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THURSDAY, AUGUST 11, 2022

VOLUME 13 EDITION 32

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RECORD PHOTO BY KATELYN BOULANGER

Mounted shooters of all ages took to the rodeo grounds last weekend to show what they could do. This little shooter had their head in the game focusing on each target as helpers led them along the course route. More photos on page 10.

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Winnipeg Model Boat Club coming to Marine Museum this weekend

Learn about how boat technology has advanced in region

By Katelyn Boulanger

The Red River has a long history of commerce, cargo and passenger travel that was instrumental in shaping the region we live in today. A new opportunity to learn more about these first canoes, riverboats and ships is coming to the Marine Museum of Manitoba this weekend. History buffs, naval enthusiasts, remote-controlled vehicle fans and anyone that wants to have a fun afternoon is not going to want to miss out because the Winnipeg Model Boat Club will be bringing down some of their model boats to both view and operate on the museum grounds.

"They've made scale models of different ships, that did different things. We're actually hosting them here [on the Marine Museum grounds] and they're going to bring quite a few static models down for visitors to come to take a look at but we're also we are going to be building a 16 by 25 foot pond for them to operate some other models that have motors," said Shay Nordal, general manager of the Marine Museum of Manitoba.

She says that enthusiasts and visitors alike are welcome to come down to this free outside event where they can watch the boat club members navigate their ships and ask questions.

The event will take place on Aug. 13 from noon until 4 p.m.

Rob Sarginson, a member of the board of directors of the Marine Museum of Manitoba, is the person who brought this idea to the Marine Museum's attention after going to one of the Winnipeg Model Boat Club's events in Winnipeg.

"I have a friend who is a model boat builder and he invited me to come to Assiniboine Park and look at the

display they did on the duck pond in May. The result was that I was so impressed. I couldn't believe it. These warships, motor boats, all done to scale and motorized by, I presume most members are either former engineers or certainly people with technical ability, because they've made these boats to scale. Some of them are World War II vintage and others are classic steamboats and motor launches that you'd see in the 1930s. It was a very interesting display," said Sarginson.

He thought that this would be perfect for the museum because the club has boats that represent all eras of Selkirk's maritime and river transport history.

"From fishing boats, tugboats, timber rafts that came to Selkirk in the 1880s right up to the service that Selkirk and district volunteers did during World Wars I and II. They have representative models of some of the actual ships that that Selkirk sailors might have served on. So, I thought that there was a tie in there that and they're doing these displays, and I thought, getting a venue at the Marine Museum was kind of a natural connection," he said.

Unfortunately, the model boat club doesn't have any replicas of the museums on site ships but since the event is at the Marine Museum the real things are, of course, there for all to see.

Sarginson is most looking forward to learning from the model builders who will be taking part.

"Hearing the stories that these folks have to tell and making the connections for anybody that comes out [everyone] will enjoy I think. [People will get the chance to witness] some of the boats that like they might have parents or grandparents or people they



RECORD PHOTO BY KATELYN BOULANGER

The Marine Museum of Manitoba will be hosting the Winnipeg Model Boat Club this weekend.

know who served on some of these corvettes and other warships. They might also have a connection to the logging that was done on Lake Winnipeg or fishing that was done or the transportation on the river," he said. Sarginson says anyone who would like to stop by and check out the event is welcome.

"We hope this will be a long-term connection with this model boat club. Because, I think it really does touch, in a different way, the history of maritime transport and passenger travel

on the lake and river just the way the Museum does. So, I hope that this association will be the first of many events," said Sarginson.

The museum will be open from 10 a.m. to 5:30 p.m. as well and standard admission fees will apply.

To learn more about the Marine Museum of Manitoba check out their webpage at <https://marinemuseum.ca/>. The Winnipeg Model Boat Club has information on their website at <http://www.winnipegmodelboatclub.ca/>.

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Selkirk Art Crawl coming back for second year

Local artists will be showing off their wares all along Manitoba Ave. E

By Katelyn Boulanger

The Selkirk Art Crawl is once again bringing Manitoba Ave. E to life with the rich artistic culture that our region enjoys. On August 27 from 10 a.m. until 3 p.m. residents will be able to enjoy music, face painting, artistic demonstrations, and local artist booths that will be tucked into many of the parks and parking lots along the street.

"It's like an open-air market that involves music, face painting, a chance to see all the murals that have been sprouting up around town. We're going to be having scheduled mural walks at 11 a.m. and 2 p.m. So, if you want to come along for those, you can go check out all the murals and we'll have a guide explaining each mural to the patrons," said Ashley Christiansen, the event's coordinator.

In addition to the tours, there will be live demos of watercolour and acrylic painting, beading and woodturning.

Residents will be able to visit booths where they can sign up for local art classes including those by Bev Hart who offers art classes for seniors, Garth Palanuk who has ribbons from global art contests will be offering watercolour painting, and Lizanne Laurin is offering opportunities for local paint nights. Allan Cayer who makes wood-turned products will also be



RECORD FILE PHOTOS BY KATELYN BOULANGER

Last year's Selkirk Art Crawl was a great success with over 30 artists attending. This year it's coming back on Aug. 27.

taking custom orders.

The Gwen Fox Gallery will also be open and showcasing their all-members show. They also have opportunities for residents to take art classes and as always, the gallery is free to visit.

Though this is going to be a larger event and local products will be on sale, Christiansen says that the Art Crawl is not exactly like all of the other markets that take place throughout the summer.

Continued on page 5



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> SELKIRK ART CRAWL, FROM PG. 4

"It's more like a mini festival than just like a market because most of our vendors are artists and makers instead of people selling food or vegetables. It's mostly handmade goods," she said.

This is the second year that this event has taken place in the community and even though last year's event took place when people were taking more pandemic cautions than they might be now, it was a great success.

"We had about 30 vendors. And yeah, there was a lot of people, we were actually pretty impressed with the turnout of people. So it was really awesome. So we're doing it again this year. Hopefully, it turns out just as good," said Christiansen.

It's important to have events like this in our communities because they bring the artistic community together in a way that wouldn't have happened years ago.

"It just creates an opportunity to meet your local artists, meet new friends, and check out different types of local art. Maybe you are looking for a place to get gifts this year for someone. It's just a really good opportunity to see what our Interlake has to offer as part of the art world. Winnipeg is always recognized as they have a big art scene, but you know, we have an art scene here too," she said.

One thing returning residents should note is that unlike last year, the music, which will be supplied by Sisepuede Productions, will be in the pocket park on the north side of Manitoba Ave. E. between the shoe mural and the endangered species mural.

Christiansen encourages anyone interested to head out and learn more about our local art scene.

"It's a good way to end off the summer because it's happening right at the end of August. One last thing to do before the weather starts changing. It'll be a nice outdoor event," she said.

To register as a vendor email selkirkartcrawl@gmail.com for more info.



RECORD FILE PHOTO BY KATELYN BOULANGER

An artist demonstrating abstract art creation live at last year's Art Crawl. The Selkirk Art Crawl will have many artists demonstrating their art creation process live this year. Stop by on Aug. 27 to see woodturning, beading, acrylic and watercolour painting and more.

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Captain Kennedy House outdoor walking tours a go this summer

Learn more about one of Manitoba's amazing historical structures

By Katelyn Boulanger

Captain Kennedy House has been closed for the public for a while awaiting funding for repairs and most recently while those repairs are taking place. However, just because the inside is getting a bit of work done, doesn't mean that residents can't enjoy the outside, which is why Red River North Tourism has arranged to have outdoor tours at the property during the evenings and weekends for the rest of the summer.

"Captain Kennedy house is a historic building that was built in 1866 by Captain William Kennedy. He was a remarkable man, I'd say a little bit ahead of his time in some ways, and the purpose of the evening and weekend tours is to highlight the beautiful gardens that are still kept up by Conservation, and to walk around the outside of the building, depending on, of course, the rehab of the building. We're just telling the story about Captain Kennedy and his contributions to not only Manitoba but to Canada," said Lois Wales the president of

RRNT.

The tours started on Aug. 3 and take place every Wednesday and Thursday at 7:30 p.m. as well as at 1, 2, and 3 p.m. on Saturdays until the end of the month.

The tours are free to join.

Wales said that though the group has been working on getting the repairs to the building done for many years it was important to continue to share Kennedy's story.

"We've been working on the project for six years, and there are still some hurdles to cross. But, we felt it was important that the story of this Métis leader in the in this settlement, be told, so we approached Conservation, [and asked if they would allow] us to have our student on-site and to talk about Kennedy and they agreed with us," said Wales.

She says that Kennedy was a fascinating individual.

"He led two trips to the Arctic in search of the lost Franklin ships. He also went over to England on two occasions to convince the British Parlia-



RECORD PHOTO BY KATELYN BOULANGER

Captain Kennedy House has beautiful exterior gardens.

ment that Manitoba should be part of Confederation. He also, which is really forward-thinking, so it makes me believe what a great man he was, lobbied to have a railway built to

Churchill," said Wales.

This knowledge is particularly important because people who previ-

Continued on page 7

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- August 15th, 6:30 PM - **Aki Centre**
1985 Grassmere Blvd in West St. Paul, Manitoba
- August 20th, 10 AM - **Matlock Recreation Centre**
77 Matlock Road
- August 29th, 6:30 PM - **Farmers Hall Gimli**
1611 MB-231
- September 12th, 6:30 PM - **Gaynor Family Library Selkirk**

> CAPTAIN KENNEDY HOUSE, FROM PG. 6

ously attended school, even those who attended in our area, may not have been taught about the history of settlement in this area.

"In this time of reconciliation, I think it's very important that we highlight individuals that contributed so much to Canada and to the province. And I think a lot of people should learn about his contributions," said Wales.

She also says that Kennedy's wife is someone that should not be forgotten as she was a business owner at a time when it was uncommon for women to run businesses. She taught piano lessons to local children as well as at the local girl's school.

As far as repairs on the house are concerned, progress is taking place, however, flooding in the spring did delay when construction was able to start.

So far a new septic tank has been put in and connected to local wastewater services and foundation work has started.

Wales said that the last she heard the project is expected to be completed in the spring of 2023, however, she's not sure if future delays might affect this estimate.

As it stands she is hopeful that the

work can be completed and an arrangement can be reached so that the building can once again be opened to the public.

"We think it's still important that this remain a community commodity so that the whole story can be told. The Rectory story is different from Kennedy house, which is different from Lower Fort Garry," said Wales.

She also recommends that residents planning to come for a tour check out events at the St. Andrews Heritage Centre, which is hosting Porch Performances, as well as other events that will be taking place on the same days as the tours take place, so that people can have a whole evening or afternoon of fun.

For more information about Red River North Tourism visit their website at <https://www.redrivernorthtourism.com/> where you can find out about many of the wonderful places in our region. You can also visit the St. Andrews Heritage Centre's website at <https://www.standrewsrectory.ca/> to learn more about the events taking place there.

Keystone Sidewalk Sale



RECORD PHOTO BY BILL NEWZMAN SMYTH

After a two year hiatus, Keystone Sporting Goods Sidewalk Sale returned.

Access, Amaranth CUs mulling merger

By Voice staff

Hot on the heels of their last merger, Access Credit Union is in talks for another.

The financial institution last week announced it is in discussion with Amaranth Credit Union about a potential partnership.

These discussion began earlier this year following Amaranth's expression of interest in joining Access.

"The proposed partnership with Access provides tremendous benefits to our members, employees, and communities," Amaranth board president Marie Strong said in a statement Friday. "Although these discussions are still in the beginning stages, we look forward to bringing more details forward to our members in the future."

The two organizations' boards note they both value the cooperative principles, which include investing in communities and keeping rural branches accessible and open.

Joining Access, the largest credit union in Manitoba, would allow Amaranth members to benefit from better technology and innovative solutions in an ever-increasing competitive environment, they add.

"We continue to look towards building a credit union for all Manitobans," said Access board chair Kevin Beresford. "Amaranth shares that perspective and these merger discussions are focused on how to extend that vision to Amaranth and its surrounding communities."

As part of doing their due diligence, Amaranth

Credit Union will be engaging with their members and employees about the idea en route to the board providing a recommendation.

Should the board decide to move ahead with the merger, Amaranth members will need to vote on the proposal, likely this fall.

Access Credit Union members will not need to vote since Access' portion of assets represent more than 90 per cent of the proposed new entity's asset size.

Access, which merged with Crosstown Credit Union in 2021 and Noventis and Sunova Credit Unions earlier this year, is currently the largest credit union in Manitoba with more than \$10.5 billion in assets, 52 branches, and over 168,955 members.

Amaranth Credit Union, meanwhile, currently serves 1,200 members with \$18 million in assets and one branch.

Correction

Brenda Airth was miss identified as Brenda Cannon in last week's edition of the *Selkirk Record*. We apologize for this error.

2022 SELKIRK BIZ PARADE

Thank You!

We would like to give a big thank you to all who joined & helped make this year's Selkirk Biz Parade a success! We thank the businesses & residents on the new parade route & marshaling areas for their patience and support. This event wouldn't have been possible without the commitment of the participants who entered floats, our volunteer committee members who donated their time to organize this event as well as the public volunteers who helped on parade day. Thanks to those volunteers listed below - a record number this year - we were able to present a safe & fun family event. Thank you to our sponsors Interlake Cremation & Memorial Services, Tim Hortons, RMs of St. Andrews, St. Clements, West St. Paul and the City of Selkirk. Special thank you to the Selkirk RCMP Detachment, Lord Selkirk School Division for use of the Daerwood School parking lot for volunteer HQ, & City of Selkirk staff for all their guidance & assistance to ensure the permit was expedited, parade route needs were accommodated and equipment was in place!

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Hope you all enjoy the rest of the summer - We hope to see you back next year!

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NEWS > VIEWS > SELKIRK > ST. CLEMENTS > ST. ANDREWS > SURROUNDING AREAS

COVID refuses to take summer vacation

By Patricia Barrett

As Manitobans continue to enjoy summer events and beachside and backyard get-togethers, COVID-19 infections driven by the omicron sub-variant BA.5 are on the upswing.

BA.5 is a fast-moving, highly transmissible mutant and a masterful escape artist, side-stepping the body's natural or vaccine-induced frontline immune defences. It can infect people more than once.

For the week of July 24-30, the province's respiratory surveillance report confirmed 257 new COVID infections, up by 15 cases over the 242 cases reported the previous week. Because the province restricts PCR testing, its data is an undercount. Rapid antigen test results aren't tracked.

There were also 53 new hospital admissions that included seven people needing treatment in the intensive care unit.

The previous week's report noted Manitoba's death toll had reached 2,061. This week's report shows six more Manitobans died from COVID for a total of 2,067 deaths.

The surveillance report also said there were three new COVID outbreaks in long-term care facilities, one

in the Interlake-Eastern health region at the East Gate Lodge PCH (Crocus Unit) in Beausejour, one in the Prairie Mountain health region (Hillcrest Place) and another in the Winnipeg health region (Misericordia Place).

Manitoba's chief public health officer Brent Roussin said in mid-July that BA.5 was identified in half of the COVID infections and is anticipated to increase. Unlike some provinces, Manitoba is not launching a fourth-dose vaccine campaign in the hope that there'll be a better vaccine rolled out sometime in the fall.

Other health news:

The Interlake-Eastern Regional Health Authority hired two internationally trained physicians – who also trained at the University of Manitoba – for Eriksdale and Arborg. Dr. Nardin Faragalla is a family physician working at the Eriksdale Wellness Clinic. She is accepting new patients. Dr. Reshad Nazim is working at the Arborg Primary Health Care Centre and he is accepting new patients.

- The province announced last Friday that Moderna's two-dose COVID vaccine will be available to children aged six months to four years. The

province received 14,900 doses from the federal government for children in this age group.

- The province is also expanding eligibility for the monkeypox vaccine, making doses available as a preventative measure.

People who self-identify as gay, bisexual or men who have sex with men are eligible for a preventative vaccine if they meet criteria such as receiving a diagnosis of chlamydia, gonorrhea and/or syphilis in the past two months, have had two or more sexual partners in the last 21 days, have attended locations such as sex clubs for sexual contact, have had anonymous sex in the past 21 days or engage in sex work.

"The vaccine has been available in Manitoba since June for people who may have been exposed to monkeypox," states the province in an Aug. 5 news release. "To date, no confirmed cases of monkeypox have been detected in Manitoba."

As of Aug. 5, there have been 957 cases confirmed in Canada, with 407 in Quebec, 449 in Ontario, two in Saskatchewan, 16 in Alberta, 81 in B.C. and two in Yukon.

The RCMP wants to hear from youth

Apply to be a part of the National Youth Advisory Committee

Submitted

Canadian residents ages 13 to 21 can now apply to become a part of the RCMP's National Youth Advisory Committee (NYAC)! Applications must be received by September 12, 2022. Those who apply by July 31 will be a part of the first selection round and get a better chance of being selected.

This is an online opportunity for youth to connect, have their say and

make a difference. NYAC members interact with participants from all over the country and discuss important issues they face in their respective communities. They share their thoughts about youth crime and victimization topics, and help shape RCMP programs and initiatives. NYAC members can also receive reference letters and volunteer hours in recognition of their contributions.

Last year, nine Manitobans were a part of the National Youth Advisory Committee. "Being a part of the Youth Advisory Committee challenged me to expand my thinking and really pushed me to think more deeply about things that happen everyday right in front of me," said Colby, 15, from Grosse Isle.

Twenty-year-old Grayson from Winnipeg agrees. "I joined the committee to broaden my horizons. I was able to connect with youth and RCMP officers across Canada, and talk about

Continued on page 20



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TROUBLE WITH PAPER DELIVERY?

Christy Brown, Distribution Mgr.: 204-467-5836

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New sweet shop with old time vibes on Manitoba Ave.

The MacGarvie Company specializes in local treats and hard to find sweets

By Katelyn Boulanger

Get your pocket change ready because The MacGarvie Company recently opened its doors on Manitoba Ave. E. The company, owned by Russ Garvie and Tara Mack, will be offering up all kinds of sweets from baked goods to hard to find confectionery and uncommon pop.

Garvie moved to the area about 15 years ago and says that he enjoys giving back to the community. Residents may recognize his name as a current member of St. Andrews council.

"[My wife and I] both really believe in trying to build community and doing whatever we can. My wife's a professional baker and candy aficionado, as are our four children. And we thought, what's lacking in our area? Not Selkirk specifically, but just our area and we thought that there needs to be a fun, safe place for families and kids of all ages to go and feel safe and get their treats and maybe play a little pinball and hang out. So that's what we're trying to create with this place is just a destination and a source of pride for the community," said Garvie.

Mack and Garvie wanted their shop, despite it looking like a sweet shop that you might see in an old movie, to be a bit specialized. Mack does the baking for the business and in addition to things like cinnamon buns has certain special buns that will rotate seasonally. Garvie mentioned one of her past creations included a Hawaiian bun which is rolled like a cinnamon bun but contains ham, bacon and a spicy pineapple chutney with cheese on top.

"We've got a couple of savoury [options] like that and a pizza bun, a butter chicken that sort of thing. And then, there are some sweet ones like the cinnamon buns and lemon meringue and key lime pie and that sort of thing. Just all different kinds of really delectable blends. And they'll always be cinnamon buns on hand and at least a savoury option and maybe another sweet option at any given time," he said.

There will also be pie options as well as coffee, popcorn, cotton candy, and ice cream, in addition to the pop and candy.

"When was the last time you had



RECORD PHOTO BY BILL NEWZMAN SMYTH

Opening day at The MacGarvie Company. Mayor Larry Johannson welcomes the new business owners to town.

a strawberry crush? We have strawberry crush. We've got about six different kinds of Mountain Dew. We've got [specialty Dr. Pepper flavours] and all kinds of things. The candy is going to be nostalgic candy or hard to find stuff. So for instance, we have Twizzlers but I'm not bothering stocking the red or black because we can get that anywhere. We have orange creamsicle, we have Hershey's chocolate Twizzlers, we've got key lime pie Twizzlers. All kinds of flavours that you don't come across very often. That's what we're trying to focus on," said Garvie.

The store has been open for over a week at this point and Garvie says that his favourite part has been the people that are coming in to visit.

"They just have this really surprised and pleased look on their face. There are a lot of really excited faces and just comments about 'Like, oh man, like, this is fantastic' and 'We needed this here'. I'm hearing that a lot," he said.

He says it's been great to also hear that it's bringing back childhood memories of people who went to similar places as kids.

Garvie wants people to know that they are open for business and that residents can stop by to check them out.

"We'd love to see you. We've got something for everybody here I think. And you know, if you want to just come down and see the latest attraction in Selkirk and, and maybe have a bit of a walk down memory lane and

satisfy your sweet tooth, this is the place to be," he said.

The MacGarvie Company is open Thursday through Saturday from 11 a.m. to 7 p.m. and are currently hir-

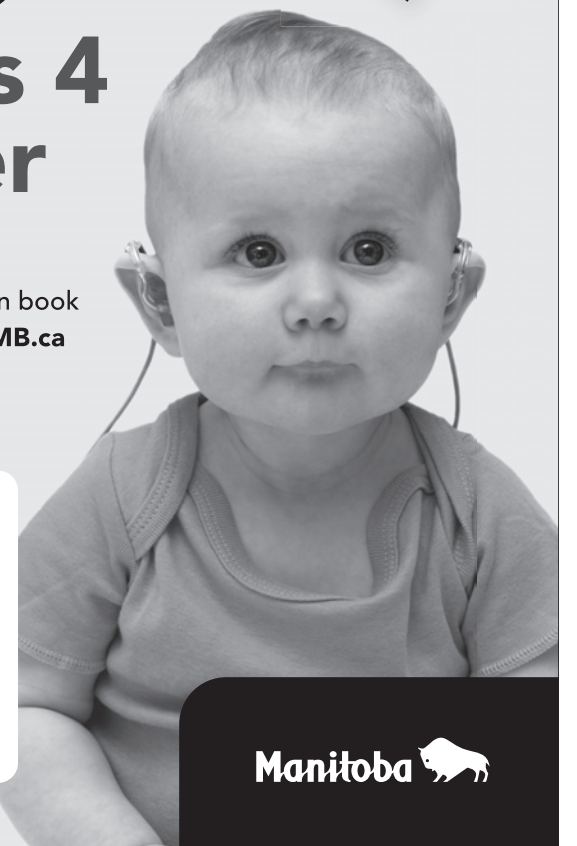
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Manitoba

Mounted shooters fire up rodeo grounds



RECORD PHOTOS BY KATELYN BOULANGER

The Catfish Country Showdown went off with a bang last weekend. Manitoba Mounted Shooting Association members were at the rodeo grounds last week to see who was the best shot in the regoin. Competitors of all ages came out and had a blast safely shooting down targets.



First annual Beaches of 59 was an amazing day for a race

By Laura Tutlies

It was not a bike race. It was not a foot race, although some running was involved, and the physical challenges required dexterity as did the mental challenges. Key organizer of the first annual Beaches of 59 Amazing Race, Melissa Wilson said, "The best thing about the day were the colourful costumes and decorated vehicles and really, just watching the teams pulling together. It was neat to witness the teams helping each member with their weaknesses and strengths."

Beaches of 59 is a tourism initiative to rejuvenate the areas in and near Grand Beach Provincial Park. The group aims to include the entire region from Victoria Beach to Brokenhead, which features ten outstanding beaches and major subdivisions that line Lake Winnipeg and Traverse Bay. You can check out their website at www.beachesof59.ca.

The event was a race with much of the flavour of the popular television show of the same name. Event Coordinator Andrew Kaul had five simple rules for the nineteen teams who entered the competition. Do not speed; Signs stay up; All members participate in each task; Be polite to volunteers; the volunteer decision in each contest is final; and no sabotaging! Then he listed a few possible misdemeanors – slashing tires, pushing other contestants – that kind of thing. In the words of one of the team leaders, Gru (whose real name is Don) of the Minion Team, "The under 30-somethings are intimidating for us old folks."

Each team of four had to complete seventeen challenges to finish.

The course outline was not given to participants at the beginning, so they had to figure out coordinates based on clues and could not get to the next stop until all team members had participated in the task. On occasion a team did get lost. One team visited the East Beaches Heritage Wing – twice! Another team landed in the middle of a wedding at Lakeshore Heights. At the finish line, she said, "I burst into the crowd yelling 'Is this the Amazing Race?' Only to find that it was an actual wedding near the field where we had to complete our challenge and get the next co-ordinate." Some teams were challenged at the Saffies/Le Goutier stop in Albert Beach. Before discovering their next destination, they had to memorize correctly and sing a verse on stage of a song that was not the first language of most participants.

The event began at noon at the Beaches Community Centre in Vic-

toria Beach and then wound its way through the East Beaches, ending late in the day at South Beach Casino. One of the participants said the best thing about the day – it was a long day – were "the cookies at the bakery at the beginning of the race" that would be the Village Green Bakery in Victoria Beach Bakery. Participants had to decorate cookies and were immediately rewarded with a taste of the decadent treat they had created. Seven of the first teams to cross the finish line were from the community of Victoria Beach. The winners received hotel rooms at the Casino, concert tickets, gift cards and a gift basket from the R.M. of Alexander. Two teams – the Twisted Sisters and the Walleye Warriors won the prize for "Best Team Spirit". For all it was an amazing way to discover the treasures – hidden and obvious that can be found in East Beaches.



RECORD PHOTOS BY LAURA TUTLIES

Winners of the first annual Amazing Race - Finish line and the final challenge at South Beach Casino.



Colourful - with thanks to Juan More Thing - but sadly finishing second from last.



Twisted Sisters singing in French - je ne parle pas français.



Carols on Leon in Traverse Bay with Gru and the Minions felt teams like "Those under-30 somethings" were definitely intimidating older folks.



Volunteer Sherry Dangerfield, right, was at the East Beaches Heritage Wing for Challenge #12 of the Amazing Race. The Window and Gutter team were one of the first to finish all 17 challenges.

55+ Games end with a hole in one



RECORD PHOTOS SUBMITTED
The Manitoba 55+ Games golf tournament may have had to be delayed because of the spring flooding we had this year but that didn't stop players and volunteers from coming out and finishing what was started in our community.



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Celebrating St. Andrews' Stutsky on the race track

By Ty Dilello

Victoria Stutsky of St. Andrews has been making a name for herself in the local racing circles as of late and has quickly become a trailblazer for young women interested in racing cars.

"I grew up riding quads and snowmobiles and really anything with wheels and a motor," said Stutsky. "But I never really knew much about racing competitively as a young kid until my dad met a guy who introduced us to go-karting. His daughter raced, so as a young girl hearing about that, I knew that's what I wanted to do. I started racing go-karts in Gimli when I was 12 years old, which went up to about 80 mph, and I raced those for four years. I won a few track championships, and when I was 16, my dad and I decided that dirt racing was the route we wanted to go.

Stutsky is now in her seventh year of dirt racing at just the age of 23. She currently races in the Wissota Midwest Modified division. There are nearly 800 drivers in the class across Canada and the United States, and it is by far one of the most competitive classes in Wissota.

"I run a 602 Crate engine and drive an MB Customs chassis. In Winnipeg, we average about 20 cars each night in my class. In 2021, my little sister, Rebecca, actually started racing with me. She is only 15 years old and has been getting better and better each race. It's also good to see two girls in the class as there are not many in Canada," said Stutsky.

The current 2022 season started a bit rocky for Stutsky, but she recently picked up her first career win on July 14 after a lot of years of being so close.

"After I got to the front, I ended up gaining a big lead and ran my line perfectly each lap until the checkered flag came out. We are only five races into the season and have eight local races left. I am currently second in points and hope to snatch that championship after being second two years in a row!"

In 2021, Stutsky's family became the new owners of Victory Lane Speedway (near St. Adolphe), where races take place every Thursday throughout the summer at 7 p.m.

"We have really turned the place around and have been seeing crowds bigger than ever every week. There are only eight races left as our season got cut short due to spring flooding, but the last eight will be the best, and we hope to get as many new faces out there as we can! It is great entertainment for an affordable evening of



Victoria Stutsky picked up her first career win on July 14.

family fun."

Stutsky will also be making a few trips to the United States to do some racing before the season is over in North Dakota and Minnesota. A big race she has coming up in September in Grand Forks is the John Seitz Memorial Race.

"My goals in this sport have always been to have fun and do my best and be a role model for the many young fans and drivers out there. I have been content racing at this level and in this class, and although I only have one win under my belt, it has been really satisfying knowing that I am capable of winning against all the guys I race against every week. There is a lot of talent out there, and I can confidently and proudly say that I am one of the top contenders each night. As mentioned earlier, I have come second in track points for the last two years, so this year I really want to focus on winning it and having a new accomplishment on my resume. It won't be easy, but I have eight races left to give it my all. Consistency and confidence are key!"

After recently graduating this year from the University of Manitoba, Stutsky is planning on going to law school next fall with the hopes of becoming a lawyer.

"I will be attending UND Law with the hopes of working for NASCAR someday. Racing is in my blood, and if I am not going to make it as a NASCAR driver, I might as well combine my passion for racing and law together!"



RECORD PHOTOS SUBMITTED

Local St. Andrews car racer Victoria Stutsky is paving the way for many young females to get involved in her sport.

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409 Recreation Centre

1:30 p.m. to 3:00 p.m.

For more information, visit:
immigratemanitoba.com/iac/

Manitoba

The countdown is on for Teulon's rodeo

Rodeo sees families come together to watch and participate

By Ty Dilello

Dust off your cowboy hats and boots and bring out your family for the Teulon Rodeo taking place this month from Aug. 27-28.

The rodeo has been put on since 2013 by the Teulon Rodeo Club, which is a volunteer organization committed to keeping the western heritage alive by offering a fun, family-oriented event for the community and visitors alike. It is a sanctioned Heartland Rodeo and riders earn points to qualify for the finals.

The club consists of many dedicated people who have spent countless hours and raised funds over the past few years to update the Rodeo arena and racetrack to provide an excellent venue for rodeo contestants and the community.

One of the locals who will be performing at the rodeo is Terence Caumartin, who has been riding horses all his life. Caumartin is currently the manager for Narcisse and Sylvan Dale Pastures.

"I started roping and attending some smaller jackpots in high school. From



RECORD PHOTO SUBMITTED

Terence Caumartin of Narcisse will be at the Teulon Rodeo this month participating in tie down roping and team roping.

there, that evolved into a passion for which I was fortunate enough to find a job that entailed the riding, roping and working cattle all into one," said Caumartin.

"My family has developed a passion for riding and roping and this western way of life along my side. My three daughters have 'grown up in the saddle,' so to speak. Emily and Raelyn are now adults doing their own thing but still make time to ride and rope. Our youngest Karen is coming into her own and proving she may be the fiercest of the three yet. They all love being 'put to work' roping, riding, checking the livestock and treating sick animals alongside Dad. They have learned how to train their own horses, handle cattle and to be humble and caring."

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Continued on page 20

Manitoba Road Trip Ideas



SCAN THE QR CODE TO OPEN THIS ROAD TRIP MAP ON YOUR PHONE.



Whispers of the Whiteshell

Breathe in the outdoors in Whiteshell Provincial Park. This slice of the Canadian Shield is rich in sunsets, Indigenous roots, boreal forest and year-round adventure. This summer, hit the road and remember *home is where the heart is*.



↑ Bannock Point

1 WHERE THE SPIRIT SITS

There are three entry points to **Whiteshell Provincial Park**, Highway 1 east to access the South Whiteshell and Provincial Trunk Highway 44 or Provincial Road 307 to access the North Whiteshell. Start off in the northern end of the park at **Nutimik Lake**, where a favourite trail is an easy and convenient 4.2-kilometre hike located right off the campground. Take a walk to the stunning Whiteshell River Suspension Bridge. The trail also leads to **Sturgeon Falls**, where large, lake-wide rapids await.

The **Bannock Point Petroforms** (known to the Anishinaabe as Manitouabee or where the spirit sits) is a sacred site with stones laid out on the bedrock in the shapes of snakes, turtles and a Thunderbird. The rock formations are believed to have been made centuries ago for teaching and healing ceremonies. Set up a tour with Whiteshell Indigenous Knowledge and Wisdom to get the most out of your visit to the site. Discover more at travelmanitoba.com/Indigenous-Experiences.

Pine Point Rapids is one of Manitoba's most popular hikes, with several routes to choose from depending on your desired level of difficulty. If you have kids in tow, take the easier trail that goes directly to the rapids. A second section offers a more challenging trek over rocky landscapes. Another favourite spot is **Rainbow Falls**, where swimmers often gather.

Next, take a short detour to the **Alfred Hole Goose Sanctuary and Interpretive Centre**. The sanctuary offers free admission and a visitor centre that shares the story of the sanctuary, explains the biology of Canadian geese and offers opportunities to view the birds up close, especially during the fall migration.

There are nine different lodge and resort options in the North Whiteshell, with many offering amenities on site such as restaurants and convenience stores. This is in addition to ten campgrounds in the north and central parts of the park, including everything from full service to walk-in sites.

2 TUNNELS AND METEORS

Whiteshell Provincial Park is home to many amazing canoe routes, but one of the most popular runs through the picturesque **Caddy Lake Tunnels** in the southern end of the park. Caddy Lake connects to North Cross Lake and South Cross Lake through granite tunnels and offers both short and weekend paddling options. Canoe rentals are available at **Caddy Lake Resort**.

Relish the beauty of **McGillivray Falls** on this moderate hike, which provides rewarding views of McGillivray Lake. The falls themselves are located near the beginning of the trail and are best viewed in the spring.

Next, welcome to **West Hawk Lake**, the not-so-sleepy summer town known for its amazing trails, deep lake (formed by a meteor!) and its high energy, lake-life vibes. Restaurants here serve up the classics, like burgers and ice cream, enjoyed in dining rooms or patios. Whether you set your home base at the campground or in one of the town's motels and resorts, there's plenty to keep you

occupied at West Hawk Lake.

Hunt Lake Trail, one of Manitoba's most popular wilderness trails, launches off from West Hawk Lake—the average hiker needs at least five hours to complete this challenging trail. For an easier trek, take the **Dragon Fire Trail** that's located in the campground. This trail starts low in the trees and continues to the top of the rock face, where you will be treated to sweeping views of the lake.

West Hawk is also known for its spectacular beaches and crystal clear water. There are several beaches to choose from, the main Crescent Beach (featuring a long stretch of sand and interpretive signs explaining the lake's meteor history) and Miller Beach, a smaller beach located in the campground that offers a bit more solitude.

For even more ways to get out into the water, West Hawk Marina rents out paddleboats, kayaks, standup paddleboards and canoes. The marina also provides lifejackets, which are absolutely essential for staying safe while on the water.



↑ West Hawk Lake



↑ Hunt Lake

3 BEACH DAYS, BIG SWINGS AND TAKING THE REINS

It's time for the next leg of the trip, which ventures into another popular summer town, **Falcon Lake**. Spend a day with your toes in the sand or walk the boardwalk. Stop into local shops for clothing, souvenirs and tasty treats. Grab a bite to eat at one of the restaurants, drive-ins and bakeries.

Nearby, you can get one of the best views in the Whiteshell from the **Top of the World** hike. The four-kilometre trail brings you to the highest elevation in the area. The trailhead is accessible from the parking lot at **Falcon Trails Resort**. In addition to the resort here, there are four other lodges and resorts in this part of the park. There are five campgrounds as well at Falcon, West Hawk and Caddy Lakes.

Another way to explore the area is on a horseback riding excursion with **Falcon Beach**

Ranch. This ranch offers beautiful accommodations and horseback rides ranging from pony rides to 40- to 60-minute trail rides, with options that include adding on a cookout or even doing an overnight ride and pitching a lakeside tent.

To finish off an adventurous road trip to the Whiteshell, head to **Falcon Lake Golf Course** for a challenging 18-hole course, with forest-lined fairways. Or choose mini-golf, where your chances for a hole-in-one are a whole lot better.



SCAN THIS QR CODE FOR MORE ROAD TRIP IDEAS.

Manitoba
CANADA'S HEART BEATS

Young actor reaches for the stars with second theatrical show of the summer

By Autumn Fehr

Co-led performances at this year's Winnipeg Fringe Festival set the stage for a summer full of professional theatre for aspiring actor Arielle Viallet.

Viallet didn't plan on stopping following her performances as part of Meraki Theatre Productions Collective Creation *Déjà Vu*; it was full speed ahead from that point on for the summer.

Viallet has been memorizing lines and preparing for her Anne of Green Gables performance at A-spire Players Theatre in Gimli from Aug. 12-14.

"I'm looking forward to making the audience happy while performing. I love the group I'm with because I have so many friends in it and everyone is so nice and talented, so when I had the opportunity to perform again, I did. It's enjoyable to perform with them," said Viallet.

The Dramatic Theatre Company presents Anne of Green Gables in partnership with the A-spire Players Theatre.

The story, as told by L.M. Montgomery is about a high-spirited orphan named Anne who is sent to live with the Cuthberts at Green Gables in Prince Edward Island. At Green Gables, Anne is found unwanted as



RECORD PHOTO BY TRINA VIALLET

Arielle Viallet plays Anne's best friend, Diana Barry in the Dramatic Theatre Company production, Anne of Green Gables on August 12, 13 and 14.

they had asked for a boy and in return got Anne. However, before siblings Marilla and her brother Matthew send her back to the orphanage she came from, they are ultimately won over by her personality and funny antics that all who come to know her fall in love with.

Viallet plays Anne's best friend, Di-



RECORD PHOTO BY AUTUMN FEHR

Arielle Viallet played the co-led Ashlyn, in the Meraki Theatre Productions Collective Creation, *Déjà Vu* in July.

ana Barry whom she meets at school on Prince Edward Island.

Viallet started taking theatre more seriously in 2019 when she had her first audition and took part in her first theatrical performance in *Elf* with North Kildonan Community Players.

In 2022, she joined the Dramatic Theatre Company and auditioned for *Hello, Dolly!*, performing in May.

One of the girls who acted with her in *Hello, Dolly!* production told Viallet about the auditions for Anne of Green Gables.

In June, Viallet auditioned for the

role of Diana Barry, Anne's best friend in the play.

A week later, Viallet found out she got the part.

Ever since Viallet was young, she has been interested in theatre as she has always loved to sing and dance.

She started Ukrainian dancing when she was two and continued for 10 years until COVID-19 hit.

"I enjoy it and I've made a lot of friends, so I'm glad to be doing it. I love to perform," said Viallet.

Continued on page 20



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Manitoba expanding eligibility for monkeypox vaccine

Vaccine to target higher risk populations

Submitted by the Manitoba government

After working with the federal government to secure additional doses, Manitoba Health is expanding eligibility for the monkeypox vaccine so people who may be at higher risk of being exposed can be immunized as a preventative measure.

The vaccine has been available in Manitoba since June for people who may have been exposed to monkeypox. To date, no confirmed cases of monkeypox have been detected in Manitoba.

Anyone can become infected with monkeypox. However, in Canada and around the world, at this time infections have been primarily reported among people who self-identify as belonging to the gay, bisexual and other men who have sex with men (gbMSM) community. These individuals are now eligible for a preventative vaccination if they also meet at least one of these criteria:

- have received a diagnosis of chlamydia, gonorrhea, and or syphilis in the past two months;
- have had two or more sexual partners in the last 21 days;
- have attended locations for sexual contact (e.g. bath houses or sex clubs) or are planning to;
- have had anonymous sex in the past 21 days or are planning to; or
- engage in sex work or plan to, either as a worker or a client.

Preventive immunization for eligible people can be booked at three locations in Winnipeg using the online

booking tool at <https://patient.petal-health.com/login?groupId=6032> beginning Monday, Aug. 8:

- Klinik Community Health, 167 Sherbrook St.,
- Access Winnipeg West, 280 Booth Dr., and
- Our Own Health Centre, 230 Osborne St.

People who do not have internet access can call Health Links-Info Santé at 204-788-8200 or (toll-free) 1-888-315-9257 to book an appointment. Individuals outside of Winnipeg should contact their local public health office (www.gov.mb.ca/health/publichealth/offices.html) to schedule an immunization. Public health will also be reaching out to eligible populations to support immunization efforts.

Individuals who are a close contact to someone with monkeypox will continue to be eligible for post-exposure vaccination. They should contact their local public health office to schedule their vaccination.

People who need more information about monkeypox or immunizations can contact their local public health office, their health-care provider or Health Links-Info Santé. Additional information is also available at www.gov.mb.ca/health/publichealth/diseases/monkeypox.html.



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MDR open house set for Aug. 16 at Selkirk hospital

By Jennifer McFee

Come one, come all!

The medical device reprocessing (MDR) department is hosting an open house on Tuesday, Aug. 16 from 9:30 to 11:30 a.m. at the Selkirk Regional Health Centre, and all are welcome to attend.

MDR technicians are responsible for ensuring the medical instruments and equipment used within the hospital are clean, disinfected and sterilized before they are prepared for distribution. The MDR department features three areas for medical device reprocessing: endoscopy, decontamination and sterilization.

MDR co-ordinator Patricia Purse said the department is hiring, so this is a great chance to learn more about medical device processing and what the experts do. They are looking for high school graduates who are keen to start experiencing the benefits of working in health-care.

"Please join us for a tour of our modern equipment and technology," she said. "Come out and meet our experienced technicians."

For eligible applicants wanting to work in the region, Interlake-Eastern RHA will cover the training costs of the three-month combined practicum and online certification testing to become an MDR technician.

"MDR is important to us as technicians as we take pride in all of our work we do. Not only are we very diligent in all of our cleaning, inspection and sterilization processes, but we think of every patient as our own family member," Purse said.

"At the end of the day, it feels good to know we are such an integral part of the perioperative team and that our services really do make a difference in ensuring patient safety is of the utmost priority."

The MDR department is located on the second floor of the Selkirk Regional Health Centre in Room



MDR medical instruments.



MDR technician Allison Pilat.

2088. Since it's a restricted area of the hospital, it's important that anyone interested in visiting the department contact Patricia Purse first. To schedule a visit, email her at ppurse@ierha.ca.



RECORD PHOTOS SUBMITTED

Pictured left to right; MDR technician, Brandon Grocholski, and MDR co-ordinator Patricia Purse.



Communities in Bloom 2022

The Selkirk Communities in Bloom Yard of the Week and Commercial Property of the Week contest showcases well cared for yards and businesses within the City of Selkirk. The contest is now closed for the season. Thank you to all who entered and thank you for sharing your beautiful yards!



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Pretty native plant invading gardens across the province

By staff

The pretty Creeping Bellflower (campanula rapunculoides) has been provincially designated as a noxious weed.

This perennial introduced from Europe as an ornamental, reproduces both by seed and creeping rhizomes. Roots can travel under fences, through lawns and even under side-walks and concrete. It can survive periods of drought and tolerates a range of light conditions.

A noxious weed, harmful weed or injurious weed is a weed that has been designated by an agricultural or other governing authority as a plant that is injurious to agricultural or horticultural crops, natural habitats or ecosystems, or humans or livestock. Typically they are plants that grow aggressively, multiply quickly without natural controls (native herbivores, soil chemistry, etc.), and display adverse effects through contact or ingestion.

Its creeping root system and resistance to some herbicides makes Creeping Bellflower extremely difficult to eradicate. Flowers are pollinated by insects, but in the absence of pollinators flowers can become self-fertile and still produce seed.

The Creeping Bellflower

prefers light sandy to medium loamy, well-drained soils that are pH neutral. It can grow in full sun, part-shade or shade.

The erect stems are often purplish, can be hairy or smooth, and grow to one metre or more. Its leaves are alternate, (3-7 cm long). The lower leaves are long-stalked and heart-shaped with coarsely toothed margins. The upper leaves are sessile and lance-shaped with some hairs on the lower surface. Nodding light purple flowers are borne in the axils of the upper leaves and occur mainly along one side of the stem.

There are numerous seeds per pod and are spread by wind because of their light weight. Each plant can produce 3,000 or more seeds annually making it difficult to control.

Prevention of noxious weeds such as the Creeping Bellflower include hand-pulling or cutting and bagging flower spikes pre-bloom and digging out a much of the roots as possible which may take several year's effort. The spread of this particular plant can also be subdued by applying Glyphosate which is effective for spot applications. Creeping Bellflower is an invasive plant that is resistant to 2,4-D.



RECORD PHOTO BY JO-ANNE PROCTER

Creeping Bellflower that has been deemed a noxious weed, can be found in many gardens throughout the province.

NOTICE OF ANNUAL GENERAL MEETING

OF PEGUIS FIRST NATION SURRENDER CLAIM TRUST

THURSDAY AUGUST 11, 2022
SELKIRK LEGION
3:00PM-8:00PM

Peguis Surrender Claim Trust will provide information on the activities for the 2021 year to the Peguis Membership.

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> TEULON RODEO, FROM PG. 14

Caumartin family participates in various events in the rodeos and in various circuits.

"I participate in Tie Down Roping and Team Roping, for which I head and heel. My daughters participate in barrel racing, team roping, break-away roping, sometimes goat tying and wild pony racing. My wife is our videographer and loudest cheerleader in the stands capturing our memories."

Caumartin and his family are members of various Roping associations

across North America, such as HRA, MRCA, MTRA, MBRA, and Calf Ropers Unlimited.

"We view rodeos as a way to spend time as a family doing the things we love. My proudest moments are seeing our girls doing what they love, which just so happens to be my passion also. The comradeship and the people are what make the rodeos great. We love the competition, but the one(s) with ourselves are the best. We strive every time to do better than our last time, to be better and learn.

Placing and winning are just bo-

nuses."

There will be no shortage of activities for all ages. There will be a beer gardens all weekend long which opens at noon both days with the local band Three Pistols playing for the dance crowd Saturday night starting at 9 p.m.

For the first time ever there will be Manitoba Stock Dog Association competition on Saturday starting at 8 a.m. There will be kids activities including face painting and a bouncy castle along with a vendor market.

The cost to check out this year's Teulon Rodeo is \$10 for adults, while children 14 and under get in for free.

> YOUTH ADVISORY COMMITTEE, FROM PG. 8

the issues and concerns I see on a daily basis. Because of my involvement on this committee, I learned about different grants I could apply for and I was able to hold a drum making workshop with police, the Bear Clan, and youth from the inner city to help foster reconciliation and stronger community relationships."

Youth voices matter. The deadline to apply for the 2022-23 NYAC is September 12, 2022. To request an application form, contact RCMP.Youth-Jeunesse.GRC@rcmp-grc.gc.ca.

> THEATRICAL SHOW, FROM PG. 16

Viallet loves working with children. She has been volunteering at Camp Rainbow (a musical theatre camp) this summer and volunteers with children whenever she can, like going back to her old elementary school to help out.

Viallet is a student from West St. Paul who will be going into the French program at Garden City Collegiate in the fall. After school, Viallet hopes to

pursue a career in pediatrics as she loves helping people and she loves kids.

She said she also wants to do theatre on the side and incorporate it into her life because she is passionate about it.

Currently, she is working on courses to become a swimming instructor and a life-guard as she has gone as far as possible for her age.

There are three shows of

Anne of Green Gables at the Aspire Players Theatre in Gimli: Aug. 12 and 13 at 8 p.m., and Aug. 14 at 2 p.m. The run-time of the play is 75 minutes, and general admission is \$15.

Tickets are available from HP Tergesen & Son in Gimli or by calling (204) 642-8079, or tickets can be purchased at the doors depending on availability.



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Reading Tent makes its way to library



RECORD PHOTOS BY BRETT MITCHELL

Frontier College teamed up with the Gaynor Family Regional Library to create a Reading Tent located off the patio. They will be having another event Aug. 11 at 10 a.m. For more Library fun don't forget to head out to their Thursday Evenings in the Theater where different presenters from all walks of life give presentations every Thursday this summer. The event starts at 7 p.m.



Inclusion Selkirk

2nd Annual GOLF TOURNAMENT

August 25, 2022

Selkirk Golf Course
100 Sutherland Ave., Selkirk, MB

Texas Scramble

Registration: 10:30am Shotgun Start: 12:00pm - Sharp
\$130.00 per player or \$500.00 per team (4)

Register: M. Mollard 204-803-0873 mmollard@inclusion.selkirk.ca

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Music & Market brings in the crowds



RECORD PHOTO BY BILL NEWZMAN SMYTH

Selkirk hosted its Music & Market event last week. Artisans with handmade goods were able to show off what local makers have to offer while residents got to enjoy Free Ride photographed (above left) paying tribute to the Beatles.

A first-hand dental implant experience from Vandor Denture patient

BY ELISHA VANDOR

Gerry is one happy camper coming in for his follow up appointment. Why? It's because he was able to eat steak again, which is something he hasn't been able to do in a very long time!

So, what's the secret behind (or should we say beneath) his new found eating freedom? It's the dental implant support system underneath his lower denture. In Gerry's own words, he says, "the bottom dentures are a lot stronger now, more compact, a better fit and I can take the dentures out with minimal effort. It's a good deal all around; I am very pleased and should have done this a long time ago!"

When Gerry tells us why he did wait so long, he said "Well number one, fear of the dentist, and needles, but the dentist was very good and compassionate.

Same thing with Brock over here at Vandor. When I first came in he gave me an action plan, there was no pressure whatsoever, it was up to me to decide and everything just fell into place. Here is my best smile."

A dental implant solution, like Gerry's, is the best way to keep your denture in place and comfortable. Of course, there can be variations as to how many dental implants are used to support the denture and if the denture is going to be removable or not, but as long as you have a dental implant, your denture always has an anchor to keep it in place.

A lot of people come to us with an already loose denture that is making it frustrating to eat, but Gerry actually skipped the whole loose lower denture process altogether. He was able to get 4 dental implants (an-

chors) on the bottom, and what is great about 4 dental implants verses only 2 is that he was able to clip in his denture right on day one. Which means when his last teeth pulled, the implants were put in right at the same time so he never had to have a loose lower denture at all!

Brock the Denturist says, "it was a pleasure getting to know Gerry, coming up with the best option for Him, picking out the tooth size and shape that will look best for Him, and of course do what we love doing, making people smile!"

If you too would like to know the options that are best for you and go over an 'Action plan', then give us a call today for a free consultation. "I strongly encourage you to do it" says Gerry. Thank-you Gerry for taking the time to share your story!



- supplied photo -
"Here is my best smile." Happy patient Gerry shows his new steak capable teeth.

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Incredible creatures: ants: amazing, numerous, talented and social

By John Cavloski

Ants are one group of insects you don't have to look hard to find. While at times their presence may be unwanted, ants do have quite incredible traits and many beneficial roles. In this month's Incredible Creatures we will explore the fascinating world of ants.

Sharing Food with the Community

There are about 14,000 different species worldwide, with possibly thousands more yet to be discovered. Although the majority of species live in limited areas of the tropics, there are 229 species of ants in Canada, and 82 species of ants in Manitoba.

Ants have two stomachs. The larger of the two stomachs is called the crop, and is a community stomach. Ants will share the food in this stomach with other ants. When a fellow ant is hungry, it strokes the food-gathering ants head in a certain way with its antennae. The two ants then put their mouths together, and liquid food is passed from the food gatherer to the hungry ant. The smaller stomach is the ants personal stomach. When the ant needs to nourish itself, some of the food in the crop is passed into this stomach and digested.

Working Together to Survive

Ants cannot live as individuals. For one ant to survive, it must work together with other ants. Ants are thus considered "social" insects. They must function together, each doing their own special job, to keep the community alive.

There are three main types of adults in an ant colony; one or more queens, a few males, and many, many female workers. Some of the workers may be soldiers, which are extra-large workers with big heads and powerful jaws. Other workers may be nurse workers. The queen is the largest ant in the colony. Her job is to mate and lay eggs. The males' only duty is mating with

the queen. Remaining work, such as building the nest, caring for the young, gathering food, and defending the nest, is done by the workers.

Inside the Nest

Most local ants nest in the earth, although carpenter ants make tunnels in damp, rotten wood, and an invasive species called the pharaoh ant can nest indoors. In the ground, under the anthill, are tunnels with rooms branching off. In a typical nest there are many rooms, each with its own special use. One of the rooms is reserved for the queen. Other rooms will be nurseries for the eggs, larvae and pupae. Workers take piles of newly laid eggs to these rooms, and there nurse workers take care of the young. Ant larvae are white, blind and have no legs. There are usually many nursery rooms. Other rooms may be storerooms for food, or resting places for the workers.

Food for the Colony

The food that ants eat varies depending on the species. They get sugar from plant juices and sweet liquids, and protein from the bodies of insects and animals. Some species are primarily seed gatherers. Other species will protect insects such as aphids, so they can eat the sweet honeydew the aphids produce.

In some species, "scout" workers will leave the nest to find food. If they find something too large to handle alone, such as a large insect, they rush back to the nest and tell the other workers about their find by tapping them with their antennae. Other workers will then head out to find the food.

Ants can at times have less admirable traits for some, when they show up at picnics or in the kitchen. But ants can be helpful as well. They may eat insects that feed on crops. They are also food for animals such as



PHOTO SUBMITTED

Ants have two stomachs, one for feeding other ants and one for nourishing themselves.

other insects, frogs and some species of birds. Their underground tunnels help to make the soil healthy by letting air circulate through it. Although

their presence may not always be welcome, ants are ecologically beneficial, and have some amazing traits.

Josh would like to thank his loyal and growing customer base for the continued support. Ask for Josh Isfjord to see why cars cost less in Selkirk!

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get inspired

> MEAL IDEAS



Recipe courtesy of Omaha Steaks Executive Chef David Rose

Servings: 2

Blue Cheese Chive Butter:

4 ounces unsalted butter, cubed

4 ounces blue cheese

1 tablespoon fresh chives, minced

1/4 teaspoon kosher salt

1/4 teaspoon black pepper

Filet Mignon:

2 Omaha Steaks Private Reserve Filet Mignons

Omaha Steaks Private Reserve Rub

To make blue cheese chive butter: In medium bowl, use rubber spatula to fold and incorporate butter, blue cheese, chives, salt and pepper.

Section 18 inches of plastic wrap and place blue cheese chive butter about 6 inches above bottom. Take bottom por-



Filet Mignon with Blue Cheese Chive Butter

tion of plastic wrap and place over blue cheese chive butter then shape butter into 1 1/2-inch cylinder.

Continue to roll butter in plastic; pinch ends of plastic wrap while rolling to tighten cylinder.

Once size and tightness are achieved, tie off loose ends of plastic wrap and chill in refrigerator 1-2 hours, until blue cheese chive butter is chilled and firm.

To make filet mignon: Bring filet mignons to room temperature, about 20 minutes; pat dry and season on both sides with rub, to taste.

Prepare grill for 500 F direct heat.

For medium-rare, place steaks on grill 3-4 minutes. Flip and cook 2-3 minutes, or until 130-140 F internal temperature is reached.

Rest 7-8 minutes before serving.

Slice chilled blue cheese chive butter into 1/2-inch pieces and place on top of filets.



Pop-a-rific Popcorn Balls

Butter hands well and form into 2 1/2-inch balls.

Variations: To color popcorn balls, add 3-4 drops of food coloring to smooth marshmallow mixture. Mix well to distribute color evenly then pour over popcorn as instructed.

Mix in candies, nuts or dried fruit after mixing popcorn and melted marshmallows. Stir to distribute then form into balls.

Place nonpareils in shallow bowl or plate. Roll popcorn balls in nonpareils after forming.

Yield: 14 balls

3 quarts popped popcorn, unsalted

1 package (1 pound) marshmallows

1/4 cup butter or margarine

Place popped popcorn in large bowl.

In large saucepan over low heat, cook marshmallows and butter or margarine until melted and smooth. Pour over popcorn, tossing gently to mix well. Cool 5 minutes.

SELKIRK STEELERS

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Thursday nights

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In 52 Numbers

Five small lifestyle changes to lose weight

By Fitness Expert Julie Germaine Coram

You can lose weight without dieting, exercising, and counting calories. By applying simple lifestyle changes, you can naturally speed up your metabolism and create lasting weight management.

Try this 5 tips to begin your journey towards a happier - more energetic and fit - you!

1. Get. More. Sleep.

I would estimate that 80% of people who reach out to me for help in achieving their fitness goals are not getting enough sleep on a regular basis. When you are tired, you lack the motivation to workout and are more likely to make bad choices when it comes to nutrition. By forcing yourself to get some shut-eye instead of extra screen time (be it work or pleasure), you'll be in a better mood and that alone will go a long way toward achieving your goals. Remember, stress is amplified when you are tired, and stress hormones inhibit weight loss and can encourage fat cells to be created.

2. Start Lifting.

My passion for weight training began early, and this is one of the reasons I can so easily manage my figure. Resistance training builds muscle and helps you burn more calories. You can motivate yourself to get in those sessions by remembering that more muscle means you naturally burn more calories at rest, too! It's never too late to get started, and I can help you develop an exercise routine at any point in your life, working around your individual obstacles.

3. Boost Your Healthy Fats

This is beyond simple! Less processed foods, more whole foods that are healthy sources of fats, like nuts, seeds, and avocados. Eat these yummy snacks daily!

4. H2O for the Win!

Begin every single day with a large glass of water, and bonus points if



Health and Wellness Fitness expert Julie Germaine Coram

you end your day the same way. Staying hydrated reduces food cravings and allows your body to function properly, so you'll feel great.

5. Protein Every Meal

It's really not a huge secret that protein is important, but did you know that this is a factor in weight loss, too? Having lean protein with every meal and snack will satisfy your hunger for longer. Think about ways to add chicken, eggs, dairy, legumes, or seafood throughout the day to enjoy the benefits.

Easily lose two inches from your waistline by joining my 30 Day VIP Fat Loss Challenge! Visit: www.calendly.com/juliegermaine or email info@juliegermaine.com to apply today.

Coach Julie Germaine Coram is a Manitoban fit mom, 2x International Pro Fitness Champion, Miss Fitness Manitoba, Certified Nutrition Coach & Renowned Fitness Expert. She has helped thousands of men and women improve their health since 2005.

Jalapeno Bacon and Salsa Biscuit Bites

Recipe courtesy of chef George Duran

Yield: 16 biscuit bites

1 tube biscuit dough (8 biscuits total)

7 ounces grated mozzarella cheese

1/4 cup jarred jalapenos, chopped

8 slices cooked bacon, chopped

1 cup Fresh Cravings Restaurant Style Salsa

nonstick cooking spray

Preheat air fryer to 350-360 F.

Divide each biscuit in half by pulling apart in centers. Use hands to flatten each biscuit into circles. Set aside.

In bowl, mix mozzarella cheese with chopped jalapenos, bacon and salsa.

Add heaping spoonful into each flat-



tened biscuit and pinch each together tightly to form balls. Top each with small amount of salsa mixture.

Spray nonstick cooking spray in air fryer and, working in batches, cook biscuit bites 6-9 minutes until golden brown.

Serve warm.

Note: If air fryer access is unavailable, biscuit bites can be baked 8-10 minutes at 400 F in oven, or until golden brown.

Raising funds for Children's Wish recipients

32nd Annual Ride for Child's Wish returns on Aug. 27

By Autumn Fehr

After a two-year hiatus due to COVID-19, the Ride for Child's Wish fundraiser is back at the end of this month, ready to continue making wishes come true for kids by donating their funds to Make-A-Wish Foundation.

The well-known event will be hosting its 32nd annual Ride for a Child's Wish on Saturday, Aug. 27, starting at 11 a.m. at Silver and Gary Peltier's farm on Hwy. 6, located a mile and a half before the RM of Woodlands/Warren boundary.

We want people to have fun and to donate money through pledges, the auction, or having supper to help us raise money so the kids can get their wishes for whatever they want, said Silver.

The fundraiser will feature a 10-mile horse trail ride behind the farm, a motorcycle ride, the Wish Auction, delicious food, and much more – including kid's entertainment and a musical performance from the local band Lost in a Small Town during the barn dance starting at 9 p.m.

The Peltiers started the fundraiser in 1988 when they had just moved to their farm.

Gary and his buddy got some horses and wanted to meet people, so they decided to do a small trail ride.

The first year we had 11 riders and 25 people, and raised \$750, said Silver.

It's grown a lot since then. The numbers doubled for the first five, 10 years, she said.

Since then, they have continued to host the event on their property every year (besides the two years of the pandemic) and have raised a range of different amounts each year – raising well over a million dollars.

Out of all the organizations they could donate to, the couple has made a point to continue to give their donations from the fundraiser to the Children's Wish Foundation every year.

After their first year hosting the ride, the couple went to look around to see where they could donate the money. The Peltiers happened to go to a show where there was a homemade banner with children's signatures and handprints painted on it at a booth.

The Peltiers approached the man at the booth and told him that they were thinking of doing a ride to raise funds for a good cause, but they didn't know how much they would be able to raise.

"He said, 'if you give me a dime, it's a dime I didn't have yesterday,'" said Silver.

Silver said all the other organizations they had visited wanted them to bring in a lot of money.

"We have healthy kids and I have three healthy grandchildren, but I've met a lot of kids that either have cancer or leukemia and we just want them to be able to get a wish, whatever it is," said Silver.

The horse ride will start at 11 a.m., with riders leaving between 11 and 12 p.m., and arriving back between 3 and 4 p.m. Following the horse ride, there is a motorcycle ride through the Interlake that starts at the Warren Domo on Hwy. 6, going for approximately 250 kilometres.

There is currently construction on Hwy. 17 towards Inwood, so the exact trail is still in the process of being finalized and may be different from previous years.

Kid's entertainment starts at 3 p.m.

A barbeque-style supper with all the favourites including BBQ chicken, baked potatoes and corn on the cob will be served at 5 p.m., followed by the Wish Auction at 7 p.m. – with a horse included as one of the items to be won – and the dance at 9 p.m.

The fundraiser is a volunteer-led event organized by the Peltiers and their committee of volunteers.

"We could not do any of this without all the help," said Silver.

Anyone is welcome to attend the event to support the cause, whether you have a motorcycle or a horse or not.



RECORD PHOTOS SUBMITTED BY SILVER PELTIER

Some of the volunteers from the event in 2019 where they raised \$111,233.



If anybody wants to donate to the ride, they can text or email Silver, and she will make arrangements for someone to meet them.

"It's how we make some money for the kids," said Silver.

Registration for the trail ride starts at 9 a.m. on Saturday, Aug. 27.

If anyone would like to volunteer, participate or donate, please get in touch with Silver Peltier at 204-461-0640.

The Selkirk Record

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**Thunder
Rapids**

Small business brings pieces of the world to Arborg

By Autumn Fehr

A local business importing clothing items, jewellery, and home products from far out countries supports producers from developing countries from afar.

Alanna Finnson lived and worked in China for four years. While there, she travelled to Thailand and Bali, and shopped at stores in Beijing that imported clothing from Nepal and India.

Finnson said she fell in love with the stuff, bought a bunch to bring home, and sparked an interest in the community.

When I came home, I would wear it, and people would always ask me, "where did you get that?" she said.

Arising out of this community interest came an idea for her own business to import things from these countries.

"It was born out of my love for travel and beautiful clothing and jewelry that people in developing countries make," said Finnson.

Far Out Imports, sources made-to-order pieces from far-out countries in the world and brings them to Manitoba for people to enjoy.

Finnson said that she created her business because she likes supporting local producers, but she also likes supporting producers in developing countries.

"A couple of people that I work with, their mission statement is, 'give us trade, not aid,' so there was an element of wanting to be helpful, as well as have a business and make some money. Kind of everyone is happy type of thing," said Finnson.

In 2011, Finnson took out her business name, and in 2012 started selling her 'far out imports' at the Arnes Farmer's Market.

This year, she celebrates her 10th anniversary of selling items at the market when she started her business.

I love the atmosphere of the whole vending thing. Meeting new people and helping them find things that they love, said Finnson.

It's been a learning curve to figure out how to run the business successfully.

Over the years, she has developed good relationships with small family run textile companies in Nepal, Thailand, Indonesia, India, and Nicaragua that she collaborates with over the winter on colours, styles, and patterns. Everything is made for her to order, and she even designs some of



Hand-carved sterling silver and genuine gemstone jewelry.

it.

The people that Finnson is working with now, she has been working with for the past seven years.

"I like to continue supporting them. They are all really great people that have become friends."

Far Out Imports carries an array of imported, made-to-order pieces that cannot be found anywhere else unless you take a trip overseas.

The business sells various clothing items such as pants, overalls, hats, and dresses.

The clothing Finnson sells is mainly from Nepal and Thailand.

The footwear, such as rope sandals from Nicaragua are made from recycled carpets.

A few home décor pieces are also imported, including tapestries and quilts made from women's groups in India.

She also sells sterling silver jewelry with genuine gemstones, rings and wooden earrings that are

hand-carved in Bali.

Finnson mainly sets up shop at the Arnes Farmer's Market seasonally from May to October but also sells at other farmer's markets. She also sells her items through her website and Etsy during the off-season.

Over the winter, she orders the items and says she always looks forward to the spring when she can bring the pieces she had fallen in love with to her customers.

Some of her favourite bestsellers pieces include: Thai pants – pants from Thailand that she carries in four different sizes, overalls with fabrics from Nepal, and gemstone jewellery as the different gemstones all have their own meanings.

"It's hard to not keep everything when I get it," said Finnson.

At the end of every year, Finnson



RECORD PHOTO SUBMITTED

Alanna Finnson from Far Out Imports brings many items from overseas and sells then online and at the Arnes Farmer's Market seasonally.



RECORD PHOTO BY ALANNA FINNISON

Purses, wool socks, headbands, felted slippers, and deerskin hip bags made by friends of Finnson's from South Dakota.

donates five per cent of her profits to a different local cause.

One year she donated to the Arborg Hospital in memory of her grandma, who was a part of the Arborg Hospital Auxiliary. She has also contributed to an organization providing formula and baby supplies for financially struggling mothers in Winnipeg, among many other organizations.

In the future, Finnson believes she can expand her business as her kids are getting older but only plans on doing it if it resonates with her.

Above everything, she said that her goal is to keep it enjoyable because she loves what she does, and plans to keep it that way.

"THEIR MISSION STATEMENT IS, 'GIVE US TRADE, NOT AID.'"

Selkirk Golf and Country Club championship weekend



PHOTOS SUBMITTED

SGCC Club Championship weekend took place last weekend and Manitoba Golf Hall of Famer Gordon Lenton presented the winners. Winners were Nelson Leaske, Mike Berney, Terry Dann, Cliff Thompson, Corinne Savitzky, Nancy Shumsky, Jeanette Jefferies, Rick Barnett, Dan Deonarine, James Ticknor, Della Markham, Leona Moore, Cheryl Dann, Robert Blain, Terry Gabrielle, and Joanne Stimpson. The 9 hole scramble event's winning team was Patti Keillor, John Erickson, Roland Vandall, and George McQuade.



sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba off to red-hot start in female lacrosse at Canada Summer Games

Staff

Wow, what a start for Manitoba's U17 female box lacrosse team at the 2022 Canada Summer Games.

Manitoba was a perfect 2-0 after a pair of wins on Sunday.

Kaitlynn Anderson scored twice and added an assist while Halle Chabluk added a goal and an assist as Manitoba opened action with a 5-2 win over Saskatchewan.

Sidney Green and Keira Karpowicz also scored for Manitoba. Goaltender Kaylee Perry made 20 saves.

Perry then made 37 saves in a 3-2 victory over Quebec.

Manitoba played Prince Edward Island this past Monday but no score was available.

Manitoba's roster includes West St. Paul's Caitlyn Winzowski, Stonewall's Emelia LeClair, Selkirk's Delainey Kiteley, and Gimli's Hunter Dankochik. The team's head coach is West St. Paul's Kim Winzowski while Daina

Ojala is the assistant coach/manager.

In baseball action, Manitoba pounded Newfoundland and Labrador 10-0 in five innings on Sunday.

Matt Thompson was the winning pitcher and went 2-for-4 with a single, double and four RBI.

Manitoba, whose roster includes Stonewall's Hayden Faragher and Ryan Slatcher, and St. Andrews' Colsen Smith, played New Brunswick and Quebec on Monday.

In female softball, Manitoba was defeated 5-0 by New Brunswick last Sunday.

The Manitobans battled Nova Scotia on Monday.

In men's soccer action, New Brunswick edged Manitoba 3-2. Manitoba's roster includes Narol's Jason Scott, West St. Paul's Sydney Nachtigall and Leonardo Takahashi, and East St. Paul's Nick Waplack.

Manitoba played P.E.I. on Tuesday but no score was available.



PHOTO TEAM MANITOBA/SPORT MANITOBA

Manitoba won a pair of games in female box lacrosse on Sunday at the 2022 Canada Summer Games.

Purvis stars in pool



RECORD PHOTO TEAM MANITOBA/SPORT MANITOBA

Selkirk's Teagen Purvis won her second medal at the 2022 Canada Summer Games with a gold medal in the 100-metre freestyle Special Olympics event on Monday. Earlier that day, she captured the silver medal in the 50m breaststroke Special Olympics event. "I am so proud and honoured to win this gold medal," Purvis said. "I am so excited and looking forward to the backstroke race, maybe I'll get another silver or gold."

Krueger wins silver



RECORD PHOTO TEAM MANITOBA/SPORT MANITOBA

East St. Paul's Anja Krueger claimed Manitoba's first medal at the 2022 Canada Summer Games after winning silver in the female sprint triathlon event on Monday. Pictured, left to right, head coach Gary Pallett, Anja Krueger, and team manager Claire Healey.

Debiuk makes Team Manitoba U15 baseball roster

By Brian Bowman

Ethan Debiuk enjoyed a fantastic baseball season with the Red River Valley Pioneers this summer.

A lot of people took notice - including Baseball Manitoba.

Debiuk was informed last week that he has made Team Manitoba's U15 roster.

"I was very excited when I found out," Debiuk said. "Not many people made it so I was really happy that I made it."

The Lockport product will be part of Team Manitoba that will play exhibition games this month before heading west to Saskatoon for the nationals.

"I'm really looking forward to that," said the 15 year old, noting he will be playing in the outfield with Team Manitoba.

Tryouts consisted of an open identification camp and a selection camp. Players were scouted during their playoff games and at provincials.

Debiuk's Pioneers' team had a great run at provincials, posting a 5-0 record before losing 13-1 to Midwest in the championship game.

Debiuk played a huge part in his team's success this season. The speedy leadoff hitter batted an impressive .429 and he led the team with five triples.

Those are some great numbers and Debiuk was pleased with his season.

"I'm a contact guy. I don't hit the ball far but I get on base and kind of steal my way around the bases," he explained.

It has been a busy summer for Debiuk. He was part of a Winnipeg Gold-eyes' Jr. team that travelled down to St. Louis for a series of games back in March.

"Almost every day, it's been baseball, baseball, baseball but I have had lots of fun," he said, adding his goal is to play college ball in the United States. "I love the sport a lot."



RECORD PHOTO SUBMITTED
East Selkirk's Ethan Debiuk made Team Manitoba's U15 baseball roster.

Giants post 1-4 record at nationals

Staff

The Elmwood Giants finished with a 1-4 record at the 2022 Baseball Canada U22 National Championship in Halifax.

Elmwood closed out play with a tough 2-1 quarter-final loss to Ontario 2 from Newmarket.

Ontario 2 scored the game-winning run in the bottom of the seventh inning.

St. Andrews' Owen Nychyk scored the Giants' lone run.

The Giants started the nationals with a 5-0 loss to host Dartmouth on

Thursday morning.

Dartmouth scored twice in the first inning, added another in the second, and then tallied twice in the fifth.

Lockport's Dylan Duguay and Nychyk each had a hit in the game.

On Friday morning, Elmwood was edged 8-7 by Ontario 1 from Kitchener.

After the Giants scored five runs in the top of the sixth inning to take a 7-6 lead, Kitchener responded with a pair of runs in the bottom of the inning.

Nychyk had a hit and scored twice

for Elmwood.

Later that day, the Giants were defeated 5-2 by Prince Edward Island. Nychyk was 2-for-3 with a run scored.

Saturday morning saw Elmwood blast Nova Scotia 2 from Kentville 9-1. The Giants scored five runs in the top of the first inning and never looked back.

Duguay had a hit, an RBI, and a run scored.

St. Andrews' Tyler Smith pitched seven innings, allowing no earned runs while striking out eight.

Optimist Park to host 14U Western Canada Girls' Baseball Championship

Submitted by Patti Hacault

The 14U Western Canada Girls' Baseball Championship will be hosted at Optimist Park in Winnipeg from Aug. 19-21.

The four western Canada teams will be starting tournament play on the Friday at 10 a.m. with British Columbia and Alberta taking the field followed by the opening ceremonies at 1:30 p.m.

Manitoba and Saskatchewan will be throwing their first pitch at 2:30 p.m. The Skills and Parent Home Run events will commence at 6 p.m.

Beginning at 10 a.m. on Saturday, Manitoba takes on British Columbia while Alberta plays against Saskatchewan. In the 2 p.m. games Manitoba will be facing Alberta while Saskatchewan meets British Columbia.

A barbecue and meet and greet will be held in the evening.

The gold and bronze-medal games will start at 10 a.m. Sunday. The closing ceremonies and awards will be presented at 5 p.m.

"We are excited to host the 14U Western Canada Girls' Championship and provide young girls an opportunity to compete and showcase their skills," said Roger Langlais, Chairperson, 14U Western Canada Girls' Baseball Championship host committee.

Strike Force defeat Crescentwood Saturday SC

Staff

The Tri-S Strike Force doubled Crescentwood Saturday SC 4-2 in Manitoba Major Soccer League 5th Division action last Thursday in Selkirk.

No goal scorers were listed on the league website at press time.

With the win, the Strike Force now has a 3-7-1 record and 10 points to occupy eighth place in the 10-team division.

Tri-S will play Punjab FC on Wednesday (7 p.m.) at the Buhler Recreation Park.

Meanwhile, the Tri-S Strikers played the California Raisins this past Monday but no score was available. The Strikers will battle the Diggers next Monday at the Ralph Cantafio Soccer Complex. Game time is 6:15 p.m.

Markusson, Ingram compete at Canadian Men's Amateur Championship

Staff

Curtis Markusson, formerly of Gimli, and West St. Paul's Brent Ingram failed to make the cut at the Canadian Men's Amateur Championship in Vancouver last week.

Markusson fired rounds of 72 and 76 to finish at 6-over par.

Ingram carded rounds of 82 and

87.

Ryan McMillan and Marco Trstenjak of the Elmhurst Golf & Country Club were the only Manitobans to make the cut at the Canadian Men's Amateur Championship.

Trstenjak was the highest finishing Manitoban on the leaderboard at T54. He shot a final round 74 to finish the tournament at 291.

McMillan carded his second straight 77 to finish at 298.

Manitoba finished eighth in the Willingdon Cup Inter Provincial Team Competition at +25. Quebec placed first at -3.

Classifieds

The Selkirk Record

Book Your Classified Ad Today - Call 204-785-1618 or Email lucy@selkirkrecord.ca

METAL RECYCLING

Autos, farm scrap, brass, copper & batteries wanted. 47 Patterson Dr. Stone-wall Industrial Park. Interlake Salvage & Recycling Inc. 204-467-9344.

SCRAP METAL

Buyer for all farm-yard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

BUYING SCRAP METAL, CARS, TRACTORS, COMBINES, FARM SCRAP, ANY METAL MATERIAL, ANY FARM MACHINERY. PH LONNIE AT 204-886-3407 LVE. MESSAGE OR CELL AT 204-861-2031.

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

GARAGE / YARD SALES

Multi-family yard sale. 510 Grassie Blvd, Wpg. Friday, Aug 12 noon - 5 p.m., Saturday, Aug 13 10 a.m. - 4 p.m.

Garage Sale/Yard Sale, 6058 Main St (Selkirk, just south of the mill, corner of Calder Rd). Thursday, Friday & Saturday (Aug 11-13) 10 a.m. - 3 p.m. Furniture, tools, households, books, decorations, dishes & much more. Many items brand new. Everything must go.

LAKESIDE FLIGHT ACADEMY

Want to learn how to fly? Interested in a career as a commercial pilot? Lakeside Flight Academy is the most affordable in Canada. We have students from all over the world. We offer flight training and ground school (air law, navigation, meteorology, aeronautics general knowledge). Call 204-642-4799.

SHOP LOCAL - SUPPORT LOCAL BUSINESS

EMPLOYMENT WANTED

Retired trucker willing to work year round for grain farmer. Contact Paul at: 204-757-4468 or cell: 306-620-9338.

HELP WANTED

Looking for part time work? We are hiring collators for Tuesday (12:30 to 8:30 p.m.) and Wednesday in the Inkster Park in Winnipeg. Must be in good physical condition, have good manual dexterity, be capable of standing for long hours and lifting at least 20 lbs. If interested call 204-467-5836.

Wanted - mature, reliable, motivated individual. Must have valid driver's licence. Work to include: ground works, levelling, landscaping, yard and shop maintenance, placement of monuments, concrete cutting, grave interments (casket & ashes). Able to operate excavator, skid steer, crane truck & forklift. Experience an asset, willing to train. Please provide resumes to E.J. Smith Memorials, drop off or by mail to 49 Main Street, Selkirk, MB R1A 1P9 or email: info@smithmemorials.ca

HELP WANTED

Part time & full time movers required. Must have valid driver's license. Please call 204-467-2419 or 204-461-2352 cell.

Class 3 driver M-F, 30-40 hrs/week to operate refuse truck year round. Weekends off and no long days. Wages negotiable. Text Ed: 204-406-2542.

Plant Propagator required. Searle Greenhouses Ltd. located at 345 Old Henderson Hwy. in East Selkirk is accepting applications for a full-time 2 year term position for greenhouse plant propagator starting in January 2023. Minimum 2 years greenhouse experience required. Wage is \$13.95 per hour. Apply by email to: iwan.twork@searlegreenhouses.com or fax: 204-482-8968 Attn: Kris.

Do you have News Tips? Story Ideas? call the Record 204-785-1618

HELP WANTED

ROCKY MOUNTAIN EQUIPMENT is NOW HIRING: Managers, AG Equipment Techs, Heavy Equipment Techs - Journeyman & Apprentices, Parts Techs. View Open Roles & Apply: www.rockymtn.com/ca reers. Relocation and signing bonus offered.

MISCELLANEOUS

Complete wine making equipment, 4 wine kits & bottles. \$300. Phone 204-785-2207.

Side by side burial plots for sale. Glen Eden Cemetery. \$7000, transfer fees are included. Call 204-390-3127.

PERSONAL

WANTED - Retired couple (M/W) 60 something, seeking another retired couple (M/W) 60 something, to share common interests. NO DRINKING, NO SMOKING, NO RECREATIONAL DRUGS. email: sweetco1960@gmail.com

UPCOMING EVENTS

Eastlands Wildlife Association- Gun, Collectible & Hobby Show. Saturday, September 10, 2022 from 9 a.m. - 4 p.m. at Anola Community Centre. Admission \$5, under 12 free. Call Wayne 204-853-2006 or Boris 204-866-2967.

Please support our advertisers

UPCOMING EVENTS

Cluck & Quack Poultry Club Annual Sale - Poultry, small animals, equipment, crafts, vegetables, hobbies, etc. Saturday, Sept. 10th, 10 a.m. - 3 p.m. at Springfield Curling Club in Dugald, MB. For further vendor information contact Bill 204-755-2347 Email: bhartmann@xplornet.com

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a spring/summer event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

DOING CLUB OR REGISTRATIONS FOR FALL? Book now! Get your message out by advertising in the 32 Weekly Manitoba Community Newspapers and be seen all over the province! Hiring? Selling something? Have an online store? Let people know in the Blanket Classifieds! Call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

FINANCIAL

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

WANTED

Private collector looking to buy firearms. Complete collections, ammunition and hunting related items. Licensed and insured. Cash buyer. Call or text 204-297-9223.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

Wanted: buying estates, contents of homes, farms, barns, sheds, garages, etc. Buying most anything old & interesting! Text/phone: 204-918-1607. "Junkies Estate, Salvage, Antiques & Oddities."

Wanted: old advertising dealership signs, gas pumps, globes, pop machines, light ups. White Rose, Red Indian, Buffalo, North Star, Case Eagles. etc. Collector paying TOP PRICES. 306-221-5908

SHOP LOCAL -

FOUND

Found a little black bag on Oliver Ave. in Selkirk. Call 204-485-0952 with description to verify.

Found cell phone in Selkirk Safeway parking lot on Saturday. Call Larry at 204-482-3397 with description to verify.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

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The Aurora Plus

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3 bedrooms, ensuite, huge kitchen, quartz countertops, walk-in pantry, island. 9 ft walls and double cathedral ceiling. James Hardie Siding.

Pictures available

www.wgiesbrechthomes.ca

Taking orders for Fall 2022

204-346-3231



EMPLOYMENT OPPORTUNITIES at Parker's Super Thrifty Pharmacy - Selkirk

FRONT STORE CLERK PART TIME POSITION

Responsibilities will include:

- Cash duties, customer services, stock replenishment, data entry, bookkeeping, shipping/receiving and merchandising functions.

PHARMACY ASSISTANT FULL OR PART TIME

Responsibilities will include:

- Data entry, customer service and all aspects of prescription filling under a pharmacist's supervision.

Previous experience preferred for both positions, but will train suitable candidates. Must be available weekdays and alternating Saturdays - 9am-6pm

Please forward resume in confidence to: Darwin Chesley
c/o Parker's Super Thrifty Pharmacy
362 Eveline St., Selkirk, MB R1A 1N3
Call: 204-482-4469
email: parkers@superthrifty.com

Eddie's Gravel Supply Ltd. is Hiring

OFFICE MANAGER

We offer Competitive wages, Health benefits & a Retirement Plan
Minimum 2yrs of Management & Basic Accounting experience required
204-389-2023

info@eddiesgravel.com
102086 HWY #9, Wpg Beach, MB

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Experience required
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RRC POLYTECH

EMPLOYMENT OPPORTUNITY Educational Assistant Program Instructor Part-time Term

Competition #: 2022-152
Closing Date: Aug 15, 2022

To view this and other employment opportunities, visit rrc.ca/employment.

We thank all applicants for their interest, but only those selected for an interview will be contacted.

Classifieds

Book Your Classified Ad Today - Call 204-785-1618 or Email lucy@selkirkrecord.ca

The Selkirk Record

NOTICE TO CREDITORS

In the matter of the Estate of BODO GERHARDT VORMENG, late of Selkirk, Manitoba, Deceased.

All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Justin Laurin, Estates Officer, at 155 Carlton St. Suite 500, Winnipeg MB, R3C 5R9 on or before the 28th day of September, 2022.

Dated at Winnipeg, Manitoba, this 27th day of July, 2022

NICOLE HAMILTON
The Public Guardian and Trustee of Manitoba

NOTICE TO CREDITORS

In the matter of the Estate of Harry George Freeman, late of Winnipeg, Manitoba, Deceased.

All claims against the above estate, supported by Statutory Declaration must be sent to the attention of: Kathy Freeman, 6 Fial Cres. St. Andrews, MB on or before the 29th day of Sept, 2022.

Dated at Winnipeg, Manitoba, this 10th day of Aug, 2022.

Kathy Freeman
6 Fial Cres
St Andrews MB
R1A 4A8
Executor

The Selkirk Record Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication - Please Call 204-785-1618

take a break > GAMES

SUDOKU

			3	5				6
5			1			8		
	3	1						
		8			7			
			2					4
	1	4	5			6		3
8	6					3	1	
				9		5		
	9	5						8

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**News Tips?
Story Ideas?
call the Record
204-785-1618**

Do you have a unique service you would like to advertise? Get the word out with an ad in the Record!

8	2	7	2	8	9	9	6	1
2	9	9	1	6	8	8	2	7
6	1	8	9	7	2	2	9	8
8	2	9	6	8	9	7	1	2
7	8	2	8	1	2	9	9	6
1	9	6	2	9	7	8	2	8
9	7	2	8	2	6	1	8	9
2	8	8	9	2	1	6	7	9
9	6	1	7	9	8	2	8	2

Sudoku Answer

EMPLOYMENT OPPORTUNITIES

YMCA-YWCA of Winnipeg

SCHOOL AGE CHILD CARE PROGRAM

Various Positions & Locations in Surrounding Areas of East/Northwest Winnipeg

(Locations not accessible via transit - must have own transportation)

CHILD CARE ASSISTANT,

Part Time (hours 2:00-6:00 p.m. daily) - West St. Paul School, 3740 Main St., West St. Paul

CHILD CARE ASSISTANT,

Part Time split shift (hours 7:00-9:30 a.m. and 3:30-6:00 p.m.)

Birds Hill School, 3950 Raleigh, East St. Paul

EARLY CHILDHOOD EDUCATOR II,

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SITE SUPERVISOR,

Full Time (7 hours daily, split shift) - Dr. F. M. Hamilton School, 3225 Henderson Hwy, East St. Paul

For more details go to our website at <http://www.ywinnipeg.ca/employment>

Submit your cover letter and resume indicating the position/location you are applying for by **August 19, 2022** to: ashley.massner@ymanitoba.ca



Canadian Nuclear Laboratories | Laboratoires Nucléaires Canadiens

ADMINISTRATIVE ASSISTANT – RADIATION PROTECTION BRANCH

Position #211208

Monday to Thursday - 6:00 a.m. to 4:30 p.m.
(40 hours per week)

Job Summary

The Administrative Assistant reports directly to the RP (Radiation Protection) Branch Manager and Environmental Management Branch Manager. The Administrative Assistant provides administrative, clerical and office management support services to the branch manager and to the branch members at large. Interfaces effectively on branch business with other company departments and outside agencies.

Qualifications

Education

- Secondary school graduation diploma, or relevant 2 (two) year College program with no experience; or equivalent in experience, additional education, and/or training.

Experience

- Two (2) to four (4) years' relevant experience.

For more information on how to apply for this position please visit our website at www.cnl.ca



TOWN OF WINNIPEG BEACH SENIOR ELECTIONS OFFICIAL (SEO) For The Town of Winnipeg Beach Municipal Elections

The Town of Winnipeg Beach is looking for an individual to administer all aspects of the municipal election process in compliance with The Municipal Councils and School Boards Election Act.

The SEO will be responsible for:

- Discharging their responsibilities under the legislation independently and impartially
- Attending the training provided for the election process
- Establishing and maintaining an up-to-date voters list for the Town
- Exercising direction and supervision over the conduct of elections within an established budget
- Ensuring that election officials in the local authority carry out their duties with impartiality and in compliance with the legislation
- Providing election officials with instructions necessary to administer legislation
- Accepting nominations and communicating impartially with candidates
- Coordinating the counting of ballots and declaring of results
- Working in cooperation with Evergreen School Division Senior Elections Officer
- Preparing and submitting all necessary reports before, during and after the Election

Qualifications:

- Must be eligible as per The Municipal Councils and School Boards Elections Act
- Must be able to work varied hours up to and including the day of the Election and following to meet the requirements of the legislation
- Possess excellent communication and organizational skills
- Have proficient computer experience, including working with a database
- Able to work independently and respectfully with elected officials, the public and municipal staff

This is a contract position preparing for before, during, and after election periods: with comprehensive training being provided in advance. Interested individuals should apply in confidence indicating "Senior Elections Official" and provide a compensation expectation, with three (3) references, by mail or email to the attention of:

Mark Bardsley
Acting Chief Administrative Officer
PO Box 160
29 Robinson Ave, Winnipeg Beach, MB R0C 3G0
Email: cao@winnipegbeach.ca
Phone: 204-389-2698

We thank all who apply and advise that only those selected for further consideration will be contacted.

Announcements *Selkirk Record*

Book Your Classified Ad Today - Call 785-1618 or Email lucy@selkirkrecord.ca

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you need to
promote your
business



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EMPLOYMENT OPPORTUNITY



DIESEL MECHANIC WANTED Top Wage Offered

Fort Distributors Ltd is seeking a qualified diesel mechanic to join our growing team. Positive work environment in a state of the art shop. Please send resume to Grant@fordistributors.com or call 204-785-2180



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Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

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Kelsey Sport Wear/
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Closing Time of Thursday
August 11th, 2022, at 1 PM
Location: Winnipeg, MB
563 Notre Dame Ave
Contact # 204-786-1503

www.McSherryauction.com
204-467-1858

for bidding, viewing & detailed listings.

McSherry Auctions
12 Patterson Dr., Stonewall, MB

Online Timed Auctions
@ iCollector.com

Estate & Moving
Closes Wed Aug. 17 @ 7:00PM

Farm Equipment & Vintage
Massey Products Sale
Closes Thurs Aug. 18 @ 1PM

Estate & Moving
Closes Wed Aug. 24 @ 7:00PM

Consignments Welcome!
(204) 467-1858 or
(204) 886-7027
www.mcsherryauction.com

ANNOUNCEMENT

IN MEMORIAM



Lorne Monkman
August 10, 2020

Goodbyes are not forever,
Goodbyes are not the end,
They simply mean I'll miss you,
Until we meet again.

-Love Michelle, Kirby, Kirk and families

*There is a link death cannot sever,
Love and remembrance last forever.*

*Remember your Loved Ones Passed
with a message in the*

Selkirk Record

Call 785-1618 or email lucy@selkirkrecord.ca

ANNOUNCEMENT

IN MEMORIAM



Jeremy Wright
August 12, 1976 - August 13, 2009
13 years

Your memory is our keepsake
With which we'll never part,
God has you in His Keeping
We have you in our hearts.

-Becca, Amy-Bum, Karen and Eric,
Vic and Jayda Moo, Adrian and Moojoo

ANNOUNCEMENT

IN MEMORIAM

In Loving Memory of
Tim Loane

September 23, 1982 - August 16, 2020

It has been two long years since you left us to be in God's waiting arms.

You were the precious, tender gift of memory - that will keep forever,

Our dear one, forever in our hearts. Precious memories keep you near,

We'll always love and miss you, And wish that you were here.

We'll know no greater treasure, Then the days we had with you.

If memories bring us closer, We are never far apart;

For you are always in our thoughts, Forever in our hearts.

We think about you always, We talk about you still;

You will never be forgotten, You'll always remain in our hearts.

-Love always, Mom and Dad,
Len and Helena, and Nana Mabel

EMPLOYMENT OPPORTUNITY



Playstreet Childcare Inc.
is looking to hire staff to fill
the following positions,
for our Gymnasium Facility
in Teulon, MB

Early Childhood Educators
Child Care Assistants

Qualifications

- Vulnerable Sector and Criminal Check
 - CPR and First Aid Certification
 - Be a good team player
 - Energetic and ready to play
- Must be nurturing, kind and positive
- Training and education an asset
- Must be flexible to work between 7:00 am to 6:00 pm, Monday through Friday!

Please email resume to playstreetcc@gmail.com or by mail to Playstreet Childcare Inc., Suite 14 Building B, 112 Beach Road E., Teulon, MB R0C 3B0

Evan Kreutzer.ca
Real Estate Services Inc.

325 Manitoba Ave. Selkirk
204-482-7355

4U2-SELL
204-482-7355

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OBITUARY



Eleanor (Nora) Anneliese Froese
(nee Neufeld)
September 21, 1941- July 14, 2022

Mom left us gently and peacefully with family by her side. We miss her dearly.

Mom was born to parents Margaret and Jacob Neufeld. She was predeceased by her parents, brother Johnny Neufeld, sisters-in-law Betty Klassen, Emma Froese, Tina Froese, Nettie Froese, brothers-in-law Jake Froese, John Froese, Johnny Friesen and Menno Klassen.

Mom leaves behind her adoring husband Ernie; daughter Michele Kolba; son Kurt (Laura); grandchildren Brett (Ali), Rachelle (Peter), Kyle (Hannah), Andrew, Annie and Jenna; great-grandchildren Anneliese, Jett and Henry; sister Ginger (Bob) Hyshka, sister-in-law Sadie Friesen; brother-in-law Rudy (Sandy), many nieces and

nephews, and a beautiful bouquet of friends.

Many heartfelt thanks to the dedicated staff at Selkirk General Hospital who went above and beyond with their kindness and companionate care, ensuring mom was always comfortable. We are grateful mom had the "penthouse" suite. Yes, the nicest room (including the best view) in the hospital. A special thank you to Dr. Vosters & Dr. Demsas who treated mom as family with both their expertise & their hearts. She loved you all & as did her family.

Cremation has taken place. Join us in remembering mom at her Celebration of Life Tuesday, August 16, 2022 at 11:00 am at Albright Church, 415 Maxwell King Drive.

In lieu of flowers, please consider a donation to the Interlake Eastern Health Foundation for the Selkirk Regional Health Centre gardens at P.O. Box 5000 120 Easton Drive Selkirk, MB R1A 2M2 or donate online at www.iehfc.ca in memory of Nora Froese.

Condolences may be left at seasonsfunerals.ca



OBITUARY



John Douglas Mackay

On Friday, July 29, 2022 at the Selkirk Regional Health Center, John entered into the loving arms of his Lord and Saviour Jesus Christ at the age 86.

John leaves to cherish his memory, children, John (Michelle) Mackay, Dawn (Timothy) Plett, and Kevin (Lynette) Mackay. Six grandsons, Ian, Orrin, Ryan, Tyler, Malcolm, and Michael. He is also survived by his dear sisters Florence Skwarek and Margaret Palmer, sisters-in-law Alice Banman and Alvina Jardine, and brother-in-law Garth (Diana) Jardine.

He was predeceased by his father Alexander in 1990, mother Daisy in 2005, his beloved wife Donna on May 1, 2020, brother Melvin in 1969, sisters Irene Chambers in 1993, and Eleanor Husluk in 2002, niece Kathleen Kisiloski in 2003, sisters Joyce Kisiloski and Audrey Hebert in 2006, niece Boni Easton in 2008,

nephew Randy Husluk in 2016, nephew Malcolm Chambers in 2021, nephew Ronald Hebert in 2022, as well as seven brothers-in-law, and sister-in-law Agnes Moore in 2021.

Pallbearers will be Tyler Mackay, Malcolm Mackay, Michael Mackay, Ryan Plett, David Boehmer and Jamie Chambers.

John's father Alexander was born on May 3, 1899, John was born 37 years later, on May 3, 1936, and 35 years later, John's son Kevin was born on May 3, 1971. This became the date for many family celebrations over the years.

John attended Hartley School. At age 16, he learned the trade of roofing, which he did for approximately 55 years. When he wasn't roofing, in the off season he would be putting up wood for his own home and to sell. He was known to be a very hard worker and had the nicknames of "Roofer" and "Driver", that showed his ambition to provide for his family.

He married Donna, the love of his life, on December 21, 1963, and then followed three children.

Over the years, John's interests were in baseball, hunting – ducks, geese, deer, and moose. In his late 30's he learned of his Lord and Saviour Jesus Christ and desired to have Him in his life and serve Him by reading the scriptures and telling others of God's love and their need of Him. John faithfully attended church with his family. He began his personal ministry of visiting people and sharing the gospel with them. His love for the Lord, and his love for people was so evident in the way he lived his life. Now we know he is no longer struggling for air that the rheumatism was taking from him. He is healed and rejoicing in the presence of the Lord.

Special thanks to the lovely nurses, doctors and staff at the Selkirk Regional Health Center for your care and compassion to make John as comfortable as possible in his final week. Special thanks also to Glenn Hayes for words of friendship, faith, and comfort, as well as special thanks to musicians Dee and Lauren Friesen.

Viewing took place on Friday, August 5th at 7:00 p.m. Funeral service was held on Saturday, August 6th at 11:00 a.m. Both in the Gilbert Funeral Chapel in Selkirk, MB. Interment followed at the Dunara Cemetery on #8 Hwy.

Condolences may be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY



Marion (Marie) Joyce Cotton (nee Chapman)
September 30, 1931 to July 30, 2022

Peacefully, on Saturday July 30, 2022 at Red River Place Personal Care Home, Marie Cotton passed away at the age of 90.

Marie was predeceased by her husband Stuart, her son Andy (Trish), her brother Ivan (Beryl), her grandson Jeffery, and her son-in-law Neil.

Marie is survived by her children Carol, Diane (Craig), Bruce (Dawn), and Ann Marie (Phil), 10 grandchildren and 12 great-grandchildren. She also leaves to mourn her sister Deanna Harris (Brian) and many nieces and nephews in England and Canada.

Marie was born in Bodmin, Cornwall England, where she met the love of her life Stuart Cotton. Stuart sailed to Canada in 1951 to pursue his dream of owning his own farm, with the intention of having Marie join him as soon as he was settled. Marie followed him a year later, leaving her family in England and sailing to

Canada on the S. S. Atlantic. Marie and Stuart were married on May 3, 1952. Marie and Stuart lived and worked on farms in Ontario and Saskatchewan, growing their family over the years. They eventually settled in Manitoba. In 1968, the Cottons purchased a dairy farm in Clandeboye, Manitoba. After several years working as a Nurses Aide at Selkirk Mental Health Centre, Marie left that position and worked full-time at home on the farm.

Marie was an active member of the community. She was involved with the Clandeboye United Church and could always be relied upon to bake and cook for the annual Turkey Dinner and other fundraisers. She was also a member of the Eastern Star, which she enjoyed and participated in for many years. Marie loved to knit, and her sweaters were often best sellers at craft sales in the area.

After they sold the farm in the late 1990s Marie and Stuart enjoyed travelling the world. They went to Australia and New Zealand, Portugal, and England. They also loved taking road trips to Saskatchewan, Alberta and British Columbia to visit friends and family.

Weep not for me though I have gone

Into that gentle night

Grieve if you will, but not for long

Upon my soul's sweet flight

I am at peace, my soul's at rest

There is no need for tears

For with your love I was so blessed

For all those many years

There is no pain, I suffer not

The fear is now all gone

Put now those things out of your thoughts

In your memory I live on

Remember not my fight for breath

Remember not the strife

Please do not dwell upon my death

But celebrate my life

(Unknown Author)

A celebration of Marie's life will be held on Wednesday, August 17, 2022 at 11:00 a.m. in the Clandeboye United Church.

In lieu of flowers, donations can be made to the Clandeboye United Church Memorial Fund.

Condolences and pictures may be left on her tribute wall at www.gilbartfuneralhome.com.

Gilbart Funeral Home, Selkirk in care of arrangements.



OBITUARY

Monty Monkman

Monty passed away with his family by his side on July 30, 2022 at the Selkirk Regional Health Centre.

In keeping with his wishes, a private family service will be held.

Condolences can be left on his tribute wall at www.gilbartfuneralhome.com

Gilbart Funeral Home, Selkirk in care of arrangements.



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