

SERVING SELKIRK, LOCKPORT, ST. ANDREWS, ST. CLEMENTS, WEST ST. PAUL, CLANDEBOYE, PETERSFIELD, WINNIPEG BEACH, GARSON, DUNNOTTAR & TYNDALL







RECORD PHOTOS BY AUSTIN GRABISH

With Rockin' on the Red in Lockport, Selkirk's Triple S Fair and Rodeo, and Winnipeg Folk Festival in Birds Hill Provincial Park all landing on the same weekend, there was plenty for Selkirk and area residents to check out last week. See inside for more coverage of all these events.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

A 100% Canadian Owned Company that gives back to the local Community

A Better Place For You™

326A Main St., Selkirk 204-482-8558 cooperators.ca/krut-agencies

Farm

Home

Investments

Life

s |

Group | I

Business

Travel

Province matches city's \$200K to remove rotting ship

By Austin Grabish

It's been abandoned for years, but the rotting MS Lord Selkirk II may finally take its last cruise later this year.

The province, in partnership with the City of Selkirk, is funding the removal of the ship after years of debate over whose responsibility it is to dismantle the rotting wreck and a federal government with a hardline stance on the issue.

It is providing \$200,000 in funding with the city to pay the other half of the ship's \$400,000 estimated removal cost.

If all goes according to plan, the ship will sail right to the local steel mill before winter.

SaskSteel, a Saskatchewan based

bomb

CELEBRATE

DONT FUMBLE THIS WEEKEND!

PLUS... Make a purchase in July, and enter to win FREE Bombers tickets!

metal company, has been hired to cut the ship up, and is expected to begin work in the near future.

Owner Ben Hoosier said the job will take 10 to 12 weeks and will require a crew of about 12 people.

"The ship isn't as scary as everyone thinks it is," he said.

Hoosier's bid to decommission the ship and remove toxins beneath it beat some 20 other companies that applied for the job.

Selkirk Mayor Larry Johannson said he was elated with the announcement.

"We've been waiting for this day for a long long time," Johannson said. "It's time that we put it to bed and I couldn't be more pleased."

Finance Minister and Selkirk MLA Greg Dewar opened last Friday's announcement with an anecdote about how great the ship used to be.

In its prime, it took Queen Elizabeth and the rest

FIGHT BACK



RECORD PHOTOS BY AUSTIN GRABISH AND BRETT MITCHELL

The Manitoba Government and the City of Selkirk are joining forces to get rid of the rotting MS Lord Selkirk II, pictured below. The province announced \$200,000 in funding for the boat's removal at a press conference in Selkirk Park last Friday. Pictured from left to right, Selkirk MLA and Manitoba Finance Minister Greg Dewar, Conservation and Water Stewardship Minister Tom Nevakshonoff, and Selkirk Mayor Larry Johannson.

of the royal family on a cruise from as you can see the story came to a sad Winnipeg to Selkirk during a trip in ending," Dewar said. 1970.

"It really was a beautiful asset, but

Continued on page 9

PH: 888-247-9606

FX: 204-785-6153



IF YOU HAVE A CHILD UNDER 18 AND HAVE NEVER RECEIVED THE UCCB, YOU MUST APPLY AT WWW.CANADA.CA/TAXSAVINGS

OFFICE@JAMESBEZAN.COM

WWW.JAMESBEZAN.COM

ES BEZAN. MP

Selkirk-Interlake

374 MAIN STREET

SELKIRK, MB R1A 1T7

OUR CONSERVATIVE GOVERNMENT'S



Selkirk's

2nd Annual



September 12th • 12 noon – 12 midnight Lord Selkirk Regional Comprehensive **High School Track**

609 GREENWOOD AVENUI

REMEMBER

WE'RE LOOKING FOR: Teams, Walkers, Survivors and Donations

relayforlife.ca Who will you Relay for?

For more information: selkirkrelay@gmail.com

St. Andrews top staffer resigns amidst leave of absence

By Austin Grabish

RM of St. Andrews top administrator has abruptly resigned from her position as chief administrative officer of the municipality after nine years of service.

Sue Sutherland sent notice of her resignation to the St. Andrews council last Tuesday.

St. Andrews Mayor George Pike confirmed Sutherland had resigned from the municipality last Friday.

Council had yet to formally accept Sutherland's resignation, but the matter was expected to be addressed at a council meeting Tuesday afternoon.

The resignation comes just months after rookie councillor Joy Sul demanded to see proof the municipality's former council approved Sutherland's current salary.

Sutherland has been on paid leave since May and Pike maintains her recent absence from council has not been disciplinary in nature.

The Record reached Sutherland by

phone at her home in East Selkirk briefly Saturday evening.

Sutherland didn't want to discuss details of her resignation, but said she is planning on writing a letter to the editor to discuss the matter.

"I would write a few words," she said."That's really kind of going to be my response to this whole thing."

Sutherland has been an employee of the RM for nine years, standing at the helm of the municipality in her role as CAO since June 2008.

Pike said her resignation came as a complete surprise.

"It came as a shock," he said. "We were looking forward to her coming back."

Sutherland was slated to return to work from her leave of absence on July 15.

In April, Sul demanded to see proof the RM's former council voted to approve her salary, which 2013 audited financial statements show was \$108,149. The salary appears to be in line with salaries other chief administrative officers across Manitoba according to a 2011 compensation survey done for the Manitoba Municipal Administrators Association.

The survey shows the maximum salary in 2011 for a municipality with 8,500 or more residents was \$126,000.

Sutherland agreed to provide council the documents Sul requested by May 1.

Pike said council received most, but not all of the records, and the RM's lawyer is review-

ing them. He would not say which document or docu-

ments were missing. "It's a personnel issue and we can't

issue and we can't release that type of information," he said.



RECORD FILE PHOTO BY AUSTIN GRABISH Sue Sutherland has resigned from her position as chief administrative officer with the RM of St. Andrews. Council members were expected to address her resignation during their meeting on Tuesday afternoon. WE WERE LOOKING FORWARD TO HER COMING BACK"

"IT CAME AS A SHOCK.

Pike also couldn't say when a new CAO would be hired.

Brokenhead Ojibway Nation 2015									
Freaty Day									
Gelebration Wednesday, August 5 to Sunday, August 9, 2015									
Kids Activities - Bouncers, face painting, races & more Arrow Shoot - 17 & under Golf Tournament Shot Gun Start Elders Pool Tournament									
Kids Activities - Bouncers, face painting, races & moreArrow Shoot - 55+Doubles Pool TournamentAugust 6thOpen Pool TournamentCommunity Weiner Roast3 on 3 Basketball TournamentOutdoor Movie Drive In StyleFishing DerbyCrazy Cross Dressing Baseball									
Kids Activities - Bouncers, face painting, races & more Pow Wow Canoe Races Super Bingo Arrow Shoot - Open Health Fair & Trade Fair Teen Dance Treaty Day Payouts Women's Pool Tournament Men's Pool Tournament									
Saturday Kids Activities - Petting zoo, pony rides, bouncers, face painting Breakfast Horseshoe Singles Fire Works Parade Poker Derby (Raindate Sunday) VLT Tournament Pow Wow Music & Crib Tournament Scavenger Hunt Karaoke Floor Hockey Tournament Youth Gaming Tournament									
Kids Activities - Petting zoo, pony rides, bouncers Breakfast Merchandise Bingo Music & August 310 Baseball Tournament Pow Wow Karaoke Adult Races Grocery Scramble, Human Bingo, Hygiene Race									
Events Subject to Change or Cancellation due to Weather 24 Hr. Security on Site * ALL EVENTS DRUG & ALCOHOL FREE Not Responsible for Loss or Theft of Personal Items FOR DETAILED EVENT INFO: Www.brokenheadojibwaynation.net 204-766-2494									



RCMP remain mum on 2013 St. Clements explosion details

By Austin Grabish

RCMP are remaining tight-lipped about a 2013 explosion in St. Clements at the home of Iris Amsel, ex-wife of Winnipeg bombing suspect Guido Amsel.

Police will only confirm they responded to a report of "mischief" on Dec. 13, 2013, at a home on Nicholas Street, in the RM of St. Clements where property was damaged.

Guido Amsel, 49, faces two counts of attempted murder and one count of aggravated assault after allegedly sending bombs disguised as recording devices to his ex-wife, her lawyer, and his former lawyer earlier this month.

Neighbours tell the *Record* they were woken to the sounds of an early-morning explosion in 2013.

David Kane lives across the street from Iris Amsel's home, and told the Record last week the explosion "rocked my world."

He said he was reading in the wee morning hours when heard what sounded like a plane crash.

When he went outside, he saw remnants of an explosion near Iris' mailbox.

One resident living nearby the home who asked not to be named said he too heard the explosion.

"It was a huge boom there's no doubt of it," he said. "We could see the black marks on the side of the (house)."

But several residents living further down the street said they never heard the explosion, which police never publicized.

Longtime Nicholas Street resident



RECORD PHOTO BY AUSTIN GRABISH

Police are releasing little information regarding an explosion that went off at the home (above) of Iris Amsel in St. Clements in 2013. Amsel is the ex-wife of Winnipeg bombing suspect Guido Amsel.

Ed Slyker said he saw police cars on the street, but never knew why until last Monday, when reports about the 2013 explosion started circulating.

"It would have been nice to have been warned," he said. "There was a big white truck there and some police and we didn't know what that was about."

RCMP spokesman Sgt. Bert Paquet said decisions to warn the public are case specific, and refused to say why the incident wasn't made public.

"While we can not go into specific details of this active investigation, for obvious public safety reasons, our investigators did consider all factors and evidence known prior to making

that decision," Paquet said.

Mounties send out daily media releases on everything from drug seizures to road closures, but archived news releases show nothing was sent out from the RCMP newsroom on the 2013 explosion.

Winnipeg lawyer Maria Mitousis, 38, lost her hand and suffered serious injuries after a July 3 explosion at her Winnipeg law firm's office.

She had represented Iris Amsel in a decade-long divorce proceeding against Guido.

Guido Amsel is presumed innocent and none of the charges have been proven in court.

Staying cool with a sweet treat



RECORD PHOTO BY AUSTIN GRABISH 7-Eleven celebrated its 46th birthday on Saturday by handing out free Slurpees. Harrison Garvie (left), 7, along with his brother Declan, 9, were happy to cool off from the scorching hot heat with the free treat at 7-Eleven's Selkirk location.

Hair cut for a good cause



RECORD PHOTO BY BRETT MITCHELL For the second time since she was three, Jillian Swanson of Clandeboye has cut off her long locks and is donating them to The Little Hairpiece program. The program uses donated hair for wigs for young Manitobans who have lost their hair due to cancer treatments or Alopecia Areata. The last time Swanson cut her long locks for the same cause was in 2013.

Clarification

A story, which appeared in the July 9th edition of the Selkirk Record entitled "Father drops bullying lawsuit against Evergreen School Division" by Austin Grabish, states that the father has dropped a lawsuit against the Evergreen School Division after alleging school officials ignored years of bullying and harassment his teenage son endured at two Gimli Schools.

However, upon further review, the notice of discontinuance refers to only the Evergreen School Division's board of trustees being dropped from the lawsuit.

The Evergreen School Division along with four of its employees have been named as defendants in the ongoing lawsuit and continue to face litigation regarding allegations of bullying a former student is said to have endured.

The staff of the Record sincerely apologizes for any inconvenience this may have caused the family.





as awarded the Zui's Canadian ny under 8 500 lby: GWWR: Milit

Thousands brave heat for Triple S Fair, Rodeo fun

By Austin Grabish

The 51st Selkirk Triple S Fair and Rodeo was a hit over the weekend with thousands of spectators coming out to the annual event and the surprise return of veteran rodeo clown Gordo Bones.

The scorching hot heat had spectators and performers watching their water intake, but caused only minor issues.

"The animals of course are going to perform a little less when they're hot," said Rea Pennington, president of the St. Andrews – St. Clements Agriculture Society, which hosts the rodeo every year.

Pennington didn't have official attendance numbers Saturday, but said the turnout appeared to be in line with other years, noting the rodeo usually sees some 9,000 visitors.

"I think we're pretty consistent so far," he said.

Spectators packed the stands at the rodeo grounds in Selkirk Park to see everything from bareback to saddle bronc riding, and there was also tie down roping, steer wresting, and of course bull riding.

Fans were greeted with the surprise return of rodeo clown Gordo Bones, who retired two years ago due to health issues after nearly two decades of rodeo entertainment.

The Triple S Rodeo was his first gig since retiring, and Bones had the crowd laughing during breaks between performances over the weekend.

The Petersfield resident said attending the local rodeo only made sense.

"It's pretty much the home town so if I was going to do a show this was the one I had to come out and step into," Bones said.

Right next to the rodeo was the fair put on by staff at Select Shows, who kept the rides going well into the night over the weekend.

Volunteers as young as eight could





RECORD PHOTOS BY AUSTIN GRABISH AND MICHELLE BALHARRY

ABOVE: A young boy gets a high five from a clown during the annual Selkirk Biz parade in conjunction with the Triple S Fair and Rodeo on Saturday morning. BOTTOM LEFT: Rodeo clown Gordo Bones of Petersfield made a surprise return to the fair and rodeo this year. BELOW: Thousands show up to watch rodeo action in Selkirk Park on Saturday as well as the demolition derby on Friday night.

be seen on Saturday walking around picking up trash, while others directed cars and sold tickets.

Money raised over the weekend will go to the St. Andrews – St. Clements Agriculture Society.

Pennington said the rodeo is the largest event the group puts on.

"The rodeo itself is kind of a traditional thing."





Neighbour recalls 'devastating' Petersfield trailer fire

By Austin Grabish

A Winnipeg couple is reeling from the tragic loss of their beloved dog after a morning fire ripped through their Petersfield vacation home last Tuesday.

The massive fire began sometime shortly before 10:00 a.m. in the Pajo Mirija Seasonal Resort, and kept some 25 firefighters from two departments busy well into the afternoon.

Neighbours told the *Record* a Winnipeg couple lived in a trailer on the property with their Jack Russell named Gibby.

Heather Pringle lives next door and called 911 after walking outside and seeing smoke and hearing the crackling sounds of fire.

"I could hear the dog and was on the phone with 911," Pringle said.

The fire quickly ripped through the permanent trailer on the property as well as a portable trailer, shed, and neighbour's garage.

"Within probably five minutes it was fully engulfed," Pringle said.

Pringle said she asked the 911 op-



RECORD PHOTO BY AUSTIN GRABISH

A Winnipeg couple is reeling after a fire ripped through their Petersfield vacation home last Tuesday. The fire broke out shortly before 10 a.m. and kept roughly 25 firefighters from two fire departments busy well into the afternoon.

erator if she could open the door to let the dog out, but was told it was too dangerous.

"It was soon after that I didn't hear

him anymore," she said. Richard Masters owns the land

where the fire took place and arrived shortly after the three-bedroom trailer became engulfed.

"It was chaotic," he said.

Clandeboye Fire Chief Ray Kelsch said the estimated cost of damage sustained from the fire wasn't known when firefighters left the scene just before 5:00 p.m. Tuesday.

He said the Clandeboye Fire Department had to call in 12 extra firefighters from Matlock to help battle the blaze.

The Office of the Fire Commissioner is still investigating the cause of the fire but Kelsch said it appeared the fire started on an exterior wall of the couple's trailer.

Pringle said the fire was "devastating."

"I was over the top devastated," she said. "Just feeling for the people and this poor dog as I was watching this fire burn"

She praised firefighters for their quick action noting her trailer is just several feet away and easily could have caught on fire.

"The firefighters were amazing," she said."They did a great job."

CTF calls on gov't to slash spending, balance the books

Staff

The Canadian Taxpayers Federation is calling on the Manitoba government to cut spending and get debt under control in light of last week's announcement that Moody's Investors Service is downgrading the province's credit rating.

A downgrade of the province's credit rating will mean higher interest rates when the government borrows new money or refinances existing debt, according to CTF.

"When lenders get worried they increase interest rates and Moody's is clearly concerned that Manitoba is simply borrowing too much money," CTF Prairie director Todd MacKay said in a release last Friday."Manitoba is already spending \$842 million each year just to cover interest payments and now we'll be paying even more."

As reported in the *Winnipeg Free Press*, Moody's Investors Service announced last Friday Manitoba's credit rating would be downgraded to Aa2 from Aa1. Moody's lead analyst for Manitoba, Kathrin Heitmann, said in a statement the lower rating reflects the agency's skepticism the province will balance its budget by 2019 and Manitoba's growing debt.

Despite raising the PST, the Manitoba government has still failed to balance the budget or present a credible plan to balance it in the foreseeable future, McKay said. "It's clear Manitoba has a spending problem and not a revenue problem," McKay added."It's time to cut spending and balance the books."

Finance Minister Greg Dewar said in an emailed statement to the *Record* on Monday that the challenge posed by continuing global economic uncertainly is not unique to Manitoba.

"Manitobans have told us we need to continue to invest in their priorities — Creating jobs, renewing infrastructure, investing in health care, education and training," Dewar said. "Moody's recognizes this is exactly what we have done when they say that Budget 2015, 'prioritizes spending on services and capital projects.'

"We will continue to stay focused on finding efficiencies in government spending so that we restore balance responsibly, without cutting frontline services," Dewar said.



RECORD FILE PHOTO BY AUSTIN GRABISH

Finance Minister Greg Dewar says that although the government takes Moody's Investors Service downgrading the province's credit rating seriously, they are focused on creating jobs and growing Manitoba's economy.









PUBLISHER Lana Meier



FDITOR



Michelle Balharry

ADMINISTRATION

Georgia Campbell

OFFICE MANAGER/ADS

Lucy Kowalchuk

PRINT

Dan Anderson

ADMINISTRATION

Allana Sawatzky

Lindsey Enns



Austin Grabish austin@selkirkrecord.ca



SPORTS REPORTER Brian Bowman



PRODUCTION Debbie Strauss

Christy Brown



PRODUCTION Nicole Kapusta



Corrie Sargent



Funds for ship's removal big step for Selkirk

EDITORIAL > VIEWPOINTS > LETTERS

It may have been a lengthy and painful process, but thanks to the City of Selkirk, the MS Lord Selkirk II is finally getting the funds it needs to ship out of the slough its been rotting in since 1990.

> LINDSEY ENNS

ethear

During last Friday's announcement at Selkirk Park, the unsightly ship stood stagnant as Conservation and Water Stewardship Minister Tom Nevakshonoff announced the province will be matching the City of Selkirk's \$200,000 to help with cleanup costs.

As you'll read in this week's edition, if all goes according to plan, pieces of the ship will be sent to and salvaged at the local steel mill before winter.

"We've been waiting for this day for a long long time," Selkirk Mayor Larry Johannson told media and the small crowd in attendance during Friday's announcement. "It's time that we put it to bed and I couldn't be more pleased."

With this announcement, the City of Selkirk has once again proven its no slouch when it comes to getting things done. It may have taken years, but Johannson especially has fought hard to keep the ship in both the public eve and on the province's radar.

Despite the federal government's hard stance the ship is on city property, isn't in the way of other watercrafts and it's the owner's responsibility to remove it, Johannson still managed to get the province on board.

"The people of Selkirk have been working diligently to find a solution to the problem of this abandoned ship and we are glad to have found a way to help out," Agriculture, Food and Rural Development Minister Ron Kostyshyn said in a release Friday. "It's unfortunate it came to this, but all other avenues have been exhausted and as it sits right now, the ship is not safe and could pose a threat to the environment."

Whether or not the \$400,000 will cov-

RECORD PHOTO BY LINDSEY ENNS

Selkirk Record reporter Austin Grabish, centre, along with other media conduct interviews following Friday's announcement the province is matching the city's \$200,000 in funding to help with cleanup costs associated with the MS Lord Selkirk II.

er all of the cleanup costs is still yet to be determined in our view. As with all projects of this magnitude, problems could pop up, but we here at the Selkirk Record look forward to covering the ship's stages of removal.

In recent years, Selkirk has established its place in Manitoba as a key player when it comes to being a successful growing business centre. Several big box stores have set up shop along one of Selkirk's main drags and there are still plenty of local stores in business for community members and visitors to enjoy.

As the MS Lord Selkirk II prepares for its final sail, we believe it will only make way for bigger and better things to come for this small city with a big heart.

The city and people of Selkirk should be very proud of

themselves for fighting for the ship's removal and finally getting the funds to start getting it done.



> CONTACT US By phone: 204-785-1618 fax: 204-467-2679 Find us: 217 Clandeboye Ave., Selkirk. MB R1A 0X2 Office Hours: Mon. - Fri. 9:30am-5pm **TO PLACE AN AD or for COMMERCIAL DESIGN & PRINTING** Brett Mitchell: 204-485-0010 Email: bigandcolourful@mymts.net

Michelle Balharry: 204-485-1419 Email: michelle@selkirkrecord.ca or call our office at 204-785-1618

EDITORIAL Lindsey Enns 204-485-3337 news@selkirkrecord.ca

Austin Grabish 204-785-1618 austin@selkirkrecord.ca

Christy Brown, Distribution Mgr.: 204-467-5836 The Selkirk Record is published Thursdays and distributed through Canada Post to 17,400 homes by BigandColourful Printing and Publishing, a division of Interlake Graphics. Republishing in whole or in part without permission is strictly prohibited. Printed in Canada by Prolific Print

TROUBLE WITH PAPER DELIVERY?

This newspaper is supported 100% by advertising dollars. If you enjoy the paper and would like to see the newspaper grow and prosper visit any of the advertisers and businesses in our rural communities. – Keep your dollars working at home and shop local. Our commitment to you, the reader – we will connect our people through stories in the paper to build stronger communities.



> 'WE DO WISH OUR FEDERAL COUNTERPARTS WERE HERE,' FROM PG. 2

The ship was abandoned by its owner in 1990 after nearly two decades of sailing, and was placed in a waterway in Selkirk Park better known as the Selkirk Slough.

The boat attracted the eyes of the media after vandals lit it on fire in 2012.

A political debate over whose responsibility the derelict vessel should be ensued, and resulted in Johannson calling for all three levels of governments to split the cost of the boat's decommissioning.

"Rather than argue about whose responsibility it is, our government has decided to take action," Dewar said. Conservation and Water Stewardship Minister Tom Nevakshonoff also didn't keep his disappointment in the feds' absence from Friday's announcement a secret.

"We do wish our federal counterparts were here. Under the (Navigation Protection Act) they do have some jurisdiction ... let's put it that way."

Selkirk resident Lois Wales also expressed disappointment. Wales recently started a petition online calling on the feds to pay for the ship's decommissioning.

She said the boat takes away from the value of Selkirk Park, and has been an eyesore for residents.

"Would you buy a house that's looking onto that?" she said.

Selkirk-Interlake MP James Bezan praised the city and province for finalizing plans for the ship's removal and in a statement, maintained the Tories' stance the rotting wreck is the responsibility of the ship's legal owner.

"There is no doubt that the American owners of the MS Lord Selkirk II are liable for the cost of the removal and salvage of the ship," Bezan said, noting Transport Canada records indicate the vessel was sold in 2010 to a United States based company for recycling. Nevakshonoff said it's not too late for the federal government to still chip in for the ship's removal.

"If they want to participate in this project they're more than welcome to do so, but in their absence we're not waiting any longer," he said.

But Bezan said that wouldn't be happening anytime soon since the boat is moored to city property and isn't in the way of other watercrafts.

"Transport Canada has determined that the MS Lord Selkirk II is not a hazard or obstruction to navigation and, therefore, the Navigation Protection Act is not applicable."

RHA searching for recruiter to help address doc shortage

By Austin Grabish

The Interlake-Eastern Regional Health Authority is searching for a physician recruiter to help assist the region with its ongoing search for doctors.

The region is currently short at least 23 doctors, and several emergency rooms in the Interlake have or are currently being run on nurse-managed care due to the physician shortage.

The new recruitment officer, once hired, will be responsible for scouting physicians and building relationships with medical students who may want to set up shop in the Interlake after they graduate.

"We've known that we need extra manpower in engaging with physicians," said Dr. Myron Thiessen, the RHA's chief medical officer and vice-president of primary health care.

Thiessen said keeping in touch and networking with medical students while showing them the prospects of working in the Interlake will be a large part of the job.

"Just maintaining ongoing connections with those individuals whom we have contacted in the past," he said.

Thiessen said the RHA is currently short a total of 23 doctors, but Conservative health critic Myrna Driedger said the RHA in reality is short a total of 29 physicians.

She said that number is based off information the Manitoba Progressive Conservatives obtained in May through a freedom-of-information request.

Continued on page 11





Manitoba Hydro – your energy expert

Energy efficient windows improve home comfort

Whether you're replacing older windows or planning an addition that requires new ones, consider installing high performance triple pane windows. You'll improve overall comfort, reduce noise levels from outside your home, reduce condensation, and better protect your valuables from damaging ultraviolet rays – all while maximizing your energy savings.

Today's windows are better designed and better insulated than products manufactured years ago. New technologies such as vinyl or fibreglass frames, low emissivity (low-e) glass, argon gas in insulating glass units and improved hardware and weatherstripping have made windows more airtight and much more efficient.

Year-round comfort and savings

The glass and low-e coatings are the biggest considerations for energy efficiency. Since it's the airspaces and low-e coatings, and not the actual glass that provides most of the insulating value of a glazing unit, adding a third pane of glass doubles the number of airspaces and provides more surfaces to apply low-e coatings. There are numerous low-e coatings available in the market, with different properties for different applications. Selecting the right coating or combination of coatings will keep your home warm in winter and cool in summer, while maximizing savings.

If you've ever felt chilled beside a window, it's because the glass is cold, literally drawing heat away from your body, or because the window was drafty. High performance triple pane windows are warmer, making it more comfortable sitting close to the window. The warmer glass allows for higher humidity in the home without condensation; a healthier indoor environment to reduce irritation from dry skin, nose and throat. Window types have varying levels of air leakage. Picture windows are the tightest, followed by casement and awning units. Slider units are typically larger air leakage culprits.

In addition to increased performance, triple pane windows offer years of worry-free service, as they generally feature higher quality hardware designed for the added weight of a third pane.

Financing

Qualifying triple pane windows can be financed under Manitoba Hydro's Power Smart- Residential Loan. The loan allows homeowners to borrow up to \$7,500 (O.A.C.) for up to five years. Power Smart Residential Loan payments are added to the homeowner's monthly Manitoba Hydro bill, making it a convenient repayment option.

Either the homeowner or a contractor can install the windows, but it's up to the participating retailer or contractor to handle the loan paperwork and obtain approval.

For more details, contact your local retailer or contractor, or visit hydro.mb.ca/loans

Be Power Smart. Choose high performance,

triple pane windows for:

- Increased year-round home comfort
- Less cold weather condensation
- Reduced noise



*Manitoba Hydro is a licensee of the Trademark and Official Mark.

Forest fires postpone Selkirk Biz golf ball drop

Staff

Widespread forest fires in northern Saskatchewan have postponed Selkirk Biz's High Time Ball Drop.

Plans for the event, which was to take place on Tuesday evening, involve a helicopter dropping 900 golf balls over at target at Larters Golf and Coutry Club in St. Andrews.

The buyers of the three balls that roll closest to the target could win cash prizes totalling up to \$3,000.

Selkirk Biz executive director Sheri Skalesky said the helicopter booked for the event has been called in to assist with fire fighting efforts in Saskatchewan and the event is being postponed until further notice.

"If you were registered for the free reception, your RSVP will be honoured for the next scheduled date," Skalesky said. "Once known, the new date will be announced in the local publications, social media and Selkirk Biz website.

"Thank you in advance for your patience. It will be worth the wait."



Marking 130 stories about anglers, fishing

et RED RIVER > CHALET BEACH > LAKE WINNIPEG

Welcome friends, thanks for stopping by. It's funny how a long narrow strip of beach has developed on the east side of the Red River by the Hwy. 204 and Hwy. 44 crossing in St. Clements upstream of Selkirk. You can walk along the stony sandy shore and see the remnants of small bonfires, driftwood trees as well as anglers lounging in chairs their rods secured in holders stuck in the ground.

> ARNIE WEIDL

That is where I found Mar Silangga fishing all by herself last week. Mar, an unassuming, intelligent Edmontonian was visiting her daughter in Winnipeg and when given the opportunity comes to this exact spot to fish as she has done during past visits. Proof that she was a good angler showed because after visiting a dozen folks up and down the river that hot sunny afternoon, she was the only one with fish in her catch pail. She said she purposely set her baited hooks close to the bottom of the river, which makes sense when you realize this blistering weather is driving the fish to cooler water.

A few days after meeting Mar, I drove over to Balsam Bay to see how the fishing was and when I got to the pier I could see anglers sitting high up on the gigantic rocks of the break water. I called out to a large well-built fellow with sandy coloured hair over the howling wind asking if he had caught anything yet but he shook his head sideways. He shouted he was Steve Rebizant from Steinbach here for an afternoon of fishing with his



RECORD PHOTO BY ARNIE WEIDL Mar Silangga of Edmonton with one of the bass she caught on the Red River while visiting her daughter from Winnipeg.

daughters Anna and Claudia. It was a bit difficult to carry on a conversation over the ripping wind and pounding waves but he asked me if I knew of any other good places to fish so I told him Shoal Lake, Pine Falls and Breezy Point were always fair bets.

In addition to fishing I must admit I've got a thing for fruit trees, especially for ones not doing well that might be saved. I noticed some ailing older stock plumb trees at Canadian Tire last week and while buying them I asked the sales lady, Taylor Dmyterko, if anyone in her family had an interesting fishing story for us. She started to laugh and said, "I've got a good one for you."

This tall charming outgoing gal dove right into a story where years ago, back home in Grand Bend Lake, off Lake Erie, the whole family went fishing. There was one person however, her mother, who did not want to be in the boat. Time after time she asked to be taken back to shore but the fishing was so good they coaxed her to hang in for a while. Finally in desperation she stood up in the boat shouting to be taken back to land where upon she promptly lost her footing and tumbled head over heels into the lake. She rose from the water in silent displeasure mouth gaping, her hair plastered to her head with arms held up to be rescued and as she was being hauled on board everyone began chuckling guardedly with disbelief. Mother's arms began flailing about her chest as she recoiled in agitated fear. Those in the boat could no longer contain their amused cries for there in the middle crevice of mom's bathing suit top nestled head down was a 6" fish imprisoned with its' tail wiggling up in the air.

To this day Taylor teases mom about her unique way of angling.

Last weekend I stopped at the Riverton pier right in town and found a number of anglers trying their luck. One young couple Jamie Gerbrandt and David La Pierre were here on vacation. The interesting thing about these two was that although Jamie used to be from here, she met David on vacation in Hawaii at the zoo. It was love at first sight and they now live together in Quebec City, Dave's neck of the woods.

Well, this was fun, let's get together again next week. OK? Bye now.





Ombudsman to probe gov't flood-fighting gear purchase

Tories claim deputy premier played key role in adverting tendering process

By Austin Grabish

Controversy surrounding \$5-million in untendered flood-fighting equipment for five Interlake First Nations continued to pour in last week with allegations from the provincial Tories a second cabinet minister played a key role in the deal.

The Progressive Conservatives say a letter written by Deputy Premier Eric Robinson to the Interlake Reserves Tribal Council proves efforts to avert a tendering process for \$5-million worth of flood tubes branded as Tiger Dams took place.

In the Aug. 7, 2014 letter that was written to former Peguis Chief Glenn Hudson, Robinson re-confirms a provincial commitment of flood control capital worth \$5-million.

The letter does not specify the nature of the equipment, but the opposition says the commitment should never have been made since it did not go to tender. The federal government would later pay for the flood tubes.

"It's troubling when one minister is trying to avoid the proper tendering procedures, but when we see two ministers trying to avoid the process then we're even more concerned,"



RECORD FILE PHOTO BY AUSTIN GRABISH

Manitoba's Deputy Premier Eric Robinson, seen at a press conference in 2014, is the second cabinet minister to become embroiled in controversy surrounding the purchasing of \$5-million in untendered floodfighting equipment.

Tory Infrastructure critic Reg Helwer said.

Opposition leader Brian Pallister said the letter isn't in line with Infrastructure and Transportation Minister Steve Ashton's recent claim the letter was sent by mistake.

Ashton found himself embroiled in controversy after a sweeping report in the *Winnipeg Free Press* revealed the flood tubes purchase helped trigger the internal caucus revolt last fall that saw five cabinet ministers resign in protest of Greg Selinger as premier.

He faced criticism due to his close ties to Peter Ginakes, who is the sole distributor of Tiger Dams in Manitoba and a previous campaign donor to Ashton.

Ginakes insists he has done nothing wrong and is demanding a public apology from the PCs over comments the party has made to the media. Helwer said the deal is another example of the provincial government ignoring tendering rules, which ensure businesses have the chance to bid on projects fairly.

"This government has time and again gone around the tendering process," he said.

Government spokeswoman Rachel Morgan defended the province in a phone interview last Thursday.

She confirmed both Ashton and Robinson made a commitment of \$5-million in flood fighting equipment, but noted the letter PCs have obtained makes no mention of Tiger Dams.

Instead, the Interlake Reserves Tribal Council went and purchased the flood tubes and billed the province for the gear, she said.

"That was separate process from us." The federal government picked up the bill after it was sent to the province and is reported to be currently investigating the matter.

Morgan said the province had the authority to commit the funding despite the fact the feds would be paying the bill for the equipment.

"The province decided that the First Nations folks are Manitobans and we should help them," she said.

The office of the Manitoba ombudsman is investigating, however the office will not have full access to details surrounding the deal.

> AS MANY AS 40 DOCTORS NEEDED, FROM PG. 9

Thiessen said 23 doctors are needed to prevent the RHA from having emergency rooms run on nurse-managed care, but admitted as many as 40 are needed for the region to reach its 'ideal state' of health care.

The ideal state would mean no waits for patients needing their blood pressure taken or a visit to their family doctor for a prescription for example, he said.

"We recognize that this is definitely not where we want to be for the residents of the region,"Thiessen said.

Driedger said the RHA is second to the southwest region of the province for having the worst shortage of doctors.

She said over the last two years there has been a dramatic spike in the region's shortage.

"The situation got pretty critical pretty fast," she said.

Last year, the RHA enlisted the help of a Winnipeg headhunter to help fill vacancies.

The result was one doctor from the United Kingdom being hired, and talks with a second are in the works, Thiessen said.

Driedger said 29 doctors are better than the 30 the region was short in January, but other than that not much has changed.

"In my view that's still a pretty critical shortage of doctors," she said.

Driedger accused the province of ignoring the region's doctor shortage and said it's out of control.

"We have never heard of a concrete plan that has come from the minister of health," she said.

The province maintains it is hiring doctors.

Soup donation a big help for local kitchen



RECORD PHOTO BY BRETT MITCHELL

Selkirk's Our Daily Bread Soup Kitchen received \$600 in soup donations earlier last month thanks some generous community members. Pictured from left to right, Kevin Hosein of Sysco Foodservice Winnipeg, Morag Jackson of Unilever Food Solutions, Rene Gauthier of Our Daily Bread Soup Kitchen, and Rob Cormack and Tim Thiessen from Barney Gargles.

Music lovers come together for Winnipeg Folk Festival

By Lindsey Enns

Despite all kinds of wicked weather being thrown at them, thousands of music lovers descended on Birds Hill Provincial Park to take in the 42nd annual Winnipeg Folk Festival.

The four-day festival kicked off on Thursday bringing more than 70 performers from around the world to various stages situated on open fields and surrounded by trees.

Despite spending a long day under the hot sun, thousands of festival goers stuck around to catch a glimpse of Thursday night's headliner Edward Sharpe and the Magnetic Zeros. The American indie folk band formed in Los Angeles and led by lead vocalist Alex Ebert had a large crowd both young and old on their feet dancing and singing along to the band's hit song "Home" late into the evening. Ebert even jumped off stage during their set to head off into the crowd and be amongst some excited fans.

Other headliners who graced the main stage throughout the festival included the Bahamas, Nahko and Medicine for the People, José González, Jenny Lewis and Wilco.

The festival, which began in 1974 to help mark Winnipeg's centennial, has easily become a premier folk music event with an attendance of more than 80,000 over the course of its five day run.

This year, however, the festival was scaled back to four days, running from Thursday to Sunday.

Despite sweltering hot weather throughout most of the festival, storm clouds rolled in just as Sunday's





RECORD PHOTOS BY LINDSEY ENNS AND AUSTIN GRABISH ABOVE LEFT: Alex Ebert of Edward Shape and the Magnetic Zeros performs for a large crowd on the Winnipeg Folk Festival main stage last Thursday night. ABOVE RIGHT: Dawes performs on the main stage on Sunday evening. RIGHT: Festival goers take in performances on Thursday night.

headliner Wilco was set to take the stage. Only a few songs in, their set was cancelled sending festival goers home earlier than expected.

Final attendance numbers were not yet known as of press time.



Bezan encourages families to apply for child care benefits

Staff

An estimated 7,700 families with 14,400 children in Manitoba are eligible to receive money under the government's proposed enhanced Universal Child Care Benefit, but they still need to apply.

Member of Parliament for Selkirk-Interlake James Bezan is encouraging families to apply for the benefit. "We want to ensure that every family with children receives the enhanced Universal Child Care Benefit. If you've got kids under 18, you qualify," Bezan said in a June 30 press release. "It doesn't matter how much you make or the type of child care you choose. Apply now so you can receive the money that is owed to you." The majority of families with chil-

EMPLOYEES OF THE MONTH FOR JUNE At Selleiche's Tim Hectons Baspreet Kaur Brar Congratulations! Serah Wilgosh Data Selleiche's Congratulations!

dren, approximately 3.8 million, are known and will automatically receive the enhanced UCCB or be contacted by the government to confirm their information. However, many eligible fami-



JAMES BEZAN

lies are not currently captured by the government's UCCB system and may miss out on receiving money that is owed to them unless they apply. In 2015 alone, this represents potentially millions of dollars in unclaimed benefits.

Under the proposed enhancements to the UCCB, families would receive almost \$2,000 per year for each child under 6 and \$720 per year for each child aged 6 through 17. The new benefit amounts would be retroactive to January 1, 2015 and be reflected in monthly payments to families in July 2015. The proposed enhancements to the UCCB are expected to more than double the number of families that benefit from 1.6 million to more than 4 million.

If your family is not currently receiving the UCCB, has never received the UCCB, or has never applied for the Canada Child Tax Benefit and you still have children under 18 in your care, visit canada.ca/taxsavings for information on how to apply.

House of Economy hands out \$87,500 in donations

Five community organizations benefit from thrift store sales

By Lindsey Enns

For yet another year, Selkirk's House of Economy was able to hand out \$87,500 in donations to five community organizations.

The Selkirk Community Art Centre, Selkirk Rotary Anns, Selkirk Friendship Centre, the Gordon Howard Centre and the Selkirk and District Handi-Bus each received \$17,500 in donations during a special cheque presentation at the Gwen Fox Gallery last Wednesday morning.

"At the end of the year when you can hand out that type of money to each organization it makes you feel good," House of Economy president Colleen Girling said.

The local thrift store raises their funds annually by selling generous donations of used items such as clothing and household items.

Girling said people are often amazed at how much money they can raise by selling previously used items.

"Everything we have is donated to

us," Girling said. "It goes 100 per cent back into the community.

"Everybody that works in the store is an unpaid person, they're all there out of the goodness of their hearts to volunteer."

Girling has been volunteering with the local organization for nearly 32 years and is currently in her second term as president. Her love for the organization and what it does for the community is what keeps her coming back year after year, she said.

They currently have about 75 volunteers of all ages but are always in

need of more. Those interested in lending a hand can do so by visiting their location on 246 Manitoba Avenue, where donations are also being accepted.

Girling said she wanted to thank all of their volunteers for their hard work throughout the year and the community for their generous donations.

"If we didn't have generous people giving us the stuff, we wouldn't have a store," she said, adding they receive donations mainly from Selkirk and area and sometimes Winnipeg. "It goes right back into the community and it gives to all local organizations."

Brokenhead Ojibway Nation

BAASKAANDIBEV



RECORD PHOTO BY BRETT MITCHELL

CSA INTERNATIONAL

House of Economy president Colleen Girling, centre, is surrounded by representatives from the Selkirk Community Art Centre, Selkirk Rotary Anns, Selkirk Friendship Centre, the Gordon Howard Centre and the Selkirk and District Handi-Bus last Wednesday at the Gwen Fox Gallery. House of Economy once again donated the bulk of its profits to these five community organizations.





MACHINE SHEDS INSULATED SHOPS CATTLE SHELTERS HAY SHELTERS GRAIN & VEGETABLE STORAGE AIRPLANE HANGERS COMMERCIAL BUILDINGS

1066 Springfield Rd. at Lagimodiere Winnipeg MB (204) 669-9200 Toll Free 1-888-545-2662 STARREADYTOMOVEHOMES.COM





'It's a good opportunity to reflect on our own practices'

Winnipeg School Division review a reminder for other divisions, local superintendent says

By Lindsey Enns

The head of the Lord Selkirk School Division says school divisions across the province should take note of a recent review into the Winnipeg School Division.

"Everybody in Manitoba has similar practices and processes in place as a board and a school division," LSSD Supt. Scott Kwasnitza said. "It's a good opportunity to reflect on our own practices."

The province released the Winnipeg School Division Governance Review last week and expects the WSD will act quickly on the report's recommendations and is taking the necessary steps to improve transparency and accountability for all school divisions, Education and Advanced Learning Minister James Allum said.

"Parents want the Winnipeg School Division to work in the best interests of their children and we believe this report provides the division with the tools it needs to strengthen accountability and transparency," Allum stated in a release last Tuesday.

The report was requested by the province in response to public concerns about the level of transparency and accountability in some of the Winnipeg school board's practices. The report, conducted by Dr. John Wiens, dean emeritus and professor, faculty of education at University of Manitoba, includes 22 recommendations that the Winnipeg board will be expected to act upon. Included in the report are recommendations for openness and transparency, role of trustees and reporting relationships as well as planning and decision making. The full report can be viewed online at edu.gov. mb.ca/edu/docs/index.html.

The province is also taking additional steps to increase accountability and transparency in other school divisions by expanding the ombudsman's authority to include school divisions as well as whistleblower protection for school division employees.

"Governance bodies such as municipalities and health authorities are



RECORD PHOTO BY LINDSEY ENNS Lord Selkirk School Division Supt. Scott Kwasnitza says school divisions across the province should be taking note of a recently released provincial review into the Winnipeg School Division.

currently covered by ombudsman and public interest disclosure legislation,"

Manitoba School Board Association president Ken Cameron said in the release. "We believe that the formal appeal processes contained in these statutes could serve school boards and their communities equally well."

Kwasnitza said school board trustees and school divisions should strive for a high level of transparency. He added the LSSD Trustee Code of Conduct also outlines the need for trust, respect and accountability among school board trustees.

"The goals of the school division are related to the education of children ... with that comes a responsibility of a high level of integrity and ethics," he said. "That's something our board takes very seriously."

Allum added the province is providing the WSD will the proper departmental support to meet the targets outlined in the report and Wiens is also making himself available to the board.

"I am committed to working with my colleagues on the board to review and address the governance recommendations outlined in the report prior to Aug. 30," Winnipeg School Division board chair Mark Wasyliw said.



Rockin' on the Red a big hit



RECORD PHOTO BY AUSTIN GRABISH

The good times were rolling at the annual Rockin' on the Red celebration at Lockport's Half Moon Drive In over the weekend. Radio stations, clowns, magicians, and several bands came out to the event held Friday through Sunday. There was also a fun slide, face painting, and rock climbing for children as well as a hot air balloon and fireworks.



Manitoba Farm Women's Conference

2015: From the Ground Up November 15- 17 Day's Inn, Winkler

The Manitoba Farm Women's Conference mission statement is to provide a farm women's conference to educate, encourage, and empower one another, our communities, our families, and our industries.

2015 Prepared Press Release First time in Winkler for Manitoba Farm Women's Conference

For the first time in its 29-year history, the Manitoba Farm Women's Conference (MFWC) is coming to Winkler, Manitoba on November 15th to 17th at the Day's Inn.

What makes the MFWC so successful year after year is its perfect mix of education, networking and fun, says Conference Co-Chair, Cindy Klassen. "The conference is a place where farm and rural women from across Manitoba meet annually to learn, laugh and make new friends," she says. "This year we are really encouraging attendees to bring along someone who has never been to a MFWC before - a friend, colleague, or family member. Any first time attendees will be entered in a draw to win a special prize."

This year's conference theme is From the Ground Up, and as 2015 is the International Year of Soils, it seems an appropriate theme because we all know that healthy people need healthy food, and that begins with healthy soil and a healthy environment. MFWC will explore and celebrate the role of farm and rural women as influencers ensuring the sustainability and health of their families, farms and communities.

This year's keynote speaker is Carol Ann Fried, who with playfulness, professionalism, practicality and ease, will deliver some Friedom Training and Coaching about how to balance work and life, and will wrap up the conference by helping everyone discover their Joy Spot for a



SUBMITTED PHOTO

The 29th annual Manitoba Farm Women's Conference, which will take place in Winkler from November 15 – 17, will feature world-class speakers, educational sessions, and networking opportunities, as well as plenty of "Ag Pride" and fun. Photo credit: Joan Airey

happier work environment.MFWC to bring RBCContinued onRBC is once again partnering withOlympian and Cana-page 17



WWW.leoscaseih.com HWY. 101 & STURGEON ROAD, BOX 16, GROUP 220, R.R.2., WINNIPEG, MB R3C 2E6

> FARM, FROM PG. 16

dian Olympic curler Jill Officer to be the guest luncheon speaker on Monday, November 16th. An incredible role model for women and men alike, Jill will share her story about what has led to her success and how it fits into everyday life.

for 60/48 Finance.

%0

a financing for up to 60 m mm navment, financed a Scotlabank and

TD Auto F

RBC,

through †0% purchase

nodels with

Value

s and are deducted from th Value Package with a Pu Je Package/2015 Dodge J

Value I Canada V 2015. C vehicles a

Canada

Caravan

Grand 96

2015 Dodae

new

vailable

nonths

up to 96 elle

financing for

>3.49% nurch Price of \$20,995/\$20,695

of \$20,995/\$20,695.

obligation

and a

borrowing of \$0 and Scoti

cost of h

payments of \$162/\$199

130/104 bi-weekly

equals

iples:

Value

Auto

2 a total

and

other

ade Up Sales Ever retailer charges RBC,

> other with a

Frade fees,

t, ≥, ◊, § The ⁻ administration f

read the fine print: registration, any retail 5 models to qualified o

insurance, red t new 2015 r

applicable

/alue

Canada on the r

less. *C Grand C

Dodge

ary. Retailer may se Examples: 2015 D

new and Retailer

necessary.

/ be

ch apply to retail del Retailer order/trade 'trade

and taxes.

may

Cash

at 3.49%

unts)

July 1, t 2015 v Journey (cost

nts of \$116/\$114

208

a \$0

with

ving of \$3,081/\$3,037

"From our work supporting the agriculture industry for over 135 years, RBC recognizes the crucial role that women play in agriculture. More often than not, women are the backbone of farm operations, farming communities, and the farming economy," said James Fehr, RBC Vice President, Commercial Financial Services. "That's why we're delighted to support and contribute to the value that the Manitoba Farm Women's Conference brings to women in agriculture."

Manitoba Co-operator editor, Laura Rance will open the conference and speak about her recent experiences in Africa where she explored the linkages between agriculture and development. There will be the usual highly informative select-a-sessions where attendees can learn about everything from holistic nutrition to belly dancing, and following Monday's banquet we'll "Get Down and Dirty" with some line dancing fun. Tip come Sunday evening for the pre-conference meet and greet and you'll learn how to do line dance!

The exciting program continues Tuesday morning with Marina James, CEO of Winnipeg Development Inc who will share the results from SHEday 2015, when 600 women came together to join a conversation about overcoming challenges, seizing opportunities and breaking down barriers.

A panel of successful women agricultural leaders will talk about their road to success and you'll learn how agronomist Marla Reikman turned her love of soils into a side line business making Clay/ Loam jewelry.

It's going to be a jam-packed three days that we know Manitoba's farm and rural women will not want to miss. For more details visit our website at http://manitobafarmwomensconference.ca/ which is being continually updated with conference news, or email us at mbfarmwomensconf@gmail.com, LIKE us on Facebook, and FOLLOW us on Twitter at @ mbfarmwomen.

About Manitoba Farm Women's Conference

The Manitoba Farm Women's Conference is now in its 29th year and a volunteer committee of farm and rural women from across Manitoba organizes the event annually. In previous years the conference rotated around three venues; Brandon, Portage la Prairie, and Winnipeg. It is being held in Winkler for the first time in 2015. For more information or arrange interviews please contact one of the following:

Cindy Klassen, 2015 MFWC Co-Chair garcin@sdnet.ca

Angela Lovell, 2015 MFWC Sponsorship Chair/PublicityVice-Chair angelalovell10@gmail.com

Catherine Jordan, 2015 MFWC Co-Chair dcjordan@hotmail.ca



Artists bring Two Points of View to Gwen Fox Gallery

By Lindsey Enns

While putting her paintbrush to canvas, Suzanne Barrow is already thinking about her next move.

Known as the "Sky Lady" to some of her peers, Barrow has a passion for painting Prairie skies over land or water. But on this particular day she was pushing herself to try something different.

"When the whole piece is finished, I'm hoping it will look like a piece of stained glass," Barrow said standing inside the Gwen Fox Gallery last Wednesday. "I think it's starting to look more and more like it every time I put a new colour on."

Until the end of this month, works by both Barrow and her friend and fellow painter Neva St. Dennis are on display at the Gwen Fox Gallery. The exhibit, entitled "Two Points of View" features various painted skies by Barrow and colourful flowers and more painted by St. Dennis.

Although both artists paint with water colours, oils and acrylics, their approach is what sets them apart.

"It's just our two points of view as to how we start a piece and how we design a piece and how we finish a piece," Barrow said. "Everybody has a different approach."

Barrow said she draws her inspiration from views across the Interlake with an emphasis on skies and nature.

"Back and forth to Winnipeg you look at the skies, you look at the canola



RECORD PHOTOS BY LINDSEY ENNS ABOVE AND BELOW: Suzanne Barrow (left) and Neva St. Dennis (right) work on some new pieces at the Gwen Fox Gallery last Wednesday. Some of their work is currently on display at the local gallery until the end of this month.

fields," she said. "It's something that people like to look at when they come here so I like to paint it."

As for St. Dennis, her inspiration mainly comes from photographs either taken by her or her children. However, she said it's important for artists to explore and embrace



new techniques.

"You always need to expand and open your mind and just keep on experimenting," she said.

As for advice for those considering taking up painting, St. Dennis recommends joining a local art club and



taking some classes.

"Just get out there, pick up a paint brush and go for it."

The Gwen Fox Gallery, located at 101-250 Manitoba Avenue, is open Tuesday through Saturday from 11 a.m. to 4 p.m.





Dairy Queen set to host Miracle Treat Day July 30



RECORD FILE PHOTO BY BRETT MITCHELL

Selkirk's Dairy Queen location will be hosting Miracle Treat Day on Thursday, July 30. They plan on celebrating the occasion with bringing in a live band similar to past years.

Staff

Those looking for a cool treat to help them beat the heat this summer are invited to head over to Selkirk's Dairy Queen location on July 30.

This year the popular ice cream chain is celebrating its 75th anniversary and its 31st year of fundraising for Children's Miracle Network Hospitals. By hosting Miracle Treat Day on Thursday, July 30, DQ is helping children treated by CMN Hospitals across North America.

For every Blizzard treat sold on Miracle Treat Day at participating locations, \$1 or more will be donated to help local children.

Selkirk's location is once again participating and is bringing in a live stage and performers for the event.

Lightning ignites dozens of Manitoba wildfires this season

Lightning is to blame for starting most of the 119 wildfires burning across the province since June 26, according to Manitoba Conservation and Water Stewardship.

On one particular day during that time period, 39 wildfires were started and crews, with the support of water bombers, continue to battle new blazes.

There have been a total of 304 wildfires in the province this season, which is slightly higher than the average of 296 and 59 of these are still active.

Wildfire crews and equipment continue suppression work on fires at Davidson, Landing, Harding and Highrock lakes, as well as on wildfires east of Lake Winnipeg.

Forty-two firefighters from Quebec and 27 firefighters from Wisconsin continue to assist Manitoba crews with firefighting efforts.

Lightning is expected to spark new wildfires throughout the forested areas of the province over the next several days, according to last Friday's release. Hot weather and high winds were also expected to affect wildfires over the weekend.

Smoke from wildfires burning in western Canada also continue to affect parts of Manitoba.

For more information on current restrictions and wildfire prevention visit gov.mb.ca/wildfire/.

Need care for the following non-urgent health concerns?

• minor stomach aches, diarrhea,

vomiting or indigestion

urinary tract infections

· breast health concerns



Quick Care nurse practitioners and primary care nurses can address the following non-urgent health issues:

- sore throats, earaches, colds and flu, coughs, hay fever
- · headaches, back or neck pain
- birth control
- sore eyes, eye redness or infection stress or anxiety · rashes, eczema, infected cuts or
- minor sores

Other options for non-urgent care in the area:

Interlake Medical Clinic (walk-in) in Stonewall

2-330 3rd Avenue South Ph. 204-467-5717

Phone ahead to confirm walk in hours prior to attending the walk-in clinic. This clinic is accepting patients

Selkirk Public Health Office

- 237 Manitoba Ave, Selkirk Ph. 204-785-4891 for an appointment
- · Basic sexually transmitted infection (STI) urine testing and requisitions for blood work
- Prenatal classes and care
- · Home visits for newborns and healthy baby programs
- · Routine immunizations

Selkirk Travel Health Office

- 237 Manitoba Ave, Selkirk Ph. 204-785-4891 for an appointment
- · Researches travel health risks in the country you are travelling to
- Makes immunization recommendations · Administers travel health immunizations for diseases like yellow fever

Mental Health Programs

- · Child, adolescent and adult mental health services
- · Long term mental health illness management
- · Mental health management for persons over age 65
- Relationship counselling

Non-crisis

mental health support **Call toll-free** 1-866-757-6205 or (204) 785-7752 Selkirk and area)

24-hour crisis mental health support **Call toll-free**

Cancer Navigation Services

After a cancer diagnosis, or if cancer is suspected, call cancer navigation services for information on support available to you. Call toll-free: 1-855-557-2273 (CARE)

Health Links - Info Santé

Registered nurses are available to answer your health care questions 24 hours a day Call toll-free 1-888-315-9257 - it doesn't hurt to ask.

Pharmacies in Selkirk offer additional health care services

- You can receive additional health care services from your pharmacist: If you need a refill on medications prior to being able to see your doctor, your pharmacist can issue you a continued care prescription for your medication to avoid an interruption in your treatment.
- · Prescribe and offer advice on non-prescription or over-the-counter medications
- Pharmacists who complete additional training and receive certification are able to:
- · Administer certain immunizations and drugs by injection
- · Prescribe medications for certain conditions like acne or smoking cessation Phone your pharmacy to confirm if all these health services are available

Extra Foods - Drugstore Pharmacy 366 Main St. - Ph: (204)482-2901 **Rexall Pharma Plus** 366 Main St. - Ph: (204) 482-3211 **Shoppers Drug Mart** 230 Main St. - Ph: (204)482-5655

Super Thrifty Pharmacy Selkirk 362 Eveline St. - Ph: (204) 482-3641 Wal-Mart Pharmacy #1027 1016 Manitoba Ave. - Ph: (204) 785-9058

Make an appointment at Selkirk **Quick Care Clinic for non-urgent care**

#3-1020 Manitoba Ave., Selkirk Ph. 204-482-4399 Monday - Friday: 10 a.m. to 8 p.m. Holidays & Weekends: 10 a.m. to 5 p.m.

About the Quick Care Clinic:

- Q. What if you can't get an appointment right away?
- A. The Quick Care Clinic maintains a waitlist in case of cancelled appointments and will contact you if an appointment opens up.
- Q. What if the phone rings and rings? Is no one answering?
- A. Receptionists are on the phone with other clients. Continue to phone until you reach the receptionist. You may need to dial more than once.

Always dial 911 in the event of an emergency, life saving advice can be provided over the phone.

Selkirk and District Hospital Emergency Room is for life saving care only

- Bleeding does not stop after 10 minutes of direct pressure
- Severe or sudden pain Severe or worsening reaction to an insect bite or sting, or to a medication, especially if breathing is difficult
- Coughing or vomiting blood
- · Severe or persistent vomiting
- · Suicidal or homicidal feelings
- · High fever in infants and children

You can expect to experience lengthy waits in the ER if your health concern is not uraent.



Interlake-Eastern **Regional Health Authority**

For more information, please visit www.ierha.ca

1-866-427-8628 or (204) 482-5419 (Selkirk and area)

Or email: cancernav@ierha.ca



Nine ways to improve your golf game

Warmer weather sends scores of golfers to their favorite courses each and every day. Golf is a challenging pastime, but a few pointers can help golfers hone their short games, long games and everything in between.

 \cdot Choose the right clubs. There is more to selecting clubs than pulling any old iron out of your golf bag and whacking away. Wind, hazards and obstructions in landing areas should influence your decision of which club to use. Novice golfers may want to rely on their caddies to make club recommendations, and as they become more shot you take, and then look at the results to make their own choices.

· Anchor your feet. Anchor your foot ther. Right-handed players will keep the right foot anchored, and lefties will do the opposite. Do not lift your foot prematurely; otherwise, you can lose power and distance.

· Identify your weaknesses. As with any hobby, identifying those areas that need the most work can help you become a better golfer. Keep track of each

confident in their abilities they can start to see which areas of your game need the most work.

Fix your alignment. Align your shots behind the ball to drive the ball fur- by assessing the target from behind the ball. Then set the clubface behind the golf ball and align it with the target before vou enter vour stance.

• Use your torso for power. The torso is essential to a solid swing. Practice rotating from your core to control your backswing and then maintain the same spine angle and posture on the downswing.

· Use the wind. Not every golf game will be played in perfect weather. A good player knows how to make adjustments

for the wind depending on the shot. Use the wind to your advantage when you can, and adjust your swing when hitting into the wind.

· Become a better chipper. Many players put so much emphasis on their backswings and putt shots that they fail to devote any practice to chips. All shots are important for golfers trying to shed strokes off of their scores.

· Keep fit. Maintaining or improving your physical strength and overall health can help your golf game. Exercise and eat right, and you will have more endurance on the links.



Provincial programs helping young Manitobans enter skilled trades

Staff

The province's Gateway to Apprenticeship and Certification Initiative is helping young Manitobans break down the barriers they face upon entering the skilled trades.

"Manitoba needs more than 10,000 new skilled workers in the construction sector alone over the next decade," Jobs and the Economy Minister Kevin Chief said in a release on July 2. "We want to train Manitobans to be ready for those good jobs and work together to find the right one for them." The initiative focuses on people from groups that are under-represented in

the skilled trades including women, Indigenous people, new Canadians, disabled Manitobans and people receiving income assistance. Through these programs, participants gain training and certification in fields like carpentry, electrical and construction trades.

Participants also gain on-the-job experience with local employers. In addition to being able to find a rewarding career in the skilled trades, participants see themselves as role models for their families and communities, Chief said.

Sunova Golf Classic raises \$26K for Manitoba Underdogs Rescue



SUBMITTED PHOTO

Sunova Credit Union held their annual golf classic recently which helped raise \$26,000 for the Manitoba Underdogs Rescue. Pictured from left to right, Sunova director of marketing Vanessa Foster, Manitoba Underdogs Rescue executive director Jessica Hansen, vice-chair of Sunova's board of directors Nicole Forsyth, Manitoba Underdogs Rescue fostor coordinator Desiree Klippenstein and Sunova D.O.G ambassador Laurie Keith (centre) along with Gallagher gathered at Sunova's work-in-progress location on St. Mary's Road in Winnipeg.

Submitted

This year's Sunova Golf Classic helped raise \$26,000 for the Manitoba Underdogs Rescue.

According to Sunova, this is the largest donation the organization has ever received.

The donation will be used to purchase a rescue van, to be dubbed the "Sunova Canine Cruiser." The cruiser will increase the rescue's ability to run spay and neuter programs in rural areas, rescue injured and or unwanted strays, and increase awareness of animal neglect issues throughout Manitoba.

The 2016 Sunova Golf Classic is scheduled for Friday, June 10 at the Selkirk Golf Course.









Quanto's Law aims to protect service dogs, animals

By Natasha Tersigni

Anyone who kills or injures a police service animal will face stiffer penalties under new legislation named after an Edmonton police dog that was killed on the job two years ago.

In response to the fatal stabbing of Edmonton police dog Quanto by a suspect in 2013, the federal government recently passed a law that makes it a criminal offence to kill a police dog or other services animals.

Bill C-35, named Quanto's Law after the fallen service dog, was passed in the House of Commons on June 15 and imposes a minimum sentence of six months and a maximum sentence of five years behind bars for anyone who would willfully and without lawful excuse kill, maim, wound, poison or injure a law enforcement animal, Canadian Forces animal or a service animal while it is assisting a person with a disability.

The new law is a step in the right direction for giving service dogs the credit and protection they deserve while employing their specialized duties. Warren Collegiate grad Const. TJ Spruyt knows the important role that service dogs play in the Winnipeg Police Service (WPS).

Spruyt, who has been on the force since 2004, is currently undergoing training to become a K9 handler. At the end of August, Spruyt and his crime-fighting partner, Xandra, will hit the streets together and become a one man, one canine member team. Citing his love of dogs and working with them while he was a member of the WPS Tactical Support Unit, Spruyt decided to make the switch to the K9 unit.

"Dogs have always been an interest of mine. Within the tactical support team we worked quite a bit with the dogs. That is what piqued my interest and I started with the Quarry program, where you can come out and help with the handlers and see if this is something that is for you and something that you enjoy. My interest grew so here I am," Spruyt said.

The 16-week program that Spruyt and Xandra are currently taking part in is the basic handler's course. The training goes through the basic tasks that Xandra will need to perform once she and Spruyt graduate including tracking, article searches, person searches and gun searches. Further down the road the pair will complete other training such as drug search training.

While all dogs on the WPS are trained for general drug searches and other high level tasks, there are specialized dogs assigned for a certain role including narcotic detector dogs, explosive detector dogs and tactical dogs.

Once training is complete Spruyt and Xandra will become a general patrol team.

"We will work citywide and we will respond to all different kinds of calls: robberies, shootings, break and en-



RECORD PHOTO BY NATASHA TERSIGNI

Former Warren resident TJ Spruyt and his canine partner, two year-old Xandra, will hit the streets in August as a team for the Winnipeg Police Service's K9 unit.

ters," said Spruyt.

"Any in progress calls, K9 units respond to," added Const. Jeff Katcher who is a K-9 unit trainer and current-

ly working with Spruyt and Xandra. "Anything that is ready to go right now. We track the bad guy that just did the crime and we try to find them."





Selkirk FC shuts out Scotia United in MMSL action

By Brian Bowman

Scotia United was the lone team in the MMSL's 1st Division without a loss heading into last Thursday's matchup with Selkirk FC.

But Selkirk FC showed that Scotia United is definitely beatable, blasting the visitors 3-0 behind a rare first-half, hat trick from Garion Lefteruk.

"It felt pretty good (to beat them)," said Selkirk FC head coach Michael Bruenig."The whole team was pretty pumped. That was a topic of conversation after the game – this was (Scotia United's) first loss. There wasn't any noise coming off of the Scotia United bench. It was a lot of fun last night."

Lefteruk, recently converted to striker, scored goals in the 11th,, 22nd, and 45th minutes of the game. Bruenig said it has been a very long time since a Selkirk FC player has scored three goals in a half.

"He started with the team as an outside-midfielder but he has become very offensive-minded," Bruenig explained. "So, this year we played with the idea of putting him in as striker and that's what he's been playing the last few games."

Brett Preun earned the shutout in goal. Preun was tested a few times during the game and, in particular, made a great save off a Scotia United shot from in close.

"They had more chances (to score) in the second half than the first, that's for sure," said Bruenig, noting Sean Hinatsu played exceptionally well defensively in the win. "They had one shot from point-blank and how Brett stopped it, we don't know. I thought that was a goal for them."

The win over Scotia United, now 3-1-5, can be used as a huge momentum boost for Selkirk FC in the second half of the season. Selkirk is now 3-5-1 and proving that they can play with just about anybody in the nine-team division.

"The first half wasn't what we were used to, especially after the season we had last year," Bruenig admitted. "The battle cry was that the second half of the season is ours and you could see in last night's game that the execution definitely exceeded the effort."

With seven games remaining in the regular season, Selkirk FC will be hoping for low gas prices as they hit the road for six games away from the Selkirk Rec Complex.

Their lone home game is a July 27 matchup with the very talented FC Internazionale club. No game is a gimme, said Bruenig, in the very competitive 1st Division.

"In this division, there are no weak teams," Bruenig said."But I would say in the five (losses) we've had, I would say we gave away points in four of them. I'm not saying we should have come away with a win but definitely a tie. We're not getting blown out by any means."

Through its first nine games, Selkirk FC has



defensively in the win. "They had one shot from Selkirk FC's Jordan Bruenig carries the ball upfield against Scotia United last Thursday at the Rec point-blank and how Brett stopped it, we don't Complex.

scored just 13 goals. They will have to create more offence down the stretch if they want to pick up points and move ahead in the standings.

The club recently signed the brother combo of Blake and Marshall Carter, with hopes that they can add some speed and ability to create offensive chances. "They definitely have a nose for the goal," Bruenig noted."So, we'll definitely put them up front."

Selkirk FC will be looking to make it two wins in a row when they battle Brandon Inspire FC this Sunday in Portage la Prairie. Game time is 6 p.m.

Hoydalo leads after first round of junior men's championship

By Brian Bowman

Selkirk's Wesley Hoydalo was the first-round leader at the Accurate Dorwin's Men's Junior Golf Championship at the Transcona Golf Club in Winnipeg.

Ĥoydalo fired a sizzling 3-under 68 Monday for a four-stroke lead over Shilo's Austin Dobrescu and Elmhurst's Ryan McMillan. The final three rounds of the 72-hole event were played Tuesday through Thursday but no results were available at press time.

Marco Trstenjak, who golfs out of Larters at St.

Andrews Golf Club, was in a five-way logjam for fourth after shooting a first-round 73.

Other players with local connections featured South Interlake's Nathan Wright (79) and Elmhurst's Brady Bandura (87).

The first two rounds of the junior men's championship were played at Transcona while the final 36 holes moved over to Elmhurst.

The women's junior championship, meanwhile, began Tuesday and wraps up today. Selkirk's Mc-Kyla Poponick and Winnipeg Beach's Lexie Kopp are two of 14 players in the women's field.

Bantam Pirates hoping to rebound in playoffs

DOPTSE VPSIDE DOWN

By Brian Bowman

The Bantam "AAA" playoffs may not have started the way the North Winnipeg Pirates would have wanted, but the club can find solace in the fact that there is still a lot of baseball yet to be played.

North Winnipeg started their playoffs with an 11-0 loss to the St. James A's last Sunday and then the Pirates were defeated 5-3 by the Winnipeg South Chiefs on Monday evening.

"It seems like we've regressed again," said Pirates' head coach Dave Nychyk. "We were playing really well (in recent weeks) and now we've lost our first two games of the playoffs.

"I don't think we'll get to the city finals but we're still building towards the provincials and, hopefully, we can turn this thing around. The kids can play – they just have to start believing it a little bit."

Although the St. James loss was one to quickly forget, the Pirates played well in their game against Winnipeg South. A key hit here or there would have made the difference in the game.

"It was anyone's ball game," Nychyk stressed."We left a lot of base runners, five on in the first three innings. We didn't have any timely hitting and we scored all of our runs in one inning.

"We were one hit away from blow-

ing it open, I do believe."

Scoring three runs in the first two games of the playoffs won't result in a win too many times. The Pirates will have to do a much better job driving in runners from third base with less than two outs.

"That's been a struggle with this age group, this group of kids, for a long time," Nychyk said. "We just don't seem to convert those easy runs and it ends up costing us at the end of games. If we pick up one or two runs earlier in the game on our missed opportunities, it changes the complex of the game."

North Winnipeg played Bonivital on Tuesday and then Red River on Wednesday but no scores were available at press time.

The Pirates will then travel to Ile des Chens for a provincial qualifier July 24-26.

"Hopefully, we can get on a little bit of a run and get through the qualifier like we did two years ago," Nychyk said. "We had to qualify two years ago and went through and finished as the top team in the qualifier, turned it around, and went into the provincials and had a pretty good run before losing a 3-2 game in the provincial final with this same group of kids."

RECORD PHOTO BY LANA MEIER The Pirates' Nathan Slaby of West St. Paul delivers a pitch against St. James.

Collings finishes in three-way tie for third at mid-amateur

By Brian Bowman

Matlock's Garth Collings finished in a three-way tie for third place, along with Rob Oliphant and Eric Johnson, at the Men's Mid-Amateur Championship last week at the St. Boniface Golf Club in Winnipeg.

Collings, who golfs out of Breezy Bend, had rounds of 74, 75, and 74 to finish at seven-over 223.

That was just four strokes behind this year's winner, Jay Doyle of Niakwa. Doyle finished at three-over 219 after carding identical rounds of 73.

Doyle won by two strokes over Pine Ridge's Mike Tibbs.

Selkirk's Ben Bandura, who golfs out of Elmhurst, placed sixth overall after finishing with an eight-over 224. Bandura fired rounds of 75, 76, and 73.

The Manitoba provincial team

members that will compete at the 2015 Canadian Men's Mid-Amateur Championship from August 25-28 at the Abercrombie Golf Club in New Glasgow, N.S. are Doyle, Tibbs and Johnson.

Meanwhile, at the Women's Amateur Championship, also played at St. Boniface, Glendale's Camryn Roadley finished with a three-stroke victory over Southwood's Rhonda Orr.

Roadley fired rounds of 82, 81 and 78

to finish at 19-over 241.

Selkirk's McKyla Poponick placed 12th overall with a 263 total. She got better every day at the tournament, carding rounds of 93, 89, and 81.

Fredborg competes at The Player's Cup

By Brian Bowman

Selkirk's Travis Fredborg failed to make the cut at The Player's Cup at Pine Ridge Golf Club last week.

Fredborg, a Selkirk native, carded rounds of 80 and 73 for a 153 total. Fredborg's second round included birdies on the first and fourth holes. The talented left-hander played very well for most of his second round, finishing with 14 pars.

He also had two birdies in his opening round.

Taiwan's C.T. Pan claimed tournament title, firing a 5-under 66 on Friday to win by two strokes over Sweden's Robert Karlsson. Pan finished with a 15-under 269. Pan, 23, recently finished a standout collegiate career at the University of Washington that saw him named an All-American four times and a finalist for the Ben Hogan Award in 2015.

The low Canadian was Hamilton's Mackenzie Hughes, who placed fourth after finishing at 10-under 274.

Tri-S plays to draw with Winnipeg FC in MMSL action



RECORD PHOTOS BY BRETT MITCHELL The Tri-S Strike Force played to a 3-3 draw with Winnipeg FC in Manitoba Major Soccer League 4th Division action last Thursday.

By Brian Bowman

The Tri-S Strike Force played to a 3-3 draw with Winnipeg FC in Manitoba Major Soccer League 4th Division action last Thursday at the Selkirk Rec Complex.

Chris Loschiavo led Tri-S with a pair of goals while Jeremy Burda also tallied. Inderdeep Brar, with a pair, and Nelson Tavares replied for Winnipeg FC. Loschiavo leads Tri-S with four goals through 10 games.

With the draw, the Strike Force is now 3-6-1 and in a three-way tie for eighth place in the 10-team division. Tri-S, El Condor FC and the King's Head Knights each had identical 3-6-1 records heading into this week's schedule of games.

The Strike Force will play King's Head Friday (10 p.m.) at the Winnipeg Soccer Complex and then will host first-place Borussia Dortmund (10-0) on Tuesday at the Selkirk Rec Complex. Game time is 7:30 p.m.

Thunder hosting kickoff party, jamboree

By Brian Bowman

The Interlake Thunder will be hosting a Kickoff Party and Jamboree Weekend

this Friday through Sunday.

On Friday, the local amateur football organization will be hosting the Kickoff Party at the Teulon Golf & Country Club. The evening will feature guest speaker Dean Lytle, a former Winnipeg Blue Bomber and Cleveland Browns' fullback, food and fun games.

There will also be presentations made by an ath-

letic therapist and nutritionist, covering topics on how to keep young athletes healthy, hydrated and injury free.

There will also be a silent auction and Thunder apparel onsite.

The doors for the Kickoff Party open at 6 p.m. and the event begins at 7 p.m.

Adult tickets cost \$25, which includes a 6 oz. sirloin steak, baked potato with butter and sour cream, coleslaw, and either a beer or shot of liquor.

Children tickets cost \$15 and include a meal of

chicken tenders (three), fries, and a can of pop. On Saturday and Sunday, from 10 a.m. to 12:30 p.m. both days, the Thunder will host a jamboree. Day 1 will take place at the Selkirk Rec Complex while Day 2 will be held at Stonewall Collegiate.

Thunder and guest coaches will be teaching skills and putting the players through a variety of drills. Meanwhile, the Thunder Midget team will begin its training camp next Wednesday. Interlake will then have a pre-season scrimmage with Sunrise on Thursday, July 30.



METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

AUTOS Guaranteed approval drive away today! We lend money to everyone. Fast approvals, best interest rates. Over 500 vehicles sale priced for immediate delivery OAC. 1-877-796-0514. www.yourapprovedonline.com

RECREATION VEHICLES

204-766-2293.

\$2000 ea. VG cond. Ph.

ACCOMODATIONS WANTED 2 Yamaha 250 guads.

204-485-3263.

Young senior looking for an unfurnished 1 bdrm. apt. in Selkirk. Req. parking. Non-smoking & non-drinking. Ph. Edward 204-783-1278 or

APARTMENT FOR RENT Quiet 55+ apts. Tollak

Place, 40B Eveline St. 1 & 2 bdrm., river view. Immed. poss. No pets/ no smoking. Call 204-485-5533 or 204-482-

40+ apartment. Rule apartment Ltd. Red River view, 2 bedroom, water included. No smoking or pets. Parking \$50/mo. Starting at \$975/mo. Call Joseph 204-290-9315.

2751.

APARTMENT FOR RENT

409 Main St., Selkirk. Townview Apts. 1 bedroom, no elevator. No smoking/pets. \$750/ mo. Available Aug 1st. For an application call 204-485-4050 after 6 p.m. only.

HOUSE FOR RENT

311 Morris, Selkirk, 2 br., 1 bath, deck, shed, washer/dryer, and A/C. Avail. Aug. 1st. \$1340./ mo. plus utilities. Ph. Mike 204- 485-5671.

SOD FARMS



House for sale located at 220 Schultz, Selkirk, 2 1/2 br. Many upgrades. Beautiful home, deck, fenced yard, trees & flowers, garage, also security. Offers. Call 204-482-5442

NEW SHOW HOME -Now available for viewing 14 Prairie Gate South, Balmoral. For appt call: Henry Vroom 204-295-2866 or visit. www.houseforsalebalmoral.com

PROPERTY FOR SALE

Land for sale in Belmont. MB area. 850 acres. Land is currently rented. Phone 204-523-6366.

MANUFACTURED HOMES

Don't overpay! rtmihomes.com 'Your Solu-Smart Housing tion" Canada's largest provider of manufactured housing. Text or call 1-844-334-2960. In stock 16'/20'/22' homes on sale now!

MOBILE HOMES

6 new 16 x 80, 3 bdrm., bath, starting at \$83,000; 1 new 16 x 68, 2 bdrm., 1 bath, starting at \$72,000. Altona Mobile Homes. 1-800-582-4036, 1-204-324-6776 Email amhl@mymts. net

HELP WANTED

Are you physically or medically challenged & motivated to work? Call A.I.M. for Work at 204-482-2130 or 1-800-494-4179.



To maximize the value of your scrap metal

GO TO: www.AreYouAnU ner.ca

Tip #6 can earn you 10% more on your scrap! Tip #9 helps you get more value

72 Rothwell Road Winnipeg, MB

The trusted name in metal recycling

Is your Company looking to recruit boriginal job seekers

Our Canadian wide Aboriginal recruitment website

w/w/w/ firstnationsjobsonline .com

is now affiliated with 130 newspapers.

- By advertising on our website we can get your job posting and
- location to 950.000 circulated newspapers throughout

Saskatchewan and Manitoba.

Email:

danbsully@sasktel.net for more information First Nations

Jobs @nline 《

RED RIVER INTERLAKE CAMPUS College

Employment opportunities (Interlake and Peguis-Fisher River Campuses):

Instructors, Business-Related Programs

Part-time term: Sept. 21, 2015 - June 30, 2016 | Competition #: 2015-069 | Closes: July 24, 2015

Duties:

Reporting to the Manager of the Interlake and Pequis-Fisher River Campuses, responsibilities include: classroom instruction and management, curriculum development, supervision of students on practicum, and related administrative responsibilities as required. The incumbent is also expected to participate in campus meetings as required and assist in activities such as student orientation and student support documentation, ensuring curriculum content is consistent with parent program and student assignments reflect industry needs. Content expertise may include, but is not limited to, business communication, human resource

Qualifications:

Required:

- Relevant business degree or equivalent combination of education and experience may be considered Significant related business experience
- Experience applying and using computer applications related to the business environment including Microsoft office
- Effective interpersonal, oral and written communication skills
- Effective presentation and organizational skills
- Effective leadership skills
- Ability to work independently/as a team

Salary Range: \$29.92 to \$44.44 per hour*

*The successful candidate with a Masters or PhD in a related field will receive an Educational Supplement of \$2,725 or \$5,450 per annum respectively pro-rated on an hourly basis.

Applicants are to clearly identify the competition number, preferred campus location and how they satisfy the listed qualifications in their written submissions.

We seek diversity in our workplace. Aboriginal persons, women, visible minorities and individuals with disabilities are encouraged to apply.

Apply to: Red River College C410-2055 Notre Dame Ave. Winnipeg, MB R3H 0J9 Fax: 204.694.0750 Email: humanresources@rrc.ca

For full competition details and other employment opportunities, visit us at: rrc.ca/employment

· CHRP certification if applying for

- Certificate in Adult Education
- Conditions of Employment:
- May be required to work evenings

and project management.

microeconomics, Canadian business,

business finance, macroeconomics,

• Values diversity, equity and inclusion

statistics, business law, entrepreneurship

management and human resource topics.

supervision and leadership, management

principles, computer applications, English

language skills, office procedures, writing

business and financial math, bookkeeping,

web design, desktop publishing, marketing,

skills, report writing, presentation skills,

Commitment to lifelong learning

Assets:

- Experience developing curriculum and instructing at a post-secondary level
- Human Resource classes

- in Canada

· Must be willing to travel Must be legally entitled to work

Farm located 15 minutes NE of Stonewall on Rd 84N e-marketing, social media, meeting management and conference planning, For pricing and information, Quickbooks, Simply Accounting, AccPac, please contact our office at 204-895-4329 payroll and taxable benefits, financial accounting, professional development,



Providing quality mineral sod for commercial

and residential applications

Both field pick up and convenient delivery available.

Maple Leaf Agri-Farms is seeking individuals to join our team. We are one of Canada's industry-leading Agribusinesses providing long-term value, quality, research-based products, services and information in an environmentally responsible manner. As a member of Maple Leaf Foods Inc., we offer excellent opportunities for career-minded individuals

PORK PRODUCTION TECHNICIAN

Employment Type: Full Time Location: Design Genetics - Selkirk, MB area Starting Wage: \$14.60 per hour

POSITION SUMMARY:

The Pork Production Technician works directly with the Specialist, Manufacturing and is responsible for carrying out the day-to-day activities in the barn. This position requires the person to be part of a team working towards specific production goals **POSITION RESPONSIBILITIES:**

The successful applicant will be responsible for assisting with all areas of production including the feeding and general care of pigs, maintaining herd health and environment for pigs, pressure washing and preparing rooms, as well as general maintenance and cleaning.

PREFERRED EXPERIENCE, SKILLS, KNOWLEDGE AND EDUCATION: Experience in hog production will be considered an asset

- Excellent problem-solving and analytical skills. Strong communication skills (oral and written). Ability to work under pressure and handle multiple priorities and complex tasks simultaneously. A valid driver's license and the ability to get to and from work located in a rural
- area is required Weekend and holiday hours are required on a rotational basis.

We offer a competitive compensation structure, including an enhanced benefit package, company pension plan, and provide opportunity for growth and advancement in an engaged environment.

Maple Leaf Foods Inc. is an equal opportunity employer that embraces diversity in the workplace and encourages applications from qualified women, men, visible minorities, aboriginal peoples and persons with disabilities. We welcome applications from all interested individuals; however only those candidates selected for an interview will be contacted.

Please submit a cover letter and résumé to: Maple Leaf Agri-Farms, Human Resources Fax: (204) 355-4404

E-mail: mlafjobs@mapleleaf.com



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

HELP WANTED

Martin Farms Ltd. East Selkirk, Mb, Needed 2 full time swine technician positions. Must speak and write English, have some swine experience and be a team player. Must be willing to work in a physical, fast pace environment, and be able to work with minimal supervision. Must be able to work some weekends and holidays. Commencing wage is \$15.00/hour. The maiority of the work will be looking after the sows and piglets, pressure washing rooms, processing piglets, moving vaccinating animals. sows and piglets. Assist breedina. farrowing, shipping nursery pigs when needed and other duties as required. Fax resumes to 204- 482-7080 or email kekkonenr@yahoo.ca

Experienced hairstylist in Selkirk. Full or part time. Call Jan or leave message, 204- 482-9092 or 204- 253-5206.

HELP WANTED Eddie's Gravel Supply Ltd of Winnipeg Beach is accepting applications for Laborers/ Asphalt Laborers. The applicants must have a valid drivers licence, work well with others and be in good physical shape. Local work 204-389-2023.

ser@hearthstonecg.ca

Hearthstone Community Group, Specialized Autism support worker wanted. Start date: August 10, 2015. Job description available on request. Wage depend-

We are urgently looking for...

OWNER OPERATORS

from an employer-trusted program. Visit: Career-Step.ca/MT or 1-855-768-3362 to start training for your work-at-home career today! BUSINESS OPPORTUNITY Get free vending ma-

HELP WANTED

Medical Transcription! In-

demand career! Employ-

ers have work-at-home

positions available. Get

online training you need

chines. Can earn + per year. \$100,000 All cash - locations provided. Protected territories. Interest free financing on qualifications. ing. Full details call now Submit inquiries and 1-866-668-6629 Website resumes to Karen.fra-WWW.TCVEND.COM

TRAINING Medical Transcriptionists are in huge demand! Train with Canada's top Medical Transcription school. Learn from home and work from home. Call today! 1-800-466-1535 www.canscribe.com. info@canscribe.com.

CAREER

FINANCIAL SERVICES

Need a loan? Own property? Have bad credit? We can help! Call toll free 1-866-405-1228 www.firstandsecondmortgages.ca

GROUP Our pe make it happen We offer consistent miles and an excellent Owner Operator package **CROSS BORDER COMPANY HIGHWAY DRIVERS** \$.514 cents per mile or on average \$1100/week take he Apply to: Email us at: recruiting@rosedale.ca

THE

ROSEDALE

Or call toll-free: 1-855-721-3962 for more details. JOIN THE FAMILY. DRIVE THE BUSINESS www.rosedale.ca/drivers

RED RIVER College **INTERLAKE CAMPUS**

Career Training

Red River College Interlake Campus offers local training and community-based learning opportunities. We focus on applied learning in order to assist you in gaining experience and achieving job-ready skills. Programs are eligible for student loans and sponsorships.

Programs	Location	Start Date				
Administrative Assistant Focus on the administrative and technical skills needed to me office environment. Gain the theory and practice to succeed						
Bookkeeping and Small Business Office Learn to carry out the receptionist, secretarial, bookkeeping and business. You will also be qualified for entry-level positions in large						
Child and Youth Care (Year 1)SelkirkSept. 14Acquire the skills and knowledge to work with children and youth experiencing behavioural and emotional difficulties. Learn how to intervene, assess and formulate strategies to help children, youth and their families identify and resolve concerns and enhance their quality of life.						
Educational Assistant Selkirk Sept. 8 Prepare for a career working with students in educational settings under a teacher's direction. In this certificate program, you will study development needs of children, instructional strategies, special education, learner characteristics and professionalism.						
Health Care Aide In this certificate program, you will acquire the knowledge ar the supervision of a nurse, you will assist hospital patients, p clients in meeting their physical, emotional and social needs.	ersonal care home resid					
Human Resource Management Prepare for a career in the fast-growing and key business fiel fundamental components of a HR program, which include: sta training and development, and payroll.						

For more information contact Red River College Interlake Campus 204.785.5328 or 1.866.946.3241, or see rrc.ca/interlake.

MISCELLANEOUS

MISCELLANEOUS

Men's light blue suit, coat & blue shirt sz. XL, pants sz. 38-40, pants in-seam (leg) 30 out seam 36, immac. cond

\$100; men's purple pinned striped suit, coat & white shirt sz. XL, pants measurements same as above, \$100. Both suit, coats & pants have recently been dry cleaned. Had very little use. LN sz. 9 safety shoes EC, only worn about 2 wks. \$60; BN never used EWO student desk study lamp still in box \$15; 2 -BN never used 1 black & 1 brown leather wallets w/change purse & side lock, \$15.ea.; Sunbeam 2 slice toaster in EWO \$15, 204-785-8598 Selkirk.

Batteries for everything. Automotive, farm, construction, ATV, marine, motorcycle, golf carts, phones, tools, radios, computers etc. Reconditioned, obsolete and hard-to-find batteries. SOLAR equipment. The Battery Man. Winnipeg. 1-877-775-8271 www. battervman.ca

• Effective interpersonal, oral and

written communication skills

Effective presentation and

· Ability to work independently

· Commitment to lifelong learning

Experience instructing adults.

Related master's degree

Conditions of Employment:

• Must be willing to travel

Certificate in Adult Education

• Values diversity, equity and inclusion

preferably in post-secondary, human

service, or social service settings

May be required to work evenings

Must be legally entitled to work in Canada

Satisfactory Criminal Records, Child Abuse Registry, Vulnerable Sector Checks

organizational skills

Assets:

· Effective leadership skills

MISCELLANEOUS Province-wide classifieds. Reach over 400.000 readers weekly. Call us NOW at 1-204-467-5836 or classifieds@ email mcna.com for details.



Employment opportunity (Interlake and Peguis-Fisher River Campuses):

Instructor. Child and Youth Care

Part-time term: Aug. 24, 2015 - June 30, 2016 | Competition #: 2015-068 | Closes: July 24, 2015

Duties:

Reporting to the Manager of the Interlake and Peguis-Fisher River Campuses, responsibilities include: classroom instruction and management, curriculum development, supervision of students on practicum, and related administrative responsibilities as required. The incumbent is also expected to participate in campus meetings as required and assist in activities such as student orientation and student support documentation.

Qualifications:

Required:

- Undergraduate degree in Child and Youth Care, Social Work, Human Ecology-Family and Social Science, Recreation Studies or Psychology: an equivalent combination of education and relevant experience may be considered
- Extensive experience working with vulnerable, at risk children and youth
- Experience supervising or mentoring employees and practicum students
- Experience working in a residential treatment setting
- Demonstrated knowledge and understanding of current issues facing at risk youth (i.e., addictions, sexual exploitation, mental health, FASD)
- Demonstrated knowledge regarding the specific role of Child and Youth Care practitioners in the support of Aboriginal children, youth and families

Salary Range: \$56,588 to \$84,050 per annum*

*The successful candidate with a Masters or PhD in a related field will receive an Educational Supplement of \$2,725 or \$5,450 per annum respectively pro-rated on an hourly basis.

Applicants are to clearly identify the competition number, preferred campus location and how they satisfy the listed qualifications in their written submissions.

We seek diversity in our workplace. Aboriginal persons, women, visible minorities and individuals with disabilities are encouraged to apply.

Apply to: Red River College C410-2055 Notre Dame Ave. Winnipeg, MB R3H 0J9 Fax: 204.694.0750 Email: humanresources@rrc.ca

For full competition details and other employment opportunities, visit us at: rrc.ca/employment



Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca



TRAVEL

Vacation SC Mani-toba: Facebook Prairie Paradise Retreat Dav - B&B. Outdoor Spa pool, fire pit and on site spa. Close to golf/lake/ museums. 555paradise333@amail.com or 204-836-2024.

COMING EVENTS

37th Annual Killarnev Harvest Antique Auction, Saturday, August 1. 9:30 a.m. Shamrock Centre, Killarnev, Features 1/4 cut oak furniture, sign, crocks, lovely china, money and more. Websites: www. mrankinauctions.com and rosstaylorauction. com

NOTICES

Experience shows that the day of rest (Sunday) is essential to mankind. that it is demanded by civilization as well as Theodore Christianity. Roosevelt

& more.

Must be able to supply

204-989-4210

NE FIRST

FAMILY SERVICE

Executive Director

Island Lake First Nations

Family Services

Garden Hill Head Office

Apply in writing

and forward resume marked:

Personal and Confidential

Human Resource Manager

II FNFS

Garden Hill First Nations

Head Office - Manitoba

fax 204 456 2641

email: kathy@ghilfnfs.ca

To view this

position ao to:

www. firstnationsjobsonline.com

under management

WATER TREATMENT PRODUCTS

Wholesale Water Filters!! New Waterite water softeners. 30.000 grain/\$550. All avail. Reverse osmosis systems, \$220. Paterson iron removers/\$490. Greensand iron odour removal systems, \$690. All Seasons Furnishings 204-661-8581.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids. minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewall Elk Products Ltd., 204-467-8428 or e-mail stonewoodelk@ hotmail.com



184 MAIN ST, SELKIRK







Classifieds Book Your Classified Ad Today Sellisonk

RENTALS

AVAILABLE

Rome disk rental, 11

ft. wide, 32" disks, hyd.

\$500/day or \$4000/

month. Delivery and

pickup available, www.

hirdeauipment.com,

FARM

EQUIPMENT

Miskim field scraper.

M-1000. Asking \$7500.

Hip or Knee

Replacement?

Problems with

Mobilitv?

The Disability

Tax Credit

\$2.000 Yearly

Tax Credit

\$20,000

Lump Sum Refund

For Assistance Call:

204-453-5372

Ph 1-204-376-5244.

204-256-2098.

peg, MB.

636LB/disk,

Winni-

trans,

Call 785-1618 or Record Email lucy@selkirkrecord.ca

-McSherry Auction Service Ltd **AUCTION SALE**

KUCHENSKI FARMS Saturday July 18 @ 10:00 am

St Andrews, MB Jct Hwy #8 & 67 South 1 Mile on Hwy # 8, then East 100 yards on Lockport Rd # 749 Contact: Andrew (204) 632-0812 or Harold (204) 942-5451

Trucks & Tractors

89 Chev 366 gas 3 ton w/ 16' Grain B&H 24,000 km, Sft * 42 Chev 2 ton w/ B&H Solid - Runs Case 2470 4WD, 1000 PTO Dual hyd 5800 hrs ; Case 2470 w/ Blown Engine 4370 hrs ' Cockshutt 1650 gas HL Shuttle 3PH Dual Hyd PTO w/ FEL 2241 hrs * 41 A.C.B * Case VA Row

2) MF 750 Combine 1) 1980 - 1070 hrs ; 1) 1977 Low Hours * MF 775 21" Swather * Case 1H 725 25' P Type Swather * Case 32' Chisel Plow ext to 40' * Case 24' Chisel Plow * Int 45, 19' Cult * JD 1800 16' Discer Seeder * Cockshutt 246 14' Deep Tiller * Case 7B Plow * Inland 80' Sprayer * Brandt 8" 50' PTO Auger *

Inland 3PH 84" Snowblower * NH 68 Super Square Baler w/ Wisc Engine * NH 9' Sickle Mower * NH 55 Side Del Rake * Wood Splitter *

1980 Yamaha SS 440 Snowmobile * Along w Yard Items * Farm Misc * Tools *

Grader * Oliver Breaking Plow * JD 10' Disc * Cockshutt 3B Plow * Peter Wright Anvil * Forge * Old Tools * Partial Listing *

Stuart McSherry Stonewall, Manitoba (204) 467-1858 or (204) 886-7027 www.mcsherryauction.com

Community Living Community Living Selkirk is selkirk currently seeking Managers

In the role of residential Team Leader you will be a fl xible, compassionate and respectful leader with the ability to multi task and work in a fast paced environment. You are fluent in Microsoft Office, Word and Outlook with experience in a scheduling system being an asset. Good communication skills are necessary with preference being given to someone with experience supervising staff within a unionized environment.

The duties are to manage a residential home within the constraints of licensing standards which includes staff supervision, overseeing the operation and maintenance of home and reconciliation of finances.

Closing Date: July 22, 2015.

Please respond Attention: Tracey Cyncora email: tcyncora@communitylivingselkirk.ca or drop off resume to 371 Eveline Street, Selkirk MB.

POTATOES FOR SALE

Red, Yellow & Russett potatos for sale. Sunflower seeds, wild bird seed & deer feed. Call 204-886-2676 Interlake Potato Farm.

Red potatoes for sale. 50 lb. - \$15. Located at 7293 Henderson Hwy. Ph. 204- 757-2155.



Best Herbicide Prices Guaranteed

- Featured Products:
- Clever one pass
- cleaver control Smoke loaded
- glyphosate Foax green foxtail
- and wild oats Diquash - desiccant

Dealers in most areas new dealers welcome)

> 306 477-4007 info@gng.ag www.gng.ag





Don't Forget Your

ANNOUNCEMENT

<u>eçord</u>

Loved Ones

WITH AN

IN THE

Announcements SellienkRegord

300k Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

ANNOUNCEMENTS

GRADUATION



Congratulations Teale Porteous and Trentan Tomm for Graduating this June. Teale graduating with Honors and Trentan with the MLA Citizenship Award. We are so proud of you both. We wish you all the best. -Love all your family and friends.

ANNOUNCEMENTS





Happy 2nd Birthday To our "Little Monkey' Rayden Edward Pescitelli On July 17, 2015 Hug "n" Kisses -Love Nannie and Papa



ANNOUNCEMENTS

IN MEMORIAM

Dave Hiebert May 17, 1942 - June 26, 2009 In loving memory of my husband, father and grandpa You were always there when we needed you, No task too great or small; With a loving heart and a willing hand, For us you did them all. Many thanks for the years you gave us, And all the times we shared We only pray that when you left us, You knew how much we cared. Rest in Peace

-Love always, Jean and family

ANNOUNCEMENTS **IN MEMORIAM**



July 15, 2011 Glenn was someone I could talk to That no one can replace. He was someone I could laugh with Till the tears rolled down my face. He was someone I could turn to When I needed a helping hand. He was someone I could count on To advise and understand. He was someone I loved more As each year came to an end. He was and still is a wonderful man. And most of all, my best friend. Gone but not forgotten, forever in my heart. Until we're together again. It's been four years Glenn, I ove you forever and always -Love Sandi

> ANNOUNCEMENTS **IN MEMORIAM**

Glen Salter April 13, 1943 - July 15, 2011 In loving memory of our brother and brother-in-law. who passed away 4 years ago Your memory is our keepsake, With which we will never forget For you are always in our thoughts To us you were so special.

What more is there to say; Except to wish with all our heart, That you were here today.

-Love brother Bill and sister-in-law Sal

ANNOUNCEMENTS IN MEMORIAM



Angela Cromarty

May 20, 1983 – July 16, 2012 Three years, so long of a time to bear the painful memory of losing our daughter Angela on that rainy day.

To remember Ang is to love her, her beautiful smile, her nervous laughter, her beautiful long brown hair

To reflect on memories, both painful and now, of happiness and laughter, Selena and I now share for Ang.

But to always remember our everlasting love for Angela, and having her deep in our hearts, until we meet again.

-So sadly missed and forever remembered by parents Andy and Selena Cromarty.



OBITUARY **Raymond Marc Vinck**

It is with deep sadness that we announce the unexpected passing of Raymond Marc Vinck, Dad, Uncle Dudie (49), on Monday, July 6th, 2015 in the ICU at St. Boniface Hospital with family by his side

He was predeceased by his grandmother Cecile Vinck; his grandfather Clement Vinck and his father Roland Vinck. He is survived by his children Brittany, Garrett and Samantha; his mother Linda Vinck; his brothers Darren (Sheilah), Brent, Jeff (Daina) and Tyler (Lynette.) As well as nieces Breann and Andrea and nephews Matthew, Brady, Ryland, Liam, Nate, Zachary, Josiah and many more loved ones

Ray was born on November 8th, 1965 at St. Boniface Hospital. He attended Frontenac School in Windsor Park until grade 4, Morse Place until grade 6 and Melita until Graduation. At the age

of 15, Ray was involved in an accident that resulted in a spinal cord injury which required months and months of rehabilitation. Ray worked hard and was able to graduate with his peers, along with extra credits. After graduation, Ray attended Red River Community College in Winnipeg. Once he completed his business administration certificate, he moved back to Melita and started his career within the Credit Union. Finishing off as the Vice President of the Selkirk Branch. Ray retired from the Credit Union for personal reasons after almost 30 years of service.

During Ray's free time, he loved watching and supporting family and friends in sports or any activities they were involved in. He had so much love for his kids and all kids in general. Ray had a passion for sports, you name it, he watched it. Hockey as his all time favourite, he was a Winnipeg Jets and New Jersey Devils fan. He was very fond of the New Jersey Devils' Martin Brodeur, as Ray played hockey for many years as a goal tender. Ray was into collecting Coca-Cola antiques, or anything to do with Coca-Cola. Ray also really loved his cars, he was always sporting some kind of sports car. He also enjoyed poker nights with his buddies, as well as coffee talk at Timmies or McDonalds with "The Gang." Raymond was nothing short of a fighter, the most humble fighter I've had the pleasure of knowing. He was cherished and loved by many. He will be greatly missed.

A celebration of life for our dad, Raymond Marc Vinck, will be held on Monday, July 13th, 2015 at 11:00 a.m. in the Gilbart Funeral Chapel in Selkirk, MB. Burial will take place at a later date.

In lieu of flowers, donations in Ray's memory can be made to the Spinal Cord Research Center, 409 BMSB, 745 Bannatyne Ave. Winnipeg, Manitoba, R3E 0J9.

Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com







Call 785-1618 email lucy@selkirkrecord.ca



nnouncements Selberts Record Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

Everything you need to promote your business

FLYERS BROCHURES BUSINESS CARDS STICKERS WINDOW DECALS SOCIAL

TICKETS **DOOR HANGERS** LETTERHEAD **ENVELOPES INVOICES ESTIMATE SHEETS**

POSTERS MEMO PADS POST CARDS PRESENTATION **FOLDERS**



Call Today! 785-1618

CROSSWOR

30

18

38

42

take a break

SUDOKU										
			1	5	9				Fun By The Numbers	
	4								Like puzzles? Then you'll love	
	3	9			7				sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!	
				6	5	8				
	2	8	7					3		
						9				
		2	6		1					
	9					1	2			
3	7			2		5		9		
Level: Intermediate										

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



CLUES ACROSS

- 1. Fixed hardware memory
- 4. Ancient Greek physician
- 9. US coach Amos Alonzo
- 14. Before
- 15. Hedae
- 16. Musical endings
- 17. Contrary to
- 18.39th state
- 20. In a way, takes away
- 22. More uncommon
- 23. Hue or shade
- 24. Having no moral failing
- 27. Mauna __, Hawaiian volcano 28. Initials of ALS physicist
- 29. Soluble ribonucleic acid
- 30. Smallest American sandpiper
- 32. Wrote a computer program
- 36. Silver
- circle
- 38. To send forth
- 40. Wood sorrel
- 41. Curie
- 42. Curved sword
- 45. Break stone
- 48. Doc
- 50. Split up
- 54. Sierra lake
- 57. Micronesian sailboats
- 58. North African desert
- 59. Famous persons
- 63. A worn out horse
- 64. One seeded fruit (alt. sp.)
- 65. DEA officers
- 66. 7th Greek letter
- 67. States of repose
- 68. Related on the mother's side
- 69. Cub Scout group

- **CLUES DOWN**
- 1. Medieval fiddle
- 2. W. Bolivian city
- 3. Relating to a metal
- 4. Sires
- 5. Macao monetary units
- 6. Roman household god
- 7. Sun up in New York
- 8.1st Indian P.M.
- 9. Frighten
- 10. Keepsakes
- 11. Admirer
- 12. Handgun (slang)
- 13. J. G. Low's organization
- 19. Constitution Hall org.
- 21. Presently
- 24. Smallest speech sound
- 25. In-between meal
- 26. Heroic tales
- 28. Healing wound cover

- 30. Paper bags 31. Threefold
 - 33. River in France

49

54

- 34. And in Latin
- 35. Cup used to serve espresso
- **39.** One thousandth of an ampere

63

66

- 40. Deprived of parents
- 44. E. Asian housemaid
- 46. Mac, gala and pippin
- 47. Mother or father
- 51. Dressing gowns
- 52. Swiss river
- 53. Banteng
- 55. Speak
- 56. MN 55122
- 58. Religious faction
- 59. Auto
- 60. Supplement with difficulty
- 61. Browning of the skin
- 62. Militant Irish organization

- 37. A continuous portion of a

- 43. Harmon, Wahlberg & Antony

14

17

20

23

37

41

45

50

61

- 49. A small demon





Honey Lemon Chicken

Ingredients

- PAM for Grilling Spray
- 4 large boneless skinless chicken breast
- halves (about 6 ounces each)
- 3/4 teaspoon salt, divided 1/8 teaspoon ground black pepper
- 3 tablespoons honey
- 2 tablespoons fresh lemon juice
- 2 teaspoons chopped fresh rosemary

Preparation

Spray outdoor grill grate and utensils with grilling spray. Preheat grill to medium heat. Sprinkle chicken evenly with 1/2 teaspoon salt and pepper. Mix honey, lemon juice,

Salmon Croquettes

These croquettes are about the same size as chicken nuggets and kids will love to dip them in some low-fat ranch dressing.

Ingredients

- 1 can (213 g / 7.5 oz) pink or sockeye salmon, no salt added, well drained
- 2 tbsp (25 mL) green onion, finely chopped (about 2 green onions)
- 1 egg
- 1 cup (250 mL) mashed potato (leftovers work well)
- 1 tbsp (15 mL) no-fat mayonnaise
- 1 tbsp (15 mL) ground flax seed

Directions

In a large bowl, mix together all the ingredients. Form into 12 equal sized balls.

rosemary and remaining 1/4 teaspoon salt in small bowl until well blended. Remove half of honey mixture; set aside for serving with cooked chicken.

Grill chicken 10 minutes, turning over after 5 minutes. Brush chicken with remaining honey mixture during last 5 minutes of cooking.

Cut chicken diagonally into 1/2-inch-thick slices to serve, topped with reserved honey mixture

Preparation Time: 10 minutes Total Time: 25 minutes

Makes 4 servings (1 half breast each)

Side Serving Suggestion:

Warm Tomato and Cucumber Salad Cut 4 whole tomatoes into wedges and slice an English cucumber into 1/2-inch slices. Spray generously with olive oil no-stick cooking spray for extra flavor and browning. Spray grill basket with grilling spray; place vegetables in basket. Grill until lightly browned, tossing occasionally, about 4 minutes. Season with salt and pepper, if desired. Toss with salad greens and Italian dressing.

Source: Pam® for Grilling © 2015 All rights reserved.



Heat a non-stick frying pan to mediumhigh heat. Spray with cooking spray. Add croquettes and press down with a fork to flatten slightly. Cook for 3 minutes. Turn heat down to medium-low. Flip the

croquettes and cook for 5 minutes or until done. Serve immediately. Makes 4 servings

Developed by Nadine Day. ©The Heart and Stroke Foundation. www.heartandstroke.mb.ca

Pierogy Kebabs

Ingredients

- 1 tablespoon olive oil 1/2 teaspoon chili powder
- 1 (12-ounce) box Potato & Cheddar Mini Pierogies, thawed
- 1/2 pound boneless, skinless chicken breasts, cut into 1-inch pieces
- 1/2 pound beef sirloin or tenderloin, cut into 1-inch pieces
- Salt and freshly ground pepper 2 green bell peppers, peeled, cored,
- seeded and cut into 1-inch pieces 2 red bell peppers, peeled, cored, seeded and cut into 1-inch pieces
- 2 yellow and/or orange bell peppers, peeled, cored, seeded and cut into 1-inch pieces

Preparation

Preheat broiler. Combine olive oil and chili powder in small bowl. Brush pierogies with chili mixture. Toss chicken chunks and beef chunks separately with salt and pepper to taste. Using six (6) 12-inchlong metal skewers, thread meat chunks, pierogies and bell peppers. Repeat with remaining ingredients.

Broil skewers three inches from the heat source until meat, pierogies and peppers are cooked through (about 6 to 8 minutes per side). Serve with your favorite dipping sauce.

Preparation Time: 15 minutes Cook Time: 12 to 16 minutes Serves 8



Ingredients 2 cups orange juice 2 cups ice cubes 1 can (12 fluid ounces) fat free evaporated milk 1/4 cup granulated sugar to taste

Preparation PLACE orange iuice, ice cubes,

evaporated milk and sugar in blender; cover. Blend until smooth. Makes 6 servings - 8 ounces each

1 E I I E











Dealer Permit #4039

Disclaimer. Special employee pricing is on all new in stock or factory ordered vehicles. Come see this unbelievable pricing. All special pricing displayed on our shownom glass. You pay what we pay. All rebates to dealer. Prices are plus GST & PST. Sale ends July 31st 2015