees, and the province could add a winter bonus to the tax credit to encourage year-round shooting.

"We see significant potential for the city of Selkirk to expand its current industry to build on the strong foundation already has," said Luke.

Selkirk's CAO Duane Nicol rounded up the public meeting by indicating that the recommendations in the report wouldn't just be tossed onto a shelf to collect dust.



RECORD FILE PHOTO BY KATELYN BOULANGER

Report helps direct City of Selkirk on how to increase film production in city.

"More production in Selkirk means that there's probably more production going on in Winnipeg, and there's certainly production going on in Manitoba. It means more Manitobans are working, more economic activity, and more opportunities right here at home. A strong, healthy and vibrant Selkirk is good for Manitoba

and we're looking forward to working with the industry and the Province of Manitoba to grow this sector for all Manitobans," said Nicols.

The full report can be viewed at <https://www.myselkirk.ca/wp-content/uploads/2022/05/City-of-Selkirk-study-2022-03-18-updated-2022-05-12.pdf>.

### > KIRSTIN'S WALK, FROM PG. 6

Hand in Hand Daycare.

"We want people to leave the event and know that they have experienced something unique, because she was," said Sutherland.

Sutherland said they are very grateful to everybody who has supported them throughout the years and continues to support them.

The walk begins at 11 a.m. on Sunday, June 12, at Selkirk Park. Admission is free for youth six years old or younger, \$10 for youth above six, and \$25 for adults.

For those interested, participants

can register at the event from 9:30 a.m. to 10:30 a.m. Preregistration can be done at Safeway's customer service or online at [www.runningroom.com](http://www.runningroom.com).

Donations for Kirstin's Walk for Kids Fund can be made to the Selkirk and District Community Foundation at the Selkirk Civic Centre (200 Eaton Ave) or online at [www.sdcf.ca](http://www.sdcf.ca).

Call Laurie and Rick Sutherland for more information at (204) 482-5159 or (204) 485-4461 or visit the website at [kirstinswalk.ca](http://kirstinswalk.ca).



# Peguis First Nation flooding has left animals in need of new homes

## Non-profit shelters pull together foster parents and look for adoptions

By Emma Honeybun

Recent extreme flooding on Peguis First Nation has left stray or lost animals without shelter.

With compromised roads, bridges, and surrounding highways, many residents of the First Nation have been forced to leave their homes and rehome animals.

Water levels have been lowering, but the "State of Emergency," initially put in place on April 28, remains in place.

Since then, there has been an influx of online posts and notices on animals without homes and in need of temporary or permanent placement. Most commonly litters of puppies, kittens or adult dogs.

Spirit of Hope Rescue, a non-profit organization supporting dog rescue in Indigenous communities, has been regularly updating the current intake from Peguis First Nation and other areas in Manitoba on their public Facebook page.

The most recent being a surrendered litter of 7-8 week old puppies. They're all now in foster homes and will be available for adoption on May 19.

According to Spirit of Hope, the original owner of the litter and mother had called on May 4 for help and planned to have the mother spayed and dewormed.

Spirit of Hope Rescue functions on donations and sometimes has in-person adoption day events for dogs,

most recently in Winnipeg last week.

Applications for fostering or adoptions can be filled out online on their website, and the page is updated with new dogs or flood updates as they come. Donations can also be sent in online or through supplying items from their wish list. There's a current need for financial support. The shelter, founded by Cathie Miyette in January of 2012, has been very successful in rescuing dogs — over 3,500 during the ten years since.

What to know before you foster:

1. There's no cost to take in a

foster dog, but supplies like food, toys, leashes, etc. must be prepped by the foster beforehand.

2. Rescue dogs have a two-week quarantine period at the beginning of fostering and cannot be taken on walks or introduced to new dogs before they are fully vaccinated. They must be eight weeks old and in good health before being adopted.

3. There's no set time for fostering, it could be up to several months before a permanent home is found, but there are options for temporary foster placement.

4. Fosters have seven days to decide whether or not they will be permanently adopting the dog they're fostering.

Fosters must go through an application and selection process, all available on Spirit of Hope Rescue or other shelter websites or through contact.

For more information, visit the Spirit of Hope Rescue or Facebook page:

[spiritofhoperescue.ca](https://www.facebook.com/spiritofhoperescue/)  
<https://www.facebook.com/spiritofhoperescue/>



RECORD PHOTO SCREENSHOT

Spirit of Hope Rescue is looking for homes for several puppies that are up for adoption on May 19.

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# Seeding behind with overland flooding in the Interlake

## Regenerative ag a buffer to climate change

By Patricia Barrett

With many agricultural fields in the Interlake turned into small lakes from overland flooding, seeding has been delayed, hay is soaked and some farmers have lost cattle.

It has been a challenging start to the year for farmers who were already suffering from feed shortages and withered pastures from successive years of drought. It barely rained last year, and this year it seems spring rains won't stop.

Mike Duguid, who is vice chair of the Manitoba Forage and Grassland Association and sits on the Manitoba Beef Producers board, is unsure at this point how the flip side of Mother Nature's fierce demeanour is going to play out. The moisture was badly needed, but flowing or standing water on fields could pose problems.

"We are wondering ourselves how this is going to shape up," said Duguid last Wednesday. "Some fields got flooded, and that will cause some drowning [of winter crops, perennial species], but I think most fields will be in OK shape because they needed that extra moisture. As long as there's no standing water from overland flooding, alfalfa or hay fields will survive. It's the overland flooding that gets them."

As far as pastures go, Duguid said he thinks they'll fare much better than they had last year.

"The pastures will be a lot better this year. Already they're looking better – there's green. We didn't have that for half a summer last year," said Duguid, who farms near Arnes, about 20 kilometres north of Gimli.

Duguid said he experienced overland flooding on his farm and a road had to be cut to let the water flow to the lake. He didn't have a dry spot to which to move his hay and some has started to rot on the bottom, but he rounded up his cattle and moved them to higher ground.

"Our cattle were right up to their bellies in water and our feed was sitting in a foot of water. As soon as we could get the driveway dry enough to carry the trucks, we hauled the cattle to another pasture. They're much better there than the muck they were in."

He said it will likely be two or three weeks before he can start seeding.

Manitoba's Crop Report of May 10 says planting is behind schedule by at least two weeks. Heavy rainfall in the Interlake and the central and eastern regions of the province saturated fields and caused overland flooding. The Petersfield weather station, for example, recorded the highest overwinter precipitation (November 2021 to May 1, 2022) at 218 per cent of normal.

Farmers are concerned about the survival of winter cereal fields that were or remain flooded, says the report, but better-drained lands are starting to green up.

"Provincial seeding progress sits at <1% completion, behind the 5-year average of 21% for Week 18," states the report. "Farmers are extremely concerned about seeding delays, leading some farmers to switch planned corn or soybean acres into canola and spring wheat, while planned field pea acres

may see a decline as well."

As far as forages go, the report says there is "limited new growth" to date because of waterlogged soils.

"Nearly all regions of the province remain short on feed supplies, and remaining overwinter supplies are being stretched thin by delaying cattle turn-out to pasture with wet conditions and limited to no new growth," states the report.

To improve pasture after flooding, Duguid says if there were "tame" species (i.e., non-native grasses, legume species) growing on it, farmers might have to re-seed some of it.

"Generally, what will happen is species such as timothy, trefoil and clover will take over because they're a little more resistant to water than alfalfa is. And wild grass will survive pretty much," he said.

With fertilizer prices skyrocketing because of Russia's invasion of Ukraine and supply-chain interruptions, Duguid said he'll be cutting back on fertilizer and is hoping residual fertilizer on the fields will help him somewhat.

"A lot of fertilizer comes from that part of the world. Nitrogen, for example, is made from natural gas and the price has gone up," said Duguid. "China, which is a big exporter, put a ban on exports. A lot of countries aren't dealing with Russia now. Ukraine was a big exporter, but the war put a tighter crimp in the supply."

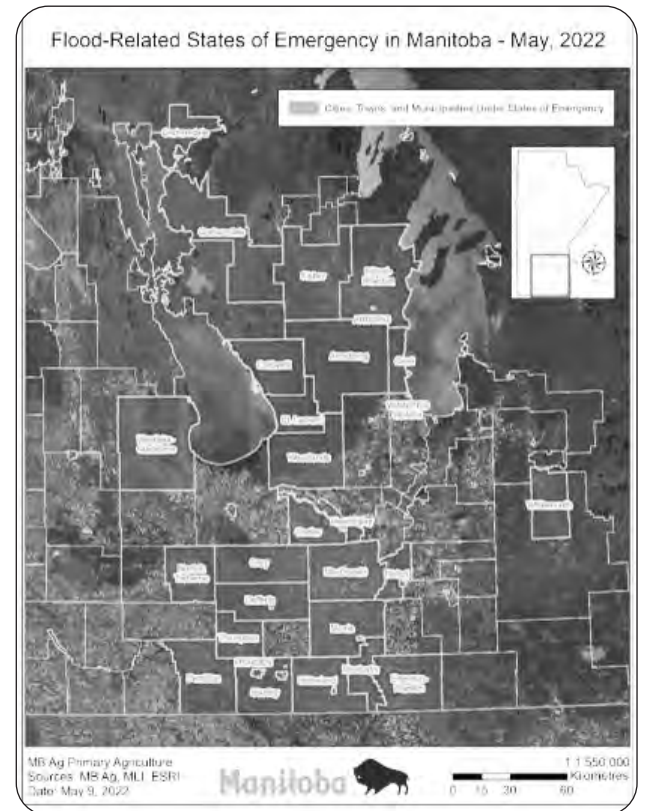
Duguid said he's a big proponent of planting cover crops – different forages for different seasons that keep roots in the soil year-round. The benefit of that is not needing as much fertilizer and "almost zero chemical, maybe a little Roundup in the spring to knock down the weeds."

"You can cover your bases if you've got cover crops for different seasons. You can plant species for warm, cool, moist and drier conditions. The east and west watershed districts have programs to help farmers with cover crops," said Duguid. "A crop growing all year takes more carbon out of the air than a wheat crop, for example, because wheat only grows for about 75 days. We have crops that are growing right now – fall rye, winter wheat – and they're starting to turn green. The black fields you see aren't doing anything to help with carbon capture."

Other regenerative agricultural practices, such as rotational grazing in which cattle are moved and penned in different areas of pasture to mimic the habits of the Prairie bison – which didn't pick a field clean, but continuously moved from area to area allowing the plants to recover – can help buffer the effects of extreme climate, he said.

Armand Belanger, manager of the East Interlake Watershed District, said there are new government grant programs this year for three different regenerative agricultural projects.

"The EIWD is excited to provide three new avenues of funding this year. Farmers that are interested in reducing nitrogen application, incorporating rotational grazing or establishing cover crops are encouraged to give us a call," he said. "These types of projects are of interest to the watershed district because they work towards five core principles of regenerative agriculture, which are to



**IMAGE FROM MANITOBA CROP REPORT**  
Most municipalities and towns in the Interlake declared a state of emergency to deal with flooding.

minimize soil disturbances (reduce till and chemical use), maximize crop diversity, keep the soil covered, maintain living root year-round and integrate livestock."

Regenerative agriculture mimics natural ecological systems, he said, captures carbon and builds resilience to climate change. It also builds healthy topsoil, improves water cycles and increases biodiversity.

"For example, farms that incorporate these prac-

Continued on page 19

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# COVID outbreaks in Teulon, Fisher Branch; severe hepatitis in children confirmed

## Selkirk's Red River Place declares outbreak

By Patricia Barrett

The Interlake-Eastern Regional Health Authority's medical officer of health declared a COVID-19 outbreak at the Teulon Hunter Memorial Hospital last week that infected three patients and may have infected at least 10 others.

"Yesterday [May 9] our regional medical officer of health declared a COVID-19 outbreak at Teulon Hospital. Three individuals receiving care have tested positive for COVID-19 and we have results pending for 10 other people," said an IERHA spokesperson on May 10. "We have enacted outbreak protocols in the facility. This includes restricted visitation until we are assured that the infection is no longer spreading in the facility."

The spokesperson said the outbreak is limited only to the hospital, and that the services at the clinic, the lab and the Goodwin Lodge personal care home are unaffected.

The IERHA also declared a COVID outbreak at the Fisher Branch Personal Care Home on May 9.

Four residents tested positive with test results pending on 12 other residents who are symptomatic. All visitation is suspended, with exceptions for end of life care.

"Every pod in the personal care home has at least one symptomatic resident. We won't have a complete sense of outbreak extent until a few days from now when we have test results back and can see if more residents start experiencing symptoms," according to acting clinical team manager Margarete Moulden.

Moulden said during an outbreak, to actively prevent transmission of illness, residents will be isolated in their rooms and activities and communal dining is suspended temporarily.

When these measures are in place, staffing is increased in the recreation department to ensure increased one-on-one time with residents. To support in-room dining, over bed tables have been secured for residents. If residents prefer and their health status allows, they can be seated in their doorway behind these tables at meal times. This keeps residents isolated from one another and protected but it lets our staff socialize with them as meals are served.

"Residents who recovered from COVID-19 during our most recent outbreak in February are exempt from isolation," according to Moulden.

A COVID outbreak was declared May 3 at Red River Place Personal Care Home in Selkirk is still in place (as of May 14).

Other health news:

-The provincial government's surveillance report on COVID for the week May 1 to May 7 shows 902 new infections, 196 new hospital admissions, of which 13 required intensive care, and 11 more people died from the virus. There were also 11 outbreaks in long-term care facilities over the course of that week. The number of Manitobans who have died from the virus has reached 1,847.

The surveillance report also says PCR lab tests have been decreased.

Surveillance data for most of April showed 768 people requiring hospitalization (including ICU) for COVID and 44 deaths.

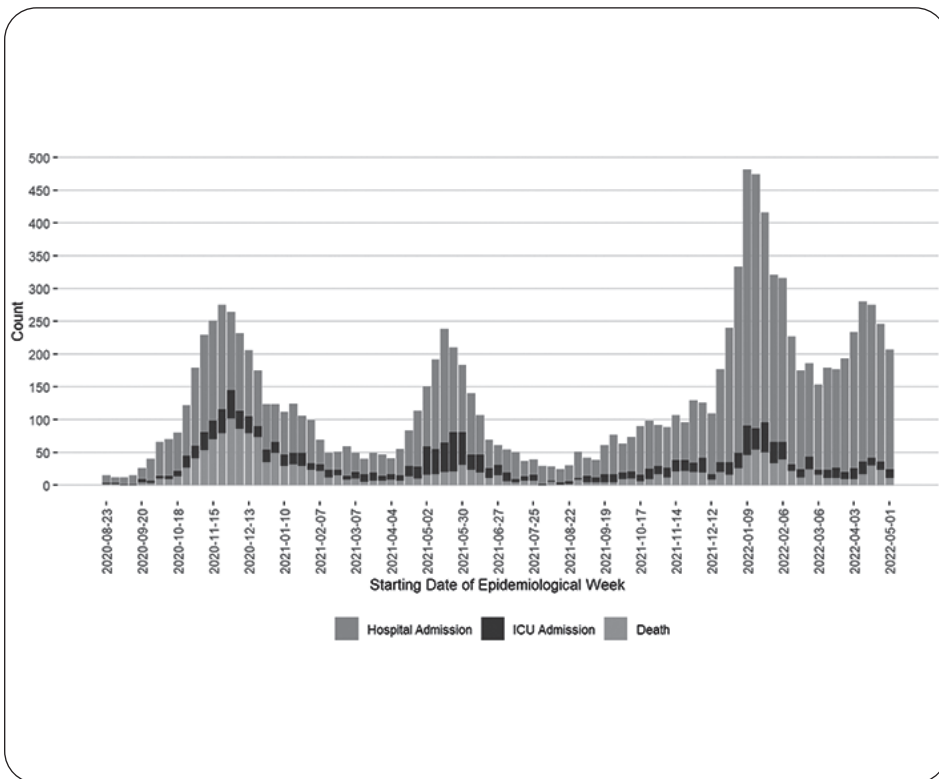
-The World Health Organization said earlier this month that death counts from COVID are vastly underestimated. Based on new estimates, there were about 14.9 million deaths associated with COVID over the course of 2020 and 2021. That more than doubles the current worldwide death count, which was 6.2 million as of May 11.

"These sobering data not only point to the impact of the pandemic, but also to the need for all countries to invest in more resilient health systems that can sustain essential health services during crises, including stronger health information systems," said WHO director-general Dr. Tedros Adhanom Ghebreyesus in a May 5 news release. "WHO is committed to working with all countries to strengthen their health information systems to generate better data for better decisions and better outcomes."

-The World Health Organization put the count of severe acute hepatitis outbreaks in children at 348 cases globally (as of May 12). The cause of the illness is still unknown; researchers are trying to determine if the liver inflammation is caused by an adenovirus virus or by COVID, either as a co-infection or as a previous infection.

In late April the WHO said the cases involved children aged 1 month to 16 years old. Seventeen children – about 10 per cent – required liver transplants and at least one child died. COVID was confirmed in several cases and several more had a co-infection of COVID and an adenovirus.

"The common viruses that cause acute viral hepatitis (hepatitis viruses A, B, C, D and E) have not been detected in any of these cases," said the WHO in an April 23 statement. "International travel or links to other countries based on the currently available information have not been identified



RECORD PHOTO SUBMITTED

COVID continues to put Manitobans in hospital. From May 1 to 7, 11 more Manitobans died from the virus and there were 11 outbreaks in long-term care facilities, according to provincial government data.

as factors."

The Manitoba government's Shared Health organization confirmed two cases of severe pediatric hepatitis last

week (as of May 12). It is not releasing information about the affected children, nor is it saying whether they have or had COVID.

## > FLOODING PUTS FARMING BEHIND, FROM PG. 11

tices have shown to turn soil that is like concrete into more of a sponge," he said. "Where water would once rush off as fast as it fell can now be absorbed into the soil, reducing flood events and helping prepare for times of drought."

Conventionally farmed fields that get one inch of rain can take an hour to absorb it, according to some studies, he said. But a regenerative agriculture field can absorb one inch of rain in about 10 to 30 seconds. Two inches of rain could take a conventionally farmed field all day to absorb it whereas a regenerative field can suck it up in 30 seconds.

"Some estimations are showing that farmers could store an additional 25,000 gallons of water on one acre of land if they follow regenerative agriculture principles," said Belanger. "Added up, these types of fields could significantly reduce local and downstream flooding."

To help with the fallout of Manitoba's spring storms, the provincial government announced a Disaster Financial Assistance (DFA) program on May 9. DFA is managed by the Manitoba Emergency Measures Organization under the provincial

department of Transportation and Infrastructure. The deadline to apply is Aug. 8.

"Farms are covered and livestock losses are DFA eligible if insurance could not be purchased. A veterinary certificate is required to verify that the losses were a direct result of the event," said a provincial spokesperson. "In order to qualify for DFA, farms must have yearly gross revenues of between \$10,000 and \$2 million and employ no more than 20 full-time workers. The farm cannot be a hobby farm; it must be an owner-operated business and the owner-operator must be the day-to-day manager."

DFA requirements are set out by the federal government, which has a cost-sharing agreement with the province, he added.

For information on DFA programs and how to apply, visit the Manitoba Emergency Measures Organization online. For more information on regenerative agriculture programs and grant funding, call the Gimli-based East Interlake Watershed District at (204) 642-7578.



# Lake Winnipeg commercial fishers say killing, injuring pickerel during spawning is unsustainable

By Patricia Barrett

Although the provincial government has made previous announcements about the importance of preserving pickerel (walleye) stocks on Lake Winnipeg – and has made adjustments to commercial fishers' net sizes – it allows anglers to catch them at a crucial time, while they're spawning.

Commercial fisher and analyst Bill Buckels said allowing anglers on the lake just as the pickerel are starting to spawn flies in the face of the province's much touted commitment to the sustainability of the stock. The fish should be left alone to spawn, like any animal that breeds, before anglers are allowed to catch them.

"The provincial government let the anglers go fishing on May 14 without any regard for the fact that the pickerel have not yet started to spawn," said Buckels, who lives in Gimli. "The government shouldn't make claims that it's trying to sustain Lake Winnipeg's pickerel stocks when every year it allows thousands of anglers on the lake during spawning. Spawning is the most crucial time in their life-cycle. The government's practice does not protect fish stocks – it contributes to the pickerels' demise. Anglers are

killing and injuring the fish before they have a chance to replenish themselves."

Natural resources and northern development minister Scott Fielding announced the opening of the recreational fishing season in a May 13 news release, asking anglers at the same time to release spawning fish. Angling started May 14 in the southern region and will open on May 21 in the northwest and north central regions.

"Anglers will be able to enjoy Manitoba's great outdoors with the start of the fishing season this weekend," said Fielding in the release. "This is an exciting time for Manitobans and visitors who have been waiting to cast a line in their favourite lake or river."

Buckels said commercial fishers wait two days after 80 per cent of the pickerel have spawned before they start their season in order to maintain the sustainability of the stock. And spawning doesn't start until the water temperature reaches an average of six degrees Celsius. Average lake water temperature is gauged by taking the mean temperature of daytime and the mean temperature of nighttime.

Continued on page 15



RECORD FILE PHOTO BY PATRICIA BARRETT

Commercial fishers sometimes pull up in their nets fish that have been injured by anglers and still have a hook and line embedded in their mouths, such as the bullhead catfish shown here. The fish's mouth on both sides was badly infected. Mouth injuries can affect a fish's ability to feed properly and lead to starvation and death.



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# Local fiddler recognized



PHOTO SUBMITTED

Local fiddler Morgan Grace Cinther has been recognized at the Manitoba Legislature. She was recently recognized by local MLA Alan Lagimodiere in a private member's statement. Pictured left to right: Lagimodiere, Cinther and Buck Anderson.

# Be safe when using off-road vehicles this summer

The best ride is one that you come home safely from

Submitted by Manitoba RCMP

Manitoba RCMP remind off-road vehicle operators to be safe.

With the warmer weather upon us, many Manitobans are eager to get outside and enjoy the outdoors which may include riding off-road vehicles (ORVs). The Manitoba RCMP wants to remind operators of the laws of ORVs to ensure a safe ride.

Most of the laws around ORVs fall under the Off Road Vehicles Act. For details, please refer to the Act, but here are some general rules to keep in mind when riding an ORV:

- Anyone under the age of 14 must have direct supervision of a parent or legal guardian who is a minimum of 18 years of age. Youth over the age of 14 can ride without parental supervision, but cannot cross a roadway until they obtain a valid driver's licence.

- All ORV operators and riders must wear properly fastened safety helmets unless the vehicle is equipped with rollover protection and the occupants are wearing securely fastened seat belts.

- ORVs are not to be operated on roadways, shoulders, medians of divided roadways, or sidewalks

- ORVs are permitted to be in the ditch, provided travel is in the same direction as vehicle traffic, the ORV is to the right of the roadway and the shoulder, and the ORV is being operated in an area where ORV use is per-

mitted. Always remember to be on the lookout for hazards in the ditch, such as culverts, driveway approaches, and road signs

- No riding:
  - On privately owned or leased land without permission
  - Within 30 metres of a dwelling that is not yours between midnight and 7:00 am
  - Within 30 metres of a playground or area set aside for recreation that is not fully fenced

- In a careless manner
- Without reasonable consideration for other persons and property

- When conditions are dry, use caution as sparks from an ORV can ignite grass and branches, starting a fire

- Be aware of local bylaws in the area you are riding

- Impaired driving laws apply to all motorized vehicles. Only operate an ORV when sober and alert

In 2021, RCMP in Manitoba responded to 8 fatal collisions involving ORVs and 58 collisions where serious injury occurred. Contributing factors in these collisions included speed, no helmet and impaired driving.

Knowledge and safety are key, so make sure you are aware of the rules in place in the area where you are riding.

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## > PICKEREL SUSTAINABILITY, FROM PG. 13

Once provincial fisheries staff complete index netting to show that the pickerel have spawned 80 per cent or more, commercial fishers wait another 48 hours before they start their season, he said.

Because of Manitoba's late winter storms and cool temperatures, the water may not warm up quickly this year, and the pickerel may not reach that critical 80 per cent point until June, he said. That means anglers will have been reeling them in for two weeks or possibly more.

Commercial fishers were the ones to put the "80 per cent rule" in place years ago, he said, when the Lake Winnipeg commercial fishery co-management board (fishers and provincial government staff) was operating. The rule is enshrined in the Lake Winnipeg Administrative Procedures, a document that was formulated by the Manitoba government and the commercial fishers. Treaty fishers do not have to follow the practice.

Neither do anglers, who Buckels said descend on the lake in their thousands or fish from shore during spawning time.

"Anglers will converge on the lake as soon as they're allowed, and even cast from shore if there's still ice on the lake," he said. "We've heard them bragging when they come in. They'll say, 'I caught 40 fish today.'"

During spawning time, pickerel are at their "most vulnerable," said Buckels. They're weak because they're doing nothing but building and laying eggs and squirting milt on the eggs. They don't need anglers "sticking hooks" in them.

"A big female can carry half a million to a million eggs," he said. "When anglers come in and catch them by the mouth, they completely exhaust them."

When that female is under stress, she will die along with the other million fish inside her."

Buckels said his concerns about angling during spawning are aligned with a number of other commercial fishers, who discussed the situation a number of weeks ago. They agreed that angling shouldn't start before the commercial fishery season and inquired about keeping harbours closed to stop anglers from injuring spawning stocks. And even in October, at times when the weather is poor and the province ends the commercial season early, anglers are still allowed to fish.

"Last year in mid-November, we could see the anglers in their boats going past our houses," said Buckels. "The province wants those angling dollars; this is not about ensuring the sustainability of pickerel stocks. Everything is about greed. How do you overcome that?"

The province has no quality plan for the commercial fishery, he added. They've been palmed off to five different ministers since the Conservatives came to power in 2016 and nothing has changed despite growing consumer demand for sustainable fishing practices.

"The province lives in a fantasy world. They believe they can stop COVID by waving a magic wand and they believe they can protect fish stocks," said Buckels. "Consumers want to be protected against unsustainable fishing practices."

The fish, while spawning, want to be protected from consumers. The fish have rights, too. They have the right to reproduce like any animal on this planet."

With anticipated flood waters entering Lake Winnipeg, Buckels said conditions are favourable for creating a healthy new class of pickerel. But angling could affect that.

"We commercial fishers don't kill fish for sport; we want to harvest them for food to help feed this planet. And we'll wait until our harvest stock has finished reproducing. The anglers have gaslit us, making a false case against us by saying the commercial fishery doesn't bring in hard dollars to provincial coffers and doesn't support local economies," he said.

"The anglers that come in from various places, including the States, don't buy boats and outboard motors from our local boat dealers. They don't buy pick-up trucks from our local car dealers. They don't buy lifejackets here. They don't buy a bunch of food at Sobeys to support local jobs and the people who send their kids to school here. They bring their own stuff and have a shore lunch."

The Express asked the department of natural resources and northern de-

velopment a few weeks ago whether it had plans to disallow anglers from going on the lake before 80 per cent of the pickerel had spawned.

A spokesperson said female walleye spawn "as early as May 11 and as late as June 6, with a 30-year average of May 25," based on spawn-testing data, and that opening of the recreational fishing season is slated for May 14. But there is a proposal to open the season later starting in 2023.

"Licenced anglers must abide to all angling regulations, which includes possession limits and size restrictions to manage harvest levels," said the spokesperson. "The province is introducing a suite of new regulations on April 1, 2023, which includes a move to species-specific seasons. On Lake Winnipeg, the proposed opening date of the walleye season will be the third Saturday in May."

A spokesperson for the federal department of fisheries and oceans said the Manitoba government is responsible for the fish, and there are no plans to close boat launches in any of the small craft harbours on Lake Winnipeg to protect spawning fish.

"Managing the fisheries is the responsibility of the province," she said.

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Down: \$3,500

Term: 60-month lease

Interest Rate:

5.99%





# Your FARM



## Updating key tools in sustainable crop protection

Improving formulations reduces negative environmental and health risks

By Staff

In what should be music to the ears

of agricultural producers in Manitoba's Interlake area, ADAMA Canada has updated some of its key tools in sustainable crop protection.

Prairie canola, pulse and corn producers now have a suite of crop protection products made with sustainable ingredients, as ADAMA Canada has updated some trusted favourites to improve formulations, resulting in reduced negative environmental im-

pact. Local retailers said customers are looking for more sustainable and eco-friendly products.

"The world is changing a lot. Everybody is looking for ways to make things better, whether it be for the user, operator, the field (itself) or the non-target pest species. Even for the pest species, we want products that have good efficacy," said Mike Klassen, the sales manager and lead agronomist at

dients. The company dubbed it a "formulation for the future." Zivata's active ingredient is lambda-cyhalothrin, which is effective on a wide range of pests and pest stages.

Currently Zivata is registered for crops including canola, pulse, corn, soybean and a variety of fruits and vegetables. ADAMA thoroughly planned its supply chain and is producing the product at its plant in Georgia (USA), which means Zivata will be widely available across Canada in 2022.

With many agricultural organizations mandating sustainability, improved formulations are critical to achieving the industry's environmental goals.

Zivata is an improvement on competing products because it offers three main formulation benefits:

Plant-based versus petroleum distillate — ADAMA now uses a sustainable plant based solvent versus the non-renewable petroleum based solvents used in most insecticides.

Safety built in — Zivata has a higher flashpoint, which makes it less volatile to store and handle.

Zivata's formulation includes a proprietary, sustainable solvent and adjuvant.

"This new formulation allows farmers to protect their crop, while con-

Ag Advantage in the RM of Woodlands, which also serves the RMs of Rockwood and Rosser. "Zivata is more sustainable than predecessors. If we can make a product more sustainable, why wouldn't do that? Development has become more prominent, gone are the days where nobody is around these fields."

A D A M A ' s chemists designed Zivata to be more user friendly and it contains more environmentally sustainable ingre-

Continued on page 21



### Grazing Workshop Series

**Start Your Grazing Plan (Workshop 1)** Choice of 3 locations

**MBFI Brookdale Farm Learning Centre**

- Tuesday, April 12, 2022 (12:00-6:00 pm)

North of Brandon, Corner of PR 353 and Hwy #10

**Eriksdale Community Centre - Wednesday, April 13, 2022**

(9:30--3:00 pm) 22 Railway Ave - Eriksdale

**Grandview Kinsmen Community Centre - Thursday, April 14, 2022**

(9:30-3:00 pm) 435 Burrows Ave - Grandview

#### Agenda

- **Building Pasture Productivity using Pasture Planning**  
Steve Kenyon - Greener Pastures Ranching Ltd
- **Using Agri-Maps as a tool to develop grazing system plan**  
Shawn Cabak - Ag Adaption Specialist - Livestock, MB Ag
- **Developing applications for grazing project funding**  
- Laura Grzenda, Andrea Bertholet & Jewel Mazur  
Agri-Ecosystems Spec. - Livestock Stewardship, MB Ag  
- Local cost sharing programming
- **Hands-on supplementary training (optional)**  
please bring your laptop



#### SAVE THE DATES! - MORE DETAILS TO FOLLOW

**Fence and Water Solutions (Workshop 2) - MBFI Brookdale Farm Site - June 1, 2022**

Electric Fencing Theory & Hands-on Demonstration, Solar Power for Remote Water Systems, Pasture Pipeline Installation

**Health Check Your Pasture and Soil (Workshop 3) - MBFI First Street Pasture, July 6, 2022**

Hands-on Demonstration of Pasture and Soil Health Assessments

**Diversify Your Grazing (Workshop 4) - MBFI Brookdale Farm Site - August 3, 2022**

Extended Grazing and Annual Forages for Feed and Livestock/Crop Integration

Workshop 1 Fee - \$30.00 per person (Lunch included)

Pre-registration is required (spaces may be limited) - April 11 registration deadline for Workshop 1

Register at MBFI website @ <https://www.mbf.ca/registration> or call 204-761-3300



Canola.

RECORD PHOTO BY LANA MEIER



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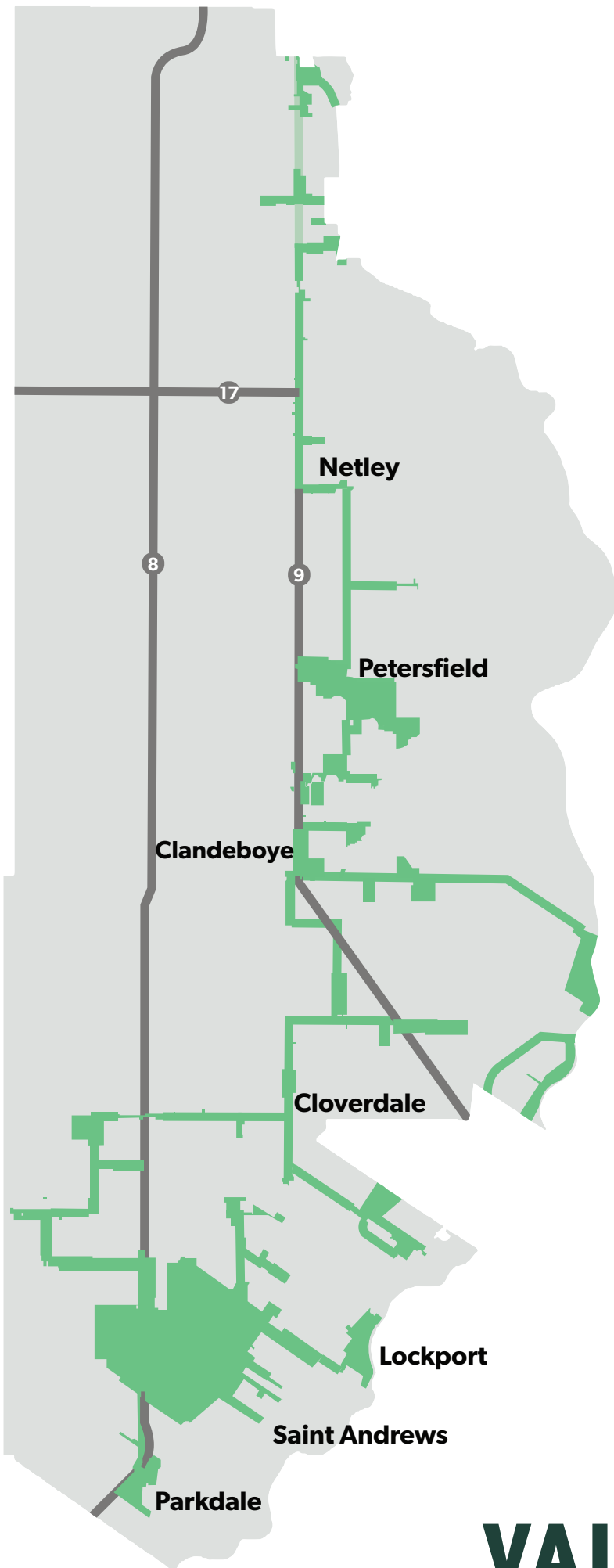
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Your Local Community

# Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Beat inflation with low-cost renovations

The rising cost of building materials has hindered many renovation projects. Do you want to put your house up for sale but feel it needs a little

TLC? Here are a few ways to lower your reno costs and make your home

Continued on page 19





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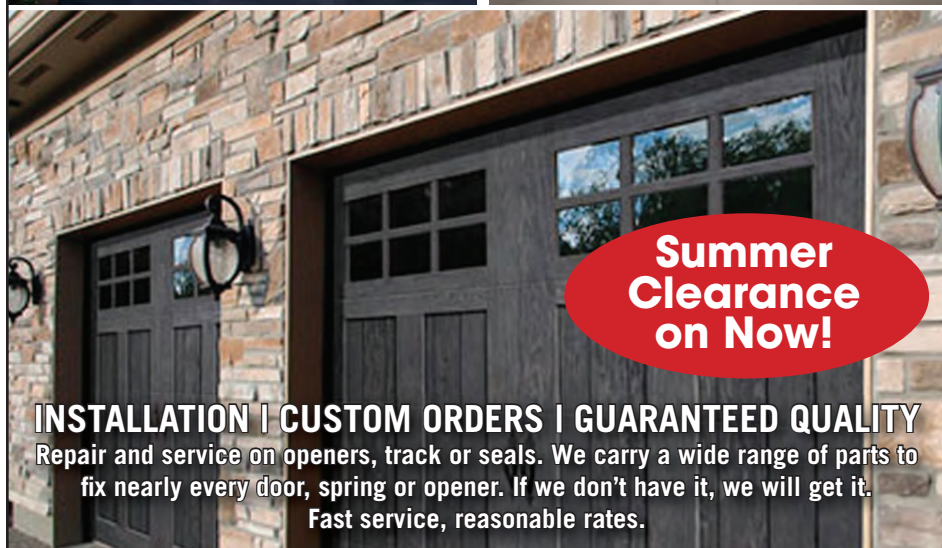
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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Buying an older home: points to keep in mind

Have you fallen in love with an older home? You may be tempted to seize the opportunity and skip an inspection, especially if there are several interested parties. Before taking on a mortgage, here are a few essential points to keep in mind.

### Materials

Some materials that were popular in the past are now undesirable or even prohibited. For example, old paint is laden with asbestos and lead, which can infiltrate your drinking water. Therefore, you must find out if your dream home hides any unpleasant surprises.

Additionally, you may be saddled with inadequate electrical circuits or an insufficient number of power outlets. Moreover, energy efficiency wasn't a priority in the past. Therefore, single-paned windows and poorly insulated walls are sure to

drive up your heating bill.

### Cost of renovations

Even if the home's foundations and frame have survived well over the years, you may still be faced with costly renovations. For example, if you decide to knock down a wall and upgrade the insulation, you probably don't want to close it off with bare drywall. Consequently, you must think through the additional expenses you may incur to preserve the home's character.

Among the many aspects to consider is the insurability of the building. Before taking the plunge, take time to consult a broker and call a qualified inspector.



## > LOW-COST, FROM PG. 18

irresistible to potential buyers.

### Refresh rather than replace

Before throwing something away, ask yourself whether you might be able to give it a second life. The internet is full of creative upcycling ideas.

### Talk to your neighbours

Did your neighbours redo their roof last year? If so, they might have a few bundles of extra shingles they'd be happy to sell you at a discounted price. Don't hesitate to ask for input from those around you.

### Keep an eye out for bargains

If you're not in a rush to complete your renovations, keep an eye on store flyers over several weeks instead of buying everything at once. You may be able to find good discounts to help lower your bottom line.

### Save on labour

Don't dismiss your own handyman skills. If you plan to hire a professional to do your renovations, consider taking on some of the work yourself. In any case, ask for quotes from several accredited contractors to get the best price.

Finally, find out if you're eligible for any available government subsidy programs.



**48 Stevens Avenue E, St Andrews \$399,900**  
- **BEAUTIFUL RAISED BUNGALOW!!** This 1248 SF, 2 bed, 2 bath home is located in the RM of St. Andrews and features laminate floors, neutral tones, and elegant finishes throughout! Just minutes to Lockport amenities, 10 minutes to Selkirk, and under 15 minutes to the Perimeter Hwy!



**102 Stevens Avenue W, St Andrews \$259,900**  
- **TREED LOT WITH SHOP FOR SALE!** Fantastic opportunity to own this beautiful treed 1.39 acre lot with a bonus 30x28 detached garage! This lot is located on a low traffic street and is close to school and other amenities. Electricity, natural gas, internet, and low pressure sewer is available at the approach. Under 10 minutes to Selkirk and only 15 minutes to Birds Hill Park!



**7398 Henderson Highway, St Clements \$224,900 - TREED RIVERFRONT LOT!** Amazing opportunity to own this treed riverfront lot situated on 1.5 acres with a gentle slope to the river bank. Approximately 5 minutes to Lockport, 15 minutes to Selkirk, and 20 minutes to the Perimeter Highway.



**665 Colville Rd & 685 Ferry Rd, East Selkirk \$199,900 - DEVELOPMENT OPPORTUNITY CREEK FRONT PROPERTY!** This 3.35 acre vacant lot, which is to be SOLD in correlation with adjacent 4.19 acre lot. Lots are partially treed, back onto creek that flows into the Red River. Purchased together there is a total of 7.54 acres.



**186 Bridgeview Dr, St. Clements \$899,900 - MODERN EXECUTIVE STYLE ESTATE!** This premier estate was crafted in 2010 and is located in Bridgeview Estates. 3,715 sf, 4 Bdrms, 2 Baths. 4 car attached garage with infr heat, beautiful landscaped 1.38 acre lot!



**Lots 1 & 2 PTH 44, Lockport \$139,900 - VACANT LOT FOR SALE!** Great opportunity MULTI-FAMILY zoned lots in Lockport, Manitoba. This high traffic location site, is a great location for your build. For Sale is Lot 1 a 0.54 acre site. (also for sale is Lot 2 a 0.52 acre lot. Can be purchased together or separate.)

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# It's a circus out there



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RECORD PHOTO BY BRETT MITCHELL

The Great Benjamins Circus brought their traditional circus to town May 11.



# City of Winnipeg releases another 3 million litres of untreated sewage

Sewage contaminating local rivers and lake

By Patricia Barrett

More raw sewage is destined for Lake Winnipeg after the City of Winnipeg shut down a flooded pumping station on April 30. The station had reached capacity and was shut down to prevent basement flooding in the Charleswood neighbourhood of Winnipeg, according to the city's water and waste webpage. An estimated 3.06 million litres of untreated sewage were discharged for about an hour into the Assiniboine River from an outfall at Dieppe Road and Roblin Boulevard.

The Assiniboine flows into

the Red River, which flows into Lake Winnipeg. The latest sewage discharge comes after the city dumped 59.6 million litres of untreated waste into the Red River on April 25. And it dumped nearly 80 million litres of untreated waste into both the Red and the Assiniboine over 10 consecutive days in March. Untreated sewage contains feces, urine, viruses, bacteria, fungi, parasites, chemicals, pesticides and phosphorus, which contributes to algal blooms.



RECORD FILE PHOTO BY PATRICIA BARRETT

Commercial fishers working near Hecla and Deer Island at the top of Lake Winnipeg's south basin were inundated with feces from an unknown source in the fall of 2018.

## > SUSTAINABLE FARMING, FROM PG. 16

sciously choosing a product with the environment in mind," said ADAMA Canada General Manager, Cornie Thiessen. "While current products meet safety standards and are effective, ADAMA is pleased that Zivata is improved in areas like sustainability, toxicity and exposure. We are continuously looking at our products to see if we can update them to be more environmentally sustainable without changing their efficacy. That's a win-win for our industry."

Here are three ways that Zivata improves stewardship and sustainability:

Reduced Volatile Organic Compounds (VOCs) — VOCs are known to negatively affect people, the environment and air quality. Zivata's innovative formulation improves both the user experience and flexibility of use around odour-sensitive areas.

Managing active ingredient (A.I.) per acre guidelines — Zivata's active ingredient is efficient and effective with a low registered rate for effective results.

Sustainable sourcing — Using a plant-based, renewable solvent versus a petroleum-based, non renewable solvent.

Zivata has been approved and labeled for use on a wide variety of crops including soybeans, canola, wheat and fruit crops. We believe it will find enthusiastic adoption by those committed to continuously improving agriculture across the country, though we expect some of the higher value commodities may lead the way.

## Correction

In the May 12 edition of the *Selkirk Record* it was incorrectly stated that the Alzheimer Society of Manitoba's Minds in Motion program is 12-weeks long. It is in fact, eight weeks long when in person and six weeks long

when attended virtually. In addition the 300 people living with dementia and their families that the Alzheimer Society of Manitoba helps in our region are from all over the Interlake not just Selkirk.

# GOIN' FISHIN'?

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# Manitobans should take precautions to avoid tick bites

## Minimizing risk of exposure the best way to avoid lyme disease

Submitted by the Gouvernement of Manitoba

May is Lyme Disease Awareness Month and public health officials with Manitoba Health are reminding Manitobans that tick-borne diseases including Lyme disease, are preventable.

Lyme disease is becoming more common in southern Manitoba. To help prevent infection, Manitoba Health recommends people visit their health-care provider within 72 hours to receive antibiotics if they have had a high-risk tick bite, which is defined as:

- reliably identified as a blacklegged tick;
- attached for a minimum of 36 hours or the tick was engorged; and
- from southern Manitoba (south of the 53rd parallel) or another known risk area outside of Manitoba for Lyme disease.

Blacklegged ticks, which can carry Lyme disease, anaplasmosis and babesiosis are most commonly found in and along the edge of forests and

in areas with thick, woody shrubs or other vegetation. However, they can also be found in urban areas including household yards. These ticks are typically found from snowmelt to snowfall, with peaks in activity in the spring and fall.

Manitobans can protect themselves and minimize their risk of exposure by:

- applying an appropriate tick repellent on exposed skin and clothing, following label directions;
- wearing long pants and long-sleeved shirts;
- staying to the centre of walking trails;
- inspecting themselves, children and pets after spending time outdoors;
- removing ticks as soon as possible from people and pets; and
- keeping grass and shrubs around homes cut short to create drier environments that are less suitable for blacklegged tick survival.

It is also important for people to be aware of the signs and symptoms of



METRO CREATIVE

Taking precautions can reduce your chance of getting a tick bite.

tick-borne diseases. A list of symptoms can be found at [www.gov.mb.ca/health/publichealth/cdc/tickborne/index.html](http://www.gov.mb.ca/health/publichealth/cdc/tickborne/index.html). People should contact their health-care provider if they think they may have anaplasmosis, babesiosis or Lyme disease. For more information, individuals can also contact Health Links-Info Santé at 204-788-8200 or (toll-free) 1-888-315-9257.

Manitoba's partnership with the eTick program, which is developed and operated by Bishop's University, helps monitor and assess the continued expansion of blacklegged tick

populations. Manitobans who find ticks on animals, humans or in various habitats can submit a picture to have it identified by experts, which will confirm if the tick belongs to a species capable of transmitting diseases. For more information or to submit a picture of a tick, visit [www.etick.ca](http://www.etick.ca).

To learn more about blacklegged ticks, tick-borne diseases and prevention, visit: [www.gov.mb.ca/health/publichealth/cdc/tickborne/](http://www.gov.mb.ca/health/publichealth/cdc/tickborne/).

# Red River Co-op to support food waste diversion program

## Local grocers supporting people, animals and the planet

waste reduction program, first of its kind in their market. The co-op partnered with Compost Winnipeg, and the local chapters of Leftovers food rescue and Loop to divert over 540,000 kg of food since the program's inception in May 2021.

"We knew we had good food going

to landfill and we are happy to have found local partners to help build this solution where we simultaneously divert food away from landfill and build more sustainable communities," said Doug Wiebe, CEO of Red River Co-op.

Food access is a key concern for Red River Co-op and the partnership with Leftovers rescues food nearing its sell-by date, but is still good to eat, and gets the food to people. Leftovers volunteers pick up food donations from Red River Co-op food stores and takes them directly to social agencies for their clients.

For Red River Co-op's rural food stores, Loop resource is used to connect the stores with farmers. Farmers pick up the donated food to use for animal feed, helping them save on costs so they can further invest in their agricultural production.

Red River Co-op also uses Compost Winnipeg, a social enterprise of their community partner Green Action Centre, for composting. The composting process reduces methane gas emissions and Compost Winnipeg turns collections into nutrient rich soil for community gardens.

By Staff

Red River Co-op is excited to share news of their food

## Swing For The Kids SLO PITCH TOURNAMENT

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# get inspired

> MEAL IDEAS



RED RIVER CO-OP FOOD STORE

## Mixed Berry Pizza with Oatmeal Coconut Crust

1 pinch salt  
1/2 cup vanilla Greek yogurt  
1/2 lemon, juice only  
3 strawberries, sliced  
1/4 cup blueberries  
1/4 cup blackberries  
Preheat oven to 350 F.  
In mixing bowl, mix egg, rolled oats, coconut, flour, brown sugar, butter, 1/4 cup honey, cinnamon, vanilla and salt until incorporated.

Evenly spread mixture in greased springform pan and bake 20 minutes, or until golden brown.

Remove pan from oven and cool.  
In bowl, mix Greek yogurt with lemon juice.

Once oatmeal crust is fully cooked, use spatula to spread lemon-yogurt mixture on top.

Top with sliced strawberries, blackberries and blueberries. Drizzle with additional honey.

Recipe courtesy of Healthy Family Project

Prep time: 10 minutes  
Cook time: 20 minutes  
1 egg  
1 1/2 cups rolled oats  
1/3 cup unsweetened shredded coconut  
1/3 cup all-purpose flour  
2 tablespoons brown sugar  
3 tablespoons unsalted butter, melted  
1/4 cup honey, plus additional for drizzling, divided  
1/2 teaspoon cinnamon  
1 teaspoon pure vanilla extract



## Sweet Italian Sausage Polenta

2 teaspoons oregano  
Heat grill to medium-low. Grill sausages 15-20 minutes, using tongs to turn frequently; reserve.

In heavy-bottomed pot, whisk stock and polenta; bring to boil. Cook, stirring frequently, about 15 minutes, or until thick and creamy.

Remove polenta from heat and whisk in butter and cheese. Reserve until ready to serve.

Heat pan over medium-high heat. Add olive oil, peppers, onions and garlic; and saute until vegetables soften and just begin to color.

Deglaze pan with white wine and reduce by half. Add vinegar, honey and oregano; cook until reduced by half.

Add sausages to pan to warm.

When sausages are warm, place polenta on large platter then top with sausages, peppers and onions.

Total time: 35 minutes  
Servings: 4  
1 package Carando Sweet Italian Sausage  
8 cups chicken stock  
2 cups dry polenta  
8 tablespoons unsalted butter  
1/2 cup Parmesan cheese, grated  
3 tablespoons olive oil  
1 red bell pepper, julienned  
1 yellow bell pepper, julienned  
1 medium yellow onion, julienned  
1 tablespoon fresh garlic, minced  
1/4 cup white wine  
1/4 cup red wine vinegar  
2 tablespoons honey

# BINGO

**SUNDAY NIGHT BINGO**  
Pots are as follows:

**\$5,032 LUCKY 7**  
In 25 Numbers

**\$5,700 JACKPOT**  
In 51 Numbers

**\$53,790+ POKER FLUSH**  
In 53 Numbers

**\$13,134+ BONANZA**  
In 52 Numbers

# SELKIRK STEELERS

## Bingo!

**Thursday nights**

at the Selkirk Friendship Centre

**Early Birds**  
at 7:00 pm

**Full House** in 51#s or less **\$6,000**  
**Poker Flush** **\$26,421+**  
**Lucky 7** in 24#s or less **\$4,476**  
**Bonanza** in 53#s or less **\$1,896**

**Regular Bingo**  
at 7:30

## Expert patient here to help!



Susie Schwartz

By Susie Schwartz

Have you ever walked in to your doctor's office kicking, stomping and shouting 'Help me, I might be dying!'? Maybe don't do that.

But please, please be honest about the severity of your symptoms.

I know too many folks (I'm looking at you, Dad) who try to be stoic or minimalist when it comes to their discomfort or pain levels. Save minimalism for your clothes closets. If you are going to take the time to make an appointment and visit the doctor, make it worth your time and theirs. Yes theirs.

How can you expect them to problem solve your bloody, explosive fluorescent pink diarrhea if you tell them, 'my stools are little runny but nothing I can't handle'? First of all, it might just be the green melon sour cocktail and beet soup you had at dinner the night before. You can

see why the description is important here. Or...it's bowel cancer. You want to catch that early, yes?

I can imagine the frustration doctors feel when a patient downplays their symptoms or is so vague they could be diagnosing tendonitis of the ankle instead of the sketchy mole you need removed off your head. The human body is complex and your doctor needs as much pertinent information that you can give them. (Pertinent. They don't care that your dog's tooth fell out the night before or that you took your nephew to Chuck E Cheese's for his birthday 10 years ago. They are after all, on a schedule.)

Do tell the truth. Even if it's embarrassing. Even if you feel wimpy. It is especially helpful if you make a list ahead of time and are able to describe your pain. Is it sharp? A dull ache? Constant? Ebbs and flows? Does it radiate? Does anything make it better or worse? (Good grief, I think I know their script by heart! Wow, I get around.) Giving them a number on your pain scale of 1 - 10 can also help.

So yes, list; describe; rate. They'll thank you not only for your efficiency but also will be more satisfied they've ruled out (or in) whatever they need to try to get you tip-top again.

Now go. Tell them it's fluorescent pink!

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on FB @medicalmissstress, Instagram @susie.suscha, and lesshealthstress.com

## Grilled Peach Flatbread with Goat Cheese

Recipe courtesy of Healthy Family Project

Prep time: 5 minutes  
Cook time: 10 minutes  
2 large naan or flatbreads  
2 fresh peaches, sliced  
1/4 cup goat cheese crumbles  
1-2 tablespoons balsamic vinegar  
1 tablespoon olive oil  
fresh arugula (optional)  
Preheat grill or grill pan.  
Grill naan until softened and lightly grilled.

Place peach slices on grill and sear about 1 minute per side.

Using pastry brush, spread olive oil onto naan.

Top naan with goat cheese and peaches. Place back on grill over low heat, cover and cook 3-5 minutes.

Add fresh arugula, if desired

Drizzle with balsamic vinegar before slicing and serving.





# Incredible Creatures: Northern Leopard Frogs

By John Gavloski

In last month's Incredible Creatures we looked at a species of frog that overwintered on the forest floor, can freeze and still survive, and becomes active earlier than many other frogs. That was the wood frog. In this month's Incredible Creatures we will explore another common and quite interesting species of frog, the northern leopard frog.

## Leopard-like looks

The northern leopard frog, *Lithobates pipiens*, is green or brown, or a mixture of the two. It gets its name from the dark spots surrounded by light borders on its back and sides, which resemble leopard spots. They have a light-coloured ridge on each side of its back, from behind the eyes to the lower back. The underside is whitish. Males get to about 8 cm, and females to about 10 cm, from their snout to the back of their body (not including the legs).

Aside from the northern leopard frog, there are a few other species of leopard frogs in North America, such as the southern leopard frog and the Atlantic Coast leopard frog. But the northern leopard frog is the only species of leopard frog found in Manitoba.

## Where to find a Leopard frog

Northern leopard frogs live in three types of habitats, depending on the season. They use shallow marshes for breeding, moist uplands for summer foraging, and permanent water bodies for wintering. Since there is a limited ability to disperse for this species, having these habitats close to each other is beneficial.

From the more permanent water bodies where they spend the winter, adult frogs travel up to 1.6 km (1 mile) to breed, from April to June. These breeding areas include the shallow, warm waters of a variety of wetlands including marshes, springs, flooded ditches, dugouts, beaver ponds, the margins of lakes, and slow-moving waters of streams and rivers. Ideal wetlands for breeding are less likely

to contain predatory fish. Emerging vegetation is important for protective cover, and is used to attach egg masses to.

After breeding they may disperse up to 8 km from breeding areas to forage in the summer in areas either next to or away from wetlands. These areas can include meadows, pastures, and drainage or irrigation ditches. Northern leopard frogs usually do not use areas that are heavily wooded, although there can be exceptions. They also avoid areas of very sparse vegetation such as heavily grazed pastures or cultivated fields. The return to overwintering sites begins in late summer or early fall.

They hibernate at the bottom of lakes, and perhaps deep ponds, rivers and creeks as well. There have been reports by ice fishermen on Lake Manitoba finding leopard frogs in nets as far as 18 km from the shore and in water as deep as 7 meters, always in areas where the bottom was silty. There are reports of frogs taken in nets in Lake Winnipeg as well.

## Breeding Call is a real Snore

The breeding call of males sounds like a drawn-out snore or croak, lasting 2 to 3 seconds, followed by a series of 2 to 3 rapid grunts at the end.

It is generally late April to mid-May when you would hear the calling males in southern Manitoba. This year the calling period could extend a bit later because of our cool start to the spring. Evening, from dusk to full darkness, is the best time to hear them, but they will call during the day as well.

Keep your eyes and ears open for these leaping leopards. If you don't see one, you just might hear one.

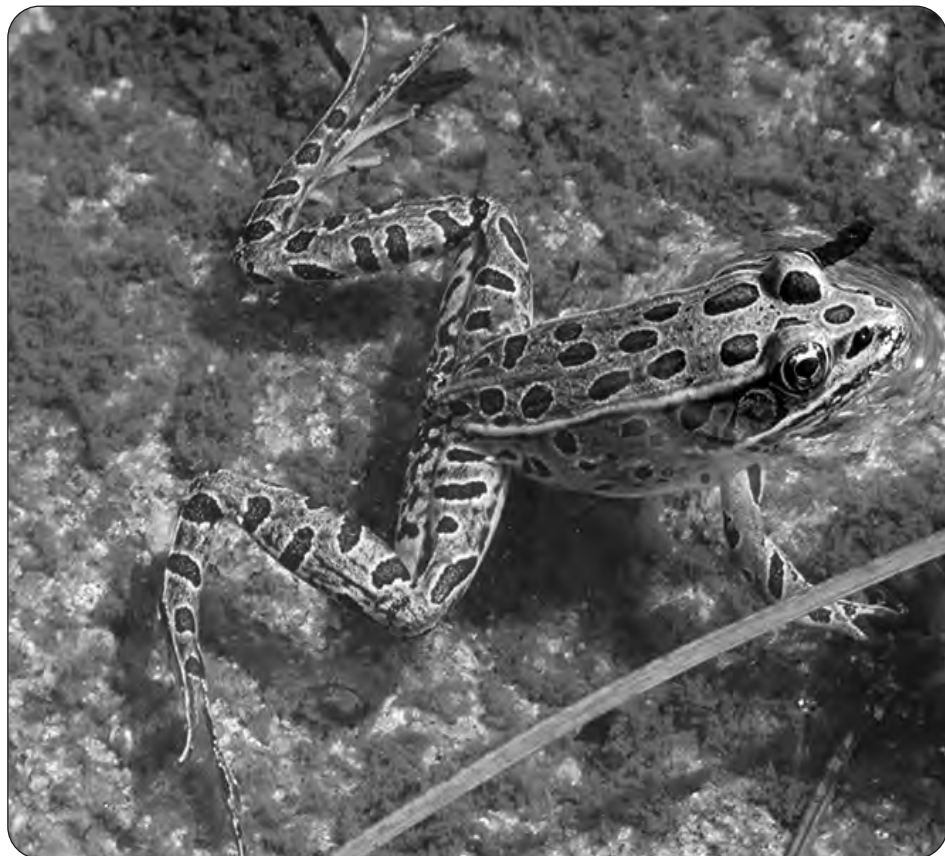


PHOTO SUBMITTED

Northern Leopard Frog

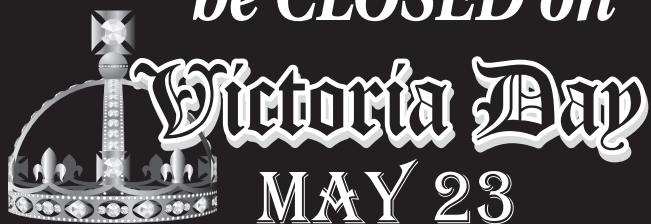
## Supporting CancerCare



RECORD PHOTO BY MICHELLE BALHARRY

Selkirk Home Hardware presented CancerCare with a cheque for \$5000 on May 7 after hosting their second annual Fight to End ALL Types of Cancer fundraiser. Pictured from left: Home Hardware staff Melissa Randle, Krystal Laferriere and Wendy Meger present CancerCare representative Sherelle Kwan with \$5000 from their fundraiser.

*The Selkirk Record Office will  
be CLOSED on*





# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Thunder represented well at RMFL All-Star Game



RECORD PHOTOS BY LANA MEIER

The Interlake Thunder was well represented at the Rural Manitoba Football League all-star game last Saturday at Eastside Field. Team East (Interlake, Dauphin, Souris, Neepawa) defeated Team West (Swan River, Parkwest, Virden, Moosomin) 16-8. Thunder players included Kaiden Kendal (5), Tucker Knutson (8), Alex Luke (35), Dwight Bell (38), William Summers (41), Bryant Case (60), Keenan Karish (61), Dallas Batenchuk (62), and Reilly Olafson (63). Team East was coached by Interlake's Mitch Obach (head coach), Christof Hasselfield (offensive coordinator) and Randy McMurray (defensive coordinator).

## MJHL draft set for June 4

### MJHL website

The Manitoba Junior Hockey League (MJHL) and its 13 member clubs are pleased to announce that the 2022 MJHL Draft will be held on June 4 at 3:00 p.m.

The draft will be held online utilizing RinkNet Live Draft Centre technology provided by Hockey-Tech with all selections being made available online

to the public in real-time for the benefit of all teams, players, and fans to engage with this live event.

As previously announced in 2021, the MJHL Draft has moved from a U16 Draft (formerly Bantam Draft) to a U17 Draft, highlighting players who are going into their 16-year-old season.

Players who will be eligible for the MJHL Draft are Manitoba players who are registered to play

hockey in Manitoba according to Hockey Manitoba regulations and are in their 16th year (2006 born).

Prior to the MJHL Draft, teams will submit up to two (2) Auto-Protect selections from the designated home zone. Teams will have the option to decline an Auto-Protect selection and defer that pick to Round 7 or 8 of the draft. Full details of procedure updates along with Auto-Protect selections will be released on May 27.

Keep posted to @mjhlhockey and #MJHLDraft22 on social media for round-by-round draft summaries or follow live at [www.mjhlhockey.ca/draft](http://www.mjhlhockey.ca/draft).



# Selkirk athletes win medals in Vancouver, Edmonton

Submitted by Brian Jones

Three members of the Selkirk Judo Club competed at the Pacific International tournament held in Vancouver on April 16-17.

The tournament attracted over 700 entries from across Canada and the United States.

Daniel Ekosky, 16, a brown belt, won four straight matches by ippon (full point) to finish first in U18 Men under 81 kg. There were 11 competitors in his division. Daniel also competed in the Senior Men division but did not place.

Sarah Ekosky, 18, a black belt, finished third in U21 Women under 63 kg on the Saturday of the tournament. On Sunday, she turned in an even stronger performance in Senior Women under 63 kg. With eight competitors in her division, she won three straight matches to take the gold.

Damien, 22, a black belt, competed in the Senior Men under 73 kg division. He finished ninth out of 24 competitors, with a 2-2 record.

One week later, the club sent a team

of 10 fighters to the Edmonton International held on April 22-24 at the West Edmonton Mall.

Sarah Ekosky won two matches in U21 Women under 63 kg but sustained an injury and had to withdraw. She earned a bronze medal in that division.

Damien Ekosky won three matches and lost two en route to a seventh-place finish in his 29 competitor Senior Men under 73 kg division.

Other Selkirk fighters who competed at the event were Bailey and Brody Malinowski, Daniel Ekosky, Dylan Wiebe, Kaya Leveille, McKenna Stewart, Beth Penner and Dalin Kymanick.

The local club will next send fighters with the provincial team to the National Championships set for May 19-22 in Montreal.

Damien, Sarah and Danny Ekosky, Kymanick, Penner, Stewart and Leveille will compete at the nationals.

With Sarah's win in the senior division in Vancouver, she has also been selected to compete with the junior national team at a tournament in



RECORD PHOTO SUBMITTED

Sarah Ekosky, 18, a black belt, won three straight matches to take the gold in the Senior Women under 63 kg division at the Pacific International Tournament in Vancouver. She also finished third in U21 Women under 63 kg.

Graz, Austria on June 4-5. The tournament will be followed by a three-day

international training camp.

# Royals begin baseball season with pair of wins

By Brian Bowman

The Selkirk Royals had a great start to their baseball season.

Selkirk defeated the Garden City Fighting Gophers 8-5 and then edged Murdoch MacKay 12-11 in KPAC action last Wednesday.

"The Garden City game we came out hot right out of the gate and put some runs on the board in the first inning," said Royals' head coach Michael Buffie.

Selkirk stormed out to an 8-1 lead before Garden City chipped away to get back in the game.

Dylan Duguay had the game-winning hit, scoring Keenan Allen.

Allen pitched three strong innings - allowing just one run - in the five-inning game for the win.

"He was absolutely dominant," Buffie said. "He was great."

Rylan Sliworsky had a great offensive game with four RBI while Andrew Hladun added three RBI.

Against Murdoch MacKay, Selkirk were the comeback kids as they trailed 11-4 in their final at bat but scored an amazing eight runs for the dramatic walk-off win. Murdoch MacKay scored nine runs in the first two innings of the game.

"I talked to the guys and brought them together and said 'Everybody

needs to score here. We need good at bats and we need everybody on base and everybody scoring," Buffie said. "Our approaches at the plate just drastically changed."

Johnny Enns-Demchuk came on in relief to get the victory.

Hladun had another strong game at the plate with three RBI.

Buffie was very impressed with the Royals' players batting lower in the lineup.

"They were getting on base and doing a good job," Buffie said. "Easton Vermeulen had a good game. Johnny-Enns-Demchuk had a really good game. He had a really big triple in

that last inning (against Murdoch MacKay) to help us get a chance to come back. We have four or five guys that play AAA ball and are rock solid but our lower-in-the-batting order guys played quite well."

It was the first time that the Royals have played baseball in three years due to COVID.

Selkirk will wrap up league play Wednesday (10 a.m.) against the Springfield Sabres. The two teams will then meet later in the day at 12:30 p.m. for a playoff game.

# SEMHL expands to 10 teams

By SEMHL

The South Eastern Manitoba Hockey League will operate with 10 teams this fall.

Representatives of the Altona Maroons, Carman Beavers, Morden Bombers, Notre Dame Hawks, Portage Islanders, reigning-league champions Warren Merces, and the Winkler Royals, voted on and accepted the applications of the Ste. Anne Aces, Red River Wild and Ile des Chenes North-

stars.

The Aces, Wild and Northstars were members of the Carillon Senior Hockey League.

Ste. Anne had played in the CSHL since the league's inaugural season in 2003-04. Red River was added to the league in 2010-11. Ile des Chenes was set to join in 2020-21 but the season was cancelled due to COVID-19.

The Carillon Senior Hockey League's 2021-22 season was also can-

celled because of roster shortages and COVID-19. The Aces had won five CSHL championships and the Wild, who play out of St. Jean, had won two league titles.

"It's going to bring some new interest into the league," said SEMHL commissioner Tom Vatrt. "The teams that have joined are really excited about playing teams they never have and their fans are going to want to see teams that they've never seen.

They've heard that the South Eastern Manitoba Hockey League is a very good competitive league and people are excited that their small communities are now part of it."

Commissioner Vatrt added that the Aces, Wild and Northstars will have to abide by the SEMHL's two-import limit.

The 2022-23 season will consist of an 18-game schedule as each team will play a home-and-home with the other nine teams. The playoff format will be determined at the league's fall meeting. The SEMHL's 71st season is expected to begin in late October.



# Pachal competes at national powerlifting championship

## Submitted

Tom Pachal travelled with Team Manitoba to the Canadian Powerlifting National Championships 2022 in St. John's, Newfoundland.

He competed last Friday against national and world-level athletes from across Canada. Competing in the 83kg weight class, he came in 10th position.

"This was my first competition at the national level and it was an incredible experience," Pachal said.

Powerlifting consists of the squat, bench press, and deadlift. Each athlete has three attempts to lift the most weight they can in each lift. Pachal's best lifts for the day were a 446-pound squat, 298-pound bench press, and 501-pound deadlift.

"It was an exciting finish to the day,

with a narrow miss at a 529-pound deadlift in an attempt to take ninth place," Pachal said.

Local resident, Tommy Howell, also was out representing Team Manitoba as head coach. He was coaching all 15 Manitoba athletes from Monday through Saturday, helping everyone perform the best they could.

For Pachal's preparation, he trains out of his gym here in Selkirk, Iron Image Barbell Club, where they are home to Selkirk's only powerlifting club.

"It is a fantastic sport promoting strength in men and women of all ages," Pachal said.

Selkirk will be hosting the next powerlifting competition - "Shake the Interlake 2: Shaken, Not Stirred" - June 18 at Iron Image.



RECORD PHOTO SUBMITTED

Tom Pachal placed 10th in the 83 kg weight class at the powerlifting nationals in St. John's.

# Royals 2-1 at basketball club provincials

## By Brian Bowman

The Selkirk Royals Jr. Basketball Club finished with a 2-1 record at Basketball Manitoba's U18 Boys' Provincial Championships.

In the Royals' lone loss, Selkirk was defeated 69-50 by the Dauphin Hawks.

Milan Tomberli led the Royals with 14 points while Liam Shedden added 12. On the boards, Colby Klippenstein had a team-high seven rebounds.

"(We) had trouble scoring against the Hawks' much taller lineup (which included) several players (in the six-foot-six) range," said Royals' head coach Dean Goodbrandson. "(We) improved on a 93-64 loss (to Dauphin) at our home tournament a few weeks ago."

Dauphin won the provincial tournament with a 74-69 win against Winkler.

Tomberli had a great game - scoring 33 points to go along with five rebounds and four steals - in Selkirk's 72-47 win over Moose Lake. Shedden chipped in with 10 points and seven steals.

"(We) shook off our worst half of the short spring season which left the Royals trailing by 10 points at the half," Goodbrandson said. "Grade 11 veterans, Shedden and Tomberli, took over in the second half with an aggressive press defence, cruising to the 25-point victory."

Selkirk's other victory was a 64-54 decision over Eastman.

Tomberli paced the Royals with 29 points and four blocked shots. Klippenstein added eight points and 15 rebounds. Jackson Doak contributed with 10 boards and five assists.

Coming off the bench, Reilly Olafson had eight points and eight rebounds.

"(It was a) real team effort. (We had) contributions from all 11 players dressed," Goodbrandson said.

Eastman won the Selkirk tournament which included defeating the Royals 95-45.

"A combination of mixing defences, rotating lines, and an overall buy-in by everyone to a team game plan helped facilitate the tremendous turnaround from the game several weeks ago," Goodbrandson said.

This year's Royals' club team included 15 players in Grades 10 and 11 and they will all be returning in September for the school season.

It was a six-week program that included 18 weight-training sessions, six evening scrimmages, and 11 games versus other clubs.

The Jr. Royals Basketball Club is hoping to run a fall program in September and perhaps add a younger training group to help the junior varsity team by developing Grade 8s or 9s.

For more information about skills camps and club programming check out Jr. Royals at "selkirkjuniorroyals" on Instagram.

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> GAMES

SUDOKU

					7		9	3
				1	9	4		
								5
		3		8			2	9
	9							
					2	5		4
5				2		7		
	8	2		4	6		5	
		9			8	6		

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Intermediate

2	4	9	8	3	5	6	7	1
9	6	9	9	4	7	2	8	3
8	3	7	1	2	6	9	4	5
4	7	5	2	6	3	8	1	9
9	8	3	5	7	1	4	6	2
6	2	1	4	8	9	3	5	7
5	1	8	3	9	4	7	2	6
7	9	4	6	1	2	5	3	8
3	6	2	7	5	8	1	9	4

A	T	U	D		A	E	D		A	M	A	
V	I	B	V	R		T	T	E		A	B	A
R	O	M	R	A		I	C	I		E	V	T
					K				B	A	V	S
						I	A	V	R	T	H	O
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S	R	D	V	E	R							
S	I	S	A	B					T	C	I	D
						M	T	E			T	V
						A	T	E	R	U	T	A
						S	V	C	I	E	M	A
G	N	V	G			T	I	N		S	E	C
R	V	T	V			S	T	I		S	T	B
E	T	V	R			N	E	H		S	O	B
B	A	V				I	S			R	A	O

Sudoku Answer

Crossword Answer

X

CROSSWORD

CLUES ACROSS

1. Scream loudly  
5. Antidepressant (abbr.)  
8. The bill in a restaurant  
11. Oblong pulpits  
13. Adult female chicken  
14. Abnormal breathing  
15. Financial obligations  
16. Belonging to a thing  
17. Winged  
18. Peoples  
20. College hoops tournament  
21. An informal body of friends  
22. Region of the world  
25. In an early way  
30. Connected by kinship  
31. Type of tree  
32. Official order  
33. Foundation for an idea  
38. Small, faint constellation  
41. Book lovers  
43. Vegetable  
45. Cabbage variety  
47. A way to heal  
49. Illuminated  
50. Dish that features a stick  
55. Insurance-related costs (abbr.)  
56. Solid water  
57. Soldier's gear  
59. "Uncle Buck" actress Hoffmann  
60. Former measure of length  
61. Arabic name meaning "spring"  
62. Doctors' group  
63. Actress Susan  
64. Appropriate

CLUES DOWN

1. Cool!  
2. Hebrew unit of measure  
3. Swedish rock group  
4. College army  
5. Black eye  
6. One who stopped working  
7. Teach a value  
8. Rhythmic patterns  
9. "MASH" actor Alda  
10. "Friday Night Lights" director  
12. Midway between south and southeast  
14. Indian musical pattern  
19. Fulfill a desire  
23. Water soaked soil  
24. Brass instrument  
25. Before  
26. Popular color  
27. Peyton's little brother  
28. Partner to cheese  
29. Put onto  
34. "Much \_\_ about nothing"

35. A way to mend  
36. Anger  
37. Soviet Socialist Republic  
39. Mobilized  
40. Resembles an earlobe  
41. Cut of meat  
42. Nigerian people  
44. Recently  
45. Square stone building at Mecca  
46. Adhere to orders  
47. Adventure story  
48. Marine bivalve mollusk  
51. Retrospective analysis (abbr.)  
52. Actor Pitt  
53. Tibetan village  
54. A way to change by heating  
58. A beam of sunshine



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## HELP WANTED

Shumski's Landscaping is seeking Chain Link Fence Installers, Mon-Fri, starting immediately. Qualifications: Physically fit, with the ability to perform manual labour. Effective verbal and communications skills. High level of personal integrity with a strong work ethic. Drivers abstract will be required for successful applicant. Also hiring Yard Person/Dump Truck (2 Ton) Operator/Bobcat Operator) and a Greenhouse Worker. Please forward resumes to: Shumski's Fencing 4240 Main Street, West St Paul, MB R4A 2A2 Call: 204-339-5706 Email: [shumski@mts.net](mailto:shumski@mts.net)

Looking for a computer and cell phone geek (expert). Will pay cash. Please call 204-485-6929.

ADVERTISE YOUR HELP WANTED IN THE RECORD

## HELP WANTED

Overland Truck Outfitters, the leader in truck caps and truck accessories, is looking for a reliable motivated person to install truck accessories. Bring resume to Overland Truck Outfitters, 102 Aviation Blvd. St. Andrews. 204-338-4292.

FULL-TIME REPORTER WANTED. Northern Manitoba (The Pas) newspaper. Excellent communication and writing skills. Photography an asset. Send resume to [OpasquiaTimes@optimes.com](mailto:OpasquiaTimes@optimes.com)

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

## HELP WANTED

Certified Health Care Aides - Must be able to cook, clean, do light housekeeping and assist client with bathing and dressing. Four hour Day, evening and night shifts available on the north side of Winnipeg. Call for details. Drop resume at 230 Manitoba Avenue Selkirk or email [reception@bondedhealth.ca](mailto:reception@bondedhealth.ca)

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: Managers, AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View Open Roles. Apply: [www.rockymtn.com/careers](http://www.rockymtn.com/careers). Relocation offered.

SHOP LOCAL

## MISCELLANEOUS

For sale - adjustable wheel chair ramps, 4ft/7ft. \$400 obo. Please call 204-785-2107.

For sale: Lagostina 12 pce commercial cookwear set, new in box; Walker - top of the line, used 4 times; Oster Convection Toaster Oven, never used; King size bed with mattress and boxspring, like new, includes lots of bedding. Please call 204-268-1918.

Starting a new business? Call us - We have everything you need to promote your business Call 204-785-1618

## WATER TREATMENT

Water softeners. All sizes. 5 stage reverse osmosis systems, \$268. E-coli ultraviolet systems. Greensand iron/odour/manganese removal filters. 10" & 20" Polyspun. String wound. Carbon replacement water filters. All Seasons Furnishings 204-661-8581.

## WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

SHOP LOCAL - SUPPORT LOCAL BUSINESS

## WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

PLEASE SUPPORT OUR ADVERTISERS

## WANTED

Old exterior coach/lantern style light fixtures. Don't have to be in working condition and glass does not have to be intact. Call or text 204-485-2121.

LOOKING FOR SOMETHING? PUT AN AD IN THE RECORD

## WANTED

Old advertising dealership signs, gas pumps, globes, pop machines, light ups. White Rose, Red Indian, Buffalo, North Star, Case Eagles, etc. Collector paying TOP PRICES. 306-221-5908.

ADVERTISE IN THE RECORD

## HELP WANTED TWO POSITIONS

### Yard Maintenance/Laborer Part Time/Full Time

Mature, reliable and motivated individual for a very busy memorial shop. Must have valid driver's licence.

Work to include - general yard and shop maintenance/work, delivery and placement of monuments, concrete cutting, grave internments, and equipment operator. Experience an asset, willing to train.

### Sandblaster

Granite monument designs and preparation of memorial headstones. Salary dependant on experience.

Please provide resume to E.J. Smith Memorials by mail to 49 Main Street, Selkirk, Manitoba, R1A 1P9, drop off or email [info@smithmemorials.ca](mailto:info@smithmemorials.ca) with job title you're apply for.

## News Tips? Story Ideas? call the Record 204-785-1618

## TRADES PERSON WANTED

Local contractor in cottage country looking for trades people for a variety of different renovations.

Call 204-390-2580



## General Labourer Needed

### Requirements:

Must be able to work various shifts  
Must have a reliable vehicle and driver's license  
Must be mechanically inclined  
Learns tasks quickly and have a strong work ethic  
Maintains a safe and clean work area  
Ability to work independently and in a team setting

Starting wage \$20.00 - \$24.00 based on experience.

We offer competitive wages and health benefits. Please email your resume to [hr@mccommodities.ca](mailto:hr@mccommodities.ca)



## EMPLOYMENT OPPORTUNITY

Charisons Turkey Hatchery is currently hiring for a general labourer position.

- This is a permanent full time position with a competitive compensation and benefit package, including health and dental coverage.
- Training will be provided for the ideal candidate.

Please submit resume to [shaunne@charisons.ca](mailto:shaunne@charisons.ca) or call 204-886-2922 for further information.



## Request for Proposal 2022-03 Newsletter & Communication Services

The Rural Municipality of West St. Paul is seeking proposals for newsletter & communication services.

Specifications and proposal documents are available at the Municipal Office, 3550 Main Street, West St. Paul, MB R4A 5A3 or online at [www.weststpaul.com](http://www.weststpaul.com).

Sealed submissions clearly marked "RFP 2022-03 - Newsletter & Communication Services" will be received by the undersigned at the address below until 12:00pm noon on June 9, 2022. Late submissions will not be accepted.

Proposal pricing shall be in Canadian Dollars and exclusive of GST and PST, which shall be extra where applicable. Submission documents that have not met all requirements set out in the proposal package will not be accepted.

The Municipality retains the right to reject the lowest or any bid if it does not meet the needs of the Municipality.

All inquiries related to the proposal should be directed to Lainie Shaw, Municipal Legislative Officer by e-mail [admin@weststpaul.com](mailto:admin@weststpaul.com) or by phone at 204-338-0306.

Mr. Brent Olynyk, CAO  
Rural Municipality of West St. Paul  
3550 Main Street  
West St. Paul, MB R4A 5A3



## Town of Winnipeg Beach PUBLIC HEARING

### REGARDING THE 2022 FINANCIAL PLAN

PUBLIC NOTICE is hereby given that pursuant to subsection 162(2) of *The Municipal Act*, the Council of the Town of Winnipeg Beach intends to present its financial plan for the fiscal year 2022 at a public hearing on **WEDNESDAY, MAY 25, 2022** at 6:30 p.m.

The purpose of this hearing is to allow any interested person to make representation, ask questions, or register an objection to the Financial Plan as provided.

A copy of the 2022 Financial Plan is available for review on the municipal website at [www.winnipegbeach.ca](http://www.winnipegbeach.ca) or can be requested by emailing [finance@winnipegbeach.ca](mailto:finance@winnipegbeach.ca) on or after May 11, 2022.

The Public Hearing will be held in person and virtually and available to all interested parties to observe on the municipal website ([www.winnipegbeach.ca](http://www.winnipegbeach.ca)). Interested parties may forward their questions, concerns or register an objection at any time to [cao@winnipegbeach.ca](mailto:cao@winnipegbeach.ca) or by calling the CAO at 204-389-2698.

Interested parties may also present questions, concerns or register an objection by calling 204-389-2698 following the completion of the presentation. These questions will be received directly by council. Calls will be accepted in order of receipt.

Dated this 29th day of April 2022.

Kerry Swanson  
Chief Administrative Officer  
Town of Winnipeg Beach



# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 204-785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## PINERIDGE HOLLOW JOB FAIR

DATE : WEDNESDAY, MAY 25TH  
TIME : FROM 3PM-7PM  
WHERE : PINERIDGE HOLLOW  
BANQUET TENT

*Learn about positions within the  
departments at Pineridge Hollow*

RESTAURANT | RETAIL | BANQUETS

*As well as upcoming opportunities in  
The Village and with our Village tenants.*

THE VILLAGE SQUARE PUB | TEEKCA'S BOUTIQUE  
| EMPTY CUP | THE FARMER'S KITCHEN GROCERY STORE  
| EMPTY CUP | FLOURISH | & MORE!!

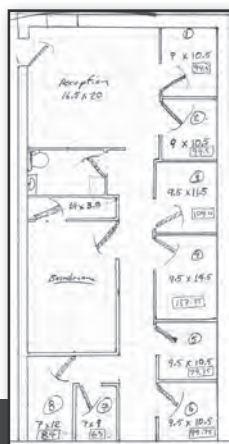
[www.pineridgehollow.com](http://www.pineridgehollow.com)

## CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



### Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:

BIG Real Estate  
204-485-0010

email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)

### PERSONALS

WANTED: Couple (M/W), seeking another couple M/W, to share common interests, go on adventures. NO DRINKING, NO SMOKING, NO RECREATIONAL DRUGS. Email 7eve.nof13@gmail.com



Join the fight  
against  
Prostate Cancer

**RIDE DAY  
Saturday  
May 28, 2022**

10am

Earls Polo Park  
(Winnipeg)

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[ridefordad.ca/  
manitoba](http://ridefordad.ca/manitoba)

to register or  
make a pledge

### FINANCIAL

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 [www.firstandsecondmortgages.ca](http://www.firstandsecondmortgages.ca)

**PLEASE SUPPORT  
OUR ADVERTISERS**

### The Aurora Plus

1648 SqFt RTM

3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. 9 ft walls and double cathedral ceiling. James Hardie Siding.

Pictures available

[www.  
wgiesbrechthomes.ca](http://www.wgiesbrechthomes.ca)

Taking orders for  
Spring 2022

204-346-3231

### NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See [www.mcna.com](http://www.mcna.com) under the "Types of Advertising" tab for more details.

Everything  
you need to  
promote  
your business



Call Today!  
467-5836

### NOTICES

HIRING??? Need Owner Operators or Class 1 Drivers? Construction staff? Having an AGM or on-line event and need attendees? Advertise in the 32 Weekly Manitoba Community Newspapers to get your messaging out now! Selling something? Have an on-line store to shop at, doing curbside pickup/deliveries? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for details or to book ads. MCNA - Manitoba Community Newspapers Association. [www.mcna.com](http://www.mcna.com)

**News Tips?  
Story Ideas?**  
call the Record  
204-785-1618

### HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewoodelkranch@mymts.net](mailto:stonewoodelkranch@mymts.net)

*Let your family  
and loved ones  
know that you  
are thinking  
of them at  
their time of  
celebration  
with a message  
in the Record*

## CITY OF Selkirk NOTICE OF PUBLIC HEARING

### UNDER THE PLANNING ACT

The City of Selkirk, under the authority of *The Planning Act*, will hold a public hearing to receive representation from the applicants and any other persons in respect to By-law No. 5362, being an amendment to Selkirk Zoning By-law No. 4968 of the City of Selkirk. Any person wishing to make a representation to Council can do so during the public hearing.

### APPLICATION DETAILS

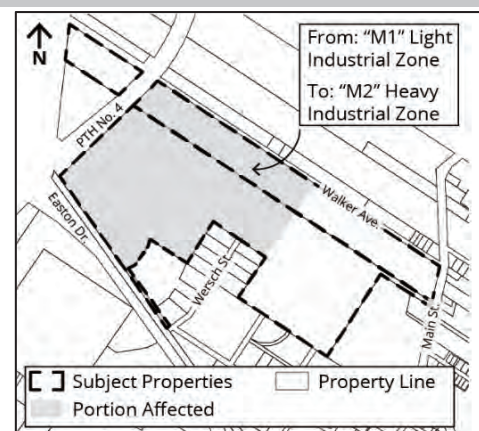
#### Subject Properties:

- Lot 1 Plan 60001 WLTO, Roll number 269302
- All those portions of RL 7, 8 and 9 Parish of St Peter which lie West of the Western limit of the New Main HWY edged in Red Plan 2896 WLTO, Roll number 269600.

#### Proposal Intent:

To re-zone portions of the subject properties from "M1" Light Industrial Zone to "M2" Heavy Industrial Zone.

The above by-law and supporting materials may be inspected and copied by any person from 10:00 AM to 4:00 PM, Monday to Friday, at 200 Eaton Avenue, Selkirk, MB.



### PUBLIC HEARING DETAILS

Date & Time: 6:30 PM, June 13, 2022

Location: 200 Eaton Ave. (Council Chambers)

Seating at the public hearing will be limited to accommodate social distancing. As such, anyone wishing to make a representation should register at [www.MySelkirk.ca/PublicHearing](http://www.MySelkirk.ca/PublicHearing) prior to 4:00 PM on Monday June 13, 2022. Once capacity is reached, additional registrants must attend via Zoom.

Please submit advance written statements prior to 2:00 PM on Friday June 10, 2022. Materials can be sent by email to [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com), by regular mail, or dropped off in person.

Dated at the City of Selkirk this 16th day of May, 2022.

200 Eaton Ave. Selkirk, Manitoba, Canada R1A 0W6 | 204-785-4900 | [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com)



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- GET SEEN by over 360,000 Manitoba Homes!
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- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 32 Manitoba community newspapers
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Contact this newspaper NOW or MCNA at 204.947.1691 or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)



# Classifieds

The Selkirk Record

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OUR ADVERTISERS

## McSherry Auctions

12 Patterson Dr.,  
Stonewall, MB

Online Timed Auctions  
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Estate & Moving  
Featuring Guns and Ammo  
Closes Wed May 25 @ 7:00PM

Estate & Moving  
Closes Wed June 1 @ 7:00PM

Consignments Welcome!

(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

## Trucks, Trailers, Truckbeds & Tires

- Full Repair & Safeties
- Vehicle Parts, Tires & Wheels
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## EBY Aluminum:

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## THE BATTERY MAN

1390 St. James St.  
Winnipeg

TF 1-877-775-8271  
[www.batteryman.ca](http://www.batteryman.ca)



## WALK for Scleroderma Manitoba

St. Vital Park  
June 26  
or Virtually  
June 1-29  
during

## Scleroderma Awareness Month

Walk Registration or  
Donation Information at:  
[sclerodermamanitoba.com](http://sclerodermamanitoba.com)

204 510-2855

The Selkirk Record Classified and display ad booking deadline for our May 26th edition is Friday, May 20th 4 p.m. due to the Victoria Day long weekend.

Please Call 204-785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

FOR EVERYTHING YOU  
NEED TO PROMOTE  
YOUR BUSINESS...



Flyers  
Brochures  
Business cards  
Stickers  
Window decals

Social tickets  
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Letterhead  
Envelopes  
Invoices

Estimate sheets  
Posters  
Memo pads  
Post cards  
Presentation Folders

Let us help YOU SUCCEED! ... Call 204-785-1618

# START FRESH.



Grow your career with our store team.

Go to [careers.safeway.ca](https://careers.safeway.ca)  
or scan to learn more.



**NOW HIRING**

OR DROP RESUME IN PERSON  
MAIN & MANITOBA, SELKIRK

## RM OF EAST ST. PAUL ZONING BY-LAW 2009-04 FILE NO. BL2022-02

# PUBLIC HEARING

We are  
Listening.

Public  
Hearing  
Tuesday,  
May 24, 2022  
7:15 PM

Council Chambers  
3021 Birds Hill Rd.  
East St Paul, MB

MASKS RECOMMENDED

Phone:  
(204) 482-3717  
1-800-876-5831  
Fax: (204) 482-3799  
E-Mail: [info@rrpd.ca](mailto:info@rrpd.ca)  
Website:  
[www.redriverplanning.com](http://www.redriverplanning.com)



As per *The Planning Act*, any person can  
make representation on the matter at the meeting.

### What is BL2022-02 about?

The amendment application is to:

- Include a new zone in the Zoning By-Law ("LMU" Low Rise Mixed Use).
- Rezoning the subject land from "R1-17" Single Housing Dwelling Zone to "LMU" Low Rise Mixed Use Zone.



2461, 2463 & 2481 Henderson Hwy  
(Roll # 20400, 20430 & 15900)

There will be an option for in person or virtual.

For those that wish to attend virtually please contact the RM of East St. Paul office at 204-668-8112 by 4:00pm on May 20, 2022 to register.

For more information please contact the Red River Planning District.  
Red River Planning District Mon-Fri\*  
806A Manitoba Ave. Selkirk, MB. 8:30am-4:15pm

\*excludes all statutory holidays  
\*NOTE: Property owners are responsible for notifying "Tenants"



204-482-4636



204-482-1234

**SELKIRK TRANSIT &  
SELKIRK MOBILITY  
CLOSED ON**

**MONDAY, MAY 23, 2022**

[www.MySTA.ca](http://www.MySTA.ca)

Don't Forget Your Loved Ones  
WITH AN ANNOUNCEMENT IN THE



Call 785-1618 or  
email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)



**Nordal's Napa  
Autopro Mechanical  
& Nordal's Autobody**  
317 First Avenue,  
Arborg, MB  
Respond in person or  
by email to:  
[nordals@mymts.net](mailto:nordals@mymts.net)  
204-376-2416

**Salary Negotiable  
Benefit Plan Available  
Hours Monday - Friday 8-5**

### Automotive Mechanic

- Minimum 4 years experience in the trade
- Should have own tools
- Valid driver's licence required
- Familiar with shop equipment & technology
- A/C and safety certified an asset
- Good work ethic

### Autobody Technician

- Minimum 4 years experience in the trade
- Should have own tools
- Valid driver's licence required
- I-Car training an asset
- Welding certificate an asset
- Training provided by shop
- Body/paint technician welcome
- Good work ethic
- MPI Direct Repair facility

### Service Advisor

- Primary liason between customers and service department
- Assist customers with vehicle repair needs • Training provided
- Prepare work orders, estimates, order/return parts and prepare final invoices
- Knowledge of auto parts and repairs • Strong problem solving skills
- Excellent communication skills • Professional personal appearance
- Valid driver's licence is required



# *Selkirk Record* Announcements

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## EMPLOYMENT OPPORTUNITY



### CLASS 1 DRIVER WANTED

We are seeking a qualified person to join our Dust Control team. Full time seasonal. Please send resume to [Grant@fordistributors.com](mailto:Grant@fordistributors.com) or call 204-785-2180

## EMPLOYMENT OPPORTUNITY



### DIESEL MECHANIC WANTED

Fort Distributors Ltd is seeking a qualified diesel mechanic to join our growing team. Positive work environment in a state of the art shop. Please send resume to [Grant@fordistributors.com](mailto:Grant@fordistributors.com) or call 204-785-2180

## ANNOUNCEMENT

### CARD OF THANKS

The families of the Late Mark Simko would like to thank everyone for the support received during his short battle with cancer. We would like to extend our gratitude to the many doctors, nurses and specialists that cared for Mark during his illness.

We would like to thank Rev. Anthon Bouw, Gilbert Funeral Home and Life a Little Sweeter Catering Service for their assistance with Mark's Celebration of Life on April 20, 2022. Our family would also like to express our thank you for the outpouring of love and support from family, friends and co-workers received throughout Mark's illness. Thank you to those who sent cards, flowers, brought food and expressed words of love and encouragement. In addition, we would like to thank everyone who attended Mark's Celebration of Life, both in person and virtually. It was incredible to see the amount of people who attended to show their respect to Mark, and be there for our families.

We are also very grateful for donations made in Mark's memory to CancerCare Manitoba and Interlake-Eastern Health Foundation. Words cannot express our gratitude for your thoughtfulness during this most difficult time.

-Sincerely, Lynda, Jordan and Janna Simko

## ANNOUNCEMENT

### ANNIVERSARY



Congratulations Christa and Mike on your Silver Anniversary on May 17th. May you hold onto that happiness, keep it deep within and never let it dwindle. We are so proud of you both.

-Love Mom and Dad C.

## ANNOUNCEMENT

### HEAVENLY BIRTHDAY



Angela Dawn Cromarty  
May 20, 1983 - July 16, 2012

Happy Birthday Angela. I'll always remember the May long weekend BBQ's, B-day celebrations, and the smile on your face opening your gifts. It's your smile that we all miss Angela. Miss you today, tomorrow, always.

-So sadly missed and forever remembered by your father Andy Cromarty

**Don't Forget Your Loved Ones  
WITH AN ANNOUNCEMENT IN THE**

*Selkirk Record*

Call 785-1618 or  
email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## R.M. OF WEST ST. PAUL ZONING BY-LAW 2/99P ZONING BY-LAW AMENDMENT 2022-05 "P" PUBLIC HEARING

As per *The Planning Act*, any person can make representation on the matter at the meeting.

**We are  
Listening.**

**Public  
Hearing  
Thursday,  
June 9, 2022  
6:00 PM**

**\*online only\***

### What is BL 2022-05 "P" about?

This application proposes to make changes to the Zoning By-law. These changes are summarized as:

- Updating antiquated references.
- Including new site and building design related requirements.
- Updating signage requirements.
- Updating definitions.
- Including a new zone.

Please note: The changes do not involve rezoning any property.

The RM Council Chamber is closed to the public due to COVID-19. Meetings will be available live through YouTube. The link will be provided at [www.weststpaul.com](http://www.weststpaul.com). We request the public email [info@weststpaul.com](mailto:info@weststpaul.com) by 2pm the day of the meeting to register to speak; or to register as for, against, or for information.

For more information please contact the Red River Planning District.  
Red River Planning District Mon-Fri\*  
806A Manitoba Ave. Selkirk, MB. 8:30am-4:15pm  
\*excludes all statutory holidays

**\*NOTE: Property owners are responsible for notifying "Tenants"**

## R.M. OF WEST ST. PAUL ZONING BY-LAW 2/99P ZONING BY-LAW AMENDMENT 2022-07 "P" PUBLIC HEARING

As per *The Planning Act*, any person can make representation on the matter at the meeting.

**We are  
Listening.**

**Public  
Hearing  
Thursday,  
June 9, 2022  
6:00 PM**

**\*online only\***

### What is BL 2022-07 "P" about?

This application is to rezone the subject land from "A80" Agricultural zone to "RR" Rural Residential zone in order to establish 19 rural residential lots.



**Unaddressed (Grassmere Road)  
(Roll # 417550; Lot 2 Plan 61706)**

The RM Council meetings are being held online only due to COVID-19 and are available live through YouTube. The link will be provided at [www.weststpaul.com](http://www.weststpaul.com). Participants must email - [info@weststpaul.com](mailto:info@weststpaul.com) by 2pm the day of the meeting to register to speak; or to register as for, against, or for information.

For more information please contact the Red River Planning District.  
Red River Planning District Mon-Fri\*  
806A Manitoba Ave. Selkirk, MB. 8:30am-4:15pm  
\*excludes all statutory holidays

**\*NOTE: Property owners are responsible for notifying "Tenants"**



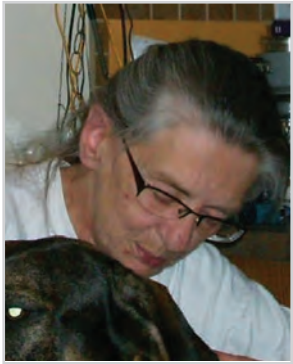


# Announcements

Book Your Classified Ad  
or Announcement Today -  
Call 204-785-1618

*The Selkirk Record*

## OBITUARY



### Karen Joan Turkitch

Peacefully, on Friday, May 13, 2022 at the Selkirk Regional Health Centre, Karen Turkitch, aged 74 years of Selkirk, MB., beloved wife of the late Michael passed away.

In keeping with her wishes, cremation has taken place and a family graveside service will be held.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



Gilbart Funeral Home, Selkirk in care of arrangements.

## OBITUARY



### Victor Paul Stutsky September 5, 1929 - May 2, 2022

Victor took his last flight on May 2, 2022, this time to heaven. After 92 years, we never expected this day to come, for after every surgery and illness he usually came back stronger than ever.

Victor was a storyteller and frequently spoke of his early years growing up in Winnipeg Beach; working in the mines, his own service stations (Roco and Vic's Esso), Bristol Aerospace, and Air Canada; and most importantly flying, fishing, and hunting. A man who always said there is no such word as "can't" could build or modify nearly anything. He spent countless hours building and rebuilding floats and planes and then test flew them himself. He treasured his fly-in camp he built at Family Lake near Little Grand Rapids, spending time with his poochie Molly at Caddy Lake, and food! Victor loved life and had big plans for the summer after not

working all winter in his garage in St. Andrews for the first time ever.

Married to Anne for 68 years, together they raised Debbie, Brenda, and Robert (Paula) and enjoyed grandchildren/great-grandchildren Victoria, Rebecca, Kyle, Ryan, Isla, and Keenan.

A special thank you to our Home Care angels who listened to his stories, and all the healthcare workers he encountered over the years.

Donations in Victor's name can be made to the Health Sciences Centre Foundation or the Interlake Eastern Health Foundation.

Family and friends may sign a Book of Condolence at [www.glenedenmemorial.ca](http://www.glenedenmemorial.ca)



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## OBITUARY



### Barbara Bourcier

It is with deep sorrow and much love that we mourn the passing of Barbara Bourcier, aged 76, at home with family by her side.

She leaves so many to cherish her memories: her husband of 57 years, Fern Bourcier; children Jason (Stephenie), Jennifer (Skai) and Jodi (Jeff); grandchildren Reid (Delaney), Hannah (Devon), Jacob and Samara; sister, Beverly (Steve), niece Sherri (Rob), nephew Darryl (Mee Ling), great-nephew Bryce and great-niece Brooke, plus many in-laws on the Bourcier side.

Barbara was predeceased by her father, Donald Shipman and her beloved mother, Stella Shipman, with whom she is reunited.

Barb was born in Wynyard, Saskatchewan and grew up in Melfort. After a move to Toronto in the early 60's, she met Fern, and they married on February 11, 1965. Fern's job meant relocating every couple of years, to many new towns and cities all over eastern

Canada, which Barb had fond recollections of. After welcoming three children, it was time to settle down. Barb and Fern chose Wavy Creek Road in Clandeboye, where they would reside for 27 years. Barb worked for many years in the meat department at Gaynor's Foods in Selkirk, until her retirement. She always had a ready smile and her outgoing personality made her a favorite throughout the town. She made friends easily and always made time for a quick chat. After retirement Barb and Fern decided it was time to travel so they bought a place in Mesa, Arizona. Barb quickly made new friends of all of her neighbours. She loved hosting her children and grandchildren and couldn't wait to introduce them to Arizona's ghost towns and 'her' Superstition Mountains. Barb and Fern moved back to Manitoba to watch their grandkids grow up, first to Pine Ridge and then finally to Stony Mountain. Her grandchildren brought her so much joy, to them she was Grandma and Nana. After she was diagnosed with stage 4 cancer she fought tirelessly to give her family eight more months of time. Her faith never wavered, nor did her positivity. She constantly reminded us that we weren't to cry for her. Barb had no fear of death, she knew that she would be welcomed into the arms of her 'mama' and that at one point we would all meet again.

The family would like to extend their thanks to Dr. Woods, the staff at CancerCare Manitoba and Gilbart Funeral Home.

Cremation has taken place and a celebration of life will happen at a later date.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



### Patricia Ann Barrow

Peacefully, on May 9, 2022 Pat Barrow passed at the age of 77. She was predeceased by her parents Ernest Grieve and Sadie Kirkness; husband Scotty and son Patrick.

Pat will be sadly missed by her children Darlene (Shawn), Rosalee (Richard), Tommy (Stefanie), Brian Frobisher (Tracy) and all her grandkids and great-grandkids; Godson Earland Marsh and her two best friends Brenda Roy and Brenda Budge.

Pat was born in Selkirk, MB and resided in Cloverdale, where she met her husband Scotty and moved to Selkirk.

Pat worked hard all her life as a health care aide, until she decided to go back to school in her forties to get her teaching degree. The proudest I've ever seen her was the day she graduated.

She loved when family would come and visit, spending time playing cards with her, or when Brenda would play Yahtzee with

her.

She was always happy with a positive attitude, always smiling no matter what was going on. She never spoke a bad word about anyone. She always loved everybody.

She will be sadly missed.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



### Joseph John Kolbuch

On Sunday, May 15, 2022 heaven gained our sweet dad, poppa, brother, uncle and friend at the age of 84.

Joe is survived by his loving daughters, Karen (Darrell) Penner and Debra (Eric) Leach; grandchildren Brandon, Adam, Ceara, Duane Penner, Megan and Sean Leach; brother Ray (Bernice) Kolbuch, sister-in-law Fran (Dennis) Danko, sister-in-law, Conny Kancylarski, brother-in-law, Stan Chaye along with numerous nieces and nephews. Joe was predeceased by his beautiful wife, Ivy, son Duane and brother, Bill Kolbuch.

Dad was one of a kind who didn't know a stranger and had a heart of gold. His generosity of giving was who he was, never hesitating to lend a hand to help family or friends. For all who had the good fortune of knowing him he was a blessing and honorable man. Dad worked for many years at The Hudson's Bay Company

and retired from Manitoba Highways where he made many friendships. Dad's devotion to Mom and us kids was limitless.

Rest easy now Dad, you are finally with Mom and Duane. May everlasting love, joy and peace be yours as you so richly deserve it. Until we all meet again in heaven.

Funeral Mass will be celebrated on Saturday, May 21, 2022 at 10:30 a.m. at the Notre Dame Catholic Church in Selkirk, Manitoba.

Pallbearers will be Brandon, Adam, Ceara and Duane Penner, Megan Leach and Rod Kancylarski.

Condolences, pictures and videos may be left on Joe's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## CELEBRATION OF LIFE



Please join us for a celebration of life  
for a lady that was one of a kind!

In loving memory of

**Christine Carol Casemore**

December 24, 1934 - July 2, 2021

Funeral will be held Friday, May 27th, 2022 at 1:00 p.m.

at the

Christ Church Selkirk

227 McLean Ave

Selkirk, MB

Masks are required while in the church

## CELEBRATION OF LIFE

**Marie Morrison**

**May 1941 - December 2021**

A Celebration of Life will be held on

Wednesday, May 25th at 2 p.m. at

St. George's Anglican Church, Wakefield, MB (near Petersfield).

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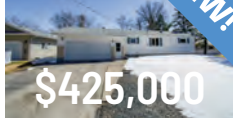
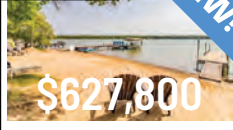


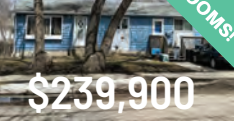
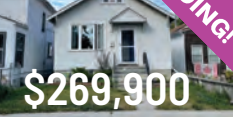
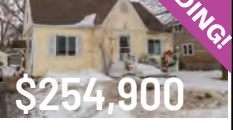


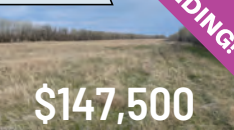
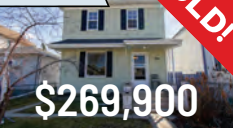
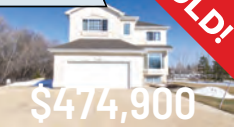


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**530 ROBINSON AVENUE - SELKIRK**  
**SIMPLE & SOPHISTICATED**  
\$244,000



Single level living on large fenced lot. Incredibly low/no maintenance. Exceptional quality built to last from top to bottom. 10' ceilings, floor to ceiling windows, quartz countertops & in-floor heat throughout. Cost efficient, low-waste, reduced-footprint homes that fit your lifestyle.

FEATURED PROPERTIES

<p>HH TEAM <b>NEW!</b></p>  <p><b>\$425,000</b> 284 Lake Ave Lac Du Bonnet</p>	<p>HH TEAM <b>NEW!</b></p>  <p><b>\$627,800</b> 60 Arnhold Street Gull Lake</p>	<p>ASHLEY <b>LEASE FOR LESS!</b></p>  <p><b>\$900/MO</b> 101-250 Manitoba Ave 650 SQFT + Washrooms</p>	<p>HH TEAM <b>80 ACRES!</b></p>  <p><b>\$389,900</b> 113142 Rd 13E Fraserwood</p>	<p>HH TEAM <b>4 BEDROOMS!</b></p>  <p><b>\$239,900</b> 515 Toronto Ave, Selkirk</p>	<p>HH TEAM <b>PENDING!</b></p>  <p><b>\$269,900</b> 41 Inkster Blvd Scotia Heights, Wpg</p>	<p>HH TEAM <b>PENDING!</b></p>  <p><b>\$254,900</b> 204 Rosser Ave Selkirk</p>
<p>HH TEAM <b>PENDING!</b></p>  <p><b>\$575,000</b> 82101 St Peters Rd St Clements</p>	<p>HH TEAM <b>PENDING!</b></p>  <p><b>\$110,000</b> 508 Clandeboye Ave Selkirk</p>	<p>HH TEAM <b>PENDING!</b></p>  <p><b>\$147,500</b> 82012 2 Mile Road St Clements</p>	<p>HH TEAM <b>SOLD!</b></p>  <p><b>\$269,900</b> 184 Harbison Ave W Elmwood, Wpg</p>	<p>HH TEAM <b>SOLD!</b></p>  <p><b>\$474,900</b> 3 Thoma Drive Lockport</p>	<p>HH TEAM <b>SOLD!</b></p>  <p><b>\$264,900</b> 543 Stanley Ave Selkirk</p>	<p>HH TEAM <b>SOLD!</b></p>  <p><b>\$229,900</b> 434 Manitoba Ave Selkirk</p>