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VOLUME 8 EDITION 29

THURSDAY, JULY 20, 2017

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## Selkirk Rodeo ropes them in

RECORD PHOTO BY ROBERT E. WILSON  
See pages 10 and 11 for coverage  
and photos of this weekend's  
Triple S Fair and Rodeo

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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# Communities in Bloom 2017

**WELCOME JUDGES!**

On Thursday, July 20th the provincial judges will be visiting the City of Selkirk for the cities 7th annual Communities in Bloom competition. Last year the city earned the honour of 5 Blooms and hopes to achieve the same in 2017. Pictured below is a photo of one our community initiatives involving children helping to make our community a better place to live, work and visit. Children from Selkirk Daycare were treated to a tour of the city by Selkirk Transit. They stopped by CiB sponsor Home Hardware Selkirk where each child dropped off artwork of bees and butterflies. Home Hardware gave each child on the tour a gift of a red birdfeeder. It was a successful and fun day for all! Stay tuned for more of our community initiatives in future editions.





**Commercial Property  
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**Kiwanis on the Red,  
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# Hundreds object St. Andrews wastewater project

By Maggie Wysocki

St. Andrews residents opposed to a costly wastewater project planned for their community thought the odds were moving in their favour after more than 140 residents sent letters of objection to the Manitoba Municipal Board.

"I thought if I got to 50 letters I'd be happy and then we got way past that," said St. Andrews resident, Carol Langille who volunteered her home as a drop-off station for letters that she

then brought to the Winnipeg office. "Everyone jumped on the bandwagon and helped one another."

Since residents sent more than 25 letters of objection, legally the RM must host a Municipal Board Meeting. When the *Record* spoke with St. Andrews Chief Administrative Officer (CAO), Andrew Weremy last week, he said no meeting had been planned yet.

"The Municipal Board operates on their own. They'll be the ones to notify

us when the meeting date is and they'll let the objectors know too," he said.

Until then, many residents say they'll continue searching for answers from the RM and fighting for a better solution.

"No one I've talked to likes the idea of hooking up to the City of Winnipeg. We'll lose total control over costing," said Citizens of St. Andrews Sewer Coalition (CSSC) member, Lou Morissette.

He says the coalition has spoken with Selkirk Mayor Larry Johansson, who told them capacity is not an issue and Selkirk would be open to the initiative if the RM of St. Andrews were to propose it.

Morissette, a retired RCMP officer and "transplant" to phase 2 of St. Andrews in 2014, says he's been following the wastewater developments closely.

continued on page 7



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Brokenhead Ojibway Nation

# Community celebrates Principle Office opening

By Jessica Worb

Members of Brokenhead Ojibway Nation (BON) and surrounding communities came together last Friday in celebration of the grand opening of Jordan's Principle office.

The much-anticipated child-first principle is named after Jordan River Anderson, a 5-year-old boy from Norway House Cree Nation who died in-hospital in 2005 while the Province of Manitoba and the Federal government argued over who should pay for his at home care.

"In our program, we will take each child, and we see what each one needs to reach their full potential. Then we will look at the resources within our community, and luckily, now we are able to look for help outside of our community, like the

Rehabilitation Centre for Children and St. Amant." said Melodie Bowtell, Project Coordinator for Jordan's Principle.

Bowtell says the program will offer services Indigenous children have never had before, including individual care plans, access to specialized resources in Winnipeg, respite, social work, support, counselling, and culturally meaningful activities. If there's a need for something else, Jordan's Principle will accommodate it, she adds.

"By having this initiative here, we hope to offset some of the gaps that our young people face," said Shawn Kent.

The BON board member says, "It's been a long time coming, and it is going to mean a lot for the future and for our



RECORD PHOTO BY JESSICA WORB

After a tour of the facilities, Brokenhead Ojibway Nation Chief Jim Bear excitedly cut the ribbon for the official grand opening of Jordan's Principle on Friday, alongside other members of the Jordan's Principle team.

continued on page 7



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RECORD PHOTO BY MAGGIE WYSOCKI

# Lord Selkirk visits for 200th anniversary of treaty

Chief Jim Bear and members of the Brokenhead community warmly greeted the current Lord Selkirk on Monday at the Private Tom Chief Memorial Hall.

By Maggie Wysocki

On July 18, 1817 Lord Selkirk and five chiefs led by Chief Peguis signed The Selkirk Treaty, representing "peace, order and mutual cooperation" between First Nations and the Crown in western Canada.

On Monday, exactly 200 years later, Chief Peguis' descendants celebrated its anniversary in Brokenhead Ojibway Nation with a visit from The Right Honourable, The Lord Selkirk of Douglas, James Alexander Douglas-Hamilton.

"This is a very historic week for me to be here as we honour two very important men," the current Lord Selkirk said to a crowd of nearly 50 people at Private Tom Chief Memorial Hall.

Thomas Douglas — the fifth Earl of Selkirk and the founder of the Red River Colony — signed a treaty with Chief Peguis, which gifted two miles of land on either side of the Red and Assiniboine Rivers to the Selkirk Settlers with the remaining land staying in the hands of Indigenous people.

"This treaty served as a blueprint for many. The journey to reconciliation is not an easy one and I wonder if 200 years ago our ancestors could have imagined us together like this," Chief Jim Bear said during his speech before presenting Lord Selkirk with a hand-quilted tapestry by Norway

House resident, Robert Menow.

"The star in the middle of the tapestry represents where we come from and a doorway to the spirit world," Chief Jim Bear told the Record.

Lord Selkirk was showered with Indigenous traditions during his visit to Brokenhead, including drumming from a local drum group and an intricate hoop dance demonstration by world renowned dancer and Chief Peguis descendant, George Bear.

"I've just witnessed some of the finest dancing you will see anywhere in the world and it's a great privilege to be present," Lord Selkirk said.

His visit to Brokenhead isn't the only treaty celebration happening in Manitoba this week. Monday's ceremony is the beginning of a week of events being called "Peguis Selkirk 200 Years: Honouring the Spirit of 1817."

Each day, events have been planned throughout Manitoba where Lord Selkirk will commemorate the signing, visit the place where the treaty was inked and work towards reconciliation.

Lord Selkirk will visit the City of Selkirk on Saturday July 22. More information can be found at [www.peguisselkirk200.ca](http://www.peguisselkirk200.ca)

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# get inspired

> MEAL IDEAS

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## Shaved Brussels Sprouts and Kale Salad

Recipe courtesy of Ayesha Curry on behalf of Glad

Dressing:

- 3 tablespoons lemon juice
- 1 tablespoon whole-grain mustard
- 1 teaspoon maple syrup
- 1/2 cup extra-virgin olive oil

small GladWare container  
kosher salt, to taste  
ground black pepper, to taste

Salad:

- 3/4 pound Brussels sprouts, ends trimmed, outer leaves removed and sliced thin
- 1 head Lacinato kale, tough ribs removed and sliced thin

3/4 cup coarsely chopped, roasted, salted almonds

1/2 cup dried cherries

sealable GladWare container

To make dressing: Place lemon juice, mustard, syrup and olive oil in small container or jar and shake vigorously. Season, to taste, with salt and pepper, and shake again.

To make salad: In mixing bowl, toss Brussels sprouts, kale, almonds and cherries together. Mix in dressing and toss to coat evenly. Serve immediately.

If making ahead, store dressed salad in sealed container for up to 24 hours.



## Radicchio Salad with Olives, Chickpeas and Parmesan

Recipe courtesy of the Simply Recipes blog

Prep time: 15 minutes

Resting time: 10 minutes

Serves: 4-6

1/4 cup sunflower seeds

1 large head radicchio (10-12 ounces)

1 can (16 ounces) California green ripe olives, drained, rinsed and roughly

chopped

1 can (16 ounces) chickpeas, drained and rinsed

1 cup finely grated Parmesan cheese, divided

3 tablespoons balsamic vinegar

4 tablespoons olive oil

1/4 teaspoon salt, plus additional, to taste

1/8 teaspoon fresh-ground black pepper, plus additional, to taste

Add sunflower seeds to small, dry skillet. Toast over medium heat, stirring occasionally, until seeds are toasted around edges and smell fragrant.

Transfer seeds to bowl to cool.

Peel away and discard a layer or two of outer radicchio leaves if they look wilted or battered. Cut head of radicchio into quarters through root. Trim away root.

Cut each quarter crosswise into strips, 1- to 1 1/2-inches thick. Transfer to large mixing bowl.

Add olives, chickpeas and 3/4 cup cheese to bowl with radicchio.

Whisk together balsamic vinegar, olive oil, salt and pepper. Pour over salad and toss gently until ingredients are evenly coated. If cheese clumps together, break apart with spatula and stir in.

Let salad stand at least 10 minutes, or up to an hour.

Add additional salt and pepper, if desired. Serve salad on individual plates or one shared platter. Top with remaining cheese and toasted sunflower seeds.

Substitution: If radicchio is unavailable, try frisee, endive or another bitter green.

Note: Salad is best served within one hour of preparation, but can be stored in airtight container in fridge for several days.



## Grilled Lemon-Basil Pork Chops with Lemon-Basil Orzo

Serves: 4

4 bone-in ribeye (rib) pork chops, about 3/4-inch thick

3 small lemons

2 tablespoons olive oil

5 cloves garlic, minced

1 1/2 tablespoons fresh basil, chopped

8 ounces orzo

salt, to taste

pepper, to taste

Zest and juice lemons. In small bowl, combine lemon zest, lemon juice, olive oil, garlic, and basil. Set aside 3 tablespoons of mixture. Transfer remaining mixture to large resealable bag and add pork. Set aside for 30 minutes, turning occasionally.

Meanwhile, prepare orzo according to package directions. Drain and return orzo to pot. Stir in reserved lemon-basil mixture and salt and

pepper to taste. Set aside to cool to room temperature.

Prepare a grill to medium-high heat and lightly oil grate. Remove pork from marinade; discard marinade.

Season pork with salt and pepper and grill until internal temperature reaches 145 F, about 4 minutes per side. Remove chops from grill and let rest 3 minutes.

Serve chops with orzo.



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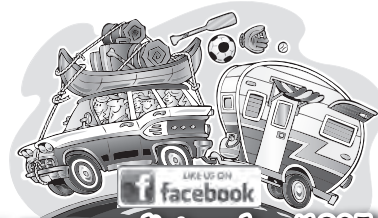
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# Thousands rock on the red at Half Moon

By Maggie Wysocki

Alongside dishing up burgers and fries this weekend, Lockport's Half Moon Drive-In served two full nights of live music during the restaurant's fifth annual "Rockin' on the Red."

Hosted in the drive-in's backyard, the event featured dozens of musical acts rocking out on a stage in front of the Red River.

One of the three bands to play on Friday night was the Keith Urban tribute band, Golden Road which had the crowd singing along to classic country hits. Saturday afternoon brought a more kid-friendly pace with a free petting zoo, inflatable rides, clowns and magicians.

"I think the longer I run with it, the more popularity it gains," said Half Moon owner, Wayne McIntosh. "And the driving factor this year was that the weather was just beautiful."

Winnipeg couple, Madelaine and Jerry Lemay said it was their first time making the trek out to Lockport for

the event and it was "just awesome."

An estimated 9,000 people enjoyed the tunes over Friday and Saturday, which overflowed the parking lot, forcing many to take the shuttle bus in.

"It was a huge, huge success," McIntosh said.

But the event wasn't only about rocking out and doubled as a fundraiser for the Children's Rehabilitation Foundation. The weekend raised close to \$2,500, which was donated in the form of new exercise equipment.



RECORD PHOTOS BY MAGGIE WYSOCKI

The fifth annual Rockin' on the Red took over Lockport's Half Moon Drive-In last weekend with 9,000 people attending. \$2,500 was raised for the Children's Rehabilitation Foundation.

"It's a feel good thing for me and I love giving back to the community," McIntosh said.

Since 1992, McIntosh has been run-

ning the iconic restaurant and he started "Rockin' on the Red" after the restaurant's 75th anniversary.



RECORD PHOTO BY MAGGIE WYSOCKI

Hoop dancer, George Bear performed in Brokenhead this week to celebrate "reconciliation" in his community.

## > PRINCIPLE OFFICE, FROM PG. 4

young children in this community."

The office, which is located in Sergeant Tommy Prince School, is a large space with multi-functions and designed with a child's emotional and spiritual needs in mind, says Bowtell.

The first thing children will see when they walk into the facility is a play area, which Bowtell explains is where all of the work actually takes place. Although the children won't know it, they will be developing all kinds of skills while they're there.

"We are very lucky to have such a dedicated and passionate team working here for Jordan's Principle," says Kent. "They have been enthusiastic to get going since the proposal writing stage."

"We plan on being here forever. We don't see this as a project, this is an ongoing program," Bowtell told the Record during the grand-opening.

## > ST ANDREWS WASTEWATER, FROM PG. 3

"I've been to every meeting since it started with Phase 1. It may be necessary to have a wastewater plan but not this specific plan," he said.

The suggested wastewater line will run to the Winnipeg North End Treatment Plant and will cost residents upwards of \$20,000.

"Why would we create a line 28 kilometers long going uphill to Winnipeg when we could just travel eight kilometers to Selkirk who has room for St. Andrews anyways?" Morrisette said.

Another answer Morrisette says he and other residents have been searching for is whether there's an

agreement in place yet with the City of Winnipeg or if "they're just building a pipe to nowhere."

Weremy confirmed that no agreements have been finalized and that the "memorandum of understanding" is still in its draft form.

"We're projecting to have an agreement by the end of the month," said Weremy.

While residents wait for their voices to be heard, Morissette urges them to visit the coalition's website where resources and education on the wastewater project can be found [www.cheapersewer.com](http://www.cheapersewer.com).

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# getfishing

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## Family memories while fishing

Welcome folks.

Weaving his way through a busy life, Greg Doaks' love for his sons has always been of the greatest importance to him. One morning some weeks ago his thoughts fell upon his three boys as he looked out his kitchen window past his front lawn to the flowing waters of the Red River. He had a little extra time coming up, so he thought maybe a fishing trip would refresh his closeness to them.

Realizing he knew less than nothing about such an endeavor he picked up his phone and called Dan Kiazzyk of Cat Eye Outfitters.

"What kind of fishing would you like to do?" Dan asked Greg after they exchanged pleasantries.

"Well, something big, something the boys will remember all their lives," Greg reasoned.

"How about going for master sturgeons," Dan offered. The idea immediately excited Greg. He exclaimed, "that's a great idea!"

"Don't worry about a thing, I'll put together what we need and we'll take off tomorrow for Point du Bois where the big fish are," said Dan.

The sun had just come up the next morning and was glistening off the river waves as Dan's truck and big aluminum boat sat in front of Greg's driveway. Dad and the boys piled into their truck and off the convoy went.

It was hot in the blinding sun when they reached the boat launch. The roar of the spillway water from the dam and the gusty wind roused the boys from their nap while driving here. Soon fishing gear, food and aspiring anglers settled into the large boat and Dan pointed it for a spot downstream. It would be nice to see a sturgeon Greg thought to himself as they anchored.

"It sure would be nice to catch something," he further uttered aloud as everyone hopefully cast their lines out. A mischievous knowing smile came over Dan's face. Then Greg's rod end shook. He looked at everyone in surprise. He had a fish.

Automatically he reeled in fast, and then slowed, realizing what was on the end of his line wasn't big. A six inch little bass popped out of the water to the jeering of his sons. Dan had made up specific rigging he felt suited to catching sturgeon and now it began to work. Jackson got the first strike. Dan coached him urging him to be patient, to play his fish.

On the other side of the boat Carlin felt a hit. Then Rory's rod snapped right down into the water. Excited chaos overtook everyone. Shouts and joyous cries filled the boat as the boys played their sturgeons; that is everyone except dad.

The boys trembled with delight as hour after hour they caught and released those ancient fish but unlucky dad



PHOTO SUBMITTED

Dan Kiazzyk shows off his catch.

caught nothing except his little bass. Maybe it was the slight forlorn look on his face but the boys flushed with their success. As the afternoon was coming to an end, Rory handed his dad his rod with the last sturgeon on line so he could bring it in and have his picture taken with it. It had been a long day in the sun and wind but now the boys were tired. Their truck tires sang on the highway toward home as the boys slept, breathing softly.

Dad drove silently, occasionally looking over to his slumbering young men feeling a warm completeness that many fathers rarely get to feel. It had been a perfect day.

All last week, everywhere I went the wind had made waves so high our fellow anglers just decided to stay home.

Finally I found two hardy souls Lou Noghi and his wife Marcela who I found on the lee side of the Winnipeg Beach harbor trying for some pickerel. Lou was a tall lanky chap with a short salt and pepper goatee who liked to cross his arms and shrug his shoulders while talking. Their English had a Romanian accent and I became quite taken with Lou's story of how he and his buddies fished off the banks of the Danube River when they were kids. They would wind some line around a glass coke bottle, bait their weighted hooks, toss the lines out, leave the bottle on shore and go play. When they were ready to go home they would wind up the line and if they had a jackfish, fine, if not, well there was always tomorrow.

So-long till next time friends.

**View the Selkirk Record online at [selkirkrecord.ca](http://selkirkrecord.ca)**



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The Selkirk Record welcomes submissions to Letters to the Editor. Letters can be emailed to [news@selkirkrecord.ca](mailto:news@selkirkrecord.ca) or dropped off at our office. Letters must include the name and mailing address of the writer.

### TROUBLE WITH PAPER DELIVERY?

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# Homeless Shelter desperate for night shift volunteers

By Jessica Worb

Volunteers at St. Francis Place Shelter, located on 202 Christie Avenue in Selkirk, say they're experiencing one of their busiest summers yet and need more overnight volunteers.

"For some reason we cannot get people to work the night shift," said Ron Daigle, Vice-Chairman of Our Daily Bread Soup Kitchen Inc. "There is a certain stigma around dealing with homeless people, which is unfortunate. Many people think of homelessness and they automatically think negative things about it."

The six bed facility, which opened its doors in 2014, usually fills about two to three beds a night. However, this summer they're seeing an average of four to six people a night, said Daigle.

The sudden increase comes as a surprise to Daigle, but he says it may be because the shelter is becoming more well known in the community.

"Since opening, we have established a working presence within the Selkirk community," said Daigle. "Many organizations, such as RCMP, Mental

Health, Crisis Services, Nova House Inc., Probation Services, Child and Family Services, and several others interact with us on a regular basis."

While Daigle struggles to attract volunteers for the night shift, which runs from 9 p.m. to 8 a.m. board members have been working double shifts.

"We provide a warm, secure, non-judgemental environment where each individual is treated with dignity and respect," said René E Gauthier, Chairman of Our Daily Bread Soup Kitchen Inc.

"We are not just here to feed them and give them a place to sleep. We also help them get their lives together," Gauthier said. "We have had individuals come to us, and within one month, we were able to find housing and work for them. And now, they are great citizens of the City of Selkirk."

St. Francis Place Shelter's one main goal to give each guest hope and ultimately alleviate their homelessness, Daigle says. If you are interested in volunteering or learning more, contact René E Gauthier at (204) 799-4876.



RECORD PHOTO BY JESSICA WORB

Ron Daigle, Vice-Chairman of Our Daily Bread Soup Kitchen Inc. stands in front of St. Francis Place Shelter, the place he spends most of his time volunteering and more recently, working double shifts. He says this summer has been the busiest it's been in the three years they have been open.

# 1-room schools remembered by hundreds

By Maggie Wysocki

A blast from the past hit the ballroom at South Beach Casino and Resort on Saturday afternoon as hundreds of former grade-school students from Libau and the surrounding area held a reunion.

"Most people here haven't seen one another in over 70 years, so it's really quite something to all be together like this," said the reunion's co-chair, Dennis Anderson.

The event celebrated the history of 8 country schools from 1888 to 1967, which included Libau West, Libau East, Sheffield, Poplar Park, Brookside, Hoey West, Hoey East and Arnhold.

The reunion, which has been in planning for over a year, brought out more than 250 former students who now live across Canada.

"It's unbelievable how many people came. Some brought their kids and grandkids here to see their grandparents meet some of their old classmates again," Anderson said.

Alongside his co-chair June Letkeman, Anderson hosted the reunion and the two pretended they were back in their school days.

"I know a lot of you got the strap back in the day so behave yourselves,"

he joked with the crowd before other former students took the stage to perform a comical skit, reflecting life in the early 40s.

To bring people back to their school days even more, the committee borrowed original desks, chairs and books from the Teulon and District Museum, which guests were encouraged to take photos with.

His hope for the reunion is that it will restore the legacy of rural schools and add history to the areas, Anderson said.

Another way he and the committee hope to do that is with the Reunion Book, which will be a collection of stories and photos from

grade-school days.

"You don't write history books for yourself or your children, you write them for your grandchildren so they'll know what life was once like," said Sylvia Kosack who is organizing all the submitted materials for the book.

If you have a story to share about your days at one of the schoolhouses in Libau or the surrounding area, Kosack says it's not too late and participants can send an e-mail to libauschoolreunion@gmail.com

**"MOST PEOPLE  
HERE HAVEN'T  
SEEN ONE  
ANOTHER  
IN OVER 70  
YEARS"**



RECORD PHOTO BY  
MAGGIE WYSOCKI

Co-chairs Dennis Anderson and June Letkeman organized a reunion for former students of 1-room schools in Libau and the surrounding area which took place Saturday at South Beach Casino and Resort.



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# Unexpected change brings thousands to rodeo, fair



unexpected change to the usual program.

"We had to cancel the chuck racing because of the EIA virus found in horses so instead we had mud bogging. It was all put together last minute and we had a great response," Pennington said.

EIA, equine infectious anemia, was detected in horses in two Manitoba RMs a few weeks ago, according to a report from the Manitoba Horse Council. Though infected horses show no clinical signs of disease, it can be spread easily to other susceptible animals.

To protect all "four legged participants" Pennington says they made sure all horses had been tested before attending the fair.

"All the owners were really understanding... it worked out for the best I think," he said, adding he's considering making mud bogging part of the annual competition.

Competitors were so excited about the mud bogging, many registered only hours before the competition, bringing out 25 riders in total.

After the mud bogging, which is an off-road motor sport, the ground was left with six-foot-deep trenches. Pennington says it was a great sight to see as proof of a fun weekend.

To get involved with the Triple S Fair and Rodeo as a volunteer or board member, visit [www.selkirkfairandrodeo.com](http://www.selkirkfairandrodeo.com) or call (204) 485-4854.

RECORD PHOTOS BY ROBERT E. WILSON

Great weather and an unexpected change to the program helped bring out thousands of participants to the Triple S Fair and Rodeo last weekend. Above, a local rider competes at the rodeo. Below, competitors enjoyed the mud bogging races, which were a last minute addition to the program.

By Maggie Wysocki

The sun shone all weekend long as approximately 10,000 local and area residents headed down to Selkirk Park to take part in the annual Triple S Rodeo and Fair.

"It's the first time in a few years that the weather has co-operated and that's definitely helped," said Triple S Fair and Rodeo President, Rea

Pennington.

The three-days of festivities featured dozens of events for kids and families, including the midway, a petting zoo, inflatable rides and delicious food trucks.

As always, it was the rodeo competitions that brought out the big crowds and Pennington estimated Friday's demolition derby attracted

close to 2,500 people.

But the other event that attracted a surprisingly large crowd was actually due to an



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RECORD PHOTOS BY ROBERT E. WILSON  
& MAGGIE WYSOCKI

**2017 Rodeo was jam packed  
with fun and excitement**





# Perogy workshop teaches about culture

By Kaitlin Vitt

Dressed in a white vyshyvanka — a Ukrainian blouse — with blue embroidery, Mary Marcinkow puts an apron over her head and ties it behind her back.

She takes off her blue and yellow watch, washes her hands and grabs an empty tomato soup can topped with a cloth and a rubber band — her perogy dough cutter.

The Lockport resident is at Fort-Whyte Farms, prepping the kitchen to lead a perogy-making workshop. She is a first-generation Canadian of Ukrainian descent and has lived in Canada for about 50 years.

Showing people how to make Ukrainian food is not only about celebrating culture, she says but also about learning where food comes from.

"A lot of people don't cook," she said. "They think it all comes from M&M [Food Market]."

FortWhyte hosted this workshop to remind people you don't have to be a professional to be a great cook, said farm manager Danielle Mondor.

"We have so many amazing cooks and chefs and people who know food and a lot of different traditions," Mondor said. "It's nice to share it."

Marcinkow learned how to make perogies from her mom, and after years of involvement in the Ukrainian community, practicing and perfecting her perogy pinch, she's become a bit of a master— or at least enough of one to lead the workshop.

The recipe Marcinkow follows is a generic one that many people use, she said, but it isn't for the fainthearted — it calls for 10 cups of flour.

"Like my mom said, there's no need to dirty up the kitchen with a couple dozen, so you make for the whole village," Marcinkow said.

So what's the most Marcinkow has ever made for one occasion?

One hundred ninety-seven dozen—that's 2,364 perogies. She, along with about 15 others, made the batch for Marcinkow's daughter's wedding social in May.

Perogy making is time consuming, which is part of the reason Marcinkow

makes them in large amounts, but she said one trick to getting it all done is to have fun and party.

She has other perogy tips, too: Make the dough the night before to let it rest, use mature potatoes because

**"UKRAINIAN FOOD IS NOT ONLY ABOUT CELEBRATING CULTURE BUT ALSO LEARNING WHERE FOOD COMES FROM"**



RECORD PHOTO BY KAITLIN VITT

Mary Marcinkow from Lockport shows off the perogies of workshop participants at FortWhyte Farms.

young potatoes are too watery, and when you're filling and pinching the perogies, make sure the side of the dough with the flour is on the outside so the inside — the part touching the filling — stays sticky. (This final tip was a class favourite — the perogy pinching quality improved drastically once they learned it.)

The class made cheddar and potato perogies, but the filling options are

just about endless, including saskatoon, sauerkraut and Marcinkow's favourite, potato and cottage cheese.

"Surround dough around anything and it's yummy," Marcinkow said.

Marcinkow points out this year is a special one to celebrate Ukrainian-Canadian traditions as 2017 marks Canada's 150th anniversary while 2016 acknowledged 125 years of Ukrainians immigrating to Canada.

## East St Paul musicians to bring a youthful sound to the Winnipeg Fringe Festival stage

By Jessica Worb

As Fringe Fest go-ers prepare for another year of quirky performances, two East St. Paul residents are getting ready to take their passion to the Winnipeg Fringe Festival stage.

Mark Holmes à Court, 22, and Mark Marinic, 21, say while many Manitobans connect Fringe Fest to acting, they connect it to music production and will showcase their musical talent in "A Drink Maker's Guide to Spirits."

"Music is the perfect way to express anything," said Marinic. "Each instrument has a role, and each note we wrote for this show is written with intention."

The duo, who met in a high school music production class, wrote their first full musical, "Together and Aloof", for the 2015 Fringe Festival. This year is the first production they'll be doing under their production company, Fox and Badger Productions.

"We have been very lucky to associate ourselves with very talented people," said Marinic. "It feels great to create with friends and likeminded people."

"A Drink Maker's Guide to Spirits", written by Ryan Reimer, follows three friends who run a bar. Without giving away much else, Marinic says the play is episodic, like a TV show.

"You get to know these two brothers. It is a picture into their lives in a limited time frame," said Marinic. "I would say it's a 'dramedy'."

This year marks the 30th Annual Winnipeg Fringe Festival and will showcase over 190 performances at 31 different venues. There's something for everyone to enjoy, believes Holmes à Court.

"There is a really good vibe of people who are there just to enjoy the arts. They are coming in with an open mind, which is important, especially for Fringe," said Mark Holmes à Court.

So what does the future hold for the two aspiring musicians?

Marinic is attending The University of British Columbia in the fall for his Masters in Composition and Holmes à Court has one more year at Canadian Mennonite University for his Bachelor of Music.

"Wherever we end up, we will come back to this. Theatre, storytelling and new music is a passion for both of us. This production company was created with the intention of presenting just those things," said Marinic.

"A Drink Maker's Guide to Spirits" runs from July 19 to 30 at The Tom Hendry Theatre Warehouse in Winnipeg. A full schedule can be found on their Facebook page FoxandBadgerProductions.



# Fish flies descend on Interlake

By Kit Muir

Again this year, residents and business owners in the Gimli area are dealing with thousands of dead fish fly carcasses on their properties, and it's up to the city to find a way to dispose of them.

Getting rid of the piles of fish flies that line Gimli's streets and cover its iconic seawall can be a challenge for the community, said Gimli Mayor Randy Woroniuk.

"It's like going through a horror story," said Woroniuk. "But it's a lot of fun."

Fish flies only live for about two days and drop dead shortly after mating, according to Jordan Bannerman, an Instructor in the Department of Entomology at the University of Manitoba. This means there are carcasses to sweep off steps every day during the 10-to-14-day of fish fly season.

Though fish flies can be an added difficulty for the community, they also create a common bond for residents Woroniuk says.

"[Cleanup] is everybody's responsibility. It's a combined effort."

Woroniuk doesn't believe the influx of insects affects the number of visitors to the area, despite their sometimes astonished reactions to the swarms.

"With fish flies you've got to have a good sense of humour," said Woroniuk. "Because they're not going away."

Pollution in lakes has a negative effect on fish fly populations according to Bannerman.

"They rely on the health of the body of water they live in," said Bannerman.

But for Woroniuk, fish fly season comes as a sign of a healthy ecosystem in the lake. This year, he says the season has been average. Gimli resident Lisa Martin agrees.

"It's not in the epic proportions that we had last year," said Martin.

Martin grew up with a cabin near Gimli and now lives in the area full-time so she's used to the insects.

"It's something that Gimli people are, we're just so used to it," said Martin.

Gimli has seen the last of the fish flies this year but the residents know they'll be back again next summer.



RECORD PHOTO BY KAITLIN VITT

The 1950's restaurant located on Eveline St has recently seen some exterior renovations thanks to a grant and a surprise opportunity.

## Renos bring new life to Riverside Grill

By Maggie Wysocki

Since the 1950s, Selkirk residents have been popping into the Riverside Grill on Eveline St. to enjoy a home-cooked meal.

Though the inside of the restaurant had always remained true to its former glory with vintage décor, the outside had begun to show signs of aging.

Over the years, the vinyl siding began to tarnish, the original sign's lights burnt out and the paint started to chip.

For most businesses, a few cosmetic touch ups would be no problem. But for the Riverside Grill, a non-profit organization run as a social enterprise by Community Living Selkirk, it wasn't in the budget.

"We're non-profit so we don't have extra funds for that kind of thing," explained Maria Freeman, who's owned and operated the restaurant through Community Living Selkirk since 2012.

The Riverside Grill supports people within the community who have in-

tellectual disabilities by providing them with a safe work environment to learn the skills needed for other employment opportunities.

"The goal is that they can eventually go out and find a job when they're ready," Freeman told the *Record*.

In the hopes of making the restaurant, "homey again," Freeman applied for a few local grants from organizations like the Selkirk Community Foundation.

"With those funds we were able to fix the roof and our siding.... still though there was lots of work needed," she said.

So it was a twist of fate when Freeman got a call from a Toronto movie production company who was interested in filming at the restaurant and willing to pay for some renovations.

"They fixed the window awnings and added wood siding to the front," Freeman said, adding that business has definitely picked up since the renovations happened two weeks ago.

Freeman didn't share the name of the movie being filmed, but she said they're currently shooting in other locations throughout Manitoba and will be back to the Riverside Grill in the next week.

While the crews in town, they've asked the restaurant to ditch its classic 50s look for a simpler, retro theme to match the movie.

But this change is only temporary and Freeman says once shootings over, the Marilyn Monroe memorabilia and Coca Cola bottles will be back.

Regardless of the renovations and stardom the Riverside Grill's seeing, there's one thing Freeman says will always stay the same.

"The biggest thing for us is having customers come in and share the experience of helping others with us."

The Riverside Grill, located at 386 Eveline St. is open Monday to Friday from 8 a.m. to 3 p.m. for breakfast and lunch.

## Recycling pays off for West St. Paul residents

Submitted

West St. Paul residents recycled 78,541.425 tonnes in 2016 and by doing so brought more than \$33,000 back to the municipality through the province's Waste Reduction and Recycling Support (WRARS) rebate program.

The program, run through Manitoba Conservation and Water Stewardship, rewards municipalities for eligible recycling diverted from landfills.

WRARS pays municipalities twice a year, and last year West St. Paul's two payments totalled \$33,910.32.

Each person in West St. Paul recycled .076 tonnes, which is higher than the provincial average of .069 tonnes.

The RM recycled 2,329.669 tonnes more in 2016 than it did in 2015.

The RM was paid \$88.70 per tonne of recycled material during the first half of 2016 and \$91.35 per tonne during the second half of the year.

The RM also received a grant, in the amount of \$105,988.33, from Multi-Material Stewardship Manitoba (MMSM).

MMSM provides funding to municipalities based on tonnes recycled. The funding amount is determined from the three-year average of net costs to the municipality.

West St. Paul's funding represents 388.62 tonnes of recycled material, at a rate of \$272.73 per tonne.



# Coca-Cola Foundation partners with Ducks Unlimited

By Jo-Anne Procter

Coca-Cola has dived in headfirst to assist financially in conservation efforts to help save Lake Winnipeg.

The Coca-Cola foundation recently gave a \$200,000 grant to Ducks Unlimited Canada (DUC) in support of its Lake Winnipeg Watershed Program. This gift is part of a larger \$500,000 commitment made to DUC in support of wetland conservation and restoration throughout the province. Water stewardship and replenishment is a key component of Coca-Cola's sustainability efforts, which is why it has teamed up with DUC to do its part for conservation.

Coca-Cola Refreshments Canada president Bill Shultz visited DUC's national headquarters at Oak Hammock Marsh to officially announce this conservation partnership on July 11.

"Water is an important part of our business and it's a vital resource for communities and nature. As a leader in water stewardship and sustainability we are committed to our goal of replenishing 100 per cent of the water used in our beverages," said Schultz. "Ducks Unlimited Canada has been an important part of helping us achieve our water replenishment goal here in Canada. Through their conservation work around Lake Winnipeg, we are improving freshwater and contributing to a cleaner lake for Manitobans. We feel a real responsibility and privilege to be working hard to be a leading corporate citizen when it comes to stewardship and protection of fresh water."

An important part of the solution to Lake Winnipeg's blooming algae problem is restoring and protecting the wetlands around it. Wetlands

are key to almost every aspect of the province's water health.

Wetlands are natural filters that trap and hold sediment and pollutants. This includes excess nutrients like phosphorus that enter our water sources from run off and sewage discharges. Wetlands also play a significant role in flood prevention by acting as sponges that capture, store and slowly release water over a long



RECORD PHOTO BY JO-ANNE PROCTER

Coca-Cola made a substantial donation to DUC at Oak Hammock Marsh on July 11. Pictured left to right, Teresa Woyna, General Manager, Coca-Cola Refreshments Canada, Marcy Sullivan, Chief Financial Officer, Ducks Unlimited Canada, Dave Howerter, Director of National Conservation, Ducks Unlimited Canada, Joel Longland, Manager, Sustainability, Coca-Cola Refreshments Canada, Scott Stephens, Director of Regional Operations for the Prairies, Ducks Unlimited Canada, Karla Guyn, Chief Executive Officer, Ducks Unlimited Canada, Todd Longley, Coca-Cola Refreshments Canada, Bill Schultz, President, Coca-Cola Refreshments Canada.

period of time. And by collecting precipitation wetlands also help recharge groundwater.

Scott Stevens, director of regional operations for the prairies explained that to date, Coca-Cola's support has funded the conservation and restoration of 605 acres (245 hectares) of wetlands. This represents 403 million litres of water replenished. It also equates to a total of 5,400 pounds of phosphorus and 54,000 pounds of nitrogen removed per year.

"Despite the critical role wetlands play in the health of our water, they are among the most threatened ecosystems in the country," said Karla Guyn, chief executive officer for DUC. "Every day we lose an average of 15 acres of wetlands in southwest Manitoba. Successful conservation requires the participation and support from all who live and work on the landscape. When organizations like Coca-Cola step up, it helps us to make significant conservation gains that benefit Canadians."

"The Coca-Cola Foundation has contributed \$500,000 to DUC for wetland conservation. This is an incredible gift

and a testament to their commitment to environmental sustainability."

Lake Winnipeg is a defining feature of the province. With support from partners like the Coca-Cola Foundation, DUC is providing hope for the iconic lake and all who depend on it.

## Bezan backs funding in support of Ducks Unlimited projects

Staff

Selkirk-Interlake-Eastman MP James Bezan says he's pleased that Environment and Climate Change Canada has approved additional funding in the amount of \$115,000 to Ducks Unlimited Canada.

This funding falls under a previously approved three-year agreement enabling them to carry out key project activities in support of the North American Waterfowl Management Plan (NAWMP) and North American Wetlands Conservation Council (NAWCC) in Canada.

These additional funds will be used for unforeseen pressures on the planned budget due to rising currency exchange rates associated with activities, namely, the NAWMP Coordinator/Wildlife Liaison and preparations for the 2018 revision of the NAWMP, including Canada Night 2018.

"By providing this extra funding, the government is ensuring that Ducks Unlimited can keep delivering on key projects that enhance habitat, protect wildlife and build upon their conservation efforts," said Bezan.

## Lower Fort Garry looks to recruit student volunteers

By Maggie Wysocki

Summer break is here, which means it's time for students to fill up their resumes with volunteer experience and Lower Fort Garry is offering to help.

The historic site, located on Highway 9 about six kilometers from Selkirk, is offering students who are 16 and older the opportunity to volunteer for a non-profit organization during their Adventures Day Camp.

After being closed because of renovations last summer, Lower Fort Garry is expecting this year's day camps to be bustling with kids.

Throughout July and August, seven week-long sessions are offered and volunteers can pick and choose what weeks work best for them.

The immersive environment is what made 17-year-old, Emily McIntosh fall in love with volunteering at the fort, she said.

"When we'd cross the bridge to the fort each day it was magical ... like we'd go back in time to 1855."

McIntosh, who lives in St. Clements with her family, volunteered over two summers and says the experience is one she definitely recommends to other students.

Not to mention, it now looks great on her resume.

"You'll feel enriched after a week of those experiences," she said.

Students interested in volunteering at an Adventures Day Camp session at Lower Fort Garry can email [daycamp@folfg.com](mailto:daycamp@folfg.com).

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# Parade shows off city's seniors



SUBMITTED PHOTO

Centenarians from Tudor House took part in the Fair and Rodeo parade

By Maggie Wysocki

Hundreds of people lined Manitoba Ave. on Saturday morning to watch as clowns, vintage vehicles and colorful floats took over the streets for the Annual Fair and Rodeo Parade.

This year's parade, which has been hosted by the Selkirk Biz for more than 50 years, ran throughout 2.4 kilometers of the city and showcased a variety of local businesses.

"We had 79 entries this year, which was up by a dozen from last year," said Sheri Skalesky, the Executive Director of the Selkirk Biz.

Sunova Credit Union, International Pipe and MMF & Interlake Metis Association were among the many entries who placed in the winner's circle. The judging was done by three former "Citizen of Selkirk" recipients and the Selkirk Biz has posted all the winners to their website.

"We always receive such great support from the City of Selkirk and they just went above and beyond in every department. We certainly could not accomplish any of this without their help," said Skalesky, adding the great weather helped too.

Among the parade's many flashy attractions was a float carrying four of the city's oldest residents from Tudor House Personal Care Home.

100-year-old Catherine Long, 104-year-old Olive Adams, 104-year-old Ed Schmidt and 105-year-old Marjorie Schick waved to the kids on the street from the care home's handi-bus that was decorated in a Canada 150 theme.

"They're quite excited and can't wait," Supervisor of Recreation, Denise Smith told the Record days before the parade.

It was Tudor House's first year participating in the parade, but now that they have the handi-bus to use as a float, Smith said she could see it happen in upcoming years too.

"The residents are just so active and want to be involved in everything. It's great, I hope they never lose that," she said.



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**SALE ON Thursday July 20 to Wednesday July 26, 2017.**  
 Advertised items are available only at your Selkirk Canadian Tire Manitoba Avenue 204-482-8473 Monday to Friday 8am to 9pm, Saturday 8am to 8pm, Sunday 9am to 6pm.

\* While quantities last



# Let him eat some cake!



RECORD PHOTO BY BRETT MITCHELL

A Selkirk auto sales legend called it a day after over half of a century of selling cars. Ed Teplyski of Selkirk GM started selling automobiles in 1962 and after 55 years he decided to retire.



The 2017 Canada Summer Games are a celebration of youth, sport and culture.

Catch the sailing competition free at the Gimli Yacht Club and cheer on your team!

SAILING PRESENTED BY:



FUNDED BY:



## Extra Foods



LIMIT 2, AFTER LIMIT 3.98 lb 8.77/kg

CLUB SIZE  
pork tenderloin  
croyvac package of 2  
2005455

**2<sup>98</sup>** lb  
6.57/kg



2 lb CLAMSHELL  
blueberries  
product of British Columbia, Canada no. 1 grade  
2014170301

**4<sup>88</sup>** each



LIMIT 4, AFTER LIMIT 7.28 each

Delissio rising crust pizza  
selected varieties, frozen, 519-888 g  
20791140

**4<sup>44</sup>** each



PC, Blue Menu, Free From, Thick & Juicy or  
Loads of beef burgers  
selected varieties, frozen, 1.36 kg  
20341343

**9<sup>98</sup>** each



LIMIT 4, AFTER LIMIT 3.98 EACH

PC Ice Cream Shop  
Flavours ice cream  
selected varieties, frozen,  
946 mL  
2029980011

**2<sup>98</sup>** each



LIMIT 4, AFTER LIMIT 6.48 EACH

Breyers Creamery Style  
ice cream or  
Breyers confectionary  
frozen dessert  
selected varieties, 1.66 L  
2034920001

**3<sup>98</sup>** each



LIMIT 4, AFTER LIMIT 6.98 EACH

Nestle confectionary  
frozen dessert  
selected varieties, 1.5 L  
2032208001

**3<sup>98</sup>** each



LIMIT 4, AFTER LIMIT 6.48 EACH

Klondike novelties or  
Ben & Jerry's ice cream  
selected varieties, frozen,  
4 1/2 or 500 mL  
20316760012

**3<sup>98</sup>** each



LIMIT 8, AFTER LIMIT 1.25 EACH

Minute Maid Fruitopia,  
Five Alive, lemonade  
or Nestea Iced Tea  
beverages  
selected varieties, frozen,  
295 mL 20418038

**1<sup>00</sup>** each



LIMIT 4, AFTER LIMIT 7.77 EACH

no name®  
frozen novelties  
selected varieties, 30x60 mL  
2034740003

**6<sup>97</sup>** each



LIMIT 6, AFTER LIMIT 2.18 EACH

Cheemo perogies  
selected varieties, frozen,  
815/907 g  
20027369

**1<sup>98</sup>** each



LIMIT 4 AFTER LIMIT 4.27 EACH

Cavendish fries,  
patties or  
hash brown sticks  
selected varieties, frozen,  
1-2 kg 2009027001

**3<sup>28</sup>** each

Get **[.pts]** towards FREE\*\* groceries!

\*\*Minimum redemption 20,000 PC points. Some redemption restrictions apply. See in-store or visit [pcplus.ca](http://pcplus.ca) for details

visit our website at: [extrafoods.ca](http://extrafoods.ca)

Flier prices and coupons effective from Friday, July 21st to Thursday, July 27th, 2017 unless otherwise stated.

Customer Relations: 1-866-999-9889.

Quantities and/or selection of items may be limited and may not be available in all stores. No cashbacks. No substitutions on clearance items or where quantities are advertised as limited. Advertised pricing and product selection (images, colors, patterns, etc.) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or omissions in photography or photography. Coupons must be presented and redeemed at time of purchase. Applicable taxes, discounts, or environmental surcharges are extra. No sales to retail outlets. We reserve the right to change quantities or items without notice. These savings are available on participating items. \*Canadian and/or environmental charges are extra where applicable. ©/TM The trademarks, service marks and logos displayed in this flier are trademarks of Loblaw Inc. and others. All rights reserved. © 2017 Loblaw Inc.

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**CLEARANCE**

**Garden Tool Cart**

068-7068-8 Was ~~\$79.99~~

**\$34<sup>97</sup>** SALE



**CLEARANCE**

**Mojack ZR Tractor**

Lift 060-7271-8 Was ~~\$279.99~~

**\$149<sup>97</sup>** SALE



**CLEARANCE**

**Coleman Large BBQ Cover**

085-3676-2 Was ~~\$69.99~~

**\$49<sup>97</sup>** SALE

**SALE ON Thursday July 20 to Wednesday July 26, 2017.**  
 Advertised items are available only at your Selkirk Canadian Tire Manitoba Avenue 204-482-8473 Monday to Friday 8am to 9pm, Saturday 8am to 8pm, Sunday 9am to 6pm.

\* While quantities last



# Nova Rex headlining Fall Jam in Petersfield



## Season Ticket Prices 2017-2018

	Regular Price	Early Bird Price
Adult	\$260.00	\$199.00
Senior	\$220.00	\$179.00
Student	\$175.00	\$149.00
Youth	\$110.00	\$99.00

**Early Bird Prices Effective till July 31st, 2017**

Tickets available at Selkirk Chrysler (Monday-Friday, 9am-4pm), [www.diyobo.com](http://www.diyobo.com) or by calling Don at 204-471-8844

Our goal is to sell 700 season tickets. Achieving this goal will help insure the teams future sustainability. If 700 season tickets are sold, purchaser's will receive an additional season ticket free.

Each season ticket package includes 30 flex tickets, which can be used for any exhibition or regular season game.



**SUBMITTED PHOTO**

Lead singer Ken Wilkerson wows the crowd

Fall Jam, a two-day music festival in Petersfield, is getting ready to rock as it welcomes its first-ever international music group, Florida-based band Nova Rex.

The festival which starts on August 25 was

founded by Roger Sing six years ago and he says he's excited to have an American band at his event.

"I'm hoping with the dollar that we get a lot of Americans," said Sing.

Sing started Fall Jam on his 17.5-acre lot as a community event and has been growing it ever since.

"I don't do agriculture," said Sing. "So rather than grow stuff on my land, I just decided to grow music on it."

Sing also hopes the performance of an American band will help his attendance numbers grow this year. He says Nova Rex's co-founder, Kenny Wilkerson has been promoting the event amongst the band's American fan base.

"It only took us 30 years to get back up there," said Wilkerson. "But we're ready to come up and bring the rock and roll."

Wilkerson says he's excited to play in Canada again since it's where the band started.

When the band formed in 1985, Wilkerson was the only member who wasn't Canadian. Now, 32 years later, there is only one Canadian member left in the group.

Wilkerson says a big part of why they decided to come back to Canada was because of Sing.

"Coming from Florida it's a long way," said Wilkerson. "[Sing] just talked me into it."

Nova Rex starts their six-stop Canadian tour at Fall Jam on August 25.

# HELP END MS FREE ROOT BEER DAY! JULY 22, 2017

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ENTERTAINMENT BY  
THE BOWMAN BROTHERS

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ONLY**

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Cane Sugar  
and All Natural  
Ingredients!





# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE

## Improve Your Outdoor Living Space

### The Great Outdoor Kitchen

The popularity of outdoor living spaces has been growing for years. Outdoor living spaces may also be sound investments for homeowners looking to improve the resale value of their properties. An outdoor kitchen will increase your living space and outdoor functionality.

Outdoor kitchens allow homeowners to prepare more than just traditional backyard barbecue fare. A standalone charcoal grill in the backyard might get the job done, but a built-in gas grill complete with burners and surrounding Barkman concrete tile countertop makes for a more functional outdoor entertaining space.

Home Hardware Selkirk has created

the perfect, affordable option to create and style your own outdoor kitchen. Elmer, senior Craftsman at Home Hardware, came up with an ingenious idea for homeowners to create their dream space without needing a second mortgage. Using cedar, Barkman concrete stones and tiles, Elmer designed a beautiful, functional outdoor workspace that can be customized for any outdoor space. "This sectional outdoor kitchen can work in any outdoor space. The stones can be customized, different colours may be used. You can choose cedar or treated lumber packages, the possibilities are endless," says Elmer.

Continued on page 22

### George Hacking

SMARTER. BOLDER. FASTER

### Century 21

Waterfront Concert happening this coming weekend Advanced Realty



George Hacking

**SELKIRK**  
OPEN HOUSE  
SUN JULY 23RD 2-4 PM.  
PRICE REDUCED



303 Sutherland  
Tasteful townhouse \$286,500



Mobile Home  
402 Bali Hai Bay \$119,000



229 Clandeboyne Ave \$277,000  
Classic Character



153 Sophia \$249,900



13 Howard Place \$389,000  
Walkout Bungalow Fully Landscaped



306 Robinson Avenue, Selkirk \$129,900



321 Superior \$225,000  
Pride in ownership



42 - 305 Mercy street  
Clean starter, low maintenance  
\$135,500



327 Superior Sweet Starter  
\$129,900



Condo  
304-65 Main St. \$165,000



Mobile Home  
205 South Dominique Dr \$59,000



201 Eveline Street \$260,000



520 Moody Ave \$236,000



105 Wavey Creek Road  
Treed privacy, shop and garage  
\$370,000



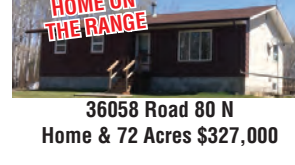
769 Meadowdale \$487,400  
Quality Design



5 Maple Street Avenue  
Great Park Near Stonewall  
\$84,900



1048 Petersfield Rd \$474,900  
2000+ sq ft Like New 5.78 acres



Home & 72 Acres \$327,000



306-193 Watson Street,  
Seven Oaks Starter For \$153,700



**VACANT LAND**  
NEW 10 Dubas Cr. \$195,000  
2 Gwen Ellen Way St. Francois Xavier \$110,000  
Hwy 26 St. Francois Xavier \$120,000  
0 Petersfield Pls, 120.6 Acres \$340,000  
72101 Pine Road S. Prime Development \$445,000  
605 Cll Road - 65.62 Acres  
DEVELOPMENT OPPORTUNITY \$492,000  
0 Ferry Road St. Clements \$122,000  
20 Acres Libau Call for info \$26,000  
NEW 80 Acres 35101 Rd 81N \$105,000  
NEW 76+ Acres 35151 Rd 81N \$105,000  
NEW 36+ Acres 36033 Rd 81N \$75,000  
NEW 12 Tom Prince Drive - Petersfield building lot \$62,500  
4 Great Lots Edith Ave \$37,900-\$65,000  
20 White Pine Vacant Land Halcyon Cove \$37,500  
125166 Coloinzation Rd. N \$138,500 4.1 Acres  
956 Whisky Ditch Rd \$125,000 - 36 acres



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Profitable Garage in Selkirk \$755,000  
66 Acre M1 Development \$980,000  
1753 Fairway Road  
Netley Creek Golf Course \$2,620,000  
311 Grassie Blvd Completed Subdivision \$385,000  
South Beach Collision \$750,000  
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\*Based on ACTUAL 2015 and 2016 MLS Results!



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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



**ABM CONCRETE LTD.**  
**CONCRETE**  
**Sand, Gravel & Sandstone**  
(Pick up or delivery)

**ABM CONCRETE**  
Selkirk Manitoba SELKIRK 482-7862  
WPG. 284-5914

## DIY Workshops at The Gypsy Traders

D.I.Y. – Do It Yourself – you either love the idea or the thought of tackling a project yourself stresses you right out. At The Gypsy Traders shop on Manitoba Ave. in Selkirk their customers are really having fun with the concept of DIY.

Since they opened in April 2017, The Gypsy Traders have held 8 project workshops. From their basic Painting & Distressing 101 classes to their Make & Take 5 Foot custom wood 'Welcome' sign workshop – their customers all seem to really enjoy the idea of learning how to create and tackle projects themselves.

"There is a real sense of accomplishment in doing something with your own hands," says shop owner Anna Massey. "I am always painting a piece of furniture for the shop or working

on some sort of wood or fabric project and it's actually very relaxing".

Taking a workshop to learn something new can be very rewarding. You can use the skills that you learn to create some really beautiful items for your home or cottage. And in addition to those obvious benefits, you have the opportunity to meet some really great people with similar interests. The friendships that can develop from a workshop or class are amazing.

"I've had the privilege of meeting some really great people through our workshops and I know many of them have already become good friends" says Anna. "Whether it's a class at our shop – or one of the courses offered through the Selkirk Continuing Ed

Continued on page 22

[www.teammoyer.ca](http://www.teammoyer.ca)



206 Queen \$127,500

"OPEN HOUSE" SATURDAY  
JULY 22, 1:00-3:00 P.M.



20 Younes Dr \$489,900



240 Heap \$247,500



7 Rifle Way \$439,900



53 Van Mol \$59,900



10-3459 Portage Ave. \$149,900

**VACANT LAND**

- 332 Acres (150 acres were cultivated) \$202,000
- 2 treed creek view lots with Geo Tech study done at end of Ferry Rd \$140,000. each.
- 70 Acres Rd 85N \$87,500.
- 15 Acres Devil's Creek, approach in place \$125,000.
- Netley Creek front building lot \$159,900.



420 Clandeboye Ave.  
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Judy MOYER



Meagin KWIATKOSKI

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804 Manitoba

**THE BROOKSTONE CONDOS**

**SHOW HOME HOURS**  
WEDNESDAYS 4:00-6:00 P.M.  
SUNDAYS 1:00-3:00 P.M.  
OR BY APPOINTMENT



221 Bluegrass Rd. \$679,900



"Riverfront – 11 Acres"  
82056 St. Peters Rd \$589,000



120 Bayview Dr \$189,900  
Lakeshore Heights



3 Ferry Rd, St Andrews \$289,900



204 Dunara Ave. \$219,500



95082 Rd 37E – 10 Acres \$329,900



29058 Rd 85N \$118,000



340 West St, Lakeshore Heights \$129,900



995 Frank St. \$324,900



123 Nanton Road  
\$374,900



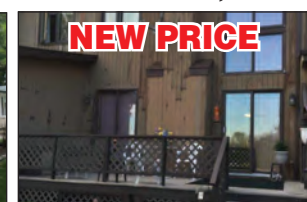
12 Houghton Bay  
Petersfield \$49,900



Road 99N Beaconsia  
\$139,900



619 Manchester, Selkirk  
\$272,000



27 Middle Drive, Winnipeg  
Beach \$159,900



985 Harriott Road  
\$459,900



323 McLean, Selkirk  
\$234,900



1404-6940 Henderson Hwy,  
Lockport \$279,900



321 Sunset Drive, Gimli  
\$116,200



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374 A Main St., Selkirk



# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE

## The timeless elegance of stone

For thousands of years, natural stone has been used in building projects. Elegant and timeless, it inspires artists, architects and writers from all backgrounds. In fact, the Spanish poet Federico Lorca wrote that "stone is a shoulder on which to bear Time."

Would you like to integrate stone into your next renovation project? Even though there is a wide choice of natural stone, some kinds have been proven over time for embellishing homes — these days we see it in kitchen countertops, fireplaces, stairs, walls, patios and as exterior siding.

### GRANITE AND BASALT

Basalt is the most abundant volcanic rock, in terms of volume, on Earth's surface. It is resistant to water and corrosion and is used in all phases of architectural construction, from flooring to siding. It is truly an all-purpose stone. Granite, which is strong and

durable, is ideal for countertops and floors.

### MARBLE AND SLATE

Renowned for its use by world-famous sculptors, marble can also be used for more practical ends such as floors and countertops. Slate, on the other hand, is a grained stone used for memorial stones and decorative surfaces. In construction, slate is also very practical as roofing material.

Because of its strength and its unique layered structure, masons can separate it into thin sheets.

### LIMESTONE AND SANDSTONE

Limestone is a very pale stone used in building and sculpting, while sandstone is characterized by extreme hardness and has excellent resistance to chemical or climatic stress. Sandstone is used in construction, sculpture, the manufacture of grinding

Continued on page 22



#1 Seller of Real Estate  
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(Based on MLS sales since 1962)



525 Moody Ave 1265 sf — finished basement large garage! 259,900! Call Mike 204-588-7967



2 Acre lots at Bridgeview Estates. Gas & high speed internet available. Septic fields permitted. Ask me about as little as 10% down O.A.C. Kim 204-482-5806



5 Four Winds Rd, Petersfield - Super minty 3 br 2 bath, sunrm, 2 garages. Kim 204-482-5806



Waterfront, Lac du Bonnet \$449,000 1600 sf + full fin bsmt, dbl gar & much more! Calvin 204-461-3055



500 Christie Avenue, Selkirk 2 br bi-level, garage, fenced yard. \$248,800 Kim 204-482-5806



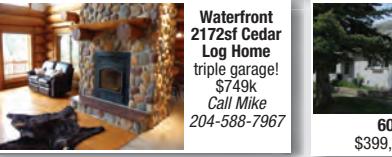
5 Four Winds Rd, Petersfield - Super minty 3 br 2 bath, sunrm, 2 garages. Kim 204-482-5806



494 Rockhaven Road, Reduced! \$334,900. Call Jim 204-485-2446



103 Dunara, Petersfield. 4 bds, 4 bath Dble & single gar. Bunky & Workshop Kim 204-482-5806



Waterfront 2172sf Cedar Log Home triple garage! \$749k Call Mike 204-588-7967



6060 PR 236, Balmoral \$399,900 Grant 204-641-6400



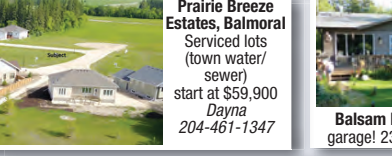
103 Dunara, Petersfield. 4 bds, 4 bath Dble & single gar. Bunky & Workshop Kim 204-482-5806



Treed Building lots on paved road in Clondeboye. K-6 school, 10 min to Selkirk, 25 to Winnipeg. Ask me about as little as 10% down O.A.C. Kim 204-482-5806



Wanipigow Lake 864sf 3 bed Cabin view of lake! \$128,500. Call Mike 204-588-7967



Prairie Breeze Estates, Balmoral Serviced lots (town water/sewer) start at \$59,900 Dayna 204-461-1347



Balsam Bay 1176sf home w/double garage! 239k Call Mike 204-588-7967



Wanipigow Lake 864sf 3 bed Cabin view of lake! \$128,500. Call Mike 204-588-7967



Convenience Store, 400 Tache. Lotto, snacks, ATM Jim 204-485-2446

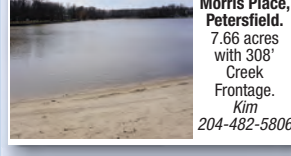


Balmoral, to be built \$329,900 1432 sf, 3 br, 2 bath Dayna 461-1347



Investment Property Subdividable 61 Acres! \$749 Call Mike 204-588-7967

Thinking of selling? Call Jim for a complimentary market evaluation of your home 204-485-2446 NicerHomes@outlook.com



Morris Place, Petersfield. 7.66 acres with 308' Creek Frontage. Kim 204-482-5806



Property by the Lake! Close to full Acre! \$14,900 Call Mike 204-588-7967



244 Tom Prince Drive. 55' wide building lot w/ garage on Netley Creek. Kim 204-482-5806



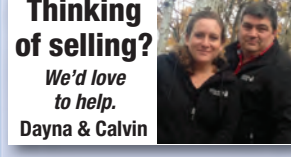
Lake front property Close to full Acre! \$59,900 Call Mike 204-588-7967



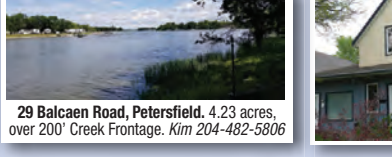
Balmoral - 5 acres with 3 bd 2 bath bung on paved road. Kim 204-482-5806



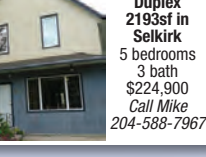
Petersfield on the Water! 1220sf 3bd 2 bath \$239,000 Call Mike 204-588-7967



Thinking of selling? We'd love to help. Dayna & Calvin



29 Balcaen Road, Petersfield. 4.23 acres, over 200' Creek Frontage. Kim 204-482-5806



Duplex 2193sf in Selkirk 5 bedrooms 3 bath \$224,900 Call Mike 204-588-7967



Jim Boulton



Dayna Clark & Calvin Kuch



Mike Juba



Kim Giesbrecht

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4 LYALL DRIVE



PRICE REDUCED \$184,000

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# Your Local Community Home Real Estate Section

HOUSES APARTMENTS CONDOS COTTAGES RETIREMENT FINANCING IMPROVEMENTS INSURANCE



## > STONE, FROM PG. 21

wheels and paving stones.

STONE IS SYNONYMOUS WITH PRESTIGE

Stone adds elegance, simplicity and warmth to any room. Put simply, you just can't go wrong when choosing granite for your bathroom, slate for a work surface or marble for a countertop. While synonymous with wealth and luxury, stone also brings a natural ambiance into stately homes. Just a touch here and there is all that's needed to instantly give an upmarket look to your residence.

KILL TWO BIRDS WITH ONE STONE

When the time comes to purchase

natural stone for your home, take the time to learn about its proper installation and maintenance. In-store specialists at home renovation stores can suggest which products you need (grout, sealer, cleaner, trowel, etc.) and the best techniques to use. You could always entrust the task to a professional if you don't like the idea of turning yourself into a tiler or mason for a day.

Sometimes urban and contemporary, sometimes rustic and bucolic, stone is always unique. It has no equal when it comes to beautifying a home, and you will surely impress your neighbours with your exquisite taste.

## > DIY WORKSHOPS, FROM PG. 20



program through the schools – get out there and learn something new! You don't know what you're capable of until you try."

The Gypsy Traders hold their workshops on Thursday evenings. You can view their event schedule on their Facebook page – [www.facebook.com/thegypsytraders](http://www.facebook.com/thegypsytraders) or stop by their shop Wednesday thru Saturday at 238 Manitoba Ave in Selkirk for more information.

## > OUTDOOR LIVING SPACE, FROM PG. 19

Outdoor entertaining areas often include bars, so it makes sense that homeowners want to include a place to prepare and serve beverages to their guests. Home Hardware has the perfect outdoor sink that can connect to your garden hose. Spending thousands on plumbing is not necessary to install a wet bar where you can rinse mixers, glasses and other items needed to prepare drinks and food.

Home Hardware Selkirk is featuring the Great

Outdoor Kitchen Giveaway contest with one lucky winner taking home a fabulous outdoor kitchen. Eligible contestants must spend \$2500 or more on a purchase of a deck, fence or Regal railing package at Selkirk Home Hardware and will be entered to win this outdoor kitchen shown here. Contest ends August 31st, 2017.

Stop by Home Hardware Selkirk to speak to Elmer and staff at the lumber desk to find out more about creating your own cedar outdoor kitchen.

We save you **money,** and charge **nothing!**

Call today to book your **FREE** consultation!

*Chris Poponick* Mortgage Broker

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**Selkirk Properties**

1219 Robinson Ave  
Selkirk **SOLD** \$161,900

310 Taylor Ave  
Selkirk **SOLD** \$99,900

**MY CURRENT LISTINGS IN THE AREA**

NEW 383 Purvis Blvd. Woodlands, Selkirk	\$312,000
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# Your FARM



## Balmoral elk whisperers at the top of their game

By Patricia Barrett

The last thing you expect to see when you enter a huge paddock on the Stonewood Elk Farm near Balmoral is a pubescent elk with a patchwork winter coat galloping towards you at full tilt.

Is he coming to cut you to shreds with his razor-sharp hooves and stomp you to death the way he would a coyote that manages to burrow under one of the eight-foot-high-fenced pastures in search of a calf snack?

It's possible. But G-Boy, short for Golden Boy, is a farmed elk of a different character. Unlike his buck-mates, who weren't abandoned at birth and bottle-fed by ranch owners Kelly and Trevor Farmer, he knows he's in for a gentle chuck under the chin and a vigorous belly scratch.

Part pet, part herd-calmer, the two-year-old family favourite has playboy charm. Just short of the height of an

average Canadian male, he'll nuzzle your neck, nibble your hair and attempt to rifle through your handbag. Good demeanour is a get-out-of-jail card: G-Boy won't be going for meat anytime soon.

It's the "crazy" elk, the ones that get the herd worked up and set the tone, that get shipped off to Carman's federally-inspected plant for slaughter and distribution to the market.

"You can make educated guesses when you're feeding them which ones are calmer. We don't want crazy animals," said Trevor as he and Kelly took the Express on a lengthy tour of their 840-acre farm in early June. "If you have a crazy mom, her calves are always crazy. If you have a crazy dad, there's a good chance the calves will be crazy. You don't want to breed that into your herd. These are domesticat-

Continued on page 24



RECORD PHOTOS BY PATRICIA BARRETT

G-Boy nuzzles his owner Kelly Farmer.



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# Your FARM



Continued from page 23

ed animals and you have to work with them every day."

Maintaining a calm herd is part of the success story of this tightly scripted and well organized farm. The 400 elk that call Stonewood home have become a viable trend in Manitoba's alternative farming industry.

There are about 29 elk farms in Manitoba, according to 2013 Statistics Canada data. But Stonewood is the only farm that's registered under the Canadian Food Inspection Agency's chronic wasting disease (CWD) Voluntary Herd Certification Program (VHCP).

It takes five years to achieve certification. The CFIA's website lists all the farms enrolled in the program.

Elk are susceptible to CWD, a progressive, degenerative brain disease with no cure. It must be reported under federal and provincial animal health acts. The disease is typically spread from one animal to another through saliva, contaminated feed, water or soil, or through contact with wild deer or elk. It cannot be passed through semen.

Once the Stonewood farm is accredited (in 2019), the Farmers will earn "elite" status and be able to ship live elk to breeding or trophy farms in America and Quebec. That, in turn, will boost their bottom line because "that's where the money is."

"If you're not on a VHCP, you can't send your animals anywhere," said Trevor. "You can only sell them in Manitoba. Kelly, last year, finally got the VHCP started in Manitoba. We're the only farm in Manitoba on it right now. The government's going to force all the elk ranchers to go on it."

Manitoba elk have never tested positive for CWD. Saskatchewan and Alberta are the only two provinces that have had outbreaks, according to the Alberta government's website. The



A newborn male hides under a brush pile.

latest science shows that the disease is not known to affect humans (through the consumption of elk meat).

Being able to trace elk back to their source farm – through ear tagging, meticulous record-keeping and testing of animals that die – is key to controlling CWD.

Each elk the Farmers send to Carman's meat processing plant is screened for CWD. And they minimize possible disease outbreaks by fencing all the paddocks to prevent wild deer and elk from making contact with their animals. They also don't participate in Open Farm Day, whereby the public can visit different farm operations, because footwear is a vector for any disease.

"We deal with our veterinarian on a weekly basis," said Trevor. "And he comes out once a year and counts every single animal on the farm and makes sure they're all healthy. We have to finish our fifth year of the VHCP before we can export (live animals) to the U.S."

The Farmers have been in the game, pardon the pun, since 1997 when Manitoba legalized commercial elk ranching. They started with about eight elk when the farm was launched by Trevor's dad, Merv.

Elk have personality, which may account for the deep attachment the couple has developed for their animals, all of whom are named.

This is not just a business with a lucrative market for several elk products: it's a passion.

"I love the calves," said Kelly, a teacher at a local school. "I love studying the genetics and seeing what kind of results we're going to get. And I just love being around them. I've always been an animal person. I really like our kids growing up on a farm, being outside and having them help out and doing some of the hard work, as well as respecting animals."

Compared to G-Boy, the other bucks seem downright uncouth. When you peer at them through the fence or from a safe distance in the paddock, they throw back their heads and flare their nostrils at you as if to say, "Ugh, somebody's got BO." It's not a slight: that's just their way of determining whether you're a threat.

As members of the cervid family, which includes deer, caribou and moose, elk bark like a dog and chirp like a bird when something's up, and their hooves make a distinctive clickety-click as they dash swiftly through the grass to get downwind of you. At this time of year, they start shedding their thick winter coats, which stream from their necks and backs like a boa.

How they smell came as a surprise. The dampish pasture had, dare we say it, a pleasant woodsy odour, a step-up from horsey smell and nowhere near the pungency of pigs.

The elk are assigned to one of 21, five- to 15-acre paddocks, depending on their age, gender and family ties.

"They stay with family," said Trevor. "Once you get to certain pastures, you'll notice the ear tags will be a different colour. The reason being is that



Kelly and Trevor Farmer in the antler deep-freeze.

if you have one family group, and you take a cow from a different family or genetic line and put her in there, they'll pick on her and almost kill her. They're very family-oriented."

It takes a lot of hard graft to maintain the herd in peak condition. If they're not completing paperwork or studying genetic lines, the Farmers are out in the field checking herd health, tagging newborns, harvesting antlers, and delivering hay and a special blend of oats with a supplement (their elk are raised without antibiotics).

"In the summertime it's six hours a day hauling water," said Trevor. "You can't even go away. Someone has to be here. Then they get fed every day, too. If they've got green pasture, you could go away for a day."

To cut down on labour, the Farmers have invested in ranch-wide water lines, and have two thirds of the work completed.

Even though they're farmed elk, inured to the daily presence of humans, they're still wild animals. You can't just stroll up to them expecting a warm welcome.

The new moms were understandably skittish when Kelly drove the Express through the birthing pen. The dams (female elk) circled the wagon when we stopped for a brief look-see at the calves lying stock-still in the long grass or hiding under a brush pile – anti-predatory strategies.

Continued on page 25

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# Your FARM



## CSA boxes help grow Lockport farmer's business

By Maggie Wysocki

Camouflaged behind thick bushes, Jonathan's Farm is unsuspecting to most highway drivers.

The neatly kept front yard and modest two-storey house make the property look like any other resident's.

It's only once driving behind the house you'll see Jonathan's Farm is a thriving business, providing community supported agriculture (CSA) boxes to more than 400 people and selling his vegetables at farmer's markets to thousands more.

According to Direct Farm Manitoba, the concept behind CSA shares is that people subscribe to their farm of choice by paying for a "share" at the beginning of the season. Then, their farmer grows a variety of fruit and vegetables, which they pick up weekly.

"When I first started it was small with maybe 60 (CSA) shares ... but

we've doubled every year since," Jonathan Steven said while standing on his property located 10 minutes south of Selkirk.

The 37-year-old self-taught farmer started off as an intern on a biodynamic farm in Ontario. In 2010, he started his own farm — "the name gives it away," Stevens laughs.

That first property was in Teulon but he decided to move to Lockport three years ago to be closer to the city. Now, Jonathan has four employees who help him take care of the eight acres he farms on.

"It's a pretty ideal spot," he says, adding that he drives into Winnipeg twice a week for CSA pick-ups and to host a farmer's market in Wolseley. "People really like getting to know the farmer and meeting us."

"I think they like that connection."

Continued on page 24



RECORD PHOTO BY MAGGIE WYSOCKI

Owner of Jonathan's Farm in Lockport, Jonathan Stevens says the 400 community supported agriculture shares he sells is what keeps his business booming.

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# Your FARM



## > CSA BOXES, FROM PG. 25

According to Direct Farm Manitoba, there are more than 160 farms in Manitoba selling CSA shares

So how does Stevens set his farm apart from so many others?

"We just always select what's freshest. We really focus on that. Nothing sits more than a day before it's picked," he says.

Another factor that sets Jonathan's Farm apart is that he continues his CSA shares throughout the winter, while most CSA farmers stop in the fall.

Though the winter boxes only have root vegetables, he says it surprised him how interested people were.

"I think people really like to support people like me who are trying to farm sustainably."

To support Jonathan's Farm, visit him at the Selkirk Waterfront Market every Wednesday in August.

For more information on CSA shares, visit [jonathansfarm.com](http://jonathansfarm.com).



RECORD PHOTO BY MAGGIE WYSOCKI

Jonthan's Farm, located 10 minutes south of Selkirk, is home to an eight acre field, and a hoop house, where he grows tomatoes and peppers.

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# Your FARM



Continued from page 25

"Within half an hour, they can walk and even run a bit," said Kelly. "They're pretty clumsy, though, like Bambi on ice."

In May and June about 120 white-spotted, spindly-legged calves will swell the base population of 400.

When the sky is broody, the last thing you want to do is give birth if you're an elk. The reason for that may have to do with the effects of cold weather on a newborn.

Elk birth requires constant vigilance and up to 14 hours in the field to ensure no complications arise. It's also important to determine whose calf is whose in order to identify genetic lines.

A "huge bag" (the udder) is one of the signs that a cow is ready to deliver.

"She was labouring yesterday," said Kelly, referring to one cow. "She's walking a little funny and slow. That's how it starts, then they'll start pacing the fence with their nose in the air anywhere from one to three days depending on the weather. Once they start pacing the fence, it's imminent."

The sac arrives before the calf.

"It looks like somebody's blowing Hubba Bubba out their butt," said Kelly. "It's a giant pink bubble that will burst. Once that bursts, within half an hour for sure you'll see feet poking out. And from the time we see the feet coming out, we want a baby within a couple of hours. And we monitor that."

Three calves were abandoned by their moms: a male that was so big, he had to be pulled from the womb, a female preemie whose mom was "doing everything right instinctively" but couldn't get her to suck, and another female whose mom couldn't adjust to her new role (hardly uncommon in both the animal and human world).

Unlike humans, male and female elk lead separate lives, getting together once a year for congress then merrily going their own way.

In the case of farmed elk, the biological imperative is primarily satisfied via a sterile, semen-filled syringe administered in about 30 seconds by an expert human inseminator who knows elk anatomy "inside out and backwards."

The Farmers will sometimes let their elk make hay, but they're mindful of the possibility of inbreeding. And when it comes improving the gene pool and antler size, who mates with

whom is important.

The Farmers want "inches" and "style" to the antlers they sell every year to the Asian market, and "heavy mass" for the bulls they'll be able to sell to breeding and trophy farms in a few years. The use of an expert inseminator improves conception rates.

"For us to get bigger and better genetics, we have to artificially inseminate them with semen from bulls from all over the world," said Trevor. "You always want the biggest and best in the world. Kelly and I travel for a week in the summertime. We go around and look at bulls."

The process of estrous synchronization, whereby all the cows are inseminated at the same time, occurs after the calves have been weaned (at about six months old) and milk production has dried up.

Weaning restores the cows' natural birthing cycle. But the process has the neighbours shutting their windows.

"We'll wean the calves on the September long weekend. When we pull them off the moms, it is loud here," said Trevor. "Our neighbours will complain because you've got 100 to 120 calves screaming bloody murder for two or three days."

After weaning, the Farmers themselves prep select cows for breeding.

"We'll put a seeder in," said Trevor. "It's a large tampon with wings that goes into the cow and has drugs in it that won't let her ovulate. We do that for 14 days then we pull the seeders out and inject them with PMSG, a super-ovulating drug. Then we wait 62 hours and put the semen in."

Elk farming can be lucrative as nearly every part of the animal can be utilized in some way.

"There's quite a few industries for elk," said Trevor. "We've got the meat industry, the velvet industry, the breeding stock industry and the (calcified) antler industry. And then we have the harvest preserve industry (bulls), called trophy animals."

"If you just did the velvet and meat, you can make money if you have good genetics. But you're not going to make great money. If you have the VHCP program, it's extremely profitable that way."

Bulls sold to harvest preserves can fetch on average \$10,000 CAD, but there is a limit to the numbers that that can be sold at one time; it depends on market demand and the numbers of animals each elk rancher

can sell without whittling down his/her herd.

"You get paid by the (antler) inches, not by the pounds when you're selling them live," said Trevor. "A 400-inch bull is about US \$7,000 or \$8,000."

An 800-pound bull is ideal, but anything heavier is akin to a habitual beer drinker, sporting a belly that's considered unsightly.

"An elk heavier than 1,000 pounds just starts getting fat with a big gut on them," said Trevor. "We breed a lot for frame size and the speed of growth."

Every spring, male elk shed their antlers and grow a new set.

The antlers start in velvet, a furry outer layer of skin that protects thousands of small blood vessels coursing through the structure. They'll eventually calcify, becoming velvet-less bone that bulls use to maim and kill rivals during the fall rut.

When bulls turn two, the Farmers begin harvesting their antlers before calcification sets in.

"At two, they'll grow their first set of normal antlers," said Trevor. "And every year they get bigger and bigger probably up to the age of nine."

It takes between 65 and 72 days to grow a new set of antlers, and "style" is passed down through dams, not sires, said Kelly. It takes a few generations of experimental breeding until offspring will "throw beautiful antlers consistently."

By the sound of it, it's easier to herd elk than it is to herd cats, especially when it's time to bring them to the barn for antler-removal surgery and post-op treatment.

The removal is thought to be uncomfortable, kind of like having a tooth pulled under anaesthetic. Trevor sanitizes a saw and wraps a tourniquet around the base of each antler to control the bleeding.

"If you didn't put a tourniquet on it, it would be like a showerhead," he said.

Kelly weighs, measures and tags each individual antler as it comes off.

"They have five minutes of life where they're not happy," she said, "and then for the rest of the year they lie in the pasture."

The velvet is said to contain medicinal properties and is much sought after on the Asian market.

"In North America, we freeze-dry them, strip the velvet off, grind the inside of the antler and put it into capsules," said Trevor. "The antlers go to

a specialized plant in Alberta. In Asia they will heat-dry it, strip the velvet off and cut it into chips [like potato chips] and brew it for teas."

The Farmers belong to a co-op that pools antlers with those from other elk ranchers in order to increase "selling power." The co-op system usually nets a few dollars more per pound.

But velvet prices fluctuate. Over the past few decades, Trevor said they've ranged from \$11 to \$120 a pound.

"The last five years we've been hovering between \$45 and \$55, which is where it should be," he said. "We want it to stick around the \$50-a-pound mark. As long as you've got good genetics, a two-year-old bull can grow 10 to 20 pounds of antler. Then you're making money."

The province and the Manitoba Elk Growers Association are currently looking for ways to improve the marketability of home-grown elk.

"We have recently discussed the marketing needs of the elk industry as part of a consultation on the next policy framework, which will replace GF2 [Growing Forward 2, a federal-provincial funding program] when it expires," said a Manitoba Agriculture spokesperson.

The province supports elk farmers through its livestock industry branch, assisting with herd management, animal health and welfare, and grazing practices, she said.

Although there are some provincial restaurants and retailers that offer elk meat, Trevor said Manitobans have been "complaining" about a dearth of venison.

Elk meat sells for roughly \$5 to \$5.25 CAD per pound, and most of it is shipped to America.

The Farmers will be tapping into the burgeoning local market this summer. Some of the animals they'll be sending to the Carman plant will be allocated to Manitoba retailers.

"The bison guys have gone skyrocketing, and people are still going with it," said Trevor. "So we're going to go back in and try to get the elk out there. There's such a demand for elk meat that we would wipe out the entire herd in Canada in a year or two if we did them all."

G-Boy won't be landing on anyone's plate until he passes on naturally. But he'll be offering up his antlers later this year. Based on his affection for the Farmers, he may not mind contributing to the growth of the family



# Finalists announced for the Emerging Filmmakers Competition

## Submitted

On Screen Manitoba, RBC and the Gimli Film Festival are pleased to announce the finalists for the 2017 RBC Emerging Filmmaker Competition. This year saw a record-breaking number of submissions from 22 emerging Manitoban filmmakers. The following filmmakers will pitch their projects to a jury of industry professionals in front of a live audience during the Gimli Film Festival on Saturday, July 29, 10 a.m. at the Gimli Theatre. See full schedule at <http://gimlifilm.com/films/film-schedule/>

Alan Wong - Dreams

Alex Ateah - Heel

Jackson Peters- Your Mileage May Vary

Justin Lamoureux - The Alligator: The Beast of Manigotogan River

Miles Crossman and Nicola Baldwin - If It Ain't Got

The jury will select one filmmaker who will be awarded \$10,000 in production funds through the RBC Emerging Artists Project, a mentorship with industry professionals from the National Screen Institute, a one-year membership to On Screen Mani-

toba, a \$2,500 gift certificate courtesy of William F. White and a premiere screening of their film at next year's Gimli Film Festival.

The program will open with the premiere screening of the short film *The Debut* from Solmund MacPherson and Allegra Chiarella, winners of the 2016 pitch competition.

Participating filmmakers are then given three minutes to pitch their short film ideas to the panel of industry professionals and a live audience at the Gimli Theatre.

Following each pitch, the jury has five minutes to offer feedback and to ask questions. Once every pitch is completed, the jury deliberates and selects a winner.

"We're very excited to hear the pitches for this year's RBC Emerging Filmmaker Competition at Gimli Film Festival and to get to know more of the amazing talent waiting to be discovered," said Aaron Martyniw, RBC Vice President Commercial Financial Services. "RBC is proud to help Manitoba's arts community thrive and we thank On Screen Manitoba and Gimli Film Festival for giving storytellers



PHOTO SUBMITTED

The Gimli Film Festival will be held July 26-30 with the Emerging Filmmakers Competition taking place July 29.

this chance to share their creative vision and the chance to make their leap to the big screen."

"The RBC pitch competition at the Gimli Film Festival opens the door for emerging talent in Manitoba, many past pitch participants work in the Manitoba media production industry today," said Nicole Matiation, Executive Director of On Screen Manitoba.

"With our media production business booming, there is real opportunity for people interested in a career

in the industry. On Screen Manitoba looks forward to working with each and every participant as they develop their media production skills."

On Screen Manitoba, RBC and the Gimli Film Festival would like to thank the National Screen Institute and William F. White for the generous prizes they provide for this competition. Manitoba's screen-based media community values their support and looks forward to continued partnership.

# Drop Zone Divas to rappel off Manitoba Hydro Place

## Raising funds for Society for Manitobans with Disabilities

By John Bruce

We all deal with our fears in different ways. Donna Grieve, 54, of Stonewall will face her fear head on — by jumping off a roof.

"I'm terrified of heights," Grieve said. "But I challenge myself to overcome my fears."

On August 27 Grieve will rappel off the roof of Manitoba Hydro Place, a skyscraper in downtown Winnipeg. She will descend from the edge of the tower with nothing but a rope around her waist and 22 storeys of air beneath her.

It's called Easter Seals Drop Zone, a fundraising event benefitting the Society for Manitobans with Disabilities (SMD).

The cause is close to Grieve, who had a cousin who lived out his life at St. Amant, a Winnipeg centre for people with disabilities, after a traffic accident. As a child, she visited him on weekends.

"We made friends with kids who lived there," Grieve said.

Since her cousin's death at 21, she said helping people with disabilities

has been dear to her.

This is the latest of Grieve's adventures since her mother died of brain cancer in 2001.

"On her deathbed, she took my hand and said 'I haven't done anything yet, and there was so much I wanted to do,'" said Grieve. "I vowed after that to live my life to the fullest. I'm taking her with me on this."

Her mother's words gave her the strength and the courage to pursue her dreams, like bodybuilding to compete in figure contests. She came in first place at a contest after two years of training.

She will train for Drop Zone at a Winnipeg rock-climbing gym and rappel with her friend Janet Hewitt. They are calling their two-woman team the "Drop Zone Divas."

"I'm going to wear some kind of super-hero costume," said Grieve. "I'm hoping Wonder Woman but we'll see."

Grieve and Hewitt both work in risk management.

"Risk managers risking it all," Donna jokes. "The risk of (something) happening is low, but the severity is high



RECORD PHOTO BY JOHN BRUCE

Interlake gal to rappel Manitoba Hydro Place for Society for Manitobans with Disabilities.

because it almost certainly ends in death, but I'm not worried one bit. The hardest part for me will be stepping off the building."

Grieve has been visualizing that moment to mentally prepare herself for the adrenaline rush.

She has already raised over \$1000 for the event and hopes to reach her goal

of \$1800. In total team Drop Zone Diva have raised over \$2500, putting them in first place.

You can visit the SMD website to donate to Grieve. Visit [www.thedropzone.ca/Winnipeg](http://www.thedropzone.ca/Winnipeg)

You can also go to the Hydro Building on August 27 to cheer her on.



# Province launches Manitoba college education review

## Staff

Manitoba is undertaking a comprehensive review of college education in an effort to identify opportunities to strengthen the system, improve outcomes for students and focus programming on skills needed in the province's labour market.

"With shifts in industry, labour market needs, emerging technologies and innovation, this review is timely in a rapidly evolving college landscape," Education and Training Minister Ian Wishart stated in a release earlier this month. "Improving coordination in the college education system will support institutions in adapting to this changing environment and building a high-skilled, job-ready labour force."

The Manitoba College Education Review will be completed in partnership with public post-secondary

institutions that deliver college-level programming including Assiniboine Community College, Red River College (RRC), Manitoba Institute of Trades and Technology, University College of the North and Université de Saint-Boniface.

The last review of college education in Manitoba was conducted in 2007. Under subsection 9.5(1) of The Advanced Education Administration Act, the minister can direct a review and report on any matter connected with the management, administration or operation of a university or college.

"Red River College is in midst of a major expansion – led by plans for a new Innovation Centre in the Exchange District – that will create new programs and opportunities for students and industry," said Paul Vogt, RRC president and CEO. "As a key

contributor to the province's innovation and economic growth strategy, we welcome the opportunity to continue to shape the future of college education and ensure we are agile and responsive to the needs of business and the labour market."

The minister said the review will focus on opportunities for enhancements at the institutional as well as the system level. The main pillars of the review will include:

- college system vision and partnerships;
- programming including relevance to labour market need;
- student outcomes;
- financial management, governance, efficiency and effectiveness;
- student and client services including contract training, apprenticeship programs, adult learning centres and

international education.

Higher Education Strategy Association has been awarded the contract for the review, which will be based on existing data from Manitoba Education and Training and the colleges, literature reviews of best practices, in-depth interviews and consultation with key stakeholders.

A report to government is expected in late 2017, Wishart said, adding it will provide insights and recommendations for building on the strengths of Manitoba's college education system in order to improve outcomes for both students and the economy.

"We are working to ensure Manitoba has the best possible college education system in order to prepare our young people for good jobs and a bright future here in this province," said Wishart.

# Province to help addicts pay for opioid replacement Suboxone

## Submitted

Manitobans recovering from opioid addictions will receive new support with the removal of coverage criteria for Suboxone to the Manitoba Pharmacare Program, Health, Seniors and Active Living Minister Kelvin Goertzen announced on Monday.

"We know opioids like fentanyl are affecting our communities and families, which is why we are enhancing access to suboxone," said Goertzen. "Today's announcement means more Manitobans will be able to access coverage for this opioid replacement option if they need it. This will help Manitobans with opioid addictions recover and lead healthier lives."

Pharmacare is a drug benefit program for eligible Manitobans, regardless of disease or age, whose income is seriously affected by high prescription drug costs. Criteria that limited coverage for suboxone have now been removed, making it easier for eligible patients to access coverage for the drug. Suboxone is used to decrease cravings and relieve withdrawal symptoms for people recovering from opioid addictions.

The minister made the announcement at the Addiction Foundation of Manitoba's (AFM) River Point Centre, which is also the site of a 30-suite, abstinence-based apartment complex. The minister noted the apartment complex has recently been named the River Point Apartments following community stakeholder consultation. As a result of provincial investments, three new permanent staff have been hired to help operate River Point Apartments.

"Recovery is a process and support is often required for some time," said Ben Fry, chief executive officer, AFM. "The longer support can be provided, the better the outcomes. The AFM continues to see strong demands for opiate replacement therapy and supportive housing for people along their journey to healing and recovery."

Recognizing suboxone and methadone are now used in opiate replacement therapy, Fry added the former Methadone Intervention and Needle Exchange program has been renamed Manitoba Opioid Support and Treatment (MOST) program. The MOST program is available in Winnipeg and Brandon.

"Like all areas of health care, opioid addiction treatment continues to be an evolving process. We know that while methadone continues to be an effective medication for many patients, people are different and have different needs. Suboxone, with its overall safer medical profile, can provide a great alternative for

many patients. Importantly, with the increased accessibility of these two opiate agonist treatments, we not only increase the chances of success for patients but we also improve health and social outcomes on both the individual and at the population level," said Dr. Ginette Poulin, medical director, AFM. "As a physician, I see the positive effects the MOST program has on Manitobans every day, in terms of building healthier lives for themselves and their families."

For more information on fentanyl and other opioids in Manitoba, visit: [gov.mb.ca/fentanyl/index.html](http://gov.mb.ca/fentanyl/index.html).

**"THIS WILL HELP MANITOBBANS WITH OPIOID ADDICTIONS RECOVER AND LEAD HEALTHIER LIVES."**



PHOTO COURTESY OF KASPER TRANSPORTATION

## Selkirk to Winnipeg bus route back in service

By Maggie Wysocki

When Exclusive Bus Lines announced they were going to cancel their Selkirk to Winnipeg route starting this fall, Selkirk residents were left feeling stranded.

Many voiced their concerns and some started petitions. But finally their pleas were heard when Kasper Transportation released a statement earlier this week saying it would be taking over the route starting Sept. 1.

"Nothing to worry about! We won't leave Selkirk residents without service," Kasper Transportation posted on its Facebook page Monday night.

The northern-Ontario based company operates both charter and scheduled routes and will have enough room to carry 16 passengers per mini-bus.

A Kasper Mini-Bus will run from Selkirk to Winnipeg from Monday to Friday with a morning and evening service.

Details on drop-off and pick-up locations are available on the company's website [www.gokasper.com](http://www.gokasper.com)



# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Midget Pirates plunked in city playoffs

By Brian Bowman

Maybe the North Winnipeg Pirates Midget team is saving their best baseball for this week.

It certainly wasn't last weekend as the Pirates finished with an 0-4 record in their city playoffs.

North Winnipeg started its post-season with a tough 3-2 loss to Bonivital. Pirates' pitchers combined to allow just one hit and gave up three unearned runs.

On the offensive side, the Pirates stranded eight base runners and had 11 strikeouts.

The Pirates' luck didn't change much in their next game against the Winnipeg South Chiefs. North Winnipeg lost 6-4, in large part, due to a controversial umpire's call on a home run.

"The young ump was in the wrong spot and made a bad call," said Pirates' head coach Gary Dear in an email. "(But) that stuff happens."

While the umpire appeared to make

an error in the Chiefs' loss, it was the Pirates making all of the mistakes in a 14-9 defeat to the Elmwood Giants.

North Winnipeg made a whopping 14 errors in the five-run loss.

"Every player made at least one error and we still had a chance to win it in the bottom of the sixth (inning) down 12-9 with loaded bases," Dear noted. "(With) one out with two of my best hitters up, one struck out and the next one flew out."

North Winnipeg closed out its playoffs with a 10-4 loss to the St. James A's.

Despite the poor showing in the playoffs, North Winnipeg still advances to the provincials, which begin this morning and continue through this weekend.

"The baseball Gods just weren't with us last weekend," Dear stressed. "Maybe they're saving it for this weekend."



RECORD PHOTOS BY LANA MEIER

The Pirates' Earl Masanque gets back safely to first base against the Winnipeg South Chiefs.



North Winnipeg Pirates' right-hander Ben Anderson delivers a pitch during playoff action.

## PeeWee Pirates advance to city finals

By Brian Bowman

The North Winnipeg Pirates made it look pretty easy last week against the Winnipeg South Chiefs.

And now the Pirates will be playing for a PeeWee city championship.

North Winnipeg swept Winnipeg South in two straight games of their best-of-three semifinal series. The Pirates won Game 1 by a 5-0 score and then cruised to a solid 6-2 victory.

"The boys came to play the first game and they had a good attitude going into the first game of the series," said Pirates' head coach Ken Allen. "There was lots of enthusiasm and energy."

Giving up just two runs in two playoff games is a sign of a very good defensive team.

"Defensively, we were very tight," Allen said. "We made very few errors and our pitching was quite outstanding. We had a lot of outstanding pitching and that turned out to

be a big factor."

With the semifinal series win, the Pirates advanced to the league final against the St. James A's. That best-of-three series started this past Tuesday and then continued last night but no scores were available at press time.

"I think (our team) will be fired up tonight," Allen predicted Tuesday afternoon. "We have to stick to our game plan where we practice hard and play hard. Defence has always been one of our strong points as well as putting the ball in play."

Game 3, if necessary, will be played tonight at the Sunova Centre in West St. Paul. First pitch is scheduled for 6:30 p.m.

The Pirates, who finished their regular season in first place with a stellar 17-5 record, will also be preparing for the 13U "AAA" provincials to be held Aug. 4-6 at the St. James Optimist Park in Winnipeg.



# Uruski to compete at AMA National Motocross Championship

## Submitted

Narol's Maguire Uruski has made his dream come true.

The 11-year-old dirt bike racer has qualified for the largest amateur motocross race in the world, the 36th annual Rocky Mountain ATV/MC AMA Amateur National Motocross Championship this August at the historic Loretta Lynn Ranch.

Uruski earned one of just 1,446 qualifying positions.

"The Amateur National at Loretta Lynn's is the event every motocross racer in the country wants to compete in," said Event Director Tim Cotter. "A win at Loretta's gives a racer instant national notoriety and can serve as a springboard to a lucrative professional motocross career."

Most of America's top professional motocross racers, including James Stewart, Ricky Carmichael, Travis Pastrana and Ryan Dungey, have won AMA Amateur National titles at Loretta Lynn's.

Uruski, who attends East St. Paul's Robert Andrews in the sixth grade, has been riding dirt bikes since he was four years old.

With the help of sponsors such as Prairie Hill Racing and Set Point Refrigeration, who help pay his way to the races, Uruski has had the opportunity to pursue his dreams.

He has won over 30 races in the last

six years and competes nearly every weekend at races in Manitoba and the United States.

Uruski will make the long journey to Hurricane Mills, Tenn. along with his mother and father. The race runs July 31 through Aug 5.

Uruski is one of over 22,000 racers who spent the last four months qualifying for the event. The top finishers



in area qualifiers and regional championships earn a gate position in the national championship race at Loretta Lynn's.

Racers may enter a wide variety of classes, from minicycle classes for children as young as four, all the way up to a senior division for riders over 50. There are also classes for women and classes for both stock and modified machines. In total, there are 35



RECORD PHOTO SUBMITTED

Maguire Uruski has qualified for the largest amateur motocross race in the world.

different classes of competition.

Uruski will compete in the highly-competitive 65cc 7-11 class.

The track is built on a section of Loretta Lynn Ranch and Campground in Hurricane Mills, Tennessee. The course contains a variety of jumps, corners and other obstacles designed to test the skills and stamina of the racers. The motocross track is used only once a year for motorcycles, so there is no hometown advantage.

Racers compete in three 15-20 minute races over the course of the week per class, sometimes in grueling temperatures. Proper training and preparation are paramount.

The race action will be broadcast live daily at [www.RacerTV.com](http://www.RacerTV.com) for 40 hours of live coverage.

In addition, two highlight shows featuring the event will air on NBC Sports Network in the fall.

## Blue Jays to battle Carillon in MJBL playoffs

### By Brian Bowman

The Interlake Blue Jays had their first taste of Manitoba Junior Baseball League playoff action this week.

Interlake started its best-of-three first-round series with the Carillon Sultans with games one and two played this past Tuesday and Wednesday (no scores were available at press time).

Game 3, if necessary, will be played tonight at 7 p.m. with the Blue Jays being the visitors.

The other first-round playoff series have the St. Boniface Legionaires playing the second-place team in the league and Pembina Valley taking on Altona.

Interlake finished its regular season with a 7-13 record and in seventh place in the eight-team league. The Blue Jays wrapped up their regular

season with a tough 11-10 loss to the Altona Bisons last Thursday.

After the Interlake erased a 7-5 deficit with five runs in the top of the seventh inning, Altona came back with four runs in its final at bat for the walk-off win.

The Bisons led 4-0 after three innings before the Blue Jays scored four in the top of the fourth. Altona scored a pair in the bottom of that inning and then the two teams traded runs in the fifth.

Emerson Klimpke (two), Derek Petrasco (two), Martin Knutson (two), Lane Holden, Baily Proctor, Chayce Topolnitsky, and Jason Peltz scored for the Blue Jays.

On July 12, Interlake was defeated 12-0 by the Elmwood Giants.



RECORD PHOTO BY LANA MEIER

The Interlake Blue Jays' Emerson Klimpke slides safely into second base against the St. James A's.



## Hoydalo headed to junior golf nationals

By Brian Bowman

For the third time in his golfing career, Wesley Hoydalo will be taking his talents to the Canadian Junior Men's Championship.

Hoydalo will be joined on Team Manitoba by Ryan MacMillan and Anthony Leight at the nationals in Kingston, Ont. from July 31 to Aug. 3.

MacMillan won the Manitoba Men's Junior Championship last Thursday, finishing atop the field with a solid 2-under 278 (70-69-68-71).

That was well ahead of Zach Wytinck (290), Spencer Norrie (294), Leight (299), Hoydalo (299), and Sylvain Ruest (299).

Hoydalo felt he had several very good chances to save some strokes throughout the four days. He carded rounds of 75, 77, 73 and 74.

"I obviously could have made a lot more birdies the whole tournament," he said. "I had a lot of chances from 15 feet in and none of them were dropping. I had a lot of lip outs. If I would have made more birdies, I felt I would have done a lot better."

Still, Hoydalo should be pleased with his impressive finish. He played consistent golf throughout the tournament.

"The first two rounds, I just couldn't make any putts," he lamented. "I think I had 14 pars each round, so if I would

have had more birdies and I would have had more momentum and a better round."

The 17 year old Hoydalo still has another year of junior eligibility left. He feels his third time around at nationals should help him against the talent-laden field.

"I have some more experience now," he said. "And I won't have much nerves. I'm going in there playing decent golf, so I expect to make the cut and I'm looking to place in the top 30."

Hoydalo has been plenty a lot of golf this summer. He hopes all of those rounds will prepare him for his first collegiate season at Wayland Baptist University in Plainview, Texas.

"I'm very excited," he said of his decision to head down south for school. "There are only about eight players on the roster so I'm going to play a lot of tournaments down there."

The weather will be a lot nicer down in Texas compared to Manitoba. That means Hoydalo will be playing a lot of golf over the next several months while being away from family and friends.

"I'm nervous but I tell myself that I am more excited than nervous," he said of the move.

At the Manitoba Women's Junior Golf Championship, meanwhile, Camryn Roadley cruised to a five-



RECORD PHOTO BY BRETT MITCHELL

Wesley Hoydalo has earned a spot on Team Manitoba and will be playing at the Canadian Junior Men's Golf Championship.

shot victory over Bobbi Uhl from the Shilo Golf Club.

Roadley carded rounds of 80, 74, and 78 for a 13-over 232. Rebecca Kuik of Niakwa was third at 22-over 241.

Local golfer Mikyla Albert finished eighth in the 13-player field. She shot rounds of 85, 87, and 96 for a 49-over 268.

## Fredborg leads after first round of men's amateur

By Brian Bowman

Selkirk's Travis Fredborg found his old course to his liking on Monday.

The talented, young left-hander fired a sizzling 5-under 66 during the opening round of the Nott Autocorp Men's Amateur Golf Championship at the Selkirk Golf & Country Club.

Fredborg's round consisted of five birdies and an eagle. He had just two bogeys and made par on the remaining 10 holes.

Fredborg grew up golfing on the Sel-

kirk course but now plays out of Pine Ridge. He currently plays Division I golf in the U.S.

But as great as Fredborg's opening round was, he was just two strokes in front of Elmhurst's Devon Schade and Josh Neufeld in the 124-player field.

Breezy Bend's Eric Johnson and Jesse Skelton were next on the leaderboard after shooting rounds of 70 and 71, respectively.

Skelton was tied for fifth along with Elmhurst's Ben Bandura and St.

Charles' Anthony Leicht. Wade Weteilainen (Eagles Landing) and Cole Peters (Quarry Oaks) were tied for eighth after 1-over 72s.

Eight players were tied for 10th after shooting 2-over 73s on Monday.

Selkirk's Wesley Hoydalo, meanwhile, was tied for 27th after a first-round score of 4-over 75.

Tyler Doyle of Sandy Hook was in a 13-player logjam for 45th overall along with Larters Jarrod King. Both shot 6-over 77.

Teulon Golf & Country Club's Jay Stafford had a 7-over 78 to place him in a 11-way tie for 58th. One stroke behind him was Brady Bandura while Warren's Garrett Kristjanson was three strokes back after a 10-over 81.

Round two was played in Selkirk on Tuesday while the third round moved to Elmhurst yesterday and today.

No scores from those rounds were available at press time.

## Allen recruited by Bison track and field team

By Brian Bowman

Former Selkirk Royal Tristan Allen has been recruited by the University of Manitoba Bison's track and field team for the upcoming season.

The school announced his commitment along with Shane Dillon, Jacob Smith and Sarah Smith last week.

Allen and Dillon are transfers from USA universities while Jacob Smith comes from Regina Collegiate and Sarah Smith from Dakota Collegiate

Allen is a very good sprints/middle distance runner who transfers from Dickinson St. University after a stellar high school career with the Royals.

The St. Andrews native will be part of Team Manitoba at the 2017 Canada Summer Games in Winnipeg as he will run with the 4x400m relay team.

In addition, Allen was a medalist at the Manitoba High Schools Athletic Association provincials prior to going to Dickinson.

Allen was first in the 4x400 relay and fifth in 400m at the NSAA Outdoor Championships.

The Bison are excited about their four new recruits.

"We made an announcement of a very strong group of recruits earlier in the spring and are now pleased to announce another very strong group of athletes who will have an immediate impact on the Bison track and field program in the 2017-18 season,"

he said in a media release.

"These four young athletes have all proven they are capable of competing at big meets. With these additions, the Bison program continues to move forward towards our goal of being a top team in the Canada West Conference and a team to watch for at the U SPORTS level."



# sports&recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Strike Force lose close one

By Brian Bowman

Soccer is a tough game to play with a full complement of players.

And it's that much tougher when a team is short players.

That's the dilemma the Tri-S Strike Force has faced this season and it has resulted in a last-place position in the MMSL's 5th Division standings.

"We're having a hard time getting guys out," said Strike Force player/coach Kris Pellaers. "We've really been short the past few games and it's tough to win games with no players."

Pellaers has deleted a couple of players from their roster and added a couple more recently. He hopes his club can turn things around in the second half of the season.

"This is probably the worst season that I have ever been a part of," he admitted. "It's been a tough season but I hope we can turn this around."

Pellaers said he has noticed that high school players are not coming out to play senior soccer. Instead, they are turning to recreation leagues.

"There's not as many youth coming

up through the ranks as there used to be," he said.

Last Thursday, Tri-S played well in a hard-fought 2-1 loss to Red Devils United at the Selkirk Rec Complex.

"We just came up short," Pellaers said. "But it was a good game to watch and fun to play."

Tri-S trailed 2-0 midway in the second half before Michael Cameron scored for the Strike Force to make the game interesting.

Goals have been very hard to come for Tri-S this season. The Strike Force has scored just five goals in eight games.

"We only have eight or nine guys showing up for games," Pellaers noted. "So, it's defence, defence the whole game."

Tri-S was looking to get its first win of the season Monday against Liberty FC Winnipeg but no score was available at press time. The Strike Force will then host the Interlake Impact this Saturday at the Rec Complex.

Game time is noon.



RECORD PHOTO BY BRETT MITCHELL

The Tri-S Strike Force's Michael Cameron has a great scoring chance against Red Devils United during MMSL 5th Division soccer action last Thursday at the Selkirk Rec Complex. Tri-S lost the game 2-1.

## Locals to represent Manitoba at volleyball nationals

By Brian Bowman

The Tri-S region will be very well represented on Team Manitoba this week at the volleyball nationals.

Team Manitoba's girls' youth roster includes Petersfield's Isabella Benson, St. Andrews' Holly Feschuk, and Talia McMurchy, who now lives near Lockport, while Selkirk's Jaclyn Risk is an assistant coach to Stonewall's Chris Cara.

Cara likes what he sees in all three of the local players, who each play the setter position.

"(Isabella) is very consistent and very intense," said Manitoba's head coach. "She's very coachable...and one of our top setters."

Feschuk is one of the younger athletes with the program, said Cara, but is a quick learner on the court.

"She's also very coachable," said Cara. "You tell her to do something on the court and she is right in there making adjustments."

McMurchy is an extremely talented player that is one of the best for her age in the province.

"She has really come into her own," Cara said. "Last year from this tour-

nament, she was selected to stay and work with the national girls. And this year, she was selected to go to the tryouts for the U16 national team but, unfortunately, didn't make it."

Manitoba will be competing at the 2017 National Team Challenge Cup in Richmond, B.C., beginning today and continuing through Sunday at the Richmond Olympic Oval.

Manitoba will split its athletes up into two evenly-matched teams, said Cara.

"We have two teams going out to Richmond and they both should do quite well," Cara said. "We made the teams as even as we could, in our opinion. All of the girls are going to get a ton of playing time."

Manitoba has 36 athletes training in its provincial program and 24 that travel. There were a lot of tough choices in selecting players.

"We only had one or two weekends to (pick the team)," Cara said. "If the girls don't come out with their 'A' game at the tryouts, they may not be selected."

Cara said it hasn't been too difficult working with a group of girls that re-



RECORD PHOTO SUBMITTED

Local players, from left to right, Isabella Benson, Holly Feschuk and Talia McMurchy will represent Manitoba at the nationals this week in Richmond, B.C.

side in a variety of places throughout Manitoba.

"They're all exceptional athletes," Cara noted. "They all understand the game and it's just a matter of putting concepts into place. The intensity that we have seen through our training sessions has been spectacular."

The Manitoba boys' team, meanwhile, will compete in their National Team Challenge Cup in Gatineau, Que. this week.

Chris Faial of St. Andrews is on the provincial boys' select roster along with East St. Paul's Nick Pollock.



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3		1		6			9	
		6	2	5				
		7			4			6
							5	
9					2		3	4
	2			1				
	6				1			8
4			6	7				
		8	4					

Level: Intermediate

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## Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	9	6	5	2	4	8	7	1
5	2	1	8	7	9	6	8	4
8	7	7	1	6	8	2	9	5
6	7	8	8	1	5	4	2	9
4	8	9	2	8	7	5	1	6
1	5	2	9	4	6	8	8	7
9	8	5	7	8	1	7	6	2
7	1	8	6	5	2	9	7	8
2	6	4	7	9	8	1	5	8

Sudoku Answer

G	N	V	H	P	S	V	D	E	S	T	E
V	H	E	S	S	K	N	I	Z	N	I	T
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S	E	T	V	H	E	D	O	M	A	T	I
B	S	S	P	V	N	S	E	R	I	S	
V	O	V	N	H	E	T	E	M	I	R	E
N	V	T	O	S	H	V	T	D	E	G	V
E	T	I	T	E	T	V	S	S	V	T	V
V	T	I	N	S	H	E	H	S	S	O	
E	O	C	V	P	S	E	T	O	S		
N	I	B	V	S	S	N	B	T	O	O	H
A	T	N	D	E	V	N	I	M	E	G	V
V	E	T	E	S	P	I	T	N	V	M	V
P	M	C	H	E	S		S	S	V	M	V

Crossword Answer

# X CROSSWORD

## CLUES ACROSS

- Pile up
- Midway between south and southeast
- Canadian law enforcers
- Bollywood director Prawaal
- Body part
- Ancient Greek City
- Steep cliff
- Korean ruler
- As might be expected
- Takes kids to learn
- Absorption unit
- Parts of the feet
- Political action committee
- Cerium
- Former CIA
- Of she
- Japanese city
- Expression of sorrow
- Artificial body in orbit
- Expressed violent anger
- A way to surface
- Northern gannet
- Outer part of something
- Nothing
- Fathers
- Siesta
- Sino-Soviet block (abbr.)
- Of I
- Cash machine
- Discounts
- \_\_\_ Dickinson, poet
- Watches over
- Hindu queen
- Steep banks
- Fertility god
- Port on Danube
- Liquids
- Greek war dance
- In addition
- Data acquisition system
- Crash an aircraft

## CLUES DOWN

- Curved shapes

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16					17					18			
19				20					21				
			22					23				24	
25	26	27		28				29			30		
31			32		33		34					35	
36				37		38				39			40
	41				42				43		44		
			45					46		47		48	
49	50		51				52				53		
54		55				56					57	58	59
60					61						62		
63					64					65			
66					67					68			

- "Beastmaster" actor Singer
- A female domestic
- Starches
- Without name
- An air cavity within a bone
- Relaxing places
- Midway between east and southeast
- Editing
- Baseball team
- Intended to be sung
- Video game Max \_\_\_
- Makes free
- French young women
- Express delight
- Takes to the sea
- Monetary unit
- Paddle
- Hit with an open hand
- Gurus
- Sings to

- Book of maps
- Publish in installments
- Ink (slang)
- American inventor
- Unclean
- Snag
- Mars Excursion Module
- Abnormal rattling sounds
- For each
- Country music legend Haggard
- Electronic communication
- Drenches
- Type of sword
- Lodgings
- Messenger ribonucleic acid
- Figure skater Lipinski
- Acquire by one's efforts
- Stony waste matter
- Offer
- Without issue



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Saturday July 29th 10:00 am

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West 1 3/4 Miles on Rd 38

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# Announcements

*The Selkirk Record*

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## ANNOUNCEMENT

### CARDS OF THANKS

On July 8, 2017 we were married in Cranbrook, BC. We would like to send our thanks to Gary Pichor, Sharon and Henry McDonald, Bea and Ron Furdyk, Mary, Darren and Michelle Rivard, Lori, James and Kenny Grove and Shantell Pichor for travelling the long distance to join us on our special day. A special thank you to Grandma Sharon and Papa Henry for their generosity of our fabulous meal. And to Grandpa Gary; you were amazing! Thank you for going above and beyond (hope your sunburned head healed fast).

-Love from,  
Tyler and Brittany Halvorson

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## OBITUARY

### Betty Kathleen Fidler

April 20, 1928 – July 16, 2017

Surrounded by the love of her family our dear mother, grandmother and great-grandmother, Betty passed away peacefully at Selkirk Regional Health Centre on July 16, 2017.

She leaves to cherish her memory her children Ronnie (Teri), Karen (Bill), Debbie (Donnie); grandchildren Brooke (Wade), Melissa (Ricky), Marly (Brent), Kayla (Matty), Brett (Jesse); great-grandsons Odin, Ryder, Grayson, and Nash as well as many nieces and nephews. Betty is predeceased by her husband Mervin; son Roy; grandson Devon; five brothers Stanley, Percy, Earl, Kenneth and Phillip; five sisters Caroline, Matilda, Isabel, Hazel and Mae.

Betty was born in Selkirk, MB on April 20, 1928 and grew up with her family in Tyndall, MB. She worked at Fairfields, Bethania Home, Selkirk Bus Depot and Red River Nursing Home and retired in 1993. At the age of 42, Betty lost the love of her life after 22 years of marriage and was left with the task of raising four young teenagers on her own, always providing them with all her love, strength and support.

Betty's most cherished time was spent in the company of her family and friends at backyard barbecues, family get-togethers, and late night card games. Betty was an avid sports fan and loved to watch a good game of hockey, curling or baseball, especially if her Blue Jays were playing. Betty had a great sense of humour, she loved to tease, laugh at a good joke and made sure she always got the last word in.

The family would like to thank Selkirk Homecare for their services and support so that Betty could remain at home with her family for so long. A sincere thank you to Dr. Zoppa and all the nurses and staff of the Selkirk Regional Health Centre (Medical Ward 1) for

their kind compassionate care. Hugs and love to Peggy who has always been a constant support in Betty's life right up until her very last moments.

A memorial service will be held on Monday, July 24th at 11:00 a.m. in the Gilbert Funeral Chapel, 309 Eveline Street, Selkirk, MB. A private family interment of ashes will take place at a later date.

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbert Funeral Home, Selkirk in care of arrangements.



## ANNOUNCEMENT

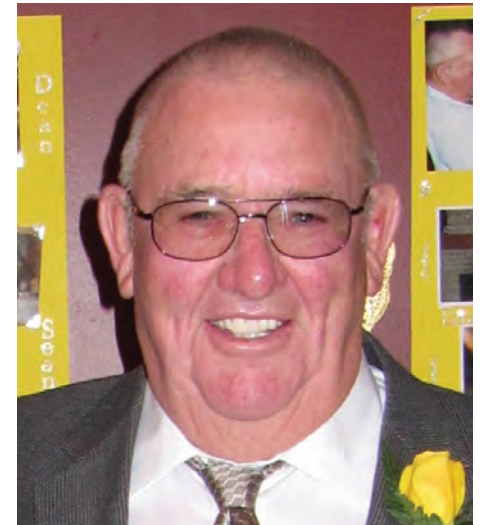
### ANNIVERSARY



Happy 50th Anniversary  
Gerry and Irene Hamm  
July 22nd, 1967  
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## ANNOUNCEMENT

### IN MEMORIAM



Wayne Bracken  
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# The Selkirk Record

## Announcements

### OBITUARY



**Donna Gail Sutherland**  
April 9, 1961 – July 16, 2017

Peacefully, with her family by her side, Donna Gail Sutherland passed on July 16th after a four year long and hard fought battle with cancer. Donna will always be remembered for her sass and fiery redhead spirit. Donna had such an energy to her, all that knew her appreciated her wisdom and strong spiritual connection.

Donna was a woman of many talents. She grew up barrel racing, riding horses, highland dancing and driving a semi-truck across Canada. Donna's pride and joy were her three kids Amanda, Nicolas and Katie. As much as she would hate to admit it, she would let them get away with anything. They could never do wrong in her eyes. Donna and Bruce shared a beautiful life together; taking many trips to Sioux Narrows, sailing at Gull Harbour and spending every Friday going out for dinner.

Donna would sit and talk with you for hours over coffee or a beer or two. Donna loved to visit and share stories. Donna had many stories to tell, a few of which she wrote into short stories and novels. She certainly had a beautiful way with words, as can be seen in her two books "Chief Peguis, A Noble Friend", and "Nahoway, A Distant Voice".

Donna had a love for all of nature; she had a strong connection with Blizzard the white buffalo. Donna would want us to share about her love for all things red, her constant need for chapstick, and her connection to eagles and blue butterflies. She was also known for a love of the casino and had luck that nobody could ever quite understand.

Donna is predeceased by her father Edwin, her favourite corgi Hannah and her shepherd Quila. She is survived by her mother Francis; husband Bruce Bolster and her children Amanda (Justin), Nicolas (Mel), Katie (Melissa) and her stepson Doug (Kayla). She is survived by her siblings Ron (Brenda), Sandra (Terry), Lynn (Gary), David (Colleen) and Tim (Marianne) as well as many nieces and nephews whom she adored. She is also survived by her granddaughter Ella who lit up her face with a smile anytime she entered the room.

Donna had a heart of gold. She will be missed dearly by all of us that knew her. There is comfort in knowing she is no longer suffering but also a deep sadness that we are without her presence. Donna was never afraid of death. In fact, she already knew that heaven was a beautiful place having been there for a pit stop. She would want us all to take some comfort in that. As Donna told us all many times in her last days "just enjoy life".

A memorial service will be held on Friday, July 21, 2017 at 3:30 p.m. in the Gilbert Funeral Chapel, Selkirk.

In lieu of flowers, donations can be made to Seven Oaks Museum located at 50 Mac Street, Winnipeg, MB R2V 4Z9.

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

Gilbart Funeral Home, Selkirk in care of arrangements.



### OBITUARY



**Fred Surzyszyn**

It is with great sadness that we announce the passing of Fred Surzyszyn on July 15th, 2017 at the age of 73.

He is survived by wife Kathi; daughters Karen (George), Michelle and stepchildren Brigitte (Spencer), Aaron (Jen) and step-grandsons; siblings, Greg (Angie), Dan (Joanne), Linda (Ed); sisters-in-law, Betty (Bert), Pat (Lorne), several nieces and nephews and family in the United States. He is predeceased by first wife Getta and parents, Harry and Mary.

A Celebration of Life Luncheon will take place at noon, July 29th at the Rosedale Hall, 537 Donald Road.

As per his request a private burial will be held.

Condolences may be left at [www.gilbartfuneralhome.com](http://www.gilbartfuneralhome.com)

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