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RECORD PHOTO BY KATELYN BOULANGER

Last week, starting at the waterfront, the Alzheimer Society hosted its annual IG Wealth Management Walk for Alzheimer's. Residents from our community filled the waterfront with blue making it clear that Selkirk and the surrounding area support our residents with dementia. See more photos inside.



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Commemorative Urban Garden and Environmental Outdoor Learning Space at Robert Smith School

Space honours educators Danielle Moore and Cathy Holmes

By Katelyn Boulanger

Robert Smith School celebrated the opening of its Commemorative Urban Garden and Environmental Outdoor Learning Space with a gathering and year-end feast earlier this month.

The space will give students a place to learn more about things that grow while also providing an alternative classroom on those days when the weather cooperates.

"This garden is more than just a physical space. It is a living tribute, a place of learning, reflection and growth that will serve generations of students and community members," said Robert Smith School Principal Kim LeMoine at the grand opening

She thanked the many people who were able to make this project a real-

"Your collaborative spirit exemplifies the true meaning of community. As our students took their seats, they added their personalized rocks to our garden so that they are forever a part of it And as new students join our school, they too will add their rocks

to acknowledge the connection. This garden is dedicated to the memory of those we have lost — Danielle Moore, Cathy Holmes and others whose legacies continue to inspire us. Their spirit and values are woven into the fabric of our school and it is only fitting that we honour them with a space that promotes learning and growth. As we sit in this garden, let us remember their contributions and let their stories inspire our own journey," said Lemoine.

Marlena Muir then came to the circle to welcome everyone with an Indigenous drum performance. She performed the welcoming song to welcome our grandmothers and grandfathers into the space and then the wolf song for the students.

After Muir's performance, grade five/six teacher Kim Cooke came to the podium to discuss how this project came to be.

"It starts with Danielle Moore. Danielle had been dating my nephew for about five years, and she was part of

Continued on page 3



RECORD PHOTO BY KATELYN BOULANGER

The ribbon cutting of Robert Smith School's Commemorative Urban Garden and **Environmental Outdoor Learning Space.**



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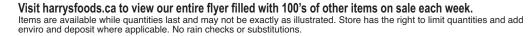






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> OUTDOOR CLASSROOM AT RSS, FROM PG. 2

our Manitoba family. She was loved by all of us. Danielle loved the environment, the outdoors and green spaces. She was an advocate for Indigenous education, Indigenous acknowledgement and an advocate for Indigenous culture. Danielle graduated from marine biology at Dalhousie University, studied ocean science, was a research assistant, and was part of Ocean Bridge. Danielle wanted to become a teacher, and she taught coding with Canada Learning Code. One of the schools to which she first taught coding was ours, Robert Smith School," said Cooke.

The students loved Moore's class and Moore continued to excel being selected with other youth and leaders from around the world to discuss global environmental issues at the United Nations Environment Assembly in Nairobi, Kenya in 2019. Unfortunately on March 10, 2019, the plane taking her to Kenya crashed and all 157 passengers died. Moore was 24

vears old.

Because of Moore's connection to the school, her parents reached out to Robert Smith School wanting to offer funds to create a project in Moore's honour.

"That's how Danielle's commemoration garden began. Donations from Danielle's family started and supported our journey," said Cooke.
The ball kept rolling with Cooke's

nephews contributing as well as support from the school division and the school's parent council. Additionally, the school with the help of the Selkirk Friendship Centre's Daycare program, became eligible and received a grant from Transport Canada commemorating the passengers of Ethiopian Airlines Flight 302.

Four students then came up to read a piece created by the grade five/six class which spoke about what the outdoor classroom meant to them. In their writing, they spoke about the

Continued on page 4



RECORD PHOTO BY KATELYN BOULANGER

Students speaking about what the new Robert Smith School Outdor Classroom will mean for their education.



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RECORD PHOTO BY KATELYN BOULANGER

Students and community members celebrating the new outdoor classroom and thanking the people who generously donated to this project.

> OUTDOOR CLASSROOM AT RSS, FROM PG. 3

benefits of a relaxing learning environment and the advantages that they will gain from learning about nature while outside.

The school's grade five/six ukulele club then performed a song that Moore had written.

Moore's mother next came to the podium to talk about her daughter.

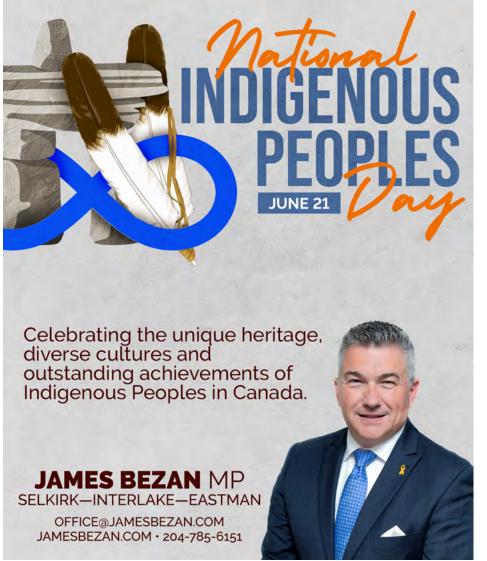
Attention was then brought to the apple trees in the new space which had been donated in honour of Ms. Cathy Holmes, a Learning Support

Teacher, at Robert Smith School.

Elder Jeannie White Bird took to the podium bringing Indigenous teachings to the gathering and acknowledging Moore.

The ribbon was cut and the Commemorative Urban Garden and Environmental Outdoor Learning Space was officially opened.

The grade five/six ukulele club wrapped up the event with a rendition of See You Again by Wiz Khalifa.







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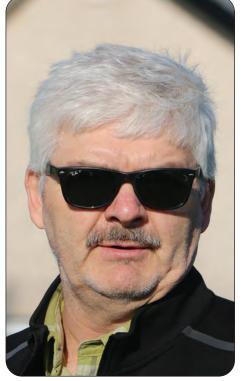
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Our local Habitat for Humanity chapter is celebrating a big accomplishment this year by building their tenth home in our community. The build has already begun with the construction equipment hard at work and the family, as well as Habitat for Humanity volunteers, and our community's leadership celebrating the official sod turning last week. To learn more about Habitat for Humanity, to donate or to connect with our local group check out https://www.habitat.mb.ca/chapters/ selkirk/.









Selkirk Pride event to take place this weekend at Selkirk Waterfront

Everyone wanting to safely celebrate 2SLGBTQ+ inclusion in our community is welcome

By Katelyn Boulanger

Residents in Selkirk will have a chance to attend the city's second annual pride event this weekend at the Selkirk Waterfront.

"Throughout the entirety of the event there will be a handmade market where different makers [will have wares including] jewelry, food, crafting, and art will be set up there and that will take place throughout. There's also going to be drag performances taking place from 4:30 until 6 p.m.," said Coral Kendel, executive director for Survivor's Hope and one of the people organizing this event.

Though she says that the drag lineup is not finalized as of press time, people won't want to miss out.

"Otherwise, there's going to be opening remarks, there'll be some queer trivia, there's going to be a queer library where folks are welcome to bring books to leave for others, or take books that are there and expand their knowledge. They'll also be just some goodies, things like temporary

tattoos, stickers and fun things like chalk. There will also be a calming colouring station, if someone wants to take a moment to get away from some of the excitement because there's also, of course, going to be music at the other opportunities. It's a really friendly come-and-go event. As folks want to, [they can] come through and explore and see what there is to offer," said Kendel.

The event is being hosted by a group of community organizations which include the Manitoba Harm Reduction Network and Survivor's Hope and has been spearheaded by the Do It Better, Do It Safer Committee. Selkirk Pride will take place at the Selkirk Waterfront on June 23 from 3 to 7 p.m.

Kendel explained that it's very important to host events like this in communities and especially more rural communities like ours where the visibility of our queer community members isn't as prominent.

"There's a lot of progress still to be



METRO

Selkirk Pride will take place on June 23 at the Selkirk Waterfront.

made with the attitudes and values [and the] beliefs that can exist that create unsafe spaces for our community members and perpetuate hatred and discrimination that is not inclusive. We were really intentional with planning this event to hold it in a largely visible space to make sure people know this is occurring, and that there is this place where folks can come and feel seen and feel heard and be valued and loved for their wonderful queerness," said Kendel.

This is the city's second Selkirk Pride event as last year a smaller celebration was held in Selkirk Park. With the success of that event and a good many residents heading out in their colourful attire, a larger celebration was planned for this year. The Manitoba Pride Alliance helped to make this vision a reality with a grant which is supporting the event.

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This is a pride event celebrating our 2SLGBTQ+ community but you don't have to be part of the community in order to attend the event.

"Anyone and everyone who is going to help us create an inclusive and fun environment that recognizes the value of pride as a protest for human rights and love for all is welcome to attend. Anyone of all ages and genders," said Kendel.

Ways that residents can help spread the word about this event in our community are visiting the Selkirk Pride event page on Facebook and sharing that they are attending. They can also let their social circles know that this is an event that's taking place in our community.

If you want to support the 2SLG-BTQ+ community in our area, Kendel invited residents to attend this event and even if they can't make it, to uphold the values of inclusion in our community.

"[Look into] the history of pride, why is pride still important, why do we need pride, and how this is still a work in progress to see our queer loved ones, friends and family getting all the same rights as everyone else. Spend that time educating yourself and being safe individuals for those in your life," said Kendel.

She encourages residents who want to attend this event and who are going to keep it an inclusive, fun and safe space to stop by.

"We'd love to have you. It's going to be a great time. Bring your friends and family, bring some money to support our local vendors and, of course, wear weather-appropriate clothing otherwise," she said.



SALP's 2024 Community Writing Contest Winners announced

Tanis Daly and Andrew Marsh take home top prizes

By Katelyn Boulanger

The Selkirk Adult Learning Program's (SALP) annual Community Writing Contest featured some fierce competition this year. With the top spots being taken by such wonderful submissions, it would have been difficult to choose the winners, but in the end, Tanis Daly and Andrew Marsh took home the top spots for

The SALP Community Writing contest is celebrating its fifth year in our community. It is an annual writing contest that promotes adult literacy and entry options are wide open. From non-fiction, to fiction, to poetry this contest has it all.

The Selkirk Record caught up with this year's winners to discuss their work and their futures in writing.

Tanis Daly

Daly took home the top prize in the Community Members Category for her fiction piece Big, which features two brothers, the younger of which is frustrated by what he can't do because he isn't big yet.

"Anyone that has children probably can relate to this one, I feel like it brings in for me, at the starting point of the story, is the realization that everything is relative," said Daly.

She explained that something that may seem small to us now like a tower of blocks being knocked over is a big deal to a little kid because their perspective of what is a crisis is dif-

"It may seem minor when you look at it, but from their perspective, it's a bigger deal. The older brother sees that and the other thing that comes into play with the story is, as any kid, they get frustrated. They wish they were bigger. They wish they were older. They wish they could do what others are allowed to do or can do,"

She said that the inspiration for the story came from her own two chil-

dren. She has a son and daughter and though they were close in age, learning to deal with frustrations is something that all children go through.

She was also inspired by her daughter to enter the writing contest. Daly said that she'd been writing privately and her daughter told her about the contest and was the catalyst for her choosing to enter Big into the compe-

Daly said that she was stunned when she found out that she had won the writing contest's Community Members Category.

"I was really totally, totally shocked when came down to [the last name announced]. It was a very pleasant surprise. It definitely made my day for sure," she said.

Daly writes not for professional reasons but as a creative pursuit and she invites others to give it a try if it's something that they think might be interesting.

"When you have an idea, just write it down," she said.

"If it's something that you'd like to do anyway, then yeah, just write. It makes it makes you happy and is something positive to focus on.'

She also encourages residents who may be interested in future Community Writing Contests to give it a shot.

"Give it a try. It'll make you feel good. It'll exercise your brain. If you like writing, it's a fun thing to give you joy to do," said Daly.

Andrew Marsh

Andrew Marsh was the top winner in the Adult Learner Category for his poetry piece *Through the Petals*.

Though this piece is poetry, it's a depiction of Marsh's actual experiences

"It correlates feelings of grief and loss from a perspective that another person almost may not be able to understand. The reason I say that is it's



RECORD PHOTO BY BRETT MITCHELL

Tanis Daly won the Community Member category of the writing contest. Left to right - Representative from Selkirk Legion Veteran, Andy Anderson, Daly, from Gerdau Kendra Zacharkiw and representative from the Knights of Columbus Mike

based on a real event that happened in my life. I was diagnosed with cancer in early 2022 and at the time it was during COVID, [this poem speaks to] everything that was happening," said

Marsh has luckily been two years without any signs of recurrence of cancer but at that time his journey was uncertain.

"I was stuck in bed one day, and I had roses across the room from me. I can't recall anymore who gave them to me, but I was watching them wilt over time and it felt like something I could connect to at the moment," he

Marsh says that his writing journey started when he was very young. His grandmother, Sharron Marsh was his initial inspiration as a former elementary school teacher. From there he continued to write through a writing club at his elementary school and then as a student at the Comp, he took a creative writing class and fell in love

Continued on page 9



The SCRC is now accepting applications for 2024-2025 **SMALL GRANT FUND**

Local groups may apply for up to \$2,500 for projects that address the goals of the community plan. We will be accepting and reviewing applications monthly starting August 2nd however, Grant monies must be spent by January 31, 2025 and projects must be completed by March 31, 2025. Priority will be given to first-time applicants. Please note that we are accepting applications for any projects that have taken place starting April 1, 2024 as well.

Applications available online at www. selkirkcrc.ca by email scrc@selkirkcrc.ca or call Ashley Henry at 204-485-3602 for more information.



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SECTION DE LA CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

Selkirk's Canada Day celebrates community, arts, culture

Full list of events on the city's website

Submitted by the City of Selkirk

The Waterfront will be the place to be on July 1 when the City of Selkirk and Access Credit Union present the annual Canada Day event.

Ellie Longbottom, Selkirk's Culture Coordinator, says the day offers something for everyone and is sure to once again draw a crowd from near and far.

The daytime will be filled with fun – a Makers Market by Bud & Bloom for shoppers, and a Kids Zone, both of which start at 4 p.m.

"Canada Day at the Waterfront is an event that people look forward to every year," Longbottom said.

"Some people just enjoy grabbing a bite to eat and wandering around by the waterfront on a nice summer day and others park their lawn chairs and listen to the great bands and performers on the stage. Shoppers love the market and, of course, there are the fireworks, which are always a big hit."

The city is also partnering with United for Literacy to offer a Tales & Trails walk featuring the book Rock Your Mocs by Laurel Goodluck and Madelyn Goodnight. It will be set up by the Selkirk Park Pool and runs from noon to 8 p.m.

"The goal of Tales & Trails is to build children's interest in reading while encouraging a healthy outdoor activity that everyone can enjoy," says Sandra Ross, Community Coordinator with United for Literacy.

"It's an innovative and exciting way for children and adults to enjoy reading and the outdoors at the same time.'

The Kids Zone might be a misnomer because it's really for folks of all ages. The zone features Glitter Bug glitter tattoos and Kurrent Motion Hoop Jam which will have hips swirling kids, moms, dads, and grandparents



RECORD PHOTO SUBMITTED

The Waterfront will be the place to be this Canada Day.

are encouraged to give it a spin.

The City of Selkirk Block Party Trailer will be on-site with fun and games for families to enjoy.

The city is partnering with the Manitoba Métis Federation to present five acts - The Breeze and The Métis Man in Black, Kinew Métis Youth Council Dancers, Norman Chief Memorial Dancers, and United Thunder.

All acts are on the Waterfront Stage and the first performer kicks it all off at 4 p.m.

The City of Selkirk presents Orvis & His Higher Guns with their brand of country music with features covers of everyone from Alan Jackson to Dwight Yoakam and Hank Williams. Next up will be Sheena Rattai, a Winnipeg-based folk/roots/pop artist.,

Other performers include ZRADA, who put their unique spin on Ukrai-

nian folk music and closing out the night will be Men in Cheap Suits, a sensational R&B Funk Band.

After Men in Cheap Suits, the best fireworks display in the Interlake will begin at 11 p.m.

Getting to the waterfront will be easy with Selkirk Transit offering free service every half hour starting at 5 p.m. and ending after the fireworks. Route information can be found at MySTA.ca.

Walking or riding your bike on one of the city's Active Transportation pathways is also encouraged so you can help the planet and won't have to look for a parking spot. Your bike can be locked up securely at one of the many bike racks on Eveline Street or Manitoba Avenue.

For full event details, visit MySelkirk.ca/CanadaDay.

> CONTACT US

By phone: 204-785-1618 fax: 204-467-2679

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The Selkirk Record welcomes submissions to Letters to the Editor. Letters or call our office at 204-785-1618 can be emailed to news@selkirkrecord.ca or dropped off at our office.

Letters must include the name and mailing address of the writer.

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Program gives used eyeglasses and hearing aids a second home

> SALP WRITING CONTEST, FROM PG. 7

with writing.

Marsh is now an adult learner taking a pre-calculus course as he's upgrading his education as part of a plan to pursue nursing studies in the future. His current teacher brought up the writing contest and Marsh decided to give it a go

"When I heard about it, I figured this would be a really fun thing to try out and to be honest, a nice little distraction away from math for a bit," said Marsh.

He says that he was excited to learn about his winning the Adult Learner category of the writing contest.

"I wasn't expecting to win at all. But I was quite proud of it," he said. As someone who has been writing creatively for quite a while his ad-

vice to people wanting to take up the

hobby is to not overthink it.

"When you write, you tend to go down all these different pathways. You want to plot your beginning, your middle and your end. It's good to have ideas of what you want to do but don't concrete things in so hard that you lose your creative freedom in the process," said Marsh.

He also encourages other learners and community members to consider this writing contest in future

"The writing contest is a great way to bring the community together," said Marsh.

To read Big and Through The Petals visit the SALP website at https:// selkirkadultlearning.wixsite.com/



RECORD PHOTO BY BRETT MITCHELL

Andrew Marsh (centre) receiving the Adult Learner Category win with Lorraine Hanson of the Selkirk Rotary Club (left) and Gerdau representative Kendra Zacharkiw



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Lions connect medical devices to new owners

By Kaitlin Vitt

If you have used eyeglasses or hearing aids you no longer require, the Lions Club recycling program will find a new owner in need of these medical devices.

Used eyeglasses can be dropped off at Anderson Family Vision Care (353 Main Street), Clarity Vision Centre (415 Main Street), Walmart (1016 Manitoba Avenue) or the drop box at the Lions Manor building (316 Christie Avenue). Sunglasses are not a part of the program in Canada at this time but may be in the future. Hearing aids can be dropped off at Lions Manor.

Selkirk and District Lions Club members sort through the eyeglasses, package them and take them to the Lions Foundation of Manitoba and Northwest Ontario, which sends them to the Canadian Lions Eyeglass Recycling Centre. The centre then connects the glasses to the new owners.

People who are in need of hearing aids or eyeglasses but cannot afford them can contact the Lions Club, which will help them get set up to receive a pair through the recycling

Earlier in June, Nandeen Satheesh, president of the Selkirk and District Lions Club, said club members sorted through more than 300 pairs of eyeglasses that were collected.

"Usually you're looking at \$500 or \$600 to spend for eyeglasses every two years," said Satheesh. "People can't afford it. That's where [the recycling program] comes in handy."

Hearing aids are also expensive and can cost thousands of dollars.

The company Amplifon is a partner in the recycling program and refurbishes and reprograms the donated hearing aids.

Those who cannot afford to purchase hearing aids or eyeglasses or who have questions about the recycling program can contact the Selkirk and District Lions Club by email at selkirklionsclub@gmail.com or on Facebook at facebook.com/selkirklions.

Lions Clubs have chapters internationally and offer support in the community "to improve health and wellbeing, strengthen communities and support those in need through humanitarian service and grants that impact lives globally, and encourage peace and international understanding," as the Lions Club website states.



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Walking to support residents with dementia















RECORD PHOTOS BY KATELYN BOULANGER

The Alzheimer Society held its local annual IG Wealth Management Walk for Alzheimer's last week in Selkirk. The event was well attended with residents walking for family members and friends in our community, and showing that they support a community that is inclusive of the needs of those with dementia. Local businesses even got in on the fun with Aaron's No Frills and The Water Shop sponsoring portions of the event.















Park Dairies focuses on quality care

By Jennifer McFee

A fourth-generation dairy farm is mooo-ving towards the future with a new barn equipped with the latest technology.

Located in the Lake Francis area. Park Dairies lost its barn and its entire herd of 60 milking cows in a barn fire last March.

A year later, the Park family moved their new herd into a new barn that features some automated features.

Cody Park farms alongside his dad Larry, whose grandparents Jonathan and Agnes Park started the farm in 1922 with about 10 cows. At that time, the dairy farm was located about six miles from its current location. They milked by hand and hauled the milk with horses to Lake Francis.

When the farm transitioned to the second generation of ownership, Larry's dad Harry and mom May took over, along with his dad's brother Walter.

In 1952, the family moved to the current farm, which is located right beside the railway track and only about 1.6 kilometres from Lake Francis.

"Outside our driveway was a water tower where the train had to stop and fill up with water, so all we had to do was carry the cans of milk out to the train," Larry recalled.

"That's one of the reasons why we moved to this place where we are now, which was already a dairy farm before."

They continued milking about a dozen cows by hand. A couple years after they moved to the new location, they got electricity at their property.

In 1981, Larry took over his dad's half of the farm and continued farming with his wife Wilma and Uncle Walter. Nine years later, he took over his uncle's half of the farm.

Today, Larry continues to farm with his son Cody, whose wife Vanessa helps out when she can. Cody and Vanessa have three children — sevenyear-old Theo, five-year-old Adaline and two-year-old Emily — so the future looks bright for the fifth generation. Over the years, their herd has grown to about 60 milking cows.

"Eventually, the plan will be for me to take over," Cody said. "With my



Larry checking the monitors as robots milk the cows.

family, we'll all end up farming together."

For now, the father-son duo is still adjusting to their new barn and new animals. The new barn features a robot to milk the cows. The robot is also equipped with a tool that monitors somatic cell, which allows the Parks to monitor udder health on a day-today basis to help ensure milk quality. The barn is enhanced further with an automated feed pusher and a drive-

Continued on page 12



RECORD PHOTOS BY JO-ANNE PROCTER

Father-son duo Larry Park. (left) and Cody Park operate Park Dairies together south of Lake Francis.



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> PARK DAIRIES, FROM PG. 11

through feed alley.

"In the old barn, we did all the milking ourselves. There was quite a bit of labour involved in milking cows and feeding. So we went automated and to a free-stall barn to help with the labour factor and giving a person a little more flexibility in their day-to-day life," Cody said.

"Another piece of technology we put in the barn is called a behaviour analysis. It goes on the cow's ear and monitors the overall health of the herd by measuring individual cow activity, eating and rumination, which allows us to see a sick animal sooner and shows a cow's heat cycle. It's been a big learning curve to learn the technology, but it's been good. Right now, we're still trying to learn everything and learn our new herd."

Cody gives a shout out to everyone who helped their family while they were dealing with the tragedy of the barn fire last year. In particular, he expressed gratitude to Chris Roulin at Lifewind Holsteins, as well as Derick Olson and family at Lake Francis Holsteins

"They took our cows in when they

were calving and had a place for them to milk until we got going again. I just want to give a huge thanks to them," he said. "There's not enough thanks in the world for taking care of our animals. It's all appreciated."

Throughout the past century, and all the changes it brought, the Park family continues to enjoy life on their dairy farm.

"Milking cows has stayed in the family. I've always liked working with livestock. Our cows are Ayrshire, which is a different breed than most dairy farms. Our family has had them for quite a long time," Larry said.

"I like being my own boss and setting my own hours. But probably the best thing about dairy farming for me is working with livestock."

Like his dad, Cody enjoys being his own boss and the variety of work. But, most of all, he enjoys interacting with the animals.

"For me, sometimes I'd rather work with cows than people," he said with a laugh. "We treat them like our own family. Here, they're not just a number. They each have a registered

1743

RECORD PHOTO BY JO-ANNE PROCTER Osta, one of the first calves born in Park's new dairy barn.

name. When the barn burned, we made a plaque with the names of all the cows that perished in the fire. You wouldn't do that if you didn't care for your animals."

Looking ahead, the new barns are designed with cow comfort in mind.

Continued on page 13









RECORD PHOTO BY JO-ANNE PROCTER

Cows are fed in the new drive through feed alley.

> PARK DAIRIES, FROM PG. 12

"I can't stress enough how much care we give these animals. I think the cows nowadays get treated better than a lot of people out there. They have their own nutritionist. We look after them day to day. I think sometimes people can't understand how much care is given to these animals," Cody said.

"With 60 cows, you still get that one-on-one connection with every animal. My kids are in the barn, playing around and helping with feeding calves. They're going to be growing up with these animals. I grew up with these animals.

Dad grew up with these animals. They are part of our own family. The quality of care we put into these animals makes a quality product."



Celebrating Chief Peguis



RECORD PHOTO SUBMITTED

Our local leaders gathered at Old Stone Church (St. Peter's Dynevor), the resting place of Chief Peguis, to celebrate Chief Peguis Day. This event was hosted by Peguis First Nation. Chief Peguis was a historic local leader in our area credited with helping the Selkirk Settlers when they first arrived in the region and one of the signers of a treaty with Lord Selkirk.





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SOLD | 73088 34 Road E, Brokenhead a 20.43 acre treed lot in Brokenhead is this 1,822 SF, 3 bedroom, 2.5 bathroom home attached garage for your tools and toys! Under 10 minutes to Beausejour and 20 minutes to the Perimeter Highway for all amenities.



SOLD | 167 Calder Road, St Andrews - \$439,900 lot in St Andrews is this 1,318 SF, 4 bedroom, 3 bathroom bungalow featuring neutral tones and ample natural light throughout. Enjoy a double attached and a bonus double detached garage







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Lighting options to brighten your yard!



There are endless options when it comes to outdoor lighting. Halogen or LED? Electric or solar? Here are a few ideas to help you make the right choice.

Bulbs

Each type of bulb has its advantages. LED bulbs are renowned for their durability. Plus, you'll end up saving on replacement costs. They also consume up to 75 per cent less electricity than halogen bulbs. However, halogen bulbs give off more heat, which can melt the snow around your trees in winter and save you some time and effort shovelling.

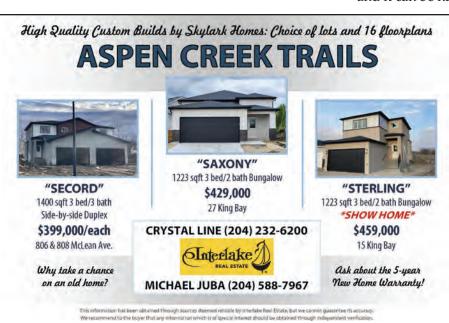
One big question remains: is it better to opt for lights that run on electricity or solar energy? Here's a quick comparison:

Electric lights are affordable and reliable. However, they require more equipment, and it can be hard to hide the cables.



Solar lights are practical, removable and low maintenance. However, the light's intensity is weak and limited to the amount of sunlight the fixture receives during the day.

You'll also need to consider the characteristics of your yard, the slope and the visual effect you want to achieve. Not sure which product to choose? Talk to a landscaping professional for enlightenment.





Your Local Community

Home Real Estate Section

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3 key criteria for buying THE perfect garden shed



A garden shed is essential for storing all your outdoor equipment. Are you ready to find the ideal garden shed for your yard? Here are some key factors to consider to make the best choice:

- Size. Carefully assess your spatial requirements. Your garden shed must be big enough for your needs, especially if you don't have a garage and need somewhere to store your bikes, lawnmower, patio furniture, wheelbarrow and pool accesso-
- Material. Garden sheds are available in various materials and at different price ranges. The most popular materials are resin (vinyl, plastic

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and polyethylene), wood and galvanized metal (steel and aluminum). Each material has its advantages and disadvantages. Talk to a specialist retailer who can provide recommendations and help you choose a suitable shed.

Style. Do you want a garden shed that blends in with your decor? Do you prefer one that's stylish or looks like a miniature version of your home? Not sure if you like a gable or mansard roof? Review all the options to find a garden shed that won't clash with your property.

Before you buy and install your garden shed, ensure it meets your local building regulations, particularly in size, appearance and location. You may need a permit. Happy shopping!





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Day Pass Adult \$15 Child/Senior \$10

Weekend Pass Adult \$25 Child/Senior \$15 Family 2 Day \$60

*Child ages 5-12yrs *Senior ages 65yrs+















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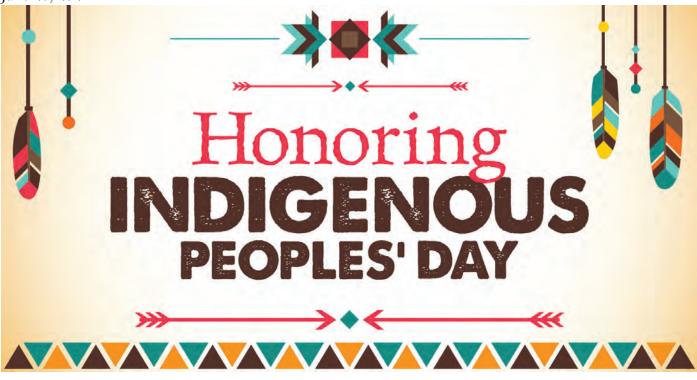
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Celebrate Indigenous Peoples

ational Indigenous Peoples Day has been celebrated annually in Canada since 1996.

The Canadian celebration is meant to honor First Nations, Inuit, Métis, and other Indigenous cultures across



the country. It occurs on the summer solstice, which is a day with spiritual significance for many Indigenous communities, according to Smithsonian. The contributions of Indigenous peoples in Canada can be celebrated in many different ways.

Listen to music

Listen to music by Indigenous artists at home or while traveling. This is one way for individuals to connect with their own cultures, or for those outside of them to enjoy these creative works. Musician Tom Jackson, who is Métis, entertained audiences across Canada at festivals and coffee houses in the 1960s and 1970s and used his music as a platform for social activism. In Selkirk there will be a celebration in the park with Music, food, entertainment and culture.

Learn and grow

Visit a nearby local museum such as The Winnipeg Art Gallery- Qaumajug , Manitoba Museum or Lower Fort Garry National Historic Site. The Canadian Museum of History offers a First Peoples Hall that celebrates the creativity, reposefulness and endurance of Indigenous people through displays of thousands of historical and contemporary objects.

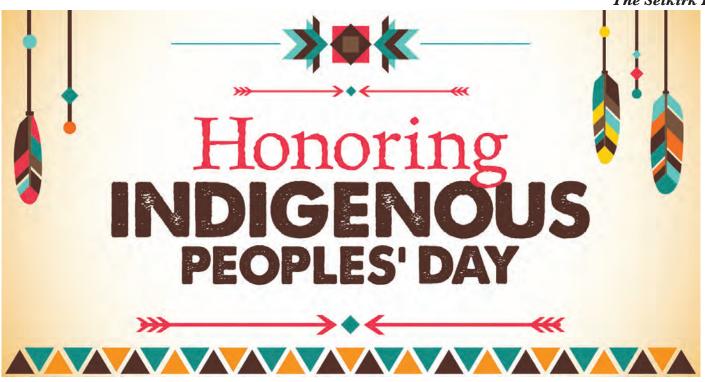


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Read a book

Delve into the pages of a book written by an Indigenous author. Tom Highway is Cree and worked as a social worker in indigenous communities. He began his writing career as a playwright, but also authored novels, children's books and songs. His works speak bluntly about the tragedies endured by Indigenous peoples. Another great book to read is The Scout Tommy Prince by David A. Robinson.

Purchase handmade decor

Many Indigenous artists make livings selling their wares, both in person or on sites like Etsy. Locally pieces can be purchased at The Forks and The Village at Pine Ridge Hollow. These pieces can bring beauty and touches of culture to homes and workplaces.

Dine on good food

Seek out Indigenous restaurants to enjoy native cuisine. Bison long has been a significant resource for Indigenous peoples in Northern Canada. Enjoying bison burgers or a hearty bison stew can be a treat. Also try bannock, a biscuit-type bread that is a speciality of Indigenous cooks throughout North America.

Celebrating and honoring Indigenous peoples is easier than one may think. There are plenty of resources to expand your knowledge of various peoples and embrace their cultures.

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Recipe courtesy of the North Carolina **Sweetpotato Commission**

Servings: 12

- 11/2 cups (2 medium) sweetpotatoes
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 tablespoon chili powder
- 2 tablespoons olive oil
- 1 cup mango
- 1/2 green bell pepper
- 1/2 red bell pepper
- 1/2 cup purple onion
- 1 jalapeno

Mango Board

- 1/4 cup cilantro
- 1 tablespoon fresh-squeezed orange

Roasted Sweetpotato Mango Salsa

- 1 tablespoon fresh-squeezed lemon
- 1 tablespoon fresh-squeezed lime juice chips or crackers

Heat oven to 400 F.

Peel, rinse and cube sweetpotatoes 1/4 inch or smaller. Toss sweetpotatoes with salt, pepper, chili powder and olive oil.

Spread on baking sheet and roast 20

Peel and cube mango. Seed and cube bell peppers. Dice onion. Seed and dice jalapeno. Finely chop cilantro.

Once sweetpotatoes cool, mix with mango, peppers, onion and jalapeno. Cover with fresh-squeezed orange, lemon and lime juices.

Chill and serve with chips or crackers.

Mangonada

2 ounces fresh mango nectar

1/2 ounce lime juice

2 cups ice

1/2 ounce agave nectar

- 2 tablespoons Tajín Fruity Chamoy Hot Sauce, plus 2 ounces for garnish, divided
- 1 tablespoon Tajín Clásico Seasoning, for garnish
- 1 tamarind candy, for garnish (op-

Measure 1 cup mango cubes, mango nectar, lime juice, ice and agave nectar into blender cup. Blend until smooth.

In separate small dishes, add 1 ounce hot sauce and 1 ounce seasoning.

Dip rim of 14-ounce Collins glass into hot sauce then seasoning to coat. Drizzle remaining hot sauce along inside of glass.

In glass, pour 1 tablespoon chamoy sauce followed by blended Mangonada. Top with remaining fresh mango cubes and sprinkle with additional seasoning. Add tamarind candy to glass, if desired.

Expert patient here to help!



By Susie Schwartz

Today, let's talk about using our smarts. By 'smarts,' I mean that device that we carry around everywhere we go and don't wash nearly often enough—our smartphones.

My friend Kath has missed so many appointments because she doesn't have a calendar app on her phone. I can't imagine. I count on the alarms I set for each event – a day before, an hour before. It has saved me so many times from missing bloodwork appointments, routine follow-ups, and meetings with my dietician. (Let's be honest. We probably won't forget that appointment when we have an oozing boil in our armpit.) But the dietician?)

The funny thing about Kath is that she missed an appointment recently because she forgot, and the appointment was for her struggling memory. Good grief. I might have to take matters, steal her phone while she's watching a Man City game (One could juggle jello in front of her,

and she wouldn't lose focus on the game), and install a calendar for her! Even Don keeps telling me to 'get that woman a calendar!'

That's just one app that can be useful when you have health challenges. There are symptom-tracking apps, nutritional info apps, or whatever you might need. I just got a new insulin pump, and I now have an app on my phone that gives me my insulin and tells me my blood sugar! It's algorithmic and smarter than the average bear. (Diabetic? Me. It's smarter than me.)

Soon, there will probably be an app that surgically removes that pesky boil, too. Why don't we take full advantage of this?

Some of you might be thinking... I don't want to be tied to my phone. Sure, but aren't you already using it as your alarm? Your computer? (Think: emails and YouTube tutorials on how to use red wine to kill mould on your white walls. Wait. Maybe look that up yourself.) Your camera for all those videos of your dog doing backflips in a waistcoat while smoking a cigar so you can blow up your Instagram account with hilarity? Sure you are. You're already tied to your phone.

Why not better your health with your phone's smarts? Not all the details are as loud and obnoxious as that angry armpit.

Less health stress, yes?

Susie, a published author and musician, currently lives in the UK. Find her on Instagram @medicalmiss_stress and at www.lesshealthstress.com. If you like her writing, find more on her Substack page: The Quest For Less Health Stress

Tangy Chamoy Tropical Daiguiri

Total time: 15 minutes Servings: 2

To Rim Glass:

2 tablespoons Tajín Fruity Chamoy

2 tablespoons Tajín Clásico Seasoning Drink:

1/2 cup diced pineapple

1/2 cup orange juice

2 ice cubes

2 tablespoons Tajín Fruity Chamoy

1 slice pineapple, for garnish

Rim two glasses in hot sauce then in seasoning.

Blend diced pineapple with orange juice, ice and hot sauce; pour into

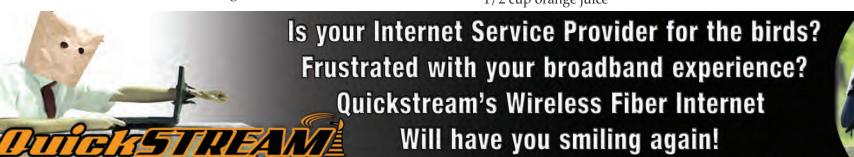
Garnish with pineapple slice.



Recipe courtesy of the National

1 cup fresh mango cubes, plus 5-6

cubes for garnish, divided



Call for details 1 (866) 981-9769















Lily Pad Cruisers visit local care homes



RECORD PHOTOS BY BRETT MITCHELL

Residents at Tudor House and Betel Home in Selkirk got to see some cool cars last week when the Lily Pad Cruisers brought their rides by.





The new government denture benefit is here and we can help

BY ELISHA VANDOR

It's the second month of the Canadian Dental Care Plan (CDCP) being in affect for a good majority of seniors in Manitoba and the question that everyone is asking us is, "Are you guys participating in that government program?" Well, the answer is a resounding YES, we are participating, which often has the person on the other end of the phone feeling much relief and saying, "Oh, that's just so great!" We think it's great too because it allows a lot of people the ability to access quality denture care that they may not have been able to before.

Now, there's some very important information to make you aware of if you're a denture wearer and wanting to take advantage of your new CDCP benefits.

> At this time, we are allowed to start (and finish) treatment for those who are wanting new

full upper and/or lower dentures, whether you're or needing your remaining upper and/or lower teeth extracted and going into full dentures for the first time. In addition, we can claim full or partial denture relines, denture repairs and adjustments.

For those wearing partial dentures and wanting to we can start claiming in November 2024. We are already scheduling partial denture appointments for patients ready to start in November, so call us to reserve your appointment today.

If you have received your CDCP card, then now is the time to call. Already 2 million Canadians are participating in the program and in the first month 90 000 claims

have been submitted. With this almost 'too good to be true' govreplacing your current ones ernment provided dental benefit, we want to make sure that you get your slice of the pie and quality dentures too.

Margaret H. is a first-time patient of ours and long-time denture wearer. She received her new denture from us this month and said, "The whole experience was seamless right from the time I walked through the door until I replace or needing a partial left with my new dentures fitting denture(s) for the first time, perfectly. I certainly have got my smiles back as they feel and look as if they are my own teeth, nobody would ever know otherwise. Thank you Mr. Vandor for such professional and efficient service." - May 20, 2024

We want to help get your smile back like Margaret did, and with the money you saved from using your CDCP insurance benefit you'll be eating your pie with a smile too! Call us for your free consultation.



The Canadian Dental Care Plan rolled out last month and people have been benefitting from their new found denture insurance.

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SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

'A breath of fresh air': HTJHL's Gators moving to East St. Paul

By Kieran Reimer

The RM of East St. Paul will have a new junior hockey team to cheer on in 2024-25.

The Hanover Tache Junior Hockey League's St. Clements Gators are moving from East Selkirk to East St. Paul after only one season in the league.

"It's a breath of fresh air," said Gators general manager Peter Tomko.

The Gators will play out of East St. Paul Arena and rebrand as the East St. Paul Gators.

Last season, when the HTJHL granted Tomko a team, he originally wanted to operate out of East St. Paul as most of the players are from the area, with a few coming from Winnipeg.

Due to a AAA hockey team playing out of East St. Paul Arena at the time, the Gators chose to play in East Selkirk, where there was more ice availability.

The AAA team recently relocated to Gateway Arena in Winnipeg, which allowed the Gators to move in.

"Just before the end of this season, they started talking to us and basically said it's a no-brainer to move there," said Tomko. "They are going to put a dressing room in for us, office, and equipment room. It's a breath of fresh air working with the RM rather than a board of directors."

Since being approved to move, the team has already moved all their operations to East St. Paul.

They already have their dressing room painted, and multiple sponsors have signed on to support the team.

Tomko said the community's support has been overwhelming.

"Our advertising has all been sold and it's more sponsors than I've ever had before. In Selkirk, you are fighting with two other junior teams, and it's tough."

The Gators plan to promote the team at Saturday's East St. Paul Day.

Members of the team will be in attendance to work a team booth and will be holding shoot to score contests where people can win season tickets.

They will also be selling team merchandise at the

They will also be selling team merchandise at the booth.

The team is also doing the work on the ice this off-season to get ready for a big 2024-25 campaign. Tomko said players are currently skating three



RECORD PHOTO BY BRETT MITCHELL

St. Clements Gators are relocating to the East St. Paul Community Centre for the upcoming 2024/25 season. The Team will be featured on a float in next week's Saturday, June 22 East St. Paul Day Parade. Pictured left to right, back row: East St. Paul Coun. Brian Duval, Charles Posthumous, Brian Imhoff, ESP Mayor Carla Devlin; front row, Daemon MacDonald, Kaiden Sichewski, Luke Tyslau, Antwain McKay and Dillon Tower.

times a week in Winnipeg to continue their development.

He has also set aside workout plans for players to follow and does check-ins to make sure they are going well.

The Gators won't begin team practices out of East St. Paul Arena until the arena ice is put in in early September.

They will play home games on Saturdays and Sundays while practicing twice a week.

Tomko is looking forward to seeing how the team performs in 2024-25, having just started out last

vear.

Playing in the HTJHL, which is considered "Junior C," he said the competition is on par with the two Junior B leagues in Manitoba.

Last season, the Gators were one of eight teams in the league and the only one north of Winnipeg.

Tomko said the league is likely expanding again this season as more teams south of Winnipeg are seeking membership.

Fans can follow the team and stay tuned for announcements on their Instagram @espgatorshockey or by visiting htjhl.com for league announcements.

Strikeforce settle for draw

By Kieran Reimer

The Selkirk Strikeforce had their first draw of the season last Monday.

Strikeforce took on Dunvegan Castle in their second game of the season after dropping their opener

to Hanover Sting two weeks prior.

Both clubs found the netting in the 1-1 draw.

Yaya Adam had the lone goal for Strikeforce as he grabbed his first goal of the season.

Their schedule now moves to next Tuesday when

they take on WPG B FC (1-1-1) at Buhler Recreation Park at 7 p.m.

Strikeforce currently sits eighth in the Manitoba Major Soccer League's Division 3A with an 0-1-1 record.

Spotside > OUTSIDE > OUTSIDE > OUTSIDE DOWN

Langelaar wins Manitoba's Strongest Man competition

It only took four months of training for Andrew Langelaar to earn the title of Manitoba's Strongest Man.

The 27-year-old out of Selkirk spent the last 10 years powerlifting before changing to strongman training only four months ago.

Last Saturday, Langelaar debuted at Manitoba's Strongest Man & Woman competition in Morris and won the event and the title of Manitoba's Strongest Man for 2024.

It's pretty awesome," said Langelaar. "It's such a welcoming community."

The competition consisted of five events in which athletes accumulated points based on their place in

The events included the 210-pound dumbbell one-armed overhead catch, the 800-pound yoke and carry for 480 feet, the car bench press, the armover-arm truck pull, and the infamous Atlas stone run, which reaches weights up to 425 pounds.

Langelaar podiumed in each event while winning the atlas stone run to place the highest amongst competitors.

With the victory, he received the official Manitoba's Strongest Man trophy, an \$800 prize, and a qualifying bid to the 2024 Western Canada's Strongest Man competition on July 1.

It's been a quick turnaround for Langelaar after joining Strongman only four months ago.

Training out of Iron Image Barbell Club in Selkirk, he's gotten to train alongside fellow strongmen and strongwomen who some have trained for years.

When they train, they often go together in groups and work on the same event together.

"There's a lot more variation in strongman," said Langelaar. "In powerlifting, you have three movements: your squat, your bench, and your deadlift. You can use certain accessories to do that. So obviously, there's the main variability of training three lifts versus training all five. Each competition is different, and because of that, you have to be a really well-rounded athlete."

Langelaar trains for Strongman four times a week while also being a strength and conditioning coach at Iron Image.

His fellow strongmen and strongwomen at Iron Image also competed at the event last week, and they put together an impressive performance over-



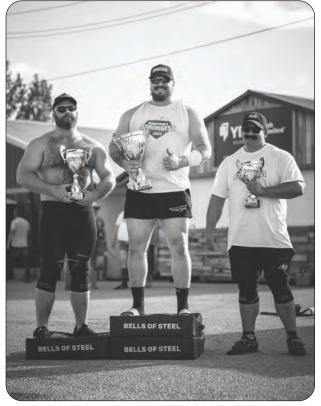
Andrew Langelaar and Michelle Kymanick both competed in the Manitoba's Strongest Man and Woman event in Morris on Saturday. The two train at Iron Image Barbell Club in Selkirk.

Selkirk's Michelle Kymanick had one of the more impressive finishes as she grabbed fifth place in Manitoba's Strongest Woman competition.

However, competition aside, Langelaar has noticed there is much more to Strongman than posting the best score.

During Saturday's competition, Langelaar witnessed how much people cheer on others, whether teammates or fellow competitors.

"There's a lot of people who didn't finish, but they were cheered on as much as the guys who were finishing," said Langelaar. "For me, it's such an accessible community, and I really enjoyed the experience. I've only been doing this for four months and I feel like I've been doing it for a decade. It's just a really good group of people and a supportive community



RECORD PHOTOS SUBMITTED

Andrew Langelaar, middle, stands atop the Manitoba's Strongest Man podium. Pictured, Dan Cadger, left, Andrew Langelaar, middle, and Tyler Sigurdson.

where it doesn't matter where you are, come do it with us and everyone just wants to see everyone do

Langelaar also talked about the wide range of ages of people at the event. He said there is a stigma that you have to be young to be able to compete when really there are many different age groups, including a master's senior division.

The competitions are also broken up into weight classes, making for a fairer competition that anyone can get into.



We want to hear from you.

The Selkirk Record connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas at news@selkirkrecord.ca Phone 204-485-3337





Manitoba gets sweet redemption at Canadian Open Bowling Championship

By Kieran Reimer

The Team Manitoba women's bowling team sought redemption heading into the 2024 Canadian Open 5 Pin Championship this past May.

Last year's team fell just short of the four-team playoff stepladder round, finishing fifth at the 2023 Canadian Open.

Four of the six bowlers from last year's team were back in Ottawa for this year's five-pin national tournament and came in motivated not to leave empty-handed.

Belle Lourenco, Kelly Smith, Brooke Goulet, and Lind Orne were the returnees for Team Manitoba. They were joined by newcomers Cindy Cousins, TD Holland, and coach Chad Hurd of Stonewall.

The tournament began with a three-day round robin, with each team playing 16 games over the three days at the Orleans Bowling Centre.

Through the first two days, Team Manitoba sat in fourth place, which had them in a playoff spot, barring a collapse on the third day.

As they began play on day three, they dropped their first two games, which moved them out of a playoff spot. They needed to win the last three games to get in.

Manitoba fought back in the next

three games and eventually squeaked in by one point in the final match to finish fourth in the qualifying round.

"It was a nailbiter, but we did it," said Lourenco, who hails from St. Andrews. "It was a grind of a day."

Team Manitoba's goal was to make the playoffs, but once that became a reality, earning a medal was the next step.

They took on Quebec in the third vs. fourth-place quarterfinal stepladder round, and once again, Team Manitoba squeaked by with a win, as Quebec missed a corner pin shot in the final frame to end the game.

With the win, they guaranteed themselves a medal, despite any result in the semi-final game against Newfoundland.

Manitoba eventually lost to Newfoundland, but winning the bronze medal was satisfying.

"We were all in tears because we were so happy," said Lourenco. "It's a feeling that you can't really describe unless you're in that moment. All I know is we were really happy. We worked really hard for it. To be able to do it with the group from last year was really special."

Winning the bronze medal concluded the bowling season for Lourenco who hopes to be back again next year.



RECORD PHOTO SUBMITTED

Team Manitoba won the bronze medals at the 2024 Canadian Open 5 Pin Championship. Team Manitoba defeated Team Quebec in the third/fourth place stepladder playoff game to secure the bronze medal. Pictured, left to right, Chad Hurd, Linda Orne, Belle Lourenco, Cindy Cousins, Kelly Smith, TD Holland, and Brooke Goulet.

Smith, Goulet, and Orne will continue playing into July for the 2024 Masters Bowling Association of Canada Nationals that are taking place in Winnipeg for the first time since 2014.

The tournament will go from July 1-4 at multiple bowling alleys around the city

For those interested in attending, the full schedule with locations can be found at masterbowlersofcanada.ca

Selkirk Judo's Sarah Ekosky wins silver at Nationals

By Lana Meier

Three Selkirk Judo Club members joined the provincial team at the national judo championships in Montreal from May 22 to 26. The tournament saw an impressive 1,139 entries, setting a record for the largest judo nationals.

Sarah Ekosky, a 20-year-old black belt, won a silver medal in the U21 Women under 63 kg division. With 15 competitors in her division, Ekosky won her first three matches to reach the final. She lost a hardfought match to Rebeca Manaila from Quebec, who won the gold medal.

The day after, Ekosky participated in the Senior Women under 63 kg division and secured third place on the podium. Twenty competitors were entered in her division. After a bye in the first round, Ekosky won her second and third round matches before being defeated by Isabelle Harris from Quebec in the semifinal. Ekosky returned with a win in the bronze medal match against Margot Chevalier from Ontario.

"Sarah had a great performance at nationals this year, showing that she remains one of the top female under 63 kg fighters in Canada," said Brian Jones, one of the club's coaches.

Two additional Selkirk competitors participated in the nationals, however they did not achieve a placement. Beth Penner took part in both the U18 Female under 52 kg

and Senior Women under 52 kg categories. Meanwhile, Damien Ekosky, a 25 year old black belt, concluded his performance in the Senior Men's under 73 kg division with a record of 2 wins and 2 losses.

On June 9, two weeks after the event, Sarah Ekosky was named the Judo Manitoba Female Athlete of the Year due to her outstanding performance in tournaments during the 2023-2024 season.

Sarah Ekosky and Daniel Ekosky, will be competing at the US Open in Fort Lauderdale, Florida at the end of July. Unfortunately, Daniel was unable to attend nationals due to an injury.



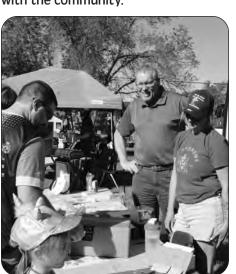
RECORD PHOTO SUBMITTED Selkirk Judo Club member Sarah Ekosky won silver at the National Judo Championships in Montreal from May 22 to 26.

All welcomed at St. Andrews Open House





The RM of St. Andrews hosted its annual open house at the St. Andrews Community Centre. People from many organizations within the community as well as St. Andrews's mayor and council were there answering questions and connecting with the community.

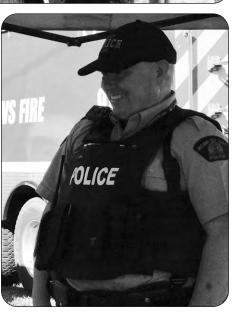














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Please contact your municipality if you have questions about zoning by-laws and requirements.

If you want to make a formal objection to this application, please send us your objection in writing by 4:30 p.m.

14 DAYS FOLLOWING THE PUBLICATION OF THIS ADVERTISEMENT.

You can email, mail or fax your objection. Please include your contact information.

Email: objection@LGCAmb.ca LGCA Objections Mail:

1055 Milt Stegall Drive, Winnipeg, MB R3G 0Z6

Fax: 204-927-5385

- We respond to all formal objections and will work to resolve objections before issuing a licence.
- A copy of the objection, including the name of the person who submits the objection, will be provided to the licence applicant.
- Each person who submits an objection will be advised in writing of the outcome to the licence application.

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driver's abstract)

cold and extreme heat)

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PUBLIC WORKS

The Rural Municipality of Rockwood invites written applications

for the position of Public Works Heavy Equipment Operator.

Under the direction of the Manager of Public Works, the position

QUALIFICATIONS - Public Works Heavy Equipment Operator:

1. Valid Province of Manitoba Driver's Class (5) Licence (clear

2. Experience in a Public Works related field would be an asset

4. Knowledge in the operation and maintenance of different

5. Must be able to lift, pull and manage heavy equipment and

6. Required to work outside in varying conditions (ie: extreme

Salary Range \$28.56-\$33.26 / Hr - dependent on qualifications

A complete job description may be obtained on the R.M. of

Rockwood website at www.rockwood.ca or by email at info@

Applications should be marked "Application for Public Works"

and should contain a cover letter and full resume with three

Forward applications to the undersigned no later than 4:00

Attention: Ian Tesarski - Director of Operations

E-mail Address: ian.tesarski@rockwood.ca

Thank you to all applicants for your interest, however, only

285 Main Street, Box 902, Stonewall MB R0C 2Z0

The Rural Municipality of Rockwood

candidates selected for interviews will be contacted.

Telephone No. 204-467-2272

Fax No. 204-467-5329

9. May be required to work evenings and/or weekends

3. Good interpersonal skills to deal with the public

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10. Anticipated Starting Date - July 29, 2024

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FOR RENT

Home for rent, \$1,200 per month. 581 Ferry Rd., East Selkirk. Possession: Monday July 1st. Viewing and talking applications this Saturday June 22nd from 1 pm - 3 pm. Any questions call 204-998-8914.

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Petersfield, MB 1 Mile South on Hwy 9 Then 1/2 Mile West on Hall Rd #748

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Classifieds

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HELP WANTED

Galay Landscaping is currently conducting interviews for the position of landscape technician, foreman and labourer for the upcoming 2024 season. Training provided suitable candidates. Wage and salary dependent upon relevant experience and skills. Good opportunity for advancement for those interested and able to learn. Class 5 license and own reliable transportation is required. Please send resume by email to: info@ga laylandscaping.com No phone calls.

HELP WANTED

The Window Factory in Selkirk, Mb at 605Mercy St. is looking to hire a full time experienced window and door installer. Must be able to work outdoors and some heights. Driver's license required. Please submit any resumes to the office at 605 Mercy St.

News Tips? Story Ideas? call the Record 204-785-1618

take a break

6

2

4

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine

3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each

row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will

appear by using the numeric clues already provided in the boxes. The

more numbers you name, the easier it gets to solve the puzzle!

8

SUDOKU

2

9

4 2

3

5

7 2

dooo

3

Here's How It Works:

8

4 8 8

6

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7

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NOTICE TO CREDITORS

IN THE MATTER OF: The Estate of Eleanor Rose Ecker, late of the City of Selkirk, in Manitoba, deceased.

All claims against the above estate, duly verified by Statutory Declaration, must be filed with the undersigned at their offices, P.O. Box 1400, Stonewall, Manitoba, R0C 2Z0 on or before the 24th day of July. 2024.

DATED at Stonewall. Manitoba, this 13th day of June, 2024. **GRANTHAM LAW OFFICES** Solicitor for the Executor

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Request for Proposal document is available online at www.garsonarena.com

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For more information, contact Kristopher Maranchuk at 204-268-3312 or email garsonarenamb@gmail.com

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7 6 8 6 ε b 8 9 7 8 5 Υ 9 7 L 9 6 8 **β** 8 3 6 L

Sudoku Answer

The Selkirk Record Classified and **Announcement** booking deadline is Monday at 4 p.m. prior to Thursday's publication **Please Call** 204-785-1618

EMPLOYMENT

Gwen Fox Gallery

TREASURER needed for Non-Profit Selkirk Community Arts Centre (Gwen Fox Gallery)

The SCAC is seeking a qualified person to fill the recently vacated position of Treasurer. This person is to be responsible for maintaining accurate records, and submit regular reports and be accountable to the Board of Directors. A working knowledge of computers is required.

A job description with a full list of duties and responsibilities can be obtained by contacting gwenfoxg@shaw.ca.

mnouncements Selkink Regard

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ANNOUNCEMENT

CARD OF THANKS

We are thrilled to see so many participants come out, your enthusiasm and positive outlook created the perfect atmosphere for the most beautiful day. Thank you to all our sponsors for supporting the walk again this year. Thank you to our niece Janelle for putting together the silent auction and to everyone who made donations. Thank you to all the volunteers who helped out throughout the 2 days, we couldn't have done it without you! Thank you to Bucky Anderson for bringing the Metis truck, and to Selkirk Fire Dept volunteers for bringing the firetruck and Sparky. To Shelly Marques, thank you for the touching tribute to Kirstin. Thank you to everyone who donated to the SDCF, and donated to the meal. It was the perfect Kirstin day, we thank you all for your contributions in whatever way, everyone's involvement created Kirstin's Walk a huge suc-

-With love and appreciation. Laurie, Rick, Katie, Kirstin, Kylie

ANNOUNCEMENT

IN MEMORIAM



Eva Hawryshko (Magnusson) March 22, 1931 - June 18, 2022 Always in my heart, Remembering our 30 years of marriage. -Love husband Bill

Eilert Gerhard Feusse

Eilert was born in Varel, Germany on February 13, 1951. He immigrated to Canada in 1954 when he was three years old with his parents and older brother George.

He leaves behind his partner of 40 years Vivian; son Billy (Melissa), two granddaughters, Ashley (Matthew) and Taryn (Moira); his brother George (Lola), and two sisters Helga and Linda; two nieces Billie and Brandy and three great-nephews; his lifelong friends, Michael (Susan), Sally (Mike) and many more nieces, nephews, relatives and friends. Your little buddy Paty is going to miss you as well.

When we met, he was a truck driver, he later worked at Amsco

until retirement.

He loved to travel, we went on many adventures together from one coast to another. His greatest trip was to New Brunswick in 2017. He lived his life to the fullest.

We will forever miss you. You are now free to fly, love you to the moon and back.

-Your loving family.

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Roger John Goetz

"We are all stories in the end, remembered by the adventures we had, the achievements we made and the people we loved"

The family of Roger John Goetz are heartbroken to announce the passing of their beloved hero on June 9, 2024.

Friends and family are invited to visit Roger's memorial page at www.interlakecremation.ca, where memories and condolences

Arrangements entrusted to:



OBITUARY

Robert Bruce Simmons

January 30, 1954 - May 29, 2024

We are sad to announce the passing of Robert Bruce Simmons at the age of 70 on May 29,

Robert was born in Winnipeg, Manitoba. He spent many years as an electrician, owning his own company for over 40 years. Robert is survived by his wife Sheila of nearly 50 years; sons Ryan (Michelle), Dale (Audrey) and

David; grandchildren Markus, Shayla and Anabelle; his sisters Marion (Charlie), Heather (Peter), Maureen (Bruce) and brother Charlie (Debbie) and many nieces and nephews. He was predeceased by his parents Ron and Margaret Simmons, nephew Jody, and brother-

in-law Charlie Single.

A special thank you to HSC doctors and Pine Falls Hospital who cared for Robert.

In keeping with his wishes. Cremation has taken place and there will be no service.

Friends and family are invited to visit Robert's memorial page at www.interlakecremation.ca where memories and condolences may be shared.

Arrangements entrusted to:

Interlake Cremation
& Memorial Services
204.482.1040



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ANNOUNCEMENT

IN MEMORIAM



Kay Onofreychuk (Hardwick) June 19, 2016 Sister.

Of all the many blessings, However great or small: To have had you for a sister, Was the greatest one of all. The family chain is broken now, And nothing seems the same; But as God takes us one by one, The chain will link again. "The Best Things in Life Are Not Things, They are Sisters"

-Miss You Sis Ingrid

ANNOUNCEMENT

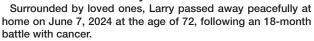
IN MEMORIAM



Eva May Magnusson "Mrs Christmas" March 22, 1931 - June 18, 2022 In loving memory of our devoted, strong and independent mother, grandmother (Nan), great grandmother (Nan Nan) Your presence we miss, Your memories we treasure; Loving you always,

-Your loving family

Larry Einar Nicol



He is survived by his son, Duane (Erin); brother, Lorne (Wilma); partner, Val Ranseth; and numerous cousins, nephews, and

He was predeceased by his father, John, his mother Lilja, his beloved wife of 37 years, Arlene and son, Sean.

Larry (a.k.a. Nic) was born and lived the majority of his life in Selkirk. If you were out with Larry in town he was always bumping into people he knew, greeting them with his smile. Larry had many jobs in his life, the longest being Manitoba Hydro where he was a surveyor for many years, later moving into the office and retiring after over 20 years of service. After

retirement, Larry and Arlene enjoyed bowling and traveling. They both volunteered and served on the executive with the Selkirk Royal Canadian Legion, Branch 42.

Larry loved his family. He was a dedicated father and husband. The sudden loss of Sean in 2007 then Arlene in 2014 was devastating for him. Afterwards, he enjoyed family trips with Duane and Erin to Las Vegas and Kamloops and special son and father drives down to Texas.

In the last seven years, Val and Larry met and enjoyed retired life with great memories at the legion, listening to music, wintering in Texas and casino trips. Larry was warmly accepted into Val's family and he loved spending time with Jennifer, Joseph, Trish, his "grandkids" Winter and

Larry was funny and joking around was to be expected. He teased because he loved. His mischievous grin and wink were endearing. He made friends easily and had a network of cherished life-long friends.

Larry was curious and loved to learn which led to many interests. Listening to music and playing guitar were a big part of his life. He was artistic, dabbling in: photography; drawing, painting; woodworking, wood carving, and pencil colouring. He immersed himself into computers and gadgets and was an avid reader of fantasy novels.

Many thanks to Dr. Wong, the many doctors, nurses, and staff who provided Dad with excellent care. Thank you, Val for your dedicated care throughout so Larry could stay home where he wanted to be. Thanks to the Selkirk Legion for the mobility equipment lending. There were many others that assisted and visited during these final months and we remember and appreciate it all.

In accordance with his wishes, cremation has occurred and a celebration of life service will be held at a later date. In lieu of flowers, please feel free to make a donation to the Larry and Arlene Nicol Legacy Fund or the Sean Nicol Legacy Fund, both held by the Selkirk and District Community Foundation (www.sdcf.ca).

Tributes: www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.









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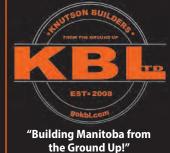
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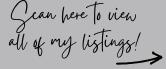


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