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RECORD PHOTO BY BRETT MITCHELL

The Selkirk Royals Rugby Club took on St. Paul's High School last week. Pictured: Bryson Kramble getting a lift by his teamates.

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Gordon Howard Centre looking for advice from local 55+ community

Community consultation underway and local 'experts' needed

Submitted by the Gordon Howard Centre

The Gordon Howard Active Living Centre in Selkirk is calling on experts in aging to join it in a community consultation on what a future centre for seniors could look like.

"We have a very generous definition of 'experts'," said Gordon Howard Executive Director Lee Hanson.

"If you've worked with aging adults in fitness, health, wellness, education we want to hear from you. If you are aging and care about what the community looks like for you in the future then we want to hear from you," Hanson said.

Advanced registration to join the community consultation is required by 12 p.m., Friday, June. The event itself takes place on Monday, June 5.

Register for free at prhhouse.ca/gh.

The Gordon Howard Active Living Centre has struck a building committee this year to look at creating a new space for aging adults in the Red River North region.

"We've known for a long time that our current building at 384 Eveline Street no longer meets the needs of our aging citizens, nor will it meet the needs of future citizens," Hanson said.

"We're driven by the knowledge that the region's population is rapidly aging, and we want and need to remain active. It's the entire community's responsibility to help figure out what the future looks like and June 5 is one way to do that," Hanson said.



RECORD PHOTO SUBMITTED

The Gordon Howard Active Living is hosting a community consultation about the future of the centre. Pictured: The Selkirk & District Community Foundation community consultation in 2017 for its community wellness report Vital Signs.





Triple S Fair & Rodeo is back with new events this year

Dust off your boots and hats because you won't want to miss the Tri-S Fair this year

By Katelyn Boulanger

Keep your calendars open July 14-16 because the Triple S Fair & Rodeo presented by the St. Andrew's - St. Clement's Agricultural Society is returning with a weekend of new activities and old favourites.

"It's an opportunity for everyone in the area, fans of the fair [who enjoy] live entertainment, and kids events to get to get together and enjoy those things as a community and attend the parade," said Eddie Phillips, Triple S Fair and Rodeo's sponsorship director.

He says that they are continuing to make sure that the event has options for everyone including children's events during the day and adult events, like the beer garden, in the evening.

The Triple S Fair and Rodeo has been a staple in our community for generations. It was incorporated in 1878 and has been a yearly event in Selkirk for most of that time.

This year there will be some changes to the normally scheduled line up.

"As far as events this year, we've changed it up quite a bit. Unfortunately, I know this is going to be a big disappointment for a lot of people but we won't have the demolition derby this year. We are hoping to find someone next year, an organization, that can help us put it on but this year, unfortunately, there won't be one," said Phillips.

The demolition derby will be a disappointment to some, however, the Triple S team will also be incorporat-

ing some new events including Kids' wild pony racing and cowboy vs. cowgirl bronc riding.

"This is the first time, as far as I know, in Canada that there's been a cowboys vs. cowgirl event. It's going to be a lot of fun," said Phillips.

Events like team roping, barrel racing, bull riding and the midway carnival will still be major parts of the fun this year.

These new and continued events are great news for our community as there was some uncertainty last year as to if there would be enough volunteers to keep the fair running again this year.

"COVID was a big impact on us. We suffered, as well as, a lot of other volunteer organizations around us with a lack of volunteers and directors. This past winter, it came down to the question of whether or not it was going to move forward or not. The existing board put out a call to the community and there was an overwhelming response. We've got a ton of new directors. We've got some new volunteers, myself and my wife included. My wife and I, this is our first year being sponsorship directors. Years ago, I was on the board but we've come back to make sure that this event continues," he said.

In addition to the new board volunteers, the rodeo, like in years past, will rely on community volunteers to step forward to make the rodeo a safe and smooth running place.

"We definitely still need some of the



RECORD PHOTOS BY KATELYN BOULANGER

Above: A photo from the 2022 Triple S Fair and Rodeo. Below: A Selkirk Agricultural Fair booklet from 1953.

volunteers for the weekend," said Phillips.

Volunteers can help out in a variety of ways and are needed at different times throughout the event.

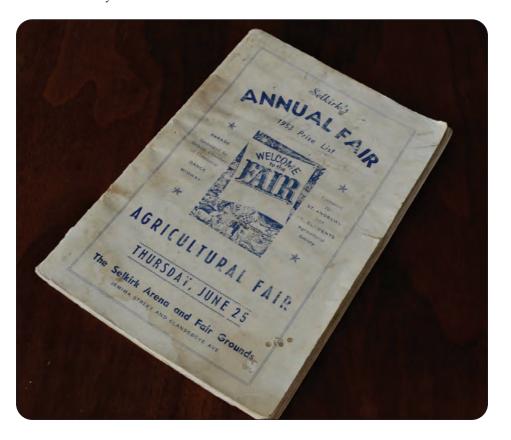
"It could be anything from helping at the beer gardens, around the rodeo arena, it could be at gates. . . If people are looking to volunteer, please definitely call the fair number," said Phillips.

He invites any volunteers that want

to take part to reach out and overall encourages residents who might have taken a few years off during the pandemic to come back and check out the rodeo this year.

Sign up information for the events will be available online at http://www.selkirkfairandrodeo.com/. You can also follow that website for updates and additional information as the fair draws closer.





St. Andrews Fire Departments take grain entrapment training

St. Andrews, Clandeboye and Matlock Fire Departments prepare for emergencies

By Katelyn Boulanger

Firefighters are not just the brave people who run into burning buildings or extricate people from cars after accidents, they do all kinds of life saving in many different emergent circumstances. The St. Andrews Fire Departments are no exception recently having added to their life saving knowledge by participating in grain entrapment training.

"If a person gets trapped in a grain situation, whether it be in a grain silo, a grain granary, or a semi truck and trailer outfit, a person can get trapped in any type of grain, and then once you get into the grain, it acts like quicksand. Your movement is just about nil. You can hardly move at all if you get trapped in grain. Even if it's only up to your knees, you're very limited on movement because the grain is surrounding below your knees down to your feet and it's very hard to move," said Chief Ed Paskaruk, Clandeboye Fire Hall.

This type of life saving training is very important because there are different situations that our local firefighters might encounter in our area and they need to be prepared.

"There are different scenarios, people could walk in a granary or grain silo and depending on the moisture in their grain silo or granary, it could form a crust. There could be an air void, anywhere from one foot to maybe 10 feet, and a farmer could walk on there not knowing that there's an air gap and he could sink through that crust and be trapped in the grain way below that air void," said Paskaruk.

Though a grain entrapment situation isn't something that is likely to happen often in our area, because much of our area outside of Selkirk is more rural in nature it's something that the fire departments take seriously.

"[Between] the farmers themselves hauling grain with trailers and there are semi truck trailers hauling grain they use at the distillery in Gimli, there's lots of movement of grain in the RM of St. Andrews and not only that, but a lot of big farm operations with granaries and grain silos," said Paskaruk.

The scenario that the firefighters faced during training was a trailer that was filled with 135 bushels of grain. The firefighters then had a volunteer from their ranks agree to be buried so that they could learn how to get them out safely.

"We did four firefighters at a time and one instructor with us. The four firefighters were harnessed in with a body harness, and secured to winches or holding points on top of the railing. We had one person go in the centre of the grain and you could see how quickly the person sank down," said Paskaruk.

The volunteers agreed to sink to different depths in the grain and Paskaruk says it was interesting to learn how quickly you become unable to

"One of our firefighters was up to just over his waist. And the trainer said, 'Do you have a cell phone?' That firefighter said 'Yeah, it's in my pocket.' He tried to get his cell phone and he couldn't move," he said.

Once the volunteer had sunk down enough the firefighters learned how to rescue them.

Paskaruk believes that the training went well and that they had excellent

"It's knowledge that we didn't have before and all the firefighters were very well pleased that we held this course. We were very, very happy with this training," he said.

He believes that this training will benefit the RM and that they are more prepared should an emergency like this happen in the future.

"We're more aware of different situations. As far as our grain entrapment training goes, we're more aware more knowledgeable," he said.



RECORD PHOTOS SUBMITTED

Photos from the St. Andrews, Clandeboye, and Matlock Fire Department's garin entrapment training.





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Some conditions apply

Libau Summer Fest raising funds for new roof for community centre

Come join the fun on July 8

By Katelyn Boulanger

Libau Summer Fest is a family friendly event coming to our area. On July 8, residents will be able to enjoy music, field games and activities, a silent auction, a farmers market, face painting, a beer garden for adults, a bounce house for kids 2 to 12, and more while going to an event that supports the Libau Community Club.

"Libau Summer Fest is a fun family event that really caters to the community and the surrounding communities to get people out and active and having fun and includes the nostalgia of field games," said Adrienne Mannhart, director of events for the Libau Community Club.

Field games are events like the threelegged race or the potato sack race.

This is the first annual Libau Summer Fest and will support the Libau Community Club.

'[The idea for the event came when] I was camping. I had a lot of fun with these field days type events. I just wanted to bring back that nostalgia

after COVID. COVID almost shut us down and then [the community club] had vandalism happening. Next, our roof started leaking and we thought, 'Okay, we need to bring in some revenue.' It started off as a field day and then snowballed into a festival," said Mannhart.

The Summer Fest event will take place on July 8 from 1 to 10 p.m. The entry fee is \$10 for 2 to 12 year old and \$15 for people ages 13 and up.

Mannhart says the majority of the funds raised from this event will go towards their new roof.

Right now they are raising funds because many grants that organizations like community clubs have the option to apply for require matching funds from the group in order to receive the grant. This means that the more support that residents can give them the more opportunity they will have to gain support from other sources.

Mannhart believes that community clubs like this one are very important.

"We're open to the public. People

can come in and get to know their neighbours and other families. We've met a lot of people just through our community club and the groups that happen there at the club," said Mannhart.

In addition to asking people to attend their event, the club has been asking for people to contact them should they want to volunteer at the Summer Fest event. To get in touch you can email Mannhart at adrienne. libaucc@gmail.com or give her a call at 204-227-6398.

Mannhart encourages everyone from Libau and the surrounding area who would like to support the community club to attend.

"I just want them to know every dollar they spend on having fun goes straight back into the community club to make it bigger and better. And then, we can host bigger and better events from then on and just really raise the community once again," she said.

Other ways residents can support them in the future are through upcoming fundraisers. There are plans in the work for a paint night event. They are also planning to host a Bud and Spud event in the future. Information on future events will be available on their Facebook page when details have been finalized.

Help out this year's grads



RECORD PHOTO SUBMITTED

The Lord Selkirk Regional Comprehensive High School's class of 2023 is hosting a Fundraising Car Wash in the parking lot of Boyd Autobody on Sat., June 3 from 10 a.m. to 2 p.m. During the event, Grad yard signs (Congrats Class of 2023 graduate!) will also be available to purchase for \$20. There will also be A&W root beer floats available to purchase. In addition there is an online 50/50 raffle taking place with a pot that's over \$10,000 with only a few weeks to go. Get your tickets at fundingchange.ca/selkirk before the June 15 draw. All funds raised will be used to support this year's Safe Grad event on June 29.



Octavia Choir back with first performance since pandemic

Musical jukebox performance scheduled for June 4 at Christ Church Anglican

By Katelyn Boulanger

Octavia Choir is welcoming area residents to their jukebox musical Still Standing. This performance is the group's first since the pandemic made it very difficult for choirs to practise together and will take place at Christ Church Anglican in Selkirk on June 4.

"As with many organizations, it's the first time since COVID [that we're putting on a performance]. We haven't had a concert for a couple of years. And so, essentially, it's sort of coming out of the COVID cave," said Ishbel Moore, founding member and vocal coach for Octavia Choir.

Octavia Choir is a women's choir in Selkirk. They started rehearsing together in 2012 and hosted their first concert in 2013. This makes this concert their ten year anniversary of performing in our community.

"It was put together primarily because at that time, I was conducting the Back Pew Boys, the local male choir and, Karen Jackson, another of our founders, was my accompanist, a pianist. Also, Sheila Kaltenberger, her husband sings in the choir and we had just had a really good successful concert. There was some talk about how we need to do this for the lady's side," said Moore.

From there the group took off. Their first few concerts were what you might typically think of from a local choir but they quickly decided that they wanted to wow audiences by making it so that they never knew what would happen when they came to their concerts. To that end, they had themed concerts which eventually morphed into their musical jukebox

"We decided, we need to do something different now. So, myself and another lady in the choir, Millie Lewis, she and I began to write a script for the different concerts," said Moore.

The way that it works is Conductor/ Director Karen Jackson picks the music and then Lewis writes a script to go alongside it.

"Something like Mamma Mia is a jukebox musical. But we don't just restrict ourselves to one group, such as Mamma Mia has with ABBA music. We run the drama around whatever songs Karen chooses and it can be



RECORD PHOTO SUBMITTED

Octavia Choir founding members Karen Jackson, Ishbel Moore (me), and Sheila Kaltenberger.

all kinds of different singers. And so, we've been doing that for the last few years," said Moore.

A sneak peek of some of the artists that they plan to include this year are: Cat Stevens, John Lennon, The Bells, Johnny Nash, Carly Simon and Elton

Moore thinks that almost anyone would enjoy coming to their performance.

"I would imagine anyone who enjoys listening to good music, sung well, will enjoy coming," she said.

She also says that Jackson makes

the performance extra special by rewriting all of the harmonies which is something that they often get very positive feedback about.

Moore invites anyone interested in heading out to the event to give them a call at 204-485-1285.

"If you want to have a really good afternoon's entertainment. I think that this would be the concert to attend," she said.

Moore says that they are also open to people interested in joining the

If you are interested in getting in touch to learn more about joining the choir they ask that you email octavialadieschoir@gmail.com.



For the third year in four, Manitoba is holding the line of Pharmacare rates.

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MB government's construction on Selkirk Regional Health Centre underway

Submitted by the Manitoba government

The Manitoba government is investing roughly \$45.7 million to expand and renovate the Selkirk Regional Health Centre, and three construction projects are currently underway at the facility to significantly expand acute care inpatient capacity and its surgical program, Health Minister Audrey Gordon announced Thursday.

"We are healing the health-care system by expanding and renovating Selkirk Regional Health Centre to provide more services and increase patient capacity," said Gordon. "These strategic investments improve the quality of patient care for residents in the region and improve access to timely care for all Manitobans, closer to home."

The projects include the addition of 30 acute care inpatient beds and three emergency department treatment spaces to enhance the health centre's ability to treat and monitor patients.

Construction on the 30-bed acute care inpatient addition is now underway and the steel structure of the new building can be seen emerging from the 28,147-sq.-ft. site, the minister noted. The new beds for an increased number of inpatients and a higher volume of surgical and endoscopy services to be delivered locally. The inpatient addition is expected to be completed by the summer of 2024, the minister added.

Renovations to the emergency department have just begun and will include the expansion of the exist-

ing waiting room and the addition of three new treatment spaces. The emergency department will remain open to patients during construction. Renovations are expected to be completed by March 2024, the minister

The project expansion will support an increase in surgeries performed at the site, such as general procedures, gynecology, urology and endoscopy. The project will include minor design changes to improve patient flow and expand treatment capacity within the emergency department.

The facility's outpatient centre is also undergoing minor renovations to accommodate the use of a C-arm fluoroscopic Xray system for the new pain care clinic, opening this fall, which is an expansion of the Manitoba Pain Care Program.

"Selkirk Regional Health Centre cares for more than 2,500 inpa-

tients and over 26,550 patients who attend the emergency department from all across the Interlake-Eastern region annually," said Marion Ellis, chief executive officer, Interlake-Eastern Regional Health Authority. "By expanding the health centre and

renovating to accommodate new services, we're improving people's ability to access the right care they need in a timely way in our region."

The Manitoba government is providing a total multi-year capital investment of \$1.3 billion to support

the building, expanding and renovating of health-care facilities across the province. This includes Manitoba's Clinical and Preventive Services Plan, led by clinicians, to establish a geographic network of care that improves access for Manitobans.

The plan is comprised of 39 projects includ-

- construction of new hospitals in Neepawa and Portage la Prairie;

- renovations at Dauphin Regional Health Centre; and

expansions Boundary Trails Health Centre in Morden-Winkler and Lakeshore General Hospital in

Ashern.

"SELKIRK REGIONAL

HEALTH CENTRE

CARES FOR MORE

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TIENTS AND OVER

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THE INTERLAKE-

EASTERN REGION

ANNUALLY,"

WHO ATTEND

DEPARTMENT

For more information on Manitoba's Clinical and Preventive Services Plan visit https://sharedhealthmb.ca/wpcontent/uploads/CPSP_Overview_ NL.pdf.

Selkirk RCMP investigate found human remains

The Selkirk RCMP responded to a report of found human remains on the shore of Lake Winnipeg in the

Matlock Beach area a approximately 11:45 a.m. on May 20.

The identity of the remains is unknown at this time.

Selkirk RCMP, along with assistance of the Chief Medical Examiner's office, continue to investigate.

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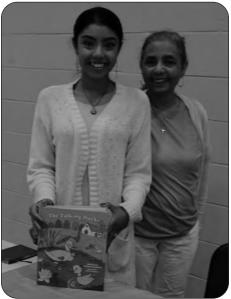
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West St. Paul Business Expo













RECORD PHOTOS BY KATELYN BOULANGER West St. Paul businesses teamed up at the West St. Paul Biz Expo last weekend.



With Efficiency Manitoba's Appliance Recycling **Program,** we'll pick up, recycle, and give you \$30 for your old working fridge or freezer.

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Manitoba RCMP celebrates RCMP 150 milestone with contest giveaway for youth

Submitted by Manitoba RCMP

May 23 marked the historic 150th Anniversary of the RCMP in Canada, and in honour of this momentous occasion, the Manitoba RCMP is launching a contest to give away 150 Back to School prize packs.

Every child under the age of 14 who lives in Manitoba can enter.

How? It's easy. Simply write us an email, as long or short as you like,

about what the Royal Canadian Mounted Police means to you. We would also love to hear about any positive experiences you may have had with a Mountie.

The prize pack consists of a backpack filled with items to start the next school year:

- 1 backpack with RCMP 150 logo
- 1 lunch bag with RCMP 150 logo
- 1 colour-changing water bottle

with RCMP 150 logo

- 1 Stetson-wearing, polar bear stuffed toy
- 1 sticky-note notebook with RCMP 150 logo filled with various sticky notes
- Limited edition "RCMP 150" stickers and tattoos
- 1 RCMP 150 ballpoint pen

Send your email to: DRCMP150-D150GRC@rcmp-grc.gc.ca.

Please also include your name, mailing address, and phone number.

Note: we cannot accept any attachments, therefore, the message must be written within the body of the email.

The contest closes June 30, 2023, so get those emails sent in.

Good luck to everyone that enters. Due to the number of entries anticipated, we can only reply to those that are selected for a prize pack.

Manitoba creating new Gender Equity Manitoba Secretariat

Submitted by the Manitoba government

In order to provide better co-ordinated services and support to the gender, sexual and relationship diverse community, the Manitoba government will be creating a new Gender Equity Manitoba (GEM) Secretariat, Premier Heather Stefanson and Families Minister Rochelle Squires, minister responsible for gender equity, announced last week.

"We recognize that there is an increasing need to provide community-specific services to the 2SLGBTQQIA+population. This expanded secretariat will have the financial and human resources necessary to ensure there is cross-departmental co-ordination of services to better support the needs of the gender, sexual and relationship diverse community," said Stefanson.

The new GEM Secretariat, will see the Manitoba Status of Women Secretariat's mandate expanded with a broader focus and increased budget to co-ordinate cross-departmental work on 2SLGBTQQIA+ issues and support the community with a new granting program.

With an expanded mandate and broader gender equity focus, GEM will be better positioned to respond effectively to issues involving gender and sexual diversity, and will align with an emerging trend in other federal, provincial and territorial jurisdictions which have changed their mandates from a 'women's equity' focus to a broader 'gender equity' focus, the premier added.

"I am honoured to transition to my new role as minister responsible for gender equity and ensure there is a coherent cross-departmental strategy for responding to 2SLGBTQQIA+ issues. I look forward to building strong, collaborative relationships with community organizations supporting gender equity across Manitoba," said Squires. "Our government has made progress, and our work continues to advance the rights and freedoms for people of all sexual orientations and gender identities so that Manitoba can be a place where people are truly free to be who they are. But we also know that 2SLGBTQQIA+ people and families continue to face discrimination, harassment and outright violence in our province, and until that changes, our work is not complete."

The premier noted the expanded GEM Secretariat aligns with key priorities and recommendations of Manitoba's Framework: Addressing Gender-based Violence and Reclaiming Power and Peace: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Cirls

GEM will also manage a new grant program that provides funding for activities that support 2SLGBTQQ-IA+ community including events, funding initiatives, awareness campaigns research projects, noted Squires.

"Pride Winnipeg is an incredibly important event that celebrates, acknowledges and amplifies the need for equity in the 2SLGBTQQIA+ community," said Squires. "As the annual festival is taking place over the next week, I am proud to be able to announce they are the first recipient of this new grant."

The organization is receiving \$250,000 in dedicated annual support from GEM to allow it to establish permanent staffing of an executive director and executive assistant, which will support and expand Pride activities across Manitoba.

"After 36 years, it is truly amazing to finally have core funding in place for not only Pride Winnipeg's future but for a future for the growing numbers of prides in our province. We have been working towards this goal for over three decades," said Barry Karlenzig, president, Pride Winnipeg. "This announcement today signifies the importance of prides around the province and the crucial funding they require to provide safe spaces for our 2SLGBTTQIA community."

Pride Winnipeg sees over 80,000 in attendance annually and has a significant economic impact on Winnipeg's downtown. The grant from GEM will allow Pride Winnipeg to support the important work being done in other communities across Manitoba.

"Being 2STLGBQIANB+ in smalltown Manitoba can be very isolating and lonely. Pride organizations in these communities are immensely important in supporting and helping members of the Rainbow Community connect with one another. In the same way, Pride organizations in small communities can be very isolated. Predictable, stable funding of Pride organizations by the Manitoba government will enable these organizations to connect and thereby support one another in their work on behalf of 2STLGBQIANB+ people in Manitoba," said Peter Wohlgemut, president, Pembina Valley Pride. "Many of our organizations are relatively young and are staffed by volunteers. This funding will allow us to share resources, expertise, and to support one another, which is what a Pride organization is all about."

A Pride flag-raising ceremony took place on May 26 at Memorial Park. The Legislative Building will also be lit with a rainbow from May 31 to June 4 to mark Pride week.



Selkirk Concert Series Returns to Waterfront June 10

Renegade to open the summer season

Submitted by the City of Selkirk

The City of Selkirk's Concert Series returns this summer to the Waterfront and promises to put you in perfect harmony with your summer nights in June, July and August.

Ellie Longbottom, the city's Culture Coordinator, says the move back to the Waterfront for the June and July shows is exciting. Last year's concerts were held on Manitoba Avenue, and were well received, but you can't beat the beauty of the Waterfront.

"We're really thrilled to be able to provide great music to residents and visitors to our city using the Red River as a backdrop to all the good times," Longbottom said.

"There's something about putting a blanket down on the grass and listening to and watching live music with boats going by on the water. It's a really enjoyable evening. And it's free, you can't beat that."

Mark June 10 in your calendar for the season opener featuring Renegade, the ultimate tribute to Styx, taking the stage at 8:30 p.m. with the Sean Taylor Band opening the show at 7 p.m. The Sean Taylor Band is a six-piece, energetic party band that delivers country, rock and pop with the warning to 'bring your dancing shoes and best singing voice'.

Styx fans and music fans in general will be impressed with the musical prowess of Renegade who will 'meld hard rock guitar balanced with acoustic guitar, synthesizers mixed with acoustic piano, upbeat tracks with power ballads and incorporating elements of musical theatre'.

On July 22 it's time to once again Rock the Waterfront with The 'B' Side Champs at 7 p.m. followed by ZZ Topless at 8:30 p.m. The Champs pay tribute to classic rhythm and blues of the '60s including hits by Sam Cooke, Otis Redding, Wilson Pickett and more. ZZ Topless promises to perform all of the legendary ZZ Tops' greatest hits with the same musical skill and on-stage swagger. The three members – Bobby Peterson on guitar and vocals, Derrick Bellanger on bass and vocals and Cory Faraci on drums, are Canadian boys who love ZZ Top.

On Aug. 12 the fun moves to Manitoba Avenue for Music on Manitoba. It's a street festival that we'll keep you wondering about for a little while, but details will be coming soon about this family friendly event.

"Events like these create a sense of



RECORD PHOTO SUBMITTED

Concerts return to the Selkirk Waterfront.

community by bringing people together to share experiences through arts and culture," Longbottom said.

"Exposure to different forms of art and culture can broaden perspectives and increase awareness of diverse cultures."

While you're filling your soul with the music that moves you there will be food trucks on site so you can fill your stomach as well.

The Selkirk Record is the media sponsor for the Concert Series.

The city's Community Strategic Plan makes having a vibrant, safe and healthy community a priority and the Selkirk Concert series achieves that goal by making use of Selkirk's natural features and outdoor spaces, providing the best recreational opportunities for residents and by revitalizing downtown.

It's going to be a summer packed with fun. Along with the Concert Series, there will be Canada Day cel-

ebrated on July 1 at the Waterfront and the Selkirk Port Market gets underway July 19 from 10 a.m. to 2 p.m. and runs Wednesevery day until the end of August. Watch for more details on both of those events coming

More details about the Selkirk Concert Series can be found at MySelkirk. ca/ConcertSeries.







MB government enhances measures to contain aquatic invasive species

New Control Zones Will Help Prevent Spread of invasive species

Submitted by the Manitoba Government

The creation of new aquatic invasive species (AIS) control zones are among a suite of changes being implemented by the Manitoba government aimed at enhancing efforts to fight the spread of AIS in the province, Natural Resources and Northern Development Minister Greg Nesbitt announced.

"Establishing an invaded water body as a control zone is critical to containing the spread of aquatic invasive species," said Nesbitt. "Watercraft users will need to undertake several mitigation measures such as cleaning, draining, drying and decontaminating watercraft to effectively prevent the spread of aquatic invasive species within Manitoba."

The new measures include:

- designating a new Lake Manitoba/Fairford River/Lake St. Martin control zone to control the spread of zebra mussels;
- designating a new Shoal Lake control zone to control the spread of spiny waterflea;
- updating the names and boundaries of existing control zones to more accurately target areas where invasions exist; and
- amending the aircraft control zone provision so that any float plane using a zebra mussel control zone must have its underwater surfaces such as floats treated with anti-fouling paint.

"These changes will enhance our government's strategic efforts to prevent and contain the spread of aquatic invasive species, which pose a significant threat to our water bodies and aquatic ecosystems," Nesbitt said.

All watercraft users are reminded

to remain vigilant and do their part to protect Manitoba's water bodies from the introduction and spread of AIS, the minister noted. This includes ensuring all watercraft and waterrelated equipment are clean, drained, and dry after use in any water body in Manitoba, and decontaminated after using these items in a water body designated as a control zone.

The Manitoba government's annual watercraft inspection program is underway with inspection stations at Headingley, Selkirk, Eriksdale, The Pas and Wabowden. Additional inspection stations at Grand Rapids, Ste. Rose du Lac, and Minnedosa will open in coming weeks. The stations at Ste. Rose du Lac and Minnedosa are new locations placed specifically to respond to growing zebra mussel and other AIS threats in western Manitoba

Watercraft inspection stations help watercraft users to be compliant with AIS requirements. Anyone transporting motorized or non-motorized watercraft over land must stop at all open watercraft inspection stations along their route.

Set fines for AIS offences are in effect year round and carry a range of penalties, depending on the offence, including a \$672 fine for failing to stop at a watercraft inspection site and a \$2,542 fine for removing watercraft or water-related equipment from a water body in a control zone and placing it into another water body without proper decontamination.

For more information on AIS, the requirements, and location and hours of watercraft inspection stations, visit www.manitoba.ca/stopais.

the Reserve your table today SHOPS of St. Andrews #9 Hwy. 204-334-4919

A Night to Remember



RECORD PHOTO BY CREC MCKENZIE

Fred Buhay, Dwight Klatt, Shauna Bell and The Travelers performed at the Selkirk Friendship Centre last weekend at the Night to Remember event. Selkirk experienced a night of music and fun combining all of these acts together.

Gimli International Film Festival looking for volunteers

Submitted by GIFF

The highly anticipated Gimli International Film Festival (GIFF) is back, bringing the magic of cinema to the picturesque shores of Lake Winnipeg. Mark your calendars for July 26-30, as GIFF promises to deliver an unforgettable cinematic experience for film enthusiasts of all ages.

Early bird tickets for this year's festival will go on sale on June 1, offering an exclusive opportunity to secure your spot at discounted rates. Regular tickets will be available for purchase starting July 1st, ensuring everyone has a chance to join in on the excitement.

GIFF is also calling for volunteers to be a part of the festival. Engage with industry professionals as you contribute to the success of this renowned event. Not to mention receive your complementary GIFF Volunteer Film Pass, merchandise, and other exclusive invitations to events as a token of appreciation.

Volunteer roles include pre-event set-up, site management, box office operations, guest services, hospitality, venue operations, event tear down, transportation, and more. Your minimum commitment of 12 hours will make a significant impact on the festival. By joining the GIFF volunteer team, you'll gain valuable experience, connect with talented individuals, and contribute to one of Manitoba's most unique summer experiences.

For more information on volunteering, tickets, and all things GIFF, visit the official website at gimlifilm.com. Don't miss out on this incredible opportunity to be a part of Manitoba's most unique summer experience.



Inclusion gets artful





RECORD PHOTO SUBMITTED

The Manitoba Arts Council supported a cool opportunity for Inclusion Selkirk art lovers. They were able to participate in a fun textured painting workshop with Patti Fernie of Lakegal Artwork earlier this month. By hosting the workshop both online and in-person many peole were able to come together to make some great







Looking for household donations for family left homeless by fire

By Patricia Barrett

A fire that broke out at an apartment building on Quail Ridge Road in Winnipeg on the May long weekend left 180 people homeless, including the granddaughter of Lundar business owner Randy Gudmundson and his wife Tannis.

The Gudmundson family, which owns Randy's Tire & Sport, is collecting donations of clothing and household goods for their five-year-old granddaughter, Charlee Fuller Gudmundson, and her mother, Pax Fuller, who lived in the four-storey Quail Ridge Apartment Homes, north of Portage Avenue and the Grace Hospital in the St. James neighbourhood.

Tannis said she and her son were at the apartment on the evening of May 19 with Pax and Charlee when the fire broke out. All four were outside when they noticed that a balcony on the fourth floor was on fire.

"I was at the building with my son to drop off some stuff. The four of us were in the parking lot," said Tannis. "We said goodbye and we turned around and saw a barbeque on fire on a fourth floor balcony. I didn't see anybody on the balcony. We called 911 and my son went into the building [to Pax's apartment on another floor] to alert her friend."

Tannis said the fire advanced as fast as a wildfire, burning the balcony of the apartment and jumping to the roof where it spread along the woodframed building. Fire trucks poured water over it for about two hours. The Red Cross arrived on the scene, providing support to residents, and social services brought buses to take people to a shelter. A canopy was also set up where food such as pizza and



Pax and her five-year-old daughter Charlee are in desperate need of living accommodations and day to day living necessities.

sandwiches were provided to residents.

The building's owner, Weidner Apartment Homes, told city media the complex is unsafe and uninhabitable because of the damages from fire, water and smoke. And media reported last week that after the fire was extinguished, several suites had been broken into and personal items stolen.

The *Record* reached out to Pax for comment but was unable to speak with her by deadline.

A friend of Pax's set up a GoFund-Me page to raise \$20,000 for her and Charlee. Pax and her family wrote on the page that the fire dramatically changed their lives and left them with a profound sense of loss and disori-



RECORD PHOTO BY TANIS GUDMUNDSON

One hundred and eighty people have been left homeless following a fire at Quail Ridge Road in Winnipeg on May 19.

entation.

"The fire ravaged most of the building, leaving it condemned," they wrote. "We were left with nothing more than the clothes on our backs. Yet, the most painful loss wasn't our material possessions, but the irreplaceable pieces of our past – old family pictures, heartfelt letters and writings from loved ones, cherished gifts that held an inestimable place in our hearts. All of these vanished into the smoke and embers."

Pax and Charlee need to replace furniture, beds, kitchen supplies, toys and food and water.

Unfortunately, Pax did not have apartment insurance and the building management did not provide any, they wrote. They are in the process of reaching out to local charities and relief organizations to see whether they can receive some aid to get them back on their feet.

"To those who choose to stand with us on this difficult journey, we cannot express our gratitude enough," they wrote. "Your compassion and generosity are the silver lining in this dark cloud, a testament to the power of community and shared humanity. We thank you from the depths of our hearts and promise to keep you updated about our progress."

People can drop off clothing, household items and toys at Randy's Tire & Sport, which is located on Highway 6 in Lundar. For more information about donating items, call the dealership toll free at (877) 762-5815.





Interlake Eastern Health Foundation introduces new Executive Director

Submitted by Interlake Eastern Health Foundation

The Interlake Eastern Health Foundation Board of Directors is pleased to announce Averill Stephenson as the Foundation's new Executive Director. Averill replaces Pam McCallum who led the foundation for many years. Averill brings a range of experience, having spent her whole career in the not-for-profit sector. She is a passionate leader and fundraiser, with a proven track record of advancing initiatives, building partnerships, and achieving re-

"I am honoured to have been given the opportunity to lead the Interlake Eastern Health Foundation" said Stephenson, "Health and Community are my passions, I am excited to build on the exceptional foundation that exists and advance the organization to increase the support for the communities we serve."

A born and raised Manitoban and mother of two, Stephenson joins the Foundation after spending the past ten years in senior community fundraising roles for various health charities. Prior to that she worked for ten years in the recreation and medical fitness sectors, developing programs and services to improve the health of diverse communities.

"Averill is an accomplished leader with a strong background in community fundraising and relationship development," said Brent Wynnyk, Chair, Interlake Eastern Health Foundation Board of Directors. "She is known for her collaborative approach and strong work ethic. We are thrilled to have her join the Foundation and excited to see what we will accomplish under her leadership in the years to come."

Interlake Eastern Health Foundation's mission is to raise funds that support health care in the Interlake-Eastern health region. Through the generous support of our community, we are able to re-invest funds into the communities we serve.



Averill Stephenson

Government marks Menstrual Hygiene Day with update on access in schools

Submitted by Manitoba government

Sunday, May 28 was Menstrual Hygiene Day, which aims to break the silence, raise awareness and change negative social norms around menstrual health and hygiene, as well as engage decision-makers to take action around menstrual health and period poverty. The Manitoba government is proud to support this work in schools through the Access to Menstrual Products Initiative, Education and Early Childhood Learning Minister Wayne Ewasko and Families Minister Rochelle Squires, minister responsible for gender equity.

"On Menstrual Hygiene Day, I'm pleased to provide an update on this project and affirm our government's commitment to providing menstruation products with the aim of ending period poverty in schools," said Ewasko. "Reducing the impacts of period poverty will give students who menstruate the opportunity to better participate in all school-related activities and achieve better health and educational outcomes."

Announced in fall 2022, the Manitoba government partnered with Shoppers Drug Mart to provide free menstrual products to schools and other agencies to improve accessibility and reduce period poverty. Through this agreement, schools, domestic violence shelters, resource centres and second-stage and specialized programs are receiving menstrual products to administer to those most in

"Access to menstrual products is a basic necessity, not a luxury. Menstruation is part of healthy, normal human development -not something to be stigmatized," said Squires.

"This innovative partnership works towards addressing myths, taboos and stigma around menstruation health and changes the conversation towards supporting health and wellbeing for those who menstruate."

The initiative is on track to distribute 3.3 million menstrual products in its first year throughout participating schools, school divisions and domestic violence sector agencies across Manitoba. Since October 2022, over 2 million products have been distributed. Of the 2.2 million, 1.9 million were distributed to school divisions and 293,000 were distributed to domestic violence sector agencies. All 37 school divisions across Manitoba have engaged in the initiative to date, in addition to many independent schools and First Nations schools.

Ewasko noted providing free men-

strual products to students delivers on the government's commitment to building a fair and equitable public education system, supporting the student engagement and well-being pillar of Manitoba's K to 12 Education Action Plan . As noted in the plan, the Manitoba government continues to work with education stakeholders, parents and caregivers to ensure

holistic supports are available to address student needs, including mental health and wellness.

A resource guide for teachers has been developed to increase awareness of the initiative as well as to

highlight the Physical Education/ Health Education curricular connections with menstrual health and hygiene, the minister added.

More information on the Access to Menstrual Products Initiative in Manitoba schools is available at https:// edu.gov.mb.ca/k12/cur/physhlth/ menstrual_products/index.html.





Local opera singer performs spring concerts

By Jennifer McFee

A local opera singer brought music to life through a classical music concert at the Canadian Museum for Human Rights.

Camryn Dewar of Stony Mountain, along with pianist Paul Williamson, performed a concert entitled Living Music in the museum's picturesque Garden of Contemplation on May 20.

The spring concert served as a tribute to living North American composers, including Métis composer Ian Cusson and Grammy-award winning composers Caroline Shaw and Jake Heggie.

"It was fabulous. There were so many people there from various periods of my life. I had a childhood friend from middle school that came out and also Mel Braun, who was my voice teacher for my undergrad at University of Manitoba," said 22-year-old Dewar, who is pursuing her master's degree in music at Montclair State University in New Jersey.

"Neil Weisensel is one of the composers whose music I sang at the concert and he came out too with Larry Desrochers, who is the CEO of Manitoba Opera."

After studying classical opera, Dewar discovered that living composers created the music she most enjoys singing.

"This past year showed me how much talent we have right here in our backyard in Canada and the States as well. Since this music is really difficult, not many people are performing it very often. I really wanted to bring a lot of this music to Manitoba," said Dewar, an operatic soprano who is a member of Red River Métis Nation.

"You can follow all these people on Instagram and see what they're up to, which you can't do with Mozart. You can't call him up and ask him why he composed something a certain way."

Dewar also wanted the concert to

take place at a venue that was meaningful to her.

"I was looking at maybe doing it at Cloverdale church, which is the church where my grandma played organ, or somewhere else in Red River that was meaningful to my family and ancestry, maybe like Louis Riel's house," she said.

She decided to reach out to the Canadian Museum for Human Rights to see if they had a performance space available for the concert.

"They were really gracious for us to work together and do the collaborate effort. I chose the Garden of Contemplation and we went from there," she said

"It was totally cool to be making meaningful music in an inspiring space like that. I'll definitely be back there because everything went really well. It was amazing."

Inspired by a homegrown opportunity, Dewar has decided to take a year-long academic sabbatical next year.

"At Manitoba Opera, they're doing an opera called Li Keur: Riel's Heart of the North, which is about Louis Riel and the central role of women in his life. It's about Métis women in general and their positive impact on the founding of Manitoba," she said.

"I don't think I'll ever have the opportunity again to be on the ground floor in Red River, where the Métis people were born, workshopping an opera about my people and my culture — and specifically about my experience as a Métis woman."

Métis poet and librettis Suzanne Steele wrote the production, with music from Métis composer and fiddler Alex Kusturok and composer Neil Weisensel.

"Li Keur" means "The Heart" in Michif, and the title reflects how Métis and Indigenous women are at the



RECORD PHOTO SUBMITTED

Camryn Dewar performing.

heart of the story. The collaborative effort includes songs and speech in Heritage Michif, French Michif, Anishinaabemowin, French and English.

"We actually prepped a lot of this opera back in 2021. Back when we were learning it, I was back in the chorus with my dad. I get my Métis from my dad's side of the family. We're singing the Métis folk songs that my grandma used to play on piano and we're singing them in Michif, the Métis language. It was just so powerful," she said.

"It's going to be so amazing to see how all of this is created for the first time. Because of that, I decided to take a year off. The opera will be from September to November. I'm going to be working on that in community involvement and section leading, and I'm also going to be in the chorus."

For those who missed Dewar's performance of the Living Music concert, you'll have another opportunity to enjoy the show. She will be performing the same program on June 5 from noon to 1 p.m. at Canadian Mennonite University (500 Shaftesbury Blvd. in Winnipeg) in the Laudamus Auditorium as part of the Agassiz Chamber Music Festival.



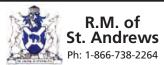








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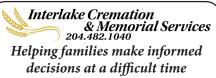


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JUST USE THE









Villages and towns along the Normandy coast will fill with visitors this week to commemorate the 78th anniversary of the D-Day landings on June 6. Flags will fly to welcome and acknowledge those who fought in the Great Crusade. Over the summer, hundreds of commemorations will take place to mark 80 days of battle.

and remembered

While not the only contribution by Canadian service men and women, D-Day takes a prominent place in Canada's cultural memory of the Second World War.

As a researcher of war heritage, I have observed and participated in commemorations in Normandy over the years. My focus has been on how the region, as a memorialized landscape of war, is managed and interpreted. I am also interested in the meaning people draw from the histories and stories told at these sites of memory.

THE POLITICS OF REMEMBRANCE

The politics of remembrance refers to the many voices engaged in how war and the fallen should be memorialized and remembered — from the challenges and opportunities associated with memorial design, speeches by heads of state and war art, to the interpretation of a war heritage site.

Politics of remembrance evolve with new interpretations of the past to suit present-day ideological needs. While expected, the politics of remembrance illustrate how the past can unify or divide people in the present. And the forces at play seem to be changing three issues point to a new politics of remembrance.

D-Day: The politics involved in how

war should be memorialized

The passing of veterans: There is the inevitable passing of Second World War veterans. With less than 20,000 veterans remaining, in their passing we lose the voice of witnesses.

New generations will become entirely reliant on learning about the Second World War through various secondary means, like museums, schools, local commemorations and books and films. More funding to support communities to remember and commemorate is important.

Canadian war heritage overseas under threat: In the early 2000s, the Juno Beach Centre was established in Normandy, but it is currently under threat due to condo development. The centre's mandate was ambitious — to not only teach about what happened in Normandy and Canada's wartime involvement, but of Canada

Veterans realized the importance of a commemorative hub in Europe for Canada's Second World War story. That vision, and the centre itself, warrants a national effort to protect and

204.482.6664

preserve this cornerstone of Canadian heritage overseas.

A MORAL OBLIGATION TO REMEMBER

Inherent in the politics of remembrance is the belief among many that there is a moral obligation to remem-

The meaning of remembrance is open to interpretation because each person's experience with and connections to war, military and civilian, are different.

Remembrance for the post-veteran generations involves learning about history and trying to comprehend the what, how and why remembering is relevant today. Visiting sites of war memory, such as Normandy, assist in gaining new perspectives while acknowledging that remembrance is also a journey to imagine the past and its context.

Standing in the footsteps of soldiers triggers many reflections, including on the violence of war, responsibility, camaraderie, sacrifice, liberation and freedom. People often think about what they would do, as hard as it is to imagine.

Geoffrey Bird is a Professor of war heritage, memory and culture, Royal **Roads University**

Selkirk

38 MAIN ST. SELKIRK

Manitoba Wildlife Federation hosts local clean up





ECORD PHOTOS SUBMITTED

The Manitoba Wildlife Federation, The Canadian Wildlife Federation, Manitoba Conservation Officer Service, Dunnottar Bird Watch, The Lake Winnipeg Report, The RM of St. Andrews, and Matlock Village Junction came together last week for a Warner Rd. area clean up in order to keep debris out of Lake Winnipeg. Fifteen volunteers trudged through the ditches and sand in order to collect bags of debris that was left after the snow melted and did a great job.







403 Eveline Street, Selkirk Office: 482-4319 Bar: 482-6015 www.selkirklegion.org

June Events!

- 2 Karaoke with Wayne 8pm
- 9 Uncle Basic band 8pm
- 11 Veteran's Dinner 4pm
- 15 Over 60's Club lunch
- 16 Geoff & the Rockets band 8pm
- 17 Support The Troops Golf Tourney
- 23 5 O'clock Somewhere band 8pm
- 24 Trivia Night 7pm
- 28 General Meeting 7:30pm
- 30 Entertainment TBA 8pm

Open Sunday 11 am-6:00 pm

Chase the Ace \$28,702.00+ As of

Mug, Spud & Steak Fundraisers

HALL RENTAL dates available

WING SPECIALS

Friday and Sunday

Mondays Tuesdays Wednesday Thursdays Fridays Saturdays
Crib 1:30 pm Member Day, Dance Lessons Poker Meat Draw & Chase Bingo
Bingo 7:30 pm Darts 7:00 pm 6:30 pm 7:00 pm the Ace 4:30-8pm 1 pm

All Welcome! - Ask about Member Specials



Choir concerts bring music to the masses

Music lovers are singing a happy tune since choirs are now singing together again after a pandemic pause.

The local music community is enjoying a harmonious spring with more excitement on the horizon.

Kendra Obach has her hands full with multiple Interlake choirs. She conducts the Collège Stonewall Collegiate choirs, as well as the Selkirk Community Choir and the brand new Meliora choir. She's also a founder and organizer of the Interlake Youth Choir program, which brings in different guest conductors each year.

Collège Stonewall Collegiate choir is back in full swing this year, Obach

"Last year, we were masked and distanced; however, by June we did have a concert," she said.

"This year, we have performed at a Winnipeg ChoralFest, recently performed at Stony Mountain, Centennial and Balmoral schools and a 55+ luncheon. We also put on a musical production through the school this year. We certainly feel as though we have returned to the community."

For Obach, singing is all about community and connection with others.

"It is an inclusive experience where we work together to create something bigger than each individual," she said.

"Singing is vulnerable and personal in a way that is different from instrumental performance. Singers also get the additional challenge of having lyrics to build story and emotion."

There's plenty to celebrate with Selkirk Community Choir, which is marking its 45-year milestone this spring.

"Last season, we had returned to inperson singing, but even by the end of the year, the choir and audience were masked and distanced," Obach said.

"This year, we have nearly doubled our membership with the return to singing and are excited to share our music.

The Interlake Youth Choir is a project that launched in the fall of 2016.

"The program includes a rehearsal camp weekend and a small Interlake tour for select singers from the region," Obach said.

"The 2023 Interlake Youth Choir is happening in October and currently accepting applications from interested singers who will be in grades 9-12 next school year. This year's guest conductor is GiUng Lee, an incredible, creative and passionate Winnipeg-based conductor.

For more information about Inter-

lake Youth Choir, email iychoir@ gmail.com or check out its Instagram

Adding to the local choral offerings is the new choir Meliora.

"My most recent passion project came from the joy of singing challenging music with good friends and good snacks. We met for the first time last summer and have gotten together every month or two. These 17 singers are all accomplished musicians and long-time choristers with exceptional musicality," Obach said.

"Our first concert is coming up with a theme of 'New Beginnings.' Creating this choir from the ground up, with a collection of amazing people, has been a super gratifying experience. We have explored things like who we want to be as an organization, what types of music we want to sing and how we want to be involved in the community."

This exploratory experience led the group to the name "Meliora," which means "he pursuit of better things."

"We believe that, as a choir, we help each other be better people and better musicians, and we can contribute to help make our community better as well. For each program we create, one of our goals is to not only host our own concert but partner with community groups to outreach and sing for others for free," Obach said.

"Our first community collaboration is going to be a quasi-choir concert and karaoke party with the clients at Interlake Community Living. Our evening concert will be performed at the Selkirk Gaynor Family Library, where we highly encourage our guests to come early or stay after to spend some time in the Sacred Spirits of Turtle Island."

It's refreshing to be practising and performing together again since all school and community choirs were shut down in the spring of 2020 when singing was deemed a high-risk activ-

"The school program pivoted to a general music program and the Selkirk Community Choir continued to meet over Zoom in order to stay connected and sing a little bit. We were physically away from each other for well over a year," Obach said.

"The return to singing in the fall of 2021 was gratifying; however, there were still many challenges. Singing with masks is hard enough, never mind sitting two metres apart. It is certainly more difficult to hear each other, and we didn't have any social events, coffee breaks or receptions."

The choir community certainly took



RECORD PHOTO BY PHOTO CREDIT JACK LEE

The Selkirk Community Choir performing at Christmas.

a hit and had to find creative ways to survive —and some choir programs didn't make it.

"Tabula Rasa was a young adult choir that has decided to dissolve after having been apart for too long," Obach added.

"There are other choirs in the area that I know have recently returned to singing in-person together, have been

rebuilding, and are back to regular singing and concerts."

These groups include the Quarry Choristers, Back Pew Boys, Octavia, Westshore Singers, church choirs and

"This singing season, beginning the fall of 2022, the choir world is back in full-swing. School choir is back to 'normal' with the hopes of rebuilding numbers as people become less hesitant of singing together and the possibilities of shut down," Obach said.

"Selkirk Community Choir membership has increased this year, back to similar pre-COVID numbers. We have slowly starting to sit closer together; however, we also have kept the option of masks and Zoom livestreams to help ensure people take precautions. In some ways, it feels very normal to do things like sing side-by-side, but we are still recent enough to appreciate the novelty of enjoying what we missed."

Selkirk Community Choir performed a concert called "Colour and Light" on Sunday, May 28 at the Lutheran Church of the Good Shepherd.

Coming up on Saturday, June 10 at 7:30 p.m., Meliora will perform a concert called "New Beginnings" at Gaynor Family Library Theatre (806



RECORD PHOTO SUBMITTED

The Interlake Youth Choir.

Manitoba Ave. in Selkirk). Tickets cost \$10 and can be purchased in advance since seating is limited. For more information or to buy tickets, visit meliorachoir.ca.

The Collège Stonewall Collegiate Concert will take place on Wednesday, June 14 at 7 p.m. at Stonewall United Church. Admission is by do-

Interlake Youth Choir is currently accepting applications for the fall camp program (students in grade 9-12 in September). This opportunity is not a weekly ongoing choir but an intensive experience on weekends. The early bird deadline is extended until Iune 10.

Selkirk Community Choir is always welcoming new members, especially at the beginning of each season. The choir will start again on Tuesday, Sept. 12 at 7 p.m. at Good Shepherd Lutheran Church. Email selkirkcommunitychoir@gmail.com for more information.

"Choir is back, and concert season is in full swing," Obach said.

"Choirs will be looking to build with new members in the fall. There are lots of groups and opportunities across the Interlake — so let's sing!"

get inspired > MEALIDEAS



Recipe adapted from thepioneerwoman.com

Servings: 6-8

- 1 tablespoon vegetable oil
- 1 white onion, diced
- 1 can green chiles, diced
- 3/4 can diced tomatoes with green chiles
- 1 block (16 ounces) cheese, cubed
- 8 ounces cheddar cheese, shredded
- 4 ounces mozzarella cheese, finely shredded
- 1 jalapeno, diced
- 3/4 cup pepperoni, chopped



Cheesy Pepperoni Dip

1 baguette butter

Heat oven to 375 F.

In skillet over medium heat, heat oil. Add onion and cook, stirring until softened, about 5 minutes. Add chiles and tomatoes; simmer.

Reduce heat and stir in cubed cheese until smooth. Turn off heat; stir in cheddar and mozzarella until melted. Stir in jalapeno and half the pepperoni.

Garnish with remaining pepperoni.

Slice baguette into 1/2-inch slices. Place on baking sheet. Add butter to tops of slices. Toast in oven until tops are golden brown. Serve with dip.



Prep time: 10 minutes Total time: 35 minutes

Servings: 9 Pizza Skewers:

1 box (12.8 ounces) Mrs. T's Mini Classic Cheddar Pierogies

3 cups cherry tomatoes

2 tablespoons olive oil, plus additional for brushing pierogies, divided

1 teaspoon salt

1/2 teaspoon ground black pepper

1/2 teaspoon oregano

1-2 cups mozzarella balls (18 total)

fresh basil leaves

bamboo skewers (10 inches)

Fresh Pesto:

2 cups fresh basil

2 garlic cloves, peeled

1/2 cup olive oil

1/4 cup pine nuts

1/4 grated Parmesan cheese

salt, to taste



Margherita Pizza Pierogy Skewers

ground black pepper, to taste Preheat air fryer to 400 F.

To make pizza skewers: In small bowl, combine cherry tomatoes, olive oil, salt, ground black pepper and oregano; toss to coat. Transfer tomatoes to air fryer tray or basket. Cook in air fryer 10 minutes, or until tomatoes are slightly charred; remove and set aside.

Lay pierogies on same tray or basket. Make sure not to overlap. Lightly brush each side with olive oil. Cook about 12 minutes, or until golden brown and crispy. Flip halfway through cooking.

To make pesto: In food processor, process basil; garlic; olive oil; pine nuts; Parmesan cheese; salt, to taste; and pepper, to taste, until smooth. (If preferred, use store-bought pesto.)

Add one pierogy to bamboo skewer followed by one tomato, one mozzarella ball and one basil leaf. Repeat with ingredients until each skewer is filled. Drizzle with pesto.

Citrus Watermelonade

1 cup hot water

2 cups sugar

6 cups watermelon, seeded, rind removed and cut into 1-inch pieces, divided

Five easy ways to get more nutrients daily

By Fitness & Nutrition Expert Julie Germaine Coram

Finally sunshine and summer weather is here! It is natural to have put on a few pounds during the wintertime, often due to a more sedentary day (in hibernation!), especially if you're working from home. I'm here to help you shed that weight quickly. Remember, you always have control of what food you eat, and it is becoming increasingly important to put in effort to make healthier food choices.

Whether you want to lose weight, maintain your current size, build muscle, or just optimize your health to keep your immune system strong, your diet is ultimately going to decide your success. Here are my top five tips as a food expert to boost the nutritional content of your meals without doing a complete lifestyle overhaul.

- 1. Eat more eggs, especially for breakfast or before bed. More protein is always beneficial for your health and eggs offer you a complete protein that your body can effectively use. Eating more protein helps develop and maintain lean tissues, which increases your metabolism naturally. Check out this recipe: https://www.juliegermaine.com/turkey-bacon-oat-cups
- 2. Choose dishes that are baked or roasted rather than grilled or fried at restaurants. Or cut the serving size in half by sharing it with a friend.
- 3. Solve sugar cravings with fruit, nature's candy. And, hey, now and then, enjoy those strawberries dipped in thick dark chocolate. You deserve it.
- 4. Love the crunch of chips at night? I hear you! Lately I've been loving Protein Chips by Quest, which you can find at Popeyes Supplements stores all around Winnipeg.



Fitness and Nutrition expert Julie Germaine Coram

5. Choose whole grain foods, such as multi-grain breads, whole wheat pastas, and brown rice over the white, processed versions. Your body will receive more nutrients to keep you healthy and these carbs take longer to digest, so you feel satisfied longer.

If you'd like even more information on healthy meals for weight loss and exercises to go along with that, my book, The 90 Day Weight Training Plan, is available for loan in Selkirk's Gaynor Family Library. Please visit my website for information on my virtual personal training and nutrition programs, including my 30 Day VIP Fat Loss Challenge where you can lose 2" from your waistline in 4 weeks with 30 minute home workouts!

Julie Germaine Coram; NASM Certified Nutrition Coach, NFLC Registered Personal Trainer, 2x International Pro Fitness Champion. Coach Julie has helped tens of thousands of men and women improve their health since 2005. Visit juliegermaine.com or www.calendly.com/juliegermaine

2 cups Florida Orange Juice 1 cup Florida Grapefruit Juice

3/4 cup lemon juice 3/4 cup lime juice

2 cups Florida Oranges, cut into 1-inch pieces, peeled

1/2 cup mint leaves

ice, for serving

Florida Orange Slices, for garnish (optional)

watermelon chunks, for garnish (optional)

In small saucepan over low heat, combine hot water and sugar; heat un-

til sugar is dissolved. Refrigerate until chilled.

In blender, puree 4 cups watermelon until smooth.

In large pitcher, stir watermelon juice, chilled sugar syrup, orange juice, grapefruit juice, lemon juice and lime juice until combined.

Add remaining watermelon pieces, orange pieces and mint leaves; refrigerate 2-3 hours until well chilled.

Serve over ice in glasses. Garnish with orange slices and watermelon chunks, if desired.

Spotside > OUTSIDE > UPSIDE DOWN

Royals post outstanding results at KPAC track and Field meets



Anthony Pyner was tops in the varsity boys' triple jump.

The Selkirk Royals had several outstanding performances at a pair of KPAC track and field meets held in Selkirk last week.

Placing first in varsity girls' events was Danica Kubay (javelin and discus). She also placed second in the shot put.

Emma Romans was tops in the 100-metre hurdles.

Other Selkirk athletes that finished in the top five of their events were Hannah Niemi (fourth in 200m), Ladina Appert (fourth in long jump) and Carley Catellier (third in discus and fifth in javelin).



Owen Giesbrecht soared to a first-place finish in the junior varsity boys' triple iump.

Selkirk was second in the 4x400-me-

Anthony Pyner placed first in the varsity boys' high jump while Lucas Preun was second.

Other top-five placings by Royals' athletes included Parker Carels (fourth in 200m and fifth in 400m), Lucas Preun (third in 100m hurdles), Jeremy Janella (fourth in 100m hurdles and fifth in high jump).

Selkirk also finished first in the 4x400-m race and fourth in the

In junior varsity girls events, Sel-



Danica Kubay finished first in the varsity girls' discus.

kirk's Danika Jakabek was tops in the javelin and triple jump and second in long jump.

Other top five placings were earned by Jayden Payne (fourth in javelin and 80m hurdles).

The junior varsity boys, meanwhile, saw Owen Giesbrecht place first in the triple jump. He was also third in long jump and third in javelin.

Tanner Wyryha was tops in the discus and fourth in high jump.



RECORD PHOTOS MATT PEARSON Danika Jakabek placed first overall in junior varsity girls' javelin.

Other Selkirk top-five results included Elliot Ferriera (second in javelin and third in 100m), Gavin Moldwon (third in shot put and fourth in discus).

Selkirk was also first in the 4x100m and fourth in the medley.

The MHSAA track and field provincials will take place June 8-10 in Brandon.

Royals lose in KPAC baseball final

By Brian Bowman

The Selkirk Royals had a tough first inning against the Garden City Fighting Gophers in the KPAC baseball championship game.

And it resulted in a loss.

Garden City scored six first-inning runs and eventually knocked off Selkirk 8-3 in the league final at Shaw Park in Winnipeg last Thursday.

"We came out a little flat out of the

gates and they put up six runs in the first inning and took a big lead on us," said Royals' coach Michael Buffie. "We tried clawing our way back a little bit to get a couple of runs and then they got a couple of insurance runs.

"Unfortunately, it was too little, too late. We got ourselves behind the eight-ball early and it's tough to come back, especially down six runs."

Nixon Carriere threw very well for

Garden City to earn the victory.

Noah Minaker got the start for Selkirk on the mound and then Ethan Debiuk came on in relief and pitched five solid innings.

Despite the loss, Selkirk was awarded a wildcard game against Birtle/ Shoal Lake/Strathclair to see who will advance to the MHSAA provincials in Glenboro, which begins Thursday and wraps up Saturday. The wildcard

game was scheduled to be played Monday but no score was available at press time.

"It's a chance at redemption to get a chance to play at provincials," Buffie said. "Our goal was to make it there this year so hopefully we can go there and put together a good game and have a chance at provincials."

Sportside > OUTSIDE > UPSIDE DOWN

Jehle, Grahame named to Canada's U21 men's volleyball team

By Brian Bowman

A pair of former Selkirk Royals have been named to Canada's U21 national men's volleyball team.

Josh Jehle of St. Andrews and Spencer Grahame of St. Clements recently spent time in Ottawa participating in tryouts and were notified they had been selected to the 16-player roster.

What an amazing accomplishment for these two elite players.

"It's awesome, just the experience and being with that calibre of players," said Grahame, who was a member of Canada's U19 squad. "It's special, for sure."

Jehle said his goal is to continue to get better by either training with Team Canada senior players or by competing against international competition.

"To train with the B team would be awesome," he said. "I'm certain that they'll have a great coaching staff there and I'm looking forward to getting the opportunity. It's going to be a higher level than I've ever seen compared to the university level. It's going to be a further step up. It's kind of a win-win situation, which is great."

For Jehle, this is his first time being part of Canada's national volleyball program.

"It's been an exciting process. Obviously, it's a very prestigious group of guys and I've been looking forward to this since my first two years of university," he said. "It's really been fun to be part of this group, for sure."

Jehle and Grahame have played on a multitude of teams over the years, including currently with the University of Manitoba Bisons. Grahame said it's very special to make Team Canada together and to be joined by Bisons' teammates Sammy Ludwig and Jonah Dueck.

"It's pretty cool to be training with these guys from Manitoba," he said. "I've been training with Josh since 13U in Selkirk. It's super cool. I've been on like 20 teams with Josh."



Josh Jehle

Jehle said it's really special to have the University of Manitoba so well represented on Team Canada.

"I guess it just goes to show that there is pretty good talent in Manitoba and it shows that we're good enough to compete at a national level," Jehle said. "It's exciting. I've represented Team Manitoba before in the past but it's definitely a bigger honour to represent (our) country so I'm looking forward to it."

Canada leaves for Canada this Thursday but will only be taking 12 players. At press time, Grahame and Jehle did not know if they were selected to compete in Cuba.

Canada will later make a trip to Bahrain in Saudi Arabia.

"It has some uncertainty to it," Grahame admitted. But I think it's good. It elevates the training in the gym."

For the players that will not be making the trip, they will be training with Canada's Senior "B" men's team.

"That will be an insane experience to train with the second-best national team for a week," Grahame said, adding he really enjoyed his time playing Royals' volleyball while being coached by Ryan Penner and Jeff Scarcello.



RECORD PHOTOS BY DAVE MAHUSSIER

Former Selkirk Royals' standouts Josh Jehle, left, and Spencer Grahame have been selected to Team Canada's U21 men's volleyball team.







Selkirk FC stopped by Sinjar FC

Selkirk FC's record dropped to 0-2 after a 4-1 home loss to Sinjar FC in MMSL3rd Division (MCSL Conference) action last Friday at the Recreation Com-

Chris Towes scored for Selkirk while Firas Qasim, Adel Hassoo, Firas Adi, and Orlando Gomez replied for Sinjar FC.

RECORD PHOTO BRETT MITCHELL

Selkirk FC was defeated 4-1 by Sinjar FC in MMSL 3rd Division action last Friday in Selkirk.

Selkirk started its season with a 5-2 loss to Triumph in Winnipeg on May 12.

Djamal Ramadam Adam and Spencer Golden scored for Selkirk FC.

Triumph goals were tallied by Thomas Patton (two), Mike Green, Kristjan Hunter, and David Szczepaniak.

In MMSL 5th Division play, the Tri-S Strike Force

was edged 2-1 by Landmark FC on May 22.

Tri-S' goal was scored by Kris Pellaers while Mark Petit tallied twice for Landmark FC.

On May 12, the Strike Force was shut out 6-0 by the Purple Cobras.

Tri-S, now 0-2, played Storm FC on Tuesday but no score was available.

Thunder varsity girls' football team continues to improve

The Interlake Thunder varsity girls' football team continues to improve each week.

Despite seeing their record drop to 0-2 after a 42-12 loss to the North Winnipeg Nomads last Thursday in Stonewall, the Thunder are showing vast improvement in all areas of the game.

"The reality is we drastically improved from our first game," said Thunder head coach Joel McDonald. "It's a team full of rookies. We've only got one player with any playing experience and the rest are all brand new football players. Overall, we're pretty pleased with the progress that we've made. The teams that we've been up against are basically all veteran teams.'

Interlake's offence gained plenty of first downs against North Winnipeg and the defence forced many three and outs, said McDonald.

"We stayed with them for most of the first half and then they started to slip away from us in the second half of the half," he said. "But, overall, the girls accounted for themselves very, very well."

The Thunder held two practices this past week which are extremely important in the team's development. McDonald said Interlake has a great, young coaching staff that is doing a fantastic job working with the girls.

"Practices are huge. During a game you get the playing experience but you don't get the chance to coach them up after every rep," McDonald said. "We've really been focussing on fundamentals in practice and taking them aside. We have an awesome coaching staff that have been able to work with the girls individually on their skills."

Interlake will host the St. Vital Mustangs this Thursday at 7:45 p.m. in Stonewall in front of what should be another good crowd.

"Home crowd is a big deal. The girls are really excited," McDonald said. "We had a really good turnout on Thursday, the sidelines were full and the girls do feed off of that. They like playing in front of their friends and family."

The Mustangs defeated the Thunder 36-6 on May 18. Interlake is hoping for a better result this time around.

"We're really excited about (this upcoming game)," McDonald said. "It will help give us a measuring stick as to how far our development is at. It's our second game against them and they knocked us pretty good in the first half but once the girls got their bearings about them, we had some (good) drives and we had some success.'

Royals hard at work in rugby





RECORD PHOTOS BY BRETT MITCHELL

The Selkirk Royals' Nodin Chapman, left, carries the ball against the St. Paul's Crusaders while Bryson Kramble goes high in the air during league action last Thursday in Winnipeg.

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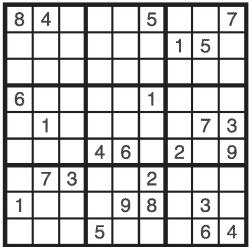
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take a break > GAMES

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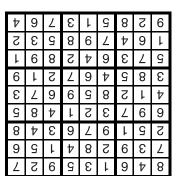
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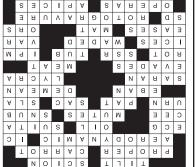
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Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer

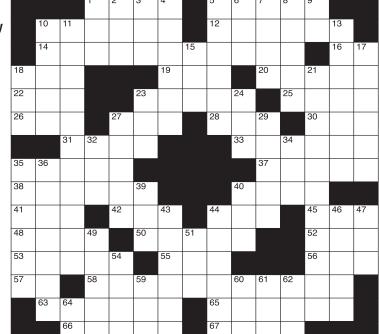


Crossword Answer

CROSSWORD

CLUES ACROSS

- 1. Sloping position
- 5. Descendant of a notable family
- 10. Following accepted norms
- 12. Root vegetable
- 14. Having a shape that reduces drag from air
- 16. Integrated circuit
- 18. Records electric currents of the heart
- 19. Used to anoint
- 20. Japanese city
- 22. After B
- 23. Muffles
- 25. Pass over
- 26. Vase
- 27. Soft touch
- 28. A baglike structure in a plant or animal
- 30. Patti Hearst's captors
- 31. Israeli politician
- 33. Degrade
- 35. Type of wrap
- 37. Polyurethane fabric
- 38. Avoids capture
- 40. Vegetarians avoid it
- 41. Decay
- 42. Soviet Socialist Republic
- 44. Vessel to bathe in
- 45. Inches per minute (abbr.)
- 48. Frosts
- 50. Dipped into
- 52. Controversial replay system in soccer
- 53. Comforts
- 55. Needed for yoga
- 56. Ands/_
- 57. South Dakota
- 58. Printing system
- 63. Dramatic works set to music
- 65. Highest points
- 66. Social division
- 67. Used to treat Parkinson's disease
- CLUES DOWN
- 1. Hill or rocky peak



- 2. Initial public offering
- 3. Type of light
- 4. Test
- 5. Flaky coverings
- 6. Former NFLer Newton
- 7. Part of the eye
- 8. Roman god of the underworld
- 9. Negative
- 10. Indiana pro basketball player
- 11. Replaces lost tissue
- 13. Denotes one from whom title is taken
- 15. Historic college hoops tournament
- 17. Hut by a swimming pool
- 18. Defunct European monetary unit
- 21. Feeds on insects
- 23. Adult male
- 24. Melancholic
- 27. Sheets of glass

- 29. Slang for famous person
- 32. Not good
- 34. "Ghetto Superstar" singer
- 35. The "World" is one
- 36. Used to make guacamole
- 39. Midway between south and southwest
- 40. Wet dirt
- 43. Ancient Egyptian name
- 44. Set of four
- 46. Strips
- 47. Wife
- 49. More dried-up
- 51. Socially inept person
- 54. Clusters on fern fronds
- 59. Bar bill
- 60. Prefix indicating "away from"
- 61. Very important person
- 62. Fiddler crabs
- 64. Special therapy

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Deadline for submissions is Tuesday, June 13, 2023 at 11:59 pm.



Interlake-Eastern Regional Health Authority

RURAL MUNICIPALITY OF ST. ANDREWS

Expressions of Interest -Airport Recreational Lands

The Rural Municipality of St. Andrews is inviting submissions for Expressions of Interest for potential partnership opportunities associated with the development of recreation and land at the site that is commonly known as the Airport Recreational Lands.

The intent of this process is to identify potential project partners that could provide benefits to the municipality and help facilitate the development of a new site, program and facility.



More details on this Expressions of Interest can be found on the RM's website www.rmofstandrews.com.

Deadline for submissions is Monday, June 19, 2023 at 12:00 p.m.

Brent Olynyk, Chief Administrative Officer R.M. of St. Andrews Box 130, 500 Railway Avenue, Clandeboye, MB ROC 0P0 Phone: 204-738-2264 cao@rmofstandrews.com

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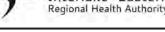
10 Tractors: JD 2750 Cab MFWA FEL, JD 6310 MFWA FEL, JD 2140 3PH, JD 3020 FEL, JD 2130 3PH, 2x JD 4020, INT 1086, CASE 1175, WHITE 2-60 FEL **Equip**: PREMIER 2920 SELF PROPELLED DSL 16' MOWER CONDITIONER, CASE IH RBX 561 RD BALER, BUHLER/INLAND 6060 RD BALER, JD 566 RD BALER, NH 166 RD INVERTER, HAYLINER AUTO BALE WAGON, CASE IH 8380 MOWER CONDITIONER, ROWSE TANDEM 9' X 2' SICKLE MOWER, VICON 1050 9 WHEEL RAKE, 22' HYD DUMP RAKE, HIGHLINE 6084 ROCK PICKER. HUTCH MASTER 10' OFFSET DISC, 16' LAND PACKER/ROLLER, NEW IDEA TANDEM MANURE SPREADER **Trailers**: 2015 FEATHERLITE ALUM. GOOSENECK 20' STOCK TRAILER, 2014 PJ GOOSENECK 30' FLAT DECK TANDEM DUALLY TRAILER METAL CORRAL PANELS, SELF STANDING PANELS 10' UP TO 30' ALONG WITH DIESEL TRUCK, STORAGE TRAILERS, OLDER SMALLER HAY AND GRAIN EQUIPMENT FARM MISC., LIVESTOCK HANDLING EQUIPMENT

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Competition number: IERHA 628/23 Please refer to complete job posting at:





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Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- · Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an

Please forward your resumé along with three writing and photography samples to:

Email: news@stonewallteulontribune.ca



MISCELLANEOUS

EC Men's blueish purple parka, sz XXL, w/black woolen hood; fits a man's sz XL, \$100, BN Men's sz 9 buckle-up leather winter boots, \$100; Sunbeam 2-slice TOASTER, ECIEWO, \$15; BN-CIEC pr. sz 9 Men's WORK BOOTS/SAFETY SHOES w/laces & steel caps over toes, \$100; BN floor vacuum cleaner \$150, Ph. 204-785-8598.

For sale: Baseball Umpire equipment, with bag. To replace is over \$425. Asking \$150 firm. Contact John at 204-785-1760.

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12 Patterson Dr., Stonewall, MB

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Estate & Moving Closes June 7 @ 7:00PM

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Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a homebuilt aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. LS Airways Flight Academy 204-651-1402.

UPCOMING EVENTS

Grand Marais Rec Centre Annual General Meeting/ Elections on Saturday, June 3rd at 3 p.m. at 90 Matilda Avenue in Grand Marais. Mb. Positions to be discussed - President. Treasurer, Secretary, Bingo Coordinator & 2 Directors positions. You must have a valid Rec Centre Membership (minimum 3 months in good standina) to vote or run for any board position. but all may attend the meeting.

Clandeboye Church Plant Sale, June 3, 2023, 12 noon to 4:00 p.m., 8456 Hwy 9, Clandeboye MB, Succulents, bedding plants, house plants, perennials and some vegetable plants.

Eddie's Gravel Supply Ltd. is Hiring

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Detailed Listings with Pictures, Directions, Viewing + Pick Up Dates, Online Bidding Go To; McSherryauction.com 204-467-1858 & Mcsherry@mymts.net



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NOTICES

URGENT PRESS RE-LEASES Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www. mcna.com under the "Types of Advertising" tab for more details.

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Grass calves, grass calves and more grass calves for sale - 300 lb to 750 lb Holsteins from \$1.85 lb beef grass calves 350 lb to 750 lb from \$2.90 lb live weight, can and will deliver anywhere. Call or text Darryl 204-216-0931 D.W. Enns Farms, Altona.

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Members General Meeting June 15th, 2023 at 7:00 PM

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Announcements

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Selkink/Record

ANNOUNCEMENT

ANNIVERSARY





Gerald and Doreen (Chuhie) Zalusky June 2, 1973 - 2023 Congratulations as you celebrate a milestone. 50 years together! We love you -Tracy, Kelly, Brynn, Nate, Jett, Clinton, Ory, Donna and the Cats xoxoxo

OFFICE SPACE FOR LEASE CLANDEBOYE AVE in Selkirk

For information please contact: BIG Real Estate 204-485-0010 email bigandcolourful@mts.net

Selkirk NOTICE OF PUBLIC HEARING

ZONING BY-LAW AMENDMENT

The City of Selkirk, under the authority of The Planning Act, will hold a public hearing to receive representation from any persons in respect to **By-law No. 5378** being an amendment to Zoning By-law No. 4968. Any person wishing to make a representation to Council can do so during the public hearing.

APPLICATION DETAILS

Civic Address:

215, 219, 223 McLean Avenue & two lots without civic addresses on McLean Avenue Selkirk, Manitoba

Legal:

Lots 85 to 94 Plan 11 WLTO

Proposal Intent:

The purpose of this zoning by-law amendment is to re-zone the shaded area as shown on the map from "R" Residential General to "C2" Central Commercial to enable the development of a multi-family building.



A copy of the above proposal and supporting material may be inspected and copied by any person from 10:00 AM to 4:00 PM, Monday to Friday, at 200 Eaton Avenue, Selkirk, MB

PUBLIC HEARING DETAILS

Date & Time: 6:00 PM, June 12, 2023

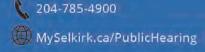
Location: Selkirk Memorial Hall 368 lemima Street

We ask that anyone wishing to submit advance written statements to do so prior to 2:00 PM on Friday, June 9, 2023. Materials can be sent by email to citizensupport@cityofselkirk.com or by regular mail.

INFO ON CONTACTING US



CitizenSupport@CityofSelkirk.com



ANNOUNCEMENT

HEAVENLY BIRTHDAY



Helen Calder Happy 99th Birthday Momma on May 30th in heaven

-Love from all of us

ANNOUNCEMENT

IN MEMORIAM

Penny Alexis Calder August 2, 1963 - May 28, 2022 Nothing can take away, The love a heart holds dear; Fond memories linger every day, Remembrance keeps vou near.

> -Love you always, Pat, Mike, Jackie and Jeff and Larry

Your memory will live forever Engraved within our hearts

Don't Forget **Your Loved Ones** WITH AN ANNOUNCEMENT IN THE Call 785-1618 or email lucy@selkirkrecord.ca

Red River Churches Refugee Team

COMMUNITY MEETING

Tuesday, June 6, 6:30 PM at Christ Church Anglican, 227 McLean Ave., Selkirk. Together, let's make a difference in the lives of refugees who are seeking private sponsorship to settle in our community. We welcome your support and participation.

rrcrteam.com

ANNOUNCEMENT

IN MEMORIAM



Charles (Carl) Skrypec October 2, 1937 - June 6, 2013

Ten years have gone since you have passed, Seems like forever since we talked last. We miss your voice, our talks, our laughs, When will this pain end, I often ask. All the memories that are left behind, Just go to show you were one of a kind. Our lives go on without you, But nothing is the same; We have to hide our heartache, When someone speaks your name. Sad are the hearts that love you, Silent are the tears that fall; Living without you, Is the hardest part of all. Our hearts are heavy as again we recall All the love you gave us, Which we miss most of all

> -Loved forever Nettie, children and grandchildren

ANNOUNCEMENT

IN MEMORIAM



Charles (Carl) Skrypec October 2, 1937 - June 6, 2013 It has been 10 years since God called you home, I still miss you even after so long.

Didn't really have a chance to say goodbye There were so many things I wanted to say "You were my brother"

Not by choice, but by the nature of our birth. I could not have chosen a better one, You were the best on earth,

And in my heart you'll always be Loved, remembered and forever missed. -Your sister Bernice

Your memory is engraved within our hearts

OBITUARY





Richard Joseph Masters December 1, 1950 -May 20, 2023

Richard passed peacefully at the Selkirk Regional Health Centre.

leaves to mourn his passing, Leslie, his wife of 40 years; his daughter Tyra (Curtis) and two grandsons, Nicholas and A.J; his sister Jane (David) and numerous nieces and nephews; sisters-in-law. Janice and Gail (Taras) and many cousins and friends.

He was predeceased by his father and mother, John and Pat Masters; his brother Michael; his son Troy: and his brother-in-law. Dean Nicolson.

Richard was born in Petersfield. Manitoba, and grew up on the family farm, After his father passed away at an early age of 47, his mother (a war bride from England), took Richard, his brother and sister, first to Selkirk, then to Montreal before moving them to England; there Richard furthered his education.

Richard came back to Manitoba to work on the farm, following his father's dream to rent lots out on the creek. Richard realized that dream, and made it his own, creating the Pajo Mirija Seasonal Resort with the help of his wife, daughter, sister and brother, his grandsons and his sister's family when they came over for summer holidays.

When not working on the Resort, Richard worked in the Elevator Trade as a mechanic for many years and retired due to poor health in 2000. Richard continued to be a mentor to his grandsons to take over the business with help from his wife Leslie.

The Masters Family Crest motto is: "Non minor est virtus quam quaerere parta tueri" which translates to: "It is no less an achievement to keep possession than to acquire it".

Richard worked very hard all his life to protect his family and attain his goals. He was a good, kind, loving and caring man

Richard will be fondly remembered by all his family and friends.

In keeping with his wishes, cremation has taken place and a Celebration of his Life will be held at a later date

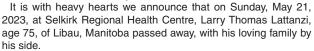
Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Larry Thomas Lattanzi



Larry was born on January 13, 1948 to Shirley and Leo Lattanzi in Virginia, Minnesota, and spent his growing up years in Hibbing, Minnesota, where he graduated from high school in 1966. He then pursued a university degree and later a diploma in Registered Psychiatric Nursing at Selkirk Mental Health Centre, where he enjoyed a career, until retirement.

He was a natural entertainer always willing to share his talents as a songwriter and storyteller. As a musician, picking up any instrument never phased him. Being left-handed wasn't even an issue, as he played his many stringed instruments upside down.

Travel was also important to Larry. He was thrilled that he was able to visit his relatives in Italy twice and to take various road trips, always with his music blaring!

Dealing with cancer for the past several years took its toll, but even through that he was always concerned about whether he had expressed to others just how much he loved and cared for them. He brought joy to his family, his children, his grandchildren and nieces and nephews. as he never missed an opportunity to uniquely connect with any interest they might have. He was instrumental in inspiring his family with a passion for music. As a person, Larry was kind and caring and always ready with a big hug and smile.

Larry was predeceased by his parents. Leo and Shirley Lattanzi; his mother and father-in-law Margaret and Dalton Chambers: his brother. Don Lattanzi and his brother-in-law. Jerry Kiorlien and his sister-in-law. Carol Chambers.

He is survived by his beloved wife of 38 years, Myrna; his children, Chadwick (Sarah) Anderson, Christopher Anderson (Emily Lindsey), Caitlin (Scott) Seath, and Jason (Brenda) Sirovy; his grandchildren, Liam and Lila Seath, Maggie Anderson, Drew and Callie Sirovy, and Ian Bardeaux; his nephews and nieces, Joe (Hannah) LaFeve, Tim (Carey) LaFeve, Rob (Laurie) LaFeve, Andrea Dowell, Amy (Sheryl) Kjorlien- Lewis, and all of their children. Also surviving is his sister, Vicki (Pete) LaFeve, his sister-in-law, Marilyn Kjorlien, his brother-in-law and sister-in-law Tom (Sheryl) Chambers, and brother-in-law and sister-in-law, Bill (Connie) Chambers, as well as many cousins and an incredible circle of friends throughout the U.S. and Canada.

In keeping with Larry's wishes, there will be no funeral. A family gathering will be held in his honour at a later date in Hibbing, Minnesota.

A special note of gratitude for the wonderful care Larry received must be noted: thank you to Dr. H. Demsas, Dr. P. Czaykowski, Dr. D. Puff and the I.E.R.H.A. Palliative Care Team, as well as both CancerCare in Winnipeg and Selkirk, Manitoba. The compassionate care Larry received at Selkirk Regional Health Centre during his final hours was very much appreciated by the family.

In lieu of flowers, donations may be directed to Gaynor Family Regional Library, CancerCare Manitoba, or the charity of your choice.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart

Announcements Selkink Regard

OBITUARY

Victor George Typliski May 24, 1931 to May 29, 2023 Passed peacefully with family. Details to follow.

OBITUARY





Rolf Simon

Rolf-the-electrician, age 73, of St. Andrews, passed peacefully on May 18, 2023 at the Selkirk Hospital.

Known for his love of wine, golf and animals, his winter beard and his summer clean shaven look along with his colourful suspenders.

Many thanks to CancerCare for an extra two years of golfing at Larters.

A heartfelt thank you to MAID for ending his pain and suffering.

Thanks to all family and friends who visited him in the hospital. It cheered his spirits even though he may have had a small nap while you were visiting.

No service will be held. Anyone wishing to honour his memory may make a donation to CancerCare or any Manitoba animal rescue: Manitoba Animal Alliance, Manitoba Underdogs, D'Arcy's Arc, Winnipeg Humane Society or any other animal rescue.

OBITUARY

Donald Robert Smorang



With broken hearts, love, and deep gratitude for all the wonderful years we have shared, we are profoundly saddened to announce the sudden and peaceful passing of our beloved Don on April 20,

Our sincere thanks to the nurses, doctors, and staff of the Selkirk Regional Health Centre and his family physician, Dr. Stephen Choy, for their medical care. A special thank you to V. Rev. Father Gene Maximiuk for his spiritual care of Don and our family.

Memorial service will be held on Saturday, June 3, 2023 at 11:00 a.m. in the Gilbart Funeral Chapel, Selkirk.

Memorial tributes in Don's memory may be made to: Holy Trinity Ukrainian Orthodox Metropolitan Cathedral, 1175 Main Street, Winnipeg, MB R2W 3S4, www.htuomc.org.

Vichnaya Pam'yat!

May his memory be Eternal!

Gilbart Funeral Home, Selkirk in care of arrangements.



ORITUARY

Brent Jeffery Hewitt

Brent Jeffery Hewitt, beloved husband of Theresa Hewitt, passed away on April 23, 2023, at the age of 70.

A memorial service will be held on Thursday, June 8, 2023, at 1:00 p.m. in the Gilbart Funeral Chapel, Selkirk, MB

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Bradley Chambers (Wright)

On Saturday, May 6, 2023 at the Health Sciences Centre, Brad Chambers, aged 63 years of Selkirk, Manitoba passed away.

Cremation has taken place and a private family graveside service was held. Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Diane Lynn Walker

Unexpectedly, on Tuesday, May 23, 2023 at her residence, Diane Walker, aged 66 years, of Selkirk, Manitoba, beloved wife of Chris, passed away.

In keeping with her wishes, cremation has taken place and a private family service will be held at a later date

Full obituary to follow.

Condolences may be left on her tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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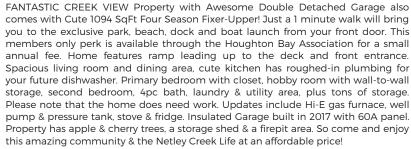


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