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1-877-775-8259 southbeachcasino.ca 2 The Selkirk Record Thursday, July 18, 2019



Thousands line the streets for annual parade









RECORD PHOTOS BY JUSTIN LUSCHINSKI

Thousands of Selkirk and surrounding area community members lined the streets to catch a glimpse of the annual Selkirk Biz Fair and Rodeo Parade held in conjunction with the Triple S Fair and Rodeo last Saturday morning. For more photos from the Triple S Fair and Rodeo, see Pages 12 and 16.



Hey everyone! My name is Kelvin, otherwise known as ThatTallGuyAtDodge.

I've been in car sales now for just over a year. Previously I was selling Cell Phones for 3yrs at the old MTS store in Beausejour and Selkirk. I did my best to offer the best customer service and I placed #5 in Canada for it! Now that I'm at Selkirk Chrysler, I still offer the best service that I can for my customers.

My pick of the week is our Hydro Blue Ram 1500. This truck is loaded with a Big 8.4" touch screen, Back up camera, Bluetooth, Multiple USB ports, Apple CarPlay/ Android Auto, 8-speed transmission, 5.7L Hemi and Spray in box liner.

I invite you to come down to Selkirk Chrysler and see ThatTallGuyAtDodge for exceptional customer service and for the rest of this month you will receive a free gift if you come in and see me!



TOLL FREE 1-800-204-8620 1011 Manitoba Ave Selkirk 204-482-4151 *All prices are plus taxes. OAC.



Folk Fest hits a high note with music lovers

RECORD PHOTOS BY JUSTIN LUSCHINSKI AND LINDSEY ENNS

Thousands of music lovers from all over flocked to Birds Hill Provincial Park for the 46th annual Winnipeg Folk Festival last weekend. The four-day festival, which saw an overall attendance of more than 76,000, wrapped up last Sunday evening with a performance by Grammy Award-winning country artist Kacey Musgraves, pictured bottom right. The 47th edition of the Winnipeg Folk Festival will take place July 9 to 12, 2020.









RECYCLE THE



Market, D.O.G Days returning to Selkirk Waterfront on July 24

Staff

The D.O.G Days of Summer and Selkirk's Port Market will be returning to the Selkirk Waterfront for yet another season starting next Wednesday, July 24.

Selkirk's weekly waterfront market is kicking off two weeks earlier this year, and will feature entertainment, food vendors, fresh veggies, canned goods, honey, homemade baking, gluten free perogies, tea, spices, clothing, homemade soaps, local artists, and more for sale. D.O.G Days of Summer and Selkirk's Port Market will run from 11 a.m. to 2 p.m. every Wednesday in July and August. The final day will be on Wednesday, Aug. 28.

The Selkirk Port D.O.G Days Market is put on by the City of Selkirk and Sunova Credit Union and the *Record* is the media sponsor.

Angie Neeth, who coordinates the Port Market, will also be selling her Kake Fraülein products, which consist of traditional and German-inspired baking.

Neeth, in her second year of coordinating the Port Market, said there will be 25-30 vendors each week, and they're all excited to have an additional two weeks at the waterfront this year.

"In past years the market was held on Wednesdays only during the month of August. However, last year proved to be quite successful, and we are excited that the market starts two weeks earlier this year," Neeth stated in a release on Monday. "Some of the vendors vary from week to week, which provides a great variety to the market, while there are vendors who will be in attendance every week so as not to disappoint those customers who ran out of their favourite jams, honey, veggies or baking. Every week there will be an updated list of the vendors in attendance on social media. We're ready for a great summer down at Selkirk's Waterfront."

The first week of the market is full of a variety of vendors. Sunova will also have a large Connect Four game for kids of all ages to play. Canadian Blood Services will also be in attendance.

Vendors interested in a spot at the Port Market can contact Angie Neeth via email at Selkirkportmarket@hotmail.com

Cyndi Typliski, managing partner with Sunova Credit Union in Selkirk, said they're thrilled to present the Selkirk Port D.O.G Days Market again this year and besides the appearance of Sunova's Directors of Greetings (D.O.G), Lily and Bill, they've got some new events this year.

"The Selkirk Port D.O.G Days Market is one of our favourite times of year," Typliski said. "We love getting out into the community, seeing everyone shopping and enjoying summer. We'll be out every Wednesday with some fun and games, and a few D.O.G visits too."

For more information about upcoming events in Selkirk, visit myselkirk. ca.

WSP taking steps to recycle used batteries

Staff

RM of West St. Paul residents can now recycle used batteries at the RM's municipal office or at the Sunova Centre.

The RM says they are working with Call2Recycle to help residents be better environmental citizens by providing two used battery recycling locations in the municipality.

Rechargeable and single-use batteries weighing 5kg or less are accepted.

Accepted types of batteries include: Alkaline, lithium primary, lithium ion, nickel cadmium, small sealed lead acid, nickel metal hydride and nickel

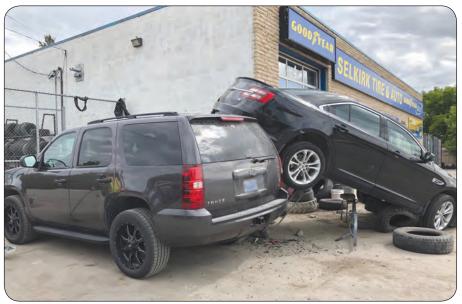
zinc.

Wet cell, damaged of defective batteries are not accepted.

Call2Recycle is a free and easy way for earth-conscious folks to get rid of your old batteries. They have more than 20 years of experience in safely and reliably diverting batteries from landfills and have more than 9,000 drop-off locations across Canada.

The Call2Recycle® program is operated by Call2Recycle Canada, Inc. (formerly the Rechargeable Battery Recycling Corporation – RBRC), a not-for-profit organization. For more information, visit call2recycle.ca

Car reverses onto SUV



SUBMITTED PHOTO

The owner of a Chevrolet Tahoe says she was both relieved and grateful that nobody was injured after a woman driving a Ford car reversed and ended almost on the roof of her SUV. The incident took place on July 3 outside Selkirk Tire and Auto, which is located at 38 Main St. Selkirk RCMP were called to the scene shortly after.



Investigation sheds some light on Selkirk's drug scene

By Lindsey Enns

A Selkirk RCMP member wants to shed some light on the city's drug scene after a lengthy investigation lead to multiple arrests last month.

Cpl. Jonathan Morrisseau, who is a member of Selkirk RCMP's General Investigation Section, says he wanted to provide a frontline perspective when it comes to the methamphetamine scene in Selkirk.

Morrisseau, who has dealt with meth investigations and drug trafficking files for nearly 15 years, says he has witnessed first hand the damage the drug can do to a person and communities.

"You can actually see their lives spinning out of control," Morrisseau said during a recent interview with the *Record.* "You can see people that were able to function before, once they get into the meth scene, they become addicts and it seems that meth is the only thing that matters to them."

Methamphetamine, which is commonly referred to as meth, is a highly addictive and powerful stimulant manufactured from chemical ingredients. Those who take meth experience a rush of well-being or euphoria that generally lasts six to eight hours, but can sometimes last up to 24 hours.

Long-term effects of the drug include trouble sleeping, memory loss, brain damage, psychosis, paranoia and suicidal feelings, which ultimately impact a person's ability to properly manage their lives, according to Health Canada. Long-term physical effects include hallucinations, high fever, severely damaged skin as well as dry mouth and poor oral hygiene.

Morrisseau said the biggest difference between meth and other drugs is how quickly and negatively it can impact somebody's life.

"I have not seen a functional meth



RECORD FILE PHOTO

A member of the Selkirk RCMP who had been involved with meth investigations and drug trafficking files for several years says he's witnessed first hand the damage the drug can do to a person and communities.

"THE ADDICTS TELL US AND WE'VE SEEN THAT WHEN YOU GO TO METH, THERE'S OFTEN NO TURNING BACK."

user," he said. "When you start getting into a major addiction, it's difficult to hold a job ... and that drive to get the meth is the one thing that you work towards."

Something Morrisseau says he'll never forget is when one addict told him, "when you're a meth addict, you don't want it, it wants you."

"The addicts tell us and we've seen that when you go to meth, there's often no turning back," he added. "It's rare to see somebody have a quick recovery ... the best thing is just prevention."

The difficulty for police when it comes to meth is the supply and demand factor associated with the drug.

"In Selkirk, the way the scene works is that there are a bunch of different dealers," he said. "If they're looking for the drug, they can go to different people within the scene.

"The Selkirk meth scene is very localized."

Meth use has also lead to an overall increase in local property crime, Morrisseau added. Bikes, tools, electronics and anything else that can be easily resold are the types of thefts RCMP are seeing more frequently.

Last month, Manitoba RCMP said they had dismantled a drug trafficking network being operated from within Selkirk and Winnipeg, which was believed to be supplying drugs to various communities throughout the Interlake region. Project Deteriorate began in November 2018 and was undertaken by officers of the Selkirk General Investigation Section.

On June 19, officers executed a search warrant at a residence in Winnipeg. As a result of this investigation, officers seized more than two kilograms of meth, a quarter of an ounce of fentanyl/heroin, \$25,000 Canadian in cash, a Chevrolet Trax vehicle and a conducted energy weapon.

"The impact of this investigation is far reaching and has affected the drug supply chain to various Interlake communities," Insp. Allan Hofland of the Selkirk RCMP stated in a release in June. "Our communities are seeing the negative impacts that stem from the drug trade such as property crime, assaults, robberies, and home invasions."

The investigation also led to three arrests and Morrisseau says they will be making more in the future.

He added although the investigation was a step in the right direction, it's only a small part of the problem.

"The next day there were deals in Selkirk," he said. "People should do what they can to address the problem by calling their local RCMP."

Those seeking help or resources for an addiction can contact the Manitoba Addictions Helpline by calling 1-855-662-6605 or by visiting MBAddictionHelp.ca.

In Selkirk, the Rapid Access to Addictions Medicine (RAAM) clinic operates out of the Selkirk Community Health Office, located at 237 Manitoba Ave. The RAAM clinic is open Tuesdays from 12:30 p.m. to 3:30 p.m. For more information, call 204-785-7513 during regular business hours.

The Addictions Foundation of Manitoba can also be reached by calling 204-944-6200 or online at afm.mb.ca.

Dunnottar to host Walk for Water in support of Lake Winnipeg on July 28

Staff

The Lake Winnipeg Foundation (LWF) is calling on hundreds of lake-lovers to lace up and walk in support

of a healthy Lake Winnipeg later this month.

This year's Walk for Water event in support of a health Lake Winnipeg

will take place on Sunday, July 28 at the Dunnottar Community Club. Registration will begin at 9:15 a.m. with the 2.5 kilometre walk starting at 10 a.m. A community barbecue, raffle and prizes will take place following the walk.

Walk for Water is the largest grassroots fundraising event in support of a healthy Lake Winnipeg where participants use a pledge form to collect donations from friends, family, coworkers and teammates.

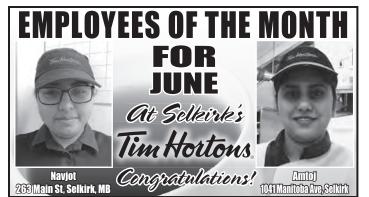
Those unable to attend in person can also mail in pledges and a completed pledge form. Or, you can participate online.

Funds raised help fuel evidencebased solutions including funding projects; training citizen scientists; advocating governments; educating students and community groups; and using the Lake Winnipeg Health Plan to address the root causes of harmful algae blooms.

Over the last 10 years, the Walk for Water has raised more than \$10,000 and has become a family tradition for many.

To participate in the Walk for Water event or for more information, visit lakewinnipegfoundation.org. The "Walk for Water Dunnottar" event page can also be found on Facebook.

A Walk for Water will also be held in Victoria Beach on Sunday, Aug. 11 at the Victoria Beach Clubhouse. Registration will begin at 9:15 a.m. with the 2.5 kilometre walk starting at 10 a.m.





Painting the city

RECORD PHOTO BY JUSTIN LUSCHINSKI Manitoba Youth Job Centre members paints horses and a horse shoe on an outside window of the Selkirk Record office last Thursday. The job centre creates public art projects for every major holiday. This painting was in honour of the Triple S Fair and Rodeo.

St. Andrews councillor to replace Sul on Red River Planning District Board

By Justin Luschinski

St. Andrews Mayor Joy Sul is no longer on the Red River Planning District (RRPD) Board.

Ward 1 Coun. Matthew Prychun will be replacing Sul on the board while Deputy Mayor John Preun will remain on the board and Coun. Russ Garvie will become the new alternate member. Council passed a resolution to replace Sul on the board during last Tuesday's council meeting.

Prychun said the decision to replace Sul"was based on a number of previous conversations had in camera regarding the RRPD."

The motion to replace Sul was put forward by Ward 6 Coun. Laurie Hunt. The motion was approved, with councillors Prychun, Garvie, Hunt, and Darryl Pohl voting in favour, while Coun. Kristin Hoebee and Sul opposed. Deputy Mayor John Preun abstained.

The Red River Planning District Board consists of board members appointed by the elected council of each participating municipality, which includes Selkirk, St. Andrews, St. Clements, East St. Paul, West St. Paul and the Village of Dunnottar. Each municipality appoints two members to the board, with the exception of the Village of Dunnottar, which has one member.

Sul said she has been hearing concerns surrounding the RRPD for several years and wanted to make some positive changes on the board.

"I was acting in the best interests of the residents by being a part of the board and trying to make change. Customer service issues are a common and a continuous complaint. RRPD has made some progress in regard to turn around times for permits, etc., but issues still exist," Sul said during last week's meeting. "No decisions have been made by either myself or Deputy Mayor Preun. We were merely updating council ... comments were directed at Preun and myself, before slowly turning onto me.

"I'm so disappointed that the majority of council does not support positive change on behalf of residents."

Ward 3 Coun. Darryl Pohl said he disagreed with Sul's statement.

"Mayor Sul, I don't appreciate your statement. You twisted some of the commentary that has happened," Pohl said. "I don't appreciate your insinuation that we don't support positive change.

"You can tell that this council does support positive change."

Ward 2 Coun. Kristin Hoebee voiced an objection to the motion, asking council to stop and reconsider.

The reasoning for the motion and vote to replace Sul on the board was discussed in camera. Under the Municipal Act, information conveyed in camera cannot be discussed outside of the meeting or to media.

Requests for comment from the RRPD went unanswered last week.

Under the Planning Act, the Red River Planning District Board is responsible for the adoption, administration, and enforcement of the development plan bylaw for the entire district as well as the administration and enforcement of zoning bylaws, secondary plans, building bylaws, and any other by laws of its member municipalities.

Meetings are held at 5:30 p.m. on the third Wednesday of every month at the Gaynor Family Regional Library.

Phosphorus a major concern when it comes to wastewater treatment: LWF

By Justin Luschinski

When it comes to wastewater treatment plants, the Lake Winnipeg Foundation says dumping sewage into a river system is a small issue when compared to releasing more phosphorus.

Alexis Kanu, the foundation's executive director, says phosphorus increases algal blooms, which are a greater risk to the ecosystem.

"I think everyone is aware of the issues facing the (Winnipeg) sewer system. While that's not good ... our number one concern is phosphorus entering the waterway," Kanu said. "A lot of treatment plants in the country addressed this issue in the 80s, we've just fallen so far behind on this. It's causing a lot of harm to the ecosystem."

Some algal blooms are the result of an excess of nutrients, particularly phosphorus and nitrogen, into waters and higher concentrations of these nutrients in water cause increased growth of algae and green plants. As more algae and plants grow, others die.

Phosphorous is a common part of agricultural fertilizers, such as manure. It is an essential element of plant life, but when there's too much of it in water, it can rapidly increase soil erasure and can create algal blooms, which are harmful to fish and other wildlife.

With the St. Andrews wastewater project destined to connect to Winnipeg's aging system, one local resident is questioning how this is the "most cost-effective and environmentally sound" solution, according to the province.

St. Andrews resident Andrew Dolenuk has been critical of the community's wastewater project for some time. He's written many letters to provincial officials as well as to the *Record*, detailing his concerns with the project. In his opinion, the project is expensive and environmentally unsafe.

"For reasons only known to the former Mayor and Council of St. Andrews ... an expensive and totally environmentally unfriendly system was forced upon the taxpayers of the RM of St. Andrews," Dolenuk said in an email statement to the *Record*. "The only cost-effective and environmentally friendly solution was having our wastewater treated by the City of Selkirk and it's advanced facility."

The *Record* reported in June that the RM of St. Andrews must connect their wastewater system to Winnipeg, or risk losing millions of dollars in provincial and federal funding. The provincial government, along with the Manitoba Water Services Board, sent letters saying St. Andrews council must make their decision on May 21, or the province will pull their funding, and put them at risk of losing the project's federal funding as well.

The St. Andrews wastewater project will now connect to the North End Water Pollution Control Centre. The City of Winnipeg has earmarked around \$1.8 billion dollars to repair their three water treatment centres, which it's currently paying for by itself.

According to several reports, Winnipeg has dumped at least 185 million litres of untreated sewage into the Red River since 2015. In 2018, the Aubrey Wastewater Lift Station experienced a power outage, dumping an estimated 3.26 million litres of raw sewage. The City of Winnipeg also needs to replace all of their combined sewers, which will cost around \$4 billion and will take decades to complete. The province said the city must capture 85 per cent of their diluted sewage by 2045.

Kanu said Winnipeg's current wastewater treatment system is not filtering out phosphorous. She added that increasing the amount of sewage into the system, without first treating the phosphorus, would lead to more of the mineral flowing into the river.

The Lake Winnipeg Foundation is pushing for an "interim retrofit" of the sewer system, which could cost around \$3 million. According to the foundation, the retrofit can be put in at a low cost, very quickly and would reduce the amount of phosphorous into the Red River by about 70 per cent.



Selkink Record





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Lindsev Enns



SALES



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ADMINISTRATION Georgia Campbell





ADMINISTRATION

Try not to lose your glasses while fishing

Greetings good friends.

Jim Kless was the kind of guy you would expect to be a very successful salesman. With a likeable free flowing voice and pleasant appearance, he could strike up an easy conversation with whoever was closest to him. I happened to be closest to him last week on the Red River bank by Selkirk and became privy to a funny little fishing story he experienced.

Jim is from Palm Beach, Florida who married a Selkirk gal and for years they have spent their summers here and their winters down south. His first summer here, he spent a lot of time sitting on a river trail trying to catch a fish from the Red without much success. One day an older, thin, bearded chap pulled up on his ancient squeaking bike and said, "I've been fishing this river all my life and if you want to catch more than you might be able to handle, try this.'

Jim's new friend, Albert, went on telling him to very specifically rig a minnow on a #2 hook with a #3 weight and cast out as far as he could, then hang on. His enthusiasm rejuvenated, Jim kissed his wife goodbye after coffee the next morning and strode down to the river for some real fishing. Old Albert happened by a few hours later on his bike and after seeing Jim had cast his baited hook nearly out to the middle of the river, simply said,"Yeah, you've got it, now hang on!" and left.

As the day wore on, Jim cast out repeatedly without a nibble. He began growling nasty words meant for Albert. He had spent extra money for a rig on Albert's advice and seemed no further ahead. Then he felt a snag. Angrily he hauled up and to his astonishment his snag started moving."Hang on..." Albert's advice rang in Jim's mind. Now Jim understood! If the fish staved still, Jim stayed motionless. When it wanted to swim slowly away he followed it along the bank letting line out. Not once in his thirty minute



RECORD PHOTO Calvin Tu of China with his catch of walleye off the Victoria Beach pier.

duel with this fish, which by now because of its behavior, Jim could tell it was a giant cat, did he forcefully haul and reel in. He let the fish play itself out then drew it to the shore mud. He was startled!

The grey monster was the size of a hog! He proudly took pictures to show his wife and pushed it back into the water. The next day found Jim fishing in his usual spot when Albert came creaking along on his old bike, "Well did you catch a certain fish and hang on instead hauling hard?" "Yes I did," said Jim. "Yes sir, there's some giants in the middle of that river," Albert said. Jim showed him the picture, "Yeah, it kind of looks like the one I landed here last summer," Albert said to Jim as he mounted his bike and peddled away smiling.

Last weekend I met another charming person, Janie Vaarmeyer, of Winnipeg who also had a very humorous fishing story. Janie was a happy lady

with glasses that sat half way down her nose and a light tan camper's hat with a down turned brim. She joyfully went into a story about a family fishing day on Lake Laclu in The Lake of the Woods. They had rented a small row boat for Janie and her mom while Janie's dad and a friend got stuck with a canoe, which as it turned out, he had no clue how to manage.

> Fish tales?

sanarn@mymts.net

Call Arnie Weidl at 204-641-2210

Mom was a very determined angler! She got the first bite that sunny, windy, summer afternoon and started reeling in quickly telling everyone to stay out of her way. The walleye on her line flipped out of the water exciting her. She stood up in the little dingy rocking it dangerously as she fought to bring in her catch. By now Janie's dad had brought his canoe close to theirs and half stood up to grab on. Just then mom pulled back hard on her rod hitting dad in the head knocking him overboard. He rose from the water sputtering clutching the side of the canoe minus his glasses.

Undaunted mother continued and landed her walleye. Dad stayed in the water hanging on to the canoe while Janie tied her boat to it and paddled to shore. As they prepared to head home dad declared he couldn't drive without his glasses. Janie was the only other one with a license and a "beginners" at that. So it came about, father and daughter sitting in the front seat of the car, with half blind, soaking wet dad, giving Janie instructions on which forest lanes to take to get to the highway!

By the way I was visiting a dear lady in the Gimli Hospital last week and met a commercial fisherman, Bert Whiteway from Matheson Island. He told me the fishing has not been good up there because the water is too warm. Our feature picture for this week is Calvin Tu from China with a nice walleye he caught off the Victoria Beach pier. Bye for now.

View the Selkirk Record online at selkirkrecord.ca





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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to news@selkirkrecord.ca or dropped off at our office. Letters must include the name and mailing address of the writer.

TROUBLE WITH PAPER DELIVERY?

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Staff

This year, for a third consecutive year, Wapikoni's Cinema on Wheels caravan has hit to the road and launched its 2019 tour.

Starting in Manitoba and then making its way back east to Ontario and Quebec, the caravan will travel to offer free outdoor screenings of Indigenous cinema in various cities and Indigenous communities.

"Cinema on Wheels is an opportunity to strengthen Indigenous voices and create relationships between communities that are isolated, while sharing a unique heritage with diverse audiences," Julia Dubé, cinema tour coordinator at Wapikoni stated in a release last Thursday. "As we are also celebrating the United Nation's International year of Indigenous Languages, we also included certain movies that were filmed in different Indigenous languages, with of course, accompanying subtitles."

Earlier this month the tour stopped in Pine Creek First Nation, Swan River, The Pas, Moose Lake, Flin Flon and Thompson. Scheduled stops are also planned for Nelson House-Nisichawayasihk on July 18-19, Cross Lake-Pimikamak on July 20, Norway House-Kinosoa Sipi on July 20, Norway House-Kinosoa Sipi on July 23, Grand Rapids-Misipawistik on July 24, Pinaymootang First Nation on July 29 as well as in Winnipeg at the Oodena Circle at The Forks on July 30, which will be part of a larger event.

This project, which is supported by Canadian Art Council and Conseil des Arts et des Lettres du Québec, allows Indigenous and non-Indigenous audiences to enjoy a new selection of award-winning shorts that have travelled for screenings at some of the best national and international festivals.

The selected films, directed by emerging Indigenous filmmakers from Canada's Indigenous communities, share many stories that highlight and celebrate the diversity of Indigenous cultures today.

Wapikoni Mobile is a mobile intervention, training and creative studio for Indigenous youth. Its mission is to amplify the voices of the Indigenous generation through film and music, to broadcast their work in Canada and abroad, and to act as a tool for professional development and social transformation.

To learn more about Wapikoni, or to view their films, visit wapikoni.ca.



Family fun day at Half Moon

RECORD PHOTOS BY JUSTIN LUSCHINSKI Lockport's Half Moon Drive In played host to a Free Family Day last Saturday. The event featured face painting, a magician, mascots, kids activities, dog agility show and more. There was also a movie night featuring showings of cartoons, "A Dog's Purpose," and "Grease."

Manitoba Avenue East to remain open during construction

Staff

The redevelopment of Selkirk's historic Manitoba Avenue East is underway, but the city says the block will remain open to vehicle and pedestrian traffic during construction.

The contract was awarded to JC Pav-

ing and construction began on July 8. Selkirk city council adopted the Downtown Selkirk Renewal Strategy in 2016 and in June 2018 council adopted a concept design for Manitoba Avenue East (from Main Street to Eveline Street) and then applied for, and received, funding through the New Building Canada Plan from the federal and provincial governments to finalize and re-construct the new design.

Selkirk Mayor Larry Johannson said it was exciting to see work on the redesign of Selkirk's historic avenue get started.

"Manitoba Avenue East is the heart of our city and to see the equipment roll in and this vision that council and residents have had start to come into focus is really quite something," Johannson stated in a release on Monday. "We've worked with citizens and business owners all along and we'll continue to work with them through the construction process. I'm really proud of this project, I'm proud of the city and I can hardly wait to see the finished product."

There are significant changes planned for Manitoba Avenue East, with the goal being to create a vibrant downtown area that is both vehicle and pedestrian friendly.

Two of the biggest changes being made is converting from a one-way to a two-way street for vehicle traffic and angle parking will be replaced by parallel parking.

During construction, half of the street will be

closed and the other half open for eastbound vehicle traffic and parallel parking as well as pedestrians. When one side is completed, work will move to the other side and vehicle traffic, parking and pedestrians will be able to use the other side.

One side of Manitoba will be open to traffic throughout construction, with the exception of a one-day complete closure at the end of project to apply the final asphalt cover for the street.

The city says it will continue to have conversations with business owners on Manitoba Avenue East during construction to discuss ways to manage and improve the cycling of parking spots.

Visit MySelkirk.ca/MyDowntown for updates on Manitoba Avenue East construction or subscribe to automatically receive updates via e-mail.





Here are some of the judge's observations from 2018 in the Urban Forestry Category:

Selkirk's Tree Farm, and the remove & replace practice, shows forethought to ensure the tree population is maintained despite age, weather damage, insect infestation or disease. The judges were pleased to see that the City supports a Tree Farm and that most of the 150 trees (ash, poplar and maple) were relocated to Penwarden Park. Selkirk's Urban Forestry plan includes a Dutch Elm Disease program which includes proactive treatment using a fungicide through trunk injection and removal of diseased elm trees (less than 2% annually). Emerald Ash Borer (EAB) traps have been placed in municipal ash trees as a proactive measure to monitor the spread of this devastating insect.

If you would like to vote for a Yard of the Week or a Commercial Property of the Week please visit the Customer Service counter at Home Hardware Selkirk and fill out a ballot.



Yard of the Week sponsored by Selkirk Home Hardware. Commercial Property of the Week sponsored by The Flower Child.



Walking along a wetland







RECORD PHOTOS BY JUSTIN LUSCHINSKI

The Brokenhead Wetland Interpretive Trail is officially open for the season and is ready to welcome visitors. Debwendon Inc., a nonprofit organization which promotes and preserves the Brokenhead Wetland Ecological Reserve, held their third annual Discovery Day open house on June 22, giving attendees a chance to learn about



Indigenous medicinal plants as well as native orchids and carnivorous plants found along the trail. The trail, which is open 8 a.m. to 8 p.m. during the summer months, is located roughly 45 kilometres north of Selkirk on Highway 59. For more information, visit debwendon.org/wordpress/.

Disability Matters Vote looks to raise awareness

By Justin Luschinski

An advocacy group is reminding Manitobans living with a disability to get out and vote in the upcoming provincial election.

Disability Matters kicked off their voting campaign on July 4 at Assiniboine Park in Winnipeg. Organizers of the non-partisan advocacy group say there are 275,000 Manitobans living with a disability, or about 20 per cent of the population.

Inclusion Selkirk is part of the campaign and are handing out lawn signs and encouraging Manitobans to think about their disabled clients when they go to the polls.

Maria Freeman, the executive director of Inclusion Selkirk, said their biggest issue is staff wages. According to her, Inclusion Selkirk staff are paid below a living wage, which means a very high turnover rate.

"When you look at the role our staff plays, we do medication administration, tube feeding, things that would get done by an individual, specialized nurse. Yet we are paid significantly less than most health care aids," Freeman said."When we have a stable and consistent staff base, people thrive. Our clients are supported by people who know them, which sometimes leads to better quality of life."

Freeman said their staff are primarily funded through the province's Community Living disABILITY Services program. Freeman says due to the high turnover, one client of theirs could have as many as 770 different support staff throughout their life-



Inclusion Selkirk members and staff hold up signs in support of Disability Matters Vote in Selkirk last week.

time. The Disability Matters Vote campaign highlighted several issues they're trying to address.

David Kron, a spokesperson for the Disability Matters Vote campaign, said he's encouraged by the response from the political parties, but that a lot of work needs to be done.

"I do think they are listening. We did

get some ears, it's up to us to keep their feet to the fire. This is the one time we can get them to listen," Kron said. "We need to get (disabled Manitobans to a level where they don't have to choose between a bus pass and groceries."

Kron said the campaign has several goals which include timely access to services for the disabled, higher wages for people who work with adults with intellectual disabilities, a boost in disabled employment and a dignified income for disabled people. He said many disabled Manitobans live below the poverty line, most of whom rely on Employment and Income Assistance.

For more information about Disability Matters Vote, visit dmvote.ca.

Manitobans will head to the polls on Sept. 10.

Province allowing Manitoba producers to graze cattle on crown land

Staff

The province is currently allowing cattle producers to graze cattle and to cut hay on certain Crown land not normally accessible for these purposes.

"The dry conditions of the past couple of years have created challenging conditions for beef producers in terms of the amount of grazing days available on their pastures and the volume and quality of hay they have been able to harvest," explained Manitoba Beef Producers (MBP) president Tom Teichroeb. "We had identified these concerns to the Manitoba government on behalf of our producers. This announcement will provide an important option for producers who require additional feed options and we thank the government for making this available."

According to the provincial government's announcement, administration of the use of the available land and permits will be handled through the Agricultural Crown Lands Leasing program. Producers must remove their livestock when the naturally existing forage is exhausted or by October 31. November 15 is the deadline to remove hay.

"The province is also asking crop producers to think about making their crop residue available to livestock producers and I know there are many beef producers who would welcome those kinds of conversations," added Teichroeb. "We will continue to engage with the government about the effects of the dry conditions and possible strategies to help producers deal with these situations, such as water supply challenges."

For additional details call the Agri-

cultural Crown Lands Leasing program at 1-204867-6550 or a local Agricultural Crown Lands representative. See: https:// www.gov.mb.ca/agriculture/landmanagement/crown-land/leasingprogram.html.

Manitoba Beef Producers is the exclusive voice of the beef industry in Manitoba, representing 6,500 producers across the province.









RECORD PHOTOS BY JUSTIN LUSCHINSKI

Thousands of Selkirk and surrounding area community members lined the streets to catch a glimpse of the annual Selkirk Biz Fair and Rodeo Parade held in conjunction with the Triple S Fair and Rodeo last Saturday morning. For more photos from the Triple S Fair and Rodeo, see Page 16.



Check your grill, BBQ brush among Health Canada safety tips

Staff

With warm weather upon us and barbecue season in full swing, Health Canada wants to remind you to check and clean your barbecue brushes.

"It's a good time to remind people of barbecue safety, especially around using wire cleaning brushes," Melissa Legary, product safety officer at Health Canada, stated in a release last Thursday. "Over time they can lose their bristles, and if swallowed, can cause serious health problems."

Legary says that there are some simple steps you can take to reduce the risks including:

• Always inspect your brush for signs of damage.

• Check grills and barbecued food for loose bristles.

• Replace your brush on a regular basis.

• Stop using your brush if the bristles are coming loose or sticking to the grill.

• Report any incidents involving wire barbecue brushes to Health Canada as well as to the store where you bought it.

Legary also notes that you should make sure your barbecue is in good working order, especially if it has been sitting in storage.

"Do a spot check for blocked burners or metal tubes and damaged seals?" says Legary."Always follow the manufacturer's instructions for usage and cleaning, and if you think there is a problem, consider having your barbecue serviced by a professional."

For more information, Legary suggests that you check out Health Canada's Consumer Product Update: Have you inspected your metal bristle barbecue brush lately?, located on the Recalls and Safety Alerts website, where you may check regularly for recalled products or to report any consumer product-related health or safety concerns.

If consumers have questions about specific issues or products, they can also contact Health Canada's Consumer Product Safety program at 1-866-662-0666 or hc.cps-spc.sc@canada.ca.

"Enjoy barbecue season," says Legary. "And make safety part of your summer routine."

Tickets just \$30 Available at:

Harry's Foods, 37 St Andrews Rd at Hwy 9 Gaynor Family Regional Library, 806 Manitoba Ave, Selkirk Cambrian Credit Union Branches: 282 Main St, Selkirk, 2136 McPhillips St, Winnipeg, 1366 Henderson Hwy, Winnipeg AND online at www.redrivernorthtourism.com







How to plant a tree for successful growth

Why plant trees?

There are plenty of reasons to plant trees. Trees provide a natural form of shade, reducing air temperature by blocking the sun's rays. This can reduce reliance on air conditioning systems and make it more comfortable to spend time outdoors during the summer. Trees absorb and block noise and reduce glare. They also can trap dust, pollen and smoke. Trees also absorb carbon dioxide and potentially harmful gasses from the air. One large tree can supply a day's worth of oxygen for as many as four people, while also storing 13 pounds of carbon per year. Getting started

Visit a garden center or nursery and select a tree that will be hardy in your planting zone. Choosing native trees can increases the likelihood that the new tree will adapt to its surroundings. Also, inspect trees to determine if they're healthy before taking them home. Look for evidence of root girdling, which occurs when the roots circle around the perimeter of the container and surround the trunk. Trees should not have any dead or dormant branches.

The DIY Network suggests locating the tree where it can thrive. This means selecting a spot that can make it easier for the tree to grow tall and wide. Avoid planting near the house, where roots can crack concrete or as-



Learn the right way to plant a tree to improve the landscape and the environment.

phalt, and always plant away from underground pipes.

Planting the tree

Now it is time to amend the soil. It's not enough to enrich only the soil in the hole where the tree will be placed. Move out into a circular area beyond where the roots will start so that roots can expand and properly anchor the

The next tree. method of success is to ensure that the tree has a

large enough hole to contain the existing root ball and allow for roots to grow and expand. Better Homes and Gardens experts say to prepare a hole that is two to three times as wide as

the root ball of the tree. Treat the root ball gently. If the roots are wrapped in burlap, remove the burlap or push it to the bottom of the hole. Backfill the hole

with soil and check that the tree is straight. Stake the tree to help it stay upright and straight until the roots anchor it more effectively. A layer of mulch around the base of the tree can prevent weeds and reduce water loss. Water daily for several weeks until the roots have fanned out.

It's best to leave trees be for the first growing season, only removing broken or diseased limbs. Resist pruning and shaping until the tree has survived its first growing season.





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Many people consider summer the most enjoyable time of year, as the summer sun and warm breezes make the season perfect for rest and relaxation. But the months of June, July and August, which are often characterized by rising temperatures and stifling humidity, can be tough to endure as well.

When summer heat becomes especially uncomfortable, humans can simply head indoors and beat the heat in air conditioned buildings and

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homes. Plant life is not so lucky, and homeowners may need to take steps to help the plant life on their properties survive the summer heat.

• Monitor soil moisture. Soil moisture, or a lack thereof, can help homeowners determine if their plants are struggling to survive the heat. To check soil moisture levels, use a ruler or even your finger, sticking either two inches into the ground where you suspect the soil is drying out. If the soil is damp two inches below the surface, then your plants are likely retaining enough moisture to withstand the heat. If the soil is dry two inches below, then you may want to give the soil a deep soak.

• Keep an eye on container gardens. Containers may have an especially difficult time staying moist in the summer heat. That's particularly true for containers that sit in direct sunlight. Water container gardens daily during summer heat waves, being sure to adhere to any local water restrictions.

· Lay down mulch. Mulch helps insulate and protect soil during summer, when soil can quickly dry out. When applied correctly (ideally before summer temperatures get too hot), mulch helps the soil conserve moisture and prevents weed growth. Weeds can rob soil of the water it needs to promote strong root systems, which can help plants get the nutrients they need to withstand summer heat. Mulched soils also do not experience the fluctuations in temperature that nonmulched soils can experience during summer heat waves, helping plants to



grow evenly.

• Move plants when possible. Plant location can affect their chances of surviving summer heat. Driveways lined with flowers or other plants may look nice, but driveways exposed to the sun can radiate heat at temperatures that exceed the temperatures noted on the thermometer. If possible, move plants to locations on your property that are less exposed to the heat and/or less likely to be affected by the heat. Move container plants beneath trees on hot days, and consider summer heat waves before planting new flower beds.

Summer heat can be especially harmful to plant life. But homeowners can employ various strategies to protect the plant life on their properties when temperatures rise during the dog days of summer.







Lost dog reunited with owner after five-day search

By Jennifer McFee

It felt like a dog's age that Stony Mountain woman searched for her runaway pooch, but she was willing to keep searching until the cows came home.

When Sidney the miniature schnauzer was located with a herd of cattle in Rosser, owner Linda Iwaszewski was overcome with gratitude for the help she received from friends and strangers alike.

Timid Sidney had escaped on June 30 and then bolted when he was spooked by the Canada Day fireworks in Stony Mountain about two hours later. He covered many rural miles and was finally found on July 5 along Rushman Road.

"He was gone for almost a week and he basically ended up in three municipalities," Iwaszewski said.

"There were people from Winnipeg Beach to Winnipeg looking out for Sidney. There were people in the city who were looking. Oak Hammock Marsh employees were looking. The Hutterites were looking. It was wild the way the word got out."

Iwaszewski publicized her search for two-year-old Sidney through social media. She also spread the word through posters and in person to everyone she encountered.

"We got word when he first went missing that he was down at the baseball diamonds at the Stony Mountain school. He had gone into the bushes, and just as we got there, the fireworks started. We didn't get to him fast enough," she said.

"He ran the first night all the way to West St. Paul. The first sightings of him were on Blackdale Road — and then we didn't hear anything for days until he was in Rosser. When we didn't get any sightings from Monday to Thursday, we were pretty devastated. It was really gut-wrenching."

She took to the streets day and night, even searching in the wee hours until she was on the verge of exhaustion.

"It was so traumatic because we covered miles and miles. We actually had no idea which direction he would've gone in," Iwaszewski said.

"A lot of the homes we went to were telling us about the boom in the coyote population right now." The stress took a toll on the panicked pet owner, who couldn't rest until her beloved pooch was back home where he belonged.

"I actually was hospitalized. I suffered a breakdown because I didn't sleep. I'd be in bed and I couldn't sleep so I'd jump up to go back out and start driving. Somebody said dogs have a strong sense of smell, so I was driving up and down our gravel road with our comforter tied to our roof rack," she said.

"I went probably three days without sleep and I wasn't eating. My husband thought I was in bed sleeping but I was out driving around."

When Iwaszewski got a call that there had been a real-time sighting of Sidney, she rushed out the door in the hopes of a reunion with the runaway pooch.

"When we managed to get down close to where he was, I could see about four vehicles and they were flanking him. He was running down the middle of the road. He was probably 200 or 300 feet away and I was calling him. He actually almost ran from me at first," she said.

"But then I could hear him crying as he was running. He came running right to me. It was a total Disney moment."

Iwaszewski marvels at the tenacity of Sidney, who is typically not a very adventurous spirit.

"The surprising thing is he had very few ticks on him, so he must have stuck to the roads and driveways. Our vet figured that he had to have found food and water along the way. The last sighting that we got apparently was that he with a bunch of cows, which was good because cows will kill coyotes," she said.

"He's not the smartest dog we've ever owned so, honestly, the fact that he survived is just a miracle to us. It really is."

After he got back at home to Stony Mountain, Sidney caught up on some sleeping, eating and spending time with his canine companion, a schnauzerjack mix named Toby.

"He was really hungry. But he kept waking up with a start and looking around like 'Where am I?'



RECORD PHOTO SUBMITTED Sidney a miniature schnauzer.

He actually has very poor eyesight and he's not very robust. We never thought that he would make it — but he did," she said.

"He's a very sweet little tiny guy and he's so happy to be home now."

She expresses her deep gratitude for all who helped, and she offers a suggestion that might help another lost animal.

"I'm totally blown away by the compassion that everyone showed to a Stony Mountain dog," she said.

"I'd like to ask people to just put a bit of water down at the end of their driveway because somebody's pet might be trying to find its way home."

> LAWN DAMAGE, FROM PG. 15

this may just damage the trees.

Chemical spills: Gasoline and fertilizer spills and pesticide applications in high concentrations can cause the lawn to yellow or brown in spots. Carefully refill lawn gas tanks and fertilizer spreaders on the sidewalk or driveway to avoid overflow onto the lawn. If spills occur, flood the area promptly with water to dilute.

• Foot traffic: Lawns can take a pounding from foot traffic, leading to compaction and spots of dead lawn. Try to redirect the traffic elsewhere to give worn down areas a break. Aeration can relieve soil compaction. If a certain area has become the de facto pathway, install a paver, gravel or concrete walkway in that spot.

• Debris: Leaving a tool, kids' toys, piece of wood, or any debris on the lawn can quickly suffocate the grass beneath and cause the lawn to die quickly. Make sure that no items are left on the lawn for an extended period of time.

· Mowing patterns: Running the mower in the

same pattern over and over can cause ruts in the grass that lead to damage, so avoid mowing in the same direction on consecutive cuts. Avoid mowing on very hot days or when the lawn is soggy. Both can cause tracks to form in the lawn.

• Mowers: Dull lawn mower blades can damage lawns, as can mowing too fast. Grass blades can be torn, snapped and more, resulting in brown spots.

• Wildlife: Animals and insects can destroy turf roots. Animals or insects may feed on the grass from underneath its surface, compromising the lawn's ability to procure nutrients and water. Animals like moles or raccoons may feed on grubs in the lawn, and treating for grubs can alleviate torn-up turf.

Lawns can be hearty, but they're also highly susceptible to damage. Even seemingly harmless things can compromise the integrity of a lawn. Understanding the causes of lawn damage can help homeowners protect their lawns.

Did you know?

The majority of grass species have chlorophyll to thank for their appealing green color. Chlorophyll is a bright pigment that absorbs both blue and red light especially well. But chlorophyll largely reflects green light, which is why the yards and fields we spend so much time in are green. And chlorophyll does more than influence the color of grass. Chlorophyll also plays an important role in the process of photosynthesis, during which green plants use sunlight to synthesize foods from carbon dioxide and water. According to LiveScience.com, chlorophyll molecules absorb light and then transfer that energy to special molecules that, when stimulated, fire off

electrons that produce chemical changes in the plant. That chemical energy is ultimately turned into sugar, highlighting the essential role that chlorophyll plays in lawns' survival.





RECORD PHOTOS BY LINDSEY ENNS AND JUSTIN LUSCHINSKI

Selkirk Park and the park's agriculture grounds played host to the Triple S Fair and Rodeo last weekend. The event featured lots of rodeo action, children's activities, a petting zoo, and Select Shows Midway rides just to name a few.



Short film by Los Angeles-based filmmaker set to play in town's film festival

By Gabrielle Piché

One of Gimli's own will have her film shown at Gimli Film Festival this summer.

Marilyn Thomas is a screenwriter, producer and, now, a director. Her film *Blood Bus* will be shown in Gimli on Friday, July 26 as part of the Indigenous Filmmakers Association (IFA) Shorts.

Thomas has called Los Angeles home for the past seven years, but her roots are in Gimli. She used to live near Aspen Park, and she graduated from Gimli High School.

It was these roots that helped Thomas get into the town's film festival. While at an event in Los Angeles, Thomas met Roger Boyer, a filmmaker based in Winnipeg. The two hit it off.

Boyer founded the IFA. He curates the Indigenous short films portion of Gimli Film Festival. Boyer asked Thomas to submit *Blood Bus*, and she did.

"Film festivals are such an amazing experience and more so when it's a filmmaker's hometown,"Thomas said. *Blood Bus* is the first film Thomas has directed.

Twisted Twins Productions puts on an annual blood drive as part of Women in Horror Month. The owners of the production company, Jen and Sylvia Soska, asked Thomas to make a film for their blood drive.

"They were supportive in my making the leap from screenwriting to directing," Thomas said. "When they asked me to participate, I couldn't say



Sarah Booth has her fangs fixed on the set of *Blood Bus*. Booth plays a vampire in the short film.

no."

Thomas wrote the film in November of 2007. Just a month later, she filmed *Blood Bus*.

Thomas launched her short film in February of 2008 — the same month as the Soska sisters' blood drive.

Fittingly, Thomas' film is about donating blood. It's also about vampires.

Paula, the main character, is giving blood in a blood drive van when vampires attack. Paula fights the vampires, using her IV pole as a weapon. After the credits, a screen lists different places to donate blood in Los Angeles. "I love a chance to play with blood,"

Thomas said. "Plus, it's for a great cause." Thomas said she hopes her film mo-

tivates people to give blood. "We tend to donate only after big



RECORD PHOTOS SUBMITTED

Marilyn Thomas directs on the set of her short film *Blood Bus*.

disasters, but we should donate more often." The leading star in *Blood Bus*, Paula

Lindberg, is scared of needles. Thomas said Lindberg actively avoids blood drives because of her fear.

"When she agreed to be a part of *Blood Bus*, I told her she also had to donate with me, so it's a bit tongue in cheek,"Thomas said.

Both gave blood at the Children's Hospital in Los Angeles when they were done filming.

Thomas will not be at Gimli Film Festival to watch the showing of *Blood Bus*, but she said she hopes to come back to Canada for work at some point. Thomas went to Vancouver Film School in 2001, and her first job was on the set of *Da Vinci's Inquest*, a show on CBC television.

Since moving to Los Angeles, Thomas has written and produced multiple short films and documentaries. She's now working on a series called *Future Proof.* She directed six episodes, and the series is now in post-production. *Future Proof* will be shown on the TV network First Nations Experience.

Blood Bus will be shown at Aspire Theatre at 12:45 p.m. during Gimli Film Festival. It's one of 10 films selected to be in the Indigenous Filmmakers Association Shorts this year.

Gimli film explores a complex relationship between immigrants and Iceland

By Gabrielle Piché

The word "immigrant" takes on a life of flesh and blood in the emotional Icelandic film *The Deposit*.

Ásthildur Kjartansdóttir directed the movie. It came out on Jan. 31, and it will be shown at Gimli Film Festival this summer as part of the festival's Icelandic film series.

Kjartansdóttir's movie focuses on Iceland's relationship with immigrants. Physically, foreigners are accepted into the country. But are they welcomed in society?

In *The Deposit*, Kjartansdóttir shrinks Iceland into a house. Gisella's house.

Gisella is a broke journalist who quits her job over frustrations with her editor. She applies to a new magazine, where she's asked to write an article on immigrants and housing in Iceland.

Gisella finds three immigrants — Marisol, Abeba and her daughter Luna — to move in with her. The women pay rent to Gisella, helping the journalist with her bills. *The Deposit* follows the relationship between the Icelander and her tenants. Everyone starts happy and excited to be part of this new agreement. However, as the women get to know each other, their differences cause rifts.

Gisella clashes with the immigrants as the women try to exert control over their lives. The Icelander adds rules and punishments to the household to maintain her dominance over the women.

Gisella pities the immigrants and wants to help them only when she has the upper hand. The women come from different backgrounds, but Gisella expects them to conform to her way of life.

It seems like Kjartansdóttir uses Gisella as a metaphor for much of the western world. As a society, we accept and want to help immigrants, but only to an extent — once our way of life feels threatened, we turn immigrants to "others" and want them to become more like us. Kjartansdóttir does an excellent job of humanizing his characters for the audience.

We see the women getting along — they dance, laugh, and drink wine to-gether.

By the time cracks form in the relationship between Gisella and her tenants, we have a good idea of everyone's personalities. The immigrants aren't perfect, but they're lovable they're human.

It's hard to watch Gisella's household change from a democracy to a dictatorship. Gisella is relatable who doesn't want authority in their own home?

However, it's difficult to root for her as she fights with the immigrants. Marisol and Abeba aren't foreigners. They're people who have hard lives, and they're trying to get by.

The Deposit is, unfortunately, realistic. The tension between Kjartansdóttir's characters is in western society.

Westerners can get protective when they feel another group threatens their country and way of life. They don't want the other group's culture to overshadow their own, so they make rules restricting the other group's practices.

Take Quebec's law banning public workers from wearing religious symbols.

Muslims can immigrate to Quebec. However, under the new law, a female Muslim teacher cannot wear her hijab at school. The government is exerting control to keep its idea of normal intact. The proposed law tries to make "them" look like "us."

The Deposit is a good film for people who want to explore the complicated relationship between immigrants and western society. It's not a feel-good movie, but it does make you think. It has mature themes, so it's best suited to people 16 and older.

The Deposit will be shown at 5:30 p.m. at Aspire Theatre on Thursday, July 25. It will be shown again at 12:30 p.m. in Gimli Theatre on Friday, July 26.

CROSSWOR

24

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13

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28

19

22

48

50





1 teaspoon olive oil 3 pounds pork shoulder roast kosher salt, to taste ground black pepper, to taste

- 4 cloves garlic, quartered
- 4 cups low-sodium chicken broth
- 8 ounces dried peaches
- 1 tablespoon chili powder

1 cup California Black Ripe Olives, wedged

- 2 teaspoons country mustard 1 ounce arugula
- 8 onion rolls, split and toasted

Heat oven to 375 F.

In large, high-sided saute pan, heat oil

over medium-high heat. Season pork with salt and pepper, to



Recipe courtesy of The Wicked Noodle 8 ounces cream cheese, softened 1/4 cup unsalted butter, softened 1/2 cup mayonnaise 1 clove garlic, minced 2 cups shredded cheddar cheese 10 ounces California Green Ripe Olives, chopped

RIVER

Pulled Pork Sandwiches

with Peach-Olive Jam taste, and cook in pan 3-4 minutes on

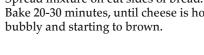
each side until browned. Stir in garlic and continue cooking 3-5

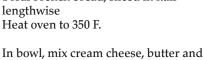
- minutes Pour in chicken broth, peaches and
- chili powder; bring to boil. Cover loosely with foil and bake in
- oven 2 hours. With slotted spoon, carefully remove peaches and transfer to small mixing
- bowl. Mix olives and mustard with peaches; set aside. Continue to cook pork in oven 30-60
- minutes until fork tender. Allow to cool slightly then shred by
- pulling apart with fork. Assemble sandwiches by spooning
- pork onto toasted rolls. Top with arugula and peach-olive mixture.

Easy Olive Bread

2 green onions, chopped 1 loaf French bread, sliced in half lengthwise Heat oven to 350 F.

mayonnaise until thoroughly combined. Add garlic; stir well to distribute. Add cheddar cheese, green olives and green onions; stir to combine. Spread mixture on cut sides of bread. Bake 20-30 minutes, until cheese is hot,





- 29. One who works with the
- police (abbr.)

42

16

18

21

27

34

49

51

7. Hurtful remarks

8. Marine mollusk

animals

14. Type of cat

(abbr.)

nails

20. Man City coach

23. Periods of food

shortages

25. Jr.'s father

24. European nation

HOMI

HIGH SPEED

NETFLIX

Guardiola

9. The habitat of wild

10. Pieces of body art

11. Refusing to budge

12. Triangular back bones

17. Type of web browser

18. Small, broad-headed

- 30. Lawyers
- 31. Look of disapproval
- 32. Longed
- 35. Type of power cable (abbr.)
- 36. Hindu cymbals
- 38. Young women (French)
- 40. Swiss river
- 41. Expression of annovance 42. Where criminals go
- 43. Inwardly
- 44. Luck
- 45. One point north of due east

ULCIOECUD

- 46. Originally called
- 47. Defunct airline

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21. Doctors' group 22. Silvery marine fish

19. It cleans you

CLUES ACROSS 1. Used to serve wine

number

10. Meddled

7. System to code a

12. A type of discount

13. Dependent on

14. Type of wrap

15. Nigerian people

16. Nuclear missile

17. Scientists' tool

and feathers

(abbr.)

18.

- 27. Atomic #58 28. Popular March
- holiday
- 33. Pa's partner
- 34. Sicknesses 36. ' death do us part
- **37. Scottish settlement**
- 38. Innumerable
- **39. Small constellation**
- 40. Wings
- 41. Supernatural creatures
- 44. Some are hallowed
- 45. The front door
- 48. Greek war god
- 49. Lamented
- 50. Foot (Latin)
- 51. Sprucely

CLUES DOWN

- 1. Military leader (abbr.)
- 2. Celery (Spanish)
- 3. Pay heed
- 4. The products of human creativity
- 5. Surcharge
- 6. Doctor of Education

You lube

26. Concealed

Spontsarecreation

St. Andrews Red Dingers win U11 "A" city baseball title

By Brian Bowman

The St. Andrews Red Dingers have a really cool name.

They're also a very good baseball team.

The Red Dingers won the U11 "A" city championship after defeating Kirkfield/Westwood 8-2 on July 10.

"Back in the last week of April when we first started getting going, they're goal was to make it out of the region and get to cities," said head coach Shane Johnson.

"And when they had a chance to win cities, they were pumped. They were all very excited."

St. Andrews led 3-2 after five innings before the Red Dingers scored five runs in the top of the sixth in the sixinning game.

"That was large," Johnson said. "We were 3-2 going into that last inning and then we got the five-spot and that broke things open and they had no response."

Nolan Edmonds started on the mound for St. Andrews and was relieved by Dylan Line. Line faced three batters and recorded three strikeouts.

In Pool "B" play, St. Andrews went a perfect 4-0 after defeating Heritage Victoria (14-8), the Springfield Braves (10-2), Winakwa (12-4), and the Charleswood Hawks (10-2).

All told, St. Andrews outscored its

opponents by a whopping 54-18 margin in the city playoffs.

Johnson said the Red Dingers were blessed with a bunch of quality pitchers.

"The defence played really well and our pitching all year was amazing," Johnson said, noting the Red Dingers were 30-2 this past season. "We had probably 10 guys that we could throw out there out of 12."

Johnson said their team was a great one to coach and the parents were fantastic as well.

"It was amazing," he said. "As soon as we started in the last week of April playing, you could tell that there was something special with these kids. And it just wasn't the kids, the parents were amazing. Even if it didn't look great outside for a practice, they were all there. We wanted kids to practice at 6:30 p.m. and they were there at 6 o'clock ready to go.

"It was a lot of fun being part of the coaching staff and being able to watch that."

The East St. Paul Aces and West St. Paul also had teams in the city play-offs. Both played games in Pool"A".

West St. Paul finished with a 2-2 record after defeating East St. Paul 12-4 and Southdale 9-8. They lost to Kirkfield/Westwood (12-4) and the Fort Garry Sox (11-1).



RECORD PHOTO SUBMITTED

St. Andrews won the 11U 'A' baseball city title after defeating Kirkfield/ Westwood 8-2 on July 10. Coaches, pictured left to right, Kevin Hughes, Paul Edmonds (third base coach), and Shane Johnson (head coach). Players top, left to right, Nolan Stewart McDonald, Dylan Line, Nicolas Edbom, Liberty Aime, Aedyn Starodub, Gavin Todosichuk, and Nolan Edmonds. Bottom, left to right, Landyn Johnson, Luke Farmer, Luke Hughes, Leif Palson, Davis Krut, and Logan Rivard.

East St. Paul, meanwhile, edged ning game but lost 11-10 to Fort Garry Southdale 21-20 in a wild, extra-in- and 12-4 to Kirkfield/Westwood.

North Winnipeg wins 11U 'AA' provincial baseball title

Staff

North Winnipeg had a golden time at the U11 "AA" baseball provincials last weekend.

North Winnipeg defeated the Charleswood Goldeyes 3-1 in the championship game on Sunday.

Local players on North Winnipeg's team included Koen Nickel and Mason Liebrecht.

North Winnipeg reached the final after beating East St. Paul 3-1 in a semifinal matchup.

In pool play, North Winnipeg posted a 4-0 record with wins over Winkler (11-1), Stonewall (19-2), Brandon (12-2), and Rock Lake (12-2).

East St. Paul, meanwhile, finished pool play with a 3-1 record, recording wins over Portage la Prairie (15-4), Hamiota (6-0), and Dauphin (15-0). Their loss was against St. James (11-2) on Saturday.

At the 15U "AA" baseball provincials, the host East St. Paul squad finished with a 2-2 record.

East St. Paul started play Friday with a 4-3 loss to Brandon and then were defeated 8-6 by Seine River later that evening.

On Saturday, East St. Paul doubled Balmoral 20-10 and then outslugged St. James 17-12.

The 13U"AA" provincials saw East Selkirk finish with a 2-2 record.

East Selkirk split their two games Friday, losing 11-1 to Morden before rebounding to beat Dauphin 14-6.

On Saturday, East Selkirk crushed North Winnipeg 14-2 but lost 18-12 to Seine River.



RECORD PHOTO SUBMITTED Local players Koen Nickel, left, and Mason Liebrecht were members of the North Winnipeg baseball team that won the 11U 'AA' provincial championship on Sunday. North Winnipeg defeated the Charleswood Goldeyes 3-1 in the final.



Albert places second at junior women's provincial golf championship

Staff

Selkirk's Mikyla Albert finished second overall at the GM Junior Women's Golf Championship on July 9.

Albert carded rounds of 90, 87, and 84 to finish at 42-over 261. She finished 13 strokes back of Quarry Oak's Kate Gregoire.

Gregoire fired rounds of 84, 84, and 80 to wrap up at 248.

The three rounds were played at the Pine Ridge Golf Club and the Elmhurst Golf & Country Club.

Rounding out the top five were Killarney Lakeside's Cala Korman (87-89-91-267), Swan River's Crystal Zamzow (89-90-90-269), and Shilo's Hayley Shanks (89-91-94-274).

West St. Paul's Davna Dubnicoff, who golfs out of Elmhurst, placed eighth with a three-round total of 283. She posted rounds of 91, 96, and 96.

Gregoire, Albert and Korman will make up the junior women's interprovincial team that will represent Golf Manitoba at the 2019 Golf Canada Canadian Junior Women's Championship being held July 30 to Aug, 2 in Lethbridge, Alta..

On the junior men's side, St. Boni-

face's Jacob Armstrong pulled out a come-from behind victory during the fourth and final round at Elmhurst on July 9.

The 17 year old was four strokes behind leader Braxton Kunts, who golfs out of Breezy Bend, heading into the final round but fired a 2-under 69 for a two-stroke victory.

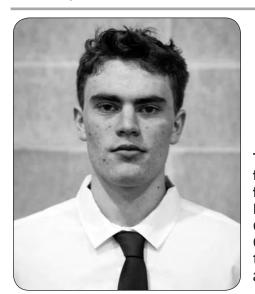
Armstrong won the juvenile age division provincial title the past two seasons but this was his first junior men's championship.

Rounding out the top five were St. Charles' Neel Soni (72-76-80-75-303), Pine Ridge's Josh Shuster (72-74-81-75-307), and West St. Paul's Adam Ingram (82-74-77-75-308).

Ingram, and his brother, Brent, golf out of Elmhurst. Brent Ingram carded rounds of 77, 82, 81, and 75 for a 315 total to place 11th.

Other local players included Brady Bandura (85-80-80-83-328), and Easton Donohoe (86-86-82-254). Both play out of Elmhurst.

Armstrong, Kuntz and Soni will now represent Manitoba at the Canadian Junior Men's Championship being held Aug. 12-15 in Hartland, N.B.



Steelers acquire Pochipinski

RECORD PHOTO SUBMITTED The Selkirk Steelers acquired forward Tanner Pochipinski from the BCHL's Alberni Valley Bulldogs in exchange for future considerations last week. The Colorado Springs forward scored three goals and added three assists in 45 games last season.



SUBMITTED PHOTO

Selkirk's Mikyla Albert placed second at the GM Junior Women's Golf Championship last week. Albert carded rounds of 90, 87, and 84 to finish with a 261 total. That was 13 strokes behind Quarry Oak's Kate Gregoire.

Aces come up short in U13 'A' city baseball final

Staff

The East St. Paul Aces reached the final of the U13"A" city baseball playoffs.

East St. Paul was defeated 5-2 by the Southdale Lakers in the championship game on July 10.

The Aces started pool play July 6 with a 18-14 loss to Headingley but then defeated the Tuxedo Lightning 23-10 later that day.

East St. Paul's offence continued to be red-hot the next day as they

whipped R A Steen 16-6 and the Dakota Lancers 18-3.

In the other pool, the East Selkirk Expos finished with a 3-1 record, defeating West St. Paul 16-7, Assiniboine West 12-6, and the Fort Garry Giants 10-8.

East Selkirk's lone loss was an 8-6 decision to Southdale.

In West St. Paul's other games, they defeated Fort Garry 18-13 and Assiniboine West 15-14 but lost 15-4 to Southdale.

Sport Manitoba announces scholarships

Staff

Sport Manitoba announced July 10 that \$19,500 in academic scholarships were awarded to 15 high school students, five university students, and four Manitoba coaches.

The awards included the Manitoba Foundation for Sports Scholarships, Bud Tinsley Sport Leadership Scholarship, Coaching Manitoba Bursaries, and Princess Royal Pan Am Scholarships.

St. Andrews' Cam Gayleard and East St. Paul's

Halle Dyck each received a \$500 high school scholarship while West St. Paul's Hayley Ward was awarded a \$1,000 university scholarship.

Gayleard will be attending the Canadain Men-

nonite University and playing volleyball while Dyck, a ringette player, will be attending the University of Manitoba.

Ward, who plays soccer, is a student-athlete at the University of Manitoba.

Marauders win 18U "AA" baseball city championship

By Brian Bowman

The North Winnipeg Marauders are the 18U"AA" baseball city champions.

North Winnipeg earned that title after defeating the Fort Garry Giants 5-2 in the city final on July 10.

"We didn't have any errors the whole game and the kids played great," said Marauders' assistant coach Gerald Hladun, who lives in Lockport."They came out with their bats right off the start and played a good defensive game. We didn't win a game against Fort Garry all season, going 0-2 against them and then we lost to them in the round robin."

The Marauders scored all five of their runs by the third inning. That's a great way to start any game.

"It was very important," Hladun stressed. "We talked to the kids right at the start, keep the chirping up and help the boys from the bench with yelling and screaming to get our bats hot right from the start. It kept Fort Garry quiet right from the start and they had a hard time hitting our pitcher."

Fort Garry had the bases loaded with one out in the final inning but failed to score.

Conner Hladun,

finished pool play with a 3-1 record.

North Winnipeg started playoff action July 6 with wins over the Red River Valley Pioneers (15-1) and the Tuxedo Lightning (15-5).

The next day, North Winnipeg was defeated 7-4 by Fort Garry but rebounded to shut out the Bonivital Red Sox 12-0.

Scoring 42 runs in those three wins was pretty impressive.

"During the regular season we would win two games and (then) lose two games," Hladun said. We were hot one game and then cold the next but (in the playoffs) we were swinging the bats right from the start and stealing bases."

During the regular season, North Winnipeg finished fourth in the eight-team league with a 10-7 record and 30 points. The Marauders were just a point back of the third-place Carillon Sultans and four behind co-leaders, Tuxedo and Fort Garry.

A big part of North Winnipeg's success was its offence. The Marauders scored a league-high 146 The Marauders, whose roster features Lockport's runs and had the largest run differential at plus-50.



PHOTO SUBMITTED

Conner Hladun, left, and his dad, Gerald, an assistant coach, were part of the North Winnipeg Marauders baseball team that won the 18U 'AA' city championship.

Dobresco first-round leader at Manitoba Men's Amateur

Staff

Austin Dobrescu sat on top of the leaderboard following his opening round 4-under 68 on Monday at the Manitoba Men's Amateur at Quarry Oaks in Steinbach.

Shilo's Dobrescu had a three-shot lead over Southwood's Colwyn Abgrall after the first round. They

were the only two individuals in the 80-player field to break par. Five golfers - Jay Doyle of Niakwa,

Justin Hayes and Mike Tibbs of Breezy Bend, Tyler Rolfe of Red Lake and Steven Young of St. Charles - were in a tie for third after carding one-over 73s.

Defending champion Justin McDonald shot an 11-over 83 which had him in a tie for 49th.

Local players' first-round scores included Elmhurst's contingent of Ben Bandura (78), Wesley Hoydalo (79), Brent Ingram (81), Brady Bandura (83), Adam Ingram (83), and Easton Donohoue (85).

The 72-hole event wraps up Thursday.

The field was cut down to the top 60 and ties after Tuesday's second round. The top seven players at the end of the four-day tournament qualify to represent Manitoba at the 2019 Canadian Men's Amateur Championship.

Langlais named to Canada's senior women's baseball team

By Brian Bowman

Brittney Langlais' amazing baseball story just added another impressive chapter.

Langlais is now a member of Team Canada's senior women's baseball team after attending a selection camp at Tourmaline Field in Okotoks, Alta. over three days last week.

"It's pretty cool," chuckled Langlais while on her way home Sunday afternoon. "My lifelong dream since I was a little kid was to play for Team Canada. It's pretty nice that I finally reached it."

Langlais, who lives in Garson, is the first Manitoban in almost 20 years to make the Senior Women's National Baseball Team.

She hopes to be a role model for young girls in the province.

"I think this will set an example for the rest of the girls in Manitoba that there is someone from Manitoba (on the national team)," she said. "It's really cool."

Twenty-four other athletes competed alongside Langlais for the 20 spots available on the team. Langlais earned her spot and will help rep-

resent Canada at the COPABE Women's Baseball World Cup Qualifier in Aguascalientes, Mexico from Aug. 18-25.

"I've been to Mexico for a vacation (before) so it's going to be really hot playing baseball there in August but it will be a cool experience," she said.

Canada, ranked No. 2 in the most recent WBSC Women's Baseball world rankings, is coming off a 2018 season that included a bronze medal at the WBSC Women's Baseball World Cup. "They're ranked pretty high," Lan-

glais said. "They usually come home with a medal."

Canada's roster features a great mix of 10 veteran players with plenty of international baseball experience while eight newcomers will be making their international debuts at the qualifier in August.

"It looks like it's going to be a really good team," Langais predicted. "All of the girls get along really well. Everyone bonds pretty good and we all know each other from playing against each other for a lot of years, so that's really good."

After the selection camp, Langlais' Manitoba U21 squad played a fourgame exhibition against Team Saskatchewan in Yorkton, Sask.

Manitoba, which won three of the four games last weekend, will compete at the 21U Baseball Canada Invitational Tournament which will be held in Ottawa, from Aug. 1-4.



Staff

The East St. Paul Aces are the 15U "A" city baseball champions after crushing the Maples Monarchs 16-5 in the championship game on July 10.

The Aces were a perfect 4-0 in pool play, de-

feating West St. Paul (8-5), the Macdonald Yankees (8-2), the Fort Garry Giants (15-5), and the Park City Wildcats (10-3).

In West St. Paul's other games, they blasted Fort Garry 15-0 but lost 12-9 to Park City and 14-8 to Macdonald.

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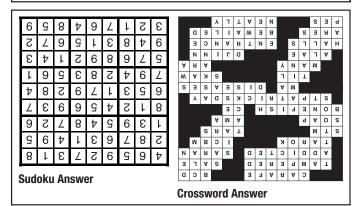




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OBITUARY



Tannis Claire Bateman (nee Benson)

On July 11, in Vancouver, surrounded by family and friends, at the age of 76.

Tannis was born and brought up in Selkirk, a place she still called "home". Tannis and Doug were married in 1964 and spent almost their entire married life in Vancouver.

She will be greatly missed by husband Doug; sons Chris (Teresa), Ian (Colleen); grandsons Jacob and Myles; sister Janet and brother Murray (Leslie); extended family and many friends. Service to be held in White Rock, B.C. at a later date.

OBITUARY

Gwendolyn Doreen Streich (nee Rutledge) On Wednesday, July 10th, 2019 with her husband by her side, Gwen Streich, aged 70 years of Clandeboye, MB passed away

after a battle with cancer. She is survived by Dale, her husband of 49 years; son Justin (Sandra); daughter Mandy; grandchildren Hannah, Jack and Robbie; mother Kristin Rutledge; brother Jeffrey Rutledge (Laurie); sisters Janice Janz (Denis), Grace Maier (Karl), Suzanne Rutledge and numerous nieces, nephews, and relatives. She was predeceased by her father Kenneth Rutledge.

Gwen was born in Gimli, MB on September 25th, 1948. She attended Selkirk Collegiate High School where she met her lifetime companion Dale. In 1969, she completed training as a Registered Nurse. Gwen and Dale were married in 1970 and began their family in Whitecourt, AB where Dale was posted with the RCMP. In 1977, they were transferred back to Manitoba and settled on the Streich family farm. Having always wanted to be a teacher, Gwen returned to university and graduated with a B.Ed. in 1988. As a teacher, she delighted in curious minds, taught in general education and resource settings, received several awards for her dedication and professional contributions, and retired in 2013. During retirement, she spent special times with family and friends, reading, gardening, canning, lawn-mowing, shopping, tending to her many pets, and surrounding herself with little angels.

The family would like to thank Dr. Czajka-Fedirchuk, Dr. Popowich, Nurse Navigator Rosentreter, and all the wonderful staff at CancerCare Manitoba in Winnipeg and in Selkirk Regional Health Centre as well as Gilbart Funeral Home for their care and

Donations in Gwen's memory may be made to CancerCare Manitoba www.cancerfdn.mb.ca or a charity of your choice.

Condolences may be left on Gwen's tribute wall at www.gilbartfuneralhome.com

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OBITUARY

Andrew James Hourie With great sadness the family mourns the peaceful passing of our beloved father, grandfather, great-grandfather, brother, uncle, and friend, on Sunday, July 7, 2019, at the age of 93 years.

Left to mourn his passing are his beloved children, Jacqueline, Tom, Yvonne, Don, Sheila (Brian), and Sylvia (Dennis); grandchildren, Earl (Tamara), Tyrone (Qualynn), Cory, Tanys, Tera, Clem, Melissa (Mike), Jennifer, Holly, Orry, Adam, Justin (Marina), Tanner (Amy), Destiny (Cody), Colton (Marlee), Kaylin (Cody), Jesse (Tessa), and Sara; great-grandchildren, Breeanna (Keith), Ondrea, Steven, Tannica, Dawson, Shayna, Lance, Elizabeth, Nevaeh, Tryce, Jailyn, Emily, Oakland, Orry Jr., Shade, Devin, Lexi, Brielle, Duke, Karter, Jaxon, Max, Alyssa, and Aria; sisters, Maggie and Gert (Douglas); brother Roy (Marilyn); numerous nieces, nephews, extended family and friends. Andrew

was predeceased by his loving wife, Helen; sons, Gordon, Bruce, and Brian, and daughter, Verna; grandson Daniel; parents, Bill and Daisy (Swan) Hourie; siblings, Mary, Winnie, George, Florence, John. Dorothy. Gladys. and Martin.

Andrew was born on December 16, 1925 on the blueberry hills in Thalberg, MB, where his family lived for most of his younger years, then his Dad bought some land in Stony Point, MB where the family home currently sits. Andrew had a strong work ethic right from a young age, he finished school in grade six to go to work to help support the family. Andrew had been around horses all his life; therefore forming a deep bond with the hard-working animal he loved to work with and enjoy. At the age of 14 he went on his own with a team of horses, nearly getting lost in the snow one winter near Devils Island. He came upon a camp where some fellows took him in and kept his team of horses warm and fed for the night. He worked in the bush from as near as his family home and surrounding areas, to the far north of Northern Lake Winnipeg, at the Spider Islands. This is where he met the love of his life, Helen, who worked as a "cookie" or kitchen helper. They married May 3, 1952 and had 10 children. Andrew was a commercial fisherman of Southern Lake Winnipeg most of his life, eventually retiring. Only Andrew could not sit still. He had to be doing something. He eventually started to cut wood, or "wooding" as his family affectionately called it, cutting down trees off his land to make firewood. He then started collecting scrap metal and anything that was worth taking in to Mandak. Andrew worked for as long as he could. In his later years his passion was cutting his grass with his riding lawnmower. He took great pride in his property and only when he was pleased with his work, or if it was raining, he would park the lawnmower and go inside. Up until last year, at the age of 92, Andrew was still cutting his grass. He was saddened when he could no longer do it.

Andrew received a Commercial Fisherman's Award from the Province of Manitoba as well as a picture from the Sgt. Tommy Prince family of the several awards that Tommy Prince received in his life. This was from a time when Andrew was up north working in the bush, whilst in the same camp as Tommy Prince. While horsing around in the bunkhouse, Andrew cut his arm on a window which severed a vein that kept bleeding. If not for Tommy Princes' quick thinking by making a tourniquet to stop the bleeding, Andrew may not have made it out of that camp alive. The family is forever grateful for Tommy Prince. This presentation by the family of Tommy Prince was captured during an interview by the media.

Above all, his greatest accomplishment was his family. Strong family values were a strong part of Andrew's life and he instilled those same values in his children who will continue on with the family legacy. Andrew was a very devoted husband. In later years he would drive his wife Helen to wherever she needed to go, not because she did not drive herself but because of illness. He drove to Winnipeg, Pine Falls, and eventually to Selkirk, three times a week for dialysis. At times sleeping in the vehicle until she was finished her treatment for the day.

Viewing was held on Monday, July 15th from 7:00 - 8:00 p.m. in the Gilbart Funeral Chapel, 309 Eveline St, Selkirk. Funeral service was held on Tuesday, July 16th at 11:00 a.m. also at the Chapel, with Reverend Mawejji officiating followed by a luncheon at the Patricia Beach Community Club.

Honorary Pallbearers were Roy Hourie Sr, Douglas Klatt, Simon Ateah, Doc Vezina, Charlie Wass and Bob Cook.

He had a special bond with his nephews Johnny Hourie and Chuck Sinclair. He was loved by not only his family but all in the community and surrounding areas.

Special thanks to Cassie McLean and Adele Duff during his stay in Pine Falls and to everyone else who was able to drop by and visit Dad while he was at home and in the hospital. There are too many to mention.

The family would like to immensely thank the doctors, nurses and staff of the Emergency Department, and Medicine Ward of the Selkirk & District General Hospital, Pine Falls Hospital, and Red River Place.

In lieu of flowers, donations may be made to a charity of your choice.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



