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THURSDAY, JULY 19, 2018

VOLUME 9 EDITION 29

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## Rolling in style

RECORD PHOTO BY BRETT MITCHELL  
Classic cars and floats make their way down Manitoba Avenue during the Selkirk Biz Fair and Rodeo Parade in Selkirk last Saturday morning. For more coverage from the Triple S Fair and Rodeo, see Pages 3, 4 and 12.

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

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# Rockin' on The Red



**RECORD PHOTOS BY BRETT MITCHELL AND JUSTIN LUSCHINSKI**  
The sixth annual Rockin' on The Red festival, in support of the Children's Rehabilitation Foundation, returned to Lockport's Half Moon Drive in last Friday and Saturday. The free two-day celebration, to help mark Half Moon's 80th anniversary, was filled with music, food, fireworks and family activities.



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# Riding high at the rodeo



RECORD PHOTOS BY ROBERT E. WILSON AND JUSTIN LUSCHINSKI Selkirk Park played host to the Triple S Fair and Rodeo last Friday, Saturday and Sunday. The annual event featured children's activities, Wild Dogs performances and plenty of rodeo action.



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# Picture perfect parade



**RECORD PHOTOS BY BRETT MITCHELL AND JUSTIN LUSCHINSKI**  
 Hundreds of Selkirk and area community members lined the streets of Selkirk for the Selkirk Biz Fair and Rodeo Parade under sunny skies last Saturday morning.





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# Opening of Starfighter Museum brings back memories for pilot

By Justin Luschinski

Klaxons blared as the flight crews scrambled to their positions, a crewman wheeled a ladder in so a pilot could board his Starfighter plane. Over the intercom, you could hear someone shouting "Snowball! Snowball! All personnel, report to your place of duty, immediately."

The Canadian Starfighter Museum unveiled their displays last Thursday with a demonstration of flight personnel preparing a fighter jet for takeoff.

The museum, which is located at St. Andrews Airport, aims to showcase Canada's involvement during the Cold War, centred around the CF-104 Super Starfighter aircraft.

William "Billy" Best, a veteran from the 427 "Lion" Squadron, said that hearing the jet engine roar brought back a lot of memories.

"I was telling a couple of the other guys, this (presentation) caused a lot of stirring among the pilots," Best said. "I can't describe it, it's just eye watering. I just hear the sound of the engine, the 'whooooo,' and it brings back a lot of memories, all of them good."

Best served in the Canadian military from October 1965, till the summer of 1969. He said the Starfighter was the best plane he ever piloted. He walked around and posed for some pictures, and met up with his old squadron to sing a rendition of "Us Magnificent Men and Our Flying Machine" last week during the roll out ceremony for fully restored CF-104 Starfighter.

St. Andrews Mayor George Pike says he's proud to have this display in the RM.

"I thought (the presentation) was



RECORD PHOTOS BY JUSTIN LUSCHINSKI

William "Billy" Best, pictured third from right, above, sings with his former squadmates at the Canadian Starfighter Museum, pictured below, unveiling last Thursday at St. Andrews Airport. Best flew the CF-104 Super Starfighter aircraft from October 1965, till the summer of 1969, defending Canada during the Cold War.

wonderful, the (snowbirds) that flew over us, that was a very nice touch," Pike said. "We hope to have a lot of visitors here, we're very proud of these gents, and we thank them for their service.

"Overall we're very pleased they decided to come here, this museum is going to be a national attraction, right here in St. Andrews."

The first CF-104 Super Starfighter Aircraft flew off the runway on June 12, 1961. It was frequently used

by NATO forces during the Cold War, being one of the first Mach 2.2 planes, and it was the only aircraft to hold three world records simultaneously.

For more information about the Canadian Starfighter Museum, visit [canadianstarfightertermuseum.ca](http://canadianstarfightertermuseum.ca).



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# Local musician earns second African film award nom

By Kaitlin Vitt

It started with a polka. The first time someone asked Tom Koroluk to record music professionally was for Selkirk's Troyanda Ukrainian Dance Ensemble. It was fitting for Koroluk, 56, since he has a Ukrainian background — the first instrument he learned to play was the accordion. Flash forward a number of years later, and Koroluk's score he wrote for the 20-min film "Mo" is nominated for the Africa Magic Viewers' Choice Awards, what Koroluk called the most prestigious television and film awards in Africa. This is the second time the St. Andrews local is nominated for the awards in the best soundtrack category after receiving a nomination last year for his work on the film "Oloibiri."

Though Koroluk has been a musician his entire life, he started arranging and recording music full time a few years ago after his retirement. "My job is to make (films) sound like Hollywood," Koroluk said. He starts work in his house's basement studio at 7:30 a.m., putting in a full eight-hour day. Besides recording music for films, he also works for local bands. He found out about this year's nomination for "Mo" after he performed with Russell Lee at Dauphin's Countryfest. Koroluk was eating dinner when he received the news. "I went, 'Oh my god, I've been nominated for another movie again,'" he said with a laugh. When creating music scores for



films, which consists of writing and recording music using digital samples of instruments and effects on his computer, Koroluk will watch the movie about 15 times. He has to figure out

**RECORD PHOTO BY KAITLIN VITT** St. Andrews local Tom Koroluk writes and records music for film, television and bands in his basement studio.

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what the film is about, understanding characters and moments to emphasize.

"Mo" is about prostitution, focusing on the main character of the same name and her attempt to escape the sex trade. Koroluk describes the film's score as moody and ambient.

Koroluk, who listens to all genres of music, said he approaches writing music in different ways, depending on the film. Sometimes he has an idea in his head, other times he'll play around on his keyboard until he finds a melody he likes.

To demonstrate, Koroluk pulls out the keyboard underneath his desk, which is covered in recording equipment and three computer screens. He selects the option to have the keyboard's notes sound like a bass violin. He plays, the notes low and long. He changes the setting to something more electronic, the same key producing a sound like that of a fast heartbeat.

He clicks a couple more times on the computer then plays the keyboard again, this time producing a classic piano sound. He makes up a melody on the spot — something suspenseful, as if you're having the realization a loved one committed a crime. Then he plays something more upbeat and lighter, as if you're spotting a familiar and welcome face.

With so many options of sounds, the task of recording an entire film score — plus mixing all audio, including dialogue — can seem daunting, but Koroluk welcomes it.

"This is what I love to do," he said. "This is not work to me."

Like last year, Koroluk won't make it to the awards ceremony, taking place in September, because he has many projects coming his way.



# Rock the Waterfront returning to Selkirk this Saturday

Submitted

The City of Selkirk's Rock the Waterfront event on Saturday, July 21 now has some more rock, some bounce and it'll even turn back time for a little bit.

The event, originally scheduled to run from 7 p.m. to 10 p.m. and feature tributes to The Tragically Hip and Guns and Roses, will now begin at 4 p.m. and include local acts as well as the Cher tribute that were postponed on Canada Day due to inclement weather. A miniature Kidzone, featuring bouncers, will also be available for the young ones.

Selkirk Mayor Larry Johannson said he hopes everyone will be able to come out and enjoy the free festivities. "I know that everyone looks forward to Canada Day every year and we were so disappointed when the weather forced the postponement of the entertainers that day," Johannson said. "We can't do anything about Mother Nature, but it's important to us at the city to do what's within our power to bring

these events back and let the people come out and enjoy a day at the Waterfront."

Vanessa Figus, Marketing and Communications Co-ordinator for the city, said they were able to rebook portions of the Kidzone as well as Turn Back Time, the Cher tribute, but Jukebox Hero's were booked and couldn't make it for the rescheduled date.

"The Rec Complex will be used if there is indication of poor weather, but that decision has to be made by 9 a.m., to allow time for set up. If there is no indication that morning that weather will be bad, set up will commence at the Waterfront," Figus said.

The extended version of Rock the Waterfront is the second last Waterfront Concert Series of 2018. The final show moves from the traditional Saturday night to Friday night, Aug. 10, and will feature British Invasion, with tributes to the Beatles, Stones and Bowie. It's a 7 p.m. start, and we hope to see you there.

# RBC Olympian to make pit stop at Locks Market this Sunday

Submitted

The RBC Mobile Truck will be making its first ever appearance in Manitoba, joining 40 vendors on site at Skinner's Locks Market this Sunday.

Visitors will have an opportunity to meet RBC Olympian Tyler Mislavchuk, who hails from Oak Bluff, Manitoba. Tyler is currently ranked 10th on the ITU World Triathlon Series, and is the top performing Canadian male so far this season.

The 23-year-old made his Olympic debut in Rio 2016, and his recent

achievements include a breakthrough podium finish at a triathlon World Cup event in Belgium.

RBC will be also be offering a chance to win a trip for two to see a Live Nation-promoted concert in any Canadian city in 2018.

Skinner's Locks Market runs Sundays from noon to 5 p.m. and is located in the lot north of Skinner's World Famous Hot Dog Restaurant on River Road in Lockport - right across from the historic St. Andrews Locks and Dam.

# Jet Set Satellite to headline first Toba Rock Fest in St. Andrews

By Kaitlin Vitt

For those ready to rock, there's a new festival in town.

The Toba Rock Fest on Saturday, Aug. 11 in St. Andrews will feature Manitoba acts, including headliners Jet Set Satellite. The band, popular in the early 2000s on MuchMusic, is playing the festival as a comeback show, said event organizer CJ Loane.

Loane, singer and lead guitarist of The Bloodshots and educational assistant, assures people you don't have to be the biggest rock fan to enjoy the festival.

"People go for the atmosphere," the 33-year-old said. "It's the festival feel, the outdoors, the summer."

Loane said he saw a void in the music festival scene in Manitoba. There are festivals featuring classic rock, folk and country music but nothing for pure rock 'n' roll. The idea of starting an event came to him a few years ago, and after brainstorming with some friends, they decided on Toba Rock Fest.

It's something to bring people together from Winnipeg, Selkirk and surrounding areas, the Selkirk resident said.

Manitoba's Torque Brewing, the main liquor sponsor, is putting on a team beach ball beer pong tournament, with a cash prize of \$200. The festival will also have vendors selling local goods and food.

Loane said he hopes 1,000 people attend this year's event, running from noon until midnight. The goal is to one day have the festival the size of Dauphin's Coun-



SUBMITTED PHOTO

Selkirk resident CJ Loane, member of The Bloodshots, is organizing the first Toba Rock Fest on Aug. 11 in St. Andrews.

tryfest.

"When (Dauphin's Countryfest) started, it was a small stage," Loane said. "It had a couple decent up and coming acts, and look what it's become over the years."

Toba Rock Fest will take place at 6556 Highway 8 at Donald Road. Tickets for the rain-or-shine event are \$40 and available at tobarockfest.com or at The Merch in Selkirk.

## Notice of Environment Act Proposal

Manitoba Sustainable Development has received a proposal pursuant to The Environment Act regarding the following operation and invites public participation in the review process:

### RURAL MUNICIPALITY OF ALEXANDER - TRAVERSE BAY BOAT LAUNCH - FILE: 5977.00

A proposal has been filed by the Rural Municipality of Alexander for the construction, operation and maintenance of a boat launch on Traverse Bay in W 30-19-8E, south of Traverse Bay Road East, and with access off Traverse Bay Road North using an existing access road. The facility would include a launching ramp and adjacent dock, and rockfill groynes north and south of the facility to provide shelter from wind and waves. The area within the groynes would be excavated to provide a water depth of 1.25 m at the ordinary high water level of the bay. Inwater works would be constructed and maintained under frozen conditions in winter. The facility is anticipated to be constructed in the fall of 2018 and winter/spring of 2019.

Anyone likely to be affected by the above operation and who wishes to comment on the proposal should contact Bruce Webb, Environmental Engineer, in writing or by email at [bruce.webb@gov.mb.ca](mailto:bruce.webb@gov.mb.ca), not later than August 17, 2018. Further information is available from the Online Public Registry: [www.manitoba.ca/sd/eal/registries/index.html](http://www.manitoba.ca/sd/eal/registries/index.html)

Information submitted in response to this proposal is considered public information and will be made available to the proponent and placed on the public registry established in accordance with Section 17 of The Environment Act.

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## I caught a fish, I caught a fish!

Hello my friends.

Some of us, as time goes on, forget how alive we felt when we used to play in our creeks, rivers and lakes where we grew up. As kids splashing in the warm, summer waters we saw the beauty of waves lapping on our familiar soft, sandy shores. Now, the quickness of adult life has perhaps made us see our waters as something put our boats on, to scuba dive in, to fish in, to sun bath beside or take a quick dip in. Constantly though, I am fully brought back to the living beauty of our waters with their sometimes grey flat glass like surface, or wind driven ripples, or rolling high waves in red-grey muddy river water or the deep blue or near crystal clear lakes.

Such a reminder came to me through the eyes of Marles Cyr, her husband, Francois and their young daughter, Christina, whom I met by the Red River near Selkirk not long ago. They were from Steinbach and loved to be out with nature. They sat on folding chairs, fishing rods in hand watching the endless slow flowing of the Red River water glide past them. The sun reflected off its small waves as calling seagulls dipped from the sky after minnows. The smell and rustling of river bank grasses and trees that leaned over the water was everywhere. I had broken their serenity by slowly and casually walking up to them and asking, "Well, did you catch anything?" Marles replied with a quick ready smile, "Yes, I am the only one who did." The family and I began trading outdoors stories that happened at different waters we had enjoyed. In time, Christina, now an attractive, athletic young lady with an engaging smile and thick brown hair offered a fishing experience she had years ago when the family had gone camping at Dorothy Lake in the Whiteshell. She wanted to try fishing



**RECORD PHOTO BY ARNIE WEIDL**  
Marles Cyr of Steinbach with her catch from the Red River by Selkirk.

for the first time and was given a long rod normally used by adults. Marles and Christina walked out to the end of the wooden dock and mom baited her hook then helped by casting out for her. Marles went back to shore to join Frank while Christina sat down on the planks of the dock in the sultry, still, sunny afternoon holding her rod, occasionally toying with it in an up and down fashion. Now as we all know fish like that up and down movement of a minnow, especially if you are a hungry averaged sized jackfish. Suddenly little Christina's rod end pulled down but since it was so long she was able to hang onto it. She sprang to her feet crying out, "I caught a fish, I

caught a fish" and began reeling in! It wasn't long before the jackfish came close to the pier swimming just below the surface where Christina could see her prize. Frank, all smiles with pride in his daughter, got up and walked quickly down the pier to help her as the hapless jack was sprung up onto the pier by the rods flexing and Christina excited jumping about. That day, Christina was the only one that caught a fish for supper.

I got a bit of a surprise as I drove up onto the Hnaua pier last Friday. Before me at the end of the pier were a number of bikers. Their bikes at rest, they were standing around talking amongst themselves in the windy sunny afternoon. I walked over to them after visiting with other anglers on the pier and struck a conversation with them. It seems their group, the TNR, was on a short trip to make sure their bikes were working well in preparation of a longer fund raising benefit trip this week. Naturally I asked if anyone had a fishing story for us and one thin, fit friendly chap with dark slightly graying hair came forward with a story from his youth. His name was Dennis Zaboroski from Winnipeg Beach and when he was younger he lived in Riverton. He recalled when he was a kid the fishing in the Icelandic River was as good as it gets. There used to be a mink ranch south of town by the river and occasionally the workers would toss the left over mink feed into it. The minnows loved that feed, however nature being what it is and the larger fish loved eating the minnows. Dennis and his friends would make hooks out of safety pins, use string for a line, a willow sapling for a rod and fish off the bank by the mink ranch catching all kinds of fish every day! Dennis loved that Icelandic River and his boyhood time with it!

See you next week, bye now.

**View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)**



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

**TROUBLE WITH PAPER DELIVERY?**

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# Public forum explores questions surrounding cannabis

By Caitlyn Gowriluk

Approximately 100 people attended a public forum in Winnipeg last week to hear from panelists about some of the legal, health and business implications of the upcoming Oct. 17 legalization of recreational cannabis.

The event was an example of the kind of public discussion that will be necessary to help people make informed decisions about cannabis once it's legalized, said Marion Cooper, executive director for the Canadian Mental Health Association in Winnipeg and Manitoba.

"We need to be proactive. It's not saying 'no' to cannabis. It's saying make informed decisions and have accurate information," said Cooper. "This kind of event needs to happen weekly, because people do want to have the information. We need to think of a whole range of ways to get good information, accurate information, out to ensure that we are giving Canadians and Manitobans the information that they need to have conversations around the family dinner table."

Cooper said the Canadian Mental Health Association hopes to advance research about the potential impact of cannabis on mental health, and how to best design proactive support and treatment services, particularly for youth and heavy users.

"We still don't know an awful lot about the long-term impact," said Cooper. "Whether that's in a workplace, or in the context of schools, or neighbourhoods, or communities, or how things are going to be sold, we need to be thinking about how to promote and protect the health of citizens."

While recreational cannabis will



Seven panelists, pictured left, gathered at the Centre Culturel Franco-Manitobain in Winnipeg on July 10 to discuss the upcoming legalization of cannabis in Canada. Winnipeg radio host Ace Burpee, pictured right, served as the emcee for the public forum.



RECORD PHOTOS BY CAITLYN GOWRILUK

soon be legal in Canada, that doesn't mean people will be allowed to drive while under the influence of the drug, said Winnipeg Police Service Const. Jason English.

"The perception seems to be that cannabis is less impairing [than alcohol]," said English. "The large message that we want to convey as the police [is] we're not judging consumption of cannabis. I'm judging your collision decision. And making the decision to drive a vehicle while you're impaired by any drug is a poor decision."

The legalization of recreational cannabis will bring with it the introduction of three new offences for driving while under the influence, including a new summary conviction offence and two new hybrid offences, said English.

While cannabis consumption doesn't affect the body in the same way as alcohol consumption, it can still impair

judgment, he said.

"Social messaging and education is the most important perspective here," said English.

The event was organized by the Manitoba Schizophrenia Society, and hosted by Winnipeg radio personality Ace Burpee.

Other panelists included Dr. Ginette Poulin from the Addictions Foundation of Manitoba, Dr. Daniel Sitar from the Alzheimer's Society of Manitoba, Nadine Sookermy from the

Women's Health Clinic and Wendy Hofford from Wendy Hofford Leadership Training & Consulting.

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# Donors help Project Echo exceed \$140K fundraising goal

By Justin Luschinski

A long list of donors and sponsors have stepped up to help the Rotary Club of Selkirk's Project Echo surpass its \$140,000 fundraising goal.

To date, the fundraising campaign has raised a total of \$214,939.19. The money will go towards purchasing an Echocardiogram, a medical system that can diagnose and monitor heart conditions, for the Selkirk Hospital. The local rotary club along with local and area donors gathered at the Selkirk Golf and Country Club last Monday to celebrate this milestone.

"With your contribution, you've helped save lives," Dr. Daniel Lindsay, director of diagnostic services and chief of staff at the Selkirk Regional Health Centre, told donors last week.

The Selkirk Rotary Club pledged to raise \$140,000 towards the new machine, and so far they've exceeded that pledge by \$70,000.

Organizations from across the Interlake contributed to the campaign, including the Selkirk Legion, Ladies Auxilliary and the Army Navy and Airforce Veterans Unit who contributed \$10,765 in total. The Selkirk Regional Health Centre gift shop also raised \$25,000 towards the project. A



**RECORD PHOTO BY JUSTIN LUSCHINSKI**

Local leaders along with Project Echo supporters and contributors gathered to mark a fundraising milestone at the Selkirk Golf and Country Club last Monday.

long list of RM and town councils also contributed more than \$50,000.

Gayle Halliwell, a Rotary Club of Selkirk member for nearly 25 years and co-chair of the Rotary Club's Project Echo, thanked everyone for their contributions.


"We've exceeded our goal by almost \$70,000. Thank you very much for that.

Thank you for contributing, thank you for all the support we've received," Halliwell said. "Our next goal is to have some discussions with (the hospital), and find out what can we buy with our contribution."

An Echocardiogram creates a specialized ultrasound of a heart. Echocardiography, or "Echo" for short, pro-

vides a way to diagnose and monitor heart conditions. It uses sound waves to create a picture, which can allow doctors to see things such as viral infections and artery diseases.

Those seeking more information about Project Echo can visit [selkirkrotary.ca](http://selkirkrotary.ca).




# RODEO DAYS

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# Local writer returns from Ukraine with a lifetime of memories

Kaitlin Vitt is a writer from St. Andrews who has been a Ukrainian dancer for 20 years and an instructor for seven years. In 2010, she joined Troyanda Ukrainian Dance Ensemble based in Selkirk. Since then, her group has travelled and performed in Canada, Croatia, Hungary, Austria and Ukraine, where Kaitlin has spent months studying dance and culture. Below is her first person account of her journey through Ukraine.

By Kaitlin Vitt

Twenty-five people gather around the dinner table. Some we know, some we just met, but now we feel like family, singing and laughing the night away. We lost count of the number of courses we had, and the number of shots.

The drink pourer for the night pulls out another bottle of samohon (homebrew), so we place our glasses on the table. I'm sure to leave no space between the table and my glass, otherwise an evil spirit may come underneath the glass and steal my soul. We cheers without our arms crossing the person beside us and while looking into each other's eyes, again, to avoid bad luck.

This is how I spent what felt like every second weekend in Ukraine, celebrating special days like Christmas, Easter and birthdays. I moved to Ukraine in August 2017 to study Ukrainian dance, culture and language with a program organized by Cobblestone Freeway Tours. I trained with professional ensembles, even performing a few times, and lived in Kyiv, Lviv, Chernivtsi, Lutsk and Poltava for two months each.

But the language, culture and dance lessons didn't stop there. Excursions throughout the year took me to villages and cities, including Tulova, Vashkivtsi, Zaporizhia and Kropyvnytskyi, where some say Ukrainian stage dance originated.

I started Ukrainian dance when I was five, which got me interested in Ukrainian culture. After graduating with a science degree in 2015 and from a journalism program in 2017, I thought it was time to focus on my passion for Ukrainian culture, so I moved to Ukraine.



SUBMITTED AND RECORD PHOTOS BY KAITLIN VITT

ABOVE: Kaitlin Vitt performed with the Poltava Song and Dance Ensemble in June on the Day of Halushky, a holiday celebrating the culinary dish the area is known for. ABOVE RIGHT: People travel from all over for the Malanka festivities in Vashkivtsi to see Ukrainians dress up in costume, put on performances and play tricks. RIGHT: The children in the village Tulova showed us how to play some games, like one similar to duck, duck, goose.

People, especially Ukrainians, often questioned why I wanted to live there. But what they saw as deterrents were the exact reasons I wanted to be there. Being in a country where there's an ongoing war showed I have hope for Ukraine and its people. Living where people say systems like the government and education are corrupt, where the pay is low, and where the roads are terrible reminded me to take nothing for granted.

Plus, the people are the most hospitable I've ever met. Locals invited us



to their homes and celebrations, and after an evening of socializing, they'd check in with us — multiple times — the next day to see how we were. Ukrainians value their time with each other. They set aside time to spend with loved ones, even if it's just a few minutes before going to their next commitment, and that's something I want to continue in my Canadian life.

I also want to adapt Ukrainians' sense of time, or rather lack of sense of time, creating a more laid-back lifestyle than that of Canadians. In Ukraine, a meeting at six may be closer to seven, if at all. An hour gathering may turn into three because one conversation leads to another or because people are simply enjoying your presence.

That's not to say I'll start showing up late everywhere, but I'll be more understanding if schedules change or if people cancel plans.

After being in Ukraine nearly 11 months, I'm living proof of the "memories to last a lifetime" cliché. I have countless stories, from struggling with the language (still nowhere near fluency) to wild celebrations like Malanka (Orthodox New Year) to meeting lifelong friends while exploring the cities. Like any country, Ukraine isn't perfect, but we have things to learn from it, starting with showing pride in our own culture.

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# Communities in Bloom 2018

Here are some of the judge's observations from 2017 in the Floral Displays Category:

Selkirk has some beautiful floral displays.

The Legion has a lovely lily display in front of their building, also a raised flower bed with annuals and perennials. The bed is well maintained and plants are healthy and thriving. There is a beautiful display of red and white petunias in a pot at the entrance to the Legion. The Red Feather Farm Garden has a beautiful variety of annuals, perennials, fruit trees and shrubs. Red Feather is blessed to have June Minish as one of the keepers of the garden. The use of wood chips was visible in many places we toured. It is a great ground cover, easy to walk on and is bio-degradable.

Selkirk and Area Horticultural Society volunteers do a marvelous job of looking after the Community Perennial Garden on Main Street. They have a "Monarch Waystation" and we spotted one Monarch larva munching on the Milkweed.

City of Selkirk and their residents should be extremely proud of this beautiful city. The work of all the volunteers was very evident everywhere we went.

If you would like to vote for a Yard of the Week or a Commercial Property of the Week please visit the Customer Service counter at Home Hardware Selkirk and fill out a ballot.



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## Hats off to Rodeo Days



RECORD PHOTOS BY JUSTIN LUSCHINSKI

Children at Selkirk Friendship Centre Daycare take part in the third annual Selkirk Biz Rodeo Days competition with their Western themed outdoor display. The daycare has won first place in three different categories the past three years for their tremendous efforts.



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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## Making a family move easier

Whether or not to relocate can be a difficult decision. Sometimes such decisions are borne out of necessity when a parent is relocated by his or her company. Other times it is a personal reason to try out a new neighborhood or upgrade to a larger home. Whatever reason is behind a move, it can take some time to adjust to both the idea of moving and the new living space - especially for children who may seem disconnected from the decision. The following tips can make the transition a little easier for families.

### Talk about it

Do not blindside children with a move. Begin having conversations as a family as soon as the possibility of moving arises. Involve the children in some of the decisions. Ask about the features they want to see in their new

home. Explain that people, be it prospective buyers, real estate agents or movers, will be visiting your current home and that this may be a little disruptive. Talk about the reasons for the move, such as a new job or that the family has outgrown the space. Kids can process much more than many adults give them credit for.

### Discuss any concerns

Children may have concerns about the move that differ from adults'. Many of these may pertain to fears about making new friends or coursework at a new school. Let them voice their opinions. Removing some of the mysteries by visiting schools or local hangouts before the move is made can assuage some fears.

### Create some familiarity

Set aside boxes or bins that will

house kids' toys or things that the family recognizes. These may include photographs, games, throw blankets, or the creature comforts of home. Make these the first items that are unpacked upon moving into the new house.

### Use the agent as a resource

Many real estate agents live in the towns where they make their living. Find out if the agent can set up a meet-and-greet or if he or she knows of any clubs or leagues that suit your family's interests. Making a few introductions ahead of time will give children and adults some familiar faces on their first days in their new home.

Families shouldn't shy away from making their own introductions as well. Knocking on a few neighbors' doors and letting them know a new family is coming to the street can pave the way for familiarity and friendships.

### Stay in touch

Encourage children to stay in touch with their current friends. Video chat enables kids to see and speak with peers. When things settle after the move, arrange for a surprise play date where children can introduce their old friends to newer ones.

### Stick to a routine

One of the ways to breed familiarity is to stick to the same routine. If a big Sunday family dinner was the norm, continue the tradition in your new home. Wake in the morning and go to bed at the same time. According to Vanessa Lapointe, a registered psychologist in Surrey, British Columbia, structure and routine are key for children. Try to focus on one new thing at a time to minimize stress.

Moving can be exciting and scary at the same time. Children may be anxious about the process, but families can work together to iron out the kinks and settle into their new homes successfully.

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# Your Local Community Home Real Estate Section

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## Types of firepits for your backyard oasis

Outdoor entertaining areas are popular among homeowners, and firepits are one of the most sought-after additions to such spaces. In fact, a 2016 survey from the American Society of Landscape Architects found that fireplaces and firepits were the most popular outdoor design element in 2016. Various styles are available to homeowners who want to add firepits to their backyards, and choosing the right type may come down to budget, the amount of yard space available or even personal preference.

- **Wood firepit:** As their name suggests, wood firepits burn wood, which may appeal to homeowners who already have wood-burning fireplaces inside their homes. Because they don't require homeowners to tap into gas lines, wood firepits are generally easy to set up and install, and many homeowners prefer the aesthetic appeal of crackling wood and flames that's synonymous with wood firepits.

- **Gas firepit:** Gas firepits are touted for their convenience, as they don't require homeowners to carry wood and build fires. Upon being connected to a gas source, gas firepits provide fire at the click of a switch. Gas firepits are also appreciated for their safety, as there is little or no risk that





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flames from gas firepits will grow too large and become difficult to control.

- **Gas fire tables:** Gas fire tables might be ideal for those homeowners whose sense of decor favors more modern looks. Gas fire tables come in a variety of shapes and sizes and, like gas firepits, there's no need to struggle with lighting a fire or carrying firewood.

- **Tabletop firepits:** Homeowners, condominium or apartment dwellers with limited backyard space may want to consider the convenience of tabletop firepits. Restaurants may use tabletop firepits in their outdoor seating areas because they provide warmth and ambiance without taking up much space. Tabletop firepits fueled by gas will not need to be connected to a gas source, which may appeal to consumers who want something that's simple as well as small.

- **Fire urns:** While they might not technically qualify as firepits, fire urns provide a similar effect as firepits. Fire urns are typically gas-powered and may be an ideal choice for homeowners who are looking for a unique, awe-inspiring feature for their outdoor entertaining areas.



# Your Local Community Home Real Estate Section

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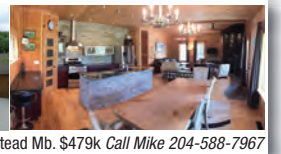
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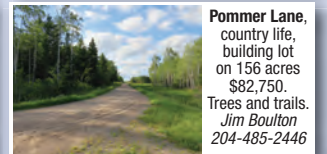


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# Your Local Community Home Real Estate Section

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## Potential Indicators of Roof Trouble

With regard to home repairs, homeowners may be able to delay some projects until the weather permits or they find room in their budgets. But other areas, including the roof, may demand immediate action.

Few homeowners give the roofs of their homes much thought until a problem arises. But learning to recognize potential indicators of roof trouble can help homeowners prevent potentially drastic situations down the road.



- **Light:** Homeowners with attics in their homes can inspect the ceilings inside the attic for signs of holes or leaks. Light peering through the top of the house indicates a hole or leak, as does stains or streaks on the ceiling.

- **Worn shingles:** Shingles should lie flat against the roof, so any that appear to be buckling or turning up are damaged and in need of repair. A single damaged shingle does not require a full roof replacement, but inspect all the shingles nonetheless. Another indicator of shingle problems can be found when cleaning downspouts or gutters. If the gutters and downspouts contain lots of shingle granules, the roof may soon need to be replaced.

- **Moss:** Moss on a rooftop may give a home character, but that added character is costly. Shady areas of a roof can be susceptible to the growth of moss and fungi because moisture can be trapped in such areas. If possible, remove moss or fungi from a roof with a stiff brush or hire a professional to do the job instead. Moss may come back even after brushing it off, so homeowners should keep an eye on areas of their roofs that get little sunlight. In addition, trapped moisture can be very harmful to a roof, so it may be wise to exercise caution and have roofs with mold or fungi growths inspected.

- **Age:** Another indicator of roof trouble may be the age of the roof. Even if there are no visible signs of damage, homeowners whose roofs have some years under their belt may want to consider replacing them. Asphalt shingle roofs typically have life expectancies of 20 to 25 years, while roofs installed over existing layers of shingles may need to be replaced after 20 years.

Recognizing minor roof damage before it escalates into a larger problem can save homeowners substantial amounts of money.

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# Retired dentist reflects on 'life changing' volunteer trip to Africa

By Justin Luschinski

A retired Selkirk dentist says his trip to southern Africa to offer free dental work to children in need last summer was "life changing."

Ronald Isfeld retired from his private practice two years ago. But after nearly a year of retirement, he was invited to fly to Zambia to perform free dental work with Village of Hope, which provides education and health care to children in need.

Many of the children there had rotting and infected teeth, which required extensive work, and without treatment, those children could become seriously ill or die.

Isfeld said if he was given another opportunity to go, he would do it all over again.

"It was an emotional experience ... it was such a life changing altering experience," Isfeld said. "Here we're so hung up on things, whether you have perfectly white teeth or whatever. (They're) worried about whether they have food on the table that week, never mind that day."

Isfeld said it was a wonderful experi-



SUBMITTED PHOTO

Ronald Isfeld, pictured left, performs dental work on a child from Zambia, Africa in this 2017 photo. Zambian dentistry isn't as advanced as Canadian medicine, and there are very few dentists in the area. As a result, many children required extensive dental work.

ence, but he admitted there were a few scary moments.

Once the team made it into Zambia, airport security started going through

their equipment, asking how much it was all worth. Security intended to tax the dental equipment, which collectively was worth more than \$60,000.

Luckily, one of the dentists was from Zambia, and was able to get the team past security with a much smaller bribe.

Isfeld said once he arrived, he was a little nervous that he was out of practice.

"I was kind of concerned, I had not done (dental) work for a year and a bit then. What's this going to be like? But it was really was like riding a bicycle, for us it was basic dentistry, we weren't doing complicated cosmetic work," he said. "So the first hour I was a little concerned, but once you get into it, it was fine."

Isfeld said they had to improvise quite a bit, as they didn't have all the equipment and materials they would have at a Canadian dental office. Some tools found multiple uses, and they had to use whatever materials were available to them.

Isfeld went on the trip on July 15, 2017 and returned on August 3 of that same year. He said they screened about 800 kids, and treated about 450. Twenty five per cent of the children screened required extensive dental work.

## Municipalities working together to bring fibre optics to their communities

Submitted

The potential to have fibre optics in the municipalities surrounding Winnipeg is getting stronger, as leaders in the Winnipeg Metropolitan Region (WMR) continue to advance the cause through JohnQ Public Impact Incorporated, the recently established, municipally owned development corporation created to undertake collaborative projects that benefit all communities.

"In order for us to attract and keep progressive, innovative and creative people, businesses and organizations in our communities, we need to provide the high speed, reliable access to the internet that they require," says Brad Erb, Chair, JohnQ.

Leaders in the region are in discussions with the Federal Government and the Province of Manitoba, working to tap into funding earmarked for infrastructure projects like these, based on a 1,500 page feasibility study, commissioned by JohnQ that outlines the required systems and costs down to the households in each municipality.

"There are two components to the infrastructure outlined in the business case," says Colleen Sklar, Executive Director, WMR and JohnQ. "A Fibre Optic backbone that connects the participating municipalities that would be planned, built and owned collectively; and each municipality's unique con-

nection from the backbone into their communities, or the last mile, as we work to achieve funding confirmation for the shared infrastructure, we are also looking at funding models available for each municipality to ensure the last mile is achievable and affordable for those who choose to have access, when they are ready."

Fibre Optics is the gold standard for connectivity that is typically only provided by internet service providers where there is enough population density to support their business models.

On their own, smaller communities can't afford the infrastructure required.

In the feasibility study, municipalities would build and offer the service to residents, businesses and organizations in a similar way in which other mu-

nicipal services are delivered.

JohnQ member municipalities will continue to meet throughout the summer and fall to explore all options available. Participating communities include: RM of East St. Paul, RM of

Headingley, RM of Macdonald, RM of Ritchot, RM of Rockwood, RM of Rosser, RM of St. Andrews, RM of St. Clements, RM of St. Francis Xavier, RM of Taché and the RM of West St. Paul.

## Rock The Waterfront

The Selkirk Waterfront | July 21st 4:00 pm

EVENT CHANGED TO INCLUDE SOME CANCELLED CANADA DAY ENTERTAINMENT

Kids Zone (4-8) Bouncers

Food Vendors (4-11)

4:30 - 5:00 Meghan Mowatt

5:00 - 5:45 Double Bourbon

6:00 - 6:45 Turn Back Time "Tribute to Cher"

7:00 - 7:40 R&R The Band

7:50 - 8:30 November Underground

8:30 - 9:30 Incredibly Hip "Tribute to the Hip"

10:00 - 11:00 Rattlesnake Suitcase

"Tribute to Guns n Roses"

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# get inspired

> MEAL IDEAS

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## Beef and Vegetable Soup

Recipe courtesy of Cans Get You Cooking  
Servings: 6  
1 tablespoon vegetable oil  
1 pound lean ground beef

- 1 medium onion, diced
- 2 garlic cloves, minced
- 1 can (14 1/2 ounces) low-sodium beef broth
- 1 can (14 1/2 ounces) sliced carrots, drained
- 1 can (14 1/2 ounces) cut green beans
- 1 can (14 1/2 ounces) stewed tomatoes
- 1 teaspoon dried basil
- 1 cup cooked egg noodles

In 4-quart saucepan over medium-high heat, in hot oil, cook ground beef until well browned on all sides, stirring frequently. With slotted spoon, remove beef to bowl.

In drippings remaining in saucepan over medium heat, cook onion and garlic until tender-crisp.

Add beef broth, carrots, green beans, stewed tomatoes, basil and ground beef; over high heat, heat to boiling. Reduce heat to low; cover and simmer 10-15 minutes to blend flavors, stirring occasionally. Stir in cooked egg noodles.



## Vegetable Frittata Minis

Nonstick cooking spray  
8 large eggs  
1/2 cup milk  
1/4 teaspoon salt  
1/4 teaspoon ground black pepper  
1/4 teaspoon dried basil  
1 can (8 ounces) mixed vegetables, drained  
1/4 cup grated Parmesan cheese

Heat oven to 375 F. Spray mini muffin tins with nonstick cooking spray. In large bowl, beat eggs, milk, salt, pepper and basil to blend well. Stir in mixed vegetables and Parmesan cheese. Fill prepared pans with egg mixture. Bake until egg mixture puffs and is just set in center, about 8-10 minutes. With rubber spatula, loosen frittatas from muffin cups and slide onto platter.

Recipe courtesy of Cans Get You Cooking  
Servings: 36

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## Gluten-Free Pumpkin and Chocolate Chip Bread



Recipe courtesy of Cans Get You Cooking  
Servings: 20 (2 loaves)

4 cups oat flour  
2 teaspoons baking soda  
2 teaspoons ground cinnamon  
1 teaspoon ground nutmeg  
pinch of salt  
1 cup (2 sticks) butter, softened  
2 cups granulated sugar  
4 large eggs  
2 teaspoons vanilla extract  
1 can (15 ounces) pumpkin  
2 cups chopped walnuts  
1 cup bittersweet chocolate chips  
1/2 cup confectioners' sugar  
1 tablespoon milk  
Heat oven to 350 F. Grease two 8-by-4-inch loaf pans. In large bowl, combine oat flour, baking soda, cinnamon,

nutmeg and salt. In large bowl using mixer, beat butter and sugar until light and fluffy. Beat in eggs one at a time. Add vanilla, oat flour mixture and pumpkin; beat until just blended. Stir in walnuts and chocolate chips. Spoon mixture into prepared pans. Bake 50-55 minutes, or until toothpick inserted in center comes out clean. Cool 10 minutes. Remove from pan. Cool completely. In small bowl, stir confectioners' sugar and milk until smooth. Drizzle mixture over pumpkin bread.

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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Bantam Pirates begin playoffs with lopsided win

By Brian Bowman

The North Winnipeg Pirates started off their Bantam "AAA" playoffs on a winning note.

North Winnipeg soundly defeated Bonivital 11-2 on Sunday in their first game of the five-team round-robin playoffs.

"It was a good win," said Pirates' head coach Derrick Mudge. "Everyone played well. Pitchers pitched well and we saw their best pitcher, so it was good for us to see."

North Winnipeg hosted Red River on Monday and then St. James Tuesday but no scores were available at press time.

The Pirates will then battle first-place Winnipeg South on Sunday.

Winnipeg South finished the regular season as the top team with a 20-3 record. North Winnipeg placed second with a solid 16-5 mark.

Every team plays each other once in the post-season, with the top two teams advancing to the final.

The Pirates have been playing some real good baseball this season. They recently won a tournament in Saskatoon, cruising to a perfect 5-0 record.

North Winnipeg defeated the Regina Pacers 8-6 in the championship game.

"It was a great tournament, we played some good teams, beautiful weather, great diamonds," Mudge said. "The boys were very excited."

North Winnipeg cruised to a pair of blowout wins but then had some real good battles with some Saskatchewan squads.

"Our guys played very well," Mudge said. "We're coming together now at the right time."



RECORD PHOTO SUBMITTED

The North Winnipeg Pirates won the Evan Thomas Memorial Tournament in Saskatoon with a perfect 5-0 record. Pictured back row, left to right, Derrick Mudge (coach), Jesse Postello, Dylan Duguay, Bennett Freiter, Zach Evanochko, Liam Curtis, Josh Duguay, Dan Duguay (assistant coach), Ray Moroz (assistant coach); front row, Noah Contreras, Ethan Mudge, Alec Usipiuk, Keenan Allen, Matt Moroz, Ethan Minaker and Jordan Birch.

## Carruthers, Fleury named to Canada's national curling team program

Staff

Several Manitoba curling teams have been named to Canada's national team program, including West St. Paul's Reid Carruthers and East St. Paul's Tracy Fleury.

Those named to the program, which was announced Tuesday, will receive funding and access to high-performance coaching and medical support.

Four of the eight women's teams named to the program are from Manitoba. Camp Morton's Kerri Einarson, defending world champion Jennifer Jones of Winnipeg, Fleury, and Darcy Robertson of Winnipeg were also included on the list. Teams were named to the program based on the results from the 2017-18 curling season.

Former Winnipegger Chelsea Carey, now living in Calgary, 2018 Winter Olympian Rachel Homan of Ottawa, Casey Scheidegger of Lethbridge and

Laura Walker of Edmonton were also selected.

On the men's side, Carruthers and Jason Gunnlaugson's Morris rink were named to the program.

Other teams on the men's side feature Brad Gushue of St. John's, Olympian Kevin Koe of Calgary, Edmonton's Brendan Bottcher, Toronto's John Epping and Brad Jacobs of Sault Ste. Marie.

Here are the mixed teams that will be part of the National Team Program:

Chelsea Carey (Calgary)/Colin Hodgson (Winnipeg)

Joanne Courtney (Edmonton)/Reid Carruthers (Winnipeg)

Emilie Desjardins/Robert Desjardins (both Chicomitimi, Que.)

Jennifer Jones/Brent Laing (both Shanty Bay, Ont.)

Kaitlyn Lawes (Winnipeg)/John Morris (Canmore, Alta.)

Kalynn Park (Edmonton)/Charley Thomas (Calgary)

Jocelyn Peterman (Winnipeg)/Brett Gallant (St. John's)

Val Sweeting (Edmonton)/Brad Gushue (St. John's)  
Laura Walker (Edmonton)/Kirk Muyres (Saskatoon)

Members of the wheelchair National Team Program will be announced at a later date.

"This is a seasoned group of athletes in whom we have a great deal of confidence, and we're pleased that we can offer them support from Curling Canada and our funding partners to help them take their games to new levels," said a media release. "We're also pleased that there is an amazing array of talent within the Curling Canada high performance staff/consultants realm that is truly dedicated to helping these athletes, both on and off the ice."



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Albert earns return trip to junior women's golf nationals

By Brian Bowman

Mikyla Albert will be representing Manitoba once again at the National Junior Girls' Golf Championship.

Albert earned her spot on the provincial team after finishing third at the junior women's provincial championship, which wrapped up last Friday at the St. Charles Country Club in Winnipeg.

"It's really big," said Albert on Tuesday morning. "Honestly, I was trying to go for second place but I guess she (Kate Gregoire) showed up on the third day. I did beat her on the second day when she shot a 90."

The talented Selkirk product carded rounds of 82, 85 and 84 to finish with a 34-over 251. Her third round included back-to-back birdies on Nos. 11 and 12.

So, was she happy with those rounds.

"No," she giggled. "I'm happy with the first one. The second one, I had a really tough day - it was really windy - and the third day was really hard to beat the heat."

Albert finished as the 15/16 year old age group winner.

Bobbi Uhl cruised to her second provincial junior women's golf title in three years after finishing her three rounds with a 13-over 230.

She carded rounds of 74, 74, and 82 to finish 16 strokes better than Gregoire of Quarry Oaks.

Uhl's tournament victory of 16 strokes equalled the previous margin of victory set in 2012.

Albert, Uhl and Gregoire will now represent Manitoba at the nationals July 31 to Aug. 3 at the Beach Grove Golf Club in Tsawwassen, B.C.

Albert is looking forward to making a return trip to nationals and is going in more aware of the talent level of all of the golfers.

"I know what these girls are capable of doing," she said, adding her goal is to make the cut this year. "So, I know I have to step up my game to do better."

West St. Paul's Danya Dubnicoff also competed at the provincials. She finished tied for seventh with Brynne Paschinski.

Both girls wrapped up play with 66-over 283s.

Dubnicoff had rounds of 93, 93 and 97.

Here are the age group winners and runner-ups from the junior women's provincials:

12 and under age group winner - Cala Korman, Killarney Lakeside

13 & 14 age group winner - Armaan Dhillon, Rossmere

15 & 16 age group winner - Mikyla Albert, Golf Manitoba Public Player Club

15 & 16 age group runner up - Brynne Paschinski,



RECORD PHOTO SUBMITTED

Selkirk's Mikyla Albert finished third at the junior women's provincial golf championship last week. She now will play at the nationals in B.C. later this month.

Shilo

17 & 18 age group winner - Bobbi Uhl, Shilo

17 & 18 age group runner up - Kate Gregoire, Quarry Oaks

## New winner guaranteed at men's amateur golf championship

By Brian Bowman

This year's Nott Autocorp Manitoba Men's Amateur Golf Championship will have a new winner this year.

That's a guarantee.

Selkirk's Travis Fredborg, last year's winner, was unable to defend his title this week due to other golfing obligations.

The talented Fredborg, a member of the University of Arizona golf team after beginning his university career with the Nevada Wolfpack, just returned from playing in Columbus, Ohio, at the Trans-Mississippi Amateur Championship. He will be leaving

Thursday to play in the U.S. Amateur qualifier in Minneapolis.

Fredborg had an impressive first year in Arizona, competing in nine tournaments and he had a pair of top-10 finishes.

Not having Fredborg at the mid-amateur this week made a lot of local golfers smile as it gives someone else a chance to win the title.

Breezy Bend's Justin McDonald was the first-round leader after firing a 4-under 68 on Monday.

He was a stroke ahead of St. Boniface's Jacob Armstrong and Breezy Bend's Eric Johnson heading into Tuesday's second round.

Rounding out the top five were Elmhurst's Ryan McMillan (71), fresh off a junior men's title last week, Niakwa's Todd Fanning (73) and Red Lake's Tyler Rolfe (73).

Local golfers feature Pine Ridge's Noel Ngo (75) and the Elmhurst contingent of Ben Bandura (76), Brady Bandura (80), Adam Ingram (81), Wesley Hoydalo (82), Easton Donohoe (84), and Brent Ingram (88).

The first two rounds were played at Quarry Oaks while the third and fourth rounds will switch to Glendale Golf & Country Club on Wednesday and Thursday.

## Strike Force winless on the weekend

Staff

The Tri-S Strike Force earned a tie and suffered a lopsided loss in Manitoba Major Soccer League Division 6 action last week.

Tri-S started its weekend with a 1-1 road draw against the Portage Royals on Friday evening.

Matthew Benga scored for the Strike Force while Daniel Boulet replied for the Royals.

Tri-S had a much tougher time on Sunday in a 7-0 loss to Azzurri.

The Strike Force will host the Saint James Spurs SC on Friday (7:30 p.m.) at the Rec Com-

plex.

Selkirk FC, meanwhile, did not play last week and won't see action again until Monday when they host Dunvegan Castle.

Game time is 7:30 p.m. at the Rec Complex.



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## Langlais competes at elite women's baseball tournament in Montreal

By Brian Bowman

Ontario may have won its second consecutive gold medal at the Women's Invitational Baseball Championships in Montreal earlier this month, but the real story of the tournament was the strong play of the 21U Prospects.

The 21U Prospects team, which included Garson pitcher Brittney Langlais, reached the final where they lost 6-2 to Ontario.

"I've played with the Prospects Team for three years now," said Langlais last week. "The two years I played with them before we haven't even made it past the round robin so this was a huge accomplishment for the team."

Players on the Prospects Team came from all across Canada.

"We were pretty proud to just form a team in a week and then play like that," Langlais said, noting their team hit the ball well and their pitching was solid.

Langlais pitched one game, going 4 innings in a 12-6 win over B.C. She gave up just four hits and two earned runs while recording a strikeout.

Langlais, who pitched on Day 2 of the tournament, noted that a pitch count of 70 meant a player had to wait three more days to pitch again.

She never did get another chance to show her stuff on the mound.

"I didn't pitch my best but I still kept us in the game," she said. "Even though my stuff wasn't working, I still made it work."

The gold-medal win capped an undefeated week for Ontario who won the event for the eighth time since it was first played in 2006.

To reach the final, the 21U Prospects used a strong six-inning effort from pitcher Allison Schroder and received some timely hitting to double Alberta 6-3.

The tournament was held to evaluate talent from across the country. After the tournament, a short list of players were invited to a Women's National Team Selection Camp.

From there, Canada announced this year's edition of its national women's baseball team.

No one from Manitoba was invited to the selection camp.

"I thought at least one girl from Manitoba would make it to the next round," said Langlais, 19. "There are quite a few older girls (on the team). There are some that are 30 and some moving up and are 21."

Langlais, meanwhile, will be very busy on the diamond in the next few weeks. Her North Winnipeg Pirates will be looking to win a Midget "AAA" city and provincial title. Last year's Pirates' team advanced to the nationals.



©2017 Darryl Gerst

RECORD PHOTO BY DARRYL GERSHMAN

Garson's Brittney Langlais attended the Women's Invitational Baseball Championships in Montreal earlier this month.

Langlais will also be representing Manitoba at the 21U Women's Invitational tournament in Stonewall in early August.

"It'll be really nice not having to travel," she said. "I haven't been able to make it out a lot for practices be-

cause I have been travelling with baseball a lot, but I think we should be pretty good.

"The girls are practising lots and hoping to do better than last year."

## Locals golf well at junior men's championship

By Brian Bowman

Ryan McMillan successfully defended his Golf Manitoba junior men's title at the St. Charles Country Club last week.

But is sure wasn't easy.

McMillan overcame a four-stroke deficit entering last Friday's final round, eking out a one-stroke victory over Jakob Chicoyne of Calgary's Glencoe Golf and Country Club.

McMillan was 12 strokes better than Selkirk's Wesley Hoydalo and Brady Bandura, who finished in a three-way tie for seventh with Sylvain Ruest.

All three golfers finished at 19-over 307.

Hoydalo carded rounds of 74, 77, 76, and 80. Hoydalo, who won the junior men's title when he was 15, wasn't to-

tally impressed with his play.

"No, I wasn't," admitted Hoydalo, who golfed in Plainview, Texas this past school year. "I actually hit the ball pretty well and averaged about 12 greens a round, except I averaged around 36 putts a round also. If I putted better I probably would have scored a lot better."

Although Hoydalo missed out in qualifying for the junior nationals last week, he had already earned a spot there after winning a Future Links tournament in Portage la Prairie last month.

Bandura, meanwhile, fired rounds of 71, 82, 75 and 79. He was the first-round leader after last Monday's opening round.

"I was happy (with my placing)," said

Bandura, who turned 17 on Monday. "(But) my goal was to get to the Canadian juniors."

Bandura was playing well throughout his second round when he scored a nine on the par-4 No. 17.

"I made a couple of bad decisions," he admitted. "Other than that, I was happy with the results."

West St. Paul's Adam Ingram finished 16th overall with a 317 while Petersfield's Easton Donohoe was 19th at 320 and West St. Paul's Brent Ingram was 29th with a 337.

The provincial team that will represent Manitoba at the National Junior Boys' Championship July 30 to Aug. 2 at the Medicine Hat Golf & Country Club are McMillan, Josh Shuster and Jacob Armstrong.

Here are the age group winners and runner-ups:

12 and under age group winner - Austin Boge, Pine Ridge

12 and under age group runner up - Spence Mott, Golf Manitoba Public Player Club

13 & 14 age group winner - Braxton Kuntz, Breezy Bend

13 & 14 age group runner up - Adam Ingram, Elmhurst

15 & 16 age group winner - Jacob Armstrong, St. Boniface

15 & 16 age group runner up - Jordan McDonald, Breezy Bend

17 & 18 age group winner - Ryan McMillan, Elmhurst

17 & 18 age group runner up - Jakob Chicoyne, Glencoe.



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Interlake ends regular season with trio of wins

By Brian Bowman

The Interlake Blue Jays are heading into the Manitoba Junior Baseball League playoffs on an impressive three-game winning streak.

Interlake wrapped up regular-season play Monday with a doubleheader sweep over the Pembina Valley Orioles in Stonewall. The Blue Jays defeated the Orioles 6-1 and 4-2.

Last Friday, Interlake beat St. James 10-5.

"It was very nice," said Blue Jays' coach Adam Kirk of the winning weekend. "St. James had some guys missing last Friday and they pitched some guys that they normally wouldn't pitch but we still came in and played a good, solid game and got the win, which helped us secure third place."

In the sweep over the Orioles, Blue Jays' pitchers did a great job throwing strikes and the defence played well.

Interlake hit the ball pretty well, too, especially against a good Pembina Valley pitcher in Game 1.

"The boys are confident at the plate right now," Kirk noted. "Things are rolling."

Brandon finished in third place during the regular season, 1.5 games ahead of Interlake. But the Marlins will not be participating in this year's playoffs.

Interlake (13-11) will now face the St. Boniface Legionnaires (6-17) in a best-of-three first-round series.

Game 1 of the series will be played Thursday at 7:30 p.m. at Fines Field. Games 2 and 3, however, had not been finalized at press time.

Interlake has a good shot at advancing to the second round of the playoffs.



RECORD PHOTO BY LANA MEIER

The Blue Jays' Emerson Klimpke pitched the last four innings against St. James last Friday.

"That's the idea of working as hard as we did to get here," Kirk said. "We've had good games against them and we really haven't shown them too much

of our good pitching, so hopefully we can just go and play some good ball."

## Midget Pirates begin playoffs this week

Staff

It's playoff time for the North Winnipeg Pirates Midget "AAA" baseball team.

North Winnipeg will play four

games, beginning with St. James on Wednesday at 7 p.m..

The Pirates will then battle the Elmwood Giants on Thursday (7 p.m.), the Winnipeg South Chiefs Saturday (1

p.m.) and then the Bonivital Black Sox later that evening at 7 p.m.

All North Winnipeg games will be played at Koskie Field.

The Pirates finished the regular sea-

son in first place with a 16-8. That was one game ahead of Bonivital (15-9).

## Marauders place second at 11U AA baseball provincials

Staff

The North Winnipeg Marauders placed second at the 11U AA baseball provincials in Morden on Sunday.

North Winnipeg was blanked 4-0 by Winkler in the championship game.

The Marauders reached the final after shutting out Macdonal 8-0 in a semifinal matchup.

North Winnipeg finished its pool play with a 4-0 record.

The Marauders defeated Portage (12-5), Miniota (14-3), Dauphin (11-1), and Charleswood (11-1).

The East Selkirk Expos also competed at the provincials, finishing with a 1-3 mark.

East Selkirk lost to Steinbach (6-4)

before blasting Souris 12-0.

The Expos were then defeated 7-5 by Bonivital and 5-2 by Winkler.

At the 15U AA provincials, North Winnipeg earned a playoff spot where they lost 11-4 to Souris.

In pool play, the Marauders pounded Altona 24-8, lost 9-5 to Souris, beat Carillon 8-6, and then defeated Fort

Garry 10-3.

North Winnipeg also had a team compete at the 13U AA provincials in St. James last weekend.

The Marauders failed to make the playoffs, posting an 0-4 record.

North Winnipeg lost to Glenboro (13-3), Brandon (13-6), the Bonivital Red Sox (7-6) and Stonewall (16-4).



# Classifieds



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Rob Olson collector tractor auction July 23, 7 p.m. 650 Wescana St. West Headingley, MB. 3 Cat crawlers, D2, 22, 15, IHC, M, H, w-4, Ford 8N, Case, S, DC, 200 amp, DC welder. Short auction be on time. Check [www.billklassen.com](http://www.billklassen.com)

**METAL RECYCLING**

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stonewall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

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3000 acres of complete high end cattle & grain operation for sale in Sask. Manages 2k to 3k cow/calf operation with complete solid infrastructure. 200k acres cultivated. Contact Doug at 306-716-2671 or [sask-farms@shaw.ca](mailto:sask-farms@shaw.ca)

**PROPERTY SERVICES**

Silver Dog Property Services. Demolition, clean ups, and custom cartage. What can I do for you? Call after 1 p.m. Harv 204-485-1234.

**HELP WANTED**

Full time Assistant Manager req'd at Pizza Den Restaurant & Lounge, Stonewall Applicant must be hands-on, multi-tasker, team player. Evenings & weekends req'd. Previous hospitality industry experience req'd. Drop off resume or sent to [robert.magnifico@gmail.com](mailto:robert.magnifico@gmail.com)

**HELP WANTED**

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We are currently seeking a **Receptionist/Office Clerk** to join our team! In this job, you will be responsible for answering the phones and providing administrative support to a team of colleagues, as well as other duties as requested.

**Qualifications:**

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- Professional telephone manner

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- Reception duties
- Track inventory of office supplies for department and communicate with office services to order, replenish & maintain inventory of necessary items
- Assist with the preparation and compilation of courier documents
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We will contact only those who are asked to come in for an interview.

**Municipal Notice of Intent**

TAKE NOTICE that on June 12, 2018, the council of the Rural Municipality of St. Clements gave first reading to bylaw 13-2018 to designate as a municipal heritage site under *The Heritage Resources Act*, the lands and premises commonly known as St. Jude's Church, 14 Grey Avenue in Grand Marais.

The land is described in Certificate of Title No. 2835385/1 as follows:

Parcel "B" Works Plan 59181 WLTO  
In frac NW 1/4 18-18-7 EPM

A copy of the proposed bylaw can be inspected at the St. Clements Municipal Office in East Selkirk, 8:30 a.m. to 4:30 p.m., Monday through Friday.

A public hearing will be held at the St. Clements Municipal Office 3:00 p.m., July 24, 2018.

At that time, any person may submit an objection or other representation on the proposal. If there is no objection, council may resolve to adopt the proposed bylaw, or not to proceed with it.

Dated at East Selkirk Manitoba on June 29, 2018.

D.J. Sigmondson, CMA  
Chief Administrative Officer

1043 Kittson Road  
Box 2 Group 35 RR1  
East Selkirk, Manitoba ROE OMO  
Telephone: Selkirk 482-3300  
Winnipeg: 474-2642  
Toll Free: 1-888-797-8425  
Fax: 1-204-482-3098  
Email: [info@rmofstclements.com](mailto:info@rmofstclements.com)  
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# take a break

> GAMES

## SUDOKU

3				9		5		
					4	2		
	1						8	
1		6	4					
		2			3	9		
5					6	8		
	8		5			6		
			1				7	
				2				5

Level: Intermediate

### Fun By The Numbers

Like puzzles?  
Then you'll love  
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mind-bending  
puzzle will have  
you hooked from  
the moment you  
square off, so  
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pencil and put  
your sudoku  
savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	6	3	8	2	9	1	7	4
8	7	2	4	3	5	9	6	1
4	1	9	7	6	5	3	8	2
2	4	8	9	1	6	7	3	5
1	9	6	3	5	7	2	4	8
7	3	5	2	8	4	9	6	1
3	8	7	5	2	4	6	1	9
6	2	4	1	9	3	8	5	7
9	5	1	9	7	8	4	2	3

Sudoku Answer

N	E	S				E	A	N	
O	G	E				S	T	E	E
S	X	E				N	V	I	S
L	E	V				R	V	L	O
L	E	C				V	L	O	V
N	A	N				H	P	L	E
						F	A	V	L
						E	I	S	
						T	A	D	
						N	E	H	
						S	I	R	
						L	I	V	
						R	O	T	
						B	I	B	
						O	M		

Crossword Answer

# X CROSSWORD

### CLUES ACROSS

- Rated horsepower (abbr.)
- What a cow says
- Snake-like fish
- Spiritual leader
- Catch
- Car part
- Extremely small amount
- Nucleic acid
- The Greatest of All Time
- Lustrous
- India's least populated district
- Muckraking journalist Jacob
- Medicine
- S. American plant
- Small amount
- Dry or withered
- Where construction takes place
- Russian river
- Supervises flying
- "City of Brotherly Love" native
- Greeting at meeting
- Common gibbon
- Type of TV
- Corpuscle count (abbr.)
- Scottish port
- Computer company
- One from Asia
- Former significant others
- Woven fabrics or garments
- One's sense of self-esteem
- The Science Guy
- Monetary unit

### CLUES DOWN

- "The Leftovers" actress King
- Epic

1	2	3					4	5	6				
7							8				9		
10				11				12					
13							14	15			16		
17				18			19				20		
21					22	23			24				
					25				26				
				27	28				29				
				30					31				
					32				33				
									34	35	36	37	38
39	40						41				42		
43					44						45		
46					47						48		
49												50	
												51	
													52

- Missouri county
- Chinese revolutionary
- Get
- Ancient Greek coin
- Returned material authorization (abbr.)
- Swiss river
- Part of the human eye
- A fisherman's accessory
- Brazilian state
- Of a wedding
- Prosecutor
- The main constituent of chromosomes
- Advice
- Principles of right and wrong
- Decorate a cake with frosting
- Headgear
- New York art district
- Lilly, drug company
- Car mechanics group
- Influential U.S. president
- Quell the anger
- Swiss river
- Personal computer
- Incline from the vertical
- Wild goats
- Assert that someone has done wrong
- Anti-apartheid leader \_\_\_\_\_ Mandela
- Crop of a bird
- "A Doll's House" playwright
- Autonomic nervous system
- Consumed



# Announcements

The Selkirk Record

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**ANNOUNCEMENT**

**CARD OF THANKS**

On behalf of Olive Lillie's family we would like to thank the people who contributed their time and effort, for a great luncheon and also for the many donations. Your care and support is greatly appreciated during this difficult time.

**ANNOUNCEMENT**

**BIRTHDAY**



Happy 5th Birthday  
Rayden Pescitelli  
Good luck in kindergarten!  
Hugs and kisses.  
-Love Nannie and Papa

**ANNOUNCEMENT**

**IN MEMORIAM**

Decock  
Mabel May 3, 1930 – July 1, 2016  
Ralph December 23, 1926 – July 31, 2016  
You left us beautiful memories,  
Your love is still our guide;  
Though we cannot see you both,  
Your always by our sides.  
-Love your family

**ANNOUNCEMENT**

**ANNOUNCEMENT**

(Bob) Robert Randolph John Smith  
(Bob) Robert Randolph John Smith fell asleep in death on June 30, 2018.  
Memorial services will be announced in the near future.  
-Donna and family

**ANNOUNCEMENT**

**IN MEMORIAM**



Georges Menard  
March 25, 1925 – July 24, 2017  
The many joys and happiness  
You brought to our lives,  
Will always be remembered.  
Always loved and deeply missed.  
-Doug, Suzanne, Dave, Richard  
and Stephanie

**ANNOUNCEMENT**

**IN MEMORIAM**



Nick Youzwa  
July 21st 1988 - 2018  
Forever loved, forever missed  
-Stephie, Doug, Cheryl  
and family

**OBITUARY**

**Ronald Wayne Kostiuk**

Ronald Wayne Kostiuk passed away at his residence on July 3, 2018 in the Rural Municipality of St. Andrews, Manitoba at the age of 68.

Ronald is survived by his two children, Natalie (Robban) Karlsson of Broby, Sweden and Ron (Tatum) Taylor of Calgary, Alberta and his beloved dog Jojo. He is preceded in death by his parents Walter and Jean Kostiuk and his brother Dennis.

Ronald was born on April 10, 1950 in St. Boniface, Manitoba. He worked for Extra Foods from 1975 until his retirement in 2010.

In accordance with the family's wishes, cremation has taken place and no service will be held.

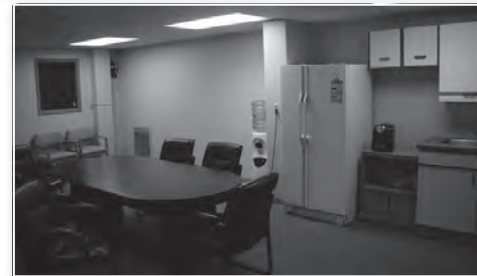
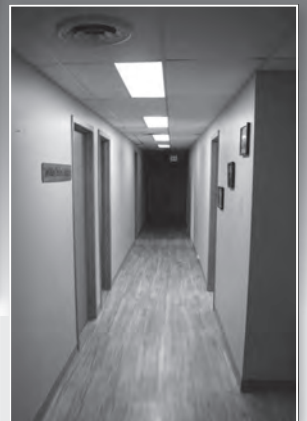
Ronald had an affinity for taking care of animals and had many beloved pets over the years.

If desired, donations in Ron's memory may be made to the Winnipeg Humane Society, 45 Hurst Way, Winnipeg, MB. R3T 0R3

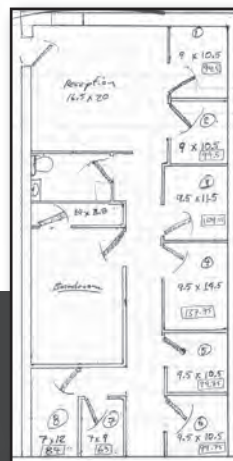
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# Announcements

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## OBITUARY



### Ted Nesar

Peacefully, on July 13, 2018 at the Selkirk Regional Health Centre, Ted Nesar, aged 85 years of Lockport, MB went to his eternal rest.

He leaves to mourn his beloved wife of 62 years, Olga (nee Waytowich) and three children, Mark (Annette), Ted (Kim), and Susan (Ron) Normand; as well as eight grandchildren and four great-grandchildren.

Funeral Mass was celebrated on Wednesday, July 18, 2018 at 1:00 p.m. at the Notre Dame Roman Catholic Church in Selkirk.

Donations in memory of Ted may be made to a charity of one's choice.

FOREVER IN OUR HEARTS

Condolences, pictures and videos may be left on Ted's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Gordon Ole Busch

It is with deep sorrow the family announces the passing of Gordon Busch at the age of 81 years, beloved husband of Mary on Saturday, July 14, 2018 at the Selkirk Regional Health Center.

A celebration of his life will be held on Friday, July 27 at 11:00 a.m. in the Gilbart Funeral Chapel in Selkirk, MB

Full obituary to follow in next week's edition.

Gilbart Funeral Home, Selkirk in care of arrangements.  
[www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

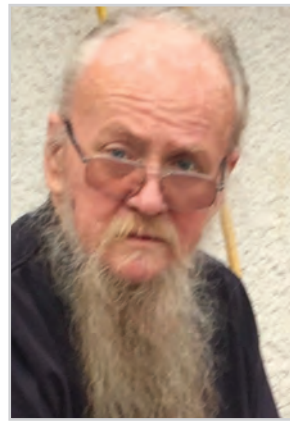


## OBITUARY

### Albert Frederick Komadowski

On Sunday, July 8, 2018, Albert Frederick Komadowski peacefully passed away at his residence, succumbing to numerous health conditions.

He is survived by his sister, Patricia (Pat) Komadowski; brother-in-law Warren Piggott; nephew, Robert Piggott (Carolyn) and his precious grandniece Abigail. Albert also left behind to treasure his memory, step-daughter Janet (Faron) and their daughter Chevelle (who knew Albert as Papa) and Amanda Noval. Also, left to remember Albert are dear friends, Garry and Lorrie Burziuk; uncles Joe Komadowski and John Komadowski; numerous cousins and countless friends. Albert was predeceased by our parents, Frank Komadowski in 1996, and Gisela (Gay) Komadowski (nee Jahn) in 2001.



Albert first worked with our parents in the family business Gay Day Laundromat, repairing the washers and dryers. Then he became a kiln-operator at XL Tiles in Lockport and last employment was as a courier driver for First Choice in Winnipeg. Following a serious motorcycle accident in 1979, he became a free-spirit and started his search for where he fit-in in life which led to his becoming an entrepreneur. His first business venture was as an owner-operator of Central Car Wash in Selkirk, then a business partnership with his friend Garry Burziuk, salvaging and recycling of scrap metal; snow removal in the Selkirk area; Broadway Courier, and lastly Sudsy Suzy Laundromat from 1991 to 2016. In addition to these business ventures he was also involved in several commercial real estate (inherited from our parents) and residential real estate rental ventures. Selkirk Town Plaza which he sold his interests in April 2006 and Arena Plaza in September 2016.

Albert was born in Selkirk, Manitoba on April 24, 1953. As he grew into a young man, his passion for motorcycles and thrill-seeking became very evident. As Albert and I reminisced about our childhood and parts of our adult life, he reaffirmed his love for the dogs he had in his life over the years and the babies and young children of friends. At his 65th Birthday Party he was grinning from ear to ear watching a friend's son, Nixon (12 months) and his grand-niece Abigail (11 months) zooming (crawling) around the room. The last picture of Albert was of him playing cards with his step-granddaughter Chevelle (5). Those of us who knew Albert and/or had dealings with him will remember him for his gruffness and challenging behavior but also his tenderness, kindness and generosity.

The family would like to thank the Home Care providers that Albert had in the last months of his life, especially Debbie, Robin, Janet and Gail. Your care for Albert was greatly treasured. Also, a very special friend, Cathy from Pine Falls Hospital who was instrumental in Albert getting his prosthetic leg. Dr. Ali for being there and helping to meet his needs and respecting his wishes. All of you have made a challenging life situation bearable.

Pallbearers were Robert Piggott, Brian Piggott, Faron Sinclair, Darryl Faulkes, Roy Guttormson and Dennis Lafreniere.

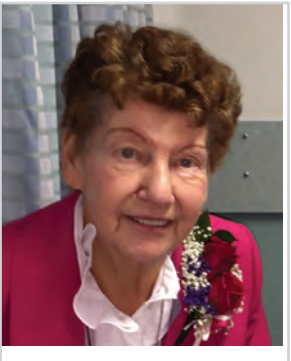
Funeral Services was held on Tuesday, July 17, 2018 at Gilbart Funeral Home, 309 Eveline St. Selkirk Manitoba. There was a viewing of Albert from 10:00 – 11:00, services started at 11:00 and lunch followed.

Condolences, pictures and videos may be left on Albert's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY



### Emily Lily Niebel (nee Szostak)

July 20, 1933 – July 11, 2018

It's with deep sadness we share the news of Emily's passing. Emily is survived by her husband of 61 years Gerald; daughter Juliette; sons Douglas (Lizz), Larry (Stacey), Ronald, and grandchildren Luke, Stephanie, Jake, Travis and Kalvin; great-grandchild Kaiden, and sisters Josephine, and Verna. She was predeceased by her parents Frank and Maria, sisters Agnes, Helen, and Annie, and brothers Joe and Stanley.

Emily was born in Dugald, MB. The family moved to Mayfield where they farmed and raised their children. As a young woman, Emily moved to Selkirk where she worked at the Monarch Sewing Factory and later at the Coca Cola Plant. After Emily and Gerald married, they started farming in Clandeboye where they raised their family until they retired in 1995 and moved to Selkirk in 2017.

Emily loved having company, conversations and a good laugh. Emily was known as a loving, kind-hearted, generous, down-to-earth, open and honest, humble person, and a favorite aunty of her many nieces and nephews.

Funeral Mass will be held on Friday, July 20 at 1:00 p.m. in the Notre Dame Roman Catholic Church in Selkirk, MB. with Father Stan Gacek officiating. A viewing will be held prior to the Mass. Interment will follow in the Parish cemetery.

A big thank you to the doctors and staff at Selkirk Regional Health Centre and Home Care staff. Special thanks to family members and friends who visited with Emily during her hospital stay. Emily cherished and greatly appreciated the support and comfort you brought.

Condolences, pictures and videos may be left on Emily's tribute wall at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



## OBITUARY

### Grace Mary Law

On Wednesday, July 11, 2018 at Lindenwood Manor, Grace Law, aged 89 years, beloved wife of the late Ron Law passed away.

In keeping with her wishes, cremation has taken place and a private family interment will take place at a later date.

Gilbart Funeral Home, Selkirk in care of arrangements.  
[www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)



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