

RECORD PHOTO BY JUSTIN LUSCHINSKI

Danielle Dolyniuk prepares her five-year-old mare Athena to demonstrate a horse hug while at her ranch in the RM of St. Andrews recently. Dolyniuk is currently documenting her horse training journey on YouTube. For a story, see Page 12.



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Manitoba launches 'Clear Your Gear' fishing line recycling program

By Justin Luschinski

Manitoba has launched a new recycling initiative in hopes of limiting the amount of fishing line left behind by local anglers.

The province has partnered with TransCanada and the Wildlife Haven Rehabilitation Centre to set up specially designed containment units for

anglers to dispose of used fishing line at popular angling locations, such as Lockport.

Monofilament fishing line can be detrimental to birds, fish and other wildlife if left on shore and in the water. Even in a landfill, it can still be picked up or scattered by birds. The Clear Your Gear fishing line recy-



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cling program, which was announced in Lockport last Friday before the province's annual free family fishing weekend, ensures fishing line gets properly recycled.

Sustainable Development Minister Rochelle Squires says fishing lines pose a huge hazard to the ecosystem.

"There's such a growing awareness of the need to do more, whether we're talking about single use plastic bags or lines, we know that these products are having a detrimental effect on our fishing life," Squires said. "We've heard from Wildlife Haven about how many incidents of birds with fishing line wrapped around their wings, or in their stomach, and it's 100 per cent preventable ... I believe that with a bit of awareness, and a little convenience,

WITH A BIT OF AWARENESS, AND A LITTLE CONVENIENCE. **PEOPLE WILL WANT TO** DO THE RIGHT THING."

people will want to do the right thing, and put their lines in these containers where they can be recycled properly."

Squires said the province sees this program as the first step, and they may expand the program to other fishing spots outside of the Interlake region.

Continued on page 4



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Liberal anti-bullying bill 'a promising step,' local councillor says

By Lindsey Enns

A new bill aimed at protecting elected officials from bullying and harassment is "an important first step," according to two local councillors.

Bill 231, which was introduced by Manitoba Liberal Municipal Relations Critic, Judy Klassen, aims to provide protection and remedies for municipal councillors who, until now, have had no recourse for harassment and bullying they experience around the council table.

"We have heard the disturbing stories of harassment that municipal politicians have had to endure. From hair pulling to name calling, it is beyond unacceptable," Klassen stated in a release last week."We want to provide a place where councillors can feel confident and safe when reporting inappropriate behaviour."

Both St. Andrews Coun. Joy Sul and West St. Paul Coun. Cheryl Christian watched in the gallery as Bill 231, the Municipal Harassment Policy Act, was given first reading in the legislature last Wednesday.

"We are pleased to see that it's focused on a external investigation process with the Human Rights Commission that would take away investigation at the municipal level and have some oversight for harassment and bullying," Christian said.

Sul said being present to see the bill read for the first time was "exciting."

"We're very grateful," she added.

If passed, the bill would provide municipal politicians with a mechanism to file harassment complaints with the Association of Manitoba Municipalities (AMM), or the Human Rights Commission. The Manitoba Human Rights Code would be amended under this bill so that harassment can be considered as a reason for a complaint.

"This bill would allow people to make complaints based on the act of harassment itself. It will be the act

that is considered ... the treatment itself so that's a promising step," Christian said. "It doesn't matter who you are, you deserve to be treated with respect in your workplace and if not it will be investigated."

Both Christian and Sul say this is not just an issue in rural municipalities, but that men and women are facing instances of harassment and bullying across Manitoba.

"If (this bill is) passed, the Human Rights Commission will need additional resources to handle the complaints that are coming in because we've learned the problem is widespread," Christian said." I think they'll be shocked to learn how widespread this is."

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Sul said some councillors don't even feel comfortable speaking out about what they've experienced due to their severity.

"It's things you'd never dream of in a million years," she said. "It's horrible and then they can't come forward."

Continued on





June 20

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> FISHING LINE RECYCLING PROGRAM, FROM PG. 2





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RECORD PHOTO BY JUSTIN LUSCHINSKI

Sustainable Development Minister Rochelle Squires puts a bundle of monofilament fishing wire into one of the new recycling containers located along the Red River in Lockport last Friday afternoon. The province has partnered with TransCanada and the Wildlife Haven Rehabilitation Centre to set up specially designed containment units for anglers to dispose of used fishing line at popular angling locations as part of the new Clear Your Gear recycling program.

Zoe Nakata, Wildlife Haven Rehabilitation Centre executive director, says they treat many line-related injuries at the centre.

"We've seen too many monofilament injuries to birds. It's not biodegradable, it can last for hundreds of years depending on the environmental conditions. And because it's so small, it's very difficult for birds and animals to see it," Nakata said.

"They can get entangled, which results in injury, strangulation, or drowning ... A reduction in these lines will reduce the number of injuries we treat at the centre, and increase the survival of those animals."

Squires says fishing in Manitoba generates more than \$200 million in direct and indirect impact to the economy.

"That's a lot of lines in the water, and we want to remind and encourage all anglers to respect the beauty of our natural areas by safely placing trash and fishing line in proper receptacles," she added.

Marine Museum serves up pancakes

RECORD PHOTOS BY JUSTIN LUSCHINSKI The Marine Museum of Manitoba in Selkirk hosted their annual pancake breakfast last Saturday morning. Volunteers helped serve up pancakes, sausages, coffee and juice. The proceeds from the breakfast will go towards display development and museum restoration.







WSP Citizens on Patrol Program looks to expand as community grows

By Justin Luschinski

As the RM of West St. Paul continues to expand, the community's Citizens On Patrol Program are looking to expand along with it.

The Citizens On Patrol Program

(COPP) has been in West St. Paul since 2011. They serve as professional witnesses, watching and reporting questionable activities to the RCMP. Currently the group has 25 members, but with more and more new residents

moving to West St. Paul, the program is looking to grow.

COPP co-ordinator Detlef Hindemith says the group is necessary for the community.

"Our members patrol approximately



800 hours a year. Some of the things we've encountered are stolen vehicles, vandalism, impaired driving, and active theft," Hindemith said. "West St. Paul is relatively safe, but crime does occur here, and we are only here to assist the RCMP."

Hindemith said they also assist the RCMP with observational surveys. COPP members would sit at an intersection, such as Main and Grassmere, and count how many people are using their seatbelts and smartphones while driving. According to Hindemith, 96 per cent of people he observed one day recently were wearing seatbelts, and 98 per cent were not using their phones while driving.

Hindemith said an increase in residents won't necessarily increase their crime rate, but instead people outside the community are usually the ones causing trouble.

"A lot of people are coming into the community, which is fine, but what we see are a lot of transients coming through town, or people that pass through, that contribute to the crime rate. Compared to other places, our crime rate remains low, but there is still a lot of property crime," Hindemith said.

According to Statistics Canada, West St. Paul's population grew to 5,368 in 2016, an 8.8 per cent increase from 2011. Investors are building several housing projects in the RM, including townhouses and apartment buildings, and multiple new developments are being constructed in the RM to accommodate growth.

Hindemith said they are always looking for more volunteers to come on board with the West St. Paul COPP program, and anyone looking for information on volunteering or on the COPP program can call 204-612-3465 or email wspcopp@gmail.com.

Members are required to clear a criminal record search. The fee for this is waived for COPP applicants. All members will receive a one-time training session provided by the Provincial COPP network. Patrol times and locations are extremely flexible and vehicle patrol expenses are covered.



511 Robinson Avenue - Selkirk

Pawed Pals targeting stray cat problem with PUSH program

By Lindsey Enns

A Selkirk based animal rescue wants to help combat the area's cat overpopulation problem with help from a spay and neuter outreach program.

Pawed Pals Animal Rescue plans to run its new PUSH spay and neuter outreach program from October 2018 to March 2019. PUSH stands for Prevent Unwanted Stray and Homeless cats.

Jo-Anne Wilson, chair of Pawed Pals, says within that time frame, they hope to spay or neuter a total of 75 cats within Selkirk, St. Andrews and St. Clements.

"We're just hoping to really show people what happens when you don't fix your cat," Wilson said. "An education piece is another big piece of this program that we are currently developing."

Wilson says kittens and cats can breed at an alarming rate.

"Starting in year one, one female has an average of about 10 kittens that can survive, of those 10, average five females. So continue doing that pattern in year 10 and you would end up with around 57,000 cats,"Wilson explained.

She added unwanted and stray cats exist in our communities due to human neglect and action is now needed to facilitate change.

The way the PUSH program works is property owners will let Pawed Pals know where cat colonies exist. Once a cat colony has been accepted into the



PHOTO COURTESY OF PIXABAY.COM

Pawed Pals Animal Rescue is seeking volunteers to help with its PUSH spay and neuter outreach program to help prevent unwanted stray and homeless cats this fall.

program, Pawed Pals will coordinate volunteer efforts between the property owner, the vet clinic and other volunteers. Cats will then be individually and safely trapped, transported to a vet clinic where they will be spayed or neutered. Cats will also be tattooed for identification.

Once the cats are spayed or neutered through the program, they will either be relocated to a different rural area where they can be taken care of, if their current home is unsafe or unsuitable, or return to their original location. Some kittens and cats may also be taken into foster care and moved through the Pawed Pals adoption program. Depending on how successful the program is, Wilson said they hope to be able to do another round in the future.

"I think it's definitely something in the future we would want to do again," she said.

The local animal rescue recently received a \$2,500 grant from the Selkirk and District Community Foundation towards the program. They have also approached local rural municipalities and the City of Selkirk seeking additional funds.

Sid Prokipchuk, a volunteer intake co-ordinator at Pawed Pals, said over the years the cat population in Selkirk and area has "exploded." "There's really no end to it," he said. Prokipchuk said they currently have around 117 cats in their care.

"They are all in foster homes and we have a waiting list," he said, adding they also bring food to certain rural areas with lots of stray cats. "People build houses and allow them to live on their property and they come to us for help."

Dr. Birte Klug, a veterinarian at Selkirk Veterinary Services, who has been working with Pawed Pals, says unwanted cats and kittens is a growing problem in Selkirk and area.

"It is clearly humans who are enabling that problem," Klug said. "It's getting worse."

Klug says by the age of five months, every female cat should get spayed.

"If you can't afford it ... you can just keep it inside," Klug said, adding their current spay fee is around \$140. "There is no need to let your cat outside, especially if it's not spayed."

She added unwanted kittens and cats is a preventable problem.

"It's important to educate people about this," she said.

Wilson said they are currently looking for volunteers to help with the PUSH program.

For more information, to donate, or to fill out a volunteer application online, visit pawedpals.org.

Pawed Pals currently consists of 12 active volunteers.

Local library hosts cognitive behaviour therapy, mindfulness workshop

By Justin Luschinski

A workshop held at the Gaynor Family Regional Library helped teach community and area members how to deal with anxiety and depression.

Mood Disorders Association of Manitoba (MDAM) hosted their Cognitive Behavior Therapy with Mindfulness workshop every Tuesday last month. Cognitive Behavioral Therapy (CBT) is one of the most widely researched techniques to improving someone's mental health. The objective of CBT is to teach individuals the building blocks of selfhelp recovery. Shelley Flitcroft, MDAM outreach manager for the Interlake region, said that CBT helps people gain some perspective.

"We focus on mindfulness, where we learn to be in the present moment. When we have anxiety or depression, we're never really present, there are a lot of thought distortions," Flitcroft said. "It's like seeing the world through dark sunglasses, we need to test those thoughts, and recognize when those distortions are happening."

Flitcroft said that removing negative thought distortions involve teaching your brain to think objectively. For people with a mood disorder, it's very easy to assume the worst in people, which is why participants learn how to fact-check their thoughts. The program teaches mindfulness exercises that help calm someone down before they experience an anxiety attack.

Flitcroft says mindfulness exercises aren't just meditation.

"People think of it in terms of meditation, and sitting quietly. That's not really the purpose of mindfulness, it's about being in the moment. You can do the exercises anywhere, you could be sitting

ena

on a bus, or standing in line, and these exercises can help you calm down."

For more information, or to find out when the next MDAM workshop is, contact Shelley Flitcroft directly at 204-330-7821, or via email at shelleyf@ mooddisordersmanitoba.ca.





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'We almost had a triple catch together'

Set RED RIVER > CHALET BEACH > LAKE WINNIPEG

Hi gang.

> ARNIE WEIDL

How about a nice cool refreshing winter fishing story? I know you're thinking leave the winter stories alone for a few months but I'm sorry, one of our fishing brothers gave us a good one and I think you'll like it. Last Friday, the sun beat down on the clusters of anglers on the Hecla village pier yet one fellow of average size stood out with his full head of strong white hair. I walked over to him and asked how many pickerel he had caught, "We just got here," he said, "I'm Ed Kalmot from Arborg." When I asked him if he had a fishing story for us, he hesitated then added, "Yeah, but it happened in the winter.""That's ok," I explained, "our fellow fishers like any kind of a good fishing story." He thought for a moment then began. He was on the ice two miles out from Riverton's Sandy Bar in the middle of January. There were other anglers all around him, some in shacks and others sitting on pails or chairs fishing in the open beside their trucks. It was overcast and as Ed sat jigging his line in the ice hole he noticed the wind slowly but steadily picking up. He looked up checking the sky and as his eyes fell to the northwest horizon he tensed seeing a whiteout of snow dust coming. He rose, throwing his gear into the trucks box as the wind driven snow hit him. He worked hand over hand pulling himself along the truck box to the driver's door. Out of the corner of his eye he saw a nearby shack tremble then roll over, its skids and floor weirdly exposed. A smaller shack, barely visible, lifted off the ice then bounced with a sickening crack, collapsing in on itself. Ed pulled the truck door open against the whistling blizzard and wedged himself inside. Catching his breath he looked back in the box. His pail was gone. Probably in Lac du Bonnet by now he joked to himself. He knew he had to get off the



RECORD PHOTO BY ARNIE WEIDL Umaben Bilimoria, pictured left, and her dad Babuibhi Batelpto with their prize catch off the Hecla pier.

ice before dark. He had learned to use GPS and navigated his truck to shore, right to the road he had used to get on the ice. I thanked Ed for his story and continued on down the pier looking for someone who had caught fish.

I chatted up folks as I walked past until a gal called to me inviting me to see a big pickerel she had caught. Like so many of the fish being caught that day on the pier, Umaben Bilimoria and her dad Babuibhi Batelpto were beyond excited with their best catch ever!

Late last week I wandered up and down the Red by Selkirk stopping occasionally to pass the time with anglers. Eventually I came upon a fairly large chap comfortably slumped into his folding chair. His jolly face was emphasized by a small dark goatee

and earring. His spoke in easy going short phrases saying he was Eugene Johnson. He pointed to his young red haired son, Tyson and their friends son thin, dark haired, Mason, offering, 'We almost had a triple catch together!" Eugene described how a three foot sturgeon took his hook while at the same time Tyson caught a sixteen inch pickerel which wrapped itself around the sturgeons' line! Mason not to be outdone caught his own pickerel which joined Eugene's' sturgeon and Tyson's pickerel in a confused, water thrashing, lines all tangled up mess. They reeled in but just before they had the three fish landed, the sturgeon twisted from its hook disappearing under the waves. The boys proudly went home with fish!

Last Saturday I drove along the Winnipeg River talking to folks and came across a loud, laid back, fun loving Greek by the name of (now hang on) Peter Avgerouovlos. He had a warm, full, fleshy dimpled face topped with short grey hair. He told how a while back at the Pine Falls dock a buddy who wished to remain nameless was in his boat waiting for Pete to bring down the rig to load the boat after fishing. High waves were slapping the boat this way and that as the friend tried to control it with the motor in forward slow. Suddenly a huge wave poured over the back of the boat nearly swamping it tossing our friend into the drink for good measure. He bobbed like a cork in the wild waves eventually grabbing the boats side. The boat however, still in gear began bouncing around in a circle while a gallery of angling spectators on the pier shouted unhelpful hints to our hapless waterlogged friend. Finally the boat changed course itself and slammed onto a huge shore rock with an agonizing screeching sound!

Till next week, good fishing-and boating!

View the Selkirk Record online at selkirkrecord.ca

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TROUBLE WITH PAPER DELIVERY?

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Recipe courtesy of The Beef Checkoff Yield: 8 bologna cups Vegetable oil spray 8 slices beef bologna Potato-Vegetable Filling (enough for one bologna cup): 1/4 cup mixed vegetables

1/4 cup mashed potatoes

1 tablespoon grated cheddar cheese

Apple Salad Filling (enough for one bologna cup):

3 tablespoons chopped apple

2 teaspoons minced celery

1 teaspoon golden raisins

2 teaspoons light mayonnaise

1 teaspoon plain, low-fat yogurt Spray large, nonstick skillet with vegetable oil spray. Set skillet over



Recipe courtesy of The Beef Checkoff Yield: 4 cups

1 1/2 cups kettle corn with no added sugars



Recipe courtesy of The Beef Checkoff Yield: 8 kebabs

6 ounces beef salami or summer sausage, cut into 3/4-inch chunks

8 bamboo skewers (8 inches long) 4 ounces cheese (cheddar or swiss), cut into 1/2-inch chunks

Fried Bologna Cups

medium heat and lay bologna slices in pan, as many as will fit in one layer. Let bologna fry until it cups. Transfer cups to serving plate and fry remaining bologna in same fashion.

To make Potato-Vegetable Filling: In small, microwave-safe bowl, stir together vegetables and potatoes; microwave until hot.

To make Apple Salad Filling: In small bowl, stir apple, celery, raisins, mayonnaise and yogurt.

Spoon desired filling into each cup. For cups with Potato-Vegetable Filling, top with grated cheese.



Jerky Trail Mix

1 cup mini unsalted pretzels 1/2 cup unsalted, dry-roasted peanuts

1/2 cup beef jerky, broken or chopped into 1/4-inch bits 1/2 cup golden raisins

In large bowl, stir kettle corn, pretzels, peanuts, beef jerky and raisins together. Seal in sandwich bags or serve in bowl.

Salami-Babs

16 small broccoli florets

4 baby carrots, cut in half crosswise Thread pieces of meat onto skewers, alternating with cheese, broccoli and carrots. Arrange on plate and serve. Note: To prevent choking, children should be seated while eating, especially when a recipe involves toothpicks; encouraged to take their time and thoroughly chew their food; and should be carefully supervised.

and should be carefully supervised. When serving young children, cut any circular-shaped foods like grapes, carrots or hot dogs into thin, coinshaped slices or long, thin strips.



Fairytales teach us that dreams can come true. Life teaches that we can create our own dreams. A limiting belief that many hold is that you must be either very fortunate or lucky to get what you really want in life. If you ask most people to tell you what their dream is, they will likely describe something very lovely, even utopian, but will follow their description with a comment on how unlikely it is that they will ever experience their vision.

The phrase "in your dreams" is currently another way of saying "forget it". We live in a society that does not honor dreams. We pay lip service to dreams through lotteries where you are twice as likely to get struck by lightning than you are of winning the big one. If we define dreams as impossible, unlikely, or only wishful thinking, that is the reality that we create. And sure enough, our dreams won't come true.

I met a man recently who spent the last year traveling around the world

Recipe courtesy of The Beef Checkoff

8 ultra-thin slices roast beef, about 2

16 green beans, trimmed, blanched

Wrap one slice roast beef around

each bean, creating spiral, arrange on

Beefy Lettuce Cups

8 ounces corned beef, chopped

1/2 cup chopped water chestnuts

2 tablespoons unsalted, dry-roasted

1/2 cup shredded carrots

2 tablespoons teriyaki sauce

Recipe courtesy of The Beef Checkoff

ounces, cut in half lengthwise



Yield: 16 twists

and chilled

plate and serve.

cashew pieces

In medium

corned beef,

carrots, water

leaves

serve.

8 butter lettuce

bowl, stir together

chestnuts, cashew

pieces and teriyaki

sauce. Spoon onto

lettuce leaves and

Yield: 8 lettuce cups

Green Bean Twists

Exploring Dreams Can Go Beyond Wishful Thinking

with his partner, as they where they would make their home. They weren't going where "the job" was, they were exploring the planet to find what for them would be the perfect spot. That sounded wonderful to me. I asked him if one need to be independently wealthy in order to do that.

He laughed and shook his head, explaining that it's a matter of simplifying your needs. You don't need a lot of "things" to enjoy life. He lived simply and saved most of his money. By releasing attachment to "stuff", he gave himself freedom. If maintaining a particular lifestyle is hindering you from living your dreams, perhaps it's time to begin redirecting your resources.

Gwen Randall-Young is an author and award-winning Psychotherapist. For permission to reprint this article, or to obtain books, cds or MP3's, visit www.gwen.ca. Follow Gwen on Face-Book for daily inspiration.





he attempts to run officer over

Staff

A 17-year-old male from the RM of St. Andrews is in custody after he attempted to run over an RCMP officer with his truck over the weekend.

On Sunday, just after 3 a.m., a Selkirk RCMP officer attempted to pull over a pickup truck without licence plates on Sutherland Avenue in Selkirk. The pickup truck then fled from the officer to a wooded, unmaintained trail off Highway 204.

The officer then followed the truck onto the trail on foot.

"When the officer engaged the driver of the truck and ordered him out of the vehicle, the driver accelerated at a high rate of speed toward the officer, pushing a downed tree into the officer, striking the officer in the leg," RCMP stated in a release on Monday.

"The driver backed up and again accelerated toward the officer, resulting in the officer discharging his firearm at the driver. The vehicle left the scene."

Investigation led police to arrest a 17-year-old male of the RM of St. Andrews. He is charged with Aggravated Assault, Assault with Weapon, Assault Police Officer, Flight from Police, Dangerous Operation of a Motor Vehicle, Drive while Suspended, Public Mischief and Fail to Comply with Undertaking. He is remanded in custody.

The suspect was not injured in this incident. The officer received minor injuries and was not transported to hospital. The Independent Investigation Unit of Manitoba was consulted. The RCMP Major Crime Unit con-

tinues with the investigation.

Fitness challenge winners announced



RECORD PHOTO BY BRETT MITCHELL

David Atkins and Sean Hourie from Team Ton O' Fun, representing the City of Selkirk, were the proud winners of Selkirk Biz's Fitness 50/50 Challenge. Marron Barkman from Team Iron Image, not pictured, was also named best overall individual. The challenge winners were announced earlier this month. Pictured from left to right: Tom Pachal, co-owner of Iron Image, David Atkins, Sheri Skalesky of Selkirk Biz, Sean Hourie and Matt Evans, co-owner of Iron Image.



Selkirk RCMP arrest teen after Telus looks to #EndBullying

Kindness is key when it comes to bullying prevention, local guidance counsellor says

By Justin Luschinski

A Canadian telecommunications company is trying to do its part to put an end to cyberbullying.

Telus launched its #EndBullying campaign earlier this month, where they will donate \$1 to anti-bullying organizations across Canada every time someone pledges to end cyberbullying. Their website also includes downloadable PDFs that provide tips for students, teachers, and parents.

Steve Dunlop, a 4L Communications manager with Telus based in Winnipeg, says as a reformed bully himself, he knows how important this Telus campaign is.

"It's a great program, as a former bully, I see the benefits myself. When you look back to the things you did as a kid, you just feel stupid. I take such pride in being a part of this program, now I've got a way that I can make up for (being a bully)," Dunlop said.

Maria Yarema, a guidance counsellor at St. Andrews School, says teaching kids about kindness and paying it forward is the key to preventing bullying.

"It's something we need to be persistent about, because we're preparing kids for life,"Yarema said. "Adults also experience bullying, we need to give these kids the tools to deal with it."

Yarema said cyberbullying doesn't come up as often in St. Andrews School, the cases she's had to deal with involved Grade 4 to 6 students, but she always says the same thing: If

you get a harassing message, don't respond, screenshot the message, block the person, and report it to an adult or a teacher.

Margo Yeomans, a guidance counsellor at Robert Smith School, says it's about teaching students a wholesome way to deal with stress and anxiety.

"When students are acting out, they're trying to find belonging and power. We make them understand when they're breaking the rules, they're trying to fill a need. We try to help them see that need fulfilled in a kinder way ... We're trying to help them gain that self insight," Yeomans said.

According to Yeomans, Robert Smith School uses a well-rounded system based on Indigenous teachings. They have circles where students can discuss any problems or feelings they have, and they base any moral lessons around Courage, Belonging, Mastery, Generosity and Independence.

According to Statistics Canada, one in five people aged 15 to 29 have experienced cyberbullying or cyberstalking in 2016. Cyberbullying can have very detrimental effects to a person's mental health, according to victim statistics, 47 per cent of people who have been bullied or stalked online report developing a mental health issue later on in life.

To take the Telus Wise Digital Pledge to #EndBullying, visit wise.telus.com/ en/pledge/.

Province, police launch gun amnesty month

Submitted

Manitobans with unwanted firearms or ammunition are encouraged to participate in a provincewide gun amnesty this month.

"The gun amnesty program will help keep Manitobans safer in their homes, and reduce the chances a weapon could be stolen and used in a crime," Justice Minister Heather Stefanson stated in a release recently.

Any Manitoban can safely and legally have firearms or ammunition removed from their home in June. The first step is to call the local police service's non-emergency number with some information about the items. Officers will set up a time to pick up the guns or ammunition from the home and then safely dispose of them. Manitobans should not drop off guns or ammunition at their local police station.

"We encourage everyone across the province who has firearms or ammunition they simply don't need or want, to participate in the Gun Amnesty Program," said Scott Kolody, assistant commissioner, RCMP, and president of the Manitoba Association of Chiefs of Police.

The police will not lay charges against someone turning in a weapon unless it was used to commit a crime or was stolen.

Manitoba's last gun amnesty program collected nearly 300 weapons and more than 74 boxes or bags of ammunition and the province is hopeful Manitobans will exceed those numbers during this year's campaign, Stefanson said.

For more information about gun amnesty month in Manitoba, contact the local police service or visit, gov.mb.ca.

Comp students raising funds for refugee family fleeing Afghanistan

By Justin Luschinski

A group of Selkirk high school students are trying to help a refugee family escape certain death in Afghanistan.

Students in the Comp's Global Issues class have set out to help "Sammy," a 15-year-old Christian from Afghanistan, immigrate himself and his family to Canada. The group is looking to raise \$1,500, which would give Sammy enough financial support to move and live in Winnipeg. The students are partnering with other organizations and places of worship to raise the funds required to help sponsor Sammy and his family.

Comp teacher Kevin Lopuck said this project is a chance for his students to reflect on social issues and take action.

"It's a chance to reflect on what's happening with refugees around the world, and how we can take action,"said Lopuck, who teaches Global Issues at the local high school. "In our class, we talk about growing humanity, about how we can make the world better, and it's very important that we teach students about these issues."

Lopuck heard about Sammy through



RECORD PHOTO BY JUSTIN LUSCHINSKI

Comp teacher Kevin Lopuck, pictured centre, along with his students incuding Malcom Disbrowe, pictured left, and Myah Scott, right, are fundraising to help bring a refugee from Afghanistan to Winnipeg. As of last week, the group had raised \$600 so far.

his mother-in-law, who heard about peg resident. Sammy's real name has it through Sammy's aunt, a Winni- been omitted to ensure his safety, as

was the name of his aunt.

In certain Taliban-controlled areas of Afghanistan, being Christian is a death sentence, and Sammy has since taken refuge in Pakistan, hiding in a man's basement to avoid the police. Sammy's aunt has met with the students at the Comp, and is doing everything she can to bring Sammy to Canada.

Myah Scott and Malcom Disbrowe, two Global Issues students, said they felt strongly about this issue.

"I notice different things from taking this course, like the subtle things, you become aware how small you are, and how many different stories there are in the world," Scott said.

"It lets me connect to other stories, we're all human beings ... we can help each other out no matter who we are," Disbrowe said.

As of last week, the class had raised about \$600 so far through various fundraising efforts. Students have hosted a canteen at a track-and-field meet as well as a movie night.

The students have also set up a Go Fund Me with hopes of collecting more donations. For more information, visit gofundme.com/rvscj-helpsave-sammy.

Family fishing derby





RECORD PHOTOS BY JUSTIN LUSCHINSKI More than 50 anglers of all ages gathered along the Red River shoreline near Selkirk Park to take part in a free Family Fishing Derby hosted by Springs Church Winnipeg last Saturday. The event drew anglers from across Manitoba.







Horsing around

Local horse trainer using videos to document her journey

By Justin Luschinski

As Danielle Dolyniuk's car rolls to a stop beside her small horse ranch in the RM of St. Andrews, her horse Athena lets out a loud nicker, eager to reunite with her trainer.

Dolyniuk pulls out her saddle and reigns as well as a small bag of treats, which brings Athena right to the edge of her pen, neighing loudly.

She puts down her small camera and starts to brush the dirt off of Athena's thick hide. The clouds are starting to pass over, as the sun bathes the pair in light. Dolyniuk decides it's a good time to start vlogging.

Dolyniuk says she's been interested in horses since she was a little girl. Once she got a chance to work on a ranch, she fell in love with horse training.

ing. "I come from a suburban family, no interest in horses or farm life. My dad knew a work buddy who had a ranch. I went out there for a week, and just fell in love with the lifestyle," Dolyniuk said. "I started volunteering when I was 11 or 12, I learned everything I could about horses ... I want to show everybody that even if you don't have a background in horses, you can still live out your dream."

Eventually, the ranch let her use one of their horses in competitions, and that's when she fell in love with barrel racing. Barrel racing involves completing a cloverleaf pattern around three barrels as fast as possible. The rider must push the horse to run fast, but they also need to maintain control, and guide the horse around the barrels.

After a few years of horse training and barrel racing, she decided to start a vlog, which is similar to blog posts but in video form, to catalogue her life and rise to fame in the barrel racing scene. Her YouTube vlog is under the name Danielle Adele, and she posts twice a week: A roundup vlog of her weekend, and a middle of the week video, where she usually goes to competitions.

Dolyniuk said the most important skill for any horse trainer is having compassion.

"It's not just girls whipping and kicking their horses, we care about our animals. They're like dogs, we love them, they're our pets ... Being a trainer takes patience, and you have to keep yourself in check," Dolyniuk said."It's never the horses fault, it's always something you did, whether it's something you did months ago when you were training, or something you did just then.

"The biggest thing you have to have is compassion."

Dolyniuk is mostly racing with Athena, a five-year-old paint mare. Athena is in what Dolyniuk called the "seasoning phase," where she enters Athena into as many competitions as possible to get her comfortable with the scene. Dolyniuk said that Athena



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Danielle Dolyniuk, pictured above and below, demonstrates a horse hug after her one-year-old mare named Flare rolled around in some mud at her ranch in St. Andrews recently. Dolyniuk has started documenting her journey in horse training on YouTube.



is doing very well, placing second or third in most competitions, and is performing better than expected. Dolyniuk's YouTube channel can be round under the name "Danielle Adele."

Selkirk hospital receives special \$100K donation from local family

Submitted

The Selkirk Regional Health Centre (SRHC) and the Interlake-Eastern Health Foundation (IEHF) has received a generous donation of \$100,000 to help support programs and services at SRHC.

The donation was set aside for the hospital as part of the estate of long-

time Selkirk residents, Bill and Olive Cholosky. Presenting the endowment on behalf of his Uncle and Aunt, Brent Wynnyk (who is also a board member of the IEHF), said that his Uncle Bill attributed his success in life to the town of Selkirk and the people that he served for many years running the Quality Store. This community devo-



tion also extended to the Selkirk hospital, where his uncle said that he and his wife both received care that was "second-to-none" during their own stays there as patients.

"He always commented on how wonderful the staff was and how lucky Selkirk was to have such a wonderful facility. As he watched the construction of the new hospital from his room at the former Selkirk District & Regional Hospital, he often commented on what a great facility it would be when it opened and how many people of Selkirk it would help long after he was gone."

Ron Janzen, vice president of corporate services (IERHA) and chief operating officer of the SRHC, was on hand to gratefully accept the donation on behalf of the SRHC and the Interlake-Eastern RHA last week. "The Selkirk Regional Health Centre is deeply grateful for this generous support from the Cholosky family. The establishment of an endowment fund is like the setting of a cornerstone in a buildings foundation," Janzen said.

It is community-centered donations like this that continue that show how much our residents care about improving and giving back to health care.

"This gift creates a legacy for the Selkirk Regional Health Centre that will last a lifetime. Patients will see benefits from enhanced care and staff will see differences in their work environments," said Pamela McCallum, executive director of the Interlake Eastern Health Foundation. "We are incredibly grateful to the Cholosky's for establishing this fund and to Brent for seeing their wishes through with such integrity."

> LIBERAL ANTI-BULLYING BILL, FROM PG. 3



Christian admits there are still some details surrounding the bill that need to be ironed out but she's optimistic this could bring some relief.

"I'm not sure about the specifics yet but having that outside agency to review those complaints is critical," she said. "It's an issue of safety and this is not something that can wait.

"Until there are some consequences and an external investigation process, the behaviour will continue."

The bill would also require municipalities to establish policies including

RECORD PHOTO BY LINDSEY ENNS

St. Andrews Coun. Joy Sul, pictured left, and West St. Paul Coun. Cheryl Christian, right, hold up a copy of Bill 231, the Municipal Harassment Policy Act, which was given first reading in the legislature last Wednesday.

how to make a complaint, how to investigate and report on such a complaint as well as censures and suspensions.

The province has announced it plans to revisit the Municipal Act. It will also hear feedback from municipalities following AMM meetings later this year.

As the *Record* previously reported, Sul is currently running for mayor of St. Andrews while Christian says she is still considering her options.



Here are some of the judge's observations from 2017 in the Tidiness Category: Selkirk is an extraordinarily neat and tidy city. All sectors (municipal; business, institutional and residential) do a very good job of litter/graffiti control, maintaining parks, boulevards, yards, other green spaces, streetscapes and physical buildings. Not a single graffiti tag was noticed. Only minor amounts of litter and weedy spots were noticed at a few locations. The judges met members of Citizens for a Safer Selkirk who meet weekly to remove used needles and other hazardous garbage from various sites. The judges commend this group for carrying out this important community safety initiative. Recommendations:

To get to the 'next level' in tidiness (excellent plus) Selkirk could consider additional engagement of business, youth and others to ensure the highest quality of litter and weed control on major streets, in open spaces, and on or nearby business/commercial properties (sidewalks, adjacent boulevards, empty lots, etc.).

If you would like to vote for a Yard of the Week or a Commercial Property of the Week please visit the Customer Service counter at Home Hardware Selkirk and fill out a ballot.





Lockport tattoo, apparel shop hopes to become a community hub

By Justin Luschinski

Even before they finished putting up their sign, Shawna Petofalvi's Vine Tattoo and Apparel Shop was already getting customers.

The new shop in Lockport held its grand opening last Wednesday.

Petofalvi said that it's about time Lockport got it's own tattoo shop.

"As we were putting up the letters outside, we weren't even open yet, we had cars stopping and pulling into the strip mall. They'd say stuff like ... 'it's about time Lockport got something like this!' We agree. People are excited," Petofalvi said.

Petofalvi runs the shop with her ap-

"WE'RE NOT JUST TATTOOS ... WE COVER SO MANY **DIFFERENT THINGS."**

prentice, Katelynn Dickey, who Petofalvi is mentoring in the finer details of tattoo art.

The pair sell everything from healing crystals, various clothing brands as well as their own creations. Petofalvi's brand, Badass Catfish, and Dickey's brand, Kate's Customs, are featured

heavily throughout the shop. Petofalvi said she wants the shop to be less of a classic tattoo place, and more



RECORD PHOTO BY JUSTIN LUSCHINSKI

Shawna Petofalvi, pictured left, and Katelynn Dickey are pictured inside the new Vine Tattoo and Apparel Shop. Petofalvi has been a tattoo artist for 16 years, and is excited to open up a tattoo and apparel shop in her hometown of Lockport.



program - developing space for our Youth Group to GROW!



Trailer for as

of a community hub.

"I honestly think, the reason I chose The Vine as the name is because the vine branches out over so many different things," Petofalvi said. "We're not just tattoos or a mean biker whatever, we cover so many different things, and I think that's what makes us such a different shop."

Petofalvi has been a tattoo artist for 16 years. She's worked in Saskatchewan and Manitoba, among other places. She aims to host public events like paint nights, and she heavily features local art and artists, devoting a space on her wall where people can submit pieces. Petofalvi will also play music from local bands, and wants the shop to become a part of the community.

You can find The Vine Tattoos and Apparel on Instagram by searching "thevine.tattooshop&apparel."

The shop is currently open Tuesday through Saturday from 10 a.m. to 5 p.m. and on Sundays from 10 a.m. to 5 p.m. The shop is located at Unit 230 5759 on Highway 9, in the strip mall in Lockport. For more information, call them at 204-757-7183.

SAVE



dvertised items are available only at your S elkirk Canadian Tire Manitoba Avenue 482-8473 Monday-Friday 8 AM to 9 PM; Saturday 8 AM-8 PM, Sunday 9 AM – 6PM.

Gwen Fox Gallery welcomes new interim board members



RECORD PHOTO BY LINDSEY ENNS

Pictured from left to right: Gwen Fox Gallery interim board members Bev Hart, acting president, Michele Campbell, vice-president, Garth Palanuk, second vice-president and Del Gilbart, director, pose for a photo inside the Selkirk art gallery last Wednesday.

By Lindsey Enns

A group of interim board members at the Gwen Fox Gallery want community and area members to know the local art centre is open for business.

The Selkirk art gallery recently elected 12 new interim board members to



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help run the facility during their annual general meeting.

Michele Campbell, the board's interim vice-president, says they are hoping to officially welcome an all new board during an upcoming membership meeting. Campbell says a date for the meeting hasn't be set yet, but they plan to let their membership know in advance.

"We want to get all of our ducks in a row and have a proper AGM and see where the people want us to go with the gallery during our next meeting," Campbell said while sitting inside the gallery last Wednesday. "Hopefully by the fall we will have another AGM and have it all figured out."

The gallery's board is made up of volunteers who help oversee the management and maintenance of the gallery. The board can include up to 18 volunteers.

"There's a lot to this little gallery," Campbell said.

The gallery currently has around 137 members.

For more information about the gallery, visit gwenfoxgallery.com or call 204-482-4359.

The Gwen Fox Gallery is located at 250 Manitoba Ave. in Selkirk.

Celebrating the National Indigenous Peoples Day

Dr. Alan Lagimodiere MLA for Selkirk selkirkmlaoffice@gmail.com | 204.482.4955

First phase of Manitoba Ave. Active Pathway to be complete this summer

Staff

The City of Selkirk says the first phase of the Manitoba Avenue Active Pathway project is expected to be complete later this summer.

Work has already begun on the 2.1 kilometre stretch of the pathway that runs along the north side of Manitoba Avenue from Mercy Street west to the last Selkirk Crossing entrance.

Selkirk's director of operations, Dan McDermid, said the Active Pathway will be 3.5 metres wide and allow plenty of space for those who want to walk, run, wheel, cycle or any other non-motorized means of transportation.

"We're enhancing recreational benefits for the citizens of Selkirk with the hard surfaced asphalt pathway, which will provide a safe way for people to go from the residential and downtown areas to the commercial district," McDermid said in a release last week. "People will have the ability to actively travel down Manitoba Avenue from Mercy Street west without having to cross the street to access a sidewalk."

Currently, those walking or riding along Manitoba Avenue have to cross the street twice between Mercy and the west shops to be able to access a sidewalk the entire way.

In Phase 1, the pathway, along with benches and lighting, will be installed. Landscaping, which will include flowers, trees and shrubs will complete the first phase, which is expected to take four months.

This phase of the pathway will be cost shared by the City of Selkirk and the federal and provincial governments, with each partner committing 33 1/3 per cent under the Small Communities Fund. The cost of the project is \$475,000.

Future phases will eventually connect the complete active transportation and sidewalk network, as laid out in the Manitoba Avenue Detailed Design Plan.

The city established the Manitoba Avenue Task Force in 2009 and, following studies and public consultation, the Manitoba Avenue Detailed Design Staging Plan was adopted by council in October 2016. The document revealed the vision for Manitoba Avenue and the timeline that upgrades and improvements will occur. The plan addresses work related to the street, sidewalks, pathways and sewer and water.



SUBMITTED PHOTO

Work has already begun on a 2.1 kilometre stretch of pathway that runs along the north side of Manitoba Avenue from Mercy Street west to the last Selkirk Crossing entrance.



Wishing you a

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All **NEW** students registering will receive \$50 off registration fees!

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For more info visit **selkirkdance.org** (**f**)

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Bev Clegg (Executive Director), Aaron Martyniw, Eileen Janowski, Michele Polinuk BACK ROW: Heather Hogg, Stan Halbesma, Doug Chorney, Deann Lane, Rosalyn Ferguson MISSING: Terry Neplyk, Carole Wiedemann

In London, England there's a space between the subway car and the platform. And every time the door opens, just as you're about to step off, a recorded voice reminds you to "mind the gap."

Members of the Selkirk and District Community Foundation have spent the past couple of years researching our community and having conversations with the people of our community in our own version of minding the gap together.

We already knew we had a strong, successful and growing Foundation and we knew that we were Here for Good. We had a good understanding of our community's strengths and needs or did we? Were we missing anything or anybody? We needed to mind the gap.

Among all the wonderful projects the Foundation was able provide grant money to this year, we also completed what we call 'Mind the Gap: Vital Signs Report 2018' and it has already helped us identify, recognize, reveal and focus on the unmet needs in the corners of our community where we work, live and play.

My personal "ah ha" moment happened on a downtown Calgary street corner, as the 2015 Community Foundations of Canada Conference came to an end. Part of our contingent was having a conversation about the highlights of the conference and the impact it had on us. We were all moved by the stories of other foundations from across Canada who shared their Vital Signs projects. We came to a unanimous conclusion that if we were going to be responsible for moving the Foundation forward, we had to commit to our own Vital Signs project, something previous Directors had been considering for a few years.

The Vital Signs Report was released in April and I encourage you to read the report, share it with others, and keep it handy. We at the Foundation hope that it helps you "mind the gap" and we know that if we work together towards common goals we can continue to be a smart and caring community that is "Here for Good".

- Gord Henrikson, SDCF Chairperson

Folks who live in the Red River North region have long called for the return of dredging to the river. In fact, there's been a rallying cry for it virtually since it was abandoned by the federal government in 1999.

The Red River Basin Commission (RRBC) has long championed the cause and now, with an infusion of \$25,000 from the Selkirk and District Community Foundation, the return of dredging is a real possibility.

"The Selkirk and District Community Foundation stood up for something, in my belief, that the majority of the residents in the area would like to see, which is the opportunity to bring back dredging on the river, but also to recognize a further great opportunity to save the Netley Marsh," said Steve Strang, Manitoba director of the RRBC.

"Their leadership has started that ball to roll, which I believe now has opened the door for the pilot project to get completed in 2019."

\$25,000 from SDCF.

Strang said the SDCF was one of the first to recognize the value of the project by committing significant dollars to it. He believes this helped bring other funders on board and, of equal importance, has got higher levels of government thinking, and talking about, dredging.

"What's exciting is this is the will of the people that are on the ground, this is the residents this is the will of local government people, and I believe that message is starting to be carried up," Strang said.

"(The marsh) is the kidneys of the lake and the fact the Selkirk and District Community Foundation stood up and said you know what, we believe in this, we see value in this, it's a community based interest and we want to support it and move it ahead, I think says so much about the Foundation."

A \$2,171 grant from the Selkirk and District Community Foundation made it possible for the Interlake Co-op Nursery to purchase furniture and equipment for their off-site childcare programs at William S. Patterson School.

Director Cheryl Longley said they run a before and after School program and Kindercare at the school, and since they receive no funding, the Foundation grant is essential to improving services they provide to young children.

"The only money that comes in is from the parents and that pays for all equipment, supplies, salaries, everything," Longley said. "When we have support from the Foundation like this it allows us to buy things for the program without having to either up the fees for parents or scrounge around and make due. Without the Foundation we wouldn't be able to put on as good a program."

The two programs run out of William S. Patterson School are in addition to the Coop's existing centre, located on Hwy. 8 in Petersfield.

Interlake Co-op Nursery partnered with William S. Patterson to create Kindercare,



which provides a place for the school's Kindergarten-aged students on days when they're not in class. The school provides the space and Interlake Co-op provides the staff.

The before and after-school program starts at 7:15 am and goes until 6 pm and is open to students who attend William S. Patterson.

Longley said they bought a storage cabinet, shelving unit and trays and various toys and puzzles with the Foundation grant.

"The purchase allows the staff to organize better and be more prepared for the kids and families that use the program," Longley said.

Thank You Donors!

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2,500

2,400

2,300

1,250

670

10,000

10.000

10,000

5,000

4500

4.480

2,436

2,420

2,171

2.141

2,000

1,500

Grant Program

- Manitoba Hydro
- Margaret Birk
- Margaret Kamer Maria Freeman
- Marie & Gary McDonald Marie Steltenpool
- Marilyn & Brian Souter
- Marine Museum-Selkirk
- Maris Smith
- Mark & Lea Anne Bangert
- Marlene & Murray Schneider
- Mary & Al Cartlidge • Mary-Louise Lazarenko
- Matt Evans
- Maureen & Adrian De Boer • Maureen & Harry Petersen
- Maureen & Marilynne Hogg
- Michael & Patricia Buhr
- Michael Cheslock
- Michele & Gary Polinuk
- Mike & Brenda Steciuk
- Monique & Monty Sundquist • MPI - Corporate matching dollars
- MPI-Employee deductions: Anthony Thoms, Carmel Cullen, Blair Green, Barbara Paul, Candice Graham, Danielle Sastric, Dianna Cholod, Erica Bissessar, Karen Bouchard, Kevin Bohm, Michelle Chartand, Pam Baerr, Oksana Topolnitska, Sabrina Tripp, Susie Lansard, Tammy Renaud
- MPI-Out of Town & Special **Events**
- Nadine Clarkson
- Naomi Marshall
- the late Naomi Sorenson Noah Erenberg & Cheryl
- Cohan
- Norman Aime Nova House
- Noventis Credit Union-Selkirk
- One Insurance
- Overland Truck Outfitters
- Packers Women's Fashion
- Pamela & Adam Grocholski
- Patrick Nosal
- Pawel Stelmack
- Peace Hills Insurance
- Portage La Prairie Mutual
- Province of Manitoba
- R.M. of St. Andrews
- R.M. of St. Clements
- Randy Cielen
- Randy & Karen Dewar
- Red River Mutual Insurance
- Rhonda Bruchanski
- Richard & Donna Kurbis
- Richard & Shirley Lawrence
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- Ron & Jackie Brooks

Selkirk+District

COMMUNITY FOUNDATION

Twice a year the SDCF welcomes

charitable organizations in the

Walter Whyte School Eagle

Garden - created by the

Organization & Project

Community Fund for Canada's 150th

R.M. of St. Andrews and R.M. of St. Clements

Gaynor Family Regional Library / Industrial carpet cleaner

Project Linus / Printer and materials for making blankets

Walter Whyte School / Eagle Garden - outdoor classroom

Ecole Selkirk Junior High / Equipment for sensory room

St. Andrews Community Club / BEAM – projection screen

Robert Smith School / Aboriginal flutes and music material

Selkirk Day Care Inc. / Refrigerator

Interlake Eastern Health Foundation / Impacting children & youth focus

Onashiwin Aboriginal Head Start / Bus tires, vacuum, kitchen backsplash

Interlake Co-op Nursery Inc. / Furniture & equipment for childcare program

Lord Selkirk Education Centre / Community drywall and painting project

Manitoba SwimAbility Inc. / Swimming lessons for children with special needs

Hand in Hand Davcares / Culturally diverse music instruments and child friendly furniture

Rotary Club of Selkirk / Echocardiography diagnostic equipment

Community Fund

Gaynor Family Fund

community, enjoyed by all

HERE FOR GOOD

region of Selkirk and the rural municipalities of St. Clements and St.

Andrews to submit proposals on how we can help them achieve their

wishes and dreams. In 2017-2018 we funded 53 projects, with future

granting and flow through donations, a total of \$ 311,034.

Community Fund & Gaynor Family Fund & Richard and Ruth Konzelman Fund

Artists in Healthcare Mb Inc. / Music program SMHC & National Indigenous Day

Charity of Choice: Christmas Hamper Drive - \$ 1,500 to each of the City of Selkirk,

Pawed Pals Animal Rescue / Preventing, Unwanted, Stray & Homeless cats (PUSH)

East Beaches Regional Complex / AED for Grand Marais Community Building

Selkirk Parents for Safe Grad / Fabric & curtains to enhance Recreation Complex

Rotary Club of Selkirk / Echocardiography diagnostic equipment

Gordon Howard Senior Centre / Commercial kitchen project (Phase 2)

Growing Years Family Resource Centre / Computers, centre improvements, staff training

- & Family
- Ron Church
- Rosalyn & Patrick Ferguson
- Roy & June Gilbart
- Royal Cdn Legion #42-Ladies Auxiliary
- Russ & Theda Skalesky
- Russ & Trudy Paradoski
- Ruth Konzelman
 - Ryan & Corinne Neskar
 - Sally Budolowski Saskatchewan Mutual
 - Insurance
 - Scott Kwasnitza
 - Scott Sutherland Selkirk Autobody
 - Selkirk Biz
 - Selkirk Home Hardware
 - **Building Centre**
 - Serena Kraayeveld
 - SGI Canada
 - Sharon Edmundson
 - Sharon Kuzminski
 - Sharron Nosal
 - Shaw Communications
 - Shawna & Bob Witko
 - Sheila Cox
 - Shirley Muir
 - Sig & Angie Banmann
 - Sigurdson Financial Group
 - St. Andrews Airport
 - Stacey & Rob Swanson
 - Stan Halbesma
 - Stella Dubas
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 - Susan Hammington
- Ted Lewis
 - Ted Muir
 - Teri Starsiak
 - Terry Christiansen
 - Terry Neplyk & Dale Boss
 - The Winnipeg Foundation
 - Theresa & Robert Glass
 - Theresa Massey

Heather Pullan

Tom Ramsav

Tracy Popp

anonymous

McMurray

• Wawanesa

Willi Schade

Zivan Saper

Family

 Thomas Armour • the late Thomas Ettinger & Judy Smith

Thomas Frohlinger &

Thomas Glenwright

Thomas Sill Foundation

• United Way Campaign -

• Wallace & Betty Helgason

Waste Connections of Cda.

• Wendy & Murray Roscoe

• Willie & Louise Bodman &

United Way of Fort

Wayne Sutherland

Zelda Greenwood



Organization & Project		Awarded
Maude Gordon (Poulter) Fund		
Red River Basin Commission / Netley-Libau Marsh restoration pilot project	\$	25,000
Marine Museum of MB – Selkirk		
Renovations of exhibits SS Keenora (Phase 2)	\$	6,000
Vital Signs 2018, a research project led by SDCF	\$	5,000
Selkirk Community Arts Centre / Art mobiles in working with Holiday Alley	\$	5,000
Betel Home Foundation / Portable oxygen concentrator	\$	4,000
Daerwood School / Aboriginal Elder	\$	2,000
Children's Programs		
For future granting	\$	1,134
Richard and Ruth Konzelman Fund		
For future granting	Ş	2,358
R.M. of St. Andrews Fund		
For future granting	Ş	9,987
R.M. of St. Clements Fund		
For future granting	\$	2,188
Western Canada Games Legacy Fund		
Ecole Selkirk Junior High / Replacement of volleyball system	\$	5,400
Selkirk Canoe Kayak Centre		
Three fully equipped 17 foot canoes	\$	5,200
Selkirk Community Stadium	â	
Replacement of discus/hammer throw cage netting	\$	1,745
Kidsport – Interlake Eastern Region, helping support local families	\$	1,796
Community Fund - Youth in Philanthropy – Youth Advisory Council		
Rotary Club of Selkirk – Project Echo	\$	1,300
Robert Smith School – Skate Club	\$	645
Ruth Hooker School – Schoolyard activities	\$	325
LSRCSS Starvin Marvin breakfast program	\$	230

Donate Today and be a part of the HERE for GOOD team Look for our DONATE ON-LINE button at www.sdcf.ca

Donate with a cheque addressed to Selkirk & District Community Foundation, 200 Eaton Avenue, Selkirk, MB R1A 0W6

Call us at **1.204.785.9755** or email **selkirkfoundation@ shaw.ca**

Organization & Project		Awarded
Sean Nicol Legacy Fund		
Community Living Selkirk	Ş	555
Our Daily Bread Soup Kitchen	\$	554
Nova House	Ş	554
Lord Selkirk School Division / Sean Nicol Legacy Bursary	\$	500
Designated Endowment Funds		
Edith Schofield Estate / St Amant Centre Leisure Guide	Ş	34,869
Selkirk General Hospital Fund	S	22,000
Chief Peguis Heritage Park (Agency)	\$	13,124
Selkirk Heritage Endowment Fund supporting Marine Museum of MB	\$	9,864
Palliative Care Fund / Electronic bed with foam mattress	\$	7,444
Marine Museum of MB (Selkirk) Agency	\$	2,771
SDCF Administrative Support Fund Buhr Family Endowment Initiative	Ş	1,615
Amma's Book Shelf Fund – A gift of the book "Good Night Moon" for every baby born at the Selkirk Regional Health Centre	Ş	1,176
Selkirk Youth Hockey – KidSport	\$	800
St. George Anglican Church, Wakefield Fund (Agency)	Ş	668
Mooring-Griffioen Library Fund supporting the Gaynor Family Regional Library	Ş	450
Scholarships & Bursaries		
Micky Hannesson Scholarship	\$	2,100
Bob Jefferson Century 21 – Jefferson & Associates Realty Ltd Bursary	\$	1,900
Dare to Dream Education Fund Bursary (Nova House)	Ş	1,550
Rotary Anns Education Fund	\$	1,200
LSRCSS Welding Program Bursary (Flow through donation)	\$	1,000
Ernest & Helga Kromrei Memorial Bursary	\$	850
Selkirk Youth Hockey Association Education Fund	\$	800
Elizabeth Neskar Bursary	Ş	750
Selkirk & District Community Foundation Bursary	\$	650
St. Andrews Airport Aviation Fund	Ş	400
For future granting	\$	3,494
Total Grants Awarded	\$	311,034



Power of music on display at Robert Smith School



If you hear beautiful music drifting through the air as you pass Robert Smith School, it just might be the sounds created by students playing Northern Spirit flutes, purchased for the school's music program with help from a Selkirk and District Community Foundation grant.

Teacher Katherine Lapp said the school purchased 40 flutes and other resources with the \$2,436 grant.

The Foundation believes in programs and activities that promote inclusiveness and the flutes help with not just learning music, but connecting with cultural perspectives in new ways. They can also help students foster a positive sense of self.

"The flutes and resources allow the students at Robert Smith School to learn and perform Aboriginal flute music," Lapp said.

"Students will enhance and improve their music skills through the learning of a new instrument." Teacher Katherine Lapp and students from Robert Smith School are learning about Indigenous culture and how to play Northern Spirit flutes, purchased with a SDCF grant.

Lapp said students of all cultural backgrounds are learning to play the flutes.

"Everyone gets to participate and learn. Whether you're First Nations or not, it still gives you the opportunity to learn about culture and the students are all interested in that and they love learning new instruments."

The flutes are based on traditional First Nations flutes, but are made of plastic so they can be sanitized and used by many students.

She's also going to open the program up so others in the school community can learn and enjoy.

"We're going to be having a group with parents and students, so parents can have a chance to learn as well."

We're on our way – the launch of Vital Signs – Mind the Gap

A Vital Signs report is a community check-up. Community foundations, like ours, all across Canada use it to measure the vitality of our communities, identify significant trends in a range of community sectors that are critical to a smart & caring community. The research leads to ideas that move this knowledge into action. Vital Signs is coordinated nationally by Community Foundations of Canada and was developed with the help the Toronto Foundation.

With the help of the community, the Selkirk and District Community Foundation was able to release its own Vital Signs Report in April. Titled 'Mind the Gap', it looks at nine key areas, from housing to mental health and community safety, and reveals what we as a community do well, and where we need to mind the gap.

Our research leading up to the launch of Vital Signs brought people together to work towards a common good; and we learned - that is one of our greatest strengths. In Selkirk, St. Andrews and St. Clements, we pitch in together to solve problems and make change happen.

The Vital Signs report challenges us all to do three things that will make a difference in each of the nine areas – in Inclusive Communities the three things are volunteer one more time, or at one new place, than you did last year; read the 94 Calls to Action from the Truth and Reconciliation Report; and ensure

VITAL SIGNS Pick-Up Locations

Selkirk & District Community
 Foundation

- City of Selkirk office
- R.M. of St Andrews office
- R.M. of St Clements office
- Lord Selkirk School Divis
- Harry's Foods
- Clandeboye Stor
- Petersfield Store
- Grand Marais Central Station
- Brokenhead Clinic

your workplace reflects the diversity of your community.

At the Foundation, we're pledging to do three things as well. We will lead a Vital Signs conversation or focus group in the next 18 months; analyze data to strengthen our own strategic and operating plans and update the Vital Signs Report in four to five years.

So you can see, the report is complete, but the work is not done. We'll keep checking the pulse of the community, and continue to mind the gap, with an aim to closing it.

The printing of this publication was made possible by:



City of Selkirk 200 Eaton Avenue, Selkirk, MB. R1A 0W6 204-785-4900 / www.cityofselkirk.com Mayor Larry Johannson & Council

Rural Municipality of St. Andrews Box 130–500 Railway Avenue Clandeboye, MB. ROC 0P0 204.738.2264 / 1.866.738.2264 info@rmofstandrews.com Mayor George Pike & Council



Rural Municipality of St. Clements 1043 Kittson Road,East Selkirk, MB. ROE OMO 204.482.3300 / 1.888.797.8725 Mayor Debbie Fiebelkorn & Council

Save the Dates!

Bob Jefferson Memorial Golf Tournament presented by Investors Group	 Thursday, Sept. 6, 2018 Selkirk Golf & Country Club
Citizen of Year 2018	 Banquet: Wednesday, Nov. 7, 2018 Nomination deadline: Monday, Oct. 1, 2018
24 Hour Giving Day	• Saturday, Nov. 17, 2018
Grant Application Deadlines	 Monday, Oct. 1, 2018 Wednesday, Feb. 28, 2019

Aboriginal Day June 21









Ph: 1-866-738-2264 Email: office@rmofstandrews.com Website: www.rmofstandrews.com



Learning about totem poles

EMBRACING DIVERSE CULTURES



This National Aboriginal Day, learn more about the symbols of Canada's First Nations cultures.

When we think about our country's First Peoples, one image that often comes to mind is the totem pole. While you're probably aware that these sculptures are rooted in First Nations culture, how much do you know about their history and significance? This year for National Aboriginal Day, take some time to learn a little about the origins of these finely detailed — and highly symbolic — wooden sculptures. What are totem poles?

Physically speaking, a totem pole is a tall sculpture carved out of a large piece of wood, usually cedar. The tradition of creating totem poles is primarily associated with the First Nations peoples of the Pacific Northwest coast. These sculptures typically feature intricate carvings depicting various humans, animals and mythical creatures. What is their significance?

Totem poles can represent a variety of things, including the commemoration of ancestors, cultural beliefs, notable events, land rights, family genealogies and personal histories. They're often splashed in vibrant colours and are widely considered to be pieces of art that can be admired both culturally and artistically.

Styles and designs

Different First Nations have different styles when it comes to designing and carving their respective totem poles. Some, like the Haida, prefer to carve bolder eyes, while others sculpt narrower features. In addition to human faces, many cultures typically craft the faces and bodies of supernatural beings from traditional mythologies. Animals are frequently included, particularly in totem poles representing family crests and lineage.

NATIONAL Aboriginal DAY

13th Annual Aboriginal Day FREE Fun for the Entire Family at the Selkirk Park! **NE 21** ∞ Q

FREE Attendance Draw, Métis Entertainment, Bounce-a-roos, Cotton Candy, Petting Zoo, Races, Manitoba Buckskin Hide Stretching and Much More!







Dr. Alan

MLA for Selkirk 204-482-4955

LAGIMODIERE

lanlagselkirkmla@mymts.net

Featured Musician Art Gladu & Deputy **Guest Performance** Patti Kusturok

Entertainment

Debbie Copple Tom Dutiaume Glen Hewgill John Bear Megan Mowatt Metis Club Traditional Dancers Norman Chief Memorial Dancers Kinew Youth Fiddlers with Tom Dutiaume Keith and Morgan Ginther (Youth Fiddler) Jewel Jolicoeur (Youth Jigger) Peyton Habinski-Brine (Youth Jigger)

Pancake Breakfast 12 pm **Opening Ceremonies**

9 - 11 am

1 pm **Métis Entertainment Starts**

1-5 pm

Hamburgers & Hot Dogs

Sound by: Bill Smoliski







Community" 5571 Hwy. 9 at St. Andrews Rd. R1A 2X8

Our Valuable Partners: City of Selkirk, Selkirk Friendship Centre, Interlake Metis Association, Selkirk Red River Métis Local, Metis N4 Construction Inc., First Class Training Centre Inc. Selkirk Home Hardware Building Centre, Selkirk TD Canada Trust

Fir-tClas













Unit 5 - 1014 Manitoba Ave Selkirk MB 204-785-4386





Royals win four medals at MHSAA track and field provincials

By Brian Bowman

The Selkirk Royals had a small group of eight athletes compete at the MH-SAA track and field provincials.

But the ones that were there did a great job.

Selkirk athletes brought home four medal at the provincials, which attracted an estimated 1,300 athletes from high schools across Manitoba.

Heath Kurys picked up Selkirk's lone gold medal in the junior varsity boys' 800-metre race. He finished in an impressive time of 2:03.70.

That mark beat out Miles Macdonell's Brandon Spulnick (2:04.06) and Glenlawn Collegiate's Lamek Afewoiki (2:04.71).

It was an extremely well run race by Kurys.

"I can tell you (Heath) had nerves of steel because for the first 300 metres he was in last place and he just bided his time," said Royals' track and field coach Scott Gurney. "He sat and worked his way up the field and then in the last 50, 100 metres or so he kicked hard and went by and caught the guy probably 20 metres from the finish line."

Gurney said Kurys' hard work ethic paid off at provincials.

"He put the time in and he also runs in the city with one of the clubs," Gurney noted.

The Royals' Asha Gurney, meanwhile, won a silver medal in the varsity girls' 100m hurdles, finishing with a time of 16.81 seconds.

She was narrowly beaten out by Sturgeon Heights' Kira Kirzinger (16.00).

"(Asha) medalled in the high jump last year, so she figured that's a strong event that I'm going back into," Scott Gurney said.

"But the surprise this year is that she ran the hurdles. She wasn't even considering that but she has always loved hurdles. She had a good indoor season and then when she got to outdoor, she had a great race at the Royal Rumble and thought, 'Maybe, instead of doing javelin, I'll do hurdles instead.'

"It was fantastic for her to end up second."

Asha Gurney also won a bronze medal in the high jump after clearing the bar at 1.54m.

R.D. Parker Collegiate's Dennita



The Royals' Tim Juvonen won a silver medal in the varsity boys' triple jump at the MHSAA track and field provincials.



Selkirk's Heath Kurys ran a tremendous race to win gold in the junior varsity boys' 800-metre.

Cameron and Prairie Mountain's Natalie Gundrum finished at 1.56m.



RECORD PHOTOS BY MATTHEW PEARSON The Selkirk Royals' Asha Gurney won a silver medal in the varsity girls' 100m hurdles and also earned a bronze in high jump.

Tim Juvonen picked up Selkirk's final medal on Saturday, winning a silver in the triple jump after landing in the sand at 13.49m. That was behind only Fort Richmond's Markus Rurangirwa (13.74m).

"I think he initially was a little disappointed," Scott Gurney said. "I think he was gunning for gold because he's a pretty competitive kid. But I think he made peace with it by the time he got home to Grand Marais. Being second in the province is nothing to sneeze at."

Overall, the Royals were very pleased with winning four medals at provincials.

"To have just eight athletes and to come home with four medals is pretty good," Scott Gurney reasoned. "All of our other athletes competed hard and they were in the top-15, top-20. Ben Kelly made a couple of finals, which puts him in the top-12.

"It was a good weekend."

Lockport excellent at junior high track and field provincials

By Brian Bowman

The Lockport School Lancers continued their excellence in track and field at the junior high provincial meet last week.

Benjamin Olafson won the Grade 9 boys' shot put with a toss over 12 metres and he threw the discus 32-plus meters which was good for silver.

He is considering a provincial team offer, according to Lockport Phys. Ed teacher Marc Morelli.

Rylan Van Kooten had a historic day for the Lancers' program.

He followed up his impressive sweep of the jumping events at the divisional with yet another sweep of the jumping events at provincials.

He also set school and division records while capturing first in the long jump and high jump (there was no triple jump at the meet).

Van Kooten started his day by clearing the bar height of 1.80m, which was 10 cms higher than his personal best while eclipsing the school record of 1.75m (Avery Farquhar) and the LSSD record of 1.72m. "What was also so incredible about Rylan's record-breaking jump was that he had cleared 1.80m by approximately 10 cms," Morelli noted. "This proved to him that 190 cms is reachable and that is his new goal.

"After that performance, Rylan still had enough energy to make a statement at the long jump pit."

On his first jump, he recorded 5.65m which also shattered Lockport's and LSSD's long-jump records.

"Unfortunately, Rylan's day was cut short on the next jump when he pulled a leg muscle," Morelli said. "However, it was not serious and he will also consider a provincial team spot this summer."

Meanwhile, Emma Romans helped her Grade 7 girls' team at the divisional meet by winning four events.

At the provincials, she competed hard and made



podium in four events while Sierra Buchanen won a pair of medals at lina Romaniw placed second at provincials. provincials.

the podium in high jump. She finished second with a jump of 1.40m and is another provincial team candidate.

Dylan Duguay, a Grade 8 student-athlete is a generational athlete that is having an unprecedented track season, said Morelli.

At the divisional meet, he won five events - and set four school and division records - while becoming the first athlete to break the 12-second mark in the 100m

He followed that up by making the podium in four events at provincials. Duguay placed first in hurdles, second in long jump (5.60m), and third in both the 100m and medley relay.

He is also considering a provincial team offer.

In Grade 9 girls' action, Sierra Buchanen won the high jump at the divisional meet and also placed top three in a handful events.

She made the podium twice at provincials by winning the high jump and also helping her medleyrelay team to finish second. Buchanen is also con-



Dylan Duguay, left, reached the The Lancers' Grade 9 girls' medley relay team of Sierra Buchanen, Bentley Donohoe, Maggie Senchuk, and Ce-



RECORD PHOTOS SUBMITTED

Pictured, from left to right, Lockport School's Benjamin Olafson, Rylan Van Kooten, and Emma Romans each had fantastic performances at the junior high track and field provincials last week.

sidering a provincial team offer as well.

The remainder of that medley team featured Bentley Donohoe, Maggie Senchuk and Celina Romaniw.

Local athletes excel at junior high track and field provincials

By Brian Bowman

Local athletes did a tremendous job at the Athletics Manitoba Junior High Track and Field Provincials on June 6 at the University of Manitoba.

Many athletes found themselves on the podium after the one-day event.

Finishing first were East Selkirk Middle School's Brooke Sumka (Grade 9 women's 100-metre, 300m, and long jump), Lockport's Sierra Buchanen (Grade 9 women's high jump), Lockport's Dylan Duguay (Grade 8 men's 100m hurdles), Lockport's Rylan Van Kooten (Grade 9 men's high jump and long jump), and Lockport's Benjamin Olafson (Grade 9 men's shot put).

Placing second was Lockport's Emma Romans (Grade 7 women's high jump), Ecole Selkirk Jr. High's Mia Loeppky (Grade 9 women's 800m and long jump), ESJH's Kiera Still (Grade 9 women's 80m hurdles), ESJH's Annika Goodbrandson (Grade 9 women's discus), ESMS' Michael Wiebe (Grade 7 men's discus), Lockport's Dylan Duguay (Grade 8 men's long jump), ESMS' Evan Skrupski (Grade 9 men's 100m), and Lockport's Benjamin Olafson (Grade 9 men's discus).

Placing third was Lockport's Dylan Duguay (Grade 8 men's 100m) and ESMS' Andrew Wiebe (Grade 8 men's 300m).



RECORD PHOTOS SUBMITTED

Nine East Selkirk Middle School athletes collected 18 top-10 placements at the Junior High Provincial Track and Field Meet at the University of Manitoba on June 5. Thirty nine schools participated from across Manitoba and ESMS' students won several medals. Left photo, back row, Evan Skrupski (second place 100-metre); front row, left to right, Andrew Wiebe (third place 300m), Brooke Sumka first place in the 100m, 300m, and 80m hurdles, and Michael Wiebe (second place discus). Right photo, ESMS' team of 22 athletes also did very well at the LSSD divisional meet, bringing home 72 top-three placements. They also won the Grade 9 girls' banner. Their head coach was Jacque Foreman while Roland Makowsky served as an assistant coach.

Blue Jays split pair of MJBL games

By Brian Bowman

The Interlake Blue Jays earned a split in a pair of Manitoba Junior Baseball League games last week.

Interlake lost 7-1 to the Elmwood Giants on June 6 and then defeated the Carillon Sultans 8-5 last Friday.

No box score was on the league website for the Carillon game at press time.

In the Elmwood loss, the Giants scored three runs in each of the second and fifth innings. They also added a run in the third.

Noah Cnockaert-Ducharme scored Interlake's lone run in the top of the sixth inning.

Derek Petrasko led the Blue Jays with two hits.

Both teams had six hits and committed two errors apiece.

Ben Anderson and Brett Goertzen shared the pitching duties for the Interlake.

Interlake was scheduled to host a doubleheader with the Brandon Marlins on Saturday but it was postponed.

Interlake (5-5) will host the Altona Bisons (2-13) on Wednesday (7 p.m.) and then will hit the road to take on the Pembina Valley Orioles (8-5) on Sunday.

Games begin at 1 p.m. and 4 p.m. Interlake was in fifth place in the ight taam laagua haading into this

eight-team league heading into this week's action. The Blue laws were six games back of

The Blue Jays were six games back of the first-place St. Jamers A's (14-2).



TRIBUNE PHOTOS BY LANA MEIER

Blue Jays' third baseball Derek Petrasko makes the tag on a sliding Carillon Sultans' player during recent MJBL play.

MJHL reducing number of registered 20-year-old players

Submitted by the MJHL

Keeping in alignment with its philosophy of developing young players, the Mantioba Junior Hockey League will limit the number of 20 year olds a team can register to eight this upcoming season.

Moving forward, teams will be limited to seven and six, 20 year olds for the 2019-20 and 2020-21 seasons, respectively.

This was one of several items approved recently at the league's annual board of governors meeting. Other notable items passed include: The league board of governors approved a motion that requires all clubs to broadcast their home games in HD quality on the Hockey TV broadcast service that is available for all league games.

Teams will each play a 60-game schedule (30 home, 30 away) with each team playing each other six times over the course of the season.

The regular season will begin Sept. 21 and the playoffs will start on March 8. The board of governors approved a motion appointing Darren Russell of Killarney as chair of the board and Dale Deschouwer of Portage la Prairie as vice chair of the board.

The board of governors approved a motion that will see the league's annual award presented to the top goaltender be renamed the Ed Belfour Top Goaltender Trophy effective for the 2018-19 season.

The MJHL will, once again, participate in the SJHL/MJHL Showcase at the Co-operators Centre in Regina from January 13-15.

The MJHL announced that its annual Prospects Development Camp will be held at Seven Oaks Rec Centre in Winnipeg on July 26-29.

The MJHL also announced that the 15th-annual Old Dutch Player Showcase will be held Dec. 9-12 at the Seven Oaks Rec Centre. The schedule for the Showcase will be released when the regular-season schedule is posted later in June.



the Canadian Premier League set to start playing in 2019.

RECORD PHOTO SUBMITTED Tri-S youth soccer teams went to the launch of Winnipeg's professional soccer team on June 6. The team, Valour FC, is joining the inception of

Senior soccer teams in MMSL action

Staff

It's been a good start to the season for Selkirk FC.

The local senior soccer club has posted a 2-1-1 record in the Manitoba Major Soccer League's Second Division, according to the league website.

Selkirk's seven points had them tied for third place with Galacticos FC heading into Monday evening's late game against Lions FC in Winnipeg.

In Selkirk FC's previous game, the local club was doubled 4-2 by Sweatshack at the Rec Complex.

Tanner Markevich and Chris Szukiewicz scored for the home side in the losing cause. Andrew Sawczuk replied with a pair for Sweatshack while Benedict Penner and Haidar Al Abdul Ridha also tallied.

Selkirk FC will host United Nova FC this Sunday at the Rec Complex. Game time is 5 p.m.

In Sixth Division play, the Tri-S Strike Force lost its first two games of the season to Azzurri (5-0) and Saint James Spurs FC (3-1).

After a rainout to end May, Tri-S was scheduled to play a pair of games to begin this month but no scores were listed on the league's website at press time.

The Strike Force is schedule to play Superbia this Friday at 7:30 p.m. in Selkirk.



Athletes honoured by Volleyball Manitoba

Submitted by Volleyball Manitoba

The 2018 Volleyball Manitoba Awards and Hall of Fame banquet was held last Sunday evening at the Canad Inns Destination Centre Polo Park.

It was a celebration recognizing some of the outstanding athletes, coaches, volunteers and officials in Manitoba.

At the banquet, Volleyball Manitoba recognized all provincial champions from this past year, all-stars and MVP's, national medalists, the ageclass players of the year from each age category as well as the Cheryl Cable, Mark Tennant, Wezer Bridle Golden Whistle and Mary Jean England Coach Awards.

The evening was capped off with the Volleyball Manitoba Hall of Fame inductions, which included Andrew Zurawsky (athlete), Fred Kelesnik

(builder), Taras Ilkiw (builder) and the 1997-2000 River East Kodiaks girls' teams (team category).

Here are the major award winners: 2018 Volleyball Manitoba Age Class Players of the Year:

15U Girls Player of the Year Andi Almonte – SHOCK

15U Boys Player of the Year S i mon Hildebrandt - WinMan Krush

16U Girls Player of the Year Devon Borody - Cobras 16U,

16U Boys Player of the Year Justin Cross - 204 16U Gold

17U Girls Player of the Year Erika Vermette - Jr Bison

17U Boys Player of the Year Isaiah Olfert - Jr Wesmen

18U Girls Player of the Year Jayda Nault - Cobras 18U,

18U Boys Player of the Year Nigel Nielsen - WinMan Clutch

Mark Tennant and Cheryl Cable

Awards for the Junior (20U) Players of the Year:

Cheryl Cable Memorial Award Winner - Kearley Abbott, University of Manitoba

Mark Tennant Award Winner - Eric Loeppky, Trinity Western University Spartans

Mary Jean England Awards - Elite and Developmental Coach of the Year:

Developmental Coach of the Year -Lorriann Ludwig of the WinMan Titans 14U Boys

Elite Coach of the Year - Rob Olfert of the Jr Wesmen 17U Boys

Wezer Bridle Golden Whistle Award - Referee of the Year

Lindsey Barnett

Volleyball Manitoba Volunteers of the Year:

Catherine-Grace Peters - Chair of the 2017 Canada Games Beach Volleyball Event

Nikki Redekop Memorial Scholarship Recipients

Kelysian Warmington - Lord Selkirk **Royals**

Special Recognition Award

2017 Canada Games Indoor Women's Team - Gold Medalists

Canad Inns Teams of the Year

Anna Maidment & Erika Vermette -2017 16U Beach National Champions Ir. Bison 17U Gold - 2018 17U Na-

tional Champions Volleyball Manitoba also recognize

all 195 teams that competed in this year's provincial championships, as well as all those teams that competed in the Volleyball Canada Nationals in Edmonton.

In total, there were over 120 teams participating in the national championships from Manitoba, which included 864 teams across the country.

Midget Pirates in top spot in league play

Staff

The North Winnipeg Pirates' Midget "AAA" baseball team was a busy one last week.

And they were a fairly successful one, too.

The Pirates finished the week with a 3-2 record.

North Winnipeg started the week with a solid effort in a 5-2 win over the St. Jame A's.

the Elmwood Giants last Friday, losing 9-2 and 2-1, the Pirates rebounded to defeat Pembina Hills 11-3 and 10-8 on Saturday.

With those two wins on Saturday, North Winning vaulted into first place with a 9-4 record.

The Pirates are a half game ahead of the Carillon Sultans and a full game in front of St. James.

North Winnipeg played the Boni-After dropping a doubleheader to vital Black Sox in Winnipeg on Tuesday and then will visit the Winnipeg tre in West St. Paul. First pitch is 6:30 South Chiefs Thursday.

The Pirates will continue their busy schedule with a doubleheader Friday against Elmwood and then will host Carillon Saturday.

In the Bantam division, the Pirates have an impressive 13-2 record and were in second place, just a half game back of the Winnipeg South Chiefs.

North Winnipeg hosts Winnipeg South on Wednesday at Sunova Cenp.m.

The Pirates' PeeWee team, meanwhile, was 6-8 and in fifth place heading into this week's slate of games.

North Winnipeg will battle Bonivital Thursday (6:30 p.m.) at the Norwood Community Centre.

On Sunday, the Pirates will host Brandon in a doubleheader with games beginning at 1 p.m. and 4 p.m.

Thunder senior girls battling for a playoff spot

By Brian Bowman

It wasn't the way they wanted to win a football game, but the victory was a big one nonetheless.

The Interlake Thunder senior girls' football team saw its record improve to 2-3 after Transcona forfeited the victory last Thursday.

The official score was 30-0.

"We were looking to have a big rebound game against them but it's

unfortunate that they couldn't make it work," said Thunder head coach Mitch Obach. "I assume it was related to their player numbers but I don't exactly know why."

With the win, Interlake is now tied with the St. James Rods for fourth place and the final playoff spot in the seven-team league. Those two teams will hook up Thursday at 7:15 p.m. in Stonewall in the regular-season

finale between two evenly-matched teams.

Interlake has lost a couple of players for the season due to injury in recent games. But the girls are continuing to improve and they gave the Sunrise Coyotes a pretty good battle in a loss two weeks ago.

"We really felt good with how things were going on our end," Obach said. "And we were looking forward to carrying that over (against Transcona)."

Meanwhile, in junior girls' football action, the Thunder dropped an exciting 54-50 decision to the North Winnipeg Nomads last Thursday.

Interlake, currently in third place in the four-team league, will host North Winnipeg this Thursday at 6 p.m. to wrap up its regular season.

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JOIN THE POWER LINE **TECHNICIAN TRAINING** PROGRAM

Power Line Technicians build and maintain electrical transmission and distribution systems. This four-year apprenticeship program includes on-the-job training and 10 weeks of trade schools. Requirements: high school diploma, Mathematics 40S (Applied or Pre-Calculus), Physics 30S and English 40.

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Indigenous candidates who do not meet the qualifications can apply for a six month Indigenous Line Trades Pre-placement Training Program to receive training and academic upgrading to meet the requirements needed to apply for the Power Line Technician Training Program. Requirements: Proof of Indigenous Ancestry, high school diploma with at least one of the credits above.

Deadline: June 20, 2018

Apply online at hydro.mb.ca/careers 1-800-565-5200

Available in accessible formats upon request



METAL RECYCLING Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr . Stonewall Industrial Park. Inter lake Salvage & Recycling Inc. 204-467-9344

SCRAP METAL

Buving scrap metal. cars, tractors, combines, farm scrap, any metal material. anv farm machinerv Ph Lonnie at 204-886-3407 lve. message or cell at 204-861-2031.

PROPERTY FOR SALE

Developer sellout. 10 lakefront, 4 lakeview lots, street and hydro. Sand beach. V alued at \$542,000 - selling package for \$335,000. Must be sold! Sheldon. 204-371-5131. sheldon@canadian farmrealty.com

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Beautiful spacious 2 bedroom apartments available immediately in T ollak Apartments rent starting at \$918 + \$39 for parking, All utilities included in the rent. Please call 204-485-0246 for rental information.

Gramercy Park Apartments, 216 Reid A ve., Selkirk. 2 bedroom on 3r d fl oor available July 1st/18. Includes fridge, stove, dishwasher, A/C and balcony. Hydro and parking extra. Rent \$995/ mo. No pets/smoking. Ph. 204-481-1967.

Shared apartment accommodation. 2 bedroom apartment to share, available immediately. \$450/mo., utilities included. Park Plaza, 495 Main St. Ph.



Aterra Aggregates requires full and part-time **Class 1A and 3A End Dump Operators** for local work for the upcoming construction season.

Must be reliable and available to work long hours. Asphalt experience an asset.

Call 204-482-8888 or email info@aterra.ca



LORD SELKIRK SCHOOL DIVISION requires a

CONTRACT INDIGENOUS ELDER for Daerwood School

The Indigenous Elder will be dedicated to providing guidance and leadership to staff, students and community members. Other duties will consist of facilitating ceremonies and ensuring a culturally safe and inclusive workplace.

The Elder will be based at Daerwood School working approximately 5 hours per day once a month from September to June. Hours and day can be flexible.

> For additional details and to apply, please visit Employment Opportunities on our website at www.lssd.ca

The interest of all applicants is appreciated; however, only those selected for interviews will be contacted.

APARTMENT FOR RENT Bryant Park Apartments, 219 Main St., Selkirk. 2 bedr oom on 2nd and 3r d fl oor available July 1st/18. Includes fridge, stove, dishwasher, A/C and balcony. Hydro and parking extra. Rent \$995/mo. No pets/ smoking. Ph. 204-481-1967.

Upstairs apartment rental. Spacious 1 bedroom/1 bath. Rent \$1000 per month. Utilities extra (hvdr o. water, phone, cable). Included parking, security system, appliances (fridge, selfcleaning oven 30" stove, dishwasher AC, washer and dryer), and blinds on windows. Laminate har dwood fl oors. Kitchen. living r oom - open area concept. 1 year lease, no pets, nonsmoking, adults only Damage deposit \$500. Location 204 Clandeboye Ave. Selkirk, Mb. R1A 0X1. Ph. 204-785-3097.

HELP WANTED HOTLINE cook r eq'd. Seeking part time breakfast, lunch & dinner cook. Must have some kitchen experience. Call CRA VINGS **BESTAUBANT 204-**467-9078 or craving srestaurant@hotmail. com

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www.batteryman.ca

SUMMER EMPLOYMENT OPPORTUNITY

Maintenance Assistants in various facilities for various locations within the IERHA:

Locations: Arborg, Eriksdale, Fisher Branch, Lundar, Teulon, Selkirk & Stonewall Competition number: IERHA 716/18

Please refer to complete job posting in Careers at www.ierha.ca

Please apply on-line at www.ierha.ca or fax (204) 785-4736, stating competition number and location. Deadline for submissions is Tuesday, June 19, 2018 at 4:00 pm.



For sale: white kitchen appliances: Frigidair e 30" stove and Br oan range hood- 30", GE micr owave oven-1100 watts, Kelvinator Fridae - H-64", W-30", Frigidaire dishwasher - quiet clean. All in very good condition, asking \$500 for all or will sell individually

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UPCOMING EVENTS

Skinners Locks Market will be opening Sunday, June 10th and open every Sunday until Sept. 16 from 12 noon-5pm. Located in the lot next to Skinner's on River Road, Lockport. We are excited to welcome many of your favourite vendors & many new and unique products this season. Ample free parking and open rain or shine.

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefi ts humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water . Key compounds that work to stimulate red blood cell production & car tilage cell r egenera-

HEALTH

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First cut Alfalfa and Courtney Grass, small squares, and small square oat straw . Ph. 204-482-5101.



PUBLIC SERVICE ANNOUNCEMENT

Manitoba Angel Dresses is a not for profit organization in Manitoba who provide bereavement clothing for infants who do not survive. V olunteers transform bridal gowns into Angel items and ar e gifting them to grieving families at no cost. Please help we ar e curr ently in need of donations of embellishments, such as hearts, butterflies, ribbon and ribbon flowers and notions such as thr ead, lace, elastic, baby yar n in

pastel colours. If in doubt please ask us. Contact us at info@ manitobaangeldresses.com or Joan at 204-668-6003 or Diane at 204-635-2862 or see our wish list on Amazon at Manitoba Angel Dresses. Thank you.



Yard * Recreation Antiques * Furniture * Glassware * Household Estate of Jack Mulvena Wed June 27 4:00 PM Over 400 Oil Cans * 50 Signs * Farm Rustic Antiques * Go To Web! (204) 467-1858 or (204) 886-7027 w.mcsherryauction.com

\$2.500 Yearly Credit \$20,000 Lump Sum Refund The Disability Credit Service. Lowest rate in the industry. For reliable expert service CALL 204-453-5372 **RURAL MUNICIPALITY**

OF SPRINGFIELD UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE **OF PUBLIC HEARING**

UNDER THE AUTHORITY OF THE PLANNING ACT on the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any persons who wish to make them in respect to the following matter:

BY-LAW 18-09 "SPRINGFIELD DEVELOPMENT PLAN 2018"

Hearing Location: Dugald Community Club,

544 Holland Street in Dugald, Manitoba Thursday July 5, 2018 at 6:30 pm

The Development Plan is the official plan for the Rural Municipality of Springfield to manage land use and development as per Section 45 of the Planning Act. By-law 18-09 "SPRINGFIELD DEVELOPMENT PLAN 2018" replaces the existing Development Plan By-law 98-22 and all the amendments thereto with this new Development Plan.

All those lands within the Rural Municipality of Springfield

A copy of the above amendment and supporting material may be inspected by any person between the hours of 8:30 a.m. and 4:30 p.m. Monday to Friday at the Planning Office of the Rural Municipality of Springfield, located at Unit 1 - 27 055 Oakwood Road 64N, Oakbank, Manitoba and also on the Municipal Website at http://www.

Dated this 25th day of May, 2018 A.D.	Dan Doucet, C.E.T.,			
	Developme Phone	ent ffi er 444- 382 4	0	C

& walk-in pantry. Covered veranda Tripane windows & fir plywood construction and James Hardie siding. For more information visit wgiesbrechthomes.ca or 204-346-3231 **Meyers Auction** for the Estate of David Johnson 11 am Saturday June 23, 2018 Mountain Road, MB 2 miles West of Mountain Road, then 1 mile South - SIGNS & FLAGS POSTED AUCTION DAY. Case 970, 3PTH Leon 690 Loader * IHC 986, 3PTH Allied 580 White Field Boss 2-105, Dual Hyd, * Case IH 8465 Round Baler * New Holland 195 Manure Spreader, 410 BU * 1998 MacDon 5000 Mower Conditioner * Round Bale Feeders * Free Standing Corral Panels * Shop Tools * Household ANTIQUES & COLLECTABLES * Bradley Meyers

FARM EQUIP AUCTION 1584 saft. showhome **ABE & MARY BARKMAN** Only \$199 000 9 ft walls 3 bedroom,2.5 baths. Maple kitchen with island Saturday June 23rd 11:00 am Auction Arden, MB

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Riverton, MB North East 7 Miles on Hwy 8 Then North 3 Miles on Rd 234 Civic# 145030 Contact # (204) 378-2751 Combine & Tractors *JD 8820 Titan II w Rear Assist * JD 8440 4WD Triple Hyd. 1000 PTO * JD 6400 MFWA Cab P. Quad JD 640 FEL 3 PH 540/1000 * Int TD9 92 Series w 10' Dozer * Equip * Flexi Coil 400 40' Cult * JD 220 21' Tandem Disc * Ezee on 1225 12' Offset Disc * JD 1600 15' Press Drill GA * JD 100 16' Deep Tiller * 24" Steel Packer Westfield Auger * Summers 80 Sprayer * NH 276 Square Bale Helix 8' 3PH Snow Blower * Livestock Related *Real Ind. 16' Gooseneck Tandem Livestock Trailer * NH 358 Mix Mill * 25' Hav Trailer * JD QA Bale Fork * JD QA Manure Fork * More Equip * Fencing * Feeders * Farm Misc * Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027 www.mcsherrvauction.com Selkirk Record

Saturday June 16th 10:00 am Beausejour, MB 1 ½ Miles West on Hwy 215 Then North 1/3 Mile on Oak Hill Rd #70 Contact # (204) 268-3465 Equip 2016 Bobcat T650 Enclosed Cab Selectable Jovstick w Bucket, 190 Hours * Fordson Major Dsl PS * JCB 530B Dsl 8000LB Telehandler 2224 Hrs * Genie Z-34/22 * Skid Steer Attach * Trailer *96 Interstate 16' Enclosed BH Tandem * 13' B H Tandem Flat Deck Trailer * Tools * Air Comp * Husg Power Cut Off Saw * Air Nailers * Power, Air & Hand Tools * Shop Supply Misc * 20' Truck Box (Storage Shed) * 16' Work Platform w Bails * Jobsite Service * Jobsite Lighting * Safety Harness * Ladders * Material * Doors * Windows * New Elec Boiler * Air Nails * Cases Nails & Screws * Fence Posts 12" x 16' I Beam * Insulation Guns * More Items Than Listed! Go To Web! Stuart McSherry Stonewall, Manitoha (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

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Rural Municipality of St. Andrews ST. ANDREWS FIRE DEPARTMENT



VOLUNTEER FIRE FIGHTERS AND EMERGENCY MEDICAL **RESPONDERS (EMR)**

The Matlock and Clandeboye Fire Halls are currently accepting applications for Volunteer Fire Fighters and Emergency Medical Responders (EMR) and the St. Andrews Fire Hall is accepting applications for just Volunteer Fire Fighters.

APPLICANTS:

- Must be 18 years of age or older
- Must be medically and physically fit for Fire Fighting duties; a Doctor's Certificate shall be provided
- Must be able to obtain a Class 4 Drivers License with "Air Brake Endorsement" Must be able to obtain Level 1 Fire Fighting Certificate
- Must have or be able to obtain CPR and First Aid
- Must be able to provide drivers license abstract, criminal record check and child abuse registry form
- EMR Applicants must have approved EMR course or be able to obtain EMR certificate and licensure with Manitoba Health

Rate of pay is on a per call basis, once training and hiring are complete.

Please e-mail resumés to the appropriate fire chief:

Matlock Fire Hall - Chief Justin Anniuk - matlock1@mts net Clandeboye Fire Hall - Chief Ed Paskaruk - clanfire@mymts.net St. Andrews Fire Hall - Acting Chief Joe Carreiro - safdchief@shaw.ca

We would like to thank all who apply but only those selected for an interview will be further notified.

Ken Peacock St. Andrews District Fire Chief R.M. of St. Andrews E-mail: districtchief@rmofstandrews.com



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ANNOUNCEMENT



Stephen and Cecilia Moldwon Happy 60th Anniversary June 14, 2018 Congratulations! -Love, your family

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FOR EVERYTHING YOU

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ANNOUNCEMENT ANNVERSARY



Wayne and Corrine Waller Happy 25th Wedding Anniversary June 19, 2018 We invite family and friends to a Come and Go Celebration at The Selkirk Army and Navy, June 23, 2018 starting at 7 p.m. Live music by "Sonny and The Hurricanes", silent auction and more. Hope to see you there. -Love always your family, we love you guys

Estimate sheets

Memo pads

Post cards Presentation Folders

Posters

Social tickets

Door hangers

Letterhead

Envelopes

Invoices



ANNOUNCEMENT

Helen Hiebert 85 years young If you see this wonderful lady on June 17 wish her a Happy Birthday! -Love your family

ANNOUNCEMENT IN MEMORIAM

Virginia Drialich June 15, 2017 It has been one year since you left us Remembering you is easy, We do it every day; Missing you is the heartache, That never goes away. You are missed and loved each and every day You were so special You meant more to us than words can ever say -Love Debbie and Wayne,

-Love Debbie and Wayne, Terri and Troy, Celina, Tristan, Wayne, and Jessica



ANNOUNCEMENT

IN MEMORIAM

Drialich, Virginia I thought of you with love today, But that is nothing new; I thought about you yesterday, And days before that too. I think of you in silence, I often speak your name; All I have are memories, And a picture in a frame. Your memory is a keepsake, With which I'll never part; God has you in His keeping, I have you in my heart. -Author unknown

Love always and forever -Lawrence

Drialich, Virginia

It has been one year and you ar e still missed by all.

The birthdays, holidays, and get togethers will never be the same.

They are missing the ray of sunshine you use to bring to the room

With your smile and laugh that would make a bad day a good one. We cherish the memories we have with you

and celebrate

The good times as if you're here with us. Not a day goes by that you ar en't thought of, love you always and forever.

-Allan, Marisa, Megan, Harley and Rick





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Announcements



OBITUARY

James Wilfred Want February 5, 1931 – June 6, 2018

Suddenly on June 6, 2018, Jim Want passed away from natural causes at his home in Petersfield, Manitoba.

He is survived by his loving wife of 66 years Helen; three sons, Jim (Monica), Bob (Michele), Tom (Wanda) as well as nine grandchildren, Chris, Laura, Derek, Adam, Brandon, Sara, Daniel, Luke and Nathan. Jim was predeceased by his parents, William and Violet Want; sister Thelma Drudge and brother Fred Want.

Jim was born and raised in Selkirk and then they retired in Petersfield.

Jim started work as a mechanic at Collison's Garage, steel worker at Manitoba Rolling Mills, volunteer fire fighter with the Selkirk Fire Department, school bus driver, owner and operator of Want's Mini Motors, ice maker at Selkirk Curling Club and later Petersfield

Curling Club.

Jim enjoyed his years as a fire fighter and was an avid hunter and also involved in numerous curling activities. He was committed to the Petersfield community and just recently received a Volunteer Award from the R.M. of St. Andrews.

Cremation has taken place. In keeping with Jim's wishes there will be no funeral service. Condolences, pictures and videos may be left on Jim's tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.





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