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Precious metals

RECORD PHOTO BY DAVE BAXTER

Robert Unik of Selkirk shows off an American coin from 1877 that he found while metal detecting in St. Andrews. The 54-year-old teacher has been metal detecting for the past four years and has uncovered all kinds of hidden treasures in Selkirk and area. For a story, see page 7.

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No easy fix for Hwy 204 lane closure, province says

By Lindsey Enns

Selkirk's mayor says a barricaded lane closure along a busy highway leading into the city is "an accident waiting to happen."

"The only real concern I have is safety," Larry Johannson said regarding the south-bound lane closure along Highway 204 just north of CIL Road, otherwise known as Highway 509. "I was very concerned when there was no signage there."

"I was worried that there was going to be a serious accident."

A portion of the lane along the provincial highway has been closed since June 21. Johannson said the roadway, which winds along the Red River, has taken a beating over the years.

"We've had a lot of damage due to moisture," he said.

In an emailed statement to the *Record*, the province said the lane closure is due to damage to the shoulder portion of Highway 204, which "is a result of a slide in the riverbank due to the high moisture conditions."

The province added crews are unable to place any material or weight on the shoulder to repair the slide as it could lead to further damage or "losing the entire roadway."

"Engineers are currently assessing



RECORD PHOTO BY LINDSEY ENNS

Motorists make their way around the south-bound barricaded lane closure along Highway 204 last Friday afternoon. The province says there's no easy fix to repair the roadway and expects the lane to be closed for "some time."

the slide to determine the best course of action for a permanent solution which may take some time," the province said.

Larry Halayko, executive director of construction and maintenance with Manitoba Infrastructure and Trans-

portation, said they are looking at widening the lane along the east side to allow for two-way traffic but want to make sure they don't damage the roadway any further.

He added if the slide gets any worse, they could be forced to close the high-

way.

Cody Buhay, who lives in St. Andrews and travels that particular highway often said "it's a potential accident or fatality waiting to happen."

"From the south side you can barely see this construction zone," Buhay said, adding he contacted the provincial highways department to voice his concern and they said the barricade could be up until winter. "It's nerve-wrecking, some people have had to stop and back up because of big trucks going through."

"I've had some close calls."

Johannson said he was relieved when the province put up signage warning drivers of the lane closure. The 80 kilometres an hour speed limit along the roadway has now been reduced to 50 km/h near the lane closure and multiple signs in both directions warn drivers to yield to oncoming traffic.

Johannson said that particular highway is already dangerous due to the sharp turn and lack of lights at night.

He said he urges drivers to always exercise caution along that roadway.

"I'm glad that the signage is up there and I'm glad that the province is considering putting a temporary lane in to keep traffic flowing."

Selkirk blood clinics see spike in donors, but still more needed

By Dave Baxter

Canadian Blood Services says when

it comes to giving blood, Selkirk is a generous community, but more local residents could still be rolling up their sleeves.

The most recent blood donor clinic took place at the Selkirk Rec Complex on July 5.

Canadian Blood Services territory manager Steve Raizen said they did not reach their donation goals at the last clinic in Selkirk, but numbers were still high.

A goal was set of collecting 96 donations at the July 5 clinic, and when the clinic was over they had collected 84 donations.

Raizen said 84 donations is not a disappointing number, but they would like every clinic in Canada to reach their goals.

"We run our clinics wanting to reach 100 per cent of our goal each and every time," Raizen said. "But with 84 it was better than we had done with previous clinics, and considering it was just after a long weekend it did very well."

"We were happy with the results, but there is still more work to do to engage local donors."

Raizen said the need to make residents aware of the opportunity to give blood is something Canadian Blood

Services is working on across Canada, and there is still a lot of work to be done.

"One in two people in Canada are eligible but only one in 60 actually donate," he said. "Which means 50 per cent of the population is eligible but only about four per cent donate."

Giving blood is something Canadians don't often do unless they have been personally affected by the need, Raizen said.

"About one in two people know someone that has needed blood in their lifetime, so with giving blood it appears that if you have not been personally affected it's not something you consider, unless a family member or loved one has needed blood for personal reasons."

He also said nobody should fear giving blood.

"Some may have that fear of a needle but it's really not a painful process."

Blood giving clinics happen the first Tuesday of every month in Selkirk, with the next one happening Aug. 2 at Ecole Selkirk Junior High.

"We recommend donors make an appointment on our website."

To book an appointment or for more information visit blood.ca.

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Illegal drug production causes fiery explosion in Selkirk

Two men who were badly burned remain in stable condition: RCMP

By Dave Baxter

A six-month-old infant is lucky to be alive after illegal drug production caused a fiery explosion inside a Selkirk home and sent two men to hospital.

"It's frustrating to say the least," RCMP spokesperson Bert Paquet said. "But we don't want to make any assumptions that the parents of this infant knew what was going on at the time."

In a statement released last Tuesday, RCMP said that around 5:50 a.m. on July 3, Selkirk RCMP officers, the Selkirk Fire Department and EMS were dispatched to a house fire in the 700 block of McLean Ave. in Selkirk.

RCMP said their initial investigation determined the fire was "likely caused by illegal drug production."

"To engage in these kinds of activities represents a risk not only to the infant, but for the people who are involved in the cooking or fabrication of drugs with chemicals," Paquet said. "There is always a major risk factor and no one should engage in these activities, especially if there are other people in the residence, or infants or children."

The infant was not injured, but was taken to hospital as a precaution, and Paquet said the infant has since been

given a "clean bill of health."

The attempted drug production led to an explosion in a bathroom in the house and resulted in severe burns to two adult males from Selkirk, RCMP said.

STARS Air Ambulance transported a 19-year-old man to hospital, and a 27-year-old man was transported to hospital by ambulance. Both were badly burned during the explosion.

Last week RCMP said the two men remain in stable condition.

"I believe the two are still under medical care and in hospital but I have no update on their condition," Paquet said last Thursday. "The injuries are not believed to be life-threatening, but both are facing weeks, if not months of recovery."

Three other adults as well as the infant were also in the home at the time of the explosion, but were not injured.

Paquet said he did not know if the people allegedly producing drugs are related to the infant.

"I'm not sure of those dynamics," Paquet said "Our investigation will assess any risk to children and if we determine risk we will be in touch with CFS and advise them on the details of our ongoing investigation."

Paquet said three of the residents in the house at the time were "full resi-



RECORD PHOTO BY DAVE BAXTER

Restoration company workers could be seen removing damaged items from a home in the 700 block of McLean Ave. in Selkirk last Wednesday that was damaged as a result of an alleged illegal drug production, according to RCMP.

dents" of the home.

Paquet also would not confirm what kinds of drugs were allegedly being produced in the home.

"We have not disclosed at this point the details of the substances involved or the drugs involved," he said. "We are still waiting for lab results to confirm that, and this will likely be announced if and when charges are

laid."

Restoration company workers could be seen removing damaged items from the home last Wednesday afternoon.

Those workers decline to comment but did say there was extensive damage to the house, including a completely collapsed roof.

Alcohol likely a factor in fatal rollover near Grand Beach

Staff

Selkirk RCMP are investigating the cause of a fatal rollover on Highway 59 last Sunday.

On July 10 at approximately 10:30 pm, Selkirk RCMP officers received a report of a single vehicle rollover on

Hwy 59, just south of the Grand Beach junction.

The initial investigation revealed that a southbound SUV rolled over after losing control, ejecting the two occupants.

A 40-year-old male from Winni-

peg was pronounced deceased at the scene. A 28-year-old female, also from Winnipeg, was transported to hospital and is in stable condition with non life threatening injuries.

The investigation continues with the assistance of a traffic analyst to estab-

lish any contributing factors as well as confirming who was the driver of the vehicle at the time of the incident.

Alcohol is being considered as a contributing factor. No other details are available at this time.

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Big DOLLAR

Framed memorabilia to honour Canadian soldier in Selkirk

By Dave Baxter

The life of a Canadian Soldier who fought in Canada's first foreign war and was honoured by the Queen of England will now be permanently recognized in Selkirk, thanks to a generous donation.

A number of items to recognize the life of Pte. Richard Rowland Thompson have been framed and donated to the Selkirk Army Navy and Airforce Veterans Unit 151 (ANAF), which sits on Clandeboye Avenue in Selkirk.

The framed items will now hang on the Selkirk ANAF Wall of Honour.

Selkirk resident Chad Gaborieau donated the items, which include pictures of Thompson, medals, and newspaper clippings with stories about his life and service.

Pte. Thompson fought in the South African War, which was fought between 1899 and 1902, and was Canada's first foreign war.

He was the only Canadian soldier to be awarded the Queen's Scarf, which was hand-made by Queen Victoria.

The Queen wanted to honour the bravery of soldiers who fought in The South African War with a personal to-



SUBMITTED PHOTO

Pictured from left to right: Comrade Gord Kent, Chad Gaborieau and Selkirk Army Navy and Airforce Veterans Unit 151 (ANAF) President Charlie Braun hold up framed items that honour the life of Pte. Richard Rowland Thompson, and will now hang in the Selkirk ANAF Wall of Honour.

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8:30 pm Four Mile Road (Little Bit of Country)

9:30 pm Free Ride (The Beatles)

10:30 pm Dust Rhinos (Celtic Rock)

Saturday, July 16

5:30 pm Winnipeg Symphony Orchestra (Dixieland Quintet Ensemble)

6:30 pm Foster Martin Band (Country)

7:30 pm B-Side Champs (R+B-Motown)

8:30 pm Pop-Vegas (Sounds of Today)

9:30 pm Hit Boss (Disco and The 70's)

10:30 pm Whole Lotta Angus (Tribute to AC/DC)

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12-5 pm Inflatible Rides

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ken of her appreciation.

She handmade eight scarves in khaki-coloured Berlin wool, with the initials 'VRI' on one of the knots of wool.

The criteria for receiving a scarf were that the recipients were considered "the best all-round men taking part in the South African campaign."

"The Queen made the scarf with her own two hands, and that's mentioned in the articles," Gaborieau said.

Gaborieau, the owner of Bankpopped.ca, said he got his hands on the items a few years ago, but decided they needed to be displayed

somewhere where they would be appreciated.

He had all the items put together in a frame and donated them to Selkirk ANAF in a ceremony last Saturday, and he said he thinks they will be appreciated in their new home.

"It was a full house and everyone was in their gear, and what a reception I received," Gaborieau said. "They were just over the moon about it. There were a lot of people that went out of their way to tell me what an important piece of history that was."

Gaborieau's personal connection to the military is another reason he made the donation.

"My grandfather is a Veteran and my family has been in the military forever, so it's an emotional thing for me.

"And keeping it local was important, so I went there and presented it."

Selkirk ANAF president Charlie Braun said those who were at their building on Saturday didn't know the presentation was coming.

"It was totally unexpected and a great surprise for everyone that was there, and it will now hang permanently on our Wall of Honour," Braun said.

Thompson died at the age of 31, and was buried in Chelsea, Que.

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Province reaches agreement to enhance CPP

Staff

The province has reached an agreement with the federal government to further modernize the Canada Pension Plan (CPP).

"We are pleased with the federal government's openness to a continued dialogue around the modernization of the CPP," Premier Brian Pallister said in a release last Thursday.

Pallister indicated the results of this research will guide further discussion on the proposals as part of both the next CPP triennial review and are to be included as an agenda item at the next finance ministers' meeting.

On the basis of the assurance provided by the federal government, Manitoba has agreed to sign the agreement in principle on the enhancement of the CPP proposed at the close of the finance ministers' meeting in June.

"Our government proposed additional items for consideration by finance ministers which would make CPP not just bigger, but better as well," Pallister said. "We are very pleased by the support that these proposals have received from other jurisdictions and with the willingness of the federal government to conduct research and analysis to support their continued discussion."

Pallister noted Manitoba's finance minister spent recent days discussing the province's proposed enhancements to the agreement in principle with his counterparts from across the country, receiving many favourable responses, and he indicated those discussions will continue.

"Reaching consensus on the provision of affordable enhancements to CPP may be a once-in-a-lifetime opportunity," said Finance Minister Cameron Friesen. "Several other jurisdictions have indicated their willingness to both discuss and support these measures. Their input on Manitoba's proposals will be an important part of the continued discussion around the modernization of the CPP."

Manitoba proposals to be included on the agenda of the next finance ministers' meeting and as part of the next CPP triennial review include:

- elimination of the claw back of guaranteed income supplement payments for widowed seniors' CPP survivor benefits,
- indexation of the CPP death benefit, and
- comprehensive review of CPP survivor and disability benefits.



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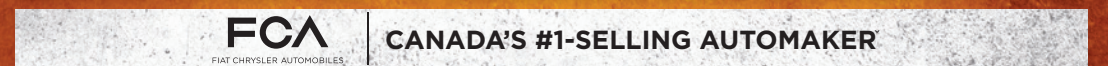
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Easton Place Medical Centre

Crews to break ground on new medical clinic in 2017

By Lindsey Enns

Selkirk's new health and wellness centre will be home to a medical clinic, health and wellness education centre, retail mall and restaurant plaza as well as a transitional care facility.

Selkirk and area business members were given an update on the status of the Easton Place Medical Centre coming to Selkirk's business park during a special presentation last month.

Barry Mosiondz, vice-president of human resources and administration for Easton Place said they are on track to begin construction of the first phase of the roughly five-year project in spring 2017.

"It will be world-class medical facility in Selkirk which is comprised of four components," Mosiondz said during an earlier interview with the *Record*.

The five-year project will be rolled out in phases.

The first phase will be the medical clinic, which will be home to an array of doctors including an orthodontist, dentist, chiropractor, physiotherapist, optometrist, audiologist as well as visiting specialists to make it easier for patients to access multiple medical experts in one day.

The second phase will be the health, wellness and education centre, which is being described as "the heart of Easton Place." The non-profit centre will serve as a community hub for physical activity, nutrition, coaching and education.

The third phase will be a retail and commercial mall equipped with a restaurant plaza.

Lastly, the fourth phase will be the transitional care facility, which will



SUBMITTED PHOTO

An artist's rendering shows what Selkirk's new Easton Place Medical Centre could look like. The new centre is being built in Selkirk's Business Park with construction of the first phase set to begin in spring 2017.

serve to help those recovering from surgery or those unable to manage at home alone.

Mosiondz said the transitional care facility is the catalyst behind Dr. Anthony Anozie's initial idea for the project to help ease the pressure off emergency rooms across the Interlake.

"It's trying to create a greater flow of patients through those beds," Mosiondz said. "Combined with that is all of the other components to create that one-stop shop for all of your medical needs."

Mosiondz said they are currently working alongside MMP Architects Inc., which has worked on similar projects in the past.

He added they plan to begin construction in the spring of 2017.

"We are continuing to do fundraising for our non-profit phases, which are phase two and four ... depending on fundraising efforts that will sort of

dictate how fast we can move building those other facilities."

Those interested in helping out with fundraising efforts can contact Katharine Cherewyk, CEO and senior fundraising strategist at Creddo Group at 204-421-7790.

Mosiondz said he believes the health facility will bring plenty of economic, social and health benefits to Selkirk and area.

"That really is the selling piece to Selkirk and Interlake," he said. "It's going to bring some great new jobs ... a facility that's going to focus on the health and well being of the residents of Selkirk and surrounding areas and also the cultural benefits, combining some of the Indigenous healing components into it as well."

He added the facility will take a "holistic approach" to healing and wellness.

The facility is being named in honour of Dr. William Easton who in 1935

graduated from medical school and embarked on a lifelong mission to provide ultimate patient care to the Selkirk community.

The City of Selkirk announced in January that plans were in motion for Selkirk's business park to welcome a new health and wellness centre.

The city said on Dec. 21, 2015 they sold the first three lots in Phase 1 of the Selkirk Business Park to local developer Herbsman Inc.

The three lots are located across Easton Drive from the new hospital that is currently under construction, and adjacent to Selkirk Veterinary Services.

The city said Herbsman Inc. has a multi-phase plan to build the Easton Place Medical Centre on 16.49-acres of land.

"When we signed the deal it was really monumental," Selkirk Mayor Larry Johannson said in an earlier interview. "This is a huge project for us."

Neil Winther, a spokesman for Herbsman Inc., said that Selkirk was a logical choice for the health and wellness centre since the city and surrounding areas are home to more than 100,000 people.

"The medical clinic will be a state-of-the-art facility that will attract a variety of medical professionals," Winther said.

Phase 2 of the Easton Place Medical Centre will feature a wellness centre and construction will begin following the opening of Phase 1, according to the city.

Amenities in the wellness centre will be determined through a public consultation process.

B-17 bomber touches down in Gimli



RECORD PHOTO BY PATRICIA BARRETT

Pilot Lorraine Morris and a crew member check the nose of the Aluminum Overcast, a 40,000-pound B-17 bomber. The Experimental Air Association, which owns the aircraft, flew it to Victoria, Spring Bank (near Calgary), and Regina before touching down in Gimli July 6 to raise awareness of and appreciation for wartime aviation history.

Float sales to benefit Options for Youth



RECORD PHOTO BY BRETT MITCHELL

Hannah Capner, pictured left, and Brooklyn Kotowich from Selkirk were busy making floats on Monday in front of Options for Youth on Main Street in Selkirk. The floats were \$3 each and money raised will help support the Selkirk Manitoba Youth Job Centre's local Odd Job Squad initiative.

Metal hunter helps uncover hidden treasures

By Dave Baxter

A Selkirk man has been spending a lot of his free time digging up history one piece at a time.

Robert Unik says he "fell into" metal detecting about four years ago.

"It started simply enough," Unik said. "My next door neighbour lost her ring in her garden and asked me if I knew anyone with a metal detector.

"So I called up my mom because I knew she had an old metal detector."

Unik found his neighbour's ring and the 54-year-old said, "right then and there I was hooked."

Finding his neighbour's ring gave Unik a feeling that much more could be found if he spent some real time metal detecting.

He eventually bought a high-end medal detector that cost him around \$1,000 and his new hobby was born.

"It's about finding history," Unik said. "It's about not knowing what is in someone's yard, or in a park, or what's buried in that field."

In between finding a lot of items such as pull tabs and bottle caps, Unik has even discovered a few historic treasures in the ground, including one that is thousands of years old.

About two years ago Unik discovered a copper spearhead, and he took it to the Manitoba Archeological Society to figure out exactly what it was, and how old it was.

"That is believed to be between 4,000 and 4,500 years old, and I found it in a soccer field behind the Selkirk Rec Centre," Unik said, while holding up the piece in his backyard last week.

The archeological society told Unik they believed the spearhead made it's way to Selkirk as a "trade item."

"I didn't know what it was," Unik said at first. "I thought it was a butter knife."

Unik has also had some luck finding old coins this year. Recently he pulled up an American 50-cent coin from 1877, which he said he found in mint condition in a farmer's field in St. Andrews.

He also found a coin from 1806 from Britain in the same field in St. Andrews, the oldest coin he has found



RECORD PHOTOS BY DAVE BAXTER

ABOVE: Robert Unik of Selkirk shows off an approximately 4,000 year old copper spearhead he found in Selkirk while metal detecting. RIGHT: Unik spends much of his free time looking for hidden treasures with his metal detector.



since starting his new hobby.

Unik said metal detecting requires a similar patience to fishing because there are many hours spent finding nothing, or items of no value.

"You just never know," he said. "You can walk for a mile and not hear a signal."

Unik is also a wood carver and artist so he said he has a "natural patience" for metal detecting.

Metal detecting has also been good for his health as he said he has lost about 60 pounds since starting four years ago, simply because of the amount of walking he does.

The 54-year-old teacher is now on summer holidays and hopes to be out metal detecting about two hours a day this

summer.

As he has already detected on so many public fields and parks he is now looking for private property to detect on. He said

anyone that lets him search for treasure on their property can keep what he finds.

Anyone that would like to let Unik use his or her property for metal detecting can call him at 204-785-2990.

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> ARNIE WEIDL

Fish tales from Norris Lake

Welcome my friends.
The blue-emerald waters of Norris Lake lay tranquil in the Friday afternoon cool haze as I wandered around the piers and camp sites visiting with vacationers. Paddlers in bright yellow plastic kayaks slipped silently through the water far out in the centre of the lake. Families sat on the piers casting and reeling in with limited success; it didn't bother them because those who come here often know the fish don't start biting until about nine at night. Then the lazy easy-going charm of Norris that had come over me gave way to raucous filled laughter when I met locals Larry Korotash, Jessie Swar and good friend from B.C., Rocky Bernst at their campsites.

Larry is one of those great guys who can catch your attention with his energetic "happy-go-lucky" nature. He sat in a folding chair beside their RV, a fit fellow with distinguished facial features and well kept graying mustache and hair. It was immediately evident that Larry loved to tell stories and dove into the tale of when he and Rocky were young and working at the paper mill in Thunder Bay.

Beside the mill, Mission River was full of smelts so they decided to go netting after work. They had no equipment and didn't know much about fishing but a buddy gave them a net so off they went and found a big flat rock in the river, which they climbed onto.

Off to one side an old Finlander was quietly netting smelts. Larry, full of lively enthusiasm hoisted the net high with its' long pole handle and dropped it into the raging river. All around them thousands of smelts swam together like a big black cloud. He pushed the net under water then quickly pulled it in. Nothing, just a couple of fish! Behind them the guys



RECORD PHOTO BY ARNIE WEIDL
Mario Loufa of Winnipeg with a pickerel he caught at the Power-view dock.

heard the old Finlander calmly point out, "boys, the smelts are going the other way."

Embarrassed, Larry and Rocky turned and dipped the net against the current. In seconds the net was so bogged down full of smelts it was torn from their grasp. Astonished, they watched as the net, its' pole bobbing high in the air was swept downstream. To make matters worse their buddies had gathered and were teasing them, so to save face they got an-

other net and soon actually captured some smelts. Those friends though, on the sidelines, always up for some fooling around, saw an opportunity. Getting a few smelts, they snuck them into Rockys' lunch box that was strapped to his bicycle he used to go to work with. Three days later in the hot summer sun Rockys' wife went to get his lunch box. When she opened it the smell and sight made her so disgusted she threw it in the garbage with Rockys' car keys still in it! Luckily he had a spare set.

I guess it was in the middle of last week I was in Tim Horton's in Selkirk having coffee. At the table next to me sat a tall lanky chap with forceful facial features, long dark hair and a full mustache. As we got to talking he told me his name was Rick Fraser of Selkirk and that he was a fishing guide. He said he had a neat little trick for handling anglers who were maybe not so nice. He would take them to a spot by Eagle Nest Lake and wait patiently while they fished without success then he would tell them with a knowing look that this spot was known as "no fish bay." The anglers got the message. Then Rick would take them to a spot on Eagle Nest where they would catch their limit.

Early last week I took a ride over to Powerview and spent some time talking to the anglers on the dock. Boy the fishing has been good here lately. Anyway, I met this one fellow who didn't speak much English but he tried so hard to carry on a conversation with me, I couldn't help but like the guy and I want you to meet him so here is, Mario Loufa, of Winnipeg with a pickerel he caught.

Well, I hope all your outings, fishing or otherwise this week are happy ones, bye for now.

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Former Teulon resident now member of Canadian Broadcast Hall of Fame

By Stefanie Lasuik

Former Teulon resident J. Robert Wood is now a member of the Canadian Broadcast Industry Hall of Fame.

The radio DJ turned program director spent 17 years at CHUM radio station in Toronto. During these years, the station dominated the Canadian radio landscape.

"He, and maybe the greatest radio staff ever put together, created magic on 1050 CHUM! Bob was imaginative, creative and a great leader," said former CHUM Chairman Jim Waters in a press release.

Before he found his calling as a program director, Wood enjoyed listening to the radio and playing sports in his small town.

"It was a lively, bustling community with wonderful, community-minded people who helped to make it a special place," said Wood of Teulon.

But it was the 60s, and radio deejays were Gods at the time, said Wood. Deejays like Dennis Corrie on CKY in Winnipeg inspired Wood to leave the small town before his Grade twelve year.

"As much as I loved Teulon, though, I couldn't wait to get out of there to pursue my dream to get into radio," said Wood.

Wood would practise on his tape recorder that he purchased with the loan of a friend, Bob Townsend. He would prepare the Lockport drive-in for the owners, Bill and Walter Kotchorek, who then let him practise playing records over the intercom during intermission. Wood attended a three-month course offered by Ed McCrae, founder of the National Institute of Broadcasting. He then got a boost from the Winnipeg deejay Jim Paulson, who let him use the CKRC studio and gave him tapes to send with job applications.

Wood's sample tapes caught the ear of the program director of CKSA in Lloydminster and he began his career as a radio deejay. Wood moved steadily into larger markets but became bored of the work.

"I was never very good on the air and found on-air work boring," said Wood.

After a friend told him about a St. Thomas radio station in need of a program director, Wood tried his hand at it. Wood replaced CHLO's programming with a Top 40 format, and within 90 days, the station was number one in St. Thomas and London.

Soon, a local competitor tried to get Wood out of town, and Wood was ready for a bigger market, so he moved to CHUM in Toronto to serve as programming assistant.

There, Wood helped the station stay the best in Canada for more than 25

years. A particularly successful aspect of the station's programming was the contests it ran. Wood remembers crashing Toronto's telephone exchanges during the popular Five Car Giveaway.

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Rodeo sees spike in competitors this year

Organizers gear up to host hundreds this weekend at Triple S Fair and Rodeo

By Lindsey Enns

Organizers are gearing up to welcome more competitors to this year's Triple S Fair and Rodeo.

As of last week, 165 contestants from across Manitoba, Alberta, Saskatchewan and the United States had registered to compete in the rodeo over the course of two days.

Rea Pennington, president of the St. Andrews-St. Clements Agriculture Society, said rodeo participation is up by at least 30 per cent over the past few years.

"It's good for the crowd and good for the cowboys," Pennington said. "The more people competing, the more money they have a chance at winning. "We're getting ready for it."

The annual Triple S Fair and Rodeo, hosted by the St. Andrews-St. Clements Agriculture Society, starts this Friday at 11 a.m., Saturday at 8 a.m. and Sunday at 9 a.m. until 5 p.m. all three days at Selkirk Park.

Pennington said this year marks 52

consecutive years for the rodeo but the fair has been running for more than 130 years.

He added this year's event will be similar to years before and will include children's entertainment, Select Shows midway and rides, a demolition derby on Friday, the parade rodeo and fair on Saturday and more fair and rodeo action will continue on Sunday.

For a full list of events, visit selkirk-fairandrodeo.com.

Selkirk Biz is also encouraging local and area businesses to participate in Rodeo Days, which started on Monday and continues until Sunday.

Businesses and employees are encouraged to dress up in their best western and rodeo gear for a shot at some prizes.

Categories for prizes include most unique cowboy boots, tallest cowboy hat, biggest belt buckle, best dressed business and best creative display

To register email the Selkirk Biz at



RECORD FILE PHOTO

A young boy gets a high five from a clown during the annual Selkirk Triple S Fair and Rodeo parade in this 2015 photo. This year's fair and rodeo rides into Selkirk this weekend.

info@selkirkbiz.ca.

Registration includes judging and

prizes. Judging will take place on Thursday, July 14.

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Colourful summer sights



RECORD PHOTO BY BRETT MITCHELL

Colourful lillies are shown pictured in a yard in Selkirk, a sure sign of summer.

JUNE'S TOP ACHIEVER

— Sean Cornborough —

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100 years young

Selkirk woman to celebrate milestone birthday on July 24

By Lindsey Enns

For Irma Chittick, turning 100 years old won't be the biggest highlight of her life.

But the Selkirk resident says living long enough to watch her four children grow up to be happy and successful adults is one of her biggest accomplishments.

"It's nice to see your kids turning out alright," Chittick said with a smile while visiting with family outside Betel Personal Care Home in Selkirk last Thursday. "They're all happy and satisfied ... I'm satisfied."

Born in Quebec on July 24, 1916, Irma was raised in Ridgedale, Sask.

She later served during the Second World War in the Royal Canadian Air Force stationed in the Ottawa area nursing wounded soldiers when they returned from overseas.

Irma married her husband Floyd as soon as he returned from serving with the Canadian Army on Nov. 20, 1945.

She said she waited five years to marry him and wasn't going to wait any longer.

Together they had four children, Frank in 1947, Brian in 1950 and twins Marvin and Marlene in 1952.

Irma stayed home with the children until they went off to school and then she later went back to school to upgrade her nursing license. She graduated top of her class, making her four children and husband very proud. She then worked as a nurse in Winnipeg until her early 60s.

Irma and her husband then moved to Matlock to retire.

After her husband died in 1985 she



RECORD PHOTOS BY LINDSEY ENNS

ABOVE LEFT: Irma Chittick smiles during a visit with family members at Betel Home in Selkirk last Thursday afternoon. Chittick will celebrate her 100th birthday at the Selkirk Legion among family and friends during a special come and go tea on Sunday, July 24. ABOVE RIGHT: Irma Chittick is pictured in her Second World War uniform in this 1944 photograph on the left and in her nurse's uniform on the steps of a hospital in Winnipeg in this photograph from the 1960's.

"THE NURSE'S HERE HAVE SAID SHE'S THEIR MIRACLE PATIENT."

moved to Lions Manor in Selkirk where she would live for a few years before moving to Saskatchewan to help her aging brother and sister.

Irma returned to Selkirk many years later and lived independently at Lions Manor until moving into Betel Home in April.

Brian's wife Sharon Chittick says Irma has always been a pillar of the community and volunteered whenever she could.

Sharon said Irma recently had a hip

replacement and doctors said it was highly unlikely she would ever walk again. However, Irma quickly proved them wrong.

"They were ready to order her a wheelchair," Sharon said. "We said 'you don't know our mother. If she wants to walk again, she's going to walk again.'"

"Now she's walking again. The nurse's here have said she's their miracle patient."

Sharon added her mother-in-law isn't on any medications besides vitamins and uses a walker to assist her while walking.

When asked what her secret is to a long and healthy life, Irma said simply with a smile to just "enjoy it."

"Don't give up," she said, adding staying active both physically and within your community is important. "Stay busy, keep occupied, you gotta

have something to look forward to."

To stay active, Irma said she's been delivering copies of the *Record* while living in Selkirk over the years.

Sharon said Irma is non-judgemental, very independent and loving.

"Sometimes we overwhelm her with our concern," she said. "She's been an excellent mother-in-law and an excellent mother."

"She always looks for the good in people or the good in situations."

Marvin said some of things he loves about his mother is that she's "caring and nurturing."

Brian added his mother has always been very supportive and "an excellent role model."

Irma will celebrate her 100th birthday on Sunday, July 24 at the Selkirk Legion during a come and go tea for friends and family.



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St. Andrews man to share stories about work in Uganda

By Dave Baxter

Kurt Petersen used to get culture shock when he travelled to Uganda, but now he gets that feeling when he returns home to St. Andrews.

"The first time I came back home after being there for 14 months straight it was frustrating to me to see the abundance," the 31-year-old said. "It put me into a frustration mode but now it is far easier to come back because this is just the way it is here, and this is the culture here."

"But it is still challenging because you see the abundance and so many people here are still not satisfied, and then over there people are in such need, but yet they are so joyful and appreciative to even get the smallest things."

Petersen, who grew up on a farm in St. Andrews, works in Uganda with a ministry that aims to better the lives of people living in impoverished conditions in the African country.

Petersen will host a free presentation and event at the Gaynor Family Regional Library on July 22 from 1-3 p.m. that he is calling Uganda Generation Transformation. The event is open to the public.

"It's an update in terms of relating information about what we are doing



SUBMITTED PHOTO

Kurt Petersen, pictured left, is seen here in Uganda in 2013, will host a free presentation and event at the Gaynor Family Regional Library on July 22 from 1 p.m. to 3 p.m. that he is calling Uganda Generation Transformation.

in Uganda," Petersen said.

The event is called Uganda Generation Transformation because Petersen said he and his ministry are working to change the lives of young people in Uganda.

"It's because we are working with young people and they are the generation that is our main focus. Back in the '80s and '90s quite a large HIV/

aids epidemic, wiped out millions of people and left many of these young people growing up parentless," he said. "They have grown up without that guidance, mentorship, education and encouragement and those are the things we are trying to help them with so they can go forward in the world and be sustainable, and make a difference for themselves and for those

around them."

Petersen said the event will consist of him giving a presentation about his work in Uganda, showing pictures, and he will set aside time to answer questions.

There will also be Ugandan crafts available for sale as well as refreshments.

Petersen said he works to provide youth with literacy programs and other educational programs.

"We have many that come from the streets or a parentless background where they have not been able to go to school and get an education," he said.

Petersen originally started a program called Pennies for Change back in 2010, where he collected pennies to help buy mosquito nets for residents in Uganda, but he said his work has expanded well beyond from where it started.

"It has come such a long way, and I want to update families, friends, supporters and people in the community," he said.

Petersen plans to head back to Uganda in August to continue his work.

The Gaynor Family Regional Library is located at 806 Manitoba Ave. in Selkirk.

Amphibex deployed to ease drainage issues in Caddy Lake

Staff

An amphibex was deployed to Caddy Lake in the Whiteshell last week to help ease drainage issues in the area.

The province said last week the amphibex would be on the lake for several days removing floating vegetation, such as large bogs, which could block the tunnels that drain the lake.

A rake attachment will collect the floating vegetation and deliver it to shore where it will be hauled away. Other lakes in the area will be assessed for possible clearing.

For safety reasons, the Caddy Lake boat launch will be temporarily closed until the amphibex has completed its work.

This amphibex machine is owned, operated and maintained by North Red Waterway Maintenance Inc.

North Red Waterway Maintenance Inc. is a corporation formed by the rural municipalities of St. Andrews, St. Clements and the City of Selkirk, with support from the Manitoba government. The amphibex fleet crushes more than 25 kilometres of river ice



RECORD FILE PHOTO BY LINDSEY ENNS

An amphibex was deployed to Caddy Lake in the Whiteshell last week to help ease drainage issues in the area.

annually.

The province has also removed another log that was stopping flow from the control structure between West Hawk and Caddy lakes to accelerate the drop in water levels on West Hawk, which flows into Caddy. Caddy Lake has come down 19 inches from its peak. West Hawk Lake is still basically at its peak, so this will assist in the drawdown of West Hawk and get some water out of the system to make room for any potential additional rain.

The management of flows has to be balanced against the other lakes and streams in the region as many are connected. Caddy Lake drains into the Whiteshell River, which winds its way through many of the other Whiteshell Lakes and eventually drains into Winnipeg River at Nutimik Lake.

The province now has real time water level gauges on West Hawk and Caddy lakes to enable monitoring of the impact of the log removal as well as any additional rainfall.

Kids Art Contest

Kids show us your community pride!
The winning artwork will be featured on display at the Gwen Fox Gallery to welcome our Communities in Bloom Judges on August 3, 2016.

Bring your drawing, painting or artwork (must be no bigger than 11" x 14") to the Selkirk Record Office, 217 Clandeboye Ave.

Two Age Categories:
• Ages 5-9 • Ages 10-15

Deadline
July 26, 2016

Your picture topic must be:
Why I Love My Selkirk

Selkirk
Selkirk Record
Communities in Bloom
Gwen Fox Gallery



Communities in Bloom 2016

In 2015, Selkirk received an overall score of 81% resulting in four blooms. Over the next several weeks this section will be devoted to areas which upon the Communities in Bloom judging panel evaluate our city. Our aim is to educate the public that Communities in Bloom is not just about the flowers. The evaluation is based on 8 criteria, divided into the following 6 sections:

- Tidiness • Environmental Action • Heritage Conservation
- Urban Forestry • Landscape • Floral Displays

EVALUATION CRITERIA – ENVIRONMENTAL ACTION

The Communities in Bloom focus this week will be on the environmental action initiatives of Selkirk. Environmental action includes the efforts and achievements of the community with respect to: policies, by-laws, programs and best practices, waste reduction and landfill diversion rate, composting sites, landfill sites, hazardous waste collections, water conservation, naturalization, and environmental stewardship activities under the guiding principles of sustainable development pertaining to green spaces.

In 2015, the City of Selkirk scored 124.50 out of a possible 150 points for environmental action.

2015 Judges Observations:

It was good to see that the efforts to remove the old Lord Selkirk have come to fruition. The rain water collection at the Water Tower development is well done.

Utilizing river water for watering planters and tree plantings is a good initiative.

Revamping the swimming facility in Selkirk Park to utilize less water is also commendable, as potable water is a valuable commodity.

The new library is an outstanding facility for the community. The LEED silver building and the native grassland restoration are great examples for future developments in the community.

The community composting/bring and take facility at the transfer station is a very good initiative.

Selkirk is to be commended for establishing a public transit system; it was good to see bike racks on the busses.

2015 Judges Recommendations:

Consideration could be given to a public awareness campaign for the use of rain water collection at home and its benefits in home garden irrigation. This may reduce the use of potable water which is becoming a costly resource for all of us.

Some consideration could be given to promotion of home composting, along with promoting the mulch mowing of home lawns instead of collecting and hauling clippings. Some consideration also could be given to greater promotion of the birding trails at Selkirk Park.



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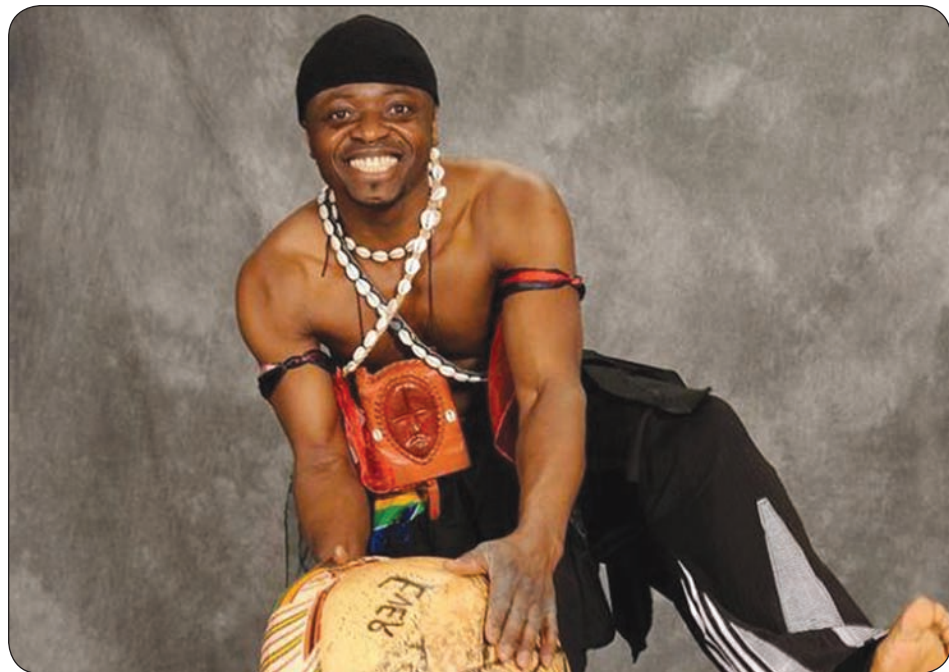
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Event to bring cultures of the world to Selkirk



SUBMITTED PHOTO

African dancer and performer Coffieman Coffie will perform in Selkirk on Saturday, July 23 at the city's Multicultural Extravaganza at the Selkirk Waterfront.

By Dave Baxter

The City of Selkirk will bring cultures of the world together at the Selkirk Waterfront this summer.

The city will host the Multicultural Extravaganza at the Selkirk Waterfront on Saturday, July 23 from 7-10 p.m.

The event, which is part of the city's Summer Concert Series, is being described as "an evening of multicultural music and dance."

The Multicultural Extravaganza will feature performances by African dancer and performer Coffieman Coffie, Ukrainian dance groups Selkirk and District Ukrainian Dance and the Troyanda Ukrainian Dance Ensemble, as well as the Scandia Fun Folk Dancers.

"We've been doing it since 2012 and we always do it in summer and try to feature three different cultures each year," the city's marketing and communications co-ordinator Vanessa Figus said.

Figus said the city was inspired to put on the Multicultural Extravaganza after witnessing the success of the Culturama events that happen regularly at the Gordon Howard Centre in Selkirk.

"They do their culturama and people talk about it all the time, and it sells out all the time," Figus said.

The event offers variety in Selkirk's annual Summer Concert Series, Figus said.

"It just brings out a different audience," she said "We do our rock concerts and we do country concerts, and this is something different that happens in Selkirk."

"And it's getting better every year, and every year the crowd grows."

The event will have food vendors on site and the city is asking those who come out to bring a lawn chair.

The Multicultural Extravaganza will happen rain or shine and will be moved into the Selkirk Memorial Hall in case of rain or inclement weather.

The Selkirk Record

217 Clandeboye Ave., Selkirk

Proof Deadline **Fridays at 4 p.m.**

Booking Deadline
Mondays at 4 p.m.

Office Hours: Monday-Friday 9:30-5:00



Sun comes out for Grand Beach Sun Run

By Laura Tutlies

This year 172 determined runners and motivated marathoners took part in the 33rd annual Sun Run last Sunday in Grand Beach.

"There is nowhere I would rather be on a Sunday than in this beautiful place," Chris Dick of Carman, Man. said while warming up for the 10 kilometre run last Sunday. "I love the beach finish at this race. Grand Beach is one of my favorite places in the world."

The 'beach finish' he referred to is the last kilometre of the race which takes the runners along Lake Winnipeg beside the stretch of dunes that connects the East Beach to the West Beach on the beautiful white sands of the provincial park.

For the run's organizer, Sandra Marriot-Silver, everything worked according to plan. Along with 35 to 40 volunteers the 10, 5 and 3 kilometre courses were in excellent condition.

As a bonus, course designer Pat Rid-dell along with Sun Run's original instigator – Ron Latter, reinvented a route that takes the runners through the picturesque town of Grand Marais, at the entrance of the park gates, and then along the winding road over the Causeway and into the park proper with its meandering roadway that joins the two main beaches of this world class site.

"The park staff are awesome," Marriott-Silver said. "They are not just co-operative, they are helpful and integral to the success of the run."

Proceeds from the marathon are allocated toward the medical facility that is open during the summer within the Grand Beach Park. Marriott-Silver, who by day, is a nurse at a clinic in Winnipeg and a long-time cottager



RECORD PHOTO BY LAURA TUTLIES

Runners roar through the gate at the start of the Grand Beach Sun Run last Sunday. This year 172 local and area residents took part in the run.

at 'the Beach', is the co-ordinator for the 'doctor's office' in the Park as well as the annual Sun Run. The 'Doctors office' is staffed by Nurse-Practitioners and doctors who trade or bill their time for the privilege of using the residence/office during a short period in the summer. There is a line-up of nurses and doctors who look forward to working at the facility for a week or two every summer and Marriott-Silver says she has no trouble finding help for the few months when the medical facility is open.

In addition to the Grand Beach Park 'Doctors Office', funds are also ear-

marked for the community of Grand Marais which houses the Living 360 facility in the Grand Marais Community Central Building. Although that facility has struggled to find doctors and nurses on a year round basis, it still maintains a fully equipped facility plus hosts the Interlake-Eastern Regional Health Authority's Mobile bus every Thursday. Marriott-Silver was part of the group that is working toward a full-time facility.

Runners come from across the province and the country to participate in the sanctioned event. One couple at the start gate gave their addresses as

Florida in the winter and Detroit in the summer. They have relatives in Winnipeg and have participated in the Grand Beach event for a number of years. Results of the run are posted at mraweb.ca – the Manitoba Runners Association.

The categories for the Grand Beach Sun Run were 10k; 5k; and 3k events with respect for age groups and gender.

The list this year includes a number of Grand Marais and Grand Beach residents and cottagers along with a number of out-of-town guests.

Sailors to set sail in Gimli for five-day regatta

Submitted

Join us in Gimli this weekend, when-sailors from across western Canada compete for top spots in their fleets in the Sail West championships and Laser Canadians.

Not only are sailors putting their skills to the test in the 29er, Optimist, 420, 2.4mR, and Laser classes during Sail West, they are also laying the foundation for the group which will compete at the Canada Summer Games in Gimli in 2017.

Sail West is a five-day regatta, comprised of three training days and two racing days. Close to 50 athletes and their coaches are expected to take part, including a number of disabled

athletes sailing the 2.4mR boats.

"Coaches will run on-the-water training sessions for each class, do group debriefing, and host practice races over the three training days. Sailors will have the opportunity to gain experience training in a big fleet environment," said Brigitte Smutny, the technical delegate for Sail West, and also executive director of Sail Manitoba.

Along with Sail West, sailors in the Laser Canadians event will also take to Lake Winnipeg. In preparation for this, an international Laser coach will teach a high performance class three days prior to two days of racing on the weekend.

"This is one of the best coaching opportunities a Laser sailor can dream of," said Nancy Folliott, Commodore of Gimli Yacht Club. "Angelo Tabernero from Spain, a very experienced coach and incredible sailor, will be coaching a group of 10 athletes in the finer points of racing Laser dinghies."

Gimli Yacht Club is playing host to the events, and has been the host for previous national and international events, including both the 1967 and 1997 Pan Am Games sailing competitions.

All races will be visible from the shoreline, in order to increase audience enjoyment. The south course will feature the Optimist, 2.4mR, and 29er

boats and the north course will feature the Laser, Laser Radial and Laser 4.7 dinghies. Racing starts just after the fleet goes out at 11:00 a.m., and depending on the weather, will continue until approximately 4 p.m.

Sail West is taking part in the Green Regatta program, which reduces the environmental impact of the event, by recycling and composting all waste, reducing the carbon footprint, preventing pollution and engaging participants in an awareness campaign to keep bodies of water clean.

Sail West also ensures that all boats will be power-washed and dried prior to transportation away from Lake Winnipeg.

Walk for Water aims to support a healthy Lake Winnipeg



PHOTO COURTESY OF PAUL MUTCH

Last year's Walk for Water in Dunnottar saw about 75 walkers walk a five kilometre route in the lakeside town. This year's walks are set to take place on Sunday, July 24 in Dunnottar and on Sunday, Aug. 7 in both Gimli and Victoria Beach.

By Dave Baxter

Local and area community members are being invited to get up on their feet and fight for the health of Lake Winnipeg this summer.

Three Walk for Water events are being held this summer with a walk in Dunnottar happening on Sunday, July 24, and walks in both Gimli and Victoria Beach are set for Sunday, Aug. 7.

The events see participants collect donations and then take part in five kilometre walks in either Dunnottar or Gimli, or they can take part in the Victoria Beach walk, which has a five km and a 2.5 km option.

The Dunnottar walk starts at the Dunnottar Community Club, while the Gimli walk starts at the Lake Winnipeg Visitor Centre, and the Victoria Beach walk starts at the Victoria Beach Clubhouse.

Registration for all three walks starts at 9:15 a.m. the day of the walks with the walks starting at 10 a.m.

"Our supporters, and lake-lovers across Manitoba collect pledges, and then we get together and we walk, and get exercise and fresh air in three lakeside communities," Lake Winnipeg Foundation (LWF) spokesperson Marlo Campbell said. "And then afterwards we have refreshments and we provide educational materials and answer people's questions."

Campbell said Walk for Water "is the largest grassroots fundraising event in support of a healthy Lake Winnipeg."

Community volunteers organize the walks with support from LWF and proceeds fund research, training citizen scientists, educating students and community groups, and address-

ing the root causes of harmful algae blooms, by advancing the proposed actions laid out in the Lake Winnipeg Health Plan.

"We're an environmental charity so money that we raise we put back into our ongoing work to restore the health of Lake Winnipeg, and our shared waters here in Manitoba and beyond," Campbell said.

She added all residents of all fitness levels can take part in any of the three walks.

"We stress this is not a race, so we get walkers of all ages," Campbell said. "We get grandmas and we get two-year-olds, and we get families out with the family dog."

Campbell added the walk is a way to support the health of a lake that has been recently named one of the most threatened lakes in the world.

"It's about being a part of the community and taking action," Campbell said. "It's just a good time, and it's a chance to get out and do something positive for Lake Winnipeg."

"This is something tangible and proactive that people can do, so we can advance solutions for positive change."

This year the LWF has added an online fundraising option that allows supporters to get involved by donating online, or by creating their own personalized fundraising pages and sharing them on social media.

Anyone looking to sign up for any of the three walks, collect pledges or get more information can go to lakewinnipegfoundation.org and click on the "Walk for Water" link, which can be found under "Lake-a-Thon."

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SALE ON Thursday July 14 to Wednesday July 20, 2016.
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Weighty challenges for Parkinson SuperWalk

Parkinson SuperWalk planned for Sunday, Sept. 18 in Gimli

By Jennifer McFee

The man leading the Parkinson SuperWalk is issuing a weighty challenge to the community.

Steve Van Vlaenderen will don a weighted vest, and for every \$500 that he raises, he will add one pound of weight to it. He is encouraging organizations and businesses to work together to raise a combined \$500 for his campaign.

Since Van Vlaenderen was diagnosed with Parkinson's five years ago, he has experienced some monumental shifts in his life — and in his outlook.

For the first two and a half years, he became fixated on the unanswerable question of why he was one of the unlucky people to be diagnosed with Parkinson's. As a result, he wasn't proactively dealing with the disease, which in turn made the symptoms worse.

On Sept. 28, 2013, he hit rock bottom before he began his ascent from the depths of depression.

"I had gained weight and I had suicidal thoughts. My depression and anxiety were at its worst, and I decided to take control that very day. There were consequences I didn't like if I was going to continue with the depression the way it was going," he said.

"I didn't like where I was going. I decided to take control and I went to the gym. I started an exercise program and I've been going five or six days a week ever since. I'm 67 now, and I'm in better shape than when I was 35."

The Winnipeg-based body builder spends his entire summers in Gimli, where he actively pursues his passion for sailing. He will be leaving on the weekend for an 18-day sailing vacation travelling to the south part of the North Basin.

"You might have certain issues in

your life and that can be overwhelming. And the next thing you know, you're in a spiral dive into depression and anxiety and you don't know what to do next," he said.

"You have to take charge. I like to encourage people with all sorts of conditions to do that, even healthy people. I speak to a lot of support groups and inspire them to take charge of their own life."

Gary Einarson, who chairs the committee for Gimli's Parkinson SuperWalk, is pleased that Vlaenderen will be leading the local event.

"We're really thrilled to have Steve helping us out in Gimli. It's a new move for him to come out here and help us out and walk in our event," Einarson said.

"We're looking forward to the kind of inspiration he expresses. He came out to our support group in the late spring and gave a presentation there that was very well received by a larger group than usual who were attracted to his story."

The Parkinson SuperWalk in Gimli is scheduled for Sunday, Sept. 18. To support Vlaenderen, visit donate.parkinson.ca, click on "Find a Walker" and type in his name. Individuals and teams can also sign up to participate for the event, which raises money for research, education and advocacy.



RECORD PHOTO SUBMITTED

Parkinson advocate Steve Van Vlaenderen is challenging organizations and businesses to get involved in this year's Parkinson SuperWalk in Gimli Sunday, Sept. 18.

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dates available

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get inspired

> MEAL IDEAS

THE Marketplace
AT SELKIRK

Bunless Bison Burger With Sautéed Vegetables



- 1/2 cup (125 mL) balsamic vinegar
- 1 lb (500 g) ground bison or lean ground beef
- 2 tbsp (25 mL) breadcrumbs
- 1 tsp (5 mL) Dijon mustard
- 1 tsp (5 mL) finely chopped fresh rosemary
- 1/4 tsp (1 mL) ground pepper
- 1 1/2 tbsp (22 mL) canola oil, divided
- 2 small onions, sliced

1 1/2 cup (375 mL) sliced mushrooms
1 red bell pepper, seeds removed, sliced

Directions
In small saucepan, bring balsamic vinegar to boil. Reduce heat and simmer until vinegar is syrupy, about 10 minutes.

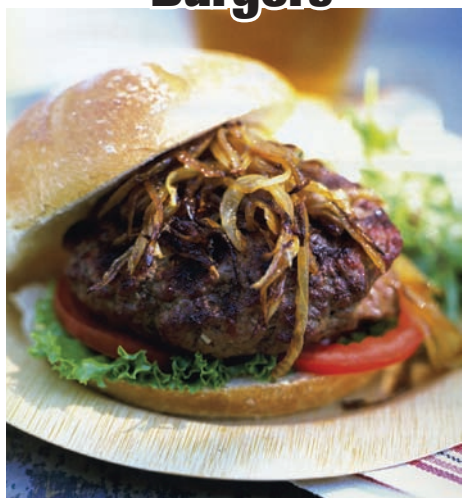
Meanwhile, in bowl, combine bison, breadcrumbs, mustard, rosemary, and pepper. Shape four burgers and set aside.

In nonstick skillet, heat 1 tbsp (15 mL) canola oil over medium-high heat and cook onions until browned, 3-5 minutes, stirring constantly. Add mushrooms and bell pepper, cook 3 minutes. Remove and set aside.

In same skillet, heat remaining canola oil and cook bison burgers until the meat is fully-cooked.

Garnish bison burger with sautéed vegetables and drizzle with reduced balsamic vinegar.

Herb Cheese-Stuffed Garlic Burgers



Makes 6 servings

- 2 pounds ground beef chuck, 85% lean
 - 2 tablespoons chopped garlic
 - 1/2 teaspoon kosher salt
 - 1/4 teaspoon ground black pepper
 - 3 tablespoons herbed garlic cream cheese, such as Boursin
 - 6 hamburger buns, split
 - Oil for coating grill grate
- The Grill**
Gas: Direct heat, medium-high 425 F to 450 F; clean, oiled grate

Charcoal: Direct heat, light ash; 12-by-12-inch charcoal bed (about 3 dozen coals); clean, oiled grate on lowest setting

Wood: Direct heat, light ash; 12-by-12-inch bed, 3 to 4 inches deep; clean, oiled grate set 2 inches above the fire

1. Heat the grill as directed.
2. Using your hands, mix the beef, garlic, salt, and pepper in a bowl until well blended; do not overmix. Using a light touch, form into 12 patties no more than 1/2-inch thick.
3. Put a portion (about 1 1/2 teaspoons) of cream cheese in the center of each of the 6 patties; top with the remaining patties and press together, taking care to seal the edges well. Refrigerate the burgers until the grill is ready.
4. Brush the grill grate and coat it with oil. Put the burgers on the grill, cover and cook for 9 minutes, flipping after 5 minutes, for medium-done (150 F, slightly pink). Add a minute per side for well-done (160 F).
5. To toast the buns, put them cut-sides down directly over the fire for the last minute of cooking.
6. If serving the burgers directly from the grill, serve on the buns. If the burgers will sit, even for a few minutes, keep the buns and burgers separate until just before eating.

Beer-Batter Onion Rings



Serves 4 to 6

Flour mixture
2 pounds all-purpose flour
3/4 cup granulated garlic
1/2 cup granulated onion
3 tablespoons kosher salt

Batter
6 extra-large eggs
2/3 cup all-purpose flour
2 tablespoons baking powder
2 teaspoons cayenne pepper
1 tablespoon kosher salt
1 teaspoon paprika
1 1/2 teaspoons lemon pepper
1 1/2 teaspoons garlic powder
1/2 teaspoon onion powder
1/4 teaspoon dried basil
1 1/2 cups ale beer

Onions
2 pounds large yellow onions, peeled and cut into 3/4-inch slices
4 cups canola oil

1. Sift all the ingredients for the flour mixture together into a large bowl.
2. Blend the eggs for the batter in the bowl of a stand mixer with a paddle attachment on medium, or in a large mixing bowl if using a hand mixer.
3. Reduce the mixing speed to low and add all the dry batter ingredients. Beat until incorporated. Add the ale and transfer to a large shallow bowl or baking dish.
4. Set up a breading station with the flour mixture, the batter and a clean sheet pan.
5. For each

onion ring, dredge the onion in flour, then in the batter, then in the flour again. Place the twice-breaded onion ring on the sheet pan (making sure to keep ring separated), and repeat the process until you've breaded all the onion rings. Refrigerate the rings for 10 to 15 minutes or fry immediately.

6. Add the oil to a large and deep saute pan or electric skillet, so it is one-third full, and heat it to 340 F.
7. Fry the rings in batches, being careful not to crowd the pan. Remove to a paper towel-lined plate and let cool for several minutes before serving to prevent burns.

Suggested serving: Serve with ranch dressing.

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Selkirk Record

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sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Tri-S continues unbeaten streak

By Brian Bowman

The Tri-S Strike Force continued their winning ways on June 5.

Tri-S remained unbeaten in its last five games after a solid 3-1 win over Liberty FC Winnipeg at the Selkirk Rec Complex.

The Strike Force now has four wins and a tie in their past five games. Tri-S last lost a game back on May 29.

Tri-S is now 5-2-1 on the season and has 16 points to occupy sole possession of third place in the Manitoba Major Soccer League Division 5 standings. Mobb United leads the division with an 8-0-1 record and 25 points, three points ahead of Inter Milan (7-1-1) heading into this week's slate of games.

Tri-S is off this week and won't play again until Monday when it hosts Inter Milan at the Selkirk Rec Complex. Game time is 7:30 p.m.

Selkirk FC, meanwhile, hosted the Bandits FC this past Tuesday but no score was available at press time. Selkirk, which was 1-5-1 heading into that game, will then host the Kildonan Athletic Club next Wednesday at the Selkirk Rec Complex (7:30 p.m.).



RECORD PHOTO BY BRETT MITCHELL

Tri-S extended its unbeaten streak to five games after a solid 3-1 win over Liberty FC Winnipeg on July 5.

Hoydalo, Dudek tied for fourth at junior championship

By Brian Bowman

Wesley Hoydalo has some catching up to do if he wants to defend his Accurate Dorwin Men's Junior Golf Championship title.

The Selkirk Golf & Country Club's Hoydalo was eight strokes back of Golf Manitoba's Josh Wytinck heading into Tuesday's third round of the 72-hole event, which was held at both the Portage Golf Club and Bel Acres.

Hoydalo was in a tie for fourth place after two rounds with four other players after carding a 76 and 72 for an 8-over 148. One of those players he was tied with was Colby Dudek, who also opened tournament play with a 76 and then fired a solid 72 on Monday.

Dudek also golfs out of the Selkirk Golf & Country Club.

Wytinck, who shot a 71 and then a 69, had a comfortable seven-stroke lead over Quarry Oaks' Stefan Lavallee and Niakwa's Sylvain Ruest after two rounds.

Thunder to host Pre-Season Jamboree

By Brian Bowman

The Interlake Thunder will be hosting its third-annual Pre-Season Jamboree this Sunday at Stonewall Collegiate Institute.

The morning session will run from 10 a.m. until 11:30 a.m., followed by the afternoon session at 1 p.m. until 2:30 p.m. A barbecue will be held at lunch time.

An estimated 100 young athletes – and 200 people – will be in attendance for the day while equipment will be issued prior to this date.

"It's a kick start to our training camp for our minor program, which is from Cruncher to Bantam football," said Thunder president Joel McDonald last Thursday afternoon. "We'll be breaking down the kids in different groups to work on fundamentals."

The jamboree will act as a good head start for the

players prior to training camp.

"For the first couple of years, because our kids were so new to football, we used (the jamboree) as a tool to get them into equipment and give them at least some fundamentals going into training camp."

Coaches from the Thunder, including members or their Midget staff and players, along with numerous special guest coaches will be in attendance.

The Thunder had also sent out an invite to University of Manitoba and Winnipeg Blue Bomber alumni to come out. At press time, Petar Pejovic and Jon Oosterhuis had been confirmed to attend the jamboree.

Pejovic played for Simon Fraser University as an offensive lineman and was drafted by the Blue Bombers in 1995. He has coached football for the St. Paul's Crusaders and soccer for SE United.

Oosterhuis, meanwhile, played college football for the New Hampshire Wildcats and the Blue Bombers (2002-2011).

The jamboree will feature some serious workouts for the players but the day will also be a fun one for the kids with the lunchtime barbecue.

"The workouts and sessions themselves will be fairly intense and we're going to be working on some very specific skill sets," McDonald said. "But the overall event is kind of a fun day to get all of the kids together again."

"We're spread out through the entire Interlake, so some of these kids haven't seen each other in 10 months. They'll get a chance to reacquaint themselves with old teammates and, of course, meet some new teammates."

Bandura places sixth at Men's Mid-Amateur Championship

Staff

Former Selkirk Golf & Country Club member Ben Bandura finished sixth overall at the Men's Mid-Amateur Championships at Breezy Bend last week.

Bandura, who now golfs out of Elmhurst, carded rounds of 76, 73 and 74 to finish at 7-over par 223.

Breezy Bend's Eric Johnson won the championship after finishing at even par 216 (71-72-73). That was one stroke better than Breezy Bend's Bobby Wiebe (70-77-70).

Garth Collings of Matlock placed 15th after rounds of 74, 82, 75.

The Manitoba provincial team members that will compete at the 2016 Canadian Men's Mid-Amateur Championship Golf Championship at Château-Bromont, Quebec from Aug. 23-26 are Johnson, Bandura and Brian Katchnoski.

Meanwhile, Elmhurst's Bri-Ann Tokariwski won the women's amateur championship after finishing at 7-over 226. She was four strokes in front of Glen-

dale's Camryn Roadley.

Selkirk's McKyla Poponick placed 19th overall after finishing at 258. She got better with each round, shooting an 88, 87 and 83.

The provincial team members that will compete at the 2016 Canadian Women's Amateur Championship at the Ken-Wo Golf Club in New Minas, N.S. from Jul 26-29 are Tokariwski, Jill Hardy and Roadley.

Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

COMMERCIAL SPACE FOR RENT

2,200 sq. ft. FOR LEASE IN DOWN TOWN SELKIRK. Call 204-485-0010.

APARTMENT FOR RENT

1 bdrm. suite at 40B Eveline. \$1,167/ per month, 2 bdrm. suite range \$855 to 1,358/mo. includes heat, water & hydro. Parking \$34/mo. Call 204-482-2751 or 204-989-4211 for viewing information.

1 bdrm. suite in house, includes fridge, stove, heat and water. \$700/ month, plus damage deposit. Available July 15 or August 1st. 428 Stanley Ave. Ph. 204-485-4815.

HOUSE FOR RENT

2 bedroom house for rent in Selkirk. \$1000/ month. Ph. 204-485-0010.

WANTED TO RENT

Looking for house for rent in rural area (Selkirk, West St. Paul, etc.). Single man, no pets, garage if possible. Call Marc at 204-297-9920.

GARAGE SALE

1015 River Rd. at Lower Fort Garry. July 22, 23, & 24, Fri, Sat. & Sun. starts 9 a.m. Grass catcher and tree shredder, pressure washer, riding lawn mower, antique iron and brass bed, sports, bikes, lots of tablecloths/linens, coal oil lamps, pictures/ frames, pinky, antiques, lots of stuff - come and see.

HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.

First rate Taxi is currently looking for drivers for all positions. Must have Class 4 Drivers license. Please send resume to 232 Manitoba Ave. Selkirk R1A 0Y5.

HELP WANTED

Round-Tuit Cleaning Services Ltd. is a commercial janitorial company with a 18 year track record of providing the highest quality service throughout the Interlake. Our employees are mature, responsible, dependable, physically fit, and have an eye for detail cleaning. They have a clear criminal record with a valid driver's license and reliable vehicle to get to work. We have 2 openings for a permanent part-time position, 20 hours a week, M - F - one in Gimli and another 15 minutes outside of Selkirk. For application information call 204-785-3257 between the hours of 9:00 a.m. to 5:00 p.m., M-F. All training provided, sub-contractors need not apply.

We are seeking a full time receptionist for our busy practice. Experience with computers, knowledge of dental terminology and Maxident is an asset. We are looking for a self starter who is an independent thinker, has a sharp eye for detail, a team player who takes pride in their work and loves to smile. We offer competitive wages and bonuses. We are open daily from 8:30 to 5:00 except Wednesday open from 12:00 p.m. to 8:00 p.m. Please forward resume with cover letter to: Box 1490, Stonewall, MB. R0C 2Z0 or email to qd-c345main@hotmail.com (please indicate "Receptionist" in the subject line). NO PHONE CALLS PLEASE.

HELP WANTED

Caretaking couple required for 95 ste building on Eveline St. in Selkirk, MB. Must be bondable and supply criminal record check. Duties include, but not limited to, cleaning common areas, rent collection, minor maintenance, snow clearing, etc. Ideal candidates will have a working knowledge of plumbing, painting, repairs, etc. 2 bedroom ste plus wage in return for caretaking duties. Please send resume to D-7 property Management at 641 St. Mary's Rd., Wpg., MB R2M 3M2 or call 204-989-4210 for more information.

Medical Transcription! In-demand career! Employers have work-at-home positions available. Get online training you need from an employer-trusted program. Visit: CareerStep.ca/MT or 1-855-768-3362 to start training for your work-at-home career today!

DAYCARE

Selkirk area has 1 full time spot available for child age 1 & up. \$25/day, sorry no subsidy. Pls. call Krista 204-998-3591 for more info.

MISCELLANEOUS

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. Solar equipment. The Battery Man. Winnipeg. 1-877-775-8271 www.batteryman.ca

MISCELLANEOUS

Adult push walker with wheels, seat, seat belt and brakes. compl. \$300, firm; men's light blue suit, coat & blue shirt sz. XL, pants sz. 38-40 pants in-seam (leg) 30 out seam 36, im-mac. cond. \$50; men's purple pinned striped suit, coat & white shirt sz. XL. pants measurements same as above, \$50, both suit, coats & pants have recently been dry cleaned, had very little use; LN sz. 9 safety shoes EC, only worn about 2 wks. \$60; BN never used EWO student desk study lamp still in box \$15; BN never used 1 brown leather wallet w/change purse & side lock, \$15; Sun-beam 2 - slice toaster in EWO \$15. 204-785-8598 Selkirk.

Desk, solid oak wood, painted black, 24" d x 56" l x 29 1/2" h. Comes with additional glass desk top surface 24" W x 48" L \$150 obo. Ph. 204-482-5099.

Trailers for sale. Car & Equipment Haulers, Dumpbox, Cargo, Utility, Gooseneck Flatdeck, Cargo, Aluminum Livestock, CM Truckbeds. Parts & full service. Kaldeck Truck & Trailer, MacGregor, MB. 1-888-685-3127.

Sawmills from only \$4,397 - make money & save money with your own bandmill - Cut lumber any dimension. In stock ready to ship. Free info & DVD: www.NorwoodSawmills.com/400OT 1-800-566-6899 Ext:400OT.

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Wholesale Water Filters!! New Waterite water softeners, 30,000 grain/\$540. All sizes avail. Reverse osmosis systems, \$215. Pater-son iron removers/\$500. Greensand iron odour removal systems, \$700. All Seasons Furnishings 204-661-8581.

Support our local businesses

WANTED

Wanted: old tube audio equipment. 40 years or older. Amplifiers, stereo, recording and theatre sound equipment. Hammond organs, any condition. Call toll-free 1-800-947-0393



Call 785-1618

McSherry Auction Service Ltd

AUCTION SALE NEIL VAN DORP

Saturday, July 23rd @ 10:00 am

Stony Mountain, MB

1 Mile South on Hwy 7
Then 2 1/2 Miles East on 321
Contact: (204) 793-0098

Tractor & Equip MF 130 Dsl 3PH 4712 Hrs * Farm King 3PH 72" Finishing Mower * 3PH Post Hole Auger 9"Bit * Melroe 900 8 B Plow * Inland 70" Spring Tine Harrows * 18' Stubble Cutter * Richardton Side Dump Silage Wagon * 12' B&H Trailer * 8 Ton Farm Wagon * Farm Wagon w 16' Box * Single Axle Semi Converter * Vehicles 90 Chev 3500 Dually 350 STD w 9' B & H Sft * 2) 98 Chev 1500 Ext Cab 4 x * 03 Hyundai Accent GL No Sft * 1980 Western Star 4864-2 6V92 Wet Kit Cab Chassis No Sft * 84 Ford 8000 Cat 3208 Cab & Chassis (Autopac Right Off) * 6' Truck Cap * Tools 20 HP Gas Lincoln Ranger 10000 AC/DC 225 Welder * Lincoln 250 AC/DC Welder * Lincoln Mig 215 Welder * Lincoln 225 Welder * 2) Gas Air Comp * Ridgid Metal Cut Off Saw * Bench Grinders * Hyd Press * Titan XT250 Air Paint Sprayer * 3000lb 11 HP Pressure Washer * 3) Hyd Port A Power * Milwaukee Magnet Drill Press * Acetylene Torches * Air Arc * Air Tools * Impacts 1/2", 3/4" & 1" * Power Tools * 20 Ton Pneumatic Jack * Transm. Hyd Jack * Hyd Jacks * Jack All * 3/4" Socket Set * 3/4", 1" & 1/2" Socket Sets & Impact * Wrench Sets * Crescent Wrenches * Pipe Wrenches * Large Amount Hand Tools * Welding Clamps * Air Grease Dispenser * Grease Guns * Sledge Hammer * Shop Vac * Livestock Equip 3) Farm King Roller Mills 1) Portable * 3) 800 Bushel Metal Self Feeders * Western Saddle * Pony Saddles * Bridles * Halters * Horse Tack * Wall Mount Saddle Stand * Barbed Wire * Fence Posts * Baler Twine Graineries, Misc & Yard 4) Westeel 2700 Bush Bins * J.D. 260 Hyd 48"R Mower * 2 Push Gas Mowers * 5) Comm. Fuel Pumps * 2400 Gal Steel Tank * Water Pump * HP BS Engine * Grain Moisture Tester * 5 Ton Chain Hoist * Load Binders * Chains & Hooks * Metal Banding Machine * Metal Shop Stairs * Pallet Racking * Metal Shelving * Tool Cabinets * Welding Table * Welding Material * Lumber * Plywood * OH Hydro Wire * Hydro Poles * Truck, Trailer & Implement Parts 3 Fuel Slip Tanks * 4 Truck Tools Boxes * Allison 6 Spd Auto Trans * Eaton 13 Spd Trans * Heavy Truck Various Parts * Semi 5th Wheel Plates * Steel Trailer Ramps * Transport Tarps * 16' Blade For Snow Cat * Bale Forks s * 6' Bucket w Quick Attach * Hyd Pumps * Hyd Cylinder * 3) hoist for Truck Box * Implement Parts * LT305/85R/16 * 16", 16.5 Tires * 10) New 22.5 Unimount Rims * 22.5 Rims, Budrims * 24.5 Truck Chains * 6) New 20.5/25 * 5) New 23.5/25 * New Cond. 18.4-26 Rice Tires & Rims * 16.9-28 * 16.9-26 * 20.8-R38 * 420/85R/28 * Implement Rims * Large Amount of Good Tires & Rims, Truck, Tractor and Implement * Horse Sickle Mower * Horse Potato Hiller * 3 B Plow * Hand Water Pump * Pedal Stone Sharpener *

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Stonewall, Manitoba
www.mcsherryauction.com

Classified booking deadline is Monday 4 p.m. prior to Thursday's publication. Call 785-1618

McSherry Auction Service Ltd

AUCTION SALE ESTATE OF EUGENE HEWKO

Sunday July 24th 10:00 am

Tyndall, MB

North Through Town 4 Miles On Rd 35E Then East 1/2 Mile On Rd 77N 35077
Contact: Patricia (204) 669-2860
Donna Hewko (204) 781-5492
Viewing By Appointment Only!

Tractors 08 JD 5103 HL 3PH Hyd 540 PTO 1721 Hrs * JD 4650 Cab 16 Spd Triple Hyd 540/1000 20.8-38 Factory Duals 8348 Hrs. * Case 1690 Cab 3PH 540 PTO Dual Hyd w Case FEL 7200 Hrs * Combines & Grain Equip JD 7720 Turbo Hydrostatic Combine 4733 Hrs * Gleaner Mdl L Combine * 2) Coop 550 Gas Swathers 1) 18' NR 1) 15' * JD 220 16' Tandem Disc * JD 28' Cult W Mulchers * JD Mdl 1610 22' Deep Tiller * Int 6200 24' Press Drill * 50' Hyd Diamond Harrows * Midwest 252 Grain Vac * Farm King 10" 50' MK Auger * Brandt 68' Sprayer * Buhler / Farm King 7" 36' Auger * 24' Hyd Drill Carrier * Lode King 14' Drill Fill Tote Tank * Haying & Misc NH 469 9' Haybine * NH 850 Rd Baler * NH 269 Square Baler * NH Trailer 7' Sickle Mower * NH 56 Side Del Rake * NH 80 Hyd Bale Mower * Valmer 500 Fertilizer Spreader * NH 510 Manure Spreader * Allied 3PH 8' Snow Blower * JD 3PH Post Hole Digger * Trailer Gas Hyd Wood Splitter * 24' Firewood Elevator * 3PH 7' Cult * Water Tank Trailer * 2) 4 Wheel Farm Wagons 18' Decks * Vehicles & Trailers 02 Sokal 5th Wheel 12' Tandem Stock Trailer * 97 Chev 1500 Silverado Ext Cab * 74 Int Mdl 1700 w 15' B & H * 80 Int Mdl 1624 Cab & Chassis NR * Utility Trailer * Yard, Recreation & Gun 14 Arctic Cat 500 EFI 4 x 4 Quad 602 Km * 84 Honda 200 S 3 Wheeler * Cooley 60 22 Cal Repeater Tub Mag * Gun Cabinet * Yard Trailer * Lawn Sweep * Stihl F538 Gas Trimmer * Misc Champion 4000 Watt Generator * Kodiak CG235 Gas Pressure Washer * 2) Gas Water Pumps * Air Oil Extractor * Shop Hoist * Hyd Tire Lift * Elec Cement Mixer * 3) Zon 4 Propane Bangers * Labtronics Grain Moisture Tester * JD Moisture Tester * 2) Poly Tanks 1) 2000 Gal 1) 1200 Gal * Hyd Cylinders * Bin Sweep * 5000 Gal Steel Tank * Lumber * Tools Welder * Metal Band Saw * Hyd Press * Drill Press * Acetylene Torches * Wood Lathe * Table Saw * Sand Blaster * Hand Tools * Shop Supply * Antiques JD PTO Potato Digger * Sulky Plow * Case 2 B Plow * Elec Cream Separator * Butterchurn * Lanterns * Crocks * Cream Cans * Scale * Some Household *

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PUBLIC ONSITE AUCTION

Metal Fabricating Equipment Auction
Howden Alphair Ventilating Systems Inc.

AUCTION: THURSDAY, July 21 10 AM CDT
LOCATION: 1221 Sherwin Road, Winnipeg, MB

• 2005 Koike MGM-2-3100 Laser Table * 2005 Haas VF-38 CNC VMC * 2002 Toshiba NX-530 CNC HMC * 2001 Daewoo Puma 2300 CNC TC * Sirco PA-36, 48" X 108" & Baoji CS26GC, 26" X 80" Lathes * Pacific 175T X 12' Hyd. Brake * LVD Mod. HST 31/13 Shear, 2 Ironworkers, 30 Welders, 15 X 80' Free Standing Crane, JD 260 Skid Steer, Clark 9 Ton - Kalmar 5 Ton & Cat 5,000 lb. Forklifts & MORE

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THE LUNG ASSOCIATION Manitoba

ManitobaQuits

Quit Smoking Contest 2016 wants to help you quit smoking for a day. Quitting for one day helps you to practice effective quitting skills, get to know resources and build confidence. You will have 12 chances to quit smoking and to feel good about yourself! If you can quit for a day - you can eventually quit for good.

\$200.00 cash prizes
Registrations begins January 18, 2016
Go to ManitobaQuits.ca for dates, contest information and resources to quit smoking
Call 1-888-566-5864 toll free

McSherry Auction Service Ltd

CONSIGNMENT AUCTION

Saturday Aug 6th @ 10:00 am

#12 Patterson Dr. Stonewall, MB Book In Your Consignments Early!

Tractors & Forklifts * Equipment * Livestock Equipment * Vehicles & Trailers * Farm Misc * Building Supply * Tools Misc * Recreation & Yard Items * Antiques
Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027
www.mcsherryauction.com

Classifieds



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

NOTICES

2016 Parents for Safe Grad Calendar Winners: 6/1/16 - Debbie Schoenborn, \$25; 6/2/16 - Wendall Koop, \$25; 6/3/16 - Jess Friesen, \$25; 6/4/16 - Reid Bourcier, \$25; 6/5/16 - Ruby Therrien, \$25; 6/6/16 - Jeremy Zdrill, \$25; 6/7/16 - Ruth Whall, \$25; 6/8/16 - Janice Bean, \$25; 6/9/16 - Mike Frost, \$25; 6/10/16 - Jillian Wallmuth, \$25; 6/11/16 - Owen Schalk, \$25; 6/12/16 - Lynda Forman, \$25; 6/13/16 - Taylor Campbell, \$25; 6/14/16 - Taylor Bean, \$25; 6/15/16 - Melissa Kowalchuk, \$25; 6/16/16 - B Gobeil, \$25; 6/17/16 - Connor Wien, \$25; 6/18/16 - Abby Thickenson, \$25; 6/19/16 - Murreil Perry, \$25; 6/20/16 - Tammy Williams, \$25; 6/21/16 - Reece Stockton, \$25; 6/22/16 - Jasmine McGrath, \$25; 6/23/16 - Liz Dudek, \$25; 6/24/16 - Marlere Champeux, \$25; 6/25/16 - Karen Murray, \$25; 6/26/16 - Kristine Carino, \$100; 6/27/16 - Paul Poirier, \$250; 6/28/16 - Jordon Leiss, \$500; 6/29/16 - Debbie Schoenborn, \$1000.

NOTICES

Army, Navy and Air Force Veterans #151 would like to thank the following people for their generous donations towards our Xmas in July Bonus Meat draw on July 9th. ANAF Ladies Auxillary, Moira Setter, Extra Foods, Gordon Howard Senior Center, Gail & Neil, Barb Hanson, Connie, Cathy, Lynn & Lawrence Muzylouski, Smoke n Fish, First Rate Taxi, The Merch, and Paul Starodub.

COMING EVENTS

Experience Folklorama 47! From July 31 to August 13 visit 45 pavilions and experience the largest and longest running multicultural festival in the world! folklorama.ca 1-800-665-0234



Call 785-1618

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@hotmail.com

POTATOES FOR SALE

Potatos - Red, Yellow & Russet. Onions, cabbage, beets, turnips, parsnips & honey. Deer feed, \$9; black oil sunflower seeds, \$21. Interlake Potato Farm, phone 204-886-2676. 1 mile N. of Teulon on #7 & 1 mile E. on Rd. 95N.

Book Your Classified Ad Today

Display Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication.

Call 204-785-1618

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Wed July 20th @ 4:00 pm

Yard Items * Tools * Vehicles * Antiques * Household *

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CITY OF Selkirk



JUST A REMINDER

TO EVERYONE WHO RECEIVED A COUPON FOR A FREE OIL FILTER AS PART OF THE CITY OF SELKIRK AND MANITOBA ASSOCIATION FOR RESOURCE RECOVERY CORP (MARRC) OIL FILTER EXCHANGE PROGRAM AT THE ECO CENTRE

COUPONS EXPIRE JULY 31, 2016

MAKE SURE YOU TAKE YOURS INTO THE FOLLOWING SELKIRK LOCATIONS BEFORE THAT DATE IN ORDER TO QUALIFY:

CANADIAN TIRE
PISTON RING
NAPA AUTOPARTS

More Info?
Call the Operations Department at (204)785-4930

take a break > GAMES

SUDOKU

	1		4					6
	4			2				9
		3		9				
					7			
		2					8	3
	5			8				6
			6			1		4
	6		9					5
8	9		7					

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	3	9	4	5	7	1	6	8
5	7	8	2	1	6	4	9	3
4	6	1	3	8	6	7	2	5
9	2	7	8	4	1	5	3	6
3	8	4	6	9	5	2	7	1
1	5	6	7	3	2	9	8	4
7	4	4	2	1	6	8	3	5
6	1	5	9	2	3	8	7	4
8	6	3	5	4	7	9	1	2

Sudoku Answer

K	O	E	N	S	E	E	V	S	E	E	S		
S	I	R	I	I	W	Q	N	T	E	V	R		
I	V	V	B	S	O	V	D	V	T	O	R		
R	E	B	V	S	C	A	N	D	E	V	V	R	
S	S	O	S	E	T	V	C	O	I	T	I	S	
E	T	R	B	V	B	B	V	B	T	S	V	E	
D	V	T	V	S	S	O	B	R	E	N	T	R	
V	E	V	Q	B	N	D	N	V	W	D	V	B	
M	W	B	N	V	I	I	V	B	V	T	E		
H	C	V	E	B	S	D	D	N	T	N	V	B	
T	E	S	D	E	T	E	N	V	T	I	N	V	
E	S	T	S	E	V	I	R	V	A	O	T	O	T
M	O	B	B	S	O	B	B	I	B	B	I	B	

Crossword Answer

X CROSSWORD

CLUES ACROSS

1. "ER" actress Leslie
2. Private school in New York
3. Pancake
4. Cichlid fish
5. Independent Voters Association
6. Nonviolent advocate
7. Suburb in Copenhagen
8. Heavy cotton garments
9. Self-addressed envelope
10. A way to make wet
11. Genus of trees
12. Millisecond
13. Kiss ballad
21. Unlock
23. ___ mot
25. "Joy Luck Club" author Amy
26. Catch
27. ___ and flowed
28. Monetary units
29. Scorched
32. Italian aviator
33. Things to eat
34. Waddles

CLUES DOWN

1. Reveal secrets

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
			24		25				26					
27	28	29		30				31			32	33	34	
35			36				37				38			
39						40				41				
42						43				44				
45						46				47			48	
						49				50			51	
52	53	54				55				56		57	58	59
60						61				62		63		
64						65						66		
67						68						69		

36. A Queens ballplayer
37. It's on your driver's license
38. Talk
40. Witty conversation
41. Satisfies
43. Sound unit
44. Placental mammal
46. Offer
47. Flower cluster
49. Stamps
50. Palmlike plant
51. Developed poliomyelitis vaccine
52. Newhart, Marley, Dylan
53. Wings
54. Away from wind
57. Slugger Ruth
58. Musician Clapton
59. Gamble
61. Desoxyribonucleic acid
62. Female sibling

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33142 RD 88 N 1132 sq ft
2 bed, 1 bath, large living area,
9 stall horse barn. \$176,000. **EVAN**

8222 HENDERSON, WATERFRONT,
3 bdrm. \$299,000 - **EVAN**

NEW PRICE
 582 SPRUCE 1637 sq ft 3 BR, 3 bath,
newer windows, kitchen & bath.
Multi garage, gazebo \$379,500 - **EVAN**

RD 39 & RD 80 N BEAUSEJOUR
2369 sq ft 3 bed, 3 bath, full base,
multi gars., barn 79 ac. \$489,000 - **EVAN**

8232 HENDERSON, 159' RIVER FRONTAGE,
2.27 Acres. \$208,000 - **EVAN**

HECLA VILLAGE Year round lake front
\$189,000 **EVAN**

WAYDE 204-485-0407
NEW PRICE
 234 SOPHIA Spacious 3 bd. dining rm, basement
renovated, new drywall and flooring, bathroom,
and hwt. Appliances metal roof - **WAYDE**
\$204,900

NEW LISTING
 445 MANITOBA AVE.
3 bdrm, 1200 sq. ft.
c/air, dbl. det. garage,
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\$229,800

ST ANDREWS: Woodland Rd.
Southwest of Wpg Beach 4.4 A \$59,900 - **WAYDE**

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recently updated - **DANIEL**

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\$315,000 The George Hacking Team

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4 Plex suites 1146 SF/
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8 Acres on the Water
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VACANT LAND

3 Houghton Bay Road	\$69,900	The George Hacking Team
5 Howard Phase 2 Creekside Properties	\$84,500	The George Hacking Team
81 Colony Rd - 2.76 Acres	\$95,000	The George Hacking Team
Lot 2 Jacobs Lane NEW PRICE	\$105,000	The George Hacking Team
2 Gwen Ellen Way St. Francois Xavier	\$110,000	The George Hacking Team
Hwy 26 St. Francois Xavier	\$120,000	The George Hacking Team
71 Vincent Road - Stony Mountain	\$110,000	The George Hacking Team
68 Cowan Place	\$125,000	The George Hacking Team
Building Lot 1-27004 Harold Ave - Municipal Sewer & Water	\$130,000	The George Hacking Team
0 Floodway Drive, 309.9 Acres	\$325,000	The George Hacking Team
0 Petersfield Pits, 120.6 Acres	\$340,000	The George Hacking Team
72101 Pine Road S. Prime Development	\$445,000	The George Hacking Team
605 Cil Road - 65.62 Acres DEVELOPMENT OPPORTUNITY	\$492,000	The George Hacking Team
NEW 1 Harry Waytiuk Dr, East Selkirk	\$125,000	The George Hacking Team
NEW 1 Catherine Waytiuk Dr, East Selkirk	\$140,000	The George Hacking Team
NEW 14 Harry Waytiuk Dr, East Selkirk	\$130,000	The George Hacking Team
NEW 4 Catherine Waytiuk Dr, East Selkirk	\$150,000	The George Hacking Team

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<p>1 Currie Dr. Bissett, Mb. \$314,900</p>	<p>5 Currie Dr Bissett, Mb. \$179,900</p>	<p>95082 Rd 37E \$334,900</p>
<p>NEW LISTING</p> <p>447 Manitoba Ave. \$80,000</p>	<p>33125A Rd 85N \$374,000</p>	<p>Mars Sandhills 1.3-1.6 acres \$25,000-\$35,000</p>

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ANNOUNCEMENTS

BIRTHDAY



Wow look who's turning 3
On July 17, 2016
Rayden Edward Pescitelli
Happy Birthday Monkey
Hug "n" Kisses
-Love Nannie (Nana) and Papa

ANNOUNCEMENTS

BIRTHDAY



**100th Birthday Celebration
Irma Chittick**
Irma Chittick currently a resident of Betel Home, Selkirk, formerly of Lion's Manor Selkirk will be celebrating her 100th Birthday on July 24th, 2016 with a come and go tea being held at the Selkirk Royal Canadian Legion on July 24th from 2 p.m. to 4 p.m. All friends of Irma are invited to attend to help her celebrate this milestone in her life! No gifts please, just the pleasure of your attendance will be your gift.... Irma would love to see you!
**Happy Birthday
Mom, Grandma, Great-Grandma!**
-Love,
your family

ANNOUNCEMENTS

GRADUATION



**Congratulations
Cassidy Marie
Randy Darlene
Riley John Dean**
On your Grade 12 Graduation
All the Best to all of you
-With Love from great-grandma "Nana"

ANNOUNCEMENTS

GRADUATION



**Congratulations Barret Reiter
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Bachelor of Arts (Honours),
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Barret is off to
Cambridge, England for his Masters
Best of Luck,
We are so very proud!
-Love Mom and Dad

ANNOUNCEMENTS

IN MEMORIAM



**Glenn Salter
July 15, 2011**

Death changes everything,
Time changes nothing.
I still miss the sound of your voice,
The wisdom of your advice,
The stories of your life and
Just being in your presence.
So, No, time changes nothing.
I miss you as much today as
I did the day you passed.
I just miss you Glenn.
Until we're together again,
I love you always and forever.
-Love Sandi

ANNOUNCEMENTS

IN MEMORIAM



**In Memory of
Ngan Nguyen and Jared Youzwa
July 12, 2013**

I miss you.
I miss your voice.
I miss your smile.
I miss your smell.
I miss your hug.
I miss your jokes.
I miss how you made me feel.
I miss your everything.
You should be here.
-Love Mom, Dad,
Nicole and Dalcyce

ANNOUNCEMENTS

IN MEMORIAM



**Phyllis Swanson
July 1, 1933 – July 12, 2010**

In life we loved you dearly,
In death we love you still;
In our hearts you hold a place,
No one can ever fill.
It broke our hearts to lose you,
But you didn't go alone;
Part of us went with you,
The day God took you home.
-Love always,
John and family

ANNOUNCEMENTS

IN MEMORIAM

**Glenn Salter
April 13, 1943 – July 15, 2011
In loving memory of our dear
brother and brother-in-law**

Five years have passed,
Since that extremely sad day,
But, memories remain
As near and dear as yesterday.
Beautiful memories are wonderful things.
They last forever.
They never wear out,
Never get lost and never go away.
-Deeply missed and forever loved,
brother Bill and sister- in-law Sal

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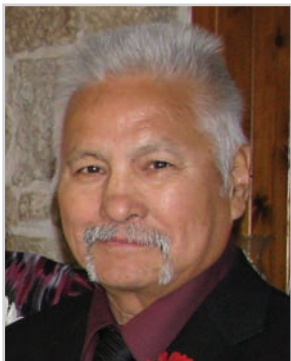
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OBITUARY



Raymond Bird

Peacefully, on Saturday, July 9, 2016 at the Selkirk General Hospital, Ray Bird, aged 66 years of Selkirk, beloved husband of the late Kim.

Ray is survived by his children, Christian and Holly-Mae (Rob); and grandchildren, Mackenzie, Taylor and Zane.

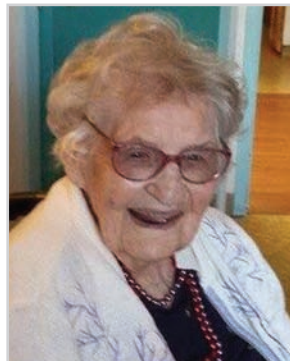
The family would like to express their heartfelt thanks to Drs. Demsas and Lindenschmidt as well as the nurses and staff at the Selkirk General Hospital for their care and compassion.

In keeping with his wishes, cremation has taken place and no formal service will be held.

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY



Mary Elizabeth Sparvath (nee McFee)

Mary Sparvath at the age of 104, peacefully went to be with the Lord, with her family by her side, at Red River Place, Selkirk on July 10, 2016.

Mary was born in Sanford, MB on Sept. 22, 1911 to Andrew and Adeline McFee. She went to school in Sanford and Stony Mountain.

She leaves to cherish her memory her daughter Rosemary (Lyle) Hodge; granddaughter Alison Hodge (Dean); grandsons Owen Hodge and Curtis Hodge; great-granddaughter Ariana Hodge-Peterson; step-daughter Irene Corrigan as well as numerous step-grandchildren, nieces and nephews.

Mary was predeceased by her husband Jens; brothers, Albert, Richard (Dick), Hughie, Punch, Fred, Walter, and George; twin Sammy; sister Viva; step-daughters Leona Olsen, Violet Edmondson, Rhoda Kunzelman, Edna McMahon, Doreen Campbell and Beatrice Hibbitt.

Mary was a hard worker and before she married she ran her own housekeeping business in Winnipeg. Mary loved to travel and spent summers with her mother in Alberta, also travelling to BC to visit her brothers.

Once Jens and Mary married they both worked the family farm in Gunton. After many years of farming they moved closer to town. During their retirement years, they enjoyed their car, cruising around the area visiting family and sightseeing.

After Jens' passing, Mary moved to Teulon where she lived for over 20 years. In May 2014 she moved to Red River Place in Selkirk, where she was given the best of care. The staff loved her sense of humour and affectionately called her "momma" and "trouble". They said she was a "bright spark" for them.

Cremation has taken place. Celebration of life will be held in the Gilbart Funeral Chapel, Selkirk, MB, at 11:00 a.m. on Wednesday, July 13, interment will take place at a later date.

Gilbart Funeral Home, Selkirk in care of arrangements.
www.gilbartfuneralhome.com



OBITUARY

Giliola Fabiani

October 8, 1942 - December 21, 2015

Graveside Services will be held on Tuesday, July 19, 2016 at 11:30 a.m. in the Notre Dame Cemetery, Selkirk, MB with Fr. Stan Gacek officiating.

Gilbart Funeral Home, Selkirk in care of arrangements.
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SELKIRK TRIPLE "S"

FAIR & RODEO

July 15, 16 & 17, 2016

Selkirk Park
Selkirk, Manitoba

Family Fun for Everyone

FREE Admission to:

- Select Shows Midway & Rides
- Helicopter Rides
- St. Andrews St. Clements Children's Festival Friday; Children's fun and activities continues Saturday and Sunday
- Vendors and Equipment Displays
- The Magic of Patrick
- Games2U - Bumper Balls
- Triple "S" Retail Barn & Rodeo Trade Show
- Frogs Hollow Petting Zoo
- Wild Dogs Performance Team
- Home Living & Craft Displays

\$5.00
Parking fee

Admission To: (Parking Fee Applies)

- Friday Night Demo Derby • Pony Chuckwagon & Chariot Racing
- MRCA/CCA Dual Approved Rodeo • 4D Barrel Racing Jackpot
- CWA Open Horse Show

ADMISSION

	Daily	Weekend	Child 5 & Under Free
Adults	\$10.00	\$20.00	
Child 12 & Under	\$5.00	\$10.00	

ADVANCE (TICKETS)

all you can ride ONE Day Select Shows midway wristband (includes parking)

\$22.00 on sale Selkirk Home Hardware until 8:00 PM Thursday, July 14, 2016



BEVERAGE GARDENS

Featuring "Past The Perimeter" Friday and Saturday night 9 P.M.
Karaoke Saturday
Pre-Register 2-3 pm
Starts at 3 pm until 6:30 pm

\$5.00 Cover Charge daily per person

FAMILY FUN FOR EVERYONE



Photos by Donna Maxwell

FAMILY FUN FOR EVERYONE

SELKIRK TRIPLE "S" FAIR & RODEO

FRIDAY, JULY 15



- 11:00 AM** Children's Festival **PRESENTED** by the RM of St. Andrews and the RM of St. Clements
- 11:00 AM - 4:00 PM** *All Day* Activities during the Children's Festival include: Crafts, Games, Face Painting, Clowns & Mascots, Balloons, and much more!
- 11:00 AM - 4:00 PM** **NEW** Games 2U- Bumper Balls (Kidzone Tent)
- 11:00 AM - 4:00 PM** - Prairie Wildlife Rehabilitation Centre
- 11:30AM** **NEW** Magic of Patrick (Kidzone Tent)
- 12:00 PM** Dogs Gone Wild (Kidzone Tent)
- 12:00 PM** Frog's Hollow Petting Zoo Opens
- 12:00 PM** Home Living and Craft Displays (Agriculture Building)
- 1:00 PM** Floyd "The Clown" (Kidzone Tent)
- 2:00 PM** **NEW** Magic of Patrick (Kidzone Tent)
- 2:00 PM** Select Shows Midway Opens
- 2:30 PM** Dogs Gone Wild Show (Kidzone Tent)
- 6:00 PM** CWAHA Open Horse Show (Selkirk GM Horse Show Ring) Gymkhana Events
- 7:00 PM** No Bull Demolition Derby (Gerdau-Metallics Recycling Pit)
- 9:00 PM** "PAST THE PERIMETER" in the Beer Garden

ON THE ROCKS
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Thursday July 14th - Country Party (& whiskey wings) 7pm-2am
Friday & Saturday July 15th & 16th - BBQ on the Patio -
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July 15, 16 & 17, 2016

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Selkirk, Manitoba

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Saturday & Sunday 8 a.m. - 10 p.m.



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PARADE

10 am Saturday
• July 16th •



For more information or to register your float call: 204-482-7176 or visit www.selkirkbiz.ca

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Use Detour streets Strathnaver
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SELKIRK BRIDGE WILL BE CLOSED FOR THE PARADE 9:30 to 12 noon (approx.) Saturday July 16/16

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- 8:00 AM CWA Open Horse Show
(Selkirk GM Horse Show Ring)
- 10:00 AM – Parade (starts on Manitoba Avenue – presented by Selkirk Biz)
- 11:00 AM - 4:00 PM - Prairie Wildlife Rehabilitation Centre
- 12:00 PM Rocklands Antique Tractor Display
- 12:00 PM Select Shows Midway Opens
- 12:00 PM Home Living and Craft Displays (Agriculture Building)
- 12:00 PM 4D Barrel Racing Jackpot
(Selkirk GM Horse Show Ring)
- 12:00 PM Frog's Hollow Petting Zoo Opens
- 12:00 – 4 PM NEW Games 2U – Bumper Balls (Kidzone Tent)
- 12:30 PM Wild Dogs Performance Team



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- 1:30 PM NEW:
Magic of Patrick
(Kidzone Tent)
- 2:00 PM – 6:30 PM
Karaoke (Beverage Tent)
- 2:30 PM
Wild Dogs Performance
Team (Kidzone Tent)
- 3:30 PM
Manitoba Pony Chuckwagon
& Chariot Racing (Rodeo
Grandstand)
- 6:15 PM
Pre Rodeo Show – Wild Dogs
Performance Team
(Rodeo Grandstand)
- 7:00 PM
MRCA/CCA Rodeo
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- 9:00 PM
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SELKIRK TRIPLE "S" FAIR & RODEO

SUNDAY, JULY 17



JULY 16, 2016 - PARADE RE-ROUTE

Please be advised that the following stops **WILL NOT** be serviced between the hours of 9 am - 12pm:

- # 7&52 - Sophia/Morris
- #15&44 - Main/Dufferin
- #16&43 - Waterfront- Eveline/Superior
- #17 - Main/Clandeboye
- #18&41 - Downtown- Main/Christie
- #19&40 - Main/Vaughan
- #20&39 - Main/Rosser
- #21 & 38 - Rosser/Eveline
- #22 - Eveline/Reid
- #37 - Eveline/Sutherland
- #42 - Main/Manitoba
- #51 - Morris/Mercy

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***** ALL EVENTS AND TIMES SUBJECT TO CHANGE *****

Thanking the community for being our guests

263 Main St • 1051 Manitoba Ave

- 09:00 AM** Rodeo Slack (Rodeo Grandstand)
- 10:00 AM** 4D Barrel Racing Jackpot (Selkirk GM Horse Show Ring)
- 11:00 AM - 4:00 PM** - Prairie Wildlife Rehabilitation Centre
- 12:00 PM** Select Shows Midway Opens
- 12:00 PM** Frogs Hollow Petting Zoo opens
- 12:00 PM** Home Living and Craft Displays (Agriculture Building)
- 12:00 - 4:00 PM NEW** Games 2U – Bumper Balls (Kidzone Tent)
- 12:00 PM** Manitoba Pony Chuckwagon & Chariot Racing (Rodeo Grandstand)
- 1:00 PM** Wild Dogs Performance Team (Rodeo Grandstand)
- 1:30 PM** New: Magic of Patrick (Kidzone Tent)
- 2:30 PM** Pre Rodeo Show – Wild Dogs Performance Team (Rodeo Grandstand)
- 3:00 PM** MRCA/CCA Rodeo Performance (Rodeo Grandstand)

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