



# The Selkirk Record

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THURSDAY, MAY 27, 2021

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RECORD PHOTO BY KATELYN BOULANGER

The owners of the Garry Theatre, which has been closed for several months due to COVID restrictions, have decided to close the theatre and are putting the building up for sale. Read more on page 3. Pictured: Former manager of the Garry Theatre Matt Evans.

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# Curtain call for Selkirk's Garry Theatre

## Owners of Landmark Cinemas close four single-screen theatres this May

By Katelyn Boulanger

Landmark Cinemas, the company that owns Garry Theatre, made the decision to close Selkirk's single screen theatre on May 17.

"What our experience has been, is it takes an owner/operator [with an] entrepreneurial/community-based mindset to be able to make [single screen theatres] viable and for us as a larger company, we're just trying

to focus [our] energy and effort into other markets where we have some of the bigger theatres," said Landmark Cinemas CEO Bill Walker.

The company made the announcement that the theatre was closing in a press release with the final day being May 17 of this year. Because of COVID-19 restrictions, however, the theatre did not play a final movie that day.

"As much as I feel tough about it, as mayor, I do not want to lose any businesses. You know, it didn't really come as a huge shock. It was something that I think people were maybe half expecting, but, at the end of the day it's still really, really sad," said Selkirk's mayor Larry Johannson.

He says that he has many memories at the theatre most recently taking his grandchildren to movies.

"They give us a call and we would take them and sit in the balcony with

popcorn and licorice and drinks. It's been a lifelong [destination] the Garry Theatre for me, right from when I was a youngster with my parents going to my preteen years, and then the teen years and young adult years and going with our kids and eventually going with our grandkids, so lifelong memories for me," said Johannson.

Former Garry Theatre manager Matt Evans said that part of the charm of

Continued on page 4



RECORD PHOTO BY KATELYN BOULANGER

Matt Evans outside of the Garry Theatre.

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## > GARRY THEATER, FROM PG. 3

the theatre in our community came from the retro vibes visitors enjoyed when they visited.

"It's a throwback to the 50s charm movie theatres. The old seats, the ramp style seating instead of bleacher-style seating, it gave it that nostalgia. When you walk in nothing changed from the front lobby to the entrance, you see the old wooden poster display, the old box office stand. You walked in the concession area and it looked like it was right out of the 1970s. You walked in, and you just have that old theatre charm," said Evans.

He definitely has some happy memories that he will keep from his time as the manager such as the time the boiler went out and guests had to cuddle up in blankets to watch movies and the times that the theatre sold out for shows under his watch.

"My grandparents went there and my parents went there. A lot of memories of bringing my kids there and then running the theatre and actually has given my kids their first job there," said Evans.

His experience isn't unique with many families having spent time together at the theatre since its opening on Nov. 29, 1948.

The theatre's run has not always been smooth however, with a fire in the early hours of Jan. 3, 1954 burning the entire inside of the building and

closing the theatre until repairs could be made.

The grand reopening took place on April 12 of the same year with Kiss me Kate starring Kathryn Grayson and Howard Keel being shown and all proceeds going to buy new equipment at the Selkirk General Hospital. At the time it was rebuilt it was the only theatre in Canada built for extra widescreen presentation.

Back in the world of 2021, Walker says that this decision to close was not made as a result of the COVID-19, however, the pandemic restrictions did make it so that all staff at the theatre had been let go prior to the closure announcement.

Shirley Muir co-founder of Holiday Alley says this could be an opportunity for Selkirk.

"I'm very excited about what could happen with that space in the future. I think we only need to look at other examples in Winnipeg where older spaces like that have been [bought] by loving and smart future owners to see what's possible. Think about the old Park Theatre, think about the West End Cultural Center that started off as a pretty old dilapidated little building. The potential in the right hands is very exciting," she said.

Johannson agreed saying, "I think people have to remember we service the Interlake and I could see people

driving into [Selkirk] to have an evening out — go for pizza, go for a movie and make a nice summer night or winter night out of it. I hope somebody picks it up and runs with the idea."

And, with interest in the property already being expressed, the Garry Theatre may not have taken its final bow after all.



RECORD PHOTO BY KATELYN BOULANGER

The Garry Theatre as it was on its closing day.

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# Marsh fire brings smoke to region

## Firefighters from all three St. Clements detachments deployed

By Katelyn Boulanger

Residents noticed a drop in air quality the weekend of May 15 when smoke and ash resulting from a fire in the Netley-Libau Marsh descended in the region.

The firefighters from all three detachments in RM of St. Clements were called out to help control the blaze on Saturday afternoon.

"It was burning along the shore of the Red River across from, Breezy Point near where Netley Creek comes into the river. It was burning [with a] South wind and it was burning along the shore in [the] high grass and weeds and [it was] inaccessible by us," said Kevin Zacharkiw East Selkirk Fire Department Fire Chief.

The marsh terrain and lack of roads in the area made getting to the fire very difficult for the fire department but luckily they were able to coordinate to be able to get a birds-eye view of the situation.

"Conservation came in, the wildfire program came in with a helicopter, and was able to take us up and give us an overhead view of the fire and all we could do was watch it because it was not accessible and it was not threatening any properties or houses or anything of value," said Zacharkiw.

Since then they have been keeping a close eye on the situation with a drone from the public works department as well as by driving by the site, which is able to give the firefighters a better idea of the situation.

On Sunday May 16, the wind shifted to the West and the determination was made that water bombers had to be called in, in order to save some residences that were being threatened and control the situation further.

The situation also warranted the placing of a temporary roadblock between the north end of St. Peters rd. (PR 508) just past the Peltz Dike area and Rd 85 N, at the intersection of Rd 85 N and Two Mile Road.

Zacharkiw said that the fire was under control by Monday and they calculated approximately 1500 hectares of burnt area resulted from the fire.

Though the cause of the fire is still unknown he would like to remind residents that there is still a burn ban in place in St. Clements as well as many other RMs in the area.

"Burn barrels are included in that and also now, we wouldn't want people having any recreational fires, either [for example] bonfires and stuff.

It's just way too dry and it's been way too windy and we'd appreciate it if they'd be careful," said Zacharkiw.

Steve Strang, the Manitoba Director of the Red River Basin Commission, says that though fires are part of natural cycles in the marsh, man-made fires are not great and he would like everyone to be very careful out there.

"Fires are a natural occurrence and, the odd [not man made] burning down of the wetlands and dead growth allows the opportunity for the new growth, which is starting to come up, an opportunity to come through the system easier, because they're not fighting to get on top of the old-growth," said Strang.

He also said that they are also hopeful that the timing of the fire earlier in the season means that it did not do a great deal of damage to birds nesting this year.

This fire also did not interfere with the timeline for the RRBC's Netley Marsh Restoration Project, which pending final details, they hope to be able to start on August 1.

Strang, however, cautions residents to be careful when they are out enjoying nature.

Continued on page 6



RECORD PHOTOS SUBMITTED

Photos of the Netley-Libau Marsh fire that started on May 15.



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# RCMP reminds public about bicycle safety

By Sydney Lockhart

As the weather warms up biking season arrives once more, and the RCMP are reminding everyone that taking a few steps towards basic bike safety can make your ride much more enjoyable.

"Safety [is] not for just themselves but for fellow pedestrians and drivers," said RCMP Constable David Wong.

One of the most important things cyclists can do is to wear helmets that are approved by the Canadian safety standards symbol, are bright coloured, fit snugly, are less than five years old and are buckled up properly.

"In my mind, because adults tend to be biking at a higher speed than the kid would be on the road. Larger risk factors are there so I would much prefer an adult to be wearing a bicycle helmet as well," said Wong.

The RCMP recommend that cyclists wear a helmet at all times, despite the law only requiring helmets for those 18 years of age and under.

"Your head is just as precious as a kid's head in my mind," said Wong.

Other bike safety rules recommended by the RCMP are using hand signals, obeying traffic rules, keeping to the right, shoulder checking, turning carefully, being cautious around parked and moving cars, knowing where to ride and making sure you are visible to others at all times.

"[Drivers] are looking for cars, listening for larger automobiles, [it's] the same with motorcyclists. They don't see something that's small, in their side view or rear-view mirror," said Wong.

He added that cyclists not being visible is a large problem when on the road results in many vehicle and bicycle collisions.

"The most important thing is just letting people know to wear their bike helmets, bright coloured clothing, or



RECORD PHOTO BY BRETT MITCHELL

Connor and Lucas riding their bikes safely.

[to have] lighting on their bikes, because the number one thing, if they are biking on the road, is that people can see you," he said.

While many people bike on sidewalks Wong said adults should technically bike on the roadways.

"I can understand why they want a bike on the sidewalk. They feel it is safer because it's on the sidewalk, there's not going to be a car on the sidewalk. However, there are rules, you're supposed to be biking on a roadway," he said.

Wong added that they won't stop children from biking on sidewalks because it is safer for them, however, they will stop kids if they see them not wearing helmets.

"We don't want to come down hard and enforce tickets, that is not educational," said Wong.

He said instead of ticketing people under 18, they stop and talk to them about bike safety, and ask to speak to

their parents about the importance of wearing a helmet.

"We have police officers on bikes biking around because it allows us access to different areas of the City of Selkirk that normal police cars can't get into," he said.

This year the pandemic put the annual RCMP bike rodeo on pause that they run for grade three students to teach bike safety but Wong says that

they plan to bring it back when it is safe to do so.

"Once COVID stops, we'll be back in schools to try to do those bike rodeos where we can educate kids on the importance of a helmet, especially younger kids that are newer to biking," he said, "We go through bike safety bike rules, hand signals, like the basics of bicycling while on the road."

## > NETLEY-LIBAU FIRE, FROM PG. 5

"Just be aware that there's a fire ban on right now and if you're out and about, the simple thing of just throwing a cigarette butt into some grasses can create havoc. When you look at the fire that has just come through the marsh, look at the expense. We had to bring in water bombers in order to try to put it

out and that's a cost to the taxpayers. So, be aware of your actions," said Strang. "[The marsh is] home to many birds and animals and they want their home to be protected as well as you want yours to be protected. So, take care of them. Take care of yourself."

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# Selkirk's annual infrastructure open house goes online

## Video conference tech allows annual meeting to come to residents

By Katelyn Boulanger

Selkirk held its annual infrastructure open house virtually this year as COVID-19 restrictions wouldn't have allowed an in-person gathering to take place on the evening of May 13.

The meeting started out with an introduction by Selkirk's Marketing & Communications Coordinator Vanessa Figus before Dan McDermid, Selkirk's Director of Operations took the stage to present the projects planned for 2021.

"Normally, we have these in person, but as everybody knows, we can't do stuff like that right now. So, this was our best effort at still sharing information with you the effective property owners and homeowners and residents of our city so that you could still get information on — what was going on, why is it happening on my street, how do I communicate, and, how does the city communicate with me. This [presentation will] hopefully give you some of that information so that you're better prepared and also is a chance for us to listen to you to we can potentially be better prepared for issues," said McDermid.

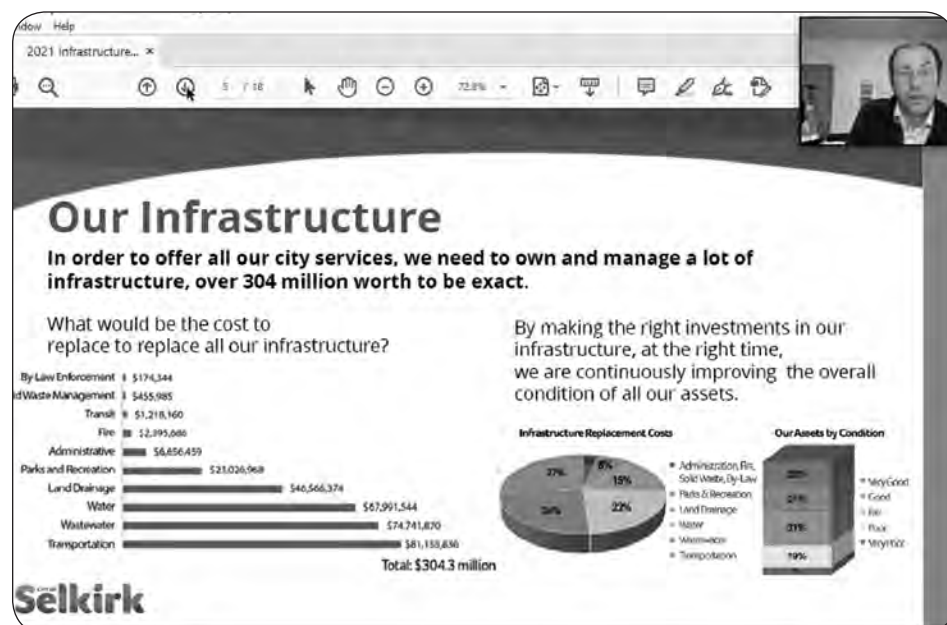
He then discussed the process for which the city makes determinations about which infrastructure and large assets need to be dealt with which is through their Capital Asset Management Program (CAMP). This program rates the condition of assets to determine which are in the worst condition

and when they will need to be upgraded.

Some of the projects that will be tackled in the coming year are:

- A sidewalk on Manitoba Ave. from Annie St. to Mercy St. on the south side
- On Robinson Ave. some curbing will be put in as well as expanding the boulevard and planting trees.
- An active transportation pathway will be installed on Manitoba Ave. on the north side from the existing pathway on Easton Dr. down to Main St.
- Some work will be done on Eveline St. between Eaton Ave and Queen Ave. however, the project will take place over two years and so will not be completed this year.
- The water tower painting project is taking place.
- Agnes St. has already had a wastewater sewer renewal and will have a water main lining, a road reconstruction and a sidewalk installation.
- Behind Purvis Blvd. there will be a pathway put in place.

McDermid then showed a tentative schedule of when they expect work to take place should all go well. Some projects of note were the Manitoba Ave. pathway which is scheduled to start in the middle of July and go on for four weeks, the work on Robinson



RECORD PHOTO BY KATELYN BOULANGER

Part of the presentation at Selkirk's online infrastructure open house.

Ave. will start in the middle of August and last about four weeks, the Manitoba sidewalk on the south side will start in September and last for roughly four weeks, and the water tower painting project is scheduled for its big unveiling also in September.

With the exception of the water tower project, most of the projects will affect some residents access to their properties at some point.

"The contractors do start fairly early, usually around 7 a.m. and usually they go fairly late until roughly around 7 p.m. They do have a lot of heavy equipment, a lot of big equipment, and that does have it does come with a lot of noise and a lot of vibrations," said McDermid.

He did acknowledge that some of the projects may make driveways inaccessible at times but said that residents should always have access to their street even if their driveway is blocked and encouraged residents to sign up for infrastructure updates at <https://www.myselkirk.ca/city-services/public-works/infrastructure-projects/> to keep the most up to date on projects. A copy of the slides that went along with the presentation on May 13 is also available at the link.

# Tips for wildfire readiness from the Canadian Red Cross

Submitted by the Canadian Red Cross

With dry conditions across the province, the Canadian Red Cross has some tips for keeping your home safe and your loved ones prepared for wildfires:

- Know the risks in your community as conditions can change quickly. The Government of Canada has a fire management information system that monitors fire danger conditions across the country at Canadian Wildland Fire Information System.

- Take steps to keep your house and surrounding area clear. Regularly clean roofs and gutters, and remove dried out branches, leaves, and debris. It is good practice to maintain a 1.5 metre non-combustible zone around the home by raking down to soil, rock, or concrete.

- In case of wildfires, keep a small household item like a rake or shovel handy to tamp down small fires before emergency responders arrive. Ensure that driveway entrances and house numbers are clearly visible for identification ease for firefighters.

- Keep an emergency kit on hand in case of evacuation. A basic kit should include supplies for 72 hours after an evacuation and include non-perishable food, cash, a first aid kit, keys, medication, a change of clothes, water, and important documents, such as home insurance information.

Update your kit regularly to discard expired medication and food. Include items to avoid the spread of COVID-19 including masks, hand sanitizer, sanitizer wipes, and gloves.

Go to [redcross.ca/ready](https://redcross.ca/ready) to learn

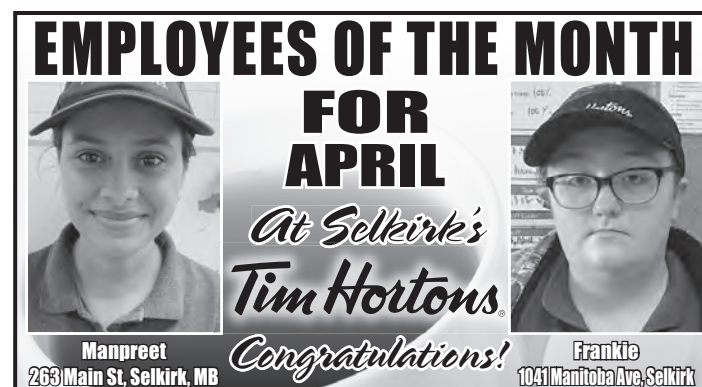
more about assembling an emergency preparedness kit.

- If an evacuation is imminent, back your car into the driveway with the windows closed and valuables packed. If you have pets, keep them close and under control. Close all windows and doors in the house to reduce smoke and debris from entering your home. Move all combustibles away from the house, including barbecues, firewood, and lawn furniture.

- Be certain to listen closely for updates on TV and radio in-

cluding road closures and evacuation routes. Follow instructions from emergency officials and stay safe.

Wildfires are unpredictable and evacuations are never easy, but with some preparation you can give yourself a little peace of mind.





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## Caution advised in relying on protection from one dose of Pfizer

**By Patricia Barrett**

Researchers have determined that the Pfizer-BioNTech vaccine is only partially effective against COVID-19 after one dose, according to the results of an observational study carried out in Israel.

The authors of the study – some of whom hold stock and stock options in Pfizer – advised caution with regard to relying on one dose for protection against COVID and its variants as people will have lower levels of antibodies against the disease.

The study titled, “Impact and effectiveness of mRNA BNT162b2 vaccine against SARS-CoV-2 infections and COVID-19 cases, hospitalizations, and deaths following a nationwide vaccination campaign in Israel: an observational study using national surveillance data,” was carried out from Jan. 24 to April 3, 2021, and published online May 5 in the medical journal *The Lancet*.

It shows “moderate effectiveness” against COVID after one dose. But it is “highly effective” after two doses.

The vaccine’s effectiveness against death was estimated to be 77 per cent two-three weeks after the first dose in contrast to 98.1 per cent two weeks or longer after the second dose was administered.

The authors wrote that “relying on protection against COVID-19 from a single dose might not be prudent;

BNT162b2 [the Pfizer-BioNTech vaccine] was developed and evaluated in the RCT as a two-dose schedule, and substantially lower levels of neutralising antibodies were observed after one dose compared with after two doses.”

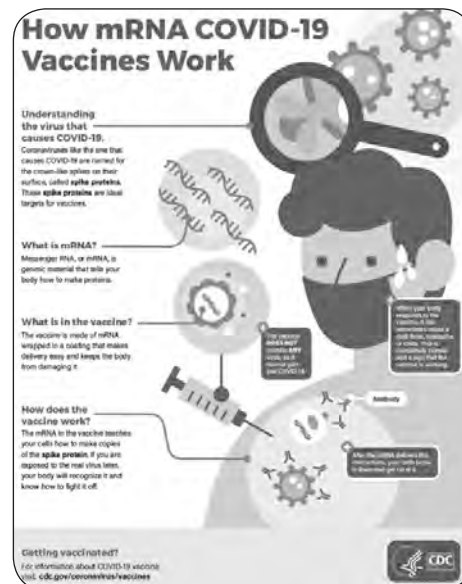
They go on to say that little is known about how long one dose will protect an individual.

“It is possible that one dose will provide a shorter duration of protection than two doses, particularly in an environment where new SARS-CoV-2 variants continue to emerge.”

Israel, which has universal health-care, is leaps and bounds ahead of other countries in terms of the numbers of fully vaccinated individuals. By the beginning of April, 72 per cent of its population aged 16 years and older had received two doses of the Pfizer vaccine.

Pfizer-BioNTech recommends that its two-shot vaccine be given three weeks apart. But Canada’s immunization advisory group, NACI, has recommended a four-month delay between first and second doses because of vaccine shortages. That delay also applies to other two-shot vaccines approved in Canada: Moderna and AstraZeneca.

As Canadians are expected to experience a longer than advised delay between their first and second shots of vaccine, medical experts recommend



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The Pfizer COVID-19 vaccine works by providing the body with a set of instructions for fighting the virus.

vaccinated people continue to follow public health fundamentals such as wearing masks, avoiding gatherings, physical distancing and frequently washing their hands.

## Selkirk and RRN RCMP investigate threats

**By the Manitoba RCMP**

On May 19 at approximately 5:30 a.m., Selkirk RCMP responded to a report of threats at a business in East St. Paul.

A former employee was threatening

to attend the business with a gun.

Selkirk RCMP immediately contacted Winnipeg Police Service, as the former employee resided in Winnipeg. Winnipeg Police Service subsequently arrested the suspect at a home in

Winnipeg.

A 34-year-old male from Winnipeg has been charged with Uttering Threats x3. He was released on conditions.

RCMP continue to investigate.

> Got something you want to get off your chest? How about an act of kindness to share?

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### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

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# Cover plants to protect from risk of frost in June

## Garden centers warn gardeners of putting out plants too fast with risk of frost

By Sydney Lockhart

With June weather around the corner, garden centres are urging customers to start planting with caution at this time of year.

Right now, seeds are able to be planted safely with low risk of damage from cold weather, however, some garden centre owners say not to rush

with annual flowers and vegetable plants.

"You could always get hit with that last little frost. Unless you want to run out and cover them, don't do it," said owner of the Shops of St. Andrews Garden Centre Elizabeth Swirsky.

On the provincial government's Agriculture and Resource Development

website it warns that "The central Interlake and the south-eastern regions of Manitoba can expect frost during the first week of June in one out of every two years."

This wait causes many gardeners to gamble when planting their gardens and risk their plants being touched by frost, which can not only damage foliage but risks the overall health of the plant. For this reason, it is best to wait until the second week of June to plant annuals

Swirsky said this year, due to the pandemic, she has seen many first-time gardeners at her business. She said she would urge new gardeners to ask for advice from garden centre staff, and to start slowly and not invest too much into your first attempt.

"Get their advice as to what you should plant. Don't go whole-hog if you've never done it before and if it's your first time, because then you'll get this you might get discouraged. Start small and expand on it every year," she said.

Soil, whether it be in containers or open gardens is one of the most important elements of gardening according to Swirsky.

"A good foundation is the basis of your garden. So, if you have a very clay heavy soil, which we tend to have

a lot of in Manitoba, there's a product called Clay Buster which breaks down the clay and enriches the soil or you can add your leaf clippings to your soil. In the fall, add compost. It makes such a difference," she said.

Swirsky said that their year has been busy and that the pandemic is not stopping people from getting their hands on plants.

"I would think that the number one seller right now are the vegetable plants. A new vegetable called cucamelon is flying off the shelves," she said.

Cucamelons grow in a vine style with small berry sized melons that taste like cucumber and lime.

Owner of St. Andrews Select garden centre Kelly Dion said this year he has been able to stock a wide variety of plants for the customers that he has lined up out the door for plants.

"It's been [a bit] positive in the fact that everybody's growing a garden that never had a garden before which is kind of good because they can use it for self-healing," he said.

Dion said people can get a head start on their gardening this year by planting things such as onions, garlic, potatoes and seeds which are protected by the soil from any potential last-minute June frost.



RECORD PHOTO SUBMITTED

Plant enthusiast Maia Davison with one of her favourite plants at the Shops of St. Andrews Garden Centre.

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# Fix-Ride-Fit program teaches students about biking

## A break from class to bike helps Happy Thought School students refocus

By Sydney Lockhart

Happy Thought School is helping their students through the pandemic by offering the chance to get active and learn something new by taking time to teach them how to ride their bikes.

Vice Principal Loise Caughell said the staff are seeing some students struggle with the amount of sitting still they have to do every day because of COVID-19 restrictions, and they wanted to find a way to help them refocus.

"It is looking at how some of our little kiddos maybe just need a little break during the day," she said, "We are not moving around as much as we have in the past. Kids are sitting more for longer lengths of time."

The new Fix-Ride-Fit program was designed to help students not only refocus, but also get exercise, practice their bike riding, and learn to fix up bikes.

"It was just really beneficial for self-regulation, just that physical movement, and just when you need a little break," said Caughell.

The school currently has about 10 students who have asked to use the program, and some have convinced their classmates to try the program to help each other out as well.

"We have a student in grade one who started with training wheels and is now riding a two-wheeler and wanted to help another student that she didn't even really know, because that student was still using training

wheels," said Caughell.

She said that the program is fairly new but has already been a success seeing as they have already been able to install bike racks and collected bikes for the kids. They hope to be able to expand the program, but still need to figure out a way to staff it so more children can be supervised at once.

"The community really stepped up quickly. As soon as we let our Happy Thought community know — our families know — we were doing it people started calling right away," she said.

When the students decide they need to go for a bike ride to refocus, Caughell accompanies them along the trails in the back of the school property.

"We stay out as long as we need to, if they just need a quick little five minutes that's what we do. And, if they need to stay out for 15 or 20, then we ride and ride and then come back in," she said.

The program is not just about going out to get a new perspective but also about experiencing something where students can measure their success against their past selves instead of their peers.

"[It's] a little bit of sense of accomplishment and pride and feeling confident about being able to do something as well," said Caughell.

She added that she has seen an improvement in student's ability in the classroom since starting the program.



RECORD PHOTOS SUBMITTED

Students at Happy Thought School enjoying the Fix-Ride-Fit program.

The idea was inspired by a student who would always talk about his love of BMX and how much he enjoyed doing it at home, she then wanted to bring that joy back into school.

"Some kids just need that extra little

time. They come back in and they're ready to learn," she said, "Some sunshine and a little wind in their hair."

If you are interested in helping the Fix-Ride-Fit program phone Happy Thought School at 204-482-4521.

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# Local poet publishes in Australian collection

## Connie Cartlidge writes a poem about her experience with bullying as a child

By Sydney Lockhart

Local author Connie Cartlidge's poem is being published in an Australian collection book titled *Growing Up*.

Cartlidge was inspired to find a home for her written work when she took a writing course where she said her friends encouraged her to not only write in the style of a poem, but to submit it for publishing.

"It's about myself and my friends when we were little and that we were bullies. It's a poem about being bullies to a little boy on the street. It's not very happy," she said.

Cartlidge said the event that inspired the poem took place when she was around 6 years old, but to this day at the age of 64, it still influences the decisions she makes in her life.

"It's important to remember that so we don't do it again," she said, "I feel sad about the way we sometimes behaved as children."

The poem is titled Survivor after the

kid that Cartlidge and her friends bullied in elementary school.

"I'm glad I wrote it and acknowledge what we did. You know because it's easy to blame other people and say that other people are mean and bullies and stuff, but we probably all have been at some point in our life," she said.

Cartlidge wrote the poem a couple of years ago but was holding onto it so that she could edit it in her writing group to get other people's opinions before she submitted it for consideration for publication.

She would also like others to be inspired by the poem to look back and acknowledge the times that they may have made the wrong decisions in the past.

"It's just vivid memories of childhood. I think other people will probably relate," said Cartlidge, "I've been writing for years and sometimes just thoughts and ideas come to me."

Cartlidge said she was partially in-

spired to publish the poem after seeing stories of bullying online and realising how it is a worldwide issue that is not slowing down.

She said she hopes the poem will resonate with others and bring awareness to the issue.

"It's just something that will take you back in time because it was my childhood in the early 60s, where children played unaccompanied. We were just sent out to play by our parents to go and come back for supper.

So, a lot happened that parents didn't know about and I think it's just something to think about because bullying continues to be an issue, to this day," said Cartlidge.

The book *Growing Up* that the poem is a part of was published in Australia by PURE SLUSH publishing.

For more information go to [www.pureslush.com](http://www.pureslush.com).



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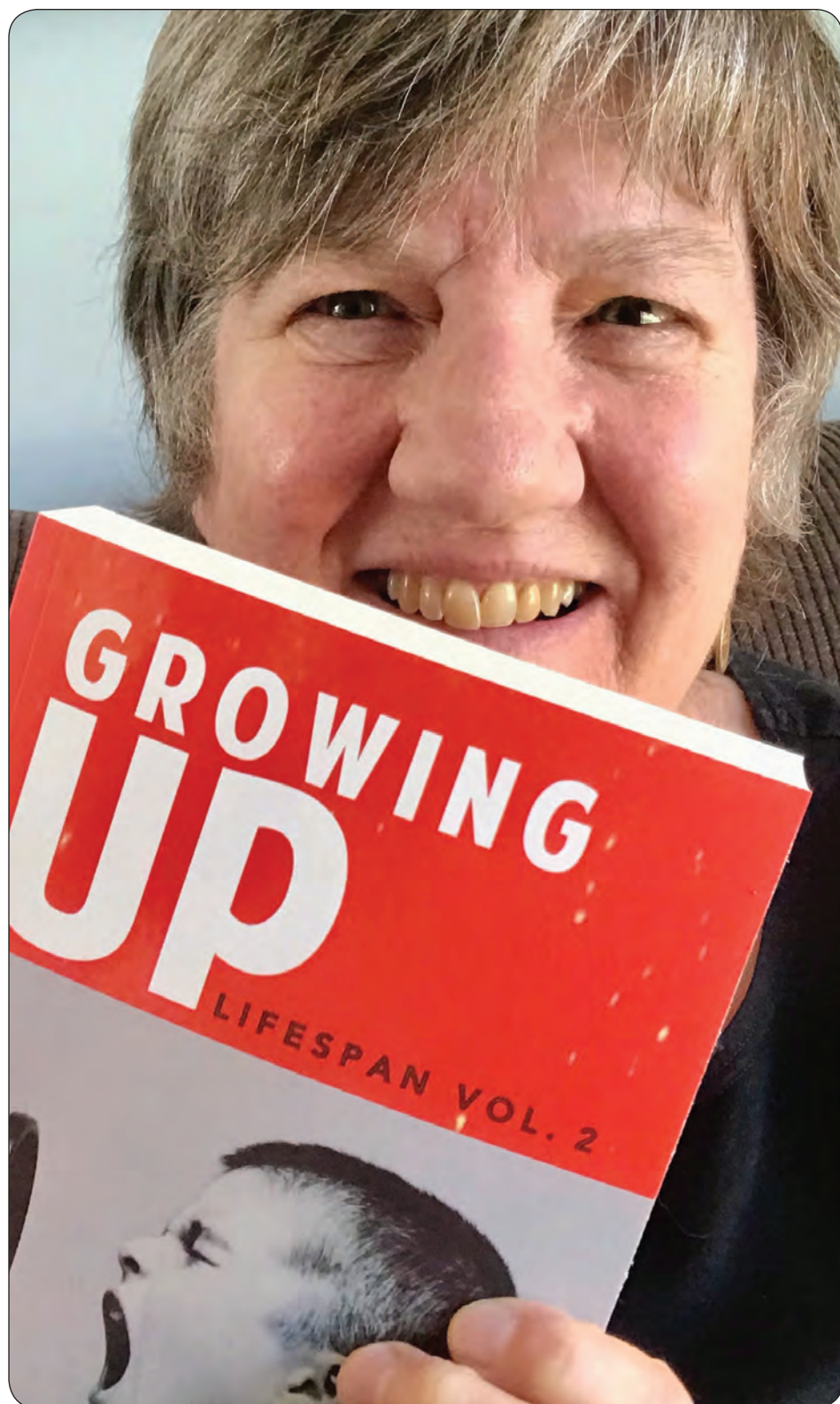
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Connie Catlidge with the book 'Growing Up' that contains her poem Survivor.



# Local author publishes Polish refugee family memoir

Mary Shumilak published her first book in memory of her family

By Sydney Lockhart

The story of a Polish family migrating to Manitoba after the Second World War has been published by a Selkirk born author Mary Shumilak in her book *Soul's Journey*.

"My parents were Polish prisoners of war, and they immigrated to Canada. Following the war, they met each other because my dad was in a hard labour camp, and my mum was also in a hard labour camp but a different one," said Shumilak.

She said she wanted to write the memoir book to help preserve the history of refugees from eastern Europe coming into the Interlake area. The book not only tells her family's story and history but also shares short history lessons and nonfiction short stories.

"Because they had three little children, they said you would be better off going somewhere else because the country is starving. So, they ended up coming to Canada," she said.

Shumilak said many of these people, including her own father were working labour jobs when they first entered the country, and many literally built the streets of what originally was the Town of Selkirk.

"My parents were technically refugees, not just immigrants because it wasn't safe for them to go back to Poland, so in fact, they were a people with-

out a country," she said.

Shumilak who now lives in Saskatoon signed up for a memoir writing class and showed up with a binder of her family history. The class was offered by the Western Development Museum where they helped her start to write her first book.

"The next thing I thought of was that I ended up with a pile of stories and so then I thought I should give myself a deadline so that this doesn't drag on," said Shumilak.

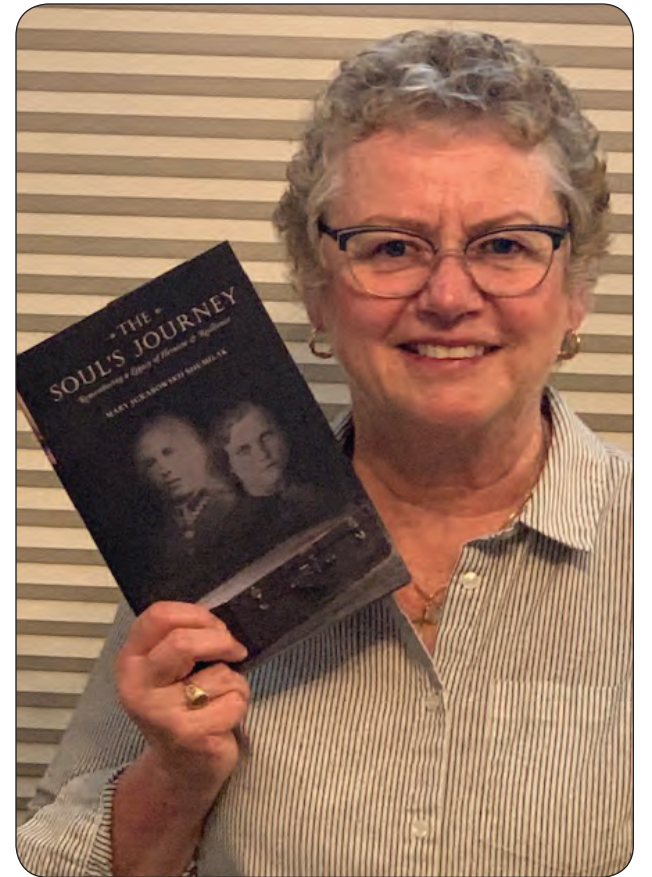
She joked that if she hadn't put a deadline in place for herself, she would still be changing her book. To keep herself on track, she decided to write the book as a present for her sister's 50th wedding anniversary.

At this time Shumilak thought she was writing her first book for just her family to have and read, she did not plan on publishing it.

Shumilak submitted it to Friesen Press to get it printed for her family, and got a response back encouraging her to publish it. She agreed to publish the book out of fear that the history of immigrants and refugees to the Interlake after the Second World War was being lost as places such as Selkirk grew to the size of cities.

Since learning about the refugees after the Second World War Shumilak said she was inspired to try and help current refugees who are struggling in today's society.

"The Syrian refugee crisis of 2015, I found that crisis really disturbing and then, as a result, my husband and I decided that at our age because when we're in our 60s, we really don't need anything for Christmas. So, we stopped buying Christmas gifts and, instead, adopted a family for Christmas to be



RECORD PHOTO SUBMITTED

Mary Shumilak with her newly published book 'Soul's Journey'.

able to buy them gifts," she said.

Shumilak's book *Soul's Journey* is now available for purchase for more information go to [www.maryshumilak.com](http://www.maryshumilak.com).

## Alex's story - getting her smile and confidence back

By Elisha Vador

ACTUAL PATIENT AND STORY

Alexandra (Alex) has the most infectious laugh that compliments her bubbly personality well. However, her dentures were doing her a disservice when it came to her everyday eating and speaking. As a public speaker she was constantly fighting with the dentures, trying to keep them in while sometimes stumbling over her words as the dentures wanted to flip out and around. "I didn't like my old teeth from day one, says Alexandra. They always felt out of place and like my chin was protruding. Not to mention that you couldn't even see my lower teeth."

"The dentures were giving her the 'Piranha bite', which means the lower denture pushes out the jaw and bites over the top, making it difficult to chew, says Brock Vador, Denturist. It happens

when your teeth are worn out. Your mouth closes too far and the denture slides forward."

To give Alexandra her smile and confidence back we made a new upper and lower denture for her with our 4-step denture appointment process. This process allows us to create a completely unique and complimentary denture for each patient we see. If you could zoom into the picture, you would see that we rounded Alex's front teeth giving her an upward happy look to compliment her personality; to which she gave us the thumbs-up approval when she saw the teeth in her practice denture at her third appointment called the 'Try-in'. At this appointment the denture is made out of wax so we can perfect the bite and make any additional necessary or requested changes to the smile before the finale at the fourth and

final appointment.

Now came time for Alex's fourth and final appointment to fit-in and see her new dentures. This is what she had to say: "Oh my, what a difference! The teeth are comfortable and they fit together. These teeth look like my natural teeth I had 15 or 20 years ago. What a big help you guys have been! I feel so much better about myself. I thought this is just what happens when you get older and I would have to live with it. I found out it doesn't have to be that way at all. I can chew food properly, which is very beneficial to my health. You can still have your youthful smile too! Thank-you."

If you're nervous, don't know if you need new dentures, or are needing to replace with new, call us to book your free consultation. We are happy to help you get your smile back.



Alexandra poses with Brock, the Denturist showcasing her new dentures at Vador Denture Centre.

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# Lake Winnipeg Foundation raises funds with jewelry

All proceeds raised from one-of-a-kind jewelry collection inspired by 'lucky stones.'

By Sydney Lockhart

The Lake Winnipeg Foundation is collaborating with local jewelry designer Johanna Brierley in the launching of her new collection created using lucky stones from the beaches of Lake Winnipeg.

For this collaboration, Johanna Brierley has created 10 unique fine jewelry pieces that are now available to purchase with all proceeds going to the LWF.

"I've been going [to Lake Winnipeg] with my family since I was a kid, and my family would collect these lucky stones," she said.

Lucky stones are smooth stones with a naturally occurring hole in them that wash up on the shores of Lake Win-

nipeg and other lakes.

For this collection, she asked community members from both the east and the west shores to send her lucky stones that they found to be used in the creation process of her jewelry.

The rocks themselves are not a part of the finished product, instead, a cast is made of the rocks and then filled with melted metal to cool into an exact solid replica.

"They're not covered. The stone isn't underneath a shiny surface. They are actually pure sterling silver or bronze," she said, "Redesigning it into something that people will actually wear, it's been amazing."

The lucky stones are commonly seen in areas such as Gimli where there



RECORD PHOTOS BY KIE X FOTOGRAFHY

Jewelry pieces made by Johanna Brierley for the Lake Winnipeg Foundation.

is lore of the stones warding off bad spirits and bringing luck to whoever has them.

Brierley said she agreed to do the collaboration because she wanted to do something to help out the lake communities.

"I think just having [community mindedness] is so important, as an individual but especially when you have a business," she said.

This collaboration fits well with Lake Winnipeg Foundation's goal of improving Lake Winnipeg.

"[The Lake Winnipeg] Foundation was founded in 2005 by concerned citizens who saw what was happening on Lake Winnipeg and wanted to get involved in solutions," said Marlo Campbell of the Lake Winnipeg Foundation.

She said she hopes the partnership not only helps raise funds for the foundation but also gives people an opportunity to purchase jewelry that they will treasure forever.

"It's reminding people of the importance of this beautiful lake in our backyard and this collaboration came

about as part of that ongoing outreach and fundraising that we do," she said, "This, in a sense, is a ready-to-wear physical reminder of your love for the lake."

Brierley started her business in 2007 after she went to jewelry school in Toronto and learned how to work with fine metals.

She said she hopes the limited collection sells well so that she can help do her part to restore the waters of the lake

"The lake and nature and our environment give us so much. I mean creatively, mentally, psychologically, so how could I not kind of give back to the lake. Because it's given me so much," she said.

Brierley named each unique piece inspired by Lake Winnipeg. Iceland Earrings, Elk Necklace, Flora Necklace, Viking Earrings, Gimli Necklace and Interlake Pin are a few examples.

The collection went on sale May 20 and any unsold pieces will remain on [www.johannabrierley.com](http://www.johannabrierley.com) until the end of the year.





# Motorcycles roar across Manitoba to complete six challenges

By Nicole Brownlee

A local initiative offers patches to encourage Manitobans to travel within the province by motorcycle this summer.

Myles O'Reilly started Manitoba by Motorcycle in 2016 to challenge riders to visit town statues and provincial parks across the province. He thought of the idea after he and his wife April completed a similar route in North Dakota a year earlier.

"We looked around to see if there was anything locally, and there was nothing that I could find in Manitoba or kind of anywhere else in Canada," said O'Reilly.

He wanted to find a way to explore his "own backyard" and reward riders with patches for making the trek. To earn a patch, a rider must submit a photo of themselves in front of specific landmarks. Each region has around 20 locations for motorcyclists to visit, and O'Reilly sends a patch after each completed challenge.

There were over 100 people who submitted photos last season, said O'Reilly.

"Because of [COVID-19] people aren't really travelling, so they're focusing more on local tourism, which is good for me," said O'Reilly with a laugh. "What I really want is local tourism."

O'Reilly has curated six patches for six challenges this season with the help of local tourism boards.

"I was speaking to Central Manitoba Tourism, and they had the idea of being more kind of hyper-local, finding places within each region," said O'Reilly.

The new challenges feature motorcycle routes in the Interlake, East and Central Manitoba.

"I love finding new places to go and to have new things to look at and visit," said O'Reilly. "I do my best to visit every single location."

Andrew Gagnon is one of the first people to earn a patch this season. Gagnon has travelled Manitoba by Motorcycle routes for three years.

"The last two years I tried the same routes," said Gagnon. "It just never worked out, but this year I



RECORD PHOTO SUBMITTED

Myles O'Reilly stands with his oldest son Myles (left) and his daughter Amy (right) at one of the 60 locations featured on his Manitoba town statue route, the "World's Largest Mosquito" in Komarno.

was able to do them all."

Gagnon completed the town statues route in early May, visiting 10 statues in one day.

Manitoba by Motorcycle is also available on the Interlake Tourism app called Driftscape. The app highlights different attractions, businesses and eateries for people to visit, said Melissa Van Soelen, In-

terlake Tourism manager.

"It's basically like our travel guide, but we've digitized it," said Van Soelen.

O'Reilly will continue to update the routes and add more locations across Manitoba for motorcyclists to explore.

## Manitoba seed company helps green thumbs go greener

By Iris Dyck

Two years ago, Kennedy Collins planted a cover crop on a portion of his garden for the first time. He scattered a mixture of grass and legume seeds where his vegetables normally grew, stomping the vegetation down before it went to seed. The following summer, he didn't need to fertilize that side of his garden, and there were significantly fewer weeds.

"I was really quite pleasantly surprised at the results," Collins said.

Collins is the co-founder of ReWild Garden Seed, a Manitoba seed company focused on improving soil health for backyard gardeners. The company's first seed mix is a cover crop blend like the one Collins used on his own garden.

"You're basically using plants to feed your future plants," he said.

Stomping down cover crops helps bacteria grow and forces the plants

to pull more carbon into the soil. This trampled "green manure" gives the soil a chance to recover, restoring the nutrients agriculture strips away.

"Rather than just treating the soil as a medium, we need to treat it as the living ecosystem that it is," said Collins.

Collins saw the potential to market a cover seed blend to backyard gardeners after he saw what it did in his own garden. He connected with his friends at an agricultural seed supplier, Covers & Co. ReWild Garden Seed "grew organically," and in just five months, the Covers & Co. subsidiary was ready to launch its first blend, Spring Fling.

"We thought this is the next natural step, because gardeners are also green-minded," Collins said.

Spring Fling Cover Crop, contains a mix of annual grasses, broadleaves, and nitrogen-fixing legumes. It helps reduce weeds, and acting like green

manure, can also eliminate fertilizer use by naturally adding organic matter into the soil. When Spring Fling is rotated annually through a garden, soil biology is stimulated, and the diversity of flowering plants is increased, offering valuable food for bees, butterflies, and other beneficial pollinators.

Regenerative agriculture is a sustainable way of farming and gardening. It improves soil health through cover cropping, moving away from chemical fertilizers. While fertilizers help plants grow, they don't feed the soil, causing it to erode. In 2014, the United Nations reported that all the world's topsoil could be gone by 2050. That weighs heavy on Collins's mind.

"It can be incredibly daunting and scary," Collins said. "That's in our lifetime."

Collins and his ReWild Garden Seed co-founders hope their seed blends

will grow the conversation around regenerative agriculture and the importance of healthy, living soil.

"That's the bottom of the food chain," he said. "We need to take care of it so the top can survive as well."

The fifteen plant species in the Spring Fling mix are locally sourced whenever possible, and the company has two more blends in the works.

Spring Fling Cover Crop garden blend is available at seven garden centres across Manitoba: Alternative Choice Garden Centre, Morden Nurseries, Pilot Mound Home Hardware, Schott Ranch Greenhouse and Market, The Green Spot Home and Garden, Vervain Greenhouse, and online and in-stores at T&T Seeds.



# John Mytz Memorial Fund pays tribute to love of reading

## SDCF accepts donation to start new fund to support library

Submitted by Selkirk and District Community Foundation

John Mytz had several passions in his life, including his wife Irene, their four children and many grandchildren, the waterways that surround his hometown of Selkirk, his work with the Coast Guard and reading a good book.

It was his love of reading that his wife Irene decided would be best served by the John Mytz Memorial Fund, a new Selkirk and District Community Foundation fund created after his passing last April.

Born in Selkirk in 1932, Irene says John had a library card since the time he began reading and as a young boy started spending time at the library, then located near where the mall is today.

"John was a very avid reader and he could remember things, a lot of trivia and a lot of history and I would ask him things and he would always have the answer for me," Irene recalled.

"He didn't flaunt his knowledge or intelligence. He just wasn't that kind of guy, he was a very modest fellow. That's what I liked about him. He was not a flashy type of person. So he loved the library and he was a very well-read person," she said.

The John Mytz Memorial Fund will provide financial assistance by funding the general operations, collection management and capital projects of the Gaynor Family Regional Library.

Aaron Martyniw, Chair of the SDCF, said it's people like the Mytz family that keep the Foundation in the



RECORD PHOTO SUBMITTED

Irene, with John, created the John Mytz Memorial Fund with his love of reading in mind. The fund will support the Gaynor Family Regional Library.

wonderful position of being 'Here for Good'.

"At the Foundation we are indebted to people like Irene Mytz and her family who made the important decision to create a fund in John's honour," Martyniw said.

"A memorial fund tells the story of a person, in this case, Mr. John Mytz, who cared about his family and his community and will now be forever recognized for not only what he meant to his family and friends, but his caring nature and commitment to the community. The Mytz family was involved in the very first donation and now, in our 25th year, they've made this fantastic contribution. We thank the Mytz family for their thoughtfulness."

John and Irene have been connected to the SDCF since its very beginning, when a group that has come to be known as the Maple Drive Gang held a retirement party for two residents of the street and donated leftover cash collected for the party and gifts to the newly formed Foundation.

Irene was one of the retirees —

Walter Budy the other — and both declined any gifts at the party, leaving \$40 that organizers needed to find a suitable home for.

Roberta Chic suggested the Foundation, the party honourees agreed, and history was made with the donation being among the first-ever made to the Foundation.

Irene said they've been part of the Foundation's donor family ever since, giving money on various occasions.

"We felt what better thing to do than give to your community," she said.

Selkirk was both John's and Irene's home for all their lives, save for time spent in Winnipeg at school, and both had a love of their hometown and each other.

They grew up near each other, she on Taylor Avenue, he on Robinson, and though they knew whom the other was, they weren't friends, she said.

By the time they went to high school, John, a graduating student and winner of the Governor General's Award, had caught Irene's eye. A member of the glee club at the time, she remembers being impressed with the graduate.

"I thought, 'I like smart men, I like smart fellows'," she laughed.

But still, romance was a ways away. While staying in residence at the St. Boniface Hospital's nursing school, Irene called John and asked if he could round up some friends to be dates for her and her nursing friends, who were about to attend a fancy ball.

He obliged, but the courtship didn't begin until nursing school was completed and Irene had moved back to Selkirk. She was working at the Selkirk hospital and living with her mom when she called John one New Year's Day and asked him over for coffee.

"He came over to visit every day after that," she said, and about a year later in May of 1958, they were married.

While Irene worked as a nurse, retiring as the surgical charge nurse from Selkirk General, John worked for the Federal Department of Transport, later known as the Coast Guard, based out of Selkirk.

It was a career he loved.

Deciding where the John Mytz Memorial Fund should be directed was difficult, Irene says, simply because he was so passionate about his job, but ultimately, his love of books, and family, steered her to the Gaynor Family Regional Library.

"That big, beautiful library, when I see that children's section I think, 'wow, wouldn't that have been wonderful for our children'," she said.

"I enjoy seeing how beautiful it is that young moms and their children have that place to go to, and anyone else that wants to use the library. You can sit outside and enjoy the area. I'm very happy that we chose the library for the fund."

Learn more about the SDCF in its annual Community Report, which can be found online at [sdcf.ca](http://sdcf.ca).

## What's *Your* story?

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# The Selkirk Record



# New hazardous waste disposal option in St. Clements

Residents now have options for getting rid of compressed gases, corrosives, toxic materials and more

By Sydney Lockhart

The Rural Municipality of St. Clements is introducing a Hazardous Waste Depot program starting in June.

This new program will not only allow a safe disposal of hazardous waste, but also serve to help the environment by having the waste not end up in regular landfills.

"We've been working with the collectors in order to keep hazardous wastes out of fill sites themselves, and to be able to then dispose of those in the appropriate fashion where they can be dealt with," said CAO Deepak Joshi.

Items such as compressed gases, corrosives, flammable liquids, fluorescent lightbulbs, paint products, pesticides and other toxic materials will now be able to be disposed of correctly.

"Without it, it would just be buried. As an example, for hazardous waste, there are companies that will try to store it or dispose of it in a much more environmentally appropriate fashion," said Joshi.

The program will be offered at the Libau Landfill starting in July after the RM saw great success with their past

hazardous waste days.

"We did have hazardous waste free days or special hazardous waste days that we had in the RM last year in the summer and it was very well received. We had many residents come in and bring in, anything from used oils, to paint, various other types of chemicals that we were able to receive," he said.

A full list of waste that will be accepted is available on the town website through a downloadable PDF document.

"In some cases, [they will even be able to accept] dangerous goods that might have been stored on individuals' properties for many, many years, that they were not able to dispose of in an environmentally proper fashion," said Joshi.

He said the RM is encouraging the community to take advantage of the program to help maintain non-hazardous waste landfills and rid of unwanted waste in a responsible manner.


For more information on the Hazardous Waste Depot program go to [rmofstclements.com/landfill-transfer-stations/](http://rmofstclements.com/landfill-transfer-stations/).

# Celiac Association Virtual Walk-a-thon


Submitted

The Canadian Celiac Association Manitoba Chapter would like to invite everyone to participate in our Annual Virtual Walk-a-thon. The event will be starting June 5 to the end of June to raise funds to support those requiring gluten free food through Harvest Manitoba. Pledge sheets will be sent out to supporters but the general public is invited to join in.

Go to [www.manitobaceliac.com](http://www.manitobaceliac.com) to download a pledge sheet and start seeking donations today. This will be a virtual event so be creative as to how the walk-a-thon could work for you!




217 Clandeboye Ave., Selkirk  
Proof Deadline **Fridays at 4 p.m.**  
Booking Deadline  
**Mondays at 4 p.m.**  
Office Hours: Monday-Friday 9:30-5:00



## PET of the Month

Winner May 2021

Winnie



*Fun Fact: Winnie is an 11 month old chocolate Merle Golden Doodle. She loves her Disney stuffies, especially Eeyore, tormenting her older, but smaller brother Cash and going for walks at Birds Hill Park.*

**Winnie has won a prize pack from Canvasback Pet Supplies!**

To submit your pet for the Pet of the Month 2021 contest, send a photo and a fun fact to:  
[ads@selkirkrecord.ca](mailto:ads@selkirkrecord.ca)

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# get inspired

> MEAL IDEAS



Total time: 30 minutes  
Serving: 2

2 rings freshly cored pineapple  
2 Lightlife Plant-Based Burger patties  
salt, to taste  
pepper, to taste  
2 sesame seed burger buns, lightly toasted  
1 cup baby arugula  
1/4 cup crispy fried onions  
2 tablespoons honey garlic barbecue sauce

RED RIVER CO-OP FOOD STORE

## Grilled Pineapple Burgers with Honey Garlic Barbecue Sauce

Heat grill to medium. Grill pineapple slices 4-5 minutes per side until grill-marked and slightly caramelized. Cut slices in half and set aside. Wipe down grill.

Season burger patties with salt and pepper, to taste. To grill burgers from refrigerator, grill 4-5 minutes per side until evenly browned with internal temperature of 165 F.

To assemble burgers, layer toasted bottom buns with arugula then top each with burger patty and two slices grilled pineapple. Sprinkle with crispy fried onions and drizzle with barbecue sauce. Top each with top bun.



Total time: 15 minutes  
Servings: 4

Oil  
2 medium avocados  
1/2 lemon, juice only  
1/4 teaspoon salt  
1/4 teaspoon pepper  
4 Lightlife Smart Dogs

## Avocado Toast Dogs

4 hot dog buns  
1/2 teaspoon everything bagel seasoning  
sriracha

Lightly coat grill grates with oil and preheat to medium heat.

In small bowl, mash avocados, lemon juice, salt and pepper. Cover and rest in refrigerator.

Grill dogs 6-7 minutes, turning frequently. While dogs are grilling, lightly toast buns. Spread avocado mixture on one side of toasted buns. Sprinkle each with everything bagel seasoning. Add dogs and drizzle with sriracha.



## Oh-So-Berry Cobbler

Servings: 8

2 cups strawberries, sliced  
2 cups blackberries  
2 cups blueberries  
2 tablespoons lemon juice  
3 tablespoons cornstarch  
2 cups flour  
1 teaspoon baking powder  
1 teaspoon salt  
1 cup butter, softened  
1 1/2 cups brown sugar  
2 teaspoons vanilla extract

nonstick cooking spray  
ice cream

Heat oven to 350 F.

In large bowl, mix strawberries, blackberries and blueberries then add lemon juice and cornstarch; mix to combine. Refrigerate 20 minutes.

In medium bowl, whisk flour, baking powder and salt. Set aside.

In bowl of stand mixer,

beat butter, brown sugar and vanilla extract on medium speed until blended. Gradually add flour mixture until crumbles form.

Spray 9-by-13-inch baking dish with nonstick cooking spray.

Pour berries into bottom of dish. Top berries with crumbles. Bake 30-40 minutes, or until lightly browned.

Serve with ice cream.

## Four tasty proteins for optimal health

Submitted by Julie Germaine

When it comes to losing weight and developing a healthy body, protein is of the utmost importance. It is used for muscle repair and recovery, and plays a major role in maintaining a healthy metabolism.

There are many different foods that contain quality proteins, and I am going to highlight some of my favourites for you, to make it easier to incorporate adequate protein into your daily diet.

It is an easy choice to start with eggs – especially since this is an ideal breakfast! Eggs contains all nine essential amino acids, making them an excellent source of complete protein. If you wake up and enjoy a healthy, 3-egg omelette, you've already consumed about 18 grams of protein. Your goal should be to nearly match your weight in grams of protein per day, so a 140 lb woman would try to consume about 25 grams of protein in each meal and snack she eats each day.

Snacking mid-morning or in the afternoon doesn't have to be carb-heavy and unhealthy. Try Greek yogurt with some fruit, sliced almonds, and crushed walnuts to add over 30 grams of protein to your tally, including valuable BCAAs (branched-chain amino acids), a must for those of you who frequently exercise.

Chicken is a popular meat protein because it is affordable, can be cooked in so many ways, is lean (low in fat) and contains about 31 grams of protein per breast. Bonus: this is another complete protein, so your body will be able to use every bite effectively.



Health and Wellness Fitness expert  
Julie Germaine

Pair your chicken with lentils, or use them as the main dish, and you're receiving more than 18 grams of protein per cup! Eating mindfully is crucial for vegetarians, as plant-based proteins are often not complete proteins, however varying your food choices throughout the day should ensure you are easily meeting your nutritional needs and keeping your body super healthy.

I am passionate about helping men and women achieve their fitness goals! Please visit my website for information on my virtual personal training and nutrition programs, including my 30 Day VIP Fat Loss Challenge and one-on-one live video workouts! [www.juliegermaine.com](http://www.juliegermaine.com)

Julie Germaine is a 2x Pro Fitness Champion, Certified Nutrition Expert and Specialized Weight Loss Coach. She has helped thousands of men and women achieve inspiring body transformations through her virtual coaching since 2005.

### SELKIRK STEELERS

# Bingo!

Thursdays

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Canada's Einarson, Gushue place fourth at mixed world doubles curling championship

Staff

Canada's Brad Gushue and Kerri Einarson placed fourth at the 2021 world mixed doubles curling championship after a 7-4 loss to Sweden in the bronze-medal game last Sunday.

Sweden came out strong with four in the first end before Canada replied with singles in the second and third. Sweden went up 6-2 after four ends before each team traded points over the next three ends. Canada had to settle for an appearance in the bronze-medal game after a 7-4 loss to Scotland on Saturday.

Canada had advanced to the semifinals after a wild 7-6 extra-end victory over Switzerland's Jenny Perret and Martin Rios in a qualification game.

Canada trailed 5-1 after four ends but scored three in the fifth and stole a single in the sixth to pull even.

Canada earned a berth in the 2022 Winter Olympic Games in Beijing. They did that with a top-three finish in Pool A round-robin play.

Scotland, Italy, Sweden, Norway, the Czech Republic and Switzerland also locked up Olympic spots.

The two remaining spots in the 10-team Olympic field will be filled at a last-chance qualifier next season. China gets an automatic Olympic berth as the host country.

The 2021 mixed doubles world title was won by Scotland's Bruce Mouat and Jennifer Dodds after a 9-7 win over Norway's Kristin Skaslien and Magnus Nedregottem on Sunday.

Canada finished round-robin play

with a 7-2 record. They were trying to become the first Canadian team to win gold in the event's 13-year history.

After an 8-6 comeback victory over Spain in their opening game at the world mixed doubles curling championship Canada's improved to 3-0 with wins over Germany (9-6) and Hungary (7-5).

"I think we're getting better each game and just trying to learn the ice and the paths and figure it out," Einarson said.

Canada then dropped an 8-5 decision to Australia's Tahli Gill and Dean Hewitt before improving to 4-1 with an 8-3 win over South Korea.

"It definitely feels good to bounce back after a loss this morning," said Einarson. "We made some really nice shots out there and put some pressure on them."

Canada then defeated Italy 6-4 last Thursday, erasing a 3-1 deficit after four ends.

Einarson and Gushue scored a deuce in the eighth and final end to break a tie against Italy's Stefania Constantini and Amos Mosaner.

Canada then played catch-up for most of their crucial round-robin matchup with red-hot Scotland later Thursday.

Down 4-0 after two ends, Canada eventually dropped an 8-5 decision to Jennifer Dodds and Bruce Mouat.

"There are no easy games here," Einarson told reporters after beating Italy. "They are making shots and putting pressure on us. We're having to



RECORD PHOTO SUBMITTED BY WCF/CELINE STUCKI

Canada's Kerri Einarson and Brad Gushue lost 7-4 to Sweden in the bronze-medal game at the world mixed doubles curling championship last Sunday. Scotland went on to win the world title with a 9-7 victory over Norway.

do the same thing, and we've been doing that. They were just so close here - they were perfect through the first four ends, so we just kept up the process and put the pressure on them.

"We're feeling really good. I've got my draw weight, and I'm feeling really confident out there and with the judging as well. This is all an adjustment - I don't do it very often, but my body is holding up alright," she added.

Canada put the wraps on round-robin play Friday with a 7-6 win over Zuzana Paulova and Tomas Paul of the Czech Republic followed by an 11-6

win over the Russian Curling Federation's Anastasia Moskaleva and Aleksandr Eremin.

For Einarson, it was an exhausting stretch of curling in a very short time.

"It's been an honour to represent Canada twice on the world stage," Einarson told the Canadian Press. "We gave it our absolute all this week, and I couldn't be more proud of us earning Canada the Olympic spot. We fought hard every game. We may not have played our best at times, but we also never gave up."

## Netley Creek becomes Golf Manitoba's newest member

Submitted by Golf Manitoba

Golf Manitoba, in association with Golf Canada, wishes to extend a warm welcome to the Netley Creek Golf Course, our newest member club.

Under the guidance of new owners Alan and Jackie Grabinski, along with Bethany Luptak, this 18-hole course is located in Petersfield where golfers can select to play from three sets of tees, ranging from 5,068 to 6,328 yards.

"You notice the nature instantly upon arrival. This is target golf, don't let the shorter yardages fool you. We have a lot of elevation change with a ton of scenery. There are six bridges to help navigate Netley Creek which runs through the course. Our greens wintered extremely well so we are thrilled with the start to the season

we've had," said Luptak.

Available to host corporate and recreational tournaments, the Netley Creek Golf Course features the Mallard Eatery which is a fully-licensed restaurant with patio.

For those interested in spending more time in the area, an RV park is available with seasonal sites available.

As an official Golf Manitoba/Canada member club, all rounds played at the Netley Creek Golf Course are acceptable for handicap purposes and may be recorded toward establishing or maintaining an official Golf Canada Handicap Index.

For tee times and more information call (204) 738-GOLF (4653), visit them on Facebook, Instagram and online at [www.netleycreekgolf.ca](http://www.netleycreekgolf.ca).



RECORD PHOTO SUBMITTED

The Netley Creek Golf Course, located in Petersfield, is Golf Manitoba's newest member.



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Tollak Place has 1 & 2 bedroom suites, located at 40 Eveline Street. Spacious suites, with F/S, A/C, storage areas and large balconies; utilities are included, parking is extra. Tollak 2 is a 55 plus bldg., river view apts. with central air, F/S, DW & microwave; large storage area off the kitchen and a balcony; utilities and parking extra. Call the onsite office 204-482-2751 for AVAILABILITY.

shop local

## APARTMENT FOR RENT

Upstairs Apartment rental - spacious 1 bedroom/1 bath. Rent \$1,000 per month. Utilities extra (hydro, water, phone, cable). Includes parking, security system, appliances (fridge, stove, dishwasher, AC, washer and dryer) and blinds on windows. Laminate hardwood floors. Kitchen, living room - open area concept. One year lease, no pets, non-smoking, adults only. Location 204 Clandeboye Ave., Selkirk, Manitoba R1A 0X1. Phone 204-785-3097.

# take a break

> GAMES

## SUDOKU

		6			1			
7			8	2	4		3	
							1	
1		3					4	
5			7					3
		4					2	7
	1				6		9	
	2	5	1		3			
		9					6	

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	9	8	2	7	5	6	8	4
4	7	8	8	6	1	5	2	9
5	6	2	9	8	4	7	1	8
7	2	9	5	1	8	4	6	8
8	8	1	6	4	7	2	9	5
6	4	5	8	9	2	8	7	1
2	1	4	7	5	9	8	8	6
9	8	6	4	2	8	1	5	7
8	5	7	1	8	6	9	4	2

Sudoku Answer

I	K	V	S		S	D	D	S	D	U	S
E	N	I	S		G	E	E	W	E	H	P
M	V	S	E	S	N	P	L	O	K	M	V
H	T	H	T		I	G	I	E	M	U	A
					N	E	L	A	V	A	T
S	C	O	T	I	C	R	E	R	E	S	
S	E	H	O	N	E	B	C	A	V		
R	O	P	P	A		M		T	O	V	A
					L	T	U	V	P	D	E
					E	R	E	H	M	A	
N	N	V	M		E	T	V	V	V	M	V
R	V	F	M		N	O	G		S		
V	H	V	N		E	C	O	V	H	V	E
E	S	T	E		E	R	E	H	E	R	D

Crossword Answer



# CROSSWORD

## CLUES ACROSS

1. A group of sheep
  5. Of she
  8. This (Spanish)
  12. A type of sorcery
  14. A team's best pitcher
  15. Port in southern Japan
  16. Makes very happy
  18. Trigonometric unit of measurement
  19. From a distance
  20. Winged nut
  21. Consumed
  22. "Heat" director
  23. In all places
  26. Made improvements to
  30. St. \_\_\_ Girl: brand of beer
  31. A type of "seat"
  32. Wood
  33. A brief treatise on a subject of interest
  34. Approval
  39. Basics
  42. Where judges sit
  44. W. African religion
  46. Commentators
  47. Having many different functions
  49. Member of a Semitic people
  50. Flightless, fast-running bird
  51. After the seventh
  56. Small N. Zealand tree
  57. Health care pro (abbr.)
  58. Playground mainstay
  59. Expressing relief
  60. Records brain activity (abbr.)
  61. Fishing net
  62. Beer
  63. Tooth caregiver
  64. Japanese beverage
- ## CLUES DOWN
1. Garden tools
  2. Early Syrian kingdom
  3. 500 sheets of paper

1	2	3	4		5	6	7		8	9	10	11
12				13		14			15			
16				17		18			19			
20					21				22			
				23		24			25			
26	27	28	29			30						
31						32						
33								34	35	36	37	38
				39	40	41		42	43			
								46				
				44	45							
								48				
49						50			51		52	53
56						57			58			
59						60				61		
62						63				64		

4. Information
5. Beloved comic strip character
6. Distinct form of a plant
7. Replenishment
8. Semitransparent glassy substance
9. Expedition to observe animals
10. One who held landed granted by Anglo-Saxon king
11. Obtain in return for labor
13. Inheritable genetically
17. One who rescues
24. Doctor of Education
25. Liberal arts
26. Shock treatment
27. Disfigure
28. When you hope to get there
29. Peacock network

35. Part of (abbr.)
36. The 21st letter of the Greek alphabet
37. Not just "play"
38. Former CIA
40. Reduced to a sloping edge
41. Restricted the development of
42. Sciences degree
43. Sea eagles
44. Saturated
45. Joints
47. Sailing boat
48. Respiratory organs
49. Guitarists use them
52. Disco act: Bee \_\_\_
53. First Chinese dynasty
54. Intentionally lose
55. Muslim people of China



# Classifieds

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## HELP WANTED

Pizza Den Restaurant in Stonewall has immediate opening for a **FT OPERATIONS MANAGER**. This reliable, trustworthy, team leader must have hospitality experience either as a host/server, cook, pizza maker or management. Individual is a key holder responsible to open and close operation, work from pizza station while overseeing full operation. Remuneration based on experience from \$16 to \$20 /hr. Send resume to [robert.magnifico@gmail.com](mailto:robert.magnifico@gmail.com)

## HELP WANTED

Class 1A drivers with end dump experience required immediately. Must be able to write and speak English. We offer competitive wages and group benefits after 3 months continuous employment. All interested applicants are asked to forward their resume, along with a drivers abstract, to [mariontr@mymts.net](mailto:mariontr@mymts.net)

## HELP WANTED

Part time Class 1 driver required. Mileage ranging from 250 miles to 1,500 miles per week into Northwestern Ontario and Manitoba. \$0.45 per mile plus drops. Minimum 3 years experience. Call Derek 204-785-3984.

Like working with wood and working close to home? 204 Pallet & Packaging in Stony Mountain is looking for full time production workers. Please call 204-344-5404 for details.

## HELP WANTED

Mature, reliable, motivated individual for a very busy memorial shop. Must have a valid driver's licence. Work to include, ground works levelling, landscaping, yard and shop maintenance, delivery and placement of monuments, concrete cutting, grave interments (casket & ashes), equipment operator i.e., excavator, skid steer, crane truck, forklift. Experience an asset, willing to train. Please provide resumes to E.J. Smith Memorials by mail, drop off or email [info@smithmemorials.ca](mailto:info@smithmemorials.ca)

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### R.M. OF ST. ANDREWS

## PUB ORDER NO. 55/21 – SOUTH ST. ANDREWS WASTEWATER UTILITY

The Rural Municipality of St. Andrews has applied to the Public Utilities Board for revised initial interim wastewater rates for the South St. Andrews Wastewater Utility as set out in By-law No. 4350, read the first time on December 8, 2020.

The approved rates are as follows:

	2021	2022
Quarterly Service Charge	\$80.82	\$80.82
Wastewater (per cubic meter)	\$3.57	\$3.57
Minimum Quarterly Charge*	\$130.80	\$130.80
Utilities buy-in Charge	\$2,680.00	\$3,000.00

\* Based on 14 cubic meters

For more information, the full Public Utilities Board Order No. 55/21 may be found online at the municipality's website at [www.rmofstandrews.com](http://www.rmofstandrews.com) or you may contact the Municipal Office at (204) 738-2264.

DJ. Sigmundson, CAO  
Rural Municipality of St. Andrews



### R.M. OF ST. ANDREWS

## NOTICE OF PUBLIC HEARING BY THE MUNICIPAL BOARD OF MANITOBA

**RE: RURAL MUNICIPALITY OF ST. ANDREWS BY-LAW NO. 4349  
(MUNICIPAL BOARD FILE NO. 21E9-0014)**

PUBLIC NOTICE is hereby given, under the provisions of *The Municipal Act*, S.M. 1996, c.58 and *The Municipal Board Act*, R.S.M. 1987, c. M240, that The Municipal Board will hold a public hearing for the purpose of hearing any representations in objection to or in support of the proposed By-law.

The public hearing will take place on **June 28, 29 and 30th, 2021 at 6:00 pm**, held virtually via Microsoft Teams for public participation.

**The By-law proposes to implement a Special Service Plan for the operation and maintenance of the St. Andrews South Wastewater Utility within the Rural Municipality of St. Andrews.**

The Board requires that any person who wishes to attend virtually and make a representation on the proposed By-law, must register at least ten (10) working days in advance of the hearing by submitting the **Attendee/Presenter Form**. A Microsoft Teams link will only be provided to individuals who register. For individuals who wish to view the hearing and not participate, a Live Stream Link will be available on our website under Public Hearings.

The Board requires that any party who intends to submit as evidence any written material or other documents, shall file four (4) copies of that material with the Board and one (1) copy with the Municipality for public review, at least 10 working days prior to the hearing.

A copy of this By-law is available for review at the Municipal Office and on the Municipal Website.

A copy of this notice, a description of the procedure to be followed at the hearing and the Public Presenter Form can be found on the Municipal Board website.

If a party wishes to have service in French, or requires assistance because of a disability, they must notify this office 15 days prior to the hearing.

Dated at Clandeboye, in Manitoba, this 19th day of May, 2021.

Shelley Jensen  
Secretary/Chief Administrative Officer  
The Municipal Board  
1144-363 Broadway  
Winnipeg MB R3C 3N9  
204-945-4014

DJ Sigmundson  
Chief Administrative Officer  
R.M. of St. Andrews  
Box 130, 500 Railway Ave.  
Clandeboye, MB R0C 0P0  
204-738-2264



## Hearthstone Community Group is now hiring for the position of HOUSE MANAGER

**This position is for people who truly love others.**

Flexible schedule 24-40 hours a week, \$15.73 per hour plus many perks and benefits. Must be able to obtain satisfactory Criminal, Adult and Child Abuse Registries checks. Driver's license and access to a vehicle is required.

**Please submit resume and cover letter to  
[Barry.Kowal@hearthstonecg.ca](mailto:Barry.Kowal@hearthstonecg.ca).**

## Hearthstone Community Group is now hiring for the student positions of DAY PROGRAM SUPPORT WORKER (24 hrs./week)

and **OFFICE HELP** (30 hrs./week).

Wages \$12.50 to \$13.43 per hour plus many perks.

Must be able to obtain satisfactory Criminal, Adult and Child Abuse Registries checks. Driver's license and access to a vehicle is great but not required.

Possibility of employment after the term.

**Please submit resume and cover letter to  
[Barry.Kowal@hearthstonecg.ca](mailto:Barry.Kowal@hearthstonecg.ca).**

**BellMTS**

### PUBLIC NOTICE

## Proposed BellMTS Radiocommunications Facility Telecommunications Tower

BellMTS is committed to providing Canadian communities high speed wireless voice and data service. To improve service, BellMTS is proposing to construct a 50-metre self-support tower with ancillary radio equipment including a shelter at the base of the tower with a perimeter fence restricting public access. As part of the public consultation process as required by Innovation, Science & Economic Development Canada, BellMTS' regulator under the Radiocommunications Act, BellMTS is inviting the public to comment on the proposed tower location before June 27, 2021 in compliance with Innovation, Science & Economic Development Canada's CPC-2-0-03. This tower is fully compliant with Innovation, Science & Economic Development Canada's guidelines, as found under the Client Procedures Circular (CPC-2-0-03).

**TOWER LOCATION:** Approximately 373-meters east of Road 101 N and P.R. 500 intersection, on the south side of Road 101 N, within the RM of St. Clements, MB.

**COORDINATES:** Lat: 50.488436°, Long: -96.580026°

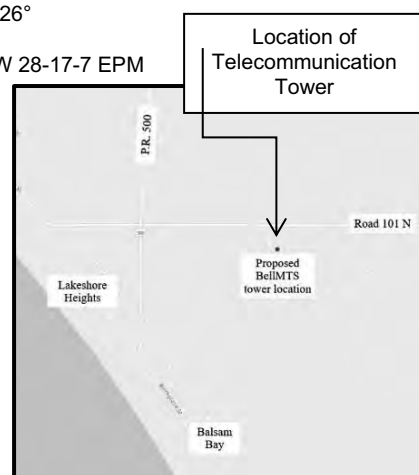
**LEGAL:** Lots 2 and 7, Block 2, Plan 16413, Ptn. NW 28-17-7 EPM

**ANY PERSON MAY** comment by close of business day on June 27, 2021 with respect to this matter.

### BELLMTS CONTACT:

Erin Fargo  
Evolve Surface Strategies Inc.  
Unit A, 2151 Portage Avenue  
Winnipeg, MB R3J 0L4  
T: 1-888-912-2640  
F: 204-728-2800  
E: [comments@evolveinc.ca](mailto:comments@evolveinc.ca)

Agents for BellMTS, a division of Bell Canada





# CITY OF Selkirk

## PUBLIC NOTICE

### General Borrowing By-law No. 5354 for the Eveline Street Reconstruction Project

The Council of the City of Selkirk has scheduled a Public Hearing to be held at:

**Selkirk Memorial Hall  
376 Jemima Street, Selkirk, MB  
Tuesday, June 15, 2021 at 6:00pm**

To present the following capital project:

#### Project Description:

- The reconstruction of Eveline Street (between Eaton Avenue and Queen Avenue) includes a total reconstruction of the road, the addition of lighting, modern accessibility services and an active transportation pathway;
- Landscaping the area to meet current urban design best practices which will provide an attractive, well-lit safe location for citizens and visitors.

**Estimated Cost and Funding:** The \$7,200,000 estimated cost for this project has anticipated funding as follows:

City of Selkirk Borrowing	\$ 7,200,000
Total Funding	\$ 7,200,000

**Potential Taxpayers:** This project will be paid for by the owners of all taxable and grant-in-lieu properties in the City of Selkirk.

**Calculation of Annual Tax Levy:** The borrowing will be funded over a 25-year period at an estimated interest rate of 5.625%.

The annual tax to be levied for this capital project is to be based on the portioned value of assessable property. The mill rate will be calculated based on the estimated annual repayment amount of \$543,321.14 for 25 years. Using the City of Selkirk's 2021 at large portioned assessment value of \$554,997,310, an estimated 0.979 mill rate will be required to fund this project.

**Objection to Proposed Expenditure and Borrowing:** At the Public Hearing, Council will hear any person who wishes to make a presentation, ask questions, or register an objection to the proposed expenditure and borrowing.

Following government guidelines surrounding COVID-19, protocols will be in place to protect both visitors and city representatives. We will be enforcing physical distancing measures and monitoring occupancy.

Anyone wishing to attend the hearing is asked to register ahead of time for contact tracing purposes at [www.myselkirk.ca/EvelineBorrowing](http://www.myselkirk.ca/EvelineBorrowing). Those without access to online services are asked to call CitizenSupport at 204-785-4900.

All supporting documents must be submitted electronically during the registration process to [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com) in advance of the hearing.

Written statements can be submitted in advance of the hearing and sent by email to [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com), or by mail to:  
200 Eaton Ave  
Selkirk, MB  
R1A 0W6

**Project Information Package:** Copies of the project information package related to the proposed expenditure can be obtained by contacting CitizenSupport at 204-785-4900 or [citizensupport@cityofselkirk.com](mailto:citizensupport@cityofselkirk.com).

### Special Meeting of Council To consider First Reading of By-Law No. 5354

**Selkirk Memorial Hall  
376 Jemima Street, Selkirk, MB  
Tuesday, June 15, 2021  
Immediately following the Public Hearing**

Dated at the City of Selkirk this 27th day of May, 2021, and issued pursuant to Sections 169 (6) and 174.1(1) of The Municipal Act.

Duane Nicol  
Chief Administrative Officer  
City of Selkirk

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If you are interested in joining a well-established and growing company with room for advancement, please visit us at 1200 Lorne Ave. E. in Portage La Prairie, MB to fill out an application, apply online at [www.efmoon.ca](http://www.efmoon.ca), or email a resume to [todd@efmoon.ca](mailto:todd@efmoon.ca)



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**Hearthstone Community Group**  
Community Living & Social Programs

Hearthstone Community Group is now accepting expressions of interest from individuals who can help the community by serving as a member of our Board of Directors.

We offer you an opportunity to invest in your community and to make a difference in the lives of people living with intellectual disabilities. As a board member you will be an essential part of a charitable organization and develop a unique and transferrable set of skills in governance, decision making, finance, public relations, communications and team building.

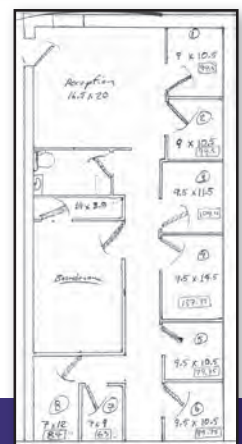
If you are interested in this opportunity, please email a resume and/or comment as to your suitability to [lori.zdebiak@hearthstonecg.ca](mailto:lori.zdebiak@hearthstonecg.ca). All expressions of interest must be received prior to June 25, 2021. A submission does not guarantee a Board position. Hearthstone complies with best practice on screening and recruitment of Board Members.

## CLANDEBOYE AVE in Selkirk Executive Mall OFFICE SPACE FOR LEASE



### Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include The Lord Selkirk Teachers Association, Sun Life Financial, two Massage Therapists, an Esthetician and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there are currently two offices available for lease.



For information please contact:  
**BIG Real Estate**  
**204-485-0010** email [bigandcolourful@mts.net](mailto:bigandcolourful@mts.net)



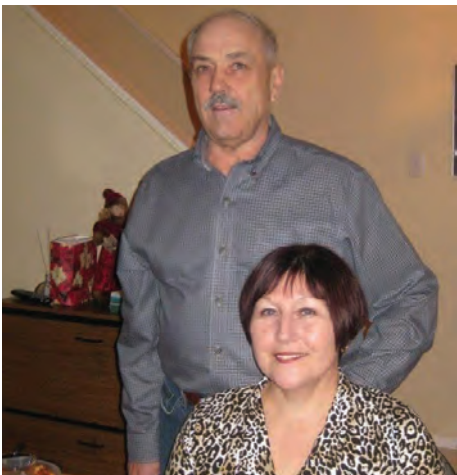
ANNOUNCEMENT

ANNIVERSARY



John and Doreen Kuzminski  
Congratulations  
on your 50th Wedding Anniversary  
May 29th, 2021

-Love your kids and grandchildren



ANNOUNCEMENT

BIRTHDAY



Muriel Laing  
Happy 100th Birthday  
on May 31st  
Love and Best Wishes on this special day  
-From  
Bill and Janice, Mandy, Kerry and Stefanie,  
Cassidy, Caiden and Colton

Alan and Judy, Michelle and Tony,  
Sammy and Mateo

ANNOUNCEMENT

GRADUATION



Congratulations  
Kyla Lamb  
on your 2nd Diploma from Red River College  
graduating from Communications Design  
2021  
We are all so proud of you Kyla  
-Love your family

ANNOUNCEMENT

BIRTHDAY



Gerry Wasney  
May 26, 1961  
Happy 60th Birthday  
Your hairs turning grey,  
You are up there in years,  
You're getting old and wrinkly,  
But we still hold you dear!  
-Love: Sweet-Pea, Jeremy and Ela

*The Selkirk Record*

# Announcements

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ANNOUNCEMENT

IN MEMORIAM



Lawrence Drialich  
August 06, 1942 - May 26, 2018



Virginia Drialich  
December 26, 1942 - June 15, 2017

We remember those special smiles and caring hearts.  
You left us some beautiful memories.  
No words we speak can ever say  
How much we miss you every day.

-Love you always  
Debbie, Wayne, Terri, Celina, Tristan, Wayne, Jessica

ANNOUNCEMENT

IN MEMORIAM



Travis Neil Schmidt  
December 2, 1991 - May 25, 2020  
We think about you always,  
We talk about you still;  
You have never been forgotten,  
And you never will.  
We hold you close within our hearts,  
And there you will remain;  
To walk and guide us through our lives,  
Until we meet again.  
-Forever remembered, missed and loved  
by your family

ANNOUNCEMENT

IN MEMORIAM



Brenda Cooke  
June 4, 1975 - May 26, 2016  
Remembering you is easy,  
We do it every day;  
But missing you is the heartache,  
That never goes away.  
I wish we had time to say goodbye.  
-Love Dad (Dwight) and Nana (Marlene Cooke)  
and Aunty Lori

There is a link death cannot sever,  
Love and remembrance last forever.

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# Announcements *Selkirk Record*

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## OBITUARY



**Faye Schalk (nee Gunter)**  
February 9, 1948 – May 18, 2021

After a lengthy and courageous battle with COPD, Faye passed away peacefully with her family by her side.

She is survived by her loving husband, Alfie, and son, Dean Schalk; siblings Linda Paluck, Merv Gunter (Lynda), Tricia Geurts (Albert) and Terry Gunter; in-laws Karl and Ada Schalk, Irene Rosser; and their families. She was predeceased by her son, David Schalk; mother Irene Bell (Victor); father John (Jack) Gunter; in-laws Karl (Anna) Schalk; sister Dawn Papineau; and brothers-in-law, Lloyd (Butch) Papineau, Eddie Paluck and Dave Rosser.

Faye was born and spent her early life in Selkirk, Manitoba, where she attended school and worked until she met and married Alfie. They lived in Pine Falls for a short time, and then took over the farm north of Petersfield, where they raised their sons. They farmed from 1971 to 2004, at which time they retired to a home near Winnipeg Beach. During their retirement years they spent winters in warmer climates in the US and Mexico. Family was important to Faye and extended family and friends were always welcome in her home. Faye was dearly loved by her family, especially all her nieces, nephews, and great-nieces and nephews.

Cremation has taken place and a Celebration of Life will be held at a later date.

Flowers are graciously declined, and those who so desire may make memorial donations in memory of Faye to Inclusion Selkirk Fund at the Selkirk & District Community Foundation.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Martha Sutherland**  
(nee Single)

With great sadness our family announces the passing of our beloved mother, grandmother and great-grandmother, Martha Sutherland, on May 20, 2021 at the age of 97.

Martha was born on June 2, 1923 at the family farm in Waldersee, MB to Bernhard and Elizabeth Single. She was the sixth of 14 children.

In her early years she worked in Langruth and Westbourne as a live-in housekeeper and caregiver. One sunny day around Delta Marsh, while out eating ice cream with her sister Kay, she caught the eye of the love of her life, Douglas. They were married on September 25, 1948 and settled in Selkirk, MB. Over the next four years they were blessed with three children; Donna Gail, Linda Jean and David William.

Martha was a proud homemaker and phenomenal cook and baker. As the kids grew, she began selling her baking from home. She was famous for her delicious dainties and vinarterta, which led to her employment with Rosemarie Catering, where she worked up to the position of supervisor. Many people had the pleasure of catering with Martha, and as her granddaughter Colleen can attest to, they all learned how to properly wash and dry dishes under her direction.

One of her favourite pastimes was playing bingo. Luck was often on her side and we could usually count on a nightly phone call to share news of her winnings. One of her most exciting bingo wins was a trip to Vegas. She enjoyed that trip so much that she went back the following year. This led to a love of casino bus trips, on which her daughter Donna was her constant companion. Bingo also became a family affair, with Donna, Jeannie and David joining her on a weekly outing that they all looked forward to. When at home, she could often be found watching curling or golf, and was an avid fan of Blue Jays baseball. Martha enjoyed league bowling for many years. Religion was an important part of her life from an early age, and she was a member of Christ Church Anglican in Selkirk.

Martha was grandmother to five granddaughters, who she cherished and to whom she passed on her knowledge of baking, cooking and gardening. Her four great-granddaughters were the joy of her life.

She was predeceased by her parents and 10 of her siblings; her soulmate Douglas, beloved daughter Donna and son-in-law Andrew Kachkowsky.

She is survived by her loving family, children Linda Jean Atkins (Bill) and David (Addie); grandchildren: Colleen Otto (Darren), Cherrisse Kachkowsky (Jamie Sagar), Jonna Atkins-Sagar (John), Heather Stanik (Beau) and Marlene Sutherland (Dan Fredrick); great-grandchildren: Kiersten Otto (Brandon), Khyllie Otto, Madelyn Sagar and Brooklyn Stanik. Martha also leaves her siblings Erna Mitchler, Elsie Langner and Alfred Single (Annie); sisters-in-law Elizabeth Single, Iris Single and Minnie Sutherland, along with numerous nieces and nephews.

Mom was able to stay in the family home on Taylor Avenue until she was 94, at which time she moved to Red River Place. Here she was able to still enjoy her favourite activities like bingo and Sunday hymn sing. She loved to view the beautiful flowers around the grounds in the summertime. The family extends sincere thanks to the staff for their care and compassion provided to Mom during her residency there these past three years.

"Unser täglich Brot gib uns heute."

A private family viewing and cremation has taken place. Interment will take place at a future date.

Gilbart Funeral Home Selkirk in care of arrangements and condolences can be left on the Tribute Wall found at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Gayle Allen**

Peacefully with her husband by her side, Gayle Allen, passed away on May 15, 2021.

Gayle was predeceased by her parents Betty and James Hinds. She is survived by her husband Bryan Fey; her children and grandchildren, son Lee (Crissi), Portia, Cody and Cameron; daughter Chelsea (Erik) and Sydney; sisters Karen (Bruce) and Debbie (Dean) and many nieces, nephews and step-children, Nancy and Gary and their families.

Mom was a very caring, loving and thoughtful person. She loved to entertain family and friends. Being a good host was something mom really enjoyed.

Her unconditional love for animals was endearing. She loved her dogs, Brianne, Brady and Marley.

The family would like to say a big thank you to Dr. Demsas and all the staff at Selkirk Regional Health Centre for the care and compassion they showed mom.

We love you mom, and we will miss you. Until we see each other again. Rest in Peace.

Donations can be made to the Winnipeg Humane Society.

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Alvin John McRae**

Peacefully, on Friday, May 21, 2021 at the Selkirk Regional Health Centre, Alvin McRae, aged 86 years, of Scantebury, Manitoba, husband of the late Mae passed away.

An invite only service will be held on Saturday, May 29, 2021 at 1:00 p.m. The service will be live streamed and the link will be available on his obituary at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Full obituary to follow.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Lyn Bailey**

On Tuesday, May 18, 2021 at the Selkirk Regional Health Centre, Lyn Bailey, aged 70 years of Lockport, MB, beloved wife of Allan; mother of Tricia (Chris), Jenaya and Jason (Diana); Baba of Madelyn, Alexi and Naomi and sister of Donna, passed away.

In keeping with her wishes, cremation has taken place and no formal service will be held.

In remembrance of Lyn's life, the family asks that any charitable donations be made to the Manitoba Association of Women's Shelters ([maws.mb.ca](http://maws.mb.ca)).

Condolences may be left on her tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk

in care of arrangements

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Gordon Nicholas Zarichney**

Peacefully at home with his family, Gordon Nicholas Zarichney, beloved husband, father, uncle and grandfather, completed his life's journey at the age of 73.

He leaves to lovingly remember him, his wife of 52 years, Mae; daughters Wendy, Tanya Frias (Tony); grandchildren Nickolas and Marina Frias; brother-in-law Dave Irvine, Darwin Darker (Bev), Allan Darker (Pat); sister-in-law Betty Darker as well as numerous nieces and nephews who were dear to his heart.

He was predeceased by his father Nick; mother Rose; brothers Daniel and Gerald; brother-in-law Albert Darker and sister-in-law Ruth Irvine.

Gordon grew up in East Selkirk, Manitoba where he lived his whole life. He met his wife Mae in 1966 and they were married on October 11, 1969. He worked at Queen Park Motors as a mechanic from the age of 15 right up until his retirement at the age of 60.

Gordon was a very loving and hard-working man, who would help anyone in need. He loved his family dearly and always put his friends and family first.

Gordon was an avid car and antique lover. He was always working around the yard on some vehicle or building something new. He loved to camp and especially fish, spending many fishing trips with his family.

As per Gordon's wishes, cremation has taken place and no service will follow.

In lieu of flowers, a donation can be made to an animal shelter or charity of your choice.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

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