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# The Selkirk Record

THURSDAY, MAY 25, 2023

VOLUME 14 EDITION 21

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RECORD PHOTO BY KATELYN BOULANGER

Nova House held its annual Community Wellness Day event last week. Residents were able to get information about wellness resources in our community from many different organizations that filled Selkirk United Church. See more photos inside.

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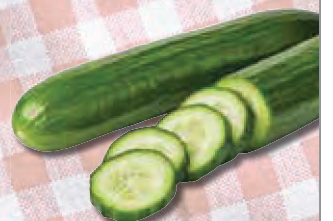
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# Selkirk RCMP Safe Ride program encourages bike safety this summer

Submitted by Selkirk RCMP

With warmer temperatures here everyone wants to get outside and ride their bikes. Selkirk RCMP would like to remind everyone to check over a few things before you hit the road.

- Does your helmet still fit? Check the fit and finish of your biking helmet. Do any of the straps or pads need replacing? Is it too tight or loose?
- Are you ready to ride? Do you remember where to ride on the road? Do you remember your hand signals to let others on the road know what you are doing?

- Check over your bike. Are all the parts working well? From the seat to the brakes to the tires. Make sure everything works as you would not want something to fail when you need it the most.

Selkirk and Area RCMP members will be out in your community looking for safe riders. If they catch you, they will serve you a TICKET! For a free small cone from Selkirk Dairy Queen.

Selkirk and Area RCMP and Selkirk Dairy Queen wish you a fantastic and safe bike riding season.

# Cancer fundraiser



RECORD PHOTO BY BRETT MITCHELL

Selkirk Home Hardware raised \$6000 for the CancerCare Manitoba Foundation through their Fighting Cancers of All Colours campaign. Pictured: Melissa Whiteway, Donna Laurin, CancerCare Manitoba, Krystal Laferrriere and Wendy Meger, Selkirk Home Hardware.

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BIG DOLLAR

# Selkirk Regional Hospital to get two new CT scanners

## One will replace aging scanner and second will expand local capacity

By Katelyn Boulanger

Last Friday local dignitaries congregated at The Selkirk Regional Health Centre in order to celebrate the announcement of two new CT scanners that will be going to the medical facility. One CT scanner will replace an older scanner and the other will be an expansion for the hospital.

"The Selkirk Regional Hospital plays an important role in our health-care system, serving as a central hub for hospitals and health centres throughout the Interlake-Eastern Health Region. This is why I'm pleased to announce that our government is healing health care and investing over \$15 million to purchase and install two new CT scanners for the Selkirk Regional Health Centre," said Minister of Mental Health and Community Wellness, Janice Morley-Lecomte.

She said that this investment would mean residents will have faster access to integral diagnostic services closer to home, reducing the need to travel out of the region.

"This new equipment aligns with the ongoing efforts of the diagnostic and surgical recovery task force, who continue to find innovative solutions to reduce waitlists by building capacity to reduce waitlists in the health-care system and to ensure Manitobans have timely access to the care they need," said Morley-Lecomte.

CT scanners combine X-ray images from several angles to create detailed, three-dimensional models of structures inside the body. They perform critical diagnostic procedures that support the diagnosis and treatment of a wide range of injuries and diseases, and the new equipment will be able to complete these important scans faster and with sharper and clearer images.

Mohammed Bhabha, executive director of diagnostic imaging operations of Shared Health, said that these CT scanners would be available to patients that are accessing the emer-

gency department, those that are admitted to the hospital, as well as those in a community setting.

"One scanner will replace aging equipment and provide safer more reliable services and less waiting, while the other will be entirely new to this facility. This will allow CT scans performed by Selkirk to double from the current about 17,000 to 34,000 per year," he said.

The CT scanners will serve to support expected increases in endoscopy diagnoses and surgeries at the hospital.

Marion (Mary Anne) Ellis, CEO of the Interlake-Eastern Regional Health Authority thanked the provincial government for funding the new CT scanners and replacing the older one which she said was very well used.

"It really is what our physicians and care team have wanted and they feel so grateful that their ask was heard. It makes it easy for our staff and our patients to have timely access to this resource," she said.

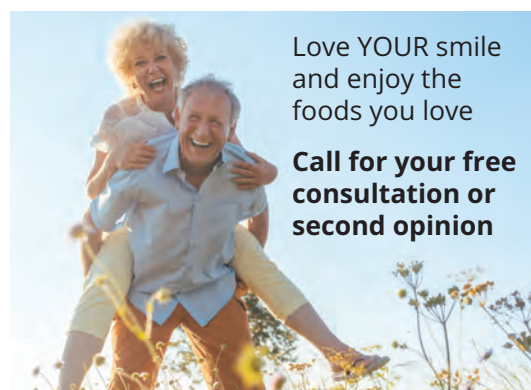
Ellis noted that this will have a positive impact throughout the region as many of the over 26,000 patients that the Selkirk Hospital's emergency room helps every year require CT scans as well as scans being used for diagnostic purposes.

MLA Jeff Wharton closed the event by thanking health-care workers.

"We appreciate each and every day the work you do on the front lines and thank you so much. We know that our government, as the Minister alluded to, is working hard to provide care closer to home and just under \$50 million has been invested over the last year and a half in the Selkirk hospital to do just that," said Wharton.



RECORD PHOTOS BY KATELYN BOULANGER  
Minister of Mental Health and Community Wellness, Janice Morley-Lecomte making the CT scanner announcement last Friday. Below: Mohammed Bhabha, Debbie Fiebelkorn, Larry Johannson, Alan Lagimodiere, Michele Polinuk, Marion (Mary Anne) Ellis, Morley-Lecomte, Jeff Wharton, Carla Devlin, Joy Sul and Derek Johnson.



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# Craig Skonberg retires from St. Andrews Airport after over 20 years

His retirement plans include travel and spending time with his wife

By Katelyn Boulanger

Craig Skonberg retired from his position as the executive director and airport manager at the St. Andrews Airport after over 20 years in the position last month.

This position required him to know all of the details of our local airport and upon his retirement, Skonberg decided to share some of his experience with the *Selkirk Record*.

"[I did] everything. I did up the documents. I wrote up leases and licensing agreements. I may be on a snowplow. I may be inside the lift station of the sewage plant, less and less of that as you get older, but everybody is cross-trained. You have all of these experiences that go on," said Skonberg.

Being in such an important position had its downsides as Skonberg handled 13 catastrophic air crashes in his career. Three of those times he knew the pilots personally but he also was able to be in a decision-making position in order to help maintain and expand the airport to what it is today.

One of the major things that has changed in his career is the growth of the airport.

"I first came here from Transport Canada. [When] I went to talk to Transport Canada and they said, 'Why would you want to go there?'"

Because I'd been used to working on bigger things if you will. They used to call St. Andrew's Airport Sleepy Hollow, because nothing had happened here for so many years. And it was like, 'Well, no, there's all kinds of things that can happen here,'" said Skonberg.

When he first came to the airport it had 42 hangers, however, it's expanded to have 104 now. Seven more hangers are under construction and there are plans for three more larger hangers and two new companies to move to the airport in the future.

The St. Andrews Airport is unique as they follow all federal regulations but have been owned by the RM of St. Andrews since 1999.

One of the things that Skonberg mentioned is great about the St. Andrews Airport is their volunteer board and the sense of community he felt from everyone there.

He's stayed for so long at this airport because of all of the incoming projects that he wanted to take part in.

"It's been a good place to work. I was made an offer by the Vancouver Airport Authority a few years ago to manage a couple of airports in BC and I was offered a job in the airport in Ontario in Timmins and some others in Northern Quebec twice. One of the



RECORD PHOTO BY KATELYN BOULANGER

Craig Skonberg is retiring from the St. Andrews Airport after over 20 years of service.

offers was to control 14 airports, back in northern Quebec. They were all interesting sorts of things, but I'm not done here yet, either. Russ [Paradoski] has invited me to move on over to the board once I'm done cleaning up the little bits and pieces and I want to do that," said Skonberg.

He says that retirement for him feels both good and bad but that he's anticipating travelling more.

"The good is, I'm anticipating more time with my wife. I've got my ball cap from Barcelona. I've been teaching myself through Duolingo Spanish

and Portuguese," he said.

He hopes for continued expansion of the airport in the future.

"I'd like to see a runway extension so that we can get better utilization. Because of the shortage of our runways, aircraft that are like a King Air, which should be leaving here at 12,500 pounds, because the runway isn't long enough, they're only leaving with 11,000 pounds and leaving 1500 pounds of capacity on the ground. That would be one of the things that I'd like to see," he said

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# Gwen Fox Gallery hosts all members show this June

Your chance to see a variety of art from the many talented artists that call our area home

By Katelyn Boulanger

The Gwen Fox Gallery is hosting its all members show this June. These shows only happen a few times a year and give residents a unique opportunity to see art from many different members of the Gwen Fox Gallery.

"The all members show only happens three times a year June, September and December. Each member is allowed to have two pieces of artwork and the all members shows are the best shows because they have a lot of different mediums, all different paintings, photography, carving, acrylics and poured medium, you name it's here," said Patricia Johnson, Gwen Fox Gallery exhibit coordinator.

There will be over 40 artists featured in this month's exhibit and artists will be volunteering throughout the month. So, depending on when you go you may be able to chat with some of the artists in the show.

"Everybody should come in. It's food for the soul. When you come in here, when you leave, you're happy. The volunteers are wonderful. We have a beautiful gift shop of our member's artwork. The work will lift your spirits," said Johnson.

There are too many artists to feature them all but three newer gallery members who have their work in this month's exhibit are Sandra Robertson, Olive Hnatiuk and Stan Born.

## Sandra Robertson

Robertson has two pieces in the show this month an acrylic piece featuring a snowy owl and an oil painting which is of a waterfall on the Canadian shield.

She started painting six years ago.

"When my husband passed away, I didn't know what to do with myself. I didn't know I could even paint. So, I just signed up for a painting class and tried it and ever since I loved it," said Robertson.

She is attracted to nature scenes from her experiences of being outside in nature and has a particular preference for birds and animals.

Robertson is from Winnipeg but decided that she wanted to join the Gwen Fox Gallery recently after some encouragement.

"Family and friends have been encouraging me to show my art instead of having it in a box at home. My cousin, I call her my manager, she said, 'Oh, you should try this.' So, we drove down here one day from Winnipeg and checked out the gallery. I liked it and I thought I'd try it," said Robertson.

She wanted to be part of this exhibit to see what people thought about her art and to be part of the artist community.

Robertson welcomes anyone who wants to check



RECORD PHOTO BY KATELYN BOULANGER

Sandra Robertson.

out the show.

"They have a lot of different art and people are drawn to different things. And, I think it's an awesome place," she said

Continued on page 7

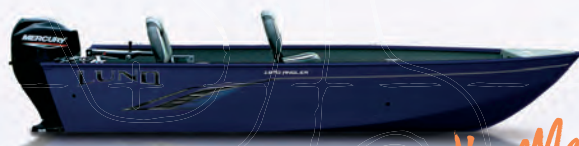


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## > GWEN FOX GALLERY, FROM PG. 6

### Olive Hnatiuk

Hnatiuk is a Gimli resident who describes her art as eclectic.

"I started off a number of years ago when I was working corporate type of jobs in photography. I taught a little photography, and then sort of thought painting is more hands-on and you can create, like from your imagination, and it's just not recording of an event. But there is so much creativity in art that you pick up one thing, it leads you to something else," she said.

This month she has three different monoprints in the gallery that are all part of the same set. One of the prints is done completely in oils while the other two are oil and watercolour.

Hnatiuk says that the main inspirations for her artwork are faces and flowers.

"Flowers are just fascinating. They don't last for very long. So, if you're working with them live you've got to try and get it down as quickly as possible. And with faces, faces are totally fascinating twins even look different from each other if you look," she said.

Hnatiuk joined the Gwen Fox Gallery two years ago. She liked the idea of an all members show because it's a great opportunity to show off your work at a smaller scale than having to set up an entire show.

She also says that she enjoys the community aspect of the group.

"I love looking at other people's work. Other people's work is just so fascinating. There's so much talent out here in this area of the province," said Hnatiuk.

As someone who has taught art classes in the past, Hnatiuk encourages potential artists in our community to give creating art a try. She says you don't need fancy supplies; pencil crayons and cheap watercolour paints will do. She also recommends that younger artists that want to get their hands into their art give pottery a shot.

Hnatiuk invites anyone who would like to check out this month's exhibit to stop by.

"Just drop in and see if you like anything, I'm sure you're going to love everything. There are so many things. You'll find something that'll fascinate you," she said.

### Stan Born

Born is a woodturner who tries to bring the grain out in the pieces that he creates and enjoys working with challenging pieces of wood to see what can be made from them.

This month he has a bowl and a hollow form on display.

He began his artistic journey over 40 years ago by taking a carving class.

"After a while, I took two or three courses on the same guy, and after a while, it occurred to me that this takes way too long. So I decided that I would find something else that I could get done in an hour or two," said Born.

He was initially inspired by a magazine that he found and from there more people were starting to take up woodturning so he found that a community of artists were coming together.

Born was a member of the Gwen Fox Gallery previously and recently returned wanting to get back in touch with the community.

"I come here every once in a while and I thought, 'Well, it's a good time.' I need inspiration," he said.

He encourages residents to come by the gallery.

"It's a nice place. People are friendly. For the most part, the art is pretty good. I enjoy coming in here just to look around and see what's out there," said Born.

Residents are invited to come to the art gallery this month and for future exhibits. There is no entry fee and residents are very welcome to stop in to look at the pieces on display. The Gwen Fox Gallery is open from Tues. to Sat. from 11 a.m. to 4 p.m. Learn more about the gallery on their website at <https://www.gwenfoxygallery.com/>.



Stan Born.



RECORD PHOTOS BY KATELYN BOULANGER

Olive Hnatiuk.



## Investing in Manitoba's Natural Wonders

Manitoba's 92 provincial parks offer Manitobans and visitors an abundance of scenic beauty and recreational opportunities.

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- Supplying electrical power to campsites at Gull Harbour Hecla/Grindstone Provincial Park
- Campsite electrical upgrades in Stephenfield Provincial Park

Significant amounts of money will also go towards renewal projects in provincial roads and highways to improve access to, around and within provincial parks.

For more details on the **Manitoba Provincial Parks Infrastructure Renewal Strategy**, visit [manitobaparks.com](http://manitobaparks.com).





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## Important road safety message for Manitobans

### Keep safe on the roads this summer season

Submitted by Manitoba RCMP

For many Manitobans, driving is a routine part of their lives but it is also potentially one of the most dangerous activities they do every day. This is why we must all do our part to keep our roads safe.

Whether you drive a car, motorcycle, bicycle or are a pedestrian, it is important that you focus on the road, pay attention and be aware of changes in your surroundings at all times.

So far this year, 31 Manitobans have

lost their lives in motor vehicle collisions, five more than at this time last year and well above the current five-year average of 23.

Motorists will have seen increased patrols and sobriety checkpoints throughout the province as officers continue efforts to help keep our roads safe this past long weekend.

With the warmer temperatures now upon us, increased traffic flows are expected on our highways as Manitobans head to beaches, cottages, camp-

sites, and other holiday destinations, we are asking drivers to:

- drive sober,
- wear a seatbelt,
- slow down and drive to conditions,
- be cautious and always aware of your surroundings,
- pay attention to the road at all times,
- keep a safe distance between your vehicle and the vehicle ahead of you, and
- put your cell phone away.

We want everyone to reach their destination safely.



RECORD FILE PHOTO

Manitobans are reminded to drive safely this summer.

> Got something you want to get off your chest? How about an act of kindness to share?

Send your letters to the editor or acts of kindness to [news@expressweeklynews.ca](mailto:news@expressweeklynews.ca). Please include your name, address, and phone number for confirmation purposes.



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View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)

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# West St. Paul sees businesses come together to create business expo

## Learn more about WSP businesses and find new ways to shop local

Submitted by the RM of West St. Paul

A frequent, though surprising nonetheless, comment about how customers find out about her business prompted Michelle Mansell into action.

She co-owns Frig's Natural Meats

and More along with her parents, Linda and John Frig and the Main Street business is still in many ways a well-kept secret in the RM of West St. Paul.

"We always say to new people, 'How did you hear about us?' 'Oh, I didn't even know you guys were

here. I went to a friend's and they were cooking chicken or steak and it was so good and they told us where they got it from," Mansell said.

"So I'm like, we've been here for 20 years, how is it possible that people still don't know that we're here?"

Those experiences prompted Mansell to see what other business owners thought about holding an event to help promote everyone – and the Local Business Expo in West St. Paul was born.

It's set for May 27 at the Access Centre from 10 a.m. to 3 p.m.

"Everyone was saying the same thing, we have so much to offer, it's too bad people don't know or aren't shopping locally more. Shopping locally was the thing to do during the hub of COVID, because everyone was promoting shop local, support your small businesses, but now I think people have just gone back to status quo," Mansell said.

"So we thought we'll just remind them, we're still here, we haven't gone anywhere and there's not just [Frig's], there's a lot more around here as well."

To date, 15 businesses have committed to the business expo and they're hoping the community and beyond will come out and see the businesses and services that are right under their noses in West St. Paul.

"The community is growing. We need to capitalize on all the new residents that are coming in," Mansell

said.

"Watching all these new houses coming in, you just want to get their attention before they start shopping somewhere else."

The businesses participating in the expo are supplying door prizes, and Frig's famous smokies will be for sale during the day. Backit Why granola will be made fresh on site as well and everyone from a new dog groomer to fitness, physio, massage and Paintball Paradise will be at the event.

Mansell says she's sure folks will have their eyes opened to just how many businesses and services are available in the neighbourhood.

"There are so many local businesses that we have just in our little area. I know for me, even I didn't realize some of them until I started looking around to see if there were people interested in participating in the business expo," she said.

"We're just hoping that people will come in and check us all out."

A poster with more information is available at the RM's website at <https://www.weststpaul.com/p/events>.



RECORD PHOTO SUBMITTED

Michelle Mansell was the visionary behind the Local Business Expo event in West St. Paul. Check it out on May 27.



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# Red River Operation Clean Up gets generous donation from Gerdau

## Volunteers also welcome to sign up to keep river clean

By Katelyn Boulanger

Red River Operation Clean Up received a generous donation of \$2000 from Selkirk's Gerdau. This donation will go towards the organization's efforts to tidy up the area around the Red River so that we can all enjoy the benefits of a cleaner waterway.

"Over the last 25 years, we've picked up a million and a half pounds of garbage off the shorelines of the Red River," said Red River Operation Clean Up founder and coordinator Robert Belanger.

The organization does this by putting out 45-gallon drum garbage cans along the Red River's shoreline. After people use the garbage cans, the debris is picked up by workers throughout the summer so that residents have a convenient place to put waste avoiding the temptation to leave it somewhere where it could end up in the river.

Donations from their generous donors like Gerdau and other local businesses and municipalities which are listed on their website are the reason that this is able to continue.

They also host clean-up events along the river throughout the summer so that debris that is illegally dumped or unfortunately left behind does not

accumulate and get washed down the river into Lake Winnipeg.

"We pick up everything from shopping carts to couches, to microwaves to refrigerators. It is disgusting what people want to discard on the shorelines of the Red River, which is now a heritage river. The last thing we want is our tourists to see all the garbage that we pick up there," said Belanger.

Volunteers are responsible for larger clean-up efforts and Belanger says they are always looking for volunteers to help out. Once enough volunteers sign up, Belanger organizes a date when everyone can meet up and work together to make a section of the river free of whatever garbage they find.

One of the products that Belanger thinks residents should be more aware of when they are out and about enjoying the river is properly disposing of their monofilament fishing line which he says they have found plenty of over the years.

The danger of the fishing line is that it entraps birds like pelicans, eagles, and geese just to name a few and unfortunately, once they are tangled it's a slow death for them unless they are noticed and rescued in time.

Belanger would like to thank the



RECORD PHOTO BY KATELYN BOULANGER

Rob Sternat(left) from Gerdau's environmental management department presenting Rob Belanger with the \$2000 cheque from Gerdau to Red River Operation Clean Up..

generous support that Red River Operation Clean Up has gotten from both volunteers and sponsors over the years.

You can sign up to volunteer or make a donation at the Red River Operation Clean Up website at <http://www.rroc.ca/>.

# Support the Selkirk Dance Association with a smoothie

By Emma McGill

May is competition and recital month for the dancers of the Selkirk Dance Association (SDA). For the past

couple years, the SDA has been partnering with the Mighty Kiwi Juice Bar and Eatery in Selkirk; one dollar for every Pretty in Pink smoothie goes

towards the SDA. The smoothie was created with the Mighty Kiwi's best selling flavours.

The Selkirk Dance Association is a non-profit organization dedicated to making dance education and movement accessible to everyone and to creating a space for dancers to grow their skills with confidence and emotional well-being.

The support



RECORD PHOTO SUBMITTED

Selkirk Dance Association competitive dancers pose with their awards.

from the organization itself and from the Mighty Kiwi mean a lot to many dancers.

"As a dancer, it's an amazing feeling to have the support of the community and local businesses as we get ready for our competitions and recitals," said Kaleigh MacDonald, who has

been dancing in Selkirk for five years. Anyone can support these dancers by purchasing a Pretty in Pink smoothie from the Mighty Kiwi in Selkirk during the month of May. This fundraiser helps to keep tuition low, and to purchase better equipment.

### PUBLIC NOTICE

## Notice of dust control program

Homeowners along gravel provincial roads and main market roads in unorganized territories may apply to have dust control applied in front of their homesites at a cost of \$200 for a single application.

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For more information, please contact one of the following Transportation and Infrastructure offices:

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- Swan River 204-677-6540 Dauphin 204-622-2061



# Ode to a community's immense growth and history



RECORD PHOTOS SUBMITTED

West St. Paul School is celebrating its 75th anniversary on May 26 and 27.

## West St. Paul School celebrates 75th anniversary

By Emma McGill

West St. Paul School opened in September 1948, welcoming students from first to eleventh grade. This weekend, they will be celebrating 75 years of education, friendships and memories.

Like many things in West St. Paul veterans are responsible for making the school what it is today. During the Second World War, 77 soldiers from West St. Paul left to fight for our country, and nearly all returned and started families. As a result, the suddenly growing community needed a bigger school. Since then, the school has expanded to hold approximately 600 students.

A citizen who holds the school and area very close to her heart, Bev Bragg was one of the first students to attend West St. Paul in 1948. Her siblings, children, and grandchildren have attended as well.

As it turns out, Bragg is one of many who care deeply for the community that has carried her family for generations; many of the 13 people from her graduating class still celebrate together. They also stay in contact with their old teacher, Victoria Olchowecki, who was about five years older than the students themselves when she taught them.

"I've kept up with my school teacher from grade five," said Bragg.

Another graduating class turned 70 and decided to fly to British Columbia to celebrate with Olchowecki.

For this year's anniversary, Olchowecki will fly out to honour the occasion in person.

This year's celebration will showcase some of the school's current students and their talents; there will be tap dance, modern dance, and a bhangra dance group, as well as three different school bands, a choir, and some of the music classes playing ukulele and guitar.

The school will also be raising funds for improvement projects like a scoreboard for sporting events and playground equipment.

The festivities will take place over two days, May 26 from 5 - 9 p.m. and May 27 from 12 - 4 p.m. On the Friday, there will be a barbeque with hamburgers and hot dogs for sale, and on Saturday, pizza and refreshments will be sold. There will also be a time capsule opened at 1:30 p.m. on the second day, and tours of the school will be offered, as well as souvenirs and raffle tickets for sale.

## New PC candidate announced



RECORD PHOTO SUBMITTED

Local Selkirk business owner Richard Perchotte has been nominated as the provincial PC candidate in our area and will run to represent Selkirk and St. Andrews in the next election. In his nomination speech Perchotte said, "I look forward to the honour of being a strong advocate for every person in this beautiful area. I will build a relationship of trust and support with my fellow neighbours. I will show Selkirk that the PC Party of Manitoba has their backs. I will work tirelessly to ensure all issues are addressed and solutions are presented to make the lives of every citizen better now and for the future of our children." Perchotte will be taking over from current Selkirk MLA Alan Lagimodiere. Pictured: Janice and Richard Perchotte, Judy and Alan Lagimodiere, Mickey and Jeff Wharton, Red River North MLA.

### Ed Teplyski

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# Nova House Community Wellness Day



**RECORD PHOTOS BY KATELYN BOULANGER**  
Nova House's Community Wellness Day helped to bring together many local organizations in one place so that residents could learn about many of the resources that we have locally which can help us throughout our lives.



# Farm animal auction and crafting fun at Green Acres

By Emma McGill

Mark your calendars for a day of farm fun.

Green Acres Hobby Farm Auction and Craft Sale on Saturday, May 27 is an event that will bring together the best of two worlds - farm animals and crafting.

Teulon will be hosting a farm auction and craft sale, with all proceeds going back into bettering the community. The auction will start at 10 a.m. with small animals first: rabbits, poultry, guinea pigs, and more. Following lunch, large animals such as horses, cattle, pigs, sheep, goats, alpacas, and donkeys will be showcased and sold

along with tack and livestock equipment necessary to keep the animals fed and healthy. This is a family-friendly event - bring your kids to see the animals. The food trucks on sight will serve Italian street food (The Little Eggplant) and ice cream.

The craft sale will be on sight from 9 a.m. to 4 p.m.

Registration will begin at 8 a.m. and the consignment fee will be 20 per cent with reserves available, as well as square readers for a 5 per cent fee. Visit the Green Acres Farm Auction Facebook page for more information or inquiries.

# Selkirk supporting HD!



RECORD PHOTO BY BRETT MITCHELL

The City of Selkirk lit up the water tower on Tuesday night as part of the International Light It Up For HD campaign supporting people with Huntington disease and Huntington research. Hundreds of locations around the world participated in this Huntington awareness month event including: The Longfellow Bridge in Boston, Niagara Falls, The Tjuvtitten Tower in Norway, Martin Luther Church in Aachen, Germany, and The Fremantle Prison in Perth, Australia, to name a few. There will also be a family fun Manitoba Walk/Run to Cure HD at Assiniboine Park in Winnipeg on Sat. June 3. To learn more and register visit <https://hdmanitoba.ca/>.

## of the

# PET Month

### Winner

May 2023

Rocky

*Fun Fact: Rocky is 4 years old and his birthday is July 4th. He really likes to play under the rug and he also likes to chew on shoelaces. He also likes to go into the back of the cupboard where his food is and hides.*

Rocky has won a prize from Canvasback Pet Supplies!

To submit your pet for the Pet of the Month 2023 contest, send a photo and a fun fact to: [ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)

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# COVID infections, hospitalizations decrease; 2nd dose of monkeypox vaccine available

By Patricia Barrett

COVID infections and hospitalizations in Manitoba slightly decreased during the second week of May, according to the provincial government's respiratory surveillance report for the period May 7-13 (reporting Week 19).

There were 89 new COVID infections detected by PCR testing. There were 105 new infections reported the previous week. Provincial COVID data are underestimates of the true number of infections as the government restricts access to PCR testing and rapid antigen tests aren't tracked.

Thirty-nine people were hospitalized with COVID including five patients who needed intervention in the intensive care unit in Week 19. There were 48 people hospitalized the previous week including 10 patients admitted to the ICU.

The government reported two deaths from COVID in Week 19. Two people died from COVID the previous week and six died the week before that.

Numbers are calculated using comparisons of total outcome data between the current and the previous week's report.

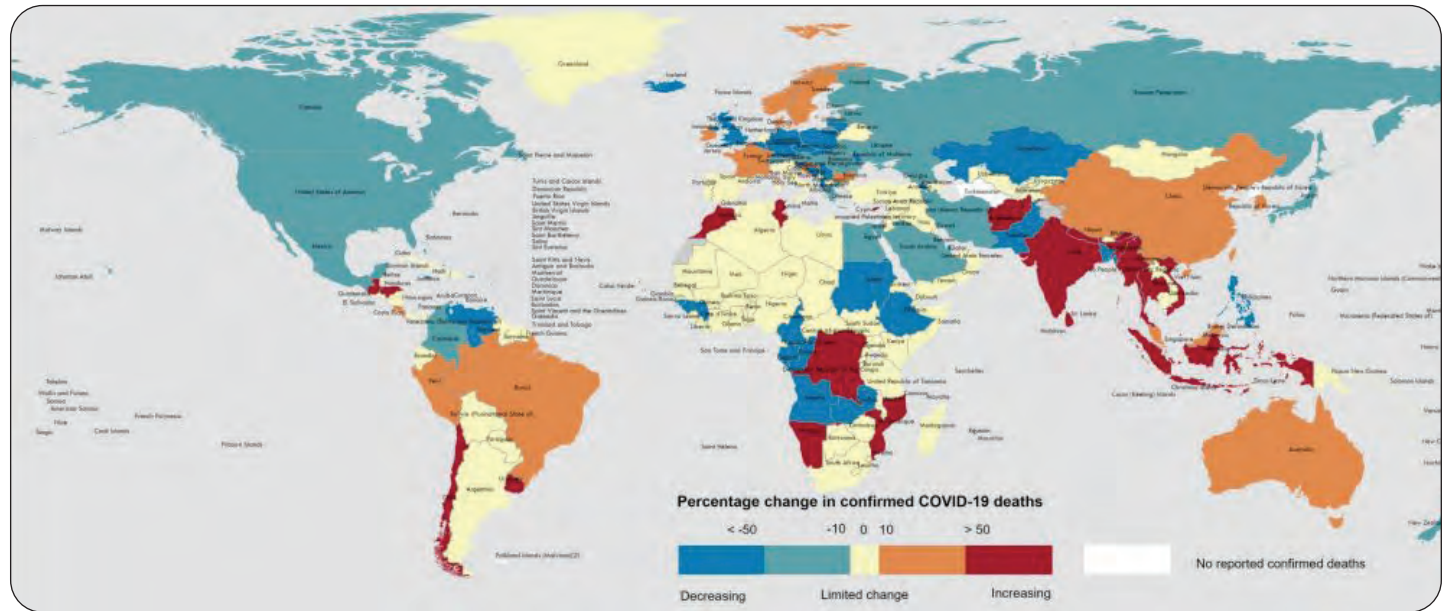
Wastewater surveillance data for Winnipeg and Brandon to May 9 show sustained COVID activity.

"Older adults continue to have higher risk for COVID-19 infection, associated hospital admissions, and fatalities" states the report.

Manitoba's COVID death toll is currently 2,501, according to the federal government's COVID webpage as of May 6. Canada's death toll has reached 52,301.

There were two new cases of influenza A and five new cases of influenza B and one hospitalization reported in Week 19. There were no deaths from the flu. There were four and five new cases, respectively, reported the previous week along with four hospitalizations but no deaths.

New respiratory syncytial virus (RSV) declined in Week 19 with four new cases reported. There were 10 cases reported the week before and 15 the week before that.



### Other health news:

-There were almost 2.6 million new COVID infections and over 17,000 new deaths from the virus reported over the period April 17 to May 14, according to the World Health Organization's epidemiological update published May 18.

At the country level over that 28-day period, the United States led the world with the highest number of new COVID deaths (5,333) followed by Brazil (1,305 new deaths), France (925 new deaths), Russia (882 new deaths) and India (656 new deaths).

As of May 17, there has been a total of over 6.9 million COVID deaths worldwide reported to the WHO. The WHO considers that an underestimate of the true number of deaths.

The WHO's infectious disease epidemiologist and COVID-19 technical lead Maria Van Kerkhove said COVID is not over despite the WHO having ended on May 5 the emergency phase of the pandemic.

"The emergency phase is over but COVID is not," said Van Kerkhove in a video posted to Twitter May 12. "We're better at managing COVID-19 but people are getting infected, which is why we have to keep up our efforts to reduce transmission. We have to keep up our efforts to ensure that people who do get infected get the right clinical care so they don't die."

She urged people to get additional doses of a COVID vaccine, improve



### WORLD HEALTH ORGANIZATION

Deaths from COVID in North America have remained stable (neither increasing nor decreasing) as of May 14 but are increasing in some other countries.

ventilation and wear a mask in crowded situations.

-COVID outbreaks at Red River Place Personal Care Home in Selkirk (declared on May 1) and at Tudor House Personal Care Home in Selkirk (declared on April 28) continue, according to the Interlake-Eastern Regional Health Authority's outbreak page (viewed May 19).

-The provincial government is reminding those who received a first preventative dose of the mpox (monkeypox) vaccine that they're eligible to receive a second dose.

Manitoba has reported one case to date of monkeypox, but there are current/active cases in other provinces and countries, said the province in a May 19 bulletin. Over 600 people in Manitoba have received a first dose of the vaccine.

Both first and second doses of the vaccine are available to cisgender, transgender or two-spirit people who identify as gay, bisexual and as men who have sex with men, have received a diagnosis of a sexually transmitted infection over the past year,

have had two or more sexual partners in the past 90 days, have attended bath houses or sex clubs, have had anonymous sex in the past 90 days, have engaged in sex work, or are staff or volunteers in sex-on-premises venues where they might have had contact with objects or materials contaminated with the monkeypox virus.

-The provincial government announced last week it's expanding CT scan (combined X-ray images) capacity at the Selkirk Regional Health Centre by investing over \$15 million.

"Investing in two new CT scanners and more staff to operate those means residents in Selkirk and the broader health region will have improved access to integral diagnostic services closer to home," said health minister Audrey Gordon in a May 19 news release.

The investment will double the number of CT scans performed from 17,000 to 34,000 annually.

The Manitoba Association of Health Care Professionals, a union representing over 190 allied health disciplines, said the government failed to address a diagnostic staffing plan to run the new scanners.

"Another announcement, another failure to mention a staffing plan. Vacancies in DI [diagnostic imaging] have almost doubled in a year & a new PET scanner sits idle at HSC [Health Sciences Centre] with nobody to run it," said MAHCP on Twitter May 19.

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# Celebrate warm weather at Teulon's Family Fishing Derby

By Emma McGill

Are you looking for a fun way to embrace the approaching summer season and get your family outdoors to learn a new skill?

The upcoming Family Fishing Derby put on by Teulon Game and Fish is the perfect opportunity; there will be prizes to win, youth games and activities throughout the day, and hot food and beverages available.

The derby will take place on Satur-

day, June 10, at Norris Lake Campground in the main camping area. Registration will be at 10 a.m. and the derby itself will start at 10 a.m. and carry on until 3 p.m. No fishing license is required.

Memberships will be available, as it costs members \$10 to participate and \$20 for non-members. Youth, 15 and under, will cost \$5. For more information, contact Doug and Debbie Coverdale at 204-886-3943.



RECORD PHOTO SUBMITTED

Teulon Game and Fish are hosting a Family Fishing Derby on Saturday, June 10.

## Smile cookies return



RECORD PHOTO BY BRETT MITCHELL

Earlier this month smile cookies made their return to Tim Horton's. The cookies helped to raise \$12,247 locally and \$18.9 million nationally towards charities and community groups across Canada. Pictured: Avish and Harmohabbat making smile cookies at the Main St. Tim Horton's location in Selkirk.

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# Family helping to raising awareness for rare syndrome

## Prader-Willi fundraising walk in Winnipeg on June 4

By Emma McGill

Nine year old Darwin Joseph is a caring, adventurous young girl living in Winnipeg with her parents Mark and Jennifer Carriere, who grew up in Woodlands, and six year old brother Edison. She is currently attending fourth grade, and although it doesn't appear so, she stands out from her peers; Darwin was born with Prader-Willis syndrome. She has dealt with cognitive and physical challenges since she was born, requiring care like physiotherapy as well as occupational and speech therapy.

Prader-Willis syndrome is a rare genetic disorder that primarily affects the brain's ability to send signals to the body that tell someone they are full rather than hungry. This leads to something called hyperphagia, the extreme unsatisfied drive to consume food, which in turn can lead to extreme obesity and even diabetes. It can cause high food-related anxiety and trouble focusing. For Darwin's sake, her family takes precautions like keeping food locked away when unsupervised both at home and at school.

This syndrome occurs in approximately 1 out of every 12,000 to 15,000 births, and can also affect cognitive ability or cause delayed motor skills and speech due to low muscle tone. Other common characteristics of PWS can include small hands and feet, and abnormal body composition and growth. These symptoms are likely due to a dysfunction of a part of the brain called the hypothalamus, which assists in many bodily functions such as hunger regulation, body temperature, and fluid balance, and more.

When Darwin was a baby, she didn't really open her eyes or make noise for several months.

"It was probably almost six months before we heard her actually cry," shares Jennifer.

Though other kids her age may play faster and stronger than Darwin, she always wants to be in-

cluded. She likes to play games, do Zumba and cheerleading, has been a part of a Special Olympics downhill skiing team, and has participated in adaptive horseback riding.

"She just loves new experiences," says her dad Mark.

On Sunday, June 4 at 10 a.m. there will be a walk as a part of the One Small Step fundraising campaign for PWS. Participants can meet at Kildonan Park (2015 Main St., Winnipeg). All proceeds raised with this event and through Darwin's Dream Team through One Small Step will go towards research to help take away some of the challenges associated with PWS.

For example, this research will help to develop a medication people with PWS can take to help them feel full. There is currently no cure for Prader-Willi syndrome, and most research is used for treating specific symptoms, so it's important to raise awareness for such a rare disorder.

To learn more about PWS, you can visit the websites for One Small Step and the Foundation for Prader-Willi Research.



Nine year old Darwin Joseph was born with Prader-Willis syndrome.



RECORD PHOTOS BY TIFFANY MARIE PHOTOGRAPH Mark, Jennifer, Darwin and Edison Joseph will be participating in this year's One Small Step walk for Prader-Willis on Sunday, June 4 starting at 10 a.m. at Kildonan Park (2015 Main St., Winnipeg). The public is welcome to come out to walk in support of the fundraising campaign.

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# Manitoba government invests historic \$220 million in Manitoba parks infrastructure

**Submitted by the Manitoba government**

More Manitobans will soon be able to enjoy provincial parks thanks to a historic \$220-million, multi-year investment plan by the Manitoba government, Natural Resources and Northern Development Minister Greg Nesbitt and Transportation Minister Doyle Piwniuk announced Thursday.

“Manitobans care deeply about their provincial parks and have shared how important it is to increase investments in park infrastructure,” said Nesbitt. “Our bold plan prioritizes projects that enhance recreational opportunities and protect our precious ecosystems.”

As part of the Manitoba Provincial Parks Infrastructure Renewal Strategy, campers will see a 50 per cent increase in yurts, more campsites with electrical service, enhanced interactive experiences along with improved services, and access to nature in each of the 20 busiest provincial parks. This modern strategy will provide Manitobans and tourists an unforgettable parks experience for generations to come, Nesbitt said.

The strategy focuses on two streams that invest \$121 million in parks infrastructure and \$103 million roadway renewal within and around provincial parks over the next 10 years.

Short- and long-term investments to infrastructure will increase park ca-

capacity for yurts by up to 4,500 night stays annually, develop trails and boat launches, and enhance climate resiliency and environmental protection with water and wastewater upgrades.

**Highlights of the plan include:**

**Whiteshell Provincial Park:** replacement of the Nutimik Museum, reconstruction of the West Hawk Lake seawall, Mantario Trail amenity upgrades, surface upgrades to the Trans-Canada Highway at the Manitoba-Ontario border, and structure rehabilitation on the Trans-Canada Highway at Provincial Road (PR) 301 Falcon Lake Access, PR 301 Overpass Falcon Lake Road, and Provincial Trunk Highway (PTH) 44 at West Hawk Lake;

- **Spruce Woods Provincial Park:** new campground bay development, group use campsite electrification, surface upgrades to PTH 5 from PTH 2 to 15 kilometres north of PTH 2;

- **Birds Hill Provincial Park:** Fox Bay campsite upgrades, Lakeview Trail upgrades;

- **Hecla/Grindstone Provincial Park:** Gull Harbour campsite electrification, minor structure rehabilitation on PTH 8 at the Hecla causeway;

- **Asessippi Provincial Park:** new yurt village, upgrades to PR 482 leading to park entrance;

- **Bakers Narrows Provincial Park:**

new energy and water-efficient washroom and shower building at campground;

- **Duck Mountain Provincial Park:** yurt expansion at Childs Lake, culvert replacement on PR 367 at Garland Creek;

- **Grand Beach Provincial Park:** East Beach washroom replacement; and

- **Paint Lake Provincial Park:** campground washroom building replacement, wastewater lagoon assessment and upgrade, surface upgrades to PR 375 from PTH 6.

“Our government is committed to enhancing the overall experience for visitors to our provincial parks and campgrounds and this includes ensuring safe travel and welcome arrival,” said Piwniuk. “Important investments in infrastructure such as roads and highways leading to and within our parks will help enhance the experience for visitors, now and into the future.”

The ministers noted the plan will be flexible and responsive to address visitor expectations and shifting priorities, as identified in ongoing public engagement opportunities.

In addition, the Manitoba government is investing almost \$200 million to restore and rehabilitate provincial

infrastructure damaged throughout Manitoba from the spring 2022 flood event. Projects in and surrounding provincial parks include:

- **Manigotagan River bridge** on PR 314 in Nopiming Provincial Park: two bridge projects over Rice Creek on PR 315 (east of Lac du Bonnet and south of Nopiming Provincial Park) and on PR 313 (east of Lac du Bonnet and west of north Whiteshell at Pointe du Bois); bridge-sized culverts west of Favel River and Roaring River on PR 367 (north of Duck Mountain Provincial Park) and restoration on both PR 366 and PR 367 in Duck Mountain Provincial Park; **Whitemouth River bridge** on PR 307 (west of Whiteshell Provincial Park);

- **bridge replacement** at Drunken River near Silver Harbour (north of Gimli); and

- **structure replacement** at Boundary Creek through Prospect Road at Winnipeg Beach.

Since the Provincial Parks Act was proclaimed in 1960, there have been 92 parks established in Manitoba offering 4,500 nightly campsites, 1,500 seasonal campsites, and programming for residents and visitors to enjoy. Today, the province has the largest

Continued on page 18

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# Province reminds Manitobans to make heat health part of summer planning

## Tips for keeping cool this summer

### Submitted by the Manitoba Government

As summer approaches, Manitoba Health is reminding Manitobans to make heat health part of summer planning by knowing health-related risks of heat, taking precautions to prevent overheating, learning how to recognize and respond to symptoms of heat illness, and following the province's Twitter account @MBGov for timely updates and warnings.

When temperatures and humidity levels are high—especially for prolonged periods—everyone is at risk of heat illness. However, risks are higher for older adults, infants and young children, people with chronic conditions and people living alone, especially those living in urban areas or without air conditioning. People who work or exercise in the heat are also at higher risk.

High temperatures and humidity levels early in the summer may have a greater health impact because people have not yet adapted to the weather. Additionally, people living in the north may be at higher risk, if accustomed to cooler temperatures.

Heat warnings are issued when

temperature and humidex levels are expected to meet established criteria. Throughout the summer months, these warnings will be shared from the Twitter account @MBGov. Updated weather forecasts are available from Environment and Climate Change Canada at [https://weather.gc.ca/canada\\_e.html](https://weather.gc.ca/canada_e.html).

Manitobans are encouraged to check in regularly with vulnerable or isolated community members, friends and family who might be at risk.

All Manitobans can take care to prevent heat illness by:

- drinking plenty of liquids, especially water, before feeling thirsty;
- avoiding prolonged sun exposure;
- cancelling outdoor activities or rescheduling them to cooler times of the day;
- if working outdoors, taking more breaks and staying well hydrated;
- wearing loose-fitting, light-coloured clothing and a wide-brimmed hat;
- limiting alcohol consumption;

- blocking sunlight out of your home during the day by closing awnings, curtains or blinds;
- taking a cool shower or bath; or
- going to a cool place such as a mall, community centre, public library or place of worship.

Heat illness can cause a variety of symptoms including:

- headache;
- nausea;
- dizziness;
- weakness or tiredness;
- muscle cramps; or
- rapid breathing or pulse.

Anyone experiencing these symptoms should move to a cool or shaded place, lie down, drink water and use cold compresses.

If someone loses consciousness, is confused, or has red, hot and dry skin, call 911. This may be heat stroke, which is a medical emergency. While

waiting for emergency medical help, move the person to a cool or shaded place, apply cold water to large areas of their skin or clothing, and fan the person as much as possible.

For more information on heat and health, call Health Links-Info Santé at 204-788-8200 or (toll-free) 1-888-315-9257 or visit the following links:

Manitoba Health: [www.manitoba.ca/health/publichealth/environmentalhealth/heat.html](http://www.manitoba.ca/health/publichealth/environmentalhealth/heat.html)

Manitoba Agriculture: [www.gov.mb.ca/agriculture/animal-health-and-welfare/animal-welfare/heat-stress-animals.html](http://www.gov.mb.ca/agriculture/animal-health-and-welfare/animal-welfare/heat-stress-animals.html)

Health Canada: [www.canada.ca/en/health-canada/services/sun-safety/extreme-heat-heat-waves.html](http://www.canada.ca/en/health-canada/services/sun-safety/extreme-heat-heat-waves.html)

Safe Work Manitoba: [www.safemanitoba.com](http://www.safemanitoba.com)



RECORD FILE PHOTO BY BILL 'NEWZMAN' SMYTH

Make sure to prepare for the summer heat.

## > MANITOBA PARKS INFRASTRUCTURE, FROM PG. 17

cottaging community in provincial parks in Canada with nearly 6,200 dwellings, and the Manitoba government also works with 180 commercial operators to provide unique lodgings and other offerings to park users to complement provincial campsites and services.

"We are encouraged by today's announcement that the Manitoba government will be investing \$220 million for new capital initiatives in and around our provincial parks, enhancing and modernizing our provincial parks for all Manitobans and visitors to enjoy," said Ronald Smith, chair, Manitoba Provincial Parks Cabin Owners Association. "MPPCOA is a coalition of provincial park cottage owner associations representing over 80 per cent of Manitoba provincial park cottage owners, and we are pleased to have worked collaboratively with the Manitoba government to make positive changes to our provincial parks."

## Well Water Testing Program

Sample Drop-Off  
Time 10 a.m.

Tuesday, June 6th  
Tuesday, June 13th

### Sample Bottle Pick-Up & Drop-Off Locations:

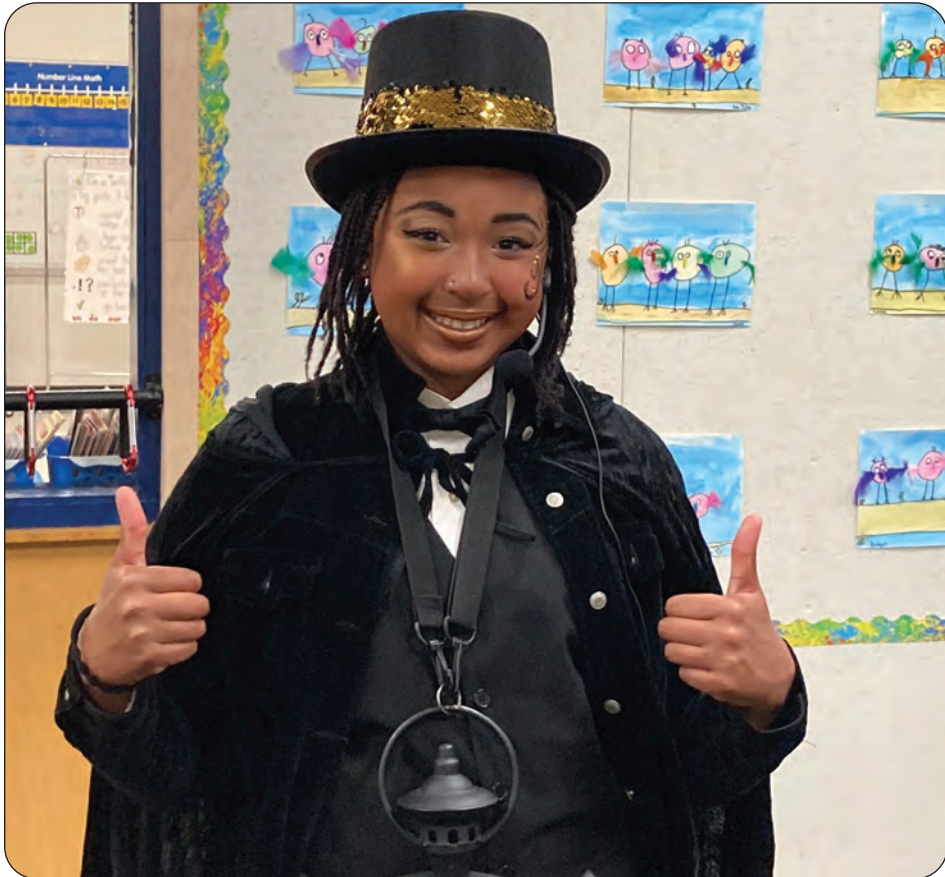
Municipality of Norfolk Treherne	R.M. of St. Francois Xavier	R.M. of Victoria
R.M. of Thompson	R.M. of Woodlands	R.M. of Roland
R.M. of Rosser	R.M. of Dufferin	R.M. of Macdonald
	R.M. of Grey	Redboine Watershed District Office

Testing Options	B1 Bacteria	\$30.00	Total Coliform and E. Coli
	B1 Bacteria Subsidy	*FREE	*If affected by flooding (Please make note on your sample submission form stating FLOOD or FLOOD IMPACTED)
	N	\$45.00	Nitrates, Nitrites
	Mi2	\$195.00	Calcium, Magnesium, Hardness, Sodium, Potassium, Manganese, Iron, Zinc, Nitrates and Nitrites, Chloride, Sulphate, pH, and Conductivity
	Mi2HL	\$200.00	Includes all tests in Mi2 tests plus Arsenic, Boron, Barium, Fluoride and Uranium
Mi2HL+	\$230.00	Includes all test in M12HL tests plus Lead and Copper	

Samples must be taken the morning of testing. RBWD will look after shipping samples to the lab. Cheques payable to Horizon Labs.



# Mad Tea Party at Walter Whyte School



**RECORD PHOTOS SUBMITTED**  
Students from Walter Whyte School participated in a drama production of The Mad Tea Party earlier this month. Characters including Mad Hatter, Dormouse, March Hare, White Rabbit and other Lewis Carroll creations teaming up to catch the Jabberwock in this silly and fun production.



# Work underway to twin Trans-Canada Hwy: Falcon Lake to Manitoba-Ontario border

## Twinning prioritized to improve safety and accessibility

Submitted by Manitoba government

Work is now underway as the Manitoba government begins its next steps on twinning the Trans-Canada Highway from Falcon Lake to the Manitoba-Ontario border, Premier Heather Stefanson announced last week.

"It is important for Manitobans to have safe and reliable highways to get around this great province of ours and also to get to neighbouring provinces," said Stefanson. "That is why we have prioritized this work as it not only serves as a key trade route, but is one of the busiest stretches of highways especially during the summer months for cottagers and travellers.

The Manitoba government has committed to four lanes of traffic on the Trans-Canada Highway between Falcon Lake and the Manitoba-Ontario border and has prioritized twinning 700 metres of the highway nearest the border to align with Ontario's new four-lane highway.

Work is currently underway, including tree clearing and other activities that began last month with an anticipated completion by fall 2024.

The Manitoba government has also commissioned a conceptual design study for full 16-kilometre twinning project and following a competitive request for proposal process has selected Tetra Tech Canada Inc. to complete the study.

"As a major corridor of the national highway system, the Trans-Canada Highway is essential for Manitoba's

communities and the province's trade and tourism industries," said Transportation and Infrastructure Minister Doyle Piwniuk. "The 16-kilometre section from Falcon Lake to the Manitoba-Ontario border is the only remaining stretch not yet twinned. Our government is committed to upgrading this important east-west link to improve public safety, enhance the reliability and efficiency of interprovincial and international commerce, and enable future development."

The conceptual design study will include:

- route options for the four lanes on the existing alignment or on a new alignment;
- designs for new or modified interchanges at Provincial Road (PR) 301 and Provincial Trunk Highway (PTH) 44;
- options to eliminate three remaining intersections;
- access requirements at Hunt and Lyons lakes;
- options for replacing the existing flyover at PR 301; and
- assess additional interchanges or grade separations that may be required at additional locations.

The conceptual design study will take approximately two years to complete, with functional and detailed design studies commissioned as the project progresses. All studies will include consultation with Indigenous rights holders, and engagement with land and business owners, the public, and stakeholders, to develop a full understanding of the project's implications, noted Piwniuk.

Survey crews are expected at the site in the coming weeks. These surveys, which will include the use of drone survey equipment, are needed to learn about existing conditions while engaging local stakeholders and communities to better inform potential design alternatives.

"The Manitoba Trucking Association welcomes this announcement and we look forward to the completion of this project", said Aaron Dolyniuk, executive director, Manitoba Trucking Association. "This road improvement will have a positive impact on all road users. It will improve road safety not

only for Manitoba's trucking companies, but all carriers who operate across Canada, as well as the general public."

The project to twin the Trans-Canada Highway is one of the major capital projects detailed in the recently released 2023 Multi-year Infrastructure Investment Strategy, noted Piwniuk.

Along with the twinning, the Manitoba government is also planning to invest over \$10 million for improvements on the existing Trans-Canada Highway in the interim including:

- structure rehabilitation on the Trans-Canada Highway over the Fal-

con Lake access road;  
- structure rehabilitation over Falcon Lake Road in Whiteshell Provincial Park; and

- structure rehabilitation over PTH 44 into the community of West Hawk Lake.

The 2023 Multi-year Infrastructure Investment Strategy can be viewed online at [www.gov.mb.ca/mit/myhis/index.html](http://www.gov.mb.ca/mit/myhis/index.html).

## Award winner visits library



RECORD PHOTO BY EARL PALANSKY SUBMITTED

The Gaynor Family Regional Library hosted award winning author Di Brandt at their Circle of Friends presentation last Friday. Brandt recently won the 2023 Manitoba Arts Award of Distinction. She shared her life as a writer, poet and educator, along with a sampling of her work. Her latest book is *The Sweetest Dance On Earth*.

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Youtube: Manitoba Highland Gathering

**Celebrating our**  
**Selkirk Employee**  
**of the Month**

**Wesley H.**

**Congratulations on**  
**a job well done!**

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# Is your car's air conditioning ready for warmer weather?

By Autumn Fehr

When was the last time you had your air conditioning system serviced? What about a nitrogen pressure test?

As Manitoba awakens from its long winter and we all start to get ready for warmer weather, your car's air conditioning should too.

If you didn't get your air conditioning system checked last summer, it's a good idea to get it serviced so it performs well when Manitoba gets its first heat wave.

The number one area of concern with any AC repair is the refrigerants, particularly checking for contaminated refrigerants that are damaging the system.

Ron King, the owner of Kings Auto Air in St. Andrews, encourages residents to check the freon in their cars to determine if their refrigerant is contaminated.

The system in your car should be serviced every two summers to catch any problems or typical yearly leakage early, he said.

An article from *The Winnipeg Free Press*, written by experienced mechanic Jim Kerr, said that "an industrial refrigerant, R22, has been installed in vehicles by repair shops looking to cut costs." Several hydrocarbon-based refrigerants are also being marketed aggressively in the aftermarket.

To avoid future problems with your AC system, bring your vehicle to a shop that uses a refrigerant analyzer. This tool identifies the contents sampled to determine if the system has contaminated refrigerants.

King uses a refrigerant analyzer on every vehicle he services to ensure that no car owner is unknowingly getting contaminated refrigerants in their system, which could potentially cost them expensive repairs in the long run.

Hydrocarbon-based refrigerants, such as propane and butane, that are mixed and unknown are dangerous and can cause explosions. The Federal Air Conditioning Code of Practice prevents releasing these into the atmosphere.

Proper nitrogen pressure tests are also necessary as air expands at a greater rate than a refrigerant, which happens when the system is in use. If the pressure is too high, it may stop the compressor from working. Using this form of pressure test allows a mechanic to find leaks.

King started his business in 2021, as he saw the need for a good quality AC service.

"I had heard from so many people that they paid quite a bit of money to have their air conditioning recharged,

and it worked for maybe three days or a week, and it all leaked out, which is very bad for the environment. Primarily due to people not doing a proper nitrogen pressure test, which is required by law."

With the world's evolving concern about the environment and climate change, the recommendation for what refrigerant to use has changed.

The more environmentally friendly refrigerant, called R1234yf, is mandatory in all cars and light trucks. Manufacturers had to be switched over by or before 2021.

The old refrigerant R134a is being phased out between now and 2030 when it won't be available anymore.

Due to the phase-out production, it has already been reduced, and prices have skyrocketed. With production set to be cut back in 2024, prices will climb again, and supply will be hard to get, said King.

King said some manufacturers switched to the new R1234yf refrigerant as early as 2015.

The new refrigerant is very expensive, so it is essential to have your vehicle checked every two summers before a lot of expensive refrigerant could leak out, he said.

In the age of DIY, it can be tempting to try and perform these checks in other ways that may be inexpensive, but in the long run, they will do more harm than good.

There are many risks in doing it yourself, said King.

Mixing refrigerants may damage your equipment, is dangerous and illegal, and the illegal release of refrigerants harms the environment.

Many do-it-yourselfers purchase cans of Redtek, available at retailers such as Canadian Tire, to do the job instead of visiting a professional technician. These cans are propane and/or butane based, which is very flammable.

"(It) can be very dangerous to have in your automotive air-conditioning system should there be a leak and possibly a spark under the hood of the car," said King.

MOPIA (Manitoba Ozone Protection Industry Association) advises car owners to visit a certified AC technician that follows the three R's of refrigerant handling: recover remaining refrigerant and test for leaks, repair leaks with permanent repairs, not temporary sealant, and recharge your system with proper refrigerant.

Under Manitoba law, improperly handling, mixing or releasing regulated refrigerants (even by accident) is illegal. It carries penalties of up to \$50,000 and six months imprisonment



PHOTO SUBMITTED

Ron King.

on the first offence.

Rather than a DIY project, it's better to do it right and safely by visiting a certified AC technician to ensure your AC is functioning as it should.

Regular maintenance is also essential because of Manitoba's severe climate, both in summer and winter. Manitoba's extreme weather requires regular maintenance to reduce leaking or the potential for leaks in automobile air conditioning systems. MOPIA suggests placing the air conditioning systems on a defrost mode at least once a month to reduce the risk of a leak. Even more, during the spring and fall, Manitoba's notorious pothole season can put extreme strain on the AC compressor.

For more information on getting your AC serviced, contact Ron King at 204-390-2790 or kingsautoair@gmail.com.



PHOTO SUBMITTED

The process when doing a proper nitrogen pressure test.

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## Annual Open House

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**Thursday, June 8th, 2023**

**4:00 PM - 8:00 PM**

**St. Andrews Community Club**

- Featuring displays & information from many organizations in and around the community!

- Mayor & Council
- Refreshments served
- @ 28 St. Andrews Rd. (STACC)

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# Dancing the night away



RECORD PHOTOS BY KATELYN BOULANGER

The Selkirk Dance Association held their annual dance recital on May 19. Dancers ages 3 to adults from Selkirk and the surrounding areas gave a great performance showcasing the hard work that they'd put in to improving their skills this year.



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# get inspired

> MEAL IDEAS



## Acai Bowl with Whole-Wheat Toast

coconut flakes  
Under warm water, thaw frozen acai smoothie pack about 5 seconds.  
In blender, combine acai, milk, banana and mixed berries. Blend until smooth.  
Toast bread slices to desired doneness.  
Pour acai mixture into bowl and garnish with blueberries, granola and coconut flakes before serving. Serve with toast.

- 1 frozen acai smoothie pack (100 milligrams)
- 1 cup low-fat milk
- 1 medium frozen banana, sliced
- 1 cup fresh or frozen mixed berries
- 2 slices whole-wheat bread
- fresh blueberries
- granola

## Ask the Money Lady

*Dear Money Lady, what do think about reverse mortgages – I own my home but only have a widow's pension and OAS to live on. Now that everything is a little more expensive, I am finding it really difficult to live and pay my bills. Verna*

Dear Verna – sounds like you are asset rich, (own your home) but cash poor. A reverse mortgage could be an option.

Reverse mortgages have their place as a viable equity product and there are two primary lenders in Canada that offer them: Home Equity Bank and Equitable Bank. Most of the time this product is sold through a mortgage broker and is designed to meet the need for aging homeowners that cannot qualify for a traditional home equity loan or line of credit because they no longer work or can't make the monthly payments. This type of equity-take-out loan allows someone to access a portion of the value of their primary residence without selling it or making monthly payments to repay the debt. Now before you get too excited, let's discuss the pros and cons of this product.

To be eligible for a reverse mortgage you must be 55 or older and own your home. The matrix for qualification is based on three criteria: your age, home value, and location. Of course, the amount provided by the lender will be higher if you live in an urban center as opposed to rurally, and you can choose to get a lump sum payout or have a scheduled payment setup. There are many different types of reverse mortgage products with some that are fully open and others that are locked in. The interest rates range from 7% to 11% compounded annually and repayment is due upon your death, when you sell the home, or if you decide to end the contract and pay back the loan in full. The setup and cessation fees are quite high and of course you will need to do this through a real estate lawyer because a lien will be placed on your property for the loan. Some additional fees could involve prepayment penalties if you pay off the mortgage before it's due and independent legal advice requirements. Some initial start-up fees can be added to the balance of your loan, (which will incur additional interest over the life of the product), but others may need to be paid up front, to be deducted from your payout.

Obviously, the pros to reverse mortgages are that you don't have to make regular loan payments and you can turn the value of your home into cash without having



Christine Ibbotson

to sell it. The cons would be that it is quite costly to do so, with interest rates so much higher than most other types of mortgages and secured lines of credit. The biggest drawback I see with this product is that the equity you hold in your home may go down over time as you accumulate more and more interest on your loan. The other problem is that when you die, your estate must repay the loan + interest + fees within a set period of time, regardless of how long it takes to settle your estate, leaving the onus on your beneficiaries.

I know there are many retirees that have considered this option. It is definitely an option to "stay and play," but I must caution you on the compounded interest component. Interest is continually added to your loan each month and tacked on to the principal balance. Each month, interest accrues on a larger balance, meaning you are basically paying interest upon interest. If you are looking to this product to shore up your financial resources so you can stop working, pay off credit card debt or travel and enjoy life, I would suggest you either sell and down-size your home or look to a conventional lender with lower lending rates, (rates for a reverse mortgage average 9% - 14%). Think of this product, not as an added benefit to owning a home, but as a tool of last resort to be considered in your older years, when every other resource or option has been exhausted.

Good Luck & Best Wishes,  
ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6. Send your money questions (answered FREE) through her website at [askthemoneylady.ca](http://askthemoneylady.ca)



## Buffalo Chicken Dip

1 heavy pinch dried dill  
1/2 cup hot sauce  
2 green onions, chopped  
blue cheese crumbles  
chips  
vegetable sticks  
Heat oven to 400 F.  
In bowl, mix shredded chicken, cream cheese, sour cream, 1 1/2 cups shredded cheese, onion powder, garlic powder and dried dill until combined. Add hot sauce; mix until combined.

- Servings: 3-4
- 2 cups shredded chicken
  - 8 ounces cream cheese
  - 1/2 cup sour cream
  - 1 1/2 cups sharp cheddar cheese, plus additional for topping, divided
  - 1/2 teaspoon onion powder
  - 1/2 teaspoon garlic powder

Transfer mixture from bowl to oven-safe dish. Top with additional shredded cheese, to taste.

Bake until cheese is melted, approximately 15 minutes.

Top with blue cheese crumbles and chopped green onion.

Serve warm with chips and vegetable sticks.

# BINGO

## SUNDAY NIGHT BINGO

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Royals end KPAC boys' soccer season with a win

By Brian Bowman

The Selkirk Royals ended their season with a victory last Thursday in East St. Paul.

Selkirk defeated the MBCI Hawks 2-0 in the seventh-place game at the KPAC boys' soccer tournament.

Pablo Fajardo and Owen Giesbrecht scored for Selkirk while Andrew Vandenbogerd posted the shutout.

On May 16, Selkirk suffered a heart-breaking loss after being defeated 3-2 in penalty kicks (which went to an amazing nine rounds) by the Kildonan East Reivers.

Tanner Wryha scored for Selkirk in the first half and then Alvaro Munoz tallied in dramatic fashion with minutes remaining in the game to tie the score at 2-2.

This game was an absolute thriller. "Many fans from the other games being played on nearby fields came out to watch the shootout," said Royals' coach Gennaro Raimo. "We're very proud of the boys who fought back from a 1-0 deficit and a 2-1 deficit."

Vandenbogerd was outstanding during the shootout, making three fantastic diving saves to keep Selkirk in contention,



The Selkirk Royals' Nathan Ramos, right, battled a Kildonan East player for the ball during KPAC action in East St. Paul.

In girls' KPAC action, the Royals were edged 4-3 in penalty kicks by the Transcona Titans in a third-place game last Thursday in East St. Paul.

Serena Reeb scored twice for Selkirk while Payton Bragg also tallied.

The Royals were blanked 3-0 by the Miles MacDonell Buckeyes in a KPAC semifinal game on May 15.



Tanner Wryha, right, scored in the Selkirk Royals' 3-2 shootout loss to Kildonan East on May 16. RECORD PHOTOS BRETT MITCHELL

## Andersson to represent Canada at the world ball hockey championship

By Brian Bowman

Carter Andersson is going to have a ball in the Czech Republic next month.

The West St. Paul product has been selected to play for Team Canada U16 West at the ISBHF Junior World Championship in Liberec, Czech Republic.

"I'm really looking forward to it. It's going to be really fun representing Canada," said Andersson, a right-winger, last week. "My aunties and grandparents and stuff have all said

it's beautiful over there. I'm looking forward to going over there, for sure."

Andersson played for Team Manitoba last summer in Winnipeg, placing third, as was later approached to be a member of Team Canada West.

Getting a chance to wear the Maple Leaf on your jersey is super cool.

"It's awesome, I'm very excited and I'm very honoured to wear a Canadian jersey," Andersson said.

Andersson is one of seven Manitobans on the Team Canada West roster. Their team is a really talented one.

"I want to get gold, for sure," Andersson said. "Winning gold for your country would be awesome."

Ball hockey isn't an easy sport. Obviously, there's a lot of running and it helps to build stamina. It's a good sport to play as it prepares players for their ice hockey seasons. Andersson played last season for the U17 Winnipeg Thrashers, scoring nine goals and collecting 29 points in 36 regular-season games.

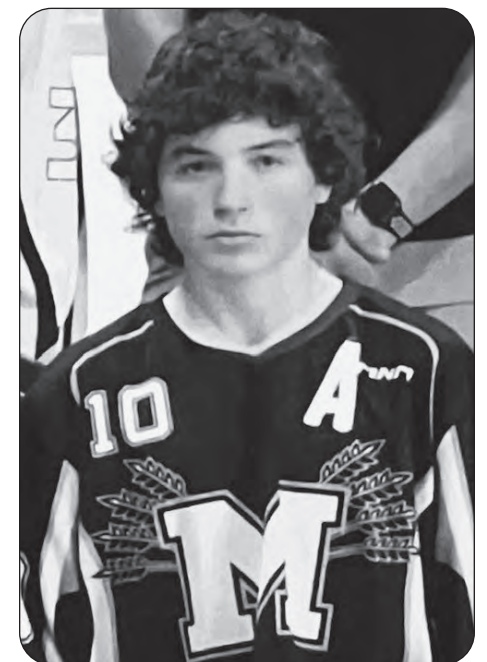


PHOTO SUBMITTED West St. Paul's Carter Andersson will be representing Canada in ball hockey in the Czech Republic next month.

# Miller and her college team win Big Ten championship

By Ty Dilello

Gonor's Leah Miller and her University of Michigan rowing team have won the Big Ten Conference Championship and will be headed now to the NCAA Championships.

Miller grew up in Gimil but moved to Gonor when she was 12. She went to elementary school in Gimli and then East Selkirk. And then went to high school at Mennonite Brethren Collegiate Institute (MBCI) in Winnipeg.

It was when she was 12 that Miller first got into rowing and she hasn't looked back since.

"I was looking for another sport to try as I was already playing club volleyball," said Miller. "Then my parents signed me up for a Learn to Row at the Winnipeg Rowing Club. And I loved it since the moment I got into the boat."

This past summer, she travelled to Varese, Italy, to compete for Team Canada at the Junior U19 World Rowing Championships. Her four crew team placed 11th in its race at the World event. She then represented Manitoba later in the summer at the Canada Summer Games in Niagara, Ontario.

She was also the 2022 female recipient of the Tom Longboat Award, which is handed out annually to recognize Indigenous athletes for their outstanding contributions to sport in Canada.

With many colleges in the United States offering scholarships to row for their program, Miller settled on the University of Michigan, a powerhouse in the rowing world. And with that, her freshman year at the University of Michigan has gone extremely well.

"It was an adjustment at first to fa-



Leah Miller, far left, was on the winning rowing team for the University of Michigan.

miliarize myself with the university, schedule, and new place to live, as well as being away from home. But I'm very happy; the rowing is fast, challenging, and I'm learning a lot."

At the recent Big Ten Championship, Miller and the Michigan Wolverines were victorious after winning three races and finishing second in two others. The Wolverines totalled 174 points to edge Ohio State by five points to win its eighth Big Ten title and third since 2019.

"I'm so happy to be part of this team, and my teammates are the best," said Miller. "We all work together, and it's a good feeling. So experiencing the Big Ten Championship for the first time was exciting, and we are all so happy that we won. It's a great feeling knowing we all worked hard and came out with the win."



RECORD PHOTOS SUBMITTED BY LEAH MILLER

Gonor's Leah Miller and her University of Michigan rowing team have won the Big Ten Conference Championship and will be headed now to the NCAA Championships.

Up next for Miller and the Michigan team is the upcoming 2023 NCAA Championships this week in New Jersey.

"We are continuing to train and work hard as we want to do as best as we can and come out with another win."

# Royals' rugby improving each week

By Brian Bowman

The Selkirk Royals' boys' rugby team is getting better and better each week.

But, unfortunately, they don't have any wins to show for it.

"We have seen so much improvement in our play," said Royals' head coach Gord Dehn. "We have a really good team but things have not bounced our way. The kids are keen and they're going to continue to play rugby and that's what I want. It's a lovely game and we're going to con-

tinue going forward."

Selkirk's record dropped to 0-4 after a tough 27-12 loss to the Tec Voc Hornets in Winnipeg last Thursday.

"We had some guys that couldn't make it to the game and it was a good, hard-fought game," Dehn said. "We were short a few key guys due to injuries and stuff like that so it was tough."

Selkirk is much better than its record indicates.

"We have a good team this year," Dehn said. "We've been playing well."

We're playing really good rugby but we're just getting unlucky against some of the teams that we've been playing. They have a couple of good athletes and they take advantage of us in some situations. They get a lucky break and it changes the outcome (of the game)."

Selkirk has a really good mix of younger players and seniors in Grade 12. The Royals also have a lot of talent and they do a lot of things very well," said Dehn.

"We're looking really good in the

next few years," he said. "We're going to try to build the junior high kids into the program as much as we can, putting on some clinics and demonstrations and try to promote the game."

The Royals visited the St. Paul's Crusaders this past Tuesday and then will host the Sisler Spartans this Thursday at 5 p.m.

Selkirk plans to host a high school tournament on June 22 although the details had not been finalized at press time.

# Royal Rumble on the Rubber a huge success

By Brian Bowman

The Royal Rumble on the Rubber track and field meet has been held in Selkirk for the past 18 years.

And, amazingly, it gets bigger and better each year.

On May 16, approximately 1,300 student-athletes - representing a whopping 39 schools - converged at the Selkirk Community Stadium for the one-day event.

What a day it was for track and field in Selkirk. The competition was outstanding and the weather was spectacular.

"We never get good weather for the Royal Rumble and it was beautiful. It was perfect, 20ish and sunny with light winds, which never happens," said Royals' athletic director Scott Gurney, who is the brainchild of the hugely popular meet. "I told the coaches that this is the first year that I haven't put cortex on at any point at the meet. I didn't need gloves and a toque when I was setting up in the morning."

The Royal Rumble on the Rubber had over 1,400 athletes register for the event - the most ever. It is a fantastic



warmup to the MHSAA provincials and gives athletes an opportunity to compete against others from across the province.

"We used to get just over 1,000 when it was pre-pandemic," Gurney said. "It seems like a lot of the schools... are bringing 20, 30 people so that's a great problem to have."

With so many athletes attending the meet, there are a lot of people that



RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Royals' Jacob Dainard, left, and Lucia Sanchez Garcia compete at the Royal Rumble on the Rubber held in Selkirk on May 16.

have stepped forward to ensure the event continues to be so successful.

"Matt Pearson put up our website and, honestly, if it wasn't for Kim Rapko, who is my manager, and she takes care a lot of the details for this meet (we couldn't do this)," Gurney said. "Matt has taken a lot of the weight off of me. Between Matt and Kim and my wife Sherri, who is here now and she's been helping out. She was a big piece of taking the organizational (side of this) - she knows how to run a track meet. Lisa Michaleski, who is

the hockey manager, she volunteered to come out and marshall with us and she did an amazing job."

At press time, the results from the meet were not available. The meet now has a website and it can be found at [royalrumble.ca](http://royalrumble.ca).

Selkirk hosted a KPAC meet this past Tuesday and will have another one here on Thursday. The MHSAA track and field provincials will be held in Brandon on June 8-10.

## Derewianchuk wins scholly, top goalie award



RECORD PHOTO BRETT MITCHELL

The Selkirk Fishermen's Owen Derewianchuk was awarded a \$250 Capital Region Junior Hockey League scholarship. He was also named the league's top goalie.

### What's *Your* story?

**We want to hear from you.**

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

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# The Selkirk Record

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Royals advance to KPAC baseball final

By Brian Bowman

It was a wild, wild week for the Selkirk Royals' baseball team.

Selkirk finished the week with a huge 2-0 win over the River East Kodiaks last Friday to earn a spot in the KPAC final.

"It was a must-win game and we came out and played really strong defensively," said Royals' coach Michael Buffie. "We had our No. 1 guy, Andrew Haldun, on the mound and he pitched three no-hit innings and then Ethan Debiuk came in for two innings and he shut it down. We didn't score as many runs as we were hoping to but our defence shut it down and our pitching shut them down."

The Royals also had some help from their Garden City friends as the Fighting Gophers trounced the West Kildonan Wolverines 9-1 on Friday which forced a three-way tie for second place.

The Royals earned second place based on having the lowest runs against in games against River East and West Kildonan this season.

Selkirk will face Garden City in the championship game on Thursday (5 p.m.) at Shaw Park.

"We played them earlier in the season at Shaw Park and that game didn't go our way," Buffie admitted. "We kind of had the adrenaline pumping too much and we didn't have too sharp of a defence. But I think the guys will be ready and will know what to expect. I think it will be a really good game."



RECORD PHOTO SUBMITTED

The Selkirk Royals' baseball team played the Garden City Fighting Gophers in a KPAC game at Shaw Park on May 16. Pictured, back row, Michael Buffie (coach), Jackson Still, Ryder Wilson, Gilbert O'Conner, Noah Minaker, Jackson Gwynne, Zach Van Aert, Andrew Haldun, and Shawna Cromie (trainer). Front row Marshall Kitley, Jostyn Jonatanson, Liberty Aime, Ryan Cromie, Jonny Enns-Demchuk, Drake Vermeulen, and Wyatt Amos. Missing from the photo is Easton Vermeulen, Ethan Debiuk and Trevor Churchill (coach).

## Steelers' prospects golden



RECORD PHOTO SUBMITTED

Two Selkirk Steelers' prospects Ian Buors and Luke Wagner won gold at the 2023 National Aboriginal Hockey Championship held in Winnipeg May 7-13.

Selkirk finished KPAC play with a 4-2 record.

"I think we could have had another win out there, the West K loss was a little disappointing," Buffie said. "We beat ourselves but to win the other four games, we played really good. We have a young team and it's exciting that we were able to compete with some of the top teams in the province and we're excited to take on Garden City on Thursday."

Last Wednesday, Selkirk lost a tough 3-2 deci-

sion to the West Kildonan Wolverines and then blasted the Transcona Titans 21-0 in KPAC play at Optimist Park.

On May 16, the Royals lost 17-10 to Garden City at Shaw Park.

If Selkirk doesn't win KPAC, they plan to apply for a wildcard for the MHSAA provincials which will be held June 1-3 in Baldur and Glenboro.

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## take a break > GAMES

### SUDOKU

8					4		2	
		8					9	
		6	7					
		5						
9		7		6				
2	6	7	9					
		4		9	1		5	
				4	3		1	
			5		6			

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	7	9	8	7	5	1	2	3
1	8	3	4	9	2	6	9	7
7	5	2	1	6	3	4	8	9
4	1	8	5	3	6	7	9	2
3	2	5	9	1	7	8	4	6
9	7	6	2	8	4	5	3	1
8	3	1	7	4	9	2	6	5
5	6	7	3	2	8	9	1	4
2	9	4	6	9	5	1	3	8

Sudoku Answer

P	E	T	S	N	I	S	V	D
S	R	O	T	A	N	E	S	A
E	S	I	R	A	H	P	S	B
U	D	F	R	E	U	D	I	B
B	I	G						
V	R	P						
N	D	R	A	B	V	A	B	A
D	L	E	F	L	F	L	V	S
H	S	V						
S	R	A	G					
D	N	I	C					
A	D	M	E	N	T			
T	A	T						
D	D	E	A	D	E	A	B	A

Crossword Answer

## X CROSSWORD

**CLUES ACROSS**

- 1. Wear away by friction
- 7. Insecticide
- 10. Elicited a secret vote
- 12. Beef
- 13. Disagreement
- 14. \_\_\_ Crawford, supermodel
- 15. Jeweled headdress
- 16. Digits
- 17. Trillion hertz
- 18. Snap up
- 19. Classical portico
- 21. Residue after burning
- 22. Large integers
- 27. Free agent
- 28. Where ballplayers work
- 33. Blood type
- 34. Scottish city
- 36. Google certification (abbr.)
- 37. Serbian monetary unit
- 38. Make a sudden surprise attack on
- 39. Wood or metal bolt
- 40. Relaxing attire
- 41. Famed neurologist
- 44. Dullish brown fabrics
- 45. Member of ancient Jewish sect
- 48. Griffith, Rooney
- 49. Lawmakers
- 50. Government lawyers
- 51. The arch of the foot

**CLUES DOWN**

- 1. Nonflowering aquatic plant
- 2. Britpop rockers
- 3. National capital
- 4. Consumed
- 5. The habitat of wild animals
- 6. Sun up in New York

		1	2	3	4	5	6		7	8	9	
10	11								12			
13									14			
15									16			
17									18			
19			20						21			
22				23	24	25	26		27			
	28							29		30	31	32
				33			34					35
					36					37		
					38						39	
		40								41	42	43
44						45	46	47				
48						49						
50						51						

- 7. Cygnus star
- 8. Male parents
- 9. Talk to you (abbr.)
- 10. A place to clean oneself
- 11. Southwestern US state
- 12. South Korean idol singer
- 14. Pirate
- 17. Pituitary hormone (abbr.)
- 18. Mistake
- 20. Promotions
- 23. Prepares
- 24. Partner to flowed
- 25. State lawyer
- 26. Patti Hearst's captors
- 29. Pound
- 30. Electronic data processing
- 31. Sports player
- 32. Treats with contempt
- 35. Apprehend
- 36. Excessively talkative
- 38. Highways
- 40. Ribosomal ribonucleic acid
- 41. College organization for males
- 42. Any customary observance or practice
- 43. Employee stock ownership plan
- 44. Male parent
- 45. The 23rd letter of the Greek alphabet
- 46. Female bird
- 47. Autonomic nervous system

# Classifieds

*Selkirk Record*

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We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

**Qualifications:**

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**Summer Student Employment Opportunity**

**ADMINISTRATIVE SUPPORT STAFF**

The RM of St. Clements has received approval for funding of an administrative support staff position under the Manitoba Metis Federation Summer Student Employment Program. The summer student position is for 35 hours per week Monday – Friday ending September 1, 2023. *The successful applicant will be involved in the many varied activities of a municipal office, including but not limited to:*

- Prepare Council agenda's and Minutes;
- Maintain Council registrations;
- Customer Service
- Preparing correspondences;
- Providing timely information to the ratepayers and the public on general inquiries, assessments, taxes and planning
- Electronic filing of historical documents

*Qualified candidates are invited to submit a resume and cover letter referencing job title "SSEP – Administrative Support Staff" by 4:00pm June 16, 2023 to:*

Heather Stanik, Manager of Administration and Planning  
Rural Municipality of St. Clements  
1043 Kittson Road Box 2, GRP 35, RR1  
East Selkirk, Manitoba ROE OMO  
Email: [heather@rmofstclements.com](mailto:heather@rmofstclements.com)

*Individuals applying for this position must be:*

- Metis students between the ages of 15-30 who attended school full-time during the current academic year and who are returning to school on a full-time basis in the upcoming academic year (part-time and distance education students do not qualify);
- must be legally entitled to work in Canada and;
- Student(s) 15 years of age must complete the Safe Work Manitoba Young Worker Readiness Certificate course and provide a copy of certificate before starting work and provide written consent from a parent or guardian before starting working.

*Applications will be reviewed as they are received. We thank all who apply and advise only those selected for further consideration will be contacted.*

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**Summer Student Employment Opportunity**

**MUNICIPAL OFFICE CLERK**

The RM of St. Clements has received approval for funding of an administrative support staff position under the Canada Summer Jobs Program. The summer student position is for 35 hours per week Monday - Friday ending August 25, 2023. *The successful applicant will be involved in the many varied activities of a municipal office, including but not limited to:*

- Reception support for phone and counter inquiries;
- Cash receipting;
- Preparing correspondences;
- Providing timely information to the ratepayers and the public on general inquiries, assessments, taxes and planning
- Electronic filing of historical documents

*Qualified candidates are invited to submit a resume and cover letter referencing job title "CSJP – Municipal Office Clerk" by 4:00pm June 16, 2023 to:*

Heather Stanik, Manager of Administration and Planning  
Rural Municipality of St. Clements  
1043 Kittson Road Box 2, GRP 35, RR1  
East Selkirk, Manitoba ROE OMO  
Email: [heather@rmofstclements.com](mailto:heather@rmofstclements.com)

*Individuals applying for this position must be:*

- between 15 and 30 years of age (inclusive) at the start of employment;
- a Canadian Citizen, permanent resident, or person on whom refugee protection has been conferred under the Immigration and Refugee Protection Act\* and;
- legally entitled to work according to the relevant provincial / territorial legislation and regulations

*Applications will be reviewed as they are received. We thank all who apply and advise only those selected for further consideration will be contacted.*

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### UPCOMING EVENTS

**UPCOMING EVENTS**  
Cloverdale United Church service on May 14 & 18 at 10:30 a.m., Millie Lewis officiating. June 4th - Harmony band; whist every Friday at 12 noon, ending May 26th. Nonie 204-482-5359.

Grand Marais Rec Centre Annual General Meeting/ Elections on Saturday, June 3rd at 3 p.m. at 90 Matilda Avenue in Grand Marais, Mb. Positions to be discussed - President, Treasurer, Secretary, Bingo Coordinator & 2 Directors positions. You must have a valid Rec Centre Membership (minimum 3 months in good standing) to vote or run for any board position, but all may attend the meeting.

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### UPCOMING EVENTS

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*Don't forget to send your special wishes to your friends and family with a message in the*



### NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF CATHERINE WAYTIUK, late of the Town of Oakbank, in the Province of Manitoba, deceased. ALL claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices at 183 Main St., Selkirk, MB, R1A 1R5, on or before the 17th day of June 2023. DATED at the City of Selkirk, in Manitoba, this 16th day of May 2023. PKF LAWYERS-Selkirk MB office Adam Kelso, solicitor for the Executor

**The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-785-1618**

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# Announcements

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### ANNOUNCEMENT

#### BIRTHDAY



**Olga Lachuta**  
Happy 80th Birthday  
on May 28th

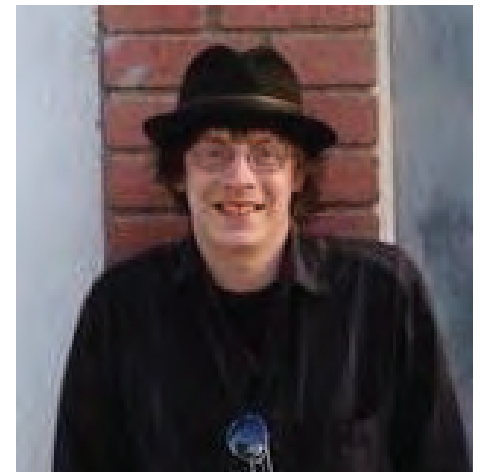
Polka music, perogies and pussy cats are what this Baba loves!

Wishing Baba (Olga) a wonderful 80th Birthday

-Love Vivian, Scott, Kirstie, Bethany and Ben  
XOXO

### ANNOUNCEMENT

#### IN MEMORIAM



**Travis Neil Schmidt**  
December 2, 1991 - May 25, 2020

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May your song always be sung"

-Forever missed and loved by your friends and family

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### ANNOUNCEMENT

#### IN MEMORIAM

**Al Barr**  
June 6, 2017

We think of you in silence,  
We often speak your name;  
But all we have are memories,  
And your picture in a frame.  
It broke our hearts to lose you,  
But you did not go alone,  
For part of us went with you,  
The day God called you home.

-Love you forever and always,  
Janice, Rod and Ruby

*Your memory will live forever  
Engraved within our hearts*

### ANNOUNCEMENT

#### IN MEMORIAM



**Lawrence Drialich**  
May 26, 2018

It's been 5 years since you sadly left us and we miss you,  
All those unfiltered conversations or you telling us how to do something.  
After you passed, we had 2 summers of garage sales,  
a lot of people bought things of yours just to have something to remember you by.  
After listening to all the stories and people telling us how much they were going to miss you.  
I don't think you knew how much you really meant to everyone.  
The cranky old man changed a lot of people's lives.  
Everyone knew there was a heart of gold behind the bark  
We watched you battle cancer with a positive attitude and a lot of strength.  
The last 345 days, we felt helpless because you were fighting the worst sickness, a broken heart, with no chance for a cure.  
The cure came when you passed and went to the upper room to be with Mom.  
We miss you Mom and Dad  
-Al, Marisa, Megan, Harley, Rick



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## OBITUARY

### Sarah (Sally) Louisa Bullivant

Peacefully, on Thursday, May 18, 2023 at the Selkirk Regional Health Centre, Sally Bullivant, aged 86 years of Selkirk, Manitoba passed away.

In keeping with her wishes, cremation has taken place and a graveside service will be held on Friday, June 2, 2023 at 11:00 a.m. at the St. George's Anglican Cemetery, Wakefield, Manitoba. Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Evelyn Joan Geard (nee Humes) November 17, 1931 - May 17, 2023

Evelyn passed away peacefully in her sleep at the Selkirk Regional Health Centre at the age of 91. She leaves to cherish her memory, her husband Edward (Ted), her son Warren, brother Bob (Jan) and brother-in-law Andy. Her stepchildren Brian (Sheri), Gail (Neil) and Susan. Her grandchildren Nola (Devon), Grant (Katrina) and their mother Elaine, and Shaylene. Her niece Connie, and nephews Russell, Wesley, Dale, Dion and their families, and many dear friends.

She was predeceased by her daughters Arlene and Katherine, sister Sylvia and parents Walter and Lillie Humes.

The family would like to thank the nurses and doctors at the Selkirk Regional Health Centre for their care and compassion during her stay in the hospital.

As per Evelyn's wishes, cremation has taken place and a private service will be held at a later date. In lieu of flowers, donations may be made in her memory to CancerCare Manitoba. Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Sylvia Marilyn Peebles

After a long hard battle with heart issues Sylvia Marilyn Peebles, aged 69 years, passed away with her sons by her side at the SRHC on May 11, 2023.

Marilyn was a loving mother, grandmother, sister, aunt, and an amazing friend.

She leaves to mourn her passing her sons Ian and Cory, chosen daughter Sierrah, grandchildren Ariana, Ashton, Becky, Kiara, sister Darall, nieces and nephews, cousin and best friends Gloria (Ida) and Roger and a very special aunt Clara.

Marilyn was predeceased by her mother and father, Edith and Radford, sisters Linda and Brenda, brothers-in-law Chuck and Earl and her soul mate Ian Swain.

Marilyn was a devoted and caring mother and her children and grandchildren were the sparkle in her eyes. No one and nothing was more important to her than family. If there was anything you needed and she had it, it was yours. She would do whatever she could to help family and friends.

In keeping with her wishes, cremation has taken place.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Kyle Edwin Wass May 14, 1974 - May 17, 2023



It's with heavy hearts that we announce the unexpected passing of our son, brother, father, uncle, great-uncle and grandson, Kyle Wass.

Kyle was a fun loving, spontaneous father to his four children, Eric (Shyanne), Braedan (Nienke), Ava and Isaac. He was so proud of all of them. He loved Ava's beautiful smile, Isaac's contagious laugh, Eric and Braedan's accomplishments.

Kyle is survived by his children, his parents Ed and Carol, his sister Karla (Richard), nephew Dawson (Sydney) and great nephew Kaylum. Along with his papa Charlie Wass and a lot of extended family and friends.

Kyle will be greeted by his Nanny, Grammy, and Bobby. "Death leaves a Heartache no one can heal;

Love leaves a memory no one can ever steal."

Celebration of Life will be held on Wednesday, May 24, 2023, at 11:00 a.m. in the Gilbart Funeral Chapel, Selkirk, MB.

Interment will take place at a later date.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



Sherrilyn June Indridson Karpish, B.Sc. ED passed away on Mothers Day, May 14, 2023 after a courageous battle with cancer at age 76 just short of her 77th birthday.

Predeceased by her parents William Indridson (Irene), and her most cherished uncle Lallie Indridson (Thelma), for whom she had a very special place in her heart.

Survived by her husband Doug Karpish, daughter Lorene Desmarais (Mark) grandchildren Anna and Caroline, son Paul Jeffery (Lisa Jacobson) grandchildren Emmerson and Eveline, daughter Dara Prychun (Patrick) grandchildren Preston and Tyson, step-son Jeffery (Lesley), step-daughter Shannon Sidak (Rob) grandchildren Travis and Taylor, step-daughter Shelley Van Brocklin (Jim) grandchildren Aaron, Carrisa, and Noah. Also mourning are sister Wilene Place (Dave) and family, sister Leah Porter (Doug) and family, brother Carson Indridson, as well as

numerous nieces and nephews.

June went to school in Selkirk and after graduating early she made the choice to attend the University of North Dakota where she obtained a Bachelor of Science in Education degree. It was there that she met her first husband Brian Jeffery. Together they moved to The Pas in northern Manitoba to start a family and work at the college where June taught Physical Education. Three babies later, June returned to live in Selkirk where she continued substitute teaching for various schools in Selkirk. Always driven to excel, June obtained her accounting degree through CGA at home while the kids were still young. As a single mother she worked several accounting positions, at one point three at the same time to provide for her family, until she settled in with Wes-Man Mechanical for the balance of her career. Counting down the days, June retired at 65 and not a day more.

During her life, June always kept busy. She enjoyed playing baseball and was a keen curler in her day, making many lifelong friends along the way. Amma loved spending time with all her grandchildren. Sleepovers were a common event and were always filled with belly laughs, funny movies, and games of hide and seek. She enjoyed sharing her love of cooking and baking, having made many pots of gumbo soup, banana split cakes (unforgettable!), and of course red velvet cake—Doug's favourite! Being half Icelandic June also found it important to share her heritage, teaching many family members how to make Vinarterta and other Icelandic treats.

June loved to have fun but when it was time to be serious she knew every etiquette in the book, and then some. Ever the traditionalist, she extolled and role-modelled the virtues of being responsible, respectful, hard working and loving—family always came first before all else. She was smart, witty, crafty and very well read. She knew a lot about everything and very little about nothing. She could sit and talk for hours on any topic and could give you a great debate should you disagree with her position. To that end, she spent several years in a book club with a group of wonderful ladies who would be friends till the last.

With a needle as her tool, thread and fabric as the medium, June expressed her creativity by crafting several beautiful needlepoints, cross stitches, and quilts, destined to become family heirlooms. Not phased by any challenge, she completed a large detailed replica of the painting "A Reverie" which took 15+ years and thousands of tiny stitches to create.

An avid traveler, June embarked on many overseas trips with family and friends. She especially loved to travel with her husband Doug, whom she married in August of 2020, where every winter they planned excursions through the United States. Together they explored cities, histories and culture while visiting family en route. An enthusiastic story teller, she loved to share all that they had learned and experienced, recreating all the nuances to make you feel as if you were there.

June, Mom, Amma, your presence will be deeply missed,

við elskum þig (We love you!)

A celebration of her life will be held on Friday, May 26, 2023 at 1:00 p.m. in the Gilbart Funeral Chapel in Selkirk, Manitoba with a luncheon to follow. A private interment will take place prior to the service.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



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TOP 21

#15 TEAM IN CANADA BY UNITS 2022

TOP 30 UNDER 30

IN CANADA BY UNITS 2021, 2022 BY PRODUCTION 2022

TOP 1%

IN CANADA BY UNITS 2021, 2022

TOP 3 TEAMS MANITOBA

BY PRODUCTION & UNITS 2020 #2 MB TEAM BY UNITS 2021 & 2022



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### SHOW HOME OPEN! FEATURE OF THE WEEK!





**486 PONEIDA ROAD, WEST ST. PAUL \$997,800**







**HH TEAM** PRICE IMPROVEMENT!


**\$469,900**


508 Corinne Ave  
Petersfield

**HH TEAM** 5.70 ACRES!

**\$455,900**

756 Schmid Road  
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**EVERY WEDS & SUNDAY FROM 1 - 4 PM!**  
801 VAUGHAN AVE, SELKIRK | \$499,900

**HH TEAM** NEW!

**\$537,900**

576 Lockport Road  
Lockport

**HH TEAM** NEW!

**\$997,800**

486 Poneida Road  
West St Paul

**HH TEAM** NEW!

**\$269,900**

384 Banning St  
West End, WPG

**HH TEAM** NEW!

**\$199,000**

20 Creek Place  
East Selkirk

**HH TEAM** 1,365 SQ FT!

**\$299,900**

1064 Sherburn St  
Sargent Park, Wpg

**HH TEAM** TO BE BUILT!

**\$375,000**

928 Belanger Trail  
Selkirk

**HH TEAM** TO BE BUILT!

**\$329,000**

932 Belanger Trail  
Selkirk

**HH TEAM** 1 ACRE! UPDATED!

**\$534,900**

885 Colville Road  
East Selkirk

**HH TEAM** LOTTO BUILD ON!

**\$42,000**

15 Wedgewood Pl  
Gimli

**HH TEAM** VACANT LAND!

**\$42,000**

17 Brunel Lane  
Gimli

**HH TEAM** LOTS TO BUILD ON!

**\$109,900 EA.**

2 & 15 Fuller Road  
East Selkirk

**HH TEAM** SOLD!

**\$56,900**

1748 Janisch Road  
Petersfield

**HH TEAM** SOLD!

**\$599,900**

3605-6940 Henderson Hwy  
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**HH TEAM** SOLD!

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**ASHLEY** NEW PRICE!

**\$137,000**

667 Boyd Ave  
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**ASHLEY** O/H MAY 27TH 1-3PM!

**\$389,900**

1022 Donald Rd  
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**ASHLEY** CREEK FRONT!

**\$85,000**

Kimberly Rd  
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**ASHLEY** 4 ACRE LOT!

**\$185,000**

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East Selkirk

**ASHLEY** REVENUE PROPERTY!

**\$135,000**

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Winnipeg

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**\$190,000**

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