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## Headingley business takes on Selkirk to Winnipeg bus route

#### By Lindsey Enns

Help is on the way for the hundreds of local and area residents who rely on the Beaver Bus Lines Selkirk to Winnipeg service.

Exclusive Bus Lines announced last Friday they are teaming up with the City of Selkirk and Selkirk Transit to provide a bus transportation service between Selkirk and Winnipeg starting in early July.

Exclusive Bus Lines is a charter and tour company based out of Headingley, Man. and is part of the Walt Morris Group of Companies.

"Through the news we saw that Beaver Bus was foregoing this operation and we see it as an opportunity to be heavily involved in the community of Selkirk," said Walt Morris president and owner of Walt Morris Group of Companies. "We'll be very engaged with the riders and what really works for them."

Morris added a new service they plan to offer is an "express line," which will go from Selkirk to St. Andrews and then directly to the University of Winnipeg. Morris said this route will save riders at least 15 minutes going there and back.

Continued on page 7





**RECORD PHOTOS BY LINDSEY ENNS AND SUBMITTED** Jackie Healey, pictured above, is now recovering from the injuries she suffered after two teenage boys beat her and another woman with baseball bats and pool balls in socks while they were working at the Selkirk Behavioural Health Foundation on May 29. For a story, see page 3.

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# PCs slice school tax rebate for high-earning seniors

#### **Bv** Austin Grabish

**FOR YOUR** 

Manitoba's PC government is doing away with a school tax rebate for high-earning seniors that the Selinger government initiated in 2014.

The rebate, which gave up to \$470 back to seniors, is now only available to those aged 65 and older who earn less than \$63,500 a year.

Seniors who earn \$40,000 to \$63,500 will also see a tax hike of about \$100 per year.

Finance Minister Cameron Friesen said any policy surrounding taxes must be based on principle, and the seniors' tax rebate was far from it.

"A government that in its last gasp takes the desperate move of trying to buy seniors with their own money when they're running a billion-dollar

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deficit, we would say that's not a principle approach," Friesen said.

Premier Brian Pallister told reporters the NDP only initiated the program as a vote-buying scheme.

"It was an irresponsible promise by a previous government that was totally desperate to buy votes with money taking from children and grandchildren that shouldn't have to pay the price." Pallister said.

The PCs are also changing how the program is administered in a bid to cut costs, they say.

Friesen said the Canada Revenue Agency program will now administer the program, so the rebate can be earned at tax time. Currently, seniors must apply directly to the province for the rebate after receiving their prop-

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erty tax bill.

"Our prede-HEALTH Ask the Denturist cessors set up a separate office where they licked stamps and fixed labels and sent notices out to Manitobans indicating that they'd be eligible for a rebate," Friesen said.



**RECORD PHOTO BY AUSTIN GRABISH** 

Manitoba Premier Brian Pallister says the PCs are doing away with a tax rebate program for high and middle income earning seniors because it was a vote-buying scheme by the former NDP government.

Friesen said the change to the way the program's being run will save up to \$900,000 per year in costs.

"Those seniors who actually need the support will continue to receive it," he said. "That's something we should all feel good about."

The Canadian Centre For Policy Al-

ternatives said the decision is a move in the right direction.

"Moderate income seniors and high-income seniors don't need a tax credit on education taxes, everybody benefits from education taxes," said the centre's Manitoba director Molly McCracken.

## **Gimli finalist in national One Horse Town contest**

Staff Gimli is among six communities across Canada that is a



finalist in Coors Banquet's One Horse Town – a national contest and search for Canada's proudest and hardest working small town.

The winner of Coors Banquet's One Horse Town will be revealed on July 9 with the winning community receiving a concert experience later this summer featuring 2016 JUNO Fan Choice and Country Album of the Year nominee Dean Brody and fellow top Canadian country music artists Chad Brownlee and River Town Saints at One Horse Town.

Continued on page 7

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# Woman 'still in shock' after brutal attack

#### By Dave Baxter

Jackie Healey spent last week recovering from a violent and brutal attack in St. Andrews and now the 23-yearold says her injuries are so severe that life will never be the same.

On May 29 Healey and one other female worker were beaten by two teens that used baseball bats and pool balls in socks as weapons at the Selkirk Behavioral Health Foundation (BHF) male youth centre located along Breezy Point Road in St. Andrews.

Both Healey and the second victim suffered from what RCMP called "blunt trauma injuries."

Healey was released from hospital on Monday, and shared the extent of her brutal injuries in a telephone interview on Tuesday morning.

"I have severe consistent pain with my head where I was beat with a baseball bat and pool balls put into a sock," Healey said. "The doctors said my skull is cracked in many different places, my eye bone is shattered, which caused bone fragment to press against the optic nerve causing me to go blind in one eye."

Healey can still remember what happened just before the attack and the harrowing moments right after as she fought for survival.

"I only remember seconds before the attack, and running down the stairs after the attack, from the third floor," she said." I pulled the fire alarm, which only rings in the main building.

"I barricaded myself in the main office on the main floor. I slid the dresser across the door and called the Selkirk RCMP."

She said she waited in horror for police officers to arrive.

"I remember the RCMP members walking in, three of them, I started waving my hands to let the male officer know I was in the office. He came in and held me, I knew I was safe," she said. "I was full of blood and



SUBMITTED PHOTOS

ABOVE LEFT: A photo Jackie Healey posted on her Facebook wall last Tuesday morning shows the degree of injuries she suffered after two teenage boys beat her and another woman with baseball bats and pool balls in socks while they were working at the Selkirk Behavioural Health Foundation on May 29. ABOVE RIGHT: Healey posted a photo of her visiting with friends while in hospital last Friday.

he hugged me. He walked me to a stretcher where I was taken to the Selkirk General Hospital and transferred to HSC (in Winnipeg)."

Healey was finishing her last shift at the BHF as part of a Red River College work practicum when she and one other women were attacked by two teenage boys ages 16 and 17.

Both teens were arrested in Winnipeg two days after the attack.

"For the three weeks I was there at BHF I got along with the boys very well, especially with the 16-year-old," Healey said. "I looked forward to going in, spending time with the boys. They brought me joy.

"I even went in on my days off. I have no clue why they attacked me, and I am still in shock that they did, because we had such a good bond. I thought we had a good bond."

Healey has shared horrific stories and also posted disturbing images of her injuries on social media, but she has also talked about how friends, family and even total strangers have stood by her side.

"Since last Sunday, I have had my family, friends, strangers, and many people from the Interlake, people I don't know sending Facebook messages, people all over the province sending their love, support, hoping for a speedy recovery and that they have me in their prayers."

She said she has spoken personally with both Premier Brian Pallister and Manitoba Keewatinowi Okimakanak (MKO) Grand Chief Sheila North Wilson.

"I have received cards flowers and messages from people who I don't know, and that is beautiful for people to think of me and wish me a speedy recovery."

BHF board chair Jody Ostapiw said there will now be both a criminal investigation as well as an internal investigation done by the foundation.

"We're still putting the pieces together, and it's too early to comment about specifics," she said. "We're doing our own inquiry, and we are cooperating with all the different entities involved when something happens at a rehabilitation centre, and we are cooperating with the criminal investigation."

The BHF said earlier this month they would be closing both their 16bed male youth facility in St. Andrews and their youth female facility in St. Norbert this month if they could not secure a new funding model from the province.

Ostapiw confirmed Monday that both facilities have now been closed indefinitely and she could not say if they will ever be reopened.

She added the closing of the facilities is due to funding issues and not because of the recent assault on the two women.

The BHF has said that most of their beds in both facilities were only funded when they were full and that funding model was not sustainable.



# Leaders look to cash in on infrastructure funds

## Trudeau pledges big bucks for infrastructure at FCM gathering

#### By Dave Baxter

Prime Minister Justin Trudeau promised the Liberal government will make major long-term investments in municipal infrastructure and that was music to the ears of two local mayors.

While speaking at the Federation of Canadian Municipalities (FCM) 2016 Annual Conference and Trade Show last Friday morning in Winnipeg, Trudeau reiterated his campaign promise to invest big bucks into infrastructure.

"In our first budget our government outlined its plan to invest \$120 billion in infrastructure over the next 10 years,"Trudeau said to the more than 1,500 municipal leaders who gathered at the conference.

"As we promised Canadians, our budget included targeted investments in public transit, as well as green and social infrastructure to create good



**RECORD PHOTO BY DAVE BAXTER** 

Prime Minister Justin Trudeau reiterated his campaign promise to make big investments into municipal infrastructure during his keynote speech at last week's Federation of Canadian Municipalities 2016 Annual Conference and Trade Show.

jobs, better our communities, and grow the middle class."

Trudeau said the Liberal government will make it a priority to listen to local municipal leaders when handing out cash for infrastructure projects.

"We didn't develop this plan in isolation," he said"We spent years listening to people like you in communities across the country, and this is what you told us was needed.

"People need better roads and highways so they can spend more time with their families and less time stuck in traffic.

"People need reliable public transit to get to work and school on time. People need to know that the next flash flood won't cost them their homes." The Liberal government has pledged to invest \$12 billion in "phase one" of their 10-year infrastructure plan.

Selkirk Mayor Larry Johannson said Selkirk is preparing itself to benefit from the Liberal's plan.

"The way the first round is going you have to be shovel ready," Johannson said. "And they want projects done by 2018. So we know that we're ready for that.

"It just lines up so well for Selkirk. Infrastructure is a key component, health care is a key component, tourism is a key component, and flood mitigation is a key component, and we are hearing it now from all levels of government."

West St. Paul Mayor Bruce Henley also said when it comes to getting cash from the feds for infrastructure, it's all about being ready.

"The government is going to spend, and with any community you'd be foolish to pass up on it," Henley said. "It's important that every community make sure that they are ready.

"In West St. Paul we are shovel ready. We've got multiple applications ready to go, and we will pursue every grant that is available."

# **Conference brings leaders together from across Canada**

By Dave Baxter



Local leaders believe their presence

at the recent Federation of Canadian Municipalities (FCM) 2016 Annual Conference and Trade Show, will ultimately benefit the communities they lead.

Both West St. Paul Mayor Bruce Henley and Selkirk Mayor Larry Johannson spent June 2 to 5 at the conference in Winnipeg that brought more than 1,500 municipal leaders from across Canada into one room at the RBC Convention Centre.

A number of council members from both Selkirk and West St. Paul also spent time at the conference.

"For our council it's all about being able to touch base with fellow colleagues and people you only see once a year from other cities and towns," Johannson said."We all have the same goal in common, to move our communities forward, whether you are in a big city, small city or an RM, we all have the same common goal.

"It's so important to talk to people to find out where they are going and what they are doing, because everyone has good ideas."

Johannson said he believes small cit-

ies across Canada can start to look at Selkirk as a"model."

"A lot of these cities are looking at us. People know Selkirk is on the go. For any city of a similiar size they should be looking at Selkirk."

Henley said he believes it is important for him and his council to be at large events like FCM.

"Every community is different," Henley said. "Some are looking for housing, some transportation, some roads and bridges, so you have to be cognizant of that.

"The need in West St. Paul is not the same as it is in other areas, but we are all chasing the same dollars."

The convention also featured a trade show and a keynote address by Prime Minister Justin Trudeau.



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# Students take on outdoor classroom challenge

#### **By Lindsey Enns**

It may have been raining but that didn't stop a group of local kindergarten students from spending the day outside learning.

Wearing a pair of rubber boots, a rain jacket and a black hat, six-yearold Atreese Chief didn't seem to mind dealing with the wet weather last Wednesday afternoon. He even found a long, slippery worm on the ground to keep him company.

A group of Robert Smith School kindergarten students wrapped up a two-week outdoor classroom challenge last week.

Robert Smith School kindergarten teacher Rhonda Hopkins said the goal behind the idea was to teach young children that it's OK to be outside, no matter what Mother Nature throws at you.

Hopkins added students were taught how to deal with and be safe in different types of weather.

"With all of the rain we were talking about the environment and all of this is hands-on, a lot of it is inquiry based learning where kids discover things



**RECORD PHOTOS BY LINDSEY ENNS** 

ABOVE LEFT: A group of Robert Smith School kindergarten students build a bridge out of old milk crates in a large puddle outside their school last Wednesday afternoon. The students wrapped up a two-week outdoor classroom challenge last week. ABOVE RIGHT: Five-year-old Kaysen Taylor watches water drain into a puddle outside Robert Smith School last Wednesday.

along the way," she said. "They've been seeing night crawlers and rabbits and worms and they've been loving it."

Hopkins added the students were also tasked with planting trees on school property and helped out with planting some flowers. "We've eaten our lunches outside for two weeks and just spent the day writing, learning and discovering."

Hopkins added parents and guardians of the students were notified ahead of time so they would be dressed appropriately for the weather. Their two-week challenge also involved a trip to Little Lake Park.

Hopkins said the challenge's ultimate goal was to get students outside and more familiar with their surroundings outside of the classroom.

"It's alright to be outside in the rain and sun," she said.



## No minimum wage increase 'disappointing' for poverty advocate

#### By Austin Grabish

The Manitoba government is holding the line on a minimum wage hike this year for the first time since 1999.

Finance Minister Cameron Friesen said he would not commit to raising the minimum wage from its current \$11 per hour rate this October while speaking to reporters about the Progressive Conservatives' first budget last Tuesday.

Friesen said a hike to the minimum wage is only "one side of a coin."

"We're focused right now on what we believe is the most important change that we can make to help affordability for families for income earners," he said.

Under the previous NDP government, minimum wage had gone up every year since the party rose to power in 1999.

During the recent provincial campaign, former premier Greg Selinger vowed to keep rising the province's minimum wage by at least 50 cents per year if the NDP were re-elected.



**RECORD PHOTO BY AUSTIN GRABISH** 

Finance Minister Cameron Friesen speaks to reporters about the first PC budget at the Manitoba legislature last Tuesday.

The Canadian Centre for Policy Alternatives' Manitoba office lambasted the PCs move last week calling it"very disappointing."

The centre's director Molly Mc-Cracken said while Manitoba's welfare rates have remained stagnant, the cost of living has continued to rise.

"We calculate that a single parent working full-time would have to earn \$15.53 to be at the poverty line," Mc-Cracken said."Our minimum wage is \$11 an hour."

McCracken said Manitoba's minimum wage should have risen to \$11.20 this year to keep up with the rate of inflation.

McCracken said last week's budget is very much"status-quo."

"It doesn't really do very much to address income inequality and poverty in any substantial ways," she said.

Friesen said income tax brackets will be indexed with the rate of inflation so low-income earners will be able to earn more without paying taxes.

But McCracken said raising the basic personal exemption amount would only result in about \$16 more in the pockets of low-income people.

"You know \$16 dollars doesn't really go very far," she said. "The Conservatives said they'd put more money on the kitchen table.

"This actually takes money off of the kitchen table."

Friesen did not say when his government would consider raising minimum wage again.

## Manitoba signs interprovincial agreement to battle invasive species

#### Staff

The province has joined forces with Saskatchewan, Alberta, British Columbia and Yukon to mark Canadian Environment Week and announces the signing of an interprovincial-territorial agreement for a co-ordinated regional defense against invasive species.

"Manitoba is the gateway to the West and an important battleground in the fight against the spread of aquatic invasive species, such as zebra mussels," Sustainable Development Minister Cathy Cox said in a release on Monday. "Working with our neighbours to the west allows us to make the most of our efforts to limit the further spread of invasive species."

Aquatic invasive species (AIS), specifically zebra and quagga mussels, pose a major threat to the health of Western Canada's aquatic ecosystems and, if established, have the potential to severely impact aquatic habitats, recreational and commercial fisheries, valuable recreational resources and water-related infrastructure. Manitoba has worked with Alberta, British Columbia, Yukon and Saskatchewan to reach an agreement on a co-ordinated regional defense against invasive species. The initial scope of this agreement will focus on aquatic invasive species.

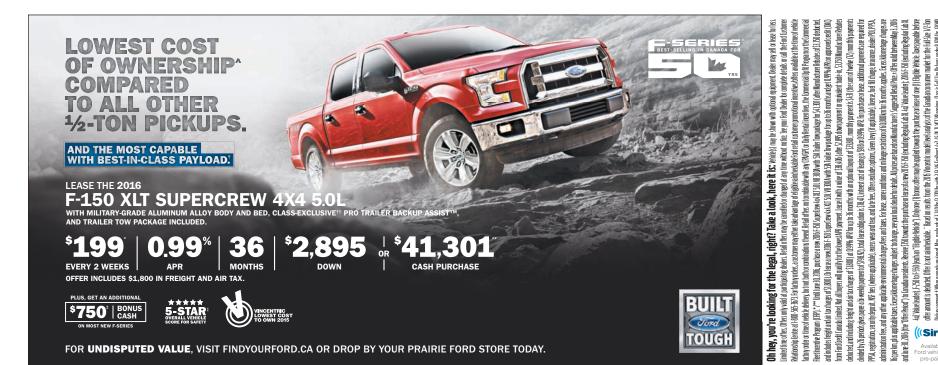
The agreement enables increased co-ordination between jurisdictions in Western Canada to share resources and co-ordinate planning related to both prevention and response to aquatic invasive species such as:

• pre-planning of watercraft inspec-

tion stations to maximize efforts on shared highway crossings; and

• increased ability to connect with resources from other provinces (e.g. people and expertise) to assist in a rapid response in the event of any mussel detections.

The province would like to remind Manitobans that it is illegal to possess or transport zebra mussels in Manitoba. Zebra mussels have been found in Lake Winnipeg, the Manitoba portion of the Red River and Cedar Lake north of Lake Winnipegosis.



# **Positive relationships help close the gap, AFM national chief says**



Assembly of First Nations National Chief Perry Bellegarde speaks about relationship building during the Moving Forward to Safer Futures conference last week in Winnipeg.

#### **By Dave Baxter**

A prominent Indigenous leader says improving relations between Indigenous people and police officers is all about building strong relationships between both sides.

Assembly of First Nations National Chief Perry Bellegarde spoke at the Moving Forward to Safer Futures conference last week in Winnipeg.

The event saw police, policy makers and members of Canada's Indigenous community gather in downtown Winnipeg for three days of conversations and presentations.

The conference featured discussions to promote an understanding of the "disproportionate number of Canada's Aboriginal people, amid multiple and composite risk factors that severely jeopardize individual, family, and community safety and well being."

The conference also touched on the idea of creating a "renewed atmosphere of cooperation, collaboration and mutual respect" between Canada's Aboriginal Peoples and law enforcement.

In his speech, Bellegarde said building positive relationships between Indigenous people and law enforcement is all about "closing the gap."

He referenced statistics on a number of social issues that are far different when comparing Indigenous to non-Indigenous people.

"That gap represents all those things police see on a regular basis," Bellegarde said. "It represents the rate of poverty and suicide, the lack of housing, and 132 boil water advisories.

"It represents the disproportionate number of

Indigenous people in jail, and the 1,200 missing and murdered Indigenous women and girls.

"And it represents the 40,000 Indigenous children in care."

He said both police officers and Indigenous people have to work on building positive relationships with each other.

"There is still that fear when you see the police car that the lights are going to go on," he said. "I still get like that, and I don't know why.

"It's all about relationship building and building trust, and that is starting to change.

"A lot of people now say police are doing that every day. We're starting to break that belief that the police only come to arrest us and beat us up."

Back in February outgoing Winnipeg Chief of Police Devon Clunis travelled with other Winnipeg Police officers to Brokenhead Ojibway Nation to work on relationship building and to meet with youth in the community.

Clunis said back in February that Winnipeg police officers have been travelling consistently to First Nation communities recently, because they know many people in those communities could one day end up in Winnipeg.

"So it builds that relationship and helps to educate people in the communities about what they should be aware of when they come to the city," Clunis said in a previous interview. "Our mantra as the Winnipeg Police is crime prevention through social development and that starts with building relationships, and not just by waiting for people to come to us."

## > VOTING ENDS JULY 4, FROM PG. 2

The six town finalists include Kimberly, British Columbia; Vermilion, Alberta; Gimli, Manitoba; Kenora, Ontario; St. Jean Port Joli, Quebec and Truro, Nova Scotia.

Canadians over the age of 19 are encouraged to head to Coorsbanquet.ca/oht to vote for their favourite of the top six towns. The town that receives the most votes by July 4, at 11:59 p.m. will be announced the winner of One Horse Town and will host a concert open to local residents aged 19+ from that community.

The grand prize winner will continue the tradition started last year in Lacombe, AB.

## > CITY PLANS TO WORK WITH EXCLUSIVE BUS LINES, FROM PG. 1

"This will be over and above our regular runs," he added. Selkirk's CAO Duane Nicol said the city has been working with Exclusive Bus Lines and assisting them with their application for a Motor Transportation Board license to operate a bus service between Selkirk and Winnipeg.

Although in a release on Monday afternoon Nicol said the city is "cautiously optimistic" the service will be coming to Selkirk, Morris confirmed last Friday it is.

Nicol added the city and Selkirk Transit has provided the company with information about Selkirk to help them take over the service. However, he said, the city will not be offering a cash subsidy for the service.

"In this case partnership means working together," Nicol said in a release. "We have agreed to allow the service to use our bus stops and we've agreed to help promote and market the service with our online channels and in our facilities.

"We are most excited about the potential to make using Selkirk Transit and the commuter service more seamless for riders."

Although the details are still being worked out, Morris said they will be using a number of buses that can transport 45 to 55 people. He added they plan to release their full schedule over the next few weeks.

Although Beaver Bus Lines announced in late March they would be shutting down their Selkirk to Winnipeg bus route due to low ridership, Morris said they don't have any concerns when it comes to taking over the service.

"We're going to be more engaged on the ridership and we're going to make it more convenient and better for the people," he said, adding once they get up and running they will have a better idea of how they will operate the service. "There's definitely a need for it."

Selkirk Mayor Larry Johannson said this new service is coming in at just the right time.

"Losing the commuter service was going to have a negative impact on many citizens and local businesses," Johannson said in a release on Monday."We are pleased that this private company wants to come to Selkirk to breathe new life into the service.

"We see this as a win-win and we congratulate Exclusive on their new venture."

The Beaver Bus service currently takes residents back and forth from Selkirk to Winnipeg 10 times a day during the week.

The company says they will discontinue their Selkirk to Winnipeg scheduled bus service on July 1 "due to decreased ridership and rising expenses."

Although between 250 to 300 people use the service daily during the week, that still isn't enough to make it feasible, Beaver Bus Lines Selkirk division manager Kim Macdonald previously told the *Record*.

Beaver Bus currently runs between Winnipeg and Selkirk and also makes stops in Middle-Church, Rivercrest, St. Andrews and Lockport.







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# All grown up and sharing fish tales

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Hi fellow fishers and anglers.

> ARNIE WEIDL

Quite by chance a few days ago, I met a wonderful lady angler by the name of Tetiana Malovanna from East Selkirk who had an unusual fishing story for us. I was struck by her outgoing character and charming European accent as she went on about fishing in Pruden Creek north of Libau. She said she had decided to reel in her line to check her bait when she felt a heavy load. She gripped her rod hard and reeled in with determination until a great golden carp broke the surface of the water coming to her sideways. Instantly she realized she had snagged it on its' dorsal fin but the minute she loosened her line it took off for deeper water.

This she could not have because you see she had a very good way of preparing carp in a pressure-cooker. She cried out to her friend Ed to help and together they dragged it onto shore. Later that night Tetiana worked her magic making a stew with the fish and vegetables in her pressure cooker.

I wasn't sure if I was going to find anyone fishing at Riverton's Sandy Bar last Saturday. Rain slapped "old red's'" windshield as I drove along the wide high curving gravel road through the unending marsh fields east of town but the minute I reached the beach landing the wind became still with not a rain drop to be had.

I stopped short of the beach sand where to my left a water break of large boulders reached out into the Lake Winnipeg bay. A retired couple sat on the beach while out in deep water a young lad atop a boulder in a wide stance made ready to cast his baited line into the motionless glasslike water. The weighted line made a plopping sound as it sank and almost immediately the boys' rod end began to quiver. He jerked it high revealing a nice hooked bass as he came to



**RECORD PHOTO SUBMITTED** Owen Stockton with a lake trout he caught in Peerlees Lake.

shore jumping from one big stone to another.

Our junior angler here was Gracyn Melsted and the folks watching him were his grandparents Donna and Victor Potoski. Young Gracyn, who was as high as my shoulders and built like a football player, had a story.

About a week ago he and his father Brad were driving to Hecla and noticed a grey flash in the causeway ditch beside the road. They stopped and stepping cautiously to the rough edge of the wide ditch saw a meter long jackfish lazily swimming around.

They shook up the water but it just kept on swimming below the surface so they got their fishing rigs and tried to catch it. The fish mocked them, staying just out of reach and ignoring their baited hooks.

Father and son were totally perplexed. Finally they jumped in the truck went home and got their big fishing net and sure enough when they got back to the spot where they had seen the fish, there it was still swimming about. With one try Brad netted it and at supper that night they enjoyed that lazy jack just fine, thank you very much.

Getting down to the Red River bank by the Selkirk "steam plant" without four wheel drive right now is risky at best. I was tossed up and down in the truck getting there a few days ago but it was worth it because I met former Selkirk boy's father and son James and Owen Stockton who live in Alberta and are back for a family gathering. Jim wanted to tell the story when

Owen was just a little guy, open water fishing with him, he caught a small sauger with his kids' rod. Dad told him it was too small and had to be thrown back. Owen was angered, crying and totally smitten. Jim comforted the boy and sent his rebaited hook back out where upon it was immediately taken by a large jackfish, so big in fact that it snapped Owens' line. Poor Owen, he looked up at his dad not knowing what to make of it all.

Well, Owens' a big grown man now and as pictured with the lake trout he caught in Lake Peerless, fish don't get away from him

anymore. Until next week mv friends, bye for now.



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**TROUBLE WITH PAPER DELIVERY?** 

## Winnipeg Transit to showcase local boy's superbus

#### By Dave Baxter

One young man's artwork will be prominently displayed in Winnipeg, while it rolls down the streets of the big city on a big bus.

Quinn Fyfe is a seven-year-old Selkirk boy who goes to École Bonaventure.

While walking in The Forks with his mother Cristal during a weekend in April, Quinn noticed an art contest happening in the Forks Market and decided to put his artistic talents to good use.

The contest asked children and youth to draw a picture of what they thought a "superbus" could look like in the future as a way to promote transit ridership to Manitoba families.

After hearing what the judges were looking for, Quinn sat down and got to work on his superbus.

Quinn had some big ideas for what he thought a futuristic bus might look like.

The bus he drew was one that could drive on streets and also float on water, and it had rocket boosters on the back.

The bus had two storeys, with the top floor having a TV for riders to watch, and it also had an entire section for pets.

Quinn's superbus was named one of the 10 runner-ups in the contest, and his artwork will now be displayed inside a Winnipeg Transit bus.

"My mom told me I was a winner, and I was just very happy," Quinn



SUBMITTED PHOTO

Quinn Fyfe of Selkirk stands next to his version of a futuristic 'superbus' which was displayed at a reception at The Forks on May 4 and will soon be on display on a Winnipeg Transit bus.

#### said.

The Selkirk boy and his family were invited to a reception at The Forks to be formally congratulated on May 4 where all the winning pieces were put out on display.

"He's a very humble kid," Cristal said."He just likes to colour and draw and paint, and now he's even started making comic books with little stories.

"He has a good artistic and creative side. For a humble little boy to get this recognition is pretty awesome." Cristal added Quinn's grandmother lives in Winnipeg and he takes the bus with her to get around when he visits her.

"We'll have to find out which bus it's on and if we can't we might just have to take a bunch of different buses until we find it," Cristal joked.

Along with 10 runner-ups, one youth was named the grand prize winner, and that child's piece will be displayed on the outside of a Winnipeg Transit bus.

## **letters** We need to boost our bus ridership, Selkirk

This in regards to the story "Bus shutdown could close decades-old barber shop," which appeared in the June 2 edition of the *Selkirk Record*, this is an open letter to the mayor and council of the City of Selkirk.

I am the past deputy mayor (sitting when the Selkirk Transit was first initiated). At the time, council was trying to help our citizens to travel to the new businesses on Manitoba Avenue, the Selkirk General, Gerdeau Steel Mill, Selkirk Mental Health Centre and for the nursing homes to enable them be afford them the ability to attend all of the above for employment, personal shopping and health care.

During that time I have heard so many complaints that Selkirk Transit was not available during the hours that was needed for our citizens.

We have all heard of the low ridership and now we all see a much bigger bus travelling on our bus route, yes, yet again very empty.

I believe that the City of Selkirk should be running their new bigger transit bus at least four times a day (twice in the morning and twice in the evening) back and forth to Winnipeg to help our working and student citizens to attend their prospective schedules.

If they do not, I see the end result as that the City of Selkirk will be losing more of our youth, businesses and families having to leave Selkirk.

What a shame. The city is allowing more housing to be built, but who is going to live in them?

Let's get our ridership higher, Selkirk. Get your bus seats filled with people who need them. They are not running at the times that are needed within the city limits to fill your seats anyway. — *Marlene Cook, Selkirk, Man.* 



## **RCMP 'D' Division long service members honoured**



Manitoba Lt.-Gov. Janice Filmon, pictured right, was on hand to help honour long service RCMP members during the RCMP "D" Division Medals and Awards Ceremony at Lower Fort Garry last Thursday afternoon. Several current and some retired members of the RCMP were recognized for 20, 25, 30, 35 and 40 years of service while others received medals for the bravery and service.

# PCs plan to lower ambulance fees by 5%

#### By Austin Grabish

Taking a ride in an ambulance won't be getting much cheaper this year.

Health Minister Kelvin Goertzen said last Tuesday the province is facing difficult economic times and can only lower the cost of riding in an ambulance by about five per cent this year.

That's despite a promise by the Progressive Conservatives, who vowed to cut the cost of taking an ambulance in half by the end of their first term in office, while out on the provincial campaign trail.

Friesen said the PCs still plan on keeping that promise, but can't make any drastic cuts to ambulance fees just yet.

"As much as I'm sure we'd like to do it all in one year, it's not fiscally responsible. We still have to make sure that we're keeping our front-line services in place," Friesen said.

Finance Minister Cameron Friesen said Manitoba has the highest ambulance fees in Canada.

"It's not sustainable," he said. "I spoke to an elderly woman less than six weeks ago from my area who talked about this exact issue saying that her husband was ill, she waited, she was afraid of the cost, and at 3 a.m. she bundled him up took him to the car and drove him to the hospital.

"That's the kind of story that we've heard far too often."

In the Interlake, the cost of taking an ambulance is currently set at \$330 plus \$3.30 per kilometre travelled for patients that are out of town or city limits.

If an ambulance is called, but a patient is treated on-scene and does not



**RECORD PHOTO BY AUSTIN GRABISH** 

Manitoba Health Minister Kelvin Goertzen says ambulance fees will be reduced only by about five per cent this year. The new Tory government ran on a promise to cut the fees in half by the end of their first term in office.

want to be transported the fee is lowered to \$100.

A spokesperson for the Interlake-Eastern Regional Health Authority said the RHA is committed to reducing ambulance fees.

"This needs to be done in a way to ensure reductions are fair to all Manitobans and does not negatively affect services," the spokesperson said via email Monday. The Opposition didn't offer comment on ambulance fee reductions, but NDP interim Leader Flor Marcelino said she has other concerns following the release of last week's budget.

"This is just the tip of an iceberg, and there's a hidden agenda of cuts, huge cuts, underneath," she said."We know Mr. Pallister .... his Conservative ideas are akin to the Harper-style cuts."



## Interlake RHA braces for influx of ER patients amid doc shortage

#### By Austin Grabish

Health officials in the Interlake are bracing for an influx of patients and a decrease in doctors.

The Interlake-Eastern Regional Health said it's experiencing "record numbers of physician shortages" and with summer around the corner, its expecting emergency rooms to become busy, according to a press release issued last Wednesday.

The issue is that most of the RHA's emergency rooms are under nursemanaged care and have no doctors.

The health authority didn't include the current number of doctors it's short and an RHA spokeswoman didn't return a request last Friday to provide the figures.

However, earlier this year the RHA's CEO Ron Van Denakker said the region was expecting doctor vacancies to rise and was short as many as 45 physicians.

The RHA narrowly avoided a strike by a group of doctors in April, who had threatened to walk off the job if the region didn't end nurse-managed care.

In its press release last week, which was mostly a rehash of what's already been reported, the RHA said the doctors have agreed to support nursemanaged care until September.

"This is important to allow the Interlake-Eastern RHA the necessary time to develop a process and to communicate in advance with staff and communities within the region," the press release stated.

The RHA said it plans to end nursemanaged care in emergency rooms across the region by early September, but offered no explanation as to what its exit strategy would look like. It also didn't say what it would do if it couldn't find doctors to fill vacancies and still had to rely on nurses to treat patients.

The RHA said if someone's in medical distress they should call 911 because "lifesaving" advice can be provided over the phone.

It added patients who are capable of driving can go to their nearest hospital to be "assisted" by a nurse.



## New study aims to combat the 'never happen to my child' belief

#### By Austin Grabish

Parents should keep a closer watch on their children over the next three months, information from a new study on child abductions and murders suggests.

The Canadian Centre for Child Protection has found 41 per cent of child abductions in Canada happen in June, July, or August.

The statistic is just one of several the centre released in a preliminary report on child abductions and murders last Wednesday.

The 16-page report is based on information the centre obtained in a study it conducted on 147 separate child abductions from 1970 to 2010.

The study, which the centre refers to as "groundbreaking," shines a new light on similarities amongst child abduction cases.

"We wanted to better understand who took the children, how they were taken, why they were taken, where they were taken to and when they were taken," said Monique St. Germain, the centre's lawyer.

St. Germain said while the cases the centre studied are "extreme" and "rare," they offered significant insight into trends.

Like the fact abductions are more likely to happen during after-school hours, take place on a Friday or Saturday, and that 77 per cent of abductions studied are sexually motivated.

In its report, the centre said education is still needed to combat the common this "will never happen to my child" belief.

St. Germain said it may sound simple, but parents' best defence to protect their kids is supervision and suggested a peer buddy system for kids aged 12 - 15.

"If children travel together and they're in groups they're generally going to be safer from this sort of thing in general."

St. Germain said the information from the study came from the centre's case records and media coverage on cases across Canada.



**RECORD PHOTO BY AUSTIN GRABISH** A new study from the Canadian Centre for Child Protection says children are more likely to be abducted during the summer months.

The information pointed to a trend of abductions happening in urban areas, but St. Germain said there were likely cases in rural areas that didn't make it to the centre's attention.

"Because of the nature of media reporting a lot of the stuff that we would come up with would be cases that were more concentrated in urban areas," she said.

St. Germain couldn't say why there's a spike in child abductions during the summer months other than speculating it may be due to the warmer weather.

She said if a child goes missing parents shouldn't waste any time and should contact police immediately.

"The sooner that a child is noticed missing and that is reported to police the greater chance that you have of having the child come back to you."

The centre will release a final report on the study later this year.

## Human remains found in St. Clements



**RECORD PHOTO BY BRETT MITCHELL** 

The RCMP Underwater Recovery Team was on scene after human remains were found in the RM of St. Clements on Tuesday morning. RCMP told the *Record* via email that "human remains" were found in the RM of St. Clements near Gowryluk Road. No further information was available before press deadline on Tuesday and RCMP said the investigation is ongoing.

# Former St. Andrews community club treasurer court case to resume in July

#### By Austin Grabish

A local accountant charged with defrauding a community club more than \$200,000 wasn't in court for the second time in two weeks last Friday and has had her case put off until July 15.

But don't expect to see Sharon Wasny in court next month. Her lawyer had a requirement for her to make a personal appearance waived last Friday.

Court heard the appearance waiver was initially supposed to be in place on May 27 during her first scheduled appearance, but her lawyer was away and the waiver was never approved.

In April, RCMP arrested and charged Wasny, 53, of St. Andrews, with theft over \$5,000 and falsifying documents in relation to alleged fraud at the St. Andrews Community Club that dates back to January 2005 and ends in July 2012.

She is presumed innocent and none of the charges have been proven in court.

Board members from the St. Andrews Community Club were in court again last Friday but missed their chance to see Wasny.

Several volunteers from the club had also appeared in court on May 27 and expressed dismay at her absence in the court hall during a break.

Court records show Wasny is banned from the St. Andrews Community Club and cannot contact any of its board members.

Wasny is the former treasurer of the St. Andrews Community Club, current board member of Selkirk and District Handi-Bus, and president of SMW Accounting Inc.

RCMP have previously said they believe more than \$200,000 was stolen from the club while Wasny was treasurer.

The *Record* has tried contacting Wasny multiple times for comment, but our calls and emails have not been returned.





## 12 The Selkirk Record Thursday, June 9, 2016 RM of West St. Paul Seven Oaks says school taxes not to blame for hefty increase

#### By Dave Baxter

The chair of the Seven Oaks School Division is accusing West St. Paul's mayor of "skewing the facts" when it comes to this year's school taxes in the RM.

The Seven Oaks School Division saw a tax increase of 3.26 per cent for the 2016-17 school year.

But back in March West St. Paul Mayor Bruce Henley released a statement saying that because of assessment and rising property values in West St. Paul, the average West St. Paul homeowner could see a 16.9 per cent school tax increase.

The Seven Oaks School Division has now put out their own statement, because they believe Henley's release and his recent statements to the media have led some West St. Paul residents to believe school taxes were going up by 16.9 per cent across the board.

"We had to put out a statement because we thought there was misinformation going out as information," Seven Oaks School Division chair Claudia Sarbit said."We were very bothered by it.

"I believe he used it as a political ploy."

The division's release, which can be found on their website, starts by asking the rhetorical question,"Are school taxes going up 16.9 per cent?"

The press release then goes on to say the answer to that question is "no" and that school taxes in the division are going up 3.26 per cent.

It goes on to explain that individual homeowner taxes depend on the assessed value of their homes.

The release explains that the amount West St. Paul residents will contribute to school taxes will go up 16.9 per cent, but the school division bears no responsibility for that increase.

"A lot of homes went up quite substantially in value in West St. Paul," Sarbit said. "All of a sudden it has caught up.

"What happened was people could buy houses inexpensively in West St. Paul for a long time, and all of a sudden they have caught up."

Sarbit said any West St. Paul homeowner that believes their house has been "overvalued" can make an appeal with the province, but should not blame the school division if they saw a dramatic rise in taxes this year due to assessment.

"Do they want to have a poor education system?" she said. "We do some amazing programming. If you are a member of that council you should want to make sure education in your community is top quality.

"This has nothing to do with the division."

Sarbit said the division now wants to work with the municipality, so they can both lobby the province for an "improved funding model."

Henley said he still believes the school division needs to find a new plan to keep taxes down in the community.

"At the end of the day the school division announced their tax increase and it equates to 3.3 per cent, so that's asking for \$975,000 more from West St. Paul homeowners," Henley said. "Our municipal increase equates to 1.7 per cent so that is only \$68,000 more. You can see the difference based on the mill rate, how it's applied and the difference it equates to.

He said the municipality is willing to work with the division.

"The CAO and myself, we had a meeting with the division, and we agree on a number of items," he said.

Henley believes local school divisions should start looking at the possibility of amalgamation, but Sarbit said Seven Oaks is not considering that option.

"No, I don't think amalgamation is a good idea," Sarbit said. "You just have more layers at the top and that just increases you costs."

Henley said nothing should be off the table.

"They don't agree on amalgamation but we're saying 'if we are going to conduct a review. Let's look at everything.'

"Calgary has only two school divisions. Some argue it works and some argue it doesn't, but we should look at everything."

Seven Oaks School Division covers West Kildonan, Maples, Garden City, West St. Paul and a small portion of St. Andrews.

## **Dozens attend Power of Prevention workshop in Grand Marais**

#### By Laura Tutlies

When did you stop dancing? When did you stop singing? When did you stop listening to stories? When did you stop listening to silence?

The answers to these questions could provide a very real clue to illness or discontent that has resulted in health concerns and possibly the root of chronic disease. This was some of the wisdom imparted by keynote speaker, Patricia Thompson at "The Power of Prevention" afternoon of wellness information and instruction on May 27 in Grand Marais.

"It is so important to come to your community and opportunities like this one," Thompson, who owns and operates Sacred Space and Stead said. "Community is self-care."

One of the topics included in Thompson's presentation included relaxation techniques.

The key, said Thompson, is to "breathe, just breathe and let your tummy hangout."

She asked the audience of more than 50 people to recall watching a baby sleep. Among those in the attendance were students from Walter Whyte School.

"They don't worry about holding in their tummy the way we do as adults."

The roster included presentations from the 'Wellness Team' of the Interlake Eastern Regional Health Author-

Dementia is on the rise Today, more than 22,000 Manitobans have dementia. While dementia can affect people as young as 40 years of age, the risk doubles ever

number of Manitob cpected to dou

**RECORD PHOTO BY LAURA TUTLIES** Jackie Dokken, Interlake Eastern Regional co-ordinator for the Alzheimer Society of Manitoba, speaks during the Power of Prevention Wellness Workshop in Grand Marais on May 27.

ity (IERHA); Jackie Dokken – Interlake Eastern Regional Coordinator for the Alzheimer Society Manitoba and Dr. Dexter Harvey - a respected and honored healthy lifestyle advocate.

Many seniors either live alone or with a partner. The presentation was titled "Cooking for One or Two" a challenge that many empty-nesters identify with. Planning, shopping and attention to variety were the proponents of the information provided. Bergeron, who is a natural comedian, even had the dietician laughing at the mundane task of salad preparation. Still the result was

tasty and the many smiling faces in the room proved that humour removed any tedium from what could have been just another good recipe shared. A score for the dietician and for the IERHA Wellness Team who made themselves fully available for information, sharing and future needs of the community.

The main agenda was designed to appeal to the over 30 crowd, actually mostly golden agers who may be questioning all the glories of aging. On that note, Dokken the third presenter said "It doesn't matter how much you lie about your age, you are still aging and

every day you are that much older." Jackie Dokken had a truly captivated audience with her "HEADS UP for Healthier Brains" presentation. Dementia, Alzheimer's and aging took on new meaning for the guests. Based on their questions and replies during Dokken's interactive dialogue, they were ready for the information and eager to hear more. Personable and forthright, Dokken offered statistics, techniques for detection and practical solutions for self-care and for the care of loved ones in peril. Once again the audience was wowed by the pertinent information.

Last speaker of the day, Dr. Dexter Harvey was no less well received with his topic "Miracle Prescription - Personal Experience with Prevention."

Dr. Harvey is a regular guest at the Gordon Howard Centre in Selkirk. His message, "Active living is engaged living, physical, mental and social." He emphasized that each component carries considerable weight in the prevention of chronic disease. He made it sound simple but did not underrate the fact that one must never allow themselves to disengage or the results will be predictably the opposite of good health. He said, "We are almost all of us, born without disease and we must daily strive to maintain the primordial state in which we entered the world."

# · Unless we are able to change its course, the

# **Dozens of artists team up** for 'Embracing Change'



#### **RECORD PHOTO BY LINDSEY ENNS**

Artists Johanna Vrienten, pictured left, and Bev Hart gather around some of the pieces currently on display at the Gwen Fox Gallery until July 2 as part of the Selkirk gallery's all-member's show entitled "Embracing Change."

#### **By Lindsey Enns**

Works by more than 40 artists from across Manitoba are now on display at the Gwen Fox Gallery as part of an all-member's show entitled "Embracing Change."

"Every year our art changes, we get bolder and brighter," said Bev Hart who has a few paintings on display as part of the art show, which runs until July 2. "We're changing all the time as things happen in our lives."

Johanna Vrienten added "everyday you feel different for a different painting."

Vrienten said she's been painting for nearly 40 years and her work continues to evolve and change.

"It's gotten a little bit better," she said with a smile while standing inside the local art gallery last Wednesday afternoon.

Some of the pieces in this month's show include drawings, paintings of various landscapes along with some woodwork.

Hart said she encourages those interested to come check out the wide range of pieces.

"The artwork changes every time, we only have two members shows a year in June and September .... we don't have a lot of repeat art here," she said."We also have 10 new artists."

The gallery, which is located at 250 Manitoba Ave., is open Tuesday through Saturday from 11 a.m. to 4 p.m. and is closed on Sundays and Mondays.

## Identity of dead man found in Selkirk will not be released: RCMP

#### By Lindsey Enns

The identity of a dead body found in Selkirk last month has been confirmed but RCMP say they won't be releasing it to the public.

"Due to the fact that no foul play is involved, and that the family has asked for privacy, we will not disclose further details other than it is the body of an adult male," RCMP spokesperson Sgt. Bert Paquet told the Record via email last Tuesday.

When asked where the man was from and whether or not he was a

previously reported missing person, Paquet was unable to provide any answers.

"Those details will not be shared, as it could identify the victim," Paquet explained.

Selkirk RCMP were called to the Selkirk Golf and Country Club on the evening of May 18 after receiving a report a body had been found.

Early investigation concluded the deceased was a man"in a state of decomposition," RCMP said.

#### St. Andrew's-on-the-Red to host high tea June 18 bake sale and games for children out-Staff

St. Andrew's-on-the-Red Anglican Church is set to host its first high tea later this month.

The tea will take place on Saturday, June 18 from 2 p.m. to 4 p.m. and will include sandwiches, dainties, tea and coffee as well as lemonade.

There will be a rainbow auction,

side.

Ladies are encouraged to wear their fanciest hats for the occasion and a prize will be given for the nicest hat. Men are also encouraged to wear something dapper.

For more information call 204-339-3090 or 204-338-7483.





# Women enjoy a day of pampering at wellness event



**RECORD PHOTOS BY LINDSEY ENNS** 

LEFT: Nova House volunteer Amanda Donejhy paints Emily Simcoe's nails during Women's Wellness day at Selkirk United Church last Thursday afternoon. CENTRE: Gorete Rodrigues, a former Nova House client, shows another woman some Arbonne products during Women's Wellness Day last Thursday. RIGHT: Artist Kim Brennan paints a butterfly on two-year-old Shaina Black's arm at Women's Wellness Day.

#### By Lindsey Enns

Dozens of local and area women treated themselves to a free day of pampering during this year's Women's Wellness Day in Selkirk.

The annual gathering organized by Nova House celebrated it's 15th year last Thursday and it continues to grow each year, Nova House executive director Anna Pazdzierski said.

"It's a great day," Pazdzierski said standing inside a packed Selkirk United Church where the event was held last Thursday. "As long as the weather cooperates people come out and come through and check out all

## "PRETTY MUCH THEY SAVED MY LIFE, THEY CHANGED MY LIFE."

the tables and enjoy the day."

For Gorete Rodrigues, this year's Women's Wellness Day was a special one.

Rodrigues went to Nova House in Selkirk seven years ago while fleeing

an abusive exhusband with her two young children.

"He was violent and abusive and eventually when I ended up leaving him I went to Nova House," she said. "I was there for five weeks with both my children."

Although she admits it was scary to leave her home behind, Nova House provided her with a new and safe place to call home.

"They really helped me out, the counselling and stuff ... pretty much they saved my life, they changed my life," she said, adding she is now remarried and living in Winnipeg.

Rodrigues has since gone on to become a counsellor and was on hand last Thursday as an independent consultant for Arbonne.

"Now I'm trying to help others," she said, adding she used to always attend Women's Wellness Day. "It was just a day of feeling good and getting pampered ... so this is really neat for me to come back and give back."

Nearly 65 service providers including the Interlake Regional Health Authority Wellness Team, Victim Services as well as various volunteers helped out with mini-manicures, massages, henna tattoos, reflexology and hairstyling this year.

Last year 125 women and about 15 children took part and Pazdzierski

said she was expecting similar attendance numbers this year.

Pazdzierski said since the annual event is open to the public, she believes women suffering from abuse stop in to get more information on how to deal with their specific situation.

"It's not about domestic violence today, it's about self care and giving back to the community," she said. "You don't necessarily have to come to Nova House to make use of our services.

"We're just encouraging women that we're safe, we're OK, it's OK and comfortable to come to something that's put on by a domestic violence program."

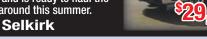
Those in attendance were also encouraged to make a "faceless doll" in honour of the thousands of missing and murdered Indigenious women across Canada. Pazdzierski said since they started the initiative nearly 1,000 dolls have been made.

Nova House in Selkirk offers shelter and resources to women and their families that are dealing with abuse.



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# Local students take part in annual Red River cleanup



A group of Lockport School students got suited up to collect garbage along the shoreline near the St. Andrews Lock and Dam as part of the annual Red River Operation Cleanup in Lockport last Thursday afternoon.

#### **By Lindsey Enns**

High river levels may have presented a bit of a challenge, but that didn't stop 10 Lockport School students from suiting up to collect garbage along the shoreline in their community last week.

The group of students took part in the annual Red River Operation Cleanup, which was initiated by Natural Resources officer and district supervisor in the Lockport area, Robert Belanger in 1999.

"Half a million pounds of garbage has been collected over the last 16 years," Belanger said during last Thursday afternoon's cleanup."Everything from couches to shopping carts to tires you name it it's out in the Red River on the shoreline." Belanger said he decided to start the program to combat littering in the area while teaching youth about the importance of volunteering, protecting wildlife and caring for the environment.

"The message is it's not our garbage but we're going to help the environment by cleaning it up," he said. "If we want our environment to be protected, if we want our environment to be looked after, it's the young kids that need to learn about it."

The annual program is now sponsored by various local and government organizations as well as municipalities in the area.

Belanger said lots of the garbage they see near the St. Andrews Lock and Dam is being left behind by anglers.

"People leaving fishing line is a huge one with the pelicans," he said, adding other wildlife is also being affected including geese and ducks. "Anything with wings and feathers they're going to be affected by the fishing line."

Belanger said over the years couches, microwaves, fridges, car parts and shopping carts are some of the oddest things he's watched wash up along the Red River.

"Some people, not all, use the Red River as a toilet," he said. "It's dirty anyway they're saying and with the fees we're paying to bring our garbage to landfills people don't want to pay that nominal fee. But the fees aren't that bad."

But Belanger, who has been a conser-

vation officer for 30 years, encourages people to think twice before littering.

"Just stop polluting the Red, it's a heritage river," he said, adding those caught dumping garbage into the river could face a more than \$200 littering fine. "The problem is we gotta catch them and we're not down here all the time."

Belanger also wanted to thank Skinners for donating hotdogs, Lockport Grocery for donating some snacks, and Home Hardware for providing gloves for the students.

Belanger added they are always looking for volunteers in the Lockport area to help with garbage collection.

Those interested can contact the Manitoba Conservation Office in Selkirk at 204-785-5080.

## Interlake to host pop up gallery, market this weekend near Winnipeg Beach

#### **By Dave Baxter**

A "pop up" gallery will bring handmade art and other creations to the Interlake this weekend.

Local fibre artist Heidi Hunter, who runs the Runs with Scissors art studio, west of Winnipeg Beach, has gathered 12 other Manitoba artists to hold the first ever "Proutopia - A Pop Up Art Market."

The event will take place on Saturday, June 11 and Sunday, June 12 on both days from 10 a.m. until 6 p.m at 3044 Prout Rd 17 E. in the RM of St. Andrews. Hunter said there will be signs on Highways 8 and 9 directing people to the pop up gallery once they pass Winnipeg Beach.

"It's going to be a pop-up gallery and market," Hunter said.

She added her studio will be open to the public on both days, and the 12 other artists involved will have their work displayed in a temporary pop up gallery in the same location.

"It's going to be all different kinds of art," she said. "There are painters, fabric designers and artists, pottery, a jeweler, and even handmade soaps and homemade butter tarts."

She added there will be buskers performing during the pop up gallery.

"I think this is for anyone that wants to support the arts, and appreciates handmade goods, and wants to shop locally," she said. "It's quality professional artists bringing one-of-a- kind top quality work together, and it's a group of artists I really respect."

The market is a good way to show off the talents of Manitoba artists, Hunter

said.

"Manitoba and the Interlake in particular has a wonderful collection of talented artists, and all of these artists have their own following, so it's exciting to bring them all together in one place," she said.

Hunter said they are already planning a second pop up event on the Labour Day weekend because so many local artists have already shown interest in the idea.



#### **Proposed legislation aims to strengthen democracy** Staff

Manitoba's new PC government has proposed legislation that would require a byelection be conducted within 180 days of a vacancy occurring in a seat in the Manitoba legislature.

"The right to vote in free and fair elections is the engine of our democracy," Justice Minister Heather Stefanson said in a release on May 30."This bill will ensure that every Manitoban is able to select a representative to be their voice in the Manitoba legislature within a reasonable timeframe."

Stefanson said this is the government's first step toward implementing its Open Government Initiative through a proposed amendment to the Legislative Assembly Act. The amended timeframe would not apply if the vacancy occurs less than one year before a general election is to be

held on a fixed date, she added.

The current legislation requires a byelection to be held within one year of a vacancy and under the previous government, Manitobans were left without representation for 350 days in the Morris constituency and 341 days in the constituency of The Pas.

"Under the previous administration, Manitobans in some constituencies waited far longer than was necessary for a byelection to be called, leaving them without representation for nearly an entire year," added Ste-"This amendment reflects fanson. our government's profound respect for the voices of Manitobans and our commitment to clean, open and transparent government."

The text of the bill can be found online at web2.gov.mb.ca/bills/41-1/ b002e.php.



# Lobsterfest helps raise nearly **\$25K for Selkirk Rotary Club**



SUBMITTED PHOTO

Volunteers got ready to cut up some lobster at the annual Lobsterfest in Selkirk on May 28. The event helped raise nearly \$25,000 for the Selkirk Rotary Club this year.

#### **By Dave Baxter**

The annual Lobsterfest in Selkirk has once again filled a whole lot of bellies, while also raising a whole lot of cash for the community.

The Rotary Club of Selkirk held the 24th annual Lobsterfest at the Selkirk Rec Complex on May 28 and served up lobster to 541 guests.

Rotary Club of Selkirk member and Lobsterfest chair Jean Oliver said the event, which is the largest annual fundraiser for the local Rotary Club raised about \$25,000 this year.

That money will now go back into the Rotary Club, and the community projects they are involved with.

"Ticket sales were through the roof once again," Oliver said. "It has become so popular that there is a waiting list, and we moved to the ice surface three years ago because we outgrew the banquet hall."

Oliver said the event has now been "going strong" for 24 years because people always have a good time, and get a good meal.

"Everyone gets two lobsters and a baked potato and all the trimmings, so it's always a great meal," she said.

Along with the food, Lobsterfest features a silent auction, a live auction, and door prizes, so Oliver said people at Lobsterfest are "always having a good time."

"It's just a great way to get people together," she said. "You see smiles on a lot of faces.

"And all of the money is going into the community through Rotary's community projects."

It takes a whole lot of work and volunteers to hold the event and serve lobster to more than 500 people, Oliver said.

"The guys start in the morning hauling and cracking the lobster, and then they start steaming," she said. "We have six steamers and this year we fed 541 people in 30 minutes."

The Rotary Club will hold their 25th Lobsterfest in 2017, but Oliver said they need more volunteers if they want to keep the event going "long term."

Anyone that would like information about volunteering for Lobsterfest or joining the Rotary Club of Selkirk can call Jean Oliver at 204-482-6496.





# **Natural healing** Traditional medicine 'coming back' to Peguis First Nation, nurse says

#### **By Austin Grabish**

The air is thick, and the smell is strong.

It's hard to describe in words, but the smell can be likened to that of sweet tea leaves.

There are dozens of jars filled with herbs and other natural medicines in a closet. Leaves are drying over a dehumidifier and healing creams are being put away in a mini fridge.

"It's coming back," says Kathy Bird, a community health nurse and natural healer in Peguis First Nation.

Bird is preparing an order of medicine for a woman from Lake Manitoba who is suffering from edema and congestive heart failure.

Bird says asking for traditional medicine is becoming more common in Peguis and its neighbouring First Nations communities.

"More and more of our people in different communities are beginning to pick it up again," she says.

The Record tagged along with Bird last week in Matootoo Lake where natural healing takes place in Peguis.

Many of the First Nation's band members are living with diabetes and are heavily medicated, and it's the heavy medication that has some looking for a natural alternative.

"One thing I've realized in my nursing career is that our people are overmedicated," Bird says. "Sometimes people are on like 26 pills a day. Can you imagine taking 26 pills a day? she says looking out on the lake, where she gathers lily-root and mint.

The traditional medicines here are turning into a hot commodity, but you can't buy them from Bird.

There's only one way to get them, and it's by making an offering to a Creator and giving a gift of tobacco.

An offering could be almost anything including a small monetary donation, buying a meal for someone, or bringing a blanket from one's home.





**RECORD PHOTO BY AUSTIN GRABISH** 

Kathy Bird is a community health nurse and natural healer in Peguis First Nation. Bird says the demand for traditional medicines on the Interlake reserve is starting to increase.

"One day a woman showed up with a microwave oven," Bird says. "At one time our people didn't have money so they gave what they could and that's what we ask."

Bird smiles when asked if these natural medicines could treat someone with cancer.

"The thing that people need to understand is that I don't heal people," she says. "Everything we do is based on Creator, the grandmothers, the grandfathers, and the four sacred directions and when someone comes here and they bring tobacco, and they bring an offering they're not giving that to me.

"I'm accepting it on behalf of Creator and the helpers in the four sacred directions."

Bird says tobacco is used to communicate with the Creator and shouldn't be mistaken for smoking.

The medicine here isn't an alternative to medication given out by regular doctors.

Bird says it's only an addition to it and reiterated it's the Creator that will help heal a person.

She adds many are starting to embrace natural medicines, some in the community are still fearful.

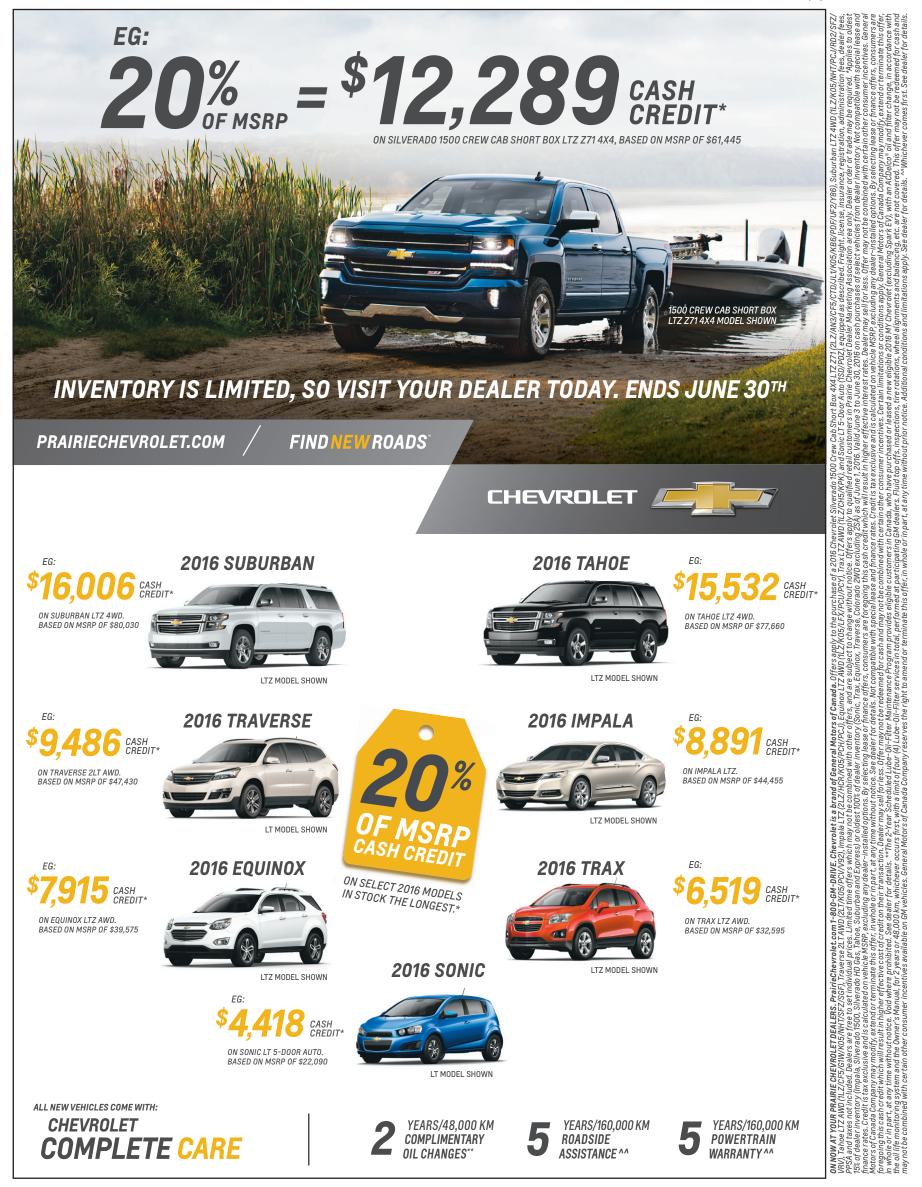
She says it wasn't that long ago that Aboriginal Peoples were threatened with jail time for practicing traditional medicine and their way of life.

"When I first started learning about medicines people were very reluctant to talk about medicines because of imprisonment and things like that," she says. "John A. Macdonald's goal was to eradicate us from the face of the Earth.

"We sure fooled him didn't we?"

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# Celebrating children, youth and our future



#### The vital signs of a healthy village

A great deal of our work here at the Selkirk & District Community Foundation is about strengthening the opportunities for children and youth in St. Andrews, St. Clements and Selkirk.

Our work helps new immigrant children, Indigenous youth, kids who want to play hockey but can't afford it, kids who need healthier options outside of social media or parents who need better child care before and after school.

We've often heard it takes a village to raise a child and we like to think at the SDCF, we create opportunities for donors like you to be part of that smart and caring village. Our annual report this year focuses on the good work you've done in helping to create a healthy village for this generation of children.

On behalf of the children you've touched – thank you.

We look forward to working with you this coming year as we start a deep conversation in the community about the needs and wants of future generations. What will make our community an even better village in the next decade? What are we really good at and what can we do better as a community? What are those vital signs about the health and welfare of our neighbourhoods?

In the next year we'll be canvassing this community and asking these questions

and many others as we build an even healthier village – all for the sake of the next generation.

- Chair Kelly Lewis & the Board of the SDCF



The 2015-2016 SDCF Board of Directors and staff. Front Row: Kelly Lewis (Chair), Bev Clegg (Executive Director), Gord Henrikson (Vice-Chair). Middle Row: Rosalyn Ferguson (Church), Michele Polinuk, Doug Chorney. Back Row: Carole Wiedemann, Shirley Muir, Deann Lane, Heather Hogg, Stan Halbesma.

#### What are our vital signs?

### We all feel that we know our community really well. But do we?

Do we know how many people are homeless in our communities? How many students graduated from high school year after year? How welcome and included do immigrants, the elderly or Indigenous residents feel in our community? What makes our community stronger and where is it weak?

And if we knew the answers to these questions and many others, would we create and fund community initiatives differently?

Across Canada groups like the SDCF have been taking the pulse of their communities with a study called Vital Signs, designed by Community Foundations of Canada. Communities as small as Winkler and as large as Winnipeg have participated in Vital Signs reports and learned more about their community through careful collection and analysis of statistics and data.

This year the SDCF will be asking you and leaders in our community to take the pulse of Selkirk, St. Clements and St. Andrews to help us make better and informed decisions about how to make our community better for everyone. Our goal is to raise awareness, rally support, collect funds and conduct the work in 2016 to complete the study by 2017 for Canada's 150<sup>th</sup> birthday.

> WANTED: Are you a research nerd? Love to collect & interpret statistics? Join the Vital Signs study team. Contact Bev Clegg, 204.785.9755 selkirkfoundation@sbaw.ca

Vice-Chair Gord Henrikson and Treasurer Michele Polinuk, seen here, and Chair Kelly Lewis, Secretary Shirley Muir and Executive Director Bev Clegg met with the Winkler Community Foundation recently to learn more about their Vital Signs study.



#### Bike program gets rolling with Foundation seed money

Four thousand dollars in seed money from the Selkirk and District Community Foundation has put the wheels in motion for the Lord Selkirk Education Centre's Bike Program, and director Steve Grahame says the road ahead is definitely paved with good intentions. Students at the Centre, along with two Community Living Selkirk individuals, are learning how to fix and rebuild bikes. Next they'll go to elementary schools in the Lord Selkirk School Division and teach kids how to fix their own bikes.

Grahame said the grant money allowed them to buy tools and a trailer to haul their gear and bikes, to schools. They'll teach kids how to fix their own bikes, if they have one. Kids without bikes will be able to get a bike from those donated by the City of Selkirk which collects abandoned two-wheelers. "It works with my at-risk youth, it works with the people from Community Living, it works with kids in the community that need their bikes fixed and it also teaches skills to those kids so they can fix their own bikes. Really the money that was provided is just the tip of the iceberg and it really lets us expand the program in all sorts of different areas in the community."



Education Centre director Steve Grahame and student Desmond Houle work on a bike during a training session for the Bike Program, which will see older students teaching younger students how to repair bikes.

#### **Thank You Donors!**

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#### **Newly Created Funds** & Estate Gifts

A special THANK YOU to the donors who created a new fund or made a thoughtful gift to the Foundation in their will. Those funds and donations are:

- Community Living Futures Fund
- Kirstin's Walk for Kids Fund
- Rob Cox Memorial Fund Selkirk Rotary Anns
- Education Fund

Selkirk+District

HERE FOR GOOD

- Vicki Cielen Memorial Fund
- Estate of Robert (Bob) Jefferson
- Estate of Edith Schofield

## 2015–2016 Community Grant Program: A year of grants in review

Twice a year the SDCF welcomes charitable organizations in the region of Selkirk and the Rural Municipalities of St. Clements and St. Andrews to submit proposals on how we can help them achieve their wishes and dreams. In 2015-2016 we funded 43 groups for a total of \$243,305.

Organization & Project		Awarded
Community Fund & Maude Gordon (Poulter) Fund		
Nova House; new women's shelter (2yr commitment)	Ş	50,000
Community Fund		
Vital Signs 2017; a research project led by SDCF	\$	15,000
Selkirk Day Care; renovations to children's play space	\$	3,450
Charity of Choice; 4 local Christmas Hamper Drives	\$	3,000
Selkirk Community Choir; sound equipment and sheet music	\$	3,000
Selkirk Community Arts Centre; equipment & supplies for workshop space	\$	3,000
Selkirk Community Renewal Corp.; technology equipment for community programs	\$	2,000
Happy Thought School; eco-friendly water fountain	\$	2,272
Wm S. Patterson School PAC; picnic tables for community playground	\$	1,250

Organization & Project		Awarded
Gaynor Family Fund		
Ecole Selkirk Jr High; courtyard upgrades	\$	12,000
Ruth Hooker School; equipment for sensory room	\$	8,000
Lord Selkirk Reg. Comprehensive Secondary School; equipment for sensory rooms	Ş	8,000
Royal Blues Music Parent Assoc.; musical instruments & sound equipment	Ş	7,924
Selkirk Day Care; new flooring	\$	5,500
Robert Smith School; equipment for skating program	\$	4,475
Lord Selkirk Education Centre; bicycle education refurbishing program	\$	4,000
Community Living Selkirk; social development youth program	\$	4,000
Selkirk Team for Risk Teens (START); Community Reinforcement & Family Training	Ş	3,650
Hand in Hand Day Care (East); child friendly furniture	\$	2,257
Lord Selkirk School Division; Dr. Martin Brokenleg guest speaker	\$	2,000
Selkirk Nursery School; ABC's of Movement equipment	Ş	1,102



Board Members Heather Hogg and Stan Halbesma roll around in the Selkirk Nursery School's ABC for Movement program

Children at Selkirk Day Care are "laying about" and enjoying the new flooring – a project supported through the Gaynor Family Fund.



S50,000 from SDCF will help the future home of the new Nova House Women's Shelter		
Organization & Project		Awarded
Maude Gordon (Poulter) Fund		
R.M. of St. Andrews; gas generator for EMO services	\$	6,000
Behavourial Health Foundation (Breezy Point); ground slope & grading	\$	5,500
Artists in Healthcare MB; Live music program at Selkirk Mental Health Centre	\$	5,000
Selkirk Friendship Centre; technology equipment for the After School Program	Ş	4,000
R.M. of St. Clements Heritage Committee; marine data base kiosk	\$	3,000
Hand in Hand Day Care (Breezy Point); handsfree towel & soap dispenser	\$	755
R.M. of St. Andrews Fund & Community Fund		
Little Britain Community Hall; replacement of furnace & dehumidifier	\$	5,000
St. Andrews Community Club; upgrades to exterior security system	\$	5,000
Clandeboye & District Recreation Assoc., outdoor skating rink window replacement	Ş	1,767
R.M. of St. Clements Fund		
East Selkirk Recreation Assoc.; arena protective netting at ESRC	\$	3,259
Palliative Care Fund & Community Fund		
Interlake Eastern Palliative Care; pressure relief air mattress $\&$ pump for local clients	\$	6,000
Western Canada Games Legacy Fund	\$	
Clandeboye & Dist. Recreation Association; soccer goal posts & nets at Petersfield site	Ş	4,223
Beausejour-Brokenhead Minor Baseball Assoc.; baseball equipment	\$	3,800
KidSports Interlake-Eastman region; support for local families	\$	2,077
Stonewall Minor Ball; portable home run fences	\$	2,000
Selkirk Canoe Kayak Centre; support towards a 10-person dragon boat	\$	1,500
Youth in Philanthropy - Youth Advisory Council		
Growing Years Family Resource Centre; dishwasher	\$	600
Selkirk Day Care; sensory play table & toys	\$	525
St. Andrews Community Club; youth program supplies	\$	500
Gaynor Family Regional Library; Lego robotics kit	\$	475
Nova House; youth program supplies	\$	400

#### DONATE TODAY and be part of the HERE for GOOD team

Look for our DONATE ON-LINE button at **WWW.SdCf.ca** Donate with a cheque addressed to Selkirk & District Community Foundation 200 Eaton Avenue, Selkirk, MB RIA 0W6

Call us at 1.204.785.9755 or email **selkirkfoundation@shaw.ca** 

Organization & Project	А	warded
Children's Programs Fund		
Project Linus Selkirk Chapter; storage cabinets	S	400
Sean Nicol Legacy Fund		
Community Living- Selkirk; Charity of Choice	S	300
Our Daily Soup Kitchen; Charity of Choice	S	300
Habitat for Humanity; Charity of Choice	S	182
Designated Endowment Funds		
Chief Peguis Heritage Park (Agency)	S	2,678
Selkirk Heritage Endowment Fund supporting Marine Museum of MB – Selkirk	S	5,422
Marine Museum of MB – Selkirk (Agency)	S	2,326
Buhr Family Fund supporting SDCF administration	S	1,300
Amma's Book Shelf Fund – Good Night Moon book to all newborns at the SDGH	S	1,031
St. George Anglican Church, Wakefield Fund (Agency)	Ş	486
Mooring-Griffioen Library Fund supporting the Gaynor Family Regional Library	S	450
Jeanne & Dexter Harvey Fund	S	164
Richard & Ruth Konzelman Fund	S	
Canadian Cancer Society of MB; radon gas public open house	S	1,555
Scholarships & Bursaries		
Micky Hannesson Scholarship	S	2,000
Bob Jefferson Century 21 – Jefferson & Associates Realty Ltd Bursary	S	1,800
Dare to Dream Education Fund Bursary (Nova House)	S	1,500
Selkirk Youth Hockey Education Fund Bursary	S	800
Ernest & Helga Kromrei Memorial Bursary	S	800
Elizabeth Neskar Bursary	Ş	700
Selkirk & District Community Foundation Bursary	Ş	650
Selkirk Rotary Anns Education Bursary (1)	Ş	600
Selkirk Rotary Anns Education Bursary (2)	\$	600
Total Grants Awarded	\$2	43,305

#### Robert Smith skaters look sharp in new gear

A Selkirk and District Community Foundation grant of \$4,475 bought skates, helmets and sticks for Robert Smith School's Wednesday afternoon skating program, but it also revived interest among kids who had stopped coming.

Teacher Rhonda Hopkins, who started the program almost 15 years ago as a once-a-year field trip, said the muchneeded new equipment brought out kids who they hadn't seen in a while.

"The kids are so excited to come skating," Hopkins said, noting that as many as 40 kids are on "The Barn" ice in Selkirk each week.



Robert Smith School students have new skates, helmets and sticks to use during their Wednesday afternoon skate, thanks to a SDCF grant.

"Kids that we hadn't seen in a couple years, that maybe had skates passed down to them, they're back skating again since the equipment's come in."

The grant also helps pay for sharpening of the skates, and Hopkins said they have plenty of sharpening to do because the new equipment has kept kids coming all winter long.

"Usually there's that enthusiasm at the start of the season but it's been maintained throughout the season because we have kids that aren't in the organized sports that are participating now," she said.

"It's been fabulous in the respect that, they're excited."

Hopkins, along with several parent volunteers, help with tying skates and assisting the kids on the ice. The program has grown over the years, and is now a school-wide, weekly program that culminates with a finale in March when the kids are treated to a last skate at the Rec Complex.



#### You're never too young to donate

Joshua Danko is a big fan of the Gaynor Family Regional Library and during a visit there on November 14, he proved he was a quick study on philanthropy and a little boy with a big heart.

Joshua was at the library that day with his aunt, Donna Artimowich. They visit the library often, and Joshua, even at the tender age of four-and-a-half, was an avid reader – "Chicka Chicka Boom Boom" is his favourite book.

November 14 was the second annual 24-hour Giving Challenge, supported by the Winnipeg Foundation. Members of the Selkirk and District Community Foundation were at the Gaynor Family Regional Library that day, encouraging people to support their community with donations to the foundation.

Generous local people donated the most money in all of Manitoba that day-a whopping \$61,785. The RM of St.



Andrews gave the most money with a \$25,000 donation. And Joshua, who decided he wanted to donate to the foundation for the first time, became the SDCF's youngest donor.

Joshua would be happy if his donation could help provide books for other kids to read, because he knows not all kids have books.

- "I like to help to donate money," Joshua said.
- "I gave them all this money for books."

## Honouring and remembering a beautiful young woman

On a beautiful June day last summer, Rick and Laurie Sutherland and close to 300 friends and supporters, paid tribute to the couple's daughter in wonderful fashion, ensuring a young woman taken far too soon, would leave a lasting legacy, and boost other young lives for years to come. The Sutherlands held the first annual Kirstin's Walk for Kids in memory of Kirstin, their daughter who passed away following a vehicle accident in September 2014. She was just 27 years old.

While there have been many difficult days since Kirstin's passing, Rick called the day of the walk "a perfect day". Perfect because it honoured Kirstin, but also because it raised funds for the newly created Kirstin's Walk for Kids Endowment Fund, managed by the Selkirk and District Community Foundation.

Rick said they started the fund after realizing people had already donated money to the foundation in Kirstin's memory. He and Laurie consulted with the walk's committee, then contacted the foundation, and established the fund.

#### "Everything seemed to fit," Rick said.

They raised more than \$10,000 and, along with money raised through a raffle, were able to establish the fund and give an immediate gift to two local child care facilities – Interlake Nursery Coop, where Kirstin attended as a child, and the Rivercrest Early Learning Child Care



Centre, where Kirstin worked as an adult. cess in Rick and Laurie say Kirstin would be thrilled with the walk and the fact it's

helping young children. "I "Focusing on doing this, it was a wonderful thing in so many ways. It was a sucd Laurie and Rick Sutherland visit the Rivercrest Early Learning & Child Care.

Aunt Marie

McDonald and

Kirstin's parents

cess in so many ways, not just financially but just the people that came out and the way the walk went," Laurie says.

"It really comes down to honouring her and remembering her. She would have done the same."

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## **Chicken kabobs with peach salsa**



Makes 4 servings Ingredients 4 long wooden skewers Salsa 4 medium peaches, chopped small 125 mL (1/2 cup) cucumber, diced 3 mint leaves, finely chopped 2 mL (1/2 tsp) raspberry vinegar 5 mL (1 tsp) finely chopped red onion (optional) Kabob

### Citrus Recado Chicken Breasts



#### Ingredients Serves 4

- 2 garlic cloves, crushed
- 1 teaspoon chili powder
- 1/2 teaspoon dried oregano
- 1/2 teaspoon dried thyme
- 1/2 teaspoon ground cumin
- 1/2 teaspoon ground coriander
- 1/2 teaspoon black pepper1/4 teaspoon ground cinnamo
- 1/4 teaspoon ground cinnamon1 tablespoon dark brown sugar
- 2 tablespoon canola oil
- 2 tablespoons fresh lime juice

3 boneless, skinless chicken breasts (300 g/10 oz), cut into large chunks to fit on skewer

- 15 ml (1 tbsp) balsamic vinegar
- 5 mL (1 tsp) sugar
- 5 mL (1 tsp) olive oil
- 1 large yellow or orange pepper, diced Directions
- Soak skewers in water (this prevents burning). Set aside.
- Mix all ingredients for the salsa in a bowl and set aside. This can be done a day in advance. Store in the fridge.
- Preheat the barbeque to medium heat. Place the chicken chunks, vinegar, sugar
- and oil in a bowl and toss to coat. Alternate spearing chicken chunks and

pepper with the skewer. Make 4 skewers. Cook on the barbecue for 10 to 15 minutes, turning once, or until chicken is no longer pink inside.

Serve with 125 mL (1/2 cup) salsa.

1/4 cup orange juice 4 boneless chicken breast halves, slashed (see below) Salt

1 recipe Avocado Mango Salsa (optional)

Combine garlic, chili powder, oregano, thyme, cumin, coriander, pepper, cinnamon, sugar, oil, lime juice, and orange juice. Add chicken and toss to coat evenly. Cover and refrigerate for 30 minutes, turning once. Grill according to instructions below. Sprinkle with salt. Serve hot with avocado mango salsa if you prefer.

Outdoor grill: Grill skin-side down over medium-hot coals until skin is crisp, 7 minutes. Turn and continue grilling until chicken is opaque with no trace of pink, another 5 minutes.

Indoor grill: Preheat broiler. Broil skin-side up until skin is crisp, 7 minutes. Turn and continue cooking until chicken is opaque with no trace of pink, another 5 minutes.

To slash the chicken breasts: With a sharp knife, cut 3 parallel slashes through the skin, about 1/4-inch deep. Marinate chicken up to 2 hours in

## Brussels sprout, blueberry and walnut slaw

HEART& STROKE

Ingredients 1 lb (500 g) fresh Brussels

sprouts, ends trimmed, thinly sliced \* 1/4 cup (50 mL) chopped walnuts

- 1/2 cup (125 mL) finely chopped red onion
- 1/2 cup (125 mL) dried blueberries
- 2 1/2 tbsp (32 mL) canola oil 2 1/2 Tbsp (32 mL) cider
- vinegar 2 Tbsp (25 mL) granulated
- sugar 1/4 tsp (1 mL) crushed red pepper flakes

Directions

In medium bowl, combine Brussels sprouts, walnuts, red onion, blueberries, canola oil, vinegar, sugar, and red pepper flakes. Refrigerate 30 minutes before serving. \*Note: To thinly slice

Brussels sprouts, put them in a food processor fitted with the slicing attachment or cut thinly with a knife as you would coleslaw.

advance. Cover and refrigerate, turning several times in marinade.

- Avocado Mango Salsa Makes 12/3 cups 1 mango, finely diced 1 avocado, peeled, halved, pitted, and
- finely diced
- 1/2 red onion, finely chopped
- 1 red chile, seeded and finely chopped
- 1 tablespoon fresh lime juice 1 tablespoon red wine vinegar
- 2 tablespoon red wine vinega
- 2 tablespoons finely chopped mint leaves

Salt Tabasco®

Combine mango, avocado, onion, chile, lime juice, vinegar, oil, and mint. Add salt and Tabasco® to taste. Cover and let stand for 30 minutes at room temperature to allow flavors to blend. Serve chilled or at room temperature.





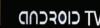
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# **Contractor breaking ground with new mobile homes**

## New shop offers 'portable housing for everybody'

#### By Austin Grabish

A new mobile home construction shop on Fisher River Cree Nation has officially opened, paving the way for new jobs and houses for flood-ravaged communities.

First Nation Builders and Supplier officially opened its doors on Monday.

The company's owner Trevor Charrier said the shop answers a muchneeded demand for mobile homes.

He estimates his business has already built 60 to 70 homes outside of the shop over the last three years.

The new 8,000 square foot shop is climate controlled allowing work to take place continuously - something that can't happen when Mother Nature interrupts construction outside.

"We can run 24 hours out of the shop," Charrier said. "It's quality control, it's time saving, it's money saving, there's no delays."

Charrier said the benefit of purchasing a mobile home for some is the



SUBMITTED PHOTO

Ready-to-move homes like the one seen above are being made at a new shop on the Fisher River Cree Nation. First Nation Builders and Supplier is expanding its business and will be able to build one home every week in the new shop, which opened on May 30.

quick turnaround time.

A mobile home in his shop will be able to be built in about a week's time compared to the average seven - eight month waiting period he said the construction of a traditional home has.

Charrier said his company has differentiated itself by selling ready-tomove homes that are mostly made of plywood instead of oriented strand board.

That combined with the tax savings

he receives from working on reserve has meant he can sell the homes for significantly less than his off reserve competitors.

Charrier said the shop's opening also represents an employment boost to the Fisher River community.

"We got six new (employees) and it's getting bigger and bigger every day."

Charrier plans to sell his mobile homes to some of the hardest hit communities by the 2011 flood including Lake St. Martin First Nation.

The band is one of four First Nations destroyed by the 2011 flood. Lake St. Martin alone has over 2,000 band members that have yet to return home, so there will be plenty of business for Charrier if he's able to secure work from the band.

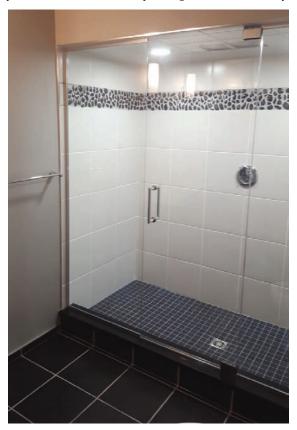
But Charrier is quick to point out his company's homes are for everyone. He said recently he sold three homes to residents in the RM of St. Andrews. "It's not just First Nations. It's portable housing for everybody."

A ribbon cutting for the new shop will took place on Monday on lot 68 in Fisher River.

Fisher Cree Nation is located roughly 196 kilometres north of Selkirk.

# **Customers are No. 1 for this father, son carpentry team**

For 25 years Steve Cassidy has been constructing custom kitchens, bathrooms and much more for customers from Manitoba to British Columbia. Joining him over the past ten years is his son Brandyn. Together this locally



owned and operated construction team has been making homeowners dreams come true. Whether it's inside the house or out the Cassidys produce high caliber workmanship for their clients. Windows, doors, decks, fences, roofing, paint, siding, framing drywall, sheds



and much more they are committed to stand behind their work 100 percent.

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# A glimpse at a true mixed farm

#### **By Harry Siemens**

The Smith farm at Argyle has been in the family since 1953.

Originally a dairy farm, the Smiths began raising pigs on their quarter section in 1967.

During the '80s and '90s, as pork production became concentrated in huge hog barns across Manitoba and the rest of North America, the Smith farm stayed small, mixed, and environmentally friendly.

Today the farm is home to about 300 pigs, not to mention eight cows, 80 chickens and horses.

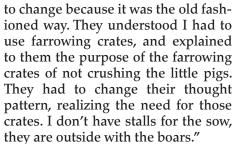
Ian Smith, who took over from his parents, says his farm is truly a mixed farm, maybe the last one left in Manitoba.

"On this farm you will not find the animals confined in 2x7' stalls, nor will you find pigs living on straw-less, slatted metal or concrete floors above a pool of their own waste, which is how most large hog operations are these days," he says. "We grow our own barley with green clover, and as a result you get a wholesome feed, a richer soil and a cleaner environment. Which in turn produces natural pork, a healthier meat product."

Since 1999, the Smith farm has held a Canadian Quality Assurance Certification.

Smith started selling sides of pork in the fall of 2003. In early 2004, he had the farm inspected, passing certification by the Winnipeg Humane Society.

"I am proud to be producing the most consistent, highest quality natural pork in the industry," says Smith. "To be honest, there was nothing the Humane Society could find that I had



He now uses A.I. breeding but, "I do still have boars. The A.I. has helped by improving the genetics and increasing my litter size, meaning I'm selling more pigs from the same number of sows."

As far as crops go, Smith three fields of canola, barley, and summer-fallow. The summer-fallow field, meaning not planted for one year, will go into canola the following year, and the canola field this year becomes barley the next year.

He cleans out his straw-based pig barns every day and uses the solid manure on the fields.

"My fertilizer bill is virtually nothing for the canola field because I put nitrogen back in and canola takes lots of nitrogen," says Smith. "But of course I'm losing a crop on the fallow each year. It works for me because it is the area I put my manure on every day."

Smith has the neighbouring New Haven Colony swath and combine his canola and he hauls it for quick sale at the elevator instead of storing any

of it.

"I don't even seed it because I cultivate the field I want my canola to go on, the fertilizer company comes in an broadcasts the seed, puts on the fertilizer, I harrow it twice and it's ready to go," says Smith.

With his barley, he works the field, the same company adds the fertilizer and then seeds it with his own press drill.

Smith's chickens, meanwhile, give him some grocery money that helps out, though the pigs are his main income.

As mentioned, he started selling online after picking up the idea from a beef producer selling beef online when the BSE hit the cattle industry back in 2003.

Smith has about 300 customers who regularly buy from him. He also sells to two stores in Winnipeg and Steinbach.

He works with about 25 sows and sells about 250-300 finished pigs a year. What he doesn't sell privately he sells to Maple Leaf at Brandon, the only option he has for now.

From the day Smith started in 2013, he's never dropped his price, whether the hog market drops or not.

"When I've sold to people my price is this it will never drop it may go up because of costs going up for me," he says.

## Never a dull moment raising food



#### By Harry Siemens

Right on the heels of the first case this go-around late last month, the province now has another case of PEDv in the same area.

On June 2, Manitoba's Office of the Chief Veterinarian (CVO) confirmed that a second case of porcine epidemic diarrhea (PED) had been found in a finisher barn in southeastern Manitoba, in addition to the one found in a batch-farrow sow barn a week ago. Control measures are in place and

testing is ongoing, the CVO says. I remember all too well the an-

I remember all too well the announcement of the first Canadian case, this one in Ontario, while attending the boar pit session at the Banff Pork Seminar in January of 2013, and topic being exactly this: what happens when, not if, PEDv hits Canada?

Eventually, Ontario got over 50 cases. Quebec had a few, too. Manitoba saw five, and there were none in the



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# City of Selkirk receives Shield Award for Urban Beautification

#### Staff

Selkirk received The Royal Oak Inn Shield Award for Urban Beautification recently at the Manitoba Good Roads Association annual awards in the 7,501-plus-population category.

Mayor Larry Johannson and CAO Duane Nicol accepted the award at a ceremony in Brandon in April.

"It was an honour and a privilege to accept the award in Brandon, the only thing that would have made it better would have been if all 10,000plus residents could have been there getting it with me," Johannson said. "Everybody from Greenwood to Oliver Avenue and in between, I mean everybody really takes pride in their neighbourhoods and their yards. It's just a pleasure to see. I think we're all really doing our part."

Johannson said the city has made improvements such as new garbage and recycling bins located throughout the city, that make it easier to keep the city clean and tidy.

Chris Carruthers, the city's director of culture, recreation and green transportation, is also the city's representative on the Communities in Bloom committee.

The volunteer committee works to improve the city's green space, but also things like heritage properties and environmental stewardship. Carruthers said city staff are continually improving their knowledge of plants and plant management and they're working towards more environmentally sound practices that will see the city flourish.

"We no longer use city water to water the flowers, we're completely off that grid, and we're moving towards more perennials and getting away from all the annuals and it's not just the extra expense but it's more diverse," Carruthers said.

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#### other western provinces.

It didn't take that long before the CVO declared Manitoba PEDv-free after stringent biosecurity and cleaning up the messes caused by those five.

While totally devastating to the owners of those infected barns — removing dead piglets, working at eradicating the disease and remaining disease-free — it also affected those who never got it, mostly emotionally.

I remember talking to several pig producers that never got the disease in their barns but would go and turn on the lights every morning to see if baby pigs were sniffling, a sure sign of the disease starting to take its toll.

This time around, I was in a hog barn near St. Malo when I heard the news of yet another case in Manitoba.

The least cost is a producer losing the production for six months, meaning one batch of pigs won't go to market but to be disposed of as dead stock.

This crazy virus moves around, carried by almost anything, and it's very difficult to determine where it actually came from.

With so many trucks hauling pigs back and forth to the United States and with PEDv still active there, the emotions run high on this one.

Here's hoping anyone related to the pig business will take a double-dose of willpower to strengthen their biosecurity protocol, as that is the only line of defence there is.

Driving to Winnipeg and back last week Saturday, several things caught my attention.

On the way down, two winter wheat fields, one on either side of Highway 3, were looking absolutely wonderful but lodging a little on the way down — and on the way back about eight hours later, lodging even more. The significant part of this is, first, to see a wheat field so far advanced in the beginning of June, and to see it so thick, meaning such a good stand that it is already lodging, also is amazing.

The other thing I saw was the amount of water on the fields between Carman and Winnipeg. Only a mere few weeks back, dryness was a hot topic that kept farmers from finishing their seeding. Then frost hit the canola, and now too much water is laying around. Indeed, there is never a dull moment for a farmer.



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# **Royals toppled by Thompson in A-side consolation final**

#### By Brian Bowman

The Selkirk Royals had a great effort last weekend, losing 8-7 in overtime to Thompson in the A-side consolation final of the Manitoba High School Field Lacrosse League playoffs.

Thompson scored the game winner with about five seconds remaining in the game, according to Royals' coach Chris Poponick. Selkirk, at one point, held a 5-2 lead.

Despite the tough loss, the Royals should carry their heads high after a very good performance in their first time competing in a high school lacrosse playoff.

"Anytime that you can play for a banner, it's a good thing," said a pleased Poponick on Monday afternoon. "Unfortunately, we had a couple of errors that cost us. The best part about (the loss) is that it's an opportunity to learn prior to provincials this weekend."

The game between Selkirk and Thompson was a great battle between to solid clubs. There was plenty of good passing and field running, said Poponick, in a game that was played in windy conditions.

The Royals' coach felt his club will learn a lot from the heart-breaking loss.

"It's good to lose sometimes," Poponick reasoned. "You have to lose at times before you can win. We were really looking forward to putting up the first banner for lacrosse in the school gymnasium.

"That didn't come to fruition, unfortunately, but the experience, I think, was extremely valuable."

The Royals began playoff action Friday with a 6-3 loss to the River East Kodiaks. Selkirk had seven players arrive late to the field just before halftime, which allowed River East to take a 5-1 lead.

"We battled back but it wasn't enough," Poponick lamented. "And River East went on to win the whole thing, so we did get beat by the eventual champions."

On Saturday, the Royals were outstanding in a dominating 7-1 victory over Winnipeg's Vincent Massey Trojans.

Poponick said everyone on the club contributed significantly in their three

games last weekend.

"It was a good team effort," he said. "Everyone played well the entire weekend. Goal scoring was spread out all over the place and we're getting tighter as a team. We're not just a one-man show."

The high school lacrosse provincials will take place this weekend at St. James Optimist Park in Winnipeg. The schedule had not been released by press time.

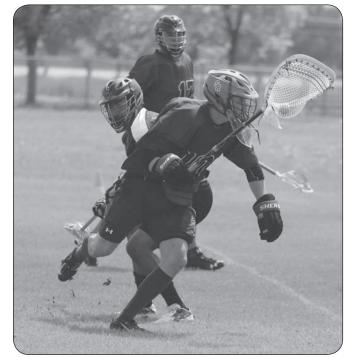


Drake Ballantyne battles for the ball while Joey Flynn Malloy looks on.



**RECORD PHOTOS BY LANA MEIER** 

The Royals' Cole Wasnie looks to get past a defender during lacrosse playoff action. Wasnie was selected as a league all star on Saturday evening.



Selkirk's Harley Hoydalo slips past a defender during high school playoff action last weekend.



The Selkirk Royals' Owen Sargent carries the ball upfield while teammate Scott Thomas watches the play unfold in the background.



# U16 and U18 POE hockey rosters announced

#### By Brian Bowman

Hockey Manitoba released the 2016 U-16 and U-18 Program of Excellence Development rosters on June 1.

Matthew Boonstra, a defenceman from Garson, was one of 27 players that were named to the U-16 POE Development roster. Boonstra played this past season with the Eastman Selects.

The 27 players included three goalies, eight defencemen, and 16 forwards.

The female U-18 POE Development roster also features 27 players, which includes four goalies, nine defencemen, and 14 forwards.

Delaney Boehm, a forward from East St. Paul, was the lone local player selected. She played last season with the Balmoral Hall Blazers' prep team.

Both the U-16 and U-18 programs will host a prep camp in July, followed by a final camp in August for U-16 and the Bisons' Exhibition Series for U-18 in September.

Here are the locations and dates for 2016 POE development camps:

U-16 POE Prep Camp - July 11-13 -Riding Mountain National Park

U-18 POE Prep Camp - July 19-21 -Winnipeg (Seven Oaks Arena)

U-16 POE Final Camp - August 11 -14 - Winnipeg

U-18 POE Bison's Exhibition Series -September 2016 - Winnipeg

U-16 Team Manitoba will compete at the Western Canada Challenge Cup set for Oct. 18-23 in Calgary. The U-18 Team Manitoba squad, meanwhile, will compete at the National Women's Championships Nov. 9-13 in Regina.

# **Steelers pleased with MJHL draft picks**

#### By Brian Bowman

The Selkirk Steelers didn't have to travel very far for this year's Manitoba Junior Hockey League Bantam draft.

In fact, it was held right in their own backyard at the Selkirk Rec Complex.

Selkirk hosted the annual draft on Sunday and Steelers' general manager/director of hockey operations Ken Petrash was very pleased with their selections.

"It is extremely rare that you are able to pick your top-ranked players in each round," said Petrash on the team's website. "This year, we were able to draft the player that we had rated the highest every round.

"We are very pleased to welcome this year's draftees to the Selkirk Steeler organization, in this our 50th-anniversary season."

In the first round, fourth overall, Selkirk selected defenceman Colby Jaquet, who played last season with the Winnipeg Warriors. The second round (15th overall) saw the Steelers snag Winnipeg Hawks' blueliner Chad Smithson.

Selkirk continued to think defence in the third round (26th overall) as it picked Ste. Anne rearguard Blair McGowan. McGowan played this past season for the Eastman Selects.

In the fourth round, Selkirk picked Warriors' forward Reece Vitelli, who was followed up by Winnipeg Sharks' forward Josiah Vanderhooft in the sixth round.

The Steelers did not have a fifthround pick as a result of a previous trade.

The first overall pick in this year's MJHL Bantam Drat was defenceman Parker Malchuk of Birtle. He was selected by the Neepawa Natives.

In addition to the drafted players, the Steelers were allowed to "Auto Protect" two local players. Selkirk elected to protect Lockport defenceman Andrew Hopko and East Selkirk forward Ben Kelly. Both played last season with the Winnipeg Hawks.

Local players selected at the draft included defenceman Matthew Boonstra of Garson, who was picked in the third round, 32nd overall, by the Steinbach Pistons.

East St. Paul blueliner Evan Michaels was taken in the fourth round (36th overall) by the Dauphin Kings while West St. Paul forward Brody Lubkey was picked by the Winnipeg Blues with the seventh pick in the fifth round.

On the trade front, the Steelers acquired the MJHL list rights of 19-year-old defenseman Dayne Finnson from Neepawa on June 2 for future considerations.

Finnson, an Arborg native, played the last two seasons with Salisbury High School in Connecticut. In 2013-14, he played 10 regular-season games in Neepawa.

# Arborg to host 2017 Keystone Cup

#### By Brian Bowman

The Keystone Junior Hockey League announced June 1 that the Arborg Ice Dawgs will be the host team for the 2017 Western Canadian Junior "B" Keystone Cup Championship.

Ice Dawgs' general manager Ivan Gulay confirmed in an email that Arborg will, in fact, be hosting the longstanding tournament. He said they are currently in the process of forming a western committee and estimated that "about 60 to 70" volunteers would be needed to ensure the success of the event.

"We're so excited," said Gulay Friday afternoon. "We've been in the league nine years now and next year will be our 10th anniversary year. We're really excited."

The tournament, which will take

place in April, will include teams from B.C., Alberta, Saskatchewan, Manitoba and northwestern Ontario. Past players at the Keystone Cup have been former Western Hockey League and Junior"A" players.

The level of hockey will be outstanding for fans in Arborg and the surrounding area to watch.

"The level of hockey is like Junior "A" hockey here (in Manitoba)," Gulay noted. "It's high-end hockey, but at the end of the day, if we work hard, then we can also do well."

As hosts of the tournament, the Ice Dawgs will receive an automatic berth and be joined by the playoff winner of the KJHL. Gulay said the Ice Dawgs will, without question, ice a competitive team next season. "We'll ice a team that is strong and

"We'll ice a team that is strong and competitive," he stressed. "We are

going to be very competitive and we'll have a strong team. We'll have local players and we will look for others to have a strong team – absolutely."

The Peguis Juniors represented the KJHL at this past year's Keystone Cup, which was won by the 100 Mile House Wranglers, in Regina.

Manitoba last hosted the Keystone Cup in 2013 when the St. Malo Warriors were the host squad. Before that, the prestigious event was played in Selkirk in 2008.

"All of the Manitoba teams are going to be competitive," Gulay said confidently, noting the Ice Dawgs' training camp will begin Sept. 10.

"We're all going to be working hard. But I'll say one thing, 'Arborg is going to be building a strong team.""





# **Royals reach semis of baseball provincials**

#### By Brian Bowman

The Selkirk Royals' great run at the MHSAA baseball provincials ended with a semifinal loss to the Dauphin Clippers on Saturday.

The eventual-champion Clippers ended the Royals' season with a 13-1 victory. Dauphin then edged Portage 3-2 in the final later in the day.

"I'm very happy with what we did out there," said Royals' head coach Michael Buffie. "The team played their butts off."

The game took a turn in Dauphin's favour early. Selkirk failed to score with the bases loaded in the first inning and then Dauphin exploded for six runs in the second.

"That pretty much took us out of the game," Buffie recalled."You could tell our team was deflated."

Garrett Saunders scored Selkirk's lone run of the game after belting a leadoff double.

Selkirk reached the semifinals after upsetting the No. 1-ranked Boissevain Broncos 5-4. The defending-provincial champion Broncos had just one loss heading into last weekend.

"We knew we were up against arguably the best team in the province and we knew we had to play our best game – and we did," Buffie said, noting the Royals trailed 3-0 after four innings.

Selkirk scored its first run in the fifth

inning and then added four more in the sixth to take the lead for good. The Broncos made things interesting, however, by having the potential game-tying run on third base with two outs.

Brittney Langlais pitched well, once again, going 6 1/3 innings and allowing just four hits. She was replaced by Derek Petrasko, who induced a fly out and a groundball out to end the game.

Petrasko was later named to the provincial all-star team. He earned a win and a save at the provincials while hitting .500. with five runs scored and five RBI.

Selkirk finished its three-team pool play with a 1-1 record. The Royals were blasted 20-5 by Garden Valley and then they defeated Warren Collegiate 7-1.

In the win over Warren, Selkirk scored in every inning with the exception of the fourth. Braydon Chwartacki was outstanding in the leadoff spot for Selkirk, scoring four runs while Petrasko scored twice and had two RBI.

Looking ahead to next season, Selkirk will lose six players – Brett Boudreau, Brennan Cheasley, Chwartacki, Ben Fountain, Nico Litke-Morrow, and Petrasko – due to graduation.

"There's a core of guys that I have had the pleasure of coaching for three years now that are going to be leaving,"Buffie said."They have been a big



#### **RECORD PHOTO BY LANA MEIER**

Selkirk right-hander Derek Petrasko delivers a pitch during the MHSAA baseball provincials last weekend in Winkler. Petrasko was named a provincial all star.

part of our program for three years and they were great for us. They went

out with a bang at these provincials. "They were our best players, by far."

## Locals leading Bantam Pirates to plenty of wins this season

#### By Brian Bowman

It looks like it's going to be a twoteam race for first place in the Bantam "AAA" Division of the Winnipeg Amateur Baseball Association.

The North Winnipeg Pirates and Bonivital Black Sox look to be the cream of the crop in the Bantam "AAA" league this season.

And North Winnipeg won the latest clash between the top two clubs with a dramatic 7-3 victory on Monday evening.

Kevin Burnett of East Selkirk belted a grand slam in the seventh inning to give his Pirates the huge victory. All four local players played key roles in the Pirates' win. Liam Allen of St. Andrews earned the win on the mound for North Winnipeg while Tyler Smith picked up the save. Both players reside in St. Andrews.

Wyatt Whitwell of Selkirk, meanwhile, played well defensively for the Pirates, recording three put outs.

Smith and Whitwell are first-year Bantam players while Allen and Burnett have done a real good job both defensively and offensively as league veterans.

"(Liam and Kevin) have been in the top part of the order and have been driving in runs," said Pirates' head coach Donnie Smith. "We're relying on the two older boys to carry the weight a little bit, both offensively and being the brains behind the pitchers when they're catching."

Monday's victory improved North Winnipeg's record to a league-best 9-3, a half game ahead of Bonivital (8-3).

"Our toughest competition is Bonivital," Smith said." We should be playing for top spot throughout the season....but I still think we have some work to do to stay with Bonivital."

Smith likes the fact that his club is playing some "small ball" this season and manufacturing runs by bunting. The hit-and-run has also been producing some offence, he said.

Defensively, the Pirates have been consistent on the field despite a lack of practice due to recent rains.

"Pitching has also been good," Smith noted. "It's just a matter (of being solid) on the defensive end and pounding the strike zone early in the count. When we do that, we tend to have a little bit more success."

North Winnipeg hosted Bonivital last night at the Sunova Centre in West St. Paul but no score was available at press time. The Pirates will then compete at a St. James tournament this weekend.

# **Royals take part in Dragon Boat Challenge**



**RECORD PHOTO BY LANA MEIER** The Selkirk Slayors were one of approximately 50 high school teams battling it out for bragging rights on Lake Shirley last Sunday while raising funds for the Canadian Cancer Society.

#### Staff

The Canadian Cancer Society, together with the Manitoba Paddling Association, proudly presented the Manitoba School Dragon Boat Challenge on Sunday at the Manitoba Water Ski Park on Lake Shirley in Winnipeg. Junior and Senior high school students from all across the province joined in the fight against cancer in Manitoba by fundraising over \$20,000, paddling and racing for incentives and bragging rights, but most importantly, to make a difference in the fight against all cancers. This festival is currently the largest school dragon boat festival in western Canada, and encourages teamwork and an active, healthy lifestyle. It is open to teams from junior and senior high schools in Manitoba.

# **Sunova collecting donations for Siloam**

## Golf Classic tournament to be held July 10

#### Submitted

Until July 8, all Sunova Credit Union branches will be collecting personal hygiene items and tea for Siloam Mission. This supply drive is part of the partnership between Siloam and the Sunova Golf Classic, from which Siloam will receive an estimated \$20,000 in proceeds. "After touring the Mission, we were inspired to get involved in a larger way," says Vanessa Foster, Director of Marketing for Sunova. "The staff at Siloam told us that they're always struggling for donations of feminine hygiene products. This supply drive is our way of bringing a bit of awareness to that need, as well as helping to collect items to keep the Mission's clients healthy and comfortable this summer."

Though an emphasis is being put on toothpaste, tea, and tampons, all personal hygiene items and cash donations will be accepted.

The 11th-annual Sunova Golf Classic will be held Friday at the Selkirk Golf and Country Club.

# **Ekosky competes in Portugal, selected for tournament in Argentina**

#### Submited

The Selkirk Judo Club's Damien Ekosky competed in a 38-competitor division at the European Judo Union's EJU Cup - Cadets tournament in Coimbra, Portugal on May 29.

After a bye through the first round, Ekosky defeated Pedro Chen of Por-

tugal by ippon (full point) in his second-round match.

In the third round, Ekosky lost to Pavel Svec of the Czech Republic. His throw attempt was countered partway through the match and the Czech fighter held Ekosky in a groundhold for the win.

Svec went on to finish fifth.

Ekosky also participated in a threeday training camp in Coimbra, sparring with top international cadet-age (U18) fighters. He returned home on June 2 and now begins preparations for the Pan American U18/U21 Judo Championships in Cordoba, Argentina during the first weekend in July.

## Ngo competes at national university golf championship



Noel Ngo

#### By Brian Bowman

The University of Manitoba Bison men's golf team finished tied for 12th after three rounds of the 2016 Canadian University/College Championship, conducted by Golf Canada and hosted by the University of Victoria.

The Bison squad missed the fourthround cutline by only three strokes. Manitoba ended up tied for 12th following the third round in the team standings with an overall score of +56 (305-303-312-920).

Individually, Bison second-year player, Jack Werhun, was the top Manitoba player during the championship with an overall score of +9 (76-74-75-225).

Noel Ngo, a fourth-year player from Selkirk and a former Royal, finished at +34 (84-82-84-250). There were 108 golfers in the field.

"While the team received some great experience and there were lots of positives, we were disappointed with our finish," said Bison men's golf head coach Garth Goodbrandson in a media release.

"The team really struggled on the front nine this week. We were 43 over par on the front nine and only 13 over on the back nine. If we would have played decent on the front nine, we would have been in the thick of things for a top-five finish."

The Bisons were the 2014 men's university champions while UBC won the title the following season.



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#### ABORIGINAL DAY Tuesday June 21<sup>st</sup> Selkirk Park

This is a correction to Blue Book Error that advertised this event on June 19th. Live entertainment, games, food and more!

> Please contact the Selkirk Friendship Centre for more info: 204-482-7525

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication. Call 785-1618

elkirk Record



#### EMPLOYMENT OPPORTUNITY

Job Posting 2016 - 24 Accounting Clerk - Term

Full details of the position will be available on the City of Selkirk Website located at myselkirk.ca.

Applications will be accepted until 4:00 p.m. on Thursday, June 16, 2016.

## CASUAL DELIVERY DRIVERS & GARRIERS WANTED

In preparation for an impending Canada Post Strike in July the

#### Selkirk Record

will require delivery drivers and carriers to get the news out. With a possible strike date of July 2nd we will need delivery people in our urban areas and delivery drivers in the rural areas. The publications take two days to get out, they are delivered beginning Wednesday morning and must be completed Thursday.

If interested please contact Christy Brown at 204-467-5836 or email: Christybrown@stonewallteulontribune.ca



• Fire Department - recruitment table, fire trucks, fire quad, rescue boat, kids activities and Sparky the Fire Dog

• **RM of St. Andrews** – selling dog licenses and registering residents for Code Red

Refreshments and fun for the whole family!

Mayor & Council www.rmofstandrews.com

Don't forget to send your special wishes to your friends and family.

Call 785-1618 or email lucy@selkirkrecord.ca









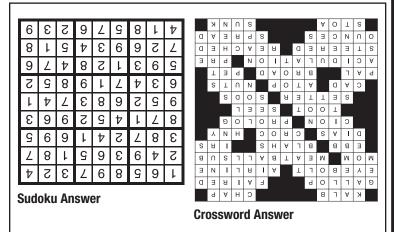
9 8 7 4 2 3 5 7 2 5 9 8 6 4 5 8 6 4 3

#### sudoku. This mind-bending puzzle will have you hooked from the moment you

sharpen your pencil and put vour sudoku savvy to the test!

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



- 26. Hengyang Nanyue Airport
- 27. AJA camera
- 29. A computer language
- 31. Blare
- 33. Prevent from seeing
- 34 Long-haired dog
- 36. Turfs
- 38. Villain
- **39. At the peak**
- 41. Macadamias are some
- 43. Chum
- 44. Not slender
- 46. Fido is one
- 47. Acidify with this
- 51. Before
- 53. Guided
- 54. Extended
- 56. Units of weight 57. Bedding
- 58. Greek portico
- **59. Descended**

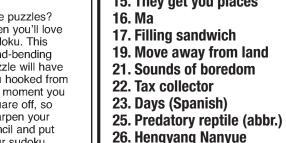
#### **CLUES DOWN**

1. Knocked out

- 2. Vessel that purifies
- **3. Bachelor of Laws**
- 4. Loud noise
- 5. \_ Sagan, astronomer
- 6. Mound
- 7. Coming to light
- 8. Extreme poverty
- 9. Jewel
- 10. Commoner
- 11. Disasters
- **12. Adult females**
- 14. Mineral
- 15. Regards with disgust
- 18. Waterproofed canvas
- 20. Teased
- 24. Carbon particles
- 26. Delay

- 28. Luminaries
- **30. Boxing champ Spinks**
- 32. A set of four
- 34. Most noticeable
- 35. He played Milton
- Waddams
- \_\_\_ Foster, composer 37.
- **38. Succulent plant**
- 40. Two 42. Run naked
- 43. El \_\_\_, Texas town
- 45. Female deer (pl.)
- 48. Art \_\_\_, around 1920
- 49. Compound
- 50. Breaks to sleep
- **52. Doctor of Education**
- 55. Group of vineyards

30 47 48 49 53 54 56

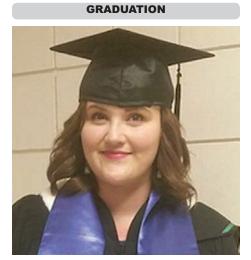


square off, so

Announcements SelkinkRegord

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#### ANNOUNCEMENTS



Kassidy Johnson Congratulations on your Graduation from the University of Manitoba Bachelor of Arts Advanced: Political Science major and History minor Very proud of you! -Love Mom, Dad, Kole, Kayla, Oma, Gpa, Gma

> ANNOUNCEMENTS BIRTHDAY



Happy 90th Birthday Joyce On Sunday, June 19th between 2:00 p.m. and 4:00 p.m., the family of Joyce Harbour will be having a meet and greet reception to celebrate Joyce Harbour's 90th Birthday The reception will be held at Gilbarts Reception Hall, 309 Eveline Street, Selkirk



### ANNOUNCEMENTS

Myrtle Johanson September 26, 1923 – June 11, 2014 Some days are hard to remember, But the special moments we shared Will stay with us forever. Love you, miss you.

-Laverne and family

#### ANNOUNCEMENTS

IN MEMORIAM



Larry Motkaluk June 2, 2012

Every year, when it's time to put a memoriam in the paper, I pull out our many family albums, looking for that perfect picture. We have so many albums, and when our grandchildren visit they always say "Grandma, do you have any new pic-tures in the albums?" Each picture has a story, a memory of our family and friends. Four years have passed since that sad day when you were called away. We were not a perfect family but you showed us so much, how to forgive and love one another, but most importantly not to hold a grudge. You taught us that forgiveness is the key to life. If we had done wrong to someone, we asked them to forgive us, if they could not do that, we would then forgive that person for not being able to forgive us. I have tried to instill this trait in our sons and grandchildren as this was a foundation of our life together. When people die suddenly, there is not a chance to say goodbye. A year before your passing, you told me that you would be leaving me. At this time you started waving goodbye to me every time we parted ways. I now understand the reason for the waving was us saying goodbye. You have left such a void in the lives of me, our children, grandchildren, great-grandchildren, brothers-in-law, sisters-inlaw, nieces and nephews. You made such a huge impact on Wayney and Lorraine. Wayne was the little brother you never had, having known you since he was five years old. (We even took him on our dates!) Lorraine was like a second mother, she was the person you entrusted to look after your loved ones when you passed. Our home is lonely without you, and what Troy, Kelly, CC and I wouldn't give to spend five more minutes with you and hug you one last time. For now we will just have to be satisfied with our memories. These eves of mine have seen a lot of love but they will never again see the love that we had for one another.

Loved and sadly missed.....

-Shauna, Troy, Kelly, CC and families



#### OBITUARY

### Mike Burzuik

**November 12, 1939 – May 27, 2016** Mike went to the arms of his Lord peacefully in sleep at his residence, Walske Residence.

He was preceded by his parents Nicolas and Mary Burzuik and his cousins Norman and Betty Burzuik, whom he and his mother made their home with for many years and by his dear friend Doug Walske .

Mike leaves his brother Bill (Maureen) Burzuik, many cousins, friends, extended family Gary and Grace Mowat and their family, Joey Delaronde and Raymond Porayko. He also leaves behind his brothers and sisters in faith at St. Clements Anglican Church, where he was a life-long member.

Mike was born and raised in Mapleton, MB. He always had a special zest for life; he had many interests. He loved Elvis, C&W music, dancing, bowling, and he was an avid 'collector' and photographer and a true monarchist. He loved social gatherings and 'a good eat'. Mike took several memorable trips, including Cuba and Graceland. He participated in the Special Olympics. He was a participant of Arc Industries and Selkirk Community Living Program where he made many lifelong friends.

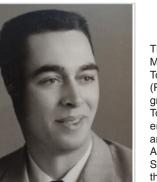
Mike's greatest joy was family. He was a big kid at heart and all the "Kids" have a special place in their hearts for "Big Mike". His love knew no barriers.

To celebrate his life, a funeral service was held in the St. Clements Anglican Church, Mapleton, MB, on Friday, June 3, 2016 at 1:00 p.m. with viewing one hour prior to, the Venerable Archdeacon Godfrey Mawejje officiated with the Reverend Ken Pawluk. Interment followed. Active pallbearers were Kelvin Burzuik, Chris Kurbis, Connor Mowat, Gary Mowat, Don Little, and Tom Orum; honorary pallbearers were Joey Delaronde, Raymond Parayko, Callan Mowat, Keith Kurbis, and Karrie Burzuik. He was a true blessing to all who knew him. A good soul never dies. Memorial donations may be made to Selkirk & District Community Foundation; 200 Eaton Ave. Selkirk, MB, R1A 0W6.

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



OBITUARY





#### Thomas John Edward Linklater April 5, 1931 – May 17, 2016

Thomas Linklater passed away peacefully at Heritage Lodge on May 17th, 2016 at the age of 85 years.

Tom is survived by his sister Clara Jean Wiens; niece Cori Knight (Robert); great niece Lisa Rose Fairbairn (Terrance) as well as his great nephew Scott Knight.

Tom was predeceased by both parents, Thomas and Dolly Linklater of Cloverdale, Manitoba; his brother Harris; sister-in-law Sarah and brother-in-law Otto Wiens.

After finishing school Tom trained as a watch maker at Thor's Gift Shop in Selkirk, Manitoba under the tutelage of Mr. H. Slote. He then went to Grande Prairie, Alberta and worked for C S Hook and Sons jewellers.

Tom started his career as a fingerprint technician in Ottawa from 1952 – 1955. Tom trained and worked as an air traffic controller in Thunder Bay, Ontario from 1959 - 1967. Tom was transferred back to Winnipeg, where he became Chief Air Traffic Controller at St. Andrews Airport in Manitoba from 1967 until 1988. Tom retired from the Department of Transport in 1988. Tom's passion was airplanes, and received his private pilot's license in 1957. After retirement, Tom and his buddies enjoyed many happy hours building and flying various aircraft. He later had a workshop at Mrs. Scaletta's home, and they became good friends. He admired her very much. They spent many happy coffee breaks together.

In Tom's last years, he lived with his niece Cori and her family. Many thanks to them for providing a comfortable, loving home and companionship for him. Tom enjoyed his many outings with friends

Murray Goossen and Dennis Forester and also had the good fortune to enjoy a once in a lifetime trip to China.

Special thanks to the staff at Heritage Lodge for all your support.

Tom's celebration of life will be held on Thursday, June 9th, 2016 at 11:00 a.m. in the Gilbart Funeral Chapel, 309 Eveline Street, Selkirk, Manitoba, with a luncheon to follow. Private family interment will take place at a later date.

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



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**36** The Selkirk Record Thursday, June 9, 2016

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