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RECORD PHOTO BY LINDSEY ENNS

Tyson Salmon of Stonewall holds on tight during bull riding on day one of the Manitoba High School Rodeo Association finals at the Selkirk Park rodeo grounds last Friday. Nearly 100 competitors from across Manitoba, Saskatchewan and Ontario were in town for the three-day event. For a story and more photos, see page 14.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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Dozens show their support for Boobies Rule tourney

By Austin Grabish

Attendance may have been down, but spirits were certainly running high at the fifth annual Boobies Rule Golf Tournament in Selkirk last Friday.

Twenty-two teams came out to the Selkirk Golf and Country Club for the Texas scramble, which raises funds annually for the Canadian Breast Cancer Foundation.

The sun was sizzling as golfers hit the green, and there were lots of laughs to be had.

"It's just a good cause," Jessica Buchan who drove in from Steinbach for the tournament said.

Jody McRae comes out to the tournament every year with his friends, in

part to remember his mom who died seven years ago from cancer.

McRae said the tournament is always fun.

"Just having a blast," he said.

Selkirk resident Ted Wur organizes the tournament and said they added more contests this year.

A Christmas tree wrapped with bras was also placed in the middle of the course to remind golfers about breast cancer survivors.

Wur said although there were only 22 teams — down from last year's 40, he was still feeling good about the whole day.

He said next year's tournament will take place on a Saturday so more people can come out.



RECORD PHOTO BY AUSTIN GRABISH

A team of four from Winnipeg Beach and surrounding communities gears up for the fifth annual Boobies Rule Golf Tournament in Selkirk last Friday. Pictured from left to right, Jordan Pawluk, Nicole Dola, Pam Dola and Perry Dola.

Although Wur didn't have a final total of money raised on Friday, he was hoping to reach the \$1,000 mark.

The tournament has raised almost \$30,000 for the Breast Cancer Foundation to date, he said.

Wur also thanked the 20 volunteers

who helped out this year.

"I love it," said Tracy Slyker, who was one of the volunteers. "It's a great cause, it's a lot of fun, it brings a variety of people out from all over town and it's just a well-run day."







Selinger grilled over Selkirk hospital tender flip-flop

By Austin Grabish

Liberal MLA Jon Gerrard grilled Premier Greg Selinger about a lawsuit initiated against the Interlake-Eastern Regional Health Authority after it cancelled the tender for Selkirk's new hospital.

Gerrard demanded to know why the RHA denied the lawsuit's existence in a Freedom Of Information request during question period last month.

"Manitobans have been concerned for some time about the contracting policies of this government and for good reason," Gerrard said on May 12, while questioning the premier.

He asked why the construction contract for Selkirk's new hospital was originally awarded to PCL Construction and then cancelled and given to another company that was not one of the original bidders on the project.

Druing question period Selinger said the RHA and the province was acting on legal advice when the tender was cancelled.

"Proper procedures were followed based on that legal advice," Selinger

Gerrard said construction of the hospital was delayed two years due to the lawsuit, which was eventually settled out of court.

Court documents obtained by the Selkirk Record earlier this year show PCL filed a lawsuit against the RHA in May 2013.

PCL alleged the RHA breached an obligation by cancelling the tender on false and misleading grounds, and said the health authority utilized the tender process to conduct a reverse auction and engage in a bid-shopping process.

Emails previously obtained by the Record through an FOI request show senior officials with Manitoba Health were aware of the lawsuit, and one civil servant called the litigation surrounding the hospital"the ugly file."

Last December, Gerrard's office filed



RECORD FILE PHOTO BY AUSTIN GRABISH

Premier Greg Selinger is seen in this 2014 photo. Selinger was grilled by Liberal MLA Jon Gerrard about a lawsuit initiated against the Interlake Eastern Regional Health Authority after it cancelled the tender for Selkirk's new hospital during question period last month.

an FOI request asking the RHA if it had been served with any lawsuits from 2009-14, and in a reply signed by former CEO John Stinson, the RHA said it had not.

But a story published in the Record this April showed the RHA was served with a statement of claim from PCL shortly after it was dumped from the project.

Gerrard said the statement of claim raised serious questions about how the hospital's tender was handled.

"What is the Interlake-Eastern RHA under today's NDP trying to hide by denying the lawsuit when we have evidence the lawsuit was initiated?" Gerrard asked before tabling a copy of his information request that was denied.

The Record requested an interview with Interlake-Eastern RHA CEO Ron Van Denakker, but a

"THIS IS GOING TO BE AN IMPORTANT FACILITY TO SERVE THE PEOPLE NOT ONLY IN SELKIRK, BUT TO SERVE THE PEOPLE OF THE INTERLAKE."

spokeswoman said he was unavailable.

In an emailed statement last Friday, Van Denakker denied the RHA was ever served with a lawsuit.

"The RHA did not enter into any lawsuits from 2009-2014. A statement of claim settled out of court is not qualified as a lawsuit. The information received through the FIPPA request is accurate,"Van Denakker said.

Selinger told the House he is pleased construction on Selkirk's new hospital has begun.

"This is going to be an important facility to serve the people not only in Selkirk, but to serve the people of the Interlake," he said.

The new hospital has a construction budget of \$111 million.





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(CSP) (CSP)

Lawsuit may have added to club's financial woes

By Austin Grabish

A community club already riddled in a financial mess may have spent more than \$62,000 on wages a former employee sued for after he was told to either quit or be fired from his job as icemaker and facility manager.

Darren Zembik stood at the helm of the St. Andrews Community Club for nearly three decades before being told last March he had to quit or be fired.

Zembik, a St. Andrews resident and Olympic torchbearer, although reluctant at first opted for the first option and quit his job last April.

And now the Record has learned Zembik sued his former employer for lost income after he quit.

Court records obtained by the Record show Zembik sued the community club for \$62,022.78 shortly after his departure from the club.

A statement of claim, which has since been discontinued, alleged the community club breached a contract with Zembik that said he would be employed until September 2019.

Documents state Zembik would be paid \$50,944.55 a year plus GST with an annual increase of two per cent per year starting in 2009.

The documents also say Zembik would be paid an additional \$3,500 plus GST seasonally to make outdoor ice.

A statement of defence filed by the community club denied a contract between Zembik and the club contained "any terms of employment," but admitted Zembik was paid to supervise maintenance at the club and deal with emergency situations.

The club also denied there was any separate employment agreement relating to outdoor ice.

The lawsuit was discontinued on Sept. 29, 2014, but Zembik never returned to work.

Community club finance chair Patrick Gordon refused to comment on the matter, citing a non-disclosure agreement that prevents information from the lawsuit from being shared.

"We've settled that and there was a non-disclose signed so that's pretty much all we can say," Gordon said.

Zembik also said he couldn't discuss details about the lawsuit, but in a text, said, "I'm pleased with the outcome."

Zembik is no stranger to the St. Andrews community.

In 2009, RBC recognized him as being one of Canada's most devoted hockey volunteers for the hundreds of hours he gave to hockey in his community.

Continued on page 11



Sport Chek will add to city's 'boom' in business: Mayor

The City of Selkirk is allowing Canada's largest sporting retailer to set up shop on Manitoba

Council voted unanimously to allow the construction of Sport Chek to begin at a special meeting last Monday.

The company had to appear before council since their current development plans didn't meet zoning bylaw requirements.

The issue at hand was that the proposed building did not meet front yard setback requirements.

Canadian Tire, the parent company of Sport Chek, sought a variance for a reduced front yard setback from 50 to 20 feet, and it was approved. No one from council or the public objected to the company's request.

"Welcome Sport Chek," said Mayor Larry Johannson at the close of the meeting.

The new store will sit on property owned by Canadian Tire across from Mark's Work Wear-

The 12,500 square foot store will be medium in size compared to other Sport Chek's across the country, said architect Matthew Vandenberg.

"We're very excited to continue to develop in the city,"Vandenberg said.

Coun. Kelly Cook said the addition of another big-box store to Manitoba Avenue means there will be more foot traffic, and that's something



RECORD PHOTO BY AUSTIN GRABISH

A new Sport Chek store is being built on this property on Manitoba Avenue in Selkirk.

the city will need to examine more closely since pedestrians already have difficulty crossing the street.

"We're going to be funneling that into a task force," Cook said.

Johannson said the addition of a Sport Chek to Selkirk adds to the "boom" in business the city has had over the last five years.

"We have a lot of business going on in Selkirk right now," Johannson said. "It's phenomenal I don't think we've ever seen a boom like this.

"We've become a one-stop shop."

Sport Chek is the largest Canadian retailer of sporting goods, footwear, and apparel, according to the company's website.

No word yet on when the Selkirk location will be officially opening its doors for business.



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- Gaynor Family Regional Library
- Green Action Centre Composting
- Kiwanis Club St. Andrews/Selkirk Chapter
- Lake Friendly Corporation
- Little Britain Community Club
- Manitoba Conservation and Forestry
- Manitoba Health Public & Environmental
- Manitoba Provincial Assessment Branch
- MARRC Used Oil Recycling Program
- Oak Hammock Marsh Interpretive Centre
- Red River North Tourism
- Red River Planning District
- St. Andrews Airport
- St. Andrews Community Club
- St. Andrews Rectory local museum
- Stantec Consulting display and information for South St. Andrews Waste Water Project
- Selkirk Biz
- Selkirk & District Community Foundation
- South St. Andrews COPPS
- Tire Stewardship Manitoba
- RCMP on hand with police truck
- Responsible Electronics Recycling trailer will be parked by the recycling bins on site for collection of your old E-Waste (TV's, VCR's, computers, radios, cell phones, etc.)
- Fire Department recruitment table, fire trucks, fire quad, rescue boat, interaction for kids - hose line, wooden fire house and Sparky the Fire Dog.
- RM of St. Andrews selling dog licenses, Aquabac biological larvicide for mosquito control and compost bins (limited supplies).

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Rally highlights impact of correctional service cuts



RECORD PHOTO BY AUSTIN GRABISH

The Union of Solicitor General Employees held a protest outside Selkirk-Interlake MP James Bezan's Selkirk office last Friday. The protesters say cuts to the Correctional Service of Canada are jeopardizing their safety.

Bv Austin Grabish

A small clan of protesters rallied outside Selkirk-Interlake MP James Bezan's office last Friday protesting cuts to the Correctional Service of Canada they say have left them unsafe.

The Union of Solicitor General Employees organized the small rally, which lasted for only a couple of hours.

Four protesters walked in front of Bezan's office holding signs that said, "public safety" and "your safety is our concern," and one sign taped to the back of a truck said "vote Harper out!"

Others held the union's flag and one man marched around beating a drum.

Protesters also brought a small grill to the rally and barbequed hot dogs.

Drivers honked and shouted in support of the protesters as they drove by.

Union vice president David Neufeld said jobs in federal jails like Stony Mountain Institution have been cut as federal budgets have tightened in recent years.

"Basically we're just out here to bring attention to the public and also to Mr. Bezan's office," Neufeld said. "We want to let them know that the continued cuts that are happening in the federal government are really impacting our ability to do our work."

He said the Union of Solicitor General Employees are tasked with keeping Canadians safe, but their own safety has been put in jeopardy due to cuts.

Several parole and program officers along with other correctional staff positions all faced cuts last April leaving prisons unsafe, he said.

"The cuts that we continue to see happening are having a negative impact on the work that we do."

Bezan was in Ottawa last Friday during the protest and a spokeswoman said the MP was unavailable to comment over the weekend. He was in Europe with Prime Minister Stephen Harper on Sunday, she said.

A spokesperson for Minister of Public Safety and Emergency Preparedness Steven Blaney, said the Harper government continues to ensure the safety and security of federal institu-

"Our Conservative government has made unprecedented investments to ensure that our correctional system actually corrects criminal behavior," Jeremy Laurin said via email.

Laurin admitted certain budgets were streamlined, but said that was only because prison populations didn't increase as the feds had planned.

"These changes will not have a negative impact on public safety, or on operations inside institutions or in the community," Laurin said.

The Union of Solicitor General Employees represents more than 15,000 members across the country.

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New rules could clear up fog surrounding e-cigs

Proposed provincial legislation restricts advertising, would ban selling to minors

By Austin Grabish

The manager of a local vape shop is welcoming proposed provincial legislation on e-cigarettes that would see minors banned from buying the products, but Phil Bouchard fears tougher unfair rules could be just around the corner.

The province introduced legislation last Monday that would prohibit the sale of e-cigarettes to minors, ban their use in most public places, and place restrictions on advertising.

If the legislation passes, e-cigarettes would be treated under the same rules as regular tobacco products.

Bouchard said it's good the foggy area surrounding the devices is finally being cleared up, but his Selkirk store, the Fat Panda Vape Shop, already doesn't sell or advertise to minors.

"That's all stuff that we've implemented from day one," Bouchard said. The Manitoba Lung Association said the short and long-term health risks



RECORD PHOTO BY AUSTIN GRABISH

Selkirk Fat Panda Vape Shop manager Phil Bouchard uses an electronic vaporizer daily. The province has introduced legislation that would prohibit the sale of e-cigarettes to minors, ban their use in most public places as well as place restrictions on advertising.

of e-cigarette use are still unknown.

The association's executive director Margaret Bernhardt-Lowdon said regulating the sale of the devices is "simply prudent."

"As an organization focused on im-

proving lung health, we don't want to repeat past health policy mistakes through inaction," Bernhardt-Lowdon said.

The proposed legislation would ban the devices from public places where

smoking is already prohibited such as schools, hospitals, malls, indoor workplaces and restaurants.

People would still be able to test out the products at vape shops under the legislation, but if that changed Bouchard said "that would be a step too far."

He added his company's biggest concern is that the products could be banned from public view and have to be sold from behind a closed curtain like tobacco.

He said newcomers who have never vaped before would be lost and wouldn't know what to buy.

He noted many smokers come to Fat Panda wanting to quit, but need help finding devices and the proper prod-

Healthy Living and Seniors Minister Deanne Crothers said there are many unanswered questions surrounding the safety of e-cigarettes.

"Our goal is to find a balance that minimizes possible health risks to children and other bystanders, while acknowledging that some individuals use these products to help them quit smoking," Crothers said.

The new rules are expected to be in place by the fall.

Manitoba makes move to speed up PTSD coverage for workers

The Manitoba government is introducing amendments to the Workers Compensation Act that would recognize post-traumatic stress disorder (PTSD) as a work-related disease.

"This legislation would be unique in Canada and would truly support workers who experience a traumatic event or events in the workplace that lead to PTSD," Premier Greg Selinger said Monday."Under this new law, the Workers Compensation Board would presume their condition was caused by the job, making it much easier to access supports, treatment and compensation."

Selinger noted this proposed change was inspired by the work of Manitoba nurses, firefighters, first responders and the Manitoba Government Employees Union who led the charge with public campaigns, recognizing the affects workplace trauma can have on their members.

This new bill would extend coverage and benefits to all workers eligible under WCB who are diagnosed with PTSD by a medical professional. This would ensure timely access to compensation and support services,

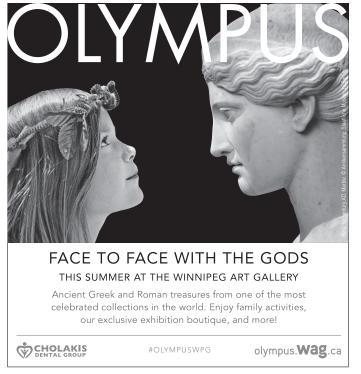
with the long-term goal of reducing the stigma attached to mental illness, Selinger said.

"Firefighters and first responders face challenges every time they answer a call," said Alex Forrest, president of United Firefighters of Winni-

peg. "Presumptive legislation of this kind protects front-line workers like us and it's been a pleasure working with the Manitoba government to make this happen."

Manitoba's Five-Year Plan for Workplace Injury and Illness Prevention

launched in 2013 includes mental health as one of its 10 action areas. The plan commits Manitoba to improving supports, resources and coverage for workers who routinely face traumatic events as part of their work in an effort to reduce work-related PTSD.





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From nets to bass to rookie anglers

Hi gang, nice of you to drop in.

We've all noticed our commercial fishing brothers and sisters going about their business from time-to-time, but I guess if we thought about it we would realize we don't really know much about the techniques they use to bring in those fish.

One such interesting trick is the 'bag shaping' of their nets. This method is used more in the winter on Lake Winnipeg when there is less lake current, but can be used in the summer depending on where you set.

Randy Albertson, a fisher out of Gimli, and I happened to be talking about it again and he explained that after setting your nets across current the fish sense it as they approach and move downward along the net looking for a way around but if you rig the nets with ropes in such a way as to form a bag shape along the bottom the fish become enclosed with no way to get out. This is just another one of the hundreds of things our commercial fishers have to know and use in order to make a living.

Well, the bass are running in the Winnipeg River. I got over to Pine Falls/Powerview where the end of the Manitou Point Road meets the riverbank last week and found about a dozen guys fishing off the big rocks that stretch out into the water. They were casting against the current using gold spoons and I noticed as soon as their lures crossed slower water caused by rocky outcroppings they would get a strike.

I made my way down to one chap, Jose Robenes from Winnipeg who was doing very well. He wasn't up to his limit yet but had so many on a string he just brought them up to the rock bank so I could take a picture.

Now, I would like to pass on a somewhat unusual occurrence that happened on the north end of the Selkirk pier by the big old dry-dock when I was visiting with anglers there not long ago. I noticed a woman separated from everyone else sitting in her car with the door open reading a book. Her rod was stuck in a hole in the pier with line and baited hooks in the water close beside the pier wall. I walked over and introduced myself as she got out of her car. By the way she moved I thought she was some kind of an athlete. She had straight brown hair, large inquiring eyes yet a delicately defined sophisticated face. Our new friend introduced herself as Shawna Heywood of Winni-

As we began getting to know each other suddenly her face light up and she dove back into her car retrieving her new favorite book of the moment,"The Total Fishing Manual."We laughed as she proudly held it up for me to see.

I learned as we talked that here was an independent gal in a very high pressure job who needed at times to get away from it all and had chosen angling as her answer! She told me how she went and bought a fishing license, her how-to book, a whole pile of fishing gear then struck



RECORD PHOTO BY ARNIE WEIDL

Jose Robenes of Winnipeg with a mess of bass he caught at Pine Falls/Powerview.

out on her own to practice her new sport.

We went on talking about anything and everything until she touched on her job. Her lips became thin set lines saying something tough had happened last night. Suddenly her sentences became short unconnected words and her chin began to quiver. We stood in silence for a moment as emotion broke through her strong composure. After a bit she got a hold of herself and her strong character reappeared. We resumed talking of life and fishing again now purposely keeping it casual and sooner than I would have liked, I had to say goodbye to Shawna.

The reason I mention my visit with Shawna is that it reminded me that as a writer, when you mix in some one's

life while working on a story, be careful you don't cause them any undue pain!

glers, it was quite a week!

Well, from nets to bass to rookie an-Bye for now my friends.



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Family law changes target dead-beat parents

Names, photos of debtors with unpaid child support to be posted online

By Austin Grabish

The Selinger government is proposing sweeping changes to family laws that would see names and photos of dead-beat parents posted online, increased fines for the most serious debtors, and legal recognition of same-sex parents.

Minister of Justice and Attorney General Gord Mackintosh made the announcement in Winnipeg last Wednesday.

Mackintosh said the province's Family Law is more than 30 years old and has had regular updates over the

"That in it of itself calls for re-thinking and writing of family law, but there are more pressing reasons to modernize our family law," Mackintosh said.

He said parents who don't pay child support are abusing their children and often leave single parents who care for them stranded.

"We have to remind all parents that you don't divorce your kids you have a continued financial responsibility after separation and divorce," Mackintosh said.

The Family Law Reform Act would see the fine for the most serious debtors raised from \$500 to a maximum of

Mackintosh said over the last 15 years there has been a 205 per cent increase in the number of parents who pay their child support on time, but 40 per cent of parents still default their

financial obligations to their children in some way.

"They're the ones who have to be the focus of our new laws," Mackintosh

Parents who have outstanding warrants that don't pay up would have their name and photo posted on a provincial website.

The move is modeled after Alberta and Ontario. Both provinces post the information online for the public to

Parents who don't pay up will also have their hunting and fishing licences suspended. Driver's licenses are already revoked for debtors.

Other changes to the law would ensure fairness for families that are considered non-traditional under the law.

It would allow those who take on the role of a parent like grandparents and step-parents to apply for custody.

Amendments would also recognize same-sex parents as well as the ability of a child to have more than two legal parents.

Rainbow Resource Centre executive director Mike Tutthill said these changes would fill a legal void that didn't recognize same-sex parents who have been in Manitoba for a very

"This ensures that the rights and obligations of those parents are in line with what is best for the interest of the child,"Tutthill said.

Lawyer Karen Busby said the



RECORD PHOTO BY AUSTIN GRABISH

Minister of Justice and Attorney General Gord Mackintosh announces sweeping changes to Manitoba's Family Law last Wednesday.

amendments clear up legal uncertainty surrounding the process a surrogate must undergo when transferring child custody.

"I'm really happy to see that," Busby







Comp students awarded for achievements

Community helps hand out nearly \$70K in awards

By Lindsey Enns

Nearly 100 local high school students were recognized and awarded approximately \$70,000 during this year's awards night at the Comp.

Deserving Grade 12 students were honoured for academic achievement, school and sports involvement as well as giving back to their community through various scholarships and bursaries at the Comp last Wednesday night.

The local high school's principal Jarret Long said the event is a highlight for both staff and students each year.

"It's important to recognize ... that we have some fantastic students who have been sent here by fantastic parents and it's a good chance for the whole community to celebrate with them," Long said. "We cover a lot of bases and there's lots of kids doing some very special things."

It's up to the students to apply for the awards each year which are supplied through various educational institutions, local and area businesses, organizations and foundations, Long said.

"It's a big deal," he said. "It's a night where the presenters get to meet the kids ... these businesses they get a





RECORD PHOTOS BY DON MCINTOSH

ABOVE LEFT AND RIGHT: Sanisha Taylor (left) is presented with the USW Local 5442 Don Posnick Memorial Scholarship and Kandace Law-Quon (right) receives the Learning for Life Scholarship during the Comp's annual awards night last Wednesday. Both Grade 12 students received three awards each.

chance to be a part of the excitement and a part of the next steps for these leaders of tomorrow.

"We rely a lot on the community and are thankful for them."

Among this year's winners were Grade 12 students Sanisha Taylor and Kandace Law-Quon who both took home three awards each totalling roughly \$1,600. Both students said they appreciated the recognition and

the extra cash will help jump-start their post secondary education funds.

"It's quite relieving knowing that I have a little bit of money for university and that I don't have to worry so much about tuition and books," Law-Quon said, adding after graduation she plans to study sciences at the University of Winnipeg. "It was honourable to receive awards and it was just really nice."

As for Taylor, she plans to attend the University of Manitoba with hopes of someday becoming a nurse. She added being recognized last Wednesday evening meant a lot to her.

"I've been working towards being a good student since the start of school so it's nice to have all the hard work pay off," Taylor said.

East Selkirk Slo-Pitch League

Team Registration Now Open!!

The East Selkirk Slo-Pitch League is softball for players aged 30+ Games are played weekdays from June 29th – August 27th, 2015



Playoff Weekend August 29th & 30th

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Selkirk Park to host Aboriginal Day celebrations on June 21

By Lindsey Enns

The Selkirk Friendship Centre and the Manitoba Métis Federation are teaming up for Aboriginal Day celebrations in Selkirk this year.

On June 21 starting at 9 a.m. Selkirk and area residents are invited to celebrate aboriginal culture in Selkirk Park. The day-long event will kick off with a free pancake breakfast at 9 a.m. with culturally based games and various relays for children to follow throughout the day.

Face painting, a petting zoo and various entertainment including the friendship centre's pow wow club will also be showcased throughout the event

Selkirk Friendship Centre youth worker Kat

Fiddler encourages the entire community to come and check it out.

"It's a good place to connect with other people in the community and find out what's going on ... and also celebrate aboriginal culture and the vast differences that we have here in Selkirk," Fiddler said. "We have a really high density of aboriginal people that live here so I think it's important that our indigenous and non-indigenous people come together and really celebrate this beautiful culture and these beautiful people and really just come together."

Fiddler said the local event each year usually attracts around 200 people depending on the weather.

St. Andrews celebrates child care centre opening

Bv Austin Grabish

St. Andrews Child Care Centre celebrated its grand opening on Saturday, and although the centre's just opened its doors, the space is already full and a waitlist for children to get in has already been started.

The centre's opening was bittersweet for St. Andrews Child Care executive director Shelly Marques.

Marques and other parents in the St. Andrews area started a push for a public daycare centre several years

"It started about six years ago with just a group of parents and volunteers in the community that just wanted to add increased spaces," Marques said. "Over several meetings and gatherings we kind of asked ourselves what would it take, and do we have enough to see this through?"

Marques said there was a paucity of daycares north of Winnipeg, and in St. Andrews only private child-care centre's existed.

The province commitment \$1 million in funding for the centre back in 2011, but the price tag for the new 40-spot daycare eventually almost doubled, said Gimli MLA and former Education Minister Peter Bjornson.

The new centre is located behind St. Andrews School and is owned by the Lord Selkirk School Division.

"We've been waiting a long time, but here we are," Supt. Scott Kwasnitza said."It's fantastic."

The centre opened its doors to kids last month, but on Saturday it celebrated its official grand opening with all the trimmings including cake.

"It's beautiful and nice and new,"



RECORD PHOTO BY AUSTIN GRABISH

Pictured from left to right, Gimli MLA and former Education Minister Peter Bjornson, St. Andrews councillor Joy Smith, St. Andrews Child Care executive director Shelly Marques, and Lord Selkirk School Division superintendent Scott Kwasnitza helped open the new St. Andrews Child Care Centre last Saturday.

said parent Nikki Tell, who will send her daughter Eva to the centre later this year.

Marques shared a quote from "Dr. Seuss" with parents and kids who packed the play room.

"You will never know the value of a moment until it becomes a memory,' and I think that's so true because we've had so many moments over the last six years that we didn't realize their significance until a day like today," Marques said. "It's very exciting for us."

The centre's opening also appeared to be welcomed by youngsters.

"It's always great to be here to celebrate bricks and mortar, but just seeing the enthusiasm of the kids here today there's going to be a lot of great memories about this daycare," Bjornson said.

> HUNDREDS RALLIED IN SUPPORT OF ZEMBIK LAST YEAR, FROM PG. 4

He was also recognized in the Hockey Hall of Fame, carried the 2010 Olympic torch, and RBC donated \$10,000 to a local hockey cause in his name.

Hundreds of residents rallied in support of Zembik last year when he was told he would be fired if he did not step down from his job.

A Facebook page and online petition that called for Zembik to keep his job and the dismantling of the community club's board, garnered hundreds of signatures and "likes." Former St. Andrews Mayor Don Forfar told the Record

last year he was inundated with calls from concerned residents who didn't want Zembik to leave.

The RM of St. Andrews provides thousands in funding to the club, but an independent board runs the organization.

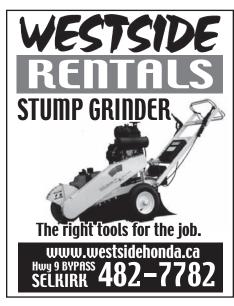
The club's finances have been in ruins in recent years, and are currently the subject of an RCMP probe that will determine if any criminal wrongdoing took place at the

— With 2014 files by Donna Maxwell



academyoflearning.com







Betel Home Foundation celebrates 100 years

Anniversary sheds light on personal care bed shortage across Manitoba

By Lindsey Enns

The Betel Home Foundation's 100th anniversary is helping shed light on the need for more personal care homes across Manitoba.

"There's a personal care home bed shortage across the province ... and the need is going to be increasing exponentially over the next few years," said Angela Eyjolfson, Betel Personal Care Home CEO for both locations in Selkirk and Gimli.

Eyjolfson, who has been the CEO since 2011, added they are in the early planning stages of possibly building a new personal care home in Selkirk to replace it's current aging structure.

"Hopefully we can build something that has more beds than what we have currently," she said.

Selkirk's Betel Personal Care Home currently has 90 regular beds and one respite bed. All of the beds are al-





RECORD PHOTO BY AUSTIN GRABISH

Residents and their family members listen to some live music while celebrating the Betel Home Foundation's 100th anniversary last Saturday at Betel Personal Care Home in Selkirk.

most always full and there's usually a lengthy waiting list.

Residents range in age from late 50's to 100 years old.

Mary Phillips has lived at Betel home in Selkirk for eight years and said she enjoys living there and spending time in the dining hall which doubles as recreation space.

Phillips and some of her family members were amongst the large group celebrating the foundation's 100th anniversary during a tea and gathering with live music in Selkirk last Saturday.

The Betel Home Foundation was founded by a small group of women who opened the first Betel home to nine residents on March 1, 1915 in rented quarters in Winnipeg.

Later that same year the home was later moved to a permanent location in Gimli, which now houses 95 residents.

During the late 1950's and early 60's, there was a need for a second home and a new facility in Selkirk opened in 1966. An expansion program in 1970 also added to its current building.

"Everybody at Betel is really proud of the fact that they've been here for 100 years," Eyjolfson said. "It started very small scale ... so it's really grown and been able to deliver some really high quality personal care in both Gimli and Selkirk." Thanks to fundraising and grants, they've also been busy renovating rooms in Selkirk.

Room by room they have been painting and installing wheel chair accessible sinks and bringing in new chairs and curtains.

Although talks of a new building are still in the very early stages and will be dependent on government funding, a new addition to the building would be specialized beds for residents with behavioural issues, Eyjolfson said.

"In current personal care homes there's not a lot of specialized beds," she said. "Any new ones now will have those beds accommodated into the build."

Bezan joins Harper on trip to Ukraine

Staff

Selkirk-Interlake MP and Parliamentary Secretary to the Minister of

National Defense, James Bezan is joining Prime Minister Stephen Harper on his trip to Ukraine and other European nations.

During his first stop in Ukraine, Harper met with Ukrainian President Petro Poroshenko and Prime Minister Arseniy Yatsenyuk ahead of the G-7 Summit to discuss the international community's response to Russian aggression and Canada's continued support for Ukraine's ambitious economic and democratic reforms.

"Our Prime Minister has been unwavering in his support of Ukraine, and told President Putin that he needed to 'get out of Ukraine' at the last G20 meeting," Bezan stated in a release last Saturday. "Prime Minister Harper has been a key leader in ensuring that Russia is isolated diplomatically and politically.

"Canada's support of Ukraine is again exemplified in the trip that the Prime Minister is currently making to the country. Ukraine can count on Canada."

The delegation also includes Senator Raynell Andriychuk, MPTed Opitz and MP Vladyslaw Lizon, as well as leaders from Canada's Ukrainian community.

A spokesperson fron Bezan's office said via email he is expected to return to Ottawa today.



Province's low-cost bike helmet program enters 10th year

Staff

Since its inception in 2005, more than 104,000 low or no cost bicycle helmets have been distributed throughout Manitoba, according to Healthy Living and Seniors Minister Deanne Crothers.

"Cycling is a fun, healthy and environmentally friendly way to get around, whether you're going to work, school, running errands or just out for a ride, but safety is rule number one," Crothers said.

Every year, about 165 cyclists end up in the hospital from cycling-related injuries in Manitoba, with some injuries causing death. About 40 per cent of those injuries happen to cyclists under the age of 18.

Statistics show that bicycle helmets reduce the risk of head injury by up to 85 per cent and the risk of brain injury by up to 88 per cent, Crothers said, adding that helmet use among Manitoba children and youth has increased significantly since the province enacted new bicycle helmet legislation in 2013 that requires cyclists under the age of 18 to wear helmets.

Crothers confirmed the province's Low-Cost Bike Helmet Initiative will continue this year and will start in the fall. For more information, visit gov. mb.ca/healthyschools/lcbh.html.

Officials remind Manitobans to leave wildlife in the wild

News Release

Manitoba Conservation and Water Stewardship would like to remind the public to leave wildlife in the wild.

Every spring, young wild animals are unnecessarily picked up by the public and turned over to natural resource officers or wildlife rehabilitators for treatment and rearing.

There are serious health risks associated with handling wild animals including distemper, rabies, parasites and mange.

If a genuine orphan is found, contact the nearest Manitoba Conservation and Water Stewardship district office.

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High school rodeo finals a family affair

Roughly 100 competitors ride into Selkirk Park for weekend event

By Lindsey Enns

Tucked under a sun hat with a smile from ear to ear, Lillian Salmon was happy to be spending the day in Selkirk Park supporting her grandson at the Manitoba High School Rodeo Association finals.

"I love animals ... I can sit here all day," the 93-year-old from Stonewall said. "I think it's all good.

"I admire the kids."

Salmon was in town last Friday for day one of the MHSRA finals to watch her grandson Tyson Salmon, also of Stonewall, compete in calf roping, team roping and bull riding.

"She's his number one fan," Tyson's mother Sandra said. "She tries to come to as many rodeos as she can ... but it's not always so close to home."

Hosted by the St. Andrews and St. Clements Agricultural Society, the three-day event included timed roping, racing and roughstock competitions for junior and high school students.

The finals brought together close to 100 competitors from across Manitoba, Saskatchewan and Ontario along with hundreds of their family members and friends. Competitors and their families came together for a cowboy prom evening on Saturday and a final banquet and awards on Sunday.

The dust and dirt were flying as competition kicked off last Friday under sunny skies.

Tyson, who has been competing for seven years now, said he has no plans to put his gear down anytime soon.

"I wouldn't do it if I didn't love it," the Grade 11 student said. "I love animals so it's fun. I like being on the road."

But the best part about the MHSRA finals is being able to compete alongside his friends for a shot at making it to the nationals or taking home various cash awards, Tyson said.

Although he's been riding a horse on his own since he was three years old, bull riding is one of his favourite competitions.

Tyson said when he gets on a bull and gets ready to ride, his mind clears and he just focuses in on the task at hand.



RECORD PHOTOS BY LINDSEY ENNS AND AUSTIN GRABISH

ABOVE: Heather Gillespie (left)
of Argyle and Lillian Salmon
(right) of Stonewall take shelter
from the sun with help from an
umbrella during opening day of
the Manitoba High School Rodeo
Association finals in Selkirk Park
last Friday.

RIGHT: A competitor tries to take a sharp turn on her horse while competing last Saturday. BOTTOM RIGHT: Baylee Graham of Carberry gets her horse saddled up for high school rodeo finals action last Friday.

"When I first started it was all nerves, now it's just adrenaline," he said. "You kind of just go off of what you know, everything else you just black out and just try and stay on."

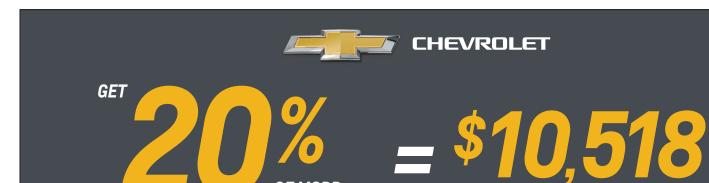
Sandra said at first it was a little scary watching her son ride a bull, but over the years it's gotten a lot easier.

"If he wasn't so athletic I think I would be more concerned, and we did make sure he went to bull schools before," she said. "You don't just jump on a bull and go."

A full listing of final scores and event winners are being posted online on the MHSRA website at mhsra.ca.







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RECORD PHOTO BY ARNIE WEIDL

The Selkirk Record's Lucy Kowalchuk learns the ropes at Selkirk's Tim Hortons on Main Street with some help from assistant manager Gurjeet Purba last Wednesday. The first Wednesday in June is Camp Day at Tim Hortons where 100 per cent of coffee proceeds go to the Tim Horton Children's Foundation to help send children to camp. This year in Selkirk alone, \$10,349.73 was raised. Last year \$11.8 million was raised across Canada sending more than 17,000 children to camp, according to the foundation's website.

Dunnottar to host garden contest

Members of the Village of Dunnottar Age-Friendly Committee will once again host their Home Grounds Contest this summer, giving community members another chance to showcase their beautiful yards and celebrate their hard

Registrations are currently being accepted by contacting George Thompson at 204-389-5019 or via email at ajijicy@ yahoo.com.

Cut off for entries this year is July 15 and judging will be done sometime in the middle of August with winners to be announced shortly after.

Last year, local residents Cheryl Cohan and Leah Passler were asked to act as judges for the contest and name the top three winners.

The first prize trophy along with \$75 was presented to Robin and Cydnie Mather. Second and third place winners also received a cash prize on behalf of the Age-Friendly Committee.



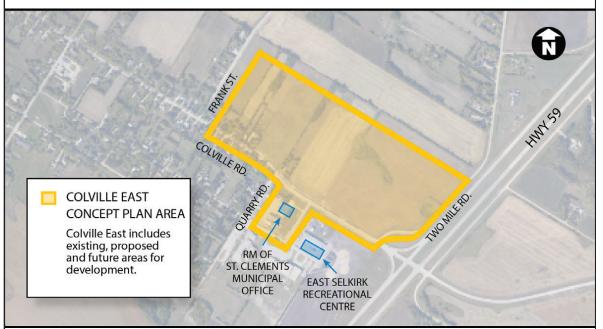
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Green grass covers trenches once filled with blood-soaked soil, concrete tombstones stretch as far as the eye can see, and signs warning visitors about undetonated explosives still remain.

Evidence of the 1944 Battle of Normandy is hard to miss, and a group of cadets who toured the battlegrounds last month, say they have a new appreciation for the countless Canadians who lost their lives in combat.

"It's almost like there's still traces everywhere," said Beausejour resident Cody Lincoln.

Lincoln along with 18 other cadets from the 249 Beausejour Squadron spent 11 days touring cemeteries, beaches, and other battlegrounds from April 30 – May 10.

D-Day (June 6, 1944) remains the largest seaborne invasion in history and was the beginning of a turning point in the Second World War that led to the liberation of Europe and defeat of Nazi Germany.

The cadets did research on it and the Battle of Normandy before leaving home, and picked a local fallen soldier to research.

"It totally changed my point of view on everything I saw not only about the world, but what the war was like and what Canada sacrificed during those times," Lincoln said.

"It's sure a different perspective when you're there," adds Comp student Skylar Miller.

Miller said it seemed like there was no end to the number of headstones the group saw in graveyards like the Groesbeek Canadian War Cemetery in the Netherlands.

Lieutenant Myles Drynan led the trip and said it was important students saw more than just tombstones so each cadet presented research on a fallen soldier at their final resting

École Selkirk Junior High student Hannah McRorie researched Winnipeg Rifleman Aime Pierre Trudeau. Though little information about the



SUBMITTED PHOTOS

A Second World War veteran speaks with cadets in Wageningen, Holland during Liberation Day ceremonies.



Air Cadets from the 249 Beausejour Squadron pose for a photo at the Vimy Ridge memorial in France.

27-year-old man was known, McRorie said emotions were running high as she presented aloud in front of her peers.

"They basically gave us freedom and they made it so that we could live how we are right now," McRorie said.

Lieutenant Myles Drynan feels lives like Trudeau's are being forgotten, and recognizing this was what the trip was all about.

"What's happening as time pass-

es those names are becoming just names. There's less and less people around who knew them when they were alive," Drynan said.

He said it was important to make sure youth on the trip understood many soldiers their age left behind families and never retuned home.

"Because they gave up their lives in the cause of freedom for people on the other side of the world," he said.

The 71st anniversary of D-Day was on Saturday.





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Selkirk man recalls father's D-Day landing in Normandy

By Lindsey Enns

On June 6, 1944, thousands of Canadian forces members stormed the beaches of Normandy and among them was Rupert Laurie Holgate.

"He told me the scariest part was disembarking the ship and climbing down the rope nets," Holgate's son Laurie Holgate said. "Some didn't make it."

Laurie, who currently resides in Selkirk, said his father volunteered for service in the Canadian Army in 1942, where he served in the Royal Canadian Army Medical Corps Fifth Field Ambulance as a medic and the Canadian Army Service Corps as a

Rupert served in the Normandy "Break-Out," and the advance on Caen. During approximately the third week of June, roughly 1,200 American bombers were sent to level Caen and break the stalemate. But some pilots let their bombs go too early and as a result several hundred Canadian and Polish soldiers were killed and many were injured.

"My dad was one of the injured ones, by shrapnel," Laurie said. "He was treated, bandaged and continued on in the advance to Caen and beyond.

"He said Caen was totally destroyed except for a large church which was still intact."

But in late August, Rupert became very ill and was evacuated to England where he was diagnosed with meningitis resulting in left hemiplegia. He later returned to Canada in 1945.

After the war, the Canadian Northern Railway gave Rupert a job as a CNR station caretaker in Dewar Lake in western Saskatchewan, where he worked from 1946-51.

"He enjoyed the train work and he

raised hamsters for the University of Saskatchewan," Laurie adding said, in 1951 they moved to Winnipeg where his father worked at the CNR station there.

In 1956 he went to Montreal for



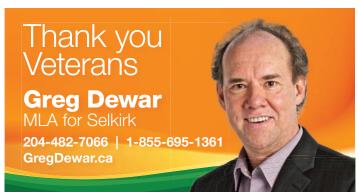
PHOTO COURTESY OF LAURIE HOLGATE Rupert Laurie Holgate is shown in this 1942-43 photograph. Holgate was among the thousands of Canadian forces members that stormed the beaches of Normandy on June 6, 1944, otherwise known as D-Day.

brain surgery to hopefully remove scar tissue and restore movement in his left side. The operation was a success and most of his movement was restored. But about a month later. he suffered a stroke, which caused severe paralysis to his left side, and forced him to have to stop working.

"Both my mom and dad suffered as a result of his war injuries, but they stuck together and raised two kids."

Rupert died on January 27, 1967 and was later buried in the Soldier's





Plot on South Hill in Prince Albert. At the time, Laurie was stationed with the Royal Canadian Air Force in Marville, France "and regrettably was unable to make it home until after the funeral

"I will always regret that."

Five medals that Rupert earned during his time in the army are now displayed in Laurie's home as a reminder for the family.

Last year, Prime Minister Stephen Harper, alongside Canadian veterans, marked the 70th anniversary of D-Day in Normandy.

Harper paid tribute to the thousands of Canadians that fought for Canada's freedom and honoured the more than 5,000 brave Canadians that made the ultimate sacrifice. During this battle, the Canadians suffered the most casualties of any division in the British Army Group.

> "HE TOLD ME THE SCARIEST PART WAS DISEMBARKING THE SHIP AND CLIMBING DOWN THE ROP NETS.





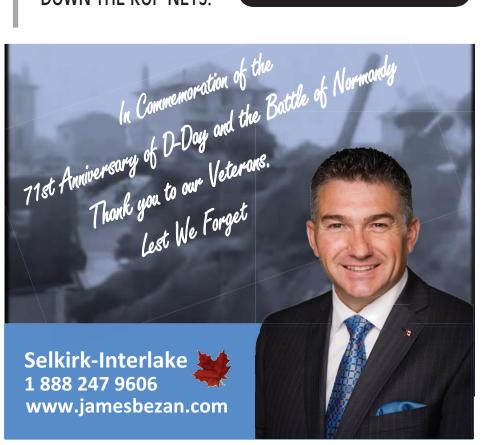




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High beef prices a necessity for farmers

The high prices of beef may enrage some consumers, but for cattle farmers, the price is right. Still recovering from years of breaking even or even losing money after the Bovine spongiform encephalopathy (BSE or Mad Cow disease) outbreak, cattle producers are happy to see the current prices. Yet, experienced cattle farmers are too familiar with the beef industry to count on them lasting.

Bryan Fossay is a cattle producer in Woodlands, who has personally seen prices nearly double in past three to four years. He estimates cull cows as going at \$0.50-\$0.70 per pound to approximately \$1.00 last spring and now up to the \$1.20 range.

"It sounds great for the cattle person, and it is, but at those prior levels, producers were actually losing," Fossay said.

Now, cattle farmers can attempt to recuperate from years of feeble market. Unfortunately, the beef industry is ever-changing and rarely stable.

"Something could happen in the world next week and these prices could be gone," Fossay explained.

"Nothing is guaranteed. The only thing that is guaranteed is that you have to make that loan payment."



RECORD PHOTO BY JO-ANNE PROCTER Matthew Fossay of Woodlands sold his steer for \$3.15/lb. at the Argyle 4-H Club Beef Show & Sale in Stonewall last weekend.

Such loan payments are deterring young farmers from the industry. Fossay illustrated with a local ex-

"If there's a family in the Interlake who have been in cattle and they have a 20-year-old son who wants to take over one day, the parents can't just give him the farm." Fossay explained that since the parents must retire with enough to live on, their kids have to borrow money, which creates a huge debt load. This situation makes it difficult for parents, who know the fickleness of the trade, to allow their kid to go into debt.

"It's very risky to get into," said Fossay.

Fossay attributes the current spike to decreased supply, the low Canadian dollar, and more affordable wheat. In the BSE years, many farmers were forced to sell more to afford loan payments and farming expenses. With less cattle set aside to build up the herd, the beef supply across Canada has hit its lowest mark since 1993. Further decreasing supply was the recent choice of many beef farmers to leave the industry in order to cash out while the market is strong.

Fossay does not foresee the prevalence of current prices. He thinks that the next two cow crops will be approximately where they are now, and that the price will decline in three to five years.

So as Manitobans fire up their barbeques this summer and select their beef, it is important to remember that for beef farmers, the increased price is less an extravagance than a necessity. "We're making up for it these past two years and hopefully a couple years ahead. We need these prices."



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Province cracks down on distracted drivers

By Lindsey Enns

Those who can't resist reaching for their cellphone while driving will soon face stiffer penalties thanks to new distracted driving legislation.

Starting July 1, drivers caught behind the wheel texting or talking on their mobile devices will be slapped with a \$200 fine and receive five demerits — the highest in Canada — instead of the current two.

For someone with a good driving record, that could mean a total penalty over five years of \$542 and as much as \$3,200 in additional costs for someone with an already poor driving record, Justice Minister Gord Mackintosh announced last Thursday.

"The prevalence of distracted driving on our roads is equally as disturbing as impaired driving," Mackintosh said in a release. "On average, 28 people are killed every year in Manitoba due to distracted driving. This is devastating and senseless because texting or talking while driving is 100 per cent preventable."

Dustin Vernie knows all too well the implications of distracted driving.

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The now 21-year-old was on his way home from work in December 2010 when he received and then replied to a text message while on Highway 9 returning to his home in Selkirk.

While responding to the message, he drove into oncoming traffic, striking into an SUV head-on.

After the crash, doctors told Vernie he was lucky to be alive and that he was paralyzed from the neck down.

Vernie is now in a wheelchair, has a rod in his neck that restricts his movement and can only momentarily stand or walk.

"It's not worth it," Vernie said. "Whoever is on the other end of that phone can wait."

Although he's in favour of stiffer penalties for distracted drivers, he would also like to see the fines increased as well.

"It would hit the pocket book and make you learn," Vernie said.

Selkirk RCMP spokesperson Cst. Paul Human said distracted driving continues to be a problem across the province.

"When I see people operating their

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cellphone inside their vehicles it scares me," Human said. "You're really not paying attention to the road."

However, Human said he has noticed more motorists choosing to pull over on the side of the road or into a parking lot to use their phones.

A new bill introduced in the legislature last Thursday will also stiffen penalties for impaired drivers.

First-time suspensions for drivers with a blood alcohol concentration of between .05 and .08 will be increased to 72 hours from the current 24 hours and if there is a person under the age of 16 in the vehicle, the suspension will be seven days.

Longer suspensions for impaired drivers and rules regarding the ignition interlock devices are awaiting proclamation of Bill 34, otherwise known as the The Safer Roads Act.

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RECORD FILE PHOTO BY AUSTIN GRABISH

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Dustin Vernie stands along Highway 9 in West St. Paul close to where he drove into oncoming traffic while responding to a text message in December 2010. Vernie says new legislation aimed at harsher penalties for distracted drivers are a move in the right direction.



Province unveils 'support our troops' specialty licence plate

On Canadian Armed Forces Day, Healthy Living and Seniors Minister Deanne Crothers, special envoy for military affairs, and Attorney General Gord Mackintosh, minister responsible for Manitoba Public Insurance unveiled Support Our Troops licence plates.

The new licence plate comes in a year that celebrates the 70th anniversary of VE-Day and was revealed the day after D-Day's 71st anniversary.

Manitobans can now show their pride and support for men and women currently serving in the Canadian Armed Forces by purchasing a special licence plate.

"This licence plate is exceptional because it allows motorists to show their support for Canadians who serve this country as members of the Canadian Armed Forces," said Crothers. "By purchasing this plate, Manitobans will

know a portion of each sale will go directly to educational scholarships for qualifying military members, their spouses, partners or children who wish to study here in Manitoba."

Manitoba has a strong tradition of supporting the Canadian military, and many Manitobans have served with honour in two world wars, Korea, Afghanistan and in numerous peacekeeping and peace-time missions around the world, Crothers noted.

"We introduced a special licence plate to honour veterans, and it is fitting that we offer a plate to honour serving members of the army, navy and air force," said Mackintosh. "We know that Manitobans are proud of the dedication and sacrifices made by members of the military, and we expect this new specialty plate will be well received."

"I'm proud to say that once I introduced the bill into the House, the



RECORD PHOTO SUBMITTED

The province unveiled a new licence plate to show pride and support for men and women currently serving in the Canadian Armed Forces this past Sunday.

bill passed unanimously in the Legislature by all parties," Ralph Eichler, MLA for Lakeside, said. "The 'Support our Troops Licence Plate' gives the public an opportunity to participate in supporting our troops in Manitoba."

The eye-catching plate displays the yellow Support our Troops ribbon, accompanied by a camouflage background.

The plate will be available for sale Monday, June 8 and will cost \$70, with \$30 of that to be used to fund scholarships to qualified applicants.

"The Canadian Armed Forces, in particular the military members of Manitoba, are grateful to the province and Manitobans for their generosity. We are proud to be serving you," said Col. Joël Roy, commander, 17 Wing Winnipeg.

Manitobans interested in the Support our Troops licence plates will be able to purchase them at any of more than 300 Autopac agents.

Interlake-Eastern RHA gets back to the basics of health

By Marney Blunt

It was all about getting back to the basics of health and wellness at the Interlake-Eastern Regional Health Authority's Power of Prevention - Back to Basics conference at the Lakeview Resort in Gimli on May 27 and 28.

The focus of the event was on keeping yourself in good health so you can prevent making that unwanted trip to the hospital and focusing on the basics of health care, such as eating right and ensuring you get a certain amount of daily physical activity

"A health-care system is so compli-

cated, and the very last thing we want to do is actually get into the healthcare system, and obviously that's going to happen for a number of reasons, some things do happen," said Ron Van Denakker, the chief executive officer of the Interlake-Eastern RHA. "But if we can avoid getting into the system in the first place, then it just kind of makes sense."

The conference featured a variety guest speakers and breakout sessions that focused on the basics of living a healthy lifestyle, starting right from the early stages of a child's movement.

Michelle Johnson of the Fit Kids, Healthy Kids program by Sport Manitoba was the first guest speaker to kick off the event. Johnson presented on the importance of movement in children during the early stages right over into young adulthood. Johnson spoke about the importance of physical literacy, moving in different environments and learning fundamental movement skills such as jumping, skipping and running.

"Physical activity should be mandated in every aspect of a child's life, from school to rec programs, in a way that they understand," said Johnson, who stressed much of her presentation on the importance of making sure physical activity is a fun, non-competitive pastime for young children.

The two-day conference also featured a variety of other workshops, including breakout sessions on quitting smoking, how to live a balanced traditional lifestyle, how to be prepared for emergencies, grocery shopping, meal planning, connecting with nature and

Local rifle team wins big at provincials

By Staff

Local rifle team wins big at provin-

Fifteen members of the Selkirk Junior Rifle Team represented the community at the 61st provincial competition in Carberry.

The provincials, on May 30, brought together 150 competitors representing nine clubs from throughout Manitoba and 455 people attended the event.

This year the local team brought

home eight trophies including Top Postal Novice Individual, Top Postal Novice Team and Top Postal Marksman Individual.

The team also received trophies for Top Individual Beginner, Top Individual Champ, Intermediate Individual Third place, Novice Team First place and Marksman Team Second place.

The provincials consist of shooting two targets, a written exam and field trials for a possible perfect score.



RECORD PHOTO BY VANESSA KALIST

Members of the Selkirk Junior Rifle Team pose for a picture at the 61st provincials in Carberry on May 30. The local team brought home eight trophies from the competition, which includes teams from across Manitoba.

SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

Croy top female athlete at provincials

By Brian Bowman

For the past several years, Reagan Croy has been a fixture on the Selkirk Royals' track and field team.

She can always be seen running and jumping against the top high school athletes in Manitoba at the MHSAA provincials at the University of Manitoba.

Last Saturday, she was recognized as the female athlete of the meet and received the George Henderson Phillips Scholarship Award.

"Winning athlete of the meet was huge," Croy said Monday morning. "I was talking weeks before the meet and was kind of joking with friends, 'That I was going to go out and win the multi and I'm going to get athlete of the meet because I'm awesome.'

"But that was just joking with my friends and not fully into it. Winning this means so much because this isn't an average meet or a divisional meet. This is a provincial meet where people recognize me as an athlete there and I'm trying really hard and getting the results."

For Croy to be recognized as the top female athlete at the provincials was a huge honour.

"There are so many kids and my competition is immense," Croy noted. "I've made friends with people on other teams and there are lots of girls out there that can jump farther than me and there are girls that are faster than me and that can throw farther than me.

"But it was nice that people could see me try my best in a whole bunch of events."

Croy won a gold medal in the multievent tetrathlon, competing in the 100-metre, 800m, long jump and shot put. Her final score was 300 points ahead of the second-place finisher.

"I tried that for the first time this year and it went fantastic," Croy said, noting she does not train with a track club. "I was able to come out on top of the other girls and win gold. I've been doing track for quite some time now and I just love it. I use track as a way to define myself. I'm a runner, I compete, this is what I do, so to come out on top and win gold was awesome because the multi-event is something



RECORD PHOTO BY MATT PEARSON Reagan Croy.

that shows you're not just (great) in one event."

In addition to the multi-event, Croy was the lead for the Royals 4X400 relay team that won gold.

"That was an exciting race," Croy recalled, noting the Royals varsity girls placed second the past two years in the 4x400 with outstanding teams. "We kind of blew away the competition. We won by 100 metres, which is pretty insane for a 4x400. This 4x400 win has been looming for years now."

She also placed fourth in the triple jump, landing in the sand at 10.55 metres

"That's decent, but I've jumped an 11.15 before," she noted. "I wanted to hit 11 and go out with a whole bunch of bangs."

Croy certainly did go out with a bang. But her success didn't come without a price. She spent countless hours over the years trying to better herself as a track and field athlete.

"It kind of goes unnoticed," she said.
"People always talk about volleyball



RECORD PHOTO BY JO-ANNE PROCTER

The Royals' Reagan Croy was recognized as the female athlete of the meet at the MHSAA provincials at the University of Manitoba.

or how much effort is put into basketball, but we have early-morning practices and we stay late. We do just as much work but it does go unnoticed."

Croy will be leaving the Comp for good after graduation. This fall, she will be studying at the University of Manitoba and will be a member of the Bisons' track and field team.

"I'm going to miss high school track," Croy admitted. "It's been an awesome experience. We're all like a family and it's going to be hard to say goodbye."

Royals crowned varsity girls track and field champs

By Brian Bowman

The Selkirk Royals' track and field team was special in so many ways this past season.

They had a set of attributes that doesn't come along too often. They were hard-working and dedicated to the sport and always had that intense drive to be better every time out.

And, most importantly, they were extremely talented.

The Royals capped off a tremendous season with a multitude of outstanding performances at the MHSAA provincials at the University of Manitoba.

And, along the way, the Royals' varsity girls' squad won the aggregate team banner.

"It's kind of cliché, but it was a total team effort," said Scott Gurney, a very proud Royals' track and field coach, Monday morning."We had our stars and everyone else contributed at some point. It's a banner that everyone owns a little piece of."

Gurney said this group of girls had their eyes set on winning this banner a couple of seasons ago. Last Saturday, it became a reality.

"This is a pretty special group," Gurney said. "Sherri (Gurney) said when this group was in junior high, you're going to love these kids. They're good and you're just going to love them and she was right.

"There are going to be years that you always remember - and this was a really special year."

Gurney said this group of track athletes was a tight-knit group that pushed each other to be better.

"You just see the support for everyone when they're competing," he said. Allison Alcock was one of those ath-

letes that had an exceptional performance at the provincials. The talented senior won gold in the varsity girls' high jump, clearing the bar at 1.54 metres. Her personal best is 1.55m.

"There was a lot of pressure and it was hard to stay focused while trying to compete," said Alcock, who went to the provincials three consecutive years. "When (the girl from Thompson) faulted and that meant I won, it was definitely hard to try to jump and continue."

Alcock said winning a provincial championship is truly a great feeling.

"It feels pretty awesome," said the 6-foot-1 Alcock. "I'm definitely proud of myself for doing this. I never thought I would be able to do something like this."

Alcock said representing Selkirk in high school sports is a proud moment. Being a member of the track team had a family feel to it, she said.

"I'm proud to be a Royal," she said. "There are some really great girls and amazing coaches that have helped us do all of this. If someone would have told me that we were going to win the banner back in Grade 10, I kind of would have laughed.

"It's amazing and unreal that we did this. But we could not have done this without our coaches. They really made the whole thing possible by supporting us.

"If we would have won or lost, we knew they would be proud of us, which was really nice."

Here are the Royals' medalists from last weekend at the MHSAA provin-

- Varsity Girls -Provincial champions
- Lord Selkirk Royals placed third overall in points standings **Relay Winners:**
- Varsity Girls 4 x 400 m Gold Medalists: Reagan Croy, Diana Topolnitska, Bronwyn Neufeld, and Kier Fey
 - Varsity Boys 4 x 400 m Gold



RECORD PHOTOS BY MATT PEARSON

The Selkirk Royals' varsity girls won the provincial track and field banner last Saturday at the University of Manitoba.

Medalists: Austin Kozun, Tristan Allen, Blake Carter and Jay Muller

- Varsity Girls Medley Bronze Kier Fey, Bronwyn Medalists: Neufeld, Rachel Mandryk, and Taylor Arnt
- Varsity Girls 4 x 100 m Silver Medalist: Diana Topolnitska, Rachel Mandryk, Madison Ganske, and Kier Fey

Individual Medalists:

Reagan Croy - Female "Athlete of the Meet" and first recipient of the George H. Phillips bursary.

- Gold medalist in Varsity Girls Tetrathlon
- Alison Alcock Gold Medalist in the Varsity Girls High Jump
- Austin Kozun Gold Medalist in Varsity Boys 100 m
- Silver Medalist in Varsity Boys 200
- Jordy Longbottom Gold Medalist in Junior Varsity Boys 1500 m
- Bronwyn Neufeld Silver Medalist in Varsity Girls 200 m



RECORD PHOTO BY JO-ANNE PROCTER



The Royals' varsity boys and girls were both 4 x 400 m gold medallists.

Allison Alcock had an exceptional performance at the provincials.

SDOPES& recreation INSIDE > OUTSIDE > UPSIDE DOWN

Palmer outstanding at junior high provincials

By Brian Bowman

It was the Cienna Palmer show at the junior high provincials last week.

The Lockport School student-athlete was terrific, winning both the 800-metre and 1200m races. She also had enough gas left in the tank to run the 800m leg of the Grade 8 medley girls' relay team for another first-place finish.

"Not many kids could do that," said Lockport teacher/coach Marco Morelli. "She had three really long races and three firsts. Cienna really persevered and had some really nice races."

Her teammates on that relay team were Livi Weremy, Bella Benson, and Shannon Campbell.

"It feels good (to place first three times)," said Palmer, who also plays hockey, soccer and volleyball. "I had a good pace and I saved energy for the end so I could sprint."

Competing at the junior high provincials last year, helped her at this year's event, she noted.

Morelli said Palmer is a great athlete and has a super future in the sport. She lost just one race during the entire outdoor-indoor season this past year.

"That's unbelievable for her to consistently come out on top of these races," Morelli said. "She has an in-



RECORD PHOTO BY BRETT MITCHELL Cienna Palmer of Lockport School had three first place finishes at the provincials in the 800-metre, 1200-m and the Grade 8 medley relay.

credibly efficient stride. It's a beautiful stride and she has a beautiful technique."

Lockport also had great performances at the provincials from Alek Morelli, who was second in both Grade 9 boys' discus and the 300m. He also



RECORD PHOTO BY MATT PEARSON

The Grade 8 medley relay team, which included, Cienna Palmer, Isabella Benson, Shannon Campbell and Olivia Weremy placed first.

placed sixth in the shot put.

Heath Kurys was second in the Grade 7 boys' 1200m and third in the

"We had many top-10 finishes and a

handful more top-five finishes," said Morelli. "I thought we did really well – the competition was stiff this year – and the conditions were not the greatest."

Volleyball Manitoba Awards & Hall of Famers

Submitted

The 2015 Volleyball Manitoba Awards & Hall of Fame Banquet was held last Sunday at the Canad Inns Polo Park.

It was a celebration recognizing some of the outstanding athletes, coaches, volunteers and officials (past and present) in Manitoba.

At the banquet, Volleyball Manitoba recognized all provincial champions from this past year, all-stars and MVP's, national medalists, the age class players of the year from each age category as well as the Cheryl Cable, Mark Tennant, Wezer Bridle Golden Whistle and Mary Jean England Coach Awards, among others.

The evening was capped off with the Volleyball Manitoba Hall of Fame in-

ductions.

Major award winners for 2014-15 were as follows:

2015 Volleyball Manitoba Age Class Players of the Year

13U Girls: Michelle Auch (Vision Blue)

13U Boys: Paxton Koop (Jr Pilots)
14U Girls: Maren Garcia (WinMan

14U Girls: Maren Garcia (WinMan Smash)

14U Boys: Isaak Fast (WinMan Rush) 15U Girls: Ashlyn Carriere (Jr Bison Gold)

15U Boys: Spencer Teetaert (Win-Man Clutch)

16U Girls: Julia Tays (Dynamo)

16U Boys: Owen Schwartz (Selkirk Royals)

17U Girls: Shayla Kessler (Rebels)

17U Boys: Ben Hooker (204)

18U Girls: Kier Fey & Maiya Westwood (Shock)

18U Boys: Eric Loeppky (WinMan Wesmen)

Junior Players of the Year: Cheryl Cable Memorial Award Junior Female Player of the Year:

Nikki Majewski – Brandon University Bobcats

Mark Tennant Award – Junior Male Player of the Year

Adam DeJonckheere – University of Manitoba Bison's

Mary Jean England Coach of the Year Awards:

Developmental Coach(es) of the

Year: Jayme Menzies and Ryan Munt - Dynamo 16U Girls

Elite Coach of the Year: Mike Stephens – WinMan Wesmen 18U Boys

Wezer Bridle Golden Whistle Award

– Referee of the Year

Jim Gosman

Volleyball Manitoba Volunteer of the Year:

Glen Cook - President of the Winnipeg Men's Volleyball League

Nikki Redekop Memorial Scholarship recipient:

Seth Friesen – WinMan Wesmen

Canad Inns Team of the Year: WinMan Wesmen 18 U Boys

SDOPES& recreation INSIDE > OUTSIDE > UPSIDE DOWN

Thunder rolling during exhibition action



The Thunder Midget team concluded their spring camp with two exhibition scrimmages, one against Thunder defensive back Carter Safiniuk takes a tackle against a Sunrise Coyote player the South West Wolves and the other against the down a Wolves' receiver after a catch during Saturday afternoon during their final home Sunrise Coyotes. Thunder receiver Kurtis Janzen Saturday's scrimmage in Selkirk. runs with the ball after making a great catch.





RECORD PHOTOS BY AUSTIN GRABISH The Thunder's Isabelle McDonald makes game in Selkirk. The girls will be in Oakbank this Saturday at 2:30 p.m. for an away finale.

Steelers add size in MJHL annual draft

By Brian Bowman

The Selkirk Steelers went into Sunday's Manitoba Junior Hockey League Bantam draft with a goal in mind.

They wanted to get bigger.

And the Steelers feel that they accomplished that goal with the players they selected at the annual draft in Neepawa.

The Steelers were without a second-round pick this year due to a trade a couple of years ago. But Selkirk was able to add a pick late in the draft.

"The four guys that we picked we thought were the best available for us and the type of players that we wanted," said Ken Petrash, the Steelers' director of hockey operations, Sunday afternoon.

In the first round, seventh overall, Selkirk selected Ben Coppinger from the Bantam leaguechampion Warriors. The talented left-handed centre is from Winnipeg.

"He's a playmaker (and a) scorer," Petrash said. "Everything we know about him from his coaching staff is that he was a big part of why the Warriors won it this year. And, anytime you can add kids like that to your team, that's what we're looking for as far as building the culture in the Steelers' organization."

Selkirk's next pick didn't come until the third round, 26th overall, when the Steelers selected Winnipeg forward Reid Robertson. Robertson played last season with the Sharks.

"We got a big, strong forward in Reid Robertson," Petrash said. "Again, we're

trying to add a little size to this club. You can't build a team around 5-foot-7, 5-foot-8 eight guys. You need guys in this league that can skate and have good size and good puck skills.

"And Reid is definitely in that category."

In the fourth round, Selkirk chose Winnipeg defenceman Carson Tiede 38th overall.

"He's a real good puckmoving defenceman," Pe-

trash said. "Bruno Zurillo, our head scout, says he's an excellent skater and puck moving D-man. He's exactly what you need for running your

power play. He was the best guy on the Sharks this year as far as defenceman are concerned. We're happy to pick him up."

In the sixth round, Selkirk made a trade with Steinbach to acquire Sharks' captain Matthew Myrowich. The Steelers' gave the Pis-

tons their sixth-round pick next

Myrowich is a 6-foot-2 player with great leadership

The Steelers also chose to auto protect Selkirk's Nicholas Trudel, a player with good offensive upside, and St. Andrews' Michael Lee. Lee is considered a talented

blueliner, who is part of Hockey Manitoba's POE Top -40 program.

Both are part of the Hawks' organization and are considered very good prospects.

The Steelers, meanwhile, will be hosting the 2016 MJHL meetings and Bantam draft from June 3-5. This will be the kickoff to the team's 50th anniversary (1966-2016) celebrations.

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2 bdrm, sublet in triplex for Aug. 1st. New appliances, newly renovated, HW floors, A/C, prk, in suite laundry, \$1050/mth. plus hydro. Ph. 204-688-2904.

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HOUSE **FOR RENT**

3 bedroom house for rent on Queen Ave. Selkirk, with garage and sunroom. \$1250/ mo. plus utilities. Call 204-794-9718.

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Central Selkirk, furnished room for rent. Clean. quiet, nonsmoking and drinking. \$450/mo. Call 204-619-6028 and leave message

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Wanted 2 or 3 bedroom house for rent or rent-to-own in Selkirk. Please call Rick or Lise at 204-227-7482 or 204-228-3921.

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Beautiful 1397 sq. ft. bungalow with 2 car attached garage on 5.6 acres in Lockport. Has 3 bdrms., 2 bathrms, and fully insulated basement. Recent upgrades to appliances, flooring, shingles, furnace/AC, water heater/softener & sewage pump. Private sale \$359,000. Call 204-485-1611 for apt.

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Are you physically or medically challenged & motivated to look for work? Call A.I.M. for Work at 204-482-2130.

Position available for a licensed Hair Stylist in Selkirk. Phone Jan at 204-482-9092 or leave a message at 204-253 5206.

Interlake Before & After School programming at William S. Patterson School is accepting applications for an ECEII. Call for more info. Cheryl at 204-738-2246 or email: interlakenurservschool@hotmail.com

Roofing Laborers reguired. Call 204-757-9092 or 204-254-4477.

Sears Selkirk requires full-time counter/salesperson for term position. Resumes at 228

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East St. Paul Taxi is looking for drivers. Must have Class 4 drivers licence. Call 204-757-7377.

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Caretaker Services

Manitoba Housing is seeking Caretaker Services for a 2 year term at the Following locations in Selkirk Manitoba:

MANITOBA HOUSING

Contract - 154 Units

Selkirk Kiwanis Centre (236 Clandeboye Ave) - 40 Units

Red River Manor (215 Eaton Ave) - 53 Units

Mercy Street Townhouses - 36 Units

Scattered housing, Selkirk, MB - 25 Units

Documents can be picked up at the Manitoba Housing Office in Selkirk at: 102-235 Eaton Avenue. Site visit can be arranged upon request.

Deadline for Quote submission is June 19, 2015

For additional information please contact: Cara Wark - (204)785-5233 102-235 Faton Ave... Selkirk, MB R1A 0W7





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We typically work five days a week during the summer months. Expect 10 hour days throughout the summer. Big cheques are available to those wanting to earn them! We can offer year round employment as we provide snow removal throughout the winter, but are also looking for seasonal employees. We have a no tolerance policy for drugs, alcohol, and bullying in our work force.

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- Fertilization and weed control application
- Landscape construction general labourers

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Starting wage is generally \$12-13/hour, dependent on work experience and skill set. Experienced individuals and excellent workers can expect to earn more. There is rapid room for advancement within our company.

Please forward resume with references to gellerswog@gmail.com - We appreciate all interested parties, but only those selected for an interview will be contacted.

Do You Want to Own Your Own Home?

Habitat for Humanity Selkirk plans to build a new home in the city of Selkirk as early as spring 2016.

If you meet all of these requirements and are interested in living in a Habitat for Humanity home in Selkirk, we invite you to attend an information meeting and pick up an application form on:

Monday June 15, 2015 7:00pm - Lord Selkirk Regional School (the Comp) Room 149

The following criteria are applied to determine eligibility: a) Must be employed for a minimum of the past two years in the community in which the house will be built.

sistance).

g) Prepared to purchase a home at market value and able to commit to a mortgage. Monthly mortgage payments (includes property taxes) 25% of total family income. h) Total family income as defined on line 150 of the CRA Notice of Assessment must be within the range as set out in the following

Family Size including applicant(s) &

Family of 2 to 3 Family of 4 Family of 5-6 Family of 7+ \$26,000 to \$64,606

Income

b) Must be a Canadian Citizen or Permanent Resident of Canada. c) Must not be receiving income from Employment & Income Assistance (social as-

d) Must be willing to complete sweat equity hours prior to house possession (500 hours for two parent family; 350 hours for one parent family).

e) Preference will be given to families with young children.
f) Present housing is too expensive, too small, unsafe, or substandard; applicants cannot currently own a house.

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MORTGAGE SALE

The building and land known as 5534 Highway #9 R.M. of St. Andrews, Manitoba, as described in Certificate of Title No. 2219351/1 will be sold at auction by a licensed Auctioneer on Thursday, the 9th day of July, 2015 at 9:30 A.M. at the mortgage property, 5534 Hwy#9, R.M. of St. Andrews, Mani-

To the best of the vendor's knowledge, there is situated on the mortgage property a 2,442 sq. ft. single family bungalow built in 2007 on 1.32 acres; home has 3 bedrooms on main floor, 3 1/2 baths, large windows, cathedral ceiling in living room and 3 sided gas fireplace; built in wall units with hardwood floors; large island in open concept kitchen with granite counter top; master bedroom has ensuite with heated floor, glass shower and jetted tub; main floor office, main floor laundry room with 2 piece bath; finished basement with built-in cabinets, gas fireplace, bar, 4th bedroom and bathroom, multitiered deck and screened sunroom. Property is located on the west side of Hwy. 9 at the corner of Captain Kennedy Road.

Property taxes are paid in full to December 31, 2014. The property is sold subject to taxes and penalties accruing after that date.

TERMS: Deposit of \$50,000.00 in cash, certified cheque or bank draft payable to Aikins, MacAulay & Thorvaldson LLP and the balance according to conditions to be announced at the sale.

Sale is subject to Reserve Bid which will be announced at the auction. If the highest bid does not meet the Reserve Bid then there is no sale.

Further information may be obtained from: AIKINS, MacAULAY & THORVALDSON LLP Barristers & Solicitors

30th Floor, 360 Main Street, Winnipeg, MB R3C

Attn: Jacqueline Ingrilli (204) 957-4779

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Citizen and community input is an important part of the application process.

If you have questions about this application, please call the Liquor and Gaming Authority of Manitoba

If you have questions about zoning by-laws and requirements, please contact your municipality.

If you want to make a formal objection to this application, please send us your objection in writing by 4:00 p.m. on

MONDAY, JUNE 15, 2015

You can email, mail or fax your objection. Please include your contact information. Email: licinspect@ LGAmanitoba.ca Mail: Liquor and Gaming Authority of Manitoba, P.O. Box 1023, Winnipeg, MB R3C

Fax: 204-453-5254.

- We respond to all formal objections and will work to resolve objections before issuing a licence.
- · A copy of the objection will be provided to the
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• RFP: #2015-5 - PW Nanton Road

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- RFP: #2015-6 PW Country Road
- RFP: #2015-7 PW George Street South
- RFP: #2015-8 PW Road 100
- RFP: #2015-9 PW Old Henderson
- RFP: #2015-10 PW Industrial Park Entrance
- RFP: #2015-11 PW Church Road South
- RFP: #2015-12- PW Hay Road • RFP: #2015-13- PW Road 88
- RFP: #2015-14- PW Donald Road
- RFP: #2015-15- PW Dunning/Springfield
- RFP: #2015-16— PW Pioneer Road

For further information please visit our website at www.rmofstclements. com, call 1-204-482-3300 or email info@rmofstclements.com

The final date on which proposals may be received is June 25, 2015 at

Dated at East Selkirk, Manitoba this 11th day of June, 2015. **Andrew Sprunt**

Director of Public Works 1043 Kittson Road East Selkirk, Manitoba R0E 0M0



R.M. OF ST. ANDREWS PLANNING AND DEVELOPMENT ASSISTANT

The R.M. of St. Andrews is seeking a seasonal Planning and Development Assistant to take on the challenge of coordinating and facilitating aspects of Planning and Development service delivery provided by the Municipality. The Assistant will aid the Assistant Chief Administrative Officer and will liaison with the Red River Planning District. This seasonal position is generally meant for post-secondary students and will run between June and August 2015. A complete job description can be obtained upon request.

As the ideal candidate you offer:

Experience in planning, property, and development

Continuing post-secondary education in Community Planning or Law, or an equivalent combination of education, applied skills and experience

Proficiency with computerized processing, databases, spreadsheets, e-mail,

Experience in computerized mapping systems is considered an asset

A 'can-do' attitude with excellent time management and team leadership skills

Proof of post-secondary school attendance in 2014-15 and returning in 2015-16.

Interested applicants are to provide a professional resumé complete with (3) contact references before 4:30 p.m. on June 15, 2015 to Deb Murphy, Assistant Chief Administrative Officer at office@rmofstandrews.com.

Deb Murphy Assistant Chief Administrative Officer R.M. of St. Andrews Box 130, 500 Railway Avenue Clandeboye, MB ROC 0P0 Phone: (204) 738-2264



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ANNOUNCEMENTS

IN MEMORIAM

Myrtle Johanson September 26, 1923 - June 11, 2014

Mother, Nana, Great Nana We think of you often. We miss you every day Your love lives on in our hearts. Miss you, love you.

-Laverne and family

ANNOUNCEMENTS

IN MEMORIAM



Lonabottom

In loving memory of my dear husband, Jim, Who passed away June 16, 2000 If memories bring us closer, Then we are never far apart; For you are always with me, In my thoughts and in my heart. -Forever loved and sadly missed by wife Mabel

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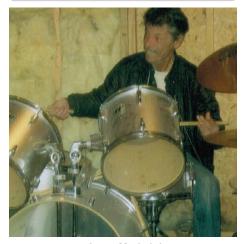
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ANNOUNCEMENTS

IN MEMORIAM



Larry Motkaluk January 22, 1951 - June 2, 2012

How much we miss having you play your drums. At times those drums got on my nerves. So loud. How I would love to hear the sound of them again. I remember when you got them for Christmas from one of our sons. They arrived home for Christmas and you and I just got home and we walked into the kitchen and there were all those large boxes. Not knowing what was in them, and on Christmas morning our son gave you one of the boxes to open. "A drum". Then he gave you all the boxes to open and all you could say to him was, take those back, these are way too expensive. But he didn't and boy did you enjoy playing them. When the three boys were small they would sit on the basement stairs watching you play on an old drum set. They loved watching their father play. On weekends you would go to our friends Grants' place to jam. Packing all those drums every time. You even had groupies come watch you guys play. Your biggest groupie was your best friend, Big AI, whom we miss deeply. Our sons and I miss you so much. You were the strength of our family. Our family has learned to be strong and there for each other.

-Love your wife Shauna, sons, Troy, Kelly and C.C. (In the May 28th Record, the word "Sam" should have read "sons". We apologize for the

ANNOUNCEMENTS

IN MEMORIAM



Joshua Taro Kupchuk December 4, 1993 - June 9, 2014 It has been one year since you left the trials Of this world, to be at peace with the Lord, It has been one year since we have seen Your face, heard your voice, or held you. It has been one year of broken hearts And tear-stained pillows. We miss you Every day, and take comfort in knowing We will unite again in Heaven.

-With love, Mom, Dad, Tanner and Tegan

ANNOUNCEMENTS

IN MEMORIAM

Great and Great-Great Nana If tears could build a stairway, And heartache make a lane: We'd walk the path to heaven. And bring you back again. Our family chain is broken. And nothing seems the same: But as God calls us one by one, The chain will link again.

OBITUARY

Kenneth Douglas McCarthy Dec. 16, 1954 - May 6, 2015

Please God forgive a silent tear; A constant wish that he was here; Others were taken, yes I know; But he was mine and I love him so.

I am profoundly grieved to announce the passing of my friend, partner and husband of 35 years, Ken, on May 6, 2015 at the Robbins Pavillion, Royal Alexandra Hospital, Edmonton, Alberta.

Ken was born to Dorothy Grace McCarthy (Morrison) and Robert Austin McCarthy on December 16, 1954 in Selkirk, Manitoba. In 1980 Ken moved to Victoria, BC, to join his love - Laurie. In 1981 Ken and Laurie moved to Edmonton where they set up their life and home. On May 17, 1986 Ken and Laurie married formally in Selkirk, Manitoba.

Ken leaves to mourn in his passing his wife Laurie (Basaraba); best buddies Beau and Gillie; brother Terry (Lorna); nephews Kevin and Thomas; niece Kerry Epps (McCarthy); her husband Todd and family; nephew Robert and his wife Erin; and brothers-in-law Bernie and Carson Basaraba. Ken also leaves an extended family and countless treasured friends in Manitoba and Alberta to forever remember him.

In keeping with Ken's wishes there will be no formal service, however, he wanted those whom he counted dear in life to join Laurie at a Wake at Gaffer's Restaurant and Lounge, 23020 Hwy. 44, Lockport, Man. on Saturday, June 13, 2015 from 3-5 p.m.

In lieu of flowers Ken asked that donations be made to the Winnipeg Humane Society, 45 Hurst Way, Winnipeg, Man. R3T 0R3 to honour all the furry friends that he held so dear.

> Serenity Funeral Service South Edmonton 1 - 780-450-0101 www .serenity.ca



OBITUARY

Geraldine Margaret Johannson (nee Dewar)

With her family by her side, Geraldine Margaret Johannson (nee Dewar) passed away peacefully at Selkirk General Hospital on Wednesday, June 3, 2015.

Geraldine was a resident of Selkirk her whole life, growing up on McLean Avenue and then moving to Sutherland Avenue to her home with her husband Barney. Mom liked to travel and was an avid reader and walker. She felt that her walking gave her a good perspective to observe the place she lived in all of her life. It was with great pride she watched the town she grew up in become the city it is today.

Geraldine maintained and cherished friendships she made when

she was very young and kept throughout her life. She was a dedicated life-long member of Christ Church Anglican and was blessed with friends that shared her faith. Gerry also enjoyed the friendships she made playing duplicate bridge both in her home and at the Selkirk Bridge Club of which she was an accomplished member for many years.

Even with all of her friendships and accomplishments, her greatest joy in life was her children, grandchildren and great-grandchildren. Precious memories of our dear Mom and Uma will be cherished by her children Larry (Charlotte) and Geri-Lynn (David); her grandchildren Larry Neil (Karlene), Kyle (Tarya), Natalie (Adam), Erik, Clinton (Lindsay) and Vincent (Sara); and her great-grandchildren Larissa, Ashley, Cooper and Tucker Johannson, Aiden and Jaya McConnell, and Liam Thompson. Dido will be lovingly remembered by her sister Doris (Dot) Stewart and special nephews Jack, Rob and Neil. She will be greatly missed by her special friend Leo Johnson, extended family and many friends. She was predeceased by her husband Bjorn (Barney), parents Arthur and Mary Dewar and brothers Roy, Stephen and Gordon.

She truly loved Selkirk and the community loved her and her loyalty to it in return.

Our family is grateful for the care, services and support mom received from the good people at Selkirk General Hospital, Cancer Navigation Services, CancerCare Manitoba, IERHA Home Care and Palliative Care. and Canadian Cancer Society.

In keeping with Mom's wishes, cremation has taken place and a memorial service was held on Monday, June 8 at 11:00 a.m. in the Gilbart Funeral Chapel, 309 Eveline Street in Selkirk with Rev. Brad Elliott officiating. A private interment will take place at a later date.

In lieu of flowers, donations may be made to a charity close to your heart.

"To live in hearts that are left behind is not to die"

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com



Johanson, Myrtle

September 26, 1923 - June 11, 2014 In loving memory of our Mother, Nana,

-Love your family

OBITUARY

Gregory (Harry) Pruden



Gregory (Harry) Pruden passed away peacefully on June 5, 2015 at the Selkirk & District General Hospital at the age of 83. Greg was born on September 16, 1931 in Poplar Park, Manitoba.

Greg leaves behind his loving companion, Jean Zakaluk and her family, his brother-in-law, Ben Kamke along with numerous relatives and friends.

He was predeceased by his parents, Alex and Ann Pruden; sister Mary Zalusky and her husband Walter; brother John and his wife Caroline; and sister Helen Kamke.

Greg lived and farmed the family farm all his life. He worked at numerous casual jobs in the local area. In his younger years, Greg was involved in trapping, hunting and fishing. Later he developed a passion for Bingo. He enjoyed socializing, dancing and with his

companion, Jean, he liked picking berries and mushrooms.

Funeral services will be held at the Gilbart Funeral Chapel in Selkirk, Manitoba on Saturday, June 13. 2015 at 11:00 a.m. with viewing at 10:30 a.m. Interment will take place at the St. James Anglican Church Cemetery in Poplar Park, Manitoba, Pallbearers will be his great-nephews.

Flowers are gratefully declined. If anyone wishes, a donation in his memory can be made to the Selkirk and District General Hospital or a charity of your choice.

> Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com





tuspir > MEAL IDEAS



Buffalo Chicken Tacos

Ingredients

- 11-ounce package, taco or hot taco seasoning
- 2 tablespoons cooking oil 3/4 cup water
- 1 pound boneless, skinless chicken breasts
- 1 avocado
- 1/2 cup ranch dressing, prepared 6 flour tortillas warmed
- Hot sauce, to taste 2 ounces blue cheese crumbled
- 3/4 cup carrots, shredded 1/4 cup cilantro, chopped

Preparation

Combine taco seasoning, oil and 1/4 cup water to make marinade. Reserve 1/2 cup. Place chicken in re-sealable plastic bag and add marinade. Marinate in refrigerator for 30 minutes or longer.

Mash avocado (in mixing bowl) into small chunks and mix with ranch dressing until

Remove chicken from marinade and discard used marinade.

Grill chicken over medium-high heat, about 8 minutes per side or until thoroughly cooked. Remove chicken from grill and place on cutting board.

Slice chicken into thin strips and serve hot alongside warm tortillas. Serve with build your own sides/garnishes of hot sauce, blue cheese, carrots, cilantro and the avocado ranch dressing.

Preparation Time: 30 minutes Cook Time: 16 minutes

Wushu Chicken Tacos

Ingredients

1/2 cup diced rotisserie chicken 1/4 cup asparagus pieces, about 1 inch

1/4 cup yellow squash pieces

- 2 fajita-size flour tortillas (6-inch)
- 2 lime wedges, optional

Sauce

Fresh ginger slice, 1/8 inch thick, peeled and cut in half

- 2 cloves garlic, peeled
- 2 tablespoons creamy peanut butter
- 1 tablespoon soy sauce
- 3/8 teaspoon chili paste with garlic
- 2 1/2 teaspoons sugar
- 2 1/2 teaspoons Worcestershire sauce
- 2 1/4 teaspoons sesame oil
- 3 1/2 teaspoons water

Preparation

Chop ginger and garlic in food processor as finely as possible. Add next seven ingredients and process until sauce is completely smooth. If sauce is too thick, add more water. If sauce is too thin, add more peanut butter.

Toss about half the sauce with chicken and put aside in a covered bowl.



Boil about 1 inch of water in a large skillet and add asparagus. Cover skillet and turn off heat. In 1 to 3 minutes, lift off cover and remove asparagus using tongs.

Cut off ends of squash and cut into half-moon pieces. Put 1/4 cup squash pieces into microwave-safe bowl and add a little water. Cover with plastic wrap and microwave about 2 to 3 minutes. Let cool slightly and carefully drain off water.

Place tortillas in microwave and cook about 15 seconds, or until warm and bend easily.

Put chicken in tortillas, top with asparagus and squash and drizzle with additional peanut butter sauce. Serve with optional lime wedges.

Serves 1

Turkey and Bean Tacos

Ingredients

- 1 lb (454 g) lean ground turkey
- 1 cup (250 mL) white kidney beans, drained and rinsed
- 1 cup (250 mL) tomatoes, chopped
- 1 cup (250 mL) sweet onion, finely diced
- 1 cup (250 mL) frozen or canned corn
- 1 cup (250 mL) carrot, finely grated
- 1 tsp (5 mL) onion powder
- 1 tsp (5 mL) garlic powder
- 2 tsp (10 mL) chili powder
- 1/4 cup (50 mL) Ketchup
- 8 small baked tacos (package of 12, 6 oz/156 g), or 100% whole-wheat wraps or buns
- ½ cup (125 mL) grated lower-fat cheddar cheese

Directions

In a large fry pan cook the turkey until no longer pink.

In a large bowl mash kidney beans with the back of a fork. Add tomatoes, onion, corn, carrot, spices and ketchup. Mix to

Add bean mixture to the turkey and cook on medium until heated. About 15 minutes. Add mixture to taco shell (wrap/bun) and sprinkle with 1 tbsp (15 mL) of cheese.

Makes 8

www.heartandstroke.mb.ca

Cherry Salsa

Ingredients

- 1 cup fresh sweet cherries, pitted and halved
- 1 cup seeded, chopped yellow tomato
- 1/2 cup chopped sweet yellow onion
- 1 cup chopped yellow or red sweet pepper
- 1/2 cup canned crushed pineapple, drained
- 3 tablespoons finely chopped cilantro
- 2 tablespoons kosher salt

Preparation Combine all ingredients; chill at least one hour.

Preparation Time: 20 minutes Chill Time: 1 hour Makes about 3 1/4 cups











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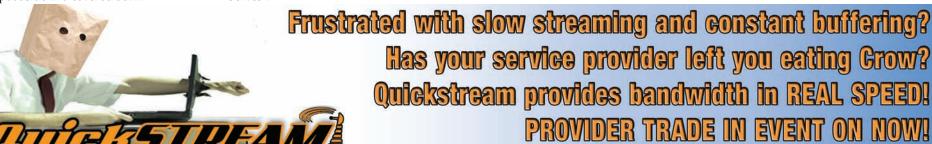
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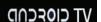














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