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## Having a blast

Avery from St. Andrews learns how to use a fire hose from a St. Andrews firefighter. The St. Andrews Fire Department was at the recent RM of St. Andrews open house.

RECORD PHOTO BY KATELYN BOULANGER

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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# Businesses collaborate to promote tourism in Selkirk

By Kiana Crouse

Selkirk business owners created a self-guided tour for National Road Trip Day on May 27. The tour not only lets visitors know about local businesses they may not have patronized yet but gives them an ideal order to visit each location to maximize their fun in the region.

"[It's meant to honour] women who have taken a lot of risks in this community to start small businesses and enterprises," said tourism supporter and advocate for the area, Shirley Muir. "It takes quite a bit of courage to do that, and not only have they done that in the last few years, but they've also survived COVID. So, I think we should be supporting them as best as we can."

Muir decided to create this travel guide as she noticed publications such as Travel Manitoba didn't offer a lot of material on Selkirk. She wanted to help drive business to local stores,

especially post-COVID.

"It made me wonder why that was, and it made me think that maybe there was something we should be doing differently in the community to help raise our profile in the tourism industry," she said.

Muir saw that Travel Manitoba was publishing their summer road trip guide and approached some community-minded businesses, which coincidentally were all women-owned and operated. She asked if they would be willing to work together to create a tour for Selkirk.

Without hesitation, they all accepted, and the tour map ran as a full-page ad in the 2022 Travel Manitoba Road Trip Guide, bringing attention to the city's local storefronts and encouraging people to see Selkirk.

"That really is the great thing about Selkirk. There's a great deal of community spirit and cooperation," said

Muir. "It doesn't take any effort at all to say to some of your colleagues in the community, 'Hey, we're thinking about doing this idea. Do you want to play along?'"

Along with running the tour map through Travel Manitoba, they also distributed 600 copies in the Manitoba 55+ Games athletes' registration bags.

All seven establishments also carry postcards of the guided tour to hand out to customers and encourage them to visit the other participating stores.

Since this collaboration, the businesses have noticed more clientele

stopping by from their fellow businesses.

"It's that whole philosophy, 'A rising tide lifts all boats.' You help each other up, everyone's going to benefit," she said.

Muir said she is open to doing this again next year and including more Selkirk businesses on the roster.

However, for this summer, the hope is that even more people from the region and also from outside of Selkirk will pick up a postcard or the travel guide to visit our stores and shop locally.



PHOTO SUBMITTED BY SHIRLEY MUIR

The full-page Selkirk road trip ad in the 2022 Travel Manitoba Road Trip Guide.

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- Abbie Zamora  
Conference Services Manager  
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# Lower Fort Garry officially kicks off 2022 summer season

Submitted by Parks Canada

Lower Fort Garry is pleased to welcome visitors for the 2022 summer season. Parks Canada's knowledgeable guides are ready to escort visitors back in time to experience the booming 1850s fur trade era with hands-on history they can taste, touch and feel.

In addition to self-guided and specialized tours, an array of new and reimagined activities will be offered at the Fort this summer. Under the friendly guidance of our costumed interpreters, visitors may choose to whip up a batch of heritage hot chocolate, tap into their inner blacksmith, try their hand at making authentic nineteenth-century candles – and more. Or if they'd like to learn

of the daily duties that kept the Fort bustling back in the day, traditional techniques for wool processing, fur treating, and hearth cooking will be presented throughout the week. Historic weaponry demonstrations will also be held where visitors can learn about the types of trade guns used at the Fort – culminating in the resounding crack of black powder and a fragrant plume of smoke.

Throughout the season, Lower Fort Garry will also offer a number of Indigenous cultural presentations that include a special evening with Ian Ross, author of *Joe from Winnipeg*; a film screening of *We Were Children*, followed by a Q & A with Lisa Meeches; and traditional weaving demon-



PHOTO SUBMITTED

Lower Fort Garry is welcoming guests with summer programming.

strations of bull rush mats and willow baskets with Chris Wabie – who was part of the team that built the wigwam structures at gabeshiwin – the site's camp area – last summer.

Parks Canada will continue the an-

nual Treaty One Commemoration event on August 3 – an event that honours the traditional ties that local First Nations people have with

Continued on page 7



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# Selkirk's latest mural celebrates endangered species

## Piping plover mural brightens up Big Dollar

By Katelyn Boulanger

It seems that everywhere you turn in Selkirk residents are working to make the city a little more beautiful. The latest artistic project to hit the community is the piping plover mural on the outside of Big Dollar which is part of an international effort to recognize species at risk.

"[For] the Endangered Species mural project, I work with this conservation organization called the Center for Biological Diversity and we are in a partnership to create an unlimited number of murals in cities and towns around the US. This is the first one we've done in Canada and we've also done one in Mexico," said Roger Peet, the artist behind the project and coordinator of the Center for Biological Diversity's mural project.

Peet is always on the search for community members and community organizations who are wanting to work with the group to put up an endangered species mural in the community. For this project, he teamed up with the Interlake Art Board to bring the mural to Selkirk.

"We like to do positive awareness murals and we ended up thinking that it would be something to one on endangered species. We happened to go online and found out there was

this Endangered Species Mural Project. So, we contacted the [Center for Biological Diversity] who is sponsoring the mural and talked to them and they said, they would love to come [to Selkirk]," said Joanie English, the president of the Interlake Art Board.

The mural is 12 feet high and 135 feet long which means that it spans the entire side of Big Dollar that is visible from Morris Ave.

"The design that I came up with is intended to try to create a narrative of the life of the plover. These small shore birds are very charming, and their colouration changes during their life," said Peet.

On the right side of the mural, it starts by depicting an adult sitting on a nest of eggs, then transitions to juveniles who are hanging out together and cuddling their parent. Next, the juveniles get bigger and more darkly coloured. They have bands on their legs to depict the efforts that people are going through, to try to save their species. The mural ends on the left with adult birds flying out onto the water.

"What we're trying to do with these endangered species murals is to make

Continued on page 10



RECORD PHOTO BY KATELYN BOULANGER

Local artists helped Roger Peet paint the new Endangered Species mural that is on the side of Big Dollar in Selkirk. Pictured Ashley Christiansen and Lizanne Laurin working on the mural.

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# Selkirk resident hopeful in his wait for a living kidney donor

By Autumn Fehr

Contrary to what some may think, receiving a kidney is a long process, and for those waiting patiently, it can be a journey filled with many ups and downs.

This process is challenging for the recipient and the family members waiting patiently by their side.

The most recent study by Manitoba's Living Kidney Donor Program says that, on average, 200 people a year are waiting for a kidney in Manitoba.

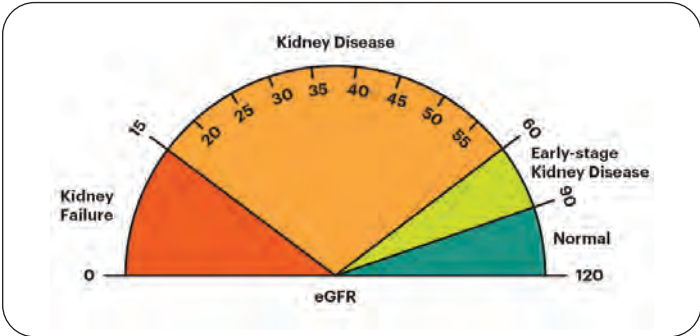
During this same time frame, transplant surgeons can perform approximately 40 to 50 transplants a year, not including the COVID years when transplant surgeries were down due to overpopulation in our hospitals.

Teddy Helgason, a resident of the City of Selkirk, is one of many Manitobans currently waiting to receive a kidney due to kidney disease.

"I think managing this process would be hard for one person but I'm very lucky to have Kim," said Teddy.

Teddy and his wife Kim Helgason's journey in search of a new kidney started almost a year ago when he discovered that both of his kidneys were failing due to kidney disease, and his battle with diabetes.

When Teddy was first given the



RECORD PHOTOS SUBMITTED

The GFR scale shows how well a kidney functions.

prognosis that he would probably have to be on dialysis within a year to two years, his kidneys were only functioning at 17 per cent.

"They set us up very well and gave us all the pamphlets, brochures and videos to watch to learn about our options," said Teddy.

Dr. Leroy Storsley, medical director of Manitoba's Living Kidney Donor Program, says that the normal range for a kidney functioning is over 90, to 120 per cent.

He says that the rate of measurement doctors use to determine how well someone's kidneys work is the glomerular filtration rate (GFR).

"As we get older, our GFR naturally drops. So, what's acceptable for a 30-year-old to donate, wouldn't be the same as a 70-year-old. We might accept a lower level of kidney function in someone older just because we expect to see that," said Dr. Storsley.

This is only one of the many factors that come into play when evaluating people who have come through as po-



Teddy and Kim Helgason.

tential kidney donors for a recipient.

After a patient agrees to receive a kidney transplant, one of their next decisions is to choose between a living donor transplant or going on the waiting list for the deceased donor transplant.

Teddy says he was told the deceased donor transplant would take approximately 10 years before he could receive one.

"For the living donor transplant we were very blessed to have a lot of family and good friends who wanted to help," said Teddy.

The word spread quickly through Helgason's family and friends that Teddy needed a living donor transplant quickly.

Teddy said that one of their friends even posted on Facebook and Kim's co-workers put a notice on the bulletin board at work.

"We had a big turnout of people that signed up to donate as living donors," said Teddy.

Since Teddy and Kim started this journey almost a year

Continued on page 15

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The Interlake Athletics Special Olympics Team is saying a fond farewell to their coach Reagan Croy. Croy who has been one of the teams coaches for some time is pursuing her career out of the province. Fellow coach Lena Kublick says, "On behalf of the athletes and their families, heartfelt thanks to Reagan for her leadership and friendship, and best wishes for all future endeavors." Pictured: Croy, Lena Kublick, Levi Kozera, Nolan Penner, Shirley L'avalée, Alec Baldwin, Kobe Leonard, Erik Andersen, Alysia Roy, Justin Hebert. (Missing: Jordy Middleton)

## Friends of Lower Fort Garry celebrate former board member with fundraising event

By Emma Honeybun

Friends Of Lower Fort Garry, the non-profit historic site, is honouring an old friend with an educational scholarship and fundraising event, 'Glitter by the River,' on Saturday, June 25.

Both are interconnected, paying tribute to former board member Andrew Henderson who died in 2016 after being diagnosed with terminal cancer.

Henderson had a profoundly strong love for the arts and was known to be a very outgoing and colourful personality to those who knew him. In addition, he had an undeniable passion for what he was doing, whether academics or performing.

"So when he passed away, given his strong connection to our organization and to the Fort, we wanted to recognize him in some way. We kind of put our heads together and we thought, well, you know, he certainly loved education. He loved his time at the Selkirk high school, and so we thought that it would be appropriate to create a scholarship in his name," said vice-president of FOLFG Ben Gilles.

The scholarship, appropriately titled The Andrew Henderson Memorial Scholarship, will be given to this year's recipient at the Glitter by the River event.

This will be the second time the scholarship will be awarded, as it had been in development for some time after Henderson's passing. The first recipient was Mia Loepky.

The award is presented to a grade 12 student from Lord Selkirk Regional Comprehensive Secondary School who has shown a considerable passion for history, arts and theatre. A student who encapsulates Henderson's love for his craft and the effect that it still has now.

The ceremony and events will be open to the public for free. Anyone from outside Selkirk and the surrounding area are encouraged to come out and enjoy the activities. The event is a large outdoor party, full of entertainment and



Andrew Henderson

joy. Down to the title, it's a tribute to Henderson in every element.

"So because Andrew was a very sparkling personality, very outgoing, charismatic, we thought that there was no better way to sort of capture that spirit than by having a big party at Lower Fort Garry," said Gilles.

The annual event began the year of Henderson's passing. However, they couldn't host it for a couple of years due to the pandemic, but it's now back up in full swing.

It's a "true Manitoban social", with food, drinks, and music.

There will be a free commute offered to those in Selkirk for the 15-minute trip to the site and back afterwards.

"People can spend their time in some of the buildings as well as on the historic grounds. It is really a beautiful way to spend a spring evening at the Fort," said Gilles.

There will also be a second special event later in the evening with the Manitoba Underground Opera. The Winnipeg-based group has a great

range of performance arts with a mix of theatre and operatic elements.

Their website describes themselves as "weird and won-

Continued on page 10

### > LOWER FORT GARRY, FROM PG. 4

the site where Treaty No.1 was signed over 150 years ago. Everyone is welcome to learn about treaties and the site's Indigenous history on this day.

The health and safety of visitors and employees are of the utmost importance and Parks Canada continues to follow the advice, guidance, and requirements of public health authorities and experts to limit the spread of COVID-19. The Province of Manitoba has removed all health restrictions related to COVID-19, however, staff at the site will continue to use face masks and employ regular cleaning of high-touch areas to ensure the comfort and safety of visitors.

The Parks Canada website provides detailed information on what visitors can expect, how to prepare for a visit, applicable fees and what services may be available on the date of their visit. They ask visitors to plan ahead by checking the website before they travel, to respect the guidance of public health experts, and to follow all signage and direction from Parks Canada employees.

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Call Katelyn Boulanger

## COVID infections, hospitalizations continue; Shared Health offers resources for long COVID

By Patricia Barrett

The number of COVID-19 cases tracked by the provincial government is on the downswing, but the virus is continuing to kill Manitobans and put them in hospital and intensive care.

The government's respiratory surveillance report for the week of June 5-11 shows 228 new lab-confirmed – by PCR testing – COVID cases. The volume of lab tests was decreased to an average of 495 people tested each day compared to 624 tested during the previous reporting period. Rapid antigen tests are not tracked by the province. The government's data is an undercount of the true number of infections.

There were 80 new hospital admissions, of which 14 people were admitted to intensive care, and three more Manitobans died from the virus, according to the report. The total number of Manitobans who've died from COVID has now reached 2,015. There were also three new COVID outbreaks in long-term care facilities.

Wastewater data shows the continued presence of the virus.

"Wastewater surveillance data for the city of Winnipeg by May 26 indicated ongoing activity of COVID-19, with a generalized decrease in activity," states the report.

Canada's chief public health officer Dr. Theresa Tam said last Friday that COVID is "stabilizing" at the national level with most areas continuing to decline. However, the health agency is observing "early signals" of increased activity in some areas.

"As well, there are signs of growth in several emergent Omicron sub-lineages, including BA.2.12.1, BA.4 and BA.5, which have demonstrated a growth advantage and additional immune escape over BA.1 and BA.2. COVID-19 has shown us over the past few years that there may be more surprises ahead," said Tam in a June 17 speech. "The virus is still circulating in Canada and internationally, and factors such as virus evolution and waning immunity, are anticipated to

### Canada

The Public Health Agency of Canada (PHAC) is working with provincial and territorial public health partners to track cases of monkeypox in Canada. As the investigation evolves, it is anticipated that additional cases will be reported. Provinces and territories have publicly reported 168 cases of monkeypox as of June 17, 2022 at 10:00 a.m.

### Jurisdictions in Canada with confirmed cases

Province or Territory	Confirmed cases
British Columbia	2
Alberta	4
Ontario	21
Quebec	141
Total	168

### PUBLIC HEALTH AGENCY OF CANADA

As of June 17, there were 168 cases of monkeypox in Canada.

impact COVID-19 activity moving forward."

COVID numbers in U.K. countries are currently rising with the spread of BA4, BA5 and BA2121. In England alone there were over 1 million cases reported in the week ending June 11, according to the Office for National Statistics.

And infections and deaths, driven by BA5, started sharply rising in Portugal earlier this month. Other countries, including Germany, are also seeing BA5 making its presence known.

Japanese and other researchers released preliminary data at the end of May, showing BA4, BA5 and BA2121 tending to attack lung cells the way the alpha and delta variants had, causing more severe disease. BA2, the dominant subvariant in many countries, tended to infect the upper respiratory tract, leading to a milder infection in some people.

The higher the number of infections, the greater the probability of people developing long COVID and needing health care services.

Manitoba Shared Health announced new self-management tools last week for Manitobans experiencing long COVID symptoms, which include brain fog, fatigue and shortness of breath.

The provincial organization launched webpages which provide people with information, advice and

resources to address post-COVID symptoms or long COVID symptoms.

"We have included resources to help manage the most common symptoms including fatigue and weakness, shortness of breath, brain fog and mental health conditions, as well as resources created specifically for children and teens," said Dr. Cornelia van Ineveld, geriatrician and co-lead of the provincial Long COVID working group, in a June 15 statement posted on Shared Health's website. "There are also links to virtual courses on topics like mindfulness, nutrition and physical activity."

Worldwide, over half a billion people have been infected with COVID, according to the World Health Organization, and over 6.3 million have died (data as of June 17).

The COVID outbreak reported on May 30 at the Lunder Personal Care Home was declared over by the Interlake-Eastern Regional Health Authority's medical officer of health on June 16.

"The facility has resumed general visitation with current COVID-19 protocols in place," said an IERHA spokesperson.

Other health news:

-Monkeypox cases in Canada have risen since PHAC's June 10 update when 112 cases were reported. As of

Continued on page 10



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

### TROUBLE WITH PAPER DELIVERY?

**Christy Brown**, Distribution Mgr.: 204-467-5836

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# getinformed

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## Government to expand staffing and training in personal care homes

Improving care and building better and safer lives for older Manitobans

Submitted by Manitoba government

More than \$16 million in new funding will be invested this year to expand staffing and training in personal care homes (PCHs), aligned with the Manitoba government's commitment to fulfill all recommendations of the Stevenson Review, Seniors and Long-Term Care Minister Scott Johnston and Health Minister Audrey Gordon announced last week.

"Our government will continue to make improvements and staffing investments in the short- and long-

term to ensure older Manitobans are supported and receive safe and person-centred services," said Johnston. "This investment will increase staffing within the personal care home sector provincewide and build on our government's commitment to implement all of the recommendations set out in the Stevenson Review."

This new funding will support the:

- recruitment and hiring of more than 350 health-care aides to increase the amount of daily direct care provided to residents;
- addition of 72 new positions for registered nurses and licensed practical nurses combined;
- establishment of medical leads to provide leadership and guidance to PCH medical services and infection prevention and control enhancements; and

- investment of \$1.5 million in tuition supports and direct care staff recruitment incentives to help build this workforce.

"Strengthening healthcare is the top priority for our government including the health and well-being of people living in personal care homes," said Gordon. "We are investing in staffing and training to improve care and building an environment to support better health outcomes and safer lives for older Manitobans."

This new funding is in addition to more than \$15 million announced in April 2022 to improve infection prevention and control in the long-term care sector, add housekeeping and allied health staff, and improve information and communication technology related to patient care and operations.

In April 2022, the province released the final report of the Stevenson Review, an independent external report following a serious COVID-19 outbreak at the Maples Long Term Care Home between Oct. 20, 2020, and Jan. 12, 2021. The government commissioned an external review led by Dr. Lynn Stevenson and accepted all of the report's 17 recommendations for action, reflecting four themes: resident safety, staffing complements, infectious prevention and control, pandemic preparedness and communication with families and staff.

For more information or to read the Final Report of the Provincial Implementation Plan for the Stevenson Review, visit [https://gov.mb.ca/seniors/maples\\_review.html](https://gov.mb.ca/seniors/maples_review.html).

## letter to the editor

There are many issues regarding the Canadian Premium Sand project

I am referencing the *Selkirk Record* article of June 16, 2022 on Canadian Premium Sand (CPS) concerning the acid generating potential of sand to be extracted at Wanipigow for CPS solar glass. The acid generating potential is documented in a peer reviewed paper by Schieber and Riciputi, 2005, in the *Journal of Sedimentary Research*, Version 75, that describes how acid generating minerals formed in the Winnipeg Formation sand millions of years ago. On May 26, 2022, I attended a meeting between CPS and the Manitoba Energy Justice Coalition (MEJC) requested by CPS. At the meeting I presented evidence from the independent 2014, NI 43-101 technical report issued to protect investors that documents the Wanipigow sand from the Winnipeg Formation is acid generating. CPS has not acknowledged and disclosed the acid generating potential and subsequent heavy metal release of the sand at Wanipigow.

In the *Selkirk Record* article a government spokesperson is quoted as saying, "while evaluating the department assessed all potential environmental impacts including risks of acid drainage and discharge of metals." The acid drainage potential of the shale and the sand at Wanipigow was not documented by CPS in the Environmental Act Proposal for the project. The government Technical Advisory Committee (TAC) that reviewed the CPS project was in possession of historical evidence of the acid generating potential of the shale but not of the sand. Thus the department only considered the acid drainage potential of shale that covers much of the sand deposit at Wanipigow.

At the meeting with MEJC, I presented evidence from the latest NI 43-101 report from independent laboratory studies conducted in Germany that an acid wash of the Wanipigow sand was required to achieve solar grade purity. CPS claimed that they were confident that further testing on bulk 500 kilogram sand samples would show that acid wash would not be required. CPS stated that, if necessary, acid wash would be done in Selkirk as there would be no means to dispose of acid wash waste at Wanipigow. CPS did not disclose where and how such acid waste water would be disposed of in Selkirk.

The re-circulated wash water at the proposed CPS Wanipigow wash plant would accumulate acid from the acid generating sand. CPS has stated that there is no place at Wanipigow to dispose of such acid wash water. Acid generation of the sand would appear to be a show stopper.

A community based group at Wanipigow, Camp Morning Star, opposes the project. They have witnessed the red-coloured acid water from the abandoned silica sand quarry at Black Island adjacent to Wanipigow and fear the same acid drainage would occur in their community. They fear workers and residents from their community would be exposed to harmful silica dust that causes silicosis and cancer. Camp Morning Star representatives assert they have not been properly consulted and provided with comprehensive information on all the potential detriments of the project. There are other sources of solar panel grade silica that are not acid generating and not within silica dust exposure reach of a community.

There are many issues regarding the project that could affect Selkirk that CPS has not disclosed such as the amount, source, destination, and final composition of cooling water required for the glass plant, the potential for and measurement of worker and public exposure to harmful silica dust from sand stockpiles at the glass plant and potential for toxic airborne emissions such as nitrous oxide from the glass plant. The basis of trust is full and honest disclosure that is not hidden behind a curtain of green.

- Dennis LeNeveu  
Selkirk



# ESP receives two Building Sustainable Communities grants

By Katelyn Boulanger

Residents in East St. Paul will be pleased to know that the provincial government has granted the community two Building Sustainable Communities grants. The grants will be used for outdoor rink upgrades and the construction of a sport equipment garage.

"We're here today to announce two projects actually, out of a total commitment of 127 projects that Manitoba is committed to under the Building Sustainable Communities grants fund," said Jeff Wharton Minister of Environment, Climate and Parks and local Red River North MLA.

The provincial government is giving

the community \$63,000 for the outdoor rink upgrades and \$47,250 for the sport equipment garage.

Wharton acknowledged the hard work of Kurtis Johnson who was instrumental in the RM receiving these grants.

"It's great for the community. So, we're glad to be part of the partnership," said Wharton.

East St. Paul's mayor Shelley Hart then took over beginning by thanking all of the RM's staff for their hard work on the project and thanking council for their support and approving the grants which were forwarded to the province.

"Recreation has become a really im-



RECORD PHOTO BY KATELYN BOULANGER

Jeff Wharton and East St. Paul council and staff came together last week to celebrate the RM receiving two Building Sustainable Communities grants.

## > FRIENDS OF LOWER FORT GARRY, FROM PG. 7

derful ways of telling old stories with new perspectives."

This performance costs \$10, and tickets are available on the FOLFG website. Advance tickets are encouraged.

The event appears to be wrapped in a lot of love, excitement, and passion for the site, for Henderson, and for the people coming out.

"People think of historic sites as maybe a place that you go with your children, or that you go with your grandparents and we absolutely want

that, but we also want people to think that it is a place that they can just go with friends. And so in order to do that, we think it's important to provide different experiences, which is exactly what we're trying to do," said Gilles.

For tickets, information, questions, or updates, visit either the website; FOLFG.com, or the official Facebook: [www.facebook.com/FriendsLFG](http://www.facebook.com/FriendsLFG).

You can also contact Friends of Lower Fort Garry via email, at [info@FOLFG.com](mailto:info@FOLFG.com).

## > MURAL, FROM PG. 5

landmarks within communities that will foster a kind of civic environmental pride and [create a space where] people will be able to look at and gain a sense of personal identity that is associated with the communities where they live and who they are with the species that also inhabits the place that they inhabit," said Peet.

He said the decision to choose the piping plover as a subject of the mural was unfortunately an easy one as there are many species in any community that are endangered.

"There's a lot of different endangered species of various sizes and shapes; plants, animals, insects, all sorts of different things. But this particular subject seemed, to me at least, the one most likely to be able to create something that would really do this wall justice and be something that would make a lot of sense as a single subject for such a large [space]," said Peet.

He isn't the only one that feels that this mural fits in with our community as Rosalie Shantz the owner of Big Dollar agrees.

"I think it's appropriate for the Interlake and that it's nice to highlight the fact that it's an endangered species and we're trying to protect it," said Shantz.

Peet also said that he felt his time in Selkirk working on this mural was very rewarding.

"The Interlake Art Board is a very well-organized entity, and everything has gone very smoothly here in terms of the logistics — planning and setting this up. The local artists are an amazing team, super competent, very accomplished artists, very effective at seeing basic ideas and taking their own initiative and taking the lead on what needed to be done," said Peet.

Anyone wanting to see this latest mural should visit the corner of Main St. and Morris Ave. in Selkirk. For more information about the Endangered Species Project visit [https://www.biologicaldiversity.org/about/creative\\_media/endangered\\_species\\_mural\\_project/](https://www.biologicaldiversity.org/about/creative_media/endangered_species_mural_project/) and to learn more about the Interlake Art Board and the other murals that they've worked to bring to our community visit <http://www.interlakeartboard.ca/>.



MLA Jeff Wharton, Kurtis Johnson, and Mayor Shelley Hart at the grant announcement.

portant part of our community. It has been for many years, but obviously over the last few years has become even more important. Our community loves our outdoor spaces. And so, these two grants will certainly help build our recreation and keep it in good shape, because often our facilities need to be upgraded to keep up to standards and the outdoor rink certainly needs that refresh," she said

Hart said that the new sports shed will allow the RM to free up some space.

"Thank you to the province, to minister Wharton for his support of our community and we really appreciate everything the province is doing to help communities build these kinds of facilities and upgrade [the ones we already have]," said Hart.

## > COVID, FROM PG. 8

June 17, 168 cases of the virus have been confirmed, with 141 in Quebec, 21 in Ontario, four in Alberta and two in British Columbia.

Globally, there have been 1,285 monkeypox cases reported across 28 non-endemic countries as of June 8.

"Among cases for whom information is available and has been reported to the Public Health Agency of Canada, all cases are male and ages range from 20 to 69 years. Our provincial and territorial colleagues inform us

that many cases report sexual contact with other men, though some cases are still under investigation," said Dr. Tam in her June 17 speech. "However, the risk of exposure to monkeypox virus is not exclusive to any group or setting. Anyone, no matter their gender or sexual orientation, could get infected and spread the virus if they come into close contact with someone who has monkeypox or objects they have used, like personal objects, towels or bed linens."



# Local senior warns of convincing fraudster

By Katelyn Boulanger

A local man would like to warn other seniors in the community that fraudsters are able to very convincingly target them and that they need to be very vigilant. The senior, who lives in Selkirk, does not want to give his name because the fraud involved someone pretending to be his grandchild who he would like to protect the identity of, but he still wanted to warn others in the community that fraudsters will take advantage of worry over family members in order to get what they want.

"I got a phone call. [The caller] said, 'Hi, Papa. This is [my grandson]. I said, 'Hey, how's it going?' He said, 'Well, not so good.' I said, 'What's the matter?' He said, 'I got a broken nose.'," said the local senior.

The fraudster pretending to be the man's grandson went on to say that his voice may sound a bit off because of the nose injury but that he had gotten into a car accident. The fraudster mentioned local roads and said that there was another driver that was driving dangerously and quickly changed lanes causing a car accident. The fraudster then said that the person who was involved in the car accident accused him of being on his phone while driving when the police showed up and that the police had charged him with a felony.

The local senior said that the voice actually sounded like his grandson's and he thought that it was legitimate because of the fraudster's use of the name papa instead of grandpa to address him as that particular grandson was the only one of his grandchildren who calls him papa.

The fraudster went on to tell the local senior that he had a friend who's uncle is a lawyer named Robert Wiseman and that he could help. The fraudster gave the senior the number of the fictitious lawyer and said that the grandson was being taken to the law courts.

When the senior called the fake lawyer's number he was connected to someone pretending to be a secretary who then passed him through to a man who said he was Robert Wiseman.

"When I was talking to [the fake lawyer], he says, [the person pretending to be the grandson] told me that he had the phone in his hand and he wasn't on the phone, it was just in his hand but the police have charged him with a felony. [The fake lawyer said] so now, because of the felony, his insurance is not going to work. What

we need is \$9,100 that we can take to the court, and I've got connections in the courts and if we paid the cost, then you will eliminate the charges, and then that'll reactivate his insurance. That means that [the insurance will reactivate], so I can file a claim, and the insurance will pay it and then I can give you your money back," said the local senior.

This is not how Manitoba Public Insurance works nor how the courts handle felony charges but the senior wasn't aware of this at the time that he received the call.

The senior wanted to help his grandson and so suggested that they do a money transfer but the fraudsters didn't want to do a money transfer.

The fake lawyer then suggested that the local senior speak to his grandson again and pretended to put him through to the grandson on the phone.

When the fraudster pretending to be the senior's grandson came on the line the senior asked him why he wasn't asking for the money from his mother.

The fraudster said, "Oh, I don't want to tell mom because she gets all upset about stuff. Do me a favour, don't tell any of the relatives or anybody," according to the senior.

The fake lawyer then came back on the line and told the senior that what he needed to do was to take the money out of his bank account and then when the senior was back from the bank in his car to phone the fraudsters back.

At this point, the local senior was starting to feel uncomfortable and so took some time to call the fraudsters back and decided that even though he got the money out of his bank account that he wasn't going to give it to anyone that wasn't his grandson.

When he eventually called the fake lawyer back the senior asked where his grandson was. The fake lawyer said at the law courts and started to try to arrange for a courier to come and pick up the money. The senior said that he wanted to drop the money off in person and then asked for the address where his grandson was.

The fake lawyer then transferred him to the person pretending to be the senior's grandson and the senior again asked for the address where the grandson supposedly was.

"I said, 'I want to see you before I give it to anybody,'" said the senior.

The fraudster realised that they weren't going to get what they wanted and hung up.

"I thought it was just a disconnect. I waited a while and I figured they'd, call me back, but they didn't," he said.

The senior then decided to go down to the police station to find out what was going on and that's when he realized he was right to be suspicious because they confirmed that he had almost been scammed.

Though the senior had tried to call his grandson on the grandson's cellphone during the scam the grandson didn't answer. After the senior went to the police station, he was able to get his grandson on the line and was glad to confirm there had been no accident and that he was safe.

"He said, the whole thing was a hoax and I said, [that I want to] put something in the paper about it and tell everybody in town so that the next person doesn't get caught. How they knew my grandson's name, I don't know and how they knew he called me papa, I don't know," said the senior.

The senior said that he really did think his grandson was in danger at the beginning of the call and was disgusted that people would try to do something like this to someone.

"I can imagine there's another 80-year-old person, a grandma or

grandpa, sitting somewhere by themselves. They get a phone call, and they say, 'Hi, this is Susie, and I got a broken arm and I get in an accident,' and the seniors are going to believe it, and they're going to hand over their money. That's what I think. The fact that I took it to the extreme that I did, and chased it all down the way that I did. I don't think that the average older person is going to do that," said the senior.

Cst. Paul Human, the Selkirk RCMP's community policing officer says that the best way for anyone in the community to combat fraudsters is to refuse to talk to them.

"Hang up and that is so very hard for us to do as Canadians because we want to help. We are loving, we are caring," said Human

Some other tips that he suggests are to embrace your inner investigator and ask a lot of questions as well as to trust your gut if it doesn't feel right.

"If you realize, bang, I've been a victim of fraud. Let the police know and then let your financial institution know, ASAP," said Human.

Attempted frauds can be reported to the Canadian Anti-Fraud Centre at 1-888-495-8501.



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## Selkirk's Canada Day celebration at Rec Complex July 1st

Submitted by the City of Selkirk

The return of a July 1st event in the City of Selkirk will look a bit different this year and feel a bit different.

Culture Coordinator Ellie Longbottom says high water in the Red River has prompted the relocation of Selkirk's Canada Day to the Recreation Complex, and the city is seizing the day as an opportunity for people to learn more about our country's history.

"People celebrate Canada Day in many different ways," Longbottom said.

"The City of Selkirk is working towards reconciliation and we're providing an educational opportunity with our Canada Day page on the city website. People can visit [myselkirk.ca/](http://myselkirk.ca/) and learn about First Nations, Inuit, and Metis histories and cultures, the history of residential schools and Truth and Reconciliation. We're happy to be able to gather and celebrate Canada Day again, and we're equally happy to add an educational component to it."

Longbottom said the city engaged with Indigenous community partners to add new layers to the event. This year, the city is encouraging people to wear orange as well as the traditional red colour, to recognize Every Child Matters.

Robin Nishibata, Executive Director of the Selkirk Friendship Centre, said incorporating education of our country's history into the celebration of the day is important.

"We are happy to work with the

City of Selkirk for this Canada Day celebration," Nishibata said.

"Educating ourselves about our shared history will help us move forward. Together we can celebrate our country with the hope of strengthening our relationship, while embracing our diversity."

Mayor Larry Johannson said he knows Selkirkians are ready to celebrate Canada's birthday again, and he's thrilled that the city has included more culture and education to the day.

"After two long years without being able to get together and celebrate, we're all more than ready for a good day with friends and family, some music and food and hopefully some sunshine," Johannson said.

"And I'm really proud that our city is recognizing that Canada Day is a day to reflect on our past, and to learn from it and work towards a better future for all. I think people will embrace the new cultural offerings and the chance to learn more. I can't wait to see everyone out there."

The city is encouraging active transportation and the use of Selkirk Transit – a park and ride location will be announced shortly.

BicycleValet will be at Selkirk's Canada Day and the city is encouraging people to ride their bikes to the Rec Complex if they decide not to use public transport. Once there, you give your bike to a BicycleValet staff member who gives you a claim stub. Your bike is stored in a secure site that



RECORD FILE PHOTO

The City of Selkirk will be hosting its Canada Day celebration at the Rec. Complex this year due to high water at the Waterfront.

is staffed throughout the event. You don't need a lock. For more details on BicycleValet, or any other questions you have about Canada Day, please visit [myselkirk.ca/canadaday](http://myselkirk.ca/canadaday)

The city is also partnering with Frontier College and the Selkirk Friendship Centre for a scavenger hunt at the Rec Complex from 9 a.m. to 4 p.m., and with Frontier College for a Tales and Trails Walk during that same time.

The Harvester Outdoors Kids Zone will run from 4-8 p.m.

Music lovers can check out the Ac-

cess Credit Union Stage which kicks off at 4:15 p.m. with a performance by The Top Secret Band. The performers keep coming right until 9:50 p.m. when Jukebox Heroes close out the show.

The biggest fireworks display in the Interlake goes off at 11pm. A full schedule of events will be announced soon. Residents can check out the city's website at <https://www.myselkirk.ca/> for additional information when it becomes available.

## All Saints Anglican Church invites community to celebrate 100th anniversary

By Emma Honeybun

The All Saints Anglican Church, the only church in the village of Dunnottar, is celebrating its 100th anniversary with a celebration on Saturday, June 25.

Depending on what the weather brings for the afternoon, there will be outdoor activities from 1-4 p.m. including entertainment and a children's table.

Drinks, hot dogs, and cake will be offered to guests.

It will give members and the community a chance to come and visit the church with their families. The doors will be open, and those who are interested will be able to enter and look at set displays.

On the following Sunday, there will be a Special Eucharist Service at 10:30 a.m. followed by a lunch. The Service will be joined by Bishop Geoff.

For those who are unfamiliar; Eucharist is also known as Holy Communion.

Warden and treasurer Arlene Didychuck described the anniversary as a "testimony to the indomitable human spirit and resilience of those who came before us, and our present day faithful congregation."

Dunnottar stems from beach resorts Matlock, Whytefold and Ponemah, she said. Some permanent parishioners at the church live directly in the village, but others are from as far as Petersfield and Winnipeg.

"Over the century the parishioners have envisioned the 'Little Church at the Crossing' to be a place of welcome, a place of prayer and a place of worship," wrote Didychuck. "The church is a spiritual house fashioned with love and maintained by vision. Because of the spirit and fellowship that permeates the parish of All Saints, we will without a doubt celebrate many more anniversaries."

The church was built by architect Victor Horwood in 1922, and is a Historical Site of Manitoba.



PHOTO FROM HISTORIC SITES OF MANITOBA WEBSITE

Members of the All Saints Anglican Church are hosting a 100th anniversary celebration on June 25.



# Congratulations LSRCSS students



RECORD PHOTO SUBMITTED BY LSRCSS TEACHER DONALD MCINTOSH

LSRCSS students were able to celebrate at their awards dinner last week. Some of the many award winners were (in no particular order) Tilaya Scramstad who won the Bob Jefferson/Century 21 Bursary, Ian Gurney winning the Gail Bagnall Scholarship, Trevor Donald with the Gihuly Family Bursary, Dustin Lewis taking home the Lily Pad Cruisers Bursary, Julia Smith and Aliyah Dumka, leaving with Nancy Bogaski Memorial Bursaries, and Jerzy Halas and Hallee Cole who came away with P.A.S.S. Awards.

# Wheels Car Show back after two years off

By Becca Myskiw

Cars from all eras are rolling into town this weekend for the annual Wheels Car Show.

The Wheels Car Club is returning to normal on June 26 at Kings Park from 1 to 4 p.m. with what used to be their annual car show. Everyone can come out for free to check out all the cars on display.

John Neustaedter is secretary of the local car club. He said they're a group of classic car enthusiasts who host one show yearly and cruise out to other shows throughout the summer together. The Wheels Car Club's 30 members meet monthly — and they're always looking for more. To get involved, contact Neustaedter at (204) 745-7387.

Each member in the club has at least one classic car; most have several. Neustaedter said they have everything from model Ts to brand new Corvettes, Camaros, and Porches. However, the most common era of car is 1960s.

He owns a '57 Chevy Belair, which he's had for almost 50 years. He said he'll likely also be bringing his Corvette to the Carman car show this Sunday.

"For most, cars are just a means of transportation but for me I guess I have an appreciation for all the vehicles," said Neustaedter.

Car shows allow like-minded people (car enthusiasts of all kinds) to get together, surrounded by the things they love, and talk about them. At the Wheels Car Show, there will also be six trophies — best GM, best Chrysler, best Ford, best truck, best other, and the people's choice award, as voted on by spectators.

Though the Wheels Car Club puts on the show, Neustaedter said you don't have to be a member to show a car. Pre-registration starts at 11 a.m. in the park; anyone with something to show can bring it for free.

"They can set it up and show off their baby," he said.



RECORD FILE PHOTO

The Wheels Car Show is this Sunday, June 26 from 1 p.m. to 4 p.m. in Kings Park.

This car show usually gets around 100 to 130 cars, but Neustaedter expects more this year after a two-year car show hiatus.

The show is free for all, but there

will be food for sale at the concession and a 50/50 draw. Proceeds from the 50/50 will go towards the Back Door Youth Centre to help get their construction project off the ground.



# New Walter Whyte jerseys honour local heritage

Eagles will be sporting jerseys with elements of First Nations and Métis heritage

By Katelyn Boulanger

When Walter Whyte School decided to invest in some new jerseys for their sports teams, they wanted to find something that would honour the region's past, and the future. They did so by incorporating both Métis and First Nations representation into a new design that's seen interest in the new Eagle's jerseys soar.

"We've designed different [jerseys] over the years and we were ready for an update, something new. We were initially really inspired by the uniforms that we saw at Canadian Mennonite University," said Gloria Juvonen, principal of Walter Whyte School.

In 2021, Canadian Mennonite University redesigned its volleyball and basketball uniforms incorporating aspects of Indigenous heritage. Juvonen saw these new uniforms when her son Tim played on their volleyball team.

"I thought, 'What a great idea.' And I know, they'd done a lot of work with an elder and had lots of teachings with their students about Indigenous culture and the treaties of the land," she said.

After finding out how to get the process of designing the jerseys started and consulting to make sure that they were using the design elements in a culturally respectful way, Juvonen reached out to Métis artist Amber Green who made the final design.

"She took a similar idea [to that of the university] and incorporated it with our colours, and incorporated the eagle," said Juvonen.

The eagle also happened to work very well with all of the other elements not only because it is a bird that lives in the region but because the eagle in the seven teachings in Indigenous culture represents love.

Juvonen says that the jerseys are not

just meant to celebrate Indigenous culture but also to remind everyone that we are all treaty people because we all live on and share the same land making us all part of those treaties.

"It's not just talking about the treaties in terms of the land, but the treaty meant the relationships and the relationships were meant to last," she said.

To that end, on the back of the jerseys, the line 'As long as the sun shines and the grass grows and the river flows,' is printed which is a promise made by one of the creators of the treaties and indicates that the relationships between the Indigenous people in our area and the settlers should go on forever.

As for the Métis design element, traditional Métis beadwork patterns are incorporated along with Métis colours.

The reception from the students has been incredibly positive according to Juvonen.

"One of my little boys, he puts his hand up and he said, 'Thank you, Mrs. J for representing both my cultures. My dad is First Nations and my mom is Métis. So, I'm both and I'm really proud of my culture,'" she said.



PHOTO SUBMITTED

Walter Whyte students sporting their new jerseys while playing basketball.

She has already had a lot of interest from both staff and students in purchasing their own jerseys and anticipates that they will likely have them for sale for students and staff that would like to have one of their own.

## JUNE IS TURKEY MONTH

Get Grilling Manitoba-Raised Turkey this Summer!



### Smokey Barbecued Turkey Fingers

1 Boneless, Skinless Turkey Breast  
1/2 cup | 125 ml flour  
2 eggs, *beaten*  
1 cup | 250 ml breadcrumbs  
1 tbsp | 15 ml olive oil  
1/2 tsp | 2.5 ml garlic powder  
1 tbsp | 15 ml smoked paprika  
1 tsp | 5 ml mustard powder  
1/4 tsp | 1.25 ml salt & ground pepper

Preheat bbq to high heat (400°F | 200°C). Cut turkey breast into strips 3/4" thick x 4" long (1.5 cm x 10 cm). Place flour in a bowl and beaten egg in another. Mix breadcrumbs with all other ingredients in a third bowl. Dredge strips in flour, then egg and then roll in breadcrumb mixture until coated. Grill over indirect heat for 10-15 minutes on each side until crispy and fully cooked (165°F | 75°C). Serve with your favourite dipping sauce.



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## > LIVING KIDNEY , FROM PG. 6

ago, they have been fortunate enough to have four potential matches for his kidney transplant by spreading the word through their community.

Teddy said what happens is out of the four potential matches, they pick three donors. Out of the three donors, they must then decide amongst themselves who will be the first to undergo the testing to determine whether they would be compatible with Teddy to donate.

The donors then meet with a physician and coordinators working in the program educate them and answer any questions they may have.

Donors will go through an evaluation process where they undergo a series of medical tests such as blood and urine to look at their kidney health, X-rays and EKGs, tests to screen for high blood pressure or diabetes, a CT scan to look at the kidneys, immunological testing to confirm compatibility and meetings with various other individuals crucial to the process such as the transplant surgeon.

Through the evaluation process, the tests have determined that one of the donors is incompatible with Teddy due to a medical issue discovered through the evaluation process.

"Of the people that come forward as donors, a good percentage of them would be ruled out for medical reasons. A health issue that they weren't aware of for example," said Dr. Storsley.

It took approximately four months for one potential donor of Teddy's to go through the entire process needed

to determine the immunologic compatibility.

Dr. Storsley says that immunologic incompatibility is a common challenge for doctors in the living kidney donor process.

Now, the couple will wait for the other two potential matches to undergo the same testing, hoping they will be compatible.

While Teddy waits, he still attends regular hospital visits where they are monitoring his bloodwork consistently.

"The transplant clinic and the kidney ward at the Health Sciences Centre are amazing people. They contact you constantly. Any change in any bloodwork somebody is phoning you. They keep you on track all the time," said Teddy.

"We feel well looked after," said Kim.

Jean Oliver, Program Coordinator of the Selkirk Rotary, and friend of the Helgasons, invited the couple to attend a dinner last week to listen to Roberta Koscielny, Communications Specialist of Transplant Manitoba. Koscielny spoke about the difference between living-donor kidney transplant and deceased-donor kidney transplants.

The main takeaway from Koscielny for those who attended was that registering for kidney donation, it is no longer done through your Manitoba Health card or driver's license but solely by signing up online.

"With this speaker, I wanted to draw attention to our members that the word needs to get out that there are

people in our community that need donations," said Oliver.

The couple is thankful for the support of their community backing them up during this time.

"The way the people of Selkirk came out behind us, it was unbelievable,"

said Teddy.

If you are interested in becoming a kidney donor, you can sign up at [signupforlife.ca](http://signupforlife.ca) or reach out to the Gift of Life Living Kidney Donor Program to support others like Teddy looking for a kidney transplant.



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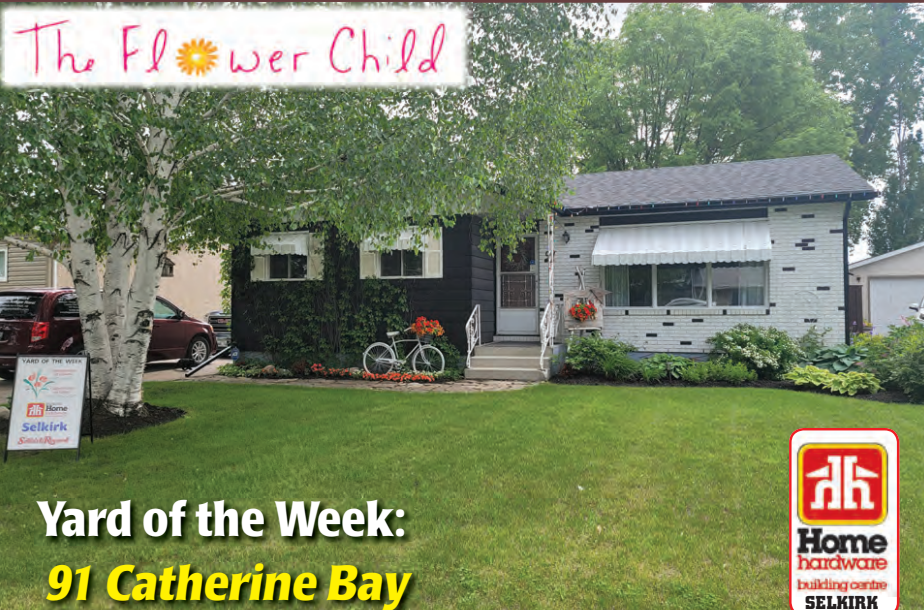
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# St. Andrews Open House



RECORD PHOTOS BY BRETT MITCHELL

Residents were invited to the RM of St. Andrews Open House. Tables were set up from many local community groups and in addition to learning about the latest goings on in the community, visitors were also treated to some great bbq.




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# Your Local Community Home Real Estate Section

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solutions provide efficiency and comfort. All accessories, such as the Mixer Shelf, Tilt-out Trays, Pots and Pans Pull-out and Slide-out Waste Centre, glide out with ease.

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A kitchen is more than cabinets and countertops. When renovating a kitchen, new flooring is a must. Most renovations today involve removing walls and changing floor plans. Installing continuous flooring throughout open rooms gives the look of a much larger space. Continuous flooring is also easier to clean and maintain. Transcend Laminate Flooring is also a Canadian made product. The perfect solution for busy households, not only is Transcend one hundred percent waterproof, but will hold up to the regular wear and tear of daily life. This 8.3mm thick flooring provides superior silent comfort and is also approved for use over radiant heat.

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406-5548 or email gary.shhbc@mymts.net. Flooring questions can be directed to flooring professional Cathy at flooring1.shhbc@mymts.net or call 204-785-2773.

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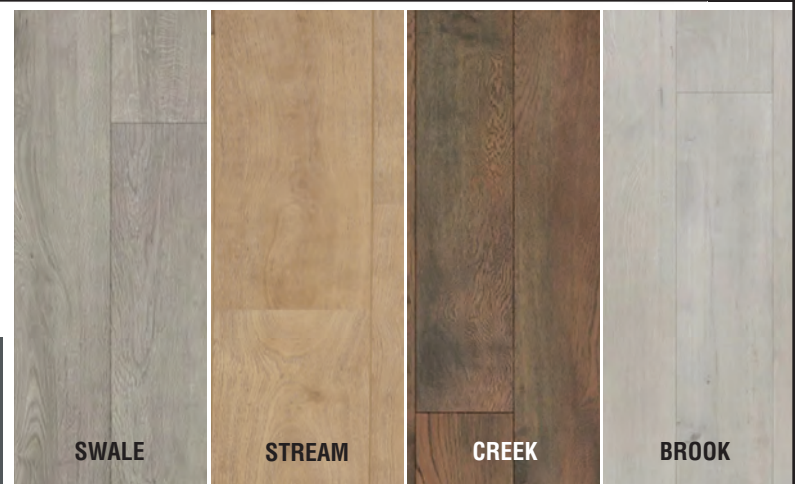


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# Your Local Community Home Real Estate Section

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## Revitalize your landscape on a budget

Many homeowners think they have to spend tons of green to get green in their landscape, but that isn't necessarily so. Homeowners can improve their landscapes without digging themselves into financial holes. These strategies can help anyone save some cash and still end up with attractive gardens and more.

- Use stones or gravel for a walkway. If commercially installed pavers or cement walkways are not within your budget, there are some affordable alternatives. Flagstone or individually purchased and spaced pavers and pea gravel can be used to create pathways. Some construction sites even offer free stones when asked. Soften the look with moss or other plants on the perimeter.



Free mulch and scavenged stones for walkways can dress up areas of the landscape for little money.

- Remove some lawn. Lawns can require hours of upkeep that may involve the application of expensive fertilizers and weed-killing products that are not always so eco-friendly. Reduce the size of a lawn by putting in a mixed planting bed of perennials or ornamental grasses or use landscape fabric and mulch.

- Look for free mulch. Municipal recycling centers may offer residents access to free mulch made from grinding up leaves, branches and other plant debris collected throughout the town. Simply bring a few containers to the recycling center and spread the mulch for an ornamental look or to insulate landscapes over winter and protect against weeds.

- Repurpose old items into planters. Old wheelbarrows, barrels, watering cans, and other items can be repurposed into container gardening vessels. Figure out if items marked for the garbage bin can be incorporated into garden features instead.

- Invest in plants that are easy to propagate. Perennials are the gardener's friend when it comes to saving money. These plants sprout anew each year, and many, such as sedum, catmint, ferns, hostas, and black-eyed Susans, can propagate by division. Figure out the best times of year to divide the plants and start growing them in individual containers before planting the sturdy new shoots in the ground. A single variety of plants grouped together in mass plantings is affordable and easy.

- Shop end-of season sales. Garden centers may begin to make room for holiday items come the fall. Take advantage of reduced costs on remaining plants and landscape accessories during this time of year. Plants can be covered or allowed to thrive indoors until they can be planted in the spring.

- Pool your resources. Homeowners planning on a big landscaping or revitalization project may want to speak with neighbors to see if they're interested in doing the same. Contractors guaranteed business from a few homes in the same neighborhood may be willing to negotiate lower prices for the volume of work on things like driveway repaving, deck- or fence-building, or installation of paver patios.

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# Your Local Community Home Real Estate Section

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## Turn your yard into a vacation-worthy oasis

Warm weather means more time to relax outdoors. For those homeowners lucky enough to have entertaining spaces outside, spring and summer provides plenty of opportunities to enjoy fresh air under the sun or stars.

Over the last few years, families have become especially familiar with what works about their yards and where there is room for improvement. Pandemic-related travel restrictions and early stay-at-home mandates resulted in plenty of time spent in backyards on staycations. Even though many such restrictions have been lifted, homeowners may have seen the benefits of having functional respites right outside their doors.

Create living privacy

Living in close proximity to neighbors may make privacy harder to come by. Wood or vinyl fences, however effective, may not provide the all-natural look many people desire. Vertical gardening, which trains easy-care vines like English ivy, Clematis or various climbing roses to grow on trellis or fencing adds greenery and privacy. Hedges and fast-growing shrubs also can be used for natural barriers.

Install a pool

Pools are the ultimate spots to cool off on hot days. An elaborately shaped inground pool can blend in with the landscape and offer the ultimate hangout zone. However, above-ground pools also serve the purpose and are more budget-friendly. Stock tank pools are popular among those who want minimal pool expenditure or have small spaces to work with. Stock tanks are metal vessels traditionally used as watering holes for livestock. They also can be "adult kiddie pools" when combined with some plumbing. Galvanized steel frames make them sturdy. With floats and other accessories, they can become the perfect oasis.

Provide outdoor atmosphere

Create a bespoke bistro vibe by using freestanding planters and posts along with hanging lights to make an intimate outdoor hangout spot at night. For those with permanent structures, like a deck or a gazebo, lights can be strung across the area or on railings or edging.



Extend the living space

Decks and patios can help make outdoor entertaining areas more comfortable by eliminating the need to sit on the grass or gravel. Plus, they add another "room" to the home. When paired with weatherproof patio furniture, such as sofas, loungers and tables, a private seating area can be crafted and utilized for any number of entertaining desires.

Hang a hammock

Few things evoke feelings of relaxation better than a hammock. Fitted between two trees (or two posts if trees are sparse), a hammock is an ideal place to grab a nap or read a book.

Additional oasis-inspired ideas include outdoor kitchens, letting up lanterns, cascading water features, and bird feeders to attract the sounds of nature.

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# Eveline St. construction underway



RECORD PHOTO BY BILL NEWZMAN SMYTH

The City of Selkirk's Eveline St. construction has caused a temporary closure on Eveline St. but progress is starting to be visible. The Eaton Ave. and Eveline St. intersection is sporting some smooth new pavement.

## Parade of Planets stretches over the Interlake

By Emma Honeybun

There will be a full 'Parade of Planets' on June 24. Although the five main planets, Saturn, Mars, Jupiter, and Mercury, have been aligned throughout the month of June, the Moon will join in on Friday to create a full, perfect line of six planets in a row.

This will be the first time since 2004 that all of these planets will be aligned at one time. They allegedly will not return to this position for another 20 years once it's finished, according to AccuWeather.

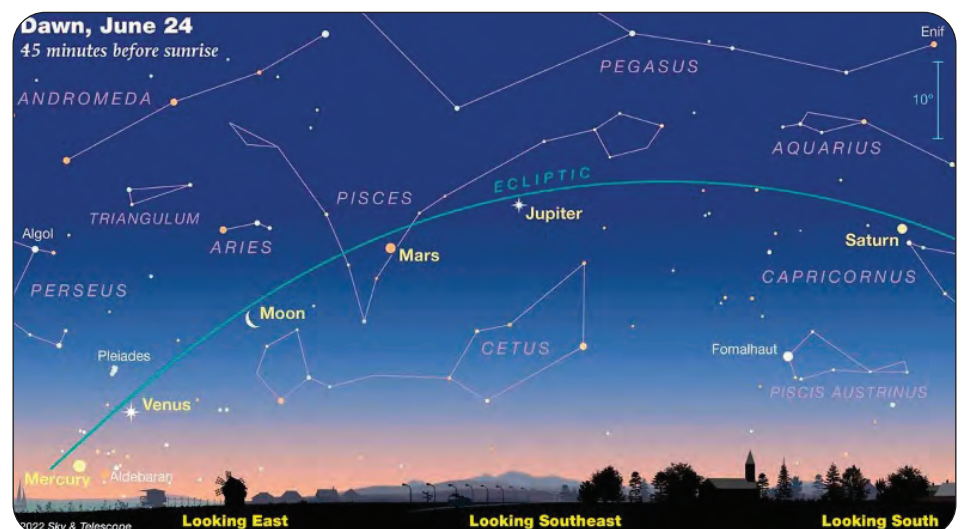
All of the planets will be visible to the human eye, without the need for extra help from a telescope.

The best time to see the parade is one hour before sunrise, if clouds or pollution don't obscure the view. Rural areas are more likely to get a better glimpse than those living in Winnipeg.

The moon will be a crescent, and the planets will be aligned from east to south.

The aligned planets without the addition of the moon are already visible, and have been all month.

Mark this as encouragement to get up extra early — again, an hour before sunrise — and witness the longest, farthest-reaching parade that is out there to watch for free.



SCREENSHOT FROM ACCUWEATHER

The Parade of Planets will be in full view this Friday one hour before sunrise.

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# Making Lockport a stronger tourism destination

By Kiana Crouse

Travel Manitoba, the Lockport Community Development Group (LCDG), Red River North Tourism, Red River North Heritage, Interlake Tourism, the RM of St. Clements, the RM of St. Andrews, Public Services and Procurement Canada, Parks Canada, and local business owners came together last week to discuss how to bring more tourism to the Lockport area.

CEO of Travel Manitoba, Colin Ferguson opened the meeting by discussing Travel Manitoba's current trajectory, recovery plan for tourism within Manitoba, and their goal of this meeting to work with stakeholders to assess Lockport's tourism potential.

"It is impossible to talk about the path forward for tourism without talking about the impact of COVID-19. And while it's been felt in virtually every sector, the travel, tourism, and hospitality industry was absolutely decimated by the outbreak and continues to struggle to get on its feet," said Ferguson.

Ferguson said that the economic impact of COVID-19 on the tourism sector was more dire than the impact experienced by 9/11, SARS, and the 2008 economic crises combined. In 2019, there were 21,000 people employed in the tourism industry in Manitoba, and just under 10,000 positions have been lost.

Ferguson said that in 2019, Manitoba welcomed over 10.5 million visitors to the province that spent over \$1.64 billion distributed throughout the region, contributing to the development of local communities. It is expected that the province can make a full recovery in total visits and leisure travel to pre-pandemic levels in 2019 by 2025. However, business travel is not likely to fully recover before 2026 - 2027.

"We are currently seeking input from our stakeholders to update Manitoba's tourism strategy. This is an extremely difficult time to set targets for tourism growth as we face everchanging world events such as increasing inflation, rising gas prices, overland flooding, and the impact of the Russian invasion of Ukraine, all dramatically shifting the global landscape of people in industries everywhere. The updated Manitoba tourism strategy will focus on driving short-term revenue recovery and positioning the tourism industry for long-term growth and resilience," said Ferguson.

After Ferguson addressed Travel Manitoba's objectives and plans for tourism growth, he transitioned the focus to Lockport and its future development in marketing and drawing tourists to its area.

"Travel Manitoba supports the initiatives of the Lockport Community Development Group to transform Lockport into a true tourism destination, leveraging both the assets of the St. Andrews Lock and Dam as well as the historic Indigenous significance of the area," said Ferguson.

Following introductions, independent consultant and taskmaster of the evening, Lloyd Fridfinnson, began a report card exercise which was a precursor to the night's interactive activities. The meeting allowed all attending members to participate in the discussions and the exercises that followed them.

The report card exercise entailed Fridfinnson asking attendees to give Lockport and its marketing a letter grade, thereby garnering a general consensus of stakeholders' perceptions of the town and that way it has been promoted. The meeting then went on to address Lockport's pros and cons, identifying the areas it excels in and what it needs to work on.

This discussion then tied into recognizing Lockport's strengths, weaknesses, opportunities, and threats. Each



Attendees participating in the SWOT exercise at the Travel Manitoba tourism meeting on June 16, 2022 at Gaffer's Restaurant & Lounge.



topic brought up was written down on the presentation board and then hung on the wall for attendees to select their three most significant strengths/opportunities and weaknesses/threats for Lockport via green and red stickers, respectively. This provided a clear visual of local stakeholders' opinions on what they deem high and low points for the area.

The most significant strengths identified were Lockport's name recognition and the creation of the LCDG. Opportunities included the town's strong ties to nostalgia and Indigenous collaboration. Whereas the main weaknesses discussed were private investment capacity and bridge construction. The most recognized threat identified was government red tape surrounding projects such as the viewing vistas the LCDG is lobbying for the government to implement on the St. Andrews Lock and Dam bridge. Although LCDG has the support of local MP James Bezan and received dozens of letters in favour of the vistas, the government failed to respond in any capacity.

Next up on the agenda was product identification, pointing out Lockport's attractions. This was also followed by an interactive exercise where attendees wrote their initials down next to the "products" that best enhanced the



RECORD PHOTOS BY KIANA CROUSE

Members of the Lockport Community Development Group. (Left to right: David Truthwaite, Matt Swirsky, Michael Faires, Collin Stone, Tracy Mainland Kramble, and Gurbaksh Diocee.)

culture surrounding Lockport.

Travel Manitoba adopted a "boulders, rocks, and pebbles" system to identify attractions. Boulders are major attractions that draw people specifically to an area. Rocks are moderate attractions that don't necessarily bring people out but provide a nice addition to the area. Pebbles are mild attractions that don't elicit much interest but prove beneficial to the community.

The products that were most recognized as being boulders of Lockport consisted of its waterways (including the SALD), cat-fishing, and its food establishments.

The evening concluded with discussing what Lockport currently has for marketing and what it lacks. Members of LCDG said they have been working on Lockport's digital presence by creating an Instagram under the @Lockport-MB username. LCDG is also in the process of arranging Lockport's "First Farmers" Market located on the First Farmers site at Lockport Heritage Park.

The LCDG comprises a small group of locals that aim to support development within the area, but they have been met with challenges due to limited resources. Red River North Tourism, Red River North Heritage, and Interlake Tourism discussed collaborating with LCDG and holding future meetings to implement projects that will better enhance tourism within the area. Travel Manitoba offered its support to LCDG by planning to have a marketing team come down and generate ideas to spark excitement and encourage people to visit Lockport for more than just its famous hot dogs and fishing.



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# Springhill Trailblazers Snowmobile Club getting new shop

By Katelyn Boulanger

Area snowmobilers will be glad to learn that a local club is getting a big upgrade this year thanks to a Building Sustainable Communities grant from the provincial government and a partnership with the RM of St. Clements. The Springhill Trailblazers will be getting funds which will go towards a multi-use shop house including a storage space and meeting and training venue to be located in the RM of St. Clements Public Works yard.

[The new multi-use shop] will be a wonderful building approximately 3500 square feet and our province, and on behalf of premier Stefanson, we are pleased to announce \$150,000 to go to build this project," said Jeff Wharton Minister of Environment, Climate and Parks and local Red River North MLA.

The new shop will be 50' by 70' with a 60' ceiling and 12' by 20' garage doors which will allow their equipment to be able to be stored inside.

"This is the exact partnership that we like because it's a local grassroots initiative. It's a local grassroots club that's been around for many years," said St. Clements councillor Robert Belanger at the grant announcement event.

"When [Patrick Neskar, president of the Springhill Trailblazers Snowmobile Club] came to us and asked, 'Is there an ability to use your maintenance yard as a staging point?' It was a no-brainer. It's one mile from 59. It's a perfect staging area. The tourism that snowmobile clubs and groomed

trails bring to our area is phenomenal. So again, these are the types of partnerships we love. It's great to work on with local clubs."

The Springhill Trailblazers are one of the oldest snowmobile clubs in Manitoba having been established in 1968. They are a volunteer organization with about 65 members and groom about 240 km of trails.

"Our goal is, of course, to keep folks safe on the trails," said Neskar.

He says that the group started to think about this idea about five or six years ago but that was before grants like the one that they received today existed and so it was just a dream at that point.

"Then with the grants, it became feasible. It's dollar for dollar matching grant, of course, so we have to match everything they give us, which we've planned for," said Neskar.

Construction on the new building is set to begin soon and they hope to have it ready for snowmobile season next year.

"[Storing the groomer inside keeps it in] much better shape, being in a warm heated shop and it's easier for guys to do maintenance on. It's just all-around better," said Neskar.

He says that this was all a team effort and that the volunteers always step up whenever the club needs a hand.

Neskar also invites anyone who would like to join the club to check them out on Facebook at <https://www.facebook.com/STSCadmin1/> or their website at <http://www.springhilltrailblazers.ca/>.



RECORD PHOTOS BY KATELYN BOULANGER

MLA Jeff Wharton with Springhill Trailblazers and RM of St. Clements councillors celebrating the grant announcement.



Wharton, and Springhill Trailblazers Patrick Neskar and Bill Watson at the announcement of the grant for their new multi-use shop.

## Patients share experiences of their 'fantastic' dentures

BY ELISHA VANDOR

Have you ever heard people say, 'when you love what you do, it doesn't feel like work?' Well, the saying goes... Do what you love and you'll never work another day in your life. That's exactly how we feel everyday coming into work at Vandor Denture Centre to transform peoples smiles. What really puts the icing on the cake is when we hear how patients are doing with their dentures after we have made them. When we do receive feedback, we share it with our entire team and it honestly puts an extra pep into our step. Here's 3 reviews that our patients so graciously wrote:

Our patient Norma received new upper and lower dentures at the beginning of April and she wanted to take them for a test drive before giving her feedback. She says, "I received my new dentures approximately 6 weeks ago. They were a replacement set. I wanted to try them for awhile before giving my review to ensure that I would be giving a fair review. The fit is absolutely fantastic. I put them in, and have not required

any adjustments since I got them. Brock [the Denturist] took amazing care during the fitting process, making many adjustments during that time to ensure I had the best fit possible. I am amazed at the quality of workmanship as well. I also can't say enough about the other staff as well. They were extremely accommodating in working with my tight schedule. So friendly and professional. I will absolutely recommend Vandor Denture Centre to anyone needing new or replacement dentures. Very personalized friendly service. Thank you all so much for making this process such a great experience!!" Norma T. - May 11, 2022

Another cool tidbit that makes the full-service denture experience at Vandor Denture Centre unique is that our dentures are hand-crafted in-house; meaning the same Denturist who sees you for your appointments customizes your denture to look like your smile once was or shapes it to make it uniquely you. Recent patient Peter says, "I was so impressed with

every person who works at Vandor. Every person was friendly and caring. Brock is such a talented person who hand crafted the perfect upper plate for me. When I unveiled my new denture to my wife, she was in shock at how natural they were and my smile was back. This is the place I will go for all future denture work. They are worth the 5-stars; I would give a 10 if I could." Peter M. - May 16, 2022

Lastly, (because I can only include one more of our patient's feedback before I run out of room) is from Perry who says, "The experience was pleasant and I am extremely happy with the results. The folks there are professional and personable. They are very good at what they do. I would definitely recommend Vandor Denture Centre." Perry J. - April 8, 2022

If you've worn dentures for YEARS and it's time to replace, are just starting out and have questions about your options, or wanting to go for dental implant supported dentures, then call us to schedule your free consultation.



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- supplied photo -

Cathy (patient of Denturist Matthew) at Vandor's is beaming with the bee after her experience.

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# get inspired

> MEAL IDEAS



## Baja Fish Taco Bowls

4 cups packed baby kale  
1 ripe avocado, halved, pitted, peeled and thinly sliced  
Prepare quinoa according to package directions.

In large skillet over medium heat, heat oil. Season fish with Cajun seasoning and salt. Cook 2-3 minutes per side, or until fish is lightly browned and starts to flake. Set aside.

In small bowl, stir yogurt, lime zest, lime juice and cumin.

In medium bowl, toss quinoa with kale. Divide between four bowls. Top each with fish, sliced avocado and dollop of yogurt and lime crema.

Substitutions: Use taco seasoning or chili powder in place of Cajun seasoning. Use arugula or baby spinach instead of kale.

Prep time: 10 minutes  
Cook time: 10 minutes  
Servings: 4  
2 bags Success Tri-Color Quinoa  
2 tablespoons olive oil  
4 white-fleshed fish fillets (5-6 ounces each)  
1 teaspoon Cajun seasoning  
1/2 teaspoon salt  
3/4 cup plain Greek yogurt  
1 tablespoon lime zest  
1 teaspoon lime juice  
1/4 teaspoon ground cumin



## Pina Colada Sweetpotato Ice Pops

3/4 cup diced pineapple  
2 tablespoons honey  
1 tablespoon lime juice  
coconut flakes (optional)

In food processor or high-speed blender, mix coconut cream, sweetpotato, pineapple, honey and lime juice. Transfer batter to freezer molds.

Place in freezer 3-4 hours. Top with coconut flakes, if desired.

Prep time: 5 minutes  
Freeze time: 3-4 hours  
Yield: 8 small ice pops  
1/2 cup coconut cream  
3/4 cup mashed and cooked sweetpotato

## Expert patient here to help!



Susie Schwartz

By Susie Schwartz

I listen to a lot of music. I also write it. I started playing piano at the age of 5; it's always been in me. In my 30's, my health took a massive blow when my ophthalmologist diagnosed me with stage 4 Diabetic Retinopathy. I was going blind. That's when I became dependent on music to save me. Since I play by ear, I realized blindness could not stop me from listening or playing. And I began to write.

Music is therapy.

Just think - even if you are not a music lover, I bet there is a song or two that you have connected with. Maybe it was an awkward first dance that brings you tingles as the memory floods back. Or perhaps you had just received really hard news and 'My Friends' by Oh Wonder starts playing and boom, you felt understood. (I think my neighbours know this song well!)

Music has the power to inspire (Think: exercise playlist); the power to find our sorrow deep within and

release it through our tears; the power to make us tap our fingers or jump up and dance with our 8-year-old nephew. Then we might remember our nephew has cancer and we put on another happy song to lift our spirits. Or a sad, sad song to process our despair.

Sitting at the piano and letting notes and words flow out of me has helped me process the grief of loved ones and the loss of health. (Although it's not quite that easy. A lot of crafting goes into a song before it's done.) It has contributed to celebrations of sisterhood, friendship and anniversaries as well. I've been in therapy for situational depression and pain control, and music is another effective method for managing these things - both writing and listening.

I don't know. Maybe people out there don't find music meaningful, but that doesn't compute in my brain. If that's you, you can ignore this whole column and watch for the next one in about six weeks. Otherwise, I highly recommend making multiple mood playlists to get you through the good times and bad.

And if you have health issues or know someone who does, my upcoming single 'It's Lonely Here' (Susie Bird) about sickness might resonate. It comes out July 8th. (Check the July 14th issue of the Stonewall/Teulon Tribune to read more about the song and how it came to be.)

I'm thankful surgery has saved my sight thus far. Still, music has saved me from so much more.

Less health stress, yes?

A published author and musician, Susie currently lives in the UK. Find her on FB @medicalmissstress, Instagram @susie.suschw, and lesshealthstress.com

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\$14,507+ BONANZA In 52 Numbers	4 0

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## Grahame wins Mark Tennant volleyball award

By Brian Bowman

Spencer Grahame had a great first season with the University of Manitoba Bisons men's volleyball team.

And Volleyball Manitoba took notice, announcing Grahame was this year's winner of the Mark Tennant Award for the U20 Junior men's player of the year.

The announcement was made at Volleyball Manitoba's Awards and Hall of Fame banquet on June 12.

"It meant a lot to me, just a lot of hard work and the time that I've put in," said the 6-foot-6 Grahame last week. "It makes me super grateful to everyone around me that supported me and pushed me to be better."

Grahame loved playing volleyball in his first season at the university level.

"It was a super cool experience," he said. "(Playing at nationals) was a great experience being in the gym with the best players in Canada. We played some really, really good teams. It was cool to measure myself up against the best teams out there."

As a rookie, it took Grahame a few weeks into the season before playing a prominent role. He was not used to watching games from the bench.

"It definitely was a change but, to be honest, I think if I would have played my first week I wouldn't have been ready," he admitted. "I kind of needed those weeks to realize that I really wanted to be out there and it kind of gave me some extra motivation and understand the things that I needed to work on."

Bisons' head coach Arnd Ludwig had high praise

for Grahame's athleticism on the court.

"When I was appointed as head coach for University of Manitoba my first priority was recruiting Spencer," said Ludwig in a prepared speech. "From his first day in the Bison gym, he impressed me with his work ethic in practice, in the weight room, and with his love for the game. It took him only three weeks of competition to work his way into the starting line-up, and he never looked back. He slowly became more and more comfortable in his role on the court and started showing leadership qualities."

Ludwig is also impressed with Grahame's work in the classroom.

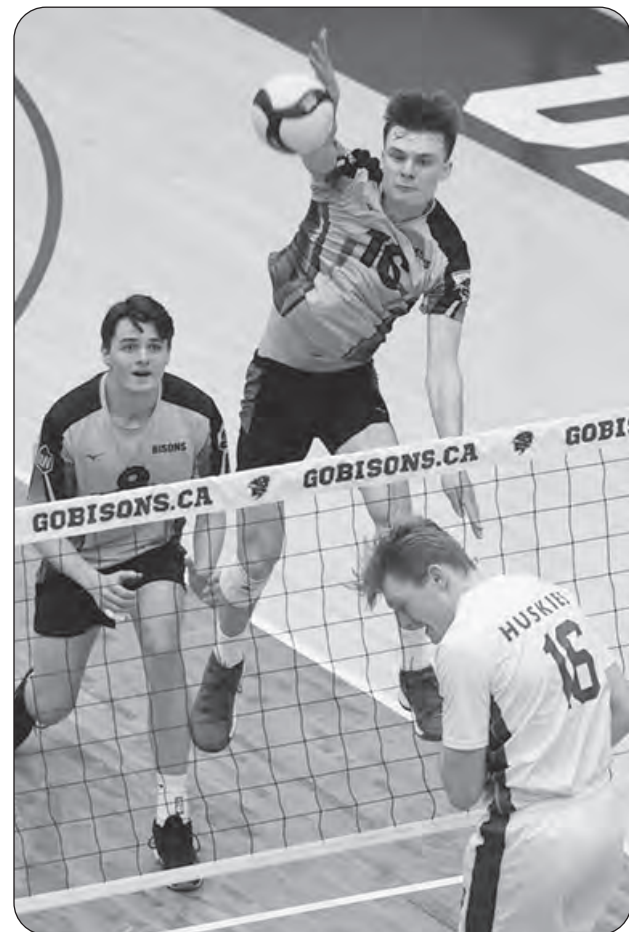
"He not only shows excellence on the volleyball court, but in the classroom as well," he said. "With a GPA of 4.31 in the faculty of engineering, he is also one of the best students on our team. He epitomizes the definition of a student athlete, and this award is very well deserved."

This summer will be a busy one for Grahame. He is a member of the Team Manitoba Canada Games men's team.

Manitoba will be competing in the 2022 Canada Summer Games in Niagara Falls Ont. from Aug. 16-21.

"I'm really looking forward to that and being in the same area with all of the different teams and sports from across Canada," Grahame said. "It will be a super neat experience. To play for Team Manitoba one last time will be really, really special."

As preparation for the Canada Games, the team will also compete in the Canada Cup in Calgary from July 21-24.



**RECORD PHOTO SUPPLIED BY VOLLEYBALL MANITOBA**  
The University of Manitoba Bisons' Spencer Grahame was named a Mark Tennant Award winner for the Junior (U20) male player of the year.

## Selkirk slo-pitch team wins silver at 55-plus Senior Games

Submitted

During the 55-plus Senior Games held from June 7-9, 15 teams from Manitoba entered the slo-pitch competition in three divisions.

The B Division was won by the St. James Ichabods and the Nomads took the C Division. In one of the most thrilling games, Selkirk won the A Division silver medal after losing by a run in extra innings to the Maulers from western Manitoba. Selkirk had also tied the Maulers in round-robin play.

In the gold-medal game, Selkirk took an early 1-0 lead in the first inning. The Maulers scored three times in the third inning to overtake Selkirk. The teams were tied 4-4 after four innings and 6-6 after six innings. Selkirk started the final inning with a triple by Doug Cockerill who scored on a double by Roberta Dear. The Maulers came back in the bottom of the seventh to tie the game 7-7. Selkirk was unable to score in the first extra in-

ning leaving the door open for Maulers to score and win the Gold Medal in A Division.

The ball games were a spectators' delight as leads changed back and forth during the course of the games. The diamonds were in great shape thanks to Selkirk Parks and Recreation staff.

The Selkirk slo-pitch team was formed in 2000 and played in the Senior Games in Dauphin. They continued the next year when the Senior Games were held in Selkirk. Selkirk won gold in the Games held in The Pas (2008) and Oak Point (2009), and Blumberg Provincials (2012) with several other medal finishes, managed by Fred Proden.

The current player-manager, Gerald Machnee, was a rookie with the team when they played in the 2001 Senior Games in Selkirk and has played in all 20 Senior Games since then. Selkirk now has a good mix of new and veteran players giving them a well-balanced team.



**RECORD PHOTO SUBMITTED**

Back row, left to right, Bill Perdonic, Doug Cockerill (behind Bill), Lawrence King, Pat Riley, Donna Loewen, Darrell Dunning, Gary Dear, Guy Therrien, Gerald Koroscil, Bill Wilson, Gerald Machnee, Derrick Paul, Gerry Hamm(committee); front row, Bob Zahayko, Steve Golden, Vic vander Grinten, Karla Hulls and Roberta Dear.



# Lockport Lancers excel in track and field



RECORD PHOTO SUBMITTED

The Lockport School Lancers' Grade 9 boys' medley relay team were crowned provincial champions on June 8 at the University of Manitoba. Pictured, from left to right, Marco Morelli, Antonio Raimo, Elliot Ferreira, Tanner Wryha, and Dah Soe.

## Submitted

The Manitoba Provincial Junior High Track and Field meet took place on June 8 at the University of Manitoba and the Lockport Lancers had 40 athletes attend.

Tanner Wryha had himself a banner day, with victories in the Grade 9 boys' 300-metre, high jump, and discus. He capped off the day leading his

medley relay team (along with Elliot Ferreira and Ashtyn Raimo) to another first-place finish.

Nick Farrow also excelled in the throws with silver medals in discus and shot put. Bryson Kramble made it a rare sweep of the discus event for Lockport with a bronze medal. Raimo also received bronze medals in hur-

dles and long jump.

Kate Kotula won a gold medal in Grade 9 girls' high jump and a silver medal in long jump while Avery Dripps captured bronze in the 300m.

Brailynn Ciscernoz took a gold medal in discus as well as a silver in shot put while Madigan Czarnecki won a silver medal in the 1200m.

"We were very impressed with the results and performances at the end of the year," said Lancers' coach Marco Morelli in an email. "Our great group of coaches certainly made a difference this year."

Lockport also had several team highlights from the LSSD Divisional meet which took place in Selkirk on June 6.

It was a great day for Lockport hurdlers as Faith Prokoppa (Grade 7 girls), Sam Wiebe (Grade 7 boys), Raimo (Grade 9 boys), and Bree Hurley all had first-place finishes in hurdles.

Lockport boys shot putters also did

well as Ciscernoz was the Grade 7 champion and Nick Farrow won the Grade 9 title.

It was great to see Madi Czarnecki dominate in the 300m and the 800m, taking firsts by a large margin.

Wryha took care of business, placing first in the 200m and 300m races. Ferreira flirted with the 12-second mark in his impressive 100m win. Tegan Anderson also put in a solid day on the track and took first in the 1200m.

In the field for the Grade 7 boys, it was the Sam Wiebe show. He swept the jumps, taking long, triple, and high-jump events. Ciscernoz also continued to dominate the throws, taking firsts in shot put and discus. Jeri Schlosser placed first in long jump, Emma Weiss tied for first in high jump, Kennedy Korell placed first in high jump, and Hurley also took first in triple jump.

## Steelers post job opening

### Staff

The Selkirk Steelers are seeking a highly motivated and results-driven sales professional to work in the Business Operations department of the Selkirk Steelers Hockey Club.

The successful candidate will be responsible for selling sponsorship and season tickets, helping with team fundraisers, set meetings with key accounts and prospects, and provide a high level of service to all accounts.

This position offers the candidate the opportunity to work from home,

receive good compensation, work in the hockey community, and part-time work.

The position requirements include strong communication skills, ability to work in a team environment, motivated individual, strong work ethic, desire to succeed and passion for sales, and be positive and professional.

Anyone interested in the position, can email their application and cover letter to [info@selkirksteelers.com](mailto:info@selkirksteelers.com).

## Zeller signs with Blues



RECORD PHOTO SUBMITTED

St. Andrews' forward Dawson Zeller has signed with the MJHL's Winnipeg Blues. Zeller scored 12 goals and collected 30 points with the Winnipeg Thrashers last season.

## Helm scores in Avalanche Stanley Cup playoff win

### Staff

The Colorado Avalanche's great playoff run continued last Saturday.

Colorado cruised to a dominating 7-0 win over the two-time defending champion Tampa Bay Lightning in Game 2 of the Stanley Cup final in Denver.

St. Andrews' Darren Helm scored the fifth goal of the night, snapping a shot past Lightning goaltender Andre Vasilevskiy.

Helm now has two goals and four points in 16 playoff games this season.

The Avalanche led the best-of-7 series 2-0 heading into Game 3 on Monday in Tampa Bay (no score was available at press time). Game 4 will be played on Wednesday.

Colorado was 14-2 in the 2022 Stanley Cup playoffs heading into this week's games.

Only four other teams have started the playoffs 14-2. Each won the Stanley Cup: the 1981 Islanders, the 1987 Edmonton Oilers, the 1988 Oilers and the 2012 Los Angeles Kings.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Cyr inducted into Volleyball Manitoba Hall of Fame

By Volleyball Manitoba

The 2022 Volleyball Manitoba Awards and Hall of Fame Banquet was held on June 12 at the Canad Inns Destination Centre Polo Park.

It was a celebration recognizing some of our outstanding athletes, coaches, volunteers and officials.

At the banquet, Volleyball Manitoba recognized all provincial champions from this past year, all-stars and MVP's, national medalists, the age class players of the year from each age category as well as the Cheryl Cable, Mark Tennant, Wezer Bridle Golden Whistle and Mary Jean England Coach Awards, among others.

The evening was capped off with the Volleyball Manitoba Hall of Fame inductions, which included former Selkirk Royals' star Megan Cyr (athlete), Justin Duff (athlete) and Don Dulder (builder).

Initially a figure skater while growing up, it was in Grade 5 at St. Andrews School that Cyr first started playing volleyball, quickly falling in love with the game.

She continued playing at Lockport Junior High when a coach first told her she had 'setters hands'. That comment helped give her motivation and confidence in what would eventually lead her all over the world competing at the highest levels.

In those early years with her junior high teams and with the Selkirk Royals Club, she started to develop her skills,

and then in high school her success on the court really took off. Cyr joined the Lord Selkirk Royals varsity team in her Grade 10 year, winning three MHSAA "AAAA" provincial titles over her high school career.

In Grade 11, she was selected as a provincial all-star, and in grade 12 was the provincial MVP, graduating all-star and named the Winnipeg Sun's No.1 player in the province.

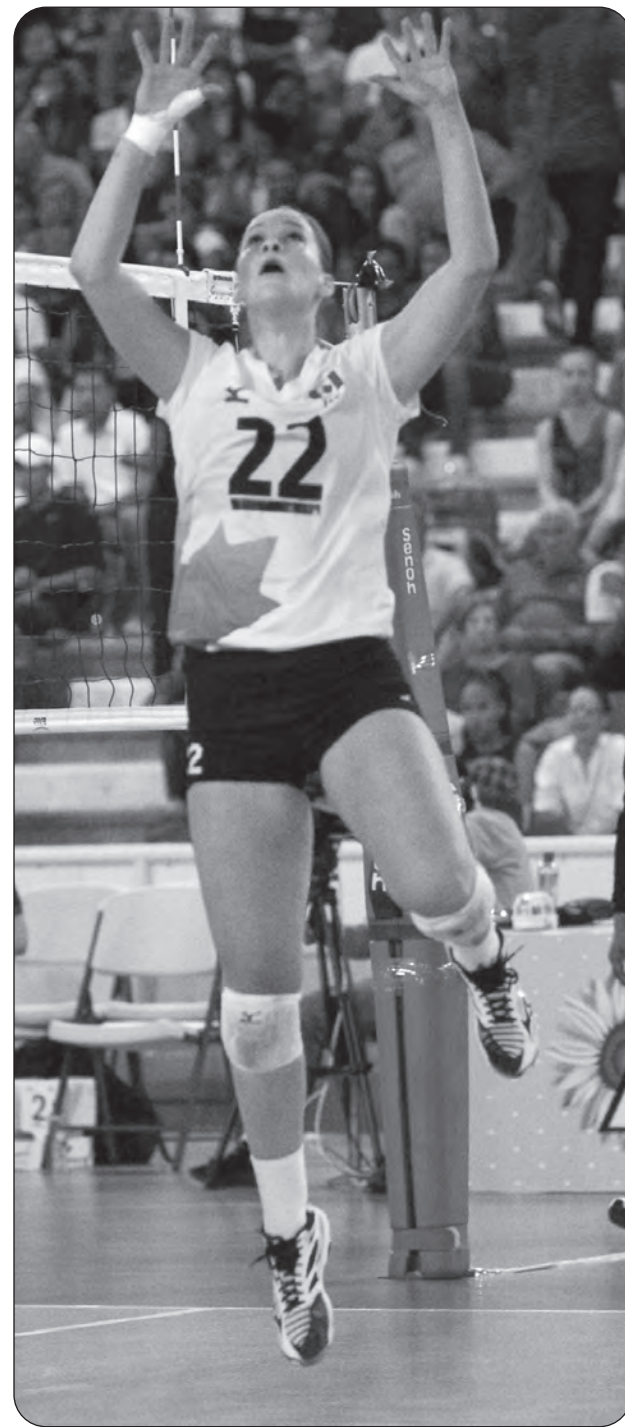
Being recruited by numerous universities, Cyr chose to take her game south of the border where she accepted an athletic scholarship to the University of Colorado where she competed for two years before transferring to North Carolina State University.

At NC State she played every point of 96 matches over her three years, finishing with 3,660 career assists, ranking her third overall in school history. She was also the team captain of the NC State team when they qualified for the NCAA championship for the first time in 20 years.

Cyr's international volleyball experience began in 2006 when she was selected to the youth national team and was again selected in 2008 to the junior national team. In 2011, she joined the senior national team, which began an extensive international career, competing in 86 matches for Team Canada over the next decade, and playing professionally in several countries throughout Europe.

Additional highlights of Cyr's international career include the following:

- Member of Team Canada 2011-2020
- 2018 Pan American Cup Bronze Medal
- 2019 Challenger Cup Gold Medal
- 2019 NORCECA Champions Cup Bronze medal
- 2013 Universiade Games in Kazan, Russia – sixth place
- 2014 FIVB World Championships – Italy
- 2018 FIVB World Championships – Japan
- Played professionally overseas in Germany, Austria, Switzerland, Greece and Italy.



RECORD PHOTO SUPPLIED  
BY VOLLEYBALL MANITOBA

Megan Cyr, a former Selkirk Royals' star setter and a member of Team Canada, was inducted into the Volleyball Manitoba Hall of Fame on June 12.

Bronze medal in the Swiss League in 2015 with NUC Sagres

First Place with Sm'Aesch Pfeffingen in 2019-2020 and runner up in the Swiss Cup

Cyr retired from international volleyball in 2020 and is currently coaching and now teaching full time after graduating with her education degree from Ambrose University.

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# Grobb-Prins selected to U19 national team women's volleyball program

By Brian Bowman

Brooklyn Grobb-Prins has turned a lot of heads in the volleyball world.

The mega-talented 14 year old from Selkirk has been selected to the U19 national team women's volleyball program.

All 36 athletes will train in Calgary together from July 6-10. From that group, 12 athletes will be selected to compete at the Pan Am Cup in Tulsa, Oklahoma and 24 athletes will compete in Division 1 of the Canada Cup in Calgary. They will form Team Canada White and Red.

What an experience that will be for the young teen.

"I was pretty excited when I found out because I didn't expect that I was going to make it," said Grobb-Prins last week. "It was a very last-minute thing that I did and I'm glad that I did it. (Going to Calgary) is going to be really fun."

The one-day tryout was held in Winnipeg. Grobb-Prins was the only Manitoban selected to the program.

"There were lots of good players there and I didn't think I had a really good chance (to make it). All of the players were really good," said Grobb-Prins, a 6-foot-3 outside hitter.

Grobb Prins is in Grade 9 at Ecole



Brooklyn Grobb-Prins

Selkirk Junior High but, because of COVID, their school only entered one tournament this past season which they won.

She also plays club volleyball for the Jr. Bisons Gold. They won provincials and placed ninth at nationals. Grobb-Prins was named an all star at a Best in the West tournament in Calgary where the Bisons won silver.



RECORD PHOTO SUBMITTED

Selkirk's Brooklyn Grobb-Prins, No. 21, has been selected to the 2022 U19 women's national volleyball team program. She is just 14 years old.

Next season, she will be playing for the Selkirk Royals. Grobb-Prins is looking forward to playing volleyball

at the high school level.

"They're really good and I'm excited to be a part of that team," she said.

# Jakabek wins three gold, a bronze at Jr. High track and field provincials

By Brian Bowman

There were a lot of great performances by local athletes at the Jr. High track and field provincials held on June 8 at the University of Manitoba.

One of those athletes who had an outstanding day was Ecole Selkirk Junior High's Danika Jakabek.

The talented Grade 9 student won gold in the long jump, triple jump, and a relay race. She also placed third in the 100-metre.

"It felt pretty good, actually. I didn't expect it," said Jakabek of her performance. "I was expecting everybody else to beat me. I did (well) at our local meet for our school division but I expected to get beat in all of my events (at provincials)."

She thrived under the pressure of competing on a big stage in front of a lot of people at provincials.

"It's fun. You hear all of your classmates cheering for you when you're running around," Jakabek said. "But

it's also nerve wracking because there are a lot of kids there that are better or taller or faster - they're pretty built for competition."

Jakabek's best - and favourite - event is the triple jump. She trained a lot with her school in the mornings at the high school in Selkirk. Jakabek really enjoys competing in the sport.

"It's a lot of waking up at 6 a.m. to go to practice and a lot of running because you have to build up your endurance," she noted. "But I like the feeling that I won all by myself and that I can do it by myself."

Jakabek has been competing in track and field since Grade 5 and she is looking forward to becoming a Selkirk Royal student-athlete this fall.

"I'm hoping that I will do as good as I did this year because all of the coaches are really good," said Jakabek, who also plays club volleyball and runs cross country.

RECORD PHOTO SUBMITTED

Danika Jakabek won three gold medals and a bronze at the 2022 Junior High Track and Field Championships at the University of Manitoba earlier this month. She has received an invite to tryout for Team Manitoba which will compete at the nationals in Edmonton.





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2006 Forest River, Wildwood LA, low miles, tow hitch. Sleeps 6. 1 slide out. Fridge, stove, micro-wave, shower, toilet, awning. Works on hydro or propane. Asking \$18,000. For more info call Bob at 204-642-2787.

5th wheel & truck – EUC 30.5 Topaz 5th wheel, built in Manitoba, new tires & battery 2022, new hot water tank 2016, cargo pass through tray, winter package, one slide out, automatic awning, 3 burner stove with oven, collapsible shelf for ex-tra counter space, 4 chairs & table extension, TV, hide-a-bed, built-in laundry cabinet; 2006 GMC Sierra 2500 HD SLE crew cab truck, safetied with \$5000 work done, new tires March 2022, new battery November 2021, 197,483 km. \$40,000 for both, \$22,000 for 5th wheel. Call 204-461-3374.

### PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of deal-ing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

### CLEAN OUT YOUR HOUSE

**MAKE EXTRA CASH**  
ADVERTISE YOUR ITEMS FOR SALE HERE

### SHOP LOCAL

**SUPPORT OUR LOCAL BUSINESSES**

# take a break > GAMES

## SUDOKU

	7		5			4		
	5	3		2	1			
	1	8		6			2	
								2
8			3				1	
				4			3	7
		2	1				7	4
	4	5						
9								8

Level: intermediate

**Fun By The Numbers**

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

**Here's How It Works:**  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	5	1	4	3	2	7	6	9
3	6	2	9	7	8	5	4	1
4	7	9	5	6	1	2	8	3
7	3	8	2	4	9	1	6	5
9	1	6	7	5	3	4	2	8
2	4	5	8	1	6	9	3	7
5	2	3	6	9	7	8	1	4
6	8	7	1	2	4	3	5	9
1	9	4	3	8	5	9	7	2

Sudoku Answer

S	T	R	O	C	S	E		S	O	I	P	E		
T	S	E	R	V	A	S		V	V	N	V	S		
R	E	T	F	P	O	N	K	K	W	M	T	V		
V	A	I												
W	R	V												
S	A	M	V	A	R	O	N	V	P	S	N	R	V	E
T	S	E	R	V	A	S		V	V	N	V	S		
S	E	E	S											
E	I													
R	O	F	D	E	T	A	R	P	O	R	P	E	C	
E														
E														

Crossword Answer

# CROSSWORD

### CLUES ACROSS

1. Half-conscious states  
8. Unnatural  
13. Deep regret  
14. Rogue  
15. Took without permission  
19. An alternative  
20. After B  
21. Partner to "flowed"  
22. The best day of the week (abbr.)  
23. Helps you hear  
24. Egyptian river  
25. Lake \_\_, one of the Great  
26. Make free from bacteria  
30. Indigenous peoples of central Canada  
31. Sanctuaries in Greek temples  
32. Most unclothed  
33. NJ senator Booker  
34. Tibetan lake  
35. Desecrate something sacred  
38. John \_\_, English educator 1467-1519  
39. Obtains in return for labor  
40. Views  
44. Rugged cliff  
45. Not quiet  
46. Body part  
47. Newt  
48. German city  
49. A way to save money  
50. NBC's Roker  
51. Dire Straits frontman  
55. Actress Lathan  
57. Most meager  
58. Poems  
59. Companions

### CLUES DOWN

1. Draws over  
2. Recur

1	2	3	4	5	6	7		8	9	10	11	12
13								14				
15							16	17	18			19
20						21					22	
23						24				25		
26			27	28	29				30			
			31					32				
			33					34				
35	36	37					38					
39						40				41	42	43
44					45					46		
47					48					49		
50			51					52	53	54		
55		56						57				
58								59				

### 3. Current unit

### 4. Neither

### 5. Certified Radio Operator (abbr.)

### 6. Power of perception

### 7. Peace

### 8. Supplemented with difficulty

### 9. The last section or part of anything

### 10. Dorm worker

### 11. Bones

### 12. Most unnatural

### 16. Spanish island

### 17. The skill to do something

### 18. Where golf games begin

### 22. Untethered

### 25. Print errors

### 27. The sport of engaging in contests of speed

### 28. Ones to look up to

### 29. Stringed instrument

### 30. Gives whippings

### 32. Type of tie

### 34. Make more concentrated

### 35. Die

### 36. Part of a winter hat

### 37. Young men's club

### 38. Bathrooms need it

### 40. U.S. president

### 41. American novelist

### 42. Take into custody

### 43. Hurts

### 45. Type of gibbon

### 48. American actor Lukas

### 51. Partner to cheese

### 52. Some are covert

### 53. Political action committee

### 54. To and \_\_

### 56. Atomic #28



# Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## OFFICE SPACE FOR RENT

Office space for rent, avail. June 1st, 650 sq ft, 300 block of Main St., Selkirk. \$960 + GST per month. Air conditioned, recently renovated, includes utilities. Call 204-785-0105.

## APARTMENT FOR RENT

Century Apartments, Selkirk MB. Spacious 2 bedroom apartment with balcony. Rent \$1248, water, heat, and one parking stall included. Hydro extra varies on use. Contact Heather 204-785-2200.

## WANTED TO RENT

House or apartment wanted to rent. Family of 5 looking for a 3 or 4 bedroom in or around Selkirk. Must be pet friendly. Call Rob at 204-485-1503 or Michelle at 204-485-2984.

**News Tips?  
Story Ideas?  
call the  
Record  
204-785-1618**



## Response Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
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- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 32 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email [classified@mcna.com](mailto:classified@mcna.com)

[www.mcna.com](http://www.mcna.com)

## FOR RENT

Mature person, 1 bdrm. basement suite on 80 acres. Livestock welcome. Clean, quiet, smoke free home. \$950, internet & satellite included. No indoor pets. Teulon, MB. 204-479-0294.

## LOT FOR SALE

Lot for sale - 1.20 acres in quiet subdivision in Laurelyn Estates, Petersfield. \$94,500. Info at: [fjcopock@gmail.com](mailto:fjcopock@gmail.com)

## COMMERCIAL SPACE FOR RENT

Buildings and yard, 310x48' zipperlock steel building with 4" urethane insulation; 30x60' shop, 600 V. Hydro in yard, 1 mile north and 1 mile east of Teulon. Interlake Potatote Farms, 204-886-2676.

Please support our advertisers  
**SHOP LOCAL**

## LAKESIDE FLIGHT SCHOOL

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. Lakeside Flight School 204-642-4799.

Please support our advertisers  
**SHOP LOCAL**

## LIFE SUITES FOR RENT

Pembina Manitou Place  
Located in Manitou

- Affordable 55+ Life Lease Suites
- 1 & 2 Bedroom suites available NOW
- Equity Deposit Required
- Rent includes Hydro, Water & Indoor Parking
- Town has many amenities

Contact Rick  
204.208.4000  
[ricklussier@gmail.com](mailto:ricklussier@gmail.com)

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- Posters
- Memo pads
- Post cards
- Presentation Folders

**Call 204-785-1618**

**The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication**  
**Please Call 204-785-1618**



## R.M. OF ST. ANDREWS

### NOTICE OF REGISTRATION OF PROSPECTIVE CANDIDATE FOR GENERAL MUNICIPAL ELECTION

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

**NOTICE IS HEREBY GIVEN THAT** I will be receiving candidate registrations:

#### FOR THE OFFICE OF MAYOR

Between May 1, 2022 and September 20, 2022

#### FOR THE OFFICE OF COUNCILLOR

Between June 30, 2022 and September 20, 2022

at the Rural Municipality of St. Andrews Office, 500 Railway Avenue, Clandeboye, MB, during the regular hours of business.

To obtain a registration form, please contact Margaret Davidson, Senior Election Official (SEO) at one of the following numbers to make an appointment:

SEO Contact - Phone: (204) 738-2264  
- Cell: (204) 785-0174  
- Email: [info@rmofstandrews.com](mailto:info@rmofstandrews.com)

DATED at Clandeboye, Manitoba on the 25th day of April, A.D., 2022.

Margaret Davidson  
Senior Election Official  
Rural Municipality of St. Andrews



## Lord Selkirk School Division Notice of Upcoming Election for School Trustee To Be Held on October 26, 2022 Between the Hours of 8 a.m. and 8 p.m.

The Lord Selkirk School Division is comprised of 5 Wards which shall be comprised as follows:

- Ward I** That portion of the Rural Municipality of St. Andrews that falls within the boundaries of Lord Selkirk School Division south of, (not including) Cloverdale Road.
- Ward II** That portion of the Rural Municipality of St. Andrews that falls within the boundaries of Lord Selkirk School Division north of and including Cloverdale Road.
- Ward III** That portion of the Rural Municipality of Victoria Beach, the Rural Municipality of St. Clements, the Rural Municipality of Alexander that falls within the boundaries of Lord Selkirk School Division, including the Brokenhead Ojibway Nation No. 4.
- Ward IV** That portion of the Rural Municipality of St. Clements and the Rural Municipality of Brokenhead that falls within the boundaries of Lord Selkirk School Division south of the Brokenhead Ojibway Nation No. 4.
- Ward V** The City of Selkirk.

The number of trustees elected in the said Division will be as follows:

- |                           |                          |                           |
|---------------------------|--------------------------|---------------------------|
| <b>Ward I</b> 2 Trustees  | <b>Ward II</b> 1 Trustee | <b>Ward III</b> 1 Trustee |
| <b>Ward IV</b> 2 Trustees | <b>Ward V</b> 3 Trustees |                           |

Please note a Candidate Information Package is available on the Lord Selkirk School Division website, or you can also pick up a copy at the School Board Office.

Nominations will be accepted at the Board Office from September 14 – 20, 2022.

Sally Cote, S.E.O.  
Lord Selkirk School Division  
205 Mercy Street  
Selkirk, Manitoba R1A 2C8  
Phone: (204) 406-8479  
E-mail: [scote@lssd.ca](mailto:scote@lssd.ca)  
Website <http://www.lssd.ca>

Division School Board Office Hours: 8:00 a.m. – 4:30 p.m.  
Summer Hours: 8:00 a.m. – 3:30 p.m.

Dated at Selkirk, Manitoba on June 20, 2022



Gimli Barvinok Dance Club is looking for Instructors to provide Ukrainian dance to children, teenagers and adults in our community.

Position: Ukrainian Dance Instructors  
Reporting to: Barvinok Ukrainian Dance Board  
Salary: Hourly Wage (based on qualifications and experience)  
Job Type: Part time

**Closing date of job advertisement: July 15, 2022**

### Requirements:

- Availability to instruct dance on Wednesday evenings and weekends for various events and competitions
- Instruct Ukrainian dance to dancers ages 4 and up
- Interested in promoting Ukrainian dance and culture
- Ability to prepare choreography and music for dances
- Prepare for competitions, Malanka and spring concert
- Provide some basic ballet training as part of class warm up and strengthening
- Child abuse registry check and criminal record check required
- Provide updates throughout our dance season to the board on progress; dance, costumes and plans

### Compensation:

- Hourly wage based on qualifications and experience
- Mileage to be determined
- Accommodations for competitions

**Please submit resume and 2 dance references by July 15, 2022 to: [gimlibarvinokud@gmail.com](mailto:gimlibarvinokud@gmail.com)**





# Classifieds

*The Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

## SHOP LOCAL - SUPPORT LOCAL BUSINESS



### EMPLOYMENT OPPORTUNITY PUBLIC WORKS ASSISTANT

Under the direction of the Public Works Manager and the Public Works Foreman, the Public Works Assistant will support the daily operation of the Municipality, ensuring quality services to residents, perform general and preventive maintenance on equipment and adhere to established municipal policies, procedures, safe work practices as well as Workplace Safety & Health Standards.

This position falls within the Collective Bargaining Unit of Local 987 and is subject to all terms and conditions of the collective agreement or subsequent amending Agreements.

For a full list of Duties and Qualifications please visit [www.weststpaul.com](http://www.weststpaul.com).

Submit applications marked  
"Application for Public Works Assistant" to:

Lainie Shaw, CMMA  
Municipal Legislative Officer  
RM of West St. Paul  
3550 Main Street  
West St. Paul, MB R4A 5A3  
Fax: 204-334-9362  
Email: [admin@weststpaul.com](mailto:admin@weststpaul.com)

The RM of West St. Paul wishes to thank all candidates for their interest in this position, however, only those individuals considered for an interview will be contacted.

## EMPLOYMENT OPPORTUNITY

### Communications Manager

The Rural Municipality of St. Clements is looking for a Communications Manager to join our team. The ideal candidate will be enthusiastic and personable, with great communication skills.

The Communications Officer is responsible for outgoing public communications, including website and social media management, email blasts, event promotion, advertising, communications planning, media releases, public education, graphic design, internal and external newsletters, photography, speechwriting, report writing and data analysis, PowerPoint presentations, developing and managing public engagement, serving as tourism point person including participation in local destination marketing organizations. The Communications Officer works closely with the CAO and collaboratively with other staff and council.

#### Required Qualifications

- Strong written and oral communications skills
- Strong long term planning skills
- Well organized and detail-oriented
- An understanding of the public engagement process
- Team player that can work well independently
- Manages time effectively to meet timelines
- Fluent in Microsoft Office, WordPress Content Management System, and Google maps
- Familiar with Facebook and Twitter management
- Graphic design skills
- Fluency in Adobe InDesign, Photoshop and Illustrator, Mail Chimp, Survey Monkey
- Diploma in Creative Communications or other post-secondary communications training

An equivalent combination of education, experience, skills, knowledge and abilities may be considered.

This is a full-time position. The RM offers a comprehensive compensation and benefits package. Travel may be required for meetings, conferences or training. Some evening work may be required.

Qualified candidates are invited to submit a cover letter and resume to: Deepak Joshi, Chief Administrative Officer  
1043 Kittson Road  
Box 2 Group 35 RR 1  
East Selkirk, MB R0E 0M0  
Email: [cao@rmofstclements.com](mailto:cao@rmofstclements.com)

Applications will be reviewed as early as June 24, however the posting will remain opened until a suitable candidate is located.

While the RM thanks all applicants, only those considered for an interview will be contacted.



**Starting a new business?**  
Call us - We have everything you  
need to promote your business  
**Call 204-785-1618**

## Thank You

Kirstin's Walk would like to thank the City of Selkirk (Tracey) for all their assistance setting up the Ag building in time for The Walk. Thank you to the Ag Society for granting us the use of their building, it's a perfect venue for The Walk, we really appreciate it.

Thank you to all the volunteers, helpers, donations of food, Lions Manor for baking, thank you to everyone who generously donated to the silent auction, thank you to all our Sponsors Daerwood Press, Red River Pawn Shop, Steelcity Physio, RM of St Andrews, Lions Club of Selkirk, World of Water, Running Room, Legion Ladies, Upper Crust Bakery and The Selkirk Record. We'd also like to SDCF especially Bev Clegg for your guidance and encouragement, thank you to Bucky Anderson for bringing the Metis van and leading the walkers. Mostly thank you to all the participants who came out and walked in the rain! Your smiles, love and support are what makes Kirstin's Walk wonderfully successful. Thank you to those of you who donated to the foundation.

We are so blessed to have the support of so many friends of Kirstin's Walk. We are grateful for all the love you have shown us, thank you so very much we appreciate it! To all of those who were unable to attend but kept us in their hearts thank you. I hope I haven't missed anyone if I have, I apologize.

This year's funds have been awarded to Hand in Hand Daycare for Early Learning Development resources.

*Laurie and Rick Sutherland*

## CLANDEBOYE AVE in Selkirk Executive Mail OFFICE SPACE FOR LEASE



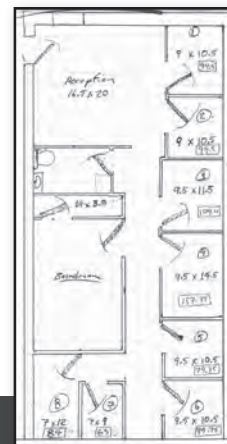
### Property Features

Total square Footage 1700, includes eight offices of various sizes, a board room and a front reception area. Current tenants include Sun Life Financial, a Massage Therapist, an Esthetician, Glow Fitness for Women and the Selkirk Record. The building was upgraded in 2012. Both the reception and board room are shared, there is currently one office available for lease.

For information please contact:

**BIG Real Estate**  
204-485-0010

[email bigandcolourful@mts.net](mailto:email bigandcolourful@mts.net)



## HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

## MISCELLANEOUS

One wide width wheelchair, like new. Used only once. Asking \$400 obo. Please call and or leave a message at 204-482-3331.

## WATER TREATMENT

Water softeners. All sizes. 5 stage reverse osmosis systems, \$268. E-coli ultraviolet systems. Greensand iron/odour/ manganese removal filters. 10" & 20" Polyspun. String wound. Carbon replacement water filters. Delivery avail. All Seasons Furnishings 204-661-8581.

## WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

## SHOP LOCAL

Eddie's Gravel Supply Ltd. is Hiring

## CLASS 1 TRUCK DRIVERS WANTED!

Competitive Wages, Health  
Benefits, Lift 50lbs  
Experience an asset

[info@eddiesgravel.com](mailto:info@eddiesgravel.com)  
204-389-2023

102086 Hwy 9, Wpg Beach, MB



## Executive Director

Survivor's Hope Crisis Centre (SHCC) is currently seeking a full time Executive Director. SHCC is a sexual violence resource centre serving the Interlake Eastern Region of Manitoba.

As the Executive Director, you will have an opportunity to be part of unique and forward-thinking empowerment programs in rural Manitoba. You will impact the services available to rural survivors of sexual violence and oversee innovative preventative education programs. You will be an essential part of relationships among health care providers, law enforcement, educators, and support services to bring them together in a coordinated response to sexual violence.

Please submit your cover letter and resume by June 30, 2022 at 4pm. View the full opportunity and how to apply at [survivors-hope.ca/get-involved/](http://survivors-hope.ca/get-involved/)



# Classifieds

Book Your Classified Ad Today - Call 785-1618 or Email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)

The Selkirk Record

## WANTED

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

## McSherry Auction

12 Patterson Dr.  
Stonewall, MB

Online Timed Auctions  
@ iCollector.com

Estate & Moving Auction  
Closes Wed July 6th @ 7:00PM

Estate & Moving Auction  
Closes Wed July 13th @ 7:00PM

Consignments Welcome!

(204) 467-1858 or  
(204) 886-7027  
[www.mcsherryauction.com](http://www.mcsherryauction.com)

## McSherry Auction

12 Patterson Dr.  
Stonewall, MB

Antique Tractor Online Auction  
Closing on Tuesday June 28th  
at 1:00 pm. - Oakbank MB.

2 miles North on Hwy 206.  
Then 1/4 mile east on Hwy 213  
# 27065.

Over 50 tractors featuring  
Gibson, Empire, J.D. 60, J.DGP,  
J.D. H, Farmall 350, some  
vehicles and autobody  
equipment.

Go to website  
[McSherryauction.com](http://McSherryauction.com)  
for bidding, viewing and the  
detailed listing.

Contact Darin at:  
(204) 781-7905 or  
McSherry Auction at:  
(204) 467-1858

[www.mcsherryauction.com](http://www.mcsherryauction.com)

## McSherry Auction Service Ltd

ANTIQUE TRACTOR  
ONLINE AUCTION

Closing on Tuesday  
June 28th at 1:00 pm

Oakbank MB  
2 miles North on Hwy 206.  
Then 1/4 mile east on Hwy  
213 # 27065.

Over 50 tractors featuring:  
Gibson, Empire, J.D. 60,  
J.DGP, J.D. H, Farmall 350,  
some vehicles and auto-  
body equipment.

Go to website  
[McSherryauction.com](http://McSherryauction.com)  
for bidding, viewing and  
the detailed listing.

Contact Darin at  
204-781-7905 or  
McSherry Auction at  
204-467-1858

## HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail [stonewood@elkranch.com](mailto:stonewood@elkranch.com)

Do you have a unique service you  
would like to advertise?  
Get the word out with an ad in the Record!

## BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK

\*Auto \*Farm \*Marine  
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THE BATTERY MAN  
1390 St. James St.  
Winnipeg  
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KALDECK TRUCK  
& TRAILER INC.  
Hwy #1, MacGregor, MB  
1-888-685-3127  
[www.kaldecktrailers.com](http://www.kaldecktrailers.com)

## Don't Forget Your Loved Ones

WITH AN ANNOUNCEMENT IN THE

**Selkirk Record**

Call 785-1618 or email [lucy@selkirkrecord.ca](mailto:lucy@selkirkrecord.ca)



M&C  
Commodities Inc.  
**Come join  
the team!**

## General Labourer Needed

### Requirements:

Must be able to work various shifts  
Must have a reliable vehicle and driver's license  
Must be mechanically inclined  
Learns tasks quickly and have a strong work ethic  
Maintains a safe and clean work area  
Ability to work independently and in a team setting

On the job training

Starting wage \$20.00 - \$24.00  
based on experience.

We offer competitive wages and health benefits.  
Please email your resume to  
[hr@mccommodities.ca](mailto:hr@mccommodities.ca)

## R.M. OF EAST ST. PAUL ZONING BY-LAW 2009-04 FILE No. BL2022-08

# PUBLIC HEARING

We are  
Listening.

Public  
Hearing  
Tuesday,  
July 19th, 2022  
6:15 PM  
Council Chambers  
3021 Birds Hill Rd.  
East St. Paul, MB  
**MASKS  
RECOMMENDED**

Phone:  
(204) 482-3717  
1-800-876-5831  
Fax: (204) 482-3799  
E-Mail: [info@rrpd.ca](mailto:info@rrpd.ca)  
Website:  
[www.redriverplanning.com](http://www.redriverplanning.com)

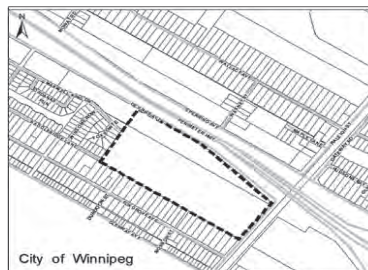


As per The Planning Act, any person can  
make representation on the matter at the meeting.

### What is BL2022-08 about?

The amendment application is to:

- Include one (1) new zone in the Zoning By-Law ("R1-8" Single Housing Dwelling)
- Rezone a portion of the subject lands from "R1-10" Single Housing Dwelling zone to "R1-8" Single Housing Dwelling zone.
- Rezone a portion of the subject lands from "R1-10" Single Housing Dwelling zone to "PR" Parks and Recreation zone.



Raleigh Street (Unaddressed) & 3200 De Vries Avenue  
(Roll No. 22700 & Portion of 21200)

Public Hearings are being assigned specific times. For  
those that wish to attend virtually please contact the  
RM of East St. Paul office at (204) 668-8112 by 4:00 pm  
on July 19th, 2022.

For more information please contact the Red River Planning District.  
Red River Planning District Mon-Fri\*  
806A Manitoba Ave. Selkirk, MB. 8:30am-4:15pm

\*excludes all statutory holidays

\*NOTE: Property owners are responsible for notifying "Tenants"



204-482-4636

**Canada Day -  
FREE Service**

Park and Ride Service Every Half Hour  
Behind Dollarama  
(Regular Route is 4-11 pm)



204-482-1234

**CLOSED JULY 1, 2022**

**Do you wanna make  
some EXTRA CA\$H?**

Do you have a truck and are heading  
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# Announcements

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*The Selkirk Record*

ANNOUNCEMENT  
ANNIVERSARY



Congratulations to  
Barry and Marge Willis  
on their 50th Wedding Anniversary  
on June 24th, 2022  
-With love and best wishes from  
Joan, Derek and Sherry, Erin and Craig, Max  
and Lex  
Mnohaya Lita

ANNOUNCEMENT  
BIRTHDAY / GRADUATION



Annessa Bryn Stasiuk  
Happy 18th Birthday/Graduation  
June 29, 2022  
Congratulations  
on all of your accomplishments!  
-Love Mom, Dad and Alaina

ANNOUNCEMENT  
GRADUATION



Nick Magwood  
Congratulations  
on your Grade 12 graduation!  
We are so proud of all your hard work and  
achievements.  
You did it!!  
-Love: Mom, Granny,  
Taylor and Sophie

ANNOUNCEMENT  
IN MEMORIAM



Garth Vincent Foster  
March 12, 1925 - June 27, 2012  
Gone but not forgotten!  
-Ever remembered by  
your loving wife, Irene  
and all your family

ANNOUNCEMENT  
ANNIVERSARY



40th Anniversary  
Congratulations to  
Craig and Roxane (Ledochowski) Pawluk  
who are celebrating 40 years of marriage  
on June 26, 2022  
-With Love,  
Kristen and Kirk, Jennifer,  
Wesley and Brenna, Michelle and John,  
and Brayden and Kylie

ANNOUNCEMENT  
BIRTHDAY



Happy Birthday to  
David Kumka  
turning 65 years old on June 22nd.  
Have a good birthday today!  
-From all his friends and family

ANNOUNCEMENT  
IN MEMORIAM



Danella Rae Morin (Settee)  
August 22, 1958 - June 26, 2020  
We will always remember you best.  
- Love Always, Brian,  
Misty, Kyla, Ashlyn, Emily, Parker,  
Mark (Bubba), Devin (Krissy), Leam, Eden,  
Steven, Malik and Layla

ANNOUNCEMENT  
IN MEMORIAM



Casimir Petaski  
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In loving memory of  
a wonderful, fun loving, and caring  
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and Great-Grandfather  
Remembering you is easy,  
We do it every day.  
Missing you is a heartache  
That never goes away.  
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Forever loved,  
And so deeply missed.  
-Your loving wife Mary and family.

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- BIRTHDAYS
- NOTICES
- BIRTHS
- OBITUARIES
- IN MEMORIAMS
- THANK YOU'S

- ENGAGEMENTS
- ANNIVERSARIES
- MARRIAGES

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CELEBRATION OF LIFE



**Elmer Leo Kuber Jr.**  
Please join us for a Celebration of Life in loving memory of Elmer  
Leo Kuber Jr. on Saturday, July 9th, 2022 at 2 p.m.  
The celebration will be held at Quarry Park Heritage Arts Centre,  
166 Main Street, Stonewall, MB. We will be gathering to share our  
favourite memories.  
Family and friends may sign a Book of Condolence at [www.glenedenmemorial.ca](http://www.glenedenmemorial.ca)



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*Selkirk Record*

# Announcements

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## OBITUARY



**Beverly Anne Bell**  
December 4, 1935 – June 9, 2022

It is with profound sadness that the family of Beverly Anne Bell (nee Baker) announces her passing on June 9, 2022 at age 86 at Selkirk General Hospital.

Left to cherish her memory are sons Bruce (Vincenza), Brian (Beth), Bradley (Theresa); her grandchildren Nigel, Sergio (Jasmine), Francesca, Andrea, David (Sara), Erica; great-granddaughter Bridget and her cat Calli. She will also be sadly missed by sister Joan Baker; special niece Debbie Taylor; nephew David Baker; Ruth Bell and many other extended family members across Canada.

Bev was predeceased by her husband Norman, mother Margaret and father Leonard.

Bev grew up in Vista, Manitoba and then moved to Winnipeg as a teenager, started her family with Norman in North Kildonan and finally settled in Selkirk, Manitoba. She stayed home with her beloved sons and then started a career with the Province of Manitoba where she retired. She was a dedicated church member of Christ Church Selkirk and leaves many friends in Selkirk to mourn her. Bev was an amazing baker and cooked and baked for many church and family events. Her family will sadly miss her shortbread, sour cream coffee cake, molasses cookies, meat pies and her legendary pumpkin pie. She was a very generous donor to many charities and loved to travel.

In lieu of flowers, the family asks that donations be made to the Winnipeg Pet Rescue Centre 3062 Portage Avenue, Winnipeg, MB R3K 0Y1 or Candace House 183 Kennedy Street #1B, Winnipeg, MB R3C 1S6.

A memorial service to celebrate Bev's life will be held Tuesday, June 28, 2022 at 11:00 a.m. in Christ Church 227 McLean Avenue, Selkirk, MB R1A 0T7. Masks are required and a light lunch will follow.

Friends and family are invited to visit Beverly's memorial page @interlakecremation.ca where memories and condolences may be shared.

Arrangements entrusted to

**Interlake Cremation  
& Memorial Services**  
204.482.1040

## OBITUARY



**Lawrence Lee Smith**

On Monday, June 13, 2022, at the Selkirk Regional Health Centre, Lawrence Lee Smith, age 62, of Selkirk, MB passed away after a long battle with cancer.

Lawrence was predeceased by his mother Janet Hrab; grandmother Irene Engbert and grandparents Margaret and Lawrence Smith.

Lawrence is survived by his daughters Linda aka Bobotinski (Richard), Amanda (Cole) and Lacey (Curt); sons Lawrence Jr (Nicole) and Quentin; grandchildren Tylar, Briana, Devin, Anna, Mason, Quentin Jr and Devon; and great-grandchildren Rylar and Kylie Bea. He is also survived by his father Kenny (Sharon); siblings Brent (Connie), Cindy (Jim), Keith (Amber) and Denise (Earland) and numerous family members and good friends.

Lawrence was born on February 21, 1960, in Selkirk, MB. In 1979, after marrying Joyce Anderson his family started to grow. Dad's love of music started at a young age. He was a self taught musician and his love for playing the guitar and singing led him to start a band that toured across Canada. Dad produced two singles that he would sing all the time. Everyone who knew him knew that if he didn't have a hammer or tool in hand ready to fix or build things, he would be playing his guitar and singing his heart out. Dad was a Jack-of-all-Trades.

Throughout Dad's illness he had a lot of support from not only his family but from his close friends as well. He will be greatly missed by all.

Dad, you are the strongest man we have ever known; you will forever sing in our hearts, and we know you are up above singing, playing your guitar, smiling and laughing with those you have missed for so long.

A service/celebration of life will be held on Wednesday, June 29, 2022, at 1:00 p.m. in the Gilbart Funeral Chapel, Selkirk, MB.

"It's time to leave I guess, baby you know it's best"

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

**Anthony (Tony) Norman Swystun**

Peacefully, on Saturday, June 18, 2022, at the Tudor House, Selkirk, MB, Anthony (Tony) Swystun, aged 86 years, formerly of St. Andrew's, MB, beloved husband of Germaine, passed away. Full obituary to follow.

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Robert (Bob) Davis**

Peacefully on Sunday, June 12, 2022, at his residence in Selkirk, Manitoba, Robert (Bob) Davis, aged 79, passed away.

Bob will be sadly missed by his loving family, wife, Helene; son Stephen; daughter Suzanne (Neill); and his grandchildren, Sarah and Laura. He also leaves behind many extended family members, brothers, Richard (Cathy) and Jim (Ellen); brothers-in-law and sisters-in-law, John (Sandi), Dale, Barbara (Ken), Marion, Carol (Jock), Christina (Bill), Leslie, Lisa; and many nieces and nephews in the U.S.A and Canada as well as cousins in England.

Bob grew up in Middlesbrough, England. Arriving in Canada in 1960, Bob settled in Selkirk, where he soon met his wife, Helene. Bob's independent and entrepreneurial spirit compelled him to create his sign company, Robroy Signs. Bob honed his skills for the next 44 years to become a true "Letterhead" signmaker

professional. Many of Bob's sign creations are displayed in the City of Winnipeg and the surrounding areas.

Most will remember Bob for his sharp wit, dry humour and love for his family. So much so that he passed on his 57th wedding anniversary.

Over many years, Bob volunteered his time and talent making signs for many community organizations. In keeping with his helping spirit, please donate in his memory to either Selkirk and District Community Foundation, St. Georges or St. Clements Church.

Special thank you to John and Suzanne for their help and dedication seeing to Bob's care. We are grateful to family and friends for their love and support.

A memorial service will be held on Wednesday, June 22, 2022, at 2:00 p.m. in the St. Georges Anglican Church, Clandeboyne, MB (Wakefield), with interment and lunch in the St. Clements Cemetery and Hall, St. Andrews, MB (Mapleton)

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Walter Wasylnuk**

Walter passed away peacefully on January 10, 2022 at the age of 87, leaving a huge void in the heart of family and friends.

He is survived by his wife Joyce of 66 years and his daughter Nancy (Richard), also many cousins, nieces and nephews.

He was predeceased by his parents Zachary and Michaelena Wasylnuk; brothers Henry and Peter; sister Ann; in-laws Steve and Ann Krawchuk; sisters-in-law Bernice and Marie; and brother-in-law Edward.

Walter was born on the family farm in Rackham, Manitoba on July 26, 1934. Coming to Selkirk in 1950 at the young age of 16 he found a job at Brown's Bakery. Later he got on at the Manitoba Rolling Mills (Gerdau) where he worked until his retirement in 1991 with 42 years. He was only retired one year when he started working at Hickman Williams and Co, working another five years,

he then retired.

Walter had many passions in life. In his early years he was a proud member of the Kiwanis Club and volunteered as a Frontiersman (Security Guard). He enjoyed hunting, fishing, gardening, curling and singing karaoke. He could never pass up a good Johnny Cash or Don Williams tune. He also loved driving out to the west coast visiting relatives.

To all who knew Walter, he loved to talk, telling a story or two and always had a joke to tell, we will miss this the most.

A memorial service will be held on Saturday, June 25, 2022 at 1:00 p.m. in the Gilbart Funeral Chapel, Selkirk, MB.

In lieu of flowers, donations can be made to the Selkirk Food Bank.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com).

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



**Michael Mervyn Malenfant**

Suddenly on Sunday, June 5, 2022, Michael Malenfant, aged 27 years of Selkirk, MB passed away.

He was predeceased by his great-grandparents Mervyn and Yvonne; grandparents Daniel and Gisele; aunt Louise and uncle Lloyd.

Michael is survived by his mother Lise Malenfant; father Kevin Kennedy (Geri); sister Melissa Budden (Jordan); brothers Daniel Budden (Amanda) and Kennedy Kennedy and his mom Theresa; grama Gwen; best friend Brenna Brink and her mom Lois; uncles Gerry Malenfant (Brenda), Ron Malenfant (Beanie), Kameron Kennedy and Wayne Kerr (Yvonne); cousins Kristin, Jessie, Damien and Amanda; nieces Mackenzie, Harper, Willow, Lyra, Brinley, Kiley and Jaida; best brothers Dylan, Zach, Tommy, Ryan, Pappy, Tony and David.

Growing up, Michael enjoyed fishing with Dad and sis, playing sports especially with friends. He adored his nieces and uncles. He could always be found hanging out with his best brothers since childhood. Michael loved all his pets, Scruff, Chloe, Jax, Bailey, Mercedes and Peter Parker.

Family was everything to Michael, he always made sure everyone was ok.

A celebration of life will be held on Thursday, June 23, 2022 at 2:00 p.m. in the Gilbart Funeral Chapel, Selkirk.

In lieu of flowers, donations in Michael's name can be made to the Selkirk Soup Kitchen.

Condolences may be left on his tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.







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# CENTURY 21

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NEW & EXCITING IN GULL LAKE!

**330 JOHN STREET**  
**LAKEFRONT OPPORTUNITY!**  
**\$360,000**



This rustic cabin is just the beginning of your new retreat on this spectacular .6 acre lake front lot. Brand new 24 x 40 four season garage with 10 foot ceilings, in-floor boiler heat & a 22 kw backup generator. Vendor has plans for new home to be built on site or use the rustic cabin for 3 seasons & the garage for 4!

**375 JOHN STREET**  
**TREES! TREES! TREES!**  
**\$55,000**



And a gorgeous clearing perfect for your home or cottage just off the pavement on corner of John & Stead Road. Close to Beaches, general Store & Casino! 200 x 177 lot just under 1 acre to create your commutable paradise. Close to public beaches at Gull, Patricia Beach & Grand Beach, affordable hideaway!


**60 ARNHOLD STREET**  
**4 SEASON RETREAT & AIR BNB!**  
**\$627,800**



Stay year round with amazing opportunity of renting the other 4 cabins out. Main home is 3BR, 1BA, 1290 SF w/tons of updates. 2 beach front cottages. 2x 1BR 1BA cabins perfect for singles/couples. Business license transferable to new owner & costs \$50/year. Already up & running, just take over and reap the benefits!

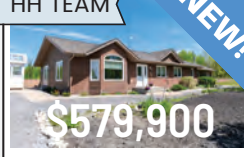
FEATURED PROPERTIES

HH TEAM **NEW!**



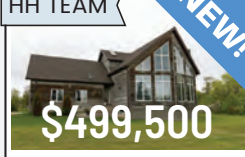
**\$299,900**  
1035 Rosemount Ave  
West Fort Garry, Wpg

HH TEAM **NEW!**



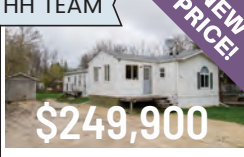
**\$579,900**  
82180 St Peters Rd  
East Selkirk

HH TEAM **NEW!**



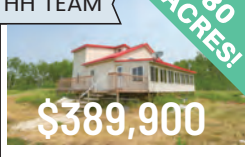
**\$499,500**  
260 Wesley Drive  
St Clements

HH TEAM **NEW PRICE!**



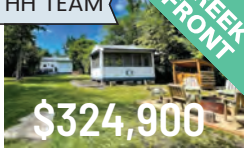
**\$249,900**  
215 Donohoe Ave  
Petersfield

HH TEAM **80 ACRES!**



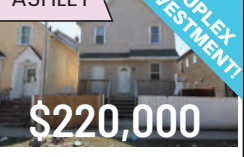
**\$389,900**  
113142 Rd 13E  
Fraserwood

HH TEAM **CREEK FRONT**




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**\$160,000**  
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**\$174,900**  
630 Mclean Ave  
Selkirk

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**\$387,500**  
171 Barnham Cres  
Garden Grove, Wpg

HH TEAM **PENDING!**




**\$349,900**  
19-320 Pearson Pkwy  
Selkirk

HH TEAM **SOLD!**




**\$425,000**  
284 Lake Ave  
Lac Du Bonnet

HH TEAM **SOLD!**



**\$249,900**  
509 Driftwood Bay  
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HH TEAM **SOLD!**



**\$299,900**  
740 Christie Ave E  
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